



VASHON

THE LOOP

Vol. 8, #15

TO INFORM AND AMUSE -- TO PROVOKE THINKING AND ACTIVISM

July 21, 2011

Festival 2011 It's A Wrap



Joe Ulatoski campaigns for Fire Commissioner during the Grand Parade at Strawberry Festival

I don't remember a festival, at least in the last 33 years, where it rained all weekend. Despite the damp and drizzle, music played, the parade marched on, and families stashed yet another year of Festival memories in their minds.

Off Island attendance was down a bit. Many visitors thought the Festival would be canceled because of the rain. Little did they know about the tenacity of Islanders. It might have been just that, a few less people, or maybe even the rain, that made this Festival seem more like the Festivals of years past.

We promised you excitement, but didn't plan the tree falling on the power lines Friday night and the ensuing two hour power outage. Thanks to an amazing response from PSE, we were back in business without incident. For those commuters trying to get home, we really didn't close the road on Friday night for Festival!

Kudos go to our community for the outpouring of volunteers helping to make Festival a success. Since Strawberry Festival is the main fund raiser for the Chamber of Commerce, our Board of Directors were out in force; supporting



Puget Sound Energy quickly removes part of a Locust tree that fell across power lines, Friday at Vashon Village.

music stages, manning the ticket gate at the Beer Garden, greeting Car Parade participants, taking orders at Wine & Jazz, even making sure there were sanicans and garbage dumpsters. But this year brought a refreshing change, and I hope a new trend. Nearly 75 other Vashonites jumped in to support our efforts. Vashon Golf and Swim Club sent

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Garden Club Annual Flower Fair Garden Treasures on Display

By Steve Amos



The fast-paced, high stakes and hazardous world of gardening is rarely more so than on Vashon Island, and the Vashon Maury Island Garden Club Annual Flower Fair provides the general Island population with their best opportunity to see the hard-won "fruits" of Garden Club member's efforts.

Club members have worked diligently for the last year so that Islanders may enjoy the species, cultivars

and hybrids that they, as children, never had. To bring this event to the island, Club members have struggled mightily, even heroically, against the constant threat of organized, heavily-armed roving gangs of slugs and Black-tail deer and the vicious sabotage of horse tails, nettles, dandelions and Evergreen Blackberry fifth-columnists attempting to bring down their gardens from

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The Truth Be Told

By Karen Pruett

Truth is such a rare thing; it is delightful to tell it. ~Emily Dickinson

July 4, 2011, Perugia, Italy. Curt Knox and Edda Mellas were informed that their Slander trial would begin January 2012. Charges stem from a 2009 interview with a British paper in which Curt and Edda repeated Amanda's charge that a female officer struck her twice during the illegal interrogation. All three West Seattleites, with Vashon ties, are being sued for slander by five Perugian police officers.

Amanda and her friend Raffaele Sollecito were unjustly accused of murdering her British roommate, Meredith Kercher, in 2007 and found guilty by a prejudiced court of the slaying in 2009. Two key pieces of DNA evidence tying the kids to the murder are being roundly criticized and Judge Hellmann will rule on the report by independent experts on July 25th. Our highest hope is exoneration, but freedom will do.

Amanda and Raffaele are also suing the Lifetime Network for 'character assassination.' Italian law forbade the release of "Amanda Knox: Murder on Trial in Italy" before the appeal was finished. Lifetime did not appear for the July 4 hearing.

www.abcnnews.go.com/International/amanda-knox-court-battle-lifetime-tv-movie/

story?id=13993149

On July 8, the night before Amanda's 24th birthday, Seattle Preparatory School alumni hosted a benefit at the Showbox in Sodo for AmandaDefenseFund.org. Over \$15,000 was raised during the auction which featured Vashon's own Andrew Will, who donated a magnum of Merlot in a specially engraved bottle, the winner plans to open it with Amanda. Another very special item was a one of a kind Elizabeth Taylor photograph taken by Art Shay, a veteran photojournalist for Life, Time and Sports illustrated who photographed seven US Presidents and many major figures of the twentieth century. His son, Steve Shay, who has covered Amanda's case exclusively for the West Seattle Herald, donated the picture.

Headliners Brian DiJulio and the Love Jacks were joined on stage by Tony Montana of Great White. Yep, they rocked the house and it was awesome! Zero Gravity Circus and The G Program preformed first and all three groups included Seattle Prep alumni. Amanda sent us a message and we sang happy birthday while enjoying delicious Borracchini's cake. We hope she felt the love and her entire community is hoping to share cake with her next year; she's gonna eat a lot of Borracchini's when she gets home.

Everyone misses Amanda and we

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Road to Resilience

By Terry Sullivan, Transition Vashon

The Commons

Sometimes, something is so pervasive that you forget it is there. A new book that my wife, Elizabeth, showed me, All That We Share: A Field Guide to the Commons, has given me another way to frame the issue of community building.

The commons is the natural heritage of all life on this planet. It is all the things that we share in common ownership with all other users, human or otherwise. Puget Sound, our creeks, all water, the air, our roads, schools, parks, the Internet, and the broadcast spectrum are parts of our human commons. Our Strawberry Festival is a great example of public/private cooperation in the celebration of it.

It seems that things started to go awry when we started to think in terms of exclusive ownership, with opposing schools of public vs. private ownership fighting tooth and nail ever since. That's the wonderful thing about the commons: it transcends public and private. Something held in trust to be

used as commons can be publicly owned, as in our parks and roads, semi privately owned as in our Vashon Maury Land Trust, or privately owned as in our lovely KVI Beach. As far as I know there is little or no paid maintenance at KVI; we who use it take care of it. There are incidents, of course, but, by and large, we take care of it because we feel that it is ours.

A humble 1970 article, "The Tragedy of the Commons", by Garret Hardin, was a big setback. He purported that resources held in common were inevitably degraded by overuse. For most of our history, the commons was so large that no amount of use or abuse could noticeably affect it, so we acted as if it was infinite. This assumption spawned the greed, wastefulness, and arrogant disregard, which Hardin saw as inevitable. He failed to note that smaller, depletable commons resources had been maintained in many places for thousands of years through the use of strong traditions and taboos. Hardin's failure

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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Heritage Museum Seeks Vietnam Veterans

The Vashon Maury Island Heritage Museum is planning an exhibit for October 2011 titled 'Home of Record: Vashon and the Viet Nam War'. A key feature of this exhibit is a special recognition in memory of the twelve Vashon-Maury veterans whose names are on the Vashon Vietnam Veterans Memorial. We would like to contact any family members of these men:

- Danny Cleon Barnes
- David Marshall Davies
- William Robert De Vore
- Walter Larry Ferrell
- David Terrance Hake
- Donald Steven Holke
- David Leslie Mace
- John Vilnis Raaum
- Frank William Selden
- John Leonard Stewart
- J Athan Theodore
- Larry Verlyn Wallace

The Museum would also like to honor all those Vietnam Era Veterans

who either enlisted or were drafted from Vashon-Maury Island, or who now reside on Vashon-Maury Island. If you are a Vietnam Ear Veteran or know a Vietnam Era Veteran, please contact the Vashon-Maury Island Heritage Museum so we can properly honor those who served their country during this era.

In addition, the Heritage Museum is searching for artifacts, photographs, and memoirs from this era on Vashon-Maury Island so we can adequately represent what the Island experienced during this era from 1960 to 1975.

Thank you for any help you can provide in this search. If you have any information for this exhibit please contact the Museum or curators at:

Vashon-Maury Island Heritage Museum - 206-463-7808 admin@vashonheritage.org

Curator -Christopher Gaynor 206-218-3114 cbgaynor2@yahoo.com

Exhibit Chair - Dr. Bruce Haulman 206-463-6329 bhaulman@aol.com

Caregivers Support Group

"Vashon Community Care Center hosts a monthly Caregivers Support Group meeting. The group meets on the second Thursday of every month at 7pm.

This group is geared toward family or friend caregivers, rather than paid caregivers. This month, we are again experimenting with offering care for those who need it during the meeting. If interested, please make a reservation by calling Julea at 567-6142."

Relay For Life

The American Cancer Society Relay For Life is a life-changing event that gives everyone in communities across the globe a chance to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease. At Relay, teams of people camp out at a local high school, park, or fairground and take turns walking or running around a track or path. Each team is asked to have a representative on the track at all times during the event. Because cancer never sleeps, Relays are overnight events up to 24 hours in length.

Relay began in 1985 when Dr. Gordy Klatt, a colorectal surgeon in Tacoma, Washington, ran and walked around a track for 24 hours to raise money for the American Cancer Society. Since then, Relay has grown from a single man's passion to fight cancer into the world's largest movement to end the disease. Each year, more than 3.5 million people in 5,000 communities in the United States, along with additional communities in 20 other countries, gather to take part in this global phenomenon and raise much-needed funds and awareness to save lives from cancer. Thanks to Relay participants, the American Cancer Society continues to save lives.

Join Us
July 29-30, 7:00 PM
at the Vashon High School Track

Open Auditions

Open auditions for the new play "ATTICUS," adapted by Marc Powell from the New York Times bestselling novel by Ron Hansen. At Blue Heron Art Center Thursday Aug. 18th at 7 p.m. and Saturday Aug. 20th at 3 p.m. Male adult-age actors needed. Prepare one short monologue. Scenes from script provided. For more info. and an emailed copy of script, please call Marc at (206) 225-8058.

Cyntoia's Story

The DoVE Project is co-hosting We All Belong's fourth film in a series of PBS's Community Cinema. The film: Cyntoia's Story: Me Facing Life is a hard-edged look into the troubled life of Nashville's Cyntoia Brown, a young woman tried as a juvenile and currently serving a life sentence for a murder she committed at age 16. Shaped by bad genetics, bad luck, and bad choices, Cyntoia was a runaway forced into prostitution by an abusive, addict boyfriend. On the night of August 6, 2004, she was picked up by a 43-year-old man, went back to his home and, claiming she feared for her life, shot and killed him.

The event is free.

After the film, Marianne Rose, MA,CDP,LMHCA will speak and there will be a discussion period regarding the effects on of drug use and domestic violence in the home.

Sunday, July 24th from 3-5 at Ober Park.

Fruit Club Workshop

On Saturday July 30th, at 1pm, Vashon Island Fruit Club is offering a Chip-Budding Workshop. Dr. Bob Norton will be supervising interested grafters of all levels. Please call Emily MacRae for details-206 408 7072.

Who Lives Under the Dock?

Saturday, August 6, noon-2pm, Tramp Harbor Dock

Karlista Rickerson and her dive buddies will scout the waters around the dock and send up buckets of specimens. Vashon Beach Naturalists topside will gently place them in seawater swimming pools and tell about them. Co-sponsored by Vashon Audubon, Vashon Beach Naturalists, Vashon Park District, & Vashon College. More info: Rayna Holtz, 463-3153.

Vashon's Food Security Group Offers Tools and Education

On Saturday, July 23rd, the Vashon Food Security Group will be at Saturday Market on the Green from 10am to 2pm with the preservation equipment to talk about food preservation and share recipes and tips. Tools will be on display and available for borrowing and there is an excellent video on canning and freezing. In addition, you can learn about GMO's in our food system and why many people are pushing for more labeling of foods.

July 21, '11

Master Teacher & Healer coming to Vashon to teach Workshops

Karen Korona , M.S. internationally known Master healer, teacher, and spiritual guide will lead a workshop entitled In Light, In Love: A Weekend of Healing and Enlightenment July 29th-31st at Vashon Intuitive Arts. People may participate in the Angel of Light Training (Saturday only) and learn techniques which will welcome the angelic realm for healing and balancing the mind, body, and spirit. Angel of Light Community Healing Circles will be held Saturday July 30th: Children's Healing Circle 6:00-7:30pm, Adult Healing Circle 7:30-9:00pm (Fee: Donation). Parents may be present in the healing circle with their children. There will be a free Introductory Evening Thurs. July 28th (6:30-8:30 pm) at Chautauqua Elementary School.



"Open my eyes, that I may see wonderful things in Your Torah"
Psalm 119.18

torahinmyheart.com

Next Edition of The Loop Comes out Thursday, August 4

Deadline for the next edition of *The Loop* is Friday, July 29

Compost the Loop

The Loop's soy-based ink is good for composting.

The Vashon Loop

Writers: Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Kevin Pottinger, Steve Amos, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.

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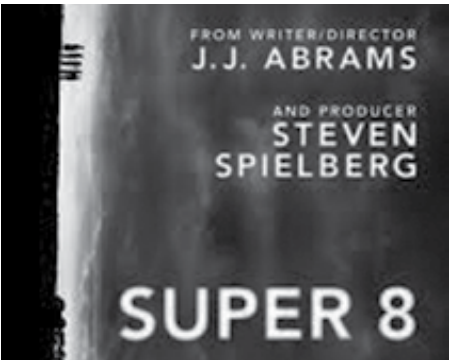
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Through July 28



Harry Potter and the Deathly Hallows: Part 2



Coming Soon

Vashon Theatre
17723 Vashon Hwy
463-3232

For show times and info check www.vashontheater.com

Best Rural Movie Theatre
2010- Seattle Weekly

PANDORA'S BOX

Well, Cheryl can't justify knocking out a wall to expand so she and Chad are simply going up. Come see all the new stuff we have crammed in. New grooming tools are the bomb.

Buddy's Pick of the Week: The brand spankin' new wool dog chews. We have no idea how they smell when wet, but they are very cool and will not cost an arm and a leg.



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On Line Classifieds
Weekly Updates



www.VashonLoop.com

Advertise in the Loop!

It's a great time to get back in the Loop.
ads@vashonloop.com
Next Loop comes out August 4

Care Packages Sought for Fallen Soldier's Platoon

When Vashon's 1st Lt. Robert Bennedsen was killed in Afghanistan last month, he had only been in the country three weeks, but he had already come up with a plan of support for men and women under his command.

He told his family that while he enjoyed care packages from home, many in his platoon never received anything. He hoped the people of Vashon would change that.

Bennedsen's family and friends wish to fulfill Bennedsen's plan and ask that Islanders donate cash to the cause or give items the men and women there have requested. The list includes mechanic's gloves, green uniform socks, sunscreen, hand warmers, preserved foods, powdered Gatorade, cans of tuna, toothpaste, toothbrushes, razors, reading material, flip flops and hard candy, according to Lauren Chinn, who is helping to organize the effort.

Islanders can drop off both types of donations for Bennedsen's platoon at James Hair Design or Bank of America.



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The Harbor School Welcomes New Faculty

“Outstanding teachers are the lifeblood of a great school, and we have an amazing group of educators joining our veteran faculty for the coming year.” – James Cardo, THS Head of School

As it enters its 17th year as an island institution, The Harbor School announces the addition of several new faculty members to its academic program. The Harbor School is pleased to welcome the following new full-time teachers for the 2011-12 school year.

Erin McAllister (soon to be Erin Blaser) – Lower School Teacher

Erin McAllister completed her Master of Arts in Teaching at Lewis and Clark College in Portland, Oregon, in 2009. She received her Washington Residency Teaching Certificate in early childhood education that same year. Her Bachelor of Science was completed at the University of Oregon with a major in elementary education and a minor in special education. Prior to joining THS, Erin taught at the Spruce Street School in Seattle where she was part of a three-person team designed to implement and integrate a multi-age curriculum.

Erin replaces Gayle Kellner as the primary Lower School teacher at The Harbor School, and she currently resides in West Seattle. (Erin will be marrying her fiancé this summer and her name will be Erin Blaser when the fall school year begins.)

“With all that The Harbor School has to offer, I am excited to bring my experience and excitement for teaching and learning to the Vashon community.” – Erin McAllister, THS Lower School teacher

Zoë Hughes – Middle School Science Teacher

Zoë Hughes comes to THS from the east coast where she has been a Science Teacher for grades 7, 8 and 10 in the Buffalo Public Schools. As a science teacher, she has taught physics, chemistry, and biology, and she advised students for community-based creativity projects. Zoë teaches a science curriculum that is both academically rigorous and hands-on experiential, providing young scientists with a broad and practical base for further studies.

Zoë received her Bachelor of Science in Biology at Washington State University and her Master of Science at Canisius College in NY. She is a member of the National Science Teachers Association, National Association of Biology Teachers, and the Progressive Education Network.

Zoë returns to the Northwest where she grew up, and she and her family



Erin McAllister



Zoë Hughes

will be moving to Vashon Household’s Roseballen neighborhood later this month.

“The creative and holistic approach to education at The Harbor School captured my fascination from the moment I read about the school. I am honored and incredibly fortunate to be welcomed into the Harbor School and Vashon communities.” – Zoë Hughes, THS Middle School Science teacher

Kristen Spangler – Middle School English Teacher

Kristen Spangler has taught 7th and 8th grade English at Harrisburg Academy, an independent, co-ed, private school in Wormleysburg, PA, since 2007. Prior to her private school experience, Kristen taught in the English Department at University College Cork (Ireland). She



Kristen Spangler

received two Bachelor of Arts degrees from the University of Washington, and a Master degree from University of Glasgow (Scotland). She completed her Master of Science degree in Secondary Education, English, through Saint Joseph’s University in Pennsylvania.

Kristen joins THS as the new English Teacher, replacing James Cardo who has taken the helm as Head of School. In that capacity, she brings an extensive, scholarly understanding of the English language along with a practical ability to train adolescent readers and writers. Unsurprisingly, she is an avid reader and writer herself. Additionally, Kristen’s interests include travelling, skiing, and photography.

“The Harbor School is what I wish my middle school had been.” – Kristen



Spangler, THS Middle School English teacher

About The Harbor School

Situated on North End acreage and entering its 17th year as an island institution, The Harbor School is dedicated to the education of the whole child in a challenging and supportive community. We provide our students with a strong academic foundation and require them to actively apply their knowledge and skills. The ultimate goal is to instill a life-long passion for learning that will enable our students to contribute their wisdom, compassion, and leadership in a rapidly changing world.

The Harbor School is an independent day school serving grades 4 – 8. THS is recognized as a 501 (c)(3) non-profit organization and is solely funded by student tuition and fundraising donations like the THS Annual Fund and Auction.

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Island Life

Give Thanks

by Peter Ray

This was supposed to have been the second in a gruppetto of articles announcing a series of free bike workshops, the first of which happened a month ago. I knew at the time that the lack of publicity would probably doom the intended first meeting- I was right. But I was also amazed at the range of response I got within a few days of the article. There was, however, a breakaway of words that leapt to the forefront and captured my attention, but more as a warning than an encouragement. I have heard this many times before, these five words- thank you for doing this.

It is a phrase that caused its first ironic sting while I was on a march that was happening in Seattle back in 2006 as an intended statement against the Bush era. There was an expectation of a large turnout as it was a splendid day, the march began at Red Square at the U of W and the then current occupant of the White House was wreaking havoc on the collective well-being of this country and the world. With maybe 50-75 people on hand, the march proceeded off campus, across the University bridge and up to Cal Edwards Park on Capitol Hill. All along the way there were car horn toots of support, emphatic thumbs being waved up behind semi-tinted car windows, and occasionally, very occasionally, a window would be rolled down and as the air-conditioned air escaped the confines of the driving cockpit it would carry along with it the words- thank you for doing this.

As I was trying to figure out where to take a nursery business that seemed to be going backwards rather than leaning forward, it was suggested that I try the Farmers Market circuit- your plants are good and interesting- you should do well, it was said. When I found that the dark blue pop-up canopy was not showing off the colors of the various plants on display I found a white one that was a deal on Craig's List and the light shone down. When the set up didn't really draw people into the booth, I rearranged the tables so they did not have to come in- just walk by and look. I added a stand for my note cards with various plant portraits and did cards of the markets I was selling in, even though now-a-days people find it easier to send texts and tweets or something snapped through a smeared smart phone lens.

People did stop and look and ask gardening questions. Sometimes they even bought something. But mostly, as everything that had been handled and probed and sometimes marveled at was all put back in their places, the market shopper would turn and hand me a five word token and walk away. I would put these in a bag, although I wouldn't declare them when cashing out with the market manager at the end of the day- they were, after all, only words. I would wait in line and hear of the peanut brittle guy's \$900 day, or get an offer from the bread guy to take home one of the handful of loaves he had left. I would pay my percentage of the eighty or so dollars I had collected while keeping my bag of word tokens to myself. Those were mine to take home and spread out on the counter and gaze over. As they clanked together while tumbling from the sack they certainly did have a ring to them, those words- thank you for doing this.

I will stop the wallowing now- my reason for writing this was to say I really did not want to do this bike workshop thing anymore. The above was a part of the decision- one of those cumulative effect things that finally causes something to snap. It's not that I



am no longer interested in helping with bike stuff- I am and will continue to do so. What actually made me stop and think that time spent promoting bicycling was in some part time wasted was a news item about a bear. Actually it was two bears that have been given the tentative collective name of Nanulak, which is a merging of the Inuit words nanuk and aklak- their terms for polar and grizzly bears. The reason for the merging of these two words is that the two bears from 2006 and 2010 were found to be genetic combinations of the grizzly and the polar bear, which seems to indicate that perhaps they are responding to a need for change- they are evolving. The reason we know about these two bears is not through world-advancing research, but because they both were shot and killed by hunters, one of which paid \$45K for the "privilege" to do so. It makes me wonder what the countless "save the polar bear" organizations are up to. What I am fairly certain about though is that if Nanulak I and II could talk, or could have spoken before their demise, there are five words that would have been the last thing on their minds.

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Tickets also sold at Windermere Realty and Vashon Pharmacy.

Limited tickets available! Buy Now!

Sunday, July 31st 1:30 to 4:30 p.m. (Doors Open @ 1:15 p.m.)

St John Mary Vianney

Location - 16100 115th Ave SW

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you don't want to run out of fish when feeding a pod of hungry sharks now, do you?

We will try and match the weight of fish you want but we have no control over what the fishermen ship. Final payment due will reflect the actual weight of the fish which may be plus / minus your requested weight.

All fresh fish not picked up on Sunday July 31st between 3-4:30pm will then be frozen. You will then need to contact the SJV office to schedule a time to pickup and pay for your fish. Thank you, the SJV Fish Guys!

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Next Edition
of *The Loop*
Comes out
Thursday,
August 4

Deadline for the next edition of *The Loop* is
Friday, July 29

Ride your Bike
Park to Park



Hark Vashon-Maury Islanders! Come and enjoy with your bicyclist friends a ride through our beautiful islands focused on cruising by our amazing parks. The Event is called appropriately “Park to Park” and falls under the – “Exercising our Better Selves” Series brought by the 501 c 3 Organization, Sustainable Tourism on Vashon, STOV, that is dedicated to preserving the beauty and rural nature of our islands, and only promoting culturally and ecologically responsible tourism. This years’ Event “Park to Park” has it’s own website,

www.parktopark.org. The website has lots of information of where you might register at various retail locations on the island or also online. The website also provides lots of info about the event

The cycling event offers two suggested rides a choice of 33+ miles with sign in at the north end LaGrange Parking lot or 24+miles with sign-in at Paradise Ridge Park. Cycling clubs, families and individual cyclists are welcome on these self-paced courses.

The event begins at 8 a.m. at both

sign in locations and wraps up at 2 p.m. Both routes finish at Paradise Ridge Park with a light lunch available for each participant as part of their registration cost. Early registration is \$20 adult, \$12 minor After April 27th registration is \$25 adult and \$15 minor.

At each sign-in location you can register and/or pick up your packets for previous registered cyclist. If you registered earlier you may sign-in and get your packet at either location.

When you’ve completed your route enjoy our lunch, some music and talk with people from Vashon Heritage Museum, King County and Vashon – Maury Island Park District, STOV and information on the “Food We Eat and effects on the Environment” presented by IERE

Sponsors of this year’s event include Puget Sound Energy, Sawbones Worldwide, Vashon Park District, King County Park District, Essentials 4, Institute for Environmental Research and Education, Minglement, The Little House, and The Vashon Island Coffee Roasterie.

Lets Ride and have a great Day!



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Ticket Price: \$25.00

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Tickets available online at www.hotflashhavoc.com

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Aries (March 20-April 19)
Certain events may seem to be pivoting around you, or your influence -- and you may be wondering how things have gone so far. I suggest you ask another question, which is: how far can you go making use of this circumstance? You are likely to be learning something about the kind of impact you can have, saying or doing very little. I would persist in a policy of saying less rather than more, but choosing what you say well. Consult with others and work from a strategy. You may think you're in a situation where you have to choose sides. How do you do that? Well, know your own agenda, and subject it to some scrutiny. Then see where your intentions align with those of the people in your professional environment. You may think you're ahead of yourself; you may think that you're into something too advanced for what you're capable of. Remember your ethics at all times and you will do beautifully.

Taurus (April 19-May 20)
The world around you seems to be moving at full thrust, and you're in one of your more sensitive moods at the moment. You're in an amazing position to observe and express empathy for what's going on around you. Yet the Full Moon in your fellow Earth sign Capricorn is an invitation to take a step up in the world. It's also an occasion to step out of the psychological box that you've inherited from your mother, who understood the world more in terms of the past than as something you can experience in the present or the future. You seem to be accustomed to going through this psychological material with a spoon, or with a garden spade on a good day. Now you can feel the experience for what it is, and that feeling can propel you to make decisions about what you want and how to be that will surprise you with how simple they feel, and in fact, how simple they are.

Gemini (May 20-June 21)
Remember that there is such a thing as right and wrong. I know that certain members of fundamentalist faiths blast the notion of moral relativism, or what you might think of as situational ethics. In truth, most of what we think of as right and wrong are indeed relative (such as it's wrong to harm a dog, but you can eat lamb if you want). By right and wrong, I mean aligned or not aligned with your personal constitution. The problem you have is the same problem that everyone else has: it's difficult to distinguish guilt from an ethical impulse. Maybe this will help you: Guilt judges you wrong before the trial. An ethical impulse asks a question, and then you get to answer the question based on your values. Listen to yourself; listen to the values you're referencing when you make your assessment. This is a step-by-step process. It should take longer than a Gemini minute; more like a Taurus hour.

Cancer (June 21-July 22)
We're in the midst of a Full Moon in your opposite sign Capricorn. The Sun in your birth sign suggests that this is time to experiment with role reversal. If you tend to be the passive type, it's time to take action. If you tend to be more like a child, it's time to be an adult. If you tend to be the kind of person who seeks security, it's time to take a chance. The kind of astrology you're experiencing is the kind that rewards action, conscious decisions and knowing continuously what crossroads you're standing at. You are indeed standing at a significant intersection of possibilities, of potentials, and of influences. You may seem so overwhelmed that the only logical thing to do is stand back and watch. Yes, I do suggest you watch -- but not while you're standing back. Life is calling you to participate right now; don't worry that you

feel like you're in over your head. That's how it usually is, whenever something actually relevant is happening.

Leo (July 22-Aug. 23)
Sometimes it's meaningful to think of success as a mountain that you climb, though there are times that what once seemed high up descends to a place where you can reach it. People you may have thought were inaccessible or superior to you are now more obviously your peers. What seemed like it might be a great achievement is now seen as a practical matter. What you thought of as success you can now think of as doing things well. All of these changes are an attribute of what you might call a maturing process, though really what you're discovering is that you have a place in the world. A bit of grace and poise are called for in stepping into that place; faced by so much to be angry about, you are the one capable of looking at the world with some peace of mind. When you communicate anything, remember that you're relating from all of these points of progress, and are often speaking to those who struggle to have any faith in themselves.

Virgo (Aug. 23-Sep. 22)
You're not the type of person for whom the ends justify the means. Your whole life is a story of process; you could certainly use being a little more goal-oriented, and this is a time when you can experiment with that boldly. Goals require action to be meaningful. It's true, they can reside in your mind as an abstract concept for many years, though I suggest you think of a true goal as something you're experimenting with and want to go further with. More than being an idea, it's something that's already in progress. You may have to be what feels like ruthless in moving obstacles out of the way, so that you have the space and energy to do what you want. It's more your style to involve yourself in what is the most meaningful to you and gradually allow it to take over your life. And remember this: it's unlikely that you have two goals. You really have one agenda that expresses itself many ways. Keep coming back to that and you will stay in alignment with your purpose.

Libra (Sep. 22-Oct. 23)
There is a limit to how far purity will get you. Striving for impeccability is another thing. There is a limit to the value of being sentimental; there is no limit to the value of caring deeply, and that certainly describes you well. Now for the tricky part: accomplishing most goals requires a little detachment. Sure, it's possible to froth at the mouth like a stock trader, or to lust after power and glory -- those things work, but they don't usually work when the actual objective, when the purpose involved, is an authentic or nourishing one. So focus on your authenticity, and on the process of cultivating nourishment. You have something that others benefit from, and it would be helpful if you made peace with that. In a sense, you're being used for a purpose larger than yourself, and as long as you love that purpose, it's one of the most exalted states that a person can attain. I suggest your mantra for these days be, 'the greatest good for all concerned'.

Scorpio (Oct. 23-Nov. 22)
Remember that every work relationship is indeed a relationship. Each is a unique experience, and in truth one human contact is not 'bigger' or 'more important' than another -- or at least that is the wise assumption now. Remember that none of these situations is an ornament for show; be especially mindful here if you have a partner whose position somehow reflects on your status or credibility. Maintain your integrity and stand on your own merits. The sky is volatile right now, but it's rich with

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potential. You are obviously feeling some pressure with the Full Moon, and you may have a sense that if you make a mistake, you won't be able to undo it. This is not really true. While you want to make your decisions consciously and carefully, August presents a kind of review phase wherein you can reassess certain elements of your situation and make useful corrections. The key is to stay in contact with your motives, and be honest with yourself about what they are.

Sagittarius (Nov. 22-Dec. 22)
You may be feeling provoked; you may even be feeling outraged about something. This may be enough to spur you into some kind of unusual action, and that could be a truly positive thing. I suggest that while you're experiencing the sensation of feeling pushed or compelled to notice something, think back and ask yourself how many times you've noticed the same thing; how many times you've had the same sentiment, but less passionately. Who or what is spurring you to action now? The planets in your solar chart are in a dependable alignment that is designed to get results, with the one caveat being that you must stay in close alignment with your motives, your ideals and what you actually want to create. I strongly suggest you think in pictures, rather than just in words. Visualize what you intend; notice what is in the picture and what you want to add to the picture. Then notice when it takes on a life of its own.

Capricorn (Dec. 22-Jan. 20)
How much happier would the world be if we lived among sexually satisfied people? Think about it. Think of all the subverted energy that would be going to where it really matters; think of all the toxic aggression that would fizzle out and be replaced by fresh passion. Consider all the pain that would be replaced by the direct experience of healing. Imagine all of that hungry ghost yearning that is really sexual starvation, replaced by the desire to generously nourish oneself and others. Then imagine this multiplied by all of the people experiencing it, you among them. What would society feel like? What would your world feel like? What would it feel like to exist? You have many opportunities to open up, which means to relax and flourish. Whatever dark emotions, fears or inhibitions may have bound you in the past are too weak to hold you back now. Your desire and passion are stronger

than they are.

Aquarius (Jan. 20-Feb. 19)
Among my pet names for the zodiac signs, I have two for yours: one is Acurious, and the other is Aqueerius. They are related. These days, it's weird to be curious. Part of why it's weird is because the things that others think about doing, you tend to dive in and experiment with. I reckon that often, you do so knowing there are no guarantees -- that's very helpful. Experimenting, exploring, endeavoring to give your curiosity an actual place in the world are best left open ended, free from expectation. Who knows, the results might be a mixed bag; they might be a huge breakthrough; you might decide it wasn't worth it, and move onto the next thing. The beauty is that you actually dared to find out. You stopped living in your head and took up a process of understanding the world through first-hand experience. Your charts are especially encouraging of this at the moment; can you feel it?

Pisces (Feb. 19-March 20)
This is the weekend to be as visible and social as you can be. Your area is changing, your relationship to the world is changing, as is the world itself. All of this is happening at a pace so fast, we feel it about as palpably as we feel the Earth moving beneath our feet -- that is, not so much. One way to experiment with change is to get out into a social environment. The big Capricorn Full Moon is shining bright in your 11th house right now, which represents your circle of friends. Yet it's also one of the houses that represents your vision for your life, and this house is the scene of many unusual changes these days. Looked at one way, the soil is being turned over for new planting. Looked at another way, there is an archeological dig going on, where you're able to retrieve long-lost desires, ambitions, and a quest for freedom that has over many years been buried by the shifting sands of time. You have strong intuitive guidance right now, and many other factors working in your favor. Pay attention to who you meet, and notice how the world has evolved around you even from the place you remember it being just a few months or years ago. Be aware; get in sync. These are unusual days.

Read Eric Francis daily at
www.PlanetWaves.net.

Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

Here’s the Deal

by Mary Tuel

Recently my cousins Nancy and Charlotte came up to visit, and one day they and I and Charlotte’s friend Sandy, who lives in Ballard, had a day together in the big city.

The four of us started with lunch at Spud’s on Alki. It was the first day of true summer weather and people were out on the beach in legions. After lunch we made a few stops, then we got onto I-5 heading north. I was going to check out a lamp I’d found for sale on craigslist.

When we came off the freeway at 45th, we all noticed that my car had developed a loud, disturbing bump. I pulled over to check it out, but could see no problem. We bumped on to the house of the guy with the lamp, which I did buy. Then we drove along Lake Union, heading for the Ballard Les Schwab to further inquire into the bumping situation.

We drove up Leary Way, my tension about the state of the car increasing with each bump, until we got to the end of the Ballard Bridge, turned right, and there was the Les Schwab, at the corner of of 15th Avenue NW and NW 50th Street. We pulled in around the back by their

working bays.

The first guy we spoke to told us they were closed. I leaned on my cane and sighed, thinking this jolly day was ending badly.

Another couple of young men in Les Schwab uniforms came out to talk to us.

I said, “My car has a terrible bump...”

Charlotte said, “We’d like to speak to the manager...”

Sandy watched us with the loving detachment of a person who does not drive a car.

Finally, cousin Nancy stepped between Charlotte and Sandy and said, “Here’s the deal. We’re four senior citizens, and she’s disabled (with a wave of her hand at me and my cane), and the car has a problem that needs to be fixed so we can get on our way.”

One of the young men smiled and said, “I’d be happy to help you, but I have to talk to my manager.”

The manager turned out to be a swell guy named Neil.

He said, sure, we’ll look at the car. The kids put my car up on a lift, and right away the problem was apparent: the radial bands in one of my rear tires had separated. That tire looked like it had a major aneurysm, which in fact it did.

“And your other three tires are not that great,” said Neil. I sighed, and ordered a set of tires, remembering that I had about exactly enough to pay for them in my property tax savings account. On the bright side, if I have to sell the car to pay the property taxes in October, it will have relatively new tires.

I’ll be honest: this was my fault. I had been warned. I drove on the tire when it was flat, which did it no good, and when I had it repaired I was told I was going to need a new tire because that one didn’t have far to go. I said, righto, and then forgot all about it.

That’s how we ended up at the Ballard Les Schwab, with Cousin Nancy saying, “Here’s the deal.” They were great to us, and I have to admit the car rides much better with round tires.

So that’s the deal.

The Truth Be Told

Continued from Page 1

know Raff’s family misses him. We grieve deeply for Meredith’s family, always thinking of their ordeal, but the case against Amanda and Raffaele is based on what we all consider to be a pack of lies and we wonder how that equates to justice for Meredith?

In the trial of first instance the defense was repeatedly denied access to key evidence, but in the appeal Judge Hellmann compelled the DNA information released and the independent experts are reportedly astonished that the evidence made it into court. The collection and processing broke a number of protocols as the defense has always maintained. The defense is still denied access to the laptop hard drives that were supposedly destroyed.

Alibi Lost in Translation

During Amanda’s illegal interrogation she struggled to make sense of the questions she was being asked since she did not have a firm grasp of the language. Her attempt to clarify her answers is what the Perugians refer to as her ‘constantly changing stories’ which they then used as evidence of lying instead of a rudimentary grasp of Italian.

www.oprah.com/oprahshow/Amanda-Knoxs-Family-Speak-Out/5

Stolen Voice

PM Mignini sought a year of solitary confinement for both Amanda and Raffaele in an effort to ‘break’ them, thankfully their parents and lawyers were able to move them into the general population after a few weeks. While separated from her family and before she had access to a lawyer the Perugians encouraged Amanda to write her thoughts down. They seized the papers that included a diary and a classroom assignment, then cherry-picked phrases that were leaked to the press specifically to damage her credibility.

www.telegraph.co.uk/news/worldnews/1570225/Transcript-of-Amanda-Knoxs-note.html

www.thesun.co.uk/sol/homepage/news/576892/AMANDA-KNOX-MEREDITH-Kercher-murder-Foxy-riddle-I-could-be-dead.html

The Perugians and their Constantly Changing Stories

Public Minister Giuliano Mignini, Chief of Homicide Monica Napoleoni, Head of the Roman Scientific Police Edgardo Giobbi and their subordinates have been trying to turn angels into devils since November 2, 2007. The lies began the moment that the Postal Police arrived and continue until today. We began with the Public Minister and police calling Amanda an “insane, murderous, slutty, drug-addled Satanist.”

seattletimes.nwsourc.com/html/localnews/2008120524_amandaknox17m0.html

The last was a couple of weeks ago when The Sun, a British tabloid, mistranslated Amanda’s June 26 testimony and quoted her as saying she was ‘getting drunk’ with Rudy Guede the night of the murder. Amanda actually said, “we were not together that night.” The video is incorrect while the article on the same link is closer to the professional translation. Despite numerous requests from the Italian-speaking public, video has yet to be corrected.

www.huffingtonpost.com/2011/06/27/rudy-hermann-guede-amanda-knox-testimony_n_885005.html

www.thesun.co.uk/sol/homepage/news/3662268/Judge-bans-Amanda-Knox-from-confronting-accuser.html

www.thesun.co.uk/sol/homepage/video/news/sky-news/3662810/Amanda-Knox-appeal-Latest.html

Satanism

The first Big WTH? There is no evidence of Satanism in her family, friends, soccer club, highschool, university or even in Seattle. I mean really, if your red flag is not up right now, then we ARE in trouble. I demand to see evidence that the Order of the Red Rose secretly recruiting on the Husky campus.

www.foxnews.com/story/0,2933,440482,00.html

Amanda is an insane, drug-addled slut

Currently the prosecution’s crazy-ass murder scenario has changed six times.

Amanda has gone from being strung out on nuclear-powered pot, straddling Meredith, butcher knife in hand, drooling and yelling, “You prissy girl!” In the most recent, when asked how she could commit murder and not leave one molecule of DNA at the murder scene, Mignini said that “maybe she’s in another room,” strung out on nuclear-powered pot, yelling orders to her lapdogs Raffaele and Rudy. PM Mignini and his team set out to prove that Amanda is an insane, slutty American coed. They are still trying to prove it to Seattle.

www.injusticeinperugia.org/Prosecutionscase.html

In 2008, the foreign media came to Seattle to find dirt on Amanda and they brought blood money, we are still snickering that they left with their wallets intact. The foreign media found a nice girl who was well known for her kindness and sense of humor, then they went home and focused only on the prosecution’s version of events because a Nice Girl is boring, unlike a crazy slut.

www.dailymail.co.uk/news/article-496218/I-fired-Foxy-Knoxy-hitting-customers-Patrick-Lumumba-reveals-framed-Merediths-murder.html

Amanda acted ‘quirky’ and ‘odd.’

Chief of Homicide Napoleoni is the source of the cartwheel story. She observed a male officer asking Amanda to demonstrate the splits, not a cartwheel, and did not admonish him for unprofessional conduct. Then, later that day, she was intimately involved in Amanda’s interrogation.

www.abcnews.go.com/International/story?id=6975061&page=1

The police reported that Meredith’s British girlfriends said Amanda was acting strangely, that Amanda and Raffaele were kissing at the police station, that she refused a hug, that she didn’t cry.

www.people.com/people/article/0,,20324839,00.html

Head of the Scientific Police Giobbi decided that Amanda was a murderer because he saw her eating pizza. He said that she swiveled her hips, adding to the sexual undertones by police toward Amanda. He saw her cry uncontrollably at the crime scene and he found all of this suspicious. Giobbi stated to the press that he did not need to see any forensics to ‘know’ that she was guilty of murder.

www.youtube.com/watch?v=o_hq8lgw4vA

Amanda was crying uncontrollably when Merdith’s body was found, that is why she looks so ragged in the ‘infamous kiss’ video. She was in shock. When taken in context, her behavior proves is that she acted like an American kid who was suffering through a tragedy. Perhaps she didn’t act European, but that does not prove that she is a murderer.

www.youtube.com/user/MonsterofPerugia?blend=2&ob=5#p/u/0/tiYUwK3BNK8PatrickLumumba

Amanda worked for Patrick at his club, a job found she shortly after arriving in Perugia and her text message to him saying “See you later” was twisted to mean “let’s commit murder tonight” instead of “I’ll see you tomorrow.” Patrick spent two weeks in prison, even with an airtight alibi, until police caught Rudy Guede. He was released and is suing Amanda for implicating him the murder. Patrick is going with the flow.

www.injusticeinperugia.org/TheInterrogation.html

www.telegraph.co.uk/news/worldnews/europe/italy/4947793/Amanda-Knox-sued-by-Patrick-Lumumba.html

The Staged Break-in

Rudy Guede knew that the boys downstairs were gone for the weekend when he threw the rock through Filomena’s bedroom window, he waited to see if someone would come and when no one did, he climbed in. Police know that a rock serves these two purposes in burglaries, yet, it was they who decided that the rock was thrown from the inside and then played down that Filomena, checking for stolen items,

Continued on Page 9

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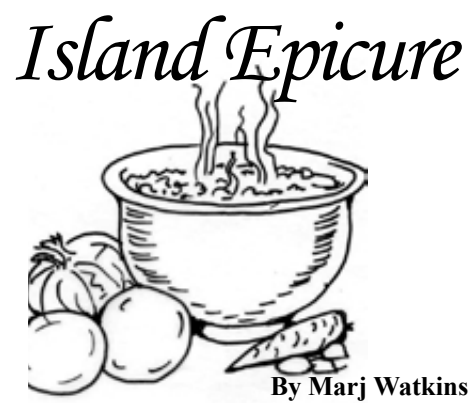
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Make the Most of the Least Cook Chinese

We seen the price of food escalate, especially, it seems, in the produce department. Our best defense: Cook Chinese. The folks in China are said to save 35% of their income. Plainly, they know how to make the most of everything. How do they do it? For one thing, few families own even one car. And they eat simply. Meats and vegetables often garnish the rice bowl or the bowl of noodles in broth.

Partly to make eating with chopsticks easier, and partly to save fuel, the Chinese cut vegetables in small pieces so they'll cook quickly. Their aim is to cook the outside of each vegetable piece to kill any germs on it, but leave the inside crunchy and undercooked so most of the enzymes and vitamins live through heat exposure.

Most Chinese cooking uses small amounts of meat, only a couple of ounces per serving, thinly sliced to cook in seconds, and look like more. Combining meats and vegetables allows the proteins in the veggies to be more completely used in the body, they say, and, ideally, a meal should contain five kinds of vegetables for a maximum range of nutrients.

Soups are served late in the meal, or as part of a family-style meal. Everything goes on the table at once, sweets included. At a family dinner with son Steve's Chinese in-laws in Kunming, sautéed apples garnished with caramel filigree appeared alongside dishes of spicy braised pork, garlic leaves cooked in chicken broth, gently sautéed pea vines, green beans similar to shelled edamame with tiny pieces of ham, fried goat cheese—a rarity apparently reserved for American visitors, fresh pineapple wedges, a thin soup, and at the end of the meal rice to fill up any empty spaces.

No tea was ever served to us with a meal in China. The reason given was that tea hampers digestion. They say you should wait until at least 15 minutes after your last bite before you drink it, or drink it between meals.

The Truth Be Told

Continued from Page 8

tampered with the room before the Scientific Police arrived on scene.

www.injusticeinperugia.org/window.html

Mixed DNA not Mixed Blood

Amanda and Meredith lived together so their DNA would be mixed in their apartment, as would their roommates and guests. The police cross-contaminated the entire crime scene as they were unable to change booties and rarely changed gloves. They claimed that Amanda's DNA was found in Meredith's blood in several samples, but did not check for her roommates DNA in any sample. They claimed that Amanda's blood was found in her bathroom, mixed with Meredith's blood, but that sample was proven to be cellular DNA.

www.injusticeinperugia.blogspot.com/p/mixed-dna-not-mixed-blood.html

DNA Collection and Processing

The experts appointed by Judge Hellmann in the independent review were astonished that the Bra Clasp and Knife

Fusion cooking in post-Mao China often combines cuisine elements of several provinces in a single meal with some hot dishes, some mildly seasoned dishes, and some sweeter dishes. No separate dessert courses.

Chinese cooks use whatever is available and most cost effective, wasting nothing. Once we had a stir fry featuring crispy chicken skin combined with vegetables in a delicious simple sauce.

One way to stay closer to our old food budget is by cutting waste. Date leftovers and plan them into upcoming meals. Toss the bits you might have thrown away into future soups, stews and casseroles instead. Collect bones in a bag in your freezer. Make soup stock from them at your leisure. We need the minerals such broths can add to soups and sauces.

1. Stems from broccoli: peel, slice, include in stir-fries or steam 5 minutes before adding the separately steamed florets. Peel, slice and include cabbage cores. Or blanch the slices and add them to a vegetable salad.
2. Stems and inner ribs from kale, cut in pieces and cooked in salted water, or chicken broth can serve as a vegetable in their own right. Or include in vegetable stew.
3. Zest from lemons and oranges: More flavor and vitamin C than in the fruit. Grate or thinly peel—just down to the white part but not including it. Mince, dry on back of stove, in sunlight, or in oven warm from baking, but turned off.
4. Salal and black berries: Free fruits. Harvest salal berries—most tasty when first ripe. Include in jams, jellies, and syrups made with wild blackberries. Delicious!
5. Onion skins: More of some nutrients than in the onion's body. Hoard and cook in salted water. Drain. Use the broth in soups and gravies. May be frozen.
6. Use the bones. When I first heard of people saving the bones after eating off the meat and boiling them for soup stock, I was shocked. But now I think, "How practical. The stock leaches mineral from the bones into the broth, and there are always bits of meat left on the bones to add flavor and protein. Boiling kills any germs.
7. Freeze single portions of meat left over from a meal. I label a freezer bag "pour le cassoulet" and into it go the last drumstick, or pork rib, or oxtail round. Combined with beans, and a bit of polish sausage and cooked slowly in the oven, occasionally stirring down the skin that forms on top, the cassoulet turns leftovers into a gourmet dish.

You'll find more recipes on my blog at <http://island-epicure.blogspot.com>

ever made it into the courtroom as neither item were collected or processed under international protocols. What does that say for the rest of the evidence collected?

www.knoxdnareport.wordpress.com/

www.blog.seattlepi.com/dempsey/tag/meredith-kercher/

The Clean Up

Amanda and Raffaele were accused of buying bleach and cleaning up the crime scene. No bleach receipts were found, as the Italians reported, and it was never proven exactly how they could clean up only their DNA while leaving Rudy's. The truth is, they could not have done it, no one can.

www.knoxarchives.blogspot.com/2010/05/luminol-lies-case-against-amanda-knox.html

The HIV Test

After Amanda was arrested a prison official, costumed as a physician, tricked her into giving up personal information regarding sexual partners by telling her she was HIV, a callous and blatant lie, causing her emotional harm.

hot flash havoc

a film of menopausal proportions

Join us for an Evening of Hormones, Hot Flashes, Sexual Information and Humor!

The Vashon Island Premiere of HOT FLASH HAVOC, the award-winning documentary from Executive Producer Heidi Houston will be in town for one night only on August 6, 2011. The film is enlightening, entertaining, humorous, profound, and a crash-course in what every woman needs to know about perimenopause and menopause. HOT FLASH HAVOC not only sheds insightful light on the confusion stemming from a decade of misguided facts, but conveys poignant personal stories shared by real women and in depth interviews with the world's most noted experts. Learn about staying vital, alert and sexual from 35 to your 80s and onward.

"This film has the power to be a life changing experience for every woman in your life," said Executive Producer Heidi Houston. "Gather your girlfriends for a fun and enlightening evening out, or bring your spouse too because if you are a woman, live with a woman, or know a woman, this is a must see film."

This event is open to the public and is sponsored by Vashon's Women's Health Center, The Vashon Theater, genConnect, Glo Minerals and Three Olives Catering. Tickets are available at: <http://www.hotflashhavoc.net/>. Doors will open at 12:30 PM on August 6. The screening will begin at 1:00 PM and will be followed by a conversation with The Experts and a "Join the Havoc Reception." The event will be held at Vashon Theatre (17723 Vashon Hwy SW, Vashon, WA 98070)

Some of the experts featured in the

film are: Alan Altman, MD President Of The International Society for The Study of Women's Sexual Health; Susan Wysocki RNC, NP, FAANP President and CEO of the National Association of Nurse Practitioners in Women's Health; Dr. Elizabeth Vliet M.D. Women's health specialist & Founder of HER Place: Health Enhancement Renewal for Women, Tucson & Dallas; Sheryl Kingsberg, PhD, chief of behavioral medicine, MacDonald Women's Hospital, University Hospitals Case Medical Center and associate professor in the departments of reproductive biology and psychiatry; Phyllis E. Greenberger, the first president and CEO of the Society for Women's Health Research in Washington, D.C.; Barbara Levy, MD Medical Director at the Women's Health & Breast Center at Franciscan Health System in Washington State; and many more.

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www.dailymail.co.uk/news/article-1192548/I-feared-I-Aids-sex-seven-lovers-Foxy-Knoxy-takes-stand-Meredith-murder.html

The Massei Motivation

This important proclamation is riddled with inaccuracies and contradictions, it looks as if it was written by a staffer who did not bother to fact-check and it is shocking that any judge would sign it, yet that is exactly what Judge Massei did. www.beforeyoutakethatpill.com/2011/3/Massei_Report.pdf

www.sciencespheres.com/2010/10/through-motivation-report.html

The Mighty and Much Feared Knox PR Machine

Curt and Edda hired a PR firm, Gogerty Marriott, to act as a buffer from the press, then they were accused of trying to influence public opinion; Europeans in particular were suspicious of this need, unaware of the shear number of media outlets in the US. There is also a faction of unpaid supporters, like myself, who have been added to the Gogerty Marriott's payroll (Show me da money! LOL) by the Haters in the blogosphere and together we have become the PR Machine. In reality there is just Gogerty Marriott, used as needed, and the Knox family has no influence on what the rest of us say. They don't need to; we can see the truth for ourselves.

www.gogertymarriott.com/showcase/amanda_knox/

The real Amanda Knox is a Seattle girl

who made friends easily and is well known for her compassion. She is funny, laughs often, and has a dedicated group of friends helping her family. Amanda is a serious student who belongs to the National Honor Society and the Dean's list at the University of Washington. And the real Amanda spoke fondly of her new friends Meredith, the beautiful English girl, and Raffaele, the cute Italian guy who looked like Harry Potter.

In essence, the vast majority of what you read and heard about Amanda and Raffaele is false and was reported to the English-speaking world by the British media, who are now under scrutiny for hacking the phones of murder victims and celebrities.

By contrast The Vashon Loop and West Seattle Herald have both shown extraordinary support to the Knox and Mellas families during this ordeal and are to be commended for coming to the defense of community members. Both editors deserve praise for their support of truth, as does reporter Steve Shay for his informative articles, your help is deeply appreciated. The Seattle media have worked together to bring the mistakes to the attention of the public and are doing an admirable job.

Keep our friends in your prayers as we wait for the July 25th ruling on the DNA evidence and the court's final ruling on guilt or innocence in the fall.

The least initial deviation from the truth is multiplied later a thousandfold. ~Aristotle

Positively Speaking

The Trail of Good and Evil

By Deborah H. Anderson

The timeline of the following column bridged a transition time in the life of Vashon Methodist. The class mentioned occurred during the last weeks of Darryn Hewson’s tenure. He and his family have now moved on to First Methodist in Everett. The event occurring in their family’s life happened during the first weeks of the new VUMC pastor Rev Dr. Kathy Morse and her husband Steve. It is the tradition of the Methodist denomination to move pastors, if they are moving, during the first weeks of July.

My interest in the class came from two motivations. First, I have roughed out chapter two of my spiritual autobiography ‘Because the White Rose Grew; Parenthetical Confessions of a Mystic Boomer White Woman’. That chapter is entitled ‘Potter 3: Pot 0: God and Evil’ . I wanted to compare what I had written with what others thought.

The second reason came out of a desire to offer a study group here on the Island based on the book “The Bait of Satan”. As I see it, the Island (maybe the world’s) number one problem is taking offense at something someone said or did (or you thought they said or did). This book is about how to rise above that. The premise is that much bad comes from the dynamic that starts with offense taking. BUT...

Satan is a pretty controversial word/concept/person. Seeing that a church as mainline and mainstream as the Methodist church here on the Island was offering a class that in some of the publicity was listed as ‘Who is Satan?’ I thought I’d take a listen and see their spin.

So it was that, graciously, this group of Tuesday night students who had been meeting with then Pastor Darryn Hewson welcomed me into their little group of seekers. What a privilege. What a blessing. The material presented was as good as any I took in seminary or Bible Study Fellowship. Darryn is an awesome teacher and I hope someday he is not only ministering to the laity but teaching as well. He and his wife Lisa make an awesome ministry team. Her desire to be trained as a nurse fits beautifully with both their histories and their calling and what they’ve been anointed to do.

My own reflections were confirmed through our journey in the class. We met for potluck and went our merry way.... for a week.

Then the fateful emails began. The ones that made us gasp in disbelief . Their four-year-old daughter Ainsley had slipped into Denny Creek, stayed submerged for fifteen minutes. Having thus drowned, she was found and revived by bystanders.

Because Darryn and Lisa have a worldwide ministry, worldwide prayers went up. Ainsley, and everyone else, got her miracle. A week later she was bouncing around at home.

Let’s for one minute set aside the fact that frequently we can’t agree on what is evil. Let’s also set aside the emotional buttons that get pushed when the name Satan is mentioned.

We will all agree that a four-year-old girl drowning is at the very least a bad thing. Many of us would go so far as to see that it



is evil.

I learned, once more, that week, that we greatly underestimate the power of prayer. Greatly. Enormously. Beyond our comprehension, don’t fathom the power of collective prayer for a common good. All kinds of people and all kinds of faiths prayed that week for one little girl to be made alive and whole again.

Also that week there were two other stories about good and evil. There was the Rupert Murdoch story, and the beginning of the premiers of “Harry Potter 7/2”.

Five years ago I ran into a particular publishing house brouhaha that seemed out of character.. It is the publishing house that for all intents and purposes owns the Bible. Yes, there is such a thing. When I queried the back-story on the backbiting of the staff, the response came, “Rupert Murdoch owns us. They’ve made some changes that are good for business. Everyone’s a little cranky”.

Thus that week, it was revealed that the owner of the Bible lived a less than integrity filled, character driven life in his business dealings. Is that what one would call a cross-cultural experience? Or was Rupert just trying to revive some middle age church history where faith was commerce and financially based? To him, the Bible translates as bestseller making lots of money. (For a great essay on this check out the Huffpost religion contributor Will Braun blogpost “Rupert Murdoch: Bible Mogul).

As to the third event of the week, Harry Potter openings, let us note...spoiler alert.... evil is defeated. Around the world in many languages there is this overwhelming cheer. The event was an enormously satisfying ending to our own story that we have attached to that series. The desire for that ending in our own lives resonates almost universally in all ages and stages.

Circling back to Ainsley, I had this thought. What if we just needed more people praying together to defeat the big evils? Yes, yes, doers of course. The medical team, the bystanders, and the people who carried the Hewson’s physical needs for a week certainly were part of the miracle. But what if prayer had made a difference? What if it takes not only a village to raise a child but an army of prayer warriors?

For those of us who pray without ceasing, it’s an obvious answer. For those of you who have not tried it yet, or tried it once and ‘didn’t get what you wanted’, Try again...and again...and again....

Ainsley Hewson is alive and well. Like I said before...Sole Deo Gloria.

Love
Deborah



Traffic Changes At Fauntleroy Ferry Terminal

Ferry riders should plan for traffic control changes at the Fauntleroy ferry terminal in West Seattle starting July 17.

Due to budget cuts, Washington State Patrol (WSP) cadets will no longer be available to sort traffic headed to the Fauntleroy toll booths. Drivers will now be directed into the proper lanes for departure by Washington State Ferries (WSF) tollbooth attendants as they buy their tickets. WSP and WSP officials anticipate some confusion as drivers adjust to the changes.

Cadets also will not be available to manage street traffic to help expedite vehicles leaving the terminal. Backups may occur during periods of heavy congestion as drivers try to merge into regular city traffic.

“We’ve had to make a tough choice between federally-mandated security efforts and traffic control,” said Capt. Mark Thomas, commander of WSP’s Homeland Security Division. “Our first priority has to be safety and security. Drivers will now have to be guided by common courtesy and the rules of the road.”

Drivers also may notice ferries departing the West Seattle terminal without a full load. The Fauntleroy terminal provides service to both Vashon Island and Southworth. Sometimes drivers queued along the street for one destination can block access for those trying to reach the other.

In the past, if a departing boat had available space, cadets could go back along Fauntleroy Way, find the blocked drivers, and move them up to the tollbooths.

“We will miss that service,” said Steve Rodgers, director of operations for WSP. “WSP provided a great customer service and made the most efficient use of a valuable state resource.”

This service was among a number of cuts required by a budget reduction at the State Patrol for the next biennium. WSP is monitoring the situation closely to determine impacts and possible adjustments.

For updates on traffic conditions at the Fauntleroy ferry terminal visit www.wsdot.wa.gov/ferries

Vashon Library August 2011

Children & Families

Toddler Story Time

Tuesday, August 2, 10:40am
Ages 18 months to 3 years with adult.
Come for 20 minutes of stories and songs just right for toddlers.
Registration not required.

Preschool Story Time

Tuesday, August 2, 11:30am
Ages 3 to 5.
Come for 30 minutes of stories, songs and fun!
Registration not required.

Tales from a Small Planet

Thursday, August 4, 3:30pm
Held next door to the library in the Ober Park Performance Room.
Presented by Harmonica Pocket.
Ages 2 and older.
Overhead and underfoot, hidden and in plain sight, hundreds of stories from Planet Earth are patiently waiting to be told. Using magical songs, dance and books, we will search under stones and rummage through dusty suitcases to find stories.
Registration not required.
Sponsored by Friends of the Vashon Library.

Teens

Read Three, Get One Free 2011

Summer Edition
Participating teens in middle school, junior high or high school may select a FREE paperback book for every three books you read and review plus, you will be entered in a monthly drawing at your library and automatically entered in a grand prize drawing for a laptop computer. Enter as many times as you wish. Enter by August 31 for the August drawing. All entries received by August 31 are eligible for the grand prize drawing for a laptop computer on September 10.
You must be in middle, junior high or high school in September 2011 to participate.

Late Night @ the Library

Saturday, August 20, 6pm
For students entering grades 6-12.
Special Effects Artist, Marcel Banks, will create zombie make-ups for teens

who win this special raffle prize! Play Outdoor Challenge on Wii, Guitar Hero and Dance Dance Revolution. Surf the Web or play computer games. Munchies and drinks are provided. Sponsored by the Friends of the Vashon Library.

Adults

The Swingin’ with Dean Show

Sunday, August 21, 2pm
Musician artist, Dean Ratzman, plays swing, jazz, blues, rock and soul hits of great American artists, from the 1940s-70s. His style touches on those of Sinatra, Nat King Cole, Cole Porter, Ray Charles, Glenn Miller, Duke Ellington, The Beach Boys, The Young Rascals, Neil Diamond, The Temptations, Santana, Gary Puckett. In addition, Dean will perform some of his original songs.
Sponsored by the Friends of Vashon Library.

Introduction to Computers

Monday, August 22, 10am
Practice the skills necessary for using a computer; including using the mouse, selecting items and text, arranging windows, browsing the Internet and library catalog.
To register, please call 206.463.2069.

Microsoft Excel Level 1

Monday, August 22, 12:30pm
Learn how to perform calculations using formulas, copy formulas with the fill handle and use Autosum for quick addition. Prerequisite: Ability to use the mouse and keyboard.
To register, please call 206.463.2069.

Make a date with Vashon!
www.VashonCalendar.org

**Vashon Library Events
Art & Music Events
Submit your Event on line at
www.vashoncalendar.org**

Compost the Loop
*The Loop’s soy-based ink
is good for composting.*

***Want to read more of Deborah ? You can find her at three separate blogs:
www.onewiththerootbeer.blogspot.com Simple Parenting in Challenging Times is a blog for parents offering practical advice and observations on a raising children from pregnancy through the teens.***

www.mealsandmoments.blogspot.com Real Encouragement in a Virtual World is a blog for personal growth recreating those conversations that helped us grow around the dinner table. Musings and observations encouraging each person to push the envelope on how they can grow in healthy ways emotionally and socially.

www.socialcontemplative.blogspot.com Under the Rock:Encouraging Faith Based Leadership is a blog for pastors and lay leaders eager to have more salt than shaker in their ministries offering spiritual development as opposed to the perpetuation of arbitrary or traditional church culture.

Vashon Wrestling Summer News and Results

By Anders Blomgren



Steven Vashon's Most Interesting Camp in the World Campers pose in the Potato Barn in Quincy, Washington. 70 wrestlers from around the state met there to practice and perform team bonding exercises on July 5-8.

Sixteen Vashon Wrestlers traveled to Quincy, Washington on July 5th for a three day camp across the mountains. The camp is titled Steven Vashon's Most Interesting Wrestling Camp in the World. All wrestlers camped out at the Wild Horse Campground and wrestled in a potato barn-- yes, really, a potato barn with mats rolled out on its floor! Vashon wrestlers teamed up with wrestlers and coaches from Lake Stevens and East Valley, Spokane. They practiced new techniques, hard drilling sessions, and live wrestling. In between sessions, all wrestlers practiced team building exercises, games, skits, and they all ate amazing food cooked by the Wild

Horse hosts. On June 26-29, eight Vashon wrestlers (Todd Gateman, Logan Nelson, Trevor Figgins, Kevin Thomas, Shane Armstrong, Preston Morris, Robert Easton, and Joey DiFabio) traveled to Monmouth, Oregon for the Oregon State University Team Wrestling Camp. All wrestlers received plenty of mat experience, wrestling at least 10 matches in the three day period. The Vashon Wrestlers combined with seven wrestlers from Lake Stevens to form Lake Vashon, and finished 10-1 on the week against competition from Oregon, Alaska, B.C., and Washington.



Sixteen Vashon Wrestlers rock their Vashon Style in the Potato Barn at the Steven Vashon's Most Interesting Wrestling Camp in the World.



Lake Vashon Wrestlers celebrate their 50-6 victory over Team B.C. at the Oregon State Team Competition Camp. The team finished 10-1 on the week.

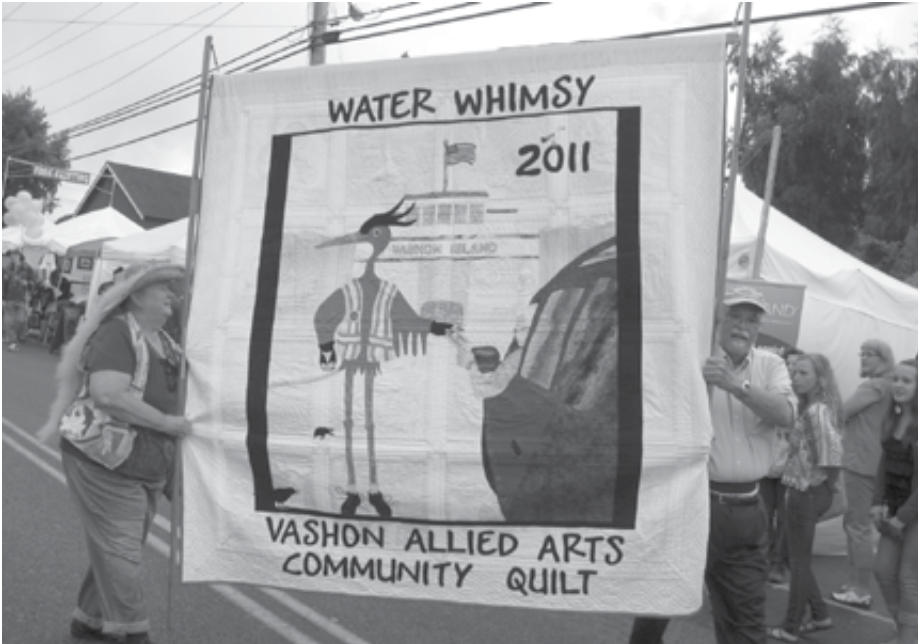
Festival 2011 - It's A Wrap

Continued from Page 1

in nearly a dozen folks to help man the Beer Garden and CHASE Bank was the team on board for Friday night. Members of Kiwanis and Rotary helped fill in the gaps. And there are others who slip in quietly, do their piece and slip away. Thanks to Loren Sinner, Troy Kindred, Daryl Green, Pascal Py, Gary Richards, Duke Davis, Jake Johnson, and the Boy Scouts of Troop #294. From setting stages to mowing fields, these guys are the invisible force behind the scenes.

As the drops settle and the carnival pulls away, we begin the work of debriefing. What went great? What can we do better next year? If you have an idea, we would love to hear it. Thanks Vashon for coming to our party. We hope you had a great time!

Debi Richards
Executive Director
Vashon Island Chamber
of Commerce



Garden Club Flower Fair

Continued from Page 1

inside. In honor of their comrades fallen in garden battles lost and won, Club members hope you will attend.

Quoting Vashon-Maury Island Garden Club president J. R. Crawford, "It's about the plants." After a brief pause, she added, "And gardens. Yes, gardens, too. It's also about gardens."

The categories of competition are generally: Annuals, Bulbs, Dahlias, Flower Arrangement, Grasses, Herbs, Perennials, Roses, Shrubs, Trees, and Vegetables and Fruits; in short, there should be something at the Flower Fair for every horticultural or gardening taste. Admission to the event is entirely free and every attendee has the opportunity to vote for their favorites in each competitive category as well as for "best of show". Winners are published in subsequent newspaper issues.

The Club has a long and venerable history, meeting somewhat informally

prior to 1952 and then formally joining the Washington State Federation of Garden Clubs in what was then the Snoqualmie District and is now the Greater Seattle District. Membership within the Federation was maintained until 1997 when the Club withdrew due to the increasing costs of participation in Federation events. The general Garden Club tradition of pleasantly competitive flower shows originated as Club participation in similar Federation events, and the Vashon-Maury Island Garden Club Annual Flower Fair is the local continuation of that tradition.

According to Club Historian Jaralene Spring, membership in the Garden Club is open to all who wish to join.

The Vashon Maury Island Garden Club Annual Flower Fair, as in recent years, will be held at the Vashon Library over two days: Friday, July 29, 1-6 PM and Saturday, July 30, 10 AM-3 PM.



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Seeds 4 Success

Our Mission: We are a community non-profit 501(c) 3 organization whose aim is to ensure that children to adults with disabilities are provided an opportunity to learn the skills necessary to become independent, productive, employed and involved community members.

We would like to thank our Island businesses that help us with work opportunities for our VHS grads, neighbors and friends through our **Learn2Earn** program.

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Vashon Pharmacy
Rock Island Pub and Pizza
The Hardware Store Restaurant
Pacific Research "Sawbones"
Rose Edgecombe, Windermere Real Estate
Red Bicycle Bistro and Sushi Bar
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RO Enterprises
Vashon Chamber of Commerce

Islander Apartments
Revive and Urban Cottage
Denise Katz, Windermere Real Estate
Vashon Loop
Puget Sound Cooperative Credit Union
The Brown Agency
Frame of Mind
True Value Service Center – you help us
with hoses to wands and blowers to mowers.
Visit www.s4svashon.org for more information

Road to Resilience

Continued from Page 1

to mention the successful maintenance of commons resources left us with the conclusion that the idea of the commons was no longer valid. Conservatives conveniently picked this up as a mantra for privatization; i.e., if there isn't a private owner profiting from the use of a resource, there will be no incentive to maintain it. And that absolves them for abusing our largest commons, our air, water, and the Earth itself, because they don't own those yet!

Championing either privatization or public ownership to the exclusion of the other is like praising eyes and condemning ears. There are instances where one or the other is clearly more appropriate. It misses the real question, which is: does an activity serve an exclusive group or purpose, or does it serve the common good? If it serves an exclusive group, the users should pay the rest of us for the right to use it. If it serves the common good, it doesn't matter whether it is public or private; neither is even better. Public and private ownership, government rules and regulations, and private enterprise are all legitimate tools that can be used for good or ill.

Remember KVI beach. The KVI Broadcasting Co. showed incredible

foresight and wisdom in leaving their property open to the community. They could have put up a cyclone fence with barbed wire. If they had, many of us would have said that was smart because vandalism would be inevitable and they would be undertaking a tremendous liability allowing people on their private land. I actually think that the vandalism would have taken place because we naturally resent being excluded. An oft-overlooked verse from Woody Guthrie's "This Land Is Your Land" expresses this nicely:

As I was walkin', I saw a sign there
And that sign said no trespassin'
And on the other side, it didn't say nothin'

Now that side was made for you and me!

We have no choice but to live within the constraints of the web of life of which we are a part, but the compacts we can make amongst ourselves are limitless. We can create an intricate web of voluntary, private, interpersonal agreements in our community to share our resources. VashonAll, Vashon Freecycle, and my wife Elizabeth's new site, Vashon Garden Share, all give you the opportunity to do that. Ten families with ten seldom-used trucks might decide to have one electric truck in common with minimum inconvenience. One landless family with gardening

knowledge might ally with a property owner that wants to learn gardening. By pooling our resources, we can have so much more, while building a solid basis of trust and cooperation. Propose your dream; somebody may just take you up on it!

Remember KVI. We've taken care of it. No tragedy.

Bicycle advice at Bike o Rama at the Bike Shop this Sat., July 24, 12 - 2.

Comments? terry@vashonloop.com

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Island Birding Guide

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Species Identification

How to Attract Birds
To Your Yard

Ed Swan

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Find the Loop on-line at
www.vashonloop.com.

Lopy Laffs

A mom was driving her five year old son to McDonald's one day and they passed a car accident. Whenever the Mom saw something terrible like that, she would always say a prayer for those who might be hurt, so she pointed and said to her son, "We should pray."

From the back seat she heard his earnest request: "Please, God, don't let those cars block the entrance to McDonald's."

A friend of mine was having a bit of marital-tension in his household and was trying to figure out just what to do about it.

In the course of our conversation, I happened to mention my opinion that: "You know, quite often God speaks to us through our wives."

My friend looked at me kind-a funny and said, "Wow! I didn't know God used that kind of language!"

The candle fell in love with the perfect match.

Moose Lake

By Steve Krueger

In just an hour we will be at the cottage for a relaxing weekend of fishing.

We are not going to be doing that much fishing, the boat came loose and is right next to us.

No way!

Well I'll be...

Be a pal and reach into the cooler in the back of the boat and grab me a soda. Make it quick, there's a curve up ahead.

© Copyright 2009 Steve Krueger

IT SAYS HERE THAT AN ISLAND ENGINEERING FIRM IS WRITING THE GLOBAL TECHNICAL SPECIFICATIONS FOR YURTS!*

*TRUE STORY

V.I.P.S.

...NOW WE HAVE FINALLY DETERMINED WHAT THE WORD "YURT" MEANS.

SOME SUGGESTIONS ARE: (1) "YANS (FOR) UFLAPPABLE, ROWDY TEENS", OR (2) "YEAT, UNCOMMONLY, RIGID TENT", OR (3) "YOUR UNUSUAL RELATIVES' TENT", OR (4) "YOUR UNUSUAL, RELATIVES' TENT", OR (5) "YIKES!, UNANNOUNCED RUBE-GOLDBERG TEST" OR... (6) "YOUR UNSEEN RELATIVES' TENT", OR...

© DEE

LOGJAM



Cordaviva



Cordaviva is a 9-piece powerhouse of dance music influenced by the disparate rhythms and styles of the African diaspora. Their upbeat original music is a unique blend of soukous, rumba, afrobeat, funk, and various latin styles. Bright horns compliment sublime vocal harmonies (sung in various languages), soulful guitars, and relentlessly driving percussion.

Cordaviva has performed at such notable Seattle venues as The Triple Door (lounge and mainstage), Nectar Lounge, The Tractor Tavern, and ACT Theatre. Cordaviva’s influences stem from musical legends such as Nigeria’s

Fela Kuti, Guinea’s Bembeya Jazz, and Congo’s Franco & TP OK Jazz, as well as the Brazilian and Afro-Cuban sounds of Caetano Veloso and Mongo Santamaria.

“You’ll be in for a real treat when you see Cordaviva... blending Soukous, Afrobeat, and Reggae gives [them] an unexpected edge in the local World music scene and completely sets them apart...[they do] a fantastic job of combining sax, trumpet, percussion, guitars, keys and vocals all while giving each instrument their own spotlight.”

-Lindsey Scully, SSG Music.

All-Ages ‘till 11pm, 21+ after.

FREE COVER

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Friday, July 22, 7pm, At Cafe Luna,
9924 SW Bank RD
www.cafelunavashon.com

Asa Broomhall has done it again with his latest self-produced album ‘Revelry Road’. Recorded live over 5 days in the farmhouse where Asa grew up on the Sunshine Coast. It builds on Asa’s previous work by seamlessly combining full band tracks and solo acoustic songs showing the true depth of his songwriting and musicianship. You may say it is a Rock and Roll Record with a hint of Folk but it has elements of Blues, Country and even a bit of Calypso? This album also features some of SE Qld’s finest musicians on instruments such as Cello and Piano and an appearance on Guitar by one of Australia’s most revered artists; Mark Lizotte (Diesel). If you fancy a mix of Rock, Folk and Blues with a dose of mischief, make sure you hear Asa’s music and experience one of Australia’s best kept secrets, whether it be Solo Acoustic or fronting his powerful Trio, the Asa Broomhall Band.

Shark Biscuit

Shark Biscuit plays surf and rock instrumentals from the golden age of the 1950’s and 60’s, plus a few surprises! This high-energy ensemble is six strong, and parlays reverb-soaked guitar stylings, tribal drumming and rumbling bass lines with a powerful horn section and a rockin’ keyboard. Their music is highly danceable and brings smiles to all ages. The classic Shark Biscuit sound evokes tonal memories of Dick Dale, the Belairs, the Chantays, the Ventures and Herb Alpert & the Tijuana Brass. Shark Biscuit was founded in 2009 and has performed at Vashon Strawberry Festival, the Red Bicycle Bistro, Vashon Island Music Festival, Vashon Island Coffee Roasterie, Voice of Vashon Radio and many other venues. 2011 summer gigs include Olympia’s Lakefair, Parrot



Heads of Puget Sound “Laid Back Attack” in Bremerton, Red Bicycle Bistro, Vashon Island Strawberry Festival and Vashon Park Service Summer Concerts in the Park.

Live at the Red Bicycle Bistro & Sushi this Saturday night at 8:30pm, this is an all-ages free cover show until 11pm, then 21+ after that.

Saturday, July 23, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Herky Cutler
Rock/Folk/Blues/County



Those who attend should prepare to play a percussion instrument Cutler will provide. Herky Cutler was born in Montreal and now makes his home in Alberta, Canada. He’s played guitar since he was 19, but more “in the closet” than out until 1992. That’s when Cutler made his performance debut. He’s since added the harmonica, bass and percussion to his repertoire and started writing songs in 1993. Once he played before a live audience in 1992, Cutler was hooked. Five years later, he co-founded “Prairie Fusion,” a band that became legendary in the region. The group rocked Southern Alberta for eight years, playing anywhere and everywhere. Prairie Fusion was known for quality performances featuring three-part harmony, outstanding guitar-playing by Francis Krizan and a sound that people could dance to as well as listen to. Prairie Fusion has been lovingly put to rest, and Cutler has been a solo performer for two years, playing in lounges, coffee houses, folk clubs and private events. His songwriting has evolved to the point where he feels comfortable playing his tunes for audiences and knowing that eventually others may want to record them. When Cutler does shows now, he always tries to engage the audience

by bringing percussion instruments for them so they can get involved and play along. He finds the energy coming from them is much more meaningful when they are an active part of the process. Cutler writes songs that are a blend of folk, rock, blues and country, sprinkled here and there with hints of jazz, Celtic and Latin flavors. He writes about what inspires him, makes him laugh, and anything else that he thinks will work.

Friday, July 29, 7pm, At Cafe Luna, 9924 SW Bank RD - www.cafelunavashon.com

Mergatroyd



Murgatroyd, born in 2008 as the illegitimate love child of long time Vashon Island musicians, became the opportunity to give the people something they haven’t had in a long time...the true origins of what “Big” Rock is all about.

Built on a musical repertoire from the heavy hitters of stadium rock, Murgatroyd presents a show that is the very essence of live rock music... loud, sexy, excessive and bordering on the obscene.

Relive the music of UFO, Montrose, Early Van Halen, Black Sabbath and more. Every show is big, loud, and in your face bombastic as the music used to be. No excuses, no apologies; Big Rock is here to stay, and Murgatroyd will happily ride the wrecking ball into your

Friday, July 29, 9pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

occasion or event.

This is an all-ages show ‘til 11pm, 21+ after that. Free cover

Photography by:
Dewain Gauntlett

The newest show at the Hardware Store Restaurant & Gallery will feature photographer, Dewain Gauntlett. The show opens August, 5 and will run through August 31, 2011.

Dewain Gauntlett, a self taught photographer, has been devoting his life to the exploration of art photography. His feeling for landscape photography increasingly turned to subjects closer to home in Seattle: the rugged beauty of the Washington Coast, the stirring and amazing contours of Mount Rainer, exciting images of city life, and flower gardens in Seattle. His subject matter also includes landscapes of the Southwest and the Oregon and California coasts.

Dewain’s work marks an awareness of landscape photography as intimate encounter with land and psyche. He has developed a unique contemporary vision of his own, refining the expressive power of photography through his meditative studies of sea, sky and light. His work

has been exhibited in public and private galleries and his photographs have appeared in Newsweek Magazine, the Seattle Times and numerous trade publications.



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Next Loop comes out August 4

Americana Music Festival on the Sound

By Janice Randall



Magpies

Mark it on your summer calendar! Don't miss Vashon Allied Arts' summer music festival when the heart of Americana music arrives at Camp Burton's outdoor amphitheater. Join Nashville's Stacey Earle and Mark Stuart, Seattle's Rachel Harrington and the Do Right Boys and Vashon's own Magpies Saturday, August 6, 5 to 8 pm, at Camp Burton Amphitheater. Delicious down home Island food provided by Three Olive Catering.

The Magpies, comprised of guitarist Steve Amsden, bassist Dan Brown and fiddler Jean Richstad will be joined by musical guests Paul Colwell on mandolin, banjo queen Rochelle Munger and Cliff Simpson, guitar, mandolin and fiddle. The Magpies offer an extensive repertoire of songs, both traditional and original in musical styles that range from bluegrass and country to Celtic and American folk. Perfect vocals, ripe with sweet harmonies, this group brings nostalgia and good times to every occasion. "Fun is the name of the game, no matter what," adds Amsden. Bring your dancing shoes!

An all-ages festival, everyone is encouraged to bring a beach chair or blanket, but no alcohol please. Tickets are \$10 (18 and under), \$13 VAA members, seniors, \$16 general, available now at VAA, Heron's Nest, Books by the Way and Brownpapertickets.com. Or call 463.5131. Rain or shine!!



Eduardo



Claudia

Open Mic

Hosted by Richard Waits, Joe Allison & David Ray

Come share your joy and your talent in a relaxed, supportive and encouraging atmosphere. So enjoy taking those first steps to performing in public. Bring music, songs, poetry and any instrument of your choosing. The evening will begin with performances and we will finish the night with an impromptu jam session. Open mic will be ongoing, on the last Saturday of the month. Come one, come all and join the fun. Sign-up starts at 7:00 PM.



Saturday, July 30, 7pm, At Cafe Luna, 9924 SW Bank RD - www.cafelunavashon.com

The Winterlings



Wolff Bowden grew up in a house on concrete stilts, fifteen feet above a Florida swamp. Summer nights brought symphonies of alligators, owls and frogs. But in Wolff's recurring dream, it was always winter, and he walked out among the cypresses to sit by a blazing fire where he would sing to a strange collection of forest beings he called The Winterlings.

Amanda Birdsall was working on a doctorate in psychology, halfway through an Adult Psychopathology class, when she looked down at her notebook. Instead of transcribing the lecture, she had completely filled the margins with song lyrics. She stood up, walked out of class, grabbed her guitar and drove to Canada where she worked on organic farms in exchange for food and tiny rooms where she wrote songs by candlelight.

Since childhood, Wolff had been painting his dreams of otherworldly beings, skeletons on bicycles and winged women. He painted secretly from grade school to college, shot some slides, and was named Artist of the Millennium by ARTEXPO MIAMI. At the show, Wolff sold his first painting to baseball legend Andre Dawson for \$5,000. After that, he traveled the country making and selling art. The art sales bought Wolff time to write. He published two books of poetry, including thirty-six poems that appeared in literary magazines. But for Wolff, something was still missing. A deep wish remained unfulfilled. He had turned paint into money into time into poetry, but like an alchemist who had turned steel to silver, he knew there was another step. How could he turn bright canvases and poetry to music? He needed a way to paint the wind itself, to extract color from silence and distill it into song. But he had never learned an instrument. He couldn't play a single chord.

Meanwhile, Amanda roamed. Camping in the Rocky Mountains of Montana, bagging dried fruit in a Canadian nut factory, and cultivating collards in North Carolina gradually led her south to Florida, where she fought for abused children as a social worker. But the job was heartrending, so she left to

clean houses for a year until exhaustion and the cost of rent drove her into the air-conditioned corporate world. Her guitar went under the bed in the coffin of its case, and like any good ghost, it haunted her.

Wolff and Amanda met one night at a party where a Buddhist ritual had just taken place in a backyard fire pit. The ritual consisted of writing, on small slips of paper, wishes that would burn in the flames so their smoke might lift them into the wind and make them real. Wolff burned his wish and Amanda arrived an hour later. She was the muse and the music he had been waiting for, and his life as an artist re-awakened her desire for a creative life.

Wolff and Amanda sold their cars on Ebay, bought a banged-up van from a motorcycle shop, and drove to Oregon where they knew no one. They rented a small apartment next to a large forest and wrote the songs for their first album: On The Night You Were Born. This album, released under the name of The Orphan Trains, supported a second trip to Oregon where Amanda and Wolff slipped into a blue cocoon, wrote their new album, THE ANIMAL GROOM, and became The Winterlings.

This is an all-ages show 'til 11pm, 21+ after that. Free cover

Friday, August 5, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

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