Vol. 15, #16

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August 2, 2018

Vashon Island Pet Protectors Dog Walk 2018

Come join us on Saturday, August 25th from 9a.m.-noon for the annual VIPP DOG WALK at JENSEN POINT! Register on site the day of the event as either an individual or a team participant... make a contribution and stroll around the Burton Loop course, with or without a dog, to support VIPP!

> Prizes include: INDIVIDUAL CATEGORY

The highest 3 individual contributors win animal care visits from Joanna Gardiner Loving Care for Animals

TEAM CATEGORY

Each member of the highest team contributor wins a nail trimming gift certificate from Wet Whiskers. A team is just you and your friends walking together (10 max per team)...very unofficial!

FREEBIES:

The first 50 contributors receive a swag bag from Pandora's Box

A Vipp Dog Walk Tee Shirt while supplies last

All contributors entered into a Raffle for a chance to win the following:

1) A \$100 gift certificate to Vashon Adventures (good for kayaking, paddle boarding and electric bike rentals)

2) Two certificates, each one is for two people to attend a FUNdamentals of Animal Massage class with

Northwest School of Animal



Massage. Each certificate is valued at \$150. You and a friend can spend the day learning basic animal massage to

enhance the life of your pets.

3) A doggie gift basket filled with treats and toys from The Country Store

*Everyone receives an event photo of you and your dog by Kent Phelan, Island Photographer

*Doggie water stations provided by J.R. Crawford, Windermere Realtor

Come join the fun and walk for

A heartfelt THANK YOU to Windermere Real Estate...the OFFICIAL Sponsor of the VIPP Dog Walk since 2016!

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Noises Off



Coriel Silkett and Marshall Murray on the upstairs and Max Lopuszynski Photo by John de Groen

Drama Dock presents Michael Frayn's Acclaimed Comedy "Noises Off", directed by Susan Hanson August 3,4,5,9,10,11,12. Thursday, Fridays and Saturday 7:30, Sundays 3:00.

The New York Times said this about Noises Off; "The most dexterously realized comedy ever about putting on a comedy. A spectacularly funny, peerless backstage farce. The dizzy, well known romp is a festival of delirium".

'Noises Off" premiered in 1982 at the Lyric Theatre, London. The idea for it came in 1970, when Frayn was watching a performance of "The Two of us", a farce he had written for Lynn Redgrave from the wings. He said it was funnier from behind (back stage) and I thought that one day I must write a farce from behind. The prototype, a short -lived one-act play called "Exits" was written and performed in 1977. At the request of his associate, Michael Cadron, Frayn expanded it into what would become "Noises Off" It takes its title from the theatrical stage direction indicating sounds coming from offstage.

Susan Hanson has assembled a stellar cast; an actor director Chaim Rosemarin, 2 professional actors Marshall and Stephanie Murray, 2 actors who are studying acting at their respective colleges Joy Ghigleri and Max Lopuszinski, 3 Drama Dock veterans Peter Kreitner, Dianna Daniel and Coriel Silkett and brave newcomer James Norton. Hanson said that even after just one week of rehearsal there was a very professional feeling with the actors offering support and direction to each other, of course always clearing it with her. A very important character in this play is the revolving set, designed by Craig Hanson and lovingly and painstakingly constructed under the leadership of Robert Piston. "Noises Off" is a classic farce, all the characters are ridiculous but believable. Hanson says it is pure joy, pure pleasure and pure entertainment. You will laugh out loud.

Tickets are available at Vashon Bookshop and Brown Paper Tickets \$18.00 for seniors, students and Drama Dock members, \$22.00 general admission.



the very hard working, talented set construction crew. Photo by John de Groen

The Road to Resilience

Democratic Socialism

I don't watch commercial mainstream or cable news, but I do get snippets from them, both good and bad, through Alternet, Common Dreams, or some other news sources. The other day, I a table talking about the news. The reason for presenting this snippet was to show John McCain's daughter going off on a rant against socialism. That was no surprise, but preceding it was a question by Whoopi Goldberg about whether socialism was a threat to our democracy, a common confusion that I have written about before and will cover again now because there is good reason to believe that there will be widespread attempts to manipulate your vote by spreading fear that socialism will destroy our democracy.

First of all, pitting socialism against democracy is like pitting a shape against a color. An object can have any shape and any color. Socialism is an economic system and democracy is a political system. It's easy to see how we came to believe that socialism and democracy are mutually exclusive. We are the birthplace of democracy and the most successful purveyors of capitalism. The Soviet By Terry Sullivan,

Union was the first experiment in state socialism (Communism) and evolved a brutal autocracy.

We know, but have not actually admitted to ourselves, that democracy and socialism are completely compatible. Although we call ourselves a capitalist saw one with the usual pundits around country, socialism is an integral and important tool in the proper functioning of our country. It is natural for roads, schools, libraries, utilities, police, and fire to be socialist in nature, although there are those that want to privatize many of these services. When we do that, we put profit ahead of general welfare, and that is not a good idea for services that all must use.

> On the other side, Cuba in the 1960's decided to commit totally to the socialist ideal and outlawed private enterprise. After years of trying to monitor all the needs of the country and to see that supplies met all demands, they have come around to see that only the independent decisions and actions of millions of people can efficiently supply and distribute goods and services. Russia and China have also realized this. In practice, we have demonstrated that capitalism and socialism are not mutually exclusive, but our Cold War mentality refuses to see it.

Politically, we have come to see that Continued on Page 9



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Theo Needs A Home

My nickname is "Little" but I don't know why, because I'm kind of a big fella. I'm not big and brave when it comes to dogs, and I wasn't happy living with one. I love people, though, especially when they scratch behind my ears. My owner described me as shy but adaptable and calm so I'm sure I could be happy in a quiet home that suits my temperament. Give me a chance, and I'll put more than a little love in your heart!



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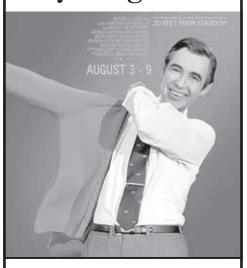
Live Entertainment

Friday, August 17, 8pm Cherrywood Station

Friday, August 24, 8:30pm Subconscious Population

Friday, Sept. 14th, 8:30pm Bill Brown & The Kingbees

Now Playing Won't You Be My Neighbor?



Coming Soon

Ant Man August 10-19

The Breach August 14, 6pm

Sorry To Bother You August 20-23

Conscious Cartoons Festival September 14-16

Vashon Theatre 17723 Vashon Hwy 206-463-3232 Call for Times

For show times and info check www.vashontheatre.com

The Vashon Loop

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www.vashoncalendar.org

Find *the Loop* on-line at www.vashonloop.com

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Get in The Loop

Submissions to the *Loop*

 $Do\ you\ have\ an\ event\ or\ Public\ Service\ Announcement?\ Email\ questions\ or\ submissions\ to\ Steven$ Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Meaningful Pathways at Any Age

(support group - ongoing) Facilitated by Laura Worth, MSW. Wednesdays - Aug 1, 15, 22, 29. 9:30 - 11:30 am

Vashon Senior Center Package of 4 meetings: \$75; per meeting: \$25

Pre-registration advised (call Laura at 206-463-9283)

Call for early-bird reduced fees. Ask about partial and full scholarships

Start anytime! These four steps create success in any order:

- 1) Clarify meaningful goals.
- 2) Choose your own pace.
- 3) Build your confidence with new habits and tools.
 - 4) Evaluate and self-correct.

Small group for personal attention. Experience group support and guidance from a professional life coach. Laura has been "helping people find their way for more than 20 years."

This is a "support circle" where I offer life coaching in a group-based format. It helps people access a sense of meaning and purpose in their lives at any age. The tools and my approach to facilitation of this group are with seniors in mind.

Have a Story or Article

Send it to: Editor@vashonloop.com

Next Edition of The Loop Comes out **Thursday** August 16

Deadline for the next edition of *The Loop* is

Saturday, August 11

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Tryouts for a new play My Mother, Myself

Try-outs for 'My Mother, Myself', on Aug. 27,28 only at Ober Performance room 6-9 and the play's premised is how 5 pairs of mothers and daughters face painful conflict and tragedy with audacious strength and unconditional love! Playing at Vashon High School Nov 30, Dec 1 &2. Dress rehearsals will be on the prior Saturday and Sunday afternoons.

Needed:

- 5 Caucasian women ages 30-60
- 1 Hispanic woman 30-35
- 2African American women ages 30-65
- 1 Caucasian teenager
- 1 Hispanic teenager

The play will be produced by Take A Stand Productions and directed by Torena O'Rorke

More info at torenaororke@gmail.com or 5094606444.





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Raising Our Voices for Compassion: A Poetry Reading to **Benefit the Northwest Immigrant Rights Project in Support of Reuniting Families**

A poetry reading fundraiser for the Northwest Immigrant Rights Project (NWIRP) will take place on Thursday, August 2 at 6pm at the Vashon Bookshop. This reading, sponsored by Indivisible Vashon: Immigration/ Refugee Work Group, will raise concerned voices and solicit donations to support NWIRP. All donations collected from the evening will support NWIRP's continued efforts to provide pro bono lawyers for the parents now detained in federal prisons and detention centers and for their children, taken from them at the U.S./Mexico border.

The lineup of poets includes Washington State Poet Laureate Claudia Castro Luna, ACLU attorney and poet Shankar Narayan, Tacoma poet Robert Hasselblad and Vashon poets Lynn Carrigan and Merna Ann Hecht. These five poets will be followed by an open mic and readers are asked to present their own or another poet's work that directly or tangentially speaks to breaches of human rights and dignity. At present, a recent zero tolerance policy denies entry to anyone seeking asylum from gang and domestic violence. This policy has resulted in at least three thousand children being separated from their parents and placed in detention facilities. Members of the Indivisible Vashon group join countless citizens across the country who are outraged by this policy that brings lifechanging trauma to every child separated from his or her family.

NWIRP has expressed great appreciation for this event. The hope for this reading headlined by the WA State Poet Laureate is that it will spark others like it in support of front line efforts for reuniting families and insisting on due process for all asylum seekers. The reading joins a longstanding tradition of poets and artists speaking up for human dignity, human rights, and justice.

Death . . . the Experience of a Lifetime, August 10 and 11

The Vashon Conversation for the Living about Dying project is offering a free evening event and a full-day workshop: Death, the Experience of a Lifetime - Preparation for Death and Care of the Dying. Guest presenter is Bodhi Be, Executive Director of Doorway into Light, a nonprofit organization on Maui engaged in advocacy and educational programs on death and dying. Bodhi is a teacher and ordained minister in the Sufi lineage. He is an independent funeral director, hospice volunteer, end-of-life and bereavement counselor, coffin maker, death doula educator and founder of The Death Store.

Target audience includes those who: are dying • care for the dying • may die one day • may care for a dying person • wish to learn how to care for someone who has died • and those who work in these fields. In other words, everyone!

Free Island-Wide Presentation on Friday, August 10, 7:00 – 8:30 p.m. Full Day Workshop on Saturday, August 11, 9:00 a.m. - 4:00 p.m., \$70.00 Registration includes morning refreshments and lunch. Both events at Vashon Land Trust Building, 10014 SW Bank Road.

Register for workshop in person at the Vashon Senior Center, 10004 SW Bank Road or email at vashonconversation@gmail. com. Discounted rate available for those needing financial assistance. Registration and payment required by July 31, 2018. More information at www.vashonconversation.com.

Advertise in the Loop!

It's a great time to get back in the Loop. ads@vashonloop.com Next Loop comes out August 16

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"Free Range" Kids

By Sean Malone with the aid of his Muse, John Sweetman

"Get me more spider webs. I have to have more," I yelled at Sister Molly. She was in the barn and looking when she yelled back, "I'm scared they are going to attack me." Little brother Mike was sitting on the ground, holding his bleeding leg, while I tore his shirt up to make a bandage. "G.I. Joe Comics" had described in detail how the army used "spider webs" to stop bullet wounds from bleeding and I was doctoring the gash in my brother's leg with the same technique. "Get more "spider webs", he looks like he is going to faint," I yelled, not remembering that my brother couldn't stand the sight of blood. Molly was crying when she came running with a thin handful of spider webs, which I promptly slapped to the deep cut. "One of the spiders bit me," she whined, as I wrapped Mike's cut and we started across the field with our limping brother

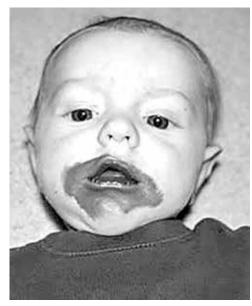
In those days, .. Moms merely sent us out un-supervised to play and basically went about their business, until lunch or dinnertime. If we could get out of range of Mom's police whistle, it was possible to get out of chores with the excuse that we couldn't hear her.

We were down on the beach and out at the drop-off, which scared all of us because you couldn't see bottom five feet away from where you stood in three feet of water. The bottom dropped away at such a steep angle that you had to swim if you stepped off of it and Mike couldn't swim when Molly yelled that he was running toward the danger. The tide was so low that it raced along the edge of the drop-off and little Mikey didn't have a clue. With feet away from a disaster, Molly grabbed Mike and dragged him away from the edge, only to have stepped on a barnacle in her haste.

Barnacles hurt right away and infect easily, possibly leading to blood poisoning if left infected. The "tell-tale" red line or lines running up your leg were a sure sign of blood poisoning, which could possibly lead to amputation. Great Uncle Jim came close to having his leg amputated because of a stab wound from the needle-sharp bone, behind the dorsal fin of a four foot dogfish. It was WW II, and Uncle Jim sold the livers of the dog fish to the US government and

the oil they made from them was called "cod liver oil." It was 1942 on Tramp Harbor when this incident occurred. All commodities were under tight controls and that's possibly how the "dog-fish oil" was re-named.

Merthiolate burned more than mercurochrome and made me jump on one foot and squint my eyes as I yelled



out in pain: "It hurts, it hurts!" Adding insult to injury, mercurochrome doesn't burn as bad, but Mom didn't have it. I asked her why and she replied: "If it didn't hurt, it probably wasn't doing much good." Both antiseptics turned the skin red and my leg looked like someone had spilled the bottle that came with a cork and glass applicator.

Purple is a terrifying color for a 13 year old in the seventh grade, especially when it is all around your mouth, and you are afraid to look at the girls in the hall because you look dirty. You had canker sores or some other strange disease of the mouth and Mom used gentian violet, painting your mouth purple to stop infection.. How degrading can a treatment be? The purple liquid was also used to cure ringworm, which really wasn't a worm, but the purple blotches on your face were a public indication that you had some contagious plague. Other times, we were forced to drink cod liver oil "only on principle."

Sean@vashonloop.com

Baby Needs A Home...

Ooh, Baby, Baby! I'm such a charming kitty. I purr up a storm when someone pets me, my favorite place to sleep is a paper bag and I like to play with feather toys. I'm not comfortable with dogs or other cats, so I want to be the only pet in my forever home.

Because my front feet have been declawed, I need to live indoors. I'm so lovable, you'll like having me inside with you all the



time anyway. Just don't put Baby in a corner - I want to be close to you!

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To view adoptable Cats and Dogs

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Liquefied Natural Gas in Tacoma? Risks and Impacts

PSE is actively constructing an expensive LNG facility on land claimed by the Puyallup Tribe. PSE is marketing LNG as a "clean fuel" alternative, despite the dangers of methane release, and the potential increased production required by the fracking industry to supply the plant. The project has not acquired all necessary environmental permits yet, but is proceeding anyway. PSE, an Australianowned utility, supplies approximately 60% of its energy from fossil fuel based sources. This stands in contrast to many

other utility districts in Washington that supply through the Bonneville Power Administration that is only 3% fossil fuel based and additionally provides lower rates. The PSE LNG plant is a huge step backward with no compelling rationale other than profit. We can do better! Come and find out about this massive fossil fuel project in our backyard in a presentation by 350.org presented through Vashon Climate Action on Wednesday, August 15th from 7-9pm at the Vashon-Maury Island Land Trust Building.

Open Air Aerial Festival

Open Air Outdoor Aerial Festival celebrates all things aerial in a community event, a favorite Open Space summer tradition in the grassy, fir studded meadow. Saturday, August 4, from 4 to 6 pm, watch aerial art unfold and marvel as more than a dozen performers (solo and duos) dance and spin above on a blue-sky canvas.

A delight for all ages, relax in the shade, or bask in the sun and discover delight in the beauty, athleticism and comedy created by a host of performers. This year's line-up includes Tanya Byrno, Josie Slade (hoop), Sarah Smith (rope) and a cadre of talented UMO aerial graduates who have aerial in their DNA. Magician Tom Pruiksma shares his magic and singer/songwriter Lucy Phar opens the afternoon with beautiful vocals.

Bring family, friends, a blanket and picnic basket to share while you ooh and ahhh to choreographed aerial spectacles.

nh to choreographed aerial spectacles.

Refreshments and snacks will be



available. Suggested donation \$10/per person. No on turned away for lack of funds.

Rochelle Munger

JULY 5, 1964 — JULY 27, 2018



Rochelle Munger, cherished daughter of Barney and Sharon Munger and one of the Island's own, journeyed on in the early morning hours of Friday, July 27, after a lengthy struggle with cancer. Rochelle was born in Cincinnati, Ohio on July 5,1964. She came west with her parents to California and then to Washington and Vashon Island in 1967. A lifelong sportsperson ("I'm just a female jock.." and "....my time as

a Seattle Mariners ballgirl was a ton of fun!") with deep involvements on many levels in Island soccer, basketball, volleyball, track, and softball. Rochelle was the Chautauqua Elementary School phys.ed teacher for many years and also taught healthy living and phys.ed at McMurray Middle School until recently. She absolutely loved her job and was hugely committed to being a positive force in her students' lives. Rochelle's many interests included a passionate desire to be picking the 5-string banjo and playing Bluegrass music whenever and wherever possible. She became a very talented player and performer, a gift to her audiences and to her bandmates in Riverbend, Rock Island Experiment, Bob's Your Uncle, and Highway 16 among others. Rochelle dealt with her illness these last eight years with magnificent courage and grace. Her concern for the happiness of others obvious, she was compassion and generosity in action. When in her presence, you couldn't help but know you were okay and loved. Her sunny smile and infectious laugh always ready to brighten your day. Being grateful ("...gratitude is the attitude." as she liked to say) for your chance to enjoy this life was implicit. Left behind are her mother and father, brother Joshua, step-mother Mary Meyer, partner Cliff Simpson and the great many of us who have been fortunate enough to know her. Rochelle, you are forever in our hearts and minds. Until we meet again on some bright highway, happy trails!

Dontations may be made to services and organizations concerning the children of Vashon.

Island Life Infrared Instead

By Peter Ray pgray@vashonloop.com

If I'm remembering correctly (and who knows for sure anymore), I believe my first experience of infrared art photography was through the work of Minor White, who was a master of the zone system of exposure and development, as well as being a brilliant composer of images. It was the starkness of the blacks and whites that struck me, along with the fact that what was black or white wouldn't necessarily have been so much so with normal black and white film. Most notable in any infrared photo is that pretty much all foliage appears white, where in a regular black and white rendering it would register in various shades of gray. Similarly, the sky becomes wrong when seen through infrared vision in that, again, instead of various shades of gray, it appears nearly black. Either standing alone on a cloudless day, or in even starker contrast to the presence of any clouds, it is a sky that is unfamiliar and perhaps a bit foreboding to the uninitiated infrared

Back in the day I did try a little bit of infrared photography, but it involved special film and special development and it seemed more costly than it was worth. A few years back I was asked by Pat Churchill to record her play- 'Through the Garden Gate'- which was done in the round, or three quarter square as it was in the old Blue Heron performance space. That was challenging enough, but the beginning of the performance proved even more difficult visually as it was done in the dark, with various characters speaking the names of cultivated roses all around the house. This did not read well on the video screen, so I devised

a narrow window early in the morning, just as the daybreak light before sunrise was barely filtering through the trees and barely illuminating the garden. I didn't realize at the time that there was a dense filter specifically designed for infrared usage.

A little less than a year ago I was scanning through an art article aggregator site- Hyperallergic- (don't ask me the origins of the name) which was recommended by a friend, and it was there that I stumbled upon an article about a Russian photographer who had done a series of photographs of Chernobyl in all of its abandonedness while using a digital camera that had been converted to record in infrared. This was not the classic black and white, nor was it color. Somehow it was a mix of both through an internal conversion of the recording chip and a selection of filters that were attached to the front of the lens which altered the light even before it was recorded inside. This seemed very cool, and seemed like it was flexible enough through filter changes to see and record things in a new way. And so it was that I found the place recommended in the article that did infrared conversions and I sent my oldest dslr (digital single lens reflex) camera off to undergo alterations. I also ordered a couple of different filters to be able to start this visual exploration. As I have found, without filters this conversion renders scenes in washed out normal colors, kind of like old photos that have faded, or like using tungsten film in daylight. With the two filters I have, from one I get almost the classic black and white infrared vision, sometimes with a hint of blue or a slight tendency toward sepia. With the other filter, one is seemingly transported to Mars, with the sky shifting to various shades of red, while foliage still goes white and other colors sometimes respond in surprising



an alternative visual- a garden tour around our backyard with photos that I purloined from the dungeons of the internets of all the roses being named in this introduction. So as to be quite different from the rose pictures, I used the infrared function on my video camera and captured the tour in an altered black and white. This took a number of trials to get right as the infrared sensor in the camera is super sensitive and causes the image to be washed out in the light of day. So I had to purchase a set of neutral density filters, use them all stacked in front of each other on the lens and film in

As it so happens, you can see examples of scenes of Vashon that I have shot in infrared in the last few months on display at Café Luna starting this first Friday and running through the entire month of August. I will be at Luna for the opening during this art walk and will be willing to answer almost any questions one might have about what the heck I was thinking while shooting these things. As far as the tech geek end of it, I am not so well versed. I understand the basic principles involved, but prefer to leave some of it a mystery to be explored. Like my past two shows at Luna, all of the



VYFS presents Thriving Artists Theatre in PROOF by David Auburn



Actors Michael Blum as Robert and Ana Maria Campoy as Catherine

VYFS presents PROOF by David Auburn, presented by Thriving Artists Theatre, a Latino Theatre Company in Seattle. PROOF, first produced in 2000, won the Pulitzer Prize and the Tony Award for Best Play in 2001. The play centers around Catherine, the daughter of Robert, a recently deceased mathematical genius in his fifties and professor at the University of Chicago, and her struggle with mathematical genius and mental illness. Catherine had cared for her father through a lengthy mental illness. Upon Robert's death, his ex-graduate student Hal discovers a paradigm-shifting proof about prime numbers in Robert's office. The title refers both to that proof and to the play's central question: Can Catherine prove the proof's authorship? Along with demonstrating the proof's authenticity, the daughter also finds herself in a relationship with 28-year-old Hal. Throughout, the play

explores Catherine's fear of following in her father's footsteps, both mathematically and mentally and her desperate attempts to stay in control.

The play will be performed in Spanish and English, and is appropriate for children ages 12 and up. The play is free with donations accepted and will be held outdoors, across from the NeighborCare Clinic. Bring a blanket or chair and a picnic and enjoy this amazing production of a family dealing with mental illness. All proceeds go to support VYFS. After the production, we will hold a question and answer session with the cast and clinicians from VYFS to discuss the effects of mental illness on families. We hope you will join

Friday and Saturday, August 18 and 19, 2018-2:00pm. Sunrise Ridge- outdoors across from NeighborCare

Admission-Free-Donations Accepted

Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday. Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption.

Or give us a call 206-389-1085

photographs were made on the Island. And like the past two shows, the scenes are both familiar and foreign.

I am calling the show 'In Another Land', with a tip of the hat to that classic Rolling Stones album- Their Satanic Majesties Request- and the song it contains whose name I am borrowing for the show. Hope to see you there, and as at least one of the side lyrics goes on the album: "On with the show and good health to you."

The Breach



By Amy Morrison

Backbone Meaningful Movies presents a one night screening of The Breach, a documentary film about wild salmon and the threats they face in the Pacific Northwest. The event will be Tuesday, August 14 at 6 pm at the Vashon Theatre.

Following the documentary will be a 10-minute clip from The Breach's upcoming sequel, The Wild, still in production. Director Mark Titus and Video Editor (and Vashon Islander) Eric Frith will be at the screening to discuss their work, updates to salmon recovery issues, and the filmmaking process. Attend and be one of the first to see the beginnings of this yet-to-be-released documentary.

Writes Mark Titus, "In creating The Breach I began to think of the symbiotic agreement Native Peoples had with salmon for millennia and how that has been compromised. There are hopeful restoration projects for repairing salmon runs – including the largest dam removal in US history on the Elwha River ...

"I sought out tribal leaders, scientists, policy makers, fishermen, artists, authors and chefs – all with a shared knowledge and passion for wild salmon as cultural treasure, mystery from the sea and food for the planet. Many spoke of salmon surviving ice ages and earthquakes for millennia. Our shared journey is in asking if wild salmon have a chance of surviving us."

A hopeful restoration project is the Whooshh Salmon Cannon, which gently

and safely transports migrating adult fish over dams using silk-type tubes, fashioned after the bank tubes at drive up teller stations. This exciting development has been tested at Columbia River dams. Indigenous leaders who presented the recent film "United by Water" on Vashon in June told us this is an example of appropriate technology, innovated for ecosystem repair. They implored us to step up and do what we can to heal the river and support their efforts.

To this end, after the screening attendees are encouraged to take a few minutes to write a postcard to our elected Congressional officials, asking them to allow tribal members and First Nations a place at the table as the Columbia River Treaty is re-negotiated. The negotiations began in late May, but no indigenous voices are allowed and ecosystem function is not being currently considered as a priority. In the Pacific Northwest our cherished resident orcas are dependent on Columbia River salmon, and a viable river system is critical for their ability to survive. Postcard materials will be available so we can join our voices together for a larger impact.

Admission is by donation, with no one turned away for lack of funds. The evening is made possible thanks to generous support from Vashon Theatre and Island Green Tech, and is a collaboration between the Backbone Campaign and the Meaningful Movies Project in Seattle.

VCA Welcomes Six New Board Members

By Joseph Panzetta

Vashon Center for the Arts is pleased to announce the appointment of six new members of the Board of Trustees, effective immediately.

"We are incredibly excited to welcome an incredibly strong, diverse, and energized group of people to our Board," said Denise Katz, President of the Board of Trustees. "Each brings a unique expertise and perspective to our organization and join us at a time of tremendous change and positive momentum."

Britt Freda has been designing, drawing, painting and telling stories for as long as she can remember. She received a double degree with honors in fine art and writing from St. Lawrence University in New York. In addition, Britt studied painting, drawing and photography at Lorenzo de' Medici Institute of Art in Florence, Italy and by invitation for intensive residency at La Cipressaia in Montagnana, Italy under internationally acclaimed South African artists Rose Shakinovsky and Claire Gavronsky. After working in the Center for Entrepreneurship and Innovation in the Business School at the University of Washington, Britt researched and reviewed early stage bio tech, sustainable energy, tech and lifestyle companies for a local venture catalyst firm. Britt's paintings can be found in private collections, museum collections and exhibitions, galleries and publications nationally and internationally.

Kimberly Jackson is a recent Vashon Island resident who relocated from Dallas, TX where she was an active member of many arts organizations including Shakespeare Dallas, the Nasher Sculpture Garden and Dallas Black Dance Theater. Kim is a graduate of St. Lawrence University and of the year-long Dallas Business Council for the Arts' Leadership program where she learned the business and cultural side of arts leadership. Her day job is as a consultant with Jacobs Engineering specifically in the areas of communication, marketing and organizational change management.

Wendy Kearns is an intellectual property and technology partner and chair of the Technology, Advertising, Trademark & Entertainment group at the law firm Davis Wright Tremaine LLP in Seattle. She is the mother of three Vashon-native kids who actively participate in the arts. Wendy joined the board to help further the mission and reach of VCA. In her spare time, she cooks a mean pulled pork and brisket, travels a lot, and writes poetry.

Allison Reid Allison Reid is Director of Advancement at Harbor School, Vashon's independent K-8 school. An avid supporter

of arts and education, Allison has worked in the non-profit sector for more than 25 years using her talents in development, event management, marketing and communications to help organizations thrive and grow. She is delighted to join the VCA community as a board member and supporter.

Margo Tantau blends a life-long passion for art and design with a first-hand understanding of small town living and community. Margo has been described as "Fairy Good-Mother to Artists Everywhere" and loves to live into that personality. It is this passion that guides her creative spirit, as she works with artists and companies to develop unique products the world over. Her son Cooper is involved in VCA's musical theatre and directly benefits from the Arts in the Schools program.

Michael Tracy Since 2011 Michael has made Vashon his home. Before then Michael lived for over 25 years in New York City where he is an Advisory Board member of The Wooster Group and was a past president of CSC Repertory Theater. These two positions gave him a hands-on experience in the 'economics' of small theaters and productions. However, Michael's real passion is in piano and acoustic music especially in intimate settings such as Kay White Hall. This past spring Michael hosted three lecture/ concerts at VCA on Schubert, Chopin and Liszt involving multi-media and local musicians. He looks forward to the challenges and rewards that VCA presents.

Cathy Winjun Cathy Winjun and her husband have been Vashon residents for over 15 years. She is an alumnus of the University of Washington School of Business and her professional experience includes public accounting consulting (KPMG), mortgage banking, and real estate appraisal. Together with their elementaryage twins, she and her husband especially appreciate all of the activities and arts education opportunities available for children and families on Vashon. VCA is a huge part of what makes Vashon Island such a unique and amazing community and a big part of why they enjoy living here. Cathy is a new member of the board and looks forward to contributing to VCA in the years to come.

About Vashon Center for the Arts

Vashon Center for the Arts is a collaborative and community-based organization that initiates quality arts experiences for all ages, creates opportunities for artists to perform and exhibit their work, and provides a center for the arts on Vashon Island.

"Dancing with Dogs" Showing at Valise Gallery

"Dancing With Dogs," a show of art by Sharon Shaver and George Wright that celebrates the joy of human-dog relationships, opens Friday August 3rd at Valise and continues through the month.

We walk our dogs, throw sticks into the water for them to chase, snuggle on the sofa with them while we watch movies, and some of us reach out our hands for their paws when we hear a song we like and say, "Let's dance!"

Sharon Shaver said that many times to her Airedale Captain who whined at the sound of Janis Joplin's voice and Jimmy Hendrix's guitar and would only dance to Strauss waltzes when enticed with smoked salmon.

Sharon's colorful acrylic paintings show dogs of all sizes dancing with their human partners. And there are a few cats too, some innocent bystanders, some brave enough to put a paw out on the dance floor.

George Wright's dogs Nora, a 9-yearold Havanese, and Nick, a 18-year-old



Maltese, have sophisticated musical taste and only listen to jazz and classical music which is what they'll be dancing to when they start their dance lessons.

George has created a large encaustic painting of dance steps that dogs like; the Rumba, Waltz and Fox Trot, and

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Vashon Library Events
Art & Music Events
Submit your Event on line at
www.vashoncalendar.org

whimsical art chairs; a female dog wearing a ruffled shirt, a male dog wearing a pork pie hat, a small mouse chair, and a cat. Also in the show will be her new encaustic abstracts and small mixed media works.

VALISE 17633 Vashon Highway SW



www.VashonEvents.com

August 2 '18 The Vashon Loop, p. 7



Planef Waxes

by Eric Francis http://www.PlanetWaves.net

Aries (March 20-April 19)

It would be pleasant if reputations were actually based on the things we say and do, as opposed to the sometimes-unjustified opinions that people can form. Gossip is rife and rational thinking is, by contrast, at a premium. None of that should prevent anyone from living their life honestly. What others perceive or believe is usually beyond our reach and almost always beside the point. Be true to your own values first and foremost.

Taurus (April 19-May 20)

Aligning with the next phase of your career path may take its time, but don't let yourself sink into a stupor. Rest is invaluable and you must use it when you need to rebuild your strength; but once refreshed, keep going. If the main point you wish to gain is proving elusive, do something else for now that may help you get there, even if indirectly. Clear out some clutter. Learn an auxiliary skill, or test your memory. Your innate gifts must be backed up by concrete effort.

Gemini (May 20-June 21)

Mercury's ongoing retrograde journey is inviting you to turn your receivers inward, to listen to the flow of your soul and the dreams of your secret heart. This concept may well terrify any Gemini, but actually you're probably far more capable of intuitive insights than you realize. Yet what if you don't quite trust that your intuition is a valid part of you? For starters, don't try to stereotype or caricature yourself. Acknowledging your real character is one step on the path to fuller self-acceptance.

Cancer (June 21-July 22)

A common thread of several philosophies is "everything in moderation." This doesn't just refer to food, alcohol, Facebook or whatever. It means that when we do anything impulsively or excessively, the results will usually be chaotic. Try to interpose a pause between feeling and action this week. You might consider that moderation also means a work-life balance: ideally, you'll have a reminder of that handy where you can see it.

Leo (July 22-Aug. 23)

Since there is so much going on in the sky during this extraordinary month, you'll benefit from making sure the people you associate with can nurture and sustain you. In turn, you should feel able to support them and contribute to a generally peaceful environment. Whether given or received by you, the ideal form of love is trusting and unconditional. Your natural generosity is an excellent basis for teaching this by example.

Virgo (Aug. 23-Sep. 22)

There is a growing body of people who discount, on principle, the existence of any paranormal phenomena. Since you're reading your horoscope, it's unlikely that you're among them; though you might well have a healthy store of skepticism. At this moment, however, you'd benefit from attending to your intuition, which appears to be more potent than usual. It's an irrevocable part of you, in any case; accept it, and treat it with respect.

Libra (Sep. 22-Oct. 23)

Young ladies of the early 19th century were expected to cultivate "accomplishments," such as playing an instrument, singing or drawing, that they

could trot out during parties, usually to gain marriageability points. At least in some ways, we have now moved on from that period, so it's possible to practice art for art's sake, and to gain in skill for your own fulfillment rather than to impress someone else. To that end, consider quality as more important than quantity.

Scorpio (Oct. 23-Nov. 22)

The past is not the present. Nostalgia pretty much requires as a compulsory ingredient an ability to gloss over lesspleasant memories. If you're feeling at all sentimental about past glories, or you seem to be stuck in old ways because of habit or tradition, one way to turn this around is to acknowledge the grime of bygone days as well as the gold. Be honest with yourself about that, and you may soon recognize that you've moved forward, and that it's a good thing, too.

Sagittarius (Nov. 22-Dec. 22)

Your ruler Jupiter, having stationed direct not long ago, is beginning to recover the ground it walked back, and to move toward your sign at last. You may be experiencing this as if waking out of a long sleep. Don't rush yourself. Listen to your body and your feelings. If you're troubled by an apparent lack of progress, remember that slower, gentler phases, like the tides, have a purpose and a place. These usually reveal themselves at the right moment.

Capricorn (Dec. 22-Jan. 20)

If a project is worth doing, it's worth taking time over. Trying to force yourself to produce a result because you want something to show for your labors is unlikely to bring you anything except a bunch of false starts and wasted energy. Your value as a human being is inherent and independent of anything you create, and ultimately it doesn't matter how prolific or otherwise you are: the key thing is doing what you love, and loving what you do.

Aquarius (Jan. 20-Feb. 19)

If our distant ancestors somehow appeared in the present day, you can pretty much guarantee that they'd find our lives incomprehensible. To some extent, the same is true of our parents. Some social changes, after all, don't take very long; and right now the world seems to be moving faster than ever. All this is to say that you don't need to take the judgment of a parent, or any authority figure, as gospel. Your opinion is the one that really counts.

Pisces (Feb. 19-March 20)

Some people who profess to be spiritual really give the concept a bad name (and JP Sears, for one, does an excellent job of satirizing them). Yet faith that's sincere and loving can involve some thorough benefits in terms of healing and strengthening. Perhaps more clearly than most, you know that we humans are complex and holistic creatures, with a need to nourish our souls as well as our bodies. Keep the mystic in you well fed this week.

Read Eric Francis daily at www. PlanetWaves.net

Deadline for the next edition of *The Loop* is **Saturday, August 11**

A very special Concert in the Round

Vashon Events is pleased to announce a new partnership with Vashon Center for the Arts to showcase local bands at the Katherine L. White Theater. The concerts were made possible in part by a generous gift from John L. Scott – Vashon, the sponsor of the Local Music Series. Most all these shows will be on First Fridays with a few exceptions.

We are thrilled that our local bands will now have increased access to use of the Katherine L. White Theater through this series that will feature local bands and musicians only. Typically, either a band will perform, or three solo musicians will perform in the round.

For the performance on Friday, August 3rd, we bring you a very special concert in the round with three Vashon legends: Ron Hook, John Browne & Bob Krinsky!

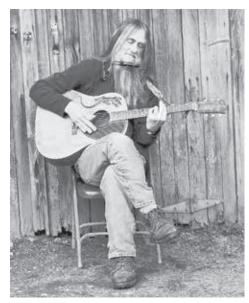
The man, the myth. Mysterious, captivating.... ever so talented, Ron Hook will lay down his funky grooves and make you forget about your troubles. Front man for over thirty years for the



Bob Krinsky

legendary Island band, Subconscious Population, Ron has earned the respect of many people – not only with his amazing ability to play many different instruments so well or his song-writing expertise...but for his love of life, his artistic world and the wisdom that he instills upon us all. His spiritual guidance has been the light for many, both young and old....and his music, well.... ask anyone who's lived here for a while and they will tell you how it's affected their lives in some way.

Seattle native and Vashon resident for many years, John Browne has played guitar since his teens and picked up the harmonica in the mid-1960's. Progressing



Ron Hook

from college sophomore to folk-music groupie-worshiper of Tom Rush, Fred Neil, Buffy St. Marie & Bob Gibson in early-60s Miami, John's musical career has been what he jokingly refers to one long, downward spiral to this present time.....but we all know differently. In the guise of one fifth of the Ph Phactor Jugband in the 'Frisco of '66, John was present (if stupefied) as an opening act for several notable performers- many of them not with us any more - including Frank Zappa, Lenny Bruce, Dan Hicks, The Dead, The Doors, The Quicksilver Messenger Service, Blue Cheer, The Byrds, The Airplane, Lightnin' Hopkins, Mance Lipscomb, Country Joe & the Fish, Art Linkletter, The Congress of Wonders, and others.

Born in New York City in 1950, then growing up in White Meadow Lake, New Jersey, Bob Krinsky has a lifetime passion for songwriting under his belt. He has performed his songs in coffeehouses, clubs and festival stages from the Big Apple, New Jersey and the Catskills Mountains, to west coast venues such as the Oregon Country Fair, Seattle Folk Life Festival, Seattle Freemont Fair, Okanogan Family Fair, Vashon Island Earthfair, and other roots places. An eclectic blend of styles, Bob's music brings together friends of all ages and backgrounds.

Friday, August 3rd

A very special Concert in the Round Ron Hook, John Browne & Bob Krinsky

8:00pm - 9:30pm Vashon Center for the Arts First Friday Local Music Series Free admission! Sponsored by John L. Scott Vashon



John Browne

Spiritual Smart Algek

By Mary Tuel

What to Do When You Don't Know What to Do

Some dear friends have died recently, and in thinking about what I could do for grieving family members and friends, I went and looked up a piece I wrote a few weeks after my husband died.

I have updated it a little.

When someone dies, people say, "Let me know if there's anything I can do," to the bereaved survivors. There might be a lot of things that need doing, but the grieving person is in a world of shock characterized by numbness and amnesia.

People said that to me after my husband died, and never having an answer for it other than, "Thank you," in a rare moment of rational thought I wrote down some things that might help.

Clean one square yard of the house. (I asked for one square yard because I wanted to ask for something that was doable.)

Wash one window of the house. (Ditto.)

Drop by and do a sink full of dishes, or a load of laundry. Extra points for putting dishes and laundry away. If you put stuff in the wrong place, it will provide months of little surprises for the bereaved person.

Help weed the flower bed (make sure you are pulling weeds) and plant the rhododendron (or other plant) that has been given.

Bring chocolate (or something else if they don't like chocolate).

Recommend funny movies/TV shows to watch or stream, or good books. An hour or two of respite can be good.

Send a little money. There are expenses when someone dies. Many people don't have the cash on hand to cover all the expenses that go with a death, especially if the death came at the end of an illness that lasted years and went through all their financial resources. Even if that is not the case, many people are living from one paycheck or Social Security check to the next. Money helps. It allows a person to feel a little more secure when his or her world is at its most insecure.

So. When someone you know has suffered the loss of someone they love, you can say, "Let me know if there's anything I can do." Then, even if the person hasn't got an answer for you, SHOW UP and do a little house cleaning or window washing



or yard cleaning, lend them some great movies or TV shows or make a list of great things to rent or see or books to read, make a cup of tea or coffee, fix a sandwich, take the dog for a walk, give their kids a ride to rehearsal or the game and back, bring a meal that can be eaten now or frozen for later, write a check and send it to the account that's been set up at the bank to benefit the family or be the person who sets up that account, or give cash or a check directly to the family. Don't wait to be asked.

Send a card. I was amazed at what a difference condolence cards made. They meant a lot.

I am not an authority on grief. I'm only reporting on the experience I had when my husband died. Show up, help, send a card, bring chocolate, and a little money never hurts.

Those are some things you can do.

If you are the bereaved and someone says to you, "God never gives you more than you can handle," or the ever popular, "She/he's in a better place," I feel it is my Christian duty to tell you now that you have my personal permission to think, "Bull pucky," or words to that effect.

You probably won't want to say it out loud because you are a polite person, unless you really feel the need, or you are the sort of person from whom people expect that sort of thing. It's good to acknowledge to yourself when someone lays a cliché on you that you don't have to swallow it, and you will feel better for that. You'll be able to smile and say, "Thank you."

Most people you must cut some slack – they are in shock, too, and are simply bumbling around with good intentions. Some people, though, feel they have discharged their duty by delivering their cliché and will leave you to your grieving. Let them go.

After about six weeks to two months, the fuss dies down and the bereaved are left alone to adjust to the new normal, while everyone else is caught up in their old normal life. That's the way it is. That's a good time to check in - send another card, or drop by, or call.

Those who mourn are climbing an emotional Mt. Everest. Give them a little grace now and then.

Peace.

Listen At Home In Your Car At Work Worldwide Schedule & VoV App at VoiceOfVashon.org

Find the Loop on-line at www.vashonloop.com

Compost the Loop

The Loop's soy-based ink is good for composting.

Vashon Library May Calendar

Children & Families

Water Marbled Rock Art
Thursday, August 2, 2:30pm
Ages 8 and older.
Learn a fun technique to create a unique and beautiful rock!
All materials provided.

Infant & Young Toddler Story Times Monday, August 6, 13, 20 and 27, 10:30am

Ages newborn to 24 months with adult. Stories, songs and fun! Play time follows.

Preschool Story Times

Monday, August 6, 13, 20 and 27, 11:30am

Age 24 months to 6 years with adult. Stories, songs and fun!

The Vain Little Mouse Puppet Show

Tuesday, August 7, 3pm Presented by The Tears of Joy Theatre. Family program, all ages welcome with adult

Based on a Venezuelan folktale, our tiny heroine won't accept the proposal of a common mouse and sets her sights on "worthier" matches, like the sun, the wind and a mountain.

Presented in Spanish and English.

Mineral Magic-A Show about Rocks that Rocks!

Monday, August 20, 4pm Presented by Louie Foxx. Ages 5 and older with adult. Join us for a fun, interactive, magic show full of comedy, juggling and audience participation.

Teens

Game On!

Monday, August 6, 13 and 27, 1:30pm Grades 6-12.

Come play video games at the library!

Create a 3D Origami Cyclops Eye Art Workshop

Wednesday, August 8, 1pm Presented by ArtMaranth Mobile School.

Grades 6-12.

Origami is a fun, intricate art and in this program, learn how to fold a boat using basic origami techniques. Then use your creativity and artistic talent to color and finish the design.

Registration required beginning July 25 online, in person or call the library.

History of EDM (Electronic Dance Music)

Sunday, August 12, 11:30am Presented by Jason Price (aka Doctor J). Grades 6 to 12.

Do you know the origins of Electronic Dance Music, where the popular genre came from, and the philosophical

Next Edition of The Loop Comes out Thursday August 16

Deadline for the next edition of *The Loop* is

Saturday, August 11

ideology behind dance music culture? Come learn more about this dance phenomenon!

Registration required beginning July 29 online, in person or call the library.

Beat Surgery Music Workshop Sunday, August 12, 2pm

Presented by Jason Price (aka Doctor J). Grades 6 to 12.

Learn basic beat construction that can be used in a wide variety of genres. Discover ways that soundscaping, a sound or combination of sounds that comes from an environment, can be used. Includes basic mastering techniques and industry production secrets that can be used in audio and visual recording.

Registration required beginning July 29 online, in person or call the library.

Teen Late Night

Friday, August 17, 6:30pm Grades 6-12 only.

Use the computers, play video or tabletop games, make crafts or just hang out.

Free snacks and raffle prizes all night long.

Teens must be picked up by 9pm.

Adults

One-On-One Computer Help

Tuesday, August 7 and 21, 6pm Have computer or software questions? Tech Tutor Volunteers provide basic level help to you. You may bring your own laptop, but Tech Tutors cannot provide hands-on or hardware assistance.

The City is More Than Human: An Animal History of Seattle with Historian Fred Brown

Monday, August 13, 6:30pm Animals rarely appear in urban history books; but cows, horses, pigs, dogs, cats and other wild creatures have played crucial roles in struggles over property and power in the changing city. Explore the hidden history of Seattle's animal past, and how it may help us think about our animal present.

Yoga on the Lawn

Saturday, August 18, 10:30am All ages welcome.

Join Kathryn Payne of Island Yoga Center at beautiful Ober Park for Yoga on the Lawn! Yoga is a wonderful practice of self-care for a healthy body, focused mind and sense of well-being. Gentle stretches, strength building and basic meditation techniques for destressing and centering from the inside!

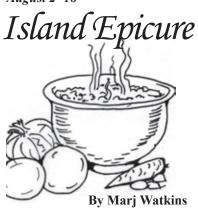
Tabletop Gaming

Sunday, August 19, 11am
Ages 12 and younger must be accompanied by adult.
Unplug and enjoy gaming with

Unplug and enjoy gaming with others. Learn new games from our experts or play old favorites. Feel free to bring your own games to share as well.



Masquerade



Hot Soup vs. Cold Soups, Part I

In cold weather, obviously, the majority vote would be for hot soup to warm you up. That's logical. In hot countries, logic demands cold soups, and this happens in Greece with a cucumber and yogurt soup. But in some hot countries I've lived in or visited, hot soup would be favored. "It helps you sweat," they say, "and the slightest breeze, even walking around, will give you evaporative cooling."

A favorite of mine and my son Steve's is French Onion Soup--not the practically nutrient-free soup that comes in a box labeled French Onion Soup, but the full-bodied high-protein soup we remember from living, and eating well, in France. On cool days we make soup for lunch. On hot days we either make seviche, a cold fish dish, or warm leftover soup in the microwave. On really, really hot days we just take a jar of leftover soup or the basis of one from the fridge or freezer. On a recent cool, cloudy day I made a big kettle of hearty French onion soup based on bone broth. We're ready for the 90 degree days forecast for the weekend.

BONE BROTH: I save up bones from pork chops, lamb steaks, beef ribs, ect., in my freezer in a plastic bag labeled Bones for Broth. When the bag has bones enough to nearly fill a 6-cup saucepan, I make bone broth. If you are not going to use it right away, remove the bones and boil the broth down to about a cupful, decant into a jar, cool it,

and cap it. Keep it in the freezer until you need it for soup or sauce. Replace the liquid you boiled away to save freezer space.

There are probably as many versions of onion soup in France as there are French cooks. Sometimes their onion soups have milk in them. Sometimes they're pureed. Sometimes they employ leeks and become Potage au Poireau. They may be based on chicken broth, beef broth, or--as in my case--bone broth. Always, they are simple, easy to make, delicious and inexpensive.

Real French Onion Soup 4 to 6 servings

2 Tablespoons coconut oil or

live oil

1 large yellow onion, slivered 2 cloves garlic, sliced

4 to 5 cups bone broth, chicken broth or beef broth

1 teaspoon dried and crumbled or 1 tablespoon fresh slivered oregano

1 teaspoon dried and crumbled or 1 Tablespoon fresh slivered marjoram

1 small knob ginger, optional secret ingredient

Salt and pepper to taste

4 to 6 slices toasted Bavarian rye bread or 4 to 6 slices from a grand baguette, toasted

Grated gruyere or cheddar cheese

In a 6-cup saucepan or kettle, heat the oil until a drop of water dripped into the vessel hops and vanishes. Add the onions. Stir-fry until shiny and somewhat wilted. Add garlic slices. Stir-cook 5 minutes. Add the herbs. Stir Add the broth. Reduce heat to medium low. Cover and cook gently until onion is transparent. Taste and add salt and pepper to taste.

While onion cooks, make a slice of toast for each soup bowl and grate cheese. Ladle soup into bowls, removing the ginger knob when you find it. Float a slice of toast on each bowl of soup. Top the toast with grated cheese. Give each bowl a half minute in your microwave to melt the cheese.

Put Your Mask On

Vashon Center for the Arts (VCA) is pleased to announce tickets go on sale August 1 for the 2018 annual Auction and Gala.

Held over two evenings, September 21 and 22, the annual event showcases the creativity of the local arts community and generosity of local and off-island donors and patrons.

The gala theme this year is the Masquerade, and the events that make up the celebration promise to be something special.

"We felt the need to really change things up this year," says Kevin Hoffberg, Executive Director of VCA. "We've lowered the cost of the Friday night auction. The live auction both nights is going to be in our auditorium and will include a show. The gala dinner will be held in our lobby after the Saturday night auction. The asks will all be done so we can just enjoy each other's company. Guests who don't want to stay for dinner can come to the Saturday event for just \$35."

The annual affair is actually built around three events that bracket the month of September.

On September 7, from 6:00 pm to 9:00 PM, VCA opens its doors to preview the art and experiences that will be on offer. VCA friends will have the opportunity to meet the artists and view the art that will be featured in the auctions. Local restaurateurs Dre Neely and Pepa Brower will be catering the affair and showcasing the cooking of both Gravy and new restaurant Sugo. There is no charge for admission.

Friday, September 21 kicks off with "Maker's Masquerade." Participants are invited to dress "Vashon formal" (muck boots should be washed off please!) and to bring their own mask or buy one at the event to benefit Vashon Artists in Schools. Doors open at 5:30 to delicious finger food, fine beverages, and the silent auction.

The live auction will be held in the auditorium and will feature just 25 items. The event includes two live performances that are sure to thrill the audience. The auction is followed by an afterparty. Best of all, tickets are just \$35. Catering is provided by local favorite, Herban

saturday, September 22 is final night and "Venetian Nights" Masquerade. Guests are invited to don their finest and wear or buy a mask that benefits VAIS. Doors open at 5:30 to food, fine beverages, and the silent auction. The live auction will be held in the auditorium and will feature just 25 items. The event includes two live performances and the auction is followed by a proper sit-down dinner.

At dinner, guests will have the opportunity to enjoy good food, good wine, good company with no asks. Just thanks.

Tickets for "auction only" are just \$35. Auction with Gala Dinner tickets are \$165 if purchased by Sept 1, and seating is limited. Catering is provided by local favorite, Herban Feast.

"The annual auction and gala are the centerpiece of our

annual fund drive," says Kevin Hoffberg. "We've been able to raise \$100,000 each of the past two years for our scholarship fund. This means we're able to say 'yes' to every Vashon resident who wants to take a class but needs financial help to do so. We have also netted about \$100,000 each of the past two years to support dance, arts education, Vashon Artists in Schools, visual arts and performing arts. We're awed and grateful for the incredible generosity of our community."

Kevin Joyce, master auctioneer and local creative genius joins us again as auctioneer both nights.

How to purchase your tickets: Online (preferred method): Go to www.VCAMaestro.com and create an account (super easy!) or log into an existing account. After you've done this, click on "Buy Tickets" at the top of the page and follow the simple steps.

By Phone: Call the Katherine L White Hall front desk at 206-463-5131.

In Person: Come in to the Katherine L White Hall and purchase your tickets at the front desk.



Road to Resilience

Continued from Page 1

democracy is by far superior when we have the time to mull a decision. But in an emergency, we find that having a single decision maker is the best way to quick action. We also understand that private businesses need to make their own decisions, although we try to circumscribe the range of their actions to insure public safety and wellbeing. When the public loses the ability to control and regulate the overall impact of a business, our capitalism is no longer democratic. In fact, it is now capitalism, not socialism, that is the biggest danger to our democracy.

So, it was Bernie Sanders who popularized the idea of democratic socialism in the last election. More recently, it was the primary win of Democratic Socialist Alexandria Ocasio Cortez over a powerful Democratic Party operative that has left some in the Democratic Party exuberant and some alarmed. I might add that establishment Republicans are also exuberant for the same reasons that establishment Democrats are alarmed. They both intend to convince you that democratic

socialists are the same ilk as Soviet communists, that they intend to take away your democracy. You won't find either of these establishment groups touting the virtues of prosperous modern socialist democracies found throughout Europe. They are playing on your programmed fear of Communists to get you to not vote for democratic socialists.

The reason that Bernie

Sanders and Ocasio Cortez were so successful is that they ran on platforms that were righteous and fair. Majorities of both parties favor clean and transparent elections, elected reps accountable to the people, universal healthcare, extension of free education into the college level, a living wage, corporations paying their fair share of taxes, and an even playing field for small business. We have European countries less wealthy than us providing those services so we know it is feasible and practical.

As the millenials and beyond inherit the country, there will be fewer and fewer of us that are inoculated against socialism or capitalism. Socialist countries

are introducing elements of capitalism, and, if we create a thriving democracy here, they may begin to become democratic as well. If we accept that socialism is a legitimate complement to capitalism and rebuild a robust democracy, we will be way ahead of the game

The coming election in the fall will be a plebiscite on whether we want to be a just, egalitarian, democratic society or a fearful fascist state. It really is that significant and that is why it is very important that we get everybody we know out to vote. We will still have establishment leaders in charge but we will have a foot in the door.

Comments terry@vashonloop.com



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Cherrywood Station

Cherrywood Station is a husband-and-wife folk duo whose soulful harmonies revive great tunes from America's past with a touch of original magic. Gus and Camille Reeves, both prolific songwriters, feel a responsibility in carrying the torch of this musical legacy, but not without their own contribution! Whether singing original love songs, traditional gospel, or acoustic covers from the Motown era, their string, keys and voices will take you on a heartfelt journey through American music.

Friday, August 17th, 8:00pm Cherrywood Station

The Red Bicycle Bistro & Sushi. All-ages 'til 11pm, 21+



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VCA Shows and Events

Vashon Summer Fest

New openings

Individual Show (Opening August 3 and continuing to Aug.

Connie Conroy: Transparent Japanese Tea House - a fullsized transparent Japanese Tea House created by suspending photographic transparencies with images of a traditional tea house plus transparencies representing tea utensils as placed in a tea ceremony

Group Show

(Opening August 3 and continuing to Aug. 19th)

Vashon Makerspace, curated by Neil Wiesblott: Vashon Makespace a place where islanders can create, learn and share their art, will be represented with a large multi-discipline installation including an 8-foot wood chair, a 1200-pound cement chair, alternative photographic processes, handmade sculptural jewelry, and lathe-turned wooden vases and bowls.

Shows Continuing

Individual Shows (Continuing to Aug. 12th)

Andrea Bellon

AB Intra (From Within) abstract paper collage that explores shape, color and texture to create compositions that express internal thoughts and emotions, both conscious and subconscious.

Britt Freda

COUR*AGE - acrylic and graphite works on panel



address endangered species, gender equality, environmental impact and the courage it takes to persevere.

> Carol Schwennesen Art of Carol Schwennesen -



a retrospective collection of her artwork from the last 60 years.

Kris Pedrin

Winter in the Northwest Series - winter-themed photographs honoring the inspiration and beauty of the Pacific Northwest, especially

Vashon Island.

Mark Beaudien

World Photography - a collection of photographs from the artist's travels to over 30 countries on six continents that includes wildlife, landscape and underwater images.

Paul Clark

Mirrors, Driftwood & you -3-D collage using mirrors, wood and other common elements to create art that is a reflection of both ourselves and our world.

Rachel LordKenaga

Memories - an installation of 2-D work inspired by old photos and memories that can bring out emotions through visual exploration and excavation.

Robin Jones

The Here and After- oil paintings, both figurative and of animals in the natural world, created to raise awareness of endangered species through her activist art.

Group Show (continuing) to Aug. 12th)

Collage Group "Cut & Paste" curated by Donna Romero. Includes: Donna Romero, Sheila Eckman, Sharon Hines-Pinon, Janice Mallman,



Suzanne Moore, Tara Snowden, John Schuh. A collage collection by Vashon artists showing an array of different effects created out of the simple mediums of paper and glue.

The Red Shoe Group Show curated by Kathleen Kinney, Includes: Anne B. Theiss, Irene Otis, Brian Brenno, Kristen Reitz-Green, Debi Shandling Crawford, Christina Nichols, Edith Sehulster, Eddy Radar, Morgan Brig, Brian Fisher, Suzanne Hubbard, Peter Mantle, Pat Churchill, Kathleen Kinney. A group of island artists explore (and play with) myths, metaphors, stories, lessons and taboos about the



significance and history of the color red through the ages, red shoes in particular and what it means to all of us.

Special Events

Aug 3 Friday 6-9pm Wren McMurdo - Dark Days Tarot Pop up art show for First Friday of Wren McMurdo's originally designed tarot cards inspired by the dark days of the lunar cycle. Wren will be on hand to discuss the art of tarot cards.

Aug 4 Sat 12:00pm - 3:00pm *Makespace - Demonstrations*

Location: Kay L White parking lot

Makerspace is place where islanders can create, learn and share their art. Members will have multiple demonstrations including: 3D printing, Etcher wood carving, and a participatory activity of making your own cyanotype. Artists & Demonstrators: Linda Stemer & Vitoria Hunter, Orion Moss, Jarod Kafron, Sean Nelson, Dominic Jovanovich, Erik Rogneby & Dan Schueler

Alternative Photography demonstration and participatory activity

Artists: Linda Stemer & Victoria Hunter

Description: Explore the history of photography. Make your own cyanotype print with Linda Stemer and discover 19th century portrait photography with Victoria Hunter. Fun and educational for all ages.

Laser Cutter & Etcher Demonstration

Artist: Jarod Kafron

Description: Demo on the potential and use of these great tools from GlowForge They can cut, engrave, and shape designs from a variety of materials.

Vashon Forest Stewards Pop-up Show

Artists: Sean Nelsen & Dominic Jovanovich

Description: Forest Stewards will be showing a selection of their wood art including a 7' madrone table, a big leaf maple bench, madrone bench, and a selection of walnut cutting boards. All wood is local, was milled and crafted locally by forest stewards craftsmen. Vashon Forest Stewards are involved in local wood production from tree to table. Fsc Certified wood also available.

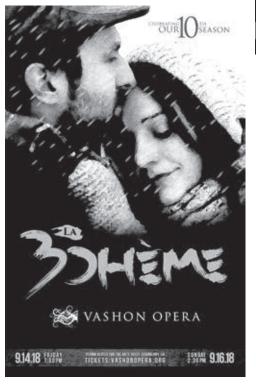
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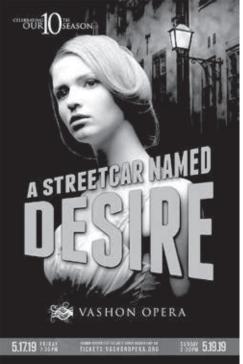
Vashon Opera - 10 years!

Please join us for our 10th Season with a return to our beginnings and a salute to contemporary American Opera.

In September, Vashon Opera presents Puccini's La Bohème, a sweeping love story set in bohemian Paris. This opera was Vashon Opera's very first presentation in 2009 and we revisit this beloved opera in celebration of 10 years! Puccini's most popular opera La Bohème's enchanting arias and endearing characters make this a sure fire hit for the first-time opera goer and for those who were there with us 10 years ago.

In May of 2019, Vashon Opera will present the contemporary American opera A Streetcar Named Desire composed by American composer





André Previn. Andre Previn's jazzinspired score perfectly captures the sultry underworld of New Orleans. This work is the operatic version of Tennessee William's play who's story is already so epic that Previn's transformation of the play into an operatic piece is an inevitable masterful combination.

Season tickets are on sale now at vashonopera.org.

La Bohème Friday, September 14 at 7:30pm Sunday, September 16 at 2:30pm

A Streetcar Named Desire Friday, May 17, 2019 at 7:30pm Sunday, May 19, 2019 at 2:30pm

Concerts in the Park

On Thursday, August 9th, we are excited to bring you Kiki Valera & Cubache!

The oldest son of the famous La Familia Valera Miranda septet, Kiki is considered by many to be Cuba's greatest living cuatro player. He is also a highly sought-after multi-instrumentalist (tres, guitar, bass, keyboards & percussion), composer, arranger, sound engineer & producer.

Kiki picked up the Cuban tres under the guidance of his father Felix when he was a child, and later attended one of the most prestigious music schools in Cuba, the Conservatorio Esteban Salas in Santiago de Cuba. By age 15 Kiki was touring internationally.

During his years as an electronic engineering student, Kiki co-founded the Cuban group Septeto Turquino. In the early 90's, he played cuatro and keyboards in the popular salsa group Los Karachi. By the mid-90's, Kiki was busy recording and touring with La Familia Valera Miranda across Europe & the rest of the world.

Kiki continues to direct, compose, arrange and perform internationally with La Familia Valera Miranda. He also performs and teaches in Seattle where he contributes to the vibrant music scene in the Pacific Northwest with a variety of ensembles.

For this performance, Kiki will be joined by an all-star lineup of talented musicians including Joshua de Jesus on vocals & congas, Alfredo Polier on vocals & maracas, Javier Maru on guitar, Steve Guasch on



bongos & Dean Schmidt on bass.

Bring the family! There's plenty of grass and natural berms to spread out those picnic blankets and enjoy some wonderful music on a warm summer night. Families can come relax, let the kids play on the playground and enjoy the entertainment at these summer events.

Concerts in the Park are presented by the Vashon Park District and John L. Scott Vashon. The concert series is curated by Vashon Events. We'd also like to thank Vashon Center for the Arts, our in-kind sponsor for Concerts in the Park as our backup venue in case of bad weather! A big thank you to Kevin Hoffberg and Angela Gist for this insurance plan! If you've never experienced the warmth of community at the cool nights of summer concerts in the park, you're in for a special treat.

Please remember that there are no dogs allowed at Ober Park. Alcohol and smoking are also not permitted.

Fresh - Vashon Farmers Market Music

The Vashon Island Growers Association offers locally grown produce at the Saturday Market, in the heart of Vashon's town. At the Saturday Market, you'll find about 30 to 50 vendors of food and arts and crafts, along with live music. At the market, you can buy Island grown organic produce, meats, even wines, bread and cheese...and special gifts for your loved ones.

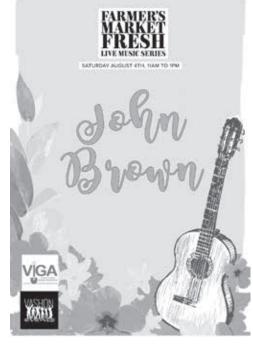
Vashon Events is happy to be a part of bringing music to the Vashon Saturday Farmers Market. The music is almost always from 11am until 1pm, in the northwest corner of the Village Green. We'd like to thank Nan Wilson at Manage Ad Music for generously sponsoring the music again this year!

On Saturday, August 4th, we bring you John Browne!

Progressing from college sophomore to folk-music groupie-worshiper of Tom Rush, Fred Neil, Buffy St. Marie & Bob Gibson in early-60s Miami, John's musical career has been what he jokingly refers to one long, downward spiral to this present time...... but we all know differently.

In the guise of 1/5 of the Ph Phactor Jugband in the 'Frisco of '66, John was present (if stupefied) as an opening act for a number of notable performers- many of them dead-including Frank Zappa, Lenny Bruce, Dan Hicks, The Dead, The Doors, The Quicksilver Messenger Service, Blue Cheer, The Byrds, The Airplane, Lightnin' Hopkins, Mance Lipscomb, Country Joe & the Fish, Art Linkletter, The Congress of Wonders, and others.

On Saturday, August 11th, we bring



you Lady Gator & Swamp Guise!

This five-piece ensemble plays dance-oriented music consisting primarily of traditional Louisiana Cajun, Creole, Zydeco and Swamp-Pop styles. Most members have been a part of the Vashon-based family band, The Riptide Ramblers

Lady Gator, aka Melanie Salonen, teams up with her father Dave Lang (original member of Seattle's first Cajun band, How's Bayou), husband Steve Salonen, Chris Anderson and Steve Amsden. Swamp Guise instrumentation includes Cajun/Zydeco Accordions, Fiddle, Guitar, Bass, Rub-board and Triangle.

First Friday

Shelley Hanna 'Small Towns' A photography exhibit

Over the last two years Shelley Hanna drove thousands of miles photographing dozens of small towns throughout the State of Washington. The culmination of this project, with a finishing grant from 4 Culture, will be on display at the Hastings Cone Gallery at the Snapdragon Café for the month of August. The art opening and champagne reception will be held during the Vashon's First Friday Art Tour, August 3 from 6-9pm.

On display will be some of the nearly 70 towns she photographed. Fading towns, towns being swarmed by commuters, reinvented towns, towns rebuilding, towns held together by sheer willpower and towns you might spend a lifetime in without ever leaving.

See the wonders of Waterville, the secrets of Sultan, the eccentricities



of Edison and even the Catman of Leavenworth, all from the comfort of your own small Washington town.

The Hastings Cone Gallery at the Snapdragon Café 17817 Vashon Hwy SW, Vashon

Valise Gallery

Dancing with Dogs - See page 6

VIA

First Friday Gallery Cruise Featuring Donna Liberty Friday, August 1st, 6 pm - 9 pm 17331 Vashon Hwy SW

PSCCU

Artists:

Chris Beck – Ceramics
Darsie Beck – Journal prints and

Music: Loren Sinner PSCCU 9928 SW Bank Road

Find us on Skype Vashon Loop 206-925-3837

Compost the Loop

The Loop's soy-based ink is good for composting.

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