



THE VASHON LOOP

Vol. 10, #18

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August 29, 2013

Vashon's Own Road Show



Antique appraisals at bargain prices, silent and live auctions will be taking place Saturday, September 7, from 10a.m. till 2p.m. in the back garden of the Vashon-Maury Island Heritage Museum.

This is the second year for "Treasures In Your Attic", the Museum's end-of-summer fundraiser. About 400 people attended last year, attracted by the opportunity of having antiques, collectibles, and curios appraised at rock bottom prices. Offering their services as a gift to the help the Museum, appraisers, dealers, and experts will provide information and market value. Attendees can bring paintings, silver, clocks, music boxes, decorative art, antiques, vintage jewelry, fine gems, books, tools, watches, Native American

art, curios etc. The experts for this year's event are:

Ernest Lopez, Pre-20th Century decorative arts and antiques, clocks, music boxes and advisor for "Antiques Road Show", Director of the West Coast Clock Museum; Greg Nolan, Specializing in silver. Owner Victor R. Antiques. Gallery manager and appraisals: David Weatherford Antiques & Interiors, Seattle, decorative art collector; Mike Urban, collector and second-hand dealer for over 30 years and owner of Vashon Estate Sales & Property Liquidation Services. 18th and 19th Century tools, primitives, utensils, curios; Kjell Urban, avid collector and expert recognizing WWII memorabilia, medals, military

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The Road to Resilience

Vashon Timebank!

For a couple years now, I have been pounding away at the idea that we need to increase our resilience as a community in order to ride out the chaotic economic and political future that we are likely to be heading into. Irregardless of what will happen, it is still good to do. The characteristics that lead to resilience are a high degree of interaction and identification within the community, the ability to source much of the goods and services we need from within the community, and maximum utilization of the skills, knowledge, and resources available in the community.

We all know that we have about 20 organizations on the island that are working on parts of this and that about 50 people seem to be keeping all of them afloat. If you are not among those 50, it is probably because you don't want to spend your life in meetings.

We have yet another organization soon to be launched, but this one seems to be mainly focused on getting things done. Although we have to attend at least one meeting to learn how it works, the rest of our participation will be in taking advantage of each other's expertise in getting what we each need. At the same time, it builds resilience in

By Terry Sullivan, Transition Vashon

all the ways mentioned above.

What I'm talking about is timebanking, a system in which each individual gives of their time and expertise in exchange for someone else's. It is like what happens in a close neighborhood only systematized and operated on a much larger scale. I know that we had a timebank on the island some years ago. Among the reasons that it failed, I think, are that the accounting of transactions was labor intensive, and there was a limited sense of what a viable transaction could be. The new system promoted by Timebanks of Puget Sound relies on a computer program that needs little supervision.

The basic philosophy of the new system is laid out in a book, *No Throwaway People*, by Edgar Cahn. The basic principles are:

- We are all assets. Ninety percent of what you do never shows up on a resume. Even something as simple as providing company while sharing a task can mean a lot for somebody's quality of life.

- Some work is valuable beyond price - and that work needs to be recognized and rewarded. Existing

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Bullfighters



Erick Schwindt protects a cowboy

The monster thrashes as he tries to rid himself of Jack Reisenauer. The huge muscular rodeo bull grunts, snorts and bellows as a constant stream of snot and spittle gushes from his mouth and nose. He whirls toward Jack but can't quite reach him yet. He plans to murder him in just a few seconds.

Jack would really like to get away from El Diablo, but he can't - the bull rider's left hand is stuck in the rigging and every violent swing the bull makes causes the snag to tighten. The slight young cowboy is in real danger and he is helpless. His legs drag ruts in the soft dirt then fly out horizontal as he is jerked along and whipsawed. The Sedro-Woolley rodeo crowd is strangely quiet for a few seconds. They seem to have stopped breathing.

Bullfighter Josh Canode, dressed in a comical, brightly-colored outfit with large, baggy trunks and wearing track shoes, steps directly in front of the bull, then quickly around to the other side, causing El Diablo to lose his focus on Jack and stop his motion while he figures out how to deal with Josh. That little distraction gives

Jack enough time to free himself and sprint back toward the safety of the bucking gates where he can climb away from harm. El Diablo turns his fury on Josh, who makes a show of toying with the powerful animal to the delight of the raucous crowd. The bullfighter zigs and zags but the enormous bull fails to negotiate Josh's tight turns and remains a step out of sync. In a move that looks like magic, Josh turns his back on the charging bull and grabs its horns to soften the force as the animal pitches him eight feet into the air. He grins and giggles, lands on his feet and evades El Diablo again while the pickup men shoo the bull into the exit chute. Next rider up.

Years ago they called them Rodeo Clowns, but that term is now correctly used for the comedians who don greasepaint and tell silly jokes through wireless headsets over the PA system to keep the crowd warm between events. Nowadays they call them Cowboy Protectors, or more commonly, Bullfighters. It is their job to protect the fallen, or stuck, bullrider from the enraged, well-armed and capable killer. They don't tell jokes.

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Limited Deer Hunt at King County's Island Center Forest

King County Parks will open Island Center Forest to deer hunting for a limited season, Oct. 12-31, when no other access will be permitted on 200 acres of forestland.

The hunting season coincides with the Washington Department of Fish and Wildlife's designated hunting season in which all firearms can be used, except rifles. The action reduces the state's established four-month-long hunting season to a 20-day season in Island Center Forest, which is popular for hiking, walking and other recreational uses.

While hunting will be allowed on the former state lands that now make up Island Center Forest, the 40-acre Gateway and 81-acre Natural Area properties will be closed to hunting, but open to all other allowable uses.

Hunters are required to purchase a modern firearm hunting license. Bows and arrows, crossbows, muzzleloaders,

revolver-type handguns or shotguns are allowed.

King County initiated a limited hunt at Island Center Forest in 2011, when more than 60 hunters registered and eight deer were harvested. In 2012, when the county established a five-year pilot project for limited hunts, 40 hunters registered at the trailheads and four deer were harvested.

King County Department of Natural Resources and Parks staff note that the most common complaint from the 2011 and 2012 hunting seasons was the presence of remains from harvested deer along Island Center Forest trails.

Parks staff are installing new signs prior to the 2013 hunting season that remind hunters to be more mindful of how and where they dispose of deer remains. The county will also provide disposal bags for deer remains at trailheads.

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PANDORA'S BOX

Well, Cheryl turns 50 and still has yet to write the Great American Novel.

While waiting for time and inspiration, this will have to suffice.

Bo's Pick of the Week:
Awesome new beds (he is probably testing one now), and the new raw frozen that's at least somewhat affordable.



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Love the Sheepdog Classic? Be More Than a Spectator!

Join the fun at the 2013 Vashon Sheepdog Classic, September 13-15, and support Vashon Partners in Education (PIE) by being a Smart Dog Sponsor.

2012 Smart Dog Sponsors Ray Beard and Riley Beard with their dog CBK Ryder and his handler Bob Hickman.

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The \$100 sponsorship fee is a 100% tax-deductible donation to PIE, enhancing the learning environment in our public schools. Visit www.VashonPie.org for complete sponsorship benefits and to sponsor your dog today!

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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Sci-Fi Saturday

This month I'm glad to show, "Back to the Future", September 7, 1:30pm

A donation will be taken at the box office and food doantions are taken inside the theatre.

Please, come and have a good time.

This is for The Chicken Soup Brigade so bring your donations to the box office and I'll see you inside!

Where: The Island Theatre
When : September 7, 1:30pm

How much: Some canned food or boxed food items. \$10.00 at the box. More is better. :>)

What: Chicken Soup Brigade.

A food drive for those living with HIV/ADIS in King, Kitsap, Pierce and Snohomish counties.

See you at the theatre!

Water district 19 board meeting

The next regular Board Meeting will be September 10, at 4:30pm. Water District 19, 17630 100th Ave SW.

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The Vashon Loop

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Vashon Island Chorale Concert

The Vashon Island Chorale will provide two early opportunities for interested singers to register for the fall concert session entitled "A Ceremony of Carols". Registration will be held at Vashon Book Shop on Thursday, 8/29 from 5pm-6pm, and Saturday, 8/31 from 9:30am-11am. Dues for the Fall session are \$74 and include the purchase of music. Singers who already own their own SATB copy of Britten's "A Ceremony of Carols" may pay a reduced amount of \$63.50. Scholarships are available for singer's who require financial assistance. Membership in the Chorale is open to all singers without audition. Rehearsals on Tuesday evenings begin on Sept. 3, from 7 to 9:15pm in the band room at Vashon High School. Singers can also register beginning at 6:30pm on Sept. 3 if space is still available. Concerts will take place on Dec. 7 and 8. info@vashonislandchorale.org.

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Next Edition of
The Loop Comes
out Thursday,
September 12
Deadline for the next edition of The Loop
Friday, September 6

Wine and Dine for Vashon Schools

Vashon Winery owner and winemaker Ron Irvine is collaborating with Chef Carly Ward at Nirvana Modern Cuisine & Libations, to create a 5 course wine dinner as a fundraiser for the Vashon Island Public Schools Foundation. VIPSF is a 501(c)(3) non-profit created in 2010 to address the steady decrease in state funding for public schools. Their mission is to raise the financial support necessary to provide the education that our children deserve.

Each course of the dinner will be skillfully paired with a unique wine. The appetizer will be served with a dry cider, then the following courses will be presented with: a dry sparkling white wine from Puget Sound grapes; then an exciting new white wine from the Aligote grape; then a couple of reds including Vashon-grown Pinot Noir; and finishing with the Vashon Winery Reserve Red.

Vashon Winery wines are described as elegant and deeply flavored. Ron Irvine is a veteran of the Northwest wine industry. He began in 1975 as the founding managing partner of Pike and Western Wine Shop in Seattle. Ron co-wrote and published The Wine Project about Washington wineries. Vashon Winery is a tiny "garagiste" winery producing less than 600 cases of wine annually. Garagiste is a name used in the Bordeaux region of France to describe garage-size wineries that make exceptional wines without owning their own vineyards. About his wines, Irvine says "Our wines are food-friendly. They don't overwhelm the flavor of the food or overwhelm the imbiber with high alcohol and their flavors complement and harmonize nicely with the food."

Nirvana's Chef Carly Ward knows how to match intricate wine flavors with a wide range of ingredients. With a degree in Culinary Arts, Carly has worked professionally at a catering company, McCormick & Schmick's and Chez Gaudy in Seattle, and previously was a chef at The Hardware Store Restaurant on Vashon. Carly



grows fresh herbs, fruits and vegetables at Vashon's Humble Bumble Farm with her mother and enjoys preparing dishes with fresh Island produce when it's available. About the event Ward says "I'm really looking forward to creating this dinner. Ron and I had been talking about an event like this and a conversation at Nirvana with Vashon School District Superintendent Michael Soltman inspired us to have it be a fundraiser for our schools."

Nirvana has been serving Pacific Northwest and Global cuisine since last fall when it changed from an Indian restaurant. Nirvana owners Rohit and Shivali Sharma are honored to be hosting this fundraising dinner. "We strongly believe in this wonderful island community we call home and know that education is extremely important for Vashon's future" Shivali says.

VIPSF Board member Don Wolczko wholeheartedly agrees and says "We at the Schools Foundation are most delighted and excited to have the support of this benefit dinner at Nirvana. We on the board feel that our cause is crucial for the entirety of the community, and welcome the talents and generosity of Vashon Winery and Nirvana in helping us help our schools and community. Cheers!"

The wine dinner to benefit the Vashon Schools Foundation costs \$70 per person (not including gratuity) and tickets may be purchased at Nirvana. Information is available by visiting Nirvana or calling 463-4455 during their regular hours, 3 to 9pm weekdays and 8am to 9pm weekends, or online at NirvanaVashon.com.

CATS! A CAR WASH & Bake sale

Back To The Stage Fundraiser for the Broadway Musical CATS! A CAR WASH & Bake sale. Join Drama Dock's Youth Theatre Initiative to get YOUR car washed on Saturday, August 31st from 11 am to 6 pm. Come help Vashon's Dramatically & Dancingly Inclined Youth raise needed funds for participation scholarships and production expenses.

Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday.

Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption.

Or give us a call 206-389-1085

VIPP Hosts the Annual Dog Walk and Membership Drive

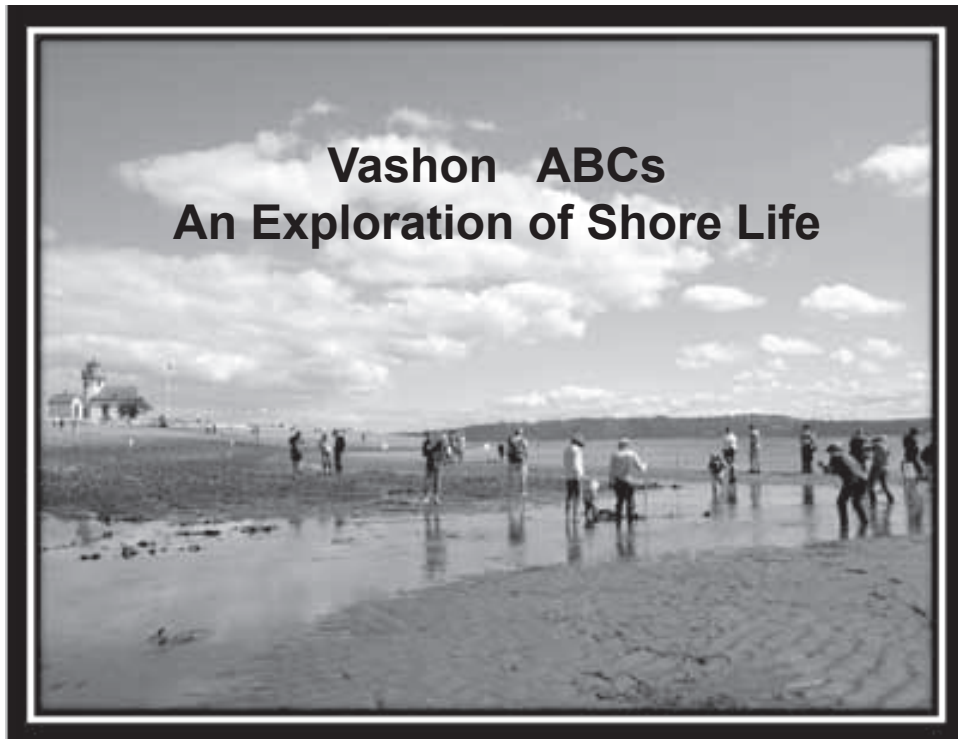


Henry gets a boost from Grace at the 2012 VIPP Dog Walk. Photo: Cindy Koch

Saturday, September 7 from 9 am to noon is the perfect time to have a fun outing with your dog, visit with friends and neighbors (canine and otherwise) and support a good cause. Vashon Island Pet Protectors will host its annual Dog Walk to highlight the importance of providing care and support for all dogs on Vashon. Participants and their people can register at the entrance to Burton Acres Park (across from Jensen Point). There is no cost to participate

but donations to VIPP are encouraged. VIPP will also launch its new membership program, and there will be special prizes for new members and those who increase their membership to a new level. Treats for pets and humans will be in abundance and there will be other prizes as well. If you don't have a dog, come anyway! There will be lots of canine licks to go around! For more information, go to VIPP.org.

Author Reading: Vashon ABCs An Exploration of Shore Life



Island educator, Barbara Gustafson will be reading from her recently published book "Vashon ABCs An Exploration of Shore Life" at Vashon Bookshop on Thursday, August 29 at 6:00pm. This introductory guide to the plants and animals found between the tides on Vashon may be read as an ABC book for children or as a helpful beach guide for visitors and residents alike. Full of biological information, each page contains full-color photographs taken by Gustafson. Thursday, August 29th at 6:00pm at Vashon Bookshop

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Unforgettable Fire Announces the Katydid™ Wood Stove

Using what they learned from their successful Kimberly™ wood stove project, inventor Roger Lehet and his team at Unforgettable Fire, LLC announce the pending release of their much anticipated second wood stove, the Katydid™.

Although their Katydid™ wood stove was designed to heat mainstream homes, it will also facilitate the use of off-grid energy optional accessories (coming soon!) including two thermo-electric generators to choose from, either of which can be embedded in the back of the Katydid™ through the service panel on the back. To assist with circulating even more heat from either stove, a 12-volt convection fan system is in prototype, along with an oven attachment, and a hot water coil system for in-floor heating. Katydid™ is expected to deliver well over 85,000 BTU/hour and heat up to 3000 square feet of well-insulated living space.

Robotic manufacturing is perhaps the biggest advancement for the company, which will allow for a lower retail cost on Katydid™ over their original wood stove model, Kimberly™. Lehet expects to bring Katydid™ to market at \$2800.00. He also expects that Katydid™ will be certified use a similar lower cost venting system as his Kimberly™ stove, thereby saving families hundreds of additional dollars in installation costs over other wood stoves. The company expects to ship the first of these units to Alaska by early September, and Lehet expects that by the end of 2013, the Katydid™ wood stove will be EPA certified and UL-Listed.

In addition, the team at Unforgettable Fire, LLC is very excited by the upcoming Alliance for Green Heat Wood Stove Decathlon to be held in Washington, D.C. this November. They have been asked to take part in guiding tours through the



testing facility and greeting members of Congress and other dignitaries, who will be among the first to see this renewable and clean energy technology. The team sees this as a huge opportunity to help national policy makers understand the potential for long-term independence from fossil fuels, as well as provide short-term energy security during times of trouble.

Recent weather-related emergencies gives one plenty of reason to think about emergency preparedness, and these stoves are designed with that in mind. From the small amount of fuel required to the greatly reduced emissions and the ability to create all the energy one needs to be comfortable in the worst of conditions....it's unforgettable.

Be sure to follow Unforgettable Fire, LLC on Facebook for announcements of product availability, or visit the company website at: www.UnforgettableFireLLC.com, where you can also find a link to vote for Kimberly™ in the People's Choice Award contest, sponsored in part by Popular Mechanics magazine.

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Island Life What's a VES?

by Peter Ray
“So, when you ask people ‘what do you want?’, you raise an expectation on their part that we’re going to put a roller coaster in at Agren Park.”

Bill Ameling- at the recent VPD Commissioners meeting

Up until yesterday I was going to write about not going to Burning Man this year, but since we didn’t go to Burning Man, I was here to go to last night’s Park Commissioners meeting, which as some have noted from my writings of late, is always an experience designed to astound and confound. There is also the question to consider arising from the title to this particular columnar go ‘round, which sprang up recently during a conversation with a friend who is also not going to Burning Man this year. Funny how that works. Although I answered this question with the triad: Vashon Elementary School, a bit of confusion at last night’s meeting over the true name behind the BARC acronym (Burton Adventure Recreation Center) got me to thinking that perhaps the VES in VES fields project might have another meaning. It turns out that in going to the original 2007 VES Master plan on the VPD (Vashon Park District) website, it appears that Vashon Elementary Site might be the correct term, but who knows?

While the stated agenda for this particular meeting seemed tame in comparison to many in recent history, there was, nonetheless, plenty to keep one scratching one’s head as to why we were there and why at least three of the five people at the commissioners table up front were supposedly in control. At first, as the clock ticked ever closer to the 7pm start time, it seemed that myself and my video camera would be the only ones in attendance, which felt a bit daunting. As a few more regulars trickled in, it was decided to move the meeting to the small room in the back instead of having it in the great hall as usual, at which point some 15 or more people arrived to fill almost all available seats, making the close air of the evening even closer.

As we were walked through the banal basics of budgetary concerns for a meeting opener, the topic soon turned to a proposal for a commissioners’ outreach to the community through a special meeting. This was mostly being driven by Lu-ann Branch and John Hopkins, who again distinguished himself as a voice of reason in a land of arrogance and condescension. As if the opening quote above wasn’t enough, Mr. Ameling continued to distance himself from accountability as a public official who might answer to the wishes of the people of Vashon by saying this in regard to letting the public have a say in what they want at VPD:

“....it’s like asking your child what do you want for Christmas? And he says he wants a Lamborghini....there ain’t no way....okay, that’s what he wants...”

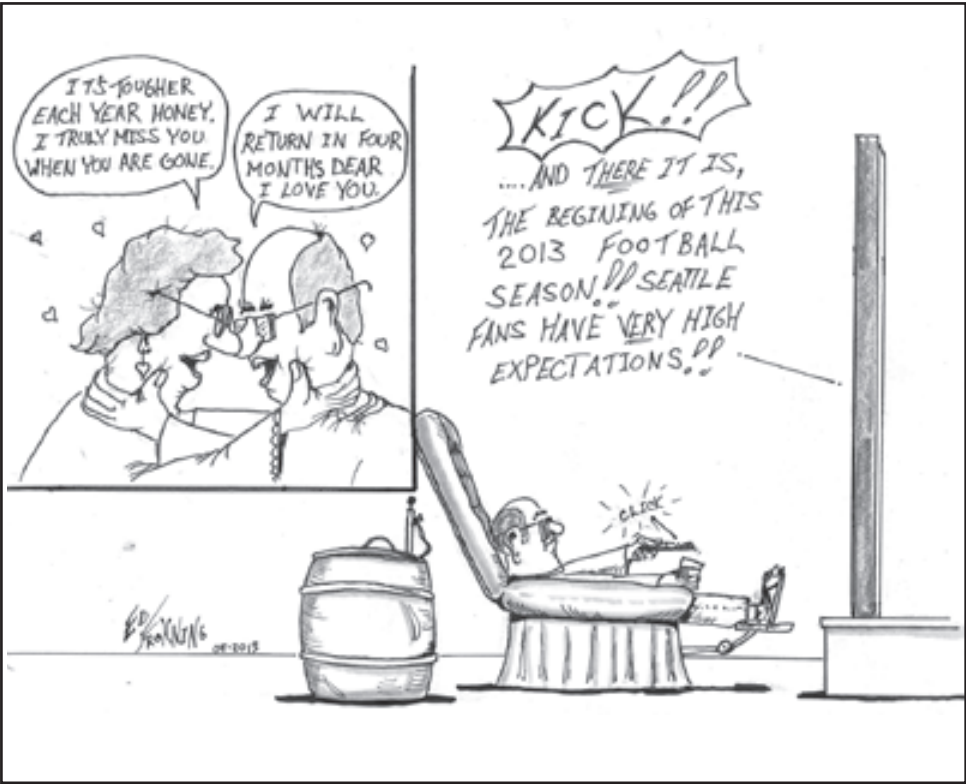
Perhaps more interestingly, in a

statement about past surveys about what the children (young and old) of Vashon might desire in a park system, Mr. Ameling was quite quick and certain about those polling results:

“...the one thing that people wanted was , cover the pool, buy more land-those were always the top two....”

What has remained unclear throughout the past year of listening to and watching this VES saga unfold is where the demand for this Lamborghini field first came from, and what particular survey or tea leaf reading suggested that Commissioner Hackett bring it to the table at his first meeting as a VPD public servant. I have yet to see anything that supports a claim that there was a demand for this field, especially since there has been zero gain in the actual number of fields available for play. There is also the question of how VES went from a Lamborghini Gallardo in cost to the price tag of an Aventador, while what we now seem to have instead is an Acura RSX in the driveway with a homemade spoiler, tarnished chrome wheels and some low profile sport tires that may or may not be flat.

What also seems odd in all of the things being considered at VPD, is that the efforts of Scott Bonney as the pool director are continually questioned by the board regarding his attempts to make the pool profitable, as difficult as that may be, and as seemingly successful as he has been. It was suggested at last night’s meeting that it might even be just plain luck that this year seems to be a good one financially at the pool. At the same time, there is no such questioning as to why installed sprinklers up at VES had to be dug up and moved so that the grass around the perimeter of the field planted in sand will not dry up and blow away along with our tax dollars and state RCO grant monies. There also appeared to be little or no concern as to whose responsibility it had been to get the sprinklers right to begin with, what extra costs were involved in moving them and why the person(s) responsible there are not held in similar disregard and public scrutiny in the same way that Mr. Bonney continues to be for actually doing a commendable job? One could also ask why, if covering the pool has repeatedly come up as something the people of Vashon would like to see happen, we have instead been saddled with Lamborghini Field (or is it an Acura?) and its attending high water usage, elevated fertilizer demands and future maintenance costs. It seems that as a year round facility, the pool could generate way more revenue than Lamborghini Field ever will, and at a third or a quarter of the initial cost. Of course, with all the money and more now blown on this Lamborghini, with what some have said are many more thousands to be spent before this is all done, providing a venue for asking the commissioners for anything seems to be a bit of a cruel joke at best at this point in the debacle. All of these thoughts and more from just one VPD commissioners meeting? Wow, just think of all the fun I would have missed here if I’d gone to Burning Man.



Big Breaching Deal

By Orca Annie Stateler, VHP Coordinator

On August 14, I was on the phone dealing with a seal call, gazing out at the Sound, when I saw a huge splash – and another and another, about 15 in a row -- off the Point Defiance shoreline. I scoped with binoculars to see who was breaching so vigorously. The enchanting creature displacing so much water was a Humpback whale calf! Judging from the body size, s/ he is this year’s calf -- still a tot. Anyone at Owens Beach got an eyeful of baby whale hurling her several-ton frame out of the water.

The other gigantic clue to the calf’s age soon materialized. Baby regrouped for a breather, and there beside the calf’s petite blow was Mom’s towering blow. The unprecedented sight of a Humpback mother and calf pair in Vashon-Maury waters exhilarated us at Chez VHP. Junior’s breaching attracted every nearby fishing boat. I kept the NMFS enforcement number handy; fortunately, I did not observe any egregious harassment.

For 90 minutes, the sweet duo crept along the Tacoma shore toward Commencement Bay, with Baby breaching and Mom fluking periodically. Except when breaching, the youngster was always at Mom’s side in her slipstream – another indicator of the calf’s age. All baby whales swim beside their mothers in this fashion. Alas, the whales were too far away to get decent photos of Junior’s breach-a-thon or the pale ventral (under) side of Mom’s tail flukes.

I lost sight of our visiting dignitaries for two hours. Instead of going into the busy bay, I surmise that they rounded Neill Point to investigate outer Quartermaster Harbor, where Humpbacks could forage on schooling fish in August. The whales reappeared in the early evening, heading west and closer to Vashon. Odin and I took sedate dorsal photos of the pair for ID, just before they exited our field of view into Colvos Pass.

Many thanks to Deanna at Reddings Beach, who called in the last known sighting of the whales at dusk. Evidently, 30 or so tons of mother and baby Humpback can keep a low profile in Greater Puget Sound by traveling in heavy fog.

This week’s photo is a Mark Sears classic of young Dalco the Humpback. The August 14 calf breached once in the same place as Dalco did when s/he was here nine years ago. Based on her travel pattern, I suspect the mother whale is familiar with this area. Maybe our Humpback mother is Dalco!

I am seeking more information from large whale experts at Cascadia Research -- www.cascadiaresearch.org -- on the occurrence of Humpback mom/ calf pairs in



Young Humpback breaching in Dalco Pass, photo © Mark Sears

lower Puget Sound. When I called Cascadia on the 14th, I learned that our pair was near Olympia that morning. Perhaps our photos will aid in determining the identity of these whales.

The Humpback whale is an endangered species. Humpbacks were hunted nearly to extinction in the early 1900s. A whaling station in Georgia Strait eliminated Humpbacks in the Salish Sea for decades. Before the commercial whaling ban in 1966, less than 1,400 North Pacific Humpbacks remained. Sporadic sightings of Humpbacks in Puget Sound resumed in 1976; sightings have gradually increased since then.

North Pacific Humpbacks are slowly recovering; more whales now venture into local waters. The current North Pacific population is about 20,000. Over three decades, Mark Sears has documented several sightings of individual Humpbacks in the Central Sound. I have lived on Vashon since 1994, and I did not see a Humpback here until 2004. All of my previous Vashon-Maury sightings were of solo Humpbacks. Mark and I do not know of verified mom and calf pairs in Island waters before. Hence, the August 14 sighting is a BBD - big breaching deal.

Another seal issue emerged last week. Seals hauled out on floating platforms flee into the water – a sign of disturbance and violation of the MMPA -- when approached too closely by kayakers, paddleboarders, et al. Call us for guidance and save a seal.

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALESIGHTINGS ASAP TO 463-9041, as well as seal pups and sick, injured, or dead marine mammals on Island beaches. Prompt reports to the VHP expedite vital data collection efforts by Mark Sears and other researchers, and sustain an accurate record of whale sightings for Vashon-Maury initiated 30 years ago. Check for updates at Vashonorcas.org and send photos to Orca Annie at Vashonorcas@aol.com.

Fisher Needs A Home...

Fisher was found hanging out near the high school fishing for some extra curricular activities. No one has claimed this boy. Since Fisher has been at VIPP we have found him to be very sweet boy with a wonderful personality. He can get overly excited in his play so he would be best with a family with older kids. Fisher does not do well with dogs. Fisher came to VIPP on 3/27/13.



Go To www.vipp.org Click on Adopt

Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

Bethel Saloon

By Mary Tuel

My friend Sonya is visiting this week and my friend Becky called up one day and said, “Let’s go have lunch at the Bethel Saloon!”

The Bethel Saloon is a biker bar on Bethel Road in Port Orchard. It’s a funky old building, almost like something out of an Old West movie. It’s an interesting leftover from a time before Walmarts and other manifestations of suburban blight. My friends and I have been driving by this place for years and saying, “Cool building.” It has a skeleton riding a motorcycle on the roof over the entrance.

First thing you notice as you walk in is that the parking places in front are all for motorcycles. It was Wednesday and there was a sign saying, “Taco Wednesday! Two for \$3.00! Come in on a Harley or a rod and get two free!”

We went in and found ourselves in a classic old school American bar. The bar itself was on the left, and to the right were two rooms with one pool table each. We went to the bar and ordered lunch from the nice lady who worked there. Sonya and I had the two tacos, and Becky had the pulled pork sandwich. The food was good, and sitting on the tall stools at the bar we looked around at the décor and watched the people playing pool.

The place reminded me of bars from the fifties and sixties with the dark wood interior, the neon beer signs, and the old school (i.e., politically incorrect) male humor. There were pictures featuring underdressed women and customized motorcycles, Seahawks memorabilia, and a few bumper stickers. My favorite bumper sticker was, “I swear to drunk I am not God.” I liked it for the humor as well



as the theology.

We got to talking with the lady barkeep after she made our lunches. When she found out we were from Vashon she asked if the story about the bicycle in the tree – that some World War I soldier had stuck it there before he went off to war – was true. I was pleased to be able to tell her, no, it most certainly is not true, and then told her the story of the Puz family’s misfortune and how it led to Don Puz’s bicycle being stuck in the tree, only to be discovered years later.

We had a pleasant time and finished our lunch, and Sonya went off to use the restroom. When she came back I said I’d like to do that, too, and she pointed across the room and said, “Straight across that way. It’s the door on the left, if you have any trouble figuring it out.”

I started to walk across the room and saw the two rest room doors. Over the door on



Sonya, Mary, & Becky at the Bethel Saloon. Photo by Pete

the right, in black letters eight to ten inches tall on a white background, was a sign that said, “Dicks.” Over the door on the left was a similar sign that said, “No dicks.” So I didn’t have any trouble figuring it out.

All you young’ns don’t realize that this sort of humor was once commonplace in America. You don’t see it so much anymore. Some people would be offended. If you are one of those people, I recommend you not go to the Bethel Saloon.

But if you’re not one of those people, the Bethel Saloon is a great place to have lunch and a beer. The place has soul, a sense of humor, and pretty good food.

We settled our tab and went outside, stopping an arriving biker named Pete and asking him to take our picture with my phone, which he did. Thanks, Pete.

As we waited at Southworth to catch the 5:05 ferry, we saw many motorcyclists coming off the ferry and figured some of them were heading for the Bethel Saloon, maybe to get their two free tacos.

Now I have written a favorable review of a bar in Port Orchard. Any of you restaurants on Vashon who want a review, put up a sign saying, “Free lunch if you arrive in a Honda Civic.” I’ll be right over.

Sing with Vashon Island Chorale!

Registration for the Fall 2013 session will be held at Vashon Book Shop on Thursday, 8/29 from 5pm-6pm, and Saturday, 8/31 from 9:30am-11am. Dues for the Fall session are \$74 and include the purchase of music. Singers who already own their own copy of Britten’s “A Ceremony of Carols” may pay a reduced amount of \$63.50. Scholarships are also available for singer’s who require financial assistance. Please contact Karen Baer for more information.

Rehearsals for the Fall concert begin Tuesday, September 4th at 7pm. If you are undecided about whether to join the Chorale, you may borrow music for the first two rehearsals. After that, either pay for the music or return it (unmarked) to Karen.

If you have general questions related to registration, please contact info@vashonislandchorale.org.

Smart Dog Sponsorships benefit PIE

Get up close and personal at the 2013 Vashon Sheepdog Classic and support Vashon Partners in Education (PIE) by becoming a Smart Dog Sponsor!

The Vashon Sheepdog Classic, September 13-15, invites people from across Puget Sound to come experience the fascinating world of the working sheepdog at one of the most beautiful sites in the Northwest—Misty Isle Farms. Enjoy the great local fare, fiber arts and other crafts and a top national competition where the teams compete for money and prizes.

This year, join in the fun and be an official Smart Dog Sponsor. Smart Dog Sponsorships include:

- Two three-day passes to the 2013 Vashon Sheepdog Classic
- Meet your dog and handler, have your photo taken with them (5” x 7”)

- Your name in program and day-of posters, next to sponsored dog
- Your name announced each time sponsored dog runs
- Your name entered into the Smart Dog Sponsor-only Raffle for great randomly drawn prizes, including a 3 night stay at a beautiful condo in Whistler!

- 5 tickets for the ever popular PIE Homemade Pie Raffle
- Feel like an insider and cheer louder than everyone else when your dog runs!

The best part is the \$100 sponsorship fee is a 100% tax-deductible donation to PIE, enhancing the learning environment in our public schools. There are a limited number of sponsorships available so don’t delay. Visit www.VashonPie.org or talk to any PIE board member to sponsor your dog and handler today.

For more information about the Vashon Sheepdog Classic, and how they gift the proceeds from the event to island nonprofit organizations that focus on the enrichment of education and health for Vashon youth visit www.vashonsheepdogclassic.com.

Vashon Library September Programs Adults

Friends of Vashon Library Meeting

Saturday, September 14, 10am
Presented by Deirdre Petree, President.
Open to the public! Share your ideas for raising funds to support our library programs, expand community services and recruit new members. Be an informed and involved neighbor by joining us at the Friends of the Vashon Library meetings. Please call 206.463.2069 for meeting location. See you there!

Introduction to the Sikh Community

Sunday, September 22, 2pm
Held at Vashon Maury Island Land Trust, 10014 SW Bank Road, Vashon, WA 98070.
Hate crimes shake a nation to its core, as did the recent murder of six Sikh worshipers in Wisconsin. Knowledge and understanding can help in the healing process. Sikhs are among the many religious and cultural groups that enrich life in King County. You may have seen Sikh men wearing turbans and beards in your community or workplace. KCLS invites you to learn the meaning behind Sikh traditions in a welcoming environment. Please join presenter Jasmit Singh to learn about this rich and vibrant community. Bring your curiosity and questions. Brought to you by Aasra Magazine – Connecting Communities, Aasra Punjabi English Magazine, the King County Library System and the Friends of the Vashon Library.

Vashon Island Parents Read

The Whole Brain Child by Daniel Siegel
Morning Book Group
Wednesday, September 25, 9:30am
Chapter 1 & 2
Wednesday, October 23, 9:30am
Chapter 3 & 4
Wednesday, November 20, 9:30am
Chapter 5 & 6
Held at Minglement Roasterie at 19529 Vashon Hwy SW Vashon, WA 98070
Please join the Second Annual Vashon Island Parents Read community reading program. This year read and discuss The Whole Brain Child: 12 Revolutionary Strategies to Nurture your Child’s Developing Mind by Daniel J. Siegel and Tina Payne Bryson. In this pioneering, practical book, Daniel J. Siegel, neuropsychiatrist and author of the bestselling Mindsight, and parenting expert Tina Payne Bryson offer a revolutionary approach to child rearing with twelve key strategies that foster healthy brain development, leading to calmer, happier children. Copies are available for checkout at the Vashon Library. King County Library and Vashon Youth and Family Services will host two series of book discussions. Registration not required. Sponsored by King County Library System and Vashon Youth and Family Services.

Free ESL Classes

Thursday, September 26, 6pm
Classes are held in the library.
Learn how to speak, read and write in English. Free weekly lessons, beginning to intermediate level, taught by an ESL Instructor.
Call 206.463.2069 for more information.

Michael Czarnecki: 48 States Poetry Tour Across America
Saturday, September 28, 7pm
Held at the Vashon Maury Island Land Trust, 10014 SW Bank Road Vashon, WA 98070.
FootHills Publishing founder and poet Michael Czarnecki is again taking his 48 States Poetry Tour Across America, traveling Highway 20. He starts in August with a reading in Maine, stopping for readings along the way, including Vashon Island. Registration not required.
For more information about the Palm of the Hand Memoir Workshop with Michael at noon on 9/28 (also at the Land Trust Building) please contact: spiers@centurytel.net
Sponsored by the King County Library System and the Vashon Island Poets Laureate.

Limited deer hunt

Continued from Page 1

Vashon Island’s largest public open space, Island Center Forest and Natural Area has nine miles of trails that are shared by hikers, mountain bikers, runners and equestrians. Island Center Forest was formerly owned by Washington state, and is the only public land on Vashon Island where deer hunting has historically been allowed. King County Parks manages

the land in collaboration with community partners who make up the Friends of Island Center Forest, a diverse group that includes the Vashon Forest Stewards, Vashon-Maury Island Horse Association, Vashon Sportsmen’s Club, Vashon-Maury Island Land Trust, Vashon-Maury Island Audubon, outdoor enthusiasts and other community members.



Aries (March 20-April 19)

The Virgo New Moon is Sept. 5. It makes aspects to many influential and even powerful minor planets -- among them Chiron, Pholus, Ixion, Borasisi and Chaos. These are not asteroids; they are centaurs and points in or near the region of Pluto. The New Moon chart is about maintaining enough intellectual objectivity so as not to be afraid to ask deep questions, and size up the answers honestly. Next up is the Pisces Full Moon, which takes place Sept. 19. If the New Moon is about going deep, the Full Moon is about going wide -- maintaining a global perspective, seeing the impacts of your decisions, and noticing the way that events ripple out into your world, and the world. Finally this month we have the Libra equinox. The Sun changes signs and the Northern Hemisphere summer ends. The three months encompassing Libra, Scorpio and Sagittarius can be the most hectic of the year, as the days grow shorter and the holidays approach. Pace yourself -- make a plan now.

Taurus (April 19-May 20)

A relationship seems to go through a series of tests, and many of them may be centered on what a close partner or someone who's an erotic interest is going through. Yet these are not tests -- they are the experiences of life that are normal for the territory that we're in. One of the central questions for you is how you handle your own insecurities. There may be a seeming conflict between your boldness and another person's hesitancy, or between your desire to be spontaneous and your need for stability in the relationship. I think that the key to your situation is recognizing the impact that your feelings have on others, even when you don't say anything. Your emotions move you and the world around you. They are especially likely to have that influence now. So pay attention and participate consciously.

Gemini (May 20-June 21)

Keeping things in balance is one thing. Knowing how to respond when situations go out of balance is another. First, be aware that there are some conflicts that will seem dramatic and significant but which do not directly influence your life, except on the intellectual level. Assess each of them on two levels -- how does this affect you, and how does it affect your community? That question will provide significant useful information. You are involved in some truly significant assessments of your security base, home and family matters, and you must sort out information that is useful from that which is merely controversial. Pay particular attention to health-related topics, get to the truth and more than anything, notice the role that stress plays in the equation. Carefully consider adjusting environmental factors first before you seek any form of outside intervention that you don't need.

Cancer (June 21-July 22)

Your ideas have both influence and impact, though it will help considerably if you keep your flexibility. You seem to be bumping up against a fear -- it could be the fear of going deeper, or of losing control, or of the unforeseen consequences of acting on your desire. If you run into a situation wherein you feel fully committed but still cannot get your situation to budge, take a gentler approach. Consider the ways in which you can flow around something rather than push it or force some kind of movement. You need to be the flexible one in the equation, and you can count on that talent being available if you remember to call on it. A little confidence will go a long way -- that will build as the month progresses, as you learn more and act on what you know.

Leo (July 22-Aug. 23)

In any relationship situation it's necessary to maintain awareness of your own identity, desires and needs, and those you share with other people around you. Usually we take for granted having to sacrifice one or the other. That is an idea from the distant past, usually advocated by our parents and grandparents, but which is no longer true for you. It's not a question of 'all you' versus 'all about the other person'. And it's not a matter of alternating between the two. At this point in human history we face the authentic challenge of being wholly self-present and wholly present for others in your context as a relationship or business partner. Is this more than prior generations can handle, or were they merely lacking that concept? You can handle the stretch, and you have the concept available.

Virgo (Aug. 23-Sep. 22)

If a situation seems to be running out of control, I suggest you adjust your perspective till you see it in such a way that it's workable. You'll be surprised by how much changes with your point of view. It is therefore essential that you keep your point of view portable, and that you not be driven by fear. If you get stuck, ask yourself what you're concerned might happen. One thing to be mindful of is discerning fear from intuition. Fear usually describes an outcome you don't want. Intuition usually describes how to create an outcome that you do want, or at least provides some useful information on how to prevent a negative outcome. Therefore, it's essential that you recognize that worry is not a form of intuition, no matter how vivid it may seem. Keep a wide perspective -- especially about yourself.

Libra (Sep. 22-Oct. 23)

You will need to talk about what you're feeling and what you've been through recently -- if you want any sense of contact with the people around you. The past matters, especially the past four weeks, and what you experienced will have an influence on your current choices. You've just been through another spell of "I can barely believe I'm going through this," though at least this time around you had the presence of others to verify your experience. Remember how good that felt: you don't need to go it alone, and the one sure way not to do that is to maintain open communication with people you care about, and those with whom you share common interests. Be real with people and you will have real friends. Stealth and secrecy are not all they're cracked up to be.

Scorpio (Oct. 23-Nov. 22)

Build up your momentum working on a long-term goal -- which implies knowing what it is, beginning the process and focusing your energy. Get accustomed to working through the inner resistance that gets in the way of your most cherished desires for achievement. Recognize the degree to which any worldly goal involves overcoming some inner obstacle or remnant of history. If you encounter a personality trait that consistently holds you back, now is the time to deal with it so that you can move onto truly greater things. If you put your mind to that project, there is little that will be able to stop you. And you will need them when, later in the year, the astrology brings nearly total focus on your sign and you're in the spotlight in a much bigger way. That's the future; this is the point of origin.

Sagittarius (Nov. 22-Dec. 22)

You're in a situation where you must be both the micromanager and the visionary. This isn't easy. All the details in the world don't add up to the larger scenario, no matter how well attended. But they do need to be attended. You also know that you're

one of the few who cannot only understand the grand scheme -- you're one of its most influential authors. Therefore, make sure that the details get taken care of, but don't let them bog you down. One way to do that is to take care of them well in advance. You know what they are; you know who is dependable and who is not; you have a sense of the timing involved. Keep a grip on this layer of things and you will soon emerge as a leader of the people and the author of a genuine idea or concept.

Capricorn (Dec. 22-Jan. 20)

You might question whether what you perceive in others is your own shadow projected onto them, or whether it's really some issue they have. It could be a little of both, though in any event there is significant benefit that can come from asking the questions that help you verify your perceptions. Relationships often get tangled in a hall of mirrors, and this is the stuff of which those mirrors are made. If you determine that something belongs to you, it's that much easier to address. If you determine that something is the property of another person, that at least helps you understand where the lines of responsibility really are. All of us who live on our particular planet have work to do. It helps considerably if we do our own work and allow others to do theirs.

Aquarius (Jan. 20-Feb. 19)

Others may challenge your authority over the next few weeks. It could be some professional situation, or a household-related theme, or your moral authority

-- and you will need to figure out a way to handle it that works for everyone, or for as many people as possible. Remember that often, when someone is trying to razz you, they're doing it for its own sake. It may be a form of amusement or a not-so-dangerous way to take a little risk. That said, take a real look at any beef someone has with you and offer them some kind of compromise. Leave yourself room to negotiate; don't give it all away at first -- just enough to send the signal that you're open to a discussion and that you have a fair mind. This will work anywhere along the spectrum from personal to political.

Pisces (Feb. 19-March 20)

All the facts in the word don't add up to the truth. So where you're inundated with data, make sure you look at it in a way that tells you something. Now, that something may well be subjective. You may get an opinion confirmed; you may see a pattern and come up with a new theory. Here is a clue: To do this well, you need to have faith in yourself and in your intelligence. Pisces is good at being circumspect, which is a way of saying taking in a diversity of viewpoints -- though you have to trust your own, and give the opinions of others weight only to the extent that they're presenting something compelling. Just keep that theory in mind -- that a lot of information is not necessarily what you need. It's a coherent point of view and a flexible plan of at least three steps toward the goal.

Read Eric Francis daily at [www. PlanetWaves.net](http://www.PlanetWaves.net)



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Positively Speaking

Labour Day 2013

By Deborah H. Anderson

Three rotten rough drafts later, I aspire to ‘the hook’ of the column that began with Boris the cat throwing up on my Bible and included school menus from upstate New York.

But alas, overwhelmed with the reality that all of my questions about people who are different than I have been answered with one explosive bit of research, I find no gentle, folksy entree to my thoughts for the first paragraph.

Additionally I don’t know who to address: the majority ,of whom I am not a part and who I wish would change, or the minority ,of which I am a part and wish to encourage.

Here’s the rub. I have a wonderful, almost puritanical work ethic. I have had this since I was a child. I love to work, hard, all different kinds of work and always try to do my best. I have always tried to engage with my jobs in such a way that I enjoy meaningful job satisfaction.

I grow despondent if I am not fully employed and irritated if I’m working for or beside people who do not share my values. I’ve only ever walked off the job three times.

One time I’d been assigned to full on night crew and it worked against both my responsibilities as a single Mom and my circadian rhythms.

The second time , was in error. If I’d known then what I know now, I would have mediated the situation entirely differently. God bless the learning curve.

The third time I discovered I’d been hired to watch a child while the Mom had an affair. When the Dad revealed he had cancer.... Well yea, that’s so not happening on my watch. Adios amigos.

By today’s American standards, my work ethic is stellar. Even when I was working full time as a public servant for the grand sum of less than a thousand dollars a month plus housing when the Dad in our family left and I had four very special children to support and comfort, I gave 110% every single day.

Do I share all this to brag? To pat myself on the back? To self aggrandize?



No. I share it to explain why I don’t fit sometimes and seem odd to so many in the work world. I finally understand what I thought was a character flaw.

You see, the latest research has determined that 76% of Americans hate their jobs. 76%!!!! That’s outrageous. It’s up 28% from 2010!!!

Most of them feel like it’s always Monday and 18% of that 76% actually bring such a lousy attitude to work it effects their co workers negatively.

Well shoot, what do I focus on here? Do I say to the 76% ‘ Hey dudes and dudettes! Your sucky little attitude is adding so much negative energy to the world it’s bringing us down or driving us to drink, literally.’ ?

Or do I say to my fellow 24% , ‘Hey everyone! Just ignore them. Sing louder, smile more broadly, give more generously!’ ?

Our country is struggling because work doesn’t matter anymore to 76% of the population and 24% of the population is oppressed by that.

Do you know what happens when you don’t care what kind of quality you bring to your service or product or when you’re just in it for the money, which I guarantee will not feel like enough? You hurt someone. Always.

I have no answers. I’m still pretty much on stun from the revelation of it all.

We need to address job satisfaction. Now that research shows that neither perks nor paycheck make a difference, we need to start some serious discussions about the definition and achievement of job satisfaction.

Jes’ sayin’. Nuf said. Discuss.

Love,
Deborah



Four Shillings Short Celtic, Folk & World Music Concert



The Celtic/Folk/World music duo Four Shillings Short are coming to town. “The delightfully surprising collection of songs and sounds this husband/ wife act create, while stretching the limits of Celtic music by stirring in generous amounts of Indian Ragas and Middle Eastern flavorings via some of the tastiest sitar playing this side of Ravi Shankar” (Valpariso Times, IN) “bring musical diversity, captivating storytelling and humorous side notes to create an amazing show.” (Labyrinth Café/Fort Lauderdale, FL)

Four Shillings Short play Traditional & Original music from Ireland and Scotland, Indian Ragas, Folk Ballads, Old-Time songs, Medieval & Renaissance instrumentals and a cappella numbers on a fantastic array of instruments (over 30) including Hammered Dulcimer, Mandolin, Mandola, Bouzouki, Tinwhistles, Recorders, Medieval and Renaissance Woodwinds, North Indian Sitar, Charango, Bowed Psaltery, Banjo, Bodhran, Guitar, Percussion, vocals and even a Krumhorn.

Celebrating their 18th year together, the husband/wife duo of Aodh Og O’Tuama from Cork, Ireland and Christy Martin from California, tour in the US and Ireland, are independent folk-artists with 10 recordings, perform 150 concerts a year and live as the Troubadours of old

traveling from town to town performing at Music festivals, theatres & performing arts centers, coffeehouses, folk societies, libraries and schools.

Aodh Og O’Tuama grew up in a family of poets, musicians and writers. He received his degree in Music from University College Cork, Ireland and received a Fellowship from Stanford University in California in Medieval and Renaissance performance. He plays Tinwhistles, Medieval & Renaissance woodwinds, Recorders, Doumbek (from Morocco), bowed Psaltery, Spoons and sings both in English and Gaelic.

Christy Martin grew up in a family of musicians and dancers. From the age of 15, she studied North Indian Sitar for 10 years with a student of master Sitarist Ravi Shankar. She began playing the Hammered Dulcimer in her 20’s and has studied with Maggie Sansone, Dan Duggan, Cliff Moses, Robin Petrie, Tony Elman and Glen Morgan. In addition she plays Mandolin, Mandola, Bouzouki, Banjo, Guitar, Bodhran (Irish frame drum), Charango, bowed Psaltery and sings in English, Irish, Spanish and Sanskrit.

Friday, September 13, 7:00 to 9:00pm
CHURCH OF THE HOLY SPIRIT
15420 Vashon Hwy. SW, Vashon Island, WA- (206) 985-9916
\$10 suggested donation

Vashon’s own road show

Continued from Page 1

hardware; John Pearce, owner of Vashon’s Monarch Gallery and appraiser for art glass, paintings, Native American art, a member of Christie’s Institute, International Society of Appraisers; Chai Mann, specializing in fine jewelry, gems, watches and owner of Fox’s Gem Shop, Seattle; Marci Christopher, specializing in vintage jewelry, household items and owner, Treasure Island Antiques and Consignment Shop, Vashon, and Estate Sales Services; Patricia Nesland, University of Washington Certificate in Family History Research and Genealogy. 10+ years experience.

Donated auction items with values over \$25 are being sought this year with all proceeds benefiting the museum. To donate an item, call 206-463-7808 or email admin.vashonheritage@comcast.net LaBiondo’s Pizza will be available for purchase along with beverages.

Sponsors for this event include Mike Urban, Treasure Island, DammannDesign, John L. Scott Real Estate, Windermere Real Estate, The Hardware Store Restaurant, 4Culture, True Value, LaBiondo Pizza and Vashon Allied Arts.

Bonita Boo Needs A Home...

Bonita Boo is a silky, slim, petite young girl who is chock full of personality. She would love to be the sole soul mate for her new person. She has a fun, playful spirit and she would make a great family cat. Bonita Boo came to VIPP on 4/14/13.



Go To www.vipp.org
Click on Adopt

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Art & Music Events
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Island Epicure



By Marj Watkins

After School Snacks

Summer wanes, and it’s cool enough to bake at last. My only current live-in “kid” finished school long ago, but he still likes to refuel with a handful of cookies mid-way between lunch and dinner, or take some along as survival food on off-Island jaunts. He’s gluten sensitive, diabetic, and not supposed to eat much sugar. I work around that with tasty, crunchy cookies replete with raisins, nuts, or chocolate chips. They’re midway between sweets and breadstuffs.

Maybe with gluten out of our menus, school would be more fun and less of a chore for our young scholars. Here is a gluten-free chocolate chip cookie. It’s slightly different from the Sorghum and Oat Chip Cookies in my gluten free baking book, Wholegrain and Gluten Free, available at Minglement. The book lies flat on the counter when opened so you never have a recipe disappear within a cookbook that flops shut on you. The type is large enough to read without stooping over

it, too. It’s designed to be easy to cook from.

Sorghum & Millet,
Chocolate Chip Cookies
Makes 3 dozen 2 ½-inch cookies

Preheat oven to 375 degrees
Melt in metal bowl:
½ cup (1 cube) butter or
4 Tablespoons butter and
4 Tablespoons coconut oil
¾ cup packed down
brown cane sugar or coconut
sugar
1 egg beaten with
1 Tablespoon water
1 teaspoon vanilla
Sift and stir in:
1 cup sorghum flour
1 cup millet flour
½ teaspoon salt
1 teaspoon baking powder
½ teaspoon soda
½ teaspoon salt
Stir in:
½ cup bitter-sweet chocolate
chips
½ cup chopped walnuts

Let batter rest 30 minutes.
Drop by teaspoonfuls on
parchment lined baking sheets,
placing 1 1/2-inch apart. Bake
10 minutes on center rack of
preheated oven. Test with a
toothpick inserted into the center
of the tallest cookie. When done,
remove from oven and let rest 10
minutes to solidify. Transfer to
racks to cool completely.

Note: Coconut sugar is
much lower on the Glycemic
Index than cane sugar. Coconut
sugar is okay for people allergic
to sugar cane.

Road To Resilience

Continued from Page 1

community services can be plugged into the timebank and earn credits.

- Helping works better as a two way street. Giving is easy, but it is receiving that honors the value of others and builds real community. You create value by accepting the service of others. Giving back builds the self-esteem of the receiver.
- We need each other. We need to underscore that fact.
- Every human being matters. We all have a finite time to live and an hour of lifetime is equally valuable no matter how it is used or how much training and experience went into what is provided. You might think that a lawyer would feel that an hour of their time is worth much more than an hour of a gardener. That lawyer could decide to offer some other service if they wanted to earn time to bring in a gardener. On the other hand, I think that a lawyer might get a lot more satisfaction offering legal services because it is something they are good at and proud of. We have already heard from one lawyer that is enthusiastic about the idea. When we take money out of the transaction, it becomes a much more personal and bonding, not alienating.

Transition Vashon has long wanted to do a skills inventory of our community. As participation in the timebank grows, we will be creating that inventory. At the same time, we will have a way in which those skills will be accessible to everybody.

The exchange includes only time; if there are material costs involved, the recipient must pay those. You can explore the details at tbanks.org/member-policies/. If you are not computer savvy, call Carrie Sikorski at 206 949 2790 or show up at the following meeting.

The Vashon Timebank Launch and orientation potluck will be Sunday, Sept 15, 4pm, at the Senior Center, next to the Land Trust Bldg in town. Our timebank will be a part of a larger regional timebank in which you

Bullfighters

Continued from Page 1

Yes, bulls WILL kill you and every rancher knows it. Handling such animals is a skill and those who don’t know how had best stay well away. Rodeo bulls are especially ornery as that characteristic is bred into them. Their job, their destiny and their evolution make them powerful fighting machines. Back in the sixties bullriders were more evenly matched and maybe one in every two or three made the buzzer at a rodeo. Scores mattered then and the cowboy with the high score took home the prize money.

Those days are gone. Today maybe one rider in ten or fifteen lasts the eight seconds and that lucky guy takes the prize since he is the only one. Most rodeos have no completed rides at all. These days almost everybody who can competently ride a bull is in the PBR and the rest have almost no chance against the highly-bred and trained rodeo stars they find raging in the narrow bucking chute. The bulls have more experience and confidence than the cowboys. They win almost every time. Gold Buckle Rodeo brought a 14-year old bull to Port Angeles and nobody lasted more than two hops. A great bull knows his job and he is good at it.

Of course, bullfighters don’t really fight the bulls at all. A friend once suggested that they ought to call them “Bull Attention Getters” or “Bull Dodgers.” They do all that and more, but they do it with a purpose – to save lives. A bull ride is a terrible thing to experience (they tell me) and I know from events in my own life that striking the ground suddenly and unexpectedly will cause most people, no matter how athletic, to lose focus for a few seconds.

will be able to participate. Joan Eads, of Timebanks of Puget Sound, will be there to answer your questions. You will receive an hour credit just for attending the meeting! This is your chance to shine at what you do best, and get the help you need, while starting to build an alternative to the money economy. If you sit down and think about what you know how to do, you will be surprised at how much you have to offer. It could be fun and a radical step forward if we so choose.

Comments?
terry@vashonloop.org

The Vashon Loop, p. 9

“Get up! Get up! Get up!” yells the bullfighter to the dazed rider. “Run off!” Then he does what nobody should ever be asked to do: he puts himself into the shrinking gap between the angry bovine and the stunned cowboy rolling in the dirt. He makes himself the object of interest and draws the huge animal away. Cowboy protection services.

I talk with Erick Schwindt and Maurice Reed, the bullfighters working for the stock contractor at the Port Angeles Rodeo. They are both quiet, soft spoken and thoughtful men. Erick tells me he has been doing this job for ten years, Mo has been at it for four. They are not brash, but neither are they matter-of-fact. They have a keen sense of saving lives. They are quite clear that their own are in jeopardy.

“Have you ever been injured?” I ask. “Oh, yeah. Broke bones, dislocated shoulder, scrapes, all that.” Mo hesitates a moment, then tells me “Last year a bull got the better of me. Got me down and whacked my head real good with his horn. Everybody thought I was gone. But you know, compared to getting up on the back of one, I still like my chances better on the ground.”

All rodeo performers are athletes, but no one outshines the bullfighters for gymnastic ability. Their moves are dancers’ moves, Jackie Chan moves. They use quickness, agility and a deep understanding of bovine psychology to gain a mastery over their powerful adversary. Bulls are not stupid, and they can run quite fast and jump very high. They are massive, though, and the martial arts moves of a skilled bullfighter are hard for them to match. But one small mistake and the bull brings his mass, power and speed to bear with potentially devastating results.

As we chat, the stable of dangerous rodeo bulls is resting just across the low fence. They kneel placidly, chewing their cud and looking like nothing more than harmless farm animals. They make cow noises and manure piles. But later...

If you want to see artistic photos of bullfighters, bull riders, bronc riders and all the other amazing athletes in rodeo, then check my Facebook page at [Facebook.com/BiffleFrenchPhotography](https://www.facebook.com/BiffleFrenchPhotography). You can see all my rodeo photos from the whole year on my website www.BiffleFrench.com.

Biffle French is the National Rodeo Correspondent to the Vashon Loop.



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Live Auction at Noon!



Clinton Fearon



Always a crowd pleaser on Vashon Island, Clinton Fearon & The Boogie Brown Band is coming back to the Red Bicycle for another amazing performance of his roots reggae music this First Friday night. If you like roots reggae, this is a show you won't want to miss. Clinton Fearon has quickly won the hearts of many an Islander and will pack the dance floor with happy feet.

Much like quite a few other reggae musicians who came of age in the late 1960s and early 1970s, Clinton Fearon was a country boy who migrated to Kingston as a teenager in order to seek his musical fortune amongst the proliferating studios and sound systems of the big city. He was born in St. Andrew in 1951 and moved around the countryside with his father and stepmother before relocating to Kingston in 1967; he immediately organized a singing group with some friends, but it never amounted to anything and broke up before it could record. It was around 1970, when he joined Albert Griffiths and Errol Grandison to form the Gladiators, that he hit his stride as a musician, and began what would be the most significant and commercially successful association of his career.

Flash forward to 1989, when Clinton came to Seattle and co-founded The Defenders and then finally in 1993, formed his own group called The Boogie

Brown Band.

When asked about his music, Clinton states that "...our sound is roots, its roots, lovers rock, rock steady. It's not too far from the root. I'm not trying to branch off into anything I'm not totally relaxed with," he continued. "A lot of (other bands) try to follow the market. I try to follow my creativity more so than follow the market. It's what's in your heart; you have to follow your heart."

Clinton Fearon is counted among Jamaica's most talented musicians by peers and professionals in the Reggae music industry. His infectious bass riffs have always led the way, whether he is playing bass, guitar or percussion, singing lead vocals or providing background harmonies.

The show begins at 9pm, the cover is \$10.00 and it is an all-ages event 'til 11pm, 21+ after that. The Red Bike has experienced sold-out shows with Clinton in the past and anticipates the same for this one, so it's highly advised that people buy tickets in advance by calling 463-5959 or by purchasing them in person at the Bike prior to the event.

\$10 cover
This is all-ages show 'til 11pm, then 21+ after that.
Friday, September 6, at 9pm.
At the Red Bicycle
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

OneNiteStand & The Sirens

We all know a OneNiteStand is never enough – You just want more! Well good news, they're back! And they have new stuff as well as a female duo who will redefine the local blues scene. This band is 'nothin' but rockin' blues' and you'll say "oh yeah!" when you hear them! Can Blues be this much fun? It is for the players and it will be for you when you join this band of musicians who've been rode hard and put away wet. They're dusting it off and shinin' up nice for another rare gem of a show.

These musical veterans play their favorite blues tunes and spice 'em up with their own originals. They've all got blues chops, from growling it to flat-out rockin'. And wait 'til you hear the female singers! Fresh from playing in the local band, Avaaza, Terri and Azula will leave you crying for more. They've been playing for a long time and have musical histories too long to mention here. The all-island players present a nice mix of talent:

Luke's guitar screams the blues like a down-hearted frail and goes raw at just the right



times. And when he sings, he knows most of the words too. Amazing!

Harmonica king, Lonesome Mike, will slip you some of his own grimy vocals over the sw-e-e-e-t sound of blues harp all night long, baby.

Slab blows his sax to the max with his own brand of playing that will even impress your friends.

Gib, well, has that strong back beat that keeps things smoking as he's laying down the beat.

Percussionist Fletcher creates those additional rhythmic pulsations that enhances Gib's

driving sounds.

Matt [you know that guy! The Strawberry Fest award is named after him!] drives home a solid cobalt bass getting funky or just bluzin' it up.

You'll love OneNiteStand & The Sirens and you'll never forgive yourself if you miss this.

This is a free cover all-ages show 'til 11pm, then 21+ after that.

Friday, August 30 at 8:30pm.
At the Red Bicycle
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

Die Fledermaus (The Bat!) Will Make A Splash!

Vashon Opera will present Johann Strauss' exquisitely beautiful and bubbly comedy, Die Fledermaus with two performances at the Vashon High School Theater on September 20th and 22nd. Die Fledermaus means "The Bat" in German and this title comes from a little joke that was played by the principal character Eisenstein on his friend Dr. Falke. A year earlier Eisenstein had abandoned a drunken Falke dressed as a bat in the center of town, exposing him to ridicule the next day. The plot follows the revenge of "The Bat" as Dr. Falke arranges to embarrass his friend Eisenstein in return.

Sung in English, Die Fledermaus will be Vashon Opera's first ever operetta. Vashon Opera will incorporate a lively 45 member chorus, professional opera stars, a corps de ballet, enchanting chamber musicians, and special guest artists.

"Die Fledermaus affords an exciting opportunity for us to bring in artists of various art forms. During the second Act at Prince Orlofsky's festivities traditionally the presenting opera company will provide some guest acts as part of Orlofsky's entertainment. Vashon Opera is thrilled to present a ballet, guest vocal star Kevin Joyce, guest aerialists



headed up by Martha Enson and Vashon's own magician Tom Pruiksmal", says Jennifer Krikawa.

"Strauss' waltzes demand dancing and I'm thrilled that Julie Gibson will coordinate and choreograph the dancing element", says Krikawa. Says Julie, "I think it is exciting creating what I'm feeling is a show within a show. The ballet is so different from what is going on in the story line and smack dab in the middle of the second act. It's kind of fun to imagine it as part of the entertainment at the party. And of course the music is so beautiful!"

Dr. Jim Brown will return to conduct, direct and arrange the operetta, "We have a cast of opera singers with really special and beautiful voices and our chamber orchestra is our beloved team Karin Choo, Mary

Manning, Doug Davis, Jennifer Rhyne and Evan Stults."

"I am also thrilled to present such a large dynamic chorus directed by Joe Farmer.", says Jennifer Krikawa. Joe describes the Die Fledermaus chorus as instrumental to the fabric of the entirety of Act II. "As a result," says Joe, "we've pulled together a talented group of 45 island singers who, I'm certain, will be a delight to our audiences! The music is familiar and lively - silly at times - and a lot of fun to sing. It's really going to be a blast!"

Jocelyne Fowler and Anna Martinsen return to costume the large cast. "We are placing the opera in the 1920's for a spectacular look and elegant style." says Anna Martinsen.

Die Fledermaus will be a good time for all. Join us for a waltzin' good time!

Tickets on are sale now at vashonopera.org and Vashon Bookshop.

September 20, 2013, 8:00 pm
September 22, 2013, 2:30 pm
\$32 Season Ticket Price

September 18, 2013 7:00pm
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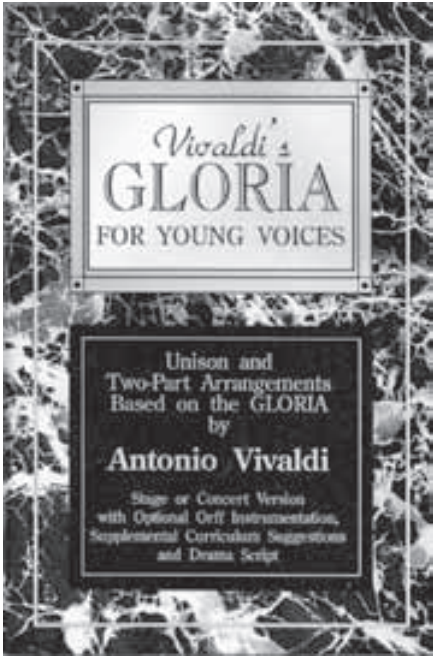
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Vashon Island Youth Chorus To Start In September

The Vashon Island Youth Chorus (VIYC) will start, open to students in middle school through high school, beginning Tuesday, Sept. 10, at Vashon Lutheran Church. Rehearsals will run 3:15 - 5:15 pm on Tuesdays thru Nov. 12, and students will prepare 2 concerts for the weekend of Nov. 16/17. Vashon Lutheran's Music Director, Marita Ericksen began directing VIYC in 1999. The youth chorus became a Vashon Allied Arts program in 2003. The VAA program transitioned to a Youth Musical Theater Class, which will continue this fall on Mondays and Wednesdays after school, but Ericksen saw a need for a quality youth choral program as well. She is excited to be offering the VIYC on Tuesdays after school this fall.



Art in the Alley



Catalina Quinn is coming to the alley, bringing with her works of wonder, that have never been seen on Vashon Island before. The vibrant colors that trapeze across her canvases are a joy to behold. Her "Barrio Dogs" inspired by ancestors from the remote canyons of Northern Mexico are so delightful and to be experienced by all ages, they will titillate the child within. Those from Catalina's generation may recognize the name as that shared by her father, Anthony Quinn, the actor and well loved artist, or her grandfather, Hollywood producer Cecil B. DeMille.

These are big shoes to fill and I'm sure you will find she wears them comfortably. The event is on the First Friday art walk on September six. No cost though there will be a raffle on some artwork to raise money to keep the gallery open. Kids are welcome and we will provide refreshments also some fabulous live music! Art in the alley is the new name for the former Ignition Gallery and is located behind the Saucy Sisters Pizza. Join us between six and nine and we are expecting quite a crowd as Catalina has never shown on island before .Hope you can make it are you an art lover?

Live Comedy Night!

Comedy Night is, on average, more fun. If you haven't been, here's the setup: We invite jelly-kneed first timer's, practiced amateurs and professional comedians to appear on the same stage. The newbies only get a few minutes of stage time because, well, it's just better that way. Then we trot out some faces you may have seen performing around town and we finish up with a couple of pros. Our headliner this time around is Nigel Larson, a standup comic based in Seattle. A few years ago, Nigel Larson was nothing more than a single, unemployed college dropout living in his parents' basement. This seemed to him the perfect time to start a career in stand-up comedy and it was. He was quickly recognized in his first year by the Rochester Metromix paper, Insider, as one of the funniest and most active comics in the Western New York region. He was named one of the "top 5 funniest comics in Rochester under 30" in 2008 and then was on the cover as "the face of Rochester comedy" in 2010. Just as quickly Nigel realized that if he wanted to make more than \$500 a year doing stand-up he would have to move. So with lofty goals of doubling that annual income, he left the safety and security of his parents' basement for the safety and security of his grandparents' basement in Tacoma, WA. For the next year he would be the house M.C. at the Tacoma Comedy Underground. Nigel takes the stage with a jovial demeanor and instant likability. At first playing on his innocent appearance to establish a rapport with the audience he then quickly reveals that beneath his boyish good looks lies a cuttngly clever wit. His act is largely autobiographical, turning a lifetime of failure into consistent on-stage success with honest stories and sophisticated material. This coupled



with a strong delivery makes Nigel the pleasant surprise audiences are looking for. His act is powerful enough for the drunk, indifferent crowds of a bar, yet intellectually satiating for the audiences of a college. Nigel has had the pleasure of opening for such national acts as Tom Rhodes, Jimmy Dore, Kyle Cease, Ty Barnett, Rebecca Cory, Jim Florentine, Jimmy Shubert, Mike E. Winfield, Dwight Slade and Auggie Smith. Along with Nigel, we'll have a tasty assortment of local comedians on tap: Erik Lundeen, Cara Rosselini, Jim Ferrell, Mick Etchoe, Anders Blomgren and Per Lars Blomgren. Come on down and get a first look at next year's up-and-comers and today's Pros and get some of that ripe comedy juice all over your face. Napkins, dinner and drink available during the show. 7 measly dollars, cheap. \$7 Cover, Mature Audience Only! Friday, September 13 at 8pm. At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

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Next Loop comes out September 12

Next Edition of The Loop Comes out Thursday, September 12

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Loopy Laffs

LOGJAM



BY Jeff Hawley

HELLO, FOLKS - I'M LOGJAM! WELCOME TO MY COMIC STRIP!



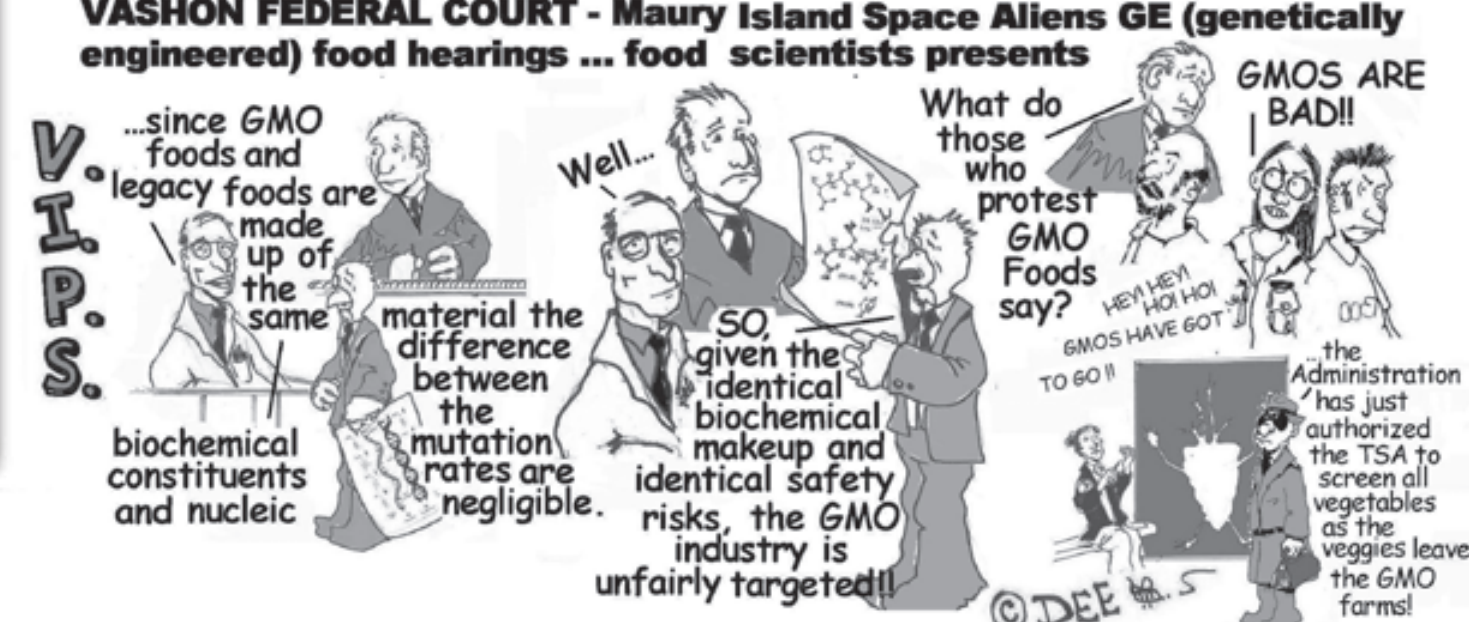
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