In this issue: the Havurah vandalism causes concern from many different angles, spring wasn't good for our Purple Martins, the SSA reviews Sat. cartoons and much, much, more!



Free World Music Dance at Corbin Beach with Balkan Cabaret page 2



Inspiration Through Permaculture

page 9



Island Jazz Quintet Plays Ober Park August 21st page 18

THE VASHON COP

Vol. 5, #17

TO INFORM AND AMUSE -- TO PROVOKE THINKING AND ACTIVISM August 15, 2008



A small part of the August 1 rally in support of te Havurah, photo by Emma Amiad.

Dying By Inches

by Susan Wolf

I happened upon the first dead person I ever saw one summer while in high school. A friend and I were driving around abandoned logging roads on Whidbey Island on his Honda 900 motorcycle. We came upon a parked pickup at the end of a dead-end road and noticed the driver slumped over the wheel. After circling his truck with our very loud motor, we stopped and got off. After calling to the man and opening the door, we discovered he wasn't asleep as we thought; he was dead. Frightened, we closed the door and took off, never telling anyone until reading about it in the paper a few days later. Cont'd on page 16

Fire Secretary Sworn In

Regular Loop front page and feature article contributor Susan Wolf becomes District Secretary.

On August 5, 2008, the Board of Fire Commissioners for Vashon Island Fire & Rescue (VIFR) appointed Susan Wolf, formerly the Volunteer Liaison and Training Secretary, as District Secretary. She was sworn in by Sharon Nelson, State Rep. for the 34th Leg. District.

Cont'd on page 14



Vashon's State Representative Sharon Nelson swears in Susan Wolf as the new District Secretary for VIFR. Photo by David Weller.

Reflections on Our Schools' Past and Future

Last week, I toured the Vashon

High School campus at the and unhealthy outlooks, you invitation of the Vashon Island know: they're square. So a School Roard The Continued on page 6

School Board. The last time I had been in the library of Vashon High School, I was a graduating senior and the building was brand new.

The high school was designed using a radical concept that created open, flexible spaces where learning happen could without walls or architectural restraint at all. It may have been believed that square rooms



with doors and Almost hopelessly outdated, the high school's response to new chalkboards data and office systems requires bundles of wires to hang from fostered bad vibes the ceiling or taped across floors, photo by Anne Atwell.



Backbone's "Penta-Gone" puppet, photo by Peter Ray.

Send Off for Backbone

by Amy Morrison

The Backbone Campaign will hold a send-off party and evening of performances, Saturday, August 16th, 7 – 10 pm, at the Blue Heron Arts Center. The performances include The Boycott a one-woman show by Kathryn Blume, creator of the Lysistrada Project and music by Correo Aereo. Tickets are \$14/advance and \$17/door. The preshow party will feature opportunities to meet the Backbone Campaign Convention Team, including Snowflake the Polar Bear and Juan and Al, the Fair Trade Farmer puppets.

— Continued on page 16



Thriftway manager Brian Henderson with a full back-to-school bin at Thriftway.
Thriftway has given space for a bin and volunteers wil be outside on Sunday to take donations of school supplies or cash oifts

Back to School Drive Distributes

by Lauri Hennessey

The PTSA Back-to-School Drive is in full swing. Last weekend kids organized a rummage sale and it was held in the Vashon Theatre parking lot. It was a fun event, and gave local teens the chance to get involved raising money for the drive. Volunteers will be at Thriftway this Sunday, the 17th, and also on Saturday the 23rd, asking for donations for the drive. You can also donate through sending a check to the Vashon PTSA Back-to-School Drive, PO Box 2364, Vashon, WA 98070. You can donate supplies at Thriftway, John L. Scott (village), Windermere, US Bank, Essentials 4, and the Beachcomber. You can donate cash at tins at Books by the Way and the Burton Continued on page 16 Store.

Loop Gets Ad Rep



The Loop recently hired Tamara Griffin as the new advertising coordinator. Tamara is very excited and enthusiastic about meeting everyone and building support for the Loop. If you have a question about ads in the Loop call Tamara at 206.718.1188 or email at ads@vashonloop.com.

The Vashon Loop, p. 2 August 15, '08

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Do you have something to say about a Vashon issue or topic affecting the Island? If so, please email questions or submissions to Ed Swan, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Vashon Library September Calendar

Toddler Story Times Tuesdays 10:40am

Please join us for 20 minutes of stories and songs just right for toddlers. No registration required. For ages 18 months - 3 years, with an adult caregiver.

Preschool Story Times Tuesdays 2pm and Wednesdays 11:30am

Please join us for 30 minutes of stories, songs and fun! For ages 3-5. No registration required.

Lapsit Story Time Wednesdays 10am

Please join us for a fun 20 minute story time for babies and their caregivers. Room is reserved for playtime and socializing after the program. For babies age newborn to 17 months, with adult caregiver. No registration required.

English Language Learners Thursdays 6:30-8:30pm

Celina Yarkin will teach the free weekly lessons with practice activities. Weekly attendance is important. Contact Celina if you have questions, at 463-2007. Funded by the King County Library System and Friends of the Vashon Library.

Friends of Vashon Library **Regular Meeting** Saturday, September 13, 11am

Help support the library by joining the "Friendliest" group on the Island! Our volunteers raise funds to provide library programs for all ages. Refreshments will be served.

The Vashon Loop

Writers: Kathy Abascal, Deborah Anderson, Rachel Bard, Sarah Blakemore, Marie Browne, MEarth, Eric Francis, Troy Kindred, Melissa McCann, Orca Annie, Kevin Pottinger, Rex Morris, Jonathan Shipley, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Susan Wolf

Original art, comics, cartoons: DeeBee, Ed Frohning, Rick Tuel, Jeff Hawley, Alex

Ad sales and design: Tamara Griffin Email: ads@vashonloop.com

Editor: Ed Swan, Email: editor@vashonloop.com

Publishers: Marie Browne and Troy Kindred

PO Box 253, Vashon, WA 98070 Paid advertisements in *The Vashon Loop* in no way express the opinions of the publisher, editor, or staff. We reserve the right to edit or not even print stuff. Deal

Published every two weeks by Paradise Valley Press

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\$60 a year gets The Loop delivered to your mailbox every two weeks. Call (463-9207) or write (PO Box 253, Vashon) or email editor@vashonloop.com!

KCLS Study Zone September 16, 18, 23, 25, 30 from 3pm-5pm

Grades K-12: Students can drop-in during scheduled Study Zone hours for free homework help from volunteer tutors.

Opera Preview: Electra Sunday, September 21, 2pm Norm Hollingshead, Lecturer

Sophocles' ancient tragedy is pushed to monumental extremes in this elemental drama pulsing with heated currents of Strauss' most voluptuous music. This great work depicts Agamemnon's daughter's manic obsession with avenging his murder, unfolding as one huge crescendo from brooding resolve to bloody climax. The magnificent score, an enormous stream of orchestral sound, features unearthly effects and lush harmonies throughout, including outstanding Recognition Scene. Relentless, absorbing and hugely effective, *Elektra* will have you in its grip from beginning to end. No registration necessary. Sponsored by Friends of Vashon Library.

Poetry Reading with Cal Kinnear Sunday, September 28, 2pm

Published poet, Cal Kinnear, will recite his poetry for Vashon poetry lovers. Cal is a third generation resident of Seattle and writes from a perch above Alki. In the course of his life he has been college teacher (University of Virginia and Wells College), bookseller in Olympia, Washington, modern dancer, waiter at The Thirteen Coins, sailor, hiker, carpenter, grant writer and development director for the Church Council of Greater Seattle and Explorer West Middle School. He is currently Director of Washington Lawyers for the Arts. He has had poems published in The Louisville Review, The Licking River Review, The Prose Poem: An International Journal, Birmingham Poetry Review, Chrysalis Reader, The Temple, Burning Cloud, and RE:AL, and locally in Crab Creek Review, Point No Point. Pontoon and Fine Madness. He was winner of Fine Madness¹ 2003 Nelson Bentley prize. His book, A Walk in Bardo, published by Blue Begonia Press, will be for sale at the reading.

Island Birding Guide Species Identification How to Attract Birds Ed Swan (206) 463-7976

edswan@centurytel.net.

Vashon Kayak Center! **Hourly Rentals -- Guided Tours**

Hourly rentals at the Jensen Pt. Boathouse at Burton Acres Park: May 24 to September 1, Friday, Saturday & Sunday, 10A to 5P. Later in September and on week days by appointment. For information and to arrange guided tours call 206-463-YAKS or email:

kayaks@vashonparkdistrict.org and visit the website: vashonparkdistrict.org.



Fall Bulb Fundraiser for the Food Bank

Hillary Emmer and George Wright are selling Fall Bulbs from the Dutch Mill Bulb Company as a fund raiser for the Vashon Food Bank. There is a wide choice of lovely fall planting flowers like tulips, crocus, King Alfred daffodils and iris to choose from. Call George at 567-4238 for more information. Please join us in beautifying our gardens while we help our neighbors at the same time.

Free World Music Dance at Corbin Beach!

by Martin Koenig

Corbin Beach is a very special in Bosnia, studying and recording Dolstad family clay tennis court Bulgaria. (excellent for dancing). The music will taught and dancing will start at 7:30. If you like traditional music, you will enjoy this 6-piece band and the setting where the music will take place. Please carpool, park your car on Burma Road, bring a flashlight and is extremely limited. Bring-your-

spot on Vashon. On the west side of with legendary sevdah artist and Vashon, under the setting sun at the teacher Omer Pobric, as well as water's edge, dancing is on the working with women's vocal music in

Families are most welcome. begin at 6:30p.m. August 18, while However, parents are advised to people will be eating. Dances will be please be prepared to keep an eye on your children and bring an extra set of dry clothing and a towel for them - the kids often get soaked playing in the water. Children are also welcome to dance to the music. This is a child friendly event. No partners or walk down to Corbin Beach. Parking experience necessary to participate in the dancing. For further information

call Martin Koenig,

463-1238.

DRIVING DIRECTIONS: Heading south from Fauntleroy/ Vashon ferry dock proceed south on the main highway, turn west (right) at Burma Rd. (The street sign also says Corbin Beach Rd. and Sylvan Beach Rd.) Note: This turn is a little bit south of where



own-picnic, no trash-bash (No Trash the highway curves to the east and Bash: Bring your own non-disposable dishes/utensils)

Balkan Cabaret will provide live music. They are a group of dedicated artists who have spent many years both in the Balkans and here in the U.S., learning the music, songs and dances from Bosnia, Bulgaria, Croatia, Macedonia and Serbia. Their music is all acoustic and features: Joe Finn, violin; Michael Lawson, accordion and vocals; Steve Ramsey, guitar, tambura, bugarija and vocals: Mary Sherhart, vocals; Rich Thomas, double bass and vocals. This year they will be joined by Dragi Spasovski on vocals.Mary has recently worked

goes past the north end fire station.)* After turning, take the first left. After passing a set of mailboxes on your right you will come to an intersection where you have a choice of going straight, turning right, or turning hard right into a driveway. Take the right turn here — not the hard right (the rule of thumb is, NEVER GO UPHILL). You will now be on Corbin Beach Rd. Park your car and walk down to another set of mailboxes. Turn left on the dirt road. You are there! (*If you are coming north from Tahlequah, you will travel almost the entire length of the island and will turn left at Burma Rd.



HOME TEAM REALTY Troy and Marie Sell Opportunity

Are you tired of commuting? We have two business opportunities for sale this week, both in prime locations, both profitable. One will make you fatter than the other.

Check our website for more pictures and information, at www.yourHTR.com. While you're there, check out the latest Vashon market real estate sales stats.

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Zanzibar Chocolates

Sweet opportunity to own a growing chocolate business with positive cash flow and huge potential for additional growth. Located in a prime Vashon location, Zanzibar Chocolates offers quality hand-dipped chocolates to loyal Island clientele and customers throughout the country. Profitable from inception, and there is limitless opportunity for additional revenue through increased seasonal promotions, specialty orders, hand-dipping classes, and partnerships with local restaurants. \$55,000



Visit us a www.yourHTR.com. Or call us at 206.463.LIST (5478). We would love to help you with your real estate needs.

Ready for your Horses



28112 135th Ave SW

This is what Island living is all about- a lovely home, sun-filled, lightly treed acreage, room for animals, gardens - all very affordable. Property is ready for horses, with fencing and shelter. Inside, vaulted ceilings let the sun shine into the freshly renovated home with two bedrooms and two full baths - one with a huge soaking tub. The cheerful kitchen leads to a spacious living room and a cozy media room. New Pergo floors, fresh paint, and lots of homey touches make this the perfect home. **\$334,000**

Serene Views of Inner Harbor Call for private showing



8410 Quartermaster Dr SW

Tastefully renovated, bright and spacious Hardwood floors, two fireplaces, dormers Your own stretch of waterfront and 1.6 acres 4 BR, 1.5 bath, 2320 sq ft **\$599,000**

Incredible Deal 25726 79th Ave SW



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Located in the Commercial District



18008 Vashon Hwy SW

This conveniently located single level house has been updated and is move-in ready! Refinished hardwood floors in the living room, knotty pine paneling, fresh carpeting, new roof and paint throughout. Zoned R4, on public sewer and water, bordering the commercial district of the town of Vashon **\$449,000**



Seattle Metro West

Your Home Team Realty (206) 463-LIST (5478) www.yourhtr.com The Vashon Loop, p. 4 August 15, '08

Building Our Students' Future – Why by Deirdre Grace

bathrooms smell so strongly, students have a tough time just getting in the door. The rain pours science building – the inside wall. Soaked through, 25-30 students in American History sit almost shoulder-to-shoulder in a classroom 15% smaller than the Office of the Superintendent of Public Instruction recommends. On bad days, the Fire Marshall issues citations for overcrowding and unsafe conditions, and the school district pays the fines.

On good days, students linger between classes in the rare sun, sprawled on one of the lawns or draped over the rock. No one trips



Many roof and walkways leak. Repair with constant return work coming out of the general fund paying for teachers and education or replace, using capital funds from a levy?

over the cords running across the classroom from the socket to the projector. Some students are absent, so almost everyone gets a machine during computer lab.

Failing systems, overcrowding, little natural light, awkward teaching environments, and heavy maintenance demands. islanders dispute that the school district faces significant facilities challenges, including its poorlyinfrastructurallyconceived, inadequate, and cramped high school, as well as a district administration with no permanent home. As district staff walk community members through the halls of Vashon High School in tour after tour, the murmured gasps and wide eyes of those newly-introduced to this facility are the common theme.

"I had no idea," says Nancy Kappelman, who toured the high school in February and then again in June. "I wish everyone could see this." Her reaction is typical. "Yes," agrees Facilities Director Dave Wilke. "The performance of our teachers and students is a testament to their capacity beyond the challenges of our facilities."

But, as the district discusses its options for addressing the failing homeless high school, administration, and a variety of other facility needs, skeptics wonder, "Why now?"

On bad days, the high school's uncertain economy and high property values make Islanders nervous.

Superintendent Terry Lindquist down the wall of the flat-roofed has a ready answer. "Every year we delay, it's more money spent on fixups that should be spent on teaching - it's that simple," he says. "With funding for improvements, we have no choice but to fix things using our precious general fund dollars - the dollars already in short supply for paying teachers and supporting professional development. I don't think Vashon can afford to shortchange those priorities any longer."

Dr. Lindquist also points out the toll these facilities take on student achievement. "We can't forget that student learning is what it's all about," he insists. "These kids overcome the facilities and do remarkably well - but what could they be doing if they had tools that actually supported their learning?"

Still, district staff consultants working to develop options for improvements to the high school and other facilities know that Vashon residents need plenty of information before supporting any plan. Opportunities for both informal discussion and formal input are underway and will continue throughout the Fall.

"We really need people to see the high school and talk to the teachers and then tell us what they think," says Anne Atwell, Communications Consultant for the district. "We're not interested in developing solutions that aren't supported by this community." And, she adds, "That includes the price tag and the timing."

Vashon residents are encouraged to review the district's options in a variety of ways, including online www.vashonsd.org and with individual staff or school board members at the Farmers Market. Board members will also be on hand at many civic group regular meetings in the coming months, and a community forum is planned for Tuesday, September 9th at Vashon High School. Check the district website for upcoming events.

Tours of the high school are ongoing. To join one, please call Anne Atwell at 408-8114.

Deirdre Grace is working with the Vashon school district to help involve community members in the capital planning process.







New Dosgwell canned dog food. Grain free and very healthy. Come try the introductory case price sale.

Cheryl's pick of the week: What supplier can I try to pirate from you? Please call with suggestions. Watch for 2 x 4 sale coming soon.

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\$8 Nail trimming with no appointment 17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

The Bottom Line

By Deirdre Grace

school board is considering two basic options, with room to add other priorities if they emerge as important in discussions with the community.

The first option (Option A) directs the district to simply renovate the high school with no new classroom, athletic, or theatre improvements. It provides a modular building for district administration, replaces failing systems at the middle and elementary schools, and continues the district's technology budget. The total budget needed for these items over a 20-year horizon is \$43-47 million.



One idea consists of replacing the main field with artificial turf, which would cut down substantially on maintenance costs. Here the grandstands and track are another area needing attention. Photo by Anne Atwell.

The second option (Option B) renovates 80% of the high school's square footage, but adds a new classroom building, renovates the current classroom building into vocational instruction and school administration space, converts the historic Building F into district offices, provides handicapaccessible locker rooms, and converts the lower locker rooms into

So, what's it going to cost? The district maintenance space. It also provides repairs to systems at the middle and elementary schools over time. The total budget to accomplish the items in this option and provide working schools over a 30-year horizon is \$53-58 million.

> In addition, there is a list of stand-alone additions that the board is considering, including campuswide technology upgrades and athletic and theater improvements. These additions are not currently included in either option but might be if the community supports them.

> These totals translate into a cost per household of about \$53 per month for Option A and \$60 per month for Option B on a \$400,000 property; however, since the district is retiring a bond this year, the additional monthly costs over current taxes of the proposed options would be a monthly cost to a Vashon household with a \$400,000 house of less than \$1 month for Option A and about \$8 per month for Option B. Stand-alone additions would increase these costs by less than \$1 to \$3 per month.

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Teachers Are Ready

Back to School. Yes it's that time again. Believe it or not – the teaching staff love summer vacation as much as the children!! But as August heats up and the Back to School sales creep into the newspaper and television commercials – thoughts turn to school supplies rather than sunscreen.

Vashon The Education Association members (VEA, the association that represents all of the certificated educators in the Vashon Island School District) are gearing up for back to school as well. To start with, I'd like to thank Tina Taylor for her generous gifts of time and wisdom that she has given to the VEA during her years of leadership in the Association. As Tina steps down from her role as President of VEA and I begin my work for the Association, I keep thinking about the old adage, that "challenges are opportunities in disguise.

Our community is well aware of some of the challenges that have faced our district in the past few years. Together we've worried about turmoil and turnover within the school board and superintendant's office, the tragic death of a beloved teacher, staff changes, program changes and the overarching, overwhelming, and underfunded school budget.

Looking back, we've been through a lot together haven't we?

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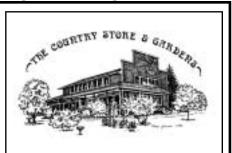
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Through these challenges, I've been fortunate to witness firsthand the levels of concern and compassion that weave through these times. When individuals stand up and say, "no this is wrong, or yes this is right or I don't believe in this or that issue" we have passionate voices. Also the depth of compassion that was shown after the death of David Foege was unforgettable. Gifts of



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Country Store & Gardens 20211 Vashon Hwy SW (206) 463-3655 by Kristine Nelson, M.Ed, CRC School Psychologist and President, Vashon Education Association

food, notes, flowers and kindness in all forms came flowing into the district which helped soothe the pain that our community was feeling.

Now we are looking forward to turning the challenges that have surrounded us into opportunities. The school board just passed the 2008-2009 operating budget and while there are cuts into that budget which blend some class grades together at Chautauqua Elementary, we are confident the children in these classes will experience the best these teachers and staff have to offer. The budget challenges that bring the school district offices into the elementary school building will also bring opportunities of staff interaction and collaboration that we've not experienced before. The challenge of reducing the high school's counseling staff was met and the opportunity came to hire Susan Hayworth for Shirley Ferris' counseling position. These are just a few of the ways that we have worked together to opportunities during inopportune times.

As we move into the 2008-2009 year, The Vashon Community will have many opportunities to work through the challenges that we face. This will be an exciting time. Through our upcoming levy, we will be able to choose how our high school buildings will support the alchemy that turns nervous ninth graders into spectacular seniors (you've all read the amazing Senior Stories that are published each June). The Vashon Education Association membership works hard, listens carefully and stands together in the belief that we can turn any challenge we face into the opportunities that will make 208-2009 a great year.





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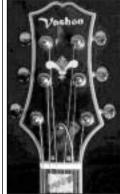
9925 178th Ave. SW www.vashonislandbicycles.com

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Closed Sunday

We do passport photos -- apply for passports at the Courthouse on Tuesdays, Noon-3:30 pm; 4-7 p.m.



Vashon Guitar Company

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See our complete line of guitars at vashonguitar.com, then contact Bob Krinsky for your personal demonstration. 206.463.2712

Dems Host Annual Potluck Picnic

Get your appetite ready for food, conversation, and fun. On Saturday, August 16, the Vashon Democratic Club will hold its 2008 Annual Potluck Picnic, and you're invited! This year will be very special: our gathering has been combined with a benefit to support Rep. Jim McDermott.

As he did last year, Ron Irvine, owner of Vashon Winery, has generously offered us the use of his winery. His outstanding wine will be available by the bottle or glass, and Ron has arranged live musical entertainment.

Don't miss this opportunity to meet with fellow Democrats, and to support and talk to Rep. McDermott.

The potluck picnic will go from 5:30 PM - Dusk at the Vashon Winery, 10317 SW 156th St, Vashon Island. Directions:

www.vashonwinery.com

What to bring: Something to grill on our barbecue, a salad, or a dessert—enough to feed all those in your party. Please help us accomplish our goal of a low-trash picnic by bringing your own, non-disposable dinnerware! Condiments will be provided. Bring an outdoor chair or blanket if desired.

More information: Roger Fulton, (206) 463-0079, vdcpicnic@capturingmemories.com.

We hope to see you there!



Reflections on Our Schools' **Past and Future**

Continued from page 1

building was designed using huge silo-shaped interconnected spaces that provided maximum flexibility of use because there were no interior walls in the communal classroom The unseen fundamental flaw in all that good thinking was that without walls, there is nothing to block the sound of many teachers teaching simultaneously in the vast echoing, bomb-proof concrete silos. Second period sounded like a well-attended indoor football game. Acoustic sheets were hung from the ceilings and found useless, yet colorful.

In a few years after initial construction, permanent walls were erected between class areas, and permanent walls were built between



Theater improvements, including a light and sound boothand equipment (estimated cost \$350 - 400K) provide one example of a "stand-alone" addition to the levy. Photo by Anne Atwell.

the classrooms and the central library space, and thick doors and small windows were installed. Those grand and flexible cathedrals of learning were divided rather emphatically into small, quiet, dark and dour cells: divided with extreme prejudice. It was like a commune gone sour, where the hippies turned against one other, moved out of the communal house owing everyone else money, and traded peace and love for well-paying jobs at large corporations, or earnest heroin addiction.

There have been three major construction initiatives at Vashon High School, at its present location. The first, completed in 1930, built the original brick school. In the late fifties, that building was essentially doubled in length, and a new gymnasium and the four small freestanding classroom buildings were constructed. Finally, the present three-silo building was finished in 1973. The original built-in-thethirties-half of the brick high school, overrun with fleas, was torn down leaving the newer fifties addition still standing (near the King County pool), which is currently used for classroom space.

Some stuff is pretty well worn out after thirty or forty years of institutional teenaged use. The onestory, stand-alone classroom

buildings that are scattered at great distances around the campus create a feeling of balkanization and isolation. There are hallways created out of bathrooms and bathrooms created out of parts of classrooms with new hallways built to get there. In places the drywall looks like someone's brother-in-law got baked and decided to hang sheetrock.

After the tour, remembering what it used to look like when some of those facilities were brand new, I was left with a feeling that there have been too many well-intentioned, yet poorly-planned, short-term fixes and revisions of the spaces over the years, creating a cobbled-together hash that's past its useful life.

The School Board has developed some comprehensive plans to renovate the existing facilities, with a couple of different options. The details of the options are available in much greater detail elsewhere in

the Loop. Both options reuse the existing buildings for the most part, but remodel and repurpose spaces to better fit the needs of the school.

Option A is a comprehensive renovation and redesign existing structures, to repair what has worn out and remodel and replace what was ill-advised, with a priority on safety School Board

issues. The characterizes Option A as the minimum necessary to continue to use the current facilities.

Option includes В comprehensive renovation and redesigns of Option A, but includes the construction of a new classroom building that could centralize a majority of the classroom activity, reusing the existing concrete silo buildings for activities such as library, shop, art and music classes, and demolishing two of the small stand-alone classrooms.

The money to pay for the renovations would come from a pretty hefty capital bond. A capital bond is different and separate from the annual costs of running the school, such as teacher's salaries and building maintenance. Option A is estimated to cost between \$43 and \$47 million, and Option B is estimated to cost between \$53 and \$58 million.

School Board included some interesting tax projections. Some existing capital bonds and levies will be paid off over the next few years. If one of the options for renovation 2006 levels for the cheaper Option hippies."



Sunday - Wednesday 6:00am - 4:00pm Thursday- Saturday 6:00am - 7:00pm 17311 Vashon Hwy Sw

Parents Make a Difference

by Bob Hennessey

One of the most important things that can shape a child's success in school - and even how much children like school - doesn't even happen in the classroom. It happens on the living room couch.

As the parent of a 2nd grader, 5th grader and 8th grader in the Vashon public schools, I do my best to participate in my kids' education. Wearing my school board hat, I'm interested in ways to make sure our schools fulfill their responsibility to communicate with parents and families about expectations and student progress. By "parents" I mean primary caregivers including aunts or grandparents as well as stepparents, adoptive parents and biological parents.

Just about every major study on the subject has found that parental involvement in a child's education is a better predictor of success in school and in life than other demographic variables such as family income, cultural background and even parents' education attainment. Higher levels of parent involvement affect everything from test scores, student discipline, absenteeism and morale. And schools with high levels of parental involvement perform better as well.

involvement?

Apart from the obvious things like reading to a younger child and supervising homework parents

A, or slightly above 2006 levels for the more expensive Option B.

I'm glad the School Board isn't thinking of demolishing those concrete silos, only thirty-four years The handouts provided by the after they were built. Perhaps they will outlast all of us. I imagine in several thousand years, while digging a basement for a new school, those Stonehenge-like concrete pods will be unearthed and were approved by the voters, the tax puzzled over by squads of white liability for the average Vashon coated scientists. "Hippies.", they'd homeowner could remain roughly at conclude. "They must have been

should talk about school and what your kids are learning. Perhaps most importantly, become informed about what your children are expected to learn and communicate with their teachers. It also helps to make sure they get a good meal and a (reasonably) non-frenetic start to the day.

On a more global level, communicate consistently with teachers and insist that your child's school sets high academic standards. Oftentimes teachers don't have time for meetings before or after school but many are willing to. But I have yet to meet a teacher who didn't welcome a short e-mail asking how my son or daughter was doing.

The school district has responsibilities in this relationship as well. It is the school district's role and each principal's responsibility to foster a culture of open communication and collaboration between home and school. If families don't feel welcomed, that they can make a critical contribution they will tend not to seek opportunities to be involved. In my view, teachers should seek opportunities to proactively communicate with parents about what's happening in their classes and inform parents about their grading systems and whether work is being done.

In the past year alone, our schools implemented a number of measures to improve connections between home and school. Teachers at all three schools have been improving the content of their individual web sites and promoting them to parents and students. Chautauqua's Orca News is now published online to provide timely information to parents and families about everything from school policy to classroom achievements and upcoming events. The school began providing an e-mail to parents called, "Next week at CES" which

Continued on page 16

Don't Forget the Birds

Martins Face a Bitter Harvest

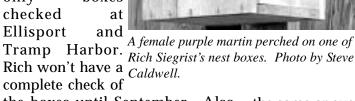


by Ed Swan

weather for the Strawberry Festival and much of the rest of the summer so far, but this spring was unusually cool. June was ranked the 13th coolest since 1895 for the Seattle area, though the last June this cold occurred only seven years ago in 2001. For all of spring, March to May, temperatures were below normal 73% of the time according to the Office of the Washington State Climatologist.

Often cool weather decreases flying insect populations or makes them harder to find for birds. This meant bad news for our local Purple Martin population. Rich Siegrist, the

Islander responsible for almost single handedly restoring the Purple Martin population on Vashon, recently found 9 dead adults in the boxes he set up over the last fifteen years. That represented boxes only checked Ellisport



the boxes until September. Also, these birds were found in the boxes, still others may likely have died outside of the box. As Rich finished checking on the status of box use around the Island this week, he found only 14 pairs. That reflects a decline from 71 pairs last year. Other nesting colonies around the Sound such as the one at Edmonds face similar survey results and finding of dead adults. The theory remains that low insect catch from poor weather caused the decline,

The Island enjoyed great though lab checking would be required to be absolutely certain.

> Washington's cool, wet, late spring/early summer weather may especially affect martins. The nearby Vancouver-Victoria, British Columbia area represents the northwestern limit of Purple Martin breeding populations. Peripheral populations of any species tend to fluctuate more because they live on the edge of their species' habitable zone. Also, according to the American Ornithological Union's Birds of North America series, "Adverse weather kills more Purple Martins than all other sources of mortality combined." As recently as

1972 an East Coast hurricane killed 90-100% of the nestlings and thousands adults in a number of eastern states. It took over ten years before martins returned to some areas.

It doesn't look like the same decline showed up in the other swallow species this year. Most Island reports I've heard say about

the same or even better, though Bob Gibbs reports only 5 Barn Swallow nests instead of the 10 he had last year on Morgan Hill. I would appreciate more reports from people with swallows nesting on their property from around the Island about how their swallows seem to be doing comparatively this year. Please call at 463-7976 or email at edswan@centurytel.net if you have information to share.

migration continues to heat up with more sightings each week. Richard





Rogers spotted the first Pelagic and I found Mew Gulls and Cormorants at the Vashon ferry dock on August 5 and I noted returning Red-necked Grebes and Common Loons at Tramp Harbor on August 6. Semipalmated Plovers turned up at both KVI Beach seen by myself and Fern Cove observed by Rich Siegrist on August 5 as well. Rich also watched the first Surf Scoters of the season fly by in Tramp Harbor July 15. John Arum saw In other birding news, the return Bonaparte's Gulls from the PO Boat on July 15 which is early in the range of past return data for them

California Gulls at Fern Cove on July 16. The Mew Gulls are a week earlier than the data range for the last 6 years. Double-crested returned Cormorants Quartermaster Harbor on July 8 which has been their return date for the last several years. If you have an interesting sighting to report or questions about local birds call me at 463-7976 email@centurytel.net. I'm also available as a birding guide around the Island.

ACROSS

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- 14 Plead
- 15 Duo
- 16 Reduced (abbr.)
- 17 Capital of Lesotho
- 18 Little boy's name
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- 55 Shrill bark 56 Snake like fish
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- 1 Surface to air missile
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- **DOWN** 23 Owned
- 2 Certified public accountant
- 3 United Parcel Service
- 5 Gambling game
- 6 Mumble

- 9 Accomplishment
- 10 Eye infection 11 City Boca ____
- 12 End

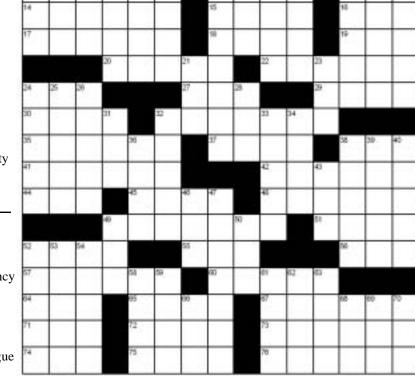
- 21 __ Lanka

- 41 Have an idea
- 42 Subtlety 44 Couple
- 45 Boat movers

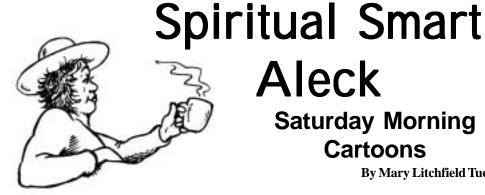
25 Root beer brand (3 wds.)

34 Decorative needle case

- 52 U.S. Air Force
- 47 Gel
 - 49 Alien's spaceship
- 50 Environmental
 - protection agency (abbr)
- 52 Conduct
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- 69 Dab
- 70 One of these
- Solution on page 17



Saturday Morning Cartoons

Aleck

By Mary Litchfield Tuel

morning with my grand daughter, I ruminate on the evolution of the Saturday morning cartoon, and other children's programming and animation.

Saturday morning cartoons and children's programming have changed quite a bit over the years. I watched Crusader Rabbit, Winky Dink, and Uncle Gary's Fun House. My grand daughter watches Spongebob, Ben-10, and Chowder, among others.

I loved the Warner Brothers cartoons - "Ki-ill the wab-bit! Ki-ill the wab-bit!" - cartoons that had been produced for movie theaters, and really for an adult audience, from the 1930s through the 1960s. I know now that almost all the voices of those characters (Bugs Bunny, Elmer Fudd, Daffy Duck, Porky Pig, Yosemite Sam) were done by one man, Mel Blanc, who also worked with Jack Benny in radio and later in television. Man, that guy had an ear. The Warner Brothers cartoons were the funniest, and the most sophisticated at the time.

MGM made the Tom and Jerry cartoons. We still watch those sometimes.

The Disney cartoons were magical, but let's face it, they were turned out for children, and the writing was aimed at children, not adults as in the Warner Brothers and MGM toons. The stories were cleaned up quite a bit for childish consumption, unless you counted the death of Bambi's mother. It wasn't all milk and sugar, but it sure wasn't Grimm's fairy tales.

The Disney animation was incredible in its complexity and depth. I was taken to see Snow White, Pinocchio, Cinderella, Bambi, Peter Pan, Dumbo, and Fantasia (tip: pack a lunch if you're going to watch Fantasia).

was kind of a snore. I wanted to be Peter. I wanted to fly. Looking at the movie later from the feminist perspective, the movie was a horror. Nobody wanted to be Wendy, the responsible woman who picks up all the pieces and does all the mending



VIPP Adopt-A-Cat Day

Vashon Island Pet Protectors will host an Adopt-A-Cat Day EVERY Saturday from 11:30-2:30 at Pandora's Box. Please stop by or call VIPP 206-389-1085.

Watching cartoons on Saturday for those irresponsible boys. Growing up in the 50s, girls were pretty much taught to be responsible women picking up after irresponsible boys, and0 by the 1970s that was out of style. It was confusing for a lot of us. OK, now I'm not supposed to get married and have a family and that's not the greatest career a woman could possibly have? The confusion persists to this day for young women who would really like to get married and have babies. They were raised to believe there was something shameful in that. Wouldn't it be great if children could be raised without making them ashamed of their natural impulses?

> OK, I'll stop talking nonsense and get back on topic.

There were a lot of local children's shows back in the early years of television. Where I grew up we had *Uncle Gary's Fun Club*. Truth to tell, Uncle Gary kind of gave me the willies, but that's what was on when I got home from school, and I watched it. Uncle Gary ran old cartoons you never heard of and never will hear of because they featured a lot of racial stereotypes. He also showed the Little Rascals, Laurel and Hardy, Charlie Chase and other silent comedies. Yup. We grew up in the 1950s entertained by the stars of the 1920s and 30s. It wasn't so bad.

I haven't even mentioned *Rocky* and Bullwinkle, George of the Jungle, Super Chicken, Tom Slick, all clever creations of Jay Ward productions. Then there was the Hanna-Barbera empire, which grew out of MGM: Huckleberry Hound, Yogi Bear, Deputy Dawg, etc. H-B ruled animation for decades.

There was Superman (DC comics), and Spiderman (Marvel Comics). Now there's Beavis and Butthead, a parent's nightmare, and My favorite was Peter Pan, but I South Park, which I occasionally never wanted to be Wendy, who watch and laugh at in spite of being shocked to my socks. Computer animation: Shrek, Toy Story, etc. Anime and manga and I don't know what all other Japanese animation, some of it downright pornographic.

> So when I sit on the couch with my grand daughter watching *Spongebob* or Chowder, I think about all these animated entertainers who have danced across the screen over the years. Some people think cartoons are only for children, and childish, and beneath adult consideration, but I think that many are well written and great entertainment, and I am amazed how many of the cartoons tell moral tales: right against wrong, good against evil. That apparently has not changed since the 1950s.

But then, I'm a goofy goober. Rahdle rahdle rahdle. $\omega\omega\omega$



Vashon College Rolls Out 2008 Course Offerings

As Vashon College turns its attention to Fall 2008, there's a lot in store, starting with the popular Vashon 101 with Early Bird tuition deals through August 21. This popular survey course about Vashon's physical, environmental, and social essence was the inaugural course for Vashon College in 2006 and is a must for any one living, working or studying on the Island!

The course content for 2008 includes Island ecology, geology, human, history, demographics, environmental issues, and Island identity and community. It has been expanded to include a Governance Panel, exploring options and issues on how the Island is (or should be) governed. There will be 11 classroom sessions on Thursdays, 7-9 pm, at Sheffield Building running from September 4 through November 20.

Early Bird Tuition for the course is \$225 until August 21 and regular tuition is \$275 after August 21. Partial scholarship assistance is available. Clock Hours can be arranged. Contact the College at info@vashoncollege.org or call Pamn Aspiri at 206.408.8022 for further information.



Vashon College faculty guide the final session of Vashon 101 in 2006, courtesy photo.

The College is once again presenting the ever-popular Taking Oral and Video Histories - Part I -Introduction with Bruce Haulman taking the lead along with guest faculty to cover the fundamentals from research techniques to interviewing methods to practical aspects of using audio and video equipment. Students learn to plan

by Christine Beck

and prepare to execute oral and video histories. The class will run five Monday evenings, 7-9 pm, Sheffield Building from September 15 - October 13. Early Bird Tuition at \$125 until August 21. Thereafter Tuition is \$150. Partial scholarship assistance is possible and clock hours for teachers are available.

Following close on the heels of Taking Oral and Video Histories-Taking Oral and Video Part I, Histories – Part II – Workshops starts November 3, 10, 17 and 24 (Four Monday evenings), 7-9 Sheffield Building and the workshops put all that information from Part I to work. Prerequisite is Part I or comparable experience. Tuition is \$100 and clock hours for teachers are available.

And, in preparation for the 2009 Centennial of the Alaska Yukon Pacific Exposition, the College is convening The Vashon Century -Research Study Group. The AYP Exposition in 1909 was the region's first world's fair, located on the current University of Washington campus. Vashon Island was a significant force in the region one hundred years ago and merited two honorary days at the AYP. In the early 1900s, the mosquito fleet steamers transferred people, goods, and agricultural products to and from Vashon. Vashon was home to prosperous farms and shipbuilding among other industries. A few Native Americans still lived on Vashon, and Burton was a "college town." Vashon College was in its heyday, encouraging parents from across the region to leave their children to be educated at Vashon College while they journeyed north to strike it rich in the Klondike. Vashon College even played football against the University Washington.

What was it really like to live on Vashon a hundred years ago? When

Continued on page 16

Garden The World By MEarth

Will Changing **Relations With USA Change Cuba's Organic Revolution?**

With the fall of the Soviet Union, big oil shipments and massive farm support for Cuban food production disappeared virtually overnight. Faced with no foreseeable change in US/Cuban relations, which I, personally, do not understand because we are doing business with Communist China, and, after trying repeatedly to assassinate Castro, we now continue to punish the Cuban people for our own political reasons, the people of that tiny island were forced to take radically new approaches and become self-reliant and sustainable in their agricultural production.

These changes may well be harbingers of the kinds of changes we might well have to make if our own government gets its head out of the clouds - or wherever it is and realizes that factory farms are doomed.



Cuban Peri-urban Agriculture

City Gardener photo

Before the revolution, over half the agricultural lands were owned by less than 1% of the people, much the situation that still exists in Haiti, where poor mothers are feeding their children cookies made of dirt. With the Soviet "reforms," of course, agriculture was mechanized on a massive scale. The Soviet collapse also caused the collapse of Cuba's ability to feed itself, and, almost overnight, "Cuba had to produce twice as much food with less than half the chemical input," according to the Cuban Organic Support Group (COSG).

Logical choices were made. Export crops were replaced by food crops, something that is still not happening in Haiti and other parts of starving Latin America; tractors were switched for oxen; people were urged to move back into rural areas; organic farming methods were introduced. Massive investments were made in urban agriculture something that is proving viable and economically rewarding all over the

The Cuban urban agricultural movement now involves over 300,000 producers all over the country, including some on state farms, cooperatives and private farms, all using environmentally sustainable methods. The livestock programs produce over 12.000 tonnes of pork a year, 76,000 tonnes of mutton and goat meat a 3,400 tonnes of rabbit meat. 15 million tonnes of chemical-free food vegetables, herbs, fruit and rice have been raised as well in urban and peri-urban areas in the past decade. Peri-Urban Agriculture is the practice of cultivating, processing and distributing food around a village, town or city.

Urban farming is generally practiced for income-earning or food-producing activities though in some communities the main impetus is recreation and relaxation. Urban agriculture contributes to food security and food safety in two ways: first, it increases the amount of food available to people living in cities, and, second, it allows fresh vegetables and fruits and meat products to be made available to urban consumers. A common and efficient form of urban agriculture is the biointensive method. Because urban agriculture promotes energysaving local food production, urban and peri-urban agriculture are generally seen as sustainable practices.

The recognition environmental degradation within cities through the relocation of

> resources to serve urban populations has inspired the implementation of different schemes agriculture across the developed and developing world. From historic models such as Machu Picchu to designs for new productive urban farms, the idea of

locating agriculture in the city takes on many characteristics.

These characteristics and benefits are similar to those gained by Island residents who avail themselves of the bounty of Island producers through subscriptions, the farmer's market and the various other types of Community Supported Agriculture. However, this movement is not enjoying the support it is seeing elsewhere in the world.

With oilmen still in power here, the chances of such things happening are limited. Even with regime change, it does not seem likely even though it will become the only answer, but only when it's too late. We need time and money to change the way we grow food in this country. We have that time and money and I suggest we use it. Perhaps we can persuade our eager politicians that it is a valuable investment to make? $\omega\omega\omega$

Loose Change Band is Now Booking for Late Summer Parties Call Troy 206.794.9451



Inspiration through Permaculture

by Marisha Auerbach

We are currently experiencing many critical world issues including climate change, peak oil, increased cost of food and other resources, the extinction of species, and more. In these troubling times, the inspiration to create a sustainable world can be found Permaculture. in Permaculture, a combination of the words 'Permanent' and 'Culture', is a term coined in 1971 by two Australians, Bill Mollison and David Holmgren. It is an exploration of how humans can support their needs on this planet while simultaneously supporting all other species to exist indefinitely.

In permaculture, we believe that nature is the supreme blueprint for fecund & effective design. For example, we can study starfish or mushroom mycelium to learn about water filtration. As we gain insight from the observation of nature, we realize that each living being may hold a secret discovery critical to supporting life on this planet. This ethic, "Care of the Earth," is the first ethic in permaculture philosophy. It reflects our acknowledgment that of earth's species interconnected and interdependent.

ethic second permaculture is "Care of People." a world filled with free will, our decisions can be made with thoughtful compassion. We gain consciousness of the impacts of our actions on our global community. "Care of People" includes ensuring access to adequate health care, shelter, food, water, and other basic needs for human beings around the world.

'Fair Shares", the third and final ethic of permaculture, encourages us to ask, "How much do I really need?" We choose to set limits and reinvest the surplus to support the global community of plants, animals, people, and other species. We hold in our hearts that this www.herbnwisdom.com.

decision truly generates abundance for the entire world.

In Permaculture, we aim for closed system designs. We analyze our resources and determine how they can work together to be useful in our lives. In closed system design, we understand that anything that is not found on-site takes extra energy to obtain. This can be in the form of money or our own output of time to obtain the resource. Anything that is created on-site that is not used to support on-site needs is considered waste. Permaculture systems aim to create no waste, recognizing that nothing really can be thrown "away." Instead, we use our waste as resources in effective designs, for example we can use old newspapers in our worm bin. We consciously consider the ways that resources in our systems were created and the footprint they leave when they are no longer useful. Ideally, all resources can return to the earth in the form of compost or be reused in another form.

There are many aspects of human life that can model closed system design. In the curriculum of permaculture design we explore water systems, food systems, Permaculture offers a set of relationships with animals, principles to help us study the appropriate technology, energy impact of our choices on others. In systems, soils, economics and community. As a movement in countries around the globe, permaculture builds strategies and techniques for creating a sustainable world. The global permaculture community networks experiences to share our collective vision of compassionate and thoughtful co-existence with the earth and all of her inhabitants.

Two permaculture design certification courses will be offered this fall on Vashon Island. For more information, contact Marisha Auerbach at (360) 789-0799 or queenbee@herbnwisdom.com.

by Dan Asher

🖎 LoOp Ed

Havurah Board Responds

The Board of the Vashon Havurah met earlier this week for the first time since the breaking in and vandalism of at the Westside building. The purpose of the meeting was to more fully absorb heartfelt comments community members who attended a meeting the previous week and to determine the appropriate next steps.

The Board discussed the importance of expressing our appreciation for the words and actions of both the Vashon religious and secular communities. The response was over-whelming.

Summarizing the outcome of the community meeting, the Board focused its attention to three major areas:

Reward Fund - The King County Sheriff and the detective assigned to the case strongly urged the Vashon community to establish a reward for information leading to the arrest and conviction of the perpetrator(s) of the crime. We understand many members of the greater Vashon community plan to establish a reward fund. The board agreed to support this effort.

Educational Outreach - A number of Jewish community members have volunteered to help plan a far-reaching education program designed to help the Island as a whole confront issues including, but not limited to, hate, racism, and anti-Semitism. Such a program could include events held at the Havurah, at Vashon High School or at one or more of our Island churches. Our involvement would probably not get underway for a few months given the

upcoming Jewish High Holidays beginning in late September and stretching beyond mid-October. The curriculum will focus on teaching tolerance. Anyone interested in serving on this island-wide committee should contact Louise Olsen, at 463-1399.

Building Security - Finally, a committee has been formed to review possible enhancements to the Havurah building itself. This committee will seek the advice of experts in the field and review the cost vs. benefit of the various options. Damage to the building in this recent event was minimal and pales in comparison to the apparent psychological sense of vulnerability that many community members feel.

In all three of these areas it seems fair to say that this event was a wake-up call that should not be ignored. As Havurah President Louise Dorfman Olsen has expressed on a number of occasions, we need to walk a fine line between taking these events seriously while not over-stating what occurred or what it all means to the Jewish community and to all of Vashon Island. We are grateful to the Vashon Loop, The Beachcomber and all of those on Vashon who have used this event to make a personal statement about their opposition to hate. We know that this is an opposition to hate in all its forms and guises. And we hope and pray that events of this kind will never happen to anyone again on Vashon and that one day soon such events will not happen to anyone anywhere.











Donovan Rivers for Congress

Donovan Rivers is running for the Congressional Seat of the 7th District in Washington State.

Donovan Rivers is a longtime advocate of the working community based leader and wants to put that leadership ability to use in Washington, D.C., for the 7th District.

Donovan Rivers is well known in social, political and economical communities throughout the United States.

He has been encouraged to run for political office by Seattle grassroots movement organizers and local politicians because he is a man for changing the status quo. His philosophy is the inclusion of the whole community, voters and non-voters alike, in building a stronger Washington State and America.

Donovan Rivers, and his organization, International All Clergy Advisory Council, and local supporters have been working to make Seattle and Washington both prosperous and safe. He has been at the forefront of working with law enforcement and other community leaders in developing and implementing programs whose focus is designed to help foster better community relations, identifying crime based problems and solutions. He has also worked tirelessly with law enforcement and the community with regards to addressing the needs of law abiding citizens and those that have paid their debts to society.

Donovan and the organizations that worked with him have helped him to put over 125 elected officials into political offices throughout the nation. He strongly believes that he is needed to address the diverse cultural issues specific to Seattle and Washington because a change is needed in Congress as to who represents it.

Donovan Rivers is the man for CHANGE.

Paid for by Donovan Rivers Campaign. Make donations to: www.donovanrivers.org and P.O. Box 22525, Seattle, WA 98122



LoOp Letters

Why You Should Vote for Me

by Mark A. Goldman www.gpln.com

Why should you vote for me? ...Because the pen really is mightier than the sword; because love really is more powerful than fear; and because the truth will protect our freedoms while lies will continue to steal them away. ...Because our national penchant for war will rob us of our wealth and humanity, whereas a legitimate commitment to justice and peace will enrich our lives and restore our faith in ourselves as freedom loving people. ...Because democracy requires all of us to have courage and integrity, especially those we elect to high office. Without a commitment to simple honesty and integrity, there will be no peace, no prosperity, no justice, and no real freedom in the land.

I understand that many Americans are ignorant with respect to the many ways we have been betrayed by our own government and other institutions... including both political parties and much of our media. And by our complacency we have betrayed one another. Moral courage in public life has been diminished, particularly in Congress.

At the inception of our republic, Thomas Jefferson and John Adams worried that one of the great dangers we faced — a danger that could above all else destroy our new republic — were 'factions.' Today we refer to them as political parties. You might remember Ben Franklin's admonition when asked what kind of government he had helped create. "A Republic, Madam, if you can keep it," was his reply. What Jefferson, Adams and Franklin feared most is the question that is immediately before us... "Well... can we keep it?"

The culture in Congress now is that members give allegiance to their party above their country...

above their oath of office. They follow their party's leadership above their own good sense. Almost all do. And money corrupts the process at its core. Even as the Commanderin-Chief engages in war crimes and High other Crimes Misdemeanors, they keep silent, betraying their oath and our trust... so as not to risk the possibility of reprisals from their own party, the opposition party, or who knows what.

While our young soldiers face the heat of battle risking their lives and limbs, which many tragically lose, those in Congress shrink from battle, selling out untold numbers of human beings including their own constituents, rather than risk losing their seniority, their source of funding, or their jobs.

We must retire them even if we refuse to judge them. If you don't want to vote for me, at least have the decency to vote for someone you believe in your heart will keep their oath of office once they get elected. For if we cannot restore the rule of law and keep faith with our Founding Fathers, then as far as our republic is concerned, we will have lost it.

Now is the time to experience that it's possible for one person to make a difference. Who is that person? You. Vote on the 19th. Vote with integrity.



The Vashon Loop, p. 11 August 15, '08

LoOp Letters

Give Input on Island Council Elections

by Hilary Emmer

The Vashon-Maury Island Community Council (VMICC) is a town hall style forum for discussion of issues relevant to the residents of Vashon and Maury Islands. The Council is recognized by King County as an Unincorporated Area Community Council. As a town-hall forum, decisions are made by a public vote at our General Meetings. Much of the work of the Council takes place in our Committees, which then forward their recommendations to the whole Council for action.

At a very important meeting on August 18, the VMICC will decide how residents may vote for board members and how those votes will be counted. The actual election for board members takes place at the same time as the November 4 general election. It's imperative that Islanders be involved with board selection because the board of the VMICC sets the agenda deciding what will be discussed and dealt with by the VMICC. Also, at this meeting a Nominating Committee will be established for the election, those interested in being on the committee should send their names English (463-3044,jim english@amerifresh.com) by Aug 18 More information is on-line using charts and illustrations to explain Ranked Choice Voting at www.vmicc.org/elect08.

Come to the August 18 to give your input on the following questioons or email responses to Jim English:

1) How should we cast our votes for the Board of the VMICC?

Vote at the polling places, as we do now, and blitz the island that absentee ballots are available. The cost would be about \$500. Pros:

- * Less expensive than mail ballots
- * Familiar method
- * Increases ballot integrity Cons:
- * Fewer people may vote
- * Inconvenient to get to the polls (especially for those who use absentee ballots for the general election)
- * Must find 10 to 15 people to staff the polling places.
- Have an all mail ballot election, with one or two polling places for election day in-person voting. This would cost in the range of \$1,250 to \$2,200.
- * King County will force this method in 2010, so this year will serve as a transition year.
- * Everyone will have direct access to a ballot, so there is a potential for more people to vote resulting in better representation.
- * Reduces polling place staffing to 4 to 6 people.

Cons:

* Costs approximately \$750 to \$1,700 more than using polling places.

* Mail ballots can be less private from house mates.

* Ballots can get lost in the mail.

2) There are 6,369 addresses and PO boxes on the Island. If we vote by mail, for ballot integrity, should we,

A) Send ballots out WITH a return envelope requiring name and address of voter? For a cost of about \$2,200.

Pros:

- * Makes it more difficult to stuff the ballot box because stuffing is traceable.
- * Would be more like the King County method used in General Elections.

Cons:

- * Costs the most (about \$950 more than 2-B)
- * More work is required because of address checking.

Send ballots out WITHOUT a return envelope and not cross reference the returned ballots. For a cost of about \$1,250.

Pros:

* Saves about \$950

Cons:

* Very easy to stuff the ballot box 3) Should we include on-line

voting as an option?

Yes A)

Pros:

- * Saves postage for the voter
- * Easier to vote
- * Easier to tabulate

Cons:

B) No

Pros:

- * Can not be hacked
- * Internet capability not required
- * Can't stuff the ballot box with multiple e-mail addresses Cons:

4) If ten or more candidates are on the ballot, how should we cast our ballots?

Plurality voting A) Pros:

- * Plurality voting allows nine votes instead of one
- * Familiar method
- * Easier to mark the ballot Cons:
- * More wasted votes (voting for someone who has already won
- and/or for someone who has lost) * A plurality of voters can elect all of the Board members
- * Denies majority rule and representation by minority groups Ranked choice voting Pros:
- * Fewer wasted votes
- * Provides majority rule with minority representation
- * More democratic

Cons:

- * Not every voter's lower rankings get transferred
- * Takes longer to tabulate the ballots
- * If a candidate receives no 1st choice votes, he/she may be eliminated during the first tabulation.



5) If nine or fewer candidates are on the ballot, how should we cast our ballots?

Plurality voting A) Pros:

- * Allows for write-in votes
- * Preserves the democratic process Cons:
- * Extra cost (\$500 to \$2,200) and more work
- * Write-in votes are very unlikely to change the outcome of the election.
- Cancel the election and B) declare all candidates elected Pros:
- * Saves money and labor Cons:
- Denies the possibility of changing the election outcome through a concerted write-in campaign

Island Vandalism

incidents of vandalism of distinction of worship have been targeted. Symbols and physical places of mailboxes and airport lights are hurtful and mean. We have seen that in the last year too.

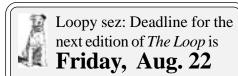
What do we do? How do we react? Certainly not in kind or without thought. And over reacting is not likely a good idea either. I also do not think a war of symbols or rallying around symbols is a good idea either. These acts alienate and can segment people into us and them by definition never getting to people's thoughts and feelings about what has happened.

I totally refute acts of vandalism and even thoughts of racism or elitist spiritualism. And I also think the Jewish stars around town are an over-reaction to what has happened. Talk about a symbol

Recently there have been several loaded with all kinds of history and emotions. From what I have read for its stupidity on the Island. Places and my own opinion is that the recent acts are the result of idleness and lack of hope and direction that much importance to many have been some people feel in our community. targeted. I do not support any of If we find otherwise, that we have these acts. These are hurtful and a local neo-Nazi cell or budding mean acts. Just as smashing group of racists, radical atheists or anti-Semites on the Island I will be among the first to confront it directly.

I believe we are presented with another reminder of the problems we already knew we had. Teenage idleness, isolation and the realities of space and time between people in a rural community. Perhaps these events will get us to focus on these things we know about and have some control over as opposed to waving a flag or symbol in response.

Rick Shrum



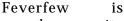


Feverfew: an Herb **Worth Knowing**

by Kathy Abascal

Feverfew (Tanacetum parthenium) is a sweet little plant with a buttonlike white flower with a yellow center. It has a lot of vitality, loves to spread throughout people's

gardens, and often continues on down the road to gardens beyond its own. In other words, it is very easy to grow, and once invited in, it tends to stay. It is a good medicinal plant, much like dandelion, is not as appreciated as it should be. It is blooming now on the island.



Feverfew, drawing by Kathy Abascal migraine headaches. In the 1970s, English scientists planning a clinical study of feverfew advertised for people who were using feverfew. They got over 20,000 responses so it was already a popular remedy in Europe at that time. Nonetheless, its historical use as a migraine remedy is patchy with only a few of



Kathy Abascal is a professional member of the American Herbalists Guild and is certified by Michael Moore of the Southwest School of Botanical Medicine. She has written two books on medicinal effective today.



She is now available consultations at Court Yard These Square. consultations will help you choose herbs and supplements as well as make well as make dietary changes that will support your health. An

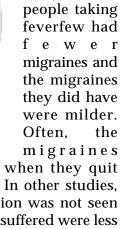
evaluation of how these changes might affect prescription medicines you may be taking is included in the consultation. She teaches on going Carreians teaches on-going Conscious Eating for Health & Weight Loss classes at the Roasterie and will be adding classes on perimenopause, nervines, and basic herbalism later this fall. For more information, contact Kathy at 463-9211 or at anemopsis@yahoo.com.

the old herbals mentioning it for headaches. John Gerard's herbal in 1663, said it was good to inhale crushed feverfew flowers for "summer headaches." Culpepper, another herbalist of note, used it in poultice form for headache and recommended it as very effectual for all pains in the head. Shaker communities in the US sold feverfew primarily as a digestive herb but also recommended it for dizziness and unpleasant sensations in the head.

Most old herbals, however, focus on its use as a digestive tonic. The Eclectic physicians of the 19th century called it one of the "pleasantest of the tonics, influencing the whole intestinal tract, increasing the appetite, improving digestion, promoting secretion, with a decided action on kidney and skin." Generally, digestives were used to help the body properly digest food and reduce flatulence. Of course, good digestion can have a far reaching effect on many ailments, migraines studies will show that tinctures included.

In this century, European

effect feverfew on feverfew. migraines. In Often,

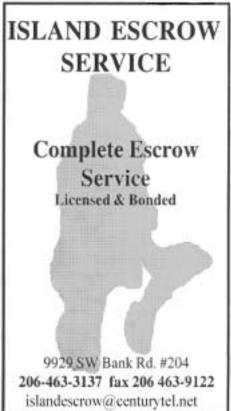


taking the herb. In other studies, constituents degrade if not handled migraine prevention was not seen correctly. Finally, many feverfew but the migraines suffered were less severe. Feverfew especially seemed guarantee a particular percentage of to prevent nausea and vomiting one of its constituents (parthenolide). which accompanies many migraines and it also decreased people's sensitivity to light and noise feverfew work in migraines. Instead during migraines.

effect. Sometimes positive results were seen in 4 to 6 weeks but in side effects were seen from the longdepression, nausea, and pain from inflamed joints. Over time, the herb's effects may build and become lasting. Herbalists often recommend taking a break from feverfew at least once a year to make sure the plant is still needed on a daily basis.

Science has not yet figured out how feverfew works on migraines. Feverfew is definitely antiinflammatory and inhibits serotonin release from blood platelets. Both inflammation and serotonin release are believed to be important factors in migraines.

Science is also uncertain how feverfew should be taken. In the British studies, people often simply ate feverfew leaves. In other studies, patients took capsules. One study



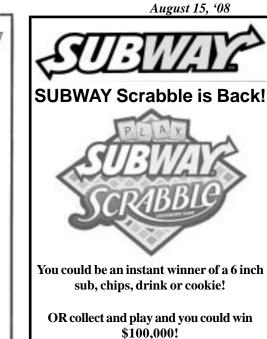
indicated that the fresh or properly dried plant worked more effectively than tinctures. I suspect that future work as well as dried plant, if properly made from fresh feverfew. scientists Often practitioners recommend b e g a n freeze-dried herb, but there is no studying the reason to believe that a freeze-dried product is superior to other forms of

If you decide to use dried many studies, feverfew, traditional wisdom people taking suggests that you should make a feverfew had cold infusion rather than a tea. If f e w e r you want to eat the leaves, you migraines and should freeze some so you have the migraines enough leaves for the winter they did have months. If you prefer capsules, were milder. choose a company that has the experience working with herbs migraines rather than the cheapest brand famous because it can prevent increased again when they quit available. Some of feverfew's products are standardized to This compound is an important constituent but is not what makes it is a marker that shows the It takes time for feverfew to take manufacturer began with good quality feverfew.

Finally, if you have feverfew many cases it took up to 4 months growing in your garden but you for positive results to show up. No don't have migraines you might still want to dry the plant and use it as term use of the plant. However, an herbal tea. Remember, the tea long-term users of feverfew reported was widely used for centuries to plants: Clinical Botanical Medicine and Herbs & Influenza – how herbs used in the 1918 flu pandemic can be depression payers and pain from and layers of spirits."

support digestion as well as to avoid "hysterical complaints, nervousness and pain from and layers of spirits." and lowness of spirits." $\omega\omega\omega$





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Three New Classes: Eating for health & weight loss. By Kathy Abascal

Inflammation is a big factor in most chronic conditions including hypertension, arthritis, and diabetes. Excess abdominal fat is another inflammatory condition that takes a significant toll on your health. Fortunately, diet can effectively and easily reduce inflammation and the problems it causes. In this series of 5 classes you learn why some foods quiet inflammation while others increase it. Eating to quiet inflammation provides significant benefits that include a relatively effortless weight loss (if one is needed), improved sleep, and the disappearance of annoying aches & pains. New class series begin: Wednesday August 27 at 7:00-8:30 PM (men only), Monday September 1, 7:00-8:30 PM and Thursday September 18, 7:00-8:30 PM. Each class runs for 5 consecutive weeks. Advance registration is required. You can sign up for the class at the Roasterie. For more information, contact Kathy Abascal at anemopsis@yahoo.com.



Planet-Waves

by Eric Francis http://www.PlanetWaves.ne



Aries (March 20-April 19) Many people feel there is no room for who they are in the world, but now the world is standing aside and making some space. Perhaps certain people aren't paying attention; perhaps others have got over their prejudices and expectations; others know that we need a blast of innovation and idealism if anything is going to move the story of the world forward. All this you bring, and much more. The only thing that could stop you is looking around you at eyes that are painted with the hues and images of the past. Look around and see the world the way it is today, free from anything you previously believed. Recognize that you have the strength and innovation to make the contribution you came here to make — sooner rather than later. Freedom is not something you can have in the future. You can only have it now. Eric Francis has more to say at PlanetWaves.net.

Taurus (April 19-May 20) You have a calling, and you know it. As I may have mentioned in previous interpretations for your sign, there are two major influences working on the professional angle of your chart. One fills you with idealism and a sense of longing for your highest hopes. Another is leading you to focus, to cover the details and to confront the struggle for acceptance. Together, the two represent the quest for taking what exists in potential and creating a space for it in your own life, which translates to a space in the world. You may feel this process is taking a lot longer than it should. Indeed, by this time next year, you will be impressed with the progress you have made. But by this time next week, you will stand firmer in your belief in what is possible, what is necessary and what you know you must do. Eric Francis has more to say at PlanetWaves.net.

Gemini (May 20-June 21) Einstein said that imagination was more powerful than knowledge, but at the moment you have both going for you. The kind of imagination you have is the visionary kind, and the kind of knowledge you possess is the emotional kind. Accessing either requires that you relax your mind and allow the data from your subtler senses to come through. This is all about the flow of ideas, not their accumulation. Your growth process is about seeing things differently than you did yesterday, which may mean embracing that what you have once deemed impossible is truly accessible. You're not being asked to take anything purely on faith, but at the same time, you cannot expect every question you have to be answered immediately. The kind of knowledge you are gaining access to requires a fair amount of embracing the unknown. It's easier than you think. Eric Francis has more to say at PlanetWaves.net.

Cancer (June 21-July 22) It has been said that we can offer three things for sale: our labor, our ideas and our time. Of the three, your ideas are by far the most valuable. In order to create a life where you can live on your ideas, you need to take emphasis off of time and labor. You also need to see a particular opening when the clouds part and the gateway is standing in front of you. Then you need the confidence to know if it's the right one. In other words, you are standing very close to the place where preparation and opportunity intersect. The third factor is your having solid faith in what you have to offer, and noticing the guidance that tells you that this is the time to make a difference. Even you who have long wondered if the products of your mind have a tangible value will get some unusual evidence of that fact. But once the world opens up and proves this point, it is you who must remember every day. Eric Francis has more to say at PlanetWaves.net.

Leo (July 22-Aug. 23) Most people make a religion out of doubt, and this becomes a magnificent resource for those who would exploit them. Others make a religion out of certainty, which drags plenty of people along whether that certainty is true or false. At the moment, you are walking the line between the two. One idea can tip the scale in either direction. You may feel certain, then get stuck on an imperfection that negates that certainty. You may feel doubt, and then remember that you have prepared long and hard for the moment in which you are standing. I suggest that you not look to the world for feedback, because the reflection you see will not necessarily be accurate. I suggest you take your advice about life from yourself. Indeed, at the moment, it is the vague or noncommittal quality of the world around you that is your greatest resource. Eric Francis has more to say at PlanetWaves.net.

Virgo (Aug. 23-Sep. 22) You're figuring out that you like yourself, which is a huge step in the right direction. You now need to connect that improved opinion of your existence with permission to be motivated in the direction you want to go. At this point, you run the risk of giving up, but you could just as easily choose to face the repeated challenges of existence in a truly positive way. The past month or so has been an extended experiment in determining what right you have to take action, and on what rationale. You may, at the moment, be observing that you were motivated for the 'wrong' reasons; you may decide that you have been too aggressive with yourself and with others; that you are critical to the point of negating your right to exist. I know you are committed to maintaining a realistic, balanced view of yourself, but remember, you exist and you exist for a reason. If you remember that, much else will be perfectly obvious. Eric Francis has more to say at PlanetWaves.net.

Libra (Sep. 22-Oct. 23) You many sense by now that you're going through a profound shift in personal identity. You may also feel that if you could only be a little less paranoid or consumed by anxiety it would be so much easier. Then you are probably wondering what you have to worry about; after all, if you're worried, there must be something. The main thing that's causing you anxiety is what I can only describe as an overwhelming need for you to express yourself. You are holding onto a lot. You are bound up in so many concepts about what is true or false; what is valid or not; what is important or meaningless. What you are really trying to do is validate that you have a right to exist. It would be a lot simpler if you accepted the fact that you do exist, and that to a real degree this means that everyone else has to get out of the way. It would help much more if you calmly stepped out of your own way. Eric Francis has more to say at PlanetWaves.net.

Scorpio (Oct. 23-Nov. 22) Public opinion rises and falls like the tides at the Bay of Fundy, and at the moment you seem to be the flavor of the month. This is nice, but I suggest you worry less about what anyone thinks and instead harness the changes you sense in others as a source of energy. When people appreciate you, sign them up for your projects, and give them the sense that they are part of the community. When people seem

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We shape our dwellings, and afterwards our dwellings shape us. Winston Churchill

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aggressive, harness their energy for positive purposes, and let it motivate you to clean up your act. Thank them and put them on the long-term list of potential allies. This relates to the question of how you handle your own fear; that is, what you do with this energy once you feel it. Fear is supposed to be a warning that something is wrong, but in our current era of history it is usually an indicator that nothing is wrong (just that our minds are acting up). Remember. Eric Francis has more to say at PlanetWaves.net. http://en.wikipedia.org/wiki/Bay_of_Fundy

Sagittarius (Nov. 22-Dec. 22) It really helps to have cooperation, but when the help you need is extremely specific, on our particular planet you're lucky to have it at all. Still, I suggest you hold out for exactly the assistance you need, and make sure you demonstrate the kind of leadership that will draw it to you. You can help the process by being specific with yourself, and very clear with others around you. What you really need is patience for those whose minds are not quite as fast and as sharp as yours, while you keep your eyes out for someone equally intelligent, brave and conscious. This may seem like a tall order. Just remember what you are doing is gutsy but also calls for a high degree of attention to detail. Don't skimp on either, and don't let anyone else do so either. Eric Francis has more to say at PlanetWaves.net.

Capricorn (Dec. 22-Jan. 20) Bear in mind the long-term nature of the work you are doing. The world knows very little about this lately; everything is supposed to be perfect out of the box, with 24-hour customer care. Like any large vision, it is crafted into reality one beam, brick or page at a time. Along the way, you need to refine your process and perhaps redo many things that you learned how to do correctly only after you had the opportunity to do them wrong. The accumulated benefit and worth of your efforts is what you learn rather than what

you accomplish. Still, when Mars changes signs early next week, you're likely to decide that knowledge is good and that tangible results are better. Eric Francis has more to say at PlanetWaves.net.

Aquarius (Jan. 20-Feb. 19) You can work out the details of what seems like an impossibly complex arrangement. True, you've endured all kinds of starts and stops, and you've played a role in this process — mainly because you have a habit of making only the commitments you can keep. And to put it mildly, you've been on the cautious side, because you know that the particular commitment you seem on the verge of making will change you. But the truth is, you are changing, and that change is leaving you open for something, or someone, new — perhaps both. The thing to focus on is the nature of your inner process. It seems to be partly about forgetting something and partly about remembering something much deeper. And to put it mildly, this process has just begun. Eric Francis has more to ay at PlanetWaves.net.

Pisces (Feb. 19-March 20) You're about to make an inner discovery that will, to put it mildly, come as a surprise. Fortunately it's a discovery about yourself, and truth be told, I think you will appreciate what you learn. You are getting plenty of affirmation from the world that you're on the right path, even if it's wildly overgrown and difficult to follow. You will have even more reassurance when the Sun enters your opposite sign Virgo in about a week. But what you discover on a purely inward level will reveal to you that in actual fact, you understood yourself perfectly; and that you made your choices to get where you are today according to what I can only describe as a divinely ordained plan. Others may line up to tell you that they knew all along; what's more impressive is that you knew all along. Eric Francis has more to say at PlanetWaves.net.

The Vashon Loop, p. 14 August 15, '08

Island Epicure



By Marj Watkins

7 Mottoes for Thrifty Cooks

Now is the time for all good cooks to come to the aid of their budgets. Food prices climbed more this past year, percentage-wise, than any necessity except gasoline and the forecast for future prices is "higher and higher". Rising prices for



Salmon Quiche

everything stem from corn, a staple food product for humans and animals, going to ethanol manufacture. How can you balance good nutrition and eating pleasure with these financial pressures?

Buy quality. Wilted vegetables, even if labeled "organic" won't be as nutritious and flavorful as crisp, fresh ones.

Buy in bulk or by the case if practical for your household size, but don't buy more than you can use up in a reasonable time.

Consider convenience of canned beans, for instance, but also keep in mind that you're paying for a lot of water. Cook dry beans and save a bundle. Soaked overnight, drained, and covered with fresh water, they flatulence. Beans freeze well for quick later meals, too.

Check pull dates. Food is usable for a few days past the "sell by" date.

Look for lean. Lean meats give you more protein per pound. Look for 95% lean.

Waste not, want not. Remodel leftovers. Morally, it's better to buy lobster tails and eat every Omega-3-rich bite than to cook a chicken and throw out the bones before making soup stock of them. You'll usually be able to pick enough meat off the well-boiled bones to make a potpie or a curry. Got half a cup of salmon left from a whole fish or salmon roast? It will stretch to serve four generously or six as a first course, and deliciously.

SALMON QUICHE

4 to 6 servings

Pastry for single-crust 9-inch pie shell

¼ cup thinly sliced green onion ¼ cup minced fresh parsley ½ cup cooked salmon bits 4 ounces Swiss, Gruyere, or Jarlsberg cheese, grated

or about 2/3 cup coarsely grated Parmesan

3 eggs

½ cup half-n-half cream

½ cup milk

¼ teaspoon salt

1/8 teaspoon black pepper

Prepare the vegetables, salmon and cheese. Beat the eggs with the cream and milk, salt and pepper. Fit the pastry into a 9-inch pie pan. Heat oven to 425 degrees

Scatter the green onion slices evenly over the bottom of the pastry. Do the same with the parsley. Place

> the salmon bits evenly atop the greenery. Arrange the cheese evenly over all.

Place almost complete quiche, in its pan, on a rimmed baking sheet. Pour the egg, milk, and cream mixture in carefully. Very carefully slip the whole assembly into the oven.

Bake

minutes. Test with a sharp knife inserted halfway to the center. If the custard is done, the quiche will be slightly domed and lightly goldened. If the knife doesn't come out clean, bake the quiche another couple of

Bring it to the table piping hot and beautiful. It's good at room temperature, too, but not as splendid looking nor quite as yummy. $\omega\omega\omega$

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Madame Toujours

Dear Madame Toujours,

I have finally decided to divorce my husband Ronnie. For the last five years, he has spent every day snarking at me and putting me down and generally treating me like a stinkbug, and finally I just packed up our two Irish setters Goldie and Ivana and left Ronnie, and I am living with my friend Sunflower until I can find a job and a place of

My Mother cried when I told her I was leaving Ronnie. She says I'll never find anyone who treats me as well as he did. Dad says Ronnie is a prince for putting up with me, and I made a commitment in front of God, and I have to stick by it. Maybe they are right. Sunflower has been rubbing raw meat on my parents' wedding photo and teaching the dogs to attack it.

I am starting to wonder if I made the right decision. I mean, how do I make a living without Ronnie? What if the dogs and I wind up living on the street? Is that fair to Goldie and Ivana? Ronnie says I better go on a

diet or Sunflower will kick me out when she finds out what a pig I am. Sunflower shot him in the ass with a load of rock salt for saying that, but I can't help wondering if he is right. After all, Sunflower is my friend—she has to lie to me. Ronnie has no reason to say something that isn't true. Should I go back? Maybe if I had just tried harder—you know, read more self-help books. My therapist says I am too sensitive, and I should use "I" statements to tell Ronnie how his remarks make me feel, but for some reason "I" statements just seem to make Ronnie meaner. Am I overreacting? Am I oversensitive? Other people seem to think Ronnie is great.

> Sincerely, Alone

Chere Mme. Alone,

Zut alors! What is Mlle. Sunflower thinking? The canine persons, they are mostly recognizing the prey by the smells. The photographs are not having any smells. Go at once to the home of the parents and acquire the small personal items so that Mlle. Sunflower can be training the dogs properly. Also, do not be worried that you should be trying harder. Yes possibly if you were the super hero type person with the "Jedi mindtricks," then you are successfully having the relationship with M. Ronnie, but since you are only the intelligent and competent humantype person, it is better to crush him in the public fashion and get for yourself the new lover who is the ornament to your life.

Bon Chance, Mme. Alone. Possibly you are borrowing from Mlle. Sunflower the armaments. Explain to the therapist that he is too sensitive. Tell him that if he is attempting to use the "I" statements to tell you how he feels about the rock salts in his derrière, you are shooting him again. This is what the modern psychological persons are calling the "assertiveness." He will be very pleased that you are learning it.

Fire Secretary Sworn In

Continued from page 1

cook faster and produce less Mike Kirk explained to the Board than five years and has more than that the former secretary's duties 30 years secretarial experience, have been divided between Linda Hamilton, Barbara Cooper and Susan Wolf.

> district for over 28 years and was a former EMT and Dispatch Supervisor. For the past several years, she has been handling Accounts Payable, performing some payroll duties and maintaining the VIFR database which interfaces with ValleyComm, the agency's current dispatch provider. Ms. Cooper, with over 24 years as a Purchasing Agent and Inventory Control with another company, has handled Accounts Receivable, purchasing, maintaining the VIFR webpage, telephone troubleshooting and reception duties. Ms. Wolf, who

At present, Acting Fire Chief has been with the district for more processes volunteer applications, supports the Training Officer, produces a monthly calendar and Ms. Hamilton has been with the newsletter as well as logging volunteer responses and tracking training for the fire district. She will now be supporting the Board of Commissioners as well.

"Fortunately," said Ms. Wolf, "all three of us office staff work together extremely well and are more than willing to assist each other. Otherwise, it would not be easy to make do with 25% less personnel to handle all the business necessary to operate a modern governmental agency. My coworkers are very conscientious and dependable."

The Vashon Loop, p. 15 August 15, '08

La Chaim and Mazel tov; Enduring Hatred

by Deborah Anderson

For many years it was not possible to get Sabra. It is an orange chocolate liqueur that tastes like one of those chocolate orange shaped confections, with a kick; a great and wonderful kick like cough syrup that makes you finally stop hacking or communion wine at the Episcopal church at mid week Eucharist when you stop for thirty minutes to remember that God is in charge of the world and not the internet marketing empire.

Somehow, the call from the liquor store that the two bottles of Sabra I special ordered had come in, my fifty seventh birthday, the vandalism at the Havurah, and Maria Shriver telling Oprah she'd written a book about discovering that constant motion doesn't lead to knowledge of self, swirled together with swarms of two dozen or so people wearing Star of David's standing in front of the Hardware Store.

My brother is Jewish. He converted when he married his wife. He had to be recircumcised. Apparently that was the test of love for him. "Really," he said the night before the wedding, "it's just what Dad believed." My dad was an American Baptist chaplain at a state hospital. In the American Baptist tradition you can actually be almost anything (Jesus is a multiple choice question not a true false question) and he was closer to a Unitarian than anything else.

"Well," I said to him. "If you're going to be a Jew, be a good Jew. God isn't really big on cultural Judaism. It got them into trouble every time they tried to blend. Go to temple, say your prayers, pay your fees, teach your children."

You see, I believe the Jews ARE the chosen ones handpicked by God to know and serve Him. As I watched his wedding ceremony I turned to my then husband and said, "wow...us Gentiles really watered it down after the Jesus Christian Protestants of the nonliturgical, non-mysterious traditions.

I remember watching an apparent Jew at 5AM in the Detroit airport donning his prayer shawl and adjusting his phylacteries for morning prayer. I thought to myself, "Boy, we can yammer all we like about idols and such in the non liturgical tradition. If we had to do that to pray, it would make us think more about the awe and majesty of God."

And as I watched the crowd on the corner with stars upon thars (with all do respect to Dr. Seuss), I wished I could go back in time and start a movement in Germany of lay people who all decided to wear the stars when the Germans required the Jews to wear them so they couldn't tell who was really a Jew

and who wasn't. And if they would be so committed, they would agree to get hauled off to a camp whether they were a Jew or not just in solidarity.

Finally my thoughts drifted to this Jewish teacher who caused so much pain and persecution in my life and cost me a job doing really good work and all I really wanted to say to her was, "You come from a heritage of thousand of years of persecution because the smell of God is strong on the hearts of your people it makes others jealous. HOW could you EVER persecute anyone else?" Especially realizing she had just gotten caught up in a hate campaign. I thought about how even if you've been hated, it doesn't necessarily stop you from being a

Which lead me to the hate campaign against me I had endured. And that stopped me short. I had the bottles of liqueur, one for my own family's victory celebration and one to share with friends. I had survived and brought my children through an 'against all odds' objet'd'hate.

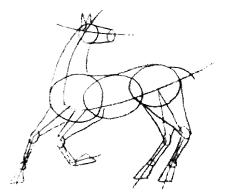
Here's how you endure a hate

First of all, take it personally, and then when you are done feeling all the pain of someone being hateful towards you, DON'T take it personally and review your strengths. The first time someone told me "There's enough people who hate you....." I was stunned and perplexed. So I got very very sad. Finally, after a time of wrestling through the concept of fighting back and standing up, I stopped taking it personally. It became their problem. Sometimes it was even a compliment that they hated me. It meant I stood for something I didn't want to be associated with.

Understand the cultural context. Many of the people who hated me were men of the cloth, as 'twere. I thing." Well, to be more specific, us had the initials REV placed in front King County cop helped me out one of my name back in a time when night when I was nothing but a that was associated with either puddle of tears and feeling being a witch or putting men down. To many of them, the fact I had leadership as well as a high voice took away from their power. Shunning is as powerful as any slap in the face or graffiti carved in the side of your possessions.

The day I felt really really good about those initials (REV) and all it took to receive them, was the day a young female seminarian slid into a seat next to me and said, "I've heard about you!! Tell me what it was like!". You see after I broke this gender barrier in the pulpit, nine women were placed in positions of solo leadership. That's pretty good. That's a reason to endure being hated.





Tom Wallace

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Let your friends love and support you when you're dealing with the economic impact of being hated. That I take refuge. was the greatest gift. It was very, very ,very hard for me to receive. Being forced in a position where I was loved and cared for because I couldn't do that for me or my family was the greatest gift I ever received from God.

I learned that if I'm not a good receiver, then my giving is shallow and petty. Being put in a position where again and again I had to ask for help and say 'Thank You', softened me in ways that were only good.

Lastly, the triumvirate of victorious living: recognize it's a minority report then put a smile on your face, count your blessings, declare 'l'chaim'. A completely defeated and said the words that changed my life:

"IF YOU ARE BITTER, THEY WILL HAVE WON" Do everything in your power to do things which will keep you from becoming someone who hates or acts hatefully towards someone else.

And if there has been someone you have hated and shunned or hurt in some way, go apologize. Make it better.

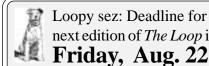
Go in peace to love and serve the world. Lift a glass of Sabra and declare Mazel tov!!

Love Deborah Psalm 16:1-3:

Keep me safe, O God, for in you

I said to the LORD, "You are my Lord; apart from you I have no good thing."

As for the saints who are in the land, they are the glorious ones in whom is all my delight. തത്ത



Loopy sez: Deadline for the next edition of *The Loop* is

Wipe Out Carpet & Upholstery Cleaning Randy Bruce (206) 463-6314 Office (206) 300-5905 Mobile Certified Carpet Technician

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Send Off for Backbone

Continued from page 1

The party will start outside the Blue Heron at 7 PM, with music by Aereo performing traditional music of Venezuela, Mexico Argentina. Highly skilled musicians Abel Rocha and Madeleine Sosin are renown for combining silken harmonies and an unusual array of instruments with a rich mastery of traditional rhythmic patterns and

a rare Northwest appearance of her one-woman show, "The Boycott," inside the Blue Heron. Packed to the rafters with moxie and magic, "The Boycott" tells the story of the First Lady of the United States launching a nationwide sex strike to fight global warming and save the world. Come for a raucous tour of Oval Office affairs, psychedelic absinthe Tour for Change.

trips, enchanted frogs, movie star cameos, and land in a heap of unabashed hope.

Islanders may remember vibrant world music duo Correo Kathryn Blume as the co-founder of the Lysistrada Project, the first world-wide theatrical event for which included performance on Vashon Island. Because of its subject matter, the show may not be appropriate for children; for more information see www.theboycottplay.com

Advance tickets are \$14 and At 8:15 Kathryn Blume will offer available at the Blue Heron, Books By the Way, Vashon Book Shop, or online at Brown Paper Tickets. At the door tickets will be \$17. For more information call the Backbone Campaign office (206) 408-8058. Don't miss this great event and your chance to be a part of this historic election season by launching the Procession for the Future National

Dying By Inches

Continued from page 1

Since then I've discovered there are different kinds of death. There is brain death, where the body is still alive or kept alive, but the spirit is essentially gone. There are people who are dead to hope. They join gangs who take what they want without regard to societal laws or other people's feelings. People who are dead to ethics, lie, cheat and steal. There are people who are suffer death of the heart - either unmoved to love another or worse, take what they physically need from helpless women or children. There are people who have died in social ways and either withdraw as a hermit or exact vengeance on a particular ethnic group.

that way, I'm convinced; they deliberately killed that facet of themselves. Perhaps they were taught, growing up, that there is no God. Maybe they encountered others who mistreated them in the name of some twisted religion (which wasn't really a true religion brand of religion is right and - here's mistake again. where the sick thinking starts - all others were tools of the devil. These are the people who perpetrate crimes on those of a different faith.

True religion, to my mind, teaches we are all brothers and sisters, children of the same God. The world is full of people of faith, who nurture their spirits by

engaging in ways to help their fellow man. They may pray in different ways, revere various prophets, study unique books of scriptures, attend dissimilar houses of worship but they are set apart by their similar standard of behavior. They revere life. To my way of thinking, we may travel by different paths, but face a common enemy - the enemy of all mankind. Martin Luther is said to have affirmed, "We all stand side by side on a wall against a common enemy. How sad it would be if we abandoned our posts to fight against each other!" The hundred or so people who stood on the street corners of Vashon Friday August 1 understand this.

To the person who invaded the Then there are people who are property, peace and sanctity of our spiritually dead. They weren't born Jewish friends on Vashon: You should understand there is a way to be spiritually alive again. This is a hard path, but not as hard as the one you have set your foot upon. You start by feeling sorry. Then you confess to the authorities what you have done. Next comes restitution - you pay for the damage and you Maybe they became apologize. You determine within convinced that their particular yourself you will never make this

> Anything else is to allow a vital part of you to die. When I saw the dead man in the truck at the end of the road, I was struck by the beautiful smile on his face. How had this man lived or what had he done, I wondered, to die with this smile? Now I know.

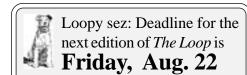
Back to School Drive Distributes

Continued from page 1

Supplies will be distributed at the Food Bank on Wednesday, August 27. If your family is in need for backto-school help this year, you can come to the Food Bank on the 27th between 10:45 and 1 or 5 and 7 in the evening. There will be new

backpacks, notebooks and much more available.

If you have questions, contact Bob or Lauri Hennessey at 463-1931, vashonschooldrive@earthlink.net





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Vashon College Rolls Out 2008 Course Offerings

Continued from page 8

did autos and electricity come to Vashon? What did people grow, eat, wear, do for fun? What concerned them about living on an island? How self-sustaining was Vashon at that time? What vestiges remain that give clues to our place over time? Join us in further articulating the "Vashon Story" as we uncover the rural, commercial, and lifestyle roots of our island home in time to celebrate Vashon's place in the region's history for the AYP Centennial. Our goal is to work closely with the Vashon Maury Island Heritage Association and other groups to do original research, publish findings, and create opportunities for Vashon to engage in centennial festivities.

If joining a group of history sleuths appeals to you, email us at info@vashoncollege.org or call Pamn Aspiri at 206.408.8022. This study group will be mentored by professors such as Bruce Haulman and Joseph Meeker and will have the opportunity to do primary research at locations such as the Heritage Museum, University of Washington, and Vashon's historical sites.

Parents Make a Difference

Continued from page 6

provides a weekly calendar to all families on our email distribution list. Staff at McMurray are expected increase teacher-parent communication about student progress, particularly when a student falls below a C grade. At the high school, parents, staff and students last year wrestled with a host of difficult issues from drug use and provocative dancing to the school activity code.

In the end, parental involvement in education is the responsibility of families and schools. Parents, teachers and administrators need to understand and welcome each other's roles in this partnership. And at a time of increasingly tight funding for education, it's something we can all do to increase the success of our kids in school and in life.

Bob Hennessey is the father of three children in the Vashon School district and chairs the Vashon School Board.

Loose Change Band is Now Booking for Late Summer Parties Call Troy 206.794.9451

Lopy Laffs

Cowboy Wisdom

Too many people work up a head of steam before they find out what's cooking.

One Liners

Not all pain is gain! Don't be sexist. Broads hate that! Too many freaks, not enough circuses. I'm going through paper like it grows on trees. Funny, I don't remember being absent minded. Failure - when your best just isn't good enough! Macho Law prohibits me from admitting I'm wrong. I finally got my head together, now my body is falling apart. If you can't learn to do something well, learn to enjoy doing it poorly. Mediocrity - it takes a lot less time and most people won't notice the difference until it's too late.

Puns are little 'plays on words' that a certain breed of person loves to spring on you and then look at you in a certain self-satisfied way to indicate that he thinks that you must think that he is by far the cleverest person on Earth now that Benjamin Franklin is dead, when in fact what you are thinking is that if this person ever ends up in a lifeboat, the other passengers will hurl him overboard by the end of the first day even if they have plenty of food and water. —Dave Berry

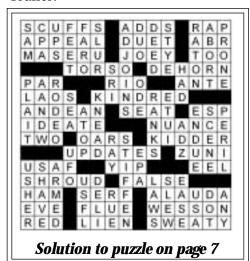
From the IT help desk:

I have a huge problem. A friend has put a screen saver on my computer, but every time I move the mouse, it disappears.

Bumper Stickers:

My Kid Got Your Honor Roll Student Pregnant.

If You Can Read This, I've Lost My Trailer.





Malapropisms:

He's no rocket surgeon.

Cross my legs and hope to die!

I like it when it stays light out until it gets dark.

Loopy Zen Please let me die before they solve the mystery of love.

Bad Analogies:

Mitzi's wet T-shirt clung to her torso like paint on the nose cone of a jumbo jet.

She was sending me more mixed signals than a dyslexic third-base coach.

I saw her sitting at the bar so I approached her. "Hello," she said in a voice so husky it could pull a dogsled.

JFFSHORE

HMM.







HANGING OUT BY THE

BOOSE WHILE LYOKING FOR

到 MINES!











@DEE #





The Vashon Loop, p. 18 August 15, '08

Loop Arts

Island Jazz plays Ober Park

by Janice Randall

when Island Jazz Quintet (IJQ) jazz to the stage, Thursday, August 21, 7 to 9 pm. The free Concerts in the Park Series is sponsored by Vashon Park District, Vashon Allied Arts and Windermere. Island grown



Island Jazz Quintet will perform at Ober Park, free, Thursday, August 21, at 7 p.m., courtesy photo.

Jazz will light up Ober Park for a decade, IJQ has performed in venues throughout the region and brings their eclectic cabaret-style internationally. With three CD releases to their credit, including a sold out self-titled first CD, the group has received airplay on regional radio including KPLU. For the Ober Park gig, IJQ will perform both standards and some arrangements by artists including Hank Williams, Peggy Lee and Bob Dylan.

The group includes: Maggie Laird on melodica and vocals: Richard Person, horns; Todd Zimberg, drums; Todd Gowers, upright bass; and Tom Wilkins, keyboard. 'This talented quintet of musicians from Vashon Island, Washington has produced a fine album of songs including jazz standards and originals. The performances are rooted in tradition with modern rhythmic and embellishments," harmonic according to one critic.

Don't miss the summer series finale, Sept. 4, when Portage Fill brings their big band swing dance sound to Ober Park.

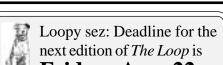
Mamma Mia 8/15 - 8/21

> HellBoy II 8/22 - 8/28

Kitt Kittredge 8/22 - 8/28

Coming Soon Pineapple Express





by Gerry Feinstein

www.vashontheater.com



Chorale Launches New Season

New Voices Welcome to Audition

The Vashon Island Chorale has contracted with choral conductor Gary D. Cannon as its new artistic director. Cannon served as guest conductor in the fall of 2007, giving members of the chorale and the community a chance to get to know him. "We had a very positive experience with Gary," said Chorale president Jo Ann Bardeen. "He extraordinarily is an accomplished musician and conductor, he has extensive knowledge of the choral repertoire, and he is very supportive of our everyone-is-welcome philosophy. We look forward to a long and productive relationship."



Artistic Director Gary Cannon, courtesy

"I'm absolutely thrilled to return," said Cannon. "It's an honor and a pleasure to spend time with

singers." Cannon conducts Seattle's Cascadian Chorale and the Bethel Lutheran Church Choir Shoreline. He has also served as chorusmaster of the Northwest Mahler Festival since 2001. He has conducted and founded several university choral groups at the University of Washington where he is a doctoral student. He has studied and sung with some of the world's leading choral conductors, including Paul Hillier, Abraham Kaplan, Peter Phillips, Jeffrey Thomas, and Dale Warland. An accomplished tenor, Cannon has performed with several area symphonic orchestras. He sings regularly with The Tudor Choir and is currently performing in the stage chorus for the Seattle Opera production of Aida.

Vashon pianist and composer Paul Swenson has been selected as the Chorale's new accompanist replacing Craig Hanson, who has joined the Chorale's bass section. Swenson holds a Master of Music and a Graduate Diploma from the New England Conservatory, where he studied composition with Lee Hyla. Prior to that, he studied composition with Gregory Youtz at Pacific Lutheran University, and piano with Richard Farner. His compositions have been performed throughout the world.

The Chorale's next concert, A Celebration of Carols," will include Fantasia on Christmas Carols," by Ralph Vaughan Williams, a "Consort of Christmas Carols" by

such a fun and devoted group of PDQ Bach, and several seasonal songs by British and American composers. The concert will be held on December 6 and 7. Rehearsals will begin on September 9 at 7:15 pm at the Vashon High School band room. Those who are interested in participating in the fall session are encouraged to register early to ensure a place and to pick up their music prior to the first rehearsal. Registration details can be found on chorale's web site at the www.vashonislandchorale.org or by contacting Jo Ann Bardeen at 567-5841 or jbardeen@yahoo.com.



Accompianist Paul Swenson, courtesv





Free Irish Ceili Dance at the Village Green!

The Vashon Celtic Dance Society and the Vashon Park District are hosting a FREE summer Irish Ceili Dance on the grass of the Village Green in the heart of Vashon! The dance will be held from 6 pm to dark on Saturday, August 16th and will



Vashon Ceili Band, courtesy photo.

feature live music by the Vashon Ceili Band (Martin Nyberg, Marilyn Kleyn, and Steve Austin).

Alicia Guinn, who teaches seannós, set, and céilí dancing throughout the Seattle area, will teach and call all the dances. Alicia is one of only a handful of dancers teaching sean-nós dancing in America. Alicia has danced at hundreds of céilís, festivals, and workshops in America and in Ireland as part of academic exchanges to the University of Ulster, Northern Ireland and National University of Ireland, Galway.

Ceili dancing is a "barn dance" style accessible to nearly everyone. No partner or experience is required. Photos of past dances can be found at www.hoilands.com.

The Village Green is located right in the Town of Vashon on Vashon Highway. For more information call Shannon Seath Meyer at (206) 774-4047 or Lori Lowrance at (206) 369-9234.

The Vashon Loop, p. 19 August 15, '08

by Lauri Hennessey

Vashon Teen Musical Theater Project

What do you get when you combine the long-running director of the Vashon Island Youth Chorus, a fantastic story, and one of the most popular actors on Vashon? You get Little Women, which is about to launch as the first project of the Teen Musical Theater Project. Auditions for *Little Women* will be the first week of September.

Marita Ericksen has been the director of the Vashon Island Youth Chorus for nearly ten years. For this first project, she went to popular long-time Island actor Rich Wiley, and asked him to be her "codirector." "Rich is just a treasure, and his actor's instincts are the best," Ericksen said. "The two of us have long been friends, and we just loved

Little Women has been a sensation on Broadway the last several years and girls around the nation have been hooked by the wonderful score, as well as by the beloved tale of the March sisters. Ericksen said she chose to put on the show because the teenagers she has known in the Youth Chorus were adamant in their desire to stage *Little Women* here on the island. Ericksen said that the minimum age for auditioning for the main characters in the show will be 13, with exceptions made based on an individual's acting and singing experience. However, she said, kids between the ages of 10 and 13 are encouraged to try out for chorus

> parts. Ericksen said she will create a chorus for the show and its size will depend on the number of kids showing interest.

> "The Teen Musical Theater out of the Youth the older students

Project (TMTP) is a group that grew Chorus," Ericksen said. "This is a natural step, as are maturing in their performance

abilities. We decided to put on this longer musical for teens, and are delighted that there are plenty of good parts — for boys and girls – up for grabs," she said. In addition to the TMTP, Ericksen will also continue to direct the Vashon Island Youth Chorus, now in its tenth year, at the Blue Heron Art Center. The VIYC will be open to students in Kindergarten through Sixth Grade and is a program of Vashon Allied Arts. To register for the VIYC this fall, call the Blue Heron Art Center at 463-5131.

Auditions for *Little Women* will take place at Bethel Church (567-4255) in the first week of September. Rehearsals and performances for Little Women will also be at Bethel. More specific information on audition dates and times will be coming soon. Questions about the project should go to Marita Ericksen at 715-7126



The cast of Oliver, photo by Hawk Jones.

the chance to do something like this. It's new, it's for a great group of teenagers, and Little Women is such a fantastic story and musical. All of the pieces are there for this to be a great success," she said.

Wiley has acted in Island productions for many years, and most recently played Fagin in Oliver, a Drama Dock production a year ago. During that experience, Wiley had a chance to work closely with a very active crowd of Island teens and preteens who are deeply involved with theater, and loved the experience. "These kids are so into the art of theater," he said. "It is wonderful to see. In the past, they have had the Youth Chorus, and they have had Drama Dock productions. This is a whole new opportunity for teens on the island, and I can't wait to work with them from the director's side of things,"

VAA World Music Survives Downpour!



The music moves inside, photo by Janice Randall. Many thanks to all who pitched in to make VAA's World Music Festival at Camp Burton happen in spite of the rare, torrential August rain. Musicians, volunteers, caterers...everyone stepped up to move equipment, chairs, food and all that was necessary for the event indoors.





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Closed Sunday

We do passport photos -- apply for passports at the Courthouse on Tuesdays, Noon-3:30 pm; 4-7 p.m.

Clinton Fearon Plays the Red Bicycle

by Pete Welch

For those of you that missed Clinton Fearon & The Boogie Brown Band last May, now is your chance to catch his show at the Red Bicycle Bistro & Sushi on Saturday night, August 23rd. Come see this amazing man and his full band share their beautiful roots reggae music on a nice warm August night. Will there be dancing in the street? I'd bet on it.

If you know reggae music, you know Clinton "Basie" Fearon. For over 18 years Fearon was a singer and bass player with the internationally renowned group The Gladiators. In addition to his demanding recording schedule with The Gladiators. Fearon was also a house musician for Lee "Scratch" Perry's Black Ark Studio. Fearon recorded on many of Perry's best known songs, including "Roast Fish and Cornbread," which features one of Fearon's most famous bass lines.

When Fearon relocated to Seattle in 1989 he co-founded The Defenders. In 1990 Fearon released his first compilation of original tunes "Feel The Spirit," and the first pressing sold out in less than one month. In 1993 Fearon formed his own group, the Boogie Brown Band. The debut album was a collection of 13 original songs entitled Disturb the Devil.

Clinton Fearon is counted among Jamaica's most talented musicians by peers professionals in the Reggae music industry. His infectious bass riffs have always led the way, whether he is playing bass, guitar or percussion, singing lead vocals or providing background harmonies.

This show will sell out, so it is highly recommended that you call in advance and purchase your tickets. Call 463-5959 and while you're at it, make a dinner reservation and enjoy a nice meal before the show! The Red Bicycle Bistro & Sushi offers good food (including a fantastic sushi bar!) at a great price and a large selection of micro brews on tap, bottle beers & cocktails. Join us on our new beer garden deck in back, away from all the noise of the bar. For more information on Clinton Fearon, visit website at http:// www.clintonfearon.com.



Clinton Fearon, courtesy photo.

Loose Change Band is Now Booking for Late Summer Parties Call Troy 206.794.9451

The Vashon Loop, p. 20 August 15, '08



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