

Vashon Island Spring Art Studio Tour



Mary Ann Beardsley of "The Chick Barn" (#7 On the Map at 16209 Crescent Dr SW)

By Biffle French

The Spring 2013 Vashon Island Art Studio Tour will be held on two weekends, May 4th-5th and 11th-12th, 10-5 each day. It's a free, self-guided event with 23 participating studios. Follow the numbers designated on the Studio Tour map which is available online at www.VashonIslandArtStudioTour.com and at most island businesses.

Mary Ann Beardsley of "The Chick Barn" (#7 On the Map at 16209 Crescent Dr SW) hosts several artists in her pleasant Westside space overlooking the

Colvos Passage. She says "I make beaded and glass jewelry mostly out of crystals and glass beads. I try to make pieces that are affordable. I like to mix and match a lot of colors, shapes and sizes. I make necklaces, earrings, bracelets and I use a lot of the Swarovski Crystal from Austria because it has a lot of shine to it.

"The Chick Barn is an offshoot from Sharon Munger's 'Coop,' since she's no longer doing 'Barnworks.' So a lot of the

Continued on Page 7

Pam Ingalls' Focuses on Maasai Girls' Schools

By Anne Atwell

Pam Ingalls and Susan McCabe spent ten days in Kenya last October, getting to know the people in and around a boarding school for Maasai girls run by the Maasai Children's Initiative (MCI). The experience was electrifying, and inspired Pam's May oil painting exhibit "Facing Kenya, Maasai Portraits from The Mara Hills Academy." The public is welcome to a preview of the show, at the Hardware Store Restaurant Gallery – on Thursday, May 2 from 7-9 pm, where they can learn more about the academy from Ingalls and others who have visited Maasailand.

"The Maasai people welcomed us so warmly," remembers Pam. "They are so proud of their school, and the movement to educate girls, who traditionally marry very young. It was an honor to paint these beautiful people, and to share their lives for a short time."

Ingalls, an internationally renowned artist who makes her home on Vashon Island, will donate a percentage of her painting sales to the school, as well as money raised from raffling off one of the paintings. (The raffle-winner gets to



Purchase raffle tickets to win a painting and benefit the Maasai Children's Initiative

choose which painting in the exhibit they would like – up to \$2000.00 in value!)

This is the seventh annual show in Pam's "Facing" series, where she exhibits portraits from small communities around the world. "Each project has taught me so much about people, and ways to

Continued on Page 10

Stitchin For a Kitchen Senior Center Fundraiser



"Stitchin' For a Kitchen" group with the Yarn bombed teapot and cup and saucer

By Lois Yunker

Vashon knitters known as the LOAFers (Ladies of the Afghan Fundraiser) have been knitting and crocheting a collection of Tea Cozys, cup cozy and many more items that are considered cozy. Talented people have also contributed to the "Stitchin' for a Kitchen" fundraiser for the Vashon Senior Center. The Center is in need of a new stove and dishwasher to replace its over 30 year old appliances.

On Saturday, May 4th from 9:30-3 knitters will sit and knit in front of shops and businesses from Burton to Vashon town. Knitters will be at the Farmers

Market 10-2 and at the Senior Center on Bank Road - 9:30-3 selling the Cozy items.

The knitters around the town have been sponsored by friends and family and Vashon businesses. They will also be asking the public for donations and also knitting pieces to be made into lap afghans for distribution at the Center.

Many of the Cozy's can be seen on display at the Vashon Tea Shop for the remainder of this month.

Look for the tea pot and signs about town and help make this fund raiser a Cozy success.

Road to Resilience The Faustian Bargain

I don't know about you, but I've been noticing a real disconnect between our welfare and that of our "captains of finance". Pundits appear to be truly vexed by the fact that Wall Street prosperity doesn't spread to the rest of us. There is the elite world of the corporate global economy centered in the major cities, and the vast majority that serve it. We provide materials and personnel to fill their needs, and consume their finished products. Sounds more like a colonial economy to me, and the disparity of wealth it produces is designed into the system.

When I first got involved with the idea of transitioning our culture to adapt to the challenges of peak oil and climate change, I didn't realize that I was not so much driven by those looming problems as by the opportunity they presented to fundamentally alter our culture. To me, that is epitomized by an economy that is pillaging the planet and enslaving all but the very few at the top. With the coming of the industrial age, we made a Faustian bargain. We quickly realized that the many and wonderful machines of the new age could produce things much better and more quickly than we could ourselves. It turned out that the capital required to invest at the industrial scale

By Terry Sullivan, Transition Vashon

far outstripped the means of the small local economies. The Faustian bargain was that in exchange for comforts, conveniences and extraordinary mobility, we would serve industry in whatever manner they required. That is to say, we agreed to take "jobs." Some people are lucky enough to find paid work that matches their skills and passion, but most of us take what we can get. Some of us pursue our personal passion despite the fact that we "can't make a living at it." Why can't we create an economy in which our talents and passions are more important than the economic plans of the corporate world? We can set the priorities in our economy to the extent that it is local.

This industrial paradigm has hollowed out our communities. Place no longer has any importance, not its features nor its inhabitants. We've lost our local perspective. Nowadays, everything has a price, whether a house, a view, a plant, or a person. Some "priceless" things we treasure, but we see most "priceless" things as having no "value." There was a time when we recognized that almost everyone in a community had a born gift or talent; they were "valuable." Now that talent is worthless if it doesn't support the

Continued on Page 9



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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

DSHS Mobile CSO

The WA State Department of Social and Health Services (DSHS) Mobile Community Service Office is coming to Vashon on May 15th.

Division of Child Support (DCS) will be on the truck to assist you with your case or questions! At this event you can apply for Food, Cash, and Medical Assistance as well as Drug and Alcohol Treatment Services, yearly reviews, and to answer any questions on active cases or about any of our services. We will be at the Maury Community Food Bank from 10:30 am to 2:00 pm and the Vashon Market from 3:00 pm to 5:00 pm on May 15, 2013.

You can also drop off paperwork, complete an Eligibility Review, Mid-Certification Review or make changes to an existing case.

Drug Take Back

The Prescription Drug Take Back will be the 27th of April from 10am to 2pm at the Farmer's Market. Volunteers from VARSA, the Vashon Pharmacy and the King County Sherriff's Office will be under the tent to safely dispose of your unused or expired medications. For more information please contact the Vashon Pharmacy or Lee Ockinga at 463-9328. www.dea.gov then click on Drug Take Back and put in the 98070 zip code

Find the Loop on-line at www.vashonloop.com

The Vashon Loop

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Published every other week by Sallen Group
©April 25, 2013 Vol. X, #9

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Doors of Opportunity Award

In 1998 Charlie Staadecker started a fund and created an annual award which he named the Doors of Opportunity Award. The idea behind this award is to honor a VISD teacher or staff member who best exemplifies by deed, a true spirit and grit that goes beyond their job description opening doors and maximizing a student's potential. Since then, 15 VISD employees have won the Doors of Opportunity award which consists of \$2000 dollars, \$1000 for their personal use and \$1000 for their field of work or classroom.

The previous award recipients have been: Roxanne Thayer, Mike Kirk, Doug Kloke, Renae Taylor, Jim Dorsey, Martha Woodard, Cornelius Lopez, Cherry Champagne, Shirley Ferris, Mike Scott, Julie Jaffe, Gail Labinski, Harris Levinson, Lance Morgan and Mary Heath. All of them are no longer eligible to receive the award.

Starting April 15th, send your emails to doorsofopportunity@vashonpts.org nominating the VISD teacher, administrator or employee who you think deserves to win and tell us why they deserve the award. All letters and emails from previous years have been filed and are taken into account when someone is nominated again. Nominations are open until May 30th. We are looking forward to hearing from all of you and your reasons why your nominee deserves to win.

The Music Man Jr.



Photo by Janice Randall

Cast for VAA Youth Musical Theatre invites the entire Vashon community to The Music Man Jr., Friday and Saturday, May 3, & 4, at 7 pm

Sunday, May 5, 4 pm, at Vashon United Methodist Church. The performance is co directed by Marita Ericksen and Pam Hotchkiss. Don't miss it! Tickets, \$9/\$12, are available now at Heron's Nest, VashonAlliedArts.org or by phone 463.5131.

Next Edition of The Loop Comes out Thursday, May 9

Deadline for the next edition of *The Loop* Friday, May 3

Blooms & Things Expands!

Wishing that you could find an artful venue for an upcoming Birthday Party, or a Trunk Show featuring your art or a Salon space for important gatherings, or you just love to teach and need a space to share your expertise?

Well, now you can and at a convenient downtown location just down the hall from Blooms & things! The workshop space is clean, bright, warm and accommodating. Just think of the possibilities! Kids birthday art parties; art classes in stained glass or pastels; jewelry making classes and so on. If you are interested in using the space there's a small rental fee so just call Carol at Blooms.

If you want to check out the space, come to the Open House on June 7, First Friday. There's a contest to name it, so submit your idea to Blooms and the winner gets a \$50 arrangement in appreciation.

Wolftown Bartender Night at the Hardware Store

Wolftown's upcoming Guest Bartender Night at The Hardware Store Restaurant on Thursday, April 25th from 6-9pm. Support our wildlife rehab and agriculture programs

Ridge Road Water Main Replacement

At a Regular Meeting of the Board of Commissioners of Water District 19 on March 12, 2013, a contract with Iversen & Sons, Inc. was approved for the construction of Phase III of the Ridge Road water main replacement. Work is anticipated to start in the second half of April 2013 and last for two weeks. Construction activities include replacing approximately 880 feet of water main, reconnecting service connections to the homes at the water meters and installing fire hydrants. In addition, per King County requirements, a new pavement overlay will be completed in the area of construction.

During construction, every effort will be made to minimize the impact to local residents. However, as with any water main reconstruction project, there will be some inconvenience and we appreciate your patience during this time.

Once construction begins, the District will post updates and information concerning the progress of this project on the District's website at www.water19.com.

If you have questions, you may contact the District office by telephone at 206-463-9007 or email at water19@water19.com.

Green Party's monthly meeting

The Vashon-Maury Island Green Party's monthly meeting (second Tuesday of each month) will be at Joy Goldstein's home. Other interested progressives always welcome!

DATE: Tuesday, May 7, 7-9pm


LOCATION: 24430 Old Mill Road SW, Vashon

DIRECTIONS: Going south from Burton on Vashon Hwy, turn right on SW Shawnee Rd, then right on Old Mill Road to first driveway on the right. Go down long driveway, gate will open. Park in front of the 3 door out building.

Major Topics:

- 1) Health Care for All.
- 2) Climate Change.
- 3) Transition Vashon/Study Group.
- 4) Vashon Governance.

Questions: Melvin Mackey, Secretary, (206) 463-3468



"Children cannot bounce off the walls if we take away the walls"

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Positively Speaking

And Scene...
the end of Act II

The second movement of Beethoven’s 7th Symphony is the proper soundtrack for this column. I recommend the Youtube presentation of the Chicago Symphony ,Carlo Maria Guilini conducting. It was uploaded on May 20,2011. I think it has the best interpretation of tempo.

By now the guy is 2/3 of the way up the tree. Dressed in blue overalls, yellow hard hat and utility belt full of gadgets, he double checks the angles of the cut as he prepares to top it. Swinging his chainsaw up and around he cuts one final indentation, then easily pushes the alder’s top to the crew waiting below.

For one brief moment he sits fully relaxed seated on his tether, hands on the flat top he has just created. Then “vrrrrrr,’below!’’,thump”, “vrrrrrr,’below!’!thump”, “vrrrrrr,’below!’!, thump” as he backs his way down to the ground once more, eliminating the trunk as he goes.

The wood chipper pauses as there are no more top branches to devour.

I have set today aside for a reflection and quiet celebration. This week I finished ACT II of my life and began the third ACT. I’m standing in the wings for a bit while they change the scenery.

Until 1991 I had a terrible fault. What was it? I didn’t see the bad in anyone. Really. I also took everything on myself. If someone wronged me, or hurt me, I figured I deserved it and probably had caused it somehow.

When you crave a deep and abiding relationship with a loving God , your view of things and who you are and the ability to see into the heart of others changes.

Uh-oh...with another man halfway up the second tree to be felled they are apparently determining it is not safe to do so. It is not likely to fall in the right place I surmise from multiple hand gestures and pointing of fingers and sweeping of arms in contrary directions.

All worked has stopped.
Did you know there are people in this world who expect you to break their fall? I didn’t. Not till then. Thinking everyone is loving and kind and wants the best for you and is here on earth wanting to heal and grow wiser and stronger is as foolish as believing everyone is evil and out to hurt you.

Wow...big discussion about whether or not to keep going.

There was a research project a while back and they hypnotized a significant number of subjects with cancer and asked them if they wanted to heal. Do you know the majority of them said ‘no’?

In 1992 I felt called to this teaching and writing career. To adults that is. I already taught children and youth. I’d started teaching adult ed and it was really rewarding. Only people who wanted to grow and learn were in my classes.

This is astounding. Just removing that one tree has opened up my view in a magnificent way. Even if they only do the lower branches of the other tree, it’s good. Better. Best!

It was a specific body of work I was to teach about faith, and personal growth and raising kids.

The progression of the writing is

Spring

By Keeley Green
Frothy water
Trickles
Buds blossom
Into crisp petals
Plants reach out to the light
Letting life free
From the bitter bonds of winter

By Deborah H. Anderson



demarcated by the residences in which I lived.

At the apartment, after two years of research, suddenly one night I sat at the computer,looked at everything on the bed I had laid out, all the note cards and papers, and wrote “A Brilliant Heart: A Systematic Theology of Relational Theology”

In the trailer in the woods, I was hired to write ‘Heavenly Places, Heavenly Calling” about two prayer partners’ experiences. I could write full time all day long. It was ...well...heavenly. Then they decided not to publish. I started writing this column and started a movie script. I also finished “Kneeling At the Cross: A Protestant Looks at the Crucifixion”.

At the house on the hill, I determined to write thirty hours a week on top of my day gig. I got the logo set, some research trips done and my first business cards. I went to a conference as a bona fide writer.

At the blue house I continued everything else and started the blogs. I entered a couple of contests and got my fiction pieces set.

The beach house found me completing the annotated table of contents to “Because the White Rose Grew:Confessions of a Boomer Mystic White Woman”, doing some research trips for ‘Brilliant Heart’ and the movie script and the fiction. I got to go see the Opera ‘Susannah” which was life changing . A manager type sorted me out about priorities and focus.

And then I moved to The Pines, so named because the front lawn looks just like the backyard of G-Ma and G-Pa’s cabin in Michigan and the view looks like the lake in front of the cabin. There I completed the rest of the brand conceptualization, and the foundation for everything, two songs for the musical “Ethel’s Children”, all the workshops and events, the website and the first public presentation of the completed parenting material.

I walked out of that presentation and every muscle in my body relaxed. The foundation was laid. Now it was left for finalization of everything and marketing and getting out and talking with the masses with all the joy in my heart.

The interesting thing about the journey was that every single house I lived in belonged to some other people whose lives were mired in the worst life drama ever. Their drama made my life so much more complicated and slowed everything down so much.

But when I finally hired someone to stave off the drama so I could complete this phase of my work and not be interrupted again (which personally I love more than a gardener or a housekeeper), I realized that there was no drama in my life. None. Everything was promise and joy and wonderful friends and loved ones and blessing after blessing after blessing. Any drama in my life was because someone else was enmeshed in strife.

And I, the person who until 1991 believed I had been born to serve others whether it was good for me or not, healthy or not, decided I was just going to pay attention to my own peace and joy and totally excited vision of the future.

They never did get the other tree out. Sometimes you don’t have to remove as much as you thought you did to expand your view. One tree can be enough to widen the panorama so much you have to turn your head to see it all.

Love,
Deborah



Islanders volunteer at
New Mexico school



On Saturday, a group of volunteers returned from a week at the McCurdy Mission and Charter School, near Santa Fe. Bob Webster, Linda Maclanlan, Barbara Garrison, Bob Dixon, Marlyce Dixon, Vonnie Feyen, Amanda Ohmert, Mary Margaret Pearson, and Nancy Vanderpool – all part of the Mission Team of Vashon United Methodist Church – spent last week serving meals, cleaning, gardening, organizing, and helping with maintenance for the school that serves many Hispanics and Native Americans.

“This trip was a step up in commitment for our team because it involves people’s money, time, and effort,” said Nancy Vanderpool, who helped organize the trip along with Mary Margaret Pearson. “It’s an important

opportunity for us to be aware of what’s happening outside our own community.”

Each volunteer secured funds to make the trip. The group of nine stayed in dorms on the McCurdy campus and began work each day at 8:30, working until 3:30. Late afternoons provided opportunities to explore the area.

Many of the volunteers had already traveled together on a March 2012 trip to Haiti. “It’s a great group and we work well together,” says Mary Margaret Pearson. “On that trip, we could see the frustration of a country so devastated and how very difficult, but also important, for our church and other NGOs to help rebuild and improve people’s situations.”

17 teams compete in the Shape Up
Vashon Love Yourself Challenge

Cheer for your favorite teams as they compete to meet their goals in exercise, healthy eating, home safety, decreasing stress and their own personal goals. Results will be announced at an all Island SUV party June 1st 5:00-6:30 at McMurray. The party celebrates health and fitness with contests, prizes and a Zumba demonstration by Sara Van Fleet. Details on the Shape Up website, www.shapeupvashon.org and on our Shape Up Vashon Facebook page.

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Island Life A Recipe for Disaster

by Peter Ray

It was kind of like old home week the other day. Not the other day at the Vashon Park District commissioners meeting- that is pretty much always like a combination of Dick Cheney, “no torture here” waterboarding sessions combined with failed attempts at personal improvement through firewalking and napping on beds of nails. What I’m talking about here is a visit to the King County Aquatics Center in Federal Way, where I was along for the ride to offer moral and lap counting support for Wendy’s pre- open water swim season warm up at the Pacific Northwest Association of Masters Swimmers winter short course championships. I realized after I had been hanging out on the deck for awhile that it had been exactly 30 years ago that I had read about the then upcoming PNA champs and had gone to the Pavilion Pool at the U Dub to watch and talk with coaches about my getting back in the pool again after 10 years away. As it turned out, a number of people that I swam with and against way back then are still around and still making waves- both there in Federal Way and elsewhere. The repeated question I was asked of course was: are you swimming?

Other than that question, these conversations were fun, laced with remembrances of past competitions. But the most interesting and enlightening conversation I had was with Bob Bruce, or Coach Bob as he is known to the folks in the Central Oregon Masters Association, or COMA as it is more affectionately known. It all started when I asked him how they did it- the it being an amazing aquatics facility in Bend that includes an indoor pool, and an indoor/ outdoor 50 meter pool with a removable roof and a training and exercise facility. What he told me was they knew it was going to be a hard sell to the community of 80,000 residents- an \$8 million pool project might seem a bit extreme to some. They knew going in that voter approval would be difficult, so they took out a loan and built it. Then they marketed the heck out of what the facility had to offer, and in looking at the current budget information on the Bend Parks and Rec website, they are showing that the improvements that they made to this facility “...have greatly assisted in supporting a cost recovery increase from 64% in 2004-05 to an annual average of 82-86%”. Some might call this extraordinary, and they do, as the Bend parks experience is held up as an example to the rest of us- they did get a national gold medal award for excellence in Park and Rec management.

It would have been nice if the attempts to cover the pool here had passed when it came up for a vote years ago. But at the time, the addition of amenities- sauna, jacuzzi, weight room- to the overall package design were seen as frivolous extras as opposed necessary additions to draw in more people. We could have been taking advantage of year round indoor, and perhaps outdoor swimming as well. One of the recent proposals to cover the Island pool with a removable roof similar to Bend’s Juniper Facility showed a cost somewhere in the \$700-\$900 thousand range, somewhere in the realm

of a half to a third of what has been spent on the VES field project, which according to various opinions voiced at last night’s commissioners’ meeting is in danger of not being completed, and therefore not yielding the matching grants expected at completion, which would threaten the existence of the entire Vashon Park District. If one takes a peek at the latest iteration of the VPD budget, available at the VPD website, one can see that in the income column, the pool is showing expected revenue of \$62,500, which is for three months of operating time. If one looks in the expected income column for the VES fields, which it would seem, because of their superior engineering and weather resistant drainage, should be open all the year ‘round, one sees nothing at all except a hyphen.

While one is paying a visit to the VPD site, one could also go to the “VES Master Plan” page, the beige colored hypertext link for which can be found when scrolling down the home page and stopping just before one gets to the three donation buttons. Traveling to the master plan, one can scroll through lots of words about the project to pictures of the fields as they were. While they are not necessarily representations of things of beauty, they certainly look like functional fields to me, and certainly more than adequate for the \$0 return in revenue indicated in the budget. One might ask if a situation might not be in the offing similar to the one anticipated in some quarters in the great Seattle tunnel boondoggle. Like the high tolls suggested for using the tunnel potentially forcing drivers to seek cheaper alternates on surface routes through downtown, if fees were charged for the use of the VES field that were commensurate with the cost of its completion, wouldn’t everyone just go and play somewhere else? On the other hand, as far as I have heard, other than raising user fees system wide, there are no plans to increase VPD revenues through the use of these fields, and even if there were such plans, it seems dubious that they would come anywhere near generating enough of a return for even a partial recovery of costs for this nightmare.

At Tuesday night’s meeting a new member to the recently formed oversight committee, Mitch Treese- a construction professional, reported on walking the site the day before this past meeting, and he noted that all of the projects he observed that were listed as important to completion were behind schedule, some significantly tardy. He spoke of the rigid abyss of the deadline and the possible loss of the \$152K in matching grant funding. He noted that while volunteers were helpful, they could not get the job done as quickly and efficiently as professionals, who he believes would have a better chance of meeting the deadline, but with an additional cost - not available or budgeted for- of at least \$50K. He also said that the currently underfunded and understaffed manner in which this project is being carried out is a recipe for disaster. There was a call somewhere for some hard decisions to be made by the board, but that was lost somewhere in discussions of caretakers bringing towels to holiday renters at the lighthouse. Anyone have any nautical deck furniture they want rearranged? The VPD commissioners have plenty of experience with that.



Girl Rising at Vashon Theatre

The Maasai Children’s Initiative and Woman’s Way Red Lodge, two nonprofits with local ties to Vashon, are bringing the groundbreaking film “Girl Rising” to the Vashon Theatre for a one-night screening, Tuesday, May 7th, at 6 PM. The event is a fundraiser for the two nonprofits’ international projects; tickets are \$5-\$15 at the door and donations for women’s and girls’ education will be accepted.

The highly acclaimed documentary tells the stories of nine girls from around the world who face – and overcome – unbelievable obstacles on the path toward getting an education. Each girl’s story was written by an author and is narrated by a cast of great actresses, including Meryl Streep, Cate Blanchett, Anne Hathaway, Salma Hayek, Alicia Keys, and others.

The film demonstrates the impact education can have on girls’ lives around the globe, and reveals a glimpse of the revolution for the right to an education. “If to see it is to know it, this film delivers hope; reasonable, measurable, tangible hope that the world can be healed and helped to a better future,” said Streep.



The Vashon screening is the third in a series of films about issues relevant for women and girls hosted by Woman’s Way Red Lodge. All monies raised that evening will go to projects in Kenya and Nepal. The public screening is made possible by generous support from Vashon Theatre and Island Green Tech.

Alaska Native Art around Vashon and on Spring Studio Tour

By Orca Annie Stateler

Tlingit artist Odin Lonning’s award-winning work is for sale at several Vashon venues this spring. For Vashon Island Art Studio Tour, Odin joins other skilled artisans at Vashon Woodworkers on Bank Road, Stop #8. Studio Tour occurs on the weekends of May 4-5 and 11-12, from 10 AM to 5 PM. The Alaska Native artist will have carved panels, boxes, and sculptural items, as well as painted drums and prints.

Odin has additional pieces available at the Vashon Island Coffee Roasterie, Vashon’s Chase Bank branch, and the Vashon-Maury Senior Center. He welcomes commissions and offers layaway payment plans on higher priced work.

A dedicated First Nations conservationist, Odin donates proceeds from his art sales to benefit Wolftown’s Wildlife Rehab and the Vashon Hydrophone Project’s whale research and marine mammal stranding response. For the unmitigated



Chilkat style Diving Killer Whale, © Odin Lonning, Tlingit

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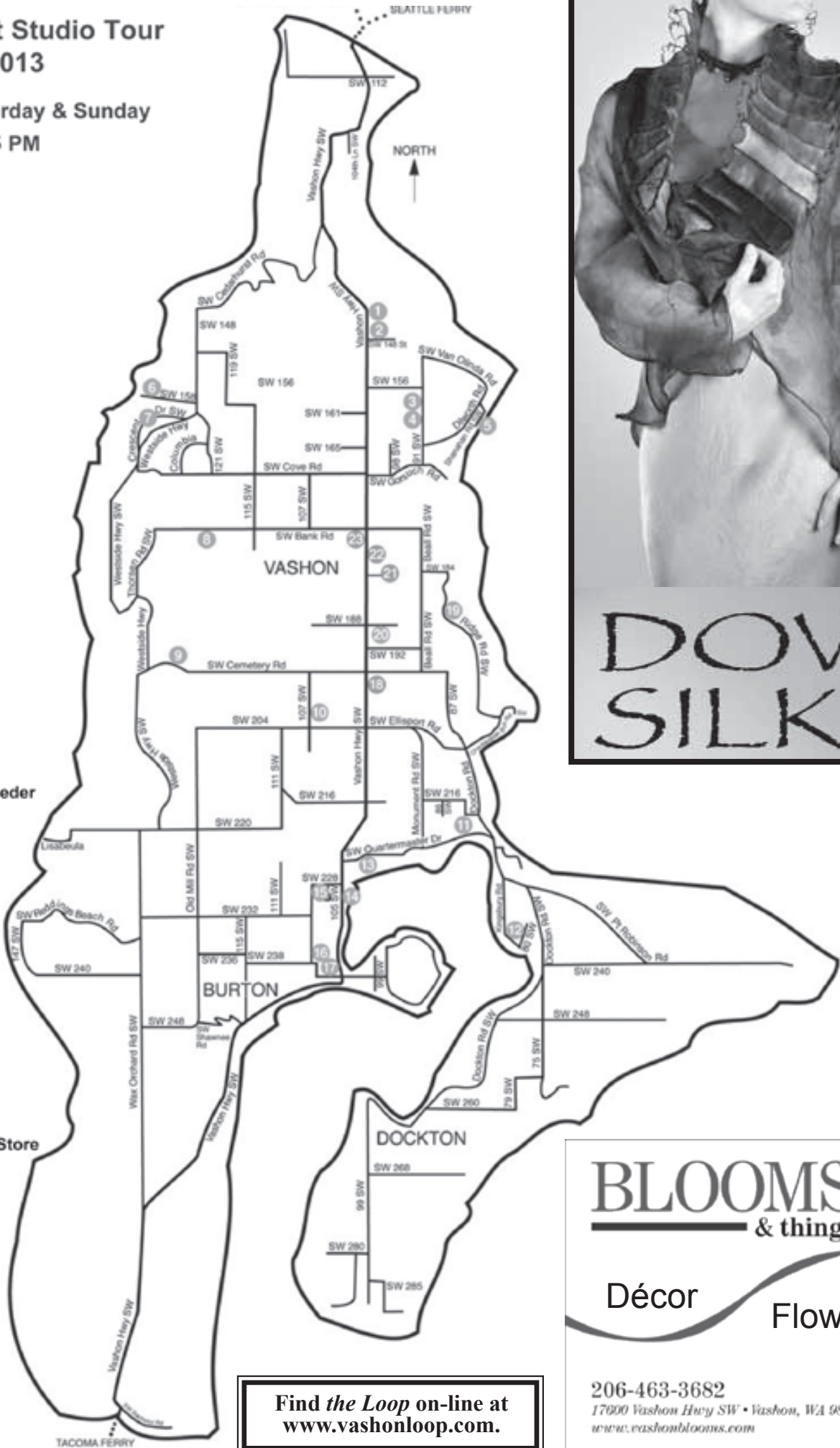
Vashon Island Art Studio Tour
Spring 2013

May 4-5 & 11-12 Saturday & Sunday
10 AM to 5 PM

- 1 Empty Nest Studio
14612 Vashon Hwy SW
- 2 Brian Brenno Blown Glass
9850 SW 148th St
- 3 Zartman Studio
16127 91st Ave SW
- 4 Kristen Reitz-Green's Studio
16203 91st Ave SW
- 5 GRB Bells
15810 Shanahan Rd SW
- 6 Mary Margaret Briggs
12500 SW 158th St
- 7 The Chick Barn
16209 Cresnet Dr SW
- 8 Vashon Woodworkers
12217 SW Bank Rd
- 9 Liz Lewis Pottery
12714 SW Cemetery Rd
- 10 Fiddle Home Studio
20020 107th Ave SW
- 11 Penny Grist & Larry Muir
8620 SW Quartermaster Dr
- 12 Reimnitz Studio
23505 80th Ave SW
- 13 Valerie Willson
22418 98th Ave SW
- 14 Azula By Design
23026 Vashon Hwy SW
- 15 Dean Hanmer & Dennis Schroeder
22837 105th Ave SW
- 16 Zuzko Jewelry
10404 SW 238th St
- 17 Bergamot Home
23927 Vashon Hwy SW
- 18 Vashon Allied Arts Gallery
19704 Vashon Hwy SW
- 19 Irene's Tiles
18818 Ridge Rd SW
- 20 kencjudd
9805 SW 188th St
- 21 Ignition Studios and Gallery
17630 Vashon Hwy SW
- 22 Heron's Nest
17600 Vashon Hwy SW
- 23 Pam Ingalls at The Hardware Store
17601 Vashon Hwy SW



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Vashon Island Spring Art Studio Tour

Continued from Page 1

artists who were in the ‘Coop’ are going to be coming over here. There will be about 15 artists with soaps, cutting boards, vases, silk scarves, prints, jewelry, wooden bowls, pottery, fabric arts and quilting. It will be very eclectic – a nice venue for people, a little marketplace.”

Mary Margaret Briggs (#6 On the Map at 12500 SW 158th St) is a print maker who is experimenting with a new style. She uses leaves to make impressions with ink on paper which gives her pieces an interesting natural quality. “I call this process ‘Botanical Monotypes.’ I cut my prints apart and then create compositions with the different pieces. It might be many pieces of paper or just a few. In my process I print for a couple of days and then when I have an amount of work that I like I stop printing and move on to the collage part of the process.

“I pick a theme in terms of color – related colors – at the beginning that I print with. Then I mix up those ink colors and I gather a grouping of leaves that I think would complement each other. Then I get to work making prints. I let the prints dry, then I cut the prints apart and glue them on to hard panels. When they’re finished I put several coats of a clear acrylic coating on them to protect them. Then they’re ready to hang.”

Sheree Tomoson of the “Empty Nest Studio” (#1 On the Map at 14612 Vashon Hwy) is a jewelry maker who likes to use natural materials. “My art is a reflection of my love of rocks and sea glass and other natural materials that I’ve taken into the jewelry realm. Instead of doing painting and paper art like I used to, I now have texture and depth which the rocks and the silver and other metals bring me. I like to make jewelry that’s different, I want it to express the art of the stones and the glass but also be kind of on the different and funky side, not always fit into the normal realms of traditional jewelry. It wasn’t intentional, but growing up on Vashon led to my art reflecting the environment here. I’m a product of this kind of interesting place that Vashon is. I think that the jewelry really shows that.”

Gordon Barnett - “GRB



Mary Margaret Briggs (#6 On the Map at 12500 SW 158th St)



Gordon Barnett of “GRB Bells” (#5 On the Map at 15810 Shanahan Rd)

Bells” (#5 On the Map at 15810 Shanahan Rd) makes silver and bronze bells in his studio. He’s been making bells for over thirty years now, and discusses the process and his inspiration. “I’ve been a jeweler since a part time job in college, even though I studied painting. The bells came along as a way to do a production line rather than the one-of-a-kind pieces that I had been doing, because I wanted to spread things out, both in terms of the numbers of pieces that I could produce and making them more affordable than the custom one-of-a-kind gold and diamond pieces like I was doing. Plus the bells made me happy, so thirty years ago I started with the bells and they’ve maintained as a small business for myself ever since that. I love the technical parts of the process, especially carving the wax, and I live under magnification. I tolerate some of the more mechanical parts of the process – polishing is fun, mold making is a very technical skill

that I’ve taught myself over the last 25 years, but casting I don’t do anymore. I had a friend set up a casting foundry in order to do that work for me. The bells made me happy, they made other people happy and they continue to be a great joy to me from start to finish. One advantage of the bells is that it’s a sort of a blank palette. They don’t have to fit a finger or an ear, so it’s a piece of sculpture where I can play with all kinds of designs. I’m very eclectic, I love history and mythology, numerology and botany, so designs come from the garden, from my fantasies and from lots of historical roots.”

Ilse and Hartmut Reimnitz of the “Reimnitz Studio” (#12 On the Map at 23505 80th Ave SW) are painters. Their studio also hosts their son, Gunter, who is a wildlife sculptor, and who makes life-sized herons and other birds that really seem to fly.

Hartmut tells me “I used to be a commercial fisherman, mostly out of Alaska, and when I quit ten years ago I became a painter. I paint in oil, mostly I’m self-taught, and I paint boats, fishing boats, and landscapes, waterscapes. It’s been great fun. We came from Germany in 1963 so this year’s a big year for us, we’re fifty years in America.”

Ilse says “I do monotype and watercolor. I’ve done watercolor for over thirty years, I studied art in Germany. I paint floral, landscape, abstract and I use the same subjects for the monotypes. I also teach workshops in watercolor and monotype in my studio.”

Visiting Vashon is great fun any time, but with these and the other artists on the tour opening their studios for you the next two weekends promise some wonderful surprises.

Poets Laureate and Community Read

Poets Laureate, in parallel poetry readings, converge on Vashon Island on May 4th and May 5th.

Saturday, May 4th, at the Land Trust Building, there will be a Community Read (open mic) for community poets, interspersed with poets reading from *The Weird World Rolls On* (2012) by Jean Davies Okimoto, featuring mostly Vashon poets, from 2:00 until 4:30. Hunter Davis is organizing the reading by the “Weird” poets. Community poets must sign in at the door.

Concluding the reading, the new 2013-2015 Vashon Poet Laureate will be announced, and new this year, the 2013-2015 Vashon Youth Poet Laureate. Ann Spiers, reigning Vashon Poet Laureate, wrote in a letter to the selection committee, “I became publically proud to represent a community that values poetry so it names a Poet Laureate.”

On Sunday, May 5th, the Vashon Branch of King County Library hosts poet Kathleen Flenniken, Washington State’s Poet Laureate at the Land Trust Building. Ms. Flenniken, a former civil engineer and hydrologist at the Hanford Site in eastern Washington, will read her poetry from 2:00 until 3:30. She will precede her reading with a workshop “to generate new poems and poetry”, noon until 1:30, at the same location.

Flenniken published her first poetry book, *Famous* (University of Nebraska, 2006), which won the *Prairie Schooner Book Prize in Poetry*. Her second collection, *Plume* (University of Washington, 2012), was selected by Linda Bierds for the *Pacific Northwest Poetry Series*.

All events are free. Please contact the library for any additional information regarding the workshop and Ms. Flenniken’s presentation at 206.463.2069.

Questions regarding the Community Read can be sent to vashonpoets@gmail.com.

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Island Epicure



By Marj Watkins
A Fanfare for Fishes

All fishes help your heart and your brain function. Some yield a sizeable amount of essential Omega-3 fats. To my surprise, I’ve found out that trout gives you even more Omega 3 fat, protein, and selenium than salmon with about the same calorie count. Note: Fresh fish do not have sunken eyes. Flat-eyed fish will do if eaten within hours of purchase. Our Chinese relatives only buy fish that are still flopping.

Here’s how salmon and trout compare nutritionally. All numbers are based on 3-ounce servings.

Sockeye Salmon: 144 calories, 6 grams fat, 21 grams protein, 840 milligrams Omega 3 fats, 4.8 micrograms B12, 447 IU Vitamin D, and 331 micrograms selenium.

Rainbow Trout: 143 calories, 6 grams fat, 20 grams protein, 905 grams omega 3 fats, 4.5 mcg B12, 645 IU Vitamin D, and 24 mcg selenium.

Besides, trout costs considerably less per pound than salmon. Note, too, the generous dose of Vitamin D you get in a mere three-ounce serving. This means a lot to your wintertime health.

An easy cooking method is to bake it in a 350-degree oven. In a glass or ceramic baking

dish long enough to hold a ½-lb. trout, melt a pat of butter. Tilt the dish so there will be melted butter beneath each whole trout. Slip fish in into the dish, turn fish over, and tuck a green onion and a parsley sprig into the tummy of each. Salt and pepper are optional. Bake about 7 minutes depending on the thickness of your fish. You want the meat to be opaque. A half-pound trout serves one hungry person or two with smaller appetites.

For a more elegant dish with very little more effort, give your trout a garnish of butter-toasted sliced almonds. Preparation takes only 5 minutes. You cook the fish no more than 10 minutes per 1-inch thickness. A skillet on the stove top, over medium heat, works fine.

TROUT ALMONDINE
Serves 2 to 4
4 Tablespoons butter (1/2 stick), divided
¼ to ½ cup sliced almonds
2 (1/2 lb. each) trout
Salt to taste
Minced parsley or cilantro
Lemon juice, optional

In a 12-inch skillet, on medium heat, melt 2 Tablespoons butter. Add almonds. Stir-cook until slices are golden. Pour with the butter into a cup or small bowl. Reserve.

Melt the remaining 2 Tablespoons of butter in the skillet. Add the fish. When brown on one side, about 5 minutes, turn and brown the other side. Cook up to 5 minutes more for 1-inch thick fish. Sprinkle with salt. Garnish with minced parsley. Serve from the skillet with a small plate of lemon wedges on the side if desired, but fresh trout is so good it doesn’t really need lemon.

Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

The Nuclear Family

By Rick Tuel

December, 1943: Mom and Dad were on their way to Dad’s first duty station in Galveston, Texas, when they took a little detour to Dalhart to have the ceremony performed. After all, there was a war on and if the Army had felt that the happy couple needed a honeymoon one would have been issued to them in boot camp.

The ink was barely dry on Mom and Dad’s marriage certificate when they arrived in Galveston. Dad was promoted to First Lieutenant, issued a parachute, and introduced to the latest hotrod pursuit aircraft in the Army Air Corps inventory: the super-charged, twin-engine, Lockheed P-38 Lightning.

His success rate with the P-38 was in keeping with the skills and abilities he had developed in all of the aircraft he had flown at this point. But now things were different. Now the cocky, self-assured flyboy had a wife to come home to at the end of the day, a woman with whom he wanted to spend more time.

Mom also had a problem brewing. The Ohio farm girl who grew up surrounded by

family suddenly found herself in unfamiliar places with her family focus reduced to one person who was absent much of the time.

The Army’s attitude regarding wives was virtually identical to its attitude regarding honeymoons, but over the years it had developed a workable policy that it deemed sufficient. It provided clubs and activities for the wives to participate in as well as social circles and support groups with whom they could interact.

There was a dissatisfaction beginning to form for Mom. She had struck out for independence in July of 1943, embarking on an unknown future that beckoned irresistibly. Now, six months later, she was in Galveston, Texas, newly married, and the U.S. Army was deciding what her future would be. As an Army wife she was learning to soldier on in the midst of a whirlwind which swept away everything before it. The seeds of dissatisfaction were blown into the future, where they would take root and grow.

By May of 1944 Dad was transferred to Baton Rouge, Louisiana. Having mastered the skills of flying twin-engine pursuit aircraft he entered into training for the Army Air Corps’ latest hotrod, the Martin B-26 Marauder, a medium bomber with an 8,000 pound payload capacity, enormous twin engines



and a quirky personality. It was rushed into service without testing or a break-in period, going straight from the drawing board into the air. Even the construction of the airframe was experimental, the fuselage being formed of cylindrical structures that were bolted together to save weight for the bomb load. The early models had undersized wings which gave it less lift but that was offset by enlarging the engines.

The pilots called it the “flying cigar,” among other things, and proved that given enough power one could fly almost anything. The learning curve was steep and pilot and aircraft casualties climbed. At a training field in Tampa, Florida, the grim phrase became, “A B-26 a day in Tampa Bay.”

Improvements were made in the later models and pilot skills became a source of pride. Once the pilots grew accustomed to its quirky traits some actually came to love the aircraft.

In September of 1944 Dad and Mom finally got some time together that could have been used for a honeymoon but as far as the Army was concerned it was just annual leave. Nothing special. Just regulations.

Years later, Dad revealed that they used the time creatively. Personally I think they may have started playing around creatively a little earlier, but Dad has been known to be creative when telling stories, too.

At any rate, by January 28th, 1945, the writing must have been on the wall. Dad was transferred to Brownsville, Texas, and on April 1st he brought Mom back to her home town of Dover, Ohio, which was soon to become my home town as well. Relatives on both sides of the family must have breathed a huge sigh of relief that their prodigal children had finally returned and life could become normal again.

In Europe the Third Reich collapsed in flames. Germany surrendered unconditionally on May 4th, 1945.

On May 28th I was born. It was a difficult birth. Mom was badly injured inside. For the next two years Mom would be having reconstructive surgeries, while her older sister Doris, my Aunt Dodie, took care of me.

On August 6th, 1945, the nuclear age was unleashed on Hiroshima on the Japanese island of Honshu, and on August 9th, it was unleashed again on Nagasaki on the island of Kyushu. Japan surrendered unconditionally on September 2nd, 1945.

That same month Dad was discharged from the Army. He spent the next six weeks adapting to being a peacetime civilian and father while Mom was recuperating from the first of many surgeries in Dover. In November Dad left for Fort Dodge, Iowa, to begin working in his dad’s tailor shop, and to find a house for us.

He was successful, and for the next year we were setting up for a normal life as a standard, salt-of-the-earth Midwest nuclear family, but the seeds of dissatisfaction were beginning to sprout for Dad, and we would not be in Fort Dodge for long.

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Aries (March 20-April 19)
You have recently been questioning many previously held beliefs about who you are and what you want. At times, this may have felt chaotic, like you did not have a clear vision of “you.” This week’s powerful Scorpio Full Moon will help you move through a sort of doorway, into a space with greater clarity regarding the internal changes you’ve been working through. An idea or answer you’ve been looking for will become apparent -- it’s been visible for a while, and a slight shift in perspective will help you orient on it. Think of it as one of those magic-eye puzzles. Initially when you look at the picture it’s a jumbled mix of colors and dots; shift your vision slightly and suddenly a face or image pops out in 3D. Like this puzzle, the Full Moon is bringing you an opening to shift slightly, and what seemed like chaos will now form into a cohesive aspect of yourself.

Taurus (April 19-May 20)
A perceived difficulty with a close partner has more to do with material you are working through than an actual problem with the relationship. Relationships are often mirrors that provide us the perspective to look back on ourselves. You are entering a fertile moment that will let you form a deeper connection with yourself and a partner. This current partnership is providing you with a reflection of your own desires and whether you are meeting those needs. I’m not talking about wanting to eat chocolate every day or change the color of your drapes, rather those core needs and desires that support the very essence of who you are. As you work through this material I suggest being careful of projections onto partners; instead, involve the person in an open dialogue about what you are working through. Holding space open for yourself to heal and another person to walk this journey with you will help strengthen your relationship.

Gemini (May 20-June 21)
With so many powerful planets lately moving through the area of your chart that covers community and your network, at times it may have felt more like you were moving through rites of passage than building a community. Those in your network challenged you in new ways; particularly your method of selecting who’s included in this community. As you continue to reshape your network, apply extra time and energy to communicate what you need to express. At the moment, you are particularly adept at communicating your thoughts and feelings -- balancing an approach that applies the appropriate amount of self-confidence along with plenty of empathy. Take the time to have any important conversations, initiating rather than sitting back and waiting for changes to occur on their own. As you take ownership over the process of building your community and network, it will become clear how much support you have.

Cancer (June 21-July 22)
Over the Scorpio Full Moon, an idea you’ve had for a while is ripe to be shared with the larger world. You’ve sat with this idea internally for some time, crafting and reworking it. Trust that you have the resources at your disposal and the traction to move your idea from your internal space into the physical world. In essence, it’s about trusting your own creative process to be your best resource. Creating something involves a willingness to try new things and the discipline to continually devote the right amount of time and energy to completing the project. Experimentation is part of the process. So is understanding the details of the environment in which you’re working. As you share the final product with a larger audience, notice the sensations you experience. Deep satisfaction is a clue that what you are doing is in line with your soul. You can also think of this as doing work that is meaningful to you.

Leo (July 22-Aug. 23)

An opportunity is arising for you to make what may feel like a bold career move. You may feel pulled in two directions -- between taking that step or staying with what is tried and true. What may feel like two competing ways of approaching a situation is actually part of the same system. Bold and daring projects or decisions need to have a strong, grounded platform to be based on. You can think of this as hedging your bets when you take a risk by doing your homework, working through many possible outcomes, and having contingency plans. I suggest using feelings of caution not as an excuse not to take the leap, but rather as a form of traction to help you prepare and plan. Having a full understanding of the situation and resources at your disposal will help maintain flexibility to move with the quickly changing career situation.

Virgo (Aug. 23-Sep. 22)
Lately, an agreement you’ve been negotiating may have felt particularly chaotic or confusing. Communication that normally would be clear seemed to go awry. You have many tools in the form of language to clear up the arrangement. This will call for a mix of precision in what you say, at the same time allowing for misunderstanding as others try to get clear. Clarify the grey areas in your own thinking, and know what you’re saying and feeling as you guide others. Working from a clear place will help others do the same. Don’t skip steps or leave out what you know is vital information -- that could lead to further miscommunication and confusing agreements. Proceed in small, concrete steps, rather than trying to rush communication to resolve the chaos. This approach will help you make significant progress in straightening out misperceptions.

Libra (Sep. 22-Oct. 23)
Over the Scorpio Full Moon, emotions may be increasingly intense and strong. Like a glacial river running deep under the ice, when the ice melts all that water is brought to the surface or exposed. This powerful Full Moon is moving you through a warming period, melting the metaphorical ice to expose more of your emotional body. I suggest not getting distracted by thoughts that you’re becoming too emotional or too sensitive; instead dive into your new internal depths. On offer is a chance to explore a part of your emotional body that you have not previously had access to. Feel your way through the territory, perceiving with all of your senses. As you get to know these emotional layers I suggest considering the role they play in your emotional-resources tool belt.

Scorpio (Oct. 23-Nov. 22)
As a high-energy Full Moon takes place in your Moon sign, the astrology is highlighting your relationships and how you approach them. For you, relationships strike an emotionally satisfying note when there is a strong element of stability and emotional support. This may at times feel like you are trying to control the dynamic, when in reality you’re looking for a steady platform to support your deepest, most vulnerable self. Over the Full Moon, a close partner is holding space for you to continue building greater intimacy through honest conversation. Resist the urge to control any aspect of your relationship or the discussion. Give yourself and your partner the grace to explore and grow through these conversations. Ultimately, what is available is the greater support you seek -- trust that a partner will meet that need.

Sagittarius (Nov. 22-Dec. 22)
Over the Scorpio Full Moon, you may experience the sensation of being pulled between having to invest time and energy into either your emotional health or your physical health. In fact the opposite is true: when you invest in one aspect of your health, the other benefits as well. You are in the process of gaining a new understanding of

how to be the custodian of your inner world and your physical body. Maintaining balance between inward sustenance and outward flow, you will have plenty for yourself and plenty to give. Tend and manage your process of tapping these resources. This stewardship will be important as the intensity and speed with which life moves and changes continues to increase exponentially. Stewardship of your emotional and physical bodies is an active, conscious process -- you can also think of it as a method of loving yourself..

Capricorn (Dec. 22-Jan. 20)
At the moment, you are being invited to take an emotional risk on a community or group you are a part of. You are used to being your own emotional support network, yet this has only gotten you so far in meeting your needs. Having people around you who can hold space and nurture your emotional needs is also important for you. You have more support in your network than you may think. An opportunity is forming for you to be emotionally vulnerable with those around you, though it may feel more bold and daring. Taking this kind of leap doesn’t actually involve much of a jump; rather hold space for others to meet your genuine self. This requires both openness and honesty. Think of this as asking for the support you need and providing those around you the opportunity to show up and give that. In the process, you will notice how deep the roots of your network go in supporting who you are.

Aquarius (Jan. 20-Feb. 19)
As you move through this week’s Scorpio Full Moon, you are working through a point of tension as though you are being pulled between following what fulfills you on an emotional level and working out the detailed steps of how you get from point A to

point B. One question you’re encountering is what information was kept from you, or that you did not see, that caused an exaggerated sense of inner complexity or confusion. Going beyond this means getting out of your head and seeing the world around you, or the larger pattern of your life as you actually live it. Allow your experiences to reveal your motivations and point to how you got them. You’ll make many discoveries as you learn to do this. I’m talking about a conscious investigation or exploration. This process will help you discern what you were taught versus what you learned on your own. In turn, you will notice what you’ve outgrown and what is outdated.

Pisces (Feb. 19-March 20)
You’re working through what may initially appear as a point of tension between an old and new viewpoint. I suggest thinking of this less as something wrong, and more as an opportunity or opening to cover a lot of ground in reworking a particular belief. Our beliefs can have a lot of power to shape how we experience existence. Imagine the viewpoint you hold as the filter and the lens is the experience of being you. Imagine that the experience of being you is a lens on a camera, and the viewpoint you hold is a filter on that lens. Just like changing filters on a camera lens to get a different color or effect, when you slip on the filter of your viewpoint, how you see through that lens changes. A situation at the moment is giving you a push to re-examine the filters you use. Despite what at times may feel like set patterns, the filter you use is one you can shape, mold, create and choose.

Read Eric Francis daily at
www. PlanetWaves.net

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Road To Resilience

Continued from Page 1

global economy. We now have “worthless” individuals and “worthless” communities that may try really hard to deny their gifts if by so doing they can secure a “job” or “jobs,” or “bring in cash customers.” It’s not the happiness and security of people that matters; it’s the money that gets made.

The only thing we can do is to detach ourselves as much as possible from that larger economy. We are already beginning to produce some really important local products: food, shelter, wood items, fuel, art, music. The more “priceless” we see our neighbors and the goods and services we provide each other, the more love and true value we will place on who we are, each one of us, and what we have. And the less prone we will all be to have the corporate money world convince us that something “priceless” unfortunately has no “value.”

I’m reminded of a recent documentary I saw about the impact of modern development on indigenous cultures. You could see the letdown on the faces of the people when the first air-conditioned bus drove into the village. They may have been getting along creatively, elegantly and happily for thousands of years, but it all of a sudden seemed shoddy compared to the shiny new bus. We have to really consider whether the shiny new bus has made us happier. It would be great if we could have both, but I don’t think that corporations place any value on our happiness, so they probably won’t budget for it.

My dad compared people like himself that subordinated themselves to the authority of the Church to be like dogs

that subordinated themselves to humans for steady meals and a warm place by the hearth. I see our subordination to money and the economy like that. Unfortunately, when the human master tells a dog to get off the couch or go out, they do it or else. Sometimes, human masters are much more sadistic than that, but dogs really don’t have much choice do they?

If we see that we are dependent on a paradigm that is bound to destroy life as we know it, and is already making things miserable, we need to consider whether our comforts and conveniences are really worth the price.

For Earth Day, we are called to “reduce, reuse, recycle”; the important part is “reduce.” In that vain, I would suggest that we avoid purchases unless they are local, turn things off, and leave our cars in the driveway.

Comments? Terry@vashonloop.com

**Next Edition
of The Loop
Comes out
Thursday,
May 9**

**Deadline for the next
edition of The Loop is
Friday, May 3**

VAA Dancers present Romeo and Juliet



Photo by Mike Urban

By Janice Randall

More than 60 dancers, ages 3 to adult, from Vashon Allied Arts Center for Dance stages Romeo and Juliet & Original Works Saturday, April 27, 1 and 7 pm, and Sunday, April 28, 1 and 5 pm, at VHS Theater.

According to Artistic Director Christine Juarez, the company will perform an edited version and showcases senior dancer Katherine Misel as Juliet, ‘a wonderful dramatic dancer.’ Cornish guest danseur, Sam Opsel will dance as Romeo. Meg Sayre brings the role of Nursemaid to life and danseur Quinn McTighe plays Romeo’s hot-tempered rival Tybalt.

Adult dancers include Kirsten Eastman as Lady Capulet and Barbara Gustafson as the village Flower Peddler. Ballet 2 dancers (age 8) join in as flower and fruit sellers.

Original Works highlights

VAA Center for Dance modern and jazz programs. Students submit original choreography, pieces are juried and recipients polish original work for stage debut. Juarez says. “I love seeing the individual voices come through their choreography. They often choose duets, where they also learn a lot about collaboration.”

Juarez lauds her loyal production crew including costumer Kate Guinee and set painter Laura Whitmore. “Our performance space is always challenging. We will use the entire theater space with surprises for the audience.” Holly Goddard transforms the lobby space into an Italian themed mercato with a bounty of thoughtful, dancer-made Mother’s Day gifts options and delectable treats.

Tickets, \$10/\$13, are available at VashonAlliedArts.org, Heron’s Nest and VAA, 463.5131.

Vashon Chamber Music Finale



Demarre McGill, Courtesy photo

April’s rousing Vashon Chamber Music Series season finale, Sunday, April 28, 3 pm. At Vashon United Methodist Church, features Mendelssohn’s glorious octet for 4 violins, 2 violas and 2 cellos. Performers include Artur Girskey, Natasha Bazhanov, Steve Bryant and Victoria Parker, violin, Heather Bentley and Sue Jane Bryant, viola with Douglas Davis and Rowena Hammill on cello.

Special guest, Seattle Symphony Principal Flutist Demarre McGill performs a Mozart flute quartet followed with romantic nocturne quintets by Arthur Foote and Alberto Ginastera’s South American flavored works performed by members of Mendelssohn String Ensemble.

Tickets, \$18/\$22, are nearly sold out. Check it out at VashonAlliedArts.org, VAA, or by phone 463.5131.

Cascadia ’10



Cascadia ’10 is the echo of Afrobeat in the Pacific Northwest—a sound resonating from Nigeria to the Emerald City. They are a small army of 11 experienced musicians, bringing hypnotically funky music to hips and feet wherever they go. They have opened for national acts, such as Garaj Mahal, and they will be recording a live radio broadcast for KEXP in May, which will be available for download this summer.

C10’s music consists mostly of original pieces, but it inherits from the rich legacy of Fela Kuti, Tony Allen, Femi Kuti & Seun Kuti, and the wellspring of music from Nigeria and throughout western Africa. Their goal is to lift people up by playing tight in the groove, making a night with Cascadia ’10 a party that is not to be missed, and one that will not easily be forgotten.

Friday, April 26 at 9pm. This is a free cover all-ages show ‘til 11pm, then 21+ after that.

At the Red Bicycle - 17618 Vashon Hwy SW
206-463-5590 - www.redbicyclebistro.com

The Baroque Trio Sonata

The Salish Sea Early Music Festival presents a quartet of the finest international soloists including leader of the Seattle Baroque Orchestra and violinist Ingrid Matthews, baroque cellist and director of the Montreal Baroque Festival Susie Napper, harpsichordist Hans-Jürgen Schnoor from Lübeck, Germany and baroque flutist and festival artistic director Jeffrey Cohan in THE BAROQUE TRIO SONATA, a performance of some of the greatest baroque chamber music by outstanding composers of the baroque including Jean-Baptiste Lully, Arcangelo Corelli, George Frideric Handel and Georg Philipp Telemann on Wednesday, May 1 at 7:30 PM at Bethel Church on Vashon Island. 148th Ave. SW and 119th Street (14736 SW Bethel Lane) on Vashon, cost: suggested donation \$15 or \$20; 18 and under free. Further information for the public: www.salishseafestival.org



or call (206) 567-4255

Upcoming Programs:

The Salish Sea Early Music Festival continues at Bethel Church on Vashon:

The “cream” of the flute and guitar duo repertoire from Beethoven’s time by the renowned early 19th-century guitar virtuoso MAURO GIULIANI will be offered on Wednesday, May 29 at 7:30 PM with John Schneiderman (guitar, Los Angeles) and Jeffrey Cohan (8-keyed flute).

Spotlights First Friday

Join The Spotlights Danny Cadman, Lauren Sinner, Scotty Johnson with Steve Amsden and Matt Eggleston for a great night of classic rock & roll songs. At Sporty’s, Friday May 3, 8pm



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Where the locals go!

Breakfast Lunch Live Entertainment

First Friday Art Film “Hitchcock,” plus secret film

Vashon Film Society presents “Hitchcock,” the entertaining 2012 bio-pic of film great Alfred Hitchcock (played by Anthony Hopkins), on Friday, May 3 at 9:30 pm for the First Friday Art Film Series.

The movie takes place during the filming of the director’s classic thriller “Psycho” and reveals Hitchcock’s late career struggle to remain a relevant filmmaker in the eyes of the studios, the media and the movie-going public.

While Hitchcock’s reputation for controlling behavior with his mostly blonde leading ladies is widely known, his relationship with wife and creative partner Alma Reville (played by Helen Mirren) has hardly ever been explored.

Drawing from the 1990 non-fiction book “Alfred Hitchcock and the Making of ‘Psycho,’” the film looks at how the director

turned down the movie project “Casino Royale” in favor of the creating a film version of the lurid novel “Psycho” written by true crime author Robert Bloch. The movie that resulted was the ground-breaking, now-iconic suspense film with Janet Leigh, Anthony Hopkins, the famous shower scene and that strident film score.

Vashon Film Society presents special feature and documentary screenings on First Friday Gallery Cruise nights following the art walk. Friday’s feature at the Vashon Theatre is rated PG-13, runs 98 minutes, and tickets are \$7.

Following the showing of “Hitchcock,” VFS will present a free late night secret film screening.

Pam Ingalls’

Continued from Page 1

communicate humanity with paint. Peace is possible when we care about other people – and other communities,” says Pam. “With enough small connections, we realize our similarities, and that we are all part of the same world.”

Raffle tickets cost \$10 and are available at Vashon Bookshop and the preview party. Pam’s show at The Hardware Store Gallery is part of the Vashon Island Studio Art Tour, open 10-5, Saturdays and Sundays; May 4,5,11 & 12. For more information about the MCI, go to www.maasaichildrensaninitiative.org.

Find the Loop on-line at www.vashonloop.com.

Find us on Skype Vashon Loop 206-925-3837

Homegrown Mirth & Music at The Vashon Theatre

By Smyle E. Face

The Vashon comedy collective known as Plan V will present an afternoon of comedy and song at the Vashon Theatre on Sunday, April 28 at 4PM. Join in the hoopla, high jinx and hilarity for the premiere performance of Vashon Island’s brand new comedy show! Some of the Island’s wackiest residents have been searching for a way to legally have fun in public while staging weird and wonderful sketches, original songs, spoken word pieces and showcasing special guest artists.

Performer Jeanne Dougherty is excited about the new ensemble. “Plan V is a group of talented Islanders who are creating a show of homegrown humor, songs, comedy sketches, clowns, video, and true stories. We’re a troupe of familiar Island performers seeking a unique way to celebrate our community with comedy. Many of us have written and performed with Church of Great Rain and other Island shows so some aspects of this new production may seem familiar but it will be it’s own beast.”

Karen du Four des Champs, another Plan V actor, talks about the show’s evolution. “We went from Plan A to Plan B to Plan V and found an edgy style along the way. The plan is to have a great time and bring a smiling audience along for a wild ride. Come laugh with us!”

Special guest Duo Finelli will be there, and the ensemble is buzzed about Bill Wood teaching everyone to sing “Mary Jane”, the follow up hit to his Island anthem “Keep Vashon Weird”. Bill is a former Hollywood screenwriter and has just broadcast his 300th Jazz Guy Show on VoiceOfVashon.org.

Veteran actor Paul Shapiro has stepped up to direct the Plan V show. Shapiro is the founder of Vashon’s Shakespeare on the Green, was a professional circus clown and has appeared in theater productions nation-wide. Paul, sharing his wry take on the production, says “Vashon is so lucky to have such talented and funny folks in our midst. I heard there was a tour bus coming over from Ballard for the show to get a more humorous perspective on life. The ferry has even ordered lutefisk for the occasion.”

The multi-talented Jon Whalen is bringing comic acting, singing and sound effects to the show. He recently produced his own concert called One Lucky Guy that showcased six Island female vocalists, took the stage in Drama Dock’s “Rocky Horror Show” and acted, wrote and created sound effects for Church of Great Rain. Jon says he’s ready for a new comedy show. “We



have been wandering in the wilderness, stumbling over rumble-strips and now that we’ve touched-down once again on good ol’ Vay-shawn Island, we’re mostly looking for a crowd to surf!”

Adrienne Selvy Mildon, piano teacher and keyboard player for many Island bands says “After the wonderful collaboration with Jon, Lyn McManus, Arlette Moody and others for the One Lucky Guy concert, I know this will be another love fest of creative Vashon talent.” Adrienne says she’s thrilled to be working on a new song arrangement for The Twisted Sisters to perform.

Special guest Duo Finelli is a vaudeville-style comedy team, performing music, comedy, and circus. These two ladies specialize in bright and irreverent comedy with a rhythmic absurdity. Luz Gaxiola plays accordion, and Molly Shannon plays ukulele as well as dances and performs circus feats. They recently relocated from San Francisco to Vashon Island to develop new work for touring.

Cast members say the show contains adult themes so parental guidance is advised or you may have some explaining to do. Even though the show poster features a classic portrait of Thalia, the Muse of Comedy partially clad, the cast would like to assure everyone there will be no nudity. However, souls may be bared for the sake of humor they say.

Plan V Homegrown Mirth & Music will take the stage at The Vashon Theatre on Sunday, April 28 at 4PM. Tickets are \$10 and are available at The Vashon Theatre, Vashon Bookshop and Brown Paper Tickets.

Plan V is supported by Performance Exchange, a non-profit that encourages creative collaboration among performing artists. For more information, see PlanVshow.com.

of the IsleWilde community festival. We are supported by your donations and a King County 4 Culture grant. The festival will begin the weekend of August 2nd with mask making workshops, and will culminate on August 23-25 with our traditional lantern walk at dusk Friday, and our community pageant on Saturday. Interested participants should come out to The Bike for the show, and visit our website at



www.islewilde.org.
Happy Mother’s Day!
Saturday, May 11 at 8pm. \$10 cover.
This is an all-ages show ‘til 11pm, then 21+ after that.
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www.redbicyclebistro.com

Camille Coldeen

Camille Coldeen is a singer/songwriter from Vashon, who currently resides in Portland, Oregon. Her work is influenced by an eclectic variety of folk music, from Appalachia to the Balkans, echoing archetypes of Antiquity and drawing on the roots of black American folklore. Her lyrically-driven style weaves a haunting voice with a quaint and versatile accordion. As the former frontwoman of The Diggers, Camille gained a degree of recognition within the Island community, and the work she did with her fellow Diggers helped forge her unique composition style.

Camille is currently working with producer Jason Staczek on her second solo E.P., Goodbye, Formaldehyde. On May 3rd at the Red Bike, she will be accompanied by a variety of talented musicians for a performance to raise funds to complete the project. In addition to the musicians who contributed to the recordings (former islander Stefan Wolzcko and Ben Lang of the Riptide Ramblers and former member of the Diggers), Camille will also be joined by a handful of those who have inspired her



own musical journey, including Mark Graham, Orville Johnson, and more.


Friday, May 3 at 8:30pm. This is a free cover all-ages show ‘til 11pm, then 21+ after that.

At the Red Bicycle
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First Friday at Cafe Luna



The Embroidery Lady of Charles N. Pete Designs has a passion for photography as well. From the time she was given her first camera at 7 or 8 years old she has been taking pictures daily. Through the years she found that black and white photography is where her heart is. These pieces are the result of the marriage of unedited, un-retouched black and white prints and natural bee’s wax painting (Photo-Encaustic). The wax causes the photos to change and shift in texture and reflection of light. Show opens May 3, 6pm at Cafe Luna, 9924 SW Bank Rd. on the west side of Vashon Highway. 206-463-0777

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Community Cinema Vashon Presents: The Island President



President Mohamed Nasheed of the Maldives is a man with a bigger problem than any other world leader has ever faced — the literal survival of his country and everyone in it. After bringing democracy to the Maldives, he must now ensure that his tiny country doesn’t disappear under rising sea-levels. That means capturing the attention of global superpowers, forging alliances, persuading the skeptical, and learning the ropes of international political horse-trading. Despite the size of his country and his political challenges at home, Mohamed Nasheed has become one of the leading international voices for urgent action on climate change. Tuesday, 4/30 6pm-8pm FREE at the Vashon Theatre.

Community Cinema Vashon is brought to you with the generous support of Voice of Vashon, Vashon GreenTech, and the Vashon Theatre. An engaging and informative discussion with local experts about climate change follows the film.

Please visit www.ccnw.tv or www.communitycinema.org for more information.

The Mother of All Shows

Take mom out for a night on the town! “The Mother of All Shows”, IsleWilde’s annual variety show, will take place on Mother’s Day Eve, Saturday, May 11th, 8:00Pm, at The Red Bicycle Bistro and sushi.

This year’s lineup includes, but is not limited to: Vashon’s own John Browne, Iris Spring & Rob Strausser, Duo Finelli, The Modern Front Porch Blues Band, featuring Andre Sapp and Pat Reardon the mosaic poetry of Jenessa Wight, Patrick McManus Steve Lipke, plus a few surprises for an all-ages evening of fun for the entire family!

Duo Finelli is a vaudeville style duo that incorporates music, comedy, and circus antics into their entertaining act. They met at the San Francisco Clown Conservatory in 2005 and have been performing together since, performing irreverent physical comedy in English, Spanish, and Portuguese. For more information on them, see www.duofinelli.com.

Tickets are ten dollars at the door. Bring mom, and children under eighteen are free!

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Our website is finally up and running (although not quite finished yet). Check it out the next time you are browsing and let us know what you think!

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Lo'py Laffs

Can you tell me why the Vashon Chamber of Commerce will keep the traditional name of the summer event, "THE STRAWBERRY FESTIVAL", when there aren't any strawberries? However, it changed the traditional names that tens of millions know as EASTER EVENTS: "EASTER EGG HUNT" to "SPRING FLING" and "EASTER RABBIT" to "BIG BUNNY"?



LOGJAM



BY Jeff Hawley

