

Happy Hour 2011

“The girls had so much fun last year, we decided to do it again!”



Photo by Jeff Dunncliff

On Saturday, November 5, Open Space throws open our doors from 4pm to 7pm for another round of Happy Hour – a fabulous, fun ladies event featuring Runway Fashion Shows, Onstage Demos, Beauty & Pampering, Retail Therapy, an Eco-Chic Clothing Exchange, and Dancing On Demand!

A few tidbits of what we'll feature include:

- Vashon Zumba with Dari and Sara: Come and shake your booty to the Latin inspired aerobic workout of Zumba (salsa, merengue, cha cha, tango). Zumba will get your heart-rate soaring and put a smile on your face all week long. Find your waist again, tone up and have fun while working out to great music! Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will help you achieve long term benefits while

experiencing an absolute blast in one caloric-burning, body-energizing hour;

- THREE Runway Fashion Shows featuring Dova Silks, Emily Burns with Vintage clothing, and Jenni Wilke (more details about Dova Silks on following page);

- Arlette Moody performing a sassy new dance;

- An Eco-Chic Clothing Exchange: Practice Sustainable Fashion! Declutter your closet and freshen your wardrobe by swapping your used clothing;

- Dance breaks with DJ JEN E-K – Seattle club DJ who has recorded for Sir Mix-A-Lot;

- Plus shopping galore!

The afternoon is hosted once again by the Washington State Fairies / Vashon Mayorettes, who say: “The Fairies are deeeelighted to be emceeing

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“Honky-Tonkiest Fur Ball Ever”

Charity Auction a Great Success



It was Western and duds at the Fur Ball Auction held October 23 at the “O” Space.

Photo by Cindy Koch, www.cindykochphotography.com

While final figures were not available by the time The Loop needed to go to press, preliminary figures for this year's Fur Ball™, the primary annual fund-raising event for Vashon Island Pet Protectors (VIPP), suggest that the soirée was a smashing success.

The event was held on Sunday, October 23rd from 3:30 to 8:30 PM, once again at the O Space which has hosted the event for the last few years; in years past the event was hosted at the VFW

Hall, but the Ball's growth in popularity necessitated the move.

This year the theme was “The Honky-Tonkiest Fur Ball Ever” and featured both live and recorded western music and both event staff and attendees sporting various degrees of Western wear from simple bandannas to full-on cowboy regalia down to the chaps and 10-gallon hats. Structured primarily as a charity auction, the event is broken down into a dizzying multiplicity of different

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Amanda Knox: Sweet Relief

October 20, 2011. Vashon Island, my house, 4:40am. This is the last article in the Amanda Knox series; she is home, looking to the future and Vashon has been euphoric for the past few weeks. When she visited Thriftway recently, she received hugs and accolades from the folks who saw her at the store. No I haven't seen her; I'm not her personal friend, but felt enormous relief to see her at SeaTac surrounded by her family. Someday, if it's meant to be, I'd love to give Amanda the biggest hug, but I'm completely fine just having her home. To tell the truth, all I need to be happy is to see her hugging her Dad and Mom.

I want to begin by thanking all of the folks who have told me how much you appreciated my articles and how much this information has helped you to understand what happened to Amanda Knox in Perugia, Italy. It was just too heartbreaking to see Curt's community so confused and when the opportunity to help arose, well, how could I not?

I want to especially thank Steven Allen of The Vashon Loop, when you see him pat him on the back too. Steven and I are the big brother and sister to Curt Knox's classmates, both had the desire to help our siblings who cared so deeply for Curt and his family. I was allowed a 2000 word column for eight

months and I really cannot heap enough praise on his shoulders. Steven's desire to help Curt was just as important as my 16,000 words. He gave the Knox family a community platform to tell their own story in their own words; I was just the ghostwriter.

November 1, 2011 will be the 4th anniversary of the death of Amanda's friend, Meredith Kercher. On that day we would be honored if you would join a worldwide candlelight vigil in her memory and send your prayers to her grieving family; your candle may be as public or private as you wish. Also, please remember Amanda in your prayers, she still grieves for her friend.

Many are now wondering “Who did kill Meredith Kercher?” and I find it astounding that the Perugians have yet again distracted the world from the real killer: Rudy Guede.

Rudy Guede is serving time as an Accessory to Murder. He was known to police within a week of the crime, his fingerprints and footprints in Meredith's blood were all over the crime scene. He was captured in Germany a few weeks after the murder and has been in Perugian custody two weeks less than Amanda and Raffaele. He opted for an abbreviated trial and has already had the

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Road to Resilience

Power and Community

As the election circus revs up once again, it is clear that we are way too busy fighting with each other to even begin to deal with some very serious problems. At a time when our very lives depend on quick and decisive action, we are instead completely absorbed in finger pointing and name-calling. As the rest of the world looks on and shakes their collective head, the question is: will the people of the United States be able to shake off this insanity and begin to act rationally or will they drag the world down in flames? In terms of priorities, the very real and serious problems we face must defer to the problem of our inability to act.

There are many reasons for our being as polarized as we are. In an earlier column, I touched on the idea that we have become a worker/consumer society and we depend on business rather than people in our community to provide for

By Terry Sullivan, Transition Vashon
our needs. In the absence of friendship and community, individuals become stereotypes. Nobody goes around saying they hate Joe Smith or Marilyn Feldman. We hate those elitist, arrogant, godless Liberals and those ignorant, hateful, conservative, religious zealots. “We” are completely rational and reasonable and “they” are implacable and mean to destroy our culture and our nation.

Without getting too conspiratorial, I have to say that I see a little social engineering here. In society, power is a fact and it will be wielded. Its natural tendency is to concentrate in the hands of the fewest number. It's much easier to wield power if the rabble is completely disorganized. What better way to do that than to redirect all their angst on each other? From the Magna Charta to the Declaration of Independence, the intention has been to diffuse that power into the greatest number, thereby lessening the possibility of abuse. But since its natural tendency is to

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Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.



Vashon Food Bank receives a check from Vashon Eagles #3144 for 6,500 dollars. In the photo are Kim Cantrell, Phil Bomber for the Eagles and Yvonne Pitrof for the food bank. The money was raised from the luau, auction, hat and tee shirt sales. Event was held September 17th at the Eagles with over 200 people attending.

Island Attorney Expanding Practice

David Cooper, a Vashon Island attorney for over thirty years, is expanding his legal practice to include mediation and arbitration services. He says, “More than ever now I see people in need of a low cost resolution process on Vashon. Mediation, in particular, offers a way to get to a solution quickly and efficiently, and leaving the parties still talking to one another. The standard approach to legal problem solving, lawyering up and duking it out, is on the wane, high cost being the prime motivator. I expect that my focus will primarily be on serving unrepresented people in the family law area, divorces and child custody issues, etc., although I have experience with many other types of cases, including real estate, trust issues, contracts and construction, to name a few. I’m trying to get people the results they need without the time and trouble of taking their case off the Island.” Cooper’s office is centrally located at Courthouse Square, 19001 Vashon Hwy SW. His phone number is (206) 463-3608. More information can be obtained by calling or navigating to www.davidcooperlegal.com.

The Vashon Loop

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First Friday Gallery Cruise at the Vashon Chamber!

Come visit the Vashon Island Chamber of Commerce when we host our first Gallery Cruise on November 4, 2011 from 6-9 pm. We are honored to kick off our participation with Ray Pfortner, acclaimed Vashon photographer. Ray’s exhibit features over 20 photographs, many featuring scenic places of Vashon as well as far away lands. Besides seeing this stunning artwork, it is a great chance to check out Vashon’s new Visitor’s Center. The Chamber of Commerce is located at 17141 Vashon Hwy. SW.

Trick-or-Treat Night

The Community Trick-Or-Treat night will be on Monday, October 31st, from 4:30 - 7:00 pm..
Main Highway closed through Vashon Town 4pm to 8pm

Free Hypnosis Workshop

Free Hypnosis Workshop offered at Library by Diana Labrum, Cht, Personal Best Hypnosis, November 3, 2011 from 6:30-7:30. Everything you Ever Wanted to Know about Hypnosis but were afraid to ask. Diana will teach you self hypnosis, lead you in a nice, relaxing visualization and answer any questions you may have. She will give all attendees a free relaxation cd. For questions call Diana Labrum 206-455-5680.

Who’s Afraid of the Dark?

Kim Farrell MD and Mona Hardy will discuss:
Mood changes as the days shorten: Depression and Seasonal Affective Disorder
Keeping motivated and enjoying the holidays.
A festive recipe that the whole family can enjoy
Learn about the SUV walking group
Wednesday November 9, Courthouse Square 7-8:15 PM. Come at 6:15 if you would like to get your blood pressure checked, weigh-in or to sign up for Shape Up. Courthouse Square is at 19021 Vashon Highway SW, next to the Sheriff’s Office. Classes are free to SUV members, \$5 for all others.

Holly Daze Are Here Again

Once again Vashon Island will enjoy its traditional Holly Daze Bazaar. It will be held on November 19, 2011 from 10 a.m. to 4 p.m. at 17727 100th SW (the former NAPA store). This will be a wonderful place to get handmade presents for your friends and family. In addition to the displays of items made by Vashon crafters, there will be hot beverages and doughnuts as well as a Make It and Take It booth for kids to make gift items. Join us for the perfect kickoff to the holiday season. For further details call Ann Zbryk 206-463-9428.

Make a date with Vashon!
www.VashonCalendar.org
Vashon Library Events
Art & Music Events
Submit your Event on line at www.vashoncalendar.org

October 27, ‘11

Vashon Island Fruit Club Meeting

Vashon Island Fruit Club is meeting on Tuesday Nov. 8th , 7 pm at the Land Trust Building. The meeting will be a brainstorming session where we toss around ideas of what to include in next year’s program.

Caregivers Support Group

Vashon Community Care Center hosts a monthly Caregivers Support Group meeting. The group meets on the second Thursday of every month at 7pm. This group is geared toward family or friend caregivers, rather than paid caregivers. If interested or if you have questions, please call Julea at 567-4421.

Early Childhood & Nature Education Talk

Nationally recognized early childhood and nature expert Erin Kenny, founder of the non-profit Cedarsong Nature School’s Forest Kindergarten (or outdoor preschool) will give a presentation about her recent participation at the International Nature Action Collaborative for Children conference, which included many site visits to Forest Kindergartens and nature preschools in the Netherlands and Germany. The presentation consists of a slideshow, with commentary and discussion. Sat., Nov. 5, 7-8:30pm, at the Land Trust building. This is an adult event and the charge is by donation.

Find the Loop on-line at www.vashonloop.com.



“Open my eyes, that I may see wonderful things in Your Torah”
Psalm 119.18
torahinmyheart.com

Next Edition of The Loop Comes out Thursday, November 10

Deadline for the next edition of *The Loop* is Friday, November 4

Compost the Loop
The Loop’s soy-based ink is good for composting.

The Vashon Loop is Now available FREE on the Vashon Fauntleroy & Southworth Ferry Route Find the Loop in the Passenger Kiosk Area Online www.VashonLoop.com





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Washington General's Award for Home of Record

By Verna Everitt



Paul Whitfield, American Legion Commander, District 1 representing the Washington Generals presenting the plaque to Former Sargent Christopher Gaynor of Vashon Island, Curator of the VMIHA exhibit Home of Record: Vashon and the Vietnam War

A critical analysis of the Vietnam War has long since been left to historians. But what still is important today is honoring those soldiers left standing, and those who lost their lives fighting in the jungles of Vietnam. On 1st Friday, October 7, 2011, Vashon-Maury Island Heritage Museum did just that through their exhibit, Home of Record: Vashon and the Vietnam War.

The small museum was filled to capacity with soldiers, their families and their friends. A special tribute was made to the 12 soldiers from Vashon Island who perished in Vietnam.

During the opening, former Sergeant Chris Gaynor, a Vietnam Veteran and co-curator of the exhibit, was presented a plaque for VMIHM by the Association of Washington Generals. The Association is an organization governed by a board of directors including the governor, lieutenant governor, secretary of state and others. Its purpose is to formally recognize individual's outstanding service to the state and bring them together into a service organization. The crowd was touched by Chris's acceptance speech. And when he called out the names of the twelve fallen Vashon soldiers, followed by a moment of silence, those in the room became the collective conscious for all who have lost love ones through war.

Together, local historian and museum board member, Dr. Bruce Haulman and Chris Gaynor created a thought

provoking exhibit which includes Chris's personal trove of pictures taken in Vietnam from 1967 to 1968 and the letters he wrote home during his time in Vietnam. The exhibit also includes a Roll of Honor for all our Vietnam Era military veterans, and a Wall of Remembrance. There is an interactive map of Vietnam where veterans can identify where they served, where Vietnamese-Americans can identify their family's place of origin, and where visitors to Vietnam can identify their travels.

To honor Vashon veterans, on Thursday November 10, the evening before Veterans Day, at 7:00 PM at the Vashon-Maury Land Trust Building, the Heritage Museum is sponsoring "Women and the Vietnam War" a talk by Dr. Marianne Jacobs who served as a nurse in Vietnam during the war, was on the Vietnam Women's Memorial Committee, and is a noted anthropologist who studies the role of women in the Vietnam War.

The Vashon-Maury Island Heritage Museum exhibit Home of Record: Vashon and the Vietnam War will run through February 2012. For questions contact:

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Island Life

The Frame

by Peter Ray

“Unless you frame yourself, others will frame you- the media, your enemies, your competitors, your well-meaning friends...All words in all languages are defined in terms of frame circuits in the brain. But, ultimately, framing is about ideas, about how we see the world, which determines how we act...” George Lakoff

For most of my life I’ve always felt that even though I was a part of a club, I never really felt like a member. This is why I have a hard time with committees- why I recently deactivated (love that term) from the Facebook. It’s not for lack of wanting to belong- it’s just that somehow that doesn’t seem to be in the cards. It has been a part of my difficult time in synchronizing with the OWS movement- the other minor problem being the fact that, in some circles, those three letters stand for open water swim. Besides traveling around for a number of Wendy’s aquatic endeavors over the past Summer, there is some significance to the realization that my life metaphor for the last ten years has been the troublesome, recurring private image of my trying to tread water while hanging on to two cement blocks- a near-drowning analogy that certainly propels a good many of the words and deeds and frames of the anti-Wall Street clan. But still, I was having a hard time connecting to that with some sort of Island relevance.

That was until I opened up the internets pages of the other Island newspaper recently to find out that I had become a bit more famous, or infamous, depending on which side of the Wall you are on. It was interesting visiting another frame of the action, not unlike tuning in to an episode of the Fox news. There was sensationalism, with the photo caption stating that “...the word “murder” was stenciled on the stump.” There was fear-mongering, with the news that “the area had long been a site for loitering and drinking.” There were twisted truths: “The eucalyptus....was in bad shape...”. And there was concern that bird people were about to take over downtown Vashon: “...they plan to remove the railroad ties that now provide a perch for people.” There was even the implication that cutting down the trees is a new cure for people afflicted by substance abuse problems, and one can hear an emphatic endorsement of this clinical procedure in a quote from the head of the Vashon Alliance to Reduce Substance Abuse, Luke McQuillin: “It’ll be a big visual improvement, for sure.” Yes, doesn’t it look great without all those drinking vagrants- out of sight, out of mind. Now I see how this framing thing works.

The most interesting news for me was not that I’d done the deed- I’m drowning after all, not sleep walking. No, what I liked most about the article was the statement that I couldn’t be reached for comment. I don’t know what it’s like in your club, but when I hear or read those words it implies some kind of guilt and that the supposed perpetrator is hiding something. It’s true- I did it. What isn’t being said is that they had a week to contact me and didn’t. I can thank modern technology for that fact based truism, as there were no missed calls indicated on my cell phone or any emails from the other editor evident in my inbox. As with Fox news and the main stream media, if you don’t want an answer, don’t ask for it. What also isn’t mentioned here is that earlier this year the other editor had no problem sending me an email asking for any (free) pictures I had of bicyclists on Vashon. I believe



American Hero Quilts Holds Auction



Pictured from left to right are: Elsa Mae Williams, Colleen McClure, Sharon Aukland, Marie Blickfield, Margaret Bickle, Jo Ann Bardeen, June Langland, Mary Jacobs. Back Row: Susie Hill.

Our wars are still going on, although we want them to stop – they haven’t stopped, and it won’t stop for quite a while. In Iraq the fighting and dying may be ending, but not in Afghanistan. This means more wounded are lying in battlefield hospitals, still others are waiting to be transported to hospitals stateside and still more are in hospitals here in Washington State, waiting for their wounds to heal so that they can return home. Regardless of our own personal stand on all this, we can do something.

But what can we do? American Hero Quilts, a Vashon born effort, is doing its best to give all those wounded soldiers something tangible, to ease their suffering and as a token of our appreciation. Recently the quilt project received a letter from a nurse who was herself wounded:

“I have no recall of the explosion in which I was injured. I also do not have any memory of being stabilized in the hospital in Afghanistan. My first memory was waking up hurt but warm and looking around to see a sea of red, white and blue quilts. (First I have to tell you that these quilts mean much more than I thought they would) I will treasure my quilt forever. Having spent so much time wrapped up in it, I can tell you that I think I know each and every one of you. I know the women who must have spent hours cutting up little squares to make this quilt. Every square is perfect. I know the women who picked out the perfect country colors to make this quilt so lovely to look at. I know the women who sewed all these squares together with each one matching perfectly. I know the women who sewed the eagle on top with such tiny little stitches -as well as the quilter, and the person who put the

Happy Hour 2011

Continued from Page 1

Happy Hour again this November. This is a fantastic party! Shopping, beauty, music, dancing, ... What more could you ask for?” Admission is \$10 at the Door – no presale tickets. Two-for-one coupons are available by participating early in the Eco-Chic Clothing Exchange: Drop off a bag (at least grocery size) of women’s clothing, shoes or accessories at Books By The Way and receive a two-for-one coupon to Happy Hour. All items must be clean and in good condition. Last day for advance drop off is Nov. 3rd. Clothing donations will be accepted during the event, but no coupons will be given out at the door.

Dova Silks is a wearable art boutique located on Vashon Island, Washington.

The shop is where fashion designer Dorothy Dunncliff creates her original hand-dyed silk garments. She uses only the finest silk fabrics, including charmeuse, organza and chiffon. Dorothy’s clothing designs are as elegant as they are versatile. All drape beautifully and are comfortable to wear in

any kind of weather.

Dova Silks was incorporated in 2001 with founding partners Dorothy Dunncliff and Valerie Spear whom the later sadly passed away a few years ago. Now, in collaboration with Sally Shivers, Dorothy continues the creative endeavor of Dova Silks.

Sally Shivers has over 30 years experience in the fashion design and apparel industries. With her attention to detail and construction, she creates elegantly crafted garments fitted to enhance the best in anyone. Having an eye for color, textures, and design, her contribution to this endeavor has further enhanced the quality and beauty of Dova Silks clothing.

Expect to find colors at Dova Silks that you won’t see anywhere else. Dorothy’s and Sally’s design emphasis is on bold colors, and silk naturally produces vivid colors rarely seen in other fabrics. In addition to immersion dyeing, Dorothy paints the fabric by hand like a French impressionist. Though her techniques are deliberate, the outcomes are often magical.

edges on to seal it. I know this quilt so well -because I have run my hands over it more times than I can count. I know all of you because you are all angels. I do not have an adequate way to express my gratitude to you. I am not articulate enough to express what it means to all of us or the lump I get in my throat when I think of how generous and giving you all are. Thank you from the bottom of my heart.”

On November 12, Vashon will host a Silent Auction, at Vashon Island Books, 22100 Vashon Hwy SW (old VFW Hall), starting at 7 pm. Admission - \$25. Advance tickets may be purchased at the Vashon Book Shop, or on line at www.americanheroquilts.com . This event will not only offer food,

entertainment and a chance to see your friends and neighbors, it will also offer an opportunity to bid on a large variety of goods and services, offered at very reasonable prices.

Please come to the auction, or give all that you can - to help. While many, many volunteer hours and personal funds are spent to make the quilt program possible, money is needed to meet expenses for supplies and shipping. Sue Nebeker and her band of quilters cannot support all the need. They have shipped almost 10,000 quilts already and still more are needed (350 wounded soldiers are sent back from Afghanistan each month). Please help keep our wounded veterans warm, every contribution, large and small, helps.

Joe will work for all of Vashon. He’s got our endorsement. Join us in voting for Joe.

Cara Aguilera

Carol A. Ahlfors

Bill Ameling

Emma Amiadi

Murray & Jill Andrews

Steve & Jean Andrus

Ray Aspiri

Karen Baer

Tim Balz

Martin Baker

Priscilla Beard

Greg Beardsley

Jay Becker

Craig & Lynette Beles

Scott & Kimberly Benner

Linda & Dick Bianchi

Joe Bogaard

Christina Bojanini

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Jean Bosch

Vicki Boyd

Bill Brown

Dan Brown

Marie Browne

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Planet Waves
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Aries (March 20-April 19)

What are you up against? Do you have the sensation that you have some kind of an invisible obstacle or adversary? Does everyone seem to be treating you with the same attitude? It can be difficult to see how your internal psychological dynamics manifest as events, situations and trends in your relationships -- but now would be a good time. There is something here about the ways you were treated as a child that is showing up in your life now. Most people have little idea what their early environment did to inform them about the seeming 'bottom lines' in the world. If you find yourself having strange or inexplicable encounters, or getting drawn into peoples' dramas, I suggest you try making the lines directly back to your early history. With these added points of reference, you'll be able to change your mind about things that have troubled you for a long time.

Taurus (April 19-May 20)

You seem to be experiencing considerable sexual tension. This appears to be less about how you relate to others than about how the male and female polarities within you relate to one another. There is something in psychology known as projection. In sexual relationships, projection often comes in the form of seeing the attributes of your inner male in the men around you (usually, this happens to women), and of your inner female in the women around you (usually, this happens to men). In the current setup, this may be reversed, and you may be looking to same-sex examples for who you want to be, or what you can confidently express. If you perceive certain people as 'more sexual' than you, make contact with the aspect of yourself who is just as intense and passionate. Note your same-sex attractions and fascinations. Sex and gender are a puppet show -- remember who is the master.

Gemini (May 20-June 21)

As the next few days unfold, make sure you know what's bothering you. Keep your energy moving rather than bottled up. A steady burn-off will prevent larger explosions. Be aware that you could pick up on someone else's rage, or be extra sensitive to the injustices that others around you are facing. If you've got jealousy on your mind or weighing on your feelings, I suggest you ask yourself what good that particular emotion ever did anyone. I think people avoid understanding jealousy for two reasons: one is that it can veil something we really think is hotter than hot, but are afraid to admit; and it can veil the fear of death, disguised as the fear of losing a relationship. I suggest you investigate. The deeper you take your inquiry, the deeper emotional healing you will access -- and that is the point.

Cancer (June 21-July 22)

For the moment, I suggest you keep financial matters and sex as far apart as you can. They often get intermingled, whether it's the dinner date that leads to sex, the trip to Vegas or the intricately woven erotic-economic threads of marriage, do your best to separate these two topics. People can have this weird tendency to vindicate sex because there was a cash exchange of some kind. I suggest you give your pleasure away for free, and see how that feels. For free would translate to without expectation of some other return. If someone you love

or desire has another erotic interest, I suggest you surrender to that experience and explore how you feel doing so. Right now your charts are all about tapping into unusual sources of passion, exploring taboo emotions and leaving yourself free to feel exactly what you are feeling. Start with allowing sex to be sex for its own sake, with no other value.

Leo (July 22-Aug. 23)

Pay attention to what someone close to you has gone through, and how it still may be influencing them today. You may think that it was clearly more intense than something you went through -- and it may have been, but there will be parallels in your own life. Indeed, what happens over the next few days could shed light on your experience of relationships going back many years. This involves how people respond to you when you desire them. It also involves how you perceive the desire of others, directed toward you. Have you noticed what conflict this can cause? I'm inclined to say that it's needless conflict, but there is a cause, and it involves the relationship of desire to power. An astonishing number of people have been subjected to some form of sexual abuse, and this always involves the conflation of desire and power. We would all relax a little, if we could see this for what it is.

Virgo (Aug. 23-Sep. 22)

Virgo is famous for its self-critical tendencies. However, they are really a problem when your judgments are lurking below the level of awareness. Once you become aware of them, they are easier to address; they are easier to see as being distortions. You are entering an extended phase of your life when the theme is learning how to relax these strict expectations, rules and standards that you have set for yourself. Before you get there, you're going to see them in a whole new light, and you'll become aware of the cost to you in energy, pleasure and freedom. As you do this, you're likely to notice something else: you can bring out specific talents and intentions and focus on them with unusual power. That, by the way, would be a result of using the energy you gain from relaxing your false or negative expectations on yourself. Your gifts are much more beautiful seen in the light.

Libra (Sep. 22-Oct. 23)

We usually think of relationships as involving two people, but they are always part of a larger human constellation. We're taught to wear these little blinders: If it's not a marriage/official partnership, it's not an official relationship, and every pair-bond is an island. There is this subtle paranoia that if we let go of that notion even a little, the result will be anything from an instant orgy to the decline of Western civilization. Well, cheers to orgies and the decline of civilization, but that's not what usually happens. Many relationships need to be let out of their jar. They need a walk in the park. Many people in relationships need to go to a party on their own, flirt with everyone, and maybe meet someone for coffee the next day. Many people not in relationships would benefit from noticing the many, many possibilities for how two or more people can relate to one another.

Scorpio (Oct. 23-Nov. 22)

The Sun is about to ingress your sign this weekend -- that's excellent news. Even better news is that the first thing

the Sun does is make a trine to Chiron, which will help open up the flow of passion and emotional energy. You will have many choices where to direct that energy, and an invitation to participate in an experiment. But I suggest you be conscious of one thing, which is that passion, erotic energy and love can have a tendency to flush out many of what we call negative emotions. Many of those emotions show up as projections -- things we see in others, and which are calling for some resolution within ourselves. For you, a place to shine the light is where erotic energy meets control. You're in an unusual position to see this emotional dynamic for what it is, and to take a step toward setting yourself free.

Sagittarius (Nov. 22-Dec. 22)

All kinds of deep and dark emotions seem to be brewing at the bottom of your psyche, and as the Sun moves into your neighboring sign Scorpio this weekend, you're likely to get some insight into what's going on for you. It looks like there's a lot you're not expressing, but at the same time you don't have the words to do so. I think that's the first step -- gradually identifying what you're feeling, at least clearly enough to make a short sentence. As you do so, you may discover that these emotions go a lot deeper than you think, and each new discovery may be wrapped in a layer of frustration. Don't let that deter you. Keep your gumption. You're the one thing in the world that you need the most information about. Nobody is going to tell you; you're going to discover it yourself, and that will take some gumption. Be patient and dauntless and you will learn a lot.

Capricorn (Dec. 22-Jan. 20)

You have the solution to a joint financial issue right in your hands. It's so obvious and so close to you that you might look right past it without seeing it. Said another way, the solution to the puzzle is exactly the thing that your intuition is telling you that it is. One clue I can give you is, you have recently gained some insight into the larger forces that are operating around you. You're aware that there are people with agendas, some of which affect you directly and some of which don't affect you at all. Make sure you can tell the difference. You may have this idea that if you want something, someone else will automatically not want it, or prevent you from getting it. If you have this notion, I would say it's time to test the theory. Take a step outside the established rules (or unspoken rules) of your situation. Notice what happens when you decide you're not going to let fear or resentment run your life.

Aquarius (Jan. 20-Feb. 19)

You have a theory of relationship, and a corresponding reality that does not always match. No matter how idealistic you are, it always comes down to who or what pushes your buttons, or treads on your most sensitive spots in an insensitive way. It would help if you bear in mind what those spots are, and rather than defending them or guarding them, gently guide the discussion in another direction. This may be challenging, as you're likely to have at least one situation in the coming few days when you feel like someone is treading directly on one of your deepest injuries. Whatever this may represent, bear in mind that the person involved may not be aware of what is going on with you -- nor may they be in a position to help you talk it out. You may decide it's worth daring an actual conversation -- but that will work better if you don't blame anyone for what is yours to work through.

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Pisces (Feb. 19-March 20)

Patric Walker, the master of the horoscope column (1931-1995) once wrote that if you scratch a Pisces you will find a Virgo under their skin. I would say if you put your fingers on the wrist of a Pisces, you will feel a Scorpio pulse running through their veins. This will be especially true now, as the Sun enters Scorpio this weekend, lighting up Chiron in your own sign as it does so. This translates to an easy flow of passion and desire -- as long as you get out of your own way and allow the energy to flow through first. Said another way, take care of yourself. Don't let the emotional or mental blocks of others frustrate you. There may be nothing you can do to help them -- and there are others who are in a better position to exchange energy with you. Then look around for others who are curious, adventurous and creative -- you will find them, and you will have plenty to share.

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www.spiritualsmartaleck.blogspot.com

I love humankind. It's people I can't stand

by Mary Tuel

"I love humankind. It's people I can't stand." - Charles Schulz

Well, crikey, mates. Let's talk about how hard it is to love people.

There are different kinds of love – there's the love we feel spontaneously for people we know, and there's that more challenging kind of love, agape, "non-erotic love, as of God for humankind..." Thank you, Webster's dictionary.

It's hard always to be on good terms with the people we love, because relationships tend to be dynamic, not static, and people tend to be annoying, not pleasing. What is much harder is loving people we don't know but know about, who are not like us, whose behavior we do not like. Annoying people in our own lives, people whom we cannot stand, and on a broader scale, people like political despots who kill and torture their own people. How do you love those people?

Women and men who practice a life of faith and/or spiritual awareness, such as Christians or Buddhists, for example, are called or commanded to love everyone, without prejudice. That's a pretty tall order. I can't do it.

By the time you reach your 60s you are not so subject to the hormone-driven emotions of your earlier years, and you're getting the hang of this life thing. You don't freak out as easily as you did when you were younger. Also, by now you have seen a lot of friends and family die.

In thinking about people I have known who have passed on, I've realized that it was their flaws that made them memorable. If they had not been the whole people they were – loveable,

exasperating, heart melting, impossible – I would not have loved them as much as I did. People with grit and edges provide the best stories at the wake, and live the longest in memory. It makes me hope that when I die people will have more to say than, "Well, she was nice."

Yeah, I know, I've got that made.

What I'm saying is that the people we love, in their humanity, can be as unlovable as anyone we don't know and don't love, and that's the point. We are called to love all humanity, including ourselves, including those we know and those we don't, impartially and with compassion.

Are all human beings equally capable of grace and cruelty, greed and generosity? I think so. I don't know what makes one person turn out to be a Gandhi, and another person turn out to be a Gaddafi. I know that most of us are somewhere in between those two extreme personalities.

The question is not, "how can I love that person?" The question is, "How can you not?" I don't know why truth is so often counter-intuitive, but it is. Love with compassion and without prejudice, for your life, for the lives of your children, for the lives of all. That is what we are called and commanded to do. It is impossible for most of us, but we must walk that way, in hope and sincere dedication, expect to fail, and get up and keep going.

Which brings me to the next conundrum. To what degree, and in what way, do you resist the evil actions of despots, tyrants, and sociopaths? Do you say, "Oh, I love that evil moron with compassion," and skip away singing, "La-la-la?" Short answer: no.

We'll talk more later.

Thanks and a tip o' the hat to Father Tryphon, whose Morning Offering blog earlier this week started this train of thought. You can read what Father Tryphon has to say at www.morningoffering.blogspot.com and it will be worth your while to take a look.

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Brigitte Needs A Home...

Brigitte is such a sweet thing, playful, affectionate and funny. She is good with cats and kids. When she needs to go out she will come and get you. She is not a good candidate for a home with stairs due to some arthritis in her hind legs. She can manages 2 steps but not many more. She really wants to be somebody's special pal. She will sit by your chair when you are reading so you can pet her in between pages! Brigitte was very thin when she came to VIPP and her coat was pretty rough. She has since gained a little weight and now has a shiny coat. If you would like to meet Brigitte, please contact Vashon Island Pet Protectors at 206-567-5222. There is a \$125 adoption fee.



Go To www.vipp.org Click on Adopt

"Honky-Tonkiest Fur Ball Ever" Charity Auction a Great Success

Continued from Page 1

auction-oriented sub-programs in an effort to find an auction to suit every taste. Just to list a few:

Wine in a Bag - participants could take their chances buying concealed bottles of wine ranging in quality from the "every day" to "absolutely fabulous".

Buy It Now - for those whose constitutions cannot stand blood-pumping competition, Buy It Now offers participants the ability to simply pay the marked price for an item.

Silent auctions - several tables full of items up for auction where participants simply wander around and enter their participant number and dollar bids on a form associated with each item. While this particular auction suggests a certain amount of anonymity on the part of bidders, in practical application a great deal of entertainment could be had watching supposedly "anonymous" contenders attempting to silently glare each other into submission.

Paws for Dessert - tables of participants donate money collectively to earn a position at the pole to "dash" over and grab desserts off a long table, opulently overflowing with desserts of every imaginable variety.

Live Auction - theoretically the primary event of the evening, the live auction featured approximately 42 auction items encompassing selections to suit nearly every taste. Jewelry, art objects, private concerts, an African photo safari, vacations, airplane rides, welding classes, and a variety of food-oriented possibilities were all on offer. Once again this year, the live auction was presided over by Laura Michalek, a nationally renown fundraising auctioneer. Significantly, many items went for prices in excess of their declared values.

Items for all of the various auction events were supplied by a mix of commercial and private donors.

The primary sponsors for the Fur Ball that paid fees for the privilege were: Island Home Center and Lumber, Palouse Winery, Fair Isle Animal Clinic, J.R. Crawford (Realtor), Pandora's Box, Sue Carette (Realtor), Karen Hust and Todd Vogel. The silent auction table sponsors were: Michelle and Scott Harvey, Cindy and Hans Koch, Piro Kramar, Daphne Ashling Purpus, and Vashon Print and Design.

According to Jacquie Perry, the Fur Ball coordinator, preliminary estimates indicate between \$65,000 and \$70,000 net proceeds for the Ball, an increase of between \$10,000-\$15,000 over last year, a very significant rise.

An especially large jump in charitable revenue occurred this year in the Paws for Dessert event, which earned approximately \$8,000 compared to \$5,000 last year. Ms. Perry attributes the

growth to the Paws sponsor, Pandora's Box, for including an extra incentive this year by offering a gift certificate to the highest bidder at each table. The gift certificates ranged in value from \$20-\$100 in Pandora's Box merchandise or services.

Also very successful this year was the Paddles for Pets, a.k.a the "direct contribution" event. Quoting Ms. Perry, "We came close to tripling what was donated last year. Our total was over \$17,000 and that is before any matching funds come in from corporations at which donors work. I believe the main difference was that Elaine Summers and Pete Droge put together an incredible video that reminded guests [of] the purpose of VIPP. Elaine even composed and sang a song for the piece. I believe that really made a big difference". VIPP President Geoff Fletcher is looking into the possibility of making the video available online.

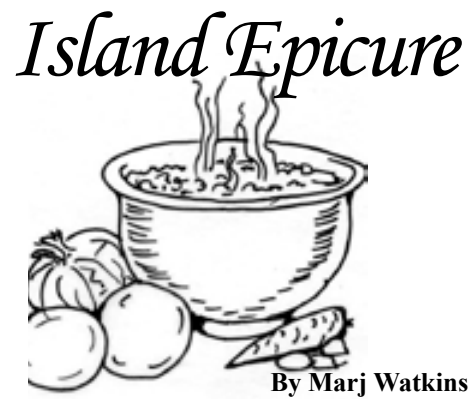
Participants also had three chance drawing opportunities to win a free pet microchipping safety implant, provided by Island Realtor J.R. Crawford, to be performed by Fair Isle Animal Clinic. All event attendees also received a 20% discount off a microshipping implant simply by presenting Ms. Crawford's brochure at Fair Isle. Ms. Crawford was the "Deputy Green" sponsor for the event, a new sponsorship. Significant effort was made by organizers to reduce the amount of garbage waste created by the event which is something new this year. According to Mr. Fletcher, "In speaking with Jacquie today, I think we're only going to walk away from the Fur Ball with four big garbage bags full of garbage. If you think about how we had probably over 300 people there, and that's all we had in the way of garbage, that's pretty phenomenal from the green perspective."

Mr. Fletcher, solemnly donning his event-traditional, highly formal, hand-made animal-ears woolen cap-with-dangly-tying-bits, wished to express his gratitude to the Vashon community for the success of this year's Fur Ball: "The kind of spirit we saw at this year's auction really tells us what VIPP is all about. ... As an organization, we really appreciate the community's involvement in everything we do and their outpouring of support for us this year. Seeing this kind of generosity during these difficult economic times was so unexpected... we are deeply grateful".

VIPP is described on their own website (www.vipp.org) as "...a no-kill and non-profit 501c3 animal rescue organization run by compassionate and animal loving volunteers..." that "...works each day to improve the quality of life for companion animals on Vashon Island".



VIPP Volunteers ready to help Gala guest with the silent auction. Photo by John de Groen



By Marj Watkins

Bring on the Beans

In our household, we enjoy an occasional beef tenderloin or a helping of wild king or coho salmon, but we’ve come to feel that if we don’t have beans of one kind or another sometime during each day, we have not eaten well.

Brown rice and beans complement each other’s proteins to provide all the necessary nutrition of a whole protein. Beans help your cells to replicate themselves when their necessary apoptosis (read ‘death’) looms, because beans supply ribonucleic acid. Beside, they taste good, especially when cooked up with seeds and spices. One of our favorite combinations is brown rice with black beans.

This is an easy, fairly quick dish to make if you’ve cooked and refrigerated or frozen extra beans and extra rice. If starting from scratch, allow an extra 40 to 50 minutes for cooking the rice. I like to sprout beans before cooking. That develops their vitamin E and shortens cooking time. In winter, sprouting can

take two days or longer. As soon as sprouts appear, the beans need to be cooked, slowly to preserve their Vitamin E.

For when we’re in a hurry, there are always canned beans in our pantry. Canned beans won’t have been cooked our way, so they will cause gas if you let them. To forestall that, I put a teaspoon or so of cumin powder in any dish made using canned beans..

RICE & BLACK BEANS
2 to 3 servings
2 Tablespoons olive oil
½ yellow onion, chopped
1/3 red bell pepper, diced
1 or 2 garlic cloves, minced

2 cups cooked brown rice
1 cup cooked black beans, drained
Optional additions:
2 Tablespoons hijiki, a sea vegetable, soaked in ¼ cup warm water until the water is absorbed, about 10 minutes.
½ cup Trader Joe’s Green Curry Sauce.

Sea vegetables like hijiki supply iodine, an ingredient sorely missing from your diet unless you eat fish frequently. Hijiki does not taste like fish, but supplies sea minerals.

Sauté the first four ingredients. Mix with the rice and beans. Rewarm.

BEVERAGE: A good beverage to go with a meal featuring this Rice and Black Beans is pomegranate juice combined with merlot wine, half and half.

It’s said that if you drink 2 ounces of pomegranate juice daily, in a year’s time your arteries will be cleared out.

Road to Resilience

Continued from Page 1

concentrate, constant vigilance is required, and we never seem to be too good at that. Whether consciously conceived or not, the perfect system was developed whereby power can be wielded by a very few by providing to consumers products and the illusion that they can have lots of goodies with no responsibility to their neighbors. In this frame, Freedom and Liberty means the right to do as one pleases, to take what one can, and to feel that one is not accountable in any way to the community that actually makes it all possible. By keeping us atomized and under the illusion that we’re free, the power that is ours to wield has risen to the top. Now we have the perfect dependent relationship where the economic barons, who own the means of production, seemingly give us jobs, credit, food, cars, entertainment, etc. and we let them call the shots.

So what can we do to diffuse power once again into all of our hands? First, we need to recognize that we have a problem. We can each do that by getting behind the Occupy Wall St. protests. The Tea Party, in its own way, is expressing a similar sentiment.

Second, we have to be ready to assume the responsibilities that our share of the power brings. It means we have to deliberate with our neighbors about local matters, elect worthy representatives to higher levels and spend enough time on the issues that we will be able to tell them what we want them to do. It also means that we will have to be open minded and respectful of opinions other than our own so that we can work together towards some kind of consensus with our fellow power

wielders.

Third, we need to be able to do without the baubles and bangles that Wall St., Walmart, and Costco buy us off with. If we can’t do that we have no bargaining position. This means we need to become more self reliant, to localize our economy, to rely on our neighbors.

Fourth, when it comes to questions of scale, we should always look to using the smallest scale at which something can be provided efficiently. Adam Smith had smaller communities and capitalists that were accountable to the communities they served in mind. As E. F. Schumacher said 30 years ago, “Small is Beautiful”. Nowadays, energy costs of shipping will greatly favor smaller, more local solutions, Some things will still need to be done at a large scale, but that should be after due consideration, not as a default position.

Fifth, ownership of the means of production should be spread broadly. I think that communism, fascism, and modern capitalism all are wrong to concentrate ownership at the top, whether private or public. There are many well-run worker owned businesses and that should be a preferred model.

Last, be a good neighbor. Even you cynics out there might find it interesting to see where a cheery helpful attitude might get you. Also, be sure to attend the All Island Community Forum : “Vashon Water: Vitality, Resilience, and Growth”, this Thursday, Oct 27, 7-9 pm. at the “O” Space.

Comments? terry@vashonloop.com

Author Event with Judi Blaze

Please join us for a Book Launch for Judi Blaze and her new book of short stories, Normal People are Those we Don’t Know Well.

Saturday, October 29, 4:00 at Cafe Luna.

For the past ten years local author Judi Blaze has been compiling a collection of short stories, which was just released by Black Rose Press. Join us in celebrating Blaze’s first book to be published since 2006, and her first book of short stories.

NORMAL PEOPLE ARE THOSE WE DON’T KNOW WELL, chronicle the lives of quirky, often unhinged characters who show us that despite how peculiar we think others may be— they really are not so different; some involve love and loss, while others are humorous, poignant and endearing.

Many of the short stories in this collection have won awards in national competitions, or have been published in anthologies. This book follows Beach People, On Indian Time, and Riding on a Rainbow, all novels.

Judi Blaze is a former journalist and currently works as a full time



writer. She is now working on a memoir about her life growing up Gypsy called, RIDING IN THE BACKSEAT WITH MY BROTHER. She lives on Vashon island with her husband Bruce Watson.

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Positively Speaking

Living with Crazy; 95-5

By Deborah H. Anderson

This is one sample scenario.

He’s had a bad day at work. (but it could be any negative trigger) He comes home and finds you are doing laundry. The noise bugs him. Suddenly the peace and joy you were feeling oozes out of your body as fear of the unknown floods in every vein and artery.

How wild will this get, you wonder? He starts yelling. Slamming doors as if he were punching you in the stomach. The force makes you jump in your skin. You just keep your eyes down low and take a deep breath.

He comes closer and yells louder letting you know he’s stronger, more powerful.

Will the threat turn into something more? You try to ignore it.

And then... then it can go either way. Either, for some mysterious reason he will defuse and go do something else, or he will actually hit you or scream in your face, or grab you around the throat.

There may be hours or days after when he acts as if nothing happened at all. He may even be cheerful and sociable towards you.

That’s the game. To keep you off balance. You never know when it’s going to hit, or for how long and he leaves you wondering what you can do to either make the other shoe drop and get the explosion over with or what you can do to keep him in a good mood.

That’s domestic violence. That’s abuse.

Ninety five percent of the time it’s a woman on the receiving end and a man on the ‘dishing-it- out’ end.

But five percent of the time it’s a man who’s taking the hits.

Current reference: the story a couple of weeks ago of a woman who had taken a chain saw to her husband’s neck. And if anyone knows Ken Schram, please give him one of his own Schrammies. I heard him making a joke of it and saying that according to the people he’d talked to at one of the big box hardware stores they said if she really wanted to get the job done she should have used a different kind of saw. Somehow it seemed funny to him to make a ‘right tool for the right job’ joke. Not.

Domestic Violence has many forms. Psychological, Emotional, Financial abuse are techniques for landing blows as surely as any fist. Do you remember the movie “Gaslight”?

It is possible to get out and get healed. It takes courage and the support of many many people and years to heal, to stop flinching, to trust.



Yes you can relate to someone being abusive or being abused. Haven’t you ever been in a situation where someone having a bad hair day launches into you, or maybe flips you the bird at a stop sign when it was your turn to go through the intersection? Or maybe you’ve lost it on a grocery clerk when you’re fighting a cold and want them to move faster because work was already an impossible experience. You know... just a little snarky.

Put those feelings on steroids and it’s easy to understand. But Domestic Violence is complicated and takes teams of people to sort out.

Sure we have lots of situations of Domestic Violence here on the Island. And here’s the wonderful truth. We can face those incidences, acknowledge those situations, and help those people and still maintain that we live in a bucolic paradise.

So please do so. October is almost over the National Domestic Violence awareness month, or maybe by the time you read this it’s already November. Keep this campaign visible 24/7 all year.

First of all remember that even when the purple lights come down Domestic Violence is still an issue that needs your support.

Second, remember it happens to men too. On November 4th at the Red Bicycle there will be a chance to come hear men tell their stories about what it’s like to be abused. Come.

Third remember it takes both time and money. Give one or the other or both if you can.

Fourth, know that whatever you do, big or small will make a huge difference. Whether you are just getting more informed or throwing thousands of dollars towards the DoVE project here on the Island, you are making a difference.

No one should have to live with crazy. Help people get out. Help people get safe. Help people create a new life for themselves.

Part of the solution is complicated and part of it is simple. Please help with the simple part.

Love,
Deborah



Want to read more of Deborah? You can find her at three separate blogs:
www.onewiththerootbeer.blogspot.com -offers practical advice and simple observations for parents from pregnancy through adolescence.
www.mealsandmoments.blogspot.com -offers real encouragement in a virtual world.
www.socialcontemplative.blogspot.com -encourages faith based leadership for those in the church world.
or you can email her at dha@lgcmin.com

“FACING THE UNIMAGINABLE” November 5,2011 1:30 - 5PM A class for support in moving through unexpected experiences, particularly trauma and crisis, with strength, authenticity and some humor. Class takes place at Vashon Presbyterian church in the library but people of all walks of life and belief systems are welcome. We will look at some of the psychological and emotional aspects of trauma and crisis and in private individual moments apply the information provided in direct instruction to our own personal experiences. By donation . Please come for free if you cannot afford to give. Class space limited to fifteen people.”

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Send us your Art, Music or Show information
and get included in The Vashon Loop.
Editor@vashonloop.com

Vashon Library Programs

November 2011

Children & Families

Toddler Story Times
Tuesday, November 1, 8, 15, 22 and 29, 10:40am
Ages 21 months to 3 years with adult.
Enjoy a 20-minute program of stories and songs just right for toddlers.

Preschool Story Times
Tuesday, November 1, 8, 15, 22 and 29, 11:30am
Ages 3 to 5 with adult.
Join us for 30 minutes of stories, songs and fun!

Holiday Magic with Jeff Evans
Thursday, November 10, 4pm
Held next door to the library in the Ober Park Performance Room.
Ages 5 and older.
Transform the “winter blahs” into oohs and aahs! It’s MAGIC when Jeff Evans brings his bag of tricks to the library. See Jeff’s trained reindeer that does card tricks, a drawing of Santa that comes to life and many more magical surprises.

Ready-Set-Read!
If you are in elementary school, take the Reading Challenge! Read at least 20 minutes per day for 20 days in one month and choose a new paperback book at your community library.
Forms are available online and at the library.

Teens

Study Zone
Tuesday, November 1, 4-6pm
Grades K-12.
Drop in for free homework help from trained volunteer tutors.

Read Three, Get One Free
This is a book-review-and-reward program that is available at any KCLS community library. Participating teens in middle school, junior high or high school may select a FREE paperback book for every three books read and reviewed.

Online Study Zone, Homework Help and SAT Tutoring (
Go to www.kcls.org and click on Research & Homework for 3 choices to help with homework
•Live Homework Help (K-12, 2pm-midnight, 7 days a week)
•Study Zone Online (by Brainfuse, live chat and whiteboard functions)
•MSP, HSPE, SAT Service Tutoring (by Brainfuse, 1-10pm, 7 days a week).

Adults

Social Media Marketing
Saturday, November 5, 1pm
Presented by Kirk Davis.
Learn how to promote your business with social media using Facebook, Twitter, LinkedIn and other social media web sites. Discuss strategies including Facebook ads and LinkedIn ads for building followers and inviting followers to become customers.
Seating is limited. Register after October 22 by calling 206.463.2069.

Great Books Discussion Group
Monday, November 7, 6:30pm
The Great Books Discussion Group meets on the first Monday of the month, October through June. Visitors are welcome. The only requirement to participate is that you have read the material under discussion.

Internet Level 1
Monday, November 14, 10:15am
Learn how to browse the Internet, type web site addresses, understand basic Internet vocabulary, and use search engines.
Prerequisite: Ability to use the mouse.
To register, call 206.463.2069 starting October 31.

Internet Level 2
Monday, November 14, 12:30pm
Review and extend the knowledge and skills covered in Internet Level 1. Explore fun and helpful web sites, discuss printing from the Internet, explore blogs, and discuss Internet Security.
Prerequisite: Ability to use the mouse and ability to type web site addresses.
To register, call 206.463.2069 starting October 31.

Free ESL Classes
Tuesday, November 1, 8, 15, 22 and 29, 6pm
Learn how to speak, read and write in English. Join us for free weekly lessons, beginning to intermediate level, taught by an ESL Instructor.
During the class, homework tutoring is available in the library for elementary and middle school students of ESL families.

Meet the Author: Thor Hanson
Wednesday, November 16, 7pm
Held at the Vashon-Maury Island Land Trust, 10014 SW Band Road, Vashon. Local author and conservation biologist, Dr. Thor Hanson, will discuss his newest book, Feathers, which is a sweeping natural history of feathers as used to fly, protect, attract and adorn through time and place. Applying the research of paleontologists, ornithologists, biologists, engineers and even art historians, Hanson asks, “What are feathers? How did they evolve? What do they mean to us?”
Books for purchase and signing will be provided by the Vashon Book Shop.
In partnership with the Friends of the Vashon Library, the Vashon Audubon Society and KCLS Adult Services Programming.

The Bushwick Book Club Presents: Original Music Inspired by The Time Machine
Sunday, November 20, 2pm
This is not your run of the mill book club. Reading and discussions are not enough for this group. They write songs about the books and perform the original songs for an audience. Each musician will explain the process of writing a song and talk about themes, characters and other aspects of life used to write the music inspired by The Time Machine by H.G. Wells.

eReader & Digital Downloads Demonstration
Monday, November 28, 6:30pm
Learn how to download KCLS eBooks to your eReader or computer during this Digital Downloads demonstration. Drop in to look at popular eReaders, learn how to use OverDrive and Adobe Digital Editions software, and ask questions.

Amanda Knox: Sweet Relief

Continued from Page 1

Trial of First Instance and both appeals. His 30-year sentence has been reduced to 16 years and he will be out on parole in less than 10 years with good behavior.

His first story is that he was engaged in sex with Meredith and left to use the bathroom, while he was on the toilet a stranger came in and killed her. He said he tried to stem the flow of blood and fled the scene afraid that “a black man would be blamed.” Witness the Race Card in the beginning, just like at the end, as if Guede should get a pass because he’s black, even though he sexually molested and slit the throat of a young woman.

Then, because he was so concerned about Meredith being attacked by a stranger, the ‘poor traumatized fellow’ took Meredith’s money, keys, phones and credit cards then went dancing at a local disco. Hours after the murder his friends said he “smelled bad and acted strange;” he fled to Germany the next day. Guede was found in Germany with Meredith’s credit cards on his person. While he was on the run, police recorded a Skype call to a friend where he says, “Amanda and Raffaele were not involved.”

After he was apprehended his story ‘evolved.’ First he saw the “shadowy silhouette of a man,” later he implicated Amanda and Raffaele in an orgy where he was a bystander. The ‘evolution’ occurred during the five-month period AFTER he was in Perugian custody; the police polished Guede like an apple.

In the 400 DNA samples collected on Merdith’s person, in her bedroom, both bathrooms and the hallway, 90% was Guede’s. His fingerprints were the only ones found in her bedroom, the murder scene. His hair was collected from her hand; she managed to get a piece of him as she fought for her life. His bloody footprints were all over the apartment.

Guede was a known petty thief with a history of second story break-ins and threatening people with a knife. A rich benefactor had tossed him out because he would not attend school or work and was “a habitual liar.” He was known to bother girls in the clubs and was banned from one club because he tried to rob the owner. He had been caught in a nursery school six days before the murder with a knife and stolen property from an earlier burglary. The day of the murder he was in trouble with his landlady for non-payment of rent; he was burglarizing Meredith’s apartment when she came home alone.

Now the Perugians are saying, “We may never know who killed Meredith.” Really? Really??

I don’t care what color this guy is; what does common sense tell you? He killed Amanda’s roommate. This is just another distraction, one of many that the Perugians have piled on this case. They have been using the Kerchers as Pity Pawns and it is despicable, even the most mundane person can see who the killer is. The real villains here are Rudy Guede and the Perugian officials who are protecting him. Over and over we have watched the prosecution team try to derail justice and distract the public’s attention from Rudy Guede. Why, you ask?

Please consider that this whole fiasco is because Public Minister Giuliano Mignini was trying to distract the wagging tongues in Perugia from himself, he was in trouble with the law and there was a much more interesting character than Guede to keep those tongues busy.

Just before Guede killed Meredith, Mignini had been slapped with a lawsuit: Abuse of Office and Wiretapping. He and his associate, Police Officer Michele Giuttari

had been busted tapping the phones of a Florentine public official, several police officers and the local newspapers. Mignini was using his power as a Public Minister to try and stop a book from being published.

And there was an American involved. Doug Preston, a novelist, was personally threatened by PM Mignini and chased from Italy. His co-author, Mario Spezi, an Italian journalist, was thrown in prison and all of his files on the Monster of Florence case seized. The two were about to publish their book on the famous Florentine serial killer and Mignini wanted to block publication so that his associate’s book could be published first.

Mignini’s associate is none other than Officer Michele Giutarri, his co-defendant in the Abuse of Office and Wiretapping suit. Doug had rallied the troops in Mario’s defense and the attention illuminated Mignini and Giutarri’s illegal activities, plus Mignini was already under scrutiny regarding he and Giutarri’s investigation in the Monster of Florence case. He had accused 21 people of being a Satanist mastermind or minion. He claimed that Satanists were switching bodies and even dug one up to try to prove it; he failed. He accused Mario Spezi of being The Monster himself. All of the poor unfortunates who crossed paths with Mignini were exonerated in court, the verdict: “The crime did not occur.”

Mignini was angry, humiliated and he was losing Face; this powerful man needed a way to draw attention from himself. On November 2, 2007, just after 1pm, he got what he wanted, a British student had been murdered and there was an American girl at the scene.

Curt Knox has always maintained that “Common Sense is missing from this case, that there is not one molecule of Amanda’s DNA in the crime scene. So how could anyone say she committed the crime?” When you view this travesty in light of a powerful official whose job is in jeopardy, then common sense will tell you that powerful officials have a history of trying to distract everybody from their wrongdoings.

Ironically the girl Mignini thought he could spin into a slut was actually an angel. Ironically she has a very smart family who saw through the lies. Ironically someone else besides the wagging tongues in Perugia noticed that Mignini is a clever manipulator of Italian Law. Amanda and Raffaele are the 22 and 23 victims on Mignini’s Fail List; the verdict in their appeal: “The crime did not occur.”

So stripped down and unadorned with a thousand lies, Meredith Kercher was killed in her bedroom by Rudy Guede while her robbed her home.

His DNA and his MO are proof. Mignini targeted Amanda as a distraction for Perugia and as revenge, his own personal dig at that pesky American who caused him so much trouble. Raffaele was a juicy bonus because his family had money and holdings. Mignini enlisted the help of Perugian officials who smooch his boo-tay or are in fear of him or just wanted to join in dishing on the Americans. Some have escalated this case into “Europe against the US,” but stripped down and unadorned it is just some corrupt official taking advantage of three innocent university students and their families. I hope the Italian Supreme Court will investigate the nefarious history of Guiliano Mignini and reinstate Rudy Guede’s life sentence.

We now return you to your regularly scheduled Loop.

samples reinforce our Vashon-Maury sightings.

Dear readers, you make this high quality level possible. Vashon people know Vashon best. The VHP is the only whale conservation effort with a physical presence on Vashon–Maury. Our Island is replete with naturalists, birders, and other keen observers of nature. Your direct reports to the VHP at 463-9041 vastly improve our dataset for Vashon-Maury waters. We glean the best information by talking to you, and from your detailed messages when we are unavailable to answer the phone. In speaking with you, we can quickly determine what species you see if you are uncertain. Many seal pup issues can be resolved by phone without disturbing the cute boo-boos.

When reporting a sighting to the VHP, the following information is helpful: date; time; location; species description, such as color or markings, size, number of animals, height of dorsal fins; travel direction and speed; are the whales spread out or tightly grouped? Particularly relevant for killer



The Dorsal Spin
Support Your Vashon Whale Geeks
By Orca Annie Stateler,
VHP Coordinator

At Loop deadline, orcas have been absent from Vashon–Maury waters in October 2011. Before Seattle media outlets declare prematurely that the Southern Residents have returned to lower Puget Sound, they should do some good, old-fashioned fact-checking.

Southern Residents visited Island waters just twice in October 2010. November arrival would be well within normal limits. As we await the return of J, K and L Pods, this is an opportune time to rally our VHP supporters.



“Hey, Vashon! Call Orca Annie if you see me!” Photo © Mark Sears, 2007.

In August, King County’s senior ecologist asked if I could provide a summary describing how orcas use Vashon-Maury waters, dating from 2005 when the Southern Residents were declared endangered. Compiling this Vashon Hydrophone Project data was simultaneously rewarding, illuminating, and disheartening. Revisiting the last encounters with Lummi (K7), Ruffles (J1), Everett (J18) and other dearly departed orcas was bittersweet. The sense of reward derives from the high quality of information the VHP has collected, despite limited resources.

Accuracy matters; the survival of the Southern Residents is at stake. VHP associate Mark Sears and I take great pains to ensure that our sightings are correct. Our independently maintained VHP killer whale dataset contains no misidentified Dall’s porpoises or flippers of thermoregulating sea lions. We purge anecdotal, unsubstantiated information -- “Sally told Johnny she thought she saw orcas from the ferry” is not a datapoint. If a sighting is unverifiable, Mark and I do not count it as data. VHP recordings, ID photos, and other data such as prey

whale sightings: how many boats are near the orcas? Visit our Vashonorcas.org page for a reminder of what to include in a VHP sightings report. The Cetacean Fact Sheets at www.acsonline.org are an excellent resource for cetacean identification.

Thanks to Bob for sending seal photos, and to others who called about young seals hauled out on our beaches. Expect the “weaner” seals to choose awkward places to rest; e.g., in front of the Point Robinson lighthouse.

At the risk of being redundant . . . Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041. Reporting directly to the VHP sustains an ongoing, accurate dataset of whale sightings for Vashon-Maury and contiguous Central Puget Sound waters, initiated more than 30 years ago by researcher Mark Sears. Call the VHP about seal pups as well as dead, injured, or sick marine mammals on Island beaches. Check for updates at www.Vashonorcas.org and send photos to Orca Annie at Vashonorcas@aol.com.



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**John Schubert and the Stray Dogs
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In the heart of Beautiful Burton By the Sea...

Church of Great Rain SPOOKTACULAR

Vashon's own music, comedy, variety show will present their Halloween Spooktacular on Sunday October 30th at Open Space. The show will be tricked out with thrills, chills and great gobs of ghoulish humor featuring twisted news and irreverent views from the Holy Roller Radio Players and uplifting music by the Church House Band.

Marshall Murray, who recently performed in Drama Dock's Rocky Horror Show, joins the cast and special musical guest Scott Huckabay brings his guitar artistry to the stage. Whether you've attended Church of Great Rain before or this is your first show, you are in for a real Halloween treat. Get ready for A Prairie Home Companion meets Saturday Night Live with a Northwest flavor and a Monty Python twist.

Scott Huckabay's groundbreaking style combines elements of Rock, Blues, Jazz and Fusion. Watching him perform, you are struck by his overall mastery of the fretboard and the way in which his fingers fly up and down the neck of his acoustic guitar. Jazz guitarist Stanley Jordan says "Scott Huckabay is one inspirational cat!" and Flare magazine writes "He's animated, he's mesmerizing, and above all, he's entertaining."

Descended from the Arizona Chiricahua Apaches, Scott was in a near-fatal motorcycle accident in 1987 that left him partially paralyzed for one year. Doctors told him that he would never walk or use his right hand again. He turned to the acoustic guitar for therapy and new music began to well up from deep within, leading him to create



a new inspired lifestyle and sound. He now believes his mission in life is to help others find healing, joy, and peace through music. Scott Huckabay's musical inspirations and influences include Jimi Hendrix, Michael Hedges, Eddie Van Halen, Jimmy Page, Peter Gabriel, Ani DiFranco, and Bob Marley.

Church of Great Rain Spooktacular tickets are \$10 at Island bookstores and brownpapertickets.com. A Golden Circle pass with admission for four and reserved front table is \$60 at the door or at www.brownpapertickets.com. Golden Circle not available at bookstores.

Doors open at 3 PM and the show starts at 4 PM. This show is rated PG 13. Advance tickets are suggested and please plan to arrive early for best parking and seating.

More information about the show and videos from past shows at www.churchofgreatrain.com.

The Accordion Babes

Do you ever wish you had seen Weird Al when he was just a college kid with an accordion? Do you wish you had seen Cindy Lauper in a small New York art bar? Do you fantasize about seeing Joni Mitchell at your neighborhood coffee shop?

The Accordion Babes' imminent fame is undeniable. Come see Amber Lee Baker and Renee de la Prade in intimate venues and get bragging rights to all your friends for a lifetime! They are touring with the newly released 2012 Accordion Babes Album and Pin-Up Calendar: Apocalypse Edition. It's the perfect gift; just in time for the Holidays! How cool is that!?

The 4 year momentum of the Accordion Babes Album and Pin-Up calendar has propelled this successful duo into far flung cities all over the world.

Amber Lee and Renée are dynamic solo performers from the San Francisco Bay Area with witty and heartfelt music. They tag-team, lead, back-up, and MC duties to create a show that is part cabaret, part rock-n-roll, and all woman!

Read what reviewers have said about their show:

"Accordion Babes will demand your complete surrender..."

Enrique Lopetegui - San Antonio Current

"... foot-stomping, arm-stretching, hand-clappin' jams that amazed the house. ...I sure hope they swing back this way and more folks get a chance to be captivated."

Shannon Claire - Omahype
Amber Lee Baker's (a.k.a. Amber Lee and the Anomalies) original songs

Thursday, November 10, 8:pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959



range between bawdy cabaret, sweet folk ballads, gypsy tunes, silly polkas and soulful spirituals.

"Eccentric choice in instrument and snazzy costume choices aside, Amber Lee is talented singer-songwriter. *That* is what makes her new CD, "Indelible", a recording that rewards repeated listens." -Sepiachord.com

www.amberleeandtheanomalies.com

Pink-haired accordion pin-up goddess Renée de la Prade comes armed with a low-slung button box and a funky fusion of old Celtic melodies, zydeco and punk rock power.

"Not only does De La Prade play the accordion like she was trying to make it catch fire, she has a certain knack for combining apparel." -North Bay Bohemian

www.squeezeboxgoddess.com
This is a free all-ages show 'til 11pm, then 21+ after that. Free Cover

Halloween Portraits



Offered by Rebecca Douglas Photography. Rebecca will take photos of all costumed Trick or Treaters from 4pm - 7pm at Cafe Luna. All images are available for easy viewing and ordering on www.rebeccadouglas.com. Participants must be in a Halloween costume. No charge for photo shoot.

‘A Lot Like You’ Comes to Vashon

by Allison Shirk

A Lot Like You, a documentary film with a strong Vashon connection, will be showing on Thursday, November 10th at the Vashon Theater as a benefit for the DoVE Project - Ending Domestic Violence. The film (in my words) is a documentary about a woman who goes in search of her cultural background, primarily because she wants to incorporate some of her father’s culture into her upcoming wedding ceremony. He is from Tanzania, near Mt. Kilimanjaro. She travels there and comes to learn that the marriage ritual of her father’s culture involved kidnapping one’s wife of choice, and then raping her for several days or weeks. Her aunts tell her about this and have never before spoken about it, not even to each other. Near the end, one aunt says, now that you know, what are you going to do with this information? Eli Kimaro, Director, notes that this film shows us how truth that is never spoken can never lead to change, “I still

don’t know what compelled my Aunts to open up to me that day. But their decision to speak their truth inspired me (albeit years later) to do the same in my storytelling. It is truly amazing to see how many lives are being transformed by this ripple that was set in motion 8 years ago, when my Aunts opened up and shared their truth with me in a hut on a mountain halfway around the world...” What’s even more spectacular about this film for us on Vashon is that it was made with the help of quite a few Islanders: Pete Droge - producer/composer; Elaine Summers - executive music producer; Eric Frith - producer/editor/co-writer; Jeff Hoyt - voice coach (for voice over narration); and Terri Bassett - graphics/animation. A Lot Like You is a story of violence – the global violence against women. Here on Vashon, we are also struggling with ending violence against women. Half of the proceeds of ticket sales for this show will go to Vashon’s own efforts to end violence – The DoVE Project. A Lot Like You been winning awards across the nation, including Best Documentary Film at the Montreal International Black Film Festival. This is your chance to see this remarkable film whose ripple effect started right here on Vashon, is making its way across the nation, and now rippling back to Vashon to end violence locally. Tickets for the film are \$10, \$8 Students/Seniors. There will be one showing only, so get your tickets early.

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www.vashonloop.com.

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Orca Annie Stateler and Mark Sears
Vashonorcas@aol.com
Support Vashon-Maury Island Whale Research
Sightings NOT Disclosed to Whale Watch Boats
vashonorcas.org

Moose Lake

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**Next Edition
of *The Loop*
Comes out
Thursday,
November 10**

Deadline for the next
edition of *The Loop* is
Friday, November 4

Loopy Laffs

LOGJAM

BY Jeff Hawley

www.logjamcomic.blogspot.com

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Weekend Entertainment October 28-30

Cargo Jam

CarGo Jam is an eclectic group of island musicians playing mostly originals that fall in the genre of blues, funk and jazz flavored rock, a conglomeration of styles synthesized by who they are at the moment. And when playing their music, the get lost in the creativity of it all and can sound quite unique. They're a wildlly eclectic & lovable bunch of guys who will charge you up and spit you out satisfied.

CarGo Jam plays mostly original compositions along with a sprinkling of John Mayer, Eric Clapton and B.B. King covers. With two guitars and a sax working together, their



dueling harmonies and pounding rhythms provide a plethora of musical inspiration and tempos that make you want to tap your foot and say "Yeah!"

This is a free all-ages show 'til 11pm, then 21+ after that. Free Cover

Friday, October 28, 8:30:pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

The Stray Dogs - Bluegrass



Islander, John Schubert, was part of a bluegrass group that played a monthly gig at Vashon's old Stray Dog Café in the late '90s. Today, John is joined by Jeff and Andrea Westerinen, on mandolin, guitar, bass and fiddle, and Willy McSeveney on the banjo. This foursome now make up The Stray Dogs, a four piece bluegrass band.

Friday, October 28, 7pm, At Cafe Luna, 9924 SW Bank RD
www.cafelunavashon.com

Halloween at the Red Bike with Publish the Quest

Publish The Quest blends groove music melodies with vocally driven compositions that continually question social issues through story telling. Songwriter Jacob Bain formed the band in 2008 to record The Threads. As a result of that experience, seven passionate people have come together to form a strong bond and a band that is serious about keeping feet moving, bodies shaking and minds engaged!



This will be our annual Halloween Party at the Red Bike, so we hope to see you there in costume!

All-age's 'til 11pm, 21+ after that. \$10 cover

Saturday, October 29, 9:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Occupy Sporties - The Four Horsemen With Friends and Special Guests

Saturday, October 29, 8pm. At Sportsmans Inn, 17611 Vashon Hwy - 206-463-0940

Open Mic



Hosted by Richard Waits, David

Ray and Joe Allison

Come share your joy and your talent in a relaxed, supportive and encouraging atmosphere. So enjoy taking those first steps to performing in public. Bring music, songs, poetry and any instrument of your choosing. The evening will begin with performances and we will finish the night with an impropteu jam session. Open mic will be ongoing, on the last Saturday of the month. Sign-up starts at 7:00 PM

Saturday, October 29, 7pm, At Cafe Luna, 9924 SW Bank RD
www.cafelunavashon.com

VIGA Film Discussion: The Greenhorns

Hosted by Chandler Briggs
The Greenhorns documentary film explores the lives of America's young farming community - its spirit, practices, and needs. It is the filmmaker's hope that by broadcasting the stories and voices of these young farmers, we can build the case for those

considering a career in agriculture - to embolden them, to entice them, and to recruit them into farming. The films will be screened at the Vashon Theater at 4:00pm. Join Vashon's farmers and foodies after the film for lively discussion at Cafe Luna

Sunday, October 30, 6pm, At Cafe Luna, 9924 SW Bank RD
www.cafelunavashon.com

Jazz Maven Plays Blue Heron

By Janice Randall

Greta Matassa Quartet will perform Saturday, Nov.12, 8 pm in VAA Panache Jazz Series for Island audiences. Mega-talented jazz singer Matassa, touted as 'a marvel of virtuosity' by the Los Angeles Times returns tp Vashon for a much awaited encore. Joining her on stage will be one of the Northwest's finest pianist and keyboard artists, Darin Clendenin, on of the region's leading bassists Clipper Anderson and versatile freelance drummer/percussionist Mark Ivester. She will perform music from her latest CD I Wanna Be Loved and take listener requests. "I like the spontaneity of having something thrown at me, someone saying, 'here, field this, and see what you can do with it,'" she says.

Tickets: \$14/\$17 Blue Heron, Heron's Nest, Books by the Way, Vashon Bookshop,

www.brownpapertickets.com; tickets includes complimentary champagne & desserts.



Atticus: A Tale of Redemption

By Janice Randall

Vashon Allied Arts presents Atticus, a powerful tale of familial love between a father and his wayward son, 7:30 p.m., Saturday and Sunday, Nov.5 and 6, and 2 p.m., Nov. 5, at Blue Heron Art Center.

The play, adapted by St. John Vianney's Fr. Marcus Powell, is based on a national bestseller novel penned by California-based author Ron Hansen. Hansen will also attend opening night and invite audience discussion following the performance.

The story of Atticus (played by Peter Kreitner), a stoic Colorado cattle man, is a potent murder mystery but also explores the complex love between Atticus and his deeply flawed, yet talented artist son Scott, (played by Steve Tosterud). Powell compares the story's scope and ambition to books like Herman Melville's Moby Dick and Joseph Conrad's Heart of Darkness.

Directed by Charlotte Tiencken, the talented cast also includes Lisa Breen, Antonia Greene, Robert Harkins and Fernando Luna. Set in both Colorado and Mexico, the minimal set design was created by Tom Bardeen, Gordon Millar, Paul Wilkin and Jenna Riggs. Recorded music provided by Island artist Kat Eggleston and additional music and sound design contributed by Islander Marcus Fellbaum.

"I fell in love with the novel because, unlike most modern fiction, it exalts selflessly giving of ourselves for the benefit of another, and because



Peter Kreitner as Atticus and Steve Tosterud as Scott, in VAA's production of Atticus. Photo by Charlotte Tiencken

Hansen is one of our country's best and most lyrical of fiction writers on spirituality and ethical dilemmas," says Powell.

Due to subject matter, this play is rated PG-13. Tickets, \$12/\$15 are available at

Blue Heron, Heron's Nest, Books by the Way, bookshops and www.brownpapertickets.com. Or call 463.5131.

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Three Mediums, Three Artists

By Janice Randall

Feast on visual splendors by three women artists during November at Blue Heron Gallery: acrylic on canvas by Allison Crain Trundle, paper and acrylic baskets by Dorothy McGuinness and hand forged sterling silver jewelry by Zuzana Korbearova. Join us for the Gallery opening Friday, Nov 4, at 6 pm, with live music by Cinq á Sept and complimentary appetizers.

Trundle, Islander since 2003, grew up in Tennessee. Her life path, colorful as her vibrant abstract canvases, include working as a private chef (she reads cookbooks for fun), social work, touring musician and preschool teacher but foremost--artist.

She studied anthropology to make her parents happy and landscape painting for herself at University of New Mexico. She landed back in Memphis where she played mandolin as a street musician for a time. She eventually toured with an alternative band and settled in Seattle, where she ran a transitional housing program and earned her fine arts degree from UW. When she met her husband, the couple chose Vashon to raise their two young children. "I'm a country girl at heart," Trundle admitted.

An oil painter for years, Trundle says, "I use it (acrylic) like oil with a lot of spray water on canvas," she says. "This show is all about line, color, movement and life; I'm interested in layers and markings."

Circles, Trundle's central theme, represent the merging of outside and inside worlds. "It's about us as human beings connecting."

Zuzko jewelry captivated collectors last spring during her Trunk Show. Now, this self-made jewelry maker, originally from Prague, Czech Republic, says she started making jewelry several years ago because she struggled to find jewelry she liked. Her husband bought her tools and a class to learn to create her own. Her work was recently featured in the September 2011 Seattle



Painting is by Allison Trundle



Ring by Zuzana

Magazine.

"I've been in love with rings and bracelets lately," she says. "I've also been making more one-of-a-kind pieces." Her current favorite stones are rutilated quartz, a clear stone with long, thin shots of color enclosures and London blue topaz--stones that become centerpieces in many of her architectural forged silver designs.

Her newest collection will feature earrings, bracelets, necklaces and rings, both limited editions and one-of-a-kind pieces. Industrial, yet feminine, Zuzko's work may also be seen at Bellevue Art Museum, Seattle Art Museum and Tacoma Art Museum.

"I would like to explore gold more and bigger one-of-a-kind pieces," she says. She hopes to participate in the Spring Art Studio Tour.

Dorothy McGuinness, research scientist by day, took a basket making class 25 years ago and has been making basket forms ever since. "There was no going back," she says. "After that I took every class I could find."

Approaching the work mathematically, McGuinness realized she found her niche when she started painting acrylic on watercolor paper, then making strips of varying lengths and widths with a pasta maker.

The sculptural forms are strictly decorative and take up to 40 hours to create. She cites Japanese techniques as her greatest influence. Using waxed linen thread to wrap the rim, McGuinness says she usually knows where she's going before she starts a project. "I have hundreds of ideas," she says. "Making basket forms is part of my mental health."

Member of Northwest Basket Weavers Guild and National Basketry Organization, Inc., her baskets may be seen in galleries and juried shows internationally.

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November 11, 2011



Avaaza
The Voice of World Music

Avaaza, (Ah-Va-ZAH) derived from "Avaaz" the Persian word for "voice," is the newest world music ensemble to emerge from the vibrant music scene on Vashon Island will have their much-anticipated debut at the Red Bicycle Bistro on November 11th at 9:00.

"Eleven, eleven, eleven (11/11/11) is a very special date," said Azula, the lead vocalist for the group. "We are excited to celebrate this auspicious occasion by doing what we love... creating music. World music has, and continues to be a catalyst that brings people together and connects our cultures and global consciousness. When we listen to live music and dance to it, we can connect with each other at a deep level bringing us closer together. We hope that many islanders celebrate with us and come to dance!"

Azula, began her vocal training in the opera. In her late teens, she became enamored with foreign languages, and moved to Europe for several years. She returned to the US to sing in many different languages including French, Spanish, Portuguese, Persian and Arabic.

"The musical styles influencing our sound are primarily those from the Mediterranean region including Flamenco,

Gypsy, Arabic, Persian, and North African styles," Azula explained. "We are also fans of music along the ancient silk trade routes from the Middle East, India, and Southeast Asia," added Jason Everett, bass player for the group.

Joining Azula and Jason is Fletcher Andrews, the drummer for many bands on the island who continues to drive the rhythm on his drum kit, doumbek, and other percussion.

Avaaza is a new incarnation of a group that was turning heads and shaking booties this summer that was known as Sarab. "There are many new musicians playing in this group, so it just felt right to rename it," said Fletcher.

New to the group are: Terri Garrett, a professional clarinetist on the island who plays with Northwest Sinfonietta; and Chaz Reed playing guitar and mandolin.

Joining the group as a special guests will be Michael Nageub on nay (Egyptian flute) and keyboards, Tracy Alima Helming on violin, and Bill Moyer on tabla, doumbek, and other percussion. DJ MirageSix rounds out the guests bringing the all-night dance beat.

Free No cover

Friday, November 11, 9pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Voices Against Violence- White Ribbon Campaign is a benefit for the Dove Project - a new program on Vashon sponsored by Vashon Youth and Family Services and the Vashon Healthy Community Network to provide support for domestic violence survivors. Our studies estimate that there are fifty individuals at anytime on this island that are trying to access services, but have nowhere to turn. We are working to change

Friday, November 4, 8pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

that. We have already started a support group and we have a systems advocate in place. We are giving trainings on the Island and hosting community forums. Our longer term goals are to have direct advocacy services as well as shelter.

Your donation to attend this event will go a long way towards ending domestic violence on Vashon. Tickets are \$20.

Voices Against Violence The White Ribon Campaign



The DoVE Project

Ending Domestic Violence

This event is part of the largest effort in the world of men working to end violence against women. The white ribbon campaign started in 1991, when a handful of men in Canada decided they had a responsibility to urge men to speak out about violence against women. Wearing a white ribbon would be a symbol of men's opposition to violence against women. With only six weeks of preparation, 100,000 men across Canada wore a white ribbon, while many others were drawn into discussion and debate.

Wearing a white ribbon is a personal pledge to never commit, condone, or remain silent about violence against women and girls. Wearing a white ribbon is a way of

saying, "Our future has no violence against women."

When you come to this event, you will be given a white ribbon to pin on your shirt. And then you will have the opportunity to hear men musicians, activists, writers, and actors who will use their art to give a voice against violence, both here on Vashon, and around the world. So far in the lineup are Daryl Redecker, musician; Ken Maaz, activist; John Whalen, actor and musician; Stephen Siegel, actor and writer; David Godsey, actor, writer and activist; Jason Everett, musician; Rick Vanselow, musician; Kevin Almeida, musician; Harris Levinson, actor; and Scott Durkee, musician.

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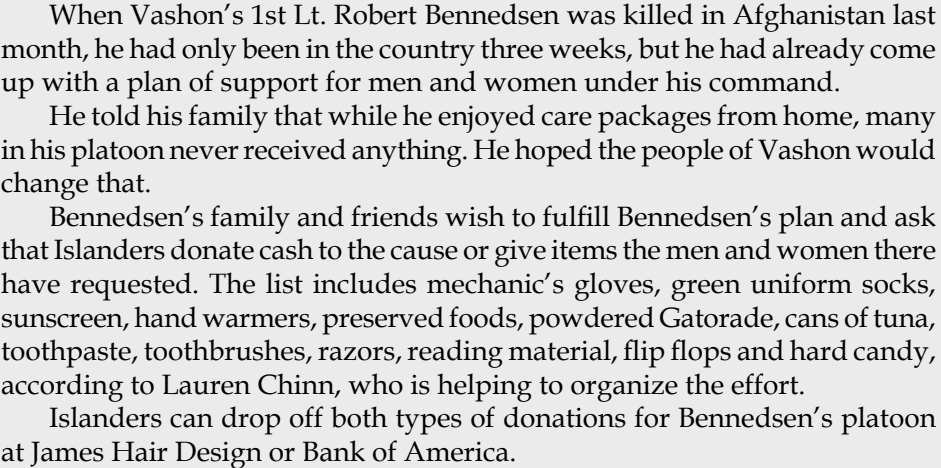
Care Packages Sought for Fallen Soldier's Platoon

When Vashon's 1st Lt. Robert Bennedsen was killed in Afghanistan last month, he had only been in the country three weeks, but he had already come up with a plan of support for men and women under his command.

He told his family that while he enjoyed care packages from home, many in his platoon never received anything. He hoped the people of Vashon would change that.

Bennedsen's family and friends wish to fulfill Bennedsen's plan and ask that Islanders donate cash to the cause or give items the men and women there have requested. The list includes mechanic's gloves, green uniform socks, sunscreen, hand warmers, preserved foods, powdered Gatorade, cans of tuna, toothpaste, toothbrushes, razors, reading material, flip flops and hard candy, according to Lauren Chinn, who is helping to organize the effort.

Islanders can drop off both types of donations for Bennedsen's platoon at James Hair Design or Bank of America.



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