Backyard Big Sky

We’ve got some exciting news from the Matsuda Farm, our trails and new land acquisition!
Pour a glass of something and get ready!

Join the Zoom call ten minutes before 5:00 on Saturday, August 1.
Sit back and prepare to be entertained in a virtual visit to Matsuda Farm for a 45-minute Land Trust Show with Kevin Joyce and Martha Enson of Enjoy Productions.

At the end of the show, when we “raise the paddle”, we’ll ask you to open up the chat box and type “I’m in!” when Kevin gets to the level of gift you’d like to make.
Fill out your pledge card or write your check and enjoy the rest of your evening!

Tickets $10 per ticket. Go to https://vashonlandtrust.org website and click on Events to purchase tickets.
Every ticket sold will receive goodies in the mail!
If you prefer, you can donate directly using our website (https://vashonlandtrust.org/).

Klahanie School 2020 Livestream Pie Auction

Klahanie School is hosting the annual school’s Pie Auction for Family Financial Aid, Saturday August 1, 2020 6pm-9pm Live Streamed via Facebook, for the first time ever! Thank you for helping us build flood funds for Family Resilience and Sustainability. Maury-Vashon Island items will be picked up in upper Dockton/Maury Island following auction in a masked Drive-by pickup celebration tent. Speciality items can be mailed. Klahanie School is 501c3 nonprofit.
Join us for some laughter and fun Saturday August 1 6pm-9pm, Tickets are found Eventbrite.com/ Klahanie School.
The Livestream is found on Facebook/ Klahanie School, starting promptly at 6pm. Please keep updated on our growing Donation List and schedule via our website, http:// www.klahanieschool.org
Annually Klahanie School receives financial aid applications for island families economically impacted for varying reasons, and especially now during COVID-19 new demands. Klahanie School admits students and families of all ages, races, genders, religions, in a caring respectful environment.
With a world full of disconnected and extended families many times living far away, we feel committed to offering an environment where youth and families parents can experience sincere levels of support. Additional education exposure of mindfulness pause and compassionate listening/communicating in Circle format is a daily-skill building offer to practice for youth. Klahanie School was created to support all young children and families who seek opportunity for early educational experience and family advocacy. Klahanie means, “enjoyment of the outside world.” We feel honored that our school is many-times a child’s first tender steps into the outside world. We continue to work creating ways we can boost our scholarships so early childhood education is affordable and available to our entire island community.
For more fun ways to get involved and school details, or to sponsor as a donation or sustainably support, please contact us directly klahanieschool@gmail.com or find out more http://www.klahanieschool.org

The Road to Resilience

Truth and Conspiracy

This week, I give you an article by Jeff Krasno, edited for length. I couldn’t have expressed this any better. The whole essay will be, but is not yet, on his blog here: https://www.onecommune.com/blog.

On November 22, 1963, [a soap opera] is interrupted by a news flash concerning an incident in Dallas, Texas, with the presidential motorcade. Walter Cronkite appears in the CBS newsroom. As he reports on the developing story, he with the presidential motorcade. Walter Cronkite, dubbed ‘the anchorman for the CBS Evening News’ is interrupted by a news flash concerning an incident in Dallas, Texas, with the presidential motorcade. Walter Cronkite appears in the CBS newsroom. As he reports on the developing story, he

By Terry Sullivan,
However, in 21st century America, this ceases to be true. We lie scattered, matches flung from a box.

“Nowhere is this fracturing of society more apparent than in this pandemic. More than just a health crisis of epic proportions, COVID-19 in the United States is an epidemic of social polarization. The countries that have cohered around fairly straightforward solutions have stanchied the viral spread, while those unable to unify are bickering their way into dystopia.

But the erosion of a coherent narrative of unifying facts knitting our country together cannot simply be chalked up to deepening partisanism and the constant drone of “fake news.” Medical science, for example, has sown its own seeds of mistrust, capitalizing in many cases to big pharma. With many pharmaceutical companies having biased studies and shrouded truth at human expense. Prox agricultural ‘science’ has decimated our soil. There have been over 13,000 lawsuits filed against Monsanto in connection with its herbicide, glyphosate, which allegedly causes cancer.

Science, which once promised to deliver us from drudgery and the darkness of superstition, has so often been kidnapped by unfettered corporatism that it has squandered its moral credibility.

Continued on Page 6
Get in The Loop

Submissions to the Loop
Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the Loop, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Have a Story or Article
Send it to:
Editor@vashonloop.com

Get In The Loop
Send in your Art, Event, Meeting, Music or Show information or Article and get included in The Vashon Loop. Send To:
Editor@vashonloop.com

VASHON FOOD BANK COVID-19 PROGRAM HOURS
(Starting the week of 3/30)

GROCERY PICK UP
(ON-SITE @ SUNRISE RIDGE)
WEDNESDAY, 10-2 & 3-7

HOME DELIVERY
TUESDAY 12-4 (IN-TOWN)
THURSDAY 10-4 (ALL-ISLAND)

FOR QUESTIONS, OR TO SIGN UP FOR HOME DELIVERY,
CALL THE FOOD BANK OFFICE @
206-463-6332 OR
EMAIL ADMIN@VASHONFOODBANK.ORG

VASHON ISLAND
Chamber of Commerce

Lodging
Shopping
Food & Drink
Things to Do
Visit the Vashon Chamber on line at www.VashonChamber.com

Open Daily 9am to 7pm
“Last load in at 6:15pm”
17320 Vashon Hwy SW
(Located across from Pandora’s Box)

Law Offices of
Jon W. Knudson
Parker Plaza * P.O. Box 229
Bankruptcy -- Family Law
463-6711
www.lawofficesjonwkudson.com

Can’t stop drinking and want help?

ALCOHOLICS ANONYMOUS
Online Meetings: SeattleAA.org
AA Phone: 206-587-2838
Local Vashon Contact: 206-849-1980

No puede dejar de beber Alcohol?

ALCOHOLICOS ANONIMOS
Reuniones de Internet: SeattleAA.org
Telefono AA: 206-587-2838
Contacto Local Vashon: 206-849-1980

Next Edition of The Loop Comes out Thursday August 6
Deadline for the next edition of The Loop is Saturday, August 1

Barber & Beauty Shoppe
(206) 463-7212
Family Hair Care -- Sensible Prices
Colors, Perms, Hair Cuts
Parker Plaza 17232 Vashon Highway

VASHON PRINT & DESIGN
Faxing • Internet • Printing • Web Design
Bookkeeping • Graphic Design
17322 Vashon Hwy SW • Vashon Island • WA • 98070
Phone 206-463-6700 • Fax 206-463-6637 • vpd@vashonprint.com

Find the Loop on-line at www.vashonloop.com
All Things Electrical, “Shocking”

By Mary Tuel

Karens, Among Other Things

Recently those of us who use social media have been treated to an onslaught of mostly middle-aged white women being ridiculously racist, and the name “Karen” has been applied to these women. Now we have people who refuse to wear masks or do social distancing, people who insist that the Constitution states, “You ain’t the boss of me.” They are showing up in videos and the women are being called Karens as well. A friend of mine whose name is Karen is feeling a little put out by all the Karens-shaming, and I do not blame her.

It’s too late, I know. This labeling racist or otherwise obnoxious white women in videos “Karen” has blown up and spread through our culture. Yesterday I found out there is an Instagram site called “crazykarens.” As soon as you say it’s a Karen story people know what you mean. This stinks for people named Karen. It is better to use the offenders’ real names.

Early in July a white woman ran into an Asian family - mom, dad, and two daughters, plus their dog Fluffy, an 11-pound Maltipoo on a leash - hiking in the woods in Marin County, California. The white woman blocked the trail and told the family that they were breaking the law by having their dog in the park (not true. Dogs on leashes were legal). Then she told the family that they “couldn’t be in this country,” and they needed to “go back where they came from.”

The mother of the family told the white woman that she should check her own actions and go back to wherever she came from. If this Asian family went back where they came from that day, it was probably Mill Valley or San Rafael, at a guess. The father of the family filmed the incident.

When a white lady demanded to know the family’s name, he told her that was none of her business, then turned the tables and asked her what her name was. By this time, her bandana had fallen, exposing her face, and she realized she was being filmed. She must have lost her presence of mind then because she walked away from the scene, muttering that her name was “Beth.”

The father posted the video on YouTube, titling it, “Park Ranger Karen Tells Asian Family They’re Breaking Laws & Don’t Belong in America (California)”

The video went viral. It was neither a Park Ranger nor a Karen. Beth was quickly identified - her name and where she worked. Within a couple of days her employers announced that after they reviewed the video, Beth turned in her resignation, and that they did not tolerate racism in any form.

I was sorry that the video title besmirched the name Karen, not to mention Park Rangers. Outing Beth’s real name led to real consequences for her. Real names are better than Karen.

Then there was the video of a woman throwing two shoes at a salesclerk. She was mad because it was store policy not to serve anyone who was not wearing a mask. This woman was so upset that she walked out leaving her wallet on the counter, making it easy for the police to round her up and charge her with assault.

In any case, real names are better than Karen.

Commenters on that video were unanimous in calling her a Karen and criticizing her actions. Some went farther and ridiculed her for being fat.

“Hey,” I thought, “wait a minute.”

Sheebox. Woman was a violent jerk, yes, but it was her behavior, not her body shape, that was the issue. Come on, people. It’s racism and pigheadedness that we are fighting, not body shape or other physical attributes or lack of them.

Fat shaming is alive and well, a socially acceptable prejudice. More than once someone has dismissed me on sight because I am fat. Fat-hating doctors are the worst. We fat women have plenty to say about those jerks, and I hope their ears are burning whenever they say it.

So those of us who are named Karen, or who are fat, are tired of the ridicule of “karens” and fat people.

Real Karens, be patient. This trend will go the way of disco and elephant jokes.

Those of you who think you need to lose some weight and feel ashamed of your body? You know, some of us have lost and regained more than your entire body weight over a lifetime of trying to be “thin enough.” It’s a fool’s game, and a big moneymaking business in America.

To quote Mr. Rogers, “I like you just the way you are.”

I did lose some weight without dieting this last fall and winter. My secret? I had cancer. Not a weight loss program I recommend.

By Sean Malone and John Sweetman

Bob Greg was my best friend in grade school. We hunted flounder off their beach on Ridge Road, with a trident spear on a 10 foot pole and swung out over the bay on a 60 foot rope tied high in an old Madrona tree and dropped into the cold sound. I think his father sold insurance when it was really Bob who needed it. He slipped while climbing around in their 10 foot high smoke house and hung himself on a meat hook that left a 10 inch scar up his foot high. I lost my brother Mike and Bob’s younger brother, Johnny, and Bob and I held hands. Mike had my brother Mike and Bob’s younger brother, Johnny, and Bob and I held hands while he cranked up the magneto. When he had the magneto whining, he yelled for me to grab a hold of the water pipe and my knees gave out as I crumpled to the floor on my rear end. I skidded across the floor on my rear end. It was one that the shocker had an old crank up phone and had my brother Mike and Bob’s younger brother, Johnny, and Bob and I held hands while he cranked up the magneto. When he had the magneto whining, he yelled for me to grab a hold of the water pipe and my knees gave out as I crumpled to the floor on my rear end. Seventy years later, John Sweetman, Commander David Mann, my mentor, to guide me through the intricacies of “electricity.” He had a magneto from an old crank up phone and had my brother Mike and Bob’s younger brother, Johnny, and Bob and I held hands while he cranked up the magneto. When he had the magneto whining, he yelled for me to grab a hold of the water pipe and my knees gave out as I crumpled to the floor on my rear end. Seventy years later, John Sweetman, Commander David Mann, my mentor, to guide me through the intricacies of “electricity.” He had a magneto from an old crank up phone and had my brother Mike and Bob’s younger brother, Johnny, and Bob and I held hands while he cranked up the magneto. When he had the magneto whining, he yelled for me to grab a hold of the water pipe and my knees gave out as I crumpled to the floor on my rear end. Seventy years later, John Sweetman, Commander David Mann, my mentor, to guide me through the intricacies of “electricity.” He had a magneto from an old crank up phone and had my brother Mike and Bob’s younger brother, Johnny, and Bob and I held hands while he cranked up the magneto. When he had the magneto whining, he yelled for me to grab a hold of the water pipe and my knees gave out as I crumpled to the floor on my rear end. Seventy years later, John Sweetman, Commander David Mann, my mentor, to guide me through the intricacies of “electricity.” He had a magneto from an old crank up phone and had my brother Mike and Bob’s younger brother, Johnny, and Bob and I held hands while he cranked up the magneto. When he had the magneto whining, he yelled for me to grab a hold of the water pipe and my knees gave out as I crumpled to the floor on my rear end.
Island Life
What’s in a name?

By Peter Ray
pgray@vashonloop.com

Well, I did finish the minute movie talked about here last time, and if you like, it can be viewed here on the youtubes: https://www.youtube.com/watch?v=Z195GFmLG5M. Putting it together was a fascinating experience on a number of levels. First, there was the insight gained into the namesake of the climbing rose in my front yard—Sir Cedric Morris. As with anything named after a person, actually digging in and finding something about that person is always revelatory to some degree. Having to put all the info discovered in the research into a minute’s worth of viewing and narrative, in this case, was just not possible. You go with the essentials needed for the story and hope that that will suffice. Morris’s life on its own would fill a feature length biopic or documentary. It was interesting to find that his plantsman side provided many subjects for the paintings he did as an artist, as he specialized in growing, hybridizing and selecting various forms of poppies and bearded irises. But perhaps the most fascinating thing I found out from a garden writer friend I contacted after losing touch with him for fifteen or so years, was that this white flowering giant of a rambling/climbing rose came from a seedling of a pink flowered species, shrub rose—Rosa glauca. It speaks to the mystery and the magic of growing things from seed—you are never totally sure what it is that you might end up with, which is of course why you do it.

Somewhere in all of my explorations into Cedric Morris, there was this other, bigger thing concurrently running along side—that of the nation- and world-wide actions around Black Lives and racism.

bigger thing concurrently running along
side— that of the nation- and world-wide
actions around Black Lives and racism.

That morning I had been to a pub just south of Chappaqua, New York where I grew up. That morning I had been to the statue honoring Horace Greeley, who had been a resident here in the mid 1800’s. I was on a trek to follow Greeley’s path from New York to San Francisco in 1859, and I had been photographing the statue with still and video cameras. As I was eating dinner I was also scanning the flat screen treesee around the place that were playing sports events and an evening, local news broadcast. All of the sound was off, so I couldn’t here why, on the local news channel, they were showing the same view of Greeley’s statue that I had seen in my viewfinder that morning. At first I thought I had landed in a Twilight Zone remake or perhaps a Candid Camera where someone had stolen my SD cards and they were playing

Continued on Page 6

Nugget and Toby Need A Home

We’re fun-loving brothers who are used to kids and dogs, so we would make great family pets for an indoor home. Nugget likes to ride around on people’s shoulders, while Toby can be found lounging next to his person. We’re cuddly and can entertain ourselves when we’re left alone. Because we’re a Purfect Pair, there’s a discounted adoption fee available to the person who adopts both of us so we can be together forever.

Living room, play and sleep area, and a great yard. Please call 206-246-2700 to arrange a meeting with our foster parent.

To view adoptable Cats and Dogs

To view adoptable Cats and Dogs

The Vashon Loop, p. 5

Michael Whitmore, The Poodle Sessions

Michael Whitmore, composer, nylon string guitarist/ occasional vocalist. Sunday, July 26th, 6pm PDT. The Poodle Sessions #18. A weekly, live streaming concert. Tune in for some new jazz, post-jazz, sonically textured torch songs, along with odd bits of harmony and dissonance. It is always a good idea to bring your ears, setting ablaze those neuronal cell bodies, dendrites, axon terminals & synapses — and just too sexy!

Michael Whitmore tends towards the frayed edges of jazz – post-jazz, avant-jazz, free-jazz, with a hint of old school samba. He was a very young contributor to the Los Angeles new music scene before moving to the Northwest a decade ago and for the past seven years, Whitmore and the ensemble Some’te’et have had a residency at the Snapdragon Café on Sundays. He is an author, music historian, very often the DJ and running a record collector and he co-hosts the Friday Morning Scramble with Shelley Hanna on local KVSH 101.9FM. Michael Whitmore. The Poodle Sessions

Michael Whitmore goes to the google and the wiki, not to find that his plantsman side provided many subjects for the paintings he did as an artist, as he specialized in growing, hybridizing and selecting various forms of poppies and bearded irises. But perhaps the most fascinating thing I found out from a garden writer friend I contacted after losing touch with him for fifteen or so years, was that this white flowering giant of a rambling/climbing rose came from a seedling of a pink flowered species, shrub rose—Rosa glauca. It speaks to the mystery and the magic of growing things from seed—you are never totally sure what it is that you might end up with, which is of course why you do it.

Somewhere in all of my explorations into Cedric Morris, there was this other, bigger thing concurrently running along side—that of the nation- and world-wide actions around Black Lives and racism.

bigger thing concurrently running along
side— that of the nation- and world-wide
actions around Black Lives and racism.

That morning I had been to a pub just south of Chappaqua, New York where I grew up. That morning I had been to the statue honoring Horace Greeley, who had been a resident here in the mid 1800’s. I was on a trek to follow Greeley’s path from New York to San Francisco in 1859, and I had been photographing the statue with still and video cameras. As I was eating dinner I was also scanning the flat screen treesee around the place that were playing sports events and an evening, local news broadcast. All of the sound was off, so I couldn’t here why, on the local news channel, they were showing the same view of Greeley’s statue that I had seen in my viewfinder that morning. At first I thought I had landed in a Twilight Zone remake or perhaps a Candid Camera where someone had stolen my SD cards and they were playing

Continued on Page 6

Nugget and Toby Need A Home

We’re fun-loving brothers who are used to kids and dogs, so we would make great family pets for an indoor home. Nugget likes to ride around on people’s shoulders, while Toby can be found lounging next to his person. We’re cuddly and can entertain ourselves when we’re left alone. Because we’re a Purfect Pair, there’s a discounted adoption fee available to the person who adopts both of us so we can be together forever.

Living room, play and sleep area, and a great yard. Please call 206-246-2700 to arrange a meeting with our foster parent.

To view adoptable Cats and Dogs

The Vashon Loop, p. 5

Michael Whitmore, The Poodle Sessions

Michael Whitmore, composer, nylon string guitarist/ occasional vocalist. Sunday, July 26th, 6pm PDT. The Poodle Sessions #18. A weekly, live streaming concert. Tune in for some new jazz, post-jazz, sonically textured torch songs, along with odd bits of harmony and dissonance. It is always a good idea to bring your ears, setting ablaze those neuronal cell bodies, dendrites, axon terminals & synapses — and just too sexy!

Michael Whitmore tends towards the frayed edges of jazz – post-jazz, avant-jazz, free-jazz, with a hint of old school samba. He was a very young contributor to the Los Angeles new music scene before moving to the Northwest a decade ago and for the past seven years, Whitmore and the ensemble Some’te’et have had a residency at the Snapdragon Café on Sundays. He is an author, music historian, very often the DJ and running a record collector and he co-hosts the Friday Morning Scramble with Shelley Hanna on local KVSH 101.9FM. Michael Whitmore. The Poodle Sessions

Michael Whitmore goes to the google and the wiki, not to find that his plantsman side provided many subjects for the paintings he did as an artist, as he specialized in growing, hybridizing and selecting various forms of poppies and bearded irises. But perhaps the most fascinating thing I found out from a garden writer friend I contacted after losing touch with him for fifteen or so years, was that this white flowering giant of a rambling/climbing rose came from a seedling of a pink flowered species, shrub rose—Rosa glauca. It speaks to the mystery and the magic of growing things from seed—you are never totally sure what it is that you might end up with, which is of course why you do it.

Somewhere in all of my explorations into Cedric Morris, there was this other, bigger thing concurrently running along side—that of the nation- and world-wide actions around Black Lives and racism.

bigger thing concurrently running along
side— that of the nation- and world-wide
actions around Black Lives and racism.

That morning I had been to a pub just south of Chappaqua, New York where I grew up. That morning I had been to the statue honoring Horace Greeley, who had been a resident here in the mid 1800’s. I was on a trek to follow Greeley’s path from New York to San Francisco in 1859, and I had been photographing the statue with still and video cameras. As I was eating dinner I was also scanning the flat screen treesee around the place that were playing sports events and an evening, local news broadcast. All of the sound was off, so I couldn’t here why, on the local news channel, they were showing the same view of Greeley’s statue that I had seen in my viewfinder that morning. At first I thought I had landed in a Twilight Zone remake or perhaps a Candid Camera where someone had stolen my SD cards and they were playing
Island Epicure

By Marj Watkins

Household Hints, Part 1

A little green book titled: Watkins Household Hints caught my eye. Its copyright: 1941. I thought, Wow! almost 80 years old. (No, I didn’t write it.) Are ands—pump billions of marketing dollars into our media outlets elicits a well-founded skepticism about journalistic integrity.

"In the absence of trusted sources of information, it becomes all too easy to fall prey to dystopic conspiracies of a New World Order. The decentralization of media distribution, which gives game show hosts and wellness influencers equal footing to new organizations as vectors for the proliferation of information, contributes to the unbridled spread of conspiracy theories—some that may be true, and many that lack any basis in fact.

"Not all conspiracy theories are as specious or malicious as Pizzagate, Birtherism, and the derelict of Sandy Hook. If I told you that a private prison company funded an organization comprised of legislators and private sector executives to write and pass legislation leading to mass incarceration, you might think I was wacko. But this is exactly what the Corrections Corporation of America and the American Legislative Exchange Council did. Conspiracies are seductive because truth is often just as strange and twisted as fiction.

"No political leaning has a monopoly on conspiracy. There is a bizarre emergent horse-shoeing of leftist conspiritualists and all-right libertarians that is coming to a head around the potentially impending COVID vaccine, ratcheting up an already intense vaccination debate. This anti-vaxx alliance makes strange bedfellows of a slice of the “wellness” community, civil liberties advocates who oppose governmental overreach, and “truthers” who fear that the Illuminati will implant micro-chips as part of mass vaccination.

"With all of the countervailing forces at work, what is a citizen to do? What are we supposed to believe? How do we distinguish between ludicrous theories devised to divided and true corruption that warrants exposure? How do we find the social cohesion that is necessary not only to beat COVID but to address all of our salient global problems? How much longer can we keep loving America and hating each other?

"Human success has always been predicated on our ability to cooperate flexibly at scale. Without social cohesion, we are [lost].

"As institutions wobble, [we individuals] inherit a growing responsibility for the cohesion of society. Be inquisitive. Be humble. Think deeply and critically. Engage with and learn from others. Understand the best part of an opposing opinion. Apply methods of rigor in the quest for truth. Be willing to admit you are wrong.”

Comments? terry@vashonloop.com

Catch Drive-In Movies This summer at the Night Light Drive In

Open Space for Arts and Community and Vashon Theatre are teaming up to bring the drive-in movies to Vashon this summer. Beginning on July 1st, join The Night Light Drive In, located on the great lawn at Open Space.

Showings will be on Wednesdays through Saturdays this summer until Labor Day. The first weekend will spotlight Jurassic Park on Wednesday and Friday and Days of Field and Dreams on Thursday and Saturday.

Schedule:
Wed July 22 – Double Feature! Liar Liar & The Big Lebowski
Thurs July 23 – Mad Max: Fury Road Fri July 24 – Double Feature! Liar Liar & The Big Lebowski
Sat July 25 – Mad Max: Fury Road Wed July 29 – Forrest Camp Thur July 30 – Double Feature! They Live & Get Out
Fri July 31 – Forrest Gump Sat Aug 1 – Double Feature! They Live & Get Out

According to David Godsey, Open Space for Arts and Community co-founder, “We were driven by COVID-19 to find creative new ways to build community. Designing this experience with our partners at Vashon Theatre has allowed us to dream up a communal experience that follows health guidelines.”

Tickets are available on the Vashon Theatre website. Doors open at 8:30pm for the 9:30pm show times this weekend. When purchasing your ticket, please be sure to carefully read ticket directions and event protocols.

First Friday Virtual Gallery Cruise

Thank you so much to John L. Scott Vashon for being the lead sponsor of First Friday promotion—so we are grateful for your ongoing support!

We’d also like to thank our supporting sponsors: Camp Colvos Brewing, Evergreen Home Loans Vashon NMLS 1409468, Island Insurance Center, and Sue Carette - Windermere RE Vashon Managing Broker, Realtor. Please take a moment to view their websites and show them your support.

First Friday Virtual Gallery Cruise, Friday, August 7th

Sincerely,
Allison Shirk & Pete Welch
Co-Directors of Vashon Events

Deadline for the next edition of The Loop is Saturday, August 1

Find the Loop on-line at www.vashonloop.com

Island Life

Continued from Page 5

my footage to elicit a shocked reaction. I then began to figure out from text on the screen that it was a controversy playing out at Florence Greeley High School where a senior had found I quote from Greeley that disparaged the Black race, and the student is suggesting that the school’s name be changed to something else.

This all didn’t make sense, because in my readings it had sounded like it was Greeley who had been nagging and insistent to Lincoln about signing the Emancipation Proclamation that if he hadn’t persisted in that manner Lincoln would never have signed it. One of Greeley’s tasks on his cross country overland journey was to speak in Kansas in support of Free State ideals, so that when they went for statehood they would not become a slave-owning state. It was one of the paradoxes of those times where you could be both anti-slavery and still hold with the ideas that people of African descent were an inferior race. Looking back on history it seems that actions and ideals have to be weighed in the context of the times. It doesn’t make sense right, it is something like adjusting for inflation, but it isn’t. It’s like imagining future historians looking back from 150 years on and wondering what the hell we were all about in these times. Perhaps as we give the required actions of these times in response to what we have been dealt for all these years, we may be found to have gotten something right. It will require a vision of context, wisdom and forethought— not always actions that can be found together in concert for the better good. We’ll see.

Advertise in the Loop!

It’s a great time to get back in the Loop.
ads@vashonloop.com Or call (206) 925-3837

Local News
www.vashonNews.com

Local & Regional Headlines
Weather forecasts
All the Vashon Headlines in one place anywhere on any mobile device!

First Friday Virtual Gallery Cruise

Until we can get back to having the First Friday Gallery Cruise again, Vashon Events has been doing a Virtual First Friday Gallery Cruise.

The next one is on Friday, July 3rd! Stop by Camp Colvos Brewing and pick up some tasty food and beverages while you enjoy your virtual First Friday Gallery Cruise! Our newsletter will feature some of our local artists and galleries who would love to have your support. We put out a call to invite any artist on Vashon to participate, Please browse their online store and get in some shopping therapy!

If you are an artist that would like to be included next month, and you have an online store, please email us. We’d love to include you.

Island Epicure

Continued from Page 1

Road to Resilience

Continued from Page 1

That these very same companies—Bayer, Merck, P&G, GlaxoSmithKline and others—pump billions of marketing dollars into our media outlets elicits a well-founded skepticism about journalistic integrity.

"In the absence of trusted sources of information, it becomes all too easy to fall prey to dystopic conspiracies of a New World Order. The decentralization of media distribution, which gives game show hosts and wellness influencers equal footing to new organizations as vectors for the proliferation of information, contributes to the unbridled spread of conspiracy theories—some that may be true, and many that lack any basis in fact.

"Not all conspiracy theories are as specious or malicious as Pizzagate, Birtherism, and the derelict of Sandy Hook. If I told you that a private prison company funded an organization comprised of legislators and private sector executives to write and pass legislation leading to mass incarceration, you might think I was wacko. But this is exactly what the Corrections Corporation of America and the American Legislative Exchange Council did. Conspiracies are seductive because truth is often just as strange and twisted as fiction.

"No political leaning has a monopoly on conspiracy. There is a bizarre emergent horse-shoeing of leftist conspiritualists and all-right libertarians that is coming to a head around the potentially impending COVID vaccine, ratcheting up an already intense vaccination debate. This anti-vaxx alliance makes strange bedfellows of a slice of the “wellness” community, civil liberties advocates who oppose governmental overreach, and “truthers” who fear that the Illuminati will implant micro-chips as part of mass vaccination.

"With all of the countervailing forces at work, what is a citizen to do? What are we supposed to believe? How do we distinguish between ludicrous theories devised to divided and true corruption that warrants exposure? How do we find the social cohesion that is necessary not only to beat COVID but to address all of our salient global problems? How much longer can we keep loving America and hating each other?

"Human success has always been predicated on our ability to cooperate flexibly at scale. Without social cohesion, we are [lost].

"As institutions wobble, [we individuals] inherit a growing responsibility for the cohesion of society. Be inquisitive. Be humble. Think deeply and critically. Engage with and learn from others. Understand the best part of an opposing opinion. Apply methods of rigor in the quest for truth. Be willing to admit you are wrong.”

Comments? terry@vashonloop.com

First Friday Virtual Gallery Cruise

Thank you so much to John L. Scott Vashon for being the lead sponsor of First Friday promotion—so we are grateful for your ongoing support!

We’d also like to thank our supporting sponsors: Camp Colvos Brewing, Evergreen Home Loans Vashon NMLS 1409468, Island Insurance Center, and Sue Carette - Windermere RE Vashon Managing Broker, Realtor. Please take a moment to view their websites and show them your support.

First Friday Virtual Gallery Cruise, Friday, August 7th

Sincerely,
Allison Shirk & Pete Welch
Co-Directors of Vashon Events

Deadline for the next edition of The Loop is Saturday, August 1

Find the Loop on-line at www.vashonloop.com

Island Life

Continued from Page 5

my footage to elicit a shocked reaction. I then began to figure out from text on the screen that it was a controversy playing out at Florence Greeley High School where a senior had found I quote from Greeley that disparaged the Black race, and the student is suggesting that the school’s name be changed to something else.

This all didn’t make sense, because in my readings it had sounded like it was Greeley who had been nagging and insistent to Lincoln about signing the Emancipation Proclamation that if he hadn’t persisted in that manner Lincoln would never have signed it. One of Greeley’s tasks on his cross country overland journey was to speak in Kansas in support of Free State ideals, so that when they went for statehood they would not become a slave-owning state. It was one of the paradoxes of those times where you could be both anti-slavery and still hold with the ideas that people of African descent were an inferior race. Looking back on history it seems that actions and ideals have to be weighed in the context of the times. It doesn’t make sense right, it is something like adjusting for inflation, but it isn’t. It’s like imagining future historians looking back from 150 years on and wondering what the hell we were all about in these times. Perhaps as we give the required actions of these times in response to what we have been dealt for all these years, we may be found to have gotten something right. It will require a vision of context, wisdom and forethought— not always actions that can be found together in concert for the better good. We’ll see.

Advertise in the Loop!

It’s a great time to get back in the Loop.
ads@vashonloop.com Or call (206) 925-3837

Local News
www.vashonNews.com

Local & Regional Headlines
Weather forecasts
All the Vashon Headlines in one place anywhere on any mobile device!
Aries (March 20-April 19)

The current phase of your life, through January, comes with the theme of cultivating self-confidence. You may think you’re a novice to this, but don’t let this assumption deter you; this astrology will take you deeper, and help you question yourself in some worthwhile ways. I’m talking about getting in touch with yourself, avoiding the fluff, the hype, the narrative, the power, and the most of what you learn from doing so. Then there is how you deal with your own weaknesses and limitations, to turn them to your advantage. This is all about learning from your own data, and what you can do to break free of your own limitations, through the Power of Will. That’s likely to become a major facet of self-confidence that you will need to work on for a few days. For you, this means going deep into the Power of Will, which involves Mars retrograde in your sign. This stretches (in total, including the actual retrograde in the autumn) from July into January. This is a rare event, and you have an unusual learning opportunity.

Taurus (April 19-May 20)

Consider whether you still place too much emphasis on belief as a thing that guides you. There are many better ways to influence your thinking, and your tendency to hold to a thing tends to be a dangerous blind spot because it conceals lack of knowledge. You are soon to embark on a phase of your life where your leadership skills will be developed, expanded and tested by circumstances. For that, you will need to have excellent intelligence, in the sense of the potential daily briefing: real information you can use to make important decisions. To cleare space for this, develop the skill of knowing when you are being lead, and whether you believe it – it feels good, and it reminds you that you actually need to know what is available to find out. You don’t need to be in possession of this information all the time; at all times; that’s an impossible standard. But you definitely must know when you don’t know: that’s the most valuable information there is.

Gemin (May 20-June 21)

There has been a lot of activity in the financial sector of your chart these past couple of months, which will now culminate with a New Moon on Monday. One of the challenges of your psyche in picture is that this tends to run in cycles more than for most people. These might range from a few months down to a few weeks; the more so in vs. seasonal situations. Yet if you study these patterns, you will see that they’re as predictable as the tides. One way to handle this is to put abundant energy into making sure you have sufficient cash reserves to smooth over some bumps (which I know is a stretch, but it’s also a necessity). Yet you also need to work with the natural tendencies, such as heading out to sea when the tide is going out, and heading into the sea when the tide is coming in. This way, you’re “not going against the tide.” Study your income and spending trends. Really – pull the numbers together and take a look at this and figure out what they mean.

Cancer (June 21-July 22)

The past lunar month has come with an impressive deluge of astrology in your sign, including a solar eclipse, Mercury retrograde and Mars retrograde, three of the most powerful of fancy moves, and now, the New Moon opposite Saturn. Plus there has been no shortage of activity in your partnership house, including news of the potential relationship you are still in your career house (Mars conjunct Chiron). So, how has it been? What have you discovered easy? Do you have a sense for making progress? For the current state of the nation, mere survival is doing well, though I reckon you’re doing much better – and aspects continue to work in your favor. Therefore, proceed with awareness and a healthy attitude when it comes to accomplishing your most cherished goals. Your work projects right now, you are likely to find that you are becoming more productive, and that you’ll need to be patient. Those are ideal circumstances for living out your pharma. If others around you are not doing as well, remember: your role is to be helpful in the ways you can.

Leo (July 22-Aug. 23)

The Sun is about to enter your sign, which occurs annually as a relief. The last days of the sign Cancer can bring considerable emotional pressure, which lets all go at once when the Sun returns to its home sign. This year, that’s on the 22nd. The bottom line message of your solar return chart is that you must take care of yourself. Through this whole Covid crisis, I’ve been studying people’s ideas of self-care and noticing a deficit. Pretty much everyone’s energy trends on how well you take care of yourself, and that will require having knowledge. By that I mean knowledge of what you eat, and what your body needs and why they may face, and any medications you may take; and how to reduce your stress level. All of this is founded on your ability to study, to learn, and to be introspective – commodities in short supply these days. Yet they must be in abundant supply for you.

Virgo (Aug. 23-Sep. 22)

You need to express yourself where people are feeling you are under pressure to do so may be bursting out of you right now. The solution to your creative challenges is not to be more perfect. The solution is to take a chance and let your most personal, most meaningful work into the public eye. True art, though it must aspire to quality, is always an experiment. To be meaningful, the maker of the work must go so far as to wake up with a vulnerability hangover for a few days. For you, this means going out to a personal emotional edge and revealing something of yourself about which you feel a combination of reluctance and urgency. While this could include the points on certain issues (about which you will feel better being honest), this looks like something deeper and more personal. You are in a moment of breakthrough. If you aspire for that to be creative, your springboard is the intimately personal nature of what you share or describe about yourself.

Libra (Sep. 22-Oct. 23)

If there is an important matter of your personal or professional life that you’re working through, particularly a decision that must be made, you are in your moment. It’s likely that you’ve thought it through many times over and know exactly where you stand with yourself. You do not need to accomplish the thing you’re wanting to do or create, though a decisive action by decisive action will be enough to get you started. The real choice is not just the mental state; whether you do what pushes your edge and establishes you in new territory. You now have the emotional confidence and foundation to take this step. Your reputation is sufficiently established to stand in who you are with your whole being. One of the most brilliant fortune cookies I ever got read, “Be resolutely who you are. Be humbly who you are. That would serve you well at this time in your life.

Sagittarius (Nov. 22-Dec. 22)

Part of getting your financial house in order every year involves having a situation set up with a partner. This could be the lingering results of a past situation, or getting a new or current agreement tuned to mutually beneficial terms. If this is something that you have in the past, the use leverage you now have and address the situation. There is plenty you can do. If this is about present circumstances, keep the discussion focused on what works for everyone. Between you there are sufficient resources to go around. You both must understand that resources are emotional, and those will lead to awareness of the others. This is a situation where all parties must see the relationship from the viewpoint of the other, to have a sense of what is happening. Too often, people experience partnership differently. Their own viewpoint might give that up entirely and live vicariously through the other. Nether of these will help you. You must on mutually helpful terms, or none at all.

Capricorn (Dec. 22-Jan. 20)

The New Moon in your opposite sign Cancer takes place in opposition to Saturn and several other retrograde planets in your sign. This is an urgent reminder that you must update the ideas and beliefs that you have in place rather than in the past. Even if you have lingering matters to resolve, you can only do that now. You might not think you’re ready, though in the way you view it, readiness is a standard you must not ever attain. There is a difference between preparation and being reticent to experiment. A relationship may provide an opportunity for you to enter new territory, though the motivation must come from you. There is only one way to gain confidence, which is to gain experience – of a kind you’ve never had before. We might sum this up in one question: should you be afraid of the chance to explore something unfamiliar, who do you fear would not approve? Why do you care?

Aquarius (Jan. 20-Feb. 19)

The past seems to weigh on you, even as you know so much more is in order in a new appreciation of yourself, self-contained, as if you live in a reality you cannot escape. This seems to “prove” itself through experience, though maybe that’s the very thing you need. There is a concept of karma which holds that “no one can escape what they create.” Even if this is true, it might not be the escape would be to create something else, something beyond what you know. As it turns out, at the moment, this would be something about yourself. Your ancestors are involved, so your introspective search might need to go back three generations before you find the gem you are seeking.

Pisces (Feb. 19-March 20)

There is only so much you may be able to do to change the world, though there is plenty you can learn from observing it. You might not like what you see. You are keenly aware of the kinds of cruelty and actions based in ignorance that people are capable of perpetuating against one another, and at times, against everyone. As an old soul, born in the sign of the fishes in the great cosmic ocean, you have learned the art of adaptation – and that is what you need to do. One of the ways you will benefit from adapting is through bringing your curiosity and creativity into this new world we are living in. Where you want to assert yourself is not against anything, but creatively, into your personal frontier: artistic, erotic, romantic – whatever you feel called to, curious about or desiring of. You can adopt a strategy of letting everyone else do all the freaking out. The truth is, people live out their agenda, whatever the weather.

**WET WHISKERS**

**GROOMING SALON**

**PROFESSIONALLY TRAINED**

**CERTIFIED GROOMER**

We Offer:

- Wash and Go
- Bath and Brush out
- Thin and Trim

**CALL TODAY FOR AN APPOINTMENT**

(206) 463-3401

$8 Nail trimming with no appointment

17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

---

**PANDORA’S BOX**

Cheryl and crew are embarking on a Covid family vacation! Off to the coast for us. Lots of new stuff for you to browse while I’m gone. There will be a big bed sale when we get back!

Bo’s Pick of the Week: The new Mouse Factory cat toys came in, and the crabs and dragonflies are too cute!

(206) 463-3401

---

**DANNY’S TRACTOR SERVICE** 206-920-0874

- Land and storm damage clean up
- Tree Cutting and removal
- Field mowing, brush cutting and tilling
- Hauling and refuse removal
- Scrap metal removal
- Driveway repair and grading

Dan Hardwick
oliveredtruck@comcast.net

---

**ISLAND ESCROW SERVICE**

Dayna Muller
Escrow Officer

Patrick Cunningham
Designated Escrow Officer

206-463-3137

www.islandescrow.net

Serving Washington State since 1979

Notary

Insured, licensed and bonded

Discount to repeat clients

---

**PERRY’S VASHON BURGERS**

Celebrating 18 years Serving Vashon Island

17804 Vashon Hwy SW

Open 7 days a week

11am to 8pm Monday-Saturday

12pm to 5pm Sunday

Gluten Free Buns!

463-4-911

---

**KVSH 101.9 FM Voice of Vashon**

Listen At Home In Your Car At Work Worldwide

Schedule & VoV App at VoiceOfVashon.org

---

**SPORTY’S**

Where the Locals Go!!

Family run business for over 30 years

17611 Vashon HWY SW

206.463.0940

Live Music

Homestyle Breakfasts and Plate Size Pancakes

Breakfast served till 5pm Fri, Sat & Sun

Open 7 days a week 6 am till 2am

Welcome Back!

Dine In and Take Out

Come See what’s New

---

**VI Horse Supply**

206-463-9792

17710 112th Ave. SW

(8½ mile west of town on Bank Road)

P.O. Box 988 • Vashon Island, WA 98070-0868

www.vihorsesupply.com

Like us on Facebook

Hours: 9am-6pm • 10am-5pm Sundays

CLOSED Wednesdays

---

**Bo’s Pick of the Week:** The new Mouse Factory cat toys came in, and the crabs and dragonflies are too cute!

---

**VI Horse Supply, INC.**

Like us on Facebook

Hours: 9am-6pm • 10am-5pm Sundays

CLOSED Wednesdays

---

**Horse and Supply**

206-463-9792

17710 112th Ave. SW

(8½ mile west of town on Bank Road)

P.O. Box 988 • Vashon Island, WA 98070-0868

www.vihorsesupply.com

Like us on Facebook

Hours: 9am-6pm • 10am-5pm Sundays

CLOSED Wednesdays

---

**VI Horse Supply, INC.**

Like us on Facebook

Hours: 9am-6pm • 10am-5pm Sundays

CLOSED Wednesdays

---

**VI Horse Supply, INC.**

Like us on Facebook

Hours: 9am-6pm • 10am-5pm Sundays

CLOSED Wednesdays

---

**VI Horse Supply, INC.**

Like us on Facebook

Hours: 9am-6pm • 10am-5pm Sundays

CLOSED Wednesdays

---

**VI Horse Supply, INC.**

Like us on Facebook

Hours: 9am-6pm • 10am-5pm Sundays

CLOSED Wednesdays

---