



VASHON

# THE LOOP

Vol. 10, #7

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March 28, 2013

## VAA Family Series: Caspar Babypants



By Janice Randall

Music and more awaits Island families in this delightful VAA Series of five performances November 2012-April 2013. Dedicated to fostering accessible arts experiences for all ages, Vashon Allied Arts is joined in this commitment by lead sponsor Vashon Rotary Foundation with additional support from Goforth Gill Architects and Vashon Thriftway.

Caspar Babypants, AKA Seattle rocker Chris Ballew, lead singer of two time Grammy-nominated alt/rock band

the Presidents of the United States of America, returns to Vashon for an encore performance. His brand of kindie rock offers upbeat, lively and entertaining music from latest album "I Found You!" (released in December, 2012). Billed as 'simple good time sing along music for kids and parents to enjoy together,' Ballew says, "This music is in my soul." Catchy and creative, Ballew finds the sweet spot sound for both kids and parents. Wear your dancing shoes!

Sunday, April 7, 1:30 pm at Vashon Allied Arts.

## Vashon 1885: The Early Settlers



Julia Sherman with children Scott, Wes and Charlotte - 1916

By Verna Everitt

Vashon-Maury Island Heritage Association will be presenting a new historical exhibit, "Vashon 1885: The Early Settlers", opening on First Friday, April 5th, at 6:00 pm. The exhibit traces the story of Vashon's pioneer families and their descendants who continue to reside on Vashon today.

Curator, Jessica Dewire with the help of Laurie Tucker and Jean Findlay, collected photos, graphics, and historical artifacts from the original settler's descendants. The descendants of the 1885 families include the Shermans, Wards, Bibbins and Fullers. Also featured in the exhibit are the Hofmeister, Landers,

Anway, Snow, Livesley and Cristman families.

Now there is the opportunity to get an in-depth look at the lifestyles, the hardships and the rewards, of the pioneers, their children and their children's children, as they evolved and grew to the men and women we know today.

The exhibit will run through the summer, closing on October 20. Museum hours are 1:00pm - 4:00pm Wednesday through Sunday.

For more information contact Vashon-Maury Island Heritage Association at 206.463.7808 or email [admin@vashonheritage.org](mailto:admin@vashonheritage.org).

## Road to Resilience Mimesis

My writings here these past couple years are nothing novel: mostly just reflections of writings that have come my way that have helped me understand what is going on. Many of these writings have come to me either directly or vicariously from my wife, the poet.

Our seeming powerlessness to change an out of control growth economy that relentlessly depletes our resources and pushes catastrophic climate change produces among us responses ranging from denial to despair; this is completely understandable. I've been trying to argue that our lifestyle and culture are inherently unsustainable and that change will happen whether we direct it or it directs us. The point of frustration is our inability to contemplate, much less begin adapting to, what is a virtual certainty. Lifestyle and culture are the boats that float us. Changing boats when there is no apparent boat to change to presents the predicament.

This predicament is captured beautifully in this quote by poet Joshua Corey in the introduction to an anthology of poetry, The Arcadia Project.

"For the present, we in North America continue to live on a precariously familiar Earth - to breathe more or less clean air, to swim in more or less clean waters, to picnic under oaks and maples in leaf, to

By Terry Sullivan, Transition Vashon

chase deer out of our gardens, to sort the recycling, to go for hikes on trails, to meditate in deserts, to eat fruit out of season, to wait in line at drivethrus, to listen to mash-ups on our ipods, to read avant-garde poetry on unrecycled paper, to sing the praises of green consumership on our blogs, to brag about our hybrid car's gas mileage, to buy clothes made in Bangladesh from Target, to dine at locavore vegan raw food restaurants, and to dress our babies in organic cotton onesies. We are living in Arcadia: that bubble riding atop the forces of history.... This arcadia is a virtual paradise: a phantasmagoria of commodities, an archive of sentimental objects called "trees," birds," and "landscapes" as obsolete and gnomically significant as books of stamps, electric typewriters, or Polaroid photographs. Behind our imperial Arcadia's gauzy curtains terrible things stand only half concealed - sweatshops, toxic dumps, depleted uranium, drone strikes, the violence administered by oil companies and other gigantic, seemingly unaccountable corporations - but we keep the curtains drawn, peeping only occasionally with prurient horrified interest at oil soaked pelicans and Spielbergian dioramas of

Continued on Page 7

## Spring Fling 2013!

By Jim Marsh

Another Island holiday tradition take place Saturday March 30th from 11am to 1pm at Ober Park!

The Vashon Merchant's Association, The Vashon Pharmacy and Chamber of Commerce present the 2013 Spring Fling Egg Hunt. EGGs, MUSIC, SPRING CRAFTS & A BUNNY!

Ober Park opens at 11:00 AM with music provided by DJ Trenton Sheppard. Bettie Edwards of the Little House will be set up for egg decorating (bring two hard boiled eggs per child if you want to participate) and Boo of The Vashon Tea Shop along with JR Crawford of JR Crawford fame, will be once again be set up to make funky fun spring bonne. At 11:00 AM everyone's favorite BIG BUNNY will appear in front of the Vashon

Continued on Page 9



Easter Bunny with Jordan Schlosser

## Island Wide Recycling Event

Materials include:

- All Appliances, Refrigerators
- Any Scrap Metal
- Metal Furniture
- Monitors & TVs
- All Electronics
- Computers & Stereos
- Car Batteries
- Light or Heavy Machinery
- Electric Motors
- Used Toner & Ink Cartridges
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Saturday, March 30th  
9:30am - 3:30pm

WHERE: Vashon Plaza  
across from the post office  
INFO: 463-9328

Brought to you by:  
Lee Ockinga [www.S4SVashon.org](http://www.S4SVashon.org)  
Hilary Emmer Dental Van supporter.  
In partnership with Friendly Earth  
Donations for the Children's Dental Van

\$5 - car • \$10 - truck  
\$15 - large load. Donations from the recycling program helps pay for the Dental Van to come to the Island.



## RENT VS. PURCHASING..

The Vashon real estate market is more affordable than ever with today's low property values and record low interest rates. Now is the time to make a home for yourself or purchase an investment property.

**Rental:** a typical rental cost ranges between \$1,100 to \$1,600, size, amenities, location dependent.

**Purchasing:** There are costs and fees to purchasing a home, but once those costs are completed, there are regular, monthly costs that are as manageable, if not more manageable, than a rental.

**EXAMPLE:** If you purchase a \$250,000 home with a 15% down payment, financed by a loan with a 3.75% interest rate, your approximate monthly payment of principal and interest would be around \$981.50. If you structure your payments to include monthly portions of property taxes and mortgage insurance, that payment will be bumped up to approximately \$1,250 per month. \*\*

Of course, homeowners shoulder more day-to-day costs of maintenance and utilities. But the payoff is: when you sell your house, you get a good portion of that amount back. When you rent, you don't--you pay off your landlord's mortgage, and when they sell their investment property, they get a good portion of your money back.

Call a Windermere agent to learn more about the home buying process.

\*\* (Prop. tax (est.) \$2,400/yr, Insurance (est.) \$840/yr - mortgage insurance may be required. Rates in this example are not guaranteed rate quotes, used only for sample purposes. Contact Licensed mortgage professional for accurate rates, fees & APR)

**Your Windermere Team:**

Dick Bianchi	JR Crawford	Beth de Groen	Denise Katz
Linda Bianchi	Connie Cunningham	Rose Edgcombe	Kathleen Rindge
Heather Brynn	Cheryl Dalton	Paul Helsby	Sophia Stendahl
Sue Carette	Nancy Davidson	Julie Hempton	Deborah Teagardin

**www.WINDERMEREVASHON.COM**

206-463-9148 vashon@windermere.com

WindermereVashon

**Typical Rent:**

**\$1,100-\$1,600**

**Buy \$250,000**

**\$1,250/mo\***

\*see example

## Got grass... Easter grass that is!

Hop on in for our last minute Easter selections.



## Granny's Attic Thrift Shop

Granny's is located at Sunrise Ridge  
10030 SW 210th st, Vashon Island  
206-463-3161  
[www.grannysattic.org](http://www.grannysattic.org)

**Retail Hours:** Tues/Thurs/Sat 10-5  
**Donations Hours:** 7 days a Week! 8-4pm



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9925 178th Ave. SW [www.vashonislandbicycles.com](http://www.vashonislandbicycles.com)

## Adopt A Cat Day!

Vashon Island Pet Protectors

**Saturdays 11:30-2:30**

Our VIPP Shelter is open for adoptions every Saturday. Visit our website [www.vipp.org](http://www.vipp.org) for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085

## Rick's

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Sunday - Thursday  
Bistro & Sushi service  
11:30am to 9pm  
Lounge is Open  
11:30am to midnight

Friday & Saturday  
Bistro & Sushi service  
11:30am to 10pm  
Lounge is Open  
11:30am to 2am

**Live Entertainment**  
**March 30, 8:30pm**  
**The Garth Reeves Band**

**April 5, 8:30pm**  
**The Ganges River Band**

**April 13, 9pm**  
**Publish The Quest**

**April 19, 9pm**  
**Strange Jerome**



## SMILE!

## April is Dental Month

Get a 10% Discount on dental procedures and supplies, including TD & DH Diets, C.E.T. HEXtra Chews, toothbrushes, toothpaste, etc.

**Call for an appointment**  
**206-463-3607**

## Fair Isle Animal Clinic

## Compost the Loop

The Loop's soy-based ink is good for composting.

## WET WHISKERS GROOMING SALON

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# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

## Vashon Island Pet Protectors Spring Bake Sale

Between Thriftway and True Value Sat. April 13th 9a.m.-1p.m.  
Stop by to purchase an array of goodies baked by some of the Island's best bakers. If you would like to contribute please drop off your tightly wrapped & labeled goodies after 8:30 the morning of the 13th. For more information please call Victoria 463-5381.

## Vashon Solar LLC Open House at the Harbor School

Come learn about Solar Power on Vashon and see what is new! See the community solar installation at the Harbor School. Saturday March 30, 10am to 2pm. Learn more about Vashon solar LLC come to the event or visit [www.vashonsolarllc.com](http://www.vashonsolarllc.com)  
Harbor School is located at 15920 Vashon Hwy SW

## Guest Bartender Nights at The Hardware Store

Once or twice a month, a charity will be featured for Guest Bartender Night at the Hardware Store restaurant. Ten percent of the specialty drink sales will go to the charity. Donation jars will be set up around the bar, and restaurant checks will include an opportunity to write in an amount to go to the charity that patrons can charge to their credit cards. The Hardware Store also makes a financial contribution to the organization. In addition to the allure of the 'celebrity bartender,' some charities will take the opportunity to sell their merchandise or hold a raffle as ways to leverage the event's potential.  
Guest Bartender Night will benefit Vashon Youth & Family Services. Thursday March 28, 6-9pm

## Missing dog Near Town

Missing dog last seen near Ober park/Library  
Professor is a light reddish tan corgi mix - just below knee high and around 35 pounds. (his owner posted a picture in the photos file here under Robin)  
He disappeared around 2 am. 3/27 (last night) from Ober Park and had been ill shortly before he went missing.  
Please keep an eye out and call VIPP at 755-3981 or his owner at 463-0897

## Sci-Fi Saturday

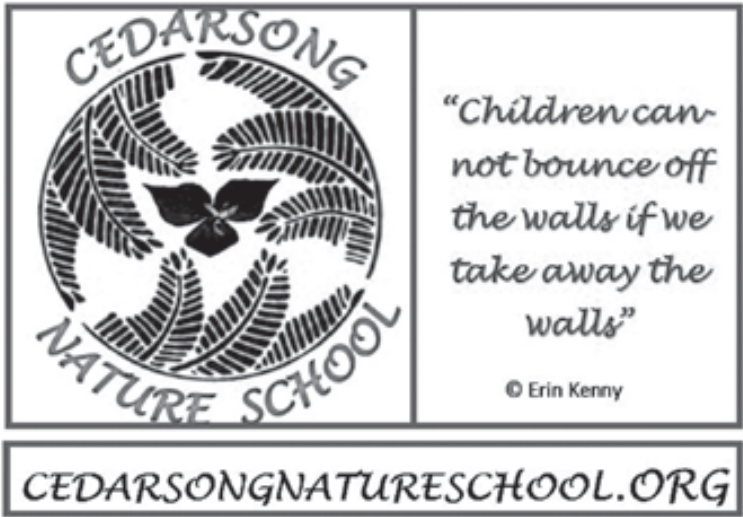
For April 6 Sci-Fi Saturday will air, "Mars Attacks". Show time 1:30pm  
A donation will be taken at the box office and food doantions are taken inside the theatre.  
Please, come and have a good time.  
This is for The Chicken Soup Brigade so bring your donations to the box office and I'll see you inside!Where: The Island Theatre.  
See you at the theatre!

## Water District 19's next regular Board Meeting

This email is being sent to you to notify you that Water District 19's next regular Board Meeting is scheduled for Tuesday, April 9, 2013 at 4:30 PM here at the district office board room.

## Green Party's monthly meeting

The Vashon-Maury Island Green Party's monthly meeting (second Tuesday of each month) will be at Joy Goldstein's home. Other interested progressives always welcome!  
DATE: Tuesday, April 2, 7-9pm  
LOCATION: 10329 SW Bank Road, Vashon  
DIRECTIONS: From Vashon center, go west on SW Bank Road 0.3 miles. Joy's home is on the south side. Park along Bank Road.  
Major Topics:  
1) Vashon Governance.  
2) Transition Vashon/Study Group.  
3) Climate Change.  
4) Health Care for All.  
Questions: Melvin Mackey, Secretary, (206) 463-3468



## Next Edition of The Loop Comes out Thursday, April 11

Deadline for the next edition of *The Loop*  
Friday, April 5

## Vashon Social Dance Group

Vashon Social Dance Group & Lesson Information  
Saturday April 6, 2013 at Ober Park Performance Hall  
17130 Vashon Hwy SW 98070  
6:00 - 7:30 PM Intro to Nightclub 2-step (Suggested Donation \$15 for Instructor & Future hall rental)  
Get the basic feel and some of the classic turns under your belt and into your feet. Working from a Quick Quick Slow rhythm, this dance is dreamy and oh-so-romantic. It's also a common dance style in many venues, so you'll want to have it in your repertoire.  
Instructors: Lilli Ann & Claire Carey with Dance For Joy.  
7:30 - 9:30 PM Dance to an eclectic selection of music - deejays: Lilli Ann and Candy  
Come alone or bring a friend. No partner needed, we rotate often which encourages many dance partners throughout the evening.

## Robert "Pops" Joe Sutton

Robert Joe Sutton of Vashon Island, Washington suffered a severe stroke on March 5, 2013 and entered into rest on March 9th, 2013. Robert was born February 22, 1952 in Toppenish, Washington. He was raised in Salt Lake City, Utah and returned to Washington in the Seattle area as a young husband and father at the age of 33. He landed on Vashon in 1986 where he lived the remainder of his life. Robert proudly served our country in the Vietnam War from 1970 to 1971 as a member of the Army. Robert was a devoted father of four. He had a passion for camping, fishing, photography; collecting and listening to music which he shared with his children.

He is survived by his ex-wife, Dorothy Sutton; children Terry VanderWaal, Susanna Molina, Elmer Sutton and Christopher Sutton; his mother, Alberta Sutton; Siblings, Mary, Larry, Don, Allen, Clarence, Winona, and Dianne; grandchildren, David Lynch, Mariela Hernandez, Lincoln Molina, Evan Bacon, Kilah Rae Bacon, Dillon Sutton, and Isaac Sutton; niece, Randi Richards Elliot.

Robert was fondly known to Islanders as, "Pops," as he was a father figure to most of his friends.

A family service for Robert was previously held. A future memorial gathering in his honor will be announced.

If you would like to help assist the family, contributions can be made to the Robert Sutton Memorial Fund at Chase Bank.

Please visit our online guestbook at [www.islandfuneral.com](http://www.islandfuneral.com)



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We reserve the right to edit or not even print stuff.



# The Metaphor of Spring

By Mike Ivaska

As the spring weather wrestles its way in, life all over the island begins again. Despite the cold, we head out to enjoy the sunshine (when we can get it). Our mornings arrive with the sounds of birds in the trees. The bright color of fresh cut flowers greets us as we enter the grocery store. Indeed, warm or cold, spring is here!

Easter came early this year - a holiday which usually graces the month of April, and which often coincides with Spring Break, arrived on March 31st. Culturally, Easter is a celebration of spring. Eggs and bunnies remind us of the new life all around us. Flowers, fresh cut grass, “spring fever,” newborn baby animals, and many other things remind us of the fresh and youthful side of life, and Easter can be a celebration of these things. In fact, the holiday’s roots go back to pagan fertility festivals, particularly the festival of the goddess Ishtar (from which the holiday derives its name).

In many ancient religions, certain gods and goddesses were “resurrected” on a yearly cycle, coinciding with the spring season. Every winter they would “die,” and every spring they would come back to life. In the New Testament, Jesus of Nazareth died on a Roman cross the day prior to the Jewish festival of Passover (which takes place in the spring) and rose from the grave the day after, on the “third day” according to Jewish reckoning. Jesus himself celebrated the Passover meal with his disciples a night early, instituting the simple memorial supper of bread and wine (or juice) which Christians variously refer to as the Lord’s Supper, Communion, the Eucharist, or simply the Table, and which the early church incorporated into a large potluck meal they called “agape,” which is Greek for “love.” As more and

more people from a pagan background joined the church, the timing of the Jewish Passover (which is not a renewal feast, but a commemoration of Israel’s deliverance from slavery in Egypt) and the significance of the springtime festivals’ theme of fertility and “new life,” made the association of Christ’s resurrection with a springtime festival a natural association. We can celebrate the “new life” of spring as a reminder of the New Life that Jesus has brought us.

Instead of the resurrection of some god or goddess serving as a metaphor for spring, the spring season now serves as a metaphor for the resurrection of the Son of God. The spring season means that winter, a season of darkness and “death,” is not the last word. On the other side of death, there is new life. When Jesus rose from the grave, he gave us the promise that death is not the last word. The last word is Life, and Hope, for all who accept the gift of his Love. The spring season ushers in warmth after a season of cold. When Jesus rose from the grave, he gave Life back to a world that had grown cold and dead in sin and selfishness. And he promises to breathe his Warmth into us when we come to him in faith. The spring season means the days are getting longer, and the light is shining brighter. Jesus said, “I am the light of the world. Whoever follows me will not walk in darkness but will have the light of life” (John 8:12).

Spring has become a metaphor for Jesus. The real points us to the More Real. No longer do various gods of our invention serve to point us to the rhythms of nature. Instead, the rhythms of nature point us to the once-for-all event of Jesus Christ. Easter has come. A new life has begun. Let me invite you to explore Jesus for yourself this spring. He invites you to new life today.

Mike Ivaska is Lead Pastor at Vashon Island Community Church, located on Cemetery Rd. across from McMurray Middle School and Chautauqua Elementary. He blogs (somewhat) regularly at [www.vicc4life.com/blog](http://www.vicc4life.com/blog). Service times at Vashon Island Community Church are every Sunday at 10am, and on the third Sunday of each month at 7pm. All are invited.

## Oreo Needs A Home...

Oreo is a darling four year-old miniature poodle. Sadly, his owner died and he needs a new home. Oreo often sat on his owners lap, or was held, so that is a requirement for this sweet little guy. He also loves his treats. He has settled quickly into foster care with other small dogs and cats and undoubtedly will adjust well to his permanent home. Not recommended for households with young children. VIPP requires a \$125.00 adoption fee.



Go To [www.vipp.org](http://www.vipp.org) Click on Adopt

## PANDORA'S BOX

Well, thank goodness spring is finally here!

Time for Fido’s annual bath.

Lots of new shampoos and cleansers.

Check out our new drop box  
for Food Bank and VIPP.

Bo’s Pick of the Week: New Evanger’s Against the Grain cat food. Yummy yummy. Available in all the spring colors.

(206) 463-3401

\$8 Nail trimming with no appointment

17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch



# Ethan Davis Receives 3rd Place at Regional “Math Is Cool” Competition

By Allison Reid

Harbor School 5th Grader Ethan Davis competed at the Regional “Math Is Cool” Competition on Friday, March 15, at Mt. Rainier High School, where he won 3rd Place in the Individual Competition (Division II). Approximately 450 students competed from the region.

Ethan will be going to the State “Math Is Cool” Competition in Moses Lake this coming May.

Math is Cool competitions include both individual and team events. Individual events include completion of open-ended and multiple choice problem sets. Team events include open-ended problem sets, relays, pressure rounds, mental math and college bowl rounds.



## Exciting news from Unforgettable Fire

We are excited to share some news about the events surrounding Unforgettable Fire LLC and the Kimberly stove project.

We would like to welcome Vanessa Kelly to our team; she is now our internet marketing guru and is responsible for our beautiful new website at [www.unforgettablefirellc.com](http://www.unforgettablefirellc.com) as well as our new face book page [www.facebook.com/pages/Unforgettable-Fire-LLC/185260271556366?fref=ts](http://www.facebook.com/pages/Unforgettable-Fire-LLC/185260271556366?fref=ts)

She and Sheila McGuffin have been carefully relieving me from the direct sales effort so that I can work on future models and accessories, My wife Bridget has taken the book keeping off my hands and is busy helping promote the product globally sending our press releases and news letters to a global community. We have also shaken many new hands in the Tiny House Community as well.

This morning we travel to the factory to run tests on our second stove, the Katydid, named for my Mother Katie Lehet. This second offering is expected to be less costly as a base unit but with more features built in than Kimberly and aimed at the mainstream housing market. This is an answer to what we have been asked for from numerous people who have come in contact with us. The Katydid will have a much simpler exterior design and “accessories to dress her up”. This is done so we can bring end cost down considerably. The internal air flow and three different flame fronts within the stove will give Katydid a stunning flame pattern cascading down the crystal clear glass door and a top glass for viewing the tertiary flame in the top of the stove. A built in heat exchanger will be added, room for hot water coils and a thermo electric generator in the rear of the stove all seem to be coming into play quite nicely.

We are being asked to make public appearances such as the Mother Earth News Fair this June 1&2 at the Puyallup Fair Grounds. We will teach a workshop

on off grid living and wood stove safety. We will also be at the Oregon Chapter of the National Chimney Sweep Guild May 2-5 in Bend Oregon, presenting on Gasification. The biggest news of course is our being selected as a finalist in the Alliance for Green Heat Wood Stove Decathlon hosted by Popular mechanics Magazine and scores of other prestigious groups and universities. This event as I am learning will be a colossal undertaking. Tons of equipment from all over the world will be flown in and set up in 15 hours. This is particularly curious to me as some of these systems are full blown masonry heaters. We will share more of what we learn as the venture progresses. For more information and to vote for your favorite finalist google 14 Bright Ideas for a Better Wood Stove

Read more: 14 Bright Ideas for a Better Wood Stove - Popular Mechanics

This is a chance to prove to senators and congress people who will have great impact on the future legislation of wood burning products that renewable energy can be clean. This comes at a time when many people will turn to wood when they cannot afford their current heating source. It is common for people to use poor equipment in inefficient manners when times get rough. The increase in air pollution and house fires are a direct result of this. We have an opportunity to curb this by bringing education to those needing to make the move to wood.

We have also been invited to talks with some business incubators, and had a meeting at the Seattle Chamber Of Commerce regarding opportunities to create local jobs. We are considering local manufacturing for a line of off grid accessories to go along with our stoves. By utilizing local shops to prototype and produce new products to go along with our stoves we can put local people to work producing green equipment aimed at helping people use less grid supplied energy.

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[ads@vashonloop.com](mailto:ads@vashonloop.com) or call (206) 925-3837  
Next Loop comes out April 11



# Island Life Field of Dreams

by Peter Ray

Last night at the Vashon Park District (VPD) commissioners meeting I had a couple people come up to me and express interest in what I might be writing here for this round of interpretive lip reading regarding the Great VPD Field Debacle. At the time I really had no idea what I was going to write- to tell the truth, I hadn't thought about it because I had a few other things on my mind. Luckily, there was this meeting, which most of you all missed. As it is, as they say, you can't make this stuff up, but it just keeps on coming, so here it goes.

Before we get into the meeting, there are a few things that first need to be clarified. I was originally going to title this piece Field of Fraud, but opted for a slightly less sensational spin. The reason for that bit of restrained excitement was because of a link provided in a recent email to a document from the Recreation and Conservation Office (RCO) of the State of Washington, addressed to VPD General Manager Elaine Ott regarding, what else, the VES field project. Much of the hubbub and rigamarole that has been made at many of these recent commissioner clown college symposia has been all about whether the conditions of project completion can be met by the re-imposed deadline of June 30th (mark your calendars). This date is duly noted in this RCO communiqué. There is also this quotation that I will quote directly:

‘The draft [state auditor] report states, “To receive the \$500,000 grant, the District was required to have \$628,876 in matching funds. In March [sic] 2009, the District signed the grant acceptance letter and certified that the matching funds were ready and available for the project.” The District did not have the matching funds on hand. The match certification form is part of the grant application and is submitted shortly before the Board awards the grants. The RCO issued the project agreement in August of 2009. Section 38- Application Representations- Misrepresentations or Inaccuracy or Breach- of the agreement makes it clear that misrepresentation or errors in the application may be considered a breach of the agreement.’

Since my Webster's says that “something said or done to deceive” is one of the definitions of fraud, then Field of Fraud sounds like it would not have been much of a stretch here, but we will leave the title as is, since we have so much more to touch on.

In spite of the sappy-ness, ‘Field of Dreams’ is one of my more favorite sports films. As long as there is a bit of magic realism (as opposed to Disney imagination- I just made that up) in a film, I am totally there. The one problem with this film is that it has been hijacked by the cliché bandits and is the source for the now all too often paraphrased: if you build it, he will come. And so it is with the VES fields- we are assured that they will indeed come to play and frolic once the emerald carpets have been unfurled and lit from on high by the shining light of the park board holy trinity and their foresight and wisdom. Or at least that's what they'd like you to think. In fact, if one were to go by the glaring lack of attendance by representatives of any of the supposed “user groups” at pretty much any of the meetings I've been to, one might assume that the sound of one hand clapping will be all that is heard in response to the opening call to play ball.

A while back, there was a voice heard from the lacrosse (or is it Lacoste?)

community, and mostly he complained about the playability of Island fields. It seems that back in the ancient times of my prep school days, the lacrosse gang were the badasses of the spring sport scene, landing somewhere between rugby scrummers and hockey boxers, and to hear that a little rough turf might side line these bad boys makes me wonder if I'm remembering the same sport.

On the other hand, if any of the potential VES sportifiers would like an example to follow in terms of how a facility and a season might be managed and planned for, they could perhaps take a few lessons from pool manager Scott Bonney. In a presentation that outlined strategies for moving ahead with the summer pool season in spite of the drastic cuts mandated to cover the cost overruns and management bungling on the VES field project, there wasn't a question Scott couldn't answer about the pool- if only the same could be said about the park budget and the members of the board. In fact, there was a bit of a dust up, with a possible donnybrook brewing in regards to what and where the park budget actually is. Head number cruncher Bill Ameling had issues with the terminology used by accounting consultant Marie Browne in her reporting of the monthly parks financial statement. As opposed to the term “losses”, as reflected in Marie's report on the park's profit and loss statement, Mr. Ameling would rather hear the term “expected budget expenses”, as in what apparently is at the top of his slightly more euphemistically titled report- Profits and Expected Budget Expenses. In the mean time, board member and commissioner's voice of reason John Hopkins flatly stated: “We don't have a budget- that's the problem....”

It was mentioned that the approved ghost budget actually did exist at one time, both on a white board and on someone's cell phone photo memory card. Where the actual budget representation is now seems to be anybody's guess, as no one was able to locate anything representing a tangible or legible facsimile. As treasurer, perhaps Mr. Hackett should look into that, as one of his stated duties as such is put forth in the Park charter thusly: “The Treasurer shall work with the Executive Director in preparing and educating the board and public in preparation for the annual budget.” Good Luck with that.

In the mean time, the community collective hand wringing will continue unabated, and the work on dashing toward the project completion finish tape that may or may not be pulled aside at the last second will continue unquestioned, except maybe by some. As a follow up, I did go up to the field after the heavy rains last week to see what effect that had on outflow. As I have no official way to measure flow, all I could say is that it had changed from a burble to a gushing, which I guess is to say not much at all. I did take a sample in a sterile bottle, but it is quietly resting in a cool place at the moment with no plans for testing. I did get an answer from Jim Didricksen at County Roads as to where this effluent goes. It is not, as project manager Mike Mattingly stated, piped and routed to the town sewage plant. It flows in a pipe south along the highway and then under the highway into a pond, where some day we may find out what the leaching of yet more turf chemistry may or may not do to yet another aquatic environment. It is, after all, a great big happy experiment, right?

Compost the Loop

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## The Dorsal Spin Phantom Fins

By Orca Annie Stateler, VHP Coordinator

One afternoon in early March, Miss Nashoba the jumpin' Jack Russell took her two-leggeds for a romp along the beach. We spied Neil the Seal and his swim buddy clinging to shore, cruising east but casting frequent glances westward. The seals did not look relaxed. Hmm, Ides of March with nervous Harbor seals.

A binocular scan quickly revealed the source of their apprehension: orca blows off Gig Harbor. In hazy glare, the blows appeared spectral and virtually disembodied from eight Transient killer whales: one male and the rest females and juveniles. Too distant and indistinct to identify individually, the Phantom Fins disappeared within minutes, down Colvos Pass into the Narrows. Consistent with our Indigenous ancestral traditions, the natural world provided the only clues to the orcas' presence on March 8 - venerable wisdom gleaned from SealBook, ha ha!

In the last decade, Vashon-Maury has typically had several killer whale visits in February and March. 2013 was different, with all manner of porpoises -- Dall's, Harbor, hybrids - and Harbor seals, but just one confirmed Vashon orca sighting in March. Seals are hauling out on our beaches; be considerate and steer clear of the resting cuties. At Chez VHP, we modify Miss Nashoba's bedtime constitutional to avoid disturbing the seals who relax on "her" beach at night.

The unhappy camper in this week's photo is a molting Northern Elephant seal. Sometimes Elephant seals visit Vashon-Maury in spring, and their molting process requires a lengthy period ashore. Call the VHP if an Elephant seal lands on a beach near you. For the sake of our seals and all critters, read on to learn the proper way to report a spill.

After the destructive 2004 Dalco Pass oil spill, VHP partners along with a handful of Islanders attended spill training and beach cleaning for first responders. Inculcated in us was where and how to report a spill, as well as the urgency of initiating a competent cleanup effort by agencies with essential skills and equipment.

We all know to call 911 instantly to report a house on fire. The house on fire for our marine wildlife is a toxic spill of oil or other contaminants. Every Islander should know what to do immediately upon discovering a suspicious substance on a beach or in our waters - call the

Washington State Department of Ecology (DOE) at 1-800-OILS-911 (1-800-645-7911). In addition, report all spills of oil or hazardous materials to the National Response Center at 1-800-424-8802.

Evidently, lessons from the 2004 spill have faded. Diffusion of responsibility and delayed response time were huge impediments to effective containment of the Dalco Pass spill. It quickly spread into Colvos Pass and as far north as Bainbridge Island. An oiled seal pup died; several oiled birds were cleaned. Folks new to Vashon will find numerous articles archived online about the 2004 spill, ultimately traced to the Polar Texas oil tanker.

The marine lubricant mess on Maury



Molting Elephant Seal on Sylvan Beach, 5/30/2011. Odin Lonning photo

Island in early March was not as dire as the 2004 spill, but it should jolt us out of complacency. Once informed of the gunk on Maury, DOE executed a timely, laudable response. However, the convoluted notification of DOE regarding the incident was alarming. Lack of awareness about emergency numbers for reporting spills and mysterious beach slime poses a risk to the Island. In a catastrophic spill, failure to report swiftly and directly would prove deadly. Minutes matter for wildlife in harm's way. Our animal neighbors depend on us to react judiciously in a toxic crisis.

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041, as well as sick, injured, or dead marine mammals on Island beaches. Reporting directly to the VHP expedites the crucial sample collection effort of our esteemed associate, researcher Mark Sears, and sustains an accurate dataset of whale sightings for Vashon-Maury and Central Puget Sound waters, initiated three decades ago by Mark. Check for updates at Vashonorcas.org and send photos to Orca Annie at Vashonorcas@aol.com.

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# Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

## Welcome to Type 1 Diabetes

By Mary Tuel

Our granddaughter was diagnosed with Type 1 diabetes a few weeks ago.

The diagnosis blindsided us. She was wasting away before our eyes, becoming more listless and tired, but it happened so gradually. Her father, JD, was the one who sounded the alarm, and I give him credit for saving her life. We took her to Fulton Family Medicine one Saturday morning to have her checked out.

Thanks and a tip of the hat to Sarah Hebert, who examined Allysan, took blood, and called us the next day. Sarah told us to go to the Emergency Room immediately because Allysan had Type 1 diabetes and was in diabetic ketoacidosis, a condition which can be life-threatening. We said yes, ma’am, and took Allysan in to Children’s Hospital, where she began her new life.

How could this happen? How could a child be so ill, and appear so ill, and we did not pick up on it until she was dangerously ill?

I’ll tell you how it happens. It sneaks up on you. Diabetes is called “the sneaky disease” for a reason. I have heard the warning signs of diabetes more than once – drinking a lot of water, peeing a lot, eating a lot but losing weight. I had noticed that toilet paper was going fast on the weekends. I thought, boy, little girls sure use a lot of toilet paper. News flash: they don’t use that much.

These things were right in front of us, but we didn’t see them. She wears long sleeved shirts and jeans. It wasn’t until she put on shorts and a tank top one night that we saw it. How did she get so thin? How could our granddaughter, our slip of a girl who is thin naturally, get diabetes? Don’t you have to be fat?

No. Diabetes strikes where it will. It can be genetic. The closest relatives Allysan has with type 1 diabetes are two

of my brother’s grandchildren, one of whom was diagnosed as an infant of 20 months. This might indicate that there is a diabetes gene hiding in my family DNA, but we know of no other relatives that have it or had it in the past.

As with most terrible things that happen, you don’t have time to sit around asking why and how. You hit the ground running and learn how to count carbohydrate grams and give insulin injections, among other things.

Allysan is on the mend now – gaining weight and more her kid self.

I admit I’m still in shock. I’m in awe of her parents, JD and Nycol, who have stepped up to the plate and are taking care of their girl, working as a team. They are truly rising to this demanding occasion.

And I am grateful. I am so grateful that Allysan’s diabetes has been diagnosed and is being treated, grateful for the prayers and good wishes people sent our way. She has begun to gain a little weight, and is much more lively again. A couple of people have asked me if she’ll outgrow it. No. This is for life.

I am writing about it here because even though Type 1 diabetes is rare, it happens, and it sneaks up on you gradually. I’m telling Allysan’s story so you can look at your child or grandchild or even an older person who might have Type 2, adult onset, diabetes. Or how about yourself?

Do you or someone you know, drink tons of water and go to the bathroom constantly? Is this person always hungry, eating constantly, and losing weight? Take a new look and ask yourself what you haven’t been seeing because you didn’t think there was any need to look. If you read this and it leads to even one person getting diagnosed and beginning treatment for this killer disease, then hurrah. If you or someone you love gets checked out and is healthy, double hurrah. Diabetes is sneaky, it is deadly, and you need to get on top of it. Pay attention.

So that’s my public service announcement for this week. May you and your children and grandchildren all be healthy and live long.

# Charrería – The Mexican Rodeo

By Biffle French

“East L.A.?” says the writer’s wife, “Ugh” and she makes a sound like she suddenly noticed a large banana slug on her dinner plate. “What are you going THERE for?”

“Rodeo,” I say. “Mexican Rodeo. They invited me and I can barely hold my water till it starts.”

“I dunno,” she says, and looks at me suspiciously, like I’m not quite right. “East L.A. Hmph.”

Eighteen hours on I-5 gets me to Riverside, near the Pico Rivera Sports Arena without once having a “friendly” TSA agent fondle my junk. It also gets my entire cargo of camera gear there without handling by anyone but me. It’s 78 degrees and clear. I don’t miss Vashon at all.

My friend Toby De La Torre, the CEO of Charros Foundation USA, meets me in the parking lot and begins an enthusiastic introduction to the world of Charrería that lasts until we part for the evening. Saturday is a practice day so we can visit and I can learn. Tomorrow is the real thing and I am on my own. I grab one camera and fit a zoom lens, but I’m so excited and frazzled I forget to install the battery.

We walk toward the entrance, which is shared by pedestrians and charros on horseback. The charros are Mexican cowboys and they are dressed in boots with spurs, fancy tooled-leather chaps, colorful tight-fitting shirts with bright fan-shaped bow ties and large sombreros made from rabbit fur felt and adorned with all manner of fancy engraved leather and colorful embroidery.

The horses are excited and skitterish so pedestrians must step carefully since the entrance is crowded and narrow. The charros are part of the action but civilians must pay, and today there is live Norteño music from several well-known local bands so the cover is \$20. I reach for my wallet, but Toby tells me I’m a guest of the management – they won’t take my money.

Inside is a swirl of people divided by a low fence that



Don Leonardo and sons

separates the crowded bleachers from the dirt lane where the charros line up to await their turn at the colas. The bands are amplified and sport brass instruments including huge tubas and electric accordions. The ancestors of both instruments were introduced into Mexico before the Texas War of Independence at a time when Mexico encouraged whole German villages to move to Texas, thinking to get them and the Tennesseans to wipe out the Comanches. That did happen eventually, in 1871, but by that time Texas was part of the United States again so the dream of a Texas populated by Mexicans was never realized. Mexico didn’t get to keep Texas, but Mexicans DID get the accordion and the tuba. Either instrument is capable of causing substantial hearing loss at a distance of 100 meters. I am ten feet away from both.

The sweet scent of fresh horse manure mixes with the delicious aroma of steaming fresh tacos from the little hole-in-the-wall taqueria. There’s a belly-to-back queue but it moves fast and the server soon piles my paper plate with delicious beef and chicken tacos, about 4 inches across, on soft corn tortillas and sprinkled with onions and cilantro. The combination of painfully-loud Norteño music, homey barnyard smells, bright colors and delicious tastes brings back the happiest moments of my childhood and I feel a warm glow of intense, ineffable pleasure. The charros are on horses in the lane and their wives and kids are watching from the bleachers as one steer after another is released from the chute and one charro after another tries for the best score. Conversations switch back and forth between unaccented English and unaccented Spanish: this is L.A. after all. Teenagers are texting and girls are giggling. The bar serves an inexhaustible supply of Tecate to men in cowboy hats, western shirts and jeans. For once, I am dressed appropriately.

After I retrieve my camera battery I make a few portraits, including several of Don Leonardo Lopez, the dueño of the Pico Rivera Sports Arena and four of his sons. Toby is my liaison, but it is with the gracious permission of Don Leonardo that I will be allowed to photograph this beautiful event. The next day I show up

loaded for bear. It is Sunday and the full charreada starts at 10:00 AM. I carry a big lens in a backpack, a huge tripod and another camera on my shoulder. I take my place in the stands since the arena floor offers no escape to pedestrians and there are often five or six horses in the relatively small space, including desperate wild ones.

Charrería is the sport, and a charreada is an instance of it, a tournament. It is the national sport of Mexico and it’s different from our American rodeo in many respects. Some events are similar but many would be new to a rodeo fan. One key difference is in the approach, charrería is a team sport and there’s no prize money. The charros ride their own horses, as our team ropers do, for instance. Teams practice for years, traveling to competitions winning or losing, but paying their own expenses and getting nothing more than the reaction of the crowd and their own personal satisfaction in return. Often a team includes three generations of one family – granddad, dad and grandson, and those three perform specific roles together. The standard of success is excellent horsemanship.

All ranching in North, Central and South America and almost all of western equestrian technique and tradition derives from 16th century Spain. The language of the cowboys is derived from Spanish: buckaroo (vaquero), lariat (la reata), stampede (estampida), wrangler (caballonango) and even the very word “ranch” (rancho) all come from the mother of ranching culture, Spain. Watching the elaborate dance and traditional movements of the charros I see my home planet through a different window, from an angle I never quite caught. And it is beautiful.

If you want to know more about the charreada, check my Facebook page: facebook.com/BiffleFrenchPhotography. There’s a lot of new photography and other resources related to the Mexican rodeo as well as past and upcoming American rodeo events.

*Biffle French is the National Rodeo Correspondent to the Vashon Loop. Find him on Facebook at facebook.com/BiffleFrenchPhotography.*

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**Aries (March 20-April 19)**  
You are more visible than usual, drawing people to you because your power of attraction is strong. You don’t need to apply much of your emotional energy to a situation to convince those around you to follow your lead. With your Moon’s ruler, Mars, in an intense dialogue with Pluto, I suggest consciously watching for tendencies to try and force a situation or manipulate those around you to achieve a desired outcome. Work from a place of trust that what and who you need is available and willing to help in your projects and goals. Think of this approach as a balance between reacting to situations from an emotional perspective and from an intellectual perspective. As you take steps to work the fine edge of a problem, move with intention and vision, applying small doses of desire as you go. Hold space for partners to participate in your solutions; you have much in the way of support from those around you.

**Taurus (April 19-May 20)**  
Over next week’s Full Moon, your imagination and fantasy world will be a strong resource of inventive ideas and much inspiration. I suggest carrying a notebook or using your phone to write down the ideas which arise. Dreams will also be a source of information; take notes on what you experience when you sleep. An idea working its way to the surface of your mind will provide you a unique solution to a perceived dilemma between your desires and beliefs. This process may come with the feeling of tension or anxiety, like a screw being turned tighter and tighter inside of you. What you are working through is a reorientation on what you desire and a reshaping of a belief that allows seemingly competing ideas to co-exist in you with greater balance.

**Gemini (May 20-June 21)**  
You have many assets that will make the world a better place, and now is the time to get clear about what they are. What you offer is authentically yours, and of value to your larger community. Sharing yourself with others will bring you a sense of being richer for it. Those around you will also benefit through strengths and skills that you share. If doing this feels risky or dangerous, note that feeling and keep going. Fear or criticism from individuals is not grounded in a true lack of value in what you have to contribute. At times, life can seem like a long story of others trying to deter you from being yourself, and to some extent this is true. But changing that fact does not involve changing them; it involves changing yourself. When you guide yourself through any feeling of danger, what you will be left with is a sense of rightness with yourself and the opportunity to contribute to the larger world in an authentic and meaningful manner.

**Cancer (June 21-July 22)**  
You are in a position to make some important career changes. Move through these changes grounded in your desire -- your vision for your life and what you give back to the world. It may feel like a push or a bold move to you, yet will be viewed by those around you as an elegant and graceful maneuver. I suggest not giving any time or energy to feelings of self-doubt that may arise; you do not actually lack anything needed to make the changes you wish. In truth, you are surrounded by much support and have the necessary resources to continue building a career that resonates with your highest self. Let go of any sense that you are sharing too much of yourself in the work you do. Instead, experiment with the idea that your career is an extension of your authentic self.

**Leo (July 22-Aug. 23)**  
Take time to unclutter your environment -- both your home and work space. An organized environment will provide you with the feeling of structure and balance that you are trying to integrate into your internal framework. You are working through a new idea of what it means to live in emotional balance and harmony. At times this may leave you feeling off kilter or disconnected from your previous identity. I pose a question -- how much of your old identity was innately you and how much was what your parents indicated was acceptable? Much of how we relate to emotions as adults is rooted in the approach our parents took, and growing into an independent person means taking steps beyond their ideas into your own. As you work through this process use feeling good about yourself and existence as a guiding compass -- ultimately it’s one of the more useful tools available to you.

**Virgo (Aug. 23-Sep. 22)**  
Recently, tension has been building around where your resources and shared resources meet. The desire to control resources can often arise in negotiations since ownership of resources is labeled in society as ‘success’. An option is currently available to sidestep this control dynamic. Lately, you have become more tuned in to the nuances of dynamics with other individuals; trust in this new insight as you craft a mutually beneficial arrangement. As you rework current negotiations remove the competitive element by noting how many different combinations reach the same desired outcome -- an outcome where all involved benefit. Another way to think of this is in terms of flexibility: seeing the many options that can lead to the same desired outcome, and recognizing that a different outcome from what you envisioned can still move you in the correct direction.

**Libra (Sep. 22-Oct. 23)**  
A new viewpoint on relationships is becoming available to you. This perspective has been building for a while; the place you are entering now is one of actualization. Re-evaluate what is and is not working for you in close partnerships. Realizing what no longer works for you allows you to then ask what you desire and what forms of relationship will be a genuine fit. Proceed thoughtfully when introducing new ideas to a close partner. They are willing to go on this exploration with you, yet they also need their own growth and experimentation supported. Hold space for others to bring their authentic needs to the discussion. What you are building is a new relationship model that supports in a balanced and loving way both you and a partner as individuals.

**Scorpio (Oct. 23-Nov. 22)**  
At the moment, an internal point of tension or struggle may be frustrating you, as if you are having an argument with yourself that isn’t getting resolved because both sides are speaking in different languages. One voice is grounded in the past and the other wants to invent a new future. Over the Full Moon a new idea arises that helps you resolve this internal dilemma. You are making contact with a piece of yourself that you had not connected with before. It’s as though an aspect of yourself is coming up from your deep subconscious to manifest into your conscious space. What you are learning will let you step away from some old patterns that are no longer serving you. Proceed with a sense of curiosity and openness and experiment. On offer is a greater sense of balance in the depth and passion contained in your emotional self.

**Sagittarius (Nov. 22-Dec. 22)**  
Imagine how different the world would be if art, creativity, love and acceptance were valued over money, material resources and competition. We live in a world where might makes right and it is valued to hoard wealth. This is a form of mass deception and those who partake in the lie do not seem to be any happier for it. You innately know how dysfunctional these ideas are and the damage they do to most people’s connection with their own creativity. As your deeply personal inner creativity meets your larger community, instead of melding into the established identity, stand apart. You are an exemplar of a new set of ideals and aspirations centered around living a life of creativity, love and acceptance. Those who have been searching for what you offer will gravitate to you. Think of this as forming your own community, one that is in line with your deepest values.

**Capricorn (Dec. 22-Jan. 20)**  
You are making an important connection between loving yourself and living your highest calling. You’re in a moment of only being able to be ‘you’, which is rippling out in how you live public life. Living a life in line with your soul, including what you do for work, is the byproduct of living from a place of love and acceptance for who you are. As new ideas and different perspectives arise I suggest exploring them. It’s about doing things differently from how you did in the past, and the first step is to move outside of the old patterns. The past holds many valuable lessons, but more often than not it trips us up by shaping our behavior based on previous situations that do not hold true in the present. Remember, past outcomes do not apply to where you are today. Thinking your way out of the past won’t fully re-orient you on a new approach to living from your genuine self -- you have to feel your way there.

**Aquarius (Jan. 20-Feb. 19)**  
You are under a lot of tension at the

moment, as though you are being pushed to sort out all the details of your life at once. As you ask yourself what you desire, you are simultaneously asking who you are at the core. One question you’re encountering is what information was kept from you, or that you did not see, which caused an exaggerated sense of inner complexity. Going beyond this idea means getting out of your head and seeing the world around you, or the larger pattern of your life as you actually live it. It’s about living consciously, which means observing yourself as you exist in your environment. Allow your experiences to reveal your motivations and point to how you got them. This will give you much information about your relationship to your desire nature. As you get clear on your approach to desire a stillness will open up in you; a quiet place from which a clear ‘yes’ and ‘no’ will come.

**Pisces (Feb. 19-March 20)**  
Existence actually comprises seemingly competing ideas co-existing quite well. For you this is an easy concept to embody because you naturally don’t accept the either/or argument. Your intuition points you to the multiplicity inherent in the universe. You don’t accept other people’s perceived limitations on what is possible. This is the way the world naturally is for you; yet for many around you it is viewed as ‘unrealistic’. As the Libra Full Moon takes place next week, tap into a very real sense of acceptance that one of your strengths is the ability to live in what others would term as unrealistic. One of your most important resources is your ability to perceive outcomes that are outside the box. Part of this perception comes from your intuition and part from a new level of awareness you are connecting with. Note the feeling of strength when you make decisions based on what you value and who you are -- that feeling is also known as confidence.

Read Eric Francis daily at  
www. PlanetWaves.net

# The Road To Resilience

Continued from Page 1

Manhattan under water. We are like Adam and Eve had they been able to see the fratricide that awaited them in the land east of Eden – yet we go picking at that apple tree until it’s bare.”  
Further along, Corey produces another stunning quote from Shelley from “A Defense of Poetry:”  
“We want the creative faculty to imagine that which we know; we want the generous impulse to act that which we imagine: our calculations have outrun conception; we have eaten more than we can digest.”  
In trying to imagine where we are going, I tend to think in terms of rapid turnarounds, like a fever breaking. These come in two flavors: there is the wonderful “change of heart” semi utopian fantasy, and the swift and terrible collapse. At times like this, it helps me to take advice from author and middle-aged curmudgeon, John Michael Greer, who loves to pop simplistic bubbles. Civilizations, he says, take a long time to collapse. Rapid revolution often brings a change in form but not in substance as the new faction tends to mimic the behavior of the old. The key is in mimesis, our incurable habit of trying to imitate that which impresses us. According to Greer, Arnold Toynbee theorizes that a civilization begins to decline when the dominant minority begins to lose the ability to inspire and settles more and more for the power to coerce. Does that sound familiar? As we begin to resist the dominant minority, that is, the wealthy corporate interests, they are dramatically enforcing their economic and political will on the rest of us. At Transition Vashon, we are trying to encourage all of

us to start imagining a new world. The best way to overcome the dominant minority is to learn to not depend so heavily on their products. We could reach a point of sudden capitulation, but more likely it will take generations for the current regime to disappear and the new take its place.  
One step at a time, we can make common sense decisions, and learn the skills and awareness we need to move into a post industrial world. Transition Vashon is going to facilitate another free Transition study group to start soon. If you are interested, call Steve Graham at 265 9929.  
Correction: In my article of Feb. 28, Community Solar!, I incorrectly stated that Vashon Wisenergy offered free energy audits. Greg Kruse, of Vashon Wisenergy, does do audits but is not certified to do free audits. Two companies are certified to do free audits: Watershed LLC, Michael Laurie, mlaurie@mindspring.com, 567 5492, and Revolution Green Power, Kevin Ward, Kevin@revolutiongreenpower.com, 920 3805.

Comments? terry@vashonloop.com





# Island Epicure



By Marj Watkins  
Meat Loaf Revisited

This author was conceived, generated, born and raised by meat-eating parents and ancestors, and gets sick on those diets that feature too much argenine and too little lysine among the proteins. Vegan and vegetarian diets have a noble kind-to-animals aspect, but alas, one diet does not fit everybody. We're with them philosophically, but to survive we must supply the nutrients our own bodies need.

Even the much recommended Mediterranean diet allows red meat one day a week. At Chez Watkins, where gourmet cooking rules, we also like varying the flavors in our meat dishes. We eat fish and chicken a couple of times a week each, lean red meat about once a week, and beans, peas, and lentils the rest of the time. We balance the proteins with brown rice. There's the thrift factor, too: beans and rice yield more servings per buck than any meat.

The best, leanest meats and the costliest are tenderloin steak and bison. The least expensive is ground pork. But pork is also the fattest, and it's not good fat like you get in Omega 3-rich salmon. The cheapest of lean-well sort of lean--red meats is ground, grass-finished beef. It

fleshes out a spaghetti sauce, and a little goes a long way. For economy you can substitute ground pork for one-third of the beef. As meat loaf, the meat can be extended and fat per serving reduced by adding cooked rice, herbs, spices and an egg. Flavor can be varied in the choice of herbs and seasonings.

Standard meat loaf recipes extend meat with diced bread, a no--no to people who are sensitive to gluten. Here's a meat loaf carnivore can eat, and feel good.

- Gluten Free
- MEAT LOAF
- 6 Servings
- Preheat oven to 375 degrees,
- Bake at 350 degrees
- Mix well:
- 1 pound leanest ground beef
- 1 egg
- 1/2 cup cooked brown rice
- 1 teaspoon sea salt
- 1/2 teaspoon coarse black pepper
- 1 teaspoon dried crushed marjoram
- 1 teaspoon kelp granules
- 1/4 cup Madeira or other red wine, or water

In a shallow baking dish, form a flattish loaf, or divide the mixture among three 10-ounce Pyrex or ceramic custard cups. Bake 40 minutes, or until no pink shows when the meat loaf is cracked open with a fork.

Variations: add your choice of one or two of these: 1/3 cup minced onion; 1 cup grated carrot, 1 teaspoon scrubbed, grated peel of a lemon; 1/4 cup minced fresh parsley or 1 Tablespoon dried, crumbled parsley; 1 teaspoon dried, crumbled oregano leaves or 1 tablespoon chopped fresh oregano leaves instead of the marjoram in the recipe above.

## Vashon Library April 2013 Programs

**Great Books Discussion Group**  
Monday, April 01, 2013  
6:30 PM  
The Great Books Discussion Group meets on the first Monday of the month, October through June. Visitors are welcome. The only requirement to participate is that you have read the material under discussion. April: The Things They Carried by Tim O'Brien.

**Family Story Times**  
Tuesdays, April 02- April 23, 2013  
11:30 AM  
Newborn to age 6 with caregiver. Come for a fun-filled, half-hour of stories, finger plays, movement and music! Story Time held at VYFS PlaySpace, 9822 Gorsuch Road Vashon, WA 98070. No registration required. You do not need to be a member of Playspace to attend story time. Please call the Vashon Library with any questions at 206-463-2069.

**Infant and Young Toddler Story Times**  
Wednesdays, April 03 - May 1, 2013  
9:00 AM  
Ages 3 to 21 months with caregiver. Enjoy stories, songs, bounces and tickles just right for your baby. Story times held at VYFS PlaySpace, 9822 Gorsuch Road, Vashon, WA 98070. Registration not required. You do not need to be a member of Playspace to attend Story Time. Please call the Vashon Library with questions about Story Time, 206.463.2069.

**Tax Help for Low Incomes**  
Wednesday, April 03, 2013  
11:00 AM  
Presented by Hilary Emmer Professional tax preparer Hilary Emmer will help those with incomes of \$25,000 or less prepare their 2012 tax forms, as well as those who qualify for a property tax exemption. Free and no appointment necessary.

**Free ESL Classes**  
Thursdays, April 04 - April 25, 2013  
6:00 PM  
Presented by Julia Lakey Learn how to speak, read and write in English. Free weekly lessons, beginning to intermediate level, taught by an ESL Instructor. Call the library at 206.463.2069 for more information.

**Travel Italy**  
Saturday, April 06, 2013  
2:00 PM  
Presented by Jason Flores Always wanted to go to Italy, but don't know where to start? Join Jason Flores of Adventure On Travel for a free seminar that will teach you the tips and tricks to create your own Italian adventure of a lifetime. In this fun, informative session Jason will share with you the best ways to stay within your budget and maximize your precious vacation time. Learn to experience Italy instead of just being another tourist; immerse yourself into this culturally rich country!

Location: Vashon Maury Senior Center, 10004 SW Bank Rd, Vashon 98070.

**A Feast on Film: How Food Becomes Art in the Movies**  
Sunday, April 07, 2013  
2:00 PM  
Presented by Robert Horton Many movies have whetted the audience's appetite with lavish displays of culinary skill, but a delicious few have celebrated the way food can become art, or even a practice of deep - sometimes life and death - meaning. This discussion will savor the movies' ability to make a meal of our dreams, from deluxe banquets to Charlie Chaplin's boiled shoes. Included on the menu: clips from films such as Babette's Feast, Eat Drink Man Woman, and Big Night. Location: Vashon-Maury Senior Center, 10004 SW Bank Rd, Vashon 98070

**Computer Class: Job Searching Using Craigslist**  
Monday, April 08, 2013  
10:15 AM  
Presented by Toby Nichols Learn the basics of performing job searches on Craigslist, including how to search and reply to ads, and attaching resumes to email. Prerequisite: Basic understanding of the Internet, mouse skills and email address preferred. Register online or call 206.463.2069 for assistance.

**SAT Prep**  
Friday, April 19, April 26, May 3, 2013  
3:30 PM  
Presented by Ken Matsudaira This 3-session course will prepare students for the SAT by reducing anxiety, increasing confidence in abilities, and arm them with practical and proven strategies. The SAT is a standardized test that becomes easier and more predictable with practice, preparation and keen strategy. Students will get to know the test from top to bottom, how it is scored, sectioned, timed and designed. The focus will be on practicing strategies that work. Seating is limited. Register online or call 206.463.2069 for assistance. Location: Vashon High School library, 20120 Vashon Hwy SW, 98070. Instruction and partial funding provided by University of Washington Women's Center.

**Teen Night : Sequential Storytelling with Elizabeth Guizzetti**  
Saturday, April 20, 2013  
6:00 PM  
Presented by Elizabeth Guizzetti Learn how graphic novels are written and produced by independent comic book author and artist Elizabeth Guizzetti. Topics will include developing ideas, character design, plotting, storyboarding and more! Guizzetti is the author and artist of Faminelands: The Carp's Eye, Faminelands: Living Stone, Faminelands: Mareton's Curse and, Lure. She is also the co-author and artist from the comic book series: Out for Souls and Cookies. Adult must sign-in and sign-out teen.

**Feng Shui Tips for a Harmonious Home and Life**  
Sunday, April 21, 2013  
2:00 PM  
Presented by Cynthia Chomos Attendees will discover how to create greater harmony in their homes and lives using Feng Shui, the Chinese art of placement and design for positive living. Did you know that where you place your furniture in a room influences whether you are supported in life or not? In this informative and inspiring class, attendees will gain insights into this remarkable design system. They will learn the four rules of furniture placement, key Feng Shui design principles for the interior and exterior of their homes, de-cluttering tips and décor elements to inspire their surroundings and personal goals. Attendees should each bring a simple floor plan of their home for use in class.

Location: Vashon Island Fire and Rescue, 10020 SW Bank Rd, Vashon, Penny Farcy Training Center

**Opera Preview: Voix Humaine and Suor Angelica**  
Sunday, April 28, 2013  
2:00 PM  
Presented by Norm Hollingshead Francis Poulenc (1899-1963) and Giacomo Puccini (1858-1924) both had great popular success during their lifetimes; Puccini, for opera, and Poulenc for a wider range of musical forms, including opera. Fortunately for posterity, both men were fascinated with one-act operas; Poulenc wrote two and Puccini three. Seattle Opera's upcoming double bill of Poulenc's La Voix Humaine and Puccini's Suor Angelica offers a wonderful contrast of both emotional and musical styles. La Voix Humaine (1959) is a startling mono-drama in which a woman on the phone has a nervous breakdown before our eyes while Suor Angelica (1918) is a tenderly sentimental story of a young nun who makes a fateful decision to rejoin her dead "love-child" in heaven. Both Poulenc and Puccini are working at the top of their game in these two gripping one-act masterpieces. Location: Vashon Maury Senior Center, 10004 SW Bank Rd., Vashon, 98070.

**Music, Language and Movement with Eli Rosenblatt**  
Tuesday, April 30, 2013  
11:30 AM  
Presented by Eli Rosenblatt Drop in for a special story time to celebrate El Dia. Eli Rosenblatt will teach music, language and movement in a fun, high-energy, spontaneous environment. For ages 3 months to 6 years, with caregiver. Program held at VYFS PlaySpace, 9822 Gorsuch Road, Vashon, WA 98070 Sponsored by Friends of the Vashon Library. No registration required.

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Positively Speaking

Passing over Easter

Tonight I am exhausted. It’s psychic exhaustion. It’s let down. My head and heart have been spinning about this particular column for weeks now. This is supposed to be the annual Women’s History month column, but also the annual March 18th column, the date when my life was permanently changed at the age of nine by a drunk driver. Then again, it’s spring so it’s also the annual ‘don’t let kids get drunk or doped up on the Island so they get themselves killed’ column. Then again it’s Easter and Passover and I always have a bit of a piece about escape and redemption and being who God made you to be, believing you are loved unconditionally and letting that change your life.

But what I really want to write is this... and please don’t be offended.

Why does Vashon have to be perfect? I’d really just like to have a ‘let’s be honest about Vashon’ column and then I’d like to not ever write again about the things of Vashon but rather about those characteristics in our lives that are just like everybody who lives off Island. But it just isn’t done. Not unless we form a committee and get a grant and have a survey so we can find out what we already knew but maybe couldn’t convince ourselves we were capable of dealing with See...that sounds a little pissy doesn’t it? Or frustrated? Or is it visionary?

Caity is home, for good, for a while. That means years maybe...till grad school.

Ten years ago I sent her off to a school where she could learn from 8-5 everyday what it means to excel as a student and as an artist with very high strict standards. See... don’t get offended that I couldn’t find that at VHS. That just means Interlochen Arts Academy offered her a twenty two thousand dollar scholarship to get a world-class education. VHS can’t charge each student thirty three thousand a year, the actual cost of tuition per year at Interlochen at the time, and give them a world class education with an absolutely zero tolerance policy. So why get offended?

Anyway, she stayed with me for two weeks while she and her roommate were doing clean up, paint up, fix up, to their apartment overturn and we laughed a lot. One phrase she frequently used in jest was, “ooooohhhhhh 1st world problems again!”

I’m tired of first world problems. You know, problems that come because of excess of resources ...and emotional lack.

For two weeks now, I’ve been remembering chasing after a van full of kids being driven by a woman who was sky high loaded and had been stealing kid’s Ritalin. I couldn’t get anybody to listen. I just found the little slips of paper on which I had written each day’s dosages for each kid and how much had been stolen. Caity and I were looking through boxes seeing what of her stuff she wanted and what was mine that still needed to be filed.

I threw them out, the little slips of paper. I waited several years for the agency to prove themselves to be fraudulent in toto and move off Island. I healed from feeling like the main character in “Nobody Listens to Andrew” and rejoiced the day they had the first drug take back where people gave all their unused

By Deborah H. Anderson



meds up for disposal.

First world problems. Parks and Recreation. First world problems. Building permits, first world problems. School schedule controversies. First world problems.

At the age of 9, I suffered a double fractured femur, completely dislocated right hip, severed sciatic nerve, two broken feet, fractured pelvis and full force blunt trauma to the L4-5 breaking off the facets of one the vertebrae. They didn’t discover the full injury ie.my left leg healed two inches shorter than the right one, so I walked around with functional scoliosis until I was in my mid thirties at which time they gave me a lift.

Don’t drink and drive. You will hurt someone. This afternoon at work I was bemoaning how I could never move off Island because it was too noisy. There was this helicopter buzzing overhead as the kids and I were playing outside. Half an hour later I turned on the radio and discovered there was an accident a few blocks away with two people dead in the street, a mother and a two week old infant rushed to the hospital to try and save them. Driver was arrested for DUI. He cried. So did the guy who hit us. Susie, my friend, sitting next to me in the car died. She was eleven. We haven’t had anyone really young get killed yet here on the Island. Let’s keep it that way. Sad enough with teens.

I can write a morose, whiny column like this that sort of calls things out because of the women’s movement. Women get to say things now and still be considered ‘feminine’. OK that’s women’s history month.

As to Passover... well...the Jewish doctor who did my mid life neurological assessment some years ago told me there was no functioning nerve below my right knee, ‘but obviously something is getting through’ he said. “No,” I told him. “It’s a God thing”. My own personal parting of the Red Sea. It’s why I’m passionate about life and hell will freeze over before I get one of those little disabled cards on my car. I can’t ever give into it, my disabilities. I just can’t. He nodded his head in agreement. God wants to rescue you.

Easter, well... I believe in confession and redemption. No cheap Grace. Saying I get frustrated off loads it so I don’t act it out. Tell your worst secret to someone. It will make your life better.

So, the Good News for Vashon is this. We don’t have to be perfect. Don’t make someone else next to you live a lie. Give them permission to screw up and tell the truth about it. That’s the only thing we need on this Island to be better. We need to know that someone’s behavior and their personhood are two different things.

Be the Love you want to receive. And that’s all I’m ever going to say about Vashon. Deborah



By Janice Randall

Two accomplished artists, Islander Cory Winn (glazed tiles and vases) and Sheila Evans (Spokane painter) exhibit new work in April.

Winn, honored as a 2010 VAA Art Auction commissioned artist, is known for colorful and meticulously glazed low fired terra cotta pieces. Influenced by early English arts and crafts and medieval illustrations, Winn says her favorite current designs include lily of the valley, columbine, birds and dancing white mice. “The first picture I ever drew



Bijoux Vase, by Cory Winn

was a mouse,” she laughs.

Focusing on shape, texture and color, Winn combines many layers of matt and gloss glazes to create contrast and a carved relief appearance. “It requires a lot of patience,” she adds. Winn works full time from her sunny Burton studio.

Working from her Spokane studio, located in a 100-year-old building, painter Sheila Evans uses both oil and pastel to create realistic, yet abstract canvases. Flight and sky, leaves and petals-themed works, slated for her Vashon exhibition, are derived from both photographs and sketches inspired by nature’s light and forms.

Her lifelong love of drawing, graphic design background and keen observation skills further inform her work.

A full-time artist, Evans is also co-owner of a microbrewery.

Gallery Opening, Friday, April 5, 6-9 pm. Music by: Richard Person, horns and Jim Hobson, piano



Natarajasana, painting by Sheila Evans

Spring Fling 2013!

Continued from Page 1

Pharmacy to pass out eggs and lead a bunny line to Ober Park.

The Egg Hunts will start at 12:00 and will be separated by different age groups. Ages 0 to 3 will start at 12:00, Ages 3 to 6 will start at 12:10 and the 7 to 9 year olds start at 12:20. Eggs contain candy and coupons for special prizes at local stores and there is one GOLDEN EGG in each age group. Golden Egg winners will be presented with their prizes on stage by the Bunny around 12:30 and will get a chance to get their pictures taken with the Bunny. After that families are invited to hang around until 1:00 PM to do arts and crafts and/or get a photo with the Bunny.

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Save the date!!

“Come one , Come all church people...Saturday 13 April 2013... 3-6 PM, ‘Graced and Thawed’ a Second Saturday lecture the Vashon Land Trust...with small group ecumenical discussion around whether your Faith defines your church experience or your church experience defines your Faith. “Graced and Thawed: what do we do with tradition and mercy?”

Free Family Film Series  
April 14th “The Egg and I” ...jeans and plaid shirts advised!  
May 12th Mother’s Day You are Invited to “UP!” The perfect gift for a child to give to Mom...a free movie!  
June 9th “Footloose” end of the school year dance bash. Come dance in the aisles like no one was watching!!  
All movies shown at 1PM at the Vashon Theatre.



# The Garth Reeves Band

Garth Reeves has been playing professionally for over 18 years. After cutting his teeth in the halcyon days of the Olympia scene, Garth moved to Seattle to explore that cities burgeoning music explosion. A short of list of bands Garth has been in include: Dangermouse, Nubbin, Goodness, Blue Spark... and now as a solo artist and in collaboration with others, Garth is expanding on a catalog of solo work that mines the roots of American musical vernacular.

Saturday, March 30 at 8:30pm. This is a free cover all-ages show ‘til 11pm, then 21+ after that.



At the Red Bicycle  
17618 Vashon Hwy SW  
206-463-5590  
www.redbicyclebistro.com

# Spotlights First Friday

Join The Spotlights Danny Cadman, Lauren Sinner, Scotty Johnson with Steve Amsden and Matt Eggleston for a great night of classic rock & roll songs. At Sporty’s, Friday March 1, 8pm





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# The Ganges River Band

Welcome this Texas Honky Tonk band to the Red Bike for their first visit to Vashon.

The Ganges River Band is a Texas style Honkey Tonk band based out of Seattle, WA and fronted by AP Dugas, a singer/songwriter from Houston, Texas.

Putting out a country album about heartbreak isn't anything new. Most of singer/songwriter A.P. Dugas' heroes are legends in the game. Waylon, Willie, Merle. There's also the storytellers, whose songs tell the woes of the downtrodden. Bob Dylan, Elliott Smith, Possessed by Paul James and Townes Van Zandt.

Where those traditions merge is in the self-titled debut from The Ganges River Band. It's less an album than a confession of the sins you commit when your heart has been broken longer than it's been beating.

The Ganges River Band are



part of Seattle's underground country/folk movement which includes Davidson Hart Kingsbery, The Crying Shame, Knut Bell, The Country Lips, Ole Tiner, The Swearengens and the Annie Ford Band. Though Dugas was born with music in his blood just outside of Houston, TX, he didn't start playing country music until he, along with bass player Steven Burnett, moved north. Time and distance from home led the two, who were both in the guitar-driven rock band

The Religion, towards deeper roots; and Ganges was born. They found pedal steel player Randy Neil (Lucky Lawrence & the Souvenirs) and drummer Adrian Van Batenburg (Gems) and a community of musicians, fans and friends who fuel long nights and shared stories of grief and joy.

Friday, April 5 at 8:30pm. This is a free cover all-ages show 'til 11pm, then 21+ after that.

At the Red Bicycle  
17618 Vashon Hwy SW  
206-463-5590  
www.redbicyclebistro.com

# Vashon Island Sessions

## Star Anna & Shane Tutmarc To Benefit VYFS

Vashon Island Sessions welcomes americana singer songwriters Star Anna and Shane Tutmarc for an acoustic concert on Sunday March 31st, 6pm at The Vashon Island Coffee Roasterie and Minglement.

This intimate showcase features Star Anna and Shane performing originals, covers, duets and collaborations as well as solo performances. In addition, special guest islanders Jennifer Sutherland with Rusty Willoughby will play a few tunes.

Tickets are \$18.00 and all proceeds will be donated to Vashon Youth and Family Services.

Guarantee a spot by pre buying online at this link or you can pick up a ticket at the Vashon Bookshop:

www.brownpapertickets.com/event/353536

Star Anna is an American vocalist and rhythm guitarist from Ellensburg, Washington, described by Barbara Mitchell of NPR as belonging to the genre of Americana and by Nicole Brodeur of the Seattle Times as alt-country. Duff McKagan wrote of her singing, "She is the real deal. There is a pain in her voice that comes from somewhere deep, a place I dare not ask where it comes from."



Brodeur described her as having "A voice full of bluster that will slam the door behind you, then find itself alone to take in the loneliness, the quiet, the beauty."

Shane Tutmarc's musical roots run deep: His great-grandfather, Paul, is credited with inventing the electric guitar, and his grandfather, Bud, was an acclaimed Hawaiian steel guitar player. Before moving to Nashville, the youngest Tutmarc found success in his native Pacific Northwest as the central figure in Dolour, "a group whose best output mirrors The Shins and Jellyfish" (Nashville Scene). Many prominent Northwest musicians found their start in Tutmarc's band, including a young Robin Pecknold (principle singer/songwriter for folk-revivalist sensations, Fleet Foxes) who recently had this to say, "Shane is someone

I'm very proud to have played music with when we were both coming up in Seattle - he's got an amazing ear for melody and a restless spirit of invention. Very few songwriters are as obsessed with their craft as my friend Shane." Tutmarc's also had songs in film and TV, most recently on Anthony Bourdain's hit show, The Layover, on The Travel Channel.

Jennifer Sutherland is a country crooner, comedienne, and co-founder of the winged duo The Washington State Fairies. She is also one of Vashon Island's past honorary mayors. In the roaring mid-1990's, she was front woman for the beloved alt-country band Evangeline, who produced three records. They were favorably followed and reviewed, including Playboy Magazine, and her brothers still have the article. For the past 10 years, she has worked as a writer, singer and performer with the notorious vaudeville troupe the Royal Famille du Caniveaux at festivals and events throughout the Pacific Northwest. Currently she is hostessing and producing special events at her iconic island property, The JesusBarn Farm.

# Fairyoke at The Eagles with the Washington State Fairies

Friday, March 29th, 8:30pm  
Fairyoke at The Eagles with the Washington State Fairies  
Featuring a surprise guest!

Hey, Fairyoke fans! We couldn't wait until April to see you shine. So mark your calendar! And take note, there's no April First Friday Fairyoke. So you don't want to miss this! We'll be back for May First Friday, don't you worry.

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# First Friday at Cafe Luna

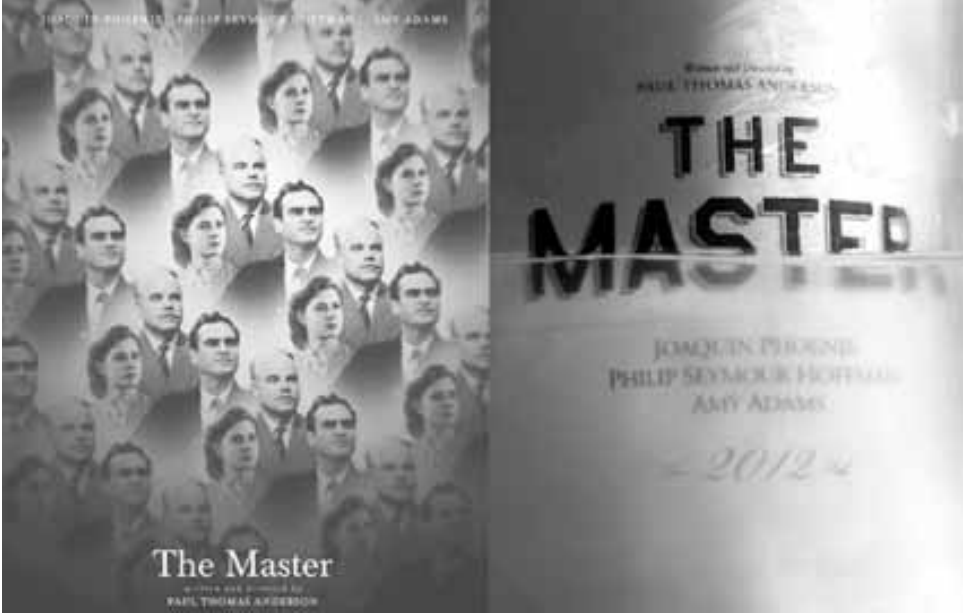
The Alliance for Tompotika Conservation (AlTo) is a non-profit international partnership of a 501(c)(3) organization in the United States and a registered Yayasan in Indonesia, dedicated to conserving and appreciating the unparalleled natural and cultural heritage of the lands and waters surrounding Mount Tompotika, Sulawesi, Indonesia.

About AlTo's Tompotika Youth Calendar Project and Artists In 2009, 12 of Tompotika's most talented high school artists gathered together for a 9-day calendar project, workshop on how to draw and paint from nature, focusing especially on the wondrous and imperiled wildlife of Tompotika. The calendar featured 12 of the students' major works on those wildlife species, most of which are found nowhere else on Earth outside of Sulawesi. The artwork and notecards available for sale in this show are the result of hundreds of



drawings and paintings made by these students during the workshop who never tired of working and always aimed for perfection. These young people have depicted these animals with grace and wonder; that is their gift to us all. In return, they ask of us their future—a green and healthy world in which there is a place for all, people and wildlife. Our wildlife is our heritage, our children are our future.

# First Friday Art Film series “The Master”



Vashon Film Society has chosen the critically acclaimed drama “The Master” as the April entry in the group’s First Friday Art Film series. The film, from maverick director Paul Thomas Anderson, addresses issues of faith and free will and plays on Friday, April 5 at 9:30 pm at the Vashon Theatre.

Actor Philip Seymour Hoffman brings the charismatic character of Lancaster Dodd to vibrant life. Dodd is the founder of a movement called The Cause, and for those aware of contemporary culture, the comparisons between The Cause and the church of Scientology’s L. Ron Hubbard will be evident.

Joaquin Phoenix plays disturbed WW II navy veteran Freddie Quell, a damaged soul in search of solace and meaning. When Quell is taken under Dodd’s protective wing, movie goers are shown the attraction of discovering a ready-made family in religion.

Calling the movie “challenging and psychologically fraught,” the Chicago Reader went on to laud “The Master” for chronicling the clashing forces of the 1950s, pitting community and social freedom against each other.

Vashon Film Society presents monthly single screenings of art films on First Fridays after the Gallery Cruise. Admission to Friday’s film is \$7.

## Get In The Loop

Send in your Art, Event, Meeting  
Music or Show information or  
Article and get included in  
The Vashon Loop.  
Send To: Editor@vashonloop.com

## Commuidad Latina

### First Friday Food Event

The Commuidad Latina will offer delicious homemade Latino food for free and ask for donations for Latino children who cannot afford preschool. The following small plates are being planned for the event: taquitos dorados, tostaditos, pastel y galletas. There will also be a selection of beverages such as horchata and aguas de fruta. When: First Friday April 5th starting at 5:30 at the Two Wall Gallery Area.

# Chorale Coronation Concert



The Vashon Island Chorale invites you to attend its “Coronation” on either Saturday, April 13, 7:30pm or Sunday, April 14, 3pm at Bethel Church. With 75 singers under the direction of Gary Cannon, the spring concerts feature music to recall English coronations of centuries past. Mozart’s “Coronation” Mass, written in 1779 will be sung with the considerable talents of well known local soloists Jennifer Krikawa, Marita Ericksen, Gary Koch and Andrew Krikawa. Also on the program is music by Purcell, Parry and Vaughan Williams, plus Handel’s rousing “Zadok the Priest”.

The performances will feature an orchestra of twenty players under the direction of concertmistress Karin Choo. Englishman Nicholas Abbott will be featured on organ. The orchestra will include a full strings section, timpani, some woodwinds and some brass. Many talented Islanders including several advanced students will play for this concert. Instrumentalists from the greater Seattle area will also be in the orchestra.

Tickets (\$15/general, \$10/senior & student) can be purchased in advance at Vashon Book Shop or the Blue Heron, through www.brownpapertickets or at the door.

# A Tribute to Bob Woodman

As a tribute to Bob Woodman the Garage Boys will host a jam at the Minglement Coffee Roasterie Friday evening April 12th at 7:30PM. We would like to invite those folks who played with Bob over the years as well as the folks who came to listen to come and enjoy the music that Bob helped keep alive and nurture here on the island. Bob gave us so much over so many years that we thought it only appropriate to say goodbye in the best way he would relate to – a good old-time country music jam.



Bob and Ginger

# Vashon Maury Chamber Orchestra: Spring Concert

By Janice Randall

Vashon Maury Chamber Orchestra performs works of Vivaldi, Biber and Dvorak for their spring concert. Island soprano Holly Boaz joins the group to sing Vivaldi’s intense motet In furore, RV 626. Boaz has performed leading roles with Tacoma Opera, Aspen Music Festival and Seattle Opera Young Artists. She has shared stages with Seattle Symphony, Hartford Symphony and Bellevue Philharmonic. Boaz serves as Pacific Lutheran University music department as adjunct faculty.

A second Baroque piece, Battalia à 10, was written nearly half a century earlier by Bohemian-Austrian composer Heinrich von Biber. This fascinating work showcases one of the earliest examples of programmatic music and depicts various “battle” scenes from troops being gathered, to a fife and drum band, to the battle itself and finally the lament. Biber, a famous violinist, used special string techniques to produce effects such as musket fire and drums. The Orchestra also performs movements from Dvorak’s beloved String Serenade. Lyrical, rambunctious, tranquil and lively, this gracious and quietly joyful piece serenades the audience.

A program of Vashon Allied Arts, Vashon-Maury Chamber Orchestra is



Gaye Detzer

led by violinist Karin Choo. The orchestra welcomes Island musicians of varying skill levels from advanced students to professional musicians and teachers.

Friday, April 5, 8 pm  
Vashon United Methodist Church  
Tickets: \$12 general/\$10 VAA members, students & seniors (Tickets also available at the door)

Concert for Kids  
Saturday, April 6, 11 am  
Vashon United Methodist Church  
Tickets: Pay what you can



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A charismatic man returns home to America from World War II and forms a faith-based organization. He is now known as “the Master” and his belief system is catching on. MPAA Rating R (for sexual content, graphic nudity and language)

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It's THAT time of the year again. It seems the SUMMER FESTIVAL RENAMING COMMITTEE is convening to consider different titles for the Strawberry Festival because there're NO strawberries at the festival.



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It's THAT time of the year again. It seems the SUMMER FESTIVAL RENAMING COMMITTEE is convening to consider different titles for the Strawberry Festival because there're NO strawberries at the festival.

The label "UNStrawberry Festival" was proposed. It was, however, pointed out that there also are no coconuts at the festival so the event could be called the "UNCoconut Festival"... or the "UNPawPaw Festival" for the same reason... or the "Unlycheenut Festival", ETC., ETC.

It was also pointed out that in order not to appear ZOOPHOBIC, the title of "UNYak Festival" should be considered because of the absence of YAKS...



V.I.P.S.







CORKY, YOU'VE GOT TO KEEP THAT JAR STEADY!  
OK OK



... AND THEN I SAID... (BLAH BLAH BLAH)... BUT SHE... (YAKITY YAK YAK)... AND THEN... (BLAH BLAH BLAH)  
SIGH



IT'S BEEN OVER TWO HOURS!  
YOU'RE THE ONE WHO INSISTED ON COLLECTING A SAMPLE OF MY SAP  
SQUEEZE