Franz Schubert and the Legacy of His Songs

On March 18th at 4 PM Vashon Center for the Arts will host lecturer Michael Tracy, amateur pianist and musicologist, exploring the songs of Franz Schubert. This is the first in a series of spring lectures: Frederic Chopin on April 15th, and Franz Liszt on June 3. Amazingly in just 31 years Schubert wrote over six hundred songs and established the “art song” (‘lieder’ in German) as a major new genre of 19th century music that continues today. While the whole world knows Schubert’s “Ave Maria”, the lecture will include live performances of equally astounding songs with singers Emily Belshaw, Hugh Davis, and Dr. Cary Koch. Pianists Christopher Overstreet and Michael Tracy will accompany these local Vashon singers. Preceding the performance Michael will discuss each song’s poem in translation, its context, and its musical construction and metaphors. Michael Tracy hopes with this lecture to entice people to further explore and enjoy Schubert’s songs for their lyrical beauty, their marriage of music and poetry, and their enduring relevance. With over six hundred songs, Schubert is an endless treasure chest of musical gems.

The Art of The Imaginable

...Her enthusiastic two-hour presentation, punctuated with dramatic readings by Tracy, is a journey through the evolution of the love story across the centuries. The emphasis is on the evolving role of women and the emergence of feminism in the 19th century. The journey is facilitated by the literary depth and intellectual breadth of the evening and rewards Katrin Jacobsdottir with a standing ovation, which she graciously accepts before heading back to her day job—as prime minister of Iceland.” (The Nation, Apr. 2, 2018)

One can’t help having leader-envy when comparing Ms. Jacobsdottir to the leader of our country. What a difference it would make to have a leader with a deep sense of history and understanding of the important issues of the day and a sense of what the future must bring. As much as I would like, I don’t think such a person could step into our presidency today. We are the foremost protagonists of the status quo and too obsessed with trivia. Only a small country with no reputation or position of power to defend could so easily accept that the status quo is no longer viable.

Aside from the need to counter a heavily patriarchal society such as ours, the rise of women has another distinct advantage. Women are a traditionally underrepresented group and are not so heavily invested in the status quo. In addition, Ms. Jacobsdottir is only 45 years old, which means she is even less invested in the status quo. If we have learned anything from the first year of this presidency, it is that this country has a lot of resilience. Having maintained some sense of order and purpose despite unprecedented incompetence and buffoonery at the top, we should be able to see that we could survive well thought out and critically needed change.

We need to start taking Ms. Jacobsdottir’s perspective. Where politics is traditionally considered the “art of the possible”, she sees it more as the “art of the imaginable.” I think that most of us can see that the future is coming at us a lot faster than we ever expected and that it is changing the grounds of all our assumptions. Just a few years ago the possibility of the demise of the internal combustion engine as our prime mover or the transition to 100% renewable energy were dim prospects in the foggy far future. Those are not nearly so world changing as the prospects for artificial intelligence and automation. Those will call into question our very basic premises of what it means to be a person, or people, in this world.

Given that we will be thrown out of our cradle whether we like it or not, why can’t we use a little more imagination solving our immediate problems? I look at the recent planning process here in our community, and I see that once again, we visualized our future as an extrapolation of the present, as if climate change, resource depletion, automation, and who knows what else are just marginal factors. It’s true that we really can’t see where the rapidly changing trends will put us in the future, but we could at least use Continued on Page 4

Hit’s of the 70’s

Vashon Events is pleased to present Songs of the Seventies - a fundraiser to showcase music of this awesome decade, performed by almost two dozen Island musicians. Join us on Friday, March 30th at 8pm at the Red Bicycle Bistro and Sushi. Proceeds from the event will support Vashon Events - Vashon Island’s community arts, culture, and charity events website that highlights all things entertainment.

Take a journey with us, back to the 70’s - a decade of some of the best music ever. Island musicians will either play the tune as close to the original as possible, or interpret the song in their own unique style. Proceeds from the event will support Vashon Events - Vashon Island’s community arts, culture, and charity events website.

For many people, the 70’s were arguably the best decade in living history. The Beatles break up in 1970, but all four members continue to impact the decade with successful solo careers. Early seventies are marked by the deaths of Jimi Hendrix, Janis Joplin and Jim Morrison who all died at the age of 27.

Psychedelic music declines, but morphs into hard rock, progressive rock and heavy metal. Touring bands move from playing clubs and theaters, to playing sports arenas. Big time bands, many of them formed in the 60’s, such as the Rolling Stones, Pink Floyd, The Who, Grand Funk and Led Zeppelin travel in private jets and play to thousands in arenas and outdoor stadiums.

A clear distinction emerges between Top 40 radio and FM album oriented rock radio stations. Car stereos became common, first with FM stereo radio, then 8-Track tapes, followed by cassette tapes.

This diversity of music distribution channels, along with an expanding market allows for a wide variety of new rock styles to emerge. The early seventies are dominated by singer songwriters and soft rock. Glam or Glitter Rock shines briefly in the first half of the seventies. Live albums are popular, with huge hits for Rare Earth, Peter Frampton, and Kiss. Reggae moves out of Jamaica to become a world wide genre. Disco dominates the radio and dance floors in the late seventies. Punk rock, a throwback to sixties garage rock, emerges in the late seventies as a reaction to arena rock, progressive rock and disco. Punk becomes New Wave as bands move beyond guitars and drums, and begin incorporating synthesizers.

Elvis Presley dies in 1977 at age 42. Huge crowds begin flocking to his Memphis home, Graceland.

Although those of us who had the privilege of living through it might be a bit biased. I mean we did have David Cassidy pined to our bedroom walls (and ceilings), a choice of whether to wear bell bottoms didn’t wear seat belts and drank cordial out of cool coloured metal cups.

It was a also, however, a decade of massive change and divide. The Vietnam War consumed the nation, and large parts of the world, yet we still enjoyed picnics in the park and the Sunday night family roast. The 1970’s were a decade of massive change and divide. The Vietnam War consumed the nation, and large parts of the world, yet we still enjoyed picnics in the park and the Sunday night family roast.

So if you remember singing along to the Beatles, you’ll enjoy this show with songs from the glorious 1970’s.

Interested in performing? We would love for you to perform at this show! Here’s the link to sign up: http://www.vashonevents.com/formusicians/#/re-specialevents/


Songs picked so far: A Song For You I Am Woman Ice Cream Man I Wish Just The Way You Are Landslide/Dancing Queen Laughing Message In A Bottle Sara Surrender Time Won’t Get Fooled Again

Song’s of the 70’s - The Red Bicycle Bistro & Sushi Friday, March 30th, 8:00pm All-ages ’til 11pm, 21+ after that $10 suggested donation

The Road to Resilience

By Terry Sullivan.

...”Her enthusiastic two-hour presentation, punctuated with dramatic readings by Tracy, is a journey through the evolution of the love story across the centuries. The emphasis is on the evolving role of women and the emergence of feminism in the 19th century. The journey is facilitated by the literary depth and intellectual breadth of the evening and rewards Katrin Jacobsdottir with a standing ovation, which she graciously accepts before heading back to her day job—as prime minister of Iceland.” (The Nation, Apr. 2, 2018)

One can’t help having leader-envy when comparing Ms. Jacobsdottir to the leader of our country. What a difference it would make to have a leader with a deep sense of history and understanding of the important issues of the day and a sense of what the future must bring. As much as I would like, I don’t think such a person could step into our presidency today. We are the foremost protagonists of the status quo and too obsessed with trivia. Only a small country with no reputation or position of power to defend could so easily accept that the status quo is no longer viable.

Aside from the need to counter a heavily patriarchal society such as ours, the rise of women has another distinct advantage. Women are a traditionally underrepresented group and are not so heavily invested in the status quo. In addition, Ms. Jacobsdottir is only 45 years old, which means she is even less invested in the status quo.
Cruising San Juan and Gulf Islands Tech Talk

Now that we have covered crossing the US – Canada border with your boat, and with sunny summer days ahead, it’s time to talk about the world-famous cruising grounds right in our backyard – the San Juan and Canadian Gulf Islands. The barriers to entry are not insurmountable, but some knowledge of the straits, narrows and rapids in this area are necessary. The rocks and coves, picturesque and inviting, also represent hazards to be avoided. That is the beauty of this cruising area – be aware of and manage the risks and enjoy the rewards!

This Tech Talk will discuss routes, wind and weather considerations, dealing with currents and narrows, and other parts of call and spectacular anchorages that grace the cover of cruising guides. We will cover the area from Anacortes to Nanaimo, and, if time permits, a bit of information about crossing the Strait of Georgia to Secret Cove and points north.

Prepare to share your own San Juan / Gulf Islands travel tips at this Tech Talk on Wednesday, March 21 at 7PM in the Vashon Library meeting room.

Amma Vashon
Mata Amritanandamayi, also known as Amma and her connection to Vashon Island, Swami Dayamrita.

There has been a group of Amma admirers here on island who have met together to discuss our beautiful global charities for many years. I remember the day in 2002 when with Amma a young woman asked Amma if we could have our own Ashram here in Washington State and Amma said yes. It had taken several years but Amma did it made it possible for us to have an Ashram in Washington. It is located in Malhby and is open for visitors and retreats. Amma’s general manager is Swami Dayamrita and he has visited Vashon several times. In fact he was once seen at the Island Earth Fair and that was years ago.

Swami often visits Seattle and will be attending a special Satsang at the new Ashram in Malhby on March 19th from 10am-1pm. Amma’s Ashram: 22404 134th Ave SE, Snohomish WA 98296. For more information, to volunteer for seva, and help getting here, please contact: Yasas at drenn108@gmail.com / 505.603.8487

Swami visits in the spring to meet with local volunteers to plan Amma’s annual visit to Seattle in May, her first stop on her US Tour. Since the opening of the Ashram and things seem more settled now our Vashon Amma group has been renewed with Swami’s blessing. We are now meeting the first Saturday of each month @ Spoke Vashon from 3-5pm. All are invited, children welcome.

It is a beautiful clean and warm space and our first meeting last month was made very special by a generous donation of roses from Vashon Thriftway’s floral department, to which we are very thankful and appreciative.

Our goal is to create similar outreach programs as the groups in Seattle, serving the poor. One of my most powerful experiences has been volunteering for Mother’s Kitchen downtown in Seattle. The breakfast is prepared by volunteers and then transported to under the James Street Bridge to serve to long lines of cold people. The kitchen is then broken down, cleaned up and the volunteers are out starved to finish within 2 hours. While it’s wonderful that there are dinners served on island, it is my understanding that there is a huge shortage of volunteers. So creating a free community breakfast on island may be challenging. It is my understanding that our churches need help, many hands make light work. Why not serve breakfast early, before church service? Would not that bring in more community for building congregations? A question for the Interfaith Council for the Prevention of Homelessness perhaps. For more information about Amma’s beautiful charities: amma.org

KNOW THE 10 SIGNS: EARLY DETECTION MATTERS

What is the difference between typical age-related memory changes and Alzheimer’s disease? How do I know if I need to be concerned about myself or a loved one? What steps should I take if I think there might be a problem?

This class will answer these questions and more. We will cover the area from Anacortes to Nanaimo, and, if time permits, a bit of information about crossing the Strait of Georgia to Secret Cove and points north.

Next Edition of The Loop Comes Out Thursday March 29

Deadline for the next edition of The Loop is Saturday, March 24
Spiritual Smart Aleck

By Mary Tuel

Tear Down the Walls

On November 10, 1989, we were driving south on I-5. “We” were Libbie Anthony, Velvet Neifert, and me. We sang together as Women of East German and East Berlin, and we were on our way to Corvallis, Oregon, to do a concert that night. We were in our usual configuration: Velveting, Libbie riding shotgun, me in the back seat.

Somewhere north of Portland Libbie asked Velvet, “Did you hear what’s happening in Berlin?”

“Yes!” Velvet said. “Isn’t it wonderful!”

“What’s happening in Berlin?” I asked.

They told me that the Berlin Wall was starting to come down.

Amazing. Astonishing. I was gobsmacked.

The Berlin Wall went up in August 1961, encircling West Berlin, which was surrounded by East Germany.

My husband’s father was stationed in Kaiserslautern, Germany at the time and all the American music was on high alert at this perceived possible threat. What Rick remembered most vividly was that tanks were running down the autobahn, and he hitched rides to the swimming pool on the tanks that August.

A kid’s perspective on world affairs.

As we drove along I-5 on that November day in 1989, the astonishment began to take shape as a lyric, and I got out my pen and notebook and began writing it down:

“For women and men to live in freedom, tear down the wall
For brothers and sisters to stand together, tear down the wall.”

The wall was built, first of barbed wire, then gradually of concrete almost a foot thick. The guards were combat-trained and carried machine guns. The official line was that “gravity was not your friend.” Thank goodness that my “invention” was too good. I don’t think the Wright brothers and they, like you and I, had only experienced with ground based bicyclists…an early lesson that gravity is important. Thank goodness that my invention was too heavy to haul up to the barn roof…although I did try to fly it off a quonset hut. I was on the roof of the quonset and the wind was blowing so hard, I could hardly hold my wings down. A big gust came and I ran down the roof to jump into the wind only to land in piles of daffodils indicating spring is upon us.

The music will right the ancient wrong, tear down the wall.”

That night we sang the song in our concert. The crowd went wild. After that, we included the song in our repertoire for as long as we stayed together as a trio.

I thought “Tear Down the Wall” was a topical song about the Berlin Wall when I wrote it, but I have realized since that there is always someone wanting to put up a wall. It’s all about trying to control people, keeping someone in or keeping someone out.

Tearing down walls is always topical. Now, I have started singing the song again. Of course, once you’ve torn down a wall, you have won the right to tear down the next wall. So lively on up, people. We got some wall tearing down to do.

Tear Down the Wall

In 1983 there were revolutions in Eastern bloc countries, including Hungary and Poland. Civil unrest began to build in East Berlin. On November 9, 1989, the East German government finally said, “Open the gates. People may pass freely between East and West Berlin.”

The people went through the gates, and the news went around the world.

“Open the gates, let the floodtides roll, tear down the wall.
East or west, we are all going home, tear down the wall.”

People from both sides were climbing on top of the wall, cheering. People were chipping away at the wall with chisels and hammers, breaking off chunks for souvenirs, opening holes in the wall.

One miraculous thing about the opening of the Berlin Wall was how quickly it happened. There were no battles fought.

“If the human heart will sing its song, tear down the wall
The mic will right the ancient wrong, tear down the wall.”

This is the song’s chorus:

“Tear down the walls between us!
Brick by brick and stone by stone. If this winter is to end in springtime
Tear down the walls.”

I told Libbie and Velvet, “Hey, I have written the chorus. I wrote out the words, and we began singing the song and working out the harmonies as we drove down the Willamette Valley.

We got so involved in the song that we drove past the turnover to Corvallis. At some point I saw a hill on our left and thought, uh oh. We’re getting close to Eugene. So, we took an off ramp around Brownsville, managed to get over to 99W, and drove up to Corvallis from the south, still singing.

That night we sang the song in the concert. The crowd went wild. After that we included the song in our repertoire for as long as we stayed together as a trio.

For women and men to live in freedom, tear down the wall
For brothers and sisters to stand together, tear down the wall.

The wall was built, first of barbed wire, then gradually of concrete almost a foot thick, with a wide, empty “kill zone” on the East German side that troops guarded with machine guns. The official East German line was that the wall was to keep western fascists out.

Before the wall, West Berlin was the easiest place for East Germans to defect. The wall made it much harder, but people still tried to defect. Some succeeded. Some were killed in the attempt.

“We’ll stop and remember the ones who died, tear down the wall.
Trying to reach the other side, tear down the wall.”

In June 1963, President John F. Kennedy went to West Berlin and gave his “Ich bin ein Berliner” speech, which inspired the people of West Berlin and annoyed the Soviets.

In 1989 there were revolutions in Eastern bloc countries, including Hungary and Poland. Civil unrest began to build in East Berlin. On November 9, 1989, the East German government finally said, “Open the gates. People may pass freely between East and West Berlin.”

The people went through the gates, and the news went around the world.

“Open the gates, let the floodtides roll, tear down the wall.
East or west, we are all going home, tear down the wall.”

People from both sides were climbing on top of the wall, cheering. People were chipping away at the wall with chisels and hammers, breaking off chunks for souvenirs, opening holes in the wall.

One miraculous thing about the opening of the Berlin Wall was how quickly it happened. There were no battles fought.

“If the human heart will sing its song, tear down the wall
The mic will right the ancient wrong, tear down the wall.”

This is the song’s chorus:

“Tear down the walls between us!
Brick by brick and stone by stone. If this winter is to end in springtime
Tear down the walls.”

I told Libbie and Velvet, “Hey, I have written the chorus. I wrote out the words, and we began singing the song and working out the harmonies as we drove down the Willamette Valley.

We got so involved in the song that we drove past the turnover to Corvallis. At some point I saw a hill on our left and thought, uh oh. We’re getting close to Eugene. So, we took an off ramp around Brownsville, managed to get over to 99W, and drove up to Corvallis from the south, still singing.

That night we sang the song in the concert. The crowd went wild. After that we included the song in our repertoire for as long as we stayed together as a trio.

I thought “Tear Down the Wall” was a topical song about the Berlin Wall when I wrote it, but I have realized since that there is always someone wanting to put up a wall. It’s all about trying to control people, keeping someone in or keeping someone out.

Tearing down walls is always topical. Now, I have started singing the song again. Of course, once you’ve torn down a wall, you have won the right to tear down the next wall. So lively on up, people. We got some wall tearing down to do.

We have lots of new stuff. Lucy Pet dog and cat food. Try a bag and get a free gift with purchase.

And, these are nice gifts, not crappy cheap ones.

$8 Nail trimming with no appointment

We have lots of new stuff. Lucy Pet dog and cat food. Try a bag and get a free gift with purchase.

And, these are nice gifts, not crappy cheap ones.

$8 Nail trimming with no appointment

The daffodils indicate spring is upon us.

Of course, once you’ve torn down a wall, you have won the right to tear down the next wall. So lively on up, people. We got some wall tearing down to do.
Romeo & Juliet

The Tragedy of Romeo & Juliet, by William Shakespeare, is reimaged in VCA's new student production—edited into a one-hour, no intermission play, by teacher and director, Aimée Nicole Lewis van Roekel (ShakesKidS!). More than twenty students, ranging in age from eight to sixteen, compose an ensemble retelling of Romeo & Juliet in modern, current times set on a high school campus. Every aspect of the production is collaborative—from character development to choreography, set design to costumes and makeup, of the production is collaborative—from set design to costumes and makeup, character development to choreography. All contributing to an imaginative, creative medium for fabric artists that is on exhibit during the show. For more information, go to the Koch Gallery webpage at: http://www.vashoncenterforthearts.org/gallery/koch-gallery/

Island Epicure

By Marj Watkins

Seafoods Extraordinaire

I've written about oysters as Lenten food already, but not smoked oysters. They're good on an hors d'oeuvres tray just as they come from the can, presented with toothpicks for eating them. A little ingenuity to add more flavor and a bit of piquancy, and then a whirl in a food processor or a blender makes a dip my son Steve proclaimed a recipe “keeper” that I should produce again for the next family gathering.

This dip goes well with corn strips, tortilla pieces or potato chips or with snap peas, bell pepper strips and sticks of fresh carrots. Here is my recipe, inspired by one in Sharon Montoya-Welsh's book, Oyster Cookery.

Marj’s Smoked Oyster Dip
Makes about 1 cupful
1 dash cayenne or to taste
1 ½ cups sour cream
1 (3-ounce) can smoked oysters with their oil
3 dashes onion powder or garlic powder

Combine all ingredients in a blender or food processor. Process until you've achieved a smooth puree. Decant into a small serving dish. Present with corn strips or potato chips or the vegetables mentioned above.

Asian Style

Salmon in a Packet
Serves 4

1 ½ pounds wild Pacific salmon
1 ½ cups chopped green onions
2 Tablespoons soy sauce
2 Tablespoons sherry wine, optional
2 Tablespoons lemon juice

Preheat oven to 350 degrees. Place a large piece of aluminum foil on a baking sheet. Put the salmon on the aluminum foil and turn up the foil’s sides. Sprinkle the chopped green onions over the salmon. Pour the four combined ingredients in the small bowl over the salmon. Bring the sides of the foil together over the fish. Close them by folding them. Fold the ends of the packet the same way. Bake the packet 15 to 20 minutes. Carefully open the packet and see that the fish flakes easily. The exact cooking time depends on the thickness of the fish. Halibut may be substituted for salmon in this recipe.

National Theatre Live: Julius Caesar

Ben Whishaw (The Danish Girl, Skyfall, Hamlet) and Michelle Fairley (Fortitude, Game of Thrones) play Brutus and Cassius, David Calder (The Lost City of Z, The Hatton Garden Job) plays Caesar and David Morrissey (The Missing, Hangmen, The Walking Dead) is Mark Antony. Broadcast live from The Bridge Theatre, London.

Caesar returns in triumph to Rome and the people pour out of their homes to celebrate. Alarmed by the autocrat’s popularity, the educated elite conspire to bring him down. After his assassination, civil war erupts on the streets of the capital.

Nicholas Hytner’s production will thrust the audience into the street party that greets Caesar’s return, the congress that witnesses his murder, the rally that assembles for his funeral and the chaos that explodes in wake.

National Theatre Live: Julius Caesar
Thursday, March 22nd at 4:00PM
The Vashon Theatre

Advertise in the Loop!
It’s a great time to get back in the Loop.
ads@vashonloop.com
Next Loop comes out March 29

Fletcher Needs A Home...
I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.

I need to see a veterinarian twice a year, I’m a happy-go-lucky young guy who’s looking for a lap to sit on – or if you’re moving around, I’ll follow you. I have to live indoors because I’m FIV+ (feline immunodeficiency virus), but you would want me to be close by anyway because I’m so darn affectionate and cute. With my soft gray fur, I look like a plush toy.
In celebration of the 20th anniversary of the V-Day Movement, a non-profit organization created by playwright Eve Ensler to stop violence against women and girls worldwide, Take A Stand Productions presents The Vagina Monologues March 20, 24 and 25 at The Vashon Theatre.

Ticket scalar: Now
The Vagina Monologues is an episodic play written by Eve Ensler that addresses women's resiliency, sensuality, and the social stigma surrounding women in relationship to their body image, bodily functions, sexuality and sexual pleasure.

When playwright Eve Ensler had completed tens of thousands of interviews with women worldwide, she wrote The Vagina Monologues and began to perform it at the Westside Theatre in New York City in 1996. The New York Times hailed her production as "probably the most important piece of political theatre ever performed." Both sexually and physically abused by her father, Ms. Ensler was determined to make a lasting difference in the world. In 1998, she was inspired to create V-Day (www.VDay.org), a global activist movement to stop violence against women and girls. Raising funds and awareness through annual benefit productions of The Vagina Monologues and the V-Day movement has resulted in over 100 million dollars resulting in over 48 languages in 140 countries.

Performance Times: Tuesday, March 20 at 6:30p; Saturday, March 24 at 2pm; and Sunday, March 25 at 1pm. Tickets go on sale February 1st at the Vashon Theatre box office or online at www.vashontheatre.com. Prices are $20 for students and seniors, $25 for general admission and $40 for reserved block seating. This event is appropriate for children under the age of thirteen.

The 2018 production cast consists of thirteen Vashon women. Some of whom are experienced performers and musicians, some have never been on stage, and all have a passion for the empowering message of Eve's work. Performers include (alphabetic order) Devon Atkins, Dona Bradley, Emily Bruce, Antonia Greene, Sarah Howard, Linda Nygaard, Alexa Moncrief, Bonny Moss, Torena O'Rorke, Cate O’Kane, Samantha Sherman, Chai Ste Marie and Jennifer Sutherland Potter.

Take A Stand Productions envisions producing more social commentary plays on Vashon as well as film documentaries, and local theatrical workshops for teens. (www.TakeAStandProductions.org)

The Vagina Monologues Returns to Vashon

One More Mile

Road worn, but not weary, the latest incarnation of the blues band “One More Mile” includes talent from some of Vashon’s most celebrated musical groups. Individually they have all performed on stages throughout the Northwest.

Over the course of their varied careers, “One More Mile” band members have played many genres of music, while being ever committed to the roots of the blues. Now the five Journeyman players are joining forces to put their unique stamp on Blues classics by Cotton, Muddy, King, Wolf and Wells, while throwing in some funky Mtukudzi and Vieux Farka Toure have joined forces with the group on recordings and in concert. A single, “Sodade,” was recorded with Cape Verdean vocalist Laise Sanches, with all proceeds from the sale of the song going to benefit the cause of arts education in Africa.

Bain said he has found great inspiration in working with kids and musicians in Africa — people he said had “an insatiable appetite for music.” To share the healing aspects of music with children in Africa, he said, has been a joy.

Opening for Publish The Quest will be Island band Rumble, a new Island band consisting of Dominic Wolczek, Brendan Bric and Nick Hyde.

The show starts at 8:30p at Red Bicycle Bistro. It’s an all-ages show until 11 p.m., and for ages 21 and older after that. LD is required. There is a cover charge.
Taurus (April 20-May 20)

You may recognize that partners or someone you love is coming from a very high place you created for yourself as a self-made, self-directed as directed by the light. This is worthy of your respect and cooperation; but more than that, your participation. You may already be too much of a person to be able to work as a trusted friend, as a lover, or confident. Your contribution is more important than you may realize. You may need to do more than recognize that you are indeed valued. Upcoming aspects may lead you to doubt that very fact. Don’t fall into the trap of underestimating your worth. Proceed with no reassurance if you must, motivated purely by faith, love and respect for existence. In the kind of process we’re talking about, there are not necessarily immediate rewards. But you can look around at the world and recognize that, mostly if it is different and unique compared to the sphere that you inhabit.

Gemini (May 21-June 21)

Your chart is the perfect blend of out and about, having fun, and the potential for some tenuousness to come. So, when you set foot out the door, be ready for anything. And when you’re home, be open to anything, because this setup describes as interpersonal relationships and all the private you. I once had a client claiming to have this situation in her life. She was a real interp personality, but I had never seen shopping carts in all the local supermarkets. I did my best not to laugh. Your situation is more interesting than that, and much more fun. Get out into the neighborhood, ring some bells, push some buttons, and nudge your friends into having some actual fun in our all-too-stuck-up world.

Cancer (June 21-July 22)

You seem to be about to make contact on an important professional matter, after a good few near-hits and near-misses. Proceed slowly and carefully, checking your work as you go. Say what you mean, only considerably less. Stop and ask questions, and get whomever you are talking with to draw red lines, then draw red lines. If you have a slow down the movie, follow the wisdom of Kasia Urbanik: repeat the last thing the person said to you. Don’t interpret, just repeat it, like that’s just the thing to do, then. Don’t, don’t make any commitment immediately. Read all the available print in writing and print, and give things a day or three. Remember: you’re the one with the talent. The other guy may have the building, the lights, the seats, the box office and the tickets, but it’s all useless without someone to look pretty and sing brilliantly on the stage, and that would be you.

Leo (July 23-Aug. 22)

There is no totally wrong option, and freezing up and being unable to move or make a decision is not a sign of integrity. It would be better if you didn’t sell it to yourself as such, or use that as a cover; if you told your friends, that’s what you say so. You’re the one making all the building materials necessary to be a strong, balanced and integrated person, and that’s what you need to do. It is meaningful, or useful. That includes allowing your viewpoint to move, rather than thinking that you know something for sure. Be leery of certainty, or the feeling of absolute clarity. If you think you know for sure, set out to disprove your own theory, or at least remain open to discussion with two alternative possibilities. When an approach to a topic starts to feel dangerous, or like someone is trying to get you sidetracked, then you know you’re on the trail.

Vego (Aug. 23-Sep. 22)

You may suddenly unravel a deep connection between your early family relationships and your adult intimate relationships. Everyone knows there’s a connection, though due to various blind spots, many of them induced by insecurity, it’s often difficult to see the association, much less do something with it. Here’s the main thing, following the themes of your Saturn return: what is more important than you may think, both as an early influence and as a current one. Your early relationship with your mother. Your own source is more relevant than the psychology and politics of any household. Once you have that message in your body, it will be much easier to address the core of your own worldly emotional affairs. Your presence is a kind of collective reference and, sometimes, the only person feeling something is not really about you; it’s about something coming through you.

Scorpio (Oct. 23-Nov. 22)

Jupiter has stationed retrograde in your sign, which will give you an opportunity to make some observations about the seemingly chaotic nature of your life. One thing to track is the fact that you’re in a state of discovery, and that can be disruptive to what you thought you knew previously. Given the makeup of your psyche, a little shaking and quaking of the status quo is one way to prepare you for further development. But you can imagine how they might see you. Just your willingness to take the truth to come in. It always helps to listen, and in any conversation, to say, “This is what I hear you saying,” then listen and see if anyone thinks you got it right.

Sagittarius (Nov. 22-Dec. 21)

If you have a chance of getting it right. Just try again. This could relate to anything, whether some deeply intimate matter, or just your respect and cooperation; but more than that, your presence. You may not have the best in you. We are nearing the end of a series of discussions about your professional advancement, which you might even retire from. Just your willingness to see the world from their point of view. This is the thing that has to happen. Fortunately, you’re not stronger within yourself, and you don’t have to fall for the illusion that your identity is in any way threatened. You might even retire from what you thought you knew. Your own worth is not something that has to be proved, but something you might feel you are working with. But then you realize: if the feeling is there, don’t edit it, don’t retreat from. If you plunge in and dare to say what you really mean, you have a chance of getting it right. Just stop and remember: if the feeling is there, don’t edit it, don’t retreat from. If you plunge in and dare to say what you really mean, you have a chance of getting it right. Just stop and ask questions, and get whomever you are talking with to draw red lines, then draw red lines. If you have a slow down the movie, follow the wisdom of Kasia Urbanik: repeat the last thing the person said to you. Don’t interpret, just repeat it, like that’s just the thing to do, then. Don’t, don’t make any commitment immediately. Read all the available print in writing and print, and give things a day or three. Remember: you’re the one with the talent. The other guy may have the building, the lights, the seats, the box office and the tickets, but it’s all useless without someone to look pretty and sing brilliantly on the stage, and that would be you.

Software Times Newspaper Carrier = $2200/month

Be your own boss as an Independent Contractor for the Software Times and make $2200+ monthly. We need you to deliver newspapers starting March 1, 2018 on Vashon Island approx. 2-3 hours per day. Send us what makes you happy. We are looking for enthusiastic, detail-oriented, and reliable individuals. Our Newspaper will be available for pick up daily in downtown Vashon at 1:30 AM. There is no inserting or collections and most deliveries are made to customer driveways and mailbox tubes. Successful candidates must have reliable, economical transportation, Valid WA DL and insurance, flexible schedules and a desire to exceed customer service expectations. Call our Staff Manager at 206-369-8973 or email smendes@seattletimes.com to arrange an interview.

Henry Ricks A Home

I love people and dogs, so if you have a dog, we could be buddies. Unfortunately, I can’t. This is because I have the feline leukemia (FeLV) virus. My future home will have to be strictly indoors, but that’s OK because as long as I can be around people, I’ll be happy. I also need to be comfortable, eat high-quality food and see a veterinarian twice a year.

Go To www.vipp.org Click on Adopt

Have a Story or Article

Send it to:
Editor@vashonloop.com
Deadline for the next edition of The Loop is Saturday, March 24

QUARTERMASTER YACHT CLUB

Tech Talk Series

Attend this Tech Talk to discuss:

- Spectacular Ports and Anchorages
- Routes, Wind and Weather
- Rocks, Narrows and Currents

Where: Vashon Library Meeting Room
17210 Vashon Hwy SW, Vashon, WA 98070
When: Wednesday, March 21, 2018, 7 to 9 PM
Why: World Class Cruising – in our Backyard!

Vashon Island, WA 98070-0868
www.islandhorsesupply.com
Like us on Facebook
Summer Hours: 9am-6pm
10am-5pm Sundays
CLOSED Wednesdays

VI Horse Supply, INC.
206-463-9792
17710 112th Ave. SW
(8/10 mile west of town on Bank Road)
P.O. Box 868 • Vashon Island, WA 98070-0868
www.islandhorsesupply.com
Like us on Facebook
Summer Hours: 9am-6pm • 10am-5pm Sundays
CLOSED Wednesdays

Danny Hardwick
oldredtruck@comcast.net

Island Security Self Storage

Full line of moving supplies
Radiant Heated Floor - On-Site Office
Climate Control Units
Video Monitoner - RV & Boat Storage

Next to the Post Office
10015 SW 178th St.
(206) 463-0555

WET WHISKERS
GROOMING SALON
PROFESSIONALLY TRAINED
CERTIFIED GROOMER

We Offer:
Wash and Go
Bath and Brush out
Thin and Trim

CALL TODAY FOR AN
APPOINTMENT
(206) 463-2200
17321 VASHON HIGHWAY SW
CONVENIENTLY LOCATED INSIDE
PANDORA’S BOX

Island Escrow Service

Dayna Muller
Escrow Officer
Patrick Cunningham
Designated Escrow Officer
206-463-3137
www.islandescrow.net

Serving Washington State since 1979
Notary
Insured, licensed and bonded
Discount to repeat clients

Wash Island 100-Year-Old Roasterie Building We Call Home

All Organic Pastries, Breakfast & Lunch Food, Espresso & Tea Bar, Coffee Roasted Daily, Over 350 Bulk Herbs, Spices & Tea.

Vashon Highway & Cemetery Road • (206) 463-9800 • www.tvicr.com

Barber & Beauty Shoppe

(206) 463-7212
Family Hair Care • Sensitive Prices
Colours, Perms, Hair Cuts
Parker Plaza 17232 Vashon Highway

TRASH TALK

Red worms, available online or from gardening friends, create the best compost ever, turning your kitchen garbage into soil with 5 times the nitrogen, 7 times the phosphorus and 11 times the potassium of regular soil. Find directions for worm bins and care at https://modernfarmer.com/2013/05/how-to-build-a-worm-farm/ or in Appelth’s classic Worms Eat My Garbage.