

Strawberry Music Festival Schedule

Friday, July 19th
Beer Garden Stage



6pm Loose Change

A longtime Vashon favorite, this band aims to entertain with non-stop danceable tunes - R&B, swing, and the occasional disco hit. Inspired by the movie "The Commitments," the band's leader and powerful front man Troy Kindred is an entertainer in every sense of the word. His infectious energy and enthusiasm gets the crowd into the act - and his vocals will tear the paint off the back walls.

7:30pm General Mojo's

General Mojo's is a kaleidoscopic, flower-powered psych-rock band born out of the house show scene of Seattle 6 years ago. We are focused on creating music that stays true to us, recording and producing our current projects in our own basement studio set up. This summer we'll be playing high-energy live shows out in the sunshine all over the Northwest!

9pm Parallel Lines

Parallel Lines (a Blondie tribute) takes you from the New York scene of CBGB in the 70s to the big stage of the pop charts,

dancing all the while. Alex Drissell brings Deborah Harry's serene sneer and soprano while the band bangs out the power pop and disco sounds of Blondie.

10:30pm Little Creatures

Central Vashon's only Talking Heads tribute band - will serve up a heaping plateful of highly danceable Talking Heads songs every time they perform. Are you ready for this?!

Snapdragon Stage

6pm Some'tet

From a Sunday night jam at the Snapdragon Café led by guitarist/composer Michael Whitmore, a full-blown band emerged. Some'tet came together in 2015, since then they've been gigging around Seattle, playing in venues such as the Sorrento, Tim's Tavern & Vermillion.



7:30pm Saint Ophelia

An Indie Rock folk band. Joe Panzetta and Rebekah front the band with their strong vocals and tight harmonies. They perform originals and select covers. They are backed by stellar musicians, Dan Tyack on Pedal Steel, Wesley Peterson on Drums and Chuck Keller on Bass. Together they

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Frozen



Zoey Wilson, Phoebe Ray, Lucy Rogers, Gabriel Dawson. Photo by Kevin Hoffberg

Come see Elsa, Anna and the magical land of Arendelle come to life on the VCA stage. Based on the 2018 Broadway musical, Frozen Jr. features memorable songs from the animated film, plus new songs written just for the Broadway production. This

show is full of magic, humor and plenty of action. Fun for the whole family!

Friday, July 26 | 7pm

\$5

Tickets at

VashonCenterforthearts.org

Construction finale to temporarily suspend King County Water Taxi service July 22-28

King County Water Taxi will suspend service July 22-28 as construction crews complete work that will allow vessels to operate out of the new downtown Seattle passenger dock at Pier 50.

King County Water Taxi and Kitsap Fast Ferry customers have boarded vessels at a temporary location at Pier 52 since August 2017 to allow for construction. The new facility will be located on the south side of Colman Dock at Pier 50 and is part of a larger project to renovate Colman Dock.

While service is suspended, construction crews will move the gangway from its current temporary location at Pier 52 to the new terminal and finalize connections and testing necessary for operations at the new terminal. Service is anticipated to resume on Monday, July 29.

The new passenger ferry terminal represents a major investment in passenger ferry service and the region's long-term mobility, connecting downtown Seattle with West Seattle, Vashon and the Kitsap Peninsula. The new covered facility will have room for approximately 500 passengers. Later this summer, the facility also will feature an observation platform overlooking the bay at the west end as construction progresses.

How to get around while Water Taxi service is suspended

While Water Taxi service is suspended, riders are encouraged to use one or more of the following options:

Buses: Metro's RapidRide C Line

and routes 21, 37, 55, 56, 57, 120 and 125 connect West Seattle to downtown Seattle.

Route 116 connects the Fauntleroy Ferry Terminal to downtown Seattle during weekday peak commuting hours.

Routes 118 and 119 connect Vashon Island, the Vashon Ferry Terminal and West Seattle to downtown Seattle.

Route 128 connects the Admiral District, Morgan Junction, High Point, Delridge, South Seattle College and White Center areas with the West Seattle Junction.

Water Taxi shuttle routes 773 and 775 will continue to operate on their regular schedules during the closure, connecting West Seattle riders to the West Seattle Junction and Alki Beach.

Link light rail: Metro Route 50 connects West Seattle to Link light rail at SODO Station.

Ride2 West Seattle: Ride2 West Seattle is a new on-demand service for people who live or work in West Seattle. It provides rides to and from Metro buses at the Alaska Junction.

When will the Water Taxi be back in service?

Normal service is anticipated to resume on Monday, July 29, pending final testing of systems and acceptance. Riders can stay informed via our service alerts, on our website (www.kingcounty.gov/watertaxi), and our Instagram feed (www.instagram.com/kcwatertaxi/). For up-to-date information, please subscribe to Water Taxi service alerts on our website.

The Road to Resilience

Stop the Hurt, Start the Healing!

It started out as Rondi Lightmark's New Year's resolution. Rondi is the person on Vashon who does the greeting cards of dogs in cars (since 2006, she says). She broadcast an email saying that she would send \$20 to the first 15 people who would watch a particular Ted Talk (ted.com) and answer three simple questions that would indicate that they understood the concept. The talk was by Alan Savory, a former Zimbabwean wildlife manager and now an advocate for a concept called "Holistic Planned Grazing." His idea was that wild ungulate (hooved) herbivores, predators, and grasslands coevolved to create the healthy grassland ecosystems that once covered 2/3 of the globe.

In the talk, Savory explains that the world's grasslands began to fail as humans domesticated herbivores and provided protections from predators. The result was that the animals stayed in one place, overgrazed, and degraded ecosystems so that much of the formerly lush grassland in arid climates became deserts. You can see the results of this in the Middle East, Central China, Africa, India and much of the Great Plains of the US. People have long believed that the way to restore the damage was to take herbivores off the land to allow it to recover. What mystified all the experts was

By Terry Sullivan,

that the land became even more degraded without herbivores.

Savory theorized that natural predators kept the herbivores herded tightly together and moving, which kept them from overgrazing. During the process, the grass was chewed off so it wouldn't shade itself out, the ground surface was broken up by hooves and fertilized by urine and manure. This "disturbing and fertilizing" caused the grass to regrow vigorously. This is how millions of herbivores created soils 12-20 feet deep in our arid Great Plains over tens of thousands of years.

The big kicker that makes this discovery so important right now, is that the soil created on these grasslands, in addition to holding water, creating lush wildlife habitat, and resilience to both floods and drought, is capable of sequestering massive amounts of CO2. Soil scientists are saying that restoring the millions of acres that are degraded around the world could actually draw enough CO2 out of the atmosphere, through the process of photosynthesis, to begin to reverse climate change! This is a tremendously hopeful prospect when most climate news is so very dark.

I was aware of Savory through reading Joel Salatin, who applies Savory's ideas on his own farm in Virginia and is a celebrity among readers of Mother Earth News. It so happened that my friend, Sheila Brown, also

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Windermere

REAL ESTATE

The island home experts



New Listing!

PORTAGE BEACH COTTAGE - Enjoy fabulous views and 100’ of south-facing frontage from this charming 1910 home with 3 bdrms, bunk room and private backyard.

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New Listing!

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WRE Vashon-Maury Island, LLC www.windermerevashon.com 17429 Vashon Hwy SW 206-463-9148



Live Entertainment
The Company Stone- Friday, 7/12, 7:30pm
Loose Change - Saturday, 7/20, 7:30pm
Happy Hour

Weekdays 2pm-6pm Weekends 11:30am-6pm
\$2 PBR Draft - \$3 All Draft Beers
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Ladies Night Thursday
6pm to close

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17618 Vashon Hwy SW
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Restaurant Hours: Mon - Wed, Fri & Sat 11:30am-9pm.
Sunday & Thursday 11:30am-8pm,
Bar Hours: Sun, Mon, - Thur 11:30am-10pm
Friday & Saturday 11:30am-12am

www.redbicyclebistro.com

Addie Needs a Home

Did you know that in some cultures, black cats are considered good luck? I'll try to bring good fortune and harmony to my new home. Although living with a dog didn't work out, I get along with other cats fine. In fact, I currently share the honor of living in the shelter lobby with two other cats. We're the first to greet visitors because we're SO special.

I absolutely love people, and I start to purr when someone touches me, even if we've just met. A good brushing sends me into ecstasy. I think I can make you happy, too. Let's try our luck together!



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The Vashon Loop

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Art & Music Events
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Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Master Gardener

Bring your gardening questions, plant samples and/or plant photos for identification to the Vashon Master Gardeners in front of Vashon Ace Hardware and receive free, science-based advice every Saturday 9:30am-2:30pm from April 27-September 21, and first Fridays 9:30am-2:30pm June-September. Contact Vashon Master Gardeners WSU Extension at mgvashon@gmail.com for more information.

Stand Up against Immigrant Detention!

July 12th - 7pm Vigil. Meet at the parking lot of Church of the Holy Spirit at 5pm (15420 Vashon Hwy – north of town across from Vashon Community Care Center) for a Caravan in Solidarity -- BYOCandles! We will be carpooling to the 6pm Tahlequah/Pt. Defiance ferry and the NWDC. Even if you’ve never done this before come and join us and bring your friends and family - nobody will be left behind!!!

Get In The Loop
Send in your Art, Event, Meeting Music or Show information or Article and get included in The Vashon Loop.
Send To: Editor@vashonloop.com

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For information on Food Bank programs call
206-463-6332 or visit VashonFoodBank.org

Open Poetry Group

The July session of the Open Poetry Group will be in the Vashon Library Meeting Room on Wednesday, July 17 from 6:30 pm to 8:30 pm. The workshop will be led by Linera Lucas, a published poet and retired creative writing teacher. Please come with 8 copies of your work. This is a positively-focused poetry critique group, suitable for both beginners and experienced poets. The Open Poetry Group is free and open to all Vashon poets. Linera Lucas won the Crucible Fiction Prize and has had poetry and short stories published in Boomtown Anthology, Change Seven Magazine, Clover, Crucible, Elohi Gadugi Journal, Pindeldyboz, RKVRY, Spillway, VerbSap, VoiceCatcher Anthology and elsewhere. She has a BA from Reed College, an MFA from Queens University of Charlotte, and has taught creative writing at the University of Washington Women’s Center, the Reed College Alumni Writers Workshop, and Hugo House.

Norm Mathews named 2019 Strawberry Festival Parade Grand Marshal

Norm Mathews, founder of Vashon Island’s Thriftway Grocery Store and stalwart advocate of giving back to the community, has been named Grand Marshal of the 2019 Strawberry Festival Grand Parade. Matthews will have a place of honor over the Strawberry Festival weekend at the head of Grand Parade. Mathews will also be wearing the traditional Grand Marshal Sash created by Island artist Nancy Sipple. As is tradition, he was nominated by community members for his service to the Island in both the professionally and charitably. He was selected by the Board of the Vashon-Maury Island Chamber of Commerce and sponsor of the Grand Marshal Award Shawn Hoffman from Vashon Island Market IGA. The nomination comes as Mathews as Thriftway enters it’s 54th year serving Vashon residents. He has worked in the grocery business for many years before that for both Associated Grocers and Tradewell stores before opening Thriftway. He has 4 living children, 7 grandchildren, and 6 great-grandchildren. Through out his years on Vashon, Mathews has made a huge difference in the lives of many people. Not only as an employer of hundreds of islanders but as a business leader who is passionate about giving back to the community. His grandson Clay Cleb points out “He’s always been very passionate about giving back to the Island, especially to causes that directly benefit kids. Youth sports, Vashon Youth & Family Services, Vashon Schools Foundation, and the Vashon Scholarship Foundation in particular. He’s also always been a big supporter of the Vashon Food Bank, Vashon Center for the Arts, and Vashon Community Care” Board President Cheryl Lubbert said “Norm is an example of how important locally owned and operated businesses are to building a strong community like Vashon. He clearly cares about the people on the Island and it shows in everything he does.”

In her nomination letter CC Stone wrote “I admire how he conducts his business, how he treats and trains his employees, how he responds to his customers - a fickle and cranky bunch, let’s face it - by indulging their every whim and not judging any of us for our crazy cravings. The grocery business is a tough business, and we are very fortunate to have 2 good operators here on Vashon. They both serve us all, everyday. It’s the very definition of community service. They give their time and talent to make Vashon a good place to live. I think it is time we honor the impact Norm Matthews has had on our Island.” Look for Norm Mathews at the head of the Strawberry Festival Parade on Saturday July 20th. He will be wearing the official Grand Marshal Sash and followed by the famous Thirftway Shopping Cart Drill Team.

VIPP Needs Parade Walkers

Vashon Island Pet Protectors invites the public to walk with us in the Strawberry Festival’s Grand Parade on Saturday, July 20. We need people of all ages to help us carry signs with photos of the 100+ cats and dogs that have been adopted in the past year, as well as those still waiting for their special person to arrive. Contact Randy at randykayyork@centurytel.net.

Festival Parking

Strawberry Festival Parade Parking is available on Saturday July 20th at Island Funeral Services. Parking is by donation and all proceeds go to support the Vashon Senior Center! The main highway will be closed, so enter from the north on 100th Ave SW next to the Post Office. Follow the signs. Feel free to leave your car there all day -- it’s easy walking distance to Festival events!



Festival Parking at Vashon Presbyterian Church

As a fundraiser for Family Space, a program of Vashon Youth and Family Services,the Vashon Presbyterian Church will offer reserved parking and chairs to facilitate ease of watching the parade, which takes place on Saturday, July 20th. Please contact Beverly Skeffington at 206-354-8921 or beverlyskeffington@gmail.com to make your reservation. Spaces will only be held until 10:45am day of parade.

King County issues outdoor fire safety burn ban

The King County Fire Marshal has issued a Stage 1 fire safety burn ban effective July 1. The burn ban applies to unincorporated areas of King County. Residents of cities should contact their local jurisdiction to find out if there is a burn ban in their area. “Although we might see some showers this week, these past months we have seen unusually dry and warm weather making conditions ripe for fires,” said Chris Ricketts, King County Fire Marshal. “As trees, underbrush, and grassy fields dry out, they can become a threat to nearby homes. We need to minimize risks as we head into fire season.” During a Stage 1 burn ban:
- All outdoor burning is prohibited, except for recreational fires in approved devices and locations.
- All burning permits are suspended until further notice and no additional permits will be issued in the unincorporated areas of King County.
- Recreational fires must be in a designated fire pit using only charcoal or dry firewood (no milled lumber). While the burn ban is in effect, fireworks bought at legal retailers may still be discharged in unincorporated King County on July 4 from 9 a.m. to midnight. King County encourages residents to consider attending a professional fireworks display as an alternative. For more information, check kcemergency.com/wildfire-smoke-info or kingcounty.gov/burnban.

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Next Edition of
The Loop Comes
out Thursday
July 25
Deadline for the next edition of *The Loop*
Saturday, July 20

The Horse that Wouldn’t be Fenced

By Seán_C._Malone

Johnny Adams was not one of those 10-year-olds that was full of the gimme-gimme’s. He was a typical Vashon boy who generally worked for what he got, picking strawberries for the Matsumotos, or mowing lawns down at Cove. There was the wizened old Norwegian lady on the west side of the Church camp who had Johnny cut her grass every two weeks whether it was needed or not. He didn’t like walking by the Baptist Assembly because he was Catholic.

One day, an older man stopped him on the road. Johnny was hot and naked to the waist; the man grabbed the Saint Christopher medal that Johnny wore on a chain around his neck and said:“You are going to go to hell for wearing this.” Johnny was scared. Maybe the man was the preacher.

The one thing Johnny wanted was a horse. His Dad wasn’t responsive at first, but they made a deal and Johnny’s part was to build the electric fence before the horse, so to speak. They already had a barn with a hay loft and plenty of pasture because the neighbors to the North had some land they weren’t using.

It looked easy to Johnny. If he could set 5 posts a day he would have the electric fence in no time. He had his Dad’s post-hole-digger. All he had to do was to spread the handles and ram the two spades into the earth, close the handles together and take the dirt out of the hole. His Dad had told him how he wanted the holes 24 inches deep and the hole around the post filled with rocks, dirt and water; in that order, and each layer had to be tamped down with an iron bar, brutal work for anybody, let alone a 10-year-old. Most of the cedar posts had been used, so Johnny had to cut off the rotten bottoms to make a fence that had its ups and downs as all the posts weren’t the same length and Johnny was getting tired of the work and making mistakes. He cheated on the depth of the holes, he couldn’t find enough rocks, or it was too far to the pump house for the water.

One day, the fence was ready for wire and the 12 volt electric charger that was going to charge the wire and keep the horse in.

Kiddy was the name that Johnny gave to the old pack horse that his Dad had found near Silver Lake. She was nice and fat, though bound to get fatter; because she learned how to get ahold of the rope that swung the door to the hay loft up and she would have her fill while whittling away at her Winter’s feed supply.

The old packer that sold his Dad the horse had warned him of her ability to get through any old kind of fence. He also told how gentle and sure-footed she



was, an absolute must on steep and rocky mountain trails. Dad took her anyway.

They put Kiddy in the fence which was open to the barn so she could get out of the weather. Click-click, click- click went the old fence charger and about that time Big Mike, the Labrador, saw his chance to baptize the new fence and lifted his leg to pee on some wet grass that was touching the hot wire. He yiped and ran off, not to be seen for hours. He was connected in the act of marking his territory.

Kiddy only broke out of the fence when nobody was watching. If it rained and wet grass lay against the wire, grounding the charger, then Kiddy only had to get her head under the wire and was headed north to Mr. Frost’s garden, her favorite place. Johnny became scared when Old Mr. Frost called and told Johnny’s dad that he was going to shoot the horse if she got into his garden again. Kiddy was very headstrong and largely ignored Johnny’s lecture about breaking out. She had no respect for electricity, and stuck her head under the wire, lifting it just enough so she could get out.

There were lots of horses on Vashon in the 1950’s and Johnny rode Kiddy to a stable at Colvos to be re-shod with his dogs running alongside. Big Mike and old Boots loved the shoeing because they loved chewing on the trimmings from the horses hooves, which Johnny called “dog’s chewing gum.”

Johnny belonged to the Shoe Busters, a kid’s square dance club as well as the riding club called the Trail Riders with about 30 members. But Kiddy was getting so fat that while Johnny rode bareback, his legs stuck out to the sides; and she was prone to running away with Johnny, when she had a mind to. One day on the way to Trail Riders, Kiddy decided to take off with Johnny’s legs flailing to the sides. “Whoa, whoa,” Johnny yelled as he held back on the reins, but Kiddy was headed for the barn at Joslyn’s and the hill was steep. Afraid that he was going to be thrown over her head and trampled, Johnny bailed off to the side, never to ride Kiddy again.

Conflicting Emotions: What horses can teach us about finding leadership from within

In December, Axiom Equine utilized a grant to team up with the Vashon Youth and Family Services Latino Outreach Program to provide an unforgettable experience for five children ranging from 11 to 13 years old. The children spent six hours with the horses in an environment geared towards discovering personal strength and leadership from within. At first, the children were apprehensive of these large, intimidating creatures, however, by the end of their session, it was evident the children had built confidence and became more grounded in their sense of self. One child said “It was an amazing experience, and I encourage other people to try it. It was one of the few times I was truly happy”.

The environment of non-judgement created by the horses allowed the children’s walls of apprehension to fall so that they could truly be themselves. Reflecting upon the experience, one child said it was one of the best experiences of my life. “This is the happiest I’ve been all year. When we were given the assignment to write down our negative feelings about someone, I was having a really hard time, and then one of the horses reached around me from behind with its head and hugged me, and then I was able to do it.” Perhaps this is because of the energetic communication that happens between people and horses. Researchers at the HeartMath Institute are studying how the electromagnetic field emitted from a horse’s heart impacts humans. These studies indicate horses are sensitive to human emotions, which is could be why the horse chose to hug the child who was struggling with the

assignment. The women at Axiom Equine all agreed that the real time feedback provided by the horses when the children changed their energy allowed the kids to see firsthand how their actions and emotions impact others. The activities the group engaged in with the horses allowed the children to build a greater sense of leadership through deconstructing conflicting emotions. Melissa Pate, a founding partner of Axiom Equine spoke about her experience with the kids saying “Horses need a leader, and if you are asking them to do something and you’re conflicted, the horse can sense that, we help them (the kids) integrate the feeling of being afraid and the feeling they have support and help.” The support the children felt from the horses was unlike anything they had experienced before. Adam Stone, a therapist at VYFS said “It was a joy to see the participants connect on such a deep level with the horses and each other; it was fun, healing, fascinating, beautiful, and, meaningful.” It is clear that these children will carry this experience with them and has greatly impacted how they now carry themselves. Holly Taylor, a partner at Axiom Equine said that through this experience, she was able to see a “greater self-esteem and a joyful sense of efficacy in relationship” within the children. Through this collaboration between VYFS and Axiom Equine, five island youth had the opportunity to find their voices as leaders, have a greater connection with the horses and within themselves, and to realize their place as active participants in our community.

Ice Cream Social

It’s an island tradition for the Heritage Museum to kick off Strawberry Festival with a Friday evening event. This year an Old Time Ice Cream Social with build-your-own sundaes will be held in the museum’s back yard with seating for guests under an array of tents. “Aeggy’s” will have bbq available.

The museum volunteers will be offering lawn games and live music will be by Kat Eggleston and the “Riverbend” bluegrass band. Chuck Roehm, Dick Gordon, Peter Larsen, Paul Colwell, Mike Witmer and Dave Lang are the band musicians.

An island-centric silent auction which starts July 5, at the First Friday Open House and closes on the 19th at the Ice Cream Social is part of the fun. Items are mostly island-related. Molly Green has made and donated an adorable toddler dress; Bruce Haulman offers a Quartermaster Cruise on his boat; Rick Dahms will take a photographic portrait for the winner; and there are marvelous donations from the Vashon Pharmacy,

Vashon Opera, Palouse Winery, Andrew Will Winery and Pollard Coffee, Vashon Movie Theatre and more, like a fun “Betty MacDonald Dinner” in a historic school house. Brian Brenno will offer a history tour of downtown Vashon and a Tacoma Ghost Tour is being donated by Charlie Hanson. There will be tickets for the PNW Ballet production of “Giselle,” 5th Avenue’s musical “Bliss,” Huskies! But wait till you see what else will be added before the ICE CREAM SOCIAL.

The event replaces “Miss Lucy’s Dinner,” a loss diminished by ice cream, strawberry sauce, chocolate sauce, sprinkles, and whipped cream! Sponsors are Rose Edgecombe of Windermere Real Estate, Bruce and Pam Haulman, 4Culture, and the Vashon Chamber of Commerce. Vashon Heritage Museum,10105 Bank Road, Friday, July 19, 5:30 – 7:30. Tickets: Adults \$10; Families \$25; youth \$5 – available at the door, or in advance at the museum or at the Vashon Bookshop.

VashonBePrepared

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Santa Claus Announces Run For Unofficial Mayor to Support The Vashon Senior Center

Santa Claus is running for unofficial mayor on behalf of the Vashon Senior Center. It turns out that Santa and Mrs. Claus are snowbirds - they winter at the North Pole and spend summers at their vacation home on Vashon. Not only does Santa get some well-deserved R and R, he has time to check his list twice, sometimes even three times, and see if the children on Vashon are being Naughty or Nice.

When asked why he wanted to make a run for unofficial mayor on behalf of the Senior Center, Santa replied with a twinkle in his eye, “The kids get all of my attention around the holidays, but every now and then Santa needs to do a little work for the elderly.”

A little-known fact about “Summer Santa”, as he prefers to be called when on Vashon, is that he used to have a day job driving a sleigh that looked like an 1 8-wheeler for 35 years during the off season. His disguise as George Eustice gave him a chance to do recon all around the country. “I always suspected everybody should be on the Nice List. Driving that sleigh disguised as an ordinary truck showed me my hunch was right. Most folks are good, even when they don’t know Santa is watching.”

After his sleigh-, um, truck-driving job ended, Santa spent the off season as a volunteer firefighter right here on Vashon for 15 years. Ironically, Santa was injured while burning a pile of old mistletoe leaves in his yard. That accident put him in the hospital for over three months, nearly keeping him from delivering toys that year. Fortunately, Santa has a lot of helpers, and Mrs. Claus made sure Santa was well by Christmas - the toys got delivered on time.

Santa’s heart has always belonged to children, and he served as the PTA president of Vashon Elementary School. “It’s easier to keep an eye on things when you’re directly involved,” said Santa. He was also on the board of the Vashon Ski School for 26 years. “Believe me, I know snow.”

Catherine Swearingen, Executive Director of the Senior Center, says this is the Christmas-in-July present of a lifetime. “George has been one of our most faithful volunteers, but I never could put my finger on why he looked so familiar to me. Then he showed up at the Center last week all dressed in red and told me he’s Summer Santa running for mayor to raise money for the Senior Center. I was skeptical that George is really Santa, but then he described the purple Schwinn bike he gave me for Christmas when I was five years old. I haven’t doubted him since. Santa is definitely a senior citizen, so I know he understands the needs of older adults on



Vashon. We are lucky that Santa chose us.” Unbeknownst to everyone, Santa served on the board of the Senior Center for seven years. Everyone thought it was George, but now that his real identity is not a secret, it makes sense why Santa is raising money on our behalf.

The Vashon Senior Center has been serving older adults on Vashon since 1980 and continues to have an active and supportive presence in the community. Our senior-focused programming includes:

- A nutrition program that provides hot, home cooked lunch four days per week and transportation to and from lunch for adults who no longer drive.
- An array of health promotion, wellness, and fitness exercise classes such as Zumba, guided meditation, and tai chi; chair massages and a low-vision support groups.
- Education, recreation, socialization and personal growth-focused activities.
- Connecting seniors to benefits by bringing in experts in relevant topics such as Medicare enrollment, estate planning, and property tax exemptions.
- Outreach to help older adults stay in their homes as long as possible through a volunteer-staffed program that assists seniors with household chores, transportation, and errands.
- Transportation to drive seniors to off-island medical appointments.

The Vashon Senior Center also has fun! We have art classes, lectures, book clubs, discussion groups, bridge and mahjongg. We go to museums, casinos, the local marijuana dispensary, and show entertaining movies several times each month. Talent shows, BINGO, and our annual picnic are always well attended and lively.

A vote for Santa is a donation to support our mission of enriching the lives of older adults on Vashon. It might also get you a permanent spot on the Nice List.

Island activist runs for unofficial mayor in support of ending domestic violence on Vashon

Eirene, the Goddess of Peace (embodied by Lynann Politte), is running for unofficial mayor of Vashon in support of Vashon’s DOVE Project.

The DOVE Project provides advocacy to survivors of domestic violence on Vashon Island through support and direct services. The organization’s goal is to use prevention, education, and training to build a community in which abuse is eliminated and personal empowerment is promoted.

Politte, an island activist and producer known for her provocative work in support of feminist causes, has previously raised money for Vashon’s domestic violence organizations. In 2002, she debuted the first island production of The Vagina Monologues, raising \$15,000 for a former domestic violence organization on Vashon. In 2003, the proceeds of her second production of The Vagina Monologues benefitted Vashon Youth & Family Services’ young women’s teen circle. In 2010, she produced and starred in her original one-woman show, Eve Was Framed ... a comedy about misogyny, as a benefit performance for The DOVE Project.

“This is how I can contribute,” Politte says. “I so honor the advocates and staff who work directly with the individuals and the skill in which they do that. My skill – if you want to call that – is to put myself out there to raise money. I do that by speaking, performing, and producing events.”

As a feminist and activist, Politte’s focus is on the rights and well-being of women and children.

“My passion is empowering women and supporting them to be all they can be. It is probably not surprising that I believe our patriarchal culture is rife with systemic sexism and a lot of other ‘isms,” she said. “That intolerance breeds violence.”

“I really don’t understand a culture that undermines women,” she added. “Women give birth to humanity. They are the major caregivers of children and the elderly. Women sustain the continuance of the human race. Why would a society that wants to maintain its existence belittle and beat down women? A cultural change needs to happen.”



That cultural change is part of DOVE’s mission which states “DOVE is a catalyst for social change fostering zero tolerance for interpersonal violence. We do this by providing individualized support to empower survivors and through cultivating focused prevention education that inspires community action.”

“The only research proven way to stop the cycle of abuse is by educating ourselves and our community about healthy relationships and ways to hold each other accountable,” says Heidi Jackson, Executive Director for DOVE, “I have hope that we can change our culture stigmas to embrace the idea that abuse is no longer an option.”

Eirene (pronounce ‘Ear-RAIN-na) was the personification of peace in Greek mythology. She was the daughter of the gods Zeus and Themis.

“I chose Eirene to embody what we are striving for – a non-violent world for everyone,” Politte said.

Vote for Vashon’s Unofficial Mayor by placing money in canisters at island businesses. Each dollar is worth one vote. Eirene will also be out and about meeting people and collecting donations. You can also donate online by visiting this site: vashondoveproject.org/donate

“A vote for Eirene is a vote for peace,” Politte said.

Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday. Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085



Lodging
Shopping
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Things to Do

Visit the Vashon Chamber on line
at www.VashonChamber.com

What is a Life Activation?

By Marnie Jones-Koenig

“Activate” your life. I love the sound of it. Get it rolling! If you feel dull or fuzzy or stuck, this could be for you!

You might think, “Oh no, I’m already too busy.” Life Activation is not about getting more busy. It’s about being more on purpose and in the flow. More balanced, grounded, on target. Instead of adding stress to your already over-active life, it helps you re-pace those skidding treads and put them in contact with the ground. It can help you get clear on your priorities and to attract more abundance, fulfillment and joy. On your own terms.

You might ask, “How does a Life Activation do all THAT?”

Life Activation is based on a tenet of the Quakers (and others) that at our center is a spark of Divine Light. You are reminded that the spark is actually there when it is given the more “juice” from a Life Activation.

Life Activation lights up your DNA and that leads to a stronger immune system, greater brain function and engagement with your divine purpose. For many, doors open to new opportunities and months later, you might have forgotten you even had that Life Activation, but in looking back, oh wow, there were all sorts of shifts and changes! Perhaps, you have experienced a more quiet evolution, while others change jobs, romantic partners, homes...

One of my clients didn’t think anything had changed at all, but a year later, business was booming and he looked 10 years younger!

Another client was having a bad day. Later he wrote, “Thank you for the time and care you put into making me feel more like myself.” He went on, “Since receiving this activation, I have used its momentum to make positive changes in my life, and have noticed amazing results months later!”

You might wonder what it is like getting activated. First, there is a gentle clearing and balancing of your aura. Then, as you are seated in a chair, light is channeled into specific locations on the back of your head, neck and upper back. Some feel it, others don’t. That doesn’t matter. And, the Life Activation Practitioner need know nothing about your life story or challenges unless you

wish to share them. This is not therapy. It is Light energy work.

Life Activation encourages you to become personally empowered to address your own challenges and maximize your opportunities.

We are told that Life Activation is over 8000 years old! 3000 years ago, the universal path to enlightenment which King Salomon was working to develop would come to include Life Activation as a central protocol. Today, two other activation experiences complete the process: Full Spirit Activation, which grounds and connects the energy to appropriate chakras, and Galactic Activation which connects you with your galactic origins. Life Activation and Full Spirit Activation are available on the island.

On August 3-4, international teacher Martina Coogan will be coming to Seattle from London to administer the first two stages of Galactic Activation. Your only prerequisite is Life Activation. You can find this event on Facebook.

After you are activated, you might want more. You have started on an ancient spiritual path which until very recently was only available by invitation to such giants as Leonardo da Vinci, Isaac Newton, Winston Churchill and Nicola Tesla.

In 1997, Modern Mystery School opened its doors to the world, sourced from the lineage of King Salomon, to aid in the evolutionary shift of human consciousness.

The purpose of this path is to release humanity from the bondage and suffering so many are subjected to and to encourage you to find and develop your true and joyful self. Issues for which you saw no solutions start to melt and resolve. Perhaps you are ready to live for a greater purpose and on a greater stage. If relationships are your challenge, they too will start to change for the better, to become more loving and more true.

Life Activation is offered by Marnie Jones-Koenig, a Guide, Teacher and Life Activation Practitioner, certified by Modern Mystery School. Call (206)579-8994 for a consultation to feel out if Life Activation is right for you. www.StaroftheSea.Center AND on FaceBook

SRKW Blues

By Orca Annie Stateler, VHP Coordinator

Our elation over the birth of Baby J56 to lovely Tsuchi (J31) is partially eclipsed by despair over the news that two adult Southern Residents (SRKW) are no longer with us. Odin and I have witnessed the vital struggles of the SRKW for nearly three decades. Every successful orca birth is a blessed event, yet our hearts ache from watching some of our Kéet relatives starve to death.

Canadian researchers discovered Baby J56 on May 30 near Tofino, BC. The newborn was peachy and had fetal folds, probably born around May 24. Photos indicated that Tsuchi (J31), age 24, was likely the mother, but the baby was also traveling close to 10-year-old Star (J46) and 15-year-old Suttles (J40). On July 5, the Center for Whale Research (CWR) confirmed that Baby J56 is female and J31 is her mom – the best news. The SRKW urgently need reproductive females, now and in the future.

I was rooting for Tsuchi (J31) to be the mother. In January 2016, Mark Sears and other NOAA researchers observed Tsuchi carrying a deceased neonate on her rostrum. She persisted in carrying the lifeless form of her first known calf for the duration of the research encounter. If grieving Tahlequah (J35) was any indication last summer with her baby-holding vigil of 17 days, Tsuchi might have carried her dead baby for a



documentation by CWR exposed joy and sorrow amid the SRKW. J Pod gained a new relative in Baby J56, but cherished matriarch Princess Angeline (J17), born 1977, is missing. J17’s youngest daughter Kiki (J53), born 2015, endures with love and care from her family. K Pod has no new babies. Ripple (K44), born 2011, is still the youngest K Pod member. Worse, Ripple’s 28-year-old uncle Scoter (K25) is missing.

Recent drone photos showed that Princess Angeline and Scoter were emaciated. At Orca Sing, I uttered these blunt words: “Tepid incrementalism will not feed Princess Angeline, Kiki, and Scoter.” Yet tepid incrementalism – tinkering at the edge of an extinction crisis – is the futile prescription for the SRKW thus far from the Orca Task Force, the Washington State legislature, and myriad NGOs. Despite the births of L124 in January and J56 in May, a mere 74 critically endangered SRKW draw breath. Proper eulogies are forthcoming for my beloveds:



Left to right: Tsuchi (J31) with her baby J56, Star (J46), and Suttles (J40) near Tofino, BC. Photo © John Forde, 5/30/19.

while. J Pod departed Puget Sound, and researchers did not get a thorough look at the Js again until late February 2016.

In June, Odin and I were on San Juan Island for Orca Sing. Zero Whale Days for us this time. Bob Otis, the principal researcher in a long-term summer assessment of the SRKW at the Lime Kiln Lighthouse, marks a large white calendar board in the whale research lab with a zero when no SRKW enter the Haro Strait study area. Transients, Humpbacks, and other species are noted, but a day without SRKW is a zero Whale Day.

Historically, we have seen Southern Residents at least once during our Orca Sing trips. This year, SRKW were absent in the Salish Sea from early May until July 5. Chinook returns to the Fraser River are abysmal. Evidently, the orcas found better foraging in the ocean, at the entrance to the Strait of Juan de Fuca. In late June, J Pod, K Pod, and some L Pod members were observed near Caramanah Point and Pachena Lighthouse off the southwest coast of Vancouver Island.

At long last, J Pod plus Onyx (L87) and K Pod returned to Haro Strait on the morning of July 5. Two days of extensive

Princess Angeline (J17) and Scoter (K25).

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS & STRANDINGS ASAP TO 206-463-9041. Newborn Harbor seal pups are here. When reporting a sighting or stranding, be specific: date, time, location, travel direction, species description, number of whales/seals/etc., and behavior observed. We prefer phone reports, but if email is the only way to coax you to report to us, send sightings and photos to Vashonorcas@aol.com. Your photos of marine mammals are valuable for ID purposes. Do not assume we will randomly find stuff posted online. We are grateful to everyone who reports directly to us

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Planet Waves
by Eric Francis <http://www.PlanetWaves.net>



Aries (March 20-April 19)

Currently you seem to be emerging from a long struggle with your past – whether represented by ideas or by actual people – into a new sense of your individuality, freedom and power. This will almost certainly feel daunting to a degree, at least to begin with, as all unfamiliar territory does. In part you can address that by recalling everything you’ve been through to get here. That took determination and guts. Now, you owe it to yourself to enjoy your hard-won gifts to the fullest, and take up your new opportunities boldly. The storm is over; leave it decidedly behind you, and step right into the sunshine.

Taurus (April 19-May 20)

You seem to be feeling adventurous or curious; ready to explore new ideas, a different mindset, or perhaps literally fresh turf. With Mercury having just stationed retrograde, this may also involve revisiting and reviewing theories you’ve held to in the past. Be sure to keep an open mind; be wary in particular of reacting against a position – that is, taking the directly opposing view out of repulsion. Even if what you’re left with is uncertainty, it would be wise to hold space for that, at least over the next month. Don’t reach a conclusion unless you have reason to be sure, and even then leave room for questioning.

Gemini (May 20-June 21)

As you read this, your ruler Mercury either has just stationed retrograde or is in the process of doing so. This is almost always a useful reminder about why it does no good to trust absolutes, which human beings are in the habit of doing. Nuanced views are far more reflective of reality. Even if all the evidence seems to be pointing in one direction, now is not the time to draw firm conclusions – it’s highly likely that things are not quite what they seem. This is especially true where your self-confidence is concerned; your full array of talents and resources is likely to be far broader than you estimate.

Cancer (June 21-July 22)

During the next few weeks you’ll want to consolidate the gains you’ve lately achieved in the face of what may have seemed like incredible odds. You might be tempted to keep pushing for more, or to revert to former habits; either of which could risk the ground you worked so hard to win. Now is not the time for big moves. Recognize the value in what you actually have, including your own abilities and learned skills; these in particular are precious resources. Be careful to use your time, energy and money wisely, and to avoid situations in which you risk feeling depleted or drained. There’s only one of you.

Leo (July 22-Aug. 23)

Pay attention to your mood this week, especially if you find yourself getting anxious or stressed, or feeling under the weather. Keep an eye on the demands others make on your time and energy. If you notice you’re being pulled in several different directions, that’s a clue you likely need to slow down and take it a little (or a lot) easier. Generosity and willingness to help are wonderful qualities, though supporting one’s own wellbeing is a crucial component, as is being able to enjoy what you do. You have an opportunity in the days ahead to restructure your daily life some. Make sure you are included in it.

Virgo (Aug. 23-Sep. 22)

Mercury stationing retrograde in the most sensitive area of your chart is your cue to tackle some deep issues. This is very likely to involve your individuality and the boundaries you draw between yourself and the rest of the world; in recent times there has perhaps been a good deal of blurring, and you may feel like it’s a struggle to assert your autonomy, regardless of your actual circumstances. As an adult, however, the power to do that is ultimately in your hands and yours alone. Nobody else can clear the way for you, so be bold. You need to get used to taking up space.

Libra (Sep. 22-Oct. 23)

It may be necessary to revisit a recent change in your career path. If this means retracing some of your steps, or things not turning out quite as expected, don’t be too hard on yourself. You might feel frustrated, though this is an ongoing process. True, the recognition you’re growing toward has been a long time coming, and may well be overdue. However, this is partly about getting yourself into the right frame of mind, so that when the moment comes you can seize it accordingly. Until then, make use of the resources you already have, and keep focused on the work before you.

Scorpio (Oct. 23-Nov. 22)

Your charts describe a sense of impatience to reach for something you want, though at present it seems just beyond your grasp. There may be a waiting game, or one or two challenges to surpass, before you make it to your desired destination. As Mercury is in the process of changing direction, you might also receive new information over the next few weeks; this could lead to you altering course likewise, if only slightly. Now is perhaps a good time to examine how you feel, whether anything’s changed, or if there was an angle you missed. Even if nothing needs modifying, you will better understand the nature of what you’re seeking and why.

Sagittarius (Nov. 22-Dec. 22)

Mercury retrograde often serves as a good general reminder not to rush into a specific course of action, though this is good advice at any time, and is especially so for you now. In particular, any feelings of panic or anxiety are highly unlikely to reflect the true situation, so it would help if you don’t let them govern your actions. Keep a clear head, and consult with others if you need to ground your ideas. Applying logic and strategic thinking should be useful. Be sure of your footing before you take any major steps, and don’t underestimate the value of effort, preparation and staying informed.

Capricorn (Dec. 22-Jan. 20)

Being honest about how you feel can sometimes require an act of courage, especially if you’re embarrassed or worried about the consequences. Yet locking your emotions inside yourself rarely makes for an easier path. For sure, the current astrology suggests it’s useful to convey what you need to express with consideration, measure and compassion, though that is different from toning down the actual content of the message. You need to open up, particularly to loved ones; and if it’s assistance or care you’re seeking, also ensure you’re actually willing to receive it. Let people help you.

Shady Gray Needs a Home

Hey, I’m gonna be in the Strawberry Festival Parade! Well, my picture will be, anyway. VIPP supporters are going to carry photos of all the cats and dogs who have found homes since 2018’s festival, plus my shelter buddies and me who are still waiting for our special person to arrive. I sure hope that next year my photo will say “ADOPTED!” on it.

I’m calm and quiet, and I like to sit on laps. I get along with other shelter cats, but a forever home of my own is what I dream of. If you’re dreaming



of having a gentle companion, don’t wait for the festival - come over and see me in person right now!

Go To www.vipp.org

To view adoptable Cats and Dogs

Aquarius (Jan. 20-Feb. 19)

Recent experiences are causing you to re-evaluate certain aspects of your philosophy, which may turn into a little information-gathering project in the weeks to come. Part of this may arise from specific annoyances you encounter on a regular basis: the kind that have a tendency to add up if they’re not addressed. Asking yourself why you put up with these irritants may lead you on a trail of consciousness to pondering some rather larger questions. Let this process flow naturally at its own speed, and be careful not to shut down any apparent complexities or contradictions. The time for resolution will come.

Pisces (Feb. 19-March 20)

Recent experiences are causing you to re-evaluate certain aspects of your philosophy, which may turn into a little information-gathering project in the weeks to come. Part of this may arise from specific annoyances you encounter on a regular basis: the kind that have a tendency to add up if they’re not addressed. Asking yourself why you put up with these irritants may lead you on a trail of consciousness to pondering some rather larger questions. Let this process flow naturally at its own speed, and be careful not to shut down any apparent complexities or contradictions. The time for resolution will come.

Read Eric Francis daily at [www. PlanetWaves.net](http://www.PlanetWaves.net)

Deadline for the next edition of *The Loop* is
Saturday, July 25

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Find us on Skype
Vashon Loop
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Loose Change
R&B Band

Loose Change is now booking for your summer parties.
We have dates available
Call Troy @ 206-794-9451

Seattle Dance Collective Presents Program One

Artistic Directors Noelani Pantastico and James Yoichi Moore have selected works by five choreographers from three continents for Seattle Dance Collective’s debut performances. SDC artists include dancers from internationally recognized Pacific Northwest Ballet and acclaimed Seattle-based contemporary dance company Whim W’Him.

Program One includes six diverse pieces of contemplative emotional journeys, high-octane athleticism and riveting exploration of movement, all designed to inspire audiences and challenge expectations.

Friday, July 12 | 7pm
Saturday, July 13 | 7pm
Sunday, July 14 | 1pm
Tickets: \$75, \$60, \$45

Family Matinee
Saturday, July 13 | 1pm
Tickets: \$25 adult \$10 student
Tickets at
VashonCenterForTheArts.org



Elle Macy of Seattle Dance Collective. Photo by Kenneth Edwards

Find the Loop on-line at
www.vashonloop.com

Spiritual Smart Aleck

By Mary Tuel
We Have Arrived

In September 2018 the Public Broadcasting System debuted a one-hour special which documented the rise of fascism in Western Europe in the 20th Century. It traced how fascism in Italy and Germany rose out of the aftermath of World War I.

Germany was blamed for starting World War I, though a lot of the responsibility belonged to Kaiser Wilhelm, the hotheaded eldest grandson of Queen Victoria. At the end of that war he fled to the Netherlands and lived there in exile until his death in 1941 at the age of 82, while Germany took the punishment for the war.

The documentary shows footage of both Hitler and Mussolini speaking passionately to huge crowds of people, and great masses of people cheering and waving.

People often bring up Hitler when talking about Trump, but after seeing news coverage of Trump’s first official 2020 campaign rally, and then seeing film of Mussolini giving a speech, I was struck by Trump’s similarity to Mussolini - the similarity of body language, the braggadocio, the hubris, and the self-satisfied smugness. Both stood back and smiled while their crowds cheered, Mussolini with his arms crossed and that huge chin in the air, Trump smirking and smiling.

Still, Trump’s rise has been Hitler-esque. First perceived as a clown, he astonished us and ended up president.

Hitler and Mussolini promised jobs and prosperity to their people, and those promises were key to their rise to power. In the early years of their regimes the German and Italian economies were gaining ground.

In 1933 when Hitler became Chancellor of Germany, Dachau was opened. It was a place to send dissidents. For some reason I always thought the camps came later, but no. They, or the intentions of having them, were in place right from the start.

America has camps now, for children, some of whom have died, all of whom are separated from family, and are living in crowded, unhealthy conditions.

Recently reporters were invited to tour a children’s facility, where the administrator of the camp said his feelings were hurt that people had said bad things about his camp. Three hundred children were shipped out before the reporters came, and the reporters said that the camp was clean, and not crowded, and the children were well-dressed and happy.

This story reminded me of Theresienstadt. Do you know what Theresienstadt was? Look it up.



I wonder how history will speak of us. Will America now be remembered as we remember Nazi Germany? America with a leader who gave speeches that got the crowds calling for, and sometimes shedding, blood? America making scapegoats of Hispanic families seeking asylum?

America with concentration camps.

You know, when I started writing this column back in 2002, I aspired to write humor. I still do that sometimes, and I will when I can, but it is impossible not to speak out now.

Trump is not Hitler. We are not Nazi Germany. We can stop making those comparisons. We have arrived: we are the same old evil in a contemporary package. We don’t have a short catchy name for our era yet, like “Nazi Germany,” but someone will come up with one.

There was a 7.1 earthquake in California last night (as I write). I was watching a live news report of first responders speaking about what happened, damage assessment, injuries or deaths, and as the video played, emojis flew up the side of the screen. Many of them were laughter emojis, which puzzled me. What was so funny about a huge earthquake, people losing electricity and water and gas lines fracturing and homes burning?

Then I started reading the comments scrolling at the side. Most were people saying, “Praying for you,” “Wishing you well,” and such sentiments, but some were, “This is God’s punishment on California,” and “The whole state should fall into the sea,” and “This happened because of the evil liberals in California.”

This basin in the Sierras, east of the San Joaquin Valley, where the earthquake took place, is hardly what I would think of as a liberal stronghold – we’re talking the China Lake Naval Air Weapons Station, farmers, working people, the Mojave Desert, and the routes to Death Valley and Mount Whitney.

The haters on the web page were part of the Trump base.

This era, this administration, is the culmination of years of propaganda (Rush Limbaugh, Fox News), hard times for working people, and the unenlightened self-interest of the people running the show.

Not to mention the unwillingness of a lot of people like me to believe that our political opponents would stoop this low.

For what it is worth, earthquakes are caused by the shifting of tectonic plates. If they were caused by God’s wrath, I think his (because you do believe God is a guy, right?) aim would have been better.

Road to Resilience

Continued from Page 1

received Rondi’s email. When the two of us found ourselves at our weekly Zen session without a master, we instead went to the Roasterie for a conversation and coffee. We quickly realized that we both had responded enthusiastically to Rondi’s offer. Neither of us wanted the \$20 but we both thought it was extremely important to promote this knowledge.

Thus, since January, Rondi, Sheila, and I have been meeting, educating ourselves, sharing with others, and trying to figure out how best to present the idea that large herbivores could in fact be apex species in the regeneration of our planet’s wildlife habitats, playing a major role, along with our ending fossil fuel use, in the mitigation of the climate crisis itself. A big obstacle to acceptance of this idea is the deeply entrenched belief that

the animals themselves are the problem. However, scientists now know it is not livestock, but how they are managed, that degraded our grasslands.

Our project evolved into realizing that the crucial element in restoring the grasslands, and all cultivated land as well, is the regeneration of the soil. Farmers and ranchers all over the world are realizing soil is actually a living organism, a system of mycorrhizal fungi and bacteria that best performs in its diverse natural state. In practical terms, this means no tilling, never allowing the soil to be exposed (continuous cover cropping and mulching), rotating crops, maximizing plant diversity, and allowing herbivores to graze to stimulate the regenerative process. By doing these five things, farmers greatly improve yields and restore water tables and ecosystems, while reducing or eliminating fertilizer, insecticide,

The Company Stone



The Company Stone is a Vashon Island band specializing in tunes that get folks dancin’! With the influences of R&B, jazz, soul, rock’n’ roll, and Americana, the group comes together to create a familiar yet entirely original sound.

Camille Reeves creates soulful, original material and hand-picks top-notch covers to create an energizing and inspiring experience for their audiences.

The Company Stone features The Horns of Plenty: Greg McElroy on tenor saxophone, Dylan Basurto on trumpet,

and Leander Swan on trumpet. The foundation of the group is built by the rhythm section, with Andy James on guitar, Manuel Alvarez-Bones on Bass, and Dan Bruce on drums.

Community is at the heart of this group, so all of their shows benefit Island charities. This show will benefit the Journeymen Institute.

Friday, July 12th, 7:30pm

The Company Stone

The Red Bicycle

All-ages ‘til 11pm, 21+ after that

Free cover!

Loose Change

A longtime Vashon favorite, this band aims to entertain with non-stop danceable tunes - R&B, swing, and the occasional disco hit. Inspired by the movie “The Commitments,” the band’s leader and powerful front man Troy Kindred is an entertainer in every sense of the word. His infectious energy and enthusiasm gets the crowd into the act – and his vocals will tear the paint off the back walls.

Kindred is backed by a tight 13-piece band that includes the talented Randy Bruce on keyboards and a solid rhythm section. Dynamic horns and backup chick singers add sass and spice. The sheer size of Loose Change makes for a big sound and a fun show.

Strawberry Festival 2019

Saturday, July 20th, 7:30pm

Loose Change

The Red Bicycle

All-ages until 10:30pm

21+ after that, ID required

Have a Story or Article

Send it to:

Editor@vashonloop.com



www.VashonEvents.org

our environment, we will also be showing our children that we are trying to secure a more stable climate for them.

The Chamber of Commerce is in support of the vision, and the Vashon-Maury Land Trust has become the fiscal sponsor for donations. A website and Facebook page will be launched very soon. Keep your eyes open for our invitation to synchronize and focus our efforts!

Responding to the climate crisis has so far been a struggle to wrap our minds around how to stop or minimize the harm our choices and actions have created – not very motivating although absolutely necessary. But having the payoff of restoring and regenerating the planet is so much more compelling. Sheila coined this slogan: “Stop the Hurt, Start the Healing.” I think that really encapsulates our job.

Comments? terry@vashonloop.com

Island Epicure



By Marj Watkins

Keep It or Toss It?

In June’s untraditionally hot weather, fruits grow riper fast in the fruit bowl, and anything left on the counter spoils promptly. But how can you tell whether to keep something or throw it away? Store cooked food in glass, labeled and dated, in the refrigerator. It will still be flavorful, nutritious, and safe for 4 days. On the 4th or 5th day at the latest, bring it back to the boil, let it cool until tepid, then transfer it to glass jars, lid them, date them, and refrigerate them again.

When food is labeled “Sell by (date)” that only means the store wants it purchased not later than that date. It doesn’t mean it’s not good for a few days. “Use by (date)” indicates the last date flavor and nutrition will remain at their peak. After that date they’re still safe to eat but may have lost some flavor and vitamins. Frozen foods have generally been picked at their best for flavor, rushed to the processing plant, and got into refrigeration as soon as possible.

Eggs stay fresh for three to five weeks when refrigerated. You can see how fresh an egg is by immersing it in water. If it sinks, it’s very fresh. If the egg moons you, and it’s hind end rises, it’s not very fresh. If the egg floats, it’s spoiled. Toss it.

Citrus fruits: Lemons and oranges tend to mold in a few days, so it’s best to refrigerate them, but grapefruit remains unspoiled a bit longer, usually. Sometimes it develops brown spots of rot. Cut those out and use right away. If space in your fridge’s vegetable bin permits, fresh unpeeled grapefruit will remain in good shape for at least ten days.

Lettuce: wrap in paper

toweling, stick in one of those green plastic bags. The plastic should not touch the lettuce. The paper towels will absorb the moisture already on the lettuce or exhaled by it. This treatment prevents wilting. The head of lettuce will be crisp and delicious down to the last tiny leaf.

Apples: 1 week unrefrigerated, 4 to 6 weeks in refrigerator.

Pears: Nearly always unripe when put on display in the produce section. Time until ripe varies by the temperature in your pantry or kitchen. They are ready to eat when just somewhat tender. Then eat within a day or two. Refrigerated, though, they can be held 3 to 5 days., 2 months if frozen.

Peaches, plums and nectarines: 1 or 2 days unrefrigerated, 3 to 5 days refrigerated. You can use them in cooking even if still hard.

Grapes: Best keep in refrigerator. The grape bunch spoils unevenly, and the first to spoil alerts and attracts fruit flies.

Fish: Refrigerate and then eat the same day you buy it. Otherwise, freeze it at once. Lean fish like cod, halibut, and flounder will keep 6 to 10 months when frozen right after purchase, fat fish--salmon and tuna-- 2 to 3 months. Put a sticky-back label on the packet with the date you bought and froze it.

Beef: Tenderize, cut in cubes, marinate with finely chopped fresh garlic and gingerroot, the lot tossed with sesame oil. Use within 3 days or freeze.

Nuts: Pantry-stored unopened, up to 12 months; 2 to 9 months after opening, jarred and refrigerated 4 to 6 months.

Soups: 3 to 4 days refrigerated, 3 to 4 months frozen.

Tea bags: 1 1/2 to 3 years in pantry in unopened package, 6 to 12 months after opening the package. Lose teas keep well in capped jars or closed metal canisters.

Summer squash and zucchini, 4 to 5 days in refrigerator.

Potatoes: 1 to 2 months. If they start to sprout, promptly remove the sprouts. They are toxic and bitter. Refrigerate if space permits Otherwise, wash, chop, cook and mash the de-sprouted potatoes. Frozen mashed potatoes keep 10 to 12 months

Reimagining the landscape of the Eiffel Tower

On July 21, Vashon Center for the Arts Celebrates the New Design of the Eiffel Tower Park with Kathryn Gustafson

VCA welcomes Landscape Architect Kathryn Gustafson for an insider look at the Site Tour Eiffel Competition to reimagine the landscape of one of the world’s most iconic monuments. Spanning an area of 135 acres, the first phase of the project is to be completed by 2023 for the Paris 2024 Summer Olympics. Kathryn will share the winning design that was awarded to Gustafson Porter + Bowman (GP+B) earlier this summer. Kathryn will also speak about GP+B’s recently completed Valencia Parque Central in Spain.

Kathryn Gustafson brings over 30 years of distinguished practice to her partnerships in two firms, Gustafson Guthrie Nichol (GGN) in Seattle and Gustafson Porter + Bowman (GP+B) in London. Her diverse span of works are known as ground-breaking, contemporary designs that incorporate the sculptural, sensual qualities that are fundamental to the human experience of landscape.

Kathryn’s current and completed work with GGN includes the Smithsonian’s National Museum of African American History and Culture in Washington, DC, the Robert and Arlene Kogod Courtyard at the Smithsonian American Art Museum and National Portrait

Gallery also in Washington, DC, the Civic Park at Hemisfair in San Antonio, TX, and the Lurie Garden at Millennium Park in Chicago, IL.

In addition to the Site Tour Eiffel in Paris, Kathryn’s work with GP+B includes, Valencia’s Parque Central in Spain, Westergasfabriek Culture Park in Amsterdam and the Diana, Princess of Wales Memorial Fountain in London.

Kathryn lectures throughout the world and is an honorary fellow of the Royal Institute of British Architecture, an honorary Royal Designer for Industry member, a medalist of the French Academy of Architecture, and a Fellow of the American Society of Landscape Architects. She is the recipient of the Arnold W. Brunner Memorial Prize in Architecture, the Obayashi Prize, the ASLA Design Medal, the Chrysler Design Award, and London’s Jane Drew Prize. In 2011, Kathryn and her GGN partners received



the Smithsonian’s Cooper-Hewitt National Design Award for Landscape Architecture, and GGN received the 2017 ASLA National Landscape Architecture Firm Award.

Sunday, July 21 | 4:00pm
\$20 General, \$18 Members, \$15 Students/Seniors
Tickets at
VashonCenterForTheArts.org

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Snapdragon Stage
Continued from Page 1
create an energetic and passionate sound.

9pm: Blue Monster
A five piece instrumental funk band from Vashon Island that has been playing venues and festivals in the Northwest since 2005. Known for their live performances which combine heavy funk grooves laced with psychedelic improvisation, the group frequently invites local musicians to collaborate for on-stage jams. The rhythm section lays down tight beats which combine intricate bass lines with deep pocket drumming while the keyboards deliver syncopated funkiness.

10:30pm: The Spice
A seven piece band playing out of Seattle. The rhythm section is reggae-fueled and nothing if not sly and funky. The melodies are more hip-hop and rage than harmony and root-change. We are full of instruments you’ve never seen before, creating sounds you did not know could exist. You see we’ve brought the sounds from all the scenes far and wide.

Saturday, July 20th
Beer Garden Stage
1pm: The Curvettes
Arlette Moody, Elaine Ott-Rocheford, and Stephanie Murray – are a “retro chic” trio that puts their own curve into music nostalgia. The Curvettes are backed by The Straightaways, an acoustic swing combo that puts a nostalgic spin on even the most modern tunes, but isn’t afraid to bust out a beat when they need to.



2:30pm: Rooster
A rockin four piece band with heavy leanings toward 1970’s era rock, performing covers and originals. This is dance oriented music, heavy on the bottom and buoyed by Organ and Guitar. Influences are SRV and Double Trouble, Jimi Hendrix, Steely Dan, Micheal Jackson, Jeff Beck, etc.

4pm: OneNiteStand
Long-time island band with more rocking tunes and incredible new vocals by Arlette Moody – and the good news is, they’re ready to show off the new polish! This band is ‘nothin’ but rock & blues with the emphasis on classic rock tunes as well as some originals sprinkled in there.

5:30pm: The Company Stone
Vashon Island band specializing in tunes that get folks dancin’! With the influences of R&B, jazz, soul, rock’n’ roll, and Americana, the group comes together to create a familiar yet entirely original sound. Camille Reeves creates soulful, original material and hand-picks top-notch covers to create an energizing and inspiring experience for their audiences.

7pm: Heels To The Hardwood
Soulful Americana rock band that commands the stage with powerhouse vocals, expressive and honest lyrics, intricate guitar riffs, smooth notes of the pedal steel, and pulsating back beats that will keep your toes tapping and your feet stomping.

8:30pm: One More Mile
Blues group from Vashon Island fronted by “The Principal” Jason Lollar (vocals/ lead guitar) and “Lonesome” Mike Nichols (vocals/harmonica)- a musical brotherhood going back decades.

10Pm: Publish The Quest
Publish the Quest, a band with deep Vashon roots that has made a name for itself worldwide as both a musical and

philanthropic force, is going to play for the very first time at the Vashon Island Strawberry Festival. It’s going to be an epic night of music with one of the best bands in the Pacific Northwest, with sound provided by Laird Gonter and Bandstand Music. Don’t miss this epic dance party in the Beer Garden on Saturday, July 20th at 10pm!

Street Stage
6pm: Long Day On Mars
Rocks the earth from all over the solar system, not just from the 4th stone. We prefer to play terrestrial instruments reminiscent of the 1970’s but with a Martian twist. Just like a meteor orbiting the sun, we follow our own



path and our material is our own. On a recent tour, we observed earthlings and discovered a plethora of rich content on which to base our lyrics. After all, what do you want after a long day? A nice cold one with someone who understands. That’s us. Come participate in our next stellar broadcast to the lonely outlying planets. Let’s rock the universe one song at a time.

9pm: The Freams
The Freams is a female-fronted blues, soul & rock n roll band based in Seattle. Drums, upright bass, piano and guitar thick with melody and rhythm.

10:30pm: The Bad Decisions
If you like Rock’n’Roll, you will like The Bad Decisions. They bring hot, honeysuckle-dripping, Southern-accented tunes that shake, rattle AND roll, and they come hard-driving right up in your face to say: “Move, while you can!! Start shaking them bones!” That’s the Good News! The Bad Decisions are Gregg Curry, Scotty Hayes, Tim Norton, and Ben McQuillin and they deliver. Come out and join them and shake it beneath the July moon. Bring your dancing shoes. You’ll be making a good decision.

Portage Fill Street Dance
7pm: Portage Fill Band
Since 1973, the Portage Fill Big Band has been a staple of the Strawberry Festival musical lineup. While they lean heavily on the classics from the Big Band era of the 30’s and 40’s, the Portage Fill also mixes in plenty of hot jazz tunes from later decades as well. Opening the music stage in Ober Park, the band plays a high energy set from the modern jazz era, while at the Street Dance, count on danceable tunes and standards from the Big Band Era. Vashon Island’s original “garage band”, the Portage Fill is guaranteed to get a crowd up and dancing!

Ober Park Stage
1pm: UMO Aerial Show Act I
UMO School presents a series of acts created by the students and teachers of The UMO School of Physical Arts. Over 30 Students and teachers alike perform pieces inspired by the universe. Planets, shooting stars, aliens, and space monkeys flip and fly in gymnastics and aerial routines, parkour, clowning and more all imagined and choreographed by the students...fun for the whole family, not to be missed!

2:30pm: RiverBend
RiverBend is Paul Colwell, Peter Larsen, Chuck Roehm, Dave Lang, Dick Gordon and Mike Witmer. Paul is well known for playing many years with Island groups as well as Internationally with the “The Colwell Brothers” and the “Up with People” groups. Chuck & Peter, played for many years as part of the island band, “The Garage Boys” and Peter played in the island group, “Down Yonder” before the Garage Boys as well as a popular German group called “Kampfire” in Hamburg. Dick has a wide breadth of musical

talent; he was part of the popular Seattle band “Rag Daddy” in the 1970’s, played at Sound Food, Al and Tony’s Pizza, with Mindy Little, the Garage Boys and also the Geezers. New to the band is Mike Witmer on bass.

4pm: UMO Aerial Show Act II
UMO School presents a series of acts created by the students and teachers of The UMO School of Physical Arts. Over 30 Students and teachers alike perform pieces inspired by the universe. Planets, shooting stars, aliens, and space monkeys flip and fly in gymnastics and aerial routines, parkour, clowning and more all imagined and choreographed by the students...fun for the whole family, not to be missed!

5:30pm: The Pat Reardon Band
From various incarnations as neighbors & roommates in West Seattle during the 1990’s, these friends/musicians gelled and molded into who they are now: one groovaliciously synchopated unit. In the 20 years of jamming & laughing together – they’ve found the perfect pathways to roam through Pat’s eclectic array of originals. You’ll hear rock folk country jazz funk bluegrass tinged songs with enough clever lyrics to make a dictionary AND a thesaurus jealous. It’s as if someone keeps changing the radio station – and that’s the way they like it.

7pm: Rumor Has It
This rockin’ Vashon band will lift your spirits while you kick up your heels and dance. They began in 2009, when a group of long-time island musicians got together in a Vashon cabin to make music and sing. These great island musicians have cooked up a delicious stew they call “stringband rock” – a tasty treat of many different styles of music – Americana, R&B, bluegrass-jam, folk-rock, and Afro-Celtic - all with their signature musicianship. Oh, and there’s lots of singing.

Pandora’s Box Youth Stage
Saturday only

1:30pm: RISK, RISE, ROCK
Rock Island String Kollektive was created 9 years ago to provide a fun, casual, group



experience for string players ages 12 and up. Rock Island String Education provides youth ages 2nd -5th grade twice weekly group lessons for students at affordable cost. Two scholarships per session are provided as well. Guitarboyz and Guitarkidz are band/ group learning opportunities for electric guitar students.

2:30pm: Eva Cain
Eva Cain, 14, has been singing since she could speak. She has played in various Vashon musical theater productions, including as the lead in Cinderella. She and her guitar teacher, Daryl Redeker have been working together for a year.

3:30pm: Petrichor
You may know Petrichor as a band made up of two recent VHS graduates, or you may know it as the smell of the earth after it rains. Dimitrius Brown and Iris Sackman started playing music together four years ago, and have since released an EP and several singles. Join this Vashon duo this year for a meld of alternative and indie sounds, and of course, some rain dancing.

4:30pm: Jonah Winter Cole & Noam Drucker-Sand
Jonah Cole and Noam Drucker-Sand play a high energy mix of originals, rock classics, grunge, and pop-punk. You might hear some Green Day, Nirvana, and Led Zeppelin along with Jonah Cole’s gritty yet melodic original lyrics. Barely into double

digits these guys put on a great show!

5:30pm: Basement Tuesdays
Formed in late 2018, Basement Tuesdays is a punk rock super group. The trio consists of members from 20 Eyes, Ouch Pouch, and Petrichor. Their combined musical styles produce bangin’ sound and a killer live show.

6:30pm: 20 Eyes
20 Eyes is a hard hitting, go getting, trend setting, mind bending punk band. The two-



piece creates a raging live show. The band made up of two brothers slays any stage that they’re on. With influences coming from Minor Threat, to Mom Jeans, to Beastie Boys, their songs swings from intense hardcore, to softer jams, to clever rhymes. All around good boys, they are.

Snapdragon Stage
1pm: Gregg Curry
Greg Curry’s songs dig deep into the roots of American music to create his original sound. He has traveled America, absorbing influences from rock, soul, and blues to country, bluegrass, and gospel. Drawing from hundreds of original songs and numerous recordings, he seamlessly knits those American traditions into his unique musical tapestry of lyrical, catchy tunes. Those songs, plus over 20 years of performing, make him a compelling presence on stage.

2pm: Kenny Alton with Luke Tedder
Kenny Alton has been playing in bands since he was fifteen years old. His love for music was ignited while living in Thailand. Kenny was six when a visiting uncle brought him The Beatles Revolver album and some American grape bubble gum. Accidentally putting on side two and hearing George Harrison’s riff and then John Lennon’s voice on “She Said She Said”, I knew from that moment that I found my true love. Everything musically that Kenny’s done is traced to that moment.

3pm: Michael Whitmore
Michael Whitmore is a nylon string guitarist, occasional vocalist, & leader/ composer for the band Some’tet. He tends towards the frayed edges of jazz -- post-jazz, nu-jazz, free-jazz, with a hint of samba. A veteran of the Los Angeles new music scene, he moved to the Northwest a decade ago. Highlights in a long career include a NEA California Composers Grant, dozens of album & soundtrack credits as a leader, sideman or collaborator, including a project composing music for Pulitzer Prize winning poet Franz Wright. He is an author, music historian, very often a DJ, & always a record collector.

4pm: Alex Davis
Alex Davis is a singer-songwriter raised on Vashon Island, WA, now based out of New Orleans, LA. His original songs are steeped in American Folk traditions and 20th century Rock and Roll mythology with a dash of classic Outlaw Country, and a handful of the dismal angst that put the PNW on the musical radar.

Continued on Page 11

Strawberry Festival Music Schedule

Continued from Page 10

5pm: Steve Itterly

Steve Itterly is a northwest-based singer-songwriter who draws from a deep well of American musical traditions to create distinctively personal music that is timeless without being overly nostalgic. His songs pull from genres such as country blues,



early jazz, western swing, folk, and ragtime. Steve has won the Telluride Blues & Blues Festival’s Country Blues Competition and he is a recognized songwriter in his own right. He has shared a bill with greats such as Bonnie Raitt, Taj Mahal, Keb Mo, Steve Winwood, Jack Broadbent, Anders Osborne, and Benjamin Booker.

6:15pm: Tim Couldn’t Make It

Tim Dahms has been called “one of the finest bass players to come out of the islands” and has played with music icons from Steely



Dan to Willie Nelson. You may recall that Tim Finally Made It to Strawberry Festival in 2018. Will he make it this year? Maybe. In the meantime the boys will carry on and tickle your ears with good music.

7:45pm: SumBand

Sumband has a reggae/rock sound paired with conscious lyrics. Originals with a few covers thrown in designed to make you move your feet!

9pm: KINGSLEY

KINGSLEY is the solo alias for producer and DJ Kingsley Northcott. Born & raised in London England, he began playing the piano and composing music at a young age progressing into the realm of producing electronic music on his computer at the age of 18. KINGSLEY currently lives in Seattle Washington. KINGSLEY will guide you through a journey of different genres throughout the Electronica & Dance Music Realm; mixing a variety of styles such as Deep House, Bass House, Psychadelic Dub & Trance, among other uplifting styles of electronic music. His music resonates a positive vibe with an eclectic and uplifting frequency leaving the crowd in a state of euphoria with seamless transitions and melodic bass tracks.

Sunday, July 21st

Beer Garden Stage

1pm: Amigos Nobles

Please take a listen because it seems everyone enjoys the music of Amigos Nobles, whether it’s the jazz or rhythm & blues crowd or the hard-rockers. The guitar work is amazing, along with very intelligent, meaningful percussion. Amigos Nobles’ music is very energetic, fun to listen to, and fans enjoy seeing the intensity that Amigos Nobles plays with live. When we’re not performing our own original compositions we cover such artists as Jesse

Cook, Ottmar Liebert, Peter White, The Doors, The Beatles and many others. Please check out our album Escape Barcelona at Pandora, Spotify, YouTube, iTunes, Amazon and many other online outlets.

2:30pm: Little Deer

Little Deer plays a mix of Celtic, Oldtime, and original music. Fast, slow, dance, ballad, traditional, contemporary - they are at home with all presentations. The common denominator is zest and spirit, with equal emphasis on driving rhythm and harmonic melodies.

4pm: Poultry In Motion

Take a Cajun fiddle and accordion playing rocket man from Louisiana. Add an LA song writing, guitar playing rocker. Now we need a funky bass from Chicago and definitely a soul singing drummer from Virginia. For a little extra seasoning how about some swampy Dobro and lap steel from up in the north woods of Wisconsin? Not quite right yet? Oh yah, you definitely need a guitar / mandolin / banjo slinging song writer (the sensitive kind of course) from back in Turkey Branch, Missouri. Cook it all up and what do you call this exotic dish? Why it’s obviously a “Poultry In Motion” gumbo

Street Stage

1pm: Spank Williams

Spank Williams brings an old-fangled, star-spangled good time to the stage with a carefully-curated selection of old western and bluegrass tunes. Songs range from Merle Haggard classics to Appalachian hymns to REO Speedwagon, with the occasional original tossed in. Their lively and whimsical vibe along with three-part vocal harmonies and plenty of guitar and fiddle solos keep smiles on faces while a driving rhythm section gets folks up on their feet.

2:30pm: Del Vox

Del Vox’s members come from long standing musical acts with diverse backgrounds. They’ve played a variety of venues and festivals across both the US, Europe, and Australia. Members include Sherri Jerome guitar and vocals (Strange Jerome, Jealous Dogs), Aimee Zoe Tubbs on the drums (JackRabbit, MoZo, Ian McFeron Band), Michael Beckworth on electric guitar, (Strange Jerome, Mnamna, Hundred Acre Wood) and Mikel McDermott on bass (Silverhands, Zoe Muth and the Lost High Rollers). Del Vox is a Rootsy Garage Rock band with snappy, fun-loving songs siphoning from the essential, to the point music of the early sixties. Del Vox packs a melodic punch with traditionalist fervor and delivers music and attitude that provides an emotionally rich experience.

4pm: Tin Foil Top Hat

Hailing from Seattle, Tin Foil Top Hat is the brainchild of Paul Abner, guitarist and songwriter, fortified on vocals by Peter Peng,



member of the Beijing-based pop group O2O. They are joined by Nicole Ryan on drums and Eddy Fey on bass to bring an exciting alt rock band to the original music scene. Forged from disparate styles, a wide range of experiences, and an international ethic that keeps them relevant on two continents, they bring a level of cutting artistry to the scene with intricate instrumentation, emotionally charged lyrics, and attention grabbing melodies. Their sound invokes a quiet fervor that compels the listener to enter at their own risk and yet continue forward.

Ober Park Stage

11:30am: Free Range Folk Choir

World wide acapella with soul! Welcoming singers of diverse ages, backgrounds and musical experience, the choir celebrates the ways that music from around the world can lift the spirit and cultivate community.

12:35pm: Jawbone Puppet Theatre & Friends - Quirky father/son puppet act.



We present high quality puppet shows for children and adults alike. Fun and funny!

1pm: The Flying Mandolinis

The Flying Mandolinis perform exclusively on various instruments from the mandolin family. Even though each of them also participates in at least 2 other area bands, they have come together for 6 previous Strawberry festivals to find a creative outlet for their acoustic string music – AND to celebrate the joy of playing together, just for the FUN of it. Rumors of their performing while hanging upside down by the knees from a high wire stretched between the Hardware Store and the US Bank at a previous Strawberry Festival are highly unreliable, but Chris Anderson swears that their footprints can be seen in a cloggers’ cluster on the ceiling of one corner of the Coop.

2:05pm: Jawbone Puppet Theatre & Friends- Quirky father/son puppet act. We present high quality puppet shows for children and adults alike. Fun and funny!

2:30pm: Vashon Rhythm Section

The Vashon Rhythm Section plays hot soulful songs and grooves from Nigeria (Yoruba culture, Afro Beat), Cuba, Brazil, New Orleans, and Contemporary Funk. The music is cookin’ in the skillet with the grease poppin’ for your dancing pleasure. We meet every Monday to play music honoring the iconic musicians Gordy has played with during his career- Babatunde Olatunji, Ladji Camara, Armando Peraza, Pablo Landrum, Chief Bey, Giovanni Hildago, Airto Moreira, Planet Drum, and many more.

Pandora’s Box Stage

1:30pm: Catbird

Mary and Jim are a wife and husband duo who have been playing together for over 40 years. Whether it is playing some raucous old time or soft Bossa Nova, your ears will be delighted and your feet will be tapping.

2:30pm: These Guitars Say Sorry

These Guitars Say Sorry moved to the US from England at the turn of the century bringing echoes of the music he grew up listening to with him. Now an established performer in Washington State with spots at Northwest Folklife and several hundred shows around the state to his name he has honed his show to be about the music from his homeland for sure, but also to tell his story to the audience between songs making for an engaging show beyond the music.

3:30:pm John Schuh

Vashon Island musician and artist John Schuh returns to the Strawberry Festival with “Schuh plays Lou” - a deep dive into the songwriting catalog of rock legend Lou Reed.

4:30:pm Greg McElroy & Jim Burke

Guitar and sax duo Jim Burke and Greg McElroy pay homage to the great songwriters and musicians with their fresh yet faithful renderings of jazz standards. Moving through Bossa Nova to ballads and into bebop, Greg and Jim will take you through some the best of the genre. Lifelong musicians and longtime islanders, the duo brings a love of collaboration and great music to their performances.

5:30:pm John Van Amerongen

Armed with an open-tuned acoustic guitar, Vashon singer/songwriter John van Amerongen shares his wry sense of humor and insightful stories of hard-working men and women scratching their livings from land and sea along the North Pacific coastline from Astoria, OR to Dutch Harbor, AK. Beyond his original commercial fishing and roadway ballads, he celebrates the classics of country western, straight bluegrass, traditional gospel and other salutations to America’s true grit and independent spirit.

Snapdragon Stage

12:30pm: Annie O’Neill

Seattle-based Singer Songwriter with a very soulful style. Venturing from sensual blues to roots Americana, Annie’s powerhouse vocals and raw rootsy style are sure to be a crowd pleaser!

1:30pm: Kristin Chambers

Kristin Chambers moves through American songbook with the easy grace that comes from a lifetime steeped in song. The Seattle-based artist glides between luxurious, sweeping ballads cascading with multilayered vocal harmonies, folk-inflected uplifting pop, and bluesy laments to lost love; all tied together with a lilting voice warm as summer sunshine. While her catalog shifts through a varied palate of moods and tones, as a whole it paints a cohesive portrait of a songwriter who has not only become a master of her craft but is also comfortable wearing that mantle.

2:30pm: Phil Royal

Phil Royal washed up onto Vashon Island at the turn of the century. Along with his family and a book of cherished photos, he carried a small box of fingerpicks and a couple of old guitars. After hundreds of hours of solitary play he now has the temerity to climb onto a stage to share what he’s learned, to try to withstand the high amperage terror of performing, and to generally enjoy laying down a finger snapping groove. Don’t be fooled by his humorous bio...this man is an amazing guitar player...come check it out!

3:30pm: Xavier Ajeto

Xavier Ajeto is a VHS alumnus and when it comes to music, Rat Pack-era jazz is his specialty. In style reminiscent of the great crooners of yesteryear, Xavier covers standards from The Great American Songbook encompassing a variety of moods from the lighthearted melodies of Volare and Cheek to the the more heartfelt ballads such as Stardust and Night and Day. Grab a glass of scotch and forget your



troubles as Xav takes you on a sentimental journey back to a time when the music was swingin’ and baritone vocals reigned supreme.

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Put a fork in it, June is done. On to July.

LOTS AND LOTS of new toys and beds will be making their way in.

Cheryl has found some really great deals.

Bo's Pick of the Week: A fifty-fifty approval rating on the Weruva gravies. But, he LOVES the chicken pate.

He is also busy hacking up hairballs and won't eat the treats that will help him.

(206) 463-3401

\$8 Nail trimming with no appointment

17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch



Sporty's

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Homestyle Breakfasts and Plate Size Pancakes

Breakfast served till 5pm

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Sports on 5 HD TV's

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Espresso

Latte and Wisdom To Go

Monday - Friday 5:30am - 3:00pm

Saturday 7:00am - 3:00pm

Sunday 8:00am - 2:00pm

17311 Vashon Hwy Sw

Cash & Checks Welcome

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Open 11am to 8pm Monday-Friday

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