

In this issue: Orca Annie says those seal pups are just fine, the Island Epicure has an answer for all of those apples, Deborah Anderson checks out greed and pride and much, much, more!



Can you believe it? MEarth has more good news!  
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Crying Wolf? Peter Ray discusses Naomi Wolf's hopes and fears for liberty.  
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Original Ballet The Black Gloves premieres on Vashon October 19.  
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# THE VASHON LOOP

Vol. 5, #21

TO INFORM AND AMUSE -- TO PROVOKE THINKING AND ACTIVISM October 10, 2008

## Vashon College Partners with Global Islands Network

by Joseph Meeker

The origin of the word "island" lies in Latin *terra insole*, meaning "land by itself." Vashon may be by itself relative to the mainland, but it is now in the company of many islands around the world.



Glenda Pearson and Joseph Meeker will lead the Island Studies seminar for Vashon College, courtesy Photo.

Vashon College has become a partner in the Global Islands Network (GIN), a consortium of several hundred small islands of the world. The purpose is to understand internationally what it means to live on an island.

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## Island Council Board Confirmed

by Hilary Emmer

It is with much sadness that I am here to inform you that we will not be having an election for the board of the Vashon Maury Island Community Council. The council did vote to cancel the election if 9 or less people are running and that is the case. With only 9 candidates, there are no contested seats. The Nomination Committee has worked hard trying to get willing people to serve our community. But the task of getting 10 people to put their name in the hat did not happen. The next board will consist of new members Ian Burke, Tom Herring and Bill Tobin and returning members Jack Barbash, Jean Bosch, Kyle Cruver, Hilary Emmer, Jolene Lamb and Melodie Woods.

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Vashon HouseHold's recently completed Eernisse affordable housing neighborhood can't be repeated without a change in the water situation in Vashon "downtown." Photo courtesy Vashon HouseHold.

## Town Challenges: Affordable Housing

by Emma Amiad

One of the major causes for the lack of affordable housing on Vashon is the restrictions imposed by Water District 19. There has been a moratorium on this water system for many years now. There continues to be a long waiting list of those who want water shares and some of those on the list want multiple shares to allow them to build multi-family units in town.

There are several reasons why the water district is a limiting force. The system is constrained by state and county requirements having to do with the quantity of water available. They have drilled several

*Continued on page 4*

## Let The Ferry System Know What You Think

by Alan Mendel

Next Monday, October 13, Washington State Ferries and the Vashon Ferry Advisory Committee will be holding a very important public meeting to which all Vashon residents are invited. The meeting will be from 6:30 to 9 PM at the McMurray Middle School multi-purpose room with an open house beginning at 6 PM. The purpose of the meeting is for WSF to solicit input in order to draft their long range plan which will govern their operations for the next 22 years in accordance with ESB 2358, passed last year by the Legislature.

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Night Crossing, Vashon-Southworth

photograph © Ray Pfortner

## McMurray Students Raise Pride and Money

Youth taking a stand for their school.

by Anne Atwell

After a summer of grim news about Island vandalism, students at McMurray Middle School are taking a stand. From the first day of school, principal Greg Allison has been encouraging students to give back to the community. His words have already led to action.



McMurray students Taylor Knowles, Cate Stackhouse, Paige Allison, and Shalise Bosworth hold a bake sale to support their school. Courtesy photo.

Last month, 8th graders — Taylor Knowles, Cate Stackhouse,

*Continued on page 18*

## Still Work to Do

by Lauri Hennessey

About 200 sturdy Democrats turned out last Friday night at Village Green to "Barack the Vote!!" That's cute-ese for what the event was really about: coming together with friends, listening to fabulous music, raising money for the Obama campaign, and, most importantly, registering people to vote.



The Lonely H plays at "Barack the Vote." Photo by Peter Welch.

It was pretty depressing when the forecast looked like our event would be rain soaked. But in the end, a lot of people still managed to join us and celebrate the Obama campaign. I like to think that dedication tells us something about how people feel about this election.

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# Get in *The Loop*

## Submissions to the Loop

Do you have an event or Public Service Announcement? Do you have something to say about a Vashon issue or topic affecting the Island? If so, please email questions or submissions to Ed Swan, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

## Vashon Youth Council to Host Movie *Uncounted*

The documentary film *Uncounted* is an explosive new documentary that shows how the election fraud that changed the outcome of the 2004 election led to even greater fraud in 2006 - and now looms as an unbridled threat to the outcome of the 2008 election. This controversial feature length film by Emmy award-winning director David Earnhardt examines in factual, logical, and yet startling terms how easy it is to change election outcomes and undermine election integrity across the U.S. Noted computer programmers, statisticians, journalists, and experienced election officials provide the irrefutable proof.

Vashon Youth Council will be hosting a viewing of this documentary at Vashon Theatre on Thursday, October 23rd at 7pm. An admission donation of \$10 will support Vashon Youth Council. For more information call 206-463-7350 or check out our website at [www.vashonyouthcouncil.org](http://www.vashonyouthcouncil.org). With the 2008 presidential election nearing, this is a screening that no one should miss!

*Loose Change Band is Now Booking for Fall Engagements*  
Call Troy 206.794.9451

## The Vashon Loop

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Published every two weeks by Paradise Valley Press

© October 10, 2008 - Vol. V, #21

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## Sell at the XMAS Bazaar

The Vashon Guild of Seattle Children's Hospital is busy finalizing plans for their 2008 Christmas Bazaar. There are still openings for tables for local artists, craftspeople and organizations. Among the many features of the day will be the raffle of a Mike Spakowsky painting and the newly released 2009 Seattle Children's Hospital mug (third in the series) with art by Ilse Reimnitz. The bazaar will take place at Vashon High School, 10 a.m. to 4 p.m. on Saturday December 6. The cost of a table is \$30 and reservations can be made by calling Betty Beymer, 463-2683.



Lillian Thorsen (left) of the Seattle Children's Hospital Vashon Guild looks over the art for the 2009 artisan mug with Ilse Reimnitz of Vashon who donated her work to be featured this year. This will be the third in the series of mugs featuring Vashon artists. The mugs will be available for purchase at the Christmas Bazaar on December 6 at Vashon High School.

Guild members will also offer a tasty lunch menu including soups, baked potato, hot dogs etc. for busy shoppers. The Guild has been active on Vashon since 1924 and raises money for uncompensated care at the hospital. They meet four times a year at Vashon Country Club for lunch and a business meeting. For information call Mary Rosenbaum, 463-9446.

## VIPP ADOPT-A-CAT DAY

Vashon Island Pet Protectors (VIPP) will host an Adopt-A-Cat Day every Saturday from 11:30-2:30p.m. at our NEW VIPP SHELTER. Please go to [vipp.org](http://vipp.org) for directions or call VIPP at 206-389-1085.

## Wolftown Youth Project

The fall youth project will be starting on the weekends at Wolftown! Work with our sled dog team, horse project and agriculture program. Cost is free! But you do need to come prepared to work! 12 years old and up. 206-463-9113.

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## Prepare Horse & Livestock Places for Winter

Got horses, cattle, alpaca or other livestock? Tired of dealing with mud and yuck all winter? Looking for a better solution to Mt. Manure behind your barn? Would you like to trade bothersome flies and weeds for a productive pasture? Then join the King Conservation District for four free workshops for horse, livestock and small farm owners. These workshops are designed to provide hands-on assistance to help property owners deal with mud and runoff problems, find useful ways to manage manure, improve pastures and enhance natural areas. Learn techniques to turn your property into a more useable place for you and your animals! Workshops will be held at the Vashon-Maury Island Land Trust on four consecutive Thursday evenings, 6:30 pm - 9:00 pm, October 23 to November 13.

Workshops are free! Attend all four workshops or only those that meet your needs. Topics and dates are: Streams and Wetlands: Living with Livestock near Water, October 23rd; Mud Management: Record Rainfall/Record Mud, October 30th; Manure Management: Got Livestock? Got Manure! November 6th, and Pasture Management: Becoming a Grass Farmer, November 13th.

These educational events are open to everyone - you don't need



to own horses, livestock or even a farm to participate. Workshops are free but class size is limited so pre-registration is required. Please call the King Conservation District at 425-277-5581 ext. 122, or [paul.borne@kingcd.org](mailto:paul.borne@kingcd.org) to register or for driving directions. The King Conservation District is a non-regulatory agency that provides free education and technical assistance to landowners on conservation issues.

With the long, dark, rainy nights just around the corner plan now to learn techniques that will put an end to muddy winters for you and your animals!

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## Town Challenges: Affordable Housing

*Continued from page 1*

additional wells over the past few years. Although each of these wells put out a great deal of water, none met the gallons per minute requirement set by the state.

It also appears that they are limited by their own rules and requirements. They don't judge water shares by usage, the amount of water used, as much as by number of dwelling units, thus limiting the development of ADU's (accessory dwelling units) or "granny flats". One way, perhaps the only way, to increase low cost rentals in the town area would be the addition of ADU's, which is a popular solution to the need for more affordable housing in many cities and counties across the country. These small cottages provide workforce housing as well as housing for retirees. Those are the primary candidates for housing that is within walking distance to services in town.

It can also be said that the district waited far too long to begin implementing conservation measures within their service area. It's good that they are beginning to make some effort toward conservation now, but much more is necessary. They could free up more water by simply instituting much more strict water conservation methods similar to

those being used in many cities and counties around the country.

The original Vashon Town Plan and subsequent up-dates adhered to the philosophy of concentrating growth in the town core and limiting growth around the rest of the Island to a low density of one house per five acres. This is a good way to preserve a rural lifestyle while providing for needed services.

Unfortunately that means the only land zoned for higher density is in the very area most affected by the water district's moratorium. So that with rare exception, no multi-family homes or apartments have been built or will be built on Vashon. The exceptions have been built by Vashon HouseHold, the local housing trust, who qualify for grants that can help offset the high cost of construction. They have been able to purchase a few parcels in town that already had paid water shares.

There are no remaining large parcels in town that already have water shares and those few smaller parcels still not developed don't have enough shares to make a low income project "pencil out". That is primarily due to the cost of construction and the high cost of infrastructure development.

One of the frustrations in dealing with the lack of low income and affordable housing is that the water

district has allowed multiple dwellings on a single water share if they are a B & B. These inns and guest accommodations are good for the Island, bringing in tourist dollars and providing income to local workers and business owners.

No comments here are intended to discourage B & B's or to be critical of them. However, it does seem to be a conflict in water district policy. Some of the more successful B & B establishments can easily have anywhere from two to six families using the same water share, and, by implication, the same septic system regularly. How is that different from a couple in a house renting out a small "granny flat" to a single person?



Loopy sez: Deadline for the next edition of *The Loop* is **Friday, Oct. 17**



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## Wood Stove Safety

Fireside Hearth Shoppe will host a wood stove safety seminar on Saturday, October 18 at 2pm. We will cover many things pertinent to the safe running of wood heat systems. Everything from selecting wood, storage, curing time, burning techniques, safe installation, and what to do if the worst happens. We are finding that a lot of folks are trying to escape the high price of heating by going to wood without the proper knowledge so the annual chimney fire and related death toll is rising fast. People MUST rsvp as we will fill up fast and can if need be schedule another event to accommodate more people if need be. Once again there is nothing to buy and people are encouraged to leave their checkbooks behind.

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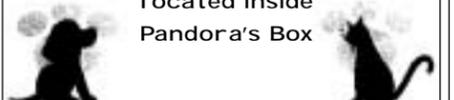
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## The Dorsal Spin

### October Surprise and Seal Pup 101

by Orca Annie Stater, VHP Coordinator

Did we get an early October surprise, in the form of a killer whale? I am deeply grateful to Harold and his dog for an October 3 report of an orca in Tramp Harbor, apparently traveling solo and fairly close to shore. A loud blow caught the dog's attention.

We ruled out Dall's Porpoise from Harold's description of the whale's size, markings, and large dorsal fin. Perhaps the killer whale in Tramp Harbor was a Transient; we received no other reports and heard nothing on the hydrophone.

October 3 is early for Southern Residents to be in Vashon-Maury

structures and even large debris in the water because shorelines are often unnatural and highly developed. Odin and I have seen tiny seal pups pitifully clinging to floating driftwood and styrofoam chunks.

Mother seals leave their pups on land when they go hunting for food, sometimes for many hours. If humans and dogs hover nearby, the mother will not return for her baby. Disrupting feeding and maternal bonding jeopardizes the seal pup's survival.

Many seal pups enter wildlife rehab centers and face an uncertain future because well-meaning but ill-informed humans interfere with natural seal behavior. Humans are poor substitutes for seal moms.

Disturbing marine mammals violates the Marine Mammal Protection Act (MMPA). Disturbance occurs when people impede a marine mammal's ability to hunt, feed, rest, breed, communicate, socialize, or care for young.

We know how adorable and helpless baby seals look on land, but DO NOT TOUCH OR FEED SEAL PUPS! Do not try to move them, put blankets on them, or pour water on them! Respect their space - stay back 100 yards or more.

Call the VHP at 463-9041 or Wolftown at 463-9113 if you are worried about a seal or sea lion on an Island beach or boat ramp. Report harassment to NOAA at 1-800-853-1964 and learn more about NOAA's new Share the Shore educational campaign at [www.nwr.noaa.gov/Marine-Mammals/Stranding-Information.cfm](http://www.nwr.noaa.gov/Marine-Mammals/Stranding-Information.cfm).

The ACS/PS Speaker Series lecturer on October 15 at 7:30 PM is Thomas White, author of "In Defense of Dolphins: The New Moral Frontier." This talk promises to be thought provoking, and we are looking forward to it. Go to <http://www.acspugetsound.org/speakers/index.html> for more details, or contact Orca Annie at [Vashonorcas@aol.com](mailto:Vashonorcas@aol.com). ☐☐☐☐



Little BooBoo on the boat ramp -- do not disturb!  
Photo by Odin Lonning.

waters, though all three pods were near Kingston on September 30. Mark Sears notes that the Southern Residents usually explore foraging opportunities around the entrance to Puget Sound for several weeks before gracing us with a visit. In recent years, J, K, and L Pods have not ventured into our area until late October or early November.

**Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041.** We extend sincere thanks to Christopher and John for buying Odin's artwork at the Vashon Island Coffee Roasterie. Art sales benefit Wolftown for the Barn Owlets' brooder/hatcher and the VHP for much needed Fall maintenance.

Now, a few words about seal pup etiquette. Harbor seal pupping season is July through September in central and southern Puget Sound. Concerned Islanders are calling us about baby seals hauled out on local beaches and odd places such as ramps, stairs, and decks.

Hauling out is normal pinniped behavior. Seals and sea lions do it everyday. In urban Puget Sound, pinnipeds resort to using manmade

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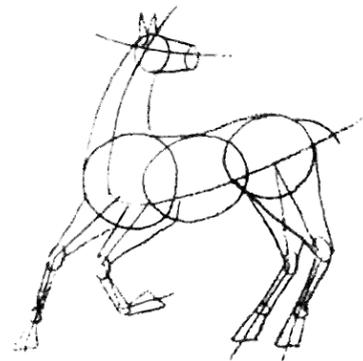
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## First Steps to Begin Clean Up of Puget Sound

**Around Vashon/Maury Island (For Existing Homes with non-conforming Septic Systems)**

by Susan Tobin

Many of the existing waterfront homes around Vashon Island are older buildings on conforming lots with non-conforming septic systems. Most of these lots are small; installing a conforming system would be difficult or impossible today because of regulations that have been passed since construction of these homes.

Until recently, DDES had an internal policy that any building over 15 years old was grandfathered in. Within the past few years, they have changed this internal policy and begun aggressively attempting to force owners of existing non-conforming development to bring their properties up to current codes. Homeowners with non-conforming buildings and septic systems, if their come to their attention, are forced to enter what DDES calls their "As-Built Program", which is really a permitting process that proceeds as if there were no development on these often long-developed lots. Homeowners are informed by DDES that if they cannot bring their septic systems up to current codes, they will be denied a permit and forced to demolish their houses. DDES ignores the fact that the County Health Department is responsible for these systems. DDES code enforcement officers take complete control of the process,

forcing homeowners to pay for expensive and unnecessary studies before they are even allowed to approach the health department to apply for a permit to repair or replace their septic system.

One of the requirements for approval of a new septic system or repair an existing one is that the accompanying water system must also be up to current standards. Many Vashon waterfront homes are on small public or private water systems that were developed in a much less restrictive era. Establishing protective covenants around these systems is often impossible because of the small lot size and the proximity of roads and neighboring buildings. However, these systems are mostly free of pollutants because they are in pristine out-of-the way locations where no activity of any sort has taken place for many years. Requiring individual homeowners on private systems to come up to today's code is highly unfair because, according to a recent article in the Beachcomber, even some of the larger public systems on the Island cannot meet these requirements. Also, because of the small lot size, drilling a well is not allowed today.

*Continued on page 9*

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# Don't Forget the Birds



## Hidden Fall Treasure

by Ed Swan

The big, obvious changes in fall bird life stand out all along our shores right now: the big wigeon flock growing at Ellisport, the black scoters bobbing and diving by the ferry docks and the ubiquitous little grey and white Horned Grebes popping up and down wherever you look. On the land however, it takes a second or third look to see the same seasonal change of the guard. Along the hedgerows of

the harsher cluck of a Fox Sparrow or junco. The utterance comes usually as part of a series that if listened to, provides a chance to find them. Shy as they seem, mimicking the sound back to them often encourages the thrush to become visible while checking the source of the strange notes.

As with sound, so with sight. Hermit Thrush plumage imitates the colors of the browning fallen leaves

along side the trail or road by which they appear. In September and April, when the much more common look alike Swainson's Thrush might be present, the dull brown back of both thrushes is offset by the orange-brown of the Hermit Thrush's tail.

Hermit Thrush searches for insects and

invertebrates usually within internal edges of woods, such as along a roadway or path, small meadow openings and near small ponds. Mukai Pond in the Island Center Forest in mid to late September provides the best opportunity to find them; they love to eat the berries of dogwood and other plants along the trail circling the pond. Many Islanders notice them briefly during the big migration push in April when they appear more frequently in gardens and orchards.

If you have a sighting to share or question about Island birds, call me at 463-7976 or email at edswan@centurytel.net. I am also available as a birding guide for trips around the Island.

□□□□



Hermit Thrush, photo by Don Johnson.

blackberries, in the dark woods and along brushy lanes the winter sparrows shift and scratch, the Varied Thrush whines and the Hermit Thrush skulks and then peers out curiously.

The Hermit Thrush, the champion at being over-looked, probably lives here in greater numbers than we'll ever be able to quantify. They often don't make a sound to help one find them. They save their ethereal, angelic reed fluting song for the mountain breeding grounds. I've only heard one sing once on the Island, triggered into melody by the sudden onset of a warm April shower. Hermit Thrushes make a sort of tongue clicking cluck sound, softer in volume and less hard in texture than

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- 1 Money
- 7 Prego's competition
- 11 Time zone
- 14 Lark
- 15 Freudian selves
- 16 Whiz
- 17 Jai alai
- 18 Budge
- 19 Auto
- 20 Trunk
- 22 Legal proceedings
- 24 Rested
- 27 Anger
- 29 Run easily

- 30 Loop
- 32 Draw into a tangle
- 35 Ice houses
- 37 Snaky fish
- 38 Discs
- 41 Oldest
- 42 Martin (2 wds.)
- 44 Seafood
- 45 Opp. of right
- 48 Rebuff
- 49 Fire holders
- 51 Copied
- 52 Ardor
- 55 Is
- 56 Compass point

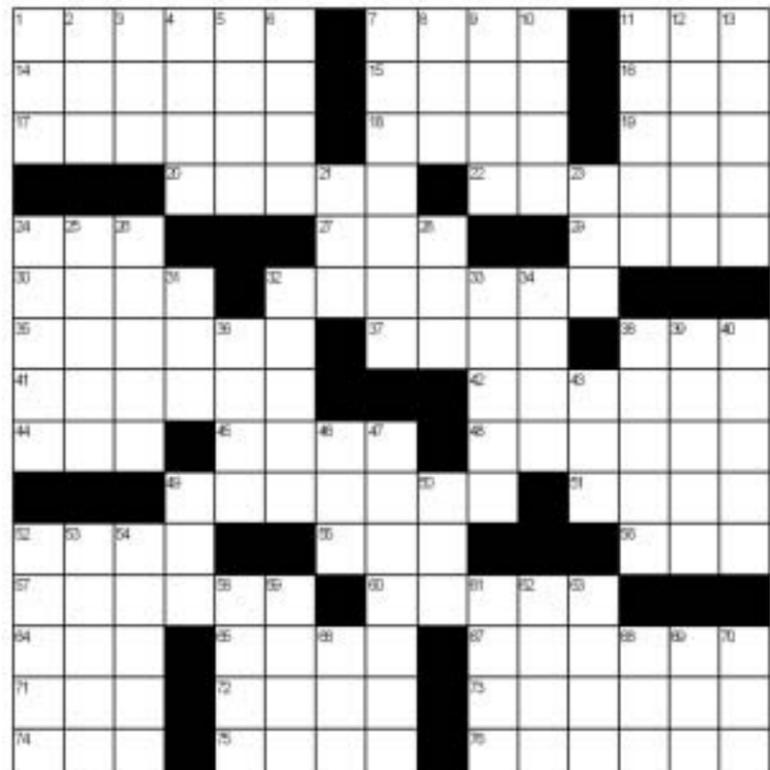
- 57 Scenes
- 60 Eyed
- 64 Pen stuff
- 65 Overspend
- 67 Rare
- 71 Downwind
- 72 Gasbag
- 73 Herbal drink
- 74 Compass point
- 75 Abbreviate (abbr.)
- 76 Fire starter

**DOWN**

- 1 Swab
- 2 Miner's goal
- 3 Cooking fat
- 4 Money
- 5 Singing voice
- 6 Judge
- 7 Sorry
- 8 Gone by
- 9 Government (abbr.)
- 10 Exploiter
- 11 Chocolate tree
- 12 Sell illegally
- 13 Concise
- 21 Offence
- 23 Queasy

- 24 Snow slider
- 25 \_\_\_ Saxon
- 26 Keyboard key next to "!"
- 28 Compass point
- 31 Digit
- 32 Organic compound
- 33 Singing parts
- 34 Invitation abbreviaton
- 36 National capital
- 38 Slices
- 39 Medication amounts
- 40 Swedish citizen
- 43 Resort hotel
- 46 Farm credit administration (abbr.)
- 47 Hurler

- 49 Dynamite
- 50 Electroencephalograph (abbr.)
- 52 Ills
- 53 Fishing strings
- 54 Askant
- 58 Syrian bishop
- 59 Pig
- 61 Allows
- 62 Doorway sign
- 63 Medicine amount
- 66 Ball
- 68 Sticky black substance
- 69 Lodge
- 70 Corporate top dog



Solution on page 17

# Spiritual Smart Aleck

Money, Morals, Religion, Racism: Summing Up

By Mary Litchfield Tuel



In 2000 and again in 2004, the election process was dubious, to say the least. That is saying it kindly. Here is what I think: two presidential elections were stolen in broad daylight, and nobody had the will or the power to do anything about it. I have heard people from third world countries calling what happened here a *coup d'état*. I'll let Webster's Dictionary explain what a *coup d'état* is: "a sudden and decisive action in politics, esp. one resulting in a change of government illegally or by force."

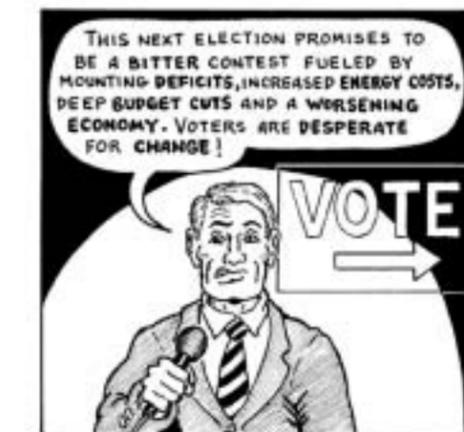
As we have tried to go about our daily lives, we have experienced terrorist acts and we have been lied into a war we did not want.

We have watched the rich grow richer and the middle class grow poorer. We have watched our country go deep into debt, and we, the people, have gone deep into debt, some of us because of unwarranted optimism, some because of the lack of sense or the lack of the will to put off getting what we want; some because there

and forgiven. People who decry situational ethics practice situational morality, and it's a safe bet that the people who howl the loudest about morality and sin are the ones most likely to be caught with their pants down, literally. Crazy-making.

Both the right and the left ends of the spectrum tend to believe they are morally superior. So I will now say a few words about moral superiority: like the military-industrial complex, it is to be avoided. If you think you're right about everything, you have missed the mark. No one listened to Eisenhower, either, but he spoke up and I am speaking up. Knock that crap off. It does not help.

Then there's religion. Many people adore Bush Jr. "because he's a Christian." I have no idea of the real relationship between George and his God. All I see is his public behavior, and from that perspective he acts, talks, walks, and quacks like a charismatic character who has been a perfect figurehead for the



was no other way to get by. Now we all seem to be having problems with credit, and money. The roots of these problems go a lot deeper than the last eight years, but the borrow-and-spend ways of the last eight years have precipitated the current hysteria.

Then there is morality. A little reality check here: does anyone not know that the alpha male has always assumed he's entitled to sow his superior seed? That this is one of the reasons guys become politicians, and rock stars, and athletes? Scandal is always to be avoided, but that was easier back when the press was polite about these things. "Boys will be boys and what the people don't know won't hurt the boys." The rules have changed, but the behavior hasn't. For the first time sexual behavior that falls outside the strictures of Protestant morality is being reported and condemned.

The crazy-making part of this is how the morally righteous treat transgressors: Democrats who stray are slime who are given hell here and will later burn in hell; Republican transgressors are to be prayed for

Bush, Sr., wasn't quite, though he was a faithful party steward. As Sarah Palin is shaping up to be, in this era of politics as show business.

The biggest factor in the 2008 election is racism. All the campaigning, all the debate, all the issues, all the qualifications or lack of them, all these things are nothing in the face of prejudice. This election will be a referendum on racism in this country.

We'll get up the day after the election and try, as always, to live our daily lives as well as we can. If your guy loses, and you think it's the end of the world and you don't know what to do, I point you toward this verse from the Hebrew Scriptures:

"He has told you, O mortal, what is good; and what does the Lord require of you, but to do justice, and to love kindness, and to walk humbly with your God?" - Micah 6:8, NRSV

Not a bad plan for the day after an election. Or *coup d'état*, as the case may be. ☐☐☐☐

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### Still Work to Do

*Continued from page 1*

The Lonely H played in a great line-up at Barack the Vote! Friday night. The event had been scheduled for Ober Park and was relocated due to the driving rain. Folks took advantage of food, provided by new Island caterer ABU Hospitality, bought Obama bumper stickers and yard signs, and listened to the great music. Speakers included Laura Hicks, an 18-year old who went to the Democratic convention, and state Rep. Sharon Nelson. More than 25 people were registered to vote at the event, and donations were collected for the Obama campaign. The Lonely H, a band out of Port Angeles, played a show Saturday night at the Red Bicycle, too.

Among the groups that performed in addition to The Lonely H were the wonderful "Women, Women, and Song", a long-time Island favorite, local girl-made-good Kat Eggleston, and the wonderful rhythm and blues band (and great guys!), House Engine. After the event, we showed "Slacker Uprising", the brand new Michael Moore movie, at Ober Park.

We still haven't covered all the event costs, and are selling great t-shirts to do that. If you haven't snagged the fantastic "Vashon Hearts Obama" t-shirts yet, now is your chance (see photo). The shirts were designed by the magnificent Sy Novak of Novak Creative for free (and for the curse of being my friend). They are \$15 and we have just 50 left. \$10 from every shirt will help cover the event costs. If we cover our costs, the remaining money raised goes to the Obama campaign. If you want a shirt, email me at lauri@hennesseypr.com, or call 463-1931 and I will get you one!



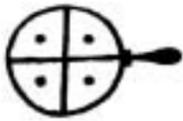
There are still other ways to get involved in this campaign. You can go online to [www.barackobama.com](http://www.barackobama.com) and donate online, buy yard signs or pins, and more. Also, the campaign has come up with some wonderful high-tech ways to get involved. You can have your own blog, manage and promote events, start email chains, and get the latest news, all just by registering.

A lot of folks have been talking lately about how helpless they feel. These two candidates offer us HUGE differences. I can't remember the last time we had such a clear choice for president. I also remember way too many campaigns when my friends have stayed home or not got involved, and then later, they say, "Why didn't I do more?" Haven't we all heard that a lot in the last eight years?

There are no excuses for not doing more. It is easy to log on, start an email chain, host an event, donate money, or get a yard sign. Imagine all of the wonderful positive energy we can pull together and put in that direction, rather than the negative energy of complaining the day after the election.

Really, last Friday night's highlight to me was my daughter and her friends holding signs at the main intersection in town. These 8th graders were in the rain, soaked to the skin, holding signs for Obama and waving at cars. People coming home from work on a rainy Friday night saw these kids, so energized and willing to brave the cold, and heard music playing in the background, and saw people soaked and having a great time at Village Green. What a sight. I told my daughter on the way home later that night that she will never, ever forget what she was willing to do in the rain for her candidate.

# Garden The World



By MEarth

## More Good News

### French Bees thrive in Paris.

There are hundreds of beehives in the French capital while, in the countryside, hundreds of thousands of hives have perished. Could it be because pesticides are banned in the capital city? In the largest project in the world to encourage beekeeping in cities, a record of success has been achieved in one of the most carefully watched and regulated environments anywhere.

The United States is using cities as breeding grounds for bees but has nothing on the scale and scope of the French program. Breeding in areas where bee keepers experienced 90% losses just two years ago has not proved a viable alternative. While the success of the French program has led the apiculture association there to call on the government to block the use of some pesticides in

animals have already learned their lesson and refuse to eat the GE food.

### Urban Farm as Art

(from the Slow Food Website)

—from Paula Crossfield:

Amale Andraos and Dan Wood are the architects behind New York's innovative urban farm for the Young Architects Program at MoMA. They called their project Public Farm 1.

They used mostly cardboard barrels filled with organic soil to build the checkmark-shaped structure. In previous years, beach themed projects were featured at PS1. But this year, Wood and Andraos petitioned to push the concept.

Barrels of growing produce seemed to float up into the air, cascading downward into a cyan-colored wading pool. The effect was to invite you to take a closer look, or just to sit on one of the seats among the vegetables with your feet in the water. Getting people intrigued and thinking of ways to feed urbanites locally was all a part of their plan.

"The urban farm is kind of the holy grail of sustainable cities, and something that we are really interested in," said Wood. "But

there have not been many successful urban farms in history. So we really wanted to make a statement, and something that would really open people's eyes."

No farm would be complete without animals, so Wood and Andraos brought in five laying hens and

twenty chicks. The chicken coup has a solar paneled roof, providing the power for the activities like the juice bar, the sound and video installations and the irrigation pump. And they created a pool, which was a requirement of the project.

"The pool is kind of the Central Park within the plane of the farm in a way," said Wood. "So you can sit on these round blue tubes with your feet in the water and be surrounded with vegetables and the smells of the farm."

Visitors were free to pick the reddening tomatoes, tiny peppers and ripening squash. It was important for the project to re-engage people about what they eat and where it comes from.

"It's a project to buy local," said Dan. "You know, the average American meal travels 3000 miles from farm to plate, so we wanted to cut that down to 300 feet." 



Public Farm 1. Photo courtesy SlowFood.

the country, such requests fall on deaf ears here.

I am certain it is only a matter of time before people in this country realize that the potential profit loss from the eradication of the bee population so exceeds the profits of the pesticide companies that our government seeks to protect, that logical choices will be made once the option to chose is available again.

### School Lab Rats Freak

#### Out on GE Food

Schools in Wisconsin are showing kids the dangers of genetically engineered (GE) junk food with some unique science class experiments. Sister Luigi Frigo repeats the experiment every year in her second grade class in Cudahy. Students feed one group of mice unprocessed whole foods. A second group of mice are given the same junk foods served at most schools. Within a couple of days, the behavior of the second group of mice develops erratic sleeping schedules and become lazy, nervous and even violent. It takes the mice about three weeks on unprocessed foods to return to normal. According to Frigo, the second graders tried to do the experiment again a few months later with the same mice, but the

### Island Birding Guide Species Identification How to Attract Birds

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## Septic System Cleanup

*Continued from page 6*

As it stands, most waterfront homeowners are afraid to try to upgrade their systems because of aggressive DDES code enforcement and also because they are told that there is no hope of improving their systems without expending vast amounts of money. Contrary to popular belief, most Vashon waterfront homeowners bought their property in an era where it was affordable to middle-class working people, and are not wealthy like waterfront dwellers in, say, Mercer Island. Many of these houses are family cabins belonging to people without the funds to do significant upgrades. It was recently reported in the Vashon-Maury Island Beachcomber that at a public meeting regarding Quartermaster cleanup, only a few homeowners appeared out of more than 200 involved. Those who came to the meeting stated that the people who stayed away did so out of fear of losing their homes.

Clearly, we need a different approach on Vashon from the one used on the mainland.

In order to protect our historic waterfront communities, I believe we need to do the following:

Declare a moratorium for existing buildings to protect them from DDES code enforcement.

Temporarily relax the rules so existing waterfront water and septic

systems will be judged by a performance standard.

Water can be tested and, if not up to Health Department standards, a simple fix such as an ultraviolet filtering system can be installed without designs or fees.

If a water system does not meet quantity requirements (which is the case for many small spring systems), the homeowner should be allowed to compensate with water storage.

Homeowners should be able to install an incinerating toilet (as allowed under state and county code) without a new design or fee. (Incinerating toilets cost between \$1,500 and \$1,700.) The existing septic system could continue to treat graywater. Incinerating toilets are commonly used successfully in many communities on the East Coast. They are sure to keep affluent out of the Sound, and they save water.

Homeowners should receive financial assistance to accomplish the above.

These steps may not achieve perfection for each property involved. However, they would go a long way toward improving water quality around the Island. Most Vashon Islanders want to do the right thing. Let's get the county to help rather than hinder our efforts.



Loopy sez: Deadline for the next edition of *The Loop* is **Friday, Oct. 17**

 **LoOp Ed**

**The Vashon Library: What's Happening?**

by Tom Bangasser

Vashon Island loves its library! In 2006, 200,000 people visited – that's an average of 18.7 visits per man, woman and child. We checked-out more than 270,000 books, periodicals, newspapers, audio and videotapes, films, CDs, DVDs and extensive online resources – circulating an average of 25.3 items per person. We represent about 2% of KCLS circulation – 1.4 times Mercer Island and almost 2.5 times Bellevue. We read and have some of the best, most dedicated and friendly librarians in the world.

In 1942, voters established the King County Rural Library District (now KCLS) to serve people in “rural” areas with no easy access to city libraries. Today KCLS is the second largest community library system in America with circulation over 19.1 million; includes 43 community libraries; and has been community funded and supported for more than 65 years. KCLS provides free, open and equal access to ideas and information (including free Wi-fi connections) for children, youth, adults and seniors throughout all of King County (except Seattle, Renton, Enumclaw, Hunts Point and Yarrow Point). RCW 27.12 is the enabling legislation providing for appointment, powers and duties of the five-member Board of Trustees (nominated by the King County Executive and confirmed by the County Council), levying of taxes, reporting revenues/disbursements, issuing of general obligation bonds, annexing of city /towns, and other matters. The Open Public Meetings Act, Public Disclosure Commission and Washington State financial guidelines (including annual audits) apply to KCLS.

In 2005, Libraries for the Future, supported by the Americans for Libraries Council and funded by the Bill and Melinda Gates Foundation, published “Long Overdue: A Fresh Look at Public Attitudes About Libraries in the 21st Century”. The study documented that Americans prize public library service and see libraries as potential solutions to many of the most pressing problems facing our communities, from universal computer access to the need for better options for teens. Of those surveyed, 45% gave an “A” to their local community for maintaining well-run libraries - far ahead of any other community institutions, including schools, parks and police. Few were aware of their tenuous financial future. Those who thought public libraries were

primarily used by folks who can't afford bookstores were clearly mistaken — higher-income families were even more likely to use public libraries than low-income families. In 2007 they also published “Worth Their Weight: An Assessment of the Evolving Field of Library Valuation” advocating the use of business analytical tools, such as “triple-bottom-line” analysis, for expressing a library's multiple community contributions.

Vashon confirms many of these findings, however the recent decision to move our library raises serious questions as to governance, transparency and accountability. On September 14, 2004, 63.6% of King County voters approved a \$172 million library replacement bond measure to replace the expiring 1988 bond revenue. Vashon was to receive \$4.1 million (2.4%) to expand into a new, highly visible and accessible 10,000 sq.ft. library site with more books and materials, additional computers and wireless access, ten-years of essential upkeep and maintenance and an automated materials-handling system to speed delivery and reduce theft. According to KCLS in its February 2007 “Bond Project Update” negotiations evolved as follows: “The initial idea was that the Parks District would move into the current library and the library would demolish the current parks building and construct a new library at that location”. ... “Since the passing of the 172 million dollar bond in 2004, construction costs have escalated at an unprecedented rate (approximately 20% per year). These dramatic cost escalations were reflected in the preliminary cost estimate. The estimate that we got back in October 2006 showed that the approved budget of 4 million dollars for the Vashon Library would not be adequate to build a new 10,000 square foot building.” ... “This is a difficult situation.” ... “Unfortunately, this is not a unique situation. We have had to reduce the scope of almost all the bond projects due to the construction escalation mentioned above.”

To many, KCLS appears “untouchable” - lacking transparency and accountability. The library site relocation is such an example. The opinions of the Vashon Library users, voters & taxpayers and library staff must be heard and considered prior to any final decision!



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**Fall Fashion**

The Heron's Nest, in coordination with Dova Silks, Wild Life Clothing, Regenr 8 and Cicada Bridal Designs is having a Fashion/Couture and Runway Show on Sunday October 19th 1-3 P.M. at the Heron's Nest. Dova Silks is known for its beautifully hand dyed silks in a variety of elegant textures and its very feminine clothing designs. Wild Life Clothing Co. makes classic, crisp tailored looks from hand dyed silks, tencel and sueded rayons. Artist is Sally Shivers. Regenr 8 makes one of a kind hand bags from hand dyed silk remnants, horse tack, upholstery samples and commercial construction materials and more. Artists are Roxy Hathaway and Nancy Scott-Wienker. Cicada Bridal Design is Elizabeth Klob who features clean lines, gorgeous silk fabrics for every special event. The Heron's Nest features a host of artists. Jewelry fabricators include Pat Kane, Diane Fox, Barbara Jennings, Betty Gardner, Joan Tegen and Penny Grist. Fabric artists include Carolyn Price Dyer weaving, Laurie Dokken jackets and purses, Sue Willingham scarves and shawls, Terri Fletcher and Tamma Farra silk scarves, Della Goheen hats, Molly Green felted hand bags and introducing Karen Gelbard from Oregon a weaver. Please join us for an afternoon of good cheer and luscious treats along with Vashon's best and brightest.

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 **LoOp Letters**

**Preserve Pt. Robinson**

I am writing this as both a private citizen and as the current caretaker at Point Robinson Park.

On September 9th I attended one of the bi-monthly meetings of the Vashon Park Board, as a discussion on the new residence for the caretaker was on the agenda. There was concern raised by the commissioners in regards to the Park District's plan to start renovations on Quarters B January 1st 2009, and the time required for permits and construction of a new caretaker residence.

Quarters B is a split house with a small apartment on one half of the first floor designated for the caretaker. The other side of the house has been open as a vacation rental since June 2007. Since I took the job as caretaker in July 2006, it has been the intention of the Park District to relocate the caretaker within the park so that the entire house could be open as a vacation rental.

I do not receive any pay from the Park District for my duties as caretaker. My compensation is the use of the small apartment in Quarters B. The Park District has assured me in the past that a caretaker is essential at Point Robinson for many reasons, especially as an on site contact for the folks in the vacation rentals in Quarters A and B.

On 9/23 there was another Park Board meeting. I did NOT attend this meeting as Point Robinson was NOT on the agenda. The next day, Wendy Braicks, the director of the Park District, called me into her office. She informed me that a decision was made at the meeting to eliminate the caretaker as of 1/1/09 and I was given my notice. It is unclear at this time whether or not a caretaker residence will ever be built at Point Robinson.

I feel that this decision in NO way considers the security risk of NOT having the on site presence of a caretaker in the park. Twice this past week, I confronted after dark trespassers in the park. One group had come in by boat. On several occasions I have turned around large groups of "partiers" headed for our precious lighthouse. I have also caught people climbing the fence around the navigation tower.

The Keepers of Point Robinson have volunteered countless hours of their time to lovingly restore the houses, barn, and other parts of the park. It would be a great shame to put all that hard work at risk, considering the significant rise in vandalism over the past year.

PLEASE attend the next Park Board meeting on 10/14 at 7pm at the Ober Park building to voice support for the continued presence of a caretaker at Point Robinson or send a letter to our Vashon Park Board.

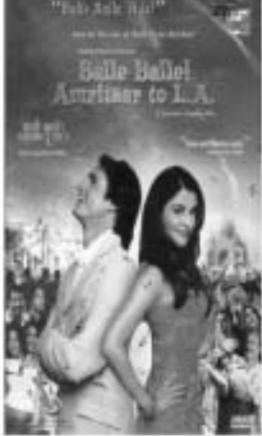
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**Help for Middle Schoolers and Parents!**

The Strategies for Success in Middle School Workshops, created by Devon Atkins with the help of McMurray administrators and educators, will be offered this month at the McMurray School. This three-day workshop teaches easy-to-learn and remember strategies that improve organization, attention skills, and work ethic. Classes are limited to just 12 students, tuition is \$90 and scholarships are available. A snack and materials will be provided. The workshop's schedule is as follows:

Sixth Graders: October 16 & 17 (2:30 - 4) and October 18 (3 - 6 PM)

Seventh & Eighth Graders: October 23 & 24 (2:30 - 4) and October 25 (3 - 6 PM)

Success Strategies for Parents was designed for parents of middle schoolers, but has been praised as a workshop for parents of a much wider range of grades and children. It's about teaching parents the areas in which they can influence their child's school experience with simple, easy to learn strategies that make parents' efforts go further. (Suggested range of grade level is grades 5 through high school.) This class is offered at McMurray, October 14th, 6:30 - 8:30 PM. The tuition is \$20 for one parent or a parent-couple.

Call Devon Atkins (353-9227) for information and registration.



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 **LoOp Ed**

**Crying Wolf?**

by Peter Ray

A year ago I heard Naomi Wolf on the radio promoting her then latest book, the *End of America- Letter of Warning to a Young Patriot*. Her hour long rant against the current administration was rapid-fire and relentless and was driven by the premise of the book which made the case that the loss of freedoms and rights that we have taken for granted as citizens of this beacon of constitutional democracy has come about by the ten step plan for fascism that has been used and copied by the myriad leaders in the who's who of world totalitarian states throughout history. Running the gamut of titles from "Invoke an External and Internal Threat" to "Subvert the Rule of Law," the method in the madness becomes frighteningly real as the parallels in actions are drawn across the pages.



*A Memory of Liberty 1961, photo by Peter Ray.*

In her introduction to the talk she gave at Town Hall in Seattle last Friday, she stated up front that what she was about to say would have two parts, one depressing and one hopeful. The difficult listening would result from a revisiting of the *End of America*, and the positive side would come from her new book, *Give Me Liberty*, which was written over the past year and was intended as a tonic and a roadmap out of the mess we find ourselves in right now. She basically jolted the evening off by stating that there was every possibility that there might not be an election next month. Again, to some of us, that wasn't news- to others (not in attendance there) that

probably sounds like blatant, alarmist B.S.

If you are still reading this, you probably already know that last week while our "representatives" were "debating" the latest reverse Robin Hood move in the halls of Congress, the first military unit since the Civil War was being deployed to the Northern Command in these United States to be trained in domestic crowd control. In an article from *CNN*, Col. Barry Johnson of U.S. Army North is quoted as saying "We need a lot more in our toolbox in order to deal with angry people on the street." According to an article in *Army Times*, this toolbox will offer up soldiers trained in the use of "the first ever nonlethal package that the Army has fielded... designed

to subdue unruly or dangerous individuals without killing them. The package includes equipment to stand up a hasty road block; spike strips for slowing, stopping or controlling traffic; shields and batons; and, beanbag bullets." This would have been a subversion of long standing rules and regulations if the current occupant of the White House hadn't signed into law the John W. Warner Defense Authorization Act in October of 2006, which effectively nullified the force of both the Insurrection Act of 1807 and the Posse Comitatus Act of 1878, both of which were in place to guard against the possibility of the

*Continued on page 16*

## Taking Responsibility

by Mark A. Goldman, www.gpln.com

What many people do not understand is that every time we buy an asset, whether it be a hot dog, a stock, a bond, a car, a home, or a bank CD, we are taking a risk. Among the risks we take is that we might be buying an inferior product or entering into a deceptive transaction. Someone might be trying to deceive or cheat us. Or we might just misunderstand or be ignorant about the implications. When any one person is cheated or deceived, everyone in society is harmed. Every lie, every dishonesty impacts the consciousness in which we live... and so does every act of courage in pursuit of truth and intellectual integrity. We need to relearn the lessons of history and teach them to our children.

We are facing a great economic crisis and we are all responsible. We choose our leaders. We decide how to spend our time. We choose the order of our preferences and our goals. We decide what's important and how much attention to devote to what's important. We choose what to study and how much time to spend trying to understand what we think is important. We decide who we will trust and whether or not we should trust ourselves. In ignorance or arrogance we sometimes make choices we regret. Sometimes we blame others for our own failings or negligence. This is how it is.

Anger clouds our judgment; arrogance does too. Life is complicated. Greed is an empty promise. Taking advantage of others is cowardice. We can't hope to understand everything or become an expert in very many things. Many of us suffer circumstances we cannot control. We are all learning; so it is foolish to lament or beat ourselves up about loss due to inexperience or misunderstanding. The best we can do is take responsibility for our decisions and circumstances and strive to do better ... to seek perfection in our attitude

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even though we know we will never be perfect... to seek understanding and justice... to do our part... hold up our end of the bargain... tell the truth... face and take responsibility for our errors... and keep going... to forgive ourselves and others. and yet not cave in or sell out. Love and compassion make life tolerable and worth all the ups and downs.

Nature is beautiful; children are wonderful; love is magical. Art inspires and teaches us. Kindness is ennobling... it dignifies, humbles, and makes us grateful to be alive. Poetry and music join us together as family... and offers us understanding beyond limitations of language.

Every end is a new beginning, an opportunity. We shall rejoice in the future, and honor the lessons we learn from the past. We will become wise, courageous, and decent. And being decent will bring us together and we will find happiness in the wonderment of ourselves, of one another, and of life itself. Poverty is not the absence of things, but rather it is the absence of courage and the unwillingness to take responsibility for what's so. So we are not destined to be poor for we are brave and resourceful. We have everything we need. And the thing we need most is one another.

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Kathy Abascal will return in the next Loop. Meanwhile the drawing below was incorrectly attributed in the last issue. It was drawn by Annie Brule.



GALEGA OFFICINALIS  
Drawing by Annie Brule

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## New Classes, New Times: Eating for health & weight loss.

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Find the Loop and its archives on-line at [www.vashonloop.com](http://www.vashonloop.com).

Loopy sez: Deadline for the next edition of *The Loop* is **Friday, Oct. 17**

## Camp Fire USA Information Night

Come learn more about Camp Fire USA programs for your child! Families with children three years of age and older are invited to join us on Wednesday, October 22nd, from 6 p.m. to 7:45 p.m., at the Vashon Branch Library, located at 17210 Vashon Highway SW, Vashon. Camp Fire USA club-meetings include playing games,



cooking, building things, singing, drawing, camping out, going on field trips, helping others, and making craft projects. These, and other, activities allow young people to be good citizens through community service, while building self-confidence, leadership skills, and friendships. Contact: Lauri Hennessey at 463-1388 or Janelle Kitson, 206 461 8550, ext. 8910 or [janellek@campfire-usa.org](mailto:janellek@campfire-usa.org).

## Island Council Board Confirmed

*Continued from page 1*

As a consequence of not having an election for the Board we are also no longer having the questions about who is watching the VMICC meetings on Comcast or where should the library be located. While we did vote to have the library question, our by-laws state that "Ballots may also contain advisory issues". So no ballots hence no advisory issues.

I want to thank everyone on the Nominating Committee, Lee Ockinga, Kari Ulatoski and Yvonne Kuperberg, for all their hard work of beating down the pavement. I know you put in your all and that effort does give us a new board to work with. I especially want to

thank all the people who have worked tirelessly on the Election Committee. Shirley Bushnell, Roger Fulton, Melvin Mackey and myself made up the committee. We were a group of different thinking people who were able to come to consensus to get the job done. I think we are an example that debate when all ideas are respected can come to a decision we all can live with. I learned a lot working with you. We did help establish how our elections should be run for now and in future years. The ballot while not used this year can be the boiler plate for elections to come. Thanks everyone for your hard work in making this Community Council and its committees such a force for Vashon.



Planet Waves  
by Eric Francis <http://www.PlanetWaves.net>



**Aries (March 20-April 19)** You know something a bit ahead of when you're supposed to. Your instincts are on high alert and you may be having some vivid and symbolic dreams. This may give you an opportunity to anticipate someone's actions in advance, though I suggest you do nothing of the kind. You have some of the information you need, but you're missing a vital bit — a discovery you're about to make about yourself. Until you get there, let the situation unfold as it will. The next five or six days arrive with a series of revelations and turning points, but mostly you will assemble several vital pieces of your own story that have, until this point, been missing. Your environment will shift immediately, but this time around, the results are coming from the inside out. Eric Francis has more to say at PlanetWaves.net.

**Taurus (April 19-May 20)** You may have the sense that you've been going nowhere fast, bogged in deliberating over meaningless decisions and meanwhile obsessed with the conspiracy of love. Oh, I forgot to include adding up money that isn't here yet. You can count on events over the next few days to help you get your priorities in order — and that, as it turns out, is the one thing you need. Knowing your priorities is the remedy for confusion. This word manifested in the English language in 1550 and it meant "mix or mingle things so as to render the elements indistinguishable." Before you know what order your priorities need to come in, you can start by observing what they are, and seeing one as different from another. Then you can arrange them as you need. Eric Francis has more to say at PlanetWaves.net.

**Gemini (May 20-June 21)** This week above all else, make sure you don't believe what your public relations department is putting out. Maybe it's true; maybe it's not; something else definitely is. The image that you seem to be projecting into the world is distinctly more self-centered than what you are learning, developing and creating on a deeper level of your existence. You might not be ready to share your feelings or ideas with anyone you're not personally involved with. At the same time, you seem intent on making a splash. The risk you run is going public with something — anything from a social event to a major project — then changing your mind the next day. Before you commit to anything, I suggest you know exactly what you're doing, even if that means waiting to figure out just what that is. Eric Francis has more to say at PlanetWaves.net.

**Cancer (June 21-July 22)** You seem to struggle with belief more than you do with faith. The two are related, but they're not the same thing at all. Faith is something that happens through us; belief is a decision that we make, usually based on evidence (be it true or false). What I suggest you do over the next few days is believe in what you personally witness, and verify on your own. Let the unusual developments in your existence teach you what is possible, and believe in them because you've seen they are true. Faith does not require any evidence. Belief is an educational process. You need both

right now, and the events of your life are poised to open some doors; your chart is currently set to move at full throttle, precisely when the moment is right. When that happens, be prepared for a rush of energy, activity and a touch of fertile chaos. Eric Francis has more to say at PlanetWaves.net.

**Leo (July 22-Aug. 23)** You seem to be figuring something out rapidly, and when you do, one thing will lead to another faster than you might imagine. Beware that you may reverse your position or opinion in the next 48 hours, no matter how strongly you felt about it; and you may discover that once you make up your mind, one thing leads to another more quickly than you realized possible. In other words, what seems like a relatively simple decision based on observed facts or what you learn as a result of being curious can have effects far beyond what you were thinking possible. The result may have a feeling of being irreversible, like you're at the point of no turning back. This is mainly a mental phenomenon connected to one very solid creative idea. Eric Francis has more to say at PlanetWaves.net.

**Virgo (Aug. 23-Sep. 22)** Once you solve a particular financial situation that's been aggravating you for a while, the solution is likely to stick. What you may not recognize is that while you were busy adding up numbers or making a strategy, you were really making a decision about yourself. Said another way, the decision may have involved your personal worth, while you were thinking about your economic value. I recognize you've very likely been through a particularly agonizing experience of self-doubt the past few weeks, and you have an interest in making sure you don't go down that particular spiral again, because it leads nowhere. Well, at least it led you to realizing that it goes nowhere. The second reward is that the most dependable form of self-reliance you have comes in the form of recognizing a good idea when you think it, and then personally witnessing the value of acting on it. Eric Francis has more to say at PlanetWaves.net.

**Libra (Sep. 22-Oct. 23)** For all Libras whose birthdays occur before Oct. 15, Mercury is retrograde in your sign, and for all of you, Mercury will be in your sign carrying plenty of that retrograde energy. If we apply astrology, here is what we learn. Mercury rules your 12th house of inner secrets, unresolved personal business and, most notably, ancestral business. You may be discovering how much these seemingly obscure aspects of life actually run your life. You may have spent a lot of time in your life trying to take the mud off of your windshield, but now you're finally realizing that the stuff is splattered on the inside of the glass, not the outside. So get out the white vinegar and newspaper and loosen it up. You will do so just in time to make a major discovery about someone that will, in turn, break up a difficult deadlock on a relationship that is rooted in both people lacking a tangible sense of who they are. Eric Francis has more to say at PlanetWaves.net.

**Scorpio (Oct. 23-Nov. 22)** You may wonder where your confidence is coming from when you know how insecure you really feel. You seem to



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be blessed with the full strength of your being, and at the same time, a lingering sense that there's just something you don't understand about yourself. But truth be told, you're figuring it out: when you sense that you're missing something within yourself, you are able to hold that space open and allow some new information to come in. This is a special kind of doubt; and I suggest you wear it gently. You don't need to assert yourself with anyone — the fact that you are able to question yourself so deeply is creating what I can only describe as a spiritual opening through which some profound gifts are about to emerge. Take it gently the next few days, because deep in your psyche so much is shifting, growing and finding its way to your awareness. Eric Francis has more to say at PlanetWaves.net.

**Sagittarius (Nov. 22-Dec. 22)** Everyone has a unique sexual orientation, and most of the time it's rather different than the neat and tidy one we present to the world. If I were to redesign the Kinsey Scale, it would go in about seven directions, including values that account for many shades of emotional, relational and sexual preferences. And part of the model would allow the concept of one's orientation to evolve with time. You seem to be exploring who you are in the deeper recesses of your imagination at the moment. At the root of your quest is the need to be emotionally free rather than just sexually free (it's dangerously easy to experience a kind of sexual freedom specifically at the expense of emotional imprisonment). One potential result of being emotionally free is that it will open the way to make different choices — and being who you are, you just might find yourself wanting to do that. Remember this as you negotiate with yourself. Eric Francis has more to say at PlanetWaves.net.

**Capricorn (Dec. 22-Jan. 20)** You're one of those people who needs everyone around you to be put on notice how emotionally sensitive you are long before you walk into the room. You are viewed as the stalwart, gutsy, unshakable kind of person; you are emotionally sensitive down to your cells. This is especially true lately. Your emotional antennae are up, and you seem to not only feel people but to absorb their vibes without even knowing it. Be aware

of this process, but I would propose you not be afraid of it. You can spend your days wondering what everyone is thinking about you, but that wondering is often a form of fear. This is true particularly if you allow yourself to be stifled, or feel you must shut down internally, in order to protect yourself. You're reaching a point in your life where you know this is not serving your best interests. Eric Francis has more to say at PlanetWaves.net.

**Aquarius (Jan. 20-Feb. 19)** You seem unable to reach God or Goddess on your usual channels, and what you're feeling is clearly not matching any definition of "higher self" that has been covered in a New Age manual. So let's forget about higher self and keep the conversation focused on Self. One need not look too far to decipher that most forms of spirituality simply deny the existence of a self in a world whose primary missions are to grow, to be aware and to communicate. You are not here merely to survive; that, you accomplished long ago. And your quest to discover the living intelligence that guides the cosmos is not about hacking your way through some complex system of ideas, but rather a journey to a familiar place where your mind is the origin of your perceptions. Familiar? Not for everyone, and not all the time, but for you, truly so. Eric Francis has more to say at PlanetWaves.net.

**Pisces (Feb. 19-March 20)** In recent weeks, you've been making your way across a strange human landscape where you've had to negotiate for everything you need, and ask for the things you want. You must know that on some level this is not necessary; your commitment to relationship would, in a sane world, be more than enough to facilitate any exchange. Yet it helps when others demonstrate not just their commitment but their desire and heartfelt need to meet you in a place nourishing to both of you. You may not, at this moment, be aware of how much progress you're making establishing that basic foundation of equanimity. You are a Pisces. You realize more than most that we're all in this together. Make space for how, bizarre as it sounds, this notion is the highest level of spiritual evolution that most humans will ever aspire to. Someone close to you is on the brink of a revelation. Eric Francis has more to say at PlanetWaves.net.

# Island Epicure



By Marj Watkins

## Apples: Making the Most of a Lot of Them

So many apples and such big ones festoon our tree this fall! The deer that usually "prunes" it, eating leaves and green apples, never showed up this year. We didn't see any honey bees, either, but an occasionally bumble bee and some hard-working little mason bees evidently pollinated more apple blossoms than we'd seen in any other spring.

We've enjoyed pie loaded with tart, sweet apples, cinnamon, and cloves. We've had apple and celery salad, apple and kiwi salad, apple and raisin or craisin salad, apple and chicken curry, and apple-cranberry chutney.

### APPLE & CHICKEN CURRY Serves 4 to 6

- ¼ cup butter, light olive oil
- 1 large onion, chopped
- 1 thin-skinned organic apple, chopped but not peeled
- 1 clove garlic, minced (optional)
- 2 teaspoons curry powder, or to your taste
- 1 Tablespoon cornstarch or rice flour
- 1 cup chicken broth or 1 teaspoon chicken salt granules plus 1 cup water
- 2 cups diced cooked chicken or turkey, or game hen
- 1 cup grated unsweetened coconut (Thriftway bulk section)

Stir fry the fat and onion 5 minutes, until semi-transparent and glossy. Add the apple and curry powder. Stir, cover, and cook 15 minutes on medium heat. Add all but 2 or 3 tablespoons of the chicken broth to the pot.

Stir the starch into the saved broth. When the pot boils again, stir the starch mix in and stir-cook until it clears and thickens. Add the meat and coconut. Stir-cook until steaming hot:

Serve over steamed brown rice.

**COMPANY CURRY:** With the above, or a lentil curry, offer little bowls of garnishes: raisins, chopped roasted peanuts or slivered almonds, chopped green onions (tops included), minced fresh parsley, bacon bits (real or soy) and a bigger dish of chutney.

We haven't seen fresh cranberries on the market yet, but they'll be along soon. If your apples can't wait for fresh ones, use dried cranberries for the next recipe. If using large apples, seven are enough. If apples are smaller, use eight.

### APPLE CRANBERRY CHUTNEY Makes about 6 pints

- 7 or 8 thin-skinned or thinly peeled apples, chopped
- 2 cups cranberries, washed and sorted, or generous ½ cup dried cranberries
- 2 large or 3 smaller yellow onions chopped
- 1 ½ cups raisins
- 1 Tablespoon celery seeds
- 1 Tablespoon cinnamon
- ½ teaspoon ground cloves
- ½ teaspoon salt
- 1 ½ cups apple cider vinegar
- ¾ cup orange juice
- ½ cup light molasses

Stir-cook all the ingredients in a large saucepan until the pot boils. Reduce the heat. Cover and let the chutney simmer very, very slowly until it becomes thick. Peer in and stir it frequently so the fruit won't stick to the bottom of the pan nor scorch.

When the fragrant curry is thick enough, pack it into hot, sterilized jars. Run a knife into each jar to let the air bubbles out.

Store in a cool place.

### HONEYED CHUTNEY

To the above ingredients, add the juice of 2 lemons and just the yellow part of their rinds, finely minced. Omit molasses. When the chutney has cooked down to desired thickness, stir in ½ cup honey. Freeze to store, in plastic boxes filled to 1-inch from the tops. (The chutney swells on freezing, so you need to leave room for that.)

### APPLE & KIWI SALAD 4 servings

- 4 large dark green or red lettuce leaves
- 1 large apple, thin-skinned or thinly peeled, chopped
- 2 ripe kiwi fruits, peeled and coarsely chopped
- 3 to 4 tablespoons chopped walnuts
- Ranch style dressing

Wash the lettuce leaves under running water. Pat them dry with a clean tea towel or paper towels. Tear them to bite size pieces. (If in a hurry, stack and dice them to about 1-inch pieces)

Put the kiwis in mugs. Cover them with boiling water. Let them soak while you peel the apple. Take kiwis from the hot water. Run cold water over them to cool them enough to handle. Strip peels from the fruit, like you would from peaches. If kiwis aren't ripe enough, you'll have to resort to a paring knife.

Put the lettuce on a salad platter. A dinner plate will do. Arrange on the lettuce in this order: Apple pieces, kiwi pieces, and walnuts. Pass the ranch-style dressing at the table.

*Nutrition note: Apples are an excellent source of alpha lipoic acid, said to help ward off diabetes. The cinnamon and cloves help preserve the chutney, and kill bacteria and viruses in your body. The vinegar reduces the glycemic load of whatever carbohydrate you eat with the chutney, i.e. rice. Two kiwis yield as much Vitamin C as one orange.*

□□□□

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# Madame Toujours

Dear Madame Toujours,

I have been with my boyfriend Chris for six months, and he is the greatest, sweetest man I have ever met. We talk every night on the phone for at least an hour, and until last night, we told each other everything. Last night Chris asked me if there was anything about him that annoyed me. Naturally, I said there wasn't, but I wasn't totally telling the truth.

He has this thing about telling me stuff. I don't mean like something that happened to him at his aerodynamic engineering company that day or a joke he heard or something. I mean like describing how the Internet works or the economy or what feminism is. I would love to discuss these things with him, but he is so busy lecturing me that I can't get a thought in edgewise. If I do manage to propose an idea or an opinion about the economy or whatever, he just goes right back to *describing* the thing we're talking about. I'm afraid he is starting to notice that he is getting on my nerves.

Is this some kind of power thing for him where he tries to dominate me by acting like he knows more than I do, or is he...is he maybe...could it be that he just isn't very bright? I hate to think it. Would my IQ be high enough to compensate in our kids?

Sincerely,

Starving for a Real Conversation

*Chere Mlle.* Conversation,

*Bien sur,* you are having the very important question. Is *M.* Chris the big hairy jerk who is liking to dominate you with his brain? Possibly, he is merely the nerd-type person who is not having very many of the maturities. Many of the adolescent type persons are supposing that *les femmes*, they are enjoying the competition with the masculine type persons, and that you will be very aroused when he is having the big dominance over you. This is the very distasteful behavior, and the sensible female persons are crushing these masculine type persons and getting for themselves the lovers who are learning the sensible values such as cooperation and sharing such as the small childrens are learning from the strange-looking Sesame Street persons.

However, possibly *M.* Chris, he is merely wishing to display for you his prowess like the caveman who is bringing home the mastodon over the shoulder and strutting past the cave so that you are knowing he is the big provider for you and the childrens. He is not understanding that you are already breeding the mastodons in the captivities for the milk and the wool and are not needing him to go and get them for you.

*Bon Chance, Mlle.* Conversation, and possibly you can be having the patience while *M.* Chris is learning how to have the relationships with the adult female persons. □□□□

# Positively Speaking

## For Richer For Poorer

by Deborah H. Anderson

For as warm as it was outside, the sanctuary was surprisingly cool. Seated in the first row just under the edge of the balcony, I had the good fortune of sitting beneath an air vent. In the darkness, the Kiev Symphony Orchestra and Chorus were just finishing up their concert. I knew, because of previous associations, how the concert would end. First we would be instructed to stand for the *Ukrainian Prayer* and then we would be asked to sit for *America the Beautiful*. It's a particularly majestic arrangement. I still have the music sheets in my office from the times I've had the privilege of singing with them.

And so it was, Roger McMurrin, the conductor turned and gave the instructions. We stood dutifully and then sat as the violins began to draw their bows in the stately strains of the first few bars.

In the dark, silhouetted by the stage lighting in front of them, one lone couple stood up. And then it happened. All over the sanctuary one by one we stood. We stood as citizens who knew the beauty and truth of:

"Oh beautiful for spacious skies, for amber waves of grain." We know those skies. We see them as we travel towards the amber waves of grain in the Eastern part of our state. We know the 'purple mountains majesty above the fruited plain.' Even though Boeing and some retailers chose to build over our fruited plain in the sound end of the Seattle Metropolitan area, we live with the strength of those mountains every day. We are literally surrounded by them.

By the time we got to a history, 'undimmed by human tears', we were in fact all weeping. We were weeping for the truth that this country was somehow, we had to believe, about more than money. Here were these people who came from a country that had been invaded and defiled and imprisoned in a way we can never know singing to us to believe in our country and remember.

You see, it was the evening of Black Monday. Oh no, not that Black Monday. It was the evening of the day that Lehman Brothers had not been bailed out. And, sitting next to an investment banker who talked about AIG in terms I could only be grateful I did not know, we had no idea the worst was two weeks away.

And there in the dark, we stood in solidarity that this IS the land of opportunity. That we WOULD survive.

Let me speak frankly, as apparently I regularly do. But it's about a subject I've not been free to discuss before. Let's just say you're in the process of losing your shirt. Let's just say in the last few weeks you have lost thousands and thousands of dollars. And before I speak plainly, let's just say that I have met many people of wealth on this Island who are wonderful

genuine people. But I have also met pretentious people who look down their noses at those who for whatever reason do not have as much money as them.

I hope this financial crisis is providing everyone with a chance to learn that you haven't lost the most important things in life. You've only lost dollars. I hope you remember that even on your worst day in this country, you are not walking two miles for a bucket of water and building your cook fire out of dung. I hope you remember these lessons after you get your money back.

If I wasn't watching the news, I couldn't tell anything was wrong by my life. I'm in a wonderful phase of building. Last Saturday I actually just qualified for the second credit card my mortgage broker advised me to get so I could build a stronger history. I'm following the only charge one third and pay it off every month rule. I've always cut ties with anyone I discovered was mishandling money. I don't work for them. I don't befriend them. As we've all seen these last few weeks, you can't build a stable financial foundation on schmoozers. Now it seems like it has been a good practice and I am learning to see their dealings first. A lesson, I might add, the entire country now seems to be learning, or at least suffering from.

But all around me there is this energy like the whole world is holding its breath. I would like to say what a wonderful disaster this is. It will bring back realistic, frugal living. It will bring people closer together. It will root out deceivers. Maybe. Hopefully.

Ultimately there are a myriad of good choices about the physical arrangement of this town, this Island. We would learn to adapt under many of them.

There are two giants that will destroy it for sure. GREED and PRIDE. And self examination is a very tricky business. Do you think those people who have done us in actually believed they were doing something wrong, or do you think they found a way to justify it?

How greedy are you? Are you willing to short shift your neighbor to make a buck? Will you salve your conscience with a donation - tax deductible again? The only plumb line questions we need ask in depth of any plan are "Is this plan based on greed? Is this plan based on pride? (or pretentiousness if you will)."

A very wise teacher once told me, "Don't waste suffering". Let's pull together and live with less more humbly. I tell you this first hand; it is an absolutely delightful option.

You may have lost thousands, but what have you gained? Ah...therein is "*America the Beautiful*."

Love  
Deborah

□□□□

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## Vashon College

*Continued from page 1*

The Global Island Network operates as a collaboration of many organizations interested in the welfare of small islands. Sponsoring agencies include the International Union for the Conservation of Nature (keeper of the endangered species list), UNESCO, the United Nations Environment Program and a number of worldwide universities that pursue research into small island cultures and environments. Annual conferences of island representatives are held to study and respond to the special issues common to small islands. Further information is available at the GIN website, [globalislands.net](http://globalislands.net).

Most small islands have problems like those facing Vashon. Water is scarce and must be carefully managed. Energy must be husbanded sustainably. Transportation of goods and people is expensive and inconvenient. Governance and policies are determined by mainland agencies with little understanding of island needs.

Over the past four hundred years, ninety percent of the birds that have become extinct were species native to islands. Figures for mammals and plants are similar. Small islands are fragile environments, and their creatures live at high risk of disappearing. The United Nations Environment Program has recognized this problem, and is one of Vashon's partners in GIN to address the issue of global island extinctions.

Vashon Island has an opportunity to become one of fifty "Green Islands" recognized by GIN and the UN. In order to qualify, Vashon must complete a case study of ecological sustainability on our island. Vashon College will offer a research seminar on Island Studies in the Spring of 2009 to begin this work. A description of the seminar is available on the Vashon College website at [vashoncollege.org](http://vashoncollege.org).

Faculty for the Vashon College seminar on Island Studies will be

Joseph Meeker and Glenda Pearson. Meeker is a human ecologist and a 25-year resident on Vashon who holds a Ph.D. in comparative literature and master's and postdoctoral studies in wildlife ecology and comparative animal and human behavior. Glenda Pearson is a librarian with a Master's in Library Science. She is head of the Microfilm and Newspaper Collections at the University of Washington Libraries and is the UW Subject Librarian for Cinema Studies, Comparative Literature, Hellenic Studies and Human Rights.

We are no longer merely land by itself, but a green island in the good company of other islands like ours. There remains much to do if we are to realize the benefits of being a global island. Islanders are welcome to participate in this effort by contacting Vashon College at [info@vashoncollege.org](mailto:info@vashoncollege.org).

## The Halloween Poetry Open Mic October 16th, 7 PM Cafe Luna

Halloween begins with an evening of your favorite spooky, slimy, ghostly poetry at Cafe Luna. Bring a poem or short-short story, and share it with the always fun-loving audience. The poem or story can be yours or some other writer's, just so it gets us all in the mood for Halloween with all its freaks, ghouls, and stray dogs howling at the moon. Remember it can be any poem or short-short story, original or not, but if you get stuck, you can always use these eight words to write something of your own: evening, howling, spooky, moon, freaks, ghouls, slimy, and ghostly. The first half of the event will be reserved for school-aged writers. And, for those youngest of writers (and the rest of us), there will be prizes for the funniest, the coolest, and the most haunting poem or story. Sign-ups will begin the weekend before, and will continue throughout the event. For more information, check out [cafelunavashon.com](http://cafelunavashon.com).



Quick Update (with a few pictures) — Check it gracious readers!  
 Vashon Football team improves to 2-2 with 26-25 winner over Port Townsend.

High School Volleyball team is 4-1. Check out the Sports Section at vashonsd.org for updates on Cross Country, Tennis, and Girls Soccer



Former Vashon High School Wrestlers Alex Steamboat Stemer (on right) and Adam Judo Thalhofer are currently wrestling at Simon Fraser University, part of a very talented young group of wrestlers at the school. Other Vashon Alumni Wrestlers who are competing in college are Evan Mad Dogg Mattingly (Northern Montana State College) and Nick Rumble in the Jungle Berry (Menlo College). All four wrestlers are competing in the NAIA and will likely see each other at tournaments on the west coast and possibly the national tournament this year in Oklahoma City!

## Crying Wolf?

*Continued from page 11*

military being used against the citizenry that it is supposedly charged to protect.

If you find this alarmist, if not preposterous, consider these three examples as illustrations of a lesser, but serious degree. A friend at the Ballard Market told me of a friend of his who, when crossing the Canadian border earlier this year, was found to have a thirty year old warrant for possession of marijuana. Her car was impounded and she was taken to the I.C.E. detention facility in Tacoma where she was held without bail or a lawyer for months. A friend in Pt. Townsend told me yesterday of Border Patrol checkpoints that have been set up in Quilcene, Forks and at the Hood Canal Bridge. According to an article in the *Sequim Gazette*, "The checkpoints now can be set up within 100 miles of a national border but ... that might be changing to 'a reasonable determination,' which would be made by the chief of that sector based upon yet to be determined criteria. People stopped at checkpoints must establish to the agent's satisfaction that they are citizens or resident aliens," said Joseph Giuliano, deputy chief patrol

agent for U.S. Customs and Border Protection." And finally, last night a fellow Islander told me that a friend of his had been stopped in Tacoma by the police last week, and for no reason his van had been confiscated.

What is going on here? Will there be an election? Maybe. Will it be a fair representation of the popular will? The elections weren't in 2000 and 2004, so why should this time be any different? Nothing has been changed to correct the flaws of the past. Will there be enough popular outrage to inspire a conflict between the 4700 soldiers of the 1st Brigade Combat Team of the Third Infantry Division, Blackwater, and/or various National Guard units and angry mobs of disenfranchised citizens facing a McCain-Palin administration? The day after election day is November Fifth, Guy Fawkes Day- let's talk then.



# CASA BONITA

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## Let The Ferry System Know What You Think

*Continued from page 1*

That bill required WSF to develop a long range plan and, in doing so, consider various operational and pricing strategies in order to maximize use of their current resources, mainly boats and terminals. The focus of these strategies is to shift demand from peak to off-peak times so that the current fleet of boats will be able to accommodate the traffic with no additions. The Legislature provided a list of strategies to be considered and of these, WSF is now focusing on a reservation system, peak period pricing and/or off-peak discounts and transit enhancements to decrease the vehicle traffic while increasing walk-on passengers.

At the meeting on Vashon they will be presenting specific applications of these strategies they propose to use on our three routes in order to accomplish their goal. It is extremely important that they hear from this community what we think of these plans. This is our best opportunity to make our voices heard. Later this year they will be holding another series of public meetings to receive comments on the draft long range plan but at that time it will already have been written, while at this time they, theoretically, are still looking at a blank piece of paper. What they are seeking on

Monday are comments on their ideas of what should go on that paper. We can have greater influence on what goes into the long range plan now, before it is written, than later.

Not only should you come to the meeting on Monday night but you should be prepared to participate. The best way to do this is to review the materials that will be handed out and discussed before you get to the meeting. These are available on WSF's web site at [www.wsdot.wa.gov/ferries/planning/eshb2358#fall2008mtgmaterials](http://www.wsdot.wa.gov/ferries/planning/eshb2358#fall2008mtgmaterials) or go to the WSF home page [wsdot.wa.gov/ferries](http://wsdot.wa.gov/ferries) and follow the links to Ferry Financing Legislation and then to download meeting materials.

Also at the Monday meeting we will receive an update on the Long Term Ferry Financing study which is looking at ways to provide funding for WSF to replace that lost when the legislature repealed the Motor Vehicle Excise Tax in 2000.

Please come to the meeting on Monday and come prepared. We will be discussing issues that will affect all of our lives for many years. It is not often we are given such an opportunity. Let's take advantage of it and let WSF know what we think of their proposals.

# Lopy Laffs

Q: Why don't Buddhists vacuum in the corners? (A: Because they have no attachments.)

How many politicians does it take to change a light bulb?

Two. One to change it and another one to change it back again.

What do you call a sheep with no legs? A cloud.

**Cowboy Wisdom**  
Never pass up a good chance to shut up.

NASA reports that galaxies are speeding away from earth at 90,000 miles a second. What do you suppose they know that we don't?

Q: What does a male owl say?  
A: What, what?

*I used to be a tap dancer until I fell in the sink.*



## One Liners

- Never interrupt your enemies while they are making mistakes.
- If you don't care where you are, then you aren't lost.
- My anger management class pisses me off.
- No-one suspects the butterfly!
- Only dead fish go with the flow.
- Life's a bleach and then you dye.
- It wasn't school I disliked - it was just the principal of it.
- It's not reality that's important, but how you perceive things.
- Never let your sense of morals prevent you from doing what is right.
- In America, anybody can be president. That's one of the risks you take.

I walked into a bar the other day and ordered a double. The bartender brings out a guy who looks just like me.

*You have the right to remain silent. Anything you say will be misquoted, then used against you.*

It is said that if you line up all the cars in the world end to end, someone would be stupid enough to try and pass them.

*On the other hand, you have different fingers.*

Everybody lies, but it doesn't matter since nobody listens.

*A fine is a tax for doing wrong. A tax is a fine for doing well.*

The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong.

## Rude Bumper Stickers

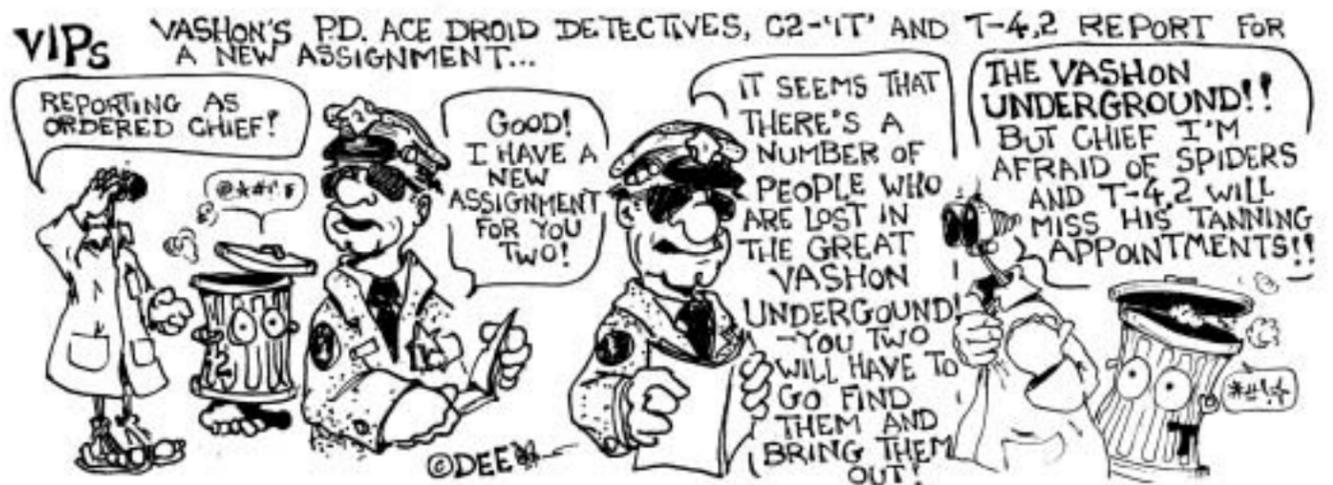
- Just Because I Don't Care Doesn't Mean I Don't Understand
- I Don't Know What Makes You So Dumb, But It Really Works
- I Love Children But I Don't Think I Can Eat A Whole One
- I Don't Know Karate But I Do Know Crazy And I Am Not Afraid To Use It
- Do Not Disturb Already Disturbed

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P	E	L	O	T	A	M	O	V	E	C	A	R		
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S	A	T		I	R	E		L	O	P	E			
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S	S	W		A	B	B	R		S	T	E	R	N	O

Solution to puzzle on page 7



## LOGJAM



# Loop Arts

## Double Bill Serves Up New Work

Susan McCabe and Patrick McManus will bring humor to stage in a double bill New Works, 7:30 pm, Friday and Saturday, October 17 and 18 at the Blue Heron. Tickets are \$12/\$14. A second performance was added due to the show's popularity.

by Janice Randall  
 classes later, a stint with Toastmasters and a couple of agency contacts under his belt he started his adventures as an Einstein look-alike. While there are other Einsteins on the circuit, McManus, who has hosted workshops and worked as an MC, has continued to polish his public speaking skills, researching the life of Einstein and getting occasional Einstein gigs.

Being Einstein's double inspired a one-man multi-media travelogue of sorts. McManus will share stories around his new-found role and Steffon Moody will direct. "I'll do the show as me, although I'm sure to slip into Einstein," he says. Currently



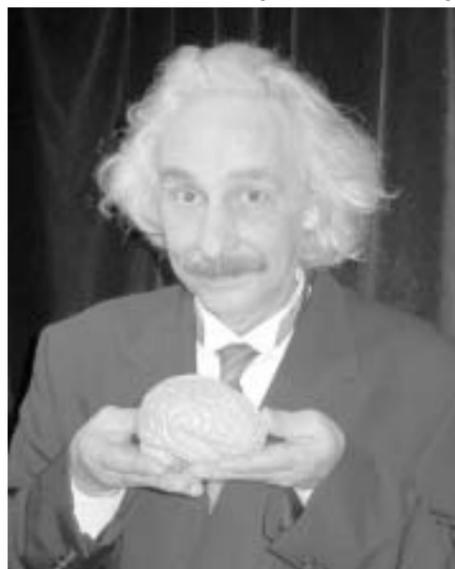
McCabe polished nearly a dozen essays to present in her one-woman show, which she says is Erma Bombeck meets Eve Ensler. The title, *Hot Flashes, Cold Showers*, refers to life's everyday teaching points, not menopause. "It's mostly about when I was trying to live my misspent youth in middle age," she says. "It's also about raising adult children as a single parent, love and loneliness."

Pianist Jack Barbash will introduce each piece with music from the 1940's to the 1980's. McCabe will also lend her singing voice to the show. The finale will feature a recorded original by Luke McQuillin. Suitable for ages 17 and up, the monologue will be directed by Charlotte Tiencken, who has worked with En-Joy Productions, Stone Soup Theatre, Tacoma Little Theater and more. McQuillin will run lights and sound for the show.

"It's all been fun for me; if the audience likes it—then that will be frosting on the cake." While she would consider taking the show on the road, she acknowledges that for her, Vashon is a place that makes dreams come true.

McCabe, a radio journalist from Chicago originally, has lived on Vashon since 1995. "I meditated my way here from Chicago. It was a huge culture shock." Since arriving on Vashon she has performed in VAA production, *Shakespeare Cabaret*, VOV radio and TV and Drama Dock's *Inherit the Wind*. She is the proud mother of two grown sons, both filmmakers living in Los Angeles and is currently the program coordinator for Vashon Park District.

When Patrick McManus began receiving frequent comments about how he resembles Albert Einstein, he decided to start exploring the "look-alike" industry. Several acting



Patrick McManus as Einstein. Photo by Janice Randall.

McManus teaches Feldenkrais method, an educational system centered on movement, aimed to expand and refine use of self through awareness. "Einstein spent a lot of time in his later years promoting peace and criticizing conventional approaches to education, two things I feel strongly about," says McManus. As "being Einstein" continues to grow for McManus, his goal is to help others discover their own genius through school and library presentations as Einstein.

## McMurray Students Raise Pride and Money

*Continued from page 1*

Paige Allison, and Shalise Bosworth — held a bake sale at Thriftway to raise funds for replacing 17 broken windows at McMurray and Vashon High School. Cookies, cakes, brownies and other homemade treats brought in \$500, half of what it will cost the district to replace the windows. The total damage amounted to \$6200. With insurance, the out-of-pocket expense to the district will be around \$1000.

**Battle in Seattle**  
 10/10 - 10/13

**Igor**  
 10/17 - 10/23

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## Original Ballet Premieres on Vashon

Compelling, mysterious and ultimately full of hope, VAA New Works Series will premiere an original contemporary Ballet, *The Black Gloves* 1 p.m. and 4 p.m., Sunday, October 19, at VHS Theater. The Ballet is choreographed by Christine Juarez, Director of Blue Heron Dance and composed by Seattle musician/composer David O'Suna. *The Black Gloves* will be performed by advanced teen dancers from Blue Heron Dance. Tickets are \$12/\$14, available now at Blue Heron and Heron's Nest. Call 463.5131 to reserve by phone.

The story goes like this: Before the universe is created, four women preview their lives and are devastated by what they see. A pair of black satin gloves becomes their symbol of hope. What transpires involves romance and intrigue, beautifully and starkly staged by Juarez who submitted the proposal to highlight dance skills of graduating Blue Heron Dance seniors. "One thing that's very exciting to me is I'm able to step out of my role as teacher to work with all my advanced dancers. It's really a celebration of our time together and a way to honor the seniors."

by Janice Randall  
 The other attraction, she says is the opportunity to explore a different movement style. "This is not traditional, romantic Ballet. I'm taking stylistic license, incorporating modern movements...making it sharp and angular," she says.

Costume designer, Kate Guinee has created abstract lines in black, gray, crimson and orange. Artist, Jeffrey Zheutlin painted the abstract style set.



Clarissa Boyajian plays lonely heart, Elvinia, in VAA New Works premiere of *The Black Gloves*, 1 pm and 4 pm, Sunday, Oct. 19, at VHS Theater. Photo by Mike Urban.

The cast includes senior dancers: Clarissa Boyajian (pictured) Shannon Hennessey; Molly Crosby; Sophie Pawlowski; Chelsea Clark; Sami Ressler; Amorita Juarez; and Sarah Balcom. They will be joined by: Camille Kappelman; Madeline Morser; Clare Engelhard; Trudy Soriano; Danielle Richardson; and Meg Sayre. Woody Waits, Tucker Lazare and Michael Kappelman will also play key roles.

## Oh Say Can You See?

(This completes Peter Ray's article begun in the last Loop on the Burning Man festival.)

Some have said that the social experiment that is Burning Man has failed on a number of levels, the most important being that it has missed so many opportunities to promote and affect change outside the playa. Last year, the overall theme of Green Man- the greening of Burning Man - was seen as a rather large joke, from the great number of large and lumbering RV's used to travel there, to the number of gas and diesel generators employed to power people's private needs, to the gigantically dramatic (and as some suggested hypocritical) wooden oil derrick fire and explosion meant to symbolize our dependence and worship of the petroleum industry and the fuel they produce. One could say that this year's theme, "The American Dream", also failed to directly address any of the ills of society that we face today. The main reason for this missing of the point is, I believe, the nature of the beast- one goes to Burning Man to get away from all the crap. One does not get on a cruise ship to save the world, one goes there to escape it.

A big part of my on playa escape over the past five years has been to be a part of the gang of volunteers that make the city happen. It is a small part, but it is fun and gets me places I otherwise would not go- I deliver the mail. For the first few of those years I was a part of Black Rock Spatial Delivery, which is in charge of moving intra-city playa mail. For the past two of those years, though, I've done more with the

Black Rock City Post Office (BRCPO). Yes Virginia, there is real mail delivery at BRC, both in and out. And partly because we bring a heavy duty tandem tricycle with a deck on the back of it, we get to deliver packages to people, sometimes quite surprised people, that come in from the outside world.

It was one delivery that led to my playa moment, or moments this year. It was a delivery to Camp Straya, which was made up of mostly Australians or Strayans as some might say. While there we got into a conversation about politics, and the possibility of a Burning Man-type festival in the Outback sometime in the future. On leaving I was pulled aside by one of the women in the camp, who happened to be from Sweden and was living with her Australian boyfriend in London. She whispered in my ear that there was a wedding happening later that day in their camp and they really needed

some flowers and a cake as a surprise. I said I'd see what I could do. I cycled back to our camp because I knew some of our campmates had this string of fake foliage, daffodils and narcissus wrapped around the base of their American dream home, front yard fountain- they gave it up without a fight. It took me two camps to the east of us before a tray of miniature fudge cupcakes was located, eight of which they contributed to the wedding party. Only in the middle of nowhere, or NowHere as some people call it, could someone get so excited over fake flowers and brownies- the Strayans made me take a bottle of champagne- I also got a playa moment to take along as well.

There were still more deliveries to make, although the Burn Day dust storm was building in intensity. I found and didn't find some of the addresses on this reverse scavenger hunt and then found myself on the Esplanade, the "street" that defines the inside limit of the great arch of the city. I looked up to see two of the metal sculptures that had been a part of the group of eight welded human figure studies from the oil derrick piece last year. They faded in and out of the passing dust clouds. One figure was of a woman kneeling with her arms raised in the air, yearning to breathe free? There, between her arms from a pole directly behind her flew Old Glory, standing straight out in the dust-laden wind, but upside down in the position of distress- I took a picture that didn't need a thousand words to make its point.

by Peter Ray



Photo by Peter Ray.

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## The Staxx Brothers Play at the Red Bicycle

by Peter Welch

The Staxx Brothers are coming to Vashon Island and performing at The Bicycle Bistro & Sushi on Saturday, October 11th. Hailing from the emerald city of Seattle, The Staxx Brothers spent over a year penning their opus, *12th Street Blues*, before seeing it come to fruition. Now with the album's release, the band promises an eclectic live experience at the Red Bicycle, blending hip-hop and R&B with powerful funk and jazz instrumentation.

The eight-person group is a melting pot of talent, with a blind rapper from Detroit, female back-up singers and Davin Stedman, the

12th Street Blues is paved with gold. "Slowdown" and "Easy Rider" are post rap suites, the rave up "Black Market" rocks relentlessly, and the Hip Hop opera "Keep the Motor Runnin'/"Toshin" amble easily from New Orleans to Jamaica. As the album takes on another surprising turn towards the home stretch, the whiskey soaked ballad, "Back Home" (recorded live) chases country back into the arms of Ray Charles. When the curtains finally close in full salute to Seattle's greatest icon, on "JMH I & II"- The Staxx Brothers give it all up for Jimi Hendrix in 10 incendiary minutes.



The Staxx Brothers have shared the stage with Blake Lewis, Kevin Sawka, Maktub, and Porter Batiste Stoltz of the Funky Meters. Members of the group have also performed alongside artists ranging from Tone Loc, the Drifters to Ray Charles.

front man of the band. The Staxx Brothers early influences include Outkast, the Rolling Stones and Otis Redding. As a matter of fact, the group took its name from Redding's home label, Stax Records.

Their new CD entitled *The 12th Street Blues* takes the listener through an analog signal path and back out on the streets, in a journey that defines The Staxx Brothers experience. Breaking the rules by realizing the true range (and influence) of American Soul, The

The show starts at 9:30pm, the cover is only \$5 and it is a 21+ event.

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