

In This Issue:

Vashon as Garden of Eden, Bring Back the One Room Schoolhouse, Black Iris, Food with a Face, Licorice, a Good Read, Clean and Sober Teenagers, Great Leaders, and more!



Henna  
Adorns and  
Heals  
Page 5



Birding in  
Tibet  
Page 7  
Seniors Set  
Sail  
Page 5



# THE LOOP

Vol. 3, # 12

TO INFORM AND AMUSE ~ TO PROVOKE THINKING AND ACTIVISM

June 7, 2006

*School Board Digest:*

## Gifted and Talented Debate; \$310,000 Settlement; New Bus

By Mary Litchfield Tuel

The Vashon School Board met on Thursday, May 25.

**Gifted and Talented:** The biggest problem several people have with this proposal is the words, “gifted” and “talented.” “Every child is gifted,” said audience member Deborah Anderson.

About thirty-six members of the public showed up to comment (as compared to about 100 people at the last meeting who showed up because they thought sports might lose some funding).

“Meeting the needs of gifted children does not deprive other children,” said one audience member.

Laura Wishik said that she went to high school with Bill Gates, and he was not a top performer in school. “We need a philosophy that all students are gifted. We need to find each child’s ability and challenge it.”

Ken Pritchard expressed his concerns that the program would deprive some students of resources, and create grouping and exclusivity among students.

*Continued on page 4*



Photo © C. Lee MacFarlane

## Stalking the Elusive Volcano

By Ray Pfortner

Question: What do you get when you mix together 20 photographers of all different levels, one assignment, 4 classroom meetings, 3 group field shoots (two at 5:30 a.m.), 90 days and 5 jurors?

Answer: 34 glorious prints of one of Vashon Island’s most beloved and most omnipresent landmarks, Mount Rainier.

The assignment seemed foolproof enough: to capture Mount Rainier as seen from Vashon-Maury Island in a photograph. After all, the participants had all spring to create one good photograph.

But who would know that spring, 2006, would be so filled with rain and clouds? The Mountain was not even visible for 15 days all spring, and many of those days offered uninteresting lighting and no chance for a good photograph. No wonder Mt. Rainier is called the “Mother of the Waters (Tahoma in the Puyallup language)!

*Continued on page 13*

## Vashon College:



Then...



...and now. Top photo courtesy University of Washington; bottom photo courtesy of Vashon College

## First Course Starts September 11

By Mary Litchfield Tuel

The first course offered at Vashon College is Vashon 101. It begins on **Monday, September 11, 2006**, 7 to 9 p.m., and you can’t beat the registration fee: free. It will be a ten week course on the ecology of Vashon-Maury Islands, including flora, fauna, geology, and history. You can read the syllabus online now at the College’s website, [www.vashoncollege.org](http://www.vashoncollege.org).

*Continued on page 5*

## We Remember Thee, Remember Thee...



A large crowd of Vashon Islanders came out for the Memorial Day ceremony held at the Vashon Cemetery on Monday, May 29, to honor and remember fallen comrades, family, and friends. Photo by Daniel Brown.



# Get in The Loop

## Help Wanted

### Red Cross Shelter and Food Volunteer Staff

- STARTING PAY:**  
The gratitude of your 10,000 Island neighbors
- UPSIDE POTENTIAL:**  
The satisfaction of helping your community survive a devastating crisis
- STARTING DATE:**  
Sign up immediately. Training available.
- POSITION REQUIREMENTS:**
- Ability to fit into an existing team of high energy, totally passionate volunteers.
  - Calm demeanor in crises
  - Methodical approach to following procedures
  - Friendly and helpful attitude

**ARE YOU INTERESTED?**  
Call Vashon Disaster Preparedness Coalition  
to set up an interview  
Ask for Mary at **463-3545** or  
Kate at **463-5117**

VashonBePrepared  
*Neighbors Helping Neighbors*

## Have You Signed Up for Your Festival Booth?

The Vashon Maury Island Chamber of Commerce and the Strawberry Festival Committee 2006 invite local artists to display their creations at Ober Park during the 2006 Strawberry Festival (July 7th through July 9th). To secure your spot, local artists may pick up an application at the Vashon-Maury Island Chamber of Commerce, and then send to P.O. Box 1035, Vashon, WA 98070 or fax: 206-463-7590. Booths are reserved on a first-come, first-serve basis.

## ...And Your Island Earthfair Booth?

Time to sign up for Island Earthfair now! If you are interested in singing your songs, selling your crafts, saving the world or at least the Island, and having a great weekend, you can download applications at the Island Earthfair's website, [www.islanderearthfair.org](http://www.islanderearthfair.org); or write to P. O. Box 404, Vashon WA 98070; or leave a message at (206) 463-1725. Earthfair will be in August.

## Plan Now for Vacation Bible School

Vacation Bible School will run from **August 7 through 11** this year. The theme will be *Under Construction*. Students entering First through Sixth Grade will meet at the Vashon United Methodist Church from 9:30 a.m. to Noon, and the Youth Program for Middle and High School students will meet at the Episcopal Church of the Holy Spirit each evening at 7:00 p.m. The Youth Group of the Maple Valley Presbyterian Church will once again lead the Bible School and Youth programs. All Island children and youth are welcome. Registration begins in late June.

## Plan Vashon's Health Care Future

Continue the discussion about health care needs on the Island. Come to a public discussion on **Wednesday, June 21** at 7 p.m. at the Courthouse. For more information, call Hilary Emmer, 463-7277.

## Sing at Festival with Island Chorale

Vashon Island Chorale is seeking singers interested in joining the group for the annual summer "pops" concert at Ober Park on **Friday, July 7**. The 7 p.m. concert is part of the music program for Strawberry Festival and is free to the Vashon audience. Rehearsals take place on **June 26, 27, 29** and **July 5 and 6** from 7:30 to 9:30 p.m. at the VHS band room. Dues are \$25 plus music costs. Voices for the tenor and bass sections are especially needed. For information or to sign up, contact Jo Ann Bardeen, 567-5841 or [jbardeen@yahoo.com](mailto:jbardeen@yahoo.com).

## Get A Job

JobFind will meet at the Vashon Library from 9:30 to 11 a.m. on **Thursday, June 8**. This informal meeting is open to adults who are seeking employment assistance, including those who are currently working but are considering a career change. This is a VYFS program offered at no charge and no appointment is necessary. Job seekers can receive assistance with job leads, interview skills, resume preparation or other job search necessities. Library meetings are currently planned for the **2nd and 4th Thursday** of each month. For more information call VYFS at 463-5511.

## Scholarship for Returning Students Returning Available

Vashon Presbyterian Church is accepting applications for the annual Heidsmann Family Endowment scholarship award. Applications must be completed and returned by **Thursday, June 29, 2006**. Application packets can be obtained at the church at 17708 Vashon Highway SW (463-2010). Office hours are Tuesday through Thursday, 10:00 a.m. to 1:00 p.m. This award, endowed by Ted and Virginia Heidsmann, is given based on financial need, academic promise, and dependability. Consideration will be given to students planning to return in the fall to a program of study whether currently enrolled or returning after an absence. An announcement of the recipient of the award will be made on Sunday, July 30, 2006.

A prominent doctor discovered that cheerful people resist disease better than chronic grumblers. He concluded that the surly bird gets the germ. – Lorin D. Whittaker. M.D.



Arline Abrams Courtesy Photo

## Islander Specializes in Downsizing Seniors

By Mary Kay Rauma

ArlinesAbrams will give a free workshop for seniors and their families that will provide an overview of how to traverse the complex terrain of downsizing and making a later life move. All are invited to attend this free workshop: **Monday, June 19**, 7:00 p.m. at the Vashon Book Shop. If you have questions, please feel free to contact Abrams at 206-264-4400.

Abrams also will be holding a four-part seminar series on the six chief components of a successful housing transition; downsizing strategies to help you sort through a lifetime of belongings; understanding how to establish a timeline for a downsizing; navigating the financial terrain of a housing transition.

Classes will be held 9:30 to 10:45 a.m. **Wednesdays, June 14 — July 13** at the Windermere Training Center. The cost for this four week class is \$60.00 and the class size is limited. Call 206-264-4400 to make your reservation.

Abrams has made helping seniors a life-long focus and is the author of the nationally recognized book, *When It's More Than Just Stuff: How to Downsize Your Personal Belongings and Manage A Later Life Move*. She has assisted hundreds of seniors and their families through the process of downsizing.

Abrams' says, "Taking the time to prepare for a later life move is critical. Planning ahead, because one chooses to, versus waiting until a crisis forces one to act, is the best thing people can do for themselves." She adds, "Moving from a lifelong home can be overwhelming, but it is often the necessary road to a better, easier life."

## Morgan Wegner Begins Loop Internship



*The Loop* is pleased to welcome VHS student Morgan Wegner as an intern. Wegner plans to make writing her life work, and we are pleased that she is working us into her schedule.

She begins her senior year at Vashon High School next fall. Because *The Loop* has never had a student intern before, a major part of her job will be to assist us in figuring out what the heck an intern does. We hope she learns as much from us as we will learn from her.



Loopy sez: Deadline for the next edition of *The Loop* is **Friday, June 16**

**NEW! Wet Whiskers**  
**Grooming Salon**  
Professionally Trained  
Certified Groomer  
Conveniently located inside  
Pandora's Box  
17321 Vashon Hwy SW  
Call today for an appointment!  
Currently available days:  
Tuesday, Wednesday, Friday  
& every other Saturday  
(206) 463-2200



## Adopt-A-Cat Day

Vashon Island Pet Protectors will host an Adopt-A-Cat Day **Saturday, June 10** from 11 a.m. to 2 p.m. and **Sunday, June 11** from 12:30 to 3 p.m. at Pandora's Box. Please stop by or call VIPP 206-389-1085.

## 2007 VIPP Calendar

Be part of Vashon Island Pet Protectors 2007 Pet Calendar. You can either mail your pet's photo to Kathy Chappell, P.O. Box 13182, Burton, WA 98013, along with your pet's name, a tag line about your pet, your phone number and a self-addressed stamped envelope or email your photo to [kchappy@msn.com](mailto:kchappy@msn.com). All are welcome — cats, dogs, pigs, goats. Don't delay! Photos must be received by July 15. For more information, call Kathy 463-9203.

## Featured VIPP Cats Available for Adoption



Jasmine



Koko

Jasmine is a lovely Siamese mix with gorgeous blue eyes, white feet, and a happy personality. 2-plus years spayed female. Koko is sweet. She starts off shy but quickly makes fast friends. Short hair, 8.5 year old tortoiseshell.

.....  
**The Vashon Loop**  
●Writers: Kathy Abascal, Deborah Anderson, Rachel Bard, Becky Bumgarner, Marie Browne, Eric Francis, Fran Gordon, Jeff Hoyt, Troy Kindred, Melissa McCann, Orca Annie, Kevin Pottinger, Rex Morris, Peter Ray, Weslie Rodgers, Jonathan Shipley, Ed Swan, Mary L. Tuel, Marj Watkins  
●Guest writers this issue: Rayna Holtz, Kara Jones, Janice Randall.  
●Intern: Morgan Wegner  
●Photographers: T Kindred, Peter Ray, Jc Kindred, Alex Kindred, Andrew James, Mary L. Tuel  
●Original art, comics, cartoons: Ed Frohning, Rick Tuel, Jeff Hawley, Jeremy Gregory, Maggie Bumgarner  
●Ad sales and design: Troy Kindred and Marie Browne; Email: [ads@vashonloop.com](mailto:ads@vashonloop.com)  
●(206) 463-9207  
●Editor: Mary Litchfield Tuel  
●Email: [editor@vashonloop.com](mailto:editor@vashonloop.com); (206) 463-3327  
●Publishers: Marie Browne and Troy Kindred  
●PO Box 253, Vashon, WA 98070  
●Paid advertisements in *The Vashon Loop* in no way express the opinions of the publisher, editor, or staff.  
●We reserve the right to edit or not even print stuff.  
●Deal with it.  
●Published every two weeks  
●by Paradise Valley Press  
●© June 7, 2006 ~ Volume III, Issue 12  
●*Don't miss an issue!*  
●*Subscribe to The Loop!*  
●\$50 a year gets The Loop delivered to your mailbox every two weeks. Call (463-3327) or write (PO Box 253, Vashon) or email [editor@vashonloop.com](mailto:editor@vashonloop.com)!  
●.....





## Troy and Marie Share Zillow Talk



Talk about a busy month ahead! Not only is our youngest graduating from High School this month (thank God!) but we also bought Glendale Realty and will be expanding and growing our Vashon business. We are excited about the opportunity to provide more people with the Keller Williams standard of service, and we genuinely appreciate the support of our clients and other agents; there are some very skilled Realtors on this island, and we are honored to work side by side with them.

**Marie:** Troy, do you think we should tell people about our expanding business and our plans for the Glendale Realty building that we just bought?

**Troy:** Sure thing. We can tell them that the building is getting a complete facelift, and that when we open in mid-June we will have 15 agents available to serve our customers. And that we have some innovative services that we will be offering. But since you swore me to secrecy I won't say more about that.

**Marie:** Good – we'll want to surprise everyone. But we can tell people that even though we are remodeling, all agents are available. People who need real estate services can call their agent directly, and if they need help finding an agent they can call the West Seattle Keller Williams office at 206.935.3442 to get the number. Or they can call us at 206.463.LIST.

**Troy:** We should also tell people that we will be having a Grand Opening on July 1, starting at 3:00.

**Marie:** And that your band, Loose Change, will be playing! And that Loose Change is Vashon's funnest dance band, and that the lead singer is really hot.

**Troy:** Aw, shucks. If you insist, we can mention it. In the interest of full disclosure, we should probably also mention that *I* am the lead singer and *you* are married to me, so you are not exactly an impartial judge.

**Marie:** Consider it disclosed! Speaking of disclosure, let's talk about the dizzying array of information available to consumers about house valuations.

**Troy:** For example, Zillow. For our readers who don't know about Zillow, it's a wildly popular website ([www.zillow.com](http://www.zillow.com)) that says it can help consumers estimate the value of a house based on the sale prices of comparable houses in the area. The theory is good, and on the surface, the site looks pretty cool. You type in the address of a house, it searches for comparable homes that have sold in the area, and it comes up with an estimate of value.

**Marie:** Right. Too bad the valuations are so suspect. For example, there is a house just south of town that has been on the market for almost 7 months. It's a fixer, and was originally listed at \$249,950. The price has been reduced to \$232,950, and it just recently sold, though we won't know the final selling price until the deal closes.

**Troy:** But we do know that Zillow says it's worth \$270, 241! That's over \$37,000 more than the list price! Either Zillow is wrong, or the hundreds of buyers and their agents who saw that house just didn't realize the house was an underpriced gem. I'll go out on a limb and state that Zillow is wrong.

**Marie:** I'd have to agree. Computer generated estimate of value can sometimes be helpful, but can just as easily be way off. Garbage in, garbage out. The best way to get an estimate of your home's value is to ask a real estate professional. It goes without saying—but we'll say it anyway—that if you are considering selling, we would be happy to give you a price opinion based on all the factors that determine value. Just give us a call at 206.463.LIST.

*If you have suggestions for topics to cover in Tips For Homeowners, or if you want to receive your copy via email, please write [marie@kwvashon.com](mailto:marie@kwvashon.com). And if you need real estate services, please give us a call at (206) 463-LIST. We would love to work for you.*

Your Home Team Realty

On Island Properties

(206) 463-LIST (5478)

### Cottage Charmer! 13513 SW 170th Street

Darling updated Beulah Park cottage at a very affordable price! Hardwood and Pergo flooring throughout, stainless appliances, stacking W/D, jetted tub, newer roof, and a mature and charming garden complete the very functional two level floorplan. **\$295,000**



MLS 26044175

- ☛ 2 BR
- ☛ 1 bath
- ☛ 840 sq ft
- ☛ Built in 1926
- ☛ On sewer
- ☛ Beulah Pk Water
- ☛ Two Level
- ☛ Taxes \$1,999

### View Home! 9225 SW 274th Street



- ☛ 1946 Sq Ft
- ☛ 3 bedrooms
- ☛ 3.75 bath
- ☛ Breathtaking View

Come home to a completely remodeled spacious and serene home with a stunning view of that famous mountain and an easy-to-care-for landscaped yard. Everything is updated and fresh throughout, with your comfort and easy living in mind - Viking stove, Bosch dishwasher, new refrigerator and trash compactor, new cabinets, new bathroom fixtures, tiled floors with in-floor heating in the bath, fully wired for cable and home networking, whisper quiet automatic garage door, propane fireplace insert, and much, much more. **\$610,000**  
MLS 26034820

Check out the virtual tours of these properties at [www.kwvashon.com](http://www.kwvashon.com)

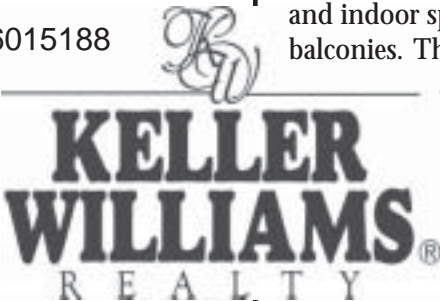
### Waterfront! 22908 Vashon Hwy SW

This retro chic house calls for clambakes, cocktails, and cabin cruisers! It's 3200 square feet of living space on 75 feet of low bank inner Quartermaster Harbor waterfront. It's picture windows from the floor to the high ceiling to take full advantage of the light and the view of the busy harbor. It's a home for entertaining guests and family, with two large decks practically over the water, plenty of bedrooms and bathrooms, and a separate guest cabin. **\$999,000.**



MLS 26015188

- ☛ 3240 Sq Ft
- ☛ 3 bedrooms
- ☛ 2.5 bath
- ☛ 75 feet of low bank waterfront



### Fairy Tale Charm 17921 Westside Hwy SW

Fairy tale charm abounds in this Tudor-style home on a shy three acres of Vashon's highly desirable sunny Westside with a view of Colvos Passage. Inside, the well-thought out floor plan allows for plenty of private and communal space in beamed high ceiling rooms that blend outdoor and indoor spaces with French doors and balconies. The grounds include a willow-surrounded pond, cottage garden flower beds, a fenced vegetable garden, paddocks, and a separate garage and workshop with guest quarters. **\$689,000**



MLS 26047640



# LoOpEd

Editorials and Letters to the Editor: We welcome your contributions! Submit them by email to: [editor@vashonloop.com](mailto:editor@vashonloop.com)

## Vashon as Garden of Eden

By Tom Herring

Sadness over greed at the top and gullibility elsewhere has forced me to imagine that Vashon-Maury could become a Garden of Eden. The idea fits the moment because high oil prices have concurred with a view of worse, bad news for Islanders.

Here and now we could begin changing Vashon-Maury into an ecologically whole Eden instead of a bedroom community in which the rising cost of beds is making us the Mercer Island of the west. Some of the changes can be put into effect within ten years.

In the home, modern techniques are available to truly manage use of water and energy. Picture a kitchen in which utility rate of use and totals are displayed alongside the fridge magnets and the satellite clock. The placard on your new hot water heater says 237 therms a year; what it does use is on the readout. Or, as your spouse tried to tell you, that comfy gas insert does indeed use less gas than the furnace.

Have you just put in hydronic energy? Let now the rosy words meet the real therms. Have you a microwave? Then compare it with the cook top as to the cost of porridge. Hmm. Same rate, one kilowatt, but the total use for the microwave is half that for the cook top. In the garden, if you are watering by automatic, then the kitchen readout will tell exactly how much those white rhodies are getting. As to a leak, the water company will hug you if you nail a leak with that readout. All these readouts use available technology. Gas and electric use is already telemetered to Bellevue. So let that information be duplicated in your kitchen. Water will take a bit more effort as the water gods don't live in Bellevue. But I have a modern meter that could telemeter its data via a simple clip-on addition.

## School Board

*Continued from page 1*

Susan Dufresne read a parent letter aloud that said in part that the schools need to "meet the needs of the children, not the egos of parents." Parent Nancy Kappelman said that it is wrong "...to exclude children who are beyond their grade level. It always comes down to funding. We have funding for special education. We have to educate these children."

The Board agreed to put off making a decision on adopting the program until they have more input from the community.

**Settlement:** Bassetti Architects, the designers of the Chautauqua Elementary facility, reached an out-of-court settlement with the School District on May 25. Bassetti agreed to pay the District \$310,000, about the amount the District could expect to recover in the lawsuit. The money will go to pay down the bonds passed last November. Board Chair Susan Stackhouse

Rainwater catchments are controversial in part because they are poorly understood. Groundwater hydrology should be studied by every Islander, beginning at kindergarten.

Veggie scraps are grist for the grinder where they can become *sauce du jour* for the pile out back instead of work for the aerobic athletes in the septic tank.

Nearing the end of good things just waiting to be done, a big part of the charm of Eden should be reinstated. I refer to the composting toilet, nee outhouse. Modern versions trying to look like a W.C. only smell, but the real ones, the no-pretense one-holers, do not smell. The cost is a load of dimes, yes, but compared to a DDES septic or a sewer assessment the clinking sound is comfortably muted.

Finally, we should require that new homes get at least half their energy demand from the sun. Grid-tie is not necessary, and most of the gain can be gotten by passive construction means. Hot water panels work just fine.

Energy conservation and the wisdom of the ages are only part of life support for the Vashon-Maury organism. The rest is transportation. Heard it all, more boats, bridge, etc? Not quite. We must figure out a way to work where we live. We must form new contracts for every social structure on the Island. Kindergarten, senior center, and adults pried out of their car seats, all must do their life-thing without gasoline.

Starting now.

I'm not making this up: it has all been worked out in the charter of the Apollo Alliance, a new movement to make environmental work profitable.

**Check out the Apollo Alliance at [www.apolloalliance.org](http://www.apolloalliance.org)**

emphasized that this was the smaller of two lawsuits the District had brought as a result of design and construction problems at Chautauqua. The lawsuit against Wick Contractors continues.

**Vashon and Burton Elementary:** Board Directors Bob Hennessey and Jake Jacobovitch and Vashon Parks Board members David Hackett and Bill Ameling met at the old Vashon Elementary Gym on May 19 to inspect it. Their consensus was that the old gym's fate should be decided by the community. The Parks District wishes to lease both the old Elementary School properties.

**New School Bus:** Jake Jacobovitch, Cathleen Cowan, and Char Phillips purchased a new school bus for the District. It carries 84 passengers, and the interior is "Pirate green."

In other business, the Board approved a meeting schedule for the next school year, and released a list of capital projects for the next year.

**4<sup>th</sup> Annual Vashon  
“FRIENDS OF NRA”**



**BANQUET AND AUCTION**

**WHEN:  
SATURDAY, June 10, 2006**

**WHERE:  
Vashon Sportsmen's Club**

**TIME:  
5:30 P.M. SOCIAL HOUR  
7:00 DINNER AND AUCTION**

**TICKET CONTACT:**  
**Stephan Lang - (206) 463-4041**  
**Phil Mahurin - (206) 567-4747**

THE NRA FOUNDATION (FRIENDS OF NRA) IS A 501(c)(3)  
NON-PROFIT ORGANIZATION

**[www.vashonsportsmensclub.com](http://www.vashonsportsmensclub.com)**

## Loop Letters

Editor, *The Loop*:

Hawe! Wolftown needs your help with our wildlife rescue! Are you wondering what to do with all that spare time! Come clean cages! Form lasting friendships and help YOUR Wolftown!

Call us! 206-463-9113 and Thanks!

T Martino, Wolftown

Editor, *The Loop*:

The Vashon YMCA would like to thank all the donors in the community who so graciously gave to our 2006 Partners with Youth Campaign. Your generosity and goodwill allowed us to raise \$45,000 for programs for youth on Vashon.

Your donations have many impacts on Vashon families: 54 parents go to work each day knowing their children are in safe hands, experiencing new activities and making friends at the School Age Childcare at Chautauqua, 72 kids were able to explore the Island, jump in a cool pool, and engage in fabulous hands-on projects at Summer Enrichment, 136 youth had a fun evening at the Y while their parents saw a movie, had a quiet dinner or took in the monthly gallery walk.

In its fifth year in existence, the Vashon YMCA has much to be proud of. We are committed to meeting the changing needs of children on the Island and creating programming that meets the needs unique to the Vashon community.

This year's Partners with Youth Campaign involved more campaigners than ever before. These spirited volunteers have helped all of us at the Y continue to work hard on maintaining and building on our successes. We are

**VashonPages.com**  
On Line Directory

**Free Event Listing!**  
Arts, Clubs, Meetings, Music, Sports, Non-Profit Groups  
Get Your Event on the Web  
E-mail your Press Release to: [events@vashonpages.com](mailto:events@vashonpages.com)  
(E-mail Submissions Only Please)




**Register Your Own Domain Name**  
**[www.RegisterExp.com](http://www.RegisterExp.com)**  
Register your Domain Name  
Register your Private Service  
Register your The Quality  
\$8.95 Domain Registration 1/yr  
Hosting, E-mail & Tools to Build your Web Site On-Line as low as \$2.49/mo  
<http://www.RegisterExp.com>  
\*Discounted rates available for Non-profits  
[www.DomainDiscountProgram.com](http://www.DomainDiscountProgram.com)

excited about new or expanded program opportunities.

If you haven't had an opportunity to give, your contribution is still needed. Drop by the Y or call Shelly at 463-0551 to find out how to make a pledge to Partners with Youth Campaign. We thank you all for supporting your Vashon YMCA.

Lindsay Aickin, Vashon YMCA

**Memorial Day Color Guard Marches In**



Left to right: John Burke, Roy Bumgarner, Burdell Hollis, Kenneth Van Fleet, Martin Teachout. Photo by Daniel Brown.

**Advertise in The Loop!**

We need the money



June 7, 06



Photo by Hawk Jones

# Henna as Art and Healing

By Kara Jones

Henna has been used as a body art for thousands of years. Traces of henna have been found in the fingernails of Egyptian mummies, and archaeology has shown that henna was used late in the Neolithic period. It has utilitarian uses, decorative uses, and in some cultures it is believed to have healing properties. Though it can be used to “try out a design” that you might want eventually as a permanent tattoo, it is not just a temporary tattoo.

As henna has migrated to America, henna body art has spread with more and more people seeing designs, getting henna’d, and learning more about it. In our culture you are likely to come across an artist doing henna at fairs, festivals, theme parks, sometimes beauty salons or tattoo parlors. But you can also find artists who do private studio sessions or who come to your location. Many are available for private parties and events.

So how do you find them?

The internet or entertainment companies are a great place to start. There are several artists in the Puget Sound area I know of who are known in general for excellent designs and using all natural henna.

And there are many more artists out there who don’t yet have websites. You can try the local yellow pages. Search online directories which will often list an artist’s name and phone number even if they don’t have a website. Check in with local bellydancers who are likely to have had henna done for performances. If there is a retail store near you that sells bellydancing clothes or saris, you might ask the proprietor if they know of anyone. And check out entertainment companies for

reputable artists through places like: About Faces Entertainers at [www.AboutFacesEntertainers.com](http://www.AboutFacesEntertainers.com)

So what do I mean by “reputable?” Well, there is a key question you should ask an artist before you let them do henna on you. Ask them if they know what “black henna” is. If they do, they should warn you that “black henna” is an unsafe product that can cause permanent chemical sensitivity, has been known to burn people, and cause infection. If they don’t know what “black henna” is or if they offer “black henna” as one of their services, be VERY wary and run the other way! HennaTribe.com offers a very thorough lesson on all-natural vs. “black” henna at: [www.HennaTribe.com/ppd.php](http://www.HennaTribe.com/ppd.php)

Once you are certain they are using all natural products, ask to see their portfolio and designs. If you have a specific design in mind, get a copy of it to the artist before your appointment so they can work with it a bit. If you like what you see of their work, then go for it!

The henna paste will be applied to your skin — please note that where you put henna will have an effect on

how it stains! The hands and feet will usually stain the darkest and last the longest because you have the most layers of skin cells there

that can take up the Lawsome molecule of the henna plant which is what stains. You do not have very many layers of those cells in places like neck, chest, lower back, so the stains there may not get very dark and definitely won’t last very long.

The artist may have you wait while the paste dries from a shiny to a matte texture. Once it is matte (but before it is cracking), the artist may use lemon/sugar mix or one of those new liquid adhesives like Nu-skin to seal the paste to the skin. They may wrap the design in paper towel for you. They



Photo Courtesy Vashon College

## Vashon College

*Continued from page 1*

The College is located at the J. T. Sheffield Industrial Park south of town.

Ask Tom Bangasser, “Who is J. T. Sheffield?”and his face lights up.

“My grandfather. He believed that once you have an education, no one can take it away from you. He was a guy with a seventh grade education who made sure that all 15 of his grandchildren went to college. He had a passion for education.”

Bangasser’s mother was Sheffield’s daughter. “She would have been happy to go to college her entire life. She loved to learn,” Bangasser says.

The new Vashon College is located just south of Vashon town, in the J. T. Sheffield Industrial Park.

College Board President Ted Clabaugh, Vice President Barbara

should tell you to leave the paste on for as long as possible — at least 6 hours — overnight would be best. And when you remove the paste, please note that the design color will probably only be a bright, light, pumpkin orange color. This is normal! The henna stain on your skin now has to oxidize. Think of an apple when you first cut it open. Think of how it oxidizes and turns brown after a little while. Henna in your skin cells works the same way. It needs to be exposed to air & light for 24 to 48 hours after you’ve removed the paste in order to fully oxidize to the coffee brown or reddish color it will be. Be patient. The magic of henna is that its color will bloom and fade.

Though the temporary nature of henna art can be appealing as a “temporary tattoo”, remember that

*The Vashon Loop, p. 5*

Gylland, and Bangasser are telling the Island their good news: we have a new college, on the Island, in a facility with state-of-the-art technology, and it will be whatever we, the people of Vashon, make it.

So what do we want to make it?

“The inaugural course will be like throwing seeds into a garden,” Gylland said. “We are trying to inform the community that the college is a resource, and that it will complement other organizations on the Island.”

The organizers are keeping options for the College open at present, hoping that it will be able to provide continuing education, certification courses, vocational training, and partnerships with other colleges, such as the UW, the Seattle Community Colleges, Antioch, and Seattle University.

“We can raise everybody’s boat,” says Bangasser.

Course and enrollment information will be posted at the website at [www.vashoncollege.org](http://www.vashoncollege.org), or call (206) 408-8000. Go to college. Find out what a syllabus is.

these designs have been blooming and fading for thousands of years! That’s quite a lineage to become a part of as you discover henna in your life!!

*About the author: Kara Jones co-founded KotaPress.com after the stillbirth of her son Dakota in 1999, and for the last six years, she has worked as a MISS Foundation certified facilitator offering grief support to families and educational sessions to caregivers. She is an expressive artist working in many formats from henna art to ATC, from altered books to handmakes, from poetry to prose. With her HennaHealing.com adventure, she explores intentional henna art as an expressive tool for everything from celebration to grief, solace to release. You can be in touch with her via [kara@hennahealing.com](mailto:kara@hennahealing.com) — please put “VASHON LOOP” in the subject line of your email so it doesn’t get lost in the spam!*



Photo by Nan Joy





# Spiritual Smart Aleck



## Our Gifted, Talented Children

I have a modest proposal for the School District: give up.

Start over. Close the school buildings or convert them to high-density dwellings and rent them out, or sell them and the prime real estate they sit on for a few gazillion dollars.

Use that money to fund one-room K-12 schoolhouses all over the Island, either in separate buildings or rented parts of private homes, enough of them so that every student can walk to school (see, you like this already).

Why do I suggest this? I once heard a story about a new teacher in a one room schoolhouse who listed subjects, and asked students to raise their hands if they were good at a subject. Some raised their hands for math, some for language, some for social studies, some for sports and games. While most students raised their hands more than once, none of them was in all of the groups. The teacher asked the class why that was. One of the kids said, "Because everyone is good at different things. Everyone knows that."

OK, let's get real. The Vashon School District has a mission statement: *"Our mission is to provide educational resources and opportunities for students to become self-reliant lifelong learners with the knowledge, skills, habits, values and attitudes for living responsible, productive and satisfying lives."*

The reality of this District is that it strives to produce students who can get into a nice four-year college. This is the District's big brag, and major selling point. It is hard cheese for the students and families who can't afford a four-year college, or don't think it's a disgrace to go to a community college or vocational school, or to join the military, or to get a job.

A lot of children fall through the cracks here on Vashon. Many of them cushion the fall with drugs and alcohol. The present proposal to give more attention and funding to "gifted and talented" children raises fears of "elitism and stigma" for some parents. If you believe that elitism and stigma do not exist in the schools right now, I congratulate you on the high level of enlightenment on your planet.

Why are so many families forced to home school, or send their children

somewhere else, in an effort to get an education for their children? Why do so many kids drop out? Why are some parents told, "Public school isn't for everyone?"

My older son is in the Naval Reserve now. When he takes training courses he's always at or near the top of his class. This amazed him at first, because the main things he learned in school were that he was stupid, that he was not worth teaching, and the only reason the administration wanted him in school was for the funding they could get for having him there. Now he knows he's intelligent and capable, but he didn't learn that in school.

I asked him what the difference was between school and the Navy.

"First of all, the Navy realizes that everyone has a different learning style," he said. "Second, if you don't walk out of the class smarter than when you walked in, the instructor will get his butt chewed. They're in it to teach you, not for the money."

Ah, money. For those of you who don't attend School Board meetings, money is most of what gets discussed. The Board and Administration are like Mom and Dad, trying to figure out how to pay the bills.

In a few days another class will graduate from Vashon High School. I know the exhilaration, pride, and relief parents feel watching their child walk across that stage. Students and their families are justifiably proud. I say congratulations to students and families who have worked so hard for such a long time. Congratulations especially to all you students and families who have persisted despite lack of support.

Every parent knows that every child is gifted and talented, whether they are headed to a nice four-year college or not. The proposed Gifted and Talented program is an attempt to honor that and not lose so many children through the cracks. Let us honor, respect, and teach every child, even the ones who don't fit a conventional mold, who aren't going to a four-year college, or who are "good at different things."

Just imagine what it could have been like for you if someone had cared.

ooooo



# CASA BONITA

Great Mexican Food in  
the Heart of Vashon

463-6452

17623 100th Ave ~ Vashon

Dine  
In

Take  
Out

7 Days a Week

Hours 11am - 10pm

## Joanna Gardiner

Loving care for animals,  
plants and homes

567-0560

# Flash PHOTO

Your Photo Source ~ Traditional or Digital

Mon-Fri 10 - 6  
Sat 10 - 4

Thriftway Plaza  
463-3311

Closed Sunday

We do passport photos

## Vashon Island Bicycle

Much more than just a bike store.

Breeze on in and ride out,  
same day service  
Check out

www.vashonislandbicycles.com

(206)-463-6225

Downtown Vashon next to the Post Office

## Olympic Instruments, Inc.

• Custom Manufacturing, Machining, Welding, Fabrication, Repairs  
• Short & long run production  
• Prototyping  
• Length Meters for Wire & Cordage  
• Cunningham Air Whistles

Your Vashon Neighbor Since 1946  
Monday - Thursday, 7:00 AM - 5:30 PM

16901 Westside Highway SW  
Vashon, WA 98070

Phone (206) 463-3604  
www.olympicinstruments.com  
www.cunninghamairwhistles.com

"The Department of Homeland Security has ranked the District of Columbia in a low-risk category of terrorist attack or catastrophe, putting it in the bottom 25 percent of U.S. states and territories..." - Washington Post, June 2, 2006

That wooshing sound you hear is the population of D.C. moving somewhere else.

Loopy sez: Deadline for the next edition of *The Loop* is

Friday, June 16

## SCC

Sound Contracting & Consulting

SOUNDCC972K2

(206) 463-2055

Michael O. Bradley

Contracting & Consulting Services

- Detailed, cost effective building plans
- Liaison with DDES for permits, land use issues
- DDES dispute resolutions
- Remodeling ideas and installations





Tibetan Eared Pheasant  
Photo by Linda Barns

# Don't Forget the Birds

## Birding in Tibet

By Ed Swan

I recently had the opportunity to visit Tibet. One of the many pleasant surprises included the amount and variety of birds to be found. The *Lonely Planet* guide that we brought along gives the impression that not much wildlife can be found except away from the more traveled areas. I found something new to see at just about every stop. Even though I spent much of the time bouncing along in a tourist bus, I managed to see some great birds while driving along at 80-90 kph on a two-lane road passing two vehicles on the right with a third coming head on to pass on the left.

The Tibetan adventure started on the way to Lhasa just minutes out from the airport with a Lammergeier, the huge Eurasian vulture, standing in a field and then a little farther on Bar-headed Geese along bars in the flood plain of the Lhasa River. I was trying to figure out some gulls with my binoculars jolting up and down 2-3 inches when several of the Chinese tourists on the bus began yelling. The bus stopped and it turned out that the cargo bay had opened and we had been dumping luggage out on the turns for a while. While the bus left to go search for bags, leaving many of us alongside the road bewildered in the high altitude air, I took the

opportunity to identify Brown-headed and Pallas's Gulls, Common Terns (the same species we get here in the fall) and Hoopoes. When we rolled into Lhasa, a tour-group screw-up meant we were staying in a second-rate hotel on the edge of town. This placed us across the street from the Lhalu Wetland Preserve, so I wasn't complaining. Though a Chinese guard wouldn't let me in, I walked along a fence looking in, seeing Common Coots, Common Redshanks, Ruddy Shelducks, Spot-billed Ducks, Grey-backed Shrikes, and a touch from home: Mallards.

In almost 30 years of birding, I find that if you go to a beautiful and interesting place, you will find beautiful and interesting birds. As we went next morning to the Portala, the palace of the Dalai Lama, I gazed up at this stunning building and saw a great place for birds. It sits on a low hill and then rises up above the hill to stand out over the city. After taking in the pilgrims making their clockwise way around the site, I saw a pair of Red-billed Chough flying along the walls. These are black crows with a long, bright red bills looking like oystercatchers working the rocks as they moved along the white and red walls of the Portala. I haven't had time to research it yet, but these birds seemed closely associated with all of the monasteries we visited. Along the winding path up, around and then into the palace, Russet Sparrows and Blandford's Rosefinches entertained me when I stopped to catch my breath. Inside the courtyard we looked up to see and hear a crew of Tibetan women singing rhythmically as they worked their tools together to the music as they repaired the roof. Beneath them curtains hung open to the main entrance with Eurasian Crag Martins, a Eurasian swallow, swooping in to nest within the building.

The following morning we ditched our tour group and hired a Tibetan driver to take us to Ganden monastery, about 40 km from Lhasa. We took the highway along the river and then turned off onto a bumpy unpaved road to a small village. From there, uncounted switchbacks brought us 1500m up to the monastery at 4500m. The mist and rain of the valley turned to snow as

# RECYCLING

## The Dirt Yard

At center across the street from LS Cedar next to Central Storage

**Accepting Soils**

**Top Soil**  
**Sandy Dirt**  
**Gravel**  
**No Clay**

**Accepting Clearing Debris**

- ✓ Stumps
- ✓ Brush
- ✓ Landclearing Wood Waste
- ✓ Landscaping Waste

**Accepting Concrete**

- ✓ Concrete
- ✓ Concrete with Rebar
- ✓ Asphalt
- ✓ Stone
- ✓ Brick

**Custom Screened Soils Available:**  
Bark, Compost, Top Soil, Rock, Drainfield Cover, Crushed Concrete, Crushed Asphalt and Special Yard and Garden Mixes

**206-999-4541** Ask for **Dennis**

**NO HAZARDOUS OR NON-ORGANIC MATERIALS**

The Portala, palace of the Dalai Lama. Photo by Linda Barns.

we explored. Entering the main temple, we could see Tibetans repairing and restoring one wall as a hundred monks chanted together in the middle. On the opposite wall, bullet strikes were still visible from when the Chinese bombed the Ganden monastery from the air and struck with ground troops in 1959 and

Continued on page 10

ACROSS			
1 Account (abbr.)	50 Monetary unit	10 Opp. of yeses	
5 Green seedless plant	51 Vane direction	11 Color	
9 Stake	52 Old	12 Goal	
13 sketched	54 Daddy	14 American	
14 Film brand	56 Donors	20 Devour (2 wds.)	
15 Cut of beef	59 Tidy up	22 Lose moisture	
16 Pineapple brand	63 The other half of Iwo	24 Flying toys	
17 Giant in 'Princess Bride'	64 Chaos after alarm	26 It's a grand old ____	
18 Allow to borrow	66 Unmannerly	27 Golf tournaments	
19 Internal organ	67 Change	28 Result	
21 Wood particles	68 Time period	30 Legal claim to property	
23 Project	69 Bite	32 Scandinavian	
25 Animal group	70 "as you ____"	33 Unripe	
26 Enemy	71 Wet	36 Architect Frank ____ Wright	
29 Animal's hind part	72 Christmas meats	38 Dole out	
31 Wilting		40 Kiss	
34 Licensed practical nurse	DOWN	42 Side note	
35 To that time	1 Totals	45 Shrink back in fear	
37 "Cheers" regular	2 Prune	48 Teaspoon (abbr.)	
39 Fable writer	3 Jail room	49 Oozed	
41 Elver	4 Baby bird sound	53 Hang	
42 Fit in	5 First day of wk.	55 Express disgust	
43 African antelope	6 Chances of winning	56 Conceal	61 Swiss-like cheese
44 Stuck up people	7 Biblical woman	57 Native ruler	62 Information
46 Pose	8 Veered	58 Frozen rain	63 Semite
47 Factions	9 Referring indirectly	60 Sandwich fish	65 Stiff

Solution on Page 17



# Island Life

Text & photos by Peter Ray



Iris chrysographes

## Black, White and Red All Over

No, this isn't another nun joke, nor does it have anything to do with humorous anecdotes about zebras or newspapers, especially since the printed media (and the broadcast one as well) are for the most part jokes enough in themselves these days, to the point where we don't need to concoct any stories on their behalf. I am of course ignoring the fact that these words are appearing on newsprint stock. And since the garden is a place of refuge from most worldly troubles, we will leave those other concerns at the gate as we step back into the world of seeds and flowers.

To start out, we will state that anyone who has planted a seed and watched as it grew has been complicit in an act of magic. Regardless of the science involved, the transformation of what appears to be a speck of dust or a shiny organic pebble or some dried out pit or bean into a delicate woodland flower or a towering tree, for me is nothing short of magical. A seed is like a portal through which a life force passes. In many ways a seed is a bit like one of those diminutive clown cars, spinning around out there till it parks and the door opens and whoa, where did all those clowns come from and how did they fit in there, anyway? It's always fun to take tree seedlings to market and to witness the blank stare when someone is told that that little potted plant could be a hundred feet tall someday. Perhaps it is that jack-and-the-beanstalk thing that has many people confused and detached from that growing thing that plants do while we're not looking, and most certainly not waiting.

Patience is, of course, one of the biggest lessons in gardening. Where seeds are concerned, I have learned that there are two kinds of patience — active and passive. For years I got

along with planting seeds and waiting for them to sprout with a minimum amount of effort on my part. Then something shifted, and freshly planted flats of potentially choice plants were torn up and harvested by late night visitors. Flats of seeds that were just germinating, as evidenced by the few sprouted bits left by these raiders, were rummaged through as well. In an effort to reap the rewards of sometimes two or three years of waiting for a select group of seeds to germinate, an active form of patience was a necessary path to stomp down. Mouse traps, hardware cloth-covered frames and regular slug patrols with pruners at my side became the active rule in the waiting game of patience with seeds.

There are a number of rewards for being patient with seeds, the first of which is the germination. This act of poking up through soil and mulch has never ceased to excite me. For some plants like the Giant Lily (*Cardiocrinum*) and the Dove Tree (*Davidia*), this appearance above the soil line is a two to three year ordeal that doesn't always result in much of a performance. Then, in the case of the lily, it can be another five to seven years before the flowers appear — that they show up as fragrant twelve- to fifteen-inch white trumpets on the top of eight- to ten-foot stalks gives ample reason for enduring this delay in gratification. In the case of the Dove Tree it can be seven to ten years before the white flower-birds take roost in its branches. This is why we wait.

There is a crap-shoot element to this that adds a little something to the mix. Throwing out the seeds onto the field of soil is a bit like a rolling of the dice- in many ways we are gambling here. First of all, there



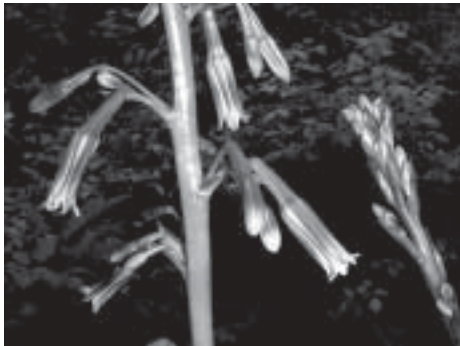
Ravenswing

is always the uncertainty as to whether or not they will even come up. This is usually the least of the gambles involved. In getting one's seed from various sources, trueness to name can be a bit of a problem, but not generally a huge worry. Then, as the seeds are coming up, there is the mutant factor that one scans for in search of variegations or deviations from the standard leaf color. Then there is the wait to see what the flower colors are. This is where we get to the first part of this column's title. Four years ago I sowed seed of the black iris, *Iris chrysographes*. We are now seeing the first flowering on many of these seedlings and the verdict is — they're pretty black. There is more coal than purple in the ones that have flowered so far, and this, as they say, is a good thing.

Our next example is one where randomness of color is much more prevalent. My original seed for these particular plants came in a packet from gardening friends in England. I briefly questioned the depth of this friendship when I first examined the writing on the envelope the seeds came in. Below the plant name were three words that gave me pause, and those were "Junk Green Seedlings". My mistake was to interpret this message as a description of what was contained therein and my immediate thought was: "Gee, thanks." Then it dawned on me that it was not a description, but an action to be taken. As it is, beyond its many umbels of small white flowers, *Anthriscus* "Ravenswing" is known for its dark lacy foliage — the species from which it was selected normally has green foliage. Obviously it was being stated here that in order for one to have the best forms of "Ravenswing" one needed to act with selective and destructive discrimination. What comes to mind here is that line from Coppola's film *Apocalypse, Now*, where the order is given to "terminate with extreme prejudice." Sometimes it is necessary, and okay, to be ruthless. It was *Anthriscus* "Ravenswing" that taught me a few lessons in garden photography as well because the darkness and fineness of leaves make it is nearly impossible to

photograph — I'm still working on that one.

With the last bit about red in the title we kind of had our way with the truth. As it is, the flowers that recently started to open on my *Beschorneria* plants aren't really red. In truth, the stalks that bear the flowers a couple feet above the yucca-like foliage are more of a glowing magenta-red. As the tubular flowers break from their buds they continue that color almost the entire two inch length and then



Beschorneria

finish off with a green lip — it's really quite showy. Actually, that they're here at all is kind of amazing since *Beschorneria* plants are found in Mexico and are mostly not that cold hardy. These plants came from seed that formed on a plant growing in Madison Park. This was one of three plants that had come from a hybridizer in San Francisco and were the result of a cross between *Beschorneria yuccoides* and *B. septentrionalis*. With one species flowering green and the other red it was uncertain as to which way these seedlings would go. Rather than blending, in this *Beschorneria* we find that we have the distinct colors of both parent flowers, which to my mind was completely worth the wait.

## Black Dog Plants

[www.blackdogplants.com](http://www.blackdogplants.com)

[peter@blackdogplants.com](mailto:peter@blackdogplants.com)

(206) 567-4542

Look for Black Dog Plants  
at the  
Saturday Farmer's Market!



1/2 OFF  
your first order



# Organic Produce Delivery

Fresh, certified organically grown fruits and vegetables delivered to your home or office

## Organic produce is now available at the Roasterie, the new Minglement location

# 463-4764

Visit our website at [www.farmfreshorganic.com](http://www.farmfreshorganic.com)

# 19529 Vashon Hwy SW

## Community Supported Agriculture: We Grow It Here for You

By Lisa Mathias

Vashon’s own Bob and Bonnie Gregson wrote the book that inspired many to try their hand at small-scale farming. In *Rebirth of the Small Family Farm*, the Gregsons chart their growth from farmer wannabe’s to serious innovators leading the Vashon community to a new understanding of local food production and distribution. Jeff and I read the book right after our first experience raising a batch of twenty-five chicks. Those amazingly industrious creatures convinced us that producing our own food was not only possible but also inspiring and joyful and fulfilling. However, farming during the evenings and weekends between full-time jobs can be less joyful and fulfilling and more exhausting and injury prone. The Community Supported Agriculture (CSA) model appeared to be an excellent method to begin full-time farming immediately.

Community Supported Agriculture began its modern incarnation in Japan. A group of women dismayed by the increasing anonymity of the food system organized producer/consumer cooperative associations called *Teikei* – “seeing the farmer’s face on the food.” This model, called Community Supported Agriculture in the US has been sweeping across the country since the late 1980s. Although the CSA model now has many variations, the basic agreement of support between a farmer and those who will eat the fresh produce is key. Before the growing season, a farmer sells a limited number of member shares in the upcoming production. Each member is then given a portion of what is ready for harvest every week of that season.

True to the original motivation, CSAs emphasize accountability. Members know exactly how their food is grown, how the farm land is stewarded, and what can be produced locally because they see it first-hand every week. For growers, our economic welfare depends not on an arbitrary commodity valuation but on the strength and awareness of our community.

Four Island farms offer CSA subscriptions this year.

Excited to be entering their eighth CSA season, Amy Bogaard of Hogsback Farm states, “We love providing this service to the

community and have been grateful each and every year for the support the community has shown. It is wonderful that our subscribers appreciate seasonally fresh local produce.” Hogsback Farm CSA is usually a 20-week season that begins the end of May and goes to the second week in October. They provide a wide variety of vegetables throughout the season and a u-cut bouquet of flowers from July to October. Cost is \$450 for vegetables and you can add eggs for \$80. Contact Amy at 206-463-1896 or [hogsback@centurytel.net](mailto:hogsback@centurytel.net)

New to the CSA model but certainly not to farming on Vashon, Timken Farms offers beans, broccoli, cabbages, carrots, cauliflower, cucumbers, chard, corn, kale, leeks, lettuce, mustards, collards, onions, dill, cilantro, parsley, chives, basil, pumpkins, peas, radishes, spinach, tomatoes, peppers, and squash from mid-May through September. Their twenty shares have already been purchased for this year and members will enjoy weekly boxes that start out around 5 pounds per week and grow to more than 20 pounds at the peak. Looking forward to future CSA seasons, Mark states, “We welcome you to join our CSA and be guaranteed to receive the finest quality produce weekly with easy pick up times at an affordable price. We would love to be your personal farmers!” Check out their website for more information [www.timkenfarm.com](http://www.timkenfarm.com)

Nourishing the soul with flowers grown lovingly on her Island farm, Zilla Copper offers a fresh bouquet CSA for twenty-six weeks, early April to early October. The full subscription is \$468 and a half subscription of thirteen weeks for \$234 with deliveries on Monday mornings. If your day has ever been brightened by the lovely flowers at Harumi Hairstyling or the Vashon Athletic Club, you can attest to the value of this service! Both are subscribers for the third year. Contact Zilla at 463-4790 or [Zillacop@yahoo.com](mailto:Zillacop@yahoo.com).

Jeff and I are growing on two Island farms this year and have changed the name of our CSA to reflect our core goals. Journey School Food Community acknowledges that food is the foundation of health – for our own families, for our community, and for



WRE/Vashon Island, Inc.

# Alan Mendel

Dedicated to your real estate goals

[AlanMendel@windermere.com](mailto:AlanMendel@windermere.com)  
[www.AlanMendel.mywindermere.com](http://www.AlanMendel.mywindermere.com)

206-818-0748  
463-9148 x212



## Tim’s Inspection Service

Structural Pest Inspections      Home Inspections  
Licensed & Bonded      ASHI Certified



Timothy J. Lafferty / Owner  
Cell 206.335.2379  
E-mail [timsinspections@msn.com](mailto:timsinspections@msn.com)

### Now Open Saturdays!

WOK IN

TAKE OUT

206-463-7980



9925 SW Bank Rd  
Open Mon-Sat  
11:30 am till 8:00 pm

**463-7980**

New Owner – Same great taste!

the earth itself. We are inviting thirty families to join us this Summer for a twenty week CSA, June 13th to October 24th. Every week, you’ll receive a selection from each of these categories: greens for eating raw, greens for cooking, root vegetables, berries, herbs, and classic summer vegetables as well as a loaf of organic Essential Baking Bread. Shares cost \$500 and egg shares are also available. Register now at our website [www.luckyfarm.us](http://www.luckyfarm.us) or call 206-498-0986.

### And here’s another idea...

By Kara L.C. Jones

This summer/fall season, we are doing a farm share with Lucky Farm. Bounty of fresh, organic veggies, yummy bread and 1/2 dozen eggs each week, now till end of October. But for several of the weeks of the subscription, Hawk and I will be out of town. So at first, I thought about cancelling the farm share idea all together. Then, we happened upon a great thought: what if we could donate our shares in those weeks to the Food Bank!! So we talked with Yvonne at the Vashon Food Bank, and she loved the idea. So now, we get to have wonderful Vashon-grown food during the weeks we are here – and we get to share our share with others on the weeks we are not here! Maybe there are others who would want to donate a week or two of their shares if they are going to be away at different points this summer??

CENTECL961LB

**CENTER CREEK**  
LLC

**TRACTOR SERVICES**

**BACKHOE-MOWER  
LOADER-TILLER**

**(206) 463-2229**

BONDED • LICENSED • INSURED

### Master Gardener Clinics

Information on scotch broom and other invasive plant identification and control is available at the free Plant Clinic located in the breezeway between True Value Hardware and Thriftway. Master Gardeners will be there from 10 a.m. to 2 p.m., **Fridays, June 2 and 16, and Saturdays, June 3 and 17**, to identify mystery plants, diagnose plant problems and answer your gardening questions. Bring samples or cuttings for help with specific concerns.

There is no time like the present to halt the spread of scotch broom on your property, remind WSU trained Vashon Master Gardeners. Seeds and other parts of these plants are toxic to humans, horses and other livestock. The golden flowered shrubs, considered potential fire hazards, are at their blooming peak, already forming the seeds that explosively spread these plants. Each plant can produce 10,000 seeds that can remain viable in the soil for years. Removing the shrubs before the seeds form will prevent additional production of new plants.

Help is available outside of Vashon Master Gardener Clinic hours through a master gardener help-line from 10 a.m. to 4 p.m. Mondays through Fridays at 296-3440 or online at [gardening.wsu.edu](http://gardening.wsu.edu).

The clinic is part of the Washington State University King County Extension Program serving gardeners in Western Washington with science based horticultural information.

Advertise in The Loop!

We need the money



# The Dorsal Spin:

Orca Annie and Odin are in Juneau this week.

**Please support the eco-friendly work of the Vashon Hydrophone Project (VHP) by reporting local whale sightings ASAP to 463-9041. Contact Orca Annie at Vashonorcas@aol.com.**

## Birding in Tibet

*Continued from page 7*

through the mid-sixties. From being almost totally destroyed, the monks and others restored much of Ganden to a new beauty and calm. I didn't see many birds besides Red-billed Chough and the ever present Eurasian Tree Sparrows (the Chinese and Tibetan counterpart to the House Sparrows we have). The snow damped the bird opportunities but it was worth it to experience the atmosphere of peace and quiet of the monastery in the gently falling flakes.

Because of the weather, our driver said he would take us to another

when the temple gong sounded. Up we went, with the nun taking pity on us and stopping about every 50m for us to catch our breath. The mountain side possessed a network of trails through a very dry low brush. I heard a lot of birds but saw only a few: White-throated Redstart, Great Tit, Oriental Turtledove and a large Upland Buzzard gyring from high above us to far below. To the side, an almost dry stream produced a Brown Dipper. Occasionally, kids chased along donkeys with loads making sure the beasts took the right trail up and down the mountain. When we reached the top and entered the village, I immediately saw so



Prayer flags at Kambala Pass. Photo by Linda Barns

village where there were "many birds." It was on the other side of Lhasa, up a side valley from the Lhasa River. We certainly wouldn't have heard or found this place without the driver and probably wouldn't have had access without a Tibetan guide if we had. We drove to the base of a mountainside with a temple barely visible 500m up. The driver told my wife Linda (which through one of the many ironies of Tibet had to be a conversation in Chinese, since we knew no Tibetan and he spoke only a few words of English) that we should follow this nun up the trail and return

many birds it was hard to know which to identify first. One of my hoped-for species, Tibetan Snowcock, walked by in a covey up a dirt path in between a small temple and the houses of the village. Rosefinches, Plain Mountain Finches and Godlewski's Bunting competed for attention. Meanwhile, many of the villagers were wondering what I was doing. My field guide with pictures of the local birds provided a means of minimal communication and much amusement as they told me the Tibetan names of the birds. Too soon, the gong sounded, monks blew on



Horns signaling time to leave. Photo by Linda Barns

# PANDORA'S BOX

June is for weddings - is your pet planning one? We can help. Lots of gift ideas, catering ideas for canine guests - referrals for doggie couture available.

Fantastic new cookie selection arriving soon. Why not spend a \$1 on a cookie that will be consumed in less than 10 seconds? It'll probably make you feel better than that gallon of gas for \$3.52.

**Horus' question of the week:**  
The return of Jenny - the greatest provider (push-over?) of bonita flakes.

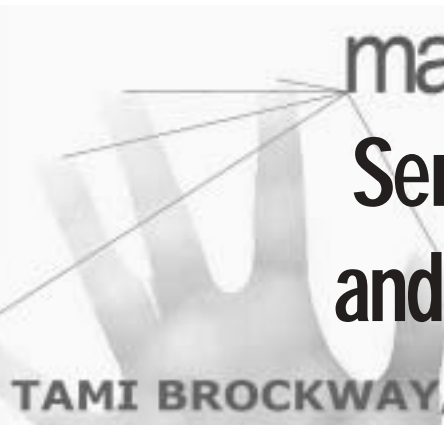
**463-3401**  
\$5. nail trimming with no appointment.  
17321 Vashon Hwy. Big Red Building w/Animal Stuff on the porch



## massage therapy

# Serving Vashon and West Seattle

**TAMI BROCKWAY, LMP 206.898.1874**



Summer dates are almost full! Need a Band call us 206-794-9451

# Loose Change

R&B Band

Email: loose-change@comcast.net



## HARBOR MERCANTILE



Since 1908

463-2500

their long, deep horns and we began our descent. Escaping the tour group to explore Ganden and this village on our own was one of the highest points of the trip (almost literally, though our drive with the tour group to Kangbala Pass at 4990m was higher than Mt. Rainier).

Meanwhile, back on Vashon, I'm still saying to myself, so what was I doing before I left? A few interesting birds popped up to report. Steve Caldwell found a Western Kingbird, the fourth record for Vashon, by Maury Island Regional Park. Moria Robinson saw Turkey Vulture keeping pace with her car window for a ways along Vashon Highway. Four juvenile Brown Pelicans visited Pt. Robinson for the Low Tide Festival. Vashon gets at most one pelican sighting a year, usually of single birds. This is the first spring and multiple bird record that I know of. All other sightings have been in late summer or early fall. If you have an interesting sighting or question about local birds call me 463-7976 or email at edswan@centurytel.net. Be sure to

## Sarah Browne



### Buyer's Specialist

**(206) 550-8975**



**Your Home Team Realty**  
**(206) 463-LIST (5478)**  
**www.kwvashon.com**

catch the next on-island field trip by the Audubon Society on **Saturday, June 10**, meeting at Ober Park park and ride at 8 a.m. and returning at 10 a.m.

☺☺☺☺

What magic there is in a girl's smile. It is the raisin which, dropped in the yeast of male complacency, induces fermentation. -- P. G. Wodehouse





Free Delivery within our delivery area  
**Call 56-PIZZA**  
**We're Open Every Day!**  
Mon-Thurs 4pm-8pm  
Friday 4pm-9pm  
Saturday 12pm-9pm  
Sunday 12pm-8pm



Planet Waves

by Eric Francis <http://www.PlanetWaves.net>



**Happy Birthday Gemini!**  
*The main thing you have to depend upon is your experience. Lately you've not only gained new experience, you've seen just how much you have in the way of past experience, and how valuable it really is. Perhaps the most potent lesson that's come home to roost is to not let others decide how you feel about yourself. The second most potent lesson is not being too hard on yourself. It's a psychological and emotional policy that quite literally gets you nowhere, which very much contradicts the fact that you really do have somewhere you need to get to, but more than that, there is something you believe in passionately that it's come time to dedicate yourself to.*

**Aries (March 20-April 19):** Courage is your first, middle and last name right now; you are living the power of your heart. This is a tremendous gift, and it's never bestowed upon someone for no reason at all. Soon enough you will encounter the situation that you will need to rise up and meet, and I trust that you will find yourself fully capable of doing so. At the same time, your self-sacrificing tendency may distract you from an important personal goal, but this is not necessary. When you finally balance your own needs against those you perceive in others, you'll make real progress — and it will come at nobody's expense. Everyone will gain, and that is the essence of the issue.

**Taurus (April 19-May 20):** People are growing accustomed to how accommodating you're being, but they won't mind if you take some elbowroom for yourself. In fact, there is enough room for you, and that means room for what you feel and what you believe. Imagine these are like plants, and to keep them alive, you need to give them water and light, and tend to them daily. This is not a matter of getting permission, it's a matter of directing your creative energy to where you know it needs to go.

**Gemini (May 20-June 21):** Your finances run in cycles, and you can now take special care to make sure they're on the upswing. Your money habits are anything but haphazard, and it would be wise of you to see the cycles and notice the thoughts that lead to them. I suggest you do at least a medium-range study, perhaps going back a year or so. In our society there's very often a link between how we feel about ourselves and how much money we have, and another between how we feel about ourselves and

how much we spend. Rather than making extra cash, I would say the premium is on feeling safe, sane and like your contribution matters.

**Cancer (June 21-July 22):** So much that you've held inside is rising to the surface of life. It's as if you can finally feel the power to become the living embodiment of your dreams. What else is life for? Well, I am sure you could come up with a few other potential purposes; but I'm not sure you've ever quite felt so strongly that you simply had to do what was right for you. That motivation is a precious gift, and you're heading for a breakthrough that will permanently change the way you think about yourself and what you have to offer the world. It's so much more than you think.

**Leo (July 22-Aug. 23):** Mars is about to enter your birth sign, and I can translate that into plain English. To feel your power, you'll need to face your fears — the classic success formula. The few days that Mars is transitioning, particularly June 3 and 4, may feel like you're giving birth to yourself, with all the attending sense of danger and transition, and these are a real moment to face your fears. Of course, this is one of the scariest things most people can think of, but if you've got one thing going for you right now that is boldness. Get on top of this game. The rewards will be worth it.

**Virgo (Aug. 23-Sep. 22):** Those who know what they want are more likely to get it. Currently it seems you're making up your mind about what that is, and it wasn't what it was yesterday. One hindrance to making a decision is that you may feel that deciding what you want will shape the course of your life. Everything hinges on one choice you have to make, and that may feel overwhelming. In such a moment, awareness counts the very most. Any decision you really need to make now can be made now. Everything else can wait.

**Libra (Sep. 22-Oct. 23):** All that matters now is that you know what's true for you. If you're feeling some fear, that's a good sign because it means you're in touch with just how momentous the moment is. You have every reason to be confident, yet at the same time, the dimensions of what you're aware of will keep you humble and remembering how delicate the world is, and how gentle you need to be all the time. You don't have to push your agenda on everyone. You just need to know it in your heart.

# SPECIAL

18 x 21 Steel Buildings

30 x 40 Steel Buildings

40 x 60 Steel Buildings

60 x 120 Steel Buildings

## Factory Priced

# BLOWOUT!

Call:

**BERGIN CONSTRUCTION**

**463-6232**

19433

CENTRAL STORAGE

Since 1993

STOW & GO UNITS

BEST RATES - BEST TERMS ALWAYS!

DRY SECURE SPACE, EZ ACCESS

206-567-4663

Contribute to the  
Vashon - Maury Island Heritage Association  
Conserving Local History

**Scorpio (Oct. 23-Nov. 22):** Suddenly there's far less difference between what's the most meaningful for you and what is most meaningful for everyone else. So recently it seemed like everyone had separate interests; today the ground we share is wide enough to hold everyone, and what we all feel, and what we may believe. It's true that most people have lost all contact with the notion of the "common good" but your charts are speaking boldly on this subject at the moment. You are a natural born leader, which is lucky for you in times when all the world needs is confident leadership.

**Sagittarius (Nov. 22-Dec. 22):** You've put up with plenty of uncertainty lately, which is never easy for a Sagittarius who likes to keep things moving in that one definite direction. Now, a rare planetary alignment is reminding you that more than you need to do anything, you need to make a decision involving a partner or a loved one that will resolve certain lingering issues once and for all. The initiative in this equation comes from you; you set the process in motion. Just be gentle — this person is more sensitive than you.

**Capricorn (Dec. 22-Jan. 20):** A partner or loved one is in a delicate position, one that they didn't bargain for and may not understand. They're making a decision on which their entire world seems balanced. Is this drama, or is it real? Is every decision one that our world hinges on, or are some more important than others? You may sense the intensity, and you'll go a long way toward helping by forgiving past conflicts and being with them in the here and now, right where they need you. Remember, it's their life, not yours, so all you need to do is be present and loving.

**Aquarius (Jan. 20-Feb. 19):** I'm sure you'll agree, these are some of the most interesting years of your life. They have also brought some real tests, which is another way of saying you're gaining experience and learning to put it to work. This week, though, you will begin to see the advantage of all you've been learning, a process you've undertaken with no

# Mattress Makers

Quality mattresses made to order in our factory; **half the price** of department stores, guaranteed comfort.

We make standard sized mattresses, including pillowtops, latex, memory foam by Thermopedic, and adjustable beds.

We specialize in custom sizes for RVs, boats, and antique beds.

Come see us at 8208 Tacoma Mall Boulevard South, just a few blocks south of the mall.

**253-984-1730**

definite promise of a reward. A rare planetary alignment is reminding you that you really do get back all that you put out in life. Which in your case is very good news.

**Pisces (Feb. 19-March 20):** You are a dynamo of productivity, but I suggest you make sure your efforts are going toward the right cause. I'm not saying they're not — but you need to evaluate and make conscious adjustments. You want to give your all, and you will, but remember, your work is having an impact, and that impact is based more on your specific message rather than on the degree of effort you exert. For the next few weeks you may be inclined to put out more and more energy, but I suggest you nip this weed in the bud and make a conscious choice about what you do, why you do it, and when you take action. When in doubt, stop and send yourself a postcard from the here and now.

0000







## Book Review

### A Lifelong Affair with Music

By Rachel Bard

What famous name comes to mind when you think of pre-Castro Cuba?

Move over, Hemingway. Make way for Israel Levis.

Levis is the protagonist of this seductive, nostalgic novel, laid in a Cuba that was pre-Castro, pre-Hemingway and pre-Batista, the dictator whom Castro overthrew.

You'd think the author was Havana-born and bred, so vividly does he bring a long-lost Cuba to life. Actually he's from New York City, though of Cuban parentage. However he does it—by osmosis, genetic memory, listening to his parents, visiting their native isle—somehow he plunges the reader headfirst into Levis's exuberant, pleasure-loving times.

Israel Levis's father, a doctor, passed his passion for music on to his son. His mother gave him his fastidiousness and his religious faith. In spite of his Jewish-sounding name (which would one day get him into deep trouble), Levis was as devout a Catholic as ever frequented the Havana Cathedral or confessed his sins (mostly visits to brothels), then went serenely out to commit them anew. He was a gargantuan man with gargantuan appetites: a stately and imposing figure, often seen in the city's congenial restaurants conversing with cronies, eating and drinking the night away.

His appetite for music was even more consuming. From piano-playing child prodigy to successful composer, he personified the explosion of multi-cultural music that Cuba joyously exported to the world, with its influences from African rhythms, Spanish *zarzuelas* and Latin American folk melodies.

Despite his prodigious output, Levis was forever associated with one song: *Rosas Puras* (*Pretty Roses*), a catchy melodic rumba that he composed almost offhandedly for Rita Valladares, the love of his life. Rita, a beautiful, talented singer, waited for years for Israel to declare himself. He never did. Why? Diffidence; unwillingness to believe someone so lovely and sought-after could care for him; inability to commit himself are advanced as reasons. Yet the book never makes this quite clear.

At any rate, events separated them. Rita went on world tours, making conquests, performing *Rosas Puras* to wild acclaim, returning fleetingly to Havana to resume their friendship. Israel, chafing under the restrictions of the dictator Machado and convinced his own life might be in danger because of his outspoken opposition, left for Paris. He wrote Rita, "at my ripe old age of 42, I think it is time to see something more of the world again. A fortune-teller

has confirmed my feelings, and I have spent many hours in church praying for guidance."

And see the world he did: not only Paris, where he was lionized and continued to compose and perform, but much of Europe and the United States. Hijuelos loves to name-drop. Levis seems to have met everybody who was anybody in the giddy '20s and '30s: George Gershwin, Joaquin Rodrigo, Ravel, heavyweight champion Jack Johnson, Stravinsky, Picasso, Dalí, Mussolini, the Pope.

Then came the German occupation and dark times. Convinced that Levis was a Jew

because of his name, the Nazis seized him and sent him to Buchenwald. There "the maestro did not believe the things

he saw, nor the sounds he heard." Sometimes the Germans dressed him up in a formal suit and took him off to perform at their parties. Passing through the kitchen and its aromas of roasting chicken and lamb chops, he felt nauseated and nearly fainted. "He is given a cup of milk and some bread with a piece of sausage, then a shot of brandy so he might have sufficient strength to later perform on the piano."


After the war he came home to Havana. When he'd left he was affectionately called *El Gordito*—the Fat Guy. When he returned he was *El Flaco*—the Skinny One. His body had wasted and aged and so had his soul. He was unable to touch the piano, uncertain if there was a God.

In the end it was Rita who brought him out of his despair. On her third marriage, still an international star, she came to see him and insisted that he must write her some music. "As world-weary and cantankerous as Israel Levis could be, he found himself saying, 'Of course, as you know there is very little that I wouldn't do for you, Rita.'" In his last days he again found meaning in life.

As in his Pulitzer-prizewinning novel *The Mambo Kings Play Songs of Love*, Hijuelos's characters in this book are driven by their infatuation with music. But where they're patently fictional in the former, Israel Levis may have been based on Ernesto Lecuona, Cuba's most famous composer. Both were born in Havana at the end of the nineteenth century and both were amazingly prolific. Both were famous and in demand far outside their native land; Lecuona mainly in New York and Hollywood, Levis in Europe.

So, since Hijuelos didn't see fit to give us the music of *Rosas Puras*, just the words, we could do worse than to close the book and hum Lecuona's *Siboney*, another simple Habana melody from when the world was good. ☐☐☐☐

Medicine consists of  
amusing the patient while  
nature cures the disease. –  
Voltaire



## ANN LEDA SHAPIRO

LICENSED ACUPUNCTURIST  
Traditional Chinese Medicine & Herbs

Courthouse Sq., #208B  
Vashon Island, WA 98070  
206 463-3967

219 1st Ave. S. #310  
Seattle, WA 98104  
206 463-3967



Photo © Candy Gamble

## Stalking the Volcano

Continued from page 1

This group of photographers certainly rose to the occasion. They not only captured great images despite the elusiveness of the Mountain, they did so from a great variety of vantage points and in a great variety of light. A juried exhibition of photographs will be showing at The Hardware Store during the month of June. The opening on Friday, June 2, was mobbed. Melinda Sontgerath said it was one of her best shows. Three photos were purchased on opening night, not bad for a student show.

My thanks go out to our jurors, who gave so freely of their time and their expertise. I especially want to thank Melinda Sontgerath for hosting the show in her gallery; to Janice Mallman and Pauline Richardson at Vashon Allied Arts; and finally to my wife, Nancy Wing, for all the caring and support.

The show will move to the Edmonds Community College Conference Center next November and December. Holly Hodgson (one of our 5 jurors) is Norman Edson's granddaughter. She could not make the opening here, but will be there in November. This is the first show in the Hardware Store that Melinda has



Photo © Angela Nordling

juried. The other jurors are William H. Taylor (a major collector of Norman Edson photographs) and Cami Smith, Director of the Edmonds CC ArtsNow program and formerly of the Kennedy Center in DC.

## Public Meeting June 29: Building Design for New/ Expanded Library

There will be a meeting on **Thursday, June 29, 6:30-8 p.m.** at the Vashon Parks District Office, 17130 Vashon Highway SW. Come hear more about the proposed exchange of properties between the King County Library System (KCLS) and the Vashon Parks District for the expanded Vashon Library. Review conceptual drawings of possible locations for the new library and meet the architects from Bohlin Cywinski Jackson.

The limerick, peculiar to English  
Is a verse form that's hard to extinguish.  
Once Congress in session  
Decreed its suppression  
But people got around it by writing the  
last line without any rhyme or meter.  
-- Professor T. J. Spencer




Ray Pfortner instructing photography student Carol Spangler during a 5:30 a.m. group photo shoot at Pt Robinson on March 11. Photo © Rebecca Darr.





**CERISE NOAH**  
Helping buyers and sellers with their  
Real Estate needs throughout Washington State.  
**(360) 756-6500 ext. 14**  
**(206) 227-5539 cell**  
  
**Licensed since 1996**

**ISLAND ESCROW  
SERVICE**



**Complete Escrow  
Service**  
Licensed & Bonded

9929 SW Bank Rd. #204  
206-463-3137 fax 206 463-9122  
islandescrow@centurytel.net



**Barber & Beauty  
Shoppe**  
**(206) 463-7212**  
Family Hair Care ~ Sensible Prices  
Colors, Perms, Hair Cuts

Parker Plaza 17232 Vashon Highway

Island Epicure



Eat Well; Live Long  
Azerbaijdzhan Style

By Marj Watkins

The unforgettably superb cooking of Azerbaijdzhan, probably responsible for many of the reported 120 years and more that Azerbaijdzhanis live, focuses on healthful fresh ingredients: poultry, lamb, and beef, lake trout and Caspian Sea sturgeon, milk products, fruits and vegetables. Honey is the sweetener of choice, added at the last minute to preserve its enzymes.

Azerbaijdzhanis love yogurt, and don't stint on real butter. They are also very active into old age.

You can eat as well, and maybe live as long here with U.S.-grown foods chosen from the list in the first paragraph. But keep moving!

Chicken Azerbaizhan with  
Apricots

Prep: 5 minutes; Cooking time: 50 minutes; serves 4

Preheat oven to 425 degrees  
4 chicken legs or large thighs, or 2 game hens, split

Salt and pepper to taste  
1 cup (20) dried apricots  
Cinnamon, powdered  
Cloves, powdered  
1/2 teaspoon turmeric  
The Sauce

1 cup chicken broth or 1 chicken bouillon cube plus 1 cup hot water  
2 Tablespoons dried onion flakes or 1/3 cup finely minced onion  
1 lemon, juice and grated peel  
3 Tablespoons cornstarch  
1/4 cup cold water  
1 Tablespoon honey

Arrange chicken pieces in large ceramic casserole. If necessary, use two baking dishes so as not to crowd the chicken. Bake uncovered 25 minutes. Tuck apricots around chicken pieces. Sprinkle with cinnamon and lightly with cloves.

Stir turmeric into chicken broth. Pour over the chicken. Cover and bake 20 minutes more. Grate lemon, half and juice it. Combine peel and

juice. Transfer casserole(s) to top of stove on medium high heat. Pour juice over chicken.

Combine cornstarch and water. Stir into sauce and around chicken. Stir-cook until thickened. Stir in honey.

If using a glass casserole, transfer chicken pieces to a platter and keep warm. Transfer juices to a small saucepan. Create sauce as above. Pour it over the chicken.

Serve with pilaf, below, spinach and slivered red cabbage cooked together with butter, and a vegetable salad.

Rice Pilaf Azerbaijdzhan

Serves 4

2-1/2 cups water or chicken broth  
1 teaspoon salt

4 Tablespoons butter (1/2 cube), divided

1-1/2 cups raw long-grain brown rice

1/4 teaspoon powdered saffron, optional (turmeric may be substituted)

In a heavy saucepan bring the water, salt, and 2 Tablespoons of the butter to boiling. Add the rice in a slow stream to keep the water on the boil. Stir. Boil vigorously 1 minute. Reduce heat to low. Cover tightly and simmer without peeking for 15 minutes.

Meanwhile, melt rest of the butter. Pour it evenly over the rice. (If using saffron, mix it with 1 tablespoon of warm water and stir it in before adding the melted butter.) Cover again and simmer over very low heat 30 to 35 minutes.

Below is a superlative pilaf Azerbaijdzhani cooks prepare for wedding feasts and other important celebrations. This ancient recipe has persisted through centuries of weddings.

Celebration Pilaf – serves 4

2 large, thick-skinned organic oranges

1/2 cup (1 cube) butter

Water to cover

Dash salt

1 cup sugar or Splenda®

3/4 cup water

1/4 teaspoon powdered saffron dissolved in 1 Tablespoon water

1/2 cup slivered blanched almonds

1 Tablespoon freshly squeezed, strained lemon juice

1 recipe Rice Pilaf with saffron, above

Thinly peel the oranges. Cut the peel in strips 1-inch x 3/8-inch. In a



**Granny's  
Attic**

Begin your  
treasure hunt  
with a visit to  
Granny's Attic  
Thriftshop

South of Everett Road at Vashon Health Center  
19959 SW 138th St. - Everett Ridge  
463-3181  
Tues., Thurs. and Sat. 10 to 3

Celebrating 31 years of receiving items donated  
by Islanders & staffed with Volunteers.  
Giving back to the community.  
Proceeds support our Vashon Health Center.

**Donations accepted 7 days  
a week – 8 to 4.**

Madame  
Toujours

Dear Madame Toujours,

My husband Neuman and I have been having a vicious argument. Neither one of us can convince the other to change their opinion. You see, about a month ago, my husband's niece Gracie got married. A few weeks later, we went to a barbecue at Neuman's Uncle Harvey's house. I saw Gracie and asked her how she had enjoyed Aruba which is where she was supposed to have gone for her honeymoon. To my astonishment, she burst into tears and ran into the house, and everybody at the party, including my husband, glared at me. I was mortified, and nobody would speak to me for the rest of the party.

It was hours before Aunt Maisie finally took me aside and gave me the story. It seemed that two days after the wedding, the groom ran away with an exotic dancer named Carlos. Naturally, any mention of anything remotely related to the wedding was terribly painful and humiliating to Gracie.

The real betrayal is that Aunt Maisie herself had told Neuman about the breakup, and he never mentioned it to me. When I confronted him with his betrayal, he said he didn't want to gossip, and why would I ask her such a personal question anyway?

I maintain that asking about the weather in Aruba isn't personal, and it isn't gossip to tell me major news that could save me from making a huge social faux pas. Who is right?

Sincerely,  
Mortified

Chere Mme. Mortified,

You are being perfectly correct to be supposing that M. Neuman should be sharing the important news regarding the significant life events. Very many times, the masculine type persons, they are having the unnatural scorn for the gossiping. This is the big

THAT GUY & JOE'S

**Home Services  
CENTRAL**

Serving Vashon & Maury Islands  
Bonded & Insured Contractor  
License #HOMESSC940KL

**Complete Home &  
Property Maintenance**


With experts specializing in:

Landscape Carpentry Fencing Decks Tree Service Pressure Wash Home Repairs Gardening	Brush Clearing Hedge Trimming House Cleaning Lawn Maintenance Drainage & Run-Off Remodeling Dandelion Control Gutter Cleaning
--	--

**One Call Gets It All!**  
Jordan 206-228-1626  
Jeff 206-579-6333

Your Home Is Where Our Heart Is!

Summer  
dates  
filling up  
call us  
206-794-  
9451



Email: loose-change@comcast.net

foolishness. How else is he expecting you to be learning about the personal business of the friends and neighbors?

The reason that the masculine persons are having the foolish contempt for the gossip is because they are supposing that the gossip, it is what the women are talking about with the weddings and the divorces and the babies. They are not interested in this. Therefore, it is seeming to them to be the silly trivialness.

Doubtless you have many times listened to the foolish chatter of the husband and his friends about the work and the employers and the drunken contests at the sports bars. You were not calling this gossip. That would be rude. You quietly rolled your eyes and wondered why they could not be talking about the sensible subjects such as what diet is everybody following and how big are the love handles.

Bon Chance, Mme. Mortified, and for the family, I am suggesting that at the next barbecue, they seat the abandoned bride on a throne, lay the garlands at her feet and burn the inconsiderate groom. If they cannot find the groom, they can be burning the convenient effigy instead. This would be much more healthful for the bride than the silences and the shames.


~~~~~

Wine Shop Re-Opens

The Vashon Wine Shop has re-opened at the former Old Dreams location just north of town. Owner Stephen McClure invites people to come in and check out the inventory of fine wine.



From North End to South End  
From Dockton to Burton  
Come see Dr. Basile  
If you're tired of hurtin'-



Vashon Family Chiropractic  
Dr. Thomas Basile  
463-1850

# Positively Speaking

## No Drunk or Stoned Teenagers for Vashon

By Deborah Anderson

Dear Kids,

It may seem quite annoying there are so many adults on your case now about drinking and drugs and the lack of tolerance for infractions, but believe me...really...truly...it's because we love you. I write this because when I moved on the Island nearly fourteen years ago now, it was OK for any teens to suck down anything and we killed off about one a year of you. I wanted to tell all the teens and their parents then that things should change to zero tolerance and now that it has, I've got a big smile on my face, even though it's wreaking havoc on your weekend parties and traditions. It IS better this way.

I'm going to tell you what's it's like to be the victim of a drunk driver and live through the sixties sober and then I'm going to tell you the three reasons we usually don't tell you that are why you should go through your teens sober and not listen to the parents that tell you it's normal to experiment.

Every day since I was nine, I've woken up in pain. I spend the days moving through it. My left leg is a good one and three-quarters of an inch shorter than the other. My back is smashed. I have no functioning nerve below my right knee. The doctors can't figure out how I walk. My right foot has 20% movement. It is constantly filled with splits and blisters. I wasn't supposed to be able to carry a child to term. I have 50% atrophy in the right leg. The left leg is numb from a pressed nerve much of the time. Once I stepped on a burning cigarette butt and didn't know it until I smelled the flesh that had burned down to the bone.

My friend Susie hasn't done so well, although she is in a better place. She died. Eleven years was all she got to live.

The driver who hit us was twenty-three. Susie was his third involuntary manslaughter; his ninth drunk driving. We were stopped in a Renault for a left hand turn; he was doing ninety in an Oldsmobile. He booted us 60 feet in the air and 120 feet off the road where we landed between two trees. It was a dark and rainy night. They wouldn't have found us for a while, but my screams were so loud that through the rolled up windows, a car passing by heard me and stopped to explore. It happened to be the guy who sold us the car. The drunk driver was going from door to door saying, "I just killed a little girl," but he was so drunk no one would believe him.

There's more, but let's get to the take away for you.

These are the three big reasons to tell your hand, "stop" — as I tell toddlers when they want to throw something or hit someone — to put that glass or bottle down, lower that joint, or refuse the ride to the party:

One: You WILL hurt yourself and others. There isn't any maybe about it. You kill a little of yourself every time you imbibe. This is the reason you all hear that

goes in one ear and out the other. I'm not going to spend anymore time on it. It's a no brainer, but you are young and immortal, so it's not going to sink in until a different kind of joint hurts in your thirties; like a knee or a shoulder or a hip.

Two: Drinking and Doing Drugs Give You the Wrong Message About Yourself. It tells you that you can't handle stress, don't know how to have fun naturally, are no fun to be around sober, anxiety will cause you harm, you are a bad person, you can't tough it out in life, and drinking and drugging make problems seem bigger than they really are. Stay sober through a bad time and discover how terrific you are! Spend that energy coping by doing something you really love. Comfort yourself with your own songs, pictures, and stories. Build something. Love someone else, like a friend or an animal. Give yourself the message you are terrific, not a weakling.

Three: It Teaches You to Become a Good Liar. You have to lie to yourself about why you need to do it. How it isn't bad or illegal. You have to lie to your friends, to your parents, to your teachers. Little lies like "I'm going over to — to study" or big lies like "This is OK." If you haven't got the truth in life, if you don't cling to truth like it was the air you breathe, then you don't have anything. In our society you are taught very early on to lie, how to lie, and that lying is OK. It isn't. There is no such thing as a little white lie. Be bold and find out at an early age you can tell the truth and others can handle it and you can handle it. Frequently when you tell the truth it makes things seem worse because we live in a society of institutionalized fabrications, but if you are sober you can not only handle it, but find other people of integrity who are wedded to truth telling as well.

OK...you have a couple more weeks of Spring. Those of us who have worked in the arena of child safety know there are three R's...recognize, resist and report. The same is true for drinking and drugs. Recognize when you are tempted. Resist the urge to imbibe and report to someone, a friend, a parent, a teacher, that you passed the test and stayed sober in a moment you thought you couldn't.

What happened to the guy who hit us? He got a six months suspended sentence and \$600 fine and I heard over the years he killed three more people. Now, do you really want us to go back to the time of tolerance, or would you like us to help you get the message about drinking and drugs?

Think about this way. Maybe YOU are alive, because someone in the car next to you decided not to drink or drive before they got behind the wheel or hosted the party.

We love you. -- Deborah

~~~~~

George Washington, as a boy, was ignorant of the commonest accomplishments of youth; he could not even lie. – Mark Twain

PERRY'S VASHON  
BURGERS

17804 Vashon Hwy SW

Open 11am to 8pm Monday-Saturday  
12am to 5pm Sunday

Best Burger in Town!

For a Burger  
Emergency  
463-4-911

## Film Flam

### Brokeback Mountain: Thanks, Guys

By Jonathan Shipley

What's been said about *Brokeback Mountain* has been said by people smarter, wiser, and more articulate than I am. That is to say it is a tremendous movie, moving and tender, tragic and touching. It's about the things we say and, more importantly, the things we don't. It's about the actions we make and the consequences of them for others we know. It's about us, as humans, and it is truly a mesmerizing movie, from the actors, director, screenwriters, on down, it is a quality piece of film.

That said, I'm not afraid to tell my guy friends that I love them. I love you!

So, without further ado, a list of guys that have had an impact on my life (not including family members). Consider this, the folks on this list, my acknowledgement of you and your heartfelt care for me. Thanks!

1) Dario de la Rosa: He was my first friend growing up in Olympia, Washington. His parents raised lhasa apsos. I don't know if it was an illegal operation or not. At the time, I just thought it was strange and didn't think much else of it. Now, I wonder...Dario, thanks for being my first friend and thanks for breaking your nose doing that jump on your bicycle, a warning to us all not to do that.

2) Chris Heisel: He was my friend in elementary school, those days in 3rd and 4th grade where one begins to realize who they are. Who was I? A geek, and yet Chris remained my friend. Thanks, Chris, for not making fun of me that day I went over to your house wearing an eye patch because of my lazy left eye. I couldn't help that my left eye was lazy and you, deep down, knew that. Thanks for letting me eat Cookie Crisp cereal as well. My mom never let us eat that stuff.

3) Eric Corrigan: You were my one and only friend in middle school. You played the clarinet. Me, the trombone. Thank you for sitting

with me at lunch discussing Dungeons and Dragons. No one else would. Remember that time when Melissa Meeks came up to us and called us losers to our faces? We were brothers at that moment, dear Eric, and she was a real witch.

4) Jeff Arnold: My best friend in high school, you were. I remember eating hundreds of cinnamon disks in your living room. I remember running with you at full speed into walls in the high school gym to get a laugh. Thank you, Jeff, for not being mad when I started dating the girlfriend you had just broken up with. And thank you for accompanying me to the old folks home where my grandmother, in a state of dementia, kept offering us Tab colas.

5) Ken Michie: My college years would have been crap without you there, Mr. Michie. Oh, the fun we had making fun of mental deficients who worked at the dining hall. Oh, the fun we had playing basketball wearing safety goggles and Pooh Richardson jerseys. Oh, Ken, where would I be without you? Saner, to be sure.

I could thank so many other men in my life who have loved me and who I have loved. Christian, Randy, Brian, Eric, you know who all you guys are. If you see *Brokeback Mountain*, my friends, you might want to say you love me, too. And, gee whiz, thanks!

~~~~~

## Island Epicure

*Continued from page 14*

small saucepan combine peel strips with water and salt. Bring to boiling over high heat. Reduce heat to medium low and cook until peel is soft. Drain. Rinse with cold water. Dry with paper towels. Reserve.

In a small saucepan melt the butter over medium low heat. Add sugar or Splenda®, the 3/4 cup water, and the dissolved saffron. Stir-cook until sugar dissolves.

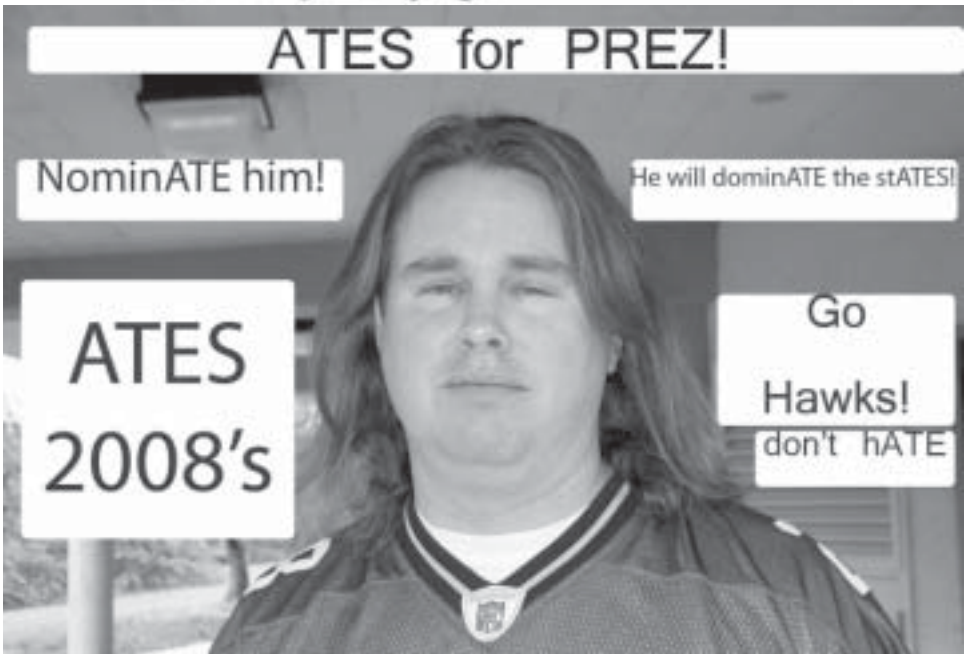
Add orange peel, nuts and lemon juice. Simmer until peel is sweet and the mix thick, Adding a little more water if needed to keep pan from going dry. Cook until most of the water is gone.

Mound the rice on a platter. Scatter the orange peel and nut mixture over it.

~~~~~



# Loop ~ Sports



Ates. Earnestly. Photo by W. Volker

## The Greatest Leaders Ever!

Hey Ernie

Last issue you printed the most amazing moments of the year. How 'bout the greatest leaders of the Universe, or Vashon Island, or the United States? I'd love to see your short list. Your insight is all sweet like peaches and cream mixed with a great thinker like Thomas Merton or something.

Darrenofski Foxarini

Mr. Foxarini, here you have it. — E.

**The Greatest Leaders Ever!**

(From Vashon Island, or somewhere else in North America!)

1. Mike (Domin) Ates. He throws down 32.4 per night in Men's League on Tuesdays and hits the sox off the softball at Agren Park on Thursdays. In between he finds time for dance rehearsals and he's now running for President. The United Ates of America! Wil' Flower Volker will be his running

mate and campaign slogan mastermind. "Motiv-ATE, Demonstr-ATE, and Destructiv-ATE!" Volker yelled to supporters milling around outside of Washington Mutual and the Bike Shop.

2. Mike Serko and Cam Bard. Double Tennis State Champs! The pair beat Fries and Rasmussen from Quincy, 4-6, 6-2, 7-6. Also, Ben Shelton placed 6th in the singles state competition. Congrats guys!


3. Craven Kaj Martin (Athlete Extraordinaire). He helped lead the Updoggz to their 3rd straight World Championship with his poise and savvy. "I dedicate this to my lovely lady Nic!" 1he screamed, holding the trophy in his very muscular right fist. Later, unfortunately, he was unavailable for comment: trouble with airport security, call on the other line, bad reception, or something like that.

4. Bobby Freund (Wrestling Coach). Taking over as Head Coach of Team Freungren for the summer. He'll lead the team with masterful



Sylvie Shiosaki and Alex Steamboat train with Team Freungren in Kelso in preparation for the Freestyle Wrestling State Tournament. Shiosaki lost a close decision and Steamboat won his first two matches before losing to two quality opponents, thus finishing just short of placement.

New At




**Zoomies**  
BURGERS & ICE CREAM

SEQUOYA  
NATURAL MARKET

PURELY NATURAL GROUND BEEF

*Fresh, Natural, Made to Order*

Much like you'd expect from the local farmers market, Sequoya Natural Market ground beef is free from harmful hormones, antibiotics, additives and chemicals of growing concern among consumers. Containing nothing but a rich and juicy flavor, Sequoya Natural Market ground beef satisfies even the biggest biggest burger craving.



17705 Vashon Hwy SW

206-463-2838

pre-match warm-ups. Coach Freund (Kelso) also has the chore of giving direction to free-spirited coach PL Blomgren (Vashon) at the Junior Wrestling Nationals in Fargo.

5. Evan Mad Dogg Mattingly (Wrestler). A few years back he easily won a wrestling match in the state semi-finals on one leg. Seriously! And the Castle Rock coach still believed that they had a chance. Mad Dogg was also known for motivating his teammates by barking like there was a late night burglar just outside the dog house.

6. Coach Soapbox Sears. 2A State Basketball Coach of the Year. Updoggz Celebrator Extraordinaire! That's enough to make me dizzy...

7. Steve Nash (Phoenix Suns point guard). Whaaaah?! He's Canadian? I thought he was British me! And he has a teammate named Boris who's not from Russia! (Oh, by the way, Nash was voted NBA MVP for the 2nd straight season. He's purdy good, and so is Boris, by the way).

8. Gomez (A Rock Band). Okay, they may not be athletes, but they called their fans beautiful at Sasquatch. Okay, maybe they don't sing *Oye Como Va*, but they still rocked the river valley with hoarse throated yells and coarse floating strings.

## Adult Softball Season Back Underway

The Vashon Park District's Adult Softball League season was briefly suspended because of complaints about drinking at Agren Park. Adult Softball League Director Rochelle Wolf said, "Many people are following the rules; the ones who are not have jeopardized the league. Games resumed on May 30, following a meeting with team managers to remind everyone of posted Park District rules – no alcohol, no dogs – and we'll play until June 30. We must follow rules so we can play next year and in years to come."



No ranking of world leaders would be complete without Mustafa Kemal Atatürk, the man who not only brought independence to Turkey, but also banned the fez. Steve Nash (in crowd) considers him a personal hero.



**LS CEDAR CO**

2x6 \$1.50

2x8 \$2.00

2x10 \$2.50

2x12 \$3.00

6x6 \$2.00

463-5535

PER FOOT

ALL GOOD

ALL FULL-SIZE

ALL NATURAL

Beautiful Rough Cedar

Landscape Stock



# Loopy Laffs

## One-Liners, More or Less

Sponges get very absorbed in their work.  
In the land of the witless, the halfwit is king.  
Barium: What doctors do when a patient dies.  
The first law of drunkenness: you can't fall off the floor.  
When you stretch the truth, watch out for the snapback.  
If high-heels were so wonderful, men would wear them.  
Photons have mass!? I didn't even know they were Catholic.  
God is a comedian playing to an audience too afraid to laugh.  
If you lock me up and throw away the key, how will I get out?  
If your absence won't make any difference, your presence won't either.

Q: How many elephants does it take to change a light bulb?  
A: Don't be stupid, elephants can't change light bulbs.

What is the use of a house if you haven't got a tolerable planet to put it on? —Henry David Thoreau

A sales clerk asked his boss how to handle people who complained about the current prices compared to the low prices in the good old days. "Just act surprised and tell them you didn't think that they were old enough to remember them."

It's easy to be brave from a safe distance. — Aesop

Boxing is like a ballet, except there's no music, no choreography and the dancers hit each other.

A pessimist is a man who feels that all women are bad; an optimist hopes so.

## WILD WORLD / Ed Frohning



An Army private filling out a questionnaire for a correspondence course was stymied by the question, "How long has your present employer been in business?" He wrote, "Since 1776."

I planned on having one husband and seven children, but it turned out the other way around. —Lana Turner

Hey, Girl Friend (Guys, Don't Even Bother Reading This One): a pretty girl may be like a melody, but a friend is like a good bra — hard to find; supportive; comfortable; always lifts you up; never lets you down or leaves you hanging; and is always close to your heart!

If men are so competent, how come you always see signs reading "DANGER - MEN WORKING?"

The children had all been photographed, and the teacher was trying to persuade them each to buy a copy of the group picture. "Just think how nice it will be to look at it when you are all grown up and say, 'There's Jennifer, she's a lawyer,' or 'That's Michael, He's a doctor.' A small voice at the back of the room chimed in, "And there's the teacher, she's dead."

Man is busy proving that he can live in outer space and at the bottom of the sea when he should be proving he can manage to live in the narrow area between.

The children were lined up in the cafeteria of a Catholic elementary school for lunch. At the head of the table was a large pile of apples. The nun made a note, and posted it on the apple tray: "Take only ONE. God is watching." Moving further along the lunch line, at the other end of the table was a large pile of chocolate chip cookies. A child had written a note and posted it there: "Take all you want. God is watching the apples."

## OFFSHORE



## LOGJAM





Loop Arts



### Steven Krattenbraker Scratches Your Brain at Cafe Luna Friday

Singer-songwriter Steven Kattenbraker brings his “...poetic lyrics that are so damn thoughtful you feel like he’s scratching your own brain...” (smother.net) to Café Luna on **Friday, June 9**, at 7:30 p.m.

Kattenbraker grew up in the Deep South, where he witnessed the intriguing paradox of “southern hospitality” co-existing with the attitudes and behavior brought about by religious, class, racial, and gender prejudices. That and his work as a paramedic have given him rich songwriting resources.

Kattenbraker has one CD out, *Steven Kattenbraker*, which will be available at Café Luna.



Kathleen Williamson makes her case in the studio. Courtesy photo

### Anthropologist, Attorney, Singer-Songwriter: Can You Say “Eclectic?”

Kathleen Williamson, veteran singer-songwriter, will be performing at Cafe Luna **Friday, June 23, 2006**. Williamson’s award winning songs are intelligent, vibrant and insightful. She currently resides in New York City where, after 18 years of criminal litigation and judicial *pro tempore* work, she is obtaining an LLM in Intellectual Property at Cardozo School of Law and practicing Entertainment Law. In addition to being a singer-songwriter and attorney, she holds a doctorate degree in anthropology. Her background makes her a superlative, noteworthy and poignant songwriter and entertaining performer. Kathleen continues to take Americana songwriting and indie music production up another notch with the 2005 release of her finely crafted CD, *The Sacred Spud*, which is available through her website, [www.kathleenwilliamson.com](http://www.kathleenwilliamson.com), and will be available at Café Luna the night of her performance.

## Caity Anderson Patterson Island’s Teen Diva sings at Blue Heron

By Janice Randall

Eighteen-year-old emerging Island Diva Caity Anderson Patterson has finished her first year at Baltimore’s prestigious Peabody Conservatory of Music, and is ready to sing her first full length concert. Hear her amazing voice **Saturday, June 10**, 8 p.m., at the Blue Heron Art Center. Tickets are \$10/\$13 and available at Blue Heron, Heron’s Nest and Vashon Island Music.

Patterson’s vocal repertoire for the June concert will include classical pieces, several contemporary musical theater pieces and *Mass for Soprano, Viola and Guitar*, written for her by a Peabody classmate. Patterson says the Mass is classical but influenced by rock, jazz and 20th Century music. Island guitarist Ken Jacobsen and viola player Gaye Detzer will accompany Patterson on the piece. Pianist Ann Herfindahl will provide piano accompaniment.

Patterson will also perform pieces from Puccini’s *La Bohème* and works by German composers Richard Strauss and Reynaldo Hahn. Musical Theater works of Tony-nominated contemporary composer Jason Robert Brown to include



*Songs for a New World* will be part of Patterson’s evening repertoire.

More information about Patterson’s scholarship available at the concert and fans will be glad to know she has a CD in the works. Vashon Thriftway will cosponsor the concert.

## Local Kid Makes Good (Music)

Soulful singer-songwriter, pianist, and native Islander Maren Metke will play **Friday, June 16**, at 8 p.m. with her amazing and talented ensemble. Ensemble members are: Fletcher Andrews on drums, Steve Meyer on stand up bass, and Kim Thal on fiddle. Maren is currently working on a CD scheduled for release at the end of this summer. Metke will be performing this summer at The Rainbow on 45th, The Trabant Chai Lounge, the Vashon Strawberry Festival and the Island Earthfair. Stay tuned and check her website, [www.marenmetke.com](http://www.marenmetke.com), for further dates and information.



Maren Metke Photo by Hawk Jones

## Artworks embellish Garden Tour Art in the Garden

By Janice Randall

*“Flowers always make people better, happier, and more helpful: they are sunshine, food and medicine to the soul.” — Luther Burbank*

Thanks to Island artists, expect to get an eyeful of garden art, an earful of music and a thoughtful poem or two in addition to nature’s beauty in five amazing gardens on Vashon Allied Arts’ 16th annual Garden Tour. If you haven’t picked up tickets yet, they are still available at Heron’s Nest, DIG, Thriftway and Blue Heron Art Center. Call 463-5131 to reserve advance tickets, which by the way are good for both days. So if you want to split your time between Saturday and Sunday, you can slowly savor each garden to your heart’s delight. All proceeds benefit Vashon Allied Arts and special thanks goes to presenting sponsor, John L. Scott and Gardens Sponsor, Vashon Thriftway.

In Sally Williams’ waterfront garden see George Wright’s spectacular, colorful steel gates and

Carolyn Price Dyer’s intricately woven tapestries. The Van Fleets’ soothing garden terrain will feature copper kinetic sculpture and recycled steel garden art by Steve Zartman. The Henderson/Foley cottage-style garden will show cedar garden bird sculptures by John Lucas and mosaic water fountain by Steve Roache. Celtic music

will also be in the air here. David Erue’s steel garden art creatures will compliment the Solander/Turchyn joyful “friendship” garden, where poets will be also be reading their poetry. And the Lipitz farm and



Lipitz farm and garden

June 7, 06

X Men Last Stand

DaVinci Code

June 7-8

Cars

June 9-22

Mission Impossible III

June 16-22

Vashon Theatre

463-3232 for more

Call 463-3232 or check www.vashontheater.com for times

Loopy sez: Deadline for the next edition of The Loop is

Friday, June 16

Read The Loop online:  
[www.vashonloop.com](http://www.vashonloop.com)



# Blackberry Bear and the Adventrues of Huckleberry Hollow

By Becky and Maggie Bumgarner  
Illustrations by Maggie Bumgarner



St. Patrick's Day at Tooley's, Part 4

"Who are you, really?" said Shamus. Then it came to him: it's a Pooka! Now this was the first Pooka that had ever caught old Shamus, so he was very concerned.

We say concerned here, because no one in the Hollow is ever scared, just concerned. Well...he knew that Pookas don't like blackberry bushes, so that's what he thought of first. Maybe he could loose the Pooka in the blackberries.

"I have my gold in a special place, down by the old tree in the meadow at the bottom of the hollow. If we go there, I'll show you where it is." said Shamus.

"You mean the one with all the blackberries around it?" asked Blackberry.

"Yes, that would be the one." said Shamus.

"OK" said Blackberry. "Then let's go! And don't forget your crock!"

When they arrived at the clearing and approached the blackberry patch, Blackberry said to the jiggling bag, "OK, now we're here. Just whereabouts will I find the gold?"

"I'll be needin' another peek out of the sack to tell you that if your worship (Leprechauns always used terms of respect with Pookas) would be so good as to loosen the ties on the sack."

"Sounds fair," thought Blackberry, as he loosened the cords, being careful so as not to loosen them too far. "Now whereabouts would you be keeping this gold? Out with it now. There'll be no trickin' the Pooka." Blackberry was trying to sound fierce and keep from laughing.

Shamus got himself halfway out of the bag and looking about remembered

that the old large tree in the middle of the bushes had a hole in it. That gave him an idea. Pointing to the tree he said, "It would be over there in the hole in the tree. Just climb up there and look in and you'll find the gold for sure."

"OK, but you're coming with me," said Blackberry and he proceeded right into the blackberry thicket like it was a most enjoyable place in the world to be. This totally puzzled Shamus, but he thought he was really going to get this old Pooka when they got to the tree, as he remembered that there was a bee hive just down inside the hole.

As they got to the tree, Blackberry told Shamus to stay put while he went up and had a look. He climbed up the tree and stuck his head in the hole and by the moonlight he could see the shining gold.

"It's here all right! Wow! I'll be needing the crock now, just hand it up."

Shamus did as Blackberry asked, but he was really puzzled. Bees all about and he knew that his gold wasn't in there. He handed the crock up and it seemed to float into the tree in the hands of this invisible Pooka. He wasn't going to stick around to find out any more about it though. A Leprechaun's escape is very important and Shamus wasn't going to miss his chance. As soon as he was down from the tree, he sprang for the woods and wasn't heard from in the Hollow for days after that.

Blackberry filled up the Leprechaun's crock with the gold and he took it back to the party with him. When he arrived, they all gathered round him.

"Look" shouted Ratty, "It's Blackberry and he's got Shamus' crock with him! Did you catch the Leprechaun and get his Pot of Gold?"

"I sure did! And it's the best gold ever!" said Blackberry with a big grin on his face as he scooped another paw full of honey from the crock and licked it.

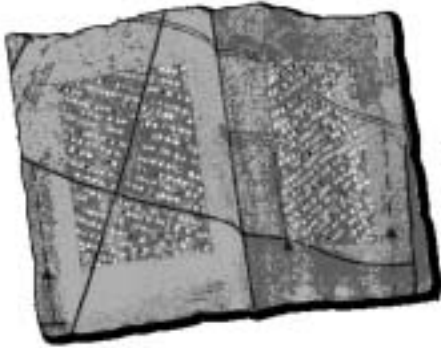


## Morse Clary's Visual Art Based on Books, Writing

By Ben Meeker

Morse Clary presents drawings, prints and sculpture at the Two Wall Gallery through the month of June with an Artist's Reception on **Friday, June 2**, from 6:00 to 9:00 p.m.

Morse Clary works around the shape, feel and life of the written word on the page. Clary's pages are formed wood or natural fibers in the shape of an open book, and words on the pages are made of found natural objects. These beautiful constructions are mounted so that they appear to float off the wall.



"Crossroads" — Morse Clary  
Arcylic and mixed media on board

Clary's prints and low relief drawings focus on the action of writing with its calligraphic lines and linear progression. Cyrillic, Arabic, Asian, H e b r a i c , Cuneiform, and W e s t e r n alphabets, when written by hand are all abstract drawings given specific meaning by an agreement of the whole community, but they are also very individual personality statements. Morse Clary creates fragments of an imagined script in an imagined alphabet, telling an imagined story.

For information contact Ben or Nadine Meeker at 463-1930.

# Vashon Bookshop

Take a Look  
in  
The Bookshop Gallery!  
located between  
Vashon Bookshop & Kronos



Open Monday through Saturday, 9 a.m. to 7 p.m.  
Sunday 9 a.m. to 5 p.m. (206) 463-2616  
17612 Vashon Highway

## What's Happening at Vashon Bookshop?

By Devon Atkins

These days, entering The Bookshop Gallery between Kronos and Vashon Bookshop is an experience in Pacific Northwest art and environment. The walls are covered with wonderfully colored and textured ceramic salmon that are all swimming east, towards the backdoor of the hall. It's fabulous to see; and, that's only part of the experience. What's amazing is that they were all made by kindergarteners!

"Swimming Salmon!" is the end result of a Vashon Artists in the Schools (VAIS) program; parents, teachers, and artist, all working together to learn about a vital aspect of our environment, about art, and about each other. The children of three Chautauqua Kindergarten classrooms (those of Pam Haulman, Esther Morrison, and Tara Brenno) worked with potter, Liz Lewis, the Artist in Residence. It's become a tradition at Chautauqua; each year the kindergarten teachers choose to work with Liz on a special, project. "Liz is absolutely wonderful with this age group," says Haulman, who explained that the curriculum was about "Change Over Time," about salmon and other endangered species. Each class concentrated on a different type of salmon, learning its place in the Pacific Northwest. Don Bockus, parent and biologist, gave the children a series of short talks about the salmon life cycle, and why the fish are so important to the area. The children, parents, and teachers learned all about the salmon, how they live, and how they are part of our world. "Talking to the children about the animals encourages them to love them," Haulman says.

Liz's project, *Salmon Swimming!* involved the creation of fish art: teaching the children to outline fish on newspaper, to use that outline to cut the clay into fish shapes, and then a special process called *sgraffito* which involves carving through one layer of clay to get to the next one. Then, there was the painting and glazing with the help of parent



Liz Lewis, artist, works with Sasha Elenko, student in Pam Haulman's kindergarten, in the early stages of creating a clay salmon. Photo by Fran Brooks.

assistants. "Liz has an incredibly well-orchestrated program," says parent Fran Brooks. "She is able to break a complex process into its individual components, so that little children can create something impressive that they can be proud of."

So don't miss this incredible display of art and nature made possible by our community's special way of combining artists and teachers and children. *Salmon Swimming!* is another successful collaboration of community passion, brought to you by our Vashon Artists in the Schools, enthusiastic teachers and parents, and the artistry and warmth of Island artist, Liz Lewis. Check it out! And, to really feel the true thrust of the current, walk against it, from the backdoor of The Bookshop Gallery towards the front doors of Kronos and the Bookshop. It's an experience that's just a little bit thrilling! Which only goes to prove, once again, that there is more to Vashon Bookshop than just books!

(For more information call the Bookshop, 463-2616. For more information about Vashon Artists in the Schools and Liz Lewis's upcoming Clay Camps, call Vashon Allied Arts, 463-5131).

The limerick packs laughs anatomical  
Into space that is quite economical.  
But the good ones I've seen  
So seldom are clean  
and the clean ones so seldom are  
comical.

## Café Luna in June

- Thurs. June 8, 6:30 p.m. Progressive Film Series: *Seven Days in May*
- Fri. June 9, 7:30 p.m. Steven Kattenbraker
- Sat. June 10, 7:30 p.m. Kate Mann: *Desert Gypsy Rock*
- Fri. June 16, 7:30 p.m. Maren Metke: *Silky, emotive, passionate vocals & lyrics*
- Sat. June 17, 7:30 p.m. Paz Agora: *An Evening of Jazz Grooves*
- Thurs. June 22, 7 p.m. Vashon Progressive Alliance Progressive Night
- Fri. June 23, 7:30 p.m. Kathleen Williamson:  
*Eclectic impurist Americana songwriter provocateur*
- Sat. June 24, Travis Hartnett: *Acoustic guitar instrumentals with looping*
- Fri. June 30, Kris Orlowski: *Modern Folk-influenced Singer-Songwriter*



Ready For You!!



\$319,000

- .24 Acres
  - 3 bedrooms
  - 2 bath
  - Community Pool
- MLS # 26088160

This Home is Ready for You! Inside a Floorplan Designed for Living - Outside a Beautifully Landscaped Yard. You'll Love the Look of How this Home has been Completely Redone with New Windows and Carpet. Located in a Wonderful Community. There's Even a Clubhouse on the Water's Edge, Where You can Go for a Relaxing Swim in the Pool or Enjoy a Spectacular View of Mt. Rainier Rising Over the Sound. Almost a Mile of Beach for Leisurely Afternoons. Close to the Golf Course. Come Enjoy the Island Life!

Build Your Dream Home

\$185,000

- .37 Acres
  - Paid water share
  - Septic Design
  - Site Plan
- MLS # 26044309



Build Your Dream Home. Top of the World View. Enjoy a Panoramic Mountain and Water Vista. Watch the Sunrise over Mt. Rainier. See the Cargo Ships Glide By on the Puget Sound. Quiet Community of Quality Homes. Design Your Own Home or Choose a Modern Design Provided. Includes Preliminary Site Plan, Paid Water Share, Approved Septic Design, and Geotech Report.

206-463-SOLD (7653) 17637 Vashon Highway SW

KELLER WILLIAMS.  
REALTY

SEATTLE METRO WEST

SimpliPhi  
Group

206-463-SOLD

An Independent Member Broker



Fred and Carolyn Steen

"We are passionate, focused, and real. Together we have 20 years of real estate experience on Vashon Island. We'd love to help you realize your home owning dreams."

Keller Williams Realty

Local Expertise With a National Presence

- ~ Vashon's only National Real Estate Office
- ~ 4th Largest Real Estate Network in the US
- ~ Over 60,000 Agents in 560 Offices
- ~ Recognized and Respected for Excellence

home\_4\_you@hotmail.com  
www.kwseattle.com -Local Listings  
www.kw.com -National Listings

Your Vashon Island Realtor

www.vashonislander.com

Heather Brynn

26 Year Island Resident

hbrynn@windermere.com

206-979-4192

Windermere

Windermere Real Estate/Vashon Island, Inc.

RR Ties \$5.00 - \$22.50  
ea Vashon p/u

4 Grades 463 5161

Build Your Own Home!



Equal Opportunity  
Housing Provider

You can help build your first home for as little as \$170,000 for a Craftsman-Style, 3 BR,2BA. Call Vashon HouseHold at 206-463-4880 for more info.



Farming  
Fencing  
Front end loader  
Small backhoe

Doug York  
( 206 ) 567-4776

Driveway repair  
Rototilling  
Brush cutting  
etc.

MEADOW HOUSE  
Lovely, furnished one  
bedroom apartment  
with deck, yard, and cable  
television. Children welcome.  
No Smoking or pets.  
\$700 per month.  
Weekly/monthly/  
short term leases available.  
Security deposit and  
references required.  
Reservations (206) 463 3009

PDQ Transparent  
Moss Removal Specialists  
Full Pressure Washing Service  
Roof, Gutter, and  
Impeccable Window Cleaning  
463-2648

Summer  
dates  
filling up  
call us  
206-794-  
9451

Loose  
Change

Real Estate Change

GARGOYLE  
GOYLE  
DESIGN

MARKETING  
BRANDING  
WEB SITES

CUSTOM CREATIVE DESIGN  
LOGOS • PRINT COLLATERAL  
WEB SITE DESIGN • PRINTING  
SEE OUR WEB SITE FOR MORE...  
...OR IN PERSON AT PARKER PLAZA

PAUL WILKIN  
22 YRS EXPERIENCE  
10TH  
YEAR ON VASHON

206 463-4024  
gargoyledesign.com

Home Services  
CENTRAL

Serving Vashon & Maury Islands

Bonded & Insured Contractor  
License #HOMESSC940KL

Complete Home &  
Property Maintenance

With experts specializing in:

- Landscape  
Carpentry  
Fencing  
Decks  
Tree Service  
Pressure Wash  
Home Repairs  
Gardening
- Brush Clearing  
Hedge Trimming  
House Cleaning  
Lawn Maintenance  
Drainage & Run-Off  
Remodeling  
Dandelion Control  
Gutter Cleaning

One Call Gets It All!  
Jordan 206-228-1626  
Jeff 206-579-6333

Your Home Is Where Our Heart Is!

Tom Wallace

Farrier  
Licensed Massage Therapist  
Practicing on both humans and equines  
Because there was a crooked rider  
who rode a crooked horse

Gift Certificates Available

www.vashonfarrier.com | Tel: 206.463.9689

HOUSE SITTING

Plants, garden and pet care  
Excellent references

Marie Schlick 567-4030