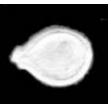
In this issue: Summer reading, Fire Board candidates speak, sustainable tourism, a lot of music and dance, swimming, triathlons, and amusing cartoons and more stuff than you can imagine, some of it funny.



10,000 Year Old Seed Page 9



Swimmers get wet
page 16



Molly's Revenge free at Ober Park, Chris Chandler returns, Teen Photo camp and more dancing

pages 18 & 19

# THE VASHON DO P

Vol. 4, #15

TO INFORM AND AMUSE -- TO PROVOKE THINKING AND ACTIVISM

# Election Primaries Coming Soon

by Ed Swan

The heat is on for the primary election coming August 21. This year's election comes several weeks in advance of the usual date for primaries in Washington. Vashon faces two important local races in the primary, one for the Vashon Island Fire and Rescue Board (VIFR) of Fire Commissioners and the other for the Vashon Island School District Board of Directors. Both contests feature candidates who must deal with complex and controversial issues.

In the School Board primary election, an incumbent faces two challengers. In the main election in November all of the incumbents have opponents. Last time around, it was difficult to find enough candidates to have opponents running against each other. This time, a rush to file occurred. The interest in the school board developed with the questionable firing Superintendent Mimi Walker. While many understand that Walker made serious financial foibles, many wonder if these mistakes met the standard for dismissal and even more doubt the process followed that, in effect, will harm Walker's future career school opportunities in administration.

In the contest for the VIFR Fire Commission position, the island sees another round in the struggle to define the future of the Fire District. For the last four years or more, conflict waxed and waned about the proper mix of volunteer and paid fire fighters on Vashon, whether dispatch should be based on- or off-island and between the personalities of the proponents of the multiple factions and interests involved. Concern for public welfare may be difficult to detect as the heat from these issues reach a flashpoint.

This edition of the *Vashon Loop* presents responses from the Fire Board candidates to a set of questions posed by the *Loop (See Page 4)*. In their replies, candidates provide insight as to *Continued on page 4* 



Fun at Islewilde, courtesy photo

# Lights Out! Playing with Power, Art and Community at Islewilde

by Katherine Daves and Amy Morrison

August on Vashon marks an annual tradition for our community: the Islewilde Community Arts Celebration, Vashon's home grown family festival of arts at Agren Park. This year's theme is "Lights Out! A Power Playground." The community is warmly invited to Islewilde's Open House and Orientation, Sunday, August 5th at noon at Agren Park to learn how we will manifest our mission of "Community Creating Art Creating Community."

This year's 16th annual celebration will be blessed once again with the participation of our Taiwanese friends from the Dream Community in Taiwan. The addition of 26 Taiwanese children, women and men at Islewilde brings a unique opportunity to the Island for creative cultural exchange. The Backbone Campaign is also participating in Islewilde. Together we will create a piece of festival art depicting the climate change crisis and sustainability for use in the Backbone Campaign's nation-wide Procession for the Future.

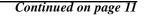
Islewilde hosts a variety of workshops for people of all ages and artistic abilities. Around the theme of last winter's power outage and the larger issues of climate change, renewable energy and sustainability, we will explore our relationship to energy use and abuse and its effects on our home, Planet Earth. Participants will explore

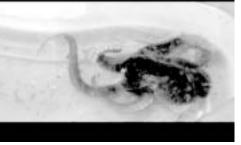
opportunities and hope for a sustainable power path into the future - all through community play and the creation of art.

The Islewilde Pageant on Saturday will comprise a show coordinated by San Francisco artist Janaki Ranpura. Workshops for the pageant, Islewilde's "Big Show", will focus on drama, puppet making, performance, dance, music and more, around the theme. Ranpura is an Indian-American performance artist who studied at Yale University and Lecoq School of physical Theater in Paris; this is her third year at Islewilde.



One of the amazing Islewilde puppets, courtesy photo





July 27, 2007

# Undersea Video Adventure Course Comes to Vashon Island

Students and families looking for a new adventure this summer should consider the first-ever underwater digital video course, which is so high-tech you don't even need to go into the water! Vashon College's Center for Digital Communications encourages families to spend a week in August in one of the best places on earth—Vashon Island. If you want to learn more about the marine life around our island, improve your understanding of digital video technology, earn clock hours for teaching or real estate credentials, or share an Continued on page 10



courtesy photo

#### VAA Hosts World Music and Dance Festival

By Janice Randall
Join in a celebration of World
Music and Dance Saturday,
August 11, 5 to 8 pm at Camp
Burton's beautiful waterfront
amphitheater. Hear from three of
the region's best Latin, African and
Indian groups, from Correo
Aereo's South American stylings
to Maya Soleil's traditional
acoustic African folk and the Nritti
Ensemble's classical Indian

Continued on page 19

The Vashon Loop, p. 2

# Get in The Loop



## www.vashonhorseproperties.com

## **Vashon Library August 2007 Programs**

Late Night @ the Library for Teens Saturday, August 04, 2007 6:00 PM

Get a henna tattoo and limber up with Dance Dance Revolution and Guitar Hero open play. Participate in the Vashon Library Cyber Cafe, surf the web, or play a game! Refreshments! Door prizes! Security will be provided. For students entering grades 6-12. Sponsored by Friends of the Vashon Library.

Microsoft Word, Level 3 Saturday, August 11, 2007 9:00 AM

This is an advanced level class for the MS Word Program. Topics include: Levels of Formatting, Section Formatting, Views and Page Breaks, and Headers and Footers. Prerequisites: Basic Computer Skills, and Microsoft Word, Levels 1 and 2, or some intermediate skills using word processing. Registration is required and begins Friday, July 27th. Call 463-2069 to register.

KCLS Board Meeting and Library Community Study Tuesday, August 28, 2007

Each year, KCLS chooses community library service areas to study in depth. The community study process involves identifying each library's service area, collecting school and demographic statistics, seeking community feedback, analyzing the community and developing recommendations for improved library services. The Vashon Library Community Study will be presented to the KCLS Board of Trustees at their August meeting, which will be held at the Vashon Library.

Old Question . . . New Question . . . What time do What's for dinner? we eat?

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## Summer Reading **Suggestions from** the Library

Mockingbird: A Portrait of Harper Lee By Charles J. Shields Owl Books 2007

To anyone who loves To Kill A *Mockingbird*, or is fascinated by the elusive Nelle Harper Lee, I enthusiastically recommend Mockingbird: A Portrait of Harper Lee. There have been many questions surrounding Ms. Lee, not the least of which is why she never published another novel. Rather than attempting to provide "definitive" answers, Charles Shields gives us the information to form our own theories or conclusions. He has created a faint portrait and provided the hues with which to color it. Shields has done a great job of presenting this reluctant celebrity.

J. Morgan Ahern

Last Stand: George Bird Grinnell, the Battle to Save the Buffalo, and the Birth of the New West

By Michael Punke Smithsonian Books 2007

Buffalo would likely have gone the same route as Passenger Pigeons had not George Bird Grinnell intervened. Raised in Audubon Park, New York, where he was schooled by John James Audubon's widow Lucy, Grinnell grew up in woods and fields playacting with his friends the western adventure stories he read in Mayne Reid's popular novels. His Wall Street father sent him to Yale College, where he seized an opportunity to go west by joining a paleontology expedition in 1870 at age 20. His passion to join the mountain men and to hunt buffalo gradually changed during the following decade as hide-hunters slaughtered buffalo by the millions. The spectacle ignited a new passion in him to save these western icons from extinction, incidentally starting the American conservation movement. He not only edited and managed one of the first magazines for hunters for 32 years, he founded both the Audubon Society and, with his friend Teddy Roosevelt, the elite hunters' club, Boone and Crockett. (With the middle name "Bird" I suppose it was inevitable.) fascinating It's encompassing both robber barons and ardent conservationists whose boyish enthusiasms change history.

By Rayna Holtz

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Animal, Vegetable, Miracle By Barbara Kingsolver HarperCollins 2007

In this book, Barbara Kingsolver tells of her family's decision to move to a farm in southern Appalachia. They embark on a year's experiment with eating only food grown in their garden or by local farmers within 100 miles of their home. Kingsolver's beautiful prose and quirky sense of humor make this an informative and entertaining story. Sidebars written by her husband Stephen Hopp add factual and scientific information. Daughter Camille contributed short essays each month about the food available and easy recipes for taking advantage of the season's produce. While a serious book about serious problems, the book includes many suggestions of what we can do to make a difference. Even if you can't imagine doing all of the work and giving up out-of-season food, this is an informative and inspirational book about a family acting on their convictions. It just might lead you to making some changes in your food choices as well as enjoying Kingsolver's other writings.

By Laurie Tucker



Loopy sez: Deadline for the next edition of *The Loop* is Friday, August 3

#### The Vashon Loop

Writers: Kathy Abascal, Deborah Anderson, Rachel Bard, Sarah Blakemore, Marie Browne, MEarth, Eric Francis, Troy Kindred, Melissa McCann, Orca Annie, Kevin Pottinger, Rex Morris, Jonathan Shipley, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Susan Wolf

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Kindred PO Box 253, Vashon, WA 98070

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Published every two weeks by Paradise Valley Press © July27, 2007 - Volume IV, Issue 15

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The Vashon Loop, p. 3 July 27, '07



# HOME TEAM II R E A L T Y Troy and Marie Support Fair Housing

We recently attended a refresher class on Fair Housing laws, and wanted to share a few things that we thought you might find interesting. For example, did you know that it's not a violation of the Fair Housing Act to discriminate against lawyers?

Marie, maybe we should start by explaining what we meant by the above statement, before we get sued.

Marie: Good idea. It was just a silly way of explaining that the federal Fair Housing Act prohibits discrimination against people who are in a so-called "protected class," and that lawyers are not a protected class. Neither are bus drivers, cat lovers, or opera fans, for that matter. The protected classes vary a bit depending on which jurisdiction you are in, but the ones that apply here in unincorporated King County are race, color, national origin, religion, sex, disability, retaliation, familial status, marital status, age, participation in Section 8 housing, and sexual orientation.

The laws apply to virtually all real estate transactions, including property sales and leases and advertising. The laws also address disability accommodations.

Marie: Disability accommodations are a source of confusion. Most people have heard of the Americans with Disabilities act, or ADA, which basically requires that public buildings be accessible for disabled people. When we are representing buyers or sellers, we are not dealing with public buildings. The laws that we are concerning with upholding are the Fair Housing laws; they require that we provide "reasonable accommodations" for the disabled.

For example, if we have a client in a wheelchair who is able to walk part of Troy: the time, a reasonable accommodation for showing a house might include offering an arm for support. Or previewing the house through a videotape. Come to think of it, that's a great idea for any client!

Marie: I sense another project coming on.

Let's also explain why there are lots of "55 or older" communities out there, even though it is against the law to discriminate based on age. Could it be that people over 55 are simply blatant scofflaws?

Marie: Of course not. The Fair Housing Act was amended in 1995 (on my birthday, in fact!) by the Housing for Older Persons Act. Under this Act, a community can refuse to rent or sell to families with children if it complies with certain requirements that clearly make it a "55 or older" community.

Troy: I can't wait till I turn 55. Then we can go live in peace and quiet and get discounts at McDonalds!

Marie: The things that get you excited. Let's talk about some of the things that are not a violation of the Fair Housing Act, even though we have heard opinions to the contrary. For example, it is not discriminatory against visually impaired people to advertise that a property has a view.

Troy: Right. And it is not illegal to tell someone where Chinatown (the International District) is located. Nor is it illegal to tell people how to find out whether there are registered sex offenders in a neighborhood. Sex offenders are not a protected class.

Marie: The Fair Housing Act is a good and reasonable law designed to prevent sellers and landlords from discriminating against buyers or renters based on their protected class. It is not silly or arbitrary, and it helps ensure equal access to housing for all people. We are proud to support it, and happy to share more information with anyone who is interested. Just give us a call at 206.463.LIST, or email marie@kwvashon.com.

Email us at marie @kwvashon.com. Call us at 206.463.LIST (5478). We would love to help you with your real estate needs.

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The Vashon Loop, p. 4

## **Primary Elections**

their motivations and priorities. Readers are left to question, is this election about personal vendettas and candidates with only a single issue focus or do the candidates possess the intestinal fortitude to find solutions in concert with fellow commissioners? citizens of an island community, we have a responsibility to press candidates for what is in the public interest. The Fire Board oversees services that benefit our collective interests. Let's make sure that these issues are addressed as part of the election process.

Both the School and Fire Board positions are volunteer jobs that require a lot of uncompensated time — In no way does this diminish the responsibility of roles. Expecting professionalism, integrity and sound reasoning is not too much to ask. We rely on the School Board and Fire Commissioners to do the right thing for the collective good of Vashon and Maury Island. Put the candidates to the shortly thereafter.

#### **Candidates Night** August 7

Vashon has some hot races coming up very soon. Primary Elections come early this year on August 21. The League of Women Voters, The Vashon Chamber of Commerce, the Voice of Vashon, Vashon-Maury Island Community Council and the PTSA are co-sponsoring a meet the candidates' night.

All candidates are invited to tell us, the voters, why they are running for office and why we should vote for them. The Vashon School District and the Fire District candidates will be given the most time. Three candidates face each other for the School Board race and four in the Fire District contest. Craig Beles will be the moderator. There will be ample opportunity for a question and answer session.

Come to the Courthouse Square on August 7 from 7:00 to 9:00 p.m. for what is expected to be an overflow crowd. August 7 was selected because you might be receiving your absentee ballot

#### **Candidates Respond to Loop Questions**

The Vashon Loop posed four identical questions to the primary candidates for Vashon Island Fire and Rescue Board of Fire Commissioners Position 2. Their answers follow.

**Question 1**: What do you feel to be the biggest challenge facing Vashon Island Fire & Rescue over the next year and how would you propose addressing it?

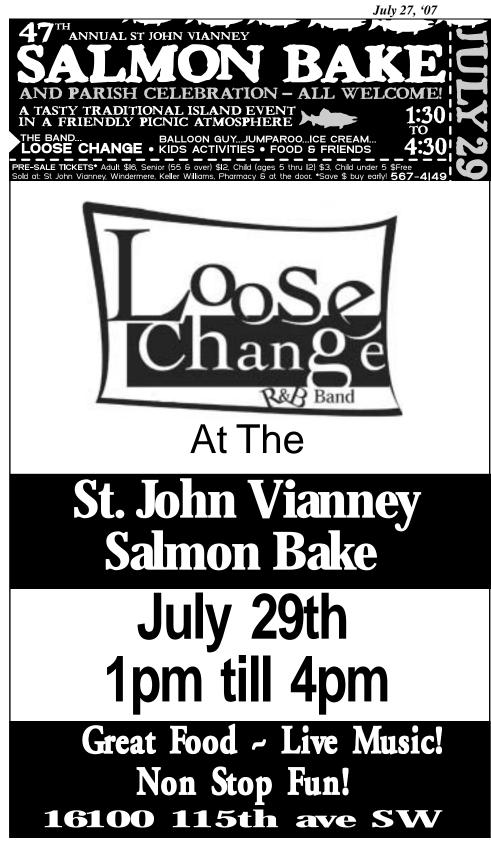
**Craig Harmeling**: Volunteerism in the firefighting and emergency response personnel is at a very low level. This has an adverse impact on the level of service provided to the community.

In order to address this issue, it will be important to increase the level of volunteerism while establishing a training program the enables volunteers to work safely and effectively. Volunteers should be able to make a contribution to the community without their volunteerism becoming burdensome in their lives. An effective training program will allow this to occur and still provide the level of service the community requires.

**Jolene Lamb**: I believe it is time for a full evaluation of all services. Off-island dispatch must be evaluated as promised by a previous Fire Board but never done. Negotiation with union personnel must be centered on a realistic budget and customer-responsive service specific to Vashon's real needs. Recruitment and retention of volunteers needs renewed focus and energy. Evaluation of all areas of service should be done based on verifiable statistics and with public input. The committee approach is a good idea providing the committees meet at times conducive to public participation and operate in a true open forum atmosphere.

**Neal Philip**: The biggest challenge facing the department is how to increase the levels of service to the remote areas of the island. In an emergency every second counts, and it is unacceptable if a person having a heart attack or whose house is on fire on Maury Island or in Tahlequah has to wait 15 to 20 minutes for a response because the only available personnel are responding from the primary station. The only way to prevent that from happening is to increase the volunteer involvement in those areas. And the only way to increase volunteerism with VIFR is to get over past grievances and make the fire department an organization that islanders are proud to be a part of.

**Paul Stoddard**: In my opinion there are 2 big issues facing Vashon Island Fire & Rescue that are inter-related. The public has lost confidence in the fire department's ability to manage their tax dollars wisely, and therefore the public trust has been damaged. The personnel of Vashon Island Fire & Rescue need to understand that the public coffers are not their giant piggybank. The taxpayer must believe that they are getting a good days work for a good days pay and that their money is being managed prudently. As a board member, I would see that the Board of Fire Commissioners achieves a more active role in managing the public's money thru the budget process. Vashon Island Fire & Rescue has yet to achieve accountability and transparency.



Question 2: With specificity, describe three goals you hope to accomplish during your tenure in office, if you are elected. Explain why these goals are important.

**Craig Harmeling**: To increase the number of volunteers from the community. As noted previously, the level of volunteerism in the firefighting and emergency response personnel is very low. This has an adverse impact on the level of service VIFR can provide to the community. Increasing our volunteers is critical to the success of the department.

Improve communication for emergency preparedness and disaster response. I would work to upgrade the communications infrastructure and resources by more effective utilization of available resources - such as the CERT group – in establishing an improved response plan. It is critical that all available community resources work together efficiently to provide the best planning and response.

Better communication between Dispatch services, wherever they are located, emergency response personnel and the community is crucial. Initially, I would suggest a training program for the dispatch service to familiarize them with community geography, utilizing recommendations from the currently existing Communications Committee.

Jolene Lamb: 1) Return to a "primarily volunteer department" where paid personnel are there to support the volunteers as was the originally stated goal for hiring paid personnel. This doesn't have to do with numbers as much as department focus, attitudes and behavior. I believe this is the way to improve morale, maximize recruitment and retention efforts, and provide the best over-all service to our island community.

2) Get back to reality. I want to focus on what's happening here on Vashon. What we have or don't have compared to other departments is immaterial. Do we have what is needed to provide the services expected and deserved by our community? Whether volunteer statistics are dropping everywhere or anywhere else is immaterial. Are we handling our recruitment and retention in a manner that works here? Are our volunteers being given the time, effort and respect they so obviously deserve?

3) Guarantee equal treatment. Everyone we serve should receive services and charges on an equal basis. Every department member should receive equal treatment. All benefits and rules are applied the same to every member. This is the only way our tax money should be spent and our Vashon Fire services given.

Continued on page 5

### **Candidates Respond**

Continued from page 4

**Neal Philip**: Three goals that I would like to accomplish as commissioner are to decrease response times to remote areas of Vashon and Maury by increasing volunteer involvement, to achieve a positive working relationship between the Board of Fire Commissioners and the department, and to make sure that the primary goal of everyone on the board and in the department is on providing the best possible service to all islanders at the best possible cost. Making progress toward these goals is critical for Vashon and Maury to have a properly-functioning fire department.

**Paul Stoddard**: We need to grasp a firm handle on the Budget. A "value added" Budget needs to be adopted by the Board. This means if it doesn't add value to the district, the money isn't spent. In the last 8 months \$6,410.83 has been spent on tee shirts, sweat shirts, and baseball caps. Ask yourself, "How does this add value to the district?"

The use of equipment, vehicles, cell phones etc. needs to be restricted to business use only, not personal use. In every fire district, that I have contacted, this policy is strictly enforced. Why isn't it here?

For three years the overtime for the firefighters and paramedics has been out of control and this year is no exception. In the first 6 months of this year the 8 paramedics have used 78% of their \$50,000 budgeted for overtime and the 8 firefighters have use 88% of their \$50,000.00. Strict overtime policies must be established and enforced.

**Question 3:** What skills and experience do you possess to work effectively and professionally with the other commissioners and advance the VIFR mission?

**Craig Harmeling**: I have 40 years of experience with the VIFR, including 31 years as the Fire Chief. This experience has provided a wealth of knowledge and insight into the operations of the department. I have many years of experience working with Commissioners from the other side of the table, gaining valuable insight into the Commissioner's role. I think that this experience will give me additional tools for use in providing an improved level of service at a reasonable cost.

**Jolene Lamb**: I know the department operations inside and out. I know department policies and procedures like the back of my hand. I've kept informed on Vashon Fire budgets and spending for over 18 years. I know the laws that apply to the Board and public meeting procedures. I've kept informed on Board activities for over 18 years. People often feel comfortable enough with me to speak out honestly about their opinions and experiences. That includes citizens as well as past and present members of the department.

**Neal Philip**: As for my skills and experience, I became a volunteer firefighter in 2002. I don't claim to be the most experienced firefighter, but I did gain an insight into the fire service and I've seen enough to understand how a modern fire department should function. As a lawyer and a King County arbitrator, I am experienced at analyzing complex situations and making decisions based upon all of the available facts, as opposed to decisions based upon rumor or speculation. As a father on Vashon who has had to call 911 to get help for his child, I know first-hand the importance of every second while you're waiting for the response. My collective experience makes me the only reasonable choice for fire commissioner.

Paul Stoddard: I have been on the Board of Directors for the Maury Mutual Water Company for 48 years. In those years I have learned to work efficiently with all types of individuals. I am a third generation islander and a retired volunteer firefighter with 28 years of service on Vashon. I have spent the last five years going to Board meetings, delving into the policies and spending habits of Vashon Island Fire & Rescue. I have the time to do the research, talk to taxpayers about their issues and make the hard decisions by using good old fashion "farm boy logic" and hard work. I will bring to the Board of Fire Commissioners the leadership abilities that I have acquired over the 32 years I have worked as a Chief Marine Engineer.

Continued on page 9

Loopy sez: Deadline for the next edition of *The Loop* is **Friday, August 3** 



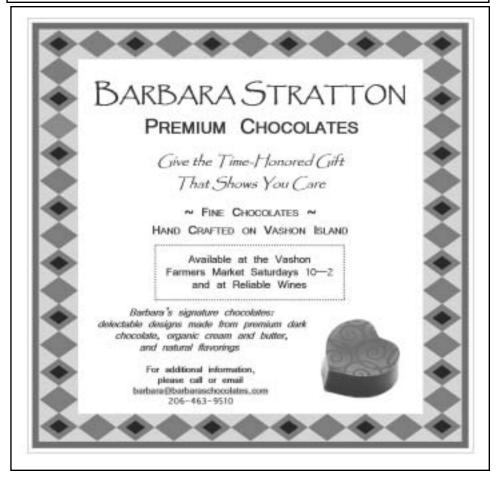


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# Spiritual Smart **Aleck**

## **Laying Lois to Rest**

By Mary Litchfield Tuel

friend will help you move the body.

The female cousins got together last week. My cousin Michal and her husband Bud came out from Ohio; my cousin Nancy came over from Soap Lake; and Nancy's sister Charlotte, my other cousin, came up from California. We are cousins through the Litchfield line - my father and their mothers were siblings.

My father had three sisters: his older sister Thelma, and his younger sisters Lois and Vivian. Michal is the daughter of Lois; Nancy and Charlotte are the daughters of Vivian. Thelma and Lois hated each other. We do not know what lay at the bottom of this sibling war; we do know that it went with them to their graves.

Oh, wait. I forgot. Lois doesn't have a grave.

Lois, Michal's mom, was the last surviving sibling. She passed on back in 2001. She was cremated, and her ashes sent to her only child, Michal, who lives in Ohio. Michal knew that it was her mother's wish to have her ashes scattered in the ocean, so she put the container with Lois' remains on a shelf with the uneasy knowledge that Lois hated Ohio and would not want to make it her final resting place.

Lois hated a lot of things and people. You always knew where you stood with Lois: on the defense. She

A friend will help you move; a true about Lois as if she wasn't there, to talking directly to the box as if she

> We had a ceremonial opening of the box, and then the tin inside, to view all that remained of Lois. I suppressed the urge to say that she looked like she could use a good moisturizer.

> The next morning we all squeezed into the rental car and went out looking for a final resting place for Lois. The main requirements were that it be water, and that we could quietly have a little ceremony without being disturbed, or caught.

We drove until we came to a place that seemed to be the right place, and pulled over, and we walked a ways until we were close to the edge.

Michal stood there for a while looking at the water. Finally she said, "Mom, I love you." She paused, she shed a few tears, and then she said, "And I know you loved me." She upended the bag and released Lois to the water and the earth and the ages. We watched in silence as the waves' action began to distribute Lois's remains, then we all hugged, and wiped our eyes, and laughed.

We remember these parents and aunts and uncles who raised us. We're the older generation now, but we remember each other as young and cute and starting life with the infinite optimism of the untried. We



but when we remember her we remember, holy cow, what a piece of work she was. It is a lifetime assignment to make sense of a parent who both loved and scarred you.

Michal decided that it was time to lay her mom to rest.

Lois was returned to the West Coast in a small, heavy box. The female cousins convened, and we discussed where and how to scatter the ashes.

We found that when you're talking about disposing of human remains, the atmosphere gets swingy, going from laughter to tears and back again within minutes. Our conversation shifted back and forth from talking

was not without love and laughter, remember each other before the boyfriends and husbands and children and divorces and layoffs and illnesses and accidents and deaths. Before all the crushing realities of adult life, we were kids together.

> There is something sweet about growing older in a circle of love with people whom you have known, and have known you, forever. We hold, and help, and heal one another. We put things into perspective, and we help each other lay our loved ones and our old sorrows to rest, and, always, we laugh together from the centers of our souls. That is the deep sweetness of family.

I had to live this long to find that

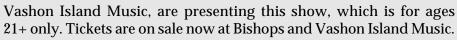
#### Robbie Fulks: One Last Blowout

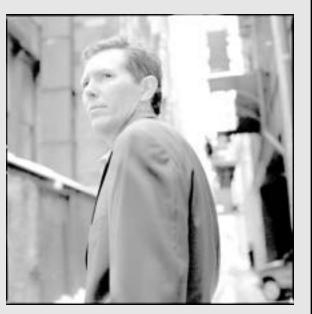
Can you blame us if we thought it was going to last forever? For the past couple of years, Vashon has been lucky enough to be a regular stop for the honkytonk express known as the Robbie Fulks Band. But all that is about to change, as Robbie has announced plans to sell his tour van and take on some projects that will keep the band from touring so widely in the next few years.

The good news is that Robbie and the band will be on the island again, \*Thursday, August 9\*, at Bishops Pub and Grill, for one last blowout performance starting at 8 pm. Get out those dancing shoes, Vashon, and don't miss one of the most raucous and rawkin musical

nights on Vashon this Robbie's summer! newest Yep Roc release, REVENGE! is chockfull of brilliant new songs and old favorites, and as always, you can expect a powerhouse show from Robbie, Grant, Gerald and Give these Mike. honky-tonk heroes the send-off they deserve -Let's kill Thursday night in their honor!

Your friends, Tom Hughes, Liz Shepherd, and Karen Eliasen from





### **Support Back-to-School Drive**

by Lauri Hennessey

The Island Back-to-School-Drive is off to a brisk start this year, with a number of volunteers and businesses coming into the fray. This year, the Drive is also featuring broad participation of Island realtors.

The Back-to-School-Drive collects donations of school supplies and money each year in the month of August. The Drive is coordinated by the Vashon Island PTSA. School supplies are distributed through the Food Bank the week before school begins. The remainder of the supplies are distributed through the School District throughout the year.

Cash donations have been rolling in over the last two weeks. Donations are accepted through August 26th. Tins are set up at John L. Scott (Village office), Vashon Pharmacy, Island Variety, Burton Store, and Windermere. Donations of cash or checks (made to Vashon PTSA) are accepted in tins set up at

Volunteers were at Thriftway on Saturday, asking for donations throughout the day. They plan to be at Thriftway on Sunday, August 20th, for one more day of requests. The volunteers are mostly from the PTSA and John L. Scott's Island office. John L. Scott is serving as the main drop-off point in town for cash donations of larger value. The company is also coordinating cash donations.

Windermere owners Dick and Linda Bianchi have once again stepped forward this year. Within days of reading about the kickoff of the Drive, they pledged \$250.00 in personal funds, and are trying to raise another \$250 from all of their realtors to match that amount.

Volunteers also were allowed for the fourth year in a row to ask those attending movies at the Vashon Theatre last weekend, making requests before "Monster House" and collecting donations in lunchboxes after the movies.

Collection bins are set up at Thriftway, Island Variety, Island Market, Vashon Pharmacy, and Essentials4. Islanders can donate any supplies in those locations. There are also lists available at the bins, showing what you can donate and what is most in demand. The most expensive (and hard to get) items for kids include backpacks, calculators, and nice notebooks.

Once again, Island youth have the ability to get haircuts as part of the drive. Barber and Beauty has donated haircut gift certificates for both youth and for whole families (up to four kids per certificate). Studio 202 has also donated haircuts this year.

A new and interesting part of the Back-to-School Drive this year is the opportunity for Island youth to get computers. Vashon Island Realty's Bill Chunn has offered to donate up to 25 "gently used" computers to family or youth in need of them for school. If your child needs a computer, you can email otisandus@earthlink.net and provide your name and contact number, your child's name and age, and a brief sentence or two on why your child or family needs a computer. The School District offices at the Sheffield Building will also accept these brief descriptions. Deadline for those interested in new computers are August 25th. These computers will only be available if this information is provided in advance. The computers will be given out on the distribution date at the Food Bank.

All school supplies, gift certificates for haircuts, and computers will be available at the Food Bank on Wednesday, August 30th, from 10:30 to 12:30 and 4:30 to 6:30 p.m. The supplies will be distributed in the building next to the Food Bank, at Sunrise Ridge. School is scheduled to begin the next week, on Tuesday, September 5th.

For more information on the Backto-School Drive, contact Bob or Lauri Hennessey at 463-1931, or email otisandus@earthlink.net

July 27, '07 The Vashon Loop, p. 7

# Don't Forget the Birds

#### By Ed Swan

In June, the Washington Department of Fish and Wildlife (WDFW) sent out press releases recommending that people feeding birds in the state cease placing food out at least for several weeks. They feared a salmonellosis outbreak would spread among several bird species visiting feeders. A number of finch species, especially House Finches and Pine Siskins, regularly experience outbreaks and die-offs related to this and other diseases. However, the attention paid to this potential problem appears somewhat overblown and several other human causes of mortality deserve much more attention.

According to the Cornell Lab of Ornithology, there exists little evidence that salmonellosis and other diseases spread more at feeders than they do when the birds associate together away from feeding sites. Many of these species flock in good numbers as part of many activities, stopping at a bird feeder being only one of them. They have a good point in that certainly during the summer, the birds most usually observed with salmonellosis dramatically decrease feeder usage on their own. Cornell contends that little science shows much linking salmonellosis to feeders while a lot more research demonstrates the positive effect of bird feeding on many bird populations and shows that bird feeders create many opportunities for citizen study of birds expanding the base of knowledge for many species. Cornell recommends regularly cleaning feeders and feeding trays in soapy water every two weeks, more during heavy use, and soaking them in a solution of one part bleach and nine parts water. Dry thoroughly before putting in new seed.

The well-known field guide author David Sibley has an interesting website and chart showing causes of mortality among

#### **Bird Mortality**

birds. Window kills tops the list with an estimated annual mortality rate of 900 million birds. Feral cats and unmanaged cats provide the next largest source of human caused death for birds at 500 million per year. High tension wires at an estimated 200 million deaths per year is the next highest and all of the rest of the human caused or about 100 million or less.

Rather than raising the alarm about salmonellosis with debatable science, WDNW and other agencies might better spend their time and ours looking at the real big sources of bird mortality. Taking measures to keep feeders and bird baths away www.backbayinn.net ~ www.insidevashon.com

Sibley also correctly indicates the controlled problems come out at largest threat to birds and other wildlife, habitat loss, even if he doesn't show it in his chart. Habitat loss puts a limit on the population of a species by limiting its foraging resources and space to breed. For example, over hunting killed off the Labrador Duck and Passenger Pigeon and nearly wiped out several

#### Island Birding Guide Species Identification How to Attract Birds Ed Swan (206) 463-7976 edswan@centurytel.net.

The Back Bay Inn

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Friday, July 29 5:00 - 9:00

Artist's Reception - Ray Fortner / Photographer

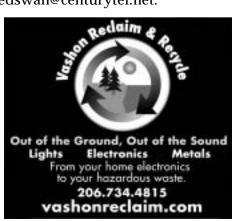
Saturday, July 30 6:00 - 9:00

Live Music on Deck - Watermark / Acoustic Trio

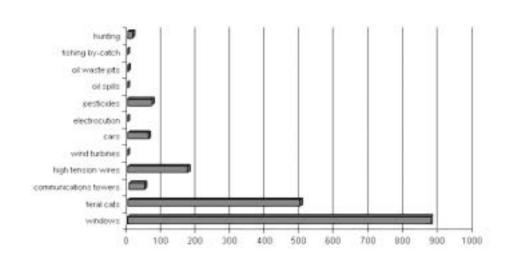
Folk, Blues, Acoustic Rock

of the right habitat for as many species as possible.

In local birding news the summer doldrums continues. However, Gary Shugart found the first fall migrants when he saw Least Sandpipers on mud out in Fisher's Pond on the July 3. Larry Jensen and Jacky Lee reported a Brown Pelican independently off the north end of Vashon. I saw my first California Gull of the season and also shortly expect Mew and Bonaparte's Gulls as well as more shorebird species. Go check out KVI Beach at medium to high tide and Fern Cove at lower tides to help spot these birds arriving. If you have an interesting sighting or bird photo to share or a question about local birds, call me at 463-7976 or email at edswan@centurytel.net.



Estimated Annual Mortality (in millions of birds)



from windows and using the many methods of making windows more visible to birds seems to be much more important in the bigger scheme of things than salmonellosis. Keeping cats indoors, which proves healthier and safer for them as well would also appear to be a more effective message to promote for bird safety. The cost for prevention for both these origins of mortality is low, so education on these fronts should be expanded.

other shorebird and waterfowl species. When the country addressed that issue, populations rebounded. However, habitat loss during the late 1800's and through the 1900's made sure that many duck and shorebird species remain physically unable to have the space to reach their former huge numbers. There are many simple things we can do to help birds such as keeping our cats indoors while at the same time the bigger issue continues to lie in the complex struggle to preserve enough

## 24 Concord e.g. **ACROSS** 1 Heat unit 4 Cycle

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- 38 Float up and down 40 Revise 41 Wreck
- 43 Hint 44 Downwind 45 MD 46 Rely
- 48 Invitation abbreviaton
- 53 Poet 54 Affirmation Unidentified flying object 58 Treatment for a broken bone 61 Flinching 66 Flatten 67 Main artery 69 Canal 70 What the telephone did 71 Bad feeling 72 Minnesota (abbr.)

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9 Snatch

16 Vale

18 Wager

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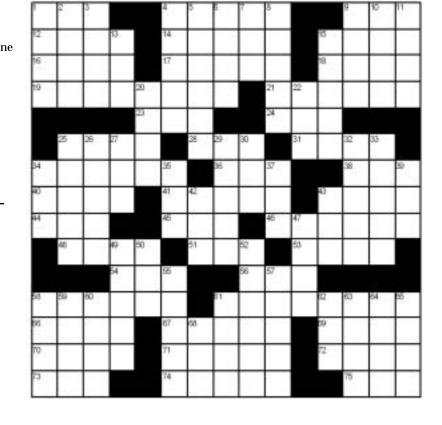
15 Cosecant's opposite

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- 2 Narration
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- 4 Pleat
- 5 Seven
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- 8 Painter Richard
- 9 One of Columbus' ships 10 Negative (prefix)
- 11 Lager
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- 22 Time zone
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- 30 American Cancer Society (abbr.)
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- 34 New Jersey's neighbor
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- 43 Certified public accountant
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- 68 French "yes"



The Vashon Loop, p. 8 July 27, '07

# The Reigning Queen of Everything

#### The RQE and The **Uber WASP**

By Sarah Blakemore, RQE

There is a misguided notion amongst the "alternative" subcultures of self proclaimed marginalized groups that they have a lock on outlandish behavior and hideous clothing. After spending a weekend in Newport, Rhode Island (home of the Uber WASP) I can say with authority that even something as bland and traditionally mainstream as the New England WASP can become an alternative subculture when taken to its

How, you ask, did I end up in this bastion of Anglo oddity? I've been seeing a lovely man, with a delightfully endearing WASP name. Unbeknownst to him my friends and I refer to him as Duckie. Having my own WASP roots, I thought to myself, "Well, this will all be familiar territory. After all, my father grew up in New England, went to boarding school and lived that life until he chucked it all, joined the theatre and moved to the West Coast." And, true to what most psychologists will tell you, you can only deviate from your parents' values so much before you drop back into the

Of course, my parents, being hippies (my father more so than my mother) made sure that these things - riding lessons, sailing camp - happened in their own way. Riding lessons, while excellent, were not at a boarding school somewhere, but at Ian Smith's farm down on Wax Orchards Road. Sailing Camp was run by the Pure Sound Society so I could learn all about the environmental impact of development in Puget Sound; tying knots was of secondary importance. Dinner table political discussions were built around encouraged intellectual debate and I was expected to contribute to the conversation in whatever capacity was age appropriate. Other activities, like theatre and the debate team were actively supported and it was explained to me that all of these things would make me a well rounded, happy person. (For those of you who remember the VHS debate team back in '93, you know it was about as far from New England WASP as one could get; I can barely write WASP and VHS debate team in the same paragraph with a straight face...ha.)

So the WASP culture, while not something I was fully immersed in, was none the less hand stitched into my childhood. But nothing, my dear readers, could have ever prepared me for the scene in Newport Beach, RI.

Oh my God. Holy Jeeeeezus. Ha.

Duckie called and asked me if I was available to visit with him in Newport over the weekend. I said sure, but I'd have to bring Dad along as he is visiting. As we drove through Newport and along Ocean Avenue, looking at all the mansions, Dad explained that this area had been preserved and that much of it looked exactly as it had in the early 1700s when it was built, save a few coats of paint and other minor improvements.

After we arrived and settled in, Duckie took us out to The Library, the oldest Men's Club that has remained in the same building in the United States. Women are allowed in on Saturdays, he explains.

Oh, how lucky for me.

The Library is predictably fantastic. Wood paneled bar, big leather chairs and a cute little garden surrounded by a large brick wall covered in vines. At the far end of the garden is a boccie ball court. I sip my gin and tonic and enjoy the warm New England night. Dad and Duckie stood around talking about boarding school and the history of the area. I repressed a yawn. There was a copy of *The Social Register* in the lobby. It, unlike the rest of the place, was not a hold over from the 1700s. It was the 2007 social register.



Because there are people who actually still care about these things. Giggle. If this were fiction, the mention of the social register would have been used as dramatic foreshadowing.

Dad, Duckie and I go to dinner at a lovely little restaurant and then part ways. Dad goes back to the house leaving Duckie and me to choose our own adventure. Newport was crawling with people looking for the same mischief. Duckie takes me to The Sky Bar. It had three floors and with each floor became unsurprisingly more exclusive. When we arrive at the stairs for the third floor we are turned away by security.

What?

Duckie behaves himself well, but is clearly annoyed by this. We get drinks at the inferior second floor bar and wait. Duckie explains that he knows the bouncer and that he is being punished for not wearing his blazer. Uh, okay. After about 15 minutes of idle chit chat we are allowed access to the third floor.

Ladies and Gentlemen: I have never seen so many blazers in one place outside of Brooks Brothers. Every man is wearing one. Some with long trousers, some with shorts, but every man in the very crowded bar has a blazer. Duckie introduces me to everyone that speaks to us. I have never been looked over to see if I was anyone important so many times in one night. Oddly enough the women become far more friendly when I say I have never been to Newport before - as though my visitor status kicks them into well bred hostess

The last song of the evening was God Bless America; I giggle as I realize that most people are singing with the music. Yes, I can understand why these people would want to bless America. Their ancestors founded this country and they continue to benefit from this ancestral achievement. Standing outside the bar, Duckie introduces me to one of his friends. [I happen to know that this man married below his class and that his money is "so old there isn't much left of it" because Duckie had informed me of this in an earlier email.] "She's a direct descendent of Roger Williams," Duckie tells his friend about me. "Oh, so am I, we're related," his friend says enthusiastically. I am unsure what to do with this information.

Fortunately Duckie and I decided to go home so I was spared having to think of something to say.

I can't even talk about the beach club we went to the next day, Spouting Rock Beach Association, known in the vernacular as Bailey's beach. A large yet understated beach club painted yellow and white surrounded by understated cabanas and sporting an understated saltwater pool. The understated restaurant looked out onto the understated beach and clearly was an understated lunch time scene. The understated children were well groomed and behaved. The only thing that wasn't understated was the clothing. I have never been witness the wearing of so much brightly colored, striped clothing in my life. Ever. And so proudly worn in multiple hues, shades and combinations. Everyone looked as though they could jump aboard an understated yacht at any understated time.

The afternoon sun was low in the sky when we packed up and left. As we drove home I reflected upon the different subcultures I have come in contact with over the years – a Basque theatre group in the foothills of the Pyrenees, the gutter punks of the East Village, the International Association of Competitive Eaters. I can honestly say none of them were half as bizarre to me, or so proud of themselves for being so bizarre, as the people I met in

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#### A Call To Action: A Workshop For **Deserving Children** by Devon Atkins

up the cause of activism when just 10-12 at a time. something should happen and

When students move from fifth that

I have seen my community take nearly 200 hundred Vashon kids,

Next month, Strategies for doesn't, when something should be Success will be offered to Sixth, equitable and isn't. I teach a Seventh and Eighth, and Incoming workshop that generally caters to High School age students. In the any Vashon child, but this summer, past, the workshop has offered that equity is in jeopardy. I live in a scholarships to any child who town where activism is real, and I normally applies to the School Free am involved in a situation where or Reduced Lunch Program. This activism is needed, and needed now. year is no exception, but the fund traditionally provided to sixth grade they are thrown into scholarships is depleted. I'm the rough and tumble world of working on sponsorship for the middle school. And, it seems that workshop's future, but the current no matter how good of a student crisis is about the \$700 - \$1100 that

> is needed for those families who will apply scholarships for the upcoming August 6 - 9 and Aug 13 -16 workshops.

Neither canceling workshops altogether or offering the workshops just to the families who can afford them acceptable to me. I live in a town where activism is

ongoing activity, not will be there for those families who cannot afford the tuition.

If you have an idea of how I can After years of tutoring middle make this happen, for those families and high school age kids, this is what who need it to happen, please give me a call or email me, because every child deserves his or her fair chance at being successful and happy.

Devon Atkins has been working with the individual challenges of Vashon children for more than ten Advocate years. Her Strategies for Success encouraged me to bring the workshops have been offered at workshop right into McMurray McMurray Middle School for the Middle School. Since then, I've past three years, and will be offered taught Strategies for Success, a again in August of this year. Devon can be reached at 353-9227, or,



A 2005 workshop group, photo by Devon Atkins

they were or how much support just talk So, my plan is to teach four they have, the transition is often Success Strategies workshops in rocky. The sheer numbers of papers, early August to any Middle and could make you dizzy. And, High School student who wants to suddenly, there's a lot less hand- attend, to assume that the money holding, and a lot more expectation in terms of quantity, quality, and self-reliance.

motivated me to create a workshop designed to address two of the most important aspects of school and adult success: paying attention and getting the work done. Three years ago, MJ Hartwell, Vashon School District's Family workshop that focuses on better organizational and study skills, to oyuijf@aol.com.

# Garden The World

**By MEarth** 



## 10,000 Year Old Squash

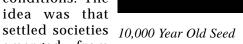
Recently, anthropologists have found that a Peruvian civilization was growing squash over 10,000 years ago. The plants found in the Nanchoc Valley on western slopes of the Andes did not grow wild in the area so had to have been domesticated elsewhere, probably lowland Colombia, 1000 miles away.

Their research also turned up traces of other domesticated plants, including a quinoa-like grain, manioc and unidentified fruits, and stone hoes, furrowed garden plots and small-scale irrigation canals from approximately the same period of

This continues to deflate the tired theories that agriculture began in the Fertile Crescent and spread over the globe from there. Many notions of the origins of agriculture have been turned on their ear with recent discoveries and I, for one, am glad to see them go. Scholars are now convinced that domestication took place independently in at least 10 centers of origin, including the Middle East, Mexico and Peru, places in Africa, southern India, China and New Guinea.

The general assumption has been that agriculture was begun by a single line of human efforts in one specific area. But researchers now suspect a much more complicated effort, undertaken by different human populations in different regions, an idea that draws a completely new picture of the origins of agriculture.

The other big supposition that is going by the way is the thought that the earliest civilizations were products of favorable weather conditions. The idea was that emerged from



the development of farming in good climatic conditions, conditions that produced food surpluses and allowed agriculture to develop.

climate scientist speaking to the British Association for the Advancement of Science, "Civilization did not arise as a result of a benign environment... On the contrary, what we tend to think of today as civilization was an accidental by-product of unplanned adaptation to catastrophic climate changecivilization as a last resort."

As the climate dried out, he postulates, formerly nomadic people were forced to band together for mutual support, in an effort to eke out a living amid dwindling natural resources. He discerned this pattern observing archaeological remains in northern Africa but stated the pattern could also be found in South Asia, South America and China.

According to Dolores Piperno, curator for archaeobotany and South American archaeology at the Smithsonian's National Museum of



The Dorsal Spin is undergoing a major transition and will return soon. Please continue to report whale sightings to the VHP at 206-463-9041. Thanks to everyone, especially ferry commuters, for recent reports.



Orca Annie & Odin sing for J, K, and L Pods at OrcaSing 2007, held June 16 at Lime Kiln State Whale Watch Park, San Juan Island. Artwork © 2007, Odin Lonning. Photo by Erin Corra

Natural History, the report of the ancient squash "adds to the accumulating data for agriculture in the Americas as old...as that in the Old World, provides evidence for the domestication of a major species of squash native to South America and

documents ancient peanuts and quinoa." She also said other species of squash have been identified at early dates in and Mexico Ecuador as well.

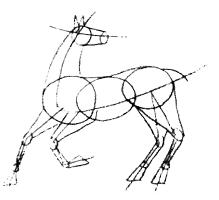
Many scholars, including believe myself, that the profound environmental

transitions and associated changes in the distribution and abundance of wild plants and animals that occurred the specialization required for around the world as the ice age was ending 11,000-10,000 years ago was According to Nick Brooks, a significant in the development of agriculture in several geographically widespread places at this time,' Piperno commented.

She said people in various places "made different choices in how to procure their food as plant and animal availability was changing, and in many places farming was a very good choice.'

What does it say about human development that we came together out of the need to survive and began agriculture all over the world AT THE SAME TIME? What hope does that give us for the coming, increasingly chaotic future we face?

For one thing, it lends credence and hope to my belief that we stand little chance of surviving that future unless it is something we undertake together. Beware of any plans of action that divide us. Until next time,



## Tom Wallace

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#### **Candidates Respond**

Continuted from Page 5

**Question 4**: What do you think to be the district's proper mix of career full time firefighters and volunteer firefighters?

**Craig Harmeling**: I don't think there is a "proper" mix. Each community is different, and it doesn't seem that we've yet discovered what that mix is for our District. In the past, of the volunteers in the department only about half were actively involved. This was not an effective level of coverage and needs to be improved through active recruitment and training programs. I believe that this community deserves better and, given the right programs, will be able to provide it.

Jolene Lamb: In my opinion, the correct terminology is "paid firefighters" and "volunteer firefighters". I believe the term "career" can and does apply to volunteers. I think the only answer is that our fire district use staffing that provides a sufficient number of skilled responders in a timely manner. I believe that all decisions for staffing, responses, and medical transportation should be made based on customer-centered service including readiness for the next emergency, cost effectiveness and of course, common sense.

**Neal Philip**: There is no "proper mix" of career and volunteer firefighters and EMTs. The vast majority of Vashon and Maury Islanders do not care whether the person who shows up at their home in their time of need is paid staff or volunteer; all they care about is that a professional shows up quickly when they call 911. With the nature of our island community and the fact that extra help from other departments isn't readily available, having a strong volunteer staff is essential. At the same time, the demographics of the island have changed in such a way that there are not as many volunteers available, particularly during the work week. That fact means that having paid firefighters and EMTs who are always on duty is also essential. My job as a commissioner will be to make sure that regardless of the "career" or "volunteer" classification of the professional answering the call for help, that call gets answered in the best way possible.

Paul Stoddard: Many of our Vashon citizens are on fixed incomes and being taxed out of their homes. We cannot afford to hire more firefighter or paramedics. The 2007 wage package for these 8 firefighters and 8 paramedics is \$1,964,405.00. There are many ways that we could utilize the talents of our diverse population, it just takes some ingenuity. The volunteer firefighter and EMT volunteer has been the back bone of our island for years and an all out recruitment for more island volunteers must be initiated immediately.

The Vashon Loop, p. 10 July 27, '07

## 🖎 LoOp Ed

### **Now What Are You** Going To Do?

by Mark Goldman

The reason we are in Iraq is to control the oil there and profit from it. Controlling the oil will allow us to intimidate other countries and postpone expected future energy shortages at home. Those who made it their vision to control these resources are unconcerned about the cost in money, lives, or human consciousness, for the costs will not be borne by those who will benefit most from the theft. Tragically, those costs were unnecessary anyway, given that technologies already exist which could eliminate our dependence on foreign oil if we only had the will to pursue them.

In any event, our government intends for our troops to be in Iraq as long as it considers it useful to control those resources.

In carrying out this project, our government and our troops committed and continue to commit unconscionable crimes. The primary planners, instigators, and perpetrators of these crimes have yet to be repudiated or punished. Those who are directly responsible for and have been commissioned to uphold the Constitution and the rule of law are derelict in their duties, so much so that one can rightfully call their negligence and dereliction, criminal, even treasonous. Those who have betrayed their oath of office are now responsible, along with the original perpetrators, for much of the carnage that has resulted. Almost every member of the legislative and executive branch of government is now complicit in these crimes and in the undermining of the rule of law.

In a very real sense, the Constitution of the United States has been suspended—is suspended—and whether or not it will or can be restored any time soon is very much

National elections are not far away and none of the popular candidates for high office are willing to make observations similar to what I am offering here. So far, the mainstream media is mostly silent on these issues as well. Some people will remind me that I still have the right to make these observations, and therefore will conclude that surely our democracy must still be healthy. No. Our democracy is not healthy even though I am free to say these things. For a long time, the public mind has been conditioned not to think or be responsible about anything important. As long as that's true, the administration is not worried about anything I might say.

Much of the world's population now sees the United States government as the primary enemy of peace, prosperity, and justice in the world. More of our citizens are in prison than in any other country. Our policies are now responsible, after just a few short years, for the death, injury, and displacement of more innocent people than any terrorist organization we claim to be fighting. The way we made war in Iraq fits very well the definition of terrorism that our own government would have us believe is engaged in by others. The methods we use are somewhat different but the resulting indiscriminate terror experienced by

innocent people at our hand is very much

I suspect that terror is on its way to a neighbor or neighborhood near you. Today, innocent people could be disappeared off the street and sent to some far away place indefinitely to be tortured or killed. If it happens, what would you do about it? Probably nothing. Citizens can no longer be assured of a fair trial if accused of a crime. In fact, citizens can no longer be assured that they will remain free even if they are not accused of a crime. If accused of wrong doing, no one is guaranteed a public trial by a jury of their peers, nor are they guaranteed the right to be fairly represented by an attorney. It is not even guaranteed that they would be told what offense they are accused of committing or what evidence there is against them. Who do you think is available now to defend those rights we once took for granted? You? Your congressman? Your constitutional right to privacy has been suspended. More than 20 million documents previously available to citizens have now been classified as secret, removing your right to review, oversee, and be informed about how your government works and is being administered.

The President of the United States no longer considers himself subject to laws passed by Congress. Members of Congress, almost to a person, have transferred to their political party, the President, or some other interest group, loyalty that they once pledged to the Constitution and to you.

Most Americans still appear to be unaware of the implications of all of this. This is true because most Americans have not yet been personally exposed to these injustices. Only a few have. Reports of same are not front page news. So most Americans continue to go to work and engage in their normal daily routines not realizing that they no longer live in the constitutional democracy they once called America. They don't realize the government they studied in school no longer works as they were told it did. They don't realize that their children and/or grandchildren are at risk of one day being forcibly inducted into a military regime that will require them to commit unconscionable crimes while risking their lives, limbs, and sanity as they do so.

Government spokespersons claimed and 'predicted' that terrorists were and are soil because they hate our freedoms and our democracy. They then stepped up those policies and activities that resulted in 911 in the first place, thereby guaranteeing that we will be attacked again one day even though those 'predictions' were assuredly nonsensical and ridiculous when they were made. It's only a matter of time now. Is it too late? I don't know.

But I do know this: if what I'm talking about isn't near the top of your list of what's important... and if that's also true for your friends and your family and the people you work with, buy from, and sell to, then it probably is too late.

In 1988, when people were campaigning for president, I once wrote a commentary in which I said something to the effect, that if you elect one more president who doesn't love you, very soon you will no longer be to apply. The price for the oneliving in a free country. I was right. No week course is \$400 per student. your display of opinion. Maybe you one seems to realize that it was HW who gave you W. Now what are you going to



Harry Reinert/courtesy photo

BOCCIE BALL IS ALL THE RAGE: On Tuesdays at Ober Park, starting at 10 a.m. Practicing their shots from left to right are Doris Fied, Sue Weston, Jerry Henley, facilitator, Ellen Trout, Fred Losornio, Louella Lodahl, Joe Biel, Melody Zovis and Arlene Schade. Not for seniors only, everyone's welcome to come. Vashon Parks District supplies the grassy field and the balls. Henley is looking for a new facilitator: if interested, call him at 463-6991 or the Senior Center, 463-5173.

# PANDORA'S B

Festival madness survived for another year. Hope you enjoyed the music on the stage.

Fleas got you down? The island must be sinking under them, we can't keep the drops in stock.

Cheryl's pick of the week: Laundry at work - a nice

hairy.

(206) 463-3401 fringe benefit, although often



\$8 Nail trimming with no appointment 17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

#### Undersea Video

Continued from page 1

family, this course promises to be a fun and enriching experience.

between field trips to Puget Sound, where they'll use state-ofthe-art underwater high-definition cameras to record marine-life activity; classroom lectures on marine biology; and opportunities to edit footage from the field trips on new laptop computers. Two one-week sessions, beginning August 6th and August 13th will be held at the new Vashon College campus at: 18850 103rd Avenue - Suite 101, Vashon, Washington 98070.

Vashon College brought in Hollywood veteran Frank Foster (Founder of Sony's Imageworks Division) to head the new Center for Digital Communications. Foster explains, "For this class we conspiring to attack Americans on our own are not simply teaching media or marine biology, we are putting students in the situation of discovering Puget Sound marine life via the latest digital video equipment and letting the subject matter inspire them to learn and use this new technology."

> At the end of the Undersea Video Adventure, each student will have a DVD chronicling the entire process to show to family and friends. Classes are limited to 24 students, and there is a prerequisite and selection process special discounted family rate of year old. \$300 per student, if more than one family member signs up to take the class together. A lab fee of \$50 per student includes 2 DVDs of final video per student. Lunch is provided each day.

According to College Board of Trustee, Tom Bangasser, "One of Washington State's oldest Colleges is now one of its newest, but we are reviving Vashon College with completely new approaches to education, where the emphasis is on lifelong learning and new advances in technology. This class is a perfect example." The original Vashon College was founded in 1892, but burned to the ground in 1912. The college restarted classes last year.

For more information about educational adventure with your the Undersea Video Adventure course call Frank Foster, Director for the Center of Digital Students will divide their time Communications at 310-717-6248 email frankfoster@sbcglobal.net

## **Loop Letters**

#### Manners, Please

Dear Editor and Residents of Vashon:

My wife and I just watched the Strawberry Festival parade with our two young children. We enjoyed it very much, until toward the end when Vashon Sand and Gravel drove one of their trucks by and adults sitting around us began booing it. My problem with this is that those trucks were carrying young, Vashon Island children. The wonderful employees of Vashon Sand and Gravel donated their time to show the people of Vashon the pee-wee football players, yet these children were booed because the truck they were riding in was owned by Glacier Northwest.

I can not think of anything more closed minded than grown adults not being able to separate the fact that a truck is owned by a company from Asia, and our own local employees and children. Maybe each and every one of you should have been made to sit and explain to the children on the backs of those trucks and those sitting along the sidelines, that it was not them that you were booing, but some company that was not even present to witness

> Peter Frontiero Olalla, Washington



Loopy sez: Deadline for the next edition of *The Loop* is Friday, August 3



# We've Got a Lot of Kids Rock - Paper -**Scissors - God**

by Kevin Pottinger

Last year at this time, I had been writing this column for exactly a year, so I wrote a special one-year anniversary column celebrating my family and my love for them. This year, using a mathematic formula, I've worked out that it will be a twoyear anniversary, and I've written a special two-year anniversary column.

A woman stopped me on the street the other day. It was hot uptown at midday, and I had a grimy twin on each sweaty hand and our eldest daughter walking sullenly two yards behind me. "Hey, Mister We've-Got-a-Lot-of-Kids! You think four kids is a lot?" she shouted. "I had four kids in six years, and then four years later I had two more." She squinted at me. "Keep that in mind." I gave her a tight, polite smile.

Following her suggestion, I've kept it in mind. I've known for some time that our family is not the largest family in recent memory. Many families have, or have had, a lot of kids. What I've concluded is that apparently, a handful of you have been reading my column: which changes everything. If I'd known that, I would have taken the time to explain things a little better.

We do have a lot of kids. It's only four, which is barely remarkable, but our four kids arrived quickly, within the space of a little over three and a half years. When our oldest was not yet four, the younger three were still in diapers. For about a year, our oldest was the only one of our four who could walk for any distance without teetering over like a stack of alphabet blocks.

We're not zealots. We don't go in for producing a lot of babies to make a point, or to compete in some big family contest. Besides, the lady on the street the other day would have smoked us handily. We were planning on having, say, three kids. We had two toddlers, and when the twins came, that made three and

four. That seemed like plenty of kids

We imagine our situation to be similar to yours, if you're raising small children without the assistance of a squad of matronly domestic employees in starchy white uniforms and crisp white hats. Whether one has two or twenty small children, insistently tugging on your pant legs, whizzing around the living room like bottle rockets, filling up every square inch of your brain with their tiny shrill demands; regardless of their number, they will consume one hundred percent of your attention.

Having a lot of kids may be determined by statistics; but for my purpose, it's a state of mind. When our first born was still an only child, he was so much work my wife Maria and I had to sleep in staggered shifts.

I've found that whatever insane toddler behavior I complain about usually disappears when it appears in print. However, a recent column I wrote about the kid's unflagging interest in fighting with each other is an exception. At dawn yesterday morning in bed, Maria had the twins slugging each other over the exclusive rights to lie on her head like a koala bear and cry.

I'm not any sort of expert in raising children. I'm not a great parent. Maria, however, is quite gifted at raising children, and has a degree in early child development. If I were a big baby and needed someone to baby sit me, I'd call Maria.

I write this column because my beautiful family has become the central story of my life. It's by far the most interesting thing about me. Everything I do is carried out in relation to the shrieking mob in the living room.

Last week I taught our oldest boy to play rock-paper-scissorschainsaw. It's like an ordinary game of rock-paper-scissors, with the addition of the chainsaw. Rock takes scissors, scissor takes paper and paper takes rock; the chainsaw takes all three. It took our oldest boy ten minutes to figure out that the reason I won every time was my unerring devotion to the chainsaw. The next match, when I made my usual chainsaw motion, he made his two index fingers into the shape of a cross. "It's God." he said. "God wins over everything."





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#### Islewilde

Continued from page 1

Other workshops include the Water Bucket Circus, a Shadow Puppet workshop, Plasma cutting on burn barrels and small lanterns, Lantern making, a recycled fashion extravaganza called Swap-o-rama-rama, Acro-balancing, Silk screening, Juggling, Poi, Electricity Experiments, the Theatre of the Oppressed, a Council of All Beings, Making Sustainability Tools like Solar ovens and Pedal Powered Machinery, Music, and more.

The fun begins August 4th when we will be clearing and marking the trail between Agren and the Vashon Youth Hostel, where guests to Islewilde will camp. August 5th, in addition to Orientation, is set up of the Islewilde Village. Workshops run Tuesday, August 7th - Wednesday August 15th, with rehearsals on Thursday and Friday, August 16-17th. The workshops culminate in a free community Festival the weekend of August 17-19<sup>h</sup>th, , which features a Lantern Walk, Shadow Puppet Show, Illuminated Pageant, Water Bucket Circus, assorted entertainments and activities, the Pageant, and Public Dinner. The Great Big Wonderful Clean Up Party happens all day Sunday.

#### **Sustainable Tourism on Vashon**

Sustainable Tourism on Vashon featuring a package that focuses on (STOV) is Vashon-Maury Island's first resident and tourist destination website, www.stov.us, that's designed to promote packages that focus on the artistic, agricultural, ecological and historic heritage of this quiet rural island.

STOV offers the residents and the mindful traveler a new kind of experience. Did you know Vashon Winery offers wine made from organic grapes grown right here or they frequently have free concerts and BBQ's at the winery? Did you know we have at least 13 places King County Historic This Preservation List?

just that in the Island Heritage section. Want to have a special day on one of our farms? Review the Agro Tourism section. Explore your artistic nature, with various workshops being offered under the Arts and Cultures section. If the island inspires you to live in greater harmony with nature, check out the Eco Tourism section for several options to enjoy our "Emerald Island"\*.

Sustainable Tourism On Tourism guides you toward programs and activities that listed on the National Register and represent the best kind of tourism. tourism sustains STOV is environment instead of exploiting it,

supports ecological awareness, small farm viability, respect for our historical roots, our tradition as an artists' community and vigorous, healthful living for all.

STOV is non-profit organization and as founder and chair I sought an avenue to maintain aspects of Vashon -Maury Island that I hold dear—wildlife, nature, farms, artists, rural quality of life — and still nurture viable employment for professionals who live here. STOV marries both goals.

STOV has just begun offering packages and information for those who wish to experience the beauty of Vashon Maury Island; we will be continuing to add new packages

and activities in all categories throughout the year. "Anytime is Island Time"\* so Keep checking our website, www.stov.us, throughout the year for new packages and updates in every section of the website. Contact us at 206-234-4287. email at info@stov.us. http:/ /www.stov.us, or surface mail to P.O.Box 2714, 17504 Vashon Highway SW, Vashon, WA. 98070. \* by Kathleen Fitch

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Loopy sez: Deadline for the next edition of *The Loop* is Friday, August 3

The Vashon Loop, p. 12 July 27, '07



# Remarkable Herb

By Kathy Abascal

Licorice (*Glycyrrhiza spp.*) has a long, well recorded history as a medicinal herb. It was found in King Tut's tomb and a Chinese emperor wrote about its medicinal uses in the oldest known botanical text many thousands of years ago. Licorice was used as a medicine in ancient Mesopotamia, Egypt, Greece, Europe, and of course China. In the 1300s, an import tax was levied on licorice root and the money collected was used to repair the London Bridge. Licorice remains in use in traditional Chinese, Ayurvedic, and western herbal medicine. Surprisingly, although it is still widely used, few of us

appreciate the scope and variety of its medicinal qualities.

So what is licorice good for? The herb is strongly antiinflammatory and has wound healing properties.

In arthritic animals, it worked as well on pain and swelling as did the steroid drug hydrocortisone, and in France, licorice is often used to treat rheumatoid arthritis. Research supports its use as a topical disorders like atopic dermatitis and Native Americans used a poultice of American licorice (*G. lepidota*) leaves to heal wounds on their horses.

Licorice is an adaptogenic herb. As I have mentioned before, adaptogenic herbs help moderate our stress response. They help us cope with mental and physical stress more effectively and balance our immune function. For the right person - a person with low or normal blood pressure who checks their blood pressure periodically licorice is an inexpensive and highly effective adaptogen. Children are often fond of the taste of licorice and licorice tea can be a wonderful choice for a child who gets frequent minor ailments and is a bit run down.

Licorice helps protect the liver. It is antiviral and is particularly active against herpes and varicella viruses. Topically, it helps ease herpes sores and shingles. compound in licorice was the only compound found to work against the SARS virus. It is also antibacterial and makes bacteria less able to adhere to the bladder, an important factor in avoiding and treating bladder infections.

Licorice is a stellar lung herb and is (and has been for millennia) used for coughs, sore throats, and asthma in almost all cultures. Studies confirm that it quiets dry, irritable coughs, working as well as codeine. It also acts as an expectorant for sticky coughs and is a soothing antispasmodic in asthma. Licorice may be able to prevent pulmonary complications during radiation treatment. It inhibits platelet aggregation and reduces diabetic complications in animals. It helps heal gastric and duodenal ulcers, working as well as drugs like cimetidine and ranitidine. Taking a daily dose of aspirin causes small bleeds in the stomach. Licorice prevents these effects by increasing mucin production in the stomach and by its general wound healing actions. It also helps heal canker sores in the mouth.

Licorice is the most widely used herb in Chinese herbal medicine and is often added to balance, harmonize, and increase the effectiveness of many of their patent formulas. Licorice actually has many other beneficial effects but this should give you a sense of how many, varied actions licorice has.

Wonderful though it is, licorice is not for everyone. People on diuretics or who have high pressure blood should be very cautious with licorice because it can raise blood pressure and cause sodium retention edema. However, a licorice product where the blood pressure

raising compound has been removed (deglycyrrhizinated licorice) may still be suitable for these people to soothe and heal the stomach. Another concern is that licorice may interact with some prescription drugs, so treatment for inflammatory skin you need to check with an experienced professional if you are taking allopathic medications and want to use licorice. If you are drug free, licorice is unlikely to pose any problems at all as long as your dose remains reasonable and you eat plenty of potassium-rich vegetables and fruits.

Of course, if you are using licorice holistically, you will not have to worry. The person most often prescribed licorice for an extended period of time tends to be thin, have poor blood circulation, flushes or blushes easily, often is a bit constipated, and usually has low blood pressure. As mentioned, children often respond well to licorice and they are seldom hypertensive or on drugs. Finally, short term use of licorice to soothe a cough is also unlikely to cause any problems.

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#### **New Class Starting:**

Eating for health & weight loss.

Learn more about quieting inflammation.

Being overweight is an inflammatory condition that takes a toll on your health. In this series of 5 classes you will learn how to use diet and herbs to quiet inflammation and improve your health. Significant benefits include a relatively effortless weight loss, improved sleep, and the disappearance of annoying aches & pains. A new class series begins Wednesday August 1 at 6pm. Advance registration is required. For more information, contact Kathy Abascal (463-9211 or anemopsis@yahoo.com) or pick up a class outline at the Roasterie.

## **Diabetes class** open to all

"Diabetic emergencies-hypoglycemia and hyperglycemia--and shortterm complications of diabetes" will be reviewed by Sally Frazee, RN, at 10 a.m. Aug. 3 at the Vashon Fire Training Building as part of the free "Living with Diabetes" series.

Emergencies can happen frequently when people have diabetes. The class will explore symptoms, frequency treatment, what causes them and how to prevent them. Presented by Vashon-Maury Senior Services, but not for seniors only--everyone's welcome.

Deirdre Petree, 463-7746



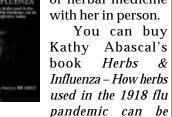




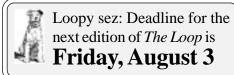
Kathy Abascal is a professional member of the American Herbalists Guild and is certified by Michael Moore of the Southwest School of Botanical Medicine. She recently started a blog you can read www.herbsandinfluenza.com/blog.

You can email her if you have questions about herbs (Anemopsis@yahoo.com) or you can

stop by the Roasterie Friday afternoons discuss any aspect of herbal medicine with her in person.



effective today at local Vashon stores. For more information on the book and on the 1918 flu pandemic, visit Kathy's http:// www.HerbsandInfluenza.com.



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Aries (March 20-April 19) You may have noticed the pace of your life is picking up as your self-confidence improves. What you went through in June and early July was a necessary but difficult phase of reassessment that may have felt like bailing out of a sinking boat with a measuring cup. Now the boat seems to be floating of its own accord, and is offering less resistance against the water. When the Sun changes signs to Leo early next week, you will get the big push you've been waiting for, but this one will be contingent on your taking some kind of creative risk. You need to make the first effort, and it may feel like pushing your luck. But at the moment your luck is better than you may think. Eric Francis has more of your astrology for you PlanetWaves.net.

Taurus (April 19-May 20) Mars has been burning its way through your birth sign for a few weeks, putting you into contact with something about yourself that you sometimes prefer to pretend does not exist. Venus, your ruling planet, is about to change directions for the first time in 18 months, which is another way of saying that your inner vision will be clear and bold assuming you go easy on the self-critique and keep yourself focused on taking action where action is called for. This particular Venus retrograde, which lasts until September, is designed to help you weave integrity between your intellect and your creative passions. Don't worry about doing it right — rather, enjoy the experience of recreating yourself while it's happening. Eric Francis has more of your astrology for you at PlanetWaves.net.

Gemini (May 20-June 21) You're getting a series of second chances to realize the nature of past mistakes about money, and corresponding opportunities to correct them — but those second chances are evaporating quickly. I suggest you take them as they come, and see past the seemingly subtle nature of the discussion. Be aware you're in the middle of a mental crisis that seems to involve whether you feel safe and secure, but is really an inner debate about whether your father feels (or felt) secure. You may fault him in some way for relying too heavily on the assistance or resources of others. You need to give him more credit for what he did right, and quickly cast off all he taught you that was wrong. Eric Francis has more of your astrology for you at PlanetWaves.net.

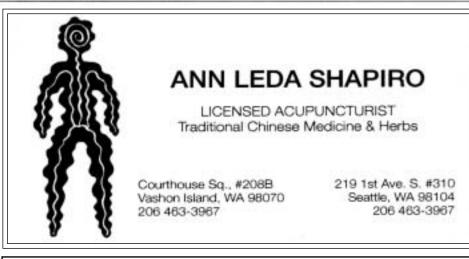
Cancer (June 21-July 22) Mercury's long visit to your sign has been compelling you to think clearly about who you are, and more to the point, to remind you that who you think you are has a lot to do with who you become. In other words, your ideas about yourself have extraordinary power at the moment, and they are rapidly shaping the person you are growing into. I suggest you track those ideas one at a time, and throw back the little ones, the self-defeating ones and those that are plainly false. Meanwhile, you have for a while underestimated the power of faith. This is a force like the wind that you may not believe is able to move your ship until you hoist the sail. Eric Francis has more of your astrology for you at PlanetWaves.net.

Leo (July 22-Aug. 23) Praise Goddess, God and all the saints that the Sun is about to enter your sign. This is no ordinary Sun in Leo phase: it's the grand finale of Saturn in Leo, which dates back to July 2005. The coming month will have all kinds of ups, downs, twists and turns, but it promises to be an interesting journey and, as these things come, you will take the landscape in stride. What I suggest you do at this point is look back. Consider, for instance, where you were in early 2005 in every respect, from geographic to emotional to professional. What plans did you have then? Did any of them come to fruition? I suggest you count your successes as the real thing, and look carefully among the supposed failures for the few items that deserve a second go. Eric Francis has more of your astrology for you at PlanetWaves.net.

Virgo (Aug. 23-Sep. 22) Venus is making an unusual visit to your sign, having gotten as far as the fiery edge before stopping this week and turning retrograde. Venus arriving in one's sign tends to dependably bestow love, money, sex and good feelings, and these we usually want to keep. With a planet in one's own birth sign or 1st solar house, the issue is what we truly identify with. You have built a reputation for being one kind of person; I would guess you want to be another kind of person with all your heart and soul. The best way to accomplish that will be learning through example, and the strongest example is the one you set for yourself. Eric Francis has more of your astrology for you at PlanetWaves.net.

Libra (Sep. 22-Oct. 23) Work-related matters are summoning you to revise your strategy, but remember that this is not a permanent set of changes. You will need to work through two or three intermediate steps to finally get where you are going. Be







glad you have these opportunities; the time they take will be time well spent. You have yet to fully access your most important resource - your friends - who quite potentially have gifts for you in the form of information, financial support and a new level of introduction to the community where you have been trying to make your mark. The worst mistake you could make is to think that you have not already made a positive impression. Look, and you will see. Eric Francis has more of your astrology for you at PlanetWaves.net.

Scorpio (Oct. 23-Nov. 22) If you can keep your expectations down to a minimum or better still, avoid having any at all, you will see what you need in order to make certain structural repairs in your life. There has, for example, been something annoying on the work front, but before you start to make heavy renovations, I suggest you ask yourself in that deep Scorpio way whether it's something that really needs to be fixed. Here is a clue: If you feel like you have to risk it all to make this one change, you're overstating the case. If you feel like you need to reassess the truth on a more or less constant basis and make your changes in small degrees, you're probably on the right track. Drama is a warning sign. Eric Francis has more of your astrology for you at PlanetWaves.net.

Sagittarius (Nov. 22-Dec. 22) You seem to be doubting whether you're having a positive influence, or any influence at all. It is not enough to have a good life, this we know about you; helping direct the course of events in the wider world is not optional for you, it seems to be mandatory. The thing about the world is that it does not respond fast, and the other thing is that we cannot often see the progress contributed by our own best works, or all our other works, for that matter. The Sun's ingress into fire sign Leo will provide some of the reassurance you need. But if the movements of the planets mean anything at all, the best has yet to come. Eric Francis has more of your astrology for you at PlanetWaves.net.

Capricorn (Dec. 22-Jan. 20) Faith is not a matter of opinion. It's about trusting what is true before you actually have proof that

it's true. Faith is not about wishing; it's about living as if something were already proven to be true. If you can do that where a particular financial or deeply personal matter is concerned, you will see that in the light of faith, certain evidence is visible that is simply not visible in the shroud of darkness that is created by fear. I recognize that at the moment the world seems like one huge advertisement for what is unfair, untrue or otherwise doubtful. As a person of character, we are counting on you to stand your ground against these things. Eric Francis has more of your astrology for you at PlanetWaves.net.

Aquarius (Jan. 20-Feb. 19) The Sun is about to enter your opposite sign, the eminent Leo. The coming weeks promise to be an exceedingly interesting phase where the truth about many facets of your life becomes apparent, and more to the point, so too does how much cooperation you have doing something about them. Pay attention and guide yourself away from those defensive reactions for which you are so famous. Just because you're defensive doesn't mean you're wrong, but it does mean you're blocking vital information from coming back to you. If it seems obvious that you have your faults, remember everyone has their faults. The real question is whether we're willing to work with them. Eric Francis has more of your astrology for you at PlanetWaves.net.

Pisces (Feb. 19-March 20) Mars is moving into its notorious spot of being square to Neptune. Most astrology books hype up the self-destructive nature of this aspect rather than the creative one. Squares are action aspects; both Neptune and Pisces tend toward being passive. Fair to say you're being given a friendly, seductive push in the direction of your own deepest artistic sensibilities and erotic impulses. This kind of weather does not come through town very often, and it's some of the hottest, sweetest and most nourishing stuff you could ever wish for if you're a fish with red blood in your veins. Keep your priorities straight. Eric Francis has more of your astrology for you at PlanetWaves.net.

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The Vashon Loop, p. 14 July 27, '07



# Island Epicure



#### **Snappy Salads of** Summer

By Marj Watkins

Take two eggs and call me for lunch, supper, or breakfast. Cook them in the morning. They'll hard boil in 17 minutes. Put 'em in a saucepan with a dash of vinegar to keep the white from spreading if a shell cracks. Eggs are quick and easy to cook, and yield the high quality protein other protein sources are measured by.

After boiling them, run cold water over them at once. Leave them in a bowl in the sink and let cold water drizzle over them until they're cold. Tap each end of an egg on the sink edge, then roll it to crack the shell all over. Now it's easy to peel. To save them for later, empty that bowl, put in the naked eggs, cover with plastic wrap, and refrigerate. If storing them unpeeled, write on the shell in pencil: Boiled, and the date. Refrigerate up to six or seven days.

And don't worry about their cholesterol. That myth has been demolished. An egg contains enough lecithin to emulsify it, and then some. Have you ever made mayonnaise? One egg yolk will emulsify a whole cupful of

EGGY POTATO SALAD 4 servings

4 medium size pink, red, or Yukon gold potatoes, boiled

4 eggs

½ cup sweet pickle relish

1/3 cup mayonnaise or to taste

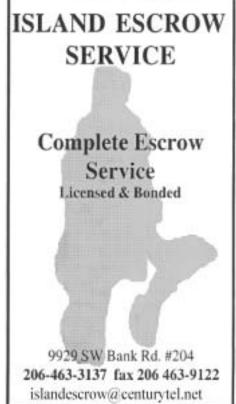
¼ cup pickle juice or rice vinegar 1 celery rib

Paprika to sprinkle on top Parsley sprigs to garnish

Cut the potatoes in quarters. You can boil the potatoes and eggs in the same pot for the same length of time. Pull of the peels after cooking and cooling.

Dice the peeled potatoes. Thoroughly scrub the celery and cut it in ¼-inch dice.

(Quickly done when you first cut it in three or four lengthwise strips, bundle



and cut them in two, make a stack of them and cut the lot at 4-inch intervals. Makes about ½ cup.)

Combine sweet relish and mayo. Stir it and the pickle juice or vinegar into the potatoes. Slice the eggs, reserving the center slices to pave the top of the completed salad.

Chop the end pieces of egg. Mix them and the relish-mayo mixture into the potatoes. Pat the salad down a bit to make a flat or domed surface. Arrange the egg slices on it.

Sprinkle with paprika. Wash, dry, and cut stems from parsley sprigs. Arrange the sprigs around the edge of the salad.

> EGG & PICKLE SALAD 4 servings

8 large red lettuce leaves or 6 romaine leaves

or 6 cups packaged salad greens or baby spinach

4 hardboiled eggs, peeled and cut in

8 sweet gherkins, sliced or cut in bite

2 slices red onion, separated into rings or diced

Wash lettuce and pat dry between paper towels or clean tea towel. Tear or cut in pieces. Arrange on platter. Add eggs, gherkins, and onion. Serve with sesame vinaigrette or Italian dressing.

> **CHICKEN SALAD** 4 Servings

Salad greens

1 carrot

8 cherry or grape tomatoes

2 poached or grilled boneless chicken half breasts

Arrange salad greens on a platter or divide among four individual salad plates.

Scrub the carrot and with a potato peeler. whittle it as much as you can. Eat the knob that's left. Put the whittlings into a bowl of water with ice cubes.

Cut the tomatoes in half. A serrated knife works best for this.

Wash the onions in vinegar water to kill any germs. Cut them in thin slices, tops and all.

Cut the chicken in ½-inch thick slices. Arrange atop the greens. Garnish with the carrot whittlings (with luck and ice water they curl), halved tomatoes and onion slices.

Serve with ranch dressing or lemon and olive oil dressing.  $\omega\omega\omega$ 

# PERRY'S VASHON BURGERS

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## What is a PUD, Anyway?

by Rita Schenk

Now that the dust has settled on the PUD election, it may be the time to lay out the facts about what a PUD is.

A Public Utility District (PUD) is a municipal corporation broadly empowered to provide a wide range of municipal services. In this state, the various PUDs provide energy, drinking services. wastewater telecommunication services, road services, public transportation services, waste management services, parks management and public education services. None of them provide all these services: each does what the local communities want and need. The Washington State laws and regulations are designed to give communities the maximum flexibility to meet their local needs while organizing all these potential municipal services under one set of regulations.

PUDs are not empowered to do anything BUT public services.

A PUD is a quasi-governmental body that has some of the characteristics of a corporation and some of the aspects of a local governmental body. It charges fees to support its services. In some cases it pays taxes, just like a corporation does. As a municipal body, it cannot make a profit, and it is governed by elected officials, the PUD commissioners. The Commissioners meet in open hearings and serve at the will of the people, even if the people make no use of the services the PUD provides. Commissioners can be paid, but only if the PUD exceeds a certain threshold in monetary size. The concept is that if the PUD gets large enough, one would want the commissioners to be paid, so that they could afford to commit enough of their time to do a good job managing the PUD.

A PUD can tax, but its taxing authority is severely limited by state regulation. In practice, very few PUDs do tax, because their services are valuable, and people are generally happy to pay the necessary fees. PUDs in Washington State have a long history of providing services more cheaply than for-profit companies do. It fact, the PUD law came about because the people were outraged at the unreasonable fees demanded by forprofit companies to provide municipal services.

Fundamentally, a PUD is a way for local communities to take care of their own needs through local democratic action.

# Madame I oujours

Madame Toujours is on special assignment. Her column will return in the next issue.

## **Obituary Miriam Bishop**

Singer, Actor, Master Beekeeper

by Mary Tuel

Word was received here last week that former Island resident Miriam Bishop passed away on June 22 after a nine-month illness with cancer. She had lived in Twisp, Washington, since leaving Vashon.

She was active in theater and choral music on Vashon and in the Methow Valley. She spent two years in Nepal in the Peace Corps in the 90s, working with Nepalese beekeepers.

Miriam was a Master Beekeeper and had a long history of beekeeping. The March 2006 Puget Sound Beekeepers Association newsletter said of Miriam, "Miriam had been the president of both the Puget Sound Beekeepers Association and Washington State Beekeepers Association. She helped found WSBA's Master Beekeeper Program, volunteered with Dr. Jerry Bromenshenk of the University of Montana in conjunction with the EPA, monitoring the effects of air pollution on the bees of Vashon Island, the results of which brought down the ASARCO smelter...Undoubtedly, one of the most interesting and enchanting beekeepers in the State.

She was the beekeeper for Sunny Pine Farm, an organic lavender farm in Twisp, and maintained an observation hive at Sheri's Sweet Shoppe in Winthrop.

She leaves her siblings and their families, and many friends.



Miriam Bishop, circa 1983, getting ready to perform in a Christmas concert at Sound Food. Photo by M. L. Tuel

 $\omega\omega\omega$ 

July 27, '07 The Vashon Loop, p. 15

#### "Getting to 'Can't"

#### By Deborah H. Anderson

or at the very least donate to Pet Protectors or adopt a cat or dog...

sunlight The was purrrrrrrfect temperature for her. Her lean frame roamed the small singlewide with an ease and energy she hadn't had in a week. Somehow in my soul I knew she was dying, but I was hoping it was something fixable like a stuck hairball she would expectorate. These were precious days. Like those families who refuse extraordinary measures for the elderly, I made a decision to keep her company in her final days. Carmen, my daughter's Christmas gift nine years ago, was still, in those days, the most beautiful cat God had ever created. A longhaired tricolor of regal demeanor, she had tamed Buddy the dog who was now her constant companion. I know I know, everyone puts pets down. But she longed for our companionship and her eyes were filled with life and not stress and this was, like for many humans, our gift to her.

She moved to the door and placed herself on the front stoop in the warm spring air and stretched and slept clearly enjoying this delicious moment. It was the first time in a week she had been outside.

The irony was I had spent the weekend, myself, in the violent throws of the Norwalk virus. As she extended herself in repose I was equally grateful my own system had decided to calm itself after the purge that can bring a cruise ship to its knees. Buddy poised his body between me in the recliner and her on the porch. He stayed there all morning.

Now, two months later, as I watched my son close the door behind him, the last of our possessions in the van, I looked at the planter that marked the spot where Carmen was buried. We left various gifts for the next tenants we knew were inevitably going to live as my son walked down the steps there; lovely newer matching with all the weariness thirty hours appliances, some tools and dishes for entertaining, a bread machine that could fill the whole place with yeasty confection. We also left them the planter that marked Carmen's resting spot.

Twenty-four hours after her sunny nap, Buddy came to get me to tell me Carmen was in the last fifteen minutes of her life. "I called my daughter. "Carmen is dying sweetie," I said through my tears. "I'm sorry."

The passing was quick but I could barely stand to watch her die. It was almost midnight. I grabbed the camera. The kids were away and I wanted them to see her. Like some forced procession past an open casket of a relative whose service they could not attend, I would later show them the pictures of her which I wanted to pretend looked lively

To remind you to go the Fur Ball and really showed she had left this earth.

> I called them on the phone. "Son, the she is gone" I ranted and raved about how I should have taken her to the vet. I regretted my decision to do this natural week of passing. Maybe the vet could have saved her. "Mom," my son said, "You did the right thing. She wanted to be with you. You kept her comfortable I'm sorry you're alone right now, Mom" He stayed on the line until I was composed enough to call his sister and tell her the love of her life had passed.

My daughter was oddly distant. Her per functionary response left me with words still not formed. She cut me off. "I'm sorry mom. I'm going back to sleep."

The next morning she explained to me that her response was odd because after I called the first time to say I thought Carmen was dying, she fell deeply asleep. She immediately began to dream a very real dream in which Carmen, and her and I were all lying on my bed together and we were happy and Carmen was in perfect health. She said when I called to say she was dead it didn't make sense because she had just experienced Carmen as alive and healthy.

God answers such silly prayers. As I stood with the shovel in one hand and held her already stiffened form in the other wrapped in a pink baby blanket I'd given my daughter taking her to her soon to be dug grave, I wept to God a fervent prayer. "Lord, if I could just know if there was kitty heaven... I can't imagine that you who created the animals would not let such loyal creatures live forever in your presence as well. She was such a good cat. She deserves a reward"

I took great comfort in my daughter's dream.

Now, July 1 @ 7AM, I watched straight of moving can bring. The bigger story is that we were moving on to the first non-substandard living situation in our fifteen years on the Island. No more black mold. No more basements that flooded at the first hard rainfall and didn't dry out until the spring. No more sawdust piles of floorboards covered with stringy unraveled carpet. No more drafty summer cottages not meant to be lived in when the temperature was below sixty at the least. No more cramming three people into less than a thousand feet, in various stages of coming and going.

What lay ahead was a beautiful new home, dry, clean and spacious with a place for everything and everything in its place; gardens and patios and decks and stainless steel appliances, and two new doggies to



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Bullwinkle, rather two operas).

When I moved to the Island I

was just like you; a proper,

respectable person following all the

rules of civility. I believed there was

no such word as 'can't'. "Either you

don't know how, or you don't want

to and usually it's the later" I could

be heard to pontificate. Then 'can't'

happened and I learned the hard

way "God helps those who help

themselves "IS NOT in the Bible. In

fact, I learned God wants us to get

to 'can't' so he can weave all of us

people together in one giant dance

what they CAN do on this Island.

But the real quality of life comes with

what we can't do because we need

others to either help or do it for us.

We all need each other's money.

Businesses can't survive on the

Island without our patronage.

Teachers and administrators can't

do it alone, they need parents.

Service organizations can't do a

thing without people to do

everything. Community events don't

Many people are admired for

of helps.

acquaint with Buddy and the other happen until someone is touched by two cats, Boris and Natasha (note "can't". to readers: not Rocky

Alice got all the people organized and Rachel and Eric wrapped and loaded, and Pete saved the day (and my son) with the piano, and Bev and Kate and Brett and Nathan and Al carried box after box after box to the right rooms.

Thank you deacons at VPC. I was a strong person with a great deal of faith when I came to the Island. But when God gave me the opportunity to be in a position to have to ask for help, I discovered my real strength was measured by how much I could receive and a true understanding of how very much we are all the hands and feet and heart of God. Not that I stopped

Every subculture on the Island is fueled by "can't". It is not, I discovered, a sign of weakness, it is a sign of community. Know that when you say, "I can't..." you have just entered the holiest part of life. Prepare to be blessed.

giving, only that I also received.

Love, Deborah

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July 27, '07





Lake Vashon celebrates a 51-3 spanking of Estacada, OR. In front is Oregon State University Asst. Coach, Kevin Roberts. Vashon Island Wrestlers in picture are Sam Chapman, Rogen Lopez, Graeme Britz, and Geran Webb.

Hello Ernest,

I really liked the picture of the rabbits last issue. They look very daunting with their monstrous triceps and vicious snarls. Surely there are some other acts of greatness going on this July, this month of Canadian Independence! Do tell me.

Tuckleberry Finn



We're all very proud of this VERY intelligent area man and we're also very proud of this VERY pretty (and intelligent!) area woman, particularly her ability to put up with forementioned area man! The phrase "soul-mates" floats repeatedly through the air when viewers admire this fine picture of this area couple. Picture taken by the incredible Paul Chattey.

Tuck,

The VHS Boys Basketball team has been dominating summer league, playing at least 30 games this month. The young (but quickly maturing) team went 8-3 at the prestigious Central Washington University Team Camp. The Girls Team has played

a number of summer league games and they, too, have won many of them, as well.

Also, the VHS Wrestling Team wrestled at the Oregon State University Team Camp. Combining with 1/2 of the Lake Stevens Team, the Pirates formed "Lake Vashon," one of the most competitive teams in the 30 team field. Top notch teams from California, Colorado, Oregon, and Washington attended. Lake Vashon finished with a 59-6 smoking of Stanwood, WA and a 51-3 whooping of Estacada, OR on their way to concluding with an 9-3-1 record. Vashon Participants were (records in parenthesis): Sam Chapman (12-2), Rogen Lopez (13-2), Graeme Britz (4-6), Geran Webb (8-8). Eddie Protzeller (recovering from injury) helped as a stat guy, and learned valuable techniques as an observer. Rogen Lopez wrestled in the All Star Dual Meet, pinning his Oregon City opponent in the 2nd round.

So, I'll finish with a few pictures and (somewhat) explanatory captions!

Honestly, Ernest



Rogen Lopez relaxes with Lake Vashon Coaches Per-Lars Blomgren and Brent Barnes after pinning his Alomosa, CO opponent in the first round

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#### (Un)Official Proclamation

Unofficial Mayors Jim Martin and Lance Morgan do hereby proclaim that baseball, fastpitch and softball shall be considered the official pastimes on the Islands of Vashon and Maury for a period of one year beginning July 15, 2007, unless no one changes it at that time...then it stays that way until someone does.

Submitted respectfully by your elected Unofficial Mayors - Jim Martin and Lance Morgan.

# Heart of the Sound Triathlon Coming



HOTS courtesy photo

The Heart of the Sound Sprint and Kids' Triathlons run August 26th this year. Run, swim and bike courses are set for youth ages 7-9, 10-12, 13-15 and 16-17. Adults will swim 0.5 miles, bike 14.6 miles and run 3.6 miles. For all age groups, swimming takes place Quartermaster Harbor, biking over a road course with rolling hills and flats and running goes around the gentle Burton Loop. The race has great support from SCUBA divers, Lifeguards, County Sheriff, HAMS, and a small army of volunteers and high school teams. Cost comes to \$60 for adults and \$10 for kids.

Contact: HOTS Triathlon, Inc. P.O. Box 61 Vashon, WA 98070; message/fax at (206) 339-4342, or email us at info@hotstriathlon.org

#### Summer Grande Challenge Swim Meet

by Gary Gray

Vashon's swim team (The Seals) did a great job, with many swimming in their first long course meet. Fifty (50) meters is a big pool for younger swimmers, who spend most of the swim season swimming shorter yardage. Coaches were impressed by everyone's performance, attitude and team spirit - older swimmers comforted younger ones, keeping them safe and doing a bit of coaching and motivating too.



"Swimming in the rain...", a play on words from an old time Bing Crosby classic song, was heard by bystanders as Lucas MacLeod, Amanda Ohmert and Lilly Syfers (from L to R), wait in the rain for their events to be called at the Summer Grande Challenge Swim Meet.

By Ed Frohning

# Loppy Laffs

If a statue in the park of a person on a horse has both front legs in the air, the person died in battle; if the horse has one front leg in the air, the person died as a result of wounds received in battle; if the horse has all four legs on the ground, the person died of natural causes.

Cowboy Wisdom No matter how innocent she looks, a cow is always up to no good.

Q. How's your job at the history book company?

A. There's no future in it.

#### **One Liners**

I never If all is not lost, where is it? hated a man I think I heard something hit a fan. enough to give his I want patience... and I want it now. diamonds back. It's lonely at the top, but you eat better. - Zsa Zsa Gabor I don't remember being absent minded. Never mess up an apology with an excuse. Thank my lucky stars I'm not superstitious. My wild oats Have turned to shredded wheat! We have enough youth, how about a fountain of smart? The more you complain, the longer God makes you live. I didn't say it was your fault—I said I was going to blame you. The sooner you fall behind the more time you'll have to catch up.

> Where there's smoke, there's toast.

If you really make them think... they'll

If you want to hide your face, walk naked.

If your attack is going well, it's an ambush.

In the last 4,000 years, no new animals have been domesticated.

One man with courage makes a majority. —Andrew Jackson





hate you.

To err is human, to forgive is not company policy.

AT DONALD TRUMPS INSOMNIACS

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How do you know when you're in the middle of nowhere?

Out of my mind -back in five minutes.

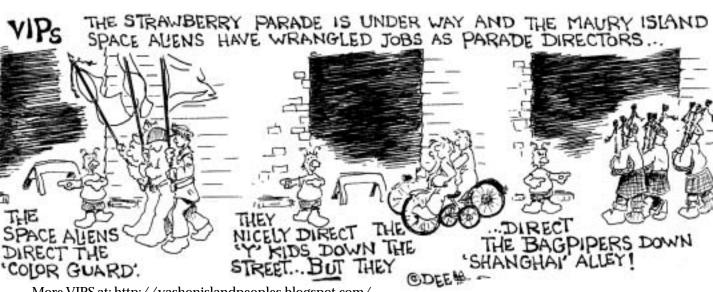
OFFSHORE











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# Loop Arts

#### Teen Photo Camp

by Christine Beck

The VAA Teen Photo Camp is an intensive workshop just for teens, ages 11 to 17, who want to get more out of their photography, improve their technical skills, and August 21, 22 and 24 from 1:00 to 5:00 pm, participants will learn more about their cameras as well as more effective composition by taking photographs in a group setting.

Team instructors photographers, Ray Pfortner and Christine Beck, will bring their individual photographic perspectives, interests, images and technical skills to the workshop, sharing with students their exuberance about the photographic medium.

The first meeting on August 21 will be at the Blue Heron where each participant and the instructors will share photographic images and review the camera each student will be using. Students should bring five (5) prints of any size, a camera and manual and a tripod if available. Shooting the first day will include the area around the Blue Heron Arts Center.

On August 22, class will be held at Waterworks Studio on Maury Island and will emphasize nature information.



photo by Emily Gage

have a lot of fun doing it. Held on and garden photography including macro, new angles and perspectives and alternative methods of shooting with motion and through various materials. During this class, basic Photoshop techniques, printing and concepts of workflow will be introduced.

> The final session on August 24 will be held at Dockton Park where the focus will be on landscapes, waterscapes and the boats that populate the harbor. Some class time will include a review of new images taken during the workshop.

> The workshop is open to any teen- with any type of camera, film or digital, point-and-shoot or single lens reflex- who wants to learn more about photography. participant should plan to bring a snack and beverage for a midafternoon break.

> This and all of the other exciting VAA Blue Hero summer programs are filling fast. Contact the Blue Heron at 206/463-5131 for registration and additional

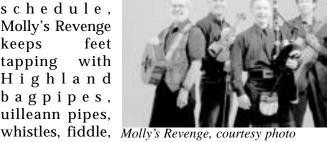
## SUMMER CONCERTS IN THE **PARK**

Molly's Revenge Thursday, August 9, 7 to 9 pm **FREE** 

By Janice Randall

Listen and dance to timeless tunes of Celtic music with Bay-area based band Molly's Revenge. With

five CDs to their credit and a constant touring schedule, Molly's Revenge keeps with tapping Highland bagpipes, uilleann pipes, and mandolin



and guitar bouzouki accompaniment.

proficient, energetic jig and reel stuff, mostly in Scottish and Irish styles," said Dirty Linen.

## **VIPP Adopt-A-Cat** Day

Vashon Island Pet Protectors will host an Adopt-A-Cat Day **EVERY Saturday from** 11:30-2:30 at Pandora's

Band members are: David Brewer, pipe player since age 13; John Weed, who started on classical violin at age 9 and switched to Irish fiddling after hearing Dale Russ; Pete Haworth, guitar, bouzouki and lead vocalist; and Stuart Mason, known for his driving, rhythmic guitar and melodic mandolin picking.

The band has performed at such notable venues as Chicago Irish Festival, Berkeley's Freight and

Salvage, the San Francisco Caledonian Club **Highland Games** and more. From traditional Celtic jigs and reels to contemporary arrangements with a driving edge, Molly's Revenge keeps

against a backdrop of articulate audiences clapping and smiling.

Summer Concerts in the Park is sponsored by Vashon Park "Molly's Revenge music is District, Vashon Allied Arts and Windermere. An all-ages, free event, picnics are welcome, but no alcohol in the park please.



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Friday, August 3 6:00 - 9:00 pm Artists Reception: Kim Farrell

Saturday, August 4 7:30 - 10:00 pm Matt Watts Folk singer/Songwriter

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#### Shrek 3 The Waitress 7/27 - 8/2

#### The Bourne **Ultimatum**

8/3

Coming Soon: Sicko and The Tranformers!

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Or, for show times and info, check www.vashontheater.com

Our 60th Year!

#### **Chris Chandler returns to Vashon**

The Backbone welcomes Chris Chandler back to Eight Hour Work Day and Women's Vashon for a concert Friday, July 27th Suffrage. , 8 pm, at the Blue Heron. A rabble poet, musician, rouser, Moody will open for the show.

Chandler's work is "steeped in the benefit for the Backbone Campaign

centuries of tradition that define theater. At one time in human history bards roamed outside the castle wall carrying tales from village to Today, village. gritty road warriors do the same - outside the castle walls of corporate America. Between frequencies Clear Channel still

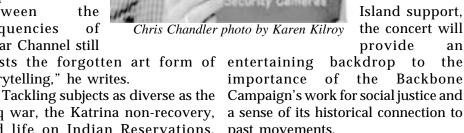
exists the forgotten art form of entertaining backdrop to storytelling," he writes.

Iraq war, the Katrina non-recovery, a sense of its historical connection to and life on Indian Reservations, past movements. Chandler will treat Vashon audiences correlation to many of today's Campaign office 206 408-8058.

Campaign greatest accomplishments, like the

Performing with him will be and Northwest artist Paul Benoit of the videographer, Chris Chandler is a Hanuman Collective. An intermission modern day bard who delivers a will feature sales of gourmet baked sensuous evening of performance art. treats and italian wine donated by Vashon Island musician Steffon Vashon Island wine expert Chris Zimmerman. The show is both a

> and celebration of h organization's successful "Progressive Cabinet Summit" held last month in Atlanta, Chandler's home town. After much hard work and crucial Island support,



Tickets will be sold at the door with his telling of "The Pageant of the for \$12. For questions or to reserve Paterson Silk Strike, "a labor dispute your ticket in advance with a credit in the 1910s that had a direct card please call the Backbone



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#### **Music and Dance**

Continued from page 1

sounds. In addition, African, Indian and Middle-Eastern dancers will also share their talents. Islandbased dance and drumming group, RhythmJoy (a Strawberry Festival Parade favorite) will launch the evening at 5 pm. Henna artist, Subhashinin Santhanam will demonstrate the ancient body art of mehendi, sponsored by King County Performance Network. World wraps, salads desserts and beverages will be available by Island Gourmet. Special thanks to festival co-sponsors Boeing and Vashon Park District.

Maya Soleil long-known for their Afro-World fusion music and award-winning dance will perform traditional acoustic African folk with vocals, costumed dancers, and traditional instrumentation including balafon (wooden xylophone) mbira (thumb piano) ngoma, congas, djembe, talking drums and more. Imaginative and exciting, Maya Soleil performers include: singer, dancer, percussionist, Lora Chiorah-Dye from Zimbabwe: master drummer and vocalist, Karim Koumbassa from Guinea; drummer, dancer Awal Alhassan, Ghana; keyboards and balafon, Rob Pastorok, USA; bass player, Lennox Holness of Jamaica.

Correo Aereo, comprised of Abel Rocha and Madeleine Sosin, performs traditional music of Venezuela, Mexico, Argentina, and Peru. Rocha's high falsetto to midrange voice, and Sosin's rich, smoky vocals create an emotional journey to faraway places.

Correo Aereo's recent independent release, Lo Que Me Dijo El Viento, (What the wind told me) effectively captures the talents of this amazing duo. The City of Austin included the song "La Mariquita" on On Any Given Evening, a limited edition CD featuring Austin's most renowned musicians. They have also been included on the popular Putumayo Records label in a CD entitled, Music of the Coffee Lands II. "The musical skill of this couple complements the impressive reach of their pan-Hispanic musical repertoire and marks Correo Aereo ensembles to appear in many years," said Dirty Linen.

The Nritti Ensemble is comprised of Seattle based sarod player, Brandon McIntosh; Kuntal Roy, tabla; and Archana Kumar, Northern Indian classical dancer. McIntosh studied Indian music at Central Washington University and then moved to Kolkata, India to



study sarod with Pandit Buddhadeb Dasgupta. He taught at the Calcutta School of Music and performed with organizations including: the Kolkata Shakespeare Society; Ramakrishna Temple and Calcutta Foundation Orchestra. His works have been performed in India, Ireland, Belgium and the United States.

Kolkata, India, was initiated into tabla by Sri Narayan Chandra Halder. Roy has been a disciple of Pt. Shankar Ghosh since 1991, and given both solo accompanying performances and adventure, part parody, part tabla workshops in India.

Archana Kumar has studied dance for 16 years beginning with Indian Classical Dance, trained in Baratanatyam (South Indian) and Kathak (North Indian) at Natya Kathak Institute of Choreography, Bangalore, India. Kumar moved to Seattle in 2000, where she has worked with famed regional choreographers Amy O'Neal, Cyrus Khambatta and Karn conducted classes & lecture demos on Kathak, beginning modern dance and yoga in Seattle and at Bangalore University.

will showcase three dancers and a drummer between music sets.



Maya Soleil, courtesy photo

## **Summer Reading Recommendations from** the Vashon Bookshop

Karen:

The Penderwicks: A Summer Tale of Four Sisters, Two Rabbits, and a Very Interesting Boy (Jeanne Birdsall) A charmingly nostalgic story of the Kuntal Roy, tabla player based in Penderwick sisters and their summer adventures on the sprawling Massachusetts estate of Arundel. Humorous, witty and wonderfully written.

> Dishwasher (Pete Jordan) - Part memoir of self-discovery, Dishwasher is the quirky true story of a man on a mission to clean dirty dishes professionally in all 50 states and how, in the end, he gave it all up for love.

Nancy:

Fablehaven (Brandon Mull) - For centuries, Fablehaven has been a hidden refuge for mystical creatures, and survives today under the care of Seth and Kendra's grandfather. as one of the most exciting acoustic JunkinSmith. She formed the When evil is unleashed, the children Manasarovar Kathak for beginners—must find courage to do what they of all ages in 2003, and has fear the most to save their family, Fablehaven's creatures and perhaps even the world. A delightful family read-aloud.

The Lightning Thief (Rich Middle East Arts International Riordan) - After learning he is a demigod, troublemaker Percy Jackson is sent to a summer camp on Long Island where he meets the father he never knew: Poseidon, god of the sea. First in a new series for kids that mixes classic Greek myth with modern adventure.

Carole:

Strange Piece of Paradise (Terri Jentz) – In the summer of 1977, Jentz and her Yale roommate took a crosscountry bike trip and were brutally attacked while sleeping in the central Oregon desert. Fifteen years later, Jentz returns to the town where she

was almost murdered. A haunting masterpiece, this brutal crime story is ultimately a redemptive tale of self-recovery and justice.

Godforsaken Sea (Derek Lundy) - The Vendee Globe is a grueling four-month circumnavigation of the world via the Southern Ocean where icebergs and hurricane-force winds are a constant threat. Lundy captures the savagery of the elements and the courage of sailors who push themselves to the outer limits, even if it means never returning home.

Laurie:

On Chesil Beach (Ian McEwan) - McEwan's latest novel is a heartbreaking tale of love in an innocent time. Told in the course of a single day, On Chesil Beach explores the way lives can be forever changed and love forever lost by words not spoken, gestures not made. A brief, beautiful read.

The Road (Cormac McCarthy) "When he woke in the woods in the dark and the cold of the night he'd reach out to touch the child sleeping beside him." So begins Cormac McCarthy's newest masterpiece, a meditation on faith and hope in a hopeless world. Set in an ashen, post-apocalyptic American landscape, The Road is at once a harrowing survival tale and a profound love story between father and son.

Brigid:

A Short History of Myth (Karen Armstrong) - In this insightful and eloquent synthesis, Armstrong provides a compelling investigation into myth: what it is, how it has evolved, and why we still so desperately need it. Insightful and eloquent.

The Vashon Loop, p. 20



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## KEVIN BERGIN CONSTRUCTION

ISLAND OWNED AND OPERATED

EXCAVATING BULKHEADS ROCK WALLS ASPHALT DRIVEWAYS DITCHING STEEL BUILDINGS

"If you can think it up, we can do it!"

ROCKS - 7 different kinds: from peobles to boulders FOUNTAINS - from birdbaths to waterfalls CLEAN COMPOST, GROWCO, STEERCO, TOPSOIL & BARK

(206) 463-6232