

CHI Franciscan to close Vashon Health Clinic

CHI Franciscan Health, which has operated the medical clinic at Sunrise Ridge for three years, announced on Friday the 6th it will cease operations there August 5 2016.

Franciscan officials delivered the news in person on Friday morning to clinic staff. They have also sent letters, this week, to clinic patients.

Tim Marsh, vice president of operations with the Franciscan Medical Group, was one of those who came to the island to deliver the news.

"The clinic has faced ongoing challenges" he said. "Closing the clinic was a difficult business decision; however, operational expenses have been exceeding revenue, making the clinic unsustainable."

Physicians and other staff at the clinic are being given the opportunity to apply for open positions throughout the Franciscan system, Marsh said, and patients can follow their providers or transfer care to the nearest Franciscan clinics that have room to accommodate them, in West Seattle and Port Orchard.

The news is coming as a shock to

many islanders. Members of the Vashon-Maury Health Collaborative (VMHC) — which formed four years ago to improve health care on Vashon — have known the Franciscans did not intend to stay long-term and have reached out to medical systems in the region to see if any might be interested in running a clinic on Vashon — and avert a health care crisis on the island.

Two other entities have expressed interest in opening a clinic on Vashon, including UW Medicine, one of the members of the group Tag Gornall said. These conversations are still in the early phase with no specific clinic site mentioned.

VMHC members include Tag Gornall, John Jenkel, an attorney, and Tim Johnson, who has a business background and currently manages Granny's Attic.

VMHC hopes to hold a community forum on the issue in the near future.

For more information about the VMHC, see its website at VMHealth.org and click on the "Visualize Health Care" tab.

ED Talks: Nature and Environment on the Rock

As you read this, the Sophomore class at Vashon High School is engaging in relevant scientific inquiry studying local wildlife, habitats, and sustainability issues. Dedicated science teachers Elisabeth Jellison, Jordan Browning, and Melissa Kehl along with professional scientists from Vashon Nature Center, Zero Waste Vashon, and more are guiding 10th graders through a variety of research projects including juvenile salmon surveys, sea star counts, and a study on whether our island can sustainably feed itself.

The students all agree on one thing. "This project was different than most science," said student Jasper Merrill. "It was pretty cool. We got a chance to get out of school and be out of the classroom. I feel like we are contributing to something. It was different than anything else we have ever done."

Jasper went to Raabs Lagoon to count sea stars both with and without sea star wasting disease. The students are building on research conducted by last year's sophomore class as well as professionals and volunteers up and down the west coast. And they were getting more out of the experience than just a day outside.

"We got to experience a job we could potentially have some day. That never happens. It was kind of like an internship," said Kate Ryckman.

Lizzie Sutherland notes, "This project was so different than normal science. More complicated, more hands on, but also more work and effort. We can make a big difference even though we are sophomores."

The adults involved enjoy the experience as well. "Being able to offer students the opportunity to conduct true science, apart from their classroom studies is highly rewarding," notes Maria Metler, education specialist for the Vashon Nature Center. "Often times this is the first exposure to scientific research for the students. The students involved in these projects create high quality research with a high level of satisfaction in their work."

The student's findings will culminate at an interactive science symposium called ED Talks: Nature and Environment on the Rock. Students and professional researchers will present quick 10 minute talks on specific topics related to Vashon's marine, freshwater, and terrestrial



Photo by Susie Fitzhugh.

ecosystems. The collaboration between professionals and students is unique and generative for both groups. Bianca Perla, director of the Vashon Nature Center describes the benefits of this event. "Ed Talks gives us a place to come together as a community to learn about island wildlife and habitats and the issues they face," said Perla. "Good connections happen here between scientists, students, land managers and the community that can create momentum for change. This is an event where everyone walks away having learned something and with the wheels turning."

This year six student groups will present alongside six professionals to give Islanders an update on the most current research happening in and around Vashon. The public rarely has the opportunity to engage with researchers and their results. The ED Talks, being held Sunday May 15th from 2-5:30 at Open Space, put the public and the science together.

"This event offers a single venue for the work of professional scientists from State, County and Nonprofit sectors to present their research alongside the work conducted by Vashon High School and McMurray Middle School students," Notes Metler. "Through the sharing of research our community is more knowledgeable about the issues impacting our island."

Continued on Page 6

The Road to Resilience Politics among the Billionaires

By Terry Sullivan,

Imagine yourself as a billionaire in 1981. Ronald Reagan has just been elected. You've parked one of your billions in Treasury bonds—a solid, conservative investment backed by the full faith and credit of the US Government. The rate is 10% per annum. From those bonds alone you'll make \$100 million per year. That's your good news. The bad news is that your income tax obligation to the IRS will be \$70 million leaving a net of only \$30 million in your pocket. But you're in luck. History will show that you're in for better times.

The rest of us in 1981 knew only that President Reagan had an attitude—taxes were too high, regulations were too numerous and the Government was our biggest problem. But you, as a billionaire, had supported his campaign with the hope of cashing in on his libertarian ideals—looking to get that 70% marginal tax rate down around 50% at the very most. And, as history did show, Ronald came through. By the end of his two terms as president the IRS demands had flipped: the marginal rate was down to 28% and \$72 million stayed in your pocket! An additional profit of \$42 million! The arithmetic of politics had obviously changed! The wealthy of America could see clearly that an ultra-conservative, libertarian ideology produced a substantial upswing in tangible, after-tax results and, according to the recently published book "Dark Money", the game of politics made a quick right turn back towards the policies of the Gilded Age of the 1890's.

Jane Mayer's "Dark Money: The Hidden History of the Billionaires Behind the Rise of the Radical Right" tells the billionaires' story—how you and other ultra-wealthy Americans rallied around the Reagan Revolution, how it was organized, why and how much you donated, where the money was spent, what you expected in return, how you've benefited so far, and what your ambitions are for the 2016 election and beyond. It's a gripping tale: a nice bit of investigative reporting. It is a sad prognosis for the non-wealthy classes, but, whether true or not, it certainly explains the campaigns we've seen in 2016. The GOP candidates are making sure to honor the politics of Reagan. They, and all the Democrats, except Sanders and his followers, steadfastly disavow any obligations to their big donors, while all struggle to accumulate the money they know they'll need to ultimately gain favor with the American voter. The big picture seems clear, and "Dark Money" fills in many of the details: why, after each election, the US Congress seems to ignore the actual desires of American voters, how the Supreme Court, with decisions such as Citizen's United, unleashes the political power of big business, or how the Congressional districts got gerrymandered, or ... The list goes on as each seemingly irrational or mysterious political development is related to the flow of large amounts of money from those who can afford it and who benefit most directly by the results.

Mayer's book follows primarily the activities of three well-endowed

Continued on Page 9



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Next Loop comes out May 26

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Community Drum Circle

Red Lodge hosts a monthly drum circle, the second Friday of each month at Vashon Intuitive Arts. May’s gathering will be on Friday the 13th, 7 pm. All are welcome to join in sacred space for singing and drumming for joy, health and happiness in our community.

Alzheimer’s Association Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer’s Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

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Free Garden Advice

Vashon Master Gardeners will host Plant Clinics from 9:30 a.m. -2:30p.m. on alternate Fridays & Saturdays beginning May 7, outside Ace Hardware.

Master Gardeners will be available to answer all your questions with research-based, environmentally sound information. Each Plant Clinic will also highlight a special topic of interest to our planting community. Free handouts and garden resources will be available. All questions welcome! Please stop by to share your gardening questions, successes and to meet your Master Gardener neighbors.

Shambhala Meditation

Shambhala Center offers meditation sessions on Wednesday evenings

Everyone is welcome.

Perfect for beginners and established meditators.

Meditation instruction is available for those new to meditation Mindfulness-awareness meditation is the foundation of all that we do at Seattle Shambhala Meditation Center.

Through our meditation we develop the possibility of meeting our everyday activities with awareness, peace, wisdom, compassion and a sense of humor.

On-going Series (every Wednesday evening) 7:00-7:45 PM: Meditation (including instruction) 7:45-8:00 PM

Questions / Social Time Follow us on Vashon Island Shambhala’s Facebook page (<https://www.facebook.com/vashonislandshambhala>)

Vashon Intuitive Arts is located uptown next to Pandoras’ Box .

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Send to: Editor@vashonloop.com

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Health Center Closing

The unfortunate closing of the Health Center should not be blamed on Franciscan, it’s practitioners or staff. The culprit is our health care system. Primary care has razor thin profits, or none at all. Those who accept Medicare or Medicaid subsidize the practice, or go out of business. Franciscan has very deep pockets, and even they were unable to financially sustain a full practice, because reimbursements don’t cover the cost of providing care. And, Vashon is not unique, in rural areas 10% of the nation’s doctors see 25% of the population, and sadly there is no mandate that requires access to health care at all.

Until private insurance, Medicare and Medcaid reimbursements change, lack of access to care will be a problem. Before Vashon thinks about a tax district for health care, consider this: the money required to provide our health care needs will quickly outstrip many people’s ability to pay increasing taxes, and drive those that need care the most off the island. Vashon needs a state or non-profit entity like the UW, or Sea Mar, and I sure hope someone convinces them to come here soon. Our health depends on it.

Dr. Kelly Wright

Vashon Sportsmen’s Club Annual Kid’s Trout Derby

The Vashon Sportsmen’s Club will host its annual Kids’ Trout Derby on Sunday, May 15. Sign-up begins at 11:30. Derby starts at Noon.

Free to the public and open to all island children 12 and under, the derby offers fun for the whole family and a chance to picnic on the grounds and enjoy an afternoon at the club pond. Visitors will enjoy fishing for big trout; nifty prizes for largest fish, and picnic food (grilled hotdogs, chili, & cold pop) at reasonable prices.

All children should be accompanied by an adult. Bring your own basic trout gear & bait. Sign-up begins at 11:30 a.m. (From Vashon HWY, head west on Cemetery Rd., turn left at Singer Rd. and enter the gate on the left.)

For more information, contact John van Amerongen at 206-567-4575

Yard and food waste pilot program at Vashon Recycling & Transfer Station

Bring your yard and food waste (separated from garbage and recyclable materials) to the Recycling & Transfer Station (18900 Westside Hwy. SW).

Yard and food waste will be composted at Cedar Grove Composting in Maple Valley, WA. During the one-year pilot (Oct. 2015 – Sept. 2016), your participation will help determine if a permanent program is feasible.

Yard waste

Branches, grass clippings, leaves, weeds. *Branches must be less than 8 feet long and less than 4 inches in diameter.*

Food waste

Fruit and vegetable scraps, breads, pastas, bones, fish, meat, cheese, egg shells, coffee grounds, paper coffee filters, tea bags

Fees for yard and food waste

- Lower than garbage fees
- Minimum fee: \$12 per entry – covers up to 320 lbs.
- Per ton fee: \$75

More information

- 206-477-4466 / TTY Relay: 711
- your.kingcounty.gov/solidwaste/Vashon
- www.zerowastevashon.org

Desechos de jardín y comida ahora son aceptados en la Estación de Reciclaje y Transferencia de Vashon. Para más información, comunicarse al teléfono 206-477-4466.



Next Edition of The Loop Comes out Wednesday May 26

Deadline for the next edition of *The Loop*
Friday, May 20

Hilary joins Bernie on Senior Center’s Dream Team for Unofficial Mayor

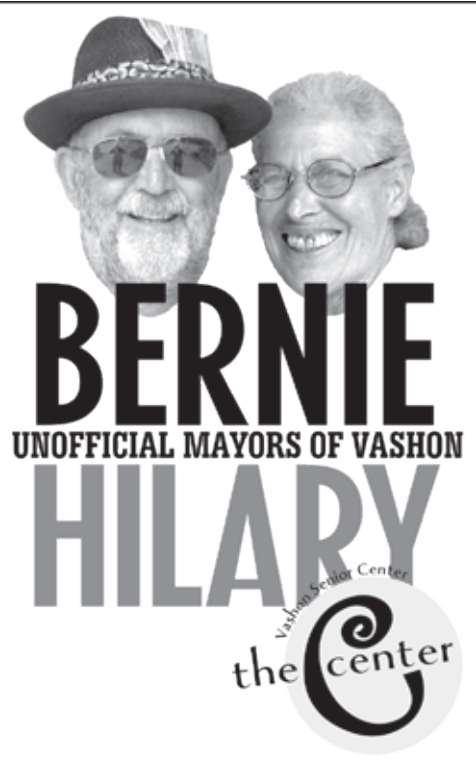
Rooting for Bernie? Pushing for Hilary? In a remarkable show of unity, Bernie and Hilary have combined their campaigns to run for Unofficial Mayor(s) of Vashon! In a joint statement, they said, “As seniors ourselves, we know the importance of Vashon’s Senior Center to the health and well-being of Island seniors, and to the vitality of the entire community.”

Bernie O’Malley and Hilary Emmer, both long-time Vashon residents and activists, are running on the Bernie-Hilary Unity ticket with a goal of raising \$25,000 for the Senior Center’s two transportation programs, Bluebird Medical Transportation and the Lunch Care-a-Van. These are critical programs that have a powerful and positive impact in the community.

Bernie is a familiar face around town... he and his family operate the produce stand in front of the Hardware Store Restaurant every Friday and Saturday from May through September. He has been one of the Island Elves raising funds for Vashon Youth and Family Services and the Food Bank.

Hilary is a tireless advocate for the Island and has been at the forefront of efforts to improve social services, housing, transportation and access to medical and dental care for those who cannot afford it.

While Bernie “can’t wait to ride in his convertible in the Strawberry Festival parade,” Hilary insists “that she’ll be doing the driving.” Until then look for the brightly labeled recycled water jugs that



Bernie has put around town that await your dollars...one dollar equals one vote...to benefit the Senior Center. “Vote again and again and again. Don’t worry if you’re not a registered voter, or if you’re a Republican, Democrat or Independent. Every vote and every dollar counts.”

Remember, your vote for Bernie and Hilary is a vote of support for island seniors and the Senior Center.



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Photo ©Linda Crayton

Sophie Needs A Home...

I could sit all day on my foster mom’s lap and purr and talk. When she’s not sitting, I follow her around but at the same time, I’m OK with being left alone all day.

Although I’m all grown up, I still love to play. When I’m in the mood, I look for my foster mom, get her attention and then run to the room where my favorite toy is. Sometimes I have to repeat the steps a couple times before she gives in (but it’s worth it!).



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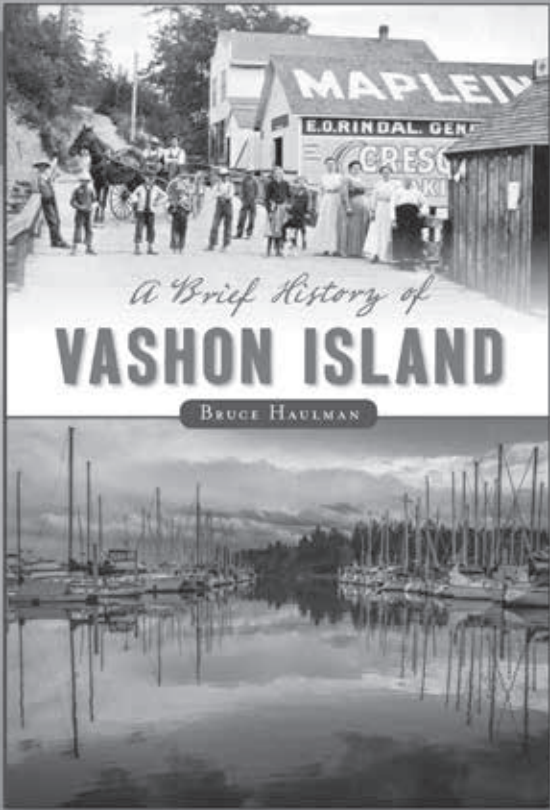
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Book Release May 12, 2016

“... the first comprehensive history of the island in over 80-years ...”

Join us at the Vashon-Maury Island Heritage Museum
May 12, 2016 for the release of *A Brief History of Vashon Island*



Local Weather

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Deadline for the next edition of *The Loop* is
Friday, May 20

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VMIHA Celebrates Annual History Contest Winners

The winners of this year's Vashon-Maury Island Heritage Association's History Project Contest were celebrated at a party at the Heritage Museum last Friday evening in the same way that their championship endeavors celebrated the Island's history.

First place and \$100 went to Xan London-Chambers, son of Angela London and Lisa Chambers, for his essay, "The History of My Farm." He interviewed several people who have lived on the property and said the hardest part was finding the Larsons, the original owners. Xan attends Chautauqua Elementary where he is in Geri Wilson's multi-age class.

An essay on "Vashon's Pioneers" earned Lila Cohen second place and \$75. Lila also created a model of a pioneer house out of cardboard and Popsicle sticks which she declared was the most enjoyable part of the project. Lila is the daughter of Dr. Jeff Cohen and Dr. Kristen Cohen. She is in fourth grade in Karen Barich's class at Chautauqua Elementary.

Caleb Cullimore garnered third place and \$50 with his essay, "The Mosquito Fleet." A fifth-grader in Kay Burrell's class at Chautauqua Elementary, Caleb, who really likes boats and old engines, says "there are some really cool engines in the Mosquito Fleet." He is the son of Bart and Rebecca Cullimore.

This year two students received Honorable Mention prizes of \$25. Alex Burgess created a display board illustrating "The Vashon Highway through Time." Alex is home-schooled and also earned a merit badge in Boys Scouts for his entry. His parents are Jonathan and Vanessa Burgess.

Lila Cohen, who lives in West Seattle

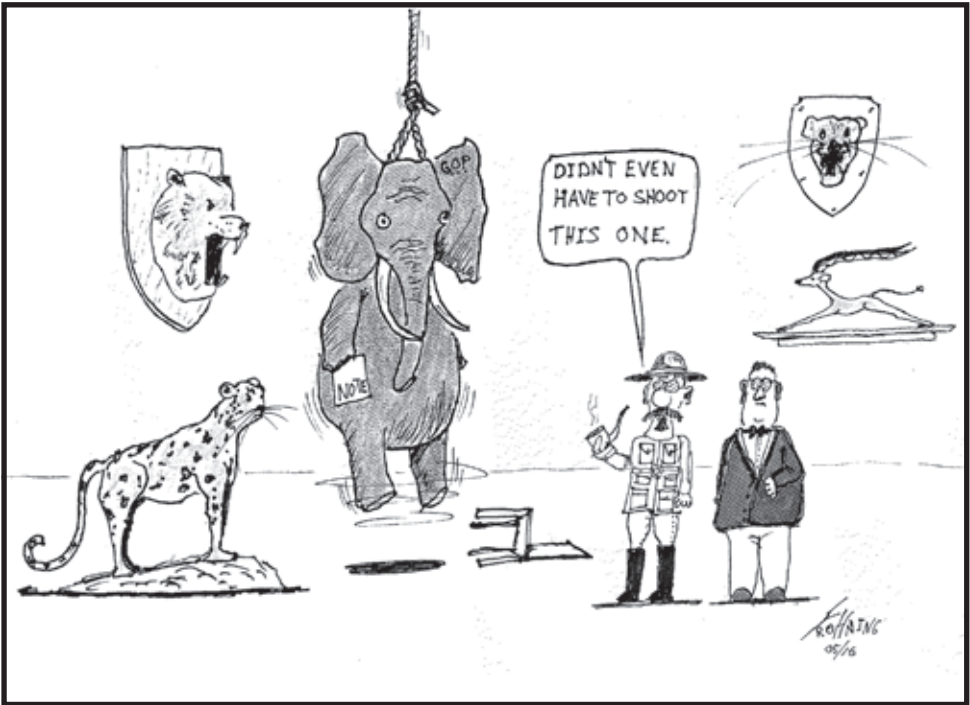


Winners of the Vashon Story History Contest wait for their prizes to be awarded at a party in their honor Friday evening, April 29, at the Heritage Museum. They are, clockwise from the back, Lila Cohen, Alex Burgess, Livy Winnard, Xan London-Chambers, and Caleb Cullimore.

but attends 5th grade at Harbor School, demonstrated her love of Vashon and celebrated the individuality and acceptance she finds here with her poem, "Vashon Island." Lila's parents are Melissa Aaron and James Winnard.

All winners also received Museum memberships and a certificate.

Sponsors for the contest were Vashon Bookshop, Kellum and Montoya Building, OCCU, and 4Culture.



Bruce Haulman's New Book About Vashon

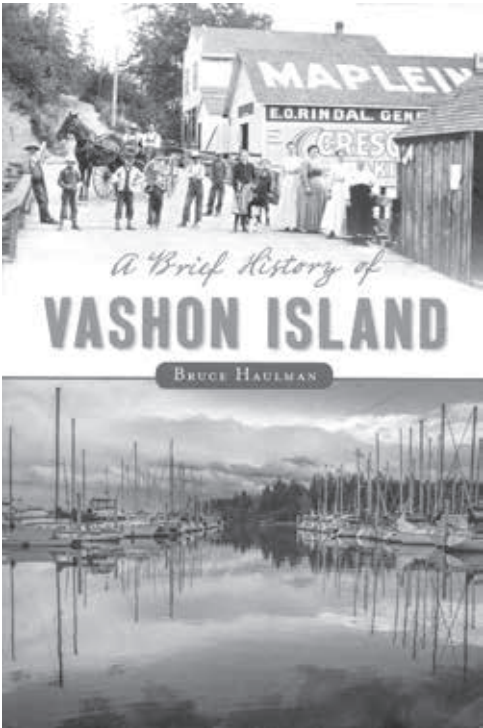
By Ann Irish

Vashon Island historian Bruce Haulman's new book, A Brief History of Vashon Island, was released this past week. Haulman indicates that this is the second of three books chronicling island history that he has been working on. The first, written with Jean Cammon Findlay, was the pictorial history Vashon-Maury Island in the Images of America series. The third book will tell the stories of the people who have made our island what it is.

A Brief History of Vashon places the Vashon story in the context of Western America. The book describes the land, the Native Americans who lived here and the explorers who came to measure and claim the land for Great Britain or the United States. When white settlers came to the island they depended upon "resource extraction," that is "agriculture, logging, fishing and mining" (mining on the island meant brick-making and extraction of gravel).

The changing world brought changes to the island, which evolved from a community of loggers, fishermen, farmers and their families to the gentrified island of today. The Mosquito Fleet gave way to large car ferries. Foreign immigrants, especially from Japan, helped solidify Vashon's agricultural accomplishments. Difficult economic times in the Depression of the 1930s and World War II in the 1940s forced islanders to adapt to new conditions. In Haulman's new book we learn about the postwar decline of agriculture on Vashon and why the island's strawberry industry collapsed. After the war, undependable ferry service led to the creation of Vashon's own ferry district. Later, the possibility of a bridge captured islanders' attention; first, most islanders liked the idea, but more recently it found almost no support on Vashon.

As the twentieth century proceeded, tourists came, the town of Vashon became a vibrant commercial center and we can read about how it has changed through the years. But while our commercial center grew, the number of islanders commuting to mainland jobs also grew. The author also shows that the love-hate relationship islanders have had with King County government is long-standing. Islanders



want to make policies for the island but are also happy to accept county resources. These days islanders volunteer to fill many needs, bring music and drama to their neighbors, and make island history accessible.

Haulman describes islanders' changing political attitudes: majorities used to vote for Republicans and when hippies came to the island about 1970, strong opposition surfaced. Times are different now.

For details of all of this and much much more, see the book. It is a detailed, comprehensive look at the island, covering the story from prehistoric times to the present. Familiar and iconic photographs plus others that have been hidden away in archives accompany the text. The complete island story has not yet been told, though. The final book in the trilogy will bring to life the people whose accomplishments you will read about in the newly-released volume.

A Brief History of Vashon Island is available for purchase at the Vashon Bookshop and the Vashon-Maury Island Heritage Museum. The Museum will hold a book launch party for Dr. Haulman at 6:00 tonight, Thursday, May 12, and Haulman will appear at the Vashon Bookshop for a reading on Thursday, May 26, at 6:00.

Break Time

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Vashon Library Events
Art & Music Events
Submit your Event on line at www.vashoncalendar.org

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206-925-3837

Spiritual Smart Aleck

High White Overcast

On a typical day around here, there is a cloud cover that makes the sky look white. When writing to friends in, say, Australia, I have often found myself reporting that the weather today is the usual high white overcast.

They write back that it is sunny and hot there, and they'd write more but they're off to the beach for a swim. Oh, and they don't get bronchitis every year any more, like they did when they lived here.

I grew up in California, close to the ocean, close to Santa Cruz, in fact. The weather there was idyllic. Temperatures hovered between 50 and 70 degrees Fahrenheit all year around, with occasional heat spikes in the summer and frosts and ice in the winter. Day after day it was another beautiful day. Ho hum.

It was surfing country. I used to enjoy watching surfers at Steamer Lane, among other beaches along that stretch of Monterey Bay.

There have been a lot of movies of surfers, but movies are made up of the good stuff. The reality of watching regular people surfing is that a gaggle of people in wet suits sit on their boards out beyond the breakers, waiting for a wave they like.



Dogs like sunny spring days, too

When they decide a wave looks like a good ride, they paddle like mad to catch it, while the rest of the crowd watches them. If they catch it, and they don't always, they stand up on the board and feel what must be the glory of flying over the water.

The ride does not last long. Sometimes they lose their balance and fall off their boards, or otherwise wipe out.* Then they get back on their boards and paddle out beyond the breakers to do it again. It's kind of like going on a roller coaster at Disneyland. You wait a long time for a brief ride, and if you want to do it again you have to wait again.

If you believe that it is always sunny at the beach in California, you haven't been there. In the summer the warm air from the land moves over the cold Pacific Ocean offshore, and voila, fog.



By Mary Tuel

Where I lived, in the foothills of the mountains, in the late afternoon the fog came in. You could watch the fog bank approaching, damping the sun and lowering the temperature. In the morning the fog retreated to the ocean. This was called burning off.

Fog fact: If you are on the San Francisco Bay side of the San Francisco Peninsula or up in Marin north of the Golden Gate, one of the coolest sights you can see is the fog coming inland over the Coast Range mountains. It comes as a slow, towering bank of cloud, spilling and flowing down the mountainsides like the water it is. You can see this phenomenon during fog season, which is during the warmer months of the year.

There were so many mornings in California when the sun shone cool and delicious after the fog retreated. There was sunlight and bird song and the feeling that there was no more perfect place in the world than this. The heart knew a peaceful joy. When I thought about going back to California over the years, it was the feeling of those mornings I missed most and for which I longed.

We've been having mornings like that here this spring. I've known years here when the weather stayed damp and overcast far into June, but not

Vashon Reads about Racism, Culture, and White Privilege

Everyone is invited to attend the launch of Vashon Reads about Racism, Culture, and White Privilege, at the Vashon Bookshop, June 2nd, 6 pm.

Lois Watkins, author of What It Was Like, and Janie Starr, contributor to What Does It Mean To Be White In America?, will provide an interactive reading of their works. Watkins, black, and Starr, white, are both islanders who grew up in the southeast, living in completely different worlds. They have come to their activism from flip sides of the race coin.

In order to involve all islanders in Vashon Reads, books have been selected to appeal to all age groups. Copies will be available at the Bookshop, and at the Vashon Library.

An overview of these books this year. This year we have had sunny hot days in April and May.

Is this climate change? I have a feeling that the changes overall will not be that predictable, but on a morning like this, with the spring sunshine pouring down, I'm okay with climate change, or whatever this is.

A couple of days ago we had the high white overcast sky that we know so well, and it may be back tomorrow. We don't have the coastal California climate yet, and in Puget Sound we don't have many surfers because you have to drive out to the ocean to find surf.

Climate change? A bunch of really nice days for no particular reason? I don't know. We live in interesting times, my friends.

*Wipe out is one of the terms that surfing brought into the English language. A few others: bitchin', cowabunga, dude, gnarly, hang ten, hodad, pipeline, radical/rad, and stoked. This is by no means a complete list. These terms and others have expanded in meaning and usage far beyond surfing. For example, when I had my gall bladder out, the surgeon told me that it was really gnarly.

Vashon Reads About Racism, Culture, and White Privilege

June 2nd, 6PM at Vashon Bookshop

Join an all-island conversation, for all ages, serving as a catalyst for ongoing learning, action, and response

Islanders Lois Watkins and Janie Starr will be reading from their publications at the event.

a community-building initiative of Sustainable Vashon
www.sustainablevashon.org

on June 2nd will include the reasoning behind the choices, a brief discussion of white privilege and allies, and the team's vision for on-going action.

Picture Books: Happy in our Skin, Golden Domes & Silver Lanterns, These Hands,

Abuela (English and Spanish)

Young Readers: Migrant, Mr. Lincoln's Way

Teen - Adult: All American Boys

Adult: Waking Up White and Finding Myself in the Story of Race

In addition, an extensive reading list has been created and will be available at the event, or through request to Janie@sustainablevashon.org.

Vashon Reads is part of an island-wide movement to acknowledge and address

racism on Vashon and beyond. It emerged from outrage over the murders of innumerable people-of-color nationwide, racist events locally, and confusion about the role white people, in particular, have to play in advocating for racial equity.

Ann Braden, a newspaper journalist, who lived from 1924-2006, wrote, "The battle is and always has been a battle for the hearts and minds of White people in this country. The fight against racism is our issue. It's not something that we're called on to help People of Color with. We need to become involved with it as if our lives depended on it because really, in truth, they do."

Come meet your neighbors, join the conversation, buy books, and explore ways to make Vashon a welcoming place for all.

ED Talks

Continued from Page 1

In addition to the talks there will be a variety of poster presentations by both students and professionals to explore.

The following professional scientists will speak at the event:

Jennifer Lanksbury - Washington Department of Fish and Wildlife - Puget Sound Mussel Watch: How Citizen Science Volunteers Help Track Nearshore Pollution

Greg Rabourn- King County's Vashon Basin Steward - Breaking Bulkheads: Restoring Vashon's beaches by removing shoreline armoring

Cheryl Greengrove- University of Washington Tacoma - Quartermaster Harbor Water Properties

Derek Churchill- University

of Washington - Community Forestry on Vashon Island: Stewarding our Forests for the Future

Bianca Perla- Vashon Nature Center - Bioblitz: 4 years of exploring island biodiversity

Gib Damann- Zero Waste Vashon - Vashon: from ecosystem to eco lab

This event is presented by the Vashon Nature Center and generously sponsored by: Open Space, King County, Vashon Maury Island Audubon Society, Vashon Maury Island Land Trust, Island Lumber, PIE, Vashon School District, Vashon PTSA, Vashon Schools Foundation, Washington Department of Natural Resources

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Sunday 8:00am - 2:00pm

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Planet Waves

by Eric Francis <http://www.PlanetWaves.net>



Aries (March 20-April 19)
You are far less likely than most to lose your head at this time, and not just because it is attached to your body. The next month or so represents a period when you will find it easier than many others to remain in full possession of yourself, regardless of whether or how things move or change direction in your life. The main thing will be to pay attention. This does not mean you need to be all tense and vigilant 24-7. By all means, allow yourself to periodically set your cares aside, relax and even indulge forms of distraction that serve to refresh and revive your acumen. That way, when you need to be on the ball, you will be in self-control and ready to roll — and you'll show the rest of us how it's done.

Taurus (April 19-May 20)
Experience has prepared you to discern true friends from any obvious foes who may cross your path upon occasion. Genuine allies will encourage and support your doing what's good for you and what's right by others, because friends want you to be happy, healthy and at your best. Unfriendly critics and competitors will attempt to discourage you in order to get the upper hand. Now that you can tell the difference, the next step is to distinguish yourself by how you respond. Show respect for your friends by making and being satisfied with your best effort, while also taking care of your wellbeing. Show respect for yourself by shedding the aspersions of those who do not have your best interests at heart.

Gemini (May 20-June 21)
One way or another, sooner or later, some undeniably good news will almost certainly find its way into your life before the year is over. That, however, is not the really big story for you. The feature event developing for you this year is that one way or another, sooner or later, you can (and probably will) become what amounts to very good news for at least one other person, and possibly for many others. Being an object of gratitude means being given a place of appreciation in the heart of another (or others) because of what you've done for them. It is a type of immortality. The trick to earning such a place without undue sacrifice on your own part is to be every bit as kind to yourself as you are to any and everybody else.

Cancer (June 21-July 22)
So long as you have been true to yourself and the values you hold dear, there is no need to burden yourself with thoughts of what might have been. That's especially true now, when looking and moving forward would seem to be much more appropriate than dwelling on the past. Begin by thinking about what you want your life to look like after next year, and then start taking small but solid steps to make your vision into a reality. Believe it or not, the most appropriate first step will be to get your home base in the sort of order that will make it both a launching pad and a safe place to land. It will be much better to be thorough than fast, so that any need to look back is something you finally put behind you.

Leo (July 22-Aug. 23)
Let the word 'affinity' serve as a template through which you filter your options. That's because you are (perhaps at long last) going somewhere as regards finding your place and establishing your reputation in the world, even if it may not seem that way now. It will be no small thing to include among

your many considerations whether you will like and be liked among the various people, places and situations that might become available to you sooner than you think. While it makes sense to put your own happiness first, compatibility is ultimately a two-way street. Therefore, take what you have learned from experience, and anticipate where you most likely will find welcome as well as opportunity.

Virgo (Aug. 23-Sep. 22)
Resources and assets are not always or necessarily material in nature. In your heart, you know that. Over the years you have willingly and wisely exchanged money and other things of tangible value for experiences, proficiency and personal development. Now (and perhaps right on time) there is a potential for the flow to reverse. Examine your life with optimism for where and how you have already prepared the ground upon which to build either a new career or at least alternative income streams. Keep an eye peeled for opportunities opening up which seem to have your name on them, and be confident enough to say, "Yes, I can," if you are asked to fill shoes that may have seemed too big not so long ago.

Libra (Sep. 22-Oct. 23)
If it ain't broke, don't fix it. That's especially true for you now. More specifically, it's an important (if somewhat earthy) maxim to follow regarding relationships where income and property are co-mingled. The potential for you and your partner (or partners) to share both unprecedented prosperity and blissful harmony is probably much better than it might look for you right now. Give any urge to tinker a rest and allow your mutual venture to develop, so long as it is doing well and that is well enough. While it is never advisable to count your chicks before they hatch, it's not a good idea to count them out, either. Unless you begin to actually lose financial ground or equal influence, put pie in the sky on the back burner until at least November.

Scorpio (Oct. 23-Nov. 22)
Your desire to protect those you love is actually quite adorable. That's one of the things partners and friends find attractive about you. Even as adventurous as life with you can be, those sharing it with you can feel secure in the knowledge that you will have their back. There is a point, however, when your protective nature can add to the stress of those you love rather than actually shield them. For that reason, you may want to listen carefully to feedback from those you seek to care for. If they ask you to back off a bit, don't be offended or feel useless. Just give your dear ones a chance to work through some of their own problems and even ask for help first, before rushing in with a premature rescue.

Sagittarius (Nov. 22-Dec. 22)
Almost free. You can feel it. You can taste it. You are almost done with some difficult but rewarding work, which, once completed, will allow you to finally stretch your legs and maybe even spread your wings. The main thing is to apply the same effort and diligence to the end of your task as you have to the beginning. If you can manage just that, your own innate gifts for exhibiting excellence will take over and see you through. Once you have met the obligations you took on so long ago, there will of course be other work for you to do, but perhaps not right away. It appears as though you have at least earned a break to enjoy the fruits

VHS Theatre Arts presents: Anything Goes

This is one of the most popular shows in the American musical canon. It's a perennial favorite with schools, community theatres, and audiences all over the country. Revivals of the show have been produced on Broadway at least once every decade since its initial production in 1934, winning Tony Awards for Outstanding Revival of a Musical in 1987 and 2011.
Music and lyrics by Cole Porter
Book by Guy Bolton and P.G. Wodehouse.

Anything Goes at VHS Theatre.
Friday-Saturday May 13-14, 20-21, and 27-28 at 7:30PM. Sunday matinee on May 29 at 3:00PM (only one matinee show this year)
Ticket prices: \$15 adults, \$12 students \$20 for benefit nights
Benefit performances on Friday, May 20 for VHS junior class (with a silent dessert auction at intermission) and Saturday, May 21 for Vashon Rotary. All



seats for both benefits are \$20.
Tickets available at VHS Office, Vashon Book Shop, and at the door.

of your labor by lifting your nose from the grindstone to breathe free at last.

Capricorn (Dec. 22-Jan. 20)
In some way or another you have probably received what you asked for. Now the idea is to remember what you were going to do with it. Slipping back into a few old but charming and harmless habits may not be an entirely bad thing. After all, it is important to be comfortable. However, there are indications that you can now go to new places and hook up with new people who might just become guests in your home. Who knows — if there is room in your life and it's the right time, even a new domestic partner could be in the offing. If that is the case, you would want to pay special attention to making sure that your residential space is at least as attractive as you have worked so hard and so long to be.

Aquarius (Jan. 20-Feb. 19)
It is true that people do not live by bread alone. In some way, no matter how well you have overcome any instability or dearth of years past, there may be some needs of yours that have long been unmet. Examine your life for frustrated or neglected desires, especially those that have been relegated to the realm of luxury because of your need to focus on necessity. Perhaps you could now consider exchanging one form of affordable luxury for an upgrade that

will provide a form of nourishment you have long done without. You know yourself well enough to understand you will not be excessive or irresponsible if you allow yourself to live with — rather than without — what amounts to more sustenance for your soul.

Pisces (Feb. 19-March 20)
Some sort of fellowship may just be starting to appear on your horizon. In all likelihood it is a form of association you have not previously experienced — not quite social, and not exactly familial either. The question is whether you will be comfortable with what you will be expected to offer in return. What do you owe for the support, encouragement and even collaboration you might receive from what amounts to a collegiate enterprise? On the upside, there is a distinct chance your life could become more fulfilling than ever before by throwing in with a small but dynamic group of people who bring out the best in you. That said, you may be asked to make compromises in order to fit in; not a bad thing necessarily, but heed your feelings on this matter. Do not be the only one to compromise. If you are not allowed to make your mark, don't make a commitment.

Read Eric Francis daily at www.PlanetWaves.net



Love the Sheepdog Classic? Be More Than a Spectator!

Join the fun at the 2016 Vashon Sheepdog Classic, **June 9-12**, and support Vashon Partners in Education (PIE) by being a **PIE Smart Dog Sponsor**.

PIE Smart Dog Sponsor Lucy Sackett (and family) with her sponsored dog Pepper & handler Joe Haynes.

PIE Smart Dog Sponsorships include:

- Two four-day passes
- Meet & Greet your dog and handler
- Raffle prizes including a three-night stay in Whistler!
- Feel like an insider ... and more!

The \$100 sponsorship fee is a partially tax-deductible donation to PIE, enhancing the learning environment in our public schools. Visit www.VashonPie.org for complete sponsorship benefits and to sponsor your dog today!



Finding the OM in h(OM)e

By Emily Herrick

The concept of family and what it means has been transformed in recent years, but most definitions still describe family as ‘a group of people who share common ancestors’ and ‘a group of people all living in one household,’ or ‘a group of things that are similar.’

I define family as a group of people who support and want the best for one another. I’ve been blessed with wonderful friends all my life who are family. I also feel very fortunate to feel so welcome on Vashon and to have formed bonds with many people in the community, even in the short year and a half that I’ve been living here.

Sometimes the best support we can give is the support and grace we give to ourselves. I don’t know about you, but I know I can tend to be hard on myself and to expect more of myself than I expect of others. This can lead to a feeling of overwhelm, stress and depletion – none of which is supporting being our best.

You’ll enjoy hearing Robert Session’s take on the importance of family and community on this episode of The One You Feed podcast <http://www.oneyoufeed.net/robert-sessions/>. Sessions, the author of Becoming Real: Authenticity in an Age of Distractions, states “Human beings are the most hyper-social creatures on the planet. What people desire is authenticity – a deep sense of being real. I believe that many people cannot attain this illusive quality of being... because of the myriad distractions

that keep them from a genuine quest and keep them looking in the wrong places.”

You are an important part of my community and family, too. I’d love to support you in your yoga and personal development journey, and there are several ways I can do that. My six-week course at CoreCentric Elite Personal Training Center <http://www.corecentrictraining.com/> begins on Friday, June 3, 8 – 9:15 am. This six-week introduction is open to brand-new students as well as those who wish to reconnect with the fundamentals of alignment in flow-style yoga. You are never too old or too ‘tight’ to begin. After taking this course, you will find yourself calmer, more focused, grounded, flexible and stronger. Make it a priority to step into your best self!

I also have several openings for private sessions available. I’m creating and testing a new private yoga program and would love to work with you 1:1 to tailor the practice to your needs. You’d commit one hour a week for 12 weeks. I’m offering the program at a reduced rate with a complimentary first session. Email me at emmylouherrick@gmail.com to contact me if you’re interested.

I’m currently studying a new modality I’m very excited to be able to offer soon to my community/family no matter where you live – more on that in upcoming months.

Finally, enjoy this great advice from The Chopra Center for creating calm in an instant: <https://shar.es/1eYjVH>

The Mask You Live In

There will be a local screening of The Mask You Live In on May 24 at the Vashon Theater, 6 pm, FREE, contact info@varsanetwork.org for information. After the screening, there will be a short community discussion.

The media is invited to attend the screening and cover the post-screening panel discussion. If you would like to attend, please contact Lisa Bruce at lisab@varsanetwork.org.

The documentary presents the personal narratives of young boys and men and features experts in neuroscience, psychology, sociology, sports, education, and media, further exploring how gender stereotypes are interconnected with race, class, and circumstance. The Mask You Live In ultimately illustrates how we, as a society, can raise a healthier generation of boys and young men.

“Just as our culture has harmed women and girls, so too are we harming our boys, which has led to a ‘boy crisis’ in America,” said Newsom. “Our intention is that this film sparks a national conversation around masculinity and helps our boys overcome limiting stereotypes, encouraging them to stay true to themselves.”

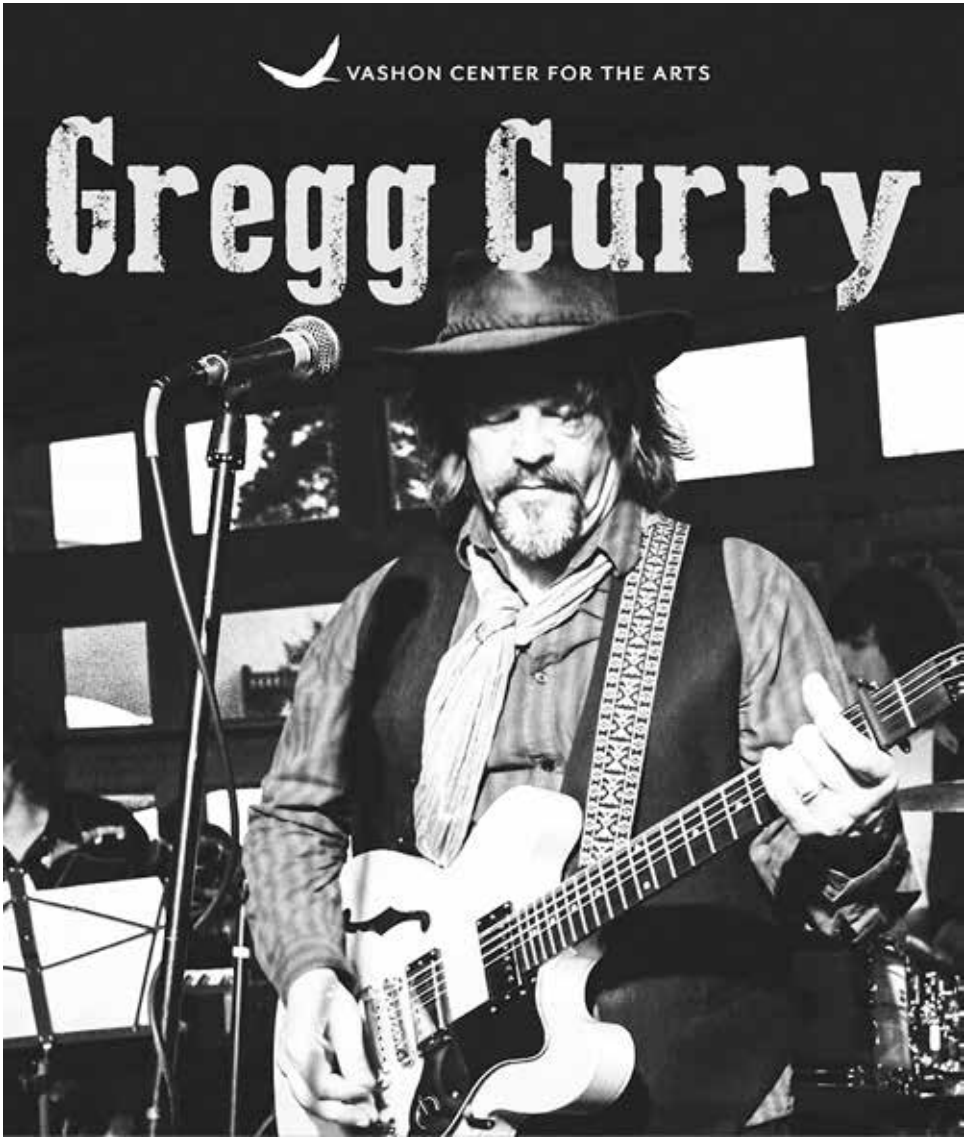
Newsom’s first film Miss Representation premiered at the 2011 Sundance Film Festival, and exposed the ways in which mainstream media contributes to the underrepresentation of women in positions of power and influence. In response to overwhelming public demand for ongoing education and social action in support of the



film’s message, Newsom founded the organization that has become The Representation Project a few months later.

Using film as a catalyst for cultural transformation, The Representation Project inspires individuals and communities to challenge and overcome limiting stereotypes so that everyone, regardless of gender, race, class, age, sexual orientation or circumstance can fulfill their human potential. Take the pledge and join The Representation Project’s movement at www.therepresentationproject.org.

Vashon Rock and Rollers Play the Kay



When Gregg Curry and Ragged Glory set out to record a debut album, they fired around a few titles in the studio and eventually With a Bullet hit the mark. This record has been a while in the making, and for his purposes, Curry says songwriting is about being ready and sensitive and humble.

“Guys like Paul Simon get up every

morning at eight and work until five. People like Tom Petty or Bob Dylan or Neil Young--they don’t sit down in a disciplined way to write songs, they get invaded by the song. I probably fall more into that category.”

Curry notes that with only so many chords and melodies and a very small period of history that’s recorded

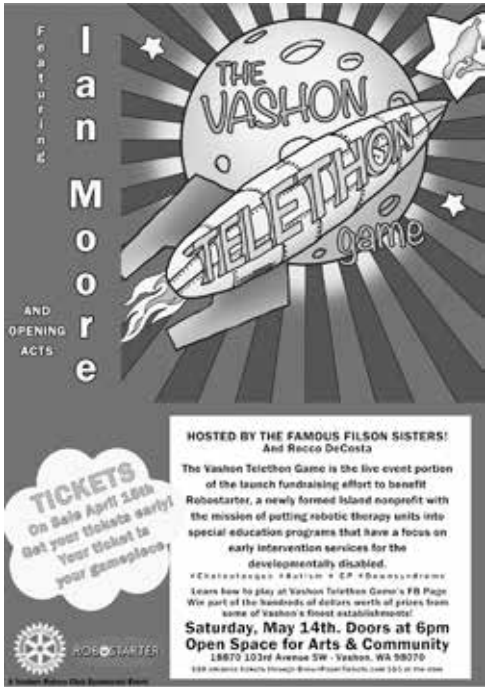
The Vashon Telethon Game

The Vashon Telethon Game, a Vashon Island Rotary Club sponsored fundraiser for Robostarter a new island nonprofit working to bring robotic therapy units to special ed classrooms, starting with the Vashon Island School District.

The live event, scheduled for Saturday, May14 at the Open Space for Arts & Community features fantastic prize offerings from some of Vashon’s finest establishments, a performance by Vashon’s own Ian Moore, and is hosted by The Famous Filson Sisters and Rocco DeCosta.

Get your ticket through <http://www.brownpapertickets.com/event/2541508> Your ticket is your game-piece. Get donors to mention your ticket number when contributing. Prizes for most raised - most donors - largest donation. Stay tuned for info on all the great prizes from fabulous Vashon vendors.

Our fundraiser supporting the launch of our new nonprofit is called Robostarter! Our mission is to improve the lives of the Developmentally disabled by expanding access to some of the most promising new tools for therapeutic interventions for children affected by Autism, Down Syndrome, and



many other Developmental Disorders: Social Robotics for Therapy. More info on Robostarter here: <https://www.gofundme.com/krfa797w>

The Vashon Telethon Game

The Open Space for Arts & Community. Saturday, May 14th, 6pm

Hosted by The Famous Filson Sisters & Rocco DeCosta. Music with Ian Moore

musically, “It’s hard to believe some lute player in the 1300s hasn’t already stumbled across those chords and that melody. Just because it hasn’t been recorded yet doesn’t mean it hasn’t been played.”

Ragged Glory is Rick Dahms on guitar and vocals, John Whalen on bass, Matthew Chaney on keyboards, Emory Miedema-Boyajian on drums. This performance includes Mike Nichols on harmonica, Rebekah Bevilacqua on background vocals and Dianne Krouse on saxophone.

Curry says it’s an honor to be the first rock and roll band to play the Katherine L White Hall. “Really,” he adds, “it’s flattering as hell.” Curry and Ragged Glory always deliver spirited rock performances, influenced by soul, blues, country and bluegrass.

Gregg Curry & Ragged Glory

Saturday May 21, 7:30 pm

Katherine L White Hall at VCA

\$14 VCA Member, \$16 Student/Senior, \$18 General

Tickets: VCA, Heron’s Nest Gallery, VashonCenterfortheArts.org

Island Epicure



By Marj Watkins

Biscuits Sans Oven

Some days even back in April were too hot to think without raising a sweat. It looks like we'll have a few true scorchers this summer, too, the sort of days when you just want to graze out of the refrigerator and freezer. You serve make-it-yourself sandwiches and iced tea for supper, simply putting out a platter of cold cuts and sliced tomatoes on lettuce and a plate of whatever bread you have on hand, or rye crackers, or you whip up a batch of skillet biscuits called bannocks (recipe below).

It gets hot even in Alaska and the Yukon. Those "sourdoughs" who panned for gold in the Yukon weren't near a store, nor likely to wasting their few grains of panned gold on store bought bread, vegetables, or meats. Their free vegetables were fireweed cooked as you would spinach, wild radish root eaten raw or cooked in soups or stews, wild chives, the sweet "muskrat turnip" found in shallow waters of lakes and marshes and eaten raw, young horsetail shoots, and dandelion greens. Their meats were moose, squirrel, trout from Yukon streams, and wild mushrooms.

Their principal cooking utensils were a frying pan and a kettle. They stewed their moose meat or squirrel meat in the kettle and added dumplings, or made breadstuffs in the skillet—buckwheat pancakes, oatmeal pancakes, disks of biscuits-like bread called bannocks, wiped out the skillet and fried the fish in it.

I make smaller bannocks that are like skillet biscuits. They're quite good, and keep for a couple of days. You can make them in

the cool of the morning. Here is my recipe for the Highland Scot style bannocks like my Macbeath ancestors, cooked over the red coals in their fireplace at Kettering, Inverness two centuries ago. I use a 12-inch skillet on an electric range, not a fireplace, but the bannocks, a cross between a pancake and a biscuit, are from the old Scots recipe.

Scotch Bannock
Makes 12 to 14 palm-sized biscuits
Combine:
1 cup barley flour
1 cup oat bran
½ teaspoon salt
3 teaspoons baking powder
1/4 cup coconut sugar
or brown cane sugar Stir in a measuring cup:
7/8 cup water
2 Tablespoons olive oil

Mix into dry ingredients. Let rest a few minutes so the flour and oats can drink up moisture. Heat and grease a 12-inch skillet or use a non-stick skillet. Drop gobs of dough from a wooden spoon. Spread to flatten them slightly. When brown on one side, turn and brown the other side. Stick a toothpick into the first one into the pan to see if it's cooked through. If so, give it a few more seconds, and then with a spatula transfer the bannocks to a wire rack. Eat warm with butter and jam or honey, or as is.

When any leftover bannocks are quite cold, store them in a plastic bag. They are good cold, but you can warm them for another meal or snack if you wish. Just give them a few minutes in a warm, but not hot, skillet. I don't recommend warming in a microwave.

Berry Bannaock
Prepare the bannock recipe as above, but reduce the oil to 1 tablespoon and swap out half the baking powder for 1 teaspoon cream of tartar. To the dry ingredients add about ¼ cup blueberries, huckleberries or raisins.

For another flavor variation, add 1 teaspoon cinnamon or ginger to the dry ingredients.

Campaigning for Girls' Education and Empowering our Sisters in Nepal & Kenya

In honor of our mothers, within whom we first see the life affirming color of red,* Woman's Way Red Lodge is raising funds for mothers and children who face difficult circumstances in Kenya and Nepal. Donations will be accepted for two organizations: CEPACET and Sahayatri. All monies collected May 7-17 will help women and children who face unimaginable circumstances of poverty and injustice.

As part of the Service Project Fund Drive, Red Lodge will show the acclaimed documentary "He Named Me Malala", about the 15 year old Pakistani schoolgirl who spoke out for the rights of girls to be educated and was shot by the Taliban. Today, Malala is 18, continues her studies, and is a champion for speaking out for girls' education.

The film will show Tuesday, May 17th at 6 PM at Vashon Theatre on Vashon Island and all proceeds will go to two international nonprofits that Red Lodge has a long history with: CEPACET and Sahayatri.

Sahayatri is a small organization in Nepal, operated by a tireless Nepalese activist, Indira Ghale. She has asked for donations to help children and young women who continue to struggle from the effects of last Spring's devastating earthquake. Kits with school supplies, toiletries and other essentials are distributed to those affected.

In rural Kenya, a group of women have been learning business skills and saving shillings so they can open a cooperative bakery. CEPACET founder Jared Okemi has been working with a group of women who comprise the Malezi Parents Initiative in Kitui



Children in Nepal struggle to get their basic needs met after 2015's 7.8 Mw devastating earthquake. Photo credit: Indira Ghale

and good customer service. The training took place, I was very excited to see every member there ready to learn."

With help from Vashon Islanders and Woman's Way Red Lodge, the women of MZI will soon be much closer to fulfilling their dream of a collective bakery that offers a pathway toward right livelihood, pride, community, and sustainability.

Red Lodge asks that you honor your mother on Mother's Day by making a donation of any amount – your support will directly help create a better world. This annual Fund Drive gifts us an opportunity to make a difference; together we can support our sisters who work hard to improve the lives of their families and to open opportunities for justice, education, economic empowerment and community building.

To make a donation go to womanswayredlodge.org/service-projects/ - and plan to join us Tuesday, May 17th at the Vashon Theatre! The film screening is made possible with support from Island GreenTech and Vashon Theatre.

"A few weeks after we had a discussion with the group, a very important thing came up to first train the women in business management, proper record-keeping , ways of marketing

Road to Resilience

Continued from Page 1

foundations, the Olins, Scaifes and Bradleys, and the fortunes of the now famous Koch Brothers. Lower taxes and fewer regulations remain their most important political objectives. Their efforts are built primarily around implementing the libertarian ideology and boosting its acceptance among "We, the People". From the billionaire's perspective, Reagan's task, or that of any politician, was simple: get into office, cut taxes and keep the government out of the free market. Meanwhile, the Kochs work on the structure underlying the bigger picture. They and other billionaires charge themselves with cultivating the proper line of thinking, setting the agenda, and selecting and supporting 'right-thinking' candidates. Among the actual voters, they

generally denigrate government and brighten the appeal of their free market alternatives. For, ultimately, the voter must learn to love their program. Herein lies the most interesting part of Mayer's book. How does one convince an ordinary citizen to align their self-interests with those of the billionaires?

"Dark Money" prepares the reader well for its last and most interesting chapter: "Selling the New Koch: A Better Battle Plan". The book takes us to a five-star oceanfront resort, along with the invited big donors, to learn more about "The Long-Term Strategy: Engaging the Middle Third." Their challenge is to address their poor performance in 2012 and the surprising ineffectiveness of the big money in that election. The analyst is Richard Fink, Charles Koch's "grand strategist." He begins with an obvious fact:

"We libertarians have an image problem. The voter sees us as greedy and simply out for ourselves." "That might be true", he notes, "however, we still need their vote!" From there, the logic gets a bit convoluted but Fink's message is clear: "We must convince these voters that we mean well and that we're good people."

The amount of money in the 2016 election is expected to set records. Both parties and the SuperPACs will be championing their candidates. But mingled with that scene will be the Kochs, their "Battle Plan", their extensive network of political activities, and the \$889 million pledged to fuel the effort. The script will be "good people" playing down the greed and shining up the libertarian image. "Dark Money" will help you follow their cynical campaign.

Comments?
terry@vashonloop.com

Suds

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Shady Bottom



Shady Bottom continues the tradition of Saturday night dust shaking, hard grooving, & hip-thrusting from old school house parties and juke joint jam sessions. Inspired by the sounds and personalities of that soulful and funky threshold era of the late 60s and early 70s, Shady Bottom serves up gritty and gyrating songs for the modern party. If your bottom ain't shady, it should be.

A dance floor is Shady Bottom's best friend while they dish our tight hits and ascending improvisations over vintage 60's and 70's soul/funk grooves and originals. The group is an instrumental sextet featuring members of Seattle's grooviest original soul band, Soul Senate. This configuration features horn-led melodies backed by hammond B3 organ, guitar, bass, and drums. Members also perform in Cascadia '10 and Kissing Potion, and have also performed in or with Etta James, Bo Diddley, Swamp Mama Johnson, and Altered States of Funk.

Friday, May 13th, 8:30pm
Shady Bottom
The Red Bicycle Bistro & Sushi. All-age's 'till 11pm, 21+ after that. Free cover!

Merle Haggard Tribute w/The Great Divide & Guests

Come join us on Saturday, May 14th at 8pm to pay tribute to one of the most amazing country singer-songwriters ever. Peforming as the house band on this epic night of music will be The Great Divide, with guest singers Ian Moore, Jeff Kanzler, Allison Shirk, Spencer Sinner and more!

Merle Haggard recorded more than three dozen No. 1 country hits in a musical career that spanned six decades, from the 1960s into the 2010s. He overcame an early life of petty crime and a prison term in San Quentin to develop a rugged, outlaw image that helped sell millions of records.

Haggard didn't just sing about the life described in country songs. He lived it.

His father died when Haggard was a child, and he ran away from home and later served time in prison. He drank – one of his best-known songs is called "I Think I'll Just Stay Here and Drink" – and partied.

"He loved everything about life and he loved that everyone of you gave him a chance with his music," recalled his son Ben Haggard. "He wasn't just a country singer.. He was the best country singer that ever lived."

The house band at this event is none other than The Great Divide. The Great Divide is a Vashon institution.Great Divide use this This all-islander band was formed in the early '80's and played locally for many years before touring with blues guitar great Elvin Bishop.

Loren Sinner has talked about the early days of The Great Divide and just how groundbreaking it was:

"When the band got going, it was the biggest deal around – there was no other band like this on Vashon. Everywhere we played, it was packed. Now there's an upswelling of music on the island. But when The Great Divide formed, it was the first Vashon band made up of all islanders – it was very grassroots. And then we took it to a level none of us expected."



In 1987, The Great Divide won the Marlboro Country Music Talent Roundup, with a \$5,000 grand price and the privilege of opening for Alabama, The Judd's and George Strait in the Tacoma Dome before a crowd of 20,000. They have opened for Asleep at the Wheel, Charlie Daniels, and many other acts, playing a mixture of country rock, Texas swing, and straight up rock.

Loren said, "We really play crossover music – country-based rock and roll. We like to do songs not everyone does, B sides and ones that are hard to find."

"In 2002 we thought 'let's try this again' – and we played, at it was great. Then we took another few years break and played around 2005. So playing now is a big reunion for us. Two of the six of us live off-island now – Jerry Wilkes, our fiddle player,

lives in Yakima, and his fiddle is a big part of our sound. And Bob Goring, his voice is probably the most important piece of the band."

Joining The Great Divide on stage will be some names that Islanders will recognize and enjoy, each singing some of their favorite Haggard tunes: Ian Moore, Jeff Kanzler, Allison Shirk, Spencer Sinner and more.

This is an all-ages event until 11pm, then 21+ after that. Suggested donation is \$10 to benefit Vashon Events and pay the band!

"My Life's Been Grand" – A Merle Haggard Tribute
Saturday, May 14th, 8pm
The Red Bicycle Bistro & Sushi.
With The Great Divide
Special guests Ian Moore, Jeff Kanzler, Allison Shirk, Spencer Sinner & more!



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The Island's Business Center



TRASH TALK

It's planting time! Plastic nursery pots can be recycled at the transfer station. If too large to fit through the collection bin slots, cut them up. However, other island gardeners are usually happy to take them. A post on Vashon Freecycle or other site and they'll be snatched right up.


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Llama



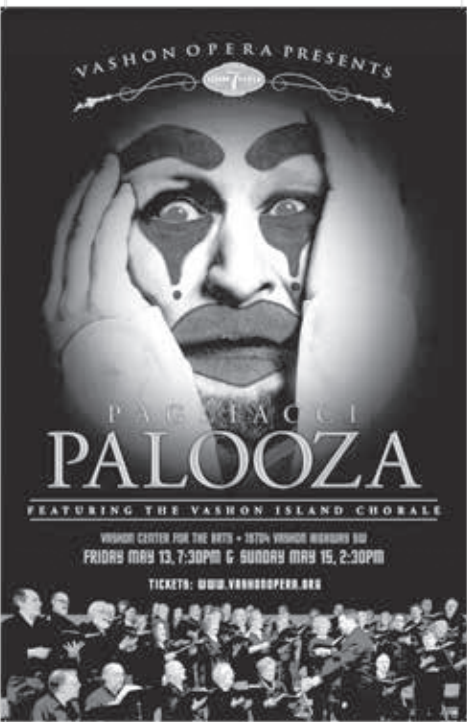
Old guys from Flop, The Model Rockets, The P.L.F.C. and The Sharing Patrol bring their LLAMA project to Vashon Island on Friday May 20th. Given the mention of Llama and Vashon, let's be clear that we're talking about a band of some dudes playing rock music and not the domesticated South American camelid. Jim Hunnicutt, Scott Sutherland and Rusty Willoughby have been playing music together, in some form or another, for about nine hundred years. Johnny Sangster has joined us for the last 300 of those years. Television, Kinks and Wire influenced angular shards of guitars over mashed potatoes and gravy, LLAMA might be the staple you never knew was

missing. Our Vashon Events sponsored youth opener for Llama will be Angelica Odom. These youth musicians will all be paid by Vashon Events as our way to help encourage more youth performances for our community to experience. So don't miss it! Young and old. Tell your friends. This one is an ALL-AGER RAGER! Friday, May 20th, 8:30pm Llama With Youth Opener Angelica Odom The Red Bicycle Bistro & Sushi All-age's 'till 11pm, 21+ after that Free cover!

Vashon Opera presents: Pagliacci Palooza

What's the Palooza? Come be swept away by the beauty, grandeur and realism of Italian Opera as Vashon Opera presents some of opera's greatest highlights in the "Palooza" portion of Pagliacci Palooza! You'll enjoy a one-of-a-kind event as the combined forces of The Vashon Island Chorale, Vashon Opera soloists and opera orchestra perform magnificent Italian opera choruses and arias in the new Vashon Center for the Arts. A show within a show...within a show? Following the Palooza you'll find yourself drawn in to the drama and realism of Leoncavallo's I Pagliacci as the tale of a travelling troupe of actors unfolds in this fully staged version.

I Pagliacci tells the tale of a travelling troupe of actors falling apart at the edges by passion, jealousy and rage. Tonio, one of the performers, reminds us during the prologue that the commedia dell'arte actors share the same joys and sorrows as real people. Now, fast-forward to the culminating scene as the troupe presents its show to the townsfolk. The jealous Canio (playing Pagliaccio) presses Nedda (playing Columbine) for the name of her secret lover. The townsfolk enjoy the convincing performance. But, is this the show or is this real? Will Nedda reveal the name? Can Canio contain his rage?



Vashon Opera presents: Pagliacci Palooza
May 13, 2016, 7:30 pm
May 15, 2016, 2:30 pm
Vashon Center for the Arts
19704 Vashon Highway SW, Vashon
Sung in Italian with English subtitles
Approximate Running Time: 3 hours (including one intermission)

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VALISE May Show



"The Pig Went Down To The Harbor At Sunrise And Wept", by Jim Woodring

If you're looking for a Big Art experience in a small space, VALISE is the place to visit in May. We typically display 25-30 pieces per show, but there's still a lot of empty wall space. Not this month! We're expanding our horizon and stretching the space by featuring 10 floor-to-ceiling works by 10 collective members. We challenged each artist to come up with a work that has at least one

dimension of 6 feet. Most of the pieces are in the 6 ft. x 4 ft. range. You'll find works in oil, acrylic, pen and ink, assemblage, tin, collage and mixed media. The BIG SHOW opens on First Friday, May 6, 2016, 6-9 pm. VALISE is open Saturdays 11-5 and by appointment

Deadline for the next edition of *The Loop* is **Friday, May 20**

Find us on Skype
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Deadline for the next
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