

Comedy Night!

Join us Friday, December 8th at 8:00 pm, at the Red Bicycle Bistro and Bar. The evening features an all-star lineup of locally famous on-island comedians, once again reminding us and our significant others why some trips to the grocery store take much longer than they should. We dare you to run into any one of these comics squeezing melons in the produce section and not completely forget why you're there.

Comedy Night at the Bike is a lot like that and more. One moment you're settled in for a fine burger and beer. The next, you're entertained by the bravado and fearless artistry of those daring enough to bare their souls, swing for the fences and make you laugh. (Red Bike Management discourages "baring and/or swinging." Bare and swing at your own risk.)

A year ago, our island was in shock and mourning. Last time we checked, the constant barrage of synapses telling us "It can't possibly get worse" are still in overdrive. Our nation, our region, our island needs every laugh we can get. And by golly, Friday's line up of the island's most beloved comics (or at least those who could show up) is just the group to do it.

Hosted by the always charming and witty Whiskey Jim of the popular Whiskey Hour Radio Program, we'll cruise through an evening of laughter in style and substance.

Expect sparkling new material from



local humorists and comedians including Chris Austin, Jim Farrell, Richard Moore and Kevin Kim-Murphy.

Your headliner for the night is none other than "The World's Laziest Comic," Pearce Cobarr. Pearce irregularly performs in Seattle when the ferries are aligned and the promoter of an event can adequately answer, "Are you certain there's no one else you can get?"

Cover charge is \$8, and the show starts at 8:00 pm, but show up early and get a seat, because as crazy as it sounds,

Continued on Page 9

Waterworks Collective Celebrates 20th Year on Art Studio Tour

The Holidays Always Begin Here!!

While most of us spend this weekend with our feet on the couch and our brains on tryptophan, artists of the Waterworks Studio Collective will perform their annual feat of holiday magic. Each year the cooperative transforms the studio of Christine and Darsie Beck into a Gallery-Not-To-Be-Missed! on the Vashon Island Art Studio Tour.

Waterworks welcomes 7 new artists this year and altogether 23 artisans working across a dozen + media will form a bustling, pop-up retail experience full of work that defines "local art" through subject matter explored or materials utilized.



2D Gallery

Newcomer Jeff Good shows his evocative watercolors joining vista masters Darsie Beck, Ken Fulton, Robert Horsley and Mike Maher. New artist Megan Minier shares linoleum block prints (a "relief" from her usual gig printing t-shirts at Cowbelle Industries). And photographers Kathleen Webster and Kim Farrell exhibit new scenes and stills.

Ceramics

Organic and unique sculptures by Lin Holley are new to Waterworks' offering



this year, a striking contrast to Chris Beck's functional, fluid forms with Asian influence.

Woodwork

Dale Randles' hand-carved accessories and John Moore's spoons and kitchen implements made from fallen Island trees are sculptures.

Textiles

Winter newcomer Mary Shemeta shows her smashing line of felted wearables in saturated hues. Popular returning artist is knitter Jill Andrews, offering reinforcement to Zoe Cherokee, whose table usually sells out the first weekend! Their 20 busy fingers create colorful knitwear for adults and kids. Lindsay Aickin shares her elegant and

vibrant prayer flags, and Cowbelle Industries bring their line of Vashon & PNW-inspired, block-printed T-shirts for kids and adults, infant onesies and tea towels.

Jewelry

Kate Rutherford returns with Suspended Stone Designs made with rocks collected during her travels as a world-class climber. Kate's pieces



have become a Vashon signature, and juxtapose beautifully with Ginny Ciszek's whimsical, ornamental jewelry and sculptural altars.

Home & Garden

New artist Ellen Parker offers garden prayer flags made of recycled tarps & raingear (a foul-weather detour from printing Cowbelle Industries' t-shirts) while Julie King returns with interior décor and art for the garden created with upcycled, reclaimed materials and found objects.

Gifts

If you have missed the Lavender Sisters creation, the new duo of artisans comprising Cascadia Makers (Jordan Beck & Merrilee Runyan) offers fresh herbal soaps, and Darsie Beck shares his books on travel journaling and the Field Easel Art Bag™.

Calendars & Cards by many of the artists will be offered and The Artists' Tree with ORNAMENTS will command its usual center stage. That popular roomful of SALE items (not seconds, just retired designs) by all of the artists also returns.

Benefit Art Raffle

A basket of goods by all 23 Waterworks artists could be yours, with ticket sales benefiting Vashon Senior Center. Help us support this valuable Island resource.

Preview Party

Don't miss opening night 6:00-9:00 p.m. Friday, December 1, with music by Richard Person & Jim Hobson, and 23 artists' home-made hor d'oeuvres.

Tour Information

December 2-3 & 9-10, 10:00 a.m.-5:00 p.m. Vashon Art Studio Tour Map #13, 7012 SW 240th St. Maury Island waterworksonvashon.com

Join us for our preview and each day of tour for an immersion in local art that will stuff all your stockings while treating you to hot cider, spice tea and an assortment of treats. The holidays begin at Waterworks!

The Road to Resilience

More About Plastic

By Terry Sullivan,

My column on affordable housing in the last issue was one that was first published several months ago. I was delirious with fever at the time last week's column needed to be in and didn't even get it together to tell as much to The Loop. One of my older columns was chosen to fill in, one of my better one's, if I do say so myself. However, there was a meeting announced in that article that happened months ago. I hope not many of you were inconvenienced by that. I will say that there is certainly strong interest/concern out there to deal with affordable housing, and perhaps another meeting, a more interactive one, is in order.

As to my delirium of a couple weeks ago, some plucky streptococci pioneers staked out 250 acres on the back of my right calf. My intellectual self was somewhat worried, but my body went into full out paranoia, fever, shakes, aches, and nausea. To make a long story short, I ended up in the hospital on IV antibiotics and witness to a dramatic and humbling display of our dependence on plastic.

We all know that our hospitals are veritable germ resorts, but it is hard to imagine how bad they would be without plastic. I was barely there five minutes before the first plastic package was being removed and thrown away. Inside was more virgin plastic that would also be

tossed after being used. In the old days, metal and glass would be sterilized and reused. The problem was how to keep it sterile until it could be used again. There was also the question of how thorough the sterilization was. After all, the object was just used on somebody that was sick and possibly crawling with voracious bacteria.

Sanitation is certainly a consideration with food handling, as I discussed a few columns back, but finding alternatives to plastic use in the healthcare industry is considerably more daunting. It turns out that the healthcare industry turns out about 1,500 tons of plastic every day. On the bright side, about 85 percent of that is relatively germ free and either number 2 or number 5, both of which can be recycled somewhere. As I said in the previous column, it is not actually recycled to organic substances, but is down-cycled into deck boards and such. It is all still plastic and cluttering our planet. Until we as a society put a price on plastic garbage, and make producers more responsible for the plastic refuse their products create, it will be difficult to move us toward changing our habits and being responsible for our plastic pollution.

If we concentrate on the low-hanging fruit, we can make a dent in our plastic

Continued on Page 9



Windermere

REAL ESTATE

To our Friends, Families, Clients,
and Neighbors,



HAPPY THANKSGIVING



~ from Windermere Vashon



UNLIMITED POSSIBILITIES - Splendidly sunny 3+ acres of pastoral property & some view. Three bdrm/ 2bath home is rustically charming w/ wood throughout & vaulted ceilings.

#1217936 \$550,000



WATERFRONT HOME - 3,000+ sq. ft. home on Paradise Cove with 90' of low bank, west-facing frontage. Views from almost every window and accodion doors to deck.

#1035818 \$1,135,000



RECREATIONAL CABIN - on .74 acre of view property in a beach community. Prime location, verdant nw forest, privacy and small redwood home. A place for minimalists!

#1208774 \$180,000



BURTON PENINSULA HOME - Sophisticated west-facing Burton waterfront bungalow modernized in 2016. Views of marina. Enjoy the quintessential Northwest lifestyle!

#1204944 \$1,695,000 (last list price)

VIPP Presenting Sponsor



WINDERMERE VASHON

www.vipp.ggo.mobi

Windermere Vashon is proud to be
the presenting sponsor of

The 2017 VIPP Online Auction

Please help support this critical fund-raiser for
this beloved Island non-profit!

Nov. 10 - Dec. 3 vipp.org

It's All About YOU! ■ windermerevashon.com 17233 Vashon Hwy SW 206-463-9148



Green Friday

11am-2pm

New Gifts at Granny's Low Prices

*Granny's Gift Certificate is
Always the Perfect Gift.*

Granny's is at Vashon Plaza!
17639 100th Ave SW, Vashon
www.grannysattic.org 206-463-3161

Retail Hours:
Tues/Thurs/Sat 10-5



Donations Hours:
7 days a Week!
9am-5pm



Sunday - Thursday
Bistro & Sushi service
11:30am to 9pm
Lounge is Open
11:30am to midnight

Friday & Saturday
Bistro & Sushi service
11:30am to 10pm
Lounge is Open
11:30am to 2am

17618 Vashon Hwy SW
206.463.5959
www.redbicyclebistro.com

Live Entertainment
Friday, December 1, 8:30pm
OneNiteStand

Friday, December 8, 8pm
Comedy Night!

Friday, December 15, 8pm
Subconscious Population
Ron Hook Birthday Bash

Now Playing
Thor: Ragnorok



Coming Soon

Phil's Camino
December 1 at 6pm

Greentech: Standing Rock
December 5 at 6pm

Royal Ballet: Alice in Wonderland
December 6 at 4pm

Murder on the Orient Express
Starts December 8 - 14

*METropolitan Opera:
Hansel & Gretel*
December 9 at 1pm

Canaletto and the Art of Venice!
December 10 at 1pm
December 6 at 4:30pm

Vashon Theatre
17723 Vashon Hwy
206-463-3232
Call for Times

For show times and info check
www.vashontheatre.com

Find *the Loop* on-line at
www.vashonloop.com

Compost the Loop
*The Loop's soy-based ink
is good for composting.*

The Vashon Loop

Contributors: Kathy Abascal, Eric Francis, Terry Sullivan, Orca Annie, Seán C. Malone, Mary Litchfield Tuel, Marj Watkins, Peter Ray.

Original art, comics, cartoons:
Ed Frohning

Ad sales and design: Steven Allen
Phone 206-925-3837
Email: ads@vashonloop.com

Editor: Steven Allen
Email: editor@vashonloop.com
Publisher: Steven Allen
PO Box 1538, Vashon, WA 98070
Phone 206-925-3837

Published every other week
by Sallen Group
Vashon Loop, Vol. XIV, #24
©November 22, 2017

Loop Disclaimer
Paid advertisements in The Vashon Loop in no way express the opinions of the publisher, editor, or staff. Likewise articles submitted to the Loop in no way express the opinions of the publisher, editor, staff or advertisers. We reserve the right to edit or not even print stuff.

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Alzheimer’s Association Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer’s Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

VIPP Holiday Wreath/Swag Sale

The Land Trust Building
Fri: Nov 24th 12-4p.m.
Sat: Nov 25th 10-4p.m.
Sun: Nov 26th 10-2p.m.
Stop by & purchase one or more of Vipps’ Holiday Wreaths/Swags starting at \$25. Each year our all volunteer crew craft these holiday delights out of fresh fir, cedar, holly & lots of extras which is then topped off with a beautiful bow. To pre-order a wreath or swag please email volunteer@vip.org
Vipp will also hold our annual “Nikki Champlin Neighbor to Neighbor Pet Food Drive”. Items in particular need are:
Wet or dry cat food
Wet or dry dog food
Clumping litter
Please drop off any donations at the Land Trust Building during the Holiday Wreath Sale.

ACA Enrollment at

King County Health Department will be at the Vashon Library to Sign-Up or Re-New ACA Health Insurance.
Wednesday November 22nd, 12:30 pm - 3pm
Saturday December 16th, 11:30am - 5pm
Wednesday December 20th, 12:30pm - 3pm
At the Vashon Library

Public Hearing Notice

On Monday, December 4, the King County Council is scheduled to take a final vote on the proposed 2017 update to the 2016 King County Comprehensive Plan and the proposed adoption of the 2017 Vashon-Maury Island Community Service Area (CSA) Subarea Plan (Proposed Ordinance 2017-0317.2). Prior to the vote, a public hearing will be held, which will be an opportunity for in-person public testimony. The hearing will take place at 1:30 p.m. on December 4, in the Council Chambers on the 10th Floor of the King County Courthouse at 516 Third Avenue, Seattle, WA. A summary of the proposed changes and more information about the scheduled hearing can be found on the Council’s Comprehensive Plan website.
The Council will continue to take public comments on the proposed plan up until final adoption. In addition to the opportunity for in-person public comments at the public hearing on December 4, comments can also be easily submitted electronically at any point in the process, either by:
emailing CouncilCompPlan@kingcounty.gov or
clicking on the “Submit online public testimony” button on the home page of the Council’s 2017 Comprehensive Plan website.
More information about the Council’s 2017 Comprehensive Plan update process can be found on the Council’s website. If you have questions about the Council’s process, please email CouncilCompPlan@kingcounty.gov.

Revolution Vashon

Revolution Vashon meets the third Tuesday of every month. We focus on issues, activities and possibilities to forward the Progressive point of view. . All welcome. 19834 Vashon Highway - 6:00 to 8:00pm. Questions call 206-496-4174.



It’s Gonna Get Ugly

It’s Gonna Get Ugly at Vashon Senior Center on December 9 at Ugly Sweater BINGO. Sisters of Perpetual Indulgence, Glo and Bebe, will be the callers. Doors open at 6PM. Play begins at 7PM. Buy your tickets now at Vashon Senior Center M,T,W or F 9AM-3PM. Tickets cost \$20 for non-members or \$15 for members. Hurry, this event will likely sell out!

Getting Out!



These intrepid explorers enjoyed a Vashon Senior Center field trip to the Wild Felid Advocacy Center on Harstine Island. This facility houses wild cats including tigers, lynx, and bobcats, who are in need of shelter to “reconnect people with wildlife by introducing visitors to rare, threatened, and endangered species - up close and personal.” Trip leader, Cheryl Richmond, said, “They wouldn’t let us take pictures inside the sanctuary but, trust me, it was well worth the trip.” Be adventurous; join the Vashon Senior Center!

Have a Story or Article

Send it to:
Editor@vashonloop.com

Find us on Skype
Vashon Loop
206-925-3837

Next Edition of The Loop Comes out Thursday December 7

Deadline for the next edition of *The Loop* is
Saturday, Dec. 2

Local Weather
www.vashonweather.com
Local Rain Totals
Temperature hi/low
Wind Speed & Direction
Barometric Pressure
Weather forecasts



THE COUNTRY STORE & FARM
WWW.COUNTRYSTOREANDFARM.COM

Save The Ferry Fare Shop Local! Check out our BLACK FRIDAY SALE!

We Ship UPS



AUTHORIZED DEALER

The Country Store & Farm
20211 Vashon Hwy SW • 206-463-3655
Open 7 days a week: Mon-Sat 9 to 5:30 • Sun 10-4:30
www.countrystoreandfarm.com

Follow us on Facebook: 

Kokedama Workshop At Mukai Farmstead

Friends of Mukai is sponsoring a workshop for adults in making Japanese Kokedama for holiday decorations and gifts at the Mukai Farmstead and Garden, 18017 107th Ave SW, Saturday, December 2nd from 1-3pm.
Kokedama is a centuries old Japanese garden art that offers a delightful way to display plants, greenery and flowers. The name comes from Japanese “koke” meaning moss, and “dama”, meaning ball, or moss ball. The practice of making moss balls was probably an offshoot of bonsai. Kokedamas make unique personalized gifts or lovely holiday centerpieces.
Instructors are Gerie Wilson and Yuka Mullen. The \$45 Workshop cost covers all materials. For more information, or to register, contact them at quiwah@gmail.com or call 206-462-9955.

Open House at Mukai

Visitors will be welcomed at the Mukai Farmhouse and Garden on Sunday, December 3rd from 1pm to 4 pm. At 18017 10th Ave SW. lives of the Mukais and Come to explore the property and to learn more about the history of this fascinating place on Vashon.

Law Offices of

Jon W. Knudson

Parker Plaza * P.O. Box 229

Bankruptcy -- Family Law

463-6711

Mad as a WetHen Or the Creosote Cure



By Seán C. Malone

I put a coffee can over Matilda’s head so she wouldn’t peck me and reached under her warm body for the eggs. There were quite a few, as Matilda had been hiding her eggs in the woodshed. I could hear her pecking the inside of the coffee can as I cleaned her nest of eggs, bound for the breakfast table and other good things. It was Matilda’s time for sitting on her eggs, which is called setting, but Dad told us not to let her do it. After three days of liberating her eggs and watching her sit on the empty nest all day long, I sprayed her with the garden hose to discourage her from setting and encourage her to get busy laying eggs again. Matilda was a mad wet hen and let me know it with her squawking and running around the yard, flapping her useless wings to get the water off. After a couple days of being roused from her nest in the woodshed, she went back to laying an egg a day in the chicken house, which was 3 feet deep in the manure of many generations of the chickens who came before her, so deep that you had to bend over to get to the nests against the back wall. Some day we would have to clean it with a wheelbarrow and pitchfork.

We had 21 Mallard ducks at Cove and one that lived in the house. Ce-Ce was called that, because I’d heard some peeping from an egg that hadn’t hatched by the time the hen left the nest, thus a caesarean birth, which Dad performed in a straw filled shoe box on top of our unlit oil stove. Her pooping on the floor led me to make a little cardboard pan that she towed behind her to collect the droppings. The idea came from Mom, who had said, “Too bad Ce-Ce didn’t have a little trailer that she could pull along behind her.”

When Mom called the cats for their milk, Ce-Ce came running into the kitchen

to skid on the linoleum floor and spill her pan. The manure trailer didn’t work out. She tried to beat the cats to the milk dish where she commenced to violently shake her head as she strained the milk for bits of cat food, just the way she would in the wild, except that she drenched the cats with the milk and they seemed to enjoy it, as they lapped away from the dish with their eyes closed.

The neighbors up the hill had a handy-man and we called him “Old Bill,” because I don’t think we ever knew his last name. He lived in a small frame shack and made his own dill pickles, much hotter than Mom’s.

“Why are you sniffing,” Bill asked me and when I told him that I had a cold, he marched me to the barn where he had been dipping fence posts in Creosote to keep them from rotting in the wet ground. “Here have a drink of this,” he said, as he handed me a cup full of Creosote. I gagged on the black stuff, but managed to get some of the vile liquid down my throat and can’t remember whether it cured my cold or not.

Bill was a retired fisherman, and when he milked the cow, us kids would go to the barn to watch him feed the cats. He would squeeze two teats with both hands, making a hiss-hiss sound as the milk flowed into the frothy bucket, all stainless steel, shiny in the sun. He had four cats that lined up behind the cow, wary of being too close to the cow’s hooves. “Old Bill” could squirt a cat four feet away. Their milk soaked faces reflected great pleasure as they wiped them with their paws?

Sean@vashonloop.com

KVSH

101.9 FM

Vashon’s Own

Community Radio Station

Art Studio Tour: Driven By Art!

By Liz Lewis

Holiday 2017 Vashon Island Art Studio Tour, Dec 2-3 & 9-10, 10am-4pm

It might start with material, process, idea or feeling. And then, the work of the artist begins to propel itself! The regular rhythm of the Art Studio Tours each December and May certainly drives the productivity of the artists, who structure their work cycles around their studio sales.

Here at Liz Lewis Pottery and Friends (#22 on the Tour map), Karen Fevold, Marla Smith and I chat while we make pots. We are in the studio now every day and sometimes into the night. Karen is determined to make time for experimentation while maintaining her production goals. Her decorating process, “sgraffito,” involves skillful carving through the white slip to the terracotta clay beneath. On some pieces she waxes the surface before carving and inlays a color into the lines – lovely! Marla uses porcelain for her slab built ware. Though challenging to work with, porcelain has a luminous look, a luscious feel and the ring of excellence! Marla carefully crafts her functional forms, giving attention to the smallest details. Her pots are both elegant and engaging! In my work, I find small changes happen with intense production –an old favorite form morphs into a slightly new one, the new bright orange finds its way into the arrangement of concentric colors, a request from a customer blooms into a brief re-emergence of the old rose pattern...

A visit to the Beall Greenhouses might include a philosophical conversation with basalt stone sculptor Anthony Kaufmann 3000bc Studios (#19 on the tour), and a glimpse of the powerful tools and process of his art form. Also at the historic Beall location resides the Quartermaster Press studio (#18), a congenial group of printmakers who share with visitors their passion for using an array of printing techniques to create their offered prints, cards and calendars.

It’s fun to visit Alex and Jean Echevarria at WabiSabi Studios (#20). Jean is a print maker specializing in reduction wood block prints – she will happily tell you how it is done. Her designs are simple and evocative. Alex carves concrete Jizo garden sculpture figures – mostly kind, sometimes sternly protective.

Morgan Brig makes “playful and



Karen Fevold decorating a pot

unorthodox” figures and animals from clay, metal, cloth and found objects. Narrative titles make us look, then think, and then, look again! This season Ken Widmeyer will present his watercolor landscapes in the studio with Morgan (#7). His painting of our Pt Robinson lighthouse is featured on the cover of our Art Studio Tour brochure!

Uptown , Open Studio Building@ Hinge Gallery will be fun to check out. Brent Houston has made some captivating etchings of simple Vashon Island scenes we love. Author Jesse Johnson will co-exhibit his amazing text-based prints!

Out on Dilworth, visit our island bell maker, Gordon R. Barnett at Studio#28. He creates beautiful, wearable resonant miniatures cast in sterling, bronze and gold. Musical jewelry! And on down Glen Acres Rd (keep going, you haven’t missed it!), visit #29, Erin Schulz Studio, to drink in the beauty of her classical oil paintings (many sizes and subjects).

All these studios and many, many more! The Art Studio Tour is a 2 weekend event, Dec 2&3 and 9&10 from 10am-4pm. Plan on taking more than one ride out to the far reaches of this island to visit the studios, enjoy the art, the community and the occasion, and do some special shopping!

Pick up a tour brochure, available at most island businesses, or go online to www.VashonIslandArtStudioTour.com for a color map, and descriptions of the 32 stops. Invite a friend or two and do the Art Tour!

Charlie Boy Needs A Home...

Have you ever heard of shoulder cats? Well, you’re looking at one. I’ve been known to ride around on a person’s shoulders. It’s probably because I love to be close to people, and I want to see the world from their vantage point. Another unusual quality of mine is that I know how to walk on a leash. Hmm, shoulder-riding and leash-walking . . . I wonder if I might be part parrot or dog. One thing is for sure – I’d like to be ALL yours!



Go To www.vipp.org
Click on Adopt

Want To Get Rid of
That Junk Car or Truck?

Fees may apply, please call for information

Rick’s

Diagnostic & Repair Service Inc.

206-463-9277

Washington Hulk Hauler’s - License #0463-A

www.ricksdiagnostic.com

Island Life Yellow

By Peter Ray
pgray@vashonloop.com

Well, for those who have been counting, or reading what goes on here, I have to say that so far the whole exercise thing has been a bust. I would say that in part, I have been avoiding the physical side of things because I’ve been trying to finish up other projects in deference to all those pre-resolution day sales and specials- the ones where if I finally edit the lectures I’ve been recording at the VCA for the past year, a certain local station will send me a check. I won’t say that it is a big check or one that will fund my holiday, tropical trip that was never happening. But I am happy with how they are turning out and it will be a relief to say that they are finally done, and then on to this year’s collection, and perhaps to some exercise with all the spare time I will now be freeing up. I will just have to figure out how to stop our pit bull from trying to chew on my bike shoe whilst pedaling inside on my trainer. I suppose I could do it on the porch, but then she would either just stick her head out the cat door and bark at me like some disembodied demon, or continue the destruction of the bottom glass panels on the door by incessantly scratching until I stop. In truth, a bit of that is just excuse making on my part.

The one thing I cannot put off with the holiday and birthday celebration fast approaching this week is the making of a card for one of our visitors. The taking of photos and printing of any kind of card is always a welcome break from most anything. It is one of those things that I look upon as being a gift of these modern times. I did many years ago also make cards and postcards from my photographs, but they were at times somewhat crude and mostly long in the making. I just find it a bit magical to be able to grab a camera and wander out into the yard and find some vision of intrigue that might easily move from digital image to digital print, sometimes in a matter of minutes. And with pre-made, folding cards and matching envelopes, it is a bit like having a Hallmark store in one’s own studio, hopefully without the banal quotes and soft focus schmaltz.

One of my favorite outdoor subjects that barely requires a few steps out the back door is the gangly Viburnum x bodnantense that has been surviving in ever deepening shade next to the house for nearly thirty years. Even though it has now stretched so far that a few branches have tipped partly over and blocked a good bit of the back steps, I have resisted cutting it back in anticipation of it doing its thing, which is to flower in fall and early winter bloom. As it is, the white with pink clusters of buds have begun popping, and the branches that are over the steps and in much more sunlight than the rest of the plant, are dotted with these small bouquets. There are a few pink buds on the Rhododendron ‘Christmas Cheer’ that have started to open at a house up the road, but what they don’t have is any fragrance, which is always what I wait for with the viburnum. At this time of year especially, a new scent on the air is always welcome- what tends to keep it at bay though is the lack of warmth in the ambient air. Between the dumping rains and the chilly temperatures of the moment, one is hard pressed to detect any fragrance at

all out there. But on the chance of a slightly warmer, drier day, one is rewarded with an aromatic, seasonal surprise as one passes underneath or nearby. While I have thought that cutting a branch with these flowers and bringing it into the relative warmth of the house would unleash a flood of fragrance to any room it is brought into, I have found that the best aroma production comes from a warm, spring-like day out of doors.

Of course, we do not get many warm, spring-like days around these parts this time of year, so I’m often left waiting for a viburnum fragrance window to appear. On the other hand and on the other side of the yard, the hybrid Oregon grape relative, Mahonia ‘Charity’ is now just starting to deck out its multiple clusters of six inch flower spikes with medium yellow flowers. Over its dark, spiny foliage, this mahonia seems to make its own sunshine, although it has no discernible fragrance. Another thing it does is attract any local hummingbirds that are still around to feast on a bit of natural nectar as an alternative to all of those red sugar water dispensers. Besides providing a stark tonal and textural contrast to these yellow spires, the dark and prickly foliage of this mahonia tends to snag any of the bright yellow, narrow lobed leaves of the Russian maple next to it that I grew from seed many years ago. Normally its yellow leaves tend to stand somewhat alone in the sequence of fall turnings, but it seems that this year the yellow chorus has been coaxed by some unseen force to all raise their leafy voices in unison. The same is usually true of the seedling snake bark maple next to the northeast corner of the house. It is normally the last to turn a brighter shade of yellow from a dark green in a matter of a few days, and usually later than its varied neighbors. But as I look out the north facing kitchen window, the dark columns of the towering firs are all interlaced with sweeps of salmon berry, birch, maple and alder, all turning at once.

While I had been kind of making note about what seemed to be a much more concerted fall foliage display around the house, it wasn’t until I went out for a drive around the Island the other day that it struck me how uniform this change has been this year. It helped that it was cloudy and raining, so instead of there being bright sun spots and dark shadow, everything was evenly lit, and the yellow bands and masses of yellow foliage tended to weave and blend through the greenery of the fir and cedar, as opposed to standing in stark bright golden contrast next to the nearly black green of the forest on a sunny day. As I drove and wound through Cedarhurst and along the Westside highway I was reminded of a day almost twenty years ago when I was coming back across the country on my motorcycle after riding the other way to New England. I was somewhere in Colorado on a winding, elevated highway that snaked over and along side a riverbed at the bottom of a fairly tall and steep canyon. What I recall is that it was just before sunset and the light was a warm tone that made the turning aspens along the river glow an intense yellow. It was one of those things that I wanted to stop and photograph, while at the same time knowing that if I did there would be no way it might convey the feeling of flying along a river on two wheels in that warm colored, reflected fall light of a Colorado sunset, so I kept going. As my current circuit found more bare trees along its course over the top of the Island, it was apparent that the timing of this ride had been fortuitous, as the yellow wave seemed to be quickly passing, even though the yellow that flows through my north woods seems like it will persist till spring.



Resident Orcas and Native Art

By Orca Annie Stateler, VHP Coordinator

Throughout November, Southern Resident orcas have teased us a few times by changing direction between Dilworth and the north end ferry lanes



Ino (L54) with nursing calf Keta (L117). Josh McInnes photo, 2013.

-- dashing hopes of any Point Robinson encounters. One of those occasions was at Loop deadline! Fortunately, our intrepid colleagues Mark and Maya Sears deployed in their research boat, in the rain, to obtain identification photos and collect samples. Confirmed IDs include K Pod and the exotic L54s, who rarely visit Vashon. Born in 1977, matriarch Ino (L54) travels with a male entourage consisting of her two sons, Coho (L108), born 2006; Keta (L117), born 2010; and two adult orphans, Nyssa (L84), born 1990, and Wave Walker (L88), born 1993. Nyssa and Wave Walker are the lone survivors of their matriline. To elaborate on my standard reminder: Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS & STRANDINGS ASAP TO 206-463-9041. When reporting a sighting or stranding, be specific: date, time, location, travel direction, species description, number of whales/critters, and behavior observed. We prefer phone reports, but if email is the only way to coax you to report to us, send sightings and photos to Vashonorcas@aol.com. Your photos of marine mammals are valuable for ID purposes.

Mark Sears launches from West Seattle, so timely reports from all Vashon ferry routes are extremely useful. Surely, one or two Islanders could call when whales grace the commute. Leave a number in case we need more details. Do not assume we will find stuff posted online by happenstance. As ever, we are grateful to everyone who reports directly to us.

We DO NOT disseminate sightings to

whale watch boats. Noise and disturbance from whale watching vessels threaten the recovery of our remaining 76 critically endangered Southern Residents. November is Native American Heritage Month. Through the holidays, Tlingit artist and master carver Odin Lonning’s stunning, award-winning work is on display at Bookman West, inside Minglement. The show features traditional and contemporary pieces that honor Killer Whales and other Animal Relations. At a time yet to be determined, Odin will speak about how fundamentals of Tlingit art and culture inspire his work. Native societies do not compartmentalize art. First Nations embrace the intimate connections among art, science, sense of place, and spirituality. Indigenous wisdom now commands more attention from a world rapidly losing biological and cultural diversity. For more information call 206-463-9041, visit www.OdinLonning.com, or email OdinShark@aol.com.

Loose Change

R&B Band

Loose Change is now booking for your summer parties. We have dates available Call Troy @ 206-794-9451

Find the Loop on-line at www.vashonloop.com.

Compost the Loop

The Loop's soy-based ink is good for composting.

FOR ORCAS AND FOR ISLANDERS PLEASE REPORT LOCAL WHALE SIGHTINGS ASAP TO 206-463-9041 Vashon Hydrophone Project Orca Annie Stateler and Mark Sears Vashonorcas@aol.com Support Vashon-Maury Island Whale Research Sightings NOT Disclosed to Whale Watch Boats vashonorcas.org

The Cascadia Protocol

By Rod Smith

The Cascadia Protocol is a model for self-directed, eco-logically structured learning, and deep local Nature connection, in the context of a natural, bioregional mode of human social self-organization.

Meaning The
Context Structure
Message of Sense

terms involved cannot be meaningfully separated from each other because they are defined in terms of each other. Context and Event relate and Meaning is a part of what comes out.

Here's a story about context that I got from Stephen Covey. It illustrates what The Structure of Sense is talking about. A guy is on a subway car one afternoon. A man and his three children enter the car. The father sits down and begins to read his paper. The kids, meanwhile, proceed to run amok in the subway, screaming and hollering and bothering everyone. And it goes on and on.

After a while, the first guy decides it's time to speak to the father so he walks over and says, "Excuse me, but do you think you might get your kids to behave?" The father looks up from his paper and says, "I'm sorry. We've just left the hospital where their mother just died and none of us quite know how to behave."

Boom..context changes and meaning changes. Initially, it appears as though the fellow with the children is just being neglectful of his familial and civic duties. This seems like the context in play. Therefore, correction and possibly rebuke are in order. But once the true context comes out, then the meaning of everyone's behavior changes. Now, the context is one of understanding and compassion.

When in doubt, zoom out, I say. When you don't know what to do, look at a bigger picture. Get more context and see what you see.

Open Studio Building at Hinge Gallery - Vashon Island Studio Tour



This studio tour, Hinge Gallery with throw open the doors to our private back studio building with a curated exhibition of etchings and paintings by shop owner/artist Brent Houston and local text-based printmaker and author Jesse Johnson. The exhibition will feature new works from both artists, working independently within the print medium, as well as new oil paintings from Brent Houston.

The exhibition will be on view the first two weekends in December and will add extended shop hours: Tuesday - Saturday 10 am - 5 pm, and December Sundays 10 am - 4 pm. The exhibition Opening will take place First Friday, December 1st from 6 - 9 pm.

Hinge Gallery is located on Vashon Hwy at 174th. Visit www.hingegallery.com for more information.

Be sure and come out my opening at Vashon Intuitive Arts (next to Pandora's Box" on the First Friday of December. I'll have cognitive art posters from The Natural Philosopher as well as tie dye. Music starts at 6:30.

Rod Smith, creator of The Natural Philosopher, may be reached at rodsmith40@hotmail.com. Sally Ammon may be reached at violet08@centurytel.net for naturalist beach walks and energy healing sessions.

Insurance that Island Medical Providers accept for the Affordable Care Act 2018															
	Aetna	Ameri-group	Am-better	Com-munity Health	Cigna	Coor-dinated Care	First Choice	Group Health	Lifewise	Molina	Premera	Regence	Tricare	United Health	Apple Health
Maxwell Family Medicine (see note)	X				X		X	X	X		X	X 1st choice			
Neighbor Care	X	X	X	X 1st choice	X	X	X	X	X (premera)	X	X	X	X	X	X
Vashon Natural Medicine					X (out of network)			X (out of network)		X	X	X 1st choice			Molina
<p>Maxwell Family Medicine has started a membership program for people who have a high deductible or who are on Medicare. Call for information. 206-463-1480</p>															
<p>Vashon Pharmacy - insurance accepted: 90-day option: Kaiser-Perm (formally Group Health) Aetna Medimpact (ODS healthplan) 30-day option: Cigna Healthspring, SilverScript, Humana, Wellcare Classic, United HealthCare, Asuris, Express Scripts, Regence, Envision RX, Community Health</p> <p>Also accepts ALL Apple Health plans (Medicaid)</p> <p>The Vashon Pharmacy will be happy to sit down with you to help figure out the best choice based on your specific prescriptions. This is by appointment only. 206-463-9118</p>															



Planet Waves



by Eric Francis <http://www.PlanetWaves.net>

Aries (March 20-April 19)

What does the word spiritual mean to you? It has to go beyond incense and candles. Your chart is describing a situation unfolding in your life that requires you to bring your highest awareness to your experiences and your relationships. It may be enough to say that spiritual is about love, though there would have to be a series of exceptions and clarifications for that to be true. As an opening framework, I would propose that spiritual is about trust. It's about awareness of your relationship to existence: for example, how did you get here, and what are you doing here? In what ways do you see yourself as connected to all of existence? When you were young, the older people around you gave you a concept of God. Have you questioned, challenged or investigated that concept, and what is your relationship to it today? Each of these questions is really a tool. Keep them ready this week.

Taurus (April 19-May 20)

For many reasons, your sexuality is one of the most important places where you learn about yourself, about your partners and about the world. The fact that our society reduces sex to some blend of crime, harassment, scandal, advertising and porno does not stop you. Your connection is too deep for that; your knowledge is intuitive, and you've had your ideas confirmed over and over again. If your body and your feelings have served as a dependable spiritual divining rod at any point for you, you will be lit up by the current astrology, most of which is taking place in Scorpio and Sagittarius (the two signs primarily associated with relationships for you). Your points of reference are both physical and nonphysical. For as grounded as you are in your body, you have a deep and deeply alive streak of mysticism. You are willing to face the mysteries.

Gemini (May 20-June 21)

Go back to some of the times when you felt threatened as a child, but also knew you would survive. You were a clever, alert kid, and you were always a few steps ahead of the adults. You may have been frightened, but knew you had some unusual form of protection around you. Do you still feel that protection today? It's worth questioning whether being under that umbrella has, as an adult, shielded you from certain experiences that you want and that you need. If you drop those defenses, you will expose your vulnerability. That's the necessary step for a true exchange to happen. You may feel like there's too much going on for you to be able to do that. You may feel like you're under pressure that you don't understand. You may not like the power dynamics of your current sexual and relational opportunities. As such, you may feel like the best thing to do is withdraw or shut down. However, that's unlikely to be true.

Cancer (June 21-July 22)

This will be a busy week at work. Make it a meaningful one. Indeed, one of the great gifts of those born under your sign is to bring something deeper to your daily activities, your most modest efforts and, in particular, the most serious assignments you take up. Whatever you're doing, bring your full attention to it: there would seem to be an important project you're developing, or at least some pressure at work to get the job done right. You play a role in this, particularly early in the week, though you may feel like you're less significant than you really are. Strive to do your part well. Be available to take

leadership when necessary. Remember that the work you do is not really about someone else. The quality you invest in anything, and the devotion, and the sense of honor you bring to the work, are all about you. And that's also true of whether you think something is meaningful.

Leo (July 22-Aug. 23)

You may be feeling that your romantic, creative or erotic life is like a London youth hostel on the first day of the summer season. Who are all these people (or what are all these ideas), where are they from, and how are you going to handle them? Yet in reality this is about you and your personal development as artist, lover or both. You are at a breakthrough point. If the past two or three years have come with special challenges in these areas of your life, or if you've felt frozen, or like you could not get a result, be aware that something is cracking open. You won't feel all the results immediately, as this astrology describes a long-term process. Yet there will be unmistakable signs that you're coming to the end of this process. They might seem positive, such as an emergence or transition with a partner, or with your creative work. You might also find yourself in the midst of resolving some conflict or karma that emerges, and that work will carry you forward.

Virgo (Aug. 23-Sep. 22)

Your solar chart looks like someone decided to renovate your apartment while you were out to dinner, then left the job half-complete. There's also some data here relating to a potentially complex family situation, in a week when many people will be visiting with their living relatives and ancestors. There's a cautionary note here, which is to bring your adult self into any family situation, rather than some vestige of your child self. Were you to ask neurologists about this, they might describe the challenges in doing so: childhood responses are deeply encrypted into brain patterning. So you must be aware of when you start to feel like a powerless little kid among people who are trying to intimidate you. You may respond by standing up for yourself, or just being a stand-up person. You might decide to hang out with the kids, the cat, the dog or the bunny rabbit. The important thing is that you stick to your truth, and what makes you feel good, and don't be intimidated.

Libra (Sep. 22-Oct. 23)

You may not know your own strength. You may be feeling it, though you're not necessarily aware of how influential you are, and what impact you might have. This would be complicated by any feelings of frustration that you're experiencing, such as when you try to express yourself, or even get your thoughts in order. You might feel like a hot mess, though I assure you that something better or at least more meaningful is going on. Although you might not feel sorted for quite a while, these weeks ahead of you can be brilliantly productive. Use the skill you possess known as writing to track your thoughts and your thought process. That will put your ideas, feelings and reasoning process in front of you, where you can see what you're doing. Second, take the time to explore your neighborhood. Really dig in and worm your way around and knock on doors. You might wonder what that has to do with anything, though you won't know until you find out.

Scorpio (Oct. 23-Nov. 22)

Your solar chart is describing a

Rod Smith

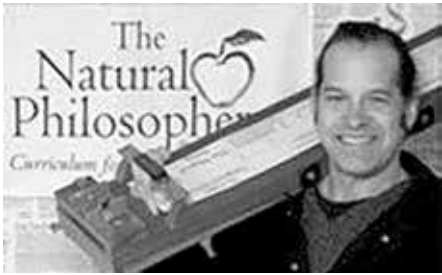
Vashon's own "Bucky Fuller"

Vashon Intuitive Arts welcomes Rod Smith. Vashon's own "Bucky Fuller" at First Friday Gallery Cruise. December 1 from 6 pm - 9 pm Featuring Music by Song and Legend 6:30 pm - 9 pm

Cognitive artist, engineer, and Burton Coffee stand regular, Rod Smith will be showing art from his project, The Natural Philosopher ~ A Curriculum for Ecological Intelligence during the month of December at Vashon Intuitive Arts.

Paul Nelson, founder of The Cascadia Poetry Festival calls Rod "Cascadia's answer to Bucky Fuller." Terry Sullivan says, "Rod Smith is a precious resource in this community."

Pieces in the show cover a wide range of content from music theory



to mathematics and epistemology to architecture and trade practice. Rod will also be featuring garments and linens for sale from his tie dye art project, Uncle Rod's Energy Suits.

Come out and welcome this pivotal island thinker, artist and visionary. Music starts at 6:30 pm with Song & Legend (Bob Koch and Rod Smith).

situation where you make the same mistakes over and over again. This seems to be about presumptions you make in relationships, in your psychological assessment of yourself, or both. Yet these ideas or experiences might run so deep that they're out of your normal range of perception. And in fact, you may have data coming back from your environment that affirms your impression. For example, you might be wondering why people seem so inaccessible, and connect that to a pattern in your life. Your tendency might be to blame yourself. However, if you can step back from that, an unusual breakthrough is possible. While I don't have the space here to explain exactly how, this situation comes back to self-esteem. You have been working overtime for a breakthrough here. You know that how you feel about yourself ultimately determines how you feel about being alive. Keep nudging this forward, gently and steadily.

Sagittarius (Nov. 22-Dec. 22)

This week, Saturn, now at the end of its three-year run through your sign, does two things. One, it is now exactly conjunct the Galactic Core for the first time in 29 years. This is a moment of awakening, when the discipline you've applied to your self-development (particularly professional, but also deeply personal) might reveal its results. Second, Saturn (the symbol of structure and what does not easily change) makes a conjunction to Pholus (a small, hot, potent planet that tends to open or rupture structures). Something you've been working through, or dealing with, is about to give way. This is a genuine point of breakthrough for you. You don't have to do much except participate. However, where an intimate relationship is involved, pay close attention to what someone you care about deeply says to you. They hold a key, an activating ingredient, or a certain fact about you that will be essential in the progress you're about to make

Capricorn (Dec. 22-Jan. 20)

You can take it easy exerting your will and dominance. You can in general, partly because you need to upgrade that strategy, though mainly because so much is happening in your inner world that you have no idea how your self-assertion of will might come out, or what effect you might create. Keep your focus inward for a while. Big movements are happening in your inner realms (see the Sagittarius reading this week for a description; that's the sign that describes your inner reality and deep psychological process). You are working through some of your deepest

fears. There's only so much "work in progress" that you want to reveal to the world, especially where colleagues are concerned. If you need to work out this material with others, either stick to close friends or a spiritual advisor you trust, and who is in harmony with your overall viewpoint. For example, if you're an artist, talk to someone who understands making art.

Aquarius (Jan. 20-Feb. 19)

You seem to be living your life out in the open, where everyone can see you — by which I mean your inner private life. You may have an interesting time of that this week, as so much is developing in the angle of your chart where this is all taking place. I suggest you not worry about it, and remember that you're immune from many of the normal types of embarrassment that would make other people cringe. And at this stage, you have little choice but to let your private business be a matter of public discussion. There's something useful about it; and the truth is, you're going through a kind of initiation. Part of how this is happening is you're reckoning with the contrasts between how you perceive yourself, and how others perceive you. Learn what you can while you're here. Saturn will soon enter Capricorn, and you'll want your private life to be just that.

Pisces (Feb. 19-March 20)

Whatever happens for you professionally this week, it will be interesting, it will be meaningful and it'll be exciting. All the action in the sky over the next week or so is focused in Sagittarius, your 10th solar house of reputation, accomplishment and accountability. All these things go together; think of them as one thing, with one purpose. The astrology describes a breakthrough point. Saturn has been working its way across this zone in your chart for most of three years. It's now at the peak of energy, conjunct the Galactic Core and a meaningful planet called Pholus. In the midst of this, the Sun enters Sagittarius, which is usually helpful and supportive of your work. It would seem that something gives: there's an opening, and you get to emerge through it. Whatever may happen, remember your core values. Remember why you were called to do what you do. And if you've been hearing a calling that you have not yet answered, now would be an opportune time.

Read Eric Francis daily at www.PlanetWaves.net

Spiritual Smart Aleck

By Mary Tuel

Rat Stories

When I moved in with Rick in 1977, this building was the most run-down place I’d ever lived. The walls had holes in them. The roof leaked. Rats had free run of the place.

Rick was a patient man. He could sit in the kitchen with a .22 propped on a chair and aimed at a hole until a rat’s head appeared. Ping! One less rat. It wasn’t the most efficient extermination method, but Rick enjoyed the challenge.

I was not patient. I did not shoot, and I did not like having a rat scurry through the kitchen in broad daylight. I went up to Vashon Hardware and got some rat traps. First the big rats were caught, then progressively smaller ones, until they stopped coming. But we live in a neighborhood with a creek, garbage cans, and compost piles, so there was always a fresh supply of rats. The traps got lots of use.

Then we got a cat, Miss Kitty of sainted memory. She was a good hunter. Unfortunately, she liked to bring her catches into the house alive. Rick would rescue them from her and turn them loose, which clearly disgusted her.

One day she brought in a huge rat (Rattus Norwegicus) and turned it loose. Holy carp. We were running around the kitchen like the Keystone Kops trying to nab it. It ran straight up a table leg, and back down. Finally, Rick managed to catch it, and released it outside.

There was the night that Miss Kitty had a roof rat (Rattus rattus) trapped under a cantaloupe crate at four in the morning and was singing a low throaty cat growl at it. I woke Rick up, which he did not appreciate. He shot the rat through the crate and went back to sleep. The next morning, he realized he’d missed our water line by inches.

After that Miss Kitty didn’t bring in living things, but she did leave a large dead rat under the kitchen table. It may have been her way of getting the last word.

Lotus and Kate made our house into a real house in 1987, and in 1990 our yard became a gathering spot for feral cats. Probably because Rick and I fed them. We were both kind of dumb that way. No rodent problems in the cat years.

After we got all those feral cats neutered and spayed their population dwindled naturally, and in a few years rats were back. Soon we had them in the attic, in the walls, and running around



the closed-in back porch where the rabbits lived. Rats love rabbit food.

Eventually there was a mass removal and replacement of insulation, and a blocking of holes, and the house became rat-free. Now the exterminator comes by every two months, and life is rat-less.

I now have a cat, Mellow, who is a good hunter. Sometimes he brings his kills home, and leaves their carcasses on the porch by the kitchen door.

In warm weather I tend to leave the kitchen door open so the cat and dog can go in and out as they please.

Mellow must have brought a dead rat into the house on a day that I also left the hot water heater closet door open. You can see where this is going.

I remember walking through the kitchen three or four months ago and catching a whiff of dead something in the air. I looked for the source – under the kitchen table, behind the bookshelf and the canned goods cabinet and the hutch. I must have looked in the hot water heater closet.

I saw nothing. The smell went away in time, and I forgot about it.

Until the other morning when I opened the water heater closet door and looked down, and there was a nice big dead rat lying on the heavy duty yellow extension cord. A Rattus Norwegicus, or Norway rat, to be exact.

It was not pining for the fjords.

I went and grabbed a few paper towels and came back to pick up the late rodent. It was nothing but fragile skin, fur, and bones, a breath in my hand. Mummified.

I gave the rat what we here at Casa Tuel call “the aerial burial.” Without going into too much detail, suffice it to say the house is next to a ravine.

Why did I not see it last summer? I cannot explain that.

This rat reminded me of the old days. I don’t miss the old days.

I learned from rats that there must be boundaries for relationships to be happy, although I do not routinely poison the other members of relationships to maintain boundaries. Only rats.

Make a date with Vashon!
www.VashonCalendar.org

**Vashon Library Events
Art & Music Events
Submit your Event on line at
www.vashoncalendar.com**

Music and Humor for dark times...

Vashon Center for the Arts helps you kick off the holiday season with the multi-talented Kevin Joyce and the Leftovers joined by Rebecca Kuzma on Saturday, November 25 at 7:30 pm. The evening features a special communal pie potluck during intermission.

The concert will present Joyce’s original tunes from the last 25 years, plus select covers. Joyce’s songs from ballads to R&B and alt-rock, with inspirations ranging from David Byrne and Chris Cornell to Joni Mitchell and Leonard Cohen.

For Kevin Joyce and the Leftovers, he has brought together some of Seattle’s best live musicians to join him, creating lush new arrangements of his signature heady, funny, and inspiring songs. These musicians include Island-bred David Salonen on guitar/fiddle, and two of David bandmates (from psych rock band General Mojo’s): Dune Butler on Bass and Eric Vanderbuilt Matthews on synth and horns. Rounding out the ensemble is indie-rock drummer William Mapp, and Island fave Rebekah Kuzma on vocals.

Joyce’s musical career has included touring Europe with a Spanish choir, composing musical theater and vocal scores, and being a solo singer-songwriter. Joyce has been a stalwart creative force on Vashon since 1989. Known as an actor/comedian and event emcee, he co-founded UMO Ensemble, directed and performed at Teatro Zinzanni for 15 years and currently runs the creative agency EnJoy Productions with his partner Martha Enson.

Pie Potluck. There is always room for



another piece of Thanksgiving pie, so join with your fellow concert attendees and share a slice during intermission. Feel free to bring a pie to share in the lobby of the Katherine L White Hall.

Ticketing Information
VCA Members \$23, Seniors/Students \$21, General \$25

Tickets to all VCA performances and lectures can be purchased by calling the front desk in the Katherine L White Building at 206-436-5131 during regular business hours Monday or through Friday 10 am to 5 pm and Saturday noon to 5 pm or online at

www.vashoncenterforthearts.org

World-class Landscape Architect at VCA

Internationally known landscape architect and Vashon Island resident, Kathryn Gustafson will be the featured speaker in the December Arts and Humanities Series on Sunday, December 16 at 6 pm.

Raised in the Yakima Valley, Gustafson co-founded two offices: GGN in Seattle and GP+B in London. She has tackled high-profile projects in Europe, Africa, the Middle East, North America and Southeast Asia. Pacific Northwest residents have perhaps seen GGN’s work at Kreielsheimer Promenade at Marion O. McCaw Hall.

Gustafson is also an avid gardener and visual artist. Originally pursuing a degree in fine art, she still works in clay. “I think my brain just doesn’t work in two dimensions. Working in clay is perfect because it reacts like soil.”

Ticketing Information



VCA Member/Student \$16, Seniors \$18, General \$20

Tickets to all VCA performances and lectures can be purchased by calling the front desk in the Katherine L White Building at 206-436-5131 during regular business hours Monday or through Friday 10 am to 5 pm and Saturday noon to 5 pm or online at

www.vashoncenterforthearts.org

PANDORA'S BOX

CLOSED on Thanksgiving!!!!

**But, join us for some spectacular Black Friday deals.
At regular hours - you won't need to stay up all night,
nor get up unreasonably early.**

**Bo's Pick of the Week: ALMO Nature is coming back.
New flavors, new recipes. In by the first week in December.**

(206) 463-3401

\$8 Nail trimming with no appointment

17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch



Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday. Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085

Compost the Loop

*The Loop's soy-based ink
is good for composting.*

**Find the Loop on-line at
www.vashonloop.com**

Road to Resilience

Continued from Page 1

problem. One of my most detested products is plastic-bottled water. The various beverage industries have really done a job on making us think that walking around with a plastic water bottle somehow identifies us as a green, progressive, health conscious person. Plastic water bottles are not cool! Public water, which is regulated by the EPA, needs to be tested for impurities multiple times a day. Bottled water, which is regulated by the Food and Drug Administration, needs only weekly monitoring, and the results do not need to be shared with the public. If you source your daily water needs from your home tap, it will cost you about 49 cents a year. If your source is bottled water, it will cost you about \$1,400. The plastic water bottles we use require the use of 17 million

barrels of oil annually. That’s enough to run 1.3 million cars for a year or heat 190,000 homes. More water is used in making the bottle than is contained in it. If you are the average American, you used 167 water bottles last year, but only recycled 38. As a whole, we used 50 billion water bottles last year and three-fourths of them are on the beach, in the woods, on the side of the road, or maybe under the sofa.

If all the water accessible to you is contaminated, then a plastic water bottle is what you will need to use, but it drives me crazy to see those trucks in disaster areas loaded with thousands of 12 oz. water bottles, in those shrink wrapped 24 bottle cases. And where do you suppose all those bottles will be in a day or two? I should think it would not be difficult and perhaps far cheaper to deliver bulk water and reusable containers to put it in.

My humble opinion: unless somebody is actually dying of thirst, it is not cool to offer somebody a disposable plastic bottle of water, nor is it cool to accept one. To think so is to be completely duped by PepsiCo, Nestle, and others who are making money hand over fist while privatizing more and more of our public water resources.

Comments?
terry@vashonloop.com

Comedy Night!

Continued from Page 1

this event is always packed! This show will most likely include adult content, so please use your best judgment if bringing children. This is opening night of VCA’s “The Nutcracker.” Drop the kids off in their tutus and stage makeup, you come back to the Bike where we’ll supply the real nuts. See you there!

Friday, December 8th, 8pm
Live Comedy
The Red Bike
All-ages till 11pm, 21+ after that (but parents, please think twice; Pearce Cobarr is headlining)
\$8 cover

mushrooms. Push them to one side of the pan and add the garlic. Fry it just to golden color. Add the meat, stir and reserve.

Sauce:
3 Tablespoons butter
1 Tablespoons flour
2 cups chicken broth or broth made with parts of the turkey carcass
1 teaspoon dried tarragon
1 cup heavy cream (not sour cream)

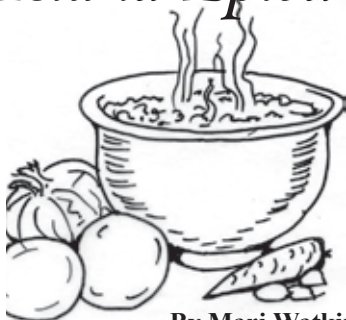
In a skillet, melt the butter, stir in the flour. Stir-cook until this mixture becomes cream colored. Heat the broth and add it gradually while stirring. Add the tarragon and cream.

The Topping:
½ cup slivered almonds
or freshly grated Parmesan cheese

To assemble and bake:
Heat oven to 325 degrees. Add half the sauce to the turkey meat. Add the rest of the sauce to:

½ lb. spaghetti or fettucini, cooked in salted water.

Place the sauced pasta in a large casserole. Add the sauced turkey meat. Top with the almonds or Parmesan. Bake until heated through, about 20 minutes. Serve hot.



By Marj Watkins

Thanksgiving Feast And After

On Thanksgiving Day eleven to fourteen family members--counting heads is like trying to count a flock of chickens--will gather around my dining table to feast on smoked turkey, cranberry relish and whatever dishes the others contribute. Not everyone in our large and growing family can make it on T-Day, so there will be another smaller group for dinner on the next day. They will enjoy Turkey Tetrazzini, my favorite dish to make with meat salvaged from the turkey carcass. At least that is the plan at the moment.

Every Thanksgiving, and every Christmas dinner, daughter Suzanna Leigh insists that I make fresh cranberry-orange relish, and make it an extra batch-big batch so there will be some for her to take home. Here’s the recipe for eight to ten servings. It’s simple and can be made a day or two ahead and refrigerated. I’ll double the recipe for our many diners.

Cranberry-Orange Relish
Makes about 2 cups
1 package 1 lb.) fresh cranberries
1 orange, peeled, diced, seeds removed
½ cup honey or to taste
¼ teaspoon ground cloves
⅛ teaspoon salt

Sort and wash cranberries. Grind in food processor or blender until. Put the diced orange in, Add the cloves and salt. Pulse to combine. Drizzle the honey in while you run the processor, stopping occasionally to taste. When the flavor satisfies your taste buds, stop.

The relatives who come to our Friday Thanksgiving-observed dinner may get this casserole:

Turkey Tetrazzini
Serves 8 to 10
The Meat:
2 cups diced cooked turkey meat
8 ounces mushrooms, sliced
1 Tablespoon butter
1 Tablespoon olive or coconut oil
1 clove garlic, sliced optional)
3 Tablespoons cabernet sauvignon or other white wine

Heat the butter and oil in a skillet or heavy-bottomed saucepan. Sautee the

Deadline for the next edition of *The Loop* is **Saturday, Dec. 2**

Open Daily 9am to 7pm
“Last load in at 6:15pm”
17320 Vashon Hwy SW
(Located across from Pandoras Box)

Community Van Rideshare

Introducing the new Vashon Community Van, a partnership pilot project between King County Metro and the Vashon Chamber of Commerce. Share the ride with friends and neighbors to popular Island destinations. Riders pay a Metro fare of \$2.50 and volunteer drivers ride for free! Get started by contacting your new Vashon Community Transportation Coordinator (206) 773-7003 ctc@vashonchamber.com More info:<http://metro.kingcounty.gov/tops/van-car/programs/community-van/index.html>

Community Van is a new rideshare pilot program brought to you by King County Metro and the Vashon Chamber of Commerce to provide community members with a new way to share the ride. This is the latest in a series of unique Community Connections Metro is piloting in communities throughout King County. These services are designated to provide residents with customized options for getting around when bus service can’t meet their needs.

HOW IT WORKS:
Community members travel together to local destinations on Vashon Island throughout the day, evening and weekends.

Riders contact their Community Transportation Coordinator to find pre-scheduled Community Van trips, suggest trips, or to find trips posted by others.

Group trips and stops are preplanned ahead of time by a Community Transportation Coordinator. The Vashon Community Transportation Coordinator is Janet Welt at the Vashon Chamber of Commerce. Office hours are Tuesdays & Thursdays 12noon-5pm, and Saturdays 9:30am-2:30pm. Phone 206.773-7003, Email: ctc@vashonchamber.com

Trips must have at least two passengers in addition to the volunteer driver. Each rider will pay a one-zone Metro fare of \$2.50 while the driver travels for free.

Riders request a trip through the Community Transportation Coordinator or via a Vashon Community Van Volunteer Driver.

Riders can suggest a trip they know is popular with their friends and neighbors.

Accessible Community Vans are available upon request. Tell the Community Transportation Coordinator about your needs before your trip.

Barber & Beauty Shoppe
(206) 463-7212
Family Hair Care ~ Sensible Prices
Colors, Perms, Hair Cuts
Parker Plaza 17232 Vashon Highway

Sporty's
RESTAURANT & BAR
Where the Locals Go!!
Family run business for over 30 years
17611 Vashon HWY SW
206.463.0940

Live Music

Homestyle Breakfasts and Plate Size Pancakes
Breakfast served till 5pm
Fri, Sat & Sun

Sports on 5 HD TV's

Open 7 days a week 6 am til 2am

OneNiteStand



OneNiteStand is gaining ground with more rocking tunes and incredible vocals by Terri Cole – and the good news is, they’re ready to show off the new polish! This band is ‘nothin’ but rock & blues with the emphasis on classic rock tunes as well as some originals sprinkled in there.

Terri’s voice certainly fits the bill of a powerful entertainer and vocalist! You’ll be saying

“Oh yeah!” when you hear the band! Can Blues/rock be this much fun? It is for the players and it will be for you when you join this band of musicians who will be playing the Red Bike this Friday night!

OneNiteStand
Friday, December 1st, 8:30pm. The Red Bicycle Bistro & Sushi. This is a free cover all-ages show ‘til 11pm, then 21+ after that.

The Nutcracker

VCA Center for Dance presents The Nutcracker;
Friday, December 8th at 7:00PM - 9:30PM
Saturday, December 9th at 2:00PM - 4:00PM and 7:00PM - 9:30PM
Sunday, December 10th at 2:00PM - 4:00PM
Katherine L. White Hall Theatre
Join us at Vashon Center for the Arts for our annual production of The Nutcracker!
This timeless classical ballet weaves together a story of one special evening that will delight audiences of all ages. From the tiniest mouse to the sparkles of the sugar plum fairy, join Clara on her adventure and bring the whole family along.
For more information and to purchase tickets, go to our event webpage at:



www.vashoncenterforthearts.org/event-cal/vca-center-for-dance-presents-the-nutcracker/
Or call the Katherine L. White Hall lobby front desk at: 206/463-5131

The Island's Business Center

VASHON PRINT & DESIGN

Faxing • Internet • Printing • Web Design
Photocopying • Graphic Design

17627 Vashon Hwy SW • Vashon Island • WA • 98070
Phone: 206.463.6100 • Fax: 206.463.6137 • vpd@vashonprint.com

Espresso
Latte and Wisdom
To Go

Monday - Friday 5:30am - 3:00pm
Saturday 7:00am - 3:00pm
Sunday 8:00am - 2:00pm

Cash & Checks Welcome
17311 Vashon Hwy Sw

Advertise in the Loop!
It’s a great time to get back in the Loop.
ads@vashonloop.com
Next Loop comes out December 7

The Royal Ballet’s Alice’s Adventures in Wonderland

Tumble down the rabbit hole with The Royal Ballet this winter with Christopher Wheeldon’s exciting Alice’s Adventures in Wonderland. The original cast takes to the screen in this madcap adaptation of Lewis Carroll’s story. Exuding a girlish charm, Alice, danced by British Principal Lauren Cuthbertson, is joined by a host of familiar characters including the jittery White Rabbit, the eccentric, tap-dancing Mad Hatter, the enigmatic Caterpillar and the ferocious Queen of Hearts. This much-loved story is reimagined with quirky designs by Bob Crowley as we follow Alice into Wonderland across a lake of tears, playing croquet with flamingos and attending a deranged tea party.

Drawing upon a wealth of theatrical effects, including projection and puppetry, Crowley creates a mesmerising world of enchantment from the grinning Cheshire Cat to the sinuous Caterpillar with his 16 legs of ballet dancers en pointe. A feast for the senses, Wheeldon’s spectacular ballet brings to life Carroll’s famous story with a menagerie of colours, characters and compelling choreography, whilst Joby Talbot’s lively score provides the perfect accompaniment to



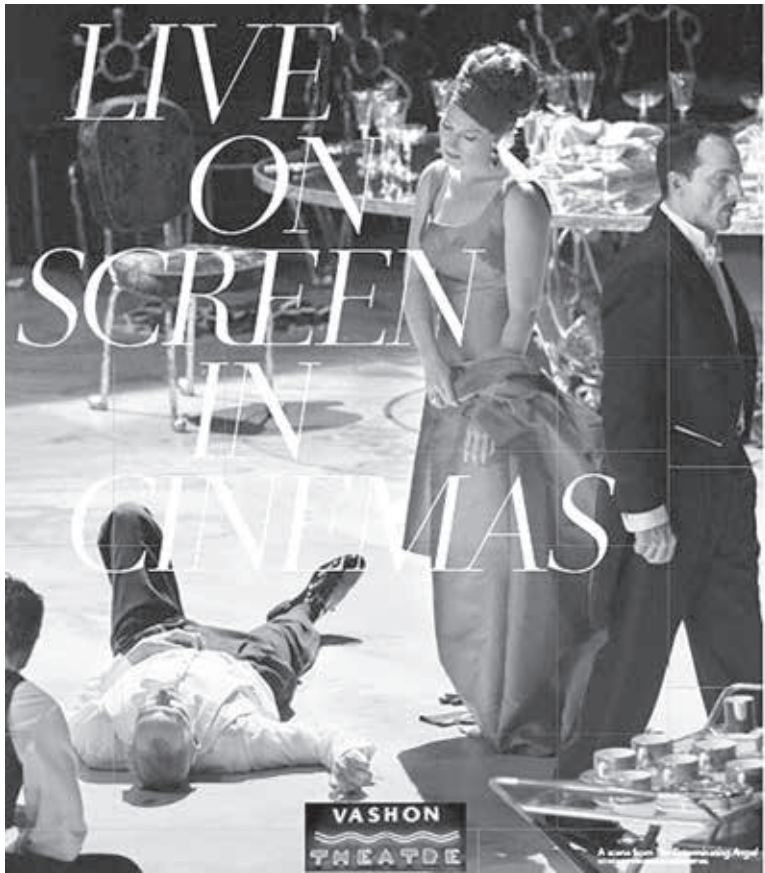
the ballet. Alice’s Adventures in Wonderland was the first full ballet created for the Company since 1995 and premiered in 2011 with sold-out performances.

The Royal Ballet’s Alice’s Adventures in Wonderland
Wednesday, December 6th at 4:00PM. The Vashon Theatre \$15/14

The Met: The Exterminating Angel

The Exterminating Angel has its Met premiere this season, conducted by the composer, Thomas Adès. The 2016 opera, co-commissioned by the Met and sung in English, is based on the screenplay by Luis Buñuel and Luis Alcoriza for the acclaimed 1962 Buñuel film. Directed by the librettist Tom Cairns, the ensemble cast features Audrey Luna as Leticia Maynar; Amanda Echalaz as Lucia de Nobile; Sally Matthews as Silvia de Ávila and Sophie Bevan as Beatriz, both in Met debuts; Alice Coote as Leonora Palma; Christine Rice as Blanca Delgado; Iestyn Davies as Francisco de Ávila; Joseph Kaiser as Edundo de Nobile; Frédéric Antoun in his Met debut as Raúl Yebenes; David Portillo as Edmundo; David Adam Moore in his Met debut as Col. Álvaro Gómez; Rod Gilfry as Alberto Roc; Kevin Burdette as Señor Russell; Christian Van Horn as Julio; and John Tomlinson as Dr Carlos Conde. The Exterminating Angel is a co-commission and co-production with the Royal Opera House, Covent Garden; Royal Danish Theatre; and Salzburg Festival, where the production premiered in 2016.

The Met: The Exterminating Angel. The Vashon Theatre
Sunday, November 26th at 12:00PM \$20/18



TRASH TALK

Give gifts that reduce waste this year. Vashon’s many artists and crafts persons offer local beauty with no transport. Find rare treasures at Granny’s and other thrift stores. Gently used books hold your favorite stories. And you yourself can create the most loved items: dried flowers, hand-crafted wooden spoons, mittens, sweaters, photos, or mosaics. Then wrap in bright, reusable bags.

ZERO WASTE VASHON
www.zerowastevashon.org

Bridge Over Troubled Water



Free Range Folk Choir offers a sing-along concert in the key of Thanksgiving, at 7pm on Saturday Nov. 25 in the Vashon High School auditorium. Enjoy songs of peace, strength, and joy in community with harmonic vocal arrangements of Bridge Over Troubled Water, Down on the Corner, and Sgt. Pepper’s Lonely Hearts Club Band. Rounds for peace,

songs to nourish love and joy, and northwest and international folk tunes are also on the menu for the season. Under the direction of Shane Jewell, the choir celebrates the ways that music from around the world can lift the spirit and cultivate community. Everyone is welcome! Suggested donation \$5-10.

Live Music at Farmers Market

The Vashon Island Growers Association offers locally grown produce at the Saturday Market, in the heart of Vashon’s town. At the Saturday Market, you’ll find about 30 to 50 vendors of food and arts and crafts, along with live music.

Market hours are 10am until 2pm. Vashon Events is happy to be a part of bringing music to the Vashon Saturday Farmers Market. On Saturday, November 25th, we bring you Gregg Curry.

Singer-songwriter Gregg Curry brings the energy of his full band to his solo performances as he performs his powerful original songs and a selection of covers that says so much about his musical roots. His music can best be described as Americana, as he mixes rock, country, blues, folk, bluegrass, and gospel ingredients into a delectable musical stew.

Saturday, October 21st, the Saturday Farmer’s Market is moving indoors! You’ll find them in the lobby of the Vashon Center for the Arts!

Vashon Events is happy to be a part of bringing music to the Vashon Saturday Farmers Market. The music is almost always from 11am until 1pm. We’d like to thank John L. Scott for sponsoring the music at the Farmer’s Market this winter! Whoop!

On Saturday, Dec 2nd, we bring you Loren Sinner & Doug Pine!

Doug Pine spent a lot of his recent years as a Tugboat Captain on the Atlantic Ocean. Doug picked up his first guitar in 1968 and hasn’t put it down yet. It’s actually kind of awkward at the dinner table, but he finds a way to make it work...



Through the years, he’s been in several bands - an instrumental surf music band called The Riptides (California), rock and roll bands called The Sharks (Maui) and Petrified Wood (Tacoma), a duo with his son Drew called D2, a country rock band called The Allison Shirk Band and some fun projects called Tim Couldn’t Make It and Tim Wasn’t Invited.

Loren Sinner, when he’s not running his Island-based lumber yard at L.S. Cedar, will tell you that he’s a lifetime musician. Besides raising three amazing sons who are his biggest fans and supporters, Loren plays music around this Island quite often. Loren has played in many bands in the past, most notably The Great Divide, an all-islander band that was formed in the early ‘80s and played locally for many years before hitting the “big time”, touring with blues guitar great Elvin Bishop.

Chorale’s Holidays Concerts



Marita Ericksen rehearses with the young singers performing in the Chorale’s holiday concerts: Oliver Alanis, Richard Barrett-Wood, Annie Bryant, Eva Cain, Zelda Davis, Gabby Feinstein, Sacha Hilwig, Macy Nicolino, Grace Pottinger, Josie Reiling, Flora Richards, Olivia Sherman, Cooper Tantau, Jillian Wegley and Stella Yip. Photo by Rick Wallace

Plan now to enjoy music of the holiday season by attending the Carols & Cantatas concert on Saturday, Dec. 2 at 7:30pm and Sunday, Dec. 3 at 3pm in The Kay White Theater! Ninety-five singers (including a Youth Chorus) and thirty orchestra members will entertain concert-goers with traditional carols and two cantatas.

Artistic Director Dr. Gary D. Cannon will present his popular pre-concert lectures 45 minutes prior to the start of both concerts.

Marita Ericksen is both directing the Youth Chorus and singing the soprano solo in William Averitt’s contemporary cantata “Away to the Skies”. Vashon

High School senior and soprano Alivia Jones sings a solo in Arthur Honegger’s “Christmas Cantata” and Andrew Krikawa of Vashon Opera fame sings the baritone solo.

Audience participation is part of this concert program with a sing-along for several favorite carols. On Sunday, “Guest Conductor” Shannon Flora will provide an additional entertaining element!

Tickets are available at Vashon Center for the Arts ticket desk or online at vashoncenterforthearts.org. Prices range from \$20 to \$5 and will also be sold at the door before the concerts, if still available.

Kiki Needs A Home

My name means new beginning or new life. I sure could use one, because I was lost and hungry for a long time. I’m gaining back some of my weight, and I look a whole lot better than I did a month ago. Someone at the shelter gave me a heating pad to lie on; boy, does that feel good! I’m quiet and undemanding. If you have room in your heart for a sweet old soul like me, I’ll give you lots of love in return.



Go To www.vipp.org Click on Adopt

VISIT US IN THE HISTORIC 100-YEAR-OLD ROASTERIE BUILDING WE CALL HOME

HISTORIC ROASTERIE

THE VASHON ISLAND COFFEE ROASTERIE

40 YEARS OF ROASTING HERITAGE

ALL ORGANIC PASTRIES, BREAKFAST & LUNCH FARE.

ESPRESSO & TEA BAR

COFFEE ROASTED DAILY

OVER 350 BULK HERBS, SPICES & TEA.

VASHON HIGHWAY & CEMETERY ROAD • (206) 463-9800 • WWW.TVICR.COM

PERRY’S VASHON BURGERS

Celebrating 14 years Serving Vashon Island

17804 Vashon Hwy SW

Open 11am to 8pm Monday-Saturday

Best Burger in Town!

For a Burger Emergency

463-4-911

Gluten Free Buns!


One-stop shopping for your horse, barn, pets and more:

- Eastern WA Timothy Alfalfa & Orchard Grass Hay
- Straw, Shavings, Bedding Pellets
-  **Nutrena**® Full Selection of Grain & Feeds
Nutrena, LMF, Nature Smart Organics, Country Feeds, Nature's Cafe, Mazuri, Standlee, Mid Valley Milling, Sun Seed & Zupreem + Dog Food, Collars, Leashes, Supplements & Grooming Supplies.
- Gates, Fencing & Stable Supplies, Buckets, Feeders, Hooks & Hardware
- Clothing & Outerwear for Kids & Adults
- English & Western Tack, Horse Blankets, Chaps, Gloves & More. We're your local EasyCare Hoof Boots Dealer
- Dewormer for all your critters, Fly Sprays, Traps & Masks, Wound & Leather Care
- Local Distributor for **Double Helix Water**® Nordic Naturals Fish Oil, Restore for Gut Health & Silver Biotics
-  **Horse Guard** Cox Veterinary Labs, Uckele, Select, Cosequin, Animed, Wendals Herbs and More



VI Horse Supply, INC.

206-463-9792
17710 112th Ave. SW
(8/10 mile west of town on Bank Road)
P.O. Box 868 • Vashon Island, WA 98070-0868
www.islandhorsesupply.com
Like us on Facebook
Summer Hours: 9am-6pm • 10am-5pm Sundays
CLOSED Wednesdays



Island Security Self Storage

Full line of moving supplies

- Radiant Heated Floor · On-Site Office · Rental Truck
- Climate Control Units · Classic Car Showroom
- Video Monitoring · RV & Boat Storage

Next to the Post Office
10015 SW 178th St.
(206) 463-0555



DIAGNOSTIC & REPAIR SERVICE, INC.

206-463-9277

Shop Hours
8am-6pm
Monday - Friday

**24hr Towing &
Road Services**



Lockout Service,
Flat Tire Change,
Gas Delivery and
Jump Start.



We Have Rental Cars!

If you are visiting the Island, have out of town guests, or just need a second car for the day Vashon Rental Cars, Inc. is here to serve you.

Conveniently located uptown in Vashon.
Vashon Rental Cars, Inc
463-RENT (7368)

WET WHISKERS GROOMING SALON

PROFESSIONALLY TRAINED
CERTIFIED GROOMER

We Offer:
Wash and Go
Bath and Brush out
Thin and Trim

**CALL TODAY FOR AN
APPOINTMENT**
(206) 463-2200

17321 VASHON HIGHWAY SW
CONVENIENTLY
LOCATED INSIDE
PANDORA'S BOX



ISLAND ESCROW SERVICE

Dayna Muller
Escrow Officer

Patrick Cunningham
Designated Escrow Officer

206-463-3137
www.islandescrow.net

Serving Washington
State since 1979
Notary
Insured, licensed and bonded
Discount to repeat clients

DANNY'S TRACTOR SERVICE 206-920-0874

- ▶ Land and storm damage clean up
- ▶ Tree Cutting and removal
- ▶ Field mowing, brush cutting and tilling
- ▶ Hauling and refuse removal
- ▶ Scrap metal removal
- ▶ Driveway repair and grading

→ **Dan Hardwick**
oldredtruck@comcast.net

Get *More Than* Original Medicare

Community **HealthFirst**™

Medicare Advantage Plans

Get the most out of your benefits.

- ✓ Parts A, B and D
- ✓ One low co-pay
- ✓ Vision services
- ✓ Open network of dentists
- ✓ \$0 to low cost premiums

Call for more information or to
make an appointment with a
licensed Medicare Representative.

1-866-418-2761
TTY: 7-1-1

www.healthfirst.chpw.org
8:00 a.m. - 8:00 p.m., 7 days a week



Community **HealthFirst**™

Medicare Advantage Plans

Offered by  **COMMUNITY HEALTH PLAN**
of Washington™

Community Health Plan of Washington is an HMO plan with a Medicare contract.
Enrollment in Community Health Plan of Washington depends on contract renewal.