Vol. 10, #15

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July 18, 2013

Drama Dock Presents A Fractured Fairy Tale



Lizzie Schoen as Cinderella, Alexis Carleton as her wicked stepmom, Gordon Millar as her dense papa and Hannah Fellbaum as one of her ugly sisters in a scene from Drama Dock's production of Stephen Sondheim's Into The Woods, which runs two weekends at Bethel Church. July 19 to 21 and 25 to 28. Photo by Terry Behal

Was Red Riding Hood's Grandma an enraged killer? Stephen Sondheim thought so. In his musical, Into The Woods, Sondheim uses the forest as metaphor for life's lessons and applies it to our most familiar Western fairy tales. In his hands, Cinderella isn't so sure she wants a Prince; Jack (of Beanstalk fame) is a bit of a dolt whose best friend is a cow and Rapunzel - well, you just have to see what happens to Rapunzel and all the other fairy tale characters in Drama Dock's production of Sondheim's Into The Woods, July 18 to 21 and 25 to 28.

Director Charlotte Tiencken and music director Paul Swenson have worked an outstanding cast of singers and actors through this cleverly constructed musical story of stories woven around the desire of a poor baker, played by Marshall Murray and his wife, played by Stephanie Murray, to lift a witch's curse that has left them childless.

In Act One, the characters who go 'into the woods' get their wishes and live 'happily ever after.' In Act Two, 'happily ever after' isn't quite what they expected.

Into The Woods, is a family friendly romp with everything from romance to swordplay, intrigue and surprises all along the shaded path.

See it at Bethel Church: Thursday, July 18, 7:30PM (preview), Friday, July 19, 7:30PM (opening night), Saturday, July 20, 7:30PM, Sunday, July 21, 2:00PM; Thursday, July 25, 7:30PM, Friday, July 26, 7:30PM, Saturday, July 27, 7:30PM Sunday, July 28, 2:00PM.

A Week in Paradise Cove



from left to right - Nick Weber, Alex Weber, Bryce Dahlberg, Beni Bryant, Sean Dahlberg (the author) and Riley Bryant.

I like to think about how I'm awfully lucky to have great cousins like I do, but I only get to see them once a year, so I take advantage of the time I get to see them. Almost everyone in my family lives in Washington, so we go to a place in the Puget Sound, a body of water right by Seattle. It is an area called Paradise Cove, a beachy area that resembles its' name. When I see my relatives from the Northwest, it's like a once in a lifetime opportunity that turns out to be the best week of the year.

My brother Bryce and I, along with my parents and grandparents, are separated from most of my family, so we get really excited when we board the airplane. The best part on the plane is seeing the Space Needle and discovering that I am starting my descent from the clouds, which are at the top of the world.

We ride a ferry out to Paradise Cove, which is located on a small island called Vashon Island, but first we go to Costco and get food or meals. The ferry ride is thrilling, with seagulls chirping in the sky and a glamorous view of the beach. However, I can't wait to get to my Great Grandmother's beach house with all the grassy land, people, and dogs, so every second turns into torture. When I hop into Grandpa's car, the same one that picks me up at the airport, I know we're so close to G.G.'s (my Great-Grandma's nickname) house when we hit gravel. The scenery of the beach is like nothing you've seen before. As I watch the waves crash onto the shore, I know the fun has just begun.

The tradition we celebrate every 4th of July on Vashon Island is having *Continued on Page 4*

The Road to Resilience

Action Camp

I'm continuing to take a break from discussing how we become more effective and resilient as a community so as to address the need for all of us (you and me) to rise up to meet the threat of climate change disaster that is actively being locked into place by the shortsighted corporate global agenda.

The list of stupid ideas is long and illustrious:

- We demand a continually growing economy on a finite planet.
- We subsidize the oil and gas industry so they can spend hundreds of millions of dollars searching for more fossil fuels when we already have five times more in reserves than we can burn between now and 2050 if we are to keep global warming at or below 2 degrees C.
- We concentrate the production of goods globally that could be produced locally with minimum transport required; those centralized sources then cause global rather than just local panic if any part of the production process is disrupted.
- Our economy depends on consumers consuming while systematically depriving consumers of the means to consume.
 - We have a profit recovery

By Terry Sullivan, Transition Vashon system that eliminates any incentive for long term planning.

• We are driven to replace free, self-regulating services of Nature with expensive, undependable, and possibly dangerous man made replacements, i.e. GMO seeds, artificial fertilizer, distribution of water, disposal of waste. Their natural counterparts, which have an estimated annual value of \$26 trillion, are not conserved because our economy places no value on them.

• And on and on.

I avoid depression when I contemplate these things by cultivating the "Monte Python" view of the world; it's much closer to the way the world really works than I ever imagined.

Again, I want to stress the importance of continuing to become more self reliant and resilient at the local level, but the local economies that should define our future will have no overall economy to operate in if we allow the climate to morph into state that will not support an economy or life as we know it.

If you have ever imagined that there might be a time that you would have to "gird your loins" and actually fight to defend your family, community, nation, world, I want to tell you that *Continued on Page 9*

Miss Lucy throws a party at the Heritage Museum

Miss Lucy herself (age 124) will join Vashon's best pickers on "The Heritage Live Music Stage". The Vashon musicians will play "unplugged" traditional music to entertain guests with at the Museum's fundraiser, Miss Lucy's Dinner Friday July 19, from 5:30 till 8. Paul Colwell, Kat Eggleston, Chuck Roehm, Geordie's Byre, Roger Taylor, Bob's Your Uncle, The Magpies, and Poultry in Motion and more will be playing covers, heritage tunes, and originals. Songs like "Shenandoah", "Wait for the Wagon", "Yankee Doodle" and such will be sprinkled among other familiar tunes.

For the first time, this Festival weekend, there will be a live music stage behind the Vashon-Maury Island Heritage Museum Saturday afternoon starting at 2p.m. The venue is being tagged as the place to relax with acoustic music and take a break from the Festival crowds. You'll hear everything from American traditional to Jazz to classical

Miss Lucy herself (age 124) will strings under the tents in the peaceful Vashon's best pickers on "The back lawn of the museum.

Saturday, starting at 2p.m. the Heritage Stage and Wine Garden music line up includes Mark Graham and Orville Johnson (both of whom have appeared on Garrison Keillor's Prairie Home Companion), Todd Zimburg (founder of the Vashon Percussion Camp, director of the Instrumental Music Program and Seattle Academy of Arts and Science, and teacher of Rock, Jazz and World Music at Highline Community College), Heritage Stage for the Chamber's Wine Garden, Gaye Detzer and a group of string players playing classical music, and other acts. Wine will be sold by the glass and food will be served by Snapdragon Café.

The Vashon-Maury Island Heritage Museum will be open during both events. Tickets for Friday's Miss Lucy's Dinner are available at the Museum and at the Vashon Book Shop.

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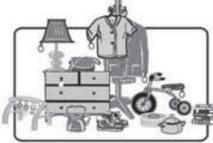
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Windermere Vashon



We will be closed Saturday July 20 for Festival!

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Submissions to the Loop

 $Do\ you\ have\ an\ event\ or\ Public\ Service\ Announcement?\ Email\ questions\ or\ submissions\ to\ Steven$ Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Get In The Loop Send in your

Art, Event, Meeting **Music or Show** information or Article and get included in The Vashon Loop. **Send To:** Editor@ vashonloop.com



Find us on Skype Vashon Loop 206-925-3837

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The Vashon Loop

Contributors: Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Steve Amos, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.

Original art, comics, cartoons: DeeBee, Ed Frohning, Rick Tuel, Jeff Hawley

Ad sales and design: Steven Allen Phone 206-925-3837 Email: ads@vashonloop.com

Editor: Steven Allen Email: editor@vashonloop.com Publisher: Steven Allen PO Box 1538, Vashon, WA 98070 Phone 206-925-3837

Published every other week by Sallen Group ©July 18, 2013 Vol. X, #15

print stuff.

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Work at Vashon Community Care

I've now had the pleasure of being VCC's Administrator for over two and a half years. I've worked in long term care for over 16 years. What first drew me to VCC was the feeling of warmth and kindness when you walk in the door. The atmosphere is joyful and welcoming. It is cheerful, fun and full of life. Residents are happy to be living here at VCC and the care and loving support from staff is some of the very best I've seen.

Staff love working at VCC because the care provided is all about each resident- we're people focused, not task focused. Staff truly work collaboratively with residents based on their individual preferences. The result is both residents and staff feeling

VCC currently has openings for the following positions: Diet Aide, Housekeeping, Certified Nursing Assistants, and part time licensed beautician. If you're interested in joining this special team please visit us at 15333 Vashon Hwy SW; call for more information at 206-567-4421, or visit our website to download the employment application: www.vashoncommunitycare.org

It is communities like this that have kept me in long term care all these years. It is the people-full of life, enjoying life, living fully-residents and staff alike.



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Did you know the Vashon Loop has a world class website. Surf to www.vashonloop. com and discover the Vashon Loop online. For local Vashon headlines and weather surf to www.VashonNews.com

Next Edition of The Loop Comes out Thursday, August 1

Deadline for the next edition of *The Loop* Friday, July 26

Vashon Community Vacation Bible School

August 5th - 9th, 2013. Island churches are collaborating to make the first week in August very special for children 3 years of age through 6th grade. God's Backyard Bible Camp, Where Kids Have a Blast Serving Jesus is the theme. All week the children will learn the joy of serving through Bible stories, crafts & skits. Add in lively live music and crazy fun games and you have a recipe for

1st through 6th graders will meet at the Methodist Church from 9:30-noon each day. Youth from Maple Valley Presbyterian Church will once again be leading the program with their boundless energy and love for children. Call Carol Potter at 465-0160 with

3, 4 & 5 year olds will be meeting at the Presbyterian Church from 9:45-11:45 each day. Vashon teens, parents and clergy will run a program specially designed for pre-school children. Call Tina Parrish at 463-5066 if you need more information.

Registration forms are now available at area churches. You can also go to www.vacationbibleschool.com/vashonisland and register there. Or, you can wait and fill out the form the first morning of Bible School. There is a suggested registration donation of \$15/child or \$25/family, which ever is less. Scholarships are available upon request. Just call Carol Potter at 465-0160 to receive one or ask at the sign-up desk.

Vashon Island Youth Week

Monday August 5th - Friday August 9th, 2013

Evenings 7:00 – 8:30 PM, Vashon Island Community Church For those who have participated before, this is the week you've been waiting for! If you haven't come before, come see what all the excitement is about. It has become a tradition. Along with their dynamic leaders, youth from Maple Valley Presbyterian Church come to Vashon to teach morning Vacation Bible School, and in the evenings they like to meet with their Vashon counterparts. They bring their guitars and sound system, zany games (some requiring shaving cream!) and lots of heart filled laughter.

All Vashon youth are invited to join in this fun filled, spirit filled week. No church affiliation is required. This is for all youth on Vashon Island 6th grade and older.

There is no registration fee. This is a weeklong event that you can attend for an evening or two even if you can't make it every night. Who knows just what fun to expect! In the past there have been bowling trips, BBQs and ice cream socials.

So, come alone or even better, gather a group of friends and meet the gang from Maple Valley at the Vashon Island Community Church (on Cemetery Road, across from the schools) each evening at 7PM the week of August 5h – 9th.

If you need more details or have questions call VICC at 463-3940 or Carol Potter at 465-0160.





20/20 Eyecare Centers & Eyeland Optical would like to welcome **Dr Sara Low** to our team of eyecare professionals.

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Read The Vashon Loop online www.vashonloop.com The Vashon Loop, p. 4

Vashon Center for the Arts receives \$2 Million capital appropriation from the state

Vashon Island received some welcome news recently. The Washington State budget had finally passed, including \$2 million in capital funds for Vashon Center for the Arts (VCA). Senator Sharon Nelson (D-Vashon) made the announcement to an enthusiastic crowd of VCA supporters. According to Nelson, "After a very difficult budgeting process, this is an extremely exciting outcome. VCA will bring jobs to Vashon and will provide a huge benefit for the entire community. This \$2 million appropriation brings us significantly closer to our VCA fundraising objective and closer to breaking ground for Vashon's community arts center."

The funds were appropriated through a section of the State's capital budget directed towards "projects that strengthen communities and quality of life" and will be used to support the construction of the VCA campus." Half of the new funding replaces a Building for the Arts grant VAA received from the State in 2009. The grant expired in June of this year, so it was a great relief to have these funds replaced. The additional \$1 million is entirely new funding, and further strengthens the VCA fundraising efforts.

"This appropriation reconfirms the State's recognition of the importance of the arts in our communities," said Tim Roden, chairman of the VAA Board of Trustees. "Vashon deserves to have an



Senator Sharon Nelson announces \$2 million appropriation for Vashon Center for the Arts. Photo Ann Nicklason

arts campus that celebrates the talent, enthusiasm and support within this unique Island community – and we are moving ever closer to this goal."

Vashon Center for the Arts is a \$16.9 million project to develop an arts campus at the intersection of Vashon Highway and Cemetery Road on Vashon Island. The campus will include the historic Blue Heron building as well as a 300-seat performing arts center, a gallery and restored wetlands. VCA will serve many arts organizations on the Island including Vashon Chorale, Vashon Opera and Drama Dock. The campus will also function as a new home for Vashon Allied Arts classes, performances, VAA Center for Dance and administrative offices.

THE VASHON ISLAND COFFEE ROASTERIE COFFEE ROASTERIE OVER 350 BULK HERBS.

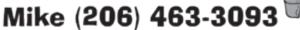
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Psychic Fair

Vashon Intuitive Arts will be hosting a Psychic Fair during the festival July 20 & 21st Starting at 10am on both days.

VIA offers and cool, quiet retreat space to enjoy the variety of offerings from each of their talented providers and to browse their gift shop & library just a step away from the crowds on the street.

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Island talent includes Leah Mueller highly experienced tarot and astrology expert, Dianna Ammon, Crystal Healer and Reiki practioner, Lorna Cunningham, Intuitive Reader & Sound Healer, Susan Kulkowitz, Aromatherapist and Ginny Ciszek, Medium & Channel teamed with Susan McAliley, Spiritual Illustrator for I AM Spirit ART- Spirit Guide/ Angel Portraits & Readings.

They have guests coming from all over the Puget Sound area; Sunday Hamilton is bringing her fabulous



gemstone jewelry and offering Tea Readings & Numerology. Suzanne Reynolds, Handwriting Analysis, and a Island favorite, Bill Champlin, Tarot Reader and for the first time Winnie the Pet Psychic.

Prices will vary by provider but this is an excellent chance to experience many different styles and talents all bringing forward Spiritual insight & healing, to help you open up to your own intuition and healing path. Come join us and find that peace and clarity you are seeking.

Vashon Intuitive Arts is next to Pandora's Box and across from the Rock Pizza on main Highway.

For questions and more info call VIA at 463-0025

A Week in Paradise Cove

Continued from Page 1

our own Olympic games where the kids participate and two generations of adults act as judges. I may be the oldest competitor, but everybody has their own talents. There are seven "athletes:" Bryce, my cousins Alex, Nick, Benicio (a.k.a. Beni), and Riley; Sabrina, a guest who stays with a neighbor, and me. The tradition starts as Beni sings a song or two, and then, the games begin. The competitions include musical chairs, the clothes-pin drop, a Ping-Pong ball toss, balancing on a stump, and a few more activities. You have to rely on accuracy to win. The top competitors are Bryce, Alex, Beni, Sabrina and me; but everyone gets a plastic medal to show pride. At night, the fireworks go off to end the 4th of July.

A few days later, we have to go home and Bryce and I will get upset. We had a blast and I could easily call it the best week of the year. Sometimes, I wish I could live in the Northwest, but that means I would leave my buddies behind. I would want to go to Paradise

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Cove and play in the spacious yard with my cousins, but Mom says that the 4th of July wouldn't be as special. At home, I wait for next summer like an old man watching the clock.

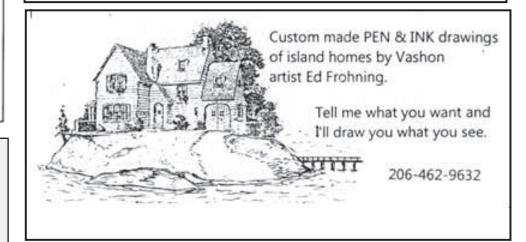
Adopt A Cat Day!

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Island Life Re:[VashonALL] Hello Everyone!

by Peter Ray

Our greatest fear should not be of failure, but of succeeding at something that doesn't really matter. D.L.Moody

These days, whenever I see an email with the subject line that is the title of this particular bit of indulgence, I make a check mark in the box next to it and hit delete. I also perform this same operation on anything pertaining to saving polar bears, signing up for "fun" runs where you wind up getting covered in mud, foam or an array of colored chalk dust, political proselytizing by Harry Reid or Nancy Pelosi, or anything related to a once relevant 9/11 truth movement which is now populated by paranoid whack jobs and people who don't know when something is done and pointless. I then don't really have much reading left to do there and move on to other things that seem to matter, although it's sometimes hard to tell about even that. There- just now I was checking on an anticipated other email message and found two more of the above mentioned Re:'s- check, check- delete.

For those of us who have not indulged in the now over 200 "messages" in this particular string contained in the facebook's VashonAll page, it involves a supposed Hollywood scout who came here to look for Vashon's Archie Bunker so someone could make another so-called "reality" show about him and how he finds redemption and change amongst the myriad of glutenless, liberal denizens of this hallowed isle. What puzzled me from the start was what exactly might be the catalyst of change that would turn Archie into a born again tree-hugger during the run of the show, having not succumbed to radical personality metamorphosis as of yet in the duration of his cranky, unenlightened Island existence. Perhaps they were counting on the fact that change doesn't come easy, but with a little luck- and maybe a secretly scripted plot twist here and there- our resident curmudgeon

As one looks at the polarization that these subjects generate, the base premise guiding this proposed show seems less a subtle twist of contrived irony than a rather obvious, self-destructing hope beyond hopes. The fear of change behind this Hello! string is being morphed and amplified by the lost perspective of what really might matter to the well being of this Island beyond something someone somewhere might choose (or not) to create and/or watch in the space between the commercials on TV.

That is at least a part of the reason why I don't read this string, along with other things. Having avoided plodding through all the repetitive Island crap, I can then do things like go on walks and visit new Island residents, like the bug covered, mobile crapper that is now parked up at the VES fields- come on now, you knew I would get around to this subject at some point. Some have called it the Million Dollar Restroom- others have described it in terms that probably shouldn't be fully spelled out here. But there it was over in the carefully scraped and graded bare dirt, gleaming in the noon day sun. After all the build up, I expected something bigger, something like what is described on the Premier Executive Trailer pages on the internets. Now here are portable toilet setups that would meet and exceed what Bill Ameling would like to call modular. There is the Advantage, the Luxury Liner 20, the Executive 24 and the Porta Lisa. All seem to have real porcelain fixtures some have wood floors and stall doors. The claim on the Luxury Liner 30 is that it can "comfortably accommodate 400-500 guests at a six hour event." All of this is something I'd expect of a million dollar pooper (MDP), but that's not really what I saw up at VES at the turning point of my amble from home.

At the moment the MDP is resting from it's long overland trek from Indiana-I assume that's what it's doing since it isn't hooked up to anything, and it certainly isn't open for public inspection beyond the once around the outside I gave it. There didn't seem to be anything that looked like a concession stand window, although there was a fold down platform that might serve as a prominent place for judicial stump speeches like in the presidential railway whistlestop campaigning of yesteryear. There were a



Mama Kéetla/ Springer!

By Orca Annie Stateler, VHP Coordinator

On June 13, 2002, a contingent of Springer's Peeps – supporters of Kéetla/Boo/Springer the Orphan Orca — watched with trepidation as our wee orca gal was extracted from the waters between Vashon and Fauntleroy Cove, hoisted into a sling, and ferried by tug to a rehab pen in Manchester, WA. Her fate was uncertain. Was the elaborate operation a rescue or a kidnapping?

Springer (A73) captured our hearts during her six-month stay at the North End dock. Had she been captured only to be shunned by her wild relatives, wind up in a marine park, or die from the stress of it all? Would the plucky little orphan have the strength to rally in health and behavior for a demanding 400-mile journey home to her Northern Resident killer whale family? Kéetla's resilience astonished us!

The Orphan Orca Fund (OOF) formally



First Nations who share Kéetla's ancestral waters.

Springer experienced some rough patches in her first month home, occasionally seeking out logs and boats on which to rub. However, under the patient guidance of A Pod kin – such as an adolescent "auntie" who physically blocked her from approaching boats -- Springer soon resumed a typical Northern Resident killer whale life. Despite deaths of some close podmates in the last decade, Kéetla returned to the Northern Residents' core area every summer with her A4 extended family. Many of Springer's Peeps, including Odin and I, commemorated



would perhaps come around, in five or six years, to the eagerly awaited personality correction, once the realization had hit home that the show had long ago run out of jokes about ferries, bikes in trees, carved wooden sentinels and just what today's special is. I mean, did this scout not include the demise of the Church of Great Rain in his pre-visit research?

The reason I stopped reading these quips and snarks after comment number 50 or so was because they pretty much are saying the same thing over and over again. We don't want the increased population on the Island that this recognition will spark. It will bring badly needed jobs to the Island. And my favorite- the grand and glorious magic counting and accounting of residency years that entitles one to honorary residenthood and coveted Islander status.

couple of interesting notables of note on my walk around. One was a good, old fashioned porta potty that seemed in perfectly good working order. It seemed rather unphased by it's gleaming but still nonfunctional neighbor and future replacement. The other thing I saw was a lone worker at the Harbor School doing some wiring on the Community Solar project that shades the south facing windows on the school, and promises at least a partial, tangible and positive change to at least one aspect of Island Life. As I left MDP to its recovery, and walked past the bank of solar panels as I started toward home, I pondered failure versus real things that matter and wondered how that would fit into a reality show, but quickly decided it probably wouldn't get five comments on the facebooks, and decided I might as well write this instead.



Springer (A73) with her first calf, 7/4/13. Photo by Graeme Ellis, DFO Cetacean Research Program

united some of Springer's Peeps. Mark Sears, Odin and I were in OOF – a coalition of NGOs that collaborated with scientists and government agencies on Springer's rescue, rehabilitation, and repatriation to her Northern Resident Orca Community. Many Islanders contributed to OOF. One major OOF purchase was wild salmon caught by Namgis First Nation fishers for Springer's net pen in Dong Chong Bay, BC.

On July 14, 2002, Kéetla bolted out of that BC net pen, with a Namgis-caught salmon in her mouth, toward her A35 matriline relatives lined up at the bay's entrance. Two-year-old Springer (A73) was in the net pen just one night, breaching and vocalizing excitedly when she heard the calls of her natal A4 Pod. Evidently, the killer whales expressed the equivalent of Maxinux Bédo -- "Welcome Home, Baby Orca," in the Kwakwala language of the

five and ten year anniversaries of her reunification with her pod. As proud nannies, we visited Johnstone Strait several times to observe Kéetla's progress.

This year, Springer achieved another milestone. On July 4, 2013, Graeme Ellis, a biologist with Canada's Department of Fisheries and Oceans, spotted Springer, now age 13, with her first calf near Bella Bella off the central BC coast. Mother and baby were traveling with the A35 matriline, the same members of Springer's natal pod who initially welcomed her home upon her release into Blackfish Sound in July 2002. Kéetla's baby is already several months old; the calf's sex is unknown at this time. Ellis noted that the calf looks "healthy and active and energetic." This week's photo shows the blessed duo.

Continued on Page 6

The Vashon Loop, p. 6

Spiritual Smart Algek



www.spiritualsmartaleck.blogspot.com

Forty Years of Festivals

By Mary Tuel

In July of 1973 I joined my hippie friends one Saturday morning to go up to town and see the Festival Parade, my first.

We had to park a couple of blocks out of town and walk in with other festival goers. That part hasn't changed in 40 years. The crowds have become bigger and the walks are longer now, going down Beall Road on the east and out Cove and Bank Roads on the west, as well as up and down the main highway.

There were a few marching bands, and cars with a parade marshal, and various pretty girls waving to the crowds, but what most impressed me was the Bacchus Lumber truck. It had a pile of drain field pipe on the back. I knew I wasn't in California anymore.

In 1974, I sang at the Festival for the first time, by myself, in the patio behind what was then the library and is now the Senior Center. By 1975 festival music was being staged in Ober Park in the little area on the south side of the building, which is still used as a concert stage. The music was all volunteer, and as far as I know all the musicians were local. Some of the ones I remember are Mike Dumovich, Sr., playing raucous slide guitar blues; Mindy Manley playing the banjo and singing old time songs; Steve Fearey and Thea (Teddi)

Leyva (now Westcott) performing as Bodacious; Bob Haworth in whatever configuration he had going at the time – perhaps his oneman band; Ron Hook and his Sub Pop group; and Chris Howie, Rick Tuel, and yours truly performing as Kanout Manufacturing. At the end of Saturday afternoon, Zumi and his marimba band played and most of us got up and danced. Many islanders played in the marimba band, swinging and sweating. The marimba is a fitness instrument.

There were many other musicians playing, and I apologize if I have not mentioned you by name. I simply can't remember everyone.

In the evening there was the traditional street dance. Probably the band was the Doily Brothers.

Now, here is an Island Legend. It happened before I arrived, so call it a fact-related rumor.

In 1971, so the story goes, the Festival street dance was rocking on Saturday night, and everyone was having a good time. Midnight came and the county sheriff who was present told the band the dance was over and it was time to shut down and go home. There was resistance to this suggestion, so the sheriff pulled the plug on the band, and voila, the dance was over. People were not happy, but they dispersed. Everyone went home except for a couple of souls who came back up to town and firebombed the court house.

I made a request on the Facebook page, "Old Vashon Pictures and Stories," for stories about that incident. People have responded kindly and generously, so you can go to that page to read the stories. My deepest thanks to all who have contributed. Turns out to be a story of redemption for at least one of the people involved. People are still writing, and contacting me outside of Facebook with information, and I may write about that night and its fallout in a future column.

As the years went by the Festival and its music grew. The Portage Fill began doing a different kind of street dance, so we had choices on Saturday evening. The parade started to include Bob Haworth's kazoo band, and other local groups started doing

their own original parade entries. Islewilde brought giant puppets. The Seafair Pirates, who terrified little children, eventually stopped coming. I think.

In the 1980s I would perform at the Festival with the trio Women, Women & Song. We had fun and people came to hear us in droves, which was quite gratifying. Since then my participation in the Festival, and Festival music, has dwindled. Rick was part of the color guard at the beginning of the parade for a few years, but he can't do that anymore, so he usually stays home during festival and enjoys the quiet in the neighborhood.

Most Festival weekends the last few years I've gone up for the Kiwanis pancake breakfast and watched the parade with my friend Becky, and then come home and hung out with Rick. I take our granddaughter up to do the rides sometimes and walk around the booths and admire the crafts people's wares and see people I haven't seen for ages.

Festival: an island tradition, the highlight of our summer, and quite a blast before August, when we frantically summer it up before school starts and autumn moves in. Looking out my window I see that there are already some leaves turning yellow on the maple trees. I mentioned this to someone who said, "Don't look out that window." Good advice.

Happy Festival, Happy Summer, to all.

Dorsal Spin

Continued from Page 5

Kéetla (our Tlingit name for Springer) defied the odds and her success is unprecedented. She is the only known wild killer whale to be captured, rehabilitated, and thoroughly reintegrated with her pod. The birth of her first calf is triumphant, and providing the calf survives, Springer's genetic legacy will persist for generations to come.

Springer's calf is fortunate to be born into the Northern Resident Community of about 260 orcas in 16 pods. In stark contrast to the joyful news of Kéetla's baby is the devastating news that two more Southern Residents died. The Southern Resident population plummeted to 82 with the deaths of females Grace (L2), age 52, and Baba (L26), age 57. Though the Northern Residents are considered threatened under Canada's Species at Risk Act, they seem to be thriving compared to our endangered Southern Resident orcas, who are dwindling at an alarming rate. If only Springer's magic mojo could rub off on J, K, and L Pods especially L Pod - but that's grist for another "Dorsal Spin."

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041, as well as sick, injured, or dead marine mammals on Island beaches. Prompt reports to the VHP expedite the vital data collection efforts of Mark Sears and other researchers, and sustain an accurate record of whale sightings for Vashon-Maury and Central Puget Sound initiated three decades ago by Mark. Check for updates at Vashonorcas.org and send photos to Orca Annie at Vashonorcas@aol.com.



Teeth. Lots of teeth. Smart Aleck singing at 1976 or '77 Festival.



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Planef Wases



Due to publishing Schedule this issues Horoscopes are written by Genevieve Hathaway, Moonshine Horoscopes. Genevieve is an astrologer and Planet Waves contributor.

Aries (March 20-April 19)

Over this week's Aquarius Full Moon, how you relate to the groups you are a part of is shifting and evolving rapidly. This may feel like a burst of energy accompanied by seeing a situation in a new light. What is changing is not necessarily the situation, but rather how you perceive it. An internal pressure is driving for more discernment now about whom you want in your network. You will have a number of options in picking who is around you. Sharing is often one of the most direct ways to experience a deeper sense of meaningful connection, even in a larger group setting. As you navigate these choices, I suggest keeping your vision on not only individuals who invite you into their groups, but those people and networks who have something to teach you as well.

Taurus (April 19-May 20)

Currently, you are working through a career choice that may seem to be at odds with a close relationship. I suggest holding off on making any quick decisions, instead proceeding with patience as you work the fine edge of a creative solution. You are taking the long view that this is more a matter of finding an innovative solution rather than seeing your options as mutually exclusive. A partner may be applying pressure for you to speed up resolution on the current situation, though this stems more from a need to understand the changing dynamics. Open communication will go a long way in bringing everyone along as you work and rework the career opportunity and the point where it meets or influences your relationships. The time and energy you invest in these conversations will bring a greater sense of intimacy.

Gemini (May 20-June 21)

Personal philosophies inform much of the way you approach structuring your life and the habits you have. Transitioning from living in old habits that do not apply anymore and acknowledging what is healthy for you require a vision that is based on facts. Think of those facts less as something you look up in a book, and more like information you test and retest to gain an accurate picture of what is real and concrete. As you mold your beliefs to support a healthy emotional state, I suggest holding an overarching emotional feeling of your life. As you build these new habits notice the feeling you get when the decisions you make support nurturing your emotions and sense of worth. You are building the solid foundation for a consistent sense of strength and grounded happiness independent of any external situations.

Cancer (June 21-July 22)

The Full Moon is inviting you to take a risk in terms of the sex you want. I propose that you consider this less as a leap across the Grand Canyon and more like actually letting go of something that has weighed you down in the past. What you are letting go of is the fear and shame that have come from others' judgments of your desires. As you make contact with a deeper sense of who you are and what is right for you, you'll be able to move around any inner blocks. Sexual identity involves knowing what you want, need and desire and then sharing that first with yourself and then with others. Over the coming weeks, as you come across

new people and experiences, meet them with all your cards on the table. Then note the sensations of confidence that are accompanying holding this position.

Leo (July 22-Aug. 23)

Over this week's Full Moon, I suggest holding space for close partnerships to change at an organic pace. Your relationships at the moment may feel caught up on something, or like the pressure for change isn't gaining as much traction as you would like. This feeling of pressure is coming up from within you rather than being applied on you. It is providing you with a leveraging point to orient on the changes you are making. Relationships for you have more to do with pleasure than a power exchange. In the past this has meant you giving more than you get, rather than a two-way street. You are in the process of learning to use a different approach to communicate your needs to a close partner. From these open and honest experiences and conversations strong relationships can be built with a foundation rooted in authenticity and acceptance.

Virgo (Aug. 23-Sep. 22)

You are working through a few realizations surrounding your dad's inner emotional state and how it affected you growing up. Tension is likely building between his inner experience of existence and how grounded you feel emotionally. This new information will help you connect the dots concerning his emotional health and its impact on any internal splits you've experienced between who you are and who you show to the outside world. Take time to reflect on how this affected your ability to consistently feel like the 'real you'. What you are doing through this investigation is dipping some old but still-hot wounds in soothing, healing waters. As you let this healing balm wash over you, let it also wash away the past, acknowledging that it did impact you but does not dictate how you experience your life in

Libra (Sep. 22-Oct. 23)

At the moment, you are working to resolve a point of tension between your creativity and your sense of self-esteem. This could come with the feeling of the energy pushing through, like it's building and forcing the issue. Your creativity is currently particularly fertile, coming with the sensation that instead of having one innovative way to express an idea you have many ways. The key is to feel that you can put this creativity to use in accomplishing your goals. This involves trusting in your ability to apply your ideas and vision. I suggest that you use any doubts that may arise as a chance to get under and around them, healing them through making contact with your actual potential.

Scorpio (Oct. 23-Nov. 22)

Lately you may have been questioning how you can feel a permanent sense of security in a world that seems to be widely different one day to the next. You are making contact with a more accurate picture of how you access emotional stability, a concept that does not include possessiveness, jealousy or managing people. Rather, integrity and respect are two key components for you; so is being surrounded by a strong network

of many different types of people. You need to feel that you have equals among your work colleagues, in your home life and in your wider community. Call it a tribe of people who know and openly accept the genuine you, including the parts of yourself you keep hidden away. Accessing these individuals is less about control or manipulating how they see you; it's about showing up as authentically you, and noticing who

Sagittarius (Nov. 22-Dec. 22)

As you look to make some changes to your work and home space, I suggest approaching both areas as creative spaces -- physical environments through which you express a signature of yourself. Take the time to physically carve out a space in both these places that is your creative workshop □ a part of the space in which you have free rein to immerse yourself in your innovative and experimental side. A space where you are free to try new things without concerns of perfection in what you produce. Environments resonating with both your philosophical nature and your explorer nature will provide a nurturing space for you to tap into your core creative energy and use it to guide your work. As you go to work in this new space, continue to remind yourself that what you create has both value and a place in the world.

Capricorn (Dec. 22-Jan. 20)

During this week's Aquarius Full Moon, you are reworking an idea around how you feel about your gifts -- those skills that are a direct contribution to the larger world. They make an impact on more than just your local environment, though there may have been times you had a hard time connecting what you have to give and the large sweeping reach it did have. What you have to give back to the world isn't a magic bullet to instantly fix all problems. Rather, it requires discipline, time and patience to fully apply your skill and see the results of your work. Note how you feel when you do this work, the sense of meaning in your life that comes with sharing skills

that are both very personal for you and also make a positive impact in the lives

Aquarius (Jan. 20-Feb. 19)

What it feels like to experience existence as 'you' is less a physical structure and more like malleable clay you can continuously re-shape. You are in a process of re-forming your patterns and habits to build healthier, more supportive internal structures. How you experience your existence is changing slightly, like you shifted to the side and suddenly noticed a hidden door that you never saw before. All you need to do is turn sideways to slip through it and into a new space. There are in fact many of these hidden doors and as you shift your perspective slightly you are able to see each one, slipping in and investigating it to try out a different potential emotional pattern. Ultimately, what you are making contact with in this process is an authentic mode of existence, one that provides you with enough flexibility to grow and explore yourself.

Pisces (Feb. 19-March 20)

You live as much in your dream world as you do in the physical realm -- for you they are both just as real and tangible. Currently, you may feel as though you are barely able to straddle both worlds that you occupy, never in one enough to fully grab hold. I suggest taking a deep breath and trusting that you can in fact make the stretch to occupy both very different landscapes at the same time. Notice how you feel about what you are experiencing. As you record this information, you will be able to connect a few dots and learn something useful about how you can live in both the intuitive and physical worlds even as both realms continue to gain complexity. You need to exist in both mediums to survive, and now you are fine-tuning the details of how you

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July 18 '13 The Vashon Loop, p. 8

Strawberry Festival Music Schedule

Friday July 19 Heritage Museum

6:00pm Paul Colwell, Bob's Your Uncle, Chuck Roehm, Roger Taylor & friends

7:00pm Kat Eggleston, Magpies, Gordies Byre, Poultry In Motion & friends

Beer Garden

7:00-11:00 Loose Change

US Bank

9:00-12:00 One More Mile



Julie Mainstone

Ober Park

1:00 - 1:45 RJ Knapp Honey Robin

1:50 - 2:25 Daryl/Renee Redeker

11:30-12:15 Tuesday Nights

12:20-12:55 Hominy

2:30 - 3:15 Rooster

4:00 - 4:45 Certain Inertia

5:30-6:30 *Loose Change*

4:50 - 5:25 Walter & Donny

Stage Locations

Ober/Maury Stage = east side of the Parks Dept building

Beer Garden = in the grass courtyard across from the library/Ober park

Pandora's = 17321 Vashon Hwy

Varsa Youth = Village Green

U.S. Bank Stage = Bank Rd & Vashon Hwy

Ignition Stage = between Spiders & Saucy Sisters

Heritage Stage = behind the Heritage Museum, 10105 Bank Road

Saturday July 20

Ober Park

1:00- 1:45 Portage Fill

1:50- 2:25 Chuck vanNorman

2:30 - 3:15 Riverbend

3:20-3:55 Phil Royal

4:00- 4:45 Tarana

4:50 - 5:25 John Browne

5:30 - 6:15 Rumor Has It

6:20-6:55 Cami Lundeen

7:00-8:00 The Blue Tracks

Pandora's Box

1:30 - 2:15 Harmonious Wail

2:30-3:15 *Geordie's Byre*

3:45-4:30 Joe Panzetta Band

4:45-5:30 *Fendershine*

5:45-6:30 Kimo Muraki

VARSA Youth

1:00-1:30 Just Kidding

1:45-2:00 Aaron Plassmann

2:15-2:45 Risk

3:00-4:00 Shakes KIDS

4:15-4:45 Just Kidding

5:00-5:15 Zoey Rice

5:30-6:00 Peyton Levin

6:15-6:30 *Luke Webster*

US Bank

2:00-2:45 The Fieldhands

3:15-4:00 Delilah Pearl

4:30-5:15 *Joshua Powell*

5:45-6:30 Impossible Bird

7-9pm Portage Fill Band

9:00-12:00 Spotlights All-Star Band





Washover Fans

Beer Garden

1:00-2:00 HD Fusion with Tony Handy

2:30 - 3:30 One Nite Stand

4:00-5:00 Poultry In Motion

5:30-6:30 The Dadds

7:00-11:00 Bill Brown & The Kingbees

Spiders

1:00 - 1:45 Zarni de Wet

2:00 - 2:45 Jessa Young

3:00 - 3:45 *James Coates*

4:00 - 4:45 Bob Krinsky

5:00 - 5:45 Ron Hook

6:00 - 6:45 Janie Lidey

Heritage Museum

2pm Gaye Detzer & friends, classical strings

3:15pm Mark Graham and Orville **Iohnson**

4:30pm Todd Zimberg and friends

5:45pm TBD



Judd Wasserman

Pandora's Box

11:30-12:15 bobrick

12:30 - 1:15 *Julie Mainstone*

1:30 - 2:15 Rebekah & Lawsons

2:45-3:30 Golden Tree Story

3:45-4:30 Spank Williams

4:45-5:30 Summer Januaries

VARSA Youth

12:00-12:30 Maijah S-F

Sunday July 21

12:45 - 1:00 Anne Kehl

1:15 - 1:45 James Barrett

2:00 - 2:15 Jessica Klein

2:30 - 3:00 Grant Lyons

4:00 - 4:30 Yes Mam

US Bank

1:00 - 1:45 Paula Boggs Band

2:15 - 3:00 Washover Fans

3:30 - 4:15 Flying Mandolini

Beer Garden

12:00-12:45 Duo Finelli

1:00 - 1:45 Judd Wasserman

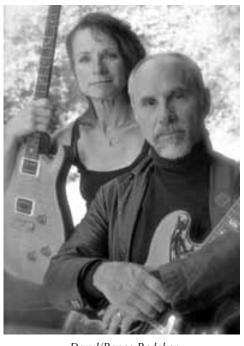
2:00 - 2:45 Jamie Jackson

3:00 - 3:45 Gregg Curry





Gregg Curry



Daryl/Renee Redeker

I approve their list and add

Lean sliced beef from the deli

provides an easy high-protein

ingredient for summer meals. We

choose it for Thai beef salad. It

provides zinc and Vitamin B12, too.

I believe I've given you the recipe

in the past, but it's worth repeating.

4 large leafy lettuce leaves

6 to 8 mint leaves, shredded

1 stalk lemon grass, only

1 lb. lean cooked beef, sliced

4 center strips from red onion

or 4 Tablespoons chopped rd onion

2 to 4 garlic cloves, minced

1 hot green pepper, minced

dash sugar or stevia

4 teaspoons lime or lemon juice

3 teaspoons fish sauce (Nam

2 Tablespoons dried onion

½ Tablespoon, or to taste, dried

Wash the lettuce leaves under

running water to remove pesticide

residue if using store-bought,

non-organic lettuce. Pat themdry

between clean dishtowels or paper towels. Place one leaf on each salad

plate or arrange them all on a large

if using. Lay on in this order the

beef slices, the mint, the cilantro,

among the salads.

Sprinkle with the lemon grass

Mix the dressing and divide it

THAI BEEF SALAD

4 servings

8 cilantro leaves

into thin strips 2"x1/2"

or green onion

Dressing:

Garnish:

red chili pepper flakes

bottom 2/3, minced (optional)

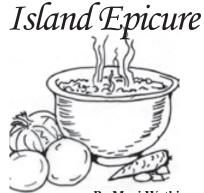
lean grass-fed beef and buffalo and

cchicken. Red meat has had a very

skin on your brain cells.

flat out told me, when I tried to

set some limits one time, ' but



By Marj Watkins

The 12 Best Foods

If you would list your ten favorite foods, how many of these would be among them? The first tent list comes from Nutrition Action, a newsletter published by the Center for Science in the Public Interest. I have added the 11th and 12th.

Sweet Potatoes

Mangoes

Unsweetened Greek yogurt

Broccoli

Wild salmon

Gluten-free or low gluten

bread

Beans

Watermelon

Butternut squash Leafy greens

Road To Resilience

Continued from Page 1

that time is now. Not in the next ten years or next year or next month: now! I don't know about you, but I don't see that our votes, our donations, or signing petitions have really moved leaders to change course. I'm not saying that we need to commit violence, but I think we do need to leave our homes or workplaces and actually take part in non violent direct action in order to get our governments to put carbon reduction before profit. Again, we can build a strong economy that prioritizes carbon reduction; we just have to decide to do it.

So, how do we create a massive upwelling of demand that our business and government leaders, and the media that reflects their view, can't avoid responding to? Let's see; we need a way to organize ourselves into a coordinated national, even international force. We also need to know how, when, and where to most effectively get our point across to those that need to hear it. It just so happens that we need look no further than our own Backbone Campaign. If you are wondering how you yourself can become a cog for change, you are in luck! Experienced activists and organizers from all over the country are coming together right here on Vashon Island between July 31 and Aug. 5 for Backbone's Localize This! Action Camp. People from all over the country are coming here to participate, but you only have to make a short trip across the island (or maybe next door, depending on where you live). You can find out the schedule and register for one or all days here: http:// LocalizeThis.org. When you register, you will receive an email with the location. If you

bad press lately. It does not deserve it. Even a little saturated fat is a nutritional necessity. It provides the

By Deborah H. Anderson

Let me ask you first. Have you ever given your power over to someone else; the power inside you to do good? Have you ever knuckled under, stayed silent, maybe made a few excuses for someone you knew was trying to pull a fast one or take a short cut?

The story of The Emporer's New Clothes will lead out.

A wonderful story of speaking the truth when the crowd is not so certain of calling it out, the ruling powers have been duped but don't want to let on they really don't see what someone says they are supposed to, and the scammers are thinking they've successfully bullied their way into new money, lessons for all are presented.

Two tailors come to town and tell the King they will sew special clothes that only really special people can see. They sew away with invisible supplies and the King, not wanting to reveal any degree of ordinariness in himself, says 'Oh yes! I can see they are beautiful'. He ends up parading down the street in his underwear. The tailors carry imaginary ermine behind him.

Meanwhile the crowd is clapping politely because, well, he's the King right? Who stands up to the ruling class and makes an opposing observation? Nobody who wants to keep living and making a living.

But one little boy hollers out 'but he isn't wearing anything! The Emperor has no clothes!!' The little boys mother shushes him.

Freeze frame.

Right after I finish writing this column I'm going to change my life so radically for the good that it literally leaves me breathless. No

baby steps like I've been taking for the last twenty years, I mean full on plunge into it where the only thing I have to learn is how to receive abundant blessing.

I finally get to leave the parade. I'm turning my back on the kings who lead people in foolish deceptions, the scammers who go for a fast buck with lies, and the crowds who applaud with insincerity. Why?

Because I have found people who are not afraid of healing, lots of them. I have found people who tell the truth and it sets them free. They are on a different street with no parade.

Us ACOMI (Adult Children of the Mentally III) are different from ACOA's. We aren't codependents. We are hostages. Now truly I thought I had healed from my upbringing because I was the little boy who always told the true observation about the Emperor having no clothes.

Being the only daughter of a mother with Borderline Personality Disorder ,before they even had a name for it , Mom

you've always been in charge of managing my anxiety'. That's a hostage.

Life is a learning curve if you let it be. Mom's been dead ten years now, my birthday is coming

Life is a learning curve if you let it be. Mom's been dead ten years now, my birthday is coming up, i just spent six months standing up for myself more strongly than I ever have in my life...

If I let those factors roll into epiphanies and revelation, as I have, I will end up with new marching orders. I'm turning the corner and going down a new street where I live out my life away from the parade.

I offer these musings for two reasons. First of all I think there's maybe twenty percent of the world that is leaving or has left the parade. I'm committing to walking beside them.

Secondly, because I loved my mother deeply and dearly and always longed for peace for her, I will still have a place, although no longer a loyalty, to the people at the parade. I will always hope they will have a change of heart. But I'm publicly severing my allegience.

I have not a clue what it will be like to live on another street with no parade. But pardon me, I'm going to go find out. The unknown has never felt more inviting.

> Love, Deborah





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aren't an internet person, you can call 408 8058. You can also talk to them at their booth this weekend at the Festival.

As we enjoy the Strawberry Festival this weekend, be sure to check out some other booths of organizations that are building community here: Vashon Timebank, community woodworking shop and tool library, Vashon Be Prepared,

Vashon Household, the Land Trust, Greentech, Fruit club and many more. Have a great weekend either immersing yourself or steering clear of the whole thing, whatever works for you. But give the Backbone camp some serious consideration.

Comments? terry@vashonloop.com





The Vashon Loop, p. 10 July 18 '13

Trolls Cottage – Strawberry Festival Friday

They're back on the Island on the hottest weekend of the year. If you think this show won't be packed to the gills, you're fooling yourself. Get there early and grab yourself a piece of real estate on the dance floor, the boys are back in town.

From the Northwest, the Pacific and the sunset.

Ten plus years of genreblending music mixed with intoxicating lyrical depth. Trolls Cottage is hypnotically simplistic; music soaked in lyrical contemplations.

The Trolls Cottage sound has been defined in many ways. Some say it is semi-acoustic rock with conscious lyrics and danceable beats. Others see have seen it different light, such as in



2002, when their live album was voted to the semi-finals of the Grammy Awards, in the Best Reggae Album category. More often than not, Trolls Cottage has been described as unique, having developed a sound that makes the group stand out from the oceans of other bands. They are enjoyed by a wide range of people, especially when performing at outdoor festivals where the crowds are so diverse.

The energy this band brings to a performance is exhilarating and most certainly compels the audience to get up and dance.

Friday, July 19 at 9:30pm. This is an all-ages show 'til 11pm, then 21+ after that. \$5 Cover

> At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

Portraits of Elders: People Who Inspire

Esteemed Members of the Vashon Community Gather to Celebrate



Hundreds of people gathered at the Vashon Allied Arts Gallery on Friday, July 5 for the opening of Portraits of Elders: People Who Inspire, the new show at Vashon Allied Arts. The exhibit features portraits of 33 Islanders who have had an impact on the lives of five artists who created the work: Donna Botten, Pam Ingalls, Bruce Photo credit: Jeff Dunnicliff

Morser, Olivia Pendergast, and William Forrester.

The opening was preceded by a standing-room only talk by Michael Meade, who presented a free-flowing mixture of poetry, song, storytelling and percussion about the importance of elders in our society.

Publish The Quest

Publish the Quest, a band with deep Vashon roots that has made a name for itself worldwide as both a musical and philanthropic force, is coming home to Vashon this weekend after several whirlwind trips around the world.

Jacob Bain, frontman for the group and also a founder of the all-Islander ensemble Trolls Cottage, grew up on Vashon and lives here now. The group plays an energetic and danceable mix of blues, rock, ska and world pop.

A passion for social and musical outreach has taken the group around the globe. Working with a nonprofit called Learn Africa, Publish the Quest has made several recent trips to Cape Verde, Zimbabwe, Mali, Poland, Portugal and Spain, where band members have played in festivals and music halls, recorded with local artists, and conducted music workshops and jam sessions with under-privileged children. On their most recent trip to Zimbabwe, this summer, the band brought along a trove of donated instruments and soccer balls to give to kids in Harare



and Hatcliffe Extension, a slum just outside the city.

An impressive roster of international stars has collaborated with the band - Femi Kuti, Nneka Lucia Egbuna, Matt Chamberlain, Eyvind Kang, Radioactive, Oliver Mtukudzi and Vieux Farka Touré have joined forces with the group on recordings and in concert. A recent single, "Sodade," was recorded with Cape Verdean vocalist Laise Sanches, with all proceeds from the sale of the song going to benefit the cause of arts education in Africa.

Bain said he has found great inspiration in working with kids and musicians in Africa

people he said had "an insatiable appetite for music." To share the healing aspects of music with children in Africa, he said, has been a joy.

Publish the Quest's latest album is called "Then What!?", and Bain said he is currently working on a new album as well as a short film that will document the band's work in

The show starts at 9:30pm Festival Saturday (20th) at Red Bicycle Bistro. 21+, I.D. required. There is a \$5 cover charge.

> 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

Festival Music at Sporty's

Join The Spotlights Danny Cadman, Loren Sinner, Scotty Johnson with Steve Amsden and Matt Eggleston for a great night of classic rock & roll songs. At Sporty's, Friday July 19, 8pm. Free Cover



Saturday July 20, 9pm

rock out with the Portholes

triumphant return!!! Bret

Harper & Captain Dick and the

Portholes. \$5 Cover





Men's Singer/Songwriter Showcase

some of our amazing Island male musicians for a night of acoustic music. Performing musicians are: Jeff Kanzler, Chuck vanNorman, Ron Hook, Jacob Bain, Gregg Curry, Will van Spronsen, Mark Wells and Joe Panzetta.

The emcee for this wonderful evening of music will be the lovely Allison Shirk.

Joe Panzetta is a Vashon based multi-instrumentalist, composer, and singer. He performs original songs on guitar, banjo and harmonium, singing melodic ballads with a signature percussive guitar style. Panzetta will be joined by Kim Thal on violin and vocals and Steve Meyer on bass. Panzetta has been recording and performing music since 1989 when he started the band Big Sky with Peter Mulvey, and has released 7 Cds. Panzetta has composed numerous pieces shows in the past, and with the latest project the duo explores spoken word poems set to sound scapes/music over animated short

Vashon Island resident and solo artist Chuck vanNorman has been playing guitar, singing, and songwriting for over 20 years. Playing mostly original works, he incorporates a variety of picking, fingering and rhythmic styles on acoustic guitar while using a broad range of vocal tapestries. On songwriting, he is influenced by "the arrangements of the Beatles, the story-telling lyrics of Garth Brooks, the guitar riffs of Metallica, and the power of Live." Chuck's most recent collaborations on Vashon include Jump Track and "vanNorman".

The man, the myth. Ron Hook. Mysterious, captivating..... ever so talented, this man will lay

The Red Bicycle welcomes of music for Dominique Gabella down his funky grooves and make you forget about your troubles. Front man for the legendary Island band, Subconscious Population, Ron has earned the respect of many people - not only with his amazing ability to play many different instruments so well... but for his love of life, his artistic world and the wisdom that he instills upon us all. His spiritual guidance has been the light for many, both young and old....and his music, well....ask anyone and they will tell you how inspiring it is. Drop in and see this rare solo performance by Ron Hook, you'll be glad you did!

> Greg Curry's songs dig deep into the roots of American music to create his original sound. He has traveled America, absorbing influences from rock, soul, and blues to country, bluegrass, and gospel. Drawing from hundreds of original songs and numerous

recordings, he seamlessly knits those American traditions into his unique musical tapestry of lyrical, catchy tunes. Those songs, plus over 20 years of performing, make him a compelling presence

Islanders know Jacob Bain as the front man for Trolls Cottage as well as Publish the Quest. He still stands center stage, playing a rhythmic acoustic guitar before throngs of swaying fans. He's grown a lot since the early days of Trolls Cottage; the music he now plays with Publish the Quest is more fully instrumented and textured, complex and innovative. Indeed, it seems, he's pushed the boundaries of his music, both

figuratively and geographically, traveling with Publish the Quest to countries in Europe and Africa and finding in his musical journey a remarkable sense of purpose. Working with a nonprofit called Learn Africa, Publish the Quest has made several recent trips to Cape Verde, Zimbabwe, Mali, Poland, Portugal and Spain, where band members have played in festivals and music halls, recorded with local artists, and conducted music workshops and jam sessions with underprivileged children.

Mark Wells is a singersongwriter and guitarist from Vashon. His vocal style has been Continued on Page 11

July 18'13 The Vashon Loop, p. 11

Nirvana Modern Cuisine & Libations, Festival Saturday, July 20 at 9PM, No Cover Charge.

DJ Million will be at Nirvana playing Funk, Hip Hop and Soul to get you dancing on Strawberry Festival Saturday Night! DJ Million, aka Davee C. Carpenter from Seattle, brings the hottest high energy selection of music of every genre from the 50's to present and future. DJ Million has an expansive festival and club schedule playing places that include the Nectar Lounge, The Baltic Room, Electric Tea Garden, The White Rabbit, Contour Lounge and some festival events such as Conscience Culture Festival, Save the Girls, Neodandi Fashion Show, as well as opening for local and touring acts such as Yami Bolo, Flowmotion, Publish the Quest, Marty Dread and Ky Mani Marley.

One thing that brings all people together is music, and dancing is a universal language. Anybody and everybody are always welcome to the DJ Million experience.

Nirvana Modern Cuisine & Libations



DANCING . SATURDAY JULY 20

presents Dancing with DJ Million free of charge and will be serving Pacific Northwest and Global dishes all of Strawberry Festival Weekend from 3PM to 9PM and brunch on Saturday and Sunday from 8AM to 1PM.

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Singer/Songwriter Showcase

Continued from Page 10

described as dynamic and light, with hints of James Taylor and Paul Simon. Wells' songs feature lyrics with themes ranging from the deeply personal to social commentary. In addition to his solo work, Wells has been known to perform with various other Island musicians.

The Seattle-born singer-songwriter Jeff Kanzler now makes his home on Vashon and many of you know him from The Roasterie....but if you haven't heard him perform before, you're in for a pleasant surprise. Jeff has a fine, expressive voice with a touch of gravel and his melodies are often sublime, reminiscent at times of early Dylan. In his outstanding debut CD "Black Top Road" you can hear not only the loneliness of the Alaskan landscape, but also the fun and beauty that Kanzler's music radiates. His voice, full of expression singing beautiful melodies against a

melancholic tone keeps you fixated. . The important thing is that he comes off authentic from start to finish.

360-393-5826

cerisenoah@windermere.com

In a style once called "jazzamericana," Will van Spronsen tells stories of love in all its manifestations- love; love lost; and manifold redemptions... The lyrics hint at Will's spiritual anarchist beliefs. His aching and original vocals are beautiful.

This intimate affair is likely to sell out early, so get your tickets now at Brown Paper Tickets. The Vashon Men's Singer Songwriter's Showcase is produced by Vashon Events.

Friday, July 26 at 9:30pm. This is an all-ages show 'til 11pm, then 21+ after that.

At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

Dancing with DJ Million Hot Rockin Blues comes to the Vashon Festival!



Islander Roger Lehet brings the award winning Blues Act of RJ Knapp and Honey Robin to the Vashon Island Strawberry Festival for three engagements this year. Nominated for 4 very prestigious awards in the Washington Blues Society, including best new blues band and best blues album, this act is top shelf.

Formed 2 years ago with Singer Robin Mahaffey (formerly of Vashon Island) and RJ Knapp, song writer and guitar wizard, this band which is powered by the Engine Room (Robert baker on Bass, and recently joined Roger Lehet on drums) has released their first album and are currently touring west coast blues festivals. The band will soon be leaving for three engagements in Montana including the Big Sky Blues Festival in Noxon, August 1st through the 6th.

Before they go however they will be performing three stages at our Vashon Strawberry Festival. The first performance will be at Ober Park Friday the 19th at 6:00 pm. They will then perform on a moving stage during the parade, and finally at Ober Park Sunday at This show is a must see as the level of crowd interaction and awesome vocals dueling with hot guitar licks is sure to please the most discriminating palate.

The RJ Knapp and Honey Robin band is also available to entertain at your party. For booking information Please contact Honey Robin at 206 612 9145 or visit the website at www.rjknapp.com.



Fisher Needs A Home...

Fisher was found hanging out near the high school fishing for some extra curricular activities. No one has claimed this boy. Since Fisher has been at VIPP we have found him to be very sweet boy with a wonderful personality. He can get overly excited in his play so he would be best with a family with older kids. Fisher does not do well with dogs. Fisher came to VIPP on 3/27/13.



Go To www.vipp.org Click on Adopt





Sunday - Thursday Bistro & Sushi service 11:30am to 9pm Lounge is Open 11:30am to midnight

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Y - Thursday
Sushi service
am to 9pm
de is Open

Live Entertainment
July 19, 9:30pm
Trolls Cottage

July 20, 9:30pm Publish The Quest

July 26, 8pm Men's Singer/Songwriter Showcase

> August 2, 8:30pm The Highlife Band



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Deadline for the next edition of *The Loop* is

Friday, July 26

Vashon Loop 206-925-3837

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For show times and info check www.vashontheatre.com

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Find *the Loop* on-line at www.vashonloop.com

Bonita Boo Needs A Home...

Bonita Boo is a silky, slim, petite young girl who is chock full of personality. She would love to be the sole soul mate for her new person. She has a fun, playful spirit and she would make a great family cat. Bonita Boo came to VIPP on 4/14/13.

Go To www.vipp.org
Click on Adopt



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We interrupt our regular comic strip of the Maury Island Space Aliens GMO Food hearings to bring you this BREAKING NEWS... following the Fun Run, Well thanks to the FARM



Lopy Laffs









