

## THE DORSAL SPIN: Superpod



*Luna's uncle Wave Walker (L88) at Point Robinson. Photo © Maya Sears, 10/28/11.*

**By Orca Annie Stateler,  
VHP Coordinator**

Join us on Sunday, November 13 at 1:00 PM for a special screening of "The Whale" at the Vashon Theatre. This highly acclaimed film is a must-see for aficionados of Southern Resident orcas. In the summer of 2003, Odin and I traveled to Nootka Sound, where we saw Luna (Tsu'xiit) and talked to many people with whom the young orca interacted. We closely followed Tsu'xiit's epic saga, and I wrote several articles about him for The Loop and The Ticket.

As First Nations conservationists, Odin and I find resonance in the Mowachaht/Muchalaht Band's indigenous wisdom regarding Tsu'xiit's appearance in Nootka Sound. "The Whale" addresses this sensitive subject in a respectful manner. On Sunday, Odin and I will do a brief introduction, and after the movie, we will host a question

and answer session, perhaps filling in gaps that are not overtly explained in the film.

Odin's "Killer Whale Nations" prints will be available and donations for the Vashon Hydrophone Project and Wolftown will be collected. Please buy a print or donate what you can; both projects are struggling in these tough economic times.

On October 28, the Vashon Hydrophone Project (VHP) was the only research contingent on hand to document Vashon-Maury's first Southern Resident killer whale visit of Fall 2011. Based on our observations from boat and shore, we consider it possible that the entire Southern Resident Community of 88 orcas was present. The only accurate articles about our superpod appear in Vashon's newspapers because our papers contain eyewitness accounts from

*Continued on Page 11*

## International Stand-Up Comedy Competition returns to Vashon Theatre

It's a Thanksgiving Eve tradition! The Seattle International Standup Comedy Finals are a great way to relax with friends and family the night before Turkey Day! Tickets are \$17/15. The Vashon Theatre will host day two of the finals, November 23, at 8pm.

The finals conclude Sunday, November 27, at the Comedy Underground in Seattle.

16 outstanding comedians from throughout the country have hopes of winning a \$5,000 grand prize or at least sharing in the \$15,000 worth of total prize money.

The Seattle International Comedy Competition is an annual, multi-week, judged, stand-up comedy contest. Over thirty comedians, out of hundreds who apply, perform in shows held in comedy clubs, bars, restaurants, casinos and theaters in and around the Seattle and the Pacific Northwest throughout the month of November.

Contestants perform 3-7 minute long sets in one of two preliminary weeks, consisting of six shows in six venues over six nights. The top five from each preliminary week will meet in the



semi-finals week, which requires them to perform 8-12 minute long sets for another six shows. The top five from the semi-finals move on to the finals. In the finals, they will perform 15-20 minute long sets in five more shows...and, a winner is crowned.

*Continued on Page 13*

## Author Serena Cosgrove Reads from her book "Leadership from the Margins"

Serena Cosgrove is having an Author Reading at Vashon Bookshop, Saturday, November 12 at 6pm.

*"Leadership from the Margins is the culmination of over 25 years working in and for Latin America with nonprofit leaders. I lived in Nicaragua from 1985-1988 doing human rights monitoring during the Sandinista/"Contra" or Counter-revolutionary conflict, working for Witness for Peace. In 1989, I moved to El Salvador where I worked from 1989 until 1993 doing human rights monitoring with Peace Brigades International until the war ended and then worked on reconstruction efforts in 1993 when I moved to Boston to go to graduate school. While at Northeastern University, I earned my MA in anthropology and my PhD in sociology and my research focused on El Salvador. In 1999, I took a job with the AVINA Foundation, the largest private foundation in Latin America and did program development and knowledge management for them until 2009 when I started teaching at Seattle University in the humanities college, Matteo Ricci College, where I teach Global Poverty*



*Angela Rosales, a marketer and community organizer, from El Salvador and Author Serena Cosgrove*

*and other International Studies classes."*  
Serena Cosgrove

Women have experienced decades of  
*Continued on Page 13*

## Road to Resilience Silver Linings

**By Terry Sullivan, Transition Vashon**

Time to check in on the state of things. As you know, we are in the third year of a great recession that was supposed to be mostly over in two years. I think that initial forecast was due more to wishful thinking than a studied assessment. Estimates now call for 4-6 years, and that is definitely wishful thinking. As much of our resource base is depleted or severely strained, we can't go back to the world we knew before 2008. I've noticed again this year the reappearance of the moronic speculation as to whether we will consume ourselves out of the doldrums with an orgy of Christmas spending. Spend what? Our future earnings, I guess, when we get the job that was created by the debt we just put on our plastic. The scary part is this sort of thing is the best they can come up with. I think the only stable economies in the world right now are in the pockets of traditional subsistence farming that we haven't managed to mess up yet.

To the reigning global political and

economic instability, add the state of the climate. Note the record breaking early blizzard in the Northeast, continuing drought in the Southwest, Southeast, Eastern Africa, Australia, China, and more. Thailand, coming out of a drought, is now underwater.

One's view of the world depends upon the lens we choose to view it through. From early on in my life, I've not been able to completely buy into the American Dream, (that is, the economic one), and so, it has always been easier for me to keep one foot planted outside of it, hoping for something better. I grew up with a silver spoon (well, silver plate maybe) in my mouth, but, having seen the downside of avarice in my family, have always gravitated toward cooperation and economic justice. In the Peace Corps, I visited and lived in communities in the third world that we considered to be in the direst of poverty. I saw that their wealth is in community, and that, in many ways, they are a lot happier than we are.

*Continued on Page 1*



# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Annual Ski Swap

Vashon Ski School will host its annual ski swap on Saturday, Nov. 12 from 8:30a-2p at the parking lot of the Vashon Theatre, followed by ski movie viewing inside the theatre at 2p (ends by 3:30p; \$5-7 donation).

Bring your ski/board/xctry gear and ski apparel at the start of the event (We will be there as early as 8 a.m) or drop it at Vashon Park District Friday, Nov. 11 during business hours, 8-4p. All gear must be labeled with your name/phone #/price and unsold gear must be picked up between 2 and 3:30p. Split of sales: 20% of proceeds will be retained by VSS, a nonprofit (you get the 80%).

Two short winter action films (one provided by K2 and “That’s Fine” from Voleurz) air at 2p (total view time approx 1hr 20mins).

We’ll have season registration forms and info at the swap, too. As always, you are able to purchase seasonal lift passes at reduced rates, ski/boardng lessons via Ski Masters (\$170), and a bus ride up/back(\$150). Registration ends Dec. 15. Limited reduced fund packages/scholarships for financially eligible families are available.

The 2012 dates this ski season are -  
January 7, 14, 21, 28  
February 4, 11, 25 (NOT the 18th)  
Ages 8 and up are welcome.  
For questions, please contact Nancy at the VPD Offices 206-463-9602.

### Holly Daze Are Here Again

Once again Vashon Island will enjoy its traditional Holly Daze Bazaar. It will be held on November 19, 2011 from 10 a.m. to 4 p.m. at 17727 100th SW (the former NAPA store). This will be a wonderful place to get handmade presents for your friends and family. In addition to the displays of items made by Vashon crafters, there will be hot beverages and doughnuts as well as a Make It and Take It booth for kids to make gift items. Join us for the perfect kickoff to the holiday season. For further details call Ann Zbryk 206-463-9428.

#### The Vashon Loop

**Writers:** Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Kevin Pottinger, Steve Amos, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.  
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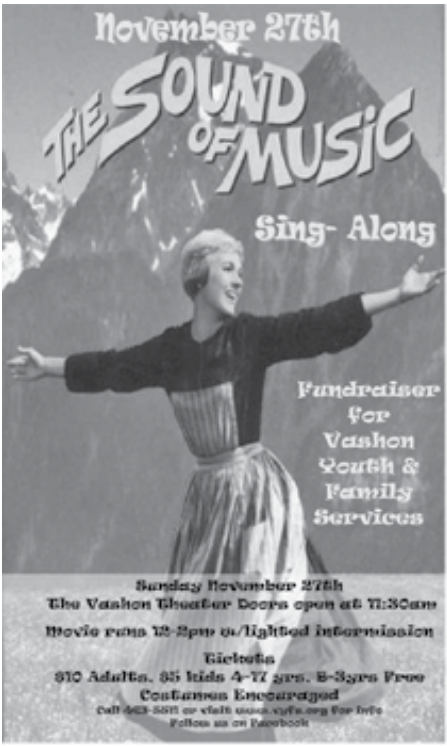
### Community Drumming

Celebrate the auspicious day of 11/11/11 with sacred fire and drumming on Burton Hill, sunrise to sunset. To honor the wisdom and healing of indigenous ways and teachings, we will join with drums around the region to create an energetic medicine wheel centered at the harbor in Olympia. Our place in the wheel is to hold the energetic connection with Ti’swak’ (Rainier). We will light the fire at sunrise and drum with Buffalo Heart, the Red Lodge community medicine drum, sing, and share stories of how the sacred mountain has figured in the spiritual learnings and practices of community and individuals here. Please join us to sound the drumbeat for peace and earth healing. Email [motherdrum@wwrl.org](mailto:motherdrum@wwrl.org) for driving directions.

Sponsored by Woman’s Way Red Lodge, a non-profit dedicated to promoting balance and wholeness by enlivening the sacred feminine in our communities, Vashon Drum Circle meets regularly every 2nd Friday. In December, we will return to our regular meeting at Vashon Intuitive Arts, 7-9 PM.

### Vashon youth and Family Services November events

We’ll be selling baked goods at the Market on November 19 to raise money for VYFS programs. That is from 10:00 to 2:00 at the high school. We are also selling poinsettias. All proceeds go toward our services, especially scholarships for families who cannot pay for services. The other thing is our 2nd annual Sound of Music Sing Along at the Vashon Theater on Sunday, November 27. Doors open at 11:30 and the movie is at noon. Suggested donation is \$10 for adults 18 and over, \$5 for 4 to 17 and free for those 3 and under.



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### Vashon Chamber General Membership Meeting

Vashon Island Chamber of Commerce  
General Membership Meeting  
Thursday, November 17, 2011  
8:30 AM – 10:00 AM  
NEW LOCATION: Penny Farcy Training Center on Bank Road directly across the street from the Vashon Fire Station.

You do not need to be a Chamber member to attend.

Puget Sound Energy will present information on how to manage your energy bills both at work and at home –

Guest Speakers Include –  
Doug Dickson, Market Manager for Business Energy Management will present information on how to manage your businesses energy consumption and update you on what programs and services are available to assist you.

Cathie Currie, Energy Efficient Communities Program Coordinator will also be on hand to explain her role on Vashon Island and discuss current residential programs.

### VIPP Holiday Wreath/Swag Sale

At the Land Trust Building  
Fri, Nov. 25th 12-4p.m.  
Sat. Nov. 26th 10-4p.m.  
Sun. Nov. 27th 10-2p.m.  
Stop by & purchase one or more of Vipp’s Holiday Wreaths/Swags starting at \$20. Each year Vipp’s all volunteer crew craft these holiday delights out of fresh fir, cedar, holly & lots of extras which is then topped off with a beautiful bow. They make the perfect hostess gift or will add a warm & festive look to your home. If you would like to pre-order a wreath or swag please call: 206-947-7163.

Vipp will also hold a Holiday Pet Food/Care Drive. We are in need of clumping litter as well as wet and dry cat and dog food. Please drop off any donations at the Land Trust Building during the Holiday Wreath Sale.

### \$50 For Recycling Old Refrigerator

Did you see the postcard in the mail from Puget Sound Energy? Get \$50 for recycling your old refrigerator or freezer. And they provide free pick up. So for all those who missed the recycling event we held in September now is the time to get rid of that extra fridge or freezer. To schedule a FREE pick up visit [www.pse.com/fridge](http://www.pse.com/fridge) or call 1-866-551-9755. Promo Code: JUNK

### Sci-Fi Saturday

Sci-Fi Saturday is a new film series at the Vashon Theatre. These will be the classics from the 50’s & 60’s! Such titles will include, “War of the Worlds” “When Worlds Collide” “Invasion of the Body Snatchers” “Them!” and many others.

1st Saturday of each month  
Show time 1:30pm  
Admission \$5.00-\$10.00 + A can of food. Proceeds will benefit The Chicken Soup Brigade.

The feature will be, “It Came from Outer Space” December 3rd!

### Ferry Meeting with David Moseley

WSF periodically host a series of community meetings throughout our service area to discuss current ferry system issues.

Tuesday, Nov. 15, 6:30 p.m. to 8 p.m. at McMurray Middle School Multi-Purpose Room, 9329 SW Cemetery Rd

### Raab’s Lagoon

Saturday, December 10  
Join Nature Conservancy staff and King County Parks at Raab’s Lagoon on Vashon Island to plant native trees and shrubs. Raab’s Lagoon is a beautiful nearshore habitat that is home to many species of birds and is an important site for recovering native oyster populations. We need your help to restore this important estuary to its natural state! We will provide gloves and tools and teach you the best practices for successful planting. A seasoned naturalist will be on hand to tell you all about the site. This work party is from 10 am to 2 pm. Please bring water and lunch and dress for the weather. For questions or to sign up for this event, please contact Julie Edwards at (206) 343-4345 ext. 381 or [julie.edwards@tnc.org](mailto:julie.edwards@tnc.org).

### Caregivers Support Group

Vashon Community Care Center hosts a monthly Caregivers Support Group meeting. The group meets on the second Thursday of every month at 7pm.  
This group is geared toward family or friend caregivers, rather than paid caregivers. If interested or if you have questions, please call Julea at 567-4421.



“Open my eyes, that I may see wonderful things in Your Torah”  
Psalm 119.18

[torahinmyheart.com](http://torahinmyheart.com)

### Next Edition of The Loop Comes out Wednesday, November 23

Deadline for the next edition of *The Loop* is  
**Friday, November 18**

### Compost the Loop

*The Loop’s soy-based ink is good for composting.*



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# News and Sports from Vashon Park District

Sign up for Thrills with Ski School 2012!  
Yup! It's time for Ski-& Snowboard -School 2012!  
And, that means the Ski Bus to Snoqualmie Pass Saturdays from January 7 to February 25 -- snowboard and/or ski lessons with Ski Masters -- AND, Discount Lift Passes.

It all starts with registration NOW thru the end of December, 2011. You can print out the packet online at [vashonparkdistrict.org](http://vashonparkdistrict.org) then turn it all in, in person, with payment at the Ober Park office.

2012 SPECIAL DEAL -- A December trip to Crystal Mountain December 10 or 17 for skiers and boarders who sign up for Ski School before November 30 and sign up for the special deal at the same time.

Vashon Island Junior Basketball League 2012 -- Jumping TO the Hoops  
VIJB season play starts by age group. Register now



**Vashon Park District welcomes new Executive Director Jan Milligan. Jan joined the District on October 31, 2011. Staff and commissioners welcome her 15 years of experience as director of Camp Sealth on Vashon, her past leadership of other organizations such as Volunteers for Outdoor Washington, Vashon Rotary Club and CampFire USA. She has a degree in Forestry and Wildland Recreation and a wealth of community connections in the Seattle area and on Vashon-Maury Islands.**

for your little dribbler to stay active through the winter. Kindergarten through second grade leagues are co-ed; all others are by gender.

Kindergarten League \$45 -- Kids get a complete exposure to the game of Basketball. Skills, drills and game play led by volunteer coaches for one hour per week, for seven weeks. Come out and watch your kids fall in love with the great sport of Basketball. Registration deadline is December 9.

First & Second Grade League \$65 -- Volunteer Coaches conduct one weekly practice concentrating on team play and basic skills. Games will be on Saturdays starting December 10. Enroll now to watch your kid's skill grow with the hoopla of a hoop sport. Registration deadline is November 18

Third & Fourth Grade League \$65 -- Kids at this level are uber enthusiastic for the game. Volunteer Coaches conduct one weekly practice concentrating on team play, and improving all basketball skills. Games will be held on Saturdays starting February 4. Enroll now to watch your kids grow by leaps and leaps into the game. Registration deadline is December 31.

Fifth & Sixth Grade League \$65 -- Kids at this

level get competitive and work up a frenzy for the game. Volunteer Coaches conduct one weekly practice concentrating on team play, and honing all basketball skills. Games will be on Saturdays starting February 3. Play is divided by gender. Enroll now to assure your young hoopster gets on a team. Registration deadline is December 31.

Stay Fit during 'the dark times' with Adult Fitness at VPD Sign up for all these programs online at [www.vashonparkdistrict.org](http://www.vashonparkdistrict.org)

**Kokikai Aikido** Tuesdays and Thursdays, 7-8:30PM, VHS Wrestling Room All the rest are in the Ober Park Performance Room

**Kundalini Yoga** -Tuesday & Thursday, 12- 1PM  
Yoga 101--Gently effective Tuesday & Thursday, 1:15- 2:15PM

**Fitness Beyond Fifty** Wednesday, 11AM to 12:15PM.  
Zumba Gold Wednesdays, 10:20-10:50AM & Saturdays, 10:45-11:15AM

**Tang Soo Do -12 & Older** Thursday, 6-7PM at Ober Park

**Cycling from the Inside Out** Monday & Friday, 11AM- 12PM

**Straight on Strength** Monday, 9-10AM; Wednesday & Friday, 9-10AM

**Cycling Vashon with Nancy** -- FREE Drop-in Tuesday and Thursday mornings 6:45-7:40AM

**Core Stability** Tuesday & Thursday, 7:45-8:50AM and Fridays, 10-10:50AM.

**World Step Aerobics** Tuesday & Thursday, 9-10AM.

**Vashon Dance Ecstatica** -- Wednesday, 7-8:30PM. Fee by donation

## Community Council Discusses Town Plan at Next Meeting

On Monday, Nov. 21, the Vashon Maury Island Community Council will host three speakers: Sergeant John Hall of the King County Sheriff's Department, who will discuss the drug, crime and safety issues on the island; real estate agent Jean Bosch, who will explain house sales and foreclosure statistics; and Paul Reitenbach, King County Councilman, who will take comments and answer questions about the draft of the King County Comprehensive Plan. The meeting will begin at 7 p.m. at McMurray School.

Sargeant Hall will address concerns of Vashon residents about the methamphetamine and other drugs on the island and how residents should respond and contact the police when they see criminal activity.

Bosch, a Realtor with John L. Scott Realty Company, will show past years' sales and prices and compare the trends and what the numbers may indicate about the future.

Reitenbach will address how the Vashon Town Plan proposals

fit into the Comprehensive Plan and take comments and suggestions for the plan.

Every four years, King County undertakes a major review of its comprehensive plan. The 2012 plan, currently out for review and comment, constitutes a major review. Through this four-year review, substantive amendments to policies and changes to the Urban Growth Area can be considered. The three documents that shape the plan are the King County Strategic Plan, VISION 2040, and the 2011 King County Countywide Planning Policies. VISION 2040, which was adopted by the General Assembly of the Puget Sound Regional Council in April, 2008, is a regional strategy to accommodate the population and job growth expected by 2040 in the four-county Puget Sound region.

Major changes are in the following areas. The Environment Chapter has been restructured to reflect the role of the new Puget Sound Partnership in coordinating restoration of Puget Sound.

The Transportation Chapter has been updated to reflect the county's continuing transition from being both an urban and rural service provider for roads to becoming primarily a rural road service provider as the urban unincorporated area is annexed into neighboring cities. The Chapter also addresses the challenges of providing transportation services and infrastructure in a time of growing need and severely constrained financial resources.

The Facilities and Services Chapter has been updated to ensure consistency with specific operational plans, such as the Flood District Plan and the Energy Plan. Further, the water planning policies have been streamlined and revised to provide clarity on the county's role in water planning in the region. The Economic Development Chapter has been revised to reflect changes that have occurred in on-going regional, county, and local economic development programs and partnerships over the last few years.

Land Use Highlights on Vashon are the Vashon Town Plan Updates which address support for bicycles and alternative modes of transportation, rural town design guidelines, water conversation and other issues identified by the community.

The public review draft of these proposed amendments are available for review at:

[www.kingcounty.gov/property/permits/codes/growth/CompPlan.aspx](http://www.kingcounty.gov/property/permits/codes/growth/CompPlan.aspx)

The deadline for submitting comments is December 23, 2011

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**Vashon Hydrophone Project**  
Orca Annie Stateler and Mark Sears  
[Vashonorcas@aol.com](mailto:Vashonorcas@aol.com)  
Support Vashon-Maury Island Whale Research  
Sightings NOT Disclosed to Whale Watch Boats

**vashonorcas.org**

# Island Life

## Waiting Room

by Peter Ray

*“Ludwig Wittgenstein once remarked that if you ask a man how much is 2 plus 2 and he tells you 5, that is a mistake. But if you ask a man how much is 2 plus 2 and he tells you 97, that is no longer a mistake. The man you are talking with is operating with a wholly different logic from your own.” -Thomas Friedman via Rob Brezsny*

There are times when I’m in total agreement with Keanu Reeves’ character Neo in the film the Matrix- that the basic concept of fate is distasteful because it suggests a lack of control of one’s life. And then there are times when I read Rob Brezsny’s interpretations of celestial movements and what they are saying about the influences in my life and I start to look under beds and behind doors and mirrors to see if I can catch the spies or locate the hidden microphones and cameras that have been taking stock of the turnings of my daily existence, such that it is. I get the oxymorons of Brezsny’s Freewill Astrology base of operations, that if you are aware of the cosmic influences, you can make choices to control them rather than the other way around. But sometimes it seems like if stars and planets can tell this much about what is going on in my life, then it could be that the fix is already in, and perhaps what seems like a choice is only the logical progression in your spin this time around the cosmic wheel.

Such was the case this week when I gleaned the above bit from the Gemini box in Brezsny’s latest column. One could argue that it doesn’t take planetary alignments to figure out that stepping out the door on any given day one will confront any number of logical dysfunctions. As it turned out though, it was my sister who had made some calculations that weren’t giving answers that jived with my boxed set of logic and reason. It wasn’t so much the brief message out of the blue saying that she was on the way to Florida with my Dad and would call when they got there, but rather what she had to say in that call upon their arrival. The simple math coming at me from the other end of the phone line was that the two of them were going to be in Florida for two days, at which point my sister was going to fly home to New Hampshire and family and work, and I was to jet there for a stay with my Dad for a period of as yet undetermined length. I’m not sure if it was fingernails on the blackboard or stripping gears that gave me a pause in my calculations and response. But when I got back to her a few hours later with my list of current commitments here that had to be met, it was fairly clear that I wasn’t going to be a part of this equation of her making.

It was not long after that that the cosmic equation got a bit more complicated. Sometime the next night



my sister was awakened by noises coming from my Dad’s room. She went in to find Dad batting at the air to fend off flying crosses and cords and cables from unknown origins. He was also trying to get my Mother to turn around and talk to him from the corner of the room, all of which was a puzzlement for my sister as she perceived no malevolent flying objects and my Mother had left the planet (we thought) from a hospice care center a few miles away and just barely a year ago. For the next few days I received text reports of various visitations. There were long gone neighbors stopping by to carve turkeys, or business meetings with earnest questions from the audience that my Dad answered in fine detail. It was about this time that I googled Parkinsons and hallucinations and found that in the equation of this disease, non-threatening visions occur in about a quarter to a third of the patients. There is the possibility that some medicines prescribed for Parkinsons can cause or exacerbate the hallucinations. As a nurse, my sister knew about this possibility, but that news was not relayed on to me till I brought up my internets research.

In many ways Dad’s visions seemed the least illogical of all the calculations here, especially his vignette of waiting for the train with his mother and father. What a lot of this sounded like on this end was a variation on one of my favorite Japanese films, After Life, where people who are dead spend time in a halfway house of sorts in order to pick out a scene from their lives that they will live with and in throughout eternity. I was wondering what my Dad would pick, and I was wondering what my Mom was saying about it. So far, that equation has not run its course, logically or otherwise.

# Vashon Rotary Awards Grants Moves Meetings

A \$10,000 grant is shared between Vashon Youth & Family Services and the Interfaith Council to Prevent Homelessness, a gift from the Vashon Rotary Club, the Rotary District that serves the Greater Seattle area, the Vashon Senior Center, Vashon Household and the Vashon Community Care. Our local Rotary Club spearheaded this initiative by raising and contributing \$3,250, the other 3 local non-profits contributed collectively \$1,750, and the Rotary District matched it with \$5,000. Checks were presented to VYFS and IFCH on Friday November 4 by our club, with pride that we also make a difference for the homeless and those on the brink by supporting the free Wednesday Dinner program, the Vashon Food Bank, Granny’s Attic and several of the social service agencies here.

Our meeting place is now Vashon Golf & Country Club, 24615 - 75th Ave SW on the “Maury Island” part of Vashon Island. Meetings are every Friday at 7pm

Speakers line-up for next few weeks:  
Nov 11, Sue Nebeker of American Hero Quilts will discuss her program that gives patriotic hand-made quilts to veterans.

Nov 18, Vashon Fire Chief Hank Lipe will share his background and professional life with us.

Nov 25, No meeting

Dec 2, Club business meeting...a chance to discuss and plan upcoming projects, programs and fund raisers. Also, we will nominate and elect the 2013-14 club president.

Dec 9  
Douglas Davis and Rowena Hammill of Vashon Chamber Music will talk about their new season and play for us a short duet.

Dec 16  
Cliff Penwell will talk about his work with the U.S. Forest Service in wildfire prevention and investigation.

Dec 23 & 30  
Holiday break...no meeting

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## PANDORA'S BOX

November rolls in with cold sunshine.  
Fleas are still very active - we can help you manage them.  
Who really knew that something so small could be so consistently intrusive and such a pain in the ass.

**Buddy’s Pick of the Week:**  
His new gig as a groomer. He is so fed up with Marge and Cheryl and the medical regimen he has moved into the grooming room and is supervising Tom and Lydia. But, he is feeling better.

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**November 12, 8:30pm**  
**Rumor Has It**

**November 18, 9pm**  
**Cascadia ‘10**

**November 18, 8:30pm**  
**Weird Load**



# Vashon Farmers Market Moving Indoors Nov 12 - Dec 10th

By Lindsay Hart

The Vashon Farmers Market is moving into the warm and dry Vashon High School Commons beginning November 12 through December 10, 2011. Besides offering shelter from the weather, this central location also offers ample parking. The Farmers Market had great success holding the final two markets of 2010 in the VHS Commons, so we look forward to even greater results by conducting the last four markets at this location. More than 35 farmers and crafters will participate in these final markets.

Here is an overview of what is coming up for the rest of the season:



**Nov. 12th: 10 am to 2 pm**  
Eat local this Thanksgiving! The market offers a wide variety of beautiful fall produce for your holiday gatherings from pumpkins, squash and apples to an excellent array of root veggies. Stock up on local eggs and fresh or smoked fish. Gift local this holiday, too! Our island artisans and crafters offer beautiful handmade creations. During this special market day, many of our artisans will offer demonstrations of their craft. Check out the “Side Show” cooking demos of side dishes made from local produce for your holiday table. Enjoy

hot coffee from Minglement, as well as delicious goodies from the VHS Band Booster Bake Sale. The market will feature live music from The Starlings, an Americana duo from Seattle from 11 to 1.

**Nov. 19th: 10 am to 2 pm**  
This is your last chance to shop the market for your Thanksgiving table. Start a really special holiday tradition this year...eat local and support our Island’s farmers. We have an excellent selection of produce from delicious tradition potatoes and cooking pumpkins to equally delicious unusual veggies such

as celeriac and sunchokes, plus local eggs and fresh or smoked fish. Enjoy live music from the Rock Island Ramblers from 11 to 2 pm. The market will also offer hot coffee and goodies from the VYFS Bake Sale.

**Pumpkin Pie Contest!**  
There are two categories: Traditional Pie and Non-Pie Dessert. Submit your entries by 11:30 am. Judging will be held from 11:30 to 12:15 and the winners will be announced at 12:30. Extra points are awarded for entries that use local ingredients. After the winners are

announced, slices of all entries will be sold to raise money for VIGA’s Food Stamp Matching Bucks program, that helps Island families purchase healthy, local foods and brings additional funds to our Island’s farmers.

**Nov. 26 - NO MARKET**  
**Dec. 3rd: 10 am to 3 pm**  
The Vashon Farmers Market “Holiday” market is chock full of island “grown” gifts. More than 25 artisans and crafters booths will offer jewelry, soaps made from essential oils, wooden spoons, lavender wands, organic

skincare products, garden art, wooden cutting boards, rock wind chimes, organic dog treats, knit hats and scarves, caramels, wooden boxes, stained glass “feathers” and kaleidascope, original paintings and prints, etched glass and more. Island Farmers are still in force with late fall produce and eggs, plus the market offers fresh seafood. Listen to folk singer/songwriter Kat Eggleston, plus Holiday Carolers, while you enjoy goodies from the VIGA Bake sale.

**Dec. 10th: 10 am to 3 pm**  
Shop locally for your holiday giving and support our islands artisans and crafters. More than 25 booths will offer jewelry, soaps made from essential oils, wooden spoons, lavender wands, organic skincare products, garden art, wooden cutting boards, rock wind chimes, organic dog treats, knit hats and scarves, caramels, wooden boxes, stained glass “feathers” and kaleidascope, original paintings and prints, etched glass and more. Island Farmers will be on hand with late fall produce and eggs, plus the market offers fresh seafood. Sit back and enjoy hot coffee, cider and baked goods from the VIGA Bake Sale, while listening to live traditional and celtic music from Geordie’s Byre.

## Friends of Island Center Forest meeting includes presentation on King County’s plans to thin Douglas fir, red alder stands

Selective thinning of young Douglas fir trees and harvesting a stand of mature red alder in Vashon Island’s Island Center Forest (ICF) will help improve overall forest health and also provide income for additional land-management activities on the 363-acre forest. King County Department of Natural Resources and Parks staff and the Vashon Forest Stewards will share information on these proposed forest-management activities at the Nov. 15 Friends of Island Center Forest meeting, set for 6:30-8:30 p.m. at the Land Trust Building, 10014 S.W. Bank Rd., Vashon.



Douglas fir plantation. This stand is very uniform, has little species or structural diversity, and has low habitat value. A second 33-acre stand comprised of primarily dead and

dying 70-year-old red alder will be harvested from the forest. This harvest will remove most of the merchantable alder, while alder snags and trees with little or no value will be left standing for habitat.

Proceeds from the sale of the harvested timber will be invested in stewardship activities at ICF, including planting more native

tree species by local youth crews. The last commercial thinning/harvest project at ICF was in 2007. The Friends of Island Center Forest includes representatives from the Vashon Land Trust, Vashon Forest Stewards, Vashon Audubon, Vashon Equestrians and other community members. King County coordinated with the group to develop a long-term site and forest management plan in 2006, including commercial thinning and small-scale tree harvests. Community forest grants have supported the Vashon Forest Stewards and their work with local students to replant the harvest sites and remove invasive vegetation. In 2009, King County was awarded the highest level of green certification possible for the way it manages Island Center Forest, a 363-acre expanse that shelters the headwaters of Vashon’s largest salmon-bearing stream and provides miles of recreational trails.

The Forest Stewardship Council (FSC), the nation’s most demanding forest-certification program, has labeled the publicly

owned landscape a sustainably managed forest. The certification means trees harvested from the forest can carry the FSC label, a voluntary, market-based system similar to organic certification for farmers or food processors.

A certified forest is sustainably managed to meet or exceed existing regulations so that environmental, social, and economic factors are balanced to meet the needs of the present without compromising the ability of the forest to meet future generation’s needs.

King County owns and manages more than 26,000 acres of parks and open space, including six working forest sites totaling more than 3,200 acres. In addition, the county’s Natural Resource Lands Program manages easements on roughly 150,000 acres of privately owned forests and agricultural lands. The easements remove development rights from privately owned lands to ensure that they remain as working forests and farms in the long term.

More information is available at [www.kingcounty.gov/recreation/parks/naturalresources.aspx](http://www.kingcounty.gov/recreation/parks/naturalresources.aspx).

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# Planet Waves

by Eric Francis <http://www.PlanetWaves.net>



## Aries (March 20-April 19)

After a phase of experimenting with your expressive passions, you reach an inner fork in the road: you can direct your creativity into a focused project or vocation, or you can get lost in your doubts and self-criticism. While I'm not a big fan of dichotomies, this one seems to contain some truth, at least this far: you cannot be too self-critical and still be free to express your passions. Self-reflective is one thing. Self-aware is closely related. It's necessary to be able to critique your work without criticizing yourself. You seem determined to make some practical use of your passions, and to keep yourself busy with what actually matters to you. You can do that, though it's going to take a mix of effort and flow, thought and intuition, motivation and attention to detail.

## Taurus (April 19-May 20)

You may feel like you're right near potential that you cannot quite access. This might be in the form of having limited options or feeling like you're boxed into the circumstances in your life. Yet there is something obvious you may be missing, which is that in any given moment, no matter what you're doing, you have the privilege and the ability to express your quest. You may not think you do; you may have the idea that you're not free till you make your great escape. That itself is a kind of trap. Your freedom of existence and creativity is contained in your daily activity. Yet to get there you have to make a decision to think of two things that usually seem separate or unrelated as the same thing, then explore how that feels.

## Gemini (May 20-June 21)

You are in an unusual position to experience the world as the people who are close to you do. This is not the usual mirror effect of relationships but rather the sensation of a world opening. Remember to define the word 'relationship' as broadly as you can, remembering that human encounters are as diverse as the people we have them with. Connecting with people is not about getting married or hooking up or doing business -- it's vital to be open to any possibility, and greet the many people you encounter with a sense of potential and openness to adventure. That means keeping an open mind, and using your freedom to adapt to the people and circumstances that surround you. You don't need an agenda, though your authentic curiosity will come in handy every day.

## Cancer (June 21-July 22)

You need a lot of freedom around your work, and this is the time to take it. You know you're not the type to sit in an office, so if you find yourself in one, do your best to get out as much as you can, on whatever excuse or project you can think of. If you're self-employed, experiment with the most creative aspects of what you do, and then as the month progresses, work out of the house as much as possible. Your mind will be happier and your ideas will flow better. This is the time of year when you can connect to your infinite source of creativity. Many have wondered where you get your energy, and whatever the answer to that question may be, these are the months when you connect to your source, refill your well and guide the abundant activity of the month toward your highest vision.

## Leo (July 22-Aug. 23)

Expression is the opposite of depression. Keep telling yourself that. You may not be depressed, but approximately two-thirds of the world seems to be -- and it has a way of being contagious. At the moment you're especially empathic and absorbent. You can feel just about anything anyone else is feeling, which is good for them. But when the Sun enters your fellow fire sign Sagittarius in a few weeks, you're going to feel like a galaxy of ideas you want to share with the world. I suggest you start sooner rather than later. Clear a table, make space in your mind, and make space in your life as best you can in this busy world, because a wave of visionary creative passion is on its way. This is yours to explore and enjoy, however you can.

## Virgo (Aug. 23-Sep. 22)

You need to learn the art of evaluation. All kinds of spiritual and psychological paths decry the toxin of judgment, but we don't get much information about what to do after that. Virgo is famous for its self-critical nature, and you're now beginning an extended phase of your life when you may be tempted to go there even more than usual. So I suggest that you create alternatives that give you a constructive use of that drive, giving you something useful to do with the energy. Along with this, I suggest you truly explore the concept of being open-minded. Like many things, it's easier said than done, but more valuable than you may realize. One cannot really think, unless they are open-minded. Since you'll be thinking a lot about yourself, it will help to do that in the gentlest, most self-supportive way.

## Libra (Sep. 22-Oct. 23)

This has been a rather interesting few weeks in your experience of (and study of) your relationships. I trust that you've left one concept behind -- grafting yourself permanently to another person for the rest of your life. Obviously you're someone to whom commitment is deeply important. You believe in fidelity and you thrive on trust. But that is different than the idea of absolute permanence. You have, at least, begun to ask yourself real questions about what it means to be an autonomous, independent person. I would suggest that only such a person is in a good position to relate to someone else in an authentic way. Now and for the foreseeable future, you could say that the theme of your relationships is 'love is freedom'.

## Scorpio (Oct. 23-Nov. 22)

You're at your most magnetic right now. The Scorpiophobia of the world is melting away and most days it will be more obvious that you're the sensitive, passionate person you know yourself to be. That said, I suggest you remain picky about who your friends are. Fortunately, there will be a self-selection process working for you: the more authentic you are, the more you'll attract the right people and repel the ones you don't want. But don't be too harsh on others; they may not seem to have your sharp wits or your notorious insight into psychology, but there will be certain days when you are feeling especially judgmental of the people around you. Everyone has their positive attributes, and one of yours is being able to notice that.

## Sagittarius (Nov. 22-Dec. 22)

This is the time of year when you feel the calling to the astonishing adventures

for which you came to this Earth. As the Sun moves through your sign, you feel many of your deepest longings and sense of cosmic connection. If you cannot go on a worldly adventure now, make plans to do so. You're being called places; orient on them, collect information, make friends with people who live there. Make time in your schedule at the next possible moment. Set aside some money. Meanwhile, the deeper adventure involves the possibilities for your incarnation on our planet at this time. You came here with a purpose, whether it was to accomplish certain things, to learn, to have fun, or to serve. Connect with that mission now. Give yourself permission to let it be real.

## Capricorn (Dec. 22-Jan. 20)

You will get a lot further if you give up caring what other people think about you, but that's another way of saying that self-acceptance is the key to success and happiness. You tend to be a private person, but you must also live with a sense of transparency that can be unnerving. In truth all you can really do is be comfortable within your own skin, though that's a learned skill. Here is a clue: there are a number of people who factor prominently in your life right now, and you don't feel the same way about any of them. If you practice objectivity, which basically means accepting them for who they are without judgment, you're really offering yourself a space of belonging in the world at the same time. Said another way, the more freedom you give people to be themselves, the more you will feel to be yourself.

## Aquarius (Jan. 20-Feb. 19)

You may be on an odd emotional edge where what you desire as your greatest success also feels the most dangerous. As you approach an accomplishment or take on new responsibilities, you may have this lurking sense that disaster is looming. You won't be able to tell if it's your intuition or a bit of paranoia, but I would suggest that the closer you get to that feeling, the more effective you're being at working toward a deeply cherished goal. While this sensation is especially poignant for you now, many people experience this sensation -- and in running from it, avoid actually accomplishing what they set out to do. Progress demands a measure of uncertainty, and if you can dance with that, you can do anything.

## Pisces (Feb. 19-March 20)

I'm not sure if you have an erotic vision -- that is, a dream of how your sexuality would be ideally -- but if you do, this is the month to take a real step toward making it real. It would help if you state your ideas outright. This may feel radical; you may have the sense that nobody else will understand. What matters most is that you understand what you want. Why you want it is not so important; I suggest you connect your desire to direct ideas and visualizations. Then, see who and what comes your way, and the influence this has on the relationship experiences you have. What's never said often enough about Pisces is that sex is your true religion, that is, where you seek your God-source. This idea is cosmologically and biologically accurate. It's only judgment that gets in the way.

Read Eric Francis daily at [www.PlanetWaves.net](http://www.PlanetWaves.net).

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# Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

## But First: Happy Thanksgiving

by Mary Tuel

Hallowe'en is past, and the next day the Christmas products appeared, at least on the shelves that weren't already decked with Christmas products. That stuff has been in the big stores on the mainland since August.

All my life the Christmas shopping season has left me feeling inadequate and disorganized about Christmas shopping and gift giving. There is a reason for that feeling: I am inadequate and disorganized when it comes to Christmas shopping and gift giving. I'm the one waiting to mail packages at the post office on December 23rd, for example. Or sometimes on December 27th, or sometimes in January or March. The feeling of knowing I'm going to fail the cultural Christmas obstacle course again is so intense I want to hide away until it's over.

I don't have a problem with Christmas, the day that celebrates the birth of the baby Jesus, or Chanukah or Kwanzaa or the Solstice or any other mid-winter sacred observance. I have no trouble with the sacred. But the commercial season that dominates the last three months of the year, when you are pushed at every turn to "Spend and deliver!" is what gets me.

Note: "Stand and deliver!" is what British highwaymen used to say when they robbed people. "Your money or your life!" was also popular, but I've never seen that in a Christmas ad. Yet.

For years we all went out and bought Christmas with credit cards, but that party's been over for a few years for most of us. So how do we observe the day, and somehow partake in the giving ritual?

One way I handle Christmas shopping the last few years is to shop on

the island. I feel that my little mite spent locally is doing more good than if I spent it on the mainland buying stuff made in China, and the variety and selection of unique gifts here is amazing.

Also I make things – hats, scarves, throws, poems, songs. I do what I can. I hope that my friends and family understand by now that most of what I have to offer has to be manufactured in my increasingly creaky brain, or by my increasingly creaky fingers.

Also, I have been known to blow off shopping entirely except for the children. Everyone else gets my good will and best wishes and the hope that they understand the constraints of a fixed income.

Naturally, as much as I hate to be told to buy-buy-buy, I am like most kids and want to write a letter to Santa asking for what I want for Christmas. It is a time of life when I want to get rid of things in my house instead of bringing more things in, so my wants tend to be things like getting my treadle sewing machine up and running again. Actually, that's all I've been able to think of so far this year.

What I most want now is for my children and grand children to be happy and have good lives, and have the grit and determination to make it through their hard times, learn from them, and still be able to laugh.

I want my husband's health to remain steady and okay for years to come. I want my life to be lively all the way to the end. I want to remember more often that God is in control and we are all loved, and feel the relief of those elusive truths.

Those are not things I can buy in stores, but they are things I want. Any time. Doesn't have to be Christmas.

For now, I wish you a Happy Thanksgiving. Remember Thanksgiving? Holiday between Hallowe'en and Christmas? The day that makes strong men sleep and turkeys tremble? Yeah. That. Enjoy.

**Eagle Eye  
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## Inside Wolftown



Hi Vashon

Ever wanted to know what happens at Wolftown every single day?

What is it like handling hundreds of different species of wild animals, dealing with biologists and state and federal Wildlife agencies?

What committees are in place to help our local wildlife?

Well here are your answers, I hope.

Wolftown is permitted by several state and federal agencies. From USDA to NOAA to WA State Dept of Wildlife to US Dept of Wildlife

We keep records on every single animals that comers through the project, this can track disease trends and local populations.

Wolftown believe it or not, mostly does education. This means people call us with wildlife issues or concerns and we offer help, rescue and advice. These problems can be as complex as a wolf preying on sheep in Oregon to an Elephant seal pup resting on someone's dock

while it molts. We get at least three or 4 such calls every day! We are the only facility of our kind in King county.

Wolftown works with several biologists helping with necropsy on dead wild animals and tracking populations. So any one day I have calls and reports that are connected up with Marine biologists or say an Eagle biologist. We also work with our local Coast guard on marine mammal calls and the DNR have given me rides on their boats out to the middle of Puget Sound to do necropsy. This all helps with the understanding of

the health of our eco-systems.

Pete and I between us have handled large wild animals for 50 years! 25 years each. The skills through these times have served us well in handling all sorts of wildlife. From Seal lions to hummingbirds.

The upkeep and care of our Wildlife is a 24/7 job. We get calls at night and during the day about all sorts of problems. Some are pretty strange, such as the large owl that flew into someone's car while she was driving!

I am on two wildlife comitees trying to figure out ways to help wildlife in our state.

But Wolftown is not supported by the Government, nor are any of our volunteers paid.

Everything here has been built by volunteers!

And the other important thing is Wolftown teaches sustainability, through our agriculture program.

And we teach hundreds of young people each year- And we charge nothing for this service as we feel it is helping our world.

So Thats what we do! We do give tours on Sundays at noon. And please continue supporting this important work!

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## Wolftown needs your help!

Wolftown needs your help!

We are need to raise funds for medical supplies and Raptor feed.

We have an Eagle in the project who eats ALOT!

Wolftown is run by unpaid volunteers, and we are not supported by the Government.

We also need strong volunteers with carpentry skills.

And folks willing to fund raise.

And we need seal sitters to help keep and eye on baby seals on our busy beaches.

Wolftown is your local fed/state wildlife rehabilitation and education facility.

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## The Loop has a New Website

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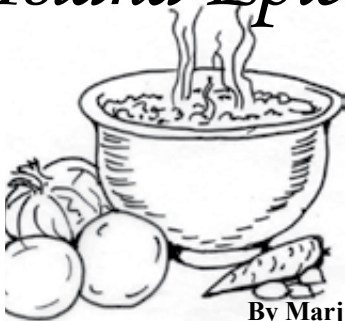
### Weekly Updates

[www.VashonLoop.com](http://www.VashonLoop.com)





# Island Epicure



By Marj Watkins

## Complimentary Proteins in an Old Family Recipe

At a recent dinner party at Suzanna Leigh's house, she served the most delicious Tennessee Cornpone I've tasted in years. The difference: She spiced the beans and included whole kernels in the cornpone. Together cornmeal and beans give you complete protein.

Here's my recipe: It harks back to my great-great great grandma, Hannah Hinshaw, born and raised in Tennessee. Some of the Hinshaws owned slaves, and it seems Hanna's family did, too, but when Hanna married William Macy, who didn't hold with people owning other people, she had to learn to do her own cooking. Within a few years they had seven children. William could not endure a fear that their children might grow up and marry slave owners, so she and her husband and children moved in ox carts to a wilderness in Indiana, leaving many weeping relatives, many friends both black and white, and most of their assets behind. One thing they could not and did not leave behind was Hanna's repertoire of easy, inexpensive recipes for truly delicious dishes.

Eventually, Hanna and Will had fourteen children, not counting the

one that died in infancy. It took a huge cornpone to feed that family, but I've pared down the recipe to our conventional four servings and spiced the beans with hot pepper and garlic.

- TENNESSEE CORNPONE  
4 servings  
Preheat oven to 350 degrees  
The beans: ½ cup dry red kidney beans cooked with plenty of water and 1 teaspoon ground cumin  
1 Tablespoon chili powder or 1 jalapeño pepper, minced  
3 cups water or  
2 (15-ounce) cans red kidney beans with their liqueur  
1 small yellow onion, chopped  
1 clove garlic, minced, optional  
1 Tablespoon olive or canola oil or chicken fat  
Cornbread Topping:  
2 cups whole cornmeal  
2 teaspoons baking powder  
1 teaspoon salt  
1 1/2 cups stock from cooked beans  
1 egg, beaten  
½ cup whole kernel corn, optional  
1/3 cup grated sharp cheddar cheese, optional

Stir-fry onions in oil or fat until limp and shiny. Combine with remaining ingredients except for cheese if using. Bake 20 to 25 minutes, until a toothpick inserted into the cornbread top comes out clean. Most of the beans will have sunken to the bottom. Sprinkle the top with grated cheese if desired and leave it in the oven 5 minutes to melt the cheese. Alternatively, the cheese may be mixed into the batter before baking. Or you can leave it out.

Serve hot with a soup or a salad, or both.

Dig in.

# Creative Tea for Hestia Retreat

By Pam Bredouw

We'd like the women of Vashon/Maury to help us design Hestia Retreat, a sanctuary for women. Lend your creativity by sharing what you'd love Hestia to look like, and what programs you'd like to see offered there. Come learn more about this exciting retreat center, and meet the women who are bringing the vision to life.

Join us, November 30, for tea, snacks and sharing about this women's retreat center being planned for Vashon/Maury Islands. To make it easier for mothers to participate, childcare will be provided on-site.

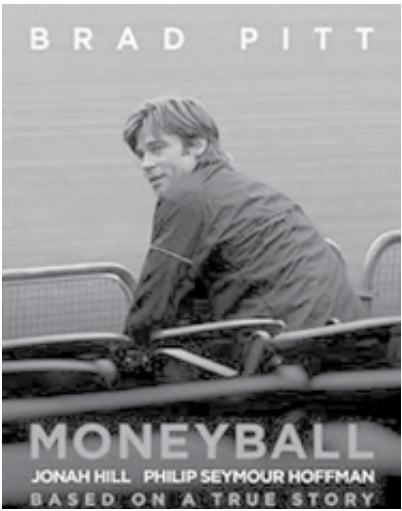
There will be opportunities to help design the physical appearance and feel of the place, which is being planned

to provide a beautiful, serene, and nurturing environment for women to restore and recharge. In addition to solitude for personal retreats, Hestia will offer workshops and other gatherings for community and education. You will be asked for suggestions as to what workshop leaders and topics you'd most like to see offered on the Islands, as plans are refined.

Two sessions will be held, Tuesday, November 30, 2011 at Cohousing Common House, 10421 SW Bank Road. The first session is 2pm - 3:30pm. A second session will be held 5pm - 6:30pm. Childcare provided.

To learn more about Hestia, visit our website at [www.hestiaretrereat.com](http://www.hestiaretrereat.com) or email [info@hestiaretrereat.com](mailto:info@hestiaretrereat.com).

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# Positively Speaking

## A Love Story

By Deborah H. Anderson



Nothing moves when I call his name but his eyebrows and a happily wagging tail. Ah... the tail....

Well... the tale began as a disappointment. I was about to receive a chocolate lab like the one I had given away years ago when we had to move the first time and they called from the Burton turn and said , ‘Our friends are going to take her.’. After so many years without a dog, my heart was ready. Knowing that, and also knowing it would take some time to find an adoptive match through Pet Protectors I called Barbara Drinkwater and put in my order: friendly, good with kids, not a barker, pleasant low key breed.

Twenty minutes later she called and asked if someone else from my house had called. ‘No , ‘ I replied. “I live alone”.

“Well’, she said, “Someone just called and said they had a dog with the exact description you gave.”

She made the connection for me. This was a Friday. I was to meet Buddy’s owners on Monday for a visit. They would come to the house. Sunday night I got a call ; they were just going to have to drop him . I called Barbara in a panic. She assured me if it wasn’t a good fit she would find a home. I should take him when they dropped him off.

He was supposed to be a three year old Golden Retriever in perfect health. He was more like eight, the vet said when he neutered him, and had flea hills so big his ears stood out, ulcers all over his legs from licking himself, and no hair on his hind quarters at all.

He was a mess. Furthermore it was clear he had severe attachment disorder. The people who dropped him off told me he spent about eight hours a day

by himself in a field. It showed. This wonderfully social creature had one flaw that was going to change my life completely. He needed to be alone as little as possible.

So the first thank you from the bottom of my heart is to my client families who allowed dearest sweet Buddy to come with me into their homes and let their children use him like a giant pillow, or a horse, or a combination of both.

He wore the cone of shame for over a month and slowly relaxed enough to stop licking absolutely everywhere. The hair on his hind quarters grew back into lovely swirling strawberry blonde curls.

Slowly over the last few months I began to see the signs of age. And this past weekend he began the rapid decline. Tomorrow morning friends will help me take him to the vet. Tonight he gave me the look. You know ‘What’s happening to me?’.

I’ll be up all night. My heart is totally not ready to say good bye. I was hoping for at least three more years. To the end, he has been the most pleasant and low key of dogs. His only fault was growling when he wanted to play. It greatly confused other dogs.

Fortunately here on the Island there are many, many animal people who know these dogs are the companions we dream of having.

My life has been greatly blessed these last six years because of my sweet Buddy. Buddy has been more than a name. It’s the description of how he claimed me as his own.

I’m so glad now as I say good bye that I took him with me everywhere, that I endured his quirks with charm, and that I

explained away his social habits, that were off putting to others, as endearing. I rejoice to have been his advocate.

I’ve put the green blanket over him that will carry him out of the house. Not having eaten or drunk for over twenty four hours, he still moves his eyebrows and wags his tail happily when I talk to him. He no longer lifts his head up.

I practiced all day going from room to room without him following me. It will take some getting used to. No, I won’t replace him right away. There is no replacing him.

What’s this? I’m in my office and suddenly he has come in from the bedroom and is standing with tail wagging wanting something. Me. After much resisting while I put water on his lips, and food near his nose, he who has not drunk or eaten for so long wants a bite to eat and some water and a brief turn in the driveway to pee. He does it for me.

He clings to life as dearly as I cling to him with no complaints, only a request to be cared for. That’s all he’s ever asked for. That is why God gave him to me for so many beautiful years. I needed a constant companion for whom I could lavish care and attention.

We cannot talk enough about how the love we receive from our animals makes us truly human. They call us to higher ground. They feed our hearts and mend our hearts and then break our hearts when they leave.

Once upon a time there was a beautiful Golden Retriever named Buddy who just wanted to have fun and be loved. And he rescued the fair princess who had lost her smile and made her throw the ball .... even if he wouldn’t drop it so she could throw it again. Always remember the dog who needed two balls to play catch! God Bless you fair friend.

Love,  
She who will carry you in her heart forever.



Continued from Page 1

Unfortunately, the more they’re exposed to the trappings of our society, the more discontented they become. This consumer lifestyle of ours is alluring and addictive, and it is wholly understandable that most of us have a hard time considering the possibility of having to give it up.

So, in being a harbinger of hard times, although I grieve for the inevitable suffering, I am also buoyed by the possibility of real change for the better. I really feel that our society is on the wrong track, and that there is real opportunity in the crises we are facing. I wish that we had started adapting to climate changes and away from fossil fuels when we first saw the need 30 years ago. We didn’t, and, although we could salvage something with large-scale action now, our political institutions don’t appear to be up to the task. That means that it is up to us to do for ourselves; something we should never have given up in the first place.

It has only been in the last year, I realize, that I’ve personally taken the need to change seriously. At first, I decided that I would ride my bike more and drive less, we would expand and improve the garden, and make the house more energy efficient. Over time, it has become more and more difficult for me to hop

in my van to go anywhere if it doesn’t involve picking up or delivering something that utilizes its space.

My more cautious and far thinking wife, Elizabeth, deserves much of the credit for moving us towards more self-sufficiency. Recently, she suggested that we only shop once a week and make do otherwise. The repercussions of this started to become apparent to me when I experienced corn chip withdrawal in mid-week. Elizabeth subsequently made me some cookies to ease my pain.

Another affect was really planning meals around what was available in the garden. That means you sometimes get less variety. Lately we have been eating a lot of kale and roots,...night after night, but have actually enjoyed the challenge of fixing them in lots of different ways. Kale is super food so I don’t mind eating a lot of it.

Another discovery for me (nothing new to Elizabeth) was the idea of making our own condiments. As we ran out of mustard mid week, I decided to make some. I emptied out our mustard seed jar and proceeded with a gourmet mustard recipe. I ended up with something more like the expensive stuff and didn’t have to buy another #5 plastic container to store in a landfill for future generations.



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Want to read more of Deborah? You can find her at three separate blogs:  
**www.onewiththerootbeer.blogspot.com** -offers practical advice and simple observations for parents from pregnancy through adolescence.  
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# In Bed with James Broughton

On Saturday November 19th, at 7 p.m. the Vashon-based Big Joy Project, a documentary and website about poet and filmmaker James Broughton (1913-1999), will show a series of short films at Café Luna, as part of Peter Ray’s Lunavision series.

Three of experimental filmmaker James Broughton’s most quirky, joyous and taboo-breaking short films, as well as a 20-minute “sneak preview” of the Big Joy documentary will screen. Broughton films include, “Four in the Afternoon,” “The Bed,” and “Testament.”

Recently these clips were seen both in New York and Seattle with great response. “These are some of Broughton’s most celebrated works,” said associate producer Aimée Cartier, “and they make you laugh.” Originally shown in 1968, “The Bed” is now in the Modern Museum of Art’s collection, but its full-frontal nudity was so groundbreaking at the time Broughton had a hard time getting it printed.

Broughton is considered by many to be the father of West Coast experimental film. “Your business is to create something that neither you nor I have ever seen before,” he advised his

filmmaking students, and that is what he applied to his own work. He is thought to be the first to meld poetry and imagery in film. “Four in the Afternoon” is Broughton’s first film using poems for a shooting script, each movement a variation on the reveries of desire.

Famous dancer and choreographer and “Four in the Afternoon” actress Anna Halprin says this about making films with Broughton: “We weren’t thinking about whether it was acceptable or not, we just did it because that is what we wanted to do.”

Recently the Big Joy Project was invited to be a part of a Project Forum for works-in-progress at Independent Documentary Week at Lincoln Center in New York.

The project is about half way toward its fundraising goal. Thus far, the Big Joy Project has raised \$190,000 from over 300 individual donors as well as a number of foundations (including King County’s 4 Culture). To complete the documentary the Big Joy project will need a total of \$400,000. Donations will be accepted at this free event.

## Community Cinema Vashon presents We Still Live Here - As Nutayunean

Community Cinema Vashon presents a community screening of WE STILL LIVE HERE - AS NUTAYUNEAN - A film by Anne Makepeace - Sunday - Nov 20th - Ober Park Performance Room at 3:00pm. This 60 minute documentary film will be followed by a moderated audience discussion. All islanders with Native American Cultural Heritage are especially invited to share their experiences and knowledge of their history with Native language and cultural identity. This interesting film is appropriate for all ages and youth are encouraged to attend. All Community Cinema events are FREE. We hope that you will join us for this exceptional and seasonally significant film - as we think of our traditional National Thanksgiving Holiday.

We Still Live Here - As Nutayunean tells the remarkable store of the recent cultural and linguistic revival of the Wampanoag tribe of Southeastern Massachusetts. Their ancestors ensured the survival of the Pilgrims - and lived to regret it. Now they are bringing their language home again. On Cape Cod and Martha’s Vineyard, linguist

Jessie Little Doe is reviving the Wampanoag language more than a century after the last native speaker died. By unlocking the secrets of the Wampanoag language, the community has been able to rediscover their history and culture. Now a generation of children is breathing life into what was once thought to be a lost language.

Jessie and the members of her community went on an unprecedented odyssey that would lead her to a linguistics research fellowship at MIT and the discovery of a huge trove of documents written (phonetically) in Wampanoag, including deeds, contracts, and an entire translation of the King James Bible (published at Harvard in 1663). Together with her MIT colleagues and the Wamapanoag community, Jessie achieved something that had never been done before - bringing an American Indian language back to life after many generations without native speakers.

There is an excellent resource available on line to learn more about this film, a touching personal story by the the filmmaker, and

## THE DORSAL SPIN: Superpod

Continued from Page 1

primary sources.

Thorough documentation of our first seasonal encounter is vital. The VHP coordinated the data collection effort. In keeping with our principles, our effort was precautionary and sustainable. VHP associates Mark and Maya Sears do not seek the spotlight and seldom get publicity, but they deserve an award for their remarkable work on October 28. In rough seas and sometimes driving rain, they took hundreds of ID photos and collected three valuable samples. This week’s photo by Maya Sears is of Wave Walker (L88), one of Luna’s uncles, at Point Robinson.

In order to ensure that Mark and Maya met up with J, K, and L Pods as they traveled down East Passage, Odin and I took one for the team and missed the orcas southbound at Point Robinson. For the duration of their afternoon encounter with the killer whales, Mark and Maya observed no foraging. Rather, the superpod engaged in intense, tactile socializing and courting – what one of my Whale Museum mentors calls “group grope.”

Thanks to a well-timed call from Mark, Odin and I saw the superpod on the northbound trip past Point Robinson. J, K, and L Pod whales commingled,



displaying an orca encyclopedia of social behavior: spyhops, breaches, tail slaps, pec waves, cartwheels, playful lunges, et al. Some whales were close enough that we could smell the fishy bouquet of their exhalations. Lummi’s (K7’s) descendants, siblings Raggedy (K40) and Cappuccino (K21), Luna’s (L98’s) uncles, and a number of J Pod members were identifiable from shore. Raggedy (K40), age 48-ish, is currently the eldest female in K Pod.

Partial credit for our research effort goes to Islanders who called the VHP directly with detailed sighting reports: Shirley, Bob, Dana, Martin, Ruth, Meg, Steve, and just one ferry rider who did not leave her name. Dear readers, eat your veggies and call the VHP when you see whales from the ferry. We really appreciate the photos from Andrew and Bob. So far, the Southern Residents’ only Island visit was on October 28.

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041. Reporting directly to the VHP sustains an ongoing, accurate dataset of whale

sightings for Vashon-Maury and contiguous Central Puget Sound waters, initiated more than 30 years ago by researcher Mark Sears. Call the VHP about seal pups as well as dead, injured, or sick marine mammals on Island beaches. Check for updates at [www.Vashonorcas.org](http://www.Vashonorcas.org) and send photos to Orca Annie at [Vashonorcas@aol.com](mailto:Vashonorcas@aol.com).

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## Thanksgiving Dinner

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Dinner seatings between 2:00 pm and 8:00 pm.



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## Thomas Marriott Coming to Red Bicycle

Trumpeter Thomas Marriott is one of the most exciting musicians to emerge on the national jazz scene in more than a decade. The seven-time Golden Ear award winner is a skilled instrumentalist, composer and producer, always seeking to expand the boundaries of jazz music in all its forms.

After winning the prestigious Carmine Caruso Jazz Trumpet Competition in 1999, Marriott headed east from Seattle to New York where he gained initial acclaim through his work with Maynard Ferguson's Big Bop Nouveau band. Marriott completed 3 world tours with Ferguson (who called Marriott "a truly great jazz trumpet player"), and then continued to work in New York and on the road with the likes of Rosemary Clooney, Joe Locke, The Tito Puente Orchestra, Brian Lynch, The Chico O'Farrill Orchestra, Eric Reed, Les Brown and the Band of Renown, Kenny Kirkland, Charlie Hunter, Ritchie "Alto Madness" Cole, and many others.

Marriott's diverse interests and skills are reflected in the range and success of his albums. His 2005 release on Origin Records, "Individuation," was named among the top 10 jazz records of 2005 by WBEZ radio, Chicago. 2007's "Both Sides of the Fence" received over 3300 spins nationally, pushing his album into the top ten on jazz radio. The album "Crazy: The Music of Willie Nelson,"



was released in early 2008 to wide critical acclaim. Jazz Times Magazine declared Marriott a "first-tier trumpet player" with "serious chops and a luxuriant trumpet sound....This album is a kick in the pants."

"Flexicon," released in April of 2009 on Origin Records, also made it into the top-ten on the national jazz radio airplay charts as did 2010's "East-West Trumpet Summit," a collaboration with trumpeter Ray Vega. The album made it all the way to number one the charts and was featured on NPR's "Morning Edition."

Known for his innovative spirit and broad musical scope, Thomas continues to perform on the stages of the world's greatest jazz clubs and concert halls, as a leader and alongside the top names

in jazz. The Seattle native is featured on more than 100 recordings with musicians of all genres and styles. Thomas has produced albums for a number of artists including saxophonist Hadley Caliman and has served on the Board of Governors of the Pacific Northwest Chapter of the National Academy of Recording Arts & Sciences and the Board of Directors of Earshot Jazz.

Thomas' latest releases feature two different collaborations with pianist / organist Gary Versace. 2010's "Constraints and Liberations" received 4.5 stars in Downbeat Magazine while 2011's release "Human Spirit" has been heralded as his most successful to date by critics and fans alike

## Breaking Dawn comes to Vashon Theatre



Twilight; Breaking Dawn Part 1  
Bella and Edward, plus those they love, must deal with the chain of consequences brought on by a marriage, honeymoon, and the tumultuous birth of a child... which brings an unforeseen and shocking development for Jacob

Twilight; Breaking Dawn comes to the Vashon Theatre November 17 thru November 22. There is a special midnight showing Thursday, November 17 at 11:30pm. For more information you can call the Theatre box office at 206-463-3232

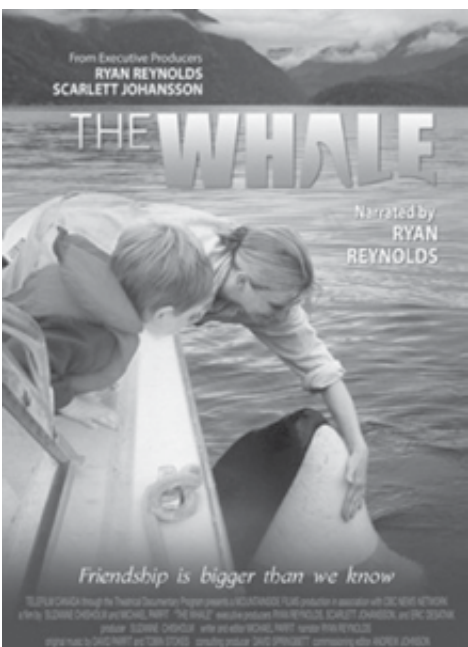
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See “The Whale”  
with Orca Annie and Odin

Sunday, November 13, 1:00 PM at the Vashon Theatre, Orca Annie Stateler and Odin Lonning of the Vashon Hydrophone Project host a special screening of “The Whale.” This highly acclaimed film is a must-see for orca aficionados. In 2003, Odin and Orca Annie traveled to Nootka Sound, where they met Luna and a number of people who appear in the movie. They will do a brief introduction, and after the movie, hold a Q & A session. Don’t miss this opportunity to learn more about Luna from Native whale conservationists who are quite familiar with his story. Donations for the Vashon Hydrophone Project and Wolftown will be collected, and Odin’s Killer Whale prints will be for sale. Read more in “The Dorsal Spin.”



Serena Cosgrove

Continued from Page 1

economic and political repression across Latin America, where many nations are built upon patriarchal systems of power. However, a recent confluence of political, economic, and historical factors has allowed for the emergence of civil society organizations (CSOs) that afford women a voice throughout the region.

Leadership from the Margins describes and analyzes the unique leadership styles and challenges facing the women leaders of CSOs in Argentina, Chile, and El Salvador. Based on ethnographic research, Serena Cosgrove’s analysis offers a nuanced account of the distinct struggles facing women, and how differences of class, political ideology, and ethnicity have informed their outlook and organizing strategies. Using a gendered lens, she reveals the power and potential of women’s leadership to impact the direction of local, regional, and global development agendas.

Serena Cosgrove is an assistant professor in the humanities at Seattle University. Previously she worked with the AVINA Foundation, building a knowledge management program for staff and partners throughout Latin America.

Comedy Competition

Continued from Page 1

This is a judged contest. Each contestant will perform for a unique group of judges for every show they do. Judges score each contestant in seven categories.

The Seattle International Comedy Competition shares the same basic format and structure as the San Francisco Comedy Competition – and both competitions share the same Executive Producer, Jon Fox.

A list of the comedians and their progress can be tracked on The Seattle International Comedy Competition website at [www.seattlecomedycompetition.com](http://www.seattlecomedycompetition.com). The website has information about other shows around the Puget sound. The Vashon theatre can be reached at 206-463-6845

Compost the Loop

The Loop’s soy-based ink  
is good for composting.

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**Next Edition  
of *The Loop*  
Comes out  
Wednesday,  
November 23**

Deadline for the next  
edition of *The Loop* is  
**Friday, November 18**

**Loopy Laffs**

### Moose Lake

© Copyright 2010 Steve Krueger

The White House Green Jobs Program has created a \$240,000 job called Pumpkin/Fungus-Lump Collector!

Every Halloween millions of pumpkins get carved into Jack-O-Lanterns and then rot and turn into Fungus-Lumps. The Pumpkin/Fungus-Lump Collector collects and disposes of them.

THEN WE WOULDN'T HAVE A #@!% GREEN JOB WOULD WE?!!

Why don't we just ask people to compost the pumpkins themselves??

V.I.P.S.

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### LOGJAM

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HAWLEY



Weekend Entertainment November 11-13

Avaaza

Avaaza, (Ah-Va-ZAH) derived from “Avaaz” the Persian word for “voice,” is the newest world music ensemble to emerge from the vibrant music scene on Vashon Island will have their much-anticipated debut at the Red Bicycle Bistro on November 11th at 9:00.

“Eleven, eleven, eleven (11/11/11) is a very special date,” said Azula, the lead vocalist for the group. “We are excited to celebrate this auspicious occasion by doing what we love... creating music. World music has, and continues to be a catalyst that brings people together and connects our cultures and global consciousness.



When we listen to live music and dance to it, we can connect with each other at a deep level bringing us closer together. We hope that many islanders celebrate with us and come to dance!”

This is an all-ages show ‘til 11pm, 21+ after that. Free cover!

Friday, November 11, 8:30:pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Chris Chandler & Paul Benoit at The Roasterie

For the past 20 years, Paul Benoit has performed and recorded his own music and collaborated with numerous songwriters. From 1996-98 Paul’s electric/acoustic roots rock band, Crosseyed, released two albums and toured successfully throughout the Western U.S. In 1997, Paul co-founded Hanuman, a 4-piece all-acoustic instrumental ensemble blending jazz, bluegrass, funk, country and rock & roll with African beats.

Few musicians can claim “on-the-roadisms” the way Chris Chandler can. He is a true veteran of the road, traveling across The United States of Generica for many years. His anthology of road tales transforms into a flock of doves beneath the musical high-wire act. He has worked with everyone from Allen Ginsberg to Ani DiFranco and Pete Seeger to Mojo Nixon. Utah Phillips says, “Chris Chandler is the best performance poet I have ever seen.”

Friday November 11, 7pm, At The Vashon Island Coffee Roasterie, 19529 Vashon Hwy SW

Rumor Has It



Feel the beat. Hear those licks.

Let the harmony carry you away. This Vashon band will lift your spirits while you kick up your heels and dance. This group of fabulous Island musicians came together last winter and they’ve cooked up a delicious stew they like to call “stringband rock.” See if you can stay off your feet.

All-ages ‘til 11pm, 21+ after that. Free cover!

Saturday, November 12, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Jeneen Terrana Earthy, Soulful Folk-Rock

Astoria’s own Jeneen Terrana has been making her presence known around the world— especially in the New York music scene—as a talented singer and songwriter with her new album, “See the Light”. Terrana was raised in Buffalo where she grew up watching her Sicilian grandfather perform operas after traditional Sunday dinners and drifting in and out of rock bands throughout high school. After graduating, she found her voice by experimenting with more classical music, which she studied throughout college. In 2002, Terrana released her first full-length album, “Just Me”, which was followed by her award-winning record “My Creation” after a long break



in 2007. “See the Light” was released on January 1 of this year.

Saturday, November 12, 7pm, At Cafe Luna, 9924 SW Bank RD  
www.cafelunavashon.com

Blumeadows

An Evening of Reggae and Blues. The music of BluMeadows has been described as a mix of various styles, Afro-Cuban, funk, hip-hop, reggae, rock calypso and everything in between. BluMeadows says his music is best described as “consciousness” rock with a universal message.

Saturday, November 12, 8pm. At Sportsmans Inn, 17611 Vashon Hwy - 206-463-0940



Cascadia ‘10



Cascadia ‘10 is the echo of Afrobeat in the Pacific Northwest--a sound resonating from Nigeria to the Emerald City. They are a small army of 11 experienced musicians, bringing hypnoticly funky music to hips and feet where ever they go. They have opened for national acts, such as Garaj Mahal, and they will be recording a live radio broadcast for KEXP in May, which will be available for download this Summer.

C10’s music consists mostly of original pieces, but it inherits from the rich legacy of Fela Kuti, Tony Allen, Femi Kuti & Seun Kuti, and the wellspring of music from Nigeria and throughout western Africa. Their goal is to lift people up by playing tight in the groove, making a night with Cascadia ‘10 a party that is not to be missed, and one that will not easily be forgotten.

This is an all-ages show ‘til 11pm, 21+ after that. Free cover!

Friday, November 18, 9pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Weird Load



Weird Load was formed in the early ‘90’s as an offshoot road-ready version of Captain Dick and the Portholes.

Fronted by the guitar and vocals of Chris Craggs, the group became an instant favorite from Vashon to Southeast Alaska. Craggs is known for his wild versions of slightly obscure covers, as well as crafty originals.

Bassist Bret Harper is a founding member of Captain Dick, and has been playing since childhood. Many would say he is still in that same childhood.

Brett Bacchus on drums. Enough said.

Loren Sinner has been playing music on Vashon since the ‘70’s. Here you will find him on keyboards, guitar, and vocals.

The group is rounded out by the amazing John Hansen on trumpet and trombone. John lives in Anchorage, Alaska, and actually flies down for these gigs. True story.

Weird Load is great rock and roll you don’t hear every day. Come on out and join the fun! This is an all-ages show ‘til 11pm, 21+ after that. Free cover!

Saturday, November 19, 8pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

Lunavision Presents James Broughton Films

Peter Ray and Stephen Silha will be screening selected short films from the varied, ground breaking filmography of the late James Broughton, who finished his life nearby in Port Townsend. Stephen Silha will present some background and personal history on the life and work of this filmmaker and will show some sneak materials from his documentary in progress, Big Joy.

Saturday, November 19, 7pm, At Cafe Luna, 9924 SW Bank RD  
www.cafelunavashon.com





# Vashon Chamber Music Series features women musicians

By Janice Randall

A few tickets are still available for two November Chamber concerts, Friday and Saturday, Nov 18 and 19, 7:30 pm, at the Blue Heron.

*Islander and Series Co-Artistic Director Rowena Hammill, will play cello. Guest musicians include violinist Victoria Parker, Pianist Cristina Valdes and violist Heather Bentley. Composer Alex Shapiro will be hand to talk about her piece at Friday’s performance.*

The all-women ensemble will start with a violin/viola duo by Martinu, add cello to play Mozart’s divine Divertimento for string trio and finish by adding the piano for Schumann’s Eb piano quartet, known as one of the most beautiful slow movements ever written.

Parker performs with Seattle Symphony and Seattle Opera. Known for her diverse range of styles, she may be heard on many albums and film soundtracks. Her love for collaboration and interest in interdisciplinary arts helped launch Gossamer, Parker Duo and Helix Series. Parker holds degrees from Western Michigan University and



Pianist Cristina Valdes

Manhattan School of Music.

Valdes has performed in Lincoln Center, Carnegie Recital Hall, Nordstrom Hall and the Kennedy Center. Valdes toured with Bang on a Can “All Stars” and performed with Seattle Chamber Players, Mabou Mines Theater Company, Parsons Dance Company and others. Festival appearances include Singapore Arts Festival and Brisbane Arts Festival. She currently teaches piano at Cornish College of the Arts.

Bentley, current faculty member of Seattle’s Northwest School, holds advanced degrees in Viola and Chamber Music from San Francisco Conservatory of Music. A fellow and principal violist at Tanglewood Festival she was also Associate Principal of New York String Orchestra. Bentley has performed solo with Pacific Northwest Ballet Orchestra, Northwest Sinfonietta and San Francisco Conservatory Orchestra. Regional performances include Seattle Chamber Players and Olympic Music Festival.

Tickets are \$18/\$21, available at Blue Heron, Heron’s Nest,Vashon Bookshop and at brownpapertickets.com. Call 463.5131 to reserve by phone.



Violinist Victoria Parker

## The Vashon Island Chorale presents “Dona Nobis Pacem - Grant Us Peace”



The Vashon Island Chorale presents “Dona Nobis Pacem - Grant Us Peace” with concerts at Bethel Church on Saturday, Dec. 3, 7:30pm and Sunday, Dec. 4, 3:00pm. Under the direction of Gary D. Cannon, Artistic Director, the program features songs of the holiday season and Dona Nobis Pacem a masterwork by Ralph Vaughan Williams with soloists Jennifer Krikawa and Andrew Krikawa. The Signature Brass Quintet also will perform along with a full orchestra under the direction of Karin Choo.

Tickets \$12.50/ general, \$10 senior/student can be purchased at the Vashon Book Shop, the Blue Heron and [www.brownpapertickets.com](http://www.brownpapertickets.com).

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## Dave McGraw & Mandy Fer

Human chemistry is indeed a mercurial thing. And adding any artistic endeavor into that mysterious balance can, every so often, create some true magic. For Dave McGraw and Mandy Fer (pronounced fair), the delicate intertwining of music, life and that always-fine interpersonal equilibrium has borne fruit in the shape of a truly one of a kind artistic partnership.

With the release of the songwriters’ first official collaboration, Seed of a Pine, the duo’s striking ability to blend their lush folk and Americana-influenced styles is on full display. McGraw’s consoling, velvety baritone voice, reminiscent of Greg Brown, coupled with Fer’s soaring and subtly powerful vocal approach, likened to that of Patty Griffin, puts a spit-shine polish on the finely crafted body of songs they have generated together. The intricate weavings of their vocal harmonies are undeniably exceptional. McGraw’s hard-hitting tunes echo narratives of the culture and landscape of the American West, wherein he thoughtfully spins tales of everyday folks looking for a little something more in their earthly existence. Fer takes a more dreamy approach, evoking complex and ethereal imagery within her sultry and haunting melodies. Her potent electric lead guitar playing, in the vein of jazz-fusion guitarist John Scofield, bravely propels this duo through their uniquely heartfelt and spirited live performances, winning over audiences night after night.

McGraw and Fer have amassed an admirable résumé and an ever-expanding fan base during their time playing music together. Having toured the U.S. from coast to coast, performing in highly esteemed theaters to intimate listening rooms, the pair has honed their skills sharing stages with fellow troubadours including Willy



Porter, the Swell Season, Tony Furtado, Jeffrey Foucault and many others.

Seed of a Pine itself was recorded in Chicago during the summer of 2011 with renowned producer Zach Goheen and includes contributions from a litany of acclaimed musicians, including Wisconsin singer-songwriter Peter Mulvey, Po’Girl songstress Allison Russell, and Chicago’s JT Nero (of JT and the Clouds). This record is slated for official release in the winter of 2012. This is an all-ages show ‘til 11pm, 21+ after that. Free cover!

Friday, November 25, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

## Vashon Celtic Players and Knitters!

Here’s a Vashon institution that just happens to find its home at Cafe Luna every Third Sunday of the month. It’s the kind of music that you can enjoy with both ears, or just half an ear, while talking to a friend or quietly relaxing. So, grab a beer and have a great time with these fun-loving folks; at least a dozen of the 70 musicians show up to play most of the merry melodies (mostly Irish, jigs, reels, and polkas) from memory. Beginners are welcome; staying with the beat is the only requirement. Get a head start with the 250 tunes on their website, [home.comcast.net/~saustin98/lark/](http://home.comcast.net/~saustin98/lark/). ...and, also on Sunday from 4 -6 pm Sunday Knitting! If fabulous music wasn’t enough... knitters of all abilities are invited to drop in and bring their projects to the Cafe. Knit, schmooze, and learn from each other, while the Celtic Players work their understated and very merry music. What a fabulous combination!

Sunday, November 20, 4pm, At Cafe Luna, 9924 SW Bank RD  
[www.cafelunavashon.com](http://www.cafelunavashon.com)





# Granny's Attic

## \*\*\*Raffle!\*\*\*



### Star Wars R2-D2 Interactive Astromech Droid!!

Standing nearly 15-inches tall, this easy-to-control, hyper-functional droid walks, talks, and responds to your command. Resourceful and adventurous, R2 is ready, willing, and able to serve. He: navigates, patrols, and finds you on his own; guards and protects your room with his sentry room alarm; plays multiple interactive games; remembers and reacts to key *Star Wars* characters; and more. Mint condition, in original packaging with instructions. Highly collectable, valued at more than \$200.

Tickets \$1 each or 3 for \$2. Raffle ends Saturday, November 19 at 5:00 PM

**Coats and Jackets located at the upper building will be 50% off Thursday, November 10, and Saturday, November 12. Winter is coming!**

**Women's Jeans 50% off! Thursday, November 10, and Saturday, November 12.**

**Bring in this ad Saturday, November 12<sup>th</sup>, and receive an additional 10% off of any item you purchase! One discount per customer.**

Please remember Granny's will be closed Thanksgiving Day.

**Retail Hours:**  
Tues/Thurs/Sat 10-5

**Donations Hours:**  
7 days a Week!  
8-4pm

Granny's is located at Sunrise Ridge  
10030 SW 210th st, Vashon Island  
206-463-3161

[www.grannysattic.org](http://www.grannysattic.org)



## Charlie Needs A Home...

This little lab/pitbull mix is a sweet, sweet girl. She loves to play tug of war and will bring her toy and hand it to you to play. She is quiet, friendly and a joy to have around. If you need to sit down and rest, she will be right there to curl up next to you. Great with kids. If you would like to meet Lucy, contact Cindy, Vashon Island Pet Protectors, at 206-463-0941. There is a \$125 adoption fee.



**Go To [www.vipp.org](http://www.vipp.org) Click on Adopt**

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Vashon Library Events  
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Submit your Event on line at  
[www.vashoncalendar.org](http://www.vashoncalendar.org)



## Care Packages Sought for Fallen Soldier's Platoon

When Vashon's 1st Lt. Robert Bennedsen was killed in Afghanistan last month, he had only been in the country three weeks, but he had already come up with a plan of support for men and women under his command.

He told his family that while he enjoyed care packages from home, many in his platoon never received anything. He hoped the people of Vashon would change that.

Bennedsen's family and friends wish to fulfill Bennedsen's plan and ask that Islanders donate cash to the cause or give items the men and women there have requested. The list includes mechanic's gloves, green uniform socks, sunscreen, hand warmers, preserved foods, powdered Gatorade, cans of tuna, toothpaste, toothbrushes, razors, reading material, flip flops and hard candy, according to Lauren Chinn, who is helping to organize the effort.

Islanders can drop off both types of donations for Bennedsen's platoon at James Hair Design or Bank of America.

**Vashon's Yellow Pages on line.**  
Find it on  
**[www.VashonPages.com](http://www.VashonPages.com)**  
Kronos, Palouse Winery, Pandora's Box, Northwest Sport, Frame of Mind, Country Store, LS Cedar, Vashon Business Info  
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