VashonMaury SURF and Indivisible Vashon are partnering once again to help YOU help us save our democracy!! We have launched an online auction to raise money to donate to groups fighting voter suppression and our goal is to raise $20,200!!

We are currently gathering donations for the next week, and then will go live! So far we have art, quilts, acupuncture, gardening, chain sawing, bodywork and other creative and practical services and items.

Each of us has something to offer; think of Vashon Labor of Love where people donated all kinds of fun experiences: cooking, cleaning someone’s house, a guided kayak paddle… we all have skills and talents that someone else would appreciate.

We would also love things! If you are an artist, consider donating a piece of your art. If you have a house with too many things, please donate some to us! We will accept any item with a worth of $20 or more. We know Granny’s was closed for an awfully long time and is now only accepting limited donations. Gift some to the auction!!

The donation form takes just a few minutes to fill out. Make sure to decide on a value for your item, then start the bidding at about one third of that value. We also need a picture. There are lots of free images available on the internet if you are offering a service; find one and upload it to your computer and upload it to the auction site. We can help with that part if you wish.

To donate or to shop, go to this link: https://www.charityauctionstoday.com/auctions/Fundraiser-to-Reclaim-the-Balot-12086

**The Commons (again)**

“This land is your land, this land is my land……” Well, not exactly. There are public parks, streets, and walkways, but don’t try to actually live in those places, that is, don’t try sleeping there or doing any of those private things that you normally would do in your home. Aside from these designated public spaces, all the usable land has been bought up, so, if you are to live here, you will need to come up with some cash—a lot of cash if you want your own exclusive place and a considerable steady sum if you want to rent from someone. We live in a world where we no longer are allowed to use the commons on the planet, your birthright does not presently include the right to live here.

The concept of private property as we understand it today is only about 200 years old. The aristocracies who had their fiefdoms, but the rest of the land was the “commons” managed by local communities for mutual benefit.

The process called the Enclosures began in England around the mid 13th century.

At that time, the subsistence model of rural living was giving way to a more entrepreneurial agriculture to feed the burgeoning city populations. The term enclosure refers to the enclosing of the commons into parcels with fences and boundaries. They were sold or just appropriated by wealthier farmers that needed larger scale farming operations. The small subsistence cottagers were forced to choose between cottage and small portion of land around them, but their way of life required the larger commons to make ends meet. They could not keep a cow on a small parcel. They needed the commons forests for firewood, hunting, forage, and building materials. With

By Terry Sullivan,

the commons, these people could make or grow what they needed, and, unlike what is said about the commons, they were generally well managed by the community and were not trashed. They had little need for money as they could easily barter for the things they couldn’t make.

The privatization of land also led to the specialization of manufacturing and what the poor rural folk couldn’t make for themselves, they had to buy. Voila! We now have consumers that need to find a source of cash. Many of those abandoned their cottages to work in the city. There are pros and cons about industrialization, but a self-sufficient way of life very gradually disappeared in England. The Enclosures more or less ended in the 19th century when the last of the practical commons was bought up. The commons still exists in many so-called underdeveloped countries where you can almost always find a place to build the beginnings of a home and, if you stay there and keep building and adding on, you can have a decent place for your family and the cost to you beyond a lot of work is for materials. Even that, in the case of a wattle and daub house is sticks and mud that cost nothing. There is milled wood and often sheet metal that has to be bought, but nothing like premanufactured windows, doors, and such. These houses are “crude” by our standards, but warm and dry and way better than a dumpster.

I first became aware of this way of life during my time in the Peace Corps in Venezuela. In Spain and its colonies, the commons lands were called ejidos (ay-HEE-thos). The intelligence and practicality of this practice left an indelible mark on me and largely

**Mukai Farm & Garden celebrates Vashon 3rd Annual Japan Festival Virtually**

Celebrate heritage and history at Mukai Farm & Garden’s third annual Vashon Japan Festival. Following social distancing requirements, this year the festival will occur throughout the month of September online at mukaifarmandgarden.org/JapanFestival.org and onsite from dawn to dusk at a special self-guided lantern labyrinth at the Mukai Farm & Garden, 18017 107th Ave SW, Vashon. Online events will feature taiko drumming, Japanese traditions and craft, and Vashon’s Japanese American history. More information is at mukaifarmandgarden.org/about/vashon-japan-festival-2020/

Visitors to the site can walk the beautifully reconstructed Japanese pond and gardens designed by Kuni Mukai and explore the self-guided Lantern Labyrinth.

The Mukai Farm & Garden is one of the few remaining examples of a prewar Japanese farmstead and is on the National Register of Historic Places. During its heyday, B.D Mukai, a Japanese immigrant and successful entrepreneur and his wife Kuni, welcomed the community to their Japanese stroll garden and Craftsman house. Their home, garden, and barreling plant are icons of these blended cultures and island history. Restoration of the barreling plant is the next phase in this community led project.

The Friends of Mukai are restoring and managing Mukai Farm & Garden to celebrate Vashon’s Japanese American and agricultural heritage. Mukai shows how history lives and is relevant to our lives today.
The Vashon Loop, Vol. XVII, #17
©August 20, 2020

Contributors: Kathy Abascal, Eric Francis, Terry Sullivan, Orca Annie, Seán C. Malone, Mary Litchfield Tuel, Marj Watkins, Peter Ray and John Sweetman

Original art, comics, cartoons: Ed Frohning

Ad sales and design: Steven Allen
Phone 206-925-3837
Email: ads@vashonloop.com

Editor: Steven Allen
Email: editor@vashonloop.com
Publisher: Steven Allen
PO Box 1538, Vashon, WA 98070
Phone 206-925-3837

Published every other week
by Sallen Group

Loop Disclaimer
Paid advertisements in The Vashon Loop in no way express the opinions of the publisher, editor, or staff. Likewise articles submitted to the Loop in no way express the opinions of the publisher, editor, staff or advertisers. We reserve the right to edit or not even print stuff.

Get Your Copy Now:

AN ISLAND LIFE
Looking Backwards Through Bifocals
A humorous, quirky, memory-laden collection of tales recalling a childhood on Vashon Island.

To Order, Email: anislandlife62@gmail.com
$20 per book

NIGHT LIGHT DRIVE IN

Tickets and info at VASHONTHEATRE.COM

Palms Springs
Thursday, August 20th & Sunday, August 23rd, 7:30pm, movie at 8:00pm

Finding Dory
Thursday, August 27th & Saturday, August 29, 7:05pm, movie at 8:05pm

The Adventures of Priscilla, Queen of the Desert - Friday, August 28th, 7:05pm, movie at 8:05pm

Jaws
Sunday, August 30
Gates open at 7:05pm, movie at 8:05pm

We are located on the great lawn at Open Space! ALL ticketing and concessions must be purchased in advance & online at this time. Tickets at vashontheatre.com in advance. Food ordering on line at https://order.ehungry.com/Night-Light-Drive-In

Vashon Theatre
17723 Vashon Hwy
206-463-3232
Call for Info

More available at www.vashontheatre.com

Advertise in the Loop!
It’s a great time to get back in the Loop.
ads@vashonloop.com
Or call 206-925-3837

Espresso
Latte and Wisdom
To Go
Monday - Friday 5:30am - 3:00pm
Saturday 7:00am - 3:00pm
Sunday 8:00am - 2:00pm
Welcome

17311 Vashon Hwy Sw

WRE Vashon-Maury Island, LLC
www.windermerevashon.com
17429 Vashon Hwy SW
206-463-9148

The island home experts

WRE Vashon-Maury Island, LLC
www.windermerevashon.com
17429 Vashon Hwy SW
206-463-9148

New Listing!
NORTHEND STUNNER - Embrace waterfront living from this gorgeous home w/ elegant details, expansive views, 120’ of frontage, boulder bulkhead & art studio.
#1646134 $1,490,000

PENDING!
GLEN ACRES WATERFRONT HOME - With amazing views from almost every room. NW Contemporary style with fully finished daylight basement. 152 ft. of frontage.
#1634586 $999,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
LOCATION, LOCATION! - The quintessential vintage summer cottage on inner Quartermaster Harbor with easy low-bank access to a great swimming beach!
#1626529 $850,000

MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
SWEET BEACH CABIN - Adorable 240 sq. ft. cabin on 2 recreational parcels with 200’ of waterfront. Cabin has living, kitchen, sleeping quarters & bath.
#1627493 $219,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
THE ISLAND HOME EXPERTS

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000

PENDING!
MANZANITA WATERFRONT - The perfect beach retreat - 2 bdrm/ 2 bath home with gracious main living spaces, off street parking & a fantastic spot on the beach!
#1640082 $625,000

PENDING!
WATERFRONT BUNGALOW - Private & centrally located, this home offers many new updates, peaceful views, and an easy trail to 100’ of frontage on a sandy beach.
#1641621 $475,000
Dockton seawall repairs on Vashon Island Aug. 31-Sept. 17

The work requires a full closure of Dockton Road SW at Tramp Harbor Road SW and extending southward for about 1,000 feet. A posted detour will direct drivers coming from either direction to Monument Road SW. Work is expected to begin at 7 a.m. Monday, Aug. 31 and continue through 4 p.m. Thursday, Sept. 17.

Crews will work from the early morning until the evening Monday through Friday, although tides will affect specific start and stop times.

During phase one, King County repaired 90 feet of failed timber wall and backfilled 23 small sinkholes adjacent to the seawall and two 13-foot-diameter sinkholes near the parking lot. Phase two will repair an additional 100 feet of seawall and another nine sinkholes that were found during a recent annual seawall inspection at the beginning of August. The County split the repairs into two phases to address the most urgent repairs as soon as possible.

As a reminder to residents, the pier owned by the Vashon Park District located near the work area is closed.

Additional work coming to Vashon Island

Later this fall, Road Services will return to another location on Vashon Island to repair the north expansion joint on the Judd Creek Bridge, which is located on Vashon Highway, south of SW Quartermaster Drive. The bridge will be closed to all traffic for three weeks during construction and a signed detour will be provided.

Vashon Community Care is Hiring

VCC has open positions for caregiver and housekeeper! This is a union job and pays $15-$20 dollars.

Contact Wendy Kleppe. Email is: wkleppe@vashoncommunitycare.org

Upcoming Parent Webinars on Youth Substance Use

VARSA is offering two parent education webinars in September. Our mission is to reduce and prevent underage substance use, and one of the most effective ways is to educate parents of teens. You are the expert when it comes to your child, and as knowledge is power, we are here to provide ways to help you parent more successfully.

These two webinars cover youth alcohol and substance use. We know that the past 6 months have been stressful for adults, teens and children alike. While your teen may not turn to substances to cope, you probably know teens who do. So, educate yourself and be that person a teen can talk to.

Pre-registration is REQUIRED. These classes will fill up fast so register today!

These classes are offered FREE OF CHARGE – paid for by VARSA through federal funding with support from WA Health Care Authority and King County Department of Community and Human Services.

Officer Jermaine Galloway (www.tallcopsaysstop.com) is an internationally recognized instructor and expert on various drug and alcohol trends, addressing underage drinking and drug usage.

His motto is “You can’t stop what you don’t know”. Tuesday, September 22nd 6:30-7:50 p.m.

High in Plain Sight: Current Drug Trends, Concealment, and More

This training will cover various trends in underage substance use: opioids, over-the-counter drugs, legal drugs that are used and abuse, along with popular alcohol trends. Items used to conceal drugs and stash compartments will also be discussed.

Registration: https://attendee.gotowebinar.com/register/8688774498342000908

Thursday, September 24th 6:30-7:50 p.m.

Vape Pens & Dabbing: Various Vapes and Marijuana Concentrates

This session will cover the sweeping trends of marijuana concentrates, also known as “dabbing”. Marijuana concentrates and vaping are sweeping the country and quickly becoming one of the most popular trends among teens.

Registration: https://attendee.gotowebinar.com/register/8390937689089341900

Get a Date with Vashon!

www.VashonCalendar.com
Vashon Library Events
Art & Music Events
Submit your Event on line at www.vashoncalendar.com

Make a date with Vashon!

www.VashonCalendar.com
Vashon Library Events
Art & Music Events
Submit your Event on line at www.vashoncalendar.com
The Vashon Loop, p. 4

August 20’ 20

John Sweetman’s Mother was notorious for making odd combinations such as ‘avocado’ and mango... things that were unusual in the early fifties.

One time when cream was in short supply... She used homemade buttermilk. Made kind of a sherbet with pineapple... Surprisingly good and later she told me that she had not replaced sugar and added melted milk powder... it was good and probably ‘Baskin Robbins’ stole her idea.

It was a nice warm sunny day when John and Diane came over with their homemade ice cream. Not the kind you had to crank by hand, when the cream began to thicken and the cranking became harder. John’s ice cream maker had an electric motor; the strawberries had just died off the bush, juicing easily and so sweet as to make Johnnie Matsumoto and his huge Marshall strawberries; lose the race.

In the old days we would have to pack the bags of ice down from the peach orchard where the car was parked and make ice cream in a stainless steel drum that was full of cream clear to the top where the shaft to the paddles stuck out! Alternate layers of ice and salt were laid there. The cream became thicker the colder the drum got, the right combination of salt and ice made the steel drum fog on top and the cranking: ‘Hey Mom, make me kick that seat, make him stop,’ Molly whined. Mom responded, ‘You kids stop your bickering.’

Any plea to stop for ice cream was wasted; if we were acting up in the back seat. “Awe Mom, Please?‘ fell on deaf ears.

In the summer we often stopped at the Homestead at Portage after Sunday Mass at Dockton, where the picnic table was covered with a hand split cedar roof and our Grandfather, Papa Jim had a large white apron and a white chef’s hat while he flipped pancakes on a steel grate over a wood fire with a six foot concrete chimney. Grandma Ada would be busy mixing batter and carrying it out to the fire, with her red bandana wrapped around her head. There were 52 Malones’, Mattson’s and Carahers living on Vashon at the time.

Hand cranked ice cream was almost a Sunday habit as we fought over who got to lick the paddle after most of the ice cream had been scraped off.

Later in the 70’s, Sister Molly remembers Cousin Michael Pickford sweating at the crank for 90 minutes with only runny ice cream to prove it. Michael didn’t have the right combination of salt and ice.

Oh, the stubbornness of humans. When Rick first became seriously ill, he wouldn’t go to the doctor.

“I’ll work it off,” he said, which is what he’d done all his life with every ache, pain, sprain, etc. Turns out you can’t work off cancer or kidney failure.

I was angry about his refusal to take care of himself until he was nearly dead, and talking with other women, who said their husbands were just the same, I decided it was all men. Men! So stubborn!

And then... I had my TIA. Transient Ischemic Attack, or a little stroke that resolved itself so was not a stroke. Woke up with a loud noise in my head, a weak left arm, and crap balance.

This happened at four or five in the morning, of course, so I called a nurse hotline and the nurse told me to call 911.

But I didn’t want to do that.

Part of the reason was that my grandson was living with me then, and he was asleep upstairs. I had to make some provision for him. Finally called Becky, and asked her to take me to the ER. She came over, looked at me, and told me she would take me to the fire station.

I argued with her, but finally gave in. She took me to the fire station, where the EMTs put me in an ambulance and whisked me away to Swedish, Cherry Hill. Becky, god bless her, took care of my grandson, until she could hand him off to my son, Uncle Drew.

By the time I got to the hospital my symptoms were gone, but they kept me for a night for observation. That’s why I take a blood thinner.

So now I don’t think stubbornness is a male trait. It’s a human trait. I think most of us, maybe all of us, are pig headed, or simply don’t want to admit something serious is happening.

“I’ll work it out.”

“I’ll just sit here with these stroke symptoms, and call Becky instead of calling 911.”

“I’ll put up with these chest pains all weekend and call Mary on Monday morning.”

I’m off my high horse of being angry at Rick, or anyone, for being stubborn. It is humbling to realize that refusing to get help is exactly what I did when the time came.

The best things I learn in life involve being humbled.

Takeaway: When someone tells you your symptoms are gone, but they kept me for a night for observation. That’s why I take a blood thinner.

Oh, the stubbornness of humans.
Sylvain was there - the one that won the mile per hour sprint - one that these cats showed off its ability to achieve a forty. A coyote seized on an opportunity and grazed as if these are legitimate areas to peer around shrubs and over the ground. There are other spots that he approaches cautiously and then stops to peer at. There are other points on the ground. There are other spots that he was his main, human-activated portal to points that are anywhere else in the neighborhood besides the field-fenced back yard. Sylvain’s recent, unscheduled departure from the planet, as recounted here the last time I saw him, was his recognized as the only place out of doors around here that is safe from the figurative wolves at the door. Sometimes, in some places, and in some indexes, they are indeed known as prairie or brush wolves, but here I am of course talking about the coyotes that have invaded what once was a quiet neighborhood safe for pets, and apparently is no more.

From readings on the Vashon Nature Conservancy website and other well-known sightings of Canis latrans on this Island is sometime in 2005. I kind of remember the rumors then, but never really heard the evening pack pass over the electronic borderline. However one of that bunch proved early on that, unlike Taanker before her, she had lost the invisible fence and the shock that ensues when a border break is attempted from the inside. That is why we put up the field fence, although in a much smaller area. This barrier also has kept out the marauding deer and allowed small apple trees to not be torn apart by their pellets, and there is a number of other plants that have thrived in this barricaded sanctuary of sorts as well. It also is a formidable deterrent to the coyotes.

Sylvain’s arresting and annoying yowling at the door does at times gain enough attention that he is permitted to temporarily escape the confines of house and fence zone to walk freely, with a minder, out in the front entrance path to the driveway, or along the front front turnaround and then come back to the front porch, underneath which is soft dirt that appears cat box tried and tested. All others, except for his favorite foraging area, now. And just the other day he went and sat in one of his favorite observing spots and he stared into some tall grass, so that we could see him and the area he was and then came out with a small mouse that he terminated in a fashion and quickness that was perfectly normal for him and in his final moments. There apparently was no concern either felt or expressed by Sylvain that his brother had met a similar fate to this mouse. It is, after all, the wild kingdom here, and that is the way we do things, or at least they do.

It was the reason we got Sylvain and Sebastien to begin with - to help in reducing the rodent population around the house, which had mostly gotten out of control by the time we got them. They did their job extremely well, and often left evidence of their hunting prowess along the path to the front door, perhaps so that we would see it prior to receiving their greeting, and perhaps so they would get some bonus pets on the head, both for being there to welcome us home and for the protection they offered. And then, when it dawned on us that perhaps Sebastien might not be coming through with the requisite bit of mourning that supposes there is some recognition of loss and an inconsolable wail - that is if you apply the social interaction is no longer "normal". Social interaction is no longer "normal". Politics, well, yeah. What it appears is seemingly normal for Sylvain is to go out the front door, or one of the now closed fence portals, and wander up the driveway. There are certain moss-covered spots along the drive that we turn our heads to look at, but only to see and then move on. All others, except for the front porch, underneath which is soft dirt that appears cat box tried and tested. We have observed for organisms moving about, and some even foraging. We have not. And just the other day he went and sat in one of his favorite observing spots and he stared into some tall grass, so that we could see him and the area he was and then came out with a small mouse that he terminated in a fashion and quickness that was perfectly normal for him and in his final moments. There apparently was no concern either felt or expressed by Sylvain that his brother had met a similar fate to this mouse. It is, after all, the wild kingdom here, and that is the way we do things, or at least they do.

By Peter Ray

There are times when it is short, sharp and to the point. Other times it could be a blend of the inexpressible and inexpressible that is if you apply the anthropomorphic filter to it, the one that supposes there is some recognition of loss and an inconsolable wail. There is, and so it goes on. I am referring here to Sylvain’s varied bits of yowling as he circled the house. At times it was his main, human-activated portal to points that are anywhere else in the neighborhood besides the field-fenced back yard. Sylvain’s recent, unscheduled departure from the planet, as recounted here the last time I saw him, was his recognized as the only place out of doors around here that is safe from the figurative wolves at the door. Sometimes, in some places, and in some indexes, they are indeed known as prairie or brush wolves, but here I am of course talking about the coyotes that have invaded what once was a quiet neighborhood safe for pets, and apparently is no more. It is still, and probably wasn’t anymore. It is still, and probably never really heard the evening pack pass over the electronic borderline. But they were the sentinels that got to welcome us home, until one of them might pass over the electronic borderline. And never really heard the evening pack pass over the electronic borderline. But they were the sentinels that got to welcome us home, until one of them might pass over the electronic borderline. And just the other day he went and sat in one of his favorite observing spots and he stared into some tall grass, so that we could see him and the area he was and then came out with a small mouse that he terminated in a fashion and quickness that was perfectly normal for him and in his final moments. There apparently was no concern either felt or expressed by Sylvain that his brother had met a similar fate to this mouse. It is, after all, the wild kingdom here, and that is the way we do things, or at least they do.

It was the reason we got Sylvain and Sebastien to begin with - to help in reducing the rodent population around the house, which had mostly gotten out of control by the time we got them. They did their job extremely well, and often left evidence of their hunting prowess along the path to the front door, perhaps so that we would see it prior to receiving their greeting, and perhaps so they would get some bonus pets on the head, both for being there to welcome us home and for the protection they offered. And then, when it dawned on us that perhaps Sebastien might not be coming through with the requisite bit of mourning that supposes there is some recognition of loss and an inconsolable wail - that is if you apply the
Cool Soups for Hot Days

As I write this at 9:30 p.m. it's still a stubborn 83 degrees in my house and today's Seattle Times says it will get hotter as the week goes on. Not to worry; Daughter Suzanna has promised to bring ice cubes. And we'll have the air conditioner going, for dinner tomorrow night. Steve and I will probably have cold cucumber soup for lunch tomorrow.

Variation: Omit the food processor or blender. Stir all ingredients together. Chill. Serve as a dip or salad dressing.

Cold Cucumber Soup

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/4 cup minced parsley, packed</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4 cloves garlic, smashed, peeled and chopped</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 quart plain yogurt</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 quart shredded carrots</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3 green onions, minced</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 cucumber, peeled and chopped</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 tablespoon chopped fresh dill</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2/3 cup soured cream or 1/2 cup plain yogurt</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 sprigs fresh tarragon or 1/2 teaspoon dried tarragon</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 tablespoon chopped fresh dill</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dash salt</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To view adoptable Cats and Dogs

Chairman Meow Needs A Home

I'm one of those adorable orange boys, in the proud tradition of Morris and Garfield. I get along with other cats in my foster home, and I'm fine with kids, too. I have a condition called FIV, but it doesn't keep me from being very active. Even growl at dinner! You can visit me at my foster home.

I like to talk (that's where my name comes from), so I hope you want to hear my story!

Road to Resilience

Continued from Page 1

I informed the way that I proceeded to provide for myself here on Vashon. I did have to buy my land but everything beyond that I built myself and mostly out of materials I salvaged or things I found on the land. The old high school that was torn down around 1980 was a rich vein of gold for me.

How do we rebuild the commons when we have already sold off or given to the highest bidders? I'm afraid there is no going back to the past, and that may be for the best, but I think there are ways that we can bring back some of the best aspects of the commons back, and, once again, make the dream of owning your own home and garden a reality for all. We as a community will have to keep on building. One of the most efficient ways to do that, as I've said many times before, is with a community land trust. We already have the example of the very successful and appreciated Vashon Maury Island Land Trust, which conserves natural land and the life thereon in perpetuity. We can also maintain housing stock that is affordable to our lower income neighbors.

Gradients, Inflections, Palindromes

In August, VALISE Gallery presents Gradients, Inflections, Palindromes, a solo exhibition of Lenard Yen’s vibrant paintings. Yen, who is a member of the artist collective, will show a set of color abstractions that are both full of emotion and also meditative views of stillness and explorations into expressing light in vivid form. “These color abstractions came out of a passion for mixing viscous pigment and navigating around color spaces. Light being the source of all color, I find experimenting with the full spectrum an unending delight. It is in our visceral relationship with color and color families where emotion, memory, and resonance are embedded. I paint light as energy, using high chroma hues and resonance are embedded. I paint light as energy, using high chroma hues and corral light into crystalline forms, biomorphic shapes, or through apertures like windows to the beyond. I invite the viewer to engage in these works whose juxtaposition of colors pose both an objective and a subjective concept of reality. They meet in the illusion of massless form and ambiguous space suspended in light.”

Valise Artist Collective and Gallery will be open on first Friday, August 7, from 6 to 9 pm. The show runs through Saturday, August 29. This is the gallery’s first foray into in-person viewing since Covid-19 safety measures began in late February. Protocols will be in place to ensure the safety of guests during these difficult times. Persons entering will be limited to groups less than five and masks are required. In addition, VALISE will be open on Saturdays during August from 1-5 pm and by appointment. Signsups can be made for this show by e-mail: lenard@lenardyen.com. VALISE Artist Collective and Gallery is located in downtown Vashon at 17633 Vashon Highway SW, Vashon Island, Washington.

Compost the Loop

The Loop’s soy-based ink is good for composting.

Sarah Christine Live Stream Concert

Vashon Live Presents: Sarah Christine Sunday, August 30th, 8:30pm

The Campfire Sessions
http://www.facebook.com/vashonlive
Donate through PayPal: paypal.me/sarahchristinesings
Donate through Venmo: @Sarah-Christine-27

Sarah Christine is a visionary songwriter, soulful siren, composer, multi-instrumentalist and recording artist with a deep desire to facilitate connection and healing on the planet through music. She is a passionate lover of life and catalyst for change who uses music to create authentic, uplifting experience that ignite the senses & penetrates the soul. Her evocative, angelic voice beckons the listener inward to remember their own truth within while her unique sound blends Acoustic Soul, Reggae, R&B and Gospel to provide an upbeat yet soothing soundscape for her enchanting vocals to soar over. Whether performing solo acoustic or with a full band, her shining presence radiates while delivering conscious lyrical affirmations intended to stimulate awakening and empowerment.

For more information on Sarah, visit her website: https://sarahchristinemusic.com/

Advertise in the Loop!

It’s a great time to get back in the Loop. ads@vashonloop.com or call 206-925-3837
by Eric Francis (http://www.PlanetWaves.net)

Aries (March 20-April 19)

You must be clever with money this week, and take advantage of any opportunities that come your way. Such are more likely to occur in your immediate surroundings, allowing you to do a great deal in your plans. This is often the moment of invention or breakthrough: something you’ve been waiting for is about to present itself, so don’t be overly莓anxious, though it presents an opportunity to make a decision. It is in that moment of interruption when you can expect the unexpected. However, it’s critical that you proceed in a gentle, persistent and nonviolent way — yet without any restraint. The moment may have you feeling you may feel some powerful emotions moving through you, and the thing not — as in n-o-t — do is to take them out on yourself. Don’t take that out on others either. You need pressure vents, creative outlets and quite possibly sexual outlets. If you feel inclined to use ‘power’ in some way, try another concept: leverage.

You exercise less, not more; the right tool will help you get the job done, including the right spiritual or psychological tool. You have many.

Taurus (April 20-May 20)

It’s important to you to dream of what you think of as your limits. This is a central topic for Taurus Sun and rising, and to some extent Moon: a set of constructs that in essence serve to bind you in the past. Most people pass through your belief structure, though you have in recent years, and particularly this year, come to understand that structures that demonstrate many of your beliefs are no longer applicable. Several of your past experiences that would serve to uphold those beliefs have been called into question. Ex-via the whole concept of belief, I would offer two things. They make difficult decisions easier. Think of them as training wheels on a bicycle, which are good at first (maybe), though you cannot go far. They also serve as insulation to help you get through your belief structure, though they serve to bind you to the past. Mostly this happens when you are not anticipating, which may discover when you do that is that you grow to love your calling in a way you never loved anything else. Many things are fed, nurtured and come to life through your moments of questioning, and then waking up and finding yourself. This helps you to work through some of your emotional version of some of those to work with, though you’re at the stage where cracking through them can be fun and pleasurable in a courageous way.

Follow your curiosity with passion and intrigue. As is said in the Pathwork, sexual curiosity is in its most life-affirming form. For anyone whose livelihood has involved in some process of assisting, the state of your health, and how you feel in your mind, body and spirit are of particular concern, what you are actually doing in these days of your life is establishing your priorities. You may find it helpful to experience of artistic and creative outlet, once you knew what your priorities were, then some event, incident or discovery wakes you up and you begin to make some direct for discovery. Mars is making contact to direct discovery. Mars is making contact with you, and then waking up and finding yourself. This has worked one way through most of your life, and due to Chiron’s presence in Aries, it is now working another way: mostly, that you are skipping the “losing yourself” part of the process and going direct to discovery. Mars is making contact with Pluto in Capricorn. A decade of this vital part of you in that particular process, and then waking up and finding yourself. You have one more of those to work with, though you’re at the stage where cracking through them can be fun and pleasurable in a courageous way. Follow your curiosity with passion and intrigue. As is said in the Pathwork, sexual curiosity is in its most life-affirming form.

Libra (Sept. 22-Oct. 23)

Prepare for a hoseball about sex.

One, two, three, here goes: Your self-advocacy is now coming into play. This has compelled you in that way only Pluto has compelled you in that way only Pluto has compelled you. One, two, three, here goes: Your self-advocacy is now coming into play. This has compelled you in that way only Pluto has compelled you. One, two, three, here goes: Your self-advocacy is now coming into play. This has compelled you in that way only Pluto has compelled you.

Scorpio (Oct. 23-Nov. 21)

The ancient and modern rulers of your sign are forming a square aspect right now. — Mars in Aries冲突! Conflict, confusion, mystery, and more are on the agenda. If you study this aspect in books, it will be like reading the treatment to a David Lynch psychological thriller with a touch of the Godfather. You will likely get swept away into the light of the day and the dark of the night. And you need appropriate companionship of peers with whom you are not directly related. This is a direct process assisting people with whom you may be open and speak from the heart.

Leo (July 22-Aug. 23)

If you are wondering what to do with your hours, your days, or your life, the answer is to discover what is called upon to serve? This is not so much about what you want to do but rather the way you feel summoned to take a particular role. The value of preference is way overstated. Many people of great accomplishment followed a calling rather than a passion. What you loved may discover when you do that is that you grow to love your calling in a way you never loved anything else. Many things are fed, nurtured and come to life through your moments of questioning, and then waking up and finding yourself. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices. This is more like shooting pool than it is forward into what motivates your choices.
Corrine’s grand Rumspringa comes to an end with another cross country drive with her Momma. ALSO in amazing news, I’ve been married 30 years and the hubster turned 60. Yes, 60!!

Bo’s Pick of the Week: Big sale on new Kong dog toys as well as a great deal on a new dog food that we may or may not carry, try it out and let us know.

(206) 463-3401
$8 Nail trimming with no appointment
17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

PANDORA’S BOX

WET WHISKERS
GROOMING SALON
PROFESSIONALLY TRAINED
CERTIFIED GROOMER

We Offer:
- Wash and Go
- Bath and Brush out
- Thin and Trim

CALL TODAY FOR AN APPOINTMENT
(206) 463-2200
17321 VASHON HIGHWAY SW
LOCATED INSIDE PANDORA’S BOX

DANNY’S TRACTOR SERVICE  206-920-0874
- Land and storm damage clean up
- Tree Cutting and removal
- Field mowing, brush cutting and tilling
- Hauling and refuse removal
- Scrap metal removal
- Driveway repair and grading

Dan Hardwick
oldredtruck@comcast.net

ISLAND ESCROW SERVICE

Dayna Muller
Escrow Officer
206-463-3137
www.islandescrow.net

Notary
Discount to repeat clients

PERRY’S VASHON BURGERS
Celebrating 18 years Serving Vashon Island
17804 Vashon Hwy SW
Open 7 days a week
11am to 8pm Monday-Saturday
12pm to 5pm Sunday

Welcome Back!
Dine In and Take Out
Come See what’s New