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THE VASHON LOOP

Vol. 3, # 22

TO INFORM AND AMUSE ~ TO PROVOKE THINKING AND ACTIVISM

October 25, 2006

VMICC Attendees Vote No on 933

By Jay Becker

We're against Initiative 933, Islanders voted at the October 16 Community Council meeting.

It was an archetypal meeting with strong pro and con arguments and strong moderator control as envisioned by the folks who started the council. The vote was 45 to two to oppose initiative 933.

Donna Klemka said 933 would undo many environmental safeguards established by law, like buffer zones along forest streams, and tend to cost so much that many unrelated government services, like police protection, might suffer.

The initiative says if a property owner loses a right to do as he or she wishes with the property, because of restrictive laws, the government must pay the value of the loss. If the government can't pay, the owner can go ahead and exercise the right, usually to develop in some way. A similar law in Oregon has meant environmental protection laws controlling some property rights have been ignored because governments haven't money to pay for the loss of development rights. Rural farmland is consumed by housing development.

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Over forty people came to the meeting

Final PUD Meeting

By Meg Gluckman

On Thursday night, October 19, over forty island residents turned out at Chautauqua Elementary School to hear about the proposed Vashon PUD (Proposed Public Utility District Proposition No. 1 on Vashon's November 7 Ballot).

The meeting, organized by initiative sponsor Citizens for

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Island-Wide Disaster Drill Prepares Us All for the Real Thing



Fire fighters responding to an emergency call. Photo by Amber Cole



Fire Captain ensues Island wide injury and casualty communication. Photo by Amber Cole



Seriously wounded patients at the Triage center at the Penny Farcy building. Each cut-out has information as to the trauma involved. The triage staff is not privy to the events of the day so as the patients come it is brand new in their eyes. Photo by Amber Cole



Response crew act quick to a code red trauma. Photo by Amber Cole



Two EMT's wrap the arm of an injured woman, after the 70 second aftershock of the 7.2 magnitude earthquake. Photo by Amber Cole



The deceased held at the Vashon Island High School gymnasium. Photo by Amber Cole



Story and more
photos on page 13

A Matter of Life and Death: Aaron Dixon Runs for Senator

By Mary Litchfield Tuel

A couple of weeks ago Aaron Dixon was on Vashon Island, meeting and greeting voters.

When asked why he was running in this election, he replied, "This is a matter of life and death. I wouldn't be doing this if it wasn't. We need leadership that listens to people and speaks more to humanity."

"I never thought I'd run for office; never considered myself a politician. Then some representatives from the Green Party approached me last December and asked me to be their candidate. I consulted with family and friends, and thought it over."

"I had just returned from visiting Brazil and Venezuela, where there are true progressive people being elected. I was thinking how important that is in this country. So I answered the call to duty, to be the sacrificial lamb, in hopes that I could get people moving and wake people up."



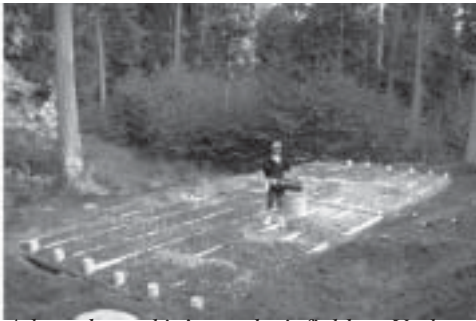
Aaron Dixon Photo courtesy of Aaron Dixon Campaign

Continued on page 5

Under the Effluents: Good Septic Systems Make Cleaner Water

By Barbara Roberts

Effective septic systems are an essential process for a clean Puget Sound and for clean, safe groundwater.



A brand spankin' new drainfield on Vashon. Photo by S. Sheffield

It is a fact that sewage from Vashon is polluting Puget Sound. The effects of inadequate septic systems on groundwater in shallow wells are still being studied.

Various agencies of Washington State and King County are struggling with how to manage Vashon's number one export. The politics are kind of interactive. King County created a groundwater committee. The work of that committee is well documented in the library for anyone who missed the excitement. Coordinating with the groundwater committee and funded by Governor Gregoire's group called The Puget Sound Action Team, Susie Kalhorn is holding workshops on managing septic systems.

At the same time, Steve Graham and others are pressing King County to make septic repairs more possible.

This is a committee of the Community Council called Septic Solutions.

At one of the workshops, Frank Zellerhoff, Jr. said, "Don't put anything you don't eat down your drains." It might be overstatement, but I think that is a good motto for thinking about what goes down the drain.

Frank wants you to take care of the bacteria in your septic tank and in the soils of your drain field. What the bacteria do is eat and liquefy sewage.

As The Worm Guy says about composting worms, "Do you see any

Continued on page 8

Get in The Loop

Persuade Power

Vote for the agenda-setting
Vashon-Maury Island
Community Council Board
November 7, or by
absentee ballot.

Write VMICC Election, POB 13530, Burton, WA 98013, for absentee ballots or call (206) 463-2608 or (206) 790-9457.

Look for special marked ballot
boxes November 7

Ad paid for by VMICC Nominating Committee

Soroptimists Host Halloween Bash

Local members of Soroptimists are inviting friends and women interested in learning more about Soroptimists, a service organization in the local and worldwide community for women and girls, to a fun evening on **Thursday, October 26** at 6:30 p.m. Please call Val Seath for information and location, at 567-1600.

Soroptimist Bazaar Needs Vendors and Crafts

Vendors and craftspeople are wanted for annual Soroptimist "Holly Daze Bazaar" which is scheduled for **Saturday, November 18**, from 10 a.m. to 4 p.m. at the Vashon High School. To reserve your table, please call registrar Stephanie Redfield at 463-3946 and she will mail you an application.

The Salmon Are Coming! The Salmon Are Coming!

There will be a Welcome Back Salmon Celebration on **Sunday November 5**, at 1 p.m. at the bridge on Shinglemill Creek.



Shinglemill Creek received some serious woody debris this summer which creates more ponds for salmon to rest in on their way up the creek to lay their eggs. The Restoration Project was coordinated by the hard working stewardship staff at the VM Land Trust with funding support from King County and the National Fish and Wildlife Foundation and intense labor by the Earth Corps and the Student Conservation Association.

A special feature this year will be a healing ceremony in honor of the restoration work done this summer. Please bring yourself, the neighborhood kids, instruments, poems, or anything that will support the celebration.

Hope to see you there. For questions call: Jane Neubauer 567-5404 or Yvonne Kuperberg 567-4005.



Howlaween at Wolfstown: The Howlaween celebration at Wolfstown on **Saturday, October 28**, begins at 2 p.m. Please RSVP to (206) 463-9113. Wolfstown works on an honor system so we do not have set charge.

DSHS Worker on Vashon

On **Wednesday, November 1**, from 10 a.m. to 2 p.m., a DSHS worker will be on Vashon at Vashon Youth & Family Services, 20110 Vashon Hwy SW, to take food stamp applications and answer questions about other DSHS services. To speed the process, potential clients should take all needed documents with them; VYFS has a list of required documents. Clients may also go to the DSHS office in White Center. DSHS is located at 9650 15th Avenue SW, and accessible by bus by taking the #54 or the #560 southbound from the Fauntleroy ferry terminal. For more information, please call DSHS at 341-7430.

Fruit Preservers, Unite!

Fellow Islanders! This year, in particular, our Island has been awash in fruit! On years like these, of which there are many, it seems a shame to buy fruit preserves at the store while local produce falls to the ground. If you enjoy preserving our local fresh fruit (or just eating it), please give March Twisdale a call at (206) 463-0870. Help us get the Vashon Island Fruit Preserver's Club off the branch, into the jar, and onto your toast!



Loopy sez: Deadline for the next edition of *The Loop* is **Friday, November 3**

2007 VIPP Calendar Now Available!

The Vashon Island Pet Protectors 2007 Pet Calendar is now available for \$15 at the following locations: The Vashon Bookshop, Fair Isle Animal Clinic, Pandora's Box, The Burton Store, and Books by the Way.

The Vipp 2007 Calendar is sponsored by: Susan Carrette-Windermere, Realtor; Dee Weedon, Reliable Wines/The Old Fuller Store (Macrina Bakery & Francisco's Barbershop); Pandora's Box; and Amiad & Associates Real Estate.

Adopt-A-Cat Days

Vashon Island Pet Protectors will host an Adopt-A-Cat Day **Saturday, October 28**, from 11 a.m. to 2 p.m. and **Sunday, October 29**, from 12:30 to 3 p.m. at Pandora's Box. Please stop by or call VIPP 206-389-1085.

Featured Adoptable Cat



Thomasina

Thomasina: This young spayed orange and white female likes to play and look out the window. Thomasina accepts your affection on her terms and may

enjoy sitting by you once she feels comfortable in her new home. An adult only household is recommended for her at this time.



The new treatment plant

Where Are Island Roads Unsafe?

The Public Safety Committee of VMICC is going on the road for their meeting on Friday November 3. We will meet at the Courthouse at 10:00 a.m. and then accompanied by Senior Arterial Traffic Safety Engineer of King County Scott Sawhill, we will move out to visit problem road locations to see can be done to make them safer. For more information, call Jennie Hodgson 463-5408

Cantwell Endorses Vashon PUD

United States Senator Maria Cantwell (D-WA), endorsed the Vashon PUD in no uncertain terms, saying it was one more step toward energy self-sufficiency, when she was on Vashon on Saturday, October 14 for a fundraiser for her re-election campaign.

Cantwell praised the PUD as a grass-roots effort that demonstrated people's faith in government-based solutions. She said that Public Utility Districts were among the strongest possible hedges that communities could have against energy price manipulation, as in the Enron debacle.

Cantwell joins U.S. Representative Jim McDermott as an endorser of the Vashon PUD measure.

The campaign fundraiser, at the home of Richard and Molly Reed, netted the Cantwell campaign an estimated \$10,000.

Whenever you find yourself on the side of the majority, it is time to pause and reflect. —Mark Twain

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Vashon Island Treatment Plant Project Nearly Complete

Construction on a \$7 million wastewater treatment plant that will protect public health, water quality, and beaches for Vashon Island residents is nearly complete.

Over the next few weeks, crews will test equipment and prepare to transfer flows from the existing plant to the new plant, which is expected to begin operating in November. The existing plant will be converted into a wastewater storage facility.

During the start up phase, some activities may create temporary yet noticeable impacts, including odor.

"Unfortunately, it's going to smell when we clean the old tanks, there's no way around it," said Wastewater Treatment Division Assistant Director Lorraine Patterson. "We ask people to bear with us - it will be unpleasant - and we're going to work as quickly as we can to finish this step. The end result will be good for everyone, but people need to be aware that there may be occasional odors for a few weeks."

"We'll continue to keep community members informed about the project, and we encourage people with any questions or concerns to call our project hotline at 206-205-9181," she said. More information is also available on the project Web site at http://dnr.metrokc.gov/wtd/vashon/plant_upgrade.htm.

If the only tool you have is a hammer, every problem begins to look like a nail.

The Vashon Loop

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Deal with it.

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Troy and Marie Work Off Island

Did you know that Home Team Realty offers real estate services for buyers and sellers off-Island? We have new homes for sale in Issaquah – and more coming! We are also working in the downtown Seattle condo market, which is BOOMING! (To learn more about downtown condos, go to www.kwvashon.com and follow the link to Troy and Marie’s blog.) If you need real estate services, or have questions about real estate on Vashon and points beyond, give us a call at 206.463.LIST (5478). We would love to talk!



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direct at (206) 550-8975
or call any team member
at (206) 463-LIST (5478)

Sarah Browne



Listing Agent

Final PUD Meeting

Continued from page 1

Vashon Public Utilities (CVPU), included a discussion with two visiting Cowlitz PUD commissioners, Ned Piper and Buz Ketcham. In response to questions about conservation revenues, the commissioners explained that they “count conservation as a generating resource.” They also emphasized that their responsibility to the community is to think long term about how to supply the least expensive, most reliable energy services and that “the cheapest power is that which we don’t have to generate—in other words, conservation.”

In regards to a PUD’s authority to tax, one of the commissioners, noting that their PUD was formed in the 1930s, said “Each year we have the opportunity to create a small tax, and like all the electric PUDs I can think of, each year we choose not to—we don’t want to and we don’t need to.”

CVPU Outreach Chair Deirdre Grace and Vashon PUD commissioner candidate Cliff Goodman followed the Cowlitz visitors with an overview of the goals of the Vashon PUD and how it would work. Deirdre emphasized that the folks who have spent the last year discussing and researching the possibility of the PUD are

motivated by the fact that rising energy costs are no longer a risk, but a reality that every Islander lives with daily. “This is about creating

The cheapest power is that which we don’t have to generate—in other words, conservation.

choice for yourself and your neighbors,” she said, “but even more importantly about leaving our children a world in which they have a future with choices as well.”

Cliff illustrated rising energy costs, demonstrating the need for action with a PSE-generated graph that showed the significant coming shortfall between demand and supply for PSE’s customers. “The PUD isn’t about creating a big new bureaucracy,” he emphasized. “We’re just filling in the gaps, making it easier for customers to access technical expertise, services, suppliers, and financial assistance. The PUD will connect the pieces so that folks can move ahead on making their homes more efficient and start saving money.”

Some audience members asked detailed questions about the business plan and Cliff offered to sit down with anyone interested in going step-by-step through the business plan’s spreadsheet formulas. He and the other commissioner candidates

offered to be available for three drop-in sessions to review the financials: **Saturday, October 21**, 10 a.m. to noon at the Vashon Public Library; **Thursday, October 26**, 6:30 to 8:00 p.m. at the Ober Park Building; and **Saturday, October 28**, 10 a.m. to noon at the Vashon Public Library.



Cliff Goodman and Deirdre Grace

The audience used interactive response pads to express their familiarity with the proposed PUD, their interest in making their homes more energy efficient, and the possibility of benefiting from local renewable energy sources, including solar energy. From the responses of those present, 89% agreed that “we need to take local action to positively influence our energy future” while 74% felt that their own houses “could benefit from better energy efficiency.” Responding to general questions about the meeting, 89% of those present felt that the meeting was a good use of their time and 91% thought that “the response pad

technology was a good way to work with groups like this.”

After the meeting, audience member Heather Rhoads-Weaver commented, “Really, the question on the ballot is not whether or not you want to use the PUD services yourself, but whether others in the community will have the opportunity. There’s no downside. I’m encouraging everyone I know to vote yes.”

For those who missed the meeting, Voice of Vashon will air it on **Monday, October 23**, and **Monday, October 30**, at 9:10 p.m. (immediately following the broadcast of the recent Vashon-Maury Island Community Council meeting), on Comcast Channel 21.

Meg Gluckman works on community energy issues and is happy to be a part of this community discussion. She plans to vote by absentee ballot, as she’ll be at the Northwest Solar Summit in Wenatchee on Nov. 7. She can be reached at (206) 463-0748.



Runs Great!

Well, that’s what the sign said on Loren Sinner’s Mercedes. He recently put this and a couple of other parts cars up for sale on the highway.

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LoOp-Ed

On Being Rude
By Mark A. Goldman

I am responding to an article in the October 11, 2006 issue of *The Loop* where the author found a political cartoon rude and insulting. I agree with the author that maintaining civil discourse is important. Then again, sometimes things need to be said in a way that gets to the heart of the matter. I guess rudeness is in the eye of the beholder. Here are a few things I think are rude and insulting...

Rude is snatching a man off the street and putting him in a detention camp where he is tortured and degraded for three or four years and then dropped off in the middle of some desert to find his way home, never being told what he had done wrong (because he never did anything wrong) or why his dignity and his life was torn apart.

Rude is when someone snatches your husband or your father or your son off the street while he is on his way home from work, as in the above example, and not letting the family know what has happened to their loved one and why he and his family have no rights whatsoever in any jurisdiction under civilized law.

Rude is bombing a wedding party and then denying that you did it and then promising to do an investigation, but not really investigating and not acknowledging that what you did was a crime...that you killed children, friends and loved ones...and joy itself...at a wedding party.

Rude is when you use depleted uranium artillery, phosphorous and cluster bombs in populated areas where innocent children and others will develop leukemia, have their skin burned off, their eyes cut out of their heads, and their arms and legs torn off. It's kind of rude to commit war crimes I think.

Rude is shooting innocent civilians sitting in the front seat of a car so that their brains and blood are spattered on

their children who are in the back seat because you didn't have the decency to make sure that your directions would be understood...because you didn't care if they would be understood...because if you did care, you wouldn't have been this rude over and over and over again.

Rude is dismantling the most important and fundamental provisions of our Constitution after our founding fathers and many of our finest men and women risked and gave their arms and legs and lives so that those provisions might exist; so that our children might live in freedom; so that truth and justice might have a chance to endure someplace on this planet.



"I've been out here every Saturday morning since last fall," says Jim Wood.
Photo by Susan Sheffield

Rude is lying to a nation about who attacked us and why we were attacked, and why we needed to kill tens of thousands of innocent people in response.

Rude is lying to your people who trusted you about how many innocent people you've killed, how many lives you've destroyed and how much danger your people are in now because of your negligence, and your ignorance, your insensitivity, and your infidelity

to what you said you believed in...the sanctity of life.

Rude is promising to protect and defend the Constitution when you never intended to do so.

And the height of rudeness is turning your back on the truth, burying your head in the sand, pretending that you don't



"Rude is snatching a man off the street and putting him in a detention camp where he is tortured..."

Thank You!

to all those who attended the Third Annual

UnCork the Love

fundraising dinner/concert at the Hardware Store Restaurant to benefit the residents and programs of Vashon Community Care Center.

These funds help VCCC make a difference in the lives of Vashon's seniors.

Thank you for your support!

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know...that you were never told...that you have no responsibility for speaking out when you learn of atrocities being committed in your name.

Maybe it was rude of Paul Revere to make a ruckus and wake everybody up in the middle of the night or for Rosa Parks to sit in someone else's seat. I guess it just

depends on where your focus is...what you think is important. As for me, I thought it was a good cartoon. Without saying a word it told the truth about something essentially important. That's not easy to do and I for one appreciated the contribution.

JANNETTY FAMILY BENEFIT ~ A Community fundraiser to help defray Veronica's medical expenses

☞ Saturday, October 28, 7:30 pm to 10 pm - Blue Heron Art Center ☛

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VMICC Votes No on 933

Continued from page 1

Armen Yousoufian argued for the initiative. It’s fairer than taking without compensation rights relied on by property owners, as now, he said. He added that 933 only applies to laws and ordinances enacted within the last 10 years.

This contention was disputed by one attorney in an email just before the meeting. Laura Wishik said it could and would be read by attorneys and judges as applying to earlier laws.

Yousoufian probably didn’t know this, or he probably would have counter argued. He usually tries to touch on all relevant arguments in speeches to the Council. But he said he didn’t know the issue was coming before the community for a vote.

However, from this observer’s viewpoint it was one of his better arguments for having been impromptu. It was shorter. Points he made were not argued ad infinitum to irritation.

One point Yousoufian made I haven’t heard in arguments favoring 933. Tort law allows neighboring property owners to sue an owner who does something that harms neighboring property.

Nobody offered a lawyers-always-gain joke at that, but some giggles prompted by a Yousoufian assertion earlier were suppressed by meeting moderator Jim English as “inappropriate.” Ivan Weiss apologized, but I could not hear if others did. Dan Schueler might have captured the exchange for the Voice of Vashon on Comcast cable channel 21 Mondays.

Melvin Mackey spoke to proposed changes to policies and procedures tabled at a previous meeting. They were adopted handily by 36 votes with no opposition.

Among other things the new policies encourage motion makers to give reasons for whatever they are asking, limit how long a committee chair person can serve without board approval, and remind committees they must get council approval before speaking and acting for the whole council, which is all Island residents.

Absentee ballots for Council board were offered Islanders. Several other committee representatives made brief reports.

King County planner Doug Johnson answered questions on the Transit Now sales tax increase to improve Metro bus service. Basically, it doesn’t improve Islanders’ service except in West Seattle. It would cost median homeowners about \$25 a year, he said.

Aaron Dixon

Continued from page 1

“We need people who are more open and human in politics. There are many races who have never run for public office who are FED UP.”

“I marched with Martin Luther King, Jr., in the 60s; founded the Black Union at the University of Washington, and the Black Panther Party in Seattle. It is part of my nature to be involved in the social justice movement.”

“There is no excuse for not providing health care for all our citizens. Congressmen should be fighting to bring that to people, and the fact that they aren’t speaks volumes.”

Dixon was tired – he has been on the road campaigning for weeks, and was getting over a cold. “Being on Vashon makes you want to relax. It’s quiet and peaceful over here.”

“The two issues I am most concerned about are ending the war in both Iraq and Afghanistan, and ending the war on drugs.”

“We have been at war since the inception of this country. We are a warring culture, a warring society. Our economy depends on war. We have to make a commitment not to go to war. Humanity should have advanced beyond that. It’s time for America to think about a different way.”

“The war on drugs is basically a war against people who are not white. Many of the people who use drugs are addicted, and that is a medical problem, but the present law is such that first time offenders are being given harsh prison

sentences instead of probation, and many of them are African American or Latino.”

“The war on drugs is racially motivated. People lose their right to vote with a felony, and most of the people convicted are non-whites.”

“Marijuana should be legalized and used without penalties for people with medical conditions,

especially people with multiple sclerosis. Washington has one of the highest rates of MS in the country.”

“I just started traveling about five years ago, and it blows me away how different it is in other countries. There are many progressive leaders being elected all over the world.”

“I had a revelation in Spain: being raised in America left me so ill-prepared to be part of the human race.”

Health care?

“There are 46 million people in this country without health insurance, and I’m one of them. Health insurance should be a right, not a privilege. There is no excuse for not providing health care for all our citizens. Congressmen should be fighting to bring that to people, and the fact that they aren’t speaks volumes.”

“People on Vashon are people who do vote and can make a difference. They are willing to listen, and that’s a good sign. Later on down the road, they might vote differently.”



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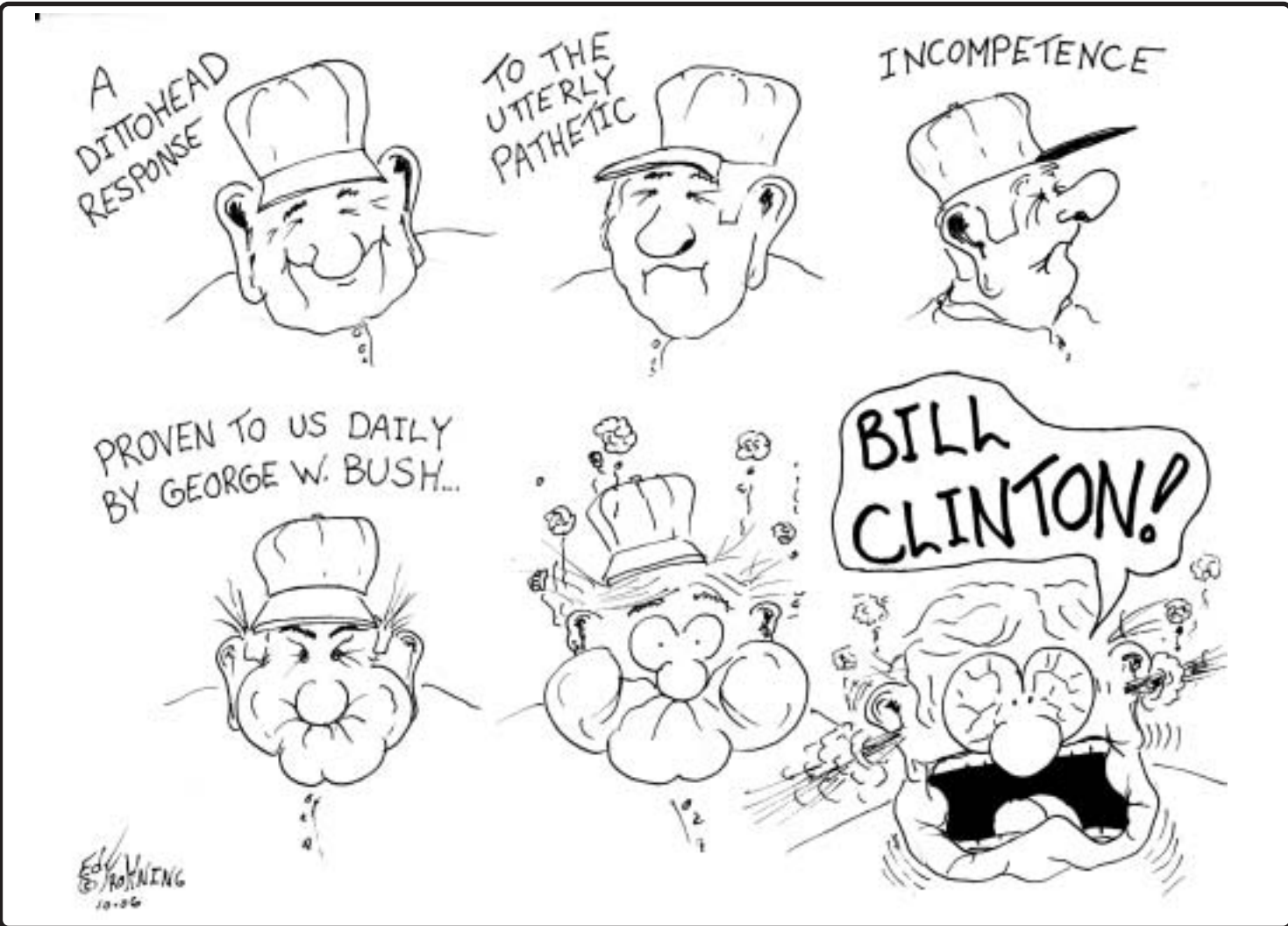
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Spiritual Smart Aleck

Happy Anniversary to Us

While rummaging around in back issues of *The Loop* looking for a photo I wanted to use again, I realized that I have been the editor for a year now. The first thought was: man, that was fast.

What have I learned in a year? I've learned to use a computer to do more than write my own columns and letters to friends and relatives. Now I can play Spider Solitaire. OK, I didn't learn that from doing the paper.

I did learn a lot about designing pages and cropping photos and adjusting contrast. I've learned to do some rudimentary re-touching – hey, do you really want the whole Island to see the light glinting off your nose hairs in that head shot? I thought not.

I've learned that people like to laugh, and that has kept my commitment to humor in the paper strong.

I've learned that people really love it when I write about my grand daughter. I've been trying to write about her less, because I figure it's hard enough growing up in a small town without a grandma printing cute stories about you in the local newsmag. Or tabloid. Or literary journal. Or whatever this is.

I've learned that editing bad writing is much harder than editing good writing, and I've realized on a deeper level that the regular columnists for this paper are good writers. Give those folks a hand. If you think it's easy to come up with something worth saying and saying it well every two weeks, well, just try it. If it *is* easy for you, start sending your stuff to me. Here's my writing advice, a quote from William F. Buckley: "Be grateful for every word you cut."

I've learned to cut my own stuff without mercy, and sometimes I do it to other people's stuff, too. I have 20 pages to work with in an issue, and I have to get everything in between the ads. Not everything that is submitted makes it into the paper, because there is just too much. This particular issue, in fact, is going to be like stuffing a fifteen pound cat into a two pound litter box.



Editor and grand daughter at work
Photo by R. Tuel

I've learned that being stopped in the store by people who want to tell me how much they like the paper, or my column, is what keeps me going. It is good to know that this plucky little rag has meaning to people, and that they feel like it's their paper, an Island original.

I've learned that if I've been at a School Board meeting for two and a half hours and I'm thinking of text messaging my sons in order to pass the time, it's time to go home and watch *Red Green*.

I've learned that a lot of opinions I formed over the years were wrong, because I didn't know the whole story, or the whole person.

I've learned it is important to be brief and clear. Songwriting was good training for that.

I've learned not to print things that would hurt people. Did I mention that this is a small town? Being a church secretary in the past was good training for this.

I've learned to apologize to people for my various oversights, space outs, and other errors. My whole life was good training for this. Apology? Oh, yeah, I've had lots of practice at that. I don't mean to screw up or hurt anyone, but it seems to be inevitable.

For those times I write or print something that annoys some people, I've learned that Malvina Reynolds gave me some of the best advice I would ever receive in my life: "You want to be hated by the right people."

And loved by the right ones, too. Thanks for reading. It's good to be the editor.

I never did find that photo.

ooooo

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LoOp-Ed

Little Suzy Candyhawker

By Heidi Witherspoon

Behold the *Betty Crocker*esque image of Kathryn Beich, aka *Little Suzy Candyhawker*. She's haunting the Vashon PTSA and Chautauqua Elementary this October with everything from overpriced candy and kitten calendar mousepads to chintzy wrapping paper and tulip bulbs. I, for one, won't go there.

Yo, PTSA: For the record, I *love and respect* your efforts to raise funds for the many good things you do for the school. Some programs wouldn't exist without you. When it comes to your fund raising T-shirts? I'm all over 'em. Auction items? Count me in! But when it comes to this, the guilt-laden, materialistic mother of all fundraisers, I say FOR SHAME. Call me the bad egg in Stepford, but this stinks.

I understand that Kathryn Beich kicks back half of the profits to offset costs for field trips, lunch club, assemblies and more. Generous indeed. But do you have any idea how it feels when the kids come home with their little "prize level incentive sheets," with visions of XBoxes dancing in their heads? It's hard enough with the media throwing toys and materialism in their faces on a daily basis, but to have it pimped by a vendor and



condoned by their own school is very disappointing.

The glossy color catalog reads "Shop great gift ideas; Support goals in your community; Smile knowing you've helped." Helped what? Stuff half the money in the fundraising corporation's pocket? At what price? Forgive me that I don't get snarky on my friends, family and colleagues to buy. Forgive me that I work full time and the last thing I want to do is sell "stuff" and sacrifice quality time with my boys. Forgive me that I'm even asking for forgiveness!

Nestle USA, previous owner, sold its Kathryn Beich candy fundraising operation to New York-based Lincolnshire Equity Fund II LP. Bloomington, Illinois-based Kathryn Beich is one of the nation's oldest and largest fundraising firms. Schools, youth groups and sports leagues sell its products to raise money for their activities and projects. And often, they do it blindly.

Tell you what I am going to do: I'll **Shop** on my own. I'll **Support** Chautauqua by writing a three-figure check on behalf of each of my boys DIRECTLY to the school organization. And I'm going to **Smile** knowing that 100 percent of the money went straight to them, without exploiting the emotions of my kids with a conditional maze of inflated sales goals for prizes. If you want my money, just ask, but don't put me or my family through this three-ring circus to help you.

Loop Letters

Newborn Safety

Editor, *The Loop*:

While I was watching the 5 p.m. news one evening, I saw a feature story about Safe Place for Newborns. Safe Place for Newborns of Washington is a non-profit 501 organization providing education to the public to prevent abandonment of newborns (up to 72 hours old) in

unsafe places such as dumpsters, bathrooms, woods, stores, etc. Annually, there are 9 to 10 cases of abandonment in King County alone, and surely others that are never found. Only a few months ago, two infants were found near Port Orchard in ditches.

In April 2002, Governor Locke signed into law The Newborn Safety Act which provides that an unharmed newborn may be left at any hospital or manned fire station (the station located in Vashon is manned 24/7)

without fear of prosecution. Safe Place for Newborns is the only organization providing education for young parents concerning this law of newborn abandonment. Publicizing this program is the only way young parents will know that there is an alternative to abandonment. The program affirms the value of human life and encourages responsibility, while showing compassion and providing assurance of help to desperate mothers, fathers and their babies. Safe Place for Newborns is

based on successfully established programs in 47 states.

Posters, brochures and business cards have been distributed around the Island. If we can prevent just one child from being disposable, then we have been successful.

If you would like further information call our area representative at (425) 486-8456 or see their national website www.SafePlaceForNewborns.com. The crisis line number is 1-877-440-2229.

Phyllis Smith

Don't Forget the Birds

Scoters, Mostly, and Other Fall Returnees

By Ed Swan

Vashon provides wintering grounds for many water birds each year, especially for the hundreds of sea ducks known as scoters. Black Scoters, the least common of the scoter ducks have three local hang-outs: between Northilla and Manzanita on Maury Island; along Luana Beach to Pt. Robinson; and from Shawnee to Burton in Quartermaster Harbor. All of these areas feature opportunities to feed on various molluscs. Black Scoters prefer foraging in sandy and cobble areas less than 10 meters in depth. The Shawnee section of Quartermaster Harbor provides a large broad delta created by Shawnee and Fisher Creeks utilized by many species as mud flat at low tide and as a prime feeding area by diving ducks at high tide. The southwest shore of Maury Island around Northilla and Manzanita possesses some shallow shelves particularly valued by scoters, especially Black Scoter. One can stop along the road here and tell if Black Scoters swim the waters below without even seeing them by listening for their kazoo like call. Groups of as many as 30 sometimes gather here, a high number for the Puget Sound area for Black Scoters. Two to four birds seem to regularly patrol the Luana Beach Road area of Maury Island as well. Sightings away from these three locations remain rare for Vashon.

Black Scoters change from saltwater in winter to freshwater for nesting. Their breeding biology in North America still requires much more study and only a few nests have been found. The nesting population concentrates in western Alaska and northern Quebec. In Alaska, they use disturbed areas along sloughs and river banks with grass to provide



Black Scoter Photo by Jim Rosso

hiding places. In Quebec these scoters prefer small, shallow lakes. Breeding productivity seems to be low with this species with only one not always successful brood each year. Their overall population size is not accurately known because most surveys lump all three scoter species together and they are difficult to tell apart from the air.

Telling the Black Scoter from the White-winged and Surf Scoters takes careful scanning through the Island's local flocks. All of the males have black bodies and the females brown. The male

Black contrasts from the White-winged and Surf by being uniformly black except for its yellow-orange "basal enlargement," a half bubble-shaped feature at the base of its bill. The male Surf has large white spots on the back of the head, forehead and bill and bright orange on the bill. The White-winged male has white around the eye, a white patch along its body towards the tail and an orange-red bill

patch on its bill at the tip, not the base. The female Black Scoter appears the darkest brown of the three females, possesses a dark cap extending from the forehead down the back of the neck and white cheeks. The female Surf's head is dark except for two white dots and the female White-winged is all dark, sometimes some lighter dots like the Surf female.



Red Throated Loon Photo by Jim Rosso

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D A W N
Domestic Abuse Women's Network

Dan Willsie found the first of the returning Black Scoters this year as he took his boat out of Quartermaster Harbor October 7. Other recent interesting waterfowl included two female Gadwall and a pair of Eurasian Wigeon at Ellisport. It's rare to see Eurasian Wigeon male and females together and acting as a pair here. Sue Trevathan, leading the monthly Audubon field trip, found this pair and also the first Red-throated Loon of the season. Sue also noted two Mourning Doves on October 16, one over the high school and the other along a wire in Paradise Valley. A group of off-Island birders noted the first Eared Grebe of the season at Tramp Harbor and a juvenile Franklin's Gull at Pt. Robinson October 15. Interesting land birds seen recently include a Northern Harrier discovered by Rebecca Davies at her

place by Pt. Robinson on October 8 and another noted by Susan and Richard Rogers at Wax Orchards the next day. T. Martino at Wolfstown reported the first Northern Saw-whet Owl in a while with one brought in for rehabilitation after being mauled by a cat. Ron Simons observed a Slate-colored Junco, the eastern sub-species of the Dark-eyed Junco at his feeder on October 16. If you have an interesting bird to report or a question about local birds, call me at 463-7976 or email at edswan@centurytel.net.

~~~~~

My young grandson called the other day to wish me Happy Birthday. He asked me how old I was, and I told him, "62." He was quiet for a moment, and then he asked, "Did you start at 1?"

### ACROSS

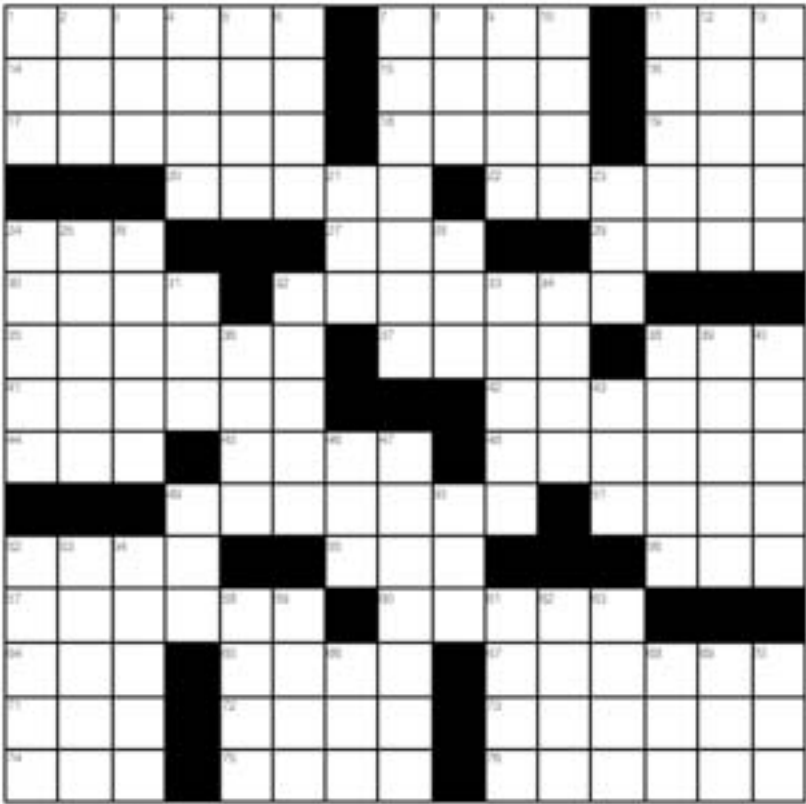
- 1 Mohammed's daughter
- 7 Syllables used in songs (2 wds.)
- 11 High-school club
- 14 Fancy
- 15 Actor Alda
- 16 Wing
- 17 Upland
- 18 Tenor
- 19 Pastry
- 20 Moses' mountain
- 22 Afternoon nap
- 24 Sister for short
- 27 School group
- 29 Told a tall tale
- 30 To
- 32 Element U
- 35 Grown-ups
- 37 In \_\_ (together)
- 38 Hotel
- 41 Customer
- 42 South American animals
- 44 Extension (abbr.)
- 45 Regretted
- 48 Diners
- 49 Emboss
- 51 Otherwise
- 52 Reduced speed
- 55 Steal
- 56 Allow
- 57 No-no's

- 60 Large stringed instrument
- 64 To be
- 65 Leg joint
- 67 Made money
- 71 Internal Revenue Service
- 72 Los Angeles football team
- 73 "Raw" color
- 74 Seed bread
- 75 Accent mark
- 76 What it did in winter

### DOWN

- 1 Farming club (abr.)
- 2 Brand of laundry detergent
- 3 Summit
- 4 Spring flower
- 5 Short
- 6 A cozy room (2 wds.)
- 7 Tortilla rollups
- 8 Boxer Muhammad
- 9 Girl
- 10 Negative (prefix)
- 11 Cola
- 12 Favored
- 13 Pray
- 21 Rainy mo.
- 23 Tree
- 24 Diplomatic
- 25 Alphabetical listing

- 26 Hinder normal growth
- 28 One of these
- 31 Aged
- 32 Sap (2 wds.)
- 33 Recess
- 34 Ca. University
- 36 Part of a semester
- 38 Whiff
- 39 Analyze syntactically
- 40 Forte
- 43 Dined
- 46 Stray
- 47 Bishop's jurisdiction
- 49 The other half of Jima
- 50 North by east
- 52 Elevator alternative
- 53 One of the Stooges
- 54 Overly fat
- 58 Vegetable
- 59 Obstacle
- 61 Fewer
- 62 Set down
- 63 Dunking cookies
- 66 Flightless bird
- 68 North northwest
- 69 East northeast
- 70 Daddy



# Good Septic Systems

Continued from page 1

teeth?” Septic bacteria can’t digest hair, dental floss, grease, coffee grounds, laundry lint and some toilet paper fibers. What the bacteria can’t eat (sludge), the septic maintenance company pumps out (About every four years depending on size of household and system design). Avoid chlorine (ammonia and hydrogen peroxide are better), powdered detergents (have bits of plastic in them) and toilet bowl chemicals. Chemicals that destroy bad bacteria also kill the beneficial bacteria on which septic systems depend.

Compost food waste. If you use a disposal, direct it to the compost. There should be an effluent baffle in the septic tank exit so that stuff that won’t degrade doesn’t clog the pump or leach field pipe perforations. Pipe perforations need to percolate. Avoid excessive water use. Know the capacity your system is designed for. Spread the laundry out over the week rather than doing it all on one day.

Do you know where your leach field is? Is stuff growing there that needs to be uprooted? Don’t drive your car over the field. Driving on the field compresses the dirt, (detering percolation) and can damage the pipes. Don’t regrade or dig up the field unless you are permitted and prepared to repair it entirely. Don’t drain surface runoff from the road or the roof to the septic field.

Susie Kalhorn’s workshops are educating Island residents about septic systems because many Islanders don’t understand how their septic system works and some systems aren’t working.

The next workshop will be November 9 at 7 p.m. at the Land Trust building. Teri King, author of Septic Sense, will show slides on maintaining septic systems. Since toilet papers aren’t equally degradable, you are invited to bring yours!

Another way to learn about your system is to call one of the businesses who pump tanks. If the tank is fine, they’ll tell you so.

Alternatively, sewage odor in the house or yard, bubbling water in the field or slow drains are clues of failure. If you call a professional to inspect your system, you will save time and money if you expose the covers to the tanks. Once the covers are exposed, and, if necessary, raised, the artists and gardeners among us might want to make art on lids: painting, tiles, easily-moved planting could beautify the not-so-beautiful.

The next planting workshop is next spring, April 14 at Dig. In the meantime, Sylvia is happy to advise customers on site and offers off-site consultations for a fee.

There are some hurdles to septic repair. It might be that a resident knows it needs pumping

and repair, but doesn’t want to pay for it or perhaps the expense would be a hardship. The Department of Ecology, probably by way of King County, has allocated money for low-interest loans for this group. A worse hurdle is that of beach-front cabins and homes that need new technologies to process their sewage. The technologies exist, the county, in theory, allows them. But fancy systems with pumps, ultra violet or biomembrane methods, need electricity, monitoring by trained people, and maintenance and repair. The more complex the on-site septic system is, the more expensive it is to install and the more expensive it is to operate and maintain. The so-far-insurmountable hurdle has been what to do with treated effluent. Until The Powers That Be (Departments of Health and of Ecology) are satisfied that the sophisticated systems are reliably monitored and maintained, the sewage goes straight to Puget Sound.

To apply for a septic repair loan, contact:

Housing Repair Programs  
Housing and Community Development  
Community Services Division  
Department of Community and Human Services  
821 Second Avenue, Suite 500  
Seattle, WA 98104

mention other fruits, still being grown here? Come join us at the Grange to view and sample the multitude of fall fruits being grown on our Island. There will be more than 100 apple types on display and a chance to order custom grafted trees of any one of those varieties. We’ll have fresh cider and apples for sale as well. There will be something for just about everyone, and admission is free. So please join us at the Grange Hall on Sunday, October 29.

Ron Weston  
President, VIFC



Septic tanks, where solids go.

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November 18th  
9:00 pm**



## Vashon Library November 2006 Programs

**Public Meeting:  
Expanded Vashon Library  
Thursday, November 2, 6:30 p.m.**

Join us at a public meeting to discuss the latest plans for the new/expanded Vashon Library. Staff will provide updates regarding the status of the site, and members of the public will be asked to discuss preliminary design elements for the new building.

**Basic Computer Skills, Level 1  
Saturday, November 18, 9 a.m.**

This is a basic introduction to understanding what a computer is and how it works. Practice the skills necessary for using a computer, including using the mouse, selecting items and text, arranging windows, opening menus, and printing items. Pre-registration is required and begins Saturday, November 4. Call 463-2069 to register.

**Ready to Read Celebration  
Saturday, November 4**

The Ready to Read Celebration acquaints parents and caregivers with the Early Literacy services offered by the King County Library System. There will be programs, author events, story times and refreshments at libraries throughout King County. Please join us at the Vashon Library for:

**11 a.m.: Turtle Tales from  
Around the World  
Presented by Alleyoop**

This program is especially designed for little ones as an introduction to storytelling with music and fun audience participation.

**12:30 p.m.: Family Story Time with  
Ursula, Vashon Library Children's Librarian**

**2pm: Meet the Author: Barbara Jean Hicks.** Barbara Jean Hicks is the author of eleven books and admits that she learned everything she needed to know about writing from her cat! Her recent books are *I Like Black and White* and *I Like Colors*.

**Great Books Discussion Group  
Monday, November 6, 7:00 p.m.**

The Great Books Discussion Group has been meeting at the Vashon Library for 30 years! The idea of small groups meeting to discuss great literature was started by the University of Chicago, and groups now meet in hundreds of cities around the country. Our book group meets on the first Monday of each month and our discussions include all types of great literature, from ancient to modern times. Please join us for some very stimulating conversations.

**What's New on the Internet?  
Wednesday, November 8  
6:30 – 8 p.m.**

**Bobbi Hurst, Instructor**

Join us for a stimulating trip through the World Wide Web, otherwise known as the Internet. We'll learn about new and interesting web sites, chat sites, how to access statistics and other pertinent information. People may bring requests on how to access information on particular topics they're interested in.

Registration is required and begins Saturday, October 21.

**Finding Money for College  
Thursday, November 9, 7 p.m.**

Presented by Doug Breithaupt of the College Planning Network

Doug will help identify sources of financial aid for college, evaluate the costs of specific schools, and review the process of applying for financial aid. Each family will learn how to fill out the Free Application for Federal Student Aid (FAFSA) and estimate their "family contribution." Please pre-register at Vashon Library, 463-2069.

**Author Visit from Matt Briggs,  
author of Shoot the Buffalo  
Sunday, November 12, 2 p.m.**

Help us welcome this award winning author to Vashon Library. His book, *Shoot the Buffalo*, recent winner of the American Book Award, chronicles the story of a boy growing up in the Snoqualmie Valley during the post-Vietnam era. With haunting prose, he tells the tale of a tragic dysfunctional family set against a background many people will recognize. Mr. Briggs will be available to sell and sign copies of his book after the presentation.

**Great Decisions:  
Pandemics & National Security  
Monday, November 13, 2 p.m.**

Epidemiologists say we're overdue for a deadly global pandemic of historic dimensions. Even if avian influenza isn't the Big One, flu is hardly the only disease to fear in an era of terrorism. A 30-minute background video, prepared by the Foreign Policy Association, will be shown at the beginning of the meeting, followed by a group discussion led by Rhoda Karusaitis and Deirdre Petree. The series' background articles, also prepared by the FPA, are available at the Library reference desk.

**Toddler Story Time  
Tuesdays, November 14, 21, 28  
10:40 a.m.**

Ages 21 months to 3 years with an adult. A 20-minute program of stories and songs just right for toddlers. No registration required.

**Lapsit Story Time  
Wednesdays, November 15, 22, 29  
10:40 a.m.**

Newborn to 20 months with an adult. A 20-minute program of stories, songs, rhymes and bounces for babies and a caregiver. No registration required.

**Preschool Story Time  
Wednesdays, November 15, 22, 29  
11:30 a.m. Ages 3-5**

Join us for 30 minutes of stories, songs and fun! No registration required.

**Walk on the Wild Side  
with Barbara Gustafson  
Stalking the Wild Salmon  
Tuesday, November 21  
1-2 p.m.: Ages 5-7**

**2:30-4 p.m.: Ages 7-10**

Learn about the five types of Pacific salmon, their life history and migration. Find out how you can be a "Salmon Watcher" and where to see migrating salmon on Vashon. Lots of fun games, books, painting, and hands-on activities! Please register beginning Tuesday, November 7. Call 463-2069. Co-sponsored by the Vashon Park District.

## Come to Fruit Show and Festival

Editor, *The Loop*:

To celebrate this year’s bountiful fruit harvest, the Vashon Island Fruit Club will hold its annual Fruit Show and Festival at the Grange Hall this **Sunday, October 29**, from 10 a.m. to 4 p.m. Our Island was a primary commercial center for fruit production from the mid-1800s until the 1920s. Many of us have old trees in our yards that are relics of that bygone era. Did you know there are over 100 varieties of apple, not to



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**Essay:**  
**Alice in  
Otherland**

By Alice Orr

Everyone in the family moved to the Northwest and slipped into life here like salmon gliding upstream, except me. I identify with homestead women wrapping teacups in counterpanes and trundling off Conestoga-style. My teacups were trucked overland while I flew non-stop, but I understand how those women felt nonetheless. A corner of our hearts mourns familiar life lost.

Here's how Westward Ho! went for me. In the morning, I was dashing shop-to-shop around Manhattan Island; by dusk, I was on Vashon Island and everything looked closed. I'd planned to take the transition in stride. Thursday: Goodbye to everything I know and love; Friday: Turn personal world upside down; Saturday: Fit into new digs without missing a beat. I dragged this can-do spirit cross-country, along with everything else we owned, and forged ahead.

As soon as we had a phone number, I made business cards with super-bold lettering, like always. Boldness had worked well for me in my previous life. The first time I handed that card to someone on Vashon, she stepped backward as if fleeing assault. We were standing beside her goat pen. She had mucking out to do; I was networking. Even I could tell there was something wrong with that picture.

I'd never worried about fitting into the big city. Who'd notice anyway? Now, I was a Calvin-clad sore thumb in the land of polar fleece and zero invisibility, where there are no red-yellow-green traffic lights at intersections, only four-way stops. New neighbors assured me that, eventually, I'd pull up to those four-ways and know the drivers in

two other cars. The prospect terrified me. No anonymity here, all blunders would be glaringly public. I imagined myself in the sheriff's column of the local paper, alongside the woman who claims someone breaks into her house and rearranges her bedroom.


My response to terror is to get very busy till it goes away. Previously, my busy-ness had to do with my business as a New York literary agent, but I'd retired from that before the move. I needed a new obsession, suited to this world I'd vowed to make my own. I began observing and noted folks wearing shorts in February. Vashonites are outdoorsy types who kayak, hike, and bicycle with a passion. My idea of vigorous exercise, on the other hand, is a fast walk up Fifth Avenue at rush hour. Anything involving packs, paddles or padding in the groin area holds no attraction for me. I decided to try gardening.

Our tree pruner suggested a garden consultant, something I'd never heard of. I called Jami Burke anyway. She showed up with Baby Paris on her hip, and they both pegged me as city slicker right away. Jami, fresh scrubbed and pretty as the dawn, talked me through my flowerbeds while I scribbled furiously in a notebook once used for brainstorming career strategies for clients.

With a compassionate glance toward the plant life now at my mercy, she said, "Just clip out the dead stuff."

That sounded like a prudent course, and I might have stuck with it, if not for the can-do spirit I mentioned earlier and a particularly recalcitrant rhododendron. For reasons I can no longer recall, I was determined that this ancient evergreen must go. I should have called Jami for instruction. Instead, I attacked with every tool in my gardening attaché, whittling the old girl to one gnarled branch near the ground. Curved clippers, long-bladed pruning tool, even a small

New At



5 Healthy Reasons to eat at Zoomies

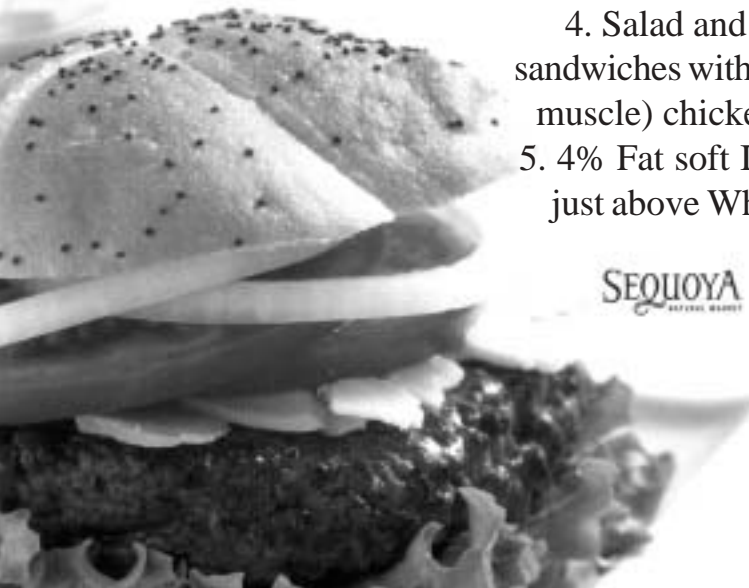

1. No transfats in our soy oil -  
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3. We have Yummy Vegi and Black Bean  
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5. 4% Fat soft Ice Cream -  
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hatchet made little more than feeble notches in that final holdout, but I remained resolute. I'd taken on front-office suits in my day. I wasn't about to be bested by a bush.

I dropped the implements, grabbed hold and hauled back and forth with all my might. A sharp crack scattered birds and small animals in several directions and sent me flying over the still only partly severed branch, dragging my forearm along the splintered edge. A mad dash to the doctor for irrigation – of the wound, not my garden – and a tetanus shot signaled a hiatus to my gardening career but, as it turned out, only until the next spring. I'm stubborn as that old rhodie after all.

Meanwhile, I was face-to-face again with the same dilemma. How and who would I be as stranger in a strange land? Then, more of Jami's advice returned to me. Fertilize, water, mulch, wait and see what grows.

I'm now five years and counting past my coast-to-coast dislocation. I still miss my Manhattan life and return routinely to keep in touch with the publishing world. I also still hand out business cards on Vashon, but choose my spots more sensibly. I haven't recycled my Calvins into quilt patches yet, though I have acquired some polar fleece. In the spirit of full disclosure, however, I must add that it is tailored and black.

**Alice Orr will present "GET PUBLISHED NOW! How to Give Your Story and Yourself Editor-Agent Appeal," her full-day workshop for Writers of Novels, Memoir and Creative Nonfiction, Saturday, January 13, 2007 on Vashon. Pre-Register at AOrrTalk@comcast.net or (206) 463-1710. Space is limited.**



*Library 90, Blanche, 100 -- Vashon Library celebrated its 90th birthday recently, when former Vashon resident and author Blanche Caffiere paid a visit. Mrs. Caffiere celebrated her own 100th birthday recently among friends on Vashon, and is about to publish yet another volume of her autobiography. Hester Kremer, Library supervisor, left, introduced Mrs. Caffiere to the group.*

### Senior Center Events

**Great Decisions Looks at Turkey, EUC --** Bring your experience and opinions to the next meeting of Great Decisions, **Monday, October 30**, at 2 p.m. at the library. Deirdre Petree will facilitate questions and answers on "Turkey: on Europe's Verge." A copy of the "Great Decisions" background articles is available at the library reference desk.

**Senior Center Offers "How To" Computer Classes --** Vashon Senior Center and KCLS are offering a free three-part easy introduction to the Web for people who have never tried it or have questions about how the Web operates on **November 2, 16 and 30** from 10 to 11:15 a.m. at the Senior Center. The classes cover: What is a browser, what information is on the Web, how do I find information about things I'm interested in, how can I print or save what I find, what is a search engine, etc.

**Preregistration is required by October 27;** call 463-5173.

**Free classes in Microsoft Publisher** run from noon to 1:15 p.m. at the Senior Center **Nov. 2 (introduction), Nov. 16 (more Publisher) and Nov. 30 (review and practice).**

**Preregistration is required by October 27;** call 463-5173.

# The Dorsal Spin

## Southern Residents Blow into Town!

By Orca Annie Stateler



Orca mother and son search for salmon off Vashon. Photo by Mark Sears

On October 18, K and L Pods heralded the fall return of Southern Resident orcas to Vashon-Maury waters. We surmise they did a quick scan of the salmon supply here. In an intriguing twist, they traveled south in East Passage, headed west into Dalco Pass, and then shot the Tacoma Narrows instead of directly circumnavigating the Island. I call it L Pod's Puget Sound prerogative: we're not predictable and you can't pigeonhole us!

Please support the work of the Vashon Hydrophone Project (VHP): **REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041.** We say a big thank-you to the caller who reported the whales off Dilworth. Please excuse Odin's slight hearing deficit – he did not catch your name. We are especially grateful to Bob and Jan for their kind hospitality and splendid viewing spot.

Researchers and field observers affiliated with the VHP and NOAA Fisheries collaborated in a marathon endeavor, in squally weather, to obtain IDs on the 50-plus killer whales. When Odin and I first spied the forest of tall dorsals in East Passage, I knew that, at a minimum, L Pod whales were present. Kudos on confirming that K's were traveling with the L's goes to researchers Mark Sears, a VHP associate, along with Candi Emmons and Brad Hanson of NOAA Fisheries. (Candi is also an ACS/PS board member, whose expert visual and acoustic ID skills benefit the VHP). Off-Island news sources failed to acknowledge the diligent effort of these people and organizations.

In East Passage, the large group of orcas stayed close together in slow travel or rest throughout the morning. They reportedly lingered around the Tango Bravo buoy, perhaps to forage. From shore, I recognized Faith (L57), Mega (L41), Ino (L54), and Saanich (L74).

At Point Robinson, I caught a glimpse of Lummi (K7) and Raggedy (K40) when the Tall Finned Ones deigned to grace us with their magnificence by moving in closer to survey the twitchy humans. A K Pod youngster spyhopped us on the beach there, possibly curious about an unruly black and red umbrella or the eccentric biped in the red rain slicker alternately chattering to the killer whales in English and Tlingit.

Even on their first seasonal visit to our waters, the orcas were not free of vessel impacts. Off Maury Island Park, a blue-hulled charter boat sped over from Tacoma, obviously pursuing the whales. Confronted by a wall of noise from a tug and barge, a passing recreational fishing boat, and the backtracking charter boat, the orcas made a long sounding and disappeared for about 15 minutes.

It sure looked like an evasive maneuver. We chuckled when we saw that those smart killer whales switched direction and gave the slip to the pesky charter boat. They resumed their tightly grouped, slow travel mode as they approached the south end of the Island.

Off Owens Beach near Point Defiance, the Tacoma Police boat got an eyeful when dozens of whales erupted into a round robin of synchronized breaching. A few minutes later at the convergence of the waterways – Dalco Pass, Colvos Pass, and the Narrows — they broke into another round of synchronized spyhopping before congregating to shoot the Narrows around 2:00 p.m.

When the pods entered the Narrows, our land-based effort was thwarted. In a speedy NOAA boat, Mark, Brad, and Candi picked up the trail, following the whales down to Ketron Island. On an encouraging note, the researchers saw a small, orangey calf whom we hope is recently orphaned K39.

Mark said the orcas seemed to be entertaining the idea of going north when the researchers had to

# PANDORA'S BOX

## HAPPY HALLOWEEN!

Trick or Treat with us on the 31st!The usual suspects will greet you on the porch passing out treats for humans, canines and felines.

---

Horus' pick of the week:

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depart around 5:00 p.m. I was deeply torn about leaving my post by the hydrophone on the 18th, but Donna Sandstrom, our ACS/PS speaker that night, is a good friend.

According to Mark, chum salmon are reasonably abundant in local waters, but the orcas were northbound in Admiralty Inlet a mere 24 hours after their visit here. Maybe the thirteen seiners we counted in Colvos Pass on October 16 left the cupboard bare for K and L Pods this time.

Somber news from the Center for Whale Research (CWR) that three members of these pods are missing and likely dead tempered our joy in seeing them. All of the missing orcas were in their prime. Raven (K28) was only twelve, Hugo (L71) was twenty, and Jelly Roll (L43) was thirty-four.

CWR staff noted that two whales, L71 and K28, looked emaciated and were probably starving. The survival of K28's four-month-old baby, K39, is now uncertain. Update: 10/21/06: I just learned this morning that Ken Balcomb of the Center for Whale Research believes Baby K39 is now missing. Possibilities: Mark, Brad, and Candi saw someone else's new calf on Wednesday, or the Center has seen K Pod since Wednesday and K39 disappeared sometime between then and now. Poor little pooper. Poor Southern Residents. Will our species be able to change its greedy, selfish ways so these amazing orcas don't go extinct? L43, a grandmother, leaves behind a family of four. We had a moment of silence and reflection for the beautiful, lost relatives of K and L Pods.

All the ink in local papers recently about the Southern Residents has virtually ignored an elephant in the living room. Dear readers, does it seem fair to you that starving orcas with toxic, polluted bodies must endure the added stress of dodging dozens of whale watch boats? Or that, in their depleted

condition, at their most vulnerable time of year, they are subjected to winter whale watching? To be continued. Contact Orca Annie at [Vashonorcas@aol.com](mailto:Vashonorcas@aol.com). **oo000**

## Annual Fruit Show Open to Public

On **Sunday, October 29**, Vashon Island Fruit Club is holding its annual Fall Fruit Show and Festival from 10 a.m. to 4 p.m. at the Grange Hall. The event is free and open to the public. The show will feature over a hundred different varieties of apples, pears, and other fruits being grown on the Island.

If you have an unknown fruit you want to identify, bring five or six samples for the experts. The festival will also have experts on honeybees and mason bees. A nursery stock booth will have catalogs and advice from local nurseries, including the new Sleeping Eye Nursery on Vashon, which will take orders for custom-grafted trees to be available in the fall of 2007 or, possibly, next spring. A variety of fresh apples and tasty fruit products will be on sale. Many of the displayed fruits will be available for tasting later in the afternoon.

Other activities will include cider squeezing and bobbing for apples. Information will be available on a variety of activities, such as orchard design and management and pest control. There will be a silent auction of fruit services, products, equipment, and crafts from 11 a.m. to 2 p.m. Come celebrate the wonderful fruit harvest Vashon has enjoyed this year. For further information, please contact Maryrose Asher at 567-0593.



Dr Bob Norton identifies an apple variety at the 2004 Fruit Show & Festival

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# We Have A Lot of Kids He’s Camping, Dear

By Kevin Pottinger

Yesterday, I decided I’d take another stab at cutting the kids’ hair.

In my family, there’s a tradition of the male head of the household having several drinks and giving the kids haircuts. Remember that phrase, “pig shave?” We learned to run when we saw clippers in Dad’s hands. Then my Mom learned how to cut hair. She did a pretty good job.

It was different in Maria’s family. Maria says she and her brother piled in the car once in a while with their Mom and got their hair cut. Like most married couples, this isn’t the only variation in our upbringing. Take, for example, camping. In Maria’s family, I gather that camping means staying in a motor inn with a kitchenette, near an evergreen national forest, often without any room service at all. In my family, camping means sleeping it off in the backyard. As in, “Where’s Dad?” “He’s camping, dear.”

Luckily, I don’t drink anymore (and neither does Dad, God rest his soul), which is a fine thing; especially when it’s time cut the kid’s hair. It’s hard enough to keep their bobble-heads still without having one’s balance compromised by scotch whiskey. A bad haircut always lasts a lot longer than a good one. Warning labels on prescription medicines should include hair clippers in the list of things to not operate while under its influence.

The kids are still too young to be able to run fast enough. Our eldest, Colin, is still five, Meredith is now four, and their twin majesties The Babies, Alec and Gracie, are still two.

Lovely Meredith has long auburn hair that scoops in slightly at the middle of her back, and beautiful gray eyes under perfectly trimmed bangs. Gracie has long, wispy, absolutely white baby hair, as fine as spider webbing. After negotiations with Maria, in exchange for cutting our boy’s hair

myself, I’ve promised Maria I will not cut either daughter’s hair. All of which sounds vaguely biblical.

Alec kept trying to look at the clippers as they buzzed and shaved off big swaths of hair from the back of his head. As his long baby curls fell to the floor, Maria wept softly and grabbed a lock of his downy-soft hair and put it in a tiny zip-lock bag, like something on CSI. It made me count the various circumstances that would require Alec’s DNA. I cut his hair rather short. Alec didn’t cry once, even when I had his head in a half-nelson.

When I began cutting his hair he was goony, go-with-the-flow, long-haired flower child Alec, but when he emerged from under the bib with his new buzz-cut and his camouflage pajamas he looked sharper, businesslike, and not a little militaristic. It was unsettling. When I showed him his short hair in the mirror he giggled. I switched on the shop vac to vacuum the hair off of his back and shoulders. The sound of the vacuum made him shriek and run, trailing wispy curls behind him as he ran down the hall to find his mama.

Five-year old Colin (who might continue to be a sucker for anything we name “big-boy” for a few more months) got a big-boy cut with the really sharp scissors. I combed and re-combed his wet hair, cutting the long combed strands held between my fingers to layer the hair. Every so often he would whisper “Ow,” when I pulled his hair too hard. I worked in silence, trimming his bangs and behind his ears quickly, knowing I didn’t have much time until Colin’s patience ran out.

When I was done, Colin looked in the mirror and decided, out loud, that he looked like The Rock and Roll Guy. That’s a high compliment from Colin. I secretly thought he looked a little like Bond, James Bond. He got in the shower and washed off all the horrible itchy shreds of hair while I cleaned up the rest of the bathroom.

And so a tradition is honored in our family. Although my Dad’s been gone a couple years now, it’s like my Mom said, “He’s camping, dear.”

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# Fil m Fl am Poseidon

By Jonathan Shipley

My disaster on water? Let me take you back to 4th grade, if I might. I’m a pip-squeaking student at Olympia’s Garfield Elementary School – GO CATS! – long before my days at Jefferson Middle School [Jaguars] – GO CATS! – and Capital High School [Cougars] – GO CATS! – and Washington State University [Cougars] – GO CATS!

I don’t know how to swim very well. I mean, I can swim but if I were to be tossed off a raft I’d freak, something to the effect of “I’m going to die!” and paddle furiously until I sunk myself in desperation and futility, although the water is only two feet deep. It’s not that I haven’t learned how to swim. My loving parents dutifully took me to the YMCA for lessons. Remember swimming lessons? They had different skill levels based on your swimming experience. Minnow was the lowest and then you rose through the ranks of the underwater food chain. I think there were tuna in the mix there somewhere. Dolphins, I recall, were the more accomplished swimmers. Was there a daggertooth pike conger? I don’t remember. Whatever...I was in the shallow end. I learned how to hold my breath underwater and kick my legs in the water wearing floaties. Minnow. That was me.

So, fourth graders were sent to Tumwater Valley Athletic Club once a week for swimming lessons. The instructors threw us all in the pool and tested us as to our swimming aptitude. Naturally, I wasn’t in the group that got to jump off the high dive board. Boosting my ego a bit, I also wasn’t in the group that was

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the worst of the swimmers. I was in the middle group. The middle group at the deep end of the pool.

“Let’s play tag!” Our group’s instructor said. “The only rule? No touching the sides of the pool. You can’t hang on the sides! GOOOOOO!!!!” Off we went into the pool, flailing around like daggertooth pike congers in a barrel. I thought I’d be super cool and give a whirl to swimming UNDERWATER! So, down, down, down I went until my feet were touching the bottom of the pool and that’s when I yelled, mouth closed for fear of drowning, “I’m going to die!” because on the bottom of that pool was something very sharp, sharp enough to slice the bottom of my foot pretty badly. The water around me turned to a pinkish hue and I swam, as best I could in extreme pain, to the side of the pool. “NO HANGING ON THE SIDES!” “I cut my foot or something!” “NO HANGING ON THE SIDES!” So I dove back in and did my best to play tag with my foot in tatters.

After class, I hobbled to the locker room. “WHY ARE YOU HOBBLING?!” “I told you I cut my foot.” I showed him my foot. He recoiled. “YOU WERE SERIOUS?!” “Yes.” He recoiled again and then rushed me to a first aid kit for cleaning and gauze, sweet sweet gauze.

I haven’t liked swimming much after that. Oh, and the movie *Poseidon*? Kind of stupid. o o o o o

What is a weed? A plant whose virtues have not been discovered. – Ralph Waldo Emerson



## Things Not to Give Your Dog

By Kathy Abascal

Opi, my little dog, was recently diagnosed with hip dysplasia and prescribed a non-steroidal anti-inflammatory to help him stay comfortable. I decided not to use the drug at this point because it has potential side effects that are rare, but can be serious.

Long before I became an herbalist, I had a dog with bad knees who was prescribed a low dose of aspirin. The aspirin caused internal bleeding and he nearly died which taught me to take potential side effects very seriously. My decision to use herbs for Opi is now leading me deeper into the world of herbs for dogs.

Shortly before Opi started limping, he became interested in a willow growing by our pond. While his buddy Yodha busily ate grass, he tried to gnaw on the tree, something he had never done before. Willow bark is used as an analgesic and contains salicylates that can be transformed into acetylsalicylic acid or aspirin. Aspirin inhibits blood platelets from sticking together while natural salicylates do not. This means that willow does not have the bleeding potential of aspirin (and this means that it cannot be used to thin the blood and prevent heart attacks).

Nonetheless, many herbals for dogs caution against the use of willow bark. I suspect this advice is due to confusion over the differences between plant salicylates and the effects of the chemically altered acetylsalicylate in aspirin. Tilford, the author of a very nice herbal for animals, for instance states incorrectly that willow contains “salicylic acid (aspirin).” Of course, it is possible that dogs metabolize plant salicylates differently than we do, but I doubt it. I am researching this question but have not yet come up with the definitive answer. In the process, however, I learned to my surprise that some seemingly harmless foods can be toxic to dogs.

For instance, onions are dangerous to dogs. They can cause a sometimes fatal hemolytic anemia as components in onions cause their red blood cells to rupture. It takes a fair amount of onions to cause real damage, about half an ounce/pound of dog. This means that Opi would have to eat

about 12 ounces of onions to ensure a toxic dose – something he is not inclined to do. But even a non-toxic dose is not good for him. And the toxic dose is much lower in cats, kittens, puppies, and dogs on certain drugs (like sulfonamides or Tylenol, a non-steroidal anti-inflammatory drug. Many vets also urge caution when feeding human baby food to animals. Apparently, many of the meat products for babies contain onions or onion powder. Actually, I never fed Opi much in the way of onions and he will get even less in the future.

Interestingly, garlic has some of the same potential as onions but is much less toxic. When I learned this, I checked my dry dog and cat foods. Sure enough, both contain garlic. Not enough to cause injury but it seems silly to add an ingredient to their food that is not healthful for them. I also realized I was giving my dogs treats made of brewers yeast and garlic powder. And I know many people who feed their dogs cloves of fresh garlic in the hope of discouraging fleas. Garlic is wonderful food and medicinal but my sense now is that my dogs do not need garlic and will

do better and be happier with some fish oil capsules wrapped in liverwurst.

I also learned that even small amounts of raisins or grapes can cause kidney injuries in dogs. They are toxic at about ¼ of an ounce per pound of dog. The ASPCA states that all dog ingestions of grapes or raisins should be taken seriously,

especially if they cause vomiting, diarrhea or lethargy.

So no more chocolate covered raisins for Opi. Just joking—he likes his chocolate straight. Most of us know that chocolate is not good for dogs and have an easy time not sharing our chocolate with them (all the more for us). The theobromine in chocolate can cause seizures, coma, and death. Actually though, it takes much more chocolate than either onions or raisins to cause a problem. According to one vet site, the toxic dose ranges from 1 ounce of milk chocolate/pound of dog to 1 ounce/9 pounds for baker’s chocolate. The real problem with chocolate is that dogs, like humans, develop a fondness for chocolate and can easily down a toxic dose if left alone with a box of chocolate. And definitely do not give your dog chocolate covered macadamia nuts. It turns out that relatively small amounts of these nuts can cause vomiting and a weakness that prevents them from standing or using their hind legs. Typically the dogs recover from macadamia nut poisoning though.

Finally, do not use pennyroyal essential oil on your dog. People still come into the store for oil to use on their dogs. I have read far too many cases of dogs dying from this “natural” flea treatment. More often than not, it will kill the dog rather than the fleas. Even though I traditionally stay away from pesticides, I would use Advantage before I would use pennyroyal.



## Kathy Abascal’s New Book Now Available!

Kathy Abascal’s New Book Now Available! You can now buy her book *Herbs & Influenza – How herbs used in the 1918 flu pandemic can be effective today* at local Vashon stores. For more information on the book and on the 1918 flu pandemic, visit Kathy’s website at <http://www.HerbsandInfluenza.com>.



Kathy Abascal is a professional member of the American Herbalists Guild and is certified by Michael Moore of the Southwest School of Botanical Medicine. She co-authored the book *Clinical Botanical Medicine*.

You can email her at [anemopsis@yahoo.com](mailto:anemopsis@yahoo.com) if you have questions about herbs. If you have questions about herbs, call her to schedule a private consultation (463-9211) or stop by The Roasterie to purchase her tinctures.

## Loop Letters

### House Audit: A Leaker?

Editor, *The Loop*:

Steve Hansen is walking through my house in the first stages of our home performance energy audit. “This one will be a leaker,” he says. I have some idea what he means. I have been taking energy auditing classes, and volunteered to let my classmates watch as Steve, our teacher, now in the role of hired auditor, reviews my house.

Hummm, turn up the knob, HUMMM, the blower door fan is getting louder, the breeze is getting faster. We are finally getting close to the needed depressurization reading for measurement of the house air leakage. The breeze coming down the stairs is enough to rearrange my hair. “Well, more than twice as much air infiltration as the current recommendations.” Not unusual, most houses are above that; even (surprisingly) a fair number of new homes, we are told.

Luckily Steve has a lot of ideas on simple fixes, and the good news is he can



Gail Brownell turns up the fan on the door blower used in house audits. Photo by Dadla Ponzini

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prioritize for me. It turns out some areas have much more effect than others.

Additionally, Steve has walked around the entire house, measured all the rooms and windows, looked in the crawlspace (nice floor insulation and sealing job there – thanks to the previous owners!). He removes electrical cover plates to look at insulation, and even takes a look at all appliances, furnace, and water heater. His final report will include an assessment of the heating load and how it compares to the heating capacity, insulation and infiltration of the home. All these items interrelate, so analysis of the data collected is required for the final report.

As a recent home buyer on Vashon, and an environmental engineer, I think the most cost effective way to get a comfortable, healthy, and energy efficient home is to have the measurement and testing ability provided by these audits, and the prioritized recommendations. The idea to provide this service through the structure of a Public Utility District is, I believe, an effective, community controlled way to take advantage of the ability to diagnose and improve each person’s home comfort, costs, and the community energy picture, as well. The equipment and measurement tools needed are necessary investments that make the expertise and analysis really work. Not to mention safety – as homes get “tightened up”, equipment to test furnaces and water heaters for combustion safety and carbon monoxide is important.

I am excited to be a joining a community where there is actual discussion and planning about the future in a way that would provide the opportunity for people to choose to participate in improving their comfort, saving energy, and protecting the future. We bought on the Island because of ham radio and rowing (ask us about that sometime!) and we found a lot more. So, I am new, bringing personal interests and perspectives, and I volunteered to write up my experience with the

audit in order to provide information for all.

Thanks to Dan Auer, who knew that some foam board would be needed to seal the wall cavities, and provided it! Thanks to the people who arranged the class through South Seattle College, the energy and home performance expertise that Dan and Steve shared was valuable. All the people working on the PUD campaign have my support and best wishes.

Gail Brownell

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By Susan Wolf

Vashon Island Fire and Rescue's annual Open House held on Saturday, October 14, was a great success. The emphasis this year on Disaster Preparation drew a steady stream of visitors to view Vashon Disaster Preparedness Coalition's displays of basic food storage, water, fire extinguishers, flashlights with batteries, tarps, duck tape, rope and so forth for covering broken windows or doors. The younger set enjoyed Sparky the Fire Dog (AKA Fire Explorers Tanner Barry and Tucker Lazare) and everyone made their way to the cotton candy machine, cookies and hot cider. The six winners of free bike helmets were: Holden Schmidt, Daniel Walker, Tatum Schmidt, Martin Ellison, Nelson Giorginin, and Meredith Hackett. The A-1 Fire Equipment truck came fully loaded

**First-Ever Island-Wide Disaster Drill and VIFR Open House a Success**

with new fire extinguishers and a number of escape ladders and left completely sold out.

On October 20 both Chautauqua Elementary and McMurray Middle School conducted their annual school disaster drill. Mimi Walker commented, "They are somewhat routine as we have had major drills for the past three years. They keep getting better because we are prepared. We are very appreciative of the partnerships with community organizations."

However, In order to prepare for the first ever Island-wide Disaster Drill, which was held on October 21, various VDPC groups and VIFR held meetings, shared information and worked together for well over two years. These groups included Rick Wallace, May Gerstle, Ward



Sparky welcomes a young fan to the VIFR open house



Triage in front of McMurray



School disaster drill

Silver, John Cornelison, Michael & Catherine Cochrane, Joe Ulatoski, Kathy Rogers, Mary Ellen Walker, Kate Hunter, Pete Murray, Jill Janow and many, many others too numerous to mention. "We're extremely pleased to be working with so many dedicated VDPC volunteers who have offered a high degree of expertise in their fields to

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Triage on the Health Center lawn

lend to our preparations for a variety of potential disasters," said Assistant Chief Mike Kirk. "We look forward to continued close communication and further planning to refine our efforts."



A pregnant woman is helped onto an ambulance. Possible premature birth expected. She will be taken to a temporary trauma unit set-up at the Vashon Community Clinic field. Photo by Amber Cole



Prepping victims for transport at the Blue Heron parking lot

**Volunteer Victims**

Several Island residents volunteered to be victims for the Disaster drill last Saturday.

Severity of wounds was rated with colored ribbon. Red stood for the most severe injuries. Yellow stood for injuries that were not life-threatening. Green meant the injured person would be treated, observed, and released.



Gretchen Neffenger, getting around pretty well for a person with two broken legs, gets ready to be transported to the clinic




A green ribbon victim waits to be told he can go after being observed



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# Island Epicure



## Disaster Preparedness Stew

By Marj Watkins

The delicious lentil and rice stew served at the Village Green during the Disaster Preparedness drill October 21 was composed and long-simmered in the Vashon High School kitchen. Volunteer cooks were led by Sheree Tomason, Food Service Director at Vashon Community Care Center, Amy Huggins, who has cooked the Wednesday night dinners at the Episcopal Church of the Holy Spirit, and Terri Colello, caterer and volunteer cook at Vashon High School. They directed crews totalling seventeen prep cooks, transporters, servers, and clean-up people.

The recipe for the soup came from Claudia Campbell, Food Services Director for all three Vashon schools. The crew doubled the recipe below. The soup pot looks big enough to cook a cannibal feast. It holds 40 gallons, max. Transporting the soup took several pre-warmed 5-gallon insulated containers. Members of Vashon Island Growers Association donated the carrots, celery, and onions. The Red Cross reimbursed for the other ingredients.

Organization for the soup cooking and serving effort began a year and a half ago when Vashon Emergency Preparedness Committee member Cathy Rogers of the Red Cross started asking who on our Island knows about cooking. She formed a committee of Tomoson, Huggins, Colello, and Campbell. They met and began looking for a suitable kitchen, planning the work, and enlisting volunteer helpers.

This soup kitchen exercise gave Island cooks an opportunity to practice for emergency food service they might be compelled to provide in the event of a disaster that breaks water mains, shuts off electricity and destroys people’s own cooking facilities.

The food committee also served saltines, coffee, tea, and cake. Claudia Campbell made the cakes and decorators at V.C.C.C. decorated them.

It was inspiring to browse the VHS kitchen spice shelf with its long row of herbs and seasonings in jars ranging from 15-ounce to about 2 quart sizes, and the large pantry’s shelf after shelf of Number 10 cans of vegetables. The freezer is correspondingly huge. The VHS kitchen prepares food for Chautauqua School as well as the high school.

**Claudia Campbell’s Brown Rice and Lentil Stew**  
Makes about 160 (7-ounce) servings

- 2 #10 cans diced tomatoes
- 2 gallons vegetable broth
- 1 gallon water
- 9 cups lentils, washed and picked over
- 6 cups brown rice
- 1 bag carrots
- 18 garlic cloves
- 1 Tablespoon dried thyme
- 1 bag fresh cilantro, minced
- 3/4 cup cider vinegar
- 2 and 1/2 Tablespoons salt, or to taste
- 3 teaspoons black pepper, or to taste

Combine tomatoes with their juice, stock, water, lentils, rice, garlic, and thyme in steam kettle. Bring to boil. Reduce heat. Cover and cook, stirring occasionally, until lentils and rice are tender, 45 to 55 minutes. Let simmer 1 hour. Stir in cilantro, vinegar, salt and pepper. Stew will thicken as it stands.

**Family Size Rice and Lentil Stew**  
Makes 4 to 5 servings

- 1 cup lentils, washed and picked over
- Water or stock to cover
- 2/3 cup brown rice
- 6 cups water
- 1 large celery rib, finely chopped
- 1 large carrot, finely chopped

1 medium onion, finely chopped  
1/2 cup olive oil  
1 teaspoon salt  
1/4 teaspoon pepper  
1 (15-ounce) can diced tomatoes  
1 bay leaf  
1/2 teaspoon dried, crumbled oregano leaves  
2 tablespoons vinegar

Cover lentils with water or stock. Bring to boiling, cook 3 minutes, drain. Add rice, vegetables, oil, salt, pepper, tomatoes and herbs. Bring to boil, reduce heat, cover and simmer 1 to 1 ½ hours. Add more hot water if needed to thin to desired consistency. Add vinegar. Simmer 20 minutes longer.

Leftover strew may be frozen for a quick meal later.

## Madame Toujours

Dear *Madame Toujours*,

I am having a problem with my AKC champion Chihuahua Barney. Last week we were walking in the woods. We happened to look up just in time to see a shadow flit across our path. She paused for just a moment, a slender coyote bitch. Her nose was long and fine, her tail bushy. She looked us over with scornful indifference, and a moment later, she had disappeared into the brush. Barney gave a shrill cry of passion. He tore his leash from my hand and plunged into the underbrush in her wake. I called for him and ran after him, tearing through thickets terrified I would find him torn and bleeding, or worse, never find him at all.

Eventually, I caught up to him. He circled a clearing, sniffing desperately for some trace of her and trembling in his little leather jacket and studded collar.

I thought that would be the end of it as I carried him home under my arm, but ever since that day, Barney has been inconsolable. He lies by the front door with his tiny chin on his itty paws and cries for his lost coyote woman. He’s losing weight. He won’t sleep. I don’t know what to do. I tried introducing him to a very attractive Chihuahua girl named Lupe, but he turned up his nose. He

wouldn’t even flirt with the cute lady pug down the street. There must be some way to dissuade him from this star-crossed love before it destroys him. If anyone would know how to do it, it would be you.

Sincerely,  
Feeling like Mrs. Montague


*Chere Mme. Montague,*  
*Oui*, very many times, the gentleman persons, they are contracting the powerful passions for the dangerous women, although they are mostly not having to worry that *la femme*, she is devouring him when he is wooing her.

Clearly, *M. Barney*, he is suffering the common difficulty of the smaller gentleman. Always, he is overcompensating for the diminutive size by wearing the intimidating clothings and strutting about in the confident fashion. Naturally, his ego, it is challenged by the wild woman who is being unfettered by the trappings of the civilizations. Is he having the manliness enough to command her love? He must try. *M. Barney*, he is feeling the cry of the inner wolf, and you cannot be tempting him with the mild, domestic females.

It is important in this difficult time to be boosting the faltering ego of the gentleman. *M. Barney*, he is seeking to prove himself. You must find for him the appropriate outlets. Possibly, he is having the heart of the police dog, or he can be learning to seek the lost persons in the wilderness or track the escaped criminals. Encourage this. It is the distraction from his grievings.

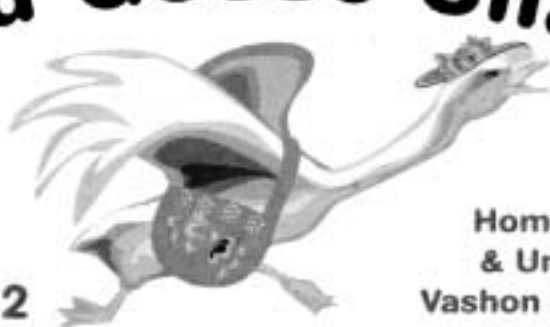
*Bon Chance, Mme. Montague.* When *M. Barney*, he is secure for himself in the masculinity, then he is soon forgetting about the unsuitable woman and appreciating again the merits of the more sensible females.

I went to buy some camouflage trousers the other day, but I couldn’t find any.



Loopy sez: Deadline for the next edition of *The Loop* is  
**Friday, November 3**

# Wild Goose Chase



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## Positively Speaking

### Invincible Winter

By Deborah Anderson

Dawn doesn't come with sunshine this fall. Instead it is a pale gray vapor that pushes back the moist night; more of a dislodging than a rising. I can't find any good reason to get up in that atmosphere. I remind myself of the times I've worked off Island and was responsible for getting myself to the ferry as the world shook its collective sleepy head, fueled by the lights of coffee stands and cars speeding to industrious day.

That doesn't work.

I list the coming agendas, the have to's and the want to's that will fill my time from 8-8, rolling each through the Rolodex of my heart's desires, I hum gratefully, stretch and grab the pillow to rearrange it more comfortably under my sideways turned head.

That isn't working either.

Having spent some time, most likely, between midnight and four, in a dozing state of wakefulness, the remaining hours of four to seven, seem too early to confront any possibility of standing upright let alone in a warm shower in a cold house.

I love my life. I love my work. I love my responsibilities. I love my dreams. I love my hopes. Never has there been a time of life where I have experienced more joy and harvest of all that I have sown into my life.

But the dark days are coming. They bode well for a contemplative time. Yet the world is at odds with that now. We urbanites, however rural our dwelling, have upended the natural order of things. We recreate and play during the summer and till and plant during the fall and winter.

My friend Gordie, who says he loves bookstores the way some people love bars, gave me a set of stationery one time. I have saved one of them because I love the quote on the front so much. It's from Albert Camus: "I have learned in the midst of winter there is an invincible summer in me."

For a long time I clung to the truth of that statement. Winter...hardship...braced for death and burial...nothing growing...nothing blooming...frozen...or at the very least sloshing around with mud...rutted...grim...artificially lit.

Then I reached that time in my life where one has experienced enough hardships enough to not expect it to be rosy and cheerful. One rests in the resiliency of faith and life and relationships that cheer and guide. Trouble is just that...trouble. Not a call to arms or a panic attack.

Then, one time I was headed down the road to Corbin Beach with a dense light snow falling. Fearing the road impassably dangerous in my beater car, I turned around and drove clear back to Burton to solicit a friend's help to lead me down lest I endure peril alone. As we rounded the curve where I feared the worst and turned back, we found the snow had dissipated.

Now, knowing what I do about imminent harm, I would have stopped the car and waited until I could assess the situation differently. It's a calmer way to live.

Winter is no longer a holding pattern, but the deepest time of contemplative Grace. I live according to the light. I work hard during the day and try to stop at night and listen to the world release the need to plant and weed. I have discovered winter, too, is invincible.

This Fall season, with one week left before we turn our clocks to add an extra hour, I prepare for fallow times knowing that when the soil rests, the nutrients return.


Prepare for a nurturing winter. When the dark comes, stop. Slow down. Change gears. Invincible summer will push us soon enough.

Love  
Deborah

### Voters: You'll Need Extra Postage

King County informs us that voters will need to add an extra 24-cent stamp to the usual 39-cent stamp to mail their ballots. A significant number of ballot measures, charter amendments and initiatives pushed the General Election ballot length to 18 inches. Returned absentee ballots weigh in at over an ounce, requiring an additional \$0.24 stamp, or a total of \$0.63 in postage. Absentee ballots must be postmarked **on or before Election Day, Tuesday, November 7. Voters can also drop-off their absentee ballot at any polling place between 7 a.m. and 8 p.m. on Election Day.** View sample ballots online at <http://www.metrokc.gov/elections/200611/seattle.pdf> and <http://www.metrokc.gov/elections/200611/bellevue.pdf>

# Vote Yes! Vashon PUD



Here are the facts about the Vashon PUD:

- Lower energy costs with voluntary participation, no new taxes needed.
- Energy audits will identify and analyze inefficiencies.
- PUD will create living-wage jobs in conservation and renewable energy.
- PUDs have access to federal (USDA, DOE, Dept. of Treasury, etc.), state and private grants, loans, loan guarantees and other funding sources and technical assistance not available to individuals.
- Our business plan has been reviewed by experienced PUD attorneys, financial professionals and lending institutions.
- Nationally-respected ShoreBank is excited about working with the PUD.
- Washington State law (RCW 54) authorizes PUDs to finance conservation.
- Commissioners are elected and accountable to YOU!
- Vashon PUD is a community-owned local response to a global challenge.

Here are just some of your neighbors who are voting YES!

|                 |                  |                    |                     |                      |
|-----------------|------------------|--------------------|---------------------|----------------------|
| Karen Barringer | James Culbertson | Randi Lightmark    | Deidre Grace        | Marisa Ericson       |
| Christopher Oh  | Anne Van Halbe   | Danna Nimers       | Chair Englander     | Paula Birdman        |
| Terry Sullivan  | Frank Charron    | Gail Brownell      | Kate Langan         | Dasha Elbert         |
| David Goins     | Ginny Nichols    | Mary Beba          | Katy Jo Steward     | Randy York           |
| Julia Luley     | Kathleen Hander  | Gary McKinney      | Susan & Don Roberts | Richard Watt         |
| Jay & Chai Mann | Ben White Holmes | Nanc Seader        | Rick MacCormack     | Roger & Cathy Fulton |
| Steve Tell      | Raymond Martinez | Linda Warr         | Stanley C. Merrill  | Jay Lammone          |
| Bill Baehr      | Joy Goldstein    | Dorothy J. Johnson | Sandra Gullen       | Kim & John Farrell   |
| Carol Eggen     | Kathleen Arnold  | Maureen Brule      | Anna Swan           | Tag Gonnell          |
| John Osborne    | Janis Neubauer   | Eden M. Parrish    | Paul Sorenson       | Mary Beth MacCaskey  |
| Janie Scari     | Shelley Dillon   | Debra Blake        | Wendy Finkelman     | Nidge Graze          |
| Jane Marquez    | Karen Libb       | Scott Shore        | Louise D. Olsen     | Kicki D. Boyd        |
| Bridget Shore   | Nina Mariano     | Steve Graham       | Dan Gilbert         | March Twisdale       |
| Carmie Sorenson | Paul Robb        | Meg Gluckman       | Merrilee Ranjan     | John Dillon          |

Paid for by the Citizens for Vashon Public Utilities [www.VashonPUD.org](http://www.VashonPUD.org)

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### Loop Letters

Editor, *The Loop*:

The word conservation is becoming worn out carrying undisclosed baggage, the tacit assumption that unqualified conservation is a social good to be fostered by government. But a closer look at one of the utilities, electricity, will show that only a portion of its consumption harms social good, and while itself trivial, this observation reveals a flaw in the present structure of the [proposed] PUD.

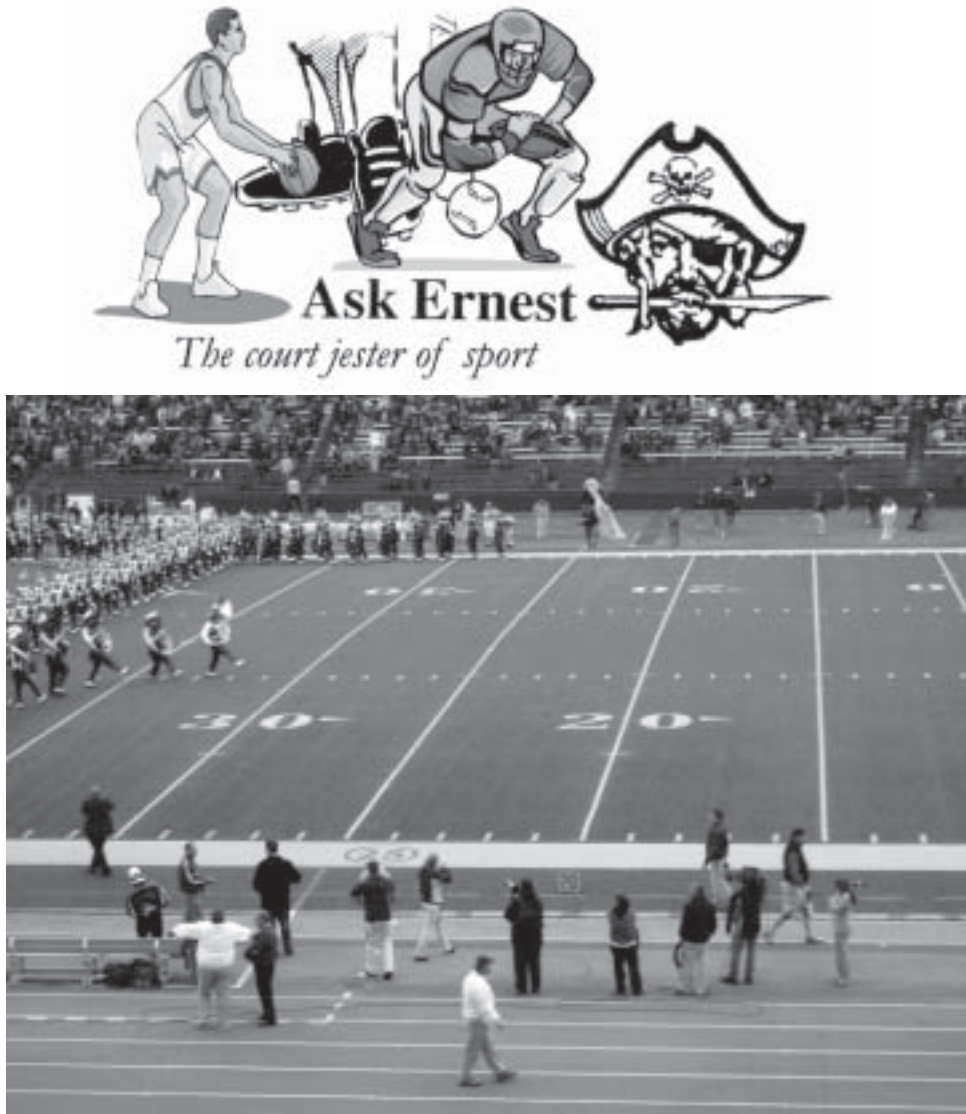
It is merely quibbling to point out that the tiny portion of grid electricity from solar need not be conserved for any social reason. But think what that means. It means

that the rest of it comes from fossil carbon. Now inject that into the current debate over how best to accomplish "conservation" and it suddenly appears that voluntary conservation — the proposal to be voted on in November — should instead be promoted as the Vashon-Maury contribution to combat global warming. It suddenly appears that voluntary participation in the District should be replaced with teeth.

In order to get my vote however the restructured District would have a carbon reduction target and not promise to help the household bottom line.

Tom Herring

What do you call a fish with no eyes? A fsh.



Vashon’s finest, Jason “The Hitman” Chorak is inducted into the University of Washington Football Legends. Chorak (the guy in the middle with a tough looking black jacket) was a 2X All American and was the Pac 10 Defensive Player of the Year in the Mid 90’s. Little Known Fact: Jason was also a Rainier Valley League Wrestling Finalist in 8th grade in McMurray. Jason would also like to thank Tall Tom, Dorsch, and Kalebos for being such great mortgage assistants!



Captain Craven and Coast Guard Mastermind, Mickey Stickgold, study the possible routes of navigation from Quartermaster Harbour to the Ram on the Tacoma Waterfront. “I’d like to thank the Coast Guard for all their generosity and selfless energy in helping us find our way around Quartermaster. They are kind, intelligent, and a VERY hardworking bunch. Making our world a better place,” Captain Craven claims.



Blast from the past, Caleb Smith, poses with Hopes for the future (and family member), Wes Paulson after a Friday Night Light Football game.



What do these five ugly mugs add up to (if anything at all...)? 6 state championships, 14 state placements, 4 All American finishes and 1 national championship. They also consumed 23 booster burgers at the last home football game.

# The Loop Needs You

We are looking for a self-directed, self-motivated person to:

- Design and sell ads
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- Oversee distribution

The right person will have:  
Proficiency with Adobe or other graphics program  
Excellent communication skills  
Ability to work under deadlines  
Solid organizational skills  
Flexibility and creative ideas!  
Experience in Quickbooks is helpful but not necessary.  
We will train.

Compensation is commission based on sales. Your only limit is how much you want to work.  
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| 2X10 | \$2.50 |
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| 6X6  | \$2.00 |

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**We do passport photos**

### Vashon Youth Baseball and Softball Public Meeting

The Vashon Youth Baseball & Softball Board of Directors will be conducting a Public Meeting on **November 6**, 7 to 9 p.m. in the VHS band room. Everyone interested in getting involved or expressing opinions regarding VYBS is welcome. Those interested in volunteering are especially encouraged to attend.

One of the lessons of history is that nothing is often a good thing to do and always a clever thing to say. – Will Durant

### New Knitting Group Forms

A knitting group will be starting at Cafe Luna the first and third Thursdays of the month from 5 to 7 p.m. This will be a time to just gather together and knit. All skill levels are welcome. Beginning instruction will be available. Please bring your own yarn, needles or project you are working on. Our first group will be **Thursday, November 2**. The next meetings will be on November 16; December 7; December 21; January 4; and January 18. For more information, please contact Marcia Esther at (206) 300-2291.

# Loopy Laffs

If the only tool you have is a hammer, every problem begins to look like a nail.

## One Liners

Missing: Presumed married.  
Wrestlers don't like to be put on hold.  
Are you telling the truth if you lie in bed?  
To vacillate or not, that is the question...or is it?  
Budget: An attempt to live below your yearnings.  
I looked up my family tree and two dogs were using it.  
I'm just moving clouds today — tomorrow I'll try mountains.  
Surely I deserve some kind of recognition for all the bad things I haven't done.  
Love might make the world go 'round but booze makes it go 'round twice as fast.



Everyone is a captain in a calm sea, strength is proven in adversity.

Should I abide by the rules until they change or help speed up the change by breaking them now?

### Halloween Groaner for you

A man was walking home alone late one foggy night, when behind him he hears:  
BUMP...  
BUMP...  
BUMP...  
Walking faster, he looks back and through the fog he makes out the image of an upright casket banging its way down the middle of the street toward him.  
BUMP...  
BUMP...  
BUMP...  
Terrified, the man begins to run toward his home, the casket bouncing quickly behind him  
FASTER...  
FASTER...  
BUMP...  
BUMP...  
BUMP...  
He runs up to his door, fumbles with his keys, opens the door, rushes in, slams and locks the door behind him.  
However, the casket crashes through his door, with the lid of the casket clapping  
clappity-BUMP...  
clappity-BUMP...  
clappity-BUMP...  
right on his heels, the terrified man runs.  
Rushing upstairs to the bathroom, the man locks himself in. His heart is pounding; his head is reeling; his breath is coming in sobbing gasps.  
With a loud CRASH the casket breaks down the door.  
Bumping and clapping toward him.  
The man screams and reaches for something, anything, but all he can find is a bottle of cough syrup!  
Desperate, he throws the cough syrup at the casket...  
and  
The coffin stops.



How many mystery writers does it take to screw in a light bulb?  
Two: one to screw it almost all the way in and one to give it a surprising twist at the end.



As the elections approach, remember that the lesser of two evils is still evil.



You can fool all of the people some of the time, and some of the people all of the time, but you can't fool Mom.

### Why Dogs Should Replace Politicians

They work well together.  
They work for the good of the pack.  
They protect their young and their elders.  
They do not lie, cheat or steal.  
They do not read Newspapers, watch TV or give interviews.  
Their clothes don't have zippers or pockets.  
They don't indulge in fantasies.  
They can be neutered.



Yuma, Arizona has the most sun of any locale in the U.S. — it averages sunny skies 332 days a year.



Happiness is too easy to lose — next time I find some, I'm going to hide it.



The temple of Ningpo, China, was created exclusively as a place of prayer for women who hope in reincarnation to be reborn as men.



I went to a seafood disco last week...and pulled a mussel.

Children's Logic: "Give me a sentence about a public servant," said a teacher. The small boy wrote: "The fireman came down the ladder pregnant." The teacher took the lad aside to correct him. "Don't you know what pregnant means?" she asked. Sure," said the young boy confidently. "It means carrying a child."



A man walks into a bar with a slab of asphalt under his arm, and says: "A beer please, and one for the road."



## WILD WORLD / Ed Frohning



Help wanted ad in the Orlando, Fla., SENTINEL: Shed delivery person — must be smarter than a large box.

I was married by a judge. I should have asked for a jury. —George Burns



When my grandson asked me how old I was, I teasingly replied, "I'm not sure." "Look in your underwear, Grandma," he advised. "Mine says I'm four to six."

My parents brought me up with the three magic words: total sensory deprivation. — Emo Phillips

## OFF SHORE



## LOGJAM



# Loop Arts



Nathan Wade Photo courtesy www.nathanwade.com

## Creeping Time and Nathan Wade Folk-Rock Bishop's

Seattle bands Creeping Time and Nathan Wade will be performing a free show at Bishop's Bar & Grill on Vashon Island on this **Friday, October 27** starting at 9 p.m. There's no cover charge, so be sure to come have a drink and catch these artists on the rise. It's a 21+ show, so have your IDs ready. It is sure to be a memorable night of all "plugged in" acoustic instrumentation – with the exception of guest electric guitarist Lincoln Barr (of Red Jacket Mine). The night will start off with a solo/duo set from Lincoln and Nathan Wade, followed by a full set of Creeping Time goodness. Finally,



Creeping Time Photo courtesy www.creepingtime.com

all musicians will take the stage to perform a set of Nathan Wade's original tunes and kick out the jams, Americana style. Nathan Wade, recently seen at this year's Island Earthfair, brings his distinct musical brand of Post-Apocalypse Americana back to Vashon for a one night event. While thoroughly modern in flavor, Nathan's music is inspired by a love of old fiery gospel and blues numbers, the grim imagery of traditional murder ballads, and the high-plaintains lonesome of early country music.

Creeping Time is an "Acoustic Grassrock" band featuring upright bass, fiddle, guitar/mandolin, and drums. The poetry of the lyrics is matched only by the passion and fire with which they play. It's a rare occasion to get all six of these musical minds onstage at once—in fact, it's only happened once before—so join them for a special evening at Bishop's Pub and Grill on **Friday, October 27** at 9:00 p.m.

[www.vashonloop.com](http://www.vashonloop.com)



Alison Wells (L), cello teacher at the Peabody Institute, and Kyla Hills (R) Location: Cleveland, OH Courtesy photo

## Vashon Teen Earns Top Honor in Youth Symphony

By Micki Hills  
Kyla Hills, 17, of Vashon Island has been named Principal 'Cellist of the Seattle Youth Symphony. The prestigious position was awarded to Hills based on auditions held in September. She will perform with the Youth Symphony on **Sunday, October 29**, in Benaroya Hall. Hills attends Seattle Central Community College as a Running Start student. She began 'cello lessons at age 9 with Gaye Detzer of Vashon. She is currently taught by Page Smith of Seattle. She has been a member of the Seattle Youth Symphony for seven years. On Island she has performed as 'cello accompaniment for the Blue Heron's production of *Emily, Emily* and with the Vashon Chamber Orchestra and Chorale's production of Mozart's *Requiem*. She is currently preparing to audition for the New York String Orchestra Seminar and will audition at several Music Schools this winter. Kyla is the younger sister of Lindsay Hills, who attends The Eastman School of Music as a Violin Performance Major.

## Halloween Ceili at the Grange Hall

On **Saturday, October 28** the Vashon Celtic Dance Society will celebrate Halloween with a community Irish Ceili dance at the Grange Hall. Dress as your favorite Irish tune! The dance will be held from 7 p.m. to 10 p.m. and will feature live, traditional Irish music. The suggested donation is \$8 general, \$6 for students and seniors. The Grange Hall is located in the ferry dock parking lot at the north end. Ceili dancing is a "barn dance" style accessible to nearly everyone. No partner or experience is required. Kathleen O'Grady-Graham will teach and call the dances and music will be provided by The Gold Ring. The Vashon Celtic Dance Society hosts the only regularly scheduled Irish Ceili dances in the Puget Sound area, and folks come from as far as Portland to dance. Photos of past dances can be found at [www.hoilands.com](http://www.hoilands.com). For more information about the Vashon Celtic Dance Society, or to volunteer, call S h a n n o n Seath Meyer at (206) 774-4047.



The Gold Ring

### Drama Dock Auditions for *The Odd Couple*

Drama Dock is pleased to announce auditions for a female version of Neil Simon's play *The Odd Couple*. Auditions will be held on **Sunday, November 5**, at 1 p.m., and **Monday, November 6**, at 7 p.m., at the Blue Heron Theatre. The show requires six women and two men actors, aged 20 to 50, and will be staged in January.



Photo by Rebecca Douglas  
**Get Your Halloween Portrait Taken for Free!**

Professional photographer Rebecca Douglas, in partnership with Café Luna, will be taking portraits on **Tuesday, October 31**, Halloween, at Café Luna, starting at 4 p.m. and going until 7 p.m. There is no charge for having a photo taken. Portraits will be taken on a first come, first served basis. All children and families are welcome, and all subjects must be in Halloween costume. The images will be uploaded to Rebecca Douglas' website, [www.rebeccadouglas.com](http://www.rebeccadouglas.com), for viewing and ordering.

## The Fresh Heartbreak: Live on Vashon

Seattle based acoustic trio The Fresh Heartbreak will be presenting their uniquely soulful music at Cafe Luna on **Saturday, October 28**, 7:30 p.m. This will be the first time the up-and-coming band of siblings have appeared on the Island. Born in the deep south and raised in the far north, The Fresh Heartbreak draws on varied musical influences to construct their compact acoustic performances. Brothers Wayne (vocals, guitar), Carl (vocals, guitar), and little sister Melissa Myrle (vocals, piano) sew elements of folk, country, and blues into a patchwork quilt of small, intimate songs. For more information about the band, or to listen to their music, please visit the official home of The Fresh Heartbreak on the web: [www.thefreshheartbreak.com](http://www.thefreshheartbreak.com). For information about the performance please visit [www.cafelunavashon.com](http://www.cafelunavashon.com) or call (206) 463-0777.

### Dinner and a Movie

\$25 every Wednesday night!  
Dinner at Sound Food  
5 - 6 p.m.  
Movie at the Theater 7:30 p.m.

### Flicka

Oct. 25 – Nov. 2  
**All the King's Men**  
Oct. 27- 30

### Halloween October 31

Trick or Treat Photo Event!

### The Grudge 2

Oct. 31 – Nov. 2

### Flushed Away

Nov. 3 - 16

**Vashon Theatre**  
463-3232 for more

For show times, check [www.vashontheater.com](http://www.vashontheater.com) or call (206) 463-3232

# ART lessons

I am an artist new to the island with a background in illustration and fine art, if you would like to explore your creative side in drawing, painting, color, and design, please call Tim Huhn 567-5618 from beginner to advanced

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Loopy sez: Deadline for the next edition of *The Loop* is **Friday, November 3**



Matt Briggs Courtesy Photo

Matt Briggs, Author of Shoot the Buffalo, Comes to Vashon

Author Matt Briggs, recent winner of the American Book Award for his novel *Shoot the Buffalo*, will be appearing at the Vashon Library on **Sunday, November 12** at 2 p.m.

Briggs' book, *Shoot the Buffalo*, chronicles the story of a boy growing up in the Snoqualmie Valley during the post-Vietnam era. With haunting prose, he tells the tale of a tragic dysfunctional family set against a background many people will recognize.

"*Shoot the Buffalo* has a luminous quality. It is Salinger, set west of the Cascades. It is Ray Carver with longer sentences. Not since the emergence of Sherman Alexie has the Northwest produced such a unique narrative voice." – *The Oregonian*

Briggs is also the author of three short story collections, *The Remains of River Names*; *Misplaced Alice*; and *The Moss Gatherers*. He lives in Des Moines, Washington.



VoV TV: Halloween Kitschy Horror Scary Movie Marathon

By Shelley Dillon, Voice of Vashon

What are you doing for Halloween? Costume party? Carving a Pumpkin? Trick or treating with the kids? Or, maybe just hanging around?

Well, whatever you are doing, be sure and check out VoV TV/ Comcast channel 21! VoV TV is proud to present the 1st Annual Scary Movie Marathon the weekend before and Halloween night, **October 28, 29, and 31.**

Introduced by a very special guest, the VoV TV Scary Movie Marathon is a must for a spook-erific Halloween! It will be three deliciously scary movies running back to back. That's a lot of classic kitschy horror so that everybody can get into the spooky Halloween spirit.

Friday and Saturday, October 28 and 29, the show starts at 7 p.m.

Tuesday, October 31, the movies run from 3 p.m to Midnight

Each movie has been painstakingly selected by the Voice of Vashon Movie Gurus who have chosen each movie for its watchability, spookiness and just plain old kitschy wackiness. The movies are:

*Wasp Woman* (1960) - A cosmetics queen develops a youth formula from jelly taken from queen wasps. She fails to anticipate the side-effects.

*The Brain That Wouldn't Die* (1962) - After a car crash, a man keeps his wife's head alive in his laboratory. As if this weren't enough, an evil beast pounds and screams from a locked room adjacent to the lab.

*Night of the Living Dead* (1968) – This horror classic is about a group of people who hide from bloodthirsty zombies in a farmhouse.

So, grab some popcorn or maybe a little Halloween candy and prepare to be scared but definitely entertained! Join us, if you dare! And, be sure to tell us what you want to see on VoV TV at [www.voiceofvashon.org](http://www.voiceofvashon.org). Your community station!



One way to stop a runaway horse is to bet on him. — Jeffrey Bernard

# Vashon Bookshop

## Local Girl Makes Good!

### Don't Miss Kathy Abascal!

Author of *Herbs and Influenza: How herbs used in the 1918 Flu Pandemic can be effective today.*

#### Friday, November 10th

Open Monday through Saturday, 9 a.m. to 7 p.m.  
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What's Happening at Vashon Bookshop

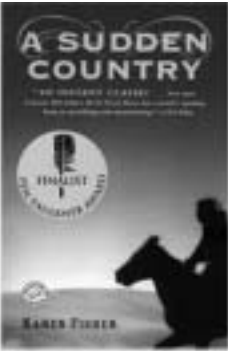
By Devon Atkins

A lot. And, it's all about a line-up of impressive women, local and otherwise; women who are making a difference in the world and right here in our community.

Let's start with author Karen Fisher who will share her thoughts and her best-seller, *A Sudden Country*, **Thursday evening, November 2**, at 7 o'clock. Her novel began with a journal kept by her ancestor, Emma Ruth Ross Slavin, who wrote, at age 11, about her family's migration in 1847 Oregon. And, that's only the beginning. The novel, based on actual events, actually follows two characters, their stories, and those of nineteenth century traders, explorers, Native Americans, and immigrants.

Then, it's the men and women of The Poetry Salon. **Thursday, November 9**, at 7 p.m. will find them at the Bookshop, discussing poets and poetry that takes a stand. In tribute to this season of political awareness, the evening will focus on poets, throughout history, who have used their poetry to speak out about what was most political, current, and controversial. Bring their poetry and yours.

Then, it's our own Kathy Abascal, **Friday, November 10**, at 7 o'clock, whose formidable background has taken her from UC Berkeley and clinical research; to law school and her push for lawyers to use recycled paper for their endless



file pleadings; to her studies with Michael Moore, who has been called the godfather of American Herbalism. Her many years of study, research, teaching, and writing has most recently resulted in her new book, *Herbs and Influenza: How herbs used in the 1918 flu pandemic can be effective today*, a book



Kathy Abascal

that was written for "the average person who wants to learn about herbal treatments for seasonal and pandemic influenza as well as learn a bit more about influenza, modern treatments, and the politics of medicine." Kathy will answer questions about pandemic flu, avian flu, and how herbs are used today. *Herbs and Influenza* was published right here on Vashon by Tigana Press.

Finally, it's Jeanne Robinson, a woman of many talents, who most of us know for her teaching of Reiki. During the months of November and December, the Bookshop's walls will feature Jeanne's photography, beginning on **First Friday, November 3**. The name of her show is *An Appreciation of Things Up-Close and Distant*, a collection of photographs taken earlier this year, as she was exploring India, and, some shots that are much more local, but often just as exotic.

Which only goes to prove once again, that there's more to the Bookshop than just books. Much more!

Former Israeli Soldiers Speak at Havurah

On Monday, November 6, a special program, "Breaking the Silence," will be presented at the Vashon Havurah. There will be a potluck/social hour from 6:00 – 7:00 p.m., with the program beginning at 7:00 p.m. Guest speakers, Dotan Greenvald and Yehuda Shaul, two former

Israeli soldiers, will share their experiences of serving in the West Bank and Hebron.

The discussion following will be facilitated by Daniel Asher. Please contact Daniel Asher, 567-0593, for further information.

# JANNETTY FAMILY BENEFIT ~ A Community fundraiser to help defray Veronica's medical expenses

**Saturday, October 28, 7:30 pm to 10 pm - Blue Heron Art Center**

## FOOD - LIBATIONS - LIVE MUSIC - DANCING

Please bring appetizers, desserts or beverages to share

**7:30 to 8 - Live Jazz with Richard Person-trumpet, Jim Hobson-piano, Marita Erickson-vocals**

**8 pm - Dance to LOOSE CHANGE!**

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