

Vol. 11, #14

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July 3, 2014

Registration is now open for the Raft Up!

Vashon Youth and Family Services (VYFS) invites everyone to set a new world record for the most kayaks and canoes rafted up in the waters off Quartermaster Harbor. The entire weekend includes a family-friendly music festival and expanded camping opportunities, waterfront activities, and a chance to get out and experience all that is great about Vashon and the beautiful northwest Washington environment.

Kayakers and canoeists "raft up" when they need additional stability. The technique involves coming alongside one

can spend the day on the water and join us about 1 p.m. on Sunday. Either way, if we all join together for 30 seconds, and there's enough of us, we set a brand new world record!"

"I don't know that I'll have a lot of chances to set another world record in my life," said Murray, "I figure this is my chance."

Other groups will be trying to beat the record this summer, "I know a group in the Adirondacks is going to try in September," said Johnson. "And a group in Illinois will be trying to set a



another and holding each other's boats temporarily, until each can safely go on their way again. The current world record is 2,199 boats rafting up together - held by a group from Sutton's Bay, Michigan.

"I saw a picture of a record setting raft up a few years ago and it was beautiful," said Kathleen Barry Johnson, VYFS Executive Director. "The colors of all the boats made this gorgeous tapestry, but you could see each individual at the same time. To me it struck a chord - this is who we are. Stronger together and yet beautiful on our own." Inspired by the photo, Johnson set out to hold the same event on Vashon.

"To me, it really speaks to Vashon. We are creative and quirky, we love the outdoors and the water, we believe in community but we cherish our individual strengths and differences. I thought, this is the perfect, fun and audacious thing to do here."

The goal for this summer's raft up is 2,500 boats. "We need to blow that Michigan group out of the water," Iohnson said.

record rafting up in the Mississippi the day before we do it," said Johnson. "So we've got some competition."

As part of the Raft Up weekend, VYFS is hosting a concert on August 16th at the OSpace. The line-up includes: the Low Hums, the Corespondents, Kaleidasuar, Inly, Olivia Mendez, Rusty Willoughby, Gabriel Mintz, Bill Patton, and Eugene Wendell and the Demon Rind. Doors open at 2 p.m. with the outdoor music beginning at 3 and the indoor concert starting later that evening. (see box at right).

VYFS has arranged for expanded camping opportunities on the Island for the weekend. Camp sites will be available at the O Space and at the School District. A shuttle bus will help raft up participants ferry their boats to the waterfront around Quartermaster. The primary launch sites will be off of Jensen Point, Dockton Park and the Portage area, although people can put in along any stretch of waterfront they can access. "We've heard already that people plan to paddle over from Tacoma and make

VAA Summer Camps to Spark Creativity!



Studio Tour Art Camp Ages: 10-17, Mon-Fri, July 21-25, 10 am-3 pm. Tuition: \$240 Member/\$260 General + \$35 materials

Instructors: Suzanne Moore (Quartermaster Press), Ilse Reimnitz, Kristen Reitz-Green, Terri Fletcher Make art in the studios of Vashon's most talented artists! Explore different mediums: mosaics, watercolor, textural print-making, Shibori dyeing. Each day held in a different studio; come see where art is created on Vashon!

Nature of Art Camp

Ages: 8-12, Mon-Fri, Aug 11-15, 10 am-2 pm, Tuition: \$180 Member/\$195 General + \$30 materials

Instructors: Allison Trundle, Derek Churchill, Maria Metler, Kathryn True, Amy Holmes, Barbara Gustafson A perfect blend of art and science! Learn about Vashon from environmental educators and make art in nature at a different Island park each day. Explore Pt. Robinson with a marine biologist! Island Center Forest with a forester! Make leaf bowls, crab shell candles, bird houses, abstract eggs, weave baskets and more.

Instructor: Liz Lewis With clay in hand, explore the unique wildlife of Australia! Let's make marvelous marsupial sculptures-kangaroos, koalas, Tasmanian devils...parrot plates (or kookaburras)...and more! Pit firing.

Color Crazy

Ages: 7-12, Tues-Thurs, June 24-26, 10 am-2 pm. Tuition: \$110 Member/\$125 General + \$20 materials

Instructors: Julie Shannon and sooze bloom de Leon grossman Learn to identify, appreciate and explore color, color and more color! Use mixed media, from paints and ink to paper, fiber, beads, glass and ephemera. Change a mood, express emotion or depict a season or time of day; this powerful tool in the artist's toolbox is a natural for kids - and we're crazy for it!

Intermediate Ballet Technique

"Rafting up itself is really simple," said Marshall Murray, VYFS Administrative Coordinator, who is helping put together the event. "People who aren't super experienced can get in their boat off of Jensen Point, paddle out a few feet and grab onto another boat. On the other hand, folks who love to kayak

a day of it," Johnson said.

The logistics of the day are complex and include a water safety plan that involves volunteers from the Quartermaster Yacht Club, as well as help from Puget Sound Energy, Vashon Be Prepared, Voice of Vashon, Shape Up Vashon, and many others. "The Continued on Page 5

Live Local Weather www.VashonWeather.com

The Vashon Loop has installed three weather station on Vashon Maury Island. Each weather station transmits it's weather information to www.wunderground. com, www.pwsweather.com and Weather bug Back yard. The easiest way to view the weather information is to go to www.vashonweather.com. Live weather information is also used on the www.vashonloop.com website and its sister site www.vashonnews.com.

Fired Up! Ages: 10-17

Mon-Fri, July 14-18, 10 am-2 pm. Tuition: \$200 Member/\$220 General + \$50 lab fee

Instructor: Liz Lewis This summer's clay challenge: design a complex vessel with your choice of multiple components - we'll try some decal image transfers on the surfaces. "Year of the Horse" sculptures for raku firing. Wheel practice at your level.

Clay Camp Down Under Ages: 6-10. Tues- Fri, Aug 5-8, 10 am-2 pm. Tuition: \$150 Member/\$165 General + \$35 lab fee

Ages: 11-Adult (Levels 4,5,6), Wednesdays, July 9-Aug 13, 6:30-8:30 pm. Tuition: \$145 Member/\$160 General

Instructor: Camille Kappelman Traditional barre, centre and jumps taught at an intermediate level. Pointe shoes can be worn at barre and in centre work. Stretching and light conditioning included. Register by July 1.

Teen/Adult Tap

Ages: 13-Adult, Thursdays, July 10- Aug 14, 6:30-7:30 pm. Tuition: \$70 Member/\$80 General

Instructor: Crissy Baker Traditional tap technique will be introduced at a beginner level with emphasis on rhythm, style and sequencing. Tap your way to a range of musical styles as you find the beat in your feet.

The Magic Kingdom, Creative

Continued on Page 9





Thursday July 4 - 10:00am



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Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Water District Meeting

Water District 19's next regular board meeting is scheduled for Tuesday, July 8th, 2014 at 4:00 PM here in the district's board room.

Water District 19, 17630 100th Ave SW.

VCC Caregiver Support Group

Vashon Community Care will host a Family Caregiver Support group open to all family caregivers in the community.

It will take place the first Thursday of each month from 7-9 pm. Contact cara.aguilera@ providence.org/ 567-6152 with questions.

Marijuana Anonymous

Marijuana Anonymous, Presbyterian Church Fridays 7 pm"

Find us on Skype Vashon Loop 206-925-3837

Have a Story or Article

Send it to: Editor@vashonloop.com

The Vashon Loop

Contributors: Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Steve Amos, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.

Original art, comics, cartoons: DeeBee,

Walk with VIPP!

Vashon Island Pet Protectors is hoping you will join us in the Strawberry Festival Parade this year. Last year we had a wonderful group of almost 80 parade walkers, and we need at least that many again this year.

We will be carrying approximately 80-100 pictures of the pets that are either in our care or that have been adopted in 2014.

VIPP is celebrating 30 years in the pet rescue business, and we are proud of the accomplishments we have made and looking forward to continuing in the future.

Please join us in the parade on July 19th. To sign up, just send an e-mail to Randy York at randykayyork@centurytel.net.

Festival Parade Parking

Are you seeking a great place to park to view the Strawberry Festival Parade? Vashon Presbyterian Church is offering reserved parking (by donation) again this year. We also offer chairs for a comfortable view of the parade.

Through our connection with Presbyterian Disaster Assistance, our Festival fundraiser will support the children in refugee camps in Syria that have resulted from the civil war there .Even if you will not be parking with us, we are happy to accept your donations to assist these innocent children. Donations may be dropped off at the church that day or anytime at: Vashon Presbyterian Church, POB 435, Vashon, WA 98070.

If you want to reserve parking/chairs, please contact beverlyskeffington@gmail.com or call 206/354-8921. Reserved spaces will only be held until 10:45am on the day of the parade.

Family Nature Camp

July 7, 8 and 9, 10am-3pm. Connecting with your children in nature is fabulous family bonding time and playing in nature leads to deeper connections within and between family members. Join us in discovering new tools for befriending our emotions, for deeply listening and for effectively expressing our emotions. This Camp takes place entirely outdoors and is facilitated by Leslie Chertok, licensed mental heatlh couselor, and Erin Kenny, Nature Immersion specialist. More details on the website at cedarsongnatureschool. org. Financial assistance is available.





The Vashon Loop, p. 3

4th of July Butterfly/Dragonfly Count

Vashon Audubon invites you to come out for a day of roaming fields, ponds, trails, and road edges looking for butterflies and dragonflies on Saturday, July 5, starting at 10am at the Park'n'Ride by the Country Store. We will be conducting our 18th annual 4th of July Butterfly Count for the North American Butterfly Association, adding a dragonfly count for fun.

You do not need to be knowledgeable about species when you start. We will teach as we go. Bring binoculars, water, lunch, hat for shade, and multiple layers for varying temperatures. Official team participants pay a \$3 fee to help NABA cover costs of the count. Come with the roving team for all or part of the day. To find us mid-day, call cell phone 718-5770 or 818-5251.

Neighborhood counters are also needed and very much appreciated, but must be able to recognize the species. Report your count totals to Rayna Holtz at 463-3153. Contact Rayna for more information and/or to let her know you plan to come. If we know you plan to come, we will be able to contact you if the weather is cool and rainy and requires us to postpone the count.

Green Tech Night at Vashon Theatre

Green Tech Night at Vashon Theatre will feature the movie Maidentrip: a benefit for the Vashon Island Junior Crew.

July 8th at 6pm. Doors open at 5:30, tickets go on sale at 5:15. All tickets are \$10.00

Meet with ferry system at summer community meeting

Join Washington State Ferries at a community meeting this summer to discuss route-specific issues, liquefied natural gas, new vessel construction and long-range planning.

Community meetings are hosted twice a year to discuss current issues facing the ferry system. In addition to meetings, customers also may voice their concerns and provide input through our Ferry Advisory Committees.

Vashon Island, 6-8 p.m. Tuesday, July 8, at Ober Park

17130 Vashon Highway SW, Vashon

WSF will post meeting materials on its community meetings page closer to the meeting dates.

www.wsdot.wa.gov/ferries/CommuterUpdates/pub_meetings

Green Party's monthly meeting

Come to the Vashon-Maury Island Green Party monthly meeting (second Tuesday of each month) at Joy Goldstein's home. Other interested progressives always welcome! Share your thoughts and your interests.

DATE: Tuesday, July 8, 7:00 to 9:00 PM

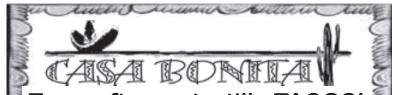
LOCATION: 10329 SW Bank Road, Vashon

DIRECTIONS: From Vashon center, go west on SW Bank Road 0.3 miles.

Joy's home is on the south side. Park along Bank Road. Major Topics:

Petition Signature Collection results for Initiative 1329, "We the People Act"; Vashon Tool Library; future projects; and other topics from attendees.

Questions: Melvin Mackey, Secretary, (206) 463-3468



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It's a great time to get back in the Loop. ads@vashonloop.com Next Loop comes out July 17

Vashon Island Concerts in the Park



Mark your calendars, summer is almost here and so are the annual free Summer Concerts In The Park. Bring the family! There's plenty of grass and natural burms to spread out those picnic blankets and enjoy some wonderful music on a warm summer night. Families can come relax, let the kids play on the playground and enjoy the entertainment at these summer events in our very own Ober Park.

The concerts are presented and funded by Vashon Park District in association with Vashon Events.

If you've never experienced the warmth of community at the cool nights of summer concerts in the park, you're in for a special treat. Join us for these magical evenings and enjoy the diversity of these amazing bands right here on Vashon Island.

On Thursday, July 10th at 7pm, we bring you Polecat.

Formed in Bellingham, Washington in March 2010, Polecat has quickly established itself throughout the West, with three records and over 300 shows in three years. Their unique instrumentation is comprised of Karl Olson (drums), Jeremy Elliott (electric guitar and vocals), Aaron Guest (vocals and 12-string guitar), Cayley Schmid (fiddle), and Richard Reeves (upright bass). This enables them to seamlessly blend genres including bluegrass, country, celtic, rock, and world music into their sound. "The core audience of Polecat is, well, everybody. There is a sense of mass appeal attached to Polecat for it's unique take on bluegrass, as well as an acknowledged respect for their honest approach to their genre" (H. Nightbert, What's Up! Magazine, June 2010).

Aside from their self-titled E.P. and full length albums 'Fire on the Hill' and 'Fathoms', one of the best aspects of Polecat is their live show. Their music celebrates life, love, and good times, and it reflects on the faces of the players and their audience. Polecat has shared the stage with several nationally acclaimed acts, including The Nitty Gritty Dirt Band, The Infamous Stringdusters, Sam Bush Band, The Hackensaw Boys, The Moondoogies, Fruition and Trampled by Turtles.

VoV Raises Over Two-Thirds of FM Goal

Vashon's own FM community radio station is on its way. With a little more community support, Islanders will soon be able to listen to 101.9 KVSH-FM on car radios, at home or work, and learn about Island issues, enjoy local musicians, follow high school sports, as well as contribute unique voices to the community discourse.

"In May, we launched a fundraising campaign and now we've passed the two-thirds mark towards our \$50,000 budget for building KVSH FM" says Jean Bosch, President of the VoV Board. "Vashon's generosity is encouraging as we continue engineering studies, research broadcast equipment needs and make plans to remodel the Sunrise Ridge studios."

"Public support has been amazing," reports VoV Station Manager Susan McCabe. "It's exciting to see Islanders coming forward with ideas for new radio shows like Morning Scramble featuring a new host each day of the week. Local radio will help knit us together as a community and help keep us safe in an emergency. KVSH FM will join our web, TV and radio presence so we can all share stories, music, performances and opinions in new ways. After 14 years of work, we are finally fulfilling our dream to give Vashon its own FM radio voice. After all, our name is Voice of Vashon."

"It's all about connections and community" says Bosch. "We've asked Vashon to help us take a big step to connect our island community in a new and wonderful way. Nothing connects people like a small town radio station and our goal is to put one on the air. We are all taking this big step together by contributing to Raise the Tower. KVSH 101.9 FM is a place where we will unite as neighbors in voice and song, a place where we'll share and hear stories and perspectives that shape our lives on this beautiful island, a place that will bring us closer together through understanding. That's the power of community radio."

Voice of Vashon has sustained itself and thrived as a broadcast entity for 14 years on over 7,000 hours per year of volunteer effort from talented and devoted Vashonians. The Raise The Tower campaign has so far received donations from over 250 individual supporters, evidence of strong community support for Vashon's own radio station.

With the \$50,000 needed, VoV will purchase and install a transmitter, antenna and other equipment required to meet FCC regulations and to produce a high quality FM sound. The station will expand its Open Studio training program to add dozens of new volunteer program contributors, and extend coverage, even in areas that will be shadowed by Island terrain. Funds will also go toward adding and improving studio space at Sunrise Ridge.

It takes a community to Raise the KVSH-FM Tower and Voice of Vashon is asking everyone to participate. To support VoV's effort to bring FM radio to Vashon, visit VoiceOfVashon.org/ RaiseTheTower.



Protecting Yourself and Your Neighbors from Fire Danger

Vashon enjoyed its third year of injury free fireworks usage last year, however there was a fire on July 4'th. Initially it was thought that a sky lantern had ignited the house, however a long investigation revealed that the cause was a spark from yard work activities.

Even if you don't use fireworks, it is a really good idea to prepare for fireworks season and reduce the chance of fire danger for yourself and your neighbors. Fire prevention starts with mowing down any tall grass. Before fireworks are discharged it is also a great idea to water the grass too. If you don't want to be standing in mud, go somewhere they shouldn't and can light things on fire. Keep in mind that transporting illegal fireworks to the island via the ferry is a serious state offense.

If you choose to use fireworks always keep a charged hose and a bucket of water nearby. Avoid dry areas and places where product could end up in trees. Talk to your fireworks dealer to find out how high and wide your fireworks will go so you can be prepared.

If you use a sky lantern keep in mind that they go sideways even in a gentle breeze. Sky lanterns should only be used at high altitudes, and in a wide open space



watering even a couple of hours before the show starts is extremely helpful.

Fireworks season or not, keeping combustible materials such as shrubs and wood piles away from structures is a great preventive step. In the fire last year, a spark caused a wood pile next to a house to smolder for hours before it rapidly combusted and started the house on fire.

If you are going to be using fireworks this year, choose legal fireworks from a state licensed stand. Statistically, illegal products cause almost all of the serious fireworks related injuries and fires in our state. The two major categories of fireworks that are illegal in Washington State are bottle rockets and firecrackers.

The hazards of firecrackers are pretty obvious, the main one being bodily injury and hearing loss. It's also pretty easy to damage property with the devices. Bottle rockets are a little more subtle; they look innocuous with the small size, but tend to fly in an erratic fashion. They will often away from trees. Do not use a sky lantern if it is windy.

Be considerate: light only during the legal hours of discharge on July 4'th. It's always a good idea to talk to your neighbors about what you are planning so they can be prepared. If your neighbors or their animals are sensitive to noise, please consider quiet fireworks or an alternate discharge location.

To help people celebrate safely this year, Vashon Island Fire and Rescue and The Vashon Fireworks Company will be holding a fireworks safety class in Sound Food at 10:00am on July 4'th. The class is short, informative and is open to all audiences.

Be safe, and have a happy, beautiful 4th of July!

By: Gabriel Felix of Vashon Fireworks Co and Assistant Chief George Brown of VIFR. a strong foundation and a secure future for Vashon Community Care.

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Island Life Extreme Weekend

By Peter Ray

The only female in the competition, Alexina Slater was more than a long shot. She was seen as a risk to the whole event. Too young, too reckless, too weak and too female for such a challenge, the organizers sent a special boat along with the swimmers to trail the main group and pick up the girl once she fell behind and before she drowned.

It wasn't until after I had paddled back and forth along a route parallel to the Tahlequah-Pt. Defiance ferry last week with a group of 7 intrepid, neoprene clad swimmers in my sights, that I learned that this aquatic endeavor had a pedigree a bit longer than suspected. I knew that a friend had done it back in May, and that presumably the ferry captain of WSF lore who had swum the various routes in the system had included this one in his list of accomplishments. What I didn't know was that back in September of 1926, thirteen swimmers had traversed this expanse of water without the benefit of wetsuits or goggles, although they did have what appeared to be a small armada of support boats and a crowd of ten thousand onlookers at Point Defiance to welcome the finishers ashore. Billed as a race, the field only sported one female contestant who is mentioned in the above description from one of the Tacoma papers. As a 15 year-old girl, she was not expected to fare well against the dozen males. She finished fourth, only 18 minutes behind the winner who came in at just two minutes over an hour. She not only bested two thirds of the field, but apparently danced the Charleston on the dock after she climbed out of the waters of Puget Sound.

Drama is actually something one is happy to avoid in events such as this. My memorable moments from our crossing include a curious, whole pineapple washed onshore beneath the Tahlequah dock, and what seemed to be at least a dozen seals along the route, although it's hard to tell with seals who is a new observer and who is an enthusiastic supporter, diving and then resurfacing further along the way to either cheer on these curious strokers, or to make sure that whoever they are, they move on from these waters they are trespassing in. There were dark clouds over the Cascades, and I believe that at least once from my paddler's vantage point that I caught sight of a lightning flash out of the corner of my constantly course-sweeping eye. But for the most part, the waters were calm and

relatively balmy, ranging from the low to mid sixties near the Vashon shore to the mid fifties just off Owens Beach on the other side. Perhaps my favorite moment though was when all seven swimmers walked off the Chetzemoka on this side in their wetsuits and carrying two fully inflated, bright orange pyramid-shaped buoys and the other support kayak. One never knows what might seek passage on a Vashon ferry.

There was a reason for this crossing beyond simply because it is there. This was basically a test run for a new race on September 14th called the Swim Defiance Swim, which involves either a one way trip starting where we did just west of the Tahlequah dock, or an over and back starting on Owens Beach in Point Defiance park, which works out to about a one and a half or a three mile swim, depending on how well one sights his or her course. The currents there, while formidable at times, should not be a big problem as the swim is being scheduled around the slack tide on Sunday morning. More details about the race can be found at www. aquarunforachild.org. This is a multi-sport event, where you can choose between either swim or a swim-run, and it can be done either as an individual or as a team. The proceeds from the race go to the Gift for a Child organization, a non-profit that supports children in foster care.

And, lest one run the risk of becoming distraught at all the extra energy one might find oneself with after only completing a cross sound swim, it should be noted that the day before on Saturday the 13th of September one is invited to throw a leg over the top tube of your bicycle and join the fun in supporting the Vashon Island Rowing Club and covering up to eighty miles with 10,000 feet of elevation gain. I would say that these two events are linked in spirit only, but that wouldn't quite be true. Having completed the whole 80 miles in last year's Passport 2 Pain and having done a three mile open water swim in an Oregon mountain lake, I would have to say that P2P is definitely in a class by itself, but wouldn't it be a double to talk about? We'll see. And, if you're into visuals, you can see a paddler's eye view of the Pt. Defiance to Tahlequah crossing in under two and a half minutes here: https://www.youtube.com/ watch?v=i-CwYMj6Nf0, or an abbreviated version of parts of the Passport 2 Pain ride here: https://www.youtube.com/ watch?v=US5Z47uZBjY. And what is it they say, the unchallenged life is a bit too restful? I don't know, did somebody really say that?.



Mark your calendars: Vashon Sheepdog Classic

Top sheepherding teams from across the country will be competing on Vashon a month than usual earlier this summer --August 22-25, Misty Isle Farms. That means more day light hours for the dogs, sheep and spectators. This is the biggest event of its kind on the West Coast. And this year promises to be the best ever. Three days of top dogs and handlers competing for cash and prizes are scheduled. A fourth day of competition has been added on Monday to allow younger dogs and less experienced handlers a chance at a modified course.

Last year the Vashon sheepdog trails attracted 3500 spectators over a three-day period. Even bigger crowds are expected this summer as the century old sport continues to gain in popularity.

Competing dogs are almost always border collies because of their speed, intelligence and the ability to apply compassionate pressure to move sheep. Each team has ten minutes to move sheep down from the top of the field through

Make a date with Vashon! www.VashonCalendar.com Vashon Library Events Art & Music Events Submit your Event on line at www.vashoncalendar.com series of fences, to the handler at the other end and finally into a pen --all tasks that might be required of working farm dogs.

In addition to the dogs, there will be the interactive Skacel Fiber Arts tent with free demonstrations, workshops and community "yarn storming." There will be local food and drinks available to purchase throughout the day. Many local artisans will be selling their wares.

Each evening ends with bagpipe music & the release of the flock into the fields for grazing. Saturday evening spectators can stay for a fun field party where they can sample more local food & drink, listen to live music & meet the competing handlers & dogs. A shuttle service will be available to and from the Fauntleroy ferry dock on both Saturday & Sunday.

There are terrific photos & more information available @

www.vashonsheepdogclassic.com

Registration is now open for the Raft Up!

Continued from Page 1

idea has a lot of enthusiastic supporters and volunteers. I know the day will be great," said Johnson. "We've just started registration though, so now is the moment when we find out if Vashon will get behind this. People need to register and we need to see the number rising. Everyone should go to vyfs.org/raftup to find out more." VYFS will be marching in the Strawberry Festival parade and pnromoting the event throughout the Puget Sound. "We see this as a chance to draw people from throughout the region, people who might not think of Vashon as a place to camp and visit. It's a unique opportunity to do something fun and unusual, and walk away with bragging rights to a world record," said Johnson.



Vashon's Yellow Pages on line. Find it on WWW.VashonPages.com Kronos, Palouse Winery, Pandora's Box, Northwest Sport, Frame of Mind, Country Store, LS Cedar, Vashon Business Info www.VashonPages.com

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Spiritual Smart Algck Geezerette Walks

Geezerette Walks Down Memory Lane. Again

A few weeks ago Sam Andrew of Big Brother and the Holding Company posted a video of Big Brother at the Monterey Pop Festival in June, 1967, on Facebook. It is a clip taken from the movie "Monterey Pop," and it is of Janis Joplin singing, "Ball and Chain." I watched it again with some fascination, because, children, I was there. Toward the end of the song when she sang, "Buh-buhbuh-buh-buh-buh-BAYBEE!" it felt like our heads exploded.

By the way, I have never heard a recording of Janis Joplin, or seen a movie, including this clip of her performance at Monterey, that captured the electricity of her live performances. This clip may come the closest.

How often do you witness a moment in time that changes everything for a person? When Janis Joplin sang, "Ball and Chain" at Monterey, she was seen and taken seriously for the first time by all the music industry people who were there, and suddenly they were interested in her. It was the beginning of her career in the music world beyond San Francisco. At the time I was thrilled that the world was finding out about



but I missed the legendary burning of his guitar because at that point the audience stood on their chairs so they could see what was happening, and I didn't jump up on a chair fast enough. All I saw was the backs of all these people standing on chairs in front of me. When the guy on the chair next to me finally got back down I asked what happened, and he shrugged and said, "Oh, he burned his guitar. Same old thing."

Joplin and Hendrix went on from that weekend and those performances to rock the world. They burned through the cultural atmosphere like the shooting stars they were for a little over three years. They were born about six weeks apart, and died about two weeks apart. Hendrix died on September 18, 1970, and Janis died on October 4, 1970. They were 27 years old. People are still talking about them and buying their music.

I was a student at Cal Poly San Luis Obispo that spring, and hitchhiked up through Big Sur to get to the festival, catching a ride in a hearse that was driven by another Cal Poly student. I was lucky enough to get a spot to stay in the volunteers' building on the fairgrounds, and when Janis and her friends showed up there to celebrate after the concert on Sunday night, I went

Concert audience at Monterey Pop Festival. Photo by Chuck Blair appeared in the Watsonville Register-Pajaronian on June 20, 1967.

her, because I believed she was the most exciting singer in the world. It didn't occur to me that becoming famous could ruin, and prematurely end, her life.

up to her and jabbered about how great she was and how much I loved her singing while she looked at me as if wondering how dangerous I really was. I picked up on that and left her alone after that.

Publish The Quest

Publish the Quest, a band with deep Vashon roots that has made a name for itself worldwide as both a musical and philanthropic force, is coming home to Vashon for the biggest weekend on Vashon. Strawberry Festival!

Jacob Bain, frontman for the group and also a founder of the all-Islander ensemble Trolls Cottage, grew up on Vashon and lives here now. Other band members include Samantha Boshnack on horns, bassist Jeff DeMelle, woodwind whiz Izaak Mills, guitarist Mark Oi, keyboardist and sax man Chris Poage and precussionist Adam Kessler. The group plays an energetic and danceable mix of blues, rock, ska and world pop.

A passion for social and musical outreach has taken the group around the globe. Working with a nonprofit called Learn Africa, Publish the Quest has made several recent trips to Cape Verde, Zimbabwe, Mali, Poland, Portugal and Spain, where band members have played in festivals and music halls, recorded with local artists, and conducted music workshops and jam sessions with under-privileged children. On their most recent trip to Zimbabwe, this summer, the band brought along a trove of donated instruments and soccer balls to give to kids in Harare and Hatcliffe Extension, a slum just outside the city.

An impressive roster of international stars has collaborated with the band – Femi Kuti, Nneka Lucia Egbuna, Matt Chamberlain, Eyvind Kang, Radioactive, Oliver Mtukudzi and Vieux Farka Touré have joined forces with the group on recordings and in concert. A recent single,

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Another performer who was already subject to the tender mercies of the recording industry but exploded into popular consciousness at Monterey was Jimi Hendrix, coming back from a stay in England to conquer America. He had been working as a guitarist for most of his young life, including a gig in Little Richard's band, where he must have studied the master, because Hendrix knew how to manipulate an audience. Unlike many of the musicians who played at the festival, he was the whole package - innovative guitarist and consummate entertainer. He had a sly sense of humor that allowed him to play with the audience.

Yes, I was there to see him,

I did not meet Jimi Hendrix. On Monday morning I caught a ride with some hippies heading north and they dropped me off in my home town, where I got into another fight with my parents and headed back to San Francisco to spend a second summer living between Berkeley and the Haight-Ashbury.

In retrospect I'd judge that there is a lot to be said for not being famous. Famous people tend to die young. Having seen and met some famous people in my youth, however, gives me some fun reminiscences of an evening. Did I ever tell you about the time...oh. I did? Well, never mind. "Sodade," was recorded with Cape Verdean vocalist Laise Sanches, with all proceeds from the sale of the song going to benefit the cause of arts education in Africa.

Bain said he has found great inspiration in working with kids and musicians in Africa – people he said had "an insatiable appetite for music." To share the healing aspects of music with children in Africa, he said, has been a joy.

Publish the Quest's latest album is called "Then What!?", and Bain said he is currently working on a new album as well as a short film that will document the band's work in Africa. This comes after a recent successful Kickstarter campaign to raise money to fund these projects.

The show starts at 9 p.m. at Red Bicycle Bistro. It's an allages show until 11 p.m., and for ages 21 and older after that. I.D. is required. There is a \$5 cover charge.

> Saturday, July 19, 9pm \$5 cover At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

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Plavef Waves



Aries (March 20-April 19)

If you want to tap an energy source that will get you moving, let it come from a deep place. Ideas and insights will not suffice. They are helpful and you have a lot to say these days. But that is merely the wind above the tide. The tide, the moving water, is what you want to carry you. This is not about emoting but rather about feeling your strength as inner presence, as confidence and as freedom from the usual array of security issues that are so abundant these days. Your next major decision is not the usual 'leap without looking' endeavor. Rather, there are additional points of grounding and of confirmation available that will confirm that you're making the right choice. One of those is harmony between the inner and the outer environments, which can flow seamlessly into one another. If there is conflict between what you feel and your external feedback -- for example, emotional resistance from others -- pause and investigate what that is about.

Taurus (April 19-May 20)

One definition of 'true love' that I would propose is the ability to love oneself in the presence of another person. Most of what we call true love is the seemingly direct transaction: I love you and you love me. There's a more complex dynamic at play, which seems to be about how we feel about ourselves in the presence of others. I think that as we find a path out of the current dark maze that our society calls love, the self-acceptance factor is the one to look out for. It reverses the notion of love from something that is projected and introjected into something that is admitted to be an inner experience. No matter what may be going on outside you, your entire experience of life is mediated by your mind, your feelings, your perceptions. I suggest you test this logic -- instead of 'how much does he/ she love me?' consider that the question is 'how do I feel about myself when I am with you?'

Gemini (May 20-June 21)

Now that Mercury has stationed direct in your sign, you can see how quickly the tide can turn. What made no sense, or was frustrating your best efforts, can suddenly run smoothly. Completely bungled communications can seem to sort themselves out. Seemingly intractable problems can unravel. You might ask how this happens. You might ask what factors of your own consciousness contribute to your perception of problems that may not even exist. There is, however, one matter that is calling for immediate focus. If the question involves sex, then the underlying matter relates to health. If everyone is healthy, there really is no issue. If the matter involves money, make sure you sort out the motives of the people involved and see whose intentions are self-serving and related to power, and whose intentions relate to taking care of others. You cannot change people but it always helps to know who they are.

not seem to be acting that way. In fact if you notice the things they say that hint at how invisible they feel, and take that as a clue, you will make progress on clear communication with them. Remember, though, that you may feel like they have inordinate influence over you, such as in the sexual realm, and they are unlikely to register this fact. To them you seem bolder, brighter, more visible and full of vitality. Keep that in mind and things will make a lot more sense.

Leo (July 22-Aug. 23)

Don't fall for the sensation of being lost. Choose any one point of orientation and that feeling will disappear. That might be work. It might be your health. It might be your family. If you have one focused motive or intention, your other priorities will fall into their correct place. You cannot sort them all out at once, or take care of everything at once. It will be simple enough to put things in order, once you know your first priority. In reality, all of the subjects I've described are related; it's really a matter of emphasis what you call it. While you're prioritizing, I suggest you comb through the events of the past six months and notice whether you're still responding to life in ways that may have been appropriate much earlier in the year. Many things are about to change in your life, and it will help immensely if you keep your focus on the present and the future. You may not know it yet, but the past really is gone.

Virgo (Aug. 23-Sep. 22)

Mercury, the planet associated with your sign, has returned to direct motion in the angle of your chart associated with your professional activities and reputation. You may discover that a long series of developments that made no sense, or that seemed to work to your disadvantage, have put you in a position of distinct advantage. You need to think in a clear strategy. Your plan cannot merely be about how to achieve your goals. That would be easy enough. Rather, you need to achieve your goals and make sure that you don't do any damage; that you work with others and build relationships for the future; that you learn and know what you are learning. What you're experiencing is on one level a political exercise. It's about fostering mutual cooperation. The person who brings this idea into the equation is the one who is helping pioneer a future where we go beyond winners and losers, and where the game is about everyone coming out ahead.

Scorpio (Oct. 23-Nov. 22)

Mars retrograde is over, and the planet that traditionally rules your sign will soon be in your sign; then you can add up your various losses and gains and see where you really stand with yourself. But before that happens, you're about to go on a kind of odyssey -- an inner and outer adventure. Some of the places you go will seem oddly familiar. Others will seem entirely new. What you must be careful of, in the first instance, is your unconscious actions leading to strife among others. The core of this journey is being able to maintain your mindfulness and understand the impact of your thoughts and your actions. Said another way, you are learning to pay attention. This does not mean tiptoeing around others who are easily provoked. It means engaging them directly, and recognizing the influence that you have on them and on your environment. You have substantial power in your hands. You must learn how to use it wisely -- and the next three to four weeks will bring many opportunities to do so.

Sagittarius (Nov. 22-Dec. 22)

As you communicate and otherwise relate to people, be sure not to hold them to your past. It's likely that others have moved beyond certain spiritual or emotional matters that you are still grappling with, or have no special need to address them now. Therefore, align yourself with their present, and keep your focus in that framework of reality. This will have the effect of calling you forth into your present, where you know that you can see over the limits that may have been in your life before. You have not necessarily surpassed each limit. You may still have work to do (who doesn't?). Yet you know that this is also a matter of two points of view; two approaches to life. One is deeply engrained, indeed, it goes back generations. One points to the way that anyone goes beyond history, beyond the limits supposedly set on their success and happiness by their predecessors. Others will lead the way for you, and you will lead the way for them.

Capricorn (Dec. 22-Jan. 20)

Do not cower in the face of beauty. Stand tall and make friends with those who are talented, passionate and charismatic. Consider them an example for how you can be. You would be wise to consider them a reflection of your potential self. One other suggestion, as the Cancer Sun moves into opposition to Pluto in Capricorn. You need to understand the impact you have on others. You're quick to assume that you make no special impression; it would seem that many times you feel

The Vashon Loop, p. 7

invisible. If that's your perception, you have that backwards. You often make a profound impression on others -- though you almost always miss this fact. If the impression you make does not align with how you feel about yourself, that is, if you are wondering how or why you could influence someone or be so noticeable cus it's just lil ol' you, I suggest you study the details of life more. Engage in closer conversation with people until you get a sense of who and what they perceive when they experience you.

Aquarius (Jan. 20-Feb. 19)

Compared to prior times in your life, even fairly recent ones, you are relatively free of over-burden or complexity. I know that everyone's life seems complicated, but as people grow and master their various challenges, it's easy to forget just how mixed up things were not so long ago. This gives you flexibility, it gives you a measure of freedom and a bit of excess capacity to assist someone who may be in need. Consider who in your life could benefit from your support -- it may be intellectual, it may be something you can do for them in the political arena of business, or it might be a way you can assist with a financial strategy. Someone may reach out to you, or you may have been observing them for a while. I suggest you be efficient and a bit shrewd in how you offer your assistance, and how you go about implementing it. This may be as simple as an introduction to someone else, an idea, or focusing a group effort among others perfectly capable of making something happen.

Pisces (Feb. 19-March 20)

Stay close to who and what you love the most. I know that recent months have had you running so hard you've been at the point of overheating. These experiences have led to finding ways to simplify your life, and keeping close to the experiences you value the most is a reward for that. There is a point of contact approaching. It looks like a combination of sexual and creative. Looking at those words on the page, however I am reminded how few people would use them in the same sentence, no more than they would say 'taking a shower' and 'creative' in the same sentence. Well, besides the fact that many great ideas have been born in the shower, sex and creativity are flames in the same fire. One feeds the other. Where one is strong, the other has a much greater chance of being strong. It looks like your passion and your talent are approaching a flashpoint. This is art. This is love. This is life.

> Read Eric Francis daily at www. PlanetWaves.net

Cancer (June 21-July 22)

The Sun's alignment with Pluto is giving you the confidence to meet a certain person in a direct, bold and confident way. They may seem like they have more power or influence than you, though I assure you it does not feel that way to them. You are very likely to seem the more confident person in the dynamic, and if you don't remember that you won't understand why someone you perceive as powerful or confident does

Libra (Sep. 22-Oct. 23)

You seem ready to attempt something that in the past would have had you shaking at the knees. However, you've come a long way since then, and you've come a long way the past couple of months. You can question whether you're confident enough. You can question whether you're ready. You can question whether you're standing on a solid foundation. But the only way to answer those questions is through experience. Experience will require that you actually assert yourself -- or rather, that you continue to do so, because Mars in your sign for the past seven months has done a lot for your initiative. Said another way, you've figured out that your role is not merely passive; your role is not merely to adapt. Your role is to be someone who changes your world in creative ways. And to the extent that anyone can ever give you permission to do that, you just got it.

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Miss Spotty Needs A Home...

I like to snuggle in people's arms and purr up a storm. The reason I'm at the shelter is that my person moved out of the apartment and left me all alone. I don't understand why I was abandoned, because everyone says I have a good personality. I haven't lost my faith in people, though, and I hope someone who likes to cuddle with cats will give me a new home.



Go To www.vipp.org Click on Adopt

Poritively Speaking

...because I'm Free...

The etched glass on the side of the Goat Hill Parking Garage beckoned the third time the car cruised down fifth avenue. The original plan had been to take the bus. It would stop right in front of the courthouse and be easy steps up to the Council chambers.

But this was not a day I had four hours to spend downtown waiting for the return bus. In deference to the injured back and leg that makes me walk with a substantial cane, I checked to make sure I had the \$20 for parking and headed on the ferry with the car.

The walk down the hill and over to the proper building was going to be a killer. But I had signed up for Shape Up Vashon as an individual to prove a person doesn't have to be able bodied to get fit. Time to suck it up and do it.

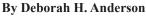
Doing difficult is both an art and a science. It takes every ounce of creativity and physiological care.

The art part is seeing your goal as a vision in its entirety with no oppressive thought of the process of achieving that goal. The science part is deconstructing the total into parts and doing only enough to get you to the next step. Build on the small.

The art part of the science part is to keep your spirit distracted with encouraging assessments of reality while executing minutiae.

Walking with a cane, especially a four toed, is like running a three legged race. Rhythm is everything. Like triplets running over a steady bass beat, the month's events washed through the details of step,lean/ step,lift.

This past month I learned everything I'd been up against for the last twenty years. Difficult is easier when you don't know what you're up against. God was right, though. I was strong enough to handle it now. So, a series of relationships, and falsehoods, and alliances meant to discredit me and prevent





my witness to Joy and Hope and the healing power of feeling pain without sedation heavier than chocolate and a good book or movie, was revealed.

The Joy of being free, of being fully alive washed over me. Step, lean/step, lift.

Are you honest about your weaknesses and faults or do you try to cover them up? I am not ashamed of me. Rid yourself of shame. Heal don't cover up. Then you can truly like yourself.

Descending, descending, descending. Pulling back my center of gravity lest I pitch forward. I can feel the moisture my face wears from the effort.

Victories flood my panorama of reflection. Someone doesn't do their job. God opens a door instead of a window. People who've loved me do roll call as I hit the first level plot of ground. Two more descents to go.

How many times have people told me 'This is your year'. There is only one thing I don't have...money. If you can be poor and live without money, you can do anything. The plus is knowing your friends don't like you for your money, but for who you are and how your being alive blesses them.

Two hours later I had not only finished the descent but been officially confirmed as an advocate for people who are developmentally disabled and climbed back up the hill.

Sometimes freedom is knowing, by God's grace and strength, you can survive difficult on your way to Joy and happiness.

Love, Deborah



Vashon Library July Events

Children & Families

Counteract the Summer Learning Slide at the Library

Kids and teens who spend their summer reading and learning, come back in the fall better prepared for school than those who don't so KCLS created a new summer learning program called Thinkology: The Study of Fun. Build robots, do hands-on science projects, learn magic, create puppets and, of course, read! For details, visit any KCLS library or kcls.org/kids/summer.

Family Story Times

Tuesday, July 1, 8, 15, 22 and 29, 11:30am Newborn to age 6 with adult.

Spanish Story Times

Wednesday, July 2, 9, 16, 23 and 30, 11am

Newborn to age 6 with adult.

The Fantastical Magical Math Spell

Friday, July 18, 2pm

Presented by Cindy Arnold of Live Paint.

Family program, all ages welcome with adult.

Deep in the forest there's a castle where fantastical things take place but the dragon that lives there needs your help! A wise teacher knows the science of spells and all things MATH-magical but she can't seem to find the right spell to help her dragon fly. Can you help our dragon friend take flight?

Radical Reactions

Thursday, July 24, 4pm Presented by Pacific Science Center's Science on Wheels. Ages 5 and older with adult. Chemistry explodes onto the scene with radical reactions, where flames ignite in blue and green and rainbows can be found in glass tubes.

Adults

Start to Fitness

Watch the World Cup at your Library Final Game! Sunday, July 13, 11:30am Every four years national soccer teams from around the world come together to compete in the World Cup. Join with others in your community to experience the world's game in the library meeting room!

If you want to begin a more active, healthy lifestyle, it□s easy to get started at your library. Throughout 2014, find ideas, inspiration and tips on simple ways to add more movement and healthy options to your life through the new adult series, Start to Fitness.

www.kcls.org/fitness



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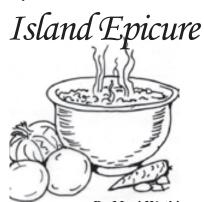


Mickey Needs A Home...

I'm an unusual kitty. First, even though my name is Mickey, I'm a girl. My previous owner had me declawed, so I need to live indoors. I'm FIV+, but don't let that scare you. I feel fine and expect to have a lot more good years. My dream home is one where people will scratch my ears and rub my tummy, and I'm the only cat.



Go To www.vipp.org Click on Adopt



By Marj Watkins Happy Independence Day!

Come Friday, Independence Day, grills will be fired up all over the Island, and beyond. Before you even put the charcoal and/or mesquite wood into the grill, make sure the cooking surface of yours is totally clean. Oil it while it's cold. Then get it good and hot before applying the marinated chicken thighs or salmon filets This assures your meat does not stick.

Make your grilled meats or
fish sing, "Eat me!" by marinating
them for a few hours or overnight.crushed
1 Ti
to tasteThe day before the big bash, stir up
the marinate and cut up the chicken
if that's what you're having. If it's
to be a salmon filet, or steaks,
Teriyaki sauce is a quick, easy,
simple and delicious marinade
that can go on as late as 20 minutes
before you need to start grilling.1 Ti
to taste
1/3

Marinade for Chicken Seasons 3 lbs.

¹/₄ cup olive oil ¹/₂ cup Chardonnay or other white wine 1 garlic clove, minced 1 small or ¹/₂ big yellow onion, finely chopped ½ to 1 teaspoon salt ½ teaspoon coarse black pepper

1 teaspoon fresh, or ¼ teaspoon dried tarragon leaves

Mix all ingredients well. Refrigerate in covered jar several hours or overnight to marry flavors. Stir. Pour over 3 lbs. of chicken thighs or pieces of cut up chicken in a large flat glass or ceramic dish. Chill 1 ½ hours. Turn chicken pieces. Chill another 11/2 hours. Now the chicken should be well infused with the marinade's flavors.

Grill or bake, basting occasionally with leftover marinade.

Marinade for Sweet & Spicy Spareribs Seasons 3 lbs.

¼ cup soy sauce

¹/₄ cup maple syrup 1 clove garlic, minced or

1 Tbsp prepared mustard or to taste

Dash red Tabasco sauce

1/3 cup lemon or lime juice Combine all ingredients. Pour

over ribs. Cover. Chill overnight, turning once. To cook: Grill 5 to 10 minutes on one side. Turn. Grill 5 minutes or so more. Place in foil packet. Bake with grill closed 30 minutes.

You might want to file this column between the pages of your favorite all-purpose cookbook. Space here doesn't yield column inches for dealing with grilling of vegetables. Or beef or bison. We'll try to get to them later.

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VAA Summer Camps to Spark Creativity!

Continued from Page 1

Movement Intensive Ages: 3-5, Tues-Thurs, July 15-17, 10 am -1 pm. Tuition: \$140 Member/\$155 General + \$10 materials

Instructors: Vanesa Wylie, Leah Mann Take a trip to the magical kingdom and explore the creatures that live there. A fun exploration of locomotion and storytelling. Afternoons include a craft session, snack and a guided improvisation through the magic kingdom; meeting creatures and exploring the secret pathways!

Triple Threat Intensive: Dance, Vocals and Acting for Performing Artists

Ages: 9-16, Mon-Fri, Aug 11-15, 10 am-4 pm. Tuition: \$325 Member/\$350 General

Instructors: Vanesa Wylie, Crissy Baker, Leah Mann, Elizabeth Shaw and Cornish Guest Faculty Camp includes training in ballet, jazz and tap along with acting and vocal training for performing artists and those interested in musical theatre. Previous dance training is suggested. Dance classes will be taught at a beginner/ intermediate level. Group acting, improvisation and vocal training will round out the afternoon. This is a skill building intensive not focused on a production.

Space Traveler, Creative Movement Intensive Ages: 3-5, Mon-Thurs, Aug 18-21, 10 am-2 pm. Tuition: \$250 Member/\$265 General + \$10 materials

Instructors: Vanesa Wylie, Leah Mann, Cornish Guest Faculty Space travelers will engage in a creative movement adventure. Mornings start with dance and afternoons include a craft session, snack and an interactive storytelling experience. Explore pathways and the effects of gravity on your body while learning about the energy and movement of the planets, stars and sun.

Glass Intensive for Teens Ages: 13-19, Tuition: \$200 Member /\$225 General + \$50 materials. Instructors: Brian & Tara Brenno Session #1

Mon-Thurs, July 7-10, 11 am-3 pm Session #2

Mon-Thurs, Aug 18-21, 11 am-3 pm So hot it's cool! Teens experience the wonders of glass by making great works of art. Projects include glass blowing, casting, fusing and mosaic. Students leave with many small projects and a good foundation for future projects. Give your teens a summer experience they'll always remember. Bring a sack lunch, sunglasses and comfortable clothing. Sarah Perlman, Kim Thal & Annie Roberts Enjoy a variety of musical experiences including orchestra, fiddling, improvisation, theory games and other enrichment activities to enhance musical learning. Perform final concert on last day for parents and friends. Younger musicians join the fun with Starter String Camp (basic skills and an understanding of instrument required; sight reading not required). Camps held at St. John Vianney Church. Registration deadline July 27.

Teen Photo Intensive (overnight or day camp option) Ages: 13-18. Mon-Fri, July 28-Aug 1. Tuition: \$220 Member/ \$245 General + \$135 lodging + \$80 materials, food, admission fees

Instructors: Christine Beck and Ray Pfortner Want to understand your camera and take better photographs? Join like-minded teens for an intensive week of photography in Seattle, Tacoma and on Vashon. Camp includes day trips to Pt. Defiance Zoo, Chihuly Sculpture Garden and three overnights at Camp Burton. Shoot from pre-dawn to after dusk, share meals and critique your photographs. Make memories and the best photographs you have ever taken. Juried show of results will open at the Two Walls Gallery November 7. Day camp available without the lodging fee. Must have digital camera (any kind will do).

Mythical Creatures Giant Puppets Ages: 7-12, Mon-Fri, July 28-Aug 1, 9 am-noon. Tuition: \$160 Member/ \$175 General + \$17 materials

Instructor: Steffon Moody Flying dragons, gnomes, fairies, trolls, wizards...what will you create? Join us as we enter a mythical realm and bring fantasy creatures to life. Collaborate to make a giant troll puppet and create your own large puppet on a pole to join the troll in this fantasy world. Learn how to design, sculpt, paper mache, paint and costume your own mythical creature. Camp will end in a puppet parade for family and friends.

Summer Musical Theatre: Pirates! The Musical Ages: 7-14 Mon-Fri, July 7-11, 10 am- 2

pm. Tuition: \$180 Member/\$195 General + \$20 materials

Instructor: Marita Ericksen Join the salty crew of colorful scallywags when Bluebeard, Yellowbeard, Whitebeard, Purplebeard (along with the No Beards) set sail for a mighty adventure! Seeking singers, actors, dancers and stage crew to produce a 20-minute musical ending in a performance for family and friends.

Magic of Mime

Ages: 8-14. Mon-Fri, July 28-Aug 1, 1-4 pm. Tuition: \$160 Member/\$175 General + \$25 materials

Instructor: Steffon Moody Create physical illusions: trapped in a box; the robot; climb a rope; running into a wall; slow motion; transform imaginary objects and throwing lights! Tell hilarious stories without saying a word. Mime makeup, white gloves and D'Lite thumbtip provided. Family and friends invited to finale performance Aug 1.

Story Play!

Ages: 5-7, Tues-Fri, Aug 26-29, 10 am-1 pm. Tuition: \$110 Member/\$120 General + \$5 materials

Instructor: Kate Davidson Take an imaginary adventure! Explore characters from familiar and new stories, play drama games, create costumes and props. A fun intro to theatre!

R e g i s t e r a t VashonAlliedArts.org or by phone 206-463-5131. Scholarships are available.



The Loop rt, Event, Meeting w information



Loose Change is now booking for your summer parties. We have dates available Call Troy @ 206-794-9451 Vashon String Camp: Violin, Viola, Cello and Beginning Guitar

Ages: 8-15 (Starter Camp ages 5-7), Tues-Fri, Aug 19-22, 10 am-2 pm ,(Starter Camp from 9-10 am), Tuition: \$160 Member/\$175 General Starter Camp Tuition: \$50 Member/\$60 General Instructors: Gaye Detzer,

17627 Vashon Hwy SW • Vashon Island • WA • 98070 Phone: 206.463.6100 • Fax: 206.463.6137 • vpd∉vashonprint.com

Next Edition of The Loop Comes out Thursday, July 17 Deadline for the next edition of The Loop Friday, July 11

Read The Vashon Loop online www.vashonloop.com

Swindler



Swindler is a fresh take on deep pocket groove with a penchant for intricate fusion and improv magic. Hailing from the Emerald City, this exciting project features Mike Saskor (guitar), Willow Goodine (Keys), Rob Cochran (Bass) & Chris Martin (Drums). Featuring Seattle area band members who have played and formed prior well followed Northwest bands such as Olympic Sound Collective, Rai, and Altered States of Funk. Swindlers reach is growing rapidly around the Northwest. Swindler has shared the stage with National Artists such as Jerry Joseph, and most recently headlined the Port Townsend Strangebrew Festival, drawing rave reviews.

Saturday, July 12 at 8:30pm. Free, No Cover. All-Ages 'till 11pm 21+ after that. At the Red Bicycle, 17618 Vashon Hwy SW 206-463-5590

www.redbicyclebistro.com

Soul Senate



Soul Senate is a 7-piece, highenergy, adrenaline-inducing, audience-oriented, original soul/funk party powerhouse. This band has lit up the dance floor at the Bike in the past, but they are pulling out all the stops for Strawberry Festival Friday – do not miss this epic show!

Bridging the decidedly funky sounds of the 60s & early 70s-such as the Meters, Stevie Wonder, and the Stax label of Memphis-with a distinct modern sound in the vein of Raphael Saadiq, Alice Russell, Eli Paperboy Reed, and the New Mastersounds; Each member of the band has over 10-30 years experience on the local or national scene: in sum, playing countless venues & festivals-from Bumbershoot to the 100,000 person West Festwith experience opening for touring acts like Orgone, Delta Nove, Will Bernard, Roy Ayers, and the Monophonics.

Soul Senate's goal is to lift people up by playing tight in the groove, making a night with Soul Senate a party that is not to be missed, and one that will not easily be forgotten.

This is a free cover all-ages show 'til 11pm, then 21+ after

Comedy Night returns to the Bike for special summer engagement adds meaning to your life

Face it, you are going to need something to look forward to. After the neighbors have finished blowing up what had been their kids' college funds and then returned the cooler you loaned them so they could transport their flag-festooned fingers to the medic, you sense the creeping ennui but know that it is too early in the summer to submit. Don't do it. That's why there's always an after party, even if you do rarely get invited.

On Saturday, July 5th at the Red Bike, you are in. You! And your seven dollars. Sure, Filipino-American Friendship Day may be over, but the jokes about that classic post-colonial charade are only now coming to light and that is why we have Comedy Night.

The summer people are here, they're advancing in years, and they want to know what commitment looks like. So our roster of openers features comics who live here year-round. We like to keep the bar high.

Jonathan Kuzma has posted 21 videos to YouTube on the importance of the jacaranda and

The Vashon

Loop.

Send To:

Editor@

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its overlooked fruit. Michael Whitmore possesses 9000 vinyl records, 2/3 of which are meant to be spun at 45 RPM, though he will wantonly break that rule. Richard Franklin Moore now performs with a middle name that you will recognize and respect. Caitlyn Marie Little is dedicating this set to her sister Amanda and the candy dish on the other side of her bank teller barricade, just out of reach. Harris Levinson has been bitten by Luis Suarez on more than one occasion. So what? Steffon Moody hosts the proceedings and when does that opportunity make itself available? Moody will be taking a vow of silence on July 14 because of what Bastille Day has meant to him personally as an apologist for the French.

Coming off strong previous sets where the only question was why was she wasn't on stage longer, Cara Rosellini will headline the show. We are excited to have someone from our local comedy farm team make it to the big leagues and you will want to witness the occasion. Cara talks about her kids, but tends to leave them in the car when she's performing. This time she has organized a playdate in her minivan with your kids, so message her a few minutes beforehand.

> Saturday, July 5, 8pm \$7 cover At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com



Soul Senate claims their own musical territory with booty shaking grooves, well-crafted arrangements, sizzling horns, and memorable instrumentals and vocal songs.

Friday, July 18, 9pm At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

Find the Loop on-line at www.vashonloop.com

that.

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Beltic, Folk and World Music Concert

The Celtic/Folk/World music duo Four Shillings Short are coming to town. "The delightfully surprising collection of songs and sounds this husband/ wife act create, while stretching the limits of Celtic music by stirring in generous amounts of Indian Ragas and Middle Eastern flavorings via some of the tastiest sitar playing this side of Ravi Shankar" (Valpariso Times, IN) "bring musical diversity, captivating storytelling and humorous side notes to create an amazing show." (Labyrinth Café/Fort Lauderdale, FL)

Four Shillings Short play Traditional & Original music from Ireland and Scotland, Indian Ragas, Folk Ballads, Old-Time songs, Medieval & Renaissance instrumentals and a cappella numbers on a fantastic array of instruments (over 30) including Hammered Dulcimer, Mandolin, Mandola, Bouzouki, Tinwhistles, Recorders, Medieval and Renaissance Woodwinds, North Indian Sitar, Charango, Bowed Psaltery, Banjo, Bodhran, Guitar, Percussion, vocals and even a Krumhorn.

Celebrating their 19th year together, the husband/wife duo of Aodh Og O'Tuama from Cork, Ireland and Christy Martin from California, tour in the US and Ireland, are independent folk-artists with 11 recordings, perform 150 concerts a year and live as the Troubadours of old traveling from town to town performing at Music festivals, theatres & performing arts centers, coffeehouses, folk societies, libraries and schools.

Aodh Og O'Tuama grew up in a family of poets, musicians and writers. He received his degree in Music from University College Cork, Ireland and received a Fellowship from Stanford University in California in Medieval and Renaissance performance. He plays Tinwhistles, Medieval & Renaissance woodwinds, Recorders, Doumbek (from Morocco), bowed Psaltery, Spoons and sings both in English and Gaelic.

Christy Martin grew up in a family of musicians and dancers. From the age of 15, she studied North Indian Sitar for 10 years with a student of master Sitarist Ravi Shankar. She began playing the Hammered Dulcimer in her 20's and has studied with Maggie Sansone, Dan Duggan, Cliff Moses, Robin Petrie, Tony Elman and Glen Morgan. In addition she plays Mandolin, Mandola, Bouzouki, Banjo, Guitar, Bodhran (Irish frame drum), Charango, bowed Psaltery

Vashon's Yellow Pages on line. Find it on WWW.VashonPages.com Kronos, Palouse Winery, Pandora's Box, Northwest Sport, Frame of Mind, Country Store, LS Cedar, Vashon Business Info www.VashonPages.com



and sings in English, Irish, Spanish and Sanskrit.

What folks say about Four Shillings Short:

"Sunday nights' concert featured a husband and wife duo called Four Shillings Short. They are astounding. They both have wonderful singing voices. They play an incredible variety of music from Indian Ragas to Celtic, Traditional folk and about anything else you can think of. They are very charismatic with great stage presence." (Columbus Folk Music Society,OH)

"Their musical virtuosity makes old songs sound new and new songs sound like time-worn Celtic spells." (CITY PAGES, Wausau WI)

"At first glance, Four Shillings Short look to be just another Irish duo sure to be warbling favorite folk standards from the Emerald Isle. Shame, shame on those not delving deeper and taking time to hear the delightfully surprising collection of songs and sounds this husband/wife act create while stretching the limits of Celtic music by stirring in generous amounts of Indian Ragas and Middle Eastern flavorings via some of the tastiest sitar playing this side of Ravi Shankar. This San Francisco based musical project is truly 'alternative' in ways other artists who define themselves and their sound with that label could never dare to imagine." (Valparaiso Times, Valparaiso, IN)

Saturday, July 12, 7:00 to 9:00pm CHURCH OF THE HOLY SPIRIT 15420 Vashon Hwy. SW Vashon Island, WA (206) 985-9916 \$10 suggested donation www.holyspiritvashon.org

Find *the Loop* on-line at

Music Festival Kicks Off Raft Up! Weekend

Doors open at 2 p.m. on August 16th for the Raft Up! Music Festival. Outdoor festival begins at 3 p.m.

"We have brought together some of Seattle's best and upcoming bands and musicians to come out and perform for kayakers looking to get an early jump on the even," said Mike Dumovich, who is helping organize and promote the event.

"The concert at the Open Space is open to all, but with expanded camping all around, it's the perfect way to make a full weekend out of Raft Up," he added.

The music festival features acts ranging from the thoughtful and lush landscapes of songwriters Gabriel Mintz, Bill Patton, Rusty Willoughby and Olivia Mendez, to the rich syn-esthetic and intellectual compositions of avant rock band Low Hums, the brilliant sound collages of Kaleidasaur, and Corespondents (who by their own description "make guitar-based musical stylings that incorporate non-western instrumentation such as the Vietnamese dan-bao and the Greek bouzouki - while still appealing to metal heads, noisers, guitar-wankers, audiophiles, tech-heads, swingers and the blues.")

The line-up also features Eugene Wendell and The Demon Rind a Vashon native who's British Invasion inspired rock uses off kilter songwriting and brilliant hooks to keep you moving, and Inly (formerly Not a Real Flag), an amazingly inventive contemporary indy band who will leave the audience asking for thousands of encores

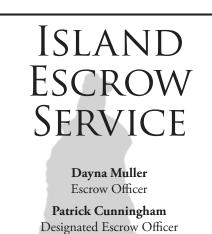
All of these amazing acts have lined up to donate their support to Raft-Up and Vashon Youth & Family Services.

The Greg Curry Band

Mining along similar veins of Americana music that inspired the songwriting of artists such as The Band, Bob Dylan, and Tom Petty; Gregg Curry and The Island Gypsies bring both a sense of fun and passion to their original roots-based rock.

The powerhouse rhythm section of Fletcher ("Dr. Drumm") Andrews and bassist Steve Meyer along with Curry on rhythm guitar provide a deep groove for Rick Dahms (lead guitar) and Larry Lawson (flute/harmonica) to layer on sweet melodic fills, solos, and calland-response magic. This rich musical tapestry is the backdrop for Curry's catchy melodies and thought-provoking, cinematic lyrics. Dahms' and Lawson's harmonies add the perfect cherry on top of a delicious musical sundae.

An evening with the Gypsies will take you on a diverse musical journey that boldly goes into the deep dark





valleys and soars up into the mountain heights and touches all points in between.

Friday, July 25 at 8:30pm. This is an all-ages show 'til 11pm, then 21+ after that.

At the Red Bicycle 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com



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Compost the Loop The Loop's soy-based ink is good for composting.

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> Deadline for the next edition of *The Loop* is **Friday, July 11**

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Uh-Oh, The U. N. reports it was a TYPO and the Law of Gravity has <u>NOT</u> been rescinded ! NEVERMIND !!



Find *the Loop* on-line at

July 3 '14



indicator.