

## Kat Eggleston and Kate MacLeod



Kat Eggleston and Kate MacLeod, casually referred to together as “K2,” are powerful songwriters and instrumentalists with strong backgrounds in traditional American and Celtic music. They were introduced to each other during a European tour in 1999, when performing on a double-bill concert with Waterbug Records. By the end of this tour they had become a duo, backing up each other’s work as if they had been doing it all their lives. Eggleston and MacLeod have been performing individually and together ever since, and as a duo, their charm and musicality transform into an exquisite experience—a sum greater than its parts. Their extraordinary collaboration has resulted in two full-length recordings: *Drawn from the Well* and *Lost and Found*, the latter featuring original songs,

traditional instrumental pieces from the British Isles and a few surprise covers, including one from ABBA.

Based in Utah and Vashon, Kate MacLeod is best known for her original songs and unique fiddling style, and is often compared to Joni Mitchell, Nanci Griffith and Emmylou Harris. Kat Eggleston is an accomplished Vashon native who returned to the Island after twenty years in Chicago as a performing singer-songwriter and musical theatre artist. She has played live and on recordings with David Bromberg, Bohola and Tom Dundee.

Kat Eggleston and Kate MacLeod  
Saturday, April 11, 7:30 pm  
Vashon Allied Arts  
Tickets: \$14 Member/Student/Senior,  
\$18 General

## Friends of Mukai Celebrate Poetry Month

By Helen Meeker

Friends of Mukai will celebrate Poetry Month by presenting an evening of verse at the Vashon Maury Island Land Trust on Wednesday, April 15th, featuring Lawrence Matsuda and Lonney Kaneko. Joseph Okimoto will host the program and introduce the poets at the free 7 p.m. event.

Both poets were influenced by time each spent at Minidoka, Idaho Concentration Camp during World War II. Their families were among approximately 120,000 Japanese Americans and Japanese held without due process in this and other camps for three years or more. Lawrence Matsuda was born in the camp. Lonney Kaneko

In 2005, while a visiting professor at Seattle University,

he and two SU colleagues co-edited the book, *Community and Difference: Teaching, Pluralism and Social Justice*, which won the 2006 National Association of Multicultural Education Phillip Chinn Book Award. In July of 2010, his book of poetry entitled, *A Cold Wind from Idaho* was published by Black Lawrence Press in New York. His poems appear in numerous journals. Eight of his poems were interpreted in a 60 minute dance presentation entitled *Minidoka*, performed by Whitman College students in Walla Walla, Washington (2011). His new book, *Glimpses of a Forever Foreigner*, was released in August of



Lawrence Matsuda

was born in Seattle and spent his early childhood years at Minidoka.

Matsuda has a Ph.D. in education from the University of Washington and an extensive educational career.



Lonney Kaneko

2014. It is a collaboration between Matsuda and artist Roger Shimomura.

Lonny Kaneko grew up in Seattle, attended Garfield High School and the University of Washington, moving to Vashon Island in 1982. By 1966 he was teaching full-time at Highline College,

*Continued on Page 4*

## The Road to Resilience Economics to the Rescue?

Those of us that place great hope on a renewable energy future have been slapped down repeatedly by the “knowledgeable and mature” analysts that tell us that renewables will never supply more than a pittance of the energy our world needs in the foreseeable future, and that we will be very dependent on fossil fuels well into that distant future. They’re saying, “Get real!” What were we thinking? The Energy Information Administration’s (EIA) ‘Annual Energy Outlook for 2014’ predicted that renewables would provide 16% of our energy needs by 2040. Coming from the same government that tells us that GMO’s are okay, I have to take their numbers with a grain of salt. Still, I figured that they were somewhat in the ballpark. I, and many of those knowledgeable people I have been consulting, had always assumed that their basic premise was true: Renewables alone would never be able to provide the amount of energy our current lifestyle demands.

Accordingly, I have mentioned here more than once that, in order to make the fossil fuel cuts we need to make to forestall the worst of climate change,

By Terry Sullivan,

we would need to lower our energy use by 80%. I’ve gone on to say that such a huge change, while possible, would require major lifestyle changes for all of us. That basic premise, I believe, is still true for a lot of reasons, but perhaps the outlook for renewables is not as bleak as our fossil fuel mentors claim.

In recent years, it seemed to me that renewables were developing faster than anyone had expected, but I have to admit that I was surprised when the actual stats were laid out in a new book by Lester Brown, of the Earth Policy Institute, called *The Great Transition: Switching from fossil fuels to wind and solar*. It appears that we are likely to hit 16% renewables by 2018, and, the way technology is developing, probably earlier than that. As to the perpetual dependence on fossil fuels, that seems likely to prove false as well.

According to Brown, in 2013, Denmark got 62% of its energy from wind alone, Spain and Portugal, likewise, got 20%. One day in 2014, the State of South Australia’s wind and solar installations exceeded their total demand. In the US, Iowa and South Dakota provide 26% of their energy from wind. Iowa could be at 50% by 2018. These figures would be

*Continued on Page 5*

## Guest Bartender Night


Vashon Community Care Guest Bartender Night at The Hardware Store!

Join Vashon Community Care at The Hardware Store this Thursday night, April 2nd, from 6 to 9pm for a bit of rest and relaxation with Island friends. Order your favorite adult beverage and buy a raffle ticket or two for your chance to win an original Pam Ingalls oil painting. Proceeds to support VCC residents. Purchase a glass of wine, beer or special signature cocktail served personally by our own VCC Foundation board volunteer bartenders, Truman O’Brien, Captain Joe, and Janet Quimby. Yes, the drinks will have names like Johnny Walkers, Old Fashions and of course the VCC (Vodka, Cranberry Juice and Club Soda)

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Next Edition of The Loop Comes out Thursday April 16

Deadline for the next edition of The Loop is Friday, April 10

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Romeo & Juliet

April 12th, 1pm

NTL: Behind the Beautiful Forevers,

April 16th , 7pm

Vashon Theatre

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www.vashonloop.com.



# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### VCC Caregiver Support Group

Vashon Community Care will host a Family Caregiver Support group open to all family caregivers in the community. It will take place the first Thursday of each month from 7-9 pm. Contact [cara.aguilera@providence.org](mailto:cara.aguilera@providence.org)/ 567-6152 with questions.

### Household hazardous waste collection comes to Vashon

Vashon-Maury residents can safely dispose of old car batteries, oil, paint thinner and many other household hazardous items at no cost when the Wastemobile travels to Vashon Island, April 17-19. The Wastemobile will be at the Tjomsland Gravel Pit, 17001 107th Ave. SW, Vashon, from 10 a.m. to 5 p.m. each day. Residents can drop off household hazardous waste items including pesticides, oil-based paints, automotive products (oil, antifreeze, lamps, etc.), fluorescent bulbs/tubes and other items without a charge. The service is pre-paid through garbage and sewer utility fees.

### Vashon Wilderness Program Visit Day April 11th

Vashon Wilderness Program is expanding their program offerings to connect more children with nature, community and themselves! Check out their Saturday program that meets once a month throughout the school year. Experience a taste of their renowned mentoring approach, meet their instructors, and receive priority enrollment in their Forest Tracker program for children ages 7-12. Children must be accompanied by a parent for the 3 hour visit, which includes 2 hours of nature connection and adventure, followed by a Q&A with VWP’s Executive/Program Director Stacey Hinden.

### ORCA Lift & Apple Health sign up

ORCA Lift is a program that provides low income people with reduced fares on Metro buses, Sound Transit Link Light Rail and the Water Taxi. (NOT THE WA STATE FERRIES). You end up with a discount ORCA card. Miguel from King County Health will be at the Food Bank on Wednesday April 8th from 11- Noon and then at the Library from 1 – 3pm to sign people up. What you need to bring: Photo ID from any state or country AND income verification can be Provider One Card, EBT Card, TANF award letter, SSI award letter, L&I statement of worker’s comp or Social Security award letter. This program is for everyone regardless of immigration status. Sign up for Apple Health or recertify or if you have questions Miguel will answer them as well. Miguel is Spanish and English speaker.

### Water District 19 Meeting

Water District 19’s next regular Board Meeting scheduled for Tuesday, April 14 at 4:00 PM, 17630 100th Ave SW, in the district’s board room.

### VIPP Spring Bake Sale

Between Thriftway and Ace Hardware Sat. APRIL 11th 9a.m.-1p.m. Stop by to purchase an array of goodies baked by some of the island’s best bakers. If you would like to contribute please drop off your tightly wrapped & labeled goodies after 8:30 the morning of the 11th. For more information please call Victoria 463-5381.

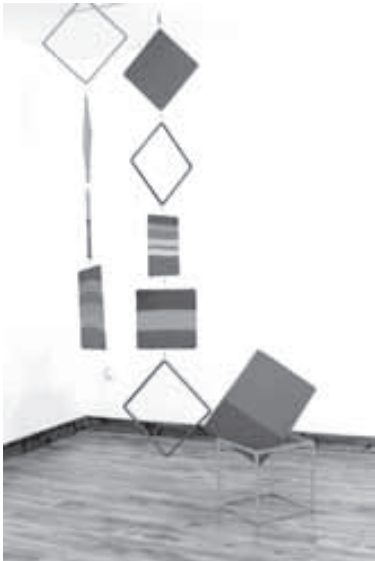
### ShakesKIDS



Shakespeare’s pastoral comity subverts the traditional rules of gender definition and romance unveiling how utterly the beguiling and pleasurable life can be. In this production, the ShakesKIDS explore oppression of society paired with a search to discover their own individual expression of freedom. In Duke Fredricks court The women wear headscarves and do not get I contact with men; and all fear the Secret police. Some are banished, some flee to the Forest of Arden; once there, the characters taste at last freedom of expression. Admission is free through Vashon Island Shakespeare Festival’s “Free Will” program. April 2 at VCC

### Suzanne Tidwell

Join us for an immersive, site-specific welded metal and knit fiber installation by Seattle artist Suzanne Tidwell. Tidwell studied fiber arts at the University of Washington and is a two-time 4Culture grant recipient. She has completed numerous knit wrapped, public and private installations in the Seattle area. The opening reception will be held Friday, April 3 from 6 - 9 pm. The exhibition runs through April 25, 2015. For more information, visit [hinge-gallery.com](http://hinge-gallery.com). Hinge Gallery, 17635 Vashon HWY SW, Vashon Island.



### Pretty Little Heads

Seattle artists Molly Mac and Julia Freeman collaborate to create a contemporary, digitally-mediated interpretation of the mythological contest between the Sirens and the Muses. To create this body of work the artists looked at popular interpretations (and misinterpretations!) of this mythological contest throughout history and juxtaposed these narratives with contemporary depictions of “celebrity catfights” in the media. The collection of video, sound, and sculptural artworks on display at VALISE embrace the urgent, collaged sensibility of a photocopy zine. Mac and Freeman use green screen paint, reflective REI emergency blankets and cell phone cameras to re-imagine symbols, objects and garments mentioned in the Siren vs. Muse mythology. QR codes link various sculptural props to online video content as well as to content within the video installation. As viewers scan the codes with their smartphones they are uncomfortably implicated in the perpetuation of a “catfight” fantasy. All the pieces in the exhibition are collaborative artworks, yet Mac directs the video production and Freeman directs the production of objects and fabric artworks. Molly Mac is a multimedia artist and writer working in Seattle, Washington. She uses video installation, performance,



interaction design and writing to mediate and interpret her encounters with current events, critical theory, politics, art history, social events, her emotions and her body. She does her work in art spaces, cafes, on the internet and in her home. [www.nosuchthingaswinning.com](http://www.nosuchthingaswinning.com) Julia Freeman is a Seattle based artist originally from Kansas City, Missouri. She graduated from the University of Washington in 2007 with her MFA in Fibers. Her work is a continuous blend of printmaking, collaging, painting and drawing. Her experience with textiles and fibers heavily influences her process and material choices. [www.juliafreeman.com](http://www.juliafreeman.com)

#### The Vashon Loop

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# Bolshoi Ballet:Romeo & Juliet



Bolshoi Ballet:Romeo & Juliet  
Sunday, April 12th, 2015 at 1:00pm  
The Vashon Theatre  
More info at vashontheatre.com  
Running time 2hr, 15  
Music Sergei Prokofiev  
Libretto Sergei Prokofiev, Sergei Radlov and Adrian Piotrovsky  
Choreography Yuri Grigorovich  
Cast Alexander Volchkov (Romeo), Anna Nikulina (Juliet)  
In Verona, the rivalry between the Capulets and the Montagues brings bloodshed to the city. When the Capulets organise a masked ball in honour of their daughter Juliet, Romeo Montague and his friend Mercutio attend incognito because of the hatred that tears the two houses apart. Romeo and Juliet fall

madly in love, and are distraught when they realise they belong to rival families. William Shakespeare’s timeless story, written in 1595, is brought to the stage through breathtaking choreography and Sergei Prokofiev’s much-loved score. With its famous melodies, rhythmic variety and universal theme, this story of impossible love remains an all-time favourite, and is one of the world’s most popular ballets. Stellar performances by Alexander Volchkov and Anna Nikulina illuminate this masterpiece, making the immortal tale of the lovers of Verona an unforgettable experience. (Ballet recorded live on May 12th, 2013)

## Friends of Mukai Celebrate Poetry Month

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where he has served as Chair of the Arts and Humanities Division and currently teaches writing classes. He has served on King County and Washington State Arts Commissions and was a member of The National Assembly of States Arts Agencies. He taught English at Grossmont College, SDSU in San Diego, and recently at Shanghai Jiao Tong University. Kaneko has received national and local awards for his poetry, fiction, and plays, including a fellowship from the National Endowment for the Arts for poetry. His book of poems, Coming Home from Camp, portrays life among Japanese Americans during and after

World War II. You Make My Silence Sing was privately printed in collaboration with painter Camille Patha. Lady Is Dying, a play written with Amy Sanbo, won the playwriting award from the PNW Writer’s conference and the Asian American Playwriting contest and was produced in San Francisco and Seattle. Stories, poems and essays appear in various anthologies. The poetry event is one of several public programs Friends of Mukai will present, focusing on the history and experiences of the Japanese American residents of Vashon Island.. 4Culture King County Lodging Tax Funds support Friends of Mukai activities.

# Communicating with Persons with Dementia

Ominous reminders of impending “old” age assail us from every direction. From bold headlines informing us that an average of 8,000 baby boomers are turning 65 each day (and for the next 18 years), to constant advice for staying healthy by eating right and exercising - how can we ignore reality? In 2010, reality in the U.S. indicated that 40 million people were 65 or older, and 5.5 million of those were over 85. That was 13% of the total population; by 2030 those numbers will grow to 72 million senior citizens, or about 20% of the entire population. (source: AgingStats.gov) While retirement age status has many appealing aspects, increasing health concerns frequently impact the lives of the seniors and their families and friends. Alzheimer’s disease is one of the all too common health challenges. Many of our beloved family members and Vashon neighbors are living with the difficult changes brought on by this disease. Reality requires everyone to cope daily with unfamiliar interactions when this diagnosis is made. Familiar activities and communication can become confusing and very stressful. These difficult, age-related changes are part of life within our Vashon community. In an effort to offer supportive help, several island groups are collaborating to co-sponsor an afternoon

program which will offer techniques and skills to help improve communication with Alzheimer’s patients. Staff members of the Alzheimer’s Association office in Seattle are coming on Wednesday, April 22nd to lead the educational program. Their presentation will include an educational video and ample time for discussion, questions and answers. The focus is on helpful strategies for caregivers in particular, and family and friends, to improve quality of life and minimize stressful behaviors. “Communicating with Persons with Dementia” will be offered to the greater Vashon community by the Alzheimer’s Association on Wednesday, April 22nd. Co-sponsors of this program opportunity are the Vashon Senior Center, the Vashon Care Center and Vashon Presbyterian Church. The free program will be held downtown at the Vashon Presbyterian church and starts at 1:30 p.m. Refreshments will conclude the presentation by 3:30 p.m. Look for the bright posters around town for more information. An RSVP is requested for those who want to attend in order to provide sufficient handouts - and chairs and cookies! Call the church at 463-2010 to respond or ask for further details. Please leave a message if necessary.

Point Robinson Lighthouse: 100 Years On Watch

April 3 thru October 15 2015

Vashon-Maury Island Heritage Museum

# PANDORA'S BOX

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# Island Life Why Gym?

By Peter Ray

The first bit of activism that I participated in while growing up was a campaign to get a swim team at my local high school. As it was, age group league swimming at the time mostly stopped at age 14, making way for the big leap to high school competition and championships. Our school, although in a well-off, middle class area, did not have a pool. The story was that at one time, the Readers Digest, which had its headquarters right across the street from the high school, had offered to build a pool for the school, with the only stipulation being that Digest employees be able to swim there on Saturday afternoons. The school board turned them down. Without a pool, the thought of a swim team seemed a bit far fetched, but I remember walking around with a clipboard and a petition and the backing of at least one of the teachers who was interested in seeing a swim program somehow come to the school. My acceptance to a boarding school with a swim program put an end to that exercise- I have no idea if they ever got either a swim team or a pool.

Working with the Friends of Vashon Pool has brought back a few of these ancient memories. One of the

with lots of kids a few years their junior who are making loud kid noises and otherwise having kid fun.

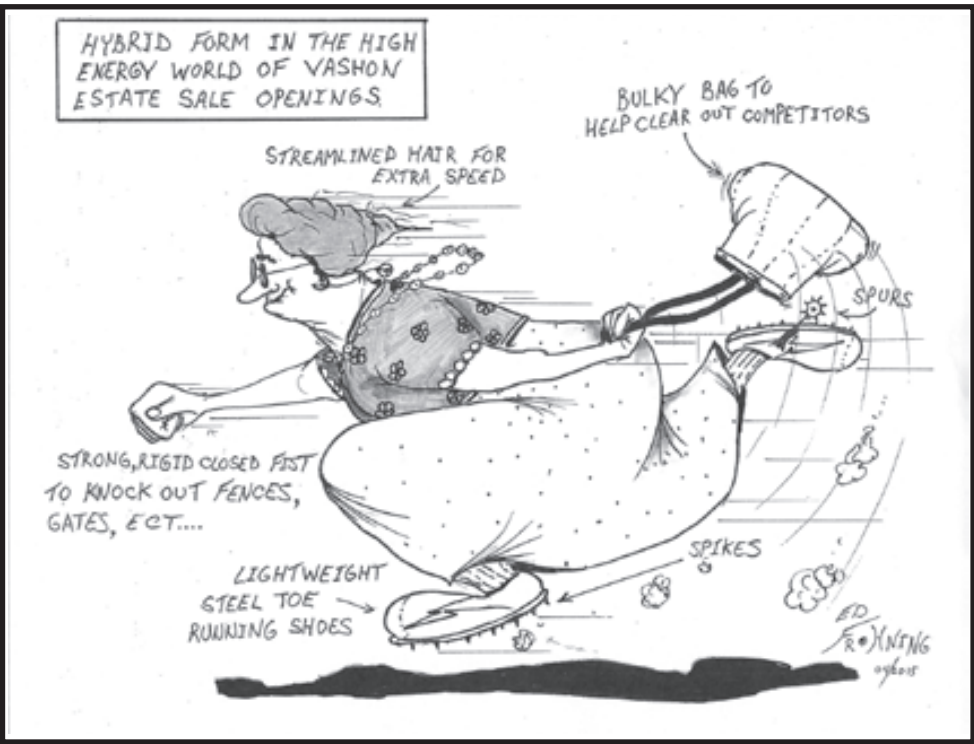
The next day I asked the class, based on the clever slogan they had come up with for the pool- "Why Gym, if you can Swim?- how many of them would use the pool as an alternative to a gym class or workout. About a third of them raised their hands. One thing I neglected to ask was how many of them could swim at all, since one of the long term goals of the Friends of Vashon Pool is to advocate for the chance to have everyone here learn how to swim. It has been said a number of times in various places that we do live on an Island surrounded by water, and a number of people out here engage in a variety of water sports that can put one at risk of an untimely exposure to water. Having been involved with the Whulger open water swim group, I can attest to the chilliness of the aquatic environment here. I can also say that if you go in the water anywhere around Vashon, if you have reasonable swimming skills you can get to a shore somewhere before the cold overtakes you.

With the school board recently giving the go-ahead to the repairs on the pool drain system, another impediment to the beginning of another successful outdoor season at the Vashon Pool was removed. Later this week we will hear from a pool repair contractor who is supposed to give an estimate on what a



places that this campaign has taken me is to the Vashon High School and Richard Montague's marketing class, where a group of students has been tasked with marketing the pool and its extended season to the Island. Two trips to this class has been a bit of an education for me, first of all in seeing what an amazing facility the new school is in all it has to offer, and secondly it provided an insight into the minds of the high school demographic. Having been a competitive swimmer during my high school years, the thought of not going to a pool or pools was never on my radar, and selling the idea of a pool available to all would not have been a problem for me at the time. With that in mind I asked the class how many of them had been to the pool in recent summers- none of them raised their hands. This kind of stunned me, although it probably shouldn't have. As a teenager, there are plenty of other things to do besides hang out at the pool

general pool refurbishment will cost. As it appears that some state money could be available as early as this summer if the matching funds are available from the Island, this could mean that work toward a year round pool could possibly start earlier than expected. For further information about the future of Vashon Pool, come to the free open swim this Saturday, April 4th. There will be a lap swim from 11am-1pm and a general open swim from 1-3pm, with free food and warm drinks, as well as ice cream. Come and see the new thermal cover that was installed last Friday, and take advantage of the early bird rates on season passes, both for individuals and families. Pool manager Scott Bonney has promised a pool in the upper 80's along with warm dressing rooms. We will also have the renderings on hand of what a year 'round pool with a retractable roof would look like. They might even get you asking why gym if you can swim?



## Bill Frisell and Eyvind Kang play Vashon Theatre

Grammy award winning guitarist Bill Frisell and acclaimed composer and violist Eyvind Kang play a benefit show at the Vashon Theatre on Tuesday, April 7 in support of Vashon Youth and Family Services (VYFS). Local chanteur/ guitarist Michael Whitmore opens the show.

Bill Frisell & Eyvind Kang  
Opener Michael Whitmore  
Tuesday, April 7, 7 pm (doors 6:30)  
Vashon Theatre  
Tickets: \$25 General, \$10 Seniors/  
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the door



## Road to Resilience

Continued from Page 1

doubled if we used energy as efficiently as Europeans.

The cost of wind and solar are rapidly decreasing while the technology is dramatically improving. In parts of Australia, which is experiencing a solar boom, the costs have decreased to the point that coal plants could not compete even if the coal was free!

In the developing world, where grid infrastructure doesn't exist, local production of solar energy is the best alternative. At least where civil unrest doesn't prevent it, we could see dramatic changes in the next few years in the production of energy in the third world and a corresponding dramatic change in the lives of those that live there. And, it will happen without a huge debilitating loan from the World Bank for a mega project built by a major corporation, it's carbon footprint will be nil, the cost of fuel will be zero, and maintenance will be largely within the abilities of local users.

What is holding back progress in this country is the tremendous wealth of the fossil fuel companies that allows them to control both the media and our government, Not only do they receive massive subsidies of our tax dollars, but they can poison the legal and investment environment for renewables. Such is

their power that even people like me that spend considerable time researching these issues have unknowingly accepted some of their projections.

Sooner than later, the facts about what has a profitable future and what does not will become obvious, and smart money will flow more readily towards renewables. I predict that academic institutions that have a hard time deciding whether to divest from fossil fuels now will see the light shortly, and it will be out of fiduciary responsibility, not just concern about climate. Nothing stirs the red-blooded American heart more than profit, and it is the alignment of this drive with the need to address climate change that may finally bring the action we so badly need.

It is ironic that one of our basest drives may save us from climatic oblivion, at least for now. Until we learn to avoid corrupting ourselves with power and money, we will continue to flounder. Maybe we will finally learn to distribute power and wealth. Decentralizing our power production as well as decentralizing our food production will go a long way toward accomplishing that.

Comments?  
terry@vashonloop.com

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# Spiritual Smart Aleck Apologia



By Mary Iuel

Someone dear to me has discovered atheism as the explanation that makes the most sense out of the world and human behavior. I love and respect my atheist and I love that he is thinking deeply. What he has to say about what he is learning challenges me and makes me think about my own faith walk. It has made for an interesting Lent.

Perhaps you are wondering if I, as a Christian, am worried about his immortal soul. Well, no. My faith in God is not a form of fire insurance. My faith says that people have to ripen in God’s time, not mine. My faith says that God takes people as they are.

My faith also tells me to do the same: take people as they are, where they are, with love and respect, and without judgment. This is only one of the reasons that being a Christian is really hard.

Atheists believe that man invented God, not the other way around. They cannot see, hear, touch, taste, or smell God. If they perceive no empirical evidence of God’s existence, it follows that there is no God. Whatever life throws at them, they can handle on their own.

Given all that splendid reasoning, why do I and so many human beings persist in believing that there is something greater than ourselves?

Because splendid reasoning skips lightly over the parts of reality that are invisible to the eye. Purely rational thought omits the longing of the spirit.

Because I am a Christian, I shall speak of my Christian experience.

I was called. Answering a call from God means you have to answer to something higher than yourself and surrender your own sweet will. In the early days of my adult conversion, almost thirty years ago now, I realized how much harder it is to be a believer than a non-believer. Knowing I was accountable made me want to cop out on my conversion, but it was too late.

A Christian has to persist in believing that, all apparent evidence to the contrary, God is good and is working to turn all things to good. As a Christian I believe that Christ lived, was crucified, and rose again. How’s

that for a stretch of the rational mind?

I am called to stay aware that I am not the one to mete out God’s judgment. You should thank God that I am not in charge of judgment.

I am called to perceive myself and others through the lens of humility. I have to work at humility. It does not come naturally to me. By nature and training I have a bad temper, am judgmental, do not think well of myself, and want everything done my way.

What is humility? It is not beating yourself up. It is an honest acknowledgement of who you are. It is an unwillingness to be arrogant because you understand how vulnerable you are as a human being. It is owning responsibility for your own behavior, and minding your own business when it comes to other people’s behavior.

Humility is contrary to our human nature. When we’re hurt, we feel justified in wanting to hurt back. When we feel victimized, we want to see our abusers punished, and we want everyone else to see them as the dirty dogs we think they are. Humility is counterintuitive.

I believe God asks you to acknowledge your own true worth and dignity, to own your gifts and flaws, to go and sin no more. To walk with your head up and do what you can to encourage the good in humanity, ease the pain of humanity, and contribute to the healing of the world by being your own honest, precious, beloved self.

By humanity I mean: the people with whom you deal in your everyday life. Family, friends, the cashier at the grocery store.

Did I mention that the faith walk is really hard?

Wouldn’t it be great if all religious and all non-religious people had a common vision of good and could join together to make this world a better place? Wow. Too bad that we are too busy finding fault, trying to control other people to make ourselves comfortable, waging war, and worse, to make that happen.

Well, that’s what I’m thinking at the end of Lent, and I’ve barely scratched the surface, but I only have so much space here.

Thanks for reading. Go in peace.

# Drowning in Mukai’s Pond

By Seán\_C.\_Malone

I didn’t really drown. As I sank to the bottom, I could see the sky above and a trail of bubbles leading to the sun. I prayed the “Our Father” to myself and all went dark.

Sixty years later, all grown up, I was at a radio club picnic at Frankie Brown’s house.

I asked Frankie if he remembered dragging the unconscious kid off the bottom of Mukai’s pond. He had been 17 years old at the time and 81 the day of the picnic. That was the first time I had talked to Frankie since the infamous day at the pond.

It was 1948. Frankie had been hunting ducks off a log raft when George Hockley yelled that I had gone under. “I remember the little bastard lying on the bottom with his arms stretched out”, Frank said. “If I had known he was going to puke on my shotguns, I would have left him on the bottom of the lake”.

I was 8 years old; when George Hockley and I had biked into Mukai’s pond, a sunny and warm early summer day. George was older and taller and lived on the same road as Frankie and I couldn’t swim. Swimming lessons at Dockton park started later in the summer.

I never told Mom or Dad about the near tragedy at Mukai’s pond, knowing that I would have been grounded for a month. I didn’t want to worry



them. Us kids were in trouble much of the time anyhow. Forgetting to do do manure patrol around the house or not coming straight home after school were lesser crimes.

Nobody had told me about the potholes in Mukai’s pond. The water was only chest deep when I walked off the edge. It was a drop off and I thrashed in the water trying to get out.

Frankie had draped me over the side of his log raft and towed me to the beach, where George laid me on my stomach and pummeled me in the small of the back to get the rest of the water out of my lungs.

Later in the summer, a school bus picked us up for swimming lessons at Dockton park. Dave Church was on the same bus and 60 years later could still be heard complaining that I had beat him up on the swimming lesson bus; though I

don’t remember doing it.

We began lessons on the beach where the county life guard would have us crawl on the bottom in a dog paddle until we could do it in deeper water and not touch bottom. I cheated and let my feet sink to the bottom. When the lifeguard thought we were ready to swim in water that was over our heads, he marched us out to the float at the end of the county dock. We took turns kneeling on the edge of the float and rolling into the bay. The lifeguard carried an oar which he would extend to you if you were sinking and then it was my turn.

Memories of the bubbles and blue sky up above struck panic into me as I struggled to swim. To no avail. If you couldn’t swim back to the ladder, you were sent back to the beach to practice some more. I grabbed the oar.

# The North Pool (a staged reading)

Islanders Marc Powell and Chaim Rosemarin appear in Rajiv Joseph’s The North Pool, a dramatic two-person play that examines the tension between a high school vice-principal and a Middle-Eastern born transfer student. Written by Pulitzer Prize finalist Rajiv Joseph (Bengal Tiger at the Baghdad Zoo), this one act play is a psychological drama that unfolds in the emotionally and politically charged conversation between a vice-principal and a student at Sheffield High School. Just after the final bell before spring break, Vice-principal Dr. Danielson (played by Rosemarin) has called Khadim Asmaan (played by Powell) into his office to discuss his absence during a fire drill. It soon becomes clear that this is merely a ploy to interrogate Khadim about other incidents and issues that touches on issues of class, race, and power. What emerges



in this fast-paced interchange is a topical commentary on prevailing cultural prejudice and paranoia. The incendiary standoff between these two characters reveals painful stories from their pasts that transform them and results in unexpected reversals. Directed by Lisa Breen, lights by Jamie Dulfer,

sound by Kevin Pottinger, and music/sound by Marc Powell.

The North Pool  
A staged reading  
Friday, April 24, 7:30 pm  
Saturday, April 25, 7:30 pm  
Tickets: \$12 Member/  
Senior, \$16 General, \$10  
Students (Suggested for ages  
14 and up)

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**Aries (March 20-April 19)**

This month will be full of surprises, though mostly you will surprise yourself with your ability to come up with creative solutions to problems that others would dare not touch. The thing you must do, however, is take control of your money. Make sure that your approach to the various challenges of life uses money as the last line of resort. Correspondingly, you would be wise to turn your attention to generating and accumulating money, the better to secure your ability to fulfill your long-term plans. This is going to take determination, a measure of shrewdness and most of all, discipline. Steer as clear as you can of the burdens of others. It's not that you don't care; to the contrary, you do. The issue is that others will depend on you if they can, as if calling in old favors or compensation that exist entirely in their imagination. Follow this theme through the next few months -- it's essential that you establish yourself in your actual, present-moment here-and-now rather than being drawn backwards into the past. Point your mind, your senses and all of your intentions forward. Use your intelligence to know where you are headed at any time, and keep turning yourself in your chosen direction of travel -- no matter how many times you must choose again.

**Taurus (April 19-May 20)**

What's happening in a relationship is an expression of a process within you -- one over which you might seem to have little control. That, however, is not true. To establish your dominion over your own mind, the first step to take is to observe yourself carefully. In particular, keep an eye on what most would call 'unconscious' processes, feelings, ideas and expectations. Those have power over you to the extent that you withdraw awareness. You will have power over them to the extent that you raise your awareness. Once you start paying attention, you're likely to notice that there are specific ways that you're seeking freedom from a certain kind of confinement that has grown old for you. I would define confinement as a need to remain stable in a certain element of your identity, seemingly for its own sake. But now you are changing in ways you cannot contain in any previous personality construct. You are waking up; you are finding yourself; you have tasted a measure of freedom, and you want more. You may be wondering if you can have all of this without up-ending your life as you know it. That is a question you can only answer through experience, though it's clear that certain long-standing factors of your existence could use a little friendly shaking up and shaking loose.

**Gemini (May 20-June 21)**

It's time for you to establish a conscious relationship to the protective forces in your life. You have been through plenty, and most of the situations you were certain were the most dangerous or threatening have turned out to be reasonably easy to handle. This is a demonstration of many factors that are basic to your existence. You might call them luck, but actually your sense of adventure provides you with a certain inoculation against danger. Your conscious willingness to take risks has this odd quality of clearing the way for you. Your charts are describing an invitation to involve yourself in some kind of unusual creative or romantic endeavor. You might feel that this is way over your head, or a bit too dangerous. Really, you seem to be perfectly well sustained and supported by your environment; there are forces standing guard over your life. As part of that, you are being reminded how far is too far, should you ever need to know. Within your chosen range, you have plenty of emotional and artistic territory to explore, and you can do it with gusto. The feeling you want is precisely the one where you sense yourself close to some inner edge; close to a breakthrough; willing to say something you've never said in a way you never

imagined you would.

**Cancer (June 21-July 22)**

Your professional life is going through an accelerator that you have long suspected was going to kick in at some point, and you may be surprised at how far beyond your own expectations developments in your life take you this month. You will need to influence the flow of your life with some care and subtlety, by applying a conscious strategy. While you're doing this, the place to invest your energy is into your home. Your home is your grounding; it's your source of strength and the place where you seek inner harmony. Take advantage of this gift that you have. Keep your living space clean and spend as much time there as you can. Take some tangible measures to improve or beautify your environment. If you find yourself in an unusually ambitious phase, this will help you keep your life in balance. Get enough rest. Nurture yourself to the point where your old insecurities start to seem trivial. This kind of emotional self-care will foster better decisions, but more than that, the appreciation of your success. It's true that you may feel, at times, like you're playing a fast game or traveling above the speed limit. It's vital that you take many conscious moments each day and remind yourself that you have created a life that is well worth living -- and live.

**Leo (July 22-Aug. 23)**

You may need to carefully balance long- and short-term plans, and make sure that your actions and choices support both as consciously as you can. You are finally starting to figure out that you have more potential, and that there is more to life, than what you've had in the past. That's another way of saying you've figured out that you have a future; your own curiosity is making that a kind of irresistible destination. There are other factors in your solar chart that are calling for stability, and a reminder that you remain an example to many people who seek your guidance and your leadership. That calls for focusing on the day-to-day elements of your life; of attending to practical matters with devotion; and of acting in accordance with your values with each decision you make. No matter how far you want to go, or to what exotic or interesting destinations you may feel called, you will get there one step at a time. Your freedom is something you will be able to access in direct proportion to your integrity. One paradox you may be experiencing is how freedom can feel a little strange when all eyes seem to be on you. It's true that you're being scrutinized, though not in the ways that you may think. In sum, what you accomplish is what matters the most.

**Virgo (Aug. 23-Sep. 22)**

Resist the illusion that others have more going for them than you have going for you. Your charts describe a scenario where you may feel like you're lacking in some essential ingredients for success. You may have the sensation that you're looking down a tunnel at some personal qualities you wish you had. But you seem to be holding the binoculars the wrong way. You might even put them down and size up your environment with your bare eyes. If you do, you will see that you have far more in common with the people around you than you imagined, including the fact that they are looking to you for creative inspiration. Then there is the question of money. It seems that the best success can be had by pooling resources or accessing shared resources. From the look of your solar chart, there is no shortage of wealth or abundance around you. You merely face the question of how you're going to access those resources, which seems to be through one route only -- your trusting relationship with others who share a common mission, values and intentions. It would help, in that case, if you drop any prejudices you might have and get busy having real conversations with those you can partner with on your most valued

goals. This will work well for everyone.

**Libra (Sep. 22-Oct. 23)**

It is impossible to lose yourself in a relationship, though it's questionable whether you can find yourself in one either. But you can remember, and you can forget, and your relationships can prompt you to do either. It turns out that there are elements of your life that you're eager to leave behind, which would be another way of saying forget. But that forgetting will have the sensation of clearing something out of the way, as if you're brushing back a veil, or silencing some persistent background hum that you didn't realize was clouding your hearing. At that point, you may discover that you're in an entirely different situation than you thought you were. You may wonder how it is that you missed how solid and stable your life has become, which is something that you can prove to yourself if you do so little as tell yourself the story of the past five years in a paragraph or two. The sensation looks like the discovery that you are where you belong, as long as you don't have any distractions that would skew your perception otherwise. That, and you are in the company of your peers -- or rather, one peer in particular. Work with this feeling. Work with the sensation of change as the experience of clarification.

**Scorpio (Oct. 23-Nov. 22)**

Take care of your health, and make no assumptions or snap decisions. Remember that your body has truly amazing resilience. Know that anything that can possibly ail a person has been cured or resolved, and that a great many issues are the direct result of mental or emotional stress. Your chart is in fact bursting with wellbeing, abundant energy and the quest to do some bold and creative things. Yet you have so much energy that if you go out of balance you might feel like your life is taking its toll on your body rather than supporting your body. Therefore, aspire to balance in the midst of so much rapidly moving energy and so much activity in your environment. Part of balance is aligning yourself with an onslaught of creativity. Imagine that you're an airplane wing and that if you position yourself correctly, you will experience a sudden lift and gain altitude. Of course, if you're not quite aligned in that way, you may feel blown around, held down or paralyzed. So make a series of adjustments and even microadjustments until you feel yourself aligning with the energy both within you and around you. Notice your drive to live in a daring way. Give yourself permission to unravel old, nonproductive patterns and establish new ways of being that light up your whole mind.

**Sagittarius (Nov. 22-Dec. 22)**

Take a step back and give people the opportunity to take responsibility for their own existence. You grew tired of your own hard luck stories long ago, and it's time to be finished with those of others. I'm not, however, saying don't be helpful when you feel moved to do so. Rather, I'm suggesting that the best help you can offer others is not being distracted by their problems. Rather, focus on your own abundant creativity and allow your existence to shock others to their senses. Celebrate the fact of your energy and the simple fact that nothing will stop you. If you are involved in some kind of professional artistic pursuits, or doing anything that depends on your originality, I suggest you forget your ideas of what people might think. Instead, work in a way that is only in service of your impulse to create. Every artist, lover or adventurer goes through some trepidation about what others might think. You tend to be among the most immune to such thoughts, though you may be having them now, and now is the time to vanquish them. Your real friends are the people who see how brilliant you are, and who treat you like the treasure that you are to them.

**Capricorn (Nov. 22-Dec. 22)**

Have no illusions about the nature of the responsibility that is demanded of you. What is expected, mainly because you're

wanting it, is nothing other than drive, passion and a creative approach to existence. To do this, it's essential that you motivate yourself every day and at all times. If you find someone around you saying, 'let's get going', that means wake up and remember to stay three steps ahead of the game. You don't need stability right now, even though you may crave that because it seems in such short supply. You need, I would propose, the excitement of connecting your entire existence to the purposes you aspire to. More than that, it's essential that you connect all activity, every last thing that you do, to those same purposes. At your stage of development, nothing can be outside your core mission. Everything must be brought in, connected with, and understood as an element of the same thing, which is you. You still tend to think in the limited terms of security rather than the bold terms of how good your life would be if you dared and succeeded. But nobody else can, in truth, lead you to this place where you know you belong. Others can set examples -- and then you can pick up on the rhythm and then take the lead.

**Aquarius (Jan. 20-Feb. 19)**

Keep grounded, by which I mean stay focused and eat good food. If you were to bounce between concentrated work and keeping your kitchen a productive place, you would feel excellent, and you would nurture the explosion of ideas that seems to be an ongoing phenomenon within you. To say food is another way of saying respecting yourself as a biological entity. The weather is finally getting warmer and you can take advantage of that by getting involved in some physical activity that may have been impossible through the long, dark winter. Your charts are favoring something aggressive, like martial arts or pounding balls in a batting range. Anything you do to this effect will help get you out of your head, which must be an extremely busy place. By relieving that pressure, you will become more productive and better able to focus your ideas into the concentrated form that they want to take. Just remember that while you're in a body, your mind is in a close relationship to your biology, which brings me back to the topic of food. I suggest you plan a dinner party or other food-based event this month, and re-integrate the idea of nourishment with the idea of a social experience. This relationship needs some cultivation in our current era of history, and you're just the person to make that happen.

**Pisces (Feb. 19-March 20)**

With Chiron in your sign, it's easy to feel like despite all you're doing, you're not getting anywhere. That's an illusion distinct to Chiron. Really, the truth is quite the opposite. It's your long, slow persistence that has got you much further toward some specific goals than you think. One by one, every facet of your life has come up for questioning; every system has been (or will be) subject to maintenance; every agreement will be revised and improved; and in the process, you will get to know yourself as you never have before. If you feel like you're in an ongoing and endless challenge, I suggest you remind yourself that you're really living your life. You are situated in a society and in a time of history where there is very little offered easily, to anyone. Even those who exploit others are under the constant assault of paranoia about their particular house of cards falling down. At the same time, you are driven by your ideals and your faith in yourself, and you may wonder if you've taken on more than you can handle. You may have -- and when you discover that you can, in fact, handle it just fine, you will discover that you've stretched your capacities beyond what you imagined possible. Therefore, stand up straight, keep your eyes wide open and do what you are called to do every day.

Read Eric Francis daily at [www. PlanetWaves.net](http://www.PlanetWaves.net)



# Positively Speaking

## Finding Good People

By Deborah H. Anderson



They are not afraid of sacrifice for the greater good, either the good of those around them for progress towards some goal.

They have worked to heal from hurt. They are honest about what burr is in their soul and seek to root it out and heal from it. The process does not deter them from proceeding forward in ways of maturity and strength. They don’t use anything to dull the process. Instead they pace themselves and nurture themselves and reward themselves with healthy recreation.

Failure is seen as opportunity not shame. Success is tempered with gratefulness. Today is a promise and tomorrow is a gift.

They can accept a compliment knowing it is neither a crown of thorns nor the key to the city. Balance is important to them.

OK--- so those people, they are the ones who lifted and encouraged and reflected back goodness, and held Promise when I couldn’t hold it myself and laughed with me when distraction helped me take one more step and rejoiced when I actually took that step and placed my weight on the other foot for another.

If you have friends who do anything but help you connect to your story in ways that are not authentic or ways that are compensatory or ways that hurt others, then they are not friends. Tell them thank you very much, and move on to new relationships.

The book that first kept me going and now has brought me to a place where life is more good than bad has two pages of acknowledgments. Every single person mentioned was absolutely key in the keeping, the writing, and the publishing of the book plus the fifteen people mentioned in the dedication.

You see the other part of this horrible, awful, no good , very bad past twenty years has been learning to let myself be loved and cared for. My mentor and brother from another mother, the late Bruce Larson, said it was the first thing I had to learn to do. Being hurt repeatedly in my childhood and adolescence had made me fiercely independent and self reliant. He said I had to learn to not be an island. Ironie I would learn others care in good ways, not just self serving ways, while living...well...you know.

I have to go now. It’s time for work. The day is dawning... the day is dawning....the day is dawning and there are good people in the world who will celebrate with me today. They have filled my heart with joy. I am loved for who I am. I can boldly go into a new and bright unknown because I am not alone, on so many levels.

Love,  
Deborah



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## Vashon Library April Programs

### Children & Families

#### Spanish Story Times

Wednesday, April 1, 8, 15, 22 and 29, 11:30am

Family program, all ages welcome with adult. Stories, songs and fun!

#### Brick Builders Club

Monday, April 6, 13, 20 and 27, 4-6pm  
Ages 6 to 12 with adult.

The library is having a Block Party-come build with us! All bricks provided.

#### Family Story Times

Tuesday, April 7, 14, 21 and 28, 11:30am

Newborn to age six with adult. Stories, songs and fun!

#### Celebrate Dia! Around the World in Four Languages

Saturday, April 25, 11:30am

Family program, all ages welcome with adult. Celebrate languages around the world with stories and songs! Learn some new words in Spanish, German and French and share some words in a language you know.

#### The Poet’s Magic Show

Thursday, April 30, 6pm

Presented by Thomas Pruiksma. Family program, all ages welcome with adult. What happens when you combine poetry, storytelling and magic? You discover the ways language can inspire your dreams and fire the imagination!

### Teens

#### Teen Night: Bollywood Dance and Fortune Telling

Saturday, April 18, 6pm

Grades 6-12.

We’re opening the library on a Saturday night just for teens! Come have your fortune told by Morgan, and try some Bollywood dance moves with Nalini Dance Company. Also play board games, use library computers, eat snacks or just hangout. Raffle prizes, too! All free! Teens must be picked up by 9pm. Teens are allowed to leave as they wish- this is not a “lock-in”. However, there are no in-and-out privileges, so once a teen leaves they are not allowed back in to the event.

**Make a date with Vashon!**  
**www.VashonCalendar.com**  
**Vashon Library Events**  
**Art & Music Events**  
**Submit your Event on line at**  
**www.vashoncalendar.org**

Questions? Contact Ursula Schwaiger, uschwaig@kcls.org, 206.463.2069.

### Adults

#### One-on-One Computer Help

Thursday, April 2, 16 and 30, 6-8pm

Do you need extra help on the computer? A KCLS volunteer instructor can give you one-on-one assistance on a drop-in basis. Note: Volunteers cannot provide hardware assistance with your own personal computer.

#### Great Books Discussion Group

Human Personality by Simone Weil  
Monday, April 6, 6:30pm

### STARS Workshop

#### Movement Matters: BrainDance for Newborn to Age 5

Thursday, April 16, 6pm

Presented by Terry Goetz. Learn about the important connections that movement, touch, and bonding have on the developing brains of infants and young children from birth to age five. Learn and practice BrainDances that can be done at home, in a childcare setting, and in classrooms. Be prepared to move and have fun - wear comfy clothes you don’t mind getting down on the floor in! Please register.

#### Opera Preview: Ariadne auf Naxos by Richard Strauss

Sunday, April 26, 2pm

This free lecture, provided to increase enjoyment and appreciation of Seattle Opera productions, will feature speaker Norm Hollingshead with recorded musical excerpts.

#### Talk Time

Tuesdays, 6:30-8pm

Practice speaking English with other English language learners, all levels welcome. Learn about your community and meet people from around the world. Classes are free, join anytime! Activities available for accompanying children ages 4 and older.

#### MIND MATTERS

While your brain is not a muscle, it does need care, feeding and exercise to keep it in top shape. The 2015 King County Library System adult program series, Mind Matters, offers free programs, classes, tips and reading suggestions to stay sharp. It’s YOUR mind. KCLS can help you take care of it. www.kcls.org/mindmatters

## Thelma Needs A Home...

There’s nobody else at the shelter who looks like me – I have one blue eye and one green eye and silky long white hair. I’m even more beautiful on the inside, though. I crave human contact and want to be with people constantly. My favorite sleeping place is near humans. I like to talk and play. If I had my druthers, I wouldn’t live with either dogs or young children, but I’m comfortable with other cats.

Let me beautify your home and be your new best friend!



**Go To www.vipp.org**  
**Click on Adopt**



Island Epicure



By Marj Watkins

Eggs After Easter

What do you do with all those beautiful colored boiled Easter eggs? You can and probably always do make them into deviled eggs. Here are a tasty deviled egg recipe and some other ways to use up Easter eggs.

DEVILED EGGS

4 servings  
4 hardboiled eggs, peeled and halved lengthwise  
2 Tablespoons coconut cream from top of can of coconut milk  
3 green onions, sliced  
2 Tablespoons finely chopped ginger root  
2 to 3 garlic cloves, minced  
2 teaspoons curry powder or 1 teaspoon ground coriander, 1/8 teaspoon hot red pepper, 1/8 teaspoon black pepper, 1/2 teaspoon cinnamon, and 1/2 teaspoon turmeric  
1 can coconut milk  
2 Tablespoons cornstarch mixed with 3 Tablespoons water or coconut milk  
Garnish:  
2 Tablespoons minced cilantro or parsley  
Stirfry green onions, ginger, garlic, and curry powder or spices for 2 minutes. Add coconut milk. Heat to a gentle boil. Stir in cornstarch mixture, one teaspoonful at a time until thickened to your liking. Gently slip halved boiled eggs in. Spoon hot curry sauce over eggs. Turn off heat under pan and let rest a few minutes to heat the eggs through.  
Serve over rice with yogurt on the side. Offer small dishes of several condiments

to spoon over top. Choose several: minced parsley, raisins or craisins, toasted peanuts, toasted cashews, chopped dried or fresh apricots, sliced green onion tops, sliced kumquats.

EGG CURRY

4 servings  
4 hardboiled eggs, peeled and halved lengthwise  
3 green onions, sliced  
1 Tablespoon finely chopped ginger root  
2 to 3 garlic cloves, minced  
2 teaspoons curry powder or 1 teaspoon ground coriander, 1/8 teaspoon hot red pepper, 1/8 teaspoon black pepper, 1/2 teaspoon cinnamon, and 1/2 teaspoon turmeric  
1 cup coconut milk  
2 Tablespoons cornstarch mixed with 3 Tablespoons water or coconut milk  
Garnish:  
2 Tablespoons minced cilantro or parsley  
Stirfry green onions through curry powder or spices for 5 minutes. Add coconut milk. Heat to a gentle boil. Stir in cornstarch mixture. Stir cook until thickened. Gently slip halved boiled eggs in. Turn off heat under pan and let rest a few minutes to heat the eggs through.  
Serve over rice with yogurt on the side.

UOVOS AL DIABLO

2 servings  
2 or 3 hardboiled eggs, peeled and halved lengthwise  
2 cups spaghetti sauce  
2 dashes red pepper flakes  
6 pitted black olives. optional  
4 ounces pasta of choice, cooked  
Heat the spaghetti sauce in a skillet. Stir in the red pepper flakes. Slip the halved boiled eggs, yolk side up. Do not immerse completely. Arrange the olives, if using, around the eggs. Serve from the pan over portions of cooked pasta.  
Add a green salad, and there's your lunch or supper meal.

Island Green Tech & Rj's Kids Present  
The Forbidden Kingdom Movie

Please join us in this fundraising event for Rj's Kids. Prior to the start of the movie Alex Echevarria, a East Asian scholar and black belt Kenpo Master, will speak about the history of China's most popular and ancient story of the Monkey King. Funds raised from this event will sponsor a co-operative and interactive community dinner.  
Jason (Michael Angarano), an American teenager, is a huge fan of Hong Kong cinema and old kung-fu movies. While browsing in a Chinatown pawn shop, he discovers the stick weapon of an ancient Chinese sage and warrior, the Monkey King. The magic relic transports Jason back in time, where he joins a band of legendary



martial-artists on a quest to free the imprisoned man.  
Stars Jackie Chan. Jet Li, Michael Angarano. PG-13  
Tuesday April 21, 6pm at the Vashon Theatre

From the Bavarian Highlands

Vashon Island Chorale presents concerts on Saturday, April 25, at 7:30pm and Sunday, April 26 at 3pm at Bethel Church. "From the Bavarian Highlands" by Edward Elgar and "Messe de Requiem" by Gabriel Fauré are on the program. Artistic Director Gary Cannon explains," the two halves of the concert are definite contrasts; one secular, the other sacred; one English, the other French; one with piano, the other with chamber orchestra; one largely a boisterous romp and the other gentle in mood."  
Linda Lee performs as pianist for the Elgar piece and Karin Choo serves as concertmistress for the 15-piece

chamber orchestra in the "Requiem". Vashon-based soprano Holly Boaz sings the beautiful "Pie Jesu" solo and Glenn Guhr sings the baritone solo pieces. Both Boaz and Guhr have appeared with Vashon Opera. This is their first time singing with the Chorale.  
Elgar and his wife, Alice, regularly traveled to southern Bavaria and after one such holiday, Elgar set six of Alice's poems about their trip to music. Each song describes a different story of their experience: a vigorous folk dance, a folksong of lost love, a gentle lullaby, a devout hymn at a snow-bound church, a romantic tryst high in an Alpine meadow and ceremonial riflemen engaged in friendly competition.  
In the summer of 1887, Fauré began composing a Requiem Mass "for the pleasure of it" making some unusual decisions in his choice of texts. He omitted the traditional "Dies irae" sequence and borrowed the "In paradisum" from the burial liturgy. It was completed 1893.  
Tickets (\$18/general, \$15 senior, \$5 youth to age 18) can be purchased through brownpapertickets.org or after April 1 at the Vashon Book Shop.

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# Johnny Lund & The Galaxies

A group of veteran rockers, the Galaxies play rock and roll brewed from years of experience. The band members believe in preserving the true feeling of rock tradition. Authenticity in performance and material selection makes for a memorable musical experience.

Fronting the band on lead vocals and rhythm guitar is Johnny Lund. Mr. Lund has been playing his vintage Rickenbacker guitar since 1969. Johnny is the driving force in Seattle based Threshold, a nationally known Moody Blues tribute, as well as Brittmania, a well known local Beatles tribute.

Scotty "The Rocker" Johnson plays lead guitar. Scotty is well known on Vashon for his 25 years with island legends, The Doily Brothers. Lund and Johnson's combined talents are the twin pillars of the band.

Holding down the rhythm section are Danny Cadman and Loren Sinner. Having worked together for many years, these two are well known island musicians and are solid and ready to rock.

Rounding out the group is master saxophonist Van Crozier. Van has an enviable resume, having played in many well known jazz bands including the Jay Thomas Orchestra. Van also plays with Portage Phil and



Loose Change. This is yet another free cover show and is all-ages 'till 11pm.

Friday, April 3 8:30pm  
At the Red Bicycle  
17618 Vashon Hwy SW  
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[www.redbicyclebistro.com](http://www.redbicyclebistro.com)

# Publish The Quest

Publish the Quest, a band with deep Vashon roots that has made a name for itself worldwide as both a musical and philanthropic force, is coming home to Vashon for another epic show at the Red Bicycle Bistro!

Jacob Bain, frontman for the group and also a founder of the all-Islander ensemble Trolls Cottage, grew up on Vashon and lives here now. The group plays an energetic and danceable mix of blues, rock, ska and world pop.

A passion for social and musical outreach has taken the group around the globe. Working with a nonprofit called Learn Africa, Publish the Quest has made several recent trips to Cape Verde, Zimbabwe, Mali, Poland, Portugal and Spain, where band members have played in festivals and music halls, recorded with local artists, and conducted music workshops and jam sessions with under-privileged children. On a recent trip to Zimbabwe, the band brought along a trove of donated instruments and soccer balls to give to kids in Harare and Hatcliffe Extension, a slum just outside the city.

An impressive roster of international stars has collaborated with the band — Femi Kuti, Nneka Lucia Egbuna, Matt Chamberlain, Eyvind Kang, Radioactive, Oliver Mtukudzi and Vieux Farka Touré have joined forces



with the group on recordings and in concert. A recent single, "Sodade," was recorded with Cape Verdean vocalist Laise Sanches, with all proceeds from the sale of the song going to benefit the cause of arts education in Africa.

Bain said he has found great inspiration in working with kids and musicians in Africa — people he said had "an insatiable appetite for music." To share the healing aspects of music with children in Africa, he said, has been a joy.

Publish the Quest's latest album is called "A Thousand Kinds of Gold", and Bain said he is currently working on a short film that will document the band's work in Africa. This comes after a recent successful Kickstarter campaign to raise money to fund these projects.

Opening for Publish The Quest is duo "Moe &

Tom". Acoustic and eclectic folk duo, Moe & Tom, is a Moe and Tom (2) compilation of Audrey Weatherstone, Shayne O'Neill, lots of strings, hybrid instruments, and vocal harmonies. The girls have been best friends since the school bus in kindergarten, and began playing and writing music together at age 15. Residing in Warwick, New York, Moe & Tom continue to perform, write music, and promote their debut album, "The Earth Is Much Like You and Me".

The show starts at 9 p.m. at Red Bicycle Bistro. It's an all-ages show until 11 p.m., and for ages 21 and older after that. I.D. is required. There is a \$8 cover charge.

Saturday, April 11, 9pm  
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Next Loop comes out April 16

# TRIBE-olution at Open Space for Arts & Community

TRIBE-olution brings their exuberant, colorful celebration of dance to Vashon, in an all-ages, fun-filled performance - Saturday, April 4 at 7:30pm.

TRIBE-olution explores the roots of hip hop dance in African, Brazilian-Capoeira, and Asian Kung Fu traditions through cross-cultural dance moves and contemporary musical theatre.

Ensemble members include b-boys Jsquerl from the world-champion crew Massive Monkees and Blazii from Dogg Pound, MC/DJ Justin Murta (The Rebelz; Global Heat) and MC/b-boy Mozes Lateef Saleem (Soulshifters; Opposing Forces), and musicians from hip hop soul band Global Heat. They are joined by traditional cultural performers from Africa and Brazil, including African drummers/dancers Manimou Camara of Dounia Djembe and Awal Alhassan of Sohoyini (Ghana), choreographer and dancer Dora Oliveira of Show Brazil, and Capoeistas Fabricio and Coty Valdez of Capoeira Eastside (Brazil). Don't miss this fun-filled show to be followed by a dance party for the whole family with live music provided by members of TRIBE-olution.

Don't miss this fun-filled



show, followed by a dance party for the whole family - with live music provided by members of TRIBE-olution.

Tickets are \$12 Advance and Available at Vashon Bookshop and <http://tribeolution.com>

[brownpapertickets.com/](http://brownpapertickets.com/)  
Tickets will be \$15 at the Door

Watch a fabulous preview here:  
[www.youtu.be/bWJ8M-uDTaE](http://www.youtu.be/bWJ8M-uDTaE)



# Seattle Rock Orchestra Quintet plays Beck, Radiohead & more!



Seattle Rock Orchestra (SRO) electrified audiences when they ‘crossed the pond’ for their Vashon debut this past summer, performing rocking covers of Beatles, Led Zeppelin and Pink Floyd. SRO returns to the Island, this time with their elite chamber ensemble, Seattle Rock Orchestra Quintet (SROQ). Performing its own unique repertoire, SROQ offers a more intimate concert experience and darker, edgier programming than its larger counterpart. SROQ made its debut in 2014, accompanying Icelandic artists Sin Fang, Junius Meyvant and Soley at KEXP’s annual Reykjavik Calling show at Neumos and on-air and online via KEXP. The Quintet will be performing songs by Beck, Bjork, Radiohead and more.

Fronting the quintet, Tamara Power-Drutis is a Seattle based performer, songwriter, and recording artist, with a background in indie-pop, rock, classical, musical theater, folk, and Irish

traditional music. After recording her first, self-titled CD in 2009, she went on to play and record with the Warm Hardies in 2010-2011, Phinney Estate in 2011-2012, Bushwick Bookclub since 2013, and Winding Hearts since 2013. Tamara began singing with the Seattle Rock Orchestra in 2011 and has since become one of their favorite and most featured vocalists, including the singer and star of SRO’s music video of Beck’s ‘Old Shanghai’ and its corresponding single and EP. In 2013 Tamara released ‘Pacifcana’ an EP of six derivative works of early Northwest americana music, co-sponsored by the Seattle Office of Arts & Cultural Affairs.

Seattle Rock Orchestra Quintet featuring Tamara Power-Drutis  
Saturday, April 18, 7:00 pm  
Vashon Allied Arts  
Tickets: \$16 Member/Student/  
Senior, \$20 General

# Ten Cent Time Machine



Open Space for Arts & Community proudly presents a new all-ages music event, featuring Vashon’s own Ten Cent Time Machine and Max Moore

Friday, April 10, 7pm - 11pm

Ten Cent Time Machine is a local garage-rock band from Vashon Island. Although the band finds most of their inspiration from various punk bands, their jazz-trained drummer and classically trained bassist bring a different feeling to the music.

Since the band came together over a year and a half ago, Ten Cent Time Machine has become known for their distorted guitars and heavy riffs. The band is excited to play at Open Space, and hopes you’ll join them for a fun night of jams!

Ten Cent Time Machine is:

Lead guitar: Peyton Lieske, Bass: Kail Li Scheer, Drums: Graham Hazzard, Rhythm guitar/vocals: Quinn McTighe.

Tickets are \$7 at the door - no one turned away for lack of funds.

Find the Loop on-line at  
[www.vashonloop.com](http://www.vashonloop.com)

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is good for composting.

# The Alaskan Angel comes to Vashon



Janie Lidey, known as The Alaskan Angel, is coming to Vashon mid April to grace our community once again. Since her first visit to the island in 2013, Janie has fallen in Love with our local musicians and the feeling appears to be mutual. It is easy to fall in Love with Janie. Suffice it to say ~ her Heart is as big as her Talent. I personally wanted to share a little about Janie’s background, since she has a tendency to underplay her many accomplishments.

Janie Lidey has been recognized for her excellence in music through winning an Emmy for her songwriting; a Grammy for the fine arts program she helped direct at East High School in Anchorage, Alaska and the Mayor’s Arts Award which recognizes excellence in music education.

As a music teacher in the public schools of Alaska for over two decades, Janie Lidey taught students from over forty different cultures. Not only did she teach them to sing and play the guitar, she taught them to live their lives with passion, kindness, love, hope and gratitude. The most important lesson was to instill the belief in her students that they could do anything they dreamed or imagined. Janie has shared many of the letters and video tributes from these students ~ and it’s easy to see what an impact she has made on their lives.

As an artist, teacher, motivational speaker and now author, Janie has performed at numerous events

including: The Rachel’s Challenge Summit in Denver Colorado, (Columbine Tragedy) Lion’s International 8 to Great Event in Anchorage, Alaska, American Cancer Relays along the west coast, and Women’s Conferences to name just a few. She also had the opportunity to sing alongside John Carter Cash at Willie Nelson’s 80th birthday tribute in Nashville, Tennessee.

With her music being played in over thirty countries worldwide, an upcoming Nashville promotion, and the release of her book & CD, The Magic of a Song, Janie Lidey is ready to once again share her love & light with Vashon.

Performances:

Vashon Community Care Center  
Saturday, April 11th from 2-3pm  
Snap Dragon  
Saturday, April 11th from 7-9pm  
\*The Coop ~ House Concert  
Sunday, April 12th from 6-8pm  
Voice of Vashon 101.9  
Morning Scramble with Greg Curry  
Monday, April 13th 8:00-11:00am

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## Next Edition of *The Loop* Comes out Thursday April 16

Deadline for the next  
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**Friday, April 10**

Find *the Loop* on-line at  
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