Vol. 14, #20

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September 28, 2017

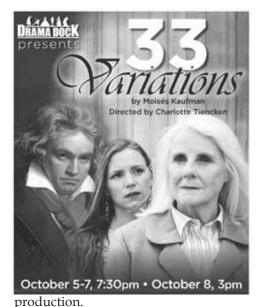
A play, A Concert, An Obsession

Back in 1819, an enterprising music publisher, Anton Diabelli, had a brilliant promotional idea: Write a simple waltz and ask all the famous composers of the day to write one variation on his theme. It was sure to be a hit. All the composers of the time agreed - except one - the Maestro, Ludwig Von Beethoven. At first, Beethoven rejected Diabelli's piece as 'mundane,' but some unknown creative muse soon seized the Maestro and he became obsessed with the ditty, ultimately writing 33 variations on Diabelli's theme over a three-year period, and revolutionizing the piano form. But why?

That's the question musicologist Dr. Katherine Brandt sets out to answer in Moises Kaufman's moving play, 33 Variations, directed by Charlotte Tiencken for Drama Dock.

Despite her being diagnosed with ALS or Lou Gehrig's disease f Katherine goes to Bonn to study Beethoven's preserved musical sketches and determine what possessed the genius to devote much of his precious final years to a mediocre four-note waltz.

33 Variations will take you from Bonn today back to 18th century Vienna, paralleling Brandt's obsession with Beethoven's and weaving in sub plots of romance, friendship and greed. Beethoven's piano variations haunt each scene. In fact, the piano and pianist Linda Lee are major characters in the



Two professional actors lead the cast -- Jeanne Dougherty as Katherine Brandt and Paul Shapiro as Beethoven. Supporting the two with a thorny love story are Bonny Moss as Brandt's daughter Clara and Marshall Murray as Mike, the nurse who helps to soften the mother-daughter connection in the face of mortality.

Michael Shook is Beethoven's hustling secretary, Anton Schindler; and Stephen Floyd does a sparkling turn as publisher and composer Anton Diabelli. Midge Duncan is persuasively stoic and sweet as German librarian Gertrude Continued on Page 11

The Road to Resilience By Terry Sullivan, **PSE**

Harvey and Irma have reminded us that we need to step up the pace in transforming our energy system to carbon-free renewables. We in the Pacific Northwest have been the fortunate recipients of cheap hydroelectric power for about eighty years. The Bonneville Power Administration (BPA) was formed by the Federal Government in 1937 to meter out the power from the newly built Bonneville dam. Up until that time, our power source was primarily natural gas, and it has been sold to us by Puget Sound Energy since 1873.

Puget Sound Energy buys about 53% of its power from the BPA. All of it is hydroelectric and is considered renewable although there are environmental issues caused by the damming up of the Columbia and Snake Rivers. The remaining power is generated in plants that PSE owns. About 31 percent is from the four Colstrip coal-fired plants in Montana, of which they are part owners. About nine percent comes from gas-fired plants that they own in the Puget Sound region. About five percent comes from their two wind farms in Eastern Washington and the remaining from a nuclear plant and various other sources. PSE claims to be the second largest owner of wind power facilities in the country.

It is important to remember that PSE is also the state's largest provider of natural gas. They buy their gas from a number of sources in British Columbia and in the Rockies. It is important to note that much of this gas is fracked gas, and in using it, we must take that fact into account as well as the environmental damage caused by burning it.

Puget Sound Energy can rightfully nim that they are one of the leaders in the US in offering renewables to customers. However, all but six percent is hydroelectric power from the BPA. On the other hand, 31 percent of the power they generate comes from the four aging Colstrip coal plants in Montana, which are the second dirtiest coal facilities in the country. The uncompetitive coal plants are losing money, and their fuel source is nearly depleted. Two of the four Colstrip plants are scheduled for closure in 2022 and the other two were to be paid off and closed by 2027. Now they would like, instead, to extend the life of those remaining two plants, possibly for another 15 years. In addition, they would like to replace the contribution of coal to their energy portfolio with new gas-fired plants.

Renewable wind and solar are now cheaper than coal and competitive with gas. If PSE faces a decision to build new

Continued on Page 9

Celebrate All Things Cider at Ciderfest!

Cider has deep roots in American history. In colonial times, hard cider was by far the most popular alcoholic beverage, far more than whiskey, wine, or beer. Apple orchards were planted throughout the states, not for eating but for making cider. Many small farms grew cider apples and produced cider, sometimes supplementing farm worker wages with the fermented product.

Why cider lost popularity in the US is up for scholarly debate, but as more people look to eat local, support sustainable agriculture and help small farms grow artisan crafted local ciders are growing in popularity. Vashon is home to many small farms, specialty orchards and talented cider makers. Even the casual gardener has apple and pear trees growing in their yards and probably has a cider press in the garage.

Join us on Saturday October 7th for Vashon's CiderFest as the Vashon community celebrates of all things cider!

The day will be filled with fun events, exhibits and treats for all ages. Some of the planned activities are:

Fresh Cider Pressing! 10 AM to 4 PM Vashon Village across from the Vashon Library in front of the Lodges on Vashon. 17205 Vashon Hwy SW

The Vashon Island Fruit Club will be pressing Vashon grown apples and selling fresh cider and homemade apple crisps! Kids will get a chance to press apples with the Kid's Press. The Fruit Club will be selling Hot Apple Cider and home made Apple Crisps. A perfect way to start the fall season.

Saturday Farmer's Market 10 AM to 2 PM.

Village Green

BYOA! Bring your own Apples and use the VIGA Cider Press to make your own fresh Cider. VIGA will provide containers and experts on hand to show you what to do. Free, but donations are accepted. Vashon Island Fruit Club experts Emily MacRae & Dr. Bob Norton will be on hand at the Farmer's Market to help you identify your mystery apples. Bring 3 to 4 samples of each for identifying. Also if you want to start growing your own fruit the Fruit Club will be taking orders for trees specially selected to grow well on Vashon Island.

Fire & Rescue Open House! 10 AM to 2 PM

Fire Station 55 at 10020 SW Bank Rd. Stop by Vashon Island Fire and Rescue will have their Annual Family Open House at Fire Station 55. Stop by to visit with local Fire & Rescue staff, enjoy, hot dogs, bouncy houses, fire trucks, an, air lift demonstration and other fun activities.

Nashi Orchards Tasting Room & Orchard Tour!

Tour at 10 AM, Tasting Room Open until 5PM. 25407 Wax Orchard Road SW Take a tour of Nashi Orchards to see



what makes their Perry so special.

Dreagon's Head Tasting Room & Orchard Tours!

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Tour at 11 AM, Tasting Room Open until 5PM. 18201 107th Ave SW

Tour the orchards of Vashon's own Dragon's Head Cider!

> Vashon Cider Tasting! 2 PM to 6 PM The Lodges on Vashon Pavillion 17205 Vashon Hwy SW

Entrance is \$15 and includes a CiderFest tasting glass, and 5 tickets for tasting the various ciders. Must be over 21 years old.

The Vashon Island Growers Association will be hosting the Hard Cider tasting as a fundraiser for their organization. The tasting event will feature ciders from orchard based cideries that focus on selecting high quality apple varieties for their ciders. Dragon's Head Cider, Nashi Orchards, Snowdrift, Alpenfire, Liberty Ciderworks and Whitewood Cider will all be pouring

Food by Pink Tractor Farm.

Live music by Fendershine and

Look for CIDERFEST SPECIALS at local restaurants, galleries and stores!



Vashon's Own Community Radio Station

The Vashon Loop, p. 2 September 28 '17

Windermere



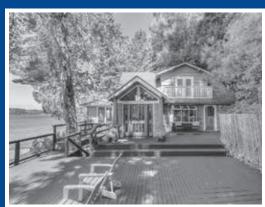
SWEET BEACH COTTAGE - Located in a private waterfront community, this 1 bedroom cabin offers an extra sleeping area, vaulted ceilings and open concept.

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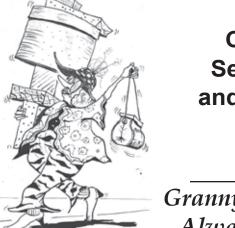
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Live Entertainment

Friday, Sept 29, 8pm The Hit's of the 80's

Friday, October 6, 8:30pm **High and Lonesome**

Friday, October 13, 8pm **Voice of Vashon Benefit**

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Starts October 6



NTL: Angels in America, Part 1 October 8 at 1pm

Racing Extinction October 8 at 6pm

NTL: Angels in America, Part 2 October 15 at 1pm

Vashon Theatre 17723 Vashon Hwy 206-463-3232 Call for Times

For show times and info check www.vashontheatre.com

www.vashonloop.com

Compost the Loop

The $ar{L}$ oop's soy-based ink is good for composting.

The Vashon Loop

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September 28 '17 The Vashon Loop, p. 3

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the Loop, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Alzheimer's **Association Caregivers Support Group**

Caring for someone with memory loss? Do you need information and support? Alzheimer's Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

Revolution Vashon

Revolution Vashon meets the third Tuesday of every month. We focus on issues, activities and possibilities to forward the Progressive point of view. . All welcome. 19834 Vashon Highway - 6:00 to 8:00pm. Questions call 206-496-4174.

Have a Story or Article

Send it to: Editor@vashonloop.com

Find us on Skype Vashon Loop 206-925-3837

Next Edition of The Loop Comes out **Thursday** October 12

> Deadline for the next edition of *The Loop* is

Saturday, Oct. 7

Local Weather

www.vashonweather.com **Local Rain Totals** Temperature hi/low Wind Speed & Direction **Barometric Pressure** Weather forecasts

All Island Forum

All Island Forum's "Looking Out for Each Other in the Resistance" meets from 7-9pm at the Vashon Library. The forum is an opportunity to locate oneself in the context of a community gathering through listening, sharing and using various methods including conversations, standing-living-moving-maps, and group discussion. "What sustains us?" continues to focus our inquiry and other key questions such as: What sustains you in your part of the resistance? What fuels you? How much of this do you have right now? What would it take for you to get more of this?

Interestingly, many of us who attend these meetings realize one thing that helps sustain us is a chance to simply speak and listen to each other. There is something humanizing about connecting with our neighbors in community. We realize how different we may view things, and we find what we have in common such as life on Vashon Island. We may have different strategies for surviving these times, or have different passions that sustain our participation in democracy, or discover diverse means to somehow make sense of the larger picture. The monthly gathering is open to new and returning folks, residents and visitors, all welcome!

Thurs, Oct12, 2017, 7-9 pm, Vashon Library

Water District 19 Meeting

Water District 19's next regular board meeting scheduled for Tuesday, October 3, 2017 at 4:00 PM in the district's board room, 17630 100th Ave SW, in the district's board room. This is an earlier meeting to accommodate a scheduling conflict with one of the board members.

Advertise in the Loop!

It's a great time to get back in the Loop. ads@vashonloop.com Next Loop comes out October 12

Law Offices of

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An Afternoon with Grandma Moses

As a P.E.O. fundraising event, DEBBIE DIMITRE, an inspiring & talented NW Storyteller presents AN AFTERNOON WITH GRANDMA MOSES, BELOVED AMERICAN PRIMITIVE FOLK ARTIST at the Presbyterian Church, 17708 Vashon Hwy, on Saturday, October 14th at 2:00 PM. All proceeds will go to support the P.E.O. projects. P.E.O. is a philanthropic and educational organization interested in bringing to women increased opportunities for higher education through scholarships, grants, loans and awards.

Tickets are on sale at the Vashon Bookshop. \$20/ticket.

Ferry fares increase October 1st

For those who buy 10 passes or for those who buy single tickets, now is the time to buy them. The tickets are good for 90 days. Fares go up on Sunday.

For people who can not use 10 tickets in the 90 days allowed, might consider going in with a couple of people to get the discount. Sharing the load and expense just might be the ticket... pun intended.

Hilary

Rainbow Bingo!

Rainbow Bingo is back at Vashon Senior Center! Tammi Wynotte rode into town aboard trusty steed, Butterscotch, to join saloon maitre d, Velma Baker, at a sold-out Wild West Bingo on September 16. Buy your tickets early at the Senior Center and get ready for spooky-fun Halloween Bingo, 7PM on Saturday October 21st!



Death Cafe

Death Cafes are part of a global movement to increase awareness of death with a view to helping people make the most of our (finite) lives. The Death Café model was developed by Jon Underwood and Sue Barsky Reid, based on the ideas of Bernard Crettaz. Death Cafes have spread quickly across Europe, North America and Austalasia. As of today we have offered 2398 Death Cafes since September 2011. If 10 people came to each one that would be 23,980 participants. We've established both that there are people who are keen to talk about death and that many are passionate enough to organize their own Death Café.

We gather in a relaxed setting, as people who are aware that one day we are going to die, to discuss death, drink tea and eat delicious treats. When we acknowledge that we are going to die, it falls back on ourselves to ask the question, "Well, in this limited time that I've got what's important for me to do?

At a Death Café people, often strangers, gather to eat cookies, drink tea and discuss death. A Death Café is a group directed discussion of death with no agenda, objectives or themes. It is a discussion group rather than a grief support or counselling session.

Death Cafes are free from ideology-no one should lead others towards any conclusion about life, death or life after death, apart from you own thoughts. Death Cafes are safe and nurturing, which includes offering refreshments. Death Cafes are accessible and respectful of all, regardless of gender, sexual orientation, religion/faith, ethnicity and disability. Death Cafes are non-profit and non-commercial. Death Cates are confidential. No individual stories should be retold.

Death Cafe At the Vashon Library on October 11 from 6 to

TRASH TALK

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ZERO WASTE VASHON

www.zerowastevashon.org

The Vashon Loop, p. 4 September 28 '17

Racing Extinction: Undercover Activists Race to Stave off Man-Made Mass Extinction

By Amy Morrison

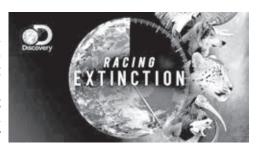
Backbone Meaningful Movies, a project of the Backbone Campaign, brings "Racing Extinction" to the big screen at Vashon Theatre on Tuesday, October 10th at 6 pm. Oscar-winning director Louie Psihoyos assembled a unique team of artists and activists for an undercover operation to expose the hidden world of endangered species -- and the race to protect them against mass extinction.

The documentary spans the globe to infiltrate the world's most dangerous black markets and uses high tech tactics to document the link between carbon emissions and species extinction. "Racing Extinction" reveals stunning, neverbefore-seen images that truly change the way we see the world.

Scientists predict that humanity's footprint on the planet threatens the loss of 50% of all species by the end of this century. Our era is called the Anthropocene, or "Age of Man," because evidence shows that humanity has sparked a cataclysmic change of the world's natural environment and animal life. Yet, we are the only ones who can stop the change we have created.

The Oceanic Preservation Society (OPS), with a team of innovators, made this film to bring a voice to the thousands of species teetering on the very edge of

They outline the two major threats to endangered wild species across the globe. The first comes from the international wildlife trade and the bogus medicinal cures and tonics that are marketed to the public at the expense of creatures who have survived on this planet for millions of years. The second threat is all around us, hiding in plain sight. It is a hidden world of carbon emissions and acidified oceans that are incompatible with existing animal life. It is a world, revealed with state-of-the-art



photographic technology, that oil and gas companies don't want us to see.

Louie Psihoyos, Director, says, "In my 20s, I became a photographer for National Geographic. Now, I find myself in a race alongside other environmentalists to save a planet that is losing species at a rate not seen since a comet hit 65 million years ago.

"Film can still be the most powerful weapon in the world - a weapon of mass construction. I'm interested in radically changing how people perceive a documentary by making it entertaining and using narrative filmmaking conventions. In RACING EXTINCTION, we used the highest quality production values and a collective of environmental activists to raise awareness of the issue.

"With this project, I want to tackle the most important problem the world has ever faced, the epic loss of biodiversity. By combining a compelling film and a groundbreaking activation campaign, we want to create a movement for change."

The film is designed to inspire solutions that will help ensure a thriving biodiverse world for future generations. This parallels the Backbone Campaign's original mission of sculpting a future worthy of our children and our current mandate to leave a livable biosphere for future generations.

This event is made possible thanks to the generous support of Island Green Tech and Vashon Theatre. Admission is by donation to the Backbone Campaign, with no one turned away for lack of

Jeff Scroggins and Colorado



"In an age when bluegrass music is sounding more and more generic, Jeff Scroggins and Colorado are a cut above the rest with their choice of songs, great musicianship and devotion to fine arrangements. - Craig North

Jeff Scroggins & Colorado is a highenergy five-piece bluegrass band located in the Western Frontier state of Colorado. Their distinctive sound showcases an eclectic range of influences that marry second and third generation bluegrass, delivering a unique experience that captivates audiences and keeps them guessing: It's a powerful, high mountain "bluegrass explosion" that features world-class banjo and mandolin playing, incredible vocals, a solid and energetic rhythm and an easy stage banter that has delighted listeners all over the world.

Fronted by internationally acclaimed two-time National Banjo Champion eff Scroggins, their distinct style is immediately recognizable due to Jeff's unique and diverse range of influences, which include Alan Munde, Don Reno, Jimmy Page and Eric Clapton. His fiery style and lightning-fast licks have earned him worldwide recognition and have left many a first-time listener in stunned disbelief!

The band also features the awardwinning mandolin playing of Jeff's son Tristan Scroggins. At only 21 years old, Tristan is an award-winning instrumentalist and accomplished songwriter in his

own right while the instrumentals he shares with Jeff play a large role in the band's unique and energetic style. In 2016, Tristan was nominated for the Instrumental Momentum Award by the International Bluegrass Music Association . West Virginia native Greg Blake provides powerful bluegrass vocals steeped in country heritage, bringing a truly authentic sound developed from a lifetime of singing bluegrass, gospel, and country. Twice nominated for the Society for the Preservation of Bluegrass Music in America's (SPBGMA) "Traditional Male Vocalist of the Year" award, Greg's phenomenal guitar playing has earned him nine nominations and five consecutive wins as SPBGMA's Guitarist of the Year. They are joined by Oregon native, 2016 Rockygrass Fiddle Champion, 2016 Arizona State Fiddle Champion, and 2017 IBMA Momentum Award Nominee Ellie Hakanson on fiddle and vocals. In addition to their individual accomplishments, the band was featured as the California Bluegrass Association's Emerging Artist of the year, an honor given into the past to bands such as Della Mae, and Chris Henry & the Hardcore Grass.

Jeff Scroggins and Colorado October 20th, Friday 7:00pm House Concert 15326 115 ave sw, Vashon

Suggested \$20 donation For more information and tickets,

contact Leigh Moorhouse at 206-579-8520.

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Island Life Default Settings

By Peter Ray pgray@vashonloop.com

I will admit that back in the day, when the announcer at the beginning of each 'Outer Limits' show proclaimed that they were in control of both the horizontal and the vertical on our TV set, I did not totally believe him. I did know where those control knobs were, and I do remember that it was the vertical hold that went haywire way more often than the horizontal. I could deal with that, but what I had problems with was why I could not tune in the color on our black and white set. I do remember seeing the spaces back there that were labeled for color adjustment- the problem was that there were no knobs in those spaces that I could then magically turn to make the NBC peacock and Walt Disney's wonderful world shine forth in living color. Eventually and finally we did get a television set where the knobs that tweaked the color were all there, and not missing and hinted at in the back. For some reason, as time passed, controlling the vertical slowly became less of a problem than having to adjust for skin tones that were too blue or green. As I recall though, there was no magic button that one could fall back on once one had totally screwed things up- no default setting that would bring everything back to some semblance of a pre-established normal.

Cameras were way more simple then, even if you had one that was completely manual. First you chose the film typeblack and white or color, and if it was color- daylight or tungsten. At this point you also chose a film speed- fast for the ability to capture motion and action and slower for more detail and less grain. Then you set the film speed on your camera or meter and then just had to chose f-stop and shutter speed according to the light conditions as per what your meter told you. As I learned a little more about color and film sensitivity, I began to keep an 81A filter on hand and on my various lenses in order to warm scenes, which for me usually were made up of plants or plants and gardens. This filter added a richness to the scenes which I mostly captured on slide film that could not be color corrected for afterward in the way that color print film could. And since this subject matter was pretty much all that I shot, I did not have to worry about changing filters or film speeds, all of which narrowed the act of picture making down to three variables beyond the basic composition- shutter speed, focus and depth of field. And then along came digital photography.

I will admit to grand skepticism at first about the digital revolution, and initial image quality on an affordable scale bolstered my steadfast opinion that film would always reign supreme. In recent times, the opinion in these parts has been radically shifted in favor of the magic performed by microchips and firmware that transform optics from reflected light into an image recorded onto ever smaller cards that can hold ever greater amounts of 0's and 1's that together form ever finer renditions of things that I see and what I want to capture, as well as varying exposures of high and low light that allow me to see what otherwise I might never have imagined possible. All of this can be done with settings already dialed in on the cameras as they come from the factory, or one can go into the settings and muck about with how the camera might see things a little differently.

Generally now when I go out to record events and things I try to run through a mental checklist of settings that I need to make sure are set properly before things start happening and prior to my pressing the record button- mostly I get that right. There are times though when I simply forget that a certain filter or setting has been used in the last outing with that camera and, I wind up with a recorded result that

requires more work in the editing room than should have been necessary. And then there are the rare times like last week at the ferry meeting at the high school where something goes wrong that has never happened before and one tries to make things work while still trying to capture what it was we came to record.

Part way through the proceedings, after I had zoomed in on one of the participants at the meeting, instead of staying zoomed, in the camera slowly began zooming out on its own. I thought that perhaps the remote I was using to control the zoom had malfunctioned and so I detached it and began zooming with the zoom rocker on the camera. This did not fix the auto zoom out, but if I held the button in just the right place I could maintain the close up, although awkwardly. I finally gave in and just recorded things in the wide mode, and then when the meeting was over I found that no matter how I pushed the stop record button it wouldn't stop recording. I then went to simply turn the camera off and that switch did not work either, so I pulled the battery off. I replaced it with a fully charged battery and found that all the data had been deleted, and was then asked by the camera if I would like it to be recovered. Not seeing a "duh" functioning I hit ves and all of the night's events were restored. While this was a relief, the camera malfunction seemed to be somewhat of a metaphor for the evening.

My first experience with a WSF meeting was way back when they were bringing the foot ferry service to the Island. This seemed like a good idea to me since it would theoretically help eliminate more cars from Seattle roads, which at the time was nowhere near the problem it is now. What I found at this meeting though was that it was not so much an information gathering outing on the part of WSF as it was an informing of the Island as to what we were about to get, as the ferries had already been ordered. One of the things that struck me as odd was that they were only allowing three bicycles on at a time, which seemed basically ridiculous. That was just one of the bad ideas that we were having to accept thanks a lack of vision on the part of WSF. What I was hearing at the meeting the other night, between efforts at getting my camera to function properly, was that the changes WSF had tried this past summer to make a bad situation at Fauntleroy supposedly better were ridiculous and seemingly as baseless in reality as well.

There were a number of suggestions from the crowd that seemed to make a lot of sense, at least to me. One of them was to treat the Fauntleroy dock not as a special case in the system. Another suggestion that would follow along these lines was that the toll booths be moved to the lower parking lot at Lincoln Park. In thinking about this afterward, it would make more sense to me to move them to the upper parking lot, expand that lot so that there is parking to the north of the current entrance with the toll booths just to the south as you currently enter and the have striped lanes that you file into as the line backs up from the dock with a toll booth bypass lane for people who already have tickets. Then it would make sense to have no on street parking between that upper parking lot and the dock. This would eliminate the unticketed backlog from the bottleneck at the dock, allow for a greater pool of already ticketed cars that could be directed to fill a boat, and possibly cut way back on line-cutting. I am skipping some of the other logistics which would theoretically be worked out by people smarter than those currently working for WSF. I am also not figuring in the thousand plus new residents to the Island that has been suggested by the county in the latest comprehensive plan. At the point they all arrive it would seem that the default setting for a solution would be closer to a Mercer Island than a Vashon, which perhaps has been the plan all along.



Tweetness Needs A Home...

I've been thinking about firing off a tweetstorm of all my strong opinions. Here's what I like – people! I follow them around like a dog and rub my face in their hair. You might be tempted to change my name to Sweetness because I'm so affectionate. Here's what I don't like – other cats! I wish I could build a wall to keep out those bad dudes. And mice! What disgusting losers they are. When I detect a mouse, that "Rodent Man" isn't going to be around much longer, believe me. I could be your mouser-in-chief, but I'd rather serve for many years as your lapsitter-in-chief!



Go To www.vipp.org Click on Adopt

A Workshop on "Intentional Living: A Way of Life"

How do our daily choices reflect our deepest values? This question underlies an interactive workshop "Intentional Living: A Way of Life" led by Tom Cashman, a well-known retreat leader, spiritual director, and teacher of Celtic spirituality. The workshop will be held on Saturday, October 14, from 1:00 to 4:00 pm at the Episcopal Church of the Holy Spirit.

Tom Cashman's insight into "intentional living" emerges from his study of early monastic communities where living a "Way of Life" led to a view of freedom as faithful commitment to a path rather than as a life without constraints. Each of these early monastic communities thoughtfully considered which values were central to their core identity and which values were important but less central. This thoughtful planning gave the community methods to weigh and balance their values in a spirit of freedom rather than rigidity.

Similarly today, many of us find ourselves on a spiritual search for what is most important in our lives, trying to balance competing desires and demands. The workshop will help participants explore and articulate their own core values and understand how these values might better inform their life choices. The workshop will include meaningful, hands-on activities to reinforce the impact of Tom's message.

Tom Cashman has been an influential spiritual leader in the Pacific Northwest and beyond. He has taught Celtic Spirituality and Spiritual Formation as an adjunct professor at Seattle University and The Seattle School for Theology and Psychology. His entry into the

world of spiritual direction came after he retired from a successful career in technology, having had a life-changing encounter with Celtic spirituality on a trip to Ireland. He lives out his own "way of life" by teaching, speaking, and leading retreats and workshops and through four pilgrimages to Ireland and the greater UK.

Intentional Living is the fourth in an annual series of workshops entitled "The Gate of Heaven Is Everywhere: The Soul's Movement into Light and Love" made possible by the legacy of Margaret Rothschild, a parishioner at the Church of the Holy Spirit. The first half of the title is a quotation from Thomas Merton; the subtitle reflects Margaret Rothschild's hope that opportunities for spiritual exercises or aesthetic experiences might enrich the soul's journey. Earlier workshops have featured movement as spiritual practice, poetry as spiritual practice, and sanctuary as a necessary element of spiritual life. Although sponsored by the Church of the Holy Spirit, the series invites persons from any or no faith.

The event is free although participants are asked to register because space is limited. Please email Betty Hawkins at bhawkins53@comcast.net.

Local Weather

www.vashonweather.com
Local Rain Totals
Temperature hi/low
Wind Speed & Direction
Barometric Pressure
Weather forecasts

The Vashon Loop, p. 6

National Theatre Live Presents: Angels in America

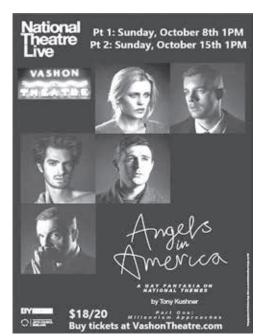
America in the mid-1980s. In the midst of the AIDS crisis and a conservative Reagan administration, New Yorkers grapple with life and death, love and sex, heaven and hell.

Andrew Garfield (Silence, Hacksaw Ridge) plays Prior Walter along with a cast including Denise Gough (People, Places and Things), Nathan Lane (The Producers), James McArdle (Star Wars: The Force Awakens) and Russell Tovey (The Pass).

This new staging of Tony Kushner's multi-award winning two-part play is directed by Olivier and Tony award winning director Marianne Elliott (The Curious Incident of the Dog in the Night-Time and War Horse).

National Theatre Live presents -Angels in America

Sunday, October 8th at 1:00PM: Part One, Millenium Approaches Sunday, October 15th at 1:00PM: Part Two, Perestroika



The Vashon Theatre \$20 general/18 honored citizens

Vashon Fresh com Online marketplace for local food Now taking Orders! This week sees us ushering in the items that remind us of fall. New England

This week sees us ushering in the items that remind us of fall. New England **Pie Pumpkins from Kareli Farm** are the first of the pumpkins to debut on VashonFresh.com. Get yours now and make pies, soups, or ravioli!

Pink Tractor Farm has jars of honey as well as containers of raw honeycomb for your enjoyment also! This week they also added two types of eggplant: Red Thai and Green Thai.

We are still offering **free delivery for your first order** (use promo code: DELIV). If you prefer to pick your order up at the Village Green take 10% off your first order with the promo code: FRESH1!

To learn more about all of the vendors check out our Producer Profile page at ${\bf VashonFresh.com}$



Island Security Self Storage Full line of moving supplies

Radiant Heated Floor · On-Site Office · Rental Truck
 Climate Control Units · Classic Car Showroom
 Video Monitoring · RV & Boat Storage

Ike Harmon CD Release Party

After 5 years in the making, Island singer-songwriter Ike Harmon will premiere Vashon Island's answer to the Beatles' "Sergeant Pepper." Harmon's "These Mansions Made of Sky" features 12 original and monumental rock compositions showcasing 22 of the Island's finest musicians and covers a range of passionately expressed themes including: liberty, loss love, disillusion, social responsibility, yearning, and transcendent joy. The songs on this singular record will be played over the newly-enhanced Vashon Theatre sound system and will be accompanied by 12 original music videos by Islander Peter Ray. Join us for this singular event (free popcorn!) and "Get Harmonized!" Tickets are \$25 at the door; children under 10 are free.

Ike Harmon CD Release Party The Vashon Theatre Saturday, September 30th 1-3PM



Hit's of the 80's

Vashon Events is pleased to present Hits of the Eighties - a fundraiser to showcase music of the this melodic decade, performed by almost two dozen songs by Island musicians. Join us on Friday, September 29th at 8pm at the Red Bicycle Bistro and Sushi. Proceeds from the event will support Vashon Events - Vashon Island's community arts, culture, and charity events website that highlights all things entertainment.

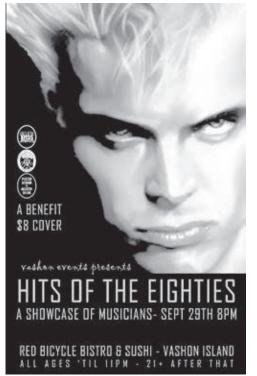
The music of the Eighties was lively, varied, contentious, and to some degree inconclusive. It was the decade of synth pop, Michael Jackson, the compact disk, the Beastie Boys, and a lot more heavy metal. It was a time for reassessment and reconstruction. Musicians and audiences alike have struggled to come to terms with rock's parameters and possibilities, its emotional resonance and often dormant social consciousness.

Don't forget to dress up! The eighties was a decade when many of the fashion trends that people love to hate were created. In complete contrast to the 1970s, shirts became looser and trousers became tighter. Hair was heavily styled and voluminous (teased and permed to the limits!) and make-up was bold with clashing colors - almost like face paint. Eighties fashion for women taught us terms like jelly bracelets, jelly shoes, neon clothing, leg warmers, shoulder pads, and Guess jeans. They also brought back polka dots, Preppie clothes and wedgies which used to be shoes and not an underwear malfunction...

Some of the songs picked so far: And She Was (Talking Heads) Better Be Home Soon (Crowded House)

Blue Jean (David Bowie) Burning Down The House (Talking Heads)

Could You Be Loved (Bob Marley)



Don't You Want Me (Human League) Gigantic (The Pixies) Hey 19 (Steely Dan) Home Sweet Home (Motley Crue) Hot For Teacher (Van Halen) 500 Miles (The Proclaimers) Jenny (Tommy Tutone) Left of the Dial (Replacements) Money For Nothing (Dire Straits) Overkill (Men At Work) Pop Muzic (M) Ring Them Bells (Bob Dylan) Rise (Herb Albert) True Colors (Cyndi Lauper) Under The Milky Way (The Church) Urgent (Foreigner)

Hit's of the 80's The Red Bike Friday, September 29th, 8pm All-ages 'til 11pm, 21+ after that \$8 cover

MAKANA

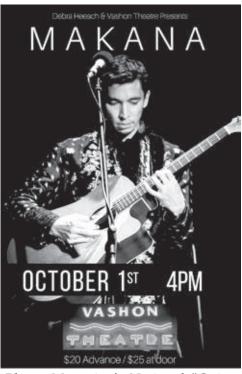
Debra Heesch and Vashon Theatre Presents MAKANA.

A protégé of the Hawaiian Slack Key Guitar legends, including the late master Uncle Sonny Chillingworth, Makana has dedicated his life to perpetuating as well as evolving the traditional Hawaiian art form of Slack Key or "Ki Ho'alu". From this tradition Makana has spawned his own dynamic, high-octane style, coined "Slack Rock": slack key infused with elements of bluegrass, rock, blues and a

broad scope of cultural traditional music.

Makana's playing has garnered praise from such guitar luminaries as Kirk Hammett (Metallica) & Pepe Romero (Spanish Flamenco Master). A contributor to two Grammy-nominated "Hawaiian Slack Key Kings" albums, Makana is considered one of the "greatest living players" (Esquire Magazine) who's "instrumental brilliance bears comparison with the work of such groundbreaking acoustic guitarists as John Fahey and Michael Hedges" (Maui News).

Hailing from the isle of Oahu, Makana began singing when he was 7 years old, took up 'ukulele at 9 and began learning the ancient art of slack key at 11. By 14, he was already performing professionally, and before long playing four nights a week. In addition to his own headlining tours, Makana has opened shows and toured with the likes of Joe Walsh, Sting, Santana, Elvis Costello, Paul Rodgers, Chris Isaak, Yes, No Doubt, Jason Mraz, and Jack Johnson, and in 2008 he was a runner-up in Guitar



Player Magazine's National "Guitar Superstar" Competition.

Tickets: http://www.vashontheatre.com/makana-live-in-concert/

MAKANA OCTOBER 1st, 4PM VASHON THEATRE

Find *the Loop* on-line at www.vashonloop.com

September 28 '17 The Vashon Loop, p. 7



Plauef Waxes

by Eric Francis http://www.PlanetWaves.net caffeine interferes with sleep.

Aries (March 20-April 19)

Before you try to solve everything at once, look for the one thing that might really be a problem. Put more time into thinking than anything else, retrace your steps and your mental process, and figure out what you actually need to fix. If you begin by tearing things apart, you'll make them worse. If you take a step-by-step, pure-logic approach, you'll get a much better result. The chances are that your thinking is more the problem than some device, system or service. So begin with your own awareness of the facts, and your own mental state, and move from there. If you're feeling time pressure, note that this may be an illusion or based on a misconception of some kind. Construct an actual schedule plotting from the final time something must be done, and working your way backwards through the steps on the way to getting there.

Taurus (April 19-May 20)

There are many kinds of strength, and one consists mainly of keeping your heart open. You don't have to be a hero, save anyone or anything, or prove your power in any way. Rather, bring your sensitivity and willingness to listen, and perhaps some of your confidence, and quietly await information about what to do next. If you're in a situation where you're waiting for the perfect suitor or candidate, you might consider coming up with a standard that's easier to attain. Any need for perfection, since it's not really possible to attain, is likely to be a ruse for making no choice at all. Make sure you're applying your own criteria, rather than striving for what you believe is in some way acceptable to others. Once you're thinking for yourself, the scenario will be much simpler and you'll see a path to your goal.

Gemini (May 20-June 21)

If you find yourself stuck in a family situation, drama or household scenario, ask yourself: who are you angry at, and why? This isn't necessarily for public consumption, though you need to know, because that's what's motivating you. And if you don't know that, you don't have much to work with if you want to resolve anything, or make any progress. Remember that you're not angry for 'no reason', though it will help if you trace your thought process and your history with these people. You may find that others are trying in some way to dissuade you from how you feel or what you believe. While you don't need to defend yourself, you must understand why you, personally, are concerned, because your primary responsibility is to protect your own interests. Don't let anyone tell you what you would really do, if only you were more loyal (to them). It's a false argument.

Cancer (June 21-July 22)

If you want to feel better, focus your efforts on understanding what you eat, and what it does to you. You may be experiencing some kind of dietary disruption, perhaps due to travel, change in work pattern or via the direct intention of cleaning up your act. Take advantage of this shift, and start developing new habits. You don't necessarily need to do this by the book, and even if you're well-read, where diet is concerned, the ultimate call is usually intuitive or instinctual. Your body makes most of the choices, though now is an excellent time to get your mind into the dialog, at least as an observer. Even if you don't go so far as to keep a food diary, logging what you eat and how you feel each day, pay attention to what you do; and be aware of such rudimentary facts as

Leo (July 22-Aug. 23)

Venus in your sign is giving you a boost of confidence that comes with being recognized and appreciated. You may, however, be falling short of appreciating yourself, instead filling in the blank with some kind of harsh self-critique. You're not helping yourself by doing that, though you may believe the harder you are on yourself, the better person you are. While that could be debated, it's not a formula for feeling good about who you are. It's not a formula for self-respect. Consider that you could respect yourself for correcting your mistakes (rather than, for example, striving to be someone who never makes any). Ask yourself honestly: under what scenario would you have the opportunity to learn more? Gentle correction is the best way to proceed, which includes seeing the potential benefit in any error, and the potential unintended consequences of any seemingly good choice.

Virgo (Aug. 23-Sep. 22)

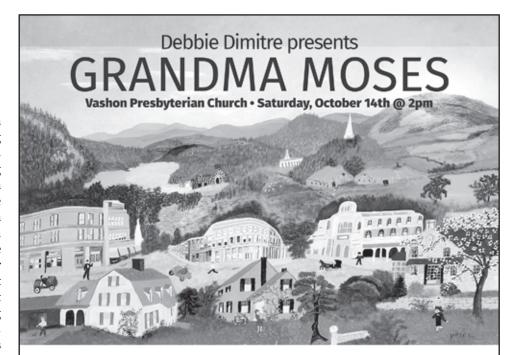
You might ease back on any endeavor involving labeling yourself. This is a temptation in a world where everything seems to be based on some official identifier or identity that proves something for some allegedly urgent reason. It carries through to the contemporary mania around branding everyone and everything. Soon we'll all be ready to go on the shelves at WalMart! Seriously, though: whether you're working on an actual marketing project, or are proffering yourself for some reason, or are just inclined to tag yourself, look carefully at what you're saying. Does it really leave you enough room to be who you are, to expand your enterprises, or fulfill your purpose? You might start with those things, and let the naming take care of itself. Credibility is earned in far more ways than presentation. Anyway, you want to be a whole font, not just a logo.

Libra (Sep. 22-Oct. 23)

People often project their parental issues onto their boss. And for their part, those with people reporting to them do indeed play a parental role, in the form of looking after, supervising and perhaps even taking care of their team. These dynamics may be prominent in a number of different forms this week, so keep an ear out for them. What you want more than parent-child relating is the adult-toadult mode. Any party to the discussion (for example, someone in a parent or child role) can make the move to bring the interaction to this level. That's done by making straightforward requests, fulfilling what you commit to, and being willing and open to negotiate. Parent-child dynamics have less flexibility; adult-adult dynamics are entirely subject to creativity and choice, though that requires a choice to respond creatively. Use simple exercises, such as, "What are our options?" or "What is an appropriate goal?"

Scorpio (Oct. 23-Nov. 22)

There are some people who are subject to trends and public opinions, and there are those who make these things. At the moment, you're on the more influential side of this equation. What you do sets patterns; and then those patterns repeat, take root and expand. Who you are and how you feel affect the people around you. What you demonstrate is what may be considered possible. And your takeno-prisoners approach to ferreting out the truth is an example to some and an annoyance to others, which is fair enough. Therefore, persist in establishing patterns. Try not to get stuck in what came before,



DEBBIE DIMITRE, an inspiring & talented NW Storyteller presents **Grandma Moses**, the renowned American Primitive Folk Artist. A fundraising event in support of PEO educational projects.

Tickets on sale at the **Vashon Bookshop** starting September 25th, 2017 \$20 per ticket Limited availability at the door



Women helping women reach for the stars!

or where people's minds are seemingly lodged. Rather, stay with the messier, more adventurous process of formulating new ideas. To that end, allowing your curiosity to drive you more than your intellect is the path to fun and freedom of thought.

Sagittarius (Nov. 22-Dec. 22)

There are two sides to your nature, where work is concerned: the big-picture visionary, and the obsessed taskmaster. At the moment, your astrology is leaning heavily in the direction of wanting to get everything done, impeccably and immediately. That's well and good, except your other role is more important: being the idea person. It's likely that someone close to you can herd the kitty cats and tie up the loose ends of projects. If you cannot delegate the stage management task, you can ease back on it, mainly keeping track of time, of the time things actually need to be done, and who is doing the doing. Ensure that your communications are efficient and complete, so that you save misunderstandings and thus conserve energy. The mental posture you need is the big wide scene, the long arc of time, and your gift for orienting on the future you want to create.

Capricorn (Dec. 22-Jan. 20)

Every now and then, the charts describe a metaphor of going to a higher place to take in the view. Perhaps visit a hilltop, or take in an interesting vista from the highway. You might visit the observation deck of a tall building, or even tool around in someone's Cessna. Whatever it may be, let it involve taking yourself to a place where your eyes can see the horizon. That scene implies that there is one, and that there's also something you can see. There's some parallel related to a talent you possess and may have developed. In order to see and experience this for what it is, you'll need a higher perspective, which could come in the form of an experience, or of allowing your imagination to draw yourself into a positive and fulfilling future existence. You don't ask too much from life,

but rather far too little.

Aquarius (Jan. 20-Feb. 19)

Let events this week nudge you forward, or perhaps lift you into flight. You have support coming from many different directions, which is excellent if you remember that you're the pilot of your own craft. Now that you've established the credibility or validity of what you do, you may be discovering that these endorsements didn't matter so much anyway. You are who you are, and that is your real success. Still, there are advantages to having a measure of popularity, especially if you recall that your most important fans are the ones closest to you. Any potential admirers 'out there' matter rather less than those who provide you with love, energy, ideas or coffee. Though no other astrologer would ever say this to an Aquarian, never fall for the belief that you're boring.

Pisces (Feb. 19-March 20)

The world seems much more available when people meet you halfway. Your chart describes this beautifully at the moment, with Mars in your relationship house representing those who might seek you out for some purpose. Your role is to understand what that purpose is. While everyone gets a fair hearing, the balance factor is that you don't have to assume everyone has the best intentions. Don't assume anything: rather, allow people to announce themselves by their actions and to a lesser extent, their words. Yet you must be perceptive, and take the small cues and early signs as being meaningful. Consider that people are signaling to the world who they are at all times, because they cannot help but do anything else. You do the same, though as your own inner being, you can consciously choose what you broadcast and what you project. Orient from that point of awareness.

> Read Eric Francis daily at www. PlanetWaves.net

Spiritual Smart Algek

By Mary Tuel

Living with Vietnam

I've been watching Ken Burns and Lynn Novick's 10-part film about Vietnam on PBS. It is unsatisfying, and not only because the experience as we lived it fifty years ago was a nightmare.

Perhaps it is because so many things in our country, including this documentary, are paid for by people like the Koch brothers and the Bank of America, and that has influenced the telling of the story.

What is the old saying? The winners write history?

Perhaps because it tells a story that is not my story, or your story. It tells the stories of a few people, and I think Burns and Novick mean to illustrate the whole war in the stories of these few, but I don't think they succeed.

Do not watch it if you don't like pictures of dead bodies. The documentary shows piles of dead Vietnamese and Americans, on the ground, on tanks, on armored personnel carriers, carried in bags and in tarps, carried on stretchers or without stretchers or on soldiers' backs; scattered in fields and in puddles, lying alongside paths in the jungle. I have never seen so many corpses in my life. Broken bloody dolls, formerly human beings and pieces of human beings. The pictures bring home the brutality of that

Of all wars.

And those are the guys whose bodies weren't blown into a pink mist. Of whom there was something left to send home.

Oh, yeah. Home.

I started college in 1965 at Cal Poly San Luis Obispo, the most conservative of the California state schools. How conservative was it? In 1968-9, when San Francisco State was shut down for five months by the strike of the Black Students and the Third World Liberation Front, Cal Poly was considered the safest place for then Governor Ronald Reagan and the UC Board of Regents to meet. The first I knew of it was when I saw a policeman wearing a baby blue helmet and carrying one of those yard-long truncheons.

He looked bizarrely out of place to me. Such force was overkill at Cal Poly - sure, there was a small crowd of protesters, twenty or thirty maybe, but there was another group of students that presented Governor Reagan and the Regents with a welcome letter. They expressed their thanks and appreciation for the fine job the Governor and the Regents were doing. There was a nice article about it in the school newspaper



afterward.

In those years the draft and the draft lottery were on everybody's mind. You cannot exaggerate how large it loomed in our lives. A young man never knew when he might be drafted and sent off to die, so many young men lived in fear until they got a low lottery number, or a deferment, or failed their physical, or joined some other branch of the service where they thought they'd have more control of their destiny than they would in the Army infantry.

A couple of the draftees I knew came back from Vietnam broken, angry, and bitter, unable to make eye contact. To them I suppose I was this airhead girl who had no idea, and looking at those piles of corpses I suppose they were exactly right.

Some vets drank. Some came home addicted to heroin. Some smoked dope, which they'd started smoking in Vietnam. Grass was easy to get in Vietnam. Rick said it came aboard his ship with the mail. The postmaster was a popular guy.

My husband Rick was a blue water Navy veteran of Vietnam. He was on Yankee Station, North SARS (Search and Rescue) in the Tonkin Gulf, on the USS King. Their job was to pick up pilots who came out of North Vietnam and ditched

Rick always had a soft spot for John McCain because McCain was shot down and taken prisoner while the King was on station. McCain never had a chance of getting out to the Tonkin Gulf, but his plane's distress signal was heard, so they knew on the King that he'd gone down.

I feel like I've lived with the Vietnam war all my adult life. I didn't go to war, but I've lived with and around guys who did, and their whole lives and in many cases their deaths were deeply affected by the war.

People are still dying because they were in Vietnam.

I guess I'll keep watching the Vietnam documentary, to see where it goes, but if it is meant to provide healing to our sad old country, I am not feeling it. I confess that I did have hopes. Oh well. Not that many quick fixes in this life, are there?

Blessings on you.

Make a date with Vashon! www.VashonCalendar.org

Vashon Library Events **Art & Music Events** Submit your Event on line at www.vashoncalendar.com

Listen At Home In Your Car At Work Worldwide Schedule & VoV App at VoiceOfVashon.org

Vashon Library October Events

Children & Families

Brick Builders

Monday, October 2, 9, 16, 23 and 30, 4-5pm

Ages 5 to 12.

We're having a block party. Build a stunning creation all your own or work with a friend! All materials provided.

Infant Story Times

Tuesday, October 3, 10, 17, 24 and 31, 10:30am

Ages newborn to 24 months with adult. Stories, songs and fun! Enjoy 20 minutes as a group and then have 20 minutes of socialization and play.

Preschool Story Times

Tuesday, October 3, 10, 17, 24 and 31, 11:30am Age 24 months to 6 years with adult. Stories, songs and fun!

Perler Palooza

Tuesday, October 3, 4pm Ages 7 and older with adult. Bring a little patience and lots of creativity! We'll have cute and spooky Halloween and fall patterns and plenty of glow-in-the-dark beads.

Vashon Library Book Club

Tuesday, October 10, 4pm Family program, all ages welcome with play video games at the library! adult. Each month, explore a culture or topic by sharing a book together. In October, celebrate Hispanic Heritage Month by reading and discussing How Tia Lola Came to (Visit) Stay by Julia

Ten-year-old Miguel is at first embarrassed by his colorful aunt, Tía Lola from the Dominican Republic but when she arrives after his parents' divorce, he learns to love her. Read the book ahead of time if you can, stop in for discussion and activities to explore South American cultures.

Yoga for Kids

Tuesday, October 17, 4pm Ages 5 to 10 with adult. Come play with yoga poses, learn about breath, and how to be still, if only for a moment. All materials provided. Please register.

Family Movie Night

Captain Underpants Thursday, October 19, 6pm Family program, all ages welcome with adult. Snacks provided by Vashon Friends of the Library.

Spider's Snow Day Science Show Tuesday, October 24, 11:30am Presented by Lisa Taylor, Urban Farmer. Ages 3 and older with adult. An unexpected snow storm sends a spider, a redworm, a bumble bee and a butterfly on an extraordinary adventure to discover how garden critters adapt to winter.

Halloween Story Time

Tuesday, October 31, 11:30am Newborn to age 6 with adult. No tricks, just treats. Come for a superfun, not-at-all scary Halloween Story Time! Costumes encouraged.

Teens

Teen Late Night Friday, October 13, 6:30pm Grades 6-12 only.

It's Friday the 13th and we're having Teen Late Night at the library! Use the library computers, play video or tabletop games, make crafts or just hang out. We will be making slime and be raising from the dead Frankenstein creations! Costumes encouraged, no

full face coverings please. Free snacks and raffle prizes all night long! Teens must be picked up by 9pm.

E-Textiles: Make an LED Cuff

Sunday, October 15, 2pm Presented by Lisa Keller, Galloping Horse Makers.

Ages 10 and older.

Discover and learn how to stitch a felt wrist cuff using conductive thread, LED lights, and embroidery floss. When you attach a battery holder and insert a battery, your cuff will light up! Registration required beginning October 1.

Tabletop Gaming: Teen Edition Wednesday, October 18, 3:30pm Grades 6-12.

Unplug and enjoy gaming with other teens.

3D Pens!

Wednesday, October 25, 3:30pm Grades 6-12.

They're back! Come play with the 3Doodler pens. Melty beads, too!

Game On!

Friday, October 27, 3:15pm Grades 6-12.

Take a break from school work and

Adults

Great Books Discussion Group My Confession by Mary McCarthy and Holy Week by Deborah Eisenberg Monday, October 2, 6:30pm

Tech Tutor

Thursday, October 5, 6pm Have computer or software questions? TechTutor Volunteers are here for you. You may bring your own laptop, but TechTutors cannot provide hands-on or hardware assistance.

Opera Preview: The Barber of Seville

Sunday, October 8, 2pm This free lecture, provided to increase the enjoyment and appreciation of Seattle Opera productions, will feature Norm Hollingshead with recorded musical excerpts.

Space is limited. First come, first seated.

EVERYONE'S TALKING ABOUT IT Tiny Houses

Monday, October 9, 6:30pm Intrigued by Tiny Houses? Learn about tiny house design from Olympia builder, and founding member of the American Tiny House Association, Abel Zyl. Abel has been featured on HGTV and will present images of his unique and creative structures. Come to the library and explore issues that people are talking about in our communities. Learn how to prepare for the next big earthquake, talk with others about what it is like to experience homelessness, discover techniques for drawing our natural surroundings, and explore strategies for evaluating information online. Find information about these topics and more at your library.

$The\ Unexpected\ Author\ of\ Ironwork$ Notebooks

Monday, October 16, 7pm Local author Sally Adam will display her vast collection of ironwork drawings and speak about how she worked with an artist and a major publishing house to write the book, Thomas Wilson's Ironwork Notebooks.

Continued on Page 9

Island Epicure By Mari Watkins

Salute to our Syrian Neighbors

They are extremely brave people. They've escaped civil war in their home country, Syria, a conflict that cost them family member's lives, their homes and all their valuable things. Jamila left behind her olive orchard and ten gold bracelets. The gold could have provided capital for funding her new life here in the USA, but there was no way she could save both her jewelry and her family. They fled to Lebanon, to Turkey, and finally to America as refugees.

A committee of sympathetic Islanders from Island churches brought Jamila and Iyolit and another Syrian family to Vashon-Maury Island, and saw to it that our new neighbors were comfortably installed in homes found for them. Our new Syrian friends were introduced at an event at the Presbyterian church in the summer. They provided Syrian desserts and tea to the Americans. Some of them already spoke English and are able to function as translators. Others are learning. Iyolit is enrolled in first grade. She already speaks English and translated for her mother, Jamila, when Suzanna Leigh brought them to visit me. I hope to eventually be able to cook with Jamila and learn to make some of her favorite dishes.

Meanwhile, I'll hark back to foods introduced to us by a Syrian classmate of my husband's when we were students at Willamette University in Salem, Oregon. Naseeb Malouf and his wife and small son were also our neighbors in a housing project just outside Salem. He taught us this recipe for lamb with celery and lemon. It's usually made with bite size

Road to Resilience

Continued from Page 1

power capacity, why should it not pick renewables? It is understandable that they would favor a gas-fired plant because they sell gas and are familiar with the technology, but we are at a point where we need to transition to renewables as fast as possible. If an investment in renewables would be roughly

pieces of lamb meat. I've adapted this delicious dish to accommodate the more readily available ground lamb. Instead of the traditional olive oil, I've used coconut oil. It doesn't degrade when heated to frying temperatures, and it has a pleasant aroma and flavor. Her is my Americanized version of this Syrian dish.

Lamb with Celery & Lemon 4 servings

2 Tablespoons olive or coconut

- 1 pound ground lamb
- 2 cups sliced celery
 - 1 cup minced onion
- 1 teaspoon dried, crushed
- oregano
 - 1 teaspoon salt
 - ½ teaspoon pepper
- 1 lemon, sliced and the slices
- 1 to 2 teaspoons honey 1 cup hot water, plus more as

Thickening:

- 2 Tablespoons cornstarch
- 3 Tablespoons water

Mix the ground lamb, oregano, salt and pepper. Form mini-patties about $1\frac{1}{2}$ inches across.

Heat the oil in a large, heavy-bottomed skillet. Brown the patties on each side. Remove and reserve. Add onions and celery to the skillet; sautee them. Add the patties back, tucking them among the celery slices. Tuck in the lemon pieces. Add the hot water. Cover, reduce the heat to medium low. Cook until the vegetables and tender and the lamb patties have no pink inside.

Stir in the thickening. Stir on until the sauce clears and thickens a bit.

Enjoy with steamed rice and a glass of rose wine.

Vashon Library October Events

Continued from Page 8

Project Cafe
Wednesday, October 18, 1pm
Adults, this is your space!
Play a tabletop game, work
on a project, or just meet with
friends. Have a craft group or
table gaming group? Feel free
to meet up and hang out.
Beverages, snacks, games
and relaxing music will be

Yoga in the Library

provided.

Saturday, October 28, 10:15am Yoga is a wonderful practice of self-care for a healthy body, focused mind and sense of well-being. This class is for teens and adults alike with gentle stretches, strength building and basic meditation techniques for distressing and centering from the inside! Instruction provided by Island Yoga Center.

3D Pens for Adults

Saturday, October 28, 1:30pm Come play with the 3Doodler pens. This session is for all you creative adults tired of seeing all the kids have the fun! First come, first seated. Maximum of 30 minutes per a patron.

Digitize Your History Sunday, October 29, 2pm Do you have photos of the area that capture times past or commemorate significant family events?

Drop in and learn the basics of saving a document into digital format, and explore some of the new technology for documenting your personal history coming soon to KCLS. Bring a flash drive to save a digital copy for yourself. Limit two items.

equivalent to an investment in gas, why not choose renewables?

In January 2017, PSE filed for a rate increase with the Washington State Utilities and Transportation Commission to pay for maintaining aging assets, and for decommissioning and environmental remediation of the Colstrip plants. We think it is fair for them to charge us more to decommission the coal plants, but we want them to do it sooner, and we want them to replace them with renewables rather than gas. About 40 islanders went to each of the rate hearings in Bellevue and then Olympia to express this opinion. In the Bellevue hearing, which I attended, the testimony was virtually unanimous in favor of an early retirement for the two remaining coal plants and to replace them with renewable energy.

Now we find that PSE wants to extend a gas pipeline to Tacoma, where they would like to build a liquid natural gas facility to fuel ships at the port. It makes sense to fuel cargo ships with natural gas instead of oil, as it is much cleaner. However, it reminds us that PSE is a gas company as well as an electric utility, and that fact might influence what kind of energy production facility they may want to invest in.

PSE offers us many options for improving our personal carbon footprint. In the Green Power program, we have the option of paying a bit more and receiving all or part of our energy from renewables. Obviously, the electricity we each use all comes from the same source, though some accounting trick along the way must attribute some funds for expansion or maintenance of renewable facilities. There is no explanation of how, or even if, that actually happens.

In the Solar Choice program, we can invest directly in a solar facility somewhere else, or receive net metering for panels on our own house.

In the Carbon Balance program, you can invest in carbon offsets (usually tree planting) to sequester as much carbon as you are releasing.

PSE also offers discounts and incentives to make our homes more energy efficient.

All of these programs are helpful, but it remains to be seen whether we are moving toward energy sustainability as fast as possible. We have no real control over what PSE decides to do. Can our energy utility operate efficiently as a profitmaking monopoly, or should it be a public utility? It behooves us to study this more closely.

Comments? terry@vashonloop.com

Deadline for the next edition of *The Loop* is **Saturday, Oct 7**

First Friday Gallery Cruise, Ilse Reimnitz

My work is primarily in watercolor and monotype printmaking, sometimes a unique combination of the two mediums.

My approach in each of these mediums relies upon the subtle building of texture and imagery through the layering of pigment. My experience as a watercolor painter makes me appreciate the process of monotype for its immediacy and flexibility

In both mediums I begin with soft backgrounds, developing structure, revealing and obscuring shapes. I build layer-by-layer, defining edges set against soft passages to create visual complexity and excitement.

This layered approach has also led me to a deeper view of my creative vision. I want to convey a sense of wholeness and unity in my work. I hope that my imagery crosses cultural divides, might even span time, and unites the human spirit with the natural environment.

ABOUT THE ARTIST

Ilse's artwork has been exhibited nationally and regionally, including the Fry Art Museum and Bellevue Art Museum. Ilse has received numerous awards and is a signature Member of the Northwest Watercolor Society (NWWS) and the Women Painters of Washington (WPW).

She received a four-year



degree in Graphic and Commercial Arts in Germany.

She worked as a Graphic Designer for an American Advertising Company in

Hamburg, Germany.

In 1963, she immigrated to Kodiak, Alaska and lived there for eighteen years. She raised a family of four children, and went commercial salmon fishing with her husband and family. She has lived for over 30 years on Vashon Island, turning her attention full time to a creative life. She also teaches Watercolor and Monotype Printmaking Workshops in her Studio on Vashon Island.

Ilse recently received the" Excellence in Figurative Art" award from the National Association of Women Artists (NAWA) in New York City.

VIA will feature Ilse Reimnitz during the month of October. visit VIA at 17331 Vashon Hwy SW





Taal Maya & The Mystery Orchestra

During the first week of October, world-class musicians from many genres will come together in an ambitious project...to record and perform a full night of music...in a week. Brought together by local composer and fretless bassist. Jason Everett who has been named an "Artist in Residence" by the prestigious non-profit Jack Straw Productions, the project will capture high-quality audio and video performances of his compositions which are inspired by his love for classical, jazz and Indian Fusion music.

"I love instrumental music, and started as a classical musician at eight. I was playing jazz clubs professionally at sixteen, and feel in love with Indian music at eighteen. This project is an exciting culmination of that history and my love for those musical styles," explained Everett.

The recording will occur at Jack Straw located in the University District over two days and will follow the educational clinic presented by the internationally acclaimed Indian percussion master, V. Selvaganesh who will also perform with Everett. Selvaganesh-who performs with Shakti with John McLaughlin, and Zakir Hussein and Masters of Percussion plays a traditional Indian hand drum called a kanjira and a unique modern drum kit that he plays with his fingers.



Another well-known musician in the project who plays an unusual instrument is Trey Gunn who might be best known for his work with King Crimson. "I am really excited to play with Trey...we

are both bassists with extended range instruments who play melodically; so we will be able to trade off roles as lead and rhythm players," explained Everett. "Trey will be really exciting to watch as he is performing on his Warr Guitar which is a 12-string instrument that he plays almost like a piano."

More-strings-than-usual might be a theme for this group, as lead violinist, Radhika Iyer from San Fransisco will be playing her seven-string electric violin and Everett himself is known for his unique seven-string fretless bass.

Other local musicians rounding out the sound will include tabla player, Anil Prasad, and classical musicians, Rachel Nesvig on violin, Aleida Gehrels on viola, and Phil Hirschi on cello.

The performance will be on Friday October 6th and the Vashon High School Theater.

For tickets www.brownpapertickets.com/event/3093186

Taal Maya & The Mystery Orchestra

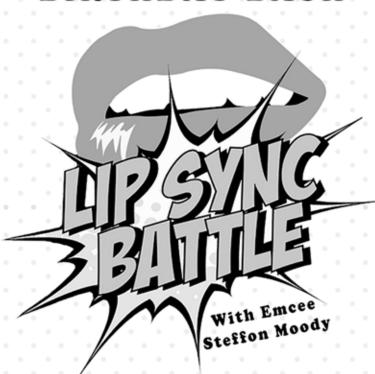
Friday, October 6th, 7:30-9:00pm The Vashon High School Theater

\$10 Students \$20 Advance tickets \$25 At the door

Find us on Skype Vashon Loop 206-925-3837

KVSH Celebrates Its Third Birthday with a Lip Sync Battle

KVSH BIRTHDAY BASH



7:30pm • Friday, October 13 • Red Bike \$10 Cover to Benefit VoV Tickets At Vashon Bookshop & BrownPaperTickets.com VoiceOfVashon.org

Island officials, celebrities and rock star wannabes are polishing up their air guitars for VoV's Third Annual KVSH Birthday Bash, Friday, October 13, at the Red Bike. It's going to be a Lip Sync Battle hosted by the ever-comedic Steffon Moody, and starring the people you see or hear from regularly... in a whole new light.

Popularized by Jimmy Fallon and The Spike Network's Lip Sync Battle, this promises to be an evening of song and sidesplitting laughter!

The celebration starts at 7:30PM with warm-up performances by VoV's "The Voice (of Vashon)" winners, Gus Reeves and Sedona Deck.

Steffon Moody will set up

the Lip Sync Battle with an act of his own, then competing pairs of lip syncers will strut their stuff to one of their favorite tunes. Audience applause will choose the winner of each paired battle!

Some performers will appear by invitation from VoV's party planners. Others are invited to sign-up by emailing info@voiceofvashon.org.

Tickets are \$10 and available now at the Vashon Book Shop and Brownpapertickets.com. All proceeds benefit Voice of Vashon.

> Friday, October 13th, 8pm Voice of Vashon Benefit Lip Sync Battle!

The Red Bicycle Bistro & Sushi





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Rocky Votolato Living Room Show*

Over the course of the last 15 years, Rocky Votolato has produced some of the most powerful music to come out of Seattle, an impressive canon anchored by earnest, lyrical songwriting, and delivered in a unique indie-folk-punk style that has evolved out of the Pacific Northwest music scene he was raised in. He has matured over the course of eight increasingly accomplished solo albums, and writes songs that seem to have been scratched into a boxcar wall by a wornout and lonesome ghost.

*Living Room Shows are private shows hosted by fans in spaces such as, living rooms, basements, lofts, recording studios, yoga studios, bike shops, screen printing shops, clothing stores, coffee shops, cafes, churches, etc. For each show we try to find the best space based on the acoustics of the room, proximity to parking and public transportation, restroom access, available seating, and when possible ADA accessibility. We're trying to create intimate shows that will be a positive and memorable experience for guests and artists.

Rocky Votolato Living Room Show*

AN EVENING WITH **ROCKY VOTOLATO** 10 . 1 . 2017



UNDERTOWSHOWS.COM/COLLECTIONS/ROCKY-YOTOLATO

Sunday, October 1st @ 8pm Get tickets at:

https://undertowshows.com/ collections/rocky-votolato/products/ vashon-wa-october-1

High and Lonesome



The High and Lonesome Band is a group of friends who've played together nearly 30 years. They've been together so long that some original band members have even been replaced by their offspring. With roots firmly planted in American Ethnic music, High and Lonesome brings an intricate, tasty brew of bluegrass, blues, and Bakersfield-style country music.

Islanders will recognize John Schubert on guitar and vocals, with Tab Tabscott on dobro and pedal steel. Jamie Blair will play the banjo and Fender Telecaster, Pete Martin on fiddle, mandolin, and vocals, Al Hutteball on upright bass.

Get ready for some good time dance music in a folky/country vein. No cover, show starts at 8:30pm, all ages until 11:00pm.

Friday, October 6th, 8:30pm High and Lonesome The Red Bicycle Bistro & Sushi All-age's 'till 11pm, 21+ after that Free cover!

Local News www.vashonNews.com

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Make a date with Vashon! www.VashonCalendar.org

Vashon Library Events Art & Music Events Submit your Event on line at www.vashoncalendar.com

Live Music at Farmers Market

The Vashon Island Growers Association offers locally grown produce at the Saturday Market, in the heart of Vashon's town. At the Saturday Market, you'll find about 30 to 50 vendors of food and arts and crafts, along with live music. At the market, you can buy Island grown organic produce, meats, even wines, bread and cheese...and special gifts for your loved ones.

Market hours are 10am until 2pm. Vashon Events is happy to be a part of bringing music to the Vashon Saturday Farmers Market.

On Saturday, September 30th, we bring you Some'tet.

In April 2013, guitarist/composer Michael Whitmore began a weekly residency at the Snapdragon Café on Vashon Island, Washington. Over the next few years this 'Sunday night jam' grew into a full-blown ensemble ... the whole jazz, post-jazz kit and caboodle. Sometimes a quartet, sometimes a sextet, a trio, but always Some'tet...

The music is both composed and improvised. The overall sound is mellow, almost west coast cool, with moments of intense invention. Add a dollop of American primitivism, clusters of neobossanova rhythms, the occasional art song, a torch song, some very soulful vocals and there you have it. Think 60's era jazz meets Twin Peaks, dancing in Rio de Janeiro to a slow jam with a whiskey & soda in hand and your Nana is catering the gig under a yellow hoodoo moon. Check out Some'tet's new six song EP "Steps."

On Saturday, October 7th, we bring vou Annie O'Neill.

Annie O'Neill is a Seattle -based singer-songwriter specializing in laying down rhythmic grooves on her acoustic guitar - or belting out the Blues with a

> Find the Loop on-line at www.vashonloop.com



full band. She is a dynamic performer with powerhouse vocals to back it up. This past year Annie has been busy performing and writing more new material while gathering gifted players to join her new band onstage and in studio.

Next Edition of The Loop Comes out **Thursday** October 12 Deadline for the next

edition of *The Loop* is

Saturday, Oct. 7

Compost the Loop

The $\bar{L}oop$'s soy-based ink is good for composting.

A play, A Concert, An Obsession

Continued from Page 1

Ladenburger.

Moises Kaufman, author of The Laramie Project, exposes the power of creative obsession while Beethoven's music thrills as an example of what obsession can produce.

Loose Change is now booking for

your summer parties.

We have dates available

Call Troy @ 206-794-9451

Kaufman's creative insights and theatrical craftsmanship use the characters' human frailties to vividly personify Beethoven's music. As LA Theatre Critic, Craig Schwartz wrote a play you'll want to see twice

of the play, "Music lovers and theater lovers alike won't be disappointed by this affecting piece."

Drama Dock will stage just four performances of 33 Variations October 5 through October 8 at VCA's Katherine White Hall. Tickets are available at vashoncenterforthearts.org. Thursday is two-for-one night - buy one ticket at full price and get a second ticket free. This is

Lost Cat Marlowe

Marlowe was lost on the morning of 8/21 from his brandnew home behind the farmers' market in town, 17500 block of 100th Ave. He's gray with a white neck and paws. Marlowe is a skittish cat that may not be easy to catch, so if you see him, please call VIPP at (206) 389-1085.



Go To www.vipp.org Click Lost & Found

The Vashon Loop, p. 12

September 28 '17

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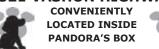


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Deadline for the next edition of *The Loop* is

Saturday, Oct. 7

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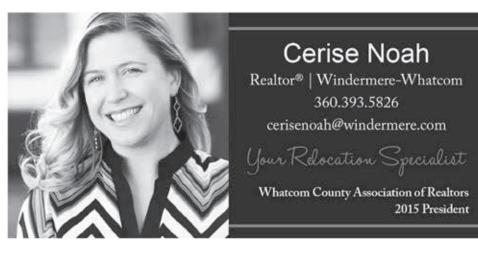
PANDORA'S BOX

Post-eclipse oddities continue to pile up. You may be wondering what happened to the hand rail on the stairs. Me, too.
You may be missing some crystal meth. Not me.
You may be wondering why a half naked man in a walking boot wants to tell me about God's truth. Me, too.

Bo's Pick of the Week: By popular request, all the My Little Lion cat food is in. All flavors, both sizes.

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