

In This Issue: Civil vs. uncivil disobedience; Jesus loves me, this I know; witches & umbrellas; refugees; Squeegees; Farmer's Market; pumpkin pie contest; knitting; one sacred cow; and more!



Not exactly what I was expecting, but the movie was good
Page 6



Swan on swans
Page 7



Orcas, pinnipeds, eau de seal
Page 10



THE VASHON LOOP

Vol. 3, # 23

TO INFORM AND AMUSE ~ TO PROVOKE THINKING AND ACTIVISM

November 8, 2006



Soloists (left to right) Gaye Detzer, Janeen Bramwell, and Nancy Morgan. Photo courtesy of Vashon-Maury Chamber Orchestra.

Fall 2006 Concert for the Vashon-Maury Chamber Orchestra Sibbers, Detzer, Morgan, and Bramwell Will Solo

The Fall 2006 Concert for the Vashon-Maury Chamber Orchestra will be **Saturday, November 11**, at 7 p.m. at the Vashon Methodist Church. The program will feature four talented soloists, all Vashon residents.

Christopher Sibbers, French Horn, will be performing Mozart's *Concerto No. 3 for Horn and Orchestra, K.V. 447*. Sibbers is a senior at Vashon High School, where he plays in the Vashon High School Band. He also serves as Co-Principal Horn with the Tacoma Youth Symphony. He has studied for several years with Dr. David Kappy of the UW.

Continued on page 18

A Master Plan by Any Other Name: Public Invited to School Facility Planning Meetings

By Mary Kay Rauma

The Vashon School Board is inviting the public to attend its upcoming retreat focusing on the school district's building and other facility needs for the next 20 years. The meetings, which are a continuation of a planning process initiated two years ago, will be at the Sheffield Business Park on Monday, **November 13** and Tuesday, **November 14**, from 6:30 to 8:30 p.m.

"Our goal at the end of this process is to identify the things we need to be doing to protect the investments the community has made in our schools and to find out where we need to update facilities to assist teaching and improve student learning," explains Board

Continued on page 6

'Tis (Almost) the Season



Rotary workparty of October 8. Pictured are Rex Stratton, Neil Jungemann, Gary Sipple, Sue Harrington, Ted Clabaugh, and Ka Luomala. Not pictured: Lee Ockinga and Pascal Py.

Rotary Spruces up Santa's Cottage for the Holidays

Santa and Mrs. Claus, aka George Eustice and Joyce Olson, want to thank the Vashon Rotary Club elves for sprucing up their Vashon cottage. The elves power washed the building and applied a new coat of paint. Thanks also to LS Cedar for replacement materials, and Island Lumber for the paint and supplies; to Donner's Tree Service and Ed Palmer for trimming up the tree, and also to US Bank for continuing to allow us uptown space for the cottage.



Photo by Lauri Hennessee

Campfire Visits VCCC

Members of the Vashon Camp Fire groups, representing 1st grade and 3rd/4th grade, visited the Vashon Community Care Center right before Halloween hit the Island. The kids visited the residents, sang spooky songs, and gave out some homemade crafts.

Greenprint Resource Map Up for Final Review

...and why you should care

What parts of Vashon do you want preserved? What forest? What shoreline? What wildlife corridors? What species? What habitats?

Come to a workshop prepared to see that your special focus of conservation is given proper attention on **Wednesday, November 15**, 7 to 9 p.m. at the Land Trust Building. There will be an open house at 6:30 p.m., followed by the workshop.

King County staffers will present the latest version of the Greenprint Resource Map with resource delineation. Clint Loper, of King County, says that the hope for this workshop is to get more people interested in the project; to learn of any areas that may have been missed; and to find out which area

Continued on page 10

Zen Teacher to Speak on Beloved Poet Ryokan

Eido Frances Carney Roshi, Abbott of the Olympia Zen Center, will present her talk *The Moon and the Earth are One* on the evening of Saturday, November 18, at Havurat Ee Shalom at 7:00 p.m. Her subject, the Japanese Zen monk and poet Ryokan, lived from 1758 to 1831, and remains a much-loved figure in Japan and in the ever-expanding Buddhist world community.



Eidosan

After his formal training in zen, he embarked on a long pilgrimage, eventually drifting back to his native place. He supported himself by begging, sharing his food with birds and beasts, and spent his time doing Zen meditation, gazing at the moon, playing games with the local children and geisha, visiting friends, drinking rice wine with farmers, dancing at festivals, and composing poems brushed in exquisite calligraphy.

Continued on page 2

Get in The Loop

VashonBePrepared.ORG

"Using the "Island Channel" is a way for islanders to communicate with each other in an emergency. Cut out this card for your bulletin board, refrigerator, or wallet and make copies for friends and family."

And put the VashonBePrepared site URL on there somewhere, too. That is:
www.VashonBePrepared.org

ISLAND CHANNEL
Citizen's Band - Channel 2
Marine VHF - Channel 71
FRS/GMRS - Channel 2
(462.5875 MHz - turn Privacy Codes OFF)
Are your batteries fully charged?


The "Island Channel" is a common channel number on CB, Marine, and "walkabout" Family Radio Service (FRS) and General Mobile Radio Service (GMRS) radios. Use the Island Channel year-round. When emergencies occur you'll know where to listen and how to use your radio.

Note 1 - Using an FRS/GMRS radio on the GMRS channels requires an FCC license.

Note 2 - Use marine channel 71 only as a "go to" channel. Monitor channel 16 at all other times. Use Marine VHF only for ship-to-ship and ship-to-shore communications.

Note 3 - Not all FRS/GMRS radios assign Channel 2 to the same frequency. Check your radio's manual for the frequencies assigned to each channel.

Mark your calendar for:
New Years Eve
December 31st
9:00 pm
Vashon Sportsmen's Club



Email: loose-change@comcast.net

Now Forming: The Vashon Island Fruit Preservation Club!

Mission Statement: To connect interested Islanders in order to facilitate an increased consumption/sharing of Island Grown Fruit!

Islanders are becoming more aware of the abundant resources our Island already offers us. Still, much of our fresh fruit goes to waste. There is a lack of communication between those who have more than they can use and those who are willing and able to put that good fruit to use! We hope to change this situation! If you are interested in learning how to preserve fruit (canning, fruit leather, dried fruit, hard cider, fruit juice vinegar, freezing, etc.), if you have more preserved fruit than you can use, if you have more raw fruit than you can use, OR if you wish it were easier to buy locally grown fruit products...this club is for you!

The club's first meeting will be in early December. The "start" goal for this club is June of 2007! We're hoping for a core group of eight interested individuals to help "hold" this project and bring it to fruition (pun definitely intended)!

Contact March Twisdale at (206) 463-0870 or email: Marchpower@yahoo.com.

Zen Teacher Speaks

Continued from page 1

Eidosan, as she is known to her students, has long been inspired by Ryokan's life and work, and is a noted authority on him. This summer, she led a pilgrimage to sites in Japan associated with him, and will augment her talk with images from that trip.

This event is sponsored by the Puget Sound Zen Center of Vashon Island. A donation of \$10 is suggested. To insure a seat, and for any other information, call (206) 276-0842.

'Politics' Benefits Food Bank



Yvonne Pitroff, executive director of the Vashon Maury Island Community Food Bank, accepts from Joyce Olson, Chamber of Commerce treasurer, a check from the Unofficial Mayor campaign. The check for \$495.35 is the net raised last summer at the time of Festival.

Mason Bee Workshop

Saturday, November 11, Vashon Island Fruit Club is holding a workshop on mason bees from 1 to 3 p.m. at the Windermere Realty Conference Room (17233 Vashon Hwy SW). Mason bees, hard-working pollinators, can aid your fruit production, even during rainy weather when other bees lay low. The workshop will be chaired by Dr. Elizabeth Vogt. Dr. Margriet Dogterom, an authority on mason bees from Beediverse Products in Canada, will discuss ways to increase mason bee population. Harry Krischner, another member, will share his layman's experience housing and nurturing local mason bees. The workshop is open to members of the Vashon Island Fruit Club or nonmembers who would like to join at the workshop. For further information, please contact Maryrose Asher at 567-0593.



2007 VIPP Calendar Now Available!


The Vashon Island Pet Protectors 2007 Pet Calendar is now available for \$15 at the following locations: The Vashon Bookshop, Fair Isle Animal Clinic, Pandora's Box, The Burton Store & Books by the Way. The Vipp 2007 Calendar is sponsored by: Susan Carrette-Windermere Realtor, Dee Weedon, Reliable Wines, The Old Fuller Store (Macrina Bakery & Francisco's Barbershop), Pandora's Box & Amiad & Associates Real Estate.

Adopt-A-Cat Days

Vashon Island Pet Protectors will host an Adopt-A-Cat Day **Saturday, November 11**, from 11 to 2 p.m. and **Sunday, November 12**, from 12:30 to 3 p.m. at Pandora's Box. Please stop by or call VIPP 206-389-1085.

Featured Adoptable Cat

Jasper is a 14-year-old spayed Himalayan mix female. She is a sweet older girl who needs a warm loving home. VIPP# 1121 FIAC# 2892. For more information on this or any of our other cats (or if you have a lost or found animal), please e-mail us at cats@vipp.org or call (206) 389-1085.



Jasper

Toy Drive Gears Up To Help Those in Need

Islanders who could use a little help with presents for children and teens this holiday season are asked to submit request forms to the Island Holiday Toy Drive by **Monday, November 13**.

The Vashon Kiwanis Club coordinates the Toy Drive with the assistance of Vashon Youth & Family Services.


The request forms help volunteers find just the right toys, clothes, and treats suitable to each child based on age, interests and preferences.

Forms requesting toys are available at Vashon Youth and Family Services as well as at the offices of Chautauqua Elementary School, McMurray Middle School and Vashon High School. Forms also are available at the Vashon Island School District administration office, which is in the Sheffield Building.

Once the requests are submitted to the Kiwanis Club, donation boxes for unwrapped presents will be put out at Vashon Thriftway, Vashon Pharmacy, True Value, Island Lumber, Island Variety, Vashon Market and the Vashon Island Fire & Rescue's Main Fire Station.

Cash contributions, which are tax-deductible, also are greatly appreciated. Contributions can be made to Toy Drive/VYFS, P.O. Box 237, Vashon, WA, 98070. For more information or to help, call Toy Drive Chair Susan Purdom at (206) 550-5578.

Our children await Christmas presents like politicians getting election returns; there's the Uncle Fred precinct and the Aunt Ruth district still to come in. – Marcelene Cox



Loopy sez: Deadline for the next edition of *The Loop* is **Friday, November 17**

Wet Whiskers Grooming Sal on Professional International Trained Groomer Certified

We Offer:
Wash and Go
Bath and Brushout
Thin and Trim *and* Full Grooming
Call today for an Appointment!
(206) 463-2200
17321 Vashon Highway SW
Conveniently located inside Pandora's Box

Soroptimist International of Vashon Maury 17th Annual

Holly Daze Bazaar Saturday November 18th

10 a.m. to 4 p.m.
Vashon High School Commons
Baked Goods, Soup, Chili, Hot Dogs, and Baked Potatoes All Day

Holly Daze Bazaar Has Room for Vendors

Tables are still available for vendors and craftspeople at the annual Soroptimist Holly Daze Bazaar, which will be held from 10 a.m. to 4 p.m. on **Saturday, November 18**. Please contact registrar Stephanie Redfield at 463-3946 to reserve your space. For the second year in a row the event will be held at the high school, which has plenty of space and plenty of parking. Food, including lunch, will be available.

The Vashon Loop

Writers: Kathy Abascal, Deborah Anderson, Rachel Bard, Marie Browne, Eric Francis, Fran Gordon, Troy Kindred, Melissa McCann, Orca Annie, Kevin Pottinger, Rex Morris, Weslie Rodgers, Jonathan Shipley, Ed Swan, Mary L. Tuel, Marj Watkins

Interns: Morgan Wegner, Rozie Royal

Photographers: T Kindred, Susan Sheffield

Original art, comics, cartoons: Ed Frohning, Rick Tuel, Jeff Hawley

Ad sales and design: Troy Kindred and Marie Browne; Email: ads@vashonloop.com

(206) 463-9207

Editor: Mary Litchfield Tuel

Email: editor@vashonloop.com; (206) 463-3327

Publishers: Marie Browne and Troy Kindred

PO Box 253, Vashon, WA 98070

Paid advertisements in *The Vashon Loop* in no way express the opinions of the publisher, editor, or staff.

We reserve the right to edit or not even print stuff. Deal with it.

Published every two weeks by Paradise Valley Press

© November 8, 2006 - Volume III, Issue 23

Don't miss an issue! Subscribe to The Loop!

\$50 a year gets The Loop delivered to your mailbox every two weeks. Call (463-3327) or write (PO Box 253, Vashon) or email editor@vashonloop.com!



Troy and Marie Banish Mold - Bwa ha ha ha!

All this rain is for the birds—and the mold. Here in the Great Pacific Northwest, we are quite familiar with “the fungus among us,” as Alan Olson from Nowicki Environmental calls it. Nowicki Environmental is an engineering firm that deals with all kinds of environmental issues, including mold remediation. We recently talked to Alan about mold. What the heck IS it, how do you get rid of it, and is when is it dangerous to your health.



Marie: Alan, thanks for coming out on this rainy day to talk about fuzzy, slimy, icky stuff that grows in dark, moist places. What exactly IS this thing we call mold? It's definitely unattractive, but is it dangerous, and how do we get rid of it?

Alan: Let's take those one at a time. Molds are part of the fungi kingdom, which also includes mushrooms, yeast, and mildews. Mold can be a good thing. In nature, mold plays a key role in the decomposition of plant debris. And without mold we wouldn't have cheese and penicillin. But problems arise when mold starts digesting organic materials in our homes.

Troy: You mean like plywood?

Alan: Yes, and other materials. Molds can grow any place where there is organic material (like cellulose) and moisture. There are molds that grow on ceiling tiles, wallpaper, paints, carpet, sheet rock, and insulation.

Marie: Yuk. I know molds spread when they are disturbed and their spores float through the air. It seems like it would be as difficult to control mold spores as it is to control pollen. It's just out there, isn't it?

Alan: Exactly. You can control the indoor environment somewhat with regular vacuuming and air filtration with a HEPA filter, but your best line of defense is to control the moisture in your home. Without moisture, mold simply can't grow.

Troy: How do we do that?

Alan: Keep the humidity in your home between 40% and 60%. Use a dehumidifier, use your exhaust vents and fans in the kitchen and bathroom for at least 20 minutes after running a bath or boiling a pot of water for spaghetti. Move large pieces of furniture away from exterior walls a few inches so that air can circulate. Fix your plumbing leaks! Basically, control the moisture inside your house.

Marie: If you do have mold, how can you safely get rid of it? I've always used chlorine bleach.

Alan: Bleach is actually not the best product for remediation. The very best way to be sure the mold is cleaned up completely and safely is to have the job done by a professional. But if it's a relatively small area (under 10 square feet), and if you do not have health problems or allergies, you can probably clean it yourself. We recommend borax rather than bleach. It's safer, and a more effective biocide. And be sure to wear protective goggles, gloves, and a mask.

Troy: But what if you are dealing with the dreaded toxic black mold? Then it would not be safe to clean even a small area yourself, would it?

Alan: "Toxic black mold" refers to *Stachybotrys chartarum*. It is just one of several molds commonly found indoors. Others include *Cladosporium*, *Penicillium*, *Aspergillus*, and *Alternaria*. The mold itself is not toxic, but its spores can cause health problems for people with respiratory problems or compromised immune systems. However, there has been a lot of hysteria in the media about this mold, and some high-profile lawsuits. There are very few reports that toxigenic molds found inside homes can cause unique or rare health conditions such as pulmonary hemorrhage or memory loss. We recommend that people take a common-sense approach to dealing with mold, but we do not believe that one needs to take any different precautions with *Stachybotrys chartarum* than with other molds.

Marie: Thank you, Alan. Before I forget, let me tell people that we have some free mold testing kits available, compliments of Nowicki Environmental, that people can have if they are curious about what type of mold they are raising under the sink. It's just like a CSI/ crime lab kit, complete with "bio-tape" and a chain of custody record. To get one, call us at (206) 463-LIST (5478) or email marie@kwvashon.com. For links to Nowicki's website and other reliable sources of information on mold, visit www.kwvashon.com and click on "Interesting stuff." To reach Nowicki Environmental directly, call 253.927.5233.

If you need real estate services, please give us a call at (206) 463-LIST. We would love to work for you!

On Island Properties

Westside Acreage!

17921 Westside Hwy SW

Loads of charm in this Tudor-style home on a shy three acres of Vashon's highly desirable sunny Westside with a view of Colvos Passage. Inside, the well-thought out floor plan allows for plenty of private and communal space in beamed high ceiling rooms that blend outdoor and indoor spaces with French doors and balconies. The grounds include a willow-surrounded pond, cottage garden flower beds, a fenced vegetable garden, paddocks, and a separate garage and workshop with guest quarters. **\$649,000**



- ☞ 4 bedrooms
- ☞ 1.5 bath
- ☞ 2.94 Acres

MLS 26047640

We are passionate about what we do.
If you need real estate services,
please give us a call at (206) 463-LIST.
We would love to work for you!



Off Island Properties

New Construction

New homes from Starbow Builders will be ready for occupancy winter 2006. Live in charming downtown Issaquah within walking distance of shops, restaurants, galleries – and yet be just minutes from I90. Great 2338 square foot floorplan includes four bedrooms, 2 1/2 baths. Master suite includes dual sinks and corner soaking tub. Granite countertops in kitchen, hardwood floors downstairs, carpeting upstairs. Gas fireplace, high tech wiring throughout, lots of beautiful quality details. Landscaped generously sized front and back yards complete the picture of these quality built Eastside homes. **\$649,000.**



459 1st Ave NW,
Issaquah, WA 98027

Sarah can be reached direct
at (206) 550-8975 or call any team
member at (206) 463-LIST (5478)

MLS# 26070946

- ☞ 2338 Sq Ft
- ☞ 4 bedrooms
- ☞ 2.5 bath
- ☞ Garage

Sarah Browne



Listing Agent

Now Open Every Day Noon- 8pm Fri-Sat till 9pm

Come in and see us

We've Moved

Now Located Next to Vashon Market

Call 56-PIZZA

Now Open Every Day Noon- 8pm Fri-Sat till 9pm

LoOp-Ed

That’s What Civil Disobedience Is All About, Charlie Brown

By Steve Amos

I subscribe to a personal life philosophy which I have dubbed The Four Pillars of Political Participation. In order from least to most important, they are:

1. Talk the talk. When a political subject comes up upon which you have an opinion, participate in the discussion.
2. Vote the vote. When election time comes around, make sure you actually go to the effort of casting your vote for the things you believe in.
3. Donate. Give what money you can to the candidates and causes in which you believe.
4. Walk the walk. In your daily, every day life, make sure you behave in a way which is consistent with what you say you believe in.

Notice that I said “The Four Pillars of Political Participation” and not “The Four Pillars of Political Activism.” This is for two reasons.

Firstly, The Four Pillars are not really intended for people who would typically think of themselves as activists. They’re sort of like, oh, brushing your teeth. Just something you should probably do as an average, plain old American going through the course of your daily life. They’re not mandatory, of course. It’s a free country, and you aren’t legally required to brush your political teeth. But you should be aware that if you neglect to do it for any length of time, they’re going to fall out of your head and they won’t be there when you want them.

Or when you have to bite somebody. If you get my drift.

Secondly, and this is strictly a personal thing, the word “activism” has become imbued, in my mind, with a negative connotation. Now, if you happen to be one of those people who think of yourself as an activist, don’t go and get your

panties all in a bunch. I’m not criticizing you. Probably.

I am definitely for free speech. If I could find a way to make little fireworks come shooting out of the words “for free speech” as they lie there on the newspaper page, I would do it, I am so for free speech.

But nowadays when I see a news item regarding “activists” exercising their free speech privileges, they’re usually walking en masse down Interstate 5 or blocking all the traffic in downtown Seattle with their bicycles or, as at WTO conventions, heaving bricks through other people’s windows.

Many “activists” make me so angry with their callous and thoughtless behavior that my anger towards them overflows into anger against their cause. They behave like such jerks that even if the cause they are marching for is entitled “Crusade to Halt the Machine Gunning of Puppies”, I would probably vote against it if given the opportunity.

I have personally come to believe that the majority of “activists” are really nothing more than juvenile delinquents engaging in destructive and antisocial behavior for the ignorant self-gratification of it and are hiding behind First Amendment privilege simply to avoid prosecution.

For those of you that have a real itch to be civilly disobedient about something, here are some simple pointers:

1. Your act of civil disobedience should be related in some meaningful way to the thing you are protesting. If you want to say something about freeing Tibet, don’t throw a brick through somebody’s window. The rest of us just won’t be able to make the connection. If you can’t make a good solid connection between your act and your objection, please limit yourself to carrying signs and candlelight vigils. And not in traffic, please. If you are standing by the side of the road holding a sign, I can pretty much guarantee that I will read it. I’ll probably be so curious I’ll have

HOMEGROWN

GUARANTEED

Quality

C A F E

Open Everyday

M-F Breakfast 7:00am - 11:00am

Lunch 11:00am -3:00pm

Weekend Breakfast 7:00am-Noon

Brunch Noon- 3:00pm

Call for food to go!

463-6302

an accident trying to read it. But if you block traffic with it, I’ll probably be concentrating so hard on resisting the urge to run over you there’s a very good chance I’ll miss the point you’re trying to make. Good role models would be Rosa Parks and the Montgomery Bus Boycott of 1955-1956, or the Greensboro four. Now that’s good civil disobedience. With style.

2. It’s considered traditional that the only people who get lumped up, inconvenienced, suffer property damage or incur monetary costs during the course of any act of civil disobedience should be those actually participating in the civil disobedience. Inflicting any of these things on innocent bystanders in an attempt to get your point across is considered bad form. Really really REALLY bad form. Boot-to-the-head bad form. Check out Wikipedia, “Theories and techniques of civil disobedience” for more detail.

Lastly, I would like to congratulate Vashon Island residents. As protesters, we seem to be a pretty well-behaved bunch. Whether this is because we are just naturally classy folks or simply because everybody actually knows everybody else and if you make an idiot out of yourself in public we’re all gonna know, who’s to say? Whatever the reason, we all seem to limit ourselves to staying on the sidewalk and festooning our cars with bumper stickers like some sort of automobile political acne. As well we should.

GARGOYLE DESIGN

PAUL WILKIN 22 YRS EXPERIENCE 10TH YEAR ON VASHON

LOGOS WEBSITES PRINTING

CUSTOM CREATIVE DESIGN SMALL BUSINESS PACKAGES BRANDING AND MARKETING SEE OUR WEB SITE FOR MORE... ..OR IN PERSON AT PARKER PLAZA 206463-4024 gargoyledesign.com



Henna hand Photo by Hawk Jones/Kotagraph

Henna Healing Body Art at the Tea Shop!

Kara Jones will be doing henna body art at the Tea Shop on **Friday, November 17**, from 3 p.m. to 6 p.m. Sign up sheets are at the Tea Shop counter. Just pick your fifteen minute spot and sign up. The cost is \$15/ person per 15 minute session, and Kara can easily henna a hand or foot with design of medium complexity in 15 minutes!! For more detailed designs or for more than one hand or foot, you can sign up for several sessions in a row. Come get decorated with Kara of HennaHealing.com! If you are the first 3 p.m. appointment, please come a few minutes early so you have time to look at designs before henna session!

Flash PHOTO

Your Photo Source ~ Traditional or Digital

Thriftway Plaza

463-3311

We do passport photos

Mon-Fri 10 - 6

Sat 10 - 4

Closed Sunday

LoOp-Ed

Truth Does Not Come Cafeteria-Style

By Mike Ivaska

A few months ago, I was working my job at Thriftway when a customer came through my line who really made me think about how we decide what is or is not true.

The conversation had to do with the price of a product. I do not remember how things started, but it came to whether a particular price was right or not. He didn't like it and jokingly offered his own. I told him that was not the right price and he said something to the effect of, "It is if you want it to be."

Continuing the joke, I replied to him, "I don't think that's how reality really works." "That's how it works at church," was his response.

This got me thinking. In our culture, we are so overwhelmed with competing worldviews and beliefs, it really does seem as though everything boils down to a choice. After all, our whole lives are filled with choices – from what foods to eat and what clothes to wear to where we should live and what we should do for a living. And at this point in history, we Americans are not just rich in a material sense but also in an intellectual and religious sense. The shrinking world we live in continually exposes us to more and more cultures, opinions, beliefs, and ideologies. It has become only natural, in our diverse and pluralistic society, to approach questions like, "What is true?" in much the same way a person at a buffet approaches the question "what's for dinner?" We have seemingly every possible choice before us. What the question ultimately boils down to is "What works?" not, "Is this true?"

As a believer in Jesus Christ, the question, "Is this true?" is of great importance to me. If the message of the Bible is not true, I am an incredible fool to put so much stock in it. If God has not spoken through the words and message of the Bible, I am living a lie. Not only am I living a lie, but I am living a lie that demands great commitment. The Christianity of the Bible is a Christianity of free mercy and grace, but it is a freedom that costs dearly. Generally speaking, a person in our culture chooses a religion or spiritual devotion based on the idea of what they can get out of it. Inner peace, self-control, a sense of community – all of these constitute a person's choosing a faith. Eastern faiths, all the rage nowadays, are particularly popular because they offer so much and, while some of them do demand much discipline, demand no ultimate commitment (at least not in our recreational American versions). No matter

what kind of time or effort is required in studying or fasting or attending retreats, you are simply doing it for you. If you want to be spiritual and perhaps get some stretching in...then try yoga!

When I discuss Christianity with someone who does not believe, I am nearly always faced with what simply becomes a battle of wills. "Well, that's what you want to believe," they almost always wind up saying, in one form or another, by the end of the conversation. The idea that God has spoken never even comes into the conversation. The idea of a God who sends sinners to hell repulses them. The idea that there is only one way to God sounds exclusive and proud. The whole Christian thing just does not sound like something they want to be true.

"How can you believe that?" I am often asked. "Why would you want a God like that?" The underlying assumption is always that I believe what I want to believe, that I have chosen a list of ideas for myself that I have decided are "true." If I believe God judges sinful people, I am therefore self-righteous and judgmental. If I believe homosexuality is a sin, I must hate homosexuals. If I believe drunkenness is a sin, I must not want people to have any fun in life. If I believe personal faith and commitment to Jesus Christ are the necessary evidences that a person truly knows God, I must be arrogant and hate people of other faiths and creeds. If I want to see people around me become Christians, I must want everyone to conform to "my way of thinking." The idea that God has spoken to mankind and offered us forgiveness and reconciliation is unacceptable. This would imply moral absolutes. To be forgiven of sin would mean to be guilty of sin. In a self-centered and self-serving spiritual culture, that is just not an attractive way to think.

HARBOR MERCANTILE



Since 1908

463-2500

User Friendly

Technical support for non-technical people

(206) 463-1364
(206) 714-7839



email: jwade@userfriendlytech.net

As hard as it is to understand, Christians do not believe "whatever they want." Christians have given up their right to choose what is right and wrong, good or bad, true or untrue. The fundamental principle behind spirituality in our culture, that of choosing a faith based on "what works best for me," is the first thing that Christianity takes away. "He who seeks to save his life will lose it," Jesus says, "But he who loses his life for my sake and for the gospel will find true life." As a disciple of Jesus Christ, I am convinced that Christianity is true because God has proved himself to me, but only as I follow Him. Jesus said, "If you continue in my word, you are truly my disciples, and you will know the truth and the truth will set you free" (John 8:31-32). That is why I follow Jesus. He has proved himself to me, but only as I followed.

All of this comes down to our own cultural fear of commitment and of not being "free." We don't want to be tied down. We don't want to be accountable. We don't

VashonPages.com

On Line Directory

Free Event Listing!

Arts, Clubs, Meetings, Music, Sports, Non-Profit Groups

Get Your Event on the Web

E-mail your Press Release to: events@vashonpages.com

(E-mail Submissions Only Please)



Register Your Own Domain Name

www.RegisterExp.com

Experienced Lower Prices

Experienced Faster Service

Experienced The Quality

\$8.95 Domain Registration 1/yr

Hosting, E-mail & Tools to Build your Web Site On-Line as low as \$2.49/mo

http://www.RegisterExp.com

*Discounted rates available for Non-profits

www.DomainDiscountProgram.com*

Read The Loop online:

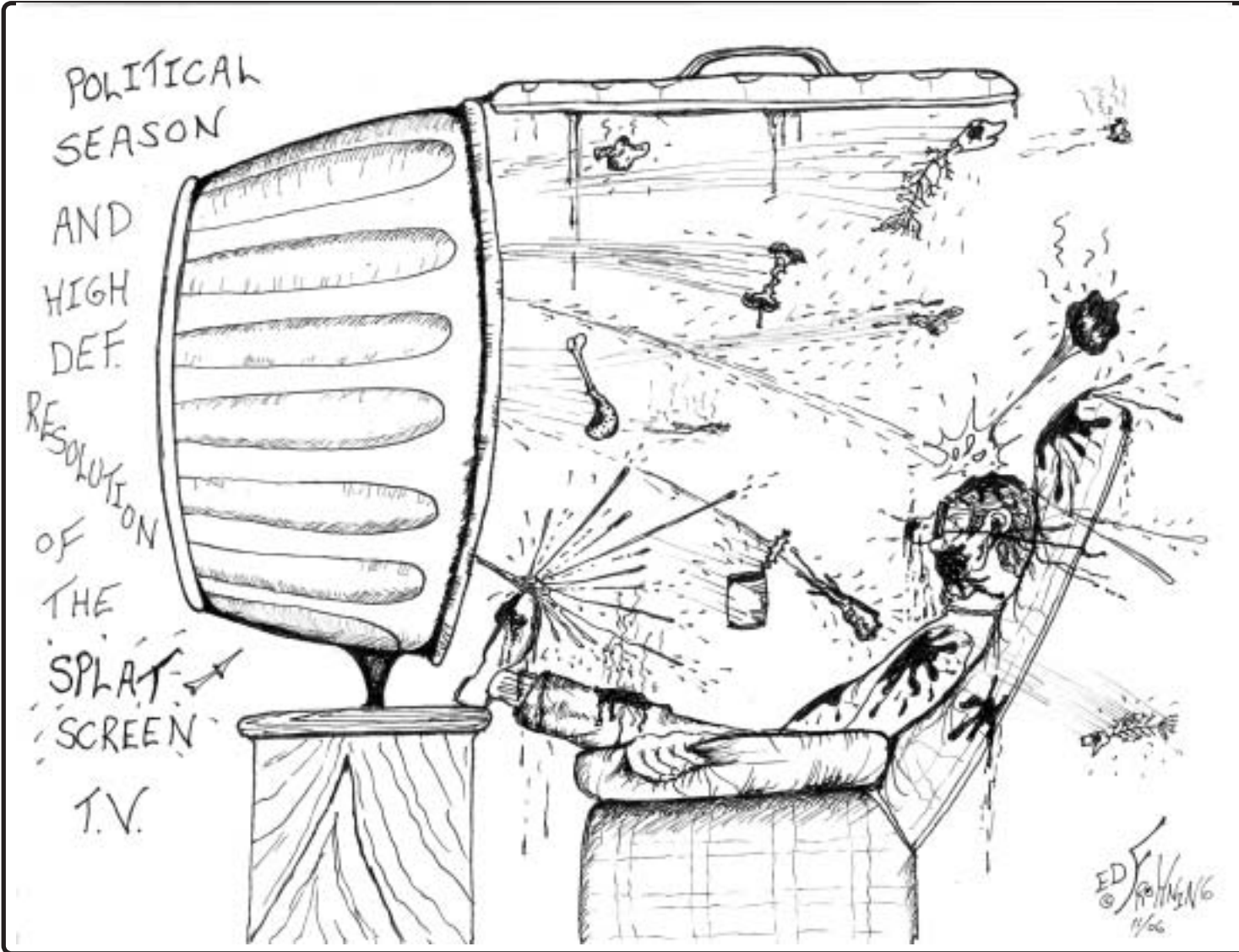
www.vashonloop.com

want to lose anything. All we want is choice, pleasure, beauty, and if possible absolutely no pain. We fear authority and are obsessed with the idea that equal value between humans means we are all equally right about everything.

For Christians, our source of truth is the Bible, or at least it is supposed to be. If left to myself, there are things in the Bible I would probably not teach to others or believe myself. The problem is this: for Truth to honestly be Truth, it cannot be up for grabs. I do not get to pick and choose what parts I like. If something is true, it has to be that way regardless of my attitude towards it. I can only come into a right relationship with something that is true if I yield to It. I cannot make Truth yield to me and still be able to call it Truth.

Mike Ivaska has lived on the Island since 1988 and considers it home. He graduated Vashon High School in 1998. He currently serves as the youth pastor at Vashon Island Community Church (VICC).

Here's a Thanksgiving tip. Generally, your turkey is not cooked enough if it passes you the cranberry sauce. -- Joan Rivers





Spiritual Smart Aleck

The Day That Everything Changed

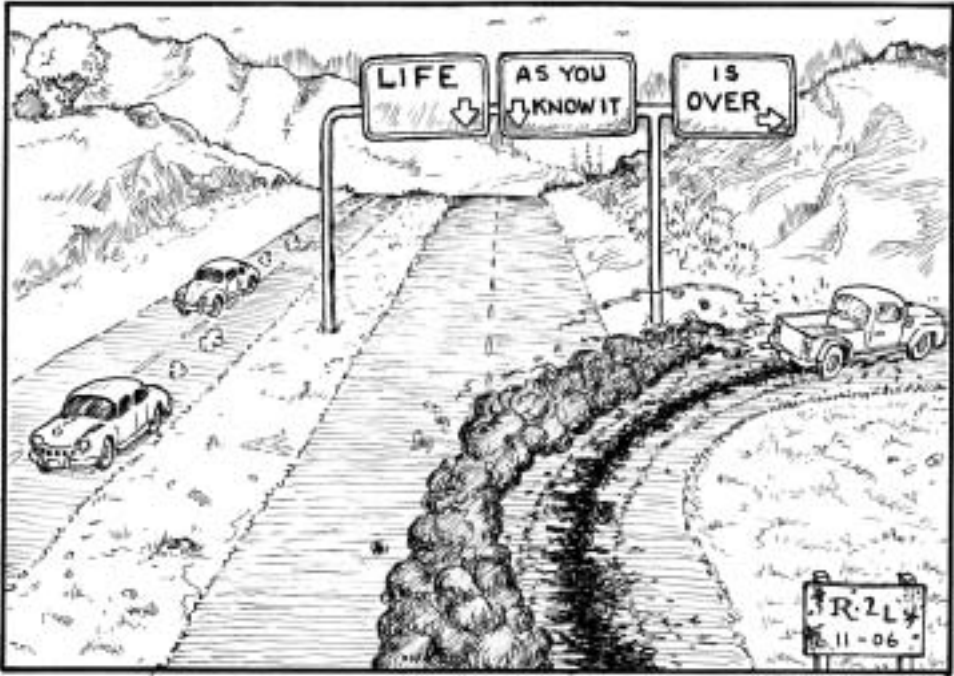
By Mary Litchfield Tuel

We’ve all experienced days when we got up in the morning same as usual, and by the time we went back to bed our lives were changed forever. It could be something that happens to everyone – September 11 comes to mind – or it could be personal: the end of a relationship you thought was permanent; the death of someone you can’t live without; an accident.

My cousin Nancy was visiting last week. Because we have known each other since we were infants (her mother, whom everyone called Chick, and my father, John, were siblings), we have a lot of shared history. When you’re talking with someone who has known you literally all your life, you find that you each remember slightly

That was the wrong thing to think. That red light was the oil light. For the rest of my life I have known that when the oil light comes on, you stop the car and turn it off, but that night I had been eighteen for only a few hours and what I knew about cars would not fill a fraction of a crankcase. Pity.

We made it about a mile before the engine ground (literally) to a halt. I couldn’t get the truck to go another inch. I tried, but it was finished. We got out and walked across the street to knock on the door of a house and ask the nice man who answered if we could use the phone. When we described what had happened, he said something like, “Uh-oh.” Or maybe he said, “That engine is toast.” I don’t



different things. We were going to watch a movie one afternoon last week, and in browsing over my video tapes I said, “How about *Tom Jones*?” “Oh, yeah,” she said, “That’s a good one. You and I saw that together.” “We did?” I said. “Yes,” she said, “We liked it so much that at the end we said we’d like to see it again, so we stayed at the theater and watched it again. Remember? That was the night your father’s truck broke.”

Bong. That *bong* is the sound of me remembering the day my life changed. I had completely forgotten that we went to see *Tom Jones* that night, but I have remembered for 40 years what happened on the way home.

I was home from college to celebrate my 18th birthday, and Nancy had come down to the ranch for the weekend. My parents had gone out somewhere in the family car, and Nancy and I decided we’d like to get out and do something, and the only vehicle available was my father’s pickup. I had driven the pickup many times, with permission, without any problems. I felt a little apprehensive about taking the truck, but figured my dad would be OK with it.

On the way home, just as I was about to turn off of Highway 1 onto Freedom Boulevard, a red light came on in the truck’s instrument panel. I thought, oh, I’d better get home as fast as I can.

remember the words, but I remember the meaning.

My parents were home, and I told them that the pick up had broken down. In the fullness of time, my father showed up in the family car, attached a tow chain to the front of the pickup and pulled it home.

When we got back to the ranch, my mother quickly escorted Nancy and me down the hallway to my room. She turned to Nancy and said, “Chick did the same thing back in the thirties! John was changing the oil on a truck and left it in the driveway with the oil pan off. Chick had a boyfriend and she wanted to give him a ride home, and she took the truck and drove it without any oil in it.”

I guess she didn’t get too far, either.

A few days later my parents told me that they would no longer support me in college, and I needed to come home and get a job. I did come home, but I didn’t stay long. I moved into a one-bedroom apartment in Alameda with my cousin Nancy, and got a job as a file clerk with a large insurance company located in the Financial District in San Francisco.

My dad got a new truck, which he later sold to my brother, after he and my mother sold the home ranch.

Nancy and I did watch *Tom Jones* last week. It’s still a good movie. My car worked fine afterwards. Whew.

00000

CASA BONITA

Great Mexican Food in
the Heart of Vashon

463-6452

17623 100th Ave ~ Vashon

Dine
In

Take
Out

7 Days a Week

Hours 11am - 10pm

School Facility Planning

Continued from page 1

Chair Susan Stackhouse. Stackhouse said an analysis looking at the entire life span of district facilities could mean spending more money up front to provide cost savings in operations and maintenance over time.

Stackhouse said that having a holistic, long-term plan for all of the buildings on the school district’s 100-acre central campus will save taxpayers money over the long-term rather than approaching major roof repairs or heating system upgrades on a case-by-case basis.

The facilities planning process is being facilitated by Island resident Judith Clegg of Clegg & Associates, a Seattle-based strategic planning firm. The first step in the process will be for the board



Board Vice Chair Bob Hennessey, Supt. Mimi Walker, and Board Chair Susan Stackhouse at November 2 meeting. Loop photo

to agree on criteria for evaluating and prioritizing potential projects to identify those that are critical and those that would be improvements but not affordable in the near term.

“At the most basic level, we have to ask ourselves whether a particular project will improve student learning,” said Board Vice-Chair Bob Hennessey. “If we find the learning environment is lacking and come up with a cost-effective solution then I think this community will support that fix.”

Several Board members have already recognized the poor quality of most of the classrooms at Vashon High School and the need for offices for the district administration as critical facility needs that should be addressed in the short term. The district offices had to be closed and the staff relocated to rented space in 2005 because the 1930s-era

What: Planning Future of School Buildings, Fields, Etc.
When: 6:30 to 8:30 p.m.
Monday, November 13 and Tuesday, November 14
Where: Sheffield Business Park

building was found to be uninhabitable for health reasons. The Board will also evaluate potential capital needs at McMurray and Chautauqua.

In addition to looking at school buildings, the board will be considering the needs for athletic facilities including ball fields and the high school gym. A key decision will be whether to install artificial “field turf” at the high school stadium. Unlike natural grass, there is virtually no limit to how intensively artificial turf can be used and it does not require irrigation, reducing demand

for Water District 19 water.

Over the next several months the school district will be soliciting community input on the following: the adequacy of the Vashon High School Theater including stage areas and work spaces; broader community use of school district facilities; long-term plans for the old Burton Elementary and Vashon Elementary sites; and, how to engage far-reaching community involvement in the planning process.

Over 1,600 students are enrolled in the Vashon Island School District. The District employs 114 teachers, 63 uncertified staff, and seven administrative staff.

You never want to give a man a present when he’s feeling good. You want to do it when he’s down. – Lyndon Baines Johnson

Don't Forget the Birds

Swans

By Ed Swan

One Friday at the end of this October, I received a call from Ellen Call, who, with a neighbor, was looking at some swans off Peter Point on C o l v o s P a s s a g e towards the north end of the island. That call began a whole spate of swan sightings, almost one a day for several days. I was able to drive up to Fern Cove and see Ellen's swans out in mid-channel and determine that they were probably Tundra Swans. Kathryn True, living inland on the north end of the Island, emailed to say she heard a flock of Tundra Swans fly over that same night and two more groups the next day. By the following Monday, Dan Willsie emailed to say he saw six Swans, likely Trumpeters, over central Vashon and Don Norman noted five or six over Maury Island.

These sightings add up to more than all of the sightings over the last decade put together for Vashon-Maury. Swans, Snow Geese and Greater White-fronted Geese all start migrating through the Puget Sound area in mid-Fall, making it likely that swans come by Vashon at this rate every year. This year, we just happened to have good observers outside to look and listen in the short intervals of time when the birds could be spotted.

The two swan species in Washington, Trumpeter and Tundra, prove rather hard to tell apart. They're both big white birds with black bills. Trumpeter Swans

grow to be slightly larger, but not to the extent that they are easily differentiated. On close examination, the Trumpeter's bill is longer and straighter than the Tundra's and angles up to the eye. The edge of the Tundra's bill closest to the eye is more straight up and down, just barely reaching the eye. The part closest to the eye has a small yellow patch lacking in the Trumpeter.

The two calls, the Tundra's a sort of whooping and the Trumpeter's more like an old car horn, provide a good way to tell them apart. The best way to learn them is to listen to a tape to compare because written descriptions of bird calls rarely describe adequately.

Tundra Swan numbers total higher in the state than Trumpeters,



Three Trumpeter Swans a-swimming Photo by Jim Rosso



Trumpeter Swans flapping Photo by Jim Rosso

rare to uncommon in the state. At one point the world population of Trumpeter Swans amounted to 73 birds. Tundra Swans apparently wintered along the Columbia in the thousands to tens of thousands and more sparingly on Puget Sound. Early explorers and surveyors report Trumpeter Swans but took no specimens to prove their sightings. Without modern optics, it's not apparent that they approached close enough to accurately tell the difference between these birds. No firm records exist for Trumpeters until into the 20th Century and they remained very rare until into the 1960's. With hunting regulations, both species rebounded to the point where hundreds to thousands may be found in winter in Skagit and Whatcom Counties and in small numbers elsewhere.

Other birds of note lately include more returning waterfowl such as



Tundra Swans Photo by Jim Rosso

reflecting the historical balance between them. Both birds faced severe hunting pressure to the point where Trumpeter Swans faced extinction and the Tundra became

Common Goldeneye seen in the last week of October by Bob Hawkins at Dockton, Barrow's Goldeneye found by Gilbert and Jean Findlay by the mouth of Judd Creek in

Quartermaster Harbor, Harlequin Ducks observed by Mike Feinstein along Luana Beach Road near Pt. Robinson (with some also showing up in Tramp Harbor just before Halloween), migrating Snow Geese over Ellisport noted by John and Ellie Friars October 28, the first Red-breasted Mergansers of the season identified by Sue Trevathan and Alan Huggins at Ellisport October 29 and a flock of Greater White-fronted Geese discovered by myself, Sue Trevathan and Alan Huggins on October 29 overhead at Dockton. The end of the shorebird migration is drawing out with many flocks of Sanderling moving along the beach on the northwest corner of the island at Dan Willsie's place, one of which flocks included a rare for Vashon Dunlin. A small flock of Black Turnstones continues at Fern Cove. Peregrines showed up at both ends of the Island with an extremely dark juvenile seen by myself on October 28 at the north end dock and a light-colored adult landing on the Tahlequah Dock observed by Gary Shugart. If you have an interesting sighting to report or a question about local birds, call me at (206) 463-7976 or email at edswan@centurytel.net.



Trumpeter Swans aloft Photo by Jim Rosso

Finally, a great Audubon program is coming up on **Thursday, November 16:** Pete Murray and Mary Johnson will be sharing their stunning photos and an informative talk on wildlife from their recent expedition to the Falkland Islands, South Georgia and the Antarctic Peninsula. The program begins at 7:00 p.m. at the Land Trust building.

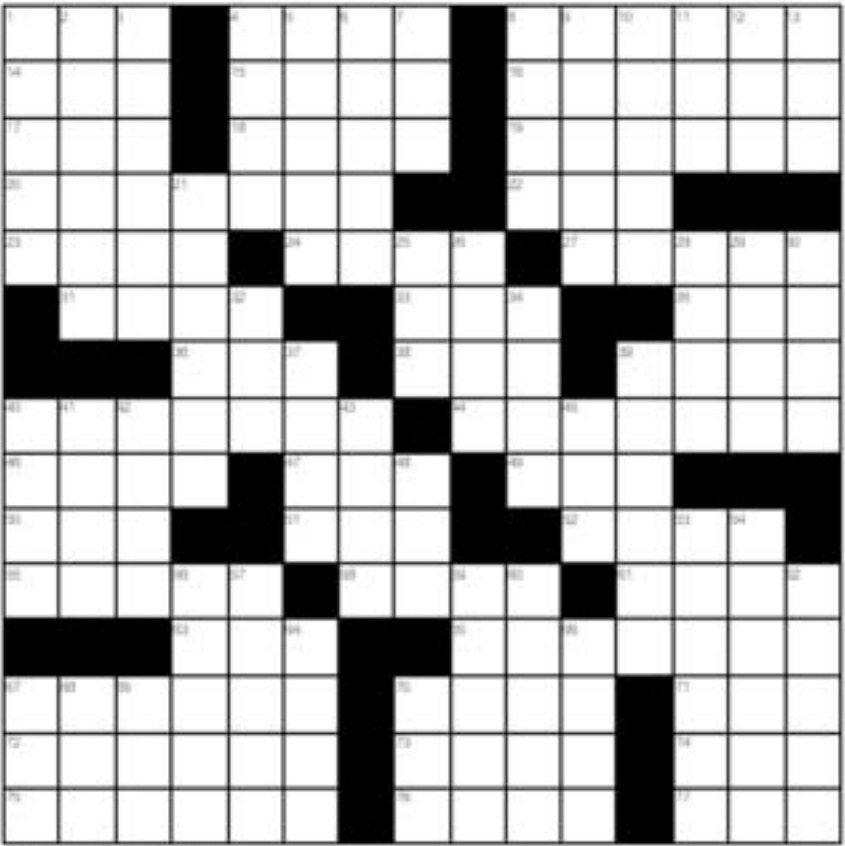
When turkeys mate, they think of swans. -- Johnny Carson

- Across**
- 1 Fear
 - 4 Compose
 - 8 Type of gasoline
 - 14 Sea eagle
 - 15 City in Yemen
 - 16 Can't keep hands to self
 - 17 Fellow
 - 18 Melody
 - 19 Renter
 - 20 Unskillfully
 - 22 Feed
 - 23 See ya!
 - 24 Tap in lightly
 - 27 Dowdy
 - 31 Branch of learning
 - 33 Swine
 - 35 Wing
 - 36 Pedigree dog reg.
 - 38 That woman
 - 39 Injure seriously
 - 40 Bridal vow
 - 44 Thinks
 - 46 Brand of sandwich cookie
 - 47 Deteriorate
 - 49 Yea
 - 50 Grow older
 - 51 Pastry dessert
 - 52 Plateau
 - 55 Plants for medicine, aroma, or flavor

- 58 Dozes
- 61 Torn up material
- 63 American College of Physicians (abbr.)
- 65 Ornament for military uniform
- 67 Screen
- 70 Not amateur
- 71 Some
- 72 Salt addition
- 73 Curve
- 74 High naval rank (abbr.)
- 75 Holiday bird
- 76 Sliding toy
- 77 Summer month

- Down**
- 1 Keepsake
 - 2 Venus
 - 3 Make dear
 - 4 Opp. of glossy
 - 5 Grown-up
 - 6 African nation
 - 7 East northeast
 - 8 Leer at
 - 9 Milkfat
 - 10 Bite
 - 11 Abdominal muscles (abbr.)
 - 12 North by east
 - 13 Sight organ

- 21 Couch, sweet, or baked
- 25 Miles per hour
- 26 Dock
- 28 France & Germany river
- 29 Glided
- 30 Candied ____
- 32 Slide on snow
- 34 Shade of black
- 37 Fish
- 39 Capital of Lesotho
- 40 Biblical prophet
- 41 Advise
- 42 Look
- 43 Cut of beef
- 45 Rock
- 48 Thirst quencher
- 53 Curtsy
- 54 Plan
- 56 Hand dye
- 57 Set
- 59 Ivory
- 60 ____ of life, What variety is the
- 62 Hinder
- 64 Quarry
- 66 Attention-Deficit Hyperactive Disorder (abbr.)
- 67 Be seated
- 68 Note of debt
- 69 Former president of U.S.
- 70 Old-fashioned Fathers





Book Review

Harry, Make Way for Shelby

By Rachel Bard

If Harry Potter were a girl, would those books sell so many millions of copies?

Doubtful. Girl wizards aren't much in demand. Of course Harry's sidekick Hermione has wizardly qualities, but it's the guy who gets top billing. What we need is a lively magic-wielding heroine to whom preteen girls will

relate. Here she is in a book that will be welcomed as well by readers of any gender or age who like a good yarn full of magic, nonsense and a troop of fantastic characters.

And where the girls get to the top. Literally. Wait until you see Shelby zooming high above the earth on her magic umbrella (And lest you suspect that Vinson is copy-cattng J. K. Rowling and the broomsticks, this book was published a year before the first Harry Potter).

Shelby, eleven, lives in Wayward Bay, Alaska where her single mother, Amber, is midwife. Amber has become a pariah because a baby she was delivering died. It wasn't her fault but before long the townspeople are calling her a witch, and Shelby the witch's kid. Shelby hates going to school because of the abusive bullies. She has plenty of spunk and fights back when she can, but they keep taunting her. She mopes.

Then—saved by an umbrella, of all things! The enchanted bumbershoot suddenly appears during Shelby's darkest hour and lets her know it's there to help. First it delivers a mysterious parchment scroll announcing that the Optical Magical Popover Queen is planning to retire from flight and is looking for a successor. Soon Shelby discovers that she doesn't even have to speak because the umbrella knows what she's thinking, and changes color to show its response. Pink means yes, I hear you. Then she finds that if she hangs onto the handle the umbrella will lift her up and they'll fly. The first flight is wonderful but scary. The minute Shelby desperately wishes she could go back to earth the umbrella obediently descends She takes the umbrella home and lies awake half the night wondering what it all means.

Amber is being investigated by the Public Health Board about of the loss of the baby. To shield Shelby she sends her off to stay with her grandmother in Seattle until the hearing is over. As the Alaska State Ferry cruises down the Inside Passage Shelby takes off for some exploratory flying. High above the mountains of British Columbia she meets Esmerelda, who's riding a

broom and laughs at Shelby's umbrella. They become friends and Esmerelda takes Shelby home to meet her sister, also a witch.

Now the fun begins. The two girls set off on a quest to find the Optical Magical Popover Queen. Vinson mixes fantasy and wit to give us a tale of a quest that's reminiscent of *Pilgrim's Progress*, *Through the Looking Glass* and *Wizard of Oz* but sparkles with her own rich imagination.

The girls meet the Fairy Godfather, still resentful of the Fairy Godmother who "copped all the publicity by rescuing that Cinderella," which he would have done but he was busy that day entertaining Pandora. He's acquainted with the Optical Magical Popover

Queen and says disapprovingly she's moved to a distant place and surrounded herself with a court of common mortals. "They come from a place called Country and they play its music every day. Awful whining, story-telling, beating music. Where is this place called Country?"

At their next stop, Quirkola, an ancient ruined city, the equally ancient Ponderosa, the Great White Tortoise, helps them navigate the Sea of Words. Here the words, swimming about like fish, not only mean what they say but make sure you take the meaning. When Shelby bumps into "invisible," she disappears, but manages to find and grab "expose." Their swim is a nice lesson on watching your language.

Onward, onward, through the Endless Swamp, Finder's Keep, Turnip Top Lodge and the terrible Vine Tree Forest. They're befriended or impeded by Hyperbole the Crane Woman (who never tells a straight story), the Ancient Wolf (possibly the one who nurtured Romulus and Remus), the Meager Beaver, the mischievous little Skillyfully-Willfullies and dozens of other quirky characters. Through it all Shelby never shrinks from a challenge or considers giving up. What a good kid.

When they finally reach the Optical Magical Popover Queen, she's sitting around listening to country music, in a turquoise and lavender jogging outfit. The Queen decides Shelby is just the kind of successor she'd hoped for: full of "curiosity and dedication, a girl of courage."

In short, parents, what a role model for your daughter. Except for one trait—she yells a lot. But otherwise, she's a terrific inspiration for anyone who needs empowering.

All ends well. Shelby aboard her umbrella flies off to Wayward Bay to rejoin her mother.

But a few big questions remain. Was Amber exonerated? Have people stopped calling her a witch? And most important, will Shelby keep the Queen's Umbrella and carry on as the new Optical Magical Popover Queen?

Valita Vinson, we know you're here on Vashon. This book begs for a sequel. Get to it.

00000

Joanna Gardiner

Loving care for animals, plants and homes

567-0560

HOLLY DAZE BAZAAR

Saturday, November 18th, 10 am - 4 pm

VASHON HIGH SCHOOL COMMONS

Craft sales, vendors,raffles and baked goods, soup, chili, hot hogs, and baked potatoes

All Day

Soroptimist International of Vashon-Maury's 17th Annual Bazaar

Great Decisions:
Pandemics and
National Security

“Pandemics and National Security” is the hot topic for the last in the Great Decisions series at the library at 2 p.m. on **Monday, November 13.** Anthrax, cholera, influenza and AIDS are potential pandemic diseases. Epidemiologists say we’re overdue for a deadly global pandemic of historic dimensions. Even if avian influenza isn’t the Big One, flu is hardly the only disease to fear in an era of terrorism. The discussion will be facilitated by Karen Gwilym, R.N. and is free. The program starts with a background video prepared by the Foreign Policy Association. A background reference book prepared by the FPA is available at the library reference desk. Vashon-Maury Senior Center and KCLS are cosponsors of the free series, which is open to all ages.

2007 Labor of Love
Auction Gathering
Donations Now

Everyone has something to give: An extra pile of dry wood; how to design a Web page; an amazing dessert; reading poetry to a senior. Those are a few of the things Vashon Community Care Center is looking for this holiday season in preparation for the upcoming Valentine’s Day-themed Labor of Love Auction, which benefits residents of the nonprofit nursing home. On **Monday, November 13,** VCCC volunteers will be calling past Labor of Love donors and asking them to donate their special talents, services or goods to the auction. The auction itself runs for two weeks, starting **Wednesday, January 31, and running through Wednesday, February 14,**

Senior Center
Chinatown
Discovery Tour

Vi Mar is a Chinese-American Seattle native who is active in the Chinatown International District and served as director of “Chinatown Discovery” for 20 years. He invites Vashon seniors to go on an intimate, lively guided tour that is true to the daily cultural life of the Asian community, and it includes a six-course dim sum lunch, on **Wednesday, November 15.** The van departs from the Senior Center at 10:45 a.m., returning on the 4:40 p.m. ferry. SC members pay \$47; nonmembers, \$52. Reservations will be taken at the Senior Center on Bank Road.

Valentine’s Day.

A catalog of items and services will be published and items also will be listed online. While many nursing homes in the state accept only private-pay guests, VCCC accepts people on Medicaid and those who have exhausted their resources for long-term care, Milovsoroff noted. Medicaid does not pay for the full cost of the care residents receive. That’s where the Labor of Love service auction comes to help VCCC continue to serve seniors in need of care. New donors are also more than welcome to call in that night. For those who have not yet given in the past but are interested, call 567-6164. A special thanks to Vashon’s Windermere office for allowing volunteers to use their spacious meeting spaces for the November 13 phone-a-thon. VCCC is a 501 (c) 3 organization and all contributions are tax-deductible. Islanders wishing to donate to this cause can pick up a donation form at the front desk or VCCC or contact Linda Milovsoroff at VCCC at 567-6164.



ANN LEDA SHAPIRO
LICENSED ACUPUNCTURIST
Traditional Chinese Medicine & Herbs


Courthouse Sq., #208B
Vashon Island, WA 98070
206 463-3967

219 1st Ave. S. #310
Seattle, WA 98104
206 463-3967



**Barber & Beauty
Shoppe**
(206) 463-7212
Family Hair Care ~ Sensible Prices
Colors, Perms, Hair Cuts

Parker Plaza 17232 Vashon Highway



Essay:
**We Have
Refugees!**

By Alice Orr

They sat on the floor at Penn Station in a circular formation, like an encampment. I rushed past, fresh from presenting a workshop in New Jersey and distracted, but the image registered anyway. Five of them, two parents, three children, with the father in the outermost position turned at an angle to keep a sweeping, watchful eye on the long, narrow, beige-tiled room. They wore western dress, neat, conservatively stylish except for the mother's headscarf. Light-skinned, dark hair and eyes, the eyes of the girl in her early teens nearly stopping me in my tracks. They were large, round and close to terrified, settling on me for one imploring moment before flitting on.

I put two and two together the next morning when I saw the City section of the *Times*. "Shelter From the Storm: For refugees fleeing war and worse, it is the portal to a safe, long-sought world." It was an article about a motel in the New York City borough of Queens, a way station for families from refugee camps in Africa, temporary shelters in the Middle East: "The first time that they had moved from one country to another without being in danger." Eight such places throughout the U.S., "where refugees stay overnight before beginning the next leg of their journey to safety."

I immediately flash on the eyes, two pairs this time, the young girl crouched on the beige tile floor and my maternal grandmother in a picture from her own teenage years. Grandma's eyes were blue-gray in real life, but the old photo made them look dark, staring at me with the same questioning gaze I'd seen in the railway station. "What comes next? Where will they take me from


here?" She'd been gone from her British home for years by then, shipped off at age nine with a family she barely knew for the price of passage plus, I would imagine, a bit more that seemed like a windfall to the impoverished family she left behind. No wonder her eyes were still wary.

Which reminds me of another old family photo, my paternal grandfather, tall and straight with a bowed pipe hanging from the corner of his mouth and his arms folded across his chest. I can imagine his eyes sweeping the room, watchful, alert, on guard. He came to this country to escape the dictates of his father's world and call the shots in his own life. Legend has it that, when he needed money to move his ailing child to the country, he earned it by breaking horses in the backyard. I cling to that story of ingenuity and self-determination so I won't have to think about how frightened my grandmother must have been, nine years old, ripped from everything familiar to ride the ocean in steerage toward a strange land and a new century.

She spoke of England often, but she never got back there. The young girl in Penn Station may never go home again either. She may embrace her new country but never feel that she entirely belongs. She may even encounter hostility, be branded not only as an outsider but as a threat, one of those we have declared our current enemies. She may wonder who she is here or who she should be to fit in and make a new life. My grandmother did that by marrying out of the family she'd lived with and worked for, an unfortunate match in many ways but "a portal into a long-sought world" nonetheless.

I love to think of my country as refuge, for my grandparents, for the five people circled for safety in Penn Station. They may be apprehensive, even fearful, but they have "fresh start" written all over them. That watchful father may use the

New At



5 Healthy Reasons to eat at Zoomies

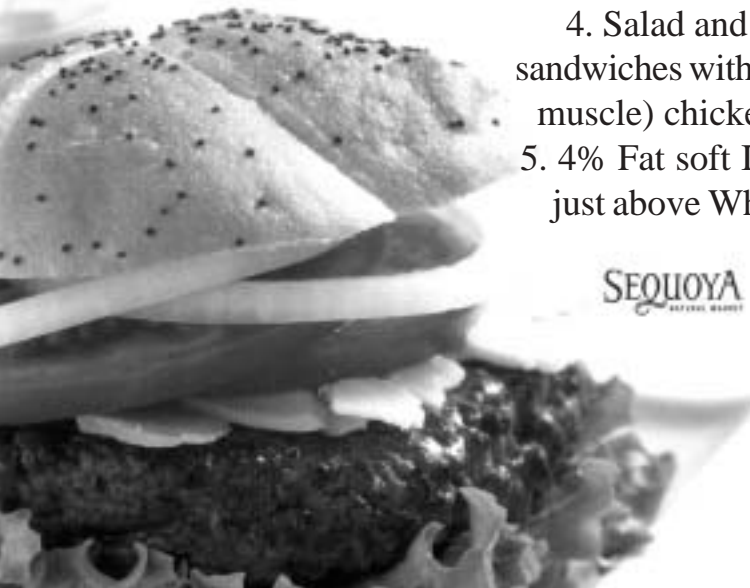

1. No transfats in our soy oil -
(what we deep fry in.)

2. Our burgers have no hormones,
preservatives or additives and are low in fat.

3. We have Yummy Vegi and Black Bean
Vegi High Protein Burgers.

4. Salad and chicken
sandwiches with grilled (full
muscle) chicken breasts.

5. 4% Fat soft Ice Cream -
just above Whole Milk



determination I saw in his face for his version of breaking horses in the backyard to provide for his children. I love to think of those possibilities and hopes extended to families on the run from wars, persecution and poverty across the world.

Yet, the same *Times* article says, "Every year, in early autumn, the President sets the exact number of refugees that will be admitted to the United States in the following twelve months." This year the proposed number is 70,000, the same as in 2006. The article continues: "For the countless refugees worldwide clamoring for entry to America, this number is crucial. But it does not even hint at the deep joy felt by the individual who, after long trial and tribulation, has finally found a haven." I wish our Golden Door could swing wide enough to let more than 70,000 slip through. If the number had been that small in my grandparents' time, would they have made it in? Would I be here now? Would you?

Alice Orr will present her workshop "Get Published Now: How to Give Your Story and Yourself Editor-Agent Appeal" Saturday, January 13 at the Sheffield Building. Space is limited. Call (206) 463-1710 today to make sure you make it in.

So...

The Pope convenes the College of Cardinals, and he comes up to the podium and says, "I have good news and bad news."

"The good news is that Jesus has returned to usher in his Kingdom. He called me on the phone to let me know."

"The bad news is that He was calling from Salt Lake City."

The Squeegees Are Coming to Vashon!

A musical experience for the entire family

The SqueeGees are coming to Vashon to play their wonderful children's music at Café Luna on **Sunday, November 12, at 4 p.m.** The SqueeGees are a fun-filled, bubbly acoustic duo who provide irresistibly playful musical adventures for the entire family. While you would think that this delicious experience would be candy coated, The SqueeGees' package comes in a recyclable wrapper. Their songs emphasize earth friendly themes, positive messages, and good clean fun!

The Squeegees Courtesy Photo

Samantha Tobey and Roman Bluem are the kids-at-heart behind this grass-roots musical journey. All music is appropriate for infants, toddlers and the parents who love them.

Be sure to catch the SqueeGees at Café Luna on November 12 at 4 p.m. This is their only performance in Vashon on their Northwest Tour! If you would like more information about the SqueeGee's or this event please visit: www.meetthesqueegees.com; or, <http://www.cafelunavashon.com>

Advertise in The Loop! It's almost, like, a newspaper!

The Dorsal Spin

Southern Residents Phone It In

By Orca Annie Stateler

On November 3, I was brewing Orca Blend around 8:15 a.m. when I heard high-pitched delphinid sounds on the hydrophone. I put my ear up to the speaker to hear better, and sure enough, I was not imagining the distant calls and clicks of Southern Resident orcas whistling, “Someone’s drinking our coffee!” (Groan, I know). The vocalizations were consistent with K and L Pod calls, but it was a small, faint sample.

I phoned Mark Sears to ask if he saw any fins or blows yet from West Seattle. I was astonished to learn that he had just talked to someone who saw a large group of killer whales, with at least three adult males, spread out and traveling south from Magnolia. The range on our hydrophone in Colvos Pass is greater than I expected. Evidently, it sits in an underwater acoustic channel where we can detect sounds beyond the north end of Vashon. I estimate we started hearing calls when the orcas were in East Passage outside



Prior to the 3rd, the orcas’ only visit to Island waters was October 18. The VHP has received many Dall’s porpoise reports. Some large groups of frisky porpoises are zipping around Colvos Pass. On October 28, as I observed several energetic porpoises through binoculars, I saw one flip his/her little tailstock in a proper cartwheel – the first time I have ever seen this behavior in a porpoise.

Until we heard orcas, a spirited conversation between two California sea lions was the most interesting sound we had heard on the hydrophone this season. Again, I was surprised to discover the hydrophone picks up their barking at the surface, roughly 60 feet above and thousands of yards away. We stood on the porch to listen for them. We did our best sea lion barks and they responded. One sea lion was by the Kitsap shore across from the VHP site. Another sea lion was a quarter mile south, probably near the large “pinniped platform” – it



Detail from “Killer Whale Pod of Many Nations,” by Odin Lonning. Photo by Odin Lonning.

of Elliott Bay, approximately 8 -10 miles away.

Mark spotted a few orcas off Lincoln Park while he prepared to go out, but I was monitoring the hydrophone, so I did not get a chance to see the whales before they turned north again at 10:30 a.m. near Dolphin Point. Truculent weather precluded Mark and NOAA Fisheries researchers from getting ID photos.

We are deeply grateful for timely, accurate reports from Lesley, Richard, Jan, Melanie, Jeanette, and the woman who left a message about seeing orcas from the ferry. You made a huge difference and saved Mark from a battering in rough seas. **Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041.**

can hold five or six harbor seals, and kayakers know it smells of eau-de-seal!

Science quickie: pinniped means fin-footed. Seals, sea lions, and walruses are pinnipeds. Delphinid derives from delphinidae, the ocean dolphin family that includes Flipper (a bottlenose dolphin) and our Southern Resident orcas. Orcas are uber-dolphins, the largest delphinid. Check it out on the ACS Killer Whale Fact Sheet at www.acsonline.org.

The photo with my article shows a detail from Odin Lonning’s recently completed Killer Whale Pod of Many Nations panel. The design in the focal whale celebrates Keetla/ Springer’s triumphant reunion with her pod in Namgis First Nation territory in British Columbia. Consider it a teaser for the public dedication of the piece at the Seattle Aquarium in January (date still

PANDORA'S BOX

Horus requests the pleasure of your company at our anniversary party. It’s a:

CUSTOMER APPRECIATION EVENT!
SATURDAY, NOVEMBER 11th
Regular hours are 9-5

Food reps on hand with product giveaways.
Door prize drawings throughout the day.
Sales on specially selected merchandise.

ONE DAY ONLY
Christmas ornaments 50% off
Holiday apparel for your pets - 25% off.
Fashion Pet dog sweaters - 25% off
Selected basic cat scratching posts - 20% off

Don’t miss it!!!!

463-3401
\$ 8 nail trimming with no appointment.
17321 Vashon Hwy. Big Red Building w/Animal Stuff on the porch



TBD). You must come to learn the stories of the entire five-whale pod!

Artwork by T Martino and Odin Lonning is on display through the holidays at the Vashon Island Coffee Roasterie, www.tvicr.com. Art sales benefit WolfTown and the VHP. You also help these organizations when you purchase scrumptious Wolf Blend and Orca Blend.

Finally, a reminder, the ACS/PS speaker on **November 15** is Dr. Jim Ha. The topic of the free talk is “Social Behavior of Resident Inshore Killer Whales in the Pacific Northwest: Natural and Human Influences.”

Visit www.acspugetsound.org, call 206-734-4737, or contact Orca Annie at Vashonorcas@aol.com for more information.

www

Three Holiday Farmers’ Markets

This year the Vashon Farmers Market is hosting three holiday markets. All markets are on Saturdays, 10:00 – 2:00 at the Village Green, rain and shine. Dates are: **November 18, December 2, and December 9.**

The November 18 pre-Thanksgiving market will have a pumpkin pie contest and will feature Island-grown and prepared food to help you make the best Thanksgiving dinner. Many Island crafters will be at the market selling soaps, jewelry, cards and other useful, beautiful objects, for you to have or to give.

Island chefs will demonstrate how to use Island produce to make a simple tasty dish for the Thanksgiving meal. Shoppers can watch, ask questions, sample and take home a recipe.

As we give thanks this year, give thanks to our Island farmers and crafters who help preserve the rural quality of life, create on-Island jobs, and provide food security by continuing the active farming tradition that has been an important part of this Island’s history. For more information about the Vashon Farmers Market special winter markets and to find out how to sell at them, call Karen Kinney at (206) 265-3788.

Greenprint Map

Continued from page 1

is the top priority for Islanders. This is the time for Islanders to comment on areas highlighted in the model and add personal information on areas to be included or eliminated.

This project is in keeping with the many, many hours Islanders have dedicated in the past to preparing community plans for Island use and County consideration. This mapping project identifies areas of high ecological value: to preserve water quality and quantity, as well as other Island natural resources, including shorelines, and fish-bearing streams. It is the sort of insurance that prevents a new land fill from being established in the heart of a high recharge area for our groundwater supply.

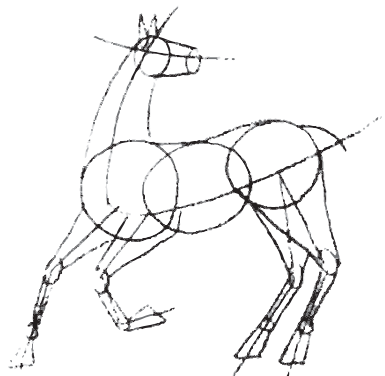
Vashon Maury Island Land Trust (VMILT) and Community Council Land Use and Natural Resources Committee (LUANR) are hosting this workshop. For further information, contact Tom Dean, 463-2644, Yvonne Kuperberg, 567-4005, or Clint Loper, (206) 296-8378.

Start Your Ovens! Pumpkin Pie Contest!

Calling all pumpkin pie aficionados and bakers!

Do you make a pumpkin pie that family and friends look forward to eating each year? One that people think is the best part about Thanksgiving? Or a delicious pumpkin-look-alike-pie? If so, we invite you to participate in the first ever Farmers Market Pumpkin Pie Contest!

Judges will start tasting at 11:00 a.m. **Saturday, November 18** during the special pre-Thanksgiving Farmers Market held at the Village Green. Contestants should bring their pie (and recipe) to the market at 10 a.m. The winning recipe will be published if OK with the owner. Questions should be directed to Karen Kinney, Market Manager at 206-265-3788.



Tom Wallace

Farrier

Licensed Massage Therapist

Practicing on both humans and equines

*Because there was a crooked rider
who rode a crooked horse*

www.vashonfarrier.com | Tel: 206.463.9680

Closed Saturdays!

WOK IN TAKE OUT
206.463.7980



9925 SW Bank Rd

Open Mon-Friday

11:30 am till 8:00 pm

463-7980

New Owner ~ Same great taste!

SPECIAL

18 x 21 Steel Buildings
30 x 40 Steel Buildings
40 x 60 Steel Buildings
60 x 120 Steel Buildings
Factory Priced

BLOWOUT!

**Call:
BERGIN CONSTRUCTION
463-6232**

then check your electric meter.
Dang!

Here's the energy equation: A pound of hydrocarbon fuel burned completely yields 10,900 Btu. Some of this heat is used to boil the 2 and 1/4 pounds of water, 2200 Btu, while only the remaining 8700 Btu does any good. You can work out the exact numbers with no noticeable improvement of the bad press.

The lost heat is called "latent heat of vaporization." By this analysis a furnace that does not reclaim the latent heat is limited to 80% efficiency. In practice, efficiencies had not exceeded 60% until around 1980 when forced drafts enabled superior heat exchangers and achievement of the theoretical 80%. Condensing furnaces exceed 90% efficiency. One may identify a condensing furnace by the absence of a chimney. The cooled flue gas exits through a 2" plastic pipe, and the condensate drips from a 3/8" plastic tube.

Anecdotes: In 1985 Washington Natural Gas installed for us their best gas furnace, forced draft, 83%. Our son bought a home in Ballard remodeled around 2000. Shortly after moving in he called me up to say there was water on the basement floor. The 3/8" tube had fallen out of its pot.



Loop Letters

Editor, *The Loop*:

Labor Day weekend 2006 — yet another beautiful summer day destined, like so many of its kind this year, to disappear down the time sinkhole that our bathroom remodel project has become. I'm in the garage priming trim, relieving the boredom listening to *A Prairie Home Companion*. At the end of the program, Garrison Keillor invites the audience to stand and sing the national anthem — “a song for America” – and I soon find myself singing along.

Live Music!

Bishops Pub

November 18th



Do not miss this rare opportunity to see Loose Change live at Bishops pub. It has been over two (2) years since the band has played a public gig at Bishops pub. Loose Change is Vashon's favorite party/dance band and is not to be missed

Do not miss this rare opportunity to see Loose Change live at Bishops pub. It has been over two (2) years since the band has played a public gig at Bishops pub. Loose Change is Vashon's favorite party/dance band and is not to be missed

Do not miss this rare opportunity to see Loose Change live at Bishops pub. It has been over two (2) years since the band has played a public gig at Bishops pub. Loose Change is Vashon's favorite party/dance band and is not to be missed Do not miss this rare opportunity to see Loose Change live at Bishops pub. It has been over two (2) years since the band has played a public gig at Bishops pub. Loose Change is Vashon's favorite party/dance band and is not to be missed Hello what are you reading the fine print for? Just come to the show it will be a blast!!!

Like every other American, I've sung this song a lot, undoubtedly hundreds of times over the course of fifty-some years, so it seems like I should have "got it" before now. But this time, the oddness of the last two lines reached out and grabbed me like never before. "Oh say, does that start spangled banner yet wave..." Wow! It never occurred to me before, but Francis Scott Key is obviously not asking this of his contemporaries...after all, he just spent the last dozen lines describing how glorious it was to see it still waving proudly. The inescapable conclusion is that the question is addressed to posterity, which means, at least right now, me...and you.

And no sooner had that realization washed over me before the second wave hit: "...o'er the land of the free and the home of the brave." It always seemed before, to the extent I might have thought about it, that Key is asking if the flag is still flying. But if that's true, it's a pretty trivial question, and maybe, given the stars that have been added over the years, not even strictly answerable in the affirmative. What struck me this time was that the point of the question is NOT the flag bit, but the land/home bit. Not "is this particular arrangement of colored pieces of cloth still in use?", but the much more profound (and difficult) question "is the country this flag symbolizes still free, its citizens still brave?"

So when Key nags at us with this question at every ball game we attend, how do we answer today?

Obviously we still have brave people willing to put their lives on the line to “defend freedom.” As the bumper sticker says, “Home of the free because of the brave.” But narrowing the scope of the Anthem’s question to focus simply on the dedication of the military really misses the point. Key is asking about ALL of us, and there the answer is much more problematic.

If we were truly brave, wouldn't we insist on safeguarding our rights under the Constitution over protecting our physical safety and property? And if we were truly free, wouldn't we require our government to listen to us rather than corporate and industry lobbyists? When we suspend *habeas corpus*, when alternate opinions are routinely eliminated from public debate and decisions, when our phone calls can be tapped or our library records examined, in short, when we voluntarily allow our liberties to be cut back, all coerced by an appeal to our fears and anxieties, how can we claim to be either free or brave, at least to the extent Key and all of our forebears expect of us?

Here's an idea: before heading into the voting booth on November 7, sing the National Anthem with all the gusto you can muster, answer the question it poses with a resounding "YES", and then vote for the people and propositions that represent true freedom and real bravery!

Dennis Drewes

Editor's note: This was supposed to appear before the election, but it didn't. Sorry it's late, but KEEP SINGING ANYWAY..



Why I Choose Not to Get a Flu Shot

By Kathy Abascal

Flu season is approaching and many of us are being urged to get a flu shot. The information on the value of flu shots is all over the board and reaching an informed decision is difficult to say the least. My family and I, including my mother who just turned 85 last week, do not get flu shots. Marlene’s Marketplace asked me to write an article explaining my choice for their newsletter, and as the topic is of great interest to many I thought I should share this information with you as well.

My decision is in part based on the lack of proof that the flu shot is effective. People remain vulnerable to the flu because it constantly changes its profile to prevent our immune system from recognizing it. Just last week scientists reported that a new, mutated form of bird flu is now circulating in China which may make all of the stockpiled chicken vaccine ineffective. The vaccine manufacturers use a computer model to create a strain of influenza that they hope will match the coming year’s flu strain. However, often the match between the vaccine strain and the circulating strain is poor, and the data used to prove the benefits of the flu shot depend on “a well matched strain.”

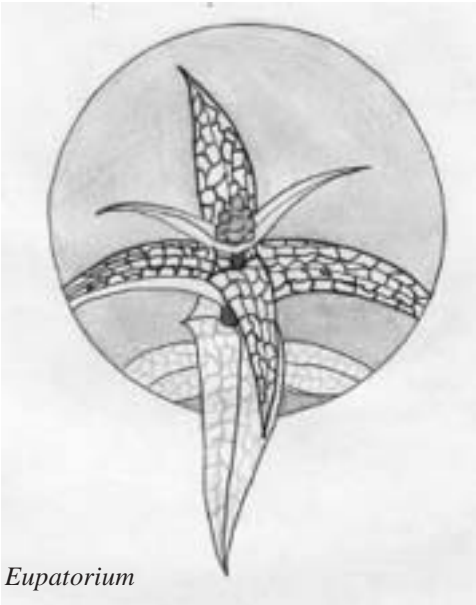
And the data for even well matched strains is poor. I was startled to find that most studies show that the flu shot had little effect on the incidence of influenza in the elderly. That is, both the vaccinated and unvaccinated were equally likely to get the flu. These studies did claim, however, that vaccinated elderly suffered less pneumonia, hospitalization and death during the flu season. This makes the flu shot look like a good thing. But then another scientist decided to look deeper: He looked at whether the vaccinated elderly were healthier than the unvaccinated group by comparing how they fared in the non-flu

season. He found that the unvaccinated elderly were more likely to suffer pneumonia, hospitalization and death during the off-season as well. That is, the positive effect seen in the studies had nothing to do with the flu shot protecting them from influenza. Instead, the underlying health and mobility of the elderly affected both whether they were likely to get a flu shot and whether they were likely to die. Ultimately, this study shows that the benefits of the flu shot are probably illusory. There are other studies showing the benefits of flu shots for healthy adults is modest at best.

The other aspect of flu shots that troubles me is the vaccine itself. The flu virus is injected into a fertilized chicken egg, then killed in a process that involves formaldehyde, and is usually preserved with thimerosal (mercury). Sometimes aluminum is added to make the vaccine more effective. In the end, the flu shot is dangerous for people who are allergic to eggs, and some physicians believe that people may develop egg allergies by having egg protein injected into their bodies.

Formaldehyde is a suspected carcinogen. Mercury, even in very small doses, has adverse effects on our immune system. Studies show that mercury shifts the balance in our immune system to a state that is less able to deal with bacterial and viral invaders. Aluminum has long been suspected to play a role in the development of Alzheimer’s disease. Although this is unclear, there is consensus that aluminum is not good for us.

Moreover, the flu shot can cause Guillain-Barre syndrome in which the body attacks the nervous system causing pain, muscle weakness or paralysis for which there is no cure. Granted, the syndrome is rare but I buy lottery tickets despite the odds figuring that someone has to win, why not me? The flip side is that someone will get Guillain-Barre, why not me? In addition, the flu shot causes pain, fever, headaches and other malaise in many who get the shots. In the end, for me, the presence of toxins, allergens, and potential side effects outweigh any possible benefit the flu shot might have. Instead, I try to prepare for flu season by balancing and strengthening my immune system. I use adaptogenic herbs, medicinal mushrooms, and nourishing food for this. Of course, I wash my hands frequently during flu season and if I am feeling tired and out of sorts, I immediately begin taking an immune booster like elderberry (*Sambucus nigra*), echinacea (*Echinacea spp.*) or my favorite, boneset (*Eupatorium perfoliatum*). In



Kathy Abascal’s New Book Now Available!

Kathy Abascal’s New Book Now Available! You can now buy her book *Herbs & Influenza – How herbs used in the 1918 flu pandemic can be effective today* at local Vashon stores. For more information on the book and on the 1918 flu pandemic, visit Kathy’s website at <http://www.HerbsandInfluenza.com>.

Kathy Abascal is a professional member of the American Herbalists Guild and is certified by Michael Moore of the Southwest School of Botanical Medicine. She co-authored the book *Clinical Botanical Medicine*. You can email her at anemopsis@yahoo.com if you have questions about herbs. If you have questions about herbs, call her to schedule a private consultation (463-9211) or stop by The Roasterie to purchase her tinctures.

the rare case where I do get the flu, I have many effective remedies to ensure that I only suffer a mild case. In fact, as you may know I have written a book that covers those remedies in detail.

This coming **Friday, November 10**, at 7 p.m., I will be giving a talk on influenza at the Vashon Bookshop. I hope we will have a lively discussion about the likelihood of a coming flu pandemic, flu shots, and flu treatments generally. I very much hope that you will join me and help make the evening exciting and useful.

Kathy Abascal speaks at the Vashon Bookshop this Friday, November 10, 7 p.m., on Influenza: Pandemic, Flu Shots, and Flu Treatments

~~~~~

**LOGOS WEBSITES PRINTING**

CUSTOM CREATIVE DESIGN  
SMALL BUSINESS PACKAGES  
BRANDING AND MARKETING

SEE OUR WEB SITE FOR MORE...  
...OR IN PERSON AT PARKER PLAZA

206 **463-4024**

**[gargoyledesign.com](http://gargoyledesign.com)**

Obituary



John Skoor  
December 14, 1939 –  
October 23, 2006

John Skoor – father, husband, friend, artist, and Community of Christ lay minister - died October 23, 2006. He was swept away by a rogue wave associated with Tropical Storm Paul while on vacation in Cabo San Lucas with his wife, his sister, and his sister’s husband. John was born December 14, 1939, in Mt. Vernon, Washington. He graduated from Cleveland High School in Seattle and attended Graceland College in Lamoni, Iowa, for his undergraduate work. He also held a Masters in Fine Arts from Central Washington University. His major training was in drawing and painting, with a focus on staff development.

For many years John had a home studio in Seattle. Before retiring, he served as adjunct faculty teaching art at Seattle Pacific University and Central Washington University. He also served as faculty at Highline Community College and Green River Community College. Most recently, he taught for Seniors Making Art, a nonprofit organization dedicated to “enhancing lives through creative expression” for senior citizens in the Puget Sound area.

He faithfully served the Community of Christ as a lay minister and was an active member of the Rainier Valley and Renton, Washington, Community of Christ congregations. His wife of 35 years, Susan, is a member of the church’s Council of the Twelve Apostles, the leading missionary quorum of Community of Christ, headquartered in Independence, Missouri. The couple’s home is in Renton, Washington.

John and Susan are the parents of two married daughters: Marie, married to Jonathan Shipley, who resides on Maury Island; and Christie, married to Christian Skoorsmith, residents of West Seattle. They are also the proud grandparents to Marie and Jonathan’s daughter, Grace. John’s extended family includes many aunts, uncles, and cousins in the Seattle area. His mother, Marie, and sister, Patricia, live in Auburn. His brother, Bob, and sister, Debbie, reside in Moses Lake.

Though his life’s work was in the arts, his true love was his family and friends. His enthusiasm and positive energy was felt by all and his love of life will live within those who knew him.



# The Worm Guy

## Has Compost!

Vermicompost from Vashon food scraps



Eat it here

Use it here

Keep it here

When you think compost think  
"The Worm Guy"

Free Delivery on Island

For more information or orders, call The Worm Guy  
**206-817-0388**

mark@vashonwormguy.com

Bagged castings are available locally at True Value, Blooms, Island Lumber, The Country Store and the Farmers Market.

# Flash PHOTO

Your Photo Source ~ Traditional or Digital

Mon-Fri 10 - 6  
Sat 10 - 4

**Thriftway Plaza**  
**463-3311**

Closed Sunday

**We do passport photos**



# Planet Waves

by Eric Francis <http://www.PlanetWaves.net>



Happy Birthday Scorpio!

This is the year to learn the art of keeping clear with others. You will see the power of truth and the damage of secrecy. You will be able to use the truth to heal the hurts of the past, as well as have experiences that show you that you want no part of denial or veiled realities of any kind. There will also be some interesting boundary lessons, including learning how to assist others without getting too involved — even if something is going on right under your nose. Such might be the case in any question involving both a relationship partner and one of your kids. Just remember, you may know and love them both, but it really is their relationship.

**Aries (March 20-April 19):** As you've discovered, there's a difference between thinking you're running your life, and actually doing so. You're keenly aware at this point of all the ways you are at the mercy of the whims and decisions of others. Today and this weekend you can go a long way toward recognizing the specific ways in which you truly are at the wheel. Remember of course that no matter how fiery an Aries you are, you're part of the human race, whose members have a distinct tendency to give their power to others. There is a temptation, which is the notion that it's somehow an easier way to live.

**Taurus (April 19-May 20):** Since the real concern on your mind would appear to be security, why don't you confront that one directly? Not whether a certain person can offer you security, but rather the whole issue and its origins. Who gave you your preconceptions of what it means to be safe? What are the contradictions in those ideas? It would seem that in any quest for solid ground, you are seeking something in your life you feel has gone missing. You can figure out just what this is, but the surprise may be when you discover that it was not missing at all.

**Gemini (May 20-June 21):** Keep your resources moving, including various forms of assistance and support. Pay attention to who needs what, who has what to offer, what you need and what you have to offer — then arrange a distribution network. This

is not only good karma, it will actually make your life, and those of your friends, a good bit easier. Better still, the astrology of the moment is about establishing patterns. This is just the kind of pattern we all need, and you happen to be in a rare position to do something about it.

**Cancer (June 21-July 22):** Once you know what you want and what you value, you can take leadership, and that is the theme of today and the next few days. True enough, you're not in a position of perfect harmony with your environment, but you're doing a lot better than you have been any time recently. This is in part because you're allowing the chaos factor to work for you rather than against you. If you remember that any idea in original form will differ somewhat from the idea in polished form, you'll feel much more sure of yourself, and others will feel more confident as well.

**Leo (July 22-Aug. 23):** Innovation is the key, and it need not be a big fancy one. The thing about keys is when the right one fits the lock, nobody really cares what it looks like; it worked. It may be a small key that does the trick, and you may have to turn it gently, and if it doesn't work, there may be a back window open that you can crawl through. You can, however, trust that the way is open, that ideas will flow, and that you will have the resources you need to ensure your wellbeing. Be mindful, however, that your notion of wellbeing is also taking a journey.

**Virgo (Aug. 23-Sep. 22):** The missing piece may be showing up today, but don't be too shocked if it turns out to be the recognition that that you didn't quite understand where someone was coming from. In any event, you're set for yet another discovery of where a partner stands, and I know there have been a few of those lately. The surprise, however, will be figuring out how useful the information is. You now have a chance to go with their process instead of against it. It's not like you have to cave in to someone's viewpoint, but rather, put that viewpoint to work for you. To put it bluntly, know to whom you're selling.

**Libra (Sep. 22-Oct. 23):** Life is better when people are direct with us — that is, if



Relax and enjoy a charming cup of  
Jay Lillquist's

## COMFORT BLEND

### FRESH ROASTED COFFEE

Order information available at: [www.thehappycookeronline.com](http://www.thehappycookeronline.com)

"The Happy Cooker"  
Chef Jay Lillquist

(206) 729-1848 or (206) 229-8042

All Coffee Shipped Within 24 Hours of Being Roasted


**ORGANIC AND DECAFFEINATED ALSO AVAILABLE**

Mark your calendar for:

## New Years Eve

December 31st  
9:00 pm

### Vashon Sportsmen's Club



Email: [loose-change@comcast.net](mailto:loose-change@comcast.net)

**1/2 OFF**  
your first order



## Organic Produce Delivery

*Fresh, certified organically grown fruits and vegetables delivered to your home or office*

Organic produce is now available at the Roasterie, the new Minglement location

### 463-4764

Visit our website at [www.farmfreshorganic.com](http://www.farmfreshorganic.com)

## 19529 Vashon Hwy SW

you're a bold person. A certain individual's blunt and perhaps insensitive honesty may be off-putting for the first three minutes, but I suggest you get over it a little quicker than that. Immediately pluck up some confidence and make sure the discussion continues, particularly if this person is in a position of authority in your life. Over the next few days, you may decide you're deeply grateful for their gesture, and what you learn as a result. This is all part of a plan to make your life easier, and it will work wonders in time.

**Scorpio (Oct. 23-Nov. 22):** Yesterday's ideas are too often of little use today. But the planets and the intelligence that orchestrates them are suggesting strongly that you not only hold on to your ideas, but also dust them off every day and take them one step further. Let this be a devotion over the next month. Take a chance on the possibility that you're cultivating a garden, or a particularly brilliant project, or solving the oldest, most troubling problem you've faced all your life. This may seem like an unlikely week, but sooner or later, the knot untangles. It may as well be now.

**Sagittarius (Nov. 22-Dec. 22):** There is more developing in your life than you may imagine. I may have said this before, but this time I really mean it, in hearts, clubs, diamonds and spades. Much seems uncertain now. It's impossible to get a grasp on who feels what, who means what, and who is about to do what. I suggest you let none of it bother you at all, and just let the story develop. What happens today is just a sign of the positive developments to come, and how many people's lives will improve when the results of all your devotion and work come to fruition.

**Capricorn (Dec. 22-Jan. 20):** Welcome an opportunity to spend time at home with someone you care about. I would not be surprised at all if "out" is the last place you feel like being at the moment, but you're also fully aware of people and your desire

for contact with them. Part of why you may feel like being a little more retreating than usual involves an aspect between Pluto and your ruling planet, Saturn. There is a deep, rare change occurring in your life, which will soon manifest clearly. It's not wrenching and dramatic, but it's penetrating and somewhat urgent — so conserve your energy.

**Aquarius (Jan. 20-Feb. 19):** Continue to take professional matters slowly and carefully. What seems simple today will seem complicated tomorrow, and you need to remember the basics. The basics are the simplest way to state the purpose of any enterprise. Something like, "The purpose of a horoscope column is to give readers insight into their lives, to which they can come back to dependably." Use that sentence structure when you're trying to assess the purpose of anything, particularly a professional situation. Then between now and Nov. 9 or so, keep repeating it, particularly if you're feeling confused.

**Pisces (Feb. 19-March 20):** Finances are now the focus. Take the weekend and think through some of the more challenging questions you've been facing and you will undoubtedly come up with answers by Monday morning. Don't push or squeeze for the information, just work through the questions until you make a little progress, then make a little more. The timing on taking action is, by the way, a good few weeks off, so there is no rush — you have plenty of time to plot, scheme and refine your plays. Speaking of plays, this is less about work and more about fun.

◊◊◊◊◊

*Editor's Note: Our apologies, to Eric Francis and to readers, for the omission of Planet Waves in the last issue. I lost it. The column was here, somewhere in my computer, I just couldn't find it in time for publication. Don't panic. We still have the horoscopes. This is the only time something has been left out that someone wrote to ask what was*






**CERISE NOAH**  
Helping buyers and sellers with their  
Real Estate needs throughout Washington State.  
**(360) 756-6500 ext. 14**  
**(206) 227-5539 cell**  
  
**Licensed since 1996**

**ISLAND ESCROW  
SERVICE**

**Complete Escrow  
Service**  
Licensed & Bonded



9929 SW Bank Rd. #204  
206-463-3137 fax 206 463-9122  
islandescrow@centurytel.net

**PERRY'S VASHON  
BURGERS**

**17804 Vashon Hwy SW**

**Open 11am to 8pm Monday-Saturday**  
**12am to 5pm Sunday**



**Best Burger in Town!**

**For a Burger  
Emergency**

**463-4-911**



**Vashon Island Bicycle**  
*Much more than just a bike store.*

Breeze on in and ride out,  
same day service  
Check out  
www.vashonislandbicycles.com



**(206)-463-6225**  
**Downtown Vashon next to the Post Office**


**Flash PHOTO**

Your Photo Source ~ Traditional or Digital

**Thriftway Plaza**  
**463-3311**  
**We do passport photos**

Mon-Fri 10 - 6  
Sat 10 - 4  
Closed Sunday

*Island Epicure*



**What to Do with All  
Those Apples**

By Marj Watkins

“No one on Vashon Island ought to ever have to buy apples,” they told us when we first came to Vashon Island. This fall it’s true. The Island’s trees are producing more bountifully than they have done in a couple of decades. Friends share with friends.

When eating commercially grown apples, we wash them well with soap and warm water before peeling to remove as much insecticide as possible. New Zealand apples are sprayed much less than Washington-grown commercial apples which may receive as many as seven sprayings from blossom to ripe apple.

Uses a 9.5-inch glass pie baking dish. For a 9-inch pie, peel one less apple; reduce cranberries to about 3/4 cup.

**Apple Cranberry Pie**  
Preheat oven to 450 degrees  
Bake 45 to 50 minutes in 9-inch glass pie pan  
6 to 8 servings

**Crust:**  
1/2 cup brown rice flour  
1 & 2/3 cups barley flour  
1 teaspoon salt  
1/3 cup olive oil  
1/4 cup water

Sift dry ingredients into a large mixing bowl. Make a deep dent in them. In a small bowl, fork-beat the oil and water to a froth. Quickly pour and stir into dry ingredients. Form a soft dough ball or mound. It should clean the bowl. Cover tightly with plastic wrap. Let rest 30 minutes.

**Filling:**  
6 cups peeled, sliced apples (4 large or 6 medium size)  
1 Tablespoon lemon juice  
2 Tablespoons barley or rice flour  
1/2 brown sugar or brown Splenda®, or Sugar Twin®  
1 & 1/2 teaspoons cinnamon  
Scant 1/4 teaspoon ground cloves  
Scant 1/4 teaspoon ground nutmeg  
1/2 teaspoon salt  
1/2 cup raw cranberries

Peel, core and slice apples into a large bowl. Toss with lemon juice. In a small bowl, combine flour and spices. Toss flour-spice mixture with apples.

**Assembly:**  
Reserve 1/3 of the dough. Pat the rest into a 9.5-inch glass pie pan for the bottom crust. Hold the pan up to the light to see where thick and thin dough needs to be evened in thickness. When as evenly thin as you can make it, bake this bottom shell 8 minutes. Remove from oven. Reduce heat to 350 degrees.

Form the reserved dough into a thick disk. On a sheet of plastic wrap, pat it to a thin disk about 7 inches across. Chill (plastic and all) on plate in freezer 5 minutes. Cut into 8 wedges. Transfer apple slices to pie shell. Tuck cranberries into spaces between apple slices and around the edges. You’ll be surprised at how many you find room for.

Flip pastry wedges onto filling. Peel off plastic wrap. Bake 50 minutes, or until apples are tender (stick a fork in between wedges to test) and crust is lightly browned. Cool on rack.

Serve with vanilla yogurt, whipped cream, or French vanilla ice cream. Yumm!

**Nutrition Notes:** One slice supplies 4.6 grams of fiber, 11.5 grams protein, 13.32 mg. magnesium, 91 mg. potassium, 90 selenium, 3.76 zinc 24.6 mg. sodium, plus some boron, some Vitamins B1, B2, and B6, 8.3 mg. folate, 9.5 grams fat and 192 calories made with Splenda® or 280 calories made with sugar.

Barley flour is the lowest on the glycemic index of all the flours. Apples supply fiber and alpha lipoic acid, good against diabetes (diabetics make pie with Splenda® or Sugar Twin® used in same amounts as sugar).

**Cran-Apple Crisp**  
4 large tart apples  
2 teaspoons pumpkin pie spice, or:  
1 teaspoon cinnamon  
1/4 teaspoon cloves  
1 cup rolled oats  
1/2 cup flour  
1/2 cup sugar or Splenda®  
1 teaspoon cinnamon  
1 teaspoon ginger power  
1/4 cup soft butter

Combine apple slices, cinnamon and nutmeg in 9-inch square glass or ceramic baking dish. Combine oats, flour, cinnamon and ginger. Work in butter. Should make crumbly mixture. Strew over apple combo. Bake in preheated oven at 400 degrees until top is nicely browned and apples tender. If top browns too soon, cover with loose sheet of foil. Serve warm or cold, with cream if desired. ☺☺☺

**Madame T oujours**

Dear *Madame T oujours*,

I am a forty-year old woman who desperately needs your help. I am a packrat. Not literally, of course. I mean to say that I have a tendency to collect things, and I can’t bring myself to get rid of them. It’s beginning to be a problem. I had to move my daughter Tambi’s bed into the dining-room because I needed her bedroom for storage. My husband Chad has always complained that he can never find anything when he wants it. Of course, I always know exactly where everything is and can find it for him in less than a minute. Last week, though, he finally lost his patience. I’m always warning him to be careful when he opens the door of the garden shed, but he forgot. He ended up with a concussion and a hairline fracture of the clavicle.

In the hospital, Chad gave me an ultimatum — him or my stuff. He can’t be serious. It’s not like I’m some crazy person collecting twenty-year old newspapers and old coffee cups. This is all useful stuff—crafts and garden supplies and tools.

What if I got rid of something and then needed it later? There must be some way to keep my stuff and my marriage, too.

Sincerely,  
A Collector

*Chere Mme.* Collector,

Many of the modern psychological persons are telling you that this is the longing to have the love of the emotionally distant mother. This is the big nonsense. You are merely having the difficulty with the important hunting and gathering instincts which are running amuck. In the older times before the refrigerators and the shopping centers, it was being very important to collect and store the useful items when they were being available. This was being the very desirable trait that was keeping everybody alive for the winter.

Unfortunately, in the modern times, it is being too easy to be hunting and gathering, so the very good providers are collecting so many of the useful items that they are falling on the husbands and the children and crushing them which is not being good for the surviving of the species.

First of all, go to *M.* Chad in the hospital and say to him, “For shame to be opening the doors for the private storage places. You are the terrible husband.” After all, you are the superior hunter and gatherer — he should be having the big gratitude to be for you the husband.

Next put all of the useful items into the storage boxes, label them, and store them where they are not falling on the family members. Now you are having the fun of sorting through the collected treasures and can spend many happy hours fondling and admiring your cleverness.

*Bon Chance, Mme.* Collector, and possibly you are finding that to be throwing away some of the useless and ugly items to make room for the others is almost the same entertainment as collecting them in the first place. ☺☺☺





# Olympic Instruments, Inc.

■ Custom Manufacturing, Machining, Welding, Fabrication, Repairs  
■ Short & long run production  
■ Prototyping  
■ Length Meters for Wire & Cordage  
■ Cunningham Air Whistles

Your Vashon Neighbor Since 1946  
Monday – Thursday, 7:00 AM – 5:30 PM

16901 Westside Highway SW  
Vashon, WA 98070

Phone (206) 463-3604  
www.olympicinstruments.com  
www.cunninghamairwhistles.com



Relax and enjoy a charming cup of  
*Lay Lillquist's*

## COMFORT BLEND FRESH ROASTED COFFEE

Order information available at: [www.thehappycookerone.com](http://www.thehappycookerone.com)  
"The Happy Cooker" (206) 729-1848 or (206) 229-8042  
Chef Jay Lillquist

All Coffee Shipped Within 24 Hours of Being Roasted

ORGANIC AND DECAFFEINATED ALSO AVAILABLE

# Positively Speaking



The No. 1 Ladies' Knitting Group: Some of my friends from the Vashon Knitting Group

## Knit One, Purl Together

By Deborah Anderson

The basement of the former Bon Marche at Northgate had this department with amazing novelty sweaters. Twenty years later, my two favorites, a pinkish one that looked like an old quilt, and a purple one I came to call my preschool sweater because toddlers and preschoolers loved to touch and trace the plastic gems scattered on the colorfully outlined objects, had been worn to the point of unraveling.

Billie suggested I come to the Saturday morning knitting group at Seattle Roasterie/Minglement, bring the sweaters, and someone there would surely know how to repair them.

So I did. As I pulled out my beloved treasures from the bag and sadly showed the strings that once held the neckline and arms together, I thought of an essay I wrote two years ago for this column. In what I would now call a somewhat sardonic essay, I had posited how we would know what the heart of Vashon is when the new business went into the, then, newly sold SBC. As we all now know, Eva has transplanted a new heart that beats with the coming and going and gathering of friends and neighbors getting a cuppa or staying for a chat with crumb cakes and cozy chairs.

One of the chambers of the new heart of Vashon is the little group of knitters that meet from 10:30 a.m. to noon or so on Saturday mornings, gathered in the corner where the herbs and tinctures patiently wait to be discovered. The ladies of the group took one look at

my near-death apparel and cheerfully suggested many ways to pick up stitches and bind off and cast on and recreate. It was a dilemma easily fixed in their eyes. Since I had in my possession a half done, eventually, nine foot long scarf my daughter had requested, I thought perhaps their inspiration would encourage me to finish. I never stopped going. It's been about two years now. I finished the scarf, moved on to one sweater, stopped to make another sweater so I could practice what I needed to know on the first one, and now am completing a preemie blanket.

Knitting groups are *de rigueur* these days. Almost everyone has one somewhere (There's a new one starting at Cafe Luna that will meet on first and third Thursdays at 5 p.m.). The book *Stitch and Bitch* was a huge success. Celebrities are knitting now. Vogue has a magazine devoted to it.

But inside our group is the warmth and cheer that comes not only from a shared interest, but from shared journeys. Remembering Liz's handbag that started with two handles purchased at Grannies for 50 cents, still brings oohs and ahs and admonishments that she should make more and sell them. But equal to that memory is her retelling the story of how she tried to drive her son's car that she couldn't get out of reverse, which left me with moist eyes and aching sides from laughter.

Kathy mastered the appliqué flowers in the afghan as Ellen carefully guided her, but we also just finished celebrating her birthday twice with wine cheers at Gusto Girls and the following Saturday

Sarah Browne



**Buyer's Specialist**  
**(206) 550-8975**



**Your Home Team Realty**  
**(206) 463-LIST (5478)**  
**www.kwvashon.com**

morning with to die for brownies we carefully kept off our yarn. Robin has a joke a week. Marcia's trip to Norway combined the best of knitting and family. Claire's victorious eye surgeries are second only to the absolutely adorable children sweater sets she knits. And everybody but me does the socks.

The preemie blanket is part of an endeavor called The Preemie Project. A charge nurse at Swedish passed out a set of instructions to as many knitters as she knew with the directions for blankets, hats and booties for little ones who get so excited about joining this world they can't wait nine months. Everyone has, so far, made a little bit of everything except for me. My contribution will be one lone little blanket. We're hoping for over a thousand pieces. Kathy keeps bringing items the Southworth passenger Ferry people have made and some from Issaquah; the town, not the ferry. It makes me smile to think that most of those babies haven't even been conceived yet. Preemie parents who don't even know there will be cause for concern yet, have no fear. there's a group of loving hands, hundreds of them, who are excitedly preparing for your babies to be warm and comfortable.

I'll let you know next time how many pieces are collected. And the name of the charge nurse. And I even have it in my brain to go find one of those babies and tell you their victorious struggle in that warm little blanket.

In the meantime, we women who blanket each other with cheer and encouragement are looking



## Wipe Out

Carpet & Upholstery Cleaning

**Randy Bruce**  
**(206) 463-6314 Office**  
**(206) 300-5905 Mobile**

Certified Carpet Technician  
Adv Truck Mount Equipment  
(Environmentally friendly Formula)

Certified Upholstery Cleaner

Oriental & Antique Rugs  
Pet odor control  
Water Damage  
Deodorization  
Carpet Repairs

forward to seeing more of you. Drop by some time for a day or a stay.

If you are a close friend and you get a snugly pair of house socks for a holiday present, you know I finished the blanket.

Love,  
Deborah

ooooo



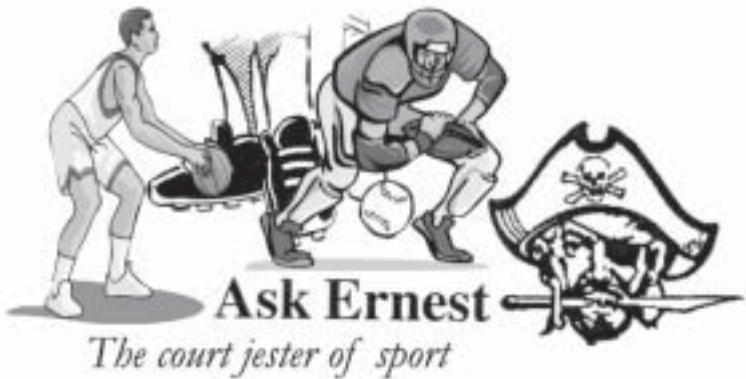
## Another Owl Released at Wolftown

On Saturday, October 28, late in the Wolftown Howlaween celebration, a sawhet owl that had been rehabilitated at the project was released back into the wild, while Girl Scouts and other visitors watched. This one moved too fast to actually get its picture taken, but I swear that the owl's release and flight is what's about to happen in this photo.

In other Wolftown news, the winning name in the "Name the Owl" contest was Otis. Otis the Owl would be unable to survive on its own, and is now in permanent residence at Wolftown.

To help Wolftown in their conservation and education efforts, please call (206) 463-9113, check the Wolftown website at [www.wolftown.org](http://www.wolftown.org) to find out how.





Ernest,  
You seem to desire a literary association with the late, great Ernest Hemingway. What you don't share is the ability to be precise, to dice, to not say everything twice, or three times for that matter. Remember the iceberg: We only want to see what we're meant to see; the top 1/10th. Leave the rest to our imagination. Please!  
Doctor Lottle  
P.S. Keep it raw, keep it existential, let it thaw in the Boston residentials.

Okay Doc,  
Direct Orders. Here's some pictures. Here's some captions. You fill in between periods.  
Ernest



2006 Seahawks 1st Round Draft Pick, Kelly Jennings, chills out between his 4-a-day workout plan. Photo by Alison "Alleycat" Katika



Lotsa little kids at the Wheeler's house. Many will be voting in 16 years.



Ichiro grows a ponytail after losing bet with Hargrove. "He thought we would be .500 this year. Silly Ichiro," Hargrove said. (Ichiro vows to keep the pony tail next year, even if traded to the Yankees.). Photo by Alison "Alleycat" Katika




Chainsaw Champion Duck Limberg. Using a chainsaw. Wearing a "No Pain No Gain" t-shirt. "It's tough being tough," he said.



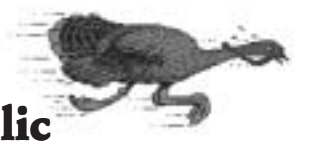
Scott Hendrix, always the ladies man since college, gives Piper Grace (his and Laura's new little one!) a lesson on the History of Elliot Bay.

# Vashon Sportsmen's Club Turkey Shoot

This fall shoot is part of a great American tradition that dates back to before the founding of our country. One of the blessings our country had to offer the world was the turkey. With its delicious meat, and large size, it was a perfect example of the bounty of the New World.  
Today we continue the tradition of marksmanship competitions to decide who is really worthy of bringing home a nice big turkey for their dinner. So bring your shotgun, and try your hand at a round or two of trap, and see if you get to go home with a plump turkey for dinner!  
The date of the Turkey Shoot is Saturday November 18th. Sign-up at 9 a.m. the shoot starts at 10 a.m.  
All participants must register by 10am in order to play. The cost is \$5.00, which includes the clay pigeons, but not shells. They will be available for purchase from members at the event



**November 18th**  
**9:00 am**  
**\$5.00**  
**Open to the public**





**LS CEDAR CO**

|          |        |
|----------|--------|
| 2x6      | \$1.50 |
| 2X8      | \$2.00 |
| 2X10     | \$2.50 |
| 2X12     | \$3.00 |
| 6X6      | \$2.00 |
| 463-5535 |        |

**PER FOOT**

ALL GOOD  
ALL FULL-SIZE  
ALL NATURAL

Beautiful Rough Cedar  
Landscape Stock



**STOW & GO UNITS**  
BEST RATES - BEST TERMS ALWAYS!  
DRY SECURE SPACE, EZ ACCESS  
**206-567-4663**

Contribute to the  
Vashon - Maury Island Heritage Association  
Conserving Local History

## The Loop Needs You

We are looking for a self-directed, self-motivated person to:

- Design and sell ads
- Manage subscriptions
- Oversee distribution

The right person will have:  
Proficiency with Adobe or other graphics program  
Excellent communication skills  
Ability to work under deadlines  
Solid organizational skills  
Flexibility and creative ideas!  
Experience in Quickbooks is helpful but not necessary.  
We will train.

Compensation is commission based on sales. Your only limit is how much you want to work.  
This is a great opportunity to get paid for becoming more involved in the community!  
Please send resume via email to [mariebrowne2000@comcast.net](mailto:mariebrowne2000@comcast.net).



Lo'py Laffs

They have a **Dial-a-Prayer** for atheists now. You can call up and it rings and rings but nobody answers.

Some people are *wise*, and some are *otherwise*.

Sex appeal is 50% what you've got  
and 50% what people think you've got.

Golf is a good walk spoiled.  
— Mark Twain

One reason a dog can be such a **comfort** when you're feeling blue is that he doesn't try to find out why.

*In the year 2000, the world's population was more than six billion people. In 1500, the world population was about 400 million. The biggest cities were the size of today's towns.*

Getcher One Liners Right Here!

Better living through denial.  
I doubt, therefore I might be.  
Life is short—make fun of it.  
I don't repeat gossip, so listen carefully.  
Earth is the insane asylum of the universe.  
Love is blind but marriage is an eye-opener.  
Wisdom is to understanding as intelligence is knowledge.  
Age doesn't always bring wisdom, sometimes age comes alone.  
Rest assured that all your effort and hard work will go unnoticed.  
Space is a dangerous place, especially when it's between one's ears.

If vegetarians **love** animals so much, why do they eat all their food?  
*Everything can be filed under "miscellaneous."*

*The books that the world calls **immoral** are the books that show the world its own shame.*  
—Oscar Wilde

I almost had a psychic girlfriend...**but** she left me before we met.

**A guy goes** to the supermarket and notices a beautiful blonde woman wave at him and say hello. He's rather taken aback, because he can't place where he knows her from. So he says, "Do you know me?" To which she replies, "I think you're the father of one of my kids." Now his mind travels back to the only time he has ever been unfaithful to his wife and says, "My God, are you the stripper from my bachelor party that I had on the pool table with all my buddies watching, while your partner whipped my butt with wet celery?" She looks into his eyes and calmly says, "No, I'm your son's math teacher."

*I intend to live **forever**.....so far, so good.*

*If you take a dog which is starving and feed him and make him prosperous, that dog will not bite you. This is the primary **difference** between a dog and a man.* —Mark Twain

The older you get, the better **you** realize you were.  
*I'd kill for a Nobel **Peace** Prize.*

It's not a food chain, it's a food **circle**. If it wasn't dogs wouldn't have fleas and crabs wouldn't eat sharks.

*A conscience is what hurts when all your other **parts** feel so good.*  
*All those who **believe** in psycho-kinesis, raise my hand.*

If Barbie is so **popular**, why do you have to buy her friends?

*The **hardness** of the butter is proportional to the **softness** of the bread.*

Experience is **something** you don't get until just after you need it.  
To **steal** ideas from one person is plagiarism; to steal from many is research.

*The learned are seldom pretty fellows, and in many cases their **appearance** tends to discourage a love of study in the young.* — H. L. Mencken



LOGJAM





# Loop Arts



Loopy sez: Deadline for the next edition of *The Loop* is Friday, November 17



Members of Blue Heron Youth Theater rehearse for upcoming performance, *The Legend of Sleepy Hollow*. Photo by Janice Randall

## Blue Heron Youth Theater Performs Sleepy Hollow

By Janice Randall

Don't expect the Johnny Depp version of *Sleepy Hollow* from Blue Heron Youth Theater when they perform *The Legend of Sleepy Hollow* at the Blue Heron 7:30 p.m., **Friday and Saturday, November 17 and 18**, and at 2 p.m., **Sunday, November 19**.

Although everyone knows the scary story about a headless horseman who roams the countryside and terrorizes the tiny hamlet of Sleepy Hollow, Blue Heron Youth Theater's version dwells more on the eccentric, comic characters who live in the Dutch farming community. Actors, ages 10 to 17, have worked under the direction of Patricia Kelly since mid-September to bring Washington Irving's classic ghost story to stage. Tickets for the show are available now at Heron's Nest and Blue Heron Art Center, \$7 VAA members, seniors and students/\$10 general admission. *Sleepy Hollow* is recommended for ages 5 and older due to occasional thundering hooves, simulated lightning and creepy music.

When new schoolmaster, Ichabod Crane (Jack Summers) is hired by the inhabitants of Sleepy Hollow, they have no idea of the ensuing chaos that will erupt. While Ichabod disciplines the children, he shares his worldly charms with the town's eligible women and insatiable appetite with anyone who'll provide him a hot meal. He soon sets his sites on Katrina (Hannah Higginbotham) who comes from a wealthy family. As luck would have it, Ichabod must compete with a rival, Brom Bones (Yusuf Griffin), for Katrina's attentions. Brom receives support in his endeavors from good friend, Yost (Alex Soriano). Meanwhile, Greta (Whitney Williams) goes after both Ichabod and Bones. Farmer Stuyvesant (Peter Evans) is charged

with the impossible task of keeping order in the town.

Kelly says, "The rivalry between Ichabod and Bones, Ichabod's daily dilemmas and struggles with the school children and his relationship with the townspeople offer plenty of humor that both children and adults can appreciate."

The headless horseman tale, told by keepers of community lore and the town gossips (Mrs. Van Hudson — Halla McManus; Mrs. Van Tassle — Peri Roberts; Mrs. Trenkler — Maya Bulow Krah; and Widow Van Doorn — Erica Walker) are anxious to share everything they know. According to storytellers, the headless horseman is the ghost of a Hessian soldier who lost his head in a fierce battle during the Revolutionary War and will spend all eternity galloping along country byways searching for his lost head.

Emma Hennessey plays a ghostly woman in white and Johanna, the student. Isaiah Mosser Rhome plays the menacing pirate ghost, and Walter, a student. Iris Spring provides fiddle accompaniment for the town dance. Debra Vaughn and Gordon Millar have created a beautiful autumnal set, Marian Easton is the production coordinator, and Linda Higginbotham is wardrobe mistress. Bring the whole family and come see the mystery of the headless horseman! Special thanks to Vashon Thriftway for supporting VAA Family programming.

## Author Joyce Maynard at Books by the Way on November 10

By Cindy O'Brien

Joyce Maynard is no stranger to murder. She comically explored the subject in her popular novel, and subsequent movie, *To Die For*. Eleven years later, Maynard tackles the subject again in her latest book,



Christopher Sibbers. Photo courtesy of Sibbers Family

## Chamber Orchestra Fall Concert

*Continued from page 1*

*The Brandenburg Concerto No. 4* by J.S. Bach features a solo violin and two solo flutes. The violinist will be Gaye Detzer, renowned violin teacher, performer, conductor for Drama Dock musicals, and all-around Island Institution. Flutists will be Nancy Morgan and Janeen Bramwell. Nancy Morgan is a long-time Island teacher and performer of Classical, Folk, Blues, and Improv. She also was a founding member of Cambria Chamber Ensemble and is a certified Therapeutic Music Practitioner. Janeen Bramwell teaches flute and tango, and was principal flute with Orchestra Settle for twelve years. She has played with the chamber group Prevailing Woods and is currently with the tango group Avanzando, playing flute, piano, and bandoneon.

The final piece on the program will be the *Holberg Suite* by Edvard Grieg, Op. 40. The conductor will be Jonathan Graber, with Mary Walker as Concertmaster. Tickets will be available at the door, \$7 for adults and \$5 for kids under 16.

*Internal Combustion*. Never afraid to brave a new medium in her thirty-plus years of writing, Joyce has proven her talent in fiction, memoir, journalism, and now non-fiction true crime.

On Mother's Day, 2004, an award-winning teacher and mother of two grown sons, kills her husband of thirty-two years. Why?

Fueled with journalistic curiosity, Maynard travels to Detroit to understand what went wrong in this family. In the process, she also begins to understand what went wrong in her own family history.

A vivacious and engaging story teller, Joyce Maynard will share excerpts from *Internal Combustion* and discuss her new work at Books by the Way on **Friday, November 10**, at 7:30 p.m. Don't miss this warm and generous talent who, when not writing or hosting writing workshops, can be found in a kitchen feverishly baking pies. To find out more, see her website at: <http://www.joycemaynard.com>

[www.vashonloop.com](http://www.vashonloop.com)

**Dinner and a Movie**  
**\$25 every Wednesday night!**  
**Dinner at Sound Food**  
**5 - 6 p.m.**  
**Movie at the Theater 7:30 p.m.**

## Flushed Away

Nov. 8 -- 16

## The Departed

Nov. 10 -- 16

## Happy Feet

Nov. 17-- 30

## Seattle International Comedy Competition

November 22, 7:30 p.m.

**Vashon Theatre**  
**463-3232 for more**



For show times, check [www.vashontheater.com](http://www.vashontheater.com) or call (206) 463-3232

## Closed Saturdays!

**WOK IN | TAKE OUT**  
**206-463-7980**



9925 SW Bank Rd  
Open Mon-Friday  
11:30 am till 8:00 pm

**463-7980**

New Owner ~ Same great taste!



Late Night Bathtub by Jeremy Gregory

## Jeremy Gregory Has a Video on YouTube

Fine artist and former *Loop* cartoonist Jeremy Gregory has a one-minute video on YouTube, at <http://www.youtube.com/watch?v=jjdCCRI9R4o>. His nickname is batteryjuicer.

Gregory's strip *Dad and Boy* ran in these pages for a year or two, before he told us he had to pursue paying gigs. We understood. This video, which shows the creation of a painting, shows what a fine artist Gregory is.



## American Hero Quilts Show at Open Space

The Dream is that each of our injured troops returning home from war through Madigan Army Medical Hospital and other military hospitals receive a “hug” of appreciation. These “hugs” are exceptional, patriotic, heirloom quality quilts. Each is unique, created by many loving hands, and is long-arm or hand quilted.

The quilts in this show are not for sale but are artworks of the finest quality that are presented to the community for their enjoyment and to bring about an awareness of other Island groups. Stop by and see these compassionate works of art. Please leave all politics at the door. For more of the story see [www.americanheroquilts.com](http://www.americanheroquilts.com).



Every quilt has a label that says, “You are our hero! Thank you!” Photo courtesy of American Hero Quilts

**American Hero Quilts  
Patriotic Heirlooms  
Friday, November 10  
from 11 a.m. to 9 p.m.  
Open Space Gallery  
at Gargoyle Design  
Located in Parker Plaza  
Sponsored by  
Gargoyle Design/Paul Wilkin**

**Who’s Counting?**  
<http://icasualties.org/oif/>

## Tom Gross-Shader at Two Wall Gallery Through November

By Ben Meeker

Tom Gross-Shader paints tortured, confined and bound forms with open, light and exultant color. He paints heroic everyday objects that represent everyday activity with joyful, loving clarity. These themes and emotions are painted and drawn with hard, definite, confident lines and colors that refer to color more than some synthetic notion of space and light.

Crows are harbingers, clowns, community activists, public speakers, industrialists and resourceful omnivores. Tom’s crows provide a metaphoric function as they flap around the (now iconic) form of a hooded torture victim at Abu Ghraib prison. They sit in judgment of a birdwatcher, with his binoculars, behind his picture window. And a murder of his crows swirl around in a reliquary-like enclosure until they begin to become a lyrical abstraction of black and white with a geometric flight plan.

Many of Tom Gross-Shader’s paintings are biographical in content



Intense, by Tom Gross-Shader

and form. His dinner table with askew chairs and toys scattered beneath, is a portrait of his family.

His studio easel with rags, stored household overflow, a toy truck, paint and paintings is a picture of the painter father. A bottomless crevice on a snow covered mountain is a portrait of a mountain-climber/athlete.

The third sort of painting is a little harder to conceptually categorize. These images range from the horribly violent to immaculately serene. Gross-Shader has painted a bull in the ring being stabbed by a Picador on his padded horse. Unlike Picasso’s celebration of the bullfight he has painted the bull more like a Max Beckman torture victim with the horse lancer and bull twisted together into a vertical column contained by a secure perimeter. His tank, pit, empty swimming pool painting with its entry or exit ramp can be seen as a quagmire metaphor, burial chamber or potential recreation. It is up to the viewer.

If you come to celebrate the crow, the elegant life of a Vashon artist, or if you want some thinly veiled progressive political thought, Tom Gross-Shader’s exhibit at the Two Wall Gallery will satisfy you. This exhibit will be on display from **November 3 through November 27.**



Ravens, by Tom Gross-Shader

## Vashon Bookshop

### So Many Books, So Little Time (Just 47 days ‘til Christmas!)



Don’t miss Kathy Abascal, author of *Herbs and Influenza: How herbs used in the 1918 Flu Pandemic can be effective today* at the Bookshop this Friday, November 10, at 7 p.m.

Open Monday through Saturday, 9 a.m. to 7 p.m.  
Sunday 9 a.m. to 5 p.m. (206) 463-2616

**17612 Vashon Highway**

Ready-made frames~ Prints~ Cards~ Mirrors~ Good ideas~ Custom

Custom framing~ Do-it-Yourself~ Posters~ Photo Albums~ Gifts~ Cards

**Frame of Mind**

Tues-Sat, 10-5  
**463-3933**  
9926 Bank Road (next to Cafe Luna)

Ready-made frames~ Prints~ Cards~ Mirrors~ Good ideas~ Custom

## What’s Happening at the Vashon Bookshop

By Devon Atkins

Jeanne Robinson’s photography, “Appreciations of Things Distant and Close,” can be seen at Vashon Bookshop during the months of November and December, featuring the people and culture of India, as well as an admiration for what is closer to home.



Photo by Jeanne Robinson

## Vashon Film Makers Atkins and Franks Are on IndieFlix

Vashon college students/film makers Alex Atkins and Andrew Franks are excited to announce that their short film, *What Time It Is*, is now available on IndieFlix. This is a short film that was made for The University of Washington’s 24 Hour Film Contest. The directors were given a prop, a line of dialogue and a 5 minute time limit. They had 24 hours to write, film, and edit the film.

A plot précis: “Hudson is conducting an experiment he doesn’t know about. A young man wakes up alone in a football field. He must follow the few clues he has been given to understand how he ended up there in the first place.”

To purchase *What Time It Is* on DVD, follow this link: <http://www.indieflix.com/FilmDetail.aspx?tid=5130>

The Christian ideal has not been tried and found wanting; it has been found difficult and left untried. – H.L. Mencken

My mother loved children – she would have given anything if I’d been one. – Groucho Marx



# Build Your Dream Home

## \$205,000

- ☞ .37 Acres
- ☞ Paid water share
- ☞ Septic Design
- ☞ Site Plan

MLS # 26044309



Build Your Dream Home. Top of the World View. Enjoy a Panoramic Mountain and Water Vista. Watch the Sunrise over Mt. Rainier. See the Cargo Ships Glide By on the Puget Sound. Quiet Community of Quality Homes. Design Your Own Home or Choose a Modern Design Provided. Includes Preliminary Site Plan, Paid Water Share, Approved Septic Design, and Geotech Report.

### Now is Great Time to Buy Real Estate

## Secluded and Serene

## \$249,500



- ☞ 5 Acres
- ☞ Riding Trails
- ☞ Heavily Forested
- ☞ Possible Owner Financing

MLS # 26123399.

Secluded and Serene. An Ideal Location for Your Dream Home. This Wooded Property Offers You What Island Living is All About. Possible Owner Financing. Septic Feasibility Indicates Good Soils. Buyer to Drill for Water. Critical Areas Ordinance Evaluation Done. Vashon Island is a Rural Paradise Where You Can Enjoy Miles of Saltwater Beaches. Work in the City and Live in the Country!

*"We are passionate, focused, and real. Together we have 20 years of real estate experience on Vashon Island. We'd love to help you realize your home owning dreams."*

**KELLER WILLIAMS.**  
REALTY

SEATTLE METRO WEST

## Glendale Business Center

An Independent Member Broker

17326 Vashon Highway SW

**206-463-SOLD (7653)**

home\_4\_you@hotmail.com

www.SteenTeam.com



**Fred and Carolyn Steen**

**Keller Williams Realty  
Glendale**

Local Expertise With a National Presence

- ~ Vashon's only National Real Estate Office
- ~ 4th Largest Real Estate Network in the US
- ~ Over 71,429 Agents in 611 Offices
- ~ Recognized and Respected for Excellence

### SPECIAL

18 x 21 Steel Buildings  
30 x 40 Steel Buildings  
40 x 60 Steel Buildings  
60 x 120 Steel Buildings  
Factory Priced

### BLOWOUT!

Call:  
BERGIN CONSTRUCTION  
463-6232

### SCC

Sound Contracting & Consulting

SOUNDCC972K2

(206) 463-2055

Michael O. Bradley

Contracting & Consulting Services

- Detailed, cost effective building plans
- Liaison with DDES for permits, land use issues
- DDES dispute resolutions
- Remodeling ideas and installations



Farming  
Fencing  
Front end loader  
Small backhoe

**Doug York**  
( 206 ) 567-4776

Driveway repair  
Rototilling  
Brush cutting  
etc.

**MEADOW HOUSE**  
Lovely, furnished one  
bedroom apartment  
with deck, yard, and cable  
television. Children welcome.  
No Smoking or pets.  
\$700 per month.  
Weekly/monthly/  
short term leases available.  
Security deposit and  
references required.  
Reservations (206) 463 3009

**RR Ties** \$5.00 - \$22.50  
ea Vashon p/u  
**4 Grades 463 5161**

### Build Your Own Home!



Equal Opportunity  
Housing Provider

You can help build your first  
home for as little as **\$170,000** for  
a Craftsman-Style, 3 BR, 2BA.  
Call Vashon HouseHold at 206-  
463-4880 for more info.

### SHORT TERM RENTAL

DEC 1ST 06 - MARCH 07.  
2 BED/ 1 3/4 BATH SINGLE STORY partly  
furnished HOME IN BURTON. Large living  
/dining area and open plan Kitchen with  
Propane range. Wood stove and electric  
heat keeps this 1200sq ft home cosy in  
winter. Refurbished recently with wood  
floors windows and doors. very clean and  
bright. Washer/dryer/ cable/ phone  
Trees/ Gardens and plenty of parking.  
Asking \$925 per month plus  
Utilities for 2-5 months .  
First /last and deposit needed on signing.  
Must have excellent refs  
and no dogs please  
Owner has Studio on property where he  
may stay once in a while after feb 07.  
contact Marc at 463 2648 or email  
habeyondo@yahoo.com

THAT GUY & JOSSONS

## Home Services CENTRAL

Serving Vashon & Maury Islands

Bonded & Insured Contractor  
License #HOMESSC940KL

### Complete Home & Property Maintenance

With experts specializing in:

|                                                                                                          |                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| Landscape<br>Carpentry<br>Fencing<br>Decks<br>Tree Service<br>Pressure Wash<br>Home Repairs<br>Gardening | Brush Clearing<br>Hedge Trimming<br>House Cleaning<br>Lawn Maintenance<br>Drainage & Run-Off<br>Remodeling<br>Dandelion Control<br>Gutter Cleaning |
|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|

**One Call Gets It All!**  
Jordan 206-228-1626  
Jeff 206-579-6333

Your Home Is Where Our Heart Is!

## Sound Choice Spas



Since 1978  
Vashon Island, WA 98070

### SPAS - HOT TUBS

Sales/Service/Repair  
Swim Spas, Pools & Saunas  
Spa & Pool

Chemicals • Covers • Accessories • Equipment  
We repair and service all makes & manufacturers

Island Owned and Operated Since 1978

Over 30 Years Experience

**206-463-9390**

soundchoicespas@cs.com

### HOUSE SITTING

Plants, garden and pet care  
Excellent references

**Marie Schlick 567-4030**

### "AMPM" Cleaning Services

Now accepting clients  
30 years' experience  
Commercial and  
residential  
Licensed and bonded  
Call (206) 463-2423  
http://home.mindspring.com/~ampmservices/

