

## Portraits of Elders: People Who Inspire



*Bruce Haulman by Donna Botten*

The July show at Vashon Allied Arts Gallery opens on Friday, July 5, and poses the question “What is the definition of the word “elder”? The five artists in the show explore this question and their answers are as varied as the portraits they created for Portraits of Elders: People Who Inspire.

People who attend the exhibit will recognize many – if not most – of the faces in the portraits. They may also learn something new about individuals they see every day.

The concept for the show started with Vashon painter Olivia Pendergast, who was inspired by hearing nationally recognized author and storyteller Michael Meade speak about the cultural importance of elders. For Pendergast, the word “elder” means something much more subtle than a chronological age or a list of accomplishments.

“It’s about the feelings an elder inspires in others,” said Pendergast. “I’m intrigued by the vibrant interaction

*Continued on Page 9*

## 2013 Summer Concerts In The Park



*Incendio performs July 5 on the Ober park Stage*

It’s that time of year again, the sun is out, you’ve got your shorts and flip flops on and you’re enjoying what little summer comes our way. Nothing better than throwing down a blanket in the grass and listening to music or watching a play on an outdoor stage.

With the library construction taking place, the performances in Ober Park will be reconfigured to the east side of the Parks Department building, but there is still plenty of room to lay out your blankets, relax and enjoy the

entertainment. The kids will be able to play on the playground while parents are close. Everybody wins.

The concerts are presented and funded by Vashon Park District in association with Vashon Events and Vashon Allied Arts. The Incendio concert is being co-sponsored by music enthusiast and huge Incendio fan, Jessa Zimmerman on her 50th birthday. Jessa couldn’t think of anything she wanted more than to hear Incendio play live

*Continued on Page 11*

## The Road to Resilience Coworking

In the last few columns, I was talking about how we need to stop seeing ourselves as consumers and start thinking and acting as citizens. Being a good citizen means striving for social, environmental, and economic justice through sustainable activity. The critical element is the economic side. I don’t think any activity can be truly sustainable if it doesn’t provide a livelihood for those that tend it in addition to creating common wealth for all of our web of life. I want to report on a new way for us to be more productive citizens locally.

Island resident Carolyn Amick would like to introduce us to a new working arrangement that would enhance community, encourage new island business startups, save a great deal of time and energy spent commuting to the mainland, and allow for cooperative interaction that could improve the individual productivity of many that work there. This new concept which is taking root across the country and in Europe is coworking.

From Wikipedia: “Coworking is a style of work that involves a shared working environment, often an office, and independent activity. Unlike in

**By Terry Sullivan, Transition Vashon**

a typical office environment, those coworking are usually not employed by the same organization. Typically it is attractive to work-at-home professionals, independent contractors, or people who travel frequently who end up working in relative isolation.

Coworking is also the social gathering of a group of people who are still working independently, but who share values, and who are interested in the synergy that can happen from working with like-minded talented people in the same space” In the coworking world it is known as “accelerated serendipity”.

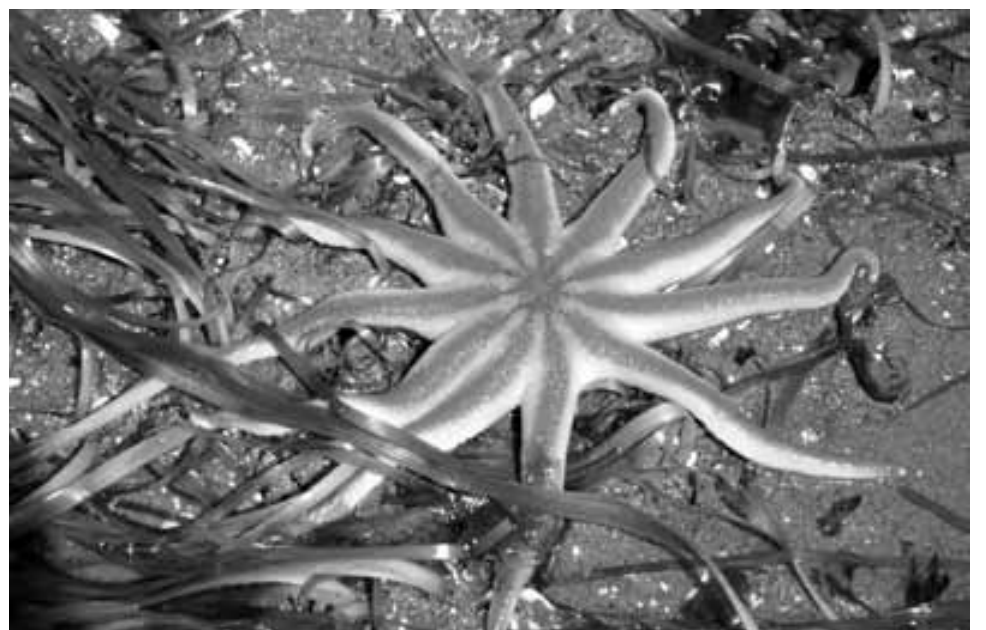
Coworking offers a solution to the problem of isolation that many freelancers experience while working at home, while at the same time letting them escape the distractions of home.”

A coworking center can incorporate the printing, conferencing, and any other media/internet capability that would allow or enhance the ability of both employees and independent workers to do their job without having to go to the mainland.

Bolstering our community, our local economy and our nonprofit and for-profit productivity while lowering our carbon footprint is exactly what we need

*Continued on Page 9*

## How to Visit a Sea Star at Home



June 23rd will be a special day for us humans to get together with our seashore neighbors in their sandy and cobbly living rooms. There are hundreds of animals on Pt. Robinson beach waiting to welcome us – are we ready to be good guests?

So just what is the proper etiquette when visiting a sea star in its home? How do we politely greet a crab or a moon snail?

The first, and most important thing to remember is that there are LOTS of us and we are big! And we are visiting them

at a time that is actually pretty tough for them. They are out of their element. The water has left them high and dry and they are feeling a little stressed, a little exposed and probably a little sensitive. We care about these animals and want to help creatures we find on the beach, but consider this; these animals have evolved to not just survive but to thrive in this environment.

Take our friend the sea star. The tide goes out and leaves her on the beach two times just about every day. Yet she

*Continued on Page 9*





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## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Quintessentially Vashon

Another fine example of Vashon’s Friendly Supportive Community:

I was house-sitting in Dockton this last weekend. I spaced, left my dome light on in my vehicle--Very Dead Battery!

Well, I wanted to leave Tuesday (6-11-2013), but I had no jumper cables, no AAA, I was stuck! I knew no neighbors, I felt marooned. But I heard voices nearby, workers from Zellerhoff Construction were excavating for new septic systems. When I explained my situation, they immediately came to my rescue!

Charles tried to jump start it, battery was too drained. (My fault, I left that light on for over 2 days). Frank brought a trickle charger, set it up, in 3 hours I was good to go!

Deep, Heartfelt Thanks to you guys, this was an uplifting experience.

Carol Canterbury

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### VIPP Needs Parade Volunteers!

The VIPP mission is to take care of any and all dogs and cats on our islands who are in need of homes. VIPP has succeeded getting the message out to the folks who live here. We are over-populated at this point with cats.

VIPP is in a HUGE need to have people walk in the Strawberry Festival Parade this year July 20.

During the parade, we need 70-80 people to walk in the parade. Each person will be holding a poster of one VIPP dog or cat in our system; that person will be representing the animal whose picture they are carrying. This includes dogs and cats in foster care, all adoptable or not adoptable animals. We have close to 60 cats that should be in the shelter, we have permanently fostered cats, and we have an ever-changing number of dogs in our care. The people on Vashon/Maury need to see how many animals we are taking care of. Please join us.

In the past, the parade for walkers started from the PSE road just south of Kathy’s Corner and ended somewhere around the library that is being renovated. I think it’s about a half mile, a flat surface to walk on.

If you don’t want to walk the parade, we could use parade marshals. If VIPP can come up with 5 or 6 to wear orange vests and stand along the parade route to keep the children from running out into the parade, we could get our tent rental free.

Please respond to Randy York at [randykayyork@centurytel.net](mailto:randykayyork@centurytel.net) or give a call at 463-4343.

PLEASE JOIN US THIS YEAR, IT IS VERY IMPORTANT. Even if you cannot participate in the event PLEASE come to the VIPP booth during the Strawberry Festival event for more information (or contact [www.vipp.org](http://www.vipp.org) at ANY time) for more information on how to adopt a new 4 legged family member, how to become a needed cat or dog foster parent, how to become a VIPP volunteer or the best ways to make much needed donations! Thank you!!

Joanna Gardiner

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### Festival Volunteers Needed

Volunteers are needed to help with the Strawberry Festival. Call 206-463-6217 for information. And mark your calendar for July 19, 20 & 21.

### Health Care Reform, it is coming are you ready?!

Tuesday June 25th from 9:00 am to 10:30pm @ Penny Farcy Center.

We want you to be prepared and help you understand the upcoming changes associated with the Affordable Care Act. In less than four months individuals, families and small businesses will be able to enroll in health plans through the Washington Benefit Exchange (<http://wahbexchange.org/>). Everyone has a lot of questions so this is your chance to learn more and get some answers. The Chamber of Commerce and The Brown Agency are hosting an informational forum on the upcoming changes in health care featuring a presentation and Q&A with a representative of the Washington Benefit Exchange. This event is open to all and will be worth taking the time attend. Please RSVP to [vashonchamber@hotmail.com](mailto:vashonchamber@hotmail.com).

### Wolftown is in need of your help!

We are financially struggling and Pete lost his job which was a big part of our income to help with the care of our rescued and rehabilitating wildlife. (As well as ourselves!)

Pete and I have spent nearly all our own money keeping the project going.

Teaching balance of ecosystems, compassion and sustainability through our agriculture programs. And with the agriculture programs we support the Vashon Food Bank.

Wolftown is a 501c3 non-profit a fed/state wildlife rehabilitation and education facility.

We have one patron who **will donate 10K if someone will match it.**

We have an appreciated stock program if folks want to donate stocks. Please support this worthy program.

Thanks Vashon, T and Pete Yamamoto  
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### Low Tide Celebration opens new Lighthouse Exhibit

This year, our Island Low Tide Celebration will be on Sunday, 23 June 2013, and of course, it will be at our most popular and most used park, Point Robinson. The tide this year will be at 3.4 feet below datum, one of the lowest of the entire year.

The significance of that very low tide is that we will be able to get way out on the mudflats, and see and study the animals that only can be seen at the lowest tides. In other places, and from other writers you can see more descriptions of the activities, the people who will provide them, and where at Point Robinson they will occur. For me, it is to provide a short and pithy descriptions of tides, and why they happen, as I have done every year that we have been having this celebration.

The Keepers of Point Robinson will be opening a new exhibit, in the lighthouse, called, “Whistles, Horns and Lights”. It will open at Low Tide Celebration, and contains photographs of equipment used at Point Robinson from 1885. This exhibit is mounted with the help of the Heritage Museum, and contains some photographs never seen before in public.

So come to see us for this, our latest Low Tide Celebration. I will be in the lighthouse giving information about our own lighthouse, and lighthouses world wide, in general. I look forward to seeing you then.

Captain Joe

**Get In The Loop**  
Send in your Art, Event, Meeting  
Music or Show information or  
Article and get included in  
The Vashon Loop.  
Send To: [Editor@vashonloop.com](mailto:Editor@vashonloop.com)

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#### The Vashon Loop

**Contributors:** Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Steve Amos, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.

**Original art, comics, cartoons:** DeeBee, Ed Frohning, Rick Tuel, Jeff Hawley

**Ad sales and design:** Steven Allen  
Phone 206-925-3837  
Email: [ads@vashonloop.com](mailto:ads@vashonloop.com)

**Editor:** Steven Allen  
Email: [editor@vashonloop.com](mailto:editor@vashonloop.com)  
**Publisher:** Steven Allen  
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Phone 206-925-3837

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### Next Edition of The Loop Comes out Thursday, July 3

Deadline for the next edition of *The Loop*  
**Friday, June 14**

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# Be Considerate, Be Safe

Vashon enjoyed two years of incident free fireworks usage until last year. Thankfully, there were no reported injuries due to fireworks on the island last year, but there were two significant fires on hillsides.

The fires last year illustrate why it is so important to choose the right location to light fireworks, and why people should only use legal products. Illegal fireworks are illegal for a really good reason: statistically they cause almost all of the serious fireworks related incidents in our state. The two major categories of fireworks that are illegal in Washington State are bottle rockets and firecrackers.

The hazards of firecrackers are pretty obvious, the main one being bodily injury and hearing loss. It's also pretty easy to damage property with the devices. Bottle rockets are a little more subtle, they look innocuous with the small size, but tend to fly in an erratic fashion. They will often go somewhere they shouldn't and can light things on fire. Keep in mind that transporting illegal fireworks to the island via the ferry can get you in really big trouble.

If you choose to use fireworks always keep a charged hose and a bucket of

water nearby. If you are lighting on grass, give it a good watering a couple of hours before the show. Avoid dry areas and places where product could end up in trees. Talk to your fireworks dealer to find out how high and wide your fireworks will go so you can be prepared.

Be considerate: light only during the legal hours of discharge on July 4<sup>th</sup>. It's always a good idea to talk to your neighbors about what you are planning so they can be prepared. If your neighbors or their animals are sensitive to noise, please consider quiet fireworks or an alternate discharge location.

To help people be safe this year, Vashon Island Fire and Rescue and Vashon Fireworks Company will be holding fireworks safety classes at Sound Food. The classes are short, informative and are open to all audiences. Classes will be held on Saturday June 29<sup>th</sup> at 3:00pm, Wednesday July 3<sup>rd</sup> at 1:00pm and Thursday July 4<sup>th</sup>, at 10:30am.

Be safe, and have a happy, beautiful 4<sup>th</sup> of July!

By: Gabriel Felix of Vashon Fireworks Co and Assistant Chief George Brown of VIFR

# Vashon Artists in Schools connects the worlds of art and science

*Vashon Artists in Schools (VAIS) is a program that partners artists in our community with teachers and students in Vashon Island School District classrooms. This year VAIS is celebrating its 25th year of providing artist residencies and mentorships in our schools. Between January and June, VAIS offered 25 projects, each between 10 and 40 hours of classroom time, serving over 1,300 students. What follows is a description of one such VAIS project at Chautauqua:*

Forging connections between the authentic creative processes of the arts and physical sciences permeated a high-energy artist-teacher partnership this spring at Chautauqua Elementary School. Simple Machines a la Rube Goldberg, a VAIS classroom-based residency, brought together Vashon artist Ela Lamblin with teachers Geri Wilson, Glenda Berliner, Joleen McCauley and 75 eager multi-age students. The teachers wanted to combine their classroom study of colonial times and simple machines by modeling a master-apprentice

Students gained understanding that systems are made up of parts that work together to make a whole as well as the physical science principles of friction, lever, wheel and axle, inclined plane and potential or stored energy. Everyone made connections within and across the arts to science, colonial times, other cultures and the nature of work.

Ela Lamblin, a master of kinetic art and sound, is one-half of Lelavision, a Vashon-based professional touring company. He builds large sculptures that are both musical instruments and platforms for contemporary dance and physical theater. Together with Leah Mann, his wife, Lamblin has created Lelavision's own genre of performance, which is known as physical music. Lelavision has toured seven countries, performing at theaters, festivals and other venues. A highlight of the Chautauqua residency was a large-scale performance by Lelavision at Open Space for the Arts, which many of the students were able to attend with their families. The



relationship, with small groups of working alongside Lamblin. With a focus on designing a machine that involved moving parts and sound, students then worked to execute their plans in a cooperative way. After much trial-and-error, the students created an ingenious contraption from recycled bits and pieces with a chain reaction that would have made Rube Goldberg proud. The 26-hour residency combined learning goals in the arts and the sciences, with plenty of emphasis on such habits of mind as cooperation, quality of work, metacognition, risking and attending.

performance featured Lamblin and Mann and seven other musicians and dancers playing and animating 26 one-of-a-kind kinetic musical sculptures.

*Vashon Artists in Schools is a collaboration between Vashon Allied Arts and Vashon Island School District. Additional generous support comes from Washington State Arts Commission, Vashon Partners in Education (PIE), Vashon PTSA and individual donors. For more information, go to [www.vashonalliedarts.org/artists-in-schools](http://www.vashonalliedarts.org/artists-in-schools).*

# Carl James Campbell

Carl James Campbell  
September 14, 1978 – March 27, 2013  
Carl has left this world an empty place. He was an extremely loving son, brother, uncle and friend. Carl always had a ready smile for anyone who needed it. He gave 110% of himself in everything he did, whether at work with his bosses, Bruce and Matt Cekosh; while using his great carpentry skill; or at play with friends or his RC cars. He enjoyed fishing and spending time with his "buds" at Lisabeula Park.

Carl had no enemies, only friends who had "not gotten with the program." He loved music and would play it and listen for hours.

Carl was preceded in death by his grandparents, James and Lois Campbell. He is survived by his parents, Tom and Pennie James, and five siblings, Sheila, Angie, Jerry, Michelle, and Billy. He also had three step-siblings, Jeff, Stacy,



Carl James Campbell  
September 14, 1978 – March 27, 2013

and Daniel.  
Carl and his passion for fun will be sorely missed by everyone who had the pleasure of knowing him.  
Rest In Peace, Carl. You earned it.  
"See ya on the other side."

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# Island Life What’s in a Name?

by Peter Ray

Before we get into the latest issue to arise from the ongoing string of issues flowing like an open sewer from the bowels of the Vashon Park District (VPD), I would first like to report on some good news that is parks related. This of course has nothing to do with any action performed by the VPD board of commissioners, or anyone else there. As it was, I happened to have some birthday money left over, so I took a sterile jar from the boiling pot of water on my stovetop and gathered a water sample of the effluent streaming from the open pipe coming off the VES Field and took it to a water testing lab in Tacoma. After waiting a little over a week, I received the results of the tests for nitrates and arsenic that were arrived at through EPA testing methods 300 and 200.8. Not really knowing what the resulting numbers meant, I was assured by water experts Michael Laurie and Susie Kalhorn that .003 mg/L of arsenic and 1.1 mg/L of nitrates were both far below health and safety standards. This does put at least one aspect of the water concerns at VES to rest, so we will leave that issue for the moment and turn to the latest revelation from the ongoing goings on at the latest bi-weekly Ober Obfuscation Fest (OOF).

Following a horse park dust up that ended with a quarter of the people in attendance exiting the building and leaving the rest of us to wonder what that was all about, we got into the meatier aspect of the evening’s meeting. This, as pretty much always as of late, had to do with the continued spending of borrowed monies in an effort to finish work on the VES field in the hopes that what has been completed by the 30 June completion deadline imposed by the Washington State Recreation and Conservation Office (RCO) will allow the VPD to be given the last of the matching grant funds offered to this project. As per usual during this part of the show, we got percentages of completion of the various aspects of this project as recited by project manager Mike Mattingly. The best part of the entertainment generally comes when we get into the great toilet debate and the discussion meanders far and wide as to how much of a fudge factor the RCO will tolerate regarding the facility that is finally put in place. It should be pointed out that “fudge factor” was an actual term used in this discussion, so you see, humor can be found even in the darkest corners of this debacle, whether it was intended or not.

As it was left a little less than a week ago, a rolling three-holer that was supposedly sitting in a dealer’s lot in Elkhart, Indiana was the sanitary object of everyone’s desire in terms of getting the job done as far as a VES restroom facility was concerned. It had been determined with certainty that the RCO would not accept a rented or leased facility, and it seemed that they were not enthusiastic about this moveable, multi-commode model. But we were assured that this was the last great hope in a stab at finishing this mess in

a fashion that might approach what the RCO has in mind. There was, of course, much back and forth around the room as to what that ultimate, finished result my be. One would have thought that someone might have inquired and confirmed what this perfect picture might look like in the collective mind of the RCO, but that of course would have required thinking on this end. Instead, we hear from Commissioner Ameling that what he has in mind is to push any obstructionist “functionaries” aside and go straight to the real deciders for a decision- presumably one Mr. Ameling has in mind as the “right” one. I thought that the particular functionary in question here, Laura Moxham with the RCO, might be interested in this exchange, so I sent her a link showing the video record of this part of the potty discussion. While I received a thank you acknowledgement of her receipt of my email, I have no idea if she watched the video. If you are interested, you are welcome and encouraged to see it on the youtubes at this address: <http://www.youtube.com/watch?v=rAT5xwITaCA> . While the entire eight and one half minutes is instructional, the relevant RCO segment begins at about the two minute mark.

The biggest revelation in all of this, though, was that Commissioner Hackett had arranged a \$25,000 naming rights deal on the mobile pooper. While it was an unscientific survey, the one other commissioner I asked about this had no idea that said deal had transpired until Mr. Hackett’s mentioning it at the meeting, continuing the board’s unbroken string of surprises and backroom dealings in spite of their continuing promises of transparency of operations. But the biggest surprise here was that the naming deal was dependent on the wheeled water closet having a place for a concession stand as well, which this trailered toilet does not. While visions of ads for Mr. X’s Log and Dog House flashed in my brain, another thought crept in, as it had to since it was a serious thought fighting its way through all the mirth and merriment that the logs and dogs had stirred up. That thought was fueled by Mr. Mattingly’s assurance that they could “build on” a concession stand. What was not talked about in the wake of this blow by, besides the ethics and desirability of unilateral decisions on the commercialization of public facilities, was what the added cost of tacking a health department approved food concession space on the super pooper from Elkhart might add to the already overspent VES budget. I’m sure Mr. Ameling could find some functionaries to sweep aside to get this done, but we are still awaiting the verdict from his previous condescending gesture toward the powers that be. Stay tuned for more excitement next time as the clock ticks down on the life and times of the Vashon Park District. And if you just can’t wait till the next riveting episode (25 June-7pm, Ober Park), you could always tune in to my vimeo channel on the internets, and watch a comedic one minute summary of how I feel after spending one to two hours behind the camera at the VPD Board of Commissioners meetings. Sometimes, in spite of it all, you just have to laugh.

<https://vimeo.com/66617801>

## TEK at Low Tide Celebration

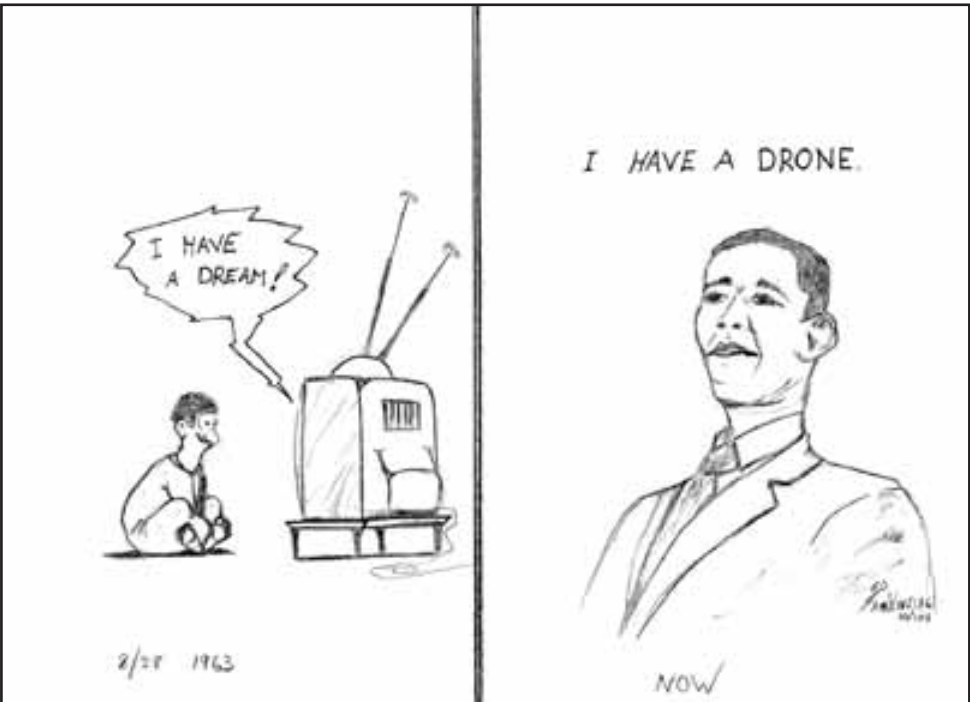
By Orca Annie Stateler, VHP Coordinator

“When the tide is out, the table is set” is a timeless expression among First Nations of the Northwest Coast. Tlingit artist and cultural educator Odin Lonning of the Vashon Hydrophone Project will explain the traditional ecological knowledge (TEK) inherent in this statement on a beach walk at the Low Tide Celebration on Sunday, June 23, 10:00 AM to 3:00 PM at Point Robinson Park.

During the week preceding the Celebration, look for Odin at the Vashon Island Coffee Roasterie, where he will be selling the Low Tide t-shirts he designed. Call 206-463-9041 to confirm hours when he will be there. Shirts are currently available in four colors, though some quantities are limited. Buy one or you’ll be bummed! Proceeds from t-shirt sales benefit Low Tide sponsors, such as the Vashon Beach Naturalists.



Odin Lonning in Low Tide T-shirt



## Spring is here and so is the 23rd annual Vashon Island Garden Tour

Weekend festivities begin with the Sunset Garden Gala, Friday, June 21, 6 pm until sunset in a festive waterfront garden paradise. Enjoy cocktails, catered gourmet dinner, wine from Palouse Winery and live entertainment. Tickets are \$125 per person and are limited. Call 463.5131 to reserve.

The Tour, Saturday, June 22 and Sunday, June 23, 10 am to 5 pm offers gardeners of all persuasions the opportunity to experience five gorgeous and wildly diverse outdoor Island sanctuaries, complete with garden talks, live music, art in the garden and discounts offered by local merchants.

**Artists in the Garden:** Penny Grist, mosaic sculpture, David Blad, ceramic tile art Brian Brenno, fused glass sculpture Shannon Buckner, blacksmithed florals Gregory Burnham, bamboo sculptures Charlotte Masi, painted gourds Mike Urban, glass flowers Barbara Wells, sculpture

**Garden Talks** - Tour ticket includes informative garden talks to fuel inspiration and cultivate confidence to tackle home garden projects. Learn how stone can play an important role in landscape design with Jan Nielsen, Marenakos Stone Project Manager.. Melissa Schafer, Landscape Designer and Certified Professional Horticulturist, shares secrets to assembling fantastic container creations. Sara Van Fleet introduces you to a pallet of plants that promote year-round garden wildlife habitat. Enthusiastic local blogger Tom Conway of tallcloverfarm.com shares gardening adventures. Learn



how to create sanctuary in your landscape by discovering the “Power of Pause” with landscape designer/author Terry Hershey.

**Garden Art Market** - In addition to viewing works by featured artists in each garden, the expanded (open 9 am to 6 pm both days) located in front of the K2 building on Vashon Highway, will showcase affordable, original art to complement outdoor spaces, plants and other delightful garden-themed items from pottery, twig birdhouses and glass to statuary, benches and baskets–created by local artists. Thanks to the Island business community, Garden Market will also feature great raffle items for the gardener in everyone.

Tour tickets are \$25. Reserve tickets now! Garden Tour proceeds benefit Vashon Allied Arts



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# Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

## Casino, Tornado, Coprolite, Dinosaur

By Mary Tuel

Went on a road trip the other week. Ever since my cousin Nancy moved back to California from Washington we’ve talked about meeting in the middle, and finally Nancy suggested we meet someplace on Interstate 5, which would be a straight shot for both of us. She knew just the place: the Seven Feathers Casino and Lodge in Canyonville, Oregon.

I may have mentioned before that my cousin Nancy loves to gamble. She occasionally wins, and has the self-control to stop playing when she’s losing. This makes her a happy gambler. When she was moving from Washington to California she stopped at Seven Feathers and hit a largish jackpot, so she is prejudiced in favor of the place.

She made the reservations. The day finally came, and we both set out, she heading north and me heading south. The radio the first day was full of news of Edward Snowden and discussion of his heroism or treason. I put in a book on CD and happily drove on.

The first night I stopped in Vancouver to visit my friend Sonya; Nancy stopped at the Rolling Hills casino in Corning, California, and won another largish jackpot. She called me to say I could order whatever I wanted for dinner the next night. This is the difference between my travels and Nancy’s travels: she often comes out ahead on the trip.

The next day, after listening to a profoundly depressing lecture by Noam Chomsky on Oregon Public Broadcasting (Portland

has the greatest selection of radio stations! Chomsky says we’re undoing the Magna Carta!), I once more headed south.

I stopped to visit my friend Pennie and her husband Tom in their new home in a small town in the Oregon mountains. They showed me a lot of the sun stones they had found the last couple of years in their searching up in the eastern Oregon desert, then handed me a petrified dinosaur egg.

Yes, friends, I held a petrified dinosaur egg in the palm of my hand. On one side was the smooth petrified shell. On the other side, the shell was gone, and you could see tiny feathers and the hints of the limbs of the creature that coiled up inside the shell all those thousands – millions? – of years ago. It never hatched, but it lives on in stone and it is a marvel to hold in your hand.

Tom also trotted out a coprolite, or lump of fossilized dung. Funny, but thousands of years later and with its organic matter replaced by minerals, it still looks exactly like what it is.

I googled “coprolite” and soon was looking at a poster of a dinosaur taking a poop with the legend, “Coprolite happens.”

Moving on to Seven Feathers, I met up with Nancy and we proceeded to do what we do so well together: nothing. By nothing I mean we talked about everybody and everything, which Nancy calls “solving the world.” So we solved the world, and we had meals in the casino restaurant, and we gambled, and we went swimming, and we slept late, for two glorious days. No large jackpots, no big losses. At the end of our two days, we sadly said good-bye and headed for home.

I drove up the Willamette Valley in torrential rains and wondered if I might see a tornado and if I’d watched too many of those storm chaser shows. Apparently, though, there was an EF1 tornado that day in McMinnville. Don’t you hate it when reality bears out your paranoia?

Arrived home tired and ready to rest up from my break, but learned that when I went south, so did a lot of things around the house, so now I’m in the middle of dealing with all that. It’ll be a long time before I leave home again, but it was wonderful seeing my cousin and my friends, and holding a dinosaur in my hand. I never expected to do that.

# This Place Matters Stand Up for Mukai

By Friends of Mukai Board

On a sunny Saturday, over 200 people gathered in the street next to the fenced and closed Mukai House and Garden to celebrate “This Place Matters – Stand Up for Mukai,” an event jointly sponsored by The Washington Trust for Historic Preservation Program, 4Culture, King County Historic Preservation, Vashon-Maury Island Heritage Association, and Friends of Mukai. The partners gathered with the members of Friends of Mukai to highlight the need to preserve and restore the landmarked Mukai Agricultural Complex; and to realize the original vision to develop the complex as an education center, as a community meeting place, and as a place to enjoy the peacefulness of Kuni’s Japanese Garden.

The “This Place Matters” event included supporting speeches by County Executive Dow Constantine, King County Council Member Joe McDermott, Flo Lentz representing 4Culture, Katharine Golding representing the Vashon-Maury Heritage Association, Glenda Pearson the President of Friends of Mukai, and Mary Matsuda Gruenewald, author of Looking Like the Enemy, a Japanese-American Internee, and a friend of the Mukai family.



Photograph by Terry Donnelly – Joe McDermott, Mary Matsuda Gruenewald, and Dow Constantine gather for the “This Place Matters” photograph.

In describing why the Mukai property must be saved, Dow Constantine said we all “have a common interest in the survival of the house and property.” Flo Lentz, from 4Culture, recognized that the Mukai property “is all about the Vashon story, it is a piece of

island history, and the people of Vashon must be involved in its future in a meaningful way.” Joe McDermott reiterated this theme saying “This place matters for Vashon, for King County, and this place matters for the region.” Katharine Golding, told the crowd that the Heritage Association “very enthusiastically supports the Friends of Mukai.” And, Mary Matsuda Gruenewald remarked that she was “very, very pleased to be here as a witness to the history of the Mukai family and their part in making Vashon a place noteworthy around the country.”

Glenda Pearson, Friends of Mukai President, noted, “The fence surrounding the house and garden was a visible symbol to all who attended of the differences between those sponsoring this event outside the fence, the people seeking to restore the property and open it to the public; and those inside the fence who have failed in 13 years to make significant progress in realizing the original vision.”

The street fair, speeches and music culminated with Jean Sherrard, who works with Paul Dorpat in producing the weekly “Now and Then” column in the Sunday Seattle Times, taking a mass photo of the over 200 people gathered around a giant banner which read “This Place Matters.”

Friends of Mukai helped organize this event with their partner organizations to highlight the communities desire to see and participate in the restoration of the house and garden, something that absentee Island Landmarks has not provided over the past 13 years. Friends of Mukai wants to help realize the original vision to develop the Mukai site as an iconic historic site for Vashon, for King County and for the Pacific Northwest region.



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Clockwise, left to right: dinosaur egg, coprolite, sun stones

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**Aries (March 20-April 19)**

I suggest that as you make decisions and attempt to organize yourself in what may be an unsettled moment, you follow the idea that a home is best organized from the kitchen outward. The kitchen used to be the hearth -- the fire at the center of life, used for warmth, cooking and as a spiritual focal point of the home. In any situation you find yourself, see if you can determine the fire at the center of the situation. Notice the most pragmatic elements and focus on them. Arrange the situations you're involved with in such a way that you ensure that everyone in your immediate household or sphere is taken care of, and that nobody is left out. There is plenty to eat; there is plenty of space; offer what you have to those around you when you notice that someone has a need you can fulfill. Any confusion or ambivalence you may feel will resolve itself when you put your priorities in order, and right now those can easily be described by a concept that's easy enough to understand: nourishment.

**Taurus (April 19-May 20)**

Any troubles or challenges that a partner is going through will be responsive to a spiritual approach. That starts with being open to healing, and you may be the one who guides the discussion out of the dark and into that direction. Yet I suggest you notice what you can about what anyone else's situation says about you. Some say that 'relationships are mirrors', though I've never been fond of that -- it seems too accusatory. I would say that relationships can be reflective, they are the basis of a dialog, and that people can compliment one another in unusual ways. At the moment, you have resources that can be helpful to those around you. You have a perspective, both intellectual and emotional, that can improve your situation and those of close partners or associates. Whether you agree with that notion or not is one form that the 'reflection' aspect of the relationship will take.

**Gemini (May 20-June 21)**

I suggest that over the next week or so, you try a few things you thought were impossible. Include among them something that you really, really want to go well in the long-run; something you're sure would require an immense amount of luck. Can you think of anything? You're likely to come up with something, or several things, over the next few days. What will help is if you make sure you're clear about what you want. Eliminate any extraneous goals that will only weigh you down like water in your feathers. Keep your thinking light and remember what matters to you. I cannot emphasize this enough -- success involves knowing your priorities and honoring your real intentions. We have all noticed the ways that we make decisions and want things that go against our own needs, desires and best interests. While you have this unusual opening in front of you, make sure you tidy up that unseemly bit of human nature.

**Cancer (June 21-July 22)**

Planets are gathering in your sign now, which is offering at least some relief from the sense of pressure you've been feeling, and offering some tangible sense of improvement in your circumstances. Yet despite the improvement, you may still be feeling some sense that you're trying to look into a blind spot or dealing with too many unknowns. Over the next

few weeks, these mysteries will unravel, and you'll have a lot more information to work with. The Sun and Jupiter are about to change signs, and as they do, you'll begin to realize what pressure you were really under. As you start to get answers, you will see how deep the questions you were asking really were. As you start to feel your life gather even more positive momentum, you're likely to want to let that carry you even further. I would add one thought, which is that there seems to be a purpose to this all. It's not merely improvement for its own sake. Discovering and embracing that purpose will be the greatest gift of all these changes.

**Leo (July 22-Aug. 23)**

A Course in Miracles in one of its many sobering moments says, "You do not ask too much of life, but far too little." This is the time to ask a little more from life. Of course, to do that, you have to know what to ask for, and I think that over the next few days you will get some clear ideas. Yet you may also have some priorities that you've set aside or that you've pretended matter less than they do; get those into focus now. Rather than make a list of everything you want to accomplish immediately, consider what you would feel good about achieving in three months, one year and three years. Allow yourself to explore the idea that time is your ally rather than something you have to fight against. Time is a space in which to do what you want and what you need. We tend to use time in a microscopic or myopic way, knowing where we will be next Tuesday at 3 pm. I suggest you take a more spacious view. Give yourself some room to move around.

**Virgo (Aug. 23-Sep. 22)**

Unusual events may bring people together around you. They may be related to a personal goal you have; they may be related to a family situation. Therefore pay attention to when people are gathered, including spontaneous encounters. Meanwhile, on the professional front, this is the time to get your priorities in order, and to focus your vision. You're looking at what may be the potential for a once-in-a-lifetime advancement. The scenario may not come to full fruition immediately; there may be a delay involved. What's important is that you initiate the changes when you have the opportunity to do so, and that you think forward and not in reverse. The experience and even the idea of going forward are likely to bring up some concerns and attachments related to the past, though you have time to resolve those and work out the details. For a little while you will need to address matters of the future and the past with equal emphasis; maintaining a balance between the two is what will get you to your destination.

**Libra (Sep. 22-Oct. 23)**

You may be a little too focused on what you think you have to give up rather than what you think you will gain. In truth, any significant improvement you make does require you to give up something, even if it was the situation that was not working out for you. That kind of thing can be more difficult to let go of than most of us would care to admit. The first thing to investigate are family situations that are demanding too much from you. Once you see beyond those, you may have a lot clearer perspective on the rest of your existence. You'll be able to evaluate whether recent

career developments were really the best thing for you, and explore other options. What is essential is that you really take the time and evaluate each situation, and that you be mindful of your own prejudices and those that were imposed on you by someone in the past (such as your mother). This is the time to see the world and your life through your own eyes, as things exist now.

**Scorpio (Oct. 23-Nov. 22)**

There's enormous emphasis in our world on loss and death. These things influence nearly every perception we have of life, every priority and every relationship. What would your life look like, and how would you feel, were you not always negotiating with your worst fears? It may actually take you some time to notice the many ways in which you do this, and to identify the compromises you think you're forced to make as a result. I suggest you be vigilant about these things. In truth it's enough to recognize that everything changes over time. Make peace with that and everything on Earth makes a little more sense. It's not really possible to control your thoughts, but it's eminently possible to notice and observe them. In doing so, you can see your negative expectations go by and as part of that, shift your emphasis to what is more positive and life-affirming.

**Sagittarius (Nov. 22-Dec. 22)**

Unexpected developments in a relationship are almost certain to work out in a way that you're happy with but could not have predicted. You may have noticed that when you get to the edge of any territory, life becomes more interesting. Whether it's the region near the border between two countries or the edge of an era in your own life, the transition zone is where life often offers the most potential. You have seemed reluctant to take an emotional risk of some kind, or to believe a promise that's been held out to you. If you look underneath that, you may notice the ways in which your hesitancy says more about you than it does about whoever you're involved with. That recognition may influence you to be more courageous and more accepting of your own potential. It's not like you to be this cautious or hesitant, though you get to decide whether that is really helping you. The risk you're concerned about is not as big as it may seem.

**Capricorn (Dec. 22-Jan. 20)**

You may be figuring out that the work you do is fully dependent on the relationships that you have. This includes the collegial relationships with your co-creators and the influence that the work you do has on your intimate relationships. I suggest you consider this one environment, which for shorthand we can call the Love-and-Work-o-Sphere. There are likely to be significant developments where these two seemingly different areas of life cross over, blend and enhance one another. There are those who say that it's best to keep one's home life and one's work life separate. When one's work is truly meaningful, I don't see how that's possible. You're not two different people, or one person with a watertight compartment dividing your character. There's creative synergy to be had if you allow your one life to be one, and your purpose to be something that informs everything you do.

**Aquarius (Jan. 20-Feb. 19)**

You seem to be drawn in many directions, with many options to choose from -- and all you want to do is feel good. There's a relationship between the two sides of that equation, that is, between having the sensation of perhaps

confusing or ambivalent potential and your desire to take it a little easier. I suggest you cultivate some receptivity: some time to listen to yourself, to explore some of the experiences and ideas that nourish you, and to give yourself space to think and express yourself. Then the potential you're feeling will be less confusing and more oriented on something inwardly relevant. Let me say this another way. Accessing creative potential in any satisfying form is less associated with activity and more associated with making contact with an inner reality, and then expressing what you notice. The content of what you express means a lot more than the form in which you express yourself.

**Pisces (Feb. 19-March 20)**

You may feel like you're taking a long walk along the edge in the dark, though I don't think you'll feel that way for long. I suggest you not try to do anything too fast or especially declarative, particularly if you have more questions than answers. You can afford to let events and situations develop over the next week and see what discoveries you make. In honor of a magnificent Sun-Jupiter conjunction that's now developing, I would propose one other thing: set one goal for yourself and start taking steps to make it happen. We can take for granted that you want a happy life, a dry roof over your head and good company. I mean one truly ambitious goal, something you might even think is impossible or improbable. Focus on that to the exclusion of whatever trivia you can get out of the way. Take tangible, fully conscious steps toward that one thing, and then keep paying attention. Remember that last bit.

Read Eric Francis daily at  
[www.PlanetWaves.net](http://www.PlanetWaves.net)

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**Friday, June 28**



# Positively Speaking

## Just Plain Happy

Summer... A week until summer. Deep contented sigh. Lots of daylight. People sharing the fun things they are doing. Birds twittering. Swimming pools. Red white and blue food with lots of greens thrown in. The smell of barbecues and beach bonfires. Life seems easier.

Theologians go on about how Joy is the most important. I dunno , I agree... yeh sure...but....ice cream happy, sno-cone bliss, children claiming themselves as the primary instructors on summer fun is good too. Happy circumstances have much to be said for them.

A kind of sabbatical year has started for me. From now through next summer I'm going to be finishing every personal and professional project I've started.

But tonight as I look at the collection of green totes containing each individual project and see the sunset over the Olympics through the windows behind the totes , I dunno. It seems the better part of valour to watch day turn to night.

KING FM is playing some lovely symphony which reminds me I could work on some music.

Or I could just plug the earphones into my phone and watch another movie with my free Netflix month long trial.

Only for gosh sakes when you watch 'A Little Bit of Heaven' with Goldie Hawn make sure you have at least two boxes of tissues! Total wonderful satisfying tearjerker. Right up there with 'Stepmom'.

For two weeks I've been working on a two part column on my Mom and our relationship. She died a little over ten years ago and it's taken that long for me to process being the only daughter of someone with Borderline Personality Disorder.

It's taken me a heap of reflection and one truly awful situation to separate out what I loved about her and what I hated about living with her.

But tonight as I think about the Bloody Mary I ordered that had delicious pickled vegetables and was the size of a milkshake and how silly it was that I, the lightest of lightweight drinkers, desperately wanted to drink the whole dang thing because the tomato juice was so good, = but if I did I

By Deborah H. Anderson



would be more drunk than anytime at the Delta Sigma Phi house in Berkeley when I was a freshman in college = realize I'm not into heavy thinking tonight.

That would be as deep as I'd want to think tonight; revisit an awkward Bloody Mary moment when I didn't want vodka but wanted the juice.

Tasha the cat is asleep. In just two weeks in our new home all the hair on her rump, where it was shaved last December and continued splotchy and patched with balding spots, has grown back in healthy and long. And the vet gave me the good news that what I thought was a horrible flea situation that wouldn't get better is actually a corn allergy. What a happy ending.

I could finish reading all the magazines on the coffee table: Women's Day, Family Circle, Good Housekeeping, Image: a journal of Theology and the Arts. The ladies magazines were a subscription special last year of multiple magazines for \$12. The Image was a gift. The feel of paper in my hands, books, magazines, newspapers, is a real pleasure. Reading makes me happy.

I know. Last night I watched one of my top five films: 'And then She Found Me'. It's one of the few movies with people of faith as regular characters. I'll boot up to the part where Helen Hunt sings Baruch Atah Adonai on shabbat and then fast forward to hear her sing the Schemah. Tonight I would like to hear the Semah.

Hear oh Israel, The Lord our God is one God....

Well whadyaknow..... the source of happiness is the same as the source of Joy. Full cycle thought journey.

Deeper next time. For now, the placid contentment of a summer's evening.

Love,  
Deborah



# VoV Supports Community Cinema Vashon

Community Cinema Vashon presents free monthly screenings and moderated discussions of documentaries at the Vashon Theatre with the enthusiastic support of Voice of Vashon. On Tuesday June 25, Community Cinema Vashon will host the season finale of the series with a screening and discussion of the film "Love Free or Die" about the challenges faced by a gay Catholic priest.

Community Cinema is a groundbreaking civic engagement initiative featuring films from the Emmy Award-winning PBS series Independent Lens. Every month in over 100 cities nationwide, community members come together to learn about, discuss, and get involved in key social issues of our time.

Speaking about Community Cinema's local screenings, Voice of Vashon Community Organizer Susan McCabe says "Voice of Vashon's goal is to be a forum where our community can gather, share what is best about us and enrich what we have. The Community Cinema Vashon project fulfills all those objectives by sharing the ideals of community and expanding our horizons with stories of communities around the world who have applied collective creativity to solve problems and thrive. We are delighted to support the efforts of Community Cinema Vashon and honored to be part of their program."

Community Cinema Vashon was begun in 2011 after Islander Jane Berg saw the documentary "For Once In My Life" on PBS. She was moved by the story of the 28 physically and mentally disabled musicians who form the Spirit of Goodwill Band and thought "We need to bring this movie to Vashon". Berg's efforts led to the Island taking part in the very popular Community Cinema series that is presented locally thanks to the combined efforts of Independent Television Service, Island GreenTech, The Vashon Theatre and Voice of Vashon.

Current CCV organizer Janet Felicity Welt says about the series "I've always believed in the power of film to inform and inspire, so being able to provide a catalyst for community connection and involvement is a very fulfilling role. Month after month,



Bishop Gene Robinson and his partner Mark

Islanders come together to discuss how we, as individuals and as a community, are addressing the critical social issues raised in these important films. It's wonderful to see and experience the formation of friendships, the hatching of ideas and plans, the sharing of information and resources, and the collaborations that occur at the Community Cinema Vashon screenings."

Community Cinema Vashon's final free screening and discussion of the season will feature the film "Love Free or Die" at 6PM on June 25 at the Vashon Theatre. The documentary is about Bishop Gene Robinson whose two defining passions much of the world cannot reconcile: his love for God and for his partner Mark. It is about church and state, love and marriage, faith and identity — and one man's struggle to dispel the notion that God's love has limits. Even as he has pushed for greater inclusion within his own church, Bishop Robinson has become a standard bearer in the fight over the rights of LGBT people to receive full acceptance in church and state. He was invited by Barack Obama to give the invocation at the opening inaugural ceremonies at the Lincoln Memorial on January 18, 2009.

The nationwide Community Cinema 2013-2014 season will begin in September. More information about the program is available at VoiceOfVashon.org and CommunityCinema.org.

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**PANDORA'S BOX**

Well, we simply cannot possibly list all the weird things that have happened here in the last month. Individually, not so bad, add them all up and Cheryl's hair is a new shade of gray. At least the sewage is now flowing the appropriate direction.

Bo's Pick of the Week: I'm back! And we have lots of deals to celebrate. BOGO on Wild Calling canned food. BOGO on Nutro Biscuits. New Wellness cans coming in, and new bulk treat section.

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# Island Epicure



## By Marj Watkins Eating Light Thai Style

We read that 60% of Americans are overweight. Where do these people live? Not on Vashon, surely. According to author Dr. David Brownstein, if you get enough iodine in your diet, your thyroid will be well nourished and you will be inspired to sufficient activity to get or stay slim. It seems that when bakers started using bromine instead of iodine to encourage their yeast to make fluffy breads, people began getting fatter. Bromine actually blocks iodine from metabolizing.

Okay, that means making your own bread and/or eating more seafood, both as fish and shellfish and as sea vegetables. I never saw a fat native Okinawan or Japanese. They eat lots of seafood. Okinawa now owns the honor of having more people a hundred or more years old than any other country in the world. They attribute their longevity, slender figures, and vigor to eating kelp. I’ll deal with recipes employing sea vegetables in another column. First, fish and shellfish.

Thai people are slim. Thailand eats shrimps of many sizes and supplies them to the rest of the world. In a rivershore restaurant we ate “shrimp” the size of one-pound lobsters. Also, being in a

hot country, Thais eat lots of raw vegetables and fruits. It takes more calories to digest raw foods than cooked foods. Fewer calories ingested than spent than equals slenderness.

We could celebrate the summer solstice, and get through the warmest part of our year with protein-rich, low-carb salads as main dishes. Here’s a Thai shrimp salad for a start:

## Pla Gungsod Gup Som Keo Wan - Shrimp and Orange Chili Salad

- 3 to 4 servings
- 6 ounces cooked, peeled small shrimp
- 3 oranges, Mandarins preferred
- ¼ to ½ teaspoon red chili pepper flakes
- 3 cloves garlic, finely minced
- ½ teaspoon salt
- 6 to 8 fresh mint leaves, shredded
- Juice of 1 lime, heated in microwave before cutting
- ½ Tablespoon Nam Pla (fish sauce)

Peel and slice or dice the oranges. Place them in a bowl. Add the shrimp. (Canned shrimp, drained, works okay.) Add the red pepper flakes, garlic, salt and mint leaves. Toss well. Mix the lime juice and fish sauce. Pour on. Toss again. Chill. Serve on lettuce leaves.

I’d like to be able to say “Bon appetite” in Thai, but all I remember are the words for hello, goodbye, and thank you. So I’ll just end with: Sawat-dii ka! That’s a dual purpose word for both hello and good-bye. If you eat at a Thai restaurant and wish to say, Thank you,” you can tell the server, “Kawp khun.” Or more politely, if you are female, say, “Kawp khun ka,” with rising tone on ‘ka’ as if asking a question. Say, “Kawp khun krahb,” with descending tone if male.

## Road To Resilience

Continued from Page 1

to be doing right now.

Carolyn is not given to idle talk; her resume includes an impressive history in the business world as well as being a founding board member of numerous Vashon organizations including our credit union, PSCCU, and the Burn Design Lab. Her current mentor is Brian Howe of the nearby coworking business, HUB Seattle, located in Pioneer Square, www.thehubseattle.com.

Some inspiring words from the HUB Seattle website: “For our civilization and planet to survive and thrive, entrepreneurship must mean more than simply creating products that drive profit. It must be about driving value for society and doing it in a way that is as sustainable as possible – either nonprofit or for-profit – that supports the ecosystem of our communities and economy, and that measures how ventures add to the common good with the same fervor by which we measure profit.”

It goes on: “While for-profit companies risk a myopic focus on shareholder profitability to the detriment of the true reach and impact they could have, nonprofits companies risk relying too much on noble intentions and historic charity dollars that are quickly dwindling. Both business models have the opportunity to learn from each other in terms of tracking metrics, building value for customers, earning revenue, and increasing

efficiency.”

Caroline is well along on launching Vashon’s HUB, to be known as HUB070. It will be located in the Spinnaker Building just north of Chase Bank. About half way toward registering enough launch partners to get it off the ground, she is looking for 4-6 more launch partners who will receive six months worth of prepaid 24/7 desk space at a discounted rate of \$250/mo. Once established, other arrangements, part time usage, etc. could cost less.

For starters she envisions a modest, but sufficient office space, but eventually HUB070 could include classrooms and community meeting spaces, and incorporate physical productive capacity as well. Actually the model is wide open and could evolve here in any number of ways. It seems to me that a cooperative organization like this could be an excellent use for the K2 facilities.

Many of us who commute to the mainland for work are extremely happy to have the opportunity to experience the stimulation and change of pace that city life offers. Others of us have no choice in that we have to be physically present to perform our jobs. For the rest of us, being able to work on the island would be a winner for Vashon as well as for the planet.

If you are interested in finding out more about this project, you can get in touch with Carolyn. Phone; 206 755 9972 or email: camick@gmail.com.

Comments?  
terry@vashonloop.com

## Portraits of Elders:

Continued from Page 1

between elders and other members of the community.”

From highly detailed pencil drawings by Bruce Morser to exuberant oil paintings by Pam Ingalls, the show will explore the many faces that inspire us every day. For the artists, exploring the concept of elder was a welcome opportunity. They had to grapple with their own definitions – and stereotypes – of elders and to think about those people in the Vashon community who have influenced their lives.

According to watercolorist Donna Botten, “It was a gift to be asked to paint people in my community that have given of themselves to this Island and to all those that they touch. The show gave me permission to concentrate on what I love most – to paint portraits.”

The show will also include works by painter William Forrester, who found great joy in the process of working with his subjects. “What a terrific opportunity! I got to invite myself into people’s homes, sit down and have a chat.” For Forrester, elders are those who embody the role of teacher, mentor or counselor. “To be Elders, folks don’t need to have white hair; they need to have a strong, optimistic, joyful approach to life.”

The opening reception will be preceded at 5:30 pm by Michael Meade, who has spent much of his career exploring the influence of elders within cultures around the globe. Meade’s presentation will be a free-flowing mixture of poetry, song, storytelling and percussion.

## The Art of Collage: Invention and Re-invention



“Afloat”

Claudia Hollander

PSCCU Gallery on Vashon Island is pleased to host an exhibition of multi-media collage works by visual artists, Claudia Hollander and John Lucas. Claudia will be presenting montages from her new album book: “Vox Populi” and related photographs. John will exhibit collage-processed oil paintings that reflect his background in geology. Both artists invent and re-invent images that

According to Meade, “Elders are in tune with both the needs of nature and the pulse of culture. They are a meaningful living institution.”

VAA Gallery Opening  
Portraits of Elders: People Who Inspire

Artists: Donna Botten, William Forrester, Pam Ingalls, Bruce Morser, Olivia Pendergast

Friday, July 5, 6 – 9 pm  
Music by: Jack Barbash (piano), Steve Meyer (acoustic bass), Fletcher Andrews (percussion), Peter Scott (acoustic guitar)

stem from local and national events sure to capture viewer interest.

This exhibition will be on view during the months of July and August. Please join the artists for a gallery reception on Friday, August 2 from 6:30-8:30 pm. The reception will also feature the music of acoustic guitarist, Daryl Redeker.

The PSCCU gallery is centrally located on Vashon Island at 9928 Bank Road near Cafe Luna and Frame of Mind. Open hours: Tuesday through Friday (9 am- 6 pm) and Saturday (10 am -2 pm)

## How to Visit a Sea Star at Home

Continued from Page 1

finds enough clams and muscles to eat and is able to avoid being eaten by sea gulls for long enough to have thousands of babies in her lifetime. So when we see her on the beach we should leave her there and if we want to help we can pour a little cool water over her to help her skin stay hydrated and healthy.

Should we pick up animals we find on the beach? Most of the time we should let them be and take the time to get down close, touch them gently with wet fingers and just watch them for a while. This is a good way to enjoy the beauty of an animal and you will carry the memory of that creature away with you as you would remember a friend. And your friend will be much happier and healthier being left in their place so that they can continue on their way when the water returns.

But what about the animals we can’t see – the ones that are hiding under the rocks on the north side of Pt. Robinson? Looking out over the cobbles and boulders on that side of the beach it may not look like there are any animals at all. But if we carefully venture out into their habitat and begin gently lifting up those rocks we will find waiting there thousands of little treasures - tiny crabs, piddock clams, dogwinkles, flat worms, anemones, shrimp, periwinkles and, if you are very lucky, you might see the little green sea urchins who are new comers to our shore this year. In fact, there are so many animals we could never count them all!

So come down to Point Robinson and be ready to walk into your neighbors’ cobbly and sandy living room with open eyes and greet them with wet hands.



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# Fendershine



Fendershine is rock and roll at the core, layered with sounds of passion, melancholy, and rebellion. What reaches the listener is magnetic, original music that stirs your soul and makes you want to stand up and shake what you got. With their varied musical backgrounds, Fendershine’s members each supply the perfect addition to this musical alchemy. Together they create unique compositions that bring to mind that brief time between night and day, when colors bend in the sky and anything is possible–familiar and satisfying like a greasy breakfast at your favorite diner. Fendershine’s music comes straight from the heart and will tap into yours. Fendershine is Eric Frith (lead guitar, vocals), Rick Vanselow (guitar, vocals), Kim Thal (violin, vocals), Steve Meyer(acoustic bass), and Fletcher Andrews (drums & percussion). Their new EP, “Rise and Fendershine,” is available at [Fendershine.bandcamp.com](http://Fendershine.bandcamp.com) Opening up for Fendershine

will be Phil Royal. Because Phil Royal was, at age eleven, small of stature and of only average rhetorical wit, he started strumming the guitar in a bid to be noticed by the girls. Forty one years later he is still trying to impress his wife. Although he really has no durable insight into the true nature of life or who we genuinely are to each other, he claims to have caught rare glimpses on occasions where music was involved. He is known to despair that all of these melodic and lyrical efforts are but a glorious and frivolous waste of time but, then, moments of transcendent ecstasy are otherwise hard to come by. He is thus wedded to fingerstyle six string until time stiffens his fingers and robs his mind. Saturday, June 22 at 8:30pm. This is an all-ages show ‘til 11pm, then 21+ after that. Free Cover At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 [www.redbicyclebistro.com](http://www.redbicyclebistro.com)

# Women’s Singer/Songwriter Showcase

The Red Bicycle welcomes some of our amazing Island female musicians for a night of acoustic music. Performing musicians are: Allison Shirk, Cami Lundeen, Kate MacLeod, Jamie Jackson, Maya, Dianne Krouse, Delilah Pearl, Kiki Means & Kat Eggleston. Allison Shirk is a singer, songwriter whose style is described as being sultry and confident with a edge. Her parents would take her to sing in front of adult audiences from the time she was five. Her shyness would fade away as soon as she began singing. Allison has a distinctive voice with a slightly southern accent. Her songs take life experience and weave stories to which people can connect. She describes places and people that linger in your mind long after the song ends. After being diagnosed with a rare, incurable liver disease, Cami Lundeen turned to songwriting as an outlet for dealing with her newfound reality. She is an alternative folk-pop singer-songwriter who lures you in with her sultry vocal, and powerful vulnerability. Cami Lundeen’s captivating voice hails from Vashon Island, Washington. Her evocative style and introspective lyrics entrance you through unforgettable melodies. Cami Lundeen’s alternative tone has a folk-pop flavor that has been compared to that of Adele, Brandi Carlile, and Dolores O’Riordan of The Cranberries. Her creative sound embodies a moodiness that harkens one back to Evanescence. Whether it be an intimate performance, as Lundeen commands her guitar alongside her husband-cajon percussionist, or fronting a full five piece band, she draws in audiences with her raw, relatable stage presence. Kate MacLeod’s songwriting style and live performances display an unbreakable link between traditional music and cutting-edge contemporary songwriting. She has been hailed as one of the ‘Ten Acts to Watch’ by editors of the MusicHound Folk Essential Album Guide. Her songs catch the ears of the new artists, traditional singers, bluegrass musicians, celtic musicians and songwriters of many styles and have been recorded by artists from California to the Czech Republic. Jamie Jackson is a passionate singer/songwriter and multi-instrumentalist from Seattle, Washington. She picked up her first guitar around the time she could walk – strumming to Hank Williams and old rock ‘n’ roll tunes. Over the years she has performed in a variety of bands playing guitar, bass, keys, and drums along with singing lead and backing vocals. In 2010, Jamie’s life was forever changed and her vision of the music deeply immersed in her was set free. What emerged was raw and powerful – a series of songs ranging from gut-wrenching to pure comedy. Jamie is known for her smokin’ guitar licks and has been likened to Stevie Ray Vaughan. Her powerhouse voice is a one-of-a kind soulful, smoky blend often compared to Adele, Pink and Janis Joplin. Jamie is currently working on

her debut album entitled “A New Beginning” – a blend of acoustic rock, folk and blues. Her recent move to Vashon, Washington is already producing more amazing material inspired by the island’s magic and beauty. Kat Eggleston was born in California while her parents were working on the “Gumby” show; a detail of her life that she still credits for sealing her fate as a performer. In the years since then she’s been singing and playing original and traditional music all over the U.S., Europe, and Australia, as a solo performer and in small ensembles and bands. Kat is a dextrous instrumentalist on guitar and hammered dulcimer, and a highly respected writer and interpreter of song who has recorded four well received solo cds, a duet album with Kate MacLeod, and a cd with the Irish supergroup “Bohola”. Recently she returned to her theatrical background to work with Chicago Children’s Theatre and Chicago’s Victory Gardens Theatre on two productions written by the legendary songwriter Michael P. Smith. She now makes her home in the Pacific Northwest. Maya has been driven towards performance out of sheer competitive envy. Incredibly self conscious as a child, she managed all the same to hold onto her childhood dream of fame and fortune. Then she grew up. She moved to Vashon with the beautiful girls whose light outshone that dream and discovered that totally regular people with awesome musical talent grow on Vashon like wildflowers and she wanted to be one of them. Maya picked up the guitar and wrote some songs and dared herself to perform whenever she could. Her band, Bread Birds, is in the process of honing those tunes along with a few others. Watch for them at Strawberry Festival this year. Delilah Pearl brings the vocal styling of ‘30s and ‘40s jazz and swing standards to life with her alluring tone. Her voice is soulful, smoky, wide ranging and flexible, influenced by Peggy Lee, Ella, Nina and “Lady Day”. Bewitching her audience with not just her sound but her style and charming presence, Delilah



Pearl is captivating. After working hard this last year with her band The Mantarays emulating her favorite classic sultry ballads, she has begun writing some hits of her own. She is delighted to share them with you A Cappella for this Women’s Showcase. Kiki Means has been immersed in music since she was a little girl – providing lead and harmonies during shared family music since the age of 2. She states that her father, who patiently encouraged, taught and accompanied her throughout the years, is her strongest musical influence. In elementary school, she discovered her love and aptitude for the guitar under the tutelage of Darryl Redeker, island musician, who first encouraged her to “play out” after witnessing her passion for self-expression through music. Daryl was the first of many public audiences to comment on the intensity, vulnerability and vocal clarity that infuse her performances. Kiki’s wide range of covers of singers/songwriters in the style of Schuyler Fisk, Ingrid Michaelson and Gavin Degraw have been the mainstay of her repertoire until she discovered her talent for first, composition and, more recently, songwriting. You can also check out her tunes at Youtube and Myspace. Friday, June 28 at 8:30pm. This is an all-ages show ‘til 11pm, then 21+ after that. \$10 COVER. Tickets on sale at Brown Paper Tickets – here is the direct link: <http://www.brownpapertickets.com/event/407666> At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 [www.redbicyclebistro.com](http://www.redbicyclebistro.com)



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# Summer Solstice Masquerade...

## A Party for Wild Costumes & Hot Dancing!

Open Space for Arts & Community invites Vashon to welcome summer with us at the Summer Solstice Masquerade – an event for the creative, wild, dancing spirits that inhabit Vashon. Hot Latin jazz and high octane salsa by Mambo Cadillac will fill the Grand Hall.

Producer David Godsey created the event with the idea of masquerade as inspiration: “There is something wonderful about a masquerade -- you can really go all out and be whoever you want to be! You can be kind of anonymous and become someone/something else for an evening. And it can be really liberating to have on a mask -- it’s like a disguise. If you’re shy, or shy about dancing, a masquerade is the perfect place to dance and nobody has to know it’s you!”

People of all ages are invited to dress up fancy, dress up wild, and let imaginations fly off the hook. Godsey says: “I thought: Let’s have a community dance to welcome in Summer to our beautiful island. And let’s do what islanders are so brilliant at doing -- be creative, have a good time, and celebrate together. And if putting on a costume is just not your thing, well, of course you can come and dance anyway!”

The Summer Solstice Masquerade is a dance party for everyone: young or old, shy or bold. “It’s like Halloween, only a whole lot warmer and with really great dancing music!”

Open Space is thrilled to have Mambo Cadillac playing fantastic, hot salsa and Latin jazz to heat up the night. Seattle



area percussionist/vocalist/composer Tor Dietrichson founded the band Mambo Cadillac in April of 2005. Since then the band has gone on to perform 300 plus concerts, including Bumbershoot and twice headlined the 4Culture website launch party. Mambo Cadillac has performed more times at The Triple Door Musicquarium than any other band. The band features a wide variety of Cuban influenced music and utilizes a high degree of improvisation in the performances.

The Summer Solstice Masquerade is sponsored by Seattle Distilling Company, with bar service by The Hardware Store.

At Open Space for Arts & Community, Saturday, June 22, Doors open at 7PM, Band Starts at 7:30PM. Tickets: \$12 Advance, \$15 At the door. Children 12 and under - Free

# Open Space welcomes Marley’s Ghost to the Grand Hall.



Marley’s Ghost - a virtuoso aggregation composed of singer/multi-instrumentalists Dan Wheetman, Jon Wilcox, Mike Phelan, Ed Littlefield Jr. and Jerry Fletcher - celebrates its 25th anniversary with the scintillating roots-music tour de force Jubilee - and brings their extraordinary live performance to Open Space for Arts & Community.

Marley’s Ghost is nothing less than a national treasure, the capable inheritors of the archetypal Americana blueprint drawn up by The Band. As the L.A. Weekly aptly put it, “This West Coast [group] deftly, and frequently daffily, dashes across decades of American music to create a sound that’s steeped in tradition but never bogged down by traditionalism.” These guys can sing and play anything with spot-on feel, from reggae (hence the double-entendre moniker) to blues to stone country, which is what they’ve been doing - to the ongoing delight of a fervent cult that includes many of their fellow musicians - throughout their first quarter century as a working unit.

The band is on a national tour promoting their new album, Jubilee, produced by legendary Nashville cat Cowboy Jack Clement and recorded at the city’s venerable Sound Emporium, which Clement built, features guest performances from Emmylou Harris, John Prine, Old Crow Medicine Show, Marty Stuart, Larry Campbell, Byron House and Don Heffington. “One of the things that we were really clear on with this record was that we wanted it to be a Marley’s Ghost album with friends sitting in, not guest stars with us as the backing band,” Wheetman explains. “And it worked.”

Like its nine predecessors, Jubilee is wildly eclectic, its 13 tracks drawn, with unerring taste, from the songbooks of Kris Kristofferson (“This Old Road”), Levon

Helm (“Growin’ Trade”), Bobby and Shirley Womack (“It’s All Over Now”), Katy Moffatt and Tom Russell (“Hank and Audrey”), John Prine (“Unwed Fathers”), Butch Hancock (“If You Were a Bluebird”) and Paul Siebel (the closing “She Made Me Lose My Blues”), along with the traditional “Diamond Joe.” These deftly interpreted tunes blend seamlessly with the six originals on the album.

“The band has always been eclectic, and that’s one of the reasons we’ve stayed together for this long,” Wheetman explains. “I’ve said this before, but instead of having to be in a Delta blues band, an a cappella singing group, a country band, a reggae band, and being a singer/songwriter, I’m in one band and we just do all that. It’s very convenient.”

“We’re five singers who don’t think genres mean much,” says Phelan. “If you connect with the song and the song connects with you, that’s what’s important, and that’s a real core belief of the band. When I go to a performance, I want to hear passion; I want to hear somebody up there doing it because they can’t not do it. That’s what we’re going for with everything we tackle. We have so many diverse feels, and we can pull them off in an authentic way - and after all this time, we’re playing the best we ever have.”

One listen to Jubilee will confirm that assertion. In every note, and every measured silence, you can hear the miles they’ve traveled together, the jaw-dropping closeness they’ve attained, and the magical place where the men of Marley’s Ghost now reside.

At Open Space for Arts & Community, Saturday, June 23, Doors open at 3:30PM, Band Starts at 4PM. Tickets: \$12 - An all-ages event.

## Concerts In The Park

Continued from Page 1

again and get to share that experience with her friends and community.

Here is the calendar of the 2013 Summer Concerts in the Park:

Friday, July 5th, 7pm: Incendio

The Los Angeles-based Incendio’s Latin guitar world fusion sound has received international acclaim. The band creates a polyrhythmic swirl of multiple Latin American music forms (boleros, cumbias, salsa, tango, mambo and the indigenous Peruvian vales criollos) and combines them with Indian, Arabic and Celtic flavors.

Thursday, July 25th, 7pm: Billy Joe & The Dusty 45’s

As founder and front man of the Dusty 45s, Billy Joe’s charisma and commanding stage presence has kept the Dusty 45s at the top of the Seattle music scene for more than a decade. Mixing roots styles as various as honky-tonk, jump blues, and rock and roll isn’t easy. The Dusty 45s deliver, combining classic elements of American music into a natural sound that is all their own – harmonizing over acoustic and electric guitars, drums and trumpet.

Saturday, August 3rd, 7pm: Shakespeare In The Park - The Tempest

Seattle Shakespeare Company is the Puget Sound region’s year-round, professional, classical theatre. Their combined programs – which include indoor performances, free outdoor productions, regional tours, educator and youth programs – reach across barriers of income, geography, and education to bring classical theatre to Washington State. Join them as they bring The Tempest to Vashon, a magical tale where revenge yields to forgiveness.

Thursday, August 22nd, 7pm: Picoso



Thursday, July 25th, 7pm: Billy Joe & The Dusty 45's



Saturday, August 3rd, 7pm: Shakespeare In The Park - The Tempest



Thursday, August 22nd, 7pm: Picoso

Grounded in the Afro-Latino sounds of the Caribbean, Picoso’s all original music spans a dynamic spectrum from traditional Cuban son and Cha Cha to dubbed out Cumbia and Reggaeton, and of course their mainstay, Salsa. They are not afraid to stretch beyond what is comfortably known as Latin or world music. The vibe is very urban and hip, without losing the relationship to the ancestor sound.



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Live Entertainment  
June 22, 8:30pm  
Fendershine

June 28, 8:30pm  
Women's Singer/Songwriter Showcase

July 5, 9pm  
The American Night Doors Tribute

July 6, 8:30pm  
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Next Edition  
of *The Loop*  
Comes out  
Thursday,  
July 3

Deadline for the next  
edition of *The Loop* is  
Friday, June 28

Loopy Laffs

**LOGJAM**



BY Jeff Hawley




I'M BORED

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OFFICE

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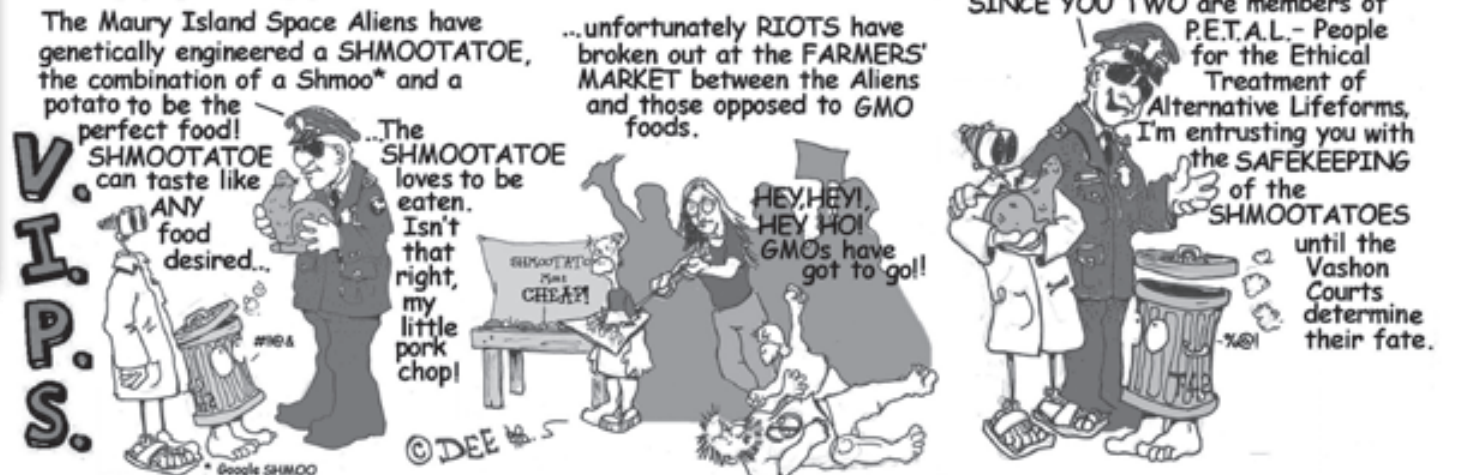
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Isn't  
that  
right,  
my  
little  
pork  
chop!

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HEY HO!  
GMOs have  
got to go!

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Vashon  
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determine  
their fate.



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YOU DONE  
YET?

997, 998, 999...

HAWLEY



HEY, YOU'RE RIGHT! THIS  
JIGSAW PUZZLE IS  
MISSING ONE PIECE!

OKAY, MY  
TURN TO COUNT