

Vashon Island Pet Protectors presents the 13th Annual Fur Ball™ Auction The Wildest Fur Ball™ Ever!

We invite you to join supporters and friends at Vashon Island Pet Protectors' biggest fundraising event of the year – The Fur Ball™!! This year's theme is The Wildest Fur Ball Ever. In true pet-lover fashion, some auction guests embrace the theme and arrive dressed for the occasion, wearing costumes and decorating tables to reflect their interpretation of the theme. Others sport their favorite Vashon attire. Will it be a "jungle" or will Marlon Brando impersonators arrive on their rebel motorcycles? It truly is one of Vashon's most celebratory fundraising parties of the year with more than 250 guests turning out to support one of our island's oldest and most beloved non-profits.

Guests will be delighted with the assortment of items up for bid at this year's auction – fantastic trips to far-off destinations, original art commissioned just for pet enthusiasts, unique treasures from island businesses, hand-crafted jewelry and furniture, gourmet dinner parties, custom pet products, and even a day trip to the mountains of eastern Washington with pack llamas leading a hike!

The Wildest Fur Ball Ever will feature a Silent and Live auction along with a few surprises! Renowned auctioneer Laura Michalek returns to lead the event with the support of Geoff Fletcher, our Master of Ceremonies and VIPP Board President. Dinner service features the wonderful flavors of Herban Feast, and many refreshment options will be on hand as well – a Wine Bar sponsored by



Palouse Winery, a Beer Bar sponsored by Cliff's Beer, and even a cocktail made to order by Seattle Distilling Co. And of course, the evening wouldn't be complete without a scrumptious Dessert Dash!

The Wildest Fur Ball Ever will be held at Open Space for Arts & Community on Saturday, November 14, 2015 beginning at 5:00 PM. Dinner is included in the ticket price of \$50 per person. Tickets are available now at Pandora's Box and Vashon Bookshop, or online at <https://vippp.ejoinme.org/furball>.

Vashon Island Pet Protectors is
Continued on Page 9

Voice of Vashon Prepares Vashon Town Studio

By Jeff Hoyt

Voice of Vashon will open a new satellite broadcast studio right in the heart of downtown Vashon in early 2016. Construction has already started and beginning today (Wednesday, October 28th), Islanders will be able to watch the progress through giant windows fronting on Vashon Highway at the former Robinson Furniture building. Within a few months, construction will be replaced by live disc jockeys plus radio and TV show production.

The big reveal followed a week-long secret countdown in the windows that began on the 21st, generating lots of Island speculation and rumor on what will go in the front space of the exercise studio being built by Kelly Macomber Straight and Zabette Macomber.

"This is an opportunity for VoV to fulfill its mission of connecting to the community in the most profound way possible," said Storefront Studio Project Manager Rick Wallace. "We love our current studio perched out of sight up at the back of the Sunrise Ridge property. But this new additional space puts us right in the heart of Vashon town, where we will be more accessible and more visibly fulfilling our mission to be a virtual town square for the Island."

The station plans to broadcast its popular weekday KVSH Morning Scramble show from the new studio, which will be large enough to accommodate live performing artists, entire bands, roundtable discussions, or even a small television shoot. Live Open House broadcasts during First Friday Gallery Cruise and Strawberry Festival will add to the sense of community engagement. The space will also serve as the anchor point for getting out critical information during an island emergency.

"We'll recruit and train volunteer DJs and producers so we can add more live shows at other hours across the day," said KVSH FM Program Director Jeff Hoyt. "Folks walking and driving by will be able to see the DJs at work through the windows on the sidewalk. We expect the studio to help bring in new volunteers and the heightened visibility should make it easier for us to keep adding memberships to help sustain our many services to the community."

The building's new owners approached Voice of Vashon about

the space because they liked the idea of a community-centric organization occupying the front of their building.

"We're happy to be able to help VoV have more of a presence on the island and we know that they will be a fun and unique addition to downtown," said co-owner Kelly Macomber Straight. "And we loved Northern Exposure so it was a win-win."

Realizing that they were being offered a once-in-a-lifetime opportunity that would not likely come around again, VoV board members quietly began to reach out and float the idea to its major donors.

"We didn't want word getting out until we were certain we could secure minimum funding to start construction," said VoV Board President Jean Bosch. "The initial response was terrific and we reached our minimum funding goal rather quickly. A town location has long been on our wish list, so when this opportunity arose, we had to go for it."

Building a radio studio with a 28-foot wall of windows fronting the main artery through the island is no small challenge. Voice of Vashon hired a Seattle acoustic engineer to design a plan that would not only isolate the studio from the sound of the exercise classes happening on the other side of the studio's back wall, but shut out the most of the noise from Vashon Highway as well.

"A tiny bit of noise bleeding through from the street could add a fun layer of 'local' to our broadcasts," said Hoyt, "but we want the studio to sound as tight and professional as possible because we believe that we're creating some high quality programming right now that provides an attractive alternative to much of what passes for radio these days."

Construction is going on now along Vashon Highway in the space that sits between Zombiez and the new ice cream shop. Acoustic materials and radio equipment will be installed once refurbishment of the space is completed later this fall.

Jeff Hoyt is a writer and home studio-based voice artist on the island and has been volunteering with Voice of Vashon since shortly after its inception. He's currently the volunteer Program Director for KVSH-FM.

The Road to Resilience Miscellaneous

I still haven't gotten any conservative takers for a mutually respectful, ongoing discussion of common ground for political action. In my previous column, I mentioned that I was sick and tired of the mutual demonizing by liberals and conservatives, when, in the end, we all have basically the same human wants and needs. I am running up against a personal deadline (surgery) that will put me out of action for a couple months, so I am expecting, unless someone else wants to take the initiative to get something started, that I will put this off until sometime next year. I will then try to figure out some other way to coax out more participants from across the political spectrum.

In reaching out to the ultra-conservative Liberty University, Bernie Sanders exhibited the kind of action we need to take to heal the political divide. There will be a workshop for Bernie Sanders supporters on the Washington State caucus system, facilitated by Mario Brown from the Washington Democratic Party, on Saturday, Nov. 7, 2-4 pm at the Land Trust Building. Bernie can't transform our political system without our help. So our local precinct caucuses,

By Terry Sullivan,

on March 26th of next year, is our time to act. If you are unfamiliar with the caucus system, come to this workshop to learn how it works. Backers of all candidates are welcome to participate.

Zero Waste Vashon has announced that as of Oct. 5 the County has begun collecting separated organic kitchen and yard waste at the transfer station. It is to your advantage to participate in this program because your dump fees on these materials will be almost half what you pay for the rest of your load. There will be a separate designated area to place these materials. I'm not sure what their procedure is if you are carrying regular waste along with your organic materials, so be sure to separate them as you load up your vehicle. The purpose to this study is twofold. The county wants to find out how a more vigorous composting program affects their overall costs, and they want to find out if enough waste is generated on Vashon to warrant the building of an anaerobic digester on Vashon. You may remember that the initial goal of Zero Waste Vashon was to build a digester on Vashon to turn

Continued on Page 9



KVSH
101.9 FM



Voice
of Vashon

Listen
At Home
In Your Car
At Work
Worldwide

Schedule & VoV App at VoiceOfVashon.org

Thanksgiving Basket Brigade



Help us bring a bountiful Thanksgiving meal to Island Families in need.


Drop off donations at our office between Nov. 14-22 or donate on Nov. 22nd at Thriftway (10am-4pm)

Canned goods, Veggies, Gravy, Fruit, Rolls, whipped cream, pie, children's treats or cash donations are all appreciated.



Windermere
Windermere Real Estate/Vashon Island, Inc.

17233 Vashon Hwy SW, Vashon, WA 98070 (206) 463-9148



Island Security Self Storage

Full line of moving supplies

Next to the Post Office
10015 SW 178th St.
(206) 463-0555

- Radiant Heated Floor · On-Site Office · Rental Truck
- Climate Control Units · Classic Car Showroom
- Video Monitoring · RV & Boat Storage



Sunday - Thursday
Bistro & Sushi service
11:30am to 9pm
Lounge is Open
11:30am to midnight

Friday & Saturday
Bistro & Sushi service
11:30am to 10pm
Lounge is Open
11:30am to 2am

17618 Vashon Hwy SW
206.463.5959
www.redbicyclebistro.com

Live Entertainment

Friday, October 31, 8:30pm
Bill Brown & The Kingbees
Halloween Show

Friday, November 6, 8:30pm
The Garth Reeves Band

Friday, November 13, 8:30pm
The Allison Shirk Band

Friday, November 20, 8:30pm
Delilah Pearl & The Mantarays



Lions, Tigers and Last Minute Costume supplies..... OH MY!

Halloween Costumes Decorations

Get them while you can

Granny's Attic Donation Dock is open on the South side of the Vashon Plaza.

Granny's is at Vashon Plaza!
17639 100th Ave SW, Vashon
www.grannysattic.org 206-463-3161

Retail Hours:
Tues/Thurs/Sat 10-5



Donations Hours:
7 days a Week!
9am-5pm

2016 LEVY & BOND MEASURE

ASK QUESTIONS | GET ANSWERS | GIVE INPUT

The Vashon Island School District invites the community to attend one last open forum regarding planning for classroom, athletic facility, and service building improvement options:

Nov 5


7:00-9:00pm

PRESENTATION AND Q & A
VHS Commons

- See illustrated plans for facility improvement options.
- See plans for scheduled replacement and renovation.
- Engage with School Board Members and Planning Team.
- Learn how the Levy & Bond measures affect your tax bill.

Can't make a meeting? The school board wants to hear from you.
Send an email to: vashonschoolboard@vashonsd.org

Visit vashonsd.org for more on the proposed Bond & Levy options.



VASHON ISLAND

SCHOOL DISTRICT

Equipping every student to engage, thrive, and contribute in an ever-changing world.

ISLAND ESCROW SERVICE



Dayna Muller
Escrow Officer

Patrick Cunningham
Designated Escrow Officer

206-463-3137
www.islandescrow.net

Serving Washington State since 1979
Notary
Insured, licensed and bonded
Discount to repeat clients

Want To Get Rid of That Junk Car or Truck?

More Often Than Not We Can Haul It Free!

Rick's

Diagnostic & Repair Service Inc.
206-463-9277
Washington Hulk Hauler's - License #0463-A
www.ricksdiagnostic.com

Find the Loop on-line at
www.vashonloop.com

Find us on Skype
Vashon Loop
206-925-3837

Now Playing The Martian



Coming soon

The Bolshoi Ballet: Giselle
Sunday November 1 at 1pm

Grandma
November 2-5

Hamlet
November 8 at 1pm



Starts November 6

Vashon Theatre

17723 Vashon Hwy
206-463-3232
Call for Times

For show times and info check
www.vashontheatre.com

VISIT US IN THE HISTORIC 100-YEAR-OLD ROASTERIE BUILDING WE CALL HOME



ALL ORGANIC PASTRIES, BREAKFAST & LUNCH FARE.
ESPRESSO & TEA BAR
COFFEE ROASTED DAILY

OVER 350 BULK HERBS, SPICES & TEA.

VASHON HIGHWAY & CEMETERY ROAD · (206) 463-9800 · WWW.TVICR.COM

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Treasure Maps Show

VALISE Gallery urges all islanders to stop by before the October TREASURE MAPS show closes on Halloween and get your copy of the Real VALISE Treasure Map that may lead you to ten historic silver dollars worth approximately \$300. There are only a handful of copies left, and in order to find the treasure, you have to have a copy of the map from VALISE. Grab your friends and make it a group effort!! What could be more fun than solving a treasure map puzzle with your friends? Copies of the map are only \$40. Get yours before they are all gone. The treasure hunt starts November 5. Valise is open Saturdays from 11-4.

VCC Caregiver Support Group

Vashon Community Care will host a Family Caregiver Support group open to all family caregivers in the community. It will take place the first Thursday of each month from 7-9 pm. Contact cara.aguilera@providence.org/ 567-6152 with questions.

Water District 19 Meeting

Water District 19's next regular Board Meeting scheduled for Tuesday, November, 10 at 4:00 PM, 17630 100th Ave SW, in the district's board room.

The Vashon Loop

Contributors: Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Steve Amos, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.

Original art, comics, cartoons: DeeBee, Ed Frohning, Rick Tuel, Jeff Hawley

Ad sales and design: Steven Allen
Phone 206-925-3837
Email: ads@vashonloop.com

Editor: Steven Allen
Email: editor@vashonloop.com
Publisher: Steven Allen
PO Box 1538, Vashon, WA 98070
Phone 206-925-3837

Published every other week
by Sallen Group
©October 29, 2015 Vol. XII, #22

Loop Disclaimer
Paid advertisements in The Vashon Loop in no way express the opinions of the publisher, editor, or staff. Likewise articles submitted to the Loop in no way express the opinions of the publisher, editor, staff or advertisers. We reserve the right to edit or not even print stuff.

The Week at VIA

WONTU - Women of Now Time United.....We will explore the empowerment of your Sacred Feminine through experiential growth, archetype exploration, sacred masks and shields, the Goddess Chair, drum journeys, dressing to validate your Inner Goddess, field trips to sacred places on Vashon....a safe and welcoming gathering to facilitate "becoming"
Host: Lorna Cunningham, Day: Sunday, Date: November 1
Time: 1pm - 4pm, Cost: \$10 Donation

CRYSTAL BOWL CEREMONY - To provide a space for the bowls to be heard, played, used more frequently and by more ..
To explore the 432 frequency /scale, experiencing more of the harmonics of playing the bowls by blending specific vibrations/frequencies
To offer the playing of the bowls in community as a vehicle for our personal,community and planetary.... prayers, intentions, and healing.
The sounds of the crystal bowls are powerful, penetrating, and reverberating.....touching, activating, amplifying, balancing, and soothing, all at the same time. Carol Hiltner will be joining us with her presence and a set of 12 bowls .
Host: Jacqui Lown, Day: Sundays (Every 2nd)
Time: 11:00am - 12:30pm, Cost: Donations Gratefully Accepted
For More Information: Call Jacqui Lown @ 206-715-8074

MEDICINE WHEEL - Where are you on your walk around the Medicine Wheel? Learn how to use the Medicine Wheel for healing, meditation, answering questions and other applications. We will be honoring the 4 directions, the moon of the month, do a Shamanic drum journey, and Interaction with Spirit.
Hosts: Dianna Ammon, Susan Pitiger & Lorna Cunningham , Day: Sunday (Every Third)
Time: 10:00am-12:00pm, Cost: Donations Gratefully Accepted

REIKI JAM - Join us for this fun Energy Healing event! Reiki is a Japanese form of hands on healing. We add in the crystal bowls, rattles, toning, drumming, chanting at times to get the energy flowing. Bring your intuition and intentions.
All who participate receive healing time.
No experience is needed only the intent to heal and/or be healed. Host: Dianna Ammon, Day: Every Third Sunday
Time: 4-6pm, Cost: Donations Gratefully Accepted!

Law Offices of
Jon W. Knudson
Parker Plaza * P.O. Box 229
Bankruptcy -- Family Law
463-6711



It's still a great time to plant!

- ➔ **Bulbs:** tulips, daffodils, crocus, hyacinth, narcissus, crocus & allium
- ➔ **Onion and garlic bulbs**
- ➔ **Cover crops:** over 10 varieties to choose from

Our Amaryllis have arrived! Reds, pinks, striped, orange and more...

The Country Store & Farm
20211 Vashon Hwy SW • 206-463-3655
Open 7 days a week: Mon-Sat 9 to 5:30 - Sun 10-4:30
www.countrystoreandfarm.com

Follow us on Facebook: 

Cooking Class Focuses on Holiday Gifts

Join us for a festive morning of learning how to make gifts from your own pantry! Former executive chef Ceil Church will lead you through ten different delicious, holiday recipes that will be sure to spread holiday cheer -- four of the recipes are original. "Making gifts from your pantry is such a heartfelt way of giving during the holidays," says Ceil. "It's an economical way to give, express gratitude to the people you care about, and spread the joy."

The Saturday morning class includes door prizes and opportunities to taste the treats. All proceeds from this event benefit the Vashon Middle School After-School Program.

Culinary teacher Ceil Church spent over 40 years in the restaurant and events industries and is now retired. She hopes this will be the first in a series of fun community cooking classes that will benefit our youth and make bellies happy everywhere.

Register early -- space is limited. Cost is \$25 plus \$2.37 online processing fee. Tickets will also be available during coffee hour after worship on Sundays.

Learn to make: Pumpkin Cake in a Jar, Spicy Candied Nuts and Seeds, Pesto, Peppermint Bark, Cranberry Chutney, Herb Rubs, Vanilla Sugar, Nutella, Mini Sweet Cornbread Muffins with Seeds and Dried Apricots with Honey Butter, English Chocolate Crisps.

WHEN: Saturday, November 14, 10 am to 1 pm
WHERE: Church Kitchen
WHO: Ceil Church, Lillian Thorsen, Mary Protzeller (organizers) and YOU!
REGISTER ONLINE: www.vashonmethodist.org

Halloween Trick or Treat Night

The 2015 Halloween Trick or Treat Night is Saturday October 31st from 5:00 pm to 7:00 pm!

TRICK OR TREAT! Young and Young At Heart wear your costumes and come up town to enjoy Halloween Trick or Treat at your favorite Vashon haunts. Island Merchants will decorating their storefronts and giving out treats.

COSTUME CONTEST! by VASHON ISLAND FIRE AND RESCUE EXPLORERS. Enter the contest at VIFRE tent at the NE Corner of Vashon Highway and Bank Road, from 5:00 PM to 7:00 PM.

COSTUME PHOTOS! There are plenty of opportunities to for costume photos by talented photographers: Terry Behal will be set up next to the VIFR Explorers tent taking pictures and Rebecca Douglas will be taking pictures at Café Luna from 5:00 pm to 7:00 pm.

ROAD CLOSURES! For the safety of all, roads in the heart of downtown will be closed between SW Cove Road and SW 178th Street (Vashon Theatre) from 4:30 pm to 7:30 pm. Bank Road will be closed from 100th to 97th. Detours will be in place to go around the festivities.

Trick or Treat Night Brought to You by The Vashon Island Merchants and the Vashon Maury Island Chamber of Commerce

Alzheimer's Association Offers Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer's Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Monday of the month, 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.



Barber & Beauty Shoppe
(206) 463-7212
Family Hair Care ~ Sensible Prices
Colors, Perms, Hair Cuts

Parker Plaza 17232 Vashon Highway



VASHON PRINT & DESIGN
Faxing • Internet • Printing • Web Design
Photocopying • Graphic Design

17627 Vashon Hwy SW • Vashon Island • WA • 98070
Phone: 206.463.6100 • Fax: 206.463.6137 • vpd@vashonprint.com

Song In My Belly

By Mary G.L Shackelford

I am grateful to Vashon Bookshop for hosting a book launch and reading on Thursday, Nov. 12, 6 PM for me to share Song In My Belly, my new book. This follows Through A Hollow Reed (2003) and Space Between My Bones (2010) as my latest hand-bound collection of poems.

Song In My Belly comprises work collected since 2010 and is by far the most ambitious of my books. It includes beautiful color photos by Candy Gamble. Completed by hand in the old practice of bookbinding, Song In My Belly is a limited edition of 150; the first 50 are signed.

One of the most wonderful aspects of bringing out this book is the collective endeavor that has brought friends together to help me. Shirley Ferris and Ann Spiers assisted me with preparation of the manuscript, much of which was originally born in Contemplative Dance Practice with Joan Hanna, Karen Nelson and others at Hanna Barn.

As with all my books, this one is finished by hand after the text and photographs were printed by Sy Novak on her laser press. Robin Gage, Anne Lohr, Shirley Ferris, Natalia Perez, Margot Burke and others helped me. First we completed the tearing and folding of large sheets of paper for covers and endpapers. Then Rayna Holtz and I printed the covers on the 1899 Chandler & Price letterpress that has printed so many Island books through our collective, Laughing Dog Press.



Left to right: Shirley Ferris, Mary Shackelford and Robin Gage work together in Mary's shop as they assemble her new book, Song In My Belly. Vashon Bookshop hosts a book launch and reading on Thursday, Nov. 12, 6 PM. (Jim Burke photo)

The process of assembling the guts of the book began with inserting the color pages and folding the four signatures. And then, we spent many hours together renewing and deepening our friendships as we completed the sewing of signatures and endpapers, prepared the covers and assembled the books. Slowly the pile of completed books has grown until we are now ready for this launch. What a gift!

The poems are personal, grounded in nature, and represent my growth as a poet and spiritual explorer. They spring from a time in my life when my focus centered on coming home to the song in my belly.

Old Crooked Neck



By Seán C. Malone

We had three dogs, one of them called Boots, because her ankles were brown and the rest of her body was mottled white and brown. Calling her Boots seemed appropriate. She was a springer spaniel while the other two dogs were both black Labradors, Pan and Mike. All three were excellent hunting dogs. I liked Pan the best because she was mine and I was going to make some money off her pups. It was my job to run and train the dogs, one of the few chores I had that I didn't really mind.

Hiding the dummy was really easy. I would drag it through the grass so they could find the scent. The dummy was a canvas stuffed tube about 12 inches long with a rope loop at either end for good throwing. I think it had some pheasant feathers stuck in it to provide the scent, but I can't really remember. At the end of his first hunting season, Mike was starting to get a little hard-mouthed, by that I mean that he would maul the birds, making them un-edible; so I buried some sharp tacks in his dummy so that he would carry it more carefully. It didn't take too many throws for Mike to learn not to clamp down.

The dummy had a second use and that was holding the lid of the trunk up so the dogs could breathe. People would laugh to see three dogs piling out of the trunk of Dad's super 88 Oldsmobile.

Being hunting dogs, they were kept in a pen with walls 8 feet high, made of sheep wire. Mike was a big dog who would climb out of anything that was lower. At 90 pounds, he was a sight to see crawling up the sheep wire and then someone would yell from the house: "Mike, Get Down" and he would. I had to stretch barbed wire around the top of the kennel to stop his climbing. Then the

dogs took to digging under the wire. I took two inch planks and dug a ditch, nailing the sheep wire to the boards and buried them under the fence so the dogs couldn't dig out.

They could howl like banshees and keep us up for half the night. They loved to harmonize with the farm dogs down the road. Any siren would drive them nuts. Maybe the sound of the siren hurt their ears. So Dad had me string a line from my bedroom window on the second floor to the dog pen. On the other end were hung empty cans on strings. The command to stop barking was: "Stop that noise". Or, call the name of the offending dog or dogs and shake the cans on the rope from my bedroom window. It usually got results and I could return safely to my pillow. So, going on a hunt was a way to get out of jail and the dogs would get very excited and jump around in circles, eager to be out and working.

Boots was a great hunting dog who could run down a pheasant and flush it; making it fly into the air, so I could get a shot. Sluicing or shooting a bird on the ground was poor sportsmanship and not allowed. Boots would zig-zag back and forth at full tilt, with her nose to the scent the pheasant had left behind. The Labradors were different hunters in the sense that they ranged back and forth crossing the scent that Boots was on. The labs would wind scent rather than follow the tracks on the ground. Pan and Mike could cover a wider part of the field than Boots could. The labs were faster than Boots because she was older than both of them.

On that particular day, Dad and I were after "old crooked neck", the pheasant with the broken neck that nobody could shoot. Somehow he had circled around behind the dogs and they had lost his scent. On the way back to our house, the dogs picked up the scent again and were on his trail when he jumped wild; too far out to shoot, out of range. Other people had been trying to get him for years and the Sportsmen's Club put up a prize for "old crooked neck".

Mom eventually shot "old crooked neck", but when he died, his neck went straight and nobody at the Sportsmen's Club would believe that Mom had shot him; so she rammed a coat hanger down his throat and bent it, so the guys at the club would know that it was "old crooked neck".

VAA Family Series Caspar Babypants

Get ready to twist and shout with Caspar Babypants! Playing Fab Four covers off his brand new album BEATLES BABY! (along with lots of old favorites), '90s alt-rock icon Chris Ballew is back for another fun, high-energy performance full of singing, dancing, jumping and fun you don't want to miss. Come and sing along to fun renditions of "Hey Jude," "Honey Pie," "For You Blue" and a whole lot more. Halloween costumes encouraged! Saturday, October 31, 2015, 10:30 am at Vashon Allied Arts

Book-It Theatre Presents
THE SECRET GARDEN
Saturday, November 14, 10:30 am
Vashon Allied Arts

Mary Lennox goes to live with her mysterious uncle in Yorkshire, England. She is not pleased with her new situation until she discovers the key to an unkept garden, and begins to revive it with the help of a local boy named Dickon. Aided by Dickon and the discovery of the key, Mary's stubborn nature begins to thaw with hope, warmth, and love. Join us for a theatrical adventure!

LELAVISION
Saturday, January 23, 10:30 am
Vashon Allied Arts

Lelavision mettles with mental and physical phenomena as they perform theatrical experiments in sound and movement utilizing metal and other materials. Metallic bones, boingy loops, giant wheels, stretchy bands, and long strings are the elements for innovative and surprising cause-and-effect relationships. Lelavision makes educated guesses on causality when they



turn the theater into their laboratory.

ZAMBINI BROTHERS
The Tasty Tale of Brave Sir Bump
Saturday, February 20, 10:30 am
Vashon Allied Arts

This puppet show tells the funny adventures of how a most unlikely hero saves the kingdom from a terrible fate. When the knights of Castle Thump fail to subdue a most dreadful, yet comical, dog-like dragon, it is round little Benjamin Bump who suddenly discovers how to tame the savage beast. Enjoy fun hand puppets, much silliness and a surprise ending to warm every pet-lover's heart.



Island Life Only an Expert

Peter Ray
pgray@vashonloop.com

“Now, only an expert can deal with a problem. Because half of the problem is seeing the problem. And only an expert can deal with a problem...”
Laurie Anderson

Once again, we here at Island Life, Ink find ourselves head-banging up against the deadline with nary an idea to sit and scribble about. In truth, we have found ourselves distracted by the ongoing transcontinental battles over the Ray family fortune and having to wade through the various interrogatories and petitions and accountings and continuances that otherwise one would not have had to have been dealing with if laws had worked, trusts and wills had been adhered to, and a sibling had not emerged as a sociopathic, pecuniary omnivore. I guess that’s how life goes sometimes.

But never fear. I just opened the other Island newspaper and found that, at least according to them and the state Department of Ecology, all is well (no pun intended) with the water up at VES fields because they are monitoring things and “water quantity is not an issue.” At least that’s the reassuring message from the first couple of paragraphs in the article. If one skims over to the fifth column and the discussion of water recharge quantity in acre feet, it seems to be stated quite clearly that: “that translates to the park district using twice the amount of water that typically falls as rain within its boundaries, but it draws from rain in nearby areas as well.” For some reason it seems appropriate that a collection of athletic fields that cost more than twice their original budget to build are also taking twice the water available to that area. Why we should expect that that rate of water usage might be able to continue is anybody’s guess, and it seems that guess we will. Oh yes, and monitor we must.

Before we go any further, it should be pointed out that what we are hearing here is the old status quo argument- that everything is fine until it isn’t. In fact I find no solace or, indeed, solution in the last two lines from water expert and state hydrologist Doug Wood who is quoted in the article as saying: “It’s best to be prepared for the worst. We can prevent problems if it does occur.” Grammar

aside, preventing problems generally starts with preventing problems, not to be redundant or anything. As one of the two park commissioner candidates mentioned in the article who “have expressed concern about the amount of water the VES Fields require...”, I would say that all of the commissioners should both be concerned about this over usage of an Island resource, and should work to seek a solution before the worst of problems do occur. As it was, I had a conversation with a friend and retired Seattle Parks arborist right before the candidates forum about this very issue. We concurred that, rather than continuing to maintain the sand and fast drainage up there, a program should be instituted now to start working that field back to a higher degree of water-holding organic matter. As it is, sand based fields have a life span of around ten or so years before they need a total rehabilitation at the cost of a couple hundred thousand dollars. Adding organics to the fields now would both help to wean the fields off of their water guzzling ways and avoid a costly rebuild on something that already cost too much.

To hear another quote from the article- “The fields are located in one of the few watersheds on the Island where new permits are still allowed” - has echoes of the recent Shell Oil arctic exploratory missions and the concept of drilling there because we can and we supposedly need to. What all of this is also bringing to mind is an on Island recreation of sorts of Mike Judge’s film “Idiocracy”. In that film, set some 500 years in the future when human intelligence has been bred down to the level of moron, all fluids from drinking fountains and kitchen sinks are a Gatoraid-like substance known as Brawndo- the thirst mutilator. When the main character, who has been awakened from a hyper-extended sleep experiment, asks for water to drink, one of the future idiots asks him, “you mean like out the toilet?” In this VES article we read that “for irrigation at VES Fields, the park district draws all of its water from a well, relying on Heights Water for use only in the restroom at the site.” With drinking water going to the toilets, and a proposal to use treated gray water for backup irrigation there if all else fails, one might find some humor in the sick irony of it all, if it weren’t so totally not funny. On the other hand, perhaps we are half way to a solution in just seeing the problem, as Ms. Anderson had suggested back at the beginning of this. But to “prevent a problem if it does occur” is not just a contradiction, it is too late.



Seal Pup Primer

By Orca Annie Stateler, VHP Coordinator

Our cherished orcas, both Residents and Transients, are certainly newsworthy of late. With six babies and an extraordinary journey up to Springer’s homeland, or Northern Resident traditional territory, the Southern Residents have generated a plethora of news. I will start locally, however, with a remarkable Transient encounter.

One Transient group that has made frequent forays this year into lower Puget Sound kept eluding us until the other day. The T101s have a penchant for showing up near Chez VHP when we are off Island or just running errands in town. When I finally laid eyes on them -- zig-zagging from shore to shore, taking long dives, and traveling minutes apart -- I fully grasped how they can slink around in here like ghosts.

Pinniped panic alerted us to the imminent approach of seal-munching orcas. Two nervous Steller’s sea lions, swimming in tandem, and more than a dozen terrified Harbor seals, porpoising high out of the water, fled far away from the formidable fins. The number of seals in our neighborhood constantly astounds us.

Three looming male dorsals, graduated in size according to age, dwarfed the unassuming dorsal fin of the matriarch, T101, about 42 years old. Her sons T101A and T101B were born in 1993 and 1997, respectively. The impressively large male in this group is T102, born 1984. I suspect he is T101’s brother or possibly a son, since T101 might have been born



had whipped around Vashon and Blake Islands, through Rich Passage into Sinclair Inlet near Bremerton. Before returning home, he watched in amazement as they breached and socialized upon entering Dyes Inlet. Evidently, this shallow inlet is a preferred seal café for some of our Transient families.

If not for Mark’s dedication and ID photos, pertinent data on this Transient encounter would be lacking. At Loop deadline, I await a photo disk from Mark that will show me who accompanied the T101s into Dyes Inlet -- at least five other Transients. Sighting reports from several Islanders -- Carl, Bob, Kelly and Pat -- were particularly helpful. We are grateful.

Consider this an elaboration on my standard closing reminder: Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 206-463-9041. We monitor this line 24/7 -- call at 3:00 AM if you hear blows! Mark launches his boat from West Seattle, so timely reports from all Vashon ferry routes are extremely useful. Surely, one or two Islanders could call us when whales grace the commute. Leave a call back number in case we need more details. Accuracy online is a problem, so we do not rely on social media. Do not assume we will find stuff posted there by chance.

When reporting a sighting, be specific: date, time, location, travel direction, species description, number of animals, and behavior observed. We can guide you if you need help with reporting. Phone reports tend to be more accurate, but if email is the only way we can coax you to report to the VHP, send sightings and photos to Vashonorcas@aol.com. Your photos of marine mammals are valuable for ID purposes.

Since I do not have Mark’s Transient pictures yet, this week’s blissful photo is of the latest Southern Resident mother, Princess Angeline (J17), born 1977, with Baby J53. Princess Angeline is one of our favorite, older J Pod gals. Drone footage from summer killer whale research by NOAA Fisheries and the Vancouver Aquarium showed J17’s belly bump. When first spotted on October 24, days-old cutie J53 still had fetal folds. More perspective on the orca babies next time.



Next Edition of *The Loop* Comes out Thursday November 12

Deadline for the next
edition of *The Loop* is
Friday, November 6

Find *the Loop* on-line at
www.vashonloop.com



Princess Angeline (J17) with new baby J53,
10/24/15. Dave Ellifrit/Center for Whale
Research photo.

before 1973. Age eleven is typically a bit young for an orca mom in our waters, but J Pod new mother Eclipse (J41), born 2005, had a baby, Nova (J51), in 2015.

Once again, we must give props to our friend and VHP associate, researcher Mark Sears. Mark is recovering from hand surgery he had a few weeks ago. Despite that impediment, he went out in his boat on October 25, in a rain squall, to gather data on the Transients. Other NOAA researchers were not available on that day to do vessel-based work.

By the time Mark found the wily killer whales late in the afternoon, they

Find *the Loop* on-line at
www.vashonloop.com.

Advertise in the Loop!

It’s a great time to get back in the Loop.
ads@vashonloop.com Or call (206) 925-3837

Spiritual Smart Aleck

The Immortality of Junk Mail

It's a good thing to work on improving yourself, in my opinion. If you are of the, "I want to be a better person" persuasion – and I like to believe most of us do think and feel that way – life will knock you around in ways from which you learn how to be and do better.

Of course you can also make conscious efforts to become a better person: you can meditate, pray, practice a spiritual discipline or rule of life, read books looking for tools you can use to live a better life, go to therapy to get a different point of view than the one you have, go to support groups, develop an "attitude of gratitude," talk and laugh with friends about life, hang around people you respect and look up to, express yourself through your art, and more things I can't think of right now.

You can ask for help. That's a new one on my list. All my life I tried to do it all myself, a trait that sometimes drove my husband up the wall, but now I am old enough and physically weak enough and mentally aware enough that when faced with a problem the third or fourth thing I think is, "I can ask for help." Usually the asking is rewarded with help.

Who knew?
When real change comes – and I don't mean a change in the person you are, because I believe you remain the same person throughout your life, brain injuries or other traumatic events aside - you feel it as an inward melting of old attitudes and beliefs, and you recognize new growth and new ways of being. That's how Jesus got me – I sort of melted into belief. Well, what do you want? There are no rational arguments to make you believe in Jesus. That's why it's called faith.

So, I was somewhat surprised by an inward melting as I was driving home on I-5 a few weeks ago.

Sick with a cold and heading for home as fast as I could, I realized that I have reached a new phase of feeling regarding my late husband Rick.

Rick is simply a part of me now and the initial pain caused by his passing is pretty much over. I'm not saying that I have no pain or sorrow. I will never stop feeling sad that Rick died. I will always miss him, every day, and wish



By Mary Tuel

we'd had more time together. I will always think of things I wish I'd done better, or times I wish I'd been kinder.

The other day I was listening to a recording of, "Ob-la-di, Ob-la-da," the Beatles song, and singing along and remembering all the times Rick and I sang that, and I felt deeply sad that we'll never sing it together again.

So it's still hard sometimes, but my heart is finally making peace with the reality of what is. Rick is gone. He is not resting, or pining for the fjords. He has passed on, he is no more, he has ceased to be. He has gone to meet his maker. He is an ex-human.

I think you get my drift. Even though his physical form is no longer with us, though, there are some forms of immortality.

Apparently people who send



Rick Tuel

out junk mail never update their mailing lists. That's why Rick still receives offers for cheaper car insurance, as well as offers for credit cards.

Recently he received a VFW mailing that said, "Time to renew your membership! Second notice!"

I crossed out his name and address, wrote "DECEASED" and "Return to Sender" on the envelope in big red letters, and stuck it in my mailbox and put the flag up.

My son JD happened to be with me that day. I told him what I was doing, and how when we die we still get junk mail.

Then an old memory awoke in my mind, and I said to JD, "Come to think of it, a few years ago I did pay for a lifetime membership in the VFW for Rick. So I suppose in a manner of speaking, it is time to renew."

Yep. Definitely into a new phase, and one that Rick would really enjoy.

A Community Conversation About Health and Responsibility: Vaccines and Beyond

Informed Consent: Why Fully-Vaccinated Citizens Need Vaccine Exemptions

by Karen Crisalli Winter and March Twisdale

When you go to the doctor, you may take the right to informed consent for granted. The doctor makes a recommendation, which usually includes information about the risks and benefits of that recommendation. You may choose to follow that recommendation, ask more questions or decide to do more research before making a decision. Perhaps you choose to seek a second opinion. In the end, you may refuse the doctor's recommendation. These are all your rights under informed consent.

Imagine, for a moment, going to a doctor for medical advice regarding a procedure. The doctor gives a recommendation which you listen to respectfully. Before you have a chance to make up your own mind, the doctor casually mentions, "Oh, by the way." "If you don't agree to my recommendation, you will be kicked out of school and/or fired from your job. This medical procedure is mandatory in the state of Washington. But as long as you're willing to give up education and employment, feel free to make your own decision."

Would you be okay with this? Even if you absolutely agreed with the doctor's medical opinion and planned to follow the recommendation, would you be comfortable being subjected to this kind of coercion?

History tells us repeatedly that patient involvement in their own health decisions is vital for safe and effective health care. When coercion becomes part of health care, people get hurt. Even if that coercion is well-intended.

Freedom of speech protects us all, but only if we defend it universally. For instance, we don't get to pick and choose whose speech is acceptable enough to be worth protecting. That freedom is protected for all of us. To protect your own rights, you must protect the rights of others, even if you strongly disagree with them. Even if you think they're dangerous idiots. Rights are rights.

The right of informed consent also protects us all. To retain this right, we must all defend it, in every area of healthcare. Allowing a profit-driven industry with known conflicts of interest to decide which areas of medicine and which patient groups deserve the benefits of informed consent is a naive and dangerous proposition.

In 2015, a very small handful of representatives in Olympia crafted & tried to pass HB 2009. This bill was designed to eliminate our right

to file a Philosophical/Personal Vaccine Exemption on behalf of our families and our children. It was designed to coerce parents into compliance by threatening their child's access to childcare and public/private education.

The corporate pharmaceutical companies are using powerful marketing techniques to undermine the right of informed consent. Their messages suggest that informed consent is a public health risk and that only mandates can save us all from the scourge of disease. This is fear-mongering. Such legislation will undermine public health while it increases corporate pharmaceutical corporate profit. Any medication or drug (as vaccines are classified according to the CDC) that can be made universally mandatory guarantees a universal consumer base for the manufacturer and a predictable profit. This is even more so if the manufacturer is protected from liability for any harm that drug may cause.

In 2015, corporate pharmaceutical lobbyists spent more than \$2 million on changing California vaccine laws.* Laws were passed that remove the right of informed consent for both children and adults. Vaccination is now required for all school children including homeschoolers who meet in a classroom environment. Children who are missing even one vaccine are only allowed to be educated in isolation at home or in independent study programs that involve no classroom contact. In addition, no adult in California may work in any form of childcare or preschool without proof of vaccination and this includes parent co-ops. If any money is exchanged to pay for a program, vaccines are required for both paid staff and volunteers. *Source: Sacramento Bee

It is important to note that

the California measles outbreak did not spread through schools. It happened because someone who was contagious with measles went to Disneyland where they still have a strict "no-refund, no exchange" policy for any reason...including active, contagious measles. Oddly, no legislation to mandate refund or exchange policies for businesses has been introduced into the CA legislature.

In 2015, we succeeded in defending our right to informed consent in Washington, but in 2016, we expect a much harder fight in Olympia. And so, we are preparing in advance!

Please join us the effort to protect informed consent. Here's how you can help:

1. Review some of the posts on this blog. Expand your viewpoint and information base. Our legislators need to hear some new information, not repetitions of the same tired themes.
2. Contact legislators in Olympia. When doing so, think strategically. In Olympia, there are those who are committed to their viewpoint and nothing you say will sway them. So, don't waste your time. Instead, reach out to those voting members of our legislature who may care a great deal but just don't know much or those who appear to be on the fence. Remember that they have the right to ask questions and there are many great viewpoints we can offer them.
3. Talk to both your legislators and your friends about the complexity of this issue and the importance of informed consent to them and their loved ones. No matter what the news and lobbyists tell you, coercion is bad medicine and poor public health policy.

"A Community Conversation About Health and Responsibility: Vaccines and Beyond" is an ongoing series written by two close friends with a passion for improving community cohesion and building respectful relationships in a diverse world. This article was co-created by Karen Crisalli Winter and March Twisdale.
BLOG: Vaccinesandbeyond.blogspot.com
Email: KarenandMarch@rocketmail.com

Get In The Loop
Send in your Art, Event, Meeting
Music or Show information
and get included in
The Vashon Loop.
Editor@vashonloop.com

Make a date with Vashon!
www.VashonCalendar.com
Vashon Library Events
Art & Music Events
Submit your Event on line at
www.vashoncalendar.com



AJ's
Espresso
Latte and Wisdom
To Go

Monday - Friday 5:30am - 3:00pm
Saturday 7:00am - 3:00pm
Sunday 8:00am - 2:00pm
17311 Vashon Hwy Sw

Cash & Checks Welcome



Aries (March 20-April 19)

There are two main aspects to this thing we call spiritual. One is the visible part, which involves bodies of ideas, teaching and learning those ideas in the world, the organizations people take part in to facilitate that, and more formal institutions and their various rules and laws. It's in this area of life that someone may strive to be a better person, to accumulate knowledge, to attain purity, and so on. Then there is the invisible dimension — the one that lurks and lingers behind everything, occasionally finding its way to the front of awareness. It's a parallel world, which can be visited through direct experiences: dreams, journeying, direct exploration of awareness, transcendent erotic experiences (such as through tantric practice), near-death experiences, and those vast moments of personal revelation that cannot be planned. It's easy to see why Carl Jung said that religion (the first group of concepts) interferes with religious experience (the second). For you now, the conceptual and pre-programmed level of spiritual life is about to be dissolved into the direct, authentic experience. This will take some time — the next year or two — though it's beginning now, as you read. Therefore emphasize your actual journey — what you feel, and who and what you experience. Put less into books and concepts and 'practice'. The rehearsal is over. You are now the instrument, the musician and the audience.

Taurus (April 19-May 20)

For any individual in possession of talent or desire to accomplish something, there is a phase of learning about how the quality of your work and the audience response are two different things. This could be said about any phase of life, though let's focus on the work you do: the thing you want to be known for, and what you feel is your true gift. One reason people hold back developing their talents (we all have them and in my experience, just about all people are aware of that fact) is out of fear of how they will be received. I would remind you that some of the very greatest artists and thinkers have received initial responses verging on insulting. To give one hilarious example (which I will come back to soon): the Wright brothers were busy flying an early model of their airplane around a field in their hometown of Dayton, Ohio, but the local newspaper refused to send a reporter. I could rattle off dozens of these tales from memory. The message of the story is that your work must proceed regardless of what you think people will think, what they actually think or whatever the heck else. This includes your friends, your 'friends', your family and so on. Ultimately you must resonate with your own creative core. Be true to your vision, come what may.

Gemini (May 20-June 21)

Beware of anything that someone claims is both a moral and a medical issue. Said another way, how you feel is not a matter of some external opinion, and neither is how you seek your wellbeing. Gradually you're breaking down your old, mostly inherited beliefs of right and wrong. An ethical person must be in command of their own understanding of their personal truth. You recognize that people do what they do, and you will do what you do. There's actual freedom in that, because when you recognize that you have a choice in any matter, you're more likely to exercise that choice honestly. So I could start this horoscope over by saying, beware of any situation where you seem not to have a choice, or where someone tries to convince you of that. Or: be aware of your options. If you seem to run out of them, ask yourself, what would I do if I didn't feel some authority was breathing down my back? What would I do in a world where judgment and grudges were not such an issue? Incidentally, if you're at some crossroads where the choice seems to be either relationship or career, you might start by asking yourself who set that up and why it is you would have to choose one over the other. There are potential reasons,

though it may not be true.

Cancer (June 21-July 22)

The feeling of risk is not the same thing as actual risk. The notion that 'this feels like I'm about to jump off of a cliff' is not the same thing as standing at the edge of a mountain precipice with the wind blowing and condors gliding around. Make sure you understand the difference, because where your creative (and sexual) process is taking you is in the direction of a personal boundary. You might say that's the place where you will decide to keep it real, or to choose some other alternative. Why would you do anything but be real? Well, you might feel out of practice. You might think it's scary, mistaking a personal edge for an actual thing you can fall off of. This zone I'm talking about is the place where you can make contact with your vitality. I know this seems to spook or freak out those who are easily frightened. Many people think there's such a thing as too real or too alive or too free or whatever. That simply must be their problem. You have reached a point in your development when nothing but actually being — and feeling — alive will suit you. This truth or necessity or bottom line (as you wish) resounds through all areas of your life, which are not really areas at all. Part of being alive is embracing how all of your existence is indeed your existence.

Leo (July 22-Aug. 23)

You must remember what you've learned and are still learning about how to handle your finances. First of all, I reckon you've gotten the message that the details matter. Second, it looks like you've figured out that the bigger scenario matters — and that these two things must align into a unified whole. However, there is deeper information in terms of understanding what your assets really are. Whenever you make or earn money, you are converting something into it. That might be your time, it might be your ideas, it might be your labor. Probably it's a mix of all three. In terms of really understanding your assets, I suggest you consider what blend you're currently using, and how you would like to change that in some way. Less time and labor requires having better ideas. Not caring so much about ideas means more effort over more time. The thing to remember is that you actually do have personal assets, a fact which may be asserting itself many ways at the moment. It would be wise of you to keep track of what you know about what you have to offer. Yet more significantly, it's in the experience of actually offering your gifts that you make them real. Be generous. Measure with a cup and not a spoon. Measure by the week rather than by the hour. Or perhaps don't measure at all.

Virgo (Aug. 23-Sep. 22)

You are learning how to get out of your own way. This is a lifelong theme for you, though recent developments have made this a necessity rather than some kind of luxury. Virgos are the experts at outsmarting themselves. That's the first of many seeming skills that you will get to dismantle on the way to accessing your true purpose and gift. Another is the thing about trying to convince yourself of something, such as whether it's true or false. You could more easily do an assessment, review the facts and make a decision based on what you actually observe. A third thing is the concept that you are less than anything or anyone. That's something that seems to prove itself, though that's why you really need to subject it to some scrutiny. Now, as for what is actually true — it's very likely that at your core, you live to be in service. That can work against you. It will, unless you choose consciously to make it work for you — which directly implies a kind of plus-plus symbiosis with your environment. Getting out of your own way is about seeing the relationships you have with others. Mostly it's about understanding that you exist both as an independent entity and also as one who is interdependent with

others around you. That is a fact of existence, and it's beyond reproach. Put it to good use.

Libra (Sep. 22-Oct. 23)

Venus returns to your sign in a week or so. This happens about once a year, though it's still a beautiful thing, coming right when you need it. It was only recently that Saturn (another planet that represents you) moved out of Scorpio, which signals a loosening up of your resources. If you have not noticed this, you can use the Venus principle to help get things moving. In a word, that's about attraction. But attraction doesn't mean standing around looking cute, seeing who offers you what. Libra and Venus in Libra are self-assertive. The image in the planets is about having the confidence to present yourself to the world in an open and accepting way. There's a serious confidence issue in our society right now, crippling many people. Our obsession with spectating is a direct expression of lacking the courage to dare. You now get some direct relief from any such shortage. You still must present yourself to the world, start the conversation and practice the art of mingling with the human race. It's just that you're likely to be feeling better about yourself, as if you've somehow found yourself after having lost track of who you are. Thing is, your current experience of finding is likely to bring a real discovery. Keep your sense of wonder right where you can feel it.

Scorpio (Oct. 23-Nov. 22)

After sending an email query to all the Scorpions in my database, I got an earful one weekend in late October, hearing what many have been through during the past two years of Saturn in your sign (that ended in mid-September). Saturn is usually experienced as lessons learned or struggled with. The purpose of Saturn is to convey the authority principle, inviting you to make your own decisions, rather than having the rules imposed on you from the outside. You're now in a delicate position of having to step up to this challenge. Look around and you'll see that it's clearly more than most people can handle, hence the extreme over-reliance on government, family and corporations. Saturn in Sagittarius presents similar, but subtler, challenges. Do you believe what you believe because you were told to, or did you actually determine that it was true? A rare aspect (Saturn square Neptune) describes some of your most cherished opinions being challenged. This in turn calls for a total reassessment of your reality. It's not enough to believe something because you always believed it, or because someone presented it as the only option. Where this really comes home is your self-worth. Your opinion of yourself must be balanced and realistic, and usually that means recognizing that much of what you were told simply was not true. When you get there, it's a profound and stunning revelation.

Sagittarius (Nov. 22-Dec. 22)

Saturn's journey through your sign will have many plots and themes, and each will feel like a distinct phase of your personal history. A new one is about to begin. The immediately prior phase involved accountability (that was Saturn square Nessus). That was the message about how it's easier to take responsibility than it is to blame. It's better to have a personal code than be subject to the laws of others. Now we have the first of three Saturn square Neptune events, which extend through 2016. This describes the challenge of certainty, which so often seems nonexistent. You may have heard the term 'moral relativism', a fancy name for the idea that we decide what is right for us. That's exactly what you must do, but the challenge is honoring the wider context in which you live. You can and must do what is right for yourself, though for that to work you need a fairly wide definition of self. What you will be exploring is the intersection between you and the connection you have with others, who to some degree are also part of your 'self'. That's not a fixed line. It's barely visible. It will change based on context. Remember, there are no absolutes; there are no proscribed definitions. You must apply these ideas with each decision you make, and learn something

The Vashon Loop, p. 7
from each experience.

Capricorn (Dec. 22-Jan. 20)

You might be wondering what you're pushing against, or what you're running into. It's something that's there but which you can neither see nor feel easily. Trying to describe it to others is akin to describing the logic of a dream, which doesn't even make sense to you when you try to consider it rationally. You must start this phase of your life being the only one who understands who you are or what you go through. Because so much is in motion, it would not be helpful to declare, "There, I get it!" Rather, I suggest seeking the kind of understanding that comes in layers. Remember, though, that we're in the territory of dream logic. That implies a unique point of view, and at other times a state of isolation. When you find people who actually understand something you say or feel, spend some time with them. When you encounter someone who cares enough to listen, pay attention and share in any way that feels appropriate. You have one special responsibility right now, and it may be difficult: to be absolutely honest with yourself, even when you're uncertain what the truth is. If all you know is that you don't know, that's a good place to start. Your other quest is doing something with fear. Running, hiding and avoidance have outlasted whatever use they had, which was not much to begin with.

Aquarius (Jan. 20-Feb. 19)

The Sun, and soon enough Mercury, will be in your 10th solar house of getting things done. Whether you use your solar chart (as I'm doing here) or your natal chart, it's helpful to follow the Sun's journey through the various seasons of your year. The 10th house is about visibility. It's about being seen but, moreover, making sure you're known for what you want to be known for. Reputations, properly established, take time to be built. The returns can seem minimal, even over long years. But you are starting to accrue some experience, and to make some progress on the issue of personal power and influence. Still, I suggest you seek to establish yourself with your good work rather than try to collect. The world is in an extremely confused state right now; the wars and violence seem never to stop, and we get very little in the way of pleasure that doesn't come with corporate sponsorship or a high-priced admission ticket. Therefore, keep your focus on what is right. Remind yourself that you've cleared out enough psychological baggage from your internal space to have a clue who you actually are. Not everyone has made this investment; most people have kept filling their attic while you were busy cleaning up yours. You are therefore in a distinct position of leadership. You can actually see, feel and breathe.

Pisces (Feb. 19-March 20)

You're in a period of achievement — though it may not feel like that, or at least not every day. Such a phase is different in that it's not so much about preparation as it is about the results of the work you've already done. Of course, you're always still learning, and this is essential to maintain as a daily yoga. Your current project is about working on the perfect hybrid of what you do and who you are. (I originally typed that as 'who you do and what you are', also accurate.) We see a lot of problems arise in the world when people try to split their character. By that I mean they have a reputation for one thing, and then conduct themselves in a way that entirely contradicts that. For you, Saturn square Neptune is about being one with yourself, which you will get to do on a moment-to-moment basis. The more you do 'out in the world', the more you will need to reconcile that with who you are, and who you are becoming. This is saying a lot, given that the end of the year is the busiest time for your professional activities. The underlying theme is about never losing touch with your humanity. But it works the other way too — the closer you stay to your core truth, the more you will achieve.

Read Eric Francis daily at
[www. PlanetWaves.net](http://www.PlanetWaves.net)

Positively Speaking

Sweater Weather

Waterfall cardigans are a wonderful invention of the fashion industry. With long billowy, front tails and a back that extends only to the waistline, they flatter every shape and size. The architecture of the design is such that it can be expressed in all weights of cloth from heavy to light. Again, wonderful. Fabulous.

Until...you have to do a bathroom dash. Then it's some kind of scene out of *Runaway Bride*, with one grabbing and snatching bit and pieces, wrestling with voluminous folds of fabric as fast as you can lest theywell TMI. Suffice it to say, the design that once flattered, now confounds.

V-necks and crew necks are another matter entirely. Trim and proper, they accent the blouse or shirt with pearls or sporty big necklaces or all on their own. With a round face bequeathed since birth, that never changed shape, V-necks have been my best friends since adolescence.

There is actually only one crew neck in my wardrobe. It's a navy acrylic blend I bought at JC Penney's when I was at college. Despite an increase in girth, it still fits and is worn during winter with a smile on my face. At the time, I was dealing with a wool allergy and my comfy blue sweater lay against my neck or skin with no irritation.

Novelty sweaters, on the other hand, are my delight. There are three of them laid away in storage waiting to be recreated by another knitter, having been worn til tattered and soiled beyond repair with designs that still make me feel like I'm wearing a work of art. From years of teaching preschool and working with children who loved the sparkly plastic chips supposed to represent rhinestones, or the sampling of possible knitting stitches in various patterns and colours, they remain favored creations. This may be the year I add to the collection by getting holiday novelty sweaters. Now that they have become "Party like it's 1999" (well, actually like it's 1984 with big hair, but...you catch the visual, right?) it would be acceptable to wear them and not look like I had put them on by accident, or had a broken down trailer in the woods somewhere with squirrel cooking on the stove.

When fall comes and my sweaters are put to the top of the pile for wearing, and store racks and mannequins are laden with new versions, the world just seems friendlier. Yes, that's it. Sweaters are like friends.

So yes, I do have friends that are with me calling me to higher ground but get a little rattled when I have a crisis. And I have friends that are just good solid, functional friends who are classics and cause no irritation and have been around for years. And I have friends who are the life of the party and remind me not to be so tightly wound as a result of challenges I face in short or long term situations.

Now you might think a friend that is no good in a crisis with me is not a real friend. Well, this being the last of Domestic Violence Awareness month (and Breast Cancer and Lost Child month, all of which have touched my life through my mother's lost battle with BC and four miscarriages I experienced) and I have become aware that it is time for me to go public big time with my experiences of being abused and how I healed, let me tell you that is not true. A friend who is unfamiliar with crisis can be a

By Deborah H. Anderson



help in that they point you to new, more peaceful territory. If they are unfamiliar with what it's like to be abused, they are a help in embracing 'not trauma'. Do not discard them.

A bad friend will encourage you to lie, to not tell yourself the truth. A bad friend will lay their stuff on top of you. This is particularly dangerous when they themselves have been abused and chosen not to stand up to it and get free. A bad friend will take you on as a pity project. Ick! Run away! Run away! A bad friend will use you to meet their desires without long term benefit to you.

A good friend will listen and help you think things through but not make the decisions for you. I was once, as I so often did previous to last year, making excuses for someone who was abusing me terribly.

My good, good friend said simply "That man has his s**t all over your boots." She didn't argue with me point by point. She didn't denigrate or discount any of my behaviors I was choosing. She simply stated a fact about him I was not seeing, did not have the capability at the time to see. That's a good friend. And there have been times I have spoken reflectively into her life as well.

A good friend will call you on your b*****t as well. Gently and with love. They will also point out your strengths that you are not seeing.

A good friend in not co dependent. They don't take offense against someone just because their friend has an issue. They remain a separate person. When the pity party is going full strength, they will know you well enough to know if it's best to hold the Kleenex box or say, "C'mon. Time for diversion." (movie, board game, walk, chocolate decadence).

A good friend knows you. Really knows you. Good friends will have differences of opinion and good friends will talk it out. Good friends understand the time and distance in which you sit at the current moment. Good friendships develop and mature.

Good friends never use each other. They compliment each other.

To all my good friends, thank you. I am very much enjoying getting healed from being abused. I'm still in process. Only a week ago, a good friend said, 'We're going to help you learn to not walk on eggshells all the time.' That's the final step, learning to blend being a nice, kind person with being assertive on a daily basis. It will be the next step after learning to say, "You can't do that to me". A more nuanced way to living I am looking forward to learning.

One last thing. My good friends are always trying to learn and grow and be better people, increase their hearts and minds towards adding good to the world. The best way to have a friend is to be one. Women who escape and heal, not just perpetuate the story in their lives, have good friends.

You know who you are. Thank you.

Love,
Deborah



Vashon Library November Events

Children & Families

Brick Builders
Monday, November 2, 9, 16, 23 and 30, 4pm. Ages 5 to 12 with adult. We've having a block party. Come build with us! All materials provided.

Family Story Times
Tuesday, November 3, 10, 17 and 24, 11:30am. Family program, all ages welcome with adult. Stories, songs and fun!

Family Movie Night
Thursday, November 12, 6pm
Family program, all ages welcome with adult. Bring the whole family to the library meeting room to watch a fun, child-appropriate movie.

Ponte el Ritmo (Put Your Rhythm On)
Tuesday, November 17, 4pm
Presented by Elspeth Elsit Savani and Jeff Bongo Busch. Family program, all ages welcome with adult. Join in the fun for this high-energy, hands-on, call-and-response singing and rhythm workshop for kids. Be sure to bring your clapping hands and dancing feet!

Teens

Life After High School
Back to Back Money Maze & Scholarship Market
Wednesday, November 18, 6pm
Presented by Doug Breithaupt, College Planning Network.
Come to one, or both, of these back-to-back workshops that will give the ins and outs of college finances. Get the benefit of College Planning Network's 22 years of experience, by learning about the tools to find and apply for need and merit-based college financial aid and scholarships.
Registration not required.

Adults

MAKE DIY Foodie Gifts
Sunday, November 1, 2pm
Presented by Amy Pennington.
Learn how to make delicious and lovely handmade food gifts this year, dazzling your friends and saving some time as you'll always be prepared. Sampling from several different

techniques fermentation, infusions, aged cocktails learn how to make large batches to use at home, for hostess gifts, or holiday gift giving. Unleash your creativity and strengthen your science and technology skills at the same time with MAKE, a series of STREAM-based programs.

Great Books Discussion Group
To Room Nineteen by Doris Lessing
Monday, November 2, 6:30pm

Talk Time
Tuesday, November 3, 10 and 17, 6:30pm. Practice speaking English with other English language learners, all levels welcome. Learn about your community and meet people from around the world. Classes are free, join anytime!

One-on-One Computer Help
Thursday, November 12, 6pm
Do you need extra help on the computer? A KCLS volunteer instructor can give you one-on-one assistance on a drop-in basis. Note: Volunteers cannot provide hardware assistance with your own personal computer.

Vashon Friends of the Library Meeting
Saturday, November 14, 10am
All are welcome!

Orca Lift/Food Stamps/Health Insurance Sign Up
Wednesday, November 18, 1:30pm
Presented by King County Public Health. ORCA Lift is a program that provides low income people with reduced fares on Metro buses, Sound Transit Link Light Rail and the Water Taxi. What you need to bring: Photo ID from any state or country AND income verification-can be Provider One Card, EBT Card, TANF award letter, SSI award letter, L&I statement of worker's comp or Social Security award letter.

Vashon Friends of the Library Ongoing Book
Donations of new and lightly read books are needed for the book sale shelf in the library. Please do not bring textbooks or encyclopedias. All proceeds fund library programs for children and teenagers as well as special speakers.

Advertise in the Loop!

ads@vashonloop.com or call (206) 925-3837

Next Loop comes out November 12

My Issues of Concern are:

- Better Financial Forecasting and Planning
- Disaster Preparedness
- Staffing Issues: (including volunteerism and possible changes to the Medic One program)

"As a Volunteer Assistant Chief and a 35-year veteran of Vashon Island Fire and Rescue, I support and recommend Brigitte Brown for Fire Commissioner for Vashon Island Fire & Rescue."
- Brett Kravtovich

ELECT

Brigitte Schran Brown, EMT, M.Ed
for Vashon Island Fire and Rescue (VIFR)
Fire Commissioner

I'm Brigitte Schran Brown and I would love your vote
for **Vashon Fire Commissioner!**

Printed on 100% recycled stock, please recycle.
For more information please visit: Facebook Page at facebook.com/brigitte.fcr.vashon.fcr

Island Epicure



By Marj Watkins

Pumpkin Heaven

Your Halloween pumpkin, if bought with future culinary uses in mind, can have a second life as Pumpkin Soup or Pumpkin Pie, or if there's just a bit of pumpkin pulp leftover, you might create a Pumpkin Smoothie. If your Jack O'Lantern is not made from the edible variety of pumpkin, just skip the next three paragraphs and go straight to the recipe below, using canned pumpkin.

The first step is to cook the pumpkin. It works to prick it well on all sides so it won't explode, creating a horrible mess, and cheating you out of the pumpkin treat you meant to make. The least labor intensive way is to bake it in your oven, either whole or halved, after removing the seeds and the stringy stuff around them.

Second step: When the insides of the pumpkin are tender, scoop them out with a tablespoon or ice cream scoop. Transfer to a blender or food processor. Add enough cider to create a smooth pumpkin puree.

Third step: Measure out 1 ¼ cups of pumpkin pulp for Pumpkin Chiffon Pie or 1 ½ cups for a Pumpkin Custard Pie. Pasteurize eggs to be sure they contain no salmonella. That's a bit tricky: You want them

heated to 149 degrees F, but not cooked.

Pumpkin Chiffon Pie
6 to 8 servings

9-inch baked pie shell
½ cup coconut sugar
1 envelope plain gelatin or
1 Tablespoon gelatin powder
½ teaspoon salt
1/2 teaspoon ground ginger
¼ teaspoon ground cloves
1 teaspoon ground
cinnamon
3 eggs, separated
¾ cup milk (dairy or
almond)
1 ¼ cups pumpkin pulp
1/3 cup coconut sugar

In a 6-cup saucepan, combine the ½ cup sugar, gelatin, salt, and spices. In a small bowl, mix egg yolks and milk. Stir into the sugar-gelatin-spice mixture in the saucepan. Cook on medium heat, stirring constantly until the mixture boils. Remove from heat. Chill until semi-solid.

Whip the egg whites until soft peaks form and bend over when you lift the beaters. Gradually add the 1/3 cup of sugar while beating the egg whites to a stiff peak stage. Fold the pumpkin mixture into the egg white. Pour into the pie shell. Chill until firm. Serve with whipped cream. Sprinkle with sugared ginger bits if desired.

Note: I always use coconut sugar because it's Glycemic Index number is only 35, compared to cane sugar's 100. Considering the vast, and increasing, number of Americans who are diabetic, pre-diabetic, or trying to keep their weight down, eating low on the G.I. and minimizing sugar intake is a good idea.

Road to Resilience

Continued from Page 1

our waste into rich compost and methane gas.

The last item I want to discuss is the Vashon-Maury Grange Hall. The hall was originally a North End community hall, supposedly built in the 1940's. At some point, it was given to the Grange for use by the whole island. Through the 1970's, the Grange had a large and active membership. At some point, new members failed to join and the existing membership continued to age. I think a large part of the falloff of membership had to do with the political positions taken by the National and State Grange. Originally a very progressive organization, the Grange arose from the big agrarian populist revolution in the 1890's. It was among the first organizations to endorse women's suffrage. Through the years, Grangers' values came to be more in line with big fertilizer, seed, and pesticide companies upon which farming in the US became more and more dependent. The new people that came to Vashon in the 70's and later were more interested in local organic farming and had little in common with the political stance of the Grange.

Although we still can't find any actual documentation, the story is that the hall and land would be sold to the Washington DOT to be used as additional parking space for the ferry when

the Grange on Vashon closes its doors. When I joined the Grange in the late 90's, I was mostly interested in keeping the Grange Hall as an asset to the community. The average age of the remaining Grange members at that time was about 85, and it was apparent to many of us that the Grange would not last much longer without new membership. As we expected, all of the active Grange members before we came have either died or become inactive. Of the group that joined in the 90's and later, only five of us remain actively trying to maintain the building and keeping it available to the community. We do this entirely with rental income and our own free labor; we get no help whatsoever from the Grange organization.

We are neither wealthy nor young, and have many other things to be concerned with. We have made some improvements and have kept some wolves at bay, but the facts are that the building is slowly deteriorating and needs some major, costly improvements. We would like to schedule a meeting in January for all of you that love the Grange Hall and would like to help us strategize how we can continue to have it as a community facility into the future.

Comments?
terry@vashonloop.com,
463 2812

Burlesco Notturmo Noir

Darkness.... the darkness of nighttime in France, or 99% pure cacao, or that classic genre, Film Noir...

Where good people are tempted, and decide to cross an invisible but palpable moral line... Where detectives like Philip Marlowe, Sam Spade, and even Guy Noir wrestle with the temptations of the world... Where those favorite of all ladies exist, those duplicitous, double-crossing, gorgeous, dangerous women, the femme fatales....

We invite you to visit the land of NOIR for one tantalizing, shadowy evening - Burlesco Notturmo NOIR.

Madame X, along with her trusted companion The Lawyer, will guide us through the darkness, shining a light on all that is good... and bad.

Burlesco Notturmo NOIR will be unveiled on November 7th, 2015. Doors open at 7pm; the show begins at 8pm.

A select number of VIP



Jesse Belle Jones

tables are available for groups of 4 or 8. The Burlesco VIP experience is truly sumptuous, including tantalizing food from La Biondo and lovely wine from The Hardware Store - plus reserved seats right up front to enjoy the show. And as the Burlesco performers come out to visit after the show, their first stop will be at the VIP tables, where they will be available for

photos and visiting.

VIP tables are \$200 for a group of 4, and \$400 for a group of 8, and only available online, through brownpapertickets.com.

General admission is \$25 in advance and \$30 at the door. Advance tickets are available at Vashon Bookshop and brownpapertickets.com.

The Wildest Fur Ball™ Ever!

Continued from Page 1

grateful for the generous support of our auction sponsors: Windermere Vashon, John L Scott, Palouse Winery, Fair Isle Animal Clinic, Cliff's Beer, Seattle Distilling Co., Island Home Center, Point B, Pandora's Box, Emma Amiad & Associates and The Lodges on Vashon.

Vashon Island Pet Protectors, affectionately known Island wide as "VIPP," was established in 1984. VIPP works each day to improve the quality of life for domestic pets on Vashon Island. Vashon Island Pet Protectors is a no-kill and non-profit 501c3 animal rescue organization run by compassionate and dedicated volunteers. Our primary objective is to make sure there are no homeless pets on the Island. Learn more at www.vipp.org.

Vashon Chamber Music presents Beethoven



Vashon Chamber Music presents the Beethoven String Quartet Project. The Girsky String Quartet performs all the Beethoven quartets in chronological order in a multi-year, lecture-recital project. The opening concert on Sunday October 11 features Beethoven Op. 18 no. 1 plus the delightful Mozart quartet K. 387.

All events are at the Havurah Building at 7:30pm.

Admission is \$20 at the door, with multiple discounts and 18 and under free.

www.vashonchambermusic.org

2001, A Space Odyssesy

Brought to you by GreenTech in support of The Bailey-Boushay House

An imposing black structure provides a connection between the past and the future in this enigmatic adaptation of a short story by revered sci-fi author Arthur C. Clarke. When Dr. Dave Bowman (Keir Dullea) and other astronauts are sent on a mysterious mission, their ship's computer

system, HAL, begins to display increasingly strange behavior, leading up to a tense showdown between man and machine that results in a mind-bending trek through space and time.

Release date: April 3, 1968 (USA)

Director: Stanley Kubrick

Film series: 2001: A Space Odyssey film series

Characters: HAL 9000, David

TRASH TALK

New transfer station pilot program accepts ALL food waste, even meat, dairy, fat & table scraps not suitable for home composting. Use bags identified as compostable – NOT biodegradable plastic. Consider freezing scraps or joining up with neighbors for a load. \$12 minimum charge for disposal.

www.zerowastevashon.org



Bowman, Heywood R. Floyd, More
Screenplay: Stanley Kubrick, Arthur C. Clarke

Join us at the Vashon Theatre in Support of The Bailey-Boushay House.

2001, A Space Odyssesy
The Vashon Theatre
Tuesday, November 10th, 6pm

Bill Brown & The Kingbees Halloween Show

Halloween Night at the Red Bike! Join Bill Brown & The Kingbees for a fun night of music. Costumes are encouraged, but not required! Let's see if Bill can play the Monster Mash on his harmonica!

Steve Minzel, 35 years behind the keyboard, has played all over the Pacific Northwest. Leslie Shelton, 40 years on bass guitar and a vocalist in the band who has written and recorded an album and back in the day toured with Bo Diddly and from 1990 to 2000 played with Bill Brown and the Kingbees. He currently performs about 40 weekends a year with his own group, The Tonze. Everybody loves his spirit, playing and vocals! Tony Handy not only has been playing with Bill for a decade, he also has his own jazz group, HD fusion. They play at Emerald Queen Casino, and many other big venues



in the Pacific Northwest. John Gaborit is often likened to Eric Clapton, in his finesse and style. He is known for mesmerizing crowds! He's been playing with Bill for two decades.

Bill Brown, lead vocals and harmonica. Folks love his spirit on stage and his ability to connect with them. He also has

a knack for attracting top notch players!

This is an all-ages free event until 11pm, then it will be 21+ after that.

Saturday, October 31, 8:30pm
Free Cover!
At the Red Bicycle,
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

The Garth Reeves Band

Garth Reeves has been playing professionally for over 18 years. After cutting his teeth in the halcyon days of the Olympia scene, Garth moved to Seattle to explore that cities burgeoning music explosion. A short of list of bands Garth has been in include: Dangermouse, Nubbin, Goodness, Blue Spark... and now as a solo artist and in collaboration with others, Garth is expanding on a catalog of solo work that mines the roots of American musical vernacular.

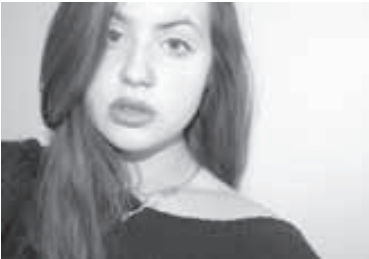
After returning to Seattle from a stint in Brooklyn, Garth and producer/keyboardist (and Vashon Island resident) Jason Staczek began recording the follow-up to Garth's first record Nothing But Time in several



Seattle studios. Collaborating notably with Ian Moore, Timo Ellis, Pete Droge and Garth's regular touring band The Unfaithful Servants (Jeff Fielder,

Andy Stoller, Mike Musburger), Garth and Jason are honing the song craft and production style of Nothing But Time, while continuing to mine that albums musical landscapes.

Garth's album Nothing But Time, released in 2005, was made using analog tape, an old Trident board, and a tight knit group of Vashon and Seattle musicians (Jason Staczek, Pete Droge, Rob Brill, Jeff Fielder, Andrew McKeag, Carrie Akre, Danny Newcomb, and Dan Tyack, and others). The result is a stunning and emotional record deeply rooted in tradition. Maijah



Our youth opener for Garth Reeves will be Maijah Sanson-Frey. Maijah is a fifteen-year-old singer-songwriter, performer, and lover of glitter. With influences such as the Beatles, Melanie Martinez, Kadebostany, Alt-J, and Adele, Maijah has always wanted to be a professional singer songwriter. You may have seen her in events such as the I Am Vashon Guitar Project, Original Works, or the Real Inspector Hound. These youth musicians will all be paid by Vashon Events as our way to help encourage more youth performances for our community to experience.

This is an all-ages free cover show 'til 11pm and 21+ after that.

Friday, Nov. 6, 8:30pm
At the Red Bicycle
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

The Allison Shirk Band



Allison Shirk is an alt-country singer-songwriter from Texas, now living near Seattle. She is the third cousin of Country Music Hall of Famer, Earnest Tubb. Her rich voice has just the right amount of grit and warmth and her melodious tunes support her poetic and often personal lyrics that give listeners a sense of her authenticity. Allison is quickly growing an enthusiastic fan base with her energetic performance, sense of humor, and humble journey to share her songs.

Allison will be performing with her full band, including Wesley Peterson on drums, Paul Colwell on mandolin, Kevin Almedia on bass guitar, Catherina Willard on backing vocals, Christopher Overstreet on piano and Lonesome Mike Nicols on harmonica!

Our Vashon Events sponsored youth opener for Allison Shirk will be Kate Atwell. Kate Atwell is 17 years old. Kate Atwell (3) She began taking guitar lessons from Daryl Redeker when she was 10 years old, and quickly fell in love with the sound of the instrument and singing along. It was not until freshman year

of high school that she began to perform in, and has played a lot since. Over the last three years, Kate has tried to take advantage of the many musical



resources on the island. Her style combines classic folk, with a little soul, and acoustic rock. These youth musicians will all be paid by Vashon Events as our way to help encourage more youth performances for our community to experience.

This will be an all-ages show 'til 11pm, then 21+ after that. Free cover!

Friday, November 13, 8:30pm
Free Cover!
At the Red Bicycle,
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

Sporty's
RESTAURANT & BAR
Where the Locals Go!!
Family run business for over 30 years
17611 Vashon HWY SW
206.463.0940

Live Music

Homestyle Breakfasts
and
Plate Size Pancakes
*Breakfast served till 5pm
Fri, Sat & Sun*

Sports on 5 HD TV's

Open 7 days a week 6 am til 2am

Halloween Party at Sporty's
Music with the Four Horsemen
Food Specials - Costume Contest
Halloween October 31

Advertise in the Loop!
It's a great time to get back in the Loop.
ads@vashonloop.com
Next Loop comes out November 12

PERRY'S VASHON
BURGERS
17804 Vashon Hwy SW

Open 10am to 10pm Monday-Saturday
12pm to 5pm Sunday

Celebrating 10 years Serving Vashon Island

Best Burger in Town!
For a Burger Emergency
463-4-911

Gluten Free Buns!

Vashon Maury Chamber Orchestra Glazunov, Finzi and Telemann

Vashon Maury Chamber Orchestra presents Glazunov, Finzi and Telemann Vashon Maury Chamber Orchestra opens its concert season on Friday, October 30 with Les Nations, a program evocative of far-flung times and places. The orchestra, led by Music Director and Concertmaster Karin Choo, will be joined by clarinetist Terri Cole for Finzi's Five Bagatelles, a colorful group of character pieces showcasing the clarinet's range and soul, and Glazunov's ethereal Rêverie Orientale. Cole is well known to Island audiences and performs extensively throughout the Puget Sound area, where she is equally at home performing classical music with ensembles such as Northwest Sinfonietta, Seattle Opera and Pacific Northwest Ballet, and performing world music, jazz and rock with groups such as March Fourth. Glazunov's Theme and Variations for Strings will also be featured on the program, for which the orchestra will be joined by members of the Island's high school string ensemble, I Solisti di Vashon. The program will conclude with its namesake, Telemann's romping orchestral suite, Les Nations.

Vashon Maury Chamber Orchestra



Glazunov, Finzi and Telemann
Friday, October 30, 7:30 pm
Vashon United Methodist Church
\$12 Member/Student, \$14 Senior,
\$16 General

Like a Bridge: A Tribute to the Songs of Simon & Garfunkel

By Stephen Jeong

The iconic and heartfelt songs of Simon & Garfunkel have touched generations and provided the soundtrack to our life's milestones. Starting in the 1960s, many of their songs, including "The Sound of Silence," "Bridge Over Troubled Water" and "The Boxer," became worldwide hits alongside artists such as Bob Dylan, The Rolling Stones and The Beatles. Their music became synonymous with anti-war and civil rights protests that characterized a new countercultural revolution, and their beautiful harmonies continue to inspire generations of musicians and artists.

A talented ensemble of Vashon Island musicians carries on this unique and nostalgic folk heritage, lovingly covering some of their greatest hits, such as "Mrs. Robinson," "Cecilia," "Scarborough Fair" and more. Unique about this concert—the ensemble will perform the following weekend at Town Hall Seattle. This will be the first time that a show produced by VAA will travel to a venue off-Island, and will metaphorically bridge the waters between Vashon and Seattle, showcasing our Island's wonderful musical talents. Participating musicians and vocalists include Kat Eggleston, Kim Thal, Steve Amsden, Rebekah Kuzma, Kate Atwell, Mary Tuel, Steve Meyer, Christine Goering, Christopher Overstreet and



Cade Roggenbuck.

Thank you to our sponsors, US Bank, The Lodges on Vashon and Hotel Sorrento.

Like a Bridge
A Tribute to the Songs of Simon & Garfunkel
Saturday, November 7, 7:30 pm
Vashon United Methodist Church
\$16 Member/Student, \$18 Senior, \$20 General
Saturday, November 14, 7:30 pm
Town Hall Seattle
\$20 General, \$15 Student; \$25 Door
Tickets: VAA, Heron's Nest, VashonAlliedArts.org

KVSH
101.9 FM
VoV
Voice of Vashon

Listen At Home In Your Car At Work Worldwide

Schedule & VoV App at VoiceOfVashon.org

Adopt A Cat Day!
Vashon Island Pet Protectors
Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday. Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085

PANDORA'S BOX
As it turns out, I can play better O-Line than the Seahawks and I will not have as many stupid, inexcusable penalties as Michael Bennett.
Put him in the dog house. If your dog is not too ashamed to wear Seahawks gear, we've got it!

Bo's Pick of the Week: Just wait until you see the cool new dog Christmas sweaters. They are AWESOME! Somewhat inappropriate, but awesome just the same.

(206) 463-3401
\$8 Nail trimming with no appointment
17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

Frame of Mind

Tues-Sat, 10-5
463-3933
9926 Bank Road (next to Cafe Luna)

Ready-made frames~ Prints~ Cards~ Mirrors~ Good ideas~ Custom
Custom framing~ Do-it-Yourself~ Posters~ Photo Albums~ Gifts~ Cards

Jazz Needs A Home...
I'm a purebred Pixie- Bob, which makes me pretty special. I like to sit next to people to be petted, combed and brushed, but I'll let you know when I've had enough human interaction for a while. I'm majestic and stately, and I'll add a regal air to your home.

Go To www.vipp.org Click on Adopt



Cerise Noah



Professional,
Knowledgeable
Fun & Friendly
to work with.

360-393-5826

cerisenoah@windermere.com



Windermere Real Estate/Whatcom, Inc.



Fall is here, are you ready?

NEW Hoodies, Jackets,
Hats & Vests from Outback
Trading Company
Have Arrived!

50% OFF ALL SPRING/SUMMER
CLOTHING & JACKETS

50% All Kids Clothing

50% OFF SELECT HELMETS

40% OFF SELECT BRIDLES

40% OFF REMAINING MUCK BOOTS,
MOUNTAIN HORSE & DEVON AIRE
TALL BOOTS

We carry Nutrena & LMF Feeds
for your Horses, Goats, Sheep & Llamas,
Organic & Vegetarian Poultry Feed,
Hay Pellets, Hay Cubes,
Eastern WA Hay & Straw (big bales!)
Stall Mats, Gates, & Fencing

17710 112th Ave. SW & Bank Road
Hours: 9:00 – 6:00 pm Daily
10:00 – 5:00 pm Sunday
CLOSED WEDNESDAYS
206-463-9792

shelley@islandhorsesupply.com
Like us on Facebook!
at Cedar Valley Stables & VI Horse supply, Inc.
Squareup.com/market/vi-horse-supply-inc



DIAGNOSTIC &
REPAIR SERVICE, INC.
206-463-9277

Shop Hours
8am-6pm
Monday - Friday

We Have Rental Cars!

If you are visiting the Island, have out of town
guests, or just need a second car for the day
Vashon Rental Cars, Inc. is here to serve you.

Conveniently located uptown in Vashon.
Vashon Rental Cars, Inc
463-RENT (7368)

24hr Towing &
Road Services



Lockout Service,
Flat Tire Change,
Gas Delivery and
Jump Start.



WET WHISKERS

GROOMING SALON

PROFESSIONALLY TRAINED
CERTIFIED GROOMER

We Offer:

Wash and Go
Bath and Brush out
Thin and Trim

CALL TODAY FOR AN
APPOINTMENT

(206) 463-2200

17321 VASHON HIGHWAY SW

CONVENIENTLY
LOCATED INSIDE
PANDORA'S BOX

Ned Needs A Home...

I'm a very refined feline. Don't
be fooled by my formal attire, though.
Despite being dressed up in a tuxedo,
I prefer the casual life. My quiet and
calming nature will soothe away the
worries of your day. Don't you feel
more relaxed after looking at my photo?

Go To www.vipp.org
Click on Adopt



DANNY'S TRACTOR SERVICE 206-920-0874

- ▶ Land and storm damage clean up
- ▶ Tree Cutting and removal
- ▶ Field mowing, brush cutting and tilling
- ▶ Hauling and refuse removal
- ▶ Scrap metal removal
- ▶ Driveway repair and grading

→ **Dan Hardwick**
oldredtruck@comcast.net

ELECT

Brigitte Schran Brown,

EMT, M.Ed for Vashon Island Fire and Rescue (VIFR) Fire Commissioner

The choice of Vashon's Volunteer and Career EMTs, Firefighters, and Paramedics

- 35-Year EMT
- 12-Year Current Volunteer EMT
with Vashon Island Fire and Rescue
- VIFR Grant Writer
Just awarded a \$307,000.00 in
2015 for new air packs (SCBAs)
- Recipient of the 2013 VIFR EMS Service
Award; 2014 VIFR Helgeson Community
Service Award; 2014 VIFR Chief's Award
- VIFR's Strategic Planning Oversight Team
(SPOT Committee) Active Member 2015
- 15-year Health Room Volunteer
Chautauqua Elementary
McMurray Middle School; Retired
- 10-year Nursing Coordinator
for a Vashon Clinic; Retired
- 35-year National Ski Patrolter
Veteran and Nationally recognized
Outdoor Emergency Care instructor

- 32-year Vashon home & business owner, tax
payer, wife and mother.
- Endorsed by:
Vashon Volunteer and Career EMTs,
Firefighters, Medics and the Firefighter's Union



"I've known and worked with Brigitte Schran Brown
for many years... both as the volunteer school nurse
at McMurray and as a long time volunteer EMT for
Vashon Fire. I think that Brigitte cares about our
community and she is the best choice for commissioner
because she will always have our backs."

— Mike Kirk



ISLAND
FORESTRY

TREE REMOVAL, TOPPING, LIMBING, ETC
LICENSED, INSURED, FREE ESTIMATES

206-653-5415



Olympic Instruments, Inc.

• Custom Manufacturing, Machining, Welding, Fabrication, Repairs

• Short & long run production

• Prototyping

• Length Meters for Wire & Cordage

• Cunningham Air Whistles

Your Vashon Neighbor Since 1946
Monday – Thursday, 7:00 AM – 5:30 PM

16901 Westside Highway SW
Vashon, WA 98070

Phone (206) 463-3604
www.olympicinstruments.com
www.cunninghamairwhistles.com

FOR ORCAS AND FOR ISLANDERS
PLEASE REPORT LOCAL
WHALE SIGHTINGS
ASAP TO

206-463-9041

Vashon Hydrophone Project
Orca Annie Stateler and Mark Sears
Vashonorcas@aol.com
Support Vashon-Maury Island Whale Research
Sightings NOT Disclosed to Whale Watch Boats

vashonorcas.org

Deadline for the next
edition of *The Loop* is
Friday, November 6

Lopy Laffs

V.I.P.S.

We're here with
Vashon's own MOTHER GORP,
who, in honor of HALLOWEEN,
has invented an original
TOFU CANDY,
THE SEAGULL
CRUSTY!

...and we
have little
TOMMY
TRICK-OR-
TREATER
to sample
the candy.

HMMMM!
... maybe
TOO much
SEAGULL?!

HOOOOO!
YETCH!!

TOMMY?
TOMMY?
...Are
you
still
here?

