Vol. 10, #21

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October 10, 2013

When I was just a boy... Recollections of old Vashon



We heard from the women in June, now it's time to hear from the men. At When I was just a boy...we will hear fascinating stories of what it was like to grow up on old Vashon, from the 1920's through the 1940's, and more stories of memorable Vashon events occurring during the following decades. Guest speakers will be Bill Garvin, Tom Lorentzen and Gene Sherman. The talk will be introduced and moderated by a great story teller himself, Joe Meeker. During the talk, photos from old Vashon, courtesy of the Vashon-Maury Heritage Association, will be projected. One such picture, above, is of the Cove Dock which no longer exists. We will hear

stories involving Cove Dock from Tom Lorentzen, who grew up on the Westside.

You won't want to miss this talk. Learn what life was like "back in the days" and stories about Vashon events that shaped their lives from men who grew up here on our Island home. When I was just a boy...recollections of old Vashon will begin at 4 pm on Sunday, October 13 at Bethel Church. This talk is part of Vashon Community Care's Telling Stories Speaker Series, by and about Vashon Locals. Ticket sales are by donation and are available in advance at Vashon Bookshop or VCC. All proceeds from this talk benefit VCC.

The Road to Resilience

Island Challenges

As you probably know by now, Transition Vashon originally formed to help our community to adapt to the changes we can expect due to climate change, resource depletion, and the accompanying economic and political instability. Over the last few years, I've touched a number of times on the subject of community and its importance in maintaining Vashon's resilience in the face of these changes. I have to confess that understanding and applying the concept of community to Vashon has been a real challenge for us, and I want to share some of the insights that I've gained.

The Transition Network originated in Great Britain in a small rural town. The community dynamics in that and similar towns prescribed a procedure for organizing for transition. Early on, we realized that the standard format did not fit Vashon. We did not have a local government to act as a focus. We already had a goodly number of groups working on sustainability issues. We do not have, as I understand now, a community in the classic sense of these English towns.

In order to understand the concept of community better, and to work to improve the way ours worked, I immersed myself in a few ongoing community building projects here. I By Terry Sullivan, Transition Vashon

attended and followed Welcome Vashon events. This group was started by veteran professional community workers, Dan Kaufman, Bruce Anderson, and Jim Diers. Their idea was to empower individuals to organize and implement projects that they were passionate about. The result has been a remarkable proliferation of ongoing, successful programs such as Community Cinema, Shape Up Vashon, Community dinners, the Timebank, and a host of others. The other organization I joined with was All Island Forum, which formed in response to the implosion of the Community Council a few years ago. They are more concerned with the nuts and bolts of building community, i.e., forming a common vision, learning how to navigate conflict, and coming to consensus.

These are important parts of building a Transition Initiative and they are being carried forward by people that are far more skilled than we are. Certainly, there is no need to duplicate those efforts. What they don't provide, from our viewpoint, is an orientation to a future that is likely to be markedly different from the present. If we see the likelihood of having to use 80% less energy, mostly renewable, within ten years, we will need a plan, and we will need to start implementing it as soon *Continued on Page 9*

Open Studio at Voice of Vashon



Audio engineer Michael Golen-Johnson demonstrates VoV's sound production capabilities. Luke McQuillin photo

By Richard Rogers

On Saturday, October 12, Voice of Vashon will inaugurate Open Studio, a free drop-in educational opportunity for any Islander who wants to learn how to create radio programs.

If you have an idea for a radio show and need the skills to get it on the air, the VoV studio at Sunrise Ridge will be staffed by trainers ready to teach the art of radio production. This opportunity is available to every experience level from novice to moderate on the second Saturday of every month from 10am to 3pm

Voice of Vashon is Island powered media, with original shows created by and for Vashon-Maury Islanders. VoV's longest-running show, The Jazz Guy offers up a delightfully eclectic mix of some of the world's best jazz, creatively put together into themed, one-hour shows by Bill Wood, a retired Hollywood screenwriter, and his audio engineer, Michael Golen-Johnson. Bill and Michael have created over 300 jazz shows highlighting flowers, insects, birds, oceans, friends, dreams, Halloween, sports, really rotten people and love. Bill's first production with a food theme aired in July 1999.

Prose, Poetry and Purpose is VoV's newest radio show created and self-produced by Islander March Twisdale. The show offers Island authors an opportunity to discuss their work and the social messages and political ideas *Continued on Page 9*

BOWHAUS Dog house project for VIPP



The Spiral Dog House by Karen Davis Smith

By Elaine Summers

For the past 3 years, I have organized a project to help promote VIPP's Fur Ball and raise money. I was an artist on the Seattle Pigs On Parade, which gave me the idea for VIPP. This year we have

changed it up and have asked 4 Vashon Architects to design Dog Houses for our fundraiser and called it BOWHAUS.

The Dog houses are currently staged *Continued on Page 6*

Windermere

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How interest rates impact a mortgage payment		3.50% (3.637% APR)	4.50%	5.50% (S.655% APR)
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3.50% (3.616% APR)	4.50% (4.623% APR)	5.50% (5.618% APR)
\$200,000	\$177,248	\$158,173
\$300,000	\$265,872	\$237,260
\$400,000	\$354,496	\$316,346

\$700,000 \$620,368 \$553,606

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PANDORA'S BOX

Big doings at The Box for fall. Baby Watch 2013 commences.
Chad will be a father literally any day now.
We all anxiously await the birth of Esperanza Tillman.
Come see him in the last waning days
of carefree newlywedness.

Bo's Pick of the Week:

New Pure Vita cat food - yummy. New Dave's cat food - yummy. New fleecy coats due in next week. Windhorse coats are here!!!

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\$55/person or \$100/two until October 24 \$60/person or \$110/two at the door

Purchase with credit/debit card online at BrownPaperTickets.com or with cash/check at Pandora's Box, Vashon Bookshop, Island Home Center & Lumber and Fair Isle Animal Clinic.

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Vashon Print & Design

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Vashon Drum Circle

Vashon Drum Circle meets Friday, October 11, 7 PM, at Vashon Intuitive Arts. All ages are welcome to sign and drum with Buffalo Heart, our big community drum. Event is free, donations gratefully accepted. Sponsored by Woman's Way Red Lodge, a non-profit dedicated to enlivening the sacred feminine in our communities.

Get In The Loop

Send in your
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Send To:
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Find us on Skype Vashon Loop 206-925-3837

The Vashon Loop

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Likewise articles submitted to the Loop in no way express the opinions of the publisher, editor, staff or advertisers.
We reserve the right to edit or not even

Sunrise Ridge Open House

An Open House will be held at Sunrise Ridge on Sunday, October 13. Volunteers will lead tours of the back rooms of Granny's Attic, the Fruit Club orchard, Voice of Vashon studios, and the Food Bank and its gardens. There will be free hot dogs, soft drinks, and live music. We'll be conducting a raffle with some exciting prizes donated by friends of Sunrise Ridge. Proceeds will go toward improving paving in the Granny's Attic parking lot. The Vashon-Maury Island Garden Club will hold a contest, with prizes, for the tallest weed and biggest zucchini. There will be an opportunity to vote on development ideas for Sunrise Ridge and how the property can best be used as a community asset.

VYFS hosting couples workshop

Vashon Youth and Family Services is hosting a one day couple's training presenting the 7 Principles for Making Marriage Work discovered by Dr. John Gottman in his 30 years of couple's research at U.W. October 20th from 10AM to 5PM at the Playspace.

Jeff Tipp LMFT and Roberta Godba-Tipp PhD will lead a series of exercises to deepen both passion and understanding in couple's shared lives. Advanced registration is \$90 / couple at VYFS or online at clearmindcounseling.com. Info contact 206-463-5808.

Drama Dock Casting Call

Drama Dock will be casting Dylan Thomas's "A Child's Christmas in Wales" at the Blue Heron on Saturday, October 19th from 2 pm to 6 pm and Sunday Oct 20th from 1 pm to 3 pm.

There are three or four parts for youth, ages 10 to 17, two parts for character women, two parts for character men and perhaps two parts for a leading man and leading woman.

No need to prepare anything or speak in an accent! Be ready to read and play. The performances are Dec 20, 21,22,23 24 and 26. Michael Barker, island newcomer will be directing.

All are welcome!

Candidates Forum

This Thursday October 10th from 7-9pm at the Penny Farcy Building, you can ask questions and hear what our local candidates have to say.

Up for election are three Park District Commissioner seats and one Water District #19 seat that are being contested. For Park District:

Stephen Evans -- Lu-Ann Branch Doug Ostrom -- Robin Magonegil Scott Harvey -- John Hopkins

For Water District #19 Jenny Bell -- Mark Graham

Leslie Brown, former Beachcomber editor will be moderating. This Candidates Forum is being sponsored by The Beachcomber and Voice of Vashon.

Voice of Vashon will be recording the forum so people who are not present will be able to watch repeatedly from the comfort of their home. But it is so much better to watch this forum in person, sitting next to your neighbor or two. Besides there will be refreshments.

Come with your questions.

Next Edition of The Loop Comes out Thursday, October 24

Deadline for the next edition of *The Loop*Friday, October 18

Harbor School Open House

Harbor School will hold a Fall Open House on Wednesday, October 16 at 7 PM for prospective students and their families.

Harbor School, a non-profit, independent school serving Grades 4 through 8, invites local families to attend our Fall Open House and learn more about the school and its offerings. Harbor School is currently accepting applications for the Fall 2014-15 school year for openings in all grades – 4, 5, 6, 7 & 8.

Head of School James Cardo will present an overview of the school's curriculum along with exciting news about our Arts Initiative and a tour of our new art studio space. Learn about our Strategic Plan and new expanded campus. Faculty members will be on hand to answer questions and meet prospective candidates and their families. Current Harbor School students and parents will be in attendance to offer insights and give classroom tours. Refreshments will be provided.

Families interested in attending the Fall Open House should RSVP by phone at (206) 567-5955 or by email at info@harborschool. org. For more information about Harbor School, please visit http://www.harborschool.org.

Admission packets will be available at the event. Application submission deadline for Fall 2014 is March 31, 2014. Enrollment decisions will be finalized in early April.

Storytelling: Personal Experiences with Mukai

Three women, who knew the Mukai family in their home, garden, farm, and barreling plant during the early 1930s and beyond, will share their personal recollections at the Vashon Maury Island Land Trust building on Wednesday, October 23rd at 7 p.m. The Friends of Mukai event will feature Mary Matsuda Gruenewald, a childhood friend of the Mukai family and Milton Mukai's babysitter, Marie Blichfeldt, whose grandfather managed the fruit barreling plant during the 1940's and Bernadine Folz, whose father managed the farm during the internment years. Moderators are Bruce Haulman and Glenda Pearson.

The program is free and open to the public. Refreshments will be served.

Mobile Massage

Brian Hunnicutt, massage therapist for over 7 years will be open on Mondays starting Monday November 4th at Life in Balance Wellness Center located next to Vashon Physical Therapy. He will continue to be available to travel to the client's home for treatment. Brian brings everything for treatment with him from table and sheets to blankets and oils. He specializes in the treatment of acute injuries and management of chronic pain. Brian will gently combine deep tissue techniques, stretching with active and passive range of motion along with myofacial release to decrease pain and increase range of motion. He also offers relaxation and Reiki sessions. Contact him at 206-430-0695 or by email at gongnbear@yahoo.com.

Phobia Free Vashon just in time for Halloween

Halloween is coming but irrational fears and phobias don't need to hold you back. Overcome phobias with free Guided Meditation and Hypnotherapy sessions during the month of October. So whether you have a fear of spiders or lighting or even of dust under the couch (Amathophobia), you can address these pesky fears through the month of October for free. Simply schedule a no-charge appointment at ScottGaul.com or 206-819-5530, Guided Meditation and Hypnotherapy. And Happy Halloween!



The Vashon Loop, p. 4

Wild Plants of Greater Seattle

Vashon-Maury Island Audubon Society presents: Wild Plants of Greater Seattle, With Arthur Lee Jacobson.

A lifelong Seattle resident, Arthur Lee Jacobson began studying plants when he was 17. While earning a history degree at the UW, he bicycled around learning about trees.

Arthur's first book was Trees of Seattle (1989) --updated in a 2006 2nd edition. Since 1990 he has published other books, articles and guides to trees and other plants, both wild and cultivated. His book North American Landscape Trees (1996) won the American Horticultural Society book of the year award.

Arthur is a sole proprietor whose work includes publishing, writing, consulting, photography, hands-on gardening, and lecturing either via field tours or inside. His plant expertise is rare in that it straddles the two realms of wild plants and garden plants.

Arthur Lee Jacobson has served on various nonprofit boards, including presiding over Seattle Tilth in 1996, TREEmendous Seattle in 1998, and



PlantAmnesty in 2004. To know him best is to read his writings. His whole life has been about learning and sharing what he has learned about wild plants, garden plants and trees. More than 375 of his articles and essays are on his website www.ArthurLeeJ.com.

7:00 PM, Thursday, October 17th Vashon-Maury Land Trust Building Event is Free and Open to the Public

Rowing Club offers Shell Naming rights

Vashon Island Rowing Club has created an intriguing, month long contest for the right to name some of its' rowing shells. "This is a great opportunity for businesses to associate themselves with a popular local sport, or for families to honor a friend or relative" said Marianne Metz Lipe, a junior crew parent and contest organizer. The club is executing a series of fundraising efforts specifically to purchase new equipment. The naming effort is intended to raise \$11,000 toward the overall goal of \$60,000.

Currently there are two unnamed boats in the fleet: a single and a double. The naming rights for the single shell will be offered in a raffle. When a business or family donates \$200, their name goes into a pool of a maximum of 20 participants. A drawing will be held publicly and the winner will be announced online through the club's website, Facebook page and Twitter feed. Adding another incentive, the club will include a 60 day 250x250 rotating sponsorship banner on the website for the first five participants that donate. The remaining 15 donors will receive a 30 day 125x125 banner.

For the double shell, the club is accepting straight donations with a goal of \$7,000. The largest donor wins, not only the naming rights, but also a one year sponsorship banner on both the crew website and the site for the club's locally infamous bike ride fundraiser Passport2Pain. (www.vashoncrew.org, www.passport2pain.org)

The single shell was acquired earlier this year after a cable snapped and two single shells fell from their overhead storage area. No one was hurt but the boats were completely destroyed. Some significant wins have been accomplished in the boat this past spring. Junior rower Gus Magnuson won a gold medal at the prestigious Brentwood Regatta in Canada and a bronze at the NW Regional Championships and junior rower Anne Gaspers raced in it at regionals and qualified for the junior national championships. Master rower Mark Ripley won the silver at the Masters NW Regional Championships.

Two other double shells were also purchased this year, one via a private donation from a generous crew family, the other by the 2013 graduating rower families and Vashon Windermere Real Estate.

Many local rowing clubs replace their boats after two or three years of use. The oldest in the fleet is 15 years old and the average age 10 years. Coach Richard Parr, who has coached for over 20 years at all levels, says, "Great boats can't win you a race, but an aged boat can definitely cause you to lose." Club president Colby Atwood adds, "Our junior program is at capacity. With older boats out for repair more often, it means less time on the water for the kids."

Vashon Island Rowing Club is a non-profit 501(3)(c) organization. All donations are tax deductable.

For more information please contact Marianne Metz Lipe at Marianne.metz@ vashoncrew.com

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Halloween Goodies at

The folks at Unforgettable Fire, LLC are currently competing in two important contests which could put Vashon Island in the national, even international spotlight.

The first contest is the Alliance for Green Heat Stove Decathlon, sponsored in part by Popular Mechanics magazine. The KimberlyTM wood stove was selected as one of 14 finalists out of 261 international entries, based on Kimberly's exceptionally clean and highly efficient performance. To maintain its lead in the People's Choice Award contest, the KimberlyTM wood stove needs your votes!

The second contest could result in additional exposure through a free Super Bowl television commercial during the Super Bowl Game in 2014. Unforgettable Fire, LLC is currently preparing its video entry for Round Two in the contest, from which 20 finalists will be chosen, with just one lucky winner.

All Vashon residents and friends can help to support Unforgettable Fire, LLC by visiting the company's website, where links to vote in both contests can be found on its home page. Please visit: www. UnforgettableFireLLC.com.

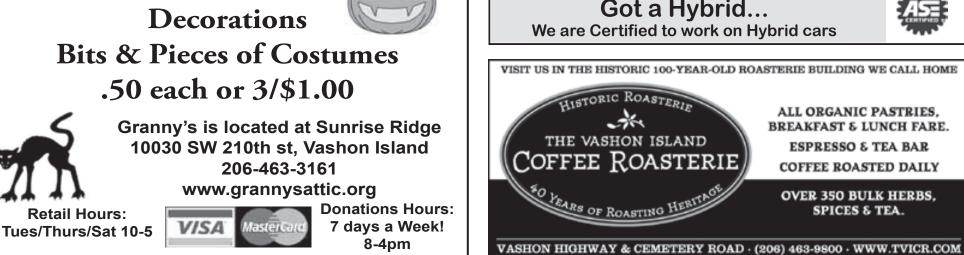
When asked how this local startup managed to advance in not one, but two important contests, Roger Lehet, inventor of the KimberlyTM and Katydid TM wood

stoves, answered, "Only God knows that one!" Lehet added that the support of Islanders thus far has played large role in their success. "Folks donated gifts of food and even money to help us get to a point where we could support ourselves from this project. Sometimes we came home to find bags of food on our door step. In the early days, these gifts were all that got us by."

After nearly 6 years laboring on the project, success is finally within sight for Roger Lehet and his team at Unforgettable Fire, LLC. Lehet states, "We hope that these contests bring well-deserved attention and honor to the community which has supported us from the birth of this idea to its early stages as an international concern, and thereby give us a chance to do some good things in return." Lehet added, "Our community has many unmet needs, especially in our youth. We have seen so many tragedies as of late."

Your Facebook "Like" and daily votes through links found at www. UnforgettableFireLLC.com will help advance the company's visibility, and ultimately have the potential to benefit the entire Vashon community. In closing, Lehet adds, "On behalf of the entire Unforgettable Fire team, we wish to thank everyone for their continued support."





Island Life Killing Time

by Peter Ray

I suppose the above title could be taken a few different ways: one as an action of immediate, threatening urgency, another as either an inaction while the minutes and hours pass you by, or as an active means of filling a temporal void that one has been confronted with. This tale is about the last of these alternatives, although being forced into spending time marking time often spawns and nurtures thoughts of illegal and antisocial acts as retribution against those causing the need to reorder one's life.

What I am circumlocuting here is an account of a recent weekend we spent in Las Vegas. As per usual, our reason for being there is far from the expected and "normal". It was to be the culmination of Wendy's open water swim season, with an eight kilometer, point to point swim along the shores of Lake Mead as a part of the annual Slam the Dam competition. Every swimmer is required to have their own support and safety crew, so I was there to paddle a kayak along the length of the race, offering a minimum of guidance and whatever food or fueling needs that should arise along the way. It was however, sometime last week as the congressional teabaggers, along with the human weeping carrot John Boehner, posed and postulated about the demise of Obamacare and America as we know it, that it became vaguely apparent that the running of this race might be in jeopardy as a result of these actions.

Indeed, it was a rather loud expletive exclamation from the other room which preceded Wendy's declaration that she had received notice of the race's cancellation. The venue for the Slam the Dam race is, and has been for the past three years, Boulder Beach, which is in a national recreation area, and therefore gets included in the grand and glorious GOP shutdown of the government of these United States, or is it the partial shutdown, whatever that means? Contributing to her outburst of displeasure was the fact that she had gotten time off from work for this trip, that the plane tickets were cheap seat non-refundables, and that part or all of the hotel reservation, the kayak rental as well as the race fee were all now at least partly forfeit. A decision now had to be made- do we go to Vegas just for Vegas' sake? I know what you're saying, and that would be: Are you kidding? There's Cher and Celine Dion and there has to be a Wayne Newton show, or at least part of him preserved in formaldehyde and on display somewhere. And there's the slots and Jack Nicholson and some fear and loathing and maybe even a recreation of the great Mars Attack! of 1996. What you say, that wasn't real? Nothing else is in Vegas, so I don't see why that should be an issue here.

Anyway, Wendy did some research and we boarded the plane which was delayed an hour and a half, so we arrived at McCarran Airport sometime after midnight. The place where we had booked a car was grossly understaffed to handle the 60 or so people in line, and sometime around 2:30am we headed off with not an economy car, but a free upgrade to a minivan and the wrong directions from the helpful car rental counterperson. We arrived in the lobby of the Hacienda hotel CASINO around an hour later. A few hours after that, with light piercing the crack between the window

curtains, and the drone of a housekeeping vacuum cleaner whirring overhead, we headed out and dropped down the 6 floors to the lobby and were greeted by a wall of cigarette smoke from the casino and the cheery call of cocktails? Cocktails? from a passing waitress. We were actually thinking more of a solid breakfast and a dip in a pool, so we headed into nearby Boulder City and a diner jammed with Harley-Davidson riders in town for a big biker fest. As we began to gain our bearings, we were entertained by the regalia of the riders- lots of leather and bandanas- the men with names on the back like Dry Ice and Enrico. The attached women were in similar garb, but with the words "Property of" and the guys' names afterward emblazoned across their backs. Stepping gingerly around lots of chrome and more leather, we left the diner with stomachs quite full and headed off to the contestant packet pick up of the now defunct race.

At this point we had found a couple good maps of the Las Vegas area, so navigation became a little easier. We had also scoped the restaurants in Boulder City, and headed to a brew pub after a fairly somber and subdued visit with the race organizers. While there at the pub, a short film from the thirties played on the flatscreen in the corner about the building of the Boulder Dam, which first took its name from the nearby town we were dining in, and then the not so nearby president Herbert Hoover. With the "partial" shutdown of the government still not clearly defined, we weren't certain if the dam observation area was open or closed, but with the light of the day waning we headed that way, and after being inspected by a number of serious looking troops in flack vests and fatigues we were told to have a nice day and waved through to the dam site. What we quickly came to was an area of contrasts- the massive curve of the dam set between the course roughness of the rock that formed the walls of the gorge where the dam sat and nestled, while a sweeping new arch of concrete spanned the airspace overhead connecting the gorge tops, making travel to the dam only a tourist necessity instead of the sole means of crossing this gap. As the red shift of the setting sun warmed the light on the scene, the relative calm did little to evoke a sense and feeling of the power coming from the turbines down below.

The next day Wendy noticed in some of the hotel brochures that the amazing pictures of striated red rock formations were from a state, not federal, park called the Valley of Fire. It was a bit of a drive, and even though it was a ways out of the way, there was quite a line up to get in. It seemed that everyone who had been turned away at the federal lands were turning to the state recreation areas for sightseeing and entertainment, and as we soon found out, for a wedding as well. For me the highlight of this excursion, besides the incredible orange red glow again from the surrounding rocks after sunset, were the walls of petroglyphs all over the place. It was amazing to see messages from long ago etched into red and brown rockface, done in both recognizable and indecipherable iconography. It was also disturbing to see fools' names from the very recent past carelessly carved around and over these ancient messages. I am also just now realizing that this particular message is getting too long for the space, so I will select an image to substitute for the next 1000 words and call that good for now.





Pumpkin the Seal Pup

By Orca Annie Stateler, VHP Coordinator

Vashon-Maury's Harbor seals did not get the memo that the federal government shut down on September 30. Our marine mammal partners at NOAA Fisheries were immediately furloughed, but Orca Annie's Seal Nannies remained on duty.

At Chez VHP, we have responded to at least one seal call every day since the shutdown. This is the time of year when recently weaned seals – "weaners" – appear on Island beaches, floats, ramps, and so forth. Multiple callers reported a seal at Point Robinson. The beach near the lighthouse attracts seals, and we must share the shore with our pinniped pals while we navigate this challenging period.

Another report of an injured seal at Dilworth proved to be erroneous, to our relief. Already scarce resources will be quickly overwhelmed during the shutdown should a seal require handson intervention or rehab placement. Did I mention that the VHP is doing stranding response with zero funding, as well?

Early in the morning on October 2, a wee visitor resting under our deck at Chez VHP surprised us. From her tiny size, we surmised she was still of nursing age. For the next twelve hours, we watched over Pumpkin the Seal Pup from our window, endeavoring to keep her safe until her mother returned.

A top priority was to avoid an encounter between our dog, Miss Nashoba, and Pumpkin. Nashoba is not threatening, but she is eager to lick everybody she meets. The cool, rainy weather helped. After her morning constitutional, far away from Pumpkin, Nashoba was content to be entertained indoors. We posted a seal sign to alert any two-leggeds walking the beach.

Mid-morning, Pumpkin scooted down closer to the water, where she snoozed for several hours. At one point, an adult seal that I recognized as one of our regulars cruised by, seemingly looking at Pumpkin on shore. The adult casually surfaced with a juicy pink salmon in her mouth. Was that seal Pumpkin's mother, hunting for her own food?

Throughout the day, I observed our charming guest as she yawned, stretched, and rubbed her face with her fore flipper – so adorable! Seals are extremely flexible; their stretching motions resemble yoga poses. Pumpkin shared her patch of beach with eight handsome Red-breasted Mergansers. A spawned-out pink salmon finned along shore in inches of water.

As the tide came in and the sun





Pumpkin the Seal Pup waits for her mom. Orca Annie photo

faded, Pumpkin scooted up the beach, eventually coming back to the same spot where we found her that morning. Like a concerned daycare owner with one unclaimed child at day's end, I started to wonder what time Mom would arrive. My speculation was rudely interrupted around 7:15 PM.

I left my observation post for a moment, and two dogs running about unsupervised startled Pumpkin, forcing her into the water. Odin's voice became hoarse from yelling at them, but they scurried away and up their stairs. These dogs are repeat offenders with the wildlife at the South End. I have previously addressed this topic: dogs roaming loose on the Island threaten our wild neighbors. The dogs are at risk, too, from diseases.

I think I saw Pumpkin the next day, swimming close to shore. The cute little seal looked at me and appeared to listen as I apologized for the reprehensible behavior of negligent humans – humans who allow their dogs to terrorize wildlife and, on the same dysfunctional continuum, humans who concoct a government shutdown that imperils the voiceless and vulnerable.

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041, as well as seal pups and sick, injured, or dead marine mammals on Island beaches. Prompt reports to the VHP expedite vital data collection efforts by Mark Sears and other researchers, and sustain an accurate record of whale sightings for Vashon-Maury initiated three decades ago. Check for updates at Vashonorcas.org and send photos to Orca Annie at Vashonorcas@ aol.com

Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com asked.

Mark D. Tuel, 1921 – 2013 Rest in Peace

By Mary Tuel

My husband's father passed away at the end of August. He was 91 years old, and he died less than three weeks short of his 92nd birthday. He went in his sleep, at home, in his own bed. Good for him, not so great for the people who were used to having him around, like his wife, Diane, and his son, Rick.

Mark Drew Tuel was born on September 18, 1921, in Lehigh, Iowa, and grew up in Ft. Dodge, Iowa. His dad, Harry, was a tailor, and his mom, Irene, was a housewife. He had a younger brother, Dean, who passed on a few years ago.

After graduating from high school he and some friends bought a Tin Lizzie for \$4, and drove it from Fort Dodge out to California to the World's Fair in San Francisco, and back, having marvelous adventures and car troubles.

into the Air Force as an officer, or he could become an NCO in the regular Army. He said that he was never flying an airplane again, and became a Staff Sergeant, and was an NCO for the remainder of his career. He retired from the military in 1962

So what did he do for that 15 years as his son was growing up? He was part of that famous oxymoron, military intelligence. He was fluent in several languages. Sometimes he worked in an office and came home every night. Sometimes he was gone for weeks or months at a time. He never spoke about what he actually did. We never asked.

The family lived in Japan during the Korean War, and in Salzburg, Austria, in the early 1950s, as well as many posts in "the land of round doorknobs," the USA, during the 1950s.

Mark spent the last three years of his Army career in Germany. He was sent to Germany ahead of Rick and Dawn, and when they arrived a few months later, they were astonished to learn that Mark had become an opera fan. Mark had a beautiful natural tenor voice, so opera was a natural for him. About that time his son, Rick, became a folk musician, and Mark drove Rick and his singing partners Terry and Hutch to USOs all over West Germany to perform. Mark gave Rick a lot of grief for playing banjo, but then took it up himself.

After he retired from the Army, the family settled in Marin County. He worked as an investigator for the state of California, and eventually he and Dawn moved up to Sonoma for his last job, as an investigator



Picture caption: Four generations of Tuels. Left to right, Mark, Rick, Drew, and JD; front, Allysan.

When he was 20, the United States entered World War II, and soon after that Mark entered the Army Air Corps and began training as a pilot. While stationed in Los Angeles he met Dawn Kennedy, who became his wife in 1943. In May of 1945, their son, Rick, was born.

After the war Mark took his little family back to Fort Dodge and worked with his father in the tailor shop, but civilian life didn't work out. He decided to re-up. He was told he could go

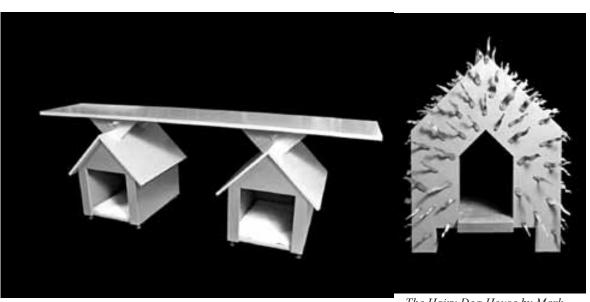
and patient advocate at Sonoma State Hospital.

In 1982 Mark was diagnosed with colon cancer. He might have retired the next year when he turned 62, anyway, but the colon cancer nudged him to seize the day, and boy, did he.

Once retired he started taking voice lessons. He joined several choral groups and took classes in cabaret singing. As his full and rich tenor voice developed he became a part of Toni Khury's Sonoma City

BOWHAUS - Dog house project for VIPP

at Island Lumber (one of our sponsors) for the month of October up until the Fur Ball on Oct 27th. As a fun side project, I asked the Vashon Tile Guild to decorate Dog/Cat bowls also to be auctioned off. They are also at Island Lumber for the month.



Two houses and a table by Todd Heistuman

The Hairy Dog House by Mark Withrow

Opera Company. His highlights were performing in a production of Carmen as Remendado; in "The Dreamers" in 1996; and "The Elixir of Love" in 2003.

Mark's wife, Dawn, passed away in 1991. Mark kept up his singing, but lived alone until 1994, when he met Diane in a cabaret singing class. They married and had nineteen happy years together.

Mark and Diane traveled and performed together and enjoyed many warm friendships in Sonoma. Diane began to study hula a few years ago, and Mark would sing and play ukulele while she danced. One of his lifelong hobbies was woodworking, including instrument making, and he made two ukuleles, one of which he gave to his son Rick.

The last year or so Mark's health declined. He read, watched sports on TV, cooked (cooking was one of his many talents), or simply enjoyed being with Diane. They were a good team. Mark often told us how happy Diane made him, but he didn't really have to tell us – we could see.

Mark was a force of nature. What a long and well-lived life. What an interesting, talented, generous, funny, loving, intelligent man he was.

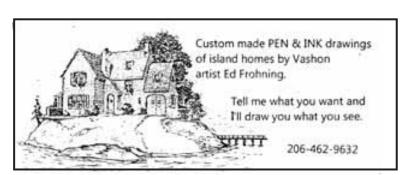
He leaves his wife, Diane; his son, Rick & wife Mary; two grandsons, JD and Drew; and one great-granddaughter, Allysan; and many friends and colleagues.

We miss him terribly.



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Planef Waxes



by Eric Francis http://www.PlanetWaves.net

Aries (March 20-April 19)

Look closer at what seem to be contradictory demands within a relationship, whether they're being made on you, or you figure out you're making them on someone else. Your chart suggests that you want perfect freedom for yourself and perfect fidelity from someone else. This would work in a perfect world where we understand that fidelity and honoring freedom are the same thing. It works less well when those you care about have to compensate for your position, make allowances and ultimately put up with some hypocrisy because they love you. However, sooner or later their goodwill may run out, and you may be seeing signs of it wearing thin already. To solve this, listen to what partners and loved ones say about what they need -- and take the initiative to provide that. If a request or desire leads you to feel threatened or hemmed in, consider the specifics carefully, and by that, I mean in a way that is fair -- as they see it, not just as you see it.

Taurus (April 19-May 20)

On the outside you appear to be in a "get serious" moment, yet what you're doing internally is trying to resolve a paradox. Taking things earnestly will help resolve the part about exterior boundaries and mutually agreed-upon rules of conduct. To work out the inner level will call for some subtlety of selfobservation. You're likely to see various unconscious patterns show up in your relationships -- even things you thought you addressed years ago. The fact that they are showing up now does not mean that you're back where you started. It means you get a new opportunity to look at them and make a decision about what they mean and whether you want to let them go. The theme once again is who has adult power in your life -- and whether you've taken this authority in a meaningful way. As you do all of this, Friday's New Moon in Libra is a reminder to keep things on the practical level. Look for real things you can do that are designed to get a noticeable, useful result.

Gemini (May 20-June 21)

Don't overthink a work- or healthrelated problem -- use your intuition (there is such a thing, and you have access to it) and your creativity (it's good for more than making collages). I know there are many jobs and tasks within those jobs that seem routine, seemingly subject to no form of inspiration. There are plenty of bosses who want things done in the most straightforward way. The end product, therefore, must match what the task requires, but how you get there is your own process. One thing your charts are suggesting is your having access to information you might not be in line for, especially with the help of someone in a position of authority. If you're taken into someone's confidence, treat that as a sacred honor and protect your source. For you who already have considerable responsibility on your hands, the solution may come from someone younger and less experienced who just happens to know something or who can see the problem in a way that it can be solved.

Cancer (June 21-July 22)

Someone wrote to me recently and said there's been too much mention of sex in the Cancer horoscope. Sex relates to just about everything, especially the things that people come to astrologers for the most often: money, creativity and

relationships. Your chart is becoming increasingly focused on the topic rather than less so. Mercury is now in Scorpio (sex, emotional depth and transformation), which is your 5th solar house (erotic play and creativity). Soon it's going to be retrograde in that sign, meaning it's going to spend close to two months in one of the most sensitive regions of your chart. There are many messages here, especially this: what you think has nothing to do with sex is all about sex. And this: get ready to learn some things about your past that might surprise you. The most pressing question is: what do you need to feel safe, as a lover, as a member of a family or household, and as a person making your contribution on the planet? In two words, the answer is: no secrets.

Leo (July 22-Aug. 23)

The astrology of the moment suggests you could get involved in nearly anything with anyone -- so use some discernment. The same astrology is also granting you leverage to open doors and the insight to look through situations, figure out what information is relevant and make decisions that have actual impact on your world and the world around you. It would help if you tuned into the scale of your situation -- to see what you're working with, who and what is influencing you, and who you're influencing. You seem to be walking a fine line, though you're on much more solid ground than you may imagine, with many more options than you may think. The main asset I suggest you cultivate is flexibility. Start in small ways. Change your routines a little. Travel home a different way than you went someplace. Look from side to side instead of straight ahead. There is interesting and even useful information coming from all directions. Where any one task, project or commitment is concerned, you have many more options than you think.

Virgo (Aug. 23-Sep. 22)

Think of self-worth as human currency that you can trade for other experiences and opportunities. Well, you don't really trade it, because you'll end up with more of the stuff when you've accomplished something meaningful to you. Yet it is similar to credit in that the ability to 'pay' for an experience (which means to come through for yourself, to stand up to a challenge or to learn something that enriches your life) is what keeps you in the game. Start with the strength to dare. Allow yourself to experiment with something you think is over your level of talent or ability, or that you might not have the confidence to try. Then go for it. I don't mean to say that all self-esteem is based on what you achieve, but I will say that a significant dimension of it is. This is especially true if you achieve something you thought you couldn't do or didn't have the guts to dare. Then you allow that to become a life lesson -- or said another way, something you learn about yourself.

Libra (Sep. 22-Oct. 23)

You stand at a crossroads, on a scale that you may not even dare imagine. It's an inner intersection that joins together where you've come from with where you are now, and several potential realities that you have the option to manifest. Yet lately you may feel like it's more of a crosshairs than a meeting of avenues. That sense of impending risk, danger or challenge is a slightly veiled sensation of your potential coming into maturity. This doesn't necessarily arrive with the

promise of how wonderful life will be when you step into a dream. It might arrive with a hint of how daunting it is to confront the truth of your own talent, or the potential to realize a desire. Whether you're confronting a question, embarking on a mission or freeing yourself from a commitment that no longer works for you, your astrology is describing a sense of awe at what is possible. Now the key is to see this as something inside yourself rather than external to you.

Scorpio (Oct. 23-Nov. 22)

Mercury in your sign is a wakeup call, which means an invitation to use your intelligence. You might be thinking that the mental and emotional challenges you face are beyond your ability to handle them, though this seems to be more about the influence of something from the past rather than a proven truth about who you are right now. How you handle this is a matter of psychological perspective. If you feel overwhelmed, you may be feeling like a child who is being asked to stand up to an adult, or who's being expected to grow up too young. In a sense that is (or at least was) true, though the 'adult' is something that you've internalized. One of its messages is that change is impossible. Yet while that voice is whispering to you, you seem to be secretly dreaming of revolution. It is indeed when change seems impossible that revolution is the most necessary.

Sagittarius (Nov. 22-Dec. 22)

I am sure you've had the insight that the world would be a happier place if more of us were as interested in what we could contribute to a situation as what we could get out of it. With Jupiter, your ruling planet, coming under focus in Cancer (the sign of nurturing) and in your solar 8th house (that of exchange), the question of what you offer and receive in your relationships is a top priority. Jupiter is suggesting that you have a lot to offer, and that at the same time, if you're open, plenty is coming your way. You can therefore afford to be generous. Yet if you're feeling resistant to sharing yourself in some way, I would propose that it's the result of a deeper anxiety: something hinting at your relationship to existence. It's difficult to get access to the source of this kind of issue, though you have it now, and will have increasing access over the next few weeks. You can understand this, and you can work it out.

Capricorn (Dec. 22-Jan. 20)

Come on like a storm. Refuse to hesitate, to second guess, to equivocate. Present yourself at full strength and with your full intent. But let beauty and refinement be your camouflage. Set your goals, focus on what you want and actively take the steps to get there. Yet make sure everything is presented elegantly, diplomatically and in a way

that honors the aesthetics that one might expect under the specific circumstances involved. Yes, there is a way to be radical and tasteful; revolutionarily beautiful. You can say just about anything you want, as long as you say it well, and proofread your copy. You can present any idea you want, as long as you make it easy for people to understand. You can do nearly anything you want, as long as you do it with some finesse. Beauty, finesse and clarity offer credibility, by demonstrating that you really do care about others. Perhaps it's a trick of the mind, or a trick of astrology involving a magnificent Libra event in your chart. What matters is that you will get results, even if you think that's unlikely.

Aquarius (Jan. 20-Feb. 19)

There is a spiritual solution to what you're facing, which is to say that nothing is impossible and nothing is beyond the reach of healing. Yet two things are necessary. One is focusing on your relationship with your inner Source, wisdom and intelligence as a higher priority than focusing on a human relationship. This is not an either/or situation but rather an order of priorities in a moment when you are trying to work out something that may seem beyond human power. Allow the light to work through you, and then stand back and allow it to work through the situation. Ask for a change of perception, that is, to see the situation a different way. I suggest you not focus on the results, but rather on how you see things and how you feel. Your willingness is the essential ingredient. So be willing, state it to yourself out loud, take a breath and know that your next steps are guided.

Pisces (Feb. 19-March 20)

You may find that unresolved circumstances and hanging questions progress rapidly over the next couple of days. I suggest therefore that you make no investment in what you don't want, or solving problems that have resisted your best efforts, and focus on affirming what you want. If you're unsure of that in the ultimate sense, focus on what is working in your life by doing more of it. Emphasize the positive, and people who keep you in a life-affirming state of mind, if only to increase your chances of feeling good. If you find yourself resisting something, focus on something that is easier, more fun or more personally relevant. I would remind you of one other thing: you may be the missing presence in any situation that requires a catalyst, spiritual boost or infusion of energy. This is less about what you do and more about the fact that you show up with an open mind and consciously choose to allow the situation to unfold.

Read Eric Francis daily at www. PlanetWaves.net

Gizmo Needs A Home

I'm an understanding little girl. If you're busy, I won't bother you or follow you around. My toys can keep me occupied. But if you DO pay attention to me, I'll be your devoted companion and lap cat.

I ask for so little and can give so much. Are you the special person who will love me back?



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The Loop's soy-based ink is good for composting.

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Positively Speaking

Boobs and Bullies; What Pink can Teach Purple

The country road, dappled with splotches of sunlight that read 'promise', stretched out ahead. The strong energy of relief is buoyed by the excitement of anticipation.

With the last dump run complete, I am heading to the most beUtiful house I have ever rented and an owner/landlord that truly cares about the investment and abode and recognizes that he is providing a service and I am paying his bills.

The neighbors on either side have brought me dahlias and fresh rosemary respectively. The woman who lives in the downstairs part of the house has greeted my cats with joy and given me the rundown on other neighborhood cats.

It leaves me free to live my life and do my work . God is good...all the time.

Ah...work. Writing and teaching. October. Domestic Violence month and Breast Cancer awareness month. Isn't it curious that both women's issues have been clumped together in one month?

We've come a long way in the treatment of breast cancer. Early detection and more effective treatments have diminished it's destructive power.

Not so with Domestic Violence. Early detection doesn't exist and effective treatments are whimsical and random. Why?

I think it's because breast cancer is about women's increasingly positive attitudes and experiences with their own bodies and domestic violence reflects a rather more slow to change relationship with men and each other.

Breast cancer developed the three day walk. The best DV has come up with so far is a dance together session.

You will not hear women say of other women about breast cancer, 'Are you sure?' or 'You made your bed now lie in it' or find them suppressing information that would lead to entitled empowerment.

But sadly, as I learned again these last couple of years, women are still discounting women who reveal they are being abused, support the abusers and mimic, condone or instigate the behavior themselves.

Why? We're still screwed up about men. Too many women have not come into their own as equals and lead strongly codependent lives with hurtful narcissistic By Deborah H. Anderson



men. Too many women still take up men's ways with their fear of disapproval from men and primitive tantrums expressing their anger. Mean Girls.

Breast cancer is about increasing healthy cells. DV is about emotions and socialization of power and the politics of gender.

You will notice I'm different than many women and darn proud of it. I worked hard to embrace and become pleased with my own womanhood. Thank you Mills College for Women. Thank you dozens of women who have encouraged me to be brave and bold and speak clearly about my own truth and the possibility that I am equal to all men. Thank you to my little brother and the dozen or so male friends who have delighted in my leadership, intellect, estrogen driven compassion, brain that has jumping hemispheres creativity and inability to be silenced mouth about the need for gender equality.

To those of you who are traditional Christians I remind you scripture properly quoted indicates not blind submission. The man is instructed to love you like Jesus. If he does that it is safe for you to follow his suggestions. If he doesn't, you cannot blindly follow.

I would have been safe and free and doing my work three years ago if not for woman on woman crime. But ohmygosh the power within me from rising up and saying 'You can't do that to me!!'

This month women do your self exam. And then do a little evaluation of your deference level, how healed you are if you have been abused and how you feel about being a woman, and how much you accommodate men. In inequitable ways.

And never, ever, ever tell another woman 'I don't believe you'. Because nobody says to anyone anymore,' It's just a little lump. Why don't you wait and see if it grows?'

Love, Deborah



Miss Chips Needs A Home...

Hi! I'm not sure why my VIPP friends gave me this name. Maybe it's because I have such a chipper attitude in spite of some tough breaks.

I was living on my own for a long time, and then I picked out a family to move in with. They liked me a lot (you can read all the flattering things they wrote about me if you go to www.vipp. org, click on "adopt," then "adoptable cats"). I was so happy to have a home!



But it turned out one of the people was very allergic to cats, so they couldn't keep me. I was sad to have to leave them, but my philosophy is the food bowl is half-full, not half-empty, so I've made the best of it here in the shelter. I'm pretty easy-going and have made friends with some of the other cats.

My favorite time is when the volunteers come to take care of us. I've trained them to sit down so I can jump on their laps for a brushing. Oh, how I love to be brushed! I turn around and around so they don't miss any spots. It feels wonderful!

Here are some other things about me. When I was around dogs before coming to the shelter, I did pretty good so I might be able to live with dogs again if they were nice to me. Little kids are kind of scary; maybe I'd be more comfortable with older ones. My age is a secret, and I'm not telling. Doctors have guessed 9 or 10, but you'd never know it from the way I prance around the room and hop up on people's laps!

I'd like to tell you more, but I just saw someone pick up a brush - gotta go now!!!

Miss Representation at Vashon Theatre

Telling it like it is: Condoleezza Rice, Nancy Pelosi, Katie Couric, Rachel Maddow, Geena Davis, and others discuss the high stakes of media's misrepresentation of women.

Woman's Way Red Lodge presents the highly-acclaimed documentary, Miss Representation at Vashon Theatre, Tuesday, October 15, 6 PM. The film uncovers, through stories, statistics and media clips, a glaring reality we live with every day but often fail to see: mainstream media's narrow and often disparaging portrayals of women and girls.

Written and directed by Jennifer Siebel Newsom, Miss Representation exposes media's connection to the underrepresentation of women in positions of power and influence in America. The film includes stories from teenage girls and provocative interviews with politicians, journalists, entertainers, activists and academics like Condoleezza Rice, Nancy Pelosi, Katie Couric, Rachel Maddow, Geena Davis, and Gloria Steinem

In a society where media is the most persuasive force shaping cultural norms, the collective message that our young women and men overwhelmingly receive is that a woman's value and power lie in her youth, beauty, and sexuality, and not in her capacity as a leader. While women have made great strides in leadership over the past few decades, women still only make up 17% of Congress. Likewise, 67 countries have had a woman president, but the US is not among them. Even Cuba, China and Iraq have had more women in political

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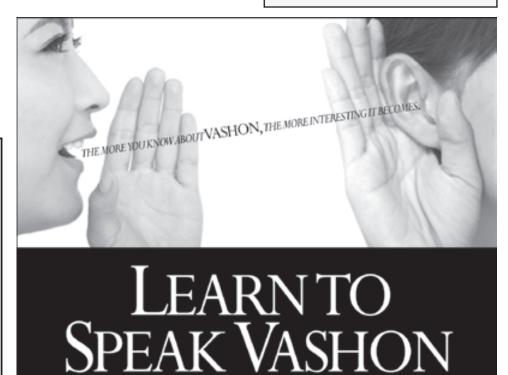
leadership than the US.

Miss Representation lays out the stories and facts, using compelling interviews and shocking media clips to show why it is difficult for women to achieve leadership positions and for the average woman to feel powerful herself.

The screening is the kick off event for Red Lodge's annual fall fund drive; a suggested donation of \$5-\$10 is requested at the door. Woman's Way Red Lodge is a 501c3 not-for-profit. The screening is generously co-sponsored by Vashon Green Tech and Vashon Theatre. To watch the trailer for the film go to www. missrepresentation.org.

Vashon's Yellow Pages on line. Find it on www.VashonPages.com

Kronos, Palouse Winery, Pandora's Box, Northwest Sport, Frame of Mind, Country Store, LS Cedar, Vashon Business Info www.VashonPages.com



VASHON 101: A SIX WEEK IN-DEPTH COURSE exploring the history, geology, ecology and demographics of Vashon-Maury Island from past to present.

Tuesdays, October 15th - November 19th, 7 - 9 pm at Vashon College

Course Fee: \$150. Visit www.vashoncollege.org/vashon101 for more information and to register. Space is limited.



AD SPACE DONATED BY VASHON COMMUNITY CARE



By Marj Watkins

Hungry for Hungarian

I was hungry for Hungarian cooking, not the dumplings like fist-size white canon balls like you get in German cooking, not the Hungarian winter salads consisting solely of a pile of grated carrot or grated beet served sans dressing; no, my taste buds lusted for a flavor and texture totally different from the usually bland foods served to tourists in Eastern Europe.

Hungary seems to be the only country in Eastern or Western Europe to have really fallen in love with all the kinds of peppers that made their way across the Atlantic post-1492. That includes hot peppers. They make a hot paprika that really puts zing into a beef stew. The heat of its longcooking adds kitchen cheer and comfort to a cold, rainy day, too. So I made a spicy Hungarian beef stew the other night.

You could cook this in a crockpot. I cooked mine in a wide, deep skillet that owns a cover. It could also be oven-cooked in a covered casserole at 325 degrees.

> Hungarian Spicy Beef Ragout Serves 3 to 4

¼ pound bacon, or grease left from frying bacon, or 3 Tablespoons olive oil or lard,

1 pound stew meat cut in about-2-inch chunks

Flour for dredging

1 to 1½ cups coarsely chopped

1 or 2 carrots cut in 1-inch

3 or 4 large mushrooms, stems and caps sliced separately

1 small bay leaf

2 teaspoons salt

½ teaspoon coarse black

1 teaspoon crumbled dried marjoram leaves or 1 Tablespoon fresh marjoram leaves

2 teaspoons sweet paprika

½ to 1 teaspoon hot paprika or cayenne to taste

1 wineglass Merlot or other

Beef stock or bouillon or water to cover

Dredge the meat in flour and shake off the excess. Set aside while you sauté the vegetables in half the fat. Clean the mushrooms. Slice. Heat remaining fat in a skillet and sauté the mushroom slices on each side.

Brown the meat on each side, adding more oil or other fat if necessary. Combine with the vegetables and mushrooms. Add the herbs and spices. Add wine. Add water to cover and bring to a boil. Reduce heat. Cook on medium low, covered, until meat is very tender, about 2 hours, checking and adding more water as needed. (For faster cooking, cut the meat in bite-size pieces before dredging and browning.)

To serve, spoon steamed rice into wide soup bowls. Ladle the stew over the rice.

Nutritionally, both the big bell peppers and the little jalapeno-size peppers provide Vitamins A and C.

Open Studio at Voice of Vashon

Continued from Page 1

that inform their writing. Through stories, a good writer can capture our imagination, draw us into their characters and change us from the inside out. From Mark Twain to George Orwell, fiction has long served as a platform for social commentary, a tradition that continues today. March asks her guest writers a question many with an interest in social activism likely wonder: "How do you hope to use your literary work to create

change in your readers?"

Voice of Vashon is also participating in a Sunrise Ridge open house on Sunday, October 13. You can take a tour of the studios, broadcast truck and the new Voice of Vashon website.

For more information about Open Studio on Saturday and the Sunrise Ridge Open House on Sunday, contact VoV Community Organizer, Susan McCabe at susanm@voiceofvashon.org.

PERRY'S VASHON BURGERS

Celebrating 10 years Serving Vashon Island

17804 Vashon Hwy SW

Open 11am to 8pm Monday-Saturday 12pm to 5pm Sunday



Road To Resilience

Continued from Page 1

as possible. We will need to harness the organizing and promotional skills of Welcome Vashon and the deliberative skills of All Island Forum to bring our community together to create the vision and the plan and to build the processes for implementing it. We will need the skills and knowledge of groups like Wisenergy, VIGA, and Greentech to work out the logistics. I would love to see the new Community Council become a focal point for all this activity.

Another element that makes Vashon a special challenge as a Transition Initiative is its unique geo-social character. As an island, we are considered a single community. A similar population on the mainland spread out over a similar land base with no unifying local government probably would not be considered a single community. In addition, our commuter driven economy limits our sense of identity and interdependence. Here, you can have a small town experience, but usually after everybody has driven 5 or 10 miles. The Car is an integral part of the social glue on Vashon. How would we function without it? The ready alternative is to live in safe seclusion, as many of us do.

I think that is why we think of Vashon as being an ideal "community." We have minimal obligations to participate in the community or to conform to some standard while being part of a fairly homogeneous group that calls themselves 'Islanders." Ironically, it is just those characteristics that make it difficult for us to motivate people to plan for a time when we will really have to depend on each other. I have no doubt that people will step up when times are tough, but it would be so much better if we could plan ahead. As long as we are getting the goods and services we need, it is hard for any of us to imagine anything else. And so we don't put such a high priority on imagining a different future.

People have weathered other crises in the past and came out the other end, so how is this different? In some ways it isn't, although, with the passage of time, we tend to forget that those crises often were followed by a hundred years or more of painful recovery, such as the Dark Ages or after the Bubonic Plague. Our current situation does differ in that it is global in scale. Take your own inventory of global problems we're facing and take a hard look at the governing bodies we have to deal with them. We can turn a crisis into an opportunity if we plan.

> Comments? terry@vashonloop.com

Join The Vashon **Hysterical Society**



Vashon Hysterical Society on stage at the Vashon Theatre Jeff Dunnicliff photo

By Richard Rogers

The comedy ensemble known the Vashon Hysterical Society will present an afternoon of sketch comedy and original songs at the Vashon Theatre on Sunday, October 20 at 4PM. Musical guest performers will be Cami and Erik Lundeen and The Twisted Sisters. Spoken word guests Jeff and Cindy Hoyt will tell the story of how they got to Vashon.

Veteran actor Paul Shapiro, a professional clown and founder of Vashon's Shakespeare in the Park program, will direct the show. Production coordinator will be Stan Voynick who has also served as producer and technical director for the Blue Heron Dance Company for the past 7 years

Cast members and musicians onstage will include Paul Shapiro, Jeanne Dougherty, Jon Whalen, Bill Wood, Lyn McManus, Adrienne Selvy Mildon, Dianne Krause, Stephanie Murray, Marshall Murray, Lisa Breen, Michael Barker and Michael Shook.

Bill Wood will be singing another of his wonderful ballads about living on Vashon. Bill, who wrote the Island anthem "Keep Vashon Weird", is a former Hollywood screenwriter and has just broadcast his 300th Jazz

Guy Show on VoiceOfVashon. org. The other writers for this show are Susan McCabe, Paul Shapiro, Jon Whalen and Richard Rogers.

Shapiro says "There are some new faces joining us this time and Vashon is so lucky to have such talented and funny folks in our midst."

Like the show the group staged at the Vashon Theatre last Spring under the moniker Plan V Show, the Vashon Hysterical Society will feature sketches and original songs that shine a bright and loving light on Island life.

"We really enjoy putting these shows together. They fill a creative niche in our lives and the community really likes the home grown variety show format" says Dougherty.

Vashon Hysterical Society will take the stage at The Vashon Theatre on Sunday, October 20 at 4PM. Tickets are \$10 and are available at The Vashon Theatre, Vashon Bookshop and Brown Paper Tickets.

Vashon Hysterical Society is supported by Performance Exchange, a non-profit that encourages creative collaboration among performing artists. For more information, visit VashonHystericalSociety.com.



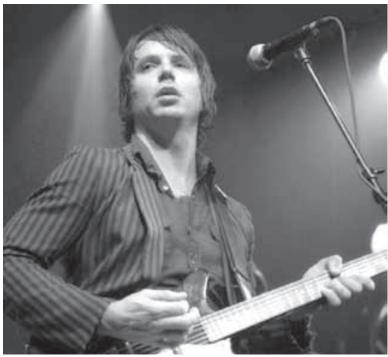
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The Loop's soy-based ink is good for composting.

Find it on www.vashonpages.com

The Vashon Loop, p. 10 October 10'13

An Intimate Evening with Ian Moore



On October 12, Vashon Allied Arts is proud to welcome Ian Moore back to the Blue Heron for a rare solo acoustic concert. Ian makes his home here on the island, but his hectic tour schedule takes him far afield, and we're honored to have him back on our stage.

Ian's music is tough, gentle, extraordinarily well-crafted, and audiences all over the world have come to expect a performance of powerful original songs delivered with high energy and generous vulnerability. His career has an impressive history, with many recordings to his name and many musical styles at his command.

"...a baroque Soul/Pop gem that connects the dots between the rootsy Folk of Grant Lee Phillips, the ethereal chamber hymns of Jeff Buckley, the psychedelic Pop of The Beatles, the sunny bounce of The Beach Boys and the expansive vision of Jeff Lynne, with exquisitely delicious dollops of Todd Rundgren, Jellyfish, Sparks and Bryan Ferry." - City Beat Cincinnati

...a mix of precision and abandon." - Houston Chronicle

Ian Moore

Saturday, October 12, 8 pm

Vashon Allied Arts

Tickets \$14 (VAA Members) \$18 (Nonmembers)

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Always Welcome!

Cosmic Americana Hoedown

Rooted in traditional American music, warped by the modern American experience and elevated by existential cosmic energy.

The Cosmic Americana Hoedown features three Vashon Island bands in a night of serious musical absurdity at the Red Bicycle Bistro on Friday, October 18th, 8:00 PM.

The Nilbillies are an existential bluegrass trio that doesn't play that much bluegrass. Lead billy and songwriter Steffon Moody offers his twist on the American dream backed by the animal magnetism of Kevin Almeida on stand-up bass and funky country picking from Andre Sapp on mandolin. Expect to hear original songs that sound oddly familiar, but are mostly



just odd. Top YouTube videos for The Nilbillies include "Only God Knows", "Space Monkeys" and "Please Do Not Fear". "Lesbian Man" will make its onstage debut for the band during this tour.

The band Walter and Donny



are at the forefront of the cosmic Americana revival, picking up where the Flying Burrito Brothers left their flying rice and beans. Band members Rex McFarlin and Jon Stewart play a mix of Americana pop songs blending alt-country feel and elements of space-rock. Original songs draw influences from the Grateful Dead, stalwarts of outlaw country, and a sprinkling of young John Denver.

Hominy is a front porch blues band embracing acoustic roots and modern sensibilities. Their original songs are based on timeless blues backbeats

but are not afraid to wander off the beaten path. Songwriters Pat Reardon and Andre Sapp pack a punch with lyrics that draw on previous masters like Suess and Zappa. Pat Reardon plays left-handed guitar and sings like his life depends on it. Dodd Johnson raises the bar then knocks it down with a hard-hitting, yet highly musical approach to the drums. Boogie McCloud provides the bottom end punch that your booty craves and Andre Sapp adds mandolin, guitar and random electronics from the garage.

This is a free cover allages show 'til 11pm, then 21+ after that. Friday, October 18 at 8:30pm. At the Red Bicycle

> 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com



Yet Another Night On Broadway



This past June, Yet Another Night On Broadway, was staged by a group of Island performers. A 'command performance' - Yet Another Night On Broadway Redux - will be presented, by way of DVD, Tuesday, Oct 22, at Vashon Theatre, thanks to the Theatre's GreenTech community donation program. The show is free and all are welcomed to experience the comes from great Broadway are sung as solos, duets, and

show tunes lovingly performed.

The show's cast of 22 will relive their glory, while sharing an evening of delightful entertainment with their Island friends and families. The is a special treat for confirmed romantics and lovers of the classic and rousing Broadway show tradition. Such songs as "Bring Him Home", "Somewhere", "Angel of verve, vitality, and joy that Music", and "One Day More"

ensembles, as well as all-cast extravaganzas. The show, a benefit for an Island nonprofit providing home and hospice care to HIV orphans in Ethiopia, features music from such renowned musicals as Camelot, West Side Story, Phantom of the Opera, Gigi, Anything Goes, The Music Man, Company, The Sound of Music, and Monty Python's Spamalot. The entire second half is comprised of eleven great songs from the internationally-famous Les Miserable. Tish Lopez directed, with Musical Director Marita Ericksen, Choreographer/Stage Manager Pam Hotchkiss, and Costumer Betsy Frazee.Bring a joyful heart and join our 22 local singers in exhilarating song on October 22 at 6pm at Vashon Theatre. For more information, see www.vashontheatre.com

Laugh for a Good Cause The DoVE Project Hosts "Comedy Night"

Vashon and Seattle residents are encouraged to spend a night together laughing for a cause that is no laughing matter: Domestic Violence. The DoVE Project, Vashon's only on-island domestic violence organization, will host a Comedy Night at the O Space beginning at 7 p.m. on Saturday, Oct. 12.

Featuring Seattle's own Peggy Platt and Lisa Koch as Dos Fallopia, the MC's for the evening are Tami Brockway Joyce and

Jennifer Sutherland, a.k.a. the Washington State Fairies, now known as The Famous Filson Sisters. Additional acts include Duo Finelli, Chip & Margie, Monica Nevi, Vashon Hysterical Society, Cara Rosellini and Best Seat in the House. More surprises will be announced!

According to Diane Kjellberg, DoVE's Board President and VARSA Co-Chair, the organization fills a critical need in the island community.

"Domestic Violence affects women and men from all walks of life," Kjellberg says. "With the isolation of island living, often those in need feel physically and psychologically isolated from avenues of support. The DoVE Project fills this important role on Vashon

With Comedy Night, we hope to unite the community with a fun evening and raise awareness of this issue, Kjellberg



continued. All proceeds from the event benefit The DoVE Project's advocacy efforts for domestic violence survivors, and community outreach and education efforts to prevent and raise awareness of the cause.

Tickets are \$35

and available online at BrownPaperTickets.com, at the Vashon Bookshop and at the door. The event is adults only; there will be a no-host bar.

The O Space is located at 18870 23rd Ave. SW on Vashon Island. Sponsors include Vashon Women's Health Center, Dragon's Head Cider, True Value Vashon, Island Home Center and Lumber, John L. Scott Real Estate, The Hardware Store, PSCCU, OCCU, Vashon Pharmacy, Seattle Distilling Company, Palouse Winery, Andrew Will Winery, Cliff's Beer, John Anderson and Young's Market NW.

The 2013 Barn Dance!



Vashonites and visitors, dancers and toe-tappers, you all are invited to dust off your boots, get out your crinolines, and kick up your heels at the 2013 Barn Dance! The music starts at 7pm on Saturday, October 19. Vashon's Poultry in Motion has been let loose from the Coop and promises a night full of Cajun Two-Steppin', Rock and Roll, and Spontaneous Square Dancing (which is the very best kind, isn't it?)

Poultry in Motion has been in existence (if you count their traveling softball team campaigns) for about 900 years. They started out playing in vacant lots, alleys, and transfer stations for tips. Later they fell to empty trash bins and old car lots for pigeon food. It wasn't until a shining light came onto the island in the form of Christopher Anderson, that they actually found legitimate gigs... for which we are forever grateful. Just who makes up this infamous Poultry in Motion? The handsomest bunch of fellas you could ever hope to meet:

Steve "Everywhere" Amsden, the master of guitar, banjo, mandolini, other guitar, and tupperware. Steve drifted onto the shores of Vashon during a storm and immediately joined every band there. He wins all the awards for band attendance.

Wilson Abbott drives the Dobro bus. His interest in electronics is demonstrated by the fact that he has 100 different gizmos plugged into his lap steel... they all light up and look really cool (even if no one knows what they do).

Bob Kueker is on bass guitar and bass vocals - plus he likes to fish for bass and plays first base on the softball team. The bass/base is his destiny. It is rumored that his collection of electric

bass memorabilia goes back to the middle ages.

Dave Lang is the player of accordion, 2nd accordion, 3rd accordion, fiddle, and mandolin. Dave is master of the quick change between songs, and famous for putting the most syllables in the words "fer what". Listen closely - Dave sings incomprehensible words to cajun songs... guess what they are and you might just win a prize.

Gib Damman is the Drummer. He's a former member of that band, that one band, and played with, you know, that guy... and he was at Woodstock the year BEFORE the famous festival. Gib makes drum sticks into toothpicks as a hobby.

Chris Anderson: Guitar, blatherer, rides on Wilson Abbott's bus... Chris is owner and proprietor of roadhouse dive known as "The Coop". He is wanted in several counties for playing major chords instead of minor ones.

And if that's not all, Poultry is bringing along some mighty fine guest artists! Miss Charmaine Slaven from the Seattle band The Tallboys will be along for some square dance calling, and Miss Melanie Salonen and Mr. Ben Lang from The Riptide Ramblers are also coming along to play.

All in all, it looks to be a lot of square dancin', two-steppin', shakin' and shimmyin' fun.

The 2013 Barn Dance is at Open Space for Arts & Community - 18870 103rd Ave SW. Tickets are \$10 Suggested Donation - no one turned away for lack of funds! Tickets available at Vashon Bookshop and at the door. Visit www. openspacevashon.com or call (206) 408-7241 for more information!

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Black River Blues Band

Black River Blues play the Cool Rockin' Blues with a Downtown Bite! We take the sound of Chicago, Memphis, Mississippi, and Texas - season them with some uptown Jazz and some downtown Funk, and add a little Rhythm & Soul to taste.

The Black River Blues Are:

Jerry Peterson - Guitar & Vocals. Born and raised just outside of Seattle, Jerry is a homegrown talent. He picked up a guitar just after High School and came to the blues once he heard "The Thrill is Gone" played by B.B. King. Jerry's eyes were opened by B.B. King and his listening to Sonny Boy Williamson and Howlin' Wolf sealed the deal. The Black River Blues Band came from Jerry's desire to share "the Blues" with everyone he could - because the Blues aren't about being down, they're about being alive. Being alive can be a great joy even if you do have the blues... and he's got 'em - bad!

Harold Wooten - Keyboards & Vocals. With a rich, long and varied musical heritage, Harold started out his career as a child playing the Hammond organ in church. Harold played with Etta James, toured from Boston to Berkeley and has spent the last decade playing up and down the West Coast with The Big Earl's Blues Band and other musical entities. Harold's musical influences include Bach, Beethoven, Sly and the Family Stone, the Neville Brothers and a variety of blues legends. Harold plays live music as a matter of survival; according to Harold, "without performing, your soul dies... So here's



to living!"

Rocky Rossi - Drums. Rocky was a bay area blues drummer for many ears before moving to Seattle where he has performed with the likes of RJ Knapp, Jeff Menteer (of the Stacy Jones Band) and Son Jack Jr before joining the Black River Blues. He's been a blues drummer at heart since the early 80's, and his cool-hot rhythms speak straight to the dancing' feet!

Leon Wales - Bass. Leon grew up playing in Blues, and Rock Roll bands and after High School he studied recording and played gigs for a few years in Hollywood CA. Since moving to the Northwest he has consistently worked professionally as a bassist in RB, Salsa, Jazz, and Afro groups in Northwest cities of Eugene, Portland .Seattle and Victoria among many others. After all these years, Blues and Funk music have remained his passion.

This is a free cover all-ages show 'til 11pm, then 21+ after that.

Saturday, October 12 at 8:30pm. At the Red Bicycle

17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

Katrina Kope

Katrina Kope, front woman of her soul band Soul Kata, and more recently with her electronic band Purr Gato, is not only a singer/songwriter but a polished jazz singer that has been involved in the Seattle music scene since 2001. The past year, Katrina started an all improve vocal jam called "Sing it Live" at the Sea Monster, held every 2nd Sunday of the month, and released Purr Gato's debut album "Heart Beat" at the Columbia City Theater in June.

With a smokey quality to her booming voice, Katrina has been told she sounds like Norah Jones and Diana Krall with a splash of soul.

Katrina finished her degree at Cornish college of the arts as a Vocal/ Composition major in the Spring of 2007. She has studied with such musicians as Randy Halberstabdt, Jim Knapp, Chuck Deardorf, Jovino Santos Neto, and Greta Matassa. Katrina has done some recording with Daren Clendenin, Clipper Anderson, Steve Korne, Josh Rawlings and Nate Omdal.

Some of Katrina's biggest influences are Ella Fitzgerald, Nancy Wilson, Aretha Franklin, Nina Simone, Erykah Baduh, and Bonnie Raitt. Her repertoire includes everything from Jazz standards, 70's funk to popular R&B. She has written a wide array of musical styles including blues, waltz, rock, pop and funk. Her style is continually growing with every step she takes through her musical journey.

You can find Katrina performing at the Crocodile, The Nectar, The Sea Monster, Tula's, The Sorrento Hotel, and many other venues and festivals with her bands, The bushwick book club, Sing it Live, or singing Jazz as the Katrina Kope Quatrtet for public and private events.

This October 19th at Vashon's hot new music venue, Nirvana, Katrina Kope will bring you a mix of her originals as



well as her favorite jazz and R&B covers. You can check out her music at: www.katrinakope.com

Nirvana - Vashon's hottest new music venue

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17618 Vashon Hwv SW 206.463.5959 www.redbicyclebistro.com Live Entertainment October 12, 8:30pm **Black River Blues Band**

October 18, 8:30pm Friday & Saturday The Nilbillies, Hominy, Walter & Donny

> October 25, 8:30pm **Island Jazz Quintet**

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Next Edition of The Loop **Comes out** Thursday, October 24

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LOGJM

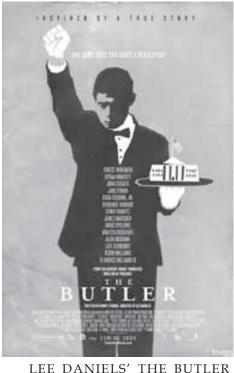








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I'm hungry

By Rowan