



THE VASHON LOOP

Vol. 2 #12

TO INFORM AND AMUSE ~ TO PROVOKE THINKING AND ACTIVISM

June 15, 2005

An Evening with Livingston Taylor



Livingston Taylor will be performing right here on Vashon June 25 live at the Vashon Theatre, (*Opening act tba*). Livingston will perform using the 12 string guitar, and the Baby Grand Piano. Not just James Taylor's brother, and part of a musical legend family, Livingston is a singer, songwriter, musician, and professor of music. His voice is also familiar on commercial voice-overs. Tickets are on sale now for \$20; Visa/Mastercard, checks, and cash accepted.

Livingston Taylor's career as a professional musician has rattled along for over thirty years.

He has toured - some might say perpetually - with such major artists as Linda Ronstadt, Jimmy Buffett, Fleetwood Mac, and Jethro Tull.

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Lynx and Lady Washington "doing battle" in a cannon sail. A cannon sail involves lots of loud gunpowder, but no actual cannon balls, just boys having fun. Courtesy photo.

Tall Ships Set Sail from Quartermaster Harbor

By Marie Browne

On Wednesday, June 29 Quartermaster Harbor will become the gathering place for an impressive collection of historical ships that are participating in the Tall Ships Tacoma Festival. The ships are arriving from around the world, from as far away as New Zealand, Russia, and Mexico. Most are schooners, but the Festival also includes other historical ships, like the Army-Air Force P-520 crash boat that supported operations at McChord during WWII.

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Bedroom Community to Wake Up

by Marie Browne

If you have lived on Vashon for more than five years, you will have noticed that this once-economically-diverse community has evolved into something very different. Vashon is no longer home to businesses that employ hundreds of people. The Island that was once known for its skis, roses, and coffee has become largely a community of commuters. Granted, there are still some double-digit employers here, and we are home to

hundreds of cottage industries. But on-Island jobs have steadily decreased, forcing more people to commute—or move. For Vashon to regain its economic diversity, we must find more ways for people to earn a living without riding a ferry.

Rita Schenck of the Institute for Environmental Research and Education recently presented a proposal to a group of Vashon's civic and business leaders. That proposal is to develop some rural economic

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Festival Line-up Offers the Good, the Good, and the Good

By Lauri Hennesey

Lots of people enjoy festival for the parade. Nothing like the Thriftway Drill Team to create a Festival made in heaven. For some folks, it's the food, or the trinkets, or (if you are seven) the rides. But Vashon has become a bastion of artists, and for many, Strawberry Festival means only one thing: plenty of great music.

This year's Festival line-up does not disappoint, covering

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Sexual Assault

by Susan Wolf

A couple of winters ago, we had an intruder enter our home. In the wee hours of a Sunday morning, this bold criminal passed our ADT alarm signs (the alarm had been left off), passed the two cars parked in the driveway, came through our garage door (inadvertently left open), passed the sleeping dog (worthless pet that she is) and came through an interior door which—until that day—had never been left unlocked. My young adult daughter, who lived in our

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Ceriello On Tsunami

Islander Linda Ceriello recently returned from doing tsunami relief work in India, and on **Thursday, June 16th** at 7:00 p.m. at Cafe' Luna she will show digital photos, share stories, and field questions about the current situation in post-tsunami India. She might wear a funny outfit too.



The Matsuda family: Mary, her father Heisuke, mother Mitsuno, and brother Yoneichi. This Japanese-American family from Vashon was sent to an internment during WWII, and Mary Matsuda Gruenewald has written a memoir about the experience. More on page 21.

Get in The Loop

ALTERNATIVE FATHER'S DAY CELEBRATION

After you take your father out to breakfast or lunch, stop by and visit my father and me and learn more about Aung San Suu Kyi (pronounced: Ong-Sawn-Sue-Chee), the world's only incarcerated Nobel Peace Prize recipient.



- Her father, Aung San, is the beloved father of the country, BURMA.
- He was assassinated when she was 2 years old.
- The people of Burma love her as much as they love her father.
- Her Party, the National League of Democracy (NLD) won over 80% of the democratic elections of 1990, and the military junta refused to recognize the results.
- She has spent over half of the past 15 years under arrest.
- She turns 40 on June 19th, 2005.

WHAT: House Arrest "Party" in solidarity with Aung San Suu Kyi and the people of Burma

WHEN: Sunday, June 19th, (anytime between 10:00 am and 6:00pm)

WHERE: 25812 76th Ave SW, (upper Gold Beach), Vashon (206)-465-6330

WHO: Alexandra Clarke who has spent the past 4 years teaching in Burma and who has videos, books, pictures, Shan tea, Burmese food samples, and stories about working with the amazing people of this forgotten country.

WHY: Our House Arrest "Party" is one of the many that are happening simultaneously worldwide as part of the global activities honoring the Lady and the people of Burma.

GLOBAL DAYS OF ACTION June 17th and 19th, 2005 www.uscampaignforburma.org/action/alerts.html

Community Council

Jean Bosch and Robin Hess were selected by the Vashon Maury Island Community Council Board at their meeting Monday, June 6. The two proposed board members, filling recent vacancies from resignations, will be voted upon at the next general community council meeting which is scheduled for **Monday, June 20**, at 7:30 p.m. at Courthouse Square. Bosch was a member of the board after she moved to Vashon in 1988. She had been active with Vashon Household, island youth, parks, schools and Vashon Allied Arts. Hess retired to Vashon in 2000 from a career as librarian for a publisher of text books. He also brings experience as a minister, a chief deputy assessor, real estate appraiser and broker, and county chairman of his political party in Thurston County.

Of the two motions scheduled for voting at the next community council meeting, the motion to begin each meeting with the Pledge of Allegiance to the flag has been referred to the Governance and Policy Committee. The motion to move forward with an effort to place a Public Utility District initiative on the ballot in November 2006, will be on the agenda.

Senator Erik Poulsen, vice chairman of the Senate Transportation Committee, and Ed Murray, chairman of the House Transportation Committee, will be the main speakers at the meeting, touching on a variety of issues including ferries, Green Building Act, new emission control law, Glacier Northwest and others.

From the King County Sheriff's office, the Burien-SeaTac Chief Greg Dymnyski and Captain Brad Thompson, who is the point of contact person for the island with the sheriff's department, will be on hand to introduce themselves to the community.

IsleWilde Call To All Artists

Hallooo Islanders!

Summer is imminent and so is the 15th Annual IsleWilde Community Arts Celebration! IsleWilders came together recently for our Dream Retreat hosted by AYH. A huge thank you to the wonderful Jake Mulhair! After quite a bit of this and that, babbling, burbling, pondering and posing, we finally sifted out GAMES for the theme of IsleWilde 2005. What kind of games? All kinds: big games, little games, silly games, serious games and of course FUN games. Next order of business, workshops and development.



Workshop ideas included: Maskmaking, Mask Embodiment, Movement/Dance, Found Object Band/Drumming, Costumes, Batik, Brick oven bread baking, Shadow Puppets, Sound Effects, Art Installations, Stiltwalking, Fantastic Fire Barrels, Lantern Walk, Stiltgolfing, Mud Mask Mud Wrestling, and, of course, (YOUR IDEA HERE).

Sound interesting? We're calling out to all artists and merry makers. Would you like to be a workshop leader? Do you have ideas/skills to contribute? We are also looking for inspired individuals who are interested in developing/fleshing out/hosting some of the more theatrical games. Sound enticing? Call Sierra Zweig at 206-567-4797 for more information and sign-up. P.S. Mark your calendars IsleWilde dates are: **August 15-25** for Workshops and **August 26, 27, 28** for the Festival.



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Chorale Seeks "Pops" Singers

The Vashon Island Chorale will sing a "pops" concert at Ober Park on **Friday, July 8** as part of the music line-up for Strawberry Festival. The first of six rehearsals will be held on **Monday, June 27**, 7:30 to 9:30 p.m. at the VHS band room. Bass and tenor section members are especially needed. Anyone interested in participating can contact Jo Ann Bardeen for details at 567-5841 or jbardeen@yahoo.com.

Adopt-A-Cat Day

Vashon Island Pet Protectors will host an Adopt-A-Cat Day **Saturday, June 25th** from 11:00 a.m. to 2:00 p.m. & **Sunday, June 26th** from 12:30 to 3:00 p.m. at Pandora's Box. Please stop by or call VIPP at 206-389-1085.

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Troy and Marie

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Troy and Marie Talk Permits



On Vashon, which is part of unincorporated King County, it can be difficult to get a permit to build, renovate, or remodel a house. Mike Bradley, of Sound Contracting and Consulting, specializes in helping people through the process, and has some hints for homeowners who are considering a project.

Troy: Mike, tell us what you do.

Mike: In Italy, a person known as a ‘Geometra’ performs roughly the combined functions of an architect, site foreman, and engineer in charge of buildings and land use issues. A Geometra acts as a liaison with building authorities, public bodies, and local councils; he or she knows the right people to talk to, and how to get things done. That’s essentially the service I provide for my clients who want to get a building or land use project done.

Marie: What kinds of projects require a permit?

Mike: Because Vashon has a sole source aquifer, the whole island is now considered a critical area. This means that any activity that involves land use requires a permit. And, of course, any new construction or remodeling that includes a structural change requires a permit.

Troy: So, for example, if a homeowner wants to add a bedroom to an existing house, what is the first step to get a permit?

Mike: If you’re adding a bedroom—or doing any sort of addition, for that matter—your first step is to get approval from the health department. They have to approve your septic system for additional use, and they want to make sure you aren’t building over your drainfield, or encroaching on a well.

Marie: Getting approval from the health department is easier said than done, right?

Mike: Right. The health department’s assumption is that the lifespan of a gravity septic system (which is what most older septic systems are) is 25 years. So, they are likely to require that you replace your septic system with a pressure distribution system, which will cost in the neighborhood of \$7000 to \$15,000.

Marie: Assuming you can get approval from the health department, what happens next?

Mike: Then the homeowner needs to submit an application to DDES. The secret to making that part of the process go as smoothly as possible is to make sure the paperwork is thorough and complete, so it doesn’t get sent back to you. We’re fortunate here in that we have a representative from DDES on the island every Tuesday to accept applications. In other parts of unincorporated King County, you have to make an appointment to submit your application—and it can take 8 weeks just to get an appointment!

Troy: Getting a permit is no slam dunk, that’s for sure. Someone who falls in love with a house on Vashon and wants to buy it and remodel needs to know that it may take more time and money than he or she thinks, or is prepared to spend.

Marie: That’s true. A homeowner may decide that it’s just easier to make the kids share a bedroom than to add on. But, if he or she decides to go for a permit, a good place to start is the DDES website, at www.metrokc.gov/ddes.

Troy: Or, they can call Mike Bradley at (206) 463-2055. He can also help homeowners who may have remodeled without a permit find out what it would take to get an ABC (already been constructed) permit. It’s not necessary to get one, but some people might sleep better knowing their home is completely permitted and up to code.

Marie: And if you are thinking of buying or selling, give us a call. We can help answer your questions. (206) 463-LIST.

Next issue: What does a lender look for when making a loan on a house?

Local “Hams” Take it to the Streets

Over the past year, the news has been full of reports of ham radio operators providing critical communications in emergencies world-wide. On the weekend of June 25-26 local residents will have a chance to meet and talk with ham radio operators and see for themselves what this “radio service” really is about. Vashon/Maury Island Radio Club will be holding a demonstration of emergency communications abilities at Sunrise Ridge, in the field behind the Food Bank from **Saturday June 25th** at 11:00 a.m. to **Sunday June 26th** at 11:00 a.m.

This annual event, called “Field Day” is the climax of the week long “Amateur Radio Week” sponsored by the ARRL, the national association for Amateur Radio. Using only generators, batteries or solar power, the hams construct emergency stations in parks, shopping malls and back yards to test their skills under all situations. The slogan, “Ham radio works when other systems don’t!” is more than just words to the hams as they prove they can send messages in many forms without the use of phone systems, internet or any other infrastructure that can be compromised in a crisis. More than 30,000 amateur radio operators across the country participated in last year’s event.

“We hope that people will come and see for themselves, this is not your grandfather’s radio anymore,” said Doug Pine. “It may be called ‘Amateur Radio’ because we are unpaid, but there is definitely a high level of professionalism involved.”

Over the weekend hams will be demonstrating AM, sideband, FM, digital, code and even satellite communications. Several clubs will also be experimenting with TV signals and incredibly high frequency equipment. It was from their practical experience as hams that many electrical engineers went on to develop the marvels of today’s communications.

There are 670,000 Amateur Radio operators in the US, and more than 2.5 million around the world. Through the ARRL hams provide emergency communications for the DHS Citizens’ Corps, Red Cross, Salvation Army, FEMA and many state and local agencies, and Island hams are actively working with local emergency preparedness organizations to be ready in the event of a natural disaster.

To learn more about Amateur Radio, contact Doug Pine at 463-2837 or go to www.arrl.org/newham. The public is most cordially invited to come, meet and talk with the hams. They might even help you get on the air!

For more information contact Doug Pine: dougpine@gmail.com ☎☎☎☎

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Festival Line-up Offers the Good, the Good, and the Good

Continued from page 1

everything from choral music to rock, from fiddlin' tunes to jazz, from big bands to country.

Friday night begins, as usual, with the some great groups at Ober Park. This year, **Vashon Voices**, a small island vocal ensemble, kicks off Festival with a 6 p.m. performance. They are followed by the **Island Chorale** at 7 p.m., and **Trolls Cottage** at 8 p.m. At the Beer Garden, partiers can kick off Festival weekend by dancing to Vashon's own R & B band, **Loose Change** starting at 8:00 p.m.

On Saturday, ever-popular island band **Turner Down** (Funk with Spunk!) plays in the Beer Garden at 1 p.m. They are followed by **Loose Change** at 4 p.m., and **Bill Brown & the Kingbees** from 8 until 11 p.m. on Saturday.

Meanwhile, following the parade, both Ober Park and Pandora's Box offer some of the best music on the island. At Ober Park, the beloved **Portage Fill** Big Band kicks things off at 1 p.m. They are followed by **Mark Whitman, Bill Brown & the Kingbees, the Island Jazz Quintet** featuring the wonderful Maggie Laird, Richard Person, and other very cool musicians; and **Turner Down** (Funk with Spunk again!) throughout the afternoon. Meanwhile, over at the Pandora's Box stage, **Some Hat** begins at 1 p.m., followed by **Mike Nelson's Jazz Express, Reinhold-Richards, Gail Pettis**, and the wonderful sea shanty singing and playing **Geordie's Byre**. The evening's music includes **Portage Fill** at 7 p.m., followed by **Loren Sinner's All Star Band** rockin' out the street dance at 9:00 p.m.

Sunday looks just as promising; Ober Park offers the **Garage Boys** at noon, followed by the **Tim Turner Band, HD Fusion, Tim Casey & the Bluecats**, and—once again—**Loose Change**. Meanwhile, over at Pandora's Box, you can find the wonderful and fun **Bob's Your Uncle** at noon, followed by **Primativos, Just Fiddlin' Around, Vashon Women of Jazz,**

and **John Browne** wrapping up the day.

And that's not even mentioning the wonderful new **Youth Stage**, located next to Zoomies in the Theatre parking lot, which is featuring everything from some teenage rock musicians to the **Vashon Island Youth Chorus**. Stay tuned and check out the Festival Guide later for what will be featured there.

As for me, I must admit a small amount of bias in this article, in the spirit of full disclosure. I sang with Vashon Voices for two years, and a more hard-working, delightful vocal ensemble on Vashon is hard to find. I sang with Portage Fill at last year's Strawberry Festival Street Dance (not quite filling the shoes of their usual singer, the formidable Maggie Laird). I am friends with everyone in Turner Down (talk about a great group of guys!) and have sung with them. I love and know folks in the Chorale, Geordie's Byre, and Bob's Your Uncle. And, I am the singer in the new Vashon Women of Jazz. Okay, so I am laying my cards on the table. I know these folks, and love 'em all, so sure, I think you should come to hear them sing.

But I ask you this: aren't we indeed fortunate on Vashon? We have a band like Portage Fill, which has been playing for a couple of decades now. Year after year, there they are. And I can tell ya, these guys will make you remember swing. We have amazing bands like Loose Change, Bill Brown & the Kingbees, and Turner Down. We have adorable and talented kids playing in Just Fiddlin' Around. We have the haunting melodies of Geordie's Byre. And yeah, this year, we have the Vashon Women of Jazz. (Aside to readers: Whoever said that you shouldn't follow dogs or children on stage was right. And having said that, our Vashon Women of Jazz follows Just Fiddlin' Around. Great. A drink anyone?)

And all of these groups are out there during Festival, singing or playing their hearts out for you. Whether playing tunes at the Beer Garden, singing to you at Ober Park, performing on the wonderful Pandora's Box Stage, in the center of everything, or yes, putting on a street dance—these groups will all be there, offering you plenty of wonderful entertainment.

So bring the kids or get a sitter. But come and support these great local musicians. There is plenty of fun to be had.



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Vashon School Board Wants to Hear from You

by Mary Litchfield Tuel

Campus Master Plan At the last meeting of the School Board discussion regarding the Campus Master Plan centered on how to get the word out to the public on times, places, and methods for giving that feedback.

Vice Chair Susan Stackhouse said that there will be ongoing ads in both island newspapers, and a mailing to all mail boxes on the island, soliciting input from the public and providing information on when and where public forums with Board members will be held.

2005-2006 Budget Superintendent Mimi Walker reported that Title V funds have been cut by \$5,000, and she and her assistant, Susan Shields, have been, “crawling and clawing” to get the General Fund balance to \$425,000, or about 3.9% of \$10,800,00, the average annual budget the last three years. A majority of Board members felt that 4% (\$432,000) would be a more realistic number. This means that Walker and Shields will have to find \$7,000 more to bring the fund balance to \$432,000.

Later in the discussion a Board member asked if the Board would have cookies at a future event, and high school Principal Susan Hanson remarked, “If you want \$7,000, you don’t get cookies.”

The question on everyone’s mind is, “where is the money coming from?” Will there be a bond or levy? Stay tuned.

Drug and Alcohol Use Dan Kaufman and Stephen Brogan did a

presentation on the results of the Healthy Youth Survey, which is given to students every two years. It is built to gather information so that prevention and intervention can take place.

The survey result is, on Vashon, “Drugs are easy to get, and OK to use.” Perception of drugs as harmful is going up elsewhere in Washington, but not on Vashon. This is linked to a lower percentage of parents on Vashon seeing drug and alcohol use among students as wrong or harmful. Some parents allow one or both in their homes.

Superintendent Walker stated that, “Your strong conviction as a parent that drugs are wrong is the best prevention.”

The survey also showed that many McMurray students reported being bullied and feeling unsafe. McMurray parent Leslie Farriel said that “the word on the street” at McMurray is that many middle school students are engaging in sexual activity, and she wondered how that is related to marijuana use.

New Bus Superintendent Walker has requested a new 80-seat bus for co-curricular activities. Funds would come out of a separate bus budget. One board member asked if busses were available with seat belts; Walker replied, “No,” but she asserted that high seat backs on busses are a safety feature; that we have had no accidents or injuries in some time; and our busses are safe. Heated discussion ensued until someone looked at the Loop reporter

5 Alarm News

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and said, “The media is here!” End of discussion.

And you thought the School Board was no fun.

In other business, the Board approved cooperative agreements with Clover Park and Bates Technical Colleges; approved summer school faculty and staff hires; reduction and resignation of employees; and the hire of two new coaches, Clay Eastly as head football coach at McMurray and Kyle Martin as head football coach at the high school.

Also approved were an Interlocal Agreement with the Vashon Park District regarding use of facilities and grounds; and Policy 1441, a formalization of guidelines for the public addressing the Board at meetings.

The next regular School Board meeting will be on **Thursday, June 23rd, at 7:00 p.m.** in the Vashon High School library.

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Spiritual Smart Aleck

by Mary Litchfield Tuel



I Have All Day

So we went to California, and we celebrated my husband Rick’s birthday.

It was a quick trip – two days down, two days there, two days back. We spent a night in a motel from hell in Southern Oregon. We had one of those Abbott and Costello exchanges with the desk clerk when we checked in:

“You want smoking room?”
“No.”
“Smoking?”
“No.”
“Do you smoke?”
“No. Well, my husband does, but not inside.”
“Smoking room.”
“NO.”

He gave us a smoking room. Chastened but not discouraged we headed out for the redwoods the

next morning. For us, the whole point of driving to California, besides getting where we are going, is driving through the redwoods. We made it to Sonoma in time for a late dinner with Rick’s folks, Mark and Diane.

The day of Rick’s birthday arrived, and in the afternoon, so did the guests. Rick was expecting a couple of people. He was expecting his high school buddy Jay, but he was not expecting Jay’s wife Janet, Jay’s brother Gary and wife Sarah; he was expecting dear friend Susi and her sweetheart Ron, and my cousin Nancy; he was not expecting Nandi Devam (formerly Terry MacNeil – long story), whom he hadn’t seen for over forty years; Elizabeth Tullis, whom he hadn’t seen for over twenty years; or Charly Franklin, whom we hadn’t seen for, uhm, I forget how many years. The people walked in was worth the drive, and the lousy motel, and the weeks of planning.

On Monday morning we went to a Memorial Day celebration in Sonoma. A retired general spoke.

Folks, if you want to meet a genuine pacifist, talk to a war vet, especially one who has seen people die for following his orders, as this man had. These are people with the deep and true grasp of the price of war.

We came home, and now we’re getting back into life as usual, which means life with a three-year-old. This morning she decided to put sugar in her Fred Flintstone cup, probably in imitation of her dad, who pours sugar into his coffee. About half a cup of sugar ended up on the kitchen counter and the kitchen floor (for the record, none went into her cup).

When I walked in she was having second thoughts and when she saw me she quickly stepped into the pile of sugar to hide it. Not a successful ploy, but I admired her chutzpah.

Somewhere she has heard someone say, “Come on! I haven’t got all day!” We’re pretty sure that’s what she heard, but what



she now says is, “Come on! I have all day!” When has someone said to you, “I have all day?” Every time she says it, it touches me deeply and I feel terrific.

I spend a lot of time thinking about getting older these days. On our way to California Rick and I talked a lot about planning our end game. With things like retirement and wills on my mind, I love the way it feels to say to my grand daughter, “Come on, I have all day.”

Try it. Just roll it around your mouth and see how it feels. Come on. I have all day.

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Don't Forget the Birds

By Ed Swan

Hummingbirds Having Babies

Ralph Moore recently sent me the accompanying photo to this article of Rufous Hummingbirds sitting on their nest. June is right in the middle of breeding season with migrant birds busy on their nests or feeding young while some of the year-round birds might be getting ready to start a second brood. I'm always interested in news and photos of birds nesting, so I appreciate this hummer photo. I'd like to hear if anyone has any Anna's

come. One of the reasons Anna's Hummingbirds can over winter here is that they eat insects more than any other North American hummingbird. These birds aren't found far from human habitation and the feeders and exotic plants that come with it but the additional food resource of bugs helps them make it through the winter if the human related resources slack off a bit.

The Anna's Hummingbird is superficially similar to the Rufous but close observation shows a number of obvious differences. Anna's are larger by about a half inch overall. They show none of the reddish brown that gives the Rufous its name and that appears on both female and male of the Rufous Hummingbird. Both male and female Anna's Hummingbirds are light grey/white below and green above. The male has a red/purple

chin, forehead and crown. Male Rufous Hummingbirds show a bright to dark red-brown back, sides and front, depending on how the light hits them, with a bright, ruby red throat. The throat may appear dark, almost black when the light doesn't reflect off the iridescent feathers. Some males show varying amounts of green on the back. Females are green above, white below with light brown sides and brown and black tales. The telling factor between the two species is the brown color that both the male and female Rufous possesses.


Rufous Hummingbirds can be a real favorite for their behavior as well as their bright colors. The males are

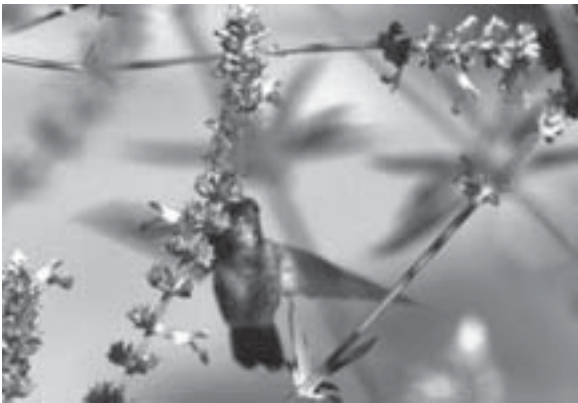
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Jim Rosso photo of Anna's Hummingbird

Hummingbirds nesting still. Call me at 463-7976 or email at edswan@centurytel.net if you have any breeding birds to report.

Anna's Hummingbirds are Californians that have come north as more people have put out hummingbird feeders and have planted exotic plants that bloom at all times of the year. The first appeared in Seattle in 1964 with the first breeding record coming from Tacoma in 1976. They now are seen as far north as Alaska. Over the last few years, the Vashon Christmas Bird Count averaged 30 Anna's Hummingbirds counted. If you keep your feeder up after the summer around here, Annas will eventually

quite territorial and will fight to keep others from their favorite flowering bush or feeder. Any speck of bright red will attract them, whether they are looking for food or chasing off a potential competitor. They'll inspect a scarf an inch from your face or check out the bright red toy fire truck on the lawn. Many times I have had them land two or three feet away on the branch of a shrub in order to get a bath as I watered a plant. Both male Rufous and Anna's Hummingbirds



Rufous Hummingbird photo by islander Ralph Moore

make loud, J-shaped power dives past the female that they are wooing. The Rufous is heard mostly as a loud buzzing sound as it flies around but the Anna's can also be heard making a loud chittering song from a branch.

While Anna's are generally found around human habitation, the

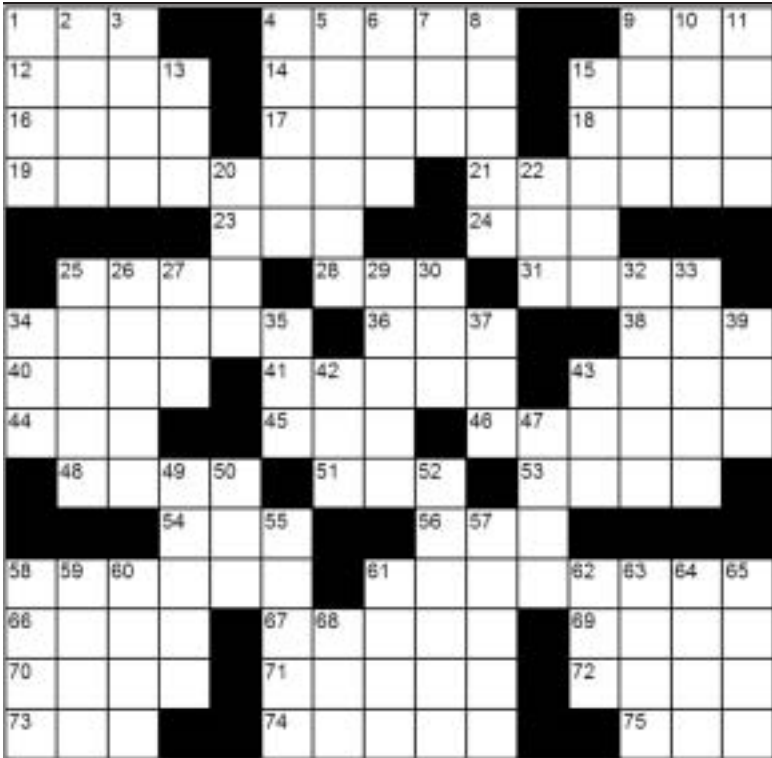
Rufous Hummingbird is a habitat generalist. They live off a variety of flowers from the shoreline up into the mountains, in open shrubby areas and both deciduous and coniferous forests. Besides adding insects to its diet, the Rufous Hummingbird will also drink sap from the wells created by Red-breasted Sapsuckers on tree trunks. These wells not only provide sap but attract insects for the Rufous to glean.

The arrival of the Rufous in spring is usually timed to coincide with the flowering of the pink salmon berry or currant flowers.

When feeding the hummingbirds, use a feeder already colored red and don't add food coloring to bird food, as some of the coloring ingredients possibly harm the hummers. Make sure you clean the feeder each time after it empties. When making the food for the

hummers, boil sugar and water at 1:1 ratio for a minute or so and then add 4 parts more cold water. So for example take a half cup each sugar and water, boil, then add two cups cold water. Any more sugar in the water is too rich for the hummers and can harm them.

00000



Across

- 1. Big truck
- 4. Style of Greek column
- 9. North by west
- 12. Opera solo
- 14. Sporty car brand
- 15. Festive
- 16. Chafe
- 17. Three masted Mediterranean boat
- 18. Smell
- 19. Not now
- 21. Pointed
- 23. Hoopla
- 24. Unusual
- 25. Doctor's picture
- 28. Sticky black substance

- 31. Baby powder
- 34. Forest opening
- 36. Brand of non-stick spray
- 38. Bow
- 40. Tides
- 41. Gorge
- 43. Preparation (abbr.)
- 44. Spider's net
- 45. Compass point
- 46. "you're getting on my ___!"
- 48. See ya!
- 51. Chart
- 53. Eagerness
- 54. Nervous system
- 56. Hearing part
- 58. Part in front of the ankle
- 61. Richly

- 66. Treaty organization
- 67. Tree product
- 69. Canal
- 70. Russian ruler
- 71. Ice house
- 72. Royalty
- 73. Rowing tool
- 74. Treat
- 75. Cosh

Down

- 1. Prego's competition
- 2. Iraq's neighbor
- 3. Golden
- 4. Groggy
- 5. Wildcat
- 6. Jewel
- 7. Wrath
- 8. Chocolate tree
- 9. Nothing

- 10. Blob
- 11. Item for sale
- 13. Boxer Muhammad
- 15. Type of cheese
- 20. Condiment
- 22. Central daylight time
- 25. Three masted Mediterranean boat
- 26. Spiritual leader
- 27. Advertisements
- 29. Sleep disorder
- 30. Newspaper


- 32. Worm-like insect stage
- 33. Fish basket
- 34. Kitten's cry
- 35. West by north
- 37. Women's partners
- 39. Cycles per second
- 42. Large computer co.
- 43. Before (prefix)
- 47. Jewish scribe
- 49. Performer
- 50. Less than two
- 52. Phase

- 55. Small bunch of flowers
- 57. Nag
- 58. Not out of
- 59. Rocket builders
- 60. Heavenly light
- 61. Capital of Norway
- 62. Ball holder
- 63. Long time periods
- 64. Italian money
- 65. Bark in pain
- 68. Self

Solution on Page 19

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Island Life

Text & photos by *Peter Ray*
Close Up

When one is out and about in the world, it is always good to remember that closeness can be broken down into two categories—flower and s-flower. For those who may be scratching their collective heads now, it might be prudent to add that this is the case in the iconography and corresponding picture snapping functions of my trusty digital photo companion. Why there are two stages one must go through in order to render all things Lilliputian as something more than specks or blurs is still somewhat of a mystery. I'm sure it has something to do with optics. And since I do have my 1.50 glasses for reading and a pair of 3.0 glasses for locating troublesome and minuscule splinters and thorns and other small objects that now might as well be subatomic particles, I guess two stages of magnification do make some sense. One has to remember though, as if the blinking and red lightning icon would let one forget, that in the first stage of camera closeness you still have flash capabilities. Once you are into the next and final stage of up close and personal, the flash will no longer properly light your subject, so it is automatically disconnected and it's up to available light and a steady hand to ensure that prize-winning crispness of vision—if that is indeed what you're after.

There are times, however, when blurring for effect has its advantages. As lines soften and colors merge, what was once a sure and obvious thing now becomes something of a mystery. As one moves from Photo-realism to Pointillism to Impressionism to Abstract Expressionism, one not only gets overwhelmed by the vast array of -isms, but one also finds a much broader range of possibilities in both the creation of a given image and the interpretation of what said image is all about. Such is the case with our first postal picture this time. I believe I had the camera in s-flower function here, even though there was nothing of a botanical nature in sight. Upon first glance, one recognizes a collection of faces, but is not immediately certain of their size or make up. Because of the shadowing, they could almost be statuary, but then one notices the calligraphy of sorts across the top of the frame. I tried cropping it out, which does add to the mystery, but I like the kind of television titling twist it adds to the curiosity. In truth, I'm reluctant to give up the element of mystery here, but if you want a hint,



I shot this while walking through the deli department at Thriftway.

Our second image does contain a flower and was also shot in the s-mode. I made this picture for two reasons. The first was because I wanted to see what could be recorded in full, blaring midday sun, since most garden photo rules tell you to shoot in early morning or evening light for the warmest tones and softer shadows. There is something, as well, about the screaming intensity of the magenta flowers of *Lychnis coronaria* that is both jarring and pleasing at the same time. The berries here are on a *Nandina*, or heavenly bamboo, and their redness next to the *Lychnis* magenta make for a combination that might lead to headaches and nausea in those of more delicate sensibilities and whose garden palette aspirations tend toward the pastels. In looking at the print, I think the colors and the brightness of the light pushed the edge of the digital envelope, but it is always good to know where those limits make their stand.

There is also a close up story this time with no corresponding image since it would have required a video feed to make any sense. I have told the tale a few times, and have enjoyed the tactile response it evoked, so here goes. I was kneeling in the dirt the other day while bashing at some concrete with a four pound mallet and a brick chisel — there is no need to say why. It was something that needed to be done, but not all at once, so I resolved to do a little each day. After pounding away for a few minutes and chunking off a fair bit from the base, I called that good for the day and stood up and started walking to the next task. I began to notice what seemed to be something crawling around in my beard so I

stopped and brushed at it till I didn't feel it anymore. It was then that the crawling sensation registered along

What a difference a day makes



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my scalp, so I scratched and brushed there too to get it to stop. It wasn't long before the creeping-crawling was noticeable in all sectors, so I began to flail and stomp and brush wherever I could. It was at this point that I first looked down.

What I saw were patches of light brown all over my t-shirt and up and down my pants legs, with very small brown dots rushing all about in between. They were not biting, just running about and clustering, which made brushing them off a bit easier. I peeled off my shirt and shook and brushed at them from both the inside and the outside. There was a good deal of brushing and stomping and scratching for the better part of a half hour when I finally got to the point where I could ignore the stragglers that were left until I could get home to the shower. Before leaving, however, I had to wander around and see where they had come from. As it turned out, the sun-baked surface of the amended soil all around gave no indication of the grain-of-sand sized

invaders. Scratching the soil surface with the toe of my boot exposed moister environs, and within a few seconds the subsoil began to crawl with little brown dots.

Apparently these are beneficial mites, responsible for breaking things down in the soil. As near as I can figure, they seem to have gotten quite happy with the diet of okara and bark they were given. I have never seen this before, and

hope not to experience it again any time soon. If any one else has had a similar experience, I'd be interested in hearing about it. As for the rest of you, you're just imagining that crawling feeling. You don't have to thank me for sharing.

There are two postcards this week, one buck for each one. Or if you'd like, send any amount to receive these cards and more in the future. Please specify if you would like to receive them as individual postcards, or get them in a packet to send out yourself. Make sure you include your mailing address. Send all requests to 10322 SW 165th St., Vashon Island, WA 98070. Mites not available for shipping. ∞∞∞∞

Garden Design
by
Peter Ray

~ Consultation
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The Film Thing

By Peter Ray pgr42@worldnet.att.net

Star Bores

A long time ago, in a theater far, far away, I was surprised and amused. It was the Summer of '77 and I was cloistered away at a craft school in the North Carolina mountains. This cloistering was of a secluded, as opposed to monastic, sense. My revered objects of meditation were my Nikon FTN, and a stack of Stroh's beer cases in the corner of my room. At the time, the Penland School of Crafts was in a dry county, which meant that in order to keep that stack current, one had to drive over the border to Tennessee or into places like Asheville to stock up. As it turned out, I became one of the school drivers, and along with food supply trips and/or students flying in and needing to be picked up at the airport, I also made a few beer runs in my time at the wheel.

We got our news out there mostly through the new students that came in every two or three weeks as the sessions changed. As one flush of new blood came through, all the buzz was about this *Star Wars* phenomenon that had swept the country. I had heard rumors that Star Trek was possibly going to return as a big screen epic, so I just assumed that that was what all the clamor was about. I was early on one of my runs into Asheville one day, and saw a movie marquee waving the *Star Wars* banner, so I stopped for a screening. While standing in a fairly short line for a ticket, I puzzled at the figures portrayed on the movie poster in the window. Who was that guy with the glowing sword thing, and what's up with the dress and the hairdo buns on that woman next to him? In fact, nobody on that poster looked anything like Spock or Kirk or Bones and I found that quite odd.


As the theater darkened and the story line scrolled off into deep space I knew I wasn't in Kansas or North Carolina or on the starship Enterprise anymore. And, as robots beeped and Wookies yarled and Han Solo wisecracked, I laughed and noted that nobody else in the darkness was laughing with me. I noticed a similar lack of laughter at the screening I attended of the latest and (thankfully) last gasp of the Star Wars marketing tsunami. Hopefully

George Lucas finally has made enough money so that he won't have to be bothered with playing with his computers anymore, at least as far as this "epic" is concerned. For the most part, *Revenge of the Sith* left me less than amused. I found myself looking at the ceiling during one of the "exciting" battle scenes and remembering the words from an old Monty Python skit that went sort of like: "...what a tragic waste of human life..."

Earlier in the Blockbuster Season and just as the Sith were about to take their revenge, the word in the media was that George Lucas had inserted some barbed political analogies into this last episode. While there were some comments by the evil Lord Palpatate (or was it Palpatine?) that sounded something like statements often uttered by the Bush administration, it should be noted that these were things that any power hungry dictatorship might spew forth, so I don't quite get the surprise here. The more troubling, or some might say darker, sides to all of this are some of the less obvious portrayals and implications.

While in the first manifestations of this saga we found Luke and Han and Leia getting down and dirty with the groveling masses, here we find ourselves mostly in the realms of the power elite, whether it's at the Temple of the Jedi, or in the Mad Hatter's tea cup party ride meeting place of the Supreme Senate. We never really see anything about the people here. Even the battles are fought mostly with droids, which I suppose could be construed as a weakly barbed commentary on our administration's view of our military combatants in Iraq, if one wanted to stretch things a bit.

I also have a hard time with the city of the future view shown here, even if it was a long time ago. (Is THAT where Back to the Future came from?) Unlike in *Blade Runner*, or even a leap back to Fritz Lang's *Metropolis*, where the dirty under belly of the human condition is laid bare, all we see in Sithland is the gleaming, over congested pinnacle of progress and Big C civilization with apparently none of the problems we are currently struggling with in our aspiring,



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relative primitiveness. I'm sure Mr. Lucas has at least a few trees at Skywalker Ranch to use a template — they can't be that hard to fit into the CG scheme of things.

There is other stuff of interest, like how the rebels here are pretty much always the good guys. What if instead they had been known as the insurgents — would there then have been an impossible conflict between TWO dark sides, and could there then have been some sort of unholy alliance in the works? Perhaps this is just too much information, and we should just return to a simpler time where *Batman Begins*. Holy Prequel Robin, what is going on here?



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Dating on an Island

by Jessie Preste



I learned two important things this week. One, never wear accessories depicting one part of an animal (in this case, a carved wooden whale tale) to your friends’ house who have a three year old daughter, as a lengthy conversation will ensue as to why you have only one bit of the animal and where are its other bits? And two, miracles do happen; i.e: pet-sitting for a dear friend who is gone to Europe, having her favorite cat do a runner after three days and suffering innumerable heart palpitations in the ensuing two weeks, only to find said cat two hundred yards away from your neighborhood. The longer you live, the more you learn, I say.

Speaking of which, used to be, when I was in my 20’s or so, it seemed like you couldn’t swing a cat (Oops! That was just wrong.) without hitting a potential suitor. Of course, that was due to the fact that I was surrounded by my peers in college and at entry level jobs. Now however, in the slightly more convoluted and oft recycled dating arena of the Rock, sometimes it behooves us to look further afield—like cyberspace!

In continuation of last issue’s theme, the singles’ group discovered some interesting things about on-line dating sites at our get together last week. So, if you don’t wish to tromp around on the Web looking for info, we’ve got a handy do’s and don’ts list right here.

First, decide which and how many sites you wish to try out. All the info sites we looked at recommended making sure you pick a popular site so as to get your information out to the greatest amount of people. These would be sites like Match.com and the Yahoo Personals. What is nice is that many sites also offer free trials before you have to spend any money, so you can explore a little bit.

Next, once you’ve decided which site, or sites, you’d like to try, it’s time for you to become a writer! Many of us find it difficult to write with any aplomb about ourselves, but we also found some great tips for what to do and what not to do when writing your on-line profile. For example, which of these segments of ads tell you more about this person?

“I am a witty, warm, creative person with a great sense of humor, adventurous, and love to travel.” Or,

“Traveling has always been a passion of mine, and if there is some interesting historical or geological formation to climb, it’s even better. From Diamond Head in Hawaii, to the castle at the end of the Royal Mile in Edinburgh, to The Great Wall outside of Beijing are just some of the places I’ve explored. I still try to have an adventure every couple of years, but having ties here of home, pets, and family keep me from wandering

off for too long. Part homebody, part adventuress; an idea of a perfect 2 week trip is riding the Orient Express through Mongolia, or volunteering to help at an archeological dig somewhere, ANYWHERE!”

Now, which one is more descriptive? If you can take a plain adjective, “adventurous,” and create a story around it, people will have a lot better idea of where you are coming from.

Most of the websites say to be honest, be sincere, use specifics and actually write how you speak. Figure out what sets you apart from the rest and use it to your advantage. Avoid regular lists of adjectives, and focus more on narratives that show others part of your character. Keep sexual innuendoes out of your profile for a good first impression. If you wouldn’t say it to a handsome stranger at your Aunt’s barbeque, keep it out of your profile. And don’t be negative! Keep a positive upbeat tone. Tell prospective datee’s what you like, not what you don’t like. Sound too commercial for you? Well, the sites do point out that there are a lot of people out there, and to make a good first impression is important. If a mutual contact is set up, then you can always email for more of the deeper issues.

Also, most profiles have something called a tag line to catch readers’ attentions. Tag lines run above the ads and are displayed with your picture when you do a search. For goodness’ sake, please check your profile after posting your profile to make sure your entire tag line is there; otherwise you may end up with, “I always stop and smell” instead of “I always stop and smell the roses.” Make sure your tag line says something about you. Me, I’ve already decided on my new tag line, “It’s Like an Onion, Donkey!!” Eccentric, perhaps, but I know somebody gets my sense of humor if they respond. (It was either that, or Valkyrie In Training.)

Oh, and one more thing, post a picture. NOT one of those “hand held do it yourself and try not to look as if your arm isn’t reaching out as far as it can to take the picture” ones. I realize that some people feel weird about putting a picture up, but statistically you have a better chance of being on someone’s search if you do.

Good luck if you want to try posting a profile, or just wander around exploring the sites for awhile. Just another option for us on the Rock. If you have any questions or ideas, please write to me at jessiepreste@hotmail.com. Quote for this week: “If I had to live my life again, I’d make the same mistakes, only sooner.” — Tallulah Bankhead.

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THE DORSAL SPIN: Cute Killers

By Orca Annie Stateler, VHP Coordinator



Several Islanders asked me about the Seal-Be-Gone squad of six Transient orcas that have been cruising Hood Canal since January 24. *The Kitsap Sun* and *The Seattle Times* recently printed articles about their extraordinary visit.

Researchers estimate the orcas have culled up to 700 harbor seals, which might be 50% of the canal population. The whales occasionally harass birds such as mergansers and grebes. Mark Sears photo-documented a withered octopus in Dabob Bay that the Transients almost certainly munched.

“This length of stay by Transients has never been documented anywhere in the world,” said Steve Jeffries, a state Department of Fish and Wildlife marine mammal biologist, in the May 29 *Seattle Times* article “Hood Canal orcas lingering, feasting.”

These killer whales are regulars in Southeast Alaska. They are a young group. The two mothers, T71 and T124A, are twenty-somethings. They each have two offspring: T71A, about ten years old; T124A1, about nine years old; T71B and T124A2 are both about five years old. Ages are approximate because Transients are not always observed every year. The smallest whale looks younger than five to me.

One exquisite day in April, Odin and I had a blissful encounter with these Cute Killers. Thick morning fog shrouded the lower canal when we stopped at Twanoh State Park to exercise Stogarita, our canine field assistant. We admired the horned grebes in bright orange breeding plumage (that orange looks like a dye job) and the common loons doing courtship displays.

As the fog began to break up, we noticed two harbor seals hugging the shore in two feet of water. They stared at us with their deep, appealing eyes. We jokingly asked them where to find the orcas.

Suddenly, I heard blows, and when I looked toward Union, I saw a killer whale porpoising out of the water. Sweet! Soon I saw other orcas milling, apparently jazzed about sharing a kill. The canal was quiet enough that we could hear their above water vocalizations, the unmistakable, haunting calls of Transients.

We observed the orcas for nine hours as they splashed and meandered north in Hood Canal, unmolested by boats. They toyed with birds at the Skokomish delta and investigated every cove. They were remarkably exuberant and tactile. The youngsters rolled and wrestled with each other. They often appeared to be messing around with something underwater, possibly octopus.

Seemingly nonchalant about alerting every seal for miles, the Cute Killers spyhopped, breached, and slapped their pecs and tails. Watching these fascinating visitors for so many hours was a great privilege. They never gave us the slip.

From BC to Baja, the Transients I have observed are typically reticent until they make a kill. The whales in Hood Canal defy the Transient stereotype.

Does their extended stay indicate abnormal behavior? Researchers have mixed opinions. Now that boating season has started, Hood Canal is no longer an ideal place for the orcas to hunt. The seals are beginning to wise up. The halcyon days for the Cute Killers may soon end. We will miss them when they leave.

PLEASE REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041.

For six years, the American Cetacean Society/Puget Sound Chapter (ACS/PS) has proudly co-sponsored OrcaSing, a solstice concert for J, K, and L Pods, held at Lime Kiln State Park on San Juan Island. This year’s event starts at 2:00 p.m. on June 18.

The City Cantabile Choir, led by former ACS/PS board member Fred West, performs for the Southern Residents at OrcaSing. The orcas respond in surprising ways. Every concert yields different results. Unlike last year, all three pods are around, so this year looks promising. Other OrcaSing sponsors include People for Puget Sound and The Whale Museum. Visit the News section at www.whalemuseum.org for more information.

Contact Orca Annie at Vashonorcas@aol.com or 463-9041.

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Positively Speaking

By Deborah H. Anderson

I've been playing the song over and over again every time I get in the car for a week now. There are a few more days until the funeral for me to keep playing it. Yes, I know I already wrote about when my cousin Connie died and living each day as a gift. But this friend named Jane, who just died on her living room couch after going out to dinner with her husband, deserves special mention as well.

There was no warning. No illness, no complaints. He left the room for ten minutes and when he came back in she was gone.

Jane was part of the third floor Olney gang. There are about a dozen of us. If you know Mills College for Women you know that's a freshman dorm now. But once upon a time, there was a variety of ages and stages of women growing up in that place.

We mostly kept ourselves out of trouble with the guys from Delta Sigma Phi at Berkeley, and supported each other in our struggle toward adulthood. As we have all said this week, Jane was the best of us. We all have had the same thought. Any one of us should have left this planet first, but not Jane.

She was a consummate musician, playing left handed guitar even though she was right handed, because her brother who was left handed taught her how to play. She also played incredible keyboards. Hour after hour, Jane would sit on her bed playing for us like a jukebox as we called out songs. My favorite was "Blackbird" by Paul McCartney.

Jane kept me spiritually alive during that time. She is singlehandedly responsible for me doing what I'm doing right now. Her family was what the world would call conservative Christians. The way Jane lived her life, she made it seem radical. Radically loving, and powerful and life changing. Every week she would ask me if I wanted to go to her little church in a converted house in the hills of Oakland on Wednesday nights. Many weeks I said yes. Fortunately I wrote the letter a couple years ago that

told her the positive effect she had on my life. There is peace in that.

Hundreds have come in her lifetime to see God in a new way. A joyous way. Her laugh, her quick wit and her genuineness disarmed any negative opinion of what Christians were like.

The song that I found came from a musical about the Wicked Witch of the West and Glinda. I happened to be learning it when I heard the news. It has consoled me all the minutes I cannot be consoled because it is what I would say to Jane. I say it to her now in the heaven in which she believed she would be eternally. It's a spiritual oxymoron, but God works that way sometimes. I'm going to write out the lyrics and then I'm going out to Northgate to hug one of the Olney Twelve who "just happened" to fly in from Hawaii today to visit the mainland for a while.

When the world went mad in the late sixties and the early seventies, there was a woman named Jane Cunningham Lisenbardt who changed many women just by singing to them and being their friend — like a handprint on our hearts.

∞∞∞∞

Tell someone today they changed you..."For Good"

I've heard it said
That people come into our lives for a reason
Bringing something we must learn
And we are led
To those who help us most to grow
If we let them
And we help them in return
Well, I don't know if I believe that's true
But I know I'm who I am today
Because I knew you:

Like a comet pulled from orbit
As it passes a sun
Like a stream that meets a boulder
Halfway through the wood
Who can say if I've been changed for the better?
But because I knew you
I have been changed for good.

It well may be
That we will never meet again
In this lifetime
So let me say before we part
So much of me
Is made of what I learned from you
You'll be with me
Like a handprint on my heart
And now whatever way our stories end
I know you have re-written mine
By being my friend:

Like a ship blown from its mooring
By a wind off the sea
Like a seed dropped by a sky bird
In a distant wood
Who can say if I've been changed for the better?
But because I knew you
I have been changed for good.

I do believe I have been changed for the better.
Because I knew you, I have been changed for good.

Good bye Jane. I love you.

**For Good," ©Kristin Chenoweth

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Bedroom Community

Continued from page 1

strategies for Vashon-Maury Island with the help of CEO Praxis, a community and economic development company that is credited with helping Wenatchee hit its economic stride. CEO Praxis helps a community identify its competitive advantages, create a strategic plan, and attract appropriate industries. The CEO Praxis philosophy is in part "to reconsider and reconfigure the way we think about 'economic development' and, especially, to liberate the concept from the straitjacket of strict reliance on growth, particularly....population growth."

This proposal has the support of the Chamber of Commerce, the Community Council and the recently formed business group called Sustainable Vashon. Islanders are invited to attend a meeting of the Chamber of Commerce on Thursday, June 16 at 5:30 at Courthouse Square to learn more.

∞∞∞∞



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Sexual Assault

Continued from page 1

basement apartment, woke from sleep with a silhouetted man coming toward her. When he ignored her stern, “Who is it?” and touched her, “hushing” her at the same time, she screamed bloody murder and kicked him so hard she propelled herself across her bed. Thank God she grew up with two brothers.

When he fled and we ran downstairs, she was already dialing 9-1-1 on her cell phone. Wait a minute – this is Vashon, right? Where people have lived here for 30 years and never locked their doors. What I didn’t know then is this was not the first time it had happened that winter. There was no press, but it was here and it was happening to us.

Two months later, a rapist was identified in the *Beachcomber* as having been arrested. Although my daughter couldn’t identify our intruder and the King County deputy who responded refused to dust for prints because my husband had walked through the garage to make sure the intruder was gone, she knew the rapist in the paper. He was a man who had worked for a contractor she had been dating off and on. He had also visited our church.

I was frustrated at our lack of responsibility for personal security, something we had practiced religiously everywhere we’d lived until coming to Vashon. It was frustrating to me that because of the nature of the crime, only a small percentage (16-28%) of rapes are reported to law enforcement. Since medical providers are not allowed to divulge personal, confidential information of this kind, how does the warning get out to the rest of us? It doesn’t.

“Stop the Silence,” reads a billboard on the West Seattle Bridge. “It’s never too late. **Call 888-99-VOICE.**” You may see the same message in public restrooms around the island. The King County Sexual Assault Resource Center’s aim is to get the word out. What word is that? There are FREE resources available for people who have been sexually assaulted — that’s what! According to the FBI’s Uniformed Crime Report, there were 2,864 Washington victims of forcible rape in 2003. Every 90 seconds, nationwide, a person 12 or older is the victim of a sexual assault; that was the finding in a 1999 Dept. of Justice survey quoted by www.stopfamilyviolence.org.

It’s the least favorite topic of discussion among polite company. It’s the difficult issue with which we feel least qualified to assist a dear friend; the uncomfortable subject for a heart-to-heart with our children. And it’s the dark historical fact in many of our families of origin. It’s the liability issue with a big “L” for responding medical services. For differing agencies with separate agendas, mandates, applicable laws and reluctant victims, it’s a complicated dance. We had better learn the correct steps to if we want to stamp it out.

Who is most at risk? The National Violence Against Women survey (DOJ, November 1998) found that 83% of women victims were under the age of 25; 51% between 16 and 21. Chances are you know a few young women that age. And women aren’t the only victims—11% were men in the same

study. If that number seems insignificant, please realize that percentage amounts to 32,700 men in the U.S. each year.

According to Fire Chief Jim Wilson, if an assault happens and is classified as spousal, parental or elder abuse, then agencies responding for medical care are mandated by the state to report it to law enforcement immediately. But what about a criminal act by a stranger? Considered by law enforcement to be an aggressive act dangerous to public safety, stranger rape is not mandated for medical providers. The medical provider’s focus is twofold: Assist the victim physically and retain confidentiality.

So who can warn us of dangers in our community? Detective Sergeant Dave Jutilla of King County Sheriff’s Office explained that when working an active investigation, law enforcement can issue crime bulletins and distribute them throughout a neighborhood. The focus of law enforcement is to protect evidence and to locate, arrest and charge the suspect. With only approximately 16-28% reported to law enforcement, however, sexual assault remains the least reported violent crime.

So what is the focus of the King County Sexual Assault Resource Center (KCSARC)? According to Lindsay Palmer of the KCSARC—you! They have a whole bouquet of services designed to be free, confidential and aimed toward helping the victim, whether or not law enforcement responded and whether the assault was recent or in the past. They offer a 24-hour Sexual Assault Resource line (**888-99-VOICE**); individual and group therapy; client, medical and legal advocacy; and educational presentations for parents, teachers, schools and community groups plus literature. There is a website, www.kcsarc.org, or you can contact Ms. Palmer at 425-282-0353; or email lpalmer@kcsarc.org. If you need to talk to someone local, check out IDVOS online at www.idvos.org or give them a call at **206-463-STOP**. They can get you emergency services and refer you to local providers as well as the KCSARC.

Someone who also helps bring attention to the problems of domestic violence, including sexual assault, is Deb Pierce who tours with a group of local women putting on a theater production called Stages of Healing. The local group has appeared in Redmond, Bellevue and other cities for churches, civic groups, medical and law enforcement professionals. She can be reached at: debstages@yahoo.com to book an event.

So what happens if you are assaulted and you don’t report it? Nothing. Your neighbors aren’t warned and other people become victims. Law enforcement can’t try to locate the perpetrator, so he (99% of the perpetrators are male) isn’t caught and continues his life of violent crime. You remain with hurting wounds, confusion, and questions of what to do next. And if you don’t get the help you need, you can’t prevent it from happening to the next generation in your very own family. You owe it to yourself to learn how to stop hurting. So call. Do it today. □□□□□

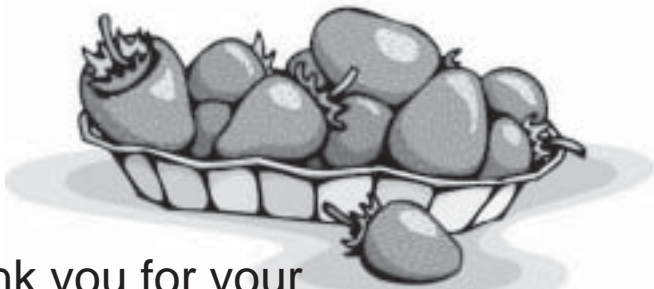
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SERVICE Above Self

Set Sail for Tall Ships Tacoma Festival

The Tall Ships Tacoma Festival will take place on the Thea Foss Waterway from June 30 through July 4. Thirty vessels, ranging in size from the 23-foot *Bounty of Krister* to the 356-foot *Pallada*, will be docked along the waterway, which is adjacent to Tacoma’s revitalized downtown and new museum district. The public will be able to view the traditionally built sailing ships, as well as other historical vessels, from a mile-long pedestrian walkway.

On June 30, the ships will approach Tacoma in a spectacular **Parade of Sail**. The honor of leading the parade goes to the vessel that will have traveled the farthest – the *R. Tucker Thompson*, a schooner from Whangarei, New Zealand. Puyallup Tribe canoes will greet the visiting ships with a welcoming ceremony, beginning at 3 p.m. Crewmembers from the aircraft carrier *U.S.S. Abraham Lincoln* will be on the docks to assist the ships as they enter the Foss Waterway.

From July 1 - 4, the ships will be available for viewing from 9 a.m. to 5 p.m. Onshore activities and entertainment include a treasure-filled **Merchants Market**, delicious **international foods**, **beer gardens**, **boat-building demonstrations**, an encampment of **Civil War re-**

enactors, swashbuckling fun from the **Seafair Pirates**, **live music** and a number of arts activities, including a community **sidewalk chalk-art project** at the Tacoma Art Museum and a **mermaid-making workshop** at the Museum of Glass. The festival will culminate in **Freedom Fair**, Tacoma’s Fourth of July celebration that features a **critically acclaimed fireworks display** over Commencement Bay.

Tacoma Tall Ships and Freedom Fair are free to the public. Tickets to get an up-close look at or tour of a select group of vessels are \$10 per person per day. Children 10 and under are free with a ticketed adult. There are separate charges for some festival activities. Three-hour **Day Sail Adventures** are available as well as a **Cannon Battle Cruise**. There are limited opportunities to view the Fourth of July Fireworks show from the deck of a Tall Ship. Tickets may be purchased on-line at www.tallshipstacoma.com or by contacting the Tall Ships Tacoma office at 253-682-1446.

The Tall Ships Tacoma Festival is part of the American Sail Training Association’s Tall Ships Challenge, a series of timed races from port to port. Many of the vessels are floating classrooms to teach new generations of sailors how to live before the mast and to give the public a glimpse of the glorious sailing ships of the past.

Tall Ships Set Sail from Quartermaster Harbor

Continued from page 1

Vashon’s own Bounty of Krister is also participating. The Bounty is a 23-foot long boat that is a replica of Captain Bligh’s ship in Mutiny on the Bounty. Bounty Captain John Burke, with his years of maritime and military experience, was recruited by the Coast Guard to serve as Facilities Security Officer for the ships’ gathering in Quartermaster. Captain John provided an anchorage diagram for the vessels, and also reported that he had the honor of completing 44 pages of paperwork required by Homeland Security. The ships will all be anchored out, except the Lady Washington. She will be docked in Dockton, though not open for tours. People who are interested in touring the thirty ships and participating in the other festivities that are planned (see press release elsewhere in this issue) will need to travel to Tacoma on a historic Washington State Ferry for the Festival, which runs from June 30 to July 4.

If you can’t make it to Tacoma, be sure to check out the ships in the harbor, both Wednesday afternoon and Thursday morning when they set sail for Tacoma to participate in the kick-off Parade of Sails. It is bound to be a sight that shivers your timbers. ○○○○○



PARTICIPATING VESSELS

Adventuress Originally commissioned to gather Arctic specimens, *Adventuress* now sails to increase awareness of the majesty and vulnerability of Puget Sound. Since 1989, Sound Experience, a nonprofit environmental education organization, has provided hands-on education aboard *Adventuress* in response to the area’s urgent environmental issues.

Army – Air Force P520 P520 is a fully restored crash boat originally built in 1944 to support air operations at Tacoma’s McChord Field and was stationed at the Point Defiance Boathouse during World War II. P520 is currently owned by the Army Air Force/U.S. Air Force Crash Rescue Boat Association.

Bill of Rights The Bill of Rights is a top sail schooner owned by the Los Angeles Maritime Institute (LAMI). The ship is leased and operated by Grays Harbor Historical Seaport Authority of Aberdeen, Wash.

Bounty of Krister Owned by the Vashon-Maury Island Maritime Heritage Society, the 23-foot long boat is a replica of the vessel on which Captain Bligh was set adrift in “Mutiny on the Bounty.” Smaller navigational vessels, such as the Krister, would normally be carried by a tall ship between its masts and were commonly used by captains Puget and Vancouver as they mapped and navigated their way through the nooks and crannies of the Pacific Northwest’s coastline.

Charles N. Curtis An award-winning 80-foot motor vessel, the Curtis is part of a fleet of small boats used to teach seamanship skills to Tacoma-area youth.

Coast Guard Cutter-83527 While on active duty with the Coast Guard from 1945 to 1962, the 83-foot cutter/patrol boat *CG-83527* was stationed in Tacoma and provided patrol, search and rescue services in the south Puget Sound area. The cutter was built in Brooklyn, N.Y. during World War II and is the last of the wooden Coast Guard cutters still in its original military configuration.



The Cuauhtémoc

Cuauhtémoc The training tall ship *Cuauhtemoc* was built in the Celaya shipyards (Bilbao, Spain) and was completed in July 29, 1982 when it was delivered to its first crew, the Mexican Navy.

Cuauhtemoc, known as the Ambassador and Gentleman of the Seas, a tireless navigator, has trained 21 generations of officers and it has sailed 408,853 miles in 3,178 days.

Kia Ora Designed in 1924 by L. Frances Herreshoff but launched in 1979, the *Kia Ora* was named by her original owner, Earl Dewey Jr., who had planned to sail her to New Zealand where he was stationed during World War II. Though the voyage never came about, *Kia Ora* has logged many Pacific voyages. Now captained by owner Jim Ray, the ship cruises and races in the Puget Sound.



Lady Washington The Lady is a replica of the original Lady Washington

Lady Washington Launched in 1989 as a Washington State Centennial project, the Lady is a replica of the original Lady Washington, a brig and privateer during the American Revolution. The vessel provides shipboard education programs for schools in 89 ports communities in Washington, Oregon, California, British Columbia and Alaska.

Lynx *Lynx* is an interpretation of an actual privateer named Lynx built by Thomas Kemp in 1812 in Fell’s Point, Maryland. Lynx operates as a sail training vessel to serve as a classroom for the study of historical, environmental and ecological issues.

North Star of Herschel Island Built in 1935 in San Francisco for two Inuit fox trappers, North Star worked until 1961 transporting fur to market and supplies between ports. North Star is now used in the film industry, for school group tours, historical societies and is a regular participant in classic and wooden boat shows.

Odyssey The Odyssey is a 90-foot yawl designed by Sparkman and Stephens for Mrs. Barklie Henry (a member of the Vanderbilt family) as a gift for her husband in 1938. During World War II, Odyssey was commandeered by the U.S.



Bounty of Krister Owned by the Vashon-Maury Island Maritime Heritage Society

The Vashon Loop, p. 13

Navy and used for radar, sonar testing and echo sounding studies, and later as a research vessel. Odyssey now serves as a sail training vessel for the Tacoma Sea Scouts.

Pacific Grace Launched in 1999, Pacific Grace replaced the Robertson II, an original Grand Banks fishing schooner of the Bluenose tradition. Pacific Grace is operated by Sail and Life Training Society (SALTS) as a youth training vessel.

Pacific Swift Built by the Sail and Life Training Society (SALTS) as a working exhibit at Expo ’86 in Vancouver, B.C., the square topsail schooner *Pacific Swift* has sailed more than 100,000 deep-sea miles on training voyages for young crew members ages 13 to 25.

Pallada Pallada is the fifth ship of the Dar Mlodziezy-class built in Poland during the 1980s, and is named for the Greek goddess Pallas Athena. Pallada is owned by Dalryba and offers sail training to marine-college cadets.



Amazing Grace

R. Tucker Thompson A gaff rigged, topsail schooner launched in 1985, its design is based on the halibut schooners of the Northwest American coast. During the 2002 Tall Ships® Challenge, the ship won the Yokohama-Richmond race on corrected time and placed first in her category in subsequent legs of the race.

ReJoice This Wayland schooner was built in 1931 in San Francisco as a wedding gift from a man who was marrying his wife, Joyce, for a second time; hence the name, ReJoice. Donated in 1992 to the La Conner Sea Scout program, ReJoice serves as a youth sail training program and boat restoration program.

Resolute Built in 1939 in Stamford, Conn. by the Ludders Marine Company, the Resolute sails year round taking students, groups and families on sea training and sea education adventures.

Schooner Lavengro Built in Biloxi, Miss. in 1927, Lavengro represents the style of the working shrimp schooners of that era. Donated to the Northwest Schooner Society, she runs day and overnight charters in Seattle and the San Juan Islands.

Schooner Red Jacket Always a private yacht, Red Jacket has sailed the world, suffered a typhoon, two fires, a sinking, loss of her keel and neglect. At 85 years old, Red Jacket is better than ever and leisurely sails the Puget Sound.

Suva Suva is a 63-foot staysail schooner designed by well-know Seattle navel architect L.E. “Ted” Geary. Built in 1925 near Hong Kong for executive Frank Pratt of Pratt & Whitney, the classic wooden vessel was later owned by Dietrich Schmitz, a Seattle financier.

Talofa This topsail schooner had a South Pacific start and now provides adventure cruises in the Sea of Cortez. Talofa means “Queen of the Sea” in Polynesian.

The Steamer Virginia V Built in 1922 and recently restored, Virginia V is a City of Tacoma and National Historic Landmark vessel; the only remaining wooden-hull steamer of the famed Puget Sound Mosquito Fleet still in operation.

Thea Foss Built for actor John Barrymore in 1930, but later lost to creditors following the stock market crash of the Depression, Thea Foss became the Navy Amber and patrolled the Puget Sound entrance during World War II. Later bought by Foss, the ship was restored and rechristened Thea Foss. Thea has hosted royalty, ambassadors, congressmen and movie stars.

Trilogy Built in Taiwan, this 1976 schooner is 42 feet long and owned by George Larson of Roy, Wash. Two officers and five crew members sail Trilogy locally.

Zodiac A schooner designed to reflect the highest achievement of naval architecture under working sail, Zodiac sails Puget Sound, the San Juan Island and the Canadian Gulf Cost. Zodiac offers courses on sailing, navigation, Northwest Native American culture, geology and natural resources. ○○○○○



Charles N. Curtis

What I Learned About Breast Cancer

by Weslie Rodgers

I've learned not to wear a bra! And no, it's not because I don't have anything to put into it. It's because a friend mentioned to me that a bra constricts the flow of lymph to the nodes, thus maybe hindering rescue to cancer cells. Well, it made sense to me. And with that philosophy behind me, I delved into treating my cancer. Everything I've done/decided to do had to make sense. There is a market out there for treating breast cancer—mastectomy to cleansing diets, lumpectomy and radiation or not, chemotherapy to changing the Ph of your body. So applying my, "is this sensible to me?" criterion when questioning the treatment options helped me decide. Many books and pamphlets from the doctor's office encourage each individual to decide based on how they can manage with that decision. But that's how we live life anyway; monumental decisions present themselves often. So, when put into perspective, the BC words are not a death sentence! Can we say getting a driver's license is a death sentence? No, but it does increase the risk of death, even with a seat belt, defensive driving, no DWI, etc. And most people manage with the decision to get into cars. My Number One doctor often said "Nothing is 100% certain."

I also learned that the friends and family of the cancer patient can more easily accept the patient's choice if the following popular school paradigm is believed: "I hear and I forget, I see and I remember, I do and I understand." Even Dr. Susan Love, author of the breast cancer "bible," *Dr. Susan Love's Breast Book*, wrote that she could not even say for sure what she would do if diagnosed with breast cancer! So the learning about breast cancer is not only in the book knowledge, but also in living with it. Certainly, it would have helped to know about the stages of breast cancer, the statistics of "cure" for certain treatments, the CAM (complementary and alternative medicine) options, and Qigong too, previous to diagnosis (CAM and Qigong options are another story). As I mentioned previously, many treatments exist for breast cancer other than mastectomy, lumpectomy with radiation, and/or chemotherapy, but the researching is overwhelming, and statistics are not out there for many CAM approaches. So treating breast cancer with the BIG 3 (mastectomy, chemotherapy, radiation) is the usual approach. Complementary and alternative medicine is more easily entertained and accepted in European countries, although I haven't read enough to know if CAM approaches are the primary or adjunctive treatments.

Oh, statistics! I have learned also that numbers hold a powerful (and maybe intimidating) position in making a decision. Example: if a patient has a lumpectomy with

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follow-up radiation, the chance of a recurrence is about 5%. But if she or he decides not to follow-up with radiation, chances of recurrence are 35 to 40%. This statistic can hold power and intimidation depending on how you look at it, and if you don't remember that statistics do not apply to you, the individual. That is, you have no idea whether you might join the 5%, the 35% to 40%, or the 60 to 65%. I decided, as mentioned earlier, with the "sensible monitor." I asked myself the question, "How absolutely irritated would I feel if I radiated my body (and that is 4000 rads spaced over 7 weeks! An x-ray is a fraction of a rad) and the cancer recurred?" Oh! Knowing it could recur even if "everything" was done was enough for me the say "No" to radiation. So, for me that also meant nixing chemotherapy and hormone therapy. (My follow-up is practicing Qigong, and being even more aware, thoughtful and vigilant of what I put into my body and soul, and this too, is another educational story.)

My two choices, Qigong and nutrition, fall more toward the preventative side of breast cancer, which really allows me to perceive the "cure" for breast cancer in a different light. And that is, our focus on "cure" and not prevention is analogous to not posting a warning sign at a dangerous traffic turn even after somebody is killed. We do acknowledge strongly that poor environmental conditions (our outdoors!) and poor nutrition (our meals!) are very much responsible for breast cancer (only 5 to 10% is thought to be hereditary, and how many of those statistics could be eradicated with improved environment and nutrition?). So if we could concentrate on prevention, we'd be doing ourselves a great favor in the long run. Breast cancer is overwhelming, expensive, and time consuming, and certainly does not have to exist in the numbers we experience now. So, I've also learned to "run" for breast cancer prevention, not just cure.

P.S. I've also learned that support is invaluable. So please call me at 463-5566, or e-mail weslie@northbest.com with relevant questions or concerns.

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LIVING WELL WITH PLANTS

Text and drawings by Kathy Abascal (AHG)



Kathy Abascal is out of town!

She'll return to Minglement at the end of June, and will resume her column in July.



Kathy Abascal is a professional member of the American Herbalists Guild and is certified by Michael Moore of the Southwest School of Botanical Medicine. She co-authored the book "Clinical Botanical Medicine."

If you have questions about herbs, come by Minglement on Mondays or Wednesdays to meet Kathy. If you are interested in a private herbal consultation, you can pick up a brochure at Minglement that explains her services & how to schedule an appointment

Troy Kindred & Marie Browne

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Island Earthfair 2005 Update

by Pete Welch

A little less than two months away, Island Earthfair will take place on **August 5th, 6th and 7th** at Paradise Ridge Park off of 220th Street. Admission to Earthfair is \$10 per day or \$40 for camping overnight all weekend. Kids are free with a paying adult. Now through July 1, you can purchase a \$40 weekend pass online for \$35. This includes admission Friday, Saturday & Sunday, and camping Friday & Saturday night.

Back by popular demand: Friday, August 5th will be Food Bank Friday. Donate a can of food and pay only half price to get in the door. All donated food will benefit the Vashon Food Bank. This year we'll be spotlighting some really great local bands on Friday night, so come on out to Paradise Ridge Park after work, enjoy dinner and some great entertainment at a really reasonable cost! There's overnight camping in case you just want to stay and enjoy waking up at the park in the morning, because it starts all over again on Saturday.

Joining us again this year is the Casbah Teahouse out of Tucson, a gigantic hemp Bedouin tent that serves as an eating zone complete with Moroccan tea tables and oriental rugs by day and a cushion-filled, acoustic music dream space by night! They also bring great vegetarian food along with a variety of teas and coffees. We will situate our One World Stage inside the Casbah tent again this year, with a ton of great talented performers already lined up and ready to go.

Main Stage will be filled with great music again this year, so bring your dancing' shoes. Some of you may remember **Doug Green**, who came up from Humboldt last year to emcee for us. Well, he's back again this year to introduce the fantastic line-up we have coming to the Main Stage. We'll have more on who's playing this year in the weeks to come, but for those of you that want to get a peek at who's playing on both stages, feel free to check out our website at <http://www.islandearthfair.com>.

Island Earthfair is excited to announce that we will be hosting the

first All-Cascadia Conference this year. Speakers from throughout the west will visit to teach us about our unique bioregion. There will be a series of discussions about the successes to date in achieving greater sustainability in the Cascadian Bioregion, and about the barriers that currently impede further progress within this realm. For each topic of interest, the plan will be to begin the discussion with a brief summary of the ways in which a community in Cascadia is addressing the issue. This is going to be very cool!

We're busy lining up speakers, workshops and the healing arts. We're designing a renewable energy/sustainable living model to show how just about anyone can use solar panels, convert to biodiesel vehicles, and install water catchment systems and many other really interesting displays. There will be lots of great food available too, so don't worry about going hungry!

Kidsworld is really shaping up too, with lots of great activities and special guests planned for the little ones. Island Earthfair's mission is one of creating a better world for our children. We encourage all island families to take part in this creation. Not only will the Fair be full of enlightening and educational workshops and presentations for all ages but it also promises to be a weekend of fun, exuberant music, dance and joyful celebration for the entire family.

Earthfair is always looking for great volunteers. We need help in many areas before, during and after the fair. If you are interested please call 463-1725 or e-mail us at volunteers@islandearthfair.com and let us know what you'd like to help with. We have great benefits for our volunteers including free entry into the fair and food vouchers depending on the amount of time you are willing to give. Check out our website for more information.

It should prove to be a really interesting weekend, jam-packed with lots to do and see. Plan on coming out and joining us for one of the best years ever! We'll see you there!

□□□□



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First Annual Freedom Festival on July 2nd

by Amy Morrison

In his most recent public address, at the *Take Back America* conference in Washington, DC, on June 4th, retired PBS journalist Bill Moyers told his audience, which included Vashon's own Bill Moyer, Executive Director of the Backbone Campaign, that it was up to American citizens today, particularly those in the progressive movement, to carry on the spirit of the American Revolution and that the history of the Revolution hasn't been written yet—indeed, it's still happening.

The Revolution IS alive and well on Vashon. To celebrate, the Backbone Campaign will hold its First Annual Freedom Festival, on Fourth of July weekend, **Saturday, July 2nd**, 4:00 p.m. to 9:30 p.m. at the Blue Heron. The Festival, a fundraiser for the Backbone Campaign, will highlight music, kid's activities, puppet shows, poetry, storytelling, and a festive, revolutionary ambiance with giant puppets, food, and camaraderie, as well as a dramatic reading of the Declaration of Independence. Tickets to the festival are available for a sliding scale cost of \$15-\$25, with food included. Ticket price for kids ages 3-16 is \$5 and includes food.

For ticket locations call (206) 567-5815.

Highlighting the Freedom Festival is Spoken Word Artist Chris Chandler who is on tour around the country with his unique brand of storytelling with a political, musical groove. His performance, at 8:00 p.m., will be inside the Blue Heron. Opening for Chandler will be United Sheep's Steffon Moody.

Daytime activities happen outside in the Blue Heron backyard and include music by Trolls Cottage at 4:15 p.m., storytelling with Merna Hecht, puppet shows, food by Wok In Take Out, children's activities including a gigantic inflatable jumping dragon and kids art projects, political actions and tabling by progressive Vashon and Seattle organizations, and a celebration of our freedoms and the success the Backbone Campaign is having in helping shape the progressive movement into one with backbone, creativity, empowerment, and a positive agenda.

The festival is open to all. More information as it develops can be found at www.backbonecampaign.org. Or call (206) 408-8058. The Backbone Campaign is looking for volunteers to help on the day of the event. Call if you can help out.

Join us in telling the ongoing story of the American Revolution and in reclaiming our country's celebration of freedom.

To read Bill Moyers' speech at the *Take Back America* conference go to: http://www.tompaine.com/articles/20050606/losing_the_american_revolution.php http://www.tompaine.com/articles/20050606/losing_the_american_revolution.php

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Aries (March 20-April 19)
You have the capacity for expressing yourself in precise, highly organized ways at the moment, and I suggest you identify the most important projects or goals you’ve been working toward and direct your energy toward them this week. It may work out to be a personal or domestic situation that appears to be going through a significant change at the moment, perhaps a development that has been brewing for at least six months. The important thing is to make the key decisions that remind you that you’re not in the hands of fate. You are in your own hands — though you’re hardly alone. For once, your needs really do matter, if you remember.

Taurus (April 19-May 20)
If you’re married or getting married, provocative events may lead you to re-think the wisdom of your decision. I ask, however, how does it feel when you do it? Do you have a sense of something more like freedom, more like guilt, or more like remorse? More important, would it be possible to discuss what you’re feeling with your partner? I can assure you of one thing: most of what is happening has to do with challenges to your image of what another person should be. And over this, you have just about complete control.

Gemini (May 20-June 21)
You may have the feeling something big is coming, but rather than being a question of fate, it’s one of those opportunities you can take if you want. Life really is for the living, and those who are alive are often faced with the option of giving up something secure for half a chance of something better. You could say you’re experiencing an unusual spell of luck at the moment, but what’s really happening is that you’re allowing what is important to you to guide your life. Congratulate yourself — this is a true accomplishment.

Cancer (June 21-July 22)
You may feel that despite so much certainty in your life, the most important questions remain unanswered. You have to give them time, and from the look of things, not so much time as you may think. By the extraordinary events around the summer solstice, you will have many reasons for deep confidence in yourself and in those close to you. It’s true that certain others you trust deeply are different animals than you are, but they’re offering you something you can never provide yourself. That something is external feedback about the great gifts you possess, and how much positive influence you have on the world around you.

Leo (July 22-Aug. 23)
Pay close attention to what colleagues and friends are saying, and developments on the work front won’t seem so surprising. What transpires over the next week or so has the power to benefit everyone in ways that few people could imagine, but as usual you’ll be the one playing drums. But you’re also in a unique position to hold a vision for the future, and it’s as if the goals you have now carry a particular blessing that will allow them to manifest not only more quickly, but bigger and better than anyone expects. But it’s a combination of intuition and work that will get you where you want to be.

Virgo (Aug. 23-Sep. 22)
In any learning process, there come moments when you need to test what you’re taking in, or directly challenge the teacher for more information. If you choose to do this, remember to keep your objectivity and be open to what you discover. Certain developments may demonstrate that your ideas about a particular issue may not be as valid as the deeper values you have held for quite a long time. Sometimes, the fact that ideas have lasting value demonstrates their validity. Other times, an idea is appropriate for its particular moment. Just remember that what you want or need is more important than what anyone else says is right for you.

Libra (Sep. 22-Oct. 23)
Most people have no clue when they’re being deceived, and most times what we feel is intentional deception is nothing of the kind. You need to sort out where you stand with a particular person, but you need to do it gently. The current developments in your life require that you proceed forward from this point onward with something approaching absolute confidence in the people around you. With each passing day, their influence becomes more important, and as you may suspect, the whole scenario is indeed building toward a peak of intensity that will call for your full awareness. Best to start now.

Eric Francis has more to say at PlanetWaves.net.

Scorpio (Oct. 23-Nov. 22)
You’re typically an intuitive person, but there can be a big question about what to do when you get two contradictory messages. You might stop and ask what’s based on opinion and what is based on a deep message from your unconscious. Pay particular attention to dreams, remembering that because people spend so much time denying fear, dreams are the perfect place to reveal what makes us the most apprehensive. You have every reason to trust the process of your life right now, and few reasons for actual doubt. So don’t let your imagination run away with you.

Sagittarius (Nov. 22-Dec. 22)
The timing is right to make a significant move or change. But the keyword is significant. Remember that for quite a while you’ve put some of your most cherished agenda items on hold because so much else has been happening around you. The idea is less to strive for what is ambitious and more for what is truly meaningful to you, and you may want to run that question past yourself one last time — since it’s not too late to change your goal. There’s no doubt that you want the best for everyone involved in this particular situation, and even less doubt that you can facilitate just that development. Just make sure it really works for you.

Capricorn (Dec. 22-Jan. 20)
Surprise (or surprising) professional developments this week can have far-reaching implications for you and others, though this may not be obvious at the moment they occur. However, it will be obvious by this time next week. It’s important that you not judge what’s happening, but rather put your energy into responding in a calm and professional way. A number of people are waiting in the wings to help you, who would in fact make an excellent team. Hopefully, you’ve been courting their support and making sure they know you love and trust them. If you have not been sending that message, now’s a great time to start.

Aquarius (Jan. 20-Feb. 19)
Certain recent developments have eminently practical application, but to find this out for sure, you’ll need to take a chance. Aquarians are typically viewed as innovators and rebels, but your lesser-known conservative tendencies could prevent you from taking a particular risk while you have the opportunity to do so. It’s time to put those tendencies in the past, where they belong. As the author of your own life, you need to be bold, you need to be honest with yourself, and more than anything, you must truly respect your ideas. They deserve it, and so do you.

Pisces (Feb. 19-March 20)
For a Fish, believing in yourself is not a luxury: it’s a bottom line psychological health necessity, and your number one spiritual goal. A series of unusual developments this week can take you past nearly everything you thought you were capable of, and go a long way toward dispelling your usually abundant negative expectations about life. Meantime, make clear agreements, do your best to keep them, and hold people to their promises. Such is good business, but more to the point, it will help you maintain your confidence. What you learn, in the end, is more important than any other gain you may receive.

Happy Birthday, Gemini!

Creativity may be the single most misunderstood concept in the world. It’s usually associated with painting or music, but what few people recognize is that in addition to creative talent, those who succeed in the arts all, with no exceptions, do one thing: they take a chance on themselves. This is the one thing you need to do if you truly want to take a step beyond the past, and give yourself a chance to live in a way that’s more fulfilling and closer to the true potential you feel inside yourself. If this is your true desire, events of this year should prove to be genuinely supportive.



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Dear Madame Toudours,
I am very hurt by the anti-feminist attitudes of all my friends. They have always gone on and on about women supporting each other and sticking up for each other and standing up to oppression. Then, out of the blue, they have all turned against me.

It started with Beverly telling Lacey about the night I got Lacey’s husband drunk and seduced him. Suddenly, Lacey isn’t speaking to me anymore. Then Lacey’s husband told her Anne’s husband told him about my six-month affair with him — which is just the kind of abuse and harassment I would expect from a man, but then can you believe Lacey actually told Anne, and the two of them told everyone else? I trusted these women and now half the women in the group won’t talk to me anymore.

Please say a word about the importance of women sticking together.

Sincerely, Disappointed Feminist

Chere Mlle. Disappointed,
Possibly, you are experiencing the very common confusion about the feminisms. Once upon the time long, long ago, the feminism was being about the equal rights with the voting and the careers. However, ever since the female American persons were learning to vote and to have the amusing careers, they have been looking for new reasons to be resentful and dissatisfied.

At first, they were feeling resentful about the actual injustice such as having less money and not enough birth-control and not being encouraged to learn math. Soon, however, the feminist persons were realizing that they were not really feeling very oppressed about these issues, and they began to be afraid they would have to become self-actualized.

Fortunately, somebody—possibly Betty Friedan—discovered they could avoid becoming self-actualized by blaming men for everything. Everybody agreed this was a very good idea. Soon everybody was blaming the masculine persons for everything from the wars to the athlete’s feet.

Now, clearly, you are thinking of the new kind of feminism in which, if the female persons are wishing to be extremely selfish and indifferent to other people, they can be saying, “But why should I not have the sex with your husband? After all, I am the feminist,” or, “How are you daring to ask me to be calling you on the telephone if I am going to be three hours late for dinner? You are the big, hairy abuser,” or possibly, “I will use your sperm to get a baby and then I will take it away and force you to give me all your money so that I am not needing to have the useful work and became self-actualized.”

This is not even having to be fair. Fairness is being based on the logic, and logic is masculine, and everything masculine is evil. Now it is being a virtue to be completely irrational and insensitive and to demand that everybody is doing everything that you are wanting.

Bon chance, Mlle. Disappointed, clearly your friends are having the petty and unreasonable attachment to the other kind of feminism in which nobody is betraying anybody and stealing their husbands.

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Financial Planning 101: Legal Documents and Long Term Care

by Mark A. Goldman

Two questions regarding my last column that I want to address: One has to do with my comment regarding legal documents; the other has to do with Long Term Care insurance.

First, I said that when I work with clients I almost always include a review of their legal documents as part of the process. This review includes making sure that Wills are consistent with current wishes and are up to date. But I didn't mean to give the wrong impression: While I have reviewed lots of Wills, trusts, and other legal documents over the years, and sometimes play a part in their design, I don't personally write or amend them. What I do is recommend that clients see a competent attorney if I think changes are needed. The role of a good financial planner, among other things, is to prepare useful economic studies and suggest appropriate planning strategies for clients. Good economic studies and well thought out strategies can also help an attorney get a clear understanding of a client's objectives and long-range financial picture so that he or she can then be sure that the documents they create are really suitable.

Every now and then I see Wills that were written by software programs designed for personal use. These programs are a lot better than they used to be, but I wouldn't suggest that you use them if you own property in other states, have children with special needs, are involved in certain financial complexities, or expect to have an estate that will be subject to estate taxes. Even if you do draft your own documents, it's a good idea to have an attorney review them.

Now, regarding Long Term Care insurance: this is a product that purports to address the problem of how to pay for expensive services at home or special care facility, particularly in old age. Clearly, this is and will continue to be a critical

issue for a great many families. LTC insurance is available in many flavors, and is generally sold by people honestly trying to be of service. The problem is, the best policies can be quite pricey relative to a family's income or resources. And only the most expensive policies guarantee future premiums, while all others allow for unpredictable future premium rate increases. My own research indicates that many people who purchase LTC insurance really can't afford it. I say this because in studies I've done using a computer model, the results sometimes indicate a high probability that policies might later have to be lapsed for lack of funds. If the money required to pay future premiums will not be available every year, if policies lapse and aren't in force when the need arrives, what a waste of money. I am not the only one with reservations about LTC insurance. The National Association of Insurance Commissioners meets periodically to discuss current issues that are particularly important or troubling. Poor experience with LTC insurance recently inspired Commissioners from two states, Florida and Wisconsin, to ask whether LTC policies should be sold to anyone at all. In my opinion, some folks can afford LTC insurance and some policies are better than others, so I would not go so far as to say these policies should not be sold to anyone. There's good anecdotal evidence supporting arguments on both sides. Surely some people have benefited greatly from them. But without question, they're not for everyone. It's tragic, but a lot of folks who really need LTC insurance probably can't afford it.

To contact Mark Goldman, write to: mark@gpln.com, or check his website at: www.gpln.com. ☐☐☐☐

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Monastery Progress Report

by John Moore

On Saturday, May 14th, the last nail was driven to complete the basic framing and roofing of three buildings in the Monastery complex. Working almost every Saturday from late September to May, a dedicated crew of volunteers has been able to accomplish quite a bit of work to partially offset the devastating loss when an unscrupulous contractor absconded with \$54,100! While Phase 1 has been completed, a great deal more has to be done. At this time there is a need for electricians and plumbers to step in and guide the next phase. Workers are available to help with running pipes and wires but we need the expertise of someone with a license to guide us through the intricate warren of King County regulations and building codes. If you have the skills to help us, please give me a call at 463-6145.

I want to recognize the superb efforts of those who have so unselfishly given their time over the past several months. A core group came out almost every Saturday. Pascal Py stepped up to the plate and led us thru the decking, framing, and roofing. Assisting him was: Ka Luomala, David Sova (who took a little time off to complete training as an EMT with the Fire Department), Chris Cortelyou, John Whalen, Andre Lauzon, and Joe Ulatoski. There were many others who came and gave us a day or two of their time and their efforts were very much appreciated: Andrew Maxwell, Joshua Along, Drew Carlton, and Les Peterson. Thanks also to Rainmen Construction which provided two days' work and showed us how to build the interior walls.

Jason Felix, while attending college, managed to find time to help

get all the electric lights hooked up not only in the Library building but also a couple of the other buildings in the complex. Jason also managed to talk eight of his co-workers into spending a day with us during the early framing phase.

Special thanks need to go to Terry Eggert (Eggert Construction) who pledged \$5,000 in dry wall work. When he came to see the job needs, he not only gave us a full crew doing all the dry wall in the Library but also built a deck to the back door and bought and installed a wonderful French Door for the building as well. Terry's comment as to why he did all that? "I hate to see contractors given a bad name. Running off with that much money is just unacceptable!"

Saturday after Saturday volunteers came to help with Phase 1 of this building project. Working on a construction project brings on the hunger pangs and we have a number of people to thank for providing wonderful lunches: Cherly Hunt, Karen Lauzon, and Kay Pierson provided full, hot, meals consisting of main course, salads, breads, and (especially for Joe Ulatoski) brownies for dessert made by Dorothy Fouty. Zoomies also came to our aid with burgers and fries on four occasions when Cheryl and Kay couldn't be available.

I also want to extend thanks to Jim and Lynn Wilson who, with their most generous contribution, opened an account at Washington Mutual in the name of the Monastery. That account is open and accepting any and all contributions for the remaining phases of this building project. If you are interested in helping on this worthwhile endeavor, please call me at 463-6145. There is much to be done. ☐☐☐☐

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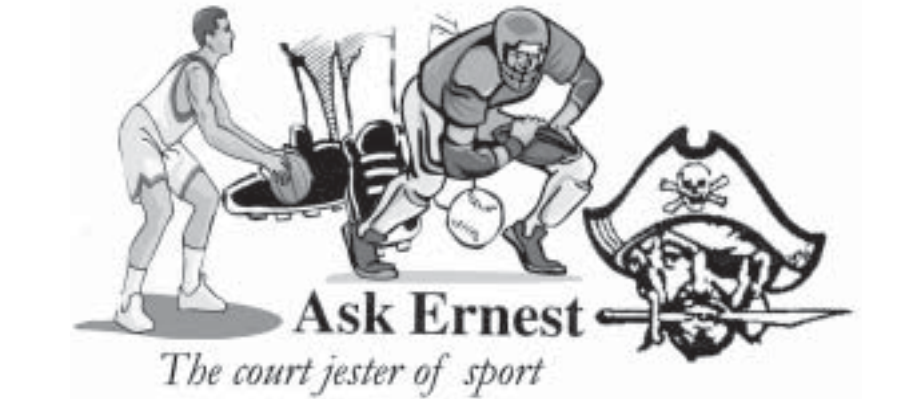


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Ernesto,
There’s probably a lot of great sporting events you are covering now—like the T-ball All Star Team, Indoor Lacrosse World Championships, and the (now out of the underground into the mainstream competition) Pan American Hand Shaking Championships. Maybe you’re in Lima right now, covering the event. Anyways, I was hoping that you could put a few little stories in there. They are instant stories if you will. I taught a Creative Writing lesson to a bunch of high schoolers last week and I think they did an impressive job—check out character, conflict, and perhaps resolution. Would you mind printing some of them in your column? I know you’re a sports buff, but sometimes literature can free you from the in between season ruts.
Professor Brady Josepe Nelson

Dear Professor,
I’m actually in Lima as you write me. They’re keeping me hostage for trying to enter the contest as a write-in. I had the reverse Texas Handshake rehearsed and ready. I would have done our President proud. He mighta’ slapped me on the back and given me a ride in this bright green H-2. That woulda’ been nice. Anyways, I haven’t had time to write. They gave me one email from jail down here and this is it. (Can I also say one thing before turning it over to Professor’s students’ stories? I love yooouuuuu Vaaaassssshhhooonnn!) Professor, just email the stories (with this message, too) to Marie at thevashonlooprulesomuch@hotmail.com.

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She’ll get it and print it. (Ed: Not bloody likely if you send anything to that unwieldy email. But it will be good typing practice.) Say hi to my friends and family and to Randheep, the best VW Van ever! Who knows how long I’ll be held hostage...
Ernesto

Instant Stories:
By High School Students in Creative Writing:
As the nine foot waves crashed against Helen’s bulkhead, she noticed the sound of the water was louder than usual and then felt a cold breeze rush through the house. She whipped her head around to see the door wide open and her baby boy’s playpen tipped over and Tommy nowhere in sight.
The boy was in love. It turns out that he got the girl.

Double Crostic by Richard Carson
Guess the answers to the clues, then transfer those letters to the corresponding numbered squares in the grid. Work back and forth between the clues and the grid until the quotation is revealed. The initial letters of the clue answers, reading down, form an acrostic revealing the source (author and title).

U1 N2 D3 R4 F5 N6 K7 V8 I9 E10 G11 Q12 F13 C14 X15 J16 U17 L18 A19 F20 V21

R22 E23 M24 K25 C26 F27 J28 W29 F30 P31 L32 N33 K34 D35 N36 J37 A38 X39

W40 Q41 W42 F43 H44 C45 N46 V47 L48 K49 N50 V51 D52 F53 Q54 J55 W56 G57 H58 U59 O60

P61 Y62 U63 L64 K65 D66 N67 V68 V69 G70 L71 U72 E73 K74 Y75 N76 J77 K78 V79

I80 Q81 S82 P83 C84 I85 M86 D87 Q88 O89 B90 E91 F92 R93 N94 S95 M96 B97 V98 N99

E100 H101 Y102 G103 H104 T105 K106 X107 B108 A109 O110 Q111 L112 K113 R114 S115 F116 H117 W118 J119 V120

S121 V122 F123 J124 P125 Q126 M127 A128 J129 J130 J131 D132 H133 B134 G135 S136 B137 L138 R139 X140

C141 T142 P143 T144 J145 E146 R147 T148 O149 B150 M151 H152 G153 Y154

A . Acerbic

38 109 19 128

B . Allegro, e.g.

137 134 108 97 150

C . Avoid

14 84 141 113 45 26

D . Braid

3 66 87 132

E . Schlock

23 10 63 91 112 73 100 146

F . Omnipresent

5 13 53 77 30 43 116 27 20 92

G . Chewy candy

57 153 70 103 135 11

H . Lackey

44 117 9 58 133 101 90 152

I . Labor leader

16 35 55 80 104 37 129 85

J . Ulterior —

N . Steinbeck novel

67 99 94 33 50 6 76 36 2 46

O . Plant disease

60 89 110 149

P . Hiatus

31 125 61 143 83

Q . Moment

12 54 111 88 41 81 126

R . Disprove

4 114 139 93 22 147

S . Angry

82 136 95 115 121

T . — and error

142 123 148 105 144

U . Battercake

1 64 72 131 17 59

V . Starfish, e.g.

21 122 120 47 51 69 68 98 8 79

W . — bird

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As she walked in the apartment, she felt her feet stumble on a puddle. “Fred, have you let the bath overflow again?”
This guy was feeling really sick to his stomach one day and he didn’t know what was wrong. He took a deep breath in and farted and didn’t feel sick anymore.
The boy spun the dial at 1/32 the speed of sound, pausing very briefly when he heard a song that he sadly recognized: Bye, Bye, Bye by N’Sync.
Before he could change it, his father grabbed him by the shoulder and said to him: “Hey, wait, I like that song.”
She could feel his cold clammy hands on her back. “Man,” she thought, “that guy had clammy hands.”
— The purple giraffe with sunglasses and a spotted top hat greeted Ben enthusiastically. At this point Ben realized that the milk in his cereal may have gone bad, real bad.

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Solution to Double Crostic on Page 19

Loopy Laffs

“Virtue” is the failure to achieve vice.
Takeoffs are optional,landings are mandatory.
The best way to predict the future is to invent it.
I keep trying to lose weight but it keeps finding me.
A tree never hits an automobile except in self-defense.
Ideas are great provided they don’t degenerate into work.
The main trouble with mental notes is the ink fades so fast.
They say Scots have a good sense of humor because it’s free.
Ahhh...I see the mess-everything-up fairy has visited us again.
I don’t know what your problem is, but I’ll bet it’s hard to pronounce.
When a hospital runs out of maternity nurses they have a mid-wife crisis.
Next to being shot at and missed, nothing is really quite as satisfying as an income tax refund.

A little girl asked her mother for a dollar to give to an old lady in the park. Her mother was touched by the child’s kindness, and gave her the required sum. “There you are, my dear,” said the mother. “But, tell me, isn’t the lady able to work any more?” “Oh yes,” came the reply. “She sells candy.”

What do fishermen and hypochondriacs have in common?
They don’t really have to catch anything to be happy.

Squirrels had overrun three churches in town. After much prayer, the elders of the first church determined that the animals were predestined to be there. Who were they to interfere with God’s will?
The elders of the second church, deciding they could not harm any of God’s creatures, humanely trapped the squirrels and set them free outside of town. Three days later, the squirrels were back.
Only the third church succeeded in keeping away the pests. The elders baptized the squirrels and registered them as members of the church. Now they see them only on Christmas and Easter.



A tourist was at Sporty’s talking to an old-timer. “Have you lived here your whole life?” he asked. “Not yet,” said the old-timer.

WILD WORLD / Ed Frohning



When my brother said “Amen” after grace one night, one of his children asked what “amen” meant. Before he or his wife could answer, their five-year-old responded, “It means “send.”

More women than men have earned bachelor’s degrees every year since 1982.

I cried because I had no shoes, until I saw a man with no feet, so I took his shoes. - Dave Barry

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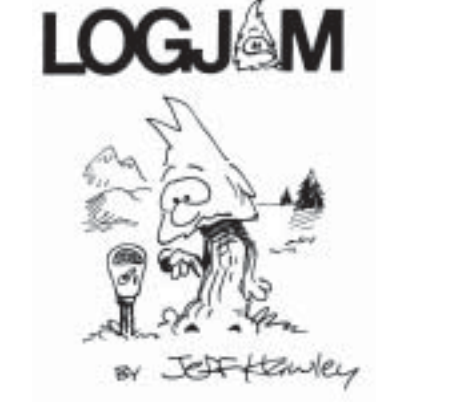
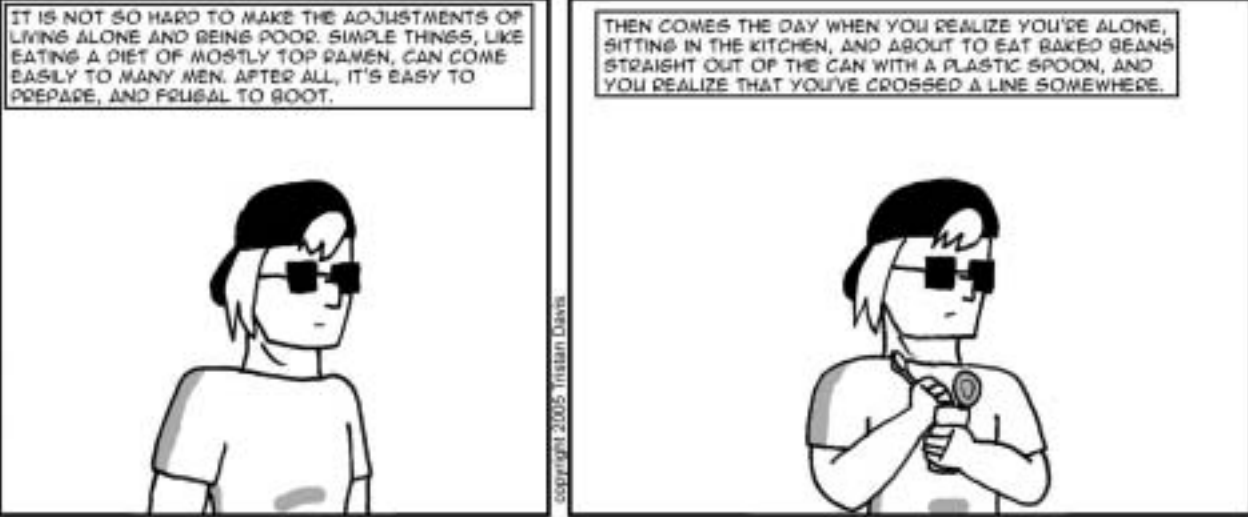


“The Spirit Weeps”
not. — Stephen Hume,
creators of the artifacts like it or
magnanimous — whether the
ceremonies that make us appear
conveniences us, called out for
may put on display when it
We prefer native culture that we

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Solution to Double Crosic

NOT ALL THERE by Tristan Davis



A Few Good Books

by Rachel Bard

Alert readers will recall that in a previous issue of The Loop we took up the believability of *The Da Vinci Code* by Dan Brown. It got low marks.

Here’s one final cavil from this testy reader. Even if we could believe all the questionable history, could we believe the hero did all this in seven hours?

At half past midnight Robert Langdon is called from his Paris hotel to inspect a crime scene at the Louvre. He joins forces there with Sophie Neveu for an hour or so of interaction with police detectives. They elude the police, hide for some time in a museum restroom, escape, crisscross Paris in cars and taxis, stop at a bank on the western outskirts, get into its vault to retrieve a treasure, elude the police, drive to a villa in Versailles, have a lengthy consultation with a colleague, elude the police, escape in a Range Rover to Le Bourget Airfield, take a plane across the Channel, land in Kent, elude the police and take a limo to London, arriving at Inner Temple Lane at 7:30 a.m.

Quite a night’s work, eh?

Now for something more constructive: a short list of books that pay due deference to historical integrity while capturing the reader with a good story.

Foucault’s Pendulum by Umberto Eco. If you were befuddled by his *Name of the Rose* you’ll find this a mite easier. It’s an intricate tale, covering much the same territory as *The Da Vinci Code*—Templars, Rosicrucians, Jesuits—but far more cleverly written. Eco bases it on his protagonists’ imagined view of what might have happened, within a framework of authenticated historic events. An intriguing cerebral exercise.

The Arthurian saga by Mary Stewart: *The Crystal Cave*, *The Hollow Hills*, *The Last Enchantment* and *The Wicked Day*. We’ll never know how much of the King Arthur and Merlin story is true. Fifth-century Britain is just too long ago. But Stewart uses the known political and social developments of the age as the warp for her imagined woof. Notes at the end of each book explain what’s legend, what’s fact and what she made up.

Girl with a Pearl Earring by Tracy Chevalier. The painter Vermeer is a fact, though precious little is known about him. His maidservant Griet (inspiration for the famous painting) is fictional. The twain meet in this beautifully crafted book but not with the cheap romantic adventure you might expect. Chevalier treats her subjects with respect and captures the aura of Delft 350 years ago. A note at the end references the few sources on Vermeer.

The Journeyer by Gary Jennings. What Marco Polo would have written if he’d gotten around to a really detailed account. The book is rich in action and immerses you in high life and low life in the late 1200s-early 1300s. There’s a good deal of bawdiness, more funny than offensive; misery; cruelty—as well as high jinx and the carefree joys of a very long road trip. The canvas is broad, from Venice to China and back again. When you finish the 782 pages you’ll wish there were more.

The Words of Bernfrieda by Gabriella Brooke. This one will grab you and stay with you. The title character chronicles her life in 11th-century Normandy, Italy and Sicily. Brooke offers suspense, credibility, an elegant style and a vivid picture of the role of medieval women.

The Queen’s Necklace by Frances Mossiker. Nonfiction but reads like fiction. It’s a collection of actual accounts of a notorious 18th-century scandal. Luckily for us, virtually all the major players—the duped, the innocent, the guilty, the complicitous, the detached observers—kept diaries or wrote memoirs. Mossiker skillfully weaves all this together in an utterly fascinating book. The scandal led directly to the downfall of Louis XVI and his beautiful queen Marie Antoinette. It’s more than a slice of history, it’s the whole fruitcake.

For a list of other recommended historical novels, including my own, e-mail rachelb@raincity.com.

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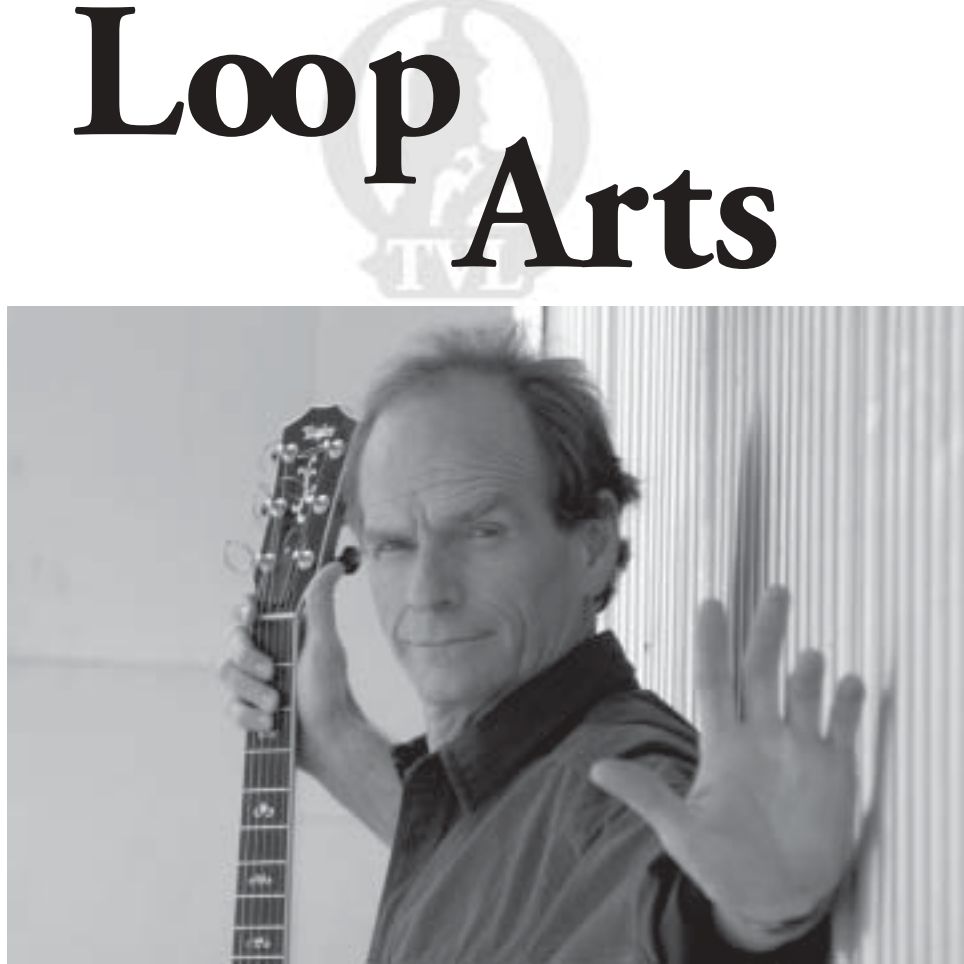


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High School student T aylor Renno at her gallery exhibit currently on display at T errence McBride in Vashon. T he show runs through the month of June. Don't miss it!



An Evening with Livingston Taylor

Continued from page 1

He has recorded eleven albums, and currently maintains a performing schedule of more than a hundred shows a year, which include club, theater, college, and full symphony repertoire.

A strong television background includes hosting a daily syndicated pop music show *This Week’s Music* for Viacom plus the occasional soap-opera cameo (reporter Sam Cocharan on the now-defunct soap *Texas*).

Now a full professor, Livingston has lectured regularly at the Berklee College of Music in Boston since 1985 and has taught a performance course there since 1989. The concept, and much of the inspiration, for Stage Performance come from those classes.

Born in Boston in 1950 and raised in Chapel Hill, North Carolina, Livingston is the fourth of five children of Isaac and Trudy Taylor. He was sixteen when he moved back to Boston to finish high school. “Barely,” he says, noting that the next year he began performing in the Boston coffeehouse circuit.

At eighteen he met Jon Landau, who later became Bruce Springsteen’s producer and manager. It was Landau who produced Livingston’s first recording in Macon, Georgia, for Atlantic Records when he was nineteen.

Livingston has written most of his music repertoire, including such Top Forty hits as “I Will Be in Love with You” and “I’ll Come Running”; and for his brother James, “I Can Dream of You,” “Going Round One More Time,” and “Boatman” (off the double Grammy-winning album *Hourglass*). In 1988 he received the Boston Music Award for outstanding folk artist.

He is the author of two children’s stories, *Pajamas* and *Can I Be Good?* Both were published by Harcourt Brace.

Describing himself as a pop singer, Livingston also includes his guitar, piano, and five-string banjo in most of his performances. “It’s no mean feat, making a living as a professional musician for thirty years,” he says. No mean feat. But to do it with style-ah, there’s the beauty.

Livingston is currently Artist-in-Residence at Harvard University.

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Vince Herman and Jim Page at Bishop’s

Vince Herman of Leftover Salmon fame and Seattle folk legend Jim Page will be gracing the Bishop’s stage on **Friday, June 24th** at 8:00 p.m. Tickets are on sale now at hushhushticketing.com or behind the bar at Bishop’s.

Vince has been playing music as long as he can remember. Growing up in Pittsburgh, Pennsylvania, polka filled his ears at an early age, along with Motown, Soul and Rock and Roll. He discovered string band music in 1977 and has been chasing it around ever since.

In 1989, Vince started a band called the Salmon Heads and by 1990, Vince combined forces with Drew Emmitt from Left Hand String Band to create Leftover Salmon. Vince and his cronies have been integral in spreading the significance of festivals and the art of anahuacing (pronounced ana-whak-king. Anahuacing was invented by Leftover Salmon. They would enter a camp ground at night, sneak up on peoples’ tents while they were sleeping, scream “Anahuac!” and run away).

Jim Page began playing guitar at 15. He went to New York in 1970, and came back to Seattle in 1971. He was instrumental in changing Seattle’s street singing laws in 1974. He went to Europe in 1977 and had success touring there before returning to Seattle in 1983.

After seeing him perform at the High Sierra Music Festival in the summer of 1097, Rob Bleetstein of Gavin wrote: “Jim Page is a lyrical genius with a guitar. This man personifies the word ‘free-flow.’ Page takes to the mic and the song invents itself on the spot; his talent is a natural wonder.”

Page’s songs have been performed by Christy Moore, Michael Hedges, John Trudell, The Doobie Brothers, Joanne Rand, Casey Neill, and (yes) David Soul.

Get your tickets while they’re hot at www.hushhushticketing.com or at Bishop’s during regular business hours. Hoping to see you all there at Bishop’s on Friday, June 24th at 8:00 p.m.

Mary Matsuda Gruenewald Reading and Book Signing

Mary Matsuda Gruenewald will be reading from her recently published book, *Looking Like The Enemy* on **Sunday, June 26th** at 2:00 p.m. in the Gordon Building, located behind the Vashon Heritage Museum on Bank Road.

As a teenager, she collected 110,000 shells from one of the camps that her Vashon Island Japanese American family was banished to in 1942. At least 110,000 people from the Japanese-American community on the West Coast of the US were interned. More than 60 years later she still has those shells.

The retired RN has written a memoir of that time and place to help us reflect, remember and find our way as a community past fear and through difficult times.

Her book will be available for purchase and signing. Light refreshments will also be available.



Loop Arts

Armor and Poetry at the Vashon Library!



Mythological Armor created in Mr. Blomgren's 5th Period Mythology Class in coordination with artist Carol Schwennesen and the Artists in the Schools Program.
Students from left to right: Chris Cacciapaglia, Eric Olson, Eric Richardson, John Murray, Abby Smith, Eric Burnett, Brittany Jackson, Megan Sinclair, and Ezra Blake.

We know you like helmets, shields, pink glitter and Trojans! Really, we know. Well, if this is not necessarily true, then it will be after you check out the Mythological Armor on display at the Vashon King County Library. The armor is part of a Vashon Artists in the Schools program where Artist Carol Schwennesen teamed up with Vashon High School Teacher Anders Blomgren. Each student created pieces of armor that they would wear on their mythological adventure. The armor could be thick and protective in a practical

sense. More likely, however, the armor is metaphorical; helmets, body armor and swords with personal importance. You'll see bronze coated shields, blue taped swords and pink glitter littered head pieces. You'll see plume grass and purple fur. That is if you come to check it out. Each set of armor will be accompanied with a short poem briefly describing and enhancing the artwork. Thanks to the Vashon Artists in the Schools Program, Vashon High School, and the Vashon King County Library for making this possible.



Who are these intimidating 5th period Mythology Students?
Top Row, from left to right: Sebastian Anderson, Laurie Clark, Jay Z (the greatest rapper alive) Zaplan, Clay Stork, Jon Munro and Kirk Lopez. Front Row: Chris Walker.



Laurie Clark shows off her dark helmet with fiery headpiece. And the blood dotted sword.



Clayton Stork (yes, that's him under there) displays his signature symbol (relating to Japanese Mythology) and intricate cardboard armor.

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Dine in or Take Out

Wesley Bell Ringers in Concert

The Wesley Bell Ringers from Christ United Methodist Church in Salt Lake City, Utah, will perform at Vashon Island United Methodist Church on **Wednesday, June 22nd** at 7:30 p.m. Vashon Island United Methodist Church is located at 17928 Vashon Highway SW on Vashon Island. This is the Wesley Bell Ringers' third trip to Vashon — their most recent visit was in 2000.

The concert is part of the choir's fortieth annual summer tour. The choir will present thirteen concerts in six states over the course of their two week tour, performing a wide variety of music, both sacred and secular.

This years' program includes Mozart's "Symphonie #40 in G minor" arranged by Edwin J. Duncan, Lee Afdahl's arrangement of Brahm's "How Lovely is Thy Dwelling Place" and "All Glorious Above" arranged by Fred Gramann. Other selections include arrangements and compositions by William Payn, Cynthia Dobrinski and William H. Griffin. The program also features a percussion filled arrangement of "Kum Ba Ya" by Hart Morris and the Wesley Bell Ringers' own unique version of Chop Stix.

The Wesley Bell Ringers were founded in 1963 with nine ringers and twenty-five handbells. Since that time over 380 teenagers have played in the choir. The nineteen current ringers use one six-octave set

and an additional four-octave set of precision tuned English handbells. An extra half-octave of notes is added by the Boom-A-Gong, a bass instrument unique to the choir and unique in its sound and percussive effect. A two-octave carillon, a set of Silver Melody Bells, a two-octave set of cup bells and two four-octave sets of handchimes are also used by the choir during its performances.

During the choir's thirty-nine years of touring they have performed in all 50 states and nine Canadian provinces. They have rung in such diverse places as Mount Rushmore, Walt Disney World, the U.S. Capitol and the Cathedral of the Pines National Shrine. They have performed with the Utah Symphony and the Mormon Tabernacle Choir. In February 2002 the choir performed at the Salt Lake City Winter Olympics. The choir has been featured in newspapers and magazines, has played on radio and television, and has produced twenty recordings. They have been honored as a demonstration choir at numerous handbell festivals.

Over the years the members of the choir have raised most of the money to purchase and maintain equipment and to pay for their concert tours. Sandwich sales and rummage sales have become synonymous with the name Wesley Bell Ringers. The choir does not charge for its concert but a free will offering will be taken to help with tour expenses.



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What’s Happening at Vashon Bookshop?

ByDevon Atkins

It’s been thirteen years now, since I moved to Vashon. At the time, I was divorcing in rural northern California, and was looking for a new adventure for my two small children and me. My parents had moved here three years before, and it was becoming clear that my father was fast declining, and that my mother wouldn’t be able to care for him alone. And even though my brother, a slick Seattle guy, told me it was nuts for a poverty-stricken single mother to move to Vashon, I did it anyway.

Vashon has been delightful, but difficult. After all, my children and I have moved six times since we’ve lived here, and never been able to afford to buy. All of our rental houses, but one, have been sold. (The exception was a couple who moved to Colorado, and came back because of homesickness.) Each time, my son would say, “I’m not moving again!” We would tell everyone we knew that we were looking for a new place, we would haunt newspaper ads, and schmooze at The Burton Store. The delightful thing was we always found a new house, and have enjoyed every single one of them. The delightful thing is that this island has supported us in nearly everything we’ve wanted to do, including my desire to encourage an even greater love of poetry on Vashon.

It began right here at Vashon Bookshop with its fabulous children’s room and Karen’s pithy poetry section; and with Barb Adams and Ken Miller, who began hosting gatherings in their home, which evolved into The Poetry Salon, a monthly (first Thursdays) gathering of folks who love to talk about poetry. And, now, there is WORDS, a monthly spoken-word Open Mic, hosted by yours truly, and enriched by your friends and neighbors who throw caution to the wind and sign up for five minutes of reckless fame. Anything is an option, as long as it’s spoken word. We’ve heard original and notable poetry, political commentary, theater, blogs, and short stories. We’ve had little children, teenagers, rowdy oldsters, and everyone in-between.

WORDS is a monthly event, the **fourth Wednesday** evening of each month at 7:00 p.m.; and, this month,

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June 22nd, and from now on, we’ll meet at the new Vashon Tea Shop, thanks to the lovely Susan Bassett. Sign-Ups begin at Vashon Bookshop at 6:30 p.m. See you there!

(For more information call Devon Atkins, 567-4886.) Which only goes to prove, once again, that there is more to the Bookshop than just books!

Vashon Bookshop

Hey Kids!

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Yo Ho Ho, It’s a Treasure Hunt

“X” marks the spot in Robert Louis Stevenson’s classic tale *Treasure Island*, and Vashon’s own Drama Dock Theatre is presenting a musical comedy of the story at the end of July. You can have some fun before then though and collect some booty to boot!

Drama Dock is presenting a treasure hunt on Vashon. Treasure maps will be on sale starting **Saturday, June 18th** at the Vashon Bookshop. Pick one up and follow the clues on the map to eight different locations, where there will be mystery letters. Collect up all those letters, knowing the secret word, and take your map to the final mystery location where you’ll receive an envelope. In the envelope will either be an ice cream gift

certificate to Zoomies or a key. There will be five keys (one key per person please). If you get one of these special keys come to the opening night performance of Drama Dock’s “Treasure Island” and see if it unlocks a treasure chest that holds well over a hundred dollars of goodies donated by island businesses. Don’t worry, if your key doesn’t open the chest you’ll still be awarded a gift just for participating. Of note: The keys won can be per person not just per family.

Get one of those maps and start hunting. The treasure hunt ends the first night of the show, **July 22nd**, so have fun out there and stay one step ahead of those scalawags and pirates.

ooooo

Theater of Play

Come all you lovers of art, you revelers of creation, you get down freaks, to the first performance of Theater of Play, an interactive theater experience presented by the Community Arts Project. Every Sunday from 5:30 to 6:30 p.m. at Café Luna Theater of Play will bring to life a whole new world of experience and excitement as the troupe of merry magicians show you your wildest dreams and most terrifying nightmares, in a series of short performance pieces created by the troupe. Tickets are \$5 and can be purchased at the door or by calling 463-2603. For any questions, or to join the troupe please contact Eli Steffen 463-2603 or esteffen@slc.edu.

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