

What is permaculture?



By Dennis Irwin - Permaculture Practitioner and proprietor of Irwin Permaculture Design

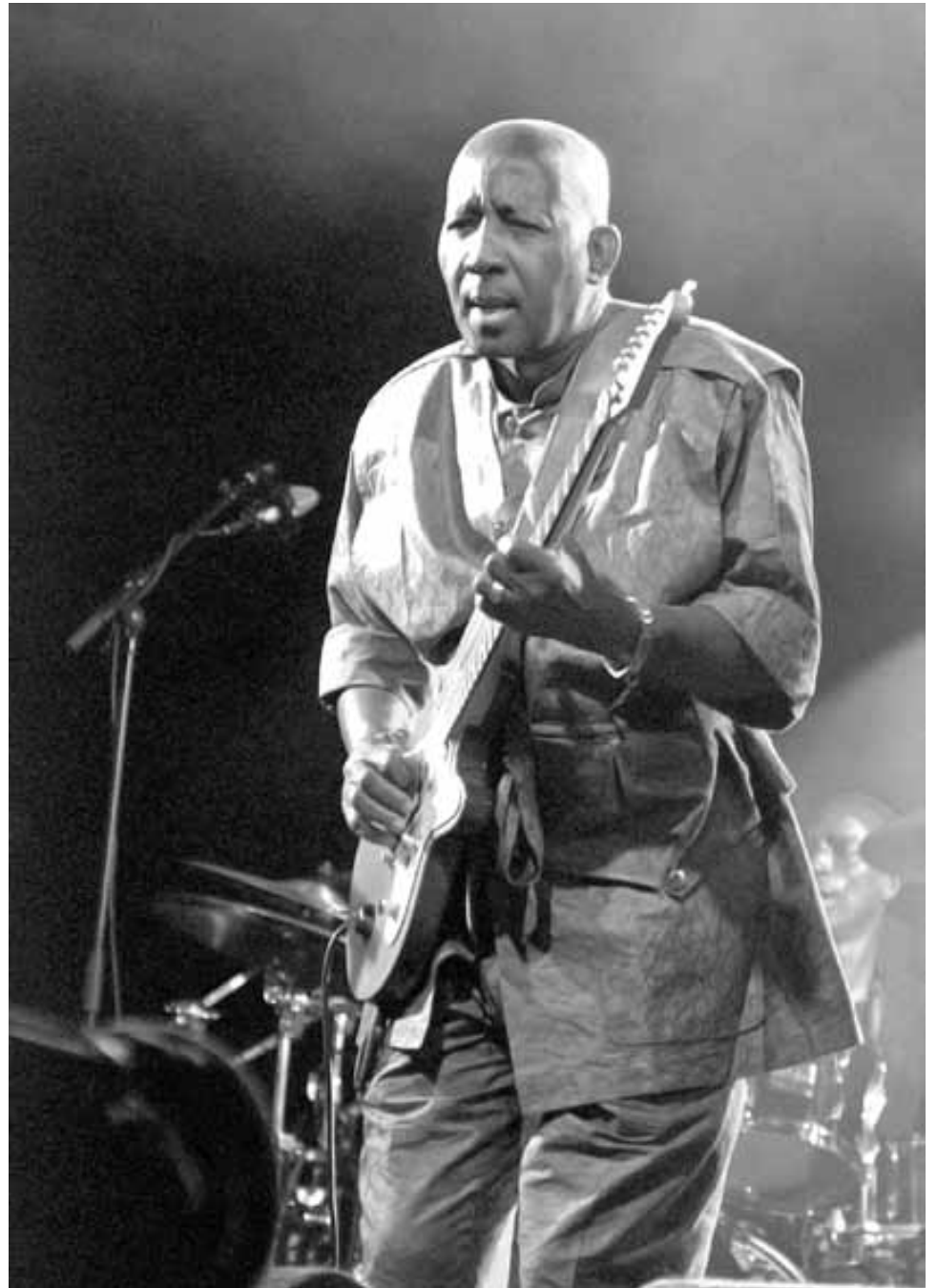
We all know Vashon is a wonderful place to live. And all of us would like to see it stay that way. But we are vulnerable to dangers caused by the very reason it is such a unique place. Its isolation. We are very dependent on resources found off island. The major one being food. Even though we have many farms and a lot of people growing food we don't have nearly enough to feed ourselves in case there is an extended separation from the mainland. Though we could easily grow enough. Much of the food we grow is grown with compost and fertilizer brought from off island. and at the same time we ship off tons of horse manure that could be excellent compost. We have grown too reliant on off island power to

pump water from our wells as well. As we saw this year we can have a shortage of precipitation and with our frequent blackouts that could leave us with very little water for our crops, our livestock or even ourselves. There is a way for us to mitigate these weaknesses and in the process become more sustainable, environmentally friendly and profitable all at once. The answer is permaculture.

Now you may have heard the word permaculture throw around but it seems like few people actually understand that it is actually an entire system designed to create habitat for people. Concepts are based in science, no hocus pocus, mimicking natural systems to design a

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Sekouba Bambino Publish The Quest Trio



Sekouba "Bambino" is the stage name of Sekouba Diabaté, a singer and musician born in Guinea, West Africa in 1964. He is one of the greatest mandingo voices.

As a griot family's heir and leader of the famous band Africando, Sekouba Bambino has also distanced himself with his solo project thanks to his beautiful voice.

Bambino was born and raised in the village of Kintinya, some 25 kilometers from the town of Siguiiri, close to the border with Mali. He was born into a musical family, and is descended from a long line of griots, known in some Mande languages as jeli. His mother died when he was three years old, but left behind a legacy in the songs she had recorded which her son later heard on the radio. Her music became one of his main influences. Her death left Bambino with his father, who did not encourage his musical aspirations, hoping he would follow him working in his transport company, but from age eight, Bambino Diabaté sang with local bands and began to achieve musical renown.

At the tender age of 12, Sekouba was discovered by Guinean President, Sekou Touré and at the President's urging he became the frontman for the state-sponsored group Bembeya Jazz National. Joining the group earned him the name

"Bambino" due to his young age and led him to be called "The National Treasure of Guinea". After the privatization and subsequent break-up of Bembeya Jazz, Bambino became the lead singer of Africando before leaving the group to pursue a solo career.

Thus, in 1983, at the age of 19, Diabaté was asked to join Bembeya Jazz, Guinea's best-known musical group. He was given the nickname "Bambino" to distinguish him from one of the group's guitarists also named Sekou

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The Road to Resilience

Machina Deum est?

By Terry Sullivan,

In a piece I just saw on PBS about robots and the economy, it occurred to me that there is yet another reason to overhaul our economy, and it is not a small one. Some of us are old enough to remember the visions of a glorious future in which machines would do all the work and we would be free to think, to enjoy life, maybe to vegetate. I have already remarked in this column that it never occurred to us then that we would not own those robots and, therefore, would not reap the benefits of their labor. This is a great example of how we often fail to think things through.

The drift of the news piece I saw was that jobs have been automated at an increasing pace for many years at the expense of thousands of workers that formerly performed those jobs. At first, the robots performed jobs that were pure drudgery for humans and their introduction was not unwelcome. Tractors come to mind. Farm machinery whittled the farm labor force down from 40% before mid 20th century to a little over 1% now. Many of those displaced workers ended up in good paying factory jobs and sent their own kids to college. Those results were popular enough to create a desire for more.

Since then, more sophisticated robots have replaced much of the skilled production workforce, some of whom spilled over into the service sector. Now, even more sophisticated robots are about to take over service sector jobs, which leaves humans in charge of...what?

For 200 years we've tamed the wild, resourceful and independent rural people to show up to work on time, punch a clock, and follow orders in exchange for a pay check which would provide all of their material needs. Now that they (we) are totally dependent on those jobs, automation is taking them away and the paychecks are getting smaller.

Almost all of the profits accruing to those productivity gains have gone to the upper 1%. Liberals complain that those gains must be shared with the workers that participated in that productivity gain. Surely, the worker that runs a machine that performs the work previously done by 10 workers should get paid more. In fact, those workers are more skilled and may make more than any one of the pre-automation workers, but certainly not ten times as much. I think that it is wrong to say that that productivity is all due to the more skilled workers. Clearly, the robots

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Many buyers hold a common misconception that they should contact the Listing agent for information on a property. In fact, it would be in the Buyer's best interest to work with their own agent. Your own agent will better understand your needs and wants and be able to provide you with property information. More important, they will represent you and your interest throughout a transaction, where a Listing agent represents the Seller's interests only.

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The American Night

Sunday, August 9, 8pm
Cami Lundeen \$10 cover

Friday, August 14, 8:30pm
Camille Coldeen & Gus Reeves

Sunday, August 16, 8:30pm
Sekouba Bambino & The Publish The Quest Trio



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The Loop's soy-based ink is good for composting.

Next Edition of The Loop Comes out Thursday August 20

Deadline for the next edition of *The Loop* is **Friday, August 14**

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

New Nar-Anon Meeting

West Sound Area invites you to a New Nar-Anon meeting Saturday, June 27th, 6:00pm to 8:00pm. 17708 Vashon Hwy SW on Vashon Island at the Presbyterian Church.

Potluck and Nar-Anon Speakers. Everyone is welcome to come and be a part of Vashon Island's first Nar-Anon meeting.

If you have any questions you may contact Marian E at 253.307.8576

VCC Caregiver Support Group

Vashon Community Care will host a Family Caregiver Support group open to all family caregivers in the community.

It will take place the first Thursday of each month from 7-9 pm. Contact cara.aguilera@providence.org / 567-6152 with questions.

Find us on Skype
Vashon Loop
206-925-3837

Have a Story or Article

Send it to:
Editor@vashonloop.com

The Vashon Loop

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VIPP Dog Walk

Come join us on Saturday, August 29th for the 2015 Vipp Dog Walk at Burton Acres Park. Arrive at your convenience anytime from 9 a.m.-noon. The course is a nice stroll around the Burton Loop and an excellent way to support Vashon Island Pet Protectors and get some exercise at the same time. There will be lots of freebies like the following:

The first 50 walkers receive a swag bag donated by Pandora's Box

A commemorative event photo of you and your canine emailed to you

Each walker is entered into a drawing and has three chances to win a bottle of wine from Vashon Winery (must be 21 to win)

Frisbees for the first 50 walkers

Doggie and human treats & water

PRIZES:

There are two categories, individual and "team". A team is just you and UP to nine of your friends walking with you...very unofficial.

The three highest individual supporters each receive a gift certificate for animal visits from Joanna Gardiner and Friends.

And Each member of the highest team supporter will receive a gift certificate from Wet Whiskers for a dog nail trimming session

ACTIVITIES:

Canine Reiki

Face painting

Music...doggie themes, of course, as well as Vipp merchandise for sale

Come Join the Fun with or without a Dog...And Walk for VIPP!

Vashon Drum Circle

Vashon Drum Circle meets Friday, August 14th, 7-8:30 PM outdoors at the Village Green. All are welcome to drum on behalf of the health and well-being of our planet and community. Sponsored by Woman's Way Red Lodge, this gathering is open to all ages and experience.

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**Introduction to Permaculture Seminar
Saturday, August 15th, 11am to noon**

Presented by Certified Permaculture Consultant and Designer, Dennis Irwin Certified through the Permaculture Institute of Australia

→ Organic, sustainable, permaculture: what's the difference?

→ Learn how to apply the principles of permaculture to your land

→ Ideas & inspiration

→ Your questions answered

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Quartermaster Harbor beaches closed for shellfish harvesting

Paralytic Shellfish Poison (PSP) has been detected at unsafe levels in Quartermaster Harbor shellfish on Vashon-Maury Island. As a result, the Washington State Department of Health (DOH) has closed Quartermaster Harbor beaches to recreational shellfish harvest.

The closure includes all species of shellfish including clams, geoduck, scallops, mussels, oysters, snails and other invertebrates; the closure does not include crab or shrimp. Crabmeat is not known to contain the PSP toxin, but the guts can contain unsafe levels. To be safe, clean crab thoroughly and discard the guts ("butter"). Working with partners, Public Health - Seattle & King County is posting advisory signs at beaches warning people to not collect shellfish.

Commercial beaches are sampled separately and commercial products should be safe to eat.

Anyone who eats PSP contaminated shellfish is at risk for illness. PSP poisoning can be life-threatening and is caused by eating shellfish containing this potent neurotoxin. A naturally occurring marine organism produces the toxin. The toxin is not destroyed by cooking or freezing.

A person cannot determine if PSP toxin is present by visual inspection of the water or shellfish. For this reason, the term "red tide" is misleading and inaccurate. PSP can only be detected by laboratory testing.

Symptoms of PSP usually begin 30-60 minutes after eating the contaminated shellfish, but may take several hours. Symptoms are generally mild, and begin with numbness or tingling of the face, arms, and legs. This is followed by headache, dizziness, nausea, and loss of muscle coordination. Sometimes a floating sensation occurs. In cases of severe poisoning, muscle paralysis and respiratory failure occur, and in these cases death may occur in 2 to 25 hours.

If symptoms are mild, call your health care provider or Washington Poison Center (800-222-1222), and Public Health (206-296-4774). If symptoms are severe, call 911 or have someone take you to the emergency room immediately.

Recreational shellfish harvesting can be closed due to rising levels of PSP at any time. Therefore, harvesters are advised to call the DOH Biotoxin Hotline at 1-800-562-5632 or visit the Shellfish safety website before harvesting shellfish anywhere in Puget Sound.

Vashon Social Dance Group Monthly Dance & Lesson

Welcome to 2015 VSDG Lessons and dances
Vashon Social Dance Group Lesson & Dance
Ober Park Performance Hall - 17130 Vashon Hwy SW
(Vashon Park District Office Building)

Saturday August 15, 2015

7:00 - 8:00 pm Dance Lesson with Dance For Joy's Lilli Ann Carey!

Don't miss learning some "Cool Swing Variations" with Lilli Ann.

8:00 - 9:30 pm Dancing to deejayed music provided by Me

No partner needed. Come and bring anyone interested in dancing!

Suggested donation: \$10 for either or, both lesson and dance

No one turned away due to lack of funding. Join Us!

Hope many of you can make it to the lesson and dance and encourage Lilli Ann to come teach again in the future.

Bring your friends and family into the wonderful world of social dancing!

Candy

Water District 19 Meeting

Water District 19's next regular Board Meeting scheduled for Tuesday, August 11 at 4:00 PM, 17630 100th Ave SW, in the district's board room.

Join the Conversation

What do you love about living on Vashon-Maury Island? What matters most about your life here? All are welcome to gather to talk and write. Shirley Ferris will host and help. Tuesday, August 4, 1-2 PM, Vashon Library AND Friday, August 7, 11:30 AM - 2 PM, Vashon Senior Center. Anecdotes, paragraphs, sentences...enjoy sharing and submit results for Heart of Vashon: telling our story - a community project sponsored by VAA, VMIHA, VOV and AIF.

Old Time Music Jam

Old Time Music Jam Session with Greg and Jere Canote
Saturday, August 8, 4 PM

11306 SW 238th St.

Potluck and pass the hat for the Canotes.

Musicians and friends welcome.

Make a date with Vashon!
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Harbor School says, "Save the Sound"

The Vashon Loop is publishing op-eds written by Harbor School 4th and 5th graders. This is the last of the op-eds, - Editor

All the help they can get

by Blake
Splashing
Playing
Singing
The dance of the sea seals
Playing orcas swimming
all gone gone unless
we do something
do something big
you can help them
you can save the orcas
you can save the seals
you can save them all
don't litter don't pollute
don't dump trash in the sound
you can save them just
tell others
how to help how to save the sound
save all of the animals
that need your help
from the smallest plankton to the
biggest whale
they need your help
they need it need it now
all the help they can get

Protect the pipefish!

by Sam
There are over 200 species of pipefish in the world. Without the pipefish it would disrupt the food chain. If you want to save the pipefish save the eelgrass, because without it many animals would die, including the pipefish. To save the eelgrass we have to stop destroying it simple as that. Stop running and stomping on, and know where you are driving your boat. So many animals depend on eelgrass for food, shelter, and a safe breeding ground.

That is why we need to act now. If we want these creatures to be around just pick up one piece of trash, think of how that can add up. If you think the Sound is fine you are wrong, we need to help it now. If we're going to spend money to save the sound spend it now. The time is now! So do your part if you want the future to see these wonders.

You have the power!

By Harley
Imagine this, walking on the beach, and you see toxic water, and dead eelgrass beds. Without the Puget sound we wouldn't have one of the most magnificent creatures ever; the giant pacific octopus, and there is only one thing we can do: stand up for what you think is right, stop disrespecting our Sound, and put an end to litter and pollution!

Our ocean is is dying, begging for our care through the emotions of the creatures who live in it. Littering isn't cool, even by accident. I could end up choking a baby seal. One piece of garbage can impact a lot of animals, so do your best and be accountable for the consequences of your choices! With just one action you can save an animal, you could save the world. You could save the Puget Sound.

A good place to start

by Jessica
Why save the Puget Sound? Is it necessary to look after our waters? Absentmindedly we have been throwing trash on the ground not think what one little piece of trash can do to the environment. Where will our next generation lead us? Will they look after the ocean? We need to fight for what we think is right. We to speak
Continued on Page 8

VYFS Announces New Director of Clinical Operations

Vashon Youth and Family Services (VYFS) announced today that it has hired a new Director of Clinical Operations, Heather Youngs, effective July 8, 2015. Ms. Youngs previously served VYFS as Manager of the Outpatient Addiction and Recovery Services program, and as the Quality Management officer for the Behavioral Health program. Her new position replaces the previous role of Clinical Director.

"We changed the job title to reflect the need to strengthen our operations in clinical areas," said Kathleen Johnson, VYFS Executive Director. "Licensed mental health providers like VYFS are facing an array of mandates, ranging from implementing more Evidence-Based Practices, to establishing robust Quality Management practices, to converting to Electronic Health Records, and integrating with primary care. In all these areas, we need someone with a rich clinical background and an understanding of operations and management. We are excited that Heather has accepted this challenging role."

Ms. Youngs lives on Vashon with her wife and their three children. "We are raising our family here. I'm invested in doing all I can to ensure this is a healthy, thriving community."

Prior to joining VYFS, Ms. Youngs served as Clinical Supervisor for APS Healthcare and Helping Hands Hawaii, both in Honolulu, and at Community Psychiatric Clinic in Seattle. She has also worked as a Clinical Case Manager and an Intake and Referral Specialist. Ms. Youngs holds a Master of Arts in Counseling from St. Edwards University and a Bachelor of Behavioral Science from Concordia University, both in Austin, Texas. She is licensed as a Mental Health Counselor, a Chemical Dependency Professional, and an authorized Clinical Supervisor.

In addition to hiring Ms. Youngs as Director of Clinical Operations, VYFS has retained the services of Valerie Harrington, Clinical Psychologist, as a consultant

reviewing the child and family programs at the agency. As Consulting Director of Family Programs, Ms. Harrington will provide some clinical supervision in the Mental Health department and lead program development and planning activities for the Family Education and Support Services (FESS) division of the agency. Ms. Harrington had previously served as the Acting Clinical Director at VYFS.

"We jumped at the opportunity to retain Valerie's services. She has been instrumental in leading us through the change in leadership. Because of that, she understands our strengths and where we need to grow, and she is an expert in delivering effective services to children, youth and families."

The focus on families is not new at the agency. However, VYFS' Mental Health program is developing a new Child and Family team that will support clinicians in developing a specialty in serving children and families. "In the past we've taken family members as individuals and cared for them, and that has helped many people. However, understanding and working within the family system is often more transformative and critical for helping people overcome whatever barriers they face. We are developing and growing our expertise in this area, which is very exciting," said Ms. Youngs.

"This is a time of great change at the agency," said Johnson. "Some of this is coming from outside forces: changes in the healthcare environment, changes in funding priorities. For example, FESS has struggled for years to find sustainable funding for Birth to Six programs. To make sure we meet these challenges, we are building excellent programs that will strengthen the lives of people in this community. We want to be the first choice of people needing mental health and supportive services on Vashon. We want to be known as a compassionate agency that helps people change their lives."

What is permaculture?

Continued from Page 1

human habit. The Ethics consist of Care of People, Care of the Earth, and Return of Surplus, anything you do or have must agree with these Ethics. If It doesn't help or it harms people, it's not Permaculture. If It doesn't help or it harms the Earth, it's not Permaculture. And if you do not or are unable to return the surplus, it is not Permaculture, because and product in excess that cannot be returned to the system is called pollution. Following these ethics, Permaculture can provide everything people require to survive, (food, water, fuel, fiber) in the most economical, sustainable, and environmentally friendly way possible, because, believe it or not, people are a part of the environment and in order to best provide for people they must become

part of their ecosystem. Permaculture teaches people to use what they have to the best of their abilities allowing them to provides everything required for their survival in good times or in bad.

You dont have to be a farmer, or gardener, or even have land of your own. the principles can be applied to every part of life making you more self-reliant, healthy and happy. To learn more about permaculture and how you can help make your family and our island less dependent on outside. I will be holding an Intro to Permaculture seminar at the Country Store on Saturday, Aug 15th from 11am to 12pm. Please bring questions and paper to take notes. I look forward to seeing you there.



Tito Needs A Home...

Do you have a comfy couch? I sure miss the one from my previous home where I would cuddle with my person and get my head scratched. She told VIPP that I get along with dogs and even obey like a dog. I'm well-behaved and won't jump on your counters.

I'm ready to stretch out on that couch now . . .



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Island Life Politics

Peter Ray
pgray@vashonloop.com

I may have referenced this recollection somewhere in the past in this space- I can't recall for sure one way or another. For those of you taking copious notes, I apologize if that was the case, but it is a story worth repeating, especially in this latest context. Since this particular memory is from events that happened forty years ago, I am remembering it like it was, well, forty years ago. It involved an election at my college alma mater, and was perhaps my first experience with a perceived disdain for people with political ambitions, or politicians as they were and are known.

I was not overly interested in the campaign for president of the student council, or whatever it was called, until Pitt Dickey and his dog Sage entered the race as Prez and VP candidates respectively. What made them stand out, beyond the inter species thing, was their platform. While all the other candidates were concerned with student representation and stuff like that, Pitt and Sage were all about helping to make everyone's wildest dreams come true- even the ones almost no one was dreaming about. The boy/student and his dog were all about bigger things, like building a dome over the entire campus, so every day would be a nice one. With so many domed, nice days supposedly on the horizon, Mr. Dickey sought to appeal to the agrarian in us all by suggesting that the main street in town be dug up and used as a field to grow corn. With no place to drive now, all of the students would be given horses and the campus politicians would be tasked with cleaning up after them, which would presumably keep them occupied with doing something at least somewhat useful. Needless to say, while providing some humor to the process, Pitt and Sage were not successful in their bid to "stick it to the man".

To be sure, I did learn a fair amount about what not to do in a campaign from this duo. Others who have contributed much to cautionary learning events surrounding various vote gathering endeavors might be the likes of Howard Dean, Donald Trump and Goodspaceguy, who I'm sure most everyone has marveled at (and subsequently ignored) with the arrival of each new exciting volume of the King County Voter's guide. I have had one friend express concern that I should have been ramping up my campaign recently by taking advantage of exposure to the throngs thronging to the Strawberry Festival. I imagined myself hopping aboard the kiddie train that putts up and down the fairway through the crowd and making stump speeches during whistle stops from the caboose on the carbon footprint of VES field, the creosote footprint of the Tramp Harbor dock and, on a more positive note, the magic and wonder of 100 years of Point Robinson and its lighthouses. In truth, I didn't see that flying amidst the noise and hot air already in great supply up there. I asked that same friend how much campaigning they had done in their successful past bid for park commissioner to which they answered: "None."

Another friend has mentioned something to me about how they have been less than impressed with my campaign so far. In response I said that I believed that I had in essence been campaigning for the last three years, having been writing about the parks and their woes as well as recording all the meetings that I have been to (which is almost all in the last three years) so that

all the Island might be able to witness what goes on there in the hopes that an informed awareness would help to force a culture change there. One of my opponents has stated on a number of occasions that he really doesn't care what people think about the parks and how they are run. The other believes he is here to save them, and he showed me the emails to prove it. What I believe is that the success of the parks relies on all of us. As I have stated here before, what turned my opinion around regarding what was happening at Parks was the opening of the new skate bowl. While I was skeptical about its relative worth in the scheme of things, what I saw in its completion and the enthusiasm around its use was a continuation of what has been right with the parks as exemplified by the overwhelming support of the rowing, horse and lighthouse communities. And they are indeed communities, where what they are doing, and want to continue to do in the best way possible for their activity, should be a model for how the rest of Parks could run.

I have been and will be a supporter of the pool. I have also found that for the bulk of the year that I can live without it. As a reluctant joiner on to the Friends of Vashon Pool group, I knew that another big project, in this case the possibility of covering the pool for year 'round use seemed like a long shot in the wake of the VES debacle. Through attending a number of FOVP meetings, I began to see a glimmer of hope that this particular dream could become a reality. What I still was not seeing was the same level of enthusiasm and commitment for this project from the swimming community as the others previously mentioned. I think once that arrives, the year 'round pool will become an invaluable asset to the community- until it does it will continue to be four people trying to make it so.

In terms of politics, no one has yet asked about my grand flip-flop- that of both supporting parks and then advocating a no vote on the levy issue in a precipitous shift in enthusiasm and support. What that stemmed from was the sea change I experienced with Parks in regard to the success of the skate bowl and the announcement by Director Ott of her missions and goals for Parks, clashing with what I saw to be yet another subordination of the pool to any other activity in Parks, in this case the impending need to do something about the Tramp Harbor dock. It was a conflict in my mind between a facility with the potential for extensive year 'round use and capabilities including a potential high rate of return from revenue that could go to operations, compared to a facility that a relative few use with no potential of generating revenue at all. It was a principle thing that moved me from yes to no, as well as a loss of faith in what I had believed in, both of which I have been dealing with in mass quantities in at least one other quarter of my life at the moment. The director and I have since worked things out- if only the other issues were that simple. I would like the opportunity to be a more direct part of the culture change at Parks, just don't expect me to pontificate off the back of any festival kiddie trains.

Local Weather

www.vashonweather.com

Local Rain Totals
Temperature hi/low
Wind Speed & Direction
Barometric Pressure
Weather forecasts



Everything Is Alive and Has a Gift to Give: Gratitude for Nature's Round

By Mary Beth Moser

Last summer, I met my friend Dunja at the Vashon Island Historical Museum to view the exhibit "Vashon Island's Native People: Navigating Seas of Change." Sunlight streamed in as we pondered each display, grateful to be learning about the pre-contact history of the island.

When I reached the panel entitled Seasonal Round of the Coast Salish, I lingered. Some deeper knowing resonated as I read the Twulshootseed name for each month: "When frog talks," "Wind blowing time," "Wind dies down," "Saltwater shining," "Time of salmonberries," "Time of creeper blackberries," "Time of salal berries," "Time when salmon begin to run," "Time of silver salmon," and "Time to dry salmon." "The oldest month" gives way to "Younger brother month," evoking a familial relationship that endears, not separates.

As I looked upon this circular wheel, each segment illustrated in nature's hues with life-sustaining activities, I thought about how differently I felt, compared to viewing my rectangular calendar at home: connected, continuing, part of a renewing cycle, versus separate, linear, enclosed. I was delighted when the museum later made posters of

the Seasonal Round available. "In the Coast Salish culture," it reads, "it was understood that everything was alive and had a gift to give: Deer, Otter, Salmonberry, even Mountain and Wind."

This interconnected cycle is how my European farming ancestors understood their world. Their well-being depended on deep relationships with all beings around them. They created hundreds of sayings, often rhyming, to pass down their earth-based wisdom. They respected and propitiated the natural forces that allowed them to eat and live. Alpine villages still celebrate the arrival of seasonal foods. My ancestral culture and the indigenous culture where I live find common ground at the earth. When I acknowledge the gifts of nature and express gratitude, I am also connecting with them.

Posters of the "Seasonal Round of the Coast Salish," illustrated by Sandra Noel, are available for purchase at the Vashon-Maury Island Heritage Museum.

Mary Beth Moser lives and writes on the island. Her recent doctoral dissertation is "The Everyday Spirituality of Women in the Italian Alps: a Trentino-American woman's search for spiritual agency, folk wisdom and ancestral values."

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Spiritual Smart Aleck

The Sunday Afternoon of the Year

We're coasting into late summer. I figure that after the Strawberry Festival, there are a few weeks left of wearing shorts and tank tops and going to the beach, but you might as well acknowledge that fall is coming.

Not this year, maybe. Between El Nino and Climate Change it seems that the climate of Central California has moved here. I can't decide if it makes me less or more homesick for California, "the Golden State," as it calls itself. It was only after I lived here a few years and went back to visit the state of my birth that I realized that all that gold was grass that hadn't had any water lately.

Now California is the "Parched as Beef Jerky State." (Motto: "When we get dehydrated, we elect Jerry Brown.") I'll be going down there in September for my 50-year high school reunion, so I'll get to see their drought up close then.

I hear that we are suffering from a drought here in Washington, also. I reckon it's true because I had to start watering my yard in early May, and have had to keep it up every other day or so all summer. For most of the years I have lived here I didn't have to water the garden until sometime in July. This having to water for months instead of weeks has me thinking of planting truly drought-tolerant plants, as in, if I don't water for five days, they'll still be alive. I'm open to suggestions for possible plants.

In France, I've heard, everyone goes on vacation for the month of August. I always thought everybody saying to heck with work for a month was a great idea. It has never caught on in this country, and would be a tough sell - God forbid any American should find something preferable to WORK - but August is a popular month for our vacations, as well. The kids have all been to camp and had their swimming lessons and there is a lull before everyone gears up in September for going back to school or away to college or simply concentrating more on the job because summer is over. We fill this slack time with vacations, or we stay home to paint the house or some other chore we think we can do in our vacation time because we are workaholic boneheads.

August is like a month long Sunday afternoon, rather drowsy and directionless if left to itself. You could read, or take a nap, or take a nice drive somewhere in your solar oven/crossover SUV, go camping or hiking, or visit Disneyland or some other entertainment



By Mary Tuel

mecca if you're the kind who likes to be entertained, or (sigh) you could paint the house or do repairs or mend all the old jeans or otherwise be virtuous and productive.

Americans like to be virtuous and productive, most of them. I consider it a shortcoming in the national character. I think if you get time off and spend it working you have missed the point.

My idea of a great August is swimming, napping, and sitting around a fire (real or electronic - c'mon, you know I'm not the "I never watch TV" type) in the evening, then tucking into the nice clean line-dried sheets of my own bed and reading a romance novel. Ah.

I did not reference mosquitoes in that paragraph because they are pests that infringe upon the romantic dream, nor do I mention that those line-dried sheets had to be laundered and hung up by yours truly. Laundry and mosquitoes, both tedious and persistent in August. Hey, nothing's perfect.

I hope you are enjoying this slightly imperfect August. I hope you get to be a little lazy, and feel guilt-free if you're doing absolutely nothing. I hope you smile, and relax, and feel how much you are loved and how important you are to this imperfect world, and how wonderful it is to be living your imperfect life. Take it easy, because if August is the Sunday afternoon of the year, September is the Monday morning, and we don't need to be in a hurry to get there, do we?

I thought not. Peace, you all, and resist that urge to do something useful.

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Hunting on Vashon

By Seán C. Malone

It was dusk and a low mist hung over the field where two deer stood, a doe and a buck, hardly visible through the haze. It was cold but not raining, my eye trained to the little B-B on the end of my barrel. It was my first shotgun at 12 years old and cost me \$25 at McCormick's Hardware, a Stevens 20 gauge-single shot.

Uncle Jerry was standing above me. I was on one knee and consumed with buck fever. "Uncle Jerry, Uncle Jerry, can I shoot? The buck has horns. I can see them", I said. "No", he replied. "Both deer are does". I let the hammer down slowly, so the gun would be safe. It was one of the many lessons we learned in hunting. We couldn't take a doe, because they were out of season. I went home very dissatisfied, no game for the freezer.

We always hunted as a family, that is the way it was. Hunting ducks at Portage in the Fall with Dad and the dogs was the best. The gap between Vashon and Maury Islands was a flyway where the ducks with the wind would come by our old log like bullets. The little Butterball or Blue Winged Teal were the hardest to hit. The pellets from the shotgun were so slow, that you had to lead the ducks by 6 feet if you were going to have a chance of hitting one. The ducks had the advantage if they flew too high to shoot or didn't fly close enough to our duck blind at the isthmus between Vashon and Maury. Over 150 feet in range and the pellets would be ineffective. That's why we always shot as the ducks flew away from us; so the pellets wouldn't bounce off their feathers.

The log we shot from was 200 feet from shore and so big it never floated away with the tide, but stayed stuck in the mud for years; until George Miller build a plank platform on it with a diving board made from a stiff old plank, that had no bounce. It was a good place to launch rockets from on the 4th of July.

20 or 30 Islanders would park at the head of Quartermaster to watch the Malones and the Carahers light up their rockets, florals and the almighty triple salute.

Dad and Uncles Mike and Jerry and several of us boys would



help set off the fireworks. It was a great privilege to be old enough to be on the platform for the 4th. We called Uncle Mike the "busher" because he played baseball in the bush leagues after college. He was a left hander, known for his occasional "snaffoos"; as you will see in a minute.

The plank platform wasn't very big and we would all crowd up at the end of the log when the stuff started going off and then the "busher" lined up his tubes with the small wood bases and struck his match to set them off. Oh, Oh, something went wrong with the "triple salute". The first stage went off right out of the tube and the other two stages fell into the fireworks box causing a mass explosion of rockets and florals. We all jumped into the bay to avoid the calamity. The rowboat was tied to the log, but we had no time to use it.

The people all watching from the end of Quartermaster honked their horns for the grandest finale they had ever seen, all of us

wading back to shore.

Uncle Jerry was the youngest son and always wanted to anticipate things; so while everyone else was waiting for night to fall, he would be out on the beach launching golf balls from a piece of lead pipe driven deep in the sand. He would light a powerful cherry bomb from his cigarette and drop the smoking bomb down the pipe. He had to quickly set the golf ball on the open end of the pipe and launch the ball out of sight. We could see it hit the water halfway to Burton.

A firecracker war broke out among the younger set. We used punks to light them. You had to be quick not to be holding the firecracker when it went off. With a flurry, we hurled smoking firecrackers at each other. Fat old Dale, a neighbor, had a pocket full of firecrackers; when a flying cracker found the hole and Dale's pocket started exploding, tearing his pants to shreds and burning his leg. The grown-ups stopped the war.

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Planet Waves



by Eric Francis <http://www.PlanetWaves.net>

Planet Waves by Len Wallick (standing in for Eric Francis)

Aries (March 20-April 19)

It appears as though a new chapter and another (quite separate) new verse are opening up for you. For the near future at least, it may seem as if you are living through both a song and a story at once. The story probably has to do with some newfound freedom you've labored for weeks to write into your private life. Your new song, on the other hand, is almost certainly represented by a new level of community involvement that seems, more than anything else, to have chosen you. Your mission is therefore straightforward, if not simple: to remain whole. In order for that to happen, it will be important for you to arrange things so that your personal and public life support each other rather than being at odds. Eschew compartmentalization at every turn. Instead, use your personal moments to support testing and defining yourself in the world, rather than letting them sap those efforts.

Taurus (April 19-May 20)

It appears as though a new chapter and another (quite separate) new verse are opening up for you. For the near future at least, it may seem as if you are living through both a song and a story at once. The story probably has to do with some newfound freedom you've labored for weeks to write into your private life. Your new song, on the other hand, is almost certainly represented by a new level of community involvement that seems, more than anything else, to have chosen you. Your mission is therefore straightforward, if not simple: to remain whole. In order for that to happen, it will be important for you to arrange things so that your personal and public life support each other rather than being at odds. Eschew compartmentalization at every turn. Instead, use your personal moments to support testing and defining yourself in the world, rather than letting them sap those efforts.

Gemini (May 20-June 21)

For you, and for the next several months, the spotlight of attention will likely be a fickle thing. If you are now the subject of acclaim, you may do yourself a service to remember that a season of exaltation is often fleeting. On the other hand, if others have placed you and what you have to offer on their back burner, count your blessings, but don't count yourself out. Interestingly, regardless of your relationship to the spotlight now, your strategy for getting to a playable, even promising, endgame will be much the same. To begin with, strive to be more discriminating regarding what others see of you. Pay attention to your appearance, and be conscious of whether any of your habits will detract from your better qualities. Most importantly, choose where you want to shine. It's not necessary -- or even advisable -- to take center stage at all times; exhibiting occasional grace will get you quite far enough.

Cancer (June 21-July 22)

You are not a machine. Do not be unrealistic in expectations of yourself. You are a unique and exceptional human being, not a human doing. You have intrinsically human qualities that make you special and worthy of receiving all the love you have to offer and then some. Yes, you should allow yourself to be inspired by others in setting (or resetting) your aspirations. Even so, it will do you no good in the long run to cultivate ambitions through which you pretend to be something or somebody other than your best and most authentic self. Since this appears to be a time to redefine (or at least refine) your mission while also remembering who and what you are, be realistic. Look back no further than four or five weeks. If you can manage to recall and apply only your most recent experiences and the lessons learned,

you will have (and be) enough to get further ahead without getting lost.

Leo (July 22-Aug. 23)

Here's looking at you, kid. Actually, let's change that line. Instead of allowing us to lift a glass in salutation to your shining countenance, encourage us to look for (rather than at) you. After all the effort you have put in to find yourself since your birthday last year, you don't want to keep what you have discovered under a bushel basket. Instead you will want to show the world what has become of you. To do so, step away from the grindstone for the next few weeks at least. Cut back on the chores so you can get out more. Hang out with old friends you might have neglected, and give new acquaintances more than a passing glance. Take time to converse for its own sake. If you do so, you will not need to fear boredom or small talk. What you have developed and discovered in yourself over the past 12 months is subject matter you are bound to see reflected in, and by, others.

Virgo (Aug. 23-Sep. 22)

When people (most likely from your distant past) have admonished you not to put off until tomorrow what you can do today, they were almost certainly speaking to responsibilities, work, chores and drudgery. Knowing you, you took that advice to heart and integrated the work ethic you received into a fine appreciation for diligence and your imperative for industriousness. The downside of strictly conscientious behavior, however, is that as it stifles your own playfulness, it can make you inclined to be extra strict with others, and pass on to them more than just a stolid warning to favor the proverbial ant over the legendary grasshopper. It's time for you to add a bit of your own experience with curiosity's ability to cure rather than kill. There's reason as well to share with others how simple, undirected play can foment joy without precluding wealth.

Libra (Sep. 22-Oct. 23)

It's likely that you have paid your dues in full over the past two or three years. Therefore, do not think of yourself as owing any more to others than is absolutely necessary to keep your relationships in reciprocal balance. Let go of obligations you have already met, no matter how fulfilling it was for you to meet them. Instead, take some time to go back and pick up where you left off with yourself. Take stock of all you have passed up in order to be of selfless service, and consider how and when it might be appropriate to be a little more selfish to serve your own (possibly arrested) development. Think of what you can be rather than what you can do. Release the past and reach into the future. Who knows, if you reach far enough, you might actually be able to touch and grasp another hand previously unseen, which has long been reaching for you.

Scorpio (Oct. 23-Nov. 22)

You are almost done. Whether you know it or not, the toil and even tears that have possibly accompanied you for years have almost run their course. In place of what you have endured, something enduring will remain. As you might already have noticed, your life's trials and your responses to them have slowly but steadily been forming a structure that will contain much of what is yet to come for you. To be more content with what that container finally turns out to be, attend to it now. Look around you and note how the order and form of your life has changed, and think about how you want things to finally shape up. While this is probably not a good time to tear your life down and start over, it's not too late to make more room where you

need it and even trim a little excess so as to lighten your load.

Sagittarius (Nov. 22-Dec. 22)

Regardless of what your devotions are or where your enthusiasms lie, you know that attending to them long enough and consistently will show results. You also know from experience that those results are not likely to accrue with perceptible momentum. Instead, a prolonged investment in effort will most often test your faith before you wake up one fine morning to a gratifying realization that you have 'made it'. The astrology indicates you are about to embark on another prolonged voyage of endeavor, which will once again challenge you to keep faith that a substantial payoff is somewhere over the horizon. To keep yourself going, even when immediate gratification is nowhere to be found, set an intent now. Let that intent be your determination to focus on the quality of your upcoming journey. Allow the destination to take care of itself.

Capricorn (Dec. 22-Jan. 20)

If you are not 'feeling it', there is no reason to extend yourself to the limit now. Don't feel bad if something tells you to hold back. While it's inevitable that you will someday want to push for the top of the symbolic mountain you have long been ascending, the timing has to be right. Just as with actual climbing, you will need all external conditions to be optimal within reason. It will also be necessary for you to commit to a specific path of ascent. In order for that to happen, however, your internal conditions will need to develop to a point where you feel assured of your success, and you're impatient to git 'er done once and for all. In the meantime, it is vital that you at least take no steps back unless absolutely necessary for your survival or wellbeing. So take care of yourself even as you bide your time. When the time comes, you will not only be ready but fully able to conquer that summit.

Aquarius (Jan. 20-Feb. 19)

The very heavens know that you are well aware what you are about. The question is whether you are still clearly seeing the vision you set out to pursue, and are fully present to it. While things may not have gone according to your original plan, you also know that much of life is what happens while those plans are being made. You also know that going through changes is not the same as going through defeat. Only your choice to give up can result in failure for you at this point, and you don't want that. What you have already accomplished stands on its own as a legitimate success, even though you are entirely right to have even higher aspirations. Additionally, the opportunities you have rightfully earned are too good to simply squander. Therefore, even if you continue to err here and drop a stitch there, do everything you can to persevere, for doing so will indeed serve to further you.

Pisces (Feb. 19-March 20)

The very heavens know that you are well aware what you are about. The question is whether you are still clearly seeing the vision you set out to pursue, and are fully present to it. While things may not have gone according to your original plan, you also know that much of life is what happens while those plans are being made. You also know that going through changes is not the same as going through defeat. Only your choice to give up can result in failure for you at this point, and you don't want that. What you have already accomplished stands on its own as a legitimate success, even though you are entirely right to have even higher aspirations. Additionally, the opportunities you have rightfully earned are too good to simply squander. Therefore, even if you continue to err here and drop a stitch there, do everything you can to persevere, for doing so will indeed serve to further you.

Read Eric Francis daily at www.PlanetWaves.net

Road to Resilience

Continued from Page 7

are responsible for the lion's share of the increase, and the owners, and inventors, of the robots reap the rewards.

According to the PBS report, it is expected that 45% of all jobs are now in serious danger of being replaced by machines in the next 20 years. You loan officers and sales managers should not make the mistake of thinking that you will never be replaced by a machine. As we get closer and closer to artificial intelligence (and we will get there, if we don't destroy civilization first), you psychiatrists should be able to imagine how much more effective a machine with no personal hang-ups would be in diagnosing and treating patients.

You may see that we have an existential problem here. If robots can do all of our jobs, what will non-robot-owning humans do for a living? This is where the overhaul of the economy comes in. The future dependent on machines must include democratic capitalism, that is, the workers should be co-owners of the means of production, the workers and shareholders should be one and the same. That is the simplest and most direct solution. It is also the big battle we are about to begin: the appropriation of the capital now controlled by the upper 1%. Although this sounds like our worst Commie nightmare (it may be the worst Commie nightmare of the upper 1%), it really is the only way our economy can provide for all if we are to live in a world of automation. The current "masters of the universe" need not be sent out to the farms for re-education (although some might find such a change exhilarating). In fact, until a machine replaces them, managers and executives have valuable skills to offer, although their salary will be somewhere within Earth's orbit.

Briefly, I want to mention a few more of those sticky ramifications of "robotification" and artificial intelligence. What will institutional leisure do to the human race? You will remember that the Romans turned into jaded creampuffs. How would humans justify their existence to themselves or maintain a keen edge without daily trial? If we are honest with ourselves, we can see that our machines are already stripping us of our knowledge and resourcefulness.

As to artificial intelligence, I read a science fiction series beginning with the novel *Hyperion* that laid out the logical sequence of evolution. Once artificial intelligence gained consciousness, it (they?) increased its (their) intelligence at cyber speed, leaving puny humans standing at the starting line. Now there is an existential crisis that a Neanderthal could appreciate.

Comments? terry@vashonloop.com

**Next Edition
of *The Loop*
Comes out
Thursday
August 20**

Deadline for the next
edition of *The Loop* is
Friday, August 14

Positively Speaking

A Swipe of the Sink, A Nod of the Head

By Deborah H. Anderson

Dateline: Family Camp, Camp Burton 2015

Does it bother anyone else? Those little puddles of water around a public sink that are great breeding ponds of bacteria and icky stuff. They really bother me. It's such an easy thing to just take that paper towel when you're done drying your hands and swipe around the sink for the next person.

The ferry mess bothering anyone? Today, coming back to camp after a morning meeting overtown, four of us cars sat for twenty minutes by upper Lincoln Park because it looked like the construction was all the way up there; flagger signs, etc. Turns out it was a City Light crew. So, because the female passenger in the car ahead of me dared to get out and walk ahead of us all, motioning the proper directions for getting to the dock, we all made the next ferry.

One of the habits I've developed is to nod confirmation when the deck hand directs me. Only once has anyone been nasty about in response. It's usually well received communication in motion.

There's a difference between cordial and nice, and a difference between nice and kind, and a difference between kind and loving. A little bit of each everyday makes for such a wonderful, full life.

Every interaction of the day has the possibility of building reconciliation or establishing a rift.

The last couple of decades I haven't



had the opportunity to have my external appearance and lifestyle look like my insides or reflect my values. It's been interesting to be judged, repeatedly, by my "cover" instead of people taking the opportunity to get know "the book" that is me. It's made me aware of when I do it myself.

Last week I was going to skip the musical "Carrie". I have prejudices, and reservations and genuine reasons and schedule conflicts. Then one of the kids posted an invitation on Facebook and I thought of how much I loved them, the kids. I begged my way into a rehearsal and was so grateful I had. There were lots of issues to discuss, and the music was fabulous.

Most of life is made better by the small contributions of thousands of little moments. Frequently, they gather themselves together to make "more".

I'm going back into camp mode again. Gonna pay attention to these people who have been family for almost three decades.

Do something little everyday. It will be much.

Love,
Deborah



Retro outdoor movie night goes "Back to the Future"



Get your hover board out, or cruise to the Vashon Theatre in your DeLorean! Vashon Film Society is showing "Back to the Future" for its annual family outdoor movie show on Saturday, August 15.

The retro outdoor movie night is a free screening that takes place at dusk in the Vashon Theatre parking lot. You are encouraged to arrive early with your

blankets, picnic baskets, and low back chairs to set up to watch the 1985 time travel adventure starring Michael J. Fox and Christopher Lloyd.

The Vashon Theatre concession stand will sell popcorn and other movie treats before the festivities unroll on a giant screen on the north side of the building.

Harbor School says, "Save the Sound"

Continued from Page 4

up for the Puget Sound. We need to take action to save the Puget Sound.

Act Now to Save the Sound

by Laura

Oh, the Puget Sound. Every marine creature living happily. Seals and otters playfully swimming. Fish gliding in clean water. Well, that's how it's supposed to be. Think about the last time you went to the beach. Was the water clean? Was the beach clear of garbage? Chances are, probably not.

The amount of trash thrown onto the beach and into the water is numerous. The sad truth is, we're the ones who are doing it. Our bad decisions are causing the Puget Sound and it's the animals who suffer. Pollution is turning the water unhealthy and dirty. Imagine someone poisoning your home. How would you feel? Throwing a piece of trash on the ground may not seem like a big deal, but it is.

If we want the Puget Sound and it's creatures to survive, now is the time to make it happen. Make sure you throw your trash in the garbage only. Go to any beach and pick up the trash scattered around. You'll be surprised how many pieces of trash you can find.

Together we can save the Puget Sound. We can't do it without you. Don't just think about saving the Puget Sound. Do it.

Help

by Liv

The water.

All the animals begging for help.

We need to help them.

Their hearts are probably flashing like a firefly losing its power.

We can all help in many different ways,

We need help them

we can start whenever you are ready.

We can stop it.

We can save the animals.

We can save their lives.

The Water

It is their home.

It is a wonderful place.

Let's start to help now.

Life.

We are only human.

They are only sea creatures with a magical life.

The Puget sound is beautiful

A place for animals to live in.

We can save lives

one great big team.

This is the right thing to do to help.

We can change the world.

Love and peace.

Caring and safe.

Can you help them in a loving peaceful caring and safely way?

Or let them die alone in the dark.

Save the Sound!!!

By: Estelle Lewis

Save the sound!! The sea otter is a resident of the Puget Sound and it matters because it's a living breathing mammal just like us. It is uniquely important like everything else and we have to save them.

The Puget Sound is a home and a food source to millions of animals like the otter. The sound is a place where orcas live and by polluting the water we are harming their lives.

When you go to the beach, is it clean or is it littered with trash. My guess is the latter. By littering the beach a otter could mistake the trash for a clam and choke. Every year, thousands of animals get stuck in trash and die, is that what YOU want?

Now that you know how important the sea is, will you help? Think of the otters! We need to keep this sound around for another eighteen thousand years, no matter what! It needs to stay, as a place of food or home for millions of animals, just like the otters and the orcas. HELP SAVE THE SOUND!!!

Sound Haiku

Beautiful animals

Love the sea because

They're endangered

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Island Epicure



By Marj Watkins

Cool Gourmet One Dish Meal

As I write this, the July heat wave has passed and it actually rained for a few minutes this morning! But we all know we'll experience more hot days and may be in the midst of a series of them when this hits print in early August. Cold meals that require little or no cooking please the cook and the family best on such truly hot days.

Here is a whole-meal salad adapted from one of my French cookbooks. Nothing in this dish requires cooking except the lima beans, and if you don't mind canned vegetables occasionally, you can even use a can of green limas, rinsed and drained. If someone doesn't like fish, sliced deli beef cut in 1 1/2-inch squares may be substituted for the tuna. Or serve some of each. This recipe is easily expanded to feed a larger group. I once made it expanded to feed twenty people at a potluck. Just multiply every ingredient by five and do use a couple of fennel bulbs.

SALAD NICOISE

- 4 to 6 servings
- 1 head green or red leaf lettuce
- 2 to 3 tomatoes, washed and cut in quarters
- 1 peeled, cubed large cucumber or 2 smaller ones
- 2 (5-oz.) cans chunk, light tuna in water, drained
- 1 (10-oz.) package frozen baby green limas or 2 cans green lima beans, drained and rinsed

- 12 green olives
- 1 fennel bulb cut in 1/4-inch strips, optional
- 8 to 12 chapons (toast cut in strips)
- 2 or 3 hard-boiled eggs, cooled and cut in half lengthwise
- fresh basil leaves.

If using frozen green limas, cook according to package directions for microwave. Chill them. Wash the lettuce leaves and pat them dry between clean dishtowels or paper towels. Line a platter with the lettuce leaves. Prepare the other ingredients. Arrange all of them except the basil leaves tomato wedges and eggs in small piles atop the lettuce. Ring the display with alternate tomato wedges and egg halves garnished with basil. Present with a tablespoon for serving.

Offer the vinaigrette in a decorative glass bowl with a ladle-like spoon that holds about one tablespoon of dressing.

This salad makes a beautiful presentation. For a beverage, my favorite is white zinfandel wine or iced tea. For more calories, let there be a platter of assorted breads and a loaded butter dish.

VINAIGRETTE

- Makes 1 cup
- 3/4 cup extra virgin cold pressed olive oil
- 1/4 cup red wine vinegar
- 2 cloves garlic, peeled and finely diced
- 1/2 teaspoon salt
- 1/4 teaspoon freshly ground black pepper

Combine oil and vinegar in a jar or small glass bowl that holds more than one cup. Pour the salt over the garlic pieces. Crush with the backside of a teaspoon. Add to the oil and vinegar. Stir well. Serve with a very small ladle from your flatware selection. If you have no such ladle, an ordinary soup spoon will do.

Bramblefest Outdoor Summer Concert

Put on your flip flops and sunglasses and take a flight to the Caribbean this summer with VAA's annual outdoor summer concert held at beautiful Camp Burton. This year's tropical theme includes live performances by bands playing calypso, Afro-Cuban jazz and reggae that will leave you feeling like you've spent the day on a distant beach. No passports required.

Layover in Trinidad and Tobago, Pan Leggo



Pan Leggo

Ian Dobson's Pan Leggo, which in Caribbean English literally means "steel drum party," instantly evokes the unique sounds of the tropics. Dobson can be found at music festivals across the US, and performing and teaching steel drums on Holland America Line cruise ships in the Caribbean during the winter months. Listen for the steel drums and marimba ensemble covering traditional calypso songs, as well as some classic Jimmy Buffet numbers.

First stop: Cuba, Sonando While Cuba is not entirely

open to US visitors yet, Sonando's music will take you to the Cuban countryside. Founded in 1990 by pianist Fred Hoadley, their band is well known for its unique blend of rock, salsa and jazz, which features traditional Afro-Cuban instruments such as the tres (Cuban guitar), congo drums and chekere (a hollow gourd covered with percussive beads). They have released three

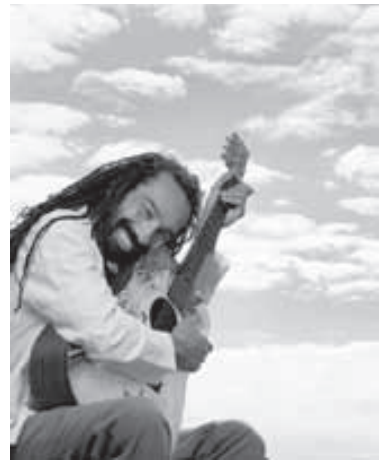


Sonando

acclaimed albums, and continue to play Latin jazz festivals across the Northwest

Destination: Jamaica, Adrian Xavier

Adrian Xavier grew up on the West Coast and was profoundly influenced by the sounds of Bob Marley and the world of reggae, particularly after meeting reggae legends Burning Spear and Joe Higgs. He has collaborated with notable musicians such as the original members of Heart, and reggae groups The Wailers and Soul Syndicate. His soulful original songs and Marley covers will have you grooving to the beats



Adrian Xavier

of Jamaica.

B.Y.O.U. (Bring Your Own Ukulele)!

Members of Seattle Ukulele Players Association (SUPA) will be playing Hawaiian songs along with the Vashon Ukulele Society.

Also at Bramblefest will be award-winning creole food truck Where Ya At Matt, serving up some of the best po' boys, gumbo and jambalaya outside of New Orleans!

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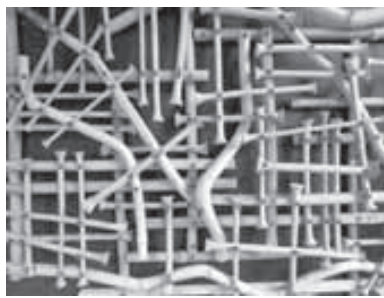
Free admission for kids 12 and under and free kids activities

By Hook or by Crook Group Exhibition of Vashon Artists



Over a dozen local artists work will be on display for the month of August including Linda Compton, Virginia Sager, Lin Holly, and more. In conjunction with the Sheepdog Classic being held September 10-13 at Misty Island Farms, Vashon Island Artists turned 5

Valise gallery August show



"Cabinet Of Curiosities"
Paintings/Mixed media/
Sculpture
Greg Burnham at Valise gallery, August 2015

What do you get when you cross Mr. Rogers and Timothy Leary?

Longtime islander Greg Burnham flings open his Cabinet of Curiosities, invoking a bygone era tradition of sharing one's collection of unusual objects.

Gallery visitors will find:
--A large kinetic installation, "All Aboard", that takes the

viewer on a 15 second orbit of our surreal world.

--Bamboo sculpture of all shapes, sizes and colors.

--Large abstract acrylic paintings

--Mixed media constructs of wood blocks, paint and photography.

The show is whimsical, quizzical and speaks to all ages.

The show opens on First Friday, August 7th, from 6-9 pm and runs through August 29th. The gallery is open on First Friday, Fridays from 5-8 pm, Saturdays from 11-5 and by appointment (463-4006).



foot Hickory Crooks typically used by Sheep Herders to gather their flock into unique works of art. Proceeds from the crook project benefit island youth organizations.

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The American Night

The Doors were the quintessential American rock band of the late 60s. Their unique sound which blended elements of rock, blues, jazz, psychedelia, poetry, shamanism, rebellion, and live theatre has captured the imagination of every generation. Their iconic front man, Jim Morrison, a leather clad demon poet along with the talents of Ray Manzarek, John Densmore, and Robby Krieger gave audiences a glimpse of 'The Other Side'.

The American Night, a touring Doors tribute act from Seattle, will treat Vashon with a live recreation of a Doors concert at The Red Bicycle this Friday night. The American Night is a highly acclaimed tribute act that tours throughout the Pacific Northwest. Authentic instruments, costumes, and psychedelic lighting are used to recreate the experience of a live Doors concert.



Opening for The American Night is Rooster. This group of musicians packs a wallop and is sure to be high in the island musical pecking order in the very near future. Last year saw the band cutting its beak at the Island festival main stage, the Red Bike and a few sets at the

infamous Coop parties. This show has a free cover. Friday, August 7, 8:30pm All-Ages 'till 11pm 21+ after that. At the Red Bicycle, 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

Camille Coldeen & Gus Reeves



Gus Reeves and Camille Coldeen met on a rainy night in Portland and sang gospel songs under an awning. Instantly realizing their connection, they started arranging and performing American and world folk music.

On guitar and mandolin, Gus and Camille play a wide range of traditionals, soul standards, and originals, weaving their voices in rich

harmony. Gus fronts a Portland based duo called River Twain and Camille is the former front-woman of The Diggers. They live on Vashon Island and run an art school called Riverbed Creative Academy.

Friday, August 14, 8:30pm All-Ages 'till 11pm 21+ after that. At the Red Bicycle, 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

Bill Carter

Bill Carter has been a pillar of the Texas music scene for three decades. Over 200 artists have found gold in the songwriting genius of this legendary Texas troubadour, including Stevie Ray Vaughan ("Willy the Wimp" and "Crossfire"... for which Bill won BMI's Million-Airs Award and an Austin Music Award for "Best Song of the Decade"), The Fabulous Thunderbirds, Robert Palmer ("Why Get Up"), The Counting Crows, Toni Price, Ruth Brown ("Richest Man/One"), John Mayall, Waylon Jennings ("Jacksboro Highway") Storyville, Omar and The Howlers, Brian Setzer of the Stray Cats, John Anderson and many, many more. The list is endless.

Bill Carter and The Blame is a revolving world class band that includes at any given time Chris Layton (Stevie Ray Vaughan & Double Trouble), Denny Freeman (Bob Dylan), Charlie Sexton (Bob Dylan, Arc Angels),



Will Sexton, Andy Salmon (Christopher Cross), Dony Wynn (Robert Palmer, Brooks & Dunn) Cindy Cashdollar (Asleep at the Wheel, Bob Dylan, Ryan Adams) and Mike

Thompson (Eagles). "Bill Carter has an audacious knack for a roadhouse hook and a wicked tongue for lyrics, making music that is at once powerful, sly, intelligent and rocking. Carter is one of the most successful, if not the best singer-songwriter in Austin." Margaret Moser - Austin Chronicle

"Simply put, no one writes songs like this man." Stu Gilbert, MVRemix

"Unknown is a resounding collection of hard-nosed rock and blues arrangements with a country sensibility and features Carter on ten instruments, including bongos, bass. Carter's voice is that of a true troubadour, one who speaks it like he's lived it. Carter deserves to be up there with international song-writing royalty." Glide Magazine

Friday, August 21, 8:30pm At the Red Bicycle. All-age's 'till 11pm, 21+ after that. 17618 Vashon Hwy SW 206-463-5590 www.redbicyclebistro.com

Sekouba Bambino The Publish The Quest Trio

Continued from Page 1

Diabaté (a.k.a. Sekou "Bembeya" a.k.a. "Diamond Fingers"). With Bembeya Jazz, the young vocalist undertook his first tour of Africa in 1985 and toured Europe the following year.

Bambino has recorded 9 successful solo albums and collaborated on several others with Bembeya Jazz and Africando. He has been featured on compilations such as: The Rough Guide to Mali & Guinea and World 2003 by EMI.

Most recently his song, "Decouragé" was remixed by British dj, Charles Webster and featured on the Buddha Bar Vol. 2 compilation.

Sekouba Bambino is an ambassador of Guinean music and Griot Culture, breathing new life into ancient rhythms and bridging the divide between traditional and modern Africa while remaining true to his heritage. He is a multi-instrumentalist singer-songwriter of virtuoso talent. Critically acclaimed and internationally sought-after, Bambino remains a champion of the people. Bambino is a Red Cross ambassador and an advocate for change seeking to educate the world about the plight of children suffering the effects of poverty, war and disease.

Bambino's lyrics speak to the human condition reinforcing basic values and encouraging us

to treat one another with kindness and respect. His soft-spoken demeanor and profound humility have endeared him to the hearts of the African people and in spite of his superstar status Bambino has not forgotten his role as a Griot; a role that he does not take lightly.

It is his love for his people and for the whole of humanity that has helped him transcend language and cultural borders to spread his dream of peace and tolerance wherever he goes. Perhaps it could be said that his role as a Griot has transformed along the way, he is no longer simply Siguiri's beloved "Bambino" but a messenger to all of humanity spreading his words of compassion and tolerance throughout the world.

Opening for Sekouba Bambino will be Jacob Bain and the Publish The Quest Trio.

This is an early show on Sunday, August 16th, from 8pm-10pm and will be an all-ages show. Cover is free, but tips encouraged if you enjoy the music!

Sekouba Bambino Publish The Quest Trio Brought to you by Jacob Bain & Vashon Events


Sunday, August 16th, 8pm The Red Bicycle Bistro & Sushi. All-ages early show: 8pm-10pm. Free cover!

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Club Shostakovich



Mikhail Shmidt on violin, Heather Bentley on viola, Douglas Davis on cello and Dan Williams on oboe. The performance is at the Vashon United Methodist Church on Sunday August 16th at 7:30pm. For tickets, call Vashon Allied Arts at 463-5131, or reserve online at www.vashonalliedarts.org. Tickets are \$24, with discounts for VAA members, seniors and children.

Vashon Chamber Music brings Club Shostakovich back to Vashon Island this summer to celebrate the works of the famous Soviet Russian composer. Club Shostakovich is the roaming Seattle chamber music series that has brought the Shostakovich string quartets to Seattle venues over the last three years. From the Royal Room to Kenyon Hall, from Temple Beth Am to the Q Cafe, these fifteen quartets, the composer's intimate masterworks, have been presented in chronological order along with food, poetry and general audience/performer camaraderie. The program features the lyrical 14th quartet, along with the Mozart Oboe Quartet and Beethoven String Quartet op.59, no.3. Players include the Girsky Quartet,



Chautauquau Music Festival

An all day music festival featuring prominent young and older established musicians from Vashon and Seattle to raise money for underprivileged kids in the Chautauquau and McMurray music and other arts programs. We are working with our sponsors with the support of the Vashon School District (though this is NOT a Vashon School District event) to provide a full day of music and food and fun for the whole community. There will be food, t-shirts for sale by award winning graphic designers Shogo Ota (Tireman Studios) and Dawn Smithson (Moth and Crow) and even the rumor of a small doggie event...but we'll see :) The Washington State Fairies are mc'ing! It is a 10 dollars suggested donation, and there is also a Indigogo page that is bookended with the event for those that cannot attend but want to support the cause.

This will be held at the Vashon Eagles Aerie 3144. 18134 Vashon Highway SW. Saturday August 29th, from noon till midnight. Part outside and part insided (the louder rockier stuff will be in side)

Playing will be (and this is a rough order subject to change) Please use as much or less of this :

-Thalia Goering : Young talented songwriter and performer with a great voice and remarkable stage presence.

-Michael Whitmore: Fantastic Island chanteur/ guitarist and performer who uses modern jazz structures to inform his dream imagery. Think Daniel Lenois.

-Colin Loch: is an MC, a Vashon native, and performer whose charisma and presence on and off the stage brings real effervescence to his rap. He has an innate gift for narrative in his lyrics that is reminiscent of folks like Common/Kool Keith, and uses alliteration and punctuated hard rhymes that create a tantalizing rhythm in a swirl of concrete imagery that draw you in and keep you there until the story is over.

-Glen Rukwid: Bartender extraordinaire and long time Island musician plays a brand of folk that is both buoyant and simple that still manages to straddle the line of cheery and melancholy chord structures that are very riveting to the listener.

-John Browne: A long time local, rose to prominence in the late 60's as a member of the legendary Ph Phactor Jug Band and is recognized as one of the great pickers of his generation.

-Michael Samuel Dumovich (my dad :) Is also a legendary picker from the 70's and slide guitar player who is known for his stomping blues style and belting voice and songwriting. Played with the likes of Baby Gramps, Jim Page and Artis the Spoonman.



-Kat Eggleston is a brilliant and well known folk artist who has worked with Irish folk legends and creates spellbinding landscapes with her guitar work that supports her pure, perfect voice.

-I Solisti di Vashon is a youth classical music ensemble who play Mozart and other classical greats with strings. Fantastic young performers.

-Jacob and Forest Bowden are young brothers in their early teens, and will be performing several punk standards with an acumen for the genre not often seen. Future punk legends!

-Fendershine play a brand of fun, and universal rock and indie that delight the listener and keep you moving on the floor.

-Heavy Nettle:a proto punk band led by the raw and charismatic Amanda Menlove as frontperson and Dawn Smithson of legendary Seattle bands Jessamine and Sunn on the bass, Nigel Browne and Louie Jennings in perfect alchemical collusion

-4 Horseman: is a good old rock and roll and garage band fronted by Michael Anderson from the seminal Sub-Pop outfit Blood Circus.

-Llama: genius pop, Rusty Willoughby of Flop fame... one of the best songwriters ever to come out of Seattle. Power pop craftsmanship at its very best. -Low Hums: psychedelic dirty swirling wonders from a line up that includes Jonas Haskins (formerly of Earth, Sara Cahoone) and Bill Patton (Fleet Foxes, Crosby Stills and Nash, Gold Leaves and his own brilliant solo material).

Cami Lundeen

Vashon sent her off with a big bang of a farewell show last June, and now, after touring the country throughout this past year, Cami Lundeen is finally returning to the island with a multitude of new songs and stories to share as well as favorites from her debut album.

Don't miss your one chance this year to see Lundeen live! Sunday, August 9th, 2015 at 8pm she will be taking over the stage at The Red Bicycle along with drummer Wesley Peterson, bassist Jason Everett, guitarist Chris Brandt, and more to come. Tickets are \$10.00 and will be selling quickly so guarantee your seat and grab them early online at www.camilundeenlive.brownpapertickets.com/



country over this past year, Lundeen has temporarily settled in the Gainesville, Florida area. She is continuing to travel throughout Florida performing at a variety of venues as well as working on the follow up to her debut album Run Free.

Run Free was released in August 2013. This record is an intimate weaving of her story - a journey of life's struggles and a tale of overcoming fear and choosing to live life to its fullest.

The Return of Cami Lundeen Sunday, August 9th, 2015 8pm The Red Bicycle Bistro & Sushi 17618 Vashon Hwy SW Vashon, WA 98070

Tickets: www.camilundeenlive.brownpapertickets.com/ Facebook event page: www.facebook.com/events/599890106817714/ www.camilundeen.com www.facebook.com/camilundeen Instagram: @camilundeen Twitter: @camilundeen

Lundeen's beautifully haunting voice, profound lyrics, and creative melodies linger long after you've heard them. She sings and performs with a contagious passion and conviction that moves you to the depths of your being. Her energetic style is a blend of the bluesy-soul of Adele, an alternative rock flare reminiscent of The Cranberries, and the edginess of Pink.

Originally from Vashon Island, WA, Lundeen began her musical journey as an outlet for a devastating diagnosis. She turned her fear into a passion for songwriting and performing, which led to a Kickstarter-funded debut album and nationwide tour.

After making her way across the

Dr. Droollittle Needs A Home...

OK, so I DO drool sometimes when I'm on a lap and being petted (it's only a little bit, you won't have to change clothes afterwards). I used to live with a bunch of other cats, and I get along fine with my new roommates at the shelter, but what I crave most is human attention. If you sit down and invite me, I'll be on your lap in a second, purring and helping you relax.



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PANDORA'S BOX

Lots of big doings in August.....
Happy birthday to Tom, 82 whew!
Happy 25th anniversary to Chris and Cheryl.
Happy 59th anniversary to Marge and Tom.
Happy 55 to Chris and Cheryl,
and then Cheryl closes out the month with 52!

Bo's Pick of the Week: All the new Tomlyn products..
We have to promote them because Chester won a Go-Pro at the tradeshow in Las Vegas.

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Deadline for the next edition of *The Loop* is **Friday, August 14**

Loopy Laffs

WELCOME TO WASHINGTON POTHOLES... A SHOW WHERE WE EXPLORE POT USERS AND POT PLACES AROUND THE STATE...


Today, we're at the small town of ONEHUNDREDPERCENT, so-called because ONE HUNDRED PERCENT of the residents use POT regularly. I'm speaking to 'WILD DOGG', a resident of the town.

Mr. Dogg do you think the regular use of POT affects the town's COLLECTIVE COGNISANCE?

Huh??

EXACTLY!

Thanks Mr. Dogg!



V.I.P.S.

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