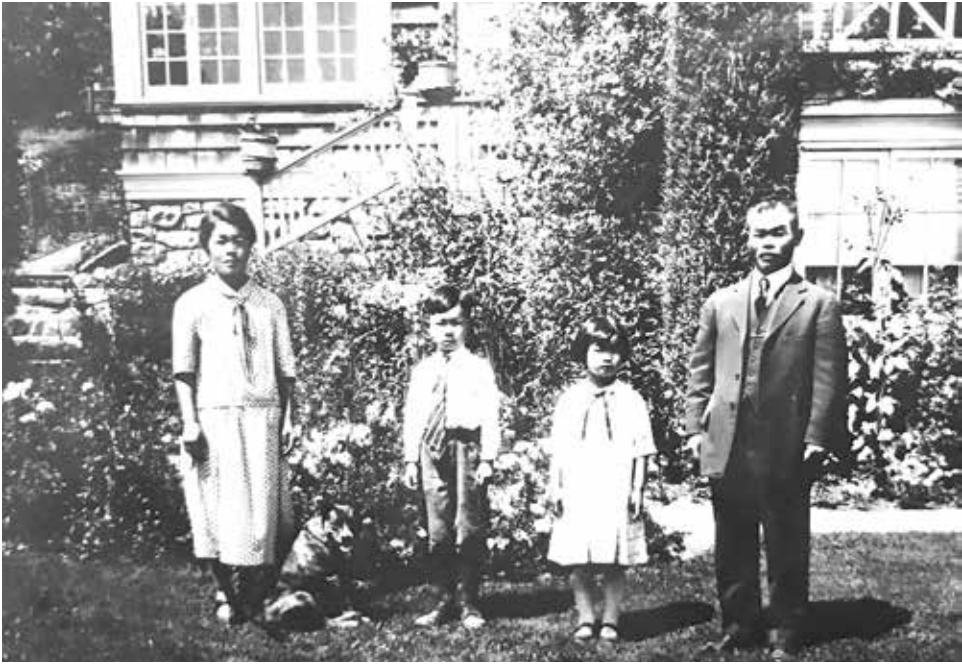


Vashon Then & Now Premieres Season Two



Matsuda family about 1930 (Courtesy photo)

By Susan McCabe

Vashon Then & Now, the Voice of Vashon produced documentary series will premiere the first episode of its second season Tuesday, November 20, 6PM. “The Japanese American Presence on Vashon - Part 1” traces the evolution of Japanese Americans on the island from early farm laborers in 1900, through their integration into the larger Vashon society, and concludes with the shameful 1942 exclusion, known euphemistically as “The Evacuation,” when 115 Japanese Americans (two-thirds of them American citizens) living on Vashon were forced off

the island by gun toting Army troops. The show utilizes historical footage and records, video interviews, audio recordings, and touching essays on what it was like to be a Japanese American on Vashon Island from 1900 to 1942. The show runs approximately 40 minutes and will have its first screening at the Vashon Theatre on Tuesday, November 20, at 6PM. This episode was made possible by a heritage grant from King County’s 4Culture.

The Island-based documentary team of Michael Monteleone, Dennis

Continued on Page 8

The Road to Resilience

Money, Money, Money

I’m submitting this article a day before the election, so I know some of you are elated and some depressed right now. I also know that I’m tired of the massive amount of funding required to run a campaign in this day and age. I’ve gotten over a hundred emails every day asking for money for campaigns in congressional districts all over the country, as well as governor’s races (even attorneys general!). Money coming from people like me at least is coming from voters, even if I’m a thousand miles from the district. I mostly don’t give because I think that constituents of Congress people should be the only ones allowed to pony up.

Bernie Sanders showed that small contributions from across the country could add up to amounts that can compete with the special interests. This election, candidates all over the country are milking the same population (us), and both parties, especially the Democrats, who traditionally get less of the corporate loot, are happy with the results. Some PAC money also comes from sources that represent legitimate voter supported issues, but most PAC money comes from

By Terry Sullivan,

shady special interests, and, by law or by design, from undisclosed sources. But the problem is not just the source of the money. It is the amount of money that is putting our democracy in danger: a total of \$5.2 billion in 2018—\$1.5 billion more than the midterms in 2014. Does all that money make our elections more representative? Couldn’t we find better ways to spend it?

Our campaigns have cost record amounts for several reasons. First, the moneyed interests like it that way because they have a distinct advantage and that allows them to “own” the candidates. There are few laws constraining, much less prohibiting their contributions, and what laws there are are rarely enforced. It means a candidate is much less likely to succeed if they are not wealthy or do not have wealthy connections. Corporations were outlawed from making political contributions in 1907, but we allowed them to slip back in. Now, as you all know, corporations pretty much call the shots.

Second, the main cost of campaigning is media, and, this year, they’ve bought a lot of it. You would probably tune out if it wasn’t for last minute election news

Continued on Page 6

Sharing The Stage: Snuff Redux with VHS Student Openers



Snuff Redux

Sharing the Stage is a concert series that started on Vashon, pairing professional musicians with student musicians as openers. Student openers have an amazing opportunity to open for top professionals they listen to, and the professionals have the opportunity to reflect back on themselves when they were 15 to 18-year-old aspiring musicians, finding their way and finding their voice. As Macklemore tweeted after headlining Sharing the Stage here on Vashon in 2011: “Reminded me where I came from as an artist. In a very humane way. Much love.”

Again, Macklemore said it best in thanking the student opening acts and the crowd: “Vashon....tonight you not only impressed the hell out of me with your energy, but you inspired me with your humanity as well. Beautiful island and people. Such a great night. Shout out to Blueberry Frosting, Madeleine and Julia, Pensive Apocalypse and Peter

Evans for sharing the stage with us. Very talented group of musicians.”

The next Sharing The Stage show will be on Friday night, November 16th at 8pm at the Red Bicycle Bistro & Sushi. Headlining at this show will be a band from Seattle that is totally blowing up on the Seattle music scene and beyond – Snuff Redux. Two of the band members grew up on Vashon and went to Vashon High School, so they’ve got real ties to this community.

This spectacular event will be all-ages, as always. Student bands open for great headlining bands. Tickets are \$7 students, \$12 adults.

Opening for Snuff Redux will be student musicians from Vashon High School, performing their original songs. You can expect to see Theo Newcomb, Simon Grant & Aidan Clarke, Emmett Sherman & Omar Peck, 20 Eyes and Dimitrius Brown.

Continued on Page 10

PSE Planned Power Outage for Vashon and Maury Island

**The scheduled outage will take place
the night of Nov. 15**

In an ongoing effort to deliver safe, dependable and efficient energy, Puget Sound Energy (PSE) will be working in your area to upgrade the existing electric distribution system. PSE is planning a power outage on Vashon Island and Maury Island on the night of Thursday, Nov. 15. The outage may last a few minutes or up to 30 minutes.

The outage needs to take place so crews can transfer a group of electric customers from an existing transformer

to a newly installed transformer.

When: Thursday, Nov. 15, 2018 from 10 p.m.-12 a.m. Outage will last up to 30 minutes.

Where: All of Vashon Island and Maury Island will be impacted.

We recognize power outages are inconvenient, and we appreciate your patience and understanding while we complete this work as safely and efficiently as possible.



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WRE Vashon-Maury Island, LLC

www.windermerevashon.com

17429 Vashon Hwy SW

206-463-9148

Parker Posey Needs A Home

Now that I'm done arching my back and symbolizing Halloween, I want a home to celebrate all the other holidays in. I don't have a lot of experience living around people, and I'm very, very shy. You certainly don't have to worry about me pestering you for attention - a high-maintenance cat I am not! Maybe someday I'll feel secure enough to become more of a companion. Stranger things have happened!

Go To www.vipp.org Click on Adopt
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Restaurant Hours: Mon, Tues, Fri & Sat 11:30am-9pm.
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Friday & Saturday 11:30am-12am
The Red Bike Restaurant and Bar is closed on Wednesday

Live Entertainment

The Curvettes - Friday, 11/9, 8:30pm
Sharing The Stage: Snuff Redux - Friday, 11/16, 8pm

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*The Loop's soy-based ink
is good for composting.*

Starts Nov. 11

Venom



Coming Soon

Met Opera: Marnie
November 10 at 9:55AM

Bolshoi Ballet: La Sylphide
Playing November 11 at 10am
Playing November 12 at 4pm

Colette
Playing November 12-15

The Peacemaker
November 13th at 6PM

Fantastic Beasts: The Crimes of Grindelwald
Starts November 16th

The Madness of King George III
November 20th at 11AM

Vashon Then & Now: The Japanese American Presence on Vashon Pt 1
November 20th at 6:00PM

Vashon Theatre

17723 Vashon Hwy
206-463-3232
Call for Times

For show times and info check
www.vashontheatre.com

The Vashon Loop

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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Community Sound Bath on Nov 16

Vashon’s Threshold Choir will share its soothing bedside songs with interested community members. All are welcome to relax in a zero-gravity chair. Listen to the calming, a capella harmonies. Come to Vashon Cohousing Common House, 10421 Bank Road on Friday Nov 16 from 6:45 to 7:30 PM.

Vashon Island Pet Protectors Holiday Wreath/Swage Sale

The Land Trust Building
Fri: Nov 23rd 12-4p.m.
Sat: Nov 24th 10-4p.m.
Sun: Nov 25th 10-2p.m.

Stop by & purchase one or more of Vipps’ Holiday Wreaths/ Swags starting at \$25. Each year our all volunteer crew craft these holiday delights out of fresh fir, cedar, holly & lots of extras which is then topped off with a beautiful bow.

Vipp will also hold our annual “Nikki Champlin Neighbor to Neighbor Pet Food Drive”. Items in particular need are:

- Wet or dry cat food
- Wet or dry dog food
- Clumping litter

volunteers Needed

We are in need of volunteers to assist in working with adults with Alzheimer’s. Could you give us a morning or afternoon of your time? We meet on Tuesdays and Fridays at the Lutheran Church. No skills required, just bring your heart and share it with those in need! Please contact Ann Scafe (206-852-4543 for more information.

Have a Story or Article

Send it to:
Editor@vashonloop.com

Vashon Progressive

Vashon Progressive Alliance meets the third Tuesday of every month. We focus on issues, activities and possibilities to forward the Progressive point of view. . All welcome. At the Vashon Library, 17210 Vashon Highway - 6:00 to 8:00pm. Questions call 206-496-4174.

Find us on Skype
Vashon Loop
206-925-3837

Next Edition of The Loop Comes out Wednesday November 21

Deadline for the next edition of *The Loop* is
Saturday, November 17

Vashon Island

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November 17, 2018
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Get In The Loop

Send in your Art, Event, Meeting
Music or Show information
and get included in
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Ending the Silence

Vashon Presbyterian Church and Vashon Youth and Family Services are partnering to bring to Vashon an event about Mental Illness and especially how it impacts those who live in families where it is present. For too long, mental illness has been the source of shame or embarrassment and people who are going through it find themselves terribly isolated. We really feel the time has come to change this unfortunate situation and hope that this may be the beginning of greater acceptance and caring in our community.

It will be called “Ending the Silence” and will be keynoted by a speaker from Seattle NAMI (National Alliance on Mental Illness) Through this presentation, students/families get to see the reality of living with a mental health condition. During the 50-minute presentation, a young adult living with mental illness and a family member tell their stories about mental health challenges, including what hurt and what helped.

In addition, we will have a workshop on Suicide Prevention, support for families living with mental illness (with the hope of creating a safe place for a support group here on Vashon), and as a follow up to the keynote address, the NAMI speakers would be available to meet with folks who have further questions or needing more direction/help.

The event will take place on Saturday, November 10th from 9am to 2pm at the Vashon Presbyterian Church and the cost/person will be \$10 and will include a light lunch. We will not turn anyone away for lack of funds and will offer scholarship if financial help is needed.

For more information, contact pastorleigh@comcast.net

Office Assistant Opening at Open Space for Arts & Community

Open Space for Arts & Community seeks an office assistant to join our team on beautiful Vashon Island. Our mission: Open Space for Arts & Community is where Vashon gathers to celebrate the unbreakable bond between arts and community. We co-create extraordinary artistic, community building experiences that enrich and inspire all involved. This position oversees all general administrative matters for the office, including:

- Fielding incoming phone calls - directing callers and messages
- Processing incoming and outgoing mail
- Ordering and tracking shipments for office supplies
- Maintaining calendars
- Data entry, database management, and correlative reporting
- Maintenance of email lists and communications scheduling
- Tracking ticket sales
- Direct liaison for guests to all events
- Monitoring the general email account
- Office tidiness, presentation, and maintenance
- Office expense tracking and reporting
- Project and event report generation and tracking
- Meeting minutes and project management on shared files
- Assist the executive director and founding directors as needed

The office administrator provides substantial assistance in other functional areas, especially fundraising, marketing, and event production.

The successful candidate will:

- Embrace the mission, vision, core competencies, and values of Open Space for Arts & Community
- Demonstrate excellent customer service internally and externally
- Be punctual and reliable
- Be proactive, anticipating problems and developing effective solutions
- Multitask comfortably and switch rapidly from one focus to another
- Demonstrate excellent time management
- Be highly collaborative
- Exhibit highly professional verbal and written communications skills
- Maintain confidentiality of communications and proprietary information
- Have strong proficiency with the MS Office Suite and normal office equipment
- Have basic knowledge of data entry
- Demonstrate curiosity about business operations and desire to learn and grow

Salary range and hours:

This is an hourly position from 9AM-3PM, Tuesday through Friday. The salary range is \$18-\$20 an hour based on experience.

Please reply with your resume and cover letter to info@openspacevashon.com.

Open Space for Arts & Community is an equal opportunity employer and is committed to equal opportunity without regard to age, race, religion, color, national origin, sex, gender, sexual orientation, citizenship, disability, pregnancy, maternity, marriage, civil partnership, citizenship, disability, or any other basis of discrimination prohibited by applicable law.

Roast Beef

By Sean Malone

Marie opened the oven door, letting all those delicious smells from her famous roast- beef come out. Years later, I can’t forget roast beef at Marie’s. It had taken hours to cook and she had left the top off the pot long enough for the roast to have that blackened look. You didn’t have to poke it to see if it was done. That was in the town of Republic almost 40 years ago where I had moved to start a new life as a logger who sold 3,000 cords of firewood in the 25 years he lived in Ferry County, up against the Canadian border and nestled in the Kettle River Range. John Sweetman was a good friend and did his best to keep the “logger” out of trouble. John was the Ferry County assessor, elected four times.

Marie Tyson was the logger’s 80 year old girlfriend and a retired nurse, highly respected in the small mountain community. Marie owned a laundromat in Republic and used wood logs to heat her broiler. One time, she ordered wood from Mr. Citi and he brought her rotten fence posts. Marie sued Mr. Citi and won; after that he brought Marie “good wood.”

The logger was 40 at the time and Marie was 80 years old and fun to be with. With a laugh, she told the story of the demise of one of her old boyfriends, Joe James. She had been married four times, all either dead or gone. Marie had a nice trailer just outside town, within easy walking distance of the hospital. Joe brought his broiler over one day to do some steaks on the porch. It was hot and the machine fell over and caught Marie’s deck on fire. She yelled at Joe to do it on the sidewalk and he packed up his broiler, threw it in the back of his old Ford truck and was never seen again.

Joe Hill was another old friend of Marie’s; in fact, Joe moved her trailer down the hill, when she got into a fight with old Mert Hauglund over the property he had let her “squat on” for twenty years. Joe worked at the courthouse as a janitor and handy man.

So the tale goes, when a moonshiner and there were many in the hills around Republic; was brought in to be tried,

the law would also have the evidence brought to court and disposed of after court was over. Joe was caught in the courthouse basement, tapping off the liquor as it came down two floors from the drinking fountain upstairs. I doubt they did anything to old Joe Hill; he was a good janitor and general handyman to have around the courthouse.

Marie lived just shy of 100 years and complained about the wild flowers the logger had brought to her at the hospital, because they were full of “bugs” and she had the floor nurse throw them out.

She helped the logger out one day on Cougar Mountain, not far from Republic. Marie didn’t help the logger cut or split the wood, but just sat in her straw hat on the end of a log, “Looking pretty, or so the logger thought.”

When the truck was loaded, we headed up the hill to try the mudhole; no luck; the truck bottomed out and we were “stuck.” The warm day had thawed out the frozen mudhole, we were 17 miles from town and in trouble. Bill Stang had left his grader on the uphill side of the mudhole, but it had no battery.

Bill Stang always wore a 1917 pilot’s helmet when he ran his logging crew and drove a cat. As an ex-commercial pilot, he had license. The logger used the battery from his truck by carting it thru the mud to jump-start the grader and get his truck out of the mudhole, with Marie driving the truck and the “logger” pulling with the road grader. Marie had all four wheels churning and dirt flying in all four directions, so the grader didn’t have to do much pulling. Later, the logger gave Stang a bottle of whiskey whose label the “logger” had already researched, it being Black Velvet. The logger thanked him. Bill didn’t seem to mind.

It was after midnight before Marie and the logger got down the hill to the highway. He could see the full moon in the side mirror as it settled between two large hills. He stopped the truck, so Marie could see. “It looks like a woman’s knees pulled up and the moon is between them,” she said. “Lovely,” the logger replied.

Community Meeting Explores Sustainable Healthcare

By Annie Miksch

On October 30th the Vashon Maury Health Collaborative held the final session in a series of three community meetings to discuss the future of sustainable healthcare for the Island. A show of hands revealed that about a third of the attendees had not been present for the previous meetings. Moderator Tim Johnson summarized the previous meetings for those gathered. The first meeting covered current clinic operations and how NeighborCare was brought to the Island following the departure of CHI Franciscan. NeighborCare senior management was present to discuss areas of difficulty with clinic services and staffing position changes taken to reduce annual clinic losses to around \$350,000. Islanders voiced appreciation for having a clinic provider, but also expressed frustration with specific operational problems – notably a new phone system and the length of time to get an appointment beyond the limited number of same-day appointments offered.

The second meeting focused on what Islanders want for healthcare on the Island. Many long-time Islanders fondly remembered days when there were multiple private medical practices, with each taking turns providing after-hours care at the clinic for issues that needed prompt attention. Current medical and insurance structures (as well as the closing of those private practices) ended that procedure.

Defining what “primary care” and “urgent care” cover helped Islanders choose what services they wished for the Island. A wide array of suggestions was offered – from extended hours at the clinic, longer appointment times, having an urgent care capability (which entails different levels of certification and equipment our clinic does not have), to on-Island drug testing for employment, midwifery and dialysis. The costs associated with those services quickly added significantly to the existing \$350,000 annual loss. Islanders can have any service they want – as long as they are willing and able to pay for it. Senior staff from NeighborCare addressed estimated costs of extended services, and again addressed operational changes undertaken to improve telephone service and increase availability for appointments.

The Third meeting was about how the Island wants to pay for its healthcare needs. Health Collaborative members have looked into governmental grants (County, State and Federal)

with discouraging results. While the Island is classified as being a health provider shortage area, its physical proximity to Seattle and Tacoma keeps it from qualifying for Rural Healthcare grants. The Island’s size also limits grant availability – most are targeted to larger populations.

Audience members asked about organizational grants. Generous donations from Granny’s Attic have contributed \$100,000 in the last year.

Others inquired about forming an Island-wide foundation to support a variety of healthcare needs and reduce individual agencies’ fund-raising costs.

VMHC member John Jenkel offered examples of how other similar Washington communities have addressed their healthcare needs. Orcas Island, Lopez Island, San Juan Island and Pt. Roberts (near the Canadian border) have all formed taxing districts to provide sustainable healthcare for their populations. Cle Elum has aligned itself with the Kittitas Valley Hospital District. Many in the audience asked about formation of a healthcare district.

Healthcare districts (which are required by statute to be called “Hospital Districts” in a formal initiative process) are entities created by voter-passed levies that provide funds for operational costs – the Fire Department, Schools, Library, Parks Department all receive support in this manner. Levies are structured in a hierarchical order with a Hospital/ Healthcare district somewhere in the middle. There is a levy ceiling (again, by statute) of \$5.90 per thousand dollars of assessed property valuation. Currently, there is about 17 cents available for a healthcare district on Vashon Island without impacting subordinate districts in the hierarchy. This amount may not yield a sufficient total sum for the funding of a district, but would serve as a basis upon which to start negotiations with other affected districts to find joint solutions that result in an overall community benefit. A levy at the level of \$.17 per thousand dollars of assessed value would cost the owner of a \$500,000 home under \$100 per year for a contribution to the sustainable funding of healthcare.

VMHC members stated that these meetings are intended to be an ongoing Island conversation, not a proposed route. More research will go into other funding sources and solutions. Coordination will be done with other agencies. The bottom line is creating sustainable healthcare for all Islanders.

Magic and Sophie Need A Home

Do you believe in magic? That’s my name, and you’d better believe I’m a cat with a supernaturally-great personality! I’m the dark guy in the photo. The tabby is my mom, Sophie. She’s on the shy side, so I’ll do the talking for both of us. I’m curious about what people are doing, and I love to have them hold me like a baby so I can rub my head against their cheek and neck. Sophie is quiet and gentle. She purrs whenever someone



Magic



Sophie

strokes her head. Although she still misses our old home, she’s becoming more relaxed as time goes by. Each of us is independent enough that it’s OK if we’re adopted separately. Just be aware that we’ll cast a spell to make you fall in love with us!

Go To www.vipp.org

To view adoptable Cats and Dogs

Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday. Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption.

Or give us a call 206-389-1085

Island Life

S***hole America

By Peter Ray
pgray@vashonloop.com

*“Sometimes the light’s all shining on me.
Other times I can barely see.
Lately it occurs to me,
What a long, strange trip it’s been...” “
Truckin’”- the Grateful Dead*

Yes, you read that right. I would suspect that the title above caught more than a few people’s attentions. Perhaps it turned some people away, while drawing some in to see what this seeming desecration of America the Great is all about. First of all it is about words and their meaning. Personally, I find the terms n-word, f-bomb and s***hole to be a cop out- a pass on the raw power that these words have in their unsterilized versions. It is why these words exist- to have a jolting effect. To otherwise gut them of their intended missions is to unchallenge their intended targets in the reading populace- to make things a little easier and more digestible in their perhaps already overburdened lives. But, like edited for TV movies or Cliff’s notes and Reader’s Digest condensed books, the originally intended messages conveyed by truncated and edited words of power have been subverted or at least tempered to make them more “accessible” to the masses. In other words, the message has been reduced to a milquetoast porridge that is bland and fodder for all. It is the lowest, common denominator, something I was always taught we were supposed to strive to rise above. It is this core belief in the dumbing down of the American story and dream that I find to be the most offensive action in the ways and means of the current occupant of the White House, and it has become the primary lie that is coming out of the flapping mouth of the Fascist, Bloviating Pumpkin- that he is in anyway concerned about making America great again.

And so it is that the curious and concerned reader who is still reading might ask how it is that I have come to this conclusion and observation. If any of those curious or concerned have been watching this space over the past three issues, or if they had been following me on the facebook or in the e-realms of the instagram, they would know that I have been on a bit of a quest. Some have referred to it as an odyssey or a pilgrimage- it has been a lot of driving. For forty-four days I was out on the byways and highways of these United States, rolling up a total on my trip odometer that read 1,702 miles when I arrived at the Pt. Defiance dock just the other day. This of course was not fully indicative of the other 10,000 miles I had traveled when said trip meter rolled over and back to zero somewhere east of Reno as I was heading west on my return leg of the grand loop. For some reason, my TV memory always tends to wind back to Walter Brennan and his role in that show, ‘ the Real McCoys’, whenever I am inclined to state some grandiose claim. As I am remembering it, he would, when confronted with the veracity of a statement he had just made, simply state: “No brag, just fact.” This was back when facts were something one could count on as a basis for basic truth and not to be questioned as a transient belief or be casually, if wrongly, dismissed as news that is in some way proclaimed as fake by someone who cares not whether it is true or not.

I have not gone back to read the past three columns written out in the fog of the road, so I am hoping that the

curious and concerned and intrepid reader following along here will excuse me if I repeat myself. It should be stated that my reason for staring through the windshield day after day on this trek was to follow the route that Horace Greeley took on his overland journey from New York to San Francisco in the summer of 1859 in order to have a first hand look at this country of states and territories and to publish his observations in his paper, the New York Tribune, in order to promote and encourage the completion of the transcontinental railroad. At the time, Greeley was in the position to influence the thoughts and opinions of the entire country since he saw to it that his paper had a distribution that spanned the whole country, and in so doing he was able to claim that it had the largest circulation nationwide, if not the largest of any paper in the world. Along the way across, Greeley was not only writing and sending the dispatches back to the Tribune that were to form the book titled ‘An Overland Journey’ that inspired my trip, he was also giving speeches to support his abolitionist views in territories where the populace had been granted a choice as to whether they would eventually become a free or slave state. One of the journal entries I read along the way at one of the museums I stopped at was from a local farmer who had attended one of Greeley’s meetings. It stated that while Greeley had put forward some important ideas, this person felt that “Uncle Horace” (as he was known to much of the country then) was ahead of his time and at the same time just too liberal for this particular audience.

So- some might still be wondering about the title at the beginning of this ramble. It is in part about what I have seen over the miles. To be truthful, there is a wealth of amazing out there in the expanse of this land. But there is crap too. On the way east I was talking to one museum official who had been out with a long time area resident who was along for the ride to identify emigrant trail ways that he had known for years. But when they got to where all remnants of the trails and their landmarks had been, they had all but been erased by the fracking and drilling operations that had been given lease rights to the area for \$9 an acre with no accountability for what they did to the land or how they left it. On the way back through that part of Wyoming, the prevalence of pumping stations and holding tanks made it seem that that part of the state had been completely fracked. Earlier on in the trip back across I had stopped outside of St. Louis at Cahokia, a series of immense dirt and rock mounds constructed by the native peoples somewhere between 900-1300 AD. Visible from the top of the largest mound was an immense mound between there and St. Louis that turned out to be a retired landfill. I couldn’t help but reflect upon how that mound differed in presence from the sacred status of the mound I was standing on and how it was still held with reverence amongst its peoples, versus how a closed landfill was seen in our time. On another tangent, within the first couple of days at the beginning of my trip I began to run into the evidence of the summer of wildfires that continued to pop up nearly everyday that I traveled through the west. On the stretch of I-5 between Weed and Redding,CA there were miles and miles of the charred remains of forest- some still smoldering. I was shocked to see a similar scene in Yosemite, with standing dead and standing burned trees seemingly in the majority in what was supposed to be a national preserve of forest and natural beauty.

It was however the last few days out
Continued on Page 8

Whale Gumbo

By Orca Annie Stateler, VHP Coordinator

Throughout October and into the first week of November, a number of distinguished cetacean visitors have graced Vashon-Maury waters. A single Humpback whale named Vivaldi has been here for three weeks, often foraging near Point Defiance and into the Narrows. Vivaldi’s occasional breaches and emphatic lobtailing are most impressive – splashy and loud!

On November 1, as I searched for Vivaldi’s tall blows, I spied a cluster of blows and dorsal fins at the Clay Banks. Ten Transients in two families, T46s and T46Cs, were creeping along the shore – surprise! Three imposing males in this group have distinctively nicked dorsal fins -- T46D, T46E and T46C1. In addition, the orcas sheltered an adorable new relative: still peachy T46C4. At Loop deadline, the Transients remain in the neighborhood, roaming between Dalco Pass and Henderson Bay, or thereabouts.

Historically, Southern Residents (SRKW) ventured into central Puget Sound in October, sometimes even in September. Not so this year. On November 4, our friends and research partners Mark and Maya Sears had their first encounter with J Pod and L87 just north of Seattle. The widely scattered SRKW foraged on chum salmon. Cookie (J38), b. 2003, had a fish in his mouth.

On November 5, J Pod slowed the evening commute when the orcas paused to eat salmon dinner in the Fauntleroy-Vashon ferry lanes. From WSF’s Twitter feed: “Faunt/Va/SW - Update-Sealth & Kittitas 20 minutes delayed due to Orca pod.” Splendid!

For several days, these SRKW



DO NOT TRY THIS AT HOME: Vivaldi photobombs the Chetzemoka. Heather DePree photo.

concentrated on an area between the Possession Triangle and our “Faunt/ Va/SW” ferry lanes, roughly. Based on where Mark and Maya found the orcas on November 6, we surmise they traveled north again on the night of the 5th. We did not expect them to journey farther into East Passage. We suspect this is in part because the Transients and the Humpback are to the south.

Dear readers, the sight of a solitary dolphin – presumably a Bottlenose – in the nearshore waters of Fern Cove or Dockton should prompt a call to your Vashon stranding responders. Thus far, we have not heard from y’all. Circling in shallower water could be a sign of distress, though not necessarily. I have an idea who this dolphin might be, but I need conclusive ID photos.

Our Humpback friend has artfully dodged Transient killer whales as well as clueless humans on boats, kayaks, and

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paddleboards. Kids, don’t try this at home: this week’s photo of Vivaldi breaching was obtained by a Gig Harbor tour boat. I debated about using it, as I am not certain that the boat was observing Be Whale Wise guidelines. However, it presents a teaching moment. Every year, enormously powerful Humpbacks inadvertently injure or sometimes kill humans who get too close. Like all Humpbacks, Vivaldi surfaces in unpredictable places, frequently shifting direction while s/he is foraging. Please respect Vivaldi’s space and allow him/her to rest, travel and eat in peace.

November is Native Heritage Month. Recently, this column has focused on the dire plight of our fellow First Nation of the Salish Sea – the endangered Southern Residents. November 6 was a frenzied day, with whale visitors, a SRKW Task Force meeting, and a wee Mid-term Election. The word DISENFRANCHISED comes to mind, but that is a thorny subject for another time.

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS & STRANDINGS ASAP TO 206-463-9041. Tell us if you see Vivaldi, a wandering dolphin, Transient orcas, or commute-stopping J Pod! When reporting a sighting or

stranding, be specific: date, time, location, travel direction, species description, number of whales/seals/etc., and behavior observed. We prefer phone reports, but if email is the only way to coax you to report to us, send sightings and photos to Vashonorcas@aol.com. Your photos of marine mammals are valuable for ID purposes. Do not assume we will randomly find stuff posted online. We are grateful to everyone who reports directly to us.

Next Edition of *The Loop* Comes out Wednesday November 21

Deadline for the next
edition of *The Loop* is
Saturday, Nov. 17

The Peacemaker: the story of Padraig O’Malley



At the heart of the world’s seminal conflicts is an international peacemaker riddled with internal strife. The Peacemaker plunges us into the depths of the journey of a man utterly defined by conflict.

This award winning documentary will show Tuesday, November 13th, 6pm at Vashon Theatre. A community discussion will be led by Ann Lewis, international peacekeeper and Vashon Island resident, following the film screening. The event is part of the Backbone Meaningful Movies Film Series, which happens every second Tuesday. Admission is by donation and the event is possible thanks to generous support from island GreenTech and Vashon Theatre.

Padraig O’Malley has made it his life’s work to bring leaders on both sides of the most explosive conflicts to the same table. His innovative behind-the-scenes work has established Padraig as a publicly unrecognized but highly influential figure in conflict resolution. Yet, these dramatic undertakings serve as a sharp contrast to the man – an alcoholic bar owner who fails to manage the most basic of personal relationships. His solitary life hangs in a delicate balance, bound together by weekly AA meetings and relentless work. As age takes its toll, he begins to lose his only source of solace and the motivation behind his life’s work comes into question. Cavernous suffering lurks in the shadow of genius.

At 17, Padraig O’Malley’s staggering intellect carries him out of Ireland on a Fulbright Scholarship to the States. Steeped in alcoholism and feeling directionless, Padraig wagers his Harvard scholarship on the 1971 Ali/Frasier boxing match – and loses everything. At the Plough and Stars, an iconic Cambridge pub that he eventually purchases, he finds a home with a collection of Irish Nationalists who inhabit the bar. Inspired by the success of a fundraiser they hold for the victims of Bloody Sunday, Padraig finds a focus.

In September of 1975, at just 33 years old, he brings in key leadership of the Northern Irish paramilitaries together in Amherst, Massachusetts to discuss their differences. The negotiations are a first in the history of the conflict – and the launch of Padraig’s foray into global peace work.

The genius behind Padraig’s peacemaking model is at the crossroads between his inner and outer worlds. After decades of alcoholism, he decides to quit drinking. It is in recovery at AA meetings that he finds his peace model: that one culture in conflict can help another culture in conflict as one alcoholic can help another alcoholic - because they understand each other in a unique way. On this principle - and against impossible odds - in 1997 he brought all the chief negotiators from Northern Ireland to meet Nelson Mandela to learn from the South African experience. Martin McGuinness from Sinn Féin would call this “a groundbreaking moment” in the peace process leading up to the Good Friday Agreement. Now as Padraig expands his idea, he develops a forum of divided societies from Kosovo, Northern Ireland, Iraq, Nigeria and more.

As the film follows Padraig O’Malley’s tumultuous journey, the paradox of an international peacemaker who can’t find inner harmony comes to the fore. We join Padraig over the course of five years while the details of his turbulent life unfold. His alcoholism is replaced by workaholism. He takes no pleasure in human interaction. And with age, he realizes that the one thing keeping the torment away may soon be taken from him. Signs of memory loss have appeared and they strike a death knell for a man defined by his intellect. The Peacemaker takes us from one man’s isolated life in Cambridge, Massachusetts to some of the most dangerous crisis zones on Earth to chronicle the journey of an extraordinary man in a race against time to find salvation for both the world and himself.

My Mother, MySelf

“My Mother, MySelf” is a witty and acerbic dark comedy based on the lives of 4 pairs for mothers and daughters in Seattle who overcome their trauma and despair with incorrigible grit and enduring love.

Local Vashon actors give superb performances accompanied by St. Ophelia’s latest musical pieces. This play will be held at Vashon High School on Nov.30-7:30, Dec.1-7:30 and Dec.2 -2:00.

Tickets are \$18 for adults and \$10 for students and seniors and can be purchased through www.takeastandproductions.org or at the door.

All proceeds go to Take A Stand’s community programming designed to meet the artistic and emotional needs of gender-specified women and girls of Vashon.

Vashon High School Theater
Friday, Nov. 30th at 7:30pm
Saturday, Dec. 1st at 7:30pm
Sunday, Dec. 2nd at 2pm
Rated PG-13



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Road to Resilience

Continued from Page 1

anxiety. When radio and TV frequencies were first licensed, there was a public service requirement that should have made some minimum amount of media coverage free. What happened to that?

Thirdly, campaigns last forever. I’m already hearing pundits saying that the 2020 campaign starts on Wednesday (yesterday for you). In Canada, campaigns can be no longer than a year as parliament needs to sit at least once a year. That would be nice, but I think six months would be even better. I would expect that is more than enough time for a candidate to get the word out.

In 2001, I helped start a group called Washington Public Campaigns. I was driven to find these like-minded people after I found out that our people in Congress were spending more time fundraising than they were spending making law. The idea of public campaign financing seemed like the perfect solution and, in my political naiveté, I thought that everybody would agree that campaigns should be about ideas instead of money and that our elected representatives would be better employed doing what we sent them there to do. In the next ten years, I would lose my innocence as I watched campaign funding restrictions steadily disappear. Here’s a little trivia for you: there is a public campaign funding law

for presidential elections, and it has been on the books for forty years. You may know it as the question right below your name on your tax Form 1040 that asks if you want to contribute a dollar to the presidential public campaign fund. That’s right – one dollar. In 2012, Senator McCain, a long time campaign finance reformer, offered to run on the public financing if Obama would. Obama declined as he knew he would get more money from private sources. It’s not that public campaign financing is impossible or even difficult. It is that virtually everybody, from candidates to wealthy donors to media (both news and advertising departments) find the sleazy system we have now both very good business and empowering – for them, that is.

All of this tells me that if we really want to clean up politics and make our electeds accountable to us, we are going to be pitching against a very powerful alliance of money makers and money offerers. So, if we are serious about it, we are going to have to insist in the most strenuous terms! I know it’s a pain, but this is one more issue where civil discourse just ain’t going to do it.

Comments?
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Aries (March 20-April 19)
Part of how we learn is through experiencing new circumstances, to which we then have to adapt. You’re likely to be involved in a situation that’s in some way unprecedented, and therefore calls for a fresh approach. Your response need not be immediate; hopefully you’re in a position to take whatever time is necessary and consider all the facets, including how you’re feeling. The prospect of a departure from your customary MO might, for example, feel a little intimidating; if that seems to be the case, try to figure out what could be behind that.

Taurus (April 19-May 20)
Relationships need trust in order to thrive. The current environment does not exactly foster the building of trust, though that makes it all the more crucial that we do so where possible. If you’re feeling doubtful about someone else, or finding it difficult to maintain faith in general, you might begin by considering your own behavior and words, and focus on bolstering your reliability. It’s very easy to stray into little deviations from the strict truth, if we don’t keep watch. Hold yourself to a high standard in that respect, and you’ll surely inspire others to do the same.

Gemini (May 20-June 21)
As an air sign, you need a certain amount of stimulus; if your daily life is feeling a little samey, you might be inclined to make some changes this week. It would probably be advisable, however, not to rush into altering anything irreversibly, especially where there are risks involved. Try instead to satisfy your creative or intellectual urges with the resources you already have. Consider how you can use your time or money more productively, for example, rather than trying simply to acquire more of either. If nothing else, this will be a good exercise in distilling your options.

Cancer (June 21-July 22)
This week’s New Moon in your 5th house of art, sex and play should herald some fresh, fun ideas on these or similar themes. Be open-minded about what comes through, and don’t dismiss anything out of hand, even if it requires more faith than you are usually willing to bestow. That includes stopping any self-doubt you might be feeling from hampering you. Equally, be wary of unnecessary distractions. While it’s certainly tempting to allow ourselves to remain in a metaphorically somnolent state, it’s more important than ever to do precisely the opposite.

Leo (July 22-Aug. 23)
This part of the season is traditionally when the veil between the worlds of flesh and spirit supposedly grows thin, and when we honor our ancestors. One possible factor behind this in the Northern Hemisphere is that the nights are growing longer, giving rise to a general sense of turning inward. You’re now being invited on something of an introspective quest, in which you could explore and revisit your concepts of the unseen and the spiritual. Among other things, pay attention to your dreams, and notice any patterns relating to family traits and histories.

Virgo (Aug. 23-Sep. 22)
You may be feeling driven to get certain things accomplished, as if for a deadline. Enthusiasm is a wonderful thing; however, be careful not to push yourself beyond your capacity, or to try and do too much too fast. This isn’t only

about preserving your wellbeing; you need to keep a pace that allows you to be clear, thorough and accurate in your communications, and take one step at a time. Hasty decisions may also be at risk of unforeseen snags, or of being suddenly reversed at a future date. You likely have more time available than you are perhaps aware of.

Libra (Sep. 22-Oct. 23)
People are not the best judges of their own merit, and many seem particularly inclined to put themselves down. You know better than to treat minor mistakes as irrevocable blots on your soul, though just at present you may be feeling somewhat off-kilter and unsure of yourself. You’re actually pretty grounded and clear on your goals, and deep down you know you are perfectly capable of carrying them out. Don’t allow your fears to take hold; if anxiety starts to plague you, remember that trusting yourself is not only reasonable but in line with the facts.

Scorpio (Oct. 23-Nov. 22)
A rather special New Moon in your sign is bringing you a chance to reaffirm your relationship with the cosmos, and with the higher part of yourself. This will be especially valuable if you’ve been feeling a little lost and disconnected from your most profound sense of identity; though, given your astounding strength of character, that can never be taken from you entirely. As a Scorpio, you have the important task of keeping humanity in touch with issues we’d rather leave permanently on the back burner. That starts with being authentic and honest with yourself.

Sagittarius (Nov. 22-Dec. 22)
Your ruler Jupiter finally enters your sign Thursday. You’re probably already experiencing the beginning of this, and it’s likely to be a gentle and gradual shift in consciousness, rather than a grand arrival complete with fanfare. It’ll almost certainly help if you allow these changes to happen at their own pace. Potentially you could also document them as you undergo them; this may give you a better sense of what this means specifically to you, and perhaps assist you in understanding more thoroughly all the strides you’ve made in the past 12 months or so.

Capricorn (Dec. 22-Jan. 20)
Family and ancestral traditions can have a deep importance, and often we find ourselves adhering closely to them in times of uncertainty, for a sense of comfort if nothing else. The rules and customs of a social group can be likewise a source of relief. Yet if we try to maintain them rigidly, we can soon find ourselves bumping up against restrictions or limitations that might work for others, or have been well-adapted to former times, but for us simply don’t make sense. If you encounter this, try not to shy away from the cognitive dissonance; this can lead to necessary progress.

Aquarius (Jan. 20-Feb. 19)
This week may see a leap forward, or at least a few steps, in the realm of your career or longer-term ambitions – if you’re open to the required changes. It would seem an issue that’s been something of a sticking point for you is being challenged in a pretty direct way. Whether you decide to alter your way of thinking is up to you, though reviewing your position would surely not hurt. In the end, this boils down to a question of what you consider to be fundamentally important, what your ultimate principles

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The 38th Annual Seattle International Comedy Competition starts November 2, 2017 at Unexpected Productions and continues nightly until a winner is crowned on Sunday, November 26 at the Seattle Comedy Underground.

There are two “Preliminary” rounds of 16 comedians; each comedian gets 5 minutes to impress. The Preliminary rounds consist of 5 shows, and a combination of entertainment industry and celebrity judges and audience reaction determines who moves on when each performer’s 5 best scores are tallied.

The top 5 comics from the Preliminaries make the Semi-finals; all the Semi-finalists win some cash, and get to compete for the title by performing for 10 minutes nightly for 5 shows.

At the last Semi-Final show the



Finalists are announced. Five comedians get to go big, and five get to go home. After two days to recover and plan, the Final round begins on November 21. After visits to theaters in Vashon, Kirkland, Bremerton and Seattle, we will have a new champion.

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are, and where you really want to be heading.

Pisces (Feb. 19-March 20)
Every living being has a place in this beautiful universe, and that includes you. It can be so easy to lose sight of that in comparisons with others, or in a maze of judgment, and then suddenly feel no longer a unique soul with divinity at its core, but instead ‘less-than’, or ‘sinful’. Yet

in reality you know that to deny your own sacredness is to deny that of everything else. Or, said another way, however obscure or distant it may seem at times, faith in whatever deity or spiritual entity you swear by means faith in its power and presence within you. Honor yourself accordingly.

Read Eric Francis daily at
www. PlanetWaves.net

Spiritual Smart Aleck

By Mary Tuel

Uncivil War

By the time this is published, the election will be over, and there will be rejoicing and dancing in the streets, and weeping, wailing, and gnashing of teeth, depending on what your hopes were.

In the last couple of weeks, people were gunned down in parking lots and in synagogues. Bombs were sent through the mail, though they were detected and stopped before they reached their intended targets.

Are we descending into another civil war?

May I recount another time, fifty years ago, when we were at war with ourselves? I was so young the events did not seem unusual.

Assassinations: President Kennedy, Medgar Evers, Malcolm X, Martin Luther King, Jr., Robert Kennedy. Horrible, traumatic for the whole country – but in those years, assassinations became normal.

Civil rights marchers were beaten with truncheons and blown away with fire hoses, having dogs set on them, and being tear gassed. Black churches were firebombed, children killed, civil rights workers murdered. We saw these things every night on the news.

The Black Panther Party was founded in Oakland, California, in 1966 by Huey Newton and Bobby Seale to form armed citizens’ patrols to police the Oakland police. They wore berets and leather jackets and carried rifles. Many of the Black Panthers were killed in police shootouts.

Women did most of the Black Panther party’s organization and administration: Elaine Brown, who became the leader of the Black Panthers, Kathleen Cleaver, Angela Davis, Erika Huggins.

The Nation of Islam, led by Elijah Muhammad, proclaimed that all white people were devils. Black men stood tall in their dark suits with white shirts and red bow ties. Black women were robed in head-to-toe outfits, sometimes white, sometimes rainbow-hued. Malcolm X rose from their ranks, and when he decided the Nation was too extreme and got out, they assassinated him.

Then there were the Weathermen, a splinter group of white radicals who believed that peaceful means got no results.

In March 1970, three Weathermen who were building bombs in the basement of a Manhattan townhouse died when one of the bombs went off. In June, the remaining Weathermen bombed the New York City police headquarters. In July when a grand jury indicted thirteen of their members for conspiring to engage in acts of terrorism,



they bombed a bank in retaliation. After that the Weathermen went into hiding and became the Weather Underground.

On April 8, 1970, then California Governor Ronald Reagan, who had protests and strikes on almost every college and university campus in the state system, suggested a solution: “If it takes a bloodbath to end it, let’s get it over with, no more appeasement.”

A few weeks later Governor James Rhodes of Ohio called in the National Guard to quell student unrest on campus at Kent State, and on May 4, 1970, the Ohio National Guard opened fire on anti-war protesters at Kent State. Four people were killed, and nine wounded.

My friends, these are but a few examples of Americans turning on Americans with violence. They occurred in the United States in the sixties and seventies. I didn’t get to the 1967 Detroit riots, which lasted five days, or the Democratic convention riots in Chicago in the summer of 1968. It was determined afterward that the police had rioted. I have hardly brushed the anti-Vietnam war movement and have barely mentioned events on the West Coast.

This country was founded on an uneasy alliance between slaveholders and non-slaveholders who needed one another to make a nation strong enough to defeat and break free from England. We’ve been shooting at each other ever since. From 1861 to 1865 we had a declared Civil War.

Some people say that Robert E. Lee may have surrendered to Ulysses S. Grant at Appomattox, but our differences have never been settled. We’re still fighting, and the antagonism between different groups now feels rawer and less susceptible to reason than any of us can remember. So, we ask, are we heading for another civil war? And if we are, where would the boundaries be drawn? I read somewhere the other day that at least one white supremacist group had the states of Washington, Oregon, Idaho, Montana, and Wyoming staked out to make up their all white homeland.

So I’ll say that I certainly hope we don’t have a declared civil war. We are already uncivil enough to each other.

No matter how the mid-term elections have gone, our differences remain, and there are plenty of weasels out there willing to exploit those differences. We need to learn how to live with our differences. We need to be smarter than the weasels.

Life is so short. Keep breathing, keep loving, keep encouraging and hugging one another. We all need those things.

Blessings to you all.

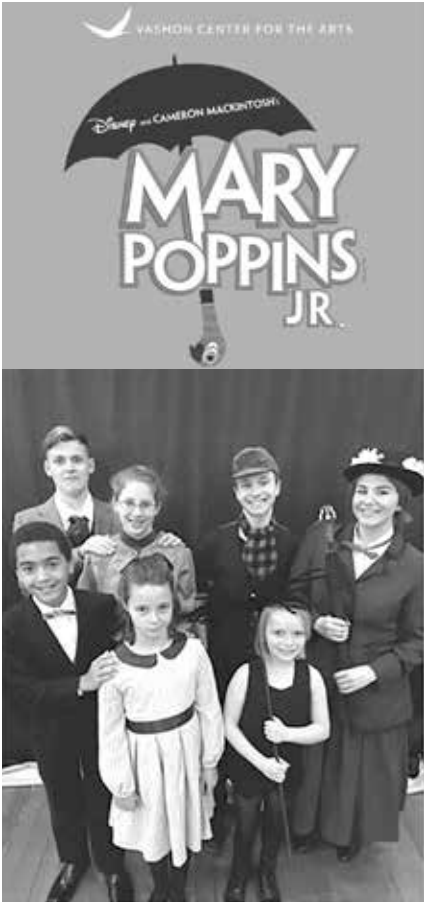
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Island Life

Continued from Page 5

there that really affected me. I arrived at night in Reno to meet with a couple of people who lived in the area from the Trails West group on the following day. I went walkabout in the streets of Reno that night and felt like I had stumbled upon the making of the sequel to Shaun of the Dead. A few steps from my motel there was a guy with a backpack laying down in the middle of the sidewalk, waving his arms around and taking off his shoes. Next there was a skinny woman in shirtsleeves and a blank stare who drifted by, followed by another guy in a t-shirt and backpack who asked me for spare change, and to which he seemed uncertain as to how to respond when I gave him some. There was the guy in the wheel chair with the guitar who started strumming furiously as I walked by. My attention was immediately drawn away from him as I passed since there was another figure a short distance down the sidewalk who was apparently also in a wheelchair, but they were completely covered from ground to head by a large quilt. I was glad to get out of there.

I traveled north out of Reno through Nevada, California and southern Oregon on roads I had never driven before. While this general area of the country

has some of my favorite scenery, my attention there was drawn to the poverty and abandonment in the communities I passed through. It could be easy to imagine how people from these towns and hamlets might be convinced that it was time to make their America great again, whether or not the person saying that had any plan or intention of making it so other than by handing out red hats and telling them he was making sure with troops and threats that immigrant hordes would not get here to take what little these people had left. One of the things that Horace Greeley was at one time known for was as an advocate for utopian communities where the residents all had jobs that were complementary and mutually supportive of that community. It was a concept and perspective that promoted self-worth and sustainability. I know that there is more out there in this country than shotgun shacks and broke down palaces, but until something real is done to change that aspect of this place, it’s hard to imagine that what some call flyover America will be able to avoid sliding ever further into shithole status for some time to come, regardless of what their yard signs and bumperstickers and unfounded beliefs may proclaim.

Vashon Then & Now Premieres

Continued from Page 1

Lambert and historian Bruce Haulman collaborated on a four-episode Season One of Vashon Then & Now in 2016. Episodes in Season One explored the history and presence of the Vashon Theatre, the Point Robinson Lighthouse, Washington State Ferries and Granny’s Attic. These documentaries explore the origins of Island icons and communities and their impact on island life from their origins to present day. King County’s 4Culture also supported Season One of Vashon Then & Now with arts grants.

Each of the world premieres, hosted by Voice of Vashon, Vashon Theatre and Island GreenTech, become lively community events on their own. View the trailer at:

<http://www.voiceofvashon.org>



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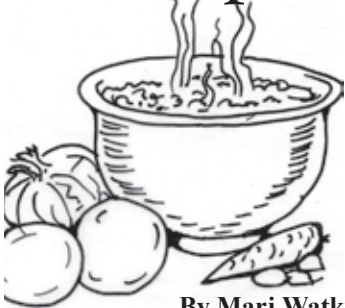
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By Marj Watkins

Superfoods and Magic Potions

The colder, windier weather of late fall and winter can turn a temporary slight snuffle into a horrid cold that drags on and drags you down for two weeks or more. It doesn't have to though. A well fortified immune system, keeping warm, and getting enough sleep can stop a cold--well, cold! Work some especially nourishing foods into your menus every day. They will fortify your immune system.

These are the superfoods recommended by the editors of Environmental Nutrition: Salmon, Apples, Avocados, Lentils and Peas, Beans, Nuts and Seeds (Almonds, Peanuts, Pumpkin Seeds, Sunflower Seeds, and Walnuts; whole grains: Quinoa, Millet, Brown Rice, Red Rice, Wild Rice, Wheat Berries, Amaranth.

And then, there's my Magic Potion. I always keep a jar of it on my kitchen counter to thwart any bacterias or virus that sneaks past my nutritional fences. This has kept me free of colds and flu for the past six years. One year when my

son John, now the proprietor of a bookstore called Twice Sold Tales in Ballard, was here running an online bookstore out of my basement, he complained of a terribly sore throat. I handed him my solution of cinnamon (for flavor and to kill bacteria) and cloves (antiviral and anaesthetic) and told him, "Gargle with this several times a day. It will make your throat feel better and stop your sore throat from progressing to a bad cold."

"It's magic!" he told me a little later. And that's how my Magic Potion got its name. I've given the recipe in this column several times, but in case you missed it, or just need to be reminded, here is the recipe's current version:

MAGIC TINCTURE
Makes about 1 ½ cups

1 cinnamon stick
2 tablespoons whole cloves
2 cups water

Bring to a low boil. Reduce heat. Cover and simmer until the water is real dark brown. Store in a tightly covered glass jar. At the first sign of a cold or as flu prevention, put two tablespoons into one cupful of tea. Stir in a teaspoon of raw honey if desired. Enjoy and be healthy.

Many years ago, when my husband, two sons and I wintered in Crete, a couple of wise old men wearing fringed black headbands and full-legged black Turkish pants handed us a bouquet of wild sage and thyme. They advised us to make tea of these herbs to prevent colds. We found that if we awoke any morning with supers

stopped up sinuses or sore

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Saturday, Nov. 17

throats we had only ro walk up the mountain behind our village until we came to thyme and sage bushes. We harvested some of their leaves, and made tea of them to sip and stay cold-free. Just chewing on a fresh thyme leaf started the cure.

The Mediterranean Sea contains few fish if any by now, so the diet of our neighbors then consisted of bean soup, squid, octopus, meat once a week, occasional fish, onions, olives, tomatoes, wild greens, wild mini-artichokes plus their stems peeled and cut in bite-size pieces and cooked, and dark whole wheat bread. For seasonings, they harvested sage, marjoram and oregano also growing wild. Orange trees grew wild in the gullies. Apples grew on farms on Lasithi Plain, inside a dead volcano, and potatoes on the lowlands. Could Adam and Eve have actually lived on Crete?

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Allison Shirk at the Hardware Store

Vashon Events works with The Hardware Store Restaurant every month to bring you live music, usually on third Thursday of the month. The music takes place from 6-8pm. This month, the show is on a Wednesday because there is a Seahawk Thursday night football game on Thursday, Nov 15th. Allison Shirk will be filling in for Loren Sinner. Allison Shirk is a singer-songwriter/guitarist whose music blends her Texas country roots with her love for vocal jazz. She plays original songs and heart-felt cover tunes. She has a soothing voice and fun stage presence. She draws you in with her smile and warmth. Allison is a juried member



of the King County Touring Arts Roster, Gigs4U Roster, and Amazon.com Roster. Allison will perform a fun mix of original songs, oldies (Elvis Presley, Bob Dylan), and contemporary songs (Ryan Adams, Norah Jones). Allison Shirk The Hardware Store Restaurant. 6-8pm, No Cover! Wednesday, November 14th:

Sharing The Stage

Continued from Page 10


Snuff Redux was made in the rain. Somewhere in Seattle during the fall of 2013 Skyler Ford and Daniel Chesney, both Washington natives, were struggling artistically within the city limits. After being thrown from their living situation the two artists reshaped their lives. They thought starting a rock and roll band would be a good idea. They weren't completely wrong. Three years, three drummers, one country wide tour, and EP's Toy Kingdom, Besides You - 2015 which both received heavy rotation on 90.3

KEXP, later, Snuff Redux has matured. fully formed with the addition of Dylan Arlick on guitar and Ziggy Comer on drums. Snuff Redux still stands after all this time as a modern rock and roll band because they believe a new Golden Era can exist alongside age old heroes of the past. While many bands live in the shadow of giants, Snuff Redux has stepped forward to offer something in comparison. Some say you only get one first record, which is why it took what seems like a lifetime to reach this moment, but its here. The record is called 'Denim American' and it's here to stay awhile. Sharing The Stage Headliner: Snuff Redux Student openers: 20 Eyes, Emmett Sherman & Omar Peck, Dimitrius Brown, Theo Newcomb, Aidan Clarke & Simon Grant Friday, Nov 16th, 8:00pm The Red Bicycle Bistro & Sushi. All-ages show Tickets: \$7 Students, \$12 Adults

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A Thousand Thanks: The Gift of Sadako & Her Cranes

In this world premiere performance, author, poet, and magician Thomas Hitoshi Pruiksma uses magic, story, and song to explore “Sadako and the Thousand Paper Cranes.” “Her story made a deep impression on me as a child,” Pruiksma said. “In this show, I share how Sadako and the gift of her courage changed the little boy that I was. People knew me then as Tommy, and this is the story of both Tommy and Sadako and how the story of her life affected mine.”

Saturday, November 10 | 10:30am
Katherine L. White Hall

For more information and to purchase tickets call the Katherine L. White Lobby front desk at: 206/463-5131

Fresh - Vashon Farmers Market Music

The Vashon Island Growers Association offers locally grown produce at the Saturday Market, in the heart of Vashon's town. At the Saturday Market, you'll find about 30 to 50 vendors of food and arts and crafts, along with live music. At the market, you can buy Island grown organic produce, meats, even wines, bread and cheese...and special gifts for your loved ones.

Vashon Events is happy to be a part of bringing music to the Vashon Saturday Farmers Market. The music is almost always from 11am until 1pm, in the northwest corner of the Village Green. We'd like to thank Nan Wilson at Manage Ad Music for generously sponsoring the music again this year!

Guess what? The Farmer's Market has moved indoors to the lobby of Vashon Center for the Arts this winter, where it's warm and dry!

On Saturday, November 10th, we bring you Tim Could't Make It!

Way back in the mid-1980s, bassist Tim Dahms was making a name for himself in the hip and happening Maui music scene. Much in demand, the tall good-looking Tim could pick and choose the bands and gigs he wanted to bless with his presence and prowess. The fact that most bass players have this luxury wasn't the point. Tim joined a local rock-and-roll outfit called The Sharks. Playing guitar in the Sharks at the time was Doug Pine. Tim and Doug became friends and also became each other's favorite musicians, so much so that Tim once asked Doug to tune his bass. Ten strings of mutual admiration.

One day in July 1989 Tim's brother Rick appeared on Maui. A successful advertising executive with offices in the state of Connecticut, Rick brought his guitar along. Tim and Doug and Rick played on the beach one night and as is said, the rest is history. They booked a gig and when it was time to play, there was no Tim. "Tim couldn't make it", Rick said. This happened twice more before Rick and Doug couldn't get a booking. Thanks, Tim.

Rick went back to Connecticut and Doug left Maui and moved to Washington. Fast forward a few years and we find Doug working on the Vashon ferry. Loading a car onto the boat in Fauntleroy one day, Doug looks up and waddaya know, there's Rick at the wheel. Turns out Rick lives on Vashon, but Tim, he couldn't make it. So Rick and Doug play music together for about 20 years until it occurs to them that it might be fun

to play out. So they did, and they do. With each other, and with others.

Unfortunately, Tim can't make it to the Farmer's Market show, so Doug Pine and Rick Dahms will be playing without him once again. But....the good news is the group has grown to include Chuck Keller on bass and Wesley Peterson on drums.

On Saturday, November 17th, we bring you Rebekah Kuzma & Joe Panzetta!

Joe Panzetta and Rebekah Kuzma will perform as a duet and with various combinations of stripped-down Saint Ophelia subsets, surrounded by vegetables and good cheer.

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