

Limited deer hunt set for Oct. 12-31 at King County's Island Center Forest

A recently added hunting season for deer on private land on Vashon-Maury Island does not include King County Parks' Island Center Forest, which is scheduled to have its annual limited deer-hunting season Oct. 12-31, when no other access will be permitted on 200 acres of forestland.

The Washington Department of Fish and Wildlife added a special deer-hunting season on private lands to better control the deer population on Vashon-Maury Island, where there are no natural predators. To protect public safety, King County Parks will post "No Hunting" signs at Island Center Forest during this period.

The brief Island Center Forest hunting season in October coincides with the Washington Department of Fish and Wildlife's designated hunting season in which all firearms can be used, except rifles. This hunt replaces the state's established four-month-long hunting season in Island Center Forest.

Vashon Island's largest public open space, Island Center Forest and Natural

Area has 9 miles of trails that are shared by hikers, mountain bikers, runners and equestrians. Island Center Forest was formerly owned by Washington state, and is the only public land on Vashon Island where deer hunting has been allowed. In 2004, Island Center Forest transferred ownership from the state Department of Natural Resources to King County. This transfer was contingent upon an agreement with the community to continue to allow deer hunting each fall.

King County Parks manages the land in collaboration with community partners who make up the Friends of Island Center Forest, a diverse group that includes the Vashon Forest Stewards, Vashon-Maury Island Horse Association, Vashon Sportsmen's Club, Vashon-Maury Island Land Trust, Vashon-Maury Island Audubon, outdoor enthusiasts and other community members.

More information about the Island Center Forest deer hunt is available by contacting David Kimmett, 206-477-4573; david.kimmett@kingcounty.gov.

Concerts in the Park



Vashon Events and the Vashon Park District have announced the lineup for the annual Summer Concerts in the Park. The extremely popular and free outdoor concert series will begin on Thursday, August 1st and run through Thursday, August 29th. All concerts start at 7:00pm and are held in Ober Park on Vashon Island. Enjoy live music performances from today's top talent in Rock, Roots Reggae, Big Band, High Energy Folk and Cajun Slamgrass performing against one of Vashon's most beautiful outdoor backdrops.

On Thursday, August 29th, we are excited to bring you The Paperboys!

The Paperboys 25th Anniversary Bio Celebrating their 25th anniversary year, Vancouver Canadian musician Tom Landa, is looking back on the legacy of his much-loved folk rock band The Paperboys. For a quarter century, The Paperboys have been touring the world and lighting up stages with their freewheeling blend of influences from Celtic and bluegrass, to Mexican son jarocho, brass bands, and Canadian roots. They have been called everything from Cajun slamgrass to worldbeat, they've received a Juno award (Canadian Grammy), plus two Juno nominations, two West Coast Music Awards, released nine albums, and regularly play two-night bills in the Pacific Northwest. But that's not what matters to Landa now. "What means more to me than anything else is to receive letters, emails, or hear stories from people who tell me that our songs helped them through a tough time, or that they used one of our songs for their wedding, or that an album of ours was the soundtrack of their summer. At the end of the day, accolades are nice, but they are nothing compared to connecting with people." Landa's song 'Better Than The Last' has become somewhat of an anthem for people who have gone through hard times.

It's a remarkably grounded perspective from a bandleader who's

been through it all (including the passing of a band member). But Landa's an open-book kind of songwriter, a Canadian grassroots poet who loves to infuse his songs with exotic world rhythms, Celtic melodies and pop hooks. What's remarkable about the band, is their ability to seamlessly fuse all the different styles and make it sound like they come from the same place. Their latest CD, 'Score' is full of these signature sounds: Spanish language songs that reflect Landa's Mexican heritage, explosive brass lines from their extended 8-piece ensemble, Celtic fiddle and pennywhistle blazing through an old reel, English Language rock songs with strong pop influences, and a kind of melting pot sound that reflects not only the diversity of the band's home city, Vancouver, BC, but also a larger vision of what modern Canadian roots music should sound like.

The Paperboys were formed in 1992 when Landa first moved to Vancouver. "As a teen living in Ontario," he explains, "I was really influenced by the music coming out of Vancouver in the late eighties/early nineties. Bands like The Grapes of Wrath, 54-40, Roots Round Up and Spirit of the West, who were by far my biggest influence. I packed my bags and came to Vancouver solely based on the music scene."

Over time, The Paperboys were a key part of multiple waves of popular Canadian folk rock bands that included The Duhks, Ashley MacIsaac, Leahy, and Great Big Sea. "One big difference between Canadian Celtic artists from the east coast and Celtic bands in other parts of the world," says Landa, "is that we don't have the same approach to playing music, and we are not flame-keepers in preserving tradition, so we are free to mess around with it and create something different. We still have deep respect for the tradition but we are a product of where we are from and the

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The Road to Resilience

R.I.P. Dear Friend

I have been preoccupied of late and am having trouble focusing on the next topic, so I decided to go with the flow. My oldest friend on Vashon, Bill Tobin, died on August 2. In April of 1971, Bill, Leslie Creed, Rodney Sakrison, and I moved into a beautiful house above the Cove Motel in Beulah Park. We called it the "Cove House."

Rod died in '05, Leslie in '10 (I think), and now Bill.

I first met Bill in 1968 when we both were reporting for training for a Peace Corps program for Venezuela. We were installed in apartments near Cal State East LA. Bill happened to be my neighbor. He loved music, and I had brought my guitar with me. Bill didn't play at that point, but he knew all the words to most songs of the day, and I could play most of the chords (this is way before the internet). Rod was in the same program with us, and he was soon at our jam sessions as well with his guitar.

I didn't see much of Bill or Rod in Venezuela because I was way out in the west, and they were in the east. After about a year, Bill did come out to visit me and check out a nearby site to work in. After that, I got the urge to take a trip east to see the rest of the country and to visit my friends. While going through Caracas, I ran into Bill, and he informed me that he had decided to go back to the states and was leaving shortly. I continued on my trip, visiting with Rod down on the Orinoco. I told him that Bill went home. Within


By Terry Sullivan,

a month or so of returning to my town, I decided to leave as well. On my last trip to Caracas on my way home, I ran into Rod who had also decided to leave.

Within six months of coming home, I was in Seattle with Bill and Rod. I was the only stranger as Bill and Rod had both grown up in West Seattle unbeknownst to each other. At that point, I met a large group of Rod's friends and some of Bill's who are still friends today. We rented a house in Eastlake and during that year met Leslie Creed. Leslie had a little cabin on Sunset Beach on Colvos, which we visited a number of times. At the end of the year in Seattle we moved into the Cove House on Vashon. By that time, Rod and I had taught Bill how to play guitar. After that year in Cove, we all moved to separate places on Vashon, but were tight friends for the rest of our lives. Quite a few other friends moved to Vashon as well, and many are still here.


I have not mentioned yet that Bill was a lawyer. He had passed the Washington Bar about the time that we moved to Vashon. He was a state bureaucrat for a while, but I remember early on that he represented a young local who was accused of fire bombing the Vashon Courthouse. I believe the courthouse was in the same space that Vashon Print and Design is now. I don't remember that a whole lot of damage was done. Phil Schwarz was our judge at the time, and you could not find a nicer fellow. Phil performed marriages for both me and

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Amylu Needs a Home

Happy Labor Day in advance! I can tell you all about labor, because I gave birth to kittens just a little while ago. I'm barely more than a kitten myself, maybe a year old. I love it when someone picks me up and holds me. Right now I'm in a foster home, not the shelter, but you can make an appointment to meet me. Look at my photo and imagine me in your arms right this minute!



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August 24 @12pm

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August 28@6pm

Jaws (1975) The final "Summer Nights Movie"
August 29@4:30pm
August 30@7:30pm

Maiden
Starts August 30 - Sept 2

Good Boys
Starts Swptember 6



The Vashon Loop

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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Master Gardener

Bring your gardening questions, plant samples and/or plant photos for identification to the Vashon Master Gardeners in front of Vashon Ace Hardware and receive free, science-based advice every Saturday 9:30am-2:30pm from April 27-September 21, and first Fridays 9:30am-2:30pm June-September. Contact Vashon Master Gardeners WSU Extension at mgvashon@gmail.com for more information.

Alzheimer’s Association Caregivers Support Group

Caring for someone with memory loss? Do you need information and support? Alzheimer’s Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Wednesday of the month from 1:00-2:30 pm, at Vashon Presbyterian Church, 17708 Vashon Highway SW, Vashon, WA 98070. For information call Regina Lyons at (206) 355-3123.

Get In The Loop
Send in your Art, Event, Meeting Music or Show information or Article and get included in The Vashon Loop.
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PLEASE REPORT LOCAL WHALE SIGHTINGS
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Register to sing with the Chorale for the fall session

Singers are invited to register for the Chorale’s fall session which begins Tuesday, Sept. 3 for concerts on Dec. 7 & 8. Rehearsals are held at the Presbyterian Church on Tuesday nights from 7 to 9:15pm. Concert music will be a varied program of traditional carol tunes each with its own unique approach to the holiday glorious season.

Dues are \$65 with music costs of \$39. Full or partial scholarships are available; contact treasurer Karen Baer, vashonbaer@gmail.com for information. All singers, age 16 and up are welcome without audition.

Registration sessions will take place on Thursday, August 29 from 5pm until 6:30pm in the Windermere Real Estate conference room and on Saturday, August 31 from 10:30am until noon in the meeting room at the library. Singers can also register at the first rehearsal on September 3rd by arriving early before rehearsal begins.

Information: info@vashonislandchorale.org

craft fair & flea market

AUGUST 24, 2019
9am - 3pm

Island Funeral Service
18005 VASHON HIGHWAY SW

Vendors: 10' space: \$25
20' space: \$40

Call 206-463-5173 for more info

Support Vashon Senior Center. Come find the perfect treasure at the annual Craft Fair and Flea Market on Saturday August 24th, 9AM-3PM. Booths will be set-up on the lovely front lawn of Island Funeral Services. Keep energized so you can shop til you drop with coffee and delectable treats provided by the Senior Center.

TRASH TALK

The end of summer is beautiful, but it can be a hot, dry, thirsty time for our gardens, wells and aquifers. When you water your garden, using a hose or drip system instead of a sprinkler saves water and gets it right to the roots. Try to water in the morning or evening when there will be less lost to evaporation. And keep a pitcher of water in the fridge so you don't run the tap to get a cool drink.

ZERO WASTE VASHON

www.zerowastevashon.org

Celebration of Life

For Phil Ross-Commonly known as Goose
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Bring Stories and a dish to share

The Fine Art of Small Talk

Take the pain out of small talk with enjoyable games, role playing, and rich fruitful discussion. Whether we are more comfortable as introverts or extroverts, small talk can be a tool that enables us to build the vital relationships we want. See small talk in a whole new light! Free at Vashon Library, Saturday, 8/24/19, 1:30-3:00 PM. An interactive, light-hearted, BOOMERS AND BEYOND playground. Laura has been “helping people find their way for a quarter century.” Call Laura Worth, MSW at 206-463-9283

This is a “life coaching playshop” where I offer life coaching in a small, interactive workshop format. The workshop helps people overcome the fear of small talk to encourage relationship-building at any age. My approach to facilitation of this group is with BOOMERS AND BEYOND in mind. My intention is to avoid age-related stereotypes, honoring the strengths of older adults.

Farmstad Music Festival

Come join us on a beautiful summer day at our farm. We have an outdoor stage with some wonderful music lined up. Alexandra Blakely will be singing her timely and passionate songs. Boka Kouyate & the Djelijah Band will be serving up West African Fusion of Griot, Afro-Beat and the modern music of Guinea.

A rare one time only menu by the chef Rustle and Lauren of Ruby Brink will be available in our kitchen area.

Feel free to BYOB and picnic with your friends and family.

We look forward to a wonderful Vashon Island community gathering under the open sky.

Farmstad Music Festival
Sunday Sept 8th 2019 5-9pm, 12108 SW 148TH ST
FARMSTAD.COM to purchase tickets \$20.00

Coyote Kids Late Start Nature Program



Give your child a healthy start to their school day. Kids ages 5-8 explore the ponds and woodlands on the CES campus during late start Thursdays. VWP nature mentors help kids transition to school. Only 3 spots left beginning this Fall. Scholarships available. Register now: VashonWildernessProgram.org

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**Next Edition of
The Loop Comes
out Thursday
September 5**

Deadline for the next edition of *The Loop*
Saturday, August 31

Buzz Cuts and Curly Hair

By Sean Malone and John Sweetman

“What wonderfully curly hair your children have,” a visitor from Seattle exclaimed, as she ran her fingers through my curly hair and made me cringe. Since my brother Mike was dark complexioned, a throw-back to the Spanish armada when it wrecked on the Irish coast, his hair was dark and straight, while Sister Molly’s curly hair was the same as mine; though for a long time, Mom had to scotch tape a pink ribbon to Molly’s bald head, signifying that she was not a boy, but a girl.

“Can’t I get my hair straightened out?” I asked Mom, who replied that I should ask Don the barber, the next time I saw him; and so I did. Don Kellogg had a board that he would place across the arms of his barber chair for us little kids who weren’t tall enough. “Don, “why don’t I have straight hair, like everybody else,” I asked him from my lofty perch in his barber chair? “Have you been eating your squash and other good vegetables?” he asked. I hated squash and told him so. “About the only thing I can suggest is that you borrow one of your Mom’s silk stockings and pull it over your head at night and keep doing that for three months.” Sister Molly was laughing at me and told Mom that it made my eyes look Chinese. I didn’t know which was worse, having old ladies pet me like a dog, or, putting up with having to wear a stocking over my head, which never did any good anyhow.

John’s Mom did their haircuts at home where she could do what they called “crew cuts” or what John later learned in the air force were called “buzz cuts.” His sister was saved from this embarrassment. Some of the kids merely had a bowl plopped over their heads and anything showing was cut off. When John went to school with a new haircut, he was taunted with; “Did your Mother put a bowl over your head?” In other cultures, the bowl cut is viewed as an attribute of poverty, signifying that the wearer could not afford to visit a barber.

If we came home with pitch, tar or dog manure in our hair, Our Mom’s went off the deep end and got the stuff out by using a lye based soap called Feldmans that hurt like hell. Twenty mule team borax was another way for her to torture the evil smelling stuff out of our hair. Seventy years after, could these applications be our present day source of baldness?

Now, there is a brand new cooking school where Don Kellogg plied his trade as a barber in the 1950’s. The old drugstore was on the south side of Tommy’s shoe shop which is now a new pizza place with a coffee shop on the other side of the old Van Olinda



building. Tommy’s shoe repair was long and narrow, with the shaping and grinding wheels all on the same electric shaft and painted green. The old retired Norwegians came to Tommy for their thin-soled kangaroo skin boots that were as soft as they could be to the feet of Vashon’s retired farmers, loggers and fishermen.

Cunningham’s was the only tavern on Vashon in the 1950’s and people bragged that if we didn’t have nine churches there would have been more taverns. The Red Bicycle used to be Cunningham’s tavern and is right across the street from Kellogg’s barber shop. When the door swung open the smell of stale beer washed out onto the side walk. John Cunningham was a friend and the tavern owner’s son or brother, I can’t remember which. “Wanna see where the off-island berry pickers were fighting?” John asked. We couldn’t go into the tavern, being under-age and walked around the building to an alley that was still red with blood as one berry picker used a broken beer bottle to kill the other. “Let’s sneak into the funeral home and look at the dead-guy,” John said. Garvin’s Funeral home was just down the street and it was starting to get dark when we snuck through a side window to see a sheet covered body lying on a marble table.

“Let’s pull a trick on Bill,” I said. I’ll lie down on this other table and you go get him.” Now Bill was the undertaker’s son and John brought him down to the closed window on the south side of the funeral home. My feet were bare and I had covered myself with a sheet except for my toes, to which I had tied a name tag for the sake of authenticity. The window creaked as John opened it, while I waited for Bill to reach the floor of the funeral home. With a loud “Woo, woo, woo” ...I sat up with the sheet over my head and Bill dropped to the floor in a dead faint. We left him lying there and escaped through the window to the darkness outside. Could we have scared Bill so bad that he lost most of hair? Yes! And from that moment on..Never needed a bowl put over his head!?!

Sean@vashonloop.com

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The Loop’s soy-based ink is good for composting.

VashonBePrepared.ORG
Neighbors Helping Neighbors

Find the Loop on-line at
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Deadline for the next edition of *The Loop* is
Saturday, August 31

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Island Life Overlandia- A Redux

By Peter Ray
pgray@vashonloop.com

I got another writing reprieve the last time here, and so it did not become general news that I was on the road again. I believe at this moment I am somewhere over the 4000 mile, cumulative total for this trip. I can’t say for certain because I am here and my car is elsewhere, hopefully about to get new things added and reattached to its driving force so that I can continue on the way into the future, while at the same time digging into the past. I am yet again out in the big wide world of Americana in pursuit of Horace Greeley and Hank Monk whilst attempting to avoid the pitfalls of the American Carnage. I would not say that this current delay is a part of that- it’s just



one of those unfortunate tangents that pop up when somewhat least expected, and never desired. We dig into our savings and trust in the mechanics and then carry on. What else can one do?

There were actually two reasons for leaving on this excursion in the first place. There is the ongoing visage of a specter of Mr. Greeley that keeps me trying to figure out how I’m going to tell a certain part of his story. And then there is the swimming thing that somewhat provided the impetus and jumping off point for this particular iteration of the Overland Saga that started almost a year ago. As it was, when Wendy announced that she was thinking about participating in the entirety of the swimming event that was and is known as the Northeast Kingdom Swim Week, and billed as “8 Lakes-47 Miles-9 Days”, I started to devise a way that I could merge traveling to Vermont in August with the next step in my process of looking at Mr. Greeley’s 1859 stagecoach excursion from New York to San Francisco. And so it was that I came up with the brilliant plan that I would drive east in all haste, arriving at the point where the Atlantic Ocean turns into Boston Harbor somewhere close to the time when Wendy’s flight from Seattle touched down on the tarmac nearby. From there we would travel to northern Vermont, find our rental cabin, remove most of my film and photo equipment from the car and the roof top carrier from the roof, and spend the next nine days with that cabin as our basecamp, and have plenty of room to tie the inflatable kayak to the roof rack as we jockeyed around to daily morning races both in that singular New England state, as well as across the border for a loop around a lake in Canada. Sure, I thought- that will work.

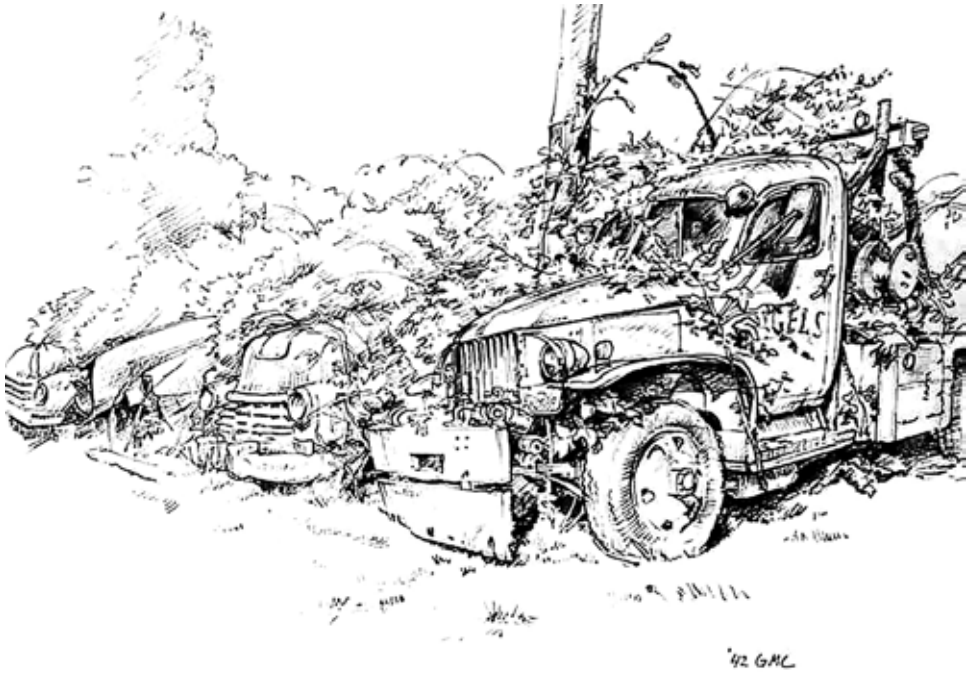
I allowed myself five plus days for the crossing, knowing full well that in my prime I once sped from upstate New York to the Puget Sound in seventy-two hours. It was also general knowledge in

these quarters that my prime was getting to be quite a while ago, and so five days seemed a reasonable expectation, if not at least moderately challenging. Since well laid plans have a habit of becoming a running joke, my departure became delayed by a better part of a day as I fretted with what I should be bringing along for nine days of kayaked swimming support and a month of filming and research, along with where it would all fit and how it would shift when Wendy became a passenger. As my window for the great meet-up at Logan arrivals grew narrower and more challenging than I wanted, I finally jettisoned a few more things, locked the roof carrier and closed the doors and headed for the ferry and I-90 at the time of Blue Angels over Lake Washington. Fortunately, their antics did not close the bridge this year, and so just as I got there I saw their precision flight path being sketched into the sky with white smoke as I popped out from

underneath the Mt. Baker neighborhood, and then proceeded onward past ski areas with no snow and the dryness of farmed wind and wheat.

Having recently- this past winter-made the trip from Vashon to Missoula in one sitting, I decided that I would stop the first night in that college town and proceed with all haste after a night’s sleep in semi-familiar territory. I headed out relatively early the next morning and vaguely began to concoct a plan to stop in Butte and find a way to take a drone shot of the Berkeley Pit once I got there. I’m not sure why, other than it kind of fit in with my usual road trip reportage through random acts of photography that get dumped in the tubes and dungeons of the internets through the facebooks and the instagrams. While this was not an intended theme for any of this journey, the gaping hole in the earth in Butte that was left from the extraction of copper and other things and is now nearly full to the brim with a toxic soup that kills any water fowl that land there, this spot is certainly exemplary of a true slice of American carnage. I was not certain if I could do this- whether perhaps I would be kept from sending my drone-ish eye in the sky up to a perspective that is safe for all birds that passed by there. I got off at the Butte exit and wound my way towards the hillside scar that you can see from the highway, through neighborhoods where single story homes were each demarcated by waist-high chain link fences. I followed the road that separated some of those houses from the barren wastes of the perimeter around the pit and found a public park that was directly across from where the lake resided, just over a lip beyond some mine buildings. There was no one in the park which did have a bunch of empty play structures and a large sign that stated in no uncertain terms: No Dogs. I can’t really imagine wanting to bring my dog there, let alone wanting any children to play in what had to be soil and grass that contained who knows what. I looked around and began to look

Blackberry Graveyard



So I heard that someone complained about the cars at the blackberry graveyard at Engels. Wow. The slow creep towards becoming Bainbridge “you were funky once as well” Island. I really don’t want to live in a sterile community. I like the funk and rot. I like nature getting out of order, a derelict house now and again. Rusting exercise bikes on the shore. A bland town center. That house with too many Xmas lights. The Armageddon July 4th on Quartermaster drive.

I like the blackberry graveyard at Engels. It lets me know that I am home, where things can be a little bit off and people can be who they are, and have some soul and give life some slack.

May Engels and all the funkiness remain. You are the reason I am here.

Steffon Moody

like I knew what I was doing and that I was supposed to be there and sent my spy servant aloft to around 400 feet, at which point I checked the exposure, set the on board camera to panorama, pushed the button and then got out of there as soon as my gray bird set down a few feet from my car. I was not followed out of town by any threatening black SUV’s, or any notable vehicle of any type. I don’t think anybody cared, or in truth had any reason to be concerned about what I was doing there. I think it was unfounded paranoia on my part, but we have to at least wonder about possible consequences of actions such as these- or maybe not.

As I was heading out of town I took note of the time and where I was in relation to where I wanted to be going, and reached the realization that I couldn’t be taking these extravagant side tangents and expect to be in the Logan cell phone lot at my allotted time slot, and so I revised my pictorial expectations for this part of the trip to only include visions that I could capture while speeding along on my way. One could include at this point the caveat of a “do not attempt-professional driver on unclosed course” nature, but that should go without saying. So I snapped away and drove away and eventually found myself standing outside my car at the airport lot in ninety six degree heat as the text came across fifteen minutes after I arrived that Wendy was ready to be picked up at Delta arrivals. So far so good.

Most who visit here on a somewhat regular basis should know by now that I tend to dwell in the realms of various, obscure sub-cultures- it’s just where the fun is. The land of the open water swimmer is, well, actually, the wet space between the shores. And it usually involves distances that most landlubbers find to be a challenge even on dry land at a walking pace, let alone a jog. This week the range is scheduled be anywhere from a mile to eighteen miles. The single mile is a national championship for masters swimmers, and the 18 miler is a down and back on Lake Massawippi up in Quebec. The longest swim is an option, with Wendy opting for only going the nine miles in just one direction on that

day, in which the “just” and “only” parts of that sentence are relative. Throughout all of this I am to be there to tag along, snap pictures, make sure that the line we are taking is as close as possible to the least distance to travel between points A and B and whatever turns and twists take us to any variety of points further along the route. I also have to watch the clock so that every half hour or so I raise a plastic water bottle on a string to indicate it’s feeding time, and then toss it in for Wendy to grab and take a carb and electrolyte filled drink so that she might carry on somewhat fully fueled, no matter what the longer distance.

If anyone has been “to the races”, they might find the attitude at these events a bit more relaxed than what one might find elsewhere at competitive sports venues. It is not really a sprinting kind of thing as should be fairly obvious. One gets in and jockeys about and heads in approximately the correct direction as the pack spreads out according to each individual pace. Along with this sorting of things, the support kayakers hang by the sidelines of the pack while scanning through the various strokes to figure out where one’s swimmer is. Once that is accomplished, then you make the moves to get in closer so as to be the individual course guide as well as the fueler and sometime source of moral support. This particular collection of swim events had its own more relaxed vibe as well, and mid course diversions have been worked into many of the swims as a result of physical and geologic formations that are found in various places along the way. There are a few large rocks by names such as Moose and Bathtub that are turning points and places where swimmers are encouraged to climb out and jump off, and there’s a sand bar where everyone has the option to get out, run over the top of it and perhaps in passing even do a jig. This all leads to a more relaxed atmosphere in what otherwise might have been a more buttoned-up and driven set of circumstances.

There was a variety of food offered to everyone each day at the end of the swim course, with the one constant being fresh shucked and cooked corn from

“Unfractured” Comes to Vashon Theatre

By Maia Syfers, Vashon Climate Action Group

This past May, Governor Jay Inslee signed a state ban on fracking for oil or natural gas exploration in Washington State, becoming the fourth state in the US to ban fracking and joining New York, Vermont, and Maryland. On September 10th, the Vashon Theater will be screening the documentary, “Unfractured”, which chronicles the successful struggle to ban fracking in New York. The screening will be hosted by The Vashon Climate Action Group (an affiliate of 350.org), and 350 Tacoma. Unfractured stars Dr. Sandra Steingraber, a well known scientist, author and activist, and explores the deeply personal story of this campaign and the dedication, resilience and personal hardship it entailed. She is coming from New York to attend and speak at the screening. The film explores the worldwide health and environmental costs of fracking and includes a trip she made to Romania to meet with local activists resisting Chevron’s fracking operations. Dr. Steingraber founded, “New Yorkers Against Fracking”, and is a member of “We are Seneca Lake”, a group focused on stopping natural gas storage in old salt caverns below Seneca Lake, where she lives. The film tells the intimate story of their campaign, including direct action and civil disobedience resulting in hundreds of arrests. It is an uplifting account of the power of people to create meaningful change and one woman’s struggle against great personal odds.

Washington State’s ban on fracking does not prevent the use of fracked gas imported from outside the state. Fracking is now responsible for at least two-thirds of the natural gas in the US, according to the US Energy Information Administration, and fifty percent of crude oil. More than ninety percent of the gas wells in the United States are fracked. At least half of Northwest natural gas supplies are fracked, according to a conservative estimate by the Sightline Institute. Fracking involves forcing water and dangerous chemicals deep into the earth at high pressure to fracture material surrounding oil and gas, allowing their extraction. Fracking uses and contaminates vast quantities of an area’s water supply, despoils the land, increases earthquake risk, and exposes

local populations to water and air pollution with potential carcinogens. Fracking is a direct contributor to climate disruption, as methane is the main component of natural gas. Methane is over 80 times more potent a greenhouse gas than CO2 and conservative estimates of leakage along the supply chain make fracked gas a worse contributor to global warming than coal.

Recently, the Vashon Climate Action Group hosted the documentary Ancestral Waters at the Vashon Theater. This documentary covers three years of the Puyallup tribe’s resistance to our own local fracked gas threat, the 8 million gallon liquefied natural (LNG) gas plant that Puget Sound Energy (PSE) is building unpermitted in the tide flats of Tacoma. The gas will largely come from fracked wells in BC and Alberta. PSE is building this plant on land protected by the 1854 Medicine Creek Treaty guaranteeing the tribe’s fishing rights. PSE ratepayers will pay millions of the cost in rate increases while receiving only about 2% of the energy. The LNG from this plant is mostly intended to serve the local shipping industry, mainly TOTE Maritime, and is being promoted by PSE as a “bridge fuel” to a cleaner climate.



This is a false narrative unsupported by science, justifying a huge profit driven project and being presented at a time when we need to globally focus on true renewable and sustainable energy grids to protect our planet. Recently, Governor Inslee stated he cannot “in good conscience” support the continued construction of the PSE LNG plant There will be further information available on this issue at the screening, including the recent lawsuit filed by the Sierra Club and Advocates for a Cleaner Tacoma, and ways to join the efforts.

Sandra Steingraber was a beloved friend of my mother, Judith Brady, a well known activist in the west coast Women’s Liberation Movement, and later in the movement connecting environmental pollution and cancer. My mother was a trusted editor for Dr Steingraber, and I remember my mother lying in bed once with pen in hand, reading through pages of manuscript, and spontaneously blurting out praise. Dr Steingraber spoke at my mother’s memorial in 2017; I will never forget the power and passion when this reserved and dignified woman stepped up to speak. In those moments, I understood my mother’s enduring respect and admiration for this kindred spirit and leader. She embodies the vision, intelligence, conviction and love which are the backbone of successful social movements, as well as the passion that can bring us closer to the better world we hope for our children. Please join us for this special event on our island.

GreenTechNight, September 10 @6pm. The Vashon Theatre.

Next Edition of The Loop Comes out Thursday September 5

Deadline for the next edition of *The Loop* is **Saturday, August 31**

Find the Loop on-line at www.vashonloop.com

A Night of Irish Music

Come join us for a magical night of Irish Music performed by two of the worlds best Irish musicians.

Brian Conway, premier Irish-American fiddler, performs with a skill, grace and force that are steeped in tradition, but distinctively his own. Well-known in the Irish/Celtic community, Conway has won numerous All-Ireland fiddling competitions and has been called one of the best fiddlers of his generation. Nothing is missed or missing in Brian Conway’s Sligo-Style fiddling!

“Certainly one of the finest Irish-American musician fiddlers...” Dirty Linen Magazine

Brian Conway www.brianconway.com

John Whelan is a seven-time All-Ireland champion and one of the world’s best living Irish button accordion players. He was raised in the vibrant London Irish music scene of the 1970s and moved to America in 1980. Along with his All-Ireland Championships, he was twice awarded musician of the year from the Irish Music Association. He has published over 15 CDs and has performed on Late Night with Conan O’Brien. John is also a sought-after composer and producer. His music has been featured on such TV shows as Sex in the City, History’s Mysteries, and History Detective.



John Whelan www.johnwhelanmusic.com

Tickets are \$20 at the door. Reservations at janstrolle@comcast.net, 206-228-0730

A night of Irish Music Masters John Whelan on Accordion and Brian Conway in Concert.

Sunday, August 25 at the Havurah, 15401 Westside Hwy. 7pm

Road to Resilience

Continued from Page 1

my brother. Anyway, it was not a case that Bill would win, but it was a sign that Bill was going to be a lawyer who would defend the rights of the underdogs of the world. He was our Vashon attorney when we fought the ASARCO smelter. It was Bill that came up with the “pollutants as trespass” argument that eventually won the day. He took up a partnership with David Cooper somewhere in these earlier days.

According to another lawyer friend, he began representing Native Americans who were getting busted for harvesting shellfish on private property. The Nisqually Tribe eventually asked Bill to be their staff lawyer. The shellfish cases led to a suit being brought by the associated tribes of Washington for shellfish treaty rights in the state. Bill was the lead lawyer when the case came before the State Supreme Court. He argued and won that case. He

also argued and won a case before three Supreme Court justices to overturn the conviction of Chief Sealath. He continued to work for the Nisqually’s for about 30 years, just retiring about a year or two ago.

Bill was an audacious guy, both in court and in the social arena. He and I were involved in many an outrageous stunt, none of which will I mention for fear of besmirching his reputation. When Bill and I were together, we almost always played some music. I am sure as hell going to miss having him around to provide the words to all the songs.

His friends are going to be telling stories about Bill at a gathering at Havurah on Sunday, August 25 at 1:30 pm. Stop by and share a tale.

Memories or Corrections?
terry@vashonloop.com

Island Life

Continued from Page 5

a local farmer, except of course when we went into Canada. There were new friends to meet and a variety of open water stories being told from experiences all over the world. The most fascinating and a bit disturbing tale was that told by one of the swimmers about his swim crossing between some Hawaiian Islands where he found himself attached in an uncomfortable and fleeting manner to a cookie cutter shark, which had decided it just had to have a round chunk of the skin covering his abdomen for lunch. Fortunately, there were no such threats in all of these fresh water venues. The only visible wildlife that I was able to note from the boat were loons and gulls and an occasional eagle, and the boat traffic on what where fairly remote lakes was never much of a presence at all.

Wendy was happy with her overall performance, especially with the time on the last day. And then we were on to an overnight with friends in New

Hampshire and a drop off the next day at Logan for her flight back to Seattle. And then I was on to a check in with VW and what I thought would be a routine service. They found something that might not have bode well for my trip back, so I am currently back at my friends’ place waiting for the word that I once again have a vehicle that is ready for the rigors of the road. Hopefully we will have no more surprise of that nature. I’m thinking it will be a while before I get back and that the next time here in this space I will have some overland tales to tell from now and some time and place back then. We will see.

Have a Story or Article

Send it to:
Editor@vashonloop.com



Planet Waves

by Eric Francis <http://www.PlanetWaves.net>



Aries (March 20-April 19)
This is always a productive time of year for you, and can be especially so, with Venus, Mars and the Sun moving through your work and productivity angle. You will have no problem keeping busy, though you will want to choose the projects you contribute to. Look for the connection between any one task and several of the goals or objectives you’re moving toward. The more connections any one task has to a few different points, the better. More significant, though, is how you feel when you’re involved. When you find that experience of being lost in your work, when the time leaps by and you look at the clock and it’s 3:30 am when a minute ago it was 10 pm, that’s the place to be. To that end, do what attracts you, what turns you on, what feels good when you’re involved. From there, one good idea will lead to another.

Taurus (April 19-May 20)
Notice how the concept of sharing has ended up in the recycling bin. What used to be called “the commons” has been replaced by vending machines. You might want to retrieve it and get it going in your local world. This is not specifically about you, though you may benefit. The subject is much larger than one person, though ideas always start with an individual. You’re in a position to facilitate something worthwhile, and that goes contrary to the prevailing (extremely annoying) environment of buy, sell, buy, sell. Yet you know the world belongs to all of us. You know that we are merely its stewards. There’s a benefit to tapping into this level of reality, which is true abundance. Yet you’re the leading candidate for getting things started, or better said, reviving an old idea whose time needs to come.

Gemini (May 20-June 21)
More so now than ever, you must do what feels right. If you encounter resistance, delays, blockages or frustration, try doing something else. The order in which you do things is less important than engaging in activity that is satisfying and at least somewhat fruitful — and your home is a good place to start. Anything you can do to improve your living space will make you significantly happier. The areas to attend to first are things like cleaning, taking care of your plants, and your linens. Tackle any stagnant corners, piles, closets or storage areas, for example, under the kitchen sink. Get the energy moving. Wash the curtains — this kind of thing. The result will be a liberating sense of belonging in your own space, greater productivity and being ready for company to arrive. Cleaning and freshening physical space are a positively awesome vacation from the oppressive digital realm.

Cancer (June 21-July 22)
Words count now, and you can make them work for you. In fact, imagine the whole dictionary shaking and vibrating and wanting to jump into your mind, your notebook, your computer screen. The Sun’s entry into Virgo is your invitation, though there’s no need to delay. Venus and Mars are involved, so the feeling is sensuous, warm, and with some sexual tension in the mix. Follow your curiosity, and dance with the possibilities. I don’t know if writing turns you on; surely at least reading does, and in our times, engaging with a book is a full-on immersion of your senses. Yet you also seem to have a story to tell. You might be tempted to write about your experiences, though I suggest you point your pencil in the direction of

what you want, and want to create. Be colorful and detailed and passionate in your description. See and feel your desires as vividly as you can.

Leo (July 22-Aug. 23)
Your astrology is calling you to set your priorities in order. It’s easy to let this fall to the side, though it’s now on the level of a necessity. Consider your priorities as being in two main categories — wellbeing and finances. They are related, as there is often some need to allocate resources to taking care of yourself. Yet this is as likely to be about time and energy as it is about money. Even more than that, your commitment to your own cause is the essential motivating factor to stay in touch with. Pay attention to what you know drives you to act on your own behalf, and connect with that idea, feeling or emotion. You always have time to do the things that are important to you, and right now, there are some significant needs you must address — and you have all the necessary ingredients to make that happen. Just put them all together.

Virgo (Aug. 23-Sep. 22)
The Sun enters your sign in grand style this week, with the company of both Venus and Mars. This is the perfect image of Virgo, which can embody either sex, or neither sex, as you wish. This goes for any form of sex roles, or the emotions that are ascribed to them; and it goes for your organic response to the direct experience of being alive. If you are feeling anything but your most incredible vitality, pause and consider why that might be. Are you hesitating in any way? Are you actively resisting? There’s often a little fear in the experience of feeling fully incarnated and in possession of your existence. One of the ways you know you’re getting near the cusp of actually embodying being wholly alive is when that fear starts to bubble to the surface. You are in a position to exceed or violate the metes and bounds that supposedly define who you are. Once you do that, keep going.

Libra (Sep. 22-Oct. 23)
Your imagination may be running wild for the next few weeks — and it will help you if you get out of your head and into the physical world. By all means stoke your fantasies and indulge in your mental pleasures, and then cross the bridge into reality with at least some of them. It’s true that all things related to the body are confused and distorted at the moment, and may be laced with fear and apprehension. You might feel embarrassed about allowing something out of the sanctity of your mind and into the wild world, where you must in some way interrelate with others. That is, however, the thing to do: for healing, for pleasure, and for growth. The inner and the outer worlds rarely align with perfect symmetry (really, never, but I never say never). So this is an experiment, one you may need to try a few times. Borrowing a line from The Beatles, all you need is trust.

Scorpio (Oct. 23-Nov. 22)
You may care about your reputation, but there is little you can do about it, and little that you need to do. You are who you are, and how people perceive you is their business. Attending to the details of your presentation may make you feel better though they are unlikely to sway anyone. What you can focus on is feeling good, and being at home in your skin. These days that’s a revolutionary act. Any gesture of casting off the burden of image is a kind of revolt. This is mainly for the benefit of

Rana Needs a Home

I’m a fancy cat - a Maine coon/tabby cross. Did you know that Maine coons are the largest domesticated cat breed? Well, we are, and I have a big, beautiful personality to go along with my looks. You’ll know when I’m around because I want to be close enough to touch people, maybe even nuzzle their hair. Maine coons have been described as dog-like. I’m loyal and friendly like dogs are, but I’d rather not be around them or other cats. Give me a nice, quiet environment where I can be the “Maine” attraction!



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To view adoptable Cats and Dogs

your own sanity; thinking you know what other people think is a hall of mirrors. Practice self-acceptance. Practice being who you are and saying what you think. Not everyone will like it. You will repel some of the right people. You will attract certain others. This will work pretty well, most of the time. It’s easier than obsessing over matters where you have no control.

Sagittarius (Nov. 22-Dec. 22)
Just in time for Jupiter’s recent return to direct motion, several helpful planets are crossing the midheaven angle of your solar chart — your fellow mutable sign Virgo. This is about stepping up and stepping out in the world. It’s also about attending to the details of your work, rather than leaving them to others. It’s true that Sagittarius has the reputation of not wanting to get bogged down in the technicalities, but that’s only one side of your nature. Another side wants total control. And though you can rarely have this, you can make sure that the connections are made, that your preferred language is used, and that you understand all of the commitments you’re involved with. Yet you must be cautious of overthinking matters, and getting so caught up in details that you lose the wide view and your sense of your goals. So make sure the two are connected, and be on the lookout for mistakes, miscommunications, and assumptions.

Capricorn (Dec. 22-Jan. 20)
You’re being confronted by so many challenges that it may seem impossible to see, or think about, the true scope of your existence. You may feel like you’re driven by responsibility that you can barely handle. Yet that is the state of mind you want to step out of, calmly and quietly, and consider the underlying purpose of what you are doing. Over the next week or so, you may be filled with the idea that you came here to learn, and you must persist in doing so. But what exactly are you learning for? Knowledge is rarely an end in itself. It needs a job, a direction, a mission. Only then is it relevant. Most of the useful knowledge you gain comes from experience and experimentation. Sure, you need some theory; but step by step, match what you’re experiencing to what you know from books, theories and other sources of ideas. The meeting of the

two is what you want — and what you can most easily use for the greater good.

Aquarius (Jan. 20-Feb. 19)
Your chart is under excellent aspects for connecting with others, though you don’t want to be a perfectionist about this. No contact you make with another person should have an end goal that you drive it toward. Desires are one thing; wanting certain experiences is fair game; but you would be wise to stay out of any form of “tie the knot” territory. Be open-minded, and keep an open heart. Be yourself and give people plenty of space to be themselves. Then, see if you can observe any points of intersection, of a sincere meeting, even if the subject matter is focused. Explore what works and grow from there. Be alert to your level of commitment to any situation, and see who sends you the message that they like you. Most of the world is oriented on going straight to the transaction these days. Nearly everything is seen in economic terms. Do what you can to get away from that.

Pisces (Feb. 19-March 20)
The Sun, Venus and Mars are about to enter your 7th solar house: the one about relationships and partnerships. This will put you on the map, and it will shine a spotlight on certain people in your environment. Follow the light. Involve yourself with who and what is available. Try to get out of that habit of wanting what you cannot have, including people who treat you inconsistently or who always seem to be making up their mind. Move on to the next person or the next situation. There will be plenty, especially if you don’t clog up your own availability by distracting yourself with unproductive situations. We all need to acknowledge the extent to which this is a useless habit. In support of a new vision, notice who notices you. Notice who shows up. Respond positively when someone offers you something loving and affirming; reward affection and pass on the rest.

Read Eric Francis daily at [www. PlanetWaves.net](http://www.PlanetWaves.net)

Adopt A Cat Day!

Vashon Island Pet Protectors
Saturdays 11:30-2:30
Our VIPP Shelter is open for adoptions every Saturday. Visit our website www.vipp.org for Directions and to view the Cats and Dogs available for adoption. Or give us a call 206-389-1085

Spiritual Smart Aleck

By Mary Tuel

Requiescat in pace, Hugh Jones

Hugh Jones, the husband of Bruce Blakemore, has died.

Bruce is the sister of an old friend, John Blakemore. John has lived in Australia for many years now with his Australian wife Julie. Before that John and Julie lived on the island for many years. Julie played and taught violin (still does), and John got his degrees to become a drug counselor after working in theater during his early adulthood.

John was a dear friend of my husband Rick. They met when John was stage managing at the Seattle Rep in 1971 and Rick was repairing and refinishing furniture used in plays there. They hit it off, and John and his family have always been like family for us.

John and his sister Bruce (named for her Great Aunt Bruce) both worked in theater. Bruce’s husband, Hugh Jones, also worked in theater, as well as television and movies.

Bruce and Hugh live in Nova Scotia. John lived there with them for a while, in a brief attempt to immigrate to Canada back in the 70s. In 1978, he bought a house here on the island. Soon after that, while visiting England, he met Julie on a train. They began to talk, hit it off, and the rest is history, as they say.

They married the next year. After living on the island for seventeen years, they and their daughter Clare moved to Australia so Julie could be near her family and get warm again. They now live in a beach town north of Sydney. Even though they are across the Pacific Ocean they still feel like close friends to me and other people on the island.

Bruce and Hugh came to visit John here right after John bought his house in 1978. They and some other old friends had a rather riotous few days reuniting and getting to know John’s house and the island.

In 2002 Bruce and Hugh were in Vancouver, B.C., because Bruce had a job stage managing a play there.

As it happened, Clare was here on a stopover between New York and Sydney. I drove her up to Vancouver to visit with Bruce and Hugh. We arrived literally at the exact moment Canada defeated the United States in the Olympic ice hockey competition. People were going wild, throwing their windows open and yelling,



waving flags, literally dancing in the street. It was a giddy atmosphere.

We spent a lovely couple of days with Bruce and Hugh, exploring downtown Vancouver and Grenville Island and seeing the play Bruce was working on.

Then last Sunday this email arrived from Bruce. She apologized for it being a group email, but she did not think she was up to contacting everyone individually.

She said Hugh died on Saturday. He was killed by a fast-moving and extremely aggressive brain cancer. They were having a normal summer, she said, biking and gardening. No sign that he might be ill. On Friday, August 2, he got a headache, and instead of going away it got worse. On Thursday, the 8th, they called an ambulance for him; by Friday night he was in the ICU; Saturday evening he died.

I could not possibly be as blindsided as Bruce is, but I felt stunned by this news. I wrote my condolences to Bruce and the rest of the family.

John Blakemore has written to me, “I had known brother Hugh for nearly 50 years—always there and now he’s not, at least not in the physical form we knew him—a delightful man of many skills, a man who delighted in both the ancient and the novel. Like Rick, nothing delighted him more than a healthy puzzle as a challenge that lead to an insight, an ah ha moment, a reward of a more spiritual nature as he understood a bit better not only how the object of the challenge worked but also how the universe was functioning at that moment and then the smile would come upon his face.”

Hugh Jones.

It stinks when someone who has been part of your world, of your consciousness of reality as you understood it for the last fifty years, is suddenly gone. I find myself wanting to wrap my arms around Bruce, to hold her and listen to Hugh stories all night long.

But it’s a long drive to Nova Scotia, and I couldn’t hold on to her for months, or years.

So, I shall write to her, and hold her with my words as best I can.

One minute you’re saying to someone, “See you later,” and then later comes, and they are gone.

Rest in peace, Hugh Jones. I hope you know that you made our lives better by your being here.

Bruce asks that in Hugh’s memory you perform a random act of kindness or tell a story.

Vashon Library September Events

Children & Families

Infant & Young Toddler Story Times
Tuesday, September 3, 10, 17 and 24, 10:30am

Ages newborn to 2 years with adult, siblings welcome. Stories, songs and fun! Playtime follows.

Preschool Story Times
Tuesday, September 3, 10, 17 and 24, 11:30am

Age 2 to 6 with adult, siblings welcome. Stories, songs and fun! Playtime follows.

Brick Builders
Monday, September 9, 16, 23 and 30, 4-5pm

Family program, all ages welcome with adult. We’re having a block party! Build a stunning creation all your own, or collaborate with a friend and make something spectacular.

Our World at the Library: Taiwan
Saturday, September 14, 2pm

Presented by Chingfen Hsieh Berleth. Ages 5 and older with adult. Celebrate the Autumn Moon Festival! Listen to books that tell how the Autumn Moon Festival is celebrated and some ancient stories about its origin. Try your hand at Chinese calligraphy and make a yellow lantern to take home that will look just like the round yellow autumn moon.

Emerald City Crafts
Saturday, September 28, 12:30pm

All ages welcome with adult. Follow the Yellow Brick Road to magical crafts for all ages to enjoy. Stop by and make a Wicked Witch bookmark, Emerald City Glasses and a fun Glinda button.

Movie Screening: The Wizard of Oz
Saturday, September 28, 2pm

Family program, all ages welcome with adult. 101 minutes. Rated G.

Stuffed Animal Hospital
Sunday, September 29, 1pm

Family program, all ages welcome with adult. Bring your well-loved toys to the Vashon Library Stuffed Animal Hospital for some well-deserved TLC. We’ll have them looking spiffy and bright again in no time. In partnership with the Vashon Fix-It Cafe.

Teens

Study Zone
Wednesdays and Thursdays beginning September 11, 4-6pm

Grades K-12. Drop in during scheduled Study Zone hours for free homework help from volunteer tutors.

Game On!
Friday, September 6 and 20, 3pm

Grades 6-12. Come play video games at the library! one your gaming skills with Wii U, PS4, or Xbox One. Not a gamer? Come hang out and eat some snacks, do a craft or play a tabletop game.

Magic the Gathering Tournament
Saturday, September 7, 10am

Grades 6-12. Join us for a day of friendly competition! Players have two choices - a “Cube Draft,” building a deck after choosing cards from packs that are passed around the table, or they also have the option of playing in a Sealed Deck tournament, where they build a deck using cards from six “repacks.” Both tournaments will be tons of fun and will have prizes for all participants! Please register at the library or call 206.463.2069.

Turn Cards Sideways
Friday, September 13 and 27, 3:30pm
Grades 6-12. Come play Magic The Gathering and other trading card games.

Adults

One-On-One Computer Help
Tuesday, September 3 and 17, 6pm

Have computer or software questions? Tech Tutor Volunteers provide basic level help to you. You may bring your own laptop, but Tech Tutors cannot provide hands-on or hardware assistance.

Mindfulness, Compassion and Creativity
Sunday, September 8, 2pm

Presented by Silver Kite Community Arts. In this workshop, play interactive theater and movement games, learn a basic form of compassion meditation and explore the edges of their creativity. Registration required beginning August 25 at the library or call 206.463.2069.

Documentary: Unbroken Glass
Monday, September 16, 6:30pm

When he was six-years-old, Filmmaker Dinesh Das Sabu’s parents died. Raised by his older siblings, he had little idea who his parents were or where he came from. Through making Unbroken Glass, he attempts to piece together their story and his own. Uncovering a silenced family history and disturbing truths, Dinesh and his siblings must finally reconcile the past, confronting the trauma of losing their parents and the specter of mental illness.

King County Public Health Visit
Wednesday, September 18, 1pm

You can apply for Orca Lift (Metro reduced fare program), food stamps and health insurance. Sign up for Apple Health or fix any problems you may have with qualified health plans.

Vashon Friends of the Library Quarterly Meeting
Saturday, September 21, 10am

Join us for our quarterly meeting to see how the Vashon Friends of the Library are working to support libraries and literacy, and how you can become a member and help them do it!

Tabletop Gaming
Sunday, September 22, 11am

Ages 12 and under must be accompanied by an adult. Unplug and enjoy gaming with others. Learn new games from our experts or play old favorites.

80 Years Down the Yellow Brick Road
Saturday, September 28, 12:30pm

Thought to be the most-watched movie of all time, The Wizard of Oz is a cultural phenomenon unlike any other. Film Historian Lance Rhoades will discuss how MGM’s Technicolor musical adaptation of L. Frank Baum’s book has sent generations of fans “over the rainbow”!

Elections 101
Monday, September 30, 6:30pm

Presented by King County Elections. This training goes over the basics of voting in Washington State. The session will cover issues like: how many elections are there, when you will receive your ballot, voting and returning your ballot, how your ballot is processed and when to expect results. It will also address hot topics of the day like election security and voter outreach and education.

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Island Epicure



By guest writer Suzanna Leigh

Pickles for Health

My doctor told me I should eat pickles for the electrolytes and to help my digestion. Pickles? Really? I LOVE those sweet gherkins I buy at the grocery store and the pickles Mustafa makes! Almost every meal I’ve eaten with the Mustafa family includes pickled vegetables.

So I did a little research. OK, I spent hours on the internet looking up pickle recipes and history. Turns out that for thousands of years, almost every culture has been pickling vegetables to preserve their nutrients and to add that sour tang our tongues so enjoy. I can still taste the pickled diakon radish served at my wedding feast in Okinawa, the hot spicy Kimchi I was introduced to in Honolulu, and of course the sauerkraut that is such a staple in German and East European diets.

I learned that there are two ways to pickle vegetables: soaking in vinegar, and fermenting with salt. Mustafa uses the vinegar method:

Mustafa’s Pickles

Into a gallon jar, put the cleaned cut vegetables. “Could be any vegetable,” Mustafa informed me. This time he put in carrots, cucumber, and cabbage. Another day it was string beans.

Then he added:

- 4 Tablespoons salt
- 1 tsp sugar
- 1 tsp red pepper powder (you can use mild, medium or hot depending on your taste)

- 1 TBS vinegar
- 1 Tablespoon olive oil
- 4 cloves sliced garlic

He filed the jar with warm water and put it in the refrigerator for 4-6 days. This will make a mild pickle that will last refrigerated for a couple of weeks or so. Eating these and drinking the juice may help relieve muscle cramps,

aid digestion, and provide the antioxidants (vitamins C and E) which help combat cancer and heart disease. The garlic is known to be anti-viral. If he were to put these pickles through a canning bath, the vegetables would cook and lose the antioxidants. Using “raw” vinegar (with the cloudy material in the bottom called the “mother”) provides the healthy microbes that are so good for our guts.

Making pickles by fermentation increases the healthy bacteria content. The vegetables are packed in salt and cured for weeks, allowing the bacteria to convert the natural sugars in the vegetables into lactic acid, acetic acid, carbon dioxide, and other beneficial substances. The amounts of salt, water, and vegetables is critical to encouraging the healthy bacteria and killing off the toxic Clostridium botulinum. Kimchi, sauerkraut, and usually dill pickles fall into this category. Alas, my favorite grocery store sweet gherkins do not appear to be fermented, and the little gherkins are no longer raw. Perhaps these are not the pickles my doctor was referring to.

Another fermented food, also a healthy staple of the Mustafa household is cucumber yogurt soup. Yogurt does contain lots of the kind of bacteria that are so good for our guts. In Turkey and Greece this soup is called tziki, but in Syria, Mustafa says, “We just call it cucumber yogurt soup.”

Mustafa’s Cucumber Yogurt Soup

Grate one large cucumber (washed but not peeled) into a bowl.

Add to it:
4 cloves of smashed garlic
about 2 Tablespoons of olive oil

salt to taste
1-2 tsp dried mint
2 cups of yogurt
water to the desired consistency (Mustafa used a cup or more)

Serve as a side to any meal.

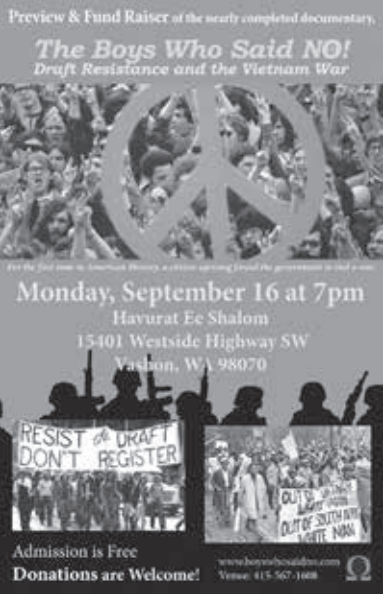
*Recipes are from Mustafa Syrian Kitchen. For more information or for a special meal for a wedding, family gathering, or other event, call Jamila at 206-466-9597 or Mustafa at 206-458-2450 or email: m2mustafa71@gmail.com

Sneak Preview of Upcoming Film on the Citizen Uprising that Helped Stop the Vietnam War

First-time account of the youth-led resistance to a government in the wrong.

Producers of the upcoming documentary The Boys Who Said NO! Draft Resistance and the Vietnam War will screen the fine cut of the nearly-completed film at a preview and fundraising event from 7:00 pm to 9:00 pm, Monday, September 16, at Havurat Ee Shalom, 15401 Westside Highway SW, Vashon Island. WA.

The film profiles young people who found their ideals of patriotism shattered by the war, and chose to openly and publicly refuse military service, despite the risk of arrest and prison, to rouse antiwar sentiment and stop the war. Eventually millions of Americans marched in the streets, and the war was



brought to an end.

Directed by Judith Ehrlich, Oscar-nominated for The Most Dangerous Man in America about whistleblower Daniel

Ellsberg, the film documents the largest refusal of military service in American history and the power of nonviolent struggle. Despite the risk of arrest and prison, eventually 570,000 men defied draft laws and spurred antiwar sentiment in others – ultimately enough to pressure Presidents and Congress to end the War.

San Francisco-based producer Bill Prince will be on hand to answer questions and collect donations to finish the film.

Admission is free, but please donate to help finish the film. For more details and a preview, see <https://www.boyswhosaidno.com>. Additional screenings are planned in Seattle September 21 and 22. See the website for details.

Kristen Grainger & True North perform at Open Space

Join us for another exciting Vashon debut as Kristen Grainger & True North take the stage here at Open Space for Arts & Community!

Americana quartet Kristen Grainger & True North is emerging as a Pacific Northwest powerhouse of intelligent, memorable songs, lush instrumental and vocal performances, with the crazy-good picking and harmonies of a band deeply rooted in traditional folk and bluegrass genres.

Fronted by award-winning singer-songwriters Kristen Grainger and Dan Wetzel, True North is rounded out with two Pacific Northwest bluegrass superstars Martin Stevens and Josh Adkins. Grainger is making a name for herself in songcraft, collecting accolades and awards at Wildflower! Arts and Music Festival, IMEA, Telluride, Merlefest, and Kerrville songwriting competitions.

The band’s newest project, Open Road, Broken Heart, after receiving great reviews, debuted at number 1 on the Folk DJ Charts for national radio airplay and has continued to stay in the top fifteen for the past six months on the Roots Music Report. Their 2014 release, Elsebound, spent 25 weeks on the Roots Music Report’s top ten (national folk charts) and was the number 7 folk album of the year.

On stage, True North exemplifies the most compelling aspects of live acoustic roots music: Storied songwriting, mad instrumental skills, and vocals that alternately bring you to tears or raise ecstatic hairs on the back of your neck.

Saturday, September 14th at 7:30pm (doors at 6:30pm)
Tickets
\$17 Advance General
\$30 Table Seats
\$23 Day of Show General



(Tickets available online day of & at the door)

Youth (18 & under) are free
Kristen Grainger, (vocals) is the voice of True North, quickly earning an international reputation as a crafter of great songs. Winner of this year’s performing songwriter contest at Wildflower! Art and Music Festival (TX), her songwriting has received recognition at several of the nation’s most prestigious songwriting competitions: Telluride Bluegrass Festival (CO), Kerrville Folk Festival (TX), and Merlefest (NC). Her song Be Here Now was named Song of the Year, folk category, at the 2015 IMEA Awards. Mountain Boy, which she co-wrote with Dan Wetzel, was featured on the European World Bluegrass Festival’s compilation album. The duo’s song “Hard Place to Suffer (And That Really Gets Me Down)” won the 2010 Wintergrass song contest.

Dan Wetzel, (guitar, mandolin, octave mandolin, ukulele, mountain banjo, vocals) provides direction and leadership for True North. He has earned considerable recognition as a singer-songwriter, having toured nationally as a solo artist after winning a national songwriting

contest. His superb instrumental skills – guitar, both flat-pick and finger-style, and mandolin – give True North’s songs their driving groove. Dan’s talents are frequently tapped by other artists and bands for recording projects and live performances.

Martin Stevens (mandolin, fiddle, octave mandolin, vocals) grew up in the Old Time Fiddlers contest community, winning several state and regional championships during his childhood. Martin’s first two bluegrass groups, Athena and the River City Boys and Molly Adkins and Martin Stevens, performed for several years at bluegrass festivals in the Pacific Northwest. Martin was one of the founders of the Bluegrass Regulators, who have gone on to release two albums and have performed all over the country, most notably as one of the IBMA showcase artists in 2011. Off stage, Martin spends his time as a 3rd grade teacher in Washington.

Josh Adkins (upright bass, vocals) cut his teeth with northwest-based group The Bluegrass Regulators. With a solid groove and an attentive approach, he often finds the missing piece to showcase an arrangement.

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The JD Hobson Band

Welcome to the Outlaw Blues! Welcome to the JD Hobson Band! When Outlaw Country and Americana meet the Delta Blues you get a whole new genre. JD Hobson takes his Virginia Appalachian blues roots and combines it with Seattle’s Americana and rock scene, and a sound is created that has gotten people standing up to take notice.

JD Hobson was born and raised in Seattle, yet his father comes from the Appalachian blues country of Virginia. The music that drifted up from a juke joint named the Dewdrop Inn in Martinsville Virginia made a permanent impression on JD’s father when he was a child. The seed was planted in JD as he grew up listening to his father’s music on the radio.

Studying under greats like John Jackson, David Honeyboy Edwards, and John Cephis at Centrum in Port Townsend helped JD hone his craft. The end result is that JD has an exceptional feel for most roots music. His ability to grasp every nuance down to the minutest inflection has become his hallmark.

The JD Hobson Band is the natural evolution of JD’s solo career, and his fans have responded by selling out a number of shows locally in the Seattle area including the



famous Tractor Tavern. The JD Hobson Band is composed of four members: Dan Infecto on bass, who toured for years with the infamous Bob Wayne as one of his “Outlaw Carnies,” often opening for Hank Williams III. Then there is Mike Peterson on drums, and Ron Weinstein (Suffering F*ckheads, Crack Sabbath), who packs a genuine Hammond B3 organ with Leslie speaker to every show. The sound of the organ and its rotating speaker adds a mesmerizing depth to every song. The JD Hobson Band Friday, Sept. 6th, 8:30pm The Red Bicycle This show is a free cover charge show and is all-ages until 11pm, 21+ after that.

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Moody Little Sister Great Big Mama Sunshine



Truth Or Consequences, New Mexico-based duo, Naomi Sparrow and Rob Stroup, together known as Moody Little Sister, uprooted themselves from the comfort of Portland, Oregon two years ago and moved to rural New Mexico. Quickly establishing themselves in the small town, they found new friends and supporters, including the New Mexico Music Awards, who nominated the band for their song, “Evelina,” in the singer-songwriter category.

Fully emerging themselves in the life of Truth Or Consequences, the result is Great Big Mama Sunshine, which the duo has dubbed “Southwestern Americana Soul.” A thirteen-track collection of warm, melodic, roots-influenced pop songs, the album covers the cacti and tumbleweeds, as well as the sunshine and heat of the desert. The follow-up to Moody Little Sister’s 2016 debut full-length album, Wild Places, Great Big Mama Sunshine is a new start for them in more ways than one. Besides the 1,500 mile move to an area where they knew nobody, Great Big Mama Sunshine finds the duo expanding beyond the piano-pop of their beginnings, with Sparrow choosing a guitar over the piano for their foray into Southwestern American soul.

Set for release August 31, 2019, Great Big Mama Sunshine still continues on with Moody Little Sister’s tradition of honest lyrics and heartfelt melodies, while also beaming with the new found joy that Sparrow and Stroup have fun while living in a desert community, where everyone in Truth Or Consequences not only knows your name, but will just randomly stop by to say, “hi, neighbor.”

Named after the first song they wrote in New Mexico, the title track describes the life with sunshine pouring in your window each day. “It’s like the feeling you get when you are laying in bed and you can hear the sounds of someone you love in the kitchen making you breakfast,” Sparrow says of the song. “It’s a love song to the sun, and at the heart of this album is a new found love of life in the desert and the profound effect it has had on us both as people, as well as on our music.”

Another new direction for the duo on Great Big Mama Sunshine is the fact the band self-recorded and self-produced it, in their new studio, Desert Enchantment Recording, in the desert.

“We did a few things differently [on this record],” Sparrow says proudly. “We self-produced this record in our new desert studio, and we played many of the parts ourselves. Being in rural New Mexico, we had to pull from our own talents, as well as from people in our hometown, and people who were on tour, or passing through. We were lucky enough to have pop-in sessions from Flagship Romance, Skybound Blue, Ordinary Elephant, and our friends who play with Maria the Mexican. We also had Bob Dunham [guitar, bass] on the record, because I never want to make a record without him. The results are an energetic kinship that comes through on the tracks.”

Sparrow also pushed herself on her vocals, wanting to capture the energy and intensity of her live performance on the record, something she feels she hasn’t done on previous releases.

“Vocally, I went about this record very differently than any other studio album I’ve made. I wanted to sing these songs with the energy and conviction that I sing with live on stage. The studio and the stage are two very different animals, and so I had to put a lot more work into my sessions. It was a good thing we were self-producing, because there were entire days of recording that were scrapped, because I wasn’t satisfied with the energy of my performances. The benefit of self-producing also allowed us to be more selective and keep at it until we felt like we got the right take. The results to me are an album that is going to match the experience someone has live with us, and I will probably go about all my vocal performances this same way in the future.”

Opening with the title track, Moody Little Sister quickly defines the Southwestern American soul label they feel best represents the album.

The album’s first single, “711 Lucky Street,” which will have a music video following the album’s release, finds the duo delving into danceable blues-grit, keeping the soulful essence that permeates the album, and reeling you with a well-crafted, hooky chorus.

“‘711 Lucky Street’ was written right before we started recording so none of our fans had ever heard that song,” recalls Sparrow. “Our friends came into the studio to add background vocals and Rob left the mics on while we chatted and carried on. He left some of that chatting on the recording and I love the effect it has on the tune, it makes me smile every time I hear it.”

If ever a record was to determine it’s own fate, Great Big Mama Sunshine is that record. Originally planned as a low-key acoustic record, once the duo started recording these songs, the songs pushed the album in the direction it went.

Laughing, Sparrow says, “Originally we were looking to cut some of our costs so that we could put together a bigger 2019 tour, so we thought that this record could be a nice little acoustic, home-spun album. Once the recording started on these songs we realized every single one of them wanted their due attention. It is a much bigger and bolder album than we even originally thought we were making. It has surprised us, and we couldn’t be happier with it, truly.”

“Losertown” makes light of

those that chastise small town living, while reveling in the life they’ve found in Truth or Consequences, New Mexico.

The song that garnered them a nomination in the New Mexico Music Awards, “Evelina,” is a relaxed, but full, rich number encompassed by the dust and sun of the desert, equal parts rustic charm and pop heart.

Other album standouts include the delicate, dusty breeze of “Tumbleweed,” the bouncy drive of “Rooster,” and the energy and power of “Child of the Wild.”

When asked if they’re happy how Great Big Mama Sunshine came out, Sparrow doesn’t hesitate when she says, “It came out way better! We knew these songs were strong, we knew we had the ability and talent to create good sounding tracks, but some extra sparkle and magic made its way on to this record and we still feel every time we listen to these tracks.”

A record about being yourself, being bold, and living and loving life boldly, Sparrow says the message of the record is to, “give this heavy world a run for its money with your joy and determination, and to stay open-hearted.”

“From a human perspective, Great Big Mama Sunshine is the musical antidote to the current climate of despair. With a world in crisis, and bad news on every corner, good people of the planet forget that joy is our best medicine to defeat negativity. Rather than writing an album that focused on everything that has gone wrong, this album brings all that is good about the human experience to light.

“From a musical stance, I think we are overdue for a strong female representation in Americana music. I think the Southwestern/soul sound of this album is a refreshing new take on some of our musical roots. And a little bit of girl power never hurt anyone either.”

With a heavy summer and fall tour schedule to promote Great Big Mama Sunshine already underway, Sparrow and Stroup look back on Great Big Mama Sunshine with pride and an immense feeling of accomplishment. Especially for Sparrow, this is the accumulation of a lot of hard work, years of trying to find herself, and letting go, while letting love (and the desert) help guide her to her current path.

On “Child of the Wild,” which she says is her current personal anthem, she sings, “So I sat there alone on the cold devil’s stone and I doubted my reason to be. There came a great hoot owl, golden eyes and scowl, he had nothing but love for me.”

Continued on Page 10

Pub Music

Vashon Events is really excited to be working with Cliff Goodman at the Vashon Brewing Community Pub to bring you live music at the Pub on Friday and Saturday nights!

Swing by and enjoy one of many tasty craft beers or if you can't decide which one to order...try a flight of tasters! The Pub also has Palouse wine, Kombucha, Cider and organic root beer available. You'll also find some tasty pub bites to nibble on!

For your live entertainment, on Friday, August 23rd, we bring you Tim Couldn't Make It!

Everyone wants to know why Tim can't make it. The 'why' is not important. It's a work in progress. He has a therapist. Baby steps.

Despite Tim's predictable absence, the boys carry on playing interesting and out-of-the-ordinary music. If you've heard the band, you'll know they feature a variety of cover tunes that aren't on the list you expect, along with some you do. They play stuff they like. Their audience likes the music because they keep coming back for more. You can hear the band's music at www.tcmi-band.com. You can see pretty pictures there too!

The band: Chuck Keller on bass. Wesley Peterson on drums and vocals. Rick Dahms on guitar and vocals. Doug Pine on guitar and vocals.

For your live entertainment, on Saturday, August 24th, we bring you Camille Reeves!

Camille Reeves is a singer/songwriter and multi-instrumentalist who grew up on Vashon Island. Her eclectic influences come through to create her entirely original, yet familiar, sound. Having grown up to a soundtrack that featured the Beatles, Sam Cooke, Aretha Franklin, and Carol King, she later branched out, gleaning influences from gypsy jazz and folk music of the Balkans, as well as early American music. Although she has performed on the accordion, mandolin, piano, and guitar,

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Moody Little Sister

Continued from Page 10

"After years of struggling to truly accept myself, which also means accepting my heavy past, I was able to write about a very hard moment in my life as a teenager, when I was hopeless and directionless and felt I had no purpose. I was visited in a very critical moment by an owl, and that moment gave me hope to take one step towards the life I was dreaming of. All these years later I am living that life now, and I am so thankful that love intercepted in that moment and gave me hope, and the strength to move toward the dream I had in my heart, to be a full-time musician writing songs that could inspire and empower people who have lived through similar hardships."

Now, Sparrow and Stroup's goal is to hit the trail, whether it be a big city freeway or scorched, winding roads and do what they love to do best, perform, spreading the gospel of Big Mama Sunshine and entertaining fans old and new alike across the nation.

Saturday, August 31 | 8:00pm
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she most recently accompanies herself with the ukulele.

For your live entertainment, on Friday, August 30th, we bring you Gus Reeves!

Gus Reeves is a songwriter and singer specializing in a decidedly soulful brand of Americana. He has been creating and performing for over twenty years and was honored by the Illinois Arts Council with an Artist Fellowship Award. He does music composition, lyric writing, and remote vocal work for clients around the world. A few of his influences are Hank Williams, Bob Dylan, Joni Mitchell, CSNY, Taj Mahal, Otis Redding, and Aretha Franklin. He lives and works on Vashon Island, WA.

For your live entertainment, on Saturday, August 31st, we bring you The Kings of Mongrel Folk (Mark Graham & Orville Johnson)!

Why would two of the most talented, zany and widely-respected roots musicians in the United States - both of whom have appeared on Garrison Keilor's Prairie Home Companion - choose to go on the road as a duo? Simple: Mark Graham and Orville Johnson love the magic when they play together as much as their audiences do. "People comment on that all the time," says Orville. "They can tell we're having a good time up there. We play on a lot of different emotions."

Wry humor, virtuoso harmonica, soulful blues, hot pickin' and sweet country vocals - that's what you get when Orville and Mark combine forces as the Kings of Mongrel Folk.

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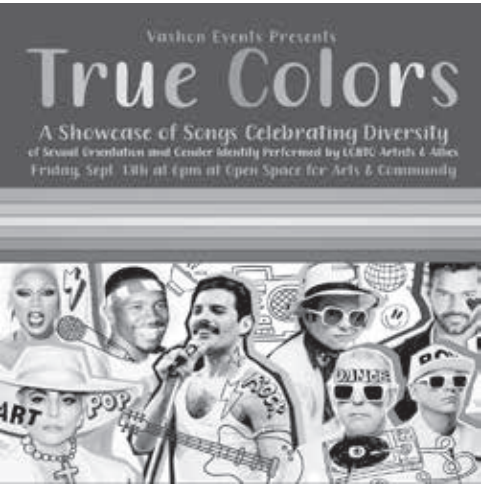
Vashon Events is hosting their second showcase of the year at the Open Space for Arts & Community in the Grand Hall! Enjoy island musicians and bands as they perform songs to celebrate the diversity of sexual orientation and gender identity. Tickets are \$10 in advance and \$15 at the door. All ages!

Vashon Events is notorious for their showcases, featuring the jaw-dropping, inspiring, and sometimes hilarious performances of local musicians. Get there early for a good seat. Doors open at 6:00pm. Mingle with friends before the show and check out our silent auction, then musicians will take the stage as solo, duo, or ensemble performers. Beer, wine and other beverages will be available for purchase.

Throughout the evening, 12-15 songs will be performed, each by a different act. Together, the performances create an unforgettable journey of experiencing an immense variety of Island musicianship and interpretations of songs from a library of artists such as George Michael, Boy George, Elton John, Little Richard, Morrissey, Lady Gaga, Melissa Etheridge, Meshell Ndegeocello, Freddie Mercury, The B-52's, Sam Smith, Indigo Girls, k.d. lang and more!

The event is a fundraiser to support Vashon Events, a nonprofit organization whose mission is to inspire and connect the community by promoting and producing extraordinary music experiences and supporting musicians by providing access to instruments, education, resources, and opportunities for paid performances. We would love your support by coming to the show and enjoying the music!

Supporting sponsors for the True Colors Showcase are Sue Carette of Windermere Vashon, The Vashon Heritage Museum,



The Dove Project, Dusty Slow Down, John L. Scott Vashon, Susan Lofland of John L. Scott Vashon, Noble Stone, Mike England of Fairway Independent Mortgage Corporation & The Lodges on Vashon.

Purchase tickets here: <https://www.vashonevents.org/support-us/truecolors2019>

This showcase is presented in conjunction with Vashon Heritage Museum's Exhibit, IN AND OUT: Being LGBTQ on Vashon Island. Please visit the museum to experience this important cultural exhibition.

Want to perform? Here's the link: <https://www.vashonevents.org/formusicians#/showcaseapplicationtruecolors2019/>

September 13th, 2019, Doors and Silent Auction at 6:00pm

Open Space for Arts & Community
Tickets \$10 in advance, \$15 at the door

Ticket link: <https://www.vashonevents.org/support-us/truecolors2019>

Concerts in the Park

Continued from Page 1

multicultural city we call home."

Although the Paperboys have made critically acclaimed records, they are through and through a live act. They shine most on stage. They have spent the last 25 years on the road playing all over North America and Europe, where they have developed a large following without the aid of a record labels or radio play. They have become a festival favourite, and have played at Bumbershoot, Vancouver Folk Fest, Edmonton Folk Festival, Tonder Festival, Folk Im Schloss, Trowbridge, Warwick Folk Festival, The Queen Elizabeth Theatre and The Kennedy Centre to name a few.

Tom and the band have always had a DIY approach to their career and have been very successful at it. They have formed their own label, their own management and booking agency, created their own festivals, and forged their own path. They've ensured that they keep a connection to their fans, and their fans have always loved and supported them through every album, every line-up change and through every adventure. Their success predates 'internet fame' and careers modeled after Hollywood singing contests. With that said, they have hundreds of thousands of video views, a strong social media following and a great web presence. One look at their Facebook page is indicative of the connection they have to their fan base.

Their latest CD, Score brings together all the familiar sounds of The Paperboys. There is the pro-immigration song 'America', which is set to a ska rhythm and mariachi horns, or the Country- Folk anthem 'California' which is a favourite sing-along song at their shows. The Paul Simon-esque 'Rain On Me' is full of infectious horns, including a blazing solo by trumpeter Miguelito Valdes

(Afro Cuban All Stars). 'White Noise Lullaby' is a song about tinnitus (that ringing in your ears), which affects two members of the band. 'La Primavera' is sung in Spanish and fuses Mexican Son Huasteco rhythms with Irish jigs. The Folk Pop ballad 'Fall Down With You' is a duet between Tom and Kendel Carson (Alan Doyle, Chip Taylor) which currently has 142,000 views on YouTube. The Americana twang of 'Omak Hotel' and 'Dilapidated Beauty' showcases the band's love for the genre. Bluegrass fans will love 'Country Life' with its banjo driven rhythms and lovely harmonies. The New Orleans tinged 'Toenail Moon' is a turn it up to 10 dance hit with second line horns and drums.

The current lineup of The Paperboys features: Tom Landa on vocals, guitar and jarana (Mexican guitar), original member Geoffrey Kelly on flute/whistles (Geoffrey is also a founding member of Spirit of The West), Kalissa Landa (yes, her and Tom are married) on fiddle/vocals, Brad Gillard on bass/banjo, drummer Sam Esecson, and trombonist Nick La Riviere.

For the 25th anniversary the band has released a brand new CD and will be doing a special anniversary show in Vancouver at The Imperial and other cities in the Northwest. Later this year the band will embark on a European tour before finishing the year in the US and Canada. Once again, The Paperboys are poised to bring their adventurous vision of Canadian roots music to festivals, dance halls and theatres everywhere, spreading good cheer and great music.

If you were there at our Concerts in the Park show last year that we moved indoors to Vashon Center for the Arts because of the weather...well, you know how epic that concert was. Don't miss the final concert of the summer, it's going to be a great one!

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DANNY’S TRACTOR SERVICE 206-920-0874

- ▶ Land and storm damage clean up
- ▶ Tree Cutting and removal
- ▶ Field mowing, brush cutting and tilling
- ▶ Hauling and refuse removal
- ▶ Scrap metal removal
- ▶ Driveway repair and grading

→ **Dan Hardwick**
oldredtruck@comcast.net

PANDORA'S BOX

The dog days of summer are upon us. Watch for the porch sale. You know there will be some great stuff. In the meantime, lots of new beds at great prices are finally here!

Bo’s Pick of the Week:
He does not like the Stella & Chewy boxed food.
Nor does he care for Go! So, we will not be stocking that.



(206) 463-3401

\$8 Nail trimming with no appointment
17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch



RESTAURANT & BAR

Where the Locals Go!!

Family run business for over 30 years
17611 Vashon HWY SW
206.463.0940

Live Music

Homestyle Breakfasts
and
Plate Size Pancakes
*Breakfast served till 5pm
Fri, Sat & Sun*

Sports on 5 HD TV's

Open 7 days a week 6 am til 2am



AJ'S
17311 Vashon Hwy Sw

Espresso
Latte and Wisdom To Go

Monday - Friday 5:30am - 3:00pm
Saturday 7:00am - 3:00pm
Sunday 8:00am - 2:00pm

Cash & Checks Welcome
17311 Vashon Hwy Sw

PERRY’S VASHON BURGERS

Celebrating 17 years Serving Vashon Island

17804 Vashon Hwy SW

Open 11am to 8pm Monday-Friday



Best Burger in Town!

For a Burger Emergency
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Gluten Free Buns!

VISIT US IN THE HISTORIC 100-YEAR-OLD ROASTERIE BUILDING WE CALL HOME



THE VASHON ISLAND COFFEE ROASTERIE
40 YEARS OF ROASTING HERITAGE

ALL ORGANIC PASTRIES, BREAKFAST & LUNCH FARE.

ESPRESSO & TEA BAR
COFFEE ROASTED DAILY

OVER 350 BULK HERBS, SPICES & TEA.

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