

24th Annual Junior Sailing Program Saved

Open to the Public--Juniors and Adults Welcome!



By Tom Shugrue

QYC Member and Sailing Camp Graduate

Making our way down to the docks last year for our first day of the adult sailing class, my partner Marcie asked if I thought we would get wet and whether the boats had bathrooms. I assured her the boats would not have bathrooms and we would not get wet. Well, I was half right, which would be great if we were trying to hit a baseball. The very first thing we did after introductions was a capsized drill/swim test! We learned how to tell wind direction, tie some key knots, how to right the boats after a capsize, and how to sail at least as fast as the person next to you, which happened to be our neighbor Dale. Regardless of my false assurances, it was one of our most adventurous and fun weekends all summer.

Because of excellent cooperation between the Vashon Park District and Quartermaster Yacht Club, the 24th Annual

Junior Sailing Program will be offered again this summer beginning the week of July 14. With cuts in Vashon Park District funding, the Sailing Camp, along with many other summer camps, faced cancellation. Working together, the staff and board of the Park District, and the sailing committee and the board of the Yacht Club were able to create an arrangement for the Sailing Camp to be again offered this summer—for juniors and for adults!

The sailing program is one the most popular summer programs offered on the island. During the past 24 years over 2,000 island youngsters (and a few adults) have learned how to sail, and over 100 island young adults have learned the responsibilities of being certified sailing instructors. To ensure the Junior Sailing Program continues to be offered in the future, we started a fund raising effort to create an Opportunity Fund to support

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VYFS Withdraws as VARSA Fiscal Agent

Vashon Youth and Family Services (VYFS) announced today its intention to withdraw from its role as fiscal agent to the Vashon Alliance to Reduce Substance Abuse (VARSA) and as contractor with King County on the Community Prevention and Wellness Initiative (CPWI).

“The CPWI project has changed its focus over the last three years we’ve been involved with it. Today it is much more about community organizing, and VYFS is a service provider, not a community organizer,” said Kathleen Johnson, VYFS Executive Director. “However, it’s important to remember we want to keep working with VARSA to reduce youth substance abuse on Vashon,”

Since the beginning of the year, a sub-committee of VARSA known as the CPWI Workgroup has been updating the Coalition’s action plan. This new plan, plus new county requirements under CPWI have mandated a reallocation of

the funding to areas outside of VYFS’ core prevention services.

This will result in a loss of funding to VYFS’ prevention programs, delivered through staff operating out of the PlaySpace. “It’s a cut of somewhere around \$100,000 annually, which is a significant loss of funding for our Family Education and Support Services,” Johnson said.

“Despite that, I hope the community recognizes the members of the workgroup have all volunteered countless hours doing complex research and analysis. They worked through a difficult process with great integrity,” said Johnson. “We’re extremely thankful for their efforts.”

The loss of funding will result in a loss of some prevention programs. “We haven’t worked out all the details, but there will be a change of services offered through the PlaySpace,” said

Continued on Page 6

Low Tide Celebration



Vashon Beach Naturalists finding critters in a tidepool among eelgrass, with Keepers Quarters and booths on the upper beach. 2010 Low Tide Celebration. Photo by Jay Holtz.

By Rayna Holtz

The ninth annual Low Tide Celebration will bring beachwatchers, information booths, food and fun to Point Robinson on Saturday, June 14, from 10 to 3. As the water recedes to an exceptionally low -3.3 feet, the Vashon Beach Naturalists, Puget Sound Corps folks, and other knowledgeable volunteers will help everyone celebrate the diversity and remarkable adaptations of the many species of plants and animals who form the communities of life along the shoreline. Meanwhile, from his lighthouse tower, Captain Joe Wubbolt, chief of the Keepers of Point Robinson, will preside over tours of the historic red-roofed building that has warned water craft away from the steep point for nearly 100 years.

At the foot of the tower, a circle of information booths will offer information on the species being observed, on the quality of water in the Maury Island Aquatic Reserve, on currents and algal blooms in the South Sound, and on the wildlife and native plants of the area. Once again Jessica DeWire will set up her beach kitchen and sell delicious food, while at the neighboring booths Pam Coello-Bond will tell occasional stories at the Blue Heron craft sale booth, and Odin Lonning will talk about native uses of

beach plants and animals at the Vashon Hydrophone Project booth.

On the beach there will be a sprinkling of signs to point out some of the less mobile species, such as anemones, sea stars, Turkish towel seaweed, sugar kelp, and rocks adorned with limpets and chitons. To encourage people to report their sightings, the Low Tide Celebration Information booth will put up a large species list, and the booth volunteers will mark down all reports they receive. Please stop in and share your discoveries, so that we can begin to keep track of what’s common and what is rare at our annual celebrations.

For further information, contact Erin Durrett at 463-0303 or Rayna Holtz at 463-3153. We appreciate the sponsors who make this event possible: Keepers of Point Robinson, King County Water and Land Resources, Washington Environmental Council, Washington State Department of Natural Resources, Vashon Watersports, Vashon Park District, Vashon Watersports, Americorps, Vashon Hydrophone Project, Vashon-Maury Island Audubon Society, Vashon Beach Naturalists, Vashon College, and Vashon Park District.

Low Tide Celebration Children’s Activities

By Maria Metler

This year, the Low Tide Celebration is focusing on children, both on the beach and off. So bring the whole family to Point Robinson on Saturday June 14th between 10:00 am and 3:00 pm. A group of paddlers organized by Snohomish leader Mike Evans will arrive in a traditional canoe, the Blue Heron, after pulling from Des Moines. All those ashore will enjoy joining with Shane Jewel and the Free Range Folk Choir in singing a traditional song of welcome.

As the sea recedes incredible organisms will slowly reveal themselves. Curious explorers can direct their questions to any of the Vashon Beach Naturalists and other volunteers on site for the day. Learn how a sea star can survive with seemingly no eyes, or how it eats its dinner- this is one creature who would definitely not be praised on its table manners. Discover an animal with an iron-toothed tongue who, just



The thrill of discovery!! Vashon Beach Naturalist Adria Magrath explores the beach with an interested little boy. 2010 Low Tide Celebration. Photo by Jay Holtz.

like us, sleeps in the same spot every night. Or, ever heard your child say, ‘I’m gonna puke my guts out? You can meet the animal who actually does this and learn why (another one not to invite

Continued on Page 7

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*The payments reflected are principal & interest payments only & are based on 30-yr amortization & 20% down payment. Mortgage insurance, property taxes, & homeowners insurance not included. This is not intended as an offer to extend credit, nor a commitment to lend. Loan rates, fees & terms presented here are for illustrative purposes only & may not be currently available. The document was prepared to assist real estate professionals in illustrating some financial options available.

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\$200,000	\$177,248	\$158,173
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\$400,000	\$354,496	\$316,346
\$500,000	\$443,120	\$395,433
\$600,000	\$531,744	\$474,519
\$700,000	\$620,368	\$553,606

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Deadline for the next edition of *The Loop* is **Friday, June 20**

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Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Community Drumming

All are welcome to join Buffalo Heart, the big community drum, and members of the Vashon Drum Circle, Friday, June 13, 7-8:30 PM, outside at the Village Green. Sponsored by Woman's Way Red Lodge.

VCC Caregiver Support Group

Vashon Community Care will host a Family Caregiver Support group open to all family caregivers in the community. It will take place the first Thursday of each month from 7-9 pm. Contact cara.aguilera@providence.org/ 567-6152 with questions.

Marijuana Anonymous

Marijuana Anonymous, Presbyterian Church
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Have a Story or Article

Send it to:
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Green Party's monthly meeting

Come to the Vashon-Maury Island Green Party monthly meeting (second Tuesday of each month) at Joy Goldstein's home. Other interested progressives always welcome! Share your thoughts and your interests.
DATE: Tuesday, June 10, 7:00 to 9:00 PM
LOCATION: 10329 SW Bank Road, Vashon
DIRECTIONS: From Vashon center, go west on SW Bank Road 0.3 miles.
Joy's home is on the south side. Park along Bank Road.
Major Topics:
Petition Signature Collection for Initiative 1329, "We the People Act"; Vashon Tool Library; and other topics from attendees.

Questions: Melvin Mackey, Secretary, (206) 463-3468

Vashon Agriculture Development Plan Public Open House

What: Vashon Agriculture Development Plan Public Open House
Where: Vashon Land Trust building, located at 10014 SW Bank Rd, Vashon
When: Tuesday, June 10, 2014, 7 – 8:30pm PDT
Description and Agenda:
A University of Washington graduate program in Urban Planning has been working with VLT and VIGA to create an Agricultural Development Plan for Vashon Island. June 10th will be an open house to learn about the Plan's specific elements.
Agenda*
7 - 7:10pm -- Light refreshments.
7:10 - 7:20pm -- Presentation to introduce the Vashon Agriculture Development Plan and the UW Master of Urban Planning studio class.
7:20 - 7:45pm -- Meet students at different stations to dive deeper into each of element.
7:45 - 7:55pm -- Presentation to introduce the Vashon Agriculture Development Plan and our UW Master of Urban Planning studio class for those who cannot attend the first presentation.
8 - 8:25pm -- Meet students at different stations to dive deeper into each the element.
8:30pm Open House concludes.
*Agenda subject to minor changes.

Chief Leschi School Song & Dance

Sunday, June 8, 2:00 pm, Vashon Library, 17210 Vashon Hwy. SW. In the park if sunny, in the library meeting room if rainy.
Free. For whole families.
Fifth grade students from the Puyallup Tribe's Chief Leschi School will sing and perform traditional dances in celebration of the opening of the Vashon Heritage Museum's new exhibit, "Vashon Island's Native People: Navigating Seas of Change."

Author Reading, David Laskin

Author David Laskin writes about ordinary people whose lives are forever changed due to cataclysmic events in history. Perhaps the most fascinating story he has written to date is his own. Laskin's newest book, "The Family: Three Journeys Into the Heart of the Twentieth Century", focuses on the story of his own family: those who perished in the Holocaust, those who immigrated to America and those who relocated to Israel. Pieced together from letters his family saved for over six decades, we follow the branches of close relatives through the



early 1900's to shortly after WWII. Laskin provides stark contrast to each group's story - while one family perishes in the concentration camps of Nazi-controlled Europe, those who left for America become wealthy manufacturers. His Aunt, the matriarch of the family, was the inventor of the Maidenform bra. Laskin will read from "The Family" at 7pm on June 14th at Havurat Ee Shalom. This program will explore how his family dealt with being Jewish in the 20th century, about displacement and immigration, about the importance of telling the stories of our families, and about the indispensable importance of memory. This event is free and open to the public, although donations are gladly accepted. For more information, visit www.vashonhavurah.org.

Women on Target Class Offered

The Vashon sportsmen club is sponsoring an NRA "WOT class" at the VSC lodge. June 21st. Class times are 9:00 AM through 5:00 PM Saturday. This course covers safety, operation of different firearms, mechanics, marksmanship and position shooting. Cost is \$100.00 per student. Lunch is included. A parent or legal guardian must accompany students under 18 years of age at no charge. To enroll, contact Cindy Morrison @206 567-5047 or cindy198@comcast.net

Water District 19 Board Meeting

Water District 19's next regular board meeting scheduled for June 10th, 2014 at (new time!) 4:00 PM here at the district office. 17630 100th Ave SW, Vashon.

The Vashon Loop

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New Vashon Business Provides At Home Costco Shopping

There’s nothing quite like summertime on Vashon; Lounging on the deck, barbecuing with friends and family, relaxing on the beach. These are a few of the things that make this time of year so great. But, there’s always something that cuts into your relaxing weekend, like the shopping trip to Costco you need to take. Which part of the weekend will you sacrifice: your Friday night, your Saturday, or your Sunday? Don’t interrupt your weekends anymore, because now you can order your favorite Costco products from “C-Box,” a new Island business that delivers Costco’s products right to your door. Order any time before the twice-monthly Friday deadline using C-Box’s website, www.CBoxVI.com, and have it delivered on Sunday to any Vashon address.

C-Box is the creation of third-generation Islander, Daniel Porro; and after weeks of delivering to satisfied customers all over Vashon, Daniel and C-Box already have an appreciative following. You might know Jenny Mickelson, owner of the Love & Laughter Day Care Center and mother of three, who says, “I would recommend C-Box to anyone who wants to save time, money, and their sanity! I hope C-Box sticks around on Vashon forever because I’ll be a customer for life!” And, Jenny doesn’t need to worry; Daniel has made a home here, and he plans to continue growing C-Box into a household name for many years to come. He’s dedicated to customer service; and always available to answer questions, meet customers’ individual needs, and always treats you

with the respect and care you deserve. Ordering from C-Box works just like Amazon.com or other online retailers; simply add items to your shopping cart and checkout when you’re ready. Order any time before the Friday deadline and everything will be delivered two days later on Sunday. Choose from PayPal or Stripe to securely and reliably process your payment and protect your personal information. C-Box currently makes deliveries every other week, and, as demand increases, is working towards becoming even more frequent; delivering everything you need to run a home, throw an event, or to fuel a small business.

C-Box is committed to offering quality products at affordable prices, consistently and reliably delivered to your door. With no membership fees and no delivery charge for orders over \$100, shopping with C-Box makes sense whether you take trips to Costco or not. Whether you’re too busy to go shopping, or just want to reclaim your weekend free time, C-Box benefits all types of people on Vashon. So, relax! No fees, no \$22 ferry fare, no lines, no crowded parking lots; just great Costco products, conveniently ordered from your home or office, delivered anywhere on Vashon. Enjoy every single weekend this summer, and don’t worry about cramming your vehicle with a 3-month supply of anything. Log on and check out C-Box today at www.CBoxVI.com. (Questions? Daniel Porro (DanielPorro@CBoxVI.com) would love to hear from you!)

KVSH FM Is Over Half Way There!

By Richard Rogers

Structural engineer Art Rack, along with Voice of Vashon’s Rick Wallace, climbed the 80’ District 19 water tank to survey logistics for installing the KVSH FM antenna.

Art is shown at the top of the ladder and in the inset view from the top with Open Space in the background. Rick is half way up the tank ladder using a special climber’s safety harness.

This climb by Art and Rick dramatically represents the extraordinary efforts by many volunteers and VoV is now over half way to its fundraising goal to put KVSH on the air.

To read about VoV’s progress and to watch a short video of Islanders describing what an FM radio station will mean to our entire Island community, visit VoiceOfVashon.org/RaiseTheTower.



Bicycle Shop and Art Gallery Opening

Long time island resident and artist, Tristan Ruegamer will be opening a custom Bicycle Shop and Art Gallery. Our First Friday Opening will feature water color and ink paintings plus a few custom bikes. The Shop is located at, 9816 Bank Road. (Behind Nirvana, across from the DOL.)

Tristan’s paintings are difficult and meticulous, often taking up to a year to complete. This show will be a sampling of his entire body of work from 1996 through 2012. The Gallery plans to show other independent artists in months to come.

Bike repair will also be available. Kriss Stoddard, the 8 year mechanic of Vashon Island Bicycle will be assisting in major repair and custom builds. There will also be Dahlia bouquets for sale, when in season. Stop on by this Friday, won’t you?



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Japanese on Vashon: A Rediscovered Presence

By Helen Meeker

Creators of The Census Project, Alice Larson and Bruce Haulman, will talk about their census research project and what they are learning about Japanese residents of Vashon Island on Wednesday, June 18th at 7 p.m. at the Vashon Maury Island Land Trust Building. They will describe how they located the information that makes it possible to discover more about the Japanese populations here and what is revealed about these residents from their first appearance in the 1900 Vashon census through today. Further, they will speak of what they are doing to identify all the Japanese from Vashon who were interned or voluntarily exiled, where they went, and whether they returned or not after the War.

Alice Larson, PhD, works with non-profits and government agencies throughout the country providing social service research design and development assistance. She is an expert in data development and demographic analysis and a member of the Vashon College faculty. Bruce Haulman, PhD, is a retired professor of History from Green River College, creator of the Vashon History website: www.vashonhistory.com, and a member of Vashon College faculty. He is the author of Vashon-Maury Island Images of America (2011) and A Brief History of Vashon (2015 in press). The



Mary, Heisuke, Mitsuni and Yunichi Matsuda, about 1935.

pair recently received 4Culture funding through Friends of Mukai to support the next stage of this Project.

Everyone is welcome to the Friends of Mukai public program, a part of their annual meeting. They will report on the organization’s activities and elect the 2014 Board of Directors. Friends of Mukai programs are supported by the 4Culture/ King County Lodging Tax Fund.

VHS Plant Sale



The SLC (Supported Learning Center) classroom at VHS will be hosting a plant sale in the greenhouse on the VHS campus on Friday June 6th from 12:30 pm - 4:30 pm. The plants were started and grown by SLC students working with mentors under the guidance and help of staff. All proceeds go to benefit the life skills/community/vocational program for students with disabilities. Some of the plants available are a variety

of tomatoes, eggplant, peppers, zucchini, squash, basil, cucumber, pumpkin, and many flowers. The SLC would like to thank our generous sponsors for their contributions. True Value, Island Lumber, Thriftway, Kathy’s Corner and The Country Store. Most of the remaining plants will be donated to the Vashon food bank and any other charitable organizations in need. Please come over and support a great program!

Boots Needs A Home...

In my tuxedo and boots, I’m dressed for any occasion, formal or informal. I’m shy at first, but then I let new people scratch my head and I purr to say, “Thanks for paying attention to me.” I like kids, too.



Go To www.vipp.org Click on Adopt

Island Life
If We Do Nothing
By Peter Ray
“I’d be comfortable telling the director to not commit to anything for a couple of weeks.”- Bill Ameling, VPD Commissioners Meeting- 13 May 2014

I just spent the better part of the last two days reliving a part of the recent past in order to try and understand why it is that I always come out of a Vashon Park District Commissioners meeting scratching my head and looking for the closest insignificant and innocuous inanimate object to pummel into oblivion with directed and most deliberately emphatic, blunt force. As I no longer have the option of walking out of these meetings as I did on my first excursion there a year and a half ago, one has to learn to vent in creative ways that do not bring injury and misfortune to unsuspecting victims. This is a good part of why I usually walk to and from the meetings- the walk home being the main way I have to let what has just transpired evaporate into the night air. Unfortunately, the heat from this exchange may prove to be a significant contributor to global warming. The upside to this, however, on the most recent return home was that the infuriation of the evening almost entirely drifted away as I walked into the cloud of fragrance of black locust flowers that was waiting part way down my driveway. As this option is not always available, I find that stomping Wendy’s soda and energy drink cans into compacted aluminum pancakes, or giving names to weeds and grasses as I send them flying with the orange crossfire plastic string on my weed whacker is a mildly satisfactory release.

So, in going through the recordings I made of the two commissioners meetings in May, my suspicions about why these meetings are so annoying were confirmed- for the most part, the commissioners generally spend the bulk of two or more hours deciding to do nothing. One need only look at the agenda for the two meetings to see that they are virtually the same, suggesting perhaps a certain stagnation. The major item that was different between the two meetings was a discussion at the first one about a land donation that someone wanted to make to the park district as a tax write off. As it turned out it was land that is contiguous with a fairly large tract of land that the Park District accepted from King County Parks a while back. As Mr. Ameling stated when asked about that bit of parks history, the VPD has never made any plans for it, there has never been a focus group to discuss that, and there was no demand for a park there. One could have of course asked here, why hasn’t there been? Further on in the discussion regarding this land, Mr. Ameling posed the question as to why “we would acquire a liability”. One might ask why this property might not be an asset instead, or at least having the potential to create revenue and goodwill. The Spring Beach community, where these properties reside could potentially benefit from acquiring these properties as their access road in transverses part of the park land, and some of their watershed is contained there as well. The VPD could have taken the donated land, and allowed the donor to get a write off, and then turned around sold the land back to the community for a nominal fee, getting both good will and much needed operating capital in the bargain. The commissioners voted to turn down the land.

The next big item on the agenda was the pool, both days. At the first meeting we learned that the pool was basically ready to open, with all of its inspections passed and a potential Department of Ecology approved solution to the backwash

water dilemma in the offing. The bulk of the ensuing thirty minute discussion however revolved around whether or not the commissioners would attend a meeting that had been requested by the school board, who are the pool and VPD’s landlord. Mr. Ameling stated that the park district’s insurance company had said something about not admitting culpability on the side of VPD regarding the backwash water issue, so it was decided that no one would go to that meeting. It was then stated that as a part of an ongoing attempt to reduce the necessity for excessive backwashing, which mostly occurs when cleaning the pool up when opening each spring, it had been decided that the best way to do this was to maintain the pool through the winter and keep it covered so as not to allow in leaves and prevent the algae growth that necessitates the yearly backwash cleaning. Mr. Ameling then stated that this was “probably something we should have done ten years ago.” What he didn’t say was why, since he’s had ample opportunity in those ten years he’s been around in his capacity as commissioner, he hadn’t decided that would have been a good idea back then. And as Mr. Ameling has stated in past meetings, one of the two most requested things that Island residents would like VPD to do is to cover the pool- not just a winter weather cover to keep leaves out, but a real cover that would allow year round use of the pool, alleviating the need for a spring restart ritual. This could have served to make the idea of maintaining the pool for nine months of the year just to keep it clean a bit ridiculous, as well as somewhat wasteful, and allowed a park asset to become much more so.

But the real kicker in the do nothing realm came at the latest meeting, where executive director Elaine Ott said that the Department of Ecology had approved the backwash leach field proposal for construction and that the insurance company and the school district had agreed to covering a bulk of the costs. There was some uncertainty as to whether or not this solution would work, although a seventy five percent success rate was anticipated. This would have allowed the pool to open without necessitating the trucking off-Island of the chlorinated backwash water once every week or so. It seemed to be all go. But somehow after forty more minutes of discussion the board decided 5-0 to not do anything and continue to truck the backwash water off and to revisit the discussion in the fall. As a parting bit of wisdom, Mr. Ameling said “you don’t need to solve the future if you don’t know the future.” With Mr. Ameling’s twenty six years of accumulated past with the VPD, we can now see what kind of future this kind of thinking has brought us. It would have been a simple decision to at least try the simple solution in this case. As it is, it was stated that the cost of the more complex solution, the third possibility of three ways to go, is about equal to the cost of filling in the pool, which I believe is what Mr. Ameling meant when he talked about “walking” from continuing to run the pool if things proved too expensive to continue operations. It will be interesting to see what that particular future brings if and when we have to solve it.

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Qwalsius - Shaun Peterson: The Embodiment of Culture in Art

By Rayna Holtz
From the first time we met him, Shaun Peterson already knew what he wanted to create for the Vashon-Maury Island Heritage Museum. Laurie Tucker and I, co-curators for an exhibit telling about Vashon’s first people, came with a mutual friend, Holly Taylor, to visit Shaun in Fife and discuss the project we hoped to fund with a grant from 4Culture. Shaun, whose native name is Qwalsius, told us he wanted to create the figure of an octopus. Wonderful, I thought, he probably admires their intelligence and the female’s fine parenting instincts.

More than a year later, after receiving the grant, after engaging in numerous email, phone and live conversations with Shaun, and after finally picking up the sculpture a week ago, Laurie and I now realize that Shaun has higher priority reasons to choose the octopus. Called devilfish by old-timers who hunted it for food but also feared its toxic bite and powerful eight arms, the octopus has traditional associations for the Puyallup people that make it especially meaningful in connection with Vashon. Vashon’s first people, the sHebabS (Swiftwater People), are part of the Puyallup Tribe of Indians. Shaun once heard Puyallup elder Ramona Bennett say that the octopus reaches its arms from the old Puyallup village sites of Commencement Bay and Point Defiance toward the village sites in Quartermaster Harbor and Gig Harbor, and beyond them to touch many nations. In Shaun’s image, the arms curling inward represent pulling the people together. As he began the project he posted a message on his blog stating, “This concept to use that image is to ask our people to come back to this place where they are no longer strangers in their own home.”

For the Puyallup people, whose presence in this place has been traced back over 6,000 years by archaeologists, this land and all its attributes and critters are so deeply familiar that they are inseparable from the culture and identities of the people. The animals, plants, and even mountains, boulders and winds have personalities and volition. Long long ago, all of us were people together, before the Changer came and made some of us into wind and others into humans or salmon. The traditional native person, looking at a Pacific giant octopus, might see not only the flesh and blood cephalopod who lives along our shorelines, but also the connotations from many contacts with real and storied octopuses, perhaps as a brother from the days before Changer came, who has unique gifts and powers, and whose story is entwined with one’s family’s story through centuries of oral tradition.

Shaun Peterson received the native name Qwalsius in 2005. It had belonged to his great grandfather, Lawrence Williams, and carries with it a responsibility to honor his family, community, and ancestors.



Now recognized as an expert on south Coast Salish design, he began carving and painting immediately following high school, mentored by Steve Brown, Greg Colfax (Makah), George David (Nuu-chah-nulth), and Loren White. His works are in public collections worldwide, including Japan, China, Ireland, and Germany, and his largest piece is a 24-foot tall Welcome Figure erected in 2010 in Tollefson Plaza, Tacoma. He is an Artist-in-Residence for Tacoma Art Museum, a teacher of Culture and Arts at Chief Leschi School, a public speaker at universities and colleges, a member of the Bill Holm Center advisory board, and recipient of the 2013 Foundation of Art Award for Greater Tacoma Community Foundation.

Shaun has said, “As a Native American artist working in contemporary materials and methods, I’ve tried to educate the public that Native art has worked to define the traditions we try to adhere to today. The new methods are coming out of new necessity and much needed exploration.” Sometimes criticized for utilizing not only wood and natural materials in his art, but also glass, steel, aluminum, and other new materials, Shaun notes that his people have always been resourceful, and are bringing 21st century resources into the service of ancient cultural tradition. His statement on the Stonington Gallery website sums it up: “I believe that the art itself has been most responsible for preserving our stories through intrigue and curiosity. Though I work in a variety of media I keep in mind that it’s not the media that drives the works themselves but the story or feeling it is supposed to carry to the observer.”

Come and see his stunning octopus made of yellow cedar, metal, and glass mounted on red cedar, displayed at the Vashon Heritage Museum as a highlight of the new exhibit, “Vashon Island’s Native People: Navigating Seas of Change.” Shaun Peterson himself plans to attend the opening on First Friday, January 6, 6 to 9pm. Many thanks are due to the exhibit sponsors, 4Culture, Puget Sound Energy, Dig, Beth de Groen, Rick’s Diagnostic & Repair Service, Inc., The Hardware Store, John L. Scott Real Estate, Northwest School of Animal Massage, and Vashon-Maury Island Heritage Association.

Spiritual Smart Aleck



By Mary Iuel

Beautiful Cousin Nancy Moves On

Cousin Nancy died on my birthday. You might think that feels bad, but it feels bittersweet. She is at peace now. No more pain, no more drugs, no more cancer. She’s with the angels, no doubt telling them how they can do their jobs better. She could always tell you a better way to do something. It could be annoying, but it was the basis for her working career, streamlining manufacturing processes and organizing warehouses.

They were happy the first few years, and in 1976 had a son, Jeff. Unfortunately Jerry started to drink. When he lost his job in Oakland, he found another in Long Beach and they relocated. Jerry’s alcoholism progressed, and one morning Nancy got up and dressed herself and Jeff in several layers of clothes. She said good-bye to Jerry as if she was going to work and taking Jeff to school, got in her car with Jeff, and drove up 101 as fast as she could, back to the Bay Area. Jerry spent the rest of his life harassing her and Jeff



Nancy last fall with her son Jeff and grandson Josh.

She was born in 1947, the second of two daughters. After Nancy’s birth her mother, Chick, began to notice symptoms which were diagnosed as multiple sclerosis. Chick raised the girls and ran the home from her wheelchair as long as she could, and then the girls had to take over. Nancy would come home from school and do whatever needed to be done to take care of her mother, and then make dinner for the family. Some days Nancy would come home and find her mother had fallen out of her chair. She described rolling her mother onto a blanket and dragging her down the hall to the bedroom, cleaning her mother up, getting her into bed in a fresh nightie and jacket. Chick died in April, 1964, when we were juniors in high school. Nancy’s older sister Charlotte married soon after, and Nancy lived with her dad until she turned 18, at which point he told her she was on her own. He refused to pay for any further education for either of the girls, or to support them. Nancy got a job as a bank teller and found a place to live. She enjoyed the single life, and then she met Jerry. They moved in together and later married.

and not paying child support. Jerry died in 1994. Nancy settled in Benicia, a lovely little town on the Carquinez Straits, to raise her son. She got a job and stayed with it for over 20 years, until the company downsized her. She also got a job cleaning up and closing a laundromat seven nights week. When Jeff spent weekends with his dad, she did housecleaning jobs. During those years, when I went to visit Nancy, she’d go to sleep mid-conversation. She had a couple more manufacturing jobs. One moved the factory to China. One she was pushed out of by a guy who was later arrested for his double dealing in his work. After that she had a series of jobs that were unsatisfactory. As she reached her late 50s she discovered that it was pretty hard to find a job if you were an older, plus-sized woman. In 2010, she was diagnosed with colon cancer. She had surgery followed by six months of chemo, and was pronounced cured. She went to her son’s wedding in Hawaii in November of 2011, which was the happiest day of her life if her expressions in the pictures are anything to

Sailing Program Saved

Continued from Page 1

the sailing program. This fund will support scholarships for the program, upgrade safety boats and the sailing fleet as needed, and provide an emergency fund to allow the program to continue to operate into the foreseeable future. If you would like to contribute to the Sailing Program Opportunity Fund, you can send donations to the Sailing Program Opportunity Fund, PO Box 2917, Vashon, WA 98070.

Junior sailors (age 11 and over) spend four days on the water with Sail USA Certified Instructors learning to sail. Junior programs are limited to 20 sailors and run from 10:00AM to 4:00PM at Quartermaster Yacht Club. Beginner sailors (age 8 - 10) enjoy one instructor for every four sailors as they learn how to safely be on the water. Adult sailors also are paired with an young instructor. Beginners learn the basics of handling a boat, basic sailing techniques, basic water safety, and basic marine ecology. Beginner camps are limited to 12 sailors and run from 11:00 AM to 3:00 PM. The adult camps are conducted on a weekend, Saturday and Sunday from 10:00 AM to 4:00 PM.

Weekly classes start the week of July 14th and run through the week of August 15th. Each week offers one Junior camp for 10-year-olds and older, and one Beginner camp for 8-10-year-olds. Adult classes are offered by demand. Class fees for this year are the same as the past -- \$220 per student per week until June 23 and \$245 per student per week after June 23rd. Scholarships are available through Vashon Park District. You can register at the Vashon Park District Swimming Pool or by calling the Vashon Park District at 206 463 9602.

go by. The cancer came back in February, 2012. Nancy lived on chemo from then until this spring, gradually becoming more disabled. This winter she went blind in one eye. That was her last straw. She turned to her sister Charlotte one day and said, “I don’t want to suffer.” Pause. “I’m suffering.”

She went into hospice at the end of April. I drove to California to say good-bye. After I got back, I talked to her on the phone a couple of times. She was on heavy painkillers and I could hardly understand her slurred speech. She was barely here anymore.

Her friend Anne called me last Monday night to tell me that Nancy was gone. Those are the bare and by no means complete facts of Nancy’s life. They don’t tell you how much fun she was, how upbeat in the face of the adversity, how generous, with how little complaint she lived through three years of chemotherapy, and indeed her whole hard knock life. She loved her family, her friends, gambling, and staring at the ocean, which she called, “Renewing my staring certificate.” That, she said, was her church. Rest in peace, my sweet beautiful cousin.

VYFS Withdraws as VARSA Fiscal Agent

June 5 ‘14

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Lori Means, VYFS’ Director of Family Education and Support Services. “We are going to focus on birth to six family support, to build strong families from the beginning. We believe, and the research documents, that investing attention during this time period has the greatest impact on combating underage drinking and illegal drug use among youth and young adults.”

The new action plan does provide possibly as much as \$35,000 for services through VYFS, although VARSA and the agency are still negotiating what work might be fundable under the terms of the CPWI contract.

VYFS has given King County 90 Days’ notice of its intent to withdraw from CPWI. During this time, VYFS will work with VARSA to manage a smooth turnover to the new fiscal agent for the coalition and a new contractor under the CPWI program, to ensure the program continues to provide support for the diverse range of programming the workgroup has defined.

VYFS intends to continue to work with VARSA on delivering prevention services to families with children on Vashon. “With the changes occurring in the design of CPWI

at the state and county level, it has become clear that VYFS is much better suited to serve as a partner on the Coalition or as a service provider supported by the Coalition. We think this change will strengthen our ongoing relationship with the Coalition,” said Johnson.

The Island community shows many risk factors for underage drinking and illegal drug usage, including one of the highest Adverse Childhood Experiences scores among parenting adults in the county, high 30-day use rates for marijuana and alcohol use in 8th, 10th and 12th grades, and a perceived cultural tolerance for alcohol and drug use.

“With these factors at play, VYFS as an agency needs to focus on what we do best: delivering effective prevention services to every Island parent and caregiver,” Johnson said.

The CPWI project is a five year funding opportunity offered to communities through organized Coalitions. Each funded community can receive approximately \$140,000 to support approved activities, including prevention programming, environmental strategies and public awareness and education campaigns to help reduce underage substance abuse.

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Aries (March 20-April 19)
Look carefully at what demands your relationships seem to make on you. For example, consider what you’re expected to sacrifice, or what you think you have to give up, especially if it involves an element of your identity. Consider the ways in which your affiliation with another person demands that you compromise your sense of right and wrong. Recent, subtle shifts in your astrology indicate that what is normally difficult to see is now easier to perceive. What has evolved is that you can feel your own values more clearly; you know what you hold dear, whether it’s an idea, a way of life or an approach to love. Once you have that context, it’s much easier to see the ways that what others say and do violates your sensibilities. Clinging to your values in the face of adversity is one thing; living them boldly is another -- and now is the time to make, and act on, that distinction.

Taurus (April 19-May 20)
Venus has returned to your birth sign, another way of saying that you’re getting a boost of confidence in understanding a matter of commitment that may have been testing your endurance. Commitment is not a competition, though it’s often presented that way. Controlling another person is not a precondition of being committed to them, though that’s a narrative that we are often conned into believing. In the life of every conscious person there comes that moment when they discover that they must adopt different relationship values than the ones that they got from their parents, and for you this time seems to have arrived. Fortunately, you know more than your parents did, you have more options, and you’re very likely to be more self-aware. What has not changed is the ongoing influence of peer pressure to make stupid decisions. Don’t fall for it.

Gemini (May 20-June 21)
The recent New Moon in your birth sign has demonstrated how good it feels to act in unison with yourself -- mind and body, heart and soul. Your solar charts describe mighty goals, and state that you have a vision for yourself that’s becoming clearer every day. It will take strength and focus to meet those goals, and that begins and ends with being in harmony with yourself. Most of us are taught to fight ourselves. Simone de Beauvoir in her masterpiece *The Second Sex* described how women are raised to spend so much time in conflict with themselves that they have little time to rise to the challenges of the world. Wilhelm Reich described the plight of the “little man,” the man who is conditioned to feel small, worthless and powerless, and is therefore weak and miserable. So it seems that everyone is in the same boat. To rise up and meet the challenges of creativity and career, you must be aligned with yourself, and get over any delusion of littleness. You would do well to have these things be your first goal, every day of the week, for every decision you make.

Cancer (June 21-July 22)
If you have something to say, particularly to an intimate partner, family member or therapist, this is the time to say it. Humanity in its current state has plenty that it bottles up, and after a while, these secrets come to define us; they shape who and what a person is. For the next couple of weeks, you may have a rare perspective on how this process works for you, and you can actually do something about it. That something begins with tapping your body-knowledge, then translating that into words -- no matter how imprecisely

they may seem to describe your situation. You must start somewhere, and that means opening up to yourself. As you do, information will come through from your dreams, which will serve as a healing modality on its own and help you put matters into context. Then at a certain point, sooner rather than later, you will have the option to initiate conversations with one or two people with whom it’s absolutely necessary. That will open up other possibilities; one step at a time.

Leo (July 22-Aug. 23)
You need to get out more -- and not just for social purposes, but also for business purposes. You can walk the line between them just fine and have fun in any event, though it’s clear that you need a wider conversation than you normally get to have. This will serve two purposes -- one is that you’ll be able to consider more diverse points of view, which I suggest you instigate by engaging people in conversation. Second is that you will get to overcome certain insecurities that have become more noticeable in the past year or so. What seems to be happening is that your viewpoint is being confined to a smaller place, thus, it cannot stretch out like it might otherwise. When you do get out and among others, make sure you converse with people about anything and everything, no matter how weird, questionably appropriate or taboo. Listen to what others say about their existence and you will learn a lot about yours.

Virgo (Aug. 23-Sep. 22)
If you have to solve the same problem repeatedly, you’re not really solving it. If you figure something out and come up with the same solution again and again, you’re probably not taking action. This week’s New Moon in your 10th house of achievement is an invitation to do things differently. That means setting new goals, and approaching them with different strategies. The upcoming Mercury retrograde is calling on you to take a more intuitive approach to what you do, rather than a logical one. I don’t mean an emotional approach, though at this point there is no denying what you’re feeling; there is no denying what you want or what you need. Intuition is gentler, quieter and contains more specific information than most other forms of inner contact. It may contain a caution but rarely contains actual fear. So if you’re feeling fear, I suggest you look into what that’s about. Your solar chart suggests you ask yourself about the fear of going deep. Since you want to go deep, you’ll have to confront that issue.

Libra (Sep. 22-Oct. 23)
You have all kinds of plans, you’ve been unusually decisive and yet you may be wondering how much progress you’ve made the past month or so. The real marker of progress is your direction of movement, not how far you’ve come. Look for evidence that you’re more committed to what you’re doing. Look at what you’ve let go of that was not working for you. Consider the extent to which you express the value you hold for the important people and situations in your life. Notice whether you show up someplace significant, and how you feel when you do. Do you feel more confident than you have in the past? Your astrology describes you as internalizing or dialing-in personality features that are not typical to what you’ve done in the past. So this may be a tentative kind of confidence, what you might feel in an unfamiliar place but knowing you have the experience and maturity to handle anything that might turn up.

Scorpio (Oct. 23-Nov. 22)
What happens when you get what you want is always an interesting reality check. Not everyone is happy about it. Not everyone is comfortable. Some people are thrilled and others are resentful. Some feel entitled and some feel guilty. Some want more, and some are eager to share. So, I would put the question to you -- how do you feel when you get what you ask for? Next level or layer, how do you feel honestly wanting who or what you want? How do you feel when you notice or see whomever or whatever that is? Some people feel control, some feel greed, some feel desire, some feel appreciation, some feel a focusing of their intent. Your astrology calls for careful reflection on your responses to who or whatever you may desire, inquiring deeper than you might ordinarily go, noticing things subtler than you might usually observe. Pay particular attention to fear that may arise, in any of its many forms.

Sagittarius (Nov. 22-Dec. 22)
For a little while, consider everything a potential message from the gods. You’re philosophical, curious and adventurous enough to do this. Listen carefully to what people say and imagine, for a moment, that it’s a direct revelation of truth. Observe the visual world around you for symbols that have personal or universal meaning. This isn’t because everything you see is indeed a divine message (though the case could be made that it is, from a metaphysical standpoint). Rather, I suggest you do everything you can to keep your mind open to the cosmos. If you do, you’ll notice things that you might not have noticed had you considered it all the average, ordinary stuff that most people will think of it as being. Notice, in particular, the quest, desire or struggle for the people to orient on healing. Listen to what they say and notice the choices they make, no matter how small or meager they may seem. Notice that value taking hold anywhere around you -- anywhere at all.

Capricorn (Dec. 22-Jan. 20)
If you are trying to sort out the difference between self-esteem and narcissism, I have a clue for you. I know that these two ideas are often confused or conflated, and that’s a problem. It’s necessary to center one’s life on oneself, but there are many ways to do that. One way to distinguish them is to notice whether you’re interested in other people for their sake rather than for your own. The problem with narcissism is that it really does not care -- either what happens to others, or how they may feel about someone with this issue. There is a kind of chilly emotional detachment to narcissism, and that is what makes it such a problem. If you care, show

The Vashon Loop, p. 7
that you do. Don’t play it cool; be real. Say it in words and demonstrate it in deeds. Allow yourself to be part of someone else’s existence in a real way. This calls for vulnerability, the real thing. Now, if you happen to discover that you don’t really care so much? You can start by inquiring as to how that came to be. Once again it comes back to vulnerability.

Aquarius (Jan. 20-Feb. 19)
There’s a direct relationship between insecurity that has its root in a sense of being injured, and the potential to be an equal partner to others. The two ideas mirror one another. If you have some sense of yourself as injured, then the idea that you could be someone’s equal will seem to lack any credibility. It might even be too frightening to consider. The sensation may be, if I am actually met on level ground, then this person may see through me. They may see what I’m struggling with. They may figure out how hurt I feel. Now, all of this is an idea. There is not the perfect, independent person, and anyway if you ever meet one, they would know the path that it took to get there. Part of being an equal partner involves having a healthy relationship to the plight and the quest of being human, which these days is pretty challenging. That is the level ground -- it’s not about perfect people getting together to be perfect, or injured people getting together to be injured. And this level ground -- well, it starts inside of you.

Pisces (Feb. 19-March 20)
When I sat down at my desk in April 1995 to write the first Planet Waves horoscope, I don’t think I could have imagined writing my 1,000th column. Yet here we are, nearly 20 years later, and I am grateful for that. Being a horoscope writer is mysterious enough perceived from the outside. From the inside, it’s the experience of getting to write to you -- and that means ongoing introspection. The beauty of writing horoscopes is that to do so, I must carefully consider every aspect pattern I write about from 12 distinct points of view, and write both to and from that perspective. I would not want to be a horoscope writer were I not a Pisces, because Pisces is the ultimate sign of ‘shape shift and see things from 12 points of view’. That kind of holistic viewpoint is one essence of Pisces, and of Chiron in Pisces, and if you step fully into that perspective you will see the world in a way that few people can see. I believe that is a gift, given for a purpose, and in Pisces fashion, intended to serve the greatest good for all concerned.

Read Eric Francis daily at [www. PlanetWaves.net](http://www.PlanetWaves.net)

Low Tide Celebration

Continued from Page 1

over for dinner)! Almost everything we encounter on our beaches is harmless. There are two exceptions likely to be encountered. The color in their name warns you to STOP! (and just observe). These are the red octopus (with a nasty bite) and the red rock crab (with bone-crushing pinchers). Octopuses have a neurotoxin in their saliva which causes a necrotic wound that swells and heals with difficulty.

Besides exploring the beach, there are a number of other activities. Older children will enjoy discovering how much life can be found in a single spot by participating in a Hoop Investigation. There will be new illustrated guides to Pt. Robinson beach life to help them. Or, get above it all, with a tour of Point Robinson Lighthouse by Captain Joe, the Head Keeper of Point Robinson

Lighthouse. There is a special area of the beach dedicated to making sand castles, with some materials provided to aid in their creation.

Crafts will be available from the Blue Heron Canoe booth as well as spontaneous story telling! Jessica Dewire will be serving up delicious grub when your snacks run out! At other booths young children will find a number of simple and quick activities to engage in. These are designed to offer children something fun, educational and entertaining to do while their adult companions learn new information. Children will enjoy discovery bottles in which they search out a list items inside-like hide and seek in a bottle; or coloring pages and word searches; felt boards, sensory boxes.

Positively Speaking

Father's Day

The SS France was a magnificent ship. Sailing to Southampton booked into an inside cabin cost \$262 one way in 1968 according to the receipt. Dad had gone halves on it with me. I worked all summer to earn my portion. Every penny of babysitting money and retail sales salary went into the purchase. Dad never said 'no'. He expected that if I came to him with an idea, I was to have thought it through and considered the viability. He would ask questions about my considerations and then we split the cost. Girl Scout horseback riding camp, tickets to see the Beatles, the Rolling Stones, expenses for the car - I paid gas, he paid insurance - all were split down the middle.

As the only girl in a family with three sons, he gave me another affirmation. The expectations for me were the same as for my brothers. There wasn't anything I couldn't do according to him. He expected me to hold my own in debates, conversation, dancing - particularly the fox trot which I learned with my feet on his - social graces, work ethic, and recreation.

Now, as the purser called 'All ashore who are going ashore' over the loudspeaker, he turned back to me, just before exiting. Crossing the lobby, he embraced me and wouldn't let me go. Every girl needs a Dad who really loves her. It took me a while to sort things out and realize that, but it has made a life giving difference in my life.

Which segues the conversation into Ministerial Association 1992-1995. Men, all men, except for, occasionally, Sally Thompson the associate pastor from the Wesleyan community, and, for a few months before Tom Martin came, Laurie Alioto. I hope I have spelled her name correctly. By fall of 1993 it had settled into pretty much me and the guys.

We met for breakfast regularly. From Quaker to Assemblies of God and everything in between, every single leader of a Christian fellowship on the Island plus a retired pastor and a pastoral counselor, ate together, shared our lives, our ministries, our cares, our hopes, our vision, our calling. I had twelve brothers. It was the sweetest fellowship I'll ever know with any group of men. Thanksgiving worship was rotated. Good Friday we all drew 'words' and seven of us would preach on the seven last words of Christ. The new guy always got Easter Sunrise sermon. John Erickson held the helm. Meaning, he had the manila folder with previous worship services' bulletins.

Our combined Vacation Bible School had the final potluck held at St John Vianney's because there were too many people involved to hold it anywhere else. Some of us agreed to be targets in the dunk tank at the Salmon Festival dinner. Many of us made our favorite dishes for the "Holy Smoke" fundraiser for one of the charities, while people paid to taste our wares. We were a team serving Island Christians.

Father Tryphon was celebrating worship at St Patrick's in Dockton and living with Father Paul in a little blue house. But he had a set of blueprints and a dream of a new monastery. The other guys had blueprints too. David, Paul, Tom, one the Johns, and Frank all had plans for expansion. The churches were growing and they needed more functional and worshipful space. Five of the six men saw their building plans come

By Deborah H. Anderson



to full fruition.

The time around those pushed together tables at Sound Food in the early morning while Nan waited on us were holy moments, sacred conversations.

Eventually a couple of us got the edict from on high, in our respective denominations, that we were not to work collaboratively in ecumenical situations. Some of us died. Some retired. Three of us were terminated although we did not move off the Island. There were some new leaders who felt only pastors currently leading a church ought to be included. One guy was told he couldn't associate with women in senior positions of leadership. The last time I remember attending was the day after 9/11. We were a small and fragmented group by that time.

Nowadays you will sometimes hear me talk about the need to end Patriarchy and establish Egalitarianism, particularly in the church. Patriarchy hurts men. It places too many false expectations on them. Men are fragile creatures with insecurities and doubts and, sometimes, inept abilities just like women. Nobody is really strong unless they have been affirmed and confirmed of the abilities and worth from another human being.

That's what happened around that table. For three years I saw humble men of God being very transparent, living out their faith, sharing their concerns and cautions. They heard my heart the same as any of their colleagues sitting around that table. Not one of them ever patronized me with reference to my gender. In fact the one time someone spoke sharply to me, he drove to my house to apologize.

When the higher ups from the denominations got involved and started requiring the men to be patriarchs, and separatists, my heart was very sad. Their original impulse was what Jesus had in mind I think when he was walking around with the disciples. Each of us had a strength to share and each of us lacked something filled by one of the others. For three years we were Christian community the way it's supposed to be done. We were better for it. None of the churches has ever regained that strength. You can't. Shared calling, shared faith, shared struggles, shared vision, shared burdens equal unity, the cord of three strands that cannot be broken all around our faith.

Wherever you are in heaven or on earth, John, John, John, John, Tom, David, Paul, Frank, Lou, Bob, Jeff, and Father Tryphon. I cherish that time together, before it changed, before we all went our separate ways and gathered in groups of similar minds, forgetting our similar hearts, our similar love of the Lord. At that moment, at that table, you were exactly the kind of men God intended for men to be. Thank you for including me. Happy Father's Day.

Love,
Deborah



Battle with the Bank Part II: Hope for the Houseless

By Brian Warner

In the first installment of this story, I described how I fell for my bank's misrepresentation of a predatory mortgage when refinancing my island home of over a decade, and the exhausting first two years of trying to get that loan modified.

Two Lawyers and a Letter

Now I was in the second half of my journey, with an attorney to help me and a huge sense of relief at having all the bank's correspondence go directly to his office. However, shortly thereafter I received the dreaded letter of the sale date of my house. Near certain that disaster was imminent, I met with my lawyer in a panic, and was informed that this letter was not necessarily a bad thing. The rules of the game had changed: now that they were paying real money to their lawyers and had my lawyer to answer to, their runaround would no longer serve them. "Ok," I thought, "Game on!"

But... there was still another year of hither-and-thither, it was just more expensive. No matter what documentation we provided them, they said they needed something else. It just went on and on. During this time my lawyer retired and passed me on to a colleague. I was apprehensive, but it turned out to be a great stroke of luck. I wish I'd had this one from the start. He was ethical and fair in his dealings with me, explained things in a way that I could understand, and stuck it to the banks until we won! Here's how it happened...

A Speakerphone on the Table

Another year brought us to the table - me, my assistant for the process (mentioned in Part I), my lawyer, theirs, a mediator, and a speakerphone on the table with the voice of a bank representative in California. For the first time, I was able to look someone in the eye. Well, almost. We went over the same stuff we had told them for years while they looked for any possible nit to pick. Turns out, they needed a document that I had sent them multiple times. (Big surprise!) "I was told that you were actually professionals," I said, "and that we weren't going to have to play this game over and over again." I explained that the document in question was sent to them so many times that the last time I had sent it I made them promise me that it was digitized. All they could say was, "Well, we need it again." At this point it was becoming clear even to them that they had been, and still were, just plain ol' screwing with me... or plain ol' incompetent. Or both.

Incredibly Good News

One month later I arrived for a meeting with my lawyer to find him smiling. He told me that we had received an offer - the best one he had ever seen. I could hardly believe my ears. Not only did I get a monthly payment that was

within \$5 of what our offer to them was, but they forgave half of the remaining debt, taking me from the very real possibility of losing my home to having reasonable monthly payments - as well as from a house with an upside down mortgage to one with equity.

I was scared to death that there was some sort of clerical error and they'd withdraw their offer at any moment. It wasn't until I'd completed the 3-month trial period of the new loan and everything was finalized that I knew I could breathe a sigh of relief and get on with my life.

This rollercoaster of dreams and disasters went up and down so many times that, by the end, I was flat-out numb from it all. Day and night for over four years, the thought that dominated my mind was, "What am I going to do if I lose the house?" Every communication with the bank turned up another obscure piece of paperwork I had to find, another hoop I had to jump through, another threat to my home. These banks deal in broken promises, and each one just shattered, splattered and drove my dream further up the line. The endless, dehumanizing battle with the banking juggernaut was the prevailing theme of my life. If I hadn't cared so deeply about my home and my life here on Vashon, I never would have been willing to fight for so long to protect them.

You Can Do It

The years of limbo were wearying, but in the end the concrete result was beyond my expectations. To anyone in similar circumstances, I support you in your battle. Document and organize like your house depends on it, keep your head up, don't take advice from the dealer (bank) and find yourself one bad-ass lawyer. The name of mine is below. Good luck.

Thank You

To all my friends and acquaintances who have heard my woes over the years: the story has ended! Thank you for bearing witness and being there. It would not have been possible without the support of Laura Agnew, Professional Organizer who worked with me for four years, keeping the disorder in order and my chin up through the worst of times; Matthew Redfield who trusted me with a loan that helped bring a lawyer to the team; and Matthew W. Anderson, Attorney. I wish I had him from the start. If you're in need of a lawyer, here's his info:

MATTHEW W. ANDERSON
Attorney at Law
Law Offices of Matthew W. Anderson, PLLC
506 2nd Avenue, Suite 1400
Seattle, WA 98104-2329
T: (206) 812-9570
F: (888) 293-0775

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Island Epicure



By Marj Watkins

Vitamin Power from Homegrown Foods

Homegrown vegetables and fruits yield more nutrients than even the organic vegetables from the grocery store. Each year I promise myself I’ll expand my patio potted vegetable garden, but so far all I’ve been able to grow are the herbs marjoram, oregano, rosemary, peppermint and spearmint, and a lone potato. The pretty little stinkweed plants with their small pink blossoms come up on their own.

They’re decorative, and may or may not have nutritional value, but you sure don’t want to bring them into your house.

We can all give thanks to the VIGA growers and their Saturday market full of freshly harvested power vegetables and just-battered meats. As soon as I finish writing this and email it off to The Loop, I intend to go there and stock up on kale, spinach, green onions, etc.

- Here’s how I cook kale:
Kale with Garlic
2 to 3 servings
- 2 Tablespoons olive oil or coconut oil
1 bunch kale
2 garlic cloves
¼ cup water
Rinse the kale leaves and pat

them dry with a clean dishtowel. With a sharp paring knife, slice along each side of the tough midrib of each leaf. You can slice, blanch and freeze the midribs to add nutrients to a future soup stock.

Peel and slice the garlic cloves. Heat the oil in a wide skillet. Add the garlic and stir-fry it just until slightly goldened. Add the kale at once. Stir. Add the water. Cover the pan and reduce the heat to medium low. Cook until kale is tender, about 20 minutes.

Serve with a splash of rice vinegar. All the flavors will come through beautifully. You might reach for the balsamic vinegar, but that seems too strong for this dish.

Kale gives you Vitamins A and C, iron, magnesium and potassium, and is excellent nourishment for your eyes. One cupful yields over 26 mg. of lutein and zeaxanthin,, much more of these vision protective nutrients than you get from broccoli or spinach. My optometrist advised me to often eat kale and other green leafy vegetables because they help prevent macular degeneration, a condition in which the center of a person’s vision becomes darker and darker and the dark spot bigger and bigger until the victim can’t see at all.

Other power vegetables are collards, broccoli, cauliflower and carrots, an outstanding source of Vitamin A. Baby carrots are unusually tender, but they have less flavor, and probably less Vitamin A than the long, slender kind. Cauliflower also yields Vitamin C, 40 mg. per serving, plus folate, potassium, and Vitamin B6, which helps if you have dry, itchy skin, or asthma

Sometimes More is Better

By Kathy Abascal

A new study of over 7000 older Italians at high risk for heart disease compared a low fat diet with a Mediterranean diet with varying amounts of virgin and extra virgin olive oil. They followed the participants for nearly five years to see to what extent these different diets prevented cardiovascular “events,” such as strokes, heart attacks, heart related deaths, as well as cancer related deaths, and deaths from other causes. None of the participants had existing heart disease but all were at high risk because they either were diabetic or had at least three of these risk factors: They smoked, had high blood pressure, high LDL (“bad” cholesterol), low HDL (“good” cholesterol), were overweight or obese, or had a family history of early onset heart disease.

Earlier studies showed that in Spaniards and Italian women olive oil reduces cardiovascular disease. A large meta-analysis found that the more olive oil people consumed, the less likely they were to have a stroke. This new study was unique because it looked at the type of olive oil used (e.g., virgin or extra virgin – a better quality oil) and as well looked closely how much olive oil was consumed. They also considered the effect of eating olives. The study corrected for the fact that those consuming the most olive oil also tended to be better educated, eat less red meat and dairy, and drink less alcohol. This was done to make sure that any benefits seen were due to the amount of olive oil in the diet, rather than from other factors that also tend to promote health.

In the end, the more extra virgin olive oil a participant consumed, the lower that person’s risk of cardiovascular “events.” In fact, for each extra tablespoon of extra virgin olive oil above the baseline amount (about 1 tablespoon a day), the risk of dying from heart disease dropped by 10-15%. The risk of having a heart attack also dropped somewhat but not greatly. Those consuming lots of olive oil and eating olives reduced their risk of unwanted heart problems yet more. While olive oil and olives definitely protect against heart issues, the amount of olive oil consumed did not seem to affect the likelihood of death from other causes nor did it reduce the risk of dying from cancer. However, the researchers pointed out that other studies have shown a positive effect in certain specific cancers, such as breast and respiratory tract cancers and that correlation might still hold. Overall, while extra virgin olive oil had a very positive effect on heart health, it did not have a big effect on stroke risk in this study.

Those on the low fat diet did not do well. Their risk of negative happenings actually increased by 9% instead. Those consuming lower quality virgin olive oil did not gain or lose when it came to the risk of heart disease and heart disease deaths. To benefit you need to be using a good quality extra virgin olive oil.

One reason olive oil is so good is because its fats are resistant to rancidity. In addition olive oil

is rich in antioxidants and other anti-inflammatory compounds. A recent study found that olive oil is healthy because the body combines its monounsaturated fatty acids with vegetable nitrites (vegetables such as beets, cabbage, carrots, celery, radishes and spinach are rich in nitrites) and nitrates (green leafy vegetables such as Swiss chard, oak leaf lettuce, beet greens, basil, spring greens, butter leaf lettuce, cilantro, and arugula are good sources of beneficial nitrates) to form protective nitro-fatty acids. The nitro-fatty acids that form when we eat vegetables and olive oil, have a blood pressure lowering effect.

These two recent studies confirm the wisdom of the TQI Diet where extra virgin olive oil is the dominant fat and where no limits are placed on the amount of extra virgin olive oil in the diet. Of course, part of the reason this works is because of the constant presence of healthy amounts of vegetables, including olives and plenty of leafy greens. So enjoy



Kathy Abascal is a practicing herbalist, teacher, and writer. After spending some of her early years in Sweden, she went on to obtain a degree in neurobiology with minors in biochemistry and French from the University of California, Berkeley.

dressng your greens in olive oil or tossing them in things such as arugula pesto. Enjoy sautéing your food in extra virgin olive oil. Those tablespoons of a good extra virgin olive oil you get daily are good for your heart and your circulatory system.

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& **Maury Community Food Bank**

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2:00pm to 4:30pm
Vashon Market
17639 100th Ave SW

AT THIS EVENT, YOU CAN APPLY FOR:

- Cash Assistance
- Basic Food Assistance
- Child Care Services

You can also drop off paperwork, complete an Eligibility Review, Mid-Certification Review or make changes to an existing case.

Father's Day: Dad's & Their Kids

Celebrate dads and their special connection to their kids at this unique concert featuring fathers and their children performing together. Each ensemble will showcase fathers and their children of all ages. Hear loving duets, hear fathers accompany their child, and hold onto your seat for some silly and unexpected surprises.

Master of Ceremonies will be Vashon Events own Allison Shirk!

\$8 cover supports Vashon Events, the website that brings together all the events on their Island in order to build community – a community that is connected, that extends and inspires artists, and that invigorates the hearts and minds of neighbors.

Performing so far:
Andre Sapp & Naomi
Barry Cooper & Stephen

Bob Goering & Christine
Brad Roter & Avi
Gary Affonso & Maijah Sansen-Frey
Gary Means & Kiki
Greg Parrott & Leo
Ian Moore & Max & Levi
Jason Staczek & Ivy
Loren Sinner & Spencer
Matt Wilson & Zoey
Michael Whitmore & Evan
Pat Reardon & Adelia
Paul J Boyes & Penelope & Olivia
Rex McFarlin & Annika
Rob Hotchkiss & Sarah
Ron Hook & Indigo & Iris
Steve Amsden & Genevieve
Toliver Goering & Thalia
.....and more!!

Saturday, June 14, 8pm
At the Red Bicycle
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

Bill Brown & The Kingbees

Bill Brown will be bringing his Kingbees to Vashon for return visit at the Red Bicycle Bistro & Sushi on Saturday, June 21st at 8:30pm. Many folks in the Northwest are familiar with Bill's high energy 'rockin' blues show that he's been performing in the Northwest since 1986. This will be a warm-up for Bill's annual big show in the Beer Garden during Strawberry Festival.

Bill has been likened to Paul Butterfield in his use of the harmonica and his vocals have garnered many a discussion concerning his cultural background. Bill's love of this genre is evident in the players he surrounds himself with,



they are all road veterans of the music business and are sure to entertain you at this upcoming show at the Red Bicycle.

This is an all-ages free event until 11pm, then it will be 21+ after that.

Saturday, June 21, 8:30pm
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2014 Vashon Island Concerts in the Park

Mark your calendars, summer is almost here and so are the annual free Summer Concerts In The Park. Bring the family! There's plenty of grass and natural burms to spread out those picnic blankets and enjoy some wonderful music on a warm summer night. Families can come relax, let the kids play on the playground and enjoy the entertainment at these summer events in our very own Ober Park.

The concerts are presented and funded by Vashon Park District in association with Vashon Events.

If you've never experienced the warmth of community at the cool nights of summer concerts in the park, you're in for a special treat. Join us for these magical evenings and enjoy the diversity of these amazing bands right here on Vashon Island.

First up on Thursday, June 19th at 7pm is The Country Lips. Country music gets a bad rap, and it's mostly the fault of goody two-shoes like Keith Urban and Garth Brooks. I mean, back in the day, country was full of bad boys (and if you've never read George Jones's memoir, I Lived to Tell It All, you really should – that man was an



animal!). Seattle's Country Lips sound and play more like classic country's raucous and rowdy boys – and their live shows are becoming legendarily wild. It's hard to stand still when eight-plus members are bringin' the foot-stompers. Country Lips are putting the party back in the original party music. Somebody had to do it. It's not always about tears falling in your beer.

Many, many years before the likes of Kenny Chesney, Brad Paisley, and Blake Shelton donned 10-gallon hats and began crooning about blue jeans and cheesy romance, country was the genre of choice for drunkards, rebels, and rockers. Seattle's own Country Lips pay homage to that proud tradition, cranking out debauched ballads

with slurred-speech choruses that would make Johnny Cash and Merle Haggard proud. The eight-piece band has a reputation for rowdiness (as should any roots country revivalists worth their weight in Jack Daniels).

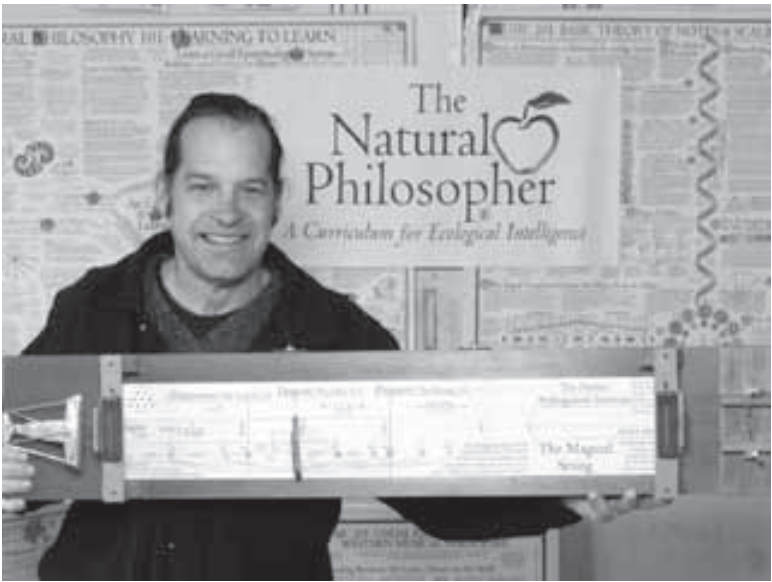
The Country Lips Are:
Austin Jacobsen - bass
Trevor Pendras - electric guitar, vocals
Miles Burnett - drums, vocals
Hamilton Boyce - electric guitar, vocals
Alex Leake - acoustic guitar, vocals
Jonah Byrne - fiddle
Kenny Aramaki - keys
Gus Clark - accordion, mandolin

The Natural Philosopher

By Rod Smith

Hello, Islanders! It's nice to be back in The Loop.

I hope you'll join me in a celebration of Island aesthetic, intellectual and artisan culture in our beautiful new library on Tuesday, June 10 from 6:30pm to 8pm. I'll be delivering a talk and demonstration I'm calling "The Pythagorean Mathematics of Music". This content is central to my Island born education project that I call The Natural Philosopher ~ A Curriculum for Ecological Intelligence.



No previous knowledge of music is necessary. But, if you play already and if you've ever wondered why there is only a half step between B and C and E and F...this demonstration will clear that up for you.

People often assume that the mathematics of music is complex and beyond them. But, the fundamentals involve nothing more complicated than simple fractions...1/2, 2/3 and 3/4. If we have time, I'll take it to the next level with involves a bit of elementary algebra.

The demonstration centers on The Harmonichord, my music theory, harmonic science and eco-epistemology demonstration instrument. I use it to recreate the experiments that the Greek philosopher, Pythagoras, (supposedly) did to discover the mathematical structure of our musical scale in the 6th century BC. That's over 2600 years ago...Think about it!:)

Ico-designed this prototype instrument with my pal, Islander and internationally renowned electric guitar pickup maker, Jason Lollar. It's a fusion of a traditional Greek monochord with an electric harmonics guitar. Jason built the instrument and it sports a pair of wonderful custom wound Lollar pickups. It sounds great acoustically and when played through an amplifier.

The second prototype Harmonichord resides on permanent display in the Music & Media Technologies Dept. at Trinity College Dublin along with a large collection of my cognitive art prints.

As for Island intellectual culture, I was the primary protege (in the domains of musicology and epistemology) of Cascadian culture maker, Reed College grad, and long time Islander, Don Berry. It

was in a wood-fired sauna overlooking Fern Cove one night in 1987 when I met Don and he introduced me to the tradition of Pythagorean musicology. It was a conversation that was to go on for the next 14 years until his passing in 2001. RIP.

I'll also be touching on elements of music as an ecological model, as well as The Epistemography...my universal ecological alphabet and knowledge mapping system. For those Hermann Hesse fans out there, what I'm talking about here is a Glass Bead Game. This overlay of my work is very much a product of my apprenticeship with Island timberframe carpenter, Frederic Brilliant, of Celtic Construction and Les Compagnons du Devoir.

Island lens master, Richard Waits will be filming the event for my YouTube channel, NaturalPhilosopherTV.

Blind Willies



San Francisco band Blind Willies, led by singer/songwriter Alexei Wajchman, plays music as powerful as it is eclectic. Offering up a raucous blend of folk, blues, Americana, rock ‘n’ roll, and original songwriting.

Blind Willies features Misha Khalikuov (cello), Alex Nash (drums), Daniel Riera (bass, flute), and Max Miller-Loran (keyboard, trumpet). They met while attending San Francisco’s School of the Arts. Accomplished across diverse genres including rock, jazz, classical, world, and hip-hop, the band has forged a dynamic and unique sound that reflects the deeply resonant American musical traditions that each

player has brought to the table.

They recently toured Europe (Ireland, England, Holland, Belgium, Germany) and will be releasing their fourth album in Spring 2014. Members of Blind Willies also perform with Rupa and the April Fishes, George Watsky, Jazz Mafia, Kev Choice Ensemble, Goodnight, Texas, and Marcus Cohen and the Congress.

This is an all-ages show ‘til 11pm, 21+ after that. Free cover!

Saturday, June 7, 8:30pm
At the Red Bicycle
17618 Vashon Hwy SW
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www.redbicyclebistro.com

Vashon Island Chorale celebrating 25th anniversary

The Vashon Island Chorale is celebrating its 25th anniversary with the premiere of a collection of pieces by noted West Seattle composer, Bronwyn Edwards. Entitled “Vashon Suite” the 45-minute, multi-movement work celebrates the many flavors of Vashon’s colorful history and culture. Under the direction of Dr. Gary D. Cannon, the Chorale will sing about ferries, eagles, rain, the seashore, canoes, salmon, strawberries, creativity, mountains, trees, and “no bridges”! A special slide show of pictures taken by singers will illustrate the music during the concert. This event which takes place on Sunday, June 29 at 3pm at Bethel Church offers free admission as the Chorale’s gift to the community. The commissioning of this musical project was funded in part by a grant from 4 Culture. Vashonislandchorale.org for more information.

Seattle Rock Orchestra

“The coolest orchestra in town”

Seattle Rock Orchestra was born out of the desire to marry the unabashed energy of rock ‘n’ roll with the broader palette of musical nuances treasured in classical music. Since 2008, the group has perfected its unique blend of genres by re-imagining, arranging and performing high-quality, high-energy tributes to rock icons such as Queen, David Bowie, the Beach Boys, Beck and Radiohead. Recent milestones for the Seattle supergroup include selling out the Moore Theatre, wowning crowds at Sasquatch Music Festival in 2010 and 2011, and contributing strings on Macklemore and Ryan Lewis’ Grammy-winning album The Heist.

On Saturday, June 7, Seattle Rock Orchestra “crosses the pond” to Vashon for a performance of epic proportions. Artistic Director Scott Teske and Music Director Kim Roy lead their eclectic ensemble on a sonic journey through the decades, playing hits by artists such as the Beatles, Pink Floyd, Led Zeppelin and more. More than 35 professional musicians – strings, woodwinds, brass, percussion, choir and a rotating cast of guest vocalists – will pack the O Space stage for an unprecedented musical experience!

Two Vashon youth ensembles, i Solisti di Vashon and Vashon Youth String Orchestra, have diligently rehearsed their own rock renditions in preparation for opening the show. At a special point in the evening, the local kids groups will have the incredible opportunity to team up with Seattle Rock Orchestra, sharing the stage for fun, collaborative cover songs.

“This will be a rockin’ event for the entire family. Parents and grandparents will relive the classic rock days and share this music with their children,” says Stephen Jeong, VAA Director of Performing Arts. “The collaboration between Seattle Rock Orchestra and our Island’s aspiring young musicians will be



the icing on the cake, giving local kids an amazing memory that stays with them forever, and inspires others to follow their passions.” In an effort to introduce more kids to this innovative music, VAA and O Space offer free admission to children ages 8 and under.

In March, VAA launched a crowdfunding campaign through ArtsFund’s online power2give platform, with a dollar-for-dollar match by the Raynier Foundation. The goal was successfully met in April. Thank you to the dozens of generous donors whose collective contributions, along with the outstanding support of our sponsor Windermere Vashon, have made this event possible for our community. Thank you to our beer sponsor Vashon Brewing Company.

Please join us for this spectacular, unforgettable evening for all generations.

Seattle Rock Orchestra
Featuring Vashon youth ensembles
Saturday, June 7, 7 pm
Open Space for Arts & Humanity
Student \$12, General \$20
Kids 8 and under free (advance reservations required)
Tickets: Vashon Allied Arts (463-5131), Heron’s Nest,
VashonAlliedArts.org

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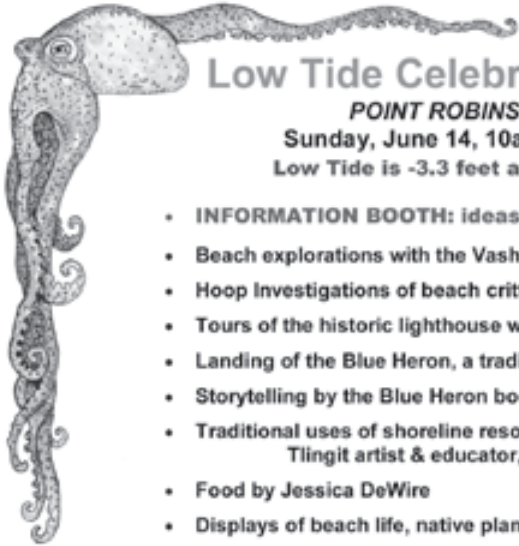
Find the Loop on-line at
www.vashonloop.com

“Art” a dark comedy

Come see St. John Vianney Catholic Church’s production of “Art”, a dark comedy about the fraught relationship between love and truth whenever friends - and abstract art - are involved. Reza’s Tony Award winning play asks the question: If your friendship is based on tacit mutual agreement, what happens when one person does something different and completely unexpected? Are you who you think you are, or are you who your friends think you are? And is a work of art in and of itself valuable, or valuable only because you think it is?

“Art” runs June 13th, 14th and 15th at 7:30 p.m. at St. John Vianney Catholic Church, 16100 115th Ave. SW. It stars Steve Tosterud, Kirk Beeler and Rev. Marc Powell, with direction by Ken Drew. Admission is free, but a donation of between \$10-\$20 is suggested; funds help enhance the church’s performance space. A Q&A with cast and director follows each show.

Advertise in the Loop!
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Next Loop comes out June 26


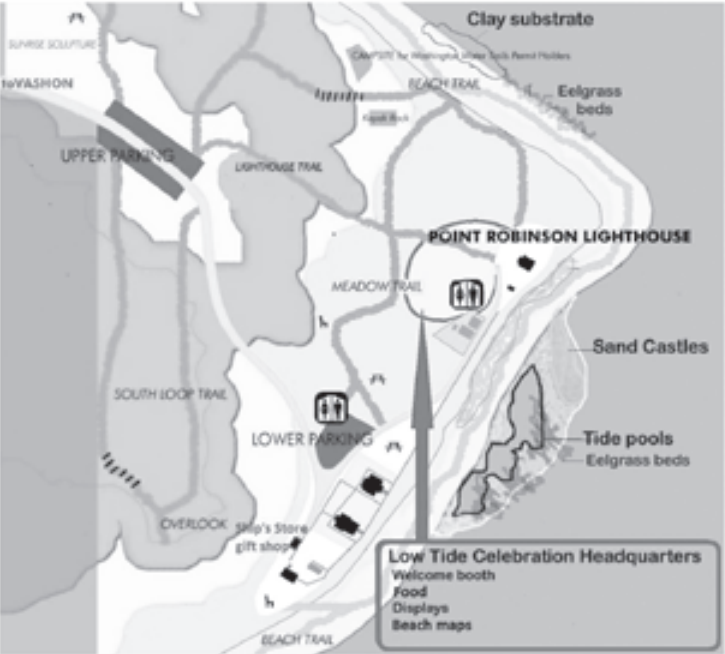


Low Tide Celebration 2014

POINT ROBINSON
Sunday, June 14, 10am – 3pm
Low Tide is -3.3 feet at 12:25pm

- **INFORMATION BOOTH:** ideas, hand lenses, displays, answers
- Beach explorations with the Vashon Beach Naturalists
- Hoop Investigations of beach critters, an activity for families
- Tours of the historic lighthouse with Keepers of Point Robinson
- Landing of the Blue Heron, a traditional Salish canoe
- Storytelling by the Blue Heron booth
- Traditional uses of shoreline resources, a talk by Odin Lonning, Tlingit artist & educator, booth area after canoe landing
- Food by Jessica DeWire
- Displays of beach life, native plants, & Puget Sound environment

Free shuttle bus operates along Pt. Robinson Rd. 11am–3pm





Sunday - Thursday
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11:30am to midnight

Friday & Saturday
Bistro & Sushi service
11:30am to 10pm
Lounge is Open
11:30am to 2am

17618 Vashon Hwy SW
206.463.5959
www.redbicyclebistro.com

Live Entertainment

June 7, 8:30pm
Blind Willies

June 14, 8pm
Father's Day:
Dad's & Their Kids

June 21, 8:30pm
Bill Brown & The Kingbees

Find the Loop on-line at
www.vashonloop.com.

Want To Get Rid of
That Junk Car or Truck?
More Often Than Not We Can Haul It Free!


Rick's

Diagnostic & Repair Service Inc.
206-463-9277


Washington Hulk Hauler's - License #0463-A
www.ricksdiagnostic.com

Loopy Laffs

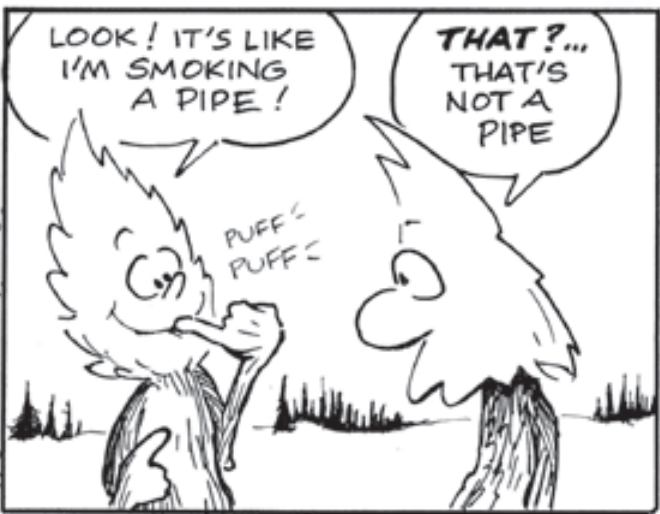
LOGJAM



BY Jeff Hawley




HEH HEH



LOOK! IT'S LIKE I'M SMOKING A PIPE!

PUFF PUFF

THAT?... THAT'S NOT A PIPE



BEHOLD THE MEERSCHAUM

Now Playing

Maleficent



ANGELINA JOLIE

Coming Soon

XMen:Days Future Past

GreenTech Night -
PBS Community Cinema
June 24 at 6pm

Vashon Theatre

17723 Vashon Hwy
206-463-3232

Call for Times

For show times and info check
www.vashontheatre.com



Were you impressed with the Two Old Goats Lotion?

If you were, then you are going to love what we have in store for you next:
We are now an official distributor for

Double Heli Water®

If you have aches and pains and are tired of all of the pharmaceuticals out there, you may want to experience an easier way to combat those pains. Curious about how Pure Water can contribute to your overall health and healing?
You'll have to stop by for the answer!

In addition, new merchandise is arriving weekly from:
Outback Trading Company
New Spring Hats, Jackets and Ladies Western Wear
Horze
New Spring & Summer Fashions
(You don't have to own a horse to look stylish!)
Phoenix Performance Products
New Summer & Show Gloves

Come to VI Horse Supply for all your horse, dog, poultry and farm needs!
We have feed and supplies for all of the critters who live at your place, not just horses!

17710 112th Ave. SW & Bank Road
Hours: 9:00 – 6:00 pm Daily
10:00 – 5:00 pm Sunday
CLOSED WEDNESDAYS
206-463-9792
www.vihorssupply.com
Like us on Facebook!
at Cedar Valley Stables & VI Horse supply, Inc.

IslandCure®

Medical Marijuana

EdiPure edibles now available

Requirements

- Medical Marijuana patient (RCW 69.51.A) with valid authorization
- Valid Washington State ID

Hours of Operation

Monday-Thursday 2-7pm
Friday 2-8pm, Saturday Noon-8pm
Sunday Closed

17917 Vashon Hwy SW Vashon, WA.
Phone: 206-261-9261 Email: info@IslandCure.net

Official testimony is entered on the floor of the Senate...

I HAVE actually witnessed JACK-BOOTED, TEA PARTY BROWNSHIRTS attempting to hurl children into outer space!

TO BE CONTINUED...

BREAKING NEWS!! IT HAS BEEN REVEALED BY THE U.N. THAT THE LAW OF GRAVITY HAS BEEN RESCINDED AND GRAVITY WILL TERMINATE AT YEAR'S END !!



© DEE 6.5

NO ONE is MORE concerned than the President and he vows he WILL NOT REST until this matter is resolved by convincing recalcitrant Republicans in Congress to change their views!

