

Friends of Mukai Event Features Historic Preservation Expert

Friends of Mukai will present a program featuring Michael Sullivan, Principal and Historian of Artifacts Consulting, Inc. at 7 p.m. on Thursday, January 29th at the Vashon Maury Island Land Trust Building. Friends of Mukai commissioned his firm to perform a detailed architectural assessment of the historic landmarked Mukai fruit barreling plant for Friends of Mukai. The completed preservation plans will expedite future restoration when the site is secured. Michael will describe how a historic plan is put together, define some of the specialized language used in this type of work, and outline expected steps to take with a 90 year old building. The program is free and open to the public. Refreshments will be served.

Sullivan has practiced and taught Historic Preservation methodology in the Pacific Northwest for over 30 years. As Principal of Artifacts Consulting, Inc., a small, skilled firm expert in all aspects of historic preservation, Michael has instituted a focus on preservation policy that focuses on architectural treatments, investment tax credit strategies, and historic resources regulatory compliance. He has been an advocate for historic preservation efforts at virtually every level of activity from world heritage



Michael Sullivan

site issues to local landmark campaigns. In 2012 Michael Sullivan was elected to the Advisors Executive Committee of the National Trust for Historic Preservation and is chair of the Public Policy Committee. He is an adjunct faculty member at the University of Washington Tacoma and serves on the grant committee for Humanities Washington.

Friends of Mukai activities are supported by funding from 4Culture/King County Lodging Tax Fund. A 4Culture grant enables the development of the preservation plan.

Masters Tell Tales at 8th Annual Storytelling Festival



Vashon Island, January 7, 2015 - VASHON WILDERNESS PROGRAM will host its 8th annual Coyote Tales Storytelling Festival on Sunday, February 8 at the Open Space for Arts and Community on Vashon Island. Starting at 2pm, storytellers Merna Hecht, Steve Jones, Janet McAlpin, and Gloria Two-Feathers will delight all with an imaginative evening of storytelling; complimentary dessert to be served during intermission. The proceeds will support the VASHON WILDERNESS PROGRAM mission to provide nature immersion experiences for Puget Sound youth.

"Storytelling is inseparable from human life," explains Stacey Hinden, executive director of VASHON WILDERNESS PROGRAM. "For generations, we have been telling story - be it around a fire to convey lessons for survival; at the dinner table to relay a funny happening from our day; or snuggling up in the dark night to whisper a bedtime tale of wonder. The Coyote Tales Storytelling Festival will stir the imagination of all who listen, allowing our unconscious to take flight into sensuous realms of magic, myth and hero."

Merna Ann Hecht is a poet, essayist, teaching artist and nationally known storyteller. She is a recipient of the National Storytelling Network 2008 Brimstone Award for Applied Storytelling. Merna founded and co-directs the Stories of Arrival Poetry Project with refugee and immigrant youth at Foster High School in Tukwila and she teaches creative writing, arts and humanities at the University of WA, Tacoma.

Steve Jones got his start in acting in Boston before working in LA and with San Diego's Old Globe Theatre. He brings stories to life through deep character work, and loves finding stories everywhere and in everyone.

Janet McAlpin trained for two years at the School of Jacques LeCoq (Paris, France), co-founded UMO Ensemble (1987) and has been teaching, directing and performing physical theater for over 25 years. She has created and co-directed UMO in El Dorado, Body Inheritance, Fatal Peril, Red Tiger Tales, and Fail(ing) Better. Janet is also the co-founder and artistic visionary behind Open Space for Arts and Community on Vashon.

Gloria Two-Feathers, is Scottish with Native American bloodlines, and her body of work is influenced and enriched by her unique ethnic background and perspective. She was instructed by Lakota Elder, Buck Ghost Horse, for twenty years in spirituality, ritual and culture. Gloria is a gifted Storyteller and has written several original stories influenced by Native American mythology. She has told stories throughout the Puget Sound area.

Major sponsors for the Coyote Tales Storytelling Festival include Vashon Wilderness Program (VWP), Artisan Electric, Forest Halls, and the Genevieve Payne Family. VWP provides nature immersion experiences for Puget Sound youth, ages 4-17. More than 650 youth have been transformed through Coyote Mentoring, VWP's approach to deep nature connection mentoring touted by award-winning author Richard Louv as "good medicine for nature deficit disorder."

Tickets for the Coyote Tales Storytelling Festival are \$40/family & \$20/individual (advance) or \$45/family & \$25/individual (door). All tickets include complimentary dessert and beverage. Tickets can be purchased from Brown Paper Tickets and also at the Vashon Bookshop.

For more information about the Vashon Wilderness Program, visit the website: www.vashonwildernessprogram.org

The Road to Resilience This Changes Everything


This week, I'd like to further discuss the basic premise of Naomi Klein's new book, *This Changes Everything*. The "this" she is referring to is human-caused climate change. Up until now, the general consensus has been that taking environmental factors more seriously in making our economic decisions is all that is required to mitigate this crisis. In the last ten years, it has been fairly apparent that, at least on some levels, we are well aware of the seriousness of the problem and that we need to lower our carbon output to avoid the most catastrophic consequences of extreme warming. However, when it comes to actually taking steps to lower our carbon output, we just can't seem to get started. Why is that? In almost every case, the reason for inaction has been that it would unduly burden the economy. One line of thinking is that if the economy is stressed, there will be no money to invest in climate change mitigation. We keep looking for that magic combination of climate change mitigation that also stimulates the economy. Most of the environmental groups on the forefront like to stress that the burgeoning renewable energy industry will be that stimulus. Klein agrees that that is part of

By Terry Sullivan,

the solution, but we would first have to convince corporations with great power to abandon huge fossil fuel assets. That is plainly not in the cards.

Naomi Klein posits the theory that the error in our thinking has to do with the idea that we can mitigate climate change, or environmental degradation in general, without changing the economy. She believes that as long as the pursuit of short term profit is the primary goal of our economy, we will be incapable of doing the long term planning or making the investments and sacrifices necessary to make the transition. She thinks that modern day corporate capitalism works because the long term costs of resource extraction and pollution have been externalized. Externalized to whom? Well, so far, governments (that is, the public) have been left holding the bag. Clearly, the paltry size of the budget devoted to environmental remediation indicates how enthusiastic we are about being handed that responsibility. What especially galls most of us is the fact that we have very little to say about preventing that damage before it occurs. Corporate control over our decision makers insures that few steps will be taken that add to the cost of doing business.

Continued on Page 7



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2006	176	-13%	\$492,000	16%
2007	139	-21%	\$535,000	9%
2008	83	-40%	\$535,000	0%
2009	97	17%	\$407,000	-24%
2010	98	1%	\$371,000	-9%
2011	102	4%	\$336,817	-9%
2012	146	43%	\$350,000	4%
2013	157	8%	\$413,500	18%
2014	182	16%	\$416,500	1%

Stats are Residential Sales only - no land

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Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

VCC Caregiver Support Group

Vashon Community Care will host a Family Caregiver Support group open to all family caregivers in the community. It will take place the first Thursday of each month from 7-9 pm. Contact cara.aguilera@providence.org/ 567-6152 with questions.

Shape Note Singing School

The Episcopal Church of the Holy Spirit will host a shape note singing school on Saturday, February 7, from 2 to 5 p.m. This event is free, and open to the whole Vashon Community. Shape note singing will be taught by Karen Willard of Seattle. All voices are welcome. Books available for loan & for sale at event.

Have a Story or Article

Send it to:
Editor@vashonloop.com

Find us on Skype
Vashon Loop
206-925-3837

Harbor School Open House

Harbor School will hold an Open House on Wednesday, February 11 at 7 PM for prospective students and their families. Head of School James Cardo will present an overview of the curriculum as well as highlights on the school's Travel Study, Service Learning and Arts Integrated programs. Faculty members will be on hand to answer questions and meet prospective candidates and their families. Current Harbor School students and parents will be available to give classroom tours, answer questions and share their experiences. Visitors are encouraged to bring their child to the Open House. Refreshments will be provided.

Harbor School is actively seeking candidates for grades 4 and 5 in the Lower School. Due to increased enrollment, the school has limited spaces for the Middle School grades (6, 7 and 8). This is the last Open House for prospect families to attend before the application deadline for Fall 2015. The application deadline is February 27, 2015. Admission decisions are announced in March.

Enrollment applications are available online at www.harborschool.org. Admission packets will also be available at the Open House. Those interested in attending are asked to RSVP by phone at (206) 567-5955 or by email at admissions@harborschool.org.

Two new Embodied Life™ Groups

Two new Embodied Life™ Groups facilitated by Karen Nelson are forming on Monday eves, Feb 2nd-Mar 9th from 6:30-8:45pm or alternatively Wednesday afternoons 3-5:15pm, Feb 4th- Mar 11th at Hanna Barn. The work includes Feldenkrais Awareness Through Movement, meditation and Focusing/embodied listening and is based on the teaching of Russell Delman. A commitment to the series is requested although you may attend your first one for the fee of a single class to see if you like it. Please contact Karen to register or ask questions heartgreen@yahoo.com or 503-740-0523. Fee is flexible: \$20-40/ class, pay or exchange. Embodied Life practices slow us down to feel and discover our ability to sense presence in our body, environment, and the larger space that holds our living. We learn tools to engage with our moment-to-moment experiences through gentle and caring ways in a group setting. The movement work is simple, deep and carries direct benefits in every day life. Focusing brings us to a "felt sense" and includes listening and speaking from that place.


January Programs at the Vashon library

DNA and Genealogy
Presented by Claudia Breland
Saturday, January 24, 2pm-4pm
Vashon Library

Genealogists have been researching using paper records for centuries, and new technology has only made it better. With DNA testing becoming available and affordable, Opportunities await for those who are seeking answers to questions about their heritage. Learn (in plain English!) the basics of DNA, how it can help you discover your roots, the best companies to test with, and how to join with others to find a common heritage. No registration required. Sponsored by Vashon Friends of the Library.

Cerebral Cinema: Movies on the Mind
Presented by Lance Rhoades
Wednesday, January 28th, 6:30pm
Vashon Library

Movies can provide insight into the world and others' points of view, or become a playground for the imagination and a means of visualizing the impossible! Just how do movies actually engage the mind? Join Lance Rhoades in a multimedia presentation and conversation about movies, intelligence and creativity. No registration required. Sponsored by the King County Library System.



DSHS

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Dates

Times

&


Places:

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2:30pm to 4:30pm
Vashon Market
17639 100th Ave SW

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The Vashon Loop

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Roger Fernandes: Teachings of the First People

By Rayna Holtz

The season of short days and long nights, of cold rain outside and warm fires inside the longhouse, was perfectly suited for the native Salish people of Puget Sound to tell stories in the evenings. According to Roger Fernandes, “For all of human history there has been storytelling. It is the most effective and powerful way of sharing, teaching, and communicating.” Roger Fernandes invites us to listen as he tells some of the old teaching and healing stories in a free family evening at the Land Trust Building on Saturday, January 24, at 6:30pm.

His “Teachings of the First People” may include stories about how the very first People became the present day Deer, Raven, Salmonberry, and Storm Wind, and how their arguments, adventures, and marriages created the landscape we now live in. They will give us examples of good conduct and bad behavior, showing the consequences of each. As in the January evenings of 200 years ago, people of all ages will listen, and all will find their own meanings in the stories based on personal experience.

Modern communications via internet, ipads, cell phones, televisions, DVDs and CDs have enabled many contemporary people to select personalized entertainment and education without spending long evenings at home with family and neighbors. But do stories received this way have the presence and impact the old ones had, the ones that were shared by the fire? Roger Fernandes says they do not: “The old people say that the new ways have no spirit. The true power of storytelling comes when the moisture of the teller’s breath gives life and power to the story.” He says that “Spiritual health that people need is told in stories that convey how a human being is to live in balance with family, community, and nature. Stories lead to a spiritual and emotional understanding on how to live in the world.”

Roger Fernandes, whose native name is Kawasa, is a member of the Lower Elwha Band of the S’Klallam Indians



from the Port Angeles area. Although he grew up in Seattle, he identifies with his Salish culture. He is an artist and a tribal historian as well as a storyteller. His art is in a number of regional galleries, and he has created public art installations such as the one on lower Queen Anne Hill at Third Avenue West and Thomas Street. It is an arch made of cedar panels featuring Snoqual, also known as Moon the Transformer, the powerful being who changed many ancient people into their present forms as plants, animals, mountains, rain, and other phenomena.

“Teachings of the First People” is the latest in a series of events produced by the Vashon-Maury Island Heritage Association in connection with their special exhibit, “Vashon Island’s Native People: Navigating Seas of Change.” This exhibit will be on display until March 15 during the museum’s open hours Wednesday through Sunday, 1:00 to 4:00pm. On Saturday the 24th these hours will be extended to 6:30, to enable visitors to tour the exhibit and then come to the event across the street.

This program has received special support from Humanities Washington. Other sponsors of the exhibit and related events are 4Culture, Puget Sound Energy, DIG, Beth de Groen, Rick’s Diagnostic & Repair Service, The Hardware Store Restaurant, John L. Scott Real Estate, and the Northwest School of Animal Massage.

“Spell It!” 2015



Saturday, February 7th at 7:00 pm at Camp Burton. Calling All Logophiles! Are you a verbophile? Graphophile? Oenophile? Apiophile?

If the answer is YES to any of these words, then the Vashon Community Scholarship Foundation invites you to partake in a convivial and insouciant evening of cerebral tittivation, while enjoying nectarous and sapid comestibles and selection of piquant libations...

Come and join the fun! See what the buzz is all about!

Form your own team of 3 spellers and show off your spelling skills (\$ 150/ team)... Sponsor a team of 1, 2 or 3

spellers (\$50/member)... Attend “Spell It!” 2015 and spell along (\$15/\$10 seniors and students)...

Bring a canned food donation for the Vashon Food Bank and a door prize entry form (found at Vashon Bookshop) and be eligible for a 2 night stay at Andrios Guest House!

Register your team now @ rggbdg@yahoo.com, buy your tickets at Vashon Bookshop and Vashon Pharmacy, and pick up your door prize entry form.

All proceeds support scholarships for Vashon School District graduating seniors.

Hinge Gallery Official Grand Opening

Hinge Gallery is pleased to announce our grand opening in the heart of Vashon Island!! Hinge Gallery offers unique custom framing, art, books, vintage, handmade rarities, a dedicated gallery space and more!! Join us February 6th at 17635 Vashon HWY SW, next to Island Quilter. We kick off the evening with a Vashon Chamber of Commerce Ribbon Untying Ceremony at 5:30 pm, Sharp. Vashon Unofficial Mayor Caleb Johns and other fun folks will welcome us as the island’s newest business.

The evening will follow with a

First Fridays Exhibition Opening from 6 to 9 pm with new work by Brent Houston (www.brenthouston.com) and the GRAND OPENING OF HINGE GALLERY!! Expect live music and we are very thankful for the generous sponsorship of Seattle Distilling.

The Hinge Gallery Official Grand Opening is free and open to the public!! It’s a chance to say hello! Regular business hours to follow from 10 am - 5 pm Saturday, February 7th and Sunday, February 8th.

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Comes out
Thursday
February 5**

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Friday, January 30

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Island Life The Flow

By Peter Ray

For almost a year now I have been a part of the Seattle Minute Movies group. Every month a group of us get together at the Seattle Film Institute, drink some sort of beverage with snacks and then go into the screening room to watch the films most of us have put together over the past month. Normally, as per human nature, most of the films are finished somewhere around the Saturday before the Sunday of the screening. Many times, like my writing of this piece hours before final deadline, the last minute scramble is necessitated by a desperate search for inspiration to drive and fill the creative void. Part of the premise behind the minute movie concept is that each month we are given a word that a moving picture of a length not to exceed two minutes is to be conceived and built within. I generally try to keep each piece as close to a minute as I can. If you think it is easy filling a minute with something- anything- you should give it a try, because it isn't.

The word for last month was cold, which actually had been given to us in November, and since our normal meeting day was too close to the December holidays, we had two months to sweat the details. As it turns out, being given a word is a help, as it gives one a baseline to work from. One then goes about inventing a context for that word and then trying to solve the problem of translating that context to the digital moving picture realm. One time I solved this problem totally by accident, having recorded nearly a minute's worth of walking through the Detroit airport on one of my cross country jaunts to my troubles in New England. The transit space being recorded had a people mover walkway on either side of this half-circle, arched white ceiling that was bathed in ever changing colored lights which were somewhat synchronized to a cheery electronic ambient piece of music.

I was fretting not having anything to turn in for that month, when I played back the recording I'd made on my pocket point and shoot and realized that to my mind it fit the 'move' theme to a tee. In contrast, this past month's word had given me an idea almost immediately. My problem was layered with the dread of how to technically translate my particular conceptualization into reality. Having worked through those issues as best I could, I am now known, at least in part, as the guy who made a movie about an ice cube. This may sound a bit pedantic, perhaps Warhol-ian, but what I found after four attempts at shooting was that creating a stop motion animation with ice on glass makes herding cats look like a fun and worthy endeavor. While it wasn't perfect, I didn't see how a fifth take would turn out much better than take four, although if I had gone one more take I might have had to look for a royalty free version of Mr. Brubeck's catchy tune for the soundtrack. The random and self-willed movements of melting ice on a nearly frictionless surface would be a good visual foil for the asymmetrical rhythm of a 4/5 time signature.

Following the screening of each month's word visualizations, all attention is turned to the altered magic 8 ball being broadcast live on the big screen. Having "hacked" into the ball's innards and having placed a selection of ten different

words on the prophecy block that hides within its inky black depths, all that is left to do for group organizer Sarah Ferrier is to turn the word window to the waiting lens of the camera above it and allow all to see what our next cosmic word assignment might be. This time around it took three tries, since the first two were words we've already wrestled with. The charmed third time brought the word "flow" to the surface, and with that we were off.

My first temptation was to remove the title 'Cold Passage' from this past month's submission and in its place insert something like 'a Curious Flow', but that would be kind of, as they say, cheating. Instead what came to mind was an ancient ritual I devised many years ago while having festive beverages and watching a salt firing at the Penland School of Crafts somewhere in western North Carolina near the Tennessee border. I was there to study photography, which I did most hours of the day. But one thing I soon found while skulking about after dark was that there was a wealth of creative knowledge throughout the school, and since all the studios were open day and night, one could wander and watch all kinds of stuff happening. My two favorite viewing venues were the pottery shop and the glass studio. Watching molten glass being formed into something either functional or ornate was always a fascination. There was also the energy- both light and sound- that emanated from the glass oven's glory hole that was a value addition to the night's entertainment. Firing up the kiln in the land of pottery was somewhat less exciting, unless salt was to be added to the mix. With salt firing the evening's viewing could have the additional element of actually becoming a participant in the process. What happens in salt firings is that once the pots have been baked to a certain point, a door is opened that allows access to the inside of the kiln. In a brief instant, one then throws a measured amount of salt through the door hole, which is then quickly closed. I believe the salt is mostly vaporized when it enters the superheated interior of the kiln, and then it circulates around and attaches itself to the clay body surfaces of the pieces inside and creates a texture and color that normal glazing does not provide.

I do not think any music was playing while this particular firing was happening. I do not remember that there was any music rattling around in my head. All I do recall is that for some reason I began to bob up and down in place while standing next to the kiln. There was a certain, constant rhythm involved with it, and after a while the moderate gathering of potters and other watchers were all bobbing in unison while awaiting the next grand opening of the door and accompanying flash of light as the scoop full of salt collided with the flame and hot air on the hotter side of the opening. It was a gradual realization amongst us that everyone was moving in synch with each other, and it was a source of great amusement when this recognition finally sank in. For some reason, this movement became known as the flow. I don't recall if the flow returned for other firings, or if it was a one time occurrence. I am thinking that this may become the basis for my next created film minute, although at this point, the details remain a bit unclear. We do, after all, have almost another month to figure out what film step comes next.



Slick Baby Mama

By Orca Annie Stateler, VHP Coordinator

Mother Slick (J16) is an exceptional J Pod matriarch. 1972 is her estimated year of birth – that is significant because she could be slightly younger or even older. A preponderance of photographic evidence shows that Slick is the Southern Resident Baby Mama of precious newborn female J50. In four decades of field studies, J16 is the only known Southern Resident female to give birth to a thriving calf at age 43-ish.

Many orca females are presumably post-reproductive around age 40. However, at least one Northern Resident female beyond age 40 had a surviving calf. On occasion, older females are observed with stillborns. Because both Resident orca communities spend months at sea, where we cannot easily monitor them, we are probably missing births and abrupt deaths of sickly newborns.

During a December 28 encounter with J Pod in northern Puget Sound, Mark Sears and other researchers did not see or photograph a newborn traveling with the J16s -- Baby J50's immediate family. On that afternoon, NOAA/ NWFSC staff deployed a satellite tag on adult male Blackberry (J27), age 24.

Curiously, J27's sat tag signals showed that, before dawn on December 30, J Pod was in sheltered Harney Channel between Shaw and Orcas Islands -- an unusual, seldom used pathway for these orcas. Did they go there for reasons associated with the birth? Later that day, Baby J50 was spotted near the Pender Islands, BC. The tiny, peachy bébé was beside Slick (J16), according to the Center for Whale Research, and appeared to be roughly 24 – 48 hours old.

The law of parsimony was thrown by the wayside in much of the publicity -- at times ludicrous -- about the birth of J Pod's new relative. Some folks of the, ahem, non-child-bearing persuasion floated a fanciful "midwife" scenario involving J16's 15-year-old daughter Alki (J36). A number of media outlets regurgitated inaccurate information about J50 being born around Christmas



Day.

Available data and photos indicate that J50 was born between the 28th and 30th of December. This week's compelling photo is the clincher, I think, on Mom's identity. NOAA/NWFSC researchers obtained this blissful picture of wee J50 snuggled up to Slick (J16) on January 10. Baby J50 looks robust; she is evidently nursing. At twelve or more days after her birth, such close proximity to a nanny whale or non-lactating relative is unlikely, except for brief periods.

Newborn J50 has three siblings: brother Mike (J26), born 1991; sister Alki (J36), born 1999; and sister Echo (J42), born 2007. Mother Slick (J16) had two additional offspring, now dead: son Keet (J33), 1996 –2010, and Baby J48, who lived just a few weeks in December 2011. Dear readers, here is the caveat: J16's last calf did not survive.

In a January 19 encounter with J Pod off San Juan Island, Dave Ellifrit of the Center for Whale Research found J50 still traveling beside J16. J16's daughter, J36, traveled some distance away from the baby. Sweet J50 continues to thrive – hallelujah! Our heartfelt desire is for Baby J50 to blossom into a successful matriarch one day, just like her exquisite mother Slick (J16).

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 206-463-9041, as well as seal pups and sick, injured, or dead marine mammals on Island beaches. Prompt reports to the VHP expedite vital data collection efforts and sustain an accurate record of whale sightings for Vashon-Maury initiated three decades ago by Mark Sears. Send photos to Orca Annie at Vashonorcas@aol.com and check for updates at Vashonorcas.org.



Newborn female J50 with her mother Slick (J16), 1/10/15. NOAA/NWFSC photo.

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Spiritual Smart Aleck



By Mary Iuel

When All Else Fails, Do the Dishes

We watched the Seahawks game against the Packers. Before it started I said to my son that I hoped it was a good game. At the end of the fourth quarter with the score tied, my son turned to me and asked, “Is this tense enough for you?”

Whew. Yeah, it was. Football, I’ve been told, is but one of the games that simulate war. Strategy, land won and lost, physical violence, injuries. I found myself thinking that it’s too bad that football isn’t as violent as we get. How’s that for a vain surmise?

Sometimes I am rocked out of my preferred personal contemplative state. Some days I look at what seems to be the infinite capacity of human beings for cruelty and violence, and I wonder how we made it this far without making ourselves extinct.

I have written essays in the past when I tried to bring readers to the point of realizing that we are all in this together. I’m not even going to try to go there today. We are divided so many ways, one from each other, I won’t try to sell that “C’mon, people, love one another,”* philosophy. It ain’t that simple.

The election of a black president in 2008 seemed to herald a new paradigm of equality at the highest level of political power. Yes, that, and a new wave of outspoken racism, hatred, and incredible lies in this country. Racism had been somewhat covert for a few decades, but it’s been right back out in the open since 2008.

Racism is a twisted complexity of unreason that allows people to feel superior by dehumanizing other people. It allows the subjugation, torture, and killing of other human beings because they are seen as less than human. It’s part of our cultural psychosis, racism.

The institution of racism goes back to slavery in this country. You cannot buy and sell human beings without telling yourself they aren’t really human beings.

There would have not been a United States if there had not

been a political compromise to accept slavery in the southern states. This is the great divide that has run through our country since before it was formed. The Civil War was fought to keep the divide from causing a complete breakup of the country, but the Civil War was not the beginning, and it was not the end. We are still divided. We are still, we are ever, at war with each other, and there can be no meeting of minds.

I believe deep in my heart that all people are equally loved children of God. Then I am left wondering how God could love racists. This is one of those tough Christian precepts that it’s hard to live up to, that each person, each creature, is loved alike, is of the same worth. Okay, God, they are your children, but why do you need them to be the way they are?

So am I falling right in there and seeing racists as less than human? Dammit. I’m thinking too much again.

I’m sure there are people out there with a scientific understanding of human behavior who could tell us why some people ardently want and wish and work for peace and equality and justice, while some people as ardently want and wish and work for hatred, separation, prejudice, war, and sorrow. It has to do with power, and money, usually, but it must be some profound difference of temperament and understanding, don’t you think?

I don’t get it. Sometimes the evil I see gets me down, especially when it’s people I care about who are spouting lies and espousing hatred.

So when I’ve thought myself into one of these holes, I’ll finally get up and go do the dishes. There is not much I can do about racism, war, and lies, but I can do the dishes.

Each morning I thank God for my life and my many blessings. I try to be kind, and often fail. I wonder sometimes if there is a reason I am still here, and if there is, how will I live up to it? I need to take a lot of naps, you know, and I’m not brave.

Guess I’ll go do the dishes. *A tip o’ the hat to Chet Powers, who wrote “Let’s Get Together”

Vashon allied Arts & Voice of Vashon share in PSE Grant

Vashon Island emergency preparedness got a big boost last Friday when Puget Sound Energy Foundation delivered a truly big check to Voice of Vashon and Vashon Allied Arts. The two grants total \$30,000.

A \$20,000 grant to VAA enables installation of a generator interface in the new Vashon Center for the Arts so one of the Fire District’s mobile generators can power the building during a major emergency and allow it to serve as a warming/sheltering center or command center.

A \$10,000 grant to VoV will expand 1650AM Emergency Alert System bulletins to the new community radio station, KVSH 101.9FM, as well as to the VoV television station and smartphone app.



Left to right: Hans Herrmann and Patti McClements from the Puget Sound Energy community relations team. Assistant Chief for Operations at VIFR, George Brown (rear). VoV Board member Verna Everitt (rear), who manages the station’s grant program. VAA Board member Denise Katz. VoV Station Manager Susan McCabe (rear), VoV President Jean Bosch. Photo by Justin Huguet

Gregg Curry & Ragged Glory

For Gregg Curry, Ragged Glory was a sound birthed from the radio of a Mercury Montego he drove down Southern highways in summer with the windows down. It was Dylan, The Stones, The Band, Neil Young, Tom Petty, and so many others making something raw sound so perfect. He just grinned and turned it up louder.

Now, Ragged Glory is the band Curry says he’s “lucky to work with because they get where I’m coming from and understand where the songs seem to want to go.” The band (Curry and Rick Dahms on guitars and vocals, Kevin Almeida on bass and vocals, Matthew Chaney on keyboards, and drummer Emory Miedema-Boyajian) has evolved a sound around Curry’s original songs that is their own – a sort of rock-and-roll tent revival/minstrel show that mixes the sacred, the profane, and the in-between into a musical stew, new and familiar at once. The words may make you pause, the music may tempt you to dance, and chances are good you will grin like you do when you hear a song on a car radio and you want to turn it up.

Gregg Curry and Ragged Glory play on Friday, February 6th at The Red Bike. The Show starts at 8:30pm. This is an all-ages show ‘til 11pm, 21+ after that and there is no cover for this show!

Friday, February 6, 8:30pm
At the Red Bicycle
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

Find us on Skype
Vashon Loop
206-925-3837

Find the Loop on-line at
www.vashonloop.com



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Aries (March 20-April 19)

Your role in a group or organization that you're affiliated with is about to change. So too will the purpose of that group in your life. Developments will occur in a series of events over the coming week, and you'll want to take them one at a time, and consciously process the information. Each time you learn something, make sure you're aware there may be one more bit. As you gather the details, you'll get a better idea of what you need to do, who you can trust and what the purpose of the changes is really about. Pay close attention and act cautiously, because these developments can influence your professional income, for better or for worse. Be aware that the dust won't fully settle until the second week of February, when Mercury stations direct. Till then tread lightly and make no assumptions.

Taurus (April 19-May 20)

Step up to the challenge where professional responsibilities are concerned. You are no longer playing in the minor leagues. You're working on a level where people are depending on your judgment, your knowledge and your skill at handling potentially complex situations. This has taken you time and a real investment, and you have every reason to be confident in yourself. Invariably, complex situations involve people, their personalities and coordinating communication among them. That seems to be the only management skill that matters these days. You're in an excellent position to do something that many people find challenging -- to listen. That will give you access to the mysterious power known as having a clue what people are saying. That will give you the opportunity to solve a problem, which by the way you may need to solve twice.

Gemini (May 20-June 21)

If you change your mind about a long-term plan or goal, I suggest you not send out a press release. Keep your decision to yourself. I suggest you not cancel any plans or arrangements until you've given this some time -- I suggest at least one month. And if you can avoid it, don't make firm commitments for what you're planning to do -- rather, take steps to keep your options open. Rather than thinking of this as a 'final' decision, feel out your options. By feel I mean sit with, and get the actual feeling of. Slip into that reality for a while and give yourself permission to make that choice. You actually have quite a few more than two choices, and this is not an all-or-nothing circumstance. Many shades of mix and match are possible, and once you begin to move on your plans other possibilities will open up.

Cancer (June 21-July 22)

Keep a keen eye on financial and business matters. You're in a more powerful position than you think, though as always where transactions, partnerships and shared resources are concerned, you must be alert, detail-oriented and as shrewd as you can muster up. If you have investments, keep an eye on them. If you're interested in new investments, make sure you take care of the 'due diligence' thing, which I suggest you stretch out at least until Mercury stations direct on Feb. 11. During that time, I suggest you allocate cash only to basic necessities or operations costs and minimize other exposures. As you do this, you will learn a lot about your own finances, how you do business and the ways you can make decisions that give you a considerable advantage. This really is a scenario where knowledge is power.

Leo (July 22-Aug. 23)

Take extra care to ensure that what people tell you is actually true. However, we live on a planet where for many people, deception is a way of life. Question the obvious, look carefully at what seems unusual and even inquire about what seems perfectly normal. The thing you don't want to do is let things slide and hope for the best. I'm not suggesting you change your nature and become a suspicious person. However, your trusting nature does not always work in your favor, and it's often an excuse for slacking a bit and not verifying what people say to you. Sometimes it takes guts to ask a follow-up question, much less ask for documentation. I suggest that you do both, and take various steps to reality check, that is, check your own perceptions. And for a while, hold yourself to the same standards of verification.

Virgo (Aug. 23-Sep. 22)

You may not be able to make head or tail of what someone close to you is going through, feeling or becoming, though don't let that stop you from having fun with the experience. Yes, this is the extra zesty kind, and it's probably not on the menu. What you may be concerned about is how others will perceive your experience, which is in reality nobody's business but your own. If privacy means anything, it's the right to feel and to experience intimacy in the way you choose to. Anyway, the shape of your chart is describing you going against the current of what is popular or considered a matter of common sense. Every factor in your astrology is pushing you to think for yourself, which means having exactly the experiences you want to have, for whatever reason you want to have them.

Libra (Sep. 22-Oct. 23)

You simply must experiment. Whether this is with art, with ideas or with sex (or better still, all three), a rare combination of factors is taking you into your own personal avant garden. You can go beyond anything ordinary, which seems to be what the planets are conspiring to get you to do. The feeling of doing this is taking a risk. I don't mean dancing on the edge of the roof. I mean the sensation of going into unknown, strange or unpredictable territory. Allow yourself into that state of mind where you don't know what will happen next. Then once you're there, consciously allow anything to happen. You can afford to have some misgivings that you consider and disregard. You are in a contained space; there are natural limits in place. Get to that spot where you know you're pushing them.

Scorpio (Oct. 23-Nov. 22)

It's obvious that your ideas about life go well beyond those of your family and very likely your closest friends. They are more concerned with keeping things tidy and organized than they are with discovering what is possible. Right now you are being drawn into acknowledging desires that would make many people around you nervous. When I say drawn into, I mean that it's like you've been picked up by a current and are being carried into a place that you know you have in you all the time, but which recently seems to have stirred to life in an unusual way. What you're feeling is the intensity that comes from inside you, needing no external stimulus. What is coming in from the outside is making things more interesting, adding some flavor and diversity. The creativity and passion are coming from you. Remember!

Sagittarius (Nov. 22-Dec. 22)

What may have seemed like a great idea may no longer seem that way -- though there are a whole bunch of better ideas on the way. One of the themes of this year and of the foreseeable future is focusing yourself, which is another way of saying that the result of every day must be some form of work product. Work itself is not enough. Being busy is not enough. Making money is certainly not enough. It will help you immensely to establish a discipline associated with the projects you've had in mind for a while. Start with one of them. Break it down into steps and start taking those steps. Persist every day, not allowing the distractions of the world to get in the way of what you know you want to do. Around this basic daily practice, something much more comprehensive can grow. Commit your energy daily -- preferably at about the same time every day.

Capricorn (Nov. 22-Dec. 22)

Be careful with money, and slow down the implementation of your business plans. A short delay now will save long delays later in the year. Take the time to get it right, and to plan your timing carefully. I suggest that with anything of a financial nature; that is to say, involving outlay of cash, unusual use of credit, or new plans for income, go on pause until around Feb. 14. There are some things that may not be able to wait, though if you evaluate them carefully you may find a workaround. Unless there is some kind of absolute, inviolable deadline, explain to others that you'll be ready to sign or have that paperwork in a few weeks. Where money and commitments are concerned, it pays to honor Mercury retrograde.

Aquarius (Jan. 20-Feb. 19)

The Sun ingresses your sign in a few days, followed by a rather spectacular Full Moon, followed by Mercury stationing retrograde in your sign. That's a lot of Aquarius and that suggests an unusual degree of activity for you, some unpredictable events, and a new phase of your inner journey. In fact the 'inner journey' has been the main theme of your charts for several years, and I suggest that you take a survey of where you've gone. Declare the Mercury retrograde that ends on Feb. 11 a kind of review period, where you tell yourself the story of what you've experienced the past six years. Start with a list of the major events, changes of location, career moves, relationship developments and your own creative plans. You will get an idea how much territory you've covered. That, in turn, will help you figure out what you want to do next. Clearly, something is brewing.

Pisces (Feb. 19-March 20)

Mars in your sign is stoking up your desire to live and to make contact. Mars in the fashion of Pisces is a self-sustaining creative dynamo. Monday, Mars focuses an exact conjunction to Neptune, which feels like connecting to some elemental source of who you are. You're likely to have a drive to express that in some way, and I suggest you make contact now and let that inspire you for the next couple of years. Then next week Mars connects with Chiron, in a conjunction that will remind you how much strength, awareness and power you hold in your hands. That is more than a metaphor -- Chiron almost always expresses itself through the hands, whether for healing, loving touch, some creative enterprise or digital (manual) contact with the wider world. Mars won't be back in Pisces till the end of 2016, so get it while it's hot.

Read Eric Francis daily at www.PlanetWaves.net

Road to Resilience

Continued from Page 1

So, in saying that the nature of modern corporate capitalism is driving the climate crisis, we need to change our economy if we intend to succeed in mitigating climate change. While we're at it, we might say that corporate capitalism (or socialism) also tends to concentrate wealth and power in the hands of a few. If power does tend to corrupt, then we could lay quite a few more of the world's woes at its door as well. That is why Naomi Klein is saying that if, in addressing climate change, we find that we have to address problems in our economic system, then "this changes everything." She says it in the most joyful sense; the necessity of addressing climate change can be the catalyst that brings us a fairer and more peaceful world.

That is the basic message of the book: climate change, in forcing our hand to make major changes in the way we treat each other and the world we live in, could turn out to make the world not only safer, but a lot better.

The rest that I have to say here is some of my own observations meant to allay the fears of what might be read in between my lines.

First, I should include a few disclaimers. The demise of corporate capitalism does not mean the extinction of capitalism nor does it mean the institution of a socialist state. These economic models should not be political ideologies or gods. They are tools, and we use both liberally in our own society here in the US. Just as we wouldn't have a private company building our roads or running our army, we wouldn't have the government selling us our fresh produce. Each has its place. Another disclaimer is that big is not necessarily better or worse. There are some things done appropriately at a large scale, but far fewer, in my mind, than we have now. There is a danger in doing anything at a large scale. I've finally come to agree that big government is just as dangerous as big business. The only difference is that, with big government, we still, at least theoretically, can influence it with our vote. Unfortunately, I wouldn't be the first to say that that influence at present is almost purely theoretical.

In my mind, organizing and administering our needs at the local level should be the default plan. Only when it is obvious that something is better addressed on a larger scale, should we make that choice, and then, only as large as necessary. In the next issue, I would like to explore more of the practical and philosophical benefits of addressing our needs and responsibilities at the local level.

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Positively Speaking

“Evocation”
Part I- The Martin
Luther King Jr Bit

He emerged from the finished basement which had become our family’s recreation room looking like he had been threatened with immediate death. His deep brown eyes had a tinge of “wild seeking escape” to them. His usually erect shoulders were even further drawn back. His steps were measured and slow. I met him as he finished ascending the last three steps. He looked at me silently, drawing in a breath he did not release. I came as close as I could without embracing him, our torsos barely touching.

“Are you OK? I asked with a mixture of inquisitiveness, concern, and impending doom. Circumventing my presence he began to pace, first towards the front door, then quickly reversing his steps back into the living room. Within minutes, my parents followed, rising from the depths, my mother looking like a hunter who had made a successful kill, my father with a relaxed sense of accomplishment, ready to eat dinner.

And that was that. And it was all my fault. And outside of perfunctory courtesy, remarks of a generic nature concerning wind or weather, I do not recall him ever speaking to me again. Our delightful little lovefest, our most peculiar and wonderful friendship, our mutual admiration society, was over.

What was the great crime Garnell Stuart Copeland had committed? He was a bi-racial young man who had/ was falling in love with a fair young Protestant American Princess.

How had I destroyed it all? I told my parents of his declared intentions.

What happened in the basement? In no uncertain terms he was told there would be no non Caucasian men involved with their daughter. The one time I mentioned his name a few months after that fateful day, my mother stated that he had been using me to legitimize his position in the white world.

Even writing that down makes me sick to my stomach because it was so far from the Truth, so something he would never do.

In my mind’s eye, as an adult, I meet Garnell again at the top of the stairs recognizing on his face the devastating realization that in this house where he thought my parents accepted and honored him as one of their own, as the nearest to kinship, he was not worthy to be anything other than a servant . He was not worthy of their daughter. He was not worthy of her love or loving her. He was not considered, by them, a whole, equal human being.

I grab his hands and pull him to the front door shouting over my shoulder, “We have to get away from this place”. At the car, I force him into the driver’s seat and as I go around the car and slip into the front seat next to him, I beg him, “Teach me this thing. Take me somewhere and teach me how to do this letting someone love you thing.” for surely it was not taught in my home.

But although, ironically, the first semi pro solo I ever performed was the off stage

By Deborah H. Anderson



rendering of “Somewhere” during a local production of “West Side Story”, I did not in fact do anything but freeze, lock all memories and parts of our relationship out of my consciousness and remember only the guilt of the pain I had caused another human being, someone who meant the most anyone had ever meant to me besides my little brother.

The sad thing is, our story is not uncommon in 2015. It still gets repeated. Not as often or with the same results, but it is still an oddity that is outside the norm. We have not yet taught ourselves to be a multi-cultural, equitable, world. We HAVE to fix this racial thing. Have to!! We are hurting ourselves as a human race.

In the mid sixties, would we have had an easy time as a bi-racial couple? Absolutely not. I also had some growing up and healing to do, and he had to learn to manage a high profile career in Washington DC. Garnell was the Itzhak Perlman, Yo-Yo Ma, James Galway and Leonard Bernstein of the organ. That’s how we met. But that’s the Part II story for next time, not now.

Three years later, when I was attending college in his hometown, feeling very naughty, I took a roll of quarters and called everyone with his surname in the telephone book with no success in finding a link. I once again placed the sealed container of his memory away.

In the late nineties, after my divorce was finalized, I searched again on a, then, fledgling internet. There he was. The news was not good. There were only dates. Garnell Copeland. 1942-1977. He had been dead for almost twenty years. Since all organists eventually seem to discover they are gay, I made a story for myself that I meant nothing to him, had been a beard, and he had died of aids. I closed the chapter of my life entitled Garnell Stuart Copeland, feeling neither sad nor closure. I just didn’t read that chapter anymore. I didn’t know why.

But in late December 2014, when I received an email saying I had been cut from the Food Bank Fundraiser and I, whose whole life has been sourced by music had wearied of traveling off Island to have meaningful musical performing experiences decided I was going to spend my third act ignoring the self select musical system of the small rural community where it’s possible to sneeze and get a standing ovation, began googling his name again. This time there were two pages of notations and three youtube audios on Garnell Stuart Copeland including a review of his performing to which I responded. That began a whole new chapter entitled: Deborah Helen Anderson finds out GSC loved her and remembers everything about their relationship and finds out, he was murdered.

Love,
Deborah



Vashon Library Feburary Program

Children & Families

Adults

Brick Builders Club
Monday, February 2, 9 and 23, 4-5pm
Ages 6 to 12 with adult.
Come build at the library! All bricks provided.

Family Story Times
Tuesday, February 3, 10, 17 and 24, 11:30am. Newborn to age 6 with adult. Stories, songs and fun!

Spanish Story Times
Saturday, February 7, 14, 21 and 28, 11:30am. Family program, all ages welcome with adult. Stories, songs and fun!

Northwest Coast Ceremonial Button Blanket Workshop
Thursday, February 12, 5pm
Presented by Live Paint and Cindy Arnold. Ages 3 and older with adult. Hear the Kittitas tale, Days and Nights, and learn why Button Blankets are important to Northwest Coastal tribes. Create your own version of the blanket with collage techniques.

Life-Sized Candy Land
Saturday, February 14, 2-4pm
Family program, all ages welcome with adult. You are your own game piece! Take a walk through a room-sized Valentine’s Day version of the classic game of Candy Land.

Family Movie Night
Thursday, February 19, 5pm
Family program, all ages welcome with adult. Bring the whole family to the library meeting room to watch a fun, child-appropriate movie. Please call 206.463.2069 for the movie title.

Teens

Teen Night: 3D printing
Saturday, February 7, 6pm
Presented by FabLab.
Grades 6-12.
We’re opening the library on Saturday night just for teens! Are you mystified about the future of 3D printed everyday objects? Can’t wrap your head around how people could print everything from pizza to pyramids? A technical arts specialist from FabLab will be on hand to explain and demo 3D printing. Also play board games, use library computers, eat snacks or just hangout. Raffle prizes, too! Free! Teens must be picked up by 9pm. Teens are allowed to leave as they wish- this is not a “lock-in”. However, there are no in-and-out privileges, so once a teen leaves they are not allowed back in to the event.
Questions? Contact Ursula Schwaiger, uschwaig@kcls.org, 206.463.2069.

Find the Loop on-line at
www.vashonloop.com

Great Books Discussion Group
Why Write? by Jean-Paul Sartre
Monday, February 2, 6:30pm

Tax Aid/Health Care Sign-up Assistance
Thursday, February 5, 12, 19 and 26, 10am-1pm. Professional tax preparer, Hilary Emmer, will help those with incomes of \$25,000 or less, prepare their 2014 tax forms. Free and no appointment necessary.

One on One Computer Help
Thursday, February 5 and 19, 6-8pm
Do you need extra help on the computer? A KCLS volunteer instructor can give you one-on-one assistance on a drop-in basis. Note: Volunteers cannot provide hardware assistance with your own personal computer.

Opera Preview: Semele by George Frederic Handel (1685-1759)
Sunday, February 15, 2pm
An elegant and expressive story set to gorgeous music, based on the classical myth of Semele, mother of Dionysus. “A sensuous and sparkling charmer.” Don’t miss it!
This free lecture, provided to increase enjoyment and appreciation of Seattle Opera productions, will feature speaker Norm Hollingshead with recorded musical excerpts.

MIND MATTERS
While your brain is not a muscle, it does need care, feeding and exercise to keep it in top shape. The 2015 King County Library System adult series, Mind Matters, offers free programs, classes, tips and reading suggestions to stay sharp. It’s YOUR mind. KCLS can help you take care of it.
www.kcls.org/mindmatters

Local Weather
www.vashonweather.com
Local Rain Totals
Temperature hi/low
Wind Speed & Direction
Barometric Pressure
Weather forecasts

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is good for composting.

Make a date with Vashon!
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Vashon Library Events
Art & Music Events
Submit your Event on line at
www.vashoncalendar.org

Pumpkin needs a home . . .

Hello, everybody, I’m the Great Pumpkin! If I were human, you’d say I’m a people person. Shelter visitors always find me waiting at the door to greet them. My favorite activities are sitting on laps and helping people read books and watch movies. If you’re looking for a cuddly, docile kitty, I’m your guy.

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Next Loop comes out February 5

Island Epicure



When she said, “Eat your vegetables, they’re good for you,” she had the nutritional fact right, but she could have put it in a more kid-enthusing way. And she could have cooked the veggies in chicken broth, or put a little butter with them. Lightly cooked with a little fat, veggies taste better and yield up more of their vitamins. One of the best nutrient advantages vegetables have is their folate, a true-blue B vitamin that boosts your energy supply, wards toxins’ attacks, nourishes your brain so you keep sharp, keeps your blood pressure normal, and sharpens your hearing. Can you hear a pin drop?

Remember Popeye and his spinach? Too bad he didn't know that cauliflower has more folate than spinach, though spinach certainly has more chlorophyll. Maybe Popeye should have been munching a stalk of asparagus or a beet instead of pouring cans of spinach down his throat. Asparagus, beets and raw spinach are lots better folate suppliers than canned spinach. All vegetables and fruits yield more folate when eaten raw.

Nappa cabbage eaten raw has more folate than American green cabbage. It goes well in a mixed vegetable salad, or as a salad base, though romaine scores better on folate.

Here are some of the best

sources of folate, per cupful, 400 mcg daily recommended by USDA for anybody of 14 years or older, lesser amounts for younger children

Micrograms (mcg) per cupful unless otherwise noted. Eat raw for best results.

Asparagus, 160 mcg
Beets, raw, 126 mcg
Cabbage, 39 mcg
Carrots, 15 mcg
Cauliflower, 66 mcg
Chard, 75 mcg
Chicory greens, 197 mcg
Nappa cabbage, 46 mcg
Romaine, 76 mcg
Spinach, 58 mcg
Tahini, 1/4 cup, 60 mcg
Turnip greens, 107 mcg
Mustard greens, 105 mcg.

Did somebody shudder and some other people raise their eyebrows on reading: Beets, raw? Traveling in Hungary in late fall, every salad we were given consisted simply of a pile of grated raw beets or carrots. They were served sans dressing, but I like a ranch style dressing mixed into them, and green leaf lettuce under them.

Fruits yield folate, too:
 Fresh squeezed orange juice, 1 cup, 75 mcg
 Whole orange, 39.7 mcg.
 Pineapple juice 57.7 mcg
 Raspberries, frozen okay, 1 cup, 32 mcg

And chicken livers, if you can ever find some without spots indicating they came from a sick chicken, are a grand source of folate when from a bird allowed to graze on plants and eat bugs and worms. Healthy chicken livers each give you 236 mcg of folate, over half a day's supply. Whole grains are another source of folate—key word: whole

One last word: Don't confuse folic acid with folate. Folic acid is a synthetic vitamin.

Hollywood, 1927: the silent-film romantic team of Don Lockwood (Gene Kelly) and Lina Lamont (Jean Hagen) is the toast of Tinseltown. While Lockwood and Lamont personify smoldering passions onscreen, in real life the down-to-earth Lockwood can't stand the egotistical, brainless Lina. He prefers the company of aspiring actress Kathy Selden (Debbie Reynolds), whom he meets while escaping his screaming fans.

Watching these intrigues from the sidelines is Cosmo Brown (Donald O'Connor), Don's best pal and on-set pianist. Cosmo is promoted to musical director of Monumental Pictures by studio head R.F. Simpson (Millard Mitchell) when the talking-picture revolution commences. That's all right for Cosmo, but how will talkies affect the upcoming Lockwood-Lamont vehicle "The Dueling Cavalier"? Don, an accomplished song-and-dance man, should have no trouble adapting to the microphone. Lina, however, is another matter; put as charitably as possible, she has a voice that sounds like fingernails on a blackboard.

The disastrous preview of the team's first talkie has the audience howling with derisive laughter. On the strength of the plot alone, concocted by the matchless writing team of Betty Comden and Adolph Green, *Singin' in the Rain* is a delight. But with the addition of MGM's catalog of Arthur Freed-Nacio Herb Brown songs -- "You Were Meant for Me," "You Are My Lucky Star," "The Broadway Melody," and of course the title song -- the film becomes one of the greatest Hollywood musicals ever made.

Join us at the Vashon Theatre
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Brigade. And we are accepting Canned food. Chicken Soup Brigade improves the nutritional health of individuals living with chronic conditions and hunger. We recognize the importance of nutrition to overall health. It has the power to reduce symptoms of many illnesses. It can minimize medication side effects. And it can provide comfort when it is needed most.

Chicken Soup's clients have specific health challenges, such as HIV, diabetes, kidney disease, cancers, or disabling arthritis. Most are living below the Federal Poverty Level, and all require assistance in managing their nutritional health. Chicken Soup offers a comprehensive food and nutrition program designed not only to feed people but to nourish them.

In 2012, Chicken Soup Brigade provided vital food and nutrition services to 1,619 people in the

Puget Sound region. We filled and distributed 40,293 grocery bags, served 139,805 meals, and provided nutritional counseling over 300 individuals.

Brought to you by The Chicken
Soup Brigade. Singing In The Rain.
The Vashon Theatre
Sunday, February 1st, 12:30pm



Your Island Community Radio Station

TIME	SUN	MON	TUES	WED	THU	FRI	SAT
ALL DAY	Island Music	Island Music	Island Music		Island Music		Island Music
6 AM				The Janitor Show		The Janitor Show	
7 AM	Brown Briefly	Austin Hour					
8 AM		Morning Scramble	Morning Scramble	Morning Scramble	Morning Scramble	Morning Scramble	
10 AM							Whispers of Vashon
11 AM							Prose, Poetry & Purpose
NOON							
1 PM			Prose, Poetry & Purpose		Prose, Poetry & Purpose		
2 PM		Light (2:30)	Sound Safari	Light (2:30)	Sound Safari		
3 PM	Jazz Kaliedoscope	Jazz Guy	Jazz Kaliedoscope	Jazz Guy	Jazz Kaliedoscope	Jazz Guy	Jazz Guy
4 PM	Jazz Master Takes						Jazz Master Takes
5 PM		RESPECT		Austin Afternoon	Austin Hour		Austin Hour
6 PM							Hoytus Interruptus (5:45)
7 PM	Barstool Mountain	Island Crossroads	Hometown Voices	Island Crossroads	Hometown Voices		Barstool Mountain
8 PM	Light	Storytime	Sound Safari	Storytime	Sound Safari		
9 PM	Musical Evolution			RESPECT	Musical Evolution	Barstool Mountain	
10 PM	Classic Rock & Beyond	Jazz Guy	Jazz Kaliedoscope	Jazz Guy	Jazz Kaliedoscope	Jazz Guy	Classic Rock & Beyond

Complete program schedule, shows and show hosts at VoiceOfVashon.org

Clinton Fearon



Always a crowd pleaser on Vashon Island, Clinton Fearon & The Boogie Brown Band is coming back to the Red Bicycle for another amazing performance of his roots reggae music on Saturday, Jan 24th. If you like roots reggae, this is a show you won't want to miss. Clinton Fearon has quickly won the hearts of many an Islander and will pack the dance floor with happy feet.

Much like quite a few other reggae musicians who came of age in the late 1960s and early 1970s, Clinton Fearon was a country boy who migrated to Kingston as a teenager in order to seek his musical fortune amongst the proliferating studios and sound systems of the big city. He was born in St. Andrew in 1951 and moved around the countryside with his father and stepmother before relocating to Kingston in 1967; he immediately organized a singing group with some friends, but it never amounted to anything and broke up before it could record. It was around 1970, when he joined Albert Griffiths and Errol Grandison to form the Gladiators, that he hit his stride as a musician, and began what would be the most significant and commercially successful association of his career.

Flash forward to 1989, when

Clinton came to Seattle and co-founded The Defenders and then finally in 1993, formed his own group called The Boogie Brown Band.

When asked about his music, Clinton states that "...our sound is roots, its roots, lovers rock, rock steady. It's not too far from the root. I'm not trying to branch off into anything I'm not totally relaxed with," he continued. "A lot of (other bands) try to follow the market. I try to follow my creativity more so than follow the market. It's what's in your heart; you have to follow your heart."

Clinton Fearon is counted among Jamaica's most talented musicians by peers and professionals in the Reggae

music industry. His infectious bass riffs have always led the way, whether he is playing bass, guitar or percussion, singing lead vocals or providing background harmonies.

The show begins at 9pm, the cover is \$10.00 and it is an all-ages event 'til 11pm, 21+ after that. The Red Bike has experienced sold-out shows with Clinton in the past and anticipates the same for this one, so it's highly advised that people buy tickets in advance by calling 463-5959 or by purchasing them in person at the Bike prior to the event.

Saturday, January 24, 9pm
At the Red Bicycle
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

Club O

Come dance yourself warm on Vashon's biggest Dance Floor!

All-ages, and all are welcome. \$5 Cover at the Door, no one turned away for lack of funds!

Until 2012, islanders who wanted to go dancing club-style had to travel to Seattle. This changed when David Godsey and Janet McAlpin of the Open Space for Arts and Community decided to open Vashon's very own Club O. David recruited DJ/musicians Michael Whitmore and Marcus Fellbaum (MirageSix) to spin records. Club O was born and has been growing ever since, with regular monthly dance nights on the last Friday of each month.

Marcus and Michael complement each other in a fabulous way. Whitmore's collection of music consists entirely of vinyl records. Fellbaum works with an entirely digital format. Music played at Club O spans many decades from the beginnings of rock and roll to the latest hits. The



DJs aim to create an electric atmosphere in which club-goers dance to their heart's content. Club O offers all aspects you would expect from a club: lights, lasers, and fog machines, as well as a special VIP teen section. Dancers of all ages enjoy shadow dancing in a specially constructed light box.

Club O returns!! Friday, January 30. At the O Space! Doors Open at 8pm.

The Eric Apoe Band



The experience of Eric Apoe is a walk through a cinematic time capsule, his lyrical masterworks chill the soul and enlighten the mind. Eric Apoe's songwriting crosses genres like fiberoptic cable crosses the world. The song is the focus not the style, the song decides the style it desires to exist in.

Apoe is a Seattle born songwriter and musician, but spent a number of years touring with Cajun Fiddler, Doug Kershaw, developing a lifelong passion for American Roots music. As a staff writer for Chappell Music, Apoe co-wrote and worked alongside Tim Harden (If I was a Carpenter, Reason to Believe), and Ron Davies, (It Ain't Easy, recorded by David Bowie). He also gained support and encouragement from two music industry legends, Tom Dowd and John Hammond Sr. To date, Apoe has released 6 CD's with his band 'Eric Apoe and They, FUNNY WORLD is the most recent. In 2011he produced a Pacific North West tribute to Ron Davies, THE MYSTERY OF RON DAVIES. Currently, Apoe is writing with Saar Liven, an Israeli singer/

songwriter who appears on Funny World. Eric Apoe's years of dedication and craftsmanship are clearly hewn into his pieces, with an ever adapting style and constant refinement that speaks to the heart of a true musician and rings in the soul of the listener.

Eric Apoe is a survivor of the musical wars of the past, from the shelters of the executives of song, to the asylum sanctuary of the poets and the musically insane victims of song. All too often the living are not understood, until they are no longer among us. Eric Apoe has never been a writer for the

past, but for the future, as the present is becoming the past moment by moment, and will never keep pace with the true visionaries that do not subscribe to the philosophy that all songs have already been written, but rather all good songs are the fingerprint of a real writer, and fingerprints are never the same. So it is Apoe's focus to write songs that have not been written. With poetic force and humorous paradox, Apoe is a Leonard Cohen for the Age of Unreality. Eric Apoe performs regularly in the Seattle area.

This is an all-ages show 'til 11pm, 21+ after that. Free cover!

Friday, January 30, 8pm
At the Red Bicycle
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

Find the Loop on-line at www.vashonloop.com

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Sunday Social Hour returns!

With a New Year comes a fresh new Sunday Social Hour - a chance to listen, laugh, ponder, visit and enjoy life on this island of ours. The REV returns with a stage full of talented guests: Jeff & Cindy Hoyt, Terri Cole, Jon Whalen, Lyn McManus, Jim Farrell, David Godsey, Lou Mangione, Maijah Sanson-Frey and music from the band - Loren Sinner, Chaz Reed, Steve Meyer...and More!!!!

As we all know, 'new' is an interesting concept - is anything ever really new, we wonder? So many of the things, stories, events, shows we enjoy hold elements we cherish. Sounds and songs and folks we have come to love in the past...

And yet, every single time a group of performers steps onto a stage, they are there, in that moment, with that audience, for the very first time. Join us on January 25th, and you may reverberate with that...

Joining the one-and-only Rev will performers old and new. Lou Mangione returns with his singular style. Island newcomer Terri Cole - who has played with March Fourth and been singing for years - brings some fresh wonder to the stage. Vashon High School student and accomplished poet Maijah Sanson-Frey will bring original poetry. The Sunday Social hour band - Loren Sinner, Chaz Reed and Steve Meyer - will keep feet tapping and spirits happy. And best of



all - a gang of local sketch comedy heroes are back to tickle funny bones! Jeff & Cindy Hoyt, Jon Whalen, Lyn McManus, Jim Farrell, David Godsey and more will take the stage and lift the spirits of all.

Sunday Social Hour takes place at Open Space for Arts & Community, 18870 103rd Ave SW, on Sunday, January 25. Doors open at 3pm for socializing, and the show kicks off at 4pm.

The Van Redeker Band



Vashon Island's new musical trio, The Van Redeker Band, will be appearing live in concert at Havurat on Saturday, January 24th, at 7 PM.

The Van Redeker Band made a splash at last month's Hits of the Sixties showcase at Red Bicycle Bistro, playing a scorching rendition of Bob Dylan's, "Pledging My Time" - announcing that they are a trio to be reckoned with.

The Van Redeker Band performs dynamic interpretations of songs by some of pop music's greatest songwriters, including The Beatles, Joni Mitchell, Johnny Cash, Sam Cooke, JJ Cale and James Taylor, as well as originals

by veteran musician and songwriter Daryl Redeker. The group features a wide palette of musical genres with an energetic performance style and lush vocal harmonies.

The Van Redeker Band is Daryl Redeker on lead guitar and vocals, Sara Van Fleet on bass guitar and vocals, and Sam Van Fleet on guitar, keyboards and vocals.

"The Van Redeker Band" @ Havurat, 15401 Westside Hwy. SW.

Saturday, January 24th, 7pm

Doors at 6:30 PM / Show at 7 PM.

\$5 cover. www.vashonhavurah.wordpress.com/

Bruce Babad & Todd Zimberg Band

Bruce Babad is an accomplished California-based alto saxophonist. He attended Central Washington University, where he received the Louis Armstrong Jazz Award, and had the pleasure of backing up greats such as Dizzy Gillespie, Joe Williams and Mark Murphy. Babad has also played with The Temptations, Natalie Cole and Barry Manilow. His first CD, A Tribute To Paul Desmond, held the #2 spot in the nation for radio airplay and was featured on the top 10 list of CDs for 2012. Babad plays with the Grammy-nominated Bill Holman Band, Luther Hughes' Cannonball/Coltrane Project and the Bruce Babad Quartet. He is Director of Jazz Studies at Fullerton College and can be heard on more than 75 commercial recordings and television and movie soundtracks. For his Island debut, he will be accompanied by Vashon's Todd Zimberg band, featuring Zimberg (drums), Lonnie Mardis (guitar), Todd Gowers (bass) and Maggie Laird (vocals).

Bruce Babad and Todd Zimberg Band, Saturday, January 24, 2015, 7:30 pm. Vashon Allied Arts



\$18 Member/Student/Senior, \$22 General.

www.vashonalliedarts.org

Community Cinema Presents: A Path Appears: Breaking the Cycle of Poverty

A Path Appears: Breaking the Cycle of Poverty goes to the USA, Colombia, and Haiti to reveal the incredible adversity faced every day by millions of women and girls, while also presenting glimpses of hope and change. From the team that brought you the groundbreaking Half the Sky: Turning Oppression into Opportunity for Women Worldwide.

A Path Appears: Breaking the Cycle of Poverty follows author/reporters Nicholas Kristof and Sheryl WuDunn and celebrity activists Jennifer Garner, Eva Longoria, and Alfre Woodard to Colombia, Haiti, and throughout the United States as they explore the roots of gender inequality, the devastating impact of poverty, and the ripple effects that follow - including teen pregnancy, gender-based violence, and child slavery. In their travels, they meet with inspiring activists who are creating effective solutions to gender-based oppression, transforming lives, and providing a roadmap for sustainable change.



Tuesday, January 27, 2015 - 6pm at the Vashon Theatre - FREE! Discussion follows film.

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Next Loop comes out February 5

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Deadline for the next
edition of *The Loop* is
Friday, January 30

PANDORA'S BOX
We have celebrated MLK Day in grand style,
and now we await Valentines.
The sale cart has been revitalized and is full of amazing
deals. Stop in and check it out.


Bo's Pick of the Week:
Well, Jenny's finally back so the cheese pipeline has reopened.
Much sadness and moping while she was on vacation.
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Live Entertainment
Saturday, January 24, 9pm
Clinton Fearon

Friday, January 30, 8pm
The Eric Apoe Band

Friday, February 6, 8:30pm
Gregg Curry & Ragged Glory


Friday, February 13, 8pm
Love Duets III

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Lopy Laffs

**WARNING: THE FOLLOWING CARTOON STRIP CONTAINS MATERIAL OF AN EDUCATIONAL NATURE...**


V.I.P.S.
We interrupt the comix strip in progress to bring you a "WORD EXPLORATION MOMENT". Today's word exploration is "CURMUDGEON"
!!



©DEE M


Definition (Noun): 'a bad-tempered, difficult, cantankerous person, usually an old man.' Use in a sentence would be: "That GEEZER in a DUFFER HAT is a CURMUDGEON!"

USE IT OFTEN!!

This concludes today's Word Exploration Moment. We return you to the comix strip in progress!




LOGJAM

BY Jeff Hawley



EN GARDE!

BRING IT, FOOL!

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WHAT STUNNING GRAIN! BUT THERE'S DRY-ROT ALONG THIS EDGE

LOVE TH' SOLID OAK HILT! OOPS - WAIT- THAT'S PLYWOOD, ISN'T IT?

HAWLEY logjamcomic.blogspot.com