



VASHON

THE LOOP

Vol. 13, #16

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August 4, 2016

VIGA Third Annual Farm to Table Benefit



VIGA will hold its 3rd Annual Farm to Table Benefit in Michael Tracy's beautiful garden, Sunday, August 14th, 4:30 to 9:00. This benefit supports VIGA's mission to promote farming, access to healthy food, and a sustainable agricultural economy on Vashon-Maury Island through education, advocacy, and a vibrant farmers market.

Vashon's own farmers and chefs are combining their talents to provide a remarkable feast for you and your family. Local wine, beer and cider will accompany a full range of dishes using local vegetables, fruit, meats, and dairy.

Just as last year, we are keeping the suggested donation at levels to make it very affordable for families with children and young couples. Therefore we have a limited number of tickets to ensure seating

for everyone and plenty of food.

Reserve your seat at the table today by going to Eventbrite.com (search 'VIGA')

VIGA Third Annual Farm to Table Benefit. Sunday, August 14th, 4:30pm



The Road to Resilience Viva La Revolucion!

The conventions are over and our next president will be either Donald Trump or Hillary Clinton. A few years ago, it looked like we were going to have a very humdrum choice of the two ruling family establishment candidates, Jeb Bush and Hillary Clinton. Then the popular revolution emerged from the national unconscious and what was going to be a snooze of an election turned into an unpredictable, ever-surprising contest. What we now have is actually worse and better at the same time. Worse because Trump, the antiestablishment candidate from the dark side, actually has a chance of winning. Worse, also, because Clinton, the very essence of establishment, who must prevail over Trump, will have a hard time attracting voters. On the bright side, a positive vision of change has been shown to be a possibility by the Sanders campaign. That vision has resulted in the most progressive Democratic Platform ever. More importantly, it has brought millions of people into the effort to realize that revolution.

There has been some misunderstanding about the nature of the political revolution that we are espousing. Many have thought it was about taxing the rich and giving to the poor, rebuilding the infrastructure, addressing climate change and building a clean energy economy, and on and on. It is really much simpler, but more profound, than all of that: it is about returning to, or perhaps evolving into a government that is of, by, and for the People, and it starts by getting the money out of politics. Thanks to Bernie, we now know that is possible.

By Terry Sullivan,

In our constitution, our representatives are to be accountable to the People. Today they are not. In the Declaration of Independence, it clearly states that at such a time that "a government becomes destructive of these ends, it is the Right of the People to alter or abolish it." All the above-mentioned issues may come into play once our power is restored, but any group, progressive or conservative, has a right to have their interests seriously addressed by the government. It is not a Democratic issue; it is not a capitalist or socialist issue.

Our government is currently controlled by an Oligarchy made up of the corporate interests, and the media they control. Both parties do their bidding. They actually do address issues that resonate with various factions of the general public, but their solutions are always on their terms and not ours. Any thing that might diminish or eliminate any one of them is off the table. That creates such stalemates as our health care crisis and the climate crisis, the first of which can't be addressed without seriously diminishing a major oligarchy player, the health insurance industry, and the second will go nowhere without seriously diminishing the fossil fuel industry. We need to free our representatives from the control of these groups.

What we have now are two candidates, neither of which intend to create a government that is truly accountable to us. However, the choice is obvious and compelling. Trump is a mentally unbalanced narcissist whose presidency

Continued on Page 9

Open Air at Open Space The 6th Annual Light, Bright, Outdoor Aerial Festival!



Martha Enson, Photo by Andy Dunncliff

"Remember when you were a little kid and you would spin until you had to fall down? Or run to cool off? Or jump from the back of a couch and really really fly?"

Open Space for Arts & Community invites you to fly with us, at our sixth annual Open Air - a light, bright, outdoor aerial festival with a splash of circus and magic in the meadow. Bask in the sun, enjoy the view of Mount Rainier, lean back and fly in your imagination watching fabulous aerialists from the Northwest and beyond.

Over the last five summers, audiences for Open Air have grown and grown - people of all ages have relaxed in the shade of our pine trees, with Mount Rainier as a beautiful backdrop, and watched in wonder as joy happens before their eyes - everything from dancing dragons to summertime snow to magic and poetry.

Open Air producers Janet McAlpin and Lynelle Sjoberg are gathering artists and local favorites, as well as advanced students from the UMO School of Physical Arts, to fly before your eyes. Confirmed performers include the extraordinary Carey Cramer; the duo Dizzy Daze with their Newfangled Heathen Trapeze, aerialist Dream Frohe; rope artist Eric Sanford; a hoop quartet with Martha Enson, Lynelle Sjoberg, Janet McAlpin & Louisa Moody; recent UMO graduate Lhamu Konrad; samba goddess Molly Shannon; poet Tom Pruiksmas; and more!

Read on for a glimpse at just some of the extraordinary talent who will be gracing our meadow...

Carey Cramer is one of the most dynamic performers ever to appear at Open Space, where she has blown the roof off with Acrobatic Conundrum in Love & Gravity and The Way Out. Carey's performance background draws

from a diverse experience in classic ballet, modern dance, muay thai kickboxing and acrobatics. After her first taste of circus as an undergraduate at Oberlin College, she trained intensively under the coaching of Terry Crane, before attending the prestigious National Circus School of Montreal. There her professional formation included acrobatics, hand balancing, clowning, singing, and her primary discipline of rope. Influence from hip hop, break dance, and contact improvisation styles along with a passionate love of movement and psychology have empowered Carey's work on the rope with a unique, raw, and dynamic style. She has brought her manifold talents to the stage in Montreal, San Francisco, Chicago, Vancouver, and Egypt and even toured with the American rock band Heart. Carey balances professional performing with teaching at the therapy-based Every Body's Circus program at the School of Acrobatics and New Circus Arts (SANCA) in Seattle. She has performed and toured with Acrobatic Conundrum for more than two years.

Dream Frohe is an aerialist with a passion for thoughtful and dynamic movement. She approaches her art with presence and wonder and aspires to offer her audience a uniquely engaging experience. She has been performing Aerial Dance since 2007 and is a founding member of the Bellingham Circus Guild, where she currently teaches and trains. When not joyfully hoisting herself into improbable positions for the sake of honest expression, she appreciates good friends, good food and well placed foolishness.

Dizzy Daze- Newfangled Heathen Trapeze from Lara Paxton (Circus Contraption, Aerialistas), and Jill Marissa (ticktock dance). The duo is excited to

Continued on Page 8



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Send in your Art, Event, Meeting Music or Show information or Article and get included in The Vashon Loop.

Send To: Editor@vashonloop.com

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The Loop's soy-based ink is good for composting.

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Water District 19 Meeting

Water District 19’s next regular Board Meeting scheduled for August 9 at 6:00 PM, 17630 100th Ave SW, in the district’s board room.

Alzheimer’s Association Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer’s Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

Have a Story or Article

Send it to:
Editor@vashonloop.com

Find us on Skype
Vashon Loop
206-925-3837

Vashon Island Pet Protectors Dog Walk

Vashon Island Pet Protectors Dog Walk
Saturday, August 27th 9a.m-noon, Jensen Point.
Register on site for the Vipp Dog Walk as an individual or team participant (max 10 members per team) on August 27th, 9-noon at Jensen Point. Make a contribution and stroll around the Burton Loop, with or without a dog, to support VIPP! The 3 highest individual contributors win animal care visits by Joanna Gardiner and each member of the top team contributor wins a nail trimming gift certificate from Wet Whiskers.

PRIZES:
First 50 walkers receive a swag bag from Pandora’s Box
Everyone receives a one hour paddle pass from Vashon Watersports
Everyone is entered in a drawing to win additional prizes from NW Canine Connection and Vashon Watersports
Enjoy face painting, canine reiki, commemorative event photos, human and doggie treats & shopping for Vipp merchandise at the 2016 Vipp Dog Walk...come join the fun and walk for VIPP!!

Free Garden Advice

Vashon Master Gardeners will host Plant Clinics from 9:30 a.m. -2:30p.m. on alternate Fridays & Saturdays beginning May 7, outside Ace Hardware.
Master Gardeners will be available to answer all your questions with research-based, environmentally sound information. Each Plant Clinic will also highlight a special topic of interest to our planting community. Free handouts and garden resources will be available. All questions welcome! Please stop by to share your gardening questions, successes and to meet your Master Gardener neighbors.

Law Offices of
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Bankruptcy -- Family Law
463-6711

Flea Market

Benefit for the SENIOR CENTER
Sat. August 27 – 9am-3pm
Vashon Funeral Service Parking Lot
Vendors selling a variety of crafts, garage sale items, Carol’s Massage and assorted treasures!
Plus ORCA EATS Food Truck and other goodies.
Hope to see you there!

Flea Market Seeking Vendors

Benefit for the SENIOR CENTER
Sat. August 27 – 9am-3pm
Vashon Funeral Service Parking Lot
10’ space \$25 – 20’ space \$40
Contact the Senior Center 206-463-5173
To reserve your space!

Vashon Social Dance Group Monthly Dance & Lesson

SATURDAY August 6, 2016
Vashon Social Dance Group Lesson & Dance
Ober Park Performance Hall - 17130 Vashon Hwy SW
(Vashon Park District Office Building)
7:00 - 8:00 pm Some type of Waltz Lesson with instructors Candy & partner
8:00 - 9:30 pm Dancing to deejayed music provided by Candy
No partner needed. Come and bring anyone interested in dancing!
Suggested donation: \$10 for either or, both lesson and dance
No one turned away due to lack of funding. Join Us!
Hope to see and dance with you then.
Come alone or join us for a wonderful evening of social dance.
NO PARTNER NEEDED!

Chorale Registration

Registration for singers will take place on Tuesday, Aug. 16 from 5:30 to 6:30 at Windermere Real Estate (in the building to the south, behind the coffee stand) and on Saturday, Aug. 27 from 10:30 to noon in the Library meeting room.
Rehearsals are held at the Vashon Presbyterian Church on Tuesday nights from 7pm to 9:15pm beginning Sept. 6 through Nov. 29 with one Sunday rehearsal on Nov. 27. Rehearsals are at the VCA on Nov. 27 & 29.
Concerts at the Vashon Center for the Arts take place on Thursday, Dec. 1, Saturday, Dec, 3 and Sunday, Dec. 4.
Dues are \$55 or \$100 for two in a family. Music costs are \$12 for the Oxford University Press edition of Handel’s “Messiah”. (You may own different Messiah editions, but the Oxford version is the one we are using.)
Anyone needing to register at a different time can contact Karen Baer at vashonbaer@gmail.com or 463-9247. Registering prior to Sept. 6 is suggested as there are space limitations for each section. General information can be obtained by writing to info@vashonislandchorale.org.

Marry’s Place Picnic & Workshop

The Vashon Methodist Church and the Vashon Presbyterian Church are delighted to host a group of women from Mary’s Place (a support center/ shelter for women in Seattle who are homeless or in transition) for worship and picnic at Ober Park, Sunday, August 14th at 10am. We are hoping that folks from the community will want to join in with this very fun time of singing, fellowship and sharing food and invite you to do so.
These two churches have been partnered with Mary’s Place (Church of Mary Magdalene) since the founding of the group probably 20 years ago now.
Please bring a potluck dish if you plan to attend and your own dishes and silverware. Beverage will be provided

Next Edition of
The Loop Comes
out Thursday
August 18

Deadline for the next edition of *The Loop*
Friday, August 12

The Vashon Loop

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Running for the Ferry



By Seán C. Malone

We were Dad’s rear view mirror coming down Fauntleroy Avenue. On our knees, in the back seat of our 1949 Oldsmobile Super 88, only the 98 had a bigger engine. Our Olds had a “whirl-a-way” gear that was triggered by a hidden button under the gas pedal. When Dad tromped it, to pass or run a yellow light, our heads would snap back from the power of “whirl-a-way.”

We watched for cops out the rear window as Dad sped to catch the ferry. It seemed that we were always late and when we reached the bottom of Lincoln Park, Dad would start honking his horn so the purser wouldn’t drop the gate and leave us behind.

Dad never got a ticket while we were on duty in the back seat, that I can remember. We would see the police car hiding up a side street, waiting for the commuters running for the ferry, and call out as Dad braked to the speed limit. You had to be quick in the eye to see them leave the curb and if you saw them turn on their flashing red light, it was too late for Herpicide. Herpicide was an early treatment for baldness, whose advertising read: “If it’s too late for Herbicide, it’s too late.” If we drove onto the dock and the gate was down, “it was too late for Herpicide.”

I think Grandma Ollie kept a bottle of it for her thinning grey hair, some of which was due to us kids. Grandma Ollie lived in a small white house at Cove and Mr. Paulson was her gardener. She often commented on the amount of time Mr. Paulson spent, leaning on his shovel and told us kids that Herpicide was a cough medicine, but then, we didn’t always believe Grandma.

We often got off the school bus at Cove to visit Grandma, and walk the half mile home after. “Come in kids, I have something terrible to tell you,” Grandma said. She had a little white box in her hand and her little Chihuahua, Carmelita on her lap. A gentle tug on the hem of Grandma’s dress would bring her charging with her teeth bared and a warning growl, making us kids laugh.

“Oh, kids, there has been a terrible

accident up by Mackey’s store,look what I found in the ditch.”

With that she lifted the lid of the box and sister Molly screamed at the sight of a bloody finger lying on a bed of cotton. I was dumbfounded until I saw where Grandma Ollie had cut a hole in the bottom of the box and poured ketchup on her finger lying on the cotton.

Grandma Ollie had grown up on a farm in Palouse country south of Spokane and had four sisters, all of them capable of pulling pranks. Aunt Florence had a cat, named Missy, who was so mean, she hid behind the curtains and jumped out to rake the nylons of any stranger. “Oh, you nasty cat,” Aunt Florence would say.

My grandmother’s other sister, Aunt Estelle married a moonshiner,named Ed Riley and they lived in the town of Rock Cut on the Kettle River. Mom called it “rotgut”, possibly in reference to the quality of Ed’s liquor. Ed was known as the “pole king” and made his money selling poles and boot legging liquor down from Canada, hidden in hollow logs. The train conductor was paid to drop the railroad car with the hidden liquor on a siding for later distribution.

I’ve met the man on Boulder Pass who pounded the bungs to seal the liquor in Uncle Ed’s hollow logs.

Ed was to bring liquor down to a party in Seattle and stopped at a coffee shop in Linden on his way. He had a “great coat” that reached to his ankles and the booze bottles were hung on strings under his coat, when the feds came into the cafe and asked if he was Ed Riley. He said he was; so they asked Ed to stand up and they beat him with their billy clubs, until all the bottles were broken.

Every morning Dad drove lickety-split past Grandma’s house, running for the ferry so us kids could go to school in Seattle, Mike and Molly to Holy Rosary and me to Seattle Prep. When we got to the series of s-curves on the main highway, Dad would drive straight thru them on both sides of the road to keep his speed up. When we complained, he said: “Just straightening out the curves.”

From Vashon to Sulawesi— Global Conservation with Local Roots

Celebrate AITo’s 10th Birthday Aug. 23 at the Vashon Theatre

Many people don’t know that our little island has an important link to the world’s 11th largest island — Sulawesi in Indonesia. One of the world’s richest in diversity of plants and animals, there on an isolated peninsula called Tompotika lives an endangered bird called the maleo (Macrocephalon maleo). It has the odd life history of burying its eggs in the sand, then leaving them to incubate in the equatorial sun. After two to three months, newly hatched birds spend up to 48 hours clawing their way to the surface, wings fully formed. With no parental support, they emerge, shake off the sand and fly away into the forest.

This amazing bird has been the poster animal for the Alliance for Tompotika Conservation, known as “AITo” —an international community-based organization that works to create partnerships aimed at healing the relationship between people and nature.

Marcy Summers, AITo director, lives on Vashon and spends three to four months of the year in Indonesia, working with local staff on projects that have expanded from protecting the maleo to include sea turtles, bats and tropical rainforests. They are currently working to find the best ways to help threatened mammals including the buffalo-like anoa, and the babirusa, also known as pig-deer. AITo has an active US board of directors comprised mostly of islanders, in addition to an Indonesian board.

The organization is celebrating its 10th anniversary this August, and the board invites islanders to celebrate at a free birthday event at the Vashon Theatre, on Tuesday, Aug. 23 at 6:00 pm. The public is invited to enjoy cake and view two short films featuring stunning footage of the wildlife of Sulawesi, and the people who have worked so hard to preserve it over the past decade.

“Together with local villagers, the AITo team is working to protect Tompotika’s riches while finding new ways for humans to live sustainably in this landscape,” says Summers. “Despite the many threats, Tompotika’s forests still stand. Beauty, intricate and



spectacular, endures. Conservation is hard work, but there is no effort more worthwhile, or more rewarding. We are so thankful for the support of Vashon islanders over the past decade and want to celebrate what they have helped bring about on this special evening.”

AITo’s success stories and many and varied — here are some highlights:

- The maleo population at the region’s key nesting ground has increased 62%, and daily counts have hit an all-time high of 60 birds per day.
 - Increased local participation in the turtle conservation project has resulted in more than 2,000 hatchlings being released in 2015—a number that has quadrupled in four years.
 - A prime bat roosting site, which had been ravaged by hunters, has been protected since 2014 and now harbors thousands of rare flying foxes of three species, which play a critical role in maintaining natural systems.
 - Interactive conservation education programs reach 1,500 school children a month; most of Tompotika’s 20,000 school children have had at least a general introduction to local conservation issues.
 - The first Tompotika International Maleo and Sea Turtle Festival in 2015 was an overwhelming success at six locations in the region—fueling enthusiasm and cultural support for protecting endangered animals.
 - Revenue from the maleo project provides rice for villagers in need, so the area’s poorest residents experience direct benefits from conservation.
- AITo looks forward to sharing stories of the animals and people of Tompotika on Aug. 23. Hope to see you there!

Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday. Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085

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Make a date with Vashon!
www.VashonCalendar.com
Vashon Library Events
Art & Music Events
Submit your Event on line at
www.vashoncalendar.com

Find us on Skype
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Scout Needs A Home...

I’m the spokeskitten for a litter that came to VIPP a while back. We didn’t live with people when we were tiny, so it’s taken us some time to get used to being around them.
Don’t let the other kittens know I told you this, but we’re suckers for treats and toys. If you tempt us with those, we might forget we were ever scaredy-cats.



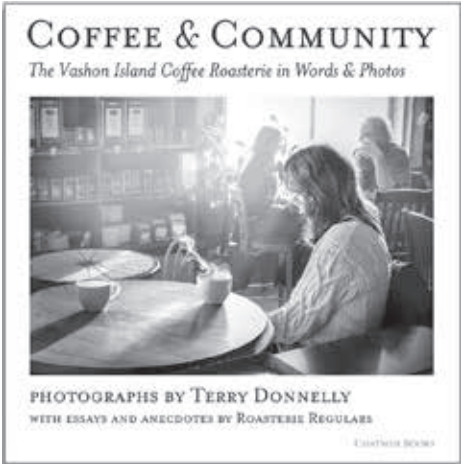
Go To www.vipp.org Click on Adopt

A new photo book about The Roasterie!

Coffee and Community - The Vashon Island Coffee Roasterie is a new book featuring the photographs of island photographer Terry Donnelly along with stories from ten fellow islanders who frequent The Roasterie. This collection of 62 black and white photographs and 10 essays offers a look into the rich connection of community that is unique and emblematic to the island.

The writers include Annie Brule, Dan Chasan, Kathleen Farrell, Peter Larsen, Gail Murphy, Anna Plummer, Chuck Roehm, Peter Serko and Tara Snowden. Also included are two historical essays by Duane Deitz and Bruce Haulman. The book is published by Chatwin Books of Seattle and it is produced and designed by Annie Brule.

Coffee and Community - The Vashon Island Coffee Roasterie is scheduled for



release on Friday August 12th with a book release party on that date at The Roasterie from 6-8:30pm.

Pre-orders for the book may be made directly from the Chatwin Books website www.chatwinbooks.com



Goya Visions of Flesh and Blood

Francisco Goya is Spain's most celebrated artist and considered the father of modern art. Not only a brilliant observer of everyday life and Spain's troubled past, he is a gifted portrait painter and social commentator par excellence. Goya takes the genre of portraiture to new heights and his genius is reappraised in a much-anticipated landmark exhibition at The National Gallery, London. The film uses this exhibition to look in depth at Goya's eventful life.

Through extensive location footage, Goya's revealing letters and a unique exhibition of masterpieces from great collections across the world, this film builds a fascinating portrait of the painter and the colourful world he painted. Influenced by Rembrandt and Velázquez, Goya explored a new realism where he did not flatter and was not afraid to reveal what he saw physically and psychologically. Yet this did not stop him securing major commissions from powerful individuals seeking the prestige of being painted by the best artist of the day. Royalty, aristocrats, politicians and close friends were subjected to his highly modern approach that captured rapid changes of expression, gesture and emotion. Goya's powerful vision and technical brilliance



makes him one of the most admired and revered artists in the world today and indeed among the greatest painters to have lived.

Goya - Visions of Flesh and Blood
The Vashon Theatre
Sunday, August 7th, 2pm
More info at vashontheatre.com

Chautauqua Music Festival

Chautauqua Music Festival is an all-day music festival on Vashon Island that raises money for underprivileged kids in the elementary and middle school music programs. It combines Vashon youth and adult music acts with performers from Seattle, great outdoor food and camping at our local Eagles Aerie 3144...all to help schools make sure every young promising musician has the ability to thrive in the highest levels of their art. We will have live music, camping, ample parking, security, RV hookups, full bar, award winning food booths (Bourbon and Bones, Monica Dimas), raffles, shuttle service from the ferry dock to the event and back at a wonderful and unique venue with wonderful people.

While this is a kid friendly event, no kids will be allowed in the main building after 9:00 pm. This is also a non-dog event. Camping is ten dollars a night, please schedule in advance by calling the Vashon Eagles 3144. A shuttle bus will travel back and forth from the ferry to the event at scheduled time over the course of the day.



the growth of ideas, the diversity and effectiveness of society's mechanisms, and the progression and vitality that are the hallmarks of a great country. Vashon Island is known worldwide for its vibrant arts community, but with dwindling budgets, and a changing demographic affecting the cost of living for residents and their families, sustaining this vitality becomes harder by the year. We hope to offset this growing trend with this and future events. We did in 2015 and it was a memorable, successful outing that raised over 5000.00 in donations alone. With the recruitment of national acts, a larger fan base and more community involvement and outreach, we are looking to double this in 2016!

How is the money raised at the event used? The money raised is used by the schools to set up things like scholarships to help pay for extra-circular trips and events as well as going towards setting up an instrument library that kids with lesser means can access. Keep in mind this is NOT an event put together by the school, but by volunteers in the community and the Vashon Eagles Aerie 3144.

Where: Vashon Eagles Aerie 3144.
Starts at 1:00 pm and goes till 2:00 am, August 6th, 2016
Tickets: 12.00 General Admission available at: www.brownpapertickets.com/event/2565925 , the Vashon Book Shop and at the Vashon Eagles 3144.
Music: We have lined up a variety of music acts of all ages and many genres to fill out an eclectic, fun day of quality music for all who come:

Fresh Espresso
Shawn Smith
Tilson xoxo
The Hoolabees
Lonesome Shack
Rusty Willoughby
4 Horsemen
Heavy Nettle
John Browne
Some'tet
Colin Loch
20 Eyes
Thalia Goering
Ralph Reign

We believe that the arts are more than just an aesthetically pleasing hobby. The arts define the essence of any culture, and historically, societies with strong arts are strong in other endeavors as well. From industry to business to science, all benefit from the work of well-rounded individuals who think creatively. Strong arts inform this kind of thinking, and supporting them supports

“Honored Citizen” and Watercolor Artist Terry Jansen



Vashon Intuitive Arts welcomes “Honored Citizen” and Watercolor Artist Terry Jansen. First Friday Gallery Cruise August 5th 6-9pm Join us for Fun, Food, Friends and Beautiful works of Art.

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Spiritual Smart Aleck



By Mary Tuel

Dog Days

So. I was out in the yard picking up garbage. Not just any garbage, mind you. This garbage consisted of the mangled wrappers of all the food my dog, Marley, has pilfered lately.

You might say it serves me right for leaving her in the house all alone, but I am resisting that train of thought.

Some days I have to go in to Seattle for medical appointments and such. She’d love to go, she gives me that hangdog expression when I tell her she’s staying home, but it’s too many hours for her to spend in the car on a hot day. So I leave her at home with a fresh bowl of water and her doggy door open, and she can stay in the nice cool house and go outside whenever she wants or needs to do so.

This used to work fine, but in the last year or so she has unlearned her manners.

It started with the butter. I would leave the butter on a saucer on the kitchen counter. I’d come home and find the saucer on the floor, buffed to a high shine, and the wrapper somewhere out in the yard. I lost a few quarter pounds of butter before I figured it out and started putting butter up on a shelf, out of reach of a dog with its hind feet on the floor and its front feet on the counter.

Sometimes I throw things in the garbage which I think don’t have anything worth eating in or on them, and she pulls stuff out and takes it out into the yard to rip apart and glean whatever orts she can find. The dog and I have different standards of what is or is not edible.

Occasionally she will tip the compost bowl off the kitchen island, or if I am foolish enough to leave a loaf of bread there, she’ll score that, too. I really hate it when she goes for the compost. She’s after something like moldy bread or pasta that was leftover too long for my taste, but not for hers. Along with the tasty morsels she noses out, however, there are the coffee grounds, avocado peels, pepper seeds, squash innards,

sometimes actual liquid I’ve poured in there for some reason, and slime from things that have already started to break down. That stuff is not fun to clean up.

Then there is my bedroom stash. This is not a secret. I would not write about it here if it was. This is the drawer in my night stand where I put junk food for my own private binges. A couple of times lately I have left the drawer open, and my peanut butter cookies have disappeared. Not the chocolate. She doesn’t take the chocolate for some reason, which is good because chocolate is bad for dogs.

The first time the cookies disappeared I suspiciously asked my grandson if he knew what happened to them. He protested innocence.

He went on to say he does not steal food from stashes. He steals food from the cupboards.

I will say that his comic timing is getting to be darn near perfect. You learn well, grasshopper.

The dog takes food wrappers out to the yard in order to thoroughly rip them apart and lick them clean. Which brings me back to where I started, walking around in the yard this afternoon carrying a garbage bag.

She does it because she’s a dog. She does it because I left her home. At least she isn’t chewing her way through the door jams any more. It’s not that onerous a task to go outside and pick up the scraps, but I wish she wouldn’t make the job necessary.

I like my dog and I’m going to find a higher shelf for my peanut butter cookies. Yes, you read that right: my peanut butter cookies are going to a better place. The dog has improved my shelf awareness.

No, I did not write this whole essay in order to get to that pun. It came to me as I was writing the paragraph.

So there you are. This is an essay about not much, but if it took your mind off the election for a couple of minutes, I’d say it has done good work. Thanks for reading.

Summer Concerts in the Park

Bring the family! There’s plenty of grass and natural berms to spread out those picnic blankets and enjoy some wonderful music on a warm summer night. Families can come relax, let the kids play on the playground and enjoy the entertainment at these summer events.

We are excited to announce that we have invited the Orca Eats food truck to serve concert-goers this summer at the 2016 Concerts in the Park! Delicious entrees, sides, desserts and beverages - seasonal and local when possible from salmon to veggies to sausage, handcrafted fresh desserts and drinks. They are proud to be a no-plastics food truck, using only paper containers and wood utensils, no straws or lids, which are all truly compostable and recyclable! Join the orca pod with a meal or a snack while you enjoy the concerts at Ober Park.

Concerts in the Park are presented by the Vashon Park District and curated by Vashon Events. If you’ve never experienced the warmth of community at the cool nights of summer concerts in the park, you’re in for a special treat.

Please remember that there are no dogs allowed at Ober Park. Alcohol and smoking are also not permitted.

Thursday, August 11th, 7-9pm: Ian Moore. Texas native Ian Moore first made a name for himself in Austin’s vibrant roots-rock scene in the early 90s, gaining national attention for his self-titled debut on Capricorn Records. Moore’s music is passionate and full of yearning; it aches for answers but only finds more questions and, occasionally, some temporary salvation. His songs, like those of similar artists such as Grant Lee Phillips and Wilco, manage to be at once classic and modern. It’s not the kind of music, however, that lends itself to easy categorization. While life on the road takes its toll (even when it helps shape great albums), it also makes for great live shows. As a performer, Moore consistently manages to reduce packed houses to stunned silence through the sheer power of his voice, his songwriting and the unadulterated emotions he conveys. He’s an artist who’s built a reputation through his live shows, one convert at a time. Back to the Ober Park Concert series by popular demand!

Thursday, August 18th, 7-9pm: The Ganges River Band. You can take the man out of Texas, but you can’t take Texas out of the man. So it goes for Aaron Dugas, who fronts The Ganges River Band and whose vocals sound as though they were lifted straight off a dusty road somewhere in the Lone Star state. “When I moved here from Houston,” Dugas remembers, “I was going to start the only honky-tonk band in Seattle.” Funny thing about the country scene in Seattle—there is one. After securing a day



Ian Moore

job with Motivated Movers, Dugas learned he wasn’t the only Americana game in town, but his gravelly tone—similar to the dry croon of Son Volt’s Jay Farrar—shines nonetheless on his self-titled full-length LP. With his band, a rotating cast that includes high-school buddy and bass player Steven Burnett and pedal steel player

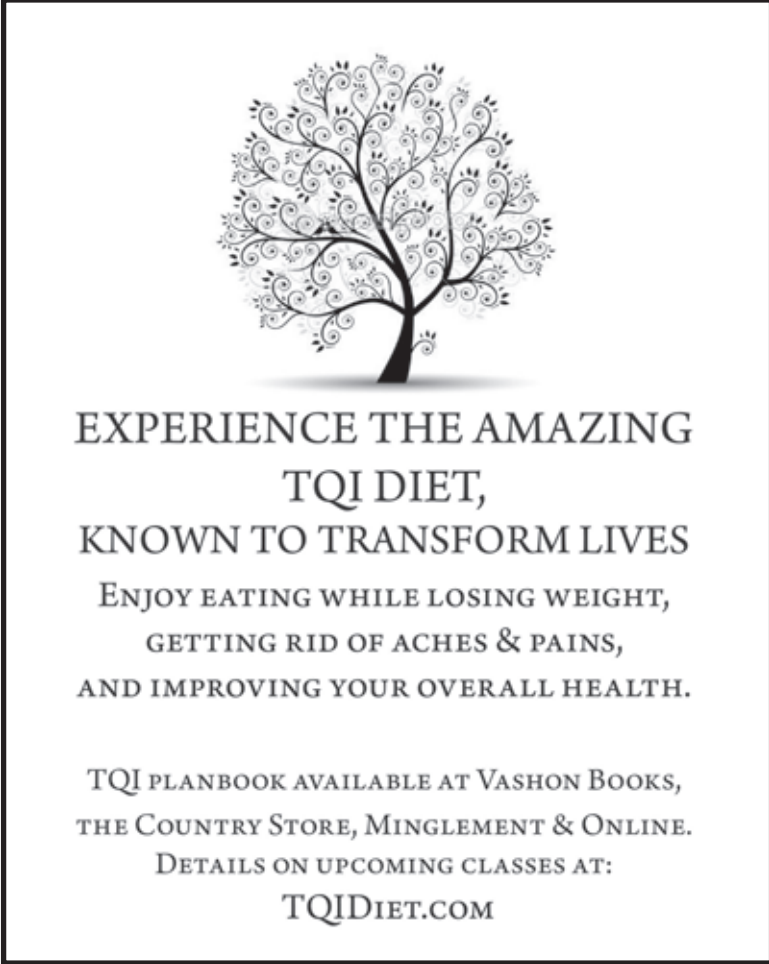
“Country” Dave Harmonson, songs like “Winter All the Time” and “I Am Your Man” have just the right amount of twang. And they’re bringing Seattle music fans to their feet. “Every show we’ve played, everyone was dancing,” says Dugas. “Even friends we knew didn’t know how were doing it.”



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Aries (March 20-April 19)
Mars, the Aries planet, is finally set to move out of Scorpio, into Sagittarius. This is one of the closing chapters in a long story of self-discovery for you; you’re now moving on to new adventures. You may feel a sudden burst of liberation, or like you pulled in your landing gear in preparation for cruising altitude. For you this may be like those moments when you’re at the end of a relationship and finally decide that it’s time to be free; only this may be about any number of commitments, entanglements or contracts that you’re ready to move beyond. When you get this feeling, I suggest you face toward the future immediately. You don’t have to rush anywhere or into anything new, though once you sense that you’ve got some freedom from the past it’s wise to place your emphasis elsewhere. And there’s certainly plenty of adventure in the air.

Taurus (April 19-May 20)
Commitment is an option, otherwise the concept is meaningless. Sometimes involvement with a person is more interesting and easier to roll with if you have your choices open, or if you remind yourself that you’re able to choose. Even better, if you notice that you are indeed doing so, you can feel the strength in your ongoing decision, knowing it’s the right thing for you. When you get to that point, you can discover the freedom that exists within a commitment — the space you have to explore, how it feels to get to know someone, and the awareness that you have another encounter coming. Yet this here-and-now awareness can remind you how delicate every situation is, and how little you can take for granted. The ability to appreciate every moment is indeed a gift; and based on what you’ve learned lately, it’s one that you value dearly.

Gemini (May 20-June 21)
At a certain point you have to come out of your comfort zone, and it would seem as if a relationship partner or potential interest is guiding you to do just that. If someone seems to be confronting you, ease back and take it not as an offense, but as a friendly challenge. Work with the idea that it’s up to you to offer people the space to be themselves. You do plenty of changing and choosing; you know that the people you truly call friends are the ones who give you the widest berth to be yourself. If you extend that truly loving courtesy of affirmation to others, you will discover the corresponding reward of how good it feels to offer freedom as well as to have it for yourself. They are so similar as to be the same thing. And it would seem that in this situation, the feeling is mutual.

Cancer (June 21-July 22)
Sometimes when you have a concern about money it helps to drill right in and tackle the subject specifically. Other times it helps to work on other, related issues. It would seem that the financial part of your life will take care of itself if you keep everything else moving, and in balance. Such as your ideas, for example, and your work flow, and your ongoing plan of taking better care of yourself. By now you already know the benefit of honoring sex as a means to wellbeing, with the approximate value of oxygen; keep reminding yourself about that and take every wholesome opportunity you get to share and explore. As you do, feel your sense of flow and movement develop and deepen. If you catch the hint that you’re in the right place at the right time, pause, slow down, and appreciate that fully. One good thing leads to the next.

Leo (July 22-Aug. 23)
This week’s New Moon in your sign will unlock many doors for you, though you won’t know which they are unless you turn the knob and try to get in. The perfect collaboration between you and the universe involves opportunities that are activated — that is, turned on and made real — by your curiosity and motivation. These are ‘use it

or lose it’ tickets to the future. With Mars about to move in your favor, you should have plenty of ideas and moxie. The question is: will you persist through any resistance or challenging patches along the way to what you want to do? I suggest you promise yourself, now, that you’re not going to give up the first time you feel blocked or come to a rough patch. That’s built into this particular equation, and it would seem that the great reward of this phase of your journey is learning how to keep your momentum running on any terrain.

Virgo (Aug. 23-Sep. 22)
You already know the seeming power of self-doubt to get in your way. Yet you either keep your power or you give it away. You can choose what voice to listen to; you decide what viewpoint has credibility. It’s essential that you learn how to let fear and anger motivate you rather than shut you down. There’s something you may be really good at, which is standing apart from past influences and the things your family said about you that were clearly not true. And if those things were false, then something else must be true. It’s up to you to figure out what is genuinely your own: what personal gifts, what talents, what interests and most of all what purpose. The thing with purpose is you cannot push it, or push yourself there. It’s necessary to listen to an inner voice that you may usually strain to hear, though it is likely speaking to you clearly right now.

Libra (Sep. 22-Oct. 23)
Your social charms remain at a near peak level, and you’re likely to find yourself not just out among people but having fun doing so. You might not claim to like being the focus of attention, though these weeks are an exception. You’re probably the most entertaining person in the room, so you may as well enjoy that fact. I don’t mean dancing on the table, but rather something subtler that you offer. It’s as if you’re transmitting on two levels — the physical level and empathy. People want to be around you because of something they feel from you, something that you offer them. You might think of it as a healing gift or a reassuring quality that you offer with your presence. Given that, you don’t really need to say or do much..

Scorpio (Oct. 23-Nov. 22)
Mars is about to leave your sign, after being with you for months. Have you learned to state, in plain and simple terms, what you want? If nothing else, that would be a fitting legacy of your experience. Yet on a deeper level, the theme has been learning to let go of aggression against yourself in the form of self-judgment, resentment or guilt in any form. These are deeply ingrained patterns and they’re not usually transcended easily. Yet the moment you become aware you’re feeling one of them, notice how you can just stop yourself. The more you practice this, the easier it will be. Remember that these strange emotions serve to undermine your self-confidence, and if you focus on that you’ll have an added edge. You need and depend on your confidence, and you’re likely to have plenty of it at the moment.

Sagittarius (Nov. 22-Dec. 22)
If you’ve been asking yourself deep questions the past couple of months, or struggling to figure out something about yourself, you’re now ready for answers. Yet with self-knowledge of any form, it’s wise never to think you’ve ‘figured yourself out’ and leave it there. What you learn about yourself must be treated gently, and it’s best to leave your mind in flexible condition rather than being rigid or right. You may not recognize the extent to which you think you’re easygoing and yet are in truth obsessed with the details and even with total control. This is a reflection of how you treat yourself. Remember that everything about you is a work in progress, even your greatest talents and areas of personal mastery. If you

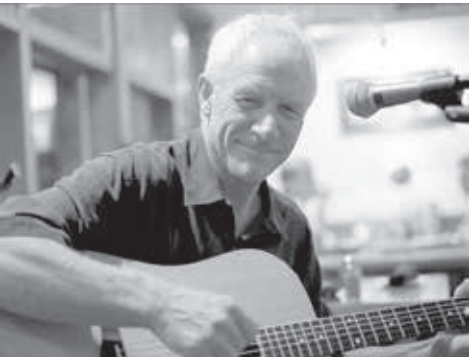
Loren Sinner

Live Music Thursdays The Hardware Store Restaurant

The Hardware Store Restaurant decided to start having a regular live music night once a month, usually on the third Wednesday of the month and it has turned out to be a lot of fun. Our resident musician is none other than Loren Sinner!

The music takes place from 7-9pm. We love having Loren perform at the Hardware Store - it’s a good fit for the room and everyone really enjoys his selection of music.

Loren has played in many bands in the past, most notably The Great Divide, an all-islander band that was formed in the early ‘80s and played locally for many years before hitting the “big time”, touring with blues guitar great Elvin Bishop. In 1987 the band won the Marlboro Country Music Talent Roundup, with a \$5000 grand prize, and the privilege of opening for Alabama, The Judd’s and George Strait in the Tacoma Dome before a crowd of 20,000.



You’ll find Loren playing with local band Sinner & The Saints from time to time as well.

Drop on by, enjoy some delicious food and a tasty beverage or two...and listen to some beautiful music!

Brought to you by Vashon Events and The Hardware Store.

Live Music Thursdays
The Hardware Store Restaurant
7-9pm, No Cover!
Thursday, August 17th:

feel yourself pushing against something, perhaps it’s the feeling that you’ve arrived, which now needs to give way to a new level of your personal adventure.

Capricorn (Dec. 22-Jan. 20)
You need to be more honest about the influence of fear in your life. It has a significant role, though the more you acknowledge that fact, the more you will diminish the power it seems to have over you. The truth is that there’s a lot to be scared of in the world; however, relatively little of it happens to anyone. Fear is best understood as a thing of the imagination. It’s creative energy that’s been turned on itself. I recognize it may not seem that way, though the mind really only has one kind of energy, and that is creative. It’s up to you to use this human gift on your own behalf. This is akin to using a power tool consciously and carefully, or unconsciously. The first step is listening to yourself rather than trying to drown anything out. You want to let the pressure off rather than keeping it contained.

Aquarius (Jan. 20-Feb. 19)
It’s often necessary to ruffle some feathers or make a pest of yourself to get things done. You have, however, been involved in a kind of cosmic leadership instruction program designed to help you be persistent but less irritating. One of the most helpful methods of doing this is being aware of who you are before you set out to accomplish something. This removes the

need for conflict as a path to self-knowledge, from that particular situation. Said another way, your confidence in yourself and in your mission inherently reduces the conflict factor. Think of how insecurity leads you to assert yourself beyond what is necessary. You might not think it’s possible to put confidence as the first item on your to-do list, though that’s what your charts suggest would work, and is possible. You know who you are well enough never to have to argue the point.

Pisces (Feb. 19-March 20)
You are ready to take on a goal that you had to set aside because you didn’t have the energy or the cooperation. Now you have both. Of the two I suggest you rely on cooperation first. A partnership or collaboration that has been on/off at different times now seems to have matured to the degree where you can get results. This may involve several people, and you’re likely to have additional decisions to make. In order to work with people, you must emphasize communication, which means understanding where people are coming from. Listen to what they say and track their behavior. Where the two seem to conflict will give you the clues that you need. If you find yourself getting defensive about anything, slow down the movie and make an inquiry. What you’re looking for is not just peace and harmony but rather those who can share a commitment to accomplishing something useful and beautiful.

Read Eric Francis daily at
[www. PlanetWaves.net](http://www.PlanetWaves.net)

**Next Edition
of *The Loop*
Comes out
Thursday
August 18**

Deadline for the next
edition of *The Loop* is
Friday, August 12

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Vashon Library August Events



Connect & Glow
Guided Meditation and
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Saturday, August 13, 4:00 p.m.
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Media contact: Kate Moody: (503)
701-1951, coco@katemusic.com
Suggested donation: \$10

More information can be found at www.katemusic.com.

Continued from Page 1

Vashon Island based comedy team, Duo Finelli. In addition to the clowning and vaudeville work she does with Duo Finelli, she has been a principal dancer with the San Francisco based samba group, Aquarela, for the past 8 years. Aquarela is one of the original groups in the United States to focus on and present authentic Rio de Janeiro style samba, and has received numerous awards for its representations of Brazilian culture. You can find out more at www.duofinelli.com.

Thomas Hitoshi Pruiksma is a writer, poet, translator, teacher, musician, magician, and lover of life. He was born in Seattle, and has lived and worked in Tamil Nadu, India, and Oaxaca, Mexico. His recent books include *Body and Earth: Notes from a Conversation* (with the artist C.F. John) and *The First Leaves*. He lives on Vashon with his partner, David Mielke.

Louisa Moody has been dancing since she was a wee one. She was a principle dancer in The Vashon Dance Academy's production of Mary Poppins in 2015 and has since then been dancing at the Vashon Center for the Arts. She is fairly new to aerial (especially hoop) but has loved taking her dancing into the air.

Saturday, August 20 at 4pm
Open Air takes place in the meadow
at Open Space, 18870 103rd Ave SW.

Visit openspacevashon.com for more details!

Deadline for the next
edition of *The Loop* is
Friday, August 12

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www.vashonloop.com.**

On Your Mark, Get Set, Read! Summer Reading Program

Just because school's out doesn't mean the learning fun has to end! Take your kids to KCLS libraries this summer for fun, free events and activities to help them enhance their skills, learn new ones, and discover new interests. For details, visit any KCLS library or kcls.org.

Family Story Times

Tuesday, August 2, 9, 16, 23 and 30,
11:30am
Family program, all ages welcome with
adult. Stories, songs and fun!

Bing Bang Boom Show

Thursday, August 4, 2pm
Presented by Duo Finelli.
Family program, all ages welcome with adult.
When Molly and Luz join forces to put on a circus show with dance and music, there will be plenty of mishaps. Discover how they find funny solutions to their problems through curiosity, playfulness and working together.

Blood and Guts Exhibit

Tuesday, August 23, 4pm
Presented by Pacific Science Center.
Ages 5 and older with adult.
There's more to blood and guts than just "ewwww!" View science exhibits using real organs from humans and animals that cover an amazing body of knowledge: biology! Assemble skeletons, analyze x-rays, and scrutinize skulls. Tease your mind with optical illusions and also look inside a real human brain!

Teens

Digital DJ Battle: Music Competition Workshop

Wednesday, August 3, 4pm
Presented by Foundry10.
Ages 13 and older.
Are you interested in DJing, remixing
and digital audio? Learn to perform
your remix in teams of two and
compete in a battle to determine which
team's performance is the most creative
and entertaining. All equipment
provided.
Please register beginning Wednesday,
July 13, online at www.kcls.org or call
the library at 206.463.2069.

Adults

Everyones Talking About It

Wisdom Cafés
What's on YOUR mind? Join in
lively conversations about topics that
matter with free programs at KCLS

libraries. From pop culture to pot, from education to alternative energy “and even elections” talk with other community members about what fascinates you.
www.kcls.org

Clearing Space-The Liberating Effect of "Down-Sizing"

Wednesday, August 3, 10am
Most of us either because of necessity or choice at some point will be faced with reducing our “stuff,” from the tangible to the intangible. What does “clearing space” mean to you, and how can we learn from each other’s experience? Join us as we find out together.

The Surprises of Aging: Who knew it would be like this?

Wednesday, August 10, 10am
As one writer says, "Life gets better-not easier- but better." Most of us don't know what it will be like to be older. Research indicates we might be pleasantly surprised. What have you learned?

Aging Creatively: Living Life with Intention and Discovery

Wednesday, August 17, 10am
Staying intentional and awake are choices we can make at any age. Being older often gives us time to explore and discover what matters most to us. We'll discuss what we want to discover in the coming months.

One on One Computer Help

Thursday, August 4 and 18, 6-8pm
Do you need extra help on the computer? A KCLS volunteer instructor can give you one-on-one assistance on a drop-in basis. Note: Volunteers cannot provide hardware assistance with your own personal computer.

Orca Lift/Food Stamps/Health Insurance Sign Up

Wednesday, August 17, 1:30pm
Presented by King County Public Health.

ORCA Lift is a program that provides low incomes with reduced fares on Metro buses, Sound Transit Link Light Rail and the Water Taxi. (NOT THE WA STATE FERRIES). What you need to bring: Photo ID from any state or country AND income verification- can be Provider One Card, EBT card, TANF award letter, SSI award letter, L & I statement of worker's comp or Social Security Award letter. This program is for everyone regardless of immigration status. Sign up for Apple Health or recertify. If you have questions Miguel will answer them as well. Miguel is a Spanish and English speaker.

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Vashon Library Events
Art & Music Events

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Island Epicure



By Marj Watkins

Love Affair with Lamb

I do love lamb. It is expensive, but a couple of shoulder chops or lamb steaks can be made to go a long way, cutting the per-serving cost of a lamb entrée to a less budget-bashing amount. By now, the lambs born in February are fairly well grown. In Scotland, their meat would be called “mutton.” Whatever you call it, it makes a mouth-watering, aromatic ragout. Here is a Greek version, a nostalgia recipe for me that takes me back to the winter my late husband, our home-schooled sons, and I spent on Crete. Marjoram, thyme, and oregano grew wild there. Tomato plants produced fruit until the hot January sirocco blew in from Egypt, destroyed the plastic greenhouses, and wilted the vines.

- ARNÍ RAGOÚT
- Lamb Stew
- 4 servings
- ¼ cup flour
- ¼ teaspoon salt
- Dash pepper
- 1 pound lamb leg or shoulder meat cut in 1-inch cubes
- 1/2 cube (1/4 cup) butter, divided
- ½ Tablespoon olive oil
- 2 cloves garlic, minced
- 2 Tablespoons tomato paste or ¼ cup tomato sauce
- ¼ cup white wine or 1 scant

- Tablespoon apple cider vinegar
- ½ cup chopped green bell pepper
- 2 rather skinny carrots, sliced
- 1 large or 2 medium size onions, wedge sliced
- 1 cup water
- ½ teaspoon salt, or to taste
- Pepper to taste
- ½ teaspoon dried oregano flakes or ½ tablespoon fresh oregano leaves

Mix flour salt and pepper in a paper bag. Put the lamb pieces in and shake to flour all sides of the meat cubes. In a large skillet that owns a lid, heat the half butter and the oil. Stir-fry the onion and garlic until glossy and wilted. Push the onions to one side of the skillet or scoop out with a slotted spoon and reserve. Add the rest of the butter to the skillet. Add the lamb pieces and brown on each side. Mix onion with lamb.

Combine tomato paste or sauce with ½ cup water and stir into the skillet along with the wine or vinegar, green pepper, carrots, salt and pepper. Reduce. Heat to medium low. Cover. Simmer 1 to 1 1/2 hours, until lamb and carrots are tender checking occasionally to be sure enough liquid remains for form delicious gravy.

Serve with steamed brown rice, pasta, or mashed potatoes.

Nutri-Tip: Lamb is one of the best sources of lysine, a protein that, had I eaten enough lamb or beefsteak, might have enabled me ward off my recent debilitating bout of shingles. I had chosen between a certain allergic reaction to an immunization shot and a possible case of shingles (herpes zoster).

You only get lysine from animal proteins, or from pills. If you’ve never had chicken pox, don’t worry--you will never get shingles. Enjoy lamb for its own sake.

Road to Resilience

Continued from Page 1 could only portend violence, ruin, and mayhem. If the country and the world survived a Trump presidency, the establishment could then say, “See? That’s what happens when we have a popular revolution!”, and they would have a selling point to forestall a power exchange to the people for a hundred years. Clinton may be more interested in doing things her way rather than ours, but, as her acceptance speech showed, she has embraced many of the policies that Sanders espoused. If we are vigilant and active, we could hold her to a lot of those promises. Trump would be totally oblivious to us.

Like many of you, I swore I would never again vote for the lesser of two evils. I’ve agonized over this, but there simply is no other choice. There are no third party candidates that have a chance of beating both Trump and Clinton. It’s not going to happen. Hopefully, the choice between a mentally unbalanced person and one who is not should come down heavily on the side of the sane person. If, come October, Trump has even the slightest chance of winning, there will be nothing noble about voting for

our ideal third party candidate or refusing to participate at all. Vote. For. Clinton. Think of it as an orderly retreat that gives us a chance to fight again. I think that is all I will be saying about this presidential election.

What do we do now? We elect representatives that are beholden to us and not the special interests. We convince existing representatives that if they respond to our concerns, they won’t need that special interest money. Bernie showed us the way and now we can all run for

office without connections to wealth and power. Meanwhile, we continue to become more resilient and self reliant in our own communities.

Comments?
terry@vashonloop.com

The Lodges on Vashon Summer Concert Series

This summer, the Lodges on Vashon is hosting an outdoor summer concert series in its open-air pavilion. The series kicks off Fourth of July weekend with local band Some’tet on Sunday, July 3 at 6:30 p.m. and will continue throughout the summer on various Wednesdays and Sundays.

The free concerts are open to all ages so bring the family and enjoy the long summer evenings listening to jazz, rock and country tunes. In addition to great live music, concertgoers can look forward to bites from local vendors, drinks from the Lodges’ minibar and games on the lawn for adults and the kids.

Next up: Wednesday, August 17th: Some’tet.

In April 2013, guitarist/composer Michael Whitmore began a weekly residency at the Snapdragon Café on Vashon Island. Over the next three years this ‘Sunday night jam’ grew into a full-blown ensemble ... the whole kit and caboodle -- Barry Cooper on trumpet, Dianne Krouse on sax, Patrick Christie on upright bass, Dodd Johnson on percussion and jazz vocalist Christine Goering.

Sometimes it’s a quartet, sometimes a septet, always a Some’tet.

The music is both composed and improvised. The overall sound is mellow, almost west coast cool, with moments of intense invention. Add a dollop of American primitivism, clusters of neo bossa nova rhythms, the occasional art song, some very soulful vocals -- think 60’s era jazz meets KEXP meets Scully & Mulder in Rio de Janeiro, with a whiskey & soda in hand and your Nana is catering the gig under a yellow hoodoo moon -- Some’tet.

The 2016 summer concert



series line-up features:

- Sunday, July 3: Some’tet
- Wednesday, July 13: Birch Pereira and the Gin Joints
- Wednesday, August 17: Some’tet
- Sunday, August 28: Seth Alexander Trio

Wednesday, August 31: Mike Dumovich
Sunday, September 4: Some’tet
For additional details on the concert series, please visit lodgesonvashon.com.

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The Jeff Kanzler Band

Jeff Kanzler is a Seattle born singer-songwriter. Initially working in Seattle before he moved to Los Angeles, then to a remote part of the Alaskan interior and ultimately to Vashon, his work to date is primarily Americana with traditional instrumentation.

What people are saying about Jeff:

Comparisons are as inevitable in music as in life and in this sense singer/songwriter Jeff Kanzler is no exception ("reminiscent of a young Bob Dylan" Don Yates - KEXP).

"Kanzler writes beautifully understated tunes that straddle almost every genre of American roots music. His vocals compliment the songs beautifully, sounding like a cross between a more grizzled Ryan Adams and Johnny Hickman." Dan Wilkinson - AmericanaUK

"Brilliant" John Richards - KEXP, making KEXP's top 10 list of 2007 Americana releases.

"This Seattle-born, Alaska-based singer-songwriter debuts with a jaw-dropping set of beautifully crafted country-folk... it's just mind-blowing



considering how great it sounds" Don Yates - KEXP 90.3 FM Seattle

On Friday, August 5th at the Red Bicycle Bistro & Sushi, Jeff returns to the stage with a full band once again. With a band comprised of veteran Vashon musicians, it promises to be a fun night with a lot of great music.

Friday, August 5th, 8:30pm
The Jeff Kanzler Band

The Red Bicycle Bistro & Sushi. All-age's 'till 11pm, 21+ after that. Free cover!

Delilah Pearl & The Mantarays

Put on your dancing shoes, your skinny ties, those sartorial dark-rimmed glasses and lets swango again like we did last night. From Vashon Island, Delilah Pearl and the Mantarays crafts a signature sound and a style all their own. Throw in a bit of 1940's hepcat jazz, a heap of modern soul and R&B, a smoky torch ballad and there you have the simmer, Delilah Pearl reinventing the classic diva with shades of Peggy Lee, Ella Fitzgerald, Nina Simone and "Lady Day". The Mantarays, always dressed to the nines - stylish threads toggled to the bricks, reat pleat



with a drape shape! - deliver the goods freshened by year's

of gigging in all sort of genres from jazz to rock to soul to bossa nova to the avant garde. DPM - making hay, making waves, making whoopee since 2012.

Christine Goering - vocals
Toliver Goering - electric bass

Michael Whitmore - guitars
Barry Cooper - trumpet / flugelhorn / cornet

Dodd Johnson - drums
Tim Kehl - piano

Friday, August 12th, 8:30pm
Delilah Pearl & The Mantarays

The Red Bicycle Bistro & Sushi. All-age's 'till 11pm, 21+ after that. Free cover!

All The World's A Stage: A Free Play Reading Series

"All the world's a stage, and all the men and women merely players: they have their exits and their entrances; and one man in his time plays many parts, his acts being seven ages." -As You Like it, by William Shakespeare.

A free play reading series presented by Civic Rep and Vashon Center for the Arts at the Katherine L White Hall.

We invite you to join us to hear readings of classic modern and contemporary plays by notable playwrights. Watch scripts come to life on the stage in an informal setting without sets and costumes. Be part of the conversation between readers and the audience. All are welcome!

Monday, August 22, 7 pm:
Henrik Ibsen's
HEDDA GABLER

Adapted by Jon Robin Baitz
"It is a play about being damned and cornered, and you have to feel the pressures on Hedda," writes playwright Jon Robin Baitz. Considered one of the great dramatic roles in theater, Hedda is the daughter of an aristocratic general who has just married a young, frugal



READING THE PLAY (1882)
Left to right, standing) William Gilbert, John Moore, W. J. Lenoxye, May Fiddling. (Left to right, sitting) Jam
awia, George Parkin, Mrs. Gilbert, Ada Kahan, John Drew, Augustus Daly, Charles Fisher, Virginia Droher

and ordinary scholar. Feeling trapped in a compromised, doomed and pedantic existence, Hedda reaches for a fraught freedom.

At the center of making theatre is community.

We are gathering to share stories as a way of building community.

If you would like to participate by reading a role, or be involved in the play selection process down the road - please contact: lzanejones6@gmail.com

L. Zane Jones serves as the Artistic Director of Civic Rep, and has worked extensively as an actor in film, television and on the stage. A master acting teacher for over 20 years, she has taught previously at The University of Southern California (USC), and is currently on faculty at The School of Drama at the University of Washington. Zane trained as an actor at the conservatory formerly known as the Goodman School of Drama in Chicago, received her MFA in Directing at USC, and has directed over 30 productions in Los Angeles and Seattle.

Civic Rep is a creative collective formed to make theatre that is honest, intimate and immediate. They endeavor to investigate all that is human with courage and compassion. Last year the company presented two plays by Tennessee Williams, A Streetcar Named Desire and The Two-Character Play, both at New City Theater in Seattle. For more info, please visit our website at:

www.civicrep.org



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Vashon Chamber Music

Vashon Chamber Music Artistic Directors Rowena Hammill and Douglas Davis present a twoconcert chamber music festival at the Vashon Center for the Arts’ Kay White Hall on August 11 and 14 at 7:30pm. August 11 will feature a Haydn trio for 3 cellos, the Enescu 3rd violin sonata and the Mendelssohn String Octet, while the August 14 program consists of the Popper Requiem for 3 cellos, the Shostakovich Piano Quintet and the Schubert 2 cello string quintet.

The performers are star players from the Seattle Symphony, including violinists Artur Girskey, Natasha Bazhanov and Mikhail Schmidt and violist Sayaka Kokubo; guest cellist from California, Andrew Cook will play first cello on the Schubert Quintet, and the two guest pianists will be Russian-born Oksana Ezokhina and Rumanian Oana



Rusu Tomai. Tickets are available at www.vashoncenterforthearts.org or by calling VCA at (206) 463-5131.

A Midsummer Night’s Dream

Presented by Off Road Shakespeare Company

A Midsummer Night’s Dream is the bard’s most popular comedy, combining themes of love, deception, magic and intrigue, all set in the fictional worlds of Athens and Fairyland. Romp, roam, and ramble with the characters which include Hermia, Lysander, Oberon, Titania and Puck, as they travel through a web of intersecting plots. Fall in love, go a little mad, and get a little lost exploring the theatrical possibilities of a Midsummer Night which will be staged in the outdoors in and around the new Vashon Center for the Arts campus. This is a “traveling” play, and the audience will follow the actors to various sites in and around the VCA grounds.

This is a “traveling” play, and the audience will follow the actors to various sites in and around the VCA grounds.

There will be lawn chairs provided for people who may need to sit during some of the outdoor scenes.

A Midsummer Night’s Dream



Katherine L. White Hall
Saturday, August 6, 2016, 4:30PM
and 7:30PM. \$10 General Admission; \$5
18 and under

Mike Love & his 6-piece reggae band

Revolutionary music may seem hard to come by in these days and times. Long gone is the era of artists like Bob Marley, The Clash, Stevie Wonder and Patti Smith getting airplay and bringing their messages to the masses. But that doesn’t mean that the revolution isn’t still brewing in the hearts and minds of many people around the globe.

Meet Mike Love: one of reggae music’s rising stars. Born and raised on Oahu, Hawaii, to a musical family that spans generations, Mike Love brings a multitude of influences to the table, all tied together by the common goal of making the world a better place. Which is no mean feat.

On his debut album, The Change I’m Seeking, Love harkens the legends of roots reggae in both his lyrics and his sound, but never relies on any one genre to hold him down. Coming from a wealth of influences, he started out playing classical piano as a teenager and later would perform in high school bands that were more akin to the grunge sounds of Soundgarden and Pearl Jam. Mike Love fuses the simple rhythms of classic reggae with the complex changes of the classical and rock music he was first trained on to come up with a style



wholly unique to him. Mike is currently wrapping up his second album, titled Love Will Find A Way.

But it’s his message, his passion, the wisdom behind his words that truly resonate with his fans. It’s always been about the depth. Mike Love explains: “I’ve never been into music that was shallow. I’m still learning. I’m still learning about where I’m going and where I want to be. All the music is a learning tool to me too. I just make myself open to it. All the messages that come through the music, it’s not just coming through me and my wisdom, because I don’t think I’m that wise of a person. I don’t think I’m some wise elder or anything like that. I just make myself open to the music and it just comes through. It’s just as much of a teaching

Grace Love & The True Loves



Grace Love’s voice fills a room like an avalanche, with a booming quality that draws comparisons to Etta James, Aretha Franklin and Mahalia Jackson. Grace Love inspires crowds to erupt at events like Bumbershoot, Northwest Folklife and Timbr. Grace played for a crowd of 10,000+ at the Bernie Sanders rally at Safeco Field, and opened for Bonnie Raitt at The Paramount. Along with an energetic 9-piece band, The True Loves, their infectious Motown, Soul, Blues and Funk-inspired grooves are winning over the region. Their debut album hit the Top 10 list on KEXP, and their west coast tour won them a legion of new fans and radio play.

On vocals, Grace Love is Seattle’s shining jewel of grit, emotion and power. Backed by the True Loves, her vocals float effortlessly over kicking back beats, smart horns and syncopated rhythms. It’s the hip swinging, booty

shaking, heart freeing sound you crave to hear live, but rarely do. Raised in Memphis, she learned to sing watching her mother in the church choir. Growing up in Tacoma, Grace faced a series of heartaches and hard times that took her to New York where she eventually became homeless. She began putting these struggles on paper--hers is a story of loss, discovery and triumph.

With their vintage sound, Grace and her band follow in the illustrious footsteps of artists on the Daptone and Motown labels. Flea Market Funk magazine describes their first album: “...a floor stomping, dance floor filler is a blues filled soul side that cannot be denied.” We think you’ll agree.

August 13, 2016, 7:30PM
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for me as it is for anyone who is listening to it and is open to it.”

Mike Love’s songs take you on a journey, one of healing and inspiration. One designed to help you on your path to knowledge, wisdom and understanding. On Permanent Holiday he takes you on a lyrical quest for freedom, both his and yours. He laments the ills of the world but also discusses solutions and ideas to change them.

Mike Love has shared the stage with artists like Stephen Marley, Don Carlos, Trevor Hall, Nahko & Medicine For The People, John Butler Trio, Groundation, Steel Pulse, Dave Matthews and Jack Johnson.

Mike Love & his 6-piece reggae band to Vashon, with special guest Adrian Xavier and Live Art By Spencer Sinner Artworks. Please arrive early for a pre-show acoustic set by Chai Ste Marie and

Josh Dehaven of Sum Band.

Tickets available online at <http://mikelovevashon.bpt.me/> OR in person at the Vashon Book Shop.

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Saturday, August 5th, 8:30pm

The Jeff Kanzler Band

Friday, August 12th, 8:30pm

Delilah Pearl & The Mantarays

Saturday, August 19th, 8:30pm

Long Lost

Friday, August 26th, 8pm

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Deadline for the next edition of The Loop is Friday, August 12

Lopy Laffs