

## Want to Be a Beach Naturalist?

By Rayna Holtz

Vashon's vistas are leafy green in its forests and meadows, and from its margins the horizons hold mountain peaks above vast glistening waters, but its most remarkable views may be secret spaces hidden in plain view along its 50 miles of shoreline. Have you strolled a Vashon beach and wondered about the kingdom of critters adorning every boulder and cobble? Have you asked yourself "Is it good to eat?" Or maybe, "Will it hurt me?"

Some of us who have dug littlenecks or butter clams, or who have fished from a dock, have found ourselves marveling at the beauty of a purple and rose sunflower star, or the elegantly scalloped carapace of a Dungeness crab. Questions come up: What does it eat? Where does it hide? What do its babies look like, and where are they cared for? When you see a great blue heron standing in shallow water, and extending its long neck out to grab lunch, do you wonder what menu attracts it to the sugar kelp? Or have you ever found yourself admiring a shallow water garden of waving pink and green anemone tentacles and suddenly been startled to see a crab claw extending out of one? What is the crab is doing there? And how has the anemone managed to encompass the hard pointy legs and carapace of the crab inside of its own



*Kelp crab in Kathy Sider's hand*

soft body? What are those small finny fish that dart between rocks under the little bridge at KVI beach? Have you ever seen a frilly translucent nudibranch and been amazed that their soft bodies can survive among the sharp barnacles on wave-pounded rocks?

The more you look, the more there is to wonder about. If you are interested in learning answers and sharing them with others, then you may find the Vashon Beach Naturalists to be of interest. They are an informal group of volunteers who offer occasional courses to recruit new members, so that they can offer free public beach events.

*Continued on Page 8*

## Azula Philips & Joe Baque – A Piaf Tribute

One hundred years after the birth of French cabaret singer Edith Piaf, local artist and musician Azula Phillips is paying her tribute on Vashon. Phillips says she first discovered Piaf while studying and performing in France in 1992, and in a subsequent visit years later she happened into a gathering on the anniversary of the singer's death. "We all sat in this tiny stone chapel and few words were spoken," she says. "Then someone hit 'play' and the voice of Piaf virtually exploded into the room."

Phillips says she's not a Piaf scholar though she thinks of the singer as a friend and mentor. "She was born into poverty and suffered great losses at a very young age. Her spirit and her music were irrepressible." Over the course of her life, Piaf faced the death of a child, several near-fatal automobile accidents and problems with addiction. Phillips says Piaf confronted these challenges with the power of song. "Music keeps us alive at levels we are only beginning to realize," Phillips adds. "It's a healing act to burst out into song because you can't contain your happiness or grief – we've stopped doing this – other cultures have kept this tradition."

At 94 years old, it would be completely appropriate to call pianist Joe Baque a living legend. Growing up near Queens, New York, he started piano lessons at age six and is well known to have "played with all the greats." This includes musical geniuses such as Lena Horne, Louis Armstrong, Coleman Hawkins and Zoot Sims. Possessing a vast musical knowledge and deft touch in keyboard styles – from classical to jazz, show tunes to Latin, blues to rock and roll – Joe's performance credits include gigs at Carnegie Hall, Radio City Music



Azula Philips

Hall, and The Roxy in New York.

Azula has been in correspondence with the Piaf Museum in Paris, and along with Joe, collaborate on lesser known songs in the Piaf catalogue.

Saturday, March 19, 7:30 pm

Vashon Allied Arts

\$14 Member, \$16 Senior, \$18 General



Joe Baque

## The Road to Resilience

### Why Single Payer?

By Terry Sullivan,

When Bernie Sanders entered the presidential race, he proposed universal health care as a basic human right. This has been envisaged as a single payer health care system, that is, a system in which the many private health insurance providers we now have would be replaced by a single, public payer, as it is currently done in Medicare. Obama, as well, campaigned in 2008 to institute universal coverage, but had to settle for the Affordable Care Act, aka Obamacare, as a first step toward the solution to the health care crisis. The Republican Congress, claiming gross government overreach, has tried to repeal it 69 times. In the meantime, single payer advocates have been critical of Obamacare's reliance on the private health insurance industry, which they claim to be one of the main drivers of high health care costs. Nobody can contest the fact that Obamacare has allowed 15 million new people to access medical care, but it is still far short of universal coverage as 11 million still remain without. Obamacare has increased access to insurance but, as currently configured, is not likely to greatly change any of the dynamics driving health costs. Sanders does not claim that Obamacare is a failure as has been claimed; he is just saying that Obamacare will not control costs without eliminating the for-profit insurance industry and allowing a single entity to bargain down prices.

What do we get from Obamacare? We can't be denied coverage because of preexisting conditions, young people can stay on their parent's policies until they are 26, and there are moderate subsidies available for low income folks. Aside from that, all the hassles of private insurance apply: limited choice of doctors, costly deductibles and coinsurance, limited choice of drugs, etc. If we aren't as attentive to the minefield of stipulations we are required to observe, we may get ourselves embroiled in a lengthy appeal or maybe a lawsuit in an often vain attempt to save ourselves from a bankrupting expense. Also, plans offered range from bronze to platinum, hardly equal care for all.

My wife has insurance through Obamacare. Even with a subsidy, she could only afford high deductible "catastrophic" coverage that doesn't pay for anything until she has spent thousands of dollars, not counting the thousands she is paying in premiums. Next year, if premiums on plans available to her double again as they did this year, she will be forced to drop health insurance and pay the fine.

The drug companies are making a killing. We pay as much as a hundred times as much for some drugs than in countries with universal coverage. With multiple insurance companies purchasing drugs, there is less bargaining power

*Continued on Page 9*

# KVSH

## 101.9 FM



**Voice of Vashon**

**Listen At Home In Your Car At Work Worldwide**

**Schedule & VoV App at [VoiceOfVashon.org](http://VoiceOfVashon.org)**

## Live Local Weather

### [www.VashonWeather.com](http://www.VashonWeather.com)

The Vashon Loop has installed three weather station on Vashon Maury Island. Each weather station transmits it's weather information to [www.wunderground.com](http://www.wunderground.com), [www.pwsweather.com](http://www.pwsweather.com) and Weather bug Back yard. The easiest way to view the weather information is to go to [www.vashonweather.com](http://www.vashonweather.com). Live weather information is also used on the [www.vashonloop.com](http://www.vashonloop.com) website and its sister site [www.vashonnews.com](http://www.vashonnews.com). Weather station locations are, Vashon Loop home on Gorsuch rd, Voice of Vashon at Sunrise ridge and Maury Island at the 3 towers with the sheep in the field. The best way to learn about each weather station is to find them on line, where you will find more Island weather stations.

Find out how much rain Vashon Maury Islands get and how gusty the winds are on Vashon's new weather site [www.vashonweather.com](http://www.vashonweather.com).





**Our Listing services are second to none!**

If you are a seller, you not only benefit greatly from the quality brands of Windermere Realty but you benefit from our regional network of brokers who meet monthly to discuss best sales practices. We've always been the leader in the custom marketing selling support to represent our clients.



Your Windermere Team:

Beth de Groen	JR Crawford	Dale Korenek
Dick Bianchi	Connie Cunningham	Kathleen Rindge
Linda Bianchi	Cheryl Dalton	Mike Schosboek
Dan Brandt	Nancy Davidson	Sarah Schosboek
Mary Margaret Briggs	Rose Edgecombe	Mike Shigley
Heather Brynn	Julie Hempton	Sophia Stendahl
Sue Carette	Denise Katz	Deborah Teagardin

[www.WINDERMEREVASHON.COM](http://www.WINDERMEREVASHON.COM)

206-463-9148 [vashon@windermere.com](mailto:vashon@windermere.com)



**J.D. POWER ACE Neighborhood Tour**  
Visits Vashon March 9, 11am-3pm.  
*Ace Hardware has ranked "Highest in Customer Satisfaction with Home Improvement Retail Stores" according to J.D. Powers, Thanks to you.*





**CRAFTSMAN**

**Red Hot Buy!**

Craftsman® 21" Push Mower with Rear Bag, Side Discharge & Mulch Capability  
SALE \$209.99 -\$20 with Ace Card  
**Sale \$189.99**



**Concrete Bird Bath**  
**SALE \$29.99 Ea.**



Miracle-Gro® Moisture Control® Potting Mix, 1 Cu. Ft.  
SALE \$8.99 -\$2 with Ace card  
**You Pay \$6.99**



**Get your Garden Ready**




Miracle-Gro® Moisture Control® Garden Soil, 1-1/2 Cu. Ft.  
REG. \$7.99 -\$2 with Ace card  
**You Pay \$5.99**

**Store Hours: Mon-Fri 8am-7pm, Sat & Sun 8am-6pm**  
**9750 SW Bank Rd. Vashon - Next to Thriftway**  
**Phone 206-463-3852      [www.vashonacehardware.com](http://www.vashonacehardware.com)**



**Now Playing**

**Kung Foo Panda 3**



**Coming soon**



**Hail Caesar**  
Starts March 11

**Hateful Eight**  
Starts March 14

**Deadpool**  
Starts March 18

**Bolshoi Ballet: Sparticus**  
March 20 at 1pm

**Vashon Theatre**  
**17723 Vashon Hwy**  
**206-463-3232**

**Call for Times**

For show times and info check [www.vashontheatre.com](http://www.vashontheatre.com)

**Want To Get Rid of That Junk Car or Truck?**  
More Often Than Not We Can Haul It Free!

**Rick's**  
Diagnostic & Repair Service Inc.  
206-463-9277  
Washington Hulk Hauler's - License #0463-A  
[www.ricksdiagnostic.com](http://www.ricksdiagnostic.com)

**ISLAND ESCROW SERVICE**

Dayna Muller  
Escrow Officer


Patrick Cunningham  
Designated Escrow Officer

**206-463-3137**  
[www.islandescrow.net](http://www.islandescrow.net)

Serving Washington State since 1979  
Notary  
Insured, licensed and bonded  
Discount to repeat clients

Find us on Skype  
**Vashon Loop**  
206-925-3837



**Granny's Attic**  
**"Under The Sea" Books Cookbook Special**




**WANTED: Formal Wear – Women, Men, Shoes and Accessories**  
**Make room in your closet!**

Granny's Attic Donation Dock is open on the South side of the Vashon Plaza.

**Granny's is at Vashon Plaza!**  
**17639 100th Ave SW, Vashon**  
**[www.grannysattic.org](http://www.grannysattic.org)      206-463-3161**

**Retail Hours:** Tues/Thurs/Sat 10-5  
**Donations Hours:** 7 days a Week! 9am-5pm



Sunday - Thursday  
Bistro & Sushi service  
11:30am to 9pm  
Lounge is Open  
11:30am to midnight

Friday & Saturday  
Bistro & Sushi service  
11:30am to 10pm  
Lounge is Open  
11:30am to 2am

**17618 Vashon Hwy SW**  
**206.463.5959**  
[www.redbicyclebistro.com](http://www.redbicyclebistro.com)

**Live Entertainment**  
**Friday, March 4, 8:30pm**  
Cherrywood Station

**Friday, March 11, 8:30pm**  
The JD Hobson Band

**Friday, March 18, 8:30pm**  
The Gin Joints

**Friday, March 19, 8:30pm**  
Karla Hill Memorial Benefit Show



**Loose Change**  
R&B Band

Loose Change is now booking for your summer parties.  
We have dates available  
Call Troy @ 206-794-9451

**Next Edition of The Loop Comes out Wednesday March 17**

Deadline for the next edition of *The Loop* is **Friday, March 11**



# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Alzheimer’s Association Offers Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer’s Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

### Have a Story or Article

Send it to:  
[Editor@vashonloop.com](mailto:Editor@vashonloop.com)

### Water District 19 Meeting

Water District 19’s next regular Board Meeting scheduled for March 8, at 4:00 PM, 17630 100th Ave SW, in the district’s board room.

### Community Drum Circle

Woman’s Way Red Lodge presents a community drum circle, Friday, March 11, 7-8:30 PM at Vashon Intuitive Arts. All are welcome to show up and drum, on behalf of the well-being and health of our planet and community. No experience necessary and no cost but donations appreciated.

### Vashon-Maury Island Community Plan Event

This message is from Bradley Clark who is in charge of our Subarea planning.  
We had more than 40 islanders submit a volunteer application ( thank you). We’ve scheduled Thursday, March 17th as the community kick-off event for the plan. The focus of this event will be to gather feedback related to various topics and community priorities to address in the community plan, so we are trying to reach as many folks as possible. More details will follow at the end of this week, but right now we’re trying to get the word out so people can just reserve the date. It will be 3/17/16 at 6:30pm at McMurray Middle School.

### Compost the Loop

*The Loop’s soy-based ink is good for composting.*

Find *the Loop* on-line at [www.vashonloop.com](http://www.vashonloop.com)

*Make a date with Vashon!*  
**[www.VashonCalendar.com](http://www.VashonCalendar.com)**

Vashon Library Events  
Art & Music Events  
Submit your Event on line at  
[www.vashoncalendar.com](http://www.vashoncalendar.com)

Law Offices of  
**Jon W. Knudson**  
Parker Plaza \* P.O. Box 229  
**Bankruptcy -- Family Law**  
463-6711

**The Vashon Loop**

**Contributors:** Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Seán C. Malone, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.

**Original art, comics, cartoons:**  
DeeBee, Ed Frohning

**Ad sales and design:** Steven Allen  
Phone 206-925-3837  
Email: [ads@vashonloop.com](mailto:ads@vashonloop.com)

**Editor:** Steven Allen  
Email: [editor@vashonloop.com](mailto:editor@vashonloop.com)  
**Publisher:** Steven Allen  
PO Box 1538, Vashon, WA 98070  
Phone 206-925-3837

Published every other week  
by Sallen Group  
©March 3, 2016 Vol. XIII, #5

**Loop Disclaimer**  
Paid advertisements in The Vashon Loop in no way express the opinions of the publisher, editor, or staff.  
Likewise articles submitted to the Loop in no way express the opinions of the publisher, editor, staff or advertisers.  
We reserve the right to edit or not even print stuff.



**THE COUNTRY STORE & FARM**  
[WWW.COUNTRYSTOREANDFARM.COM](http://WWW.COUNTRYSTOREANDFARM.COM)

**Place your Chick Order Now**

➡ **Pre-Order Chicks by 3/4 or 3/18**

➡ **Chicken Raising 101 Saturday March 12th, 11-12**

➡ **Chicks arriving first week of April**

---

**SEEDS ARE IN!**

➡ **Territorial Seed Co. & Irish Eyes**

➡ **Seed starting supplies**

➡ **We take special seed orders**

Plan Your Garden Today with our Gardening Books and Resources

**The Country Store & Farm**  
20211 Vashon Hwy SW • 206-463-3655  
Open 7 days a week: Mon-Sat 9 to 5:30 - Sun 10-4:30  
[www.countrystoreandfarm.com](http://www.countrystoreandfarm.com)

Follow us on Facebook: 

### Ferry Meeting with the State

March 23rd, Washington State Ferry will hold a public meeting for Vashon at McMurray.  
The meeting will be from 6 - 8 PM

- The preliminary agenda includes:
1. Planned changes to ticket processing at Fauntleroy.
  2. Emergency boat deployment plan.
  3. Update on the Vashon dock construction project.
  4. Looking forward at the ferry system.
  5. TBD

Please note this important date on your calendar. This will be a great time to meet WSF representatives, see and hear what’s new, and for you to be heard on your observations, opinions, and ideas to help improve ferry service.

### Free Taxe Help at Vashon Library

Three opportunities to get your taxes done for free are coming up. All will be at the Library.  
AARP will be here on Tuesday March 8th & Tuesday March 29th from 12:30 - 5:30PM

United Way will be here on Friday March 11th from 11am - 3pm call for an appointment - 940-6430

- For both you need to bring:
- Photo ID
  - Social Security cards for everyone on the tax return
  - Income documents: W-2, 1099s, etc
  - Deductions: Mortgage interest, property tax
  - Self-employed income and expenses
  - Health Coverage paperwork
  - A copy of last years taxes is helpful.

### Request for support of now EHB 2745 for the vashon ferry advisory committee

Many thanks to all the wrote to the House Transportation committee. The Bill allowing King County to appoint members to the Vashon Ferry advisory Committee has been passed out of the house. It is now EHB 2745. Currently it is in front of the Senate Transportation Committee. There will be a hearing on it on Wednesday, February 24th at 3:30.

I would like to have people write support emails to the Senate committee members listed below. The House committee chair commented on all the emails they had received, when they passed it out on a voice vote of “all in favor”. Let’s do it again. It will be a huge help to keep official representation at the table with WSF.

If anyone can go and testify it would also help.

After passage in the Senate Transportation Committee we have a couple of more steps to go to get it to the governor.

The list of committee members are below:

1. Curtis King, chair - [curtis.king@leg.wa.gov](mailto:curtis.king@leg.wa.gov)
2. Don Benton, vice-chair - [don.benton@leg.wa.gov](mailto:don.benton@leg.wa.gov)
3. Joe Fain, vice-chair - [joe.fain@leg.wa.gov](mailto:joe.fain@leg.wa.gov)
4. Marko Liias, asst. ranking member - [marko.liias@leg.wa.gov](mailto:marko.liias@leg.wa.gov)
5. Steve Hobbs, ranking minority member - [steve.hobbs@leg.wa.gov](mailto:steve.hobbs@leg.wa.gov)
6. Michael Baumgartner - [michael.baumgartner@leg.wa.gov](mailto:michael.baumgartner@leg.wa.gov)
7. Reuven Carlyle - [Reuven.carlyle@leg.wa.gov](mailto:Reuven.carlyle@leg.wa.gov)
8. Annette Cleveland - [Annette.cleveland@leg.wa.gov](mailto:Annette.cleveland@leg.wa.gov)
9. Doug Ericksen - [doug.ericksen@leg.wa.gov](mailto:doug.ericksen@leg.wa.gov)
10. Pramila Jayapal - [pramila.jayapal@leg.wa.gov](mailto:pramila.jayapal@leg.wa.gov)
11. Steve Litzow - [steve.litzow@leg.wa.gov](mailto:steve.litzow@leg.wa.gov)
12. Mark Miloscia - [mark.miloscia@leg.wa.gov](mailto:mark.miloscia@leg.wa.gov)
13. Ann Rivers - [ann.rivers@leg.wa.gov](mailto:ann.rivers@leg.wa.gov)
14. Tim Sheldon - [timothy.sheldon@leg.wa.gov](mailto:timothy.sheldon@leg.wa.gov)
15. Dean Takko - [dean.takko@leg.wa.gov](mailto:dean.takko@leg.wa.gov)

Thanks Greg Beardsley:

**Get In The Loop**  
**Send in your Art, Event, Meeting, Music, Show information or Article and get included in The Vashon Loop.**  
**Send to: [Editor@vashonloop.com](mailto:Editor@vashonloop.com)**

**Advertise in the Loop!**  
**It’s a great time to get back in the Loop.**  
**[ads@vashonloop.com](mailto:ads@vashonloop.com)**  
**Next Loop comes out March 17**



**By Seán C. Malone**

One time, Mrs. Van House shook Rob K. so hard that she ripped his shirt. “My dad is going to sue you,” Rob said. Mrs. Van House was our 2nd grade teacher at Vashon Grade School and as mean as she could be. We had been cutting up in class again and Rob had taken the brunt of it, the fall guy. Rob’s dad wasn’t going to sue the teacher, even though his dad’s own method was to use the belt and Rob took plenty of that.

Another time, I found a garter snake under the wood shop and slipped it into Mrs. Van House's desk when she was out of the room. "Who put that snake in my desk?" she yelled upon opening her drawer. Nobody ratted on me, which was unusual and Mrs. Van House never found out who did it.

Or take the time we found a swarm of bees hanging from a branch overlooking the tennis court. The swarm was as large as a hornet's nest when Rob cut the branch and chased the girls, the swarm swinging on the end of his branch. Swarming bees don't normally sting and the girls screamed when the bees got tangled in their hair, because the bees were attracted to the sticky-sweet hairspray the girls used in those days. There was lots of trouble over that. Both Rob and I were grounded.

Rob's dad, was mean too and was never known to have cracked a smile. We called him Mr. K. He sold insurance. One day he called us all down to the basement to witness one of the strange properties of electricity. Rob's brother Gary was there and so was I. Mr. K. had a hand cranked magneto he had liberated from an old telephone, the kind that hung on the wall with the crank sticking out the side. Rob's dad had us all hold hands, while only one of us would hold onto the wire coming out of the magneto. Rob was at the end of the line and told not to touch anything, for that would create a ground. Mr. K. cranked the magneto hard and nothing happened until he told Rob to grab ahold of a water pipe. Rob took an awful jolt, probably 50-100 volts alternating current. Us guys in between didn't feel a thing as we were not grounded. Mr. K laughed, but we didn't.

We had telephone operators in those days and when you turned the crank hard, it would generate enough alternating current to signal the operator in the telephone building at Center, that you wanted to make a call out. The direct current to carry your voice was provided by dry cell batteries. You could give the operator the phone number and she would take one of her retractable phone cords and



plug you into a trunk line for the call, which the operator would dial for you.

Our telephone number was red-5 6 and the Bradley's next door was red-4 5. We had party lines, sometimes 15 families on the same line and you always listened before cranking to make sure that someone else wasn't using the line. If you wanted to call someone on your own line, you dialed the number and hung up the phone to wait for it to ring on the other end. Our signal was two longs and a short.

The shared telephone line was called a party line and was not used equally by all the parties. In fact, some people liked to listen in to be privy to the latest gossip. We lived a half mile south of the Cove store and had to put up with Mrs. Fagan listening to our phone calls. She lived down in Cove across the street from our Grandma Ollie. If you were quiet you could hear Mrs. Fagan's heavy breathing as she listened in. We called her the Cove "newspaper". "Mrs. Fagan, get the hell off the line", Dad would yell into the phone and she would drop the phone down with a bang.

When he got to college, Rob had a girlfriend, Aileen, who was an AT&T long distance operator and worked nights. Rob would wait for her to get off work and then walk her home. Sometimes she would call him when she had a couple of good drunks on the line and let him listen in. He wasn't allowed to talk.

Aileen bragged to Rob how she could take care of herself if someone tried to jump her, so one night he hid in the bushes. Aileen always had an armload of text books which she would carry to and from work and study when the long distance calling was slack. Rob yelled and jumped out of the bushes behind her and she dropped her books and sat down on the sidewalk covering her face with her hands, screaming. Aileen never forgave Rob for that. She married a volley ball coach in San Francisco and had 7 kids.



**Suds**  
**LAUNDROMAT**

**OPEN DAILY**

Open Sunday to Thursday 9am to 7pm  
Friday/Saturday from 9am to 9pm  
17320 Vasho Hwy SW  
(Located across from Pandoras Box)

First Annual Gala Auction

# Labor of Love

## Thank You!

*From all the VCC residents for returning the Love!*

A heart-felt thank you to all the generous Sponsors, Donors and Volunteers who made this Auction possible!

<p><b>Auction Committee</b>  <b>Lead:</b> Anna Martinsen            Judi Burwell            JR Crawford            Kathi Jenkins            Mary Margaret Pearson            Nancy Sipple            George Wright</p> <p><b>In-Kind Sponsors</b>            Ace Hardware, Vashon            Cliff's Beer            Frame of Mind            Herban Feast            King Caramel            Christine Millican            Palouse Winery            Portage Philharmonic            Seattle Distilling            Thomas Cuisine            Thriftway            Vashon Allied Arts            Vashon Island            Chamber of Commerce            Vashon Island            CoffeeRoasterie            Vashon-Maury Island            Heritage Museum</p> <p><b>Volunteer Coordinator</b>            Sarah Alexander</p> <p><b>Volunteers</b>            Margi Amstrup            Chris Beck            Heather Brynn            Susan Commeree            Joan Costa            Bettie Edwards            Tim Everitt            Linda Fox            Rain Freeman-Sheehan            Jane Gill            Susan Hanson            Kristy Hegnauer            Annette Hilton            Valerie &amp; Clyde Howe            Ben Hussman            Stuart Kraabel            Julia Lakey            John Lawing            Monica Mann            Susan McCabe            Lara McKnight            Jim Marsh</p>	<p>Meredith Neal            Wendy Noble            Angie Nordling            Molly O'Brien            Michael O'Donnell            Kathleen Rindge            Jill Robinson            Andi Styner            Carole Sussman            Penni Symonds            Vashon Jr. Crew Team            Jeanette Wakeman            Sue Weston</p> <p><b>Donors</b>            Kali Aguilera &amp;            Baynody Mendez Jimenez            Hedy Anderson            &amp; Wally Bell            Annie Roberts'            Cello &amp; Piano Studio            Anonymous            Ray &amp; Edith Aspiri            Al Bradley            Lia Bardeen, Bramble House            Emily Carlisle            Sally Clark            DClutter Queen            Bonnie McCallister            Eagles 3144            Glow, Candy Jennings            Susan &amp; Craig Hanson            Bruce Haulman            Herban Feast Catering            Art &amp; Mary Hodgins            Shawn &amp; Kathy Hoffman            Lindsay &amp; Dana Hofman            Capt. John Hornibrook            Hotel Max            Heritage Group Land Co.            Hotel Monaco &amp; Il Terrazzo            Pam Ingalls            John James            Vic Johnson, Go Lightly, Inc.            Kathy's Corner            King Caramel            Ted Kutscher            May Kitchen + Bar            Christine Millican            Andrew Niss &amp; C.C. Stone            Truman &amp; Mary O'Brien            Kathy Pierce            Kathy Pine            Janet Quimby &amp;</p>	<p>Kathie Glover            Paul &amp; Jill Robinson            Bobby Roggenbuck            Roggenbuck Construction            Ivy Sacks            Sawbones            Brenda Sestrap            The Hardware Store            Restaurant            The Lodges on Vashon            The President of ME            Thomas Cuisine            Sarah St. Germain,            Uninhibited            Linda &amp; John Van Stone            Vashon Allied Arts            Vashon Brewing Company            Allison Shirk, Vashon Events            Vashon Liquor Store            Vashon Opera            Vashon Quilt Guild            Vashon Recess Lab            Vashon-Maury Senior Center            Christine &amp; Darsie Beck            Waterworks Studio            Rich &amp; Susan Wiley            Laura Worth,            Worth Coaching Services            Zombiez</p> <p><b>Desert Dash Chefs</b>            Lisa Blair            Charlene Boyd            Judi Burwell            Marie Bradley            Vicki Clabaugh            Bettie Edwards            Susan Hanson            Linda Herbert            Barbara Huffman            Kristine Marvich            Anna Martinsen            Ann Nicklason            Mary Margaret Pearson            Jill Robinson            Nancy Sipple            Carole Sussman            Christy Veal            Janet Williams            Rebecca Wittman</p> <p><b>Auctioneer</b>            Laura Michalek</p> <p><b>Master of Ceremonies</b>            Amanda Westbrooke</p>
---	--	---



## Thank You Sponsors!





# Windermere

REAL ESTATE



**JR Crawford**  
REAL ESTATE



**OCCU**  
Our Community Credit Union



**John L. Scott**  
REAL ESTATE  
VASHON ISLAND  
*Best People. Best Results.*

**Local Weather**  
[www.vashonweather.com](http://www.vashonweather.com)  
**Local Rain Totals**  
**Temperature hi/low**  
**Wind Speed & Direction**  
**Barometric Pressure**  
**Weather forecasts**

*Make a date with Vashon!*  
**www.VashonCalendar.com**  
 Vashon Library Events  
 Art & Music Events  
 Submit your Event on line at  
 www.vashoncalendar.com



# Love Me Some Townes Van Zandt

Debra Heesch Presents

## LOVE ME SOME TOWNES VAN ZANDT



IAN MOORE  
JEFF KANZLER  
GREGG CURRY

STAR ANNA  
LOREN SINNER  
KAT EGGLESTON  
ROGER TAYLOR

To Benefit VYFS  
**MARCH 5**  
VASHON ALLIED ARTS

\$15 tickets available at [VashonAlliedArts.org](http://VashonAlliedArts.org), Heron's Nest or 206.463.5131

Love Me Some Townes Van Zandt to benefit Vashon Youth & Family Services

Legendary singer-songwriter Townes Van Zandt penned hit songs such as “If I Needed You” and “Pancho & Lefty”, which hit the top of the country charts by artists such as EmmyLou Harris, Willie Nelson, Merle Haggard and The Cowboy Junkies. Often referred to as “the musicians’ musician”, Van Zandt had a legion of cult followers that included Bob Dylan, Neil Young and Lyle Lovett.

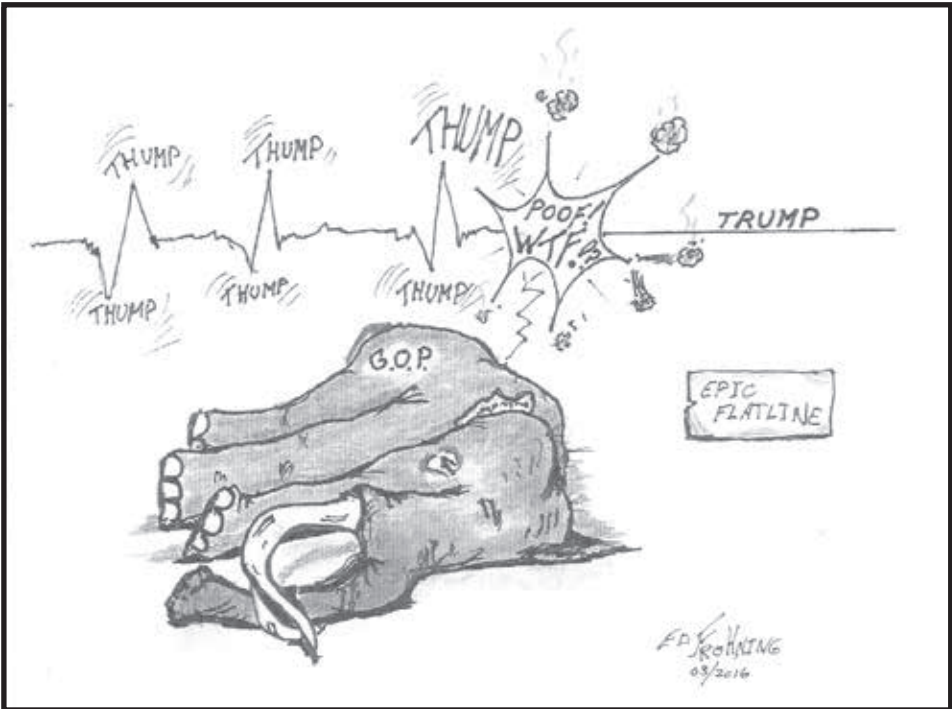
Love Me Some TVZ brings together musicians Ian Moore, Star Anna, Lorien Sinner, Jeff Kanzler, Greeg Curry, Kat Eggleston, Roger Taylor and Lonesome Mike Nichols to celebrate the songs of a true legend of American songwriting. Ticket proceeds to benefit Vashon

Youth... and Family Services (VYFS). Van Zandt was friends with the father of Islander musician Ian Moore, and notably taught Ian to finger-pick guitar. Arrive early and listen to Emmett Sherman in the gallery.

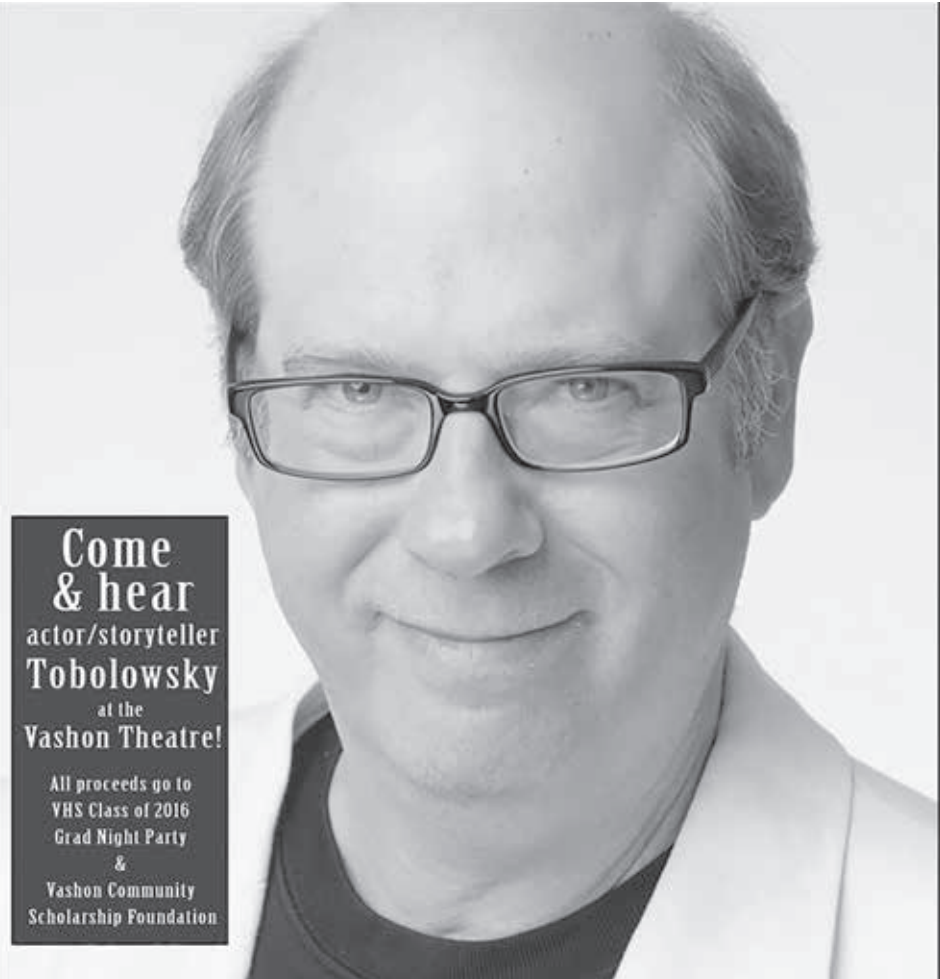
VYFS is a non-profit organization that has been providing human services to residents of Vashon Island, for thirty-two years.. Today, VYFS is the primary social services agency on the island, providing an array of prevention and intervention services, particularly for children and their parents/guardians.

This fundraising effort is presented by volunteer Debra Heesch.

\$15 Tickets available at [VashonAlliedArts.org](http://VashonAlliedArts.org), Heron's Nest or by phone at 206.463.5131



## Stephen Tobolowsky at Vashon Theatre



**Come & hear**  
actor/storyteller  
**Tobolowsky**  
at the  
**Vashon Theatre!**

All proceeds go to  
VHS Class of 2016  
Grad Night Party  
&  
Vashon Community  
Scholarship Foundation

Acclaimed actor/storyteller Stephen Tobolowsky will narrate stories from his popular podcast, The Tobolowsky Files, at the Vashon Theatre on Sunday, March 6, at 7 p.m. as a fundraiser for the Vashon senior class and the Vashon Scholarship Foundation. His last performance on Vashon in 2011--also a fundraiser for the schools--filled the house.

There will also be a reception for Tobolowsky, limited to 50 people, at the Sugar Shack on Saturday, February 5. It will feature local food and spirits from Seattle Distillery, as well as a silent auction. All proceeds for both events will go toward the Vashon High School senior class.

Tobolowsky’s career spans 200 films, many television projects and theater. He directed one movie, Two Idiots in Hollywood, based on his own play, and he co-wrote True Stories with David Byrne and Beth Henley. He has worked

in theater in New York, San Francisco and Los Angeles and was nominated for a Tony Award for Best Performance by a Featured Actor in a Play for the 2002 revival of Morning’s at Seven.

The Tobolowsky Files, launched in 2009, was inspired by his film Stephen Tobolowsky’s Birthday Party. It has been a regular feature on National Public Radio since 2012.

Tickets for Sunday February 6 are \$30/person, and tickets for the Saturday reception are \$20/person. They are available through the Vashon Theatre website: [www.vashontheatre.com](http://www.vashontheatre.com) or at the theatre box office.

The Vashon High School 2016 Grad Night Committee and the Vashon Island Community Scholarship Foundation wish to thank our generous sponsors, including the Vashon Theatre, Sugar Shack, Lavender Hill Farm and Seattle Distilling.

**FREE Financial Education class on Vashon Island!**

## Money Mechanics

for your personal finances

**Every Wednesday, March 9th—May 4th**  
**6:00pm –8:30pm**

**Topics:**

- Setting and Meeting Financial Goals,
- Banking/Checking Accounts,
- Budgeting your Money,
- How to Save on a Limited Income,
- How to Get and Read your Credit Report,
- Improving your Credit/Managing your Debt,
- Federal Income Taxes/EITC,
- Financial Aid for School,
- Domestic Violence and finances,
- Finding a Place to Live,
- Tenants Rights,
- Protecting yourself with Insurance,
- And more...

**FREE Childcare and dinner provided**

**Location -You will be notified upon Registration.**

Space is limited.  
To register, contact Tracy McLaren at 206-940-6430 or [tracy@vashondoveproject.org](mailto:tracy@vashondoveproject.org)



## Advertise in the Loop!

It’s a great time to get back in the Loop.  
[ads@vashonloop.com](mailto:ads@vashonloop.com) Or call (206) 925-3837

Find the Loop on-line at [www.vashonloop.com](http://www.vashonloop.com).

Compost the Loop  
The Loop’s soy-based ink is good for composting.



# Spiritual Smart Aleck Thrift Stores

I keep saying that I want to get things out of my house, not bring things in, but you know I hit Granny’s Attic at least once a week. There are certain people I see almost exclusively at Granny’s. It’s a social thing, and a time of relaxation and fun, browsing the second hand selection.

I was introduced to thrift store shopping by my friend Sonya back in 1967 in San Luis Obispo, California, where I went to college. She took me to the Salvation Army there and turned me on to the joys of buying used.

My mother was appalled that I had started shopping at thrift stores, which encouraged me to keep it up.

As I have mentioned in this space before, my friend Becky and I, and Sonya if she’s in town, occasionally make a trek over to the Kitsap Peninsula for an afternoon of girlish fun. Girlish fun involves thrift stores. Beck and I went over one day this last week.

The Port Orchard Goodwill is one of your largish mainland thrift stores. When you walk in you are looking straight ahead at miles of clothes sorted by size and the intended gender and age of the people who will wear the clothes.

If you turn left you come to the jewelry case, where I found a necklace I liked this trip. Walk past the jewelry counter and you come to the books. Categories of books are labeled on the front of the shelves: Novels, non-fiction, games and puzzles, sports, self-help, children’s, and so forth. These days books are most of what I buy second hand, and I always cruise the book section looking for cartoon collections. For some reason Goodwill shelves humor books with sports books. This makes no sense to me, but I will plow through dozens of sports books looking for that cartoon collection or graphic novel I don’t have.

I browsed most of the store’s departments and then realized that I was ready for my after-lunch nap. Paid for my necklace



By Mary Tuel

and went out to join my dog in the car and wait for Becky.

When we left there, we went to the St. Vincent de Paul down on Bay Street. I didn’t go in. I stayed in the car and dozed while Becky went in to check things out. I haven’t been in that store for a long time, but in the past I found it kind of – oh – frou frou, I guess. Prone to displaying things like lacy crocheted toilet paper roll covers shaped like the skirts of ball dresses, with doll bodies of Southern Belles on top. You don’t see those much anymore, but they were definitely a thing back in the fifties and sixties. I’m not a big fan of dressing a roll of toilet paper in a ball gown. When I see something like that, all I can think is, why?

From Port Orchard we headed to East Bremerton, where we hit their Goodwill. There used to be a Value Village a mile or two from the Goodwill, but alas, it closed. Moment of silence for departed thrift store.

The East Bremerton Goodwill is arranged similarly to the Port Orchard Goodwill, but has much less furniture, and it does not have labels on the book shelves. You’re on your own to figure out where to find a book you might like.

I walked around that store for a long time, found nothing I wanted, and eventually realized my right leg was going numb. That was enough browsing for me. Took my numb leg back out to the car and settled in with the dog again.

After that I scored the best deal of the day, gas for \$1.83 a gallon at an East Bremerton gas station. Wow.

We arrived back on the island tired but happy. It was a great day of fooling around, browsing and not buying much. Look, we know the world is going to hell, but we still like to have a little fun now and then. Thrift stores are cheap thrills, usually, and sometimes we find things we really need.

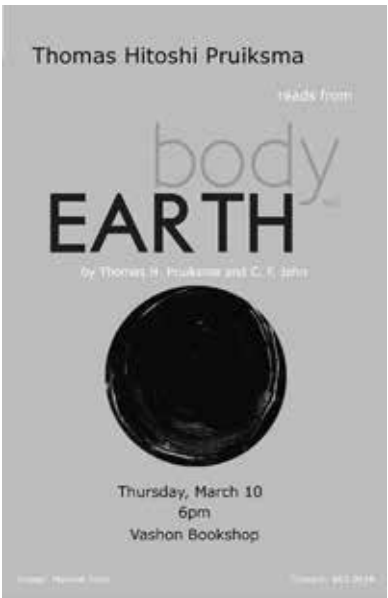
I have been looking for one car floor mat for a few weeks now, but no luck yet. I look for it in confident expectation that it will show up. I love thrift stores.

# Thomas Hitoshi Pruikisma reads at the Vashon Bookshop

Thomas Hitoshi Pruikisma will read from his latest book at the Vashon Bookshop on Thursday, March 10, at 6pm.

Twelve years ago, the south Indian artist C. F. John invited Pruikisma to write a book with him on the topic of body and earth. Their collaboration and conversation, conducted in person and through letters, has culminated in “Body and Earth: Notes from a Conversation,” recently published in Kerala, India. Through a combination of words and images, the book reflects on the ways that our experience of the body and the earth connects in language, poetry, art, spirituality, and daily life.

Shortly before his death, the writer and critic U. R. Anantha Murthy wrote, “This book has moved me so deeply that I don’t want to use cliché words like ‘profound’ or ‘great.’ I felt that



I was present in the book when I read it, because each section made me think of something I’ve been thinking, something I’ve been doing.”

The book is currently available only in India, with

the exception of the Vashon Bookshop and through Pruikisma himself.

Thomas Pruikisma is a writer, poet, and translator, and in addition to teaching at StudentLink and tutoring island students, he performs his “Poet’s Magic” – a unusual combination of poetry, storytelling, and magic – around the region.

He and C. F. John are currently at work on a companion volume entitled “Body and Spirit: Reflections on Āndāl and St. Francis.” It delves into questions of religion and ecology through the lens of John’s paintings of St. Francis and Pruikisma’s translations of the 8th century poet Āndāl, revered by Tamil Hindus as a female saint.

The 6pm reading will be followed by a Q&A and book signing.

# Presentation by Dan Streiffert on the Malheur National Wildlife Refuge in Oregon

Vashon-Maury Island Audubon Society March Program.

Thursday, March 10th from 7 to 9 PM held at the Land Trust Building, 10014 Bank Road. Event is free and open to the public.

Presentation by Dan Streiffert on the Malheur National Wildlife Refuge in Oregon.

Renowned wildlife photographer Dan Streiffert has spent numerous seasons at Oregon’s Malheur Wildlife Refuge photographing its amazing variety and large numbers of migratory birds considered by many to be the best birding/photography



location in the PNW.

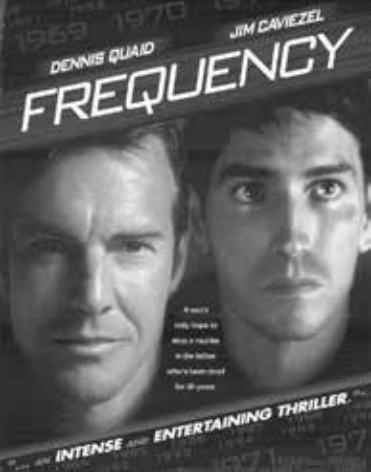
At least three migration routes converge at Malheur - a vital feeding and resting location on the Pacific Flyway. Thousands of northern pintails,

snow geese, widgeons, green-winged teals, shovelers, hundreds of sandhill cranes and tundra swans all add to the spectacle.

# Frequency A Benefit for the Bailey-Boushay House

What if you had the chance to travel back in time and change just one event in your life? What would it be? For John Sullivan (Jim Caviezel), there is no question. He would undo the

events of October 12, 1969, when the out-of-control Bruxton fire took the life of his father (Dennis Quaid), a heroic firefighter. Now John may get exactly what he wished for -- and much more



than he bargained for.

Join us at the Vashon Theatre in Support of The Bailey-Boushay House. The Vashon Theatre. Sunday, March 8th, 6pm

**AJ's Espresso**  
Latte and Wisdom To Go

**Monday - Friday 5:30am - 3:00pm**  
**Saturday 7:00am - 3:00pm**  
**Sunday 8:00am - 2:00pm**

Cash & Checks Welcome  
17311 Vashon Hwy Sw

**Find us on Skype**  
**Vashon Loop**  
**206-925-3837**

**Find the Loop on-line at**  
**www.vashonloop.com**

**Barber & Beauty Shoppe**  
(206) 463-7212

Family Hair Care ~ Sensible Prices  
Colors, Perms, Hair Cuts

Parker Plaza 17232 Vashon Highway





**Aries (March 20-April 19)**  
You may have the sensation that you’re sitting out in a lobby of a theater, while the most fabulous show ever is going on right on the other side of those doors. Yet you may feel like you can’t find your way into that other room, the one where all the action is. Here’s a clue: it’s inside you. That other space, or other dimension, is your own imagination. You are not missing anything at all; what’s happening is that your potential is expanding quickly, and will continue to do so until you can’t contain it any more. This may take a few weeks; then events will begin to manifest rapidly. The best thing you can do for yourself is to stay in touch with your inner life. Recognize that the ideas you have are excellent, though they may be in nascent form. They will require development, and this will take patience and persistence. You need to have enough faith in what you’re creating to stick with the plan for long enough to get results, which will only be the beginning. Rather than slow down, the way to proceed is in tangible steps that you accomplish one at a time, which lead you forward in ways you notice. Patience and taking the long view may not be your strong suits, though there are rewards for developing these skills.

**Taurus (April 19-May 20)**  
Hold the space open around you. You’re likely to be drawing a lot of attention; and if you’re not conscious about how you handle this, you may start to feel crowded out of your own life. The focus that others place on you can be helpful, but only if you manage it carefully. It’s necessary to know who are your friends, who are your allies and who is unhelpful — and treat everyone accordingly. You seem to be developing a more self-sacrificing way of living, which is a beautiful thing, as long as you understand why you’re doing it and maintain your sense of balance. For you, the important reality checks mostly involve whether your bodily needs are taken care of, beginning with rest, nourishment and time to contemplate your existence. Your life will have a tendency to go in the direction that it’s already going, so it will be helpful to intervene as soon as possible and make sure that the mixture is correct. At a certain point you’re going to let go into what may become a rapid flow of positive creative developments. This is a form of nourishment by itself, but you know that you’re not really happy unless you’re rested, washed and fed. To that I would add giving yourself some space and time that is all your own.

**Gemini (May 20-June 21)**  
As you know, it’s easier for you to have wide, general goals rather than specific ones. Yet in recent years, a few special ambitions have manifested and taken up a life of their own. Events this month, including a total eclipse in the house associated with your highest calling, can propel you to a new kind of success. This is, however, the kind of success for which there is no formula. Yet several things are clear. You must strive for what is important to you now. It’s easy to get caught up in old goals, or outdated images of yourself. Stay in the moment. What comes your way may be something you’ve never considered before. Real opportunities can be total surprises. You may not feel ready or creative enough; you may feel overwhelmed. Let none of that deter you. Many of the greatest successes in the world arrive at odd or inconvenient times. Many people discover talents they never would have considered unless the circumstances presented themselves. I suggest you use this extraordinary time as an opportunity to set aside your expectations, whether negative or positive, and rise to the occasion of what transpires. The world is a strange place right now, and the quantum idea that life is a dream we create was never more obvious than it is today. Dream beautifully.

**Cancer (June 21-July 22)**  
One of the most brilliant inventors of the 20th century, Buckminster Fuller, was born

under the sign Cancer. What drove Fuller was his desire to take care of the world. He devoted his life to improving life on Earth, as someone who created technology that solved enormous problems. You have a strong, urgent streak of this drive to nurture the world. The truly unusual astrology of the next few weeks manifests in the most creative, passionate and visionary angle of your chart. This is the super-alignment in Pisces, complete with a total eclipse of the Sun. Consider this a dimension opening to some potential version of yourself that you always knew you could become. When it happens, it’ll feel like it was always there, right within you. Yet in the transition between now and that moment, I would remind you of a few things. One is to stay close to your erotic feelings. The sensation of yearning, craving and desire is your psychic fertility. Invite this into everything you do, and notice how you respond to every person in your environment. Next, I suggest you be aware of the power of flexibility. Any truly creative environment is dynamic: there are many variables acting simultaneously on one another. The most important one is your own awareness. You don’t need to be in control. You merely need to pay attention.

**Leo (July 22-Aug. 23)**  
Clinging to yourself, your ideas, your ideals, your money or your energy does not help. Your life is a collaborative venture, and there seems to be some rapidly growing influence to get more involved, and to take this to a new level. Yet in order not to be swallowed by your circumstances, or overwhelmed, you must loosen up and invite progress, healing and pleasure into your environment. Many people have something to offer you right now. Without alienating anyone, I suggest you choose carefully in terms of who has the thing you need the most. It might not be your official partner. It might be someone you hardly know, or someone who mysteriously arrived in your life. It might be someone you’ve looked up to for a long time and now you know you’re ready for this particular form of exchange. Be open and keep a loose grip on your reality. This will be mostly true on the level of what you think is important. You may need to rearrange your priorities, and more than that, act boldly on them when you figure out what’s true for you. It’s important that you do this before you feel the influence of others. This way you will recognize what is possible, and know that the motivation to change and grow is coming from you and not from others. That will be your basis of real trust.

**Virgo (Aug. 23-Sep. 22)**  
You seem to be in a situation where you must handle the changes someone close to you is going through in a fully conscious way. Yet you don’t need to confuse those changes with how you think someone feels about you. Seek and you shall find the truth of that. You may have to wait a little while, and you would be wise to be supportive and refrain from judgment if any unusual events unfold. The thing to do is look for the opening, where what seems to be one thing leads to something else. Your whole environment has that potential — of a portal through the illusion of something and into a reality that corresponds only because it was previously concealed. Use your intuition, instincts and your senses and see the world around you as it is. This corresponds closely to a world within; they are like holograms of one another; a fact that’s always true but is now becoming increasingly obvious, if you slow down enough to notice. Given that, I would suggest you take as your personal motto, “When in doubt, tune in.” Listen and feel. Your ability to influence the flow of your own life comes in your knowing when you’ve reached a point of decision and then using your power to choose. Nothing is destined. Nothing is fated. You remain the center of your reality.

**Libra (Sep. 22-Oct. 23)**  
Put your health and wellbeing first, and all else will flow from there. There are, to be sure, times a person’s gotta do what they gotta do — such as when duty calls. But this is theoretical if you lack the power to respond fully, and that is what I suggest you preserve and cultivate. You are sensitive right now; your emotions and the health of your body are more closely linked than ever. It’s for this reason that I suggest you tend to the needs of your body — for nourishment, water, rest and, most of all, pleasure. You have a lot to do; the environment in which you must perform has many variables, some of which have not manifested yet. Yet you can rise not just to the occasion of your circumstances but also to the occasion of your purpose. You are closer now to that purpose than you’ve been in a long time, despite the sensation that it’s difficult to grasp. The purpose of all your creativity is to develop your own original existence. Categories like art, work, personal, business, home, office, artist, craftsman and many others are blurred in your life to the point of being meaningless. You get to explore all of these things and develop them in ways that suit the purposes that you decide are valid. You are creator and created; be bold and loving as you may.

**Scorpio (Oct. 23-Nov. 22)**  
We have all read that Scorpio is the most sexual sign. If there’s one thing that everyone knows about astrology, that would be it. What’s not known is how other signs arranged around the wheel facilitate this, the most significant being Pisces. Your creative zone — the do it for fun, get out the paints and the champagne, the cameras and the models, let’s get this art party going — is Pisces. This stokes your imagination, melts your tendency to be restrained, and gives you a place to get into the flow of life. And this whole region of your consciousness is not only calling you, it’s like the raging river on a glorious spring day inviting you to shoot the rapids. Here’s what I suggest. Rather than telling yourself how creative, or liberated, or experienced you are, approach life as a newcomer. You’re aware by now how much has changed around you, and how nearly every previous expectation you’ve encountered has melted, faded away or exploded. Approach your existence as a learner, always seeking permission to be a little more free. It’s true that you have to let go in order to do this, but you’re not dropping anything more than a shell you no longer need, and that never really protected you. Above all, I suggest you forget psychology and any any form of rationalizing, take a deep breath and give yourself permission to feel.

**Sagittarius (Nov. 22-Dec. 22)**  
You seem to be alternating between the feeling of wanting to run coast-to-coast, and that of being backed into a corner. The first is a more accurate representation of your true state. The bit about being stuck or held down is merely because you have not yet figured out how to make the most of your circumstances. This, in part, is about an emotional quagmire connected to your family. There’s no version of ensnared as effective as the emotional dysfunctions of close relatives. What happens over the next few weeks is akin to a drain opening up at the bottom of your psyche, allowing you to drain one particular emotional pool associated with your distant past. This might even be your ancestral past. You came into this life a different person from your relatives, with a different mission and your own set of unique and vital assets. Don’t let anyone convince you that someone else’s problems are your own; but — closer to the point — don’t convince yourself. It will take some focus to step out of those influences, though the most effective way will be to step into your own life: your highest goals, your unusual style of leadership and your willingness to serve. Others who are obsessed with their problems live their way; you have your own agenda and every right to live fully.

**Capricorn (Dec. 22-Jan. 20)**  
Your chart looks as if you’re writing the greatest novel ever created. However, if that’s not exactly what’s happening, you might pay closer attention to the idea dynamo that

*The Vashon Loop, p. 7*  
is your mind — and show it some authentic respect. Rather than your usual concepts of propriety and integrity, however, this is the respect that an artist in her studio would demonstrate for an infinite supply of paint and canvas: the willingness to hang loose and experiment. The ideas you’re thinking, feeling or at least capable of are not anything that’s been thought of before. What you express, therefore, has no need to be based on anything tried and true, certified wholesome or subject to the rules of grammar. You are safer in deep water than you are near the rocks and shoals of others’ expectations (or presumed expectations). The days of living up to your parents are long since gone. That revolution has happened, though freedom makes people nervous. Have you noticed that? Most people don’t trust themselves actually to be free, and so generally choose some form of confinement (usually mental, and often sexual). That policy will not facilitate the cosmic explosion going on in your mind right now — though you must. Do yourself a huge favor and face your own infinite potential. Give yourself permission to take the chance. Make up the rules as you go, the most important of which is some form of YES

**Aquarius (Jan. 20-Feb. 19)**  
It’s time to take a step financially. However, for this to work, you will need to make contact with money as the expression of something else, perhaps several other things; and you would decide what they are. It would seem that your fortunes are intimately intertwined with those of someone else, but that is the nature of any economic system; you are not walking around gathering nuts and berries (and even that was done with collaboration). Your own sense of your value to the world is what to focus on first. In the vast exchange process that is the whole world right now, you are giving up something old for something new. Look carefully for some element of your values that no longer works, and update it for something that is about right now: the world the way you know it is today, and who you know yourself to be today. Figure out exactly what you have to offer, from the core-center known as your soul, and then notice who will benefit from that quality. This is your point of exchange. The most vital conducting medium will be service rather than money, though correctly financing the venture is clearly in the stars. Remember at every single turn that this is about you, and it’s also about a heck of a lot more than you. That is happy news.

**Pisces (Feb. 19-March 20)**  
You will live a year or two this month. It’s as if you’re entering an acceleration chamber, where you will be taken from where you are now, through many changes, to a new place and time. It’s therefore essential that you know the direction you’re headed, and have some idea where you want to go. This means focusing goals in tangible language. Work from your highest priorities, and put some thought into what they are. Eliminate goals that are no longer actually on your agenda. Then you might revisit certain desires, ambitions and objectives that you let go of in the past, whether because they seemed impossible or because you were not ready. You will find that some of those things seem much more practical and attainable now. The whole world is in a phase of acceleration, moving so fast that people don’t have time to think. You, however, must take the time, and consider where you’ve been, where you are, and what you want. This will invariably lead to considering who you were, who you are and who you want to be. Remember that the feeling tone of those destinations is as vital as the specific facts: tones and shades such as relaxed, loving, spacious, creative, erotic, exciting, alive, engaged, successful — mix and match your favorites, then feel your way there.

Read Eric Francis daily at  
[www. PlanetWaves.net](http://www.PlanetWaves.net)



# Positively Speaking

## Remembering Love

By Deborah H. Anderson



was followed by “I don’t want to hear a thing you have to say!” from a judge who has a constitutional mandate to allow people to speak in their defense to people in his courtroom, there was love.

That moment when “They’re making quite a bit of money off her” was sequenced with the now humorous caption “Close cover before striking match” and draped in ‘...there’s ignorant...and then there’s stupid”, my being, my essence, my presence anywhere and everywhere was infused with love from others.

Receiving, in a way I never had before, and experiencing overwhelming love, the kind I usually gave out in a way one pattern, lifted me, affirmed me, and encouraged me to continue my own inclination to behave lovingly with kindness in the midst of adversity. They courageously stood by me, whispering in my ear, ‘higher ground’, ‘return not evil for evil’, ‘you’ve got this’ and most miraculously of all in my moments of experiencing more pain than I thought I could bear, ‘It doesn’t show’.

“Love covers a multitude of sins” is not some toxic codependent mantra. It is a spiritual truth that love is the antidote to the harm other people try to inflict. So many people utterly lie about their stories, their narrative. I feel so sorry for them. You will only know pity, not love, if you do not tell the truth about yourself, because only then do you know people love you for who you are.

The first set of tears I cried were for love that was not enough. The second set of tears were for love that was too much at the wrong time. The third set of tears were freedom. To those of you who set me free, thank you. Your love is not in vain. All my days to come, the joy, the delight, the laughter, the bounty, are because of you.

All my love, forever,



## Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday. Visit our website [www.vipp.org](http://www.vipp.org) for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085

## Foster Needs A Home...

I’ve been at the shelter for years. It’s not because I’m mean or old. I’m just a shy boy. When people come looking for someone to adopt, the other cats interview better than I do (I run and hide). Shelter volunteers will tell you that when I warm up to people, I’ll let them brush me until their hands get tired. I never get enough!

Living in a multi-cat household would be fine. I’m not an alpha male, and I’ve co-existed peacefully with lots of cats here. They come in, they leave for their forever homes, I stay behind. Sigh.

I’m a quiet, low-maintenance guy hoping to find a quiet home with adults who understand my need to take things slowly. I’ll pay them back with many years of love.

Go To [www.vipp.org](http://www.vipp.org) Click on Adopt



## Vashon Library March Events

### Children & Families

#### Family Story Times

Tuesday, March 1, 8, 15, 22 and 29, 11:30am  
Family program, all ages welcome with adult. Stories, songs and fun!

#### Brick Builders

Monday, March 7, 14, 21 and 28, 4pm  
We’re having a block party. Come build with us!

#### Family Movie Night

Thursday, March 10, 6pm  
Family program, all ages welcome with adult. Call the library to find out the movie title.

### Tweens

#### Handmade Chocolates

Saturday, March 19, 2pm  
Ages 9 to 13.  
Join pastry chef Laurie Pfalzer of Pastry Craft to learn to make a variety of chocolates for gifts or just for fun. Chef Laurie will demonstrate and then you will make chocolate truffles in cocoa powder, dark chocolate peppermint bark and white chocolate popcorn. Chef Laurie will also demonstrate caramel corn with dark chocolate drizzle. You will package your creations with bags and ribbon and take them home to enjoy. Space is limited. Please register.

### Adults

#### One on One Computer Help

Thursday, March 3, 17 and 31, 7-9pm  
Do you need extra help on the computer? A KCLS volunteer instructor can give you one-on-one assistance on a drop-in basis. Note: Volunteers cannot provide hardware assistance with your own personal computer.

#### Great Books Discussion Group

Monday, March 7, 6:30pm  
Contact the library for book title.

#### AARP Tax Help

Tuesday, March 8 and 29, 12:30pm  
Get free individualized tax preparation assistance provided by trained AARP Foundation volunteers. No age or income limits. Please bring picture I.D., documented proof of Social Security Number, and last year’s return as well as any current tax documents. This is a drop in service; registration not required.

#### Vashon Friends of the Library Meeting

Saturday, March 12, 10am  
This group supports the services and programs at the Vashon Library by memberships, used book sales and other fundraisers. All are welcome to attend.

#### Orca Lift/Food Stamps/Health Insurance Sign Up

Wednesday, March 16, 1:30pm  
Presented by King County Public Health. ORCA Lift is a program that provides low incomes with reduced fares on Metro buses, Sound Transit Link Light Rail and the Water Taxi.

What you need to bring: Photo ID from any state or country AND income verification- can be Provider One Card, EBT card, TANF award letter, SSI award letter, L & I statement of worker’s comp or Social Security Award letter

#### Finding Center

Friday, March 18, at 10am  
Join Certified Trainer & Movement Educator, Jill Pagano and learn ways to create more ease, freedom and balance in your body. Go through simple, yet important, movement of the ankles, hips, pelvis, rib cage, head and spine. These important integrated structures need fluidity, coordination and freedom. When they become bound and less free, aches and pains can arise-including a loss of mobility and balance. No special clothing necessary. Bring water to drink. Space is limited.

#### Writing Your Life Story: Getting Started

Wednesday, March 23, 10am  
Presented by Joan Tornow, PhD.  
Your life story has many enchanting chapters, and each holds a key to who you are, your life experiences, what you value, and what you wish to pass on to others. Join this exciting and rewarding class! You’ll learn strategies to “prime the pump” and get the words flowing. You’ll find you remember far more than you think! And, you’ll have opportunities to share your stories, if you wish, with others who support you in this rewarding enterprise. Everyone works within their comfort zone and with their own priorities. At the same time, the group inspires and energizes! Please register.

#### Hollywood and the Home Front

Wednesday, March 30, 10am  
Presented by John Jensen, Former Radio Station Broadcaster and Historian.  
Learn how the entertainment industry was used by the War Department to build morale with our troops overseas as well as on the home front during World War II. Through rare audio and video clips you’ll see and hear how industry moguls, movie stars, radio comedians, and recording artists donated their services to the war effort. We’ll also hear an excerpt of a radio broadcast the War Department used to demoralize enemy troops overseas.

#### Talk Time Classes

Tuesdays, 6:30pm  
Practice speaking English with other English language learners, all levels welcome. Learn about your community and meet people from around the world. Classes are free, join anytime!

## Next Edition of The Loop Comes out Thursday March 17

Deadline for the next edition of *The Loop* is Friday, March 11

Find the Loop on-line at [www.vashonloop.com](http://www.vashonloop.com)

## Want to Be a Beach Naturalist?

Continued from Page 1

Their next free course is coming up in late March. The four indoor classes will meet Wednesday evenings March 23, April 6 and 20, and May 4. The four beach field trips, all on Vashon, fall on weekends: April 9 and 23, and May 7 and 22. The first big volunteer event will be Low Tide Celebration on Sunday, June 5, at Point Robinson. The classes are free, but there is a materials cost of \$50 or less, and a requirement that you give back by volunteering at six or more VBN events or providing at least 20 hours of VBN time. Registration forms are available at [vashonnaturecenter.org](http://vashonnaturecenter.org) (then click “What We Do” and “Naturalist Training”). The class is limited to 15 students, first come first served.



Island Epicure



By Marj Watkins

The Greeks Have a Sauce for It

“You don’t go to Greece for the cooking,” someone told us. We believed them and prepared to rent a house with a stove and do our own cooking that long ago sabbatical winter. We’d looked on the map and observed that Crete is on the same latitude as San Diego, so we left our woolies at home. Those were the days when it snowed on Vashon Island and one winter it had got down to 15 degrees in January. Having been in San Diego one January, we thought we’d be eating homegrown oranges in some Cretan back yard in our shorts. Were we ever surprised!

Back then, retired USAF families could fly almost free on planes traveling empty overseas. We caught a flight from McChord to Dover, Delaware, thence to Madrid, and Madrid to Athens, and from there to Iraklion Air Station, Crete. On arrival, we rented a two-bedroom house on the Mediterranean shore at Chersonissos Limen and bought a small car from Canadians returning home . That winter Crete’s temperature got down to 50 F degrees. In our unheated concrete block, tile floored house, it was no warmer. We went to the market in Iraklion and lugged home two space heaters, one for the living room and one for the kitchen.

We’d brought along our two sons, John M. and Steve. Young John M., then a college sophomore, did a correspondence course and Steve brought a suitcase of textbooks and a promise to

his fifth grade teacher that he’d send a letter back to the class every week describing his adventures. I taught him all subjects except Math and P.E., and let him go at his own pace. He faithfully sent letters back to Mrs. Delano’s fifth grade describing Minos’s palace at Knossos, the olive harvest at Chersonnisos, how Cretan people lived, etc. Fortunately we had access to the library at Iraklion Air Station., because Steve soon outran his fifth grade textbooks.

Steve and I had spent two weeks in a library at Dover AFB, Delaware cramming on the Greek language while John L, recently retired from the US Airforce, and son John M. haunted the flight line at Dover AFB waiting for a Space Available flight to Europe with room for a family of four. By the time we lucked onto a flight across the Atlantic Ocean, Steve and I knew enough Greek to read the signs on the Greek buses and the restaurant menus, and even dicker for reduced hotel room rates when we got there. From Athens, we lucked onto a free flight to Iraklion Air Station on Crete.

To our pleased surprise, we found the cooking excellent. Some of our favorite recipes even yet are for dishes we enjoyed in restaurants on Crete. Back home on Vashon, I still cook the Kotopoulo me Domathes (Chicken with Tomatoes) and occasionally make Mayoneza (Mayonnaise) which Greeks claim they invented. On Crete, oregano, marjoram, and thyme grow wild. I had only to walk up the mountain until I came to the herb plants and pluck some leaves.

Here is an easy, quick sauce just as good on a baked potato, or to perk up a bland poached piece of cod, as on Dolmathakia, the stuffed grape leaves, and with lamb.

Avgolemono Saltza  
Egg & Lemon Sauce  
Makes about 2 cups

3 eggs at room temperature

Ben Hunter & Joe Seamons

Ben Hunter and Joe Seamons formed their blues duo in 2012 after performing together for two years with Renegade Stringband. The music Hunter and Seamons play is truly American--inspired by early 20th century American folk and African music.

Hunter, born in the African nation of Lesotho, raised in Phoenix, Arizona, is a classically trained violinist who studied music around the world. Seamons has shown a devotion to Northwest American folk music, receiving a Woody Guthrie Fellowship from the BMI Foundation and he studied the banjo with Hobe Kytr.

Their music is one part of the Rhapsody Project, an integration of performance and teaching through public events and school workshops. Designed to bring together people across generational and cultural divides through music, Rhapsody is a Seattle-based community endeavor. “We

1/3 to ½ cup fresh lemon juice

1 cup hot chicken or beef broth or bouillon

1 Tablespoon cornstarch

Beat eggs until thick and foamy. Gradually while beating, drizzle in the lemon juice. When it’s all emulsified into the eggs, continuing to beat, slowly add the hot (but not boiling) broth. If the sauce is not thick enough for you, place it in a double boiler and cook it over hot, simmering water until it thickens enough to coat a spoon. You can keep this sauce hot in the double boiler up to 1 hour. If the sauce becomes too thick, just add a little more broth.

Avgolemono Saltza brightens the flavor of poached fish or steamed vegetables or baked potatoes. It’s quick and easy to make and extends a small piece of white fish to serve at least one more person.



want regular folks, especially the youth, to understand that America’s folk and blues music is not a relic, but a thriving tradition. It’s not only about the fantastical, deeply mysterious recordings that we can all hear now on records or online.

Music is a playground for the imagination with no barriers to entry.” – Rhapsody Project

Vashon Allied Arts  
Saturday, March 12, 7:30 pm  
\$14 Member/Student, \$16 Senior, \$18 General

**Olympic Instruments, Inc.**  
• Custom Manufacturing, Machining, Welding, Fabrication, Repairs  
• Short & long run production  
• Prototyping  
• Length Meters for Wire & Cordage  
• Cunningham Air Whistles  
  
Your Vashon Neighbor Since 1946  
Monday – Thursday, 7:00 AM – 5:30 PM  
  
16901 Westside Highway SW  
Vashon, WA 98070  
  
Phone (206) 463-3604  
www.olympicinstruments.com  
www.cunninghamairwhistles.com

# PERRY’S VASHON BURGERS

Celebrating 10 years Serving Vashon Island

## 17804 Vashon Hwy SW

Open 11am to 8pm Monday-Saturday  
12pm to 5pm Sunday



Best Burger in Town!

### For a Burger Emergency

# 463-4-911

Gluten Free Buns!

*Make a date with Vashon!*  
**www.VashonCalendar.com**  
Vashon Library Events  
Art & Music Events  
Submit your Event on line at  
**www.vashoncalendar.com**

## Advertise in the Loop!

It’s a great time to get back in the Loop.  
**ads@vashonloop.com**  
Next Loop comes out March 17

Road to Resilience

Continued from Page 1

and plenty of opportunity for kickbacks and price concealment. Since we pay for all our drugs and medical services through our insurance companies, we are insulated from the actual charges at the time of delivery, but are paying them indirectly through our premiums. Every attempt is made to make sure that we don’t notice what we are being charged nor have any way to contest it directly.

Let’s compare that with universal coverage. You get sick or have an accident. You find a doctor that you want to see, and you are taken care of. Other than minimal forms for you or your doctor to fill out, and for an insurance worker to examine and approve, that’s about it. Even Medicare will be better. I have found that some doctors put a strict quota on the number of Medicare

patients they will see because other private insurance plans often pay more. This is directly the result of having multiple payers. With single payer there would be one payment for any given service and no reason to prefer one patient over another. Let’s not forget dental coverage, which currently doesn’t figure in as required care.

Much of Bernie Sanders’ credibility as a candidate rides on the viability of his promise to deliver affordable healthcare to all. All the discussion thus far has shed far more heat than light. Although the status quo is generally agreed to be unacceptable, the political and economic implications of overturning our current deficient system appear to be too threatening to allow for a reasonable discussion. The threat, of course, is that the suppliers of healthcare, the

insurance companies, and the drug companies stand to lose a lot of money. For all their outrage and alarm about Obamacare, the Republicans have not yet presented an alternative. The fact that we pay three times as much as single payer countries and still fall far short of universal coverage is an uncomfortable situation that seems to leave everybody dumbfounded.

The problem is really very simple to understand, but difficult to take on. We need to have the courage to admit that the system that so many have a stake in doesn’t work. Having resolved to replace it, we have to come up with an alternative and a plan to implement it with the least discomfort to all involved. We need to elect Bernie Sanders President as he is the only candidate that has the courage to face the problem and is not beholden to the current system.

Comments?  
terry@vashonloop.com



# Cherrywood Station

Cherrywood Station is Gus and Camille Reeves. The duo met in Portland, OR, and, after singing gospel tunes together acapella the first night they met, they never stopped collaborating. Both Gus and Camille are prolific songwriters who carry the torch of American music by performing classic and original numbers with the acoustic sounds of soul, country, blues, and folk. Their first E.P., Soup Can Telephone, is will be available at this show and includes five original tracks.

Our youth opener for Cherrywood Station will be Mallory Breen. Mallory Breen is 16 years old. She pickedMallory Breen up the guitar when she was 11, and she hasn't put it down since. Mallory fell in love with music, and the possibility of making her own music. She



has just recently begun to sing as well as play guitar. Mallory has performed at Sharing the Stage with the Physics, Strawberry Festival and at a few Open Mics at her high school. These youth musicians will all be paid by Vashon Events as our way to help encourage more youth performances for our

community to experience.  
Friday, March 4th, 8:30pm  
Cherrywood Station  
With Vashon Events Youth Opener Mallory Breen  
The Red Bicycle Bistro & Sushi.  
All-age's 'till 11pm, 21+ after that. Free cover!

# Club O Teen Night Dance

Inspired by the fabulous teens who have been tearing up the Club O dance floor each month, Open Space and VARSA introduce a new TEEN NIGHT Dance series.

Open for ages 12 to 19 ONLY, TEEN NIGHT Dances feature DJs from Seattle's The Vera Project, an all-ages, volunteer-fueled music and arts venue.

Everyone age 12 to 19 is welcome. Come enjoy Vashon's

biggest dance floor, great music, and dance club atmosphere. Parents can drop off kids anytime through the evening. Open Space staff and VARSA-approved volunteers will be on hand to keep the event both fun and safe. Open Space is partnering with VARSA on three Teen Dance Nights this spring: Saturday March 19, Saturday April 16 and Friday May 13. Get involved beyond the



dance floor! Do you want to learn how to DJ? Or find out what it takes to do lights? Maybe put a promo video together? Manage the social media? Email o2@varsanetwork.org and let us know! Call or email Open Space at (206) 408-7241 or info@openspacevashon.com with any questions. Suggested Donation: \$5. No one turned away for lack of funds!

# The JD Hobson Band

Welcome to the Outlaw Blues! Welcome to the JD Hobson Band. When Outlaw Country and Americana meet the Delta Blues you get a whole new genre. JD Hobson takes his Virginia Appalachian blues roots and combines it with Seattle's Americana and rock scene, and a sound is created that has gotten people standing up to take notice. "Hobson's brand of bluesy Americana is steeped in rich outlaw tradition." (Seattle Weekly Reverb Magazine)

Somewhere out there on the road between Seattle, Austin, and Memphis is a man on the run. Whether from the law, or just his own personal demons, it's hard to say, but he runs as though the boogie man himself was on his heels, or as Robert Johnson put it in his famous song, "there is a Hell Hound on My Trail." Maybe every man has felt a little like this in his life, and JD Hobson expresses this feeling in what he calls the Outlaw Blues.

JD Hobson was born and raised in Seattle, yet his father comes from the Appalachian blues country of Virginia. The music that drifted up from a juke joint named the Dewdrop Inn in Martinsville Virginia made a permanent impression on JD's father when he was a child. The seed was planted in JD as he grew up listening to his father's music on the radio.

Studying under greats like John Jackson, David Honeyboy Edwards, and John Cephis at Centrum in Port Townsend helped JD hone his craft. The end result is that JD has an exceptional feel for most roots music. His ability to grasp every nuance down to the minutest inflection has become his hallmark. "This music is about reaching down deep and coming up with something authentic and



timeless. The trials, sadness, and triumphs of people here in America continue on today only dressed in different clothes. Times have changed, but we inherit the blues." - JD

In JD Hobson's music some will say they swear they hear the rootsy goodness of Bob Dylan and the Band. Others will say they feel the bluesy rockin' groove of the Black Keys. Still others will say it reminds them of the roadhouse vibe of Howlin' Wolf with a little Willie Dixon in the rhythm section. What's unanimous is that the music is infectious. Enough groove to move your feet and enough passion to move your soul.

JD played for years as a solo artist. Multiple guitars in multiple tunings with a stomp box to hold down the foot tapping beat. From sweet slide, to intricate finger picking, he proved his skill and versatility in the trenches. His efforts didn't go unnoticed. JD was nominated for best solo/duo blues act by the Washington blues society's "Best of the Blues awards." He also was South Sound Blues Association's Back to Beale Street Competition solo/duo winner in both 2010 and 2011, and represented them in Memphis at the International Blues Challenge.

The JD Hobson Band is the natural evolution of JD's solo career, and his fans have responded by selling out a number of shows locally in the Seattle area including the famous Tractor Tavern.

The JD Hobson Band is composed of four members: Dan Infecto on bass, who toured for years with the infamous Bob Wayne as one of his "Outlaw Carnies," often opening for Hank Williams III. Then there is Mike Peterson on drums, and Ron Weinstein (Suffering F\*ckheads, Crack Sabbath), who packs a genuine Hammond B3 organ with Leslie speaker to every show. The sound of the organ and its rotating speaker adds a mesmerizing depth to every song.

A wounded soul with a gentle heart and a fire in his belly, JD is a visionary on a mission to create American roots music with his stamp on it. "This music is something I need as much as want to play. It has saved my sanity time after time. Hopefully I can move people, while having fun at the same time." -JD

DJ's nationally and internationally stood up and took note in 2013 when JD Hobson's "Where the Sun Don't Shine" hit #8 on the Freeform American Roots Chart, and #26 on the Roots Music Report chart in addition to hitting #3 on KEXP's Blues chart. This is an all-ages free event until 11pm, then it will be 21+ after that.

Friday, March 11, 8:30pm  
At the Red Bicycle,  
17618 Vashon Hwy SW  
206-463-5590  
www.redbicyclebistro.com

**6 flavors, 31 toppings, and Hot Chocolate!**

Open Sunday to Thursday  
12:00 to 7:00  
Friday/Saturday from  
12:00 to 9:00

17320 Vasho Hwy SW  
(Located across from Pandoras Box)

**TRASH TALK**

Packaging wine in a box uses less energy, less water & cuts CO2 emissions from transportation in half. The cardboard is recyclable; the inner pouch (with spout removed) can be recycled with other plastic bags & film at IGA - not at the transfer station. It's a better value & lasts for 4-6 wks. Cheers!

www.zerowastevashon.org

*The Island's Business Center*

**VASHON PRINT & DESIGN**

Faxing • Internet • Printing • Web Design  
Photocopying • Graphic Design

17627 Vashon Hwy SW • Vashon Island • WA • 98070  
Phone: 206.463.6100 • Fax: 206.463.6137 • vpd@vashonprint.com

Family run business for over 30 years  
17611 Vashon HWY SW  
206.463.0940

**Live Music**

**Homestyle Breakfasts and Plate Size Pancakes**  
*Breakfast served till 5pm  
Fri, Sat & Sun*

**Sports on 5 HD TV's**

*Open 7 days a week 6 am til 2am*



## Puget Sound Cooperative Credit Union Vashon Branch Five Year Anniversary With Loose Change

Celebrate the five year anniversary of Puget Sound Credit Union with Loose Change. Friday March 4th 6:30pm to 8:30pm. All members and guest are welcome to come celebrate five amazing years on Vashon.

A longtime Vashon favorite, Loose Change aims to entertain with non-stop danceable tunes and a commanding stage presence. The band's leader and powerful front man Troy Kindred is an entertainer in every sense of the word. His infectious energy and enthusiasm gets the crowd into the act - and his vocals will tear the paint off the back walls.

Kindred is backed by a tight 10-piece band that includes the big organ sound of keyboards, an inspired lead guitar,



solid bass and drums and a dynamic 3-4 piece horn section With Saxophones, Trumpet and Trombone. And let's not forget the female backup singers. Not only can these ladies sing, but they've got the moves too. The sheer size of Loose Change makes for a big sound and a great on-stage look

## The Gin Joints



Birch Pereira and the Gin Joints is a project that dips into the music from the golden era of jazz, country and rock n' roll from the 30s through the early 60s. With upright bassist Birch Pereira and his classic crooner inspired vocals at the center, the group features some of Seattle's best musicians in a variety of instrumentations as the repertoire moves from romantic ballads to jumping swing and two steps, drawing from the repertoire of Hoagy Carmichael, Bing Crosby, Chet Baker and Fats Waller to Hank Williams, Patsy Cline, Little Walter and Elvis.

Friday, March 18th, 8:30pm

The Gin Joints

The Red Bicycle Bistro & Sushi

All-age's 'till 11pm, 21+ after that

Free cover!

## VAA Center for Dance presents Original Works



VAA Center for Dance "Original Works" returns this March. Previously part of the VAA Center for Dance Spring Recital, Original Works stands as its own production for the third year in a row.

For this performance VAA's Director of Dance, Christine Juarez, invited young Island performing artists, both in and outside of the company, to submit original creative concepts. Dancers and musicians ages 14-25 submit ideas and proposals for performance ranging from dance choreography to guitar and song writing. Every submission goes through

adjudication and in-depth coaching. In addition, Original Works performers all participate in the production process.

This will be an exciting show with musical performances, ballet, contemporary dance and tap that you won't want to miss!

Friday, March 11, 7 pm

Saturday, March 12, 3 & 7 pm

Sunday, March 13, 3 pm

Vashon High School Theater

\$12 Member/Student/Senior,

\$16 General admission

## VAA Arts & Humanities Series

The Reader As Collaborator. Jonathan Evison is The New York Times bestselling author of four novels: All About Lulu, West of Here, The Revised Fundamentals of Caregiving (soon to be a major motion picture starring Paul Rudd), and This is Your Life, Harriet Chance! He recently completed his fifth novel, Mike Munoz Saves the World. He has written for The New York Times, The Washington Post, Wall Street Journal,

Salon, and National Public Radio. Evison will talk about his writing process, his books, and how the reader is the best tool in any writer's belt. Read a recent New York Times review of the author's latest novel.

Vashon Allied Arts Presents:

The Reader As Collaborator.

Sunday, March 13, 2016, 7 pm

Vashon High School Theater

## VAA Art History Talks

Jacob Lawrence. Settling in Seattle later in life, Lawrence is one of the best known contemporary African-American painters whose work explored the history and struggles of African-Americans.

\$14 VAA Member

\$16 Senior

\$18 General

Free for Vashon School District students and employees.

Make a date with Vashon!  
[www.VashonCalendar.org](http://www.VashonCalendar.org)

Vashon Library Events  
Art & Music Events  
Submit your Event on line at  
[www.vashoncalendar.com](http://www.vashoncalendar.com)

Find the Loop on-line at  
[www.vashonloop.com](http://www.vashonloop.com)

Next Edition  
of *The Loop*  
Comes out  
Wednesday  
March 17

Deadline for the next  
edition of *The Loop* is  
Friday, March 11

Ready-made frames~ Prints~ Cards~ Mirrors~ Good ideas~ Custom

Custom framing~ Do-it-Yourself~ Photo Albums~ Gifts~ Cards

**Frame of Mind**

Tues-Sat, 10-5  
**463-3933**  
9926 Bank Road (next to Cafe Luna)

Ready-made frames~ Prints~ Cards~ Mirrors~ Good ideas~ Custom

Custom framing~ Do-it-Yourself~ Photo Albums~ Gifts~ Cards





R

REALTOR®

Professional,  
Knowledgeable  
Fun & Friendly  
to work with.

360-393-5826

cerisenoah@windermere.com



Windermere Real Estate/Whatcom, Inc.

WET WHISKERS

GROOMING SALON

PROFESSIONALLY TRAINED  
CERTIFIED GROOMER

We Offer:

Wash and Go  
Bath and Brush out  
Thin and Trim

CALL TODAY FOR AN  
APPOINTMENT

(206) 463-2200

17321 VASHON HIGHWAY SW

CONVENIENTLY  
LOCATED INSIDE  
PANDORA'S BOX



Find the Loop on-line at  
[www.vashonloop.com](http://www.vashonloop.com)

Rick's

DIAGNOSTIC &  
REPAIR SERVICE, INC.

206-463-9277

Shop Hours  
8am-6pm  
Monday - Friday

24hr Towing &  
Road Services



Lockout Service,  
Flat Tire Change,  
Gas Delivery and  
Jump Start.





We Have Rental Cars!

If you are visiting the Island, have out of town  
guests, or just need a second car for the day  
Vashon Rental Cars, Inc. is here to serve you.

Conveniently located uptown in Vashon.  
Vashon Rental Cars, Inc  
463-RENT (7368)

VISIT US IN THE HISTORIC 100-YEAR-OLD ROASTERIE BUILDING WE CALL HOME

HISTORIC ROASTERIE

THE VASHON ISLAND  
COFFEE ROASTERIE

40 YEARS OF ROASTING HERITAGE

ALL ORGANIC PASTRIES,  
BREAKFAST & LUNCH FARE.

ESPRESSO & TEA BAR

COFFEE ROASTED DAILY

OVER 350 BULK HERBS,  
SPICES & TEA.

VASHON HIGHWAY & CEMETERY ROAD · (206) 463-9800 · [WWW.TVICR.COM](http://WWW.TVICR.COM)



ISLAND  
FORESTRY

TREE REMOVAL, TOPPING, LIMBING, ETC  
LICENSED, INSURED, FREE ESTIMATES

206-653-5415

FOR ORCAS AND FOR ISLANDERS  
PLEASE REPORT LOCAL  
WHALE SIGHTINGS  
ASAP TO

206-463-9041

Vashon Hydrophone Project  
Orca Annie Stateler and Mark Sears  
[Vashonorcas@aof.com](mailto:Vashonorcas@aof.com)  
Support Vashon-Maury Island Whale Research  
Sightings NOT Disclosed to Whale Watch Boats  
[vashonorcas.org](http://vashonorcas.org)

Compost the Loop

The Loop's soy-based ink  
is good for composting.

DANNY'S TRACTOR SERVICE 206-920-0874

- ▶ Land and storm damage clean up
- ▶ Tree Cutting and removal
- ▶ Field mowing, brush cutting and tilling
- ▶ Hauling and refuse removal
- ▶ Scrap metal removal
- ▶ Driveway repair and grading

→ **Dan Hardwick**  
[oldredtruck@comcast.net](mailto:oldredtruck@comcast.net)

Anastasia Needs A Home...

Do you see a Lynx point Persian cat  
every day? Of course you don't. I'm  
special and I know it. This photo doesn't  
do me justice; you really have to get  
up close and personal to appreciate my  
magnificence. My coat is unbelievably  
luxuriant. I'm positive the other shelter  
cats are jealous of my good looks, as well  
they should be.



I don't care for it when common felines approach me, but I'm very fond of  
people. If a volunteer shows me toys dangling from a pole, my regal bearing  
disappears temporarily and I chase after them as if I were an ordinary cat (which,  
of course, I am not).

Go To [www.vipp.org](http://www.vipp.org) Click on Adopt



Island Security Self Storage

Full line of moving supplies

Next to the Post Office  
10015 SW 178th St.  
(206) 463-0555

· Radiant Heated Floor · On-Site Office · Rental Truck  
· Climate Control Units · Classic Car Showroom  
· Video Monitoring · RV & Boat Storage

PANDORA'S BOX

February is history. Hope you enjoyed Leap Day.  
We've got lots and lots and lots of new stuff.  
A new spring collar is a must, that one Fido is  
wearing is probably disgusting.



Bo's Pick of the Week: His special box that Teal  
made for him. Stop in and ask for a tour.

(206) 463-3401

\$8 Nail trimming with no appointment  
17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

Advertise in the Loop!

[ads@vashonloop.com](mailto:ads@vashonloop.com) or call (206) 925-3837

Next Loop comes out March 17

Deadline for the next  
edition of The Loop is  
Friday, March 11

Lopy Laffs

It has been reported that  
MUTANT MILITANT  
VEGETABLES have landed  
on Vashon with intent to  
TERRORIZE the population!  
They are armed with  
sandwich board signs that ...

V.  
I.  
P.  
S.



BREAKING  
NEWS



... have conservative political slogans!  
The Terrorists are setting these  
signs up on popular roads  
and several signs have been  
destroyed by vigilant citizens!!



Until the danger  
has been eliminated  
by local chefs, it is  
advised that the  
elderly and young  
children, who would be  
most likely affected  
by the conservative  
slogans, be kept  
inside and safe!!

