



THE VASHON LOOP

Vol. 2 #17

TO INFORM AND AMUSE ~ TO PROVOKE THINKING AND ACTIVISM

August 31, 2005

Summer Concerts Double Bill!



By Janice Randall

Hear local talent at the grand finale Summer Concert in the Park, **Thursday, September 1**, 6:30 to 8:30 pm. Vashon Park District, Vashon Allied Arts and Windermere Realty sponsor the free annual family concert series.

Continued on page 18

Slices of Citizenship

by Rayna Holtz

On this fourth anniversary of the 9/11 calamity, the Vashon community is invited to join a conversation circle at Ober Park to address the way citizenship manifests in our activities and thoughts. "Slices of Citizenship, Local and Global," will start at 2:00 p.m. at Ober Park on **Sunday, September 11**. This event is free.

How does the concept of citizenship resonate in our

Continued on page 11



Rent-A-Ruminant

by Marie Browne

Is this a great place or what? Where else can you hire a herd of cute as hell goats to roam around your property gobbling up unwanted vegetation? Islander Tammy Dunakin launched Rent-A-Ruminant in April of this year, and business has been growing faster than morning glory vines. Dunakin started with a herd of 10 goats, and now has three herds of 14 or 15 goats each, as well as some sheep. Her first major client was the Vashon Parks Department; they hired the goats to "work" Point Robinson. Since

then, Dunakin and the goats have cleared overgrown yards, hillsides and irregular terrain where machines can't reach, and fields of invasive weeds.

Ruminants (animals with multiple stomachs like goats and sheep) have been used to control vegetation in areas where wildland fires are common, like California and Arizona. More recently, people have figured out that goats—who will eat practically anything—are the perfect solution for keeping down other unwanted vegetation, too.

Continued on page 11

Total Experience Gospel Choir Comes to Vashon

By Marie Browne

On Saturday, September 10th, the Reverend Pat Wright brings the powerful sound of the Total

Experience Gospel Choir to the Vashon High School Theater, to help Islander AIDS activist Larry Flynn raise money for the Bailey Boushay House. This year marks the 14th anniversary of the event. Doors open at 6 pm for refreshments, and the concert starts at 7 pm.

Flynn is the founder of an organization called Shade for the Children, a name he borrowed from the title of a gospel tune. It is a metaphor for his belief that knowledge is power. He promotes a hopeful message encouraging abstinence, monogamy, and matrimony for young people. "You are safe in your virginity," he reminds them as he discusses the problems of living a "too free lifestyle."

"The knowledge of how HIV/AIDS is spread doesn't really seem to have curbed its infection rate in our country enough," says

Continued on page 5

Celebrate Workers at Vashon's First Progressive Labor Day Picnic



Morgan Ahern will step up on the Soapbox to talk about her passion—the current situation of Roma (Gypsies) worldwide—at Vashon's Progressive Labor Day Picnic.

Photo by Cathy Fulton

by Cathy Fulton

The United States celebrated its first Labor Day in 1882 with a parade and festival in New York's Elm Park. Since then, workers and their families have come together throughout the country each year to enjoy a day of relaxation, inspiration, and education. This year, the Vashon Progressive Alliance takes up the tradition with an old-fashioned Labor Day Picnic, complete with inspirational speakers, music, political theater, contests and prizes, children's activities, and community singing.

The Picnic takes place on **Monday, September 5**, from 12 noon until 6 p.m., at the Vashon Village Green.

On our stage, you will find a variety of entertainment—with many audience-participation activities. Bob Spivey will lead us in "Theater of the Oppressed" exercises, which encourage spectators to become actors ("spect-actors"). The democratic and cooperative forms of interaction among participants inspire critical thinking and social action.

Continued on page 10



Hey, look what came all the way from California: barely used theater seats with more tush room, leg room, and CUP HOLDERS! Vashon Theatre owners Gordon and Eileen Wolcott will be installing them this fall and winter. They are also thinking about "selling" the new seats to raise money for more renovations. Sponsors would get a plaque on the back of a seat, and the Wolcotts would get money to re-do the floors and curtains. Eileen says to let her know what you think of this idea. We think it's great—just so we get first dibs.

Get in The Loop

Chorale Begins Fall Rehearsals


Vashon Island Chorale begins rehearsals on **Tuesday, September 6** for its next season which culminates with holiday concerts on Sunday, December 4. Rehearsals are held on Tuesday nights in the band room at Vashon High School from 7:30 to 9:30 p.m. For additional information or to sign up for the Chorale, contact Jo Ann Bardeen at 567-5841 or jbardeen@yahoo.com.

Granny's

Granny's Attic Thrift Store has been saving up some special quilts and framed artworks for a terrific sale to be held this week. Shoppers can find treasures and bargains at an outdoor (weather permitting) display of quilts and art on Thursday, September 1 and Saturday, September 3, from 10am to 5pm. A couple of the quilts (not signed) appear to be in the style of Granny Morgan of Paradise Valley. There are finished quilts in all sizes plus some unfinished quilt tops.

Additionally, there will be a silent auction for these great items: a LeRoy Neiman golf print, approximately 24 1/2 " x 29" which has been signed by Arnold Palmer plus a two-sided, 27" x 31" framed print of the 2001 Strawberry Festival Quilt. Inscribed on it are the words "VAA 35th Year Celebration & 16th Annual Community Quilt". For additional information, call Granny's Attic at 463-3161.

Travis Hartnett at Café Luna

Travis Hartnett, a Seattle-based solo acoustic guitar instrumentalist will be performing at Cafe Luna (9924 SW Bank Road) on Saturday 10th between 7:30 and 10:30PM. Admission is free. Travis Hartnett is a Seattle-based musician who performs acoustic guitar instrumentals, accompanied by real-time sampling of his own playing. Using a foot-controlled loop sampler, he records a few bars of his playing—chords, a bassline or percussion generated from tapping and slapping the face of the instrument—and then seamlessly plays melodies and counter-melodies on top. Playing his own material and a variety of reworked tunes from diverse sources such as Rod Stewart, Philip Glass, and the Byrds, Hartnett performs frequently in the western Washington area. For further information, including upcoming show dates and music samples, please visit <http://www.travishartnett.com>. 

Food Stamps On Island

On **Wednesday, September 7**, from 10 a.m. to 1:50 p.m., a DSHS worker will be on Vashon at Vashon Youth and Family Services, 20110 Vashon Hwy SW, to take food stamp applications and answer questions about other DSHS services. Clients may also go to the DSHS office in White Center. DSHS is located at 9650 15th Avenue SW, and is accessible by bus by taking the #54 or the #560 southbound from the Fauntleroy ferry terminal. For more information, please call DSHS at 341-7430. VYFS may be able to provide passenger tickets for the ferry and subsidized bus tickets to clients who have DSHS appointments, if clients provide documentation for those appointments.

Work Party to Save Osprey

Vashon Audubon and Wolftown plan to co-sponsor a work party to help reduce the danger of more birds getting caught in the big net out at the driving range of the Vashon Golf and Country Club. The event will take place on **Monday, September 19**, at 9:00 a.m. Since the range is closed on Monday, the groundskeeper will be able to assist us in lowering the net so we can tie flashy tags in the mesh at intervals. The young Osprey caught in August has survived and been released. Now let's put some energy into prevention! It is an awkward time because so many of us will be at work. If you are free, please volunteer an hour or two. Contact Rayna Holtz at 463-3153 for further information and to let us know you can help.

CASA BONITA

Great Mexican Food in the Heart of Vashon

Kids meals are

\$1.50

Every Sunday

463-6452

17623 100th Ave ~ Vashon

7 Days a Week Hours 11am - 10pm

Dine In



Take Out

Mattress Makers

Quality mattresses made to order in our factory; **half the price** of department stores, guaranteed comfort. We make standard sized mattresses, including pillowtops, latex, memory foam by Thermopedic, and adjustable beds. We specialize in custom sizes for RVs, boats, and antique beds. Come see us at 8208 Tacoma Mall Boulevard South, just a few blocks south of the mall. **253-984-1730**

Barber & Beauty Shoppe

(206) 463-7212

Family Hair Care
Reasonable Prices
Colors, Perms,
Hair Cuts

Parker Plaza
17232 Vashon Highway

Overeaters Anonymous

The Vashon Island Overeaters Anonymous meeting has changed both format and meeting day. Formerly for women only, we are now an open meeting for both men and women. We have also changed our meeting day to Tuesday evenings at 7:00pm. The location remains the Vashon Presbyterian Church, in the Library. Overeaters Anonymous is a fellowship of men and women who suffer from the disease of compulsive eating, whether overeating or undereating. Our program is based on the twelve steps of Alcoholics Anonymous. There are no fees or dues. The only requirement for membership is a desire to stop eating compulsively. All are welcome. For more information, call 463-1631.

VashonPages.com

On Line Directory

Free Event Listing!
Arts, Clubs, Meetings, Music,
Sports, Non-Profit Groups
Get Your Event on the Web
E-mail your Press Release to:
events@vashonpages.com
(E-mail Submissions Only Please)



Register Your Own Domain Name
www.RegisterExp.com
*Experience Lower Prices
Experience Faster Service
Experience The Quality*
\$8.95 Domain Registration 1/yr
Hosting, E-mail & Tools to Build your
Web Site On-Line as low as \$2.49/mo
<http://www.RegisterExp.com>
*Discounted rates available for Non-profits
www.DomainDiscountProgram.com*

SPECIAL

18 x 21 Steel Buildings
30 x 40 Steel Buildings
40 x 60 Steel Buildings
60 x 120 Steel Buildings
Factory Priced

BLOWOUT!

Call:
BERGIN CONSTRUCTION
463-6232

Island Funeral Service

Compassionate, Professional Services
We honor all pre-paid funeral plans.
206-463-9300
Serving Island families since 1909
www.vashonislandfuneral.com







Troy and Marie Talk Shop

We interrupt our Tips for Homeowners series to bring you up to speed on the state of the real estate market in the area we serve—Vashon, West Seattle, and the Kitsap Peninsula. It can best be described in one word: Wow!

Marie: Not a graph, but an example. Say we have two groups of houses priced like this.

| | Group 1 | Group 2 |
|---------|------------|------------|
| | \$ 200,000 | \$ 298,000 |
| | \$ 250,000 | \$ 299,000 |
| Median | \$ 300,000 | \$ 300,000 |
| | \$ 310,000 | \$ 310,000 |
| | \$ 320,000 | \$ 320,000 |
| Average | \$ 276,000 | \$ 305,400 |



Troy: Will there be a test?

Marie: If you don't behave yourself there will be. In both groups, the median price is \$300,000, but in the first, the average is less than the median, and in the second the average is more, meaning that even the lower priced houses are relatively more expensive.

Troy: This is not a newsflash for first time buyers who have been trying to get into a home. But there is always a way. If you are interested in buying a home, or if you are ready to sell your house and move somewhere more affordable—with cash in your pocket—give us a call at (206) 463-LIST.

Marie: Troy, I think our readers would like to know what's going on in the real estate market locally. Maybe we should talk about what's happening in the markets we serve both on and off Vashon.

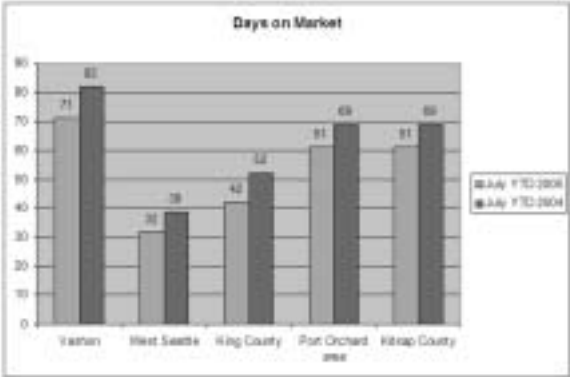
Troy: That's a great idea. It continues to be hot, hot, hot. Prices are going up, up, up.

Marie: Ummm...that's right. I've actually put together some graphs that tell the story pretty clearly.

Troy: A picture says a thousand words. Hey, you've been pretty busy. No wonder you never have time to cook dinner any more.

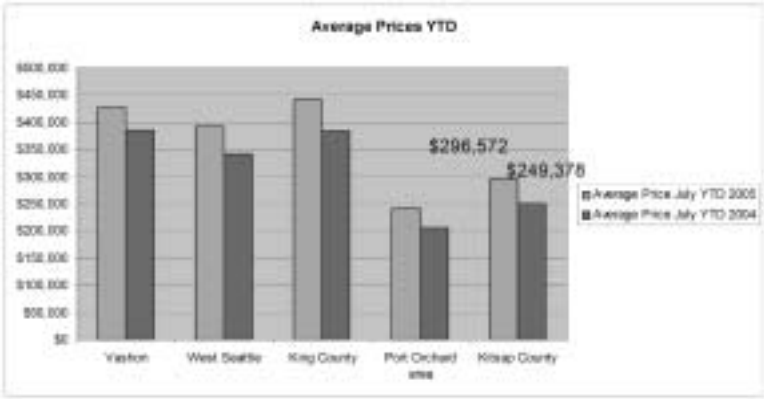
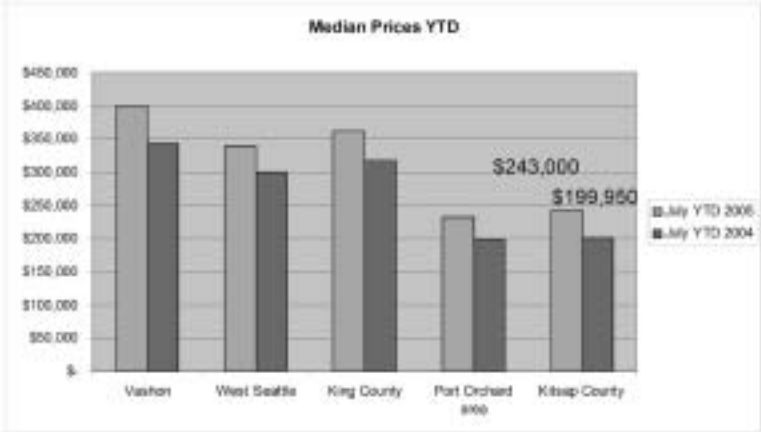
Marie: You'd rather eat at Casa Bonita anyway. Just take a look at this information I've put together based on the latest statistics from the Multiple Listing Service. One interesting fact is that even though the Vashon market is pretty hot, it's downright tame compared to West Seattle, as far as how long a property stays on the market. In West Seattle, average days on market is only 32.

Troy: And since that measures the days between the date a property is listed on the Multiple Listing Service and the date the sale closes – which includes the time to get the loan approved, get the house inspected, and so on, that is pretty darn fast.



Marie: Also, look at price appreciation in Kitsap County! The median price has gone up 22%, from \$199,950 to \$243,000 and the average has gone up 19% from \$249,378 to \$296,572! That's higher than Vashon and King County!

Troy: That is amazing. I'll bet some folks are wondering what the difference is between median and average. The median is the number right in the middle of a group of numbers, so half the numbers are more and half are less. It's hard to explain in words. I'll bet you have a graph.



Your Home Team Realty

Next issue: We'll be back with more Tips for Homeowners.
If you have a suggestion for a topic, email marie@kwvashon.com

September Vashon Library Program Calendar

- Tuesdays, September 6, 13, 20, 27 7 to 8:30 p.m.**
Talk Time
Practice speaking English in a relaxed setting. Parents are welcome to bring children — childcare will be provided if you let us know 24 hours ahead of time (463-2069). All nationalities and skill levels are welcome. Free! No registration required.
- Tuesdays, September 6, 13, 20, 27 10:40 a.m. to 11 a.m.**
Toddler Story Time
A twenty minute program of stories and songs just right for toddlers. For ages 21 months to 3 years with an adult. No registration required.
- Wednesdays, September 7, 14, 21, 28 10:40 a.m. to 11 a.m.**
Lapsit Story Time
A twenty minute program of stories, songs, rhymes and bounces for babies and a caregiver. For ages birth to 20 months, with an adult. No registration required.
- Wednesdays, September 7, 14, 21, 28 11:30 a.m. to 12 noon**
Preschool Story Time
Join us for thirty minutes of stories, songs and fun! For ages 3-5. No registration required.
- Sunday, September 11, 2 to 4 p.m. at the Ober Park Building**
Slices of Citizenship, Local and Global
How does the concept of citizenship resonate in our personal lives? What is on our hearts and minds as we re-visit September 11th? Has your view about your citizenship

role changed since 9/11/01? Come explore how Vashon people manifest their ideas of citizenship in diverse ways. Listen to other Islanders, share your thoughts, and challenge yourself to explore new facets of a familiar topic. This community conversation will start in a large circle, and then break into smaller circles so that every voice can be heard. Merrilee Runyan and Janie Starr will facilitate the experience, along with other hosts. We'll enjoy slices of fresh home-baked pies as we talk.

This program is part of an international observance of 9/11. The September Project is a grassroots effort to encourage public events on freedom, democracy, and citizenship in libraries on or around September 11. Co-sponsored by Vashon Park District and Vashon Library.

Monday, September 12, 2:00 p.m.
Great Decisions Discussion Group: Global Poverty Gap

Despite dramatic increases in worldwide living standards, life has not improved for many in the poorest regions of the world. No nation, no matter how powerful, can insulate itself from the consequences of global poverty. Poverty's reach extends far beyond the borders where it is most acute, threatening the economic and security interests of every country in the world. Great Decisions is the Foreign Policy Association's forum for thought provoking presentations of issues impacting the world in which we live. This is a unique learning experience in which you will acquire skills to assess global developments and policy maker's decisions. Great Decisions brings together individuals that may be a world apart in active discussion groups, helping to stimulate thinking and discussion. No registration required.

Flash PHOTO

Your Photo Source ~ Traditional or Digital

Thriftway Plaza

463-3311

We do passport photos

Mon-Fri 10 - 6

Sat 10 - 4

Closed Sunday

Olympic Instruments, Inc.

• Custom Manufacturing, Machining, Welding, Fabrication, Repairs

• Short & long run production

• Prototyping

• Length Meters for Wire & Cordage

• Cunningham Air Whistles

Your Vashon Neighbor Since 1946

Monday - Thursday, 7:00 AM - 5:30 PM

16901 Westside Highway SW

Vashon, WA 98070

Phone (206) 463-3604

www.olympicinstruments.com

www.cunninghamairwhistles.com



Loop

Letters From the Edge

Dear Editor,

The VIFR plan to construct a fire house at Inspiration Point is fiscally irresponsible, does not meet the department’s own requirements, and will adversely impact the rural nature of the area. Using average construction costs the 6-bay facility, approximately 10,000 square feet, would cost at least \$1.5 million. The voting public has not authorized funds for this construction.

King County lists the property as a level 1 Critical Aquifer Recharge Area, a Sole Source Aquifer, and an erosion, landslide, and drainage hazard area. Building layout and siting are severely constrained by ravines and hazardous areas. Preliminary engineering reports indicate the following would be required to mitigate the site’s deficiencies: a three-color traffic light at Inspiration Point, warning lights, storm water treatment system, retention basins in excess of 15,000 square feet, well upgrades, and certification of single family septic for alternate use. Development would eliminate several acres of madrone, forever changing the backdrop of Inspiration Point.

VIFR consultants identified the intersection of 115th SW and SW 232nd as the ideal location for a new station. The proposed site is 2.2 miles away by the shortest path. Fire Chief Wilson stated at the August 16 public meeting that the department’s goal is 5-minute response times and that 30 mph is used in planning calculations. How can the fire department recommend a site that is 4 minutes and 24 seconds south of the ideal starting point?

We urge the VIFR chief and commissioners to 1) withdraw their offer to buy the Inspiration Point property; 2) (re)evaluate properties which are more cost-effective to develop and geographically closer to the stated ideal; and 3) make public a strategic plan for future expansion with full capital and operating cost estimates prior to any property purchases.

Dave Straube, Liz Straube, Cynthia G. Ferrucci, MD, Jane Tunnieliff, Marie Higuera, Alex Dominguez, Sara Schemmel, Mark Schemmel, Matt Crosby, Lisa Marie Crosby, Rick Skillman, Sherene Zolno, Patricia F. McKinnon, Anitra K. Hayes, Bette Kimmel, Mike Urban, Catherine MacLean, Lori Carlander, Bruce Stirling, Elliott Libman, Susan S. Swope, Paul W. Schoen *(Ed: We tried our best to get the correct spelling of everyone’s name. Sorry if we messed up.)*

Editor, The Loop:

Do you want military recruiters reaching into your home to recruit your son or daughter? The choice is YOURS!

Section 9528 of the No Child Left Behind Act, signed into law by President Bush in 2002, requires that all school districts “shall provide, on a request made by military recruiters or an institution of higher education, access to secondary school students names, addresses, and telephone listings.” The threat of non-compliance is the loss of federal funding to the school district.

Note that Sec. 9528 says, “access to secondary school students.” This means ALL post-elementary-school students, not just juniors and seniors in high school! With the access provided by Sec. 9528, recruiters can make unsolicited calls and send direct-mail recruitment literature to a young person’s home. If this is not something YOU want, YOU have to take action! Sec. 9528 has a provision enabling you to opt-out of this process.

Until now, the Vashon Island School District only provided, in very small print at the bottom of the enrollment form, the ability to opt-out of your student’s information being sent to ANYONE: military recruiters, institutions of higher education, yearbook publishers, class-ring companies, etc. You had the choice of the information going to ALL authorized places or NO authorized places.

Beginning this fall, the school district will provide a form enabling parents (and students age 18 and older) to have choices in opting-out. With this form, titled “Non-Release of Student Directory Information” and included in the enrollment packet, you could, for example, opt to have student information go to everyone EXCEPT the military. Or, you could choose to have it go to no one. Or, you could ignore the form altogether, in which case your student’s information will go to ALL authorized places, including the military.

The choice is YOURS!

Roger Fulton

Vashon Bookshop

a whisper heard on every Vashonian ear...



“MANGA MADNESS!!!!!!!!!!”

(we have a zillion Manga books!)

Mon-Sat 9-7, Sun 9-5 463-2616

17612 Vashon Highway

To the Editor:

Your coverage of the hospital district issue was biased and inaccurate. The points on which I disagree are:

1. The Health Center is not the primary emergency care center for the island. The other clinics on island also offer emergency care for their patients. I have reason to know this as Doc Weispfenning’s nurse practitioner gave me better care for an asthma emergency than the paramedics our taxes support or Swedish hospital’s ER.
2. The other providers on the Island are making ends meet without the additional support of a Granny’s Attic; why can’t the Health Center with that support? That’s the question you should be asking!
3. Your coverage indicated that the tax beneficiary of a hospital district would be the Health Center only. That is anticompetitive and it wouldn’t surprise me if it were a violation of antitrust laws. I can think of no rationale that makes supporting one competitor (e.g., Vashon Health Center, Fire Department paramedics) to the exclusion of others a good thing.
4. Why should I agree to be taxed to support a health care system that I don’t use and have no need of since there are other excellent alternatives on the Island?
5. Finally, why don’t you publish contact information? Are you not accountable for your reporting or responsive to your readers?

A previously-happy reader

Megan Belia

(Ed: I should indeed have noted that Joan Coulson, the writer of the article, is a proponent of the hospital district, not an impartial reporter. My mistake. Her phone number is in the book.)

Dear Editor,

A popular book these days is *Blink* by Malcolm Gladwell. It’s about the human ability to make judgments of other humans in the blink of an eye. Our Iraq war gives us all a chance to hone that skill by watching the PBS evening news. In the last few minutes of random broadcasts they flash photos of the latest American dead. We don’t get to see the bodies coming home but they get their few seconds of fame.

BLINK, we see the photo, read the name, rank, and branch of service, age and hometown. BLINK, we study the photo to try to understand what kind of person sacrificed his life. We read the info to try to fill in more information and then back to the photo for one last look. Most nights it’s just a few faces and the mind and heart can take it. The night before last was 23 soldiers and marines. Like the photos from 9/11, it is too many and too much.

BLINK, too often the photos show boys trying to look stern. They never had a chance at adulthood. We might have a volunteer army but it’s not a professional one. For those kids they signed up for a job before their real job where they could learn about the world and themselves. They left their poor small jobless towns hoping they could cut it.

BLINK, the young officers, the bright college grads with bigger dreams. Rather than sending their men forward into battle, in this war they die in the same ball of fire. The WestPoint uniform, the best and the brightest, and the closest this country will get to send their elite to war.

BLINK, the reservists too old for the rank, too old to be in the regular Army. A 30-year-old private or a 35-year-old buck sergeant is usually from a called up unit. They are the “draftees” of this war who thought they were going to help in disasters and fight forest fires, not fire fights and random death.

BLINK, being old I relate to those that died at the end of their careers. They were trying to protect and shepherd the young ones. For their men their deaths were probably the hardest to take.

We democratically reelected a President who had a failing grade in war making. Now we suffer the consequences.

Ralph Moore

Hawe!

Wolftown wants to give a big howl of thanks to all those folks that have helped out in the past two months! THANKS!

Hita Von Mende, Patte Wagner, W F, Darling Pete Yam, Cierra Lefler, Leona Troese, Lama Phuntsho, Clohie Rola, Marin and Stephanie, Wolftown’s Board of Directors and Volunteers, Peter and Karol Lake, Island Wildlife, Rayna Holtz, Folks that brought towels and supplies for bird rescue! (We still need more towels!) Enid Dolstad, NW Falconers, Derek Pike. CAPT JOHN BURKE! THANKS EVERYONE!

Be watching for our membership drive!

T Martino, Wolftown

Phone: 206-463-4764

Cell Phone: 206-745-7549



Just Ask Jayne

Above and Beyond
Catering Service

Fantastic Island References!





Loop Political Poop



Any candidate who would like to submit a position statement is invited to do so. Keep it short - email editor@vashonloop.com. Paid advertisements (like Gayle Sommers') are also welcome and appreciated. Email ads@vashonloop.com. Thank you to the candidates for your willingness to serve!

SCC
Sound Contracting & Consulting
SOUNDCC972K2
(206) 463-2055
Michael O. Bradley
Contracting & Consulting Services

- Detailed, cost effective building plans
- Liaison with DDES for permits, land use issues
- DDES dispute resolutions
- Remodeling ideas and installations

HARBOR MERCANTILE
**Since 1908**
463-2500

Total Experience

Continued from page 1

Flynn. “We know how to stop this plague and yet it seems that we’ve almost lost touch with how devastating this thing still is. Terms like ‘manageable’, born out of the success of the drug cocktail, frighten me. It speaks of our desire to challenge the line of safety. ‘Don’t worry about getting AIDS; we have a pill for that now.’ Bunk! When STDs became unfixable I felt I had to share some of the lesser publicized facts about the side effects of the drugs.”

Flynn will open the show with a “three to five minute soundbite”, and then the Total Experience will take the stage, singing a vibrant selection of traditional gospel songs, some a cappella, some accompanied by world-renowned director Pat Wright on piano. All Islanders are invited to this inspirational, awe-inspiring, feel-good event. Admission price, according to Flynn, is a “free will offering.”

Gayle Sommers: Fire Commissioner Candidate Statement

I know Vashon and Maury Island and care deeply about our community and the need for public involvement in decision-making. As a Fire Commissioner, I will bring conflict resolution and problem solving skills, a fresh viewpoint, and wide experience with nonprofit boards and elected office. I do not have any hidden agendas, and have no financial ties to either VIFR or to VIFR’s opponents.

I served as chair of the Vashon School Board and helped make decisions about property, budgets, and personnel, and I understand both the spirit and practice of involving the public in decisions, as well as those very few situations when the public cannot be involved. I was vice president of the board of the Vashon Maury Island Community Council. I understand the need for collaboration with other organizations.

My decision to run was not made casually. Even in the 18 months or so during which I’ve been attending meetings, I have watched meetings become increasingly unfriendly to public involvement. I have taken issue with a number of decisions that the board has made over the past several years, ranging from the removal of dispatch from Vashon in the name of saving money and improving efficiency, to the vilification of so-called opponents of

VIFR. Rather than being an organization that is an integral part of our community, VIFR finds itself at the center of controversy, seeming more and more embattled. I want to work to change all of this, and, although I have offered my opinions at nearly every VIFR board meeting during the public comment period at the beginning of the meeting, nothing has changed, and I believe that the only way change will occur will be if I am actually on the board, strongly advocating on behalf of the public.

If I am elected, I promise to keep the needs of our community at the forefront, whenever a decision is made. I will see to it that those who are affected by a decision are given the chance to at least be brought into the process. Finally, I will work to make sure that VIFR becomes an organization that is welcoming to everyone in our community, and one that remains ready to help in any emergency.

**Please vote for
Gayle Sommers
for Fire Commissioner.**

Gayle Sommers
P O Box 1525
Vashon Island, WA 98070
Telephone: 206-463-4687
email:
pingsommers@yahoo.com

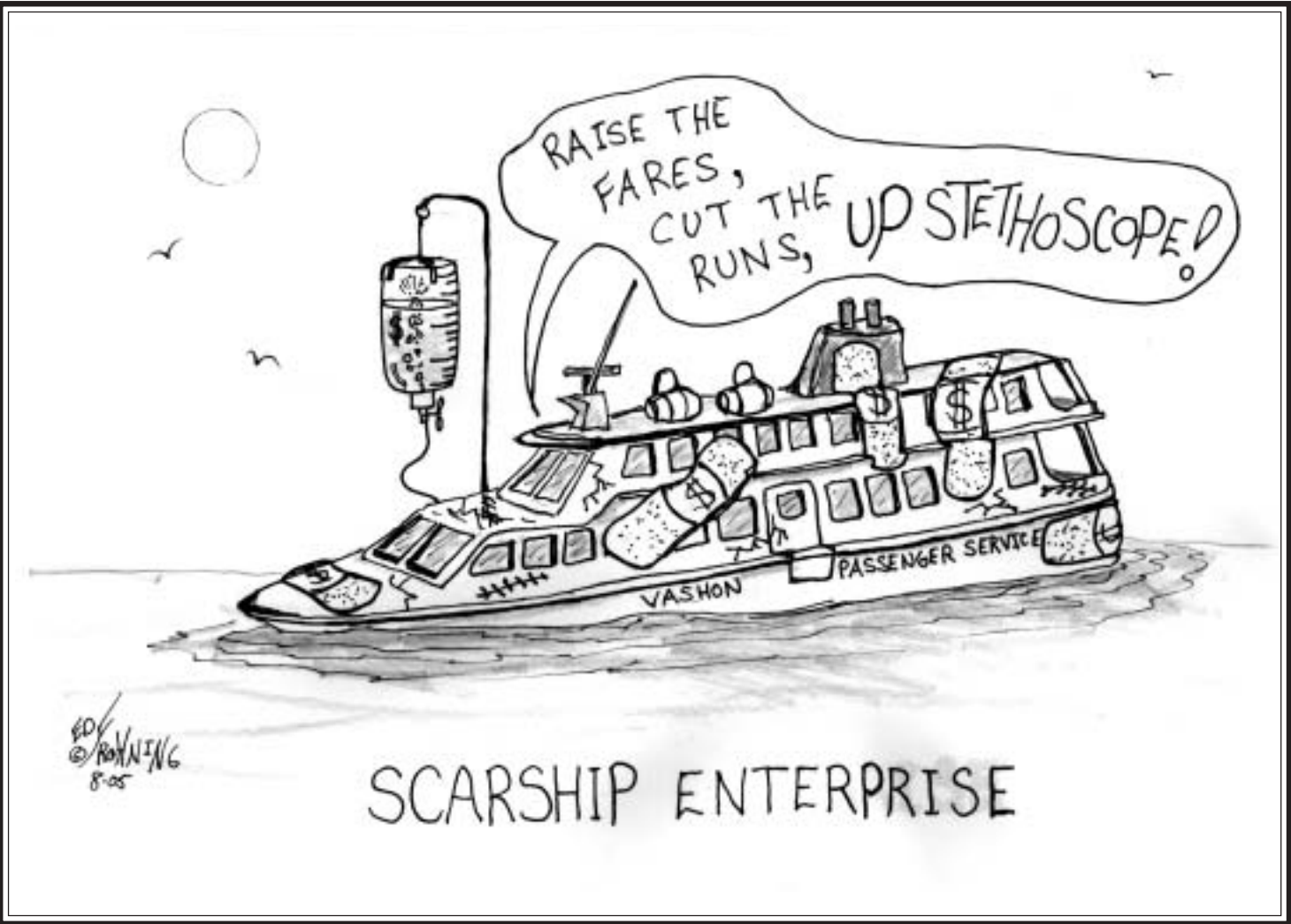
School Board Candidate Forums

The Vashon Island Community PTSA is co-sponsoring two school board candidate forums with Vashon League of Women Voters and the Vashon Chamber of Commerce. Five individuals have filed to run for the two school board positions being vacated by Lorin Reinelt and Dan Chasan.

The first forum will be on **Wednesday, September 14th at 7:00 p.m.** at Courthouse Square. During the forum, the three candidates running in the primary will make their cases for why they want to be on the school board and answer questions from the audience. Washington Mutual Vashon Branch Manager, Patte Wagner, will moderate. The date and location of the second forum, for which all five school-board candidates will be invited to speak, are still to be determined.

There are two candidates running for Dan Chasan’s seat: Bob Hennessey and Doug Misch. The other three candidates running for Lorin Reinelt’s seat are Jerry Connors, Katy Mullen and John Osborne.

The primary election will be on **Tuesday, September 20th**. The general election is on **November 8th**.





Spiritual Smart Aleck

by Mary Litchfield Tuel

Pause, and Begin Again

August is the Sunday afternoon of the year.

The sun beats down on the roses, and I have to remember to water the plants now, which is not necessary most of the year.

The Doberman lies out in the yard, moving from sun to shade and back again, smiling all the while. What was Mr. Doberman thinking? He bred these dogs in Germany, which is not a hot climate, and they have no undercoat to keep them insulated. His Dobermans must have shivered as Dobermans still do in cool climates. Perhaps Mr. Doberman thought that he and his dogs would retire to a Mediterranean island, where the breezes are warm.

Our Doberman is on an island, but not a Mediterranean one. The breezes here can be downright bone-biting.

But not in August. In August the Doberman lies in the sun in perfect inert contentment, and sometimes when she's hot enough she comes in and collapses on the kitchen floor to pant and cool off again. Then she goes out for more heat, and she smiles.

August is a still time when the year's tide turns. People are still on vacation, but the back-to-school sales have been running since mid-July and sometimes, when you pass through the shade, you feel autumn run a finger between your shoulder blades before you shake it off and walk back into the sun.

In September, everything begins again. Families switch into their nine months' of early morning scramble to get everyone out of the house and off to their appointed rounds, classes, or jobs, followed by day care or after school jobs, sports, or activities. Or video games and chat rooms, or rehearsals, or meetings.

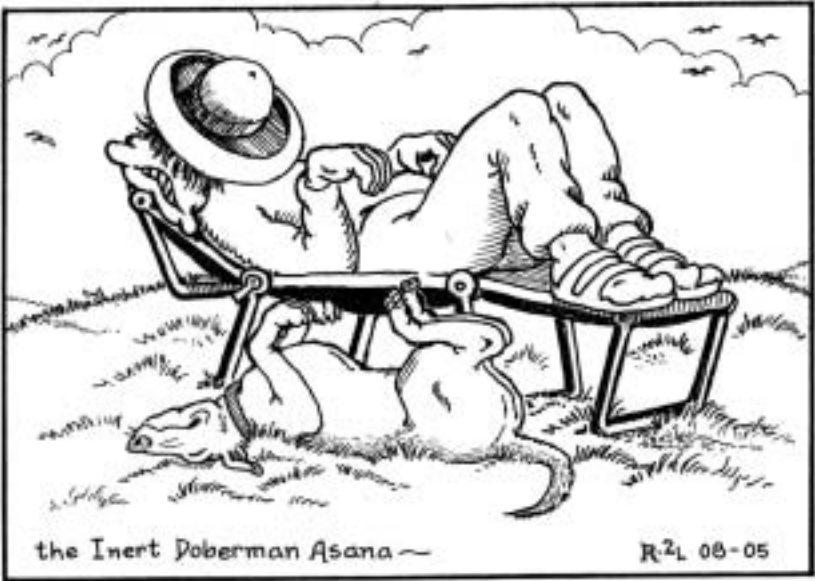
Performance groups start work on December concerts and shows. Auditions are held for plays. Sunday school starts up at churches, and choirs start singing for services again. Clubs and boards start meeting again. The garden has to be cleaned up and

mulched and the compost turned, and bulbs planted, and the late vegetables have to be harvested.

In September, all that happens, but in August the sun is shining and there is no place to go except work, if you have any. You might be on vacation, in August. You might be spending your days in the kitchen, canning fruits and vegetables for the long winter ahead. You might want to run screaming from zucchini.

The flowers are blooming and the berries are ripe. The apples are starting to color up, and the spiders are starting to build webs everywhere, like across your front door so you walk into a web when you go out in the morning. The yellowjackets are getting downright testy.

You can hear hammers and power saws somewhere nearby; contractors are taking advantage of the good weather. You decide maybe you'll paint the house next



summer, because it's too late to do it this year.

The sun makes you drowsy and you figure that gas prices being what they are you might as well stay home and take a nap. And why not? It's Sunday afternoon. Aren't we supposed to rest one day in seven? Can't we step off the treadmill briefly during one month in twelve?

So you sit or lie down, and assume the Inert Doberman Asana. August yoga. September's coming soon enough.

HISTORIC ROASTERIE & STORE

THE VASHON ISLAND

COFFEE ROASTERIE

COFFEE · TEAS · SPICES · GIFTS

Featuring.....

Beautiful, flavorful, fresh roasted, Guatemalan heirloom coffee. Grown in the shade using traditional farming methods. Hand picked and processed by the people who directly benefit from the sales of this coffee. Fresh roasted, better than organic and made possible through the Vashon Coffee Foundation, which was started by Jim Stewart in 1982 to reward the people who make the specialty coffee industry possible. Stop by and try this spicy spirited coffee, flavored by the volcanic soil it grows in.

Minglement™ Coffee Roasterie & The Vashon Island Coffee Foundation
19529 Vashon Highway, Vashon Island WA 98070
Tel: (206) 567-0071
www.minglement.com

By the cup, buy the pound - wholesale & retail

Alan M. Mendel

Sales Associate

(206) 567-4411
Cell: (206) 818-0748
AMMendel@comcast.net

We know Vashon Island; it's who we are

Joanna Gardiner

LOVING CARE FOR animals,
plants and homes

567-0560

Tim's Inspection Service

Structural Pest Inspections Home Inspections

Licensed & Bonded ASHI Certified

Timothy J. Lafferty/Owner
Cell -206.335.2379
E-mail -timsinspections@msn.com

Tom Wallace

Farrier
Licensed Massage Therapist
Practicing on both humans and equines

(206) 463-9689

Gift Certificates Available

• bloomin@centurytel.net

Don't Forget the Birds

Wigeon

By Ed Swan

With August drawing to a close, Vashon's wintering duck species will soon be starting to arrive. American Wigeon are already a little overdue by about a week. Wigeon are dabbling ducks that feed on vegetation such as eelgrass and wild celery. They will also graze on lawns in parks and gardens. A little smaller than mallards, wigeon have medium brown bodies and gray-brown heads. The male possesses a wide green strip on the side of its head going from the eyes down the back of the neck. A light-colored patch ranges from the base of the bill to over the top of the forehead. That coloring on its forehead and crown earned it the old name of "Baldpate."

American Wigeon are common both on saltwater shorelines and small ponds throughout the island from fall through winter. There is almost always a large flock in early winter at Ellisport and smaller flocks at Lisabeula and Tahlequah. The flock at Ellisport reaches 500-600 birds in some years. The flock gathering at Christensen Cove often totals 100-200 while the group at Tahlequah is smaller at around 20-30. By mid- to late winter, the large flocks disperse into smaller groups across the island's ponds and shore. Fisher's Pond, the ponds along Westside Highway and Cedarhurst Road, the ponds along the road down to Lisabeula and other ponds around the island generally have wigeon in season. Bowles, the turn-of-the-twentieth century Tacoma ornithologist, writes of seeing flocks of 500,000 wigeon at the Nisqually tide flats in the late 1890's, but saw barely a fraction of that in the early

1900's. Natural fluctuations and heavy hunting caused their numbers to vacillate over the last century.

Later in the fall, any large flock of 50-100 American Wigeon may hold one or more Eurasian Wigeon. Eurasian Wigeon are Asian strays from the arctic that migrate south through Alaska rather than Siberia. They look very similar to the closely related American Wigeon and sometimes interbreed. The male Eurasian is the easiest to separate out in a wigeon flock because its head has a rufous plumage with the patch forming the baldpate on the American species appearing a buffy yellow rather than white. The



Eurasian Wigeon photo by islander Pete Murray

Eurasian male also has pale gray sides. The females of the two species are very similar and very difficult to tell apart. Eurasians rarely show up on their own, generally they hang-out with flocks of American Wigeon. The wigeon flock in Christensen Cove just south of Lisabeula had three male Eurasian birds last year.

Eurasian Wigeon have long been recognized as regular but rare vagrants across the United States. However, West Coast sightings, reported to regional editors of *American Birds*, increased from fewer than 10 each year in the 1950's to over

PANDORA'S BOX

Your cat needs a tent and you know it. You have nothing better to do with \$80 and you want your feline friend to have the very best.

Back to school specials at the pet store? Any pet demonstrating a proficiency in reading, writing or 'rithmetic will receive a discount the first week of September.

Horus' Pick of the Week:
New Greenies treats for cats. Jenny said they existed and Cheryl is going to find them.

463-3401
\$5. nail trimming with no appointment.
17321 Vashon Hwy. Big Red Building w/Animal Stuff on the porch

100 per year by the mid-1980's. Even after the data has been screened for the increase of observers and like factors over that time period, a major population increase has developed. That trend has continued yet there are no theories as to the cause. Currently, two to five are seen each winter on Vashon without any known records for the past. If you have lived on Vashon for several decades and have any records of Eurasian wigeon before the 1980's, I would be interested in knowing about your sighting.

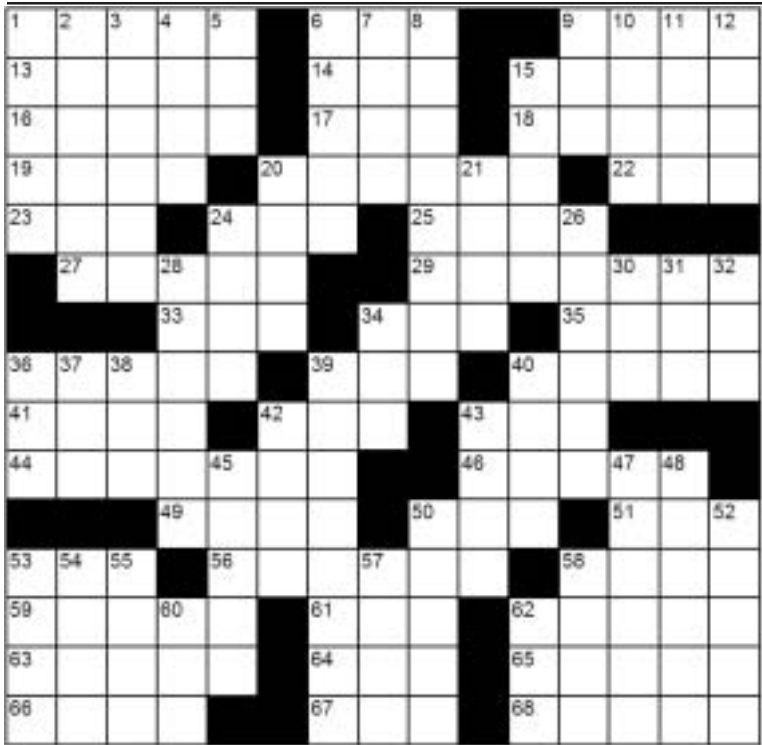
In recent birding news, gull and shorebird migration sightings continue with a Heermann's Gull seen on August 20th off the ferry to Fauntleroy. Two Solitary Sandpipers were seen by Gary Shugart at the Island Center Marsh on August 21 and Steve Caldwell found a Baird's Sandpiper at KVI Beach August 19. Both Baird's and Solitary Sandpipers are rare visitors for Vashon. Previous Solitary Sandpiper records have all been of solitary birds, two is the biggest group so far. Rich Siegrist saw a Parasitic Jaeger force a Caspian Tern to give up its fish off the Tahlequah ferry August 24. Bob Hawkins saw 8 mergansers, probably Common Mergansers, in Quartermaster Harbor also on

August 24. I saw a kestrel at Wax Orchards on August 19. There aren't many sightings of kestrels on Vashon other than in winter. If you have an interesting sighting to report or a question about local birds, call me at 463-7976 or email at edswan@centurytel.net.

Several good bird events are coming early in September. Pete Murray will be presenting the Audubon September program with photos of his trip last fall in Zambia. The presentation will be on Thursday, September 8 at 7:00 p.m. at the Land Trust building. The monthly Audubon on-island field trip will be on **Saturday, September 10**. It meets at 8:00 a.m. at the Ober Park park-and-ride and returns about 10:00 a.m.

A work party to protect Osprey and other raptors from crashing into netting at the golf course will take place on **Monday, September 19**. Recently, an Osprey flew into the net and required T. Martino of Wolftown to come and rescue it. That bird has recovered, and the work party will be putting flashing tags on the netting to warn birds off in future. See separate announcement for details, or call Rayna Holtz at 463-3153.

oooo



Across

- 1. Fruit
- 6. That girl
- 9. Tiff
- 13. Take off the lid
- 14. Metal fastener
- 15. Loggia
- 16. Lean
- 17. Revolutions per minute
- 18. Banish
- 19. Exhaust
- 20. Sight
- 22. Chicle
- 23. Winter sport
- 24. Hog
- 25. Despot
- 27. Revises
- 29. Banned
- 33. Compass point
- 34. Executive
- 35. Orange juice finding
- 36. Arose
- 39. Foreign Agricultural Service
- 40. American-Indian language
- 41. Stack of paper
- 42. Music
- 43. Defray
- 44. Where Dante journeyed
- 46. Household cleaner brand
- 49. Rodents
- 50. San Diego attraction
- 51. Go beyond
- 53. Government agency
- 56. Idiot
- 58. Transparent substance
- 59. Kind of acid

Down

- 1. Sudden outbursts
- 2. Opposite
- 3. Subclass including ticks and mites
- 4. Wind pointer
- 5. Inclined
- 6. Small bunch of flowers
- 7. What legs are attached to
- 8. Hatreds
- 9. Boston Red ____
- 10. Pickpocket
- 11. Organization concerned with civil liberties (abbr.)
- 12. Not us
- 15. Punitive
- 20. Holding device
- 21. National capital
- 24. Posttraumatic stress disorder
- 26. Gives back all of the money
- 28. Chemical compound
- 30. Man
- 31. Wing
- 32. Licensed practical nurse
- 34. Feline
- 36. __ Lanka
- 37. X
- 38. Klutz
- 39. Injured by cold
- 40. Condiment
- 42. Opposed
- 43. Scheme
- 45. Farm
- 47. Worthless
- 48. Jail

- 50. Bohemian Hussite military leader
- 52. Receiver
- 53. Tides
- 54. Sulk
- 55. Pretentious
- 57. Metal thread
- 58. Max
- 60. Frost
- 62. Possessive pronoun

Solution on Page 17

ISLAND ESCROW SERVICE

Complete Escrow Service

Licensed & Bonded

9929 SW Bank Rd. #204
206-463-3137 fax 206 463-9122
islandescrow@bossig.com

Island Life

Text & photos by *Peter Ray*

Get Back

There is something very counterintuitive about inserting a sharp metal object into a tire, unless one has vandalism and mayhem in mind, or if there is already a hole in the spot selected on that tire for insertion. This latter condition is the reason for this particular scenario, which happens to be the note we departed on last time in this space. It seemed to be a reasonable plan. One of the instructions on the flat fix can says to leave objects that have punctured the tire in place, so since what had been in the tire on the way down had been flung out somewhere in the heat of the desert, it was only fitting and proper to put something back in its place to help to seal the breach. The puncture had been in a groove in the tread, so the top of the screw head nestled well below the surface of the tire. There was no more hissing. This was a good thing.

The washboard on the dirt road out of the campsite was a bit worrisome as thoughts of the screw being jarred loose swirled around in my helmet. This did not happen. The thirty miles back to Bend from Elk Lake were a scenic revelation, since I had passed through all of this in the darkness of the night before. I kept testing on corners to see if the rear end was feeling any softer — it wasn't. In Bend I found a gas station, a supply of cold drinks and a mailbox for the first wave of road trip postcards to be launched from. On the way out of town I saw it was ninety-two degrees at four twenty. This was later than I'd hoped to be starting back, but at least I was underway.

There was one more thing I'd decided I had to do on the return trip, and that was to pose with an eagle sculpture that had been a grand photographic temptation on the trip down. Memory indicated that once the hill outside of Madras had been crested, the site of the photo shoot should not be far away. As usual, it was a little further than expected. But it was also a bit better than hoped for since this particular eagle was soaring at an unoccupied office park, so I didn't have to explain why I was setting up my camera and tripod and making strange faces as the self-timer tripped the shutter. Every road trip demands at least one Jackalope-type postcard — this seemed the perfect opportunity. I wasn't planning on mailing this one until safely at home base — sometimes these things don't always work out as planned though — we'll get to that part later. I did however come up with a catchy inscription for the card as I rode off — one that subscribers should have received by now. It involved a paraphrasing of another bumper sticker slogan involving eagles, with

its message altered to contain a reference to flatulence. In a rare display of blatant tease-ism, I will only say that to find out what that message is, follow the instructions at the end of this piece.

It was the wind that aroused concern as we sped over the high desert, with Mt. Hood coming into view in the distance. As the side gusts swept in, the bike would sway to the right, and I imagined the screw in the tread being subjected to lateral tensions as well as the tug from the hasty but constant movement forward. The exaggerated swings with the wind were most likely accentuated by the loss of tire pressure — the bike had never been that unstable in the wind. I pressed



onward. Once again in Government Camp, the tank was filled, cold drinks were downed, and the tire was returned to its proper inflation. I resolved to try and stop every thirty miles or so to re-pump — so much for resolutions. I was pushing fifty miles when I turned on to I-84 and headed into the sun. I suppose there was a certain irony to the blinding that was happening at this point. Suddenly there was a new sound, a rather disturbing sound, and it was coming from the rear end. It seemed wise to stop at this point.

A close inspection revealed that the tire had unseated from the rim — there would be no more pumping or flat fix salvation — game over. It is a strange feeling being stuck midway between exits on a ten foot wide strip of concrete between three whizzing lanes of traffic and a concrete barrier that kept one from the ten foot drop to the side of a couple of sets of railroad tracks. “As the sun sinks slowly in the West...” takes on a whole new meaning at this point. I did TRY the pump and the flat fix, but the air and the sealant just leaked out through the space between the tire and the rim. I tried to power up and drive slowly along the shoulder to the next exit so I would at least be away from the traffic, but it felt too much like I'd roll right out of the tire, so that plan was abandoned. At this point I remembered something about a roadside assist clause on my insurance, and there it was in the back of my wallet. I had even remembered to charge my cell phone before leaving home. Now if I could only



STOW & GO UNITS
BEST RATES - BEST TERMS ALWAYS!
DRY SECURE SPACE, EZ ACCESS
206-567-4663

Contribute to the
Vashon - Maury Island Heritage Association
Conserving Local History

hear and be heard above the highway din.

There is something very strange about being helped in Portland by someone sitting in Florida — it had a certain “Houston, we have a problem” flare to it. It was a challenge on a number of levels, not the least of which was remembering the exit one had just passed before disaster struck. With a lot of loud talking and careful enunciation, I was finally told by Connie, on the other end of the line and the country, that a truck was on the way. I thanked her profusely and sat back to wait. Somewhere close to three hours after slowing to an inauspicious stop, with lights flashing, the tilt deck of the truck slid back and down to the pavement. With the bike strapped securely on its new perch, we headed for an overnight storage space, with the intent of looking for repairs during business hours on a weekday instead of at eleven o'clock Sunday night. Having checked in at a nearby motel, I surfed the cable channels and came upon Jim Carrey and Laura Linney driving around Fair Haven in the scene in *The Truman Show* where Truman (Carrey) is testing out his suspicion that there is somebody out there controlling and restricting the movements of his life. This was a little too close to current events, so I switched off the TV and my consciousness so things would hopefully look better in the morning.

Breakfast was good, and the postcards printed without a hitch — the plan was to address and stamp as the repairs went about in the proper order of things. The problem with that line of thinking is that the proper order in motorcycle shop land is that they usually are closed on Mondays, having been open for most of the weekend to serve the needs of the weekend road warrior types. As hopes dimmed for a Monday departure, one more call found a shop that would do the deed, so we headed to one side of Portland for the tire, and then off to the other side to have it mounted. As we crossed the Columbia and started to climb into Portland's western hills, the truck began to slow and then lurch and then the backfires began in semi-earnest. There was a certain humor to all of this that I began to desperately search for. Having crested the hill, power returned and we lumbered onward.

Having let Mike from Wolf's Towing head on to his next pick up



— hopefully — I found Gary at Cycle Metrics to be more than helpful. He seemed a bit flustered when he found out I would be waiting to get the new tire on, so I didn't ask to watch the off-and-on process, so as not to be in his way. As it turned out though, he probably would have been more than happy to oblige. In the strangely synchronous column, while he was working on my bike he got a call from a regular customer who was motorcycle camping at Mt. Rainier and had found, to her dismay, that



she had a flat tire with no where to go. His advice to both of us was to carry a tire plug kit and a small pump, which are things I will be looking for in the next few days. That's all for now, which is a good thing because it's getting near time to burn the Man.

There are two postcards this week, one buck for each one. Or if you'd like, send any amount to receive these cards and more in the future. Please specify if you would like to receive them as individual postcards, or get them in a packet to send out yourself. Make sure you include your mailing address. Send all requests to: 10322 SW 165th St., Vashon Island, WA 98070. ☼☼☼☼

On Tuesday, September 20,
vote for
Gayle Sommers
for
Fire Commissioner
Hilary Emmer, Treasurer
P O Box 1525, Vashon 98070

Pedal Sense

Text & photos by *Peter Ray*

Shoulder Work

I can't remember the date exactly, but I do recall the circumstances and the resulting Island reactions. It was a time when big, lumbering machines crawled off the ferry and slowly but surely, the grayed and splotchy band down the auto-centric middle of the Island was transformed into a smooth, glistening black band from dock to dock. The call soon went out for a grand Vashon Highway party to celebrate the pristine tarmac. It could be a ballroom floor or a skate park or an inline skaters dream workout space. I don't recollect that anything along the lines of a Highway Block Party ever materialized. It is, after all, just a road. And those of us who were already using it didn't make any plans to increase our usage. It was nicer, though. There were wider shoulders in many places and, without the bumps and divots, staying to the right of the fog line was just as enjoyable as being out on the real road. This was goooooood cyclin', at least for a little while.



Flat From Above

Once again, I'm not certain of the precise time and place of the first roadside violation, but I'm fairly certain that within a year or two of completing the highway resurfacing project, a long stretch of shoulder was torn away just north of 216th on the east side of the road. It is true that besides being a place for cyclists, the paved area to the right of the fog line is also recognized as a utility corridor. In the Dig-We-Must vein, some utility work was done and a new strip of glistening black was put back in place when the cutting and digging and messing about was finished, and all appeared to be back in order — then I rode on it. An apt analogy here would be an in-flight comparison between the comfort levels experienced while flying in clear air (the old shoulder) and the discomfort levels of clear air turbulence (the new hack, patch job). In the casual, drive-by world, this patch seems fine and dandy. But try going over it on skinny

tires and a shockless, stiff road bike frame and one soon decides that the asphalt on the other side of the fog line fence is metaphorically greener and most certainly smoother. While according to state law, bicyclists have every right to be on the road side of that line — and as close to it as is safe — some drivers are not happy with cyclists on "their" road and impeding their forward progress. Some drivers sometimes go a little bit further.

Most of my cycling experiences on the Island have been good ones and I would like that to continue. My one major "comment" that I received from a helpful motorist was that I had "...a big, wide shoulder to use and you'd #\$\$*@\$ better well use it..." this again occurred not long after the Great Macadamizing as I was traveling north out of town. I was indeed on "my" side of the fog line and, since there is that downward grade there, was clipping along at or near the posted 25mph limit. At that speed, hitting any of the drain covers that dot that stretch would be uncomfortable at best, so I was riding close, but not too close, to the right side of the fog line to avoid any mishaps in drain land. What I might have pointed out to the commenting driver, if he hadn't sped off after spouting off, was that, A.) in doing so he was now speeding; and, B.) since he didn't have to cross over the double yellow line to come along side me (with still ample distance between his open window and the end of my handlebars) then there really was no need for his comment, or action, to begin with.

I try to avoid these situations — when I am out on my bike I am there to ride, not to argue. But with the onset of years, the smooth, party-on surface of our main arterial has been diced and hacked to the point where great sections of the shoulder are no longer fun, or in some cases even safe, to ride. This obviously might lead to more cyclists exercising their right to be just left of the fog line, and more drivers upset that the pesky bikers haven't stayed "in their place." Through a series of fortunate events, I began a dialogue with one Ryan Harris, the Utilities Coordinator with King County Roads. This all began



Vertical Violation

Vashon Island Detail

Full Service Detail
Call For an Appointment

463-3771

Pick Up & Drop off



Free Ferry Transfer Call for Details!
Cars, Boats, RVs You drive it, we will detail it

when I sent him digital pictures of some extremely bad patches that had shown up along the main highway recently. Within two days he was on the Island- I think more because of coincidental timing than urgency — and he called me back agreeing that the work was indeed substandard. In fact, as he looked into it further it turned out that the work had been unpermitted, which seems to be a problem with most County officials.

As it turns out, Mr. Harris is also a cyclist, and is more than aware of road surface conditions. Two members of our committee, the Spokes People, recently met with Mr. Harris and traveled some of the Island's roads to point out and discuss particularly bad spots. Before this meeting, the County had already started work on a survey of ALL the Island patch jobs to find out what areas needed the most work, to get repairs going and to levy fines for various violations. Along similar lines, it is planned that water and gas valve holes will be sleeved and covered at the road surface, and those troublesome drain grates that I was trying to avoid in the example above will be changed to more cycle-tire friendly covers. All new patch work will span the entire width of the paved shoulder to the right of the fog line so that there will be no longitudinal cracks in that area for skinny tires to dance around. And lastly, it was noted that a new patch should not waver from the plane of the existing road surface by more than a quarter of an inch. The Island has a new county road inspector, so

there will be more policing of this problem. Islanders can call and report any asphalt malfunctions, on the shoulder or elsewhere, at 206-296-8100. And anyone interested in joining the Spokes People in this or other projects can contact me at pgr42@att.net. ☺☺☺☺

Subscribe to *The Loop!*

Hey, now you can get your *Loop* in the mail! \$50 will cover the cost of postage and handling for a year. Send your check with your name and address to: *The Vashon Loop*, PO Box 253, Vashon, WA 98070.

Deadline to get in *The Loop* is Friday, September 9th. Email editor@vashonloop.com or drop off at Flash Photo and call us at 463-9207. No faxes, sorry.

Vashon Loop Staff

Writers: Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Jeff Hoyt, Troy Kindred, Melissa McCann, Orca Annie, Rex Morris, Jessie Preste, Peter Ray, Jonathan Shipley, Ed Swan, Mary L. Tuel
Guest writers: Mark A. Goldman,

Photographers: T Kindred, P Ray

Original art, comics, cartoons: Richard Carson, Ed Frohning, Rick Tuel, Jeremy Gregory, Jeff Hawley

Ad sales and design: Troy Kindred (layout too!) and Marie Browne; ads@vashonloop.com; (206) 463-9207.

Editor: Marie Browne
Food Critic: Troy Kindred
Copy Editor: Mary L. Tuel (yeah!)

PO Box 253, Vashon, WA 98070
editor@vashonloop.com;
(206) 463-9207
Tell us to fax off (206) 463-0564

Paid advertisements in *The Vashon Loop* in no way express the opinions of the publisher, editor, or staff. We reserve the right to edit or not even print stuff. Deal with it.

Published every two weeks
Paradise Valley Press
© August 31, 2005
Volume II, Issue 17

Challenge On The Crooked Path of Life's Journey

"Somehow I knew, at an early age, that I didn't belong in the dominant male culture of my country," said Mark Unno, "technically, religiously, I was a minority."

"I saw that women, too, were second-class in our culture, and I began to be interested in gender-related issues from quite early in life." Unno, an Associate Professor of East Asian Religions at the University of Oregon, was explaining how he began teaching additional classes in women's studies throughout his career that began at the University of Richmond, Brown University, Carleton, and now Oregon.

At Brown he was asked to teach a course on women in religion. "All very well, I thought, but—I'm not a woman." So, in the spring of 1995, he asked his female students to teach him how to teach the subject. "It was amazing," he laughed. "I learned a



Kudus house black feather Sy Novak Photo



Rev. Dr. Mark Unno Sy Novak Photo

lot, and it changed much of my thinking."

Mark Unno will be leading the second all-day Vashon Seminar on Buddhism, Sunday, September 18, 2005, at David Smith's Kudus House and Chinese House, on Vashon

Island. His central theme will be "The Crooked Path of Life: Buddhist Compassion", for Buddhists and non-Buddhists.

"People who are seeking, spiritually, feel that they're

meandering, lost sometimes," Unno observes. "They'd like to find a clear straight path to spiritual peace or enlightenment—to leave behind this messy life."

"But it's always off the beaten path that realization comes—on life's journey, you often find realization in an unexpected place."

"What each person really wants is to be who they really are, deep inside."

Unno is the 14th generation in his family to be an ordained Buddhist monk, following in a long line from Shinran, founder of Pure Land Buddhism, 1173-1262, who was the first monk to openly declare his marriage. Although Shinran and his wife, Eshinn, were ostracized from their monastery because of their marriage, both continued to wear the robes, wander, and teach. True to his staunch beliefs, even after the monastery recognized his teaching and considerable following, inviting him back, he refused, preferring to stay with his wife, have a family, and farm the land beside the people whom he taught.

This September 18th seminar invites participants to escape to Vashon for a day of relaxation and learning in a beautiful, serene environment from 8:30-5pm. Meditation is optional; a vegetarian lunch is included in the \$60 registration fee, \$50 for students. Interested persons may sign up online at pszn.org, or send checks payable to Puget Sound Zen Center, PO Box 2644, Vashon, WA 98070. A confirmation packet will be sent on registration. For more information, call: 206.4634332 or www/pszn.

message therapy

Serving Vashon and West Seattle

TAMI BROCKWAY, LMP 206.898.1874

Celebrate Workers

Continued from page 1

Community sing-alongs of old and new labor and protest songs will be led at various times by Susan Lewis and Janet Stecher of *Rebel Voices*, and by Steffon Moody.

Speakers from locally-represented unions, RESULTS, Preserve Our Islands, Rural Majority, and more will inform us about issues affecting us globally and locally. Audience members will have the opportunity to get on our Soapbox and speak about issues they are passionate about, or read poetry or essays. We may even have time for a political trivia contest or two.

Vashon Progressive Alliance is excited about our guest performers.

Rebel Voices, featuring Susan Lewis and Janet Stecher, immerse their audience in a program of songs, humor, and theater, woven together with wit and intricate harmonies. Whether focusing on women or working people's lives, their music of the last 100 years illuminates real stories of real people: Rosy the Riveter—revisited, South African miners striking in solidarity with US workers, grade school kids organizing their school. The audience leaves cheering—reaffirmed and energized.

Vashon's Steffon Moody, of *United Sheep*, will not only MC and conduct sing-alongs, he promises to regale us with some of our favorite political songs and maybe even one of his entertaining and thought-provoking improvisations.

Off-stage, celebrants can participate in quizzes and contests. Visit each organization's table, take part in a simple activity, and receive a stamp in your "Passport to Freedom." With enough stamps, you are eligible to select a prize and enter our drawing for a grand prize basket of "progressive goodies!" There will be special prizes for children.

Bring your own "no-trash" picnic, but save room for the homemade desserts that will be available for a donation.

Island progressive organizations will staff booths and tables so you can learn more about the valuable work that is going on in our community. Represented will be Vashon Islanders for Peace, Backbone Campaign, Vashon Green Party, Vashon Democratic Club, Washington Public Campaigns, Sustainable Vashon, Fair Elections, Earthfair, Youth for a Difference, Democracy for America, and RESULTS. Come learn about how you can become more active in the issues that affect all working people. There will also be opportunities for everyone to learn more about current global labor issues and the history of labor activities.

This celebration does not come too soon. In today's economic climate, the ordinary worker is finding it increasingly difficult to find and keep work as jobs are being shipped overseas. Individuals and families struggle to keep adequate healthcare benefits. Parents work two or more jobs to make ends meet, resulting in less time to spend with children. With the richest 1% of the U.S. population now owning about a third of all wealth, today's economy has become reminiscent of the Gilded Age at the turn of the last century, when labor unions came into their heyday in response to corporations' never-ending greedy quest for more profits. Here on Vashon, middle- and low-income workers are being squeezed out of housing as an ever-wealthier population make their (second and third) homes here.

So come to Vashon's first Progressive Labor Day Picnic for a day of inspiration, relaxation, and education in the old-fashioned tradition, and leave in solidarity with your community! For more information, call Maryrose Asher, 567-0593.

Our Skills are in:

sewing, mending, knitting, crochet, charcoal drawings, personal stationary, quilting, personal journals with positive sayings, one of a kind wedding dresses

Let us design for you.

For gifts for that person that has everything or just for you

Exclusively
206-463-1289
You!

P.O. Box 2403 Vashon, Wa. 98070

Linda Cordero

E mail: alatinastylin@yahoo.com

closet and home organization, painting and decorating with your personal flair, stenciling, wallpapering, creative play ideas, baby calming skills, early childhood brain development, Spanish as a second language

one of a kind beaded jewelry, jewelry with personal meanings,

personal poetry, fairy tale stories, salsa and merengue dance lessons, clutter management,

Breast Cancer, Laughter, and Love

by Weslie Rodgers

“There are no incurable diseases, only incurable people.” (*Love, Medicine, and Miracles* by Bernie Siegel, M.D.)

Most people might be surprised to know that the majority of people don’t die from cancer. It is a life-threatening disease, but as I mentioned in a previous article, driving in a car is life-threatening, too. But most everybody laughs and drives and has a most positive attitude about this NOT being hazardous to one’s health! And even after being in an accident, most people think little about recurrences, and keep on smiling. Ah! — here might be a helpful hint for those diagnosed with cancer, or any life-threatening illness. Not only “Smile, though your heart is aching...” (*Smile* by Charlie Chaplin) but “laugh, ‘til your cancer is taking (off)!” And Bernie Siegel, who has had many experiences as a cancer surgeon, would agree, I’m sure. Here are some more of his quotes that might support my assuredness: “...our state of mind has an immediate and direct effect on our state of body.” “Thus it is my job as a doctor to help you (as a cancer patient) develop into a new person so that you can resist the unwanted, uncontrolled development of illness.”

Very early on in deciding what pathway to explore for my breast cancer treatment, I discovered an invitation to a “laughter club” at the Seattle Cancer Treatment and Wellness Center. So I went, it being free, and definitely more appealing than talking about breast cancer yet again in that setting! Any cancer patient is welcome there — not only those being treated at SCTWC. I hadn’t read *Love, Medicine, and Miracles* at that time, nor thought too much about what this cancer was asking for (other than a knife!), nor entertaining the idea that cancer is a life changing event (for sure!- but I

mean, that it could actually be of a positive influence). As Elaine Ratner wrote in *The Feisty Woman’s Breast Cancer Book*: “As apparently “bad” situations go, breast cancer is a doozie, but that doesn’t mean it has nothing good to offer.”

The theme of laughter clubs is “You don’t laugh because something is funny, something is funny because you laugh.” In this class, you practice the intricacies of laughing; you turn your imaginations into laughter. And it works, especially with practice, (I’m into my 8th class!) until the usual becomes funny.

I have found other support groups also, all free, and all loving (e.g., Cancer Lifeline, Gilda’s Club, Harmony Hills, Team Survivor Northwest). As a consequence, I am convinced that love and laughter work together, and FOR anybody with a life-threatening illness. Again, Bernie Siegel has many examples addressing the same, e.g., “I feel that all disease is ultimately related to a lack of love or to love that is only conditional, for the exhaustion and depression of the immune system (remember what a monumental task it has) thus created leads to physical vulnerability.” And Dean Ornish, M.D., writes in his book *Love and Survival*, “I am not aware of any other factor in medicine — not diet, not smoking, not exercise, not stress, not genetics, not drugs, not surgery- that has a greater impact on our quality of life, incidence of illness, and premature death from all causes.”

And, joining these supports, I am offering a free laughter class, with love, on **September 30** and/or **October 1**, taught by Michele Caskey (www.youvegottobekidding.net), location and times TBA. There will be more information here and/or on flyers and the Vashon calendar, as September 30 approaches. You may call or e-mail me at 463-5566, weslie@northbest.com) No kidding!



Rent-A-Ruminant

Continued from page 1

According to Dunakin, goats like a variety of things to eat, and will even eat blackberries down to the largest cane, thorns and all. And because of their thorough digestion, they don’t spread seeds through their manure like other animals.

All the goats are local Islanders, mostly from K-Jo Farm. They all have names, and each herd has a “crew chief” who keeps the rest of the herd in line and keeps them from taking excessively long coffee breaks—kind

of like what Jim Didrickson does for the County road crew.

The goats are confined to the area they are clearing with bright orange electric netting, which keeps the goats in and the dogs out. Keeping the goats contained was a trial and error process; Dunakin first tried setting the goats loose in an area with only the existing fencing, but found that invariably they got out or got stuck. “They’re goats—what can I say?” shrugs Dunakin philosophically.

Besides unfriendly dogs, and Houdini-like goats, Dunakin has to

Annual Vashon Island Seminar on Buddhism

The CROOKED PATH

Vashon Island's Javanese Kudus House

Sunday September 18, 2005

The Crooked Path of Life: Buddhist Compassion.

"Life's challenges help us go deeper into the world of compassion."
with **Mark Unno**

- For Buddhists and non-Buddhists. Escape to Vashon for a day of relaxation and learning.
- With Mark Unno, Associate Professor of East Asian Religions at the University of Oregon.
- With humor and commentary, we will explore "The Crooked Path of Life: Buddhist Compassion" at the second annual Vashon Seminar on Buddhism.
- Time: 8:30 am to 5 pm.
- Morning meditation (optional)
- Cost: \$60, students \$50, lunch included.
- Sign up online or send checks payable to PSZC and receive a confirmation packet.

PUGET SOUND ZEN CENTER

PO Box 2644, Vashon, WA 98070
206-463-4332
office@pszen.org www.pszzen.org

MARK UNNO was one of the most popular lecturers at New Mexico's noted annual "Summer Seminar on Buddhism" at Bodhi Manda Zen Center. Mark will explore a common thread that reflects all Buddhism, a two-fold dynamic: self and no-self, delusion and enlightenment. Mark Unno was ordained in Shin Buddhism in 1985, received his Ph. D in Buddhist Studies from Stanford University in 1994 and has taught at Brown University, Carleton College and Kyoto University.

Slices of Citizenship

Continued from page 1

personal lives? What is on our hearts and minds as we re-visit September 11? How has your view about your citizenship role changed since 9/11/2001?

On that day many people in the United States realized for the first time that the simple fact of their nationality was enough to make a group of strangers elsewhere in the world want to kill them. Why does our identity as American citizens make us the targets of such hostility? And how do we ourselves view our citizenship, local and global?

Each person’s thoughts are one piece of the community pie. Accordingly, the conversation will start in a large circle, with short statements by Stacy Carkonen, Ina Whitlock, Bill Moyer, Sue Nebeker, Lesley Reed, and others. Janie Starr and Merrilee Runyan will facilitate, inviting everyone present to share what is on our hearts and minds. We will break into smaller groups so that each person has an opportunity to speak. For refreshments, volunteers will be bringing fresh-baked pies.

keep an eye out for toxic plants. But other than that, it’s a pretty smooth, environmentally friendly operation. The goats cheerfully work seven days a week, in all kinds of weather. They will be working through the winter, unless we get heavy snow or really cold temperatures. All they ask is lots of vegetation to munch on.

Dunakin plans to add a fourth herd by next year, and says that

Everyone is encouraged to bring their own cups and forks.

Vashon Park District and the Vashon Library will co-sponsor this program. It is free and everyone is welcome to participate.

Vashon Library will also create a display on the north wall of the library’s meeting room, to which everyone may contribute appropriate quotations and illustrations. Parchment copies of the Declaration of Independence and the Constitution of the United States will be surrounded by quotations from U.S. founding fathers and people from many other times and places on themes related to citizenship, freedom, democracy, and the events of 9/11. Cartoons from international newspapers relating to 9/11 will be posted. To share a quote or an illustration, please bring it to Rayna Holtz at the Vashon Library. The display will be up until September 18.

As Benjamin Franklin wrote in 1789, “God grant that not only the love of liberty but a thorough knowledge of the rights of man may pervade all the nations of the earth, so that a philosopher may set his foot anywhere on its surface and say: “This is my country.”

anyone who knows a goat who wants to join the team should give her a call. She says that often people have goats that are too old to breed, or goats that they just can’t care for full-time. And yes, owners do get visitation rights. She also wants to find someone with a portable milking machine to milk the herd. To reach Tammy Dunakin, call her at (206)-251-1051 or e-mail at tdunakin@hotmail.com.

LIVING WELL WITH PLANTS

Text and drawings by Kathy Abascal (AHG)



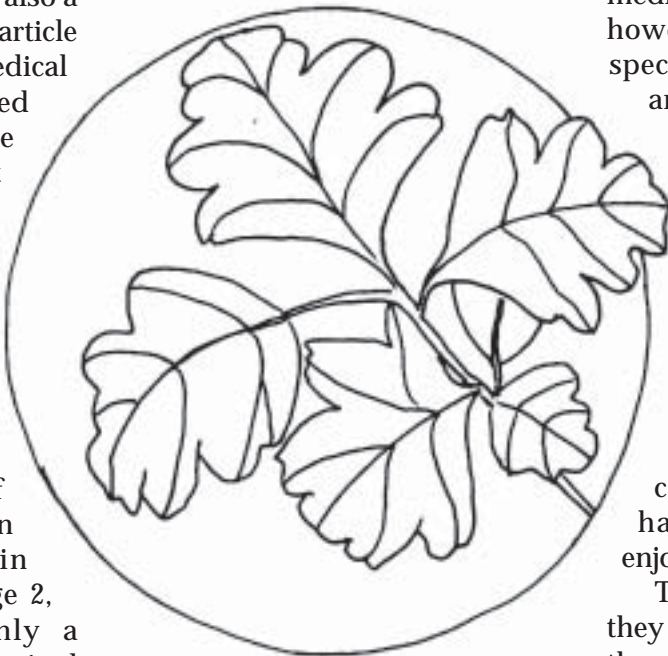
The Hawthorn Berries Are Ripening

There are many hawthorns on Vashon, and their berries will soon be ripe and ready to pick. Most years, the small trees or shrubs are covered with berries that hang on the tree well through winter. For some reason, few people bother to take advantage of this treasure to dry for tea, tincture or process into jam. I think if hawthorn's medicinal value were better understood, more people would be planting these pretty trees and more people would be gathering their leaves and flowers in the spring and their berries in the fall.

Hawthorn is an old medicine, and a tree rich in history. It is also a well studied medicine, and an article in the Journal of American Medical Association recently concluded that hawthorn extracts provide a "significant benefit" as part of treatment plans for chronic heart failure based on an analysis of eight randomized, double blind, placebo-controlled studies — the gold standard for medical research. These studies tested hawthorn in patients with stage 2 and stage 3 loss of cardiac output. In stage 3, even minor exertion results in shortness of breath. In stage 2, patients can maintain only a moderate amount of physical activity without negative symptoms.

Hawthorn's history of benefit on the heart dates back before the days of Dioscorides, the famous Greek physician. The Eclectic physicians here in the US praised it as a tonic for the heart muscle and counted on it to provide relief from the symptoms of a badly functioning or tired heart. They thought it gave the heart muscle a bit of a rest and, when used as a tonic, guarded against atherosclerosis. The Germans have long been interested in both heart health and herbal medicine, so it is not surprising that they have led the way in the renewed interest in hawthorn. Dr. Weiss, a famous German herbalist MD, considered it a specific for cardiac disease. Hawthorn improves the blood delivery to the heart muscle, which reduces attacks of angina but it is slow acting and is not used to treat angina attacks. Instead, it improves the delivery of oxygen and other nutrients to the heart muscle. When heart function improves, blood

pressure tends to go down. Hawthorn is not used to quickly decrease blood pressure but when combined with other herbs or antihypertensive medicines will help reduce high blood pressure. It is also used to treat mild forms of arrhythmia in elderly patients. Dr. Weiss summarized that hawthorn, "has rightly been called the drug to care for the ageing heart" but also noted its importance as a tonic for hypertensive patients, to prevent or treat heart complications that often come with high blood pressure. Hawthorn is called a tonic because it needs to be used long-term as it may take many months for full results, especially in the elderly. Fortunately, hawthorn is completely safe, and has shown no toxicity in any of the many clinical studies. Moreover, many of these studies combined hawthorn with other prescription medications without any negative drug interactions.



Historically, primarily the berry was used as a medicine although there is documented folk use of the leaves and flowers in parts of England. The Eclectics used the leaves, bark, and berries; Dr. Weiss used the leaves and flowers. The clinical studies mostly tested the leaves and flowers but some tested a combination of leaves, flowers, and berries. I, like many herbalists, prefer the latter combination but believe that any one of those parts can be used successfully. The Germans often begin drinking hawthorn tea daily after about the age of 40. I think that is a great idea. Although the dose will be small, there is every reason to believe that the tea will gently but significantly protect the heart from some aspects of aging and poor life style. For more substantial issues of heart problems or hypertension, I most often use the tincture in higher doses as a tonic part of a formula. I particularly like it for people with familial high cholesterol because I think it over time will counteract

Leave the cooking to us
7 Days a Week!

HOMEGROWN

GUARANTEED

Quality

C A F E

Breakfast 7am - 11am

Lunch 11am - 3pm

Call for
food to go!

463-6302

some of the ill effects of fat filled blood.

Most of the original hawthorn research was done in Europe on European species. As a result, those species tend to be recommended as medicines. My own research review, however, indicates that hawthorn species from China, Iran, Turkey, and other parts of the world have similar constituents and properties. There are subtle differences in the amounts of constituents in different species of hawthorn but my sense is that these differences are not significant when it comes to the plant's medicinal properties. I basically use any hawthorn that is growing in a clean, quiet place where plant harvesting is relaxing and enjoyable.

The berries will soon be ripe, and they can be picked through most of the autumn. In fact, some herbalists prefer the berry after a good chill when it is quite shriveled. The berry itself is mealy and many Native



Kathy Abascal is a professional member of the American Herbalists Guild and is certified by Michael Moore of the Southwest School of Botanical Medicine. She co-authored the book "Clinical Botanical Medicine." If you have questions about herbs, come by Minglement on Mondays or Wednesdays to meet Kathy. If you are interested in a private herbal consultation, you can pick up a brochure at Minglement that explains her services & how to schedule an appointment

Americans used it mostly as a famine food. Nonetheless, it can be dried and blended with herbs to make a pleasant tasting tea. I highly recommend taking the time over the next few months to gather some so you can get in the habit of drinking hawthorn tea as a tonic. It is a good thing to do for your heart. ☺☺☺☺

1/2 OFF
your first order



463-4764

Visit our website at
www.farmfreshorganic.com

Organic Produce Delivery

Fresh, certified organically grown fruits and vegetables delivered to your home or office

Dear Jayne (AKA Organic Goddess Lady),
Once again I am writing to express my gratitude for your awesome food. The avocados last week were gorgeous, and the strawberries two weeks ago were a great taste of spring - unlike those monster red on the outside white on the inside no flavor things they call strawberries now. Thank you!

Trigg Insurance Agency & NW Ocean Marine Insurance

**Call Us for a Quote On
Your Home and Auto**

Lowest rates in Puget Sound through the Grange Insurance

17425 Vashon Hwy.

www.trigginsurance.com

ph: 206-463-7411

fax: 206-463-7414



Garden the World

by MEarth

Just a few stories and related thoughts this time—to give you something to chew on.

Stone Soup

Do you know that story of stone soup? The way I heard it, an old hobo started to boil a big kettle of water. When it began to steam, he took out a spoon and began to taste it. His friend came over to ask what he was doing and the old man said “Making stone soup. It’s not ready yet.”

His buddy looked into the pot of steaming water and, sure enough, all that was in there was a smooth, fist-sized stone. “You know,” said the friend, “I have a couple of limp carrots in my bag. They’d be good in stone soup.” So he cut them up and tossed them in. Another of the hobos came to the fire to see what was going on. He gazed into the pitiful pot and allowed as he had a handful of jerky that had gotten tough and he tossed it in.

One by one all the men in the camp came over. Many actually had a little something to contribute—some wild onions, some spuds, some meat, some salt. Some just gathered more fire wood.

Eventually, the elder hobo announced, “It’s done,” and there was enough to feed them all. As he was cleaning up, the old man pulled his stone out of the pot, wiped it off and gazed at it.

“Enough for a whole ‘nother pot,” he said to no one in particular as he stuck it back in his pocket.

That was Zen; this is Tao

There is a story told of a local ceremony done not too many moons ago.

It was after World War II, when things were heating up in the Middle East. Some tribal elders came together in the sweathouse to pray. When the spirit came in, one of the old ones held up a map of that area and said, “We hear there is great trouble in this place. Our prayer is for you to look into the situation and see what you can do to help.”

They say the spirit responded, “That situation is very complicated. There are many prayers being offered up on all sides, many spirits being invoked. I don’t know that I would be able to do much over there. Isn’t there something else that concerns you, somewhere I might be more useful?”

The elders thought about it for a few moments and then one of them said, “Down the road from the reservation live our brothers, the white men. We would pray that they learn the error of their ways and that they begin to walk the good red road; we pray they begin to have lodges and ceremonies like we do here and that, some day, you will come in for them like you do for us.”

The spirit was silent for a moment and then said, “Maybe I’ll

Stone Soup and Other Wee Tales

go ahead and take a look at that map.”

The Medicine of Laughter

Laughter reduces levels of stress hormones and provides a safety valve for the fight-or-flight chemistry that comes into play when we experience stress, anger or hostility. When we’re laughing, natural cells that destroy tumors and viruses increase, as do disease-fighting proteins—T-cells, a major part of the immune response, and B-cells, which make antibodies.

Laughing a hundred times is equal to ten minutes on the rowing machine or fifteen minutes on an exercise bike. Blood pressure is lowered and there is an increase in vascular blood flow and in oxygenation of the blood. Laughter also gives your diaphragm and abdominal, respiratory, facial, leg and back muscles a workout.

The psychological benefits of humor are amazing according to those who study such effects. Medicine tells us that people often store negative emotions rather than expressing them and laughter provides a cathartic way for these emotions to be released harmlessly.

Humor is also important in human development. Early childhood educators who consider humor a form of play that involves the manipulation of images, symbols, and ideas believe it can first be detected in infants at about 18 months of age. Others note behavior in infants 4 months old that can only be described as reactions to humor—like the classic peek-a-boo response.

An article in *Discover* magazine, June 2005, relates, “Chimps, dogs, and rats emit sounds resembling human laughter, says Bowling Green State University psychologist Jaak Panksepp, suggesting laughter may have preceded the development of human speech.”

I like the fact that we can laugh uncontrollably, transcendently even, that we can roll on the floor in mindless mirth. When we look at the areas of the brain involved with laughter, we find the reactions quite complex. The limbic system seems to be central to the whole process. That is a network of structures that controls behaviors that are essential to life—like finding food and the urge to self-preservation, plus various aspects of motivation and emotional behavior.

It looks like humor is built right into us on a very basic level and it’s another clue to the nature of the universe. There is ample evidence that God and Grandmother like a good joke. Just look at human beings.

HOUSE SITTING

Plants, garden and pet care
Excellent References

Marie Schlick 567-4030

PERRY'S VASHON BURGERS

17804 Vashon Hwy SW

Open 11am to 8pm Monday-Saturday
12am to 5pm Sunday

Best Burger in Town!

For a Burger Emergency
463-4-911

Glendale Realty Inc.

LORNA CUNNINGHAM
Associate

TRANSACTIONS OF INTEGRITY
SINCE 1970



Cell (206) 459-5312
Bus (206) 463-9138
Fax (206) 463-9174



Troy Kindred & Marie Browne

KELLER WILLIAMS

REALTY

Seattle Metro West

PO Box 253 Vashon, WA 98070
marie@kwvashon.com
troy@kwvashon.com

Home Team Realty
www.kwvashon.com

(206) 463-LIST (5478)

GRACE

Sanctuary items for
Home, Garden, and Self

- Persian rugs
- Prayer flags
- Garden stones
- Incense

Open at 10:00 am
Wednesday through Sunday
MC/Visa accepted.

17311 Vashon Hwy SW
(behind AJ's Espresso)
(206) 854-1027

PRE-PAID LEGAL SERVICES®, INC.
AND SUBSIDIARIES
IDENTIFY THEFT SHIELD
NEED WILL WRITTEN OR REVISED?
DO YOU...

- Hand credit card to server at restaurant?
- Sign your credit card?
- Supply personal info over the net?
- Keep S.S. card in your wallet or purse?

HAVE YOU EVER...

- Been audited by the IRS?
- Purchased a home?
- Signed a contract of any kind?
- Had a traffic ticket that was unjustified?
- Had any type of legal question?

IF YOU ANSWERED YES EVEN ONCE
CALL WITTMAN AND ASSOCIATES
Independent associates
Everett: 567-5776, Flo Ann: 567-5006
Lauralee: 235-7015, Joe: 265-9321
Christine: 290-3941, or Josh: 356-9525

Everett Wittman
12522 SW 154th St.
Vashon, WA 98070

Dreaming of a new home?



Cerise Noah
-Realtor
Making your
REAL estate
dreams come true.

NORTH HAVEN
Real Estate

1051 North State st. Bellingham WA 98225
360-756-6500 ext 14 Fax 360-738-0825

VHS Revisited

by Penny Kimmel

August 19 and 20, 2005, Vashon Island was heavily populated once again with Vashon Island High School graduates from the classes of 1968-1971.

Friday night the graduates overran Bishops much to the amusement of the regulars and the disdain of the staff. It was a no-nametag evening which made it a real challenge for the over-50 age crowd to guess who was whom and which class they were in. There was much excitement of seeing familiar faces again and catching up.

Saturday afternoon the golfers golfed while the organizers transformed the Sportsman Club’s atmosphere by setting up tables outside. The evening activities officially started again around 4 p.m. Many more people were there than in the Bishop crowd. And some from the night before didn’t show up and were missed.

We had nametags with our senior yearbook picture and graduation year on them. This leveled the field from the night before and helped the tired brain cells relive memories of youth. It was great fun chatting with friends from other years and hearing about their lives and families.

Sheree Tomoson (class of ‘72) catered it. Some of her fellow classmates helped her, as they wanted to be at the party too. They prepared food for over 160. The food was excellent, as was the service.

It was a bring your own bottle affair with many mini-bars set up in vehicles. Mike Spakowsky commented that we were still smoking and drinking in the parking lot just like high school (well, some of us!).

Later in the evening we were professionally entertained by *The Spotlights* which had a number of graduates in it, Jerry Todo, John Hjorten, Dan Cadman, Loren Sinner, and a couple of off-Island musicians too. Mike Spakowsky, Matt Eggleston, Donny Cadman, and Billy Jack sat in.

Great fun was had by all, even the non-VHS spouses who stayed. Graduates came from on and off Island and from as far away as Alaska, Florida, California, Utah, North Carolina, and Oregon.

The four year reunion was a very successful idea. Special thanks goes to the committee: Beth (Linden) and Dick Alberthal, Rhea (Brobeck) Harvey, Gayle (Garvin) Pond, John and Katie Hjorten, Jerry Todo, Dorothy Rosser, Joan Danielson, Mike Spano, Mike Denning, Carl Holert, Sharon Lau, and all who helped make it possible. They say we will do it again.

A memory book for \$10 is being prepared of the event and can be ordered by sending a check to **Class of 1969** in care of Beth Alberthal, PO Box 395, Vashon, 98070. ☺☺☺



ITS NOT AN AUCTION, ITS NOT A GARAGE SALE, ITS NOT A FESTIVAL OR A DANCE.....

Its a chance to help save wild animals, preserve habitat, teach compassion and empathy!
How can you help?
BECOME A MEMBER! For only \$25 you can help support Wolftown! Vashon’s own and only Wildlife Sanctuary and educational center. If everyone on Vashon donated \$25 we can continue funding our ongoing mission!

Rescuing Wolves and other wild animals, doing non-invasive fieldwork in the Pacific Northwest for big predators with the cooperation of the parks dept and state wildlife agencies. Teach young people about balance, empathy and preservation of wildland. Connecting with young people around the world for the purposes of finding common ground.

PLEASE Its very easy to help.
Mail your Check for \$25 to
Wolftown!
PO Box 13115
Burton WA
98013
Or call us and put it on your Visa Card.
206-463-9113

Get a gift certificate for someone you love!
Virtual Adoption of Wolftowns rescued animals!
For \$100 you can support a wolf or bird of prey and get a laminated story of that animal and quaterly updates.
For \$1000 you can get a bronze plaque with your name or your loved ones name on our memorial fenceline at the entrance of the facility.



THANKS
VASHON!

Madame Toujours

Dear *Madame Toujours*,
I have a question about something that happened last night, and I just don’t know what to do. See, about a year ago, I was living with a man, Jerry, who just wasn’t really very nice to me. He criticized me a lot, and he was always telling me what to do and when I could do it. I think he also told lies about me to my friends because they started to act very strange around me, and told me all the time I should do what Jerry told me. Finally, Jerry started getting so mad at me that I got scared and moved out on my own.

That was about a year ago, and yesterday, I got a phone call from one of his friends. We talked about where I was living and how my job was going, then Suzie, that’s Jerry’s friend, said I really should get back together with Jerry because everybody really misses me, and Jerry is a really wonderful person and a good friend. At first I told Suzie that I wasn’t going to get back together with Jerry because he had said and done a lot of really mean things, but she said she didn’t agree that he had done anything wrong. He was only trying to help me and to be supportive, and I should stop being so stubborn and be willing to let people help me.

I am confused. Am I being too stubborn? Maybe if I get back together with Jerry, he will be different. What should I do?

Sincerely,
Single and Happy


Chere Mlle. Happy,
Congratulations for being the sensible person who is getting rid of the useless lover who is not being the ornament to your life. Unless *M. Jerry* is having the major brain transplantings since you are tossing him aside, he is still being the same selfish, unkind person he was when you were crushing him beneath your heels.

Now you are wondering, “But Madame Toujours, if Jerry, he is the useless lover who is being thrown away like the yesterday’s trash, why is anybody wanting me to be dating him?”

This is because when you are spitting on *M. Jerry* and deciding not to be pushed around anymore, this is not being nice. Instead, it is being forceful and independent and assertive for yourself. *Mlle.* Suzie is not liking when people are being assertive for themselves. She is wishing for everybody to be nice because then she is not having to make the troublesome moral decisions such as, “Should I support my friend who is being treated very badly?” She is much preferring if you will smile and be nice while *M. Jerry* is being cruel and rude to you, and she is not caring very much if you are feeling very sad and unfortunate and possibly bruised because of the rudeness of *M. Jerry* as long as she can go pleasantly on with her life where everything is nice.

Bon Chance, Mlle. Happy, and remember that to be nice is not always the same as to be good or to be happy.

From North End to South End
From Dockton to Burton
Come see Dr.Basile
If you're tired of the "hurtin"!



Vashon Family Chiropractic
Dr. Thomas Basile
463-1850



Planet Waves
by Eric Francis <http://www.PlanetWaves.net>



Aries (March 20-April 19) There are rewards for taking your life seriously, and they're becoming obvious right about now. You've arrived at a point of beginning that is influencing both your work and your partnership life, but it's not possible to say that one takes priority over another. Can you think of a time when people have been more generous and cooperative? This is the moment to break free from any conflicts between your mission as a lover and your mission as one who came to the Earth to assist others. Now is the time to state exactly what you need, and make a bold move toward your most cherished goal.

Taurus (April 19-May 20) It seems you're finally learning to keep your focus on yourself. Taurus is always accused of being self-centered, but it's really a ruse. The power of relationship is so compelling for you that it's often difficult to think of anything else, and this is often at your own expense. What you're seeing now is that you have a relationship to yourself that comes before anything or anyone else, and in reality makes everything else in your life possible. Imagine that you are the cause of your own existence. Imagine that everything is optional.

Gemini (May 20-June 21) You may be imagining how nice it would be to have your whole mind made up about one important thing. It's like you're triplets rather than twins these days, and two of the three have one idea and the third is onto something else entirely. But give yourself a little space to think, and focus on something that's emerged in your life as a powerful attraction, both for its beauty and intellect. And remember, there is a certain factor that appears to be missing from the equation, but which I'm pretty sure will come into focus over time. Meanwhile, focus on what really works in your life — and there is plenty.

Cancer (June 21-July 22) You seem to be more dedicated than ever to a goal or objective that serves the world beautifully. I don't think that's going to be hurt by keeping an important personal objective as a high priority. With the energy you have these days, and the relief from your usual background anxiety, you have plenty of energy to do it all. As it turns out, you're not actually proceeding on two separate paths, but rather developing a means to see them as one expression of your creative power. When in doubt or facing a puzzle, come back to this one idea. And please get rid of guilt as casually as you flush the toilet.

Leo (July 22-Aug. 23) Investments that you make now will prove to be particularly valuable. It doesn't matter if you deposit a nickel in the bank this week, or put \$5,000 into solar energy stocks. The point is to begin, and to plant the seeds of a growth process without necessarily seeing how it's going to get to any particular goal. The same will hold true with a recognition you make about yourself. Part of why Leo is such an admirable creature is because you're so willing to be self-critical. Try giving yourself a break. You're doing very nearly everything right, and it's about time you told yourself that.

Virgo (Aug. 23-Sep. 22) There's a subtle, gradual pressure to change that's taking over your life, and I suggest you ask yourself where it's coming from. There do seem to be external sources, but they've been there for a while, and you've never got the message on quite the level you're getting it now. It's almost as if what stands outside you is just a reminder, and what's coming from inside you is the source of the energy. And it's quite unusual. It's true that you've felt the urge to progress many times, but what stands out of your solar chart right now is the distinct sense that it's inevitable.

Happy Birthday, Virgo!

You may finally figure out that your beauty and love are the real riches that you give the world, and if you do, you will be a lot happier. You have learned so much, yet there remains a little piece of self-knowledge that seems to be hiding from you — and if you want to find it, you're going to need to look, within. You have every reason to give up the voices that have offered their criticism of who you are for so long, and this, too, is a decision you need to make. It starts with the awareness that you owe people nothing, and they owe you nothing.

Libra (Sep. 22-Oct. 23) If you get the sense that things are going well, you're only seeing half the picture. There is indeed something brilliant happening to you, as if a potential you've felt for a long time is finally coming to fruition in ways you never could have imagined. What you may not know is that on a whole different level, you're sinking your roots into something real and lasting; and that the results will reach further than you can, at this point, really imagine. Yes, this adds up to a lot of change over the next month — but it's change you've awaited for a long time.

Scorpio (Oct. 23-Nov. 22) Don't be too picky at this point; if your life is going well, take that as a good sign, and pay attention to what resources are actually supporting you, and what long-term projects are paying dividends in some way. It's pretty much inevitable that you're underestimating what you have available to work with, but if you stay focused on the positive you're a lot more likely to see it. If you emphasize the negative, you're likely to miss the point altogether. The choice really is yours, and honestly, it's not such a difficult one at the moment.

Sagittarius (Nov. 22-Dec. 22) Your considerable efforts are now actually worth exactly what you say they are. So consider your value carefully, and set your price. In fact, not only that, but get clear about all the other rewards of your work that you would like to experience, from creative to material to social to amorous. There is something working exceptionally well in the angles of your chart that addresses the questions of productivity, reputation, loyalty and the accompanying benefits, and this is one of the best moments in many years for all forms of collaboration.

Capricorn (Dec. 22-Jan. 20) The upcoming New Moon in Virgo has you handpicked for a new mission. What will it be? If you've got several choices, I suggest you go with something that appeals to your sense of aesthetics, rather than your rather durable sense of responsibility. You do appear to have options in this matter, and by far the one that will provide you with more of the responsibility and success you seek, as well as personal fulfillment and a sense of accomplishment, is the one that is more fun, offers beauty in some form, and probably pays a lot better.

Aquarius (Jan. 20-Feb. 19) You may be inclined to take a chance on love this week, and if such presents itself, I suggest you not let it pass you by. This is what you might call an intelligent chance, as logical as these things can possibly be in the world of emotions on our particular planet. What the scenario may lack in raw lust it more than compensates for in wholesome love. And this is by all indications a true beginning, so just make sure it's a good one. What ultimately develops is more important than immediate gratification — but you won't know if you don't show up in person.

Pisces (Feb. 19-March 20) What comes to you this week is yours, to the extent that anything or anyone in this world can be — which is limited. Better to think of this development as yours to share, or to share in; and keep the collective spirit of the moment alive and strong. Pisces of all the signs is attuned to the transience of existence, which may help explain why so many are spread in the directions of those who do great things, and those who seem to just give up. What happens this week will be more than encouraging, so open your heart to receive, and receive graciously.

Eric Francis has
more to say at
PlanetWaves.net.



Superb Cocktail Parties for All Occasions!

FULL SERVICE BAR

206.463.0332

Contact us for our brochure and sample menu.



LS CEDAR CO

2x6 \$1.50
2x8 \$2.00
2x10 \$2.50
2x12 \$3.00
6x6 \$2.00
463-5535

PER FOOT

ALL GOOD
ALL FULL-SIZE
ALL NATURAL
Beautiful Rough Cedar
Landscape Stock

Vashon Island Bicycle
Much more than just a bike store.

Breeze on in and ride out,
same day service
Check out
www.vashonislandbicycles.com
(206)-463-6225
Downtown Vashon next to the Post Office



Positively Speaking

By Deborah H. Anderson

Summertime

So, when the staff at my workplace said, “Where could we go for a one day retreat?” I said, “Hey gang, I live on retreat Island.” And as the second and third cars made their way following my lead down the highway I could be heard to say to my boss driving the car, “C’mon...the speed limit’s fifty, guy.” Therein did I begin to learn about summer drivers. When we stopped at one point, his wife said to me, “Sheesh, you drive too fast.” Actually I don’t. I set the cruise control at whatever the speed limit is.

But finally, after years of cursing summer drivers, I discovered why they drive thirty miles an hour when they hit our soil. They are apparently thinking that two lane highways demand it, and they are, of all things, looking at the scenery.

As we pulled into the Burton coffee stand because one of the guys in my car had finished the latte he purchased on the dock and needed another, my boss came up to me and said, “This is really beautiful.” I had taken them “the pretty way” as we call it in our family. Down the winding path to Tramp Harbor and across Portage to get to the south end of the Island.

I want to say that never, not once have I ever taken the beauty of this Island for granted. In fact, sometimes, I drive around just to see

some new pretty spots. The beauty feeds my soul.

Ever since they came to the Island for staff retreat, they say to me, when I leave work, “Going home?” with a new understanding. There is joy on their faces at what lies ahead for me. They know that by the time I round the bend to go up the hill to my house, I will have lost all the knots and kinks they will be working out for the rest of the evening.

I’m not going to talk to summer drivers that are ahead of me keeping me from making the next ferry, anymore. Watching my friends’ and co-workers’ reaction to the Island has given me a new compassion for what’s it like to see this place for the very first time. I think I vaguely remember slowing down, too. I see it all now; I just take it in faster. And I anticipate the changes. Like soon summer will be over and the maples next to the highway will begin to have that flaming red and gold.

I’m just so grateful to live here. I know it would be very very difficult to go back to living in a place where you can reach from your dining room table into the next door neighbor’s dining room and grab their salt shaker.

We do summer best. I’m so glad my friends reminded me to slow down and enjoy it.

Enjoy the last few days. It’s been a beauty.

Lo'py Laffs

OneLiners

(more or less)

Plan to be spontaneous.
Housework can kill you if done right.
Birth, life, death. Repeat as necessary.
If you can't make it better, you can laugh at it.
Confession without repentance is just bragging.
Computers are not intelligent-they only think they are.
Confession is good for the soul but bad for your career.
If you're not part of the solution, you're part of the precipitate.
I put instant coffee in a microwave and almost went back in time.

My wife was raised in Sweden, yet she speaks English without an accent. She does, however, sometimes confuse her idioms.
One day a man entered the law office where she works as a secretary. Using a Swedish phrase, but not quite translating it right, she asked, "May I help you take your clothes (meant coat) off?"
Startled by her remark, the man stepped back. Realizing what she had said and trying to put him at ease, she added, "It's okay, really. I'm Swedish."

Faced with hard times, the company offered a bonus of one hundred dollars to any employee who could come up with a way of saving money. The bonus went to a young woman in accounting who suggested limiting future bonuses to ten dollars.

War is when the government tells you who the bad guy is.
Revolution is when you decide that for yourself.

Put "eat chocolate" at the top of your list of things to do today. That way, at least you'll get one thing done.

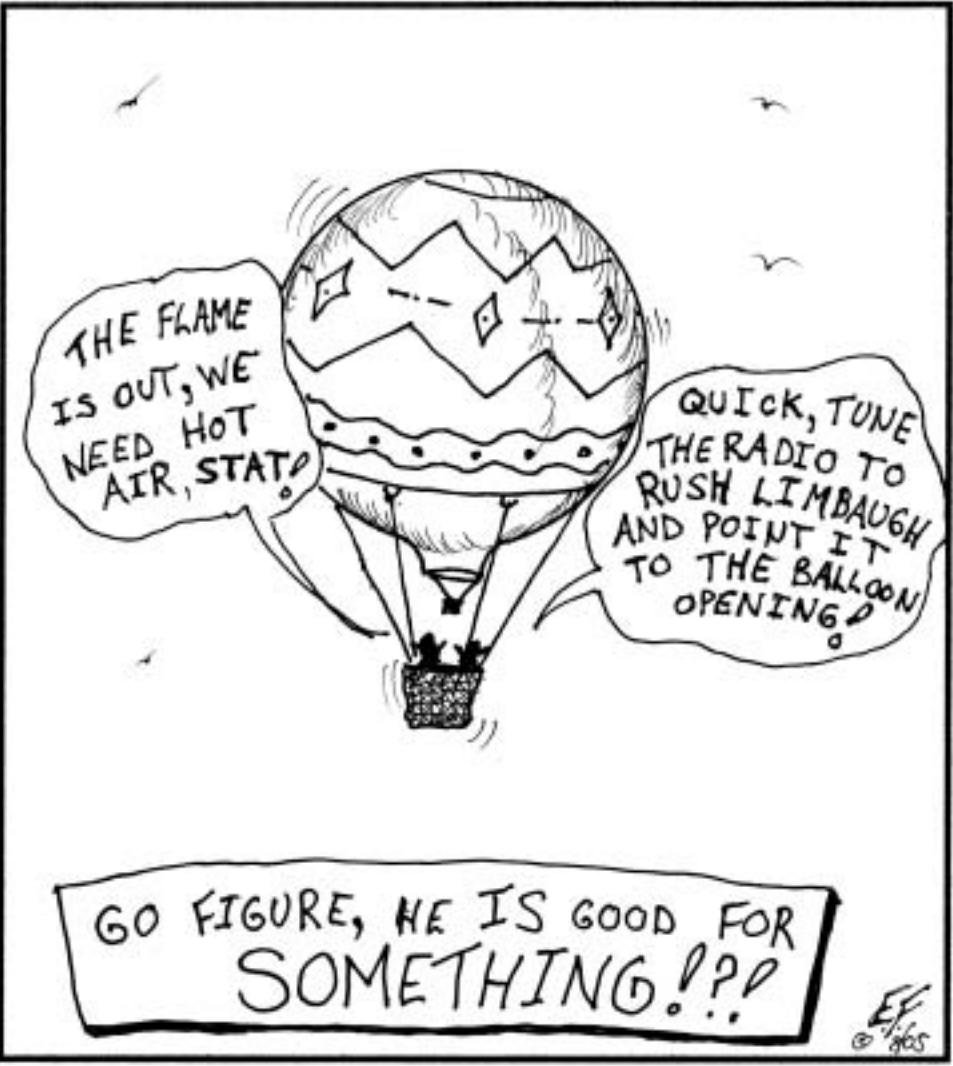
The word 'facetiously' has all the vowels, including y, in order.

A person reveals his character by nothing so clearly as the joke he resents. -G. C. Lichtenberg

A Frenchman with a parrot perched on his shoulder walked into a bar. The bartender said, "Wow! That's really cool! Where'd you get him?"
"In France," said the parrot. "They have millions of them."

When they first invented the clock, how did they know what time to set it to?

WILD WORLD / Ed Frohning



Kid's Letters to God

Dear God,
Instead of letting people die and having to make new ones, why don't you just keep the ones you have now?

Dear God,
Who draws the lines around the countries?

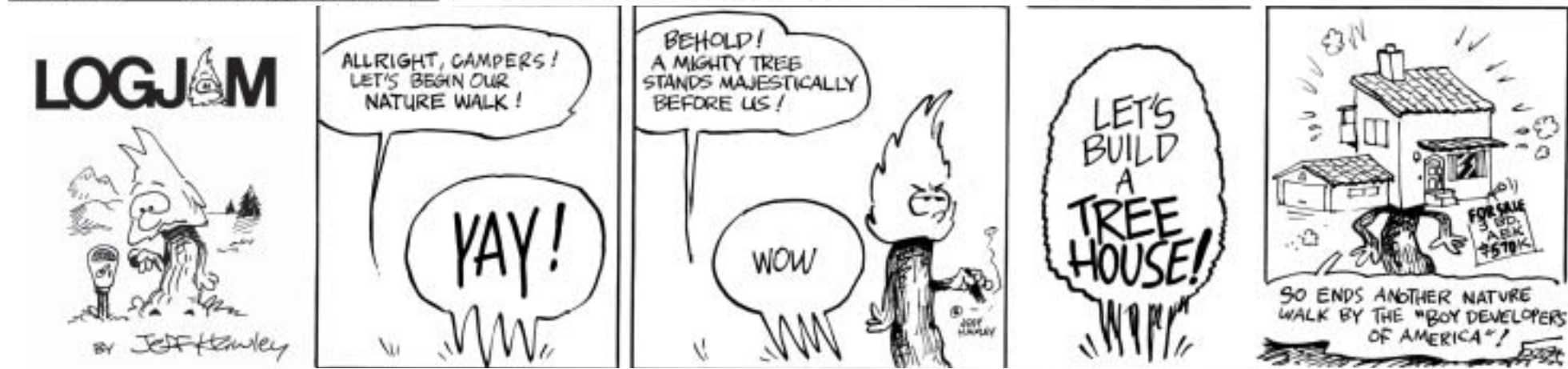
Dear God,
I went to this wedding and they kissed right in church. Is that okay?

Dear God,
Thank you for my baby brother, but what I prayed for was a puppy.

Dear God,
Please send me a pony. I never asked for anything before. You can look it up.



OFFSHORE



Loop Arts

Park Double Bill! Continued from page 1

Bring picnics and lawn chairs, but no alcohol in the Park please.



Short and Sweet photo by Stephen Martin

Hackett and Hannah’s mom, Kimberly Scheer on cello. Dan Brown plays upright bass for the group. Their repertoire includes old time fiddle tunes, Bluegrass and a few Celtic pieces. Just Fiddlin’ Round has performed at Strawberry Festival and a variety of other local venues. Their CD will be available at the concert.

Short & Sweet, Vashon’s own acoustic contemporary folk duo, consists of Steve Amsden and Robyn Landis—two outstanding, award-winning songwriters whose collaboration offers consistently compelling original lyrics with sparkling guitar and beautiful, expressive vocals. They released their first CD “Love and Other Words” in November 2004, on their independent label, Take One Again Music. Known for their harmony-rich mix of quality original material and their own arrangements of folk favorites, the pair will be joined by renowned Seattle-area fiddler Paul Elliott and bass player, Loren Sinner.

00000

Everyone’s a Building Burning: New Collage Series by Tara Snowden

By J. A. Reidel

The twin towers in New York City exploded and crumbled down one after another over and over on TV on September 11, 2001. Thousands of photos were taken in the ensuing hours and days. For many of us watching we could only imagine the suffering of those who died on that one day four years ago. The images went in us and for some artists like Tara Snowden, they came out in their work.

Featured at Gallery 070 in September is a new series of collages by Tara Snowden entitled *Everyone’s a Building Burning*. “Obviously it takes years and years for an event like 9/11 to work its way through

your soul. The title suggests that despite what we consciously acknowledge, the towers are still on fire in each of us,” said Snowden.

The series began with a door-sized collage of the twin towers that Snowden found herself building out of satellite photos. Flying above them out of the fiery clouds are butterflies. Tucked away, almost like a signature, is a detail from a William Blake painting titled *Hell*. (Blake is her artistic inspiration and guide and many of her collages contain pieces of his paintings.)

Snowden has been doing collage for about fifteen years and uses a complex technique of layering

images to create seamless pictures. She cut 9/11 tower images from the photo book *Here is New York* and layered them with intense portraits of women. To some she attached wings, perhaps a pair from a hummingbird or hawk, and many are crowned with a halo of light. Some of the pieces for the show are only indirectly related to 9/11,

dealing more with spirituality and the religious images we inherit through our culture and upbringing. A reception for the artist will be Friday, September 2, 6-9 pm during Vashon’s Gallery Cruise. The show will be on display through October 2. For more information call 463-9280 or visit www.gallery070.com.



Christina, collage, 9" x 12"

tara snowden

EVERYONE'S A BUILDING BURNING

Artist's Reception Friday, September 2nd, 6pm - 9pm
on display September 2nd - October 2nd, 2005

downtown vashon 17633 vashon hwy sw
wed – sat 11am-7pm / sun 11am-5pm
206 463 9280 / www.gallery070.com

GALLERY 070



Julius Carlson Performs at Café Luna

Julius Carlson returns to Vashon Island with his unique mix of classical, folkloric and Tango guitar music for a solo performance at Café Luna on **September 1** at 7 p.m. The concert will highlight Argentine Tango and folkloric music, interwoven with stories of the regional and cultural context in which these genres are played.

Julius, 25, grew up on Vashon Island and began playing the ukulele at the age of four, making his first public appearances on the guitar at the Strawberry Festival and the Blue Heron.

He graduated in 2002 from the Oberlin Conservatory of Music, where he studied classical guitar and music history. He has studied in Spain and Argentina. He developed a passion for Argentina’s music during his apprenticeship with Tango master Aníbal Arias in Buenos Aires, and also through his travels in the musically rich province of Santiago del Estero. Early this August, Julius graduated from the University of Chile, where he received a Master’s degree in Musicology. He will now continue his studies in Berlin, where he will be conducting research regarding Felix Mendelssohn on a DAAD scholarship.

00000

Music & More

@

BISHOP'S

Hush Hush Productions Presents

Sunday, Sept 4 @ 8pm

Devotchka

Tickets on sale Now \$12

Saturday, Sept 10 @ 8pm

I an Moore

Advanced Tickets For All Shows Available

<http://hushhush.ticketing.com>

Find us on the web www.bishopscafe.com

Auditions for Rule of Thumb

Lighthouse Theatre is holding auditions for its touring one-act play, the *Rule of Thumb*.

Rule of Thumb is a powerful drama about domestic violence which is currently on tour throughout western Washington. *Rule of Thumb* is being presented as an educational and training piece at schools, community centers, domestic violence agencies, and other organizations in order to educate audiences about the warning signs of domestic abuse.

Rule of Thumb has been warmly received by therapists, advocates, and survivors throughout the State, and by the National Association for Drama Therapy.

Women actors between the ages of 25 to 75 are needed. Actors must be available to travel, be team-players, and commit to rehearsing and/or performing twice a week. Rehearsals are on Island. To set up an audition, or for more information, call Deb at Lighthouse Theatre, 206-686-4325.

Sky High PG

Must Love Dogs PG-13

Wednesday 8/31 - Thursday 9/1
Call 463-3232 or
www.vashontheater.com for times

Skeleton Key PG-13

Friday 9/2 - Thursday 9/5
Call 463-3232 or
www.vashontheater.com for times

The Aristocrats

Friday 9/2 - Thursday 9/5 R
Call 463-3232 or
www.vashontheater.com for times

Vashon Theatre
463-3232 for more



Full Calendar Online
<http://www.vashontheater.com>

On Tuesday, September 20,
vote for
Gayle Sommers
for
Fire Commissioner
Hilary Emmer, Treasurer
P O Box 1525, Vashon 98070



VASHON
MAURY
ISLAND
LAND
TRUST

HIKING • BIRDING • PHOTOGRAPHY
FOREST • BEACH • BOG • MARSH

LAND TRUST TOURS

Where do YOU want to explore? Sign up for one tour or several, to discover and enjoy the natural side of Vashon. Each of the featured properties offers a unique flavor. Each knowledgeable tour guide will share their passion and expertise to highlight the best of the preserve.

ISLAND CENTER FOREST — Saturday, SEPTEMBER 24, 9:00–11:30 a.m.

Hike into the forested wetlands of MeadowLake Pond and get an introduction to the trails of Center Forest with eco-forester Derek Churchill. Learn the trees of the forest and about plans to improve wildlife habitat. Limit 20

CENTER MARSH — Saturday, SEPTEMBER 24, 9:00–10:00 a.m.

Bird watching and ID with Audubon master birder Sue Trevathan at Center Marsh – the Island's premier birding spot. Limit 15



WHISPERING FIRS BOG — Sunday, SEPTEMBER 25, 4:00–5:30 p.m.

See the magical Whispering Firs Bog up close with VHS science teacher Tom DeVries, and tour the "Upper Bog" planting site with John & Vicki Browne, of Judd Creek native plant nursery, to learn how to turn a field of blackberries into a forest. Limit 20, kids 12 and over only please

FERN COVE — Saturday, OCTOBER 1, 9:30–11:30 a.m.

Tour the fabled Fern Cove with Dana Illo, co-founder of Friends of Fern Cove, and Land Trust director Tom Dean to learn about unique plants and habitats and to view estuary restoration in process. Limit 30, all ages - great for families



FISHER POND — Sunday, OCTOBER 2, 8:30–10:30 a.m.

Catch the morning light at Fisher Pond and learn to capture it on film (or disk) with expert Island photographer and instructor Ray Pfortner. Limit 20

FISHER POND — Sunday, OCTOBER 2, 4:00–5:30 p.m.

Hike new trails connecting to Fisher Pond and tour habitat restoration in process with Land Trust steward Abel Eckhardt. Limit 30



Each tour is \$5 per family for Land Trust members or \$25 per family for non-members (includes a year's membership in the Land Trust). Reserve your space at 463-2644 or info@landtrust.org.

THANK YOU TO OUR GENEROUS TOUR SPONSORS:

Amiad & Associates, Inc., REALTORS
www.vashonislandrealestate.com



Books by the Way

WOK IN TAKE OUT
206-463-7980

Vashon Youth Chorus to Sing A Charlie Brown Christmas Rehearsals Begin September 13

Back by popular demand, Marita Ericksen will direct the Vashon Island Youth Chorus, which is now in its seventh year. "We will perform excerpts from *A Charlie Brown Christmas* this year," says Ericksen, "accompanied by a jazz trio—great fun for both participants and audiences." Ericksen pointed out that the show has several "juicy" male as well as female parts, so she is hoping to see lots of boys sign up for this session. The early December concert will also feature some seasonal favorites.

Open to students from first through twelfth grades, the chorus is offered by the Vashon Park District to provide quality music instruction and enable students to attain artistic

excellence in the performance of choral music. Tuesday rehearsals for both the junior and senior choirs begin on **September 13**, from 3:30 to 5:00 p.m. at the McMurray Intermediate School. Registration forms as well as applications for some scholarship funds may be obtained at the Park District office at Ober Park.

An accomplished soprano soloist, Marita Ericksen taught music in both the Vashon and University Place School Districts for several years. She has directed the Vashon chorus for the past five years. She also founded and directs the Mukilteo Youth Chorus. After 13 years on Vashon Island, she moved to Everett in 2002 where her husband John is the pastor at Prince of Peace Lutheran Church.

She is presently working as music leader at Our Savior's Lutheran Church in Everett and gives private voice and piano lessons in both Everett and Vashon. She was the soloist for the Vashon Chorale's spring concert of the Mozart Requiem.

The Vashon Park District welcomes donations by individuals or Vashon businesses that wish to contribute to the scholarship fund. Checks should be earmarked for the Vashon Youth Chorus.

For more information about this program, contact parent advisor Dianne Ammon at 463-5285 or the Vashon Park District at 463-9602. Registration forms will also be available at the first rehearsal.

Ready to Go \$189,000



- Premium Building Site
- K.C. Approved
- Septic Design
- Water to Site
- Power to Site
- MLS #25069416
- ☞ Sound View
- ☞ Mtn.View
- ☞ Lightly Treed
- ☞ .92 Acres

Build Your Dream Home on this Shy Acre Site in an Estate Setting of Million Dollar Homes. Peak Views of the Olympics and Sound. Extremely Rare Opportunity for a Premium Building Site that is Ready to Go. Water and Power to Site. K.C. Approved P.D. Septic Design thru 08/06. Come Enjoy the Island Life!

Woodland Setting \$354,700

- ☞ .52 Acres
 - ☞ 3 bedrooms
 - ☞ 1.75 bath
 - ☞ Vaulted Ceilings
- MLS # 25118219



Entertain Your Family and Friends on Your Spacious Sunny Deck in this Beautiful Woodland Setting. Bright Open Floor Plan with Private Outlooks. Designer Kitchen with Stainless Appliances, Glass Cooktop and Artistic Features. The Media/Family Room Opens onto a Serene Covered Patio and Garden. This Turnkey Home has a Warm Peaceful Feel. Property is Nestled in a Lightfilled Clearing Surrounded by Majestic Firs. Come and Enjoy Vashon Island, Where You can Work in the City and Live in the Country.

206-463-7677 17637 Vashon Highway SW

KELLER WILLIAMS.
REALTY

SEATTLE METRO WEST



206-463-7677



Carolyn and Fred Steen

“We are passionate, focused, and real. Together we have 20 years of real estate experience on Vashon Island. We’d love to help you realize your home owning dreams.”

Keller Williams Realty

Local Expertise With a National Presence

- ~ Vashon’s only National Real Estate Office
- ~ 5th Largest Real Estate Network in the US
- ~ Over 38,000 Agents in 400 Offices
- ~ Recognized and Respected for Excellence

home_4_you@hotmail.com
www.kwseattle.com -Local Listings
www.kw.com -National Listings

MEADOW HOUSE
Lovely furnished one bedroom apartment with kitchen, deck, yard, cable, linen service.
Great for out of town guests. Sleeps up to 4. Children welcome. No Smoking or pets.
\$65 per day, \$385 per week. Monthly rates available. Visa or MC required.
(206) 463-3009

ARCHITECTURAL FINISHING
Master Painter, Drywall Service
Fine Wood Finishing, Wallpaper
Serving Vashon since 1976
Rex Morris 463-3009

Shared office space-
Vashon Healing Arts-Waiting room, sound proof room with or without massage table Pioneer Square Healing Arts-Waiting room, massage table, 2 blocks from PO ferry For info 206.463.3967

HOUSE SITTING
Plants, garden and pet care
Excellent References
Marie Schlick 567-4030

PDQ Transparent
Moss Removal Specialists
Full Pressure Washing Service
Roof, Gutter, and
Impeccable Window Cleaning
463-2648

RR Ties \$5.00 - \$22.50
ea Vashon p/u
4 Grades 463 5161

Piano Lessons
with
Maggie Laird
463.5385

“The Studio in the Woods”
All ages, beginning to advanced
Also offering:

Voice Lessons, Combo Class

NOVOTNEY NORTHWEST
**Professional Tree Service and Stump Removal**
206-619-0695

Vashon References NOVOTN*962jf
Licensed Bonded Insured

On Tuesday, September 20,
vote for
Gayle Sommers
for
Fire Commissioner
Hilary Emmer, Treasurer
P O Box 1525, Vashon 98070

PROBLEM SOLVER
You’ve got problems, we’ve got solutions.
You’ve got questions, we’ve got answers.
Call Nick and Bryce, 567-5879

Your Vashon Island Realtor

www.vashonislander.com

Heather Brynn
26 Year Island Resident
hbrynn@windermere.com
206-979-4192

Windermere
Windermere Real Estate/Vashon Island, Inc.

Unique Gift Arrangements



Vashon Trading Company's one-of-a-kind creations are exceptional in every way.

Each gift's combinations are overflowing with the most unique products from Vashon and around the world.

Vashon Island is a very special place located in the Pacific Northwest area of the United States.

www.vashontrading.com 1-888-695-9565

Vashon Trading Company