

## 12th Annual Storytelling Festival



Vashon Wilderness Program will host its 12th Annual Storytelling Festival on Saturday, January 26 at 12pm the Vashon Theater on Vashon Island. This free, family-friendly event is “for the community, by the community” and will feature nature-based stories - personal, mythic, and ancestral - told by VWP’s seasoned staff and audience members alike.

“At a time when there is so much divisive energy in our nation, sharing stories is a powerful and joyful way to unite and heal communities,” shares VWP’s Executive Director Stacey Hinden. Each year hundreds of people of all ages from Vashon and beyond gather at the Storytelling Festival.

Storytelling is a core routine at VWP’s nature-immersion programs.

Their staff practice oral traditions to inspire the children and instill valuable lessons in wilderness survival, naturalist skills, and community building. VWP students also practice sharing their own stories, both to help deepen their learning journey and to discover their authentic voice.

Audience members of all ages are invited to participate in a number of ways: bring a prepared 5-minute story and share the stage with VWP’s seasoned staff; spin a tale in the One-Minute Storython; or join the fun, interactive group storytelling improv games.

The Storytelling Festival is best suited for ages 4 and older. Guests are encouraged to arrive early to purchase

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## Full Moon Beach Walk



Vashon Beach Naturalists’ Annual Winter Night Beach Walk Returns on a Full Moon Sunday January 20th at the North-end.

The Vashon Beach Naturalists, now headed by the non-profit Vashon Nature Center, is hosting this year’s Moonlight North End Beach walk on MLK Jr. Weekend on Sunday Jan 20th. Naturalists will be available from 8-11pm to answer questions and help people explore the habitats in the intertidal zone. Low tide is expected to be at -3.14 at 10:20pm.

As islanders, one thing that connects us all is the shoreline. And yet we often forget how rich and revitalizing it is. For example, the north end ferry dock is used by many islanders to get to and fro, but it is often taken for granted in its role as host to many life forms and natural treasures. The pilings and the cover of the dock help to support a rich diversity of creatures that are often found deeper or hidden in places such as eel grass meadows.

This unique habitat is also relatively accessible; during the Moonlight Beach

Walk you can park in the commuter parking up the hill and follow the signs and luminaria through the driftwood to the beach- Note that the parking next to the public ramp at the Wild Mermaid (previously La Playa) is for restaurant customers only.

When visiting the North-end beach on winter nights, I routinely find many species and types of animals, from delicate soft-bodied nudibranchs, glowing sea pens and blooming anemones, to sea stars and squadrons of small carnivorous snails.

The intertidal zone under the ferry dock is particularly rich due to the variety in exposure and habitat surfaces- the mixture of horizontal and vertical surfaces at varying depths provides for a diversity of habitats and niches to support life. Furthermore, ferry traffic seems to cause enough mixing and water upwelling to bring in additional nutrients from deeper waters. Science has no better explanation for the sea pens, a phosphorescent colony-forming animal normally only found in deeper

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## The Road to Resilience

### Reflections On Money

By Terry Sullivan,

Now that the government has shut down (and I’m not going to go into the stupid reason for that), the federal money spigot has been turned off again. As we know from the past, it is definitely a big inconvenience for some, but it is not the end of the world. Some who work in critical areas are working without pay with a good bit of confidence that they will receive back pay when a new budget passes. Those working paycheck to paycheck and making multiple time payments have to hope that their creditors also believe in the good faith and credit of the US government.

While we’re talking about good faith and credit, we should realize that for almost fifty years, the value of our money itself has been based solely on faith. After World War II, the Bretton Woods agreement solved the global currency exchange problem by making the US dollar the reserve currency by which all other currencies would be valued. The US dollar itself, however, had a fixed value based on the value of gold. In the 50’s, a lot was said about “all the gold in Fort Knox” because we had to have a lot of it to back up all the dollars in the world. In 1971, with our expenses in Viet Nam among other things, the world’s faith in the dollar

was shaken and a number of countries were exchanging their dollars for the gold that supposedly backed them up. There was clearly not enough gold in Fort Knox to back up every dollar, and everybody more or less knew by then that their dollars were mostly backed up by the good faith and credit of the US government. By abandoning the gold standard in 1971, Nixon was merely confirming the obvious that the supply of US dollars had long since outgrown our gold supply.

Money is after all only paper, or nowadays, a blip in a digital memory. With the shutdown, the federal government has now dispensed temporarily with the paper and the blip, the latter in so far as it can no longer be exchanged for real goods. For the time being, nothing catastrophic has happened. In light of all this, I thought I would like to explore a little thought experiment: What would happen if we dispensed with money altogether? What would still function and what would not?

In the short term, I think we could safely say that the modern global economy would devolve into unimaginable chaos. However, it wouldn’t be because goods and services could not be supplied. All the muscle, knowledge, and wherewithal would still be there just as it was the day

before. The problem would be that nobody would be willing to exchange what they have unless they were sure that they could then get what they need. One group would be out of business—the people whose business is money. That would not be a great loss in my mind. Our system is highly skewed towards the money handlers. A person who makes money with money produces no goods or services (other than letting you use their money for a while) yet their income far exceeds what a person can earn by working. I won’t go so far as to say that we can live totally without them, but they need to be more regulated and their capital gains need to be taxed much more heavily.

Marx envisioned an economy where all gave what they could and received what they needed from the government without the need of money. I’m not sure that human beings are capable of that level of trust and good will, and the concentration of power required to allocate all those resources would corrupt the allocators. George Orwell had a good fix on human nature when he concluded in his allegory on a socialist state, Animal Farm, “All animals are equal but some animals are

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WRE Vashon-Maury Island, LLC

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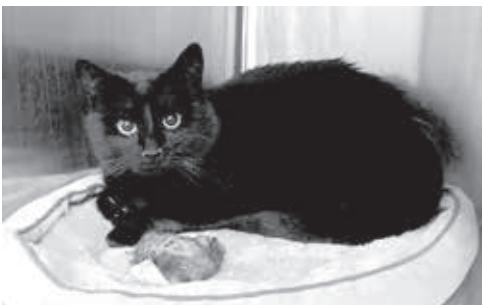
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## Toby Needs a Home

Do you believe in Bigfoot? That could be my name because I have really big feet, thanks to some extra toes. I don't have much else in common with that critter who roams through the wilderness; he avoids people and I enjoy their company just fine. I haven't lived with other animals or kids, so I'd probably be happiest as the only pet in a household with grownups. With a big heart to match my feet, I'll make you feel like the most important person on earth, and that's no Pacific Northwest myth!



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## Now Playing Green Book



## Coming Soon

*Met Opera: Adriana Lecouvreur*  
Playing January 12 at 9:55am

*The Tragedy of King Richard the Second*  
January 15 at 11am

*Creed II*  
Playing January 18-21

*Bolshoi Ballet: La Bayadère*  
January 20 at 10am  
January 21 at 3pm

*Spider-Man Into the Spider-Verse*  
Playing January 21-24

**Vashon Theatre**  
**17723 Vashon Hwy**  
**206-463-3232**  
**Call for Times**

For show times and info check  
[www.vashontheatre.com](http://www.vashontheatre.com)

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# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Volunteers Needed

We are in need of volunteers to assist in working with adults with Alzheimer’s. Could you give us a morning or afternoon of your time? We meet on Tuesdays and Fridays at the Lutheran Church. No skills required, just bring your heart and share it with those in need! Please contact Ann Scafe (206-852-4543 for more information.

### Have a Story or Article

Send it to:  
[Editor@vashonloop.com](mailto:Editor@vashonloop.com)

Find us on Skype  
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### Get In The Loop

Send in your  
Art, Event,  
Meeting  
Music or Show  
information or  
Article and get  
included in  
The Vashon  
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Send To:  
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### Next Edition of The Loop Comes out Thursday January 24

Deadline for the next edition of *The Loop* is  
**Saturday, January 19**

### Community Sound Bath

Vashon’s Threshold Choir will share its soothing bedside songs with interested community members. Are you stressed? Depressed after the holidays? Struggling with grief or pain?

All are welcome to relax in a zero-gravity chair, and listen to the group’s calming, a capella harmonies.

Friday, January 18 at 6:45 to 7:30 PM at Vashon Cohousing Common House, 10421 Bank Road



### TRASH TALK

Resolve to make it at a Zero Waste New Year! In addition to your regular recycling, here are some ways to recycle that you may not have known about. The Thriftway wine dept. takes back wine corks, Island Lumber takes lightbulbs, Ace rental Center takes batteries, the Country Store takes packing peanuts and IGA takes clean, dry plastic bags!



**ZERO WASTE VASHON**

[www.zerowastevashon.org](http://www.zerowastevashon.org)



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### Vashon Social Dance Group Monthly Dance & Lesson

Saturday January 12

Dance & Lesson 7 - 9:30 pm. Barn Dance & another dance lesson and music provided by Candy. All levels of dancers invited - No experience or partner necessary. Barn dance is a fun circle dance - similar to a Beginner Line Dance

Variety dance & Lessons 7:00 - 9:30 pm (Eclectic Dance Music)

Ober Park Performance Hall - 17130 Vashon Hwy SW 98070

No partner needed! Come alone or bring others

Suggested Donation \$10 No One turned away due to lack of funds.

Questions? Leave a message and I'll call you back.

206 920-7596 - Candy

### Funny Bones

Funny Bones. A 2-day workshop for adults on Presence, Play and Movement with Mik Kuhlman. For Performers and the Curious. No experience necessary. Saturday & Sunday, January 26-27, 10am - 4pm at Hanna Barn Studios.


\$150 (\$125 before JAN 15)

Info and Registration: [mik@mikkuhlman.com](mailto:mik@mikkuhlman.com)



**National Theatre Live**

Streaming LIVE at 11AM  
Tuesday, January 15th  
Tickets \$20/\$18



**THE TRAGEDY OF KING RICHARD THE SECOND**  
by William Shakespeare  
directed by Joe Hill-Gibbins

**ALMEIDA THEATRE** **VASHON THEATRE**

Simon Russell Beale plays William Shakespeare’s Richard II, broadcast live from the stage of the Almeida Theatre in London to cinemas.

This visceral new production about the limits of power will be directed by Joe Hill-Gibbins, whose previous plays include Little Revolution at the Almeida and Absolute Hell at the National Theatre.

Richard II, King of England, is irresponsible, foolish and vain. His weak leadership sends his kingdom into disarray and his court into uproar. Seeing no other option but to seize power, the ambitious Bolingbroke challenges the throne and the king’s divine right to rule.

Simon Russell Beale returns to National Theatre Live screens following broadcasts of Timon of Athens and King Lear, and his recent role in the National Theatre’s critically acclaimed production of The Lehman Trilogy.

National Theatre Live: The Tragedy of King Richard the Second Streaming LIVE from London

The Vashon Theatre

Tuesday, January 15th at 11AM

Tickets \$20/\$18

### Advertise in the Loop!

It’s a great time to get back in the Loop.

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Next Loop comes out January 24



# Gravity is Not Your Friend



By Sean Malone and John Sweetman

“Gun it,” yelled John from behind the truck. “Gun it hard,” as the 1,000 pound Madrona log picked up speed down the steep hill. No time to think, for the log was going to roll right across the road and down the other side, a crisis in the making, as it could roll right into the back of the neighbor’s house.

Gunning the truck forced the Madrona log to stop spinning and line up behind the truck as we prepared to whack her into sizable rounds for splitting and hauling to our respective wood sheds.

Gravity is my friend, because I use it to move logs down hills, put some “sting” in the splitting maul when she hits the top of the block, or by keeping the truck downhill of the pile to be loaded.

“Gravity is not your friend,” John lectured as he commiserated with me after a bad fall from a ladder. My foot had slipped on a rung and I had crashed 13 feet down the hill and into a four inch stump; creating a huge bruise and a cracked rib.

Thirty years in the woods and the worst accident had been the seven stitches in my shoulder caused by a broken chain-saw handle. The Monroe hospital nurse had asked why it took so long for me to come in. The truth was that I had a family to feed and couldn’t afford to stop cutting logs. She retaliated by telling me that she wouldn’t be able to numb the wound before stitching me up, because I had waited for a day before coming in. I don’t know if she just made that up or not. This accident had been my own fault as I had a rotten alder tree twist on the stump the day before and it busted the chain saw handle, so I fashioned a handle from copper tubing, which didn’t last a day.

At the time, I was working on a huge cottonwood that was six feet across on the stump. When the tree left the stump, a three-foot high artesian stream appeared right in the middle, a tribute to the way the trees take water from the ground.

John had moved to Republic several years before I stopped there on my way to Montana to visit friends. John had grown up on Bainbridge Island while I attended Vashon Grade School. He visited Vashon, but had never actually lived there. Our meeting in Republic had been precipitous in the sense that we were behind the laundromat, on a freezing evening after work when John pulled a bottle of single-malt scotch from behind his seat and we proceeded to weld a friendship that has survived for over thirty years. While John was the Ferry County assessor, I had chosen to cut firewood for a living and cut over 3,000 cords in 25 years, enough to cover the town of Republic four feet deep in firewood.

The CB radio “crackled,” as I left the main road for the one-lane road up Sweat Creek. “Comin down loaded, 9 mile” was the message. I would have to pull off the road and wait at 8 mile, as the logging truck was coming down and had the right of way. There was good wood up there, but my wood truck could never argue with a

logging truck as he came around the corner going lickety-split, the snow billowing up on both sides. The driver, Old Charlie, was known and hit his air horn as he passed. We had our own laws up in the woods, every truck had to have a CB radio and the drivers announced their location at certain mile posts, which were pieces of plywood marked with the mileage from the main road.

I was almost to the landing, when Jim Brown came around the corner with his air horn blowing , no time to react except to lay on the brakes and hope that Jim could stop his logging truck before smashing into me. Jim and his three brothers were all loggers and often worked for each other. Bill Brown was known as “Hair Bear” and Clint, known as “Big Hook,” was the oldest. The snow was piled to four feet on either side of the road and there wasn’t a place for us to pass each other for a half mile down the road. Jim was on a corner and proceeded to back his trailer around a corner to the landing up above. The rear end of the trailer was too close to the edge and started to slip into the ravine. Everything came to a standstill. I told Jim that I could run a cable to the back of the load and, using the truck winch, be able to hold his trailer from slipping over the edge as Jim inched the logging truck forward. Since my truck was in front, I had run the winch cable thru a snatch block to make “block purchase,” and Jim inched his trailer of logs back up onto the road. Jim’s CB antenna had broken, so I wasn’t able to hear him.

I had worked for several contractors in the area; driving skidder and choking logs, but found woodcutting a more satisfying life style, despite the lack of money. Some of these people had lived in these hills for well over 100 years and recognized that I was a supplier of good wood and didn’t sell short cords. \$35 dollars was all I got at first and 20 years later it was \$65 per cord. I never raised my prices in the winter when the wood was hard to get, because that’s when the poor people always ran out of wood. There wasn’t much money to be had woodcutting, so I drank up my profits at the Hitch’n Post tavern and used the food bank.

When fire season started, I would work for the Forest Service as a radio operator, moving from fire to fire as needed until winter came on. Fighting fire was dangerous work. We had a bad one in the Snake River canyon and lost six pilots and one fire fighter in two weeks.

The Forest Service was critical of my woodcutting practices and I received several tickets over the years. Each load had to be tagged and each tag notched for the date. If you were cutting for a homeowner, he or she was supposed to be physically present at the wood site. They did waive that requirement when the customer was too old to make it to the woods. In other cases, I just ignored the rules. Logging is full of nefarious practices.

After delivering the wood, I would

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# Let’s Talk about Living and Dying

## A Quarterly Presentation from Vashon Honoring Choices and The Vashon Conversation

We have changed from The Death Café to a format that includes featured speakers, focused conversations, local resources, book reviews and upcoming events. By coming together to talk about death and dying, we also begin to talk about life and living. The way we think about living and dying has a profound influence on how we see our world.

This Quarter we have The Threshold Choir joining us. Since 2005 Vashon’s Threshold Choir has met islanders as they face the end of their lives, entering the rooms of dying to sing at bedsides. Part of an international movement, our island choir sings songs written by members a cappella, in three-part harmony. The songs are chosen to reflect the person in the bed, their energy, family, spiritual beliefs, age, and where they are in the dying process. The choir is currently led by Barb Adams and Mela Bredouw, and also offers a monthly “community sound bath” where everyone can experience

the soothing songs. They rehearse once a month, on first Thursdays at 7PM, and welcome new members.

Our facilitated conversations will be focused on living and dying. There will be selected questions to stimulate our starting point. All conversations are confidential, accessible and respectful of all, regardless of gender, sexual orientation, religion/faith, ethnicity and disability. It is not a grief support or counseling session. It is free from ideology with no agenda towards any conclusion about life, death or life after death. Rather, it is a confidential place to explore one’s own thoughts and feelings. Join us, have a cup of tea and a snack and discuss life and death. We will be meeting Sunday January 27 from 1-2:30PM at the Land Trust Building.

Donations gladly accepted. Please call Susan Pitiger 206 818 4232 or Jane Neubauer 206 567 5404 with questions.

# RJ’s Kids Kenpo Karate Classes with Alex Echevarria

American Kenpo Karate is a modern self-defense system that trains students to instantly respond to physical attacks from locks, chokes, pushes, punches, kicks and weapons. Vashon Kenpo incorporates other martial arts systems including ju-jitsu, kung fu, boxing, ground fighting and stick fighting.

Kenpo Karate self-defense classes for adults will start on January 14th at the Ober Park Performance Room. Classes follow the curriculum of the American Kenpo Karate System. Participants who attend this course regularly will develop street awareness and prevention skills in addition to learning practical self-defense techniques. Participants of all abilities and experience are encouraged to attend.

Adult classes are for students ages 13+ and will be from 5:15 to 6:15 pm every Monday from January 14th to May 20th (no classes February 20 and April 8). Fees will be \$100 for 17 classes. This class is for beginning white belts to expert black belts.

Registration and payment by cash or check for all classes begins 30 minutes before the first class meets. Participants may join at any time during the season if space is available. Every Wednesday, from 5-6 pm, there are free drop-in classes for all students with once-a-



month sparring offered for all students above yellow belt. Aerobic Kickboxing and Kenpo Concepts will be offered on other days.

The classes will be taught by Senior Instructor Alex Echevarria, American Kenpo Karate 4th Degree Black Belt. Mr. Echevarria has over 29 years of experience in the martial arts and is a retired public school teacher and VIVA artist.

For more information, visit the Vashon Park District website and Vashon Kenpo on Facebook or contact the instructor at 206-463-0414. Sponsored by RJ’s Kids: an island-centered nonprofit for all the people of Vashon.

## Adopt A Cat Day!

**Vashon Island Pet Protectors**

**Saturdays 11:30-2:30**

Our VIPP Shelter is open for adoptions every Saturday. Visit our website [www.vipp.org](http://www.vipp.org) for Directions and to view the Cats and Dogs available for adoption.

Or give us a call 206-389-1085



# Island Life Unstuck in Time

By Peter Ray  
pgray@vashonloop.com

I believe it was in J.G. Ballard’s short story collection titled ‘Chronopolis’ where he concocted the tale of a company whose business it was to go into buildings and remove the sound embedded in the walls left there by past residents. Forget the looming, invisible omnipresence of Big Brother in all of his corporeal and technological iterations, in this version of a reality that we thought we knew and understood, all the surfaces of the inside of a once-inhabited space were now devices of record, capable of retaining sounds and conversations that were in need of purging before someone else could rest in peace while occupying that space. I do not remember what hypersensitivity evolution it was that allowed humans this super power of sorts- actually I don’t remember much else from this story, thirty plus years from having read it, but the idea of past sounds stuck in walls and surfaces has been an ongoing fascination ever since.

On my recent trek across these United States and back, the thoughts of imagining the experiences of Horace Greeley as he passed through the various spaces his route took me were constantly on my mind. Mostly, I was in a relatively constant state of incredulousness at how those guys back then even got through various areas. There was the terrain, the undergrowth, the rivers, the drought and the mobile hostile beings- both human and animal- who

were not happy with the white invaders trespassing on what had previously been their private wilderness space. My first official stop on the trip was a visit at the High Desert Museum outside of Bend, OR with a stagecoach that had official documentation that Horace Greeley had ridden in it. Also known as a Concord mudwagon, this particular coach saw at least 70 years of service, with the most notable moments of that time being when legendary driver Hank Monk spirited Mr. Greeley from Genoa, NV to Placerville, CA at break neck speed so that Greeley would be there on time for a speaking engagement. This trip became one of the often told legends of the west and was immortalized in a chapter of Mark Twain’s book, ‘Roughing It’, a broad recounting of Twain’s own experiences in the west. There are many versions of this trip that have been recounted in many places- standing in front of the coach at the museum or having walked a good part of Hawley’s grade that had been cut into the hillside where the route supposedly took them, one can imagine that all of them could be true, while at the same time inventing equally fantastic fictions and fantasies about the ride, any one of which could have had a possibility of containing a grain of truth.

While Monk’s regular stagecoach route at this time (late 1850’s to late 1860’s) generally took him between Carson City, Nevada and Placerville, I have read in more than one place that Greeley may have solicited Monk’s driving services out of Genoa, NV. And so it was that I decided to visit Genoa- a town that is now just a blip on a small

road south of Carson City, but was once the center of things in Nevada. As it turned out, the weekend I was there it was the time of their annual Candy Dance Faire, and just a year shy of the 100th anniversary of this event that raises funds for town operations. As it was, I wandered through the throngs of people on the temporarily car-free streets, taking in the craft and food booths as well as the exhibition of old but still operational steam engines. I worked my way in for a beer at the oldest saloon in Nevada, and then walked down the street to what used to be the Douglas County courthouse back when Genoa was the county seat. The courthouse is now a history museum. Walking in from the festival noise of the street, one was instantly bathed in a quiet that its brick walls and a curiously sparse attendance provided.

I made my way through a number of its rooms, learning about Snowshoe Johnson and Charlie Parkhurst, stories I won’t get into here. And then I happened upon the old jail in the back of the building. I did step into one of the two cells that remained and was instantly enveloped by both the sound of silence and perhaps the closest thing to what Mr. Ballard was getting at with his story about getting old noise out of walls. There was a bit of graffiti decorating all the scratchable surfaces inside, but even without invoking the presence of ghosts or spirits I could recognize an almost palpable sense of vocal stirring in there and decided that I had had enough of the enclosure and all the metaphysical baggage it claimed.

Later that day I went to visit the gravesite of Hank Monk back up in Carson City- it was much smaller than his legend. And the next day I headed further east to a suggested stop at Sand Springs where there is a ruin of a Pony Express station in the middle of relative nowhere. Standing amongst the tumbling stone walls of the station relic and looking north, one notes a large white sand ridge rising out of the desert floor and just about reaching the rim of a sharp rock escarpment on its north side. Beyond the light sound of wind blowing by, the muffled cacophony of

gas powered engines could be heard across sagebrush and scrub. What one can see from there is Sand Mountain recreational area with an assortment of all terrain vehicles (ATV) racing about in no particular order. I was alone at the ruin, but all around the dune that was perhaps 300 feet high and maybe a quarter mile long there was a variety of motorhomes and camping canopied pickups with ATV trailers that were ringing the base of the dune like a modern day wagon train. I chose not to go over there and they all were having enough fun that I wasn’t concerned about having my way station reverie disturbed, except for maybe by a muffled engine rev at a safe and unobtrusive distance.

As this was mostly a journey of discovery I was allowing myself diversions and the random detour along the way. As I was crossing one of the flat desert plains between the mountain ridges of that region I noted a structure on an approaching hillside that made no sense in the context of its surroundings. As I drew closer to the hillside I decided that, no matter what, I was going to drive up there and see what it was. Heading into the broad ravine that contains the town of Austin, NV I noted a small sign next to a dirt road that said Stokes Castle with an arrow pointing to the right. It was a short drive on a winding dirt and gravel road up to a flat hillside perch with a commanding view of the flat valley to the west. Towards the edge of this space stood a three story stone structure that had seen better days. The six foot anchor fence topped with razor wire that surrounded it said do not enter in a way, combined with the “picked clean” appearance of the building, that included an or else clause. Reading from one of the informative metal placards, one could find that what we were looking at had been built by mine developer and railroad magnate Anson Phelps Stokes in 1897 as a summer house. It had only been used one season and then sporadically till it was abandoned. It was a part, and emblematic, of the ongoing conversation I was hearing along the way. I took an infrared picture that shows its white stones against the dark sky, then I continued east.



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January 24

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# Spiritual Smart Aleck

By Mary Tuel

## The Accidental Vegetarian

A few months ago the lovely young woman who was renting my upstairs loft asked me if I was a vegetarian. She had seen no meat in my refrigerator, and she was afraid she might offend me if she brought home any animal products. I laughed.

No, I told her. I can’t afford to buy meat, that’s all. I’m an accidental vegetarian, and even if I was an intentional vegetarian, I don’t think I’d judge the eating habits of a lodger.

I try to be non-judgmental, although you never know.

Yesterday my son Drew was telling me about the Evertune guitar bridge, which keeps an electric guitar in tune for months.

I had a primitive visceral reaction: This is magic! I do not understand it! I fear it! We must burn somebody!

It seemed outside the realm of reason that you would not have to tune your guitar for months. Looked up the Evertune online and read an explanation of the engineering and physics of the machine. It is awfully clever, and not a reason to burn anyone.

Whew. Education to the rescue. So I believe I would not judge how someone ate. Now, if someone was holier-than-thou about their diet or started giving me, “I’m only trying to help you,” suggestions, then yeah - judgment.

Many years ago, when I was young and could handle a little vitamin and mineral deprivation, I was an intentional vegetarian for a few months.

I cooked out of “Diet for a Small Planet,” a little book that talked about combining your foods so you got complete proteins, and “Ten Talents,” the official cookbook of the Seventh Day Adventists, who promote a plant-based diet, but don’t insist on it.

The Small Planet recipes tended to taste alike, so, boring.

The Ten Talents recipes were labor intensive and came with a lot of preaching about right living. Seventh Day Adventists with whom I went to elementary school and their parents looked normal, but the front cover of Ten Talents featured a woman who could step right into a wagon train. Her clothing, her hair, her smile, her whole demeanor, looked 19th century Stepford wife to me.

But the recipes were time-tested. There is a recipe for cashew gravy in



that book that I have made several times over the years.

Most people become vegetarian intentionally. They make their choice for various reasons.

Perhaps they realize how many resources go into producing a pound of beef and wish to eat in a way that is more environmentally sound.

Perhaps they love animals and have heard of or have seen the squalid conditions in which corporate meat and dairy peddlers house their pigs, chickens, and cattle. They have seen how animal flesh is processed, and they like it not.

Some, like the Seventh Day Adventists, who strive to be healthy so they can better serve God, are vegetarian for reasons of a belief system.

Some people eat a vegetarian diet to lose weight.

Some people can’t afford meat.

Some vegetarians say they will not eat anything with a face. It would be cruel to serve them a vegan pancake with a face drawn on it in syrup, but that is what I thought of right away because I am twisted.

Historically we humans are omnivores. We hunted and gathered, and we ate what we could, when we could. The idea was to survive. Having access to enough food to survive and thrive on a chosen diet is a luxury. If you have enough food security to make the choice to be a carnivore or vegetarian or vegan, wow, you are living, forgive me, high on the hog.

Which reminds me: When my husband Rick was a boy his Uncle Dean worked in a meat processing plant in Iowa. Dean took Rick on a tour of the facility once. Rick said there was a chute that live pigs went down, into a little shed, and they came out the other side on a conveyor belt, dead.

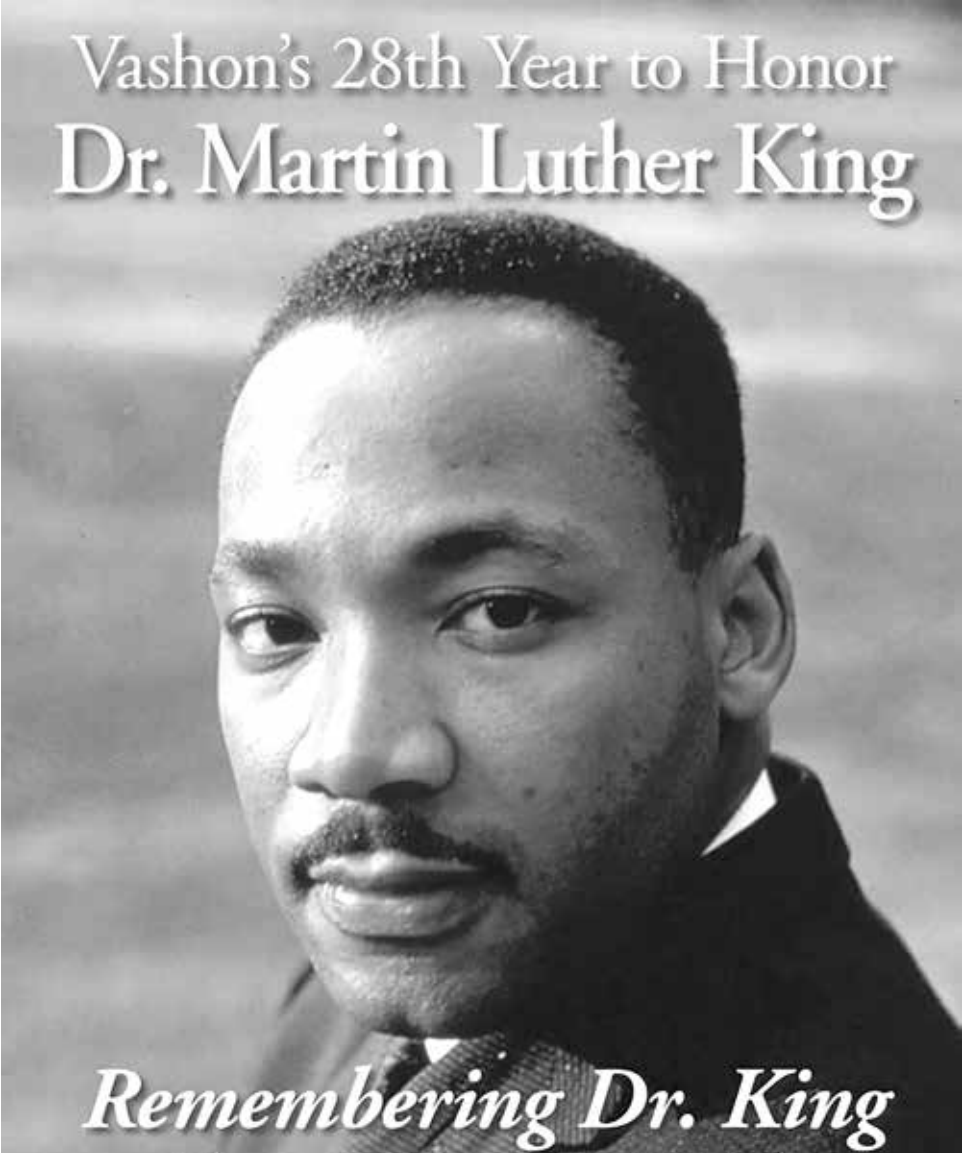
That day one pig went down, and whatever the killing process was, it didn’t quite work on him. He came out of the shed alive, and boy, was he mad. He jumped off the conveyor belt and ran amok through the plant.

Took them a while to chase him down and, alas, send him to the same fate as his brothers and sisters.

I have always felt admiration for that pig. Up the revolution! He was doomed, but he let them know how he felt, how they all would feel if they had the chance. You go, pig. Rage, rage, rage against the dying of the light!

That pig’s story, right there, is a good argument for being a vegetarian.

# Dr. Martin Luther King Celebration of Life



On Tuesday January 15th Emma Amiad will host the 28th annual celebration of the life and teachings of Dr. Martin Luther King. The event will be held at 7:00 pm at the United Methodist Church. That was the church that welcomed the first such event 28 years ago.

The evening will feature a sing along, led by Marita Ericksen, of some of Dr. King’s favorite gospel songs, and a brief speech by Amiad who will review some of the highlights of the 28 years of Vashon’s remembrances of Dr. King. Some of Dr. King’s famous words will be read by members of the audience.

The evening is free, and cake and coffee will be served after the program. Everyone is welcome. For information call Emma at 206-459-1839.

## Full Moon Beach Walk

Continued from Page 1

waters of Puget sound that also thrive in intertidal zones where ferries actively dock. The pilings also provide a place for barnacles and mussels to attach, thus effectively attracting the creatures that eat them; such as sea stars and sea snails like whelks and dogwinkles. Super cool are the barnacle-eating dorids which are small oval sea slugs that suck out the insides of barnacles and lay thick gelatinous ribbons of yellow eggs in the winter that hang like curtains. In the 60’s, a researcher found that there were more than 60,000 dorid eggs in 1.5 inches of ribbon.

Regarding the sea stars, there are still fewer adults than in previous years since the sea star wasting disease hit our waters, but they seem to be on the rebound, with more juveniles then ever found off the Pacific coast. Some recent evidence suggests sea stars are evolving an improved resistance to the disease. As such, they can often still be found under the ferry dock. It will be interesting to see what continues to take hold on the new pilings that were installed in 2017.

When you go to the Beach Naturalist Moonlight Beach Walk, some things will help make it extra fun:

- Drop-off your passengers before you park uphill in the commuter lot and walk down to follow the luminaria to the beach
- Dress in multiple layers with gloves, hats, warm socks and waterproof

boots.

- Bring your favorite flashlights and headlamps. For many, it can be a chance to try out some lighted stocking stuffers.
- Take advantage of the resources- Beach naturalists, books, brochures and displays, and warm refreshments at the ‘concierge’ table under the canopy.
- Bring your camera, sense of curiosity, and respect for our shoreline species (be sure to read our Beach Naturalist pledge at the sign in table before starting out on the beach).

A full moon winter beach walk can be an awesome experience. The tide is out farther than you ever knew, and the beach and water are alive, sparkling with silver and deep black shadows. The community gathers to visit with not only each other but also with our island neighbors that live beneath the dock. Poking around in nature; we all learn information we can share- Couples wander, exploring nooks and crannies; parents and families promote awareness of the natural world in our kids, grandkids, nieces and nephews; Elders share knowledge and see again with fresh eyes- Regardless of your reason, you won’t forget the experience of being with beach naturalists, meeting interesting creatures living unexpected lives, and seeing your community light up like so many lightning bugs flying around underneath the dock on a full moon night.

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Planet Waves



by Eric Francis <http://www.PlanetWaves.net>

**Aries (March 20-April 19)**

With your ruler Mars now back in your sign, you may well be more comfortable in your own skin. Be wary, however, of feeling under pressure to perform relentlessly or carry out impossible tasks. You’re a human, not a machine, and quite apart from anything else you probably need time to process all you’ve learned recently. Things could get a little tense during the next week or two; you might be able to burn some of that as fuel, though be prepared to rein it in if you start to feel overloaded or stressed.

**Taurus (April 19-May 20)**

Despite the rather spectacular New Moon and accompanying eclipse that’s just taken place, you may be feeling as if the old year has been extended somewhat, and you’re still waiting for the new one to materialize. Or perhaps the holiday mood is lingering, and you’re in no mind to give it up just yet. Either way, your taking a slightly easier pace into 2019 should present no problems. The seed of change is there within you; it simply needs the room and the right type of soil for it to grow, branch out and finally blossom.

**Gemini (May 20-June 21)**

At times we all find ourselves in situations, whether of our own making or due more to outside circumstances, that feel like being stuck, or unsure what our next move should be. If that sounds like you this week, remember first that you can likely figure something out if you keep at it. You also have the option of asking people around you for help, so long as you know where you need to be. The one approach that won’t work well is simply waiting for someone else to take initiative and come to the rescue. You’re more robust than that, anyway.

**Cancer (June 21-July 22)**

You may be facing something of a challenge this week figuring out where others end and you begin, despite the famous outer shell of the Crab. It’s worth it to remember that you are still a water sign after all, and then take steps to reinforce that boundary when necessary. This isn’t about freezing people out; rather, it involves understanding clearly your identity, your views and your values, as apart from those outside you. If you then offer devotion or service, for example, you are doing so in full autonomy — and that’s a beautiful thing.

**Leo (July 22-Aug. 23)**

By now, probably a significant proportion of people who’ve made virtually impossible New Year’s resolutions have already broken them. To give up completely something you enjoy, absent any serious health issues, is like trying to wade through chest-deep psychological treacle, especially once the novelty wears off. That said, one thing you can definitely resolve on cutting out of your life this year — however long it might take — is any notion that you’re somehow ‘less than’. You are a rare and precious being, and deserve to feel good about yourself.

**Virgo (Aug. 23-Sep. 22)**

Trying to get on with constructive work or a creative project in the age of the internet is a little like trying to catch a specific melody in a room filled with cacophonous noise. It’s all too easy to get lost or distracted amid the many websites clamoring for your attention and trying to keep you interested. This affects things like attention span in the long term as well. The allure isn’t easy to resist, but it’s decidedly worth trying if you want to make progress this week. As far as possible, give yourself the tools to shut out the noise and focus.

**Libra (Sep. 22-Oct. 23)**

It can be challenging sometimes to let go of the past; just now, in fact, you may be feeling a sense of frustration at certain aspects of your past apparently refusing to let go of you. There may be a delay, though it won’t be forever, and this is likely about ensuring that when you eventually do move on, you can do so completely, with a clear mind. You’ll probably benefit from setting aside any impatience and using the time to observe your emotional process as you review the relevant material. Let things happen at their own pace.

**Scorpio (Oct. 23-Nov. 22)**

Keep an eye on your nervous system during the current eclipse season, and be ready to find a healthy outlet to release any tension. This could well include expressing yourself in writing, if only for your own reference: you might feel as if you have nothing to say, and yet once the words start flowing they can take on a pace and a life of their own. In addition, it might help you to set aside some personal time, preferably in a relatively quiet space. There, if need be, you can safely avoid whatever turbulence may be occurring elsewhere.

**Sagittarius (Nov. 22-Dec. 22)**

You currently seem to possess an unusually clear understanding of where you’re headed, and a strong sense of your motivation, including the ideals you hold most precious. While your energy remains this focused, take every possible opportunity to stride forward and to accomplish what needs to be done. You may, of course, have moments when you feel doubtful of your aims or your capabilities; yet in reality, underneath it all, you know the answers. Keep your eye on the destination, and stay determined.

**Capricorn (Dec. 22-Jan. 20)**

Hopefully you’re feeling mainly comfortable in yourself, and aware of your current purpose and direction. Possibly you’re still unsure at times, however; you may be concerned that something is lacking, or that you’re striving for what may prove impossible to reach. You might also feel crowded or hindered by certain obligations. Yet your sense of self is more than powerful enough to do away with these doubts, even if it’s located somewhere under the surface. Keep that strength within your sight, and use it as often as you need it.

**Aquarius (Jan. 20-Feb. 19)**

Take it easy during the next week or two. By now you’ve become used to being out of your comfort zone in some way, and the experiences you’re likely to have in the present eclipse season will probably feel somehow like a summing-up of recent developments in this area. You may also find that you’re astoundingly well stocked in the intuition department. Keep tuned to your instincts, record your dreams, and look out for any hints the cosmos might be sending you. There could well be some useful information coming your way.

**Pisces (Feb. 19-March 20)**

Lately you’ve had a chance to enjoy some of the fruits of recent labor, and there may well be more to come. You’re still very much focused on your present mission, yet are aware that there’s room for both work and play — and certain forms of play are more enriching than others. The key is probably to get the most out of the time you spend, regardless of the activity you choose. Changing it up every now and then is one way to stay motivated, and to minimize the chances of distractions swallowing up your energy.

Read Eric Francis daily at [www.PlanetWaves.net](http://www.PlanetWaves.net)

# PANDORA'S BOX

We wish you all a happy and joyful new year!  
Remember how crazy everyone was over Y2K?  
Seems like just yesterday.

Bo’s Pick of the Week: We’ve still got some fantastic pads at greatly reduced prices with proceeds going to the No Hungry Pets on Vashon campaign.



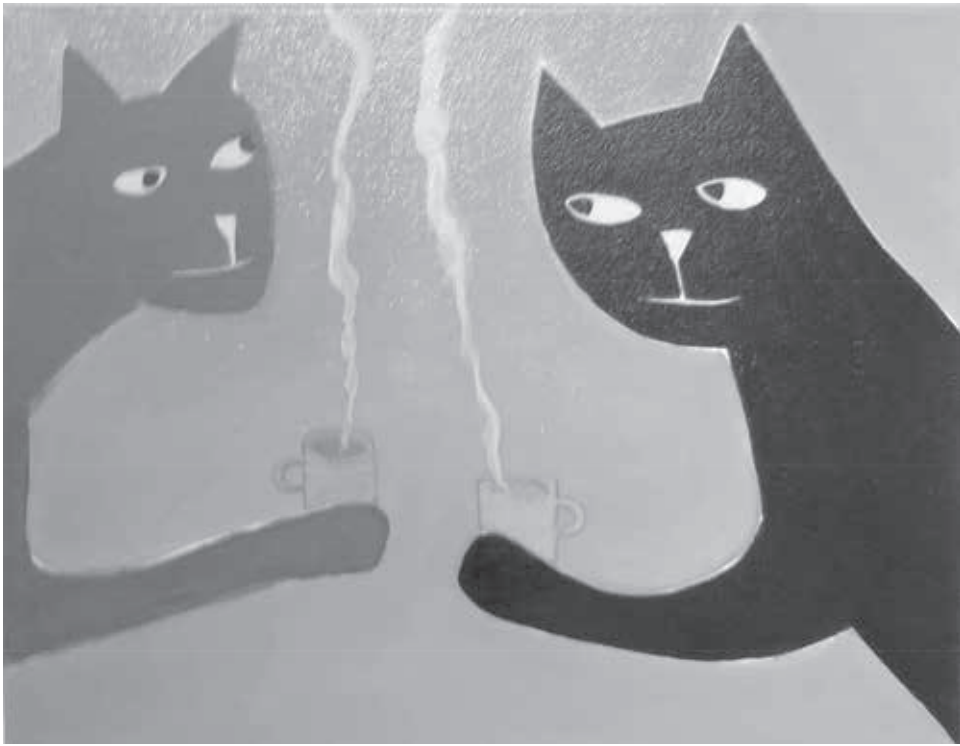
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## The World’s Smallest Tea Shop & other Curiosities



Valise is doing what they do best this January, venturing into new territory with the installation of a new permanent exhibit: The World’s Smallest Tea Shop. A month-long show of tea-inspired art will celebrate this new venture. It will include paintings of cats holding cups of steaming oolong in their paws, a giant wooden jig saw tea cup, a steel tea cart with Walrus and Carpenter cut outs, and an Alice in Wonderland-inspired tea party painting.

Adrain Chesser, a photographer and a member of the collective, has been working for several years developing exclusive tea blends from Northwest ingredients. He will host tastings and share his knowledge of tea-making during Valise’s new expanded weekly hours. Open Wednesday to Sunday, 11am - 5pm. 17633 Vashon Hwy SW.

## 12th Annual Storytelling Festival

*Continued from Page 1*

snacks, and sign up for a tellers’ spot.

VWP (a 501c3 non-profit) provides nature immersion programs for people for all ages from Vashon and surrounding Puget Sound communities. To date, VWP has helped nearly 4,000 children, teens, adults and families connect deeply with themselves, each other, and nature through their transformative Coyote Mentoring programs, camps, workshops, and trainings.

For more information, visit: [VashonWildernessProgram.org](http://VashonWildernessProgram.org)





## Gravity is Not Your Friend

Continued from Page 4

hang the spent wood tag on the side of the truck, a trophy to my “good work.” After doing this for a couple of years, the side of the truck was plastered with tags. It looked like “advertising” to our local ranger and he had me take all the USFS tags off my truck. It made me mad since the ranger was a good wood customer with a large fireplace; I removed the tags.

If I had finished loading my truck and had surplus wood by the side of the road, I would use my chainsaw to carve SCM in the side of the log; thus identifying the wood to anyone who might drive by. Most woodcutters would honor that, though you couldn’t depend on them not to take your wood.

I was having a beer or two with Gwen Mason, a gnarly old retired blacksmith; when his son came up from the basement of their house with a piece of wood that had my initials on it. I had left the log on the road in hopes of seeing it again the next day. No luck; my friend had cut up the log and was burning it. Gwen was notorious for his inventions; which included a jeep mounted mortar that fired juice cans filled with black powder; one of which had exploded in the county judge’s back yard at the other end of town. The sheriff took away Gwen’s mortar. Gwen had a wood sign in his front yard shaped like a gravestone, which read “May the next dog that craps in my yard RIP.”

Sometimes I would have to make two runs a day and would cut up the second load to have it ready for the return run. I came back for the second load one day and a hunter from the coast told me to get my wood off the road. “Coasties” was the name given to these unwanted visitors from the city and when the hunter pointed his shotgun at my dogs and told me to call them off, I did so. I walked up to the hunter; complimenting him on his good looking gun. I next asked to see it and when the hunter handed over the shotgun, I grabbed it by the barrel and smashed the stock over a stump. “Why did you bust my gun,” the hunter asked? “I didn’t like you threatening my dogs,” I replied. The hunter drove off excitedly.

I believe that the forest belongs to the people and that the government is only its custodian. The law and I don’t agree and that is how I ended up in Federal Court in Spokane. When National Forest abuts Bureau of Land Management land, they leave two or three hundred feet of forest between them, lest the respective agencies argue over their respective borders. I would sneak into that no-man’s- land between them and help the good people of Ferry County to their government wood.

My day in Federal Court was notable for one thing. Everything being said was being recorded and halfway through my testimony, they ran out of tape. The proceedings were held up while the clerk found some more tape. I was fined for cutting wood 80 feet outside the “oddball compartment,” which was the

government’s name for the area where I was supposed to be cutting wood. I paid the fine and was let go.

At one point, Rural Resources was paying me to deliver wood to the people who didn’t have the means to get it, especially in the winter. I had an Indian friend; we called him “Hobo.” Hobo was a San Poil Indian and a damn good woodcutter, always holding up his end of the log. His family was part of the original in habitants of the valley. The valley was so narrow where Hobo lived that the only way to get TV was to mount the antenna on a 1,000 foot cliff that took an hour to climb. There were twelve Stensgar kids, most of them grown up and gone away.

As we drove up 21 Mile road, Hobo read the tribal wood permit out loud. I asked him what the permit was for. “Free wood,” he replied. I thought if the wood was “free,” then we were free to do whatever we wanted to do with it. Not so the case; it was Indian wood being sold off the reservation to the U.S. government.

Richard K. was legally blind and so was eligible for wood from rural resources. He had two driveways to get into his place where we had piled 12 cords of firewood from the reservation and were about to add another cord to the pile when Indian cops in two rigs came in both driveways and confiscated the wood. Hobo didn’t hang around but took off for the swamps behind Richard’s house to hide from the cops and I was left to face the music. I was headed for the tribal court in Nespelem, where Judge Orr gave me the choice of accepting a civil suit for “injury against the tribe,” or paying the \$150 fee for stumpage. I paid the stumpage.

I didn’t see Hobo again for three months. We didn’t talk about losing the twelve cords. It was up on Rattle Snake ridge where we had cut and split a cord and were going to try for a second cord. I left Hobo in the woods to finish off the second cord. When I came back, he had a big fire going and was drying his gloves on sticks. It was snowing and cold. Hobo was burning up the split wood instead of dragging some limbs out of the bush. I was mad that Hobo was burning up the wood we were selling and I told him so. He shrugged his shoulders and we loaded the wood. I took some of the wood from Hobo’s fire and threw it on the load, because it looked like the fire was out. About halfway down Scatter creek, I looked in the rear view mirror. The load of wood was on fire and we had to stop and put it out. Trying to save the partially burnt wood was a dumb move.

I heard later that Judge Orr had given the 12 cords they had confiscated to the elderly people of the tribe.

According to John Sweetman, I was the “worst ferry in Felon County,” and John was proud to have me as a partner in crime. The county was made up of people who had come from a different age including the Hatfields and the McCoys who had little tolerance for government interference.

into its own. One of the main tenets of time banking is that everybody’s hour is worth the same. Now, we value the time of people with specialized education far more than some people that have gained a lot of knowledge through experience. A doctor gets paid much better than a taxi driver because we see them as taking our lives in their hands. But doesn’t a taxi driver do the same?

Let’s use times like this to reflect on how we use money and how we might create a more egalitarian society.

Comments? [terry@vashonloop.com](mailto:terry@vashonloop.com)

## Vashon Library January 2019 Events

### Children & Families

#### Brick Builders

Monday, January 14 and 28, 4pm

Ages 5 to 12.

We’re having a block party. Come join us! Build a stunning creation all your own, or collaborate with a friend and make something spectacular. All materials provided.

#### Infant & Young Toddler Story Times

Tuesday, January 15, 22 and 29,

10:30am

Ages newborn to 24 months with adult. Stories, songs and fun!

Enjoy 20-minutes as a group and then have 20-minutes of socialization and play.

#### Preschool Story Times

Tuesday, January 15, 22 and 29,

11:30am

Age 24 months to 6 years with adult. Stories, songs and fun!

#### Stories & STEM: Ice and Snow

Thursday, January 10, 4pm

Ages 5 to 12, ages 5 to 7 with adult.

Start the year with a STEM exploration of the icy north! Learn about the shape of snowflakes and how to cut a perfect six-pointed paper snowflake. Make a launcher to see how far you can fling a yarn snowball. Learn about density and go fishing for ice cubes.

#### Thursday Theater: Paddington

Thursday, January 24, 4pm

Rated PG; 1 hour and 35 minutes.

#### Tinker Tots: Ice and Snow

Monday, January 28, 1pm

Ages 2 to 5 with adult.

Come away to an icy wonderland full of fun experiments just for little hands! Melt ice and mix colors. Learn how arctic animals stay warm in the cold water. Make a launcher for yarn snowballs and more!

### Teens

#### Turn Cards Sideways

Friday, January 4 and 18, 3:30pm

Grades 6-12.

Come play Magic The Gathering and other trading card games with resident super-nerd and card game enthusiast, Cyrus Morosoff. Learn everything from the basics to honing your skills for tournament-level play! Untap and get ready to cast some spells! No cards? No problem. We have you covered.

#### Game On!

Friday, January 11 and 25, 3pm

Grades 6-12.

Come play video games at the library! Hone your gaming skills with Wii U, PS4 or Xbox one. Not a gamer? Come hang out and eat some snacks, do a craft or play a tabletop game.

#### Foam Sword Craft

Wednesday, January 23, 3:30pm

Grades 6-12.

Design, build and customize your own pool noodle PVC swords.

#### Teen Cinema: Spider-Man:

#### Homecoming

Wednesday, January 30, 3:30pm

Grades 6-12.

Rated PG-13; 133 minutes.

### Adults

#### Vashon Friends of the Library

#### Quarterly Meeting

Saturday, January 12, 10am

Join us for our quarterly meeting to see how the Vashon Friends of the Library are working to support libraries and literacy, and how you can become a member and help them do it!

#### How to Get your Government to

#### Respond to You

Saturday, January 12, 2pm

People often feel frustrated when they think local government ignores their concerns. There are reasonable and clear steps that can be taken not only to be heard, but also to get government to change their policies. It does take time and diligence, but with a well-defined strategy, improvements can be made, and more quickly than you might expect. Presenter Nick Licata, author of Becoming a Citizen Advocate and former Seattle City Council member, will go through the strategies that have worked and discuss how they can be applied in practical ways.

#### Life-Weaving

Sunday, January 13, 2pm

Presented by Suzanne Hubbard.

In this introductory workshop, learn about Life-Weaving and weave a Swedish band. As you learn how to weave the fabric you will be invited to reflect on the lessons that weaving has to teach you about how to “weave” a life that feels whole and connected: Identify your 8 personal focuses. Opportunities for sharing insights while you weave will be a part of the program. Registration required beginning January 3, 206.463.2069.

#### One-On-One Computer Help

Tuesday, January 15, 6pm

Have computer or software questions? Tech Tutor Volunteers provide basic level help to you. You may bring your own laptop, but Tech Tutors cannot provide hands-on or hardware assistance. No registration required.

#### King County Public Health Visit

Wednesday, January 16, 1pm

You can apply for: Orca Lift (Metro’s reduced fare program), food stamps and health insurance. Also, sign up for Apple Health and fix any problems you may have with qualified health plans.

#### Yoga in the Library

Saturday, January 26, 10:15am

Instruction provided by Island Yoga Center.

For tween through adults.

Yoga is a wonderful practice of self-care for a healthy body, focused mind and sense of well-being. Gentle stretches, strength building and basic meditation techniques for de-stressing and centering from the inside!

#### Tabletop Gaming

Sunday, January 27, 11am

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Unplug and enjoy gaming with others. Learn new games from our experts or play old favorites. Feel free to bring your own games to share as well.

## Local Weather

[www.vashonweather.com](http://www.vashonweather.com)

Local Rain Totals

Temperature hi/low

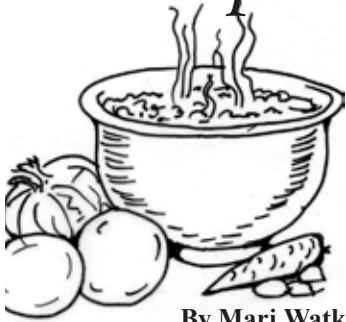
Wind Speed & Direction

Barometric Pressure

Weather forecasts



Island Epicure



By Marj Watkins

Irma Rombauer’s Original Meat Loaf and Variations

Now that our new year 2019 has begun, you maybe expecting some new, exotic recipes to appear in this column. But no. I give you some thrifty recipes from the first edition of Joy of Cooking. Mrs. Rombauer found herself suddenly widowed, financially broke, and with three children to feed. All she knew how to do was to cook, keep house, and raise kids.

A Mrs. Lang of the social upper crust brought out a recipe book of gourmet recipes in 1930. It sold 5000 copies. That gave Irma Rombauer an idea. Many more people in that year following the stock market crash of 1929 needed thrifty inexpensive recipes, and ways to serve leftovers disguised as new dishes. So she gathered up all her notes, which only listed ingredients, added directions, and wrote her cookbook. Her first editions of Joy of Cooking contained several recipes for meat loaves. The newer editions contain none.

About the time you see this column, you will probably be

getting your credit card bill. You may be asking yourself, “What was I thinking when I spent all that money in December? How are we going to eat this month? Can we get our credit card debt paid off before June?”

I give you meat loaves from the first edition of Joy of Cooking. Grandson James Hamaker gave me a facsimile of that original cookbook.

Beef Loaf #1  
Serves 4 to 6

- 1 pound lean ground beef
- 1 egg
- 2 Tablespoons chopped parsley
- 1 Tablespoon butter
- 1 Tablespoon bread crumbs
- 1 teaspoon lemon juice
- 1 teaspoon salt
- ¼ teaspoon pepper
- ½ teaspoon onion juice (or 1 Tablespoon minced onion)

Combine all ingredients. Roll into a loaf. Wrap in waxed paper. Bake at 450 degrees for 1 hour,

Basting every 5 minutes with beef stock. Make gravy with the drippings.

Variation No. 1: Grind 1 carrot in a food processor and mix with the above ingredients

Variation No. 2: Finely chop 1 green pepper and add to original ingredients,

Variation No. 3: Chop and add 4 or 5 mushrooms to original ingredients.

Each of these variations adds at least one serving to the recipe. Instead of wrapping the meat loaf in waxed paper, put it in a small casserole and top it with ketchup or tomato sauce, then bake it

Bridges not Barriers: Immigrant Crises On Our Watch

Human Rights Attorney Molly Matter tells stories from the border, covers immigrant and children’s rights and actions you can take to help.

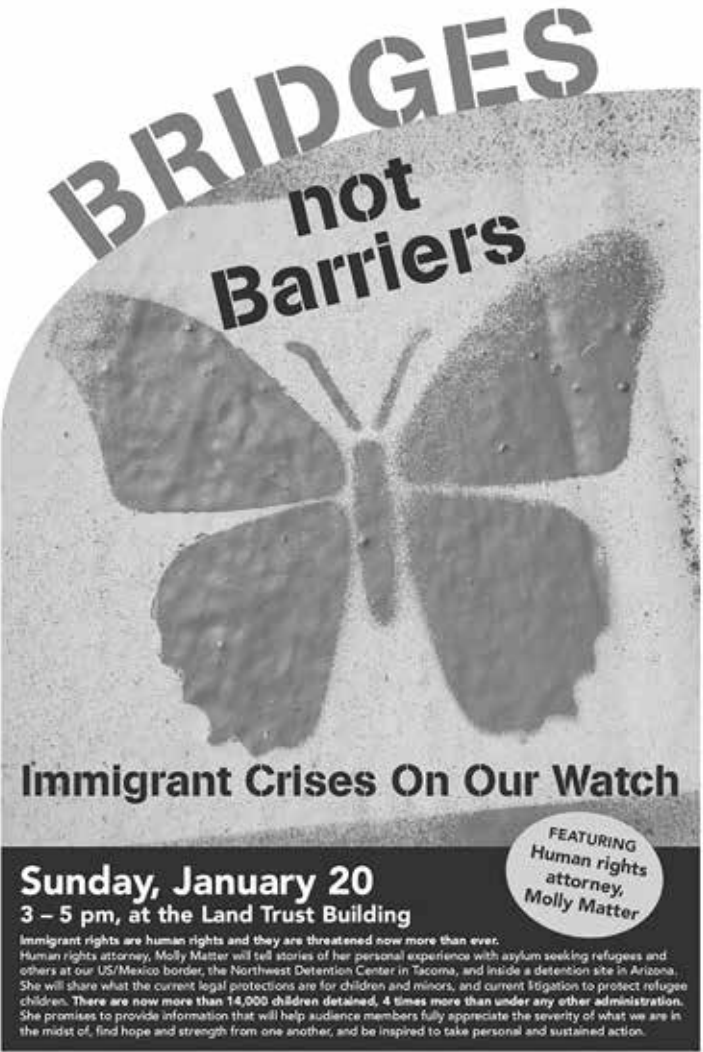
Sunday, January 20, 3PM at the Land Trust Building.

Three Groups Join Forces to Examine Immigrant Rights

On January 20, 3pm at the Land Trust Building, Vashon/ Maury SURJ (Showing Up For Racial Justice) will co-sponsor a presentation by human rights attorney, Molly Matter, with Indivisible Vashon’s Immigrant/Refugee Rights Group, and Vashon’s Resettlement Committee.

Ms. Matter will tell stories of her personal experience with asylum seeking refugees and others at our US/Mexico border as well as at the Northwest Detention Center in Tacoma. As sole proprietor of Amend Law, LLC, Molly has spent long hours investigating voting rights and children’s human rights abuse. She will share stories of what she witnessed inside a detention site in Arizona during the aftermath of the Zero Tolerance Policy, what the current legal protections are for children and minors, and current litigation to protect refugee children. There are now more than 14,000 children detained, 4 times more than under any other administration. She promises to provide information that will help audience members “fully appreciate the severity of what we are in the midst of, and also find hope and strength from one another, including the children in camps.”

To the end of fostering hope and strength, Ms. Matter and



the event co-sponsors will offer an interactive “Pledge to Act” opportunity where audience members will learn about ways, large and small, to support immigrants’ rights.

Among her many current roles in behalf of human rights, civil rights and voting rights, Molly serves as chair elect for the Civil Rights Law Section of the Washington State Bar Association. She is fond of quoting Lilla Watson, who said “If you have come here to help me, you are wasting your time.

But if you have come because your liberation is bound up with mine, then let us work together.” Immigrant rights are human rights and they are threatened now more than ever. Learn more Sunday, January 20, 3 – 5 pm, at the Land Trust Building when three Vashon activist groups co-present “Bridges not Barriers: Immigrant Crises On Our Watch.”

To interview Molly Matter, contact her at: 206-280-8724 or molly@amendlawmatter.com



Sunday morning is broadcast LIVE from Moscow. Monday afternoon is a recorded encore, captured live.

The temple dancer Nikiya and the warrior Solor fall deeply in love, igniting heated passions and murderous intrigues when the Rajah and his daughter Gamzatti discover their forbidden love. La Bayadère is one of the greatest works in classical ballet history – a story of love, death and vengeful judgment, set in India. Dazzling sets and costumes, with one of the most iconic scenes in ballet, the “Kingdom of the Shades,” illuminate the tragic tale of the temple dancer Nikiya’s doomed love for the warrior Solor, and their ultimate redemption. A must-see theatrical event.

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# St. Ophelia



Saint Ophelia brings an Alternative Folk Rock sound to the stage with their original songs that run the gamut from rocking to spacious. Singer-songwriter Joseph Panzetta and vocalist Rebekah Bevilacqua Kuzma front a stellar band that includes Dan Tyack on pedal steel and Wesley Peterson on drums. They will be joined by Chuck Keller on bass.

The uniqueness of Saint Ophelia’s sound lies within the blend of its vocals, musicianship, and eclectic original songs within a vast range of styles. This makes listening to Saint Ophelia a unique and visceral experience.

One of the band’s stand-out qualities are the harmonies of lead singers Rebekah and Joe. Rebekah’s vocal talent comes from years of classical training, singing in choirs and being a church cantor. The two sang together for the first time on the Voice of Vashon radio show, Live on the Highway, and came away knowing they had to collaborate more. From there, they say the band just happened.

As an audience member, you

hear their sound in the totality of finely tuned collaboration. They are all using their instruments in innovative and masterful ways that blends together into a harmonic presentation that is something quite different and enjoyable.

The fun is visible in their live performances. The bandmates are connected and are locked-in with each other as the songs seem to move through them more than coming from them. Michael Marcus’ jazz training is evident in his masterful bass playing, and Dan Tyack takes the songs to new heights with his leads. Tyack, a consummate innovator on the steel guitar, who has performed and recorded with artists such as Derek Trucks, Jackson Brown, Graham Nash, and Bill Frisell, said, “this is the best playing I’ve ever done. This music just explodes at you with all these ideas you haven’t heard before. This is the best music I’ve ever been involved with.”

Friday, January 25th, 8:30pm. St. Ophelia

The Red Bicycle Bistro & Sushi. All-ages ‘til 11pm, 21+ after that. Free cover!

# Roosevelt Jazz Band

The Roosevelt Jazz Band is one of five jazz ensembles at Seattle’s Roosevelt High School. Lead by Director Scott Brown, the band performs throughout the Pacific Northwest, competing in jazz festivals and raising funds for the school’s jazz program at many events, including the annual Starbucks-sponsored “Hot Java Cool Jazz” concert featuring the area’s top high school jazz bands. The band has been fortunate to have been selected as an Essentially Ellington Competition finalist in 18 of the past 20 years, earning a spot to compete with the best high school jazz bands in the nation at Jazz at Lincoln Center in New York City. Many Roosevelt graduates continue playing jazz after they graduate, attending music conservatories and pursuing careers in music and music education.

Roosevelt High School is a comprehensive, four-year, public school of over 1,900



students in Seattle, Washington. Under the leadership of principal Kristina Rodgers, a Roosevelt graduate herself, the school recently received a “gold” rating from U.S. News & World Report and is nationally renowned for its music and drama programs.

Steeped in the swing traditions of the Basie and Ellington bands, with an ever-expanding repertoire of modern big band literature and

an emphasis on developing outstanding soloists, The Roosevelt Jazz Band thrills audiences wherever they perform!

In the Katherine L White Hall, Vashon Center for the Arts. Saturday, January 12 | 7:30pm. Advance Tickets: \$5 Student, \$16 Member, \$18 Senior, \$20 General All Tickets at the Door: \$24 Get tickets online <https://tickets.vashoncenterforthearts.org>

# Casper Babypants



Caspar Babypants is the alter ego of Chris Ballew, whom many parents will recognize as the twice Grammy-nominated songwriter and lead singer of the ‘90s Seattle alt-rock group The Presidents of the United States of America. With catchy and simple sing-along music geared towards children and their adults, Caspar is a perennial favorite at VCA! He will entertain and mesmerize kids, playing old favorites and songs from his new album, Keep It Real! In the Katherine L White Hall, Vashon Center for the Arts. January 12 at 10:30am. Tickets: \$6 Youth - \$10 Adults Get tickets online <https://tickets.vashoncenterforthearts.org>

# Civil Rights and Social Justice Then and Now

Celebrating the work of Dr. Martin Luther King, Jr, we will hear presentations from Lois Watkins, civil rights activist and author; Trish Dziko, co-founder and executive director of Technology Access Foundation; Thrett Brown, Executive Director of numbers2names and Young Business Men and Women; and Just Speak, a student group using spoken word as a vehicle to examine identity and social justice. Our afternoon will be emcee’d by Daemond Arrindell, poet, performer, and teaching artist. Student art from the Harbor School and McMurray Middle School inspired by Dr. King’s work will be featured in the lobby along with food, conversation, and community following the presentation. Please join us for this inspirational event and make a commitment to furthering the work of the visionary Dr. Martin Luther King, Jr.

January 21st, 2019 | 4pm In the Katherine L White Hall and VCA Atrium. Free

Find the Loop on-line at [www.vashonloop.com](http://www.vashonloop.com).

# Have a Story or Article

Send it to: [Editor@vashonloop.com](mailto:Editor@vashonloop.com)

National Theatre Live

VASHON THEATRE

Streaming LIVE  
11:00AM  
Thursday  
January 31st

I’m Not Running

a new play by David Hare

Tickets \$20/\$18

I’m Not Running is an explosive new play by David Hare, premiering at the National Theatre and broadcast live to cinemas.

Pauline Gibson has spent her life as a doctor, the inspiring leader of a local health campaign. When she crosses

paths with her old boyfriend, a stalwart loyalist in Labour Party politics, she’s faced with an agonising decision.

What’s involved in sacrificing your private life and your piece of mind for something more than a single issue? Does she dare?

# Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday.

Visit our website [www.vipp.org](http://www.vipp.org) for Directions and to view the Cats and Dogs available for adoption.

Or give us a call 206-389-1085

Hare was recently described by The Washington Post as ‘the premiere political dramatist writing in English’. His other work includes Pravda and Skylight, broadcast by National Theatre Live in 2014.

Make a date with Vashon!  
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Vashon Library Events  
Art & Music Events  
Submit your Event on line at [www.vashoncalendar.com](http://www.vashoncalendar.com)



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The Loop's soy-based ink

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# Wild Moccasins



Wild Moccasins

Vashon Events & Tyrel Stendahl present: Wild Moccasins (Houston, TX) return to Vashon performing songs from their fantastic new album “Look Together” for what sure will be an epic all-ages dance party not soon to be forgotten! Island teen punk brother band 20 Eyes to provide support.

Fronted by Zahira Gutierrez (vocals/ keyboard) and Cody Swann (guitar/ vocals), Wild Moccasins’ forthcoming third full-length serves as a new beginning for the group. Look Together tackles themes of repairing relationships, shedding insecurities, and fresh starts, with vibrant guitar and synth lines layered under Gutierrez’s soaring pop melodies. The impassioned 12-track LP began to form merely a week after the release of 2014’s 88 92, as Gutierrez and Swann’s decade-long romantic relationship dissolved.

Healing proved to be a burdensome task, as Wild Moccasins were charted for two years of extensive touring. Gutierrez and Swann would spend countless hours positioned in a shared tour van, painfully staring each other down on stage and ultimately exchanging exaggerated he-said-she-said’s through songwriting.

“When you’re going through a breakup it’s not uncommon for heartache to steer your mind toward resentment,” Swann says. “But I never imagined how jarring it would be to hear it sung to me on stage.”

Emotionally aggressive tracks like “Doe-Eyed Dancer” examine the complexities of observing an ex from afar, as Gutierrez bitinglly sings, “And I bet you thought you wouldn’t get caught/It’s not entirely her fault/But she will never love you, no.” The combative opener, “Boyish Wave,” tackles misguided judgment through feisty guitar riffs and antagonistic percussion. Look Together’s title track details love lost and the respective vows that come with the territory, while the album closes with the deeply pain-stricken, “Waterless Cup,” in which Gutierrez laments through flawless vocals, “After all, I’m the one who poured the salt/The one with the change of heart/After all, it’s all my fault.”

Gutierrez and Swann began their writing partnership roughly a year into their romantic relationship, in 2007. The group has undergone numerous roster changes over the years, but currently exists with the addition of Avery Davis (drums) and original member Nicholas Cody (bass). The dynamic quartet’s 2009 debut release, Microscopic Metronomes, is purely indie rock-driven, bolstered by dancey guitar riffs and tightly knit vocal harmonies; while full lengths, Skin Collision Past (2011) and 88 92 saw the band add more new wave influences with shimmering synth underlays. Their latest effort is highly pop-powered, with Ben H. Allen (Gnarls Barkley, Deerhunter, Animal Collective) at

the production helm. Recorded at Atlanta’s Maze studios, Allen encouraged the group to revise their approach to the writing and recording process. The result is a diverse album that blends the signature, guitar-driven elements of Wild Moccasins’ early discography with expansive electronic and ‘80s/’90s pop components.

For most romantically intertwined bands, Look Together would have never happened. Dissolving the group would seem to be the logical conclusion of their romantic split, but instead, the former couple chose to reconcile their differences the only way they knew how – working towards a common musical goal. Songwriting has been habitually engrained in the duo, and while being emotionally vulnerable with a former partner was difficult, it helped to construct the bridge between confusion and solidarity, culminating as a resilient and volatile break-up record co-written by exes.

“I think we look back on that time and take some comfort in knowing that we went through that together,” Swann says. “It needed to happen in order for us to have this resolve.”

“Yeah, it needed to happen,” Gutierrez adds. “Now, when I sing the songs, I find myself breathing a sigh of relief.”

20 Eyes is a hardcore punk band from Vashon. It’s just two brothers. Frosty and Jake. They mix genres. Their influences range from Minor Threat to Beastie Boys. The bass and drums duo brings the highest energy show possible.

Get your tickets while they last! Here’s the link: <https://wmvashon.brownpapertickets.com/>

Friday, Feb 1st, 8:30pm  
Wild Moccasins  
20 Eyes  
The Red Bicycle Bistro & Sushi  
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\$10 cover



20 Eyes



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