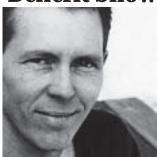
TO INFORM AND AMUSE ~ TO PROVOKE THINKING AND ACTIVISM

February 9, 2005

Robbie Fulks To Play VOV Benefit Show



Flatpick Guitar Wizard Robbie Fulks

Barstool Mountain and Hedv Handbags presents an event to benefit Vashon's Community Radio Station, Voice of Vashon

If you haven't been lucky enough to experience the musical genius of Robbie Fulks, the imposing 6 foot 5 inch flat-pick guitar wizard and master singer/songwriter, that's all about to change.

Continued on page 19

WSF to Add PO?

by Marie Browne

Washington State Ferries is having a change of heart about its role in the passenger only ferry business. In fact, a recently published report suggests it may add a so-called "triangle service" between Seattle, Southworth and Vashon. The report says that such service could be provided by two existing PO ferries, the Chinook and Snohomish, which are currently "mothballed." These two boats are newer and larger than the Skagit and Kalama currently in service.

The report discourages the addition of any private service from Southworth to Seattle, claiming that another service "would likely siphon federal ferry funds from WSF system-wide needs and dilute WSF passenger revenues on the Vashon service, without providing a superior service for customers. The report also says that the service would require some changes to the current collective bargaining agreements, and \$3 million in upgrades. For the full report, call Celia Schorr at WSF's Customer Community Relations Department at 206-515-3918 or email SchorrC@wsdot.wa.gov.

And The Winner Is...



Sierra Acosta makes a grand entrance at the 2004 Oscars. She went on to win an award for her costume! Photo courtesy of the Oscar party planners..

By Marty Schafer

I always loved movies before fans. My wife and I attended one moving to Vashon some 13 years ago, but soon after coming to the Island I discovered the amazing. quintessentially small town institution that is the Vashon Theatre. Nothing like going to the movies at our theatrerunning into friends from all over the Island in the refreshments line, hearing familiar laughter in the auditorium, hanging out in the lobby after a movie and discussing it with fellow film

of the Vashon Film Society's very first Oscar Nights at the Vashon Theatre. We won Best Dressed Couple (I think it was my red boots, she insists her long black gloves got the judges' attention), and soon we became passionately involved in the Film Society's mission to promote the theatre by bringing in great movies and hopefully preventing it from becoming just another strip mall. (Hey, it could have happened.)

Continued on page 19

Panel Discusses Island **Water Future**

By Peter Ray

A group of four Islanders with a variety of backgrounds in water study and management presented their ideas for the future of water availability on Vashon to a less than capacity crowd at the Land Trust building

on Thursday, January 27th. At this last in a three part series on water being presented by the Land Trust, the panel was asked to explore the answers to two questions: what do we know total sustainable

groundwater availability on Vashon-Maury, and will water availability limit growth at some point? What we found was that while there have been four major studies in the past twenty years looking into various aspects of Vashon's water capabilities and while there continues to be a growing amount of data reflecting Vashon's water potentialities, it appears that any policy set



Oil Spill

By Ed Swan

Another oil spill hit Vashon waters in Dalco Passage on Friday, January 28. Luckily, our experience this time continues to be very different than that after the larger spill in October of 2004. The new spill, according to the Department of Ecology (DOE) turned out to be of thinner oil and in a much smaller amount - in the low hundreds of gallons. DOE also called out the response much quicker for the January 28th spill. Whether that quickness was because they were jumped on so much for their delayed reaction before, or because they received two nearly simultaneous reports from widespread witnesses on the ferry Rhododendron and workers on the Narrows Bridge, is hard to say. But the major difference this time around is that they contacted Vashon community members to inform them of what was happening and what was being done.

During the October Dalco Passage spill, Islanders agonized over the actual and potential damage to our shores and sought out ways they could respond to repair the disaster. DOE and other agencies replied by constantly commanding that the community stay out of the way. Communication by state agencies consisted mainly of talking to the press about what the agencies were doing after the oil had already spread. The agencies were unprepared for dealing responsibly with community members, and to be fair, the community wasn't organized in any way to respond.

. In this January 28th spill, DOE not only called the Vashon Fire District but also Lisa Chambers, who recently Continued on page 14



Tacoma Dome or bust! Ernest tells all



Garrison Channels Good and Evil

Get in The Loop

Sustainable **Agriculture Film**

On Sunday, March 6th, at 2 pm, Broken Limbs: Apples, Agriculture and the New American Farmer will be shown at the Vashon Theatre. Admission is by a suggested donation of \$2. The film makers, Guy Evans and Jamie Howell, will introduce the film and facilitate a post-film discussion.

Five Island organizations including Sustainable Vashon, the Vashon Fruit Club, the Vashon-Maury Island Land Trust, VIGA and the Forest Stewards have collaborated to bring this important film, and the film makers, to Vashon Island in order to stimulate discussion about the importance of sustainable agriculture here on Vashon

The film is set in Wenatchee, the "Apple Capital of the World," a pastoral valley in the heart of the Northwest that prospered for nearly a century as home to the famed Washington apple. Now, apple orchardists by the thousands are going out of business, bringing an end to their livelihoods and a uniquely American way of life.

As his own family's farm teetered on the brink of survival, filmmaker Guy Evans set out on a journey to understand what had happened here in our own state. The film bears witness to the struggle of many small farmers to survive against the corporate Goliaths that now populate today's global agricultural economy. The future looked grim until Evans happened upon an entirely new breed of farmer, practitioners of a new model of farming called sustainable agriculture. The ideas Evans uncovered define a path of renewal that could save not only his father, but farmers across America. Those same ideas are transforming agriculture here in our own community.

Broken Limbs explores these hopeful stirrings within agriculture and outlines ways in which any individual can play a role in saving America's farmers. encourage evervone interested in the future of farming on Vashon, good food, and a sustainable way of life to join us at the Vashon Theatre. The film is about an hour long, followed by a discussion of about 45 minutes. Contact Merrilee Runyan, 463-6647, for further information.

Disaster **Preparedness Day**

Mayor Melinda Sontgerath has declared February 21 as Vashon Disaster Preparedness Day. As Vashon Disaster Preparedness Coalition volunteer May Gerstle explained, the day is intended to raise Islanders' awareness and to encourage homeowners and businesses to take responsibility for preparing themselves for a major disaster, like a major earthquake. Since Vashon would most likely be cut off from ferry service and any mainland aid, "We need to be able to survive for three to five days—that means having enough food, water and medicine, and other critical supplies."

Vashon Disaster Preparedness Coalition has over 150 volunteers, including representatives from the Vashon Maury Island Community Council, the Chamber of the Vashon Commerce. Emergency Preparedness Committee (Red Cross) and Fire District # 13. The Coalition is actively seeking more volunteers. For information, contact Mary Swanson at 463-3545.

Bipolar Support Group

The Bipolar Care Givers Support Group meets Tuesday, February 15th at 7:00 PM at the Vashon United Methodist Church. Newcomers are welcome. We will share, in confidence, the success and failures we've had with medications given to our loved ones. We will discuss acceptance of the idea of taking meds, and the primary importance of maintaining continuity. **Things** wrong causing the "revolving door" result. Contact Hallowell 567 4629 with questions and observations.

Green Building **Event**

A Green Housing Group event featuring a talk by Jon Alexander, who is a founding member of the Northwest Ecobuilding Guild, and a well known leading edge "green" builder will happen on February 20th at 7 pm at the Land Trust Building, 10014 SW Bank Road. The Green Housing Group, of Vashon Library. (a sub group of Sustainable Vashon), is a group of Islanders who are interested in learning about "green" building ideas and how to apply what we learn. All For welcome. information Call Matt at 463-2644 or Joseph at 463-7711.

Michael O Bradley

'Geometra'

The geometra in Italy performs roughly the combined functions of an architect, site foreman, and engineer in charge of buildings and land use issues. He or she is also the person who liaisons with the building authorities, public bodies, and local councils and is expressly authorized to draw up the plans or renovate buildings up to a certain size limit, without calling on the services of an architect. The geometra produces working drawings, deals with building contractors, suppliers, and all the paperwork and building permits. The geometra should know the correct people at the building department that make the important decisions and all the tricks for getting around burdensome regulations. Did I hear 'CAO' anyone?

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Councilmembers Speak

Tom Rasmussen, Seattle City Councilmember, will be the featured speaker at the February 9 meeting of the 34th District Democrats. Council President Jan Drago, Councilman Nick Licata, and Council candidate Casey Corr will also speak. The meeting begins at 7:30 PM in the Hall at Fauntleroy, 9131 California Ave. SW in West Seattle More information can be found at www.34dems.org.

Library Event

Sunday, February 20th, 2pm Opera Preview: Florencia in the Amazons (Florencia en el Amazonas)

Music by Daniel Catán, Libretto by Marcela Fuentes-Berain

Presented Hollingshead

The opera singer Florencia embarks on a journey up the Amazon to the jungle city of Manaus to perform for the first time in 20 years. She also seeks to find the fate of her former lover a butterfly collector who has never returned from an expedition. Traveling incognito she is on a magical voyage where the inner desires of passengers and crew alike will be revealed. This is a story where lovers are united and old passions are rekindled and where Florencia herself finds the spirit of her lost love Cristobal. Sponsored by the Friends

Adopt A Cat

Vashon Island Pet Protectors will host an Adopt-A-Cat Day Saturday, February 12 and 19 from 11 to 2 pm and Sunday, February 13 and 20 from 12:30 to 3 pm at Pandora's Box. Please stop by or call VIPP at 206-389-1085.

BIG FIX is Here!

Vashon Island Pet Protectors and Fair Isle Animal Clinic are offering low cost spay/neuter for cats during the month of February. A cat neuter is \$28 and a cat spay is \$42. Please call Fair Isle at 463-3607 for an appointment.

Young Woman Sought

Vashon's local Soroptimist Club would like to honor a young woman between the ages of 14 and 17. Members of the community are encouraged to nominate a girl who donates her time and energy to causes that make the community and world a better place. There is a monetary award at the club level and a chance to compete for other awards on the district, regional and national levels. Deadline for nominations is March I0th. For more information, contact local SI Member, Sigrid Thomas, at 463-



Cell (206) 794-6427

Panel Discusses Island Water Future

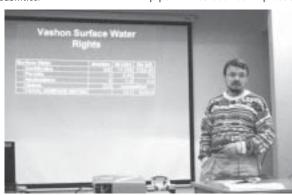
Continued from page 1

forth to limit growth on the Island exclusive of the seven major water will have to come from either an intuitive initiative aimed at avoiding a catastrophic water system failure, or by experiencing and responding to the catastrophe itself.

The panel consisted of four concerned Island residents. Jim Simmonds is a water specialist with King County and has been working on the groundwater survey of Vashon. Jeremy Pratt is a consultant in water issues with the national environmental consulting firm Entrix. John Gerstle was the former chairman of the Island Groundwater committee and is the current president of Maury Mutual Water. And Jim Garrison is a longtime Island resident and one of the three co-owners of the Burton Water Company. Lots of numbers and statistics were presented during this discussion, and much of it was to be put on file for public access in both hard copy and digital form at the Vashon Library. What became clear though, was that the numbers by themselves only partially serve as an indicator of the Island's water capabilities.

districts and other smaller ones. The statistics show that most of the wells are in the hundred to one hundred fifty foot depth range, but it was also pointed out that the bulk of the Island's water is drawn from less than twenty-five feet. Again, the exact number was uncertain, but it was stated that somewhere between half and three quarters of Island water use is supplied from this depth or less. This number is significant in that the shallower the well, the more susceptible it is to contamination from the surface. The importance here is that the oft cited 'Carr Report' made the point that it would be more likely that well contaminants such as nitrates from septic systems would be the most likely limitation to Island population growth as opposed to general water availability Carr fixed a maximum supportable population at eleven to fourteen thousand; we have recently surpassed that lower figure.

Other water source possibilities were discussed, such as a pipeline from off Island. A deep Sound pipeline was deemed impractical,



Pratt- Facts and the Big Question

through the three evenings of presentations was that the Island is a sole source aquifer. There are no known mystery springs bringing water from the Olympics, and the likelihood of their existence is basically nil. This means that all the Island's available water comes from rainfall. An annual rainfall map that was presented showed that depending where you are on the Island, you might expect to get anywhere from 35 to 45 inches of rain per year. How much of this actually winds up in the Island aquifer system seems to be uncertain, in spite of all the numbers and data presented. This week we heard that two thirds of the rainfall either runs off or goes into the air, while last week's presentation had half the precipitation leaving the Island as runoff, a third lost to evaporation or transpiration from trees and plants, and only a fifth of the yearly total ending up as aquifer

How we get the water back out of the ground is less uncertain, with county records showing over eight hundred private wells operating around the Island, an average of twenty two wells per square mile,

A fact that was repeated and the specter of a bridge as the bearer of an off Island aqueduct received a less than favorable audience response. It was also noted that water allotments from Seattle and Tacoma watersheds will soon be unavailable, and that continued growth on the Kitsap Peninsula would mean that water availability there would be focused more on local needs than outside demand. Desalinization was also discussed as an alternative water source for the Island, but was deemed to be still cost prohibitive, as well as posing an additional waste disposal problem from the brine produced in the process.

> Garrison stepped away from the PowerPoint presentation, and instead turned to the angel and devil perched on each of his shoulders, so to speak. He said that the biggest problem the Island faces is not the quantity of water available, but rather the quality. He also said that he did not dispute that the recharge water is there, but that the problem lies in getting it back out in useable form. He cited as an example District Nineteen's four failed attempts with four drilling projects (at a cost of two hundred thousand dollars) to find a supplemental water source for that



system. As a bit of what seemed to be unintended comic relief, an audience member stated in response that, "They (District 19) haven't failed, they've been unsuccessful."

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Makeup - Skincare

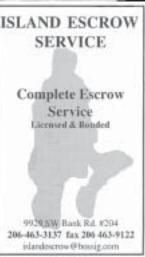
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So where does all of this leave us? At the moment there appear to be no glaring indicators that the Island is at any immediate risk of a water catastrophe. It was noted, however, that some water dependent plants such as cedar trees have been showing signs of stress and die back in recent years, possibly indicating a change in the water table. Also, while not a major problem right now, some Island wells have shown an increase in nitrate levels approaching levels where health concerns may become an issue. In looking toward a future of responsible water management, conservation was sited as the best first step. It was also noted that protection of existing wetlands and forests will help in the process of continuing to recharge the Island's aquifers. Improvements need to be made in stormwater retention and infiltration and further steps in you think?

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water reuse and reclamation need to be taken and explored. Some system of early detection of saltwater intrusion into Island aquifers needs to be established. All of these are steps toward ensuring Vashon's future water independence, but in order for them to have any effect, there need to be positive actions associated with the words. Jeremy Pratt summed it all up by asking the question: "What do the people of Vashon want the community to look like?" What do

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Loop Letters From the Edge

Editor

Re: "VIF&R Receives Grant" printed January 26, 2005

Notwithstanding the fact that Lea Gaskill, the author of the above piece, neglects to mention that she is the daughter of Chief Jim Wilson, the article referenced could not have been more dishonest:

1. Chief Wilson wrote a grant application.

Chief Wilson is on record as stating that he was unable to apply for grants that were available for rural dispatch centers because "there is so much money in the reserve fund that I would go to jail."

2. Wilson claims the Quint would fill a "critical void" and that VIF&R has no rescue or high-flow capability.

Every pumper truck and tender currently owned by the department has a monitor mounted either above the hose bed or on the front bumper. These monitors are capable of flows that EXCEED that of the proposed Quint, but are rarely used because they so rapidly deplete the available water supply.

3. The Quint "is traditionally smaller than a ladder truck, which allows for better access in restricted space, but still carries water like an engine..."

The ladder trucks referred to, which Vashon does not have, are the mammoth (sometimes requiring rear drivers) types seen only in highrise urban areas. Better access than what? Ouints are known for their slow speed and difficult handling. Numerous grounding incidents and peripheral damage to parked cars occurs because they were never intended for limited access or offpavement operations. demonstrator that was brought to the island last year had to delay its visit because it couldn't get off the ferry! The Quint has the smallest possible water tank in order to meet specific weight limitations due to State Law and axle configuration. Its 300 gallons is barely enough to keep the pump primed without tenders or hydrants to feed its massive appetite. The only water system capable of supporting the Quint is District 19, and even then for only a limited time. Dockton and Burton are currently strained to their limits with the refill of even a single tender.

4. It "will be utilized as the first due engine."

Then it will be just in time to hose down what remains of your foundation. The web site for Fire Engineering has loads of articles on this white elephant, so don't take just my word for it. This fire department will be lucky just to get this toad to your driveway with enough personnel to operate it, let alone actually fight the fire effectively with little support (having driven off the volunteers) and minimal water supply.

5. This is costing you money!

Even though this is a grant, it is taxpayer money. That money could be used for a REAL need elsewhere. In addition, *The Beachcomber* (besides omitting other parts of the article) neglects to mention the additional costs that the grant will NOT cover; additional costs to you and me that (according to current estimates) will approach \$50,000.

Ladies and gentlemen, the time has come to reject the dishonesty and deceit; demand open and honest information from your fire department and commissioners, because you're not getting it now. Joel Wade

Editor,

I'd like to address the controversial—property rights, common sense, science and politics—things we live with, every day. (Is common sense the same as "conventional wisdom"?)

Let's start with property rights. How did it start, here? A bunch of people were living around here for a thousand or two years, who didn't know that Jefferson bought their place from the French, 200 years ago (when slavery was still legal). Wow. (About 65 years later, Secretary Seward bought Alaska from the Russians, when slavery wasn't legal, anymore.) So, people like us came here and said, "This is mine—I got it from the government." OK... that's what one of my great-great grandpas didwalked here from Illinois in 1863 and said "dibs"

The thing is, though, you Don't own the Land. No, the land owns YOU—just like when a family pays someone to marry their daughter. We're all daughters who pay money to be owned by something that we promise to take care of. (How do we describe "multiple commitments"? Well, there's polyandry... and other terms.) Look, in 60 years most of us will be dead, or wish we were. What will the land be like, Then? Land—like it is, now. Do you live there? It's bigger than you. It owns you. Get over it.

Let's talk about common sense. When folks came here where I'm living, they saw a wide bottomland with a meandering stream, gigantic trees, reed swamps, ducks and geese, salmon, berry bushes, impenetrable willow thickets. They called it Paradise Valley... a wetland, ringed by forests. There's another place called Paradise Valley, overtown, between Rainier and MLK Jr. Way, Cloverdale and Henderson Street. It stretched from

Rainier Beach, HS to the powerline. It's a low, flat place that, every time it rains hard there's about three acres of standing water. It's surrounded by low hills, and used to be this swampy place with huge trees and a creek running down Henderson to the lake. All that's left is the Paradise Baptist Church, across from the junkyard. It was Paradise Valley, too, before conventional wisdom dictated that the big trees were worth a lot, and had to go. Then they cleared and burned, to make cow pastures. Then they drain-tiled it, and put the creek in a pipe. Then, after there were farms for a few decades, the farms broke up as they got divided smaller and smaller. Then the houses showed up—and then apartments. There's a peapatch, now—farms are cool, again... but it's more like Purgatory Valley.

Common sense can be very self-serving, when turned loose upon the world. Common sense bristles at rules, and challenges Science; it just Knows what's right! Politicians use a lot of common sense, because it can get them re-elected. Science is good, far away; but, as you get closer to economic and political interests (which are usually pretty tight), Politics will trump Science just about every time.

So, after the government said we could be here, and fixed it up by building forts and making treaties, and giving 20 mile wide corridors to the robber barons if they'd promise to build railroads from Chicago to the Pacific, and encouraging Union soldiers to go out West after the Civil War and log and fish and stuff, why, we got a bunch of New people living around here! (Does anybody know that Plum Creek and Boise Cascade and Weyerhaeuser lands were all those railroad rights of way? Yupthe government created timber empires, too.) They said we could chew up pretty much anything we wanted, for over a hundred years. And, of course, everybody owned everything, now.

But a hundred and twenty years of unmitigated self-interest, even when tempered by "common sense", discovered some physical limitations.

Let's consider ecology. (nb. All the deer on Vashon were gone by 1903. Someone brought a few over during WWII... and they're still around.) When people create a biological desert called a "lawn", historically that served their enlightened self-interest, via livestock. When people put in an acre of grass along a creek because "it's pretty", (or so they can have rock concerts or croquet tournevs) it's their "conventional wisdom" showing. A blackberry thicket is better for just about all wildlife than lawns, (both are "invasive nonnatives") unless you're encouraging locusts, or geese- or moles, sodworms, craneflies, etc. Grass is just an emotional throwback to a cultural memory that we all share, because we're mostly descendants of folks who didn't live in the big, landscaped hacienda- but

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what, up to this point, has been largely a private family battle to the attention of my friends and fellow Islanders. The time has come because my very livelihood and existence on this island is being actively threatened in a malicious and intentional manner. My ambulance company is being driven out of business by your fire department.

It is my fervent hope that both Island papers will print this letter. I know most Islanders are at least vaguely aware of the various controversies already surrounding Chief Wilson and his personnel. Wilson will deny all of the following, but the facts speak for themselves.

Fire personnel, with Wilson's approval and encouragement, transporting as many of you as possible when you call 911. They refuse to utilize the private ambulance for the following

They can now make a profit by charging you for transports. They plan on charging you \$200 to take you to your doctor on-Island, or \$450 to take you to town.

They can drive up their statistics, in order to convince you that more hiring is needed, as well as tax hikes to pay for their planned increases in personnel and equipment.

They can rid themselves of the only people on the Island who are knowledgeable enough to object to their ulterior motives deceptions.

Wilson has allowed this to increase in frequency to the point that only seven patients were transported by Island Emergency Care in the month of January on behalf of the fire department, compared with an average per month of 20 for the year 2004. The

The time has come to bring only patients referred to IEC were the ones the department didn't want to be bothered with, because they found the patient too disgusting, they would have had to spend the night on the Fauntleroy dock, or their personnel would have missed a social get-together.

> From a realistic standpoint, the department's actions make no sense. There are normally only two firefighter/EMTs on duty at any one time. If they are off-Island who will respond to the next emergency call, whether medical or fire? The numbers of volunteers participating are at the lowest ever in the department's history. If the primary aid car is at a hospital, protection the Island is lessened considerably, especially when it languishes overnight at Fauntleroy. Additional costs for the taxpayers mount each time any fire department assets leave the Island unnecessarily.

> Wilson refuses to correct the behavior of his people, and in fact encourages it. He has refused to allow IEC to be dispatched by the fire system as it was for many years, and refuses to allow the ambulance to have compatible communications or pagers in order to monitor calls. He refuses to allow the ambulance to EVEN RESPOND TO YOUR HOMES without the specific request of his personnel. Numerous complaints have been related to us by patients who were not even informed that an ambulance was available or that they had a choice of service.

> The time has come for others to speak out, for others to make themselves aware of the truth, for others to help protect the rights of free enterprise and for taxpayers to perceive the needless costs they are being forced to sustain. Please make your voices heard! Randy Lamb



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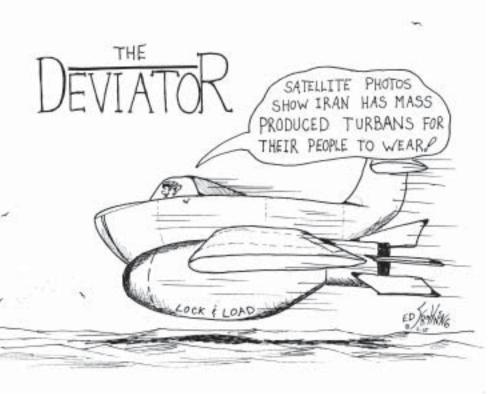
Downtown Vashon next to the Post Office



John Browne Continued letter from page 4

secretly wanted to. So, with a powerful inward vision of memory, our people showed up here, blind, mostly, to the grandeur immediately around them (except to notice the Edenlike qualities of certain wet, forested places, before they changed them); and they set about clearing and creating their little Euro manor houses, right from the start: clear out the native berries and bring in the euroberries; clear the creek bottoms and plant grass; cut down the timber and plant orchards; eat fish; sell fish; bury fish in the garden; feed fish to the pigs... whatever keeps you busy. If it's no use, kill it, cut it down, chase it off, sic the dogs on it, burn it!

Conventional wisdom pushed the pendulum so far that it almost came full circle.. but somewhere, sometime, it started back. Will it clang to a stop against an unyielding selfrighteousness, disguised as "common sense"? We'll see... John Browne



Spiritual Smart



by Mary Litchfield Tuel

Mom, What's a Liberal?

We were driving along shooting the breeze, and I told my son that on a map of Washington State showing how counties voted in the last election, our island was the deepest shade of blue, meaning that a high percentage of voters had voted for Democratic candidates.

"This island is a liberal bastion,"

"It is?" my son said. He looked thoughtful, and then asked, "What is a liberal?"

Well, dang. I never have stopped to think about that.

"Let me get back to you on that,"

Being a prosaic type, I went to my dictionary:

Liberal, adj. 1. favorable to progress or reform, as in political or religious affairs. 2. designating or pertaining to a political party advocating measures of progressive political reform. 3. pertaining to, based on, or having views or policies advocating individual freedom of action and expression. 4. of or pertaining to representational forms of government rather than aristocracies and monarchies. 5. free from prejudice or bigotry; tolerant...blah blah, blah blah, ah, here we are: 12. a person of liberal principles or views.

You can't ask "what is a liberal?" without asking "what is a conservative?" so:

Conservative, adj. 1. disposed to preserve existing conditions, institutions, etc., or to restore traditional ones, and to limit change. 2. cautiously moderate. traditional in style or manner; avoiding novelty or showiness. 4. of or pertaining to a conservative political party. 5. of or pertaining to political conservatism...blah blah, blah blah: 8. a person who is conservative in principles, actions, habits, etc.

So, by the dictionary definitions, liberals would be in favor of social reforms and against intolerance and bigotry, while conservatives would be in favor of not rushing to change, keeping things as they are, or going back to something that looks better than where we are now.

So is that the answer to my son's question? Well, yeah, but it is not quite that simple, is it?

My late mother conservative Republican. She thought that Franklin D. Roosevelt set the country firmly on the road to hell with his liberal reforms and economic policies during the Great Depression, and she just about blew an artery when Lyndon B. Johnson implemented the Great Society in the 1960s. Socialism! Paying people to be bums!

In the fullness of time, however, she did collect Social Security (started in 1937 during the



Depression, which began with what? Don't everybody talk at once! Yes! A stock market crash!) and she did sign up for Medicare (one of Lyndon B. Johnson's Great Society programs). She screamed her head off about these tax-andspend liberal giveaway programs, but she collected on both.

This is just one reason I feel so confused sometimes.

I've heard more than one person say they feel more purple than red or blue. Maybe some of us are tired of being classed as "liberal" or "conservative."

Maybe when they're alone some conservatives think, "What the hell, what's it going to hurt if gay people get married?

Maybe when they're alone some liberals think, "You know, abortion really is wrong."

Maybe.

OK, next time we'll discuss the meaning of "radical."

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See page 4 for details

Across 19. Licensed practical nurse

Down

- 1. Poisonous snake
- 2. Lisa won one
- 3. Still
- 4. Clash
- 5. Glowed 6. Nervous system
- 7. Execrate
- 8. Moses' brother
- 9. Mr. Donahue
- 10. Puzzle Boy
- 11. Fight
- 12. Citizen
- 14. Antlered animal
- 21. Atmospheres

- 23. Propelled by sling
- 24. Cloak
- 25. Winged
- 27. Picnic pest
- 29. G Marie would never cook
- with
- 30. Think
- 31. Stop
- 33. Pilots
- 34. BG sis
- 36. Seattle bus 37. Combustibles
- 38. Yo mama
- 39. Extremely long time periods
- 40. Dekagram (abbr.)
- 42. Is

- 44. Deteriorated
- 45. Bird sanctuary
- 46. Sofa
- 47. Mavis the _ Dog
- 48. Baby
- 50. Lisa is mine
- 51 Kind of acid
- 53. Study
- 55. Not high
- 58. Poem

This crossword is dedicated to my

niece Lisa, who turns 12 on

Valentine's Day and is a puzzling

maniac. The rest of you will just have to do your best!

- 60. Compass point
- 61. "To the right!"
- 62. Noah's boat

- 33. Be introduced
- 34. June (abbr.) 35. South of the Danes
- 37. Pseudo
- 41 Finale
- 42. Crazy relative who loves you
- 43. Annoy
- 44. Keeps
- 47. Small bird 48. Catch in nylons
- 49. Declare
- 50. Christmas carol

- 51. Slant
- 52. Birthing drug
- 54. Coin machine
- 56. Rested
- 57. Do it again
- 59. Mexican food brand
- 63. Before, poetically
- 64. How Lisa did on every test
- 65. Mavis the _ Dog
- 66. Change color
- 67. Meager
- 68. Stream

Solution on Page 16

16. Jane Goodall's fave 17. Gas

1 Chasm

6. Thunder

18. Asian dress

13. Get really mad

10. Chinese cooking pan

30. Fork prong 31. Lisa for a Day 32. Where mormor hangs out

20. Pen fillers

26. Genghis

28. Birthday Girl

24. It's what's for birthday dinner

22. Leo

15. Man who built the arc 29. Papa Bent is one

Don't Forget the Birds

By Ed Swan

Red Crossbills

Lately, all around Vashon, I hear the "kip, kip, kip" of Red Crossbills. These birds receive their name from the way their beaks evolved so that the upper and lower mandibles cross each other. This adaptation allows them to pry open the cones of conifers to pluck out their seeds. Crossbills form part of the finch family and grow to be about a quarter inch larger than the more easily seen House Finches and Purple Finches that come to bird feeders. Males possess a red brick plumage with dark brownish wings. Female and first year male coloration tends from olive yellow to orange-ish yellow with brown wings.



Peter Murray photo

Currently considered to be one species, as many as eight species of crossbills might be split from this wandering northern finch. Each sub-species or perhaps full species is slightly different in overall size, bill size, and call note. The call note makes the likeliest method of identifying a bird. A good web site to check that will play the different calls may be found at: http:// researchamnh.org/ornithology/ crossbills/. The different types have adapted their cross-wise bill to specialize in opening the cones of a preferred conifer species though they generally also will feed on other conifer types as necessary. Six types appear in Washington with three possible around Vashon: Type I which prefers Western Hemlock, Type III which prefers Western Hemlock and Sitka Spruce and Type IV which prefer Douglas Fir are the most likely here (Smith, 1997). They sometimes vary their diet and come very readily to sunflower seed feeders as well on

Throughout their range, crossbills tend to be quite irruptive. However, on Vashon with the range in age and type of conifer stands it seems that there are always some around somewhere, though numbers swing between highs and lows. Summer appears to attract the most birds to the island. Numbers have also likely fluctuated widely in response to the clearing of the island and the slow regeneration of the forests into many different types of woodlands.

Red Crossbills might breed at any time of year, according to the abundance of their target cone crop. Joe Van Os has had active nests on his property on Maury Island. Immatures are commonly seen and Rich Siegrist has seen young being fed in June near his place at

A few exciting birds showed up over the last couple of weeks though we're still a month or so out on spring migration. Dan Willsie found 15 Black Turnstones on the beach in front of his place along northwest Vashon and Rick Sanders heard two Northern Saw-whet Owls along Cedarhurst Road. I noticed salmon berries blooming the other day along Colvos Passage which means the spring return of Rufous Hummingbirds can't be far behind. Let me know when you see the first ones. Also, I'm trying to determine if California Quails have finally become extinct on Vashon-Maury. Call or email me when and where you have seen any on the island in the last year if you'd like to help out on this question. If you have any other interesting bird sightings to report or a question about local birds, call me at 463-7976 or email at edswan@centurytel.net.

Upcoming February bird events are few but the monthly onisland Audubon Society field trip will take place on February 12. It meets at 8:00 am at the Ober Park park and ride and returns there about 10:00 am. On March 12 occurs a great opportunity to help island youth learn more about science. The science fair takes place that day and the island Audubon chapter is looking for volunteers to help at its presentation table that day. Contact Sue Trevathan at 463-





Pet~Vet Corner



by Teri Byrd

Column on Hold for Now

such alternative medicine like my

have been able to pay myself does behavioral opportunity to join the team of the and referrals to shelter phenomenally adoption rate and are striving to

I want to extend my heartfelt animals (and pit bulls) are not thanks to the Vashon community adopted out. Sometimes the work for your unwavering support of can be very sad but at the end of my business here on Vashon for the day I look at all of the animals the last three years. I could not I have treated and loved and have chosen a more accepting and helped to give to great homes and supporting community in which I can say I have helped. They are to attempt a new and different a very progressive shelter that is type of veterinary practice, going through some major 'voodoo' changes, all positive.

I will try my hardest to Reiki and animal communication. continue to contribute my skills as Unfortunately, the salary I a Reiki practitioner and not come close to supporting me communicator here on the Island and I have exhausted my savings in my spare time. I appreciate so it's time for me to rejoin the your understanding and patience 'real world' and get a job. I have as I make this transition. If any of been blessed with a wonderful you need copies of your records Pierce County/Tacoma Animal veterinarians, please feel free to as their shelter contact me. I will miss seeing all veterinarian. I started my new job of you and your animal on January 24th and am greatly companions on a regular basis but enjoying it. We have a hope to be back in business some successful time in the future.

Thanks again from my heart become a no-kill shelter. At the for all of your support and present time only seriously ill friendship and love. Teri Byrd 463-3550



Island Life

Text & photos by Peter Ray

Wonderment

I heard them chorusing last their own choosing. One night-the frogs, that is. With the warmth of late it has not been unusual to hear their daytime individual croaking, but it was their unified evening chant that was a reason to pause on the way back in from the dark. With the safety of the norm becoming a fleeting refuge as of late—at least in terms of weather related happenstance—one is hesitant to use what were once fairly safe reference points. For the sake of argument, we will take the plunge and say that, normally, it used to be on or around Valentine's Day when the evening air was set into harmonic vibration by the western tree frog. This year's mating chant has begun almost two weeks early, whereas last year the pond ruckus didn't get underway until we were looking for the lion's roar of March. Taking an average, I guess that would put us back on about the day of candy and roses, which seems to point a finger towards a normalcy of sorts, as well as adding an air of appropriate irony to the return of the love drone of the great reptilian orgy.

At the other end of the sex scale, there are of course the flowers of Winter and early Spring that offer up their own silent visual chorus against the relative floral calm of the season. There is the subtlety of Sarcococca, whose dark evergreen leaves mostly conceal its small and delicate white flowers. But especially with the warmer days of late, there is nothing that can hold back the wafting vanilla scent that these flowers produce. There are also those darn Hellebores, whose many colored buds and blooms have been the death knell for many an unsuspecting rodent this year. No, they are not poisonous—I have just grown weary of finding gnawed stems and withered blooms scattered all about the greenhouse. It is the whap of the trap that is doing them in, and to be truthful I've

given up feeling bad about it. After collecting, cleaning and planting a number of prized seeds last Fall, I was looking forward to their Spring germination. A few short weeks after they went into their flats and under wood frames covered with quarter inch hardware cloth. I came out to the seed house to find the soil in all those flats to be thoroughly rodent rototilled; the culprit was wearing a Victor copper neck brace the next morning. Sometimes, taking no prisoners is the only

On a happier note, our two photographic objects of concern this time are representations of plants whose show time is now. Both are botanical immigrants of sorts, having made both physical and cultural journeys that were not necessarily of

option.

plant makes a fleeting spectacle of itself at ground level, while the other has a year 'round woody, evergreen Both are presence. selected forms of a more common species. One has its distant origins in Turkey, while the other started as a native of Northern California and Oregon, went to a garden in Issaquah where some of its seed was then sent to Ireland and made plants from which a cultural selection was made. Then more crosses and yet another selection was decided upon, which as it turns out is the other plant of our focus today. It also just so happens that both of our subjects belong to genera that start with the letter 'G'. Funny how that works.

Galanthus elwesii 'Comet' is a monster

among the delicate legions of snowdrops. It is also one of the earlier flowering forms, a trait that has been somewhat enhanced by their residence in one of my greenhouses. As with many things, close proximity encounters with 'Comet' tend to evoke the oft heard mantra around here: "Someday I will get you in the ground." But until then, its elevated status on one of the greenhouse tables offers up a more accessible view AND a rain or shine ease of access. For the moment there will be no groveling around in the late Winter mud to get a closer look at Comet's splendor. The only drawback to the greenhouse display is that it is shortened by the relative inside warmth of the daysespecially these sunny ones of late.



Low-Flying Comet

This particular snowdrop arrived here in a plastic bag. It almost didn't. Comet was one of the prizes we claimed on a brief plant hunting excursion to England in 1996. It came back with us along with a number of other plants, but we experienced a bit of trouble on this end of the journey. The genus

endangered species status and is included in the CITES listing of protected plants. This is because of all the wild collecting that has been going on in its native lands where its existence has been threatened. It did not matter that all of the bulbs



a Tale of Tassles

we brought back had printed nursery labels to go with them; the bureaucratic dogmaticians at the gate decided that they weren't coming through. The sick irony in a situation like this is that protected plants like these often just get confiscated and destroyed, as opposed to my intent of eventual multiplication through propagation. It would seem that the latter course would be in keeping with the treatment that should be afforded a species threatened with extinction, but what do I know? At any rate, many persistent calls to the Agriculture Department finally loosened some strings and they were allowed to come through. Perhaps some day I will have enough to let loose on the gardening public here.

The second plant, Garrya x issaquahensis 'Glasnevin Wine', actually had a two bag journey. The first was in the luggage of a friend who had found it on a later trip to the British Isles. Part of the ritual of bringing any plant back is the removal of all the soil on the roots. This works just fine in the Winter, but stripping roots naked in mid-Summer for a transatlantic bag-borne sojourn does not generally make for happy plants. I was a bit nervous when my friend called to say that this Garrya had arrived in this state, although it looked fine in its new soil and plastic bag dome to protect its shocked system from the dry Summer air. I still had my suspicions, so I took a few cuttings and slipped them into a bag and went home hoping that the parent plant's cheery greenness would persist. That was not to be, but all the

Galanthus has been given cuttings took. And one of those plants several years later is now putting on the show for the camera lens here.

> Garrya elliptica was one of my first bits of plant wonderment after arriving in Seattle back in the early eighties. On a tour of the Ballard

Locks in mid-Winter. the dark, broadleaf evergreen leaves were a vivid contrast to the mostly barren. deciduous shrubs I had left back East. But the long, greeny-golden tassles that hung from its branch ends were an amazing Winter site to behold. This Garrya, or rather one like it, crossed with another west coast native, Garrya fremontii, in the garden of Pat Ballard out in Issaquah many years ago. Seed from this cross was sent to the National Botanic Garden in Glasnevin, Ireland just outside of Dublin. A selection was made from the seedlings out of this group and named Garrya x issaguahensis 'Pat Ballard'. A botanist at the Garden, Charles Nelson,

continued crossing this plant with others and came up with 'Glasnevin Wine', so named for its more burgundy stems and deeper tints of red in the tassles. That's a lot of history, but the mantra still stays the same- some day I will get this plant in the ground, I promise.

Yes, as Spring approaches I am still looking for landscape work (see ad). But the postcard project continues. Two dollars will get you both postcards in this week's mailing, one buck for each one, or if you'd like, send any amount to receive these cards and more in the future. Make sure you include your mailing address. Send all requests to 10322 SW 165th St., Vashon Island, WA 98070





Death of a Salesman

Sometimes you just have to see a movie because of the title. This is not always a smart thing, but it does broaden your viewer's perspective-sometimes. I know there have been others I've been drawn to for this reason in the past, but none that I can name at the moment. But when I saw The Assassination of Richard Nixon on the local Seattle movie play list, it struck one of those immediate chords. Actually, it struck a number of them, the first being, "...uh, wait a minute, I don't remember that." This was followed by "In whose dreams?", and "Are we talking character or corporal here, because if it's the latter something isn't quite right?" So I hopped on the scooter and caught the final night's big-screening, before it slips into rental rack availability, or perhaps an appearance at our own theatre, who knows?

What I found at the cheap seat multiplex were actually two reasons to see an accounting of Tricky D's vengeful, if seemingly fanciful comeuppance. The first was to find out that there indeed was an actual assassination plot against Nixon, although badly conceived and less than skillfully executed. The second was the opportunity to witness the thorough dissembling of the person responsible for this act, Sam Bicke, through a fictionalized portrayal driven by the masterful acting skills of Sean Penn.

Although this production is simple and sparse with scenes and sets that could have been shot in Anytown, USA, The Assassination of Richard Nixon in at least one way resembles one of those blockbuster, computer generated extravaganzas, but only on the conceptual plain of things. This is because the bulk of the protagonist/ antagonist struggle here is between a person and an image on a TV screen. The human in this case is our man Sam. while the electron gun at the back of a number of television sets seen throughout the length of this film pound out image after archival image of Nixon in his nearly final days in the White House, although his premature and unceremonious departure had nothing to do with the crazed actions of Mr. Bicke.

The film starts out on the less than historical day, February 22nd, 1974, when Bicke attempted to hijack an airliner in order to get it flown into the White House. From there the cinematic timeline takes several leaps backward so that we are allowed to watch Sam's life unravel through marital problems, employment troubles and a naïve idealism that both drives him forward and at the same time prohibits him from achieving any kind of success. His estranged wife (Naomi Watts) is not giving the whole truth about their separation; his new boss is trying to pump him up with Dale Carnegie self-help, while at the same time making him out to be the sales floor fool. And all the while, the Great Jowled One looms large on the TV screen everywhere Sam goes, giving grand sales pitches about the noble cause of the war in Vietnam and his virtuous innocence of any Watergate wrongdoing. All the while, the control rods in Sam's internal reactor



Bicke About to Crack

are being wrenched from the pile, one by painful one. We are not overly surprised when TV plants the seed in his core and critical, destabilizing mental mass is achieved in short order.

Every now and then, we have to wonder about the timing of certain films. There is of course a certain historical lesson being imparted here, which is tempered by the knowledge of Mr. Nixon's less dramatic, natural passing. At the same time, one has to wonder about the power of allegory and how, with the simple switching of proper surnames and foreign fields of battle, the cause and effect of desperation can look surprisingly similar regardless of the temporal context. It would seem that in spite of the brilliance of Penn's performance here, there might be some people not wanting this word to get





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Hugs and kisses

DATING ON AN ISLAND





is this Group thing and what is Jane's Club exactly? The Group is just for singles, either those who are looking to find possible dates, or just other single people to meet and hang out with. Some of us wind up at Jane's events because they are really fun and Jane is a great organizer. Otherwise, The Group meets up a couple of times a month for informal get togethers, to eat good food, and to laugh and talk with others. Sometimes we plan things like going to the Zoolights, or showing up at the Irish Ceili, or some other thing. Just drop in sometime at a dinner get together.

No appointment needed. Jane's Fun and Adventure Club is actually an Island - based business. It's for anyone, couples or singles. Jane plans really cools things to do; some of February's events are listed in the last Loop, or you can Email her at islandjane@comcast.net. Jane also plans neat trips like skiing in Utah and wine-tasting in Bordeaux

Speaking of traveling, I thought I'd talk about luggage this week. When you embark anew in the world of dating, the amount of people out there with their very luxuriously complete Samsonite sets can be daunting. Oh, ves, I am talking about baggage. When people get to a certain point in their lives, there's just no way around it, we have baggage. My dear friend, who happens to be lurking over my shoulder while I write at the moment, fell very much heed over heels for someone. However, this someone would often talk about what a noxious hosebeast (phraseology from Date Girl's Guide to Breakups - an often hilarious and very thoughtful read, by the way) his ex was, but, of course, my friend figured she was so unlike said hosebeast that this person would never think that of her. Right, haven't we all been there at least once? Unsurprisingly, he dumped her, pretty much out of the

So, folks have asked, just what blue. Now my friend says she should have known it was coming because it got a little unnerving after a while, "wondering what word or action of mine would be ascribed to the motives of a person I had never met!" Then she had a noxious hosebeast of her very own, complete with, as she puts it, "a world-class set of faux-alligator luggage" for herself. See, it's a vicious cycle. Therefore my friend has actually decided to not do the whole dating thing until she actively pares the set down to a manicure case and a hatbox, both of which are eminently more cartable. It's tough carrying that much stuff around both on ourselves and on others.

So, if you are getting ready to start a dating adventure out there with someone new, please try to check your luggage at the gate. Or, as my pilot friend says, please make sure that your luggage is firmly stowed under the seat in front of you, since if the plane runs into turbulence, you don't want all that luggage flying around hitting people in the head. What a great metaphor.

In other respects, this has been a great couple of weeks to get out and try new things. The Cooking Night where delicious seafood stuffed halibut and Fettucine Alfredo were made and eaten, and the wine-tasting event out at a hanger at the Vashon airfield were both Jane's events and very fun! I have also been to an energy healing seminar, a photography class, another informal get together of The Group for the Tsunami Benefit at Bishop's, and dinner out to a new friend's house. It takes a little effort to get out there, but once you do, it's worth it! If anyone has any other ideas for me to go and check out, write to me jessiepreste@hotmail.com, and, oh, don't forget! There should be another Ceili out at the Grange this month. Hope to see you all there! This week's quote: "Make certain to sweeten your words, for one day you may have to eat them." ooo



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THE DORSAL SPIN: The New Pollution

By Orca Annie Stateler, VHP Coordinator



Alas, the Southern Residents may have departed Vashon-Maury waters for the season. However, since we have put considerable effort and resources into Vashon Hydrophone Project (VHP) improvements, we do not want the hydrophone sitting idle if whales come back into range, PLEASE REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041. We are thankful for your support.

NOAA Fisheries will host a public meeting February 17, from 6:30 to 9:30 PM, at the Seattle Aquarium, where orca aficionados can provide input about the proposed listing of Southern Resident killer whales (J, K, and L Pods) as "threatened" under the Endangered Species Act (ESA). For more information, go to www.nwr.noaa.gov/mmammals/ whales/srkwmtngs.htm.

A few salient concerns pertaining to orca recovery: better oil spill prevention; upgrading Puget Sound shorelines from a "failing grade"; salmon fisheries management that takes into account the needs of killer whales as well as humans; more rigorous standards for minimizing vessel disturbance and averting harmful underwater acoustic impacts from myriad sources (e.g., military and civilian sonar, seismic testing, drilling, dredging, and engine noise).

Must the Southern Residents endure incessant commercial whale watching throughout their range? To facilitate their recovery, our orcas need a break from whale watch boats in winter, their most vulnerable time of year.

On a larger scale, global climate change and irreversible toxic contamination threaten to make Puget Sound inhospitable for the next generations of killer whales and humans if we fail to take meaningful action.

WDFW's Washington State Status Report for the Killer Whale, by Gary J. Wiles, is a good primer on problems facing our orcas. Find it at http:// wdfw.wa.gov/wlm/diversity/soc/ concern.htm.

On the subject of degraded shorelines, an understandably disgusted homeowner at KVI Beach told me dogs and humans are defecating with reckless abandon there, often in view of her house. People! For the sake of our orcas.

salmon, shorebirds using the KVI wetlands, and all marine creatures: don't leave dog doo on the beach, and don't be mooning your neighbors!

A few years ago, mysterious sea otter deaths in California were ultimately linked to a pathogen in cat poop. We are just as culpable as industrial polluters if we neglect our daily waste flowing downstream

Are the powers-that-be asleep at the wheel? Islanders searched beaches for signs of oil AGAIN. The January 28 Dalco Pass spill underscored the need for an independent citizens' advisory panel for oil spill prevention, like the one formed after the Exxon Valdez spill in Prince William Sound.

Two identical bills in the State legislature, one in the House and one in the Senate, advocate the creation of such a panel. To learn more, visit www.pugetsound.org/index/spills. To tell your District #34 legislators "I am concerned about the threat of oil spills in Puget Sound. Please vote yes on HB 1459 and SB 5432." call 1-800-562-6000. Let jdawson@pugetsound.org know that you made the call.

Other issues generating buzz in the marine conservation community: Navy sonar was once again implicated in the mass stranding and deaths of 37 cetaceans, mostly pilot whales, off the North Carolina coast in January.

A study by Yale University researchers found that Tributyltin oxide (TBT), a chemical in marine paint used to prevent barnacle growth on ship hulls, may impair hearing in mammals including whales, potentially resulting in strandings.

Check Tidepool's Ocean News archives at www.tidepool.org for links to these unsettling articles

On a more uplifting note, The Whale Museum web www.whalemuseum.org, has posted charming baby pictures of the newborn Southern Residents, J40 and K38. The Center for Whale Research confirmed the births. Mark's daughter (and capable research assistant) Maya took the photos. Looks like the good photographer's eye runs in the Sears family.

Contact Orca Annie Vashonorcas@aol.com or 463-9041. 🐽

"Create or Conform"

are two items I would like someone when it's your turn. with capital and commitment to address on the Island immediately.

First I need a car wash established right away. If you could make it one of those self serve kind that have a covered area where you wash and also have vacuuming I would really appreciate it. For years I've heard that we can't have one on the Island because of the water share problem, so it will have to be the kind that uses recycled water like a decorative fountain. For those of us who don't have concrete driveways, but want to care for our cars, it's a real necessity

Secondly, I need someone to make full torso pinnies of white iridescent material that completely cover and illuminate someone out walking or running after dark when headlights hit them. You see, there are so many pedestrians seeking better health but endangering their lives with little teeny tiny orange strips or minuscule flashing lights. In case you hadn't noticed, there aren't many streetlights here on the Island. People out walking or sweats with these too small safety features are just an accident waiting to happen. I'm sure there must be seamstresses here on the Island who one of the service organizations or school classes could sell them as a fund-raiser.

Thank you, whoever, for I'm very grateful.

Inventiveness is an interesting Galileo a lot. See, I figured out, finally, that to get ahead in life, you just pretty much have to fit it and keep your head low. Superiors like it Co workers like it. But if you want to add something significant to life, then ,most likely, you have to step out of line and lift your head up and make something new. That might be new thoughts, or new ways of doing big but, then you don't fit in anvmore.

Usually it means people will put you down for your ideas at first, before they either buy it, or make money off it. If one looks at the list of innovators in history, there is a Like Galileo, it may take a couple of hundred years to get a pardon. All in all, there aren't a lot of incentives to creativity. Do you know Annie Sullivan, one of my heroines, was rejected and despised by all the administrators with whom she came in contact? Professional jealousy costs a lot in the human spirit. It discourages others, and steals from yourself. If you see someone next to you doing something brave, or innovative or creative, be sure and smile at them and pat them on the

Getting right to the point, there back. They'll do the same for you

I'm going to assume it will be your turn. That's the change I really want. Beyond a car wash and iridescent pedestrian pinnies, I want us all to begin to celebrate each other's creativity, not compliance. We have this mindset that there are islands with large trash receptacles, two kinds of people in America. There are the people who are leading and the people who are making their ideas happen in the trenches. I don't buy that. I think every person is, to use a well worn phrase, a unique unrepeatable miracle, who has a particular purpose in life. Yes, that means you. I think each one of us is capable of creating something that makes the world a better place

> You say, look around on the Island, Deborah. There are hundreds of people doing great things. Yes, but there are ten thousand of us. Ten thousand creative new ideas waiting to be heard. So, this time I'm not talking to those of you who are CEOs and heads of committees and forerunners of social causes, or artists performing or opening in great museums and concert venues.

I'm offering a hearty, 'you go jogging in their navy blue or black guy, you go girl, to those of you who pull into the workplace making success for someone else. Keep your own dream. Explore vour imagination and make it happen. Go could produce them and perhaps for it when the opposing team is charging. There is an idea inside you that the world needs. Do what you can to bring it to life.

To those of you who are at the attending to these two situations. top of your game, keep the edge of inventiveness, and creativity close to your heart. Remember when you way to go in life. I think about first had the idea to start your business or seek your position or sell your idea. Stay in that moment.

My plea is completely selfish. I like being around people who are iazzed with enthusiasm for something completely original. That energy spurs so much that is excellent in life. Cures for diseases are found, new justices are established, fun recreational opportunities turn things, or gadgets. But, and this is a up, great new ways to be connected are developed. There's a wonderful song from the show 'Mame'. "Open a new window, open a new door. Travel a new highway that's never been done before, before you find you're a dull fellow .punching the same time clock as everyone on the litany of rejection and denigration. block......" I hope we all do. ooo





The overwhelming majority of all so-called trickster myths in North America give an account of the creation of the earth, or at least the transforming of the world, and have a hero who is always wandering, who is always hungry, who is not guided by normal conceptions of good or evil, who is either playing tricks on people or having them played on him and who is highly sexed. Almost everywhere he has some divine traits. These vary from tribe to tribe. In some instances he is regarded as an actual deity, in others as intimately connected with deities, in still others he is at best

subject to death—Radin The Trickster is an element present in most cultures, from Raven, Coyote and Ikto-me the Spider in North American tradition to the clowns and court jesters of Europe. I think that is another clue to the nature of the universe and I see ample evidence in the world that Grandmother likes a good joke.

a generalized animal or human being

This character has long puzzled scholars because the concept defies rational or intellectual analysis, but, then again, we are speaking of The Trickster here. God or man or mangod; cultural hero, divine being, cosmic blunderer? Who is this one?

If it was an easy puzzle to solve. it wouldn't be called a trick.

"He is Krishna as the World Magician, tricking all-men and godsby his playful ruses as an incarnation of Vishnu, Lord of the World. He is Manabozho or Hare of the Algonkian peoples, whose father, Earthmaker, sent Hare to be born of a virgin as a human being in order to destroy evils threatening mankind. He is Eshu, the trickster-divinity of Yorubaland in West Africa; Raven of the Eskimos and Northwest Coast Amerindians; Loki, if not Odin, of Norse tradition; Coyote or Wolf of western North American native peoples; and Maui of Polynesian myth. He is also Hermes of early Greek mythology; but a young Hermes, seen before he became a hero and benefactor to man." —Blair A. Moffet

Technology must be an artifact of the trickster. From the beginning it changed established patterns, attempted to overturn old truths and, to this day, fools us with unintended consequences.

Reflections on the story of the trickster in its various forms make many wonder if they refer to the evolution of human consciousness. There is a trick in our treat, one which carries us back in time to the moment of first creation, that night before the dawn of time when the world was born and we walked with the gods.

The mind can cause us to misperceive the true nature of things-most particularly the nature of our own selves and of good and evil-and the trickster stories seem to be hints to help us overcome that shortcoming.

Fortunately, the mind is dual in its powers and, while it can confuse

The Trickster Part 2

our perception of the real, it is the very faculty in us that can expand our vision beyond mere thought and the senses and make the magical leap of intuition and insight, that grasping of the divine fire of inspiration.

Ricketts, an author known for his writing about the trickster myth. finds the the figure: "...reducible to the idea of a being who lives by his wits and his wit, who represents a mythical perception of man making his cosmos and finding a place within it." His position is that the myth combines two main features: the fool and the culture hero. He argues that the Trickster is man, and that the stories are those of "man transcending himself."

Perhaps so.

.when you look around the poker table and can't figure out who the sucker is, it's you.—Variously attributed

The Christian faith does not seem to have a 'fool' as an important figure. In many cultures, the one who dies (or is murdered) and comes back to life is the trickster: however, Christians will never go there. Besides, I can discern no jokes as told by Jesus, although the turning of water into wine sounds a lot like coyote-but then, it also comes straight from the Gilgemesh tales

The point is, Christ is clearly not the fool, nor is the Devil; that one is not humorous or misguided, he's evil. In some traditions, the fool or the trickster is also the first man. A cultural hero, which personifies some of the trickster tradition, is often either a manifestation of the Creator, the incarnation of the first human being, or some combination of both. The story of the Garden of Eden makes me wonder if perhaps it's Adam who is meant to be the trickster in the Christian myth: he's the one who plays hide-and-seek with God.

So, can we say it is human beings that are the joke in the western mind?

In the Tarot, the Major Arcana begins with Card #0; the Fool. The Roma teachers (Gypsies) tell us that the Major Arcana is the story of the evolution of the soul and that journey always begins in the same place, the free soul of the fool. Of course, the Fool is you, me, everyman, everywoman, every one; the human being in its joyous, uncontaminated form.

Many argue that the Trickster is a description of the essence of the human being; part animal, part god, powerful yet foolish, lying and cheating—only sometimes for the good of the people-immersed in his own folly and, ultimately, tricking only himself.

Perhaps we can paraphrase Pogo; "We have found the trickster and he is us." If the Trickster was the new-born us, let us hope that the optimistic view holds and we can evolve into another sort of hero.

The Vashon Loop, p. 12 February 9, 05

LIVING WELL WITH PLANTS

Text and drawings by Kathy Abascal (AHG)



There Doesn't Have To Be A Bad Time of the Month

I am always a bit surprised how few women come in to health food stores for advice on PMS. I also find it curious how few mothers come in asking for ideas to help their daughters deal with PMS. These women ask for advice on their own perimenopausal symptoms and their family's cold symptoms but seldom for PMS. Yet PMS has not gone away. In fact, 80% of women experience premenstrual emotional or physical changes, and it affects 20-40% of these in a fairly substantial way. I think it is a shame that they are not taking advantage of what diet and herbs have to

Women have worked with plants since time out of mind, and many of our plant medicines are 'women's remedies' that have been passed down over the millennia. Some of these remedies are very helpful in PMS. Healthy foods are mostly plants, and they can have an enormous effect because the American diet is often the major culprit in PMS. Studies show that women with PMS on the average eat 62% more refined carbohydrates, 275% more refined sugar, 79% more dairy, 79% more sodium and 59% less iron than do women without PMS. Thus, the first

remedy for PMS is to quit eating processed foods, sugary foods and to reduce the amount of milk, cheese, and ice-cream in the diet. The second is to add healthy food (fruits, vegetables, beans, nuts, seeds, fish and flax oil) because the phytoestrogens, flavonoids, vitamins and essential fatty acids in these foods are often enough to cure PMS symptoms.

Many women can also reduce PMS symptoms by removing xenobiotics from their lives. Xenobiotics are man-made chemicals that have a hormonal effect in the body. Xenobiotics are in pesticide residues on non-organic food, they leach from plastics in water and milk bottles, microwavable food packaging, and the linings of tin cans. We also absorb them from cosmetics: Almost

every shampoo or cosmetic cream on the market contains either paraben or methylparaben, chemicals that are easily absorbed through the skin. All of these chemicals disrupt our hormones and appear to create and aggravate reproductive problems like PMS. (If you'd like to know more about xenobiotics, read "Our stolen future" or check out their website at www.ourstolenfuture.com).

Often dietary changes alone are enough to cure PMS. But, for various reasons, many women are not able to give up chips, sodas, and ice-cream. And sometimes PMS symptoms appear in women eating a perfect diet. These women usually benefit by taking an herb called chasteberry or vitex (Vitex agnus Vitex was called monkspepper in the middle ages because monks used it to reduce their libido. It has a very different effect in women where it supports the progesterone phase (the second half) of the menstrual cycle. Vitex is fairly well studied, and can



Viburnum

significantly improve symptoms. Forty drops of vitex tincture once a day reduced irritability, feeling out of control, breast tenderness, food cravings, cramps, and bloating in a study of some 1500 women. Their treating physicians rated vitex highly in 92% of the women studied, and it was considered equal to a drug (fluoxetine, a serotonin uptake reinhibitor) in PMS but caused fewer side effects. Vitex is typically taken once in the morning, and its effect seems to improve over time. It can be taken as a tea, a tincture or a capsule.

Sometimes women simply need an herb for an occasional bad month or bad day. There are many herbs that can help women cope with those days, too many to be covered here. There are, for instance, some wonderful herbal



formulas for 'killer' cramps. These combine herbs that relieve smooth muscle spasms and nervines to make you feel a bit better. They always include crampbark (Viburnum spp.). As the name suggests, crampbark has long been used for cramps, and in particular Cramp menstrual cramps. formulas tend to work better in women with occasional cramping rather than in women who suffer severe cramps every month. This is likely due to the fact that women with constant and severe menstrual cramping may have some problem, underlying like endometriosis, that needs more specific and precise attention.

There are also herbs that are used to lengthen or shorten the cycle itself. Others help you maintain a better state of mind (or keep you from 'losing it' right before your period), or help reduce PMS water retention. In fact, drinking a good herbal tea that moves that lodged water out of your breasts and belly is often all you may need to remove the unpleasantness from 'that time of the month.'



Kathy Abascal is a professional member of the American Herbalists Guild and is certified by Michael Moore of the Southwest School of Botanical Medicine. She co-authored the book "Clinical Botanical Medicine."

If you have questions about herbs, come by Minglement on Mondays or Wednesdays to meet Kathy. If you are interested in a private herbal consultation, you can pick up a brochure at Minglement

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Among Our Piers:

By Jonathan Shipley

Glenda Pearson

Who lives with Glenda Pearson? Buckley the duck does. So does Roberta the Ilama, and Mr. Crusty the pig, and Lilly the donkey, and Bonnie the dove. You see, Glenda runs BaaHaus on Vashon, an animal rescue group founded in 1997 dedicated to helping abused, neglected, and abandoned domestic animals. Glenda sat down with me to talk about umbrella cockatoos, goats, and Animal from *The Muppet Show.*



Loop: What is BaaHaus?

Glenda: BaaHaus is a nonprofit 501(c)3 animal rescue and sanctuary organization on Vashon Island which provides a permanent home and medical care for farm animals. The staff, such as it is, consists of two onsite critters with opposable thumbs—Karen and Glenda, and about a dozen part-time volunteers. You can read and see all about us at our website, www.baahaus.org.

Loop: When and why did you start BaaHaus?

Glenda: BaaHaus started informally in 1995 and we began working on IRS nonprofit status in 1997. In discussions with Vashon Island Pet Protectors we learned that there was a need for assistance with farm animals which occasionally came to the attention of VIPP. We continue to work very closely with VIPP which, of course, handles hundreds of dog and cat issues every year.

Loop: How long have you lived on Vashon? Have Vashonites been supportive of BaaHaus?

Glenda: We've lived here for over ten years—haven't quite reached the status of "long time Island resident." which seems to be bestowed at about the 18 year mark, but we're working on it. Our fellow islanders have been wonderfully supportive, both financially and through the donation of hundreds of volunteer hours. Both forms of giving are essential to us. And various local business folks have been great—VI Horse Supply heads the list. Other special mentions go to Sandy and the Burton store, Amiad and Associates, Essentials

4, Vashon Island Music, R. Peter Lake CPA, Pandora's, our farrier Tom Wallace, Mark Thorn DVM, "Helen the Bird Lady," McFeeds and, of course, Fair Isle Animal Clinic and the great people of VIPP.

Loop: What sorts of animals live there? How long do they stay there? Where do they go?

Glenda: We are a permanent home for most of the animals who come to BaaHaus. Our original intention was to focus on domestic farm animals from Maury and Vashon and we try to stick to that policy. So Ilamas, goats, donkeys, sheep, many ducks and lots of roosters make up the majority of our census. But odd things happen, such as the two ducks who came to us along with a gorgeous Umbrella Cockatoo. We have experience with indoor birds so we were happy to take And that population continues to increase.

Another very large population for us is the rabbit colony. Not really farm animals, most of the buns are rejected pets. I REALLY wish people would think more



than a moment before getting a rabbit for their kids. Interest in the rabbit usually lasts about 10 minutes and then the poor animal, which is really quite social, ends up living a lonely life in a little cage, ignored and forgotten.



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Loop: What's the most unusual animal you've had

Glenda: Probably the prairie dog. Do humans have NO limits on what can be considered "pets"? This little guy, who I admit was incredibly cute, came to us as part of the fallout from a large rescue action on Vashon in the winter of 2000. We found a home for the prairie dog (and also re-homed two ferrets from that event), but BaaHaus kept nine potbelly pigs and three goats. The surviving female goat was pregnant and managed to successfully deliver twins who are also still at BaaHaus, along with several piglets that were born to one of the starving female potbelly pigs.

Loop: What's the strangest thing that's happened at BaaHaus?

Glenda: We have had several instances where animals simply turn themselves into BaaHaus. (Is there some kind of mark on our gate or what?) The strangest was one morning when Karen noticed something white fall out of the sky. She went outside to investigate and found a lovely but exhausted white dove on our front lawn. The date was September 12, 2002. We think that this poor bird was one of many such doves released at a 9/11 memorial service. Sadly, many

birds in this "profession" are killed almost immediately by predators or die of hunger. They don't know how to live in the wild and are simply sacrificed for the sake of a showy moment at a wedding or other human celebration. Let's just leave the animals out of these occasions, pkay?

Loop: What do you think of "Animal" on the Muppet Show?

Glenda: Excellent role model. The Macaw at BaaHaus enjoys playing the electric guitar. We don't have a drum set...yet.

Loop: Anything else you'd like to add about BaaHaus?

Glenda: We would like to encourage people to be always aware of animal welfare. Vashon is on that bleeding edge of urban vs. rural settlement and too often farm animals get caught in the middle. Know that there is help for someone who may be forced to abandon their animals. Know that you should call us or VIPP or King County Animal Control if you see animal abuse. Know that you can call us if you can't take care of your animals the way you would like and you feel embarrassed about their condition. Don't let a neglect situation get worse; we understand that sometimes bad things happen to good people and life can get out of control. Do the right thing for the animals. www

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127 6 57 81 67 34 118 21 75 26 107

16 101 E 113

Guess the answers to the clues, then transfer those letters to the corresponding numbered squares in the grid. Work back and forth between the clues and the grid until the quotation is revealed. The initial letters of the clue answers, reading down, form an acrostic revealing the source (author and title).

Oil Spill Again

Continued from page 1

organized a January training for Islanders on oil spill recognition and awareness. Chambers and others have been putting together a Vashon oil spill group to explore what Islanders can and should do in the event of an oil spill. A number of meetings have been held to shape how Islanders will respond to the next spill. Their discussions with DOE led to the agency promising free training on oil spill response and equipment for an organized volunteer response. DOE has committed to providing communication equipment for reporting the spread of oil spills and assessment tools for examining the actual spills. The January training Chambers put together and taught by DOE had great attendance, with more than 35 Islanders taking part.

Both Islanders and DOE have come a long way since October. Chambers received a call from DOE telling her of the spill on Friday and received further advisory calls later Friday and Saturday. Islanders weren't called on to do anything but at least they got some real-time information, which allowed a reasoned response. Chambers called several Islanders to go out quickly and monitor any spread of the spill to the Island. She, Sue Trevathan, Dennis Schroeder and

V. Author Ken

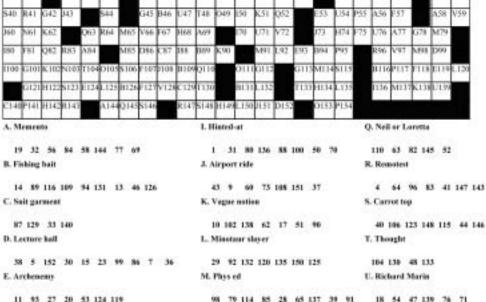
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Solutions on next page

Carl Sells visited Manzanita, Tahlequah and Lisabeula and quickly determined that no part of the spill seemed to have reached those areas. Meanwhile, DOE contractors were already deploying a boom to deflect any oil from the beaches along Manzanita and the mouth of Quartermaster Harbor. Fortunately for Vashon, apparently the oil mainly stayed on the Pt. Defiance side of Dalco

The project to prepare for the inevitable next spill continues. On March 26, Beach Cleaning Training will be held. This training is designed for those interested in learning the necessary skills to qualify as part of a clean-up crew in the event of an oil spill affecting Vashon-Maury Islands. The Department of Ecology will provide the training, and no prerequisite knowledge or course attendance is needed. Please call Lisa Chambers at 463-7756 for event location and details. There is no fee to participate.

As the Island organizes its response to the next oil spill, we should remember to contact our legislators and state agencies to urge them to act on better prevention of the spills before they happen. People for Puget Sound has been very active in looking ahead towards prevention as well as looking at the response to these two spills. If you would like to get involved in their efforts contact them at 382-7007 (206)or www.pugetsound.org. തതത



N. Singer-actress Lorna

61 24 103 12

111 49 22 153 35 105 3

25 95 141 55 117 154

O. Someone

P. Ball



$Loop \sim Sports$



Hay Ern Nutz,

How's thangs? I just got back from SODO, and now I have a sweet accent and cool bubbly handwriting. My friend Liza may play on the next Rolling Stones tour; that's my big news anyways. But my old man keeps rattling on about the 'Rasslin' Team, and how they won a League Championship or some shite. I told you about where I hide my dirt bike magazines, now you tell me about the championship.

Xena MacHoy Yo Warrior Princess,

The new news is not so new anymore, unless you're reading this when I'm writing it, which is pretty much impossible as I'm at my desk and no one is behind me. I'm listening to Shaggy and hoping I can have a chance to Free Run after I finish off this column. I love Free Running. I just put in Shaggy or something rasta like that and then I just run Mon, I run over buildings and drop 3 and a halfs off freight trains. I go on Parkour (French for Free Running) sites all the time to learn bomb tricks. So far I'm ranked 5th on the Island in F.R.ing. 1st is Wile E. Volker, 2nd Julian Park, 3rd is Josepe Brothers, and 4th (only because he's been at the X games and missed the last time trial) is Josiah Morris. You should try it sometime; crank up your adrenaline and fly over everything from point A to point B.

Ernovoski

Uh, Ernovoski,

(Picture nice bubbly handwriting here) I'd love to try F.R.ing, but Carol Carlson took my new Shaggy CD. That's all fine and dandy, but what about the League Championship, mate? Ps. I saw J.M. knocking down a 960 on his board at the X Games. He's skilled and he's thinking about joining Ace Shigley and the Free Boarding club on Vashon. She's the Co-Captain with Darrenovich Fox. They meet on Thursday mornings at McMenamins over bacon and green tea.

XM

Oh, sorry, the Championship...

Vashon Pirate Wrestlers won the Dual Meet League Championship for the 3rd year in a row. Wilbur Olsen and Tech Fall Phillips clinched the win with first round pins and the rest was history, even ask World History Teacher, Scotty Hendrix who was yelling from the crowd. This is what he was yelling: "Make a name for yourself young lads, beat Klahowya. It will be in our textbooks at least by the mid 21st century."

The entire team beat the Klahowya Eagles 49-28, convincingly capping a League Championship season. winning or collecting forfeits were T. Gateman, A. Stemer, A. Gateman, Volker, Sohl, D. Wolzcko, D. Meinsharkowski.) off the (Rounding performances were efforts by E. Anderson, Larry Ligrano (with his Ladies behind him!), S. Wolzcko, Tweitmeister, and W. Work).

— Is that enough for you? *E.*

Ernie,

I know you don't know much about Basketball, but how is the boys' b-ball team doing? My favorite play ever is when Shane Davis finger rolls it in. It's really sweet, like a combination of Clyde Drexler and me.

Micah Air Jordan Sohl Air Jordan,

They're doing awesome. They're 13-3 on the season and getting ready for the post season. Coach Sears is still sweating on the sidelines and the team is scrapping on defense. The girls are also about .500 in a tough league. Watch out world, the Vashon Winter Sports haven't started peaking yet.

Stay tuned for upcoming events. Districts start soon and there is this thing called the State Tournament.

Wrestling in the Tacoma Dome on February 18th and 19th.

Basketball in Yakima in early March.

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Next Issue: Stay tuned for details on the move of the year: Mike Mattingly.

Also, instructional videos of Micah Jordan's finger roll will be aired via webcast on www.eteamz.com/rockislandsports



Call 56-PIZZA Now Open Every Day Noon- Spm Fri-Sat till 11pm

PT Clinic Moves

Vashon Physical Therapy and Rehabilitation Clinic has moved to 17429 Vashon Highway SW and is now located next to the Village Green. We will be having an Open House from 11:00am to 3:00pm on Saturday, February 12th. John Dally will pipe in the celebration. Heart shaped cakes compliments of Emma Kukors will be served along with home made treats by employees of the clinic. You can enjoy live Irish music provided by Island musicians as well.

Vashon Physical Therapy was established in 1980 by Marilyn Kleyn. The clinic has grown to provide a full spectrum of orthopedic and neurological rehabilitation, physical and occupational therapy services. The new clinic has almost 3,000 square feet and includes a Nautilus and weight room, an aerobic exercise room, an Occupational Therapy room, and a rehabilitation room with specialized mat and tilt tables and parallel bars. There are now four fully private treatment rooms as well.

Vashon Physical Therapy was awarded the BBB Community Service Award in 2001 for excellence in service and community involvement. Vashon Physical Therapy has programs that link into the YMCA, VCCC, VAC, and the Ober Park Senior Center exercise classes.

Please come join us for a wee bit of celebration and learn about our expanded services, and future plans. We are very excited to provide Vashon with a facility that will better serve your needs.



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F. APPLICATION N. LUFT G. GUEST HOST O. ANYBODY

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If you push into a thicket you sometimes come across a greening sheep skull. Outside the thicket, plump, living sheep tear confidently at the grass, undismayed. We are like that, and should be.

- [P.J.] Kavanagh, "Is It Alas, Yorick?"

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I mustanottagottalotta sleep last night.

Why are there 5 syllables in the word "monosyllabic"? No beating around the bush or bushing around the beat. There is no snooze button on a cat who wants breakfast.

I do have my pride-I just can't remember where I put it.

Money used to talk, then it whispered. Now it just sneaks off. About all you can get with a nickel these days is heads or tails.

Why explain? Your friends don't need it and your enemies won't believe it.

I hope they don't raise the standard of living any higher, I can't afford it now.

When a man is singing in the shower, it means the kids haven't used up all the hot water.

What if you thought a thought, but the thought you thought wasn't the thought that you thought? Kissing is God's way of getting two people so close together that they can't see anything wrong with each other.

When your dog jumps on your bed it's because they love you. When your cat jumps on your bed it's because they love the bed.

Rome did not create a great empire by having meetings, they did it by killing all those who opposed them

"How can anyone be expected to govern a country with 246 different kinds of cheese?" -Charles de Gualle

A woman went to see her minister about getting

married for the fourth time. "I am really looking forward to losing my virginity," she confided to

the minister. "But this is your fourth marriage,

he said. "How can you still be a virgin?" "Well,"

she said. "My first husband was a psychiatrist.

He just wanted to talk about it. The second one

was a gynecologist. He just wanted to look.My

last husband was contractor. He always said

he'd get to me tomorrow."

Never argue with an idiot. They drag you down to their level then beat you with experience.

The skydiving instructor was going through the question and answer period with his new students when one of them asked the usual question, "If our chute doesn't open and the

reserve doesn't open and the reserve doesn't open, how long do we have before we hit the ground?"

The jump master looked at him very seriously and said,

'You have the rest of your life." Pardon me, but it is becoming rapidly obvious that you have grossly overestimated my degree of interest in your situation...TKAed

A friend of mine once sent me a post

card with a picture of the entire planet

Earth taken from space. On the back it

said, "Wish you were here."

WILD WORLD / Ed Frohning

Having control over myself is

nearly as good as having control

over others.









OFFSHORE







NOT ALL THERE by Tristan Davis







Dear Madame Toujours,

What do you do about creepy guys who act like jerks? The reason I ask is because of Leon, this guy in my history class. The other day, I had finished my history assignment, so I was reading a book on these anomalous genetic thingies in dragonfly nymphs which was really interesting because of...well, anyway, Leon leans over and asks me what I'm reading, so I tell him it's a book on dragonfly nymphs, and he says, "You're reading about nymphos?" like nymphomania, which is a sexual disorder, which is a really dumb joke, and I say, "Baby dragonflies are called nymphs," and he says really loud to all his stupid, druggie friends, "Hey, Annabelle's reading about nymphos. I bet she's into lesbians. Hey, have any of you guys ever had sex with Annabelle? She just lays there..." anyway, he went on and on about all this really gross stuff which he was totally making up because he's totally greasy, and I wouldn't ever do anything with him even if he was the last guy on Earth and it was the last modern persons are having the big chance for the human race, and I'm not sure he really counts as a human anyway.

I figured nobody believed him anyway because everybody knows boys lie about sex, so I tried to go back to reading my book, but he was totally loud, and everybody in the room could hear him, but the teacher didn't do anything, just acted like it was totally nothing, so I reached down into my purse and pulled out my rape horn which is an air pump thing that makes a really loud noise, and I jerked it up right in his face and squeezed the trigger thing.

Well, he had to go to the nurse to stop the bleeding from his ears, and I guess he had a thirty percent hearing loss in his left ear which he totally deserved, and some of the other girls in the class fainted, and I think maybe the teacher wet himself, he was so startled, and I got suspended, and my rape horn was confiscated, which I don't think is fair. What do you think I should have done?

Sincerely,

Just Defending Myself

Chere MIle. Defending.

Quelle domage, why is it being that the squeamishness about the little injures to the male persons who are behaving extremely badly toward the female persons? Eh bien, since it is being socially

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unacceptable to cause the mainings, you must be employing the subversive tactics. The biggest mistake that everybody is making about the sexual harassments is that they are being very polite and not wanting to bother anybody with the embarrassments. This is the big foolishness. If M. Leon is bothering you, then it is only being fair that the teachers and the principals and the school-boards are enjoying the remarks of ${\it M.}$ Leon as much as you.

The correct thing is to raise your hand in the classroom and say very loudly and clearly, "M. le Teacher, will you please be making the distasteful person to stop disrupting my studies with his sexual harrassments?"

Possibly M. le Teacher will be accusing you of causing the disruptions

in the classroom. Apologize very sincerely for the unfortunate disruptiveness. Then do it again each time M. Leon is making the offensively personal remarks to you. This will not discourage M. Leon, but it will annoy the teachers who will send you to the principals who will be annoyed and try to tell you to be more tolerant off the male persons. This is all right. I am sure the reporters from the local news agencies will be very interested in M. Leon and his remarks.

Bon Chance, MIIe. Defending, and if the teachers and principals and schoolboards are not liking for you to be disrupting the classrooms, they can be taking the responsibility to make M. Leon close for himself the mouth.



by Eric Francis http://www.PlanetWaves.net



Aries (March 20-April 19)

We are, in fact, all in this together, and you know that now. However, there are those in this life who are destined to be leaders, and for those people, life can have its lonely moments, no matter how many others surround us. If you are in such a position, you must as a matter of necessity reach out to others on your level, or find others and bring them to your level, or go to where they are. It's rarely easy balancing a sense of egalitarian thinking against the necessity for leadership and at times maintaining authority, but these days and weeks, that's your mission if you choose to accept it.

Taurus (April 19-May 20)
Okay, so you want it all. You want to do it all. And you believe that you can do it all. You have certainly been hung up for enough months, perhaps even years, waiting for a moment when you have enough confidence in yourself to make changes purely based on your own desire. ambition, or creative potential, not merely because you have to. Yet the change implied is much greater than we realize; no longer forced to adjust, we need to motivate ourselves, prioritize, and make one decision at a time. I suggest you start with what is personally the most important to you. You, as in you

Gemini (May 20-June 21)

Let's talk about...paranoia. One definition describes this as, "A belief that the actions of others are demeaning or threatening; feelings of being exploited or harmed by questioning loyalty trustworthiness of friends or associates." The issue is: what is real and what is not? Why is it okay to envision a better world, a more idealistic world, and hold that as real, and yet when we come to fear or mistrust, to somehow eliminate that from the world of potentials? The answer is free will. You stand in an extraordinarily creative moment, where mind, imagination and manifestation are aligned precisely. Think carefully, and think well

Cancer (June 21-July 22)

The issue is whether you stand to give up or gain a great deal. Regardless, the key theme is exchange. The outcome depends on how you look at what is going on in your world, and whether you feel you're in a position to act on what comes most naturally to you. This is affecting your life principally where you share commitments with people, or what you perceive as commitments. Do they leave you enough space to be free? Or are they compromises you feel you've made and cannot get out of? Let me make it brutally plain. What is the cost of freedom?

Leo (July 22-Aug. 23)

This is the year to take the entire world as your valentine. If anybody can do this with impunity, indeed, with radiant idealism in their heart, it's you. I suggest you write a letter to the cosmos, including friends and family, and email it to your entire address book and a few lists and newsgroups, reminding people to get with it and love. While some would regard this as anarchy, what principle would they prefer we use to organize our minds and guide us through our lives? Ah well, we had better not answer that one. In any event, I truly suggest you speak up. You have the microphone, and people are listening.

Virgo (Aug. 23-Sep. 22)

Please don't squander all your precious energy on work. There is so much more calling you, and if you haven't noticed, you're having an early case of spring fever This is, or is soon to be, one of your "the rules were made to be broken" phases of life. In the end, your tendency to be an iconoclast and resist authority is going to help your work, which would benefit greatly from the breath of fire, a long stretch and an all-night brainstorming session. Keep it loose, keep it light; creativity gets more done than labor lot more

Libra (Sep. 22-Oct. 23)

Liberte, egalite, fraternitie - the motto of France. Is this too much to aspire to? Not this week. One issue with high ideals is that so few people have any experience seeing them turn up in reality that few believe anything idealistic is possible. Plus, our parents often programmed us to be blatant pessimists, thinking they were doing us a huge favor by not giving us any expectations that would someday be dashed. These patterns are changing in your life. The creative force is alive and glowing in your life. Creation implies the making or birth of something that was not there before. As a noted Libra once said, there's nothing you can do that can't be done

Scorpio (Oct. 23-Nov. 22)
The ongoing clash between logic and emotions consumes half your body's energy some days, but I suggest you just give up the struggle. If ever the two seemingly different spheres of reality were aligning and converging, it is now. Logic is subject to rules, and when you change the rules, different outcomes are possible. Certain potentials are expanding rapidly and in fact exceed the known guidelines that were designed based on prior experiences. So hang loose. Let your expectations change along with your confirmation of what is possible, in reality. You do need theories to keep your emotional life in order, but you don't need them at the moment

Sagittarius (Nov. 22-Dec. 22)

As I have been saying, it all comes down to your friends. Cast any trace of negativity from your mind and instead focus on how in so many ways, your situation is genuinely ideal. You would do better not considering this your personal good fortune and instead thinking of the potential you feel as a community enterprise of some kind; in truth it is, and you're its motivating influence. This is particularly true where financial matters are concerned, but does not end there. Still, for now, I suggest you maintain an emphasis on engineering the details of financial wellbeing like a grand conspiracy to run the world. Your perfectly outrageous ideals will not suffer one bit for

Capricorn (Dec. 22-Jan. 20)

The whole basis of love is this thing we often write off casually as self-esteem. I've

said before we need to drop this term in favor of something clearer: self-respect. You may be going through a crisis around this aspect of life, or you may be entering a peak moment where you inherit a powerful sense of necessity. The only risk you run these days is thinking that your ego is overstating the case of what a great person you are. Such is possible, but I think you need to get it into your blood, bones and brains that you are a great person, and stand in that sunlight till you get a nice tan.

Aquarius (Jan. 20-Feb. 19)

It's often a pleasant experience when we recognize that something we thought was impossible suddenly becomes obviously possible — or even inevitable. For you, the key is keeping the word 'impossible' out of your vocabulary. Forget I even reminded you that the word exists. There is an element of mental exercise here, and the objective is to help you keep your mind open. For now, focus on what you envision as good or necessary. The logistics, to the extent that they are even necessary, will take care of themselves.

Pisces (Feb. 19-March 20)

Okay: what next? Several planets have gathered in the supercharged Aquarius zone, your 12th house. The theme is 'considering your highest ideals'. You may be experiencing a mix of nervousness, anticipation, or a sense that something is building up, about to be born. Actually, many things are due to emerge in the coming days and weeks, and for now you need to carry on with your current projects and process while being open to some rather sudden developments that present much in the way of opportunity. In hindsight, you will see that natience was a virtue

Eric Francis has more to say at PlanetWaves.net



Barber

Loop Arts

Kajwyn Berry Reading at BBTW

By Juli Goetz Morser

On Friday, February 11th at 7:30 pm at Books by the Way, Islander Kajwyn Berry will give a talk about the remarkable life of her late husband and author Don embodied by the characters he Berry, and will read from his acclaimed trilogy, Trask, Moontrap, and To Build a Ship in celebration the Oregon Territory during the of their re-issue by Oregon State University.

The name, Don Berry, means different things to different people. A true Renaissance man, Berry

pursued many passions with much success. Long-time Islanders remember Berry as one of the original CETA workers who helped launch Vashon Allied Fellow musicians recall the blues he sang with his deep, gravelly voice; percussive instrument

invented called "the Dragon"; and the synthesizer music he composed. Artists knew him as a sumi painter and sculptor. An early pioneer of the Internet, Berry became known as one of the first published authors to create his own website where he posted a comprehensive body of literature. And today, college students know Don Berry as the author of the books they read in literature, anthropology, and history classes.

"In later years," says Kajwyn, call "[Don] realized that, despite a life www.booksbytheway.com. www.

devoted to many arts, he probably would be remembered for Trask, Moontrap, and To Build A Ship above all because of values clothed in history and brought to life." All three novels are set in early 1850's blending character, adventure, and Northwest history. According to poet Gary Snyder, Berry's post-college housemate, Berry's novels "are all

> Historically well researched, accurate, precise to the details, marvelously evoked... Trask still stands as perhaps the finest novel of pioneer life on the early Pacific seashore. Don Berry's literary and cultural contributions...make him a pre-eminent

figure in Northwest letters."

Before Berry died in 2001, he'd been nominated for the National Book Award and Western Governor's Award, and received three Western Writers Guild Awards. "He never stopped questing and questioning," says Kajwyn, "...reveling in ancient mysteries and philosophies, and exploring new avenues of thought."

For more information, please 463-2696



Drama Dock Opens Love Letters

It was Carl Jung who said, "The meeting of two personalities is like the contact of two chemical substances: if there is any reaction. both are transformed." Transformation is something A.R. Gurney knew about when writing Love Letters, a play to be performed at the Hardware Store on February 11th and 12th at 8 pm as part of a Valentine's Day celebration and Drama Dock fundraiser.

Drama Dock will present this loving, funny, moving, and witty performance of Love Letters, that stars Sue Beer and Rich Wiley and is directed by Mark Sheppard. The story centers around two people who have been writing letters to each other since their childhood as their relationship continues to grow though they never marry. They are each other's greatest friend, confidant and lover through these letters. One marries. One does not. One blossoms in their career. One wilts. Through it all though they remain by each other's side, loving each other. Director Sheppard says about the show, "the characters complete each other beyond mere romance." In fact the characters give a new definition to what romance is and what it can do to someone.

Showing at the Hardware Store, on the corner of Vashon Highway and Bank Road, it is sure to be a Valentine's treat for all who attend. Tickets will be \$10 for seniors and Drama Dock members and \$12 for the general public. Tickets are available at Books by the Way or at the door. Go to Love Letters with someone special. Perhaps it is you who will be transformed.

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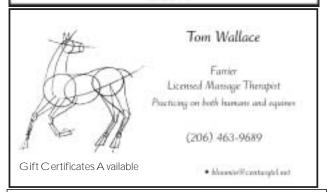
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Book Event

Friday, Feb 11, 7:30PM Don Berry's Trask, Moontrap, and To Build a Ship remembered

Islander Kajwyn Berry will speak about her husband Don's remarkable life and career. His 3 best-known novels were recently re-printed and are again available





Robbie Fulks

Continued from page 1

will give Vashon Island a great chance to shake off the winter Vashon Sportsman's Club. Fulks is appearing as the headliner of "The Sweethearts" Club is located off Cemetery Road on Vashon.

Fulks is a rare triple threat - a great musician, a great singer, and a masterful songwriter - who can whip it out in bluegrass, power pop, honky-tonk, country, or whatever other musical genre fans after this show." strikes his ample whimsy at the circles as an irreverent and Conan O'Brien, and now - Vashon Island!

diehard fan - even my mother," says Liz Shepherd, Voice of Vashon Bookshop, Books By the

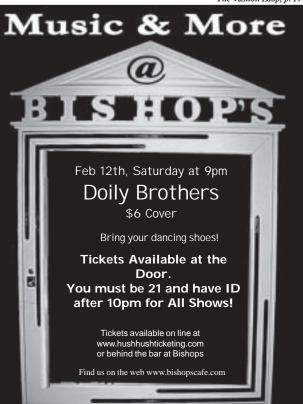
Robbie and band at The Gothic Theatre in Denver

Fulks and his powerhouse band Vashon board member, who is organizing Fulks' appearance on Vashon. "She recently took her blues and dance the night away neighbor to see him in on Tuesday, February 15, at the Champaign, Illinois, and had a great time. She told me that he was an entertainer with a capital E! I couldn't have said it any Hangover Ball," an event to better. Robbie's is the real dealbenefit the Voice of Vashon. The someone who makes you forget your troubles and want to get up and dance. His awesome guitar work, wicked sense of humor, and elegant, sophisticated songwriting is just a knockout combination. I predict that Vashon will have a whole new pack of Robbie Fulks

Tickets to "The Sweethearts' time. Fulks, who hails from Hangover Ball" are \$10 in advance, Chicago, is renowned in alt- \$12 at the door. Doors open at 6:30 country and Americana music pm. Robbie and his band will play at 8 pm. Alcoholic irreplaceable maverick. He has beverages, soft drinks, Frito Chili appeared on Austin City Limits, Pie, Funyons, and finger foods The Grand Ole Opry, Late Night with will be available. There will also be a raffle for several one-of-a-kind handbags created by Hedy "Everyone I know who has Handbags especially for this seen Robbie play comes away a event. Tickets for the show may be purchased in advance at

Way, and Vashon Island

Robbie will sign CDs and give a free, in-store performance at Vashon Island Music on February 15th, the afternoon prior to the show at the Sportsman. Call Karen at Vashon Island Music, 463-0552, for exact time. തതത



Oscar Night

Continued from page 1

Yes, I married into the Oscar Night tradition, but face it, you Americans don't have royalty to put on a pedestal (and then knock down). You turn to the pageant of Hollywood stars, and Oscar Night makes prime viewing, with babes in stunning outfits, obsessed fans and paparazzi, and stars remembering to thank their agent, publicist and manager but forgetting their husband!

So come on uptown for our eighth annual Oscar Night at the Vashon Theatre on Sunday, February 27th. Festivities begin at 4 pm and the broadcast from Hollywood starts live at 5 pm. The popular limo/photo package is a favorite tradition for many Oscar Night attendees. For only \$10 a carload, people can arrive like stars by hiring a limousine at the theatre to drive them around the block and deliver them back to Oscar Night amid the flashing cameras of the paparazzi and cheers of the fans. Digital reprints of the red carpet debut will be available at Flash Photo after Oscar Night.

Every year the festivities include red carpet media interviews, food and drink and a special Oscar trivia contest, all hosted by master of ceremonies Karen du Four des Champs. There is also a costume contest, with exciting prizes from Vashon merchants. Costume categories are Best Dressed Male, Best

Dressed Female, Best Dressed Couple, Best Dressed Male Youth, Best Dressed Female Youth, the Cher Award for Most Outrageous Costume; Celebrity Lookalike Award. For the ultimate film fan there is the Best Ballot Prize won by the person whose Academy Award ballot (filled out and handed in before the broadcast) correctly predicts the greatest number of Oscar winners. Theatre proprietor Eileen Wolcott will cater a \$5 plate buffet to sustain Oscar Night fans through the marathon broadcast. The concession stand will also be open. Adults can purchase wine by the glass, courtesy of the Rotary Club, which will donate the proceeds to Vashon's food bank, and sell raffle tickets that night to benefit the Keepers of Point Robinson.

Tickets are \$8/advance at Vashon Theatre box office and Books by the Way, \$10 on the day of the show at the theatre. The event is coordinated by the Vashon Film Society, and proceeds go to the society's scholarship awarded through the Community Scholarship Foundation (to students interested in pursuing film and video studies following high school graduation).

The Vashon Film Society is a non-profit organization of movie lovers and supporters of the island's beloved Vashon Theatre, which gained a new lease on life a couple of years ago when it was purchased by Gordy and Eileen Wolcott. See you on the red carpet at Oscar Night!



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