



VASHON

# THE LOOP

Vol. 15, #26

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December 20, 2018

## Re(New)Al Year's Eve

On December 31, Open Space for Arts & Community will let you alternate between revelry and rejuvenation at Open Space's annual Re(New)al Year's Eve party.

Half of Open Space will be dedicated to revelry—like dancing with DJs until 2:00 am or enjoying libations in our VIP Lounge. And the other half will be dedicated to rejuvenation—like sound immersion, herbal tonics, and a cacao drinking ceremony.

"We're excited to let you build your own new year's eve experience," said David Godsey, co-founder of Open Space for Arts & Community. "You might start the night contemplating the last year in the sound immersion room and welcome the new year by rocking out with our performers and DJs on the dance floor. All the experiences are there. You get to mix and match them."

Open Space is also looking out for families on Vashon by offering childcare until 10:00 pm. In addition, New Year's Eve will be celebrated every hour, which will make it easy for families to ring in the new year while also getting kids to bed at a (semi) reasonable time.

Re(New)al Year's Eve will feature: Ruxpin, a DJ from West Seattle; Lani Labdon, a sacred sound therapist and Reiki master; Vashon resident Arlette Moody; and Vixy, a burlesque performer.

Revelry  
New Year's Eve Celebrated Every Hour

VIP Lounge  
DJs until 2:00 am  
Childcare until 10:00 pm



Rejuvenation  
Tea lounge  
Sound Immersion Room  
Cacao Drink and Ceremony  
Herbal Tonics  
Childcare until 10:00 pm  
All Ages Welcome!  
Doors Open: 8:00 pm  
Advance tickets: \$13 adults/\$7 students and seniors  
At the door: \$18 adults/\$10 students and seniors  
VIP Package: \$40  
To learn more or buy tickets, visit [openspacevashon.com](http://openspacevashon.com)

## The Jazz Guy's 400th Show Airs on KVSH



Bill Wood (R), audio engineer Michael Golen-Johnson and Jazz Guy Groupies Elizabeth Golen-Johnson, Ann Von Briesen Lewis, Susan McCabe and Jeanne Dougherty, recording The Jazz Guy's 400th show since premiering on VoV in 1999.

"Hey hey, hi hi It's Bill Wood The Jazz Guy". That's the signature line Bill has used to begin every one of his shows broadcast on Voice Of Vashon since 1999. And The Jazz Guy's Show #400 will be aired Christmas Eve on the Voice of Vashon.

Show 400, subtitled Together Again, brings back some of the quirky characters that were featured in the earlier days of the program. Grandpa, that testy icon of senility, will be there, Howard and Beverly will be there to strain and mend and strain their relationship once again, the always scintillating Jazz Guy Groupies Elizabeth Golen-Johnson, Ann Von Briesen Lewis, Susan McCabe and Jeanne Dougherty will return to perform the stirring "Jazz Guy Groupie Fight Song", and even the mysterious and elusive Baby Blue may materialize out of the ether. And, of course, there's the music, presumably the reason you listened to The Jazz Guy in the first place.

Bill Wood has a vast knowledge of and passion for jazz. "I first fell in love with jazz in 1947" he says. "I was in boarding school and heard the song "Original Dixieland One Step". My love of jazz continues to this day and all of the music that I play on The Jazz Guy shows comes from my private collection."

Bill has a background in writing ranging from screenplays and television scripts in Hollywood to public service announcements for Voice of Vashon. He is the creator of the hilarious unofficial Vashon anthem "Keep Vashon Weird", wrote comedy skits for the popular Church of Great Rain shows, and has even written a novel and play titled "Billy Boy".

Bill Wood, with The Jazz Guy Show 400: Together Again, airing at 3:00 PM on Christmas Eve, December 24 on the Voice of Vashon at 101.9FM KVSH LP and [VoiceOfVashon.org](http://VoiceOfVashon.org).

## The Road to Resilience

### The Season

By Terry Sullivan,

This is a Christmas column I wrote six years ago and it still conveys what I want to say.

We all recognize, if not celebrate, the darkest time of the year and the returning of the light. The early Christians set the birth of Christ at this time to replace the pagan Roman holiday of Saturnalia, but also for the obvious symbolic significance of the return of the light, which has inspired all religious traditions through the ages.

For me, it is a time to be snug and warm inside with a good book, or with family and friends, but also, I have to admit that I have to deal with a bit of depression, the so called Seasonal Affective Disorder (SAD). Contrary to what I've expected, I'm finding that spending more time out in that cold wet dark (CWD) actually helps. I realize that it isn't all dead out there; there are seasonal birds, the little brown wrens and bushtits that hop busily about in the bushes, the clear straight tones of the Varied Thrushes, the Ravens that seem to be more and more populous, and then the ducks. If those ducks can sit and dangle their bony little feet all day in that cold water with obvious pleasure and contentment, then surely I can find a

way to enjoy some part of it, or all of it, as well. When I go out in late afternoon, it is never as dark as it looks from the brightly lit inside.

It never ceases to amaze me how utterly fragile we seem compared to all the plants and animals that live and thrive unshielded in what nature has to offer them at any time of year. The deer, with their skinny legs and thin coats, live day after day in conditions that would do most of us in in a week, or maybe even a day!

We seem to have lost the ability to live outside in the wet and cold. I think it was the party of Captain Cook that went ashore at Tierra Del Fuego at the southernmost tip of South America in the peak of winter. The indigenous people of that area went about in fur robes with no buttons or ties. When they needed to do something, they simply dropped their robe exposing their nakedness and took care of the business at hand. It was noted that when the ship's party built a bonfire to stay warm, the locals stood a hundred feet or so away naked and sweating! I've heard another anecdote about a North American native. When asked how he could go about in the winter with so much skin exposed, he

replied, "How can you go about in the cold with no covering on your face?" Receiving no answer, he continued, "Indians are all face!"

As we move between our comfortable, climate controlled houses, cars, stores, churches, etc., we seldom give ourselves a chance to acclimate to and experience the real world. It's hard to imagine how that cold wet dark world actually nurtures and supports us, but it does.

This is just one indication of how we have isolated and separated ourselves from what we call Nature; if we thought we were truly part of it, we wouldn't continually refer to it as something other. Many of us see that our future lies in being able to abandon our anthropocentric bubble in which we alone decide what we can or can't do in "our" world, where everything is valued in terms of its utility for us. Over the past few years, I've begun to appreciate the position of deep ecologists. Their position is simply that we humans are not the total "why and wherefore" of existence on this planet. We are only a single species in a very complex life system and we have an

*Continued on Page 4*



### Local Weather

[www.vashonweather.com](http://www.vashonweather.com)

Local Rain Totals  
Temperature hi/low  
Wind Speed & Direction  
Barometric Pressure  
Weather forecasts





# Windermere

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The island home experts

Happy Holidays!



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[www.redbicyclebistro.com](http://www.redbicyclebistro.com)

## Addie Needs a Home

The winter solstice has arrived, and now the days will start getting longer - yippee! That's something to celebrate. I'm looking for a home where I can celebrate every holiday with people who love me as much as I love them. When someone touches me, I start to purr, even if we've just met. A good brushing sends me into ecstasy. I think I can make you happy, too. Let's meet!

**Go To**  
**[www.vipp.org](http://www.vipp.org)**  
**To view adoptable**  
**Cats and Dogs**



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*The Loop's soy-based ink is good for composting.*

## Now Playing

### Mary Poppins Returns



### Coming Soon

**Bolshoi Ballet: The Nutcracker**  
December 23 at 10am  
December 24 at 12pm

**Met Opera: Adriana Lecouvreur**  
Playing January 12 at 9:55am

**The Tragedy of King Richard the Second**  
January 15 at 11am

**Bolshoi Ballet: La Bayadère**  
January 20 at 10am  
January 21 at 3pm

## Vashon Theatre

**17723 Vashon Hwy**  
**206-463-3232**  
**Call for Times**

For show times and info check  
[www.vashontheatre.com](http://www.vashontheatre.com)

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# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### volunteers Needed

We are in need of volunteers to assist in working with adults with Alzheimer’s. Could you give us a morning or afternoon of your time? We meet on Tuesdays and Fridays at the Lutheran Church. No skills required, just bring your heart and share it with those in need! Please contact Ann Scafe (206-852-4543 for more information.

### Vashon Progressive

Vashon Progressive Alliance meets the third Tuesday of every month. We focus on issues, activities and possibilities to forward the Progressive point of view. . All welcome. At the Vashon Library, 17210 Vashon Highway - 6:00 to 8:00pm. Questions call 206-496-4174.

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Next Edition  
of *The Loop*  
Comes out  
Thursday  
January 10  
Deadline for the next  
edition of *The Loop* is  
Saturday, January 5

### TRASH TALK

You know that huge pile of wrapping paper you end up with at the end of the holidays? Some creative reuse can make it much smaller this year. Wrap a present in a scarf, dish towel or piece of fabric. How about a pillow case for that large awkward toy? A bright ribbon makes it festive. Shopping bags work as well. Just glue a Christmas card or pretty picture over the logo.

[www.zerowastevashon.org](http://www.zerowastevashon.org)

### World premiere of a new choral work on Christmas Eve at the Episcopal church

The Church of the Holy Spirit is excited to announce that this Christmas Eve a new choral work by Vashon-born composer Byron Hawkins will get its world premiere. “To Be Light” combines two very different texts: Psalm 139 from the Hebrew Bible and an ecstatic poem on divine light by Bengali artist Rabindranath Tagore. “My favorite subject as a composer is to explore concepts that people have about God that go beyond the confines of logic and reason,” says Byron Hawkins. “For example, the dichotomy that God holds people accountable for their decisions and at the same time forgives. In this new anthem for Church of the Holy Spirit my attention has been focused on the light of God shining throughout a world deeply burdened with darkness, and how these two sides of life co-exist without extinguishing one another.”

Music Director Erin Durrett says, “It’s amazing to hear how Byron has set these two very different texts so that we hear the darkness in the jazzy blues setting of the psalm contrasted with the sweet, innocent quality of the Tagore poem. This is one of the wonderful things about being a progressive Christian church. We are constantly exploring universal spiritual themes and challenging ourselves to create new offerings that are infused with the energy of the Holy Spirit. This new piece, “To Be Light,” is exactly that – an offering of new sacred art to our friends, our families and our beloved community. “First and foremost you are always welcome at the Episcopal church of the Holy Spirit, and particularly on Christmas Eve and bonus, you can hear this amazing work...”

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Music or Show information  
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Editor@vashonloop.com

FOR ORCAS AND FOR ISLANDERS  
PLEASE REPORT LOCAL  
WHALE SIGHTINGS  
ASAP TO  
**206-463-9041**  
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[Vashonorcas@aol.com](mailto:Vashonorcas@aol.com)  
Support Vashon-Maury Island Whale Research  
Sightings NOT Disclosed to Whale Watch Boats  
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### Vashon Progressive Alliance Endorsement of Initiative 1000

I-1000 is a statewide initiative to the Washington Legislature promoting diversity, equity, and inclusion for women, minorities, people with disabilities, and honorably discharged veterans in public employment, education, and contracting, by reinstating Affirmative Action for government entities.

Diversity is America’s greatest asset, yet, since the passage of I-200 in 1998, Washington State has been prohibited from using Affirmative Action to address inequities arising from systemic racism, sexism, and other biases and is only one of 8 states in the country that bans Affirmative Action. I-200, sponsored by Tim Eyman, John Carlson, and anti-Affirmative Action activist Wade Connerly of California, has proven to be discriminatory in its effect.

Washington’s Office of Women and Minority Business Enterprises (OMWBE), states that over the past 20 years, state spending with woman-owned and minority-owned small businesses has decreased from 10% prior to I-200, to a current 3%, costing these businesses an estimated \$3.5billion-\$3.8 billion. This devastating cost negatively impacts individuals and communities across our state and exacerbates income inequalities through loss of jobs and small businesses.

Prior to I-200, 50% of Native American High School students were on track to enter college; after I-200, that figure has dropped to 38%. Before 1998, over 70% of qualified African American freshman who had applied to the University of Washington were admitted; in 2017, nearly 70% of qualified African Americans applying were denied. University of Washington and Washington State University presidents have both testified to the State Senate that I-200 leaves our institutions of higher learning at a “competitive disadvantage” when attempting to attract highly qualified students and staff.

I-1000 would repeal I-200, seeking to mitigate racial, gender, and other imbalances by bringing equity, justice, and fairness back into public policy through Affirmative Action without the use of quotas or preferential treatment.

I-1000 would expand state Affirmative Action laws to include all honorably discharged veterans, not just those from the Vietnam era or disabled veterans as was previously the case.

I-1000 would expand the definition of anti-discrimination laws to include sexual orientation.

I-1000 would establish a Governor’s Commission on Diversity, Equity, and Inclusion, tasked with oversight of implementation and enforcement of Affirmative Action in at least 25 State agencies.

Vashon Progressive Alliance values and welcomes diversity and joins multiple community groups, the Washington State Labor Council (WSLC), The Washington State Democrats, the 34th District Democrats, and former Governors Christine Gregoire, Gary Locke, and Dan Evans in endorsing I-1000.

### Friends of Rex and Elizabeth Morris

Friends of Rex and Elizabeth Morris are raising funds to keep the Morrises safely in their home of 33 years for as long as possible. Many know Rex as “the Knife Guy” at the Vashon Farmers Market. His wife Elizabeth has struggled since childhood with complications from type 1 diabetes, including a kidney transplant, heart disease, numerous surgeries, and chronic infections. She is still recovering from a surgery she underwent in August and must now face another major surgery in January. Rex, too, has health challenges, including a lung condition that requires supplemental oxygen therapy.

Before Thanksgiving, they received the devastating news that their home may be sold out from under them. Due to overwhelming medical expenses, they were forced into bankruptcy in 2004. A relative invested in their property to keep them in their home with the promise of a lifetime lease. Having fallen on hard times himself, he is no longer able to honor this commitment. Rex and Elizabeth must either buy out the outstanding debt on the property or undertake an impossibly difficult move. In addition to facing the recovery and expenses of the upcoming surgery, they are dependent on home-share income to make ends meet and have no money for moving expenses or to pay rent elsewhere. Unfortunately, they do not qualify for government assistance.

The Morrises have been active members of the Vashon community for over 40 years, caring for others and sharing what they have. Now they need our help. Donations can be made to an account set up for them at the Vashon branch of the Puget Sound Cooperative Credit Union. There is also a GoFundMe campaign titled “Friends of Rex and Elizabeth Morris.”

Advertise in the Loop!

It’s a great time to get back in the Loop.

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Next Loop comes out January 10



# Dalco Pass Shuffle

By Orca Annie Stateler, VHP Coordinator

Throughout November and December, our imperiled Kéet relatives gave us something to be thankful for: their continued, blessed existence. In a flurry of November visits, Southern Residents (SRKW) foraged intensively on Chum and Blackmouth salmon. Two-leggeds stood spellbound on the shore, astounded by the surface active, socializing rituals of 41 SRKW in East Passage. Gregarious orcas stopped Vashon ferries twice – once on the North End, as I described last time, and the second time in Dalco Pass.

On November 8, widely scattered J Pod and Onyx (L87) milled for two-plus hours around the morning low tide in Dalco Pass. We observed this pattern commonly 10 -15 years ago, less so in recent years. 15-year-old Cookie (J38) and several podmates cavorted in the ferry lane, thereby slowing the 11:20 sailing to Point Defiance. A few lucky photographers captured images of Cookie breaching near the Chetzy.

A picture-snapping paddleboarder moved within 100 yards of a cluster of females and juveniles. Several orcas did partial or full spyhops, indicating that they definitely noticed the incursion. To avoid disturbing critically endangered SRKW, ALL vessels and watercraft are required to maintain 200 yards distance from orcas. Our fragile SRKW incur energetic costs when any encroaching vessel elicits behavioral responses such as tail slaps or spyhops.

J Pod returned with K Pod several days later. J Pod has dropped to 22 members plus L87; K Pod is down to 18 members. The entire SRKW community is in a precarious state, but some whales are more stressed than others. They are my “Kéet of concern.” At Point Robinson, I was relieved to see these Kéet: thin Scoter (K25), and the J16 and J17 families, both traumatized this summer by the deaths of young family members. The sight of the four remaining J16s -- Slick (J16), Mike (J26), Alki (J36) and Echo (J42) -- traveling close together is bittersweet.

J and K Pods, meet Vivaldi. In November, Vivaldi the Humpback was foraging between Point Defiance and Gig Harbor while the SRKW were in Dalco Pass. Such a meeting was unheard of 20 years ago. Nowadays, humpbacks and orcas regularly share the same space in the Salish Sea. Vivaldi departed in mid-November, but another Humpback arrived on December 18. This young whale has yet to be identified.

On December 5, J Pod curiously spent the entire day milling, feeding and socializing in Dalco Pass. This fall, for undetermined reasons, the SRKW are spending much more time in the



Mother Spock (K20) and “Vashon baby” Comet (K38) at Point Robinson, 11/30/18. Photo © Karen Fuller.

Compost the Loop

The Loop’s soy-based ink is good for composting.

Find the Loop on-line at

www.vashonloop.com

# Spiritual Smart Aleck

By Mary Tuel

## Oh, Crap, Grief Again

In my last column I invited you to google Micah 6:8 from the Hebrew scriptures. Just in case you didn’t, here it is:

“He has told you, O mortal, what is good;  
And what does the Lord require of you  
But to do justice, and to love kindness,  
And to walk humbly with your God?”

Micah 6:8 – The New Oxford Annotated Bible

In other news, it is the end of 2018. Some of us are still standing. Some have shuffled off the mortal coil, and we miss them.

I sent out some greeting cards this year, as well as some email greetings. Usually these are cheerful catch ups with people, but this year I put my foot in it.

I wrote a holiday email to a high school friend of Rick’s, wishing the friend and his wife a good holiday together. They married six or seven years ago, a second late in life marriage for both. He wrote back to tell me he had some hard news – his wife died suddenly and unexpectedly last July, of a fast-moving infection. Two days in the ICU, and blink. Damn it. And I had chirped on so merrily in my note, wishing them a happy holiday together.

I wrote back expressing my condolences.

Another high school friend of Rick’s, Susi, called to touch base. She lost her mother this year. She was close to her mother, and her mother’s death is hitting her hard, so we talked about grief and how it takes you.

What I have learned about grief is that while it is a universal experience, and you can talk about your common experiences with other people, everyone experiences it uniquely. Some people start sobbing immediately. When Rick died I sat here staring at the trees, numb with shock, for about four and a half months, and then I started going to pieces, and yes, sobbing, and that went on for a long time. Sometimes I wished I could go back to the numbness. Sometimes I still wish that.

Sometimes people new to grief ask, how long does the initial intense pain go on? I can’t tell you. It will lessen. It takes



“tincture of time.”

Those of us who have been at this a while laugh at the stages of grief. You go through all of them, all the time. This is not a program where you get to graduate and receive a certificate at the end.

You never get over grief. This huge event, the loss of someone you loved, becomes part of who you are, and part of your understanding of what the world is and your place in the world. It changes you and everything else, and it gives you terrific compassion for people experiencing grief.

Rick will be gone five years on December 29th. This year I feel like I have built a new life as a single person. Rick is an integrated part of me. After all, we knew each other for forty years, and were together for 36 years. When you are with a person that long, you kind of know how they would respond or what they would say about things.

I try to remember the guy he was, and not make him into the guy I might wish he was in memory. He was a human being and he was not a paragon or a saint. He was a wonderful singer and guitar player, a cartoonist, an Army brat, a Vietnam vet, a water worker, a workaholic, an introvert who wanted to be left alone. When my mother came to visit she kept asking, “Where’s Rick?” He was out on the porch smoking a cigarette or a pipe, usually.

He had a ribald sense of humor. He said he could never be a successful cartoonist because his sense of humor was too obscene. I only agreed with him on one cartoon he drew. No, I’m not telling you what it was.

Living together was not always easy. I think a lot of married people can relate. Marriage! A blessing and an aggravation, as another long-time married friend and I were saying to each other the other day.

I’m not here to lie to you. Much.

I have overbooked myself, so I’m trying to get a little more solitude at home now. This after decades of people, even a psychic, who told me his spirit guides were quite emphatic about this, telling me to get out of the house more. It’s difficult to find a balance, but I’m trying. My plan at present is to do justice, love kindness, and walk humbly with my God, to the best of my ability.

“Ah, but a woman’s reach should exceed her grasp, Or what’s a heaven for?” – Robert Browning. Paraphrased.

## Road to Resilience

Continued from Page 1

obligation to respect and support all of our larger self, the world. As our fellow species whom we depend on to maintain the world we know blink out of existence at a greater and greater rate, I think it is clear that we have taken for our own use way more than our share and it is time to scale back.

For those holiday blues, I recommend taking a quiet walk in the woods. Commune with who and what is out there, give

yourself time to let your eyes get used to the dark, your ears attuned to the quiet, and your skin adjusted to the cold and damp. Let the “out there” become “here,” and you may be better able to enjoy all that the season has to offer.

Hope your dark time is both festive and meaningful!

Comments? terry@vashonloop.com

Deadline for the next edition of The Loop is

Saturday, January 5

Find us on Skype

Vashon Loop

206-925-3837



# A Christmas Story



By Seán\_C.\_Malone

“Mom, Mom, the cats are climbing the Christmas tree,” yelled brother Mike. Our two Siamese cats, Meeko and Chakree were chasing each other up the tree and when Meeko reached the top, the tree fell over with a crash. Smoke was coming from the broken lights and broken ornaments were all over the floor. “Pull the plug on the lights,” Mom yelled from the kitchen. What a mess. The paper on one of the gifts ignited and Brother Mike threw his “wuzzy” blanket over the fire to put it out. Mike’s “wuzzy” was worn out and dirty and full of holes as he had been dragging it around the floors ever since he was a baby, always sucking one corner of it. He was four years old and the “wuzzy” now had a big burn hole in the middle where Mike had put the fire out.

Centuries ago, Meeko and Chakree were Siamese kings who were known to have given Siamese cats to visitors to the court and these two cats bore all the charms and foibles of royalty. Every year Mom would buy them catnip mice which they would tear up by tooth and claw until the green catnip was all over the floor and Meeko and Chakree ate it for the way it stirred them up. Round and round the kitchen they went, slipping on the corners because the linoleum was so slick. They had more traction in the living room, sinking their claws into the straw matting. Over the packages and up the tree the cats went.

To make the poor tree look better, Mom made popcorn and showed us how to string it with a needle and

thread. The only problem with stringing popcorn was that Mom wouldn’t salt or butter it and it tasted awful, stopping us from eating it, but it didn’t stop us from throwing popcorn at each other. Around and around the tree we hung the threaded popcorn until the tree started looking good again.

Dad was very particular about the size and shape of the tree. If the tree wasn’t full on all sides, he would turn the less attractive side to the wall. The trees were almost always Douglas Fir which we got from our Grandfather’s property down at Dilworth. He had forty acres and called it “Mountain View” from which he tried to sell lots from a little pole and cedar shake hut he built up near the road. He gave lots to all his five children, none of which has ever built a house there.

We had three French sailors with us for Christmas one year. Mom had seen something in the paper and called the consulate to invite the sailors who couldn’t speak English and Mom’s high school French was tested to its limits. She was always inviting foreign visitors to our house for dinner to introduce her children to the world outside Vashon. There were Greek sailors who taught us Greek dancing, Chinese, Koreans and Sikhs who wore turbans and never cut their hair. Our house was Christmas International.

Sean@vashonloop.com

# Island Epicure



By Marj Watkins

## Pom! Pom! Pom! Gingerbread Drummers Play

These cookie drummer boys are full of wholegrain goodness and have lower Glycemic Index numbers than cookies made with only wheat flour. Using half gluten-free and half all-purpose flour makes their dough more elastic, thus easier to roll out, than using all gluten free flours. If gluten is a problem for anyone in your family, use only teff and sorghum flours. Teff is extra-high in fiber.

Drummer Boy  
Ginger Cookies  
Makes about 8  
(5-inch tall) drummers  
& some 2-inch angels

Preheat oven to 350 degrees  
Mix well in large bowl:  
½ cup melted butter  
½ cup brown sugar  
½ cup molasses  
¼ cup water  
1 teaspoon vanilla  
2 eggs

Sift and stir in gradually:  
3 ½ cups all purpose flour  
or 1 cup teff flour  
2 ½ cups sorghum flour  
1 teaspoon baking powder  
1 teaspoon soda  
¼ teaspoon clove powder  
2 teaspoons cinnamon  
2 teaspoons ginger powder  
Form three balls of dough. Dover 2 with plastic wrap. On floured surface roll out one ball to 1/8 inch thickness. Cut drummer boy shape with 5-inch gingerbread man metal cutter or by cutting around a cardboard shape with a paring knife or steak knife. Pull extra dough away from boys. Use 2-inch cutters to make small gingerbread kids or angels, or form this dough into another ball, roll and cut again. (These cookies will be crisper.)

With spatula or pancake burner, carefully transfer cookies to foil-lined baking sheets. Decorate with red hot candies for mouths and buttons, or with raisins and currants, or some of each. Bake in center of oven 8 to 10 minutes. When dough dents and then springs back at a finger touch, the cookies are done. Let rest 5 minutes on pan. Transfer to racks to finish cooling. Repeat with the other two balls of dough, or freeze them for baking later.

Paint the boy’s clothes and drum with a mixture of egg yolk and food coloring. A mini-muffin tin offers plenty of little paint cups. Visualize the boy’s round belly as the drum’s top. Position toothpicks for drumsticks. Glue them on with egg white. Paint with egg-yolk and food coloring colors instead of sugar frosting to cut down a bit on the amount of sugar your people take in this Christmas.stir in lemon juice.

## Adopt A Cat Day!

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# The JD Hobson Band

Welcome to the Outlaw Blues!  
Welcome to the JD Hobson Band!

When Outlaw Country and Americana meet the Delta Blues you get a whole new genre. JD Hobson takes his Virginia Appalachian blues roots and combines it with Seattle’s Americana and rock scene, and a sound is created that has gotten people standing up to take notice.

“Hobson’s brand of bluesy Americana is steeped in rich outlaw tradition.” (Seattle Weekly Reverb Magazine)

Somewhere out there on the road between Seattle, Austin, and Memphis is a man on the run. Whether from the law, or just his own personal demons, it’s hard to say, but he runs as though the boogie man himself was on his heels, or as Robert Johnson put it in his famous song, “there is a Hell Hound on My Trail.” Maybe every man has felt a little like this in his life, and JD Hobson expresses this feeling in what he calls the Outlaw Blues.

JD Hobson was born and raised in Seattle, yet his father comes from the Appalachian blues country of Virginia. The music that drifted up from a juke joint named the Dewdrop Inn in Martinsville Virginia made a permanent impression on JD’s father when he was a child. The seed was planted in JD as he grew up listening to his father’s music on the radio.

Studying under greats like John Jackson, David Honeyboy Edwards, and John Cephis at Centrum in Port Townsend helped JD hone his craft. The end result is that JD has an exceptional feel for most roots music. His ability to grasp every nuance down to the minutest inflection has become his hallmark.

“This music is about reaching down deep and coming up with something authentic and timeless. The trials, sadness, and triumphs of people here in America continue on today only dressed in different clothes. Times have changed, but we inherit the blues.” – JD

In JD Hobson’s music some will say they swear they hear the rootsy goodness of Bob Dylan and the Band. Others will say they feel the bluesy rockin’ groove of the Black Keys. Still others will say it reminds them of the roadhouse vibe of Howlin’ Wolf with a little Willie Dixon in the rhythm section. What’s unanimous is that the music is infectious. Enough groove to move your feet and enough passion to move your soul.

JD played for years as a solo artist. Multiple guitars in multiple tunings with a stomp box to hold down the



foot tapping beat. From sweet slide, to intricate finger picking, he proved his skill and versatility in the trenches. His efforts didn’t go unnoticed. JD was nominated for best solo/duo blues act by the Washington blues society’s “Best of the Blues awards.” He also was South Sound Blues Association’s Back to Beale Street Competition solo/duo winner in both 2010 and 2011, and represented them in Memphis at the International Blues Challenge.

The JD Hobson Band is the natural evolution of JD’s solo career, and his fans have responded by selling out a number of shows locally in the Seattle area including the famous Tractor Tavern.

The JD Hobson Band is composed of four members: Dan Infecto on bass, who toured for years with the infamous Bob Wayne as one of his “Outlaw Carnies,” often opening for Hank Williams III. Then there is Mike Peterson on drums, and Ron Weinstein (Suffering F\*ckheads, Crack Sabbath), who packs a genuine Hammond B3 organ with Leslie speaker to every show. The sound of the organ and its rotating speaker adds a mesmerizing depth to every song.

A wounded soul with a gentle heart and a fire in his belly, JD is a visionary on a mission to create American roots music with his stamp on it. “This music is something I need as much as want to play. It has saved my sanity time after time. Hopefully I can move people, while having fun at the same time.” –JD

DJ’s nationally and internationally stood up and took note in 2013 when JD Hobson’s “Where the Sun Don’t Shine” hit #8 on the Freeform American Roots Chart, and #26 on the Roots Music Report chart in addition to hitting #3 on KEXP’s Blues chart.

This is an all-ages free event until 11pm, then it will be 21+ after that.  
Friday, January 4th, 8:30pm  
The JD Hobson Band  
The Red Bicycle Bistro & Sushi

# Comedy Night at the Bike

Join us Friday, December 21st, 8:00 pm, at The Red Bicycle Bistro and Bar for an all-star lineup of Vashon’s most celebrated comics home for the holidays. The event is hosted by the always-exceptional, clever and ever ornery-eyed Jim Ferrell. Jim will kick off the show and shepherd us through what is sure to be an uproarious, rollicking night. Expect to unwrap brand new material from local humorists and comedians including Mik Kuhlman, Per Lars Blomgren, Steffon Moody, Cara Rosellini and Richard Moore. These seasoned stand-up and performance art veterans have entertained audiences with their humor and enormous talent in New York, LA, Portland, Seattle and of course right here on Vashon Island.

We welcome back “Vashon’s comic luminary” Pearce Cobarr to headline the show. An award-winning comedy writer and entertainer, Pearce’s observational humor and hilarious storytelling have become must-see performances on Vashon and beyond. Pearce most recently served as a judge for the famed Seattle International Comedy Competition finals. Rumor has it excellent notes were taken and tonight’s show is certain to become an instant Vashon yuletide classic. From outlandish physical humor to old school stand-up, with this line-up, you’re in for an indelible night of laughs.

Cover charge is \$10, and the show starts at 8:00 pm, but show up early cause just like Santa’s lap, this place will be packed but hopefully not as wet!

The evening’s acts will include some adult content, so please use your best judgment if bringing children – unless they’re not your own, then, meh beats answering the door with a half empty bottle of tequila and an old VHS tape labeled, “For Daddy Only” to convince other people never to leave their kids with you on a Friday night again. Seriously, you sat through your

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**Friday, December 21st**  
**8 pm \$10 Cover**  
Vashon Island's  
**Red Bike Bistro Presents:**

**COMEDY NIGHT**

Featuring...  
**Pearce Cobarr**

With...  
Per Lars Blomgren  
Steffon Moody  
Mik Kuhlman  
Cara Rosellini  
Richard Moore

Hosted by The Very Funny Jim Farrell

21+ after 11pm

hundredth Nutcracker, your youngest brought home a lovely macaroni and Douglas Fir cone wreath from some wilderness school and no way in hell are you still doing family Christmas letters when you can simply post one Merry, Merry with too many #hashtags from your cat on Instagram. It’s your turn and your season of great tidings and joy. This comedy show is the perfect holiday gift to your adult, fun loving, for god’s sake, get-a-babysitter, self.

Friday, December 21, 8:00 pm  
Headliner: Vashon’s own Pearce Cobarr

Host: The Very Funny Jim Farrell  
With: Richard Moore, Cara Rosellini, Per Lars Blomgren, Steffon Moody & Mik Kuhlman

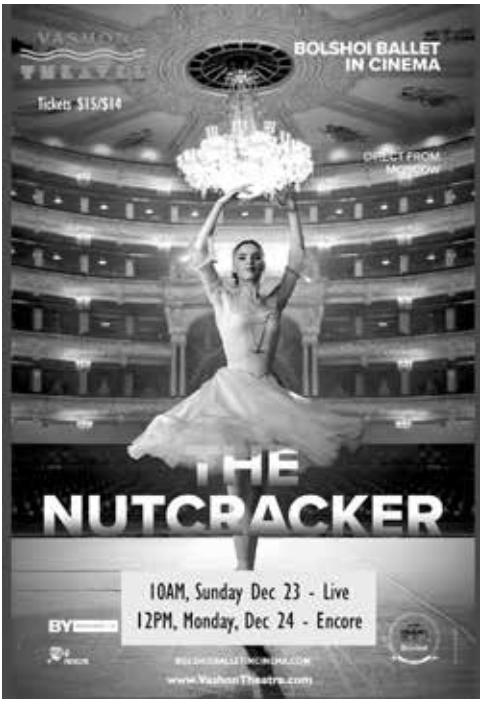
The Red Bicycle Bistro and Bar  
\$10 cover. Tickets sold at the door only. All-ages till 1 11:00 pm, 21+ after that (but parents, please think twice; Pearce Cobarr is headlining)  
See you there!

# Bolshoi Ballet: The Nutcracker

On Christmas Eve, Marie’s Nutcracker doll magically transforms into a prince and together their wonderful adventure begins. The Nutcracker invites audiences of all ages on a magical journey, through a world of enchantment, complete with dancing snowflakes and dolls that have come to life, accompanied by Tchaikovsky’s beloved score. The timeless holiday classic returns to the Bolshoi stage this December for a live broadcast.

Sunday morning is broadcast LIVE from Moscow. Monday’s show is a recorded encore, captured live.

Bolshoi Ballet: The Nutcracker  
The Vashon Theatre  
Sunday, December 23rd at 10:00AM  
Monday, December 24th at 12:00PM (Christmas Eve)  
Tickets \$15/\$14



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Planet Waves



by Eric Francis <http://www.PlanetWaves.net>

**Aries (March 20-April 19)**

You won’t need to be ambitious to make your mark this week. The real issue is spin control, which is another way of saying you must be on-message at all times. Rather than what you do, focus on what you don’t do, and don’t say. Maintain decorum and actual restraint. That doesn’t mean be stiff or austere. Rather, relax and listen more than you speak. Thunderous astrology is approaching, focused in your professional angle, and you will want to ride this wave gently. ‘Tis the season of holiday parties. One of my early political mentors had a rule of staying three drinks behind the crowd. I would revise that this week: no alcohol at company functions. This is not about being pure; it’s about being alert and aware. Most people don’t recognize the homeopathic-level influence that even a sip of alcohol can have. You simply must have your wits about you. Rather than trying to impress everyone, pay attention to your environment, and note your observations carefully.

**Taurus (April 19-May 20)**

A combination of factors will make these last two weeks of 2018 unusually potent, and there’s a peak of energy late this week. Keep your interests focused where your heart is – with intimate partners, or maybe close friends. You don’t need to do the out-in-public thing unless you want to. If your instincts say to keep the socializing to a minimum, you’re right, as usual. Through the week there’s the potential for some brilliant contact between you and someone close to you, an unusual depth of understanding, and ease of communication. You’ve been through a sequence of unusual experiences this year, and – though you will rarely see me use the word – lessons. Some of them exposed the gaps between you and an intimate partner, potentially shaking you up. It would now seem that you’ve used these to your best advantage, and grown closer, rather than more distant. Such moments of contact as you have available now are rare indeed.

**Gemini (May 20-June 21)**

The Full Moon later in the week reaches across the personal finances/joint finances angle of your solar chart, and you will want to be careful with money. This is happening in a time of year when a lot of plastic is getting swiped. You might dial this back and, instead, do any shopping that you’re planning after the holiday rather than before. You could easily cut your budget in half and everyone would be just as happy. At least from the viewpoint of your solar chart, there’s the possibility that you will get carried away, then wish you had not. Meanwhile, a partnership situation could seem like it’s up for grabs or entering volatile territory, compounded by several different stress factors that are present this time of year (some are worldly, some are cosmic). Any situation that starts to take a turn for the worse could go out of control, so do what you can to keep the peace until the lunar peak passes on Saturday, and conduct any necessary discussion when your ship is sailing somewhat smoother waters. The point is not to suppress the issues; rather, it’s the greatest good for all concerned. Get your full Gemini reading by Eric here.

**Cancer (June 21-July 22)**

On Saturday, there’s a truly unusual Full Moon in your birth sign. This is one to tread carefully, as the full intensity will have a way of sneaking up on you. Through the week, pay careful attention to your emotional state. Be mindful of emotions such as anger, or the nondescript sense of feeling hurt. Be especially mindful of any form of victim consciousness, and if you perceive yourself being treated unfairly, step into a more influential vantage point. It’s wise to avoid making decisions as the

Full Moon approaches, because everything is typically in such a state of flux. If you’re in any kind of situation that resembles being at loggerheads or in a deadlock, cut the throttle and allow the scenario to drift in its current direction. The momentum indicated in the astrology is likely to precipitate rapid developments between Friday and Monday, after which time it will be much easier to make well-informed decisions. This is particularly true with intimate or business partners, such as if you notice them leaning toward edgy or zealous. Easy does it.

**Leo (July 22-Aug. 23)**

Keep an eye on one particular situation at work, one that has shown signs of trouble in the past. If you spot it early, you will be able to get control before things go sideways, potentially avoiding any difficulty. But you will need to be both vigilant and creative while others are intent on having a good time. Sure, drop in on the parties, and connect with people you care about, but keep your focus on what matters, and maintain a business-before-pleasure stance for the next two weeks. You must watch your stress level and your overall health this time of year, though particularly now; so avoid anything that you know inflames or aggravates, or anything you’re allergic to, and make sure you do all of your driving 100% sober. Contrary to popular belief, it is legal to drink and drive (it’s just a matter of degree), and the degree that I’m recommending is zero. You may need to make fast decisions that affect other people. By Saturday evening (the 22nd) the energy will have tamped down a bit, though maintain your internal locus of control.

**Virgo (Aug. 23-Sep. 22)**

Just in case you still have your options open, do some entertaining at home. Even if you’re burning gas and tolls going other places, at least have one soiree or gathering in your own space. Invite people you like and do it up. Meanwhile, this is a moment of reconciliation for you. Emotional tension with domestic partners or family may not seem like it’s improving much today, though soon there will be a break in the weather and you’ll discover how much you have in common. And the more you work with that common ground, the deeper your relationships will become. However, from another angle, we can read these same aspects as being about you and nobody else – a kind of inner peace is available, despite the din and fray of the world. Yet to have this state of mind and feelings you must want it, and set other priorities aside. In this time of many meetings, be sure to meet yourself once or twice in a quiet place, far from others.

**Libra (Sep. 22-Oct. 23)**

Whether at home or at work, take care of business first: that is, the necessities of life, and your personal responsibilities. This will ease your mind and let off some of the pressure you may be under. If you find yourself pulled in two or more directions, place the emphasis on what you know must be done rather than what you want to do. Then, as your second priority, blow off some steam, in a constructive way. Alcohol will have a particularly detrimental effect on your emotional state, potentially polarizing you into some extreme ups and downs. Instead, do things that cultivate your sense of balance; things that support your stability. You need time and space with your feelings, a privilege I suggest you grant yourself any time you need it. There’s one more thing, though: invest the time to speak with your elder relatives, if they are available. You will learn something, and you may notice they have a message for you. We are in a time when the old tend to defer to the supposed wisdom of the young. I suggest you reverse that trend.

**Scorpio (Oct. 23-Nov. 22)**

# PANDORA'S BOX

Here we are, another holiday season upon us. Hopefully you’ve followed our twelve days of Christmas on Facebook! We will be closed the 25th and the 1st, but open on their respective eves.

Bo’s Pick of the Week: The new stocking stuffer section - a quick grab and go area with fantastic deals!



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Be reserved with what you say, even if you’re certain you’re right. You may have a tendency to over-share, particularly as the weekend approaches. The chances are you know what you’re talking about, though in the end, there are few who benefit from any form of persuasion. Yet be aware that you might be trying to convince yourself of something you already know is true. If you find yourself inclined to talk, the thing to do is write. Writing is just like speaking, but you capture the words on the page or the screen, organize them, and focus your own mental process in a way you can learn from and refer back to. For most people these days, writing anything longer than a tweet feels like they’re trying to become the next Hemingway. You would find this a daring exercise, and if you stuck with it a little while, it would become more than a self-therapy pastime. You might discover you like it so much, you cannot stop. And that’s where you would be persuasive.

**Sagittarius (Nov. 22-Dec. 22)**

What happens this week will more than compensate for many points of frustration and disappointment in recent months. You might notice that it’s possible to reconcile differences with people, or at least with yourself. Where a partnership is concerned, the mercurial behavior of someone close to you has been troubling, though you at least are in a position to gain some true clarity. You’re likely to decide that you share enough common ground to make a go of things, or that your differences with someone require you to make adjustments to your way of life. The important thing is that you commit to living your truth and not that of someone else. This would ordinarily be a perfectly Sagittarian thing to do, but you’re more sentimental than you like to let on, and that has a way of leading you to compromise your independence. You don’t need to do this. Commit to being and you will discover that others are happy to let you be.

**Capricorn (Dec. 22-Jan. 20)**

Friday, the Sun enters your sign, and Saturday the Full Moon takes place in your opposite sign Cancer. This sequence of events looks poised to release an unusual burst of energy, and you’ll be able to do anything you want with it. From the look of other aspects in your chart, particularly a gleaming conjunction of Mercury and Jupiter that’s concurrent with the solstice, it appears that you know what you want, if only you’ll admit it to yourself. It’s your state of awareness that determines whether you will make the most of an opportunity or let it slip through your hands. What could possibly hold you back? Well, do you feel you owe anything to people in the past, such as ancestors or other relatives? Do they still have their strings attached to you, or are you clasping them in your hands? Freedom

seems like a dangerous state of being, to those who don’t have it. By that I mean the power to choose can be daunting to those afraid to make decisions. Yet that is a ruse; you are deciding every minute of the day. The question is what.

**Aquarius (Jan. 20-Feb. 19)**

Developments over the next week or so have the potential to unleash your wildest imagination. This may have a few different forms of expression. Who do you see yourself being in the world? What role do you want to play in the drama of life? Your solar chart describes you as someone whose mission involves gathering wisdom and other resources, and being a kind of benefactor. Yet inwardly, you’re experiencing an unusual kind of reaction that may bear no resemblance to how you view yourself as a participant in society. You may feel a sudden release from fear, or an overwhelming sense of anxiety. The choice really is yours. Aspects for the foreseeable future have you living much closer to the edge than even you’re accustomed to. You may run into the question of whether you can stay in control of your life. The metaphor of a sailboat on the water is salient here. You cannot control the wind, the tides or the weather, but you can stay aware, and guide your craft in a way that respects environmental conditions.

**Pisces (Feb. 19-March 20)**

Focus on your professional activities as much as possible this week, including completing important tasks that you have going. Be attentive to your correspondence, as a conjunction of Mercury and your traditional ruling planet Jupiter indicates some unusual success or breakthrough. Because Mercury is involved, you’ll need to be alert and aware of what others are saying to you and what you are saying to them. Opportunities that seemed long gone may land in your lap or your laptop, so keep a positive frame of mind. Aspire to do quality work rather than to deliver quantity. Focus on the central idea, message or purpose that you’re offering, and keep it at the front of your mind, both as a presentation and as an organizing principle. Pay attention at social functions, particularly when associating with people who are in any way associated with your particular field, business, or enterprise. These conversations count for a lot right now.

Read Eric Francis daily at  
[www. PlanetWaves.net](http://www.PlanetWaves.net)

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