



# THE VASHON LOOP

Vol. 15, #10

SUPPORT OUR ADVERTISERS THEY MAKE THE LOOP POSSIBLE

May 10, 2018

## Peter Mulvey



Debra Heesch Presents Peter Mulvey at Snapdragon. Monday, May 14th ... doors open at 6pm, music at 7pm

Yes, they are opening up on a Monday since he's only here that evening. \$10 tickets at Vashon Bookshop or BrownPaperTickets.com

Over the past 20 years, Mulvey has pursued a restless, eclectic path as a writer and musician - immersing himself in Tin PanAlley jazz, modern acoustic, poetry, narrative, and Americana stylings. Relentlessly touring as a headliner - his attitude is, "When you love what you do, you can work all the time," - he has also shared the stage with luminaries such as Emmylou Harris, Richard Thompson, Ani diFranco, Indigo Girls, and Greg Brown, and has attracted an audience that stretches from Anchorage to Amsterdam.

Peter Mulvey began as a self-described "city kid" from Milwaukee,

Wisconsin. He played, wrote, and sang in bands while studying theatre there, and then traveled to Dublin, Ireland, in 1989, where he learned the trade of the street singer. Returning to the States, he relocated to Boston with two self-released CDs in hand: Brother Rabbit Speaks (1992) and Rain (1994). In Boston he took to playing in the subways as a full-time occupation. The seven hour sessions playing to passers-by and commuters not only strengthened his accomplished guitar playing but also sharpened his innate gifts as a communicator. In a few short years he had made the transition to touring songwriter. He signed with indie upstart Eastern Front Records, released Rapture (1995) and Deep Blue (1997), and threw himself into a life on the road. He quickly released Glenree (1998), a recorded live in Ireland. The road years further seasoned

*Continued on Page 10*

## The Vashon Sheepdog Classic



©Color Scheme Photography

Imagine relaxing in a meadow in the June sunshine, the sweet smell of grass in the air, along with a hint of something delicious to eat. The sounds of neighborly conversations and children's laughter rise and falls around you, and then a swell of excitement ripples through the crowd. An old and magical sport is unfolding before your eyes, and you find yourself cheering at something you may have never expected to find exciting: a group of sheep making their way into a small pen. The gate closes, a whistle splits the air, and a Border Collie proudly accepts her praise due, as spectators break into spontaneous applause.

Set on the majestic meadows of Misty Isle Farms in the center of Vashon, "the trials at Misty Isle" have been giving spectators a chance to step back in time since 2010. Sheepdog trials originated in Britain and New Zealand in the late 1800's so shepherds could show off the talents of their canine partners, and the sport has surged in popularity in the 21st century. More than 1,500 dog and handler teams will participate in 2018 herding competitions in Canada and the U.S.A. Top teams from across the country participate in the Vashon Sheepdog Classic, the largest event of its kind on the West Coast.

The competition's course is based on classics in the United Kingdom and North America. The hilly topography at Misty Isle is ideal for challenging the contestants, while a sloped edge creates a natural amphitheater for spectators.

Handler and dog work together to complete a series of tasks based on jobs required of working farm dogs.

Competing sheepdogs are frequently Border Collies because of their speed, intelligence and ability to apply gentle pressure to move sheep. Some dogs are full-time farm workers, some are pets that have trained for the sport. Regardless of each dog's background, their handler's expectation is the same: that dogs handle the sheep in a calm, efficient, compassionate manner through the set course.

A vibrant, uniquely Vashon, country fête has grown around this competition that celebrates the canine-human connection. In a nod to the sheep, Vashon spinners, knitters, weavers and felters make the trials more colorful than the average herding event, thanks to the fiber artists' décor of the festival grounds. Course gates and markers are yarnstormed (think graffiti, but yarn!) with colorful wrapping and felted flowers, and bright, bunting flags upcycled from Granny's Attic woolens adorn vendor tents. Fun for all ages includes:

- Fiber Arts Village with free workshops and demonstrations,
- Craft vendors from all over the Northwest,
- Children's tent with hands-on fiber activities,
- "The Story of Wool" educational exhibit,
- Healthy, delicious festival food choices,
- Spirit garden in the shade with clear view of the competition,
- Bagpipers procession during release of the flock into the field.

*Continued on Page 8*

## The Road to Resilience

### Turning Out for Democracy

By Terry Sullivan,

It was heartening to see a good crowd showing up last Sunday afternoon at our Unifying For Democracy meeting. We had about 60 people, which was close to as many as we could handle given the space, tables, and chairs available. We weren't sure how well something as wonky as saving our democracy would resonate on a sunny afternoon, but our doubts, thankfully, were unwarranted. Assuming there are probably ten of you interested for every one that showed up, it is clear that Vashonites are concerned about our democracy, have a good sense of what went wrong, and some ideas about what we need to do to correct it. The following is my take on it, so if I missed or mischaracterized something, please forgive as we really haven't had the time to analyze our results yet.

Although you can't expect a comprehensive analysis in such a short time, an hour of discussion among 8 tables yielded a number of action steps. Of uppermost concern was the

commanding influence of wealthy corporate interests in our elections and in lobbying activity. In order to regulate that activity we need laws passed and a Congress amenable to passing those laws. Thus the second most popular action: elect people to Congress in 2018 who will pass those laws. Not as easy at it sounds. It's kind of like trying to put a leash on the junkyard dog. We are talking about electing Democrats, while being cognizant of the fact that not even all Democrats want to leash the dog.

It is apparent to me, anyway, that this is why we need the full attention and discipline from all of us rank and file voters in this next election. I would like to make taking corporate money a negative factor for Democratic candidates, although, not taking the money may also jeopardize their chance of getting elected. This is a classic "Catch 22," that we—and they—will have to navigate, as well as overcoming voter restrictions and gerrymandering. In connection with this, there were suggestions that we need to educate and register more voters and

*Continued on Page 6*



# Windermere

REAL ESTATE

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**New Listing!**  
**PARADISE COVE HOME** - Turn-key NW Contemporary on 80' of low bank frontage and unrivaled views. Sport court, boat house, boat lift, and extra parcel.  
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**STUNNING COTTAGE** - NW Contemporary on 5 serene acres in north-end location. Architect designed and professionally crafted. Sunny setting w/ hiking trail.  
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**New Listing!**  
**1932 FARMHOUSE** - Light-filled, 3 bdrm home with hardwood floors and cozy family room. Sunny deck overlooks 1.1 pastoral acres. Great mid-isle location.  
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**MINI FARM** - Lovely 3 bdrm home with open floor plan & large, finished daylight basement. Sunny 2.5 acres offers pasture w/ barn & versatile outbuilding.  
**#1284401** **\$649,000**



**New Listing!**  
**INCREDIBLE OPPORTUNITY!** - 2.3 acres with 168' of highway frontage at south entry to town. Open, flat and sunny parcel with 5 valuable, water shares.  
**#1275965** **\$530,000**



**New Listing!**  
**MAURY LAND** - A beautiful shy acre on a great street. This sunny parcel comes with water and an excellent septic feasibility. The perfect spot for your dream!  
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WRE Vashon-Maury Island, LLC

www.windermerevashon.com

17233 Vashon Hwy SW

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### QUARTERMASTER YACHT CLUB

#### Tech Talk Series

#### Marine Corrosion & Electrical Safety

Attend this Tech Talk to discuss:

- Galvanic & stray current corrosion
- Marine electrical safety recommendations
- Electro-Shock drowning avoidance



**Where:** Vashon Library Meeting Room  
 17210 Vashon Hwy SW, Vashon, WA 98070  
**When:** Wednesday, May 23, 2018, 7 to 9 PM  
**Why:** Don't let your boat corrode into dust...

### Now Playing

## Ready Player One



### Coming Soon

*Matthew Bourne's Cinderella*  
 May 13, 1pm

*Verona: Story of the Everett Massacre - Island Greentech Sponsored Event*  
 May 15, 6pm

*Vashon Maury Cooperative Pre-school & Greentech: The Peanuts Movie*  
 June 5, 6pm

Find the Loop on-line at  
[www.vashonloop.com](http://www.vashonloop.com)

**Compost the Loop**  
*The Loop's soy-based ink is good for composting.*

### The Vashon Loop

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Sunday - Thursday  
 Bistro & Sushi service  
 11:30am to 9pm  
 Lounge is Open  
 11:30am to midnight

Friday & Saturday  
 Bistro & Sushi service  
 11:30am to 10pm  
 Lounge is Open  
 11:30am to 2am

**Live Entertainment**  
**Friday, May 18th, 8:30pm**  
 Rooster

**Friday, June 22, 8pm**  
 Come Together

**Friday, June 29, 8:30pm**  
 Clinton Fearon  
 & The Boogie Brown Band

17618 Vashon Hwy SW  
 206.463.5959  
[www.redbicyclebistro.com](http://www.redbicyclebistro.com)

## Vashon Theatre

17723 Vashon Hwy  
 206-463-3232  
**Call for Times**

For show times and info check  
[www.vashontheatre.com](http://www.vashontheatre.com)

# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Alzheimer's Association Caregivers Support Group

Resources Available for People Living with Alzheimer's and Their Caregivers.

Caring for someone with memory loss? Do you need information and support? Alzheimer's Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00 pm to 2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at 206-355-3123.

### Beltane Celebration

Bring your family and friends and come celebrate the great Celtic holiday of Beltane with the Green Man and the Queen of the May! Celtic music, poetry and festive fun for all ages!

When: Sunday, May 20th from 4 to 5pm

Where: The labyrinth at Church of the Holy Spirit will be open all day! 15420 Vashon Hwy. SW

### Vashon Social Dance Group Monthly Dance & Lesson

Saturday May 12

Vashon Social Dance Group Lesson & Dance

Ch-cha lesson with Sarah Howard at 7:00 pm

Cha-cha is a fun and easy latin dance and one of Sarah's favorites.

Come on and get your cha-cha on with our fun guest instructor Sarah.

Variety dance 8:00 - 9:30 pm with Candy as your deejay

Ober Park Performance Hall - 17130 Vashon Hwy SW 98070

No partner needed! Come alone or bring others

Suggested Donation \$10 No One turned away due to lack of funds.

For you experienced dancers, please come and assist the new comers and meet some new dance partners!

Questions? Contact Candy McCullough 206 920-7596

## Marine corrosion prevention and electrical safety Tech Talk

Did you ever make a potato clock? A couple of spuds, some wire and a small digital clock is all it takes. What makes it work? The same thing that creates galvanic corrosion on your boat. Two dissimilar metals in a saline solution. Put a boat into Puget Sound and you have a big floating battery. Something will corrode - the trick is to manage that corrosion so the good parts of your boat don't turn to dust.

If that same boat has any electrical devices on board, and most do these days, you have a potential electrical safety hazard and a stray current corrosion risk. Careful maintenance of on-board electrical systems and safe handling of shore power equipment is an important part of an enjoyable day on the water.

Stop by at this Tech Talk on Wednesday, May 23 at 7PM in the Vashon Library meeting room to learn how to keep both you and your boat safe.

### Vashon Fix-It-Cafe

Another Vashon Fix-It Café, dedicated to reducing waste and building community, is coming to Vashon-Maury Islands on Saturday May 12, from 10am to 2pm at the Vashon Eagles Club, 18134 Vashon Highway SW. Hosted by the Vashon Eagles, the Fix-It Café is a collaboration of Zero Waste Vashon and the Vashon Tool Library and Makerspace with support from the King County EcoConsumer Program and King County Library.

The Fix-It Café features generous helpful locals donating their skills to restore household items that are broken or malfunctioning. Island residents with items to be fixed are urged to sign up on the Fix-It Café website at <http://vashonfixit.com/>. Volunteer fixers are also invited to participate by registering there as well. In past Fix-It Cafes we've repaired blenders, clocks, sewing machines, turntables, lamps, toys, electronics, toasters and other small appliances, garden tools, bicycles, electric tools, and clothing.

Fixing and advice is free to the public but if parts are needed participants may be asked to go buy them in town. Items that are leaking, dangerous, contain gasoline, or have a strong odor are not welcome. You must be present while your item is being fixed so you can learn too. Please bring in only 2 items at a time.

The Eagles are hosting a lunch fundraiser for Vashon Senior Center's BlueBird medical transport program which includes a gourmet grilled cheese sandwich and soup for only \$10. These sandwiches and drinks will be available for fixers and patrons and can be ordered after noon. Come spend time with your neighbors and learn how to do your own repairs.

### VCSF Scholarship Awards Night

VCSF (Vashon Community Scholarship Foundation) "Scholarship Awards Night" @ the O Space on 5/30/18 @ 6PM to your "Get in the Loop" section. All community members are welcome to join us!

### Vashon Progressive

Vashon Progressive Alliance meets the third Tuesday of every month. We focus on issues, activities and possibilities to forward the Progressive point of view. . All welcome. 19834 Vashon Highway - 6:00 to 8:00pm. Questions call 206-496-4174.

### Have a Story or Article

Send it to:  
[Editor@vashonloop.com](mailto:Editor@vashonloop.com)

### Next Edition of The Loop Comes out Thursday May 24

Deadline for the next edition of *The Loop* is

Saturday, May 19

Want To Get Rid of That Junk Car or Truck?  
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**Date:** Tuesday May 22, 2018

**Time:** 11:00 am to 3:30 pm

**Place:** Vashon Market Fresh IGA  
17639 100th Ave SW  
Vashon

AT THIS EVENT, YOU CAN APPLY FOR:

- Cash Assistance
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- Medical Assistance

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# Dental Mishaps Before Insurance



By Seán\_C.\_Malone and John Sweetman

Mike and Molly and I were waiting for Dad at the top of the hill. Dad called our five acres "Run Down Ranch" because the hill down to the peach orchard was steep and twisty. We didn't have watches but knew from Mom that Dad was on the ferry and coming home with a brand new 1953 Chevy station wagon. When he stopped at the top of the hill all three of us kids jumped on to the rear bumper and hung on for the trip down our driveway. I don't think Dad saw us or he would have put a stop to it. One of our cats tried to run across the road in front of Dad and he slammed on the brakes to keep from running it over. To this day, Brother Mike carries the tooth he chipped on the luggage rack.

John Sweetman got into a lot of trouble the day he dumped his younger sister into the gravel driveway and chipped her tooth. Laitris saw John trying to hitch up a four-wheeled "flyer" wagon with no handle to the back of his bike. He had a stick for a "single tree" and it was tied in a jumbled fashion to the bike seat with hay string that John had found in the dirt around the barn. It was prickly sisal of various lengths and questionable reliability and John tied pieces together to create the "tugs" that ran from his stick to the sides of the wagon with no handle. The strong new hay string was off limits.

After the recruitment of Laitris, who was overjoyed to participate in a "big brother" action, they headed for the top of the gravel driveway to let gravity do the work for a change. With his small charge in the wagon, John began the high speed downhill run amid faint noises of distress from the rear, muted by the sound of flying gravel. The plan failed as one of the rotten twine sides broke, throwing the wagon to one side and jerking the bike sideways in a "jackknife". A second later, the wagon was in front of the bike and tipped over sending a squalling sister into the gravel. John didn't notice the pain his sister was in at first, because he had been thrown over the handlebars and face first into the sharp rocks.

They came back sniveling to their Mother who sent them after mercurochrome and band aids. "What could you have possibly been thinking," their Mother asked? "It seemed like a good idea at the time," John replied. His Mom grounded him for a week with extra chores, one of which was picking up and burning any old baling twine.

"Why did you trip me?" I yelled at

Marcus Law. "I thought we were friends." My mouth was full of dirt and something was wrong; there was a big gap where my front teeth should be. Marcus and other sixth graders laughed as I picked myself up out of the gravel. It was a three foot drop from the grade school porch to the ground. I was a Vashon third grader rushing to recess when Marcus stuck out his foot to send me careening. He and his friends guffawed at the damage they had done.

We would do anything we could to get out of going to the dentist, except brushing our teeth twice a day. Dr. Coutts never smiled and his drilling machine was run on black rubber strings over pulleys which made much noise. Dr. Coutts used no Novocain and the drill hurt like hell because it was so slow. He would drill and scrape a cavity clean and fill it with a silver amalgam which squeaked when he mixed it between his fingers before tamping it into the cavity. I listened to the water go around the bowl we spit in, as it took time for the silver to set.

Pretending to fly a plane when it was only two boards, one for the fuselage and the other for the wings was easy, but pretending to be a dentist was harder to imagine. We dressed in white butcher aprons and t-shirts. The patient, in this case Sister Molly, was lying on a plank between two chairs and I pretended to be Dr. Coutts and imitated his rough voice. "Open wide now, so I can see way in the back," I said. Mike was the assistant holding the already chewed ball of gum that would be used to fill the cavity. Using a nail and Mom's upholstery hammer, I tapped away at the imaginary cavity until the side of Molly's tooth broke off. I think that I was eventually forgiven, but because I was guilty, I really don't remember.

Dr. Coutts was an avid member of the Sportsman's Club and on Saturday night, he played cards there until the wee hours of Sunday morning when, Neil Dufort delivered the paper all around the island. We were living at Cove and Dr. Coutts would pick up the paper from our paper box, sneak his old Buick down our driveway at 5:00 AM and wake all three of us kids to read us the funnies; while Mom and Dad slept through our giggling. He was a good friend of our folks and we never locked our doors anyway, a part of Vashon tradition.

One day, Dad told us the story of the demise of Dr. Coutts who had shot himself. Neil Dufort found him on his kitchen floor and called Dr. Osborne who walked in the door and saw that Neil was in a state of shock and trembling all over. He was standing there with Dr. Coutt's pistol dangling from his hand. "Why did you do it," he asked Neil and slapped him across the face to bring him out of shock. Dr. Coutts had taken his own life and left all of Vashon without a dentist.

Sean@vashonloop.com

# 2018 Vashon Island Strawberry Festival Logo

Each year the Strawberry Festival logo is designed by a different person that has a connection to Vashon and the Strawberry Festival. The 2018 logo was created by lifelong Islander and artist Mica Gaxiola-Flynn. Mica is an artist, graphic designer, and plays bass in a band called Aurora Bridge. She also publishes an art-zine called Making Stuff Instead of Making Stuff. You can find some of her work on postcards at Thriftway. She likes to play with the juxtaposition of perspective and is influenced by images from myth and folklore in her artwork.

"When asked to design the logo I freaked out! It was a surreal experience for me and I was thrilled beyond belief. I am proud to have contributed to the great tradition." When thinking about Festival Mica recalled how big strawberries were to the lives of people on Vashon. As a youth she heard family and friends tell taller and taller tales about Vashon Strawberries. She was inspired by how something so small could be such a big thing in people's lives. "Strawberries took on mythic proportions that I imaged a time when they were so big they needed to be cut with an axe! That was my inspiration for the logo."

Mica's family have been on the Island since the 50's and she has been to every Strawberry Festival since she was born (we are not going to reveal her age but let's just say it is more than a quarter of a century). Even when she lived off Island she made a pilgrimage back to the Island to attend with friends and family.



Introducing the 2018 Vashon Island Strawberry Festival Logo by Mica Gaxiola-Flynn

Mica revealed that her "first memories of Festival are walking in the Kids Parade and trying to find ways to sneak into the Grand Parade!" Throughout the years Mica has enjoyed different aspects of Festival, specifically she found herself inspired by the artists booths and the unique the craft booths as well as the music.

The logo will be featured on Strawberry Festival pins and buttons as well as various signage and posters. Pins and buttons will be on sale at select retailers starting May.

If you are interested in creating a Strawberry Festival Logo let us know. Submissions for the 2019 Strawberry Festival will be accepted by the Vashon Island Chamber of Commerce via email from August 1, 2018 to November 15th, 2018. All entries must be submitted in JPG and PDF formats.

## The Vashon Health & Wellness Fair

SHOP VASHON when you it comes to your health, wellness, and beauty. The Vashon Health & Wellness Fair is your chance to meet your next health partner.

You may be looking to pamper yourself, jump start your personal growth, improve your health, workout more, or find services you never knew you needed. We will showcase Vashon's vast health and wellness talent so you can get started.

Join us for the fun and informative event, you will get a chance to sample the services provided and will be a fun relaxing break to your busy weekend.

<http://www.vashonchamber.com/pages/health-wellness-fair>

The Vashon Health & Wellness Fair Saturday May 12th, 10 AM to 2PM  
The Katherine L White Hall  
Vashon Center for the Arts  
19600 Vashon Hwy SW

**Vashon Health & Wellness Fair**  
Saturday, May 12th  
10 am - 2 pm  
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May 24**

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**Saturday, May 19**

**Local News**  
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Local & Regional Headlines  
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# Kite Day at Point Robinson

On Saturday, May 19th, the Vashon Park District and Keepers of Point Robinson Lightstation present "Kite Day" at Point Robinson.

Kites will be for sale in the Ship's Store and there will be tours of the Lighthouse by Captain Joe.

Everyone will be at Pt. Robinson park flying kites! Come down to the beach and see some great kite flying skills from some of the best kite flyers on Vashon Island!



## Before the "Great Recession"

Before the "Great Recession", the Vashon Park and Recreation District actually had a robust offering of recreation programs it coordinated. A significant reduction in revenues, coupled with a dramatic increase in the cost of a single project, eliminated all of our recreational offerings.

When I ran for re-election, many islanders told me they wanted recreational programs again. When the Park District conducted its \$30,000 survey of island priorities two year ago, the return of recreational programs was the top priority, even higher than covering the pool.

Unfortunately, managing Park District expenses, while addressing urgent deferred maintenance issues and building a reasonable reserve, has delayed our ability to offer recreational programs to the community. However, now that we have an adequate reserve and our expenses under control, we are committed to creating recreational programs in 2019. That is why the Park Board voted to invest \$100,000 in these programs next year.

Our challenge is what to offer. Many of the programs that previously were under the Park District umbrella have moved-on and no longer need our help.

Unlike many politicians, we did

not claim to know what the community wanted. So we had a well-publicized Open House to seek community input and only five people attended, with two emails received. In addition, Karen Gardner and Abby Antonelis have reached-out to the Senior Center and other groups, and still are seeking suggestions at km.gardner@gmail.com and abbyantonelis@gmail.com .

While the Park District is committed to provide programs for all groups, it is especially interested in offering programs for seniors (our fastest growing demographic group) and the disabled (a very undeserved group). To be clear, the \$100,000 investment is to subsidize 25-75% of these program costs, so everyone in the community has access.

That is why I am writing this final plea for ideas. To be clear, this only is about recreational programs. We already have money in the budget for the pool and our parks/fields to serve our youth sports programs. The question is do we really want a Parks and Recreation District, or just a Parks District. I also look forward to hearing from you at sdharvey50@comcast.net.

Scott Harvey  
Board Vice Chairman  
Vashon Park and Recreation District

## Server Failure means changes for Vashon Websites

A recent server failure for the Vashon Loop and other Vashon Websites momentarily disrupted service to the Vashon Loop website and Vashon Calendar to name a few. Service is being restored but from a very old backup. Some content on the Vashon Loop website and Vashon Calendar are over a year old.

Nothing like as server crash to expose how good or bad you backup plan is. Some websites the content does not change much year to year, others do.

In the process of spinning up the websites on a new updated server The Vashon Loop website is switching to a more current CMS and Theme. As the owner/publisher of the websites for the Loop, Vashon weather and others. It is tough to keep your actual website content/themes/what makes it work as well as the behind the scene Linux server/DNS and domain up to date.

Luckily I do have a very smart friend who is helping me patch it back together. I cannot thank him enough.

In the process of getting things back on line some changes in the operation of VashonCalendar.com will be put in place. Vashon Calendar was originally started over 20 years ago by then VAA as a community resource. I took over the operation of VashonCalendar.com several years ago. It is tough keeping calendar software up to date and evolving with how the community uses it. Several other calendars have popped up since. In trying to make a simple one place to go to look at calendars dealing with Vashon Island. VashonCalendar.com will be joining with the Vashon Chamber of Commerce to provide an easy place to go get your calendar date posted and noticed. I hope to have content re written and posted in the next two weeks (Need some Gardening time).

The Vashon Loop website will be back online with a new look and the PDF files of current and old issues.

Steven Allen  
Editor/Publisher  
Vashon Loop and a few Websites



## Vi Horse Supply Celebrates 20 years!

Celebrating 20 years of bringing you the best products, service and knowledge in the industry!

2018 marks 20 years that we have been in business here at VI Horse Supply, Inc. and we think that is worthy of a celebration! Join us Sunday, June 3rd for a day of fun, frivolity, food and fantastic bargains to boot! There will be SALES in every department, pony rides for the kiddos, Tarot Card readings, massages, and a barbecue featuring Gary's Famous Tacos! Come on by 10:00 am - 5:00 pm, do some shopping, ride a pony, get a massage, pull up a chair, sit with your Island neighbors and feast on good food and great stories.

During this event you will find donation jars scattered about for Baahaus Animal Rescue, 501(c)(3), our Island friends who devote their lives to the



rescue of farm animals throughout Washington State. As you enjoy the day, we encourage your generous support of this very worthy non-profit organization.

THANK-YOU Vashon for not only allowing us to LIVE & SHARE our passion for the last 20 years, but for giving us an opportunity to make a living while doing so! See you June 3rd!

### Lu Anne Needs A Home...

Whee! I like to have fun! Will you throw a catnip toy for me? When I get tired of playing, I hope you'll pick me up and hold me, because I like that, too.

I get along with just about anybody because I've grown up around other cats, dogs and older kids. I'm not even a year old yet, so I have lots of energy. If you're looking for a curious, lively kitty and you'll let me live indoors, we could be just right for each other. I have to go chase a toy now - bye!



Go To [www.vipp.org](http://www.vipp.org) Click on Adopt

Find the Loop on-line at  
[www.vashonloop.com](http://www.vashonloop.com)

Vashon Island Visual Artists  
**STUDIO TOUR**  
 SPRING 2018  
 May 5-6 & 12-13  
 Saturday & Sunday  
 10 am to 5 pm

Maps & brochures available at Island businesses.  
 To preview & plan your route, visit  
**VIVArtists.com**  
 Pottery by Liz Lewis #11

## Spring Baroque Festival

The Salish Sea Early Music Festival presents a Spring Baroque Festival of three contrasting performances of early orchestral and chamber music on period instruments on Vashon Island.

— May 18: The Able Virtuoso

“The Able Virtuoso” on Friday noon, May 18 at 7:30PM will feature violinist Carrie Krause from Bozeman, Montana, lutenist John Lenti and baroque flutist Jeffrey Cohan in a program of baroque trio sonatas from France, Italy and Germany for violin and flute with theorbo (a very long-necked lute) and baroque guitar by 18th-century French, Italian and German composers. Johann Mattheson’s *The Able Virtuoso*, published in Hamburg in 1720, sets the tone for this program of virtuoso trio sonatas inspired by Corelli and the fusion of Italian, French, and German styles, which were quite distinct in the 18th century. Music by Johann Sebastian Bach, Carl Philipp Emanuel Bach, Archangelo Corelli, Pietro Locatelli, Antoine Dornel and Joseph Bodin de Boismortier will be featured in this virtuoso survey of the great variety of musical styles of 18th century Europe.



Carrie Krause, baroque violinist

Iowa City, Iowa and Jeffrey Cohan, on the one-keyed baroque flute, will play music by Silvius Leopold Weiss, the most prolific and highly esteemed lutenist of the baroque, who worked frequently with flute virtuoso Gabriel Buffardin and wrote much music for obbligato, or fully written out, lute and flute.

The concerts take place at Bethel Church at 148th Ave SW & 119th Street on Vashon Island. For additional information please see [www.salishseafestival.org/vashon](http://www.salishseafestival.org/vashon). or call (206) 567-4255. Admission is by suggested donation: \$15, \$20 or \$25 (a free will offering), and those 18 & under are free.

— May 23: Bach and Vivaldi Concerti

Concerti by Bach and Vivaldi on Wednesday, May 23 at 7:00 PM will feature Johann Sebastian Bach’s ebullient Brandenburg Concerto No. 5, one of the most well-loved orchestral works of the Baroque, with soloists Jonathan Oddie (harpsichord), Carrie Krause (violin) and Jeffrey Cohan (flute), along with the Salish Sea Early Music Festival Chamber Orchestra. Other works on this program of baroque concerti will include the “Pisendel” Violin Concerto by Antonio Vivaldi with soloist Carrie Krause, a Bassoon Concerto by Vivaldi with soloist Anna Marsh, and a Flute Concerto by Carl Philipp Emanuel Bach with soloist Jeffrey Cohan.



John Lenti performs on theorbo, lute, archlute, and baroque guitar

— June 13: Silvius Leopold Weiss

In “Silvius Leopold Weiss” on Wednesday, June 13, 2018 at 7:00 PM baroque lutenist Oleg Ilmofeyev from

## Road to Resilience

Continued from Page 1

motivate all voters to vote.

Another popular action step was characterized as “multicultural tolerance” or “inclusion.” What that says to me is that we have to overcome the fractious groupings we have today and, somehow, build multi-racial/ethnic/cultural solidarity and common purpose. Even if this bond is limited and narrowly defined, it can serve the purpose of electoral success now, and as a basis of trust that could eventually lead to eliminating the negative stereotypes. History shows that times of tolerance are followed by times of intolerance, so it may be one of those things that requires continual watchfulness.

The next most popular action revolved around education in its many forms: in general, critical and independent thinking, knowledge of civics, history, human behavior, science, the natural world, philosophy, spirituality, and all the things that mitigate for love and against ignorance, prejudice, hatred, and stupidity. Not that we can eliminate those, but I think we can agree that we can do a little better than we are now.

Another area of concern was all aspects of communication: how well, how often, and how truthfully we communicate with each other, and taking responsibility, especially the mass media, for the consequences of the stories we tell. With regard to the former, we need to communicate knowledgably in concert with each other, and in the latter, we need to realize that what we say, publish, or

broadcast helps establish the emotional context in which we live. You may remember in Michael Moore’s movie, *Bowling For Columbine*, one explanation given for the markedly lower level of gun violence in the more gun-dense Canada was that the Canadian local TV news did not lead with crime, fire, and accident stories as ours in the US does. What we dwell on has consequences.

There were other specific suggestions made that I won’t go into now. We also did a survey of interest in future discussions of various topics, and got a very positive response, so, although we don’t know what forum those discussions will take place in, we hope to facilitate that in some way.

Next, we will have a follow-up meeting on Saturday, May 19, 9:30-11:30, also at the Presbyterian Church. At this meeting, we will be presenting our action steps to members of our political world. Sharon Nelson, our State Senator will be there, also, Dylan Cate of the Washington State Democratic Party, and Shaun Scott, field organizer for Rep. Pramila Jayapal. We want to be sure they understand our concerns and intentions, and will seek their advice on how best to proceed.

Please come to the next meeting, even if you missed the first. If you want to be kept informed of what we are doing, you can email Kevin Jones, [kevinjonvash@gmail.com](mailto:kevinjonvash@gmail.com).

Comments or questions?  
[terry@vashonloop.com](mailto:terry@vashonloop.com)

## Alfie and Bella Needs A Home



We’re a pair of playful young kitties who have lived together and are hoping to find the same forever home. We adore people and like to show affection.

If you’ve thought it would be fun to have multiple cats but worried about whether they’d be compatible, that’s not an issue with us – we’re best friends. Because we’re a “Purrfect Pair,” VIPP will give a reduced adoption fee to a person who makes it possible for us to stay together. Save money and bring home two cats who already get along. What a deal!

**Go To [www.vipp.org](http://www.vipp.org) Click on Adopt**

Find the Loop on-line at  
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**Compost the Loop**  
 The Loop’s soy-based ink  
 is good for composting.

**Aries (March 20-April 19)**

You know who you are, and you don't need anyone dictating to you or holding you back. If someone demands that you step quietly aside, or into the shadows, ask them why — or ask yourself what they fear. Many people feel most comfortable in a world where they can easily deposit other people into convenient boxes, and draw security from their prejudices. But you don't owe anyone the right to squeeze or shrink you. You don't owe anyone a neat package, nicely wrapped in a bow. Rather, consider being impossible to contain as something to celebrate and revel in. Then do just that, to the best of your ability.

**Taurus (April 19-May 20)**

This may be a good week for ensuring that the relationships you cultivate are as healthy as possible, both for you and for your partners. In particular, are you getting sufficient support to be able to express your personality? As well as considering the actions of loved ones, you might reflect on whether you are fully communicating your needs. If you've gotten into a habit of leaving such things unsaid, try to break through your reserve, even if a little at a time. You can be diplomatic if you're truthful. Doing this can help someone you care about also, by setting an example for them to follow.

**Gemini (May 20-June 21)**

Don't be afraid to go a little against the grain in your social world or community. You have something unique to bring to the table, and it's time that gift was made visible. You may fear that some will disapprove. Well, it's impossible to please everyone, so forget that. If needs be, float your idea with people you trust, though don't allow anyone else to be the final arbiter. It may in fact help if you're somewhat spontaneous, mischievous or quirky. The sky is tending that way, and many people badly need a little novelty in their lives — not to mention humor. You can afford to be creative.

**Cancer (June 21-July 22)**

It's been shown that we remember challenging events far better than pleasant ones. This is supposedly an evolutionary trait that cultivated threat avoidance and thus promoted survival. Yet for modern humans it is something to tackle rather than encourage. This week, you would probably benefit from using your considerable creative gifts and resourcefulness to channel any tense or difficult memories. That may initially involve simply doing things you enjoy. Eventually, though, you'll want a project that requires more substantive, long-term work. Set a goal, and make plans in detail where possible.

**Leo (July 22-Aug. 23)**

It's important to set healthy boundaries, especially in the workplace. Even if you're aiming for the top of the corporate tree, you should still have free time to enjoy at home and in the company of those you love best. Most people need some kind of sanctuary from the turbulent pace of the outside world: not necessarily four specific walls, but a space in which they feel comfortable and relaxed. If you think you need a few extra hours to yourself at present, consider how you could achieve that. It may be that you simply need your leisure time to be uninterrupted; that's also a good general rule.

**Virgo (Aug. 23-Sep. 22)**

The next week may involve several sudden shifts of gear, or unexpected developments. In particular, when it comes to the people around you, you may need to hold space for them to be who they are at each moment. The closer you are to them, the more important that service is likely to be. Don't take anything too personally, and don't try to shoulder another's burden to the extent that you could wind up feeling overwhelmed. Rather, make a point of taking care of your needs, so that you are operating from a position of strength. Probably all you need to offer is kindness, openness and love.

**Libra (Sep. 22-Oct. 23)**

You have a knack for providing honesty and fairness wherever it's needed, and just now it would seem to be needed in your relationships. There might be a specific issue you feel uncomfortable bringing up, or that is becoming more important to deal with. Barring risk to life and limb, I would encourage you to speak. Even if you don't necessarily get the response you were expecting, it's usually far better to communicate openly than to let something fester beneath the surface. You can be respectful, polite, affectionate and compassionate — just so long as you are also clear and scrupulously truthful.

**Scorpio (Oct. 23-Nov. 22)**

Life as a human involves a complicated dance of social rules and rituals, which exist for many different reasons. This week may see you reviewing some of these patterns and questioning their precise origins. A surprising number of the restrictions we place on our behavior are remnants of old-fashioned religious (one might say superstitious) moral codes that simply need not apply so rigidly in today's culture. Sex-negativity is one possible example; there are likely many others. The key here is anything that makes you personally feel either unhappy or boxed in. That's a sign it probably ought to go.

**Sagittarius (Nov. 22-Dec. 22)**

Your sign is generally full of fun and this week would appear to be no different; yet the astrology suggests that something in your daily life is perhaps in need of sprucing up. If you're chafing somewhat, find a creative way to add a little spice, or to switch things around so that you feel a fresh sense of inspiration. You need stimulus. Don't listen to anyone who expects you to harbor guilt or shame over that. It's a necessary quality that drives innovation, and sets a worthy example for others who might get a little too comfortable in their humdrum routines. Show them all how to be more interesting.

**Capricorn (Dec. 22-Jan. 20)**

It would seem you're getting a firmer grasp on what it means to express yourself without fear. Being an adult means that there's a point at which we must diverge from our early caregivers, and form our own opinions on our own terms. That may seem obvious, but it can be all too easy sometimes to revisit former patterns and to retain ideas that feel safe due to their familiarity, if not exactly pleasant. To apply critical thinking to what one might call 'received wisdom' is not the same as being disrespectful; it's a necessary tool of independence. You almost certainly see that. Don't be afraid to put it into practice.

**Aquarius (Jan. 20-Feb. 19)**

We all have missed opportunities or mistakes that we regret. That doesn't necessitate constant self-flagellation, especially for the benefit of an audience. Instead, think of regret as a useful tool that you can shape into resolution — that is, spurring you to up your game, so to speak, and to avoid repeating similar errors. You want to steer clear of any sense that you might be irredeemable (that is never true) or of resentful victimhood. Being practical and methodical should help enormously. Remember that you hold the reins of your life, which means you ultimately hold the power to determine where to head next.

**Pisces (Feb. 19-March 20)**

Your resourcefulness and intelligence will likely be key to navigating this week's events. If there is any turbulence, you are more than capable of being your own anchor; though do seek out support and cooperation when you need it. You may listen to others, though it's vital that you rely most on your own judgment. Your instincts are pretty finely honed and just now you would seem to be attuned closely to them, perhaps as near as you've ever been. Whatever challenges you face will almost certainly offer valuable lessons about human nature, which you can easily and skillfully turn to good account.

Read Eric Francis daily at [www.PlanetWaves.net](http://www.PlanetWaves.net)

FOR ORCAS AND FOR ISLANDERS  
PLEASE REPORT LOCAL  
WHALE SIGHTINGS  
ASAP TO  
**206-463-9041**  
Vashon Hydrophone Project  
Orca Annie Stateler and Mark Sears  
[Vashonorcas@aol.com](mailto:Vashonorcas@aol.com)  
Support Vashon-Maury Island Whale Research  
Sightings NOT Disclosed to Whale Watch Boats  
[vashonorcas.org](http://vashonorcas.org)

## Have a Story or Article

Send it to:  
[Editor@vashonloop.com](mailto:Editor@vashonloop.com)

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Vashon Library Events  
Art & Music Events  
Submit your Event on line at  
[www.vashoncalendar.com](http://www.vashoncalendar.com)

## Celebrating the choral heritage of Finland



The Emerald Ensemble concludes its second season with a tribute to the choral music of Finland. Performances are on Vashon Island on May 19th and in Seattle on May 20th as one of the inaugural concerts at the new Nordic Heritage Museum. Artistic Director Dr. Gary D. Cannon will give a pre-concert lecture beginning 25 minutes before each concert.

Choral music has long been a staple

of Finnish culture, led by the works of Jean Sibelius (including the anthem Finlandia) and his contemporary Toivo Kuula. In the twentieth century, Finnish sacred music flourished in the hands of the late Einojuhani Rautavaara, while composers like Erik Bergman developed new, innovative trends. Among the current generation of brilliant composers is Jaakko Mäntyjärvi, whose works are at turns comic and dramatic.

Vashon United Methodist Church  
17928 Vashon Hwy SW, Vashon,  
Saturday, May 19- 8PM – 10PM

**Next Edition  
of The Loop  
Comes out  
Thursday  
May 24**

Deadline for the next  
edition of *The Loop* is  
**Saturday, May 19**

Make a date with Vashon!  
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# Spiritual Smart Aleck



By Mary Tuel

## Seventy

This month I will celebrate my seventieth birthday. I used to think seventy was old.

Parts of me ache when the weather changes, or when I move the wrong way. Some parts hurt all the time. When I was young I would have found this intolerable. Now it's life. Growing older is a challenge in many ways, but I'm glad I'm still here to gripe about my aches and pains.

A topic my single female friends and I discuss a lot is our living situations. Most of us have more house than we need now, and certainly more than we want to keep up. Our houses once were full of people, but now they've all moved on.

I've thought about taking in roomers, but I like my solitude. I like my privacy. I like knowing I'm not getting on anyone else's nerves, and vice versa. It's easier to relax and be yourself in a house without roommates, except for the dog and the cat. They are un-critical.

For some widows it's the first time in our lives we've been able to make decisions based on what we want to do without taking care of everyone else first.

So, what now?

We think about downsizing, selling our big family places and going somewhere smaller and easier. Unfortunately, with house prices and property taxes going the way they have here on Vashon and Maury Islands, there is nowhere to downsize. There are no affordable cute little bungalows an older person might live in, places with no stairs and low property taxes, not many Granny pods.

I've checked out Pugetopolis home prices. Tacoma has many houses in the downsize range for under \$350k. Port Orchard houses are going up in price, but there are a lot of houses in the \$250K to \$450K range. In Bremerton, an adorable little Craftsman can be found for \$233,000.

Houses on Vashon or in Seattle are nuts expensive. You knew that. I saw an adorable little Craftsman in Seattle for \$859,000.

There is low income housing on the island, but you must qualify and get in line, and we can't all fit in the space currently available.

Our adult children might want us to live near them as we get older. Maybe

they haven't read the statistics that show that older people die faster when they are moved out of their homes. Or maybe they have, and they're trying to put us out of their misery. Hard to say. I think they mean well. They worry about us.

When you've lived on the island for forty-five years, or your whole life, and your community, your friends, your church, and your history are here, considering moving off the island is a big leap. Some people yell, "Wahoo! I'll never wait for a ferry again!" and leave without a backward glance, but for some of us, it's not that easy.

I spent the last four and a half years re-building my life as a single person after my husband's death. That has been hard. It's hard to think about selling the home place. I spent my adult life here. Married here, raised the kids here. Wrote my songs here.

Sometimes I think, why don't I get an RV and drive around the country like I always dreamed I would? It would be fun to do it with a buddy, of course. My cousin Nancy was the perfect travel buddy. Unfortunately, she died in 2014. That is one of the drawbacks of getting older - the older you get, the more the mortality picks up speed, and the less surprised you are to hear someone else is gone, though it still hits you in the heart.

At seventy I look back and feel blessed to have lived in the years I've been given. I was young during the sixties, when the music was better than it's ever been since. Got to sing like I wanted to do from the age of eight, heard stories by the simple expedient of listening, got to be a songwriter, was fortunate enough to love and to be loved. Lived the tremendous education of raising children. Had more unexpected experiences than I could imagine were possible for one person in one lifetime.

Now, here I am, turning seventy, and cannabis is legal, just in time for my arthritis. I sure didn't see that coming.

Life hasn't been all skittles and dumplings. As Rick used to say, some days you bite the rat, some days the rat bites you.

I have some time left. Don't know how much, which makes me aware that the time I have is precious. I plan to write essays and sing songs and laugh a lot with my friends. Maybe buy that RV. We'll see. I used to think seventy was old, but here I am, making plans.

# Vashon Opera's The Magic Flute The Magic of Opera!

Vashon Opera will bring Mozart's enchanting opera The Magic Flute to the stage in May. A handsome prince, Tamino, is tasked with saving a princess while a comical birdman, Papageno, seeks his own spouse. The Queen of the Night asks her daughter, the princess Pamina, to kill her father but in the end love conquers all. Darkness is vanquished and through the trials of virtue and charity the loving couple is united. In a double happy ending Papageno finds his Papagena! This delightful comedy will be sung in English.

Tickets are available at [vashonopera.org](http://vashonopera.org).

All performances are at the Vashon Center for the Arts.

The Magic Flute, Mozart

Wednesday, May 16, 2017 at 7:00pm

Reduced rate Dress Rehearsal

Friday, May 18, 2018 at 7:30pm

Sunday, May 20, 2018 at 2:30pm



# BLOCKED



Valise members put on their purple high top sneakers recently and marched--each to a different drummer--around the BLOCK. Visions of orange fish flying with geese, father and son combat, art books with words dancing on pottery pages, howling coyotes,

aging family members, spinning globes, caves and hideouts, abstract collages, pensive people, tin rivers and valleys, beach trash and wayward plaster feet danced in their heads and soon the urge to grab their paint brushes, charcoal pencils, cameras, hammers and nails and chunks of clay overcame them.

Some artists marched around the BLOCK as many as ten times. One fell off the BLOCK

and BLOCKED traffic. A truck driver honked and shouted, "BLOCKHEADS!" which caused a few tears. Eventually they all made it home to their studios where they each created a BLOCK of art now hanging on the walls of Valise.

The Valise May show BLOCKED is



part of VIVA'S Spring Studio Art Tour which takes place the first two weekends in May, Saturday and Sunday, May 5d and 6th and

May 12th and 13th. Opening is Friday May 4th, 6 to 9.

## The Vashon Sheepdog Classic

Continued from Page 1

All proceeds from the Vashon Sheepdog Classic benefit local charities focused on the health and education of Vashon Island youth. The event has raised over \$150,000 since 2010.

- Thursday-Sunday, June 7-10, 2018, dawn to dusk.

- General admission \$10 / Four-day pass \$25 / Kids 10 & under free.

- Advanced ticket purchase required: [brownpapertickets.com](http://brownpapertickets.com)

- Information: [vashonsheepdogclassic.com](http://vashonsheepdogclassic.com)

# KVSH

## 101.9 FM

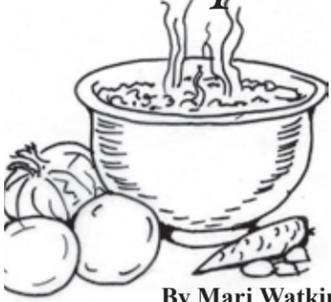
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# Island Epicure



By Marj Watkins

## Food Champions

Some healthful foods are just more so than the rest on the low-glycemic index. They taste good, too. The eight best foods for general nutrition:

1. Adzuki Beans--excellent source of magnesium, protein, folate, and potassium
2. Broccoli--anticarcinogenic, antioxidant, and a great source of Vitamin A, folate and fiber
3. Eggs--highest quality of protein, 6 grams per large egg
4. Blueberries-- antioxidants, cancer fighters, and for increasing cognitive ability
5. Oats--stabilize blood sugar., reduces cholesterol
6. Yogurt--probiotic, predigests milk proteins; people allergic to milk can enjoy as yogurt, and benefit from its calcium and protein
7. Walnuts--yield melatonin for good sleep, and can block breast and prostate cancer cells
8. Cherries, fresh, canned or dried--remedy for gout and other forms of arthritis.

The best brain boosters:

1. Eggs, especially Omega-3 eggs. Buy the eggs from chickens allowed freedom to run out in the sunshine and eat bugs and greenery. They'll cost more but they're worth every cent.
2. Nuts--another source of Omega 3 fats. They also act to prevent cognitive decline.
3. Low glycemic foods: Apples, not applesauce. Organic apples so you can eat the skin,

too. That's where the quercetin is. The meat of the apple right next to the skin was my grandmother's remedy for an upset stomach.

4. Kohl vegetables: cabbage, kale, brussels sprouts, broccoli, cauliflower. Four cups per week recommended.

5. Green tea: helps prevent diabetes. Antioxidant, anti-inflammatory, helps the liver break down toxins so your body can excrete them., and improves sensitivity to insulin.

6. Vitamin B12 yielding foods: meats, dairy products, and seafood. Older adults lose ability to extract B12 from foods. They may need sublingual B12 pills or shots for energy, to enhance memory, and to reduce homocysteine, a major contributor to Alzheimer's.

7. Berries, red or blue or black, 1/2-cup daily. Their ellagic acid blocks cancer cell reproduction and they enhance memory and thinking ability.

To start the day with a super-delicious, super-healthy breakfast: Menu: Orange or grapefruit wedges, buttered whole-grain toast, omelet, sausages, green tea.

### Broccoli Omelet Serves 2

- 3 or 4 eggs, beaten
- Salt and Pepper
- 2 broccoli florets, chopped
- 2 Tablespoons coconut oil or butter

Combine eggs, salt and pepper. Heat the oil in a wide skillet until a drop of water you put in bounces. Pour the eggs in. At once, stre=ew the broccoli bits across the left half of the egg. Fold the other half over as soon as the egg solidifies. Slide onto a plate. Divide into four quarters. With a wide spatula or pancake turner, distribute between two warm plates. Enjoy with pre-cooked sausages warmed in a microwave oven for 1 minute..

# Freedom from Burning Coal and Natural Gas?

During the last year, with help from two very active campaigns--Vashon Climate Action and Carbon Free Vashon--our island has been educated on some startling facts: our electric utility company, Puget Sound Energy, that generally provides good service and touts often its "green" ambitions, has concealed a very dirty secret, namely, that 59% of its electricity comes from the burning of coal and natural gas.

On top of that climate changing fact, we've also learned that this century-old, northwest company was purchased in 2009 by a group of Australian and Canadian investors, and is now run strictly for the profit of a foreign-held private equity company. They are constrained somewhat by our state's Utility and Transportation Commission however this UTC granted PSE the highest rates charged in our state and entitled them to a 9.8% return on the company's equity which is purchased primarily with the income from those rates.

And then in February, after over 40 people from Vashon carpooled to Renton and spent the whole day demonstrating and testifying with several hundred others in front of the UTC Commissioners, expressing our concerns about the carbon-tainted electricity, we were left only with the very real question, is there hope for any change in the status quo? The only answer was maybe.

I've participated in those campaigns; I was in Renton and watched people pleading--begging even--the 3 UTC Commissioners to urge PSE towards the use of renewable resources. The effort was uplifting but, I felt, somewhat misdirected; especially when compared to the very real alternative offered Vashon, and currently embraced by the 62 publicly owned, non-profit utilities that serve the rest of our state with electricity that is over 90% free of carbon and delivered in a more democratic manner today--a business model known as a Public Utility District.

*Here are my observations concerning our electric industry, its economics and state-level politics:*

1.) It is very unlikely, in the near term, that Vashon will reach any significant carbon-free goals by pleading our case with PSE or by making our wishes known to the UTC and other state-level politicians.

2.) Rather, the economy itself--with the rapid decline in the cost of wind and solar power--will most probably push PSE "beyond coal" and they will then most likely switch to the less expensive, carbon-based natural gas as their preferred alternative for power generation.

3.) In clear contrast, the most viable path towards Vashon's carbon freedom is through a PUD, whereby local voters--not state regulators or

foreign executives--control the strategies and policies needed to get to the 100% renewable energy future that we desire.

### So, what makes a Vashon PUD viable?

There are thousands of community-owned public utilities in the United States, including 24 PUDs in Washington. These utilities have been operating since the 1930s and get their carbon-free power from the federal Bonneville Power Administration and offer their customers rates that are, on average, 25% less than PSE's. PUDs are common in Washington, well-established by state and federal laws and BPA provides them hydro or nuclear power--97% carbon-free today!

The newest PUD, in Jefferson County, took over PSE's franchise in 2013, and immediately reduced that county's carbon footprint by two-thirds. Once their voters approved their PUD, a group of dedicated supporters was formed to negotiate and structure its future. This publicly owned, non-profit electricity utility now serves their rate-payers directly--outside the influence of foreign investors or state-level bureaucrats and with all profits retained in the county, the liberty to train and employ local people, and with the freedom to manage their business following strategies designed to benefit their community alone.

This last point offers the most important advantage of any PUD. Once formed (and after the infrastructure of PSE has been purchased--perhaps the biggest hurdle in such a formation), a PUD in Washington purchases

BPA electricity at their "Tier One" price--generally the lowest electricity rate available in the state. That, of course, offers an immediate financial benefit for any community, one denied the PSE customers, and one that should be exploited. However in the future, because of the rapid decrease in the cost of solar energy, this renewable source of electricity may be available at an even lower rate. If so, the independent PUDs will be poised to exploit that opportunity as well.

And so it is in this regard--the likely future for renewable resources--that the major benefit of a locally owned PUD becomes clear. As renewable systems develop--as the power generating industry is predicting today--utilities will purchase them using their rate-payer income. If those rates are paid to PSE, the resources will be purchased by PSE and belong to their investors. If the rates are rather paid to a locally owned Vashon PUD, it will purchase the facilities, taking ownership of the asset and benefiting our community directly!

So, as I see it, we can continue with PSE and the begging for our carbon-free future, or, we can form a PUD on Vashon, become 97% carbon-free right away and likely reduce our electrical rates to boot. If you're interested in this prospect, give us your email address and we'll keep you informed of any progress.

Ward Carson,  
VashonPUD@gmail.com

If PSE continues with coal and natural gas, we'll go local and carbon-free!

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# Rooster



Rooster plays their own unique take on a mix of "free range" rock, blues, pop, new wave, soul, and funk, along with many new Rooster originals from their upcoming album release. Rooster rocked the house with their version of Stevie Wonder's "I Wish" at the recent "Songs of the Seventies" Showcase, many solo dates at the "Red Bike" and Snapdragon, the last five Strawberry Festivals on main stages, VOV Live on the Highway appearances on KVSH FM, as well as festivals, concerts and private parties.

Founders Rick Doussett (guitar/vox) and Ken Widmeyer (keys) are joined by Andy Doussett (bass/vox) and Stephen Cooper (drums/vox). Get your dancing shoes on and come out for a rocking night with Rooster. We promise you'll have a blast!

Rooster

Friday, May 18th, 8:30pm

The Red Bicycle Bistro & Sushi/ This is an all-ages free event until 11pm, then it will be 21+ after that.

# Interdisciplinary Theater Piece, "Propaganda for the Self"



On May 26th- 27th the interdisciplinary theater piece, Propaganda for the Self will run at Vashon Center for the Arts.

Propaganda for the Self is the American Dream deconstructed in order to build a bridge into a more radical reimagining of what we are capable of. The show is an essay enacted through bodies in real time. Using utopian queer love stories, dance movements inspired by superheros, and audience engagement, Manning and Steffen will excavate white America's obsession with numbness in search of the radical possibility of desire. The show, created through

the support of a 4Culture project grant, is the co-creation of Eli Steffen and Corinne Manning. Steffen grew up on Vashon and partnered with Manning, a former resident to co-create and bring this project to the island infamously named in 2014 the most liberal place in America.

Propaganda for the Self runs May 26th-27th at Vashon Center for the Arts. Tickets are available at [www.vashoncenterforthearts.org](http://www.vashoncenterforthearts.org): \$8 Student, \$10 Member, \$12 Senior, \$14 General. For more information please visit [www.elisteffen.com/propaganda](http://www.elisteffen.com/propaganda). This project is supported through a grant from 4Culture.

## Peter Mulvey

Continued from Page 1

his abilities as a performer. Whether playing solo or with a band in tow, Mulvey has a rare ability to hold an audience's attention and transport them, using wit, humor, and a subtle but sophisticated melodic and harmonic sensibility to gracefully introduce complex and provocative concepts and characters.

Having since resettled back in Milwaukee, Peter has continued his touring life while making seven solo records with Signature Sounds, the venerable singer/songwriter label in western Massachusetts' fertile musical Pioneer Valley. His sixth release, The Trouble With Poets (2000), features the title track which remains among his best-known songs. 2002 brought Ten Thousand Mornings, a CD of cover songs recorded live on Boston's Davis Square subway platform. The name refers to the collective number of commuters' mornings Peter hoped he was entertaining, or touching, in some way. His albums have always maintained the spontaneity and edge of his

live performances, including his 2004 Kitchen Radio and 2006 CD, The Knuckleball Suite, both of which were recorded in just a few days with a band of sympathetic co-conspirators. He followed the ensemble vibe of these records with Notes from Elsewhere (2007), which consists of solo acoustic recordings of some of his most popular songs.

Collaboration is another source for Peter's continued growth. In 2003, he released the trio album, Redbird, with fellow songwriters Kris Delmhurst and Jeffrey Foucault. The album's 17 songs range from jazz standards to old country tunes to contemporary covers, all recorded in three days around one microphone. Peter's annual hometown holiday in-the-round gigs have become an institution over nearly a decade. He can sit in with nearly any musician or ensemble and improvise in the common language of music.

As a complement to his touring and recording, Peter has also kept a hand in education; teaching guitar and songwriting workshops across the country. His songs and

deep baritone voice have been heard in documentary films, major television shows, and by dance and theater companies. In 2004 Peter released a full-length DVD, On the Way, featuring interview and concert footage.

For the past several years Peter has done an annual Fall tour entirely by bicycle, partly for environmental reasons and partly for the sheer fun of continuing his creative, unorthodox approach to a long and fruitful career as an artist.

In every aspect of his career, Mulvey draws on an extremely broad swath of influence; he is always reading, listening, and eager to hear new poetry, modern minimalist composers, old-time fiddle tunes, Argentinean trip-hop, or top-shelf bar bands. Said The Irish Times: "Peter Mulvey is consistently the most original and dynamic of the US singer-songwriters to tour these shores. A phenomenal performer with huge energy, a quick fire, quirky take on life, and an extraordinary guitar style. A joy to see."

Still, it is the live performance that defines that work. Night after night, whether performing solo, duo (with David "Goody" Goodrich), or sometimes even with a band, Mulvey attempts to be the sum of his parts, to draw on all the musical legacies he has studied, to make a fresh, vital moment out of everything he and the audience have brought to the table that night. "People need this. I need this. To come together in a room, to try to make music come alive, for real, for right now, and then to let it go...that is the whole deal for me."

# VCA Shows and Events

**Quartermaster Press Retrospective** - The Quartermaster Press Studio 25th anniversary retrospective exhibit in the Koch gallery and VCA lobby includes these upcoming events:

May 19, 1:30 p.m. Saturday - Valerie Willson - Monotype Demonstration

Valerie Willson will demonstrate monotype-one of the most spontaneous of the printmaking mediums. Monotype is fun for beginners and is also used by the most sophisticated printmakers to create unique prints. In this demonstration, four different techniques will be explored.

**Vashon Artists in Schools Photography Exhibit - First Friday Opening**

Ray Pfortner worked with students in James Culbertson's Vashon High School photography class in a Vashon Artists in Schools residency, Urban Photography. Students took to the streets of Seattle visiting landmarks along the way to hone their skills in visual literacy, observing and documenting the shapes, colors, and textures of the people and places they visited.

The Exhibit will be up for the month of May in the VCA lobby "Thumb" (across from Vashon Island history installation on west side of lobby in the Katherine L White Hall). Photographs will be available for purchase.

**Danny Newcomb and the Sugarmakers**

Danny Newcomb was a founder of Goodness, the Rockfords, Shadow, and has been signed to Atlantic records and Epic records, toured and opened for Pearl Jam, Oasis, Cheap Trick, Elliott Smith. VCA is excited to host this series of local musicians performing at the Katherine L. White Hall in partnership with Vashon Events, and generously sponsored by John L. Scott.

Saturday, May 12 at 8:30pm | Free Admission

**Vashon Opera Presents Mozart's enchanting The Magic Flute.**

It's a fairytale, but so much more. A handsome prince, Tamino, is tasked with saving a princess while a comical birdman, Papageno, seeks his own spouse. The Queen of the Night asks her daughter, the princess Pamina, to kill her father but in the end love conquers all. Darkness is vanquished and through the trials of virtue and charity the loving couple is united. In a double happy ending Papageno finds his Papagena!

This delightful comedy will be sung in English. Mozart's final opera has everything -

heartwarming comedy, gorgeous music, and a spiritually uplifting story where wisdom and virtue triumph in the end. An opera that young and old will love.

Reduced Rate Dress Rehearsal:   
◇ Wednesday, May 16, 2018 - 7:00pm

Performance Dates & Times:   
◇ Friday, May 18, 2018 - 7:30 pm   
◇ Sunday, May 20, 2018 - 2:30 pm   
Tickets \$28-\$48

## JUNE EVENTS

**VCA Garden Tour**

The 28th Annual Garden Tour on Vashon Island! This year's tour will feature 5 magnificent properties that truly epitomize the beauty of Vashon, thanks to the love, ingenuity, and mastery of the garden hosts. In addition, there will be a wonderful garden-inspired visual arts exhibition in the Koch Gallery, as well as a spectacular garden-inspired Art Bazaar in the Katherine L. White Lobby featuring some of the incredibly talented artists that grace our Island and complement the beauty of the Annual VCA Garden Tour.

Tickets are on sale now for:   
The Garden Tour - Saturday & Sunday, June 23 & 24   
The Garden Party - Friday, June 22 | 5:30 pm

Wine Tasting and Lecture with Kurt Timmermeister - Saturday, June 23 | 4-6 PM

**Vashon Center for Dance Spring Concert which includes two pieces: "Pictures at an Exhibition" & "Alice in Wonderland"**

Pictures at an Exhibition is an idea brought to Vashon Center for Dance by Islander, Artist, and Dance Dad Jonathan Kuzma. It is based on the paintings by Viktor Hartmann and the suite of music written by Modest Mussorgsky. The unique choreography for "Pictures" is the result of a student and teacher collaboration, and showcases our advanced Ballet and Modern Students.

Alice in Wonderland is a contemporary ballet based on Lewis C Carroll's well known classic, and is set to Joby Talbot's beautiful score. Alice follows the White Rabbit, and meets many interesting characters danced by Ballet, Tap, Modern, Hip Hop, and Creative Movement students from Vashon Center for Dance.

June 1, at 7pm | June 2 at 1pm & 7pm | June 3 at 1pm   
Advance Tickets: \$12 Member/student \$14 Senior, \$16 General   
\$18 at the door



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Show information or Article and get included  
in  
**The Vashon Loop.**  
Send to: [Editor@vashonloop.com](mailto:Editor@vashonloop.com)

# Fresh - Vashon Farmers Market Music

The Vashon Island Growers Association offers locally grown produce at the Saturday Market, in the heart of Vashon's town. At the Saturday Market, you'll find about 30 to 50 vendors of food and arts and crafts, along with live music. At the market, you can buy Island grown organic produce, meats, even wines, bread and cheese...and special gifts for your loved ones.

Vashon Events is happy to be a part of bringing music to the Vashon Saturday Farmers Market. The music is almost always from 11am until 1pm, in the northwest corner of the Village Green. We'd like to thank Nan Wilson at Manage Ad Music for generously sponsoring the music again this year!

On Saturday, May 12th, we bring you Catbird!

Playing a fun mixture of Old Time music and Jazz Standards, CatBird will take to the stage. Mary Shackelford and Jim Burke are a husband and wife duo who have been playing together for over four decades. With Mary on the mandolin and Jim backing her up with guitar and banjo good time tunes are a natural. Get ready to do some toe tapping or even a bit of the old soft shoe.

On Saturday, May 19th, we bring you The Tab Tabscott Trio!

The Tab Tabscott Trio plays a nice mix of Happy Little Sad songs and Sad Little Happy Songs, coupled with fiery



and emotional slide guitar sounds. Tab has played the dobro and pedal steel guitars for a half century and weaves a spellbinding mix of sounds on these instruments which lends a vocal like quality to his delivery. The music is augmented with delightful ukulele and bass accompaniment and lovely vocals.. Join them for an intimate evening of soothing sounds, delightful vocals, and solid rhythms from many parts of the globe.

# Burlesco Notturmo: Just in time for Mother's Day



Burlesco Notturmo, Gone Bananas! What that means is an opportunity to experience professionally choreographed stage celebration of the art of burlesque at the recently renovated Open Space for Arts & Community. Doors open at 7 p.m., Saturday, May 12 with libations and sultry, cabaret music by The infallible Love Markets. Show begins at 8 p.m., when Mistress of Ceremonies Madame X stilt-struts onto stage in all her beaded costumed glory.

The multi-talented Burlesco cast includes the sizzling, celebrated, Seattle-based Luminous Pariah. Lumi tours extensively and has performed in over 100 international productions throughout Europe, Canada and Australia. He performs as a soloist as well as one-fourth of acclaimed boylesque collective Mod Carousel.

J. Von Stratton brings her own brand of fabulous theatrics, dance, camp and kitsch. She wows audiences from Switzerland to Finland, Denmark, Germany, Canada, Portugal, China and Australia. Member of Seattle-

based burlesque troupe The Atomic Bombshells, Von Stratton holds the title of 2015-2016 Queen of the Roses, winner of the Oregon Burlesque festival.

The Atomic Bombshells, founded by original members of the Shim Sham Revue in New Orleans' historic French Quarter, learned their bumps n' grinds from original stars of burlesque's Golden Age. Seattle Weekly says, "Armed with an astounding amount of talent, these phenomenal beauties pull out all the stops and pump out a show of sheer splendor where every inch of skin is cherished..."

Kitten 'N Lou, (Kitten is Founder and Artistic Director of the Bombshells), combine their extensive burlesque, theater and dance performance creds to create a tour-de-force that celebrates and subverts everything from classic burlesque and MGM-era musicals, to jukebox drag, homo-fabulous twin club kids, to vaudeville-style tap dance.

Purchase tickets now; general admission tickets are \$25. A few VIP and Special Occasion packages are still available with delectable chocolates, heavy appetizers and extra Spéciale attention from Mme. X and more. Details and tickets available at [OpenSpaceVashon.com](http://OpenSpaceVashon.com).

Find us on Skype  
Vashon Loop  
206-925-3837

# Allison Shirk at the Hardware Store

Vashon Events works with The Hardware Store Restaurant every month to bring you live music, usually on third Thursday of the month. The music takes place from 6-8pm.

This month we've got Allison Shirk performing for you!

Allison Shirk is a singer-songwriter/guitarist whose music blends her Texas country roots with her love for vocal jazz and blues. She plays original songs and heart-felt cover tunes. She has a soothing voice that draws you in with its sincerity and soulfulness. Allison is a juried member of the King County 4 Culture Touring Arts Roster and Gigs4U Roster. She performs regularly around the Northwest at wineries, musical venues, and SeaTac Airport. Allison is currently working on releasing a video for her single, "Comfort," and is fundraising to release a new album this year. She released, "Break My Heart" in 2015 and "Live from the Blue Heron" in 2016.

Allison is thrilled to be sitting in for house musician, Loren Sinner, on April 17th. She will be performing original music and cover songs that go perfectly



with the amazing food and drinks at The Hardware Store Restaurant. Make your reservation for dinner now at <http://thsrestaurant.com>.

## Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

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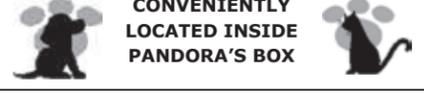


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**PANDORA'S BOX**

Nothing new or exciting to report.  
Bettie continues rehab. Teal continues moving.  
Stephanie continues to discover the joys of Yaki-Vegas.  
Meagan continues to study.  
Jenny continues to enjoy Arizona.

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