



VASHON

THE LOOP

Vol. 8, #20

TO INFORM AND AMUSE -- TO PROVOKE THINKING AND ACTIVISM

September 29, 2011

Behind the Roast at The Roasterie



Pete Checks Roasting Beans

Did you know that the “Master Roaster” at The Vashon Island Coffee Roasterie has been roasting beans on Vashon for over 30 years? Over 30 years ago, Master Roaster, Peter Larsen arrived from Germany with the hopes of putting his extensive knowledge of coffee roasting to good use. A fourth generation roaster who grew up around and apprenticed within the exacting German coffee industry, Peter was quickly discovered by Jim Stewart, founder of Seattle’s Best Coffee, joining him on Vashon at what is now The Vashon Island Coffee Roasterie.

Peter’s experience was the perfect accompaniment to Jim’s desire to introduce Northern European style coffee roasting to the United States and improve the quality of coffee available in this country. Little did Peter know he would become a key part of a significant

era of coffee history: helping to create the specialty coffee industry, establishing Seattle as the capital of today’s worldwide coffee phenomenon and putting our little Vashon on the coffee map in a big way.

We sat down (over a cup of coffee, of course) to get Peter’s thoughts on the industry that he’s influenced so greatly...

Q: You are the fourth generation in a family of coffee roasters. Tell us about your background

PL: I grew up around and working in my mother’s family business in Hamburg, Germany. They roasted coffee, nuts, spices, you name it.

Q: Hand roasting coffee is a complex process combining art, science and the senses. Is there are a part of the process you enjoy the most?

PL: Being “in control” of the process

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Amanda’s Appeal: End Game

By Karen Pruett

On September 23, 2011, the closing arguments began for Amanda Knox and Raffaele Sollecito’s Appeal for the murder of Meredith Kercher. As you read this, the prosecution and Raffaele’s lawyers are done, Amanda’s lawyers will be presenting on September 29, followed by rebuttals on the 30th. Amanda and Raffaele will also read statements and we should hear a verdict between October 1st and 5th.

The Seattle native, with ties to Vashon, is practicing yoga to stay calm as she awaits the verdict of judges Hellmann and Zanetti. Her father Curt attended VHS and his parents still reside here, their thousands of friends and well-wishers equal half the Island and we are, at this moment, praying. We would be honored if those who love us would also pray for Amanda and Raffaele. Loved ones in Perugia, Italy are sitting in a packed courtroom, literally a dungeon, in the basement of a nondescript building behind the medieval walls. They are praying for the truth.

No one is afraid of the truth.

The truth according to the Defense, according to Amanda and Raffaele, is:

1) Amanda and Raffaele DID NOT assist Rudy Guede in the murder of Meredith Kercher.

2) Meredith Kercher returned home alone to the apartment she shared with Amanda and two other women about 9pm on November 1, 2007. She was murdered and then sexually assaulted by Rudy Guede when she surprised him



Amanda Knox entering court. Courtesy of Getty Images

while he was burglarizing her home. Rudy was seen at a disco about 2pm on November 2, 2007. Meredith’s body was discovered about Noon.

3) Amanda and Raffaele were at his apartment the entire night of November 1, 2007. Amanda returned to her apartment on November 2 at 10:30am. Small oddities alerted her that something was wrong and she elicited help from Raffaele, they called one of her roommates, the Carabinieri and their parents. They and six others present, including two Postal Police, discovered Meredith’s body about Noon.

4) All of the evidence supports the defense’s claims.

5) The Perugians did not follow protocol in handling the evidence and made several mistakes reaching incorrect

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Road to Resilience

Our Animal Partners

By Terry Sullivan, Transition Vashon

I went to talk to T Yamamoto about her sustainable sheep breeding program, but came away with a larger perspective. The ideas in this article do not represent a consensus of the Transition group, but I feel that we need to have a conversation about this. T is a founding partner of Wolfstown, a non-profit wildlife rehab center here on Vashon, now in its fifteenth year. She has also been working to breed a tough and resilient sheep that is adapted to our mild and moist environment.

As she came out to meet me, she handed me her hat saying, “ This wool was converted from native brush around here.” Until then, I had not known that a sheep can be a browser (brush eater) as well as a grazer (grass eater). Nor could I have had a more tangible and dramatic demonstration of the utility of sheep. We bald animals in this cool, moist world of trees and bushes need wool to survive. Aside from a bit of hay when they need to be confined for short periods, her animals forage only on the trails, the fields and woods around them.

What makes tough resilient breedstock? First off, she says that modern stock, whether sheep, cattle, goats, pigs or fowl, are dependent on modern dewormers and antibiotics, as well as a richer diet and a more protective

atmosphere. She wanted a sheep that could handle the heavy parasite load of Vashon Island without getting sick, could drop a healthy lamb outside on a rainy winter’s night, and could do it on a diet of what we have growing here. After toughness, she was looking for good wool and milk production, lastly meat potential. For ten years now, she has brought several different breeds into her experiment, such as Icelandic, Shetland dorset, Scottish blackface, Rue arcot, and Fresian, keeping only the progeny that showed improved characteristics. After ten years, there is definite progress. They no longer have to worm lambs and have very little problems with other diseases. As this flock is Open, not kept away from outside flocks and their diseases, the sheep have been exposed to any number of outside problems. Only the sheep who do not contract anything are then bred. I expect that in a transitioning future when many things we have today are not available, we will thank her for her foresight and practicality. She would love to have more people sharing her experiment and has stock to sell.

A word on domestication. She sees domestication as an ancient partnership. Did we domesticate sheep or did they domesticate us? It certainly appears that

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Learn About Quartermaster Harbor Water Quality

A four-year study to evaluate the role of nitrogen in observed late summer, low-level dissolved oxygen events in Quartermaster Harbor has passed the half-way point, and study participants want to share their updated findings with the public at an Oct. 12 workshop.

King County, in partnership with the Environmental Protection Agency, the University of Washington-Tacoma, Washington State Department of Ecology (DOE) and the Vashon-Maury Island Groundwater Protection Committee, will provide the progress report in a workshop beginning with an open house at 6:30 p.m. followed by a presentation starting at 7 p.m. in the Vashon High School Commons.

Low dissolved oxygen levels can harm marine life, including fish, shellfish and other marine organisms. The nitrogen loading study is designed to determine

the causes of the low dissolved oxygen problem and identify potential solutions.

The Oct. 12 workshop will provide participants with information on potential nitrogen management strategies being considered, offer an opportunity to ask questions and make comments about the study.

Curtis DeGasperi, King County’s study manager, said work has been proceeding to refine initial nutrient loading estimates.

“A sediment nutrient release study has been completed to check the initial loading estimate that indicated harbor sediments were potentially a significant source of nutrients during the low dissolved oxygen period,” DeGasperi said.

Studies have also been completed

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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

DoVE Project

Concerned about a current or past relationship? Need people to talk to who understand? Do you feel unsafe? Domestic Violence support group for survivors every Wednesday from 6pm-7:30pm. No judgment. Just support. The DoVE Project 715-0258

The 2011 Fur Ball

The 2011 Fur Ball™ will be held on SUNDAY, Oct 23, 2011 at the O Space on Vashon Island. This is a new month for us and day (sunday) - in the past we have sweated it out in August and we're hoping that October makes for a more comfortable event for everyone. 3:30-8:30 Tickets are \$45.00 until Oct 21st and then \$55.00 at the door. Tickets are available on Vashon at the following locations, using cash or check only: Pandora's Box, Fair Isle Animal Clinic, Books By The Way and the Vashon Book Store. You can buy them online using a credit card at www.brownpapertickets.com/event/198631

FREE Vashon Social Dance

Saturday, October 1, 2011
FREE Partner Dance!!! (NO PARTNER NEEDED) hosted by the Vashon Social Dance Group and sponsored by Vashon Parks District at Ober Park performance hall.
Lesson and dance will be held at the Ober Park performance room at 17130 Vashon Highway SW
6:30 - 7:30 Lesson for all level dancers. October Jacqui Lown will teach pivots for all partner dances.
7:30 - 9:30 Dance to an eclectic collection of music with deejay Candy until 9:30 pm.
If you have any questions about the dance or lesson, contact Candy (206) 920-7596. Or, visit Vashon Parks District website: www.vashonparkdistrict.org/section_calendar/index.htm
All levels of dancers invited, No Partner needed and lots of encouragement available.
Bring a friend or come alone - just come and dance!
(\$10 suggested donation for instructor)

Blessing of the Animals

October 4th is the feast day of St Francis of Assisi, patron saint of animals. In his honor, the Church of the Holy Spirit (Episcopal Church) will hold its annual blessing of the animals on the nearest Sunday, October 2nd. The blessing is incorporated into a regular Sunday worship service, and begins at 10:15. Weather permitting, the service will be held outdoors; the fellowship hall will be used in case of inclement weather. The loose offering in the collection plate that day goes to Vashon Island Pet Protectors. Offerings of animal food are also gathered and taken to the Vashon/Maury Food Bank. All animals of any kind and their people are welcome to attend.



"Open my eyes, that I may see wonderful things in Your Torah"
Psalm 119.18
torahinmyheart.com

VAA New Works submissions due Oct. 1

If you're a Vashon performing artist with a 'new work' emerging from your creative core, you are invited to apply for Vashon Allied Arts' New Works Series 2012, and join a long tradition of innovative New Works performances. But hurry! Deadline for submissions is Saturday, Oct. 1, 5 pm. Application forms are available now at Blue Heron Art Center or at VashonAlliedArts.org. VAA New Works Series, dedicated to Island residents since 1989, has spawned many innovative projects from all disciplines-music, dance, literary and theatre. New works and/or new collaborations will be performed between January and November, 2012. An inter-disciplinary panel of Island performing artists will meet in to review and select recipients. New Works Series performances have spawned many memorable performances in a variety of performance disciplines. Join the ranks of New Works Series alumni! For more information, please contact JaniceR@VashonAlliedArts.

Make a date with Vashon!
www.VashonCalendar.org
Vashon Library Events
Art & Music Events
Submit your Event on line at
www.vashoncalendar.org

Jump on the Bandwagon and Be Part of the Solution

Do you know someone who needs help? Do you suspect there are many others who are not being served? Share your thoughts. Let's start brainstorming together and solving problems on the island. Send your ideas to Vashon Idea Box@aol.com , a suggestion box established by the Vashon Maury Island Community Council's Outreach Committee. Better yet, join in the Outreach activities as well. The committee is looking for ideas and members to link with the various groups of islanders, all with different interests and needs.

Outreach met recently to begin a new phase. Small study groups will be used to investigate particular areas of concern to islanders with the goal of finding a solution and taking action. What speakers would you like to hear at the VMICC meetings? What collective

action would you like to see planned? Outreach is not policy, but process. The next meetings will be Thursday, Oct. 6, at 9 to 11 a.m. at Minglement and again on Wednesday evening, Oct. 19, 6:30 to 8 p.m. at the Vashon Library. Come and brainstorm about how to make the VMICC and Outreach the important service to the island it has been in the past. For more information or suggestions, drop a note in Vashon Idea Box@aol.com or call Joan Sells at 463-2605.

We Want Your Feedback on the New High School Design

The high school schematic design is complete! Take a look during this short fly-through video at www.vashonsd.org/index.php?/district2/cap or read the schematic design book on line at www.vashonsd.org/docs/VHS_SD_Book_110819_FINAL.pdf and let us know what you think. Hard copies of the book are available at the Vashon Public Library, the high-school office and the VISD district office. If you'd like to comment, please fill out this online form or attend one or more of the following events:
October 6
Schematic design viewing at the Community Dinner, 5:30 p.m., Vashon Island High School cafeteria. The architect and contractor will be available to answer questions.
October 13
School Board votes on a final schematic design package and estimate, 7:00 p.m., McMurray Middle School library
*These events are all open to the public

Curtiss Noah

May 16, 1966 - September 22, 2011

Curt was born in East Saint Lewis, Illinois, and began coming to Vashon in the summer of 1976. He spent most of his summers here thereafter, eventually becoming a year-round resident. Curtiss divided his adult life living between Illinois and Vashon. While on Vashon he worked several years at the Golf & Country Club, and became the Golf Club Superintendent. In later years he started his own landscaping business. He was a resourceful, hard-working man who was quick to lend a hand to others. Curtiss had a deep and abiding love for his family and always seemed to light-up in the presence of his siblings. It brings some measure of solace to his family knowing that he was in a beautiful, peaceful forest doing work he enjoyed when he died. In Illinois, he leaves behind his beloved mother, Sharon and his cherished siblings; Mark, Michael and Andrea. On the island he leaves his dad Rex, stepmom Lin, sisters Cerise and Noor, brothers Jenner and Kael and his daughter, Jadzia. Curt had far too many



Undated photo of Curt Noah and a young relative

friends to mention by name, but you know who you are. He leaves a huge hole in the hearts of his family and friends and we will love and miss him forever. Notice of a memorial service will be announced soon.

VIPP Shelter Re-Opens

The Vashon Island Pet Protector's no kill shelter re-opened last Saturday for Adopt a Cat Day. We thank everyone for their support while we were closed and all the foster parents who cared for many of our incoming cats. Please come visit next Saturday from 11:30-2:30 and meet all of our wonderful cats. For directions go to www.VIPP.ORG

Find the Loop on-line at www.vashonloop.com.

Next Edition of *The Loop* Comes out Thursday, October 13

Deadline for the next edition of *The Loop* is Friday, October 7

The Vashon Loop

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The LGBT Community on Vashon Island

“I can live here!” SusanWhite’s words sealed the deal for Emma Amiad when she brought her partner on a Spring drive to see Vashon Island 24 years ago. They drove from the north-end to the south-end and when they reached the Tahlequah Ferry dock Susan was sold on the idea of moving here. At the time, she was living near Everett and the prejudice around gay and lesbian issues made life tense and uncomfortable. On Vashon in addition to the lush environment, she felt a peace and tranquility she did not experience elsewhere.

Emma found Vashon Island after a friend told her about the islands in the Sound and she went to Sound Foods with some vegetarian friends. Even then, people on Vashon were blazing the way since most restaurants did not create vegetarian dishes in the late 70’s. After she and Susan moved to Vashon, Emma began working for Vashon Island Real Estate. The LGBT community refers to all people who identify themselves as lesbian, gay, bisexual or transgender people. She remembers sitting at the front desk when a straight couple came in to ask about possible housing and Vashon’s culture. They mentioned they had plenty of LGBT friends and they wanted their friends to feel comfortable when they came to visit. Emma’s responded, “Honey, did you come to the right place!”

The progressive atmosphere on Vashon is an important factor in people’s decision-making process. As the census reports show the percentage of same sex households has increased more than two-fold in the last decade. Networking among people has contributed immensely to this growth. Friends told Stephen Floyd and Phil Dunn what a great place Vashon was. After decades of activity in the LGBT movement in the 80’s and 90’s, they felt they needed a place where they could relax and grow into the people they wanted to be. The ability to explore one’s potential, “running down your dream” as Tom Petty sings, is important to everyone but it is especially important to members of the LGBT community. As Phil said, “We came looking for peace and to grow a forest.”

Even though Lotus and Barb Smith have lived on Vashon Island since their childhood, they, too, have found the accepting atmosphere on Vashon to be an opportunity to grow and develop into the people they wanted to be. After

they finished high school here, they both wanted to leave. However, later events in their separate lives brought them back. The closeness to city jobs was a big factor for Lotus and her husband when they decided they wanted to live in the country. When Barb decided to go to school, she, like many kids, lived with her mother, Mary Smith, to save money. She thought she wanted to go somewhere else but events kept her here. When the need came to reveal their sexual orientation, they found it easier to simply live the way they wanted than to hide it. Lotus was faced with a dramatic change in other people’s understanding of her but felt that hiding her orientation was more weird than revealing it – even if it had been possible to hide the changes in her lifestyle. She actually discovered that being a woman in construction was more of a hurdle than being a lesbian.

When Barb Smith realized her own sexual orientation, she simply decided that most of the community would simply think, “Oh, well.” She knew some people might talk or get upset but she felt she did not need people’s approval of her lifestyle. Since she had known people since grade school, there was no point in trying to be anonymous. People knew her, as well as Lotus, in other contexts. Since there were no gay and lesbian organizations or specific entertainment spots, she socialized openly with all her friends.

After a lifetime of facing obstacles in her career and living arrangements, Emma found the cooperative, non-judgmental attitude of people on Vashon to be very encouraging and life enhancing. As Lotus and Barb had discovered, both Emma and Susan found their sexual orientation simply was not anyone’s business and very few people cared. For the first time in their lives, they felt like they had the ability to be the persons they wanted to be. They enjoyed LGBT organizations established in the 80’s and 90’s but they also felt welcome in other organizations. Emma has been a social activist in a variety of fields besides the establishment of a successful real estate business. Susan created a nursery business on the west side of the island. However, she now works with Emma in the real estate business and creates videos and CDs.

Stephen wanted to teach English

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By Elizabeth Dinan-Slack

Our Sought After Tidelands Need Our Attention

By Bruce Rowling

It is extremely important that we get an inventory of our tidelands economic and jobs potential. Bill Rowling has made a motion at the VMICC that we send a letter to the state requesting an inventory of our economic and jobs potential of the tidelands surrounding the islands. We need your vote to get this done so please turn out.

Quartermaster Harbor is going through a change for the better. Instead of being our septic and garbage dump it is becoming a cleaner, healthier ecosystem. Thank you so much to all of the wonderful people that have been a part of the cleanup. There are still those that are doing everything they can to continue on like this is not happening but it is now a requirement that septic systems around the harbor be tested and if there is a problem it is addressed. There’s more septic entering the harbor than just the homes around the edges. Since the \$#!+ runs down hill pollution is also being followed up hill to the rest of the septic sources and any problems will be addressed until there is no more \$#!+ running into the harbor.

That being said, when the water is clean our best aquaculture tidelands around the harbor will become very sought after we need to think about who is going to control and profit from them. There are already tideland owners that smell an easy profit from leasing their tidelands to Taylor shellfish corporation and they are ready to sign as soon as the water is certified. The Tribes and Chinese interests are also licking their chops. They know what we have here. When our best tidelands are certified for shellfish harvest and if these huge

organizations get there before us and sign leases they can stay for as long as they want and we are locked out.

So it is in our best interest to get busy and be ready to lease these tidelands for our own interests before they are gone. Yes there are already people that think they can just go to the State and put a stop to the leases but it may not be possible because of the MRA. During the Glacier fight concern for our tidelands, fish, shellfish and habitat were a major reason why our tidelands received the designation of Marine Recover Areas. Shellfish farming is not only allowed in MRAs but encouraged because shellfish are filter feeders and each oyster, clam and mussel cleans 50 to 65 gallons of water per day so farming enhances recovery.

The economic and jobs potential is enormous and should be enjoyed by islanders. If islanders farm the tidelands we will have a lot more interest in keeping the home owners overlooking the tidelands happy where outsiders may not care about noise, lights and corporate employees working all hours of the night and day.

By voting for my letter at the next VMICC general meeting you will help keep islanders abreast of the future of our tidelands. I think being proactive is the best way don’t you? If you are interested in a well paid carrier in shellfish farming, developing an aquaculture curriculum for our college, improving our overall economic climate or keeping our tidelands from outsiders please come and support this important cause.

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Stephen Floyd and Phil Dunn (in the Tea Shop)

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Island Life

Leave No Trace

by Peter Ray

I have been thinking about history lately, which is nothing really new, on a number of levels. Along with that I have been contemplating terms that are inherent to the domain of historical record- those of permanence, impermanence, loss, gain, proliferation and extinction. There is also the whole thing of interpretation, where we find something of a curiosity from the past, and because of its oddness or state of decay we surmise and extrapolate a meaning for it that suits our need for an assigning of purpose for this thing's coming into existence. More often than not, there has been a large disconnect between the then and the now, which also leaves nearly wide open the range of possibilities for which many objects might have been created. A simple example of this might be the spin Woody Allen's character in his movie Sleeper puts on the various objects handed to him after awakening from his long sleep, and the twisted truths he concocts to explain their place in the historical record. Another example might be the Antikythera mechanism, although the element of humor here is replaced with a greater degree of awe and wonder.

I first read of this device a few years back in the New Yorker, as opposed to the National Enquirer. It is simply a mass of finely crafted gears that became somewhat fused together after two thousand years beneath the Mediterranean Sea off the coast of a Greek island. It has been studied and photographed and scanned and recreated by a number of different people. Because of the many inscriptions it bears, it has been determined to be a machine used to predict times of eclipses, planetary positions, and the dates of upcoming Olympic tournaments. That it's intricate gear workings predate most other known mechanisms of similar sophistication by over a thousand years leaves one to speculate as to where "modern man" might have stepped further onto the development timeline had this technology not been removed from the trace of record, or if we would have budged at all. And one could wonder further about other steps erased by accident or intent along the way, and where they might have lead us if the march of human advancement had been as relentless as the procession of time.

I think of all of this now, at least in part, because of the recent sojourn to Burning Man, where many things exist only to be destroyed, including the city itself. Most of the entire population of Black Rock City comes and goes in the stretch of a week, allowing it the unofficial and semi-real status of being somewhere around the tenth largest "city" in Nevada at some point in the festival ebb and flow. It is in this span of time that the tale of the six blind men and the elephant is perhaps way more relevant than elsewhere, as each individual's experience here can truly be unique to one's own sphere of interaction. The whole leave no trace ethic of the festival, while key to the continued use of these Bureau of Land Management environs, is both a joke and a vast contradiction, depending on who you talk to afterward. There are many people who stick around after the burns have been completed in order to clean up after all who chose to leave some trace in spite of the asking not to. And then there are those who will tell you that the experience of Burning Man has changed their life forever, which on one level belies the no trace mantra on at least a spiritual level.



Two of the objects I came and left with for my time in the desert were a transaxle from a Model A Ford that I had painted glossy silver and a triangle made of wood that inclined to a specific angle and had been painted matte black. Once oriented to the north, these two pieces together became the basis for a crude sundial that became functional as I marked each hour by scratching lines into the dry and cracked lake bed. There was a third item included here- a chrome solar powered patio light- to keep passersby alerted to the presence of this object on the dark side of a desert day. While it did not allow the dial to extend its usefulness beyond sunset, at least this new/old clock did not become a nuisance in the hours of its sunless retirement. And even though the only thing that remained as we packed out of the desert were those faint and fading scratches on the playa surface, one couldn't help but wonder what interpretation might have been put forth years in the future about the discovery of a lone axle in the middle of nowhere, let alone what might be made of the facts of what really had gone on there. One can only speculate about how traces of history would be better served with more contiguous and detailed tales to limit the speculation, and perhaps keep us moving ahead as opposed to constantly relearning lessons that we maybe have already past by once or many times before.

Cerise Noah



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PANDORA'S BOX

Big, big prize for the person who can provide definitive proof that fleas serve some sort of productive purpose. In the meantime, we have several eradication techniques. Fiproguard is back - the generic form of Frontline - about \$15 cheaper. Diatomaceous Earth always a popular choice for internal and external parasites. Plus you can make a nice facial mask for yourself out of it. Really.



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Compost the Loop

The Loop's soy-based ink is good for composting.

Next Edition of The Loop Comes out Thursday, October 13

Deadline for the next edition of *The Loop* is **Friday, October 7**

The LGBT Community on Vashon Island

Continued from Page 4

and Drama to children and started in the Vashon Island School District as a substitute in Special Education. The District hired him as a full time aide and he obtained his teaching certification from Antioch University-Seattle. As he was finishing, the position as English and Drama teacher became available. Although he was nervous about the upcoming interview when he applied, the District saw his gifts and hired him.

Both Stephen and Phil find the proximity of Seattle with its theatres and museums appealing. After acting professionally in Portland and San Francisco, Phil immediately looked for acting jobs in Seattle. However, low pay rates were discouraging, barely paying for the cost of transportation. He found work on the Island and threw himself into local theatre productions. In Drama Dock he has served in many positions from President to stage hand. Drama Dock has found his dedication and tireless energy to be invaluable.

According to Emma, the domestic partnership laws passed in the Washington Legislature have made a big difference in people's attitudes. Once the general population discovers that nothing bad happens when everyone's rights are recognized, the urge to discriminate fades away. As Stephen commented, all his students seem to

know he is gay without asking or being surprised. In the construction business, Lotus found people more concerned about her gender than anything else. Phil chuckled about people's surprise in Drama Dock when they realized he was gay.

No community is perfect and there are people here with stereotypical visions of others. Of course, this liberal climate has not always prevented problems on Vashon as people can cite instances of discrimination. However, as Randy Marinez says, it has improved in the last decade. "I tell everyone that Vashon is a paradise for my family. It is wonderful and very unique, in the normality of our existence on Vashon and the care we engender here...And in my experience it is continuing to be a liberal, progressive place that supports individuality."

The recent increase in same sex households is related to the passage of domestic partnership laws in the state, networking among people with a common interest, and the general lack of concern about sexual orientation that is characteristic of the younger generation. Changes in the military's policy in regard to gay and lesbian soldiers will hopefully open more opportunities for them. Vashon continues to lead the way as it does in alternative energy, eating habits, lifestyles and just letting people be people.

Quartermaster Harbor Water Quality

Continued from Page 1

to trace the source of elevated nitrogen observed in Mileta Creek and sample the large number of unmonitored streams along the shoreline of Quartermaster Harbor.

Also, a model of the harbor's water circulation and water quality is under development, and will help study participants evaluate the role of nitrogen inputs in the low dissolved oxygen events.

"The completed study will provide us with a better understanding of the nitrogen loading in Quartermaster Harbor, the impact of nitrogen on low dissolved oxygen events and help guide nitrogen loading management efforts on Vashon-Maury Island," DeGasperi said.

The Quartermaster Harbor Nitrogen Management Study, which began in 2009 and runs through 2012, is being conducted in three phases:

Phase one will estimate the nitrogen loadings from various potential sources, using existing data and published literature values, and by preliminary water quality sampling of streams, groundwater and marine waters;

Phase two will build upon the results of the phase-one work by collecting additional data, modeling the contributing nitrogen loadings into Quartermaster Harbor and developing a hydrodynamic model of the harbor to

simulate water circulation and quality conditions.

Phase three will link the nitrogen loadings to Quartermaster Harbor dissolved oxygen levels by simulating the effects of different nitrogen management scenarios there.

Extensive surface, ground and marine water data are also being collected as part of this project. Documents and reports for the project are available at www.kingcounty.gov/qmhnitrogenstudy/.

The cost of the study is estimated at \$893,000. Of that amount, \$625,000 is being provided by a grant from the federal Environmental Protection Agency, with the remaining funding coming from King County, the University of Washington-Tacoma and DOE.

New policy recommendations for nitrogen management on Vashon-Maury Island are being developed working with stakeholders for consideration in the next update of the King County Comprehensive Plan, which is scheduled for 2012.

For more information about the Quartermaster Harbor nitrogen loading study or to request a presentation concerning the study, contact Larry Stockton at 206-296-1910 or laurence.stockton@kingcounty.gov.

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Send us your Art, Music or Show information and get included in The Vashon Loop.

Editor@vashonloop.com

Behind the Roast at The Roasterie

Continued from Page 1

from green bean to an excellent cup of coffee is still just as satisfying to me as it ever was. There are so many things that can be done along the way to influence the outcome of the roast...

Q: What are the greatest challenges you face?

PL: Finding and buying the best beans available at a competitive price on a regular basis and roasting consistently.

Q: How have things changed since you started out 40 years ago?

PL: There weren't many good beans available back then, especially here in the USA-just Columbian and cheap Brazilian beans. Roasting was not an art. The technology of roasting and understanding coffee has really improved.

Q: What are your earliest memories growing up in a family of roasters?

PL: I would spend hours watching the old roaster guy at the old Probat roaster. In Germany at that time, they roasted everything light so there was not much of a shine on the beans. The roasters would spray some kind of powder on the beans during the cooling process that gave the coffee some shine. That always stuck in my head!

Q: Any coffee roasting "nightmares"

or stories you'd like to share?

PL: One of our roasters liked to work alone very early in the morning. He had a batch in the roaster when he stepped outside to check the afterburner. A gust of wind shut the door and he didn't have a key to get back in. I got a call and raced up there with a key. By the time we got inside, the beans had turned to ash and the roaster was glowing it was so hot... but it was still running. What a great machine. That was really something.

Q: What is the most important part of creating an excellent cup of coffee?

PL: Making a perfect cup of coffee involves many hands and steps. From how the coffee was grown, when it was picked, how it was processed and dried, how it was shipped, roasting, and, last of all, the brewing process. Each of these steps is equally important to the final flavor of the coffee.

Q: How does one study to become a coffee roaster or learn more about coffee?

PL: I don't know of any accredited coffee roasting schools here in the United States. I would suggest going to Germany. In Germany, there are apprenticeship programs that take about three to four years to complete. I have created my own program here at the Roasterie and am passing on my knowledge and experience to our apprentice roaster, Casey DeLoach.



Planet Waves
by Eric Francis <http://www.PlanetWaves.net>



Aries (March 20-April 19)

You might want to pause and ask yourself what you're trying to prove. There is little you can accomplish by conquering anything or anyone, and plenty of damage you can do. While you seem to be past the emotional restrictions and frustrations that dominated your summer months, it would be unwise to overcompensate in the other direction. Therefore, I suggest you tamp down any competitive feelings and establish harmony with your environment. People around you will be eager to return the favor. If you push the limits in any situation, you're likely to encounter a boundary of some kind; notice if that happens, and revise your approach. You might experiment with things like negotiation, using a more creative method (rather than confrontational) and understating rather than exaggerating.

Taurus (April 19-May 20)

You may be feeling out of your element, but be gentle with others when you feel inclined to blame them for your feelings. There is an easy solution -- that's likely to be the one you think is too 'easy'. But that's the whole idea: there is a relatively simple and direct approach to what may seem like a complicated or exaggerated emotional situation. Meanwhile, I suggest you do what you can to keep your emotions in perspective. Ask yourself how important something really is before you make a big deal out of it. Don't look for conflict where there is none to be found. If you look for the common ground you share with others, you're likely to find it, and that in turn is likely to lead to some rewarding episodes of unexpected growth.

Gemini (May 20-June 21)

If you have an intuitive feeling, follow it. It may be an idea, it may be a caution of some kind; if you think something is worth doing, it probably is. If you have an uneasy feeling about going somewhere, or doing something, I suggest you take that under advisement. You may run into a situation where the decision you want to make ruffles the feathers of someone because it's based on no special information other than what your own inner senses are telling you. Then you'll have to pause and determine whether you want to have the approval of someone for doing what is wrong for you -- or whether you want to miss an opportunity that you know is right. You've been here before; you've already decided this one.

Cancer (June 21-July 22)

This is an unusual time in your professional life, and aspects this month seem ready to demonstrate just how true that statement is. There are many open doors, and the world's prevailing state of strangeness, confusion and even chaos can work entirely to your advantage. The one thing to be mindful for is false lack of confidence. There used to be a concept called false confidence, but that seems to be the prevailing state of affairs on the planet. It's also possible to lack faith in yourself when it's the most obvious thing you should have. The only way to find out if you're really capable of something is to try and see if you can do it. This includes taking concrete steps to improve your income. You have the talent. You also have the guts.

Leo (July 22-Aug. 23)

You may encounter a mental block when trying to solve a problem, and

if that happens, I suggest you take a more disciplined approach to your work. There is something to be said for applying yourself to a project every day, even perhaps several at the same time. Many have discovered the benefits of discipline in turning creative energy into something tangible and useful. Energy is the one thing you have right now. Focusing your efforts in a way that may seem businesslike or 'un-artistic' will help you bring in a new vision, one that you'll be able to sustain yourself with for many years. That's not going to happen automatically. You cannot catch lightning in a bottle, but you can definitely gather your thoughts and get yourself onto a new level of creative potential.

Virgo (Aug. 23-Sep. 22)

You know best what is good for your health -- the key will be listening to yourself, and following your own advice. We all know how diligently people ignore precisely these things; I don't suggest you do that. Remember that the most important dimension of health involves your mind. Meanwhile, you may be in a relationship situation that is causing an unnecessary stir in your life. That's something to watch as well, making sure that you're not engaging a tradeoff of sex for chaos. You have the potential for an extremely interesting sexual journey in these years of your life. It can be something that nourishes you, keeps you young and serves to liberate you. If something is demanding too much time, money or energy, I suggest you really ask yourself whether it's worth it.

Libra (Sep. 22-Oct. 23)

You're likely to show up as the voice of reason and the example of maturity in a close personal situation. This is nothing new, but you may have the feeling that someone has an advantage over you based exclusively on brute strength. That may be true temporarily, but it's not going to last long. You have the advantage of persistence, discipline and a sense of balance. Make sure you keep your flexibility. The one risk you run is backing yourself into a corner, closing off your options or taking too hard of a line. You can afford to take a mellow approach to existence, and give any situation a chance to play out in its own way. Remember, no matter how hot under the collar anyone may be, or is trying to make you, time is on your side.

Scorpio (Oct. 23-Nov. 22)

The thing you think is bothering you isn't -- but something else is. You seem nervous with how visible you are, and how far out on a limb you have to go to hold things together. It's as if the people who actually hold responsibility don't want to back you up, even though you've been left to do their bidding. If you suspect you've been set up to take the heat for something, you're probably correct about that. The question is, how can you shift responsibility back to where it belongs? The first step will be by taking no heroic measures to set things right. It will take some chutzpah to let things fall apart, but if you stick to your actual responsibilities and don't take on anything extra, the truth will be obvious when the cookie crumbles.

Sagittarius (Nov. 22-Dec. 22)

You must not take a short-sighted approach to long-term plans. However, it would seem like something you've been

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wanting to do for a long time is ready to happen right now. Before you take action, make sure that this opportunity really does match up with the ambitions you've been stating for months or years. Once you set things into motion, they're likely to stay that way, and take on a life of their own. And more people than you will be drawn into the process. It seems you're on the brink of a decision, so be clear about what you need to know in order to make the choice that is right for you. Once you understand that, the next step is to take the leap -- or to walk away from the matter entirely. Be sure that your choices are aligned with your motives. Hesitating will no longer work.

Capricorn (Dec. 22-Jan. 20)

I cannot explain your apparent lack of confidence on something that really should be simple -- but maybe you can. What I can tell you is that the core issue is emotional (rather than practical). You may have this idea that your identity is not sufficiently stable to take on the kinds of challenges that are being presented to you. But what exactly do you think builds your sense of identity, your confidence or strength to stand up to the challenges and opportunities of existence? That would be direct experience. At a certain point it's necessary to reach beyond what you've done in the past, so that you can do something new, or something that exceeds what you thought were your prior limitations. And when you do that, your ideas about 'security' must play second fiddle to the fact of being alive.

Aquarius (Jan. 20-Feb. 19)

Life is not a matter of theory -- but the great thing about theory is how manageable it is, compared to what actually happens. What actually happens is different than what you might fear happening (that, too, is a matter of theory). That all said, it seems to be time for you to spark up some actual movement in your life, and your next step should be according to some kind of

October is Dental Month

Disease of the teeth, gums and mouth infections can cause pain and also lead to kidney and heart disease in your pet. Get a **10% Discount** on dental procedures and supplies, including TD & DH Diets, C.E.T. HEXtra Chews, toothbrushes, toothpaste, etc.

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structured plan. I don't mean a 100-page business plan; five or six possible steps thought through carefully and written in your notebook would be adequate. Those are different than what will actually happen, but at this stage I suggest you work with a mix of about 10% theory, 85% action and a dash of faith that you're doing the right thing.

Pisces (Feb. 19-March 20)

By several measures, you're in a phase of re-evaluating the events of this very eventful year, and are considering your various plans for the future. That said, there is something that is demanding your attention now. While others are taking a by-the-books approach, presented with this opportunity, you seem more inclined to take a chance and do things your own way. Get used to the fact that there is no certainty, even though others around you are acting as if there is. It's precisely the uncertainty factor that is working to your best advantage. You have the gift of flexibility as well, though I will suggest this: you don't have to work as hard as you think to create one particular goal. You need to apply the right thought and the right effort, but no more.

Read Eric Francis daily at www.PlanetWaves.net.

Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

Rant by Mary Tuel

I was cornered by a ranter yesterday. It was a left wing ranter, decrying the corporatocracy. I thought what I always think when cornered by a ranter: Where is the nearest escape route?

I might not disagree with what a ranter is saying, but I do resent the ranter taking up my precious time yelling at me. It isn't as if yelling at me, or anyone else, is going to improve the situations which have the ranter so upset.

On the contrary. A right wing ranter can leave you thinking that all right wingers are paranoid, racist, delusional nut jobs. A left wing ranter can make you want to go out and nuke the whales, or use PETA members for scientific experiments.

Note: I personally do not advocate either of those actions. I said those things for comedic effect. Just in case you are confused.

Political ranters particularly strain the quality of my mercy. I was raised by a political ranter. My little mother was a right wing ranter. She saw communists everywhere she looked, and she held forth on the evils of various racial, political, and religious groups in a manner that made me allergic to right wing politics and racism in particular, and ranting in general.

I learned at my mother's knee that ranting is all about the personal neediness of the ranter, and not about whatever it is they think they're ranting about. Ranting is rude, and accomplishes nothing, and it is extremely annoying.

I have my own political opinions and prejudices. Do I think that Rick Perry is George W. Bush without the intellect? Yes, I do.

Am I tired of Obama ranters telling me, "It's not racism," that they hate Obama fairly and impartially because of his lack of merit? Oh, yes I am. Give me a break. It's racism. You're not fooling anyone except, possibly, yourself.

Am I fed up with people saying Obama is a communist/Muslim? Yeah, I am. Most of you wouldn't know a real Communist if he or she came up and slapped you in the face with a tract on the butchery of silence, and you wouldn't know a Muslim from a Sikh, a Hindu, a Jain, or a Bahai.

Sometimes I wonder why there are so many ranters, and so few listeners, today. Was it the hundred years of inhaling lead in gasoline fumes that turned our brains to mush, or has television been the scourge it was predicted to be decades ago, making us incapable of deep thought or long term goals, and depriving us of the ability to detect horse manure when it is served up, hot and steaming, as truth?

Note: I do not mean to impugn horses, or their manure. Horse manure is great fertilizer. It is not so good as political policy.

I do know that what most people need is to be listened to, which is the opposite of ranting. Think about it. Would you rather have someone in your face, yelling at you in an angry tone about how much they hate some politician or class of people, or would you rather have someone sit next to you quietly and listen while you talk about how much you sometimes miss your dead mother, who, in spite of everything, loved you as well as she could?

Listen more, rant less. That's all I'm saying.

Am I ranting here? Yes. But neither one of us is trapped. I can stop ranting, and you can stop reading.

See?

Eagle Eye Proofreading and Editing

Nancy Morgan

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Ages 21 months to 3 years with adult.
Enjoy a 20-minute program of stories
and songs just right for toddlers.

Preschool Story Times
Tuesday, October 4, 11, 18 and 25,
11:30am
Ages 3 to 5 with adult.
Join us for 30 minutes of stories,
songs and fun!

Ready-Set-Read!
If you are in elementary school, take
the Reading Challenge! Read at least 20
minutes per day for 20 days in one month
and choose a new paperback book at
your community library.
Forms are available online and at
the library.

**Teens
Free Full-Length Practice SAT**
Saturday, October 15, 10am
Presented by Kaplan Test Prep and
Admissions.

A fully-proctored practice SAT
will show students what to expect in
a test-like environment. Students will
receive a comprehensive analysis of
their performance on the test, detailing
individual strengths and weaknesses.
Register for this class online at <http://www.kaptest.com/enroll/SAT/98070/>
events.

Follow-up results workshop for
parents and students on Monday,
October 24 at 6:30pm.

SAT Test Strategies and Test Results
Monday, October 24, 6:30pm
Students who took the SAT
practice test on October 15 will receive
a comprehensive analysis of their
performance, detailing individual
strengths and weaknesses. Parents are
encouraged to attend.

Late Night @ the Library
Saturday, October 22, 6pm
For students entering grades 6-12.
Costume Night! Wear a costume or
create one here. Play Kinect, Wii, Guitar
Hero and computer games. Chat with
friends while enjoying munchies and
drinks!
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- Study Zone Online (by Brainfuse,
live chat and whiteboard functions)
- MSP, HSPE, SAT Service
Tutoring (by Brainfuse, 1-10pm, 7 days
a week).

Study Zone and Teen Late Night
Volunteers Needed at the Vashon Library
Because you care and want Vashon
kids to succeed, consider sharing your
time and skills by volunteering as an
after-school tutor. Choose a day and time
slot – it's up to you.
Keep Teen Late Night going by
volunteering to assist set-up, man tables
and clean-up. The event is every other

month on a Saturday night, 6:30-9pm.
To volunteer, sign up online at www.kcls.org/volunteer.

**Adults
Opera Preview: Carmen**
Sunday, October 2, 2pm
Georges Bizet's Carmen is one of
the two or three most popular operas
ever written. Ever since its' premiere in
1875 Carmen's glorious melodies have
conjured up images of a fantasy Spain
for generations of opera-lovers. Yet many
Carmen-lovers forget that this opera
is really a tale of sexual obsession and
murder. It doesn't seem possible that
an opera that begins with such dazzling
crowd scenes outside a picturesque
tobacco factory could end with a fatal
encounter between two star-crossed
lovers, alone on a side-street outside the
bull-ring. Such is the amazing power
of Bizet's music that the opera's tragic
ending makes perfect dramatic sense.
Seattle Opera's production of Carmen
opens on October 15. Don't miss it.

These Carmen previews will be
presented by local opera expert, Norm
Hollingshead, who will illustrate his
commentary with recorded musical
excerpts.

Great Books Discussion Group
Monday, October 3, 6:30pm
The Great Books Discussion Group
meets on the first Monday of the month,
October through June. Visitors are
welcome. The only requirement to
participate is that you have read the
material under discussion. A copy of the
Great Conversations 4 book is located
behind the Info-desk and available for
in-library use. An additional copy is
available for check-out.

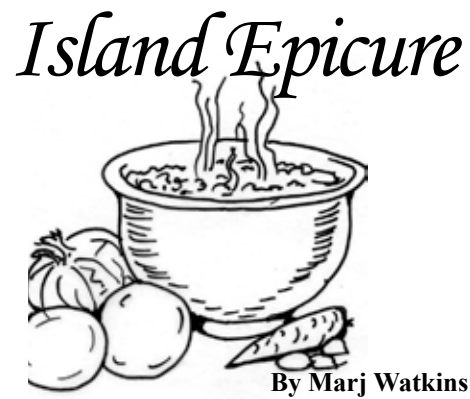
Free ESL Classes
Tuesday, October 4, 11, 18 and 25,
6pm
Learn how to speak, read and write
in English. Join us for free weekly lessons
taught by an ESL Instructor. Beginning
to intermediate level.

Computer Class: Email Level 1
Monday, October 10, 10:15am
Learn basic email vocabulary. Create
an account using Gmail, Yahoo or
Hotmail. Compose and send messages.
Prerequisite: Ability to use the mouse
and keyboard, basic understanding of
the Internet.
Please register starting September
26, 206.463.2069.

Computer Class: Email Level 2
Monday, October 10, 12:30pm
Learn how to send and open
attachments with examples from Gmail,
Yahoo, and Hotmail. Discuss scams and
viruses.

Prerequisite: students must have an
email address.
Please register beginning September
26, 206.463.2069.

Meet the Author: Leslie Rule
Sunday, October 23, 2pm
Seattle author, Leslie Rule, will
discuss her newest book, Where Angels
Tread: Real Stories of Miracles and
Angelic Intervention which she has
dedicated to Vashon Island resident,
Ross Krinsky. Ms Rule has written
six best-selling books, including two
suspense novels and four nonfiction
collections of ghost stories. She will
also share some of her favorite cases of
ghostly encounters along with stories of
angelic intervention.
Generously funded by the Friends of
Vashon Library.



Coping with Colds

A reader asked for more Epicure columns that tell what foods help defeat different diseases. Okay, here’s a start.

We had a round of summer colds in September. Now—brace yourself—we’re heading into the winter cold and flu season. It lasts from October through March. But you don’t have to succumb. There are several nutritional tricks you can employ to nip a cold in the bud, snatch it from your body at first sniffle; better yet, instantly cure the sore throat that often heralds an approaching cold or influenza.

An anti-bacterial, anti-viral solution I call my “Magic Potion” stands by on my kitchen counter even as you read this. It’s simple, just a white witch’s brew of cinnamon and cloves.

My son woke up the other morning with a severely sore throat and asked what he should do about it. I pointed out the Magic Potion, suggesting that he gargle a couple of tablespoonfuls. He did, and said a little later, “It really is magic!”

The cloves are anesthetic, and both the cloves and cinnamon kill bacteria and viruses. I believe I gave you the Magic Potion recipe before, but I’ll repeat it here in case you missed that issue of The Loop, or wore out your clipping.

Anti-bacterial, anti-viral
MAGIC POTION
2 Tablespoons whole cloves
1 stick cinnamon bark

2 cups water

In a small saucepan, bring all ingredients to a simmer. Cover and continue to simmer until the water has burned the brown of a cup of black tea. Pour or ladle a little into a glass jar to warm the glass, and then pour in the rest of the solution. Cap it.

To use, add a few tablespoons of the basic Magic Potion to a cup or glass of lemonade. Sweeten if desired with honey. Honey has its own curative powers. Lemon juice contains histidine, an acid that cuts phlegm. Or you may gargle with a mouthful of the straight Potion. Sometimes cold liquids go down better than hot ones when your throat is sore.

Both onions and garlic are good against a cold. This one contains three more good tasting ingredients that help your immune system defeat germs: cloves, chicken broth, and basil.

- ONION SOUP
- 3 servings
 - 2 Tablespoons light olive oil or canola oil
 - 2 cups onions cut in ¼-inch wide wedge strips
 - 3 garlic cloves, peeled and sliced
 - 1 10-ounce can Campbell’s condensed chicken broth or 1½ to 2 cups homemade chicken broth
 - 3 cups water
 - ¼ teaspoon powdered cloves
 - 2 teaspoons crumbled dried basil leaves or 2 tablespoons slivered fresh basil leaves
- Heat the oil to a shimmer. Add and stir-fry the onions until they wilt, become shiny and start to brown. Add remaining ingredients. Reduce heat, cover, and cook slowly until onion becomes completely limp and transparent.
- Bon appetite, and good health to us all!

Amanda’s Appeal

Continued from Page 1

conclusions.

6) Amanda, in particular, and Raffaele were targeted by a negative PR campaign initiated by Perugian officials then carried out by the media and blogarazzi.

Prosecutors Giancarlo Costagliola, Manuela Comodi, Francisco Maresca, Carlo Pacelli, Serena Perna and, most notably, Public Minister Giuliano Mignini each presented a segment. Mignini’s presence at the prosecution table is notable because as a plaintiff in the libel suit and the prosecutor of the 2009 Trial of First Instance, by law, he is not supposed take part in the Appeal. Mignini’s place was secured by his immense knowledge of Italian Law and his expertise at twisting it, just so.

This week the prosecution complained about what they perceived as defense-biased media coverage, Mignini himself said that the “armchair detectives” from thousands of miles away should realize that the decisions need to “come from the court.” They were appalled that Amanda and Raffaele’s supporters spoke out in their defense, but we think it’s strange to hear them whine about that, they used the same media to globally destroy Amanda’s reputation from 2007 to present.

Anyway it’s the men are who should complain about lack of media coverage, especially Rudy Guede. He is continually swept under the rug by the prosecution and ignored by the media in favor of the women and obscene titillation. Raffaele is mentioned in

passing, yeh, just like that. The fickle media now realizes that the ‘real story’ is the simple truth and they are reporting it. Thank God. Finally. It’s about time!

“I’m sure today it was stressful for her. Listening to people tell a bunch of lies about her is difficult,” said Amanda’s mother, Edda Mellas. Listening to the prosecution has been upsetting and exhausting for everyone. We’ve endured “Foxy Knoxy” crammed down our throats and witnessed the humiliation of our friends. They’ve endured a beloved daughter forced to wear the mask of convicted murderer and the mantle of “Sex-crazed femme fatal,” of “enchanted witch,” of “calculating Satanist.” Carlo Pacelli was the worst, calling Amanda “Lucifer-like, demonic, satanic, diabolic.”

It’s all bullshit. (Oops, can I say that here?)

Amanda was visibly upset, looking down at times, as she endured the tirade, but there were also times when she sustained a penetrating stare at the speaker. Raffaele is composed, he sits through court counting each day as a step forward and he still wears a bracelet Amanda gave him, as a sign of friendship and solidarity. These kids have never stopped being friends or supporting each other.

Amanda is resolute, she has a Plan B and Curt often tells of “how strong she is,” it’s easy to see his admiration for his oldest daughter. Amanda is no longer a frightened 20-year-old, at 24 she is purposeful and fighting for her freedom. She is speaking out. This exceptionally smart honors student from

Road to Resilience

Continued from Page 1

the sheep have done well with our help. For us, even without eating them, the work of their teeth, hooves, and manure are vital to plant production. Another type of domestication is that represented by dogs. T claims that she could not care for her sheep without the help of her working dogs. I have to admit that I was impressed with the enthusiasm and efficiency with which her young border collie, Sweep, the Broom, rounded up her sheep from a half mile down the pasture well out of our sight. Imagine something better than chasing cats and getting stroked for it besides!

T Yamamoto is much more than this. She was fortunate to be raised by a family that depended on both animal husbandry and hunting to provide for themselves. This deep and ancient knowledge of how to live with and partner with animals was second nature to her. Most of us living out of the grocery store know nothing of this. She has offered to teach anyone the arts of hunting, raising sheep, butchering, shearing and processing wool, milking, cheese making, whatever, and asks only that you help out at Wolftown in exchange.

There is a spiritual aspect to her way of life as well. Part of T’s education was understanding the importance of death in the continuance of life. Some of you that eschew the necessity of killing other animals might see her as a harsh and unfeeling person. Far from it, she is a very compassionate person that has given her life to mending the wounds that our civilization has given

to animals trying to live in a world that we are slowly crowding them out of. Rather than the warm and fuzzy world that we civilized people like to live in, she prefers to look at the world the way it in fact operates. The death of one is a gift to all that remain, and what makes that noble is the acknowledgement that we each, in turn, will give of ourselves when our time comes.

This is not an apology for industrial feed lots; feeding ruminants grain in crowded feed lots makes them sick, it makes those of us that eat them sick, is unsustainable, and a moral abomination as well. If you are a meat eater, it is important that you understand where your meat comes from. Better still, to participate in taking the life that provides it, so that you can try to resolve in your mind the seeming paradox of compassionate death, and have a deeper understanding of what it means to participate in this great wheel of life of which we are all a part.

If you want to see sheep dogs in action for yourselves, be sure to catch the Sheep Trials this weekend. Sept 31 through Oct 2nd at Misty Isle farm off of Old Mill Road. T will be demonstrating hand shearing, so you can meet and talk to her there.

Also, Peter Ray will be showing Into Eternity, a film about the legacy of nuclear waste, at Café Luna, Saturday, Oct. 1, 7-9 pm.

Comments? (Certainly there will be some this week) terry@vashonloop.com

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Positively Speaking

Every Child, One Voice

By Deborah H. Anderson

As I entered the high school library and saw the tables set up for the board meeting, a ton of good memories came flooding back. The playground at Chautauqua that first year when it was filled with Carnival rides and teachers staffing booths while children watched their house of learning turned into a party just for them. The helicopter Liz always managed to get (r was it Fran) for the egg drop experiment. Popcorn Fridays with Tammy and all the rest filling the bags as fast as they could, the ice cream party for all the Orca readers, T-shirts and sweatshirts and never-ending logo about what the kids would wear as we developed our new identity together. And of course all the work that Holly and then Mary and then Meri-Michael did on the Reflections program and the thrill of watching our winners go to state and nationals. (Yea Chris!) And Math Night. Let’s not forget Tressa spearheading Math Night. And the Science Fair.... Barb and the Science Fair.

Now at this point there are at least a dozen,dozen (that would be 144) people who come to mind that aren’t getting mentioned here. People who tirelessly volunteered to put together programs that achieved a level of excellence appreciated in corporate circles but destined for hands and hearts that have maybe a decade, or a decade and a half of life experience. If I mention you all I won’t get to the pitch to join PTSA and then volunteer for your favorite passion.

Realizing that the McMurray parents and the High School parents were going to be just as involved in PTSA as the Chautauqua parents when we moved to a site council organization mode was enormously exciting and energizing.

Then there were the functions for the adults. I experienced my first protest march in Olympia on legislative forum day. Learning the new strategies we could use for finally advancing the simple majority vote for levies was eye opening and did it ever take forever to accomplish. Ah sweet victory.

That was prefaced with legislative forum in Ellensburg in October each year where we heard the various needs of those around the state and huddled in our discussion groups to map out our verbiage as we presented them for the vote to represent the state platform.

And of course, at the end of the year there was the State convention. Yes Meaghan and Holly I have kept the picture of me wearing the albino Anaconda and me under the hairdryer. They were two of my finest transparent moments. Just what we try to learn from children.

“The children, the children, we can’t forget the children”. Do you remember that lyric from the ‘King and I’?

My life has been about children since I was well, eleven years old to be exact; the year I started daytime babysitting. There has not been a year, a day, a minute, when my life was not about the nurture and advocacy of children. Representing those who cannot represent themselves has been my life’s



passion. But finding those of us who do not mind the mess, chaos, highs and lows presenting themselves at the same time can be like searching for people who know the secret code to a subterranean club.

I found them here on Vashon. Children Lovers. People who want to present opportunities for children to discover their minds, hearts, gifts and skills.

PTSA has continued strong on this Island because of the work of hundreds of adults who love children. This year they’ve already served up the before school Ice Breaker social to hundreds of children and families, over 400 to be exact. The cards are out for kids to record their reading. Next week is Bus Ridership Week from October 3rd – 7th. October 18th State Representative Sharon Nelson will speak at an Educational Forum at McMurray at 7PM. Did you know she serves on a K-12 committee? Come hear what she knows. CES Book Fair is Oct 19-28. PTSA Harvest Party is October 28th from 6:30-9:00PM.

That’s for starters. VHS Career Fair and the Film Festival will follow as will McMurray Recreation Nights. At the end of the year there’s Field Day. And Conference Week Support Staff and Staff Appreciation Week and McMurray Tech Club.

I don’t know what your childhood was like. Maybe there was a teacher or another adult who supported you when your own parents couldn’t, or maybe your own parents were exemplars of child rearing. You can be there for your own children or someone else’s child too.

As the State website says, “...we build on the legacy of the past and continue toward our shared vision that every child’s potential becomes reality.” That’s it. We offer children the opportunity for their potential to become reality.

Go to the website. Pay your \$20 or whatever level you want to join, and then look at the list of things open for volunteering.

Let me end with true confession. When my kids weren’t in school anymore on the Island I let my membership lapse. I swore it would never happen but it did. That was the last thing that happened as I entered the high school library that night. I remembered, I have to rejoin. I’d forgotten how much fun it is to work with other adults on projects that are all about kids... Kids being given the opportunity for their potential to become reality.

Love
Deborah



Amanda’s Appeal

Continued from Page 9

the University of Washington now has a command of the language and is learning the law that a few corrupt Perugian officials used against her in 2007.

And since I mentioned The U, how is it that they have not protested Mignini’s claim that Satanists are actively recruiting on the Husky Campus? Speaking of the Devil how is it that the American media was not immediately suspicious of such a claim? Is Satanism so common that it barely rates a reaction from the networks? And how did I miss all of these apparently boring Satanism stories? Oh wait! There aren’t any because it IS a weird subject that should have garnered some questions by American “investigative reporters,” but they were distracted by the SEX. Oh, now I get it! Doyt! *slaps forehead*

The prosecution moved on to the evidence and spoke about the confidence they had in the Scientific Police’s job of collecting and processing the DNA. They called into question the court-appointed expert’s resumes then complained that they were biased against the prosecution. *insert sour grapes* The court’s experts performed an independent examination of the DNA evidence that had been denied to the defense since 2007 and found more than 50 breaches of international protocol. They examined the Knife and Bra Clasp that supposedly tied the kids to the murder, both were ruled out and the miniscule traces of DNA were found to be rye bread starch and a partial profile from any number of Italian people; there were five profiles present.

Mignini urged the court not to blame the “poor black boy,” Rudy Guede. Guede’s DNA profile was the only one found in Merdith’s bedroom, the murder scene. Although Amanda had lived with her for 45 days, neither hers nor Raffaele’s was found in the bedroom. Guede’s DNA, fingerprints, footprints and shoe prints were found all over Meredith, all over her room and he tracked her blood into her bathroom then down the hallway. The Mixed Blood that the prosecution talked about is actually Cellular DNA Mixed In Meredith’s Blood. There is no doubt DNA from the other roommates and guests are also in those bloody prints, but the police never tested for other profiles, nor did they profile the semen stained pillowcase. It was deemed it “not necessary.”

The “poor picked-on boy” slashed poor Meredith’s throat, while she fought for her life, and then stripped her and sexually assaulted her as she lay dying. The “poor innocent boy” covered her body with a bedspread then stole her money, credit cards, keys and went dancing. Then the “poor misunderstood boy” fled to Germany. He was tried, found guilty and is in prison for her

murder, though he pleads the SODDI. “I was the “poor saintly boy” and Some Other Dude Did It.”

Mignini shamefully played the Race Card to excuse the heinous murder of a promising young woman.

The prosecution made a great show of displaying Meredith’s autopsy photos for the court. First by ordering the public out on the first day and then by “accidentally’ showing the entire gallery the photos the following three days as they ‘fumbled’ with the slide show. Amanda looked away, as she has every time, pained to see her friend displayed in such an inhumane manner. Mignini told of looking into Meredith’s lifeless eyes, shocking the court, but Maresca’s appalling disrespect on the 26th elicited angry reactions from Amanda’s family as Edda and Deanna walked out of the courtroom in protest. Amanda’s friends were visibly upset to have witnessed a vulgar shot of Meredith’s body. A spectator, with a daughter Meredith’s age, told Mignini he was “evil” as they passed in the hall during a break, she was detained briefly for the outburst and released unharmed. The press erupted with thousands of tweets about the daily display of Meredith’s nude corpse; even prosecutorial press was horrified.

After four years of abiding by court protocol, why did these senior prosecutors “forget” to send the public out? Using Meredith Kercher as a pity pawn and repeatedly showing her bloodied and nude body to the entire court was unconscionable. This team works for Meredith and her family. They tell us to “remember the forgotten victim,” but they do not mention that Meredith and Amanda appear together on every broadcast around the planet. This is not the way to find justice for this victim.

At the end the prosecutions closing arguments amounted to proving there really is an Italian Witch-Hunt and a smear campaign against Amanda and Raffaele. They proved that they have no evidence against these two innocent students. They wanted us to see Meredith as a victim, they succeeded in proving that they have no respect for her. They proved that they used Meredith and her family as a means to an end. They’ve proved that this is about the money.

Curt told reporters, “I hope there will be a full review of the case if Amanda is freed. The trial was more about emotion than evidence and the evidence presented was a character assassination of Amanda.” In a few days we will know if the judges were able to see the mistakes made and whether or not they will right the wrongs. All we have ever wanted is truth and justice from this court.

All we have ever wanted is Fair Play.

Want to read more of Deborah? You can find her at three separate blogs:
www.onewiththerootbeer.blogspot.com -offers practical advice and simple observations for parents from pregnancy through adolescence.
www.mealsandmoments.blogspot.com -offers real encouragement in a virtual world.
www.socialcontemplative.blogspot.com -encourages faith based leadership for those in the church world.
or you can email her at dha@lgcmin.com

October 16th 1:30 PM Vashon Theatre. Absolutely Free Family Matinee “Batteries Not Included” starring Jessica Tandy and Hugh Cronyn. Early Steven Spielberg at his best. Come one Come All!!

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VAA New Works: More Feasting

By Janice Randall

More than a decade ago, multi-talented Islander Arlette Moody and friends performed her visionary mixed media New Works show, A Sensory Feast, for sold out audiences. Now More Feasting will take place, again as part of VAA's long-standing New Works Series, a series devoted to the pursuit of creative collaborations for Island performing artists.

More Feasting, a collection of 12 theatre, music, dance and comedic vignettes will feature a host of Island talents including: Esther Edelman; Kathy Zbryck, Cathy de Smet, Lynelle Sjoberg; Steffon Moody; Abby Enson; Stefanie and Marshall Murray, Adrienne Mildon; and Lyn McMannus. The ever-versatile Kevin Joyce will direct Moody's sensual opening piece and Francois Serre Y Berga-who toured with Tina Turner-will choreograph a jazz trio piece with Moody, Edelman and Zbryck.

"This show is going a little deeper to a level of true appreciation and gratitude simply for living. Feeling self worth, enjoying perhaps feeling low and moving through to a place of euphoria," explains Moody. "With such chaos in the world and sometimes in our private lives, it's important to tap into the simple pleasures."

Rated PG-13, audience members may expect sensory surprises on many levels. On a stage decorated with Moody's signature crescent luminaries, she will sing songs by one of her favorite songwriters, Kate Bush. Moody will also build a song from start to finish with a boomerang looping device. Sjoberg and Enson will dance on the 'orbit,' a multidimensional fitness device used in Pilates. Moody will direct Edelman and de Smet in a poignant piece entitled "Night at Gusto Girls." Professional theatre veterans Stephanie and Marshall Murray, will serve up an encore musical theatre



Photo by Jenn Reidel

piece they performed earlier this year and The Twisted Sisters, of Church of Great Rain fame, will perform an A cappella tune by English rock band Queen. Friday night only, Steffon Moody will perform a comedic vignette. The finale will feature Moody and her daughter Louisa in a duet.

"This show is all about having fun; when the body feels good, the spirit follows and visa versa."

Friday and Saturday, October 14-15, 8 pm. At Blue Heron Art Center.

Tickets: \$12/\$15, Blue Heron, Heron's Nest, Vashon Book Shop, Books by the Way and www.brownpapertickets.com/event/199399



Sweetgrass Trail

By Orca Annie Stateler,
VHP Coordinator

"Sweetgrass Trail: An Emerging Artist's Journey" is the title of Odin Lonning's October show at Heron's Nest on Vashon. Odin, a Tlingit artist and cultural educator, is renowned for his traditional Northwest Coast Native designing, carving, and painting. His "Sweetgrass Trail" show is a departure in that several pieces pay tribute to the formative stage of his career, when he traveled across the United States. The artist will be at Heron's Nest on First Friday, October 7, from 6:00 - 9:00 PM.



"Sweetgrass Trail" painting, © Odin Lonning, 2011. Acrylic on hardboard.

Attending the Institute of American Indian Arts (IAIA) in Santa Fe, New Mexico allowed Odin to experience a rich diversity of tribal cultures. While there, he collaborated with other talented Native artists -- an Acoma potter and a Pawnee jeweler, for example.

New works in the Heron's Nest show, such as "Spirit Posse" and "Sweetgrass Trail," are experiments with different media and tribal styles. The imagery in these pieces evokes Feast Days in the pueblos, the ceremonial gatherings of Plains and Northeastern tribes, and art shows at reservations in Arizona. "Spirit Posse," an acrylic painting on canvas

with wood cutouts, is a personal favorite inspired by the concept of Coast Salish spirit boards.

Odin's show includes contemporary Coastal Native works, as well. One standout is "Raven's Little Helpers," another new piece encircled by 20 exquisitely hand-painted feathers representing a host of birds, such as Flickers, Blue Jays, Owls, Hawks, and Loons.

This week's photo highlights a detail from Odin's "Sweetgrass Trail" painting. The images from right to left are an Acoma water jar; a figure based on a Zuni katsina; a Hopi sun face; and above the sun, an Apache Gan dancer silhouette - a mini Southwest cultures lesson!

Lonning is an award-winning, professional Alaska Native artist whose body of work over three decades includes carved cedar pieces from totem poles to amulets, painted drums, ceremonial regalia, and jewelry design. In September, he was a commissioned artist for Vashon Allied Arts 2011 Art Auction. Learn more about the artist at www.OdinLonning.com.

Dear readers, artwork and whale

'Iridescent Inspiration' Opens at Sunshine and Ideas



Tim Carney's new show entitled 'Iridescent Inspiration' will debut at Sunshine AND IDEAS on Friday, October 7th at 6:00 PM

Tim Carney is an artist who is an alchemist at heart. He embodies his artwork with shimmering magic by using space age optical materials that disburse light and produces iridescent rainbow hues of eye dazzling colors.

Carney is a prolific artist who has produced hundreds of iridescent rocks with intricate patterns and designs that beg to be held in your hand, touched and admired.

Looking into his works deeply is like looking into a clear night sky and watching the heavens on fire.

Carney Aka: TimRockMan details the textures of natural materials like wood and rock with holographic gilding and printing methods he invented and developed starting in 1991. Optical materials are often embedded, such as laser-etched foils in combinations with acrylics, and enamels that together produce amazing effects.

Some of the several effects he employs are based on diffraction media which creates intense colors and 3D

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illusions. Esoteric materials like laser-embossed foils and dichroic films are embedded in transparent layers. The colors appear to dazzle, like starlight and shimmer like water.

Tim will demonstrate one of his printing methods at Friday's opening and talk about his 20 year exploration of these new mediums.

Sunshine and Ideas is open on First Fridays for Vashon's Gallery Cruise 6:00 PM to 9:PM monthly. Gallery hours vary. Sunshine AND IDEAS is open for visitors whenever you see the rainbow open sign at the roadside in front of Parker Plaza on Vashon Highway or by appointment

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In the heart of Beautiful Burton By the Sea...

Carmen Captivates

Vashon Opera scored another hit with Bizet’s Carmen on September 16th and 18th. The packed house was wowed by the lead, New Yorker Jennifer Hines, and Seattle’s own Stephen Rumpf and Glen Gurh. One of the most popular and recognizable operas, this Spanish gypsy tale has been adapted for film, stage and ballet in dozens of languages.

Set in the early 1800’s, Carmen is a sultry gypsy who is pursued by a number of men including the bullfighter, Escamillo, and soldiers, Captain Zungia and Don Jose. She spurns powerful Zungia and falls in love with handsome Don Jose until she realizes that he is toying with her affections, finally she rejects him in favor of the dashing bullfighter, Escamillo. Micaela, a maiden from Don Jose’s village, brings him a message from his dying mother and, driven mad from grief, he kills Carmen outside the bullring while Escamillo is fighting.

The audience was brought to its feet by the power and range of contralto Jennifer Hines, as Carmen, and tenor Stephen Rumpf, as Don Jose. The duo were supported by the commanding baritone of Glen Guhr as Escamillo and the dulcet notes of soprano Christina Kowalski as Micaela. Sopranos Tess Altiveros and Julia West defined sassy wench with their rendition of Carmen’s gypsy girlfriends, Frasquita and Mercedes. Fellow smugglers El Remendado and El Dancaïro, played by tenor John Marzano and baritone Thomas Thompson, don’t mind using the women to pull off the perfect robbery. Island couple Gordon Millar and Patricia Kelly played Lillias and Madame Pastia,



Jennifer Hines and Stephen Rumpf as Carmen and Don Jose.
Photo courtesy of Karen Pruett.

owners of the local tavern where the gypsies gather to read tarot and plan heists.

The Dragoon Captain Zungia, played by bass-baritone Jonathan Silvia, commands Officer Morales and a soldier, baritone Michael Dudley and John de Groen, to arrest Don Jose after he lets Carmen escape from custody. The street urchins stole the show in the first act as Toreador Ethan Davis deflected The Bull, Isaac Hughes, with a swirl of his cape, while the Chorus, featuring forty talented Island singers, enjoyed the spectacle from the bullring. Dancers Mara Drape, Mauve Haselton, Camille Kappleman, Katherine Misel and Meg Sayre added elegant to Christine Juarez’s choreography of audacious gypsy girls, the haute chix in town.

Led by conductor James Brown, the orchestra, comprised of violinist

Karin Choo, cellist Doug Davis, trumpet Vince Green, flutist Jennifer Rhyne and pianist Evan Stults, sounded like a studio recording as perfectly blended notes carried into every room surrounding Vashon High School’s theater. Crewmembers, watching the live feed backstage, felt a disconnect. The production was on Vashon, just in the other room, but through the feed it was much more like watching Carnegie Hall on cable TV. Truly impressive!

Vashon Opera’s Third Season showcases national and local operatic talents without the ferry ride! Bizet’s Carmen is just the beginning, on February 11, 2012 the beloved children’s classic Hansel & Gretel will delight Island children. Then the season final, May 18th and 20th, features Tchaikovsky’s libretto “Eugene Onegin.” From Alexander Pushkin’s novel, a selfish hero regrets spurning the love of a woman and allowing a duel that kills his best friend.



Glen Gurh as the dashing bullfighter Escamillo. *Photo courtesy of Karen Pruett.*



L - R: Christina Kowalski, Julia West and Tess Altiveros as Micaela, Mercedes & Frasquita. *Photo courtesy of Karen Pruett.*

Vashon’s intimate venues offer theatergoers the rare chance to sit ringside in a Spanish bullring, salivate over the witch’s candy-coated kitchen or listen to court intrigue as treasured guests at a Russian prince’s ball. For more information please visit www.vashonopera.org

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Vashon Chamber Music Series Celebrates third Season

By Janice Randall

Vashon Allied Arts' 2011-2012 Chamber Music Series begins its third season thanks to the unerring artistic vision of Island cellists Rowena Hammill and Douglas Davis and chamber music fans who clamor for more. The opening concert, Friday, October 7, showcases Beethoven's immortal masterpiece for piano trio "Beethoven Archduke Trio," with Stephen Bryant on violin, Douglas Davis on cello and Allan Dameron on piano. The celebrated piece, written during Beethoven's "middle" period (1803 to 1814) was considered to be among his finest compositions.

The program will also include Dvorák Piano Quartet in Eb major with Sue Jane Bryant on viola. This quartet is known to be one Dvorák's most charming and complete Slavonic compositions. Cellist, Rowena Hammill will join the quartet for two Alfred Schnittke selections.

Guest pianist, Allan Dameron, graduate of the North Carolina School of the Arts, studied chamber music, vocal accompanying and ballet performance. Before moving to Seattle, Dameron lived in Chicago where he coached at Chicago Lyric Opera and was Music Director of Chicago City Ballet. Frequent participant with University of Chicago Chamber Players, Grant Park Concerts and radio station WFMT's live concerts series, Dameron appeared in many chamber music series including the National



Gallery of Art and the Phillips Collection in Washington, D.C., the Metropolitan Museum in New York, The Gardner Museum in Boston, The Colorado Music Festival and more. This season, he will play Bach's Keyboard Concerto in d minor with Pacific Northwest Ballet and perform Beethoven's Emperor Concerto with the Thalia Symphony, Seattle's second oldest community orchestra, founded in 1949. He will perform on a Steinway piano rented especially for this performance.

Violinist Stephen Bryant, current member of Seattle Symphony Orchestra, was Concertmaster of the YMF Debut Orchestra and member of Los Angeles Chamber Orchestra. Principal Second Violin of Edmonton Symphony for ten years, Bryant joined Calgary Philharmonic Orchestra, where he was Assistant Concertmaster. In 1998-99, he performed in the Malaysian Philharmonic Orchestra's inaugural

season as Principal Second Violin. Violist Sue Jane Bryant, studied violin in Los Angeles until Manuel Compinsky introduced her to viola. She performed 10 seasons with Edmonton Symphony Orchestra and was Assistant Principal Viola with Calgary Philharmonic Orchestra. Bryant performed as Sub-Principal Viola with the Malaysian Philharmonic Orchestra and has performed with Seattle Symphony, Soundbridge Young Composers Series, Pacific Northwest Ballet, Seattle Chamber Players and others. Special thanks to the generosity of Vashon United Methodist Church for hosting this concert.

The next Series performance takes place Friday and Saturday, November 18 and 19, 7:30 pm, and will feature an All Women Concert with works by Martinu, Mozart and Schumann. For more information please go to VashonAlliedArts.org. Series tickets available at 463.5131.

Vashon Chamber Music
Friday, Oct. 7, 7:30 pm
Vashon Methodist Church
Individual tickets: \$18/\$21
Full Series Subscription: \$75/\$90
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Next Edition of The Loop Comes out Thursday, October 13

Deadline for the next edition of *The Loop* is
Friday, October 7

Lopy Laffs

Moose Lake

Jeb, why would you send a mime over to my store? He is mimicking all my customers and freaking them out! What did I ever do to you to deserve this?

I hired him to cheer up my customers. He was such a great deal I bought one extra day and thought he could start out at your store.

Jeb...it is time you start miming your own business!

DISCUSSION OVERHEARD AT THE 2011 STRAWBERRY FESTIVAL WRAP-UP MEETING...

V.I.P.S. We think the Strawberry Parade and Festival should have more BARNYARD ANIMALS. There's clearly not enough BARNYARD ANIMALS in the festivities !!

...There should be critters braying and bleating, jumping and cajoling - Little multicolored, furry varmints scampering to and fro, whining and screeching, running in circles among the fair-goers, babbling gibberish as they wind their paths among the throngs of celebrants.

We have plenty of those critters... those are the political groups that parade with their candidates for office !!

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LOGJAM

BY Jeff Hawley

LOOK, FLYSHACK- I'VE GROWN A THIRD EYE!

I WARNED YOU NOT TO DRINK THE POND WATER!

YEAH, BUT I'M GLAD I DID!

CHECK OUT MY COOL SHADES!

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www.logjamcomic.blogspot.com

Weekend Entertainment Sept. 30 - Oct. 2

Cordaviva

Cordaviva is a 9-piece powerhouse of dance music influenced by the disparate rhythms and styles of the African diaspora. Their upbeat original music is a unique blend of soukous, rumba, Afro beat, funk, and various Latin styles. Bright horns compliment sublime vocal harmonies (sung in various languages), soulful guitars, and relentlessly driving percussion.

Cordaviva has performed at such notable Seattle venues as The Triple Door (lounge and main stage), Nectar Lounge, The Tractor Tavern, and ACT Theatre. Cordaviva's influences stem from musical legends such as Nigeria's Fela Kuti, Guinea's Bembeya Jazz, and Congo's Franco & TP OK Jazz, as well as the Brazilian and Afro-Cuban sounds of Caetano Veloso and Mongo Santamaria.



"You'll be in for a real treat when you see Cordaviva... blending Soukous, Afrobeat, and Reggae gives [them] an unexpected edge in the local World music scene and completely sets them apart...[they do] a fantastic job of combining sax, trumpet, percussion, guitars, keys and vocals all while giving each instrument their own spotlight."

-Lindsey Scully, SSG Music
This is a free all-ages show until 11pm, then 21+ after that.

Friday, September 30, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Lunavision Presents



The new film directed by Michael Madsen considers the future a 100,000 years from now. This is the time it takes for radioactive waste to become inert, or at least no longer harmful to humans and other living things. Into Eternity is about the ONKALO nuclear waste facility being built in Finland for spent reactor fuel from Finnish nuclear power plants. This 75 minute film asks some important questions and gets some fascinating answers, although not necessarily what you might want to hear.

"The ONKALO project of creating the worlds first final nuclear waste facility capable of lasting at least 100 000 years, transgresses both in construction and on a philosophical level all previous human endeavors. It represents something new. And as such I suspect it to be emblematic of our time - and it a strange way out of time, a unique vantage point for any documentary." Michael Madsen

Saturday, October 1, 7pm, At Cafe Luna, 9924 SW Bank RD
www.cafelunavashon.com

Pause/Play/Scrub



the regions top names in movement and performance including: dancer/choreographers Kris Wheeler and Lila Hurwitz (both of Seattle), visual installation artist Susan Gladstone (Portland), percussionist John Dancey (Vashon) and more.

For these dancers, familiar territory is sensory awareness, ease of motion, dynamic expression and perceptual improvisation. They make real-time choreographic choices informed by the performance in progress, other players and objects in the playing space. Dancers partner each other during the improvisation as naturally as wind in the trees. Rising out of and falling into the floor, they enhance and amplify the simple spirals inherent in human movement. "Process is the product; this work invites people to step back in the process of being," adds Nelson. Pause/Play/Scrub takes place Saturday, Oct. 1, 7:30 pm, at the Blue Heron. Tickets: \$12/\$15 are available at the door, Heron's Nest, Books by the Way or Vashon Book Shop.

Don't miss VAA New Works Series opener this weekend when veteran Island movement artist/choreographer Karen Nelson and friends celebrate the experience of embodiment. The Blue Heron walls will come down for this performance featuring some of

Daryl & Renee Redecker

Daryl is a musician of exceptional talent who has been writing and recording since the early 1970's. He has released eight albums, which received extensive airplay in the Northwest and has opened for such well-known acts as Jose Feliciano, Phoebe Snow, Kenny Rankin and John Denver. In recent years, Daryl has turned his attention to teaching guitar. Daryl's love of music and his ability to interpret a wide variety of musical styles makes him a dynamic and effective teacher.

Daryl's sister, Renee, has performed professionally in the Northwest since 1973. Her vocals are clear and athletic, using flavors of jazz, rock, blues and folk. Her original songs are well crafted



and have a pop flair. Renee's approach: make it real, make the rhythm and have fun with it. Renee is currently performing in the Seattle area, both as a solo act and with the Black Lab Trio.

This is a free-cover all-ages show 'til 11pm

Friday, October 7, 8:30:pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Artist Reception for Andrew Plotsky Artist and Photographer



Andrew Plotsky is the principal of Farmrun, an agricultural multimedia production studio based on Vashon. His infatuation with light and composition was piqued during his undergraduate studies of environmental science in upstate NY, where he pursued an extracurricular education in creativity. After graduation, he began an intensive self-guided program in transience, traveling domestically and abroad in search of agricultural know-how, interpersonal communication skills and the ever elusive trait of humility. He enjoys thoroughness, brioche and motion. His show "Asymmetrical Wallpaper Patterns" will be on display for the month of October. For more information check out www.farmrun.com.

Friday, October 7, 6pm, At Cafe Luna, 9924 SW Bank RD
www.cafelunavashon.com

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“Pink Zeppelin” Backbone Benefit Show

Yes....it’s that time again...
First of all, I want to thank those of you who responded to my call out to you on possible Backbone music themes...the response was overwhelming and man, oh man...there were some great ideas. I think we’ve got enough to last us the next twenty years worth of shows...
The next Backbone Campaign Benefit is coming up on Saturday night, September 24th at the Red Bicycle Bistro & Sushi.
The Beatles event last April was amazing – what a jam-packed wonderful evening of music that night.
This event will be called “Pink Zeppelin” – featuring music by Led Zeppelin or Pink Floyd. Both bands were suggested multiple times in emails that came back to me, so Bill and I felt really good about the music and how it will tie in with what the Backbone Campaign is doing.
We thought we’d continue the theme concept again, calling out to our unbelievably talented musicians on this Island to participate. If you missed out on performing in the previous benefit shows, now is your chance to be a part of an spectacular night of music by a huge variety of musicians, all under one roof and for a great cause.
Bill Moyer and the Backbone Campaign staff and supporters continue to do some incredible things out in the world right now – this is your chance to contribute to their efforts. For information on what the Backbone Campaign has been up to lately, check out their website at <http://www.backbonecampaign.org>.
For all six of the previous Backbone Campaign Benefit events at The Red Bicycle, it was ‘standing room only’ in the back and it was about as packed as they’ve ever seen that place. We even ended up having to turn some people away because there just wasn’t any room left! The event is a unique way to gather with your community - visit with neighbors and old friends and share a wonderful night together, but I cannot urge you enough to get there early!
Musicians may perform one Led Zeppelin or one Pink Floyd song at the benefit, either as a solo act or with accompaniment. There have been some great solo performances in the past, as well as some wonderful collaborations that people are still talking about, so we’re hoping for more of the same for this event.
Although it won’t be an acoustic event, it won’t be a big amplified huge extravaganza either. We’ll rotate quite a few people through (maybe 25 or so time slots) each playing one song. There is not much time for set-up, sound check, or tear down, so we want to keep it simple. It’s difficult to accommodate large bands, but not impossible if the transition time takes place quickly. Pick a song, email me back and let me know what it is as soon as possible, and we’ll add it to our list so we don’t have any duplicates. The list tends to fill up pretty fast and please remember, it will have to be first come, first serve...there’s just a certain amount of time slots available and so many more musicians to fill them out here on the Island. Have a second choice in mind, just in case your first one is taken already. We need to try to solidify everything within a week or so in order to print posters and get the word to the local papers by their deadlines. This is a great audience to play to and if you have CD’s of your own music, it’s a great event to make some sales!
You will be able to see an updated



list of the artists who have signed up for this event and what songs they will be performing on the Red Bicycle Bistro website at <http://www.redbicyclebistro.com> as soon as people start submitting their songs to us. We’ll have the standard sound setup at The Red Bicycle with the in-house equipment they have, and then run everyone through a guitar amp so that we can keep the flow going and not have to do a sound check for each person.
Also, we would like to have some sort of representation by the youth on the island if at all possible...if you know of anyone under 21 that might be interested in performing, please let us know. We think it would add another wonderful dynamic to this special night. There is a window of time between 7:30 & 11pm when anyone under 21 can be in the restaurant where we could make this happen.
John Sparks will be our soundman for this event—he has become the resident soundman at The Red Bicycle. This night should be fun and something a little different than the norm. It’s an excuse to get out of the house, socialize a little bit, and enjoy some first class entertainment.
As always, a huge thanks to everyone who takes the stage and also to those of you who will come to enjoy the music. We are blown away by this wonderful community of musicians and music lovers that continue to support each other every day.
Music creates community. Music matters. –Pete-
Confirmed so far:
Babe I’m Gonna Leave You (LZ)(Bob Krinsky)
Battle of Evermore (LZ)(The Fieldhands)
Bike (PF)(Kevin Moe, Brian Forsythe, Gabe Blake)
Black Dog (LZ)(Maya)
Brain Damage (PF)(Andre Sapp)
Breathe (PF)(Doug Spencer & Trent Smith)
Comfortably Numb (PF)(Ron Hook)
Communication Breakdown (LZ)(The Four Horsemen)
Fearless (PF)(Brian Forsythe)
Final Cut (PF)(Scott Durkee)
Going To California (LZ) (Pat Reardon & friends)
Goodbye BlueSky (PF)(Rick Doussett & Phil Johnson)
Kashmir (LZ)(Sarab)
Moby Dick (LZ)(Fletcher Andrews & friends)
Shine On You Crazy Diamond (PF)(Allison Shirk)
Thank You (LZ) (Greg Dember)
That’s The Way (LZ)(Mark Shepherd)
Wish You Were Here (PF)(Steve Amsden
Saturday, October 15, 8pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959 \$20 SUGGESTED COVER!

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www.VashonLoop.com

October at Blue Heron Gallery

By Janice Randall

Two long-time Island artists explore *vie intérieure* (inner life) in VAA’s October’s Gallery exhibition. Pascale Judet, acrylics and Joanne Hammer, oils bring their work together in a first time public collaboration. Hammer’s work, naïve and colorful with an affinity toward raw spirit forces, emotes themes of mortality, life’s fragility, layers of memory and depictions of meadows, ponds and animals. Deeply sensory and experiential, Hammer’s work (half drawing and half painting) offers expressions of transience and what it means to live close to the land. “Having the consciousness to really observe changes in the natural world and ourselves--being a part of balance with nature—that comes from living here.”
She says each painting begins with a vision. “I see it in my mind first and instinctively let it find its own way. Dreams often inform my work.” Using gesso and many layers of paint on thin, archival paper, she builds panels from Baltic birch and then laminates work to panels. A clear wax varnish provides a smooth protective finish.
Hammer, a working professional in the arts for nearly 40 years, has been a teacher, textile designer and copper artist. She recently won a national competition to work with world famous mosaic fabrication craftsman, Stephen Miotto and 4Culture to create a prestigious public art project. One of 9 columns installed in SeaTac’s new south terminal, the glass mosaic rises 9 feet toward the terminal’s ceiling. Participating in this project lead Hammer to fabricating her own mosaic piece, Common Ground, a permanent installation in the new Seattle Justice Center. “I would love to do another public art project,” she adds.
Pascale Judet’s daily rhythm begins



early in her light-filled Maury studio as she makes entries in her visual journal, a rigorous practice she began in 1994. Resulting in a four ft. stack of creative personal history on acid-free large format paper, Judet says these drawings and ‘scribblings’ convey her ‘*vie intérieure*.’ Ink drawings of boats, towers, trees, ladders and other repeating motifs such as trees, birds, fish and snakes, awash in vibrant acrylics (often in her signature shades of blue) characterize Judet’s work. “Trees are such a force in my work... the fact that they grow from nothing.” Many images, simple yet precise, are modeled from illustrations from her favorite resource, an old broken and tattered French dictionary. Words and phrases, snippets of thought, philosophy and poetry, sometimes camouflaged and sometimes prominent, hint at the highly symbolic nature of Judet’s dream-like artscares. “It’s emotional release; these paintings are about what’s going on inside.” she says.
Not surprisingly, Judet studied philosophy before immersing herself in art during her mid-twenties. The drawings/paintings are glued to varying sizes of barrier-treated Masonite or plywood panels (made by Island artists Matthew Olds) then brushed with multiple coats of glossy acrylic finish.
Known for her hand-painted clocks with miniature figures, which have been shown and sold all over the country, Judet showed her paintings at the Blue Heron Gallery in the early 1990s. She is originally from France.
Gallery Opening
Friday, Oct. 7
6 to 9 pm
Live jazz by Richard Person and Jim Hobson

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Toby Needs A Home...

This super sweet, adorable Dobie loves to run in the woods, on the beach ... anywhere. You wouldn't know he has a balance problem until you see him try to make quick turns in a small space. It may be a vision problem as he has been checked out for more serious issues and given a clean bill of health. He is at his best with open spaces and off leash, so if you have some room to roam, you will love this boy! Toby also loves sitting quietly beside you with a chew toy while you are working, reading or watching TV. If you would like to meet Toby, contact Vashon Island Pet Protectors at 206-567-5222. There is a \$125 adoption fee.



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Care Packages Sought
for Fallen Soldier's Platoon

When Vashon's 1st Lt. Robert Bennedsen was killed in Afghanistan last month, he had only been in the country three weeks, but he had already come up with a plan of support for men and women under his command.

He told his family that while he enjoyed care packages from home, many in his platoon never received anything. He hoped the people of Vashon would change that.

Bennedsen's family and friends wish to fulfill Bennedsen's plan and ask that Islanders donate cash to the cause or give items the men and women there have requested. The list includes mechanic's gloves, green uniform socks, sunscreen, hand warmers, preserved foods, powdered Gatorade, cans of tuna, toothpaste, toothbrushes, razors, reading material, flip flops and hard candy, according to Lauren Chinn, who is helping to organize the effort.

Islanders can drop off both types of donations for Bennedsen's platoon at James Hair Design or Bank of America.

Vashon's Yellow Pages on line.
Find it on
www.VashonPages.com

Kronos, Palouse Winery, Pandora's Box, Northwest Sport, Frame of Mind, Country Store, LS Cedar, Vashon Business Info
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