



# THE LOOP

Vol. 10, #5

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February 28, 2013

## Holy Moly Moments From Vashon & Beyond



By Richard Kasden

My love and appreciation for the beauty of nature is relatively new to me. I spent most of my life unaware of how fortunate each and every one of us is to live in such a beautiful world. Like so many others, I was too focused on attaining my next goal or too lost in my own thoughts to appreciate the stunning dance of light and colors that was happening all around me. When I started walking the path of self-discovery and introspection I discovered the quieter I became inside, the more I experienced beauty in the world outside. Journeying deeper into my inner world has truly had the glorious effect of connecting

me deeper into the beauty of our outer world.

And what a journey it's been. This path that began in New York brought me to the serenity and beauty of Vashon Island, to an ideal setting where I get to watch our beloved Mt. Rainier dance for us every day. Photographing the many moods, colors and expressions of the mountain gave me my first taste of the love that I have developed for witnessing, capturing and sharing natural beauty.

My journey then took me from my home on Vashon, around the world and

*Continued on Page 7*

## MPD Project Relocates to Vashon's Open Space



Hallie Aldrich & Sarah Haas with their "Moblile Performance Project" Prototypes

Native Vashon islander Hallie Aldrich returned to Vashon in fall, 2011 with her EcoDance project in tow. Aldrich grew up on Vashon Island from 1977 - 1989. She graduated from VHS in 1989, and from UCLA with a theater degree in early 1994. Aldrich found that work in Los Angeles lacked creative opportunity, so she returned to Vashon in 1994. She commuted to Seattle to study contemporary dance, while working for her family's island business, Aldrich Office, Art, and Press and working in theater. In 1999 she started performing and choreographing professionally, prompting her to move to Seattle in 2001 to dance for several companies such as Khambatta Company, to San Francisco in 2006 to work as a company member in Scott Wells & Dancers, and to grad school as a fellow in the prestigious dance department at University of Illinois, Urbana-Champaign in 2008. Aldrich met Haas in grad school, and together they started EcoDance. As of today, Aldrich is building her EcoDance prototype in Open Space's warehouse while working at Movement Intelligence, her Pilates-Massage studio in Burton.

In the last year of a three-year graduate

dance program at UIUC, movement artist Haas and choreographer Aldrich realized that their sustainable life as artists was about to disappear. Instead of one regular university paycheck for creative and teaching work, Aldrich and Haas saw a future of multiple jobs unrelated to dance and few performance opportunities. Instead of adapting to the current circumstances for U.S. performance artists like themselves, they decided to transform their reality by co-founding EcoDance, an organization that builds sustainable artist-commerce models that accomodate creative freedom and financial stability through the construction of individualized, mobile live-work spaces for performance artists. They launched their project in January, 2011.

In the summer of 2011, Aldrich and Haas started the design-build process on two mobile performance dwelling prototypes through a fluid process which considered questions of ecology, architecture, and dance. These two prototypes were designed and built based on the precept that an individualized artist commerce model—and the accompanying mobile performance dwelling—will provide

*Continued on Page 9*

## Road to Resilience Community Solar!

As we ride over the peak of global oil production, and the threat of climate disturbance approaches, we will need to learn how to live with less and less fossil fuel, firstly because we won't have as much, and secondly, because we dare not burn it. One of the first casualties of this double jeopardy is the global economy. As the global economy weakens, the obvious alternative is to begin localizing our economy. With multiple independent and redundant economies, natural disasters or conflict in one place will not necessarily broadcast instability throughout the system. It is the way nature works. I'm not saying that everything will be rosy, but we would stand a much better chance of providing for our needs. So, localizing makes good sense for that reason alone.

Nowhere are we more dependent on the world at large than in our reliance on the power grid. When the grid goes down, the effect is dramatic and immediate. We can build resilience into our communities in two ways: we can reduce our need for power through conservation and conscious lifestyle change, and we can begin to invest in energy sources at the local level.

You may remember the PUD proposal that we voted on in 2006.

By Terry Sullivan, Transition Vashon

The proposal called for a massive commitment to improve home energy efficiency while building local energy infrastructure. As you may remember, the PUD proposal was defeated. I think it's fair to say that either it wasn't ready for us or we weren't ready for it.

The proposal was based on the first comprehensive assessment of the ability of Vashon to provide energy for itself. The study was completed in 2005 by the Institute for Environmental Research and Education, which is led by Islander Rita Schenck. This study is a tremendous resource for us and I expect that most of the data collected is still valid. The study, all 127 pages, can be accessed here: [www.iere.org/Data/Sites/1/SharedFiles/energyindependence/vashon-summary.pdf](http://www.iere.org/Data/Sites/1/SharedFiles/energyindependence/vashon-summary.pdf).

Even though the PUD never became a reality, some of the opportunities that it would have provided are available today just the same. Rebates and Subsidies for home energy efficiency upgrades are available through Puget Sound Energy and the state and Federal governments. Puget Sound Consumer Credit Union now offers low interest loans similar to what would have been available through the PUD. Vashon Wisenergy provides the audits and assistance the PUD would

*Continued on Page 9*

## VAA Family Series Bill Harley

By Janice Randall

Two-time Grammy award winner Bill Harley, from Seekonk, Massachusetts, shares family storytelling and songs with Vashon audiences of all ages, Sunday, March 3, 1:30 p.m., at Vashon Allied Arts. Harley paints a vibrant and hilarious picture of growing up, schooling and family life, with wonderful spontaneity. From his large repertoire, he selects songs and stories just right for the moment. "Harley's audiences are families but it's hard to tell who enjoys him more - parents or children," said the Los Angeles Times.


Harley says, "I've been entertaining families and kids for twenty-five years - long enough to see the second generation of kids come along. 'My mom grew up listening to you,' is a comment I'm getting more and more, which is scary,

*Continued on Page 11*



Grammy award winning musician Bill Harley performs Sunday, March 3 at VAA.





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## Eligible Contractors Wanted

The Vashon Park District is accepting applications to update its Small Works Roster. All interested and eligible contractors should contact the Maintenance Supervisor Jason Acosta at [jacosta@vashonparkdistrict.org](mailto:jacosta@vashonparkdistrict.org) or call (206) 794 -9495 for an application packet.

Vashon Park District Public Notice date, 2-28-13

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# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Sci-Fi Saturday

For March 2nd Sci-Fi Saturday will air, "Galaxy Quest" Tim Allen and Sigorney Weaver send up the Star Trek genre. Show time 1:30pm

A donation will be taken at the box office and food donations are taken inside the theatre.

Please, come and have a good time.

This is for The Chicken Soup Brigade so bring your donations to the box office and I'll see you inside! Where: The Island Theatre

When: February 2nd, 1:30pm

How much: Some canned food or boxed food items. \$10.00 at the box. More is better. :>)

What: Chicken Soup Brigade.

A food drive for those living with HIV/AIDS in King, Kitsap, Pierce and Snohomish counties.

See you at the theatre!

### Pet Partner meetings for February & March.

Vashon Pet Partner meeting schedule for February and March.

February 18th - NO MEETING, Presidents Day, VHS is closed

March 4th, 5PM, VHS  
March 11th 5PM, VHS  
March 18th 5PM, VHS  
March 25th 5PM, VHS  
See You Soon  
Kathy & Zeppo

### Compost the Loop

*The Loop's soy-based ink is good for composting.*

### The Vashon Loop

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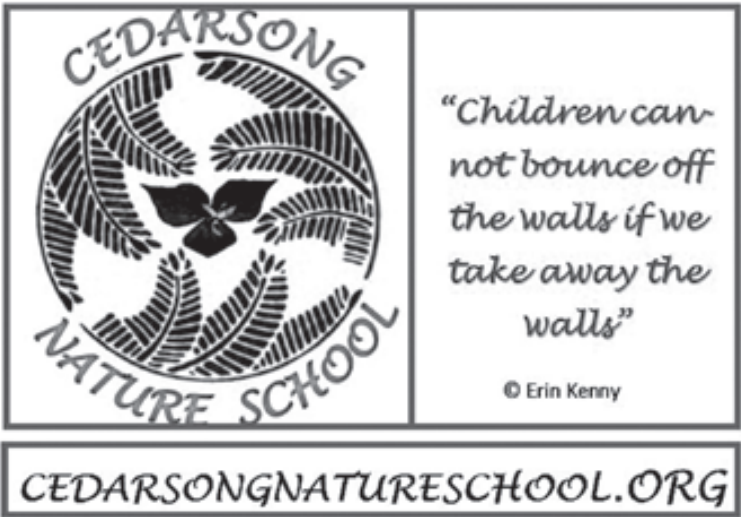
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### Call for Artists: Between the Tides

Vashon Island's popular Ignition Studios is seeking art for "Between the Tides", an intertidal-themed show in June 2013 to benefit the not-for-profit Vashon Beach Naturalists (VBN). All art should represent or be inspired by the native animals, plants, and other organisms and/or their habitat of the intertidal zone in Puget Sound and Vashon Island. This show will be publicly juried and top prizes will be awarded.

All artists, professional and amateur and all art mediums will be considered in this call for entries from photography to sculpture, fabric, mixed media, all paintings and drawings, etc. Sizes up to 10 feet are acceptable. All submissions will be subject to a selection process, with accepted submissions being notified in late April.

Submissions can include up to 2 pieces, two images each. Please include any special considerations for installation, all dimensional sizes, and medium. All works submitted must be available for sale; gallery commission is 50%. Deadline for submission is April 15th, 2013. For more information or to submit please contact Adria Magrath at [adriavbn1@gmail.com](mailto:adriavbn1@gmail.com)



### Next Edition of The Loop Comes out Thursday, March 14

Deadline for the next edition of *The Loop* Friday, March 8

### Water District 19's next regular Board Meeting

This email is being sent to you to notify you that Water District 19's next regular Board Meeting is scheduled for Tuesday, March 12th, 2013 at 4:30 PM here at the district office board room.

### Call to all Artists

This is a call to all artists and would-be artists of all ages and levels of experience. Once again VALISE gallery is getting ready for it's 'almost famous' ALL ISLAND (and beyond) INVITATIONAL ART SHOW. The Spring 2013 show title is: Outsiders in Each of Us.

What does that mean to you? Anyone who has not had formal training? Anyone who feels they don't fit in (90% of the Vashon population)? Anyone who likes to spend time outside? Or only those of us who are thinking that a little time in a mental institution might be a nice break from life?

We want you all. Start making art for the show which will be hung in late April.

Come by the gallery on any Saturday (11 to 5) for further questions.

You can also call Carol at 567-5907 or, until March 13, Pascale at 463-3485.

Drop off your work at the gallery, 17633 Vashon Highway SW, on Sunday April 28 between 2 and 4 or Monday April 29 between 9 and 11.

### Audition announcement for "Into the Woods"

Stephen Sondheim's

INTO THE WOODS

Directed by Charlotte Tiencken

Musical Director Paul Swenson

Auditions: Thursday, March 7--6:30-9:00 McMurray Band room.

Saturday, March 9--11:00am-1:00pm VHS Band room.

Please bring a resume and headshot if you have one, and your calendar. Come prepared to sing a song (pianist provided). The director requests a one-minute monologue, but it is not required.

Callbacks: Saturday, March 9--1:00pm-3:00pm VHS Band room.

Rehearsals in the evenings and weekends beginning the end of March, days TBD.

Performances at the Bethel Church, July 19-21, 25-28, 2013

Parts available for 9 men and 11 women of various ages. Also, looking for puppeteers (could be children) for the animals. For more information, please contact the Director, Charlotte Tiencken [Charlotte@scarletproductions.net](mailto:Charlotte@scarletproductions.net) or Gaye Detzer 567-5193

### Shout out for Knitters

Local knitters (along with other fiber crafters) are organizing a fundraiser for the Vashon Senior Center.

The fundraiser is called Stitchin' for a Kitchen. The goal is to raise funds to help The Senior Center purchase a new commercial stove and dishwasher, to replace their existing 30 year old dysfunctional appliances.

These improvements will enable The Senior Center to greatly expand the services it can offer to the community.

For one aspect of this multi-faceted fundraiser, knitters will be out around town on Saturday, May 4, 2013, knitting on a group project, as a means to raise funds while raising awareness of the needs and offered services of this valued community resource.

More knitters are needed. Please contact Myra Willingham at 463-6995 if you are interested in taking part in this fundraiser.

### Free Taxes & Property Tax Exemptions help

Free Taxes & Property Tax Exemptions help at library starting January 30th. Wednesdays from 11am - 1pm starting January 30 to April 3rd doing taxes for people whose gross income is \$25,000 or less.

Need help with forms for property tax exemptions? To qualify you need to be at least 61 years of age and your income must be under \$35,000 and that includes social security.

No appointments, just drop in at the Library.

### Vashon Social Dance Group

Vashon Social Dance Group February 2, 2013 Dance & Lesson Information. Saturday March 2, 2013 at Ober Park Performance Hall, 17130 Vashon Hwy SW, 6:00 - 7:30 PM Triple Time East Coast Swing Lesson (Suggested Donation \$15 for Instructor)

Instructor: Lilli Ann Carey with Dance For Joy will review and build on what we already learned and work with using the breaks in the music to enhance the dance.

7:30 - 9:30 PM Dance to an eclectic selection of music - deejays: Lilli Ann and Candy

Come alone or bring a friend. No partner needed, we rotate often which encourages many dance partners throughout the evening.

Thanks to all for your donations of funds and spirit to guarantee our dance group will continue.

Dancing feet are happy feet. See you on the dance floor soon!

Questions? Contact Candy (206) 920-7596. Visit Vashon Park District events page on their website Or, visit Dance For Joy website: [www.danceforjoy.biz](http://www.danceforjoy.biz)



### Free On Line Classifieds

[www.VashonLoop.com](http://www.VashonLoop.com)



# Voice of Vashon Emergency Alert Service Funded for Another Year

By Richard Rogers

You most likely have seen the emergency notification signs around the Island that boldly state “Listen When Flashing - Tune Into 1650 AM Voice of Vashon”. The solar powered flashing-light signs, installed on existing Vashon Island Fire & Rescue fire danger sign posts by Voice of Vashon, let residents and visitors know when emergency information is being broadcast on 1650 AM. The signs are just one aspect of Voice of Vashon’s Emergency Alert Service that has been given a significant boost thanks to the generosity of an Island business and dozens of donations from Island residents.

John and Beth de Groen of Windermere Real Estate Vashon-Maury Island, LLC have stepped up with a major underwriting contribution to the Voice of Vashon’s

proud to call our home.”

During Island emergencies such as power outages, ferry disruptions or the earthquake everyone hopes will never come, Voice of Vashon volunteers work round-the-clock to keep the information flowing. On its 1650AM emergency broadcast system, Voice of Vashon transmits continuous information. Volunteers share the bulletins through the VashonALL email list and during major events also on the Voice of Vashon Facebook page and the VoiceOfVashon.org website.

VoV’s efforts are coordinated with Vashon Emergency Operations Center, Vashon Island Fire & Rescue, King County Road Services, Puget Sound Energy, National Weather Service, Vashon-Maury Island Radio Club, and many others to gather and broadcast information on emergency



Emergency Alert System. Plus, 90 Island households responded to a Winter “Storm Ready” fundraising campaign.

VoV President Jean Bosch is enthusiastic about the outpouring of support. “We at Voice of Vashon are thrilled by the broad base of support demonstrated by our recent fundraiser. The generous donations that came in will go right back into the Vashon community in the form of emergency response equipment and readiness.”

Thanking the de Groen’s for making the Emergency Alert Service possible, Bosch says “When snow, ice, and wind strike the Island, Voice of Vashon’s 1650AM Alert Team is literally the voice of our community. The new Windermere exclusive sponsorship of VoV’s emergency alerts will ensure Islanders continue to have the information they need to stay safe.”

John de Groen, speaking about his company’s contribution says “We believe strongly in the people of Vashon-Maury Island and the Windermere Vashon office directly supports local organizations through charitable contributions and donations.” Beth de Groen echoing John’s thoughts states “We believe in our wonderful community and giving back to it is our way of showing appreciation for this beautiful place we are

conditions, including official advice on staying safe.

VoV’s Alert Team Coordinator Luke McQuillin says about the fundraising results “So many Islanders responded to our call to help ensure our Island neighbors have the vital information they need to stay safe during winter storms. Those contributions, combined with the de Groen’s underwriting of the emergency alerts, means we are assured of funding the Emergency Broadcast System for another year.”

“While we haven’t experienced anything weather-wise like we did during the 2011 “Gizzard Blizzard” or 2012 “Snowmageddon”, VoV is now able to invest in its emergency alerts system, so whatever comes our way, as Islanders we will be better informed” says McQuillin.

The Voice of Vashon media network also includes an Island Television Channel 21, web radio station at VoiceOfVashon.org and provides community announcements on VashonALL and FaceBook/VoiceOfVashon.

Voice of Vashon, a 501c3 organization, is currently developing a new web media platform that will offer even more ways to efficiently provide vital information and local entertainment content to the community.

# Next Telling Stories Speaker is Truman O’Brien

Come hear a bunch of entertaining stories that illustrate the technical aspects of flying from retired Alaska Airlines Captain and Vashon Islander, Truman O’Brien. Truman will answer many questions he has been asked throughout his 25-year airline career. How do you get to be an airline pilot? How can you land when you can’t see anything outside? What’s the hardest part of flying a jet?

Truman’s talk will be like taking a backstage tour of an airline pilot’s job. You’ll also hear some of the quirky things that happen while flying. How about landing a DC-4 on the beach in Alaska to pick up 23,000 pounds of fish? Or landing a 737 on a gravel runway? Or flying to the arctic in the dead of winter? These are just some of the many interesting stories Truman will share.

Truman is speaking at 4 pm this Sunday, March 3 at Bethel Church as part of the Telling Stories Speaker Series, by and about Vashon Locals. All proceeds



Truman with his daughter, Molly O’Brien, in the cockpit of a B737-700 about 10 minutes after setting the parking brake on his final retirement flight.

from this talk benefit Vashon Community Care. Ticket sales are by donation and are available in advance at Vashon Book Shop or Vashon Community Care. The Telling Stories Speaker Series is made possible by a generous donation from the estate of David W. and Catharine A. Carr.

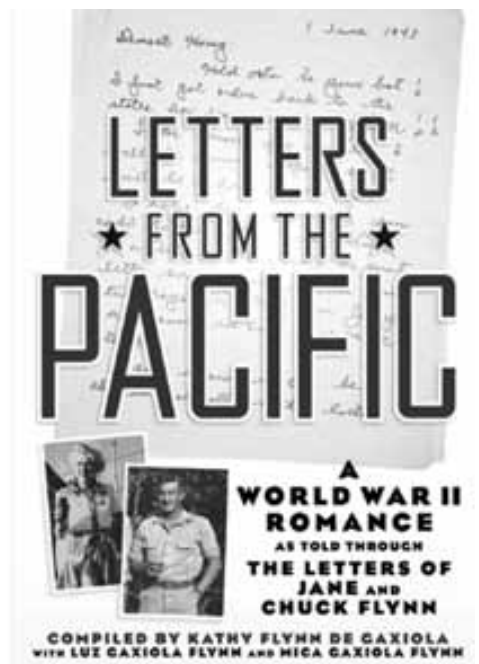
# Letters From the Pacific

Island author Kathy Flynn reads from her new book, “Letters From the Pacific; a World War II Romance” March 9 at the Vashon Bookshop. Like many families, the Flynn’s had boxes and boxes of letters from World War II that lay dormant for decades, getting shuffled around during moves throughout the years. Years her parents passed away, Flynn began to sort the letters. What unfolded was a love story between her parents set in the backdrop of 1940s Hollywood and wartime in the South Pacific. Jane and Chuck Flynn were five years married and actors by profession. They gave up their happy life in Hollywood to join the service.

Chuck joined the Navy and saw action in the Pacific, where his ship was hit. Jane joined the USO and was sent on a tour of the Pacific. It was a heady atmosphere, with the girls constantly surrounded by adoring men. The letters convey the charm and intimacy of Jane and Chuck’s relationship during the difficult days of World War II. After the war, Jane and Chuck moved with their young family to Vashon, where they lived the rest of their lives.

History has always been an interest of Kathy’s, especially the interplay between large scale events and individual lives. She encourages everyone to take out the old family letters and see what stories they have to tell.

The book is published by BearManor



Media, a publishing house specializing in entertainment biographies, and books with nostalgic themes like Radio and the Jews, How Fibber McGee & Molly Won World War II, and The Great Radio Comedians. To learn more, please visit their website at [www.bearmanormedia.com](http://www.bearmanormedia.com).

LETTERS FROM THE PACIFIC: A WORLD WAR II ROMANCE by Kathy Flynn De Gaxiola is available at Vashon Bookshop, and there will be a signing after the reading on March 9. The book is also available on Amazon Kindle.

# Cooper Needs A Home...

Cooper is a 3+ year old mutt (German Shephard, Bloodhound, Mastiff). He is a really smart dog who needs to be challenged. He gets along well with other dogs and kids. He would do best in a home with no cats or chickens. If you want a really smart companion to go on long walks and help you with crossword puzzles then Cooper is your dog! Contact [dogs@VIPP.org](mailto:dogs@VIPP.org) to meet me. \$125 adoption fee.



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# Island Life Scorched Earth

by Peter Ray

Just for laughs, at the special Park District meeting this past Saturday, I asked what seemed to be a fairly obvious question, and that was: “Can you play on the fields as they are now?”, referring of course to what are designated the VES Fields in the on-going, laugh-a-minute imbroglio that is the Vashon Park District dog and pony show. This wasn’t a trick question, but it seemed to catch Parks Commission chairman Joe Wald somewhat off guard and after a pause I got my answer- yes. I already knew this- I was just checking. This was because I wanted to hear from the powers that claim to be that doing nothing more on these fields could be a real option to consider. Another reason to stop this madness might just be exemplified by an exchange that followed involving the true cost of getting this ill-conceived job done. During what was a brief back and forth, at least five different numbers were quoted, and with cost overruns and unexpected contingencies the highest figure of \$195 thousand might be expected to double before the project is completed.

Fast forward to the following Tuesday night and Truman O’Brien’s question to the board regarding the fact that the \$95 thousand currently budgeted to get this \$195K task completed didn’t seem to be a sufficient quantity of cash for the task. Board member and accounting whiz Bill Ameling was quick to respond that they were talking about \$95K net, not gross, which after some explanation seemed to mean that the Parks would only have the \$95K to spend, and the rest of the monies would come from the diligent labors of legions of Keebler Elves as they scrape and shovel every morning before sunrise out on the VES field in order to collect the precious piles of pure gold unicorn poop nuggets left after a night of frolic, as the field has been found to be a surprisingly welcoming habitat for these terrestrial narwhals.

All fantasies aside, which is asking a lot in this case, the stacked board which has left us with a white elephant of a project through cronyism and mismanagement continues to point fingers at everyone but themselves regarding fault or blame. With all fairness, Lu-Ann Branch and John Hopkins are trying to reach a solution on this, while the other three of five are content to forge ahead regardless of the warning signs and red flags that seem now to be up at all corners of this project. The denials of the three seem to be best exemplified by the last minute dramas at of both these past two meetings regarding the non-transparency of the process by which the former and future VES project manager, Mike Mattingly, was rehired. It came to light after the meeting that this hiring was news to both Branch and Hopkins. As any new hiring requires the approval of the entire Board, this appeared to directly fly in the face of Board policy. In their report about Park transgressions, the state auditors had cautioned against what they had found to be a lack of transparency and accountability, a problem which, given this latest incident, seems not to have been deemed a problem by at least Chairman Wald. This was revealed as something way more than evident at this last meeting. In spite of a number of requests by Branch throughout the meeting for a discussion of the Mattingly

Compost the Loop

The Loop’s soy-based ink  
is good for composting.

rehiring, Chairman Wald quickly gaveled the meeting closed as Branch was trying to have it recognized at the end of the night, in spite of protests voiced by both Branch and members of the audience.

Lu-Ann has said that a number of my comments are unhelpful in solving this problem of the VES fields project. To that I would answer that I have a right to ask any of the questions that I have, or might have, as it seems they are not getting asked and they are in need of some answers. One of the questions that I brought up at Saturday’s meeting was about water, something that seems of be of more than a passing importance on this Island, and anywhere else for that matter. The second part of Mr. O’Brien’s question above had to do with water. In fact, it was more of a suggestion, and that was to hook up the existing water pumps to the electric grid, water the fields, keep them alive and play on them, and forget the rest of the project until a time when something other than unicorn nugget fantasy funds are available. As it was, last year the Park District paid an apparent \$18,000 for a diesel generator to run these pumps at least twelve hours a day in order to not have the new grass on the field dry up and blow away.

In fact, that wouldn’t be a bad option, letting the fields die, as then the smoke and mirrors being thrown up by the gang of three on the board would be seen for what it is. But that, as Lu-Ann might say, isn’t helpful, to which I would agree. But she also said that my questioning her use of the term sustainable watering- which it is indeed somewhat of an oxymoron- was not helpful either. There is, however, a whole series of questions about water involved in this project that I had not heard asked about these fields, so I asked them. One was a voicing of my concern over the massive use of water and fertilizer in order to keep a sand based grass field alive during our no rain summers. I understand that sub surface sand allows for better drainage and less muddy fields and field damage. I asked about where that runoff water might be going, and was told of the extensive drain pipe system that had been installed under the field to shunt of excess water. One might ask where this shunted water might be shunting off to, and I did. It appears there is a catch basin in a ditch by the highway that receives this bounty of “waste” water and field chemistry, which according to Mr. Mattingly was then directed to the town waste treatment plant. According to another audience member, that was not the case- that more than likely the runoff water just goes into the ground.

There was also uncertainty as to exactly how much water is to be used on these fields, and in the grand tradition of our Parks crew we were given a rough figure of somewhere between five and thirty thousand gallons- it sounded as if that was in one watering, although a reliable estimation of needed frequency seemed sketchy at best. Admittedly, water needs vary, but 30,000 gallon blocks of water to keep Justin and Chelsea in soccer heaven seems as close to absurd as one might want to get. And if it does indeed require that much water to keep these fields alive, one has to ask what will happen when summer restrictions kick in, which is why I questioned the delusion of sustainable watering to start with. Will Island residents then question the sanity of creating a pretty grass sandbox so that we can be seen in the same circles as the Bainbridge Island soccer clique? I know, that wasn’t helpful, but maybe someone should have been asking for it back before this particular barn door was blown off its hinges. At this point, help seems an awful long way away.



## One Lucky Guy



Saturday, March 9 - Doors Open at 7pm, Show at 8pm

What if a guy asked six women out for one night of singing and fun and they all said yes? Well, you’d have One Lucky Guy.

Jon Whalen did just that. He created a show to sing duets with some of the many women vocalists he admires Kat Eggleston, Arlette Moody, Jennifer Sutherland, Sally Knodell, Adrienne Selvy Mildon, and Lyn McManus and he is calling that show “One Lucky Guy.”

So who is this Guy? Whalen is one energetic and multi-talented performer who has lived on Vashon Island for over a decade. He sings and plays guitar with the band The FieldHands. Most recently his creative antics and sound effects brought much laughter at the long-running Vashon extravaganza Church of Great Rain.

“I thought about this show for over a year. I really wanted to sing with all these great women singers on the island. There was never an opportunity, so I created one,” said Whalen. “This show is my way to celebrate them.”

The band he assembled for the concert features Luke McQuillin (guitar), Gary Kiggins (drums), Ainslie MacLeod (bass), and Christopher Overstreet (keyboards). Also joining in on a few songs will be Mike Nichols playing a ferocious harmonica, and veteran musicians Diane Krouse on sax and Kim Thall on fiddle.

Whalen picked a wide variety of songs ranging from the ‘50s Rat Pack era to ‘70s rock to some dynamic punk-rocker inspired duets. He will sing two to three songs with each of his star attractions.

Here is a little preview of what his luck will bring you:

Whalen’s Church of Great Rain buddy Adrienne Selvy Mildon has played keyboard and guitar and sang on Vashon Island for 10

years. Among the songs she will sing with Whalen includes “Building a Mystery” by Sarah McLachlan.

Arlette Moody is known well on Vashon for her unique vocal work, dancing and performances that are a feast for the senses. She’ll be shaking us up singing Tina Turner’s version of “Proud Mary.”

Country crooner and all around comedic talent Jennifer Sutherland sings the sweet love song “Portland, Oregon,” made famous by Loretta Lynn and Jack White in recent years.

Accomplished folk/Celtic singer Kat Eggleston will liven up the evening with her incredible guitar playing tunes like “Killing the Blues.”

Lyn McManus, whose professional voice talent and comedic range was showcased on the Church of Great Rain stage, will take us back to the ‘70s via “Hotel California” by the Eagles.

Whalen’s longtime friend Sally Knodell, who was in the Seattle band Failure to Disperse with him for eight years, will join him on stage again singing such songs as “I’ll Be Your Baby Tonight” by Bob Dylan.

Knodell says Whalen’s performances are exuberant and “he puts his heart into every song.” Combine that with some of the best women vocalists around and you really have more than One Lucky Guy. We all are lucky.

At the Open Space for Arts & Community, 18870 103rd Ave SW, Vashon .Saturday, March 9 - Doors Open at 7pm, Show at 8pm

Tickets are \$15 General Admission and \$20 for Premium Seats. Available at Vashon Bookshop and at:

[www.brownpapertickets.com/event/337475](http://www.brownpapertickets.com/event/337475)



# Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

## You Never Know, Does One?

By Mary Tuel

It is the season of Lent in the Christian church, a time of reflection, penitence, and self-denial, one object of these practices being humility. I have mentioned before that my definition of humility is to have a clear, true perception of yourself, which does not mean self-bashing or delusions of grandeur, but rather an objective view of who you are. I think it's impossible to be objective about yourself when you're looking from inside your own head, but where else can you stand? It's worth the effort to try. If you're lying to yourself about who you are, whether you're lying about being more than you are or less than you are, you're lying. Living a lie makes nonsense of your life, so clear your head as well as you can, and see what you can see. One good way to clear your head is to take a walk. Yesterday was sunny, one of those early false spring days, and Marley the dog and I went down to the KVI beach for a walk. The sun was hot on my back and the wind was cold in my face as we went. Marley ecstatically sniffed practically every blade of grass, and left her own mite of communication in a spot which I now think of as Poop Central for dogs on KVI beach. When I walk on the beach I am looking for where I would run in the event of a large earthquake and tsunami. If this makes me neurotic and paranoid, so be it. This paranoia is based on my knowledge that these things have happened here in the past, and could happen again. I took the Vashon 101 class a few years ago in which one of the lecturers took glee in telling us that when the Seattle Fault lets go, we will have about four minutes before the tsunami hits Vashon. So now when I walk on the beach, hobbling along on my arthritic joints and assisted by my walking stick (thank you, Becky), I am calculating: how far could I go in four minutes? Is that a trail up the bluff there in the salal? Would my worn-out knees allow me to get up to safety in a hurry? Should I stand there and kiss the world good-bye and watch the wave come to take me? Then I tell myself that while

there will be an earthquake, the likelihood of it happening right this minute is slim. I've been walking on these beaches for over 40 years now. So far so good. I go back to limping along, picking up rocks that catch my eye, as well as things people have left behind. Yesterday's haul: twenty white pebbles for my garden cairn, one pair of plaid sleep pants (size XL), and a pink plastic clothes pin. In 1966 I lived in Alameda (another island) and commuted to San Francisco on the AC Transit. Every day on the way home as we crossed the Bay Bridge, I would worry. What if there was an earthquake? What if the bridge collapsed? Mind you, I'd lived near the San Andreas Fault all my life, and had experienced many quakes, though no really large ones at that time. The large earthquake came later, in February, 1971, in Los Angeles. It gave me respect for earthquakes and what they can do. I moved up here in 1973, thinking that I was getting away from earthquakes. That's how ignorant I was at the time. But getting back to my story... On October 17, 1989, at 5:04 p.m., the Loma Prieta earthquake struck. The San Andreas Fault shifted in the Santa Cruz Mountains, and guess what? A section of the Bay Bridge collapsed. One woman died when her car plummeted

into the gap. All other vehicles were turned around and sent back to San Francisco. Meanwhile, in Oakland, the double-decker Cyprus freeway, which had been part of my daily commute in 1966, collapsed on itself, and 42 people died. I had never worried about that freeway collapsing, only the Bay Bridge. In retrospect, I'd say my paranoia was at least partially not paranoia, but the worst that happened when the earthquake hit was not something I had foreseen, or worried about. That's the thing about worry and paranoia - you are preparing to defend yourself from what you imagine, and you might have it all, or partially, wrong. You never know. There was no earthquake while I was at the beach yesterday. The dog and I made it back to the car fine. I took some snapshots of the sunny scene so I could look at them on days like today, when the overcast is high and white and unbroken. Is my head clearer for yesterday's walk? I find that head clearing needs to be done every day for best results. The dog likes to clear her head, too, so we'll go out walking again today. I wish you a blessed Lent, if Christianity is your spiritual practice, and a clear head regardless of your spiritual practice.





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# BIRTH STORY: Award-winning Documentary



By Kristina Turner

"Birth Story," winner of the Audience Award at the 2012 Los Angeles Film Festival, screens one-time only, Tuesday, March 5th at 6 PM at the Vashon Theatre. The screening is a benefit for Woman's Way Red Lodge and is co-sponsored by Green Tech and the Vashon Theatre. Suggested donation is \$5-10 (sliding scale) at the door. This new release film about world-renowned midwife Ina May Gaskin's work is awesome and carries a powerful message about our responsibility to keep the real knowledge about birth alive in a world where birth by abdominal surgery is becoming more and more prevalent. In the U.S., C-section births increased by 49% from 2000 (when it was 22.9%) to 2011 (when it was 32.8%). Our children's children need us to keep precious knowledge about natural birth alive and breathing. Counterculture heroine Ina May Gaskin and her spirited friends began delivering each other's babies in 1970, on a caravan of hippie school buses, headed to a patch of rural Tennessee land. With Ina May as their leader, the women taught themselves midwifery from the ground up, and became an integral part of a new communal, agricultural society called The Farm. The people of the Farm grew their own food, built their own houses, published their own books, and, as word of their social experiment spread, created a model of care for women and babies that changed a generation's approach to childbirth. Forty years ago Ina May led the charge away from isolated hospital birthing rooms, where husbands were not allowed and mandatory forceps deliveries were the norm. Today, she fights to preserve her community's hard-won knowledge. Ina May Gaskin's first book,

Spiritual Midwifery, has been passed from pregnant woman to pregnant woman, touching hundreds of thousands of women and families since its publication, nearly forty years ago. In 2006, a Brooklyn friend passed the book to filmmaker Sara Lamm, who was expecting her first child, with the words, "This is the ONLY book you need to read." Lamm in turn passed it to another filmmaking friend, Mary Wigmore. Both mothers with young children, Lamm and Wigmore traveled to The Farm many times over the course of the two years they were shooting this film, often with some or all of their young children in tow (an infant, and two two-year-olds). They relied on doulas, husbands, friends, and each other for support, and were grateful to be making a film about midwives. Who better to understand the challenge of juggling cameras and breastfeeding than Ina May Gaskin and her colleagues? (Wigmore gave birth to her second child one week after the film premiered at the LA Film Festival—it was the fifth baby born to a member of the Birth Story production staff since the start of production—all of the babies were born without intervention.) At first the filmmakers weren't sure how they would ever convince a woman to let them film her birth for inclusion in the film, but in the end, it turned out to be fairly simple: a trusting relationship with the midwives led Lamm and Wigmore to several clients who were motivated to help others understand more about natural birth and midwifery-led care. This special film screens once-only on Tuesday, March 5th at 6 PM at Vashon Theatre. To discuss/share responses to this moving movie about birth, come to Vashon Drum Circle on Friday, March 8th, 7 PM at Vashon Intuitive Arts.



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**Aries (March 20-April 19)**  
One potential problem with acting on your ideals is that you face the prospect of having them proven wrong. And you face the possible discovery that you don't have the will power or energy to do something you believe that you value. Yet if you don't make the effort and take the risk, you will never know for sure. There is more to this than you may imagine, because to act on your ideals you must on some level let them go. They cease to be 'ideals' and become something more tangible and practical. So the issue is one of living with a question, or striving to answer that question, learning what you learn and proceeding from there. You have long been saying it's time to get out of your head. If you really mean that, you now have an awesome opportunity.

**Taurus (April 19-May 20)**  
You seem to want so many things that it's impossible for you to focus on one of them long enough to manifest it. Think of this time in your life as a moment to try on possibilities that you would not dare to consider in the past. You don't need to attach the qualification of permanence or commitment. What you're doing is experimenting with desire, trying on the different potential expressions of yourself for size. You may need to resist your tendency to immediately see things in their most solid or unchangeable form; I suggest you notice this tendency. You might also feel like even considering something new is challenging (particularly to an intimate relationship). If it turns out that exploring friendships with others in any way threatens someone you're attached to, the fit may be a little too snug.

**Gemini (May 20-June 21)**  
Hold off on making new professional commitments till later in the month. It's fair to expect things to slip and slide a little (or a lot) until then, though it looks like you will have a grip on things by the 22nd, after your ruling planet has returned to direct motion and the Sun has changed signs to Aries. Until then, what you have is the perfect, and I do mean an extremely rare, stellar setup to explore and develop your talent. There is something, a topic or field of interest, that you are developing mastery over. I mean that in the present tense -- you are on the way, growing, considering and feeling out your own potential. Consider yourself a work in progress and refrain from any notion of 'expertise' -- the thing you want is the mind of a beginner, as often as you can return there. If you stray, come back to that.

**Cancer (June 21-July 22)**  
This is a fine moment to consider your medium- to long-term plans. By this I mean the rest of 2013, into next year and perhaps out to 2015. I don't usually advise considering the future this far in advance (especially with time moving in dog years, as it is). However you have an unusual perspective now, as if you're standing on a hilltop amidst the landscape of time. This is a three-dimensional model, rather than the usual tightrope that we think of time as being. You can see in all directions, from an elevated viewpoint. Look around; study the whole horizon. What do you see? How do you feel, looking out in different directions? This is a time in your life when the past has less bearing than ever, and your potential has more value than ever. Stop here for a moment and feel this lighting up your cells and filling your lungs.

**Leo (July 22-Aug. 23)**  
You may think that your life is complex right now, but you're probably a lot better off than you think. Busy is not complicated; I would save that word for commitments that compete, for obligations that you cannot fulfill or for the sensation that you have no control over your existence. Are any of these things true? The chances are you have enough of everything, though I suggest that you make some demands on your environment. If you have a need or a situation that is calling for energy, who is really involved, and where can that energy come from? There are possibilities; the more you depend on others' commitments to you, the more you will encourage a full exchange of energy. If you can do that, you will feel the abundance around you and nobody will feel exploited.

**Virgo (Aug. 23-Sep. 22)**  
You have a lot of options open to you at the moment, so many that you may want to ignore them all. That, however, is proving to be a slim possibility, as there appear to be some attractive forces drawing you in beyond your ability to resist. The one thing you want to do right now is maintain your awareness of the possibilities you have, and your ability to make choices. Nothing -- and nobody -- is a foregone conclusion right now. You are still in a phase where you're learning a lot about where you stand in relationship to certain others and your total environment. Concentrated information will be forthcoming through the month, though watch for one particularly powerful revelation around the time when Mercury changes direction on the 17th. You'll encounter information you need, and which can change your life.

**Libra (Sep. 22-Oct. 23)**  
You've been through so much the past few weeks, and you may have the feeling that the tide is still coming in. Yes, you haven't reached the high water mark yet, though something else is true as well -- you're held and appreciated by the people around you. This is true despite any conflict that may have surfaced, and which may still be irritating you. I suggest you get over the idea that you have to constantly give without having any boundaries. Make the choice to offer yourself where you're truly appreciated, and where there is a high-quality mutual exchange. These things are available to you, though it would help if you see that potential. Make sure that everything you do has a role in nourishing you back. Look at every situation carefully and you will easily be able to identify that factor.

**Scorpio (Oct. 23-Nov. 22)**  
All sexuality is inherently introspective, because it's an experience that happens inside of you, and confronts you with yourself. The same could be said of art and music; we usually project the experience with our minds onto the painting, photograph or concert stage, though what you are actually experiencing is something inside your brain and body. Rather than this diminishing your pleasure and your ability to make contact with people you care about, this is the most dependable way to open up communication. You can only be open and honest and relate to others, if you are in contact with what you feel and what you want. That information comes from inside of you, and becomes your most dependable mode of navigating the seemingly outer world. Remember, this is also true of the

people you want to connect with.

**Sagittarius (Nov. 22-Dec. 22)**  
There is only so safe you can be, and most of that is in your mind. You may be encountering the paradox that the more you focus on security and things being predictable, the more chaotic they are. To those who are conditioned not to experience their emotions -- which pretty much counts for everyone these days, though increasing exponentially the younger you are -- any actual visceral sensation in your body can feel destabilizing, scary and even threatening. At a certain point it's necessary to question the validity of anything you consider fearful. I would encourage you to notice whether the term 'scary' has anything to do with the sensation of 'compelling' or 'makes me feel' or 'commands my attention and commitment'. If humankind can only bear so much reality, then this is the time to be superhuman.

**Capricorn (Dec. 22-Jan. 20)**  
You run the risk of over-thinking very nearly everything, and this may spook you out of what hard-won confidence you have earned. I would propose two courses of action, where significant decisions are concerned. One is, make up your mind and stick to what you decide, even if you get insecure. The second is, put any big decisions on hold until Mercury goes direct on March 17, or even until the Sun changes signs on March 22. When Mercury is retrograde, often we don't need to decide things or act on them as fast as we think we do, and this particular Mercury retrograde is a very strong candidate for allowing missing information to come to the surface. If you're writing something, this is the time to do a series of drafts, allowing your theme, message and key ideas to come into focus.

**Aquarius (Jan. 20-Feb. 19)**

## Holy Moly Moments From Vashon & Beyond

*Continued from Page 1*  
back again. In 8 months I traveled to Hawaii, Bali, Thailand, Burma, Nepal, India and home again to Vashon. In addition to being a spiritual catalyst for deep change, on several occasions I was moved to tears by the beauty that presented itself. One of the experiences I am excited to share with you is from my 5 day solo trek in the Himalayas in Nepal. At my highest point, a lookout area called Poon Hill at 10,000ft, I experienced one of the most stunning sunrises I have ever seen. I still remember the guides that were there saying, "this is very rare!" At one moment, each direction had something incredible happening, I didn't know which view to be pointing my camera at. I'm using an entire wall to recreate that sunrise for you.

The beauty that surrounds me in my life inspires me. I am excited for the opportunity to share my passion with you and am pleased to share my Holy Moly Moments photography show opening during First Friday March 1st 2013 at the Vashon Community Care from 6-9pm. In addition to the 80 photos displayed throughout the entire 1st floor, a slide show from an 8 month journey around the world will include photos from Bali, Thailand, Burma, Nepal and India will begin at 6:45pm. My art is created with the intention of sharing with everyone who is touched by it. In an effort to make these accessible to everyone, during First Friday opening night, March 1st, there will be an opportunity for you to select your favorite photo (or photos) and purchase as greeting cards or postcards. These will be printed on site and ready

*The Vashon Loop, p. 7*  
You're doing a lot of sorting out right now. You seem to have many opinions, and this may be confusing you. Think of it as a process of building consensus with yourself. Consensus author C.T. Butler once shared the secret of this decision-making method. First, the people involved must agree on some fundamental values. Once they have done that, the specific issues they are trying to agree on will be a lot clearer. I suggest you take this process inward. Agree with yourself what deep, underlying principles are the most significant to you; which mean the most. These are known as values. Once you know that, you can contrast the details of any particular decision against your values. Give this some time to work out -- for the most important matters, three to six weeks from today.

**Pisces (Feb. 19-March 20)**  
We're currently experiencing one of the most unusual Pisces alignments since the mid-1960s. You could be experiencing this one of many ways: as quite a lot (or perhaps a bit too much) happening, attention focused your way and quite a bit in the way of mixed emotions. I suggest that no matter how interesting your outer life is, you monitor carefully what is going on inside you. Experience your feelings consciously. There is plenty happening in the 'outer world' -- both personal relationships and professional developments -- though it's clear that these things will go a lot more productively if you are in harmony with yourself. You are on what I would describe as an 'inner mission'. It may be about creativity, it might involve working out emotional material, or it could be about making some deeper contact with your soul -- probably all three.

Read Eric Francis daily at  
[www. PlanetWaves.net](http://www.PlanetWaves.net)

to leave with you.  
Holy Moly Moments will display 3 distinct collections of photography: 1) Holy Moly Mountain Moments -- an expanded collection of the many gorgeous faces our beloved Mt. Rainier presents to us. 2) Holy Moly Global Moments -- photos from my 8 month journey around the world and 3) Holy Moly Nature Moments: A Dance Of Light -- highlights of my unique perspective of the natural beauty that surrounds us all in the glorious Northwest.  
I feel fortunate and honored to have witnessed so much beauty along my journey and am especially honored to share it with you. I hope to see you First Friday and look forward sharing this portion of my journey both in my photos and with my stories.

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# Island Epicure



By Marj Watkins

## Top Foods for a Long Healthy Life

More Okinawans live to be 100 years old than the people of any other country. They credit sea vegetables for their many healthy years. My father lived a few months past his 105th birthday. He didn’t eat kelp or any other seaweed, but he grew all his own land vegetables until well into his 90s. He also cared for a younger friend’s orchard, creating the biggest, juiciest prune plums I ever tasted. He owned a small dryer and dried his surplus vegetables, apples, and prunes for winter eating. He kept several hives of bees and harvested raw honey with a taste of beeswax in it.

He liked to go into his garden and pluck a ripe tomato from it’s vine and eat it right there. He pulled carrots, brushed the dirt off, and ate them truly fresh. He grafted seven varieties of apple on his one apple tree and enjoyed them as a snack any time from late August through November. He peeled, sliced, and dried the extras. My tiny lot has little space for growing anything edible except herbs in pots, but I buy the freshest vegetables and fruit I can.

Dad fished for trout, cleaned them, and froze them in milk cartons filling the space around each fish with water. He did not eat low fat. He put a cube of butter on each roast as he cooked it, “to season it,” he said.

Copious quantities of butter in his cooking and slathered on his bread supplied Omega-3 fats though I doubt he ever heard of them.

My favorite foods are: Almonds and walnuts, apples, blueberries and oranges, beans and peas, kale and spinach and green leaf lettuce, carrots and parsnips, cabbages and broccoli, yams, dried kelp granules, steel cut oats and brown rice, chicken, fish and lean red meats. Today, I’m cooking split pea soup. You need to start it 3 ½ hours before you intend to eat it. Soaking the peas overnight cuts cooking time by an hour. A crockpot works well. I just simmer it in a covered saucepan on the stovetop, stirring occasionally, while making dinner and on into the evening to eat next day.

- Slow-cooked  
SPLIT PEA SOUP  
4 servings
- ½ cup green split peas  
4 cups chicken or vegetable broth  
2 teaspoons kelp granules  
¼ onion, chopped  
1 carrot, chopped  
1 red potato, thinly peeled and diced  
1 rib celery including leaves, sliced  
Dash dried thyme  
5 to 6 ounces diced ham or 1 cup diced large sausage, optional  
Salt and freshly ground black pepper to taste  
1/4 cup minced parsley or 1 Tablespoon dried parsley.

Bring the split peas, broth, and bacon bits to boiling in a 6-cup saucepan. Reduce the heat to medium low and cover. Simmer 3 hours, or until peas are tender. Add potatoes, onion, carrot, celery, herbs and meat if using. Simmer 30 minutes more. Add meat, real or soy. Taste and add salt and pepper as desired.

## Vashon Library March Programs

**Great Books Discussion Group**  
Monday, March 04, 2013  
6:30 PM  
The Great Books Discussion Group meets on the first Monday of the month, October through June. Visitors are welcome. The only requirement to participate is that you have read the material under discussion. January 2013: Selected Poems: Joy, The Power of Music to Disturb, Immortality and Into Space by Lisel Mueller. February: The Smallest Woman in the World by Clarice Lispector. March: Lava Cameo by Eavan Boland. April: The Things They Carried by Tim O’Brien. Location: Vashon Presbyterian Church (classroom B), 17708 Vashon Hwy SW, Vashon 98070

**Family Story Times**  
Tuesday, March 05, 12, 19, 26, 2013  
11:30 AM  
Newborn to age 6 with caregiver. Come for a fun-filled, half-hour of stories, finger plays, movement and music!  
Story Time held at VYFS PlaySpace, 9822 Gorsuch Road Vashon, WA 98070  
No registration required. You do not need to be a member of Playspace to attend story time. Please call the Vashon Library at 206-463-2069 for more information.

**Free ESL Classes**  
Tuesday, March 05, 12, 19, 26, 2013  
6:00 PM  
Learn how to speak, read and write in English. Free weekly lessons, beginning to intermediate level, taught by an ESL Instructor. Program held at Vashon United Methodist Church (large conference room), 17928 Vashon Hwy SW, Vashon, 98070. Call the library at 206.463.2069 for more information.

**Infant and Young Toddler Story Times**  
Wednesday, March 06, 13, 20, 27, 2013  
9:00 AM  
Ages 3 to 21 months with caregiver. Enjoy stories, songs, bounces and tickles just right for your baby. Story times held at: VYFS PlaySpace, 9822 Gorsuch Road,

Vashon, WA 98070  
No registration required. You do not need to be a member of Playspace to attend story time. Please call the Vashon Library at 206-463-2069 for more information.

**Tax Help for Low Incomes**  
Wednesday, March 06, 13, 20, 27, 2013  
11:00 AM- 1PM  
Presented by Hilary Emmer Professional tax preparer Hilary Emmer will help those with incomes of \$25,000 or less prepare their 2012 tax forms, as well as those who qualify for a property tax exemption. Location: Vashon Library Free and no appointment necessary.

**Food, Glorious Food!**  
Saturday, March 09, 2013  
2:00 PM  
Presented by Susan Olds Indulge your visual appetite with “Food, Glorious Food!” - a survey on the theme of food in art. Beginning with Roman wall paintings, the program will cover over one hundred images of cuisine through the centuries. Artists will include Pieter Brueghel the Elder, Guiseppe Archimboldo, Manet, Cezanne, Picasso, Matisse, Salvador Dali, Wayne Thiebuad, Norman Rockwell, Claes Oldenburg, Andy Warhol and many others. An introduction to famous food writers such as MFK Fisher, Ludwig Bemelmans, Ruth Reichel, Peter and Frances Mayles, and Julia Child will conclude the program. A display of books and DVDs will be available for checkout. Held at Vashon Maury Senior Center, 10004 SW Bank Rd, Vashon, 98070.

**Great Singers Series: 3 Spanish Operatic Greats**  
Sunday, March 10, 2013  
2:00 PM  
Presented by Norm Hollingshead Since the early 19th Century some of the greatest opera singers have come from Spain. The years following World War II, sopranos Victoria de los Angeles and Montseratt Caballe along with tenor Alfredo Kraus thrilled opera

houses around the world. Norm Hollingshead will offer numerous examples of their fabulous singing from his personal collection of their recorded legacies, many quite rare. Part 1, March 10: Victoria de los Angeles, Part 2, March 17: Alfredo Kraus and, Part 3, March 24: Monserrat Caballe. Location: Vashon Maury Senior Center, 10004 SW Bank Rd, Vashon 98070. Sponsored by the Friends of the Vashon Library.

**Computer Class: Email Level 2**  
Monday, March 11, 2013  
10:15 AM  
Presented by Toby Nichols Learn how to send and open attachments with examples from Gmail, Yahoo, and Hotmail. Discuss scams and viruses. Prerequisite: Students must have an email address. Class location: Location: Vashon Maury Senior Center, 10004 SW Bank Rd, Vashon, 98070. Register online or call 206.463.2089 for assistance.

**Great Singers Series: 3 Spanish Operatic Greats**  
Sunday, March 17, 2013  
2:00 PM  
Presented by Norm Hollingshead Since the early 19th Century some of the greatest opera singers have come from Spain. The years following World War II, sopranos Victoria de los Angeles and Montseratt Caballe along with tenor Alfredo Kraus thrilled opera houses around the world. Norm Hollingshead will offer numerous examples of their fabulous singing from his personal collection of their recorded legacies, many quite rare. Part 1, March 10: Victoria de los Angeles, Part 2, March 17: Alfredo Kraus and, Part 3, March 24: Monserrat Caballe. Location: Vashon Maury Senior Center, 10004 SW Bank Rd, Vashon 98070. Sponsored by the Friends of the Vashon Library.

**Game On!**  
Saturday, March 23, 2013  
6:00 PM  
Presented by Edna Bastien-Wennerlind Teens aged 13-18 are invited to play video, computer and board games. Refreshments will be available. Adult must sign-in and sign-out teen. Location: Vashon Library

**Great Singers Series: 3 Spanish Operatic Greats**  
Sunday, March 24, 2013  
2:00 PM  
Presented by Norm Hollingshead Since the early 19th Century some of the greatest opera singers have come from Spain. The years following World War II, sopranos Victoria de los Angeles and Montseratt Caballe along with tenor Alfredo Kraus thrilled opera houses around the world. Norm Hollingshead will offer numerous examples of their fabulous singing from his personal collection of their recorded legacies, many quite rare. Part 1, March 10: Victoria de los Angeles, Part 2, March 17: Alfredo Kraus and, Part 3, March 24: Monserrat Caballe. Location: Vashon Maury Senior Center, 10004 SW Bank Rd, Vashon 98070. Sponsored by the Friends of the Vashon Library.

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Positively Speaking

“Of COURSE  
You Know What  
You’re Doing...  
and if you don’t you  
can figure it out

By Deborah H. Anderson



END OF ADOLESCENCE.

“Turn your wheels to the right” he said as I descended backwards toward the Sound. I tried not to think about that scene where Ashley Judd smashes the car off the end of the ferry to escape , I think it’s Tommy Lee Jones, in ‘Double Jeopardy’.

‘More’, he said. ‘Stop! Turn to the left. Your wheels are up against the curve.’

I could feel the weight of my family friendly van pulling me backwards against my straining brakes. I prayed prayers I don’t remember now. They had to do with being able to get through the window and not freeze to death in the night waters. I suppose more prudent prayers would have been about making the turn.

“I’ve got her’ spoke the young female deck hand. ‘Let me finish this. I can do it.’ Ah...praise God. The female bonding experience born of an understanding of what terror looks like in a woman’s eyes. See, guys, women acknowledge the fear and do it anyway. You guys just will yourself into success. We have to maneuver ourselves into it.

Actually the female deck hand was the first one to deliver the bad news.

“We were told you were Vashon. You’re plugged by Southworth. We can’t call them all back to their cars, so we’re going to back you down the ramp after we dock. It’ll be OK.”

Well...it wasn’t. But make it I did thanks to two deck hands working together and my trust in their expertise.

Parenting is like backing your van down the ferry ramp towards icy waters with only a net fence behind you, relying on the expertise of others when your sideview mirrors won’t go down low enough and you’ve never done it before and if you don’t succeed your either teetering toward imminent death or drowning.

That explains the first third of my new parenting lecture now, and workshop or parenting party later if you like. Someday it will be a book which Adrienne asked for and Audrey will encourage the writing of, but not read because she thinks – well thought – that parenting books would mess up her instincts. They are both right.

The first third of “Of COURSE You Know What You’re Doing...and if you don’t you can figure it out’ is about the metaphors that will help you to find The Quick Fix when that’s what you want in a parenting situation. For example, learning that sometimes your child or teen is a stroke victim and sometimes they’re a foreign language student and sometimes you’re a tour guide and sometimes you’re a drill sergeant and learning when to use what. This is very important. ALL OF THIS STUFF APPLIES TO ALL PARENTS OF BOTH TYPICAL AND SPECIAL NEEDS KIDS FROM PREGNANCY THROUGH THE

The second third, reminds me of the battle of continually teaching children and teens about sleep, it’s necessity, it’s effect, and the process of slipping into it. Brain science, developmental issues and physical development all play a crucial part. Sometimes you need to look at or review The Educated Fix. For you as a parent, understanding, no...rather remembering, that you are a person, too, with needs and notions is helpful during this kind of fix as well.

And then there is that moment in your parenting when you think to yourself, ‘Ohmygosh! I given birth to Uncle Charlie, or Aunt Levinia...the curse continues!!’ and you’re wanting to break the cycles in the next generation that have bound you or weighed you down and you’re taking a look at The Enduring Fix. That’s the third part of the lecture.

All of this will be presented at the Vashon Land Trust on Saturday 9 March from 6-7:30 PM. It’s coordinated with the childcare option at Playspace if you are parents of young ones who need looking after. Come if you are parents of teens, toddlers, the autistic or physically challenged or anything and anyone in between, or just pregnant and want to consider what the long haul looks like since after twenty one hours of labour you will have this little person looking up at you that is expecting you know more about this being alive thing than he or she does.

It’s cheap. \$15 for singles and \$25 for couples and if you can’t afford it, come anyway because parenting can feel more confident and you are parents who want the best for your children and teens. Come if you’ve taken every course there is to take and come if you’ve never cracked a book. Come if you feel totally on top of everything and come if you feel like they buried you a year ago and you’re just faking being a parent.

I guarantee as the mother of four, two birth and two older adopted, and the child of a pretty typical dysfunctional family with lots of fun memories and times of stress all around, happily married for 23 years...well 19... and divorced for 18, a pre school teacher, youth minister, and now a grandmother and still working with parents in their homes to increase their family pleasures, I’ve seen it all, experienced most of it, and still have a smile on my face and would do it all over again.

If you have questions please write to me at dha@LGCmin.com. I’d love to share more.

Bring your questions, bring your ideas, bring an open mind ready to leave with a happier heart.

Love,  
Deborah



Save the date!!

**March 9th 6-7:30 PM** at the Land Trust : Second Saturday Lecture “Of COURSE You Know What You’re Doing...and if you don’t you can figure it out!” The Parenting class for all ages and stages of parenting from pregnancy through adolescence. Come find out how to choose The Easy Fix, The Educated Fix, or the Enduring Fix. Personalize your parenting and fortify your confidence as you develop a stronger more positive relationship with the children in your family.

**Sunday 10 March 1:30 PM** Vashon Theatre. Free Family Film Series ...the original ‘Footloose” . Come dance in the aisles like nobody was watching!and a few laughs thrown in.”

MPD Project Relocates

Continued from Page 1

a situation that overcomes the performance artist’s high expense- low income cycle.

In September, 2011, Haas’s dwelling took to the road, and has travelled from Urbana to audiences in Chicago, Detroit, Tennessee, Kentucky, and Texas. Haas’ exterior is complete; she is still working on its interior. Islander Dave Singer, Aldrich’s high school classmate and self-taught carpenter who resides on Vashon, was an integral actor in the first steps of the prototype’s build. He travelled to Urbana and worked a week of 12-hour days under Illinois’ punishing sun, instructing the co-founders and local volunteers on build techniques, and consulting on design choices. The cofounders believe that his week of work on the project proved more helpful than three months of advice received from a local architectural designer and professor.

Aldrich’s dwelling is affectionately named “Foxy”, after her favorite flower, Foxglove. Aldrich bought Foxy’s materials in the Midwest, where EcoDance began. Her travel trailer was built in Missouri, her SIPs (structurally integrated panels) in Illinois. Foxy’s build started on Vashon island last September, when Aldrich returned to her hometown to establish a home-base. This January, 2013, Foxy relocated to Open Space for Arts and Community on Vashon after Aldrich worked for a year under a tarp tent in the woods.

Steel fabricator and metal artist, islander Randy Kirk, is helping Aldrich with the remaining steps of her MPD prototype. His expertise in custom design and structural fabrication works well with an MPD. Kirk decided to donate his skills because he admired Aldrich’s attitude “She took on a crazy project and an improvisational process she had never done before, had no experience in. I liked that.” The customized and ambitious build reminded him of work he did (and now misses) for employer, David

Gulassa, a Vashon islander now deceased. David, founder of Gulassa and Co., was a designer who built high-end customized homes and buildings for the Northwest’s most affluent. Kirk and Aldrich are aiming to complete Aldrich’s prototype with livable/ workable space, indoor/outdoor space, mobility agility, eco-friendly construction and operation, and aesthetic beauty that departs from the standard RV’s racing stripe exterior.

Once Foxy is completed, Aldrich begins the second stage of the EcoDance mission – she will activate her artist commerce model. Aldrich will present her choreographies in her MPD during gallery hours, guerilla events, and regional residencies. For gallery hours, the MPD is set up just like an art gallery, with designated business hours. During that time, Aldrich and Incite Company, her dance company, will perform – similar to art hanging on walls for public view, live performances will be viewable on the stage (and unlike a gallery, an MPD gallery is mobile). Dance will happen, and then Foxy will fold up and drive away.

EcoDance addresses the artistic individual’s age-old problem: How to balance creative freedom and financial sustainability. Cofounders believe that creativity is our natural state of being, and this fragile state is too easily regulated and exploited in social climates of industry and economy. Alternatives such as EcoDance’s artist commerce model can make an enormous impact on the health and creative force of creative individuals like professional performance artists, and thus the communities that they serve. By providing individual artists with the power to afford basic needs for healthy living and artistic production, EcoDance expands an artist’s options for performance production, and places the power in the creative hands of the artist rather than in the industrious pocket book of the capitalist.

The Road To Resilience

Continued from Page 1

have provided.

Local energy production is also now a reality. State incentives to encourage renewable energy investment have facilitated the installation of our first community solar array by Vashon Solar LLC. The first phase of the project, a 9 kw installation, is online and is predominantly owned by Vashon investors. The second phase could be as large as 31 kw depending on how fully it gets funded. That is where all the rest of us come in. If you are like me, you have considered the possibility of installing photovoltaic solar on your home. The two biggest obstacles are cost and suitability. PV solar is expensive and, if you have trees around your home, you may not get enough sun to warrant the investment. Investing in Vashon Solar LLC allows you to reap energy savings as if the array was located on you own home, but for a lot less money. As a Community Solar project, Vashon Solar LLC gets state incentives and savings that a private owner would not qualify for. Additional savings come from the fact that you don’t have to apply for the permits or exclusively own all the peripheral equipment you would need to process that electricity and divert it to the grid. That is a fixed cost that you would have to pay even with a very small system. That cost is shared by all the investors in this project. Thirdly, you don’t have to worry about maintenance. Owning a share of this project would entitle you to your share of the revenue from power sales to Puget Sound Energy.

A single share in this project is \$5000. If you are like me, you don’t have \$5000 to spare. You can own part of a share by bundling your money with friends.

Five people could put up \$1000 apiece, ten, \$500 apiece, and so on. The only caveat is that the dividend would have to go to one individual in your group who would then be responsible for dividing it amongst your group.

The final deadline for investment is March 31. This is an investment in a clean future, and in the resilience of your community. This is real transition in action and you should seriously consider it! You can get all the details for this proposal and questions answered by contacting Gib Dammann, gibd@VashonSolar.com, or 206 919 3546.

Comments? terry@vashonloop.com

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# Clinton Fearon



Always a crowd pleaser on Vashon Island, Clinton Fearon & The Boogie Brown Band is coming back to the Red Bicycle for a performance of his roots reggae music this Saturday night. If you like roots reggae, this is a show you won't want to miss. Clinton Fearon has quickly won the hearts of many an Islander and will pack the dance floor with happy feet. Clinton Fearon is counted among Jamaica's most talented musicians by peers and professionals in the Reggae music industry. His infectious bass riffs have always led the way, whether he is playing bass, guitar or percussion,

singing lead vocals or providing background harmonies. The show begins at 9pm, the cover is \$10.00 and it is an all-ages event 'til 11pm, 21+ after that. The Red Bike has experienced sold-out shows with Clinton in the past and anticipates the same for this one, so it's highly advised that people buy tickets in advance by calling 463-5959 or by purchasing them in person at the Bike. Saturday, March 2nd, 9:m. This is a free cover all-ages show 'til 11pm, then 21+ after that. At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

# Circus Finelli's Music Fun Time

Come out Saturday March 2 for an interactive music party for children and families. Comedy duo Luz Gaxiola and Molly Shannon of Circus Finelli present music in several languages, on accordion and ukulele. Opportunity will be given for audience members to play along and get in on the fun. Circus Finelli combines music, circus, and comedy to create bright and dynamic performances. The duo recently relocated to Vashon from San Francisco to create new work for international touring. Where: Vashon Island Cohousing When: Saturday March 2 Showtime: 2:30 pm Tickets: \$5-10 sliding scale, no one turned away for lack of funds Info: circusfinelli.com



# Spotlights First Friday

Join The Spotlights Danny Cadman, Lauren Sinner, Scotty Johnson with Steve Amsden and Matt Eggleston for a great night of classic rock & roll songs. At Sporty's, Friday March 1, 8pm



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Where the locals go!

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# Women in Jazz: Jewell Jazz Quartet

By Janice Randall

Extraordinarily versatile, jazz singer Cheryl Jewell captivates audiences with her pure tone and soulful interpretations of jazz standards, including "My Blue Heaven," "Cry me a River," and for St. Paddy's Day, she sings her favorite rendition of "Danny Boy." Joining Jewell, hear top Seattle studio musicians: pianist Darin Clendenin, bassist Chuck Kistler and drummer Milo Petersen. Her recent recording session at KPLU had callers asking for more.

As a child, Cheryl Jewell spent hours listening to big band recordings and solo artists including Nancy Wilson and Barbara Streisand. She studied and emulated nuances and intonations to develop her own dynamic, elegant style. "Singing has always been my first love, from the time I was three or four years old," says Jewell.

From her Seattle home, Jewell moved to Chicago and Detroit to study the blues. From there she lit up the LA pop and rock music scene. Gaining experience and notoriety through multiple television performances, and touring nationally with several bands, she continued to hone her musical chops. With her various bands, she opened for the likes of Leon Russell, Edgar Winter, Jerry Lee Lewis, Don McLean and others. Lou Rawls said, "She has the voice of an angel."



Returning to her beloved Northwest in 2002, Jewell rediscovered her first love - jazz. "I've had such a diverse experience in music that it's prepared me for this moment in jazz," says Jewell, "Jazz gave me a foundation to truly sing as a singer's singer." - by Janice

Randall Women in Jazz Jewell Jazz Quartet Saturday, March 16, 7:30 pm Tickets: \$18/\$22 Includes complimentary wine & desserts VAA, Heron's Nest, www.VashonAlliedArts.org

# The Ides of march Comedy Show – Headliner: Owen Straw

Beware! Comedy Night Returns on the Ides of March. The Ides of March really just means March 15th. It gained infamy in 44 B.C. when Julius Caesar was assassinated by Mitch McConnell. The unintended consequence of Caesar's murder (meant to reestablish the senate as the primary executive branch of the government) was an even stronger consolidation of power in the executive branch and the ascendancy of Octavian, the first Roman Emperor. Take that, Senator-murderers.

Isn't Life kind of like that? You kill a guy for a seemingly good reason and then something bad happens? Like, maybe someone steals your car or you go to jail. Now, think about how hard February sucks. Think about how cold and wet you are and when its all over, what happens? March! March sucks too. Its basically the same thing as February, but longer. There's nothing we can do about it; the earth is simply too big for humans to maneuver it so that the northern hemisphere always tilts toward the sun. So what can we do? We can gather in public spaces and listen to funny people. Join us for the upcoming Comedy Night, where terrified newcomers, seasoned



locals and professional comedians are thrown together into a mix as unpredictable as the weather in a place where the weather is unpredictable. Each show is headlined by a professional comedian honed into fighting shape by the relentless grind of touring the country and telling the same jokes over and over until they are ripe. Come on down and get a first look at next year's up-and-comers and today's Pros and get some of that ripe comedy juice all over your face. Napkins, dinner and drink available during the show. The headliner for this show is none other than Owen Straw... no stranger to Vashon, he has performed at the Red Bike once before and is excited to be back. Emerging from the burgeoning Seattle stand-up comedy scene, Owen Straw's

comedic style of absurdist literalism has been capturing the hearts of audiences for years. Bringing a unique energy and deceptive intelligence to his bizarre jokes, Straw's act weaves from quick one liners to real life stories about failure and heartbreak and sometimes a sing-a-long. Owen Straw has won championships in pizza eating and semi-professional wrestling, released several punk rock records, created the World Extreme Pencil Fighting Championships, and appeared in movies and television, including the Daytime Emmy winning PBS series BizKid\$. Also on the bill are local comedians Jim Farrell, Per Lars Blomgren, Erik Lundeen and Mark Johnston. Cover charge is \$7, and the show starts at 8pm, but show up early and get a seat, because it is always packed! (Also note, that children may be altered in unknown ways as a result of exposure to Comedy Night. If you feel they need to be altered, you may want to bring them. Just sign the liability release at the door.) See you then and there. Saturday, March 15, 8pm. \$7 Cover



# Dancing @ Nirvana!

Back by popular demand, dancing at Nirvana with DJ Cotton Candy spinning Top 40, Hip Hop and Funk on Saturday, March 2 from 9PM until 12AM. There is no cover charge.

DJ Cotton Candy, aka Donna Pluta from Seattle, has been music obsessed since the first day that MTV was available on her cable listings in her hometown of Holyoke, Massachusetts.

Donna’s parents and her big brothers had a pretty great vinyl collection with everything from Santana to Van Halen to XTC. Her brother Tony, a.k.a. Cricket, was a DJ at the local college radio station; and Tommy played drums, and then bass, in The Sighs who signed to a major label and recorded three albums.

As a dancer taking class since the age of 3, Donna gravitated towards hip hop and then electronic music and the parties where people danced all night into the morning.

Always wanting to create, Donna was making mix-tapes galore and the



obvious next step was to learn to DJ. Encouraged by a great community of artists and friends in Portland, Oregon, she put the needle on the record and never looked back. Now living in Seattle, where the music scene is legendary, she is still committed finding music that inspires her every day and sharing that with as many people as possible.

DJ Cotton Candy hosts a dance party called Candylandia at The Benbow Room in West Seattle on the 2nd Saturday of each month.

## VAA Family Series Bill Harley

*Continued from Page 1*

but gratifying, too. I think good material ought to work on a couple of different levels – something for each segment of the audience I work with. At the heart of it is an effort to honor the emotional lives of people in a family and show it in a way that everybody can see and relate to. I love the notion that all people can be entertained together. There are times when I look out in the audience and see that we’re all sharing in something together, and I’m the catalyst for that. It is very rewarding.”

Tickets for VAA Family Series with Bill Harley, Sunday, March 3, 1:30 pm, are only \$5 kids, \$8 adults and are available now at VAA, Heron’s Nest, VashonAlliedArts.org or by phone 463.5131.

Dedicated to fostering accessible arts experiences for all ages, Vashon Allied Arts is joined in this commitment by lead sponsor Vashon Rotary Foundation with additional support from Goforth Gill Architects and Vashon Thriftway.

**Vashon’s Yellow Pages on line.  
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www.VashonPages.com**

Kronos, Palouse Winery, Pandora’s Box, Northwest Sport, Frame of Mind, Country Store, LS Cedar, Vashon Business Info  
www.VashonPages.com

## Free Range Folk Choir

The Free Range Folk Choir will be presenting a Concert at 7pm on Saturday, March 9th at the Vashon Methodist Church (17928 Vashon Highway SW). Come enjoy the harmonies of a cappella choral music from around the world. This concert will include folk songs from Mexico, South Africa, Macedonia, Republic of Georgia and the US. As always, admission is free; donations in support of the event are welcome. We hope to see you there!

For more details, please visit: FreeRangeFolkChoir.blogspot.com



## Adopt A Cat Day!

**Vashon Island Pet Protectors**

**Saturdays 11:30-2:30**

Our VIPP Shelter is open for adoptions every Saturday. Visit our website [www.vipp.org](http://www.vipp.org) for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085

## Get In The Loop

Send in your Art, Event, Meeting Music or Show information or Article and get included in The Vashon Loop.

Send To: [Editor@vashonloop.com](mailto:Editor@vashonloop.com)

# VHS Musical In the Heights

The 2008 Tony Award winner for Best Musical, and 2009 Pulitzer Prize winner for Drama, In the Heights, has been selected for this year’s VHS musical theatre production. A unique blend of traditional Broadway fare, rap and salsa, the show, as one of its lyrics says, “lights up the night sky.”

The show is set in the Washington Heights area of New York, a Latino barrio, with Dominican, Puerto Rican and Cuban residents. The New York Times theatre critic Christopher Isherwood wrote: As you watch ‘Usnavi’ bound jubilantly across the stage, tossing out the rhymed verse currently known as rap like fistfuls of flowers, you might find yourself imagining that this young man is music personified - a sprightly new Harold Hill from the barrio, where this sweet, sentimental musical is set... when this musical erupts in one of its expressions of collective joy, the energy it gives off could light up the George Washington bridge for a year or two.’

Probably the most challenging show VHS Drama has undertaken since Chicago in 2007, the story centers around Usnavi, the owner of a small bodega, Nina, the daughter of the Rosarios, Vanessa, a hairdresser, Abuela Claudia, everyone’s unofficial grandmother, and Benny, who works for Nina’s father. Usnavi dreams of selling the bodega and going to the Dominican Republic, the home of his late parents. He also secretly is in love with Vanessa (in one of the songs, the other women in the beauty salon say to her, “haven’t you noticed you get all your coffee for free?”) Nina has returned to New York from California. The one who “made it out” of the barrio and got into Stanford, she has dropped out of school. Nina hasn’t told her parents, who spent their life savings so she could attend college. Benny, a dispatcher for the Rosario taxi service, is in love with Nina.

In the end, the show is all about how a person defines “home.” Is home



Emma Hennessey as Nina (left) and Luke Webster as Benny (right)

where your parents came from when they immigrated to the United States, but a place you’ve never seen? Is home the barrio? Is home a place you can only dream of?

Stephen Floyd and Susan Hanson are co-directing and producing the show. Maggie Laird is the musical director, and Sarah Seder is the choreographer. The show opens on March 8th and runs for three weekends, closing on Sunday, March 24th. Evening performance tickets: Adults \$20/Students & Seniors \$15. Sunday matinee tickets: all seats \$12. The first Saturday, March 9th, is a benefit for the Junior Class, all seats \$20 (includes a dessert buffet and silent auction). The second Saturday, March 16th, is ‘Rotary Night,’ all seats \$20 (a portion of the proceeds benefits Rotary service projects). Friday and Saturday performances are at 7:30 pm. Sunday matinees are at 2:00 pm. Tickets at the Vashon Bookshop, VHS office and at the door.

## Keaton Collective

Keaton Collective is a band that brings new life to rock & roll, country and dance music. The musicians of Keaton Collective are a product of what was originally a DIY label consisting of three bands. From the start they’ve produced their own albums and set out to create something new. Their three self released albums and one EP showcase a diversity in harmonies, melodies and instrumentation across the spectrum of rock & roll. In the past few years they were named “Best Live Band” by What’s Up! Magazine Readers in 2010, played the Summer Meltdown Festival and shared the stage with bands like Cursive, The Head & The Heart, Tokyo Police Club, Los Campesinos!, Pickwick, and Kay Kay & His Weathered Underground. “Keaton is able to produce a record that has undeniable rock undertones, but is at the same time sort of mellow. I’m not sure how they came up with it, but they’re just perfect...one of the PNW’s best kept secrets” – SSG Music

“Intricately strummed guitar rock with vocal harmonies that can carry



you away. With the members’ varied backgrounds, the band can sound like Pavement one moment and Neil Young & Crazy Horse the next” – KEXP

“I’ve been banging on about Keaton Collective for a few years now, but I am still waiting for the rest of the world to wake up and listen... still the country’s best unsigned band” – Stranded In Stereo

Saturday, March 8nd, 9pm. This is a free cover all-ages show ‘til 11pm, then 21+ after that.

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Deadline for the next edition of *The Loop* is  
**Friday, March 8**



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*Ina May Gaskin and the Farm Midwives,” will show at the Vashon Theatre, Tuesday, March 5th at 6 PM.*

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**Call for Times**

For show times and info check [www.vashontheatre.com](http://www.vashontheatre.com)

Deadline for the next edition of *The Loop* is **Friday, March 8**

**Loopy Laffs**

**LOGJAM**

  
BY Jeff Hawley

HERE COMES THE MIGHTY HERO SUPER SPLINTER TO VANQUISH THE EVIL TRUNXILLA THE MONSTER TREE!



logjamcomic.blogspot.com

  
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**V.I.P.S.** I get to experience all this great art right here on the Island!!  
Thanks for talking me into attending FIRST FRIDAY!!  
Look at this NEO-SCULPTURE... clearly a collection of found objects depicting Man's place on the planet!

WOW! It's a COLLAGE that shows the DOMINANT LEGACY. It works!  
Everything - comes together!

...if you like this, there's another pile of recycling on the corner!



DEE

BUT IN THE ENSUING FRAY, SUPER SPLINTER COMES DANGEROUSLY CLOSE TO GETTING SAP ON HIS NICE, NEW CAPE!



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NO WORRIES! -- SUPER SPLINTER SPRINGS INTO ACTION AND "TONKAS" THE HAPLESS TRUNXILLA INTO OBLIVION!!



HAWLEY