



VASHON

THE LOOP

Vol. 16, #15

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July 25, 2019

A Voice Like No Other

Christine Andreas to Sing at VCA.
Sometimes this way a Broadway legend comes.

If you love music and musical theater, you'll love the opportunity to spend an evening with the incredibly accomplished singer, Christine Andreas and her Grammy nominated husband/accompanist, Martin Silvestri.

"I first heard Ms. Andreas sing a few years ago," says Kevin Hoffberg, Executive Director at VCA. "I cried at least twice, and she had only sung four songs. She has a voice like none other, and it will be thrilling to hear her in our performance hall."

Ms. Andreas is playing at VCA for one night only, August 10th. The show is called "Love Is Good," and it's a sassy, warm, moving heart pounding collection of some of all-time classic love songs, including what Stephen Holden of the New York Times says is . . .

"The most thrilling rendition of "La Vie en Rose" this side of Edith Piaf."

Ms. Andreas has had a spectacular career performing on stages around the world, including Seattle! She first captured New York City theatre-goer's hearts in the 20th anniversary production of MY FAIR LADY as Eliza Doolittle (Theatre World Award); followed by the revival of OKLAHOMA!, as Laurey, working with Billy Hammerstein & Agnes de Mille (Tony Nomination); and ON YOUR TOES, as Frankie Frayne, directed by the legendary director George Abbott, (Tony Nomination).

Says Hoffberg, "In February audiences thrilled to the piano playing of Slava Gryaznov. In July, Seattle Dance



Collective put four performances for the ages on our stage. In my mind, Christine Andreas is the equal of Slava and SDC except the magic is not in her finger tips or her arabesques, it is in her voice."

Ms. Andreas last appeared on Broadway as Jacqueline in the Tony/Olivier Award winning production of LA CAGE AUX FOLLES with Kelsey Grammer and Douglas Hodge, after starring as Margaret Johnson in the much-acclaimed National tour of THE LIGHT IN THE PIAZZA.

She created the role of Marguerite St. Just on Broadway in the original production of THE SCARLET PIMPERNEL opposite Douglas Sills and Terrence Mann. Other Broadway
Continued on Page 11

Vashon Island Concert in the Parks

By Pete Welch

Vashon Events and the Vashon Park District have announced the lineup for the annual Summer Concerts in the Park. The extremely popular and free outdoor concert series will begin on Thursday, August 1st and run through Thursday, August 29th. All concerts start at 7:00pm and are held in Ober Park on Vashon Island. Enjoy live music performances from today's top talent in Rock, Roots Reggae, Big Band, High Energy Folk and Cajun Slamgrass performing against one of Vashon's most beautiful outdoor backdrops.

Bring the family! There's plenty of grass and natural berms to spread out those picnic blankets and enjoy some wonderful music on a warm summer night. Families can come relax, let the kids play on the playground and enjoy the entertainment at these summer events.

Thursday, August 1st, 7-9pm
The Ian Moore Band
(Rock/Americana)

Ian Moore, the Seattle-based, Austin, TX-born guitar player, singer and songwriter, has been busy. Coming on the heels of his most successful record, Strange Days, since his first album, the self-titled Ian Moore LP, and despite a never-ending cycle of touring, Moore offers a new record called "Toronto" of bright, blazing rock-n-roll that combines his legendary guitar prowess with radio-friendly singles.

Meanwhile, he's founded the artists' healthcare alliance SMASH (Seattle Musicians Access to Sustainable Healthcare) and has joined the board of NARAS for the Pacific Northwest as governor and head of the advocacy committee.

As always, Ian has his eyes on the



Ian Moore

The Road to Resilience

Open Borders

Republicans try to scare voters away from Democrats by telling us that Democrats are for "open borders" — something the Democrats then strenuously deny. It seems to me that a "knee-jerk" reaction to something usually means that an idea is rejected way before it arrives at the frontal cortex. I think it deserves at least some consideration.

The idea of borders was coincident with the formation of nation-states. It was pretty straightforward: the more territory you have, the more people and resources you command, and the more powerful the leader of that nation is. Since more people meant bigger armies and more work getting done, they may have been more worried about people leaving than coming in. In my reading for this article, one author said that borders were generally pretty porous until after WWII. Today, border security is higher than it has ever been.

Ironically, it may have been the establishment of the "country of immigrants," the USA, that caught the imagination of people from all over the world to seek a better life here. The massive influx of people in the

By Terry Sullivan,

nineteenth century were mostly objected to for the cultural and ethnic differences with what was seen as the "American" culture, that is, White Anglo-Saxon Protestant and English speaking. Those immigrants from Europe were soon assimilated while those of other racial types, especially the Asians, were rejected and, in some instances, actually exiled. As late as 75 years ago, we had the Japanese internment camps. Blacks, Latins, and Native Americans (what irony!) are still knocking at the door.

Our concern now is the rise of Latin American immigration from the south. The primary objection is said to be economic—that they are taking jobs away from American citizens. I think the real objection is that they are bringing in a cultural/ethnic influence that many are afraid will dilute and change what is seen to be White European (mainly British) culture. However, our unique American culture is already a heady mix of strains from all over the world. What some think of as white and European is also jazz, salsa, yoga, pizza, chow mein, and burritos.

We are now on the forefront of a world culture that is evident in all the cosmopolitan places in the world. While
Continued on Page 8

The Concerts in the Park series is presented by the Vashon Park District.

Supporting sponsors this year are Susan Lofland at John L. Scott Vashon, Sarah & Michael Schosboek at Windermere Vashon, Heidi Grimsley at John L. Scott Vashon, Stacie Trigg at Trigg Insurance, Renee Leboeuf at Green Frog Productions, Mike England at Fairway Insurance, Teri Byrd at Vashon 4 Paws, Julie & Mark Romero at Niece Pumping, Connie Sorensen at Windermere Real Estate/Wall Street Inc, Tom Schwaegler and May Chaleoy at May's Kitchen & Bar and Jena Thornton at The Lodges on Vashon.

The concert series is curated by Vashon Events. We'd also like to thank Open Space for Arts & Community, our in-kind sponsor for Concerts in the Park as our backup venue in case of bad weather! A big thank you to David Godsey and Janet McAlpin for this insurance plan! If you've never experienced the warmth of community at the cool nights of summer concerts in the park, you're in for a special treat.

Please remember that there are no dogs allowed at Ober Park. Alcohol and smoking are also not permitted.

challenges faced by musicians of every stripe, having experienced the spectrum of artist successes and tribulations himself over a nearly 30-year career. "It's a very different climate right now. When we hit a city, it doesn't matter that I have 14 records, radio hits, etc. The only thing that matters is if we can really show up and leave the people feeling they saw something amazing. It keeps me hungry, and I like the challenge" says Moore.

You might have been surprised to hear Moore's voice as well popping up on major network shows on prime-time television this past year, after several selections prominently being featured as performances on both American Idol and The Voice ("Satisfied" and "Blue Sky").

Moore's story is often told and probably familiar to most critics; his initial record on Capricorn propelled him to national tours with the Rolling Stones, ZZ Top and Bob Dylan, acting in the acclaimed indie feature "Sling Blade," and having Ice Cube direct the video for his track "Harlem."

Moore deviated from his initial blues-oriented guitar sound on subsequent records, touching on graceful pop songs to psychedelia, to British pub rock and deep Americana. The
Continued on Page 10



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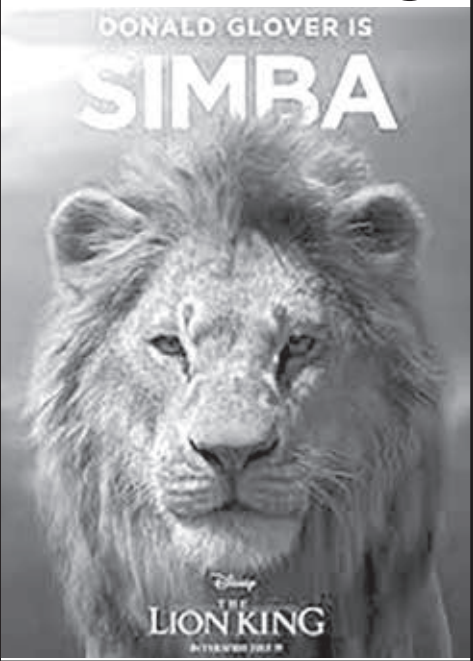
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For show times and info check
www.vashontheatre.com

The Vashon Loop

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Shadow Needs a Home

If you want a cat who will adore you, I'm your guy. I follow favorite humans, big and little, around like a shadow - that's how I got my name.

I have no front claws, so it's indoor living for me. I'm in heaven when I'm on a lap, having my head stroked. Without a shadow of a doubt, I'd be the perfect companion for someone - maybe you???



Go To www.vipp.org

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Next Loop comes out August 8

Local Weather

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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Master Gardener

Bring your gardening questions, plant samples and/or plant photos for identification to the Vashon Master Gardeners in front of Vashon Ace Hardware and receive free, science-based advice every Saturday 9:30am-2:30pm from April 27-September 21, and first Fridays 9:30am-2:30pm June-September. Contact Vashon Master Gardeners WSU Extension at mgvashon@gmail.com for more information.

Alzheimer’s Association Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer’s Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month from 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Highway SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

Get In The Loop
Send in your Art, Event, Meeting Music or Show information or Article and get included in The Vashon Loop.
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Make summer healthy & fun!
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- ★ For kids & teens
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- ★ At noon
- ★ June 24 - August 31
- ★ Activities for all ages

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to come to the Food Bank during shopping
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★ **Emergency Food Bags**
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Food Bank or with select community partners.

★ **Volunteer!**

- Picnics in the Park
- Food Bank Shopping
- Food Bank Garden & More!

For information on Food Bank programs call
206-463-6332 or visit VashonFoodBank.org

To volunteer and for info
call 463-6332
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A Big Thank You!

We are delighted that our Strawberry Festival parking and chair fundraiser was a total success. We are presenting a check to Family Place for \$1842. Thank you to the many who “parked and/or sat” with us. Thanks also to our great neighbors to the north, Camp Colvos Brewing, who added the donations from chairs in front of their establishment to our cause.
Beverly Skeffington, on behalf of Vashon Presbyterian Church

New Bridge Class Starting!

New Bridge Class Starting! Have you wanted to learn the game of Bridge? Do you play, but want to become better at bidding and playing the hand? A new set of lessons will start on Tuesday, August 6, from 3-5 pm. Instruction, handouts and practice with Ellen Trout. Sign up by calling the Senior Center 206-463-5173. The classes are free and open to the community.



VASHON BREWING COMMUNITY PUB

Pub Music!

7-9 pm • No Cover

August

| Fridays | Saturdays |
|---------------------------|------------------------------------|
| 2nd Steve Amsden | 3rd Greg Dember |
| 9th Roger Taylor | 10th Michael Whitmore |
| 16th Pat Reardon | 17th Gregg Curry |
| 23rd Tim Couldn't Make It | 24th Camille Reeves |
| 30th Gus Reeves | 31st Mark Graham & Orville Johnson |

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Growth/Support Group for Viet Nam Vets

A trauma recovery group is being formed for Vashon Island Viet Nam Veterans. If interested or you know someone who might benefit, please contact Rik Muroya at 206-498-1010. The request for interested parties is needed to work out the details for purposes of planning.

Community Sound Bath

Vashon’s Threshold Choir will share its soothing bedside songs with the island community. Come relax in a zero-gravity chair and listen to the group’s calming a cappella harmonies. Friday, July 26 from 6:45 to 7:30 PM at Vashon Cohousing Common House, 10421 Bank Road.

Let’s Talk about Living and Dying

Come to the Next Let’s Talk about Living and Dying. Sunday July 28th 1:30pm-3:00pm at the Land Trust
We will be discussing Death Doulas. Four women from Vashon who just completed a Death Doula Training-Sarah St. Germaine, Ava Apple, Nancy Eister and Susan Pitiger will share their interests in becoming Death Doulas and what a Death Doula does.

First, what is a death doula? Death doulas provide emotional, spiritual and physical support to a dying person. “They can assist people in finding meaning, creating a legacy project, and planning for how the last days will unfold.” They also assist loved ones by providing guidance and support during the last days of life and easing the suffering of grief. Having someone experienced and compassionate there at the end can make the process less frightening – both for the person who is dying and for those around them.

And what exactly does a death doula do? For the person dying, a death doula provides companionship (say, by holding their hand, reading out loud or conversing with them) and can create legacy projects (think: memory books, letters and videos) to give to their loved ones and pass on to future generations. A death doula can also create what’s called a vigil plan – a document where the dying person expresses their wishes about their death. For families, the doula can help facilitate conversations between the dying person and their community, perform basic tasks usually done by a home caregiver (like bathing and feeding), and be a resource for funeral planning. “By utilizing the services of an end of a death doula, the days can be filled with love, deep meaning and a sense of the sacred.”

For Questions call: Susan Pitiger 206 818-4232,
Jane Neubauer 206 576-5404, Kim Eckhardt 206 678-2204

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Next Edition of The Loop Comes out Thursday August 8

Deadline for the next edition of *The Loop*
Saturday, August 3

Running in the Tide



By Sean Malone and John Sweetman

The winter low tides come at night and in summer, they come at daybreak. The stronger the pull of the moon, the lower the tide. They say the tide is running when it’s coming into the harbor at a high rate; when waves appear; running along the beach.

In Murden Cove, where John grew up on Bainbridge Island, the tide came across the hot sand faster than a child could walk and became dangerous when the water became a foot deep, making it hard to run and keep up with the rising water.

“Help, help, I’m sinking,” Brother Mike called from a patch of sand on the Sequim beach that looked like any other “sand” but was really “quicksand” which could swallow you up and never leave a trace. “Hang on,” I called out while I searched for a long branch or board to rescue him with. Stepping into quicksand was like trying to walk on a bowl of gravy with no bottom. Mike was up to his waist in the stuff when I reached out with my branch for him to grab and pulled him to higher ground.

I thought if I kept my head down that I could avoid getting sand up my nose when I knew that my mouth was already full of it and Mom wouldn’t let us in the trailer because our hair would be full of it too. It started out as a game on the beach like they played “fox and goose” in the old days but that didn’t appeal to us like digging a hole in the sand that was eight feet deep in the middle with sides that sloped up towards the rim and they were still hard to climb; especially if your eyes were full of sand too. The older and stronger kids did the heavy shoveling to get down that deep and then the fun began. The object was to join a circle around the top of the hole and a ball that wouldn’t hurt much, unless you got hit; you know where, and it double’s you up with pain. It happened to me twice and it’s not nice. I lost the ball down the hole and dove in to retrieve it; while the kids up above and the girls too; pelted me with sand until I was blue in the face. You had to crawl out of the hole with possession of the ball to determine the next throw. To an outsider we probably appear like something out of Dungeons

and Dragons. We had to dig a new hole the next day, because one of the parents asked us to fill it because of the danger of someone falling-in it in the night.

It’s the possibilities that keep us returning to the beach and beachcombing; or finding things of great value. Sometimes it was fishing gear or a homebuilt raft and always the promise that there might be something more, further down the beach.

It was going to get dark soon and Mike and I were rowing down the shore which isn’t as good as walking the beach because you can’t see as much. We were looking for logs or small boats that had washed up on the beach; repaint them and try to get \$50 for it. That only happened once or twice. Mostly the owners came and picked up their boats and maybe you got a couple of bucks out of it. If we found a good log, something that Shorty would want, we cut the brand off and Shorty picked it up in his log patrol boat, licensed and all.

Stealing logs from log booms was common until the state decided to license these people who collected logs that had escaped the boom to sell them to the local mills. Typically, a log patrol boat was a 20 or 30 foot work boat with a small cabin, the state number roughly painted to a sign on the top of the cabin.

We were a couple hundred feet from shore and the night was pitch-black when it rose out of dark and gloom in front of us. “It’s stick’n up 20 feet,” Mike called from the gloom and with that we hit it with a hard glancing blow. It was a steel smoke stack sticking up out of the tide; we were over the tug; somebody had sunk for the insurance money, years ago. We had heard the story but had never rowed this part of the beach. We tied up to the smokestack for the rest of the night.

In the morning, you could see the tug through the dark murky water. We were waiting for the tide to go out, so we could find some stuff. “It’s been pretty well picked over,” Mike called from the bow, “Anything that could be unbolted is pretty much gone.”

They later floated the tug with air bags and sold it for scrap.

Waiting



Islanders are expert at waiting. We can wait like nobody’s business. What drives ordinary humans crazy, is just par for the course to us, and it is one of the big reasons ordinary humans do not live here.

Also, who else has to pay a fee in order to get home? It’s not a gated community; it’s a “moated” community. A community surrounded by a very large, freezing moat with currents, that requires a very large boat to traverse, unless you have a car that floats, which no one has, but everyone has thought of having, until they finally acquiesce.... to waiting.

On average, a commuting individual indulges in about 2 decades of pissing and moaning about waiting in the ferry line: Oh look, there’s the stupid snow covered Olympics, and Cascades, and Mt. Rainier...again! And the super annoying Mt. Baker colored magenta by the sunset, as pigeon-like cormorants bedeck the pilings, and a predictable harbor seal pops it’s slimy head out of the water. I am so bleeping tired of the sublime light bouncing off misty cloud arrangements that weave through the archipelago of islands, I could scream!!!

Eventually though, you give up the fight, and begrudgingly admit that you are in one of the most beautiful spots on earth; and that you are already where you really need to be...at least for another 45 minutes.

Steffon Moody

Compost the Loop

The Loop’s soy-based ink is good for composting.

Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday. Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085

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Island Life

Boy in the Bubble

By Peter Ray
pgray@vashonloop.com

I don’t know where he came from and I don’t know where he went when he went home. I do know that he had a German accent and was good with woodworking tools. Whenever my parents had a small job, like a cabinet that needed creating or a formica-topped desk and fluorescent light combo for my grade school homework wrangling station that needed assembling, they called on Mr. Richter to get the job done. He would arrive and then disappear when the project was completed. I do not recall talking with him much, if it all. There are questions that I would ask him now, if given the chance, but chances are he is long gone by this writing.

I am not remembering him so much at this point as I am remembering something he built for us. It appeared when my parents had the basement “improved” with ceiling tiles and knotty pine paneling that covered over the concrete foundation. There was a space on the wall between the door to the laundry and the door to that weird storage space that held canned goods and a little bit of whatever else wound up there. What Mr. Richter built between the doors was a bookshelf and a magazine rack that sat at the bottomjust above floor level. It was an open magazine rack where publications like Time, National Geographic and Life Magazine would recline at about a forty-five degree angle and beg to be picked up and thumbed through. Mostly they would just sit there and then disappear beneath the next deposition layer of bound paper publications.

It must have been sometime in the early sixties- somewhere around the time of the Cuban missile crisis- that the most memorable of magazine covers sat there and burned a place in my just beginning-to-fill banks of memory. The image that is coming back now is that of a man in a plastic suit with an outstretched hand. I was recalling black background and a strange, reflected red light. I was not really trusting my memory, so I just went to the dungeons of the internets and there it was- September 15, 1961- How You Can Survive Fallout. You can buy that edition of Life Magazine now for \$80- the newsstand price then was twenty cents. I remember those eyes and that hand reaching out to me every time

I walked by that bookshelf. I think I read the article that came with more pictures and, it seems, some kind of timetable about how long after the blast one would have to wear that suit to “safely” get around. It didn’t seem like something you could ride a bike in or walk up the street in to play a game of backyard football. Forget swimming.

We lived in that house for another ten years. I have no idea how long that magazine remained on that shelf, but it seems like it was there forever. Somewhere around this house here, where I am now, I’m fairly certain I still have the Life Magazine issue that had the big pictorial spread on Woodstock in 1969, but I have no idea where the issue with the guy in the suit wound up. I would suspect that it was long gone before we were ever thinking about moving. I can’t say that I was haunted by the eyes or the reaching hand or even the concept of living in a plastic suit. As it turns out though, in the same year that we moved to upstate New York, a certain David Phillip Vetter was born. I once again had to go to the internets to fill in the blanks that were taunting me as I searched my brain in vain for facts and details of a vague memory of a bubble boy. As it turns out, D.P. Vetter was born with severe combined immune deficiency and became known during his short twelve years on the planet as the Boy in the Bubble. He lived his life in constructed sterile environments because pretty much anything out in the real world of dirt and bugs and stuff could kill him. Apparently, NASA built him an escape suit in which he could leave his container for brief periods, but he only used it six times. At some point it was discovered that a bone marrow transplant could possibly cure him, and he finally got a transplant from his sister who seemed to be a good match, but apparently there was a hidden disease in one of her genes and David succumbed to that in 1984.

There actually was a reason I went on that tangent, and after all that I still can remember what it was. After the Festival parade this past Saturday I wandered southward on the main highway and came upon one of those whiskey tango foxtrot moments that amazingly had nothing to do with the nonsense associated with anything related to the current White House occupant or any of those in political office whose balls he has in a vice, both literally and figuratively. I include members of both parties in this, as it seems even the “resisting” opposition is not doing all


it possibly can at the moment to extract the national embarrassment from the golden clown car, or to pry his small stumpy fingers from the ship of state steering wheel that has detached itself from the steering column. No, the WTF moment I am referring to here involved my stumbling upon an inflatable wading pool on said highway which was filled with brownish water that may or may not have assisted at one time in the extraction of Bakken shale oil. Afloat on that brown sea were plastic bubbles containing one child person each, and who were in various stages of standing up or falling down while attempting to maneuver their ball vessels on the brown water in the unwade-able pool. At one time or another, the limited space in the pool allowed the bubble occupants to only spin in place, and even if Alice Larsen had been able to wrangle her Notakit Lotus through the crowds to get here, a reenactment of that crazy, mystery ball scene from the Prisoner would have had only limited possibilities in this situation and under these conditions, at best. Somewhere in all of this there may have also been a round ball on a flat earth, teachable moment which probably would have been lost on all in attendance. All the while, I was imagining a free-at-last regatta of these hamster-kid balls let loose on outer Quartermaster whilst some harried, Holden Caulfield type is circling in a small Zodiac as a catcher in the waves- of sorts. As with all such ideas, insurance and liabilities have the reality check alarm bell violating all local noise ordinances. Instead of carrying that thought further, I busted out my infrared converted camera and snapped a few photos of the curious scene- kids in plastic bubbles on a sea of brown water with no other support system than an airblower to fill each one up- not exactly a sustainable system. What could be a better picture of entropy in action?

As has been discussed here recently, one of my current projects has named itself “Life at the End of the World”, and it involves a series of these infrared photographs that turn otherwise

relatively common, everyday scenes into something that might suggest that an apocalyptic occurrence has transpired, or may happen in an imminent but as yet unseen moment. The infrared filter in use here gives almost everything a burnt orange to red-brown cast, while the sky goes darkish and most foliage becomes a whitish-blue. Most of the earlier photos in this growing group do not contain any human life forms, as if we all just stopped being and left this different vision behind. It could be sort of a spin on the tree falling in the forest quandary- if we are not here to see it any more, does the earth still exist? Of course, this can all come around to the question then of why not just take pictures of nothing. This of course then gets into the concept of the ultimate art show where everyone is invited in to wander the gallery and fill a blank canvas or frame with whatever comes into their heads since everyone is an artist. This of course eventually can lead to things like some people believing that anyone can do anything, you know, like become president, which we can all agree has at least one postulated theorem that has proven massively incorrect.

Anyway, I have taken to separating some of the infrared photos into an “interesting” category, and some into the “end of the world” designation. A selection of these then get dumped onto the facebooks and the instagrams and sent out into the tubes and dungeons of the internets. It is a bit like throwing pasta against the wall and seeing what will stick, and in many ways it is nothing like that at all. In the end it makes me think of cave paintings and petroglyphs and the lengths to which their creators had to go to make them, and the effort it must have taken to even show a few people what they had done. It is mostly ironic that in the end as well, given the transitory nature of most modern media, that it is those paintings and rock carvings that may be all that is left as evidence of our being here when we are all gone from this place.





Shakespeare Studies and Performance Youth Theatre

Meets Thursdays 3:45- 5:45 @ SPOKE
OR Fridays 3:45-5:45 @ Vashon Dance Academy
Ages 7-17

Final Performance in MAY 2020 @ Ospace Black Box

Cost: Sliding Scale.

Material: Romeo and Juliet by William Shakespeare

Ensemble Theatre Arts Education:

- Voice and Speech
- Vocal Production
- Theatre Games
- Movement
- Stage Combat
- Iambic Pentameter
- Life and Times of William Shakespeare
- Set Design
- Costume Design
- Dance

ShakesKIDS! has been producing youth theatrical productions of William Shakespeare's works since 2012 under the direction of Aimée Nicole Lewis van Rockel.

TO REGISTER: email aimce@vashonshakes.org

vashonshakes.org

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R&B Band

Loose Change is now booking for your summer parties.
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Next Edition
of *The Loop*
Comes out
Thursday
August 8

Deadline for the next edition of *The Loop* is
Saturday, August 3

Seal Pup Time

By Orca Annie Stateler, VHP Coordinator

At this time of year, we scan the water for newborn Harbor seals snuggling with their mothers. Occasionally, we hear the cries of baby seals, who sound much like human infants, bleating for their mamas. Harbor seal pups may haulout (come ashore) in the same place for several days or weeks at a time; this does not mean they are abandoned. Often the public does not realize that hauling out is normal behavior; thus, calls to stranding responders increase.

Evidently, because Odin and I have a low profile on social media at present, Islanders are confused about whom to contact locally regarding seal pups on land. I am the Marine Mammal Stranding Coordinator for Vashon, and Odin is also a stranding responder. We are the only authorized stranding responders on Vashon. We collaborate with NOAA Fisheries, Cascadia Research Collective, and Washington Department of Fish and Wildlife on stranding response. We have been stranding responders since 2007.

Our phone number for whale sightings, seal pups, and strandings is printed in The Loop and in Destination Vashon: 206-463-9041. In addition, calls to the West Coast stranding hotline at 1-866-767-6114 are forwarded to us in a timely manner. Marine mammal photos emailed to Vashonorcas@aol.com are valuable for ID purposes. In reporting a sighting or stranding, be specific: date, time, location, travel direction, species description, number of whales/seals/etc., and behavior observed.

When Vashon stranding calls are misdirected to unaffiliated, unauthorized individuals and groups, our response time is delayed. A “wildlife responder” is not equivalent to a trained marine mammal stranding responder. Dubious advice and, worse, inappropriate interventions espoused online by pseudo-experts could endanger or even kill our marine mammal friends. Our goal is to avert Harbor seal mom and pup separations and thereby prevent pups from going to rehab.



Harbor Seal Mother with Newborn Pup.
NOAA Fisheries photo.



Some of the following information is from NOAA Fisheries West Coast Region’s Share the Shore page at https://www.westcoast.fisheries.noaa.gov/protected_species/marine_mammals/share_the_shore_resources.html.

Be considerate of mothers and pups. All seals and sea lions come ashore to rest, thermoregulate, and nurse their young. Mothers typically leave pups behind while they feed offshore -- up to 24 hours. Keep your distance so mom can return to care for her pup. People and dogs hovering around a seal pup can deter the mother from nursing her baby. Disrupting feeding and maternal bonding jeopardizes pup survival.

Mothers nurse their pups for 4 to 6 weeks and then the little tykes are weaned. Pups in the process of weaning must learn to forage and survive on their own. Weaned pups spend extended hours resting and warming up on shore. Up to 50% of newborn pups will not survive their first year of life.

Many Harbor seal pups are too young to possess protective wariness (escape response) and may not flee when approached. Some pups attempt to suckle shoes or other inanimate objects – if a pup is trying to nurse on your shoe, you are WAY too close.

Harbor seals use log booms, docks, and diverse shoreline habitat -- beaches, rafts, boat ramps, stairs, bulkheads -- every day to thermoregulate and rest. Earlier this month, I counted 16 seals hitching a ride on two logs drifting through Dalco Pass. Each log held 8 seals jostling for position on the Seal Ferry.

Harbor seals are protected under the federal Marine Mammal Protection Act (MMPA). Harassing marine mammals violates the MMPA. Harassment or disturbance occurs when people impede a marine mammal’s ability to hunt, feed, rest, breed, communicate, socialize, or care for young. Moreover, frightened seals can bite and transmit diseases to dogs and humans.

Interfering with natural behavior by “rescuing” a seal pup who is not in trouble imperils the pup’s adaptability in the wild. Wildlife rehabilitation centers have severely limited space, and pups released from rehab face an uncertain future. Studies show that they do not hunt as proficiently as wild-reared pups. Humans are poor substitutes for seal mothers.

Please Share the Shore: stay back 100 yards, no selfies with seals, keep dogs on leashes, and if a pup is injured, do not go rogue and attempt to intervene yourself. Contact authorized stranding responders at the aforementioned numbers.

Vashon Library August Calendar

Children & Families

Infant and Young Toddler Story Times
Tuesdays, 10:30am
Ages newborn to 24 months with adult.
Stories, songs and fun!
Playtime follows.

Preschool Story Times
Tuesdays, 11:30am
Age 24 months to 6 years with adult.
Stories, songs and fun!

Out of this World Magic Show
Tuesday, August 6, 1pm
Presented by Jeff Evans, Edumazement.
Ages 5 and older with adult.
How much would you weigh on the moon? Have UFO’s actually landed on Earth? Do space aliens exist? Have interstellar fun as you learn more about space.

Stomp Rockets
Thursday, August 15, 3pm
Ages 8 to 12.
Make a launcher for paper rockets that’s powered by human energy! Please register, 206.463.2069.
Spaces are limited for stomp rocket building at 3pm. Starting at 4pm, staff will be outside in the park with a rocket launcher available for anyone to try out.

Crab and Moon Puppet Show
Tuesday, August 20, 2pm
Presented by Mary Shaver.
Family program, all ages welcome with adult.
Learn why the moon has different phases as it finds itself in trouble and needs help from the Rain God to solve problems and get rid of Hermit Crab!

Teens

Game On!
Friday, August 2, 9 and 16, 1:30pm
Grades 6-12.
Come play video games at the library! Hone your gaming skills with Wii U, PS4 or Xbox One. Not a gamer? Come hang out and eat some snacks, do a craft or play a tabletop game.

Exploring Positive, Negative and Outer Space Craft Workshop
Monday, August 5, 1:30pm

Presented by Lisa Keller, Galloping Horse Makers.
Grades 6-12.
Use felt to create a two-dimensional fabric picture exploring the concepts of negative and positive space.
Seats are limited. First come, first served.

Turn Cards Sideways
Monday, August 5 and 19, 3:30pm
Grades 6-12.
Come play Magic The Gathering and other trading card games.

Galaxy Squirt Gun Art
Wednesday, August 14, 1:30pm
Grades 6-12.
The title says it all. We are heading outside to Ober Park to get crafty with water guns!

Teen Late Night
Friday, August 30, 6:30pm
Grades 6-12 only.
Let’s get crafty with 3doodler pens. Use the computers, play video or tabletop games, make crafts or just hang out. Free snacks and raffle prizes all night long.
Teens must be picked up by 9pm.

Adults

One-On-One Computer Help
Tuesday, August 6 and 20, 6pm
Have computer or software questions? Tech Tutor Volunteers provide basic level help to you.
You may bring your own laptop, but Tech Tutors cannot provide hands-on or hardware assistance.

Tabletop Gaming
Sunday, August 11, 11am
Ages 12 and younger must be accompanied by an adult.
Unplug and enjoy gaming with others. Learn new games from our experts or play old favorites.

King County Public Health Visit
Wednesday, August 21, 1pm
You can apply for Orca Lift (Metro reduced fare program), food stamps and health insurance.
Sign up for Apple Health or fix any problems you may have with qualified health plans.

8
Flavors

31+
Toppings



Looking for a **kid-friendly** place to relax, enjoy some treats, and check out some art? Bring the family over to
Kenny’s Brain Freeze!
Try our new **soft serve Ice Cream.**
Frozen Yogurts, dairy and non dairy & Sobert.
Choose your favorite and **pile on the toppings!**

| | | |
|---|--|-----------------------|
| Open Monday to Thursday 11am to 7pm 17320 Vashon Hwy SW | Friday/Saturday 11am to 8pm (Located across from Pandoras Box) | Sunday 11am to 6pm |
|---|--|-----------------------|

Advertise in the Loop!

It’s a great time to get back in the Loop.
ads@vashonloop.com Or call (206) 925-3837

Adopt A Cat Day!

Vashon Island Pet Protectors

Saturdays 11:30-2:30

Our VIPP Shelter is open for adoptions every Saturday.
Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption.
Or give us a call 206-389-1085



Aries (March 20-April 19)
Notice whenever you hesitate. By that I mean pausing before you want to do something, the reluctance to try something, concern about someone you’ve met, or not wanting to respond to a question. There are several different reasons you might do so, though you might not distinguish them. Each has its own message, and you need to know what it is. Typically in the course of human events, people either allow their hesitation to stop them, or power through it and do what they want to do anyway. I am suggesting you explore the wide middle ground, which involves tuning into your feelings and getting beneath them enough to have a sense what is going on for you. You want this information, though it may be subtle, and responding will compel you to ask yourself how you really feel, what you really want, and whether you actually trust yourself, or someone else. And there will be rewards for doing so.

Taurus (April 19-May 20)
Changing one’s mind is an art form. The term, in English, means something akin to “deciding something different,” “changing one’s opinion,” or “accepting an idea previously rejected.” I think it goes deeper than that: when one changes one’s mind, there is a change to the mind itself, not just related to the topic. It’s about reconsidering one’s thinking process. Most people are quick to take a statement and agree or disagree. It is rare that someone pauses and assesses what a statement might mean, or imply, and what the permutations are, and whether for example the opposite might be true. It’s rare that one actually traces the path one took to arrive at a conclusion. I suggest you practice doing this. Size up your own viewpoint or opinion on any issue you seem to care about, and ask yourself how, exactly, you got there. Then, question each step along the way.

Gemini (May 20-June 21)
Be careful not to make your financial decisions on emotional grounds. You might think you’re making perfectly rational decisions, though they may not seem that way in a week or two. Good ideas are not enough; the thing you will benefit from is analysis that is based primarily on columns of numbers. By that I mean the actual financial facts, in which so few people take an interest. Yet what you’re experiencing at the moment is just a sub-sample of a much larger scenario where a lot is at stake. Apart from any facts or outcomes specific to the short term, or to your more deeply entrenched scenarios involving partnerships and shared investments or resources, there is the matter of how you are able to handle yourself, regarding both cash flow and more complex elements of finance. There are the numbers in the spreadsheet, and there is the human factor.

Cancer (June 21-July 22)
Sunday, the Sun aligned with Mercury in your birth sign, which was also the indication of Mercury retrograde being halfway over (the midpoint was exact July 21 at 8:33:55 am EDT). Plenty else is happening on the Cancer-Capricorn axis, which has been a primary focus of astrology going back to May. It has been intense and dramatic, and you’ve probably had enough of all of that. However, with Venus in your sign now opposing Pluto, you’re likely to be more sensitive than you want. This may also translate to being driven by

some passion or deep need, though be aware of how you can get yourself out of sorts under these conditions. Mercury retrograde is cautioning you to keep your mind on the present, rather than obsessing over the past, or planning for the future. Do your best to stay loose, limber and focused on what is a priority now — and set yourself up for the next few moves. Make sure you have food in the fridge, gas in the car and your batteries charged, so you can go about your business smoothly when the time comes.

Leo (July 22-Aug. 23)
Mars in your sign is urging you to push ahead, though other factors may have you feeling like you’re caught in a slog. In times like this, the thing to do is be happy with even modest increments of progress. I call it moving the ball forward, just a little every day. The correct mental posture is gentle persistence rather than storming the mountain. Mars may be giving you little bursts of that kind of conquering ambition, but the practical realities are likely to run contrary, until you gradually work them out. Two other factors are present: one is your sense of being overburdened by a responsibility you may need to let go of. Another is missing information about a critical matter. Whatever clue you received Sunday, you will learn a lot more on or around the 31st when Mercury stations direct. Keep your ears on, and your mind open.

Virgo (Aug. 23-Sep. 22)
You will know something intuitively, no matter what someone tries to convince you of, and no matter what you want to be true. If you’re not in a position to defer to your inner voice, then place a delay on the situation and give yourself a day, or two, or three, to think about it. You will know something is amiss when someone says something that seems untrue, and someone else swears to it. This could easily leave you doubting yourself, which is why you need time to sort out the situation. Meanwhile, where public perceptions and opinions are concerned (by which I mean anything from gossip to Facebook to the way a particular news item is tending), you must be skeptical, and take a policy of waiting for additional facts to come in. That requires two things: one is patience, and the other is being willing to stand in the face of the unknown, at least for a while.

Libra (Sep. 22-Oct. 23)
Use care when handling professional matters this week. You are likely to be driven by deep emotional forces that don’t comport well with relating to higher-ups or managing people and projects. Mercury retrograde has also entered your 10th house of work-related subject matter — particularly the most important stuff. Though it may sound like dime-store astrology, when an email goes missing or when someone doesn’t respond to you in due time, be polite about it — particularly if that person is your boss or in any position of authority. Be the smart person who picks up the phone, asks how they’re doing, and then wonders out loud if your email (or whatever) arrived. The approach is the friendly, gentle inquiry, making no assumptions. Then work to solve the problem. Other people around you might not be so magnanimous, so you may need to contain fires, control the damage and clear all vital information before it goes further.

Siren Needs a Home

I’ve been loving this hot weather! Sunbathing is one of my favorite things to do. I find the hottest place I can and then stretch out for a nap.
I’m good at other things besides sleeping, though. People say I’m very friendly and playful, and I like to sit on laps and be petted. Don’t be fooled by my name - I’m not loud like a siren. I’ll make your home more beautiful. but the decibel level will remain the same!



Go To www.vipp.org
To view adoptable Cats and Dogs

Scorpio (Oct. 23-Nov. 22)
Professional jealousy is a serious issue. It holds back progress, wastes energy and destroys careers. So too does unmitigated ambition, or taking too much pride in one’s work. As Mars moves through your 10th house of profession and reputation, tread lightly, and do your best to collaborate rather than compete. In fact if I had to sum this all up in one sentence, that would be the one. Mars is in a long conjunction to Juno, who in some of her manifestations is the every essence of one-upmanship and scorekeeping. Be gentle, and generous in your interpretations of events. Put up with a little bullshit. Not a lot, just a little, and gently remind people that they need to stay within certain boundaries, though without seeming too bossy about it. Mars in Leo in this position is not given to self-effacing modesty, so you will need to work for that. It’s the kind of astrology that makes you seem big and bad even when you’re cleaning furries out of the break room fridge.

Sagittarius (Nov. 22-Dec. 22)
Are we all sitting around waiting for Jupiter in your sign to go direct? That happens on Aug. 11, with Jupiter in a conjunction to this crazy thing called the Great Attractor. Actually, this conjunction is alive and kicking right now, and it’s offering some caution that your words, deeds and thoughts have impact far greater than you may imagine. The way the Great Attractor works, this reaches into the realm of what you cannot perceive, usually because it’s too many degrees of separation from you. Or the results of what you do land in some (seemingly) entirely removed quarter of existence — a little like the Coke bottle tossed from the helicopter window landing amidst the island natives in The Gods Must be Crazy. Still, aim your thoughts and actions carefully. Refine your message to the degree where you’re more likely to be understood, and survive a few rewrites.

Capricorn (Dec. 22-Jan. 20)
Take the next couple of weeks and carefully re-evaluate your goals. Bring them up to date with who you are now, and what you want to be doing in the reasonably immediate future (say, two to five years). It looks as if you’re clinging to some old goals that you need to consider carefully, and may need to shed. The thing is, these are deeply intertwined with your identity. Letting go of an outmoded goal may feel like giving up part of yourself. I propose that’s the very thing that will help you. This enmeshing of the obsolete goal with an element of your psyche is the essence of your situation. Address the goal and you will get to address something within

you that’s getting in your way. Making matters more complex, it may not even be your personal desire that’s lingering around: someone else may have set that agenda for you. So in truth what you may be doing is claiming back an aspect of yourself, which really means yourself, rather than giving something up.

Aquarius (Jan. 20-Feb. 19)
What exactly is motivating someone’s desire for you? You’re not going to find out overnight, though if there is any hint of hostility in a new relationship, you had best let it go. Getting along with people is a mutually supported endeavor. Take note if you find yourself not getting along with someone. Track the transactions and notice where things may be going off-kilter. Pay special attention to your own actions and motives. If you don’t like someone, then avoid them rather than provoke them. If you like someone, engage them rather than tease around the edges. It’s vital that you listen to what people say to you, particularly the first thing they say, if you want an idea where they are coming from. Listen to their actual words, and their inflection — though the words, in this case, are what really count for the most. That’s how you will know where you stand. And of course, if there is some conflict between words and actions, take note.

Pisces (Feb. 19-March 20)
Take your time when it comes to reaching for your most cherished goals. Prepare the ground. Make contact with people you want to work with. Keep your desk in order. Return phone calls and maintain all routine business. You must also continue to be cautious with money as you get accustomed to the entirely new financial territory you’re in, largely described by Chiron in Aries, your 2nd house. The scale and shape of the re-evaluation you’re going through cannot be understated. It will reach into the core of your being, and the sooner you let yourself go there, the better. Ultimately the question relates to the value that you put upon yourself, from which stems the value that you place on everyone and everything else. This is a process that must originate entirely with and within you. Certain obstacles you face may assist you in going in that direction. So take those cues and prompts and let them guide you. Be patient with the process, and quietly claim your victories and your breakthroughs.

Read Eric Francis daily at [www. PlanetWaves.net](http://www.PlanetWaves.net)

Find the Loop on-line at www.vashonloop.com

Spiritual Smart Aleck

By Mary Tuel

Primordial Goo

If you are a regular reader of this column, you might have noticed that I like to spend time on my kitchen porch.

It is my form of meditation. I sit there watching the trees sway in the breeze, and the birds duking it out over the suet cakes and the bird seed. It is a quiet and lovely place to sit and not think.

“Your little slice of heaven,” a friend called it, and so it is.

About a week ago I went out to enjoy quiet time. I saw the trees, I heard the birds, and I smelled ... ew. What was that? A whiff of something not pleasant.

I looked around to see if there was anything in sight to which I could attribute this odor. I couldn’t see anything. I wondered if one of the neighbors had brought home some compost from the tofu factory – that stuff is certainly rich with nutrients, if you know what I mean.

Well, I figured it would pass. But it didn’t. Day by day the odor became worse.

Today I walked out on the porch and nearly staggered when I hit the stank. Oh my gosh.

I finally realized that it seemed to be coming from under the porch.

Did something die under there? But it didn’t smell like something dead. I know the smell of decomposition. There is the regular pong of dead deer along island roads. These poor deer were hit by cars and got off the road and into the underbrush, but not very far. Drive around on a warm summer day with your windows down and you might catch, or be caught by, the smell of one of these works in progress.

So, it did not smell like something had died. It had a sweetish tang to it, but still was strong enough to, as the late, much lamented cartoonist John Callahan would say, knock a buzzard off a s--- wagon.

Near as I could tell it was under the porch.

In order to look under the porch I would have to do some physical bending and twisting which does not come easily to me anymore, not to mention moving several items – vegetation, empty pots, miscellaneous unknown objects that have disappeared over the side of the



porch into the summer foliage, and so on. On the other hand, isn’t it better to know, than not? Maybe I could find it and fix it.

So, I put on my gardening shoes (size 10, Granny’s, many years ago when they were still down at the Nike site) and my gardening gloves (a much-appreciated gift from my neighbor Caitlin. Who knew what I might have to grab?) and set out to see if I could solve this mystery.

I went to the south side of the porch first because it was less obscured than the north side. I found a brass hose nozzle, a circular lawn sprinkler, and a weeding tool, all things that had fallen on that side. Of course, I could not get to them until I ripped out the morning glory that was wrapped around the various tools leaning against the wall there.

Digression: you garden and horticulture types probably know this, but it was only a few days ago that I noticed that morning glory curls counterclockwise as it covers the world. Again, I am so grateful to be learning something new at my age, and again, I wonder why it took me so long to notice.

Anyway – I looked under the porch. I could not see much, but I did not see anything dead or alive under there.

Went around to the north side of the porch and began pushing foliage aside so I could look under the porch. First thing I came to under the bush was a bowl of water. It had an oily slick on top, and was bubbling, and it smelled terrible.

Eureka. I tipped the bowl over, dumping whatever was inside. First, the water, and then, what looked like slimy, sandy mud. A wave of the nauseating smell rose up from the flow. Ugh.

Yup, that was the problem. Within minutes the kitchen porch was habitable again.

There have been a few times in my life when I have encountered stinky mud and water, so I looked up the phenomenon. In this case, from what I read, I believe that there were some anaerobic bacteria kicking butt and taking names in that bowl.

Maybe if I’d left it there for a few billion years, new life would have risen out of that bowl. But I couldn’t wait. That’s human beings for you. Always in a hurry.

Road to Resilience

Continued from Page 1

language and material cultural artifacts are wonderfully different from one place to the next, there is a clear cultural affinity we can recognize that is ours as well as theirs.

According to Michael Clemens, a senior fellow at the Center for Global Development, migration makes economic sense. For reasons most economists can’t explain, moving a worker from a low wage economy to a high wage economy greatly enriches the economy as a whole. There are many different kinds of immigrants, and while it would be unseemly to generalize, there are numerous success stories. Zenophobia remains, in my opinion, the biggest stumbling block.

There are still reasons for borders. Having no borders implies a global authority, and we have good reason to fear further concentration of power. Economic and political inequality in the world is so great that open borders would create far more movement and chaos than we have now. If we transferred enough wealth and aid to the struggling countries, there would be much less need to contemplate pulling up stakes and heading to an unknown land. Everybody doesn’t have to have exactly the same wealth. We just need an even playing field and equal opportunity. We already know that people in the poorer states, both in the US and the EU, are not swarming into the wealthier states. If we are in the same ballpark, most people will prefer to stay where they are.

Some cultural differences, as well,

“The Nuns, the Priests, and the Bombs” screens on Vashon on Hiroshima Day



By Amy Morrison

Nuclear disarmament activists challenge the security and legality of America’s nuclear weapons when they break into two top-secret facilities: The “Fort Knox of Uranium” and a U.S. Navy Trident nuclear submarine base, just 30 miles away from Vashon Island.

Are they criminals or prophets sending a wake-up call to the world?

“The Nuns, the Priests, and the Bombs”, a documentary telling the story of these elder direct action activists, will be screened at Vashon Theatre on Hiroshima Day, Tuesday, August 6th, 6pm.

Following the screening, several members of Ground Zero Center for Nonviolent Action will speak about their work to keep Washington – and the world – safe by fighting for the abolishing of nuclear weapons.

Since 1980 activists in lay and religious life have undertaken dramatic Plowshares protests, derived from the biblical injunction, “They shall beat their swords into Plowshares,” risking long prison sentences in an ongoing campaign to move the world away from the nuclear brink. This film follows two cases: the July 2012 break-in at the site known as America’s “Fort Knox of Uranium” where the intruders were an 82-year old Catholic nun and two fellow peace activists and the 2009 Plowshares action at a US naval base near Seattle, WA. It follows the activists’ legal efforts to justify their actions under international law and highlights the power of their moral conviction.

We have been threatened by the existence of nuclear weapons for the past 74 years. Currently 60% of US federal spending goes to the military, and the Pentagon’s plan for modernizing and augmenting our weapons stash will cost almost 2 trillion dollars in the next

30 years.

Currently, nine countries own nuclear weapons: UK, India, Pakistan, Israel, France, North Korea, China, Russia and the US. The US itself has 6,800 nuclear weapons, including bombers, submarines and missiles, and the largest concentration of US nuclear weapons is in Washington State.

Friends from GZC will educate Islanders on what we can do to support our policymakers in lowering the risk of a conflict escalating into a nuclear war. With the 2020 Presidential Elections upcoming, this issue can be on the forefront of voters’ minds as they decide who will keep humanity safe from this existential threat. At the height of the Cold War, there were 64,500 nuclear weapons around the world. Now, because of local activism, national leadership and international treaties, there are around 15,000. Disarmament is possible, and together we must prevent the escalation of a new nuclear arms race.

Attend this inspiring film and important discussion to learn what you can do.

The screening is part of the Backbone Meaningful Movies film series and is generously supported by Vashon Theatre and Island Green Tech, as well as the Meaningful Movies Project and the Backbone Campaign. Admission is free, with donations accepted at the door.

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are so extreme that allowing people to move freely could create widespread civic unrest, and creating a uniform legal system across the world would be some time in coming. Not to mention the disaster of allowing people who are avowed enemies to freely enter a country. Global unity is a dream— we aren’t there yet. Better to maintain a federation of governments and move piecemeal toward more open borders.

Right now, we can work toward creating more economic and political equality in the world. In my mind, that is ultimately the source of all global conflict. We can once again allow temporary economic visa programs to help transfer wealth to poorer countries while enriching the host countries as well. We can decrease zenophobia by sending our people for extended visits

in poorer countries. Familiarity breeds trust (and love).

I’m not qualified to make a recommendation, but Michael Clemens offers this, “The world impoverishes itself much more through blocking international migration than any other single class of international policy. A modest relaxation of barriers to human mobility between countries would bring more global economic prosperity than the total elimination of all remaining policy barriers to goods trade—every tariff, every quota—

plus the elimination of every last restriction on the free movement of capital.”

A world of open borders is possible, and we can start working on it now.

Comments? terry@vashonloop.com

Island Epicure



By guest writer Suzanna Leigh
**Dinner with
the Mustafa Family**

Summer in Syria is a time of plenty. The farm the Mustafas left behind is harvesting tomatoes and small squash, much of which will be dried for winter cooking. People are sleeping outside in the orchard or on the roof in summer, and cook over wood fires. I asked Mustafa “What is one of your favorite things to cook outside?”

Mustafa’s eyes smiled. “Mashi. We cook a big pot of mashi.” He showed me pictures of large pots with legs to put over the fire. “All the neighbors come to eat with us. You must come to my house and eat Mashi!” Of course, I accepted with joy.

I arrived early to see how mashi is made. Mustafa and Jamila had already cut a 1” diameter core out of each summer squash in a mound on the table. Jamila was stuffing these with a mixture of ground lamb and raw rice, while Mustafa cored some long skinny eggplant, potatoes, and green pumpkin (about 3-4” in diameter). “You can stuff anything, even cucumber, and you can use any ground meat” Mustafa told me.

“Sometimes we put something special inside, a small red pepper, a clove of garlic, anything,” Jamila laughed. “The person who finds it, we tease, ‘you are going to get married!’”

Jamila put several pieces of chicken in a large pressure cooker, “for flavor,” she told me. She put in all the stuffed vegetables. Once the pot was

on the stove, she added 1 ½ cans of tomato sauce. “We made our own on the farm.” she informed me. She added two large pitchers of water and two tablespoons of salt, and fastened on the lid.

“This would take 1 ½ hours to cook in a pot, but in the pressure cooker it only takes about 30 minutes once you hear it steam,” she told me.

When the mashi was ready, we sat down to a feast! Each vegetable was served in a different dish, sprinkled with the chicken. The tasty cooking broth made a warm reddish soup, while dolma (stuffed grape leaves) and home made pickled string beans and cucumber added a brighter green accent. If your stomach still had an empty corner, there was hummus and Arab bread to fill it.

The Mustafas are accustomed to cooking for a crowd, but most of us are feeding fewer people. Try this recipe for a family of 4:

Cut the center out of 4-6 zucchini or squash, 2” or more in diameter
stuffing:
¼ # of ground beef or lamb
½ half cup raw rice or quinoa
¼ cup tomato or marinara sauce
1 tsp dried mint
½ tsp salt
1/8 tsp black pepper
1 clove garlic, minced

Put the stuffing in the zucchini and place them over several pieces of chicken in a large pan

Add 1 quart water and ½ cup tomato sauce or Marinara sauce

salt to taste, bring to a boil
Cook on medium heat about 45 minutes or until zucchini is tender to the fork.

Serve with salad and bread or with Arab bread, hummus, and dolma. In winter people like to get warm with lentil soup with the mashi.

The Salman Family Plays A Classical Concert

Celebrated Seattle pianist Mark Salman and his two sons, pianist Benjamin and cellist Jonathan, will perform a concert featuring the works of Beethoven, Schubert, Liszt and other major classical composers at 7:30 p.m. on Saturday, August 3, in the Katherine L White Hall.

Vashon audiences will recognize the talented trio from their previous performances during VCA’s music history lecture series presented by island musician and musicologist Michael Tracy. Those who have yet to hear a concert by the Salmans will be treated to an atypical experience: the seamless interplay of musicians all hailing from the same family.

“It is not that unusual to find children of musicians playing music,” Tracy said in a recent interview. “What’s unusual is them playing together. They know each other’s playing intimately, so you get a level of detail and emotion that you typically don’t get with musicians who don’t know each other.”

The Salman program will include Beethoven Cello Sonata D Major, Op.102 no. 2; Debussy’s Cello Sonata; Schubert’s piano duet Allegro in A Minor, D. 947,



the “Lebensstürme” — Storm of Life; Liszt’s Concerto Pathétique for two pianos plus other great works, some of which are seldom heard.

“The Schubert piece is a late work by the composer and is rarely performed,” Tracy said. “The Liszt piece is quite huge, it’s the precursor to his B minor sonata, which is rarely done because it is so difficult.”

A maestro of performing Liszt and Schubert, Mark played five recitals in honor of Liszt’s 200th birthday in 2011 and is renowned for his recording of Schubert’s sonatas and Chopin’s mazurkas. Hailed as a “heroic virtuoso” and “a dazzling performer,” the

Juilliard School graduate is a Connecticut native who began his studies at age 8 and made his recital debut at age 11. He also studied chamber music and composition for two years at the Massachusetts Institute of Technology. Mark now lives, teaches and performs in Seattle.

His oldest son Benjamin recently graduated from Stanford University, where he double majored in Music and a joint major in Philosophy and Religious Studies. A composer as well as pianist, Benjamin began studying both disciplines at the age of 10. Seattle Met magazine calls Benjamin “Seattle’s next great pianist.”

Son Jonathan is currently an undergraduate studying performance at the New England Conservatory. He began playing the cello in grade school.

The accomplished Salman family will play exceptional compositions written for solo piano, two pianos, cello and piano, and four-hands or two pianists at one piano, made all the richer by the deep and familial connections of a father and his two sons.

Tickets are available at VashonCenterForTheArts.org.

In Concert: Jami Sieber, Ferron, & Cris Williamson

On Saturday, August 17, join us at Open Space for Arts & Community for a powerful night of women’s music featuring the iconic Jami Sieber, Ferron, and Cris Williamson. We’re absolutely thrilled to be hosting what’s sure to be a memorable night of soul-shaking tunes when this dynamic group of musicians/songwriters/composers grace our Grand Hall stage in a benefit concert for LGBTQ services for youth on Vashon. Doors open at 6pm, and the once-in-a-lifetime performance begins at 7pm.



Jami Sieber

Electric cellist and vocalist Jami Sieber reaches inside the soul with compositions that are contemporary, timeless, lush, and powerfully evocative. Sieber’s musical path has traveled from classical to folk to rock/pop where within her popular band “Rumors of the Big Wave,” she garnered the coveted Northwest Area Music Association (NAMA) Award for Best Rock Instrumentalist. Jami’s sometimes ethereal, sometimes hard-edged style of performance has earned her rave reviews throughout Europe, Asia, and North America, and has brought her invitations to be a guest artist in China, Russia,

the Balkans, Italy, France, and Thailand.



Ferron

In addition to being one of Canada’s most famous folk musicians, Ferron is one of the most influential writers and performers of women’s music, and an important influence on later musicians such as Ani DiFranco and the Indigo Girls. From the mid-eighties on, Ferron’s songwriting talents have been recognized and appreciated by music critics and broader audiences, with comparisons being made to the writing talents of Van Morrison, Bob Dylan, and Leonard Cohen. Ferron has published 14 albums, including: her-well known Testimony (1980), whose title song is something of an anthem for many in the women’s music community; Shadows on a Dime (1984); Driver (1993); Boulder (2008), and most recently Lighten-ing (2014).

Cris Williamson

Decades before indie labels were the norm and years before women had any real access to the music industry, Cris

Williamson was busy changing the face of popular music. In 1975, the twenty-something former schoolteacher recorded The Changer and the Changed for her brainchild, Olivia Records, the first woman-owned, woman-focused record company. Cris Williamson’s music and voice quickly became the soundtrack of a movement, and was the cornerstone of what would become known as “women’s music” — music created, performed, and marketed specifically to women. Today, The Changer and the Changed remains one of the best-selling independent releases of all time. Today, with 30+ full albums to her credit, Cris continues to tour the acoustic circuit adding new material at each juncture. Her performance career includes three sold-out shows at Carnegie Hall and the headlining of many of the great folk festivals, including Newport, Kerrville, Moab and Vancouver.



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Vashon Island Concerts in the Park

Continued from Page 1

Toronto record and its 6 tracks represents those influences in such a way that they have informed his songwriting but is likely more recognizable as a strong collection of the kind of guitar rock his core fanbase would respond to immediately.

New discoveries of Moore’s live shows and last few records are coming on board every day, as his live shows have graduated once again from barrooms to bigger stages and warmer rooms, despite a blustery big stage headlining appearance this past New Year’s Eve at Auditorium Shores in Austin. Moore delivered in gloves and muffler, despite snow and 27 degrees (In Texas!)



Clinton Fearon

Thursday, August 8th, 7-9pm
Clinton Fearon
(Roots Reggae)

Clinton Fearon is a composer, songwriter, singer and player of instruments since his early teens, and a professional since the age of 19. Much like quite a few other reggae musicians who came of age in the late 1960s and early 1970s, Clinton Fearon was a country boy who migrated to Kingston as a teenager to seek his musical fortune amongst the proliferating studios and sound systems of the big city. It was around 1970, when he joined Albert Griffiths and Errol Grandison to form the Gladiators, that he hit his stride as a musician, and began what would be the most significant and commercially successful association of his career.

After leaving Jamaica 1987, Clinton Fearon start a new career from Seattle. With other musicians of the Gladiators, he decided to stay in the US and to form The Defenders. The band built a nice following in the Northwest. After five years the band split and Clinton Fearon formed the Boogie Brown Band with local musicians in 1993.

When asked about his music, Clinton states that “... our sound is roots, its roots, lover’s rock, rock steady. It’s not too far from the root. I’m not trying to branch off into anything I’m not totally relaxed with,” he continued. “A lot of (other bands) try to follow the market. I try to follow my

creativity more so than follow the market. It’s what’s in your heart; you have to follow your heart.”

Each song of Clinton Fearon is a strong message coming from the heart of a man who dedicates his life to help a better world to come. With chiseled music and poetic lyrics, he opens reggae to a wider audience who simply loves his beautiful songs.

Thursday, August 15th, 7-9pm
The Portage Fill Band
(Big Band)

For well over 40 years, the Portage Fill Big Band has been an integral part of the musical life of Vashon Island. A perennial

Strawberry Festival favorite, the Portage Fill Big Band continues to entertain with exciting and danceable music from the Big Band era and beyond.

The Portage Fill Big Band is Vashon’s oldest “garage band” with their unique brand of dance music. With over 300 tunes to choose from, the Portage Fill promises an entertaining show for listeners and dancers alike.

Made up of almost two dozen current or former island residents, Portage Fill is a classic “Big Band” with full horn and sax sections, backed up by a complete rhythm section, and features 2 vocalists for the crowd’s listening and dancing pleasure. Portage Fill is well known for their selection of Big Band swing tunes from the 30’s and 40’s, but is versatile enough to work in some blues, Latin, or even rock and roll numbers to put on a show for all ages and musical tastes. Whether you’re there to dance or listen, the Portage Fill is a band you don’t



Portage Fill

want to miss!

Thursday, August 22nd, 7-9pm
Polecat
(High Energy Folk)

Formed in Bellingham, Washington in March 2010, Polecat has quickly established itself throughout the West, with three records and over 300 shows in three years. Their unique instrumentation is comprised of Karl Olson (drums), Jeremy Elliott (electric guitar and vocals), Aaron Guest (vocals and 12-string guitar), Cayley Schmid (fiddle), and Richard Reeves (upright bass). This enables them to seamlessly blend genres including bluegrass, country, Celtic, rock, and world music into their sound. “The core audience of Polecat is, well, everybody. There is a sense of mass appeal attached to Polecat for its unique take on bluegrass, as well as an acknowledged respect for their honest approach to their genre” (H. Nightbert, What’s Up! Magazine, June 2010).

The sense of unity in the band clearly works in their favor as they seem like they’ve been together since birth. Polecat creates music that makes you want to get up and dance.

Aside from their self-titled E.P. and full-length albums ‘Fire on the Hill’ and ‘Fathoms’, one of the best aspects of Polecat is their live show. Their music celebrates life, love, and good times, and it reflects on the faces of the players and their audience. Polecat has shared the stage with several nationally acclaimed acts, including The Nitty Gritty Dirt Band, The Infamous Stringdusters, Sam Bush Band, The Hackensaw Boys, The Moondogies, Fruition and Trampled by Turtles.

“Known for producing stomp-worthy dance tracks, Polecat’s live show is an experience. It’s sweaty and loud in all the right ways – and it’s sure to get you on your feet. Having recently played sets at the Subdued Stringband Jamboree and Summer Meltdown festivals to rave reviews, the group’s debut slot at Bumbershoot is sure to be another stomping good time. “We would like for people to leave the show saying, ‘They belong at Bumbershoot. They belong at a festival with crowds this big – and that’s what they

The Bad Decisions

If you like Rock’n’Roll, you will like The Bad Decisions. They bring hot, honeysuckle-dripping, Southern-accented tunes that shake, rattle AND roll, and they come hard-driving right up in your face to say: “Move, while you can!! Start shaking them bones!” That’s the Good News! The Bad Decisions are Gregg Curry, Scotty Hayes, Tim Norton, and Ben McQuillin and they deliver. Come out and join them and shake it beneath the August moon. Bring your dancing shoes. You’ll be making a good decision.

The Bad Decisions
Friday, August 2nd, 8:00pm
The Red Bicycle
All-ages ‘til 11pm, 21+ after that. Free cover!



Deadline for the next edition of *The Loop* is
Saturday, Aug. 3



Polecat, photo by Jonathan Gipaya

should be doing,” Elliott said. — Keegan Prosser, The News Tribune

Thursday, August 29th, 7-9pm
The Paperboys
(Celtic bluegrass)

For a quarter century, The Paperboys have been touring the world and lighting up stages with their freewheeling blend of influences from Celtic and bluegrass, to Mexican son jarocho, brass bands, and Canadian roots. They have been called everything from Cajun slamgrass to worldbeat, they’ve received a Juno award (Canadian Grammy), plus two Juno nominations, two West Coast Music Awards, released nine albums, and regularly play two-night bills in the Pacific Northwest.

Although the Paperboys have made critically acclaimed records, they are through and through a live act. They shine most on stage. They have spent the last 25 years on the road playing all over North America and Europe, where they have developed a large following without the aid of a record labels or radio play.

The Paperboys make music that is best described by founder Tom Landa as high energy music that is like a “Guinness with a tequila chaser while listening to an Americana Jukebox.”

This band made a big splash last year when we brought them to Vashon and had to move them indoors because of the weather. Every seat in the house was full and what a concert it was! See them in Ober Park this year, don’t miss this!



Paperboys

Open Air Outdoor Aerial Festival

On Saturday, August 3 at 4pm, join Open Space for an afternoon of drama and delight at our annual Open Air Outdoor Aerial Festival! Open Space is proud to present the only aerial festival featuring internationally touring artists, local aerialists, and students from Vashon’s own UMO School of Physical Arts. Choreographed aerial spectacles will enchant as you relax and bask in the breezy summer vibes. Blue skies and natural wonder offer an idyllic setting to see our agile acrobats fly through the air – these impressive, ethereal acts are all the more magical in the sparkling sunlight of summer!

Starring Thomas Hitoshi Pruiksma of a “Poet’s Magic,” a regionally known performance artist and published poet; Upswing Aerial Dance Company directed by Cherie Carson, an internationally touring aerial dance company from the Bay Area; Shannon Gray, an international touring artist from the Bay area; Shadie Iliacus (Sadie LaDonna & Shawn Kellogg), professionally touring circus artists and founders of Pop-up



Movement, teachers at UMO School of Physical Arts and SANCA in Seattle; Danya Volkov, a Seattle aerialist from Unfiction Work; Amy “Funbuttons” Matthews, a Seattle-based aerial artist; and Thy Alybaba, a local contortionist and acrobat.

We’re also thrilled to present performances from local aerial artists who have graduated from the UMO School of Physical Arts, including Sarah Smith, Annie Crawford and Emma Rose DeSantis, Josie Slade, Madeline Schroeder, and Solrun Heuschert. Additionally, current UMO students including Allene Rodriguez-Miller and Raena Joyce will be sharing their talents!

Don’t miss this unique magical event proudly offered by Open Space for the Vashon community.

Suggested donation of \$12, no one turned away for lack of funds! Guests are encouraged to bring a blanket and the whole family. Aeggy’s pop-up kitchen will be there with delicious food. Learn more at: <https://www.openspacevashon.com/event/open-air-outdoor-aerial-festival-2019/>



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A voice like no other

Continued from Page 1

credits include WORDS AND MUSIC with Sammy Cahn, Nancy in ANGEL STREET with Dina Merrill, Rebecca in RAGS, the short-lived Alice in the short-lived LEGS DIAMOND with the late, great and wonderful Peter Allen, and the Broadway bound and derailed Erte production of STARDUST.

She has sung in concert in Carnegie Hall, Avery Fisher Hall, Town Hall, the Kennedy Center Jazz Festival and the Caramoor Festival to name a few. Symphonic work includes the Boston Philharmonic with Ben Zander, the Tulsa Symphony with Peter Nero, the Detroit Symphony, the Richmond Symphony with Charles Strouse, the Palm Beach Pops, and The Silicon Valley Symphony.

Christine Andreas appears through the generous sponsorship of Sarah and Jerry Mathews and Windermere Vashon.

Tickets are available at VashonCenterForTheArts.org.

Have a Story or Article

Send it to:
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www.VashonEvents.org

Free Range Folk Choir



After a winter of singing together, the Free Range Folk Choir is happy to invite you to join us for our final concert, Sat. July 27th, 7pm at the Vashon High School Theater. The rich and dissonant harmonies of slavic mountain song, the joyful rhythms of south african music, the complexity of japanese choral music and the call to the rain from Ladysmith Black Mambazo will blend to form a rich tapestry. Come on a journey with us, celebrating the diversity of communities and music around the world that makes it such a beautiful place. Help us lift the spirit and cultivate the community we all need around us, supporting each of us in our work for diversity and freedom.

Suggested donation \$5 - \$10 (No one turned away for lack of funds.)
More info at <http://freerangefolkchoir.blogspot.com>

Frozen



Zoey Wilson, Phoebe Ray, Lucy Rogers, Gabriel Dawson. Photo by Kevin Hoffberg

Come see Elsa, Anna and the magical land of Arendelle come to life on the VCA stage. Based on the 2018 Broadway musical, Frozen Jr. features memorable songs from the animated film, plus new songs written just for the Broadway production. This

show is full of magic, humor and plenty of action. Fun for the whole family!

Friday, July 26 | 7pm
\$5
Tickets at
VashonCenterforthearts.org

Sarah Christine Album Release Show

Island vocalist & songwriter Sarah Christine will be celebrating the release of her brand new album Time To Shine with a live performance at Snapdragon Saturday July 27th. Another local favorite Jacob Bain will open the night with a special intimate performance.

7:00pm Doors, Show 8:00pm
Tickets are \$15 advance/\$20 door
brownpapertickets.com

CD’s and shirts will be available for purchase

Sarah Christine is a visionary vocalist & songwriter on a mission to uplift, empower and inspire others through music. Her new album Time To Shine is a collection of songs that soulfully weaves the flavors of funk, folk & reggae with lyrics that speak directly to the listeners Soul. It’s a loving wake up call where she reminds us to live in the present moment, pursue our dreams, be grateful and share our gifts with the world. The album consists of 11 original compositions where Sarah performed lead vocals, stacked harmonies, acoustic guitar, piano, and synthesizer. It also features an all-star cast of 13 different local area musicians and was engineered, produced, mixed and mastered by the



legendary Martin Feveyear at his studio on Vashon Island.

Sarah Christine and her band will perform the album in it’s entirety along with some of her previously released material to create a celebratory and uplifting evening of music.

Summer is just around the corner and you know what that means: FLYS!



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PANDORA'S BOX

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