



THE VASHON LOOP

Vol. 16, #13

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June 27, 2019

Win a Shopping Spree



Everybody needs groceries and that's the aim of the annual summer raffle fundraiser by Voice of Vashon. The grand prize is a shopping spree at Vashon Thriftway.

"Our test run rang up a total of over \$2,000 when we rehearsed the spree using the raffle rules of play," said VoV Executive Director Lisa Breen. "Three minutes of shopping probably doesn't seem like much but that's why we tested it out and it's really surprising how much you can get into your cart in that time."

Whoever wins the raffle will put together a three-member team to do the shopping. The rules allow the winner to bring along two spotters to race ahead and point the shopper to the best

merchandise in the store. The team of three will have three minutes to fill as many carts as they can. The team is encouraged to visit in advance to plan out their sprint through the store.

"Thanks to this generous support from Vashon Thriftway, the raffle funds will go directly to our community broadcasting mission. That includes KVSH 101.9FM, the Emergency Alert System, and our public access television station," said VoV Board President Rik Reed.

VoV will launch this year's raffle on July 1 and it will run through the end of the month, including Strawberry Festival. The winner will be drawn at

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Children Frolic at the Point Robinson Low Tide

Building sandcastles and shell gardens will be one of many activities that draw on the creativity and curiosity of youngsters at the Low Tide Celebration at Point Robinson on July 6th from 11am to 4pm. The beach itself with its myriad animals and algae will be one of two centers of children's play, the other being Anna Sander's Honeybee Playschool children's booth in the middle of the grass beneath the lighthouse tower.

Under one canopy there will be young artists sitting around a table drawing pictures of a moonsnail which will later be exhibited in the lighthouse during the First Friday of September Art Walk. And like last year, kids and adults alike will be printing on strips of cloth with linoleum block images of a sand dollar, anemone, sea star, and — new this year — a moonsnail. The drying prints pinned to lines around the canopy will look like prayer flags or small laundry items fluttering in the breeze!

Meanwhile, under the second canopy where a giant jellyfish was crafted last year by many hands tying long tentacles of ribbon and yarn to its lacy body, there will be a new group effort to collage one large fish and a school of smaller fish. The jellyfish will put in an appearance too, languidly floating nearby.

At a pop-up library tucked in among the inks and artists there will be a storytime with Vashon Library's Amelia Escovedo reading books about critters of the shore and sea, and offering books for checkout that can carry children off into more summer adventures under



Two artists busily drawing. These artistic sketches and prints will be exhibited in the lighthouse for the First Friday Art Tour in September. Photo by Anna Sander

the waves.

Again this year there will be citizen science and play activities at a number of booths to entertain children, whole families, and adults. Participation in one or more of these will qualify a person to receive free prizes at the Welcome booth, and to enter a raffle for a chance at winning free decks of plankton cards. The drawing will be at 3pm, after which the winners' names will be posted at the Welcome booth. Free prizes include bookmarks, pencils, and tattoos of a red rock crab, purple sea star, red octopus, or olive-green grainyhand hermit crab in a dogwinkle shell.

The Road to Resilience

The Land Belongs to Everybody

There has been a bit of a revolution recently in the possible expansion of human rights, at least in this country. The assertion that "healthcare is a human right" that first emerged in Bernie Sanders' campaign in 2016 seems to have taken hold, as most of the Democrats now running for president have embraced it. In the same way, "education is a human right" seems to be pushing us toward extension of free public education to both pre-K and post secondary. Now, in a time when affordable housing has become a national crisis, we are contemplating acceptance that housing is a human right also. While the first two above involve mainly an extension of services and materials, providing adequate and affordable housing is another matter entirely: our financial institutions and western culture are deeply implicated in our problems with land and housing and will require extensive structural economic and political changes.

If you don't believe this is serious, there is this from the Wall Street Journal (6/20/19):

"High tech flippers are using

By Terry Sullivan,

algorithms to reshape the housing market. Armed with loads of cash and the latest in machine learning, investors are reshaping the 26 trillion dollar market for residential housing." And in WSJ (6/21/19): "Big private-equity firms, real estate speculators, and others had a big advantage over families seeking a home to live in." And in the New York Times (6/20/19): "Investors bought one out of five starter homes that were sold last year...close to half of the most affordable."

I recently read an article from Great Britain, "Land for the Many: Changing the Way our Main Asset is Used, Owned, and Governed," by George Monbiot and a group of six experts which lays out a plan for democratizing access and use of land. Although writing about Great Britain, the problems of using land as a speculative asset are exactly the same in the US and the rest of the world.

"Dig deep enough into many of the problems this country faces, and you will soon hit land," writes Monbiot. "Soaring inequality and exclusion; the massive cost of renting or buying a decent home; repeated financial crises sparked by housing asset bubbles; the collapse of wildlife and ecosystems; the lack of public

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Wildfire Danger Raised to the Red Zone

In a few days, the annual community fireworks show will blast off at Quartermaster Harbor. The rite of summer on 4th of July draws huge crowds to Burton and residents around the Harbor eagerly await the display in a picnic type atmosphere as night falls.

At the same time, Vashon Island Fire and Rescue has raised the fire danger level to high, a sign of summer's arrival and a reminder of the danger that a stray firework could get a blaze going. Even a moderate wind could send it raging out of control in one of the many Vashon neighborhoods where houses nestle in the trees.

The combination of these two circumstances means Islanders need to be extra careful and vigilant for the next several weeks.

"Vashon is in a risky position because we are so small. We have few fire engines and firefighters. It will be very challenging for us to knock down a fire early," according to Fire Chief Charlie Krimmert. "If a wildfire gets away, mainland reinforcements are at least an hour away. In that time we could lose a dozen houses or more if a fire really got going."

"It's especially important for people to be careful now because so many people are setting off fireworks, many of them illegal and quite dangerous," said



The arrows on the VIFR fire danger signs have been moved into the red zone for high fire danger.

VashonBePrepared President Vicky de Monterey Richoux. "Fireworks are only allowed from 9:00am to midnight on the 4th but we all know that lots of people begin shooting off fireworks a week or more ahead of time." She also pointed out that all aerial fireworks are illegal in our state. "Anything

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Windermere

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WRE Vashon-Maury Island, LLC

www.windermerevashon.com

17429 Vashon Hwy SW

206-463-9148



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One More Mile - Friday, 7/5, 7:30pm

Happy Hour

Weekdays 2pm-6pm Weekends 11:30am-6pm
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\$3 Well Drinks - \$3 House Wine

Ladies Night Thursday
6pm to close

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50% off All Draft & Bottle Beer

17618 Vashon Hwy SW
206.463.5959

Restaurant Hours: Mon - Wed, Fri & Sat 11:30am-9pm.
Sunday & Thursday 11:30am-8pm,
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Friday & Saturday 11:30am-12am

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www.vashontheatre.com

The Vashon Loop

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It's a great time to get back in the Loop.

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Next Loop comes out July 11

Make a date with Vashon!
www.VashonCalendar.com

Vashon Library Events
Art & Music Events
Submit your Event on line at
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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Master Gardener

Bring your gardening questions, plant samples and/or plant photos for identification to the Vashon Master Gardeners in front of Vashon Ace Hardware and receive free, science-based advice every Saturday 9:30am-2:30pm from April 27-September 21, and first Fridays 9:30am-2:30pm June-September. Contact Vashon Master Gardeners WSU Extension at mgvashon@gmail.com for more information.

Alzheimer's Association Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer's Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month from 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Highway SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

Picnics in the Park

**Make summer healthy & fun!
FREE Lunch!**

- ★ For kids & teens
- ★ Monday - Friday
- ★ At noon
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- ★ Activities for all ages

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To volunteer and for info call 463-6332 or visit VashonFoodBank.org

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★ Emergency Food Bags

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★ Volunteer!

- Picnics in the Park
- Food Bank Shopping
- Food Bank Garden & More!

For information on Food Bank programs call 206-463-6332 or visit VashonFoodBank.org

Community Sound Bath

Vashon's Threshold Choir will share its soothing bedside songs with the Vashon community. All are welcome to relax in a zero-gravity chair, and listen to the group's soothing, calming a cappella harmonies.

Come on Friday, June 28 at 6:45 to 7:30 PM at Vashon Cohousing Common House, 10421 Bank Road.

Join The Senior Center



Join the Senior Center and enjoy fun and educational off-Island trips like this one pictured above. Center members recently went to Snoqualmie Falls and visited the History Museum to learn about how hydroelectricity is generated at the site. Upcoming trips include: the Chrystal Mountain Gondola, a Boat Tour of Vashon, BARN Artisan Resource Center on Bainbridge Island, "Mamma Mia" at Kitsap Forest Theater, and an Argosy Boat Tour through the Ballard Locks. Transportation is provided aboard our accessible van. You can pick-up a membership form at the Senior Center or call 206.463.5173 for more information. Join the Senior Center -- you will be glad you did!

Fireworks Safety

It's that time of year again! If you are going to be celebrating Independence Day with fireworks, here are some tips that will help you prepare to do it safely.

Select an area that is free from flammable materials such as trees and plants. Even if the area is clear of dry materials, it's a really good idea to water the ground a couple hours before lighting products off. Talk to your dealer so that you know how high and wide products will go.

If you like doing fireworks, the best thing you can do to keep them legal is to be conscientious when you use them. Talk to your neighbors before you use the products and work with them if there are any sensitivities. Being polite and kind goes a long way to make a better community. For those with pets, free canine relaxation treats are available at Vashon Fireworks Co and Fair Isle Animal Clinic.

Please remember that fireworks discharge is only legal on the 4th of July and New Years on Vashon. Only state legal fireworks are approved for use on Vashon or to take over on the ferries. Examples of illegal products include bottle rockets, M80's and firecrackers.

If we really do like having fireworks, we need to be responsible with them. Irresponsible use results in injuries, property damage and often local bans on fireworks.

From all of us here at Vashon Fireworks Co, we hope that you have a safe and joyful 4th of July!

Gabriel Felix, Vashon Fireworks Company

Fireworks Ban

A ban on fireworks was bound to happen eventually. To be honest, I'm surprised it hasn't happened sooner. It was just a matter of time before those who remembered what it was like before fireworks were legalized passed on and the lessons learned from that time were forgotten.

Back when fireworks were illegal, injuries and fires due to fireworks were completely out of control. Instead of having a safe and legal source of fireworks, people went over to Tacoma and purchased all kinds of dangerous products from unlicensed stands. The results were terrible. Each year would see many injuries due to illegal use of dangerous products, and parts of the island would burn like clockwork annually.

When fireworks were legalized, the number of severe injuries due to fireworks dropped dramatically. The number of fires due to fireworks on Vashon also dropped, often to zero in previous years especially when there were cooperative safety programs in place.

Statistically, even on a really bad year, fireworks create a tiny fraction of the fires and injuries on Vashon. We are a very safe and responsible community, and for many years we had a run of no fireworks related incidents at all. When there were incidents, they are almost always caused by illegal use or illegal products. Activities like using a barbeque or gas powered tool is statistically much more dangerous.

Want to see more injuries and fires? Ban legal fireworks and watch chaos erupt as people switch to illegal products. In an ideal world a ban on fireworks would keep people from using them, but history has told us this is not what happens in reality. Like the failure of prohibition, making fireworks illegal makes the problems worse. Banning legal fireworks endangers our community.

As a community oriented stand, we have always done our best to be part of the solution. We only carry very high quality products, and help educate people to use them safely. We run safety classes and provide all those Canine relaxation treats at no cost to the community to help the critters. We choose not to sell some classes of legal products (even though there is high demand) because we feel they are not safe enough. We scour the world to find quiet fireworks that don't disturb the neighbors. I don't believe this sort of community oriented stand can be found anywhere else.

Perhaps more can be done to be a good neighbor and a responsible corporate citizen. Vashon Fireworks is here and we want to hear your constructive suggestions on how we can do better.

Gabriel Felix
Founder, Vashon Fireworks Co

Fireworks ban on Vashon

I'm shocked and dismayed and how much effort VIFR is putting into banning fireworks and running a long time local business off the island. What a waste of public taxpayer dollars.

Under the guise of safety there is yet another ineffective initiative by VIFR. Anyone still around and remember when fireworks were illegal? It was a melee of fires and injuries caused by all flavors of illegal products. People brought over illegal fireworks by the truckloads from the reservations in Tacoma and had quite a blast (in the worst way possible).

Before the new commissioner showed up, VIFR had a partnership with the local stand to promote fireworks safety. They would show up with a fire truck, get the kids all excited and provide tips on how to use stuff safely. It was also good to warm kids up to firefighters. Soon as the new lead commissioner showed up he cancelled all of that. Back when the program was running the 4th of July went off without a hitch.

So I see that VIFR's budget has gone from 0 in personnel expenses (all volunteer) to well over a million this year. Just wait till the pensions become due and handcuff us with lousy over budget service forever. Meanwhile service levels have gone so low that everyone has to pay extra high insurance rates now.

New leadership is needed. VIFR needs to stop doing ineffective and glamourous initiatives and actually do stuff that improves safety and the lives of islanders. I think people are going to see right through this one.

Sincerely, Sydney Timoleon, Long Time Islander

**Next Edition of
The Loop Comes
out Thursday
July 11**

Deadline for the next edition of *The Loop*
Saturday, July 6

Get In The Loop
Send in your
Art, Event,
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information or
Article and get
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Send To:
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Humdurgan There is More to it Than That



By Sean Malone and John Sweetman

For years, John has been after me to clean up my fifty by ten foot deck, clear the cracks and stop the rotting. The little flock of birds don't clean up after themselves and their spent sunflower shells clog up the spaces between the cedar boards. I tried borrowing John's pressure washer one year and turned the power up too high and left water grooves all over the deck. John's management technique was simple, every time he came over here; he would take out his pocket knife and clean out a section of decking and then use the garden hose to wash it off.

His hint was taken; I found the machete to be the proper tool for cracks in a fifty-foot deck. It took a week to complete the task because I get "dizzy" bending over, probably a medication imbalance. If you like wood, you should use a 50/50 mixture of turpentine and boiled linseed oil. The wood likes it and will beg for more. I learned that trick from a cabinet-maker friend who tried to pass counterfeit money in a Spokane tavern and served time. Paint thinner can be used in lieu of turpentine as it is much cheaper.

Now my deck is half-oiled, waiting for me to drop the computer and return to work.

Dad was a painting contractor and was in a partnership with a good Mormon who hired his own crew, mostly relatives. I say "good Mormon" because Le Nay called himself a "jack Mormon," because he did not go to Church. The painters all drank except for Sonny, the shell shocked marine from WWII whose hands shook like the devil; but when he was cutting sash, the line was clean and straight. They say that it was from being in contact with lacquer spray that drove the painters to drink. I know this for a fact, having been spraying lacquer on school desks where they told us to be sure and open up all the windows. We wore double respirators to protect us from the fumes. I didn't last long as a painter, because I took a "dare" and closed all the windows and took off the respirator. Within minutes, the room was filled with lacquer fog and giggling. Somebody pulled the fire hose off the wall and turned it on an unsuspecting painter. It was hours before I was sober enough to drive back to Vashon, never to spray lacquer again.

John recalls building model airplanes out of balsa and getting so dizzy from the glue fumes that he fell out of his little chair, or painting a car in a closed garage and walking out in a dazed unsteady way.

Years down the road, I was in Scotland with Dick Gilbert at the Seagram's distillery in Keith, Banff shire; to shoot an industrial insert for their "100 Pipers" scotch commercial. Dick and I convinced Perry Luntz, the New York ad agency rep on doing a documentary of the people who work in the distillery and the influence of the Scottish highlands on scotch whiskey. I called the producer in Seattle to work out a \$50,000 budget in lieu of the \$3,000 insert

we were hired to shoot and we stayed in Samuel Bronfman's castle in Keith for six weeks, filming.

Every night at the end of the shift, the men running the stills, lined up in front of a glass case where the clear alcohol could be seen coming down a pipe and splashing up-against a copper flap causing the liquor to splatter at the bottom of the case. Each man was awarded a tumbler of raw liquor, almost a pint; while the suppliers and contractors from town were drinking 20 year old scotch from a small keg in the corner closet of the distillery manager's office, one floor up.

I made arrangements with Jimmy, the customs man, to shoot in the warehouse while the men rolled the 55 gallon casks about and that is where I learned of the "dog." Jimmy picked a 12-inch tube with a lead bottom off the top of a cask. The tube had a string attached to a hole in the side and the "dog" held about a cup, just enough for a "snootful." The "dog" was hung down the workers pant leg and tied to his belt. 30 % of the barreled scotch evaporated over 20 years. Jimmy asked if I would like to try the "dog." I said yes and headed for a barrel dated 1906. The whiskey had gone "woody" and was bad. The warehouse having been used for storage of estates that had been tied up for 50 or 100 years. The stone plaque on the front of the distillery said 1609. Jimmy found me a nice 18 year old and we shot the afternoon away, moving whiskey barrels or just watch the coopers as they pounded the rings down that held the many sides of a barrel together.

Peter Simms was the mash man and had been passed over for promotion more than once. He took us out to his Father's "wee crofty" where they were busy cutting hay. The tractor was a ford, but the cutter was the old horse drawn kind that required a rider to lift and drop the cutter bar. Peter's father was riding the cutter when he yelled for his other son to stop the tractor. As I filmed him, Mr. Simms got down off the seat, knelt in the hay, and lifted up a piece of the broken cutter bar. He turned toward the camera and shook the broken blade at the camera and said, "That's what you get in this fuckin business."

The manager was Irish and I had to fly back to Scotland to re-record voice-overs, because he had a brogue and the ad agency complained because they couldn't understand his English. I stayed in town as we weren't going to record until the following day. In the hotel, there was a brass slot in the fireplace heater and as long as you fed it shillings, you stayed warm.

They decided to heat a part of the castle to record the manager in and in order to justify their having flown me back and forth. I set a six-pack of Guinness between us, but when I offered the manager one, it was turned down. "I'd never drink anything I couldn't see through," he said.

Sean@vashonloop.com

Wildfire Danger Raised to the Red Zone

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that goes up, blows up, or has a stick or fins is illegal, particularly sky lanterns."

Last fire season, VIFR responded to 13 brush fires, two beauty bark fires and 25 illegal burn fires, all of these with the potential to spread out of control. This year, an unusually dry spring means an even earlier start to the fire season and that's why the fire warning signs went to high danger settings on June 12th.

Concerned members of the Gold Beach NERO's association and the Friends of Maury Parks will be operating fire watch patrols on the 4th in an effort to detect any fires early before they can get out of hand.

If you see a fire, report it immediately to 911. Do not assume someone else reported the fire. Tell the 911 operator you are on Vashon Island and describe the exact location of the fire. Cell phones and internet phone providers do not provide accurate location information to the 911 operator.

Prevention and early detection is the best way to avoid wildfires. That's why VIFR and VashonBePrepared have produced a Firewise informational handout which is reprinted below.

Fireworks Safety

- Have a garden hose and bucket of water ready, even for so-called safe and sane fireworks such as sparklers, smokeballs, fountains and pinwheels. Sparklers burn at 2,000 degrees Fahrenheit!

- Prevent burns by never carrying fireworks in pockets. Never throw a firework at a person or animal.

- If a firework fizzles, never try to relight it. Wait at least five minutes before getting near a dud. Then put it in your bucket of water.

- Set off your fireworks in open safe areas -- away from buildings, trees and dry fields.

- Secure pets in the house so they cannot run away when frightened by loud noises. Secure horses and other livestock in corrals or barns.

- Use fireworks legally. King County permits private fireworks on 4th of July only from 9:00am to midnight. Not the week before or after.

- Bottle Rockets, Aerial Rockets and Firecrackers are illegal in Washington. If it flies and has a stick it's not legal. Sky lanterns have also been made illegal in our state.

- Save money (and maybe your house!). Watch the community fireworks at Quartermaster Harbor.

Wildfire Prevention

- Move flammable objects at least 30 feet from your home. Woodpiles, lawn furniture, wood mulch and construction material can easily catch fire and spread to the building.

- Clean your roof, gutters and decks of leaves and other flammables. Windblown embers spread fires, so remove anything that might provide tinder and ignite.

- Screen vents, eaves and under decks from embers by covering the openings with 1/8" wire mesh.

- Clear dead vegetation at least five feet from your home. Embers could turn into spot fires which could spread to your house.

- Prune nearby limbs at least six to ten feet above ground to prevent ground fire from laddering up trees and spreading crown to crown.

- Watch the fire danger signs around the Island and be extra alert when the pointer moves into the red high danger zone. Call 911 to report fires.

- Have a plan to reunify your family and pets if separated during an emergency evacuation.

- If a fire breaks out, go to Voice of Vashon 1650AM and facebook.com/VoiceOfVashon for bulletins on sheltering in place, seeking a safe haven or evacuating.



Protect Your Home, Kids, Pets and Neighbors

Wildfire Facts

Q: Why worry about wildfire? We live on the west side of the Cascades, where major fires are rare.

A: Our special wildfire risk on Vashon is our limited firefighting resources, even for a small incident. Even a small wildfire could be devastating because we have few firefighters, even fewer fire trucks and limited accessible firefighting water. Off-island reinforcements are at least an hour away. An hour is all it takes to destroy a home - or even a dozen homes. And more than 30 of our neighborhoods have a single road in or out, a major challenge in an evacuation.

Q: Could the town-destroying fire devastation of Paradise and Santa Rosa California happen here?

A: Yes, but it is unlikely. The fire weather situation on Vashon is very different from California or the east side of Washington State. We don't often have the hot dry east (Diablo or Santa Ana type) winds that blow 60 miles per hour, suck humidity out of brush and trees, and spread fire with explosive force. The island usually has overnight cooling weather and ocean humidity.

Q: Is there an island evacuation plan?

A: It would be impossible to evacuate the whole island quickly. Instead, we are working on neighborhood evacuation plans. Many Vashon residents live in areas with only a single access road and we need to plan to get them to safety. We may need to advise moving to a fire haven such as a wide beach or parking area.

Q: Did the Governor declare a drought emergency in 2019?

A: Yes, but Vashon and the metropolitan Seattle area are not in the drought-designated areas. A drought designation is about availability of water for crops and other human uses. This year's below average snowpack in the mountains means there will be less water availability in the designated drought areas until next winter.

Q: Is this year drier than normal in the Puget Sound area?

A: Yes, it is a bit drier this year and we are moving into fire season since we normally get little rain in summer. For wildfire danger, Vashon and most of Puget Sound, usually get humid air and cooler temperatures in the evening and overnight. That helps reduce chances for the major dry and windblown wildfires seen in other areas.

Q: Where do I go to learn more?

A: Check these links for additional info.

Checklists and more: VashonBePrepared.org/VashonFirewise

Emergency bulletins: VoiceOfVashon.org/streaming and 1650AM

Preparing your home: NFPA.org/Public-Education/By-topic/Wildfire

Being ready for an evacuation: ReadyForWildfire.org/Go-Evacuation-Guide/

What to do if trapped: ReadyForWildfire.org/What-To-Do-If-Trapped/

VashonBePrepared
Neighbors Helping Neighbors

Find the Loop on-line at
www.vashonloop.com

Island Life Life at the End of the World

By Peter Ray
pgray@vashonloop.com

*And in the death
As the last few corpses lay rotting on the
slimy thoroughfare
The shutters lifted an inch in temperance
building, high on Poacher's Hill
And red mutant eyes gazed down on
Hunger City
No more big wheels....*

Excerpt from
Future Legend by David Bowie

Some of you may know- I have fairly recently started a loosely structured photo series on the Facebooks and the Instagrams that bears the same title as this piece. It started to take shape when, a few weeks back, I made a photograph with my camera that has been converted to shoot infrared pictures- the variety that are made from that part of the light spectrum, not from heat. The scene that was captured, if it had been shot as a Kodak moment might have dictated, was of your basic American home-escape: a white picket fence, a small home with a ladder leaning against its wall waiting for its owner to come back and finish the task at hand, a large fir tree and dramatic clouds. If this had been shot on Kodachrome in saturated colors, or even with Tri-X or Plus-X and rendered in traditional black and white, it would have been a common and even sort of boring view.

I have found that I have a mixed record with preconceived photographs, with the final result of a planned picture not always living up to the vision I had envisioned. This kind of changed a while back when I was working on the various night series I've done recently with time exposures and available light. In doing my daytime traveling about the Island at that time, I would make mental notes of various scenes that seemed to have potential for nighttime time exposures. I would then go back after dark and see if they lived up to what I had seen in them in the light of day. When I began having more successes than failures, I started to rethink my wariness of preconception and to have some faith that I could do something with a camera beyond just happen on a scene and capture its uniqueness of that moment. This picture that is part one of this end of world series is another vindication of preconception- I had been passing by this spot on my driveway for weeks and had seen its potential. Then one day I was walking uptown and happened to have the right camera and lens in my bag and I was not in a hurry. I took the time, stepped off the road, pointed the camera where I felt was best and pressed the shutter release. The rest may not be history, but it was the photograph that I wanted from that place and time.

There is of course the whole end of the world thing, which I have been thinking a lot about lately- how can you not? There is the baby doofus clown car driver that is somehow still the president of these not so united states. There are the daily reports of his deconstruction of various safeguards to health, environment and basic human welfare that had been put in place by people with good intentions and practical concerns for human welfare and the world. That all seems to be of no concern anymore. There is the whole thing with words, that being that they, the words, seem to have no meaning anymore. There is the legislative body that is supposed to be watching over the actions of the doofus, and which is now totally hamstrung because a statistically significant number of these so-called legislators seem to be okay with going along for the ride with the clown at the wheel, and because words have no meaning anymore, the watchers and observers from the printing presses and the picture tubes (well, the flat screen things anyway) seem to be powerless to



fashion meaningless words into meaningful statements. I think that if we were even way back in the primordial stew as single-celled entities, we might have more effect on day to day occurrences than we do now. That is in part why I am thinking about the end of the world.

It would not really be the end of the world as such, regardless of which button or lever or switch baby doofus clown car driver may push or pull as the ineffective legislators stand by and watch. It would be the end of humankind in the worst of all scenarios, which may in the end not be a bad thing. It could also be the great planetary extinction of plant and animal species as well, but we are constantly being reminded of the resilience of cockroaches- the same could be said of morning glory, horsetails and kudzu or English ivy. I am reminded of the Voyager spacecraft bearing all kinds of samplings from humans' worldly creations and heading out into the great unknown. I would like to think that what is on board there might be at least some small contribution of achievement to the collective cosmos. But then, what if all that is on board there is completely unintelligible to whom- or whatever might find it. What if it gets totaled by a comet or one of those asteroids that news services say are about to just miss us or already did just miss us three days ago?

And what about the grand mystery of space travel? Whatever happened to the promise of exploring strange new worlds and going where no man (and then no one when we became more gender aware) has gone before. What about the promise of racially and ethnically diverse crews, with these crews heading way out there as ambassadors to the human race. What if we extrapolated that concept out to a version where the clown car doofus was the point person for the human race out there amongst the stars? Why should that be any different, or more or less concerning, than what he is currently doing here in his present form and lack of function?

Back on earth, and thinking along these lines, I was standing in line at our local food and drink community center, paying for dog treats and talking with the next person in line about the political slogan hat she had sewn for me. Out of the blue, or so it seemed, the conversation turned to a question aimed my way as to whether or not I had been watching the series titled 'Designated Survivor'. When I answered in the negative, the next person in line chimed in as well, and affirmed that this show was indeed worth spending time with in front of a flat screen TeeVee. And so I google- searched for box sets of discs for both seasons one and two, and when they arrived I sat down to watch. My takeaways so far after passing through season one are numerous. First of all, if you

don't know what this series is about, it is not a spoiler to say that it involves wiping out almost the entirety of all three branches of U.S. government in one fell swoop during a capitol explosion while the president is giving his State of the Union speech. If one had been paying attention during the last time the clown car doofus made his state of the Union speech in "real" life, which happened shortly after that same doofus had shut down the U.S. government for over a month because he wasn't getting his way, one might have heard that the secretary of energy, Rick Perry, had been named the designated survivor for that speech. He was locked away in an undisclosed location during that speech in case someone decided blow up or otherwise wipe out the capitol building and everyone in it- the designated survivor is supposed to take over the reins of government should the worst case scenario occur during the speech.

At the time, some questioned the

pick of a cabinet member who, prior to being named energy secretary, had actively campaigned for the abolition of that department, and Perry was known for actually forgetting the name of that department during a candidates debate in his unsuccessful run for the presidency. This obviously left some people concerned as to what we would then be stuck with if Perry were suddenly thrust into the presidency if something should go horribly wrong during the State of the Union 2019. The same general worries and concerns surround the TeeVee version of the new designated survivor Tom Kirkman, played by Kiefer Sutherland as former housing secretary and newly sworn in president, as he is perceived as one of the least qualified potential presidential successors- the bombing was thorough and he was indeed the only one left to take the office.

Much has been made of the potential for true disaster if our current so-called president were to be confronted with any number of crises that could come down the presidential pike. Most recently we have seen the so-called president poke the proverbial bees' nest of Iranian troubles and then waffle and dodge an effort at resolving them. While it is with the benefit of screenwriters and plot twists in 'Designated Survivor' that Sutherland navigates the presidential office perils with reason and smarts and the advice of those around him, we are nevertheless reminded here of how a President of the United States should carry himself (or herself) through any challenge to the country and the highest office in this land. In many ways this show often feels like one of the original Star Treks, where in spite of everything pointing to the demise of the Enterprise and her crew, somehow Captain Kirk, like President Kirkman, or anyone in their close circle of crew and staff always comes through to save the day in the end. I know it is a fiction, but it is also a salve to the reality show we are being forced to watch in real time. It also makes life at the end of the world seem a little less likely in our time, but I will still keep making these photos as a reminder.

Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday.

Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption.

Or give us a call 206-389-1085

Win a Shopping Spree

Continued from Page 1

the Jean Bosch Broadcast Studio on First Friday, August. 2nd.

The grand prize is the shopping spree and there are five second prizes of \$50 Thriftway gift cards. Tickets are \$20 each and if you buy four tickets you get a fifth one free.

Since 2014, when Voice of Vashon got its FCC community radio license for KVSH 101.9FM, programming on the radio and TV stations has increased exponentially. Music and entertainment shows have blossomed. News and information shows have proliferated; VoV public service announcements and Morning Scramble interviews showcase the dozens of Island non-profits and their activities. Professional volunteer journalists host topical talk shows and short Island Xtras throughout the broadcast day. VoV TV records and broadcasts Town Hall meetings, government leader visits and community forums on major issues, making them available on demand at VoiceOfVashon.

org. VoV's Emergency Alert Service on 1650AM, has been a critical community resource since 2009.

"We describe Voice of Vashon as your island connection," Reed said. "All these channels and all these programs make it so."

Volunteers, over 50 of them, produce the on-air material. A small band of volunteers work hard to keep the programming on the air. That includes the equipment in two studios, the cables and microwaves that connect the studios to the FM and AM transmitters and antennas, plus the video electronics. They build and maintain all the technology that delivers the programming to you, the audience. Voice of Vashon keeps all this going for about \$100,000 a year, a small fraction of the multi-million-dollar budgets mainland stations spend.

Details about Voice of Vashon's shopping spree raffle may be found at VoiceOfVashon.org/Spree.

Fireworks Safety Classes

Open to all Ages and Experience Levels

July 4 - 10:00 am

In the Sound Food restaurant
Participants will receive a gift certificate
while supplies last



The 14th Annual

VASHON-MAURY ISLAND LOWTIDE CELEBRATION

Saturday July 6, 2019 * 11am to 4pm

Low tide is -2.1 @ 2:20 p.m.

A FREE family event at beautiful Point Robinson Park,
celebrating Maury Island Aquatic Reserve

#LTC #lowtidecelebration



Complimentary shuttle bus along Pt. Robinson Rd to the lower parking lot

- Beach walks with Vashon Beach Naturalists
- Tours of the historic Pt. Robinson lighthouse
- Flora, fauna & information displays
- Children's booth & activities
- Food & beverage from Orca Eats & My Little Dahlia Mobile Bar
- Paddleboards & aquaviewers

For more information please contact:
Rayna Holtz at 206.463.3153 - raynaholtz@aol.com
Erin Durrett at 206.463.0303 - ea.durrett@gmail.com



The Documentary "Ancestral Waters"

is coming to Vashon Theatre Soon!

A very important struggle is happening in our state close to our home here on Vashon Island. An opportunity to see into the heart of this struggle is coming to Vashon Theatre with a screening of the film "Ancestral Waters". This film depicts the story of the ongoing resistance by the Puyallup Tribe to the 8 million gallon liquefied natural gas (LNG) plant that Puget Sound Energy is constructing without permits in the Port of Tacoma. PSE is building this plant on the Puyallup River estuary in violation of the 1854 Medicine Creek Treaty. It has been the object of fierce and dedicated opposition by the Puyallup Tribe and other local groups. Recent victories have been scored after years of hard work and with the election of a fully Democratic state government. In May, Attorney General Bob Ferguson announced a new Tribal Consent and Consultation Policy requiring the Attorney General's Office to obtain free, prior and informed consent before initiating a program or project that directly and tangibly affects tribes, tribal rights, tribal lands and sacred sites. Also in May, Governor (and presidential candidate) Inslee signed SB 5145 into law. This bill bans hydraulic fracturing (fracking) in the state. Notably, Governor Inslee also stated, "I cannot in good conscience support continued construction of a liquefied natural gas plant in Tacoma or a methanol production facility in Kalama."

The PSE LNG plant would include fracked gas from out of state if completed. LNG is not natural once out of the ground; it releases methane, which is up to 87 times more potent a greenhouse gas than carbon dioxide. Scientists estimate that it would only take a 3% leak of fracked methane to make its overall effects worse than coal. This is within the usual estimations of methane leakage from start to finish along the supply chain, and new research in British Columbia has found that there has been rampant underreporting of methane leakage, so fracked gas may actually be much worse as a greenhouse gas than coal.

PSE has been promoting LNG as a "bridge fuel" between other fossil fuels and renewables. The Intergovernmental Panel on Climate Change of the UN has predicted there is little more than a decade left to prevent the worst case scenario of climate disruption. Protecting the planet and its ecosystems demands a rapid transition straight to sustainable and renewable energy grids. PSE is a private

utility owned by a consortium of for profit Canadian investment funds. The current PSE CEO, Kimberly Harris, also heads the board of the American Gas Association, a grade group representing LNG suppliers. The project has received millions of dollars in tax breaks and a huge public subsidy passing over 40% of the project's capital costs to PSE ratepayers while only about 2% of the LNG is planned for customer use. Approximately 60% of the energy PSE provides is fossil fuel based.

The plant also poses more direct public health risks. The plant is being built near a fault line in a dense urban area. The gas is compressed at -260F to remain liquefied and is highly flammable. If exposed to air and vaporized, the estimated blast zone has a three mile radius encompassing much of Tacoma and the southern tip of Vashon. LNG plant explosions have occurred in the past, with one example in Plymouth, WA injuring five people in 2014. The plant would also emit toxins/carcinogens such as xylene, toluene and benzene 24 hours a day.

"Ancestral Waters" is produced by Darren and Benita Moore of the grassroots Native news site Native Daily Network. It is a powerful chronicle of three years of resistance, including civil disobedience and relentless dedication to the spirit of justice, human rights and the protection of the natural world. We cannot have environmental justice without social justice. We must honor treaty rights as integral to the integrity of democracy. All important humanitarian legislation in our history has been the result of social movements and public opinion demanding justice. Emancipation, women's suffrage, the labor struggles of the 1930s, the civil rights movement and the anti Vietnam War resistance are other powerful examples. We are now in the midst of an unprecedented and global struggle for our rights to survive on a liveable planet with healthy biodiversity. Now is the time to keep the pressure high and stop this unnecessary and destructive plant. This documentary exemplifies the adage, "Think globally, act locally". The Puyallup Tribe's struggle can inspire all of us to persevere and join them to win this battle.

The film will be shown on July 9th at 6pm. As a very special treat, the film's producers and several Puyallup Tribal activists will be attending the screening and doing a Q and A immediately following the film.

8 Flavors 31+ Toppings



Looking for a kid-friendly place to relax, enjoy some treats, and check out some art? Bring the family over to **Kenny's Brain Freeze!**

Try our new soft serve Ice Cream.
Frozen Yogurts, dairy and non dairy & Sobert.
Choose your favorite and pile on the toppings!

Open Monday to Thursday	Friday/Saturday	Sunday
11am to 7pm	11am to 8pm	11am to 6pm
17320 Vashon Hwy SW (Located across from Pandoras Box)		

Murphy and Franky Need A Home

We are two young, lovable kitties who need a new home due to family allergies. Murphy is a female torti, and Franky is an all-black male. Because we were adopted together as kittens and are each other's best friends, we want to stay together.

What's special about us? For starters, we understand the command "sit" and will wait for



Franky



Murphy

permission before we eat. We answer to our names, too. To see more of "The Murphy and Franky Show," check out our YouTube video. Go to www.vipp.org, scroll down to "Adopt a Cat Saturdays," click on "Learn More" and read through our stories for the link. You'll be glad you did!

Go To www.vipp.org

To view adoptable Cats and Dogs



Planet Waves

by Eric Francis <http://www.PlanetWaves.net>



Aries (March 20-April 19)

Acknowledge what the men in your life have been through: your father and grandfathers, your partners, your sons. There is a level of struggle men carry that I observe is not fully acknowledged, and which is often ridiculed. The injury to men is really an injury to the male side of the psyche for all of us. This counts for individuals and for society. I propose it's time to take this seriously. I propose it's time to bristle at the mention of "the patriarchy" and all its ills, and consider how we feel about, and think about, and treat, the men in our lives. This may be difficult in our age of nonstop propaganda, but with a little awareness raising, you can do it. Notice in yourself any craving for the attention of men, and how you relate to that feeling — and how you relate to men in its context. It's the male aspect of your own being that needs love, attention and healing — from you.

Taurus (April 19-May 20)

Your role is to be of service. This is often confused with making a sacrifice, in a sense of the idea that's not really helpful to anyone. When you offer yourself, the gift you are giving is something that must come through you rather than directly from you. There are several forms that may take, including an acknowledgement or confirmation being the thing that comes through. What you want to be vigilant about is guilt. It is unlikely to be related to the matter at hand, but rather a hangover from some distant situation that is lingering in your consciousness. The problem with guilt is how convincing it is. Yet its logic is always circular, or obverse: you feel this way, therefore you are wrong. If you can question that, you may start to peer through a veil that seems much thicker than it really is.

Gemini (May 20-June 21)

One of the most significant themes of your life in this time of your history is understanding the power that certain others seem to hold over you. You can probably guess my next line: it is far less about them, and far more about you. Your emotional investments and involvements open the way for you to be what some call manipulated. And most of this comes through the process of your "self image" or "identity" (both of which are fictional). It will be through focusing your awareness on this process that you will set yourself free from this type of scenario, to the extent that it exists. I suggest you evaluate all situations where either sex or money, or both, are factors, and study the dynamics. There is one other thing. How do you present yourself to the public (however you think of that term)? Do you in any way manipulate who you are, to get a certain effect from others? Consider carefully.

Cancer (June 21-July 22)

You are in the process of claiming back something about yourself — and it may be so old you have no concept of the underlying reality. That does not matter, as long as you notice that, step by step, you are claiming your right to exist. This may seem like a strong statement, though that is ultimately what it comes down to. This week's contact between the Sun and Chiron is an invitation to express something about yourself, in an honest, bold and gentle way. Yet you will know you're doing it when you feel the tension, the ache and perhaps the pain of emerging from that space where you are a child subject to the unquestionable power and will of mother. This manifests as authority in every form, particularly the kind that makes no sense, and is essentially authority without responsibility. Your quest at this time in your life is to find the sweet spot where you access both of those as one thing.

Leo (July 22-Aug. 23)

Mercury arrives in your sign on Wednesday, which indicates a message. Start by receiving one rather than delivering one. However, the issue here is seeing the message randomly in everything. So I suggest you ask when you need information — and only count that as a valid response. There's a guy on my street who likes to blurt out random things to people. Once I sensed the wisdom in some of his statements, I took my own approach. Now when I pass him, I say, "George, what's the good word?" and he says something to me. When I open a fortune cookie, I make a conscious inquiry, and take the printed message as a potentially valid response. I do the same things when I read a horoscope column. Are you following me? Count as a message what you ask for information about. Not every bumper sticker contains a meaningful synchronicity. Be conscious what you take in as valid.

Virgo (Aug. 23-Sep. 22)

The realm of what you consider spiritual is far, far from what you were told was such as a young person. It may be so remote and removed that you can't believe there is any connection between what you now recognize as being of a divine nature, and what was in some way pushed onto you previously — but alas! There is more to Heaven and Earth than those muggles tried to convince you was true. Yet in some sense there was a scant element of reality, muffled by all the baggage that adults tend to pack around anything they don't understand or don't have direct experience with. For you, this phase of your journey is about experience. Your quest is the quest to experience the world through young eyes. Let yourself be motivated by curiosity and thirst for life. More than humans need goodness, or nonexistent purity, we need to rekindle our craving for what we don't already know. Understanding is another matter entirely.

Libra (Sep. 22-Oct. 23)

Ask yourself honestly: who supports you, and who does not? Let's use a boring concept to illustrate the point: percentiles. If someone helps you 51% and distracts or harms you 49%, that is not a winning bargain. I would say that you're still not in good standing if you're helped 80% and distracted or harmed 20%. Helpful people are only that. They may not be perfect; we are all human. Yet loving intention, and the focus on doing the correct thing for the right reasons, are basic to what you are seeking. You are in a position to accomplish something beautiful, new and unusual in these days. Yet to do this, you must have the support of your environment; and for that to happen, you need to cooperate fully, and be honest with yourself about the role others play in your life. For the next few days, take a neutral, nonjudgmental stance, and observe carefully what others do when you have a need, or they have a commitment to you to fulfill.

Scorpio (Oct. 23-Nov. 22)

Make professional moves this week with care and caution, and focus on the human level. Listen carefully for signs of envy, jealousy or contempt — whether coming from you or someone else. If you notice any of these emotions coming from yourself, address them immediately. They are the result of values and expectations that are no longer valid for you (and in truth, never were). If you notice them from someone else, you will need to handle the matter gently, and in a way that does not require a blow for blow confrontation. Given that throwing down is currently the way of the world, and how the only thing

Pickles Needs a Home

There's a new movie called "The Secret Life of Pets 2." I want to star in a different kind of movie, a documentary entitled "Pickles Finds Love." My co-stars have to be adult humans. I really don't care for kids. Or dogs. Or other cats. But I LOVE grownups I can snuggle with and tell my stories to. I was a devoted companion to my person who passed away, so now I'm looking for a new home and a special friend who will be the center of my universe.

Just so you know what you're getting into if you adopt me, "Pickles



Finds Love" won't be X-rated, but there will be a lot of heavy petting!

Go To www.vipp.org

To view adoptable Cats and Dogs

that seems to matter is absolute power over other people, this will require you acting in a way that is contrary to your environment. Yet confrontation of the style I am describing wastes far more energy than it can possibly create, and runs contrary to your goals — which are in no way assured to be fulfilled. You will have to make that happen one small step at a time.

Sagittarius (Nov. 22-Dec. 22)

What do you really have to do, and why do you have to do it? This will take some careful and reflective pondering. To get a sense of the bottom line, you will need to think slower, rather than faster. And you will benefit from the use of a calendar, so that you may structure time in a conscious way, and make the most of it. Currently there is a distortion that is leading you to believe everything has to happen fast, and that you owe things to people when you really do not. Once you have a handle on time, then evaluate your actual commitments to people, whether professional, social or emotional. I would propose that you need to relieve yourself of at least half of them or more. This will be efficient, since there are likely to be certain people or situations taking up more than their fair share of bandwidth — your bandwidth. Be meticulous, persistent and focused in making the changes.

Capricorn (Dec. 22-Jan. 20)

You have just been through an odyssey you may not fully understand. This involved the passage of Mars through your opposite sign Cancer. Mars (nearly done with this transit) is the fast mover, playing off against several slow-moving developments in your sign. What happened over the past five or six weeks was a kind of test, designed to bring out the true nature of your underlying growth process. What exactly occurred during this time? Did it reveal any weaknesses, cracks, or points of immaturity that you need to address? Is there something from the past that you are now on notice you need to handle consciously and attentively? You have a finite amount of time to turn certain problems into solutions and opportunities. The first step is recognizing the problem so that it can be solved and turned to your advantage. Do not speculate.

Aquarius (Jan. 20-Feb. 19)

Consider the possibility that you're being driven by forces you don't understand. To get that far, you would need to admit there may be something about you that defies your immediate comprehension, or that you have not noticed. Recent events at work, or related to your health (such as over the past four to six weeks), will give you a clue what this is about. You will need to do the detective work, and draw some inferences what might really be going on. That means "conclusions reached on the basis of evidence and reasoning." Then, subject your inferences to a little skepticism, and verify you have them right; look for

other potential observations or outcomes. Consider scenarios where you give yourself the benefit of the doubt, and ones where you give others the benefit of the doubt. Then evaluate both, and see which makes more sense to a reasonable person.

Pisces (Feb. 19-March 20)

The Sun moving through the most creative, curious and boldest angle of your solar chart is encouraging you to go forward, to try again, to give it (whatever it is) your very best. The Sun is retracing the path that was just taken by Mars, making aspects to a great many planets on what is called the cardinal cross (where most of the energy in your chart is contained). This will shine light on past events, as well as reveal new strategies, ideas and approaches to certain goals you cherish. While you may be inclined to think of these as related to business, I suggest you recast that and consider them creative opportunities. Art does not mean that you get to relax and let things happen, or let the good things come to you. Rather, art is risky, and it takes three times more energy than the usual day-to-day of the planet. Do you have it in you? I reckon so — but we will soon see.

Read Eric Francis daily at www.PlanetWaves.net

Deadline for the next edition of *The Loop* is **Saturday, July 11**

Compost the Loop
The Loop's soy-based ink is good for composting.

Find *the Loop* on-line at www.vashonloop.com

Find us on Skype
Vashon Loop
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Loose Change
R&B Band

Loose Change is now booking for your summer parties. We have dates available. Call Troy @ 206-794-9451

Spiritual Smart Aleck



By Mary Tuel

Hand Me Down My Walkin' Cane

In January 2000, I was in a rollover car accident. A few weeks later I woke up one morning to find the room whirling around me. It was like being in the middle of a carousel, in a way. Maybe it was because of the painkillers they had me on for my broken back, but I enjoyed this feeling. Also, I was not throwing up like some people do when they have vertigo. That would have really harshed my mellow.

This vertigo was an after effect of the accident, I was told. Over the next few weeks the whirling went away, but I would have sporadic attacks later. Sometimes even now I get a little swirly feeling.

So that's my history of fragile stability, but lately my balance has become downright precarious. I have started falling.

One night I got out of the car, my foot caught on something, and I went down. That was the night I stopped wearing Birkenstock sandals.

Usually I fall in the house, while walking from the living room to the kitchen or back. It doesn't take much to bring me down once I've lost my balance.

I googled balance problems and the first thing that came up was "balance problems in the elderly."

Hunh. Who you calling elderly?

I read a couple of articles and learned the ELDERLY fall down a lot, and get injured, and this is bad. I have been fortunate so far in that my falls have not broken any bones, only beat me up enough to make me go to bed for a day or so and take acetaminophen. The ELDERLY do not bounce as well as the YOUNG.

Elderly people falling and breaking a hip is recognized as a frequent phenomenon, but I read recently that in fact, often the hip breaks and then the person falls. Isn't that just peachy?

Here's how it feels inside a fall for me. First, the fall begins, and I do everything I can not to fall. I shift my weight, move my feet, reach for something to grab, and when all that fails, I try to relax and roll into it to minimize the impact.

There is the whump! of landing.

I lie there a minute taking a few breaths,

and then there is the inventory: How bad is this? I check myself out - Wrists? Knees? Shoulders? Arms? Ankles? Legs? Head? Torso? Does anything feel broken?

An early sign of a broken bone is nausea, your body's way of telling you that you really did it this time, sucker.

If all body parts are in working order, I then get back up. That's not easy when you have two crap knees. I borrow a method from toddlers: I get on all fours, crawl to some nearby piece of sturdy furniture, and push myself up.

When reading about falls online I was astonished to learn that my recovery method after a fall is exactly what you are advised to do. Take some calming breaths, take an inventory, and then crawl to the nearest chair (in my case, nearest furniture that will bear my weight), and with one foot and your other knee pushing you up while you hold on to the furniture, rise, and sit there a while considering your next move.

After falling several times in a short period of time, my friends got fed up and did an intervention. They sat me down and talked to me sternly but lovingly: I needed to go to the doctor and get this checked out. I needed to start using a cane or even a walker, especially in the house. I needed to stop falling.

They had a point. Several points. I listened to them. I agreed with them. The frequency of my falls had me worried.

I have the appointment with the doctor. I have a new cane which I like because it is purple. I have a walker which I am using mostly in the house, which is where I have fallen most often.

Why am I so wobbly? I suspect the drugs I take that dehydrate me. One of the factoids online was that the more medications you take, the more likely you are to fall. Great.

Maybe I'm getting old.

That's the hardest part of this: getting old. No one feels old, excuse me, ELDERLY, inside. Inside I'm the snappy wiseacre I've always been, and I am much happier than I was in my earlier years because I've lived through so much and acquired a longer perspective on life.

It's my body that's getting old, not my spirit. That is the little joke of living a long time, folks. There is some fine print that goes with the deal.

being converted to housing developments and tax laws foment fierce speculation and outlandish increases in property values. In Britain, housing values have increased by 544%, far outpacing wage and income growth. Two decades ago, a family needed three years to save up for a down payment. Now they need 19 years. No doubt it is similar here.

To as great an extent as possible, we need to remove land from the commodity market. The general solution is for land to be owned by a community development corporation. We can ensure private control over our individual homes while the land itself is owned in common. This is the land trust model we are familiar with on a small scale here on Vashon. With land owned by the community, we can eliminate speculation and preserve important land uses such as affordable housing, farming, and wildlife. By partnering with the community land trust, a prospective buyer might save as much as 70% of the cost of a property by having to purchase only the structures on the land. The new owner will have to pay a land rent, but it will go into a

community fund. And the trust will own another piece of the community.

Other recommendations they make are changing tax law to discourage speculation, prodding banks to lend less for real estate and more for productive assets, restrictions on loans to buyers who intend to rent their properties, levying a progressive property tax, discouraging the elimination of low-income rental housing, and scaling rent increases to wage inflation and/or the consumer price index.

I am well aware that many in our community make their living in real estate speculation. At the same time, we need to realize that the ultimate result of this will be a wealthy bedroom community with nobody to fix the faucet, teach in school, provide nursing care, or work at the grocery store. Some of the poorer players in the speculative game may find that they themselves have been priced off the island. Let's work to transition all of us out of this destructive cooption of what should belong to all of us.

Comments? terry@vashonloop.com

Vashon Library July Calendar

Children & Families

Galaxy Jars

Tuesday, July 2, 4pm

Ages 7 to 12.

Travel the universe and take a look at some lovely galaxies and nebulas as photographed by NASA. Then turn a plain jar into a tiny galaxy of your very own.

Marbled Planets

Thursday, July 11, 3pm

Ages 7 to 12.

Explore the beautiful cloud patterns of gas giants in our solar system and beyond. Then delve into the Japanese art of Suminagashi paper marbling to create a unique planet of your own. If you like it, you can even put a ring on it!

Coding for Exploration

Tuesday, July 16, 2pm

Ages 8 to 12.

Practice your coding skills on miniature Lego Mindstorm rovers by putting them through an obstacle course simulating the surface of Mars. Can you avoid the boulders to reach your goal?

Strawberry Rock Painting

Thursday, July 18, 1pm

Ages 5 and older with adult.

Make a cute strawberry rock to nestle in your garden, carry in your pocket or share around town at Strawberry Festival.

Recycled Rockets

Thursday, July 25, 1pm

Ages 2 to 12, ages 2 to 6 with adult.

Start with a recycled cardboard box and end with a spaceship powered by imagination!

3, 2, 1, Blast-Off! Songs for Space Explorers

Monday, July 29, 12:30pm

Presented by Justin Roberts.

Family program, all ages welcome with adult.

This picture book author and award-winning musician shares stories and songs about space travel, the solar system and the many wonders of technology.

Find the Loop on-line at
www.vashonloop.com.

Teens

Turn Cards Sideways

Monday, July 8 and 22, 3:30pm

Grades 6-12.

Come play Magic The Gathering and other trading card games.

Game On!

Friday, July 12, 19 and 26, 1:30pm

Grades 6-12.

Play video games at the library!

The God of the Sun Art Workshop

Monday, July 15, 1:30pm

Grades 6-12.

Presented by Art-Maranth Mobile School. Create your own symbol of Huitzilopchtli, the Aztec God of the Sun, using basic metal tooling techniques.

Seats are limited. First come, first served.

Stomp Rockets

Wednesday, July 31, 1:30pm

Grades 6-12.

Build a rocket launcher and rocket! After the design process we will test our designs outside at beautiful Ober Park.

Adults

One-On-One Computer Help

Tuesday, July 2 and 16, 6pm

Have computer or software questions? Tech Tutor Volunteers provide basic level help to you.

You may bring your own laptop, but Tech Tutors cannot provide hands-on or hardware assistance.

King County Public Health Visit

Wednesday, July 17, 1pm

You can apply for: Orca Lift (Metro reduced fare program), food stamps or health insurance.

Sign up for Apple Health and fix any problems you may have with qualified health plans.

Se habla español.

Tabletop Gaming

Sunday, July 28, 11am

Ages 12 and younger with adult.

Unplug and enjoy gaming with others. Learn new games from our experts or play old favorites. Feel free to bring your own games to share as well.

Local Weather

www.vashonweather.com

Local Rain Totals

Temperature hi/low

Wind Speed & Direction

Barometric Pressure

Weather forecasts

Local News

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Local & Regional Headlines

Weather forecasts

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Compost the Loop

The Loop's soy-based ink
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Road to Resilience

Continued from Page 1

amenities—the way land is owned and controlled underlies them all. Yet it scarcely features in political discussions."

The reason it is not being discussed is clear if you consider the newspaper quotes above.

While some cultures have never thought of land as "ownable" or have seen it as commonly owned by all, we have privatized all of ours except for public rights-of-way and certain public park and government properties. The thinking is that if you don't "own" your land, you can't depend on it into the future. However, having a reliable place to live does not mean we have to tolerate speculators. There are ways to have a secure place to live without owning the land. And we also need to resist the lure of mind-boggling profits to be had by flipping houses.

The report contends that decisions about community land allocations and the human and ecological impacts they will have simply are too important to be left to the speculative market. Good farmland is

Island Epicure



By Marj Watkins

Quicker than Quiche

A quiche presents an appealing appearance, aroma, and taste for breakfast, lunch, or dinner. It's equally delicious and nutritious served hot or cold. But when the weather turns hot and you don't care to turn on your oven, you can forget the crust, and make an augmented Danish omelet instead. Omelets can vary as much as quiches. (By the way, real men do like quiche--and omelets.) One difference is that an omelet may or may not contain cheese, but I never met a quiche without it. The chief difference, though, is that a conventional quiche is like a custard pie without the sugar.

I happened to have a head of broccoli that really needed to be used up before all its tiny buds became tiny blossoms and it lost its rich green color. So I made this augmented Danish omelet. With a crust, it could have been a quiche, so I call it a crustless quiche.

Broccoli Crustless Quiche

4 to 6 servings

2 large or 3 skinnier green onions, washed and sliced

1/4 cup diced bell pepper, any color

1 1/2 to 2 cups steamed broccoli florets, chopped

3 ounces diced Mozzarella cheese

4 eggs, beaten

1 1/2 cups milk or half-n-half cream

1/2 teaspoon sea salt or to taste

1/8 teaspoon black pepper

1 Tablespoon minced parsley, optional

2 Tablespoons butter

Prepare all the vegetables. Beat

the eggs, milk salt and pepper. Heat the butter in a 9-inch skillet, iron one preferred. Sauté the raw vegetables but don't let them brown much. Stir in the cooked, chopped broccoli. Pour the egg-milk mixture in, making sure the vegetables are well distributed. Scatter the diced cheese. Sprinkle the parsley on top if using. Cover the pan. Reduce heat to low. Cook 15 to 20 minutes, until the eggs are solid. Serve hot with toast.

Leftover omelet may be eaten cold, or briefly reheated, but keep it in the refrigerator until ready to eat it.

If the weather turns cool enough for baking, and you would like a conventional quiche as a pie but you must avoid gluten, choose this pie shell:

Gluten Free Crust

Preheat oven to 425 degrees

9-inch glass pie pan

1 cup sorghum flour

3/4 cup brown rice flour

1/4 cup cornstarch or potato starch

1/2 cube soft butter

2/3 cup water

Optional garnish: 2 large pitted black olives, thinly sliced, 1 pimento cut in strips.

Stir dry ingredients in mixing bowl. Work in butter. Pour enough water while stirring dry ingredient with a fork to form a soft ball. Let rest 15 minutes for the flours to absorb the moisture.

Grease the glass pie pan. With clean fingers sore knuckles, press the soft dough evenly on the bottom and sides of the pie pan and 1/2 in or so beyond the top of the rim. Hold the pan up to the light to check that the dough is of even thickness. Create a fluted edge, folding the extra dough under as you go. Bake 10 minutes in preheated oven to firm up the crust. Add the custard mixture above. Place in center of oven. Reduce heat to 375 degrees.

Bake 40 minutes. Test with a sharp knife inserted near the center. When the knife comes out clean, the top of the quiche should be brown and slightly puffed. Remove to a wire rack for 10 minutes to let the custard set. Garnish and serve hot, or chill, garnish and serve cold.

Ways of Knowing the Beach: Low Tide Celebration

There's more than one way to know a beach. It was decades ago that I began to glimpse the drama and story threads of lively Puget Sound beaches, when I began attending annual beach walks in the 1980s at the north end, led by Sandi Noel and Bill Walker, soon joined by enthusiast Wally, who had "great recipes for things like moon snails and sea cucumbers," says Sandi. Sometimes people from NOAA and UW came, and then Kathy Sider and Bob Fuersteberg. Wet your finger and gently touch an anemone's smooth stalk. Note the shell bits decorating the lip around its withdrawn tentacles and understand why it was named *Anthopleura elegantissima*. Part the wavy eelgrass blades in ten inches of water and watch a little spiral shell scamper between the grasses on the toes of the tiny hermit crab inside it. Listen to the splash of a horse clam squirting water as it compresses its siphon and retracts it into the sand.

These narratives and many more will be available at the Low Tide Celebration at Point Robinson on Saturday, July 6, 11am to 4pm, where beach naturalists will be roaming the beaches ready to share your discoveries and theirs. Guided by them, you will see, hear, smell, and touch some of the many animals and seaweeds that form the complex community of beach life, a home that nurtures forage fish and salmon for key periods of their nomadic lives. Be at water's edge 1:30 to 3pm during the tide's fall to a minus 2.3 feet.

Above Point Robinson's beaches, there will be other ways to discover beach secrets. Booths will share displays, handouts, miniature landscapes, and conceptual approaches to learn about the species themselves and the processes that continuously shape and change the physical land, the wind, waves, water pH, and water temperatures that play critical roles in these species'



The Blue Heron Canoe explorers and lighthouse by Jay Holtz.

habitats.

The Senses and Science

The Welcome Booth, Vashon Audubon, and COASST will exhibit specimens of shells, crab carapaces, bird skins on loan from the Slater Museum, and the bills, feet, and wings of water birds, so the distinguishing features of each may be examined closely. With reflection and discussion, it is possible to explore the advantages of various evolutionary adaptations which help the animal find food, capture it, or escape from predators.

To see images of plankton species and learn about harmful algal blooms, there will be displays and a microscope set up at Karlista Rickerson's booth. Why are some blooms happening more often these days, or staying longer, or causing more marine mammal fatalities? She will have sources for answers. Beside her, Julie Masura from UW Tacoma will have another microscope and stories about the invasion of microplastics into our beaches and seafood. And the tracking expert Mallory Clarke will show casts made from tracks, to hone your ability to decipher from sand and soil what animals have visited.

The Vashon Hydrophone Project will share stories of the lives and struggles of the J, K, and L pods of resident orcas, and data gathered by the sound recordings of the orcas who visit the south end of Vashon Island. Ann Staterler, longtime researcher and chronicler of the Southern Resident Killer Whales, has concise prescriptions

for adequate emergency response to their current crisis: "The SRKW need dedicated foraging refuges where they can feed, rest, and socialize with minimal disturbance. I repeat: immediately closing recreational and commercial marine Chinook fisheries; imposing a moratorium on commercial and recreational whale watching targeting the SRKW; and actively enforcing these measures - this is what emergency response looks like." Talk to Ann and her partner Odin Lonning to learn more about the orcas, see Odin's beautiful native designs, and purchase his Low Tide Celebration shirts on which peoples of the sea swirl around the lighthouse.

Trails in Puget Sound

Like the Coast Salish peoples who have inhabited Puget Sound for over 8,000 years, the herring, the salmon, and the orcas have accustomed trails and forage locations throughout the Salish Sea. In recent decades humans have officially designated the Cascadia Marine Trail (with two campsites on Vashon-Maury Island) and a number of other types of trails. The Whale Trail booth will offer information on the movements of marine mammals through the Sound, while the Blue Heron Canoe booth will help fund the 2019 Canoe Journey for Mike Evans' Snohomish crew, this year heading to Lummi. Often the members of the canoe family tell stories, offer rides in the Blue Heron, and share dances and songs.



Oscar the Oyster feeding in his tank comes from the Washington State Department of Health Recreational Shellfish Program and Washington St. Dept of Ecology BEACH Program.

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Vashon Community Care

Call 206.259.3030 to schedule a free lunch and tour . www.VashonCommunityCare.org

Drama Dock's 'Tommy' opens this weekend



On stage at VCA this weekend!

L to R: Gabriel Dawson (Tommy age 16), Phoebe Ray (Tommy age 10) Hailey Quackenbush (Tommy age 18) star in Drama Dock's The Who's 'Tommy'

Back Row, L to R: Elise Ericksen, Allison Shirk, Tony Mann, Matt Wilson Peter Serko photo

"See me, feel me, touch me, heal me. . ." A story of redemption as a powerful sensory journey – Drama Dock's summer production, The Who's 'Tommy' promises to rock and amaze Vashon audiences for the next two weekends. In rehearsal since early spring, an all-Island cast of talented singers, dancers and musicians is ready to rocket the rooftops off the stage at Vashon Center for the Arts. The show opens June 27 for a two-weekend run.

Based on the iconic 1969 rock-opera double-album by Pete Townend of the British rock band, The Who, 'Tommy' is the story of the pinball-playing, deaf, dumb and blind boy who triumphs over his adversities. Performed in its entirety at Woodstock in the summer of 1969, 'Tommy' has had multiple incarnations – as a film fantasy starring Elton John, as a London Symphony Orchestra version, and as a wondrously successful Broadway production, winning five Tony Awards. Drama Dock's show celebrates 50 years of 'Tommy' as an exhilarating journey of hope, healing and the human spirit, offering audiences an explosive musical theatre piece, surrounded by one of the

most powerful musical scores ever written.

Director Elise Morrill has teamed with Music Director Christopher Overstreet and Choreographer Hallie Aldrich to bring Drama Dock's 'Tommy' to full and vibrant life. While music is the central artistic power-driver, with plenty of lights and fast-moving choreography, the show gestures deeply towards themes of empathy and healing. The cast features Allison Shirk, Tony Mann, Hailey Quackenbush, Chai Ste.Marie, Sarah Howard, Elise Ericksen, Julea Gardner, Anne Moses, Matt Wilson, Lucy Rogers and Phoebe Ray. Musicians include Christopher Overstreet, keyboards; Andy James, guitar; Gavin Ford Kovite, bass; and Jesse Whitford, percussion.

Dates for Drama Dock's The Who's 'Tommy' are Thursday, Friday, Saturday, June 27-29 at 7 pm; Sunday, June 30, 2 pm; Friday and Saturday, July 5 and 6 at 7 pm; Sunday, July 7 at 2 pm.

Tickets are on sale at vashoncenterforthearts.org. \$25 general/\$22 seniors, students, VCA and Drama Dock members. Parental guidance for children under age 13 is suggested.

It's Vashon Summer Arts Fest Time!

It was such a success last year that Vashon Center for the Arts is doing it again this year. We're talking about Vashon Summer Arts Fest, VCA's annual two-month long summer arts festival that is set to run from Friday, July 5th through Sunday, August 25.

"The Summer Artsfest is the ultimate celebration of Vashon artists," says Lynann Politte, Gallery Business Director at VCA. "It's a non-stop, two month showcase of the diversity and breadth of artistic talent on Vashon. Every week our guests will have a chance to see art from familiar island artists as well as from people who may never have shown before. It really is like no other show."

Vashon Summer Arts Fest is a juried festival open to any and all Vashon-based artists. Each artist is given a two-week show and a designated wall or floor space "mini-gallery" on which to display their art. The festival will showcase and sell artwork by more than 100 Vashon Island visual artists in 40 solo and collaborative exhibits held in the Koch Gallery, the Fong-Wheeler atrium, and Mann Gift shop.

"We are proud of the fact that we were able to accept 100% of the submissions we received this year," said Kevin Hoffberg, VCA's Executive Director. "And, why wouldn't we! We find that folks bring us their very best thinking and work, and with a little bit of calendar flexibility, we were able, for the second straight year, to accommodate everyone who



Kim Farrell "Karo Girl"

wanted to show year. It's truly a feast for the eyes and soul."

One of the unusual features of Vashon Summer Arts Fest is there is a new show opening every Friday throughout the summer.

July 5th will be the grand opening featuring solo works by Kim Farrell, Lindsay Dakota, Robin Jones, Roman Zlobin, Taylor Renno, and Vladimir Luna. Michelle Lassaline and Nate Clark



Vladimir Luna, "Kunda"

will also debut their group show.

For July 12th, Gordon Bennet will showcase 200 of his beloved bell pendants. Occupying most of the atrium floor will be the incredibly popular Vashon MakerSpace group show, curated by Neil Wiesblott and featuring the work of Bob Powell, James Chesney, Jeff Berend, Jude Spaith, Lee Beck, Maria Higuera, Mary

exhibiting are Abraham McBride, April Dalinis, Barbara Wells, Christine Beck, David Blad, Eric Nelson, Gale Lurie, Jane Neubauer, Jon Eric Schafer, Karen Fevold, Lin Holley, Lisa deFaccio, Liz Lewis, Marla Smith, Mary Hosick, Mary Lynn Buss, Mary L. Robinson, Mary Rose O'Reilly, Roxanne Thayer, Sonja Bergstroem. Alisara Martin and Kris Pedrin will round out the show with solo exhibits.

The festival will kick off with an opening party on the first Friday of July (July 5th) at 6 p.m. Everyone is welcome and encouraged to attend.

"Last year we showed and sold a tremendous amount of art," said Lynann Politte "Vashon Summer Arts Fest is a wonderful showcase and marketplace for a wide range of art and artists. There really is something for everyone. I think our visitors are going to be really pleased."

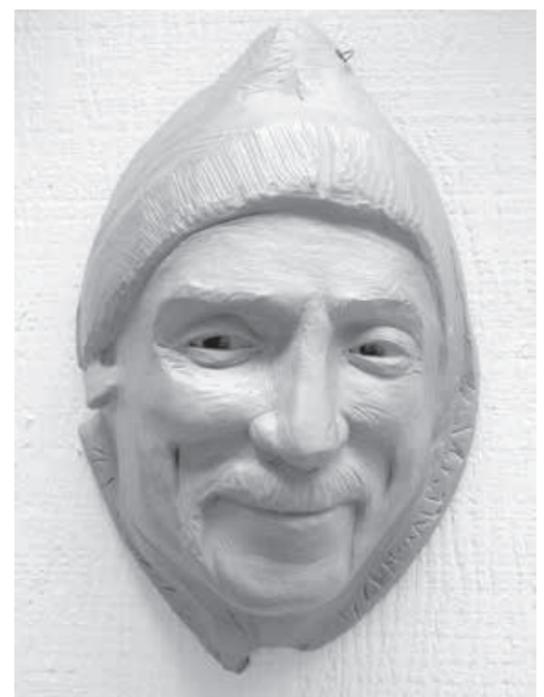


Robin Jones "Like a Little Lighthouse in the Blue Shadows"

We're Queer and We're Here Terracotta Faces!

In conjunction with Vashon Heritage Museum's current show, LGBTQ: In and Out of the Closet, a related show, "We're Queer and We're Here-Terracotta Faces!" opens Friday July 5 at Café Luna, and will be up for the month of July.

Potter Liz Lewis invited queers, families and friends to her studio in May and June for a couple of clay workshops. The goal was to make terracotta faces of members of our community, past and present. Participants brought a photo (or a mirror) of their subject, and Liz provided materials and guidance. Our studio sessions were fun gatherings, and produced over 30 faces. We hope you enjoy the show!



"Larry Flynn" by Kim Newall

**Next Edition of
The Loop Comes
out Thursday
July 11**

Deadline for the next edition of *The Loop*
Saturday, July 6

Advertise in the Loop!

It's a great time to get back in the Loop.

ads@vashonloop.com

Next Loop comes out July 11

Seattle Dance Collective to make its debut with Program One featuring five choreographers from around the globe

Seattle Dance Collective (SDC), under the direction of Pacific Northwest Ballet (PNB) principal dancers Noelani Pantastico and James Yoichi Moore, will present works by five choreographers from three continents for the company's debut performances July 12-14 at Vashon Center for the Arts (VCA). The featured choreographers represent both established and emerging voices in the world of modern ballet and contemporary dance.

Program One includes six diverse pieces of contemplative emotional journeys, high-octane athleticism and riveting exploration of movement, all designed to inspire audiences and challenge expectations:

- **The Grey Area** (an excerpt) by British choreographer David Dawson
Dawson's award-winning breakthrough piece points towards a place of no time and no place - a 'no-man's land' - with free-flowing phrases set to Niels Lanz's haunting score.

- **Mopey** by German choreographer Marco Goecke
Set to music by C.P.E. Bach and the 80's rock band The Cramps, Mopey is an inwardly reflective, yet volatile solo work—dark, moody and potentially unsettling.

- **Frugivory and Anamnesis** by Portuguese choreographer Bruno Roque
Frugivory is a light, unphilosophical take on the idea that the object of our desire can drive us, or blind us; that we are often "prisoners" of our needs and longings.

Anamnesis touches upon the concept of how defining moments in our formative years leave a permanently ephemeral imprint that echoes throughout one's existence.

- **Shogun** (an excerpt) by the late Brazilian-Japanese choreographer Ivonice Satie

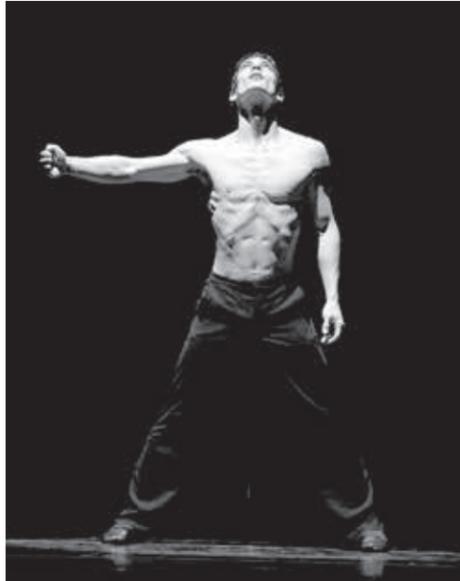
Dedicated to Satie's grandfather who taught her the traditional Japanese arts of laido and Shinto-ryu, Shogun explores the relationship between master and disciple.

- **Sur le Fil** (by a Hair's Breadth) by American choreographer Penny Saunders

Sur le Fil was inspired by Saunders' thoughts around the mischievous nature of life, and the common reality we share of having personal secrets that we would prefer kept in the dark.

"James and I have carefully chosen pieces to which we connect personally and creatively," said Artistic Director Noelani Pantastico. "We are fortunate to be able to delve into the work of these choreographers who we deeply admire, and to share them with audiences this summer through the sophisticated artistry and technique of our dancers."

All performances will take place at VCA's state-of-the-art Katherine L. White Hall, offering a rare opportunity to see some of the region's most accomplished dancers in an intimate 300-seat theater. SDC's performing artists include nine dancers from PNB and two from Seattle-based contemporary dance company Whim W'Him: Angelica Generosa, Dylan Wald, Elle Macy, Elizabeth Murphy, Ezra Thomson, James Yoichi Moore, Jim Kent,



James Yoichi Moore. Photo by Angela Sterling

Liane Aung, Lindsy Dec, Miles Pertl and Noelani Pantastico.

"One of the goals we have laid out for SDC is to deepen our audience's understanding of what dance looks like today," added Artistic Director James Yoichi Moore. "In addition to demonstrating this on stage, we will complement our performance run with two days of master classes in the studio to give students further insight into this dynamic art form."

SDC's Dance Immersion Workshop will take place on July 9 and 10. Each day will begin with a one-hour pilates class taught by former Pittsburgh Ballet Theater dancer and PNB conditioning coach Kristen Moore, followed by a 90-minute ballet technique class taught by James Yoichi Moore (July 9) or Noelani Pantastico (July 10). Program One choreographer Bruno Roque will conclude each day with a contemporary improvisation class.

Performance Dates & Ticketing
Friday, July 12 at 7:00 pm
Saturday, July 13 at 1:00 pm and 7:00 pm
Sunday, July 14 at 1:00 pm
Tickets are \$45-\$75 for evening and Sunday matinee performances.

Tickets for Saturday's Family Matinee are \$10 per student and \$25 per adult.

To purchase tickets online go to seattledancecollective.org or vashoncenterforthearts.org. To purchase tickets by phone call the VCA Box Office at 206-259-3007.

SDC Dance Immersion Workshop
Tuesday & Wednesday, July 9-10, 9:00 am - 1:15 pm
2-Day Pass: \$170 VCA Member | \$190 General
1-Day Pass: \$85 VCA Member | \$95 General

To register for the workshop go to vashoncenterforthearts.org, or call 206-259-3005.

Compost the Loop

The Loop's soy-based ink is good for composting.

Find the Loop on-line at www.vashonloop.com.

The Pat Reardon Band

From various incarnations as neighbors & roommates in West Seattle during the 1990's, these friends/musicians gelled and molded into who they are now: one groovealiciously synchopated unit. In the 20 years of jamming & laughing together - they've found the perfect pathways to roam through Pat's eclectic array of originals. You'll hear rock folk country jazz funk bluegrass tinged songs with enough clever lyrics to make a dictionary AND a thesaurus jealous. It's as if someone keeps changing the radio station - and that's the way they like it.

Come ready to dance!
The Pat Reardon Band
Friday, June 28th, 8pm
The Red Bicycle
All-ages 'til 11pm, 21+ after that
Free cover!



One More Mile

With opening set by Gregg Curry

Road worn, but not weary, the latest incarnation of the blues band "One More Mile" includes talent from some of Vashon's most celebrated musical groups. Individually they have all performed on stages throughout the Northwest.

Special guest Gregg Curry will open the show. Greg Curry's songs dig deep into the roots of American music to create his original sound. He has traveled America, absorbing influences from rock, soul, and blues to country, bluegrass, and gospel. Drawing from hundreds of original songs and numerous recordings, he seamlessly knits those American traditions into his unique musical tapestry of lyrical, catchy tunes. Those songs, plus over 20 years of performing, make him a compelling presence on stage.

Over the course of their varied careers, "One More Mile" band members have played many genres of music, while being ever committed to the roots of the blues. Now the five Journeyman players are joining forces to put their unique stamp on Blues classics by Cotton, Muddy, King, Wolf and Wells, while throwing in some funky surprises just for good measure. You'll hear in their music there's a strong kinship, and that these guys have a mutual appreciation for each other's styles.

This band enjoys playing out live and strutting the Blues. So its safe to say this group is sure to keep the memory of the music ringing in the audience's ears long after the show has ended. "One More Mile" loves to groove...and like the song says, It's a "Boogie Thing"! Folks, Keep an eye out for this band. They'll



be bringing their version of Rockin the House Blues and Funk to the Bike soon! How many miles left to go? Just one more....

One More Mile is:
Jason Lollar : Guitar
Mike Nichols: Harmonica
Chuck Keller: Bass
Tony Mann: Keyboards
Wes Peterson: Drums

One More Mile
With opening set by Gregg Curry
Friday, July 5th, 7:30pm
The Red Bicycle
All-ages 'til 11pm, 21+ after that
Free cover!

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www.VashonEvents.org

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PANDORA'S BOX

June is kaput. Don't know where it went, but it did herald the arrival of WAY TOO MANY FLEAS. Ugh!!!! We can help with a variety of topicals and shampoos. Napalm maybe the only viable answer, but they'd probably survive that.

Bo's Pick of the Week: Weruva Stews: small can, big can, pouch...something for everyone.

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