

## Love Duets VI

One great singer can make you lean in and listen, but when two voices come together in an inspired pairing... that is truly special. Two voices, one song.

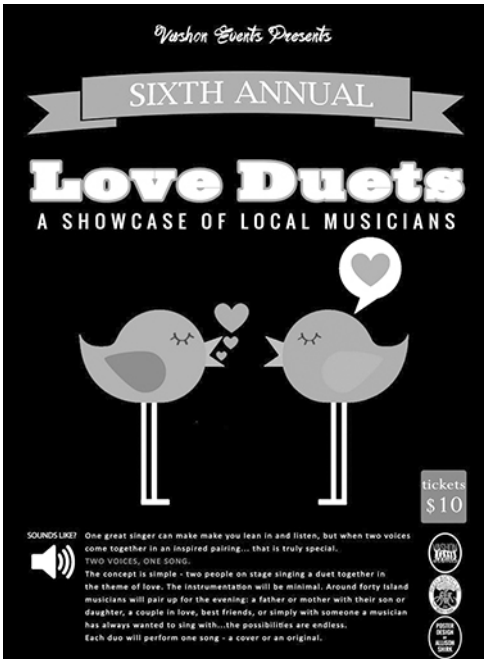
After the amazing success of the last five year's events, Vashon Events is planning a show that will celebrate the most romantic day of the year, Valentines Day. We're having it a little early this year to really get everyone in the mood for their special night with their loved ones. Once again, it will be at the Red Bicycle Bistro & Sushi. This will be a Vashon Events benefit show.

The show will be called "Love Duets VI."

The concept is simple - two people on stage singing a duet together in the theme of love. And in a true duet, both voices have equal importance in the song. The stage will be set for the evening and the instrumentation will be minimal. The focus is truly on the two voices. Around forty Island musicians will pair up for the evening....a father or mother with their son or daughter, a couple in love, best friends, or simply with someone a musician has always wanted to sing with....the possibilities are endless...

We will rotate these duo's through so there is a nice variety of music throughout the night. It'll be one song for each duo and they can be covers or originals. Musicians can bring whatever instrumentation they need for the songs, but we ask that it's very basic to make the transitions easier. No big bands, no drum kits....just two people, singing about love. It can be any combination of two people.

Proceeds from the event will support Vashon Events - Vashon Island's community arts, culture, and charity events website.



Friday, February 9th, 8pm  
The Red Bicycle Bistro & Sushi  
All-ages 'til 11pm, 21+ after that  
\$10 Suggested Donation

Here's the link to the sign-up sheet, it's quick and easy - it will take you about 2 minutes...but it will help us out in a huge way, please fill it out and we'll see you on February 9th. Set List will be determined on the order of when people signed up for the show. <http://www.vashonevents.com/formusicians/>

We think it's going to be yet another one of those magical nights of music and can't wait to see what unfolds!

Pete & Allison

## Vashon's source of Clean Electricity

By Ward Carson, Carbon Free Vashon

If you live on Vashon, are concerned about your carbon footprint and wonder what you can do about it, you'll appreciate this article. It describes our situation.

Putting air travel aside, your largest contribution of carbon dioxide into our atmosphere probably happens while commuting by ferry in a gas or diesel fueled vehicle and, later in your day, while heating and lighting your home with electricity from your local utility. The commuting is somewhat under your control - you could walk, cycle or drive an EV - but the carbon you contribute by using the electricity supplied depends largely upon Puget Sound Energy (PSE). They burn fossil fuels to create their non-renewable power; you currently have no control over how much carbon they burn. And, if you consume electricity, you must accept what the grid offers locally.

I say "what the grid offers". Electricity is delivered in Washington by 65 independent utilities; most of them non-profits; 3 are for-profit companies. Each utility delivers power within their designated service area and, also, arranges to supply that power from their own generators or buys it from other providers; often from the Bonneville Power Administration (BPA, a federal agency). Ultimately, all this power is loaded onto the Northwest Power grid which delivers it onward to the utility and its customers. Once power enters the grid from an individual source - be that hydro, nuclear, wind, solar or from the burning of fossil fuels - it is simply electricity; a common resource from a mix of fuels and sources; some as far away as Montana's coal.

The mix of power delivered in Washington is accounted for and reported annually on a state website (see <http://www.commerce.wa.gov/growing-the-economy/energy/fuel-mix-disclosure/>). In that report, one can track the power and fuel mix associated with each of our 65 utilities. Here is where we find the combination of fuels used and the total electricity contributed to the grid by each utility.

For example, as we know, our state is blessed by hydro-power derived from dam turbines and supplied to our grid as electricity, 100% renewable and carbon-free. In fact, the electricity generated, sold by BPA and loaded for delivery on the grid is reportedly 98% carbon-free -

i.e., less than 2% tainted by the burning of carbon fuels such as coal, petroleum or natural gas. If that were the end of the story we would have nothing but praise for the small carbon footprint left by our electric utilities, but it's not.

Only 36 of our utilities purchase all their power from BPA. Another 24 non-profit utilities get a portion of their power from BPA but generate some of their own and/or purchase from other producers. Still, these 60 non-profits supply our grid with power that is better than 97% carbon-free. Collectively, they distribute over 50% of our state's electricity and, as a block, less than 3% is tainted by the burning of fossil fuels. If we drop our carbon concerns here, we could praise our electricity for being largely renewable and carbon free, but the story changes radically when we include other providers.

There are 5 utilities of the 65 in our state - 3 for-profit corporations and 2 non-profit public utilities - that, collectively, supply and distribute the other 50% of our electricity, but derive over 50% of theirs from burning non-renewable fossil fuels. Here is where our concern for the use of large amount of fossil fuels must focus.

Our Vashon supplier, PSE, is one of these 5 utilities; the largest in the state - providing nearly 25% of our state's electricity with 59% of that total coming from the burning of fossil fuels. That's dirty power; leaving a large carbon footprint for all of us!

You might wonder how this supplier of such dirty power gets away with it - an interesting part of the full story.

Electric utilities are built around a simple business model. They establish a connection to the grid, invest in their service-area infrastructure - poles, lines, transformers, meters, service vehicles and such - and, establish rates based upon power, labor and maintenance costs. If it works out, the non-profit utilities break even each year and the investor-owned companies profit enough to satisfy their shareholders.

PSE is a classic, for-profit utility - a Bellevue-based corporation whose stock is held by another company: Puget Sound Holding. This holding company is owned by five investors: Macquarie, an Australian hedge fund together with two Canadian hedge funds - one

*Continued on Page 6*

## The Road to Resilience

### Good News About Food

With warmer weather and the sounds of Spring birds, my mind goes to growing food. I recently read a great article in the Jan 12 addition of Common Dreams (online news service) by Frances Moore Lappé called "Farming for a Small Planet." Lappé writes, "People yearn for alternatives to industrial agriculture, but they are worried. They see large-scale operations relying on corporate-supplied chemical inputs as the only high-productivity farming model. Another approach might be kinder to the environment and less risky for consumers, but, they assume, it would not be up to the task of providing all the food needed by our still-growing global population."

The very good news is that there is enough food to feed the entire world even after a large portion is syphoned off for animal feed and fuel use! Also, per capita food production has continued to increase despite rapid population growth. More good news is that 84% of that food is produced by small, low-input traditional farms, and they do it on only 12% of the cultivated land!

Just because there is enough food, don't assume that everybody is being fed. In fact, 800 million people suffer from lack of food. A significant portion of the food distribution system is dictated by agribiz and the food goes to those that can pay the

By Terry Sullivan,

going price. This was the case in the 1845 potato famine in Ireland, when a plentiful harvest of grain was exported from Ireland to those that could pay for it, while the Irish themselves starved by the thousands.

For the last 60 years, the developed world has promoted industrial agriculture. It was the result of bringing modern science and technology to bear on modernizing agriculture. Artificial fertilizers, pesticides, herbicides, and genetically improved seed varieties dramatically increased yields. New farm machinery made it possible for one farmer on a very large farm to produce a twenty times more food than on a more traditionally sized farm. This was the so-called "Green Revolution" that was expected to feed the world.

Over the years, many unforeseen problems arose. More and more artificial fertilizers are required as the soils decline in fertility, the same for herbicides and pesticides as the weeds and pests become resistant. The excess chemicals and the soils, as well, run off into rivers and streams, as does manure from large feedlots. Huge corporations developed to supply seed and chemicals and to market huge lots of food commodities around the globe. Today, six corporations provide over 90% of the food in the US. A problem not considered a problem 60 years ago is that the carbon footprint of


*Continued on Page 6*

## Live Local Weather www.VashonWeather.com

The Vashon Loop has installed three weather station on Vashon Maury Island. Each weather station transmits it's weather information to [www.wunderground.com](http://www.wunderground.com), [www.pwsweather.com](http://www.pwsweather.com) and Weather bug Back yard. The easiest way to view the weather information is to go to [www.vashonweather.com](http://www.vashonweather.com). Live weather information is also used on the [www.vashonloop.com](http://www.vashonloop.com) website and its sister site [www.vashonnews.com](http://www.vashonnews.com). Weather station locations are, Vashon Loop home on Gorsuch rd, Voice of Vashon at Sunrise ridge and Maury Island at the 3 towers with the sheep in the field. The best way to learn about each weather station is to find them on line, where you will find more Island weather stations.


Find out how much rain Vashon Maury Islands get and how gusty the winds are on Vashon's new weather site [www.vashonweather.com](http://www.vashonweather.com).





# Windermere


REAL ESTATE



**New Listing!**

**WESTSIDE FARM** - Warm and inviting home w/ west-facing views. Fully fenced, sun-drenched 4.8 acres w/ outbuildings, pond, orchard, garden space & greenhouse.


**#1231279      \$664,000**



**New Listing!**


**NORTH END VIEW HOME** - Three bdrm, 1.5 bath home w/ lovely view, waterfront access, large view decks, good floor plan and 2-car attached garage/shop.

**#1233752      \$499,000**



**WESTSIDE COTTAGE** - Sweet 1 bdrm, 600 sq ft home on quiet, dead-end street. Original hardwood floors, and spacious kitchen. Close to northend ferries.


**#1195595      \$260,000**



**New Listing!**

**MANZANITA LAND** - Peaceful 5.9 acres and .45 parcel with 100' of waterfront being sold together. Completed CAD for .45 acre parcel.


**#1232817      \$45,000**



**Pending**

**DOCKTON ACREAGE** - Open and sunny, level pastoral 2.76 acres near parks. Completed CAD and a paid Dockton water share. Bring your architect!

**#1232789      \$230,000**




**Pending**

**MAURY HOME** - Substantial 3 bdrm/2 bath home on 1.75 acres near Golf Club. Recently renovated, usable land with large shop, study and storage space.

**#1229348      \$449,000**

**It's All About YOU!**   ■   [www.windermerevashon.com](http://www.windermerevashon.com)   17233 Vashon Hwy SW   (260)463-9148




## Annual Maintenance Shut Down Jan. 24 to Feb. 2

## Re-Open Feb. 3 Refreshed


**Granny's Attic Donation Dock is open  
on the South side of the Vashon Plaza.**

**Granny's is at Vashon Plaza!**  
**17639 100th Ave SW, Vashon**  
**[www.grannysattic.org](http://www.grannysattic.org)      206-463-3161**

**Retail Hours:**  
Tues/Thurs/Sat 10-5



**Donations Hours:**  
7 days a Week!  
9am-5pm



Sunday - Thursday  
Bistro & Sushi service  
11:30am to 9pm  
Lounge is Open  
11:30am to midnight

Friday & Saturday  
Bistro & Sushi service  
11:30am to 10pm  
Lounge is Open  
11:30am to 2am


**Live Entertainment**  
**Friday, January 19, 8pm**  
**Jealous Dogs &  
Little Creatures**

**Friday, February 9, 8pm**  
**Love Duets VI**


**Friday, February 16, 8:30pm**  
**High and Lonesome**

**17618 Vashon Hwy SW**  
**206.463.5959**  
**[www.redbicyclebistro.com](http://www.redbicyclebistro.com)**

## Now Playing Lady Bird



## Three Billboards Outside Ebbing Missouri



## Coming Soon

*METropolitan Opera: Tosca (Puccini)  
new production  
January 27, 10am*

## Vashon Theatre

**17723 Vashon Hwy**  
**206-463-3232**  
**Call for Times**

For show times and info check  
[www.vashontheatre.com](http://www.vashontheatre.com)

**Find the Loop on-line at**  
**[www.vashonloop.com](http://www.vashonloop.com)**

**Compost the Loop**  
*The Loop's soy-based ink  
is good for composting.*

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# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Alzheimer's Association Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer's Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month, 1:00 pm to 2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Hwy SW, Vashon, WA 98070. For information call Regina Lyons at 206-355-3123.

### Mukai Farmstead & Garden Will Have Open House

The Friends of Mukai will welcome visitors to this historic landmark at 18017 107th Ave. from 1-4 p.m. on Sunday, January 21st. You are invited to take a tour through Kuni Mukai's Japanese garden, visit the house to learn about the Japanese American Mukai family history. Listen to stories of strawberry farming on the Island and how the Barreling Plant transformed delivery of delicate Marshall strawberries to markets throughout the country. Ask volunteers about the exciting future for this unique site.

### Vashon Friends of the Library

Vashon Friends of the Library will meet from 10:00am to noon on Saturday, June 17, in the library meeting room. Coffee, tea, and refreshments will be provided. All islanders are welcome to come and participate. Friends of the Library is a group that supports library programs for all islanders from preschool age to retirees.

### RJ's Kids Kenpo Karate Classes

Kenpo Karate self-defense spring season classes for adults and children will start January 8th and 9th at the Ober Park Performance Room. Classes follow the curriculum of the American Kenpo Karate System. Participants who attend this course regularly will develop street awareness and prevention skills in addition to learning practical self-defense techniques. Participants of all abilities, ages, and experience are encouraged to attend.

Beginner children's classes, with recommended ages from 7-12, will meet from 4:15 to 5:15 pm every Tuesday starting January 9th until May 15th. Tuition fees for 16 classes will be \$95 and will take them to their yellow belt and continuing level class in the next season.

Continuing children's classes will meet every Monday and Wednesday from 4:00 to 5:00 pm from January 8th to May 23rd. Tuition fees for 34 classes will be \$180.

Adult classes (ages 13+) will be from 5:15 to 6:15 pm every Monday from January 9th to May 21st. Fees will be \$95 for 17 classes. This class is for beginning white belts to expert black belts.

Registration and payment by cash or check for all classes begins 30 minutes before the first class meets. Participants may join at any time during the season if space is available. Every Wednesday, from 5-6 pm, are free drop-in classes for all students with once-a-month sparring offered for all students above yellow belt. Kickboxing and Kenpo Concepts will be offered on other days.

The classes will be taught by Senior Instructor Alex Echevarria, American Kenpo Karate 4th Degree Black Belt. Mr. Echevarria has over 28 years of experience in the martial arts and is a retired public school teacher.

For more information, visit the Vashon Park District website and Vashon Kenpo on Facebook. Sponsored by RJ's Kids: an island-centered nonprofit for all the people of Vashon.

### Vashon Progressive

Vashon Progressive Alliance meets the third Tuesday of every month. We focus on issues, activities and possibilities to forward the Progressive point of view. . All welcome. 19834 Vashon Highway - 6:00 to 8:00pm. Questions call 206-496-4174.

### Have a Story or Article

Send it to:  
[Editor@vashonloop.com](mailto:Editor@vashonloop.com)

Find us on Skype  
Vashon Loop  
206-925-3837

### Next Edition of The Loop Comes out Thursday February 1

Deadline for the next edition of *The Loop* is  
**Saturday, Jan 27**

Want To Get Rid of  
That Junk Car or Truck?  
Fees may apply, please call for information

*Rick's*

Diagnostic & Repair Service Inc.  
206-463-9277

Washington Hulk Hauler's - License #0463-A  
[www.ricksdiagnostic.com](http://www.ricksdiagnostic.com)

### Heartfelt Thanks



HEARTFELT THANKS from Vashon Senior Center to all the volunteers who helped stuff envelopes for our successful end-of-year appeal. Kristen Elliot and Steve Urban did a superb job of organizing the event, while St. John Vianney Catholic Church graciously provided space. Many thanks to everyone who supports Vashon Senior Center. We feel your love!



### Seed Are IN!

Check out our Workshops and Events  
at [www.countrystoreandfarm.com](http://www.countrystoreandfarm.com)

- Coffee Tasting
- Valentine Crafting
- Community Seed Swap

### We Ship UPS



The Country Store & Farm  
20211 Vashon Hwy SW • 206-463-3655  
Open 7 days a week: Mon-Sat 9 to 5:30 • Sun 10-4:30  
[www.countrystoreandfarm.com](http://www.countrystoreandfarm.com)

Follow us on Facebook:



DSHS

THE MOBILE CSO IS COMING!

Date: **Wednesday January 31, 2018**

Time: **11:00 am to 3:30 pm**

Place: **Vashon Market Fresh IGA  
17639 100th Ave SW  
Vashon**

AT THIS EVENT, YOU CAN APPLY FOR:

- Cash Assistance
- Basic Food Assistance
- Medical Assistance

You can also drop off paperwork,  
complete an Eligibility Review,  
Mid-Certification Review or make  
changes to an existing case.



Law Offices of

**Jon W. Knudson**

Parker Plaza \* P.O. Box 229

**Bankruptcy -- Family Law**  
463-6711

### Get In The Loop

Send in your Art, Event, Meeting  
Music or Show information  
and get included in  
The Vashon Loop.  
[Editor@vashonloop.com](mailto:Editor@vashonloop.com)

### Advertise in the Loop!

It's a great time to get back in the Loop.

[ads@vashonloop.com](mailto:ads@vashonloop.com)

Next Loop comes out February 1



# An Ode to Boots



By Seán\_C.\_Malone

“Mark 4 at 12 o’clock,” was Dad’s signal to get ready to shoot. “Mark 4” meant that there were four ducks flying right toward us. They were Mallards we were hunting, and they were coming right over head. I looked up to shoot and the flock veered away and out of range. They had seen my face. Any shot over 150 feet was wasted as Mom’s 20 gauge wasn’t effective. “Keep your head down until the last second so they don’t see your face,” Dad advised.

Old Boots, our Springer Spaniel, had spotted the ducks first. She would gaze in a certain direction and cock her head or jack up her ears to warn us that something was coming. The dogs could see a lot further than we could. The “whining of the dogs” was another indicator that game was on the way. We were on the big log at Portage about 200 feet from shore and the tide was high as we waited in the freezing cold and loving every minute of it. The excitement of the hunt, the smell of burnt gunpowder and the rain dripping down our necks was the sign of a good hunt.

If there was no wind and the bay was flat, the ducks would not fly through the isthmus of Maury and Vashon islands until sunset. We called it “bluebird weather.” The wind and waves stirred them to fly to shelter on the inside of Quartermaster Harbor, or if the wind was coming out of the South, they would fly from Burton or Dockton to find shelter in Tramp Harbor or Ellisport. A blowing stormy day made for good hunting.

Boots was very special to us. Oh yes, we had Labradors, but they just didn’t have the personality of the Spaniel. She loved people and it didn’t matter if you were a stranger or old family friend, she would always approach you carrying a stick, an old fallen leaf or maybe just a

gum wrapper, signifying that she was a retriever and proud of it. Her whole hind end would shake with her stump of a tail wagging “like mad” as she offered her “status” as a working dog. It didn’t matter if you acknowledged her gift or not, but if you reached for it, her head would jerk it away. Boots willingly gave up her retrieved duck or pheasant when out hunting because that was her training, but her stick or leaf, never!

We had cats and I can’t remember their names except for old “Jump Rope.” Any cat caught in the front yard was fair game for Boots and the Labs as they took out after them. Jump Rope got so tired of being chased that she would lie on her side and let old Boots catch her, which consisted of nuzzling the cat, followed by a good de-fleaing. The dogs were always de-fleaing themselves, which consisted of clacking their teeth together against the skin where the flea was hiding. The noise of teeth clacking could be heard 10 feet away, where I would lie on the lawn waiting for Boots to finish so she could apply her art to my curly hair, not for fleas, but because it felt good. The cats put up with the de-fleaing whether they liked it or not.

I don’t see how I could praise her stupidity. Dad called Boots a “knot head, because she wouldn’t mind him.” Boots could put Dad into a rage, like the time she got tired of his missing shots and took off for 2 and a half hours behind Beall’s greenhouses. She came back with a wounded cock pheasant in her mouth that she had “run-down” and stopped Dad “dead” in his tracks. Dad was careful that Boots didn’t see him dispose of the pheasant because of the smell from the wound.

Sean@vashonloop.com

# First Friday Local Music Series

Vashon Events is pleased to announce a new partnership with Vashon Center for the Arts to showcase local bands at the Katherine L. White Theater on First Fridays, beginning on February 2nd. In coordination with the First Friday Gallery Cruise, the concerts will tie into the theme in the VCA gallery and create a fun conclusion for First Friday activities through musical performance. The concerts will run from 8:30 to 10pm and were made possible by a generous gift from John L. Scott – Vashon, sponsor of the First Friday Local Music Series.

We are thrilled that our local bands will now have increased access to use of the Katherine L. White theater through this series that will feature local bands and musicians only. Typically, either a band will perform or three solo musicians will perform in the round. The musicians who perform will be chosen based on the theme of the art opening in the gallery. In this way, the First Friday arts theme will be extended into the art of music performance as well.

For the First Friday performance on February 2nd, two local couples will perform original songs and cover tunes. From 8:30pm to 9:15pm will be Camille and Gus Reeves aka Cherrywood Station.

Cherrywood Station is a husband-and-wife folk duo whose soulful harmonies revive great tunes from America’s past with a touch of original magic. Gus and Camille Reeves, both prolific songwriters, feel a responsibility in carrying the torch of this musical legacy, but not without their own contribution! Whether singing original love songs, traditional gospel, or acoustic covers from the Motown era, their string, keys and voices will take you on a heartfelt journey through American music.

Then from 9:15pm to 10:00pm another husband-and-wife duo will perform - Kat Eggleston and John Dally.

Kat’s incomparable music has dazzled audiences around the world, from intimate clubs to concert halls and festivals. Her original songs have won worldwide acclaim for their lyrical and emotional truth, while her powerful yet gently beautiful voice showcases material ranging from contemporary songs to the traditions of Great Britain and America with equal grace. Kat’s passionate, sometimes humorous lyrics create



images of great conflict with arresting realism. She is a startlingly strong fingerstyle guitarist, often intertwining her songs with Celtic dance tunes arranged for the guitar.

John Dally is a composer and researcher of traditional music, playing it all on Scottish Highland, Lowland and Northumbrian pipes, whistles, and accordion. Together they have a wide repertoire of tunes and songs from the British Isles and America. Kat and John will present original and traditional music. Spontaneity is the hallmark of their performance, but listeners can always count on an evening to remember, one that will leave them deeply moved, smiling, perhaps even changed forever.

Friday, February 2nd, 8:30pm - 10:00pm  
Vashon Center for the Arts  
First Friday music series



Kat Eggleston and John Dally

**Make a date with Vashon!**  
**www.VashonCalendar.com**  
Vashon Library Events  
Art & Music Events  
Submit your Event on line at  
**www.vashoncalendar.com**

Find the Loop on-line at  
**www.vashonloop.com**

FOR ORCAS AND FOR ISLANDERS  
PLEASE REPORT LOCAL  
WHALE SIGHTINGS  
ASAP TO  
**206-463-9041**  
Vashon Hydrophone Project  
Orca Annie Stateler and Mark Sears  
Vashonorcas@aol.com  
Support Vashon-Maury Island Whale Research  
Sightings NOT Disclosed to Whale Watch Boats  
**vashonorcas.org**

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## Palmer and Presto Need A Home...

We’re a pair of healthy young kitties looking for a home where we can stay together. We weren’t around people when we were born, so it’s taken a lot of work by a kind VIPP volunteer for us to get used to them. It’s true that we aren’t quite lap cats (at least not yet), but both of us have made tons of progress. Because we’re a “Purrfect Pair,” whoever adopts us together will receive a great discount on the adoption fee.



**Go To www.vipp.org Click on Adopt**



# Annual ferry ridership swells by 250,000 to 15-year high

A surge in boardings in 2017 pushed Washington State Ferries to its highest ridership since 2002. Last year, the nation's largest ferry system carried nearly 24.5 million people, enough to fill CenturyLink Field every day of the year. Ridership grew by more than 250,000 over 2016, increasing for the ninth consecutive year.

"We expect our ridership to continue to grow as more people move to Western Washington," said WSF head Amy Scarton. "As part of the state highway network, the ferry system is a critical link between more affordable housing on the west side of the sound and key employment centers on the east side. Not to mention, we're also a major tourist attraction and an iconic part of the state."

The increase in ridership includes an all-time high on routes serving the San Juan Islands, despite a decrease in total sailings due to vessel breakdowns during the busy summer months. In 2017, state ferries completed 161,072 trips and travelled 901,288 miles – nearly four times the distance to the moon.

The largest growth came on the Fauntleroy/Southworth segment of the "Triangle Route," where ridership was up 8.2 percent, or more than 70,000 customers over 2016 totals. The Seattle/Bainbridge Island route had the biggest jump in total riders with nearly 100,000 more passengers compared to the previous year.

### Ridership highlights

- System total: Customers up 1 percent from 2016, vehicles up 0.8 percent.
- Seattle/Bainbridge Island: Busiest route for total ridership with customers up 1.5 percent and vehicles up 0.1 percent.
- Edmonds/Kingston: Second highest total ridership with customers

- up 0.5 percent and vehicles up 1 percent.
- Mukilteo/Clinton: Busiest route for drivers with vehicles up 0.9 percent and customers up 0.7 percent.
- Fauntleroy/Vashon/Southworth: Customers up 1.7 percent and vehicles up 1.3 percent, led by the Fauntleroy/Southworth segment, which had the largest year-to-year growth with customers up 8.2 percent and vehicles up 8 percent.
- Seattle/Bremerton: Welcomed system's third Olympic class ferry, Chimacum, to the route in the spring. Customers up 1.4 percent, vehicles up 3.5 percent.
- Anacortes/San Juan Islands: Record ridership despite summertime service disruptions for unplanned maintenance with customers and vehicles up 0.2 percent.
- Point Defiance/Tahlequah: Second largest year-to-year growth for total ridership with customers up 3.8 percent and vehicles up 1.9 percent.
- Port Townsend/Coupeville: Summertime vessel breakdowns contributed to a small decrease in ridership with customers down 1.5 percent and vehicles down 1.8 percent.
- Anacortes/Sidney, British Columbia: Noticeable drop because of summertime cancellations due to vessel breakdowns with customers down 10.1 percent and vehicles down 9.3 percent.
- Route-by-route ridership numbers: Available on the second page of WSF's Fact Sheet.
- Washington State Ferries, a division of the Washington State Department of Transportation, is the largest ferry system in the U.S. and safely and efficiently carries 24 million people a year through some of the most majestic scenery in the world. For breaking news and the latest information, follow WSF on Twitter.



## Open Space stages 14/48

What happens when 14 plays created in 48 hours by dozens of actors, writers, musicians, directors, sound and light techs, costumers and more! 14/48 The World's Quickest Theater Festival happens at 7 p.m. and again at 9:30 p.m., Saturday and Sunday, January 26 and 27, at Open Space for Arts & Community. Come see why 14/48 (based in Seattle) has left audiences around the globe surprised and delighted since 1997.

Experience magic on the stage and see the Island's best (and special guests) test their improvisational and creative skills, when everything - from themes and props to directors and cast - is all drawn from a hat and the clock begins to tick. Unexpected and sometimes absurd, watch the miracle of theater emerge in a mad marathon of stage alchemy. Every performance is different!

Don't miss it! Tickets available now at BrownPaperTickets.com, Vashon Bookshop and at the door; \$10 student/\$15 advance/\$18 at the door. Parental discretion is advised due to unpredictable content.

14/48 will be staged at the Open Space in the Grand Hall and is a



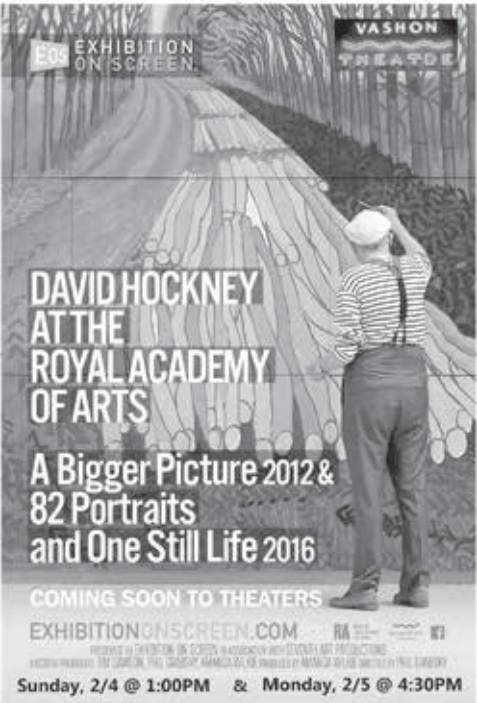
Island actors Tami Brockway Joyce and Phil Dunn pose for the camera at last year's 14/48 Theater Festival. Photo by Michelle Bates

collaboration with Vashon Center for the Arts.

# David Hockney at the Royal Academy of Arts

Widely considered Britain's most popular artist, David Hockney is a global sensation with exhibitions in London, New York, Paris and beyond, attracting millions of visitors worldwide. Now entering his 9th decade, Hockney shows absolutely no evidence of slowing down or losing his trademark boldness. Featuring intimate and in-depth interviews with Hockney, this revealing film focuses on two blockbuster exhibitions held in 2012 and 2016 at the Royal Academy of Art in London. Director Phil Grabsky secured privileged access to craft this cinematic celebration of a 21st century master of creativity.

David Hockney at the Royal Academy of Arts : A Bigger Picture 2012 & 82 Portraits and One Still Life 2016  
The Vashon Theatre  
Sunday, February 4th at 1:00PM  
Monday, February 5th at 4:30PM  
Directed by Phil Grabsky and presented by Tim Marlow Running time: 85 minutes  
Tickets \$9/\$8



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Next Loop comes out February 1



# One easy step to help the planet

We stand at an electricity crossroads. Every Puget Sound Energy (PSE) customer is affected. Every time you turn on a light. Every electron you consume. One road gives us fossil fuel polluting power for another 30 years. The other leads to conservation and clean renewable energy. The easy step – submit a comment to the Washington Utilities and Transportation Commission (WUTC) – it takes less time than reading this article.

The bad news is PSE coal plants. Four of them. They emit the greenhouse gas equivalent of 3.7 Million cars per year, year after year. The good news, two of them close in 2022. The other two? Don’t know. But PSE can go coal free by 2027, or earlier, if we all work to achieve that outcome.

What replaces the coal plants? That’s where you come in. Join us to ask PSE to replace their coal plants with renewable energy. Wind and solar are now less expensive than fossil fuel, are getting cheaper every day and are not subject

to fossil fuel cost instability. Sound good? Then submit an online comment to the WUTC at our website: [www.indivisiblevashon.org/cfletter](http://www.indivisiblevashon.org/cfletter).

You can quickly submit a pre-written email comment. It will take one minute. Have more time? The talking points and sample letters let you create a personal request for a clean energy future.

Want to learn more? Join us on Saturday, February 3rd, 10AM to Noon at the Vashon Presbyterian Church CarbonFree Town Hall. Hear from Andy James, Vashon Climate Action Group leader, Michael Laurie, Watershed, LLC, and Doug Howell, Sierra Club Senior Campaign Representative.

Bring your questions. Learn about this important issue. Hear how you, can influence this decision. How we light our homes, protect our pocketbooks and save our planet. What could be more important? The crossroads are just ahead. A decision must be made soon, and is being discussed right now. Join the discussion!

## Vashon’s source of clean electricity

Continued from Page 1

in BC, another in Alberta--plus two pension funds; one Australian, the other Canadian. These foreign hedge and pension funds are interested in PSE’s dividends and, if all was set up properly, they’ll receive those through the holding company without any need to pay taxes in the USA.

But then PSE operates as a monopoly in their service area and must submit to the scrutiny of Washington’s Utilities and Transportation Commission (UTC) who regulates their rates and other

operational details. Our UTC could require PSE to reduce their over sized carbon footprint, but hasn’t so far.

Our UTC is run by 3 commissioners, appointed by our governor and confirmed by our state Senate. Each commissioner has a staff and a six year term. They are located in Olympia and, we must assume, surrounded by lobbyists – many of them representing the interest of PSE.

Can we reduce our carbon footprint? Let the UTC know that you want 100% renewable energy!

## Road to Resilience

Continued from Page 1

industrial agriculture is second only to transportation, and when you consider the transport, processing, and packaging that is required to make agroindustry work, it could be our largest single carbon emitter. Through the entire process, 40% of the food is wasted. As small farms consolidate into large farms, rural areas became depopulated and thousands of small towns are mostly boarded up. Those that remain are largely impoverished.

Industrial Agriculture is still the favorite of the establishment. They get the subsidies and the investment. Such respected groups as the Gates Foundation still support it. However, here is the good news: the shine is wearing off.

Recent studies have shown that an ecological alternative to the industrial model could produce as much or more food than the industrial model. As Lappé writes, “In 2006, a seminal study in the Global South compared yields in 198 projects in 55 countries and found that ecologically attuned farming increased crop yields by an average of almost 80 percent. A 2007 University of Michigan global study concluded that organic farming could support the current human population, and expected increases without expanding farmed land. Then, in 2009, came a striking endorsement of ecological farming by fifty-nine governments and agencies, including the World Bank, in a report painstakingly prepared over four years by four hundred scientists urging support for ‘biological

substitutes for industrial chemicals or fossil fuels.” This is music to my ears: it is clear now that regenerative organic farming is a viable alternative, especially since it is already largely the current practice in the Global South.

The new emergent model, agroecology, is much more than organic agriculture. It is relational to the people and the place in which it occurs. Instead of focusing wealth in the hands of the few, it keeps it in local economies everywhere. As a practice that produces food for the communities in which it is grown, it “addresses the powerlessness that is at the root of hunger.” It has an inherent resilience that the concentrated monocropping of industrial agriculture can’t come close to matching. Best of all, instead of depleting soil and emitting huge quantities of CO2, it regenerates soil, sequesters carbon, and restores health to the environment.

As good as this news is, we need to leaven it with reality. Climate change will decrease the amount of arable land, but the greater yield and regenerative nature of agroecology should counteract that somewhat. We will also have to dislodge the very powerful and wealthy special interests that are invested in industrial agriculture. I hope that this certain knowledge that industrial agriculture is a dead end will help you to stand firm in demanding food be produced organically.

Comments? [terry@vashonloop.com](mailto:terry@vashonloop.com)

# February is VIPP Fix-a-Cat month

**Spays \$45 Neuters \$35**

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**To schedule, call**

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## Drama Dock announces auditions for spring play

Auditions for Drama Dock’s spring play, All in the Timing, are set for Sat. and Sun., Feb. 17 and 18. Location and times for the auditions will be announced soon. A perusal script is available at the Vashon Library. Please ask at the front desk.

All in the Timing is a series of six one-act comedic sketches written by David Ives. Michael Barker will direct Drama Dock’s production, set to open in late April. Winner of the John Gassner Playwriting Award, this critically-acclaimed, award-winning show established David Ives as a playwright

who could combine great wit and intellect with satire and just plain fun. “It’s a happy (and slap-happy) evening of mini-plays,” according to Ben Brantley of The New York Times.

All in the Timing is all about writing, language and word-play, which is not only very funny, but with “density of thought and the precision of poetry,” claims The New York Times. It is “like sketches for some hilarious, celestially-conceived revue.”

For more information, contact Gaye Detzer, [gaye@dramadock.org](mailto:gaye@dramadock.org)

## Thumper Needs A Home

Until I came to VIPP, I lived outdoors all by myself. This situation of regular meals, a warm place to sleep and kind people is a huge change for me. After those years of struggle, I’m ready to take it easy with someone who can be patient with a scaredy-cat. I’ll be forever grateful!



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Planet Waves



by Eric Francis <http://www.PlanetWaves.net>  
of the people close to you.

**Aries (March 20-April 19)**

This week's New Moon in the career and reputation angle of your solar chart will bring some reminder of what you can achieve, if you set your mind to it. Yet there are other elements in your chart that are reminding you to emphasize the collaborative aspects of any form of success. You have the potential to be one of those rare few people who can get along with a boss to the degree that you're a collaborator. That makes you management material. For you, an element of this is understanding how to express your individuality in a professional environment, and where to draw the line on what you compromise. This is not as complicated as it's often made out to be. If your values are in harmony with those of the organization and people you serve, it's even easier. The solution to the puzzle is you get to do some combination of what you excel at, and what needs to be done.

**Taurus (April 19-May 20)**

Beliefs you held in the past are not automatically valid, but they are potentially so. You've entered a period of sorting out what is true for you and what is not; which ideas serve you and which do not. Be glad you'll be moving on from many presumptions that have outgrown their use, or that never actually served a purpose. You get to be the arbiter of what is true, for you, and what is not. That does leave an open question: what if you're wrong? This is why it helps to be open-minded. There are people around you, both those who are knowledgeable and those who have strong opinions. You can only benefit from listening to their ideas, considering them and evolving some new points of view — particularly if they're people you disagree with. One of the themes of this new phase of your life is growth through learning. There's no teacher like one you disagree with. And that might even be temporary.

**Gemini (May 20-June 21)**

Your chart looks like an all-night meeting of union bosses with top management in an effort to avert a strike. Every agreement seems up for renegotiation. That may be true, though you really must focus on what matters the most. There are many small matters you can compromise on, and several large ones that you cannot. By now you know the difference. However, if this is a business situation, don't let on too soon what you're willing to forego. What doesn't matter much to you might be really important to someone else. If, however, this is a personal situation, you need to be more forthcoming and play your cards face-up from the beginning of the discussion. And you must ask others to do the same thing. It would appear that something has gone on way too long, and you must make a decision one way or the other.

**Cancer (June 21-July 22)**

With six planets currently in your opposite sign, Capricorn, there's no shortage of people in your life. One question is, what are they all doing there? Is everyone playing their appropriate role? Another question is, who's in your life for the sole purpose of companionship? You need one or two people who are near you only because they like to be; your presence is their gain, and their presence is your gain. Consider the many people around you at the moment and ask if there's anyone who fits this description. The relationship will probably not involve financial transactions; it will be a volunteer gig. You'll have a much better picture of who is who after Tuesday's New Moon helps clear the air. In this new era of your life, where personal relationships are such a high priority, it's essential that you be able to assess the motives and agendas

**Leo (July 22-Aug. 23)**

Your work life is busier than a flower shop before Valentine's Day, though you must be careful not to burn out. You can do this by enforcing downtime, though you're not the kind of person who likes to stop working before everything is done. Therefore, you must have your priorities, and be better at planning them. One thing that will help is being a little bit ahead of all tasks you know are imminent. Even if you have a paragraph of notes about what you need to get done and how you might do it, you'll find that it happens easier when the time comes. The further ahead you stay, the easier your work life will be, and the easier it will be to stay in balance. Monday and Tuesday, ahead of the Capricorn New Moon, work on things you need to wrap up, bring to a conclusion or otherwise get off your desk. Then start again on Wednesday morning with a new list of priorities.

**Virgo (Aug. 23-Sep. 22)**

You may feel like your time is too scarce to take any kind of risks or to experiment with a creative leap, though that's exactly what's likely to work the best. If you're trying to solve several problems at once, you might just discover that one solution applies to many of them. When everything is so compressed, you can save yourself time by looking for patterns in the seeming chaos. Does one particular theme keep coming up repeatedly? Another question to ask yourself is: have I solved this problem already? You might set this as the primary screen on your phone, so you're reminded constantly. Meanwhile, don't miss the creative opportunity at the center of the cyclone swirling around you. The planets have all swarmed into the house in your chart usually associated with gambling, art, sex and romance. If you take a playful approach and keep your sense of humor, you'll work wonders.

**Libra (Sep. 22-Oct. 23)**

Don't worry too much if things seem to be going out of control where a family or household matter is concerned. You're somewhat above the fray, and current developments are unlikely to impact your life negatively. However, you might continue your project of creating some boundaries and a degree of emotional distance from people who struggle to keep their act together. You will feel well guided by having your priorities in order, which at the moment means taking care of money first. At this point in your life, next month's rent, next week's groceries and one fun night out should not even be a consideration. You can do a lot better than that, if you make financial solvency and success top-level priorities. Emotional independence and financial independence are closely related. You have your own feelings. You need your own money, your own schedule and your own room.

**Scorpio (Oct. 23-Nov. 22)**

Set high goals this week, even some you would love to accomplish but which seem impossible based on your current skills and resources. Your chart describes a straight line from your intentions to the means to make them happen. But the way you set the plan in motion is by taking action. This is not about planning, or planning to plan, or considering a proposal to contemplate something. Choose something you actually want to do, and do it. It could be artistic, professional, or deeply intimate. You might want to overcome a fear or an insecurity. You might have an interest in a person. All that matters is that it matter to you, and that you muster up the courage to dare. Right now most of society is caught in a head-trip,

**Are you at a crossroads in life  
and would like to have direction?**

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Please call Jen @ True North Healing Arts 206.713.1299

or basking gleefully in their anxieties. You  
of all people have the power to get over  
yourself, and you of all people will love  
that you did.

**Sagittarius (Nov. 22-Dec. 22)**

Vesta, perhaps the most profound  
asteroid, has just entered your sign. This  
indicates a special mission of some kind,  
which may relate to a way you help  
certain individuals in your life. Vesta puts  
an unusual filter in front of relationships,  
which often translates into understanding  
how you can serve others rather than how  
they can serve you. Look for all the aspects  
of your life that will benefit from your  
devotion, which is an approach to service  
that genuinely can be called spiritual. It  
matters less what you do and more the  
approach you take to doing it. Set aside the  
drive for personal gain and you will help  
make improvements in the lives of people  
around you. Wherever something is going  
wrong, commit yourself to holding open  
the space for the right thing to happen. Just  
your awareness will have a positive impact  
on whatever you perceive; and carefully  
chosen, selected actions will make a true  
difference.

**Capricorn (Dec. 22-Jan. 20)**

This week, a rare alignment between  
Jupiter in Scorpio and Pluto in your birth  
sign presents some unusual opportunity for  
success. You've had a taste of this the past  
week to 10 days, and you may already be  
on a roll. Think in terms of what biologists  
call a symbiotic relationship. What works  
for you must work for others, and what  
works for them will work for you. If you  
find yourself in a competitive environment,  
where one person's loss is another's gain,  
you definitely want to shift that, because  
that's far from the spirit of your chart. Make  
sure you're not the one competing, or  
believing that there's some shortage of  
resources or potential. There is no lack —  
there's plenty to go around. However, your  
clarity of mind, your honest intentions and  
your sincere choices make all the difference.  
Just remind yourself regularly: another  
person's lack or loss is never your gain.

**Aquarius (Jan. 20-Feb. 19)**

A rather unusual collection of planets  
in Capricorn has you in a rather unusual  
state of mind. Your dreams will best reveal  
what's going on in the hidden aspects of  
your life. Pay attention to what they're  
telling you, remembering that every figure  
and object in every dream is actually  
another symbol for you. If you dream of  
a tiger, you're the tiger. If you dream of a  
construction project, you're the thing being  
built, and the one doing the building. This  
astrology may be pushing up your anxiety  
level. Rather than suppress any fear or  
concerns, make an inventory of what they  
are, preferably on paper, so you can come  
back to it. Keeping written notes will also  
serve your dream work. Whatever you may  
be feeling, your mind is bubbling over with  
potential, and you have plenty of energy.  
Get clear with yourself, focus yourself and  
commit to learning, and this week alone  
you'll get the gains of five years of therapy.

**Pisces (Feb. 19-March 20)**

Keep yourself and your projects where  
people can see you. Do this no matter how  
busy you may be. Keep putting your best  
work into the public eye, and put your  
body where you can have face-to-face  
conversations in a social setting. You don't  
need a specific goal or agenda for doing this.  
Just be sincere, have a good time, and trust  
the topics of conversation that come up. If  
you're in a room full of people, do your best  
to meet every single one of them, and check  
the vibes. The deepest harmony you can feel  
with someone is on the spiritual level — that  
ultimately means a mutual understanding  
of the purpose of life. There's no way to  
fake this meaningfully; and don't accept  
imitations or substitutes. When you are  
making contact with someone, you will  
know it and feel it. And the most likely  
place to make that contact is outside your  
home, where people gather specifically for  
a social purpose.

Read Eric Francis daily at  
[www. PlanetWaves.net](http://www.PlanetWaves.net)

**Next Edition  
of The Loop  
Comes out  
Thursday  
February 1**

Deadline for the next  
edition of *The Loop* is  
**Saturday, Jan. 27**

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# Spiritual Smart Aleck

By Mary Tuel

## Natural Slope

Part one: Back in the 1970s I lived for a time in a house with some friends, one of whom was an engineer. He introduced me to the concept of natural slope by saying the house had achieved natural slope, i.e., it needed cleaning. Not that he was going to clean it. Cleaning was not men’s work.

Merriam Webster defines natural slope as “the slope assumed by a mass of earth thrown up into a heap.”

So, natural slope is the point where gravity kicks in and soil begins to slide back down on itself, although you can apply it to materials other than soil, like crap stacked up in your house.

Part two: last Friday morning while driving to my class at the swimming pool I heard a story on the radio which shocked me. I had never heard language like that on National Public Radio. Realizing what had been said, and who had said it, hit like a body blow.

Then the announcer switched out of his announcer role for a moment, and said he could not let this pass without saying, “This is racist.”

Once again, I found myself wondering where are the grownups? Why is there no accountability?

Part three: A few months ago, I quoted Holocaust survivors who said it’s too late to leave this country, as it became too late to leave Nazi Germany in the 1930s.

We may not have camps and gas showers and ovens, but we are letting brown and black people die in Puerto Rico. We gun down and lynch black people. Our president is calling countries populated by black and brown people “shitholes.” He praises white supremacists as “fine people.” He has made it okay for Nazis to march with impunity in America.

The Republican party, which is in power, does nothing to stop this.

As a mother and a grandmother, I have to say it: shame on you, Republicans. Shame on you.

I don’t say shame on him. I know he has no shame.

Part four: I keep thinking that all this unregulated terrible behavior is piling up like all the papers and boxes and other crap in my house. When that stuff reaches natural slope, it starts to fall. You can keep throwing things on top of other things, but they slide and roll over each other and spread out and you can’t walk anywhere



until you clean up the mess.

I keep thinking that’s what our government is doing, stacking crap on top of crap. I keep thinking it must be getting to natural slope. Every time the president shoots himself in the foot, I wonder, is this it? Is this the day the country simply cannot bear the weight of one more quarter-teaspoon of bullshit?

Part five: Yesterday I watched a video taken in Orange County, of homeless people camped in tents and makeshift shelters on the banks of a river there. Their encampments stretched on mile after mile, and looked like the encampments here, tents and tarps, and piles of bags of stuff, and people milling around. I imagine most homeless encampments look like that. Homeless people and their encampments have become normal in America.

Then I hear on the news that the stock market is hitting record highs. I see pictures of white guys in suits, smiling because they are making lots of nice money, like they think this boom will never end. What short memories they have. The stock market’s natural slope is not predictable.

Part six: Last night I watched, “I Am Not Your Negro,” a documentary about James Baldwin. If you have not seen it and you get the chance, see it.

The movie tells Baldwin’s story, and the story of race in America in his lifetime, and now.

When they showed film of him speaking, his intelligence, his search for exactly the right words to say exactly what he meant, his clear and profoundly humane being, were a balm to my heart and mind and soul. He did not pull any punches, he spoke the truth, even though white people really could not handle hearing the truth.

Sometime after his friends Medgar Evers, Malcolm X, and Martin Luther King, Jr., were shot and killed, he moved to France and lived out the rest of his life there. Listening to him in the movie I realized how much I miss hearing the intelligent, rational voices of honest, humane people.

Part seven: I encourage you to spill intelligence, rational thought, honesty, good humor, and kindness over every person you meet, as if those qualities have reached natural slope within you, and are tumbling out of you unrestrained.

If you can’t do that, at least be quiet and don’t make things worse.

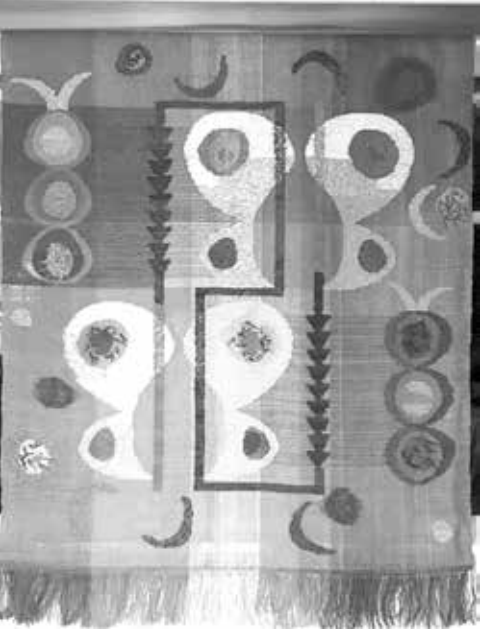
Blessings and peace, friends. We are all in this together.

# Vashon Artist in State Wide Art Competition

Vashon artist, Suzanne Hubbard, has been chosen for inclusion in the juried 2018 CVG Show in Bremerton’s Collective Visions Gallery. Her woven tapestry called “Metamorphosis” was selected from over 900 entries submitted by 283 artists from across Washington for consideration.

The annual CVG Show is one of the largest and most prestigious art competitions in the Northwest. The competition’s jurors chose 125 pieces from among those submissions for inclusion in the show. The jurors will next choose the recipients of over \$10,000 in cash prizes going to 10 artists in multiple categories, including the “Best of Show Mayor’s Award” of \$1,500. Additionally there will be over \$2,500 in purchase awards by area businesses, a \$300 People’s Choice Award sponsored by the West Sound Arts Council, nine \$25 Jurors’ Awards, and a \$1,000 Best of Kitsap Award sponsored by the Cultural Arts Foundation Northwest.

Exhibition Co-chairs Phil Baumgaertner and Cindy DuVall stated: “The 2018 show has attracted top quality artists from every quarter of our state to submit their best work. Attendees and collectors will find a museum quality show of work ranging in size from large sculptures, paintings and fiber art pieces to small prints, photos and jewelry, ranging in style from exquisite traditional work to provocative contemporary works and deeply personal expressions. Some of these artists are well established professionals, and others are emerging talents in the world of art. Our state is very rich with talent.” Hubbard added:



“I am extremely honored to be selected from a pool of such talented artists and look forward to showing my work at this show.”

The 2018 CVG Show will open to the public Jan. 20, 2016 starting at 11am. The exhibit continues until Saturday, Feb. 24. The gallery is open Tuesday – Saturday 11 to 6. There will be a special opening on Sunday, Jan. 21, from 12 – 4 pm for viewing the artwork and to hear discussions of the artwork by Teresa Saia (2D works) and two gallery artists (3D works and photo). The Collective Visions Gallery is located in downtown Bremerton at 331 Pacific Avenue, just 3 blocks from the ferry terminal. Phone: (360) 377-8327

For a complete list of accepted artists and exhibition events, visit [www.CVGShow.com](http://www.CVGShow.com).

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## The Rubicon Our Species Must Cross: Discovering How to Fit into a World that Weaves

Please join me for a potluck dinner, and hear about the new education called Life-Weaving. Imagine weaving the separate strands of your life into a whole fabric or personal ecology, connecting with Nature and others through a common weaving process.

Sharing a meal is a tangible experience of such a weaving process, and I will demonstrate the art of Life-Weaving. A hands-on sense of connection with threads from a personal ecology that also weave the fabric of friendship with the web of life will express without words the unique focus of the class, called Whole-Fabric.

**Potluck Dinners: Saturday Feb 3: 4-6 pm or Saturday Feb 24: 4-6 pm**

**Location: In the event space at Vashon Intuitive Arts: 17331 Vashon Hwy SW**

**Whole-Fabric Class: Friday Mar 9: 6-8 pm & Saturday Mar 10: 9-5 pm**

**Contact Suzanne for further information:**  
[suzannehubbard@me.com](mailto:suzannehubbard@me.com)



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Island Epicure



By Marj Watkins

Oyster Time

Oysters have never been better than they are right now. Their fattening time begins in October as the weather cools off. They go right on improving and being well worth eating until early spring.

After April they slim down, but are still edible and yield Omega 3 fat, iron, copper, and zinc. I recommend you get yourself a copy of Sharon Montoya-Welsh's book Oyster Cookery, first published in 1984, and recently updated and republished, for inspiration.

Many people enjoy oysters raw. Sharon reports that Casanova believed raw oysters gave him the stamina to satisfy his many lovers. He's said to have eaten 50 a day. Whether or not oysters are aphrodisiac, their copious amount of zinc does help us stave off the colds and respiratory illnesses of winter. Six medium size oysters yield 76.4 milligrams of zinc. No other seafood comes close. Lobsters come closest with 2.57 mg per 3-ounce serving.

Among other meats, a 4-ounce serving of rib roast would give you 4 mg zinc. An average chicken leg yields just under 3 mg. Other cuts of chicken yield half that much, or less. Among beef cuts, rib roast has the most zinc, but under 1 mg per ounce of meat. RDA for zinc is 15 mg for men. 12 mg for women, 10 mg for children up to 10 years old, 5 mg for infants, so nursing

mothers would need 17 mg of zinc daily because they eat for both themselves and their babies.

I don't see how anybody can ingest the RDA of zinc day after day unless they (a) take a multivitamin containing 10 to 15 mg of zinc according to age or (b) eat oysters once every 5 days!

Here's Sharon Montoya-Welsh's recipe for making oysters edible though never exposed to heat.

SHERRY MARINATED RAW OYSTERS

Serves 1

6 small oysters, shucked (one 10-oz jar from supermarket for ready-shucked oysters)

2 Tablespoons dry sherry

Pinch of salt

Dash of cayenne pepper

Fresh parsley sprigs, to serve

In a medium bowl, sprinkle the oysters with sherry, salt, and cayenne. Gently mix. Refrigerate for at least 30 minutes before serving. Garnish with parsley. Have oyster forks or toothpicks handy.

Personally, I like oysters best when briefly cooked to rid them of sliminess. Or small oysters in spiced tomato sauce. I call that Oysters Marinara.

My favorite way to enjoy a 10-oz jar of oysters is stewed in milk, salt and black pepper to taste, spiced with a couple of drops of Tabasco, and sprinkled with paprika and minced fresh parsley. This makes two servings. When the oysters are large, I cut them into bite-size pieces. Mrs. Montoya-Welsh has a similar recipe but hers is spiced with Worcestershire sauce and cayenne and thickened with a roux of 1 tablespoon of flour combined with 1 Tablespoon of butter.

Oyster stews may be accompanied by tiny oyster crackers or ordinary soda crackers or rice crackers.

2018 Salish Sea Early Music Festival

Treble Viol, Baroque Guitar & Flute, the opening performance among six in the 2018 Salish Sea Early Music Festival, features Annalisa Pappano from Cincinnati, one of the world's foremost players of treble viol, who also plays the pardessus de viole, lirone and viola da gamba and directs the Catacoustic Consort, and Michael Freimuth from Kiel



Michael Freimuth

Festival. Pappano is a member of Atalante (England) and has performed with numerous other ensembles including the Houston Grand Opera, the Cleveland Opera, the Portland Opera, the Portland Baroque Orchestra, Les Voix Baroques, Opera Atelier, the Toronto Consort, the Concord Ensemble, Cappella Artemisia (Bologna), the Dublin Drag Orchestra, Wildcat Viols, and Consortium Carissimi.

Pappano has taught at Viola da Gamba Society of America national conclaves, the Viola da Gamba Society Pacific Northwest and Northeast chapters, the San Diego Early Music Workshop, Viols West, the Madison Early Music Workshop, and has been a guest lecturer at numerous universities. Pappano led the Catacoustic Consort to win the grand prize in the Naxos / Early Music America Live Recording Competition and recorded a program of Italian laments on the Naxos label. Annalisa Pappano studied with Wendy Gillespie at Indiana University's Early Music Institute and Catharina Meints



Annalisa Pappano

Germany, one of Europe's most active performers on baroque guitar and theorbo, along with renaissance and baroque flutist and artistic director Jeffrey Cohan.

The treble viol was widely used during the 17th and early 18th centuries but is extremely seldom to be heard today, as is also true of the renaissance transverse flute. This exploration of mostly French and Italian repertoire for treble viol, baroque guitar and flute from about 1625 to 1725 will present solos, duos and trios by Buonamente, Sweelinck, Heudelinne, Lully, De Visee and Cheron.

This opening concert takes place on Tuesday, January 23, 2018 at 12:00 noon at Bethel Church at 148th Ave SW & 119th Street on Vashon Island. For additional information please see [www.salishseafestival.org/vashon](http://www.salishseafestival.org/vashon). or call (206) 567-4255. Admission is by suggested donation: \$15, \$20 or \$25 (a free will offering), and those 18 & under are free.

Annalisa Pappano, artistic director of the Catacoustic Consort, performs throughout the United States and Europe on treble viol, pardessus de viole, lirone and viola da gamba. Her playing has been described by critics as "mercurial and enchanting" and "with a sound that is lighter than air with the airy luster of gilding on the mirrors of a rococo drawing room." She has performed throughout Belgium, England, Ireland, Colombia, Canada, and the U.S., has appeared on nationally syndicated radio and has played at the Berkeley and Vancouver Early Music Festivals and the Ojai Music

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at the Oberlin Conservatory of Music. She is currently teaching viola da gamba at the University of Cincinnati College-Conservatory of Music.

Michael Freimuth is among today's most highly sought after lute players both as soloist and in ensemble with others, including well known German baroque orchestras such as the Akademie für Alte Musik, Berlin with whom he toured the United States, the Gewandhaus Orchestra and the Thomanerchor of the Thomaskirche in Leipzig. He has worked for many years alongside conductor Ivor Bolton in opera productions in Munich, Paris, London, Amsterdam and for the Salzburger Festspiele.

He has made numerous recordings for, among others, the Berlin Musical Instruments Museum. His primary focus is in dealing with the baroque lute and works of Sylvius Leopold Weiss and J.S. Bach, including a solo CD with hitherto unknown works by S. L. Weiss, played on an original lute from 1740, and arrangements of songs of Schubert's time on guitars of his period, including most recently a version of the complete "Winterreise" song cycle by Franz Schubert for 9-string guitar. He is co-editor of the facsimile volume "Lute music from Schloss Rohrau", including works by S.L. Weiss. He studied the guitar in Essen and Vienna with K.Scheit and K. Ragossnig, and the lute with K.Junghänel in Cologne. Michael Freimuth has taught at the Hamburg Music Conservatory since 2008.

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# Jealous Dogs & Little Creatures

Two 80s Tribute Bands Play  
The Red Bike

Double down on iconic 80s music this coming Friday, January 19 at 8pm at the Red Bike. The lineup includes two tribute bands playing highly danceable music.

First up is the Jealous Dogs, a Seattle-based Pretenders tribute band that has played on the island several times to enthusiastic crowds. Jealous Dogs lead singer and rhythm guitarist Sherri Jerome channels Pretenders front-woman Chrissie Hynde—and she does so with plenty of attitude. She’s backed by several stellar area musicians including Aimee Zoey on drums, Mikel McDermott on bass, and Laurie Miller on lead guitar.

Next, dust off your oversized suit coat and hit the Red Bike dance floor for Little Creatures, a Vashon-based Talking Heads tribute band formed by islanders and hardcore Talking Heads fans Andy James (guitar and vocals) and Stephen Buffington (drums). Whether they’re playing radio-friendly hits, MTV favorites, B-sides, or deep cuts, Little Creatures will serve



up the most danceable tunes in the T-Heads catalog. Rounding out the band are Dorsey Davis (bass and vocals), Alex Drissell (keyboard and vocals), Levin Pugsley (percussion) and Rick Vanselow (guitar and vocals).

The free show is open to all ages until 11 p.m., then 21 and older only.

The show starts at 8:30pm. This is an all-ages show 'til 11pm, 21+ after that and there is no cover!



# Our first live streaming Met Opera

Sir David McVicar’s ravishing new production offers a splendid backdrop for two extraordinary sopranos sharing the title role of the jealous prima donna: Sonya Yoncheva and Anna Netrebko. Vittorio Grigolo and Marcelo Álvarez alternate in the role of Tosca’s revolutionary artist lover Cavaradossi, with Željko Lučić and Michael Volle as the depraved police chief Scarpia. Emmanuel Villaume and Bertrand de Billy share conducting duties.

Our first live streaming Met Opera at The Vashon Theatre Starts on Saturday, January



27th at 9:55AM  
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# Thistle Theatre presents “The Tales of Two Bad Mice”

Based on the book written and illustrated by Beatrix Potter, this spectacular puppet show illustrates the day two mice discover a dollhouse. On a search for food, Tom Thumb and Hunca Munca are driven to outrageous behavior when they learn that the delicious looking food is made of inedible plaster! They smash dishes, throw doll clothing out the window, tear up pillows and carry off articles to their mouse-hole. After finding such destruction, the child puts a policeman doll outside the front door. What will the mice do next?

4-show Series  
VCA Member \$30, General \$35  
Thistle Theatre Presents:  
The Tales of Two Bad Mice  
Katherine L White Hall



Vashon Center for the Arts. 19600  
Vashon Highway SW  
Saturday, January 20th, 2018, 10:30am

## David Grisman Quintet



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January 27, 4:00 PM - 6:00 PM  
Vashon Center for the Arts:



Katherine L White Hall  
19600 Vashon Highway SW  
Phone: 206-463-5131  
Website:  
[www.vashoncenterforthearts.org](http://www.vashoncenterforthearts.org)

# 11th Annual Storytelling Festival

By Stacey Hinde

Vashon Wilderness Program will host its 11th Annual Storytelling Festival on Saturday, January 27 at the Vashon Theater on Vashon Island. Door open at 2:00pm and the tales begin at 2:30pm. Local professional and amateur storytellers will delight an all-ages audience with an imaginative afternoon of storytelling. Audience members will have a chance to spin their own tales in the One-Minute Story-thon, and interactive group storytelling improv games.

This year’s Storytelling Festival will feature Paul Che oke’ ten Wagner, Coast Salish Storyteller & Native American Flutist, and Allison Cox, internationally known storyteller and founder of the Healing Story Alliance.

Paul Che oke’ ten Wagner is an internationally performing presenter of traditional songs and stories of his Coast Salish tribal ancestors. Che oke’ ten is a member of the Wsaanich (Saanich) Tribe of southern Vancouver Island, British Columbia. An award-winning Native American flutist, his songs have come to him with visions of healing and prayer for all relations (tree people, animal people and human people).

Che oke ten’s debut Native flute CD “Journey of the Spirit” has been honored with the Best Native American Album of 2009 JPF Award, a CD-Baby-affiliated international award. Che oke ten has shared the stage and collaborated with many prominent artists such as Eyvind Kang, Gina Sala, Bill Frisell, Andre Feriante, Kitaro and Seattle Symphony Orchestra. His CDs are widely used by practitioners of meditation, massage and tai chi.

Allison Cox is an internationally known storyteller, and is passionate about using stories to heal. She is a founder of the Healing Story Alliance ([www.healingstory.org](http://www.healingstory.org)) and edits their journal Diving in the Moon: Honoring Story, Facilitating Healing. She is also the author of the acclaimed Healing Heart anthologies on storytelling for encouraging international, community and personal development. She has traveled the world, telling healing stories, folk tales, and true stories, and also offers house concerts around the Puget Sound and beyond. Allison makes



Vashon Island her home.

Each year hundreds of people of all ages from Vashon and beyond gather to share in the ancient and powerful practice of the oral storytelling tradition.

“Storytelling is inseparable from human life,” explains Stacey Hinde, Executive Director of VASHON WILDERNESS PROGRAM. “For generations, we have been telling story for survival, connection, community, healing, and wonder. The Storytelling Festival is ‘by the community, for the community’ and we invite everyone to participate with their listening heart and courageous voice. It’s a wonderful warm, community event! There’s nothing else quite like it!”

The Storytelling Festival is best suited for ages 4 and older. Guests are encouraged to arrive early at 2:00pm to purchase snacks, sign up for the 1-Minute Story-Thon, and settle in with family and friends.

VWP (a 501c3 non-profit) provides nature immersion programs for people for all ages from Vashon and surrounding Puget Sound communities. Storytelling is a core routine at VWP: mentors practice oral traditions to inspire and instill lessons and to help cultivate a learning community that values each person’s life story; and VWP students practice sharing their story of day to both help deepen their learning journey and discover their authentic voice. To date, VWP has helped more than 1300+ children, teens,

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