

Oscar Night at the Vashon Theatre!



As the official Academy Awards ceremony occurs in Hollywood on Sunday, February 28, Vashon Film Society will again festoon the Vashon Theatre in red and gold and unroll the red carpet for the 19th year of the region's best Oscar party.

A ticket to Vashon's Academy Awards party starts with limo rides around the block from 4 to 5 pm, and the red carpet arrivals of creatively dressed islanders of all ages. Oscar Night party goers are interviewed as they enter the

theatre and can even give autographs to their adoring fans.

Then at 5 pm, the action moves inside to the silver screen and the Vashon Theatre stage with MCs Janet McAlpin and David Godsey, of UMO and Open Space renown, kicking off the local festivities. The evening alternates between watching the real Oscar broadcast on the movie's big screen with a lively costume contest on the

Continued on Page 6

Mark McGough Named New Head of School at Harbor School

Harbor School's Board of Trustees is pleased to announce that Mark McGough has been appointed as Harbor School's next Head of School. Mark will officially begin his tenure July 1, 2016. The Board's unanimous decision to appoint Mr. McGough was based on the endorsements and positive support of the Search Committee and the participation of the school's parent, faculty and alumni community.

"I am eager to join the Vashon community. I was so impressed with the level of parent participation and alumni support that I saw at both Harbor School and Carpe Diem Primary during my visit - it shows a great love for the students, faculty and programs. The students were articulate and fun, the faculty and staff passionate, the Board thoughtful, and the parents and alumni engaged and committed to the ongoing success of their schools." - Mark McGough

Mark brings over 30 years of international and independent school experience as an elementary teacher, educator and administrator to Harbor School. For the past 8 years, Mark has been Head of School at The Gardner School of Arts & Sciences in Vancouver, WA - an independent, private progressive student-centered learning environment, serving students from Pre-K through Grade 8. During his time at Gardner School, Mark has also served the Northwest Association of Independent Schools as a member and Vice-chair of several accreditation teams. Prior to his work at Gardner School, Mark presided as Head of School at the Bilingual European School in Milan, Italy. In addition, Mark has been an administrator and teacher in several international schools abroad - Windhoek International School (Windhoek, Namibia), International School of Moshi (Moshi, Tanzania), Munich International School (Munich, Germany), and the International School of Kuala Lumpur (Kuala Lumpur, Malaysia).

A native of Great Britain, Mark earned his MA in International Education at Oxford Brookes University (United Kingdom). He received his PGCE (Post-Graduate Certificate in Education) in Primary Education with Distinction in Teaching Practice at University of Leeds (United Kingdom), and his BA with Honors at Newcastle University (United Kingdom).

Mark's international school experiences and travel history are well suited for Harbor School, where Travel Study plays a critical role in student development. With a mission to "inspire young scholars to contribute their wisdom, compassion, and personal best in the classroom, the community, and the world," the Board of Trustees are confident and excited that Mark will bring his global experiences to further enrich our students' minds and create opportunities that expand upon the great work the faculty and staff are doing on both campuses. For our youngest students at Carpe Diem Primary (Kindergarten through 3rd grade), Mark's knowledge as an educator and leader has



taught him the value of nurturing the whole child and creating a diverse learning environment from hands-on learning in an academic setting to exploration and discovery through outdoor education.

"This is a great opportunity for Mark to join us in leading Harbor School and Carpe Diem Primary. Mark's deep understanding of developmentally appropriate curriculum is an asset to strengthen and move Harbor School into the future as a strong, independent choice for families on Vashon." - Scott Shawver, Board Chair

The selection process for a new Head of School was the Board of Trustees' highest priority. The Board appointed a Search Committee made up of faculty, parents, alumni and trustees, along with the professional guidance of Terry Macaluso of NewThinker, a search leadership consultant firm. A national search was conducted which led to extensive interviews with many highly qualified applicants. Three finalists were chosen to visit Harbor School for further interviews, and to meet members of the community. Alumni, parents, and faculty participation played a vital role for the Search Committee to determine their recommendation to the Board of Trustees. Harbor School is honored to welcome Mark McGough to our island community.

The Road to Resilience Revolution?

By Terry Sullivan,

As the Sanders campaign becomes more and more credible, the pundits, rightly, are scrutinizing the viability and popularity of his campaign promises. That is all well and good. It is true that such changes need to be well considered and thought out. Changing a large and complex society, let alone the most influential one in the world, needs to be done very cautiously and carefully. What bothers me is that Sanders' proposals are not being given a fair hearing. Every attempt is being made to invalidate Sanders' proposals at the expense of truth and accuracy. Even so, a large and growing constituency continues to believe.

Making major changes in a complex society necessarily requires a step into the unknown. In the case of technological change, it means that some people who are heavily invested in the status quo are likely to be displaced or lose assets that are no longer viable in the new context. Think fossil fuel and health insurance companies.

Another step into the unknown happens when a transfer of political and economic power is called for. Sanders is calling for a "political revolution," or, rather, is offering to lead a movement that has arisen spontaneously from the all of us. An acquaintance came up to me recently and asked if there was a less harsh term to characterize Sanders' campaign. She, of course, was referring

to the likelihood that "revolution" commonly conjures up the image of Russia in 1917 or the French Revolution, both of which were very bloody and chaotic. Even our American Revolution was no walk in the park.

The crucial difference between those revolutions and the one we are contemplating now is that the earlier ones involved a change from one form of government to a new, up until then, untried form of government. In the case of Russia and France, they were improvising as they went, and there was an utter vacuum of power up for grabs that attracted unscrupulous or manipulative ideologues like Stalin and Robespierre. In the case of our own revolution, the offending government and most of its operatives continued to exist across the ocean, and the initial new US government was actually a federation of already organized and operating colonial governments. There was power to be grabbed, but nothing like in Russia and France.

Still, what we are contemplating now is nothing like those. It involves a transfer of power within the same government from a small, wealthy group to the electorate at large. It is not the introduction of Socialism. We are already as much a socialist country as we are capitalist. It is not unlike what FDR accomplished in addressing the

Continued on Page 9



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Starts February 19

Oscar Night at the Theatre
February 28

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Next Edition of The Loop Comes out Wednesday March 3

Deadline for the next edition of *The Loop* is
Friday, February 26

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Alzheimer’s Association Offers Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer’s Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

Have a Story or Article

Send it to:
Editor@vashonloop.com

Responding to Heart of Vashon

Responding to Heart of Vashon
3-5pm Feb 28 at Blue Heron
sponsored by All Island Forum
Everyone Welcome!

Death Cafe

The Vashon Death Cafe is following the global movement to increase ones awareness of death with a view to helping people make the most of their (finite) lives. Gather with us in a relaxed setting to discuss death dink tea and eat cookies and other treats. Ask yourself “in this limited time that I’ve got what’s important for me to do?” Death Cafes are free from ideology-no one should lead others towards any conclusion about life, death or life after death. Death Cafes are respectful of all regardless of gender, sexual orientation, religion/faith, ethnicity and disability. Death Cafes are non-profit and non-commercial. Death Cafes are confidential. Death Cafe At Vashon Intuitive Arts on Sunday, 2-28-16 from 130 to 3 PM by donation.

Gardening/Cannabis Event

Using Beneficial Insects for Natural Pest Management
w/ Shane Young, Natural Enemies, Portland
March 1st at 7pm
Vashon Grange Hall, 10365 SW Cowan Rd
Replace the pesticides in your garden with helpful insects.
Presented by Vashon Island Marijuana Entrepreneurs Alliance
Free for all

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*The Loop’s soy-based ink
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Find *the Loop* on-line at www.vashonloop.com

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The Vashon Loop
Contributors: Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Seán C. Malone, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.
Original art, comics, cartoons:
DeeBee, Ed Frohning
Ad sales and design: Steven Allen
Phone 206-925-3837
Email: ads@vashonloop.com
Editor: Steven Allen
Email: editor@vashonloop.com
Publisher: Steven Allen
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Celebration of Life of Brian Hall 6/29/56 – 2/3/16

Please join us for the celebration of life of long time islander Brian Hall of Magnolia Beach, better known as “Ace Drywall”. February 3, 2016, Brian left this world unexpectedly, in the arms of his beloved “nephew”, Joshua Nash, while at a jobsite on Vashon. A fundraiser to help defer funeral expenses will be held February 20th starting at 4:00 pm at Vashon Eagles. It was Brian’s last wish for his body to remain in peace near his father, Raymond Hall’s grave. His two young daughters, Kelsie and Marissa Hall want nothing more than to respect their father’s wishes but have very limited funds at this time to be able to accomplish this. To help them, a \$10 per plate made-from-scratch delicious Spaghetti Dinner, with lots of appetizers, Brian’s favorite beer, with music by Dan Cadman’s band and a raffle. Prizes include gift certificates from local businesses and other fun donations. There will also be a silent auction of one of Brian’s vehicles. All donations contributed will go directly to the cost of to the burial of this man who worked very hard until the moment he passed. Those who were close to him and loved him dearly include his grandchildren Lillian and Lincoln, his brother-in-arms Wayne Nash, as well as his siblings Greg Hall, Gayle West and Janis Larsen. There will be a donation fund established at U.S Bank on Friday February 19 as well as donation Jars set up around the Island at various businesses.

Vashon Social Dance Group Monthly Dance & Lesson

SATURDAY February 20, 2016
Vashon Social Dance Group Lesson & Dance
Ober Park Performance Hall - 17130 Vashon Hwy SW
(Vashon Park District Office Building)
7:00 - 8:00 pm Dance Lesson - A Little foxtrot, a little swing- they make for a great partnership- a little like Rudolph and Santa Claus!
Join Our Guest Instructor Lilli Ann Carey with Dance For Joy!
8:00 - 9:30 pm Dancing to deejayed music by Lilli Ann and Candy (Lilli Ann promises to play some of her favorite holiday tunes that are great dance tunes. Did you know the theme from Charlie Brown’s Christmas is a Waltz?) Some beautiful, some fun, some nostalgic.
No partner needed. Come and bring anyone interested in dancing!
Suggested donation: \$10 for lesson and dance
No one turned away due to lack of funding. Join Us!
Join us for a wonderful evening of social dance.
NO PARTNER NEEDED!

VISD Prop 1 outcome

Editor:
I’m so mad about the VISD Prop 1 bond vote I could spit.
I’ve lived on this Island for 36 years. I raised my kid here from birth. Vashon Island was a real community. Once.
Now it seems to be a gentrified, self-absorbed rich enclave, populated by people who think it would cool to live on an island and go rub elbows at all the galleries on First Fridays and eat at all the restaurants the rest of the week.
People who have no true connection to this Island; people who never raised any kids here; people who are more concerned about protecting their income and their retirements from a profligate amateur hick school board; people who don’t care for one second about the kids who also happen to live on this Island, some of them probably longer than the rich newcomers.
The Vashon Island High School high school gym and track was built while I was in high school. I graduated from high school in 1965.
Thanks for nothing, rich people. You make me ... spit.
- John

Class offered for Vashon Island woodland owners

Kelsey Ketcheson, WSU Extension, 206-263-1128, kelsey.ketcheson@wsu.edu
Betsy Fradd, WSU Extension, 253-241-5043, bfradd@wsu.edu
Woodland owners will build skills for caring for their trees through a Forest Stewardship Coached Planning course 6-9 p.m. Wednesdays, March 2-April 20, at the Vashon Land Trust Building, 10014 SW Bank Rd. A field day will be Saturday, April 2.
Presented by Washington State University Extension, the course costs \$215 and pre-registration is required. To register or learn more, visit <http://forestry.wsu.edu/nps/events/cpvashon/> or contact WSU Extension Forestry at 206-263-1128.
The course teaches owners of wooded property how to assess their trees, avoid insect and disease problems, enhance wildlife habitat, get a fair deal when selling logs and take practical steps so their woods provide enjoyment for years to come.
Participants will develop a personalized Forest Stewardship Plan, which qualifying landowners can use to lower their property taxes.

Come Hell or High Water

By Seán C. Malone

There is nothing ambiguous about the tide. It's either coming in or going out; except when it is slack, or not doing much at all. Being caught by the tide can be frightening. The West passage of Vashon is famous for it's fast moving tides, some going over 4 knots and always flowing North whether the tide is ebbing or flooding. The current was so strong that it could stop a tug laden with barges or even cause the tug and tow to go backwards. The tugs timed their run in order to make it through Colvos Passage before the tide changed and ran the other way. One day we saw two overloaded barges tip over and lose their gravel to the tide. The dust from the spilling gravel rose high in the air and the hitchhiking seagulls rose with the cloud. The tide had stopped the tug and it had got stuck cross ways trying to turn around to head back where it had come from.

We weren't very old when the folks took us to an Indian village on the Olympic Peninsula to see an ocean storm. We stood on a hummock right in the middle of the village to watch the tide rise and the wind blow. At the foot of this hill, was a small frame house painted yellow. Chanting was coming thru the open windows. Nice to hear, but the Spring tide was rising and getting close to the house and pretty soon it became apparent that the house was going to be flooded. The water started coming up the steps and not long after; the people poured out of the Church from both doors, headed for higher ground. It was a stormy day when the tide came in and flooded the village.

It was an exceptional time to be there and watch the dugout canoes come in from the Pacific, laden with herring, spilling over the sides. The back end of the dugout was flattened to accommodate an outboard motor and the front end was pointed.

As kids, we were always looking for things to frighten us or trouble to get into, although it came more or less naturally; such as walking too far on the beach when we knew we had to go back the same way we had come. Running on wet boom logs or swinging out over Bradley's canyon on strands of ivy was exciting. If the ivy broke, the ground



could be very unforgiving.

We were combing the beach south of Cove one day looking for treasures in the drift or in sailor's terms, flotsam and jetsam and had gone too far. Sometimes we would find a life jacket or seat cushion in the drift and cart it home.

The tide was coming in and it was starting to rain. In a while there was no beach ahead of us and the water was too deep to wade around the 40 foot clay cliff in front of us. There was a 6 inch wide trail up and across the cliff but it petered out about halfway. At that point we were 20 feet above the water surging against the cliff and brother Mike was getting cold and starting to whimper. Cousin Jim was spread eagled against the clay bank, trying to get a foothold ahead of him and was scared; so scared, he froze. He couldn't go forward. "I can't make it; I'm going to fall", he said. Mike and I discussed leaving Jim to work it out for himself. Maybe we could find a different way to climb the cliff and hack our way through the woods to get a rope and come back to help him. "Can you reach that root sticking out of the bank, and pull yourself across"? I asked him. The tide was too high to wade. We couldn't touch bottom. What a pickle we were in. The bank was too steep to climb and the tide had prevented us from going forward to look for a trail up from the beach. If we waited for the tide to drop, it was going to be two hours; before we would be able to walk the beach. We were soaked to the skin and going to be late for dinner. Unlike the Indians who ran from the tide, we did not have the sense not to get stuck on the beach. Cousin Jim grabbed ahold of the root and it held.

Responding to Heart of Vashon

By Karen Nelson (All Island Forum) and Donna Klemka

As part of its on-going series, "Reading, Listening and Responding", All Island Forum will host an opportunity for more community conversation focusing on the Heart of Vashon performance reading and project. On Sunday, February 28 from 3-5pm at Blue Heron, All Island Forum invites you to join us as we tune up our listening and speaking skills and share thoughts about the content, process and implications this project has on our Island community.

For those who may have missed the reading, here is a link/url to enjoy the video:<http://www.voiceofvashon.org/user-content/heart-of-vashon>

Please feel free to call or write with any questions: Karen Nelson 503-740-0523, heartgreen@yahoo.com

Begun over a year ago, the Heart of Vashon project has touched many Islanders and created a momentum of its own. About 150 Islanders submitted writing, some 50 folks showed up for the first AIF-sponsored gathering in January, and a cast of 14 offered a two-show performance reading which drew around 200 people to Blue Heron last month. AIF is excited to offer a chance for people to reflect on the project on February 28. All are welcome!

Responding to Heart of Vashon, "I have been filled in a wonderful, unexpected way by this project!" writes Donna Klemka, Vashon resident and contributing writer. Reflecting on her experience, Donna shares these words:

1978
5 acres with a small house
Holes in floor, ceiling, walls
No heat
No water

This was the start of our dream, everyone's, at that time. Thank you Heart of Vashon for giving me the impulse to

write about it, to revisit building our lives and home here. I am grateful to Mary Shackelford and Shirley Ferris for initiating this magical telling of stories.

The experience of hearing the reading directed by Michael Barker was heart-filling, with so many quiet, internal aha moments. Equally meaningful to me was gathering in January at the O-Space with readers and listeners. In small groups some of us read what we had written for Heart of Vashon; others listened. Each reading had its own voice, it's own story about what is important to our sense of place. It was such fertile ground, with people recalling important points in their lives on Vashon - even meeting a colleague of the man who witched and drilled our well back in 1978!

Cold running water in one tap
Tarpaper over window openings
Bib by bit, complete
The shape of things on the land

John Runyan created a very special part of our time at the O-Space when he asked us all to stand in the order of the year in which we came to our Island - a human timeline. There was a solid cluster of people who had come in 1977/78 - familiar faces of those we'd barn-raised and grown food and pot-lucked with, all those years ago. It made real, in a strong physical way, how I fit into this wonderful community, and how long that history is.

Thank you, Heart of Vashon, for giving us our individual voices, and for weaving us all together to reflect the community we share.

Knitting our lives together
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Island Life Time/Space

By Peter Ray
pgray@vashonloop.com

I don't know about you, but I found that the recent revelation that scientists had found something that would confirm Einstein's theory about gravitational waves somewhat disturbing. I say this because, at least on the surface, the idea that it takes all kind of research and special equipment to discover something supposedly earth shattering, or at least physics-mind bending, is mind bending in itself. I know this is plebian and physics phobic from the get go, but it just seems that if you are going to wait one hundred years to prove a major theory of the universe and its turnings, that I for one at least would like to see something of consequence come out of it.

I mean, if one is talking about waves, then it would seem that one might experience a pulse of sorts to come out of it. I can see that if you were talking about emotional waves or air waves or even like , you know, hair waves, that this would not be such a big deal- I mean, really. But we are talking about gravity here, which admittedly is variable and relative, but still. All the graphics that have come with the reporting of this phenomenon have shown these concentric circles emanating from some source and radiating out in a uniform fashion but seemingly distorting or warping space and perhaps time along the way- it seems like some sort of intergalactic tsunami running rampant in both space and time and it would seem that, rather than being something that is postulated and theorized, it would have real consequences and actual, sense-based ramifications. It would seem that on a scale that some could claim to be infinite, a wave said to be based in gravity should move things more than a few microns, especially if we are to stop what we are doing in reading about Kanye West's financial problems or watching the latest analysis of Beyonce's effect on Red Lobster's bottom line and pay attention to all things scientific.

I guess that what I would like to see out of all of this Einstein stuff is something stupendous, but I have the feeling that that is not to be. We have not seen the Earth buffeted by cosmic storms or solar winds, except maybe as light shows played out in vast northern skies. We have not been rocked by invisible pulses that have wreaked havoc upon the masses as in a Michael Bay film, but maybe that's not what we should be looking out for.

Most recently, I have had a few things disappear, the explanation for which is still forthcoming. There was my address book, the physical one with both the dead and the living still included in its actual pages. Most of the time this book resided somewhere between a drawer in the kitchen and a box that traveled with me in various road trip like situations, and also contained a photo printer/postcard maker that allowed me to send semi-real time photos through snail mail to surprised recipients at the other end. Modern technology has made this possible, and I'm kind of surprised it hasn't caught on any further. But back

in my day, when I was making my own postcards in ancient times, it involved celluloid film and development and printing which even on apriority basis meant hours or days compared to the immediacy of modern photo technology. While I marvel at the ability to take, send and display a photo throughout the world to an unexpected audience, I still prefer printing a picture on actual paper and writing a note on the back with a pen and ink and then putting it in the mail with a stamp and a wish that it arrives safely at its destination, which it usually does.

But then again, there are days like today that make me wonder about physics and metaphysics and the rest of it. Two things have gone missing here in an environment that should not have supported their disappearing act. In response there was this all day shuffle throughout the piles of stuff that have accumulated through time, and each time the shuffle was completed the missing item was still missing. Throughout this process there were the countless internal reruns of how these things may have been misplaced, along with the ever present reality that said object was nowhere to be found-until today. There was the apparently unnoticed box at the top of the shelves that, once retrieved yielded the much fretted over lost address book. And then there was the DVD, loaned by a friend, that mysteriously disappeared for days until a shake of the head resulting in a flying loss of reading glasses down a crack between a sofa and a box next to it that yielded not only the glasses, but the lost DVD as well. This was after days of sorting through stuff and wracking one's brain as to where these things may have gone. As this all took place within one room, it makes me wonder about this time space thing and where things stay and go. With thoughts of gravity waves and the time space continuum, one has to wonder why psychotropic drugs were ever needed in the first place. I suppose if we were all unstuck in time like Kurt Vonnegut's Billy Pilgrim in his classic 'Slaughter House Five', all of this would be no big deal at all.

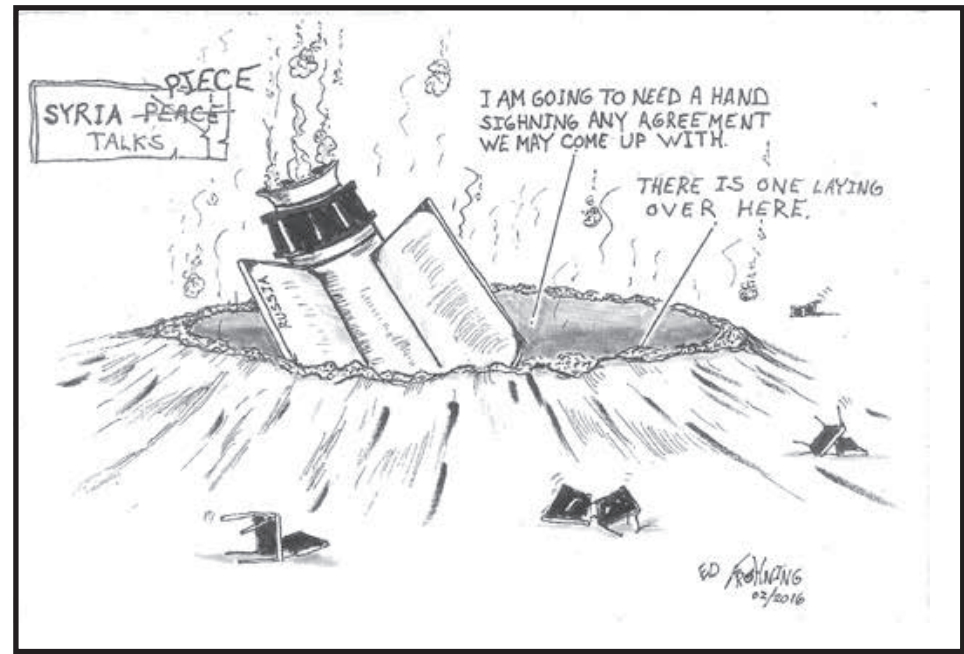
But we aren't, and I'm still waiting for the next cosmic gravity wave set to come in. In the mean time, I can't help but wonder if my two missing and found items weren't just temporarily lost at the cosmic sea turn, only to return as the latest wave of gravity passed into the great beyond. As the frustration of every day's search for said items comes sloshing back to mind , I can only be reminded of an exchange on the film 'Ground Hog Day' and that would be this:

Phil: Something is... different.

Rita: Good or bad?

Phil: Anything different is good.

I, personally, would like to know what the actual difference gravity waves could possibly make in my life. Beyond that- way to go Einstein.



Sheryl Wiser & Jean Mann



Jazz-tinged and soulful Americana singer-songwriter Jean Mann plays locally, regionally and nationally. Taking her songs to Europe in 2014, she dazzled audiences in France, Belgium, Germany and The Netherlands, garnering fans including Cyndi Lauper and jazz sensation Jacqui Naylor.

Mann's musical prose is a unique voice in today's independent music scene. With five original records in her growing catalog, she has played in venues such as Yoshi's in San Francisco, Tractor Tavern in Seattle and CBGB's in New York. She has shared the stage with Laura Veirs and Vicci Martinez, and opened for Peter Dinklage and Blame Sally.

Singer-songwriter Sheryl Wiser has a reputation for roots-rocking, blues works coupled with intelligent songwriting and a voice described as honey sweet with a jazz vocalist's gift for phrasing. She delivers deftly penned originals and iconic covers with

electric guitar combined with musical storytelling, adding up to a performance at once delicate and astounding. She has performed throughout the Pacific Northwest including Bumbershoot, Northwest Folklife and has also played New York's legendary Bitter End. She has opened for artists such as Peter Dinklage, Tori Amos, Luka Bloom, Dan Fogelberg, The Paperboys and Jill Sobule.

The Seattle Times calls Sheryl a gifted singer and songwriter. "Wiser writes emotional, rhythmically stirring songs and delivers them with passion. Her music is sharp and clean, featuring a sweet, powerful voice tempered by rich, stunning melody."

Wiser and Mann will collaborate to create an intimate and stirring evening of song.

A percentage of the proceeds from this performance will towards VIGA - Vashon Island Growers Association

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Spiritual Smart Aleck



By Mary Tuel

A Grateful Lent

Lent is upon us. It is a Christian season of the year, forty days and nights, not counting Sundays, marked by prayer, fasting, and self-examination, with the intended purpose of repentance and improving oneself, one’s behavior, and the practice of one’s faith.

Lent ends with Holy Week and Easter. By that time Christians need a nice nap.

I’m giving some thought to the shape of my Lent. How shall I fast? What shall I give up? Some people give up chocolate for Lent and let it go at that. My friend Linera said at church last Sunday that her mother always gave up watermelon for Lent. They lived in Seattle, so that might not have been much of a stretch.

Giving up things for my own good does not come easily or naturally to me. The thought of giving up chocolate makes me want to go grab a couple of chunks out of my chocolate stash to calm my nerves.

So, how can I improve myself? Don’t all talk at once.

There is definitely room for more prayer and meditation. There is room for paying attention. Paying attention is difficult for me. Oh look a squirrel.

It is easy to space out. My mother called it wool-gathering, and blamed it on the Litchfields. Wool-gathering is not the same thing as silent contemplation. I think of silent contemplation as intentional listening, and again, paying attention to whatever I am missing.

Paying attention brings up lot of things of which I am unaware: The ringing in my ears. Not as loud and annoying as it sometimes is. Sweet. The dog woofs once. A crow caws in the distance. The clock on the wall makes a ticking sound which I find soothing. The heater is clicking randomly as it is either cooling off or heating up.

Thoughts creep in: It’s almost time to go to rehearsal. I have to eat something before rehearsal. Maybe some chocolate.

I’m lousy at meditating. I suspect most people are when they start out. I’ve been trying for years and still feel fairly lousy at it, but as I often say, I’m doing the best I can, and what I can do makes a difference.

I was thinking today I might give up woe for Lent. Hah. If only it was that easy, but perhaps I could be more intentional about being grateful, for waking up in the morning, for the love of friends, and family. For chocolate. By golly, I am grateful for chocolate.

It insults our visceral sense of right and wrong to try to be grateful for everything – we want justice and we seldom see it - but I see gratitude as a way of embracing all of life, not a denial of the evil things that have happened and will continue to happen.

You have to walk yourself through all the thoughts that result from this radical intention to be grateful.

Am I to be grateful that I am a widow? Are we to be grateful for the misfortunes that befall us, our children, our friends, or strangers? The first responses to misfortunes are usually grief and rage, and don’t give me that “be grateful” garbage.

So how about this: no, I am not grateful to be a widow, but I am grateful for the miracle of waking up in the morning. I’m grateful to be here still to feel all my joy and pain. I am grateful to remember Rick and what an exceptional human being he was, and tell stories about him to my children and my grandchild. I am grateful that I can still open my mouth and sing and people will feel pleasure from that, and that I can write things that make people laugh, or think.

That is, I am not grateful for the destructive things that have befallen me in this life, but I am willing to use that crap for compost. I am grateful to be here overcoming lasting effects. I cannot change the fact of my misfortunes, but I am grateful that I can persist in working to be whole. I am grateful for the moments when I laugh with friends, or have a great conversation.

I do walk with a limp, physically and emotionally, but by God, and I mean that sincerely, I am still walking, and I am grateful for that.

It’s Lent and I’m practicing gratitude. I know it will be an uphill slog some days, but that is life, and I am grateful for life. And chocolate, of course.

Stabat Mater and Sacred Songs

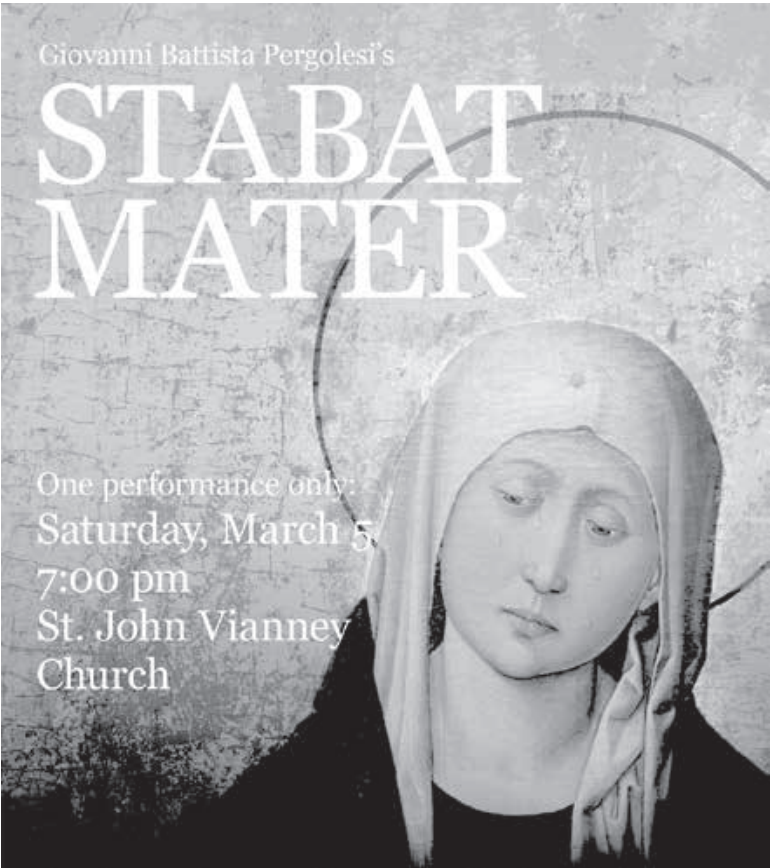
On Saturday, March 5th at 7:00pm, a talented group of Island artists will perform Pergolesi’s Stabat Mater at St. John Vianney Church on Vashon.

This work was composed by Pergolesi in 1736, during the last days of his short, 26 year-old life, and is an incredibly beautiful setting of the Stabat Mater poem written in the 13th century, attributed to Jacopo da Todi (ca. 1230-1306). The Stabat Mater hymn, one of the most powerful and immediate of extant medieval poems, meditates on the suffering of Mary, Jesus Christ’s mother, during Jesus’ crucifixion.

Pergolesi scored the Stabat Mater for soprano and alto soloists, two violins, viola and organ. In this performance, vocal soloists include Jennifer Krikawa, Rebekah Kuzma, Holly Boaz and Julia Benzinger. Strings will be performed by Karin Choo, Dan Brandt, Danielle McCutcheon, and on organ, Charles Lovekin. Father Marc Powell, pastor of St. John Vianney, will read an English translation of the stanzas between each of the 12 movements.

“This setting of the Stabat Mater poem is so touching and hauntingly beautiful,” says Jennifer Krikawa, one of the vocal soloists, “and the style is one that we are not used to hearing, because it is so operatic. The emotion of the words is written into the music. In the Baroque style, composers used dissonance, descriptive repetition, ornamentation and straight tone as tools to create sound descriptions of the story. They were able to juxtapose simple harmonies with dissonances to create tension, longing, and tranquility. It’s very exciting that we will be able to perform this piece as a chamber ensemble.”

The Stabat Mater in 12 movements will be preceded by



several other sacred songs with organ. The organists include Charles Lovekin as well as Kevin Pottinger and Michelle Casad. These sacred songs will be focused on Mary as well, and will include compositions by Domenico Scarlatti, Francesco Durante, Johann Sebastian Bach, Ottorino Respighi and Guilio Caccini. “Mary brought out the best of these genius composers because of her beauty and loving nature that they sought to represent in their songs.” says Krikawa.

Holly Boaz will open the concert with Medieval plainchant by Saint Hildegard Von Bingen (1098 - 1179). She is the first female composer whose works survive today, and is recognized for contributions to science, medicine, poetry, philosophy, art, music and mysticism. “What is fascinating about Hildegard’s compositions is that they were inspired by her religious visions.” says Holly Boaz. “This remarkable

woman began having visions at only 3 years of age. Over her long lifetime, she wrote three books describing these visions through art, poetry, and music. The chant I will present is from Scivias, the first of these books.”

“There is an enormous library of sacred works and we don’t often get to hear these special small ensemble works. We want to present these works to the community as an open concert, for everyone to enjoy their intrinsic beauty, and with this concert we hope to celebrate Mary, her spirit of both sorrow and hope.” says Krikawa.

St. John Vianney is located at 16100 115th Ave SW on Vashon. There will be a suggested donation of \$15 collected at the door. No one will be turned away for lack of funds.

Stabat Mater and Sacred Songs

Saturday, March 7 at 7:00pm
St. John Vianney Church

Suggested donation: \$15
--All are welcome

Oscar Night at the Theatre

Continued from Page 1
commercial breaks.

Because the Hollywood telecast is long and star-studded, Vashon Film Society has again arranged a catered meal from Snapdragon Café. Wine, beer, movie snacks and soft drinks will also be available from the theatre concession stand.

Vashon’s Oscar Night has always focused attention on preservation of the island’s only movie theatre. But for more than a decade, the Film Society has also used the gala to raise

funds for annual awards it gives through Vashon Community Scholarship Foundation to help graduating high schoolers pursue film-related studies.

Tickets for Oscar Night at the Vashon Theatre are now on sale at the theatre box office and Vashon Bookshop, and online at the Vashon Theatre website. Advance admission is \$10 all ages, and \$12 on the day of the show. Limo rides

(and paparazzi photo) are \$10/ carload, and the Snapdragon meal is \$10 per person. The best deal is the \$30 advance purchase Superstar Package which provides more than \$5 in savings with admission, limo ride, paparazzi photo, dinner, dessert and beverage all included.

For more information, call Vashon Film Society at 567-4768 or drop by the Vashon Theatre.



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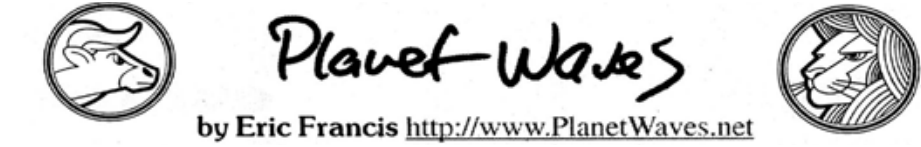
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Aries (March 20-April 19)
Let comfort be your guide. Offer comfort to others. As odd as it might seem for a person of action like yourself to make comfort your cause and objective, it’s not really inconsistent. You know from experience how important it is to make a good start in any endeavor. That’s especially true if the endeavor is a cooperative effort. To ensure that any common enterprise you are currently initiating (and maybe even leading) may be successful, do your expected part and then something more. Work to keep yourself and everybody involved feeling content with their role and confident of what anybody would define as success, and your extra effort will pay off.

Taurus (April 19-May 20)
There is no doubt that you are going places, probably faster than you think. Unlike some subatomic particles, however, you cannot simply leap ahead to where you are going without passing in between. On your way towards your future, you will be interacting with others. Those interactions will leave lasting impressions, which, sooner or later, will catch up with you no matter how fast you are progressing now. Therefore it is important to emphasize the quality of your journey at least as much as reaching your destination. Exercise care so that everybody you meet on your daily way will be a willing and enthusiastic part of your support network when you finally have it made.

Gemini (May 20-June 21)
Anything unsatisfactory about the recent past can very soon be behind you if you release any attachments you have formed to what is now done. Breakthroughs are up ahead, if you place yourself in a position to make them. One way to get yourself through what might previously have felt like a ceiling is to find the real-world equivalent of a stairwell, escalator, or elevator. Going back to school is one option to consider. Travel is another potential way to expand your horizons. Neither should you limit yourself to making your breakthroughs alone. There could very well be a crew of some sort not only going your way, but also looking for somebody just like you to complete their number.

Cancer (June 21-July 22)
Give yourself a pat on the back for anything you have recently completed in spite of delays or detours. Then, take a look at your hard-won achievement and try to see it as a beginning. Think of yourself as having laid a foundation rather than having completed a structure, and you will be giving yourself a brighter and more stimulating future than you can currently imagine. The key is to start building on that foundation immediately. Part of the construction will involve offering to share the fruits of completion with others. It is by showing the value of your achievements to those around you that you will come to realize the potential you have cultivated in yourself while simply trying to get something done.

Leo (July 22-Aug. 23)
It’s possible to make friends nearly anywhere. It’s probable that there is at least one area of your life where you have overlooked the possibility of forging bonds or developing relationships — maybe at work; perhaps at school. Could be your admirable ethic of applying yourself with a determined purpose towards attaining your goals is preventing you from seeing what

only society with colleagues can offer. It is good to develop yourself to your maximum potential, but no person is an island. When it seems appropriate, don’t hesitate to start conversations, or even to ask for help. While friendship may sometimes include sharing frivolity, it is not frivolous. Create connections.

Virgo (Aug. 23-Sep. 22)
You are appreciated more than you know. You are more respected than you think. While those who really, truly do hold you in high regard may have recently fallen short in demonstrating their esteem, don’t be offended. You are not being disregarded. Even if those who are indebted to you have not followed through by showing their gratitude, don’t be upset with them. You are not being taken for granted. The recognition you deserve and the acknowledgement you have coming will accrue with interest in due time. In the meantime, show that you both respect and appreciate yourself by taking care of your health, appearance and welfare so as to set an example of maturity.

Libra (Sep. 22-Oct. 23)
There is a difference between gambling and managing risk. No matter how much skill is involved, gambling still leaves things mostly to chance. The essence of risk management, on the other hand, is to leave as little as possible to chance. Gambling is ultimately recreational, and one should only invest what one can be resigned and willing to lose. By comparison, risk management is occupational, with a realistic and achievable intent to realize gain. Indications are that you should eschew gambling for the time being and manage risk instead. You have a gift for finding a way to gain where others only see a potential for loss. For you, the time to begin employing that gift has come.

Scorpio (Oct. 23-Nov. 22)
For the foreseeable future, consider exhibiting the functional upside of the fictional detective Sherlock Holmes. This does not necessarily mean you should be chasing down criminals or combating villainy. Leave that to the police. Neither does it entail exhibiting the eccentricities of Sir Arthur Conan Doyle’s famous character. Leave that to actors. Rather, you may find this to be a particularly advantageous time for you to first observe everything carefully and in detail, wherever you go and whatever you are doing. Don’t look for anything in particular at first. Simply be very aware and retain what you note. Then, detect. It is likely that everything you need to know at this time is hidden only by inattention.

Sagittarius (Nov. 22-Dec. 22)
Your generosity is a strength. Your magnanimity is an asset. Don’t let any pressure currently originating from outside of you depreciate what you bring to your immediate environment. Neither should you allow any pressure you are putting on yourself to do anything other than motivate you to do and be better. There is no reason to judge yourself harshly for not being perfect. A diamond in the rough is still a diamond. The same applies to you. You are already a precious jewel. Just because you are currently in the process of enhancing your value in the world should not detract from what you intrinsically already are to those who know and love you — ideally including you.

Capricorn (Dec. 22-Jan. 20)
Doors are opening for you in proportion to how much you have been knocking. You know this is true. You have evidence that your efforts do get results. Once those doors open, however, the effort need not stop. There are portals beyond where you think you can enter, and you can find them if you persevere with patience. While it is very possible that applying yourself persistently can lead to rapid advancement soon, don’t allow yourself to be discouraged if results accrue in a slow and steady manner. When big things are showing little progress, attend to one small thing in particular — your morale. The luckiest person in the world is usually the one who considers her or himself to be most fortunate. Keep knocking.

Aquarius (Jan. 20-Feb. 19)
Rain is good. Just ask anybody living through a drought. Yet, rainy days have a bad reputation they do not deserve. Now is an excellent time to look at what some commonly disparaged life circumstances might mean to you were they yours to live. It would also be a good idea to understand what others might find enviable about your circumstances now. This means more than counting your blessings — though that would not be a bad idea. Beyond living in gratitude, you might also want to reconsider some life options that you have disregarded or dismissed in the past. It could very well be that some of those options will soon become not only available, but also highly desirable.

Pisces (Feb. 19-March 20)
Golf is a game within a game. All of the mindsets, reflexes, postures, practices, disciplines and tools that combine to get you from the tee to the green within the requisite number of strokes are no longer of any value once it is time for you to putt. Upon occasion, life can be like golf in that way. Indications are that this may be just such a time for you. It could very well be that you have successfully made it to the point where you need to change the strategies, methods and tactics that have propelled you this far. In order to follow through and complete your triumph-in-the-making, consider how a delicate approach to circumstances might be more appropriate than striking with all your might.

Read Eric Francis daily at
[www. PlanetWaves.net](http://www.PlanetWaves.net)



Compost the Loop
*The Loop’s soy-based ink
is good for composting.*

Hanover Baroque on Vashon Island



Bernward Lohr ~ harpsichord

Hanover, Germany’s vibrant early music scene will be reflected in this evening of lustrous baroque chamber music by Rameau, JS and CPE Bach, Marais and Leclair with our two special guests from Germany. Harpsichordist Bernward Lohr is director of Hanover’s Musica Alta Ripa, one of Germany’s most active period instrument ensembles, and baroque violinist Anne Röhrig is leader



Anne Röhrig ~ baroque violin

of the Hannoversche Hofkapelle, one of Germany’s premier baroque orchestras. Bernward Lohr and Anne Röhrig are both professors at music conservatories in both Hanover and in Nuremburg, Germany. Their more than 30 recordings have garnered numerous awards including the Diapason Dòr, the Cannes Classical Award, the German Recording Critics’ Prize, and several times the Echo Klassik. Both were awarded the 2002 Music Award of Lower Saxony. Monday, February 29 at 7:00 PM Bethel Church on Vashon Island at (206) 567-4255 148th Ave. SW and 119th Street Suggested donation: \$15, \$20 or \$25, 18 and under free www.salishseafestival.org/vashon



Jeffrey Cohan ~ baroque flute

Positively Speaking

Bed-rest

By Deborah H. Anderson



told, it was actually Denzel Washington who helped me raise my son, but that’s another column.

So...last Tuesday I called a few folks and let them know I was truly going to stay down as much as possible. I canceled various volunteer activities that were definitely work related but didn’t hinge on my presence. It has left me typing late tonight by this little light you plug into the hard drive and shine on the keyboard that Robin from knitting group gave us as gifts years ago.

There are two reasons I will remember this week without a sense of loss. First of all, I also got a book read I had been asked to read and review. I got a work project done and out to the readers who are reviewing it. (We writers are always reading and writing and reviewing).

Secondly, memory lane has been real fun and reading every Facebook ad I’ve ever wanted to wander into but certainly had no time and no priority for doing so has been a visit through Americana.

For Valentine’s Weekend, I researched and posted clips from probably a dozen of the formative films of my youth and adulthood and that was fun.

But the best reason was because when I was first realizing that the dry cough and chest pain and fever were the onset of ‘not good’, I received another set of words that were ‘not good’. They read ‘abnormal cells. Please return for a biopsy’. This odd peace came over me, but my mind went into full on panic. Just when things were settling down and I was being freed from the worst abuse,there was possible cancer. Four hours later another set of words came back from my doctor that read ‘since your cytology report was negative, there is no need to return. In fact, you are finished with these screenings altogether.’

So you see...guilty as I felt because I have so many friends and loved ones who are fighting or have lost the battle to cancer, everyday, as I coughed unproductively and then started the antibiotic that would eventually help me get well, I could say to myself, “I don’t have cancer. It’s a good day”.

What’s a little pneumonia? They have pills that can heal it. Next year I’ll get the preventative shot. Each day I’ve been able to do a little something. I had to save all my energy to do it and it would wipe me out for the next twelve hours, but a little something. Now, as I see the signs of final healing, and remember watching Torville and Dean dance to ‘Bolero’ three times in a row on YouTube, I think to myself, I don’t have cancer.

A little perspective please.

Love,
Deborah



The Van Redeker Band



By Roderick McClain

Islanders Daryl Redeker and Sam and Sara Van Fleet, known as Van Redeker, think hard about how to put energy into a crowd. Redeker, who teaches guitar, speaks fondly of the band’s beginnings. “It was spooky how easy it was to talk without worrying what to say,” says the lead guitarist. But what really sold Redeker on the Van Fleets was seeing the couple dance. “They have almost constant variation,” he says. “They get how to groove.”

Van Fleets have different backgrounds in movement arts. Sam, a photographer, was a principal dancer at the now defunct Robert Davidson Dance company in Seattle. Bassist Sara, who teaches in the Jackson School of International Studies at UW, is a kung fu practitioner. Sam plays guitar, keyboard and sings; he explains that his background as a dancer helps him think about the structure and timing of a performance--and though his dance career is over, his love of a rigorous rehearsal schedule persists.

Redeker describes how his work as a guitar instructor helps him maintain an evolving relationship with music because he needs to familiarize himself with the interests of his students. “I’ve taught everything but polka and death metal,” he says.

As a band, Van Redeker looks forward to playing one of the last performances at the Blue Heron before the doors of the new Vashon Center for the Arts swing open.

“I bet people will be up out of their seats, dancing in the gallery,” adds Redeker. “As performers, we feed off that.”

Van Redeker
Saturday, February 20, 7:30 pm
Vashon Allied Arts
\$12 Member/Student, \$14 Senior, \$16 General
Tickets: VAA, VashonAlliedArts.org

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Venus Needs A Home...

I’m the spokeskitten for a litter that came to VIPP a few months ago. We didn’t live with people when we were tiny, so it’s taken us a while to feel comfortable around them. Although some of us are more sociable than others, everyone has made a lot of progress.

Don’t let the other kittens know I told you this but we’re suckers for treats and toys. If you tempt us with those, we might forget we were ever scaredy-cats.

Go To www.vipp.org
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Island Epicure



By Marj Watkins

Eating for Your Eyesight

We spend so much time staring at brightly lit computer screens and TV that we need to put some conscious thought into how to take care of our vision. Good food can be a big part of that care.

Now is the time to enjoy the colorful winter vegetables carrots, beets, and kale and collards. The more color our veggies and fruits have, the more they give us of the nutrients that benefit our eyes. Among the fruits, apricots, cherries and cranberries come to mind, frozen or dried at this season. We're eating the rainbow. Three apricots treat your eyes and your skin with 2,769 IU of

Vitamin A. It comes to you as beta-carotene, which turns into Vitamin A when eaten. Cranberries, like blueberries and strawberries, boost your brain power by protecting you from free radicals.

Valentine's Day weekend seven of the sixteen people in our far-flung family gathered for a feast and a good afternoon visit. Even son Steven, on winter break from the Chinese University where he teaches, was able to be here. Everybody contributed something to our well-laden table. We enjoyed roast leg of lamb from son-in-law Rich Osborne, the olive oil guy. The menu also included peas, green salad, potatoes, gluten-free rolls and several beverage choices. We finished off the meal with apple pie in a gluten-free crust with vanilla ice cream. Son John M., proprietor of Twice Sold Tales bookstore in Ballard, pulled in about 9:00 p.m. We'd managed to save him a piece of pie; besides that, he thought he fared well on a hearty home-made soup, rewarmed from the fridge, and leftover salad.

Road to Resilience

Continued from Page 1

Great Depression. It is still a revolution in the sense that the current wielders of power have no intention of giving up their advantage willingly.

The difference between Sanders and all the other candidates of either party, with the possible exception of Donald Trump, is that all the others leave the current distribution of power intact. Power and wealth have become so concentrated in the hands of a few that the idea that we need to set a new course has become apparent across the political spectrum. Once again, we have people benefiting from the status quo and those fearing change on the one side, and those that see that it's time for fundamental change on the other. What that change entails needs to be ascertained. For some, Trump is the answer although what exactly he offers is entirely unclear. Seemingly even Trump doesn't know where he is going. His appearance at this time closely resembles the rise of fascism in other times. Rather than invest power in one strong man, Sanders intends to invest power evenly across the electorate. That means that implementing the program that Sanders has laid out will require active and ongoing pressure from all of us. If we continue to act like spectators, as we have in the past, there will be no reform or revolution. That is the lesson we should have learned from

the Obama administration.

If you will remember, in 2008 Obama campaigned to reform or throw out NAFTA-type free trade agreements, support single payer health care, hold Wall Street executives to account for the grand larceny of 2008, close Guantanamo, end the wars in the Middle East, and fight climate change. The enthusiasm for Obama was similar to that for Sanders now. Our experience with Obama should have taught us that the "we" in "yes we can!" was very important. We expected Obama to deliver without providing the activist pressure from below. We also underestimated the degree to which Obama was beholden to the wealthy special interests that provided most of his campaign money. What didn't happen was not entirely Obama's fault. We just didn't realize how important the money trail was. Clinton, who is claiming the Obama legacy and is similarly indebted to the special interests, will have the same problems. A small number of people are wielding power and aggrandizing themselves at the expense of the rest of us and are rationalizing it by saying that, in a democratic society, this is the best you can get. Don't buy it.

Comments?
terry@vashonloop.com

Sharing The Stage #12

SHARING THE STAGE is a dynamic music series on Vashon Island. Top name headliners play the island in professional venues...and high school band are the opening act!

Student musicians from Vashon Island High School will open for a Seattle headlining band, bringing Vashon Island's residents together to focus on teens and young-adults and their musical interests.

The good folks at Sharing the Stage are giving us another chance to see a hot Seattle band-Chastity Belt- and young islanders the opportunity to open for them. Come out to The Red Bike on Friday, Feb. 26 to support our very own Soccermoms, Ten Cent Time Machine, Ruby Seago & Eva Cyra, Mallory Breen, Kate Atwell and Payton Lieske (the most modest killer guitar slayer under 18). Tickets on sale here.

Taking cues from both the politics of the riot grrrl scene and the intricate, moody guitar-based sound of early-'90s Pacific Northwestern indie bands like Sleater-Kinney and Autoclave, Walla Walla, Washington-based Chastity Belt formed in 2010. The band consisted of lead vocalist/guitarist Julia Shapiro, bassist Annie Truscott, drummer Gretchen Grimm, and guitarist Lydia Lund. The group quickly integrated irreverent humor into its seemingly serious musical presence. Apart from witty and cutting lyrical content, the band named its first locally circulated demo recordings F**k Chastity Belt and later shot press photos that portrayed Shapiro wearing a chastity belt made out of a raw steak. They continued this trend when releasing their proper debut, No Regerts, in 2013, subtly but intentionally misspelling "No Regrets" as one might on a horribly, ironically botched tattoo. The band toured heavily in support of No Regerts, and returned in early 2015 with sophomore album Time to Go Home on their new label home of Hardly Art Records.

Rob Bordner and Fred Strong, parents of VHS alumni, formed Sharing the Stage with teacher Harris Levinson in 2009, and they produced their first show at the Red Bicycle in April 2010. The three partners wanted to provide a way for students to express themselves musically, creatively and freely. They also wanted to foster meaningful mentorships; student acts have received help from love local musicians Ian Moore, Van Crozier, Jacob Bain, and Dominic Wolczko. This year, Richard Montague and his marketing class at VHS have provided talent, energy, and impressive skills to publicize the show.

Headlining acts loved the idea of student opening acts, too. Sharing the Stage has previously hosted rock, hip hop, and jazz shows, with Visqueen, Macklemore, & Ryan Lewis, Thomas Marriott, Blue Scholars, The Wellingtons, Kublakai, Brothers From Another, and The Physics. In fact, Macklemore actually came out from back stage to enjoy the student opening acts

SHARING THE STAGE #12 PRESENTS

8PM | FEBRUARY 26, 2016

THE RED BICYCLE | VASHON

Chastity Belt

WITH STUDENT OPENERS

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MALLORY BREEN

KATE ATWELL & PAYTON LIESKE

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when he performed on the island four years ago.

Our SHARING THE STAGE series is for both youth and adults, and pairs professional musicians with student and youth openers from Vashon Island. Our list of shows:

- 2010, Visqueen, rock
- 2011, Macklemore & Ryan Lewis, hip hop
- 2011, Thomas Marriott, jazz
- 2012, The Blue Scholars, hip hop
- 2012, Zac Anthony & Kate Goldby, The Wellingtons, rock
- 2013, Tangerine, pop
- 2014, Brothers From Another, hip hop

Vashon Productions, LLC, is NOT making a profit on these shows. Our budgets count on sponsorship tickets due to substantial costs for venue rental, insurance, and supplemental sound equipment. Your sponsorship support (at any level) is always greatly appreciated, and sponsors will be acknowledged on a poster at our shows.

Our shows welcome all ages. Strict enforcement of our NO DRUGS, NO ALCOHOL policy ensures a safe environment for everyone. Security is provided by off-duty King County Sheriff's Department officers and off-duty Vashon Firefighters. Refreshments will be available for sale.

For more info, contact:

- Rob Bordner: rbordner@gmail.com
- TWO ZERO SIX / 669-5160
- Fred Strong: fstrong98070@gmail.com
- Harris Levinson: harrisbey@gmail.com

Friday, February 26th, 8pm
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Maggie Laird

Maggie Laird and her band perform an all-original set at the Red Bike, including the songs from her new CD release, One More Manhattan. Recorded last June in Nashville, this set was first performed to a standing-room-only crowd at Maggie's album release party at the Skylark Café in Seattle. The music displays her roots in rock, pop, cabaret and the theatre while always having the spirit of jazz. -Scott Janow, author of "The Jazz Singers." Familiar to Vashon audiences as vocalist for Island Jazz Quintet and the Portage Fill, Maggie has done extensive recording with other groups, while One More Manhattan is her first solo project.



Songs of orphans, prostitutes, murderers and lovers: for the opening set, Maggie interprets the music of Kurt Weill with her sultry style and theatrical flair. This show was first performed at the Full House Cabaret series in Philadelphia, and later at Kenyon Hall in Seattle, and in 2012 had a sold-out performance at Vashon Allied Arts. Enjoy Weill favorites such as Mack the Knife and September Song, as well as some lesser known works including songs in French and German. Come to the cabaret!

Maggie Laird is one of the most talented cabaret performers Philadelphia has been lucky enough to see in recent years.

With her impeccable musical abilities and uniquely quirky presence, she fills the stage with humor, drama, and magic. There couldn't be a better combination than Laird and Kurt Weill, and she understands the work-its humor, its pathos, and its pure musical magic-better than any performer I've seen.

-Rich Rubin, Full House Cabaret Series
All-age's 'till 11pm, 21+ after that
Free cover!

Friday, February 19, 8:30pm
At the Red Bicycle
17618 Vashon Hwy SW
206-463-5590
www.redbicyclebistro.com

Cherrywood Station

Cherrywood Station is Gus and Camille Reeves. The duo met in Portland, OR, and, after singing gospel tunes together acapella the first night they met, they never stopped collaborating. Both Gus and Camille are prolific songwriters who carry the torch of American music by performing classic and original numbers with the acoustic sounds of soul, country, blues, and folk. Their first E.P., Soup Can Telephone, is will be available at this show and includes five original tracks.

Our youth opener for Cherrywood Station will be Mallory Breen. Mallory Breen is 16 years old. She pickedMallory Breen up the guitar when she was 11, and she hasn't put it down since. Mallory fell in love with music, and the possibility of making her own music. She



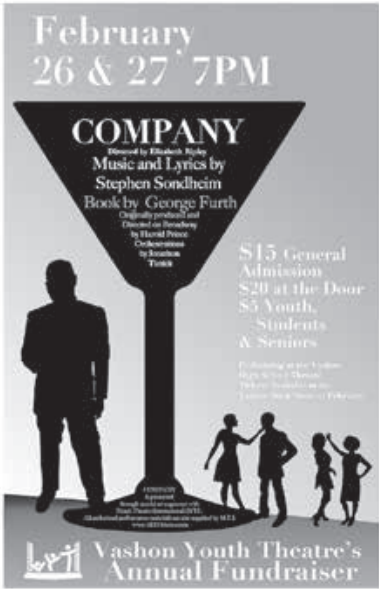
has just recently begun to sing as well as play guitar. Mallory has performed at Sharing the Stage with the Physics, Strawberry Festival and at a few Open Mics at her high school. These youth musicians will all be paid by Vashon Events as our way to help encourage more youth performances for our

community to experience.
Friday, March 4th, 8:30pm
Cherrywood Station
With Vashon Events Youth Opener Mallory Breen
The Red Bicycle Bistro & Sushi.
All-age's 'till 11pm, 21+ after that. Free cover!

"Company"

Vashon Youth Theatre presents a Fund Raiser!!

COMPANY, by Stephen Sondheim, based on a book by George Furth, and directed by Elizabeth Ripley, is coming to Vashon on Feb 26 & 27th ONLY. That's right! TWO performances only at the Vashon High School Theatre, Friday, Feb 26th at 7 pm and Saturday, February 27th at 7 pm. Starring Karl Reyes as Bobby – Vashon Opera fans will remember his moving and exciting performance in La Boheme, Vashon Opera's Inaugural production! In the tradition of Vashon Youth Theatre– many roles will be played by Teen Thespians... and for our Fund Raiser– many roles are played by Vashon's



finest... some new faces and some you will be delighted to see again :)

Please join us in raising funds for Vashon Youth Theatre, a non-profit in the State of WA dedicated to providing theatre excellence for Vashon's Teens! Tickets will be available at the Vashon Book Shop in the beginning of February. Pre-purchase General Admission is \$15, Youth and Seniors \$5. Tickets at the door General Admission \$20, Youth & Seniors \$5. Don't miss Sondheim's perfect Date Night musical about Love and Marriage– nominated for 14 Tony's!

"Company"

Vashon Youth Theatre presents a Fund Raiser!! Vashon High School Theatre
Friday, Feb 26th, 7pm
Saturday, Feb 27th, 7pm

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Send in your Art, Event, Meeting Music or Show information or Article and get included in The Vashon Loop.

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– Audrey Hepburn

Costume design is an essential trade in outfitting a theatrical production, providing vestments for actors to express their characters’ personality, status, class and time period. Melanie Burgess has designed costumes for more than 125 productions for theatre and opera locally and nationally, including for Seattle Opera, ACT, Village Theatre, Seattle Rep, Intiman and The 5th Avenue Theatre.

Burgess was the recipient of the 2010 Gregory Award for her designs in 42nd Street, Abe Lincoln In Illinois, Chasing Nicolette and Twelfth Night and has received numerous Seattle Times Footlight awards for her work. Burgess provides a fascinating behind-the-scenes



look at the sartorial process of a theatrical production.

Melanie Burgess appears in place of Sarah Nash Gates.

Sunday, February 21, 7 pm
Vashon High School Theater
\$18 VAA Member/ \$20 Senior/ \$22 General

Family Series: Zambini Brothers



From roving giant puppets to puppet and comedy shows, Vashon Island’s Zambini Brothers are a versatile and always entertaining troupe of puppeteers and artists. The puppets are handmade from papier-mâché and unusual materials, making every character unique, beautiful and engaging.

The Zambini Brothers present their original show The Tasty Tale of Brave Sir Bump at their Family Series performance at Vashon Allied Arts. This puppet show tells the funny adventures of how a most unlikely hero saves the kingdom from a terrible fate. When the knights of Castle

Thump fail to subdue a most dreadful, yet comical, dog-like dragon, it is round little Benjamin Bump who suddenly discovers how to tame the savage beast. Enjoy expressive hand puppets, much silliness and a surprise ending to warm every pet-lover’s heart.

Family Series
Zambini Brothers
The Tasty Tale of Brave Sir Bump
Saturday, February 20, 10:30 am
Vashon Allied Arts
\$8 Member/General, \$6 Student
Tickets: VAA, VashonAlliedArts.org

The Vashon Beethoven Quartet Project



CONCERT 4 - Beethoven op. 18 nos. 3 & 4
Sunday February 21st, 2016, 7:30pm
Vashon Havurah Building
15401 Westside H’way SW
Tickets at Vashon Bookshop
www.brownpapertickets.org
Admission \$20 at the door,
\$15 seniors/students
18 and under FREE
www.vashonchambermusic.org

The Vashon Beethoven Quartet Project continues on February 21st with the Girsky Quartet performing Beethoven string quartets op. 18 no. 3 and 4. The concert is at 7:30pm at the Havurah Bldg, 15401 Westside Hwy. Tickets are \$20 general, \$15 senior/student, 18 and under free. They are available at the door, at Vashon Bookshop and at www.brownpapertickets.com.

Visit www.vashonchambermusic.org for more information.

The Vashon Beethoven Quartet Project
Sunday, February 21st, 7:30pm
The Havurah Building

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Next Loop comes out March 3

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Next Edition of The Loop Comes out Wednesday March 3

Deadline for the next
edition of The Loop is

Friday, February 26

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www.VashonCalendar.org

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