

## Shook Twins Return



Debra Heesch, Snapdragon, Sue Carette & Vashon Theatre Present:

Shook Twins return to the island November 15th at the Vashon Theatre to play an intimate DUO set at a fundraiser for Puerto Rico! Special Guest Islander Sarah Christine will be starting out the show. Funds raised will be sent directly to the island by the National Boricua Human Rights Network (NBHRN), an organization composed of Puerto Ricans in the US and their supporters that educates and mobilizes the Puerto Rican community, the broader Latin American community and other people of conscience regarding issues of justice, peace and human rights. <http://boricuahumanrights.org> if you are unable to attend and

would like to donate, please contact [DebraHeesch@gmail.com](mailto:DebraHeesch@gmail.com) or Megan Hastings at Snapdragon. Thank you to sponsors the Hardware Store Restaurant, Puget Sound Energy, Bandstand Music and Sound Strategic for supporting this fundraising effort.

Tickets available at the Vashon Theatre Box Office or online here: <https://ticketing.us.veezi.com/purchase/1637?siteToken=S8xWxG1eukyLNjwXQXDLbA%3D%3D>

\$50 VIP ticket includes pre-reception with appetizers/beverages at Snapdragon from 5:30pm - 6:30pm and seats in the first 6 rows. Shook Twins will stop by for a meet & greet.

\$20 Advance General Admission

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## Vashon Island Pet Protectors Online Auction

VIPP hopes you will “Throw Us a Bone” and support our Online Auction presented by Windermere. Vashon Island Pet Protectors is pleased to announce a new venture following the necessary cancellation of the 2017 Fur Ball: an Online Auction full of the wonderful items usually featured at our annual event. Online Auction: November 10th through December 3rd. Auction link: <https://vippp.ggo.mobi/>

VIPP friends and volunteers have rallied to create this plan to help meet our fundraising goals and preserve the work we do on behalf of our furry friends. VIPP’s online auction will feature hundreds of auction items from extraordinary experiences to original one-of-a-kind art, including pieces from Islanders such as Art Hansen, Pam Ingalls, Jean Emmons, Laurie Bieze, Jeff Hengst, Straycat Woodworks, Joan Fritz, Bill Renner, Margaret Tylczak, Bill Akers, Barbara Reed, Laura Hering and many more.

On behalf of all our furry friends, VIPP invites Vashon to “Throw us a Bone” and support our efforts at this crucial time. Enjoy the artwork at First Friday, bid during the online auction, and donate. A chorus of meows and woofs and more will thank you.

**Online Auction link:**  
<https://vippp.ggo.mobi/>  
**Online Auction Will Be Held**  
**Nov 10th thru Dec 3rd!**

VIPP will hold its first ever Online Auction in place of the Fur Ball event. Auction items that have already been received from donors will be included in our online auction. If you were planning on donating an item to the Fur Ball, we strongly encourage you to continue in your support of VIPP.

VIPP’s Board is working hard to plan for other ways to replace the \$100,000 in lost revenue. We continue to explore these alternatives, but wanted to relay the news of the cancellation as quickly as possible to our incredibly hard-working volunteers and loyal VIPP supporters.

Our annual Fur Ball makes up approximately 40 per cent of VIPP’s total annual operating budget. If not replaced, the VIPP programs that have served



**ONLINE AUCTION**  
NOVEMBER 10TH - DEC 3RD

islanders and dogs and cats for years are in jeopardy, including the following annual expenses:

- More than \$130,000 for veterinary bills to support dogs and cats in our care as well as a financial assistance program that has aided over 125 islanders faced with emergency vet bills.

- More than \$30,000 to care for relinquished dogs and cats. Last year we took in 70 dogs and cats and provided housing, food and veterinary care for an additional 25 found cats.

- Nearly \$5000 for a program that provided low-cost microchipping in 2016 to 120 dogs and cats, enabling a swift return if they get lost. In addition, all dogs and cats that enter VIPP’s system are microchipped.

- Nearly \$5000 for a program that provided low-cost spay and neuter for 50 islander-owned pets.

All these efforts, plus lost and found and adoption services, are only possible because of our tireless volunteers and the amazing support of our community, much of which comes through the annual Fur Ball. Just as important, the Fur Ball is a chance for all of us to celebrate VIPP’s successes.

As noted above, the VIPP board, volunteers and our event planners at FortunaLux are working on alternative approaches to ensure VIPP can continue the level of work and service we have provided to islanders for more than 33 years. Please stay tuned and look for additional information about our online auction and more in the coming weeks.

We are grateful for your dedicated support of Vashon Island Pet Protectors.

Sincerely,

Geoff Fletcher, President  
Vashon Island Pet Protectors

## The Road to Resilience

### Affordable Housing?

By Terry Sullivan,

Back in 1988, Joy Goldstein strong-armed me into working with her and a handful of others on the Community Council Affordable Housing Committee. We went on to form Vashon Household (Joy’s name). I put about twenty years into the effort, and despite some notable successes, such as Charter House, JG Commons, Roseballen, Eernisse Apts., and Mukai Commons, I’ve never felt that our efforts put a dent in the structural foundations of housing unaffordability. All of these projects were heavily subsidized, with stringent and restrictive requirements. The causes of housing unaffordability lie much deeper in the economy and the institutions of our country.

Although I got a degree in Urban Planning in the 60’s, I’m afraid I was never much help in cobbling together the actual projects that now house about 400 people on Vashon. I had a marked distaste for the hoops that we had to jump through to make affordable housing happen. I apologize to my many colleagues over the years for not carrying my share of that load. I do feel, though, that I had some influence as an idealist, although I know I was a source of exasperation for many. Given the mindset and level of resolve in our society, I doubt that using my approach alone would have yielded anything but frustration.

By attending to the symptoms instead of the causes, we face essentially the same problem today that we faced back in the 1980’s. We still have done nothing for homelessness, other than trying to make those poor souls a bit more comfortable despite their plight. Rental rates have far outstripped the ability of most to pay. Those of us lower income folks who were not lucky enough to buy in in the 70’s have little choice but to leave. Since the problem is much larger than Vashon, they are not receiving a great deal of relief anywhere else either.

Why is it so difficult for somebody to put some sort of roof over their head to keep the rain off? Why do we drive them back out into the open when they try? A large part is the tone deafness of our capitalist economy as well as our classist institutions that codify what is or is not suitable housing.

Like health, food, and so many other facets of our lives, housing is a commodity bought and sold on the market. If there were some degree of equity in the distribution of resources, this system might work. As it is, though, some few of us can bid up the price and afford to buy the house we want, where most of us are then bid out of the market for the house we need. There is nothing wrong with commoditization for products that

*Continued on Page 9*



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# Windermere


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Windermere Vashon is proud to be the presenting sponsor of **The 2017 VIPP Online Auction**


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Nov. 10 - Dec. 3      [vipp.org](http://vipp.org)




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*Loving Vincent*

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*Braden: Southern Patriot*  
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*Victoria & Abdul*  
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*Bolshoi Ballet: Le Corsaire*  
(new production)  
November 19, 1pm

*Standup Comedy Competition*  
November 22, 7:30pm

*THOR: Ragnarok* Starts Nov. 24

**Vashon Theatre**  
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For show times and info check  
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*The Loop's soy-based ink  
is good for composting.*

**The Vashon Loop**

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**Friday, November 17, 8:30pm**  
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**Friday, December 1, 8:30pm**  
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# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Alzheimer’s Association Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer’s Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

### Revolution Vashon

Revolution Vashon meets the third Tuesday of every month. We focus on issues, activities and possibilities to forward the Progressive point of view. . All welcome. 19834 Vashon Highway - 6:00 to 8:00pm. Questions call 206-496-4174.

### Have a Story or Article

Send it to:  
[Editor@vashonloop.com](mailto:Editor@vashonloop.com)

Find us on Skype  
Vashon Loop  
206-925-3837

Next Edition  
of *The Loop*  
Comes out  
Thursday  
November 22

Deadline for the next  
edition of *The Loop* is  
Saturday, Nov. 18

Local Weather

[www.vashonweather.com](http://www.vashonweather.com)

Local Rain Totals

Temperature hi/low

Wind Speed & Direction

Barometric Pressure

Weather forecasts

### VIPP Holiday Wreath/Swag Sale

The Land Trust Building  
Fri: Nov 24th 12-4p.m.  
Sat: Nov 25th 10-4p.m.  
Sun: Nov 26th 10-2p.m.  
Stop by & purchase one or more of Vipps’ Holiday Wreaths/ Swags starting at \$25. Each year our all volunteer crew craft these holiday delights out of fresh fir, cedar, holly & lots of extras which is then topped off with a beautiful bow. To pre-order a wreath or swag please email [volunteer@vip.org](mailto:volunteer@vip.org)  
Vipp will also hold our annual “Nikki Champlin Neighbor to Neighbor Pet Food Drive”. Items in particular need are:  
Wet or dry cat food  
Wet or dry dog food  
Clumping litter  
Please drop off any donations at the Land Trust Building during the Holiday Wreath Sale.

### Vashon Social Dance Group Monthly Dance & Lesson

Saturday November 1, Happy Veteran’s Day - Free Admission for Veterans! Than you for your service!  
Vashon Social Dance Group Lesson & Dance  
Waltz Dance Lesson at 7:00 pm with Candy & Assistant  
Variety dance 8:00 - 9:30 pm  
Ober Park Performance Hall 17130 Vashon Hwy SW 98070  
No partner needed! Come alone or bring others  
Suggested Donation \$10 No One turned away due to lack of funds.  
For you experienced dancers, please come and assist the new comers and meet some new dance partners!  
Questions? Contact Candy McCullough 206 920-7596

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### Mukai Farmstead & Garden Open House

The Friends of Mukai will welcome visitors to this historic landmark at 18017 107th Ave. from 1-4 p.m. on Sunday, November 12th. Take a tour through Kuni Mukai’s Japanese garden, visit the 1929 house to learn about the Japanese American Mukai family history, and hear stories of strawberry farming and how the Barreling Plant transformed delivery of the berries to markets throughout the country. Ask volunteers about the exciting future of this unique site.

### Public Hearing Notice

On Monday, December 4, the King County Council is scheduled to take a final vote on the proposed 2017 update to the 2016 King County Comprehensive Plan and the proposed adoption of the 2017 Vashon-Maury Island Community Service Area (CSA) Subarea Plan (Proposed Ordinance 2017-0317.2). Prior to the vote, a public hearing will be held, which will be an opportunity for in-person public testimony. The hearing will take place at 1:30 p.m. on December 4, in the Council Chambers on the 10th Floor of the King County Courthouse at 516 Third Avenue, Seattle, WA. A summary of the proposed changes and more information about the scheduled hearing can be found on the Council’s Comprehensive Plan website. The Council will continue to take public comments on the proposed plan up until final adoption. In addition to the opportunity for in-person public comments at the public hearing on December 4, comments can also be easily submitted electronically at any point in the process, either by:  
emailing [CouncilCompPlan@kingcounty.gov](mailto:CouncilCompPlan@kingcounty.gov) or clicking on the “Submit online public testimony” button on the home page of the Council’s 2017 Comprehensive Plan website. More information about the Council’s 2017 Comprehensive Plan update process can be found on the Council’s website. If you have questions about the Council’s process, please email [CouncilCompPlan@kingcounty.gov](mailto:CouncilCompPlan@kingcounty.gov).



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[www.VashonCalendar.com](http://www.VashonCalendar.com)

Vashon Library Events

Art & Music Events

Submit your Event on line at

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### Advertise in the Loop!

It’s a great time to get back in the Loop.

[ads@vashonloop.com](mailto:ads@vashonloop.com)

Next Loop comes out November 22



# Be Sure the Cans and Bottles Sink



By Seán\_C.\_Malone

Photo Courtesy of Foss Maritime.

I read somewhere that the tide rolls in like a giant tornado on its side, carrying tons of food for fish and clams and other good things to eat. That’s why seagulls and salmon hang around the tide line and the fishermen are right behind. Nearing high tide, it slows to a stop and leaves a line of drift on the beach for us to comb for treasures of any kind, though there were certain things in the drift that we were not allowed to bring home such as medicine bottles that still had stuff in them, or other medical things.

There were two of us in the rowboat with a garbage can between us. My old friend, John Sweetman, was rowing and I sat in the stern, as we headed into deep water where the tide was strongest. John’s Father yelled from the shore, “Be sure the cans and bottles sink. The tide will take away what we give it.”

We burned our paper and saved our lunch bags from school to be used again. Ordinary household garbage that was food grade and not used for compost was supposed to float so the seagulls could pick it. We had no such thing as plastic bags in those days and we produced far less garbage, not even having trash collection. The garbage dump was a place to pick over and recycle such things as a rusted out old wagon that we liberated for its wheels to be used on a go cart. Such was our thinking in the 1950’s when the tide took everything away that we threw on the beach and nobody thought anything of it.

It was 1956 and we were commuting to school in Seattle. We heard on the radio that a four engine Stratocruiser had ditched off Point Robinson carrying 32 passengers. The Boeing 377 was a common sight overhead in those days. The sound of the engines was a thrill for us kids and they flew low and slow. We had the day off because of a Catholic holiday and I hit the throttle hard, racing

to Point Robinson where we found the whole of Vashon High school milling around, though they had to return for afternoon classes.

Gary Larson was my neighbor and good friend who had gotten there long before us and had successfully saved several of the passengers from drowning in the frigid water by having them hang on to the gunwales of his newly built rowboat while he towed them to shore. Arden Ibsen ran our shop class and that is where Gary built his 14 foot fiberglass rowboat, though he said “It was a bit beamy and tippable.” Most of the crew and passengers survived. I asked Gary if the rowing had been tough at times, knowing how the tide races around Point Robinson. He admitted that it “Wasn’t easy.”

The last time I saw Gary, he was a Crew Chief in the Air Force and drove a C-124 Globemaster on the ground from hanger to hanger. The plane was called, “old Shaky.”

Bob Smith, another classmate and his father, Art were the first people on the scene. Art ran Vashon Sand and Gravel and after a few hours rescuing soggy mail bags, and whatever else floated up from 400 feet down, they let my Brother Mike and I borrow their boat.

“Mike,” I yelled. “Get a hold of the other end of the bag. It’s too heavy; I can’t get it over the rail.” I couldn’t imagine what a soaking wet mailbag must weigh. The plane had been bound for Chicago with a cargo of live chicks when it “ditched” and hundreds of chicks came up with the rolling tide. We did pick up the occasional life preserver and were grateful that we didn’t find any bodies. “I see a purse,” Mike yelled and I rowed the boat hard against the tide for Mike to pick it up. Our bad luck held for the purse was empty.

Sean@vashonloop.com

# Dear Friends of VYFS and the Vashon Community

I am writing to say farewell to a fantastic community and an agency that will always claim a piece of my heart. As you reported two weeks ago, I have resigned as Executive Director at Vashon Youth and Family Services. I have been fortunate enough to find a new opportunity that aligns with the needs of my family and will continue to allow me to use my talents to create a meaningful career.

I would like to take this moment to express my gratitude to the people of this wonderful community for nearly five years of the best job of my life so far. I have been honored to serve you. It has been a privilege beyond I could have imagined.

VYFS is a fantastic agency working in a community that has such amazing strengths. In the time I’ve been here, we have weathered challenges, grown, increased our professional skills, strengthened our ability to serve, and honed our vision so that we know where we want to go in the future. The VYFS agency staff is made up of exceptional individuals, dedicated to the highest standards; every day they go above and beyond to deliver effective and compassionate services to young families, children, parents, and individuals on Vashon.

This community has supported us as we have grown. In particular, I want to recognize donors and supporters, many of whom do not want public recognition. I also want to recognize the agencies and organizations that are members of the Vashon Social Services Network. In my 20-some years of nonprofit work, I have never been part of a coalition that was, in fact, truly collaborative, as you all are.

Vashon is unique in many ways, but we are also face many common problems, including a lack of opportunity, growing addiction issues, and the increasing divide between wealth and middle/ lower income households (and the significant challenges that creates). Yes, the particular way these issue play out in Vashon’s rural and isolated context is different, for sure, but I want to encourage VYFS and others to stay connected to the larger community around us to solve shared challenges. Remember, our elected advocates at the federal, state and

county level can create better solutions if we work collaboratively outside of the Island as well. While we craft amazing local answers to our problems, do not be afraid of going over the moat to find allies.

Finally, I want to thank in particular the 20 or so folks who have sat on the Board of Directors while I have been here. I applaud your willingness to step up to the challenges of leading an important nonprofit in a small community. I thank you for helping us gain from every challenge or opportunity we’ve faced. And I cheer you on now, as I am confident the current Board is the best group of people I’ve met to lead the agency through this transition.

To you who have befriended me and are supporters of VYFS, I want to assure you that transitions happen. My decision is solely based on the needs of my family. Those of you who know me well know that I have an adult child with special needs who is in his own period of transition, and you are likely not surprised that I am making this move to support that situation. I know it is genuinely more difficult to recruit and hire people to Island-based leadership roles. However, time and again while I have been at VYFS I have seen amazing people join VYFS and take other key positions on-Island.

Because of this, I am confident that the Board will find the right person to join you as VYFS starts its 5th decade of service to the Island. During the time of transition, I ask all Islanders to stand with the organization. Please don’t “wait and see what happens.” Jump in now to help keep VYFS going in the right direction. Keep enrolling your children, call or come in whenever you need help, keep volunteering, and please keep giving – in fact give more.

Forty years ago, a small group of committed Islanders came together to help young people find employment. Every step since then we’ve faced opportunities, challenges and transitions. And through it all VYFS grew because it stayed focused on its mission. I am excited to watch what happens next for Vashon and VYFS.

Kathleen Barry Johnson,



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# Island Life Skewer

By Peter Ray  
pgray@vashonloop.com

For a number of weeks recently we had our washer and dryer out on the back porch. The reason for this displacement was not as a banishing punishment or as a mini stay-cation to allow the machines a brief outside adventure before the wet of winter made time spent out of doors by objects with electronics an inadvisable alternative. What was happening was that we were almost finished with our long running bathroom repair and remodel, which also involved redoing the wood floors. This was an exercise that surprised me with the sweeping improvements I could muster with a spackling knife, some wood filler for the widening gaps between the white pine flooring, a pair of knee pads and a 3x18" belt sander. With the bathroom mostly complete and the floor in there sanded and coated, it was time to move slightly down the hall on that same, common wood planking to our own private laundromat. The washer and dryer had to get out of the way to allow a thorough scraping and sanding of that floor so as to take advantage of the wave of rejuvenation that was sweeping from the shower stall to just before the hardware hall.

This next move seemed fairly simple, since I had already proven that, with my newly acquired skill set, a new looking floor could emerge from the existing mix of worn, bare wood and darkened finish of 30 years. There was a slight problem though, since the washer had developed a small leak in its front-loading door boot seal, and that had to be fixed before the machines could return to their place of work and rest. There was another thing that I had noticed whilst stooping and hands-and-knees crawling about to do the sanding and swabbing on the finish coating, and that was that it just wasn't as easy as it used to be to get down to the work position and eventually return to standing. It wasn't like this was a surprise- it has been getting increasingly harder to do a lot of things. I have known that I really should have been stretching and exercising all along, but it has been getting harder to convince myself to get out and do anything about it. There has also been the increase in mid section girth that has made getting into bike clothes more revealing of my expansion, adding another layer of potential discouragement to my heading out on the open road while feeling self conscious and under motivated. There was also that beer in the fridge that seemed to always be insisting on making things better while not really helping, with its boatload of carbs and calories that I knew (but ignored) was contributing to making matters worse.

There have been two talks lately at the Vashon Center for the Arts that I have been there to both record and listen to- the Bruce and Bob bike thing and, most recently, the talk by Stewart Harvey about Burning Man. The cross country bike trip talk was fascinating, but it did not inspire me to get on my bike and ride. What it did do was remind me how much time can be consumed out on a bike, or in a pool or on a running trail, just getting ready to do a big event. I had thought a lot about what it might take

to get ready for a trip of that magnitude, and when I equated that with my current level of unfitness my mind simply shrugged and walked away. It was then that the true weight of a ride like that hit me, not in its entirety, but just the thought of doing repeat 80 mile days seemed now to be out of reach. With the Playa Fire talk, and all the great photos and the insider history that, as the brother of Burning Man founder Larry Harvey, Stewart was among a small number of people to be privy to, I was again reminded of what I missed about heading to the Nevada desert every end of August. Given a bit more time after the talk, I was also able to recall one of the great myths about the gates to Black Rock City, and that is that once you pass through them you will forever be changed, and that by donning a costume and assuming a playa name that at least for that week you will become someone else. After 11 years there I found that for the most part, whatever parameters guided your life in the so-called default world did not drop from one's psyche as you were "welcomed home" by playa greeters at the gate, unless you had come to make a change. The gift economy and the sacred ten principles of Burning Man meant pretty much nothing to those who came to party and make the scene.

And so, getting back to the washer and dryer shivering in the cold and wet out on our back porch, the thing that had stalled that project was my inability to get the new boot seal back in place. I had disassembled it all according to several helpful tutorials on the youtubes, but the reality of getting the new one back on was seemingly beyond my doing. It was awkward, tight and maybe even the wrong replacement, so I got another. After what seemed to be hours of wrestling with this new one got me nowhere I considered doing a video of the effects of a six pound splitting mall on an innocent modern metal appliance, but again a nice quiet sit down with a few beers amazingly distracted me from incurring a large replacement expense and perhaps some sort of self-injury. And then there was one morning when I just decided I would make it work, and this time finally adding the suggested dish soap lubricant, everything went back into place and Wendy was happy not to have to go uptown to wash some things that wrastlin', muddy puppies had soiled earlier that day. And for some reason, having accomplished this, I began to think of other things to conquer.

I do have a trainer that I can put my bike up on and ride inside out of the rain and the cold and the sightlines of the people laughing at that old guy struggling by who has overstuffed his biking lycra. What has kept me from doing that, from riding inside and away from other reasons not to, was a properly shaped skewer that holds my rear tire in place in the back wheel hub, and also fits into the sockets on the trainer. In thinking about it today, I went out to where one of my broken bikes is stashed and found just the skewer that I needed. Sometimes it is not inspiration, but rather removing an impediment to a path to a solution that is all, or most, of what you need. Perhaps if this resolution is firmly in place by New Year's there will be more room to tuck a few more in under the old belt and see where we can go from there.



## Little Women Takes the Stage

Vashon Center for the Arts Arts Education Program will present Little Women from November 10-12 in the Katherine L. White Hall.

"We chose this particular play to do this fall to present several strong female characters and give students an opportunity to reflect on the progress women have made since the 1880s," notes Wendy Finkelman, director for arts education at VCA.

This classic Louisa May Alcott story is a look back at American Civil War history for the cast and audience alike. Published in 1869, the semi-biographical novel focuses on the four March sisters—brassy, tomboy-like, aspiring writer Jo, romantic Meg, pretentious Amy, and kind-hearted Beth—and their beloved Marmee, at home in Concord, Massachusetts while their father is away serving as a Union Army chaplain during the Civil War. The VCA performance has a cast of 16 students, grades 6-12, and is directed by Marita Ericksen and Chris Dawson.

**Ticketing Information**  
Friday, November 10 and Saturday, November 11 at 7 pm  
Sunday, November 12 at 1 pm  
Katherine L White Hall

Find the Loop on-line at  
[www.vashonloop.com](http://www.vashonloop.com).

Find us on Skype  
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206-925-3837



VCA Members \$10, General \$14, Senior \$12, Student \$6

Tickets to all VCA performances and lectures can be purchased by calling the front desk in the Katherine L White Building at 206- 436-5131 during regular business hours Monday or through Friday 10 am to 5 pm and Saturday noon to 5 pm or online at [www.vashoncenterforthearts.org](http://www.vashoncenterforthearts.org)

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**Wiley Needs A Home...**

Like most tabbies, I have the letter "M" on my forehead. There are different legends about how we came to have that marking. One story says the Virgin Mary blessed a tabby in the manger, and another gives credit to the Prophet Mohammad. How's that for a couple of character references???

If you'd like a more current opinion about me specifically, just ask any of the shelter volunteers. They give me rave reviews for being very affectionate and calm. Maybe that "M" stands for magnificent!

**Go To [www.vipp.org](http://www.vipp.org) Click on Adopt**



# The Cascadia Protocol

The Cascadia Protocol is the latest evolution of my education project, The Natural Philosopher ~ A Curriculum for Ecological Intelligence. This project is entirely a child of the extraordinary community that is Vashon Island, WA, Cascadia. Many of you on Vashon are familiar with this endeavor as it has evolved over the years. I want to thank Steve Allen for providing me the space to think this further through here in the public space in which it was born.

The further evolution of this work that is The Cascadia Protocol is the addition of a deep, personal, local Nature connection to the self-directed learning process. This was facilitated for me by Island naturalist and healer, Sally Ammon. We entered this project in the 2017 Buckminster Fuller Design Challenge...my third time to enter.

In a sentence...The Cascadia Protocol is a model for self-directed, eco-logically structured learning, and deep local Nature connection, in the context of a natural, bioregional mode of human social self-organization.

As the Cascadia bioregion is leading the world in becoming self-aware as such, we’re introducing this model that may serve as a template to be tailored to other bioregions as well.

For those of you unfamiliar with the modern bioregional movement (a movement Bucky Fuller would heartily endorse)...Bioregionalism is the idea that human society is best self-organized as Nature is self-organized. That is, in regions that are biologically and climatically similar. In this way, regions that have similar resource needs can manage those needs and those precious resources more efficiently.



As Bucky pointed out, the present nationstate means of human social organization and the invisible political boundaries that define it, are all the result of warfare and imperialism. This then becomes the context in which we meet our fellow human beings all over this world. The natural topography, weather, wildlife and etc. seem to me to be a better, healthier context for human relating. Besides, the rest of Nature and indigenous cultures are all doing it already. It’s nothing new, in this more real sense.

This is explicitly not a call to political revolution, let me add. Vashon has Dilworth. Seattle has Wallingford. Washington State has The Palouse. The US has The Pacific Northwest. These various means of self-organization and identification exist within the present context. The Cascadia bioregion is only different in that it crosses nationstate boundaries. There is already a Cascadia

Cup played between the professional soccer teams from Vancouver, BC, Seattle and Portland.

The fundamental processes for self-directed education that I promote with my Natural Philosopher project are these...1) Learn to learn and 2) Learn to structure what you learn. That is, learn to put ideas together in a systematic, eco-logical way. This is the domain of Epistemology. Fundamentally and operationally, I describe this as becoming fluent in The Context of Contexts. Meaning may then be treated as a relation between an idea or event and the context in which it is placed.

As an aid to this overall process, I’ve developed a set of Glass Bead Game\* Icons and a set of knowledge diagramming tools (Logical Ecologies) that I will introduce and explain as we go. These tools comprise what seems to me to be a highly functional second order Glass Bead Game\* (and possibly the only extant one)...a concept I will discuss at length in the near so-called future.

As for the Learning to Learn layer of the cake, here’s an overview...

- 1) Familiarize yourself with the nature and proclivities of your own nervous system and sensory apparatus for these are our information gathering systems.
- 2) Get an adequate depth and breadth

of exposure to the new idea system you are studying.

3) Build in the necessary repetition to install that idea system in your long term memory. This takes time and puts a premium on remaining emotionally comfortable in the semi-confused, ‘not knowing’ state of mind. Stick with it and the “Aha!” will come.

As for the knowledge structuring portion, the Epistemology...I maintain that Epistemology is our long lost human operating system. This is fundamentally what The Natural Philosopher and The Glass Bead Game are all about. It is draws heavily upon Gregory Bateson’s “Ecology of Mind” concept. I will discuss all this at length as we go.

The Deep Nature Connection portion of the project is similarly systematic and sensible and, with Sally’s help, I’ll delve into it at length in future articles.

Thanks for your time and attention!  
Rod Smith, creator of The Natural Philosopher, may be reached at rodsmith40@hotmail.com. Sally Ammon may be reached at violet08@centurytel.net for naturalist beach walks and energy healing sessions.

\*See Hermann Hesse’s classic 1946 Nobel Prize winning novel, The Glass Bead Game.

### The Context of Contexts

~ As I've said, I take Nature as the overarching context.  
~ I take meaning as context specific. I treat meaning as a relation between an event and its context. This relation sometimes takes the specific form of an isomorphism.  
~ I take choices of reference points to be context related as well as context establishing. (Not separate, but not confused!)  
~ Remember, he who asks the questions owns the context.

This GBG icon nests the first three letters of c-o-n-text inside each other to self-exemplify the nature of contexts.

GBG Icon:

Meaning  
Context  
Event

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# Planet Waves

by Eric Francis <http://www.PlanetWaves.net>



**Aries (March 20-April 19)**

You must have the discipline not to take things personally in your relationships. This is challenging because relationships are so personal; and yet now, more than ever, people are inclined to live in their own world. What someone is going through may be an unfathomable mystery. It may involve making the same mistakes repeatedly. You might use what you’re witnessing as a kind of therapy process. Are you doing any of this? More significantly, to what extent are you orienting your life on your involvements with others? If you do, you become subject to getting lost the moment they get lost. Start with your own feelings, remembering that “how you think someone feels about you” is coming from you. Your ideas and feelings about sex may provide additional details to your mind-map. Tune in even deeper and you will hear a clear, steady and seemingly new source of information.

**Taurus (April 19-May 20)**

You seem to be a few steps ahead of the complication that’s gripping so many people in your life. You can safely offer your assistance and guidance without the risk of getting too involved. Yet when your ruling planet Venus changes signs Tuesday, you’ll feel more willing to be drawn into someone else’s world in a way you may have never experienced. There is an emotional depth coming through your charts now that’s inviting you to take deeper risks. You may even be feeling a craving to be more vulnerable, which will come as a refreshing development. The people closest to you, including intimate partners as well as the people you collaborate with, have something unusual to offer; though you need to bring yourself fully to the experience, and be willing to hang out a while. Live that day-by-day. You don’t need to double-book your evenings. One plan is enough.

**Gemini (May 20-June 21)**

Use your sense of humor, even if you’re dealing with dark subject matter. The world is a mess right now. You have it pretty good. Using your sense of humor does not mean that everything is so funny. Rather, it keeps your mind on, and evaluating your experiences, and what you see and hear, rather than merely being subjected to them. That you’ll be aware of the serious side of any situation is a given. Yet you are not trapped. You’re not subject to anyone’s power. And the way you maintain your freedom is by keeping your perspective open and circumspect. Walk all the way around something a few times before you decide how you feel about it. If you’re in a meeting, get up and stretch, just so you can see the view from the other side of the room. Note people’s body language. It will reveal more than their words.

**Cancer (June 21-July 22)**

Keep guiding yourself into adventure, whether creative or romantic or erotic. Adventure means the unknown and unfamiliar. This is currently not the way of the world and many people in it: being stuck to familiar patterns is the modern psychic safety net. You don’t need it. You can make new friends and go new places and try things you’ve never done. If you’ve ever had a creative impulse in your life, such as to write or paint or make music, or to dance or act or take photos, or to create lavish dinner parties: now is the time to get busy. This is the year you come into your own as someone who contributes, who feeds the universe with soulful beauty. A year seems longer than it is. Four seasons pass quickly. Dare to experiment and step

into your self-expression in a way you never have before.

**Leo (July 22-Aug. 23)**

You can say anything you want, as long as it’s true. You might over-share, fumble around a bit, feel stilted, or need to repeat yourself: it’s all good, as long as you’re saying what is actually valid and honest. Even if you change your mind or your point of view, you’re still covered: you won’t have to issue a retraction, only a revision. This is the creative process in action. As one artist said, paintings are never finished; they just pause in interesting places. So, by that measure, even your silence matters. Hesitation is a creatively pregnant place. One reminder your charts are offering is about not needing to prove anything. Your true colors will come out when you don’t have to establish the validity of what you say, do or make — as long as you know you’re being real. From your point of view, experience is its own reward.

**Virgo (Aug. 23-Sep. 22)**

Don’t be quick to make financial commitments, or to decide that having money is a lost cause. The single most important thing to remember about finances is that motivation is the key ingredient. From the outside, it may seem like luck or opportunity intervenes in the lives of successful people. That’s merely the window dressing. On the other side of that display is hard work, imagination and the willingness to delay gratification. And behind that is drive. You now have that power flowing through you; and you merely need to harness it, and be steady and dependable about getting your projects done. Your solar chart is vibrating with the message that your ideas are your most valuable asset. This relates to your experience and your base of knowledge. Don’t talk yourself out of this, or let anyone else even try to. Put your mind to work, stick with it, and watch the results.

**Libra (Sep. 22-Oct. 23)**

You’re not as confused or as off-course as you may seem. It’s true there’s a lot going on, and there are those days you seem to be running in circles. Yet what you need to do is prioritize. Ask yourself what’s really meaningful to you and what is not. Ask yourself what’s actually necessary, what’s a sincere desire, and what is a whim. If you take the time to review your experience of the past few weeks, you may notice that you make the mistake of giving up what’s the most important to you, just when you have the chance to make it real. You don’t have to do that, and certainly not for the sake of another person. It’s true that you provide an important point of reference for the people you care about, though in that case, you would be wise to set the example of taking care of yourself.

**Scorpio (Oct. 23-Nov. 22)**

You’re doing well working with partial information. Said another way, you know some things and not others, and that may be working to your advantage. For example, your choices need to go beyond what will serve the purpose of a romantic relationship. Sure, relationships are important, though your emphasis needs to be on your chosen purpose. This is not about what you will do with “the rest of your life,” but rather about heeding the calling to do what you need to do. We live in the age of excuses and distractions. We also live in a time when what passes for the world has been shrunk down to the size of a hand-held video screen. The actual world is a vast, mysterious and unpredictable place, and you would benefit



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greatly from getting a sense of its actual scale by traveling with your physical body. Go someplace unfamiliar and notice how you change and grow.

**Sagittarius (Nov. 22-Dec. 22)**

Mercury has just entered your sign, which will clear up some lingering questions you’ve had about a relationship. Yet if Mercury is doing its job, you’ll have better questions, and you’ll ask them sincerely. You might do it now, while the subject is fresh in your mind and while relationship partners are in the mood to speak. Everyone will benefit from a real conversation, conducted in person, face to face, with all devices left in your bag or in the car. Relationships must never be taken for granted: not the brand-new ones, not the cute old couple sitting on the park bench, and not anything in between. Right now you’re the moderator of the conversation. You set the tone for the quality of communication, and the emotional content you’re willing to share. If you listen with open ears and an open heart, you will learn surprising things about the people closest to you.

**Capricorn (Dec. 22-Jan. 20)**

The world is hungry for justice right now, and you can help provide it. The first way to do that is by being a fair and just person in all that you do, particularly in your most intimate relationships — but in truth, all the time. This will involve coming out of automatic mode, and consciously assessing every situation you find yourself in. While you’re doing this, you may notice the first five or six times how easy it is to go back into robotic thinking, which is another way of saying not really thinking at all. When you take over, you’ll discover that you have more power than you previously thought. You have the ability to intervene in situations where you do no harm — and that is the true metric of fairness. What seems unjust is almost always about one person taking advantage of another. You’re free to declare you’ve had quite enough of this.

**Aquarius (Jan. 20-Feb. 19)**

You’ve been getting the message lately: you need to lighten up. This will take practice, though once you see how well it works, you’ll have additional incentive to stick with the program. You have significant and realistic goals you’re working with, and it will take some time and effort to materialize them. What will help you the most right now is a kind of public relations campaign. I don’t mean writing press releases: I mean relating to friends, colleagues, clients, customers, and whatever you think of as your ‘public’ in a direct and candid way. Go to them rather than having them come to you. Putting this in the simplest terms possible, reach out to people who matter to you, and with whom you want to make contact — and connect. At minimum this would best be voice to voice, though you will go a long way if you bring your body along; go for eye contact.

**Pisces (Feb. 19-March 20)**

You know that when you find yourself in the midst of an insecure spell, it wears off as fast as it came on. So you might skip it altogether, and focus on your confidence. Over and over again, you’ve proven that it’s worth having faith in yourself, because you so dependably come through. If you can remind yourself of that, you won’t hesitate taking on new commitments, especially the ones you truly care about. The theme of your life through the remainder of the year is completing a kind of leadership program that goes all the way back to late 2014. That was a very different time in your life, and part of why it was different is that you’ve put so much energy into making it so. You have other changes that you need to make, and reflecting on what you’ve already accomplished will feed your gumption.

Read Eric Francis daily at [www. PlanetWaves.net](http://www.PlanetWaves.net)

Deadline for the next edition of *The Loop* is **Saturday, Nov. 18**



# Spiritual Smart Aleck

By Mary Tuel

## No, Really, It’s Winter

According to all the calendars I have, winter begins with the solstice, on the twenty-first of December or thereabouts. I say that’s broccoli, and I say the hell with it.

Okay, perhaps you are not as big a fan of New Yorker cartoons as I am, and that reference is lost on you, but what I mean is, if this isn’t winter, it’s a mighty cold autumn. Yesterday it snow-rained for hours. Nothing stuck of course, but icy particles were falling out of the air. For hours. This morning it is 38 degrees Fahrenheit on my kitchen porch.

I think I have to go with the Celts on seasons. For them winter begins with Samhain (Halloween) and runs through November, December, and January. When I consider the actual experience of weather around here, that makes a lot more sense to me than waiting until the shortest day of the year to call it winter.

Usually we have a storm, and/or a freeze in later November, before or around Thanksgiving. Often it’s a Pacific cyclone, strong winds that topple trees and break power lines and leave us freezing in the dark.

We had a wood-fired range before we remodeled the house in 1987, and I’ve had reason to miss it, though I can still cook on top of the wood stove that provides heat when the electricity is off. Improvise, improvise, improvise.

In December, well, who knows? It might be forty-three degrees and overcast and rainy all month with no weather events.

Or it might snow a couple of feet.

Or it might freeze our world solid, and everyone will be out skating on Fisher Pond and having a great time, and the poor high school kids marching through town for the lighting of the Christmas tree will be freezing their little tushies off, while their brass instruments drip when warm breath hits cold metal.

I believe it was Hanukah Eve, December, 2006, when the snow came and the entire island lost electricity. The first day people were in the grocery stores, which were running on generators, laughing and sharing stories. It was a great adventure. That wore off fast.

It was five days before the lights came on at our house, and we were not the last ones to get our electricity back. That was hard. I think of the people of Puerto Rico now, who have been without power for weeks, when I remember how hard it felt to do without power for five days. We still had water, too – many of



them do not.

As hardships go, ours doesn’t look so hard in retrospect.

At that time, Rick was not on dialysis yet, and I’m sure that people on Vashon/ Maury who had that need or other medical needs were in dire straits during that outage. A few years later when the power was out for two or three days before Thanksgiving, Rick did dialysis manually at home, and it was not good. His numbers were all over the place. If that outage had gone on longer, we would have had to evacuate him.

January: there can be more snow, more freezing, and who can forget the Inauguration Day storm that blew in on January 20, 1993? While Bill Clinton was taking his oath, we were getting blown to smithereens. That can happen, but the worst is usually in December.

If you go out in the yard in January, you see the tips of your bulbs coming up. I always tell them, “Go back! It’s too soon!” but they never listen. Crocuses are hardy little pioneers of the garden, and it always gives me a lift to see them breaking through in late January.

In fact, they’ll still be breaking through every January long after I’m gone. That’s life for you. Too committed to quit.

So if you make it through November, December, and January, when February arrives you’re ready for a short month and impatient to get on with spring. February is unpredictable. A little wintery, a little springy.

In the Celtic calendar, spring begins in February, and many of us will have plant starts going inside the house, getting ready for planting when the air and the ground are warm enough. We are ever hopeful, ever looking ahead, ever ready to put our time and effort into the gamble of a garden or a farm.

I have outlined here the weather as I’ve come to know it over decades. I believe that November, December, and January are our winter months. Now that we have climate change, though, it’s probably a good idea to be ready for anything.

I hope we like surprises.

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# A Green and Safe Solution that reduces disease and insect pests on Fruit Trees on Vashon

By Michael Laurie

Diane Emerson and I have been researching and educating the public on pesticides and safe alternatives to them for three years. Some of the most toxic pesticides are some of the ones used on fruit trees, including those with the following active ingredients: Captan, Carbaryl, Malathion, and the class of insecticides known as Neonicotinoids. The science has shown that many of these ingredients are unsafe for us, many are harmful to bees, salmon, pets, and more. To learn how safe the products are that you use on your fruit trees, check out the web site Grow Smart Grow Safe, <https://www.growsmartgrowsafe.org/>

The good news is that the book “The Holistic Orchard” by Michael Phillips provides useful details on the ways to grow healthy fruit without the use of toxic pesticides. One of the core elements of the successful approach is a Holistic Organic Spray Mixture. The book details how the use of herbicides can break up the beneficial fungal mycorrhizal network in

the soil, whereas the Holistic Organic Spray Mixture provides many benefits. These include feeding the tree, building tree health, inhibiting the molting cycle of various pests, stimulating the tree to produce compounds to fight fungus, prolonging pollen viability, helping fruit set, helping to break down leaves on the forest floor, and protecting the trees from climatic stress.

Dr. Ethan Russo, who lives on Vashon, has had very good success in controlling the fruit insects and diseases on his variety of plants by making regular use of this spray since 2012. He reports spectacular success with Apples, Blueberries, Pears, Apricot, Rose, Raspberry, Strawberries, Mulberry, and persimmon.

We are beginning talks with retailers on Vashon about carrying the ingredients for the Holistic Organic Spray Mixture. If we get a retailer to carry the ingredients, we will be putting the word out.

## Orchard Spray Rates

Compiled by Ethan Russo, adapted from Michael Phillips, *The Holistic Orchard*

### Basic Holistic Organic Spray Mixture

Spray Capacity -->	100 gallon spray tank	4 gallon (backpack sprayer)	1 gallon	½ gallon	1 quart
<b>Ingredients:</b>					
Pure Neem Oil	½ gallon (64 oz)	5 Tbs (75 ml)	4 tsp (20 ml)	2 tsp (10 ml)	1 tsp (5 ml)
Dr. Bronner’s Liquid Soap	4 Tbs (60 ml)	2 tsp (10 ml)	½ tsp (2.5 ml)	¼ tsp (1.25 ml)	1/8 tsp (0.6 ml)
Liquid Fish Extract	2 gallons	10 oz. (300 ml)	2 ½ oz (75 ml)	1 ¼ oz (38 ml)	20 ml
Effective Microbes	1 gallon	5.12 oz (150 ml)	1.28 oz (37.5 ml)	0.65 oz (18.8 ml)	0.33 oz (9.4 ml)
Organic Blackstrap Molasses	38 oz.	3 Tbs (45 ml)	2 tsp (11 ml)	1 tsp (5.5 ml)	½ tsp (3 ml)
Kelp Extract	8 oz. (240 ml)	5 Tbs (75 ml)	4 tsp (20 ml)	2 tsp (10 ml)	1 tsp (5 ml)
Yucca Spreader- Sticker	125 ml	1 tsp (5 ml)	¼ tsp (1.25 ml)	1/8 tsp (0.6 ml)	0.3 ml.

### Others organic agents:

Monterey Insect Spray (Spinosad)	6 liters	8 oz (240 ml)	2 oz 4 Tbs (60 ml)	1 oz 2 Tbs (30 ml)	1 Tbs (15 ml)
Serenade (organic anti- fungal)	6-12 liters	8-16 oz (240-480 ml)	2-4 oz (60-120 ml)	1-2 oz (30-60 ml)	½-1 oz (15-30 ml)
Safer Soap	7.5 liters	10 oz (300 ml)	2.5 oz 5 Tbs (75 ml)	1.25 oz (38 ml)	4 tsp (19 ml)
Actinovate (antifungal)	1 liter	8 tsp (40 ml)	2 tsp (10 ml)	1 tsp (5 ml)	½ tsp (2.5 ml)
Liqui-Cop	See	Directions	for	Each	Crop

## Shook Twins Return

Continued from Page 1

\$25 day of show at the door, General Admission

Doors open at 6:30pn / Show starts at 7pm.

Born and raised in Sandpoint, Idaho, Shook Twins are an Indie folk-pop band hailing from Portland, Oregon. Identical twins, Katelyn and Laurie are the main songwriters, but they also back up their band member Niko Slice (electric guitar, mandolin and vocals) adding his uniquely compelling songs to the mix. Barra Brown is on Drums, vocals and Drum Pad, and Josh Simon is on

Bass, vocals, Electric guitar, and synth. Central to Shook Twins’ sound is their wide range of instrumentation: banjo, acoustic and electric guitars, electric bass, mandolin, electronic drums, face drum (beat-box), glockenspiel, ukulele, banjo-head drumming and their signature Golden Egg. Beautiful twin harmonies, layered upon acoustic and electric instrumentation, coupled with Laurie’s inventive use of percussive and ambient vocal loops, and Katelyn’s re-purposed telephone microphone, set their sound apart, creating a unique and eccentric blend of folk, roots, groove and soul.

Deadline for the next  
edition of *The Loop* is  
**Saturday, Nov. 18**

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# PANDORA'S BOX

**Lots of happenings at The Box. Mark your calendar for our annual Customer Appreciation Weekend. We love you, and are grateful for your steady patronage over the years. To celebrate our 34th birthday we have put together some fantastic deals and steals. The ever-popular Swag Bag Saturday will be rolling all day on November 18th - 9-5.**

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By Marj Watkins

Ground Beef Goes Gourmet

You start with the leanest, cleanest, grass-raised beef. You can ask the butcher to grind a pound of round steak for you. Besides its yummy flavor, each low fat serving provides 20 grams of high quality protein, 3 mg Vitamin B12, 5 mg niacin( the happiness vitamin) and a smidgeon of B1, B2, and B6, also 258 mg of potassium.

The herbs you mix into it contribute flavor and good health. The marjoram aids digestion and the sage helps proof you against fall and winter colds and flu.

Meat Balls in Mushroom & Madeira Sauce

4 Servings

The Meatballs:

- 1 lb. ground round or leanest possible beef
- 1 egg, whisked
- 1 teaspoon crushed dried sage leaves or 1 Tablespoon slivered fresh sage leaves
- 1 teaspoon crushed marjoram leaves or 1 Tablespoon chopped fresh marjoram leaves
- 1 teaspoon salt
- ½ teaspoon coarse black pepper
- Dash Rich Osborne’s Chipotle salt, optional
- 2 large or 3 small garlic cloves, minced, divided

The Madeira Sauce:

- ½ lb. mushrooms, sliced
- ¼ cup coconut oil
- 1 large onion, wedge-sliced
- 2 cups hot water
- 2 beef bouillon cubes
- 2 tablespoons Madeira wine, or to taste
- Thickening: 2 Tablespoons cornstarch or rice flour
- ¼ cup cold water

Mix all the meatball ingredients, including half the

Road to Resilience

Continued from Page 1

we are not required to have in order to survive. If we are already adequately housed and fed, more or better housing and food are free choices that should be priced on the market. In this case, they are not necessities. If, however, you have no housing or lack sufficient food, these are not items which you can freely choose to purchase or not. They are needs. Without an abundant supply of basic shelter, our attempts to artificially lower housing prices requires us to carefully screen applicants so as not to step on the toes of housing marketers. We have no way of distinguishing utility housing as a necessity from market housing as a discretionary commodity. There will be no solution to the affordable housing problem until our society shoulds the problem of extreme income inequality and recognizes that

garlic Form balls using a melon baller or small ice cream scoop, or a soup spoon to scoop out enough of the mixture to form balls about 1 ½-inches across. Place them on parchment on a baking sheet and insert the sheet into a preheated 425 degree oven. Bake until nicely browned, about 10 minutes.

Heat coconut oil in wide, deep skillet. Brown the mushroom slices on each side. Push them to one side of the skillet and add the onion slices. Stir-cook onion slices and garlic until the onion becomes limp and glossy.

Dissolve the bouillon cubes in a Pyrex 2-cup measure. Pour this broth into the skillet with the onions. Add the meatballs. Simmer 15 minutes or until the meatballs have no pink in their centers.

Add the Madeira. Mix the starch and the ¼ cup of water. Increase the heat beneath the pan. Pour in the starch mixture while stirring the sauce. Stir-cook until the sauce clears and thickens. Taste and adjust seasoning.

Serve over cooked rice, mashed potatoes, or mashed squash.

any being born on this planet has a right to basic shelter and other survival necessities.

The second problem I want to discuss has to do with the institutions we have developed to define housing and access to it. A tepee or a prairie sod house, economical and efficient housing systems as they are, would not pass code today nor would they be worthy of (or need!) a bank loan. One is not allowed to construct a primitive shelter. We now have thousands of houses across the country, probably a few on Vashon, that lie vacant and mouldering away, while there are thousands out on the streets that badly need that housing. There are some very innovative non-profits that buy these houses for pennies on the dollar like the banks do, and then sell them at the same bargain prices to low income homebuyers. Barring that, we have an irrational situation where we as a society deem that someone must remain out on the street if a shelter that could be accessed isn’t up to the standards of what our society or the market considers a viable shelter. The illogic of this situation screams at us and yet we are unable to correct it.

Vashon Household, along with Voice of Vashon, is putting on a forum on affordable housing on Nov. 14, 6:30-8:30 pm, at the Penny Farcy Bldg. Too often these meetings come and go with never a recognition of the 800# gorilla in the room. We may not come up with any practical actions, but let’s at least recognize the institutional, societal cause and start a movement that may someday address this ridiculous situation.

Comments?  
terry@vashonloop.com

Have a Story or Article

Send it to:  
Editor@vashonloop.com

Anne Braden: Southern Patriot  
Portrait of an Inspiring Civil Rights Ally



By Amy Morrison

Backbone Meaningful Movies presents “Anne Braden: Southern Patriot” at Vashon Theatre, Tuesday, November 14th at 6 pm. The evening is a collaboration between Backbone Campaign and Vashon SURJ-Showing Up for Racial Justice.

The documentary explores the extraordinary life and legacy of Anne Braden, civil rights leader. After she was charged with sedition for attempting to desegregate a Louisville, Kentucky neighborhood in 1954, Braden committed to a lifetime of racial justice organizing, matched by few whites in American history. Braden was hailed by Dr. Martin Luther King Jr. as a white southerner whose rejection of her segregationist upbringing was “eloquent and prophetic,” and named as one of only five southern whites he could count as allies.

In the film Braden delivers a powerful message on the dangers of racism and white supremacy, why it poses such an obstacle to social change, and the necessity of whites organizing with people of color to eliminate it.

Following the screening will be a discussion with Mary Lou Finley, Backbone Campaign Board member, sociologist and professor emeritus at Antioch College, as well as the editor of

“Chicago Freedom Movement: Martin Luther King Jr. and Civil Rights Activism in the North”.

Mary Lou Finley has been an activist since the mid-1960s when she served on Martin Luther King, Jr.’s staff during his campaign in Chicago. She has worked in women’s movements, environmental movements, peace movements and more. She is a co-author of Doing Democracy: The MAP Model for Organizing Social Movements (2001) and co-editor of The Chicago Freedom Movement: Martin Luther King, Jr. and Civil Rights Activism in the North (2016). She is also a Kingian nonviolence trainer, conducting workshops and trainings on nonviolence for many years, and a sociologist and a professor emeritus at Antioch University Seattle.

Mary Lou will discuss her work with MLK and how we can show up in solidarity with movements led by people of color.

Thank you to Island Green Tech and Vashon Theatre for co-sponsoring this event. Admission is by donation to the Backbone Campaign.

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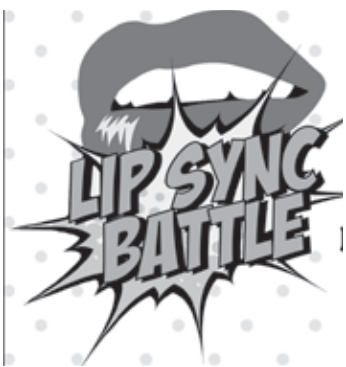


# KVSH Third Birthday Bash Lip Sync Battle

Island officials, celebrities and rock star wannabes are polishing up their air guitars for VoV's Third Annual KVSH Birthday Bash, Friday, November 10, at the Red Bike. It's going to be a Lip Sync Battle hosted by Arlette Moody - Vashon's version of Catherine Zeta-Jones - and starring the people you see or hear from regularly...in a whole new light. Tickets are available now at the Vashon Book Shop and Brownpapertickets.com

The celebration starts at 8PM with warm-up performances by VoV's "The Voice" of Vashon winner, Gus Reeves and his family. Arlette Moody will set up the Lip Sync Battle with an act of her own. Then competing pairs of lip syncers will strut their stuff to one of their favorite tunes; and audience applause will choose the winner of each paired battle.

This is great fun a la



Jimmy Fallon and The Spike Network's Lip Sync Battle. Costumes and comedy are the only requirements. Lip syncers with maximum vamp will have the advantage as well as the most fun.

Some performers will appear by invitation from VoV's party planners. Others are invited to sign-up by emailing lipsync@voiceofvashon.org.

This is your chance to jump onstage and perform that song you've been practicing in your car for years.

# Harbor School Presents a Special Screening of Promised Land

Harbor School is pleased to present a special screening of Promised Land, an award-winning social justice documentary about two tribes in the Pacific Northwest: the Duwamish and the Chinook. The event will be held at Harbor School's main campus (15920 Vashon Hwy SW), on Thursday, November 16, at 6:30PM. The screening is open to the public and a discussion panel with representatives from both tribes as well as the filmmakers will follow. Admission is FREE. Donations will be accepted to support the Duwamish and Chinook Tribal Councils.

This event is co-hosted by Harbor School and Carpe Diem's Race Equity and Diversity Committee. Harbor School is located just north of town at 15920 Vashon Hwy SW, Vashon,

Promised Land is a social justice documentary that follows two tribes in the Pacific Northwest: the Duwamish and the Chinook, as they fight for the restoration of treaty rights



Duwamish Canoe on Elliott Bay, from the documentary PROMISED LAND (2016)

they've long been denied. In following their story, both in our regions shared heritage and in their modern struggles for federal recognition, the film examines a larger problem in the way that the government and society still looks at tribal sovereignty.

Along with the filmmakers, the tribes will be present to discuss their past and future with the community.

Promised Land is produced and directed by Vasant and Sarah Salcedo, and sponsored by 4Culture, Artist Trust, and San Francisco Film Society. It has been chosen for the award for Achievement in Documentary Filmmaking at

the 10th Annual LA Skins Fest, and was an official selection for the 41st Annual American Indian Film Festival, Northwest Film Forum's 19th Annual Local Sightings Film Festival, the 12th Annual Ellensburg Film Festival, and the 5th Annual Social Justice Film Festival, among others.

More information about the film can be found at promisedlanddoc.com and on the film's Facebook page: facebook.com/promisedlanddoc.

About the Directors  
Vasant and Sarah Salcedo are a filmmaking partnership based in the Pacific Northwest. They both have degrees in English Literature and Cinema Studies from the University of Washington and run a media production company together that provides affordable creative services for arts-based non-profits. They have been writing and filming for the past decade and Promised Land is their first feature. Their next project after the documentary is a science fiction film.

# Some'tet



In April of 2013, guitarist/composer Michael Whitmore begins a weekly residency at the Snapdragon Café on Vashon Island. Over the next few years this little 'Sunday night jam' becomes a full-blown ensemble ... the whole jazz, post-jazz, neo-bossa, torch songs from mars, kit and caboodle. Since then, they've been gigging around the Puget Sound area, playing in venues such as The Sorrento, Musicquarium/Triple Door, the Parliament Tavern and the Vermillion. In July 2017, Some'tet was one of only four bands selected for the annual EarShot Second Century Jazz Festival.

Everyone in Some'tet lives on Vashon:

Michael Whitmore - nylon string guitar

Christine Goering - vocals

Barry Cooper - trumpet/flugelhorn,

Kevin Nortness - tenor saxophone,

Patrick Christie - upright bass

Some'tet. The music is both composed and improvised. The overall sound can be mellow, almost west coast cool, but with moments of intense invention. Add a dollop of American primitivism, clusters of neo-bossanova rhythms, the occasional art song, savory free jazz, a torch song, some very soulful vocals and there you have it - Some'tet.

Their first EP "Steps" was released this past spring. Later this winter, the band will be heading back into the studio to record a full-length release. Stay tuned.

Some'tet  
Friday, November 17th, 8:30pm The Red Bicycle Bistro & Sushi. All-ages 'til 11pm, 21+ after that Free cover!

www.sometetmusic.com

# Steve Jensen: Voyages

Seattle-based sculpture and painter Steve Jensen will be the featured artist in the Koch Gallery at Vashon Center for the Arts in November. For the past 35 years, Seattle-based Steve Jensen's work has explored these themes of water, fluidity and voyage. His recent series Voyages drew on his Nordic heritage and connection to water as he dealt with deeply personal loss and sorrow.

"Jensen's work is hauntingly beautiful," says Gallery Assistant Curator Devin Grimm. "From his towering wood sculptures to the intricate carving details on his smaller pieces, the visual connection to water and the concept of change is evident."

Jensen comes from a long tradition of Norwegian fishermen and boat builders. He grew up on and around his father's and grandfathers' fishing boats and in the shipyards in Ballard. After graduating from Cornish College of the Arts, Jensen studied in the University of Washington Master of Fine Arts program. Since then, Jensen has created amazing, highly collected work that has been exhibited widely in galleries and museums across the U.S.

Artist Talk- Friday, November 3 at 5:30 pm

Friday, November 3-22  
Koch Gallery  
6-9 pm



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## TRASH TALK

Community composting lets friends or neighbors join forces to compost kitchen waste, including meat and dairy. Several Vashon groups—at churches and in neighborhoods--have selected a place and a time to collect kitchen scraps in compostable bags to take to the transfer station. Groups gather 200 lbs per week, save on fees, and reduce waste in the landfill.

www.zerowastevashon.org

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Next Loop comes out November 22



# Gail Pettis Trio at Vashon Center for the Arts

Vashon Center for the Arts welcomes the Gail Pettis Trio on Saturday, November 18 at 7:30 pm as the second performance in this year's Jazz Series. A Pacific Northwest favorite, Pettis brings her soulful voice to the Katherine L. White Hall to warm up the fall night.

Named Earshot Jazz Northwest Vocalist of the Year in 2007 and 2010, and First Place winner of the Seattle-Kobe Female Jazz Vocalist Audition in 2006, Gail's rich, warm vocals and understated phrasing have been described as "deliciously soulful" by Cadence Magazine. Influenced by grandfather Arthur Pettis, a blues singer and guitarist who recorded for Victor Records in Memphis, and grandmother Ninevah who played piano around Chicago, music was always in her family tree. Known for her charismatic audience interaction, Pettis has toured through the Netherlands, Japan, and Russia. Her debut CD was warmly received by stations across the United States, Germany, and Portugal, and was nominated for Earshot's Golden Ear Award, "2007 Northwest Recording of the Year." Gail's refreshing readings of standards on this project have been embraced by listeners, resulting in a fourteen-week stay on the JazzWeek national airplay chart, ending up as the most-played new female vocal CD on American jazz radio that year.

Tickets are VCA Member/Student \$18, Senior \$20, Student \$22.

Tickets to all VCA performances and lectures can be purchased by calling the front desk in the Katherine L White Building at 206- 436-5131 during regular business hours Monday or through Friday 10 am to 5 pm and Saturday noon to 5 pm or online at [www.vashoncenterforthearts.org](http://www.vashoncenterforthearts.org)



# Chorale's Holidays Concerts



Plan now to enjoy music of the holiday season by attending the Carols & Cantatas concert on Saturday, Dec. 2 at 7:30pm and Sunday, Dec. 3 at 3pm in The Kay White Theater! Ninety-five singers (including a Youth Chorus) and thirty orchestra members will entertain concert-goers with traditional carols and two cantatas.

Artistic Director Dr. Gary D. Cannon will present his popular pre-concert lectures 45 minutes prior to the start of both concerts.

Marita Ericksen is both directing the Youth Chorus and singing the soprano solo in William Averitt's contemporary cantata "Away to the Skies". Vashon High School senior and soprano Alivia Jones sings a solo in Arthur Honegger's "Christmas Cantata" and Andrew Krikawa of Vashon Opera fame sings the baritone solo.

Audience participation is part of this concert program with a sing-along for several favorite carols. On Sunday, "Guest Conductor" Shannon Flora will provide an additional entertaining element!

Tickets are available at Vashon Center for the Arts ticket desk or online at [vashoncenterforthearts.org](http://vashoncenterforthearts.org). Prices range from \$20 to \$5 and will also be sold at the door before the concerts.

# Live Music at Farmers Market

The Vashon Island Growers Association offers locally grown produce at the Saturday Market, in the heart of Vashon's town. At the Saturday Market, you'll find about 30 to 50 vendors of food and arts and crafts, along with live music. At the market, you can buy Island grown organic produce, meats, even wines, bread and cheese...and special gifts for your loved ones.

Market hours are 10am until 2pm.

Vashon Events is happy to be a part of bringing music to the Vashon Saturday Farmers Market.



On Saturday, November 11th, we bring you Some Hat.

Lifelong friends, Phil Rosenbaum and Jim Ferrari have been playing together for over 40 years. Their first appearance at the Vashon Strawberry Festival was in 1996, and when asked by the music coordinator what the name of their group was, Phil answered, "Some Hat". Neither of them knew where that came from, but the name stuck, and before long they were the house band at the Blue Heron for Friday night art openings, and were regular performers at the the Art Auction.

Some Hat opened for Pearl Django several times at the Blue Heron, and for Greta Matassa, and Grammy award winners Tingstad and Rumble. The duo are versatile musicians, with Ferrari playing flute, tenor, alto, and soprano saxophones, while Rosenbaum plays keyboards and guitar.

On Saturday, November 18th, we bring you Catbird.

CatBird is Mary G L Shackelford and Jim Burke, a wife and husband team who have been playing music together for 38 years. Whether playing Old Time or venturing into some Jazz Standards, their tight playing comes from a deep seated natural give and take that has been developed over their years of playing together. With Mary playing lead on mandolin and Jim accompanying with guitar and banjo, their music will get your feet tapping and your hands a clapping.

## Avery Needs A Home

Bet you can't guess where my name comes from. Well, it's derived from a Middle Ages name that meant elf, or one with supernatural powers. It's very appropriate, because I can cast spells to make people fall in love with me!

I'm not a kitten and walking around can be a challenge, but I have a big heart and I get SO happy when I hear someone approaching. I absolutely love to rub my head against people. Come over to the shelter, and let me work my magic on you!

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