



THE VASHON LOOP

Vol. 17, #15

SUPPORT OUR ADVERTISERS THEY MAKE THE LOOP POSSIBLE

July 23, 2020

Backyard Big Sky

We've got some exciting news from the Matsuda Farm, our trails and new land acquisition!

Pour a glass of something and get ready!

Join the Zoom call ten minutes before 5:00 on Saturday, August 1.

Sit back and prepare to be entertained in a virtual visit to Matsuda Farm for a 45-minute Land Trust Show with Kevin Joyce and Martha Enson of Enjoy Productions.

At the end of the show, when we "raise the paddle", we'll ask you to open up the chat box and type "I'm in!" when Kevin gets to the level of gift you'd like to make.

Fill out your pledge card or write your check and enjoy the rest of your evening!



If you are otherwise occupied, the recorded event will be available on our YouTube (<https://rb.gy/pmziqb>) so you can watch it later.

Backyard Big Sky
Vashon Island Land Trust
Virtual event via Zoom
Saturday, August 1st at 5pm
Hosted by Martha Enson & Kevin Joyce of Enjoy Productions

Tickets \$10 per ticket. Go to <https://vashonlandtrust.org> website and click on Events to purchase tickets.

Every ticket sold will receive goodies in the mail!

If you prefer, you can donate directly using our website (<https://vashonlandtrust.org/>).

Klahanie School 2020 Livestream Pie Auction



Klahanie School is hosting the annual school's Pie Auction for Family Financial Aid, Saturday August 1, 2020 6pm-9pm Live Streamed via Facebook, for the first time ever! Thank you for helping us build Fun Funds for Families! Pies and Specialty Maury-Vashon Island items will be picked up in upper Dockton/Maury Island following auction in a masked Drive-by pickup celebration tent. Specialty items can be mailed. Klahanie School is 501c3 nonprofit.

Join us for some laughter and fun Saturday August 1 6pm-9pm, Tickets are found [Eventbrite.com/](https://www.eventbrite.com/) Klahanie School. The Livestream is found on Facebook/Klahanie School, starting promptly at 6pm. Please keep updated on our growing Donation List and schedule via our website, <http://www.klahanieschool.org>

Annually Klahanie School receives financial aid applications for island families economically impacted for varying reasons, and especially now during COVID-19 new demands. Klahanie School admits students and families of all race, gender, religion, economic ability and seeks to continue expanding community opportunity for high-quality, safe Montessori Anti-bias, Peace development programming for Early Education ages and Mentorship opportunities for elementary and upper ages throughout our island. Klahanie School seeks to practice daily Montessori "follow the child" foundation in youth support, to shelter space for youth to explore life and learning while experiencing fun-connection based support of self process from a science, safe foundation. Our teaching teams are thankful for the community creation and trust building programming opportunities for our students and making sure all who seek to be here can be here while teachers are equipped with safe protocols and able to earn a livelihood while facilities are maintained to hospital grade-standards. Klahanie School teaching teams and board seek to ensure programming accessibility to island youth and are honored to serve families during these uncertain times in safety and trust building foundation. Using the interests and needs of the children as a guide, a learning environment is created. Our COVID-19 CDC/OSPI protocol

standard environment is prepared to be safe, developmentally appropriate and interesting while nurturing the creative and problem solving methods. The prepared environment encourages children to move about at will, making choices and building skills toward independence and adaptable resiliency.

With a world full of disconnected and extended families many times living far away, we feel committed to offering an environment where youth and families parents can experience sincere levels of support. Additional education exposure of mindfulness pause and compassionate listening/communicating in Circle format is a daily-skill building offer to practice for youth. Klahanie School was created to support all young children and families who seek opportunity for early educational experience and family advocacy. Klahanie means, "enjoyment of the outside world." We feel honored that our school is many-times a child's first tender steps into the outside world. We continue to work creating ways we can boost our scholarships so early child education is affordable and available to our entire island community.

For more fun ways to get involved and school details, or to sponsor as a donation or sustainably support, please contact us directly klahanieschool@gmail.com or find out more

<http://www.klahanieschool.org>

The Road to Resilience

Truth and Conspiracy

By Terry Sullivan,

However, in 21st century America, this ceases to be true. We lie scattered, matches flung from a box.

"Nowhere is this fracturing of society more apparent than in this pandemic. More than just a health crisis of epic proportions, COVID-19 in the United States is an epidemic of social polarization. The countries that have cohered around fairly straightforward solutions have stanching the viral spread, while those unable to unify are bickering their way into dystopia.

"Certainly, this is partially due to illiberal leadership peddling "alternative facts," which slowly erodes the riverbanks of long-trusted institutions. Experts, despite years of study and research, are often pilloried as nothing more than effete, out-of-touch intellectuals.

"But the erosion of a coherent narrative of unifying facts knitting our country together cannot simply be chalked up to deepening partisanship and the constant drone of "fake news." Medical science, for example, has sown its own seeds of mistrust, capitulating in many cases to big pharma. With misaligned incentives, pharmaceutical companies have biased studies and shrouded truth at human expense. Proxy agricultural 'science' has decimated our soil. There have been over 13,000 lawsuits filed against Monsanto in connection with its herbicide, glyphosate, which allegedly causes cancer.

"Science, which once promised to deliver us from drudgery and the darkness of superstition, has so often been kidnapped by unfettered corporatism that it has squandered its moral credibility.

Continued on Page 6

This week, I give you an article by Jeff Krasno, edited for length. I couldn't have expressed this any better. The whole essay will be, but is not yet, on his blog here: <https://www.onecommune.com/blog>.

"On November 22, 1963, [a soap opera] is interrupted by a news flash concerning an incident in Dallas, Texas, with the presidential motorcade. Walter Cronkite appears in the CBS newsroom. As he reports on the developing story, he is handed a memo. Cronkite removes his signature glasses and, in his inimitable tenor, announces the death of John F. Kennedy. For just a moment, Cronkite, visibly shaken, looks down and to the side, tightening his lips to hold the anguish of a nation.

"This is how most of America got their news. Walter Cronkite, dubbed 'the most trusted man in America,' was the anchorman for the CBS Evening News for 19 years. It didn't much matter where you stood on the political spectrum, when Cronkite said it, it was accepted fact.

"People of all ideological bents could bicker and debate their opinions, but diverging views were girded in a shared inter-subjective understanding of truth. While certainly not infallible, the institution of journalism, with its code of ethics, independent fact-checking, multiple sources, and corrigendum engendered trust.

"Science and journalism, the way the world works and the medium through which we access that information, were the dual pillars of social cohesion for my generation.





Windermere

REAL ESTATE

The island home experts



New Listing!

GLEN ACRES VIEW HOME - Luxurious modern style living w/ exceptional water and mountain views. Completely renovated and on a completely private 1 acre parcel.

#1623965 **\$995,000**



New Listing!

1908 CHARMER - Historic home near KVI Beach. Home offers views of Mt. Rainier & Sound, original fir floors, & wrap-around deck. In peaceful Ellisport neighborhood.

#1624434 **\$658,000**



New Listing!

NORTHEAST HOME - Mid-century rambler in move-in ready condition near Seattle ferry. Efficient floor plan, artful cottage gardens and large yard for outdoor fun.

#1626049 **\$445,000**



New Listing!

SWEET CABIN - 240 sq. ft. cabin with everything a person could want! Easy trail to beach and 75 ft. of tidelands. Cabin has been in the same family since 1935!

#1627493 **\$315,000**



PENDING!

EXCEPTIONAL BEACHFRONT - Beautiful Westside home with commanding views, low-bank frontage, artisan details, waterside deck, studio and close to ferries.

#1618660 **\$999,999**



PENDING!

MAURY PARADISE - Stylish 4 bedroom home with Mt. Rainier & Sound views, stone patios, terraced gardens, and charming studio. Fabulous community beach also!

#1594623 **\$779,000**

WRE Vashon-Maury Island, LLC

www.windermerevashon.com

17429 Vashon Hwy SW

206-463-9148



Espresso Latte and Wisdom To Go
 17311 Vashon Hwy Sw
 Monday - Friday 5:30am - 3:00pm
 Saturday 7:00am - 3:00pm
 Sunday 8:00am - 2:00pm
 Cash & Checks Welcome
 17311 Vashon Hwy Sw

VoV Is Your Island Connection



Make Us Part of Your Day!
 101.9FM • VoV-TV • VoiceOfVashon.org • VoV App • 1650AM Alerts

Stream at Home

SHORTSTV PRESENTS



VASHON THEATRE ONLINE RENTAL STARTS JUNE 26 \$7.99 FOR 3 DAYS

ONE SMALL STEP
 FAMILY-FRIENDLY ANIMATED SHORTS
 BRAND NEW FILMS | AN OSCAR WINNER AND NOMINEE

NIGHT LIGHT DRIVE IN

TICKETS AND INFO AT VASHONTHEATRE.COM

Vashon Theatre
 17723 Vashon Hwy
 206-463-3232
 Call for Info
 More available at www.Vashontheatre.com

The Vashon Loop

Contributors: Kathy Abascal, Eric Francis, Terry Sullivan, Orca Annie, Seán C. Malone, Mary Litchfield Tuel, Marj Watkins, Peter Ray and John Sweetman

Original art, comics, cartoons: Ed Frohning

Ad sales and design: Steven Allen
 Phone 206-925-3837
 Email: ads@vashonloop.com

Editor: Steven Allen
 Email: editor@vashonloop.com
 Publisher: Steven Allen
 PO Box 1538, Vashon, WA 98070
 Phone 206-925-3837

Published every other week by Sallen Group
 Vashon Loop, Vol. XVII, #15
 ©July 23, 2020

Loop Disclaimer
 Paid advertisements in The Vashon Loop in no way express the opinions of the publisher, editor, or staff. Likewise articles submitted to the Loop in no way express the opinions of the publisher, editor, staff or advertisers. We reserve the right to edit or not even print stuff.

Advertise in the Loop!
 It's a great time to get back in the Loop.
 ads@vashonloop.com Or call (206) 925-3837

Find us on Skype
Vashon Loop
 206-925-3837

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the Loop, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Have a Story or Article

Send it to:
Editor@vashonloop.com

Get In The Loop

Send in your Art, Event, Meeting Music or Show information or Article and get included in The Vashon Loop.
Send To:
Editor@vashonloop.com

Find the Loop on-line at
www.vashonloop.com

VASHON FOOD BANK COVID-19 PROGRAM HOURS (Starting the week of 3/30)

**GROCERY PICK UP
(ON-SITE @ SUNRISE RIDGE)
WEDNESDAY, 10-2 & 3-7**

**HOME DELIVERY
TUESDAY 12-4 (IN-TOWN)
THURSDAY 10-4 (ALL-ISLAND)**

FOR QUESTIONS, OR TO SIGN UP FOR HOME DELIVERY,
CALL THE FOOD BANK OFFICE @
206-463-6332 OR
EMAIL ADMIN@VASHONFOODBANK.ORG



VASHON ISLAND
Chamber of Commerce

Lodging
Shopping
Food & Drink
Things to Do

Visit the Vashon Chamber on line
at www.VashonChamber.com

*Can't stop drinking
and want help?*



ALCOHOLICS ANONYMOUS

Online Meetings: SeattleAA.org

AA Phone: 206-587-2838

Local Vashon Contact: 206-849-1980

*No puede dejar de
beber Alcohol?*



ALCOHOLICOS ANONIMOS

Reuniones de Internet: SeattleAA.org

Telefono AA: 206-587-2838

Contacto Local Vashon: 206-849-1980

**Next Edition
of The Loop
Comes out
Thursday
August 6**

Deadline for the next
edition of *The Loop* is

Saturday, August 1

Suds

LAUNDROMAT

OPEN DAILY

Open Daily 9am to 7pm
"Last load in at 6:15pm"
17320 Vashon Hwy SW
(Located across from Pandoras Box)

Barber & Beauty Shoppe

(206) 463-7212

Family Hair Care ~ Sensible Prices
Colors, Perms, Hair Cuts

Parker Plaza 17232 Vashon Highway

Law Offices of
Jon W. Knudson
Parker Plaza * P.O. Box 229
Bankruptcy -- Family Law
463-6711

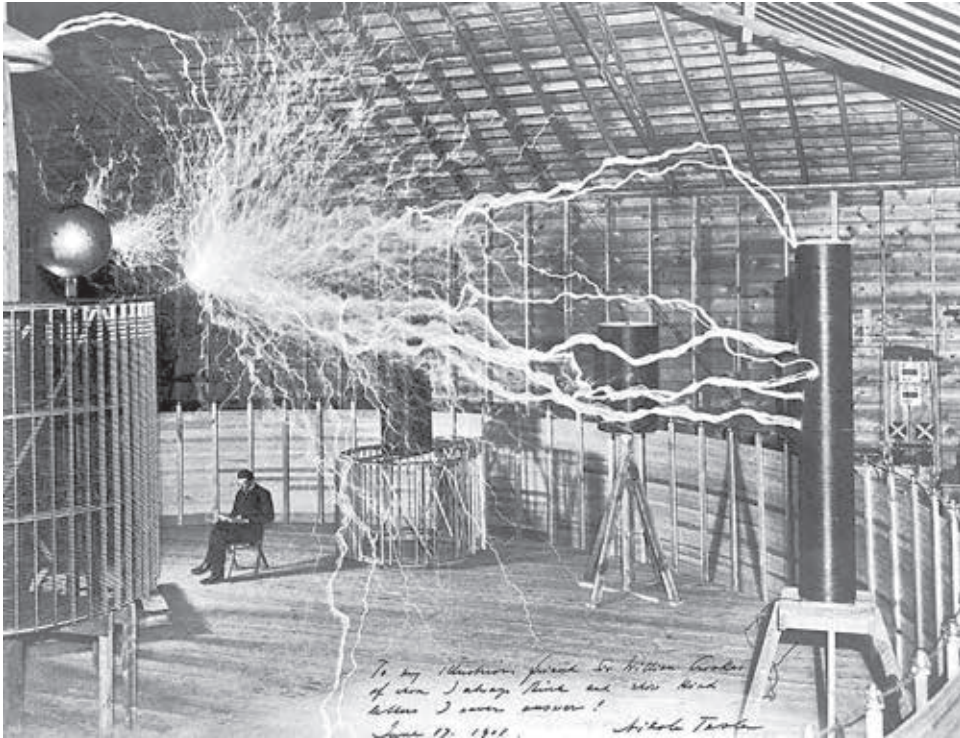
www.lawofficesjonwknudson.com

VASHON PRINT & DESIGN

Faxing • Internet • Printing • Web Design
Photocopying • Graphic Design

17627 Vashon Hwy SW • Vashon Island • WA • 98070
Phone: 206.463.6100 • Fax: 206.463.6137 • vpd@vashonprint.com

All Things Electrical, "Shocking"



Nikola Tesla, June 17, 1901

By Sean Malone and John Sweetman

Bob Greg was my best friend in grade school. We hunted flounder off their beach on Ridge Road, with a trident spear on a 10 foot pole and swung out over the bay on a 60 foot rope tied high in an old Madrona tree and dropped into the cold sound. I think his father sold insurance when it was really Bob who needed it. He slipped while climbing around in their 10 foot high smoke house and hung himself on a meat hook that left a 10 inch scar up Bob's arm.

One day Bob's father invited us kids to his basement where he taught us the properties of "electricity." He had a magneto from an old crank up phone and had my brother Mike and Bob's younger brother, Johnny, and Bob and I hold hands while he cranked up the magneto. When he had the magneto whining, he yelled for me to grab a hold of the water pipe and my knees gave out as I crumpled to the floor. I was the only one that felt the "shock."

Brother Mike caused our lights to go out at Cove when he stuck a pair of tweezers in an electrical outlet and him being in a wet diaper that helped ground him and sent him screaming to Mom who was his favorite and Mom blamed Molly and I for not having stopped him.

Seventy years later, John Sweetman and Bob Smueles, AE7MW pricked my interest in Nicolas Tesla and the "Tesla coil," which with their help I built one the size of a cigarette package. Now with a renewed interest in the properties of electricity, we are building a much larger Tesla coil, using the cardboard tube which bottles of Laphroig scotch come in; for the secondary coil and an empty fruit juice bottle which will deliver the right amount of capacitance, a "Leyden jar," that Benjamin Franklin used in his famous kite experiment with lightning.

I skidded across the floor on my rear end and whacked myself good, coming to rest, up against the center post of the cabin. I was running an ancient Barker & Williams amplifier that had a brass post right in the middle, meant to dissipate stray RF or radio frequency, In an effort to adjust the ancient amp, my screw driver had hit that post and I was on the other end of it.

I was working for the Navy at the time as a volunteer in MARS/military affiliate radio system and ran 20,000 ship-to-shore calls for sailors' shipboard from

all over the world over a period of 7 years; never understanding the power of radio frequency, RF, to reach across the ocean to "patch" sailors to their loved ones at home via the commercial phone lines.

One sunny day, the windows were open and the wind was blowing through the cabin. I thought I could smell the salt air and I was 300 miles from the coast working from the town of Republic, north of Spokane. I was running traffic for the USS America, so far up the Amazon that they had lost regular navy contact because of the mountainous terrain. I learned this from the captain only later having worked his ship several times. Later that day I made more calls for the USS Ticonderoga from the Barent's Sea off the Northern coast of the USSR.

Fred Chapman, PPE/papa papa echo, the commander of the Afloat and Overseas Operations Net had appointed a mentor, to guide me through the intricacies of the navy. Commander David Mann once commented on my ability to cover frequency: "I don't know how you keep that 'haywire outfit' of yours on the air," he said when he was testing my ability to respond to frequency up and down the spectrum.

I bought the \$700 Eagle log-periodic antenna that PPE/papa papa echo, had recommended and it lasted until recently when a neighbor's tree fell on it in a windstorm and took out half of the antenna.

Sean@vashonloop.com



www.VashonEvents.org

Spiritual Smart Aleck

By Mary Tuel

Karens, Among Other Things

Recently those of us who use social media have been treated to an onslaught of videos of mostly middle-aged white women being ridiculously racist, and the name "Karen" has been applied to these women.

Now we have people who refuse to wear masks or do social distancing, people who insist that the Constitution states, "You ain't the boss of me." They are showing up in videos and the women are being called Karens as well.

A friend of mine whose name is Karen is feeling a little put out by all the Karen-shaming, and I do not blame her.

It's too late, I know. This labeling racist or otherwise obnoxious white women in videos "Karen" has blown up and spread through our culture. Yesterday I found out there is an Instagram site called "crazykarens." As soon as you say it's a Karen story people know what you mean. This stinks for people named Karen.

It is better to use the offenders' real names.

Early in July a white woman ran into an Asian family - mom, dad, and two daughters, plus their dog Fluffy, an 11-pound Maltipoo on a leash - hiking in the woods in Marin County, California.

The white woman blocked the trail and told the family that they were breaking the law by having their dog in the park (not true. Dogs on leash were legal). Then she told the family that they "couldn't be in this country," and they needed to "go back where they came from."

The mother of the family told the white woman that she should check her own heritage and go back to wherever she came from.

If this Asian family went back where they came from that day, it was probably Mill Valley or San Rafael, at a guess.

The father of the family filmed the incident.

When white lady demanded to know the family's name, he told her that was none of her business, then turned the tables and asked her what her name was.

By this time, her bandana had fallen, exposing her face, and she realized she was being filmed. She must have lost her presence of mind then because she walked away from the scene, muttering that her name was, "Beth."

The father posted the video on YouTube, titling it, "Park Ranger Karen



Tells Asian Family They're Breaking Laws & Don't Belong in America! (California)"

The video went viral. She was neither a Park Ranger nor a Karen. Beth was quickly identified - her name and where she worked. Within a couple of days her employers announced that after they reviewed the video, Beth turned in her resignation, and that they did not tolerate racism in any form.

I was sorry that the video title besmirched the name Karen, not to mention Park Rangers. Outing Beth's real name led to real consequences for her.

Real names are better than Karen.

Then there was the video of a woman throwing boxes of shoes at a salesclerk. She was mad because it was store policy not to serve anyone who was not wearing a mask. This woman was so upset that she walked out leaving her wallet on the counter, making it easy for the police to round her up and charge her with assault.

Again, real names are better than Karen.

Commenters on that video were unanimous in calling her a Karen and criticizing her actions. Some went farther and ridiculed her for being fat.

"Hey," I thought, "wait a minute."

Shoobox Woman was a violent jerk, yes, but it was her behavior, not her body shape, that was the issue. Come on, people. It's racism and pigheadedness that we are fighting, not body shape or other physical attributes or lack of them.

Fat shaming is alive and well, a socially acceptable prejudice. More than once someone has dismissed me on sight because I am fat. Fat hating doctors are the worst. We fat women have plenty to say about those jerks, and I hope their ears are burning when we say it.

So. Those of us who are named Karen, or who are fat, are tired of the ridicule of "karens" and fat people.

Real Karens, be patient. This trend will go the way of disco and elephant jokes.

Those of you who think you need to lose some weight and feel ashamed of your body? You know, some of us have lost and regained more than your entire body weight over a lifetime of trying to be "thin enough." It is a fool's game, and a big moneymaking business in America.

To quote Mr. Rogers, "I like you just the way you are."

I did lose some weight without dieting this last fall and winter. My secret? I had cancer. Not a weight loss program I recommend.

FOR ORCAS AND FOR ISLANDERS
PLEASE REPORT LOCAL
WHALE SIGHTINGS
ASAP TO
206-463-9041
Vashon Hydrophone Project
Orca Annie Stateler and Mark Sears
Vashonorcas@aol.com
Support Vashon-Maury Island Whale Research
Sightings NOT Disclosed to Whale Watch Boats
vashonorcas.org

**Next Edition
of The Loop
Comes out
Thursday
August 6**
Deadline for the next
edition of *The Loop* is
Saturday, August 1

Find the Loop on-line at
www.vashonloop.com

Island Life What's in a name?

By Peter Ray
pgray@vashonloop.com

Well, I did finish the minute movie talked about here last time, and if you like, it can be viewed here on the youtubes: <https://www.youtube.com/watch?v=Z19SGFmLG5M>. Putting it together was a fascinating experience on a number of levels. First, there was the insight gained into the namesake of the climbing rose in my front yard- Sir Cedric Morris. As with anything named after a person, actually digging in and finding something about that person is always revelatory to some degree. Having to put all the info discovered in the research into a minute's worth of viewing and narrative, in this case, was just not possible. You go with the essentials needed for the story and hope that that will suffice. Morris's life on its own would fill a feature length biopic or documentary. It was interesting to find that his plantsman side provided many subjects for the paintings he did as an artist, as he specialized in growing, hybridizing and selecting various forms of poppies and bearded iris. But perhaps the most fascinating thing I found out from a garden writer friend I contacted after losing touch with him for fifteen or so years, was that this white-flowered giant of a rambling/climbing rose came from a seedling of a pink flowered species, shrub rose- *Rosa glauca*. It speaks to the mystery and the magic of growing things from seed- you are never totally sure what it is that you might end up with, which is of course why you do it.

Somewhere in all of my explorations into Cedric Morris, there was this other, bigger thing concurrently running along side- that of the nation- and world-wide actions around Black Lives and racism. From that it bubbled to the surface that the name of one of our conjoined Islands, the Maury part, had connections with the confederacy and perhaps that name should be changed to something with less racist implications. Of course I had to go to the google and the wiki, not to mention our other Island paper with its impassioned pleas for a change of name and an informative bit of historical background of the offending Mr. William Maury. Along with the pile of sand and gravel that is Maury Island, it is also the case that this Maury's name is attached to an "ice-filled" bay in Antarctica, neither of which speak very highly of Mr. Maury, at

least in either symbolic or metaphorical terms. While he did resign his U.S. Navy commission in order to serve in the confederacy out of his native state of Virginia during the Civil War, the naming of our appendage island (hmmm- maybe a good alternative name there?) took place twenty years before the North fought the South over the issue of slavery, and it would seem that, unlike the Jim Crow era appearance of confederate statuary across the country, this naming of the other part of Vashon was done to honor Maury's service on this "mission of discovery", and not to terrorize people of color with looming visages of stone and cast metal.

One has to stop and pause here to take a gander at other local names of places. Off to our southeast we have the mountain know now as Rainier. It was not named after the beer, but instead after Peter Rainier, a British naval officer. Mostly due north of there by a hundred or so miles we have Mount Baker, named for another officer in the Royal British navy, Joseph Baker. Tying the two inactive volcanoes together with a glistening band of salty sea-ness is Puget Sound, named for Peter Puget, yet another British Naval officer. And lest we not forget, it was Admiral James Vashon for whom the bigger part of our sand and rock flotilla was named. Yes, yet another representative of the foreign military. As a side note it should be mentioned that it was Peter Rainier's sister Sarah who became Vashon's second wife in 1786. It should also be noted that Vashon served as a captain of a number of gunboats that sailed against the U.S. during the American War of Independence.

And so it is that one can go to the highest point on this Island and sweep one's arm around and point to any number of prominent places and find them to be currently named after military officers from a foreign fighting force not our own. It could also be mentioned that in that same spatially encompassing arm sweep, one would have found in all but 300 of the last twelve or so thousand years since the great ice rivers retreated from here, that prominent names from resident families on the Island would have come from the Marpoles and the Salish and the S'Homamish and the Tulalip, with neither a Vashon nor a Maury in sight. And so, as we settle into our seasons of discontent and frenetic introspective handwringing over how we might best save our souls from past indiscreet spatial designations, we should ask ourselves about the Indians that we stole the land from and not just acknowledge it is their land we are now

Michael Whitmore The Poodle Sessions

Michael Whitmore, composer/ nylon string guitarist/ occasional vocalist. Sunday, July 26th, 6pm PDT. The Poodle Sessions #18. A weekly, live streaming concert. Tune in for some new jazz, post-jazz, sonically textured torch songs, along with odd bits of harmony and dissonance tickling your ears, setting ablaze those neuronal cell bodies, dendrites, axon terminals & synapses ... ahh, just too sexy!

Michael Whitmore tends towards the frayed edges of jazz -- post-jazz, avant-jazz, free-jazz, with a hint of old school samba. He was a veteran of the Los Angeles new music scene before moving to the Northwest a decade ago and for the past seven years, Whitmore and the ensemble Some'tet have had a residency at the Snapdragon Café on Sundays. He is an author, music historian, very often a DJ and always a record collector and he co-hosts the Friday Morning Scramble with Shelley Hanna on local KVSH 101.9FM.

Michael Whitmore
The Poodle Sessions



Live Stream Concert
Sunday, July 26th, 6pm PDT
Link to watch: <https://www.facebook.com/michael.whitmore.14>

on whenever we commence a significant gathering here, as has become the custom as of late. At the same time we should ask how far we wish to go in this renaming exercise, how broad the excision should be and where that will land us in historical understanding and not just historical, political correctness.

As an example, I am thinking here of our recent loss of John Lewis and what he has left for us in terms of human understanding and civil rights. There was talk last night on the teevee about how the renewal of the Voting Rights Act should now bear his name. There has also been talk of renaming the Edmund Pettus bridge in Selma, Alabama after John Lewis, an act that would stand out as a shining example of how the changing of a name would honor history rather than alter it. In many ways this change in name could serve as a metaphor for the current movement to recognize the need for permanent change in racial justice and civil rights. It was the Edmund Pettus bridge where civil rights marchers were stopped by Klansmen and state troopers and John Lewis, as one of the marchers, was nearly clubbed to death while trying to continue their march to Montgomery across that bridge. Pettus was a confederate general who championed slavery, and after he was pardoned for his service to the

confederacy he went on to serve as the Grand Dragon of Alabama's chapter of the Klan. Everything that Pettus stood for served as an impediment to forward thinking and equal rights- John Lewis' relentless pursuit of human rights and racial justice was the personification of a bridge to that place and time where all people are truly free.

I am also thinking of a time nearly two years ago when I was sitting in a pub just south of Chappaqua, New York where I grew up. That morning I had been to the statue honoring Horace Greeley, who had been a resident there in the mid 1800's. I was on a trek to follow Greeley's path from New York to San Francisco in 1859, and I had been photographing the statue with still and video cameras. As I was eating dinner I was also scanning the flatscreen teevees around the place that were playing sports events and an evening, local news broadcast. All of the sound was off, so I couldn't here why, on the local news channel, they were showing the same view of Greeley's statue that I had seen in my viewfinders that morning. At first I thought I had landed in a Twilight Zone remake or perhaps a Candid Camera where someone had stolen my SD cards and they were playing

Continued on Page 6



Nugget and Toby Need A Home



We're fun-loving brothers who are used to kids and dogs, so we would make great family pets for an indoor home. Nugget likes to ride around on people's shoulders, while Toby can be found lounging next to his person. We're best buddies and can entertain ourselves when we're left alone. Because we're a Purrfect Pair, there's a discounted adoption fee available to the person who adopts both of us so we can be together forever.

Come over and see us at our foster home. According to our foster parents, we're great cats. They should know!

Go To www.vipp.org
To view adoptable Cats and Dogs

Island Epicure



By Marj Watkins

Household Hints, Part 1

A little green book titled: Watkins Household Hints caught my eye. It's copyright: 1941. I thought, Wow! almost 80 years old. (No, I didn't write it.) Are any of these hints still useful? Oh, yes. People still get stains on their clothes from fruit, coffee, tea, and wine, for instance. Here's how you got rid of such stains in 1941, and the method still works:

Stain prevention: Stretch the stained part of the cloth over a metal bowl. Pour a tea kettle of boiling water through the stain. The stain will usually disappear.

Of course, the sooner you do this after getting the stain, the better it works.

To banish milk, cream or egg stains, soak the cloth in tepid (slightly warm) water. Rinse in fresh tepid water. Then you can put that tablecloth, napkin, placemat or garment into your washing machine with a regular load of light colored clothes. If your cloth is cotton, linen, or any other fabric except wool, it can go through the dryer, too.

A word about loading washing machines: Do not overload them. They do their best work for you if you place the items to be washed evenly around the dasher. I prefer to wash dark clothes with other dark clothes and light clothes separately.

Woolens can be washed in a machine in cold water. Do not put them in the dryer. I think they fare better if you take them out of the washing machine and spread them on towels, then roll up the towels to get most of the moisture out. Then spread them on dry towels on a flat surface. Even garments whose labels say Dry Clean Only can be washed in this way.

As for washing socks, the washing machine cannot swallow them when we are safety-pinned together in pairs. . .

Road to Resilience

Continued from Page 1

That these very same companies – Bayer, Merck, P&G, GlaxoSmithKline and others – pump billions of marketing dollars into our media outlets elicits a well-founded skepticism about journalistic independence.

"In the absence of trusted sources of fact, it becomes all too easy to fall prey to dystopic conspiracies of a New World Order. The decentralization of media distribution, which gives game show hosts and wellness influencers equal footing to news organizations as vectors for the proliferation of information, contributes to the unbridled spread of conspiracy theories – some that may be true, and many that lack any basis in fact.

"Not all conspiracy theories are as specious or malicious as Pizzagate, Birtherism, and the denial of Sandy Hook. If I told you that a private prison company funded an organization comprised of legislators and private sector executives to write and pass legislation leading to mass incarceration, you might think I was wacko. But this is exactly what the Corrections Corporation of America and the American Legislative Exchange Council did. Conspiracies are seductive because truth is often just as strange and twisted as fiction.

"No political leaning has a monopoly on conspiracy. There is a bizarre emergent horse-shoeing of leftist conspiratorialists

and alt-right libertarians that is coming to a head around the potentially impending COVID vaccine, ratcheting up an already intense vaccination debate. This anti-vaxx alliance makes strange bedfellows of a slice of the "wellness" community, civil liberties advocates who oppose governmental overreach, and "truthers" who fear that the illuminati will implant micro-chips as part of mass vaccination.

"With all of the countervailing forces at work, what is a citizen to do? What are we supposed to believe? How do we distinguish between ludicrous theories devised to divide and true corruption that warrants exposure? How do we find the social cohesion that is necessary not only to beat COVID but to address all of our salient global problems?

"How much longer can we keep loving America and hating each other? Human success has always been predicated on our ability to cooperate flexibly at scale. Without social cohesion, we are [lost].

"As institutions wobble, [we individuals] inherit a growing responsibility for the cohesion of society. Be inquisitive. Be humble. Think deeply and critically. Engage with and learn from others. Understand the best part of an opposing opinion. Apply methods of rigor in the quest for truth. Be willing to admit you are wrong."

Comments? terry@vashonloop.com

Island Life

Continued from Page 5

my footage to elicit a shocked reaction. I then began to figure out from text on the screen that it was a controversy playing out at Horace Greeley High School where a senior had found I quote from Greeley that disparaged the Black race, and the student was suggesting that school's name be changed to something else.

This all didn't make sense, because in my readings it had sounded like it was Greeley who had been so nagging and insistent to Lincoln about signing the Emancipation Proclamation that if he hadn't persisted in that manner Lincoln might never have signed it. One of Greeley's tasks on his cross country overland journey was to speak in Kansas in support of Free State ideals, so that when they went for statehood they would not become a slave-owning state. It was

one of the paradoxes of those times where you could be both anti-slavery and still hold with the ideas that people of African descent were an inferior race. Looking back on history it seems that actions and ideals have to be weighed in the context of the times. It doesn't make things right, it is something like adjusting for inflation, but it isn't. It's like imagining future historians looking back from 150 years on and wondering what the hell we were all about in these times. Perhaps as we give the required actions of these times in response to what we have been dealt for all these years, we may be found to have gotten something right. It will require a vision of context, wisdom and forethought- not always actions that can be found together in concert for the better good. We'll see.

Catch Drive-In Movies This Summer at the Night Light Drive In

Open Space for Arts and Community and Vashon Theatre are teaming up to bring the drive-in movies to Vashon this summer. Beginning on July 1st, enjoy The Night Light Drive In, located on the great lawn at Open Space.

Showings will be on Wednesdays through Saturdays this summer until Labor Day. The first weekend will spotlight Jurassic Park on Wednesday and Friday and Field of Dreams on Thursday and Saturday.

Schedule:

Wed July 22 – Double Feature! Liar Liar & The Big Lebowski

Thurs July 23 – Mad Max: Fury Road

Fri July 24 – Double Feature! Liar Liar & The Big Lebowski

Sat July 25 – Mad Max: Fury Road

Wed July 29 – Forrest Gump

Thurs July 30 – Double Feature! They Live & Get Out

Fri July 31 – Forrest Gump

Sat Aug 1 -Double Feature! They Live & Get Out

According to David Godsey, Open Space for Arts and Community co-founder, "We were driven by



COVID-19 to find creative new ways to build community. Designing this experience with our partners at Vashon Theatre has allowed us to dream up a communal experience that follows health guidelines."

Tickets are available on the Vashon Theatre website. Doors open at 8:30pm for the 9:30pm show times this weekend. When purchasing your ticket, please be sure to carefully read ticket directions and event protocols.

First Friday Virtual Gallery Cruise

Until we can get back to having the First Friday Gallery Cruise again, Vashon Events has been doing a Virtual First Friday Gallery Cruise.

The next one is on Friday, July 3rd! Stop by Camp Colvos Brewing and pick up some tasty food and beverages while you enjoy your virtual First Friday Gallery Cruise! Our newsletter will feature some of our local artists and galleries who would love to have your support. We put out a call to invite any artist on Vashon to participate. Please browse their online store and get in some shopping therapy!

If you are an artist that would like to be included next month, and you have an online store, please email us. We'd love to include you.

Thank you so much to John L. Scott Vashon for being the lead sponsor of First Friday promotion - we are so grateful for your ongoing support!!

We'd also like to thank our supporting sponsors: Camp Colvos Brewing, Evergreen Home Loans Vashon NMLS 1409468, Island Insurance Center, and Sue Carette - Windermere RE Vashon Managing Broker, Realtor. Please take a moment to view their websites and show them your support.

First Friday Virtual Gallery Cruise Friday, August 7th Sincerely,

Allison Shirk & Pete Welch Co-Directors of Vashon Events

Deadline for the next edition of *The Loop* is **Saturday, August 1**

Find the Loop on-line at www.vashonloop.com

Local News
www.vashonNews.com

Local & Regional Headlines
Weather forecasts
All the Vashon Headlines
in one place from anywhere
on any mobile device!

Advertise in the Loop!
It's a great time to get back in the Loop.
ads@vashonloop.com Or call (206) 925-3837



Planet Waves



by Eric Francis <http://www.PlanetWaves.net>

Aries (March 20-April 19)

The current phase of your life, through January, comes with the theme of cultivating self-confidence. You may think you're a self-assured person, though this astrology will take you deeper, and help you question yourself in some worthwhile ways. I'm talking about something different from assertiveness or being extraverted. True confidence leans back a little more than it leans forward. It includes the patience to pause and observe, and make the most of what you learn from doing so. Then there is how you deal with your own weaknesses and limitations, to turn them to your favor rather than have them work to your detriment. That may be the most important facet of self-confidence that you will discover early on in the experience, which involves Mars retrograde in your sign. This stretches (in total, including the actual retrograde in the autumn) from July into January. This is a rare event, and you have an unusual learning opportunity.

Taurus (April 19-May 20)

Consider whether you still place too much emphasis on belief as a thing that guides you. There are many better ways to influence the course of your life, and belief tends to be a dangerous blind spot because it conceals lack of knowledge. You are soon to embark on a phase of your life where your leadership skills will be developed, expanded and tested by circumstances. For that, you will need to have excellent intelligence, in the sense of the presidential daily briefing: real information you can use to make important decisions. To clear space for this, develop the skill of knowing when you're speculating. When you are, admit it – it feels good, and it reminds you that you actually need to know what is available to find out. You don't need to be in possession of the bottom line fundamental truth at all times; that's an impossible standard. But you definitely must know when you don't know – that's the most valuable information there is.

Gemini (May 20-June 21)

There's been a lot of activity in the financial sector of your chart these past couple of months, which will now culminate with a New Moon on Monday. One of the challenges of your financial picture is that it tends to run in cycles more than for most people. These might range from feast or famine scenarios, to busy season vs. slow season situations. Yet if you study these patterns, you will see that they're as predictable as the tides. One way to handle this is to put abundant energy into making sure you have sufficient cash reserves to smooth over some bumps (which I know is a stretch, but it's also a necessity). Yet you also want to work with the natural tendencies, such as heading out to sea when the tide is going out, and heading back to port when the tide is coming in. This way, you're not "going against the tide." Study your income and spending trends. Really – pull the numbers together and take a look at them and figure out what they mean.

Cancer (June 21-July 22)

The past lunar month has come with an impressive deluge of astrology in your sign, including a solar eclipse, Mercury retrograde making all kinds of fancy moves, and now, the New Moon opposite Saturn. Plus there has been no shortage of activity in your partnership house (Jupiter conjunct Pluto), and more still in your career house (Mars conjunct Chiron). So, how has it been? What have you been learning? Do you feel like you're making progress? For the current state of

the nation, mere survival is doing well, though I reckon you're doing much better – and aspects continue to work in your favor. Therefore, proceed with awareness and a positive attitude when it comes to accomplishing your most cherished goals. Your work matters right now, you are visible, and people are counting on you. Those are ideal circumstances for living out your dharma. If others around you are not doing as well, remember: your role is to be helpful in the ways you can.

Leo (July 22-Aug. 23)

The Sun is about to enter your sign, which always comes as a relief. Those last days of the sign Cancer can bring considerable emotional pressure, which lets go all at once when the Sun returns to its home sign. This year, that's on the 22nd. The bottom line message of your solar return chart is that you must take care of yourself. Through this whole Covid crisis, I've been studying people's ideas of self-care and noticing a deficit. Pretty much everything depends on how well you take care of yourself, and that will require having knowledge. By that I mean knowledge of what you eat, and what your body needs; of any health issues you may face, and any medications you may take; and how to reduce your stress level. All of this is founded on your ability to study, to learn, and to be introspective – commodities in short supply these days. Yet they must be in abundant supply for you.

Virgo (Aug. 23-Sep. 22)

You need to express yourself where people can see and hear you. The desire to do so may be bursting out of you right now. The solution to your creative challenges is not to be more perfect. The solution is to take a chance and put your most personal, most meaningful work into the public eye. True art, though it must aspire to quality, is always an experiment. To be meaningful, the maker of the work must go so far as to wake up with a vulnerability hangover for a few days. For you, this means going out to a personal emotional edge and revealing something of yourself about which you feel a combination of reluctance and urgency. While this could include viewpoints on certain issues (about which you will feel better being honest), this looks like something deeper and more personal. You are in a moment of breakthrough. If you aspire for that to be creative, your springboard is the intimately personal nature of what you share or describe about yourself.

Libra (Sep. 22-Oct. 23)

If there is an important matter of your professional life that you're working through, particularly a decision that must be made, you are in your moment. It's likely you've thought it through many times over and know exactly where you stand with yourself. You do not need to accomplish the thing you're wanting to do or create, though a decision supported by decisive action will be enough to get you started. The real choice is not just the mental state; what you actually do is what pushes your edge and establishes you in new territory. You now have the emotional confidence and foundation to take this step. Your reputation is sufficiently established to stand in who you are with your whole being. One of the most brilliant fortune cookies I ever got read, "Be resolutely who you are. Be humbly who you aspire to be." That would serve you well at this time in your life.

Scorpio (Oct. 23-Nov. 22)

This is a good time to contemplate the extent to which every question is actually a spiritual question – meaning, something pertaining to the nature of your existence. Perhaps you've already known this for a long time, or maybe have not given it words and formed concepts. Any real question you ask ought to shake you up a little. That's how you know it's real, and the shakeup can make little cracks in your psyche that allow the truth and the light to shine in. Your chart at the moment is focused on the theme of wellness, and how you take care of yourself, and what you do with your days: the purpose you serve, and whether you have arranged your life such that fulfilling your purpose nourishes you. This is not about work-life balance. Rather, it's about being alive, in all that you do. Ultimately the question of life, and the fact of existence, is a spiritual issue, and it's one that you are at a point where you must ask sincerely. That means giving up all the fake answers that were thrust upon you so many times. You need and deserve better.

Sagittarius (Nov. 22-Dec. 22)

Part of getting your financial house in order involves resolving a situation with a partner. This could be the lingering results of a past situation, or getting a new or current agreement tuned to mutually beneficial terms. If this represents something from the past, use the leverage you now have and address the situation. There is plenty you can do. If this is about present circumstances, keep the discussion focused on what works for everyone. Between you there are sufficient resources to go around. Yet the most important resources are emotional, and those will lead to awareness of the others. This is a situation where all parties must see the relationship from the viewpoint of the other, to have a sense of what is happening. Too often, people experience partnership from only their point of view. Others give that up entirely and live vicariously through the other. Nether of these will help you now. You must be on mutually helpful terms, or none at all.

Capricorn (Dec. 22-Jan. 20)

The New Moon in your opposite sign Cancer takes place in opposition to Saturn and several other retrograde planets in your sign. This is an urgent reminder that you must update your files and live in the present rather than in the past. Even if you have lingering matters to resolve, you can only do that now. You might not think you're ready, though in the way you view it, readiness is a standard you might not ever attain. There is a difference between wanting to be prepared, and being reticent to experiment. A relationship may provide an opportunity for you to enter new territory, though the motivation must come from you. There is only one way to gain confidence, which is to gain experience – of a kind you've never had before. We might sum this up in one question: should you choose to grow or explore something unfamiliar, who do you fear would not approve? Why do you care?

Aquarius (Jan. 20-Feb. 19)

The past seems to weigh on you, even as you know so much more is possible. Your situation appears to be self-contained, as if you live in a reality you cannot escape. This seems to "prove" itself through experience, though maybe that is the thing you need more of. There is a concept of karma which holds that "no one can escape what they create." Even if that were true, it would seem the way to escape would be to create something else, something beyond what you know. As it turns out, at the moment, this would be something about yourself. Your ancestors are involved, so your introspective search might need to go back three generations before you find the gem you are seeking.

Note that when you have it in your hand, it might not seem like much. You might not be impressed. If you sit with it a while, you will discover something meaningful about yourself, something that will change your life if you let it.

Pisces (Feb. 19-March 20)

There is only so much you may be able to do to change the world, though there is plenty you can learn from observing it. You might not like what you see. You are keenly aware of the kinds of cruelty and actions based in ignorance that people are capable of perpetuating against one another, and at times, against everyone. As an old soul, born in the sign of the fishes in the great cosmic ocean, you have learned the art of adaptation – and that is what you need to do. One of the ways you will benefit from adapting is through bringing your curiosity and creativity into this weird new world we are living in. Where you want to assert yourself is not against anything, but creatively, into your personal frontier: artistic, erotic, romantic – whatever you feel called to, curious about or desiring of. You can adopt a strategy of letting everyone else do all the freaking out. The truth is, people live out their agenda, whatever the weather.

Read Eric Francis daily at
www.PlanetWaves.net

“Facing Our Local Heroes”



Last chance to see Pam Ingalls work at The Hardware Store.
Pam Ingalls
“Facing Our Local Heroes”
Oil portraits of Vashon Islanders
Who Make A Difference
The Hardware Store Restaurant
Gallery
July 3rd-31st, 2020
More info on PamIngalls.com

Find us on Skype
Vashon Loop
206-925-3837

Compost the Loop
The Loop's soy-based ink
is good for composting.

We are an essential business So are open during the shelter-in-place orders!

The COVID-19 pandemic has given us the opportunity to open up new options for safely shopping on-line and placing your order for pick-up!

Visit our website at www.islandhorsesupply.com

Place your order, choose the "Pick-Up" option, pay securely on-line and pick up your order curbside within the hour. It's that easy!

Obviously, not everything we carry is up on our website at this time, but we are slowly getting everything posted. Don't see what you're looking for? Give us a call and we will get it added to our website pronto!

Remember to boost your immune system, that's your best defense right now. As usual, we are here to help you with that!

Stay healthy, my friends...



HORSE and farm SUPPLY
VI Horse Supply, INC.

206-463-9792
17710 112th Ave. SW
(8/10 mile west of town on Bank Road)
P.O. Box 868 • Vashon Island, WA 98070-0868
www.islandhorsesupply.com
Like us on Facebook
Hours: 9am-6pm • 10am-5pm Sundays
CLOSED Wednesdays

PANDORA'S BOX

Cheryl and crew are embarking on a Covid family vacation! Off to the coast for us. Lots of new stuff for you to browse while I'm gone. There will be a big bed sale when we get back!

Bo's Pick of the Week: The new Mouse Factory cat toys came in, and the crabs and dragonflies are too cute!



(206) 463-3401
\$8 Nail trimming with no appointment
17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

WET WHISKERS GROOMING SALON

PROFESSIONALLY TRAINED CERTIFIED GROOMER

We Offer:
Wash and Go
Bath and Brush out
Thin and Trim

CALL TODAY FOR AN APPOINTMENT
(206) 463-2200
17321 VASHON HIGHWAY SW
CONVENIENTLY LOCATED INSIDE PANDORA'S BOX



DANNY'S TRACTOR SERVICE 206-920-0874

- ▶ Land and storm damage clean up
- ▶ Tree Cutting and removal
- ▶ Field mowing, brush cutting and tilling
- ▶ Hauling and refuse removal
- ▶ Scrap metal removal
- ▶ Driveway repair and grading

→ **Dan Hardwick**
oldredtruck@comcast.net

ISLAND ESCROW SERVICE

Dayna Muller
Escrow Officer

Patrick Cunningham
Designated Escrow Officer

206-463-3137
www.islandescrow.net

Serving Washington State since 1979
Notary
Insured, licensed and bonded
Discount to repeat clients

PERRY'S VASHON BURGERS

Celebrating 18 years Serving Vashon Island

17804 Vashon Hwy SW
Open 7 days a week
11am to 8pm Monday-Saturday
12pm to 5pm Sunday


Best Burger in Town!

For a Burger Emergency 463-4-911

Gluten Free Buns!



VISIT US IN THE HISTORIC 100-YEAR-OLD ROASTERIE BUILDING WE CALL HOME



ALL ORGANIC PASTRIES, BREAKFAST & LUNCH FARE.
ESPRESSO & TEA BAR
COFFEE ROASTED DAILY

OVER 350 BULK HERBS, SPICES & TEA.

VASHON HIGHWAY & CEMETERY ROAD • (206) 463-9800 • WWW.TVICR.COM

Sporty's RESTAURANT & BAR

Where the Locals Go!!
Family run business for over 30 years
17611 Vashon HWY SW
206.463.0940

Live Music

Homestyle Breakfasts and Plate Size Pancakes
Breakfast served till 5pm Fri, Sat & Sun

Sports on 5 HD TV's

Open 7 days a week 6 am til 2am

Welcome Back!
Dine In and Take Out
Come See what's New

KVSH 101.9 FM

Listen At Home In Your Car At Work Worldwide

VoV Voice of Vashon

Schedule & VoV App at VoiceOfVashon.org