



VASHON

# THE LOOP

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September 12, 2013

## A Knight with the Arts: Vashon Allied Arts 2013 Art Auction



*"Walking the Headlands", oil painting by Rose Belknap. Photo by : John de Groen*

By Kira Bacon

Island supporters of the arts and artists take heed! On September 27 and 28, the Vashon Allied Arts parking lot will be transformed into the magical world of Camelot. A Knight with the Arts offers two nights of renaissance-themed festivities, all to benefit the arts on Vashon. The VAA Art Auction is one of Vashon's most highly anticipated parties of the year, and this year promises to exceed expectations. There are many additions to enhance the auction experience this year. Steffon Moody and his merry band of Mummers will entertain each night and auction attendees can strike their

best medieval poses in a distinctly 21st century photo booth, creating a lasting memento of their night in Camelot. There will be a light-hearted "Crowns and Britches" competition for the chance to win a Microsoft Surface. And, of course, more than 140 works of art and a plethora of once-in-a-lifetime experiences.

As always, the food and drink will be fabulous. Friday night will feature scrumptious meat and vegetarian pies from 314PIE accompanied by fresh local greens. The Friday night meal will culminate with the ever-popular dessert dash, with mouthwatering treats from the

*Continued on Page 8*

## The Road to Resilience Three for Free!

The Island Ingenuity Tour is coming around again. On Saturday, Sept 21, from 10 'til 4 you will be able to see how your friends and neighbors have figured out how to save energy and resources and to produce local food and energy. This year, the Ingenuity Tour is teaming up with the WisEnergy Fair and with the Solar Tour. Whether you are interested in down home gardening ideas or high tech home and community energy solutions, these three events will have something for you.

Be sure to consult the official Map and Brochure for a complete listing of sites and locations. You will find it online at [wisenergyvashon.org](http://wisenergyvashon.org), [sustainablevashon.org](http://sustainablevashon.org), or [vigavashon.org](http://vigavashon.org). There will be a large WisEnergy supplement in the Beachcomber that will include the brochure. You can also get printed copies on the day of the tour at the WisEnergy Fair in the Island Lumber parking lot and the Saturday Market. There will be signs indicating exact locations at the sites and volunteers to help you.

If you are interested in food production, the gardens of Lotus and Barb Smith, Roger and Jaimie Sherman, Gary and Linda Peterson will be featured

By Terry Sullivan, Transition Vashon

again this year. These sites epitomize the spirit of the ingenuity tour: lots of low-cost home designed and built systems that you can employ now without any major purchases. At Sunrise Ridge, you will be able to stroll through the Food Bank garden, and Vashon Island Fruit Club will have multiple exhibits there for you to study as well. They have trials studying Peach curl, almond varieties, multiple stone fruit grafts, and exhibits on hugelculture, sheet mulch, and advanced grafting.

Michael Laurie will be on the tour again this year demonstrating numerous ways to conserve water and energy both inside the house and out. Michael's place is a must see if you want knowledgeable and comprehensive explanations of the state of the art in conservation techniques. Similar conservation methods can be seen at Lotus' place and the Peterson's. The Peterson's, by the way, have the oldest passive solar Trombe wall house on Vashon. A Trombe wall is a heat-absorbing wall located behind a large south facing glass surface. John and Jennie Osborne's can show you everything you ever wanted to know about LED lighting, plus a few

*Continued on Page 9*

## Truffles

By Rebecca Davis

I imagine, like all of us, that a year in a dog's life can bring many changes. For Truffles, that has certainly been the case.

As for being a rescue dog, there are things about her past that I cannot comprehend, all that I know is that when she arrived in my life she was a little worse for wear.

She had a quiet exuberance, despite her age of 12 or so, that made her amenable to all of the repairs she needed. As I learned over time, she came with gifts from that previous difficult existence. She could tolerate the behaviors of all dogs to the extent that on one of our walks at Pt. Robinson a dog came over and chomped on her lip. She could not even muster a response. She just eyed this Terrier as if to say, "really?" The attitudinal pup hunkered away, registering something like an apology with his head hung low.

For some time, Truffles seemed like her body needed to be compressed and would seek out places like the corner of the couch or would nestle herself in the laundry basket at my sweethearts house. Her favorite position was when I would spoon her on the floor for awhile and then roll her on her back, her busted paw flexed, lips and ears drooping towards the floor while her toothless smile broke. She looked like a wombat, always prompting me to stare in her opalescent eyes and return a slobbery kiss while I held her between my knees. Truffles has clearly given more to others than the care she has accepted.

This was quickly apparent when her life became about work, which she was clearly cut out for. In my private practice, the minute I was on my knees to do manual therapy or ultrasound, she would lay across the backs of my legs. If someone dropped an article of clothing, she had to lie on it. She would lapse into snoring and my clients dropped in to her breathing rate. Asking if my patients would like some quiet meditative music, they would typically respond that they preferred the sound of Truffles sleep apnea with the wind chimes in the background.

But her true calling was working in the hospital. Driving around the circles of the parking garage, she would lift her head and wag her tail, knowing what the day ahead of her promised. This usually began with an early arrival, so we could race upstairs and let the night nurses visit with her. They would let go of their computers that have become our existence, for a "Truffles fix".

The day would then proceed with my 45 minute PT visits in the Rehab unit, those lovely people that were challenged by surgery, cancer, strokes or neurologic issues were always encouraged by the sight of a chocolate lab in their room at the side of their beds. Reaching weakened hands down to pet her, her presence brought more to the visit than anything I had to offer.

My dog Molly, that had preceded her in life and in work, was beautiful and approachable, but Truffles seemed to have more of an ability to relate because of her disabilities. As patients watch her push off slowly to get up from the floor, tail wagging and pressing fortitude to keep up, it gives them the courage to



meet their challenges head on, as if to say "if she can do it, so can I."

I had one patient who could trade wounded stories side by side with her.

"What's wrong with her?", she queried as she watched her slump on the floor.

"Well, where do I start...She has spinal stenosis that causes her to have trouble bringing up the rear." The patient said she was in for spinal surgery for nerve damage in her legs, as well. "Truffles also has bladder retention issues that cause her to take doggie Detrol"

"Hmmm, I have that too,"

As well as a bad wrist/paw, limited hearing, vision and jaw problems. It was all a check, check, check.

"It seems that I have found a twin on the Rehab unit," she said. Truffles became her new best friend while she was there in recovery.

I am limited to my schedule on the Rehab unit where she could easily come and go, as the rest of the hospital can be almost too busy for her to keep up. Soon the word got out that there was a dog in the hospital and I started getting many requests to go to rooms where family or nursing thought she was needed. When Truffles would trot down the hall, patients and staff would be delighted and come to greet her. While she couldn't keep up on those busy floors, she could certainly breeze through for some petting time.

I once had a call to go to a room where a patient was in a coma. For fairly obvious reasons, dogs should not be in patients beds, but in this case the nurses gave us permission for us to wrap Truffles in a sheet with just her brown head popping out and place her next to a young woman who was dying of kidney failure. Her hand reached up and gently stroked Truffles head on her lap while her husband wept, as they had raised many Labs over the years. Her eyes opened and she spoke to her husband for the first time in days.

On another occasion, a woman followed me down the hall asking for a visit. "You have no idea what this would mean to my husband." He was just off the ventilator after being knocked down by a totally paralyzing virus known as Guillion-Barre. They were visiting from another state, and their life passion had been working with rescue dogs. The nursing tech and I lifted Truffles up he

*Continued on Page 9*





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Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

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**Send in your Art, Event, Meeting Music or Show information or Article and get included in The Vashon Loop.**  
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**The Island Ingenuity Tour, Solar Tour and WiseEnergy Fair**



It's coming! The Island Ingenuity Tour, Solar Tour and WiseEnergy Fair join forces to create one Super Saturday, September 21, 10AM-4PM. Download tour maps at Sustainable Vashon, WisEnergy or Vashon Island Growers Association's websites.



Roger Sherman (center) explains how he raises all his own meat on a small lot in Vashon town.

Find the Loop on-line at  
[www.vashonloop.com](http://www.vashonloop.com)

**Next Edition of The Loop Comes out Thursday, September 26**  
Deadline for the next edition of *The Loop*  
**Friday, September 20**

## Vashon Drum Circle

Vashon Drum Circle meets Friday, September 13th, 7 PM, at Vashon Intuitive Arts. We are moving indoors again and invite the community to gather for drumming and singing with Buffalo Heart, our big community drum. All ages welcome at this free event; donations gratefully accepted. Sponsored by Woman's Way Red Lodge, a non-profit dedicated to enlivening the sacred feminine in our communities.



**Dates** Wednesday September 18, 2013  
**Times** 10:30am to 2:00pm - Maury Community Food Bank  
10030 SW 210th  
3:00pm to 5pm - Vashon Market 17639  
**Places:** 100th Ave SW

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## Wine and Dine for Vashon Schools

Vashon Winery owner and winemaker Ron Irvine is collaborating with Chef Carly Ward at Nirvana Modern Cuisine & Libations, to create a 5 course wine dinner as a fundraiser for the Vashon Island Public Schools Foundation. VIPSF is a 501(c)(3) non-profit created in 2010 to address the steady decrease in state funding for public schools. Their mission is to raise the financial support necessary to provide the education that our children deserve.

Each course of the dinner will be skillfully paired with a unique wine. The appetizer will be served with a dry cider, then the following courses will be presented with: a dry sparkling white wine from Puget Sound grapes; then an exciting new white wine from the Aligote grape; then a couple of reds including Vashon-grown Pinot



Noir; and finishing with the Vashon Winery Reserve Red. The benefit wine dinner costs \$70 per person (not including gratuity) and tickets may be purchased at Nirvana. Information is available by visiting Nirvana or calling 463-4455 during regular hours, 3 to 9pm weekdays and 8am to 9pm weekends, or online at [NirvanaVashon.com](http://NirvanaVashon.com). Wednesday, September 18th, time TBD

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# Harbor School Welcomes New Staff, Launches Arts Initiative and Breaks Ground on New Classroom Building

Big changes are afoot at Harbor School. Under the leadership of James Cardo, Head of School, Harbor School is enhancing curriculum through a new Arts Initiative to incorporate the arts into all aspects of its curriculum. They are also increasing the campus footprint by adding a new modular building to increase classroom space to allow for increased enrollment and a dedicated art space. Finally, the school has hired additional staff to meet the growing demands of stewardship, outreach and the expanding role arts will play in the school's educational and elective programs.

In 2013, Harbor School's Board of Trustees worked with James Cardo to create a comprehensive Strategic Plan. All of these initiatives derive from that comprehensive plan, which reaches through to the 2015-16 school year, when Harbor School will celebrate its 20th anniversary.

**Arts Initiative Launch**  
"With a greater infusion of the arts, our students will learn both rudiments of expressive forms and an appreciation for them, and be encouraged to try new things and plumb his or her creative depths. Those lessons will be applied directly to academic projects, allowing the young student to build a broad palette of skills, knowledge, and appreciation." - James Cardo, Head of School

Harbor School's new Arts Initiative will create an opportunity for the school to implement a clearly-articulated and faculty-supported arts program that engages students in creative pursuits that support their intellectual growth. With generous support from Harbor School's 2013 Benefit Auction's special appeal raising over \$40,000, the school embarked on additional funding sources to make the Arts Initiative a reality. A substantial gift toward completing this project came from Charley & Lanora Rosenberry, Harbor School alum parents. With these gifts, Harbor School has transformed an existing classroom into a dedicated art space and hired an Arts Coordinator in islander Alisara Martin. The Arts Initiative will roll out in two phases. The first phase for the 2013-14 school-year adds an art class to the weekly curriculum for all students and increases the number of electives focusing on the arts. By 2014-15, the core curriculum will fully merge arts and integrate it into all subjects as a theme-based unit.

**Expanding the Campus Footprint**  
Harbor School's strategic plan outlined the importance of full enrollment. In the past, demographic and economic changes in our island community have affected the influx of student admissions. Adding to the challenges was a lower

school multi-age program combining 4th and 5th grades that reached capacity at 16 students. In 2011 and 2012, a "waiting list" was created with the increased demand for the lower school grades. However, with only half of the lower school rising up to the middle school 6th grade, Harbor School had to repeatedly recruit for incoming 6th grade students to fill 16 student spots. By adding an additional building and increasing the classroom size, Harbor School will be poised to expand the number of students that can enroll for the lower school by 2014-15, thereby improving the middle school growth for years to come. Harbor School will retain small class sizes and keep the teacher-student ratio at 1:16 for



left to right: Alisara Martin & Allison Reid

core classes.  
**Fortify the Leadership Team and Expand Staff**  
Up until 2013, the administrative staff has consisted largely of James Cardo, Head of School, and Jackie Mollison, Office Manager. With new development and stewardship efforts underway, the need for a focused arts initiative, and the growing role of admissions, it became clear that relying solely on volunteers and existing staff was not enough--more staff were needed. Harbor School hired Allison Reid in July 2013 as its new Marketing & Development Manager to oversee the school's fundraising, stewardship and marketing directives. In addition, Alisara Martin joins the team in the newly created position of Art Coordinator to establish an integrated arts curriculum as well as managing art electives. Harbor School

also would like to welcome Genevieve Ferrari as an Instructional Assistant for the 2013-14 school year - she'll be assisting the faculty and students where needed as a teacher's aide.

**New Staff Bios**  
Allison Reid, Development & Marketing Manager  
In 2009, Allison joined Harbor School as a new parent and volunteer - creating communications, marketing the school, chairing the Harbor Fund (our annual giving campaign) and running the Benefit Auction. In 2011, Allison was awarded the 'Head of School' Volunteer Appreciation Award for her dedication to the school. Allison brings her extensive expertise in Design, Marketing, Development,



Genevieve Ferrari

auctions and special events, and assisting with admissions and marketing plans.  
Alisara Martin, Art Coordinator  
Alisara graduated from The Evergreen State College with a BA in International Studies & Contemporary Art History. She then attended The School of Art Institute of Chicago earning a BFA in Print Media. She completed her MFA at Cranbrook Academy of Art in Print Media. Prior to coming back to Vashon (she graduated VHS), Alisara worked as an Artist Assistant, Film Curator, Exhibition Artist, Graphic Designer and Arts Administrator. As an artist, Alisara has exhibited her print media work in numerous solo and group shows both off-island and on-island. She first joined Harbor School as an artist working with the students on a print-making project in 2013.  
Genevieve Ferrari, Instructional Assistant  
Genevieve is a Harbor School alumnus and a recent graduate of the University of Washington. Before attending the UW, Genevieve studied anthropology and philosophy at La Universidad de Guadalajara in Mexico. While in college, Genevieve studied Islamic and Middle Eastern Studies. She graduated from the Near Eastern Language and Civilization Department with a B.A. in Persian Language. Genevieve has lived abroad in Tajikistan, Mexico, and China; she credits the Harbor School travel study programs for fostering her love of travel and her ability to adapt easily to foreign cultures.

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# Island Life Fleeing the Disaster Site

by Peter Ray

I decided on my first viewing that the subject line of the email that circulated after the latest gag-order edition of the Vashon Park District (VPD) board of commissioners meetings that it should definitely be the title of this column. While none of the wanton, physical destruction was in evidence, which this day of September 11th brings to mind, there was still a feeling in the air at Ober Park that something was not quite right, not the least of which was the grim reality that, for some reason, board president Wald decided to sandwich the clambering throng of regulars once again into the smallish, back room of the building, making for tight quarters and air thick enough to slice. As there was to be no public comment at this meeting, the slicing of air and the biting of tongues all made for a less than enticing environment, although the tension was eased a bit by the presence of C.C. Stone’s oatmeal and raisin cookies, available to all.

There was a bit of levity at the start as well, as board member Bill Ameling spoke of his “white board game”, and proceeded to list numbers in columns on a large white board at the back of the room. These numbers were there to represent slices of the tax levy pie that were to be doled out to various parts of the VPD domain, and how each of the five commissioners, as well as the general manager, felt those monies should be allotted. The game aspect of this is what caught my particular fancy, as it seemed rather arbitrary as to where these numbers were coming from. In some cases this was clear, as the numbers were similar or the same as what they were for last year’s budget. In other cases, board members said they had no idea what their numbers should be until they had seen more details.

This of course brought to this mind the question as to why, if this was to be a meeting designated as the one in which budget details were to be discussed, these numbers hadn’t been provided and reviewed before hand. The fact that this had not been done came as no surprise, since that’s the way every meeting seems to be here. There were two other things that came to mind while halfway listening to all of this- the camera was running so I could always look back and weep as needed. The first was an image of the Three Stooges flinging spoonfuls of either oatmeal or cow pies around the room in an attempt to see where and to what they would all stick. The second was a flashback to a 2009 episode of South Park about the economy where Stan winds up at the U.S Treasury in an attempt to get a refund on a margarita machine his dad had purchased, only to find that all major and minor financial decisions there are decided by a secret panel of men who chop off a chicken’s head, fling the still ambulatory body out to the center of the floor and then allow it to run around on a circular game board until it flops down

dead on one of a number of many colored pie sections. Bailout! If you missed how I got from point A to the other point on that one, then you have a good idea as to how one feels upon leaving most of these commissioners’ meetings.

There was a bit of talk about a change of culture at the Park District. My impression is that this is something that has long been overdue. The culture in question is one the commissioners have characterized as one of waste and over-employment. It seems that these problems at VPD only came to light, or at least were only actively recognized, when the commissioners decided to move ahead with the V.E.S. Fields project in a down economy and a projected construction cost that was double that of the monies available to the Park District from the property tax levy and they had to do a hackett, I mean hatchet, job to the budget in an attempt to make it all work. It is interesting to note that commissioner Hackett just a year ago blamed the reduction in property tax revenues, and resulting budgetary woes at the parks after the VES project had been undertaken, as “unexpected” fallout from the down economy, when at the last board meeting he made a point of predicting that this year he anticipated a 3.5% reduction in the levy. This leads one to speculate whether or not Mr. Hackett has recently added Tax Levy Prognosticator to his list of new skills and expertise on his LinkedIn profile, because this would have been really helpful if he had only known where the taxes were going before he and the rest of the commissioners headed on their premium soccer field spending spree.

Mr. Hackett also went into a brief ode to volunteers at the end of the meeting. He mentioned how the pool was built back in the 1970’s by the King County Forward Thrust initiative, not volunteers. The implication here, I believe, was that the VES fields have had some success with community volunteer support in their construction. My impression of that is three fold. Just a few meetings back there were complaints from this board that volunteerism had slacked off, and the initial spike in recent volunteerism only came about because that was the only way they could get the necessary tasks on the fields project completed in timely fashion. It also seems to me that if the project had been managed and funded correctly, the contractors could have completed it on their own. And the entire Forward Thrust initiative was voter approved, although it took two elections to do it, whereas the VES Project was undertaken without much public input, if any, and with only certain board members’ assertions that it was necessary and that the demand was there. And as was stated here in the last column regarding public desires for actions and projects for the Park District, Mr. Ameling said that in their polling, covering the pool and buying more land had been the public’s main items of interest, which leads one to ask: why is the pool still only a one season facility? It seems that it is not the culture of the parks that needs to be changed, but rather the people driving and perpetuating that culture. Elections are coming up- stay tuned.



## Grampus Griseus

By Orca Annie Stateler, VHP Coordinator

One calm, foggy morning in early September, a wee porpoise cruised along our shore. I went outside with binoculars for a better look. Dall’s porpoises – black, white and stout -- are usually across the passage, closer to Tacoma. In quiet conditions, temporarily free of manmade noise, I heard the dainty poof-poof blows of our smallest local cetacean: the shy Harbor porpoise. Two adults and a calf traveled west and then north into Colvos Pass. Excellent; we seldom see Harbor porpoises at Chez VHP.

While tracking the Harbor porpoises, I heard other blows off Point Defiance. Judging by the louder, deeper sound, critters larger than porpoises were generating those blows. I scanned and scanned until . . . eureka! There they were -- like an aquatic Sasquatch – two Risso’s dolphins that have surreptitiously roamed lower Puget Sound for several years.

The elusive dolphins did not offer much of a sighting, just a fleeting view of their unmistakable dorsal fins gliding toward Commencement Bay. We stood with camera ready for a while, but in Sasquatch fashion, they vanished into the mist.

My previous Risso’s sighting was years ago in Monterey Bay. A dozen Risso’s dolphins cavorted with a large, gregarious superpod of mixed species: Common dolphins, Northern Right Whale dolphins, Pacific White-sided dolphins. That was an epic cetacean gathering; I also saw 30 killer whales and a Blue whale during that encounter. The smaller dolphins – all potential prey for Transient orcas --maintained a prudent distance from their fearsome Delphinidae family members, Orcinus orca.

Why two reticent, pelagic Risso’s dolphins are wandering Puget Sound is a mystery. They are commonly seen off the



Washington coast in deeper water. Typical group size for Risso’s dolphins is 3 to 30. The estimated U.S. west coast population of Risso’s is 13,000 – 16,000. These dolphins eat squid, other cephalopods, and some fish.

This week’s photo by Robert Pitman shows many remarkable characteristics of Risso’s dolphin: a bulbous and beakless head; sickle-shaped pectoral flippers; falcate or back-curved dorsal fin; robust body with narrow tailstock; and that astonishing coloration – gray with heavy scarring.

Additional Risso’s idiosyncrasies not apparent in the photo include a vertical crease that runs from the front of the forehead to the mouth – creating a cleft melon -- and peculiar dentition, with two to seven pairs of teeth in the front portion of the lower jaw, and tiny vestigial teeth or no teeth in the upper jaw.

Adult Risso’s dolphins are various shades of gray or brown with scars. Scarring can be so extensive on older adults that their bodies appear white. Teeth raking by companions, parasites, and bites from squid, lampreys, and cookie-cutter sharks cause scars. The maximum length for adults is about 13 feet; newborns are 4 to 5 feet long.

In the scientific name Grampus griseus, griseus means “grizzled, mottled with gray.” Grampus might derive from combined Latin words grandis (“large” or “great”) and piscis for “fish.” French derivation is another possibility: grand poisson (“big fish”) or gras poisson (“fat

Continued on Page 9



Risso’s Dolphin. Photo by Robert Pitman, NOAA Fisheries.

## Fisher Needs A Home...

Fisher was found hanging out near the high school fishing for some extra curricular activities. No one has claimed this boy. Since Fisher has been at VIPP we have found him to be very sweet boy with a wonderful personality. He can get overly excited in his play so he would be best with a family with older kids. Fisher does not do well with dogs. Fisher came to VIPP on 3/27/13.



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# Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

## Little Boxes: a Brief Visit to Mid-20th Century America

By Mary Tuel

*“Little boxes on the hillside, little boxes made of ticky tacky Little boxes on the hillside and they all look just the same...” © 1962 Schroder Music, words and music by Malvina Reynolds*

One day in 1962 Malvina Reynolds and her husband, Bud, were driving from Berkeley, where they lived, down to the Santa Cruz Mountains, where she was to perform at a Quaker retreat. Their route took them by Daly City, where new housing tracts were being built. Malvina saw those houses and told Bud that he needed to drive because she had to write a song, and she did – “Little Boxes.”

Pete Seeger soon recorded “Little Boxes,” and, miraculously, it became a radio hit in 1963. Miraculously because Pete Seeger had been blacklisted during the McCarthy era.

A couple of weeks ago I ran into a young man who said, “I don’t like that song. I don’t think it’s right to judge someone for the house they live in. Maybe that’s the only house they can afford.” I applaud this young man’s sensibilities, standing up for the common man and abhorring unjust judgments. However, his judgment of the song is based on a misunderstanding. Context is everything, and he is unaware of the context of the song, probably because it was written before he was born.

To begin with, Malvina Reynolds was raised a socialist, and she stayed a socialist until the day she died. She was part of the Old Left, as it was known in the 1960s.

After the intense focus of World War II we needed a new evil to fear, and the designated villain was Communism. Our former ally, Joseph Stalin, the dictator in the USSR, was now our enemy, but also we were told to fear the Enemy Within, Communists in our society.

During the Depression many people who were crushed by the hard times were introduced to Communism, and Communism



Grateful Dead in Daly City 1967 ©Bob Seidemann. Used by permission.

sounded pretty good. “From each according to his ability; to each according to his need.” That sounds pretty sweet when you’re homeless, hungry, and unemployed, or when you’re an idealistic person of any class or age. It might even sound like The Answer. A lot of people became socialists or Communists, or sympathized with them. After the war, when Joe McCarthy fired up his Commie hunting apparatus and made Commie hunting a blood sport, many lives and careers were ruined by everything from social ostracism and job loss to imprisonment and exile for those pre-war associations and activities.

Immediately after the war, the women who had done men’s jobs during the war were told to quit their jobs, get married, and raise a family. A woman’s highest calling was marriage, family, and putting her husband first in all things. There was a rebound effect to those beliefs later, but that’s another essay.

One effect of the mass re-domestication of women was the Baby Boom, the huge number of children born between 1946 and 1964. With the Baby Boom came a Housing Boom, and tract housing flourished.

To an America that cherished individualism, those rows of identical houses were appalling, the outward and visible sign of middle class conformity. We wanted to be recognized as our precious unique selves, but in the early 1960s social critics decried the rot of conformity: computers, automation, and our cookie cutter houses were turning us into clones and drones. Still, the houses were snapped up by people who were building their own American Dream: a house, a family, a lawn, a garage, an indoor bathroom, a golden Cocker Spaniel, a college education for the kids, the belief that every generation was meant to do better than the generation before.

“And the people in the boxes all went to the university

Where they were put in boxes and they came out all the same...”

From the socialist point of view, the universities were, like everything else, controlled by the big money people – you know, the evil rich. Professors were employees and puppets of the fat cats, turning out workers and cannon fodder to keep the rich getting richer, the poor getting poorer, and the middle class well under control.

Over in my (Republican) end of society, by the way, my parents saw those same professors as Communist shills duping naïve students into becoming evil Commies.

That was fifty years ago. What do you think? Did conformity win? Are we clones, and drones? Or did we all become (gasp) Commies? Or is the truth something else?

If you google “Little Boxes” you’ll find an awful lot of socio-political commentary in which the song figures. It seems a great burden to place on a little song. I suspect that in Malvina’s mind, it was meant to be “funny, with a needle in it.” That’s how she described another of her songs, “We Don’t Need the Men,” which she felt was taken ‘way too seriously.

Malvina once said to me, “You can’t say anything so clearly that someone won’t misunderstand it.” From this end of life I have to say she was right.

# Island Center Forest thinning and harvest designed to improve landscape’s health

To help build a healthier forest, King County is hiring a contractor to selectively thin 38 acres of young, over-crowded Douglas fir trees, and also to harvest 20 acres of mature and dying alder trees from the 408-acre Island Center Forest on Vashon Island.

The work is scheduled to get under way in mid to late September, and will likely run through October. In order to protect public safety, trails in or leading to active harvest and thinning areas will be closed to public access.

The location and duration of these trail closures will be posted at trailheads and appropriate intersections. Other than those trails leading into the active logging areas, all other trails of Island Center Forest will be open for the duration of the logging operation.

Logging operations will be curtailed if the work isn’t done before the Oct. 12 start of the 20-day limited deer hunting season.

Interested citizens are invited to take a guided tour of the thinning and harvest areas on Saturday, Sept. 21 at 9 a.m. Staff from King County and the Vashon Forest Stewards will lead the tour, which begins at the Cemetery Trailhead on 115th Avenue Southwest.

The main goal of the tree-removal work is to improve forest health and increase future biodiversity. Thinning trees increases the growth rate of the most desirable, large trees, and it increases the forest’s value as fish and wildlife habitat. The economic value of the alder will be captured through the harvest, and the forest’s diversity will be improved by replacing the harvested trees with cedar, hemlock and Douglas fir seedlings early next year.

Island Center Forest is certified by the Forest Stewardship Council (FSC), the nation’s most demanding forest-certification program, as a sustainably managed forest.

The certification means trees harvested from the forest can carry the FSC label, a voluntary, market-based system similar to organic certification for farmers or food processors.

King County awarded the logging contract to Erickson Logging, Inc. of Gig Harbor. The sale of the trees will generate an estimated \$23,000 in funds that King County will use for the ongoing management of this and other King County-owned forestlands.

The work implements recommendations from the site’s 2006 Forest Stewardship www.kingcounty.gov/recreation/parks/trails/backcountry/islandcenterforest.aspx.

For more information about the thinning and harvest work, contact Bill Loeber, at 206-296-7821, or bill.loeber@kingcounty.gov. For general information about Island Center Forest, contact Scott Snyder at 206-618-4036, or scott.snyder@kingcounty.gov.

## Passport to Pain: A Stage Hill Climb Cycling Ride around Vashon Island

VIRC is holding its’ 3rd annual Passport to Pain bike ride on Saturday, September 14, 2013. Dubbed as “a hair-raiser of a fund raiser”, the event has grown in popularity in just three short years. The rowing club expects double the registration from last year, estimating 300 or more riders with family supporters.

Last year, the event organizers added a bike themed guest presentation the night before. He participated in the ride as well and then blogged about it (www.adventurecycling.org/resources/blog/passport-to-pain/).

This year the same is planned for Friday the 13th. The guest is 1980 Tour de France cyclist Marcel Russenberger. There will be stories, movies, and camaraderie for guests. Sponsored by Andrew Will Winery and Georgetown Brewery.

There’s a lot of buzz about this ride! Check out the website: www.passport2pain.org and our Facebook page www.facebook.com/Passport2Pain).

Brought to you by the Vashon Island Rowing Club. Fundraiser for much needed new equipment purchases/maintenance.

Start/Finish/BBQ at Jensen Point; Ride is Island-wide. September 14 at 8am





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**Aries (March 20-April 19)**

If you find yourself meeting the resistance of a partner, I suggest you explore your options rather than fight. You may feel ready to take on whatever issue directly, though it's unlikely to get you the results that you want. One result might be the freedom to express your passion, curiosity and creativity without the interference of someone else. You may be feeling like a certain agreement or commitment has reached the point where it's no longer useful. That may be true, and you may also be able to get yourself over the hump and continue on. How many times has this happened? How many times have you reached the point of maximum tolerance and/or frustration? If more than three times, you might consider that there's more to life than frustration, and why you need anyone in the role of restrictor, enforcer or defender of the faith -- yourself included.

**Taurus (April 19-May 20)**

Be conscious of a tendency to divide your personality to deal with feelings that are too intense to be comfortable. This is sometimes described as compartmentalization; sometimes it's known as denial. The polar opposite tendency might be some form of confrontation, whether with yourself or someone else. Between these two extremes is plenty of room to maneuver. What will make it easier to do so is the idea that you can compromise on anything except how you feel. You can adapt your life patterns, your actions and to some extent, what you say. Yet how you feel is how you feel. That alone may be the issue, and if it is, if your emotional response or reaction to anyone or anything is what you're grappling with, then start there. If you are direct with yourself about your anger, passion, rage or restlessness, you will be less likely to project the cause onto someone else and more likely to use your ability to choose.

**Gemini (May 20-June 21)**

If you end up in the role of diplomat or mediator, you may be taking on more than you can handle, or at least more than you're expecting. That said, you're likely to take this role, if only because it feels natural and you're up for a challenge. Therefore, be aware of the landscape that surrounds you. What appears to be a lack of balance is actually the result of some factor pushing the situation out of balance intentionally. Whomever or whatever this may be, it's the one element of the equation that's non-negotiable. I suggest therefore that you not try to negotiate with a typhoon, or try to become one to get a result. You may know the truth about something and notice that others are less than interested. Proceed in a way that works for you and that also serves the greater good -- not in your opinion but in a documentable way. Vast forces are in motion all around you; please respect them.

**Cancer (June 21-July 22)**

The way to move stuck sexual energy is to focus on feeling good about yourself. I don't mean getting your nails and hair done. I mean acting in the world with courage and determination, and standing up for your most deeply held values in the situations where they matter. If there's a situation involving what feels like an erotic blockage of some kind -- a lack of dates, a stall-out in bed with your current partner or a lack of drive or desire -- I would propose that it's not what it seems. You may be taking way too much personal responsibility for what someone else is directing at you. You may be uncomfortable about how you would be perceived if you were freer with yourself and your desires -- and this might not be merely a figment of your imagination. You still have the power to penetrate this and come out in a better place. I would remind you that if it's liberation you seek, seek

liberation within yourself first, and then share it.

**Leo (July 22-Aug. 23)**

You may be encountering the intractability of another person on an important matter, probably a domestic situation. Now is not the time to push the issue. By now, I mean over the next few days, tempting though it may be. This situation looks like a playback of family material, so the person who seems to be involved may be a sock puppet rather than an actual cause. I suggest that before confronting anyone or making a decision you cannot reverse, investigate the ways in which the matter is a projection of your inner reality. You may conclude that there are other causes or factors, but the astrology of the moment is pointing you within first, to seek a thorough review of your own emotional and psychological factors. Once you do that, and you're fairly certain you're not projecting, it will be far easier to address your concerns in a friendly, productive way -- though I would suggest not before the middle of next week.

**Virgo (Aug. 23-Sep. 22)**

You may be feeling extremely edgy, as if someone is following you with binoculars, or like everyone knows your secret fears. They don't actually -- you're far more inscrutable than you think. What I suggest you guard against, meanwhile, is allowing others to dictate the terms of your relationship with yourself. This could happen over the next week or so as you find yourself moving through a series of challenging circumstances with colleagues or associates. What you have that they may lack (at least temporarily) is a sense of connection to the world; the priority that oneself is not the only thing that matters. If you find yourself in a disagreement with anyone, probe that as a possible source of the friction. You would be wise to associate with people who not only care about the world but who are actually doing something about it. Values are like talents -- they are merely potentials until we put them to good use.

**Libra (Sep. 22-Oct. 23)**

Over the next few days Venus leaves your sign and Mercury enters your sign. One implication is that it's time to share with others how you really feel, rather than entertaining them with pretenses of any kind. Appearances can be important; we are now in a get-real moment. You may be concerned about how others who are more blunt than you are will react; what I suggest you pay attention to is your response to whatever they may be saying or doing. You face an ongoing challenge to speak up for yourself, accentuated by how powerful you perceive others as being. Yet their power is mediated by how you perceive them, your style of communication and more significantly how you relate to yourself. If you're intimidated, people will seem powerful in ways that are disproportionate to reality. If you pluck up some courage and have a conversation about what really matters, they will seem more like your equal.

**Scorpio (Oct. 23-Nov. 22)**

You have nothing to live up to except your own passion and drive to move forward. If you forsake that in service of an easy life, you may feel tossed around by forces outside your control. This is a moment to take authority over your life. You may be aware that once you do, that will have a cascade effect and you will need to make many decisions that you've put off, potentially for years. That alone might be enough to get you to decide that you'll wait for the next opportunity to come along; you've had many and you may be

assuming that many more are coming. Even if that's true, there won't be another moment like you have today. You may be hesitant to act on what you perceive as irritation, negativity or conflict, but you might ask what else would get you to make a decision. And you would probably get an answer that fits the current scenario, if you look at it honestly.

**Sagittarius (Nov. 22-Dec. 22)**

Make sure you're playing a supportive role in the lives of the people around you. By supportive I mean something other than competitive; preferably collaborative. That would call on you to let go of what may be considerable anxiety, which seems to flare up every time you want to do something that taps into your determination and creative vision. Listen to the fear and don't let it stop you. Listen and don't put others into the role of rival. You may have the feeling that you and everything and everyone around you are balanced on a hair-trigger, and that if you say or do anything meaningful there will be an earthquake. You'll have to be willing to test that theory to claim some emotional space, though a good start is reminding yourself, every time you feel a burst of anxiety or uncertainty, that you can act in modest ways to hold the world together -- and you'll feel better for doing so.

**Capricorn (Dec. 22-Jan. 20)**

You may fear that the conversation will veer in the direction of sensitive issues or extremely private subject matter, and if that's true then it's exactly where I suggest you allow things to go. You want depth and many factors in your life are offering the opportunity to go there. I suggest you be mindful of how much you may fear your secrets getting out to the public. Indeed it may be your worst fear, but if you allow that to run your private life then you're living like an emotional hostage. People care a lot less about your secrets than you may think. Everyone has plenty else on their mind; what you're experiencing is the fear of an illusion. That said, there is a lot of relief to be gained when you stop caring about the views of others on your most private

matters, or perhaps more to the point, when you decide you simply must be known for who you are.

**Aquarius (Jan. 20-Feb. 19)**

You may feel out of your element, or like a certain relationship situation is pushing you beyond your limits. Yet in a strange way you also might feel entirely comfortable with where you are. You're moving through the emotions and demands of your situation more gracefully than you may reckon, and in many ways it's bringing out the best in you. Still, I am sure you would appreciate some relief from the constant pressure, particularly where the necessities of a personal situation intersect with those of a professional one. It would be great if you could devote yourself to one or the other and really go in deep. Yet your astrology as it's currently structured is suggesting that the opposite is true. As you toggle back and forth between commitments, you will gradually design your life in a way that integrates both and excludes neither.

**Pisces (Feb. 19-March 20)**

You would be surprised the extent to which you're living under an externally imposed belief system of some kind. It could be something installed by your parents, by teachers or by religion; it could go back much further than that, including being legacy material from institutions who have held down humanity for a long time. If you know this, you stand a decent chance of getting free from whatever this is. The way to do that is not to dissect or dismantle it but rather to make contact with what you value, and in particular, how radical it is in contrast to much of what you see, feel and hear going on around you. Make peace that you're the weird one. Trust that even if you don't have an influence on some of the stuffy people around you (which you do) that your determination to live your own truth is attracting people who appreciate you and whose company you will enjoy.

Read Eric Francis daily at [www. PlanetWaves.net](http://www.PlanetWaves.net)

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# Positively Speaking

## Total Praise: Returning to Ground

By Deborah H. Anderson



in we circle each time. Self concept, self esteem, family dynamics, our definitions of love, success, disease, and normal, all flex and ebb, crack and heal, as life throws us curve balls and blessings.

The summer of 2013 will forever be remembered in my head and heart as the months I accepted uncertainty and counted my blessings.

In May, just previous to this season, a friend gave me a small tile with the word 'surrender' etched in it. She meant for me to find God's dream for me. I did...right after I declared to God, it was not MY dream for myself. Nonetheless I began to agree ,in obedience,and floodgates of opportunity opened.

In doing so I discovered God wanted me to stop moving back and forth and just bob at sunset, get a good night's rest and finish every creative project without starting anything new.

It's dark now. My skin is pruned. My Spirit has swallowed the last morsel of light. The smile on my face comes from some ancient place of praise for the privilege of being a live human being.

I have returned to ground simply by staying in one place and letting light and water lead me into the darkness that will usher in a new day.

Amen and amen.  
Love,  
Deborah



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## A Knight with the Arts

Continued from Page 1

Island's best pastry chefs. Saturday night will start with the signature Merlin's Martinis and hors d'oeuvres, followed by a full sit-down dinner catered by The Hardware Store Restaurant.

The auction promises a wealth of entertainment, but the centerpiece of the event is the art, and this year Island artists have outdone themselves. Each year, VAA commissions six artists to create works of art especially for the auction. For 2013, these pieces are as varied as the Island artists who created them. From the delicate sparkle of a Swarovski pearl necklace to the silky smooth surface of a polished Black Walnut table and a richly textured photograph that looks like an abstract painting, each work of art reflects the artists' deep personal connection to their materials and mediums. The commissioned artists this year are Paula Allegrini (woodworking), Rose Belknap (painting), William Dacus (woodworking), Leslie Wu (pastel on paper), Betty Gardner (jewelry) and Debra Paulsen (photography).

Auction bidders will be wowed by a collaborative work entitled "Elements: Reflections by Vashon Island Artists," an art book created by 15 of Vashon's

most well-known artists. The project was coordinated by nationally recognized book artists Suzanne Moore and Donald Glaister, who also hand-bound the book

All those who believe that the arts form the heart of a community are invited to don their best Lancelot and Lady Guinevere costumes (or not), and support the arts by spending a Knight with the Arts!

**Next Edition  
of *The Loop*  
Comes out  
Thursday  
September 26**  
**Deadline for the next  
edition of *The Loop* is  
Friday, Sept. 20**

## Community Cinema Vashon Presents: The Graduates/Los Graduados

A new season of Community Cinema Vashon is here! We're kicking the season off with a 2-part documentary, The Graduates/Los Graduados.

Un documental revelador sobre los desafíos que enfrentan los estudiantes Latinos en Estados Unidos.

Presented over two nights (9/24 & 10/29), the film follows six teenagers — three girls and three boys — each with their own unique obstacles to overcome. The Graduates/Los Graduados explores pressing issues in education today through the eyes of six Latino and Latina students from across the United States. More than a survey of contemporary policy debates, the bilingual, two-part film offers first-hand perspectives on key challenges facing Latino high school students and their families, educators, and community leaders. It is the story of the graduates who will make up America's future. A running theme throughout all of the stories in The Graduates/Los Graduados is the importance of civic engagement, of students becoming involved in their schools and communities, and —



crucially — having a say in their own futures.

Mark your calendars for October 29th and join in the free Community Cinema Vashon screening of "THE GRADUATES/LOS GRADUADOS" (Part #2, -"Boys Hour"), 6pm at the Vashon Theatre.

Community Cinema is a national civic engagement initiative featuring free screenings and curricula for films from the Emmy Award-winning PBS series Independent Lens. In 100 cities and online, community members come together to learn, discuss, and get involved in key social issues of our time. For further information, please visit [www.ccnw.tv](http://www.ccnw.tv) and [www.communitycinema.org](http://www.communitycinema.org)


## Film produced and edited by Islanders wins award



All That We See or Seem, a film produced and directed by Jessika Satori and edited by James Culberton, won The Best Western Film Award at the Action on Film Festival in Monrovia/Pasadena, CA.

The Western stars Lon Hannah, of the cowboy group Sons of the San Joaquin,

as Quentin. It was scored by Friday the 13th composer Harry Manfredini, and the Director of Photography was Ron Vidor, who has has a 50 year Hollywood career shooting film and television such as Romancing The Stone, Stand By Me, and ER.



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## Bonita Boo Needs A Home...

Bonita Boo is a silky, slim, petite young girl who is chock full of personality. She would love to be the sole soul mate for her new person. She has a fun, playful spirit and she would make a great family cat. Bonita Boo came to VIPP on 4/14/13.



**Go To [www.vipp.org](http://www.vipp.org)  
Click on Adopt**



# Island Epicure



By Marj Watkins

## The Art of Braising

As I write we’ve had two days and nights of drizzly rain interspersed with showers and occasional bright spells, the kind of weather that’s cool enough for actual cooking. These are the days when you can start a pot of beans cooking, set a timer and forget about it except for checking now and then to be sure the pot doesn’t go dry. It’s weather that permits long slow cooking of tough meats.

Yesterday, my son had handed me a children’s book titled, intriguingly, “The Princess in the Pigpen”. The cover showed a little girl wearing a dress made wide at the hips with a farthingale, much like one Queen Elizabeth I would have worn. It’s a book a five year-old would enjoy having read to her, and a little girl of eight or nine could read for herself. Appropriately, I had thawed a couple of chunks of pork to cook for supper. I could enjoy the book and call it research for (a) the children’s fiction book I’ve been fine-tuning for ages, and (b) practice the art of braising for my Loop column.

Braised meat with herbs and fruit can be made with pork, beef, or chicken. With pork, or beef, I use sage and apples or prunes.

With chicken, I like tarragon, or oregano, or spices and cherries or apricots.

Braised Pork  
with Herbs & Fruit  
2 servings

Cook in a wide frying pan that owns a cover.  
Olive oil spray  
2 pork chops or small beef steaks  
6 to 8 dried prunes  
1 to 2 teaspoons finely crumbled dried sage leaves  
Salt and pepper to taste  
Hot water

Spray the cold frying pan with the olive oil. While it heats, pat the meat pieces dry with a paper towel. Brown them on each side. Sprinkle them with the sage, salt, and pepper. Reduce the heat to medium low. Add hottest possible tap water or boiling water to almost cover the meat. Cover the pan. Set your timer for 20 minutes. Check on the meat, adding more water if necessary, so the pan won’t go dry.

Tuck the prunes around the meat. Cook another 20 to 25 minutes, until the meat is very tender. Serve with microwave baked potatoes, a cooked vegetable and a salad.

Braised Chicken: Spray frying pan with olive oil. Heat the pan. Brown serving-size pieces, sprinkle them with tarragon or cinnamon, salt, and pepper. Add hot water to almost cover the chicken pieces, reduce the heat, cover the pan, set the timer for 25 minutes, turn the chicken pieces over, and tuck dried apricots around them, turn the heat to medium low, add water if needed and set the timer again for 20 minutes.

## Road To Resilience

Continued from Page 9

other things.

For house structures, we have Kathleen Dolan’s very cute strawbale home with many wet Northwest winters under its belt and Bill and Wendy Gage’s recycled, transported and transformed energy efficient home with solar array and gardens.

Also on the solar tour are Jim Gerlach’s, March Twisdale and Jose Marquez’, and Don Wolzko’s homes. A special ingenuity award goes out to Don for designing and building his own solar tracking system.

This year we will also be featuring Gib Dammon’s Community Solar installation at the Harbor School. If you live in a shady area and don’t see much potential for home solar production, you should check out this arrangement. This is a state subsidized array owned by multiple small investors like you that wanted to invest in and reap the benefits of solar energy. We could have one of these in every neighborhood! Get there at lunchtime for a free burger or tofu dog.

Then there is the Energy Fair in the Island Lumber parking lot. This is worth a day’s perusal all by itself. Here you will find energy saving home products, building materials, appliances, heating systems, remodeling ideas, and financing options. Also, there will be exhibits on solar technology, electric cars, island wood products, honeybees, and more.

At the Energy Fair, stop by the Transition Vashon booth and say hi. We will have good books for you to borrow from our library. I and others will be available to answer any question you may have or discuss transition with you. I will also have some printouts on some of my own ingenious (if I do say so myself!) ideas that I have employed at my own home.

We also hope that some of you will get into the spirit of the day and choose to tour the sites on your bicycles. Suggested north (6.2 mi.) and south (9 mi.) routes are given on the brochure. You can also do the walking tour in town (.7 mi.) Make a festive

## Truffles

Continued from Page 1

could make eye contact with her as her airborne tail flipped side to side. Sometimes that is all it takes with a dog presence, though the act of petting seems to lower our heart rates and bring on an endorphin blow out.

I could write on and on about how much good having her in the hospital does. The entire atmosphere changes, peoples’ faces go from serious to bright within seconds. On the days that I don’t bring her, we all carry on with our multi-dimensional, multi tasking lives, trying to help people heal. But on the days she is there, people stop and tell stories about their dogs and their lives long enough to slow down and shift gears enough to accept that a hospital does not have to be such a frightening place.

Having a dog in the hospital is not without challenges, however, and the wafting aroma of the food cart rolling along seems to bring out the ill-behaved in her.

As did a Danish wrapped in plastic in a low windowsill that she tried to snatch.

One day, she went for a pill that a patient dropped as he was shakily trying to place it on his tongue. Fortunately, it was a vitamin B. They smell bad, must be why she liked it.

And then, there most certainly is that Lab smell thing. There must be an entire universe in their olfactory glands, and you might imagine there are some pretty amazing odors to take in there. Oh, and in the alley next to the parking garage. Not your everyday Vashon

day of it; meet your neighbors, learn something new, grab some free lunch!

Someday, I hope we will have cobb, rammed earth, and earth sheltered houses to show.

I hope that we will have innovative neighborhood energy and food cooperatives. I’d love to see a living plant based sewage treatment system. Maybe you will be one of the pioneers that brings something new and wonderful to Vashon!

Comments?  
terry@vashonloop.com

The Vashon Loop, p. 9

raccoon and deer poop smells. We are talking the good stuff here. My treat for her at the end of the day was to not race for a ferry by pulling on her lead, but to let her take in every little molecule of deliciousness her nose could register on her way to the car.

Truffles has had an amazing year since her adoption, I have been so honored to a part of her life.

It is that wonderful time of year again when we prepare for one of our favorite Vashon events, The Fur Ball, when we give thanks and empty our wallets for the wonderful fundraiser that helps us with our homeless furry friends.

With all the volunteers and the typical Vashon creative flair, it is always one of the most fun events on the island, which is saying a lot.

Truffles was not an inexpensive dog for VIPP to take on. She had infected teeth, nails imbedded in her paws, extensive ears and urinary tract infections, plus that lovely anal gland thing that plagues Labs, to name a few.

But it is always worth the effort, and as you can see, in Truffles’ case, perhaps a bit more so.

My heartfelt thanks goes out to VIPP for helping her get back on her paws.

Truffles sends a wag, a sniff and a face lick for all of the help she received this year. I especially want to thank all of the wonderful people at Fair Isle who are her extended family and cheering squad, and the only people who will give her those delicious liver treats in abundance.

## The Dorsal Spin

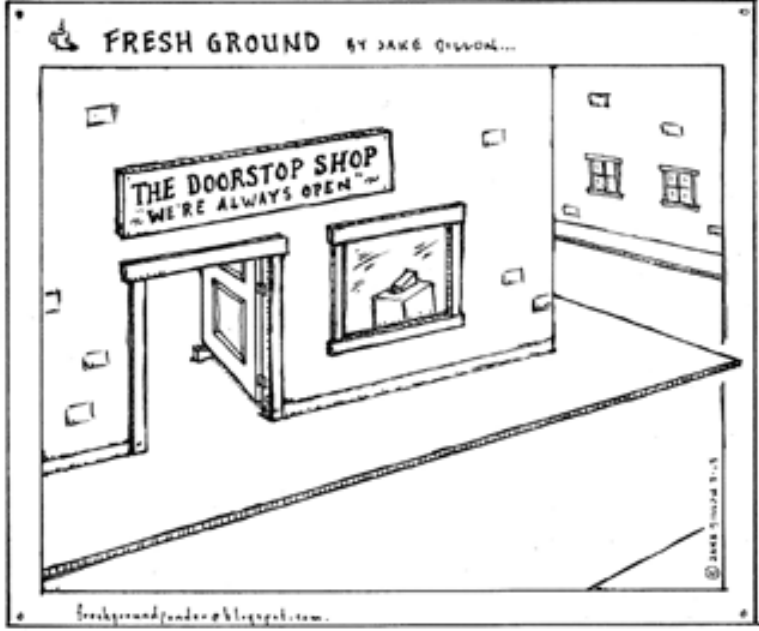
Continued from Page 5

fish”). Mr. Risso was some dude who first described the dolphin to Georges Cuvier in 1812. A Beaked whale has Cuvier’s name.

Worldwide, numerous Risso’s dolphins become incidental bycatch in fishing gear. They are hunted in Indonesia, Japan (drive fishery), the Caribbean (the Lesser Antilles), and the Solomon Islands. Some Risso’s were captured for public display in whale jails -- oceanariums.

Considering how long they have been in our neighborhood, confirmed sightings of the enigmatic Risso’s duo are sporadic. Mark Sears saw them in Fauntleroy Cove on June 18; other NOAA researchers saw them in the Tacoma Narrows on May 16. Cascadia Research has recorded a number of South Sound sightings. Chez VHP anticipates another glimpse of our rare visitors.

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041, as well as seal pups and sick, injured, or dead marine mammals on Island beaches. Prompt reports to the VHP expedite vital data collection efforts by Mark Sears and other researchers, and sustain an accurate record of whale sightings for Vashon-Maury initiated three decades ago. Check for updates at Vashonorcas.org and send photos to Orca Annie at Vashonorcas@aol.com.



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# Mark Ettinger with Kate Copeland & Kiyota Sage

Sweet and gritty father/daughter harmonies bring to life the songs of ex-Karamazov brother Mark Ettinger. He is a “Monster songwriter. Capital M; ... a cross between early Jackson Browne and the Band” (Fame magazine). He crafts his amusing, heartfelt, merciless, Talmudic explorations in his favorite haunts, the Northeast and Northwest. Though a NYC native, he has written some of his best-loved songs on and around the Puget Sound, and he is glad to be back on Vashon to share them.

He released two CD’s, In This World and Songbirds of Tralfamador, and presents his 3rd, Humming towards the Sublime, on this tour down the coast. He has worked with local artists Kevin Joyce and Jennifer Sutherland, Umo, Jim Page, Baby Grams, and others. He has performed in the area for the last 15 years with the Flying Karamazov Brothers. He leads the Moisture Festival Burlesque stage band, “The Naked Truth” and tap dances with goats.

Kate Copeland, living in Port Townsend, will play an opening set before joining her father on harmonies. Kate



Copeland is a conservatory-trained composer who penned folk songs between theory classes, her influences ranging from Medieval chant to Igor Stravinsky to Joni Mitchell. Most recently she has been working on her upcoming debut album, in which she combines songwriting with her passion for rich and diverse orchestration.

Kiyota Sage hails from Port Townsend and has spent his life thus far dabbling in everything from jewelry and sushi-making to songwriting and backflipping. In his free time he builds houses, designs websites, and performs with Kate Copeland in a variety of capacities.

Saturday, September 14th,  
8:30pm at Nirvana  
Free cover!

# Cami Lundeen

After being diagnosed with a rare, incurable liver disease, Cami Lundeen turned to songwriting as an outlet for dealing with her newfound reality. Cami is an indie pop/rock singer-songwriter hailing from Vashon Island. Her energetic style is a creative blend of the bluesy-soul of Adele, an alternative rock flare reminiscent of The Cranberries, the quirkiness of Feist, and the edginess of Pink - topped with vocal stylings similar to Brandi Carlile. Whether it be an intimate performance, as Cami commands her guitar alongside her cajon percussionist, or fronting a full band, she lures you in with her sultry vocal, and powerful vulnerability.

She recently released her Kickstarter funded debut album,



Run Free, which she will have on hand for purchase at the show, along with other merchandise.

This is yet another in a series of many music shows to come that will be produced by Vashon Events. There is no cover for this show.

Saturday, September 21st,  
8:30pm. Nirvana - Vashon’s hot new music venue

# The New Triumph

Comprised of some of the best players from Seattle’s World/Jazz/Funk scenes, The New Triumph plays an energetic, eclectic and original mix of Funk, Latin and Jazz music. Members include Camilo Estrada (bass), Scott Morning (trumpet), Arie Pytel (guitar), Adam Kessler (drums), Ivan Galvez (percussion) and Marc Hager (keys). Their new album ‘Starship Estrada’ can be streamed, downloaded, and bought at [www.thenewtriumph.bandcamp.com](http://www.thenewtriumph.bandcamp.com)

Friday, Sept. 20 at 8:30pm.  
At the Red Bicycle  
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# Shay-Ka-Stick



all come from different musical backgrounds, some of us have played together before but this will be the first outing for this conglomeration of talents. We challenge you to stay in your seats and not giggle a little when

we take the stage.  
Friday, Sept. 27 at 8:30pm.  
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[www.redbicyclebistro.com](http://www.redbicyclebistro.com)

# Die Fledermaus (The Bat!) Will Make A Splash!

Vashon Opera will present Johann Strauss’ exquisitely beautiful and bubbly comedy, Die Fledermaus with two performances at the Vashon High School Theater on September 20th and 22nd. Die Fledermaus means “The Bat” in German and this title comes from a little joke that was played by the principal character Eisenstein on his friend Dr. Falke. A year earlier Eisenstein had abandoned a drunken Falke dressed as a bat in the center of town, exposing him to ridicule the next day. The plot follows the revenge of “The Bat” as Dr. Falke arranges to embarrass his friend Eisenstein in return.

Sung in English, Die Fledermaus will be Vashon Opera’s first ever operetta. Vashon Opera will incorporate a lively 45 member chorus, professional opera stars, a corps de ballet, enchanting chamber musicians, and special guest artists.

Dr. Jim Brown will return



to conduct, direct and arrange the operetta, “We have a cast of opera singers with really special and beautiful voices and our chamber orchestra is our beloved team Karin Choo, Mary Manning, Doug Davis, Jennifer Rhyne and Evan Stults.”  
“I am also thrilled to present such a large dynamic chorus directed by Joe Farmer.”, says Jennifer Krikawa. Joe describes the Die Fledermaus chorus as instrumental to the fabric of the entirety of Act II. “As a result,”

says Joe, “we’ve pulled together a talented group of 45 island singers who, I’m certain, will be a delight to our audiences! The music is familiar and lively - silly at times - and a lot of fun to sing. It’s really going to be a blast!”

Jocelyne Fowler and Anna Martinsen return to costume the large cast. “We are placing the opera in the 1920’s for a spectacular look and elegant style.” says Anna Martinsen.

Die Fledermaus will be a good time for all. Join us for a waltzin’ good time!

Tickets on are sale now at [vashonopera.org](http://vashonopera.org) and Vashon Bookshop.

September 20, 2013, 8:00 pm  
September 22, 2013, 2:30 pm  
\$32 Season Ticket Price  
September 18, 2013 7:00pm  
Student Family dress rehearsal tickets: \$15

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# A Brazilian Evening with the Gurgel Quartet

Acclaimed Brazilian mother and daughter team, Debora Gurgel and Dani Gurgel return to the US to debut UM, an album featuring original compositions and bold arrangements of Brazilian standards. Joined on Vashon by Seattle-based Adriana Giordano's Quarteto for one very special evening of music...

The Gurgel Quartet: Featuring Dani Gurgel, Debora Gurgel, Sidiel Vieira and Thiago Rabello

"Mixing traditional styles with modern grooves, all while featuring the fantastic voice of Dani Gurgel." – ArtistShare, USA

"Dani's scat singing sounds Brazilian yet her intervals, attacks, articulations and musical phrasing sound like jazz." – La Nacion, Argentina

Following hot on the heels of the success of their 2012 Tour (New York City, Boston and Seattle, Argentina and Uruguay), Debora Gurgel and Dani Gurgel return to the US this September to debut their first collaborated album, UM (which means One.)

Debora Gurgel and Dani Gurgel have always been involved in each other's projects, as composition and interpretation partners, but this is their first collaborated album.

They have found a magical way of weaving their compositions together creating an inseparable marriage between instrumental music and carefully crafted lyrics, highlighting Dani's voice as a scatting woodwind instrument into a ambient jazz improvisation, stitched along the tradition of the Brazilian popular music. Drummer and UM producer Thiago Rabello along with bassist Sidiel Vieira beautifully complete this family style quartet.

Their performance at the 12th Tokyo Jazz Festival will kick off the 2013 Tour, then they will make their way to the United States stopping in San Francisco, New York, Boston, Seattle, Vashon and Portland. Dani, Debora and Thiago will also be teaching Brazilian master clinics at the Jazzschool in Berkeley, California and The Royal Room in Seattle, Washington. The quartet will top off their 2013 Tour with 8 shows throughout Paulo State, Brazil.

The Gurgel Quartet:

After playing various musical instruments over 15 years, Dani Gurgel was able to find the one instrument she loved most, her voice. Known as a modern Brazilian singer-songwriter, Dani has found a unique way of combining beautiful lyrics and complicated vocalises with hints of Rosa Passos, Joyce Moreno, Elis Regina and Mônica Salmaso. Dani has 4 previous solo albums and one live DVD performance recorded at the top of a São Paulo's landmark building, Viadutos.

Debora Gurgel is a pianist, arranger, composer and educator who takes



Brazilian jazz to its roots and back with a modern approach. Her compositions are extremely sophisticated, with jazz harmonies and classical influences merged with Brazilian rhythms. She has written for Jazz Sinfônica Orchestra, Tom Jobim Orchestra, Filó Machado, Lilian Carmona, Chico Pinheiro and Amilton Godoy. As an educator Debora has taught at CLAM (Zimbo Trio's school), Auditório Ibirapuera and São Paulo's Municipal School of Music.

Thiago Rabello is, among other credentials, a go-getter, but a multifaceted, self-taught drummer. Thiago has performed and recorded with multiple artists, ranging from jazz icons such as Cesar Camargo Mariano, Leny Andrade and Romero Lubambo to Brazilian pop and country stars, Pedro Mariano and Chitãozinho & Xororó. He also runs his own studio, Parede-Meia, producing music for Rafa Barreto, Demetrius Lulo and the awarded Italian composer Domenico Imperato.

Sidiel Vieira studied acoustic and electric bass as well as conducting in two of the finest music schools in Brazil, ULM and São Paulo's Municipal School of Music. He was a member of Orquestra Jovem Tom Jobim and later Banda Jazz Sinfônica de Diadema. He has also performed with Johnny Alf, Filó Machado, Jane Duboc, Theo de Barros, Dominginhos, Nailor Proveta, Bocato, Fabiana Cozza, Vinicius Dorin and many others.

Seattle-based Adriana Giordano's Quarteto will be opening for the Gurgel's Quartet

Band Members  
Adriana Giordano | vocals  
Eric Verlinde | piano  
Jeff Busch | drums  
Dean Schimdt | bass

Friday, September 13; Doors open at 7pm, Concert at 7:30pm

Open Space for Arts & Community; 18870 103rd Ave SW,

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# Live Comedy Night!

Comedy night returns on the unluckiest of nights-Friday the 13th, at the Red Bicycle Bistro and Sushi. Before the show starts you will be made to walk under a ladder, break a mirror, and then a black cat will be paraded back and forth in front of you. After that things will get weird.

Your host Steffon Moody will make sure of that. In some of his past lives Steffon was a ringmaster, an alchemist, a court jester and a concubine. He puts all those skills to use on Comedy Night. He is the host, you are his guest. Enjoy.

We are very happy to have Nigel Larson back as our headliner. He was here 18 months ago and we are excited to see his new stuff. He's been working out new material EVERY DAY since he was here. We are also excited to see if he has grown because we think he is really 12 years old. He totally killed the crowd last time and really endeared himself to the Vashon folks.

We have two Blomgrens for your entertainment, so whether you like your Blomgren Anders-style or Per-Lars style, we've got you covered. Have a Drink.

James Cottrell will be onstage for the first time--birth of a legend? Who knows? But if you miss it you will feel dumb. Enjoy some sushi DURING THE SHOW! Erik Lundeen will be back with more jokes. That man is funny even offstage, so why should we expect anything less onstage? Huh? Let's all do a shot of tequila!

Mick Etchoe is appearing for the first time. There is literally nothing more I can tell you about that, except that you oughtta be there. And maybe we should get some jello shots? Do they have those?



Cara Rosselini is making a return to her stand up roots. She is coming all the way from Seattle so anything less than a standing ovation would just be rude, people. What's in a fuzzy nipple? Let's all get one.

Jim Farrell will be back and either he'll either be really funny and insightful or he'll read the menu aloud in a monotone voice. Somebody get that guy a beer, jeez.

Technically this is an all-ages event, but if you bring children everyone will give you the hairy eyeball because it really isn't appropriate for children—adult themes will be unpacked, turned inside-out, and passed around the room. Comedy starts at 8 P.M. and it can get wicked crowded, so order your drinks in bulk.

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**September 13, 8pm**  
**Live Comedy Night!**

**September 20, 8:30pm**  
**The New Triumph**

**September 27, 8:30pm**  
**Shay-Ka-Stick**

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**Rumor Has It**

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BY Jeff Hawley



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**VASHON FEDERAL COURT - Maury Island Space Aliens GE (genetically engineered) food hearings ... final arguments.**

We feel GMOs are BAD and need more testing before being marketed!

...because GMO foods have the same constituents as legacy foods, testing should be the same!

HEY HEY! HO HO! GMOs have got to go!

CLACK!

OK, GMOs!! Testing is going to get tougher!

This court, after hearing bioethical, historical and biochemical issues about GMO foods, rule that GMO foods require further testing before being marketed!