Vol. 9, #13

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June 21, 2012

Caulk the Rock Returns!

WISEnergy's third annual Energy Expo is bigger and better than ever.

By Mary Bruno

Buildings really bug Deborah Reilly. "They account for 40 percent of our energy use," says Reilly, the coordinator of Caulk the Rock, WISEnergy's third annual Energy Fair. "Forty percent."

On Vashon, with its stock of handyman specials, the 40 percent energy use—or should we say waste?—figure is even higher. It doesn't have to be that way, says Reilly.

For the last four years, Reilly and WISEnergy have been urging Vashon's homeowners, renters and landlords to weatherize, and with some success. Residential energy use on the Island is down about seven percent. The annual Caulk the Rock energy fair is the tent revival meeting for this ongoing weatherization effort.

"We wanted to find a way to connect Islanders who have questions with experts who have answers," explains Reilly, who is a LEEDS-certified architect. "An Energy Fair seemed like a good way to do that. It's one-stop shopping for information and inspiration on how to save energy and money and, of course, the earth."

This year's Fair takes place on Saturday, June 30, from 10am to 3pm. It will feature more vendors, a new and bigger location (the Island Lumber parking lot), and a first-time partnership



with the Vashon Solar Home Tour folks. Caulk the Rock is the headquarters for this year's fourth annual, 10-stop tour of Island solar homes.

More than 40 area vendors will be on hand to demo their green products and expertise, including Vashon-grown businesses such as Artisan Electric, Healthier Air and Heating, Watershed, LLC, Potential Energy, No Tile left Behind and the Vashon Electric Vehicles Association. Fairgoers can learn all about energy audits; weatherization retrofits *Continued on Page 11*

By Terry Sullivan, Transition Vashon

Garden Tour is this weekend!

By Janice Randall



Share a summer afternoon with a friend, stroll through the fir forests, traverse winding garden paths and get free garden tips from experts. Tickets are available at many Island businesses and at VAA all weekend.

In addition to five bountiful gardens, hear live music, view art and shop Garden Market (with rare plant sale by Robinswood Nursery). Garden Tour music will include Con Brio Ensemble, a classical violin quartet at Todd and Mary Margaret Pearson's garden. Nonesuch, a Celtic trio comprised of Marilyn Kleyn, flute, Nicholas Anderson, bouzouki and Steve Austin, fiddle, will play at Bruce Fillinger and Barry Foster's garden. Harpist Leslie McMichael will perform at Sylvia Soholt's garden Saturday

afternoon. The Magpies (Steve Amsden, Jean Richstad, Dan Brown and Cliff Simpson) perform at Garden Market Saturday, noon to 1. And they become Geordie's Byre on Sunday with the addition of Jasper Forrester, Wally Bell, Rochelle Munger and Mindy Mandy-Little.

Thanks to seminar coordinator Melissa Schafer, this year's Tour experience will include more garden talks than ever. Speakers include Jan Nielsen and Jonathan Morse, Dave Hunter and Sara Van Fleet, Melissa Schafer and the Lavender Sisters, Leda Langley and Tom Conway, David Pfeiffer, Sylvia Soholt, Barry Foster and Whit Carhart. Each brings a wealth Continued on Page 15

Road to Resilience

Failure of Imagination

Climate change is so not interesting. First of all, nothing is supposed to happen until 40 years from now. Couldn't somebody come up with a fix sometime before then? And there are the people that don't even think it is happening or, if they do think it is happening: "hey, what's wrong with a little more heat?" As well, you won't catch any climate alarms coming from the media or any high public officials. Spread around some of that "Chicken Little" stuff and there goes the Dow Jones!

It's almost as if our species is being given a test to see if we have the foresight and imagination to continue on. An insidious feature of this predicament is that, although the severity of climate change won't be fully apparent until 2050, whether it is calamitous or workable depends on how much we lower our carbon output in the next 5-10 years. In other words, we need to cut back on our energy use by at least 50% in just a few years, and, right now, we're not cutting back at all; in fact, carbon in the atmosphere is still increasing.

I was listening to an online interview of Janet Larson of Lester Brown's much-respected Worldwatch Institute. After listing all the dire statistics, the commentator asked, "Do you think that we really have a chance of avoiding calamitous climate change?" The answer

was, "Yes, but it will require an effort similar to what we did for World War II." The operant word in that answer for most of us was "Yes." We don't need to hear any more about that "but" part. We don't need to hear that, in WWII, all heavy industry, including the auto industry, redirected ALL their resources to making tanks, bombers, and all the needs for the war effort. We don't need to hear that gasoline, as well as a host of other common items, was rationed, that all citizens were encouraged to grow victory gardens, or that practically all our people between 18 and 30 were enlisted directly or otherwise in the war effort. Can you imagine the entire world marshalling that kind of effort today in order to avoid climate change 40 years from now? Please do because that is what it is going to take.

One of the prime characteristics of Homo sapiens that supposedly distinguishes us from all other species is our ability to see ahead and adjust our behavior so as to avoid undesirable futures. We may not be able to account for the astounding lack of that quality in society at large, but as individuals we can certainly do our part to take steps in our own life and community.

Notice how many of us are the sole occupants in our 2000 lb. vehicles. Could we think before we drive? Would you be willing to accept rationing of your *Continued on Page 9*

Septic Deadline July 1

By Carl E. Sells

Beginning July 1, many Vashon residents will begin being fined \$25 per day for septic systems that may or may not be failing and polluting Puget Sound.

King County is 20 years behind the rest of the 12 counties surrounding Puget Sound in helping property owners repair or replace failing septic systems that are polluting the sound. Every other county has provided financial aid for property owners by utilizing funds available from federal, state and private sources. The EPA Sea Grant program used by 10 of the other 11 counties for septic system water pollution control provided more than \$4.5 million dollars this year. King County did not apply or their application did not qualify. More than \$21 million dollars have been available for cleanup of Puget Sound for more than 2 decades, but King County has never applied or did not qualify.

Financial aid to help property owners with failing septic systems is available through the following governmental sources:

Centennial Grant Program

www.ecy.wa.gov/programs/wq/ funding/FundingPrograms/Centennial/ Cent.html Clean Water Act Section 319 Grant

www.ecy.wa.gov/programs/wq/funding/FundingPrograms/Section319/Sec319Prgm.html

Clean Water State Revolving Fund Loan Program

www.ecy.wa.gov/programs/wq/funding/FundingPrograms/CWSRF/cwsrf.html

These funds must be accessed through competitive applications by the King County Environmental Health Department. Financial aid to help property owners with failing septic systems has been provided by some Puget Sound counties for twenty years while King County is currently threatening fines of \$25 per day for property owners who have not repaired

their septic systems by July 1, 2012.

Two hundred sixty three (263) Vashon-Maury Island property owners have been identified as owning waterfront property in Marine Recovery Areas (MRA) that tests of the water have indicated are polluted by failing or failed septic systems. All but thirty-six (36) of Continued on Page 11

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

Hi Everyone from Wolftown

Hi everyone from Wolftown Thank you my good neighbors for putting up with alot-o-chainsawing. As everyone probably now knows our federal permits required removal of trees that were falling on our perimeter and primary fencelines. Wolftown is a USDA permited facility and our federal inspectors come out every 6 months, this was a requirement.

The trees were made into planks or cut into firewood. The firewood was sold to pay for about half of the cost of hiring our crew. The rest is being donated to folks in need where firewood is there only source of heat. (Pete and I took money out of our small savings to pay the rest.) Most of the folks hired were from Tree Works Work Release program and they donated half their time! Thanks Guys!

The trees were the scattered ones on the 2 1/2 acres. The other 5 acres owned by the foundation was not touched.

We will be planting trees in a safe way to replace those cut.

Rehab is going strong and I want to thank all our volunteers for helping with Seal Sitting, baby bird raising, transport and general work. Also a big Thank you to Thriftway, and our host families.

Remember Wolftown folks, and thank you all!

T and Pete Yamamoto Wolftown!

Have a Story or Article Send it to:

Editor@vashonloop.com

Caregivers Support Group

The Caregivers Support Group at Vashon Community Care is experimenting with a change of time.

For the next few months, the group will meet at 1:30 in the afternoon, on its usual second Thursday of the month.

This group is geared toward family and friend caregivers, as opposed to professionals. Interested in attending? We'd love to meet you and hear your story. Please leave a message for Julea at 567-4421.

Water Dist. 19 Special Meeting

At last night's regular board meeting, the Commissioners of Water District 19 called for a special meeting to be held on Tuesday, June 26th, 2012 at 10:00 AM here at the district office. The purpose of the meeting is to continue discussion on the Master Resolution and other business as necessary.

Find *the Loop* on-line at www.vashonloop.com

Eden Reframed's First Annual Summer Solstice Event

Eden Reframed is the small ecological and community art project located down at the BARC (Burton Adventure Recreation Center formerly known as the Skate Park). The garden is hosting her first annual summer solstice event this Thursday evening from 6-8pm and we'd love for you to join us. Feel free to bring a musical instrument, home made or otherwise, stories about gardening, snakes, the solstice, the summer, seeds and a finger food to share. We will also be drawing snakes, seeds, bees and other inspirations on the STORY HIVE and the gates and benches, and we will be cleaning up the already rusting signage with steel wool and paint. Steel wool, seeds and seedlings are welcome.

Eden Reframed is located at 10500 SW 228th St and there's plenty of parking. W

We look forward to seeing you there! And if you can't make it that evening, this eco-art project is open all the time, and will be as nourishing as the community allows it to be. There are some herbs and flowers now and hopefully there will be some fruits, berries and veggies to glean in the coming months.

Volunteers to help caretake the beauty and abundance of the project are always welcome. Let me know if you have an hour or two per month to donate to the upkeep of the place.

Beverly Naidus bnaidus@uw.edu

Vashon Facebook Group

Not many people know that in addition to a moderated Yahoo email group by the name of VashonALL, there is also a virtually unmoderated Facebook group called VashonALL that was started by Constance Sebastian. Check it out!

www.facebook.com/groups/116865271779588/

The Vashon Loop

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Publisher: Steven Allen

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Raw Food Potluck/Social

Linda is offering her home for a monthly potluck on the easy-to-remember day of the 'Last Saturday of the Month'.

The next potluck on June 30 will be a 2-part event; First, a potluck and Second, a business meeting to share thoughts and propose direction for future potlucks. Your input is VALUABLE!

The potluck is from 5-6 pm only, with social/business time from 6-7'ish or so. That way, folks can come for either event or both! RSVP's are always appreciated. Carpooling is encouraged! For those of you attending the potluck at 5pm, please follow the guidelines below, in order to have a sufficient meal for all to share.

What to bring:

A prepared dish of raw, organic vegan ingredients (no animal products!).

Whole organic fruits, as well as salads are especially welcome!

Please provide a detailed list of the ingredients.

These events are about abundance! If eaten alone, one person's potluck offering should fill themselves and at least 2-3 additional people.

If it's your first time and you don't know what to bring, but are interested in coming, just bring an organic salad (greens or fruit) with dressing on the side.

Please bring your own plates and silverware.

A time for reflection & evaluation:

During the social/business time, around 6pm, Linda and Weslie Rodgers would like to have a dialog with you about what's working and what's not working about these potlucks. What would you like to see more of? Less? Should we have a cooked vegan or vegitarian potluck? Would you like educational events or speakers? Which topics? Your ideas are IMPORTANT! Please join the conversation and help shape the future of this monthly potluck. See you there!

Regarding the High School Year-Book

As a student who has been part of the Pirate Band for my entire High School career, as well as my participation during my three years of Middle School, I am deeply saddened by the exclusion of any sort of Band recognition in my Senior Year-Book.

While I know that this simply must have been a mistake, I am requesting that at the very least, the six graduating Band Members should receive an alternate Year-Book that includes photos of the Band during at least one of the various events we attended-Graduation, Football games, Basketball games, Homecoming games, ect, free of charge.

This does not seem unreasonable, seeing as my family, and many others as well, have spent well over sixteen hundred dollars each to support me and my classmates in our musical endeavors throughout the course of our High School careers, only to be unrecognized by the Year-Book in our graduating year.

I would truly like my and my classmates' memories of Vashon High School to be complete and positive in our future years of nostalgia.

Let me also point out that this year's mistake has not only happened this year, but in previous years before as well. I would very much like this not to happen again, thank you.

Sincerely, Kaitlyn Taylor Yelinek

4th of July Butterfly Count

Sat. July 7, 10:00am, meet at Park'n'Ride by Country Store

16th annual Butterfly Count. We'll also count dragonflies. No experience necessary. Garden watchers also needed. For more information contact Rayna Holtz, 206-463-3153.

C

Bible
7th Day is Holy (Saturday)

Feasts of Unleavened Bread, Shavuot, Tabernacles, Purim

Torah in Heart = New Covenant (Jeremiah 31.10-33 and Hebrews 8.8-12)

Christian Oral Tradition

1st Day is Holy (Sunday)

Feasts of Easter, Halloween, Christmas

Torah = Not for Today (Various theologies and doctrines of men)

Which do you believe: the Bible or Oral Tradition? torahinmyheart.com

Next Edition of *The Loop*Comes out Thursday, July 5

Deadline for the next edition of *The Loop* is

Friday, June 29



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The Vashon Loop, p. 4

Nudibranchs on Vashon

By Pam Wise

Nudibranchs (which is pronounced nudibranks) are the most amazing, complex and beautiful creatures of the sea.

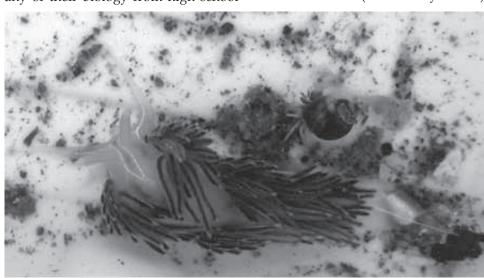
I thought that I would draw a cartoon for this article, since nudibranchs are really hard to describe...but I thought that might not be such a great idea since the Loop is printed in black and white and I didn't have a lot of confidence in being able to render a nudibranch without using color. Plus, there is just so much information to impart that I don't think I'd be able to convey all the amazing aspects of nudibranchs with illustration alone.

Color! That is what drew me to nudibranchs in the first place (well that and some of the crazy forms they take). It is as if they are constantly being lit by a black light...they are decorated in pigments that were only just invented in the 20th century. But I'm getting ahead of myself.

For those who don't remember any of their biology from high school

some appear to be slug-like, some are translucent with frills and others are more opaque and dense in appearance – sometimes appearing to be half a lemon sucked onto a rock in the sea.

There is a ton of diversity in these creatures - shape, color, size, habits and sex, and yet they share many common traits. Every part of their beings has a purpose. Remember the psychedelic colors that I was first drawn to? Their colors are a self-defense evolution. We are talking about shell-less creatures with no outwardly observable defenses, except that their color tells other (but not all) predators that they taste bad and shouldn't be eaten. Fish have been observed taking nudibranchs into their mouths and then spitting them out, duh, they taste bad! These creatures are pretty extroverted, crawling over and under rocks, sliding atop sand or like some, swimming along. They are confident in their unpalatable taste. Their coloration can also help them "blend" into the background, occasionally mimicking other creatures (such as hydroids).



and beyond, here are the basics: Nudibranchs belong to the family or Phylum Mollusca, the class Gastropoda, subclass of Opisthobranchia...it is the order of Nudibranchia of which there are 4 suborders including:

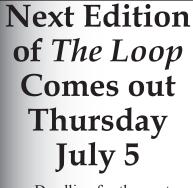
Doridina, Dendronotina, Arminina and Aeolidina....whew!

Okay take a breath...I don't like all the very difficult biological references but I must continue because it is essential to understand these animals. They are commonly called "Sea Slugs", but don't resemble any of the terrestrial prosobranchs that we have here, nor do they eat our gardens. Prosobranchia is a large taxonomic subclass of sea snails, land snails and freshwater snails. Nudibranchs are related to all those sea snails and clams that we think of when we hear the word mollusks, and like their cousins squid and octopus, they evolved "towards the reduction, internalization and complete loss of the shell". While

But color isn't their only self-defense strategy...they can also emit secretions of toxic chemicals like sulfuric acid (probably why they also taste so bad) or by firing stinging cells (nematocysts that they have stolen from other animals like anemones).

Feeding: Most nudibranchs possess a drill-like ribbon of teeth in their mouths called the radula which have been adapted to the animal's particular prey. Dorid nudibranchs, for instance, don't have very strong "jaws". They graze upon encrusting marine sponges and barnacles (that feed in turn on encrusting bryozoans, so I guess they taste like what they eat). The size, shape and number of teeth have been specifically evolved for that dinner. Aeolid and a few dendronotid nudibranchs feed on hydroids and stalked bryozoans and have narrow radulae and well developed jaws (maybe I should have made a cartoon). Now I should also emphasize Continued on Page 10





Deadline for the next edition of *The Loop* is **Friday, June 29**

Low Tide Celebration 2012 at Point Robinson Park

By Erin Durrett

What better way to spend the afternoon of the Forth of July than on the beach with family and friends? Come enjoy one of the summer's best low tides out at Point Robinson with the Vashon Beach Naturalists who will be there to teach folks of all ages about our shoreline neighbors. Before you go out on the beach check out the Festival area which will be set up by the lighthouse this year. As you come in you will learn some important things about how to take care of the animals and habitats that surround the point.

There are two very different habitat areas at Point Robinson, each with its own special plants and animals. To find the first one, as you come toward the lighthouse from the entrance to the park you will notice two large white poles by the sidewalk that are GPS navigation towers. If you go right between them onto the beach you will see the beautiful sandy tide pools that are protected by the sand spit on the north and extend for many yards south down the beach. As you walk down to the water you'll

see lots of little yellow, blue and pink signs stuck into the sand to draw your attention to animals and plants. These different colors are to show the different tidal zones that exist on the beach; yellow for the upper zone, blue for the mid-tidal zone and pink for the lower zone. Take a look at what's marked by these little signs and if you are not sure what you are looking at then find one of the naturalists in a yellow vest and they will have fun helping you figure it out. Please help children remember not to pick up animals they see but to reach into the water and touch gently with a wet finger. It is also very important that we humans should stay out of the tide pools and just sit on the edges and look to see what is happening in there. Again, if you're not sure ask a naturalist!

The second habitat area is to the north of the lighthouse. Starting from where all the booths are set up, you can walk down the grassy trail onto the north beach. Then turn left and walk a little down the beach to the rocky cobble stones and big areas of clay where there

Continued on Page 9



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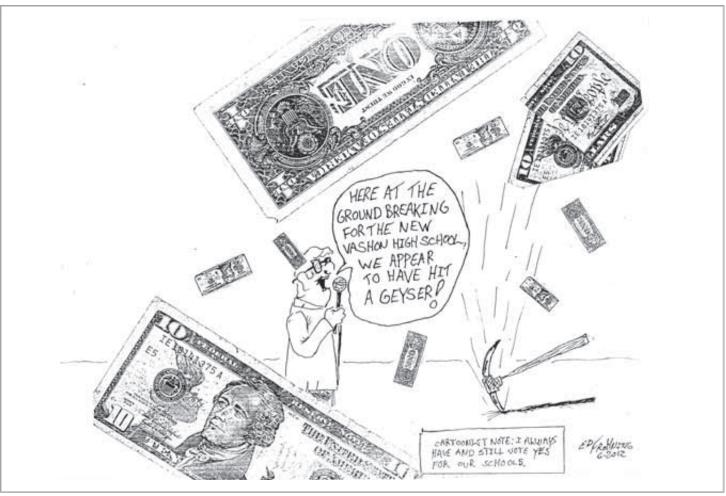
Find the Loop on-line at www.vashonloop.com

June 21, '12 The Vashon Loop, p. 5

Island Life Geranium

by Peter Ray

There. I said it. I've been sitting and staring at the screen- getting up and walking out into the garden-coming back in and sitting and staring at the screen. The only thing that keeps returning to the forefront of my attention is a geranium. It is a word that takes me two places at once. Primarily right here it references the seedling strain that is currently dotting my border with a range of foliage color in varying shades of all green, green infused with red or edged in an accent of burgundy. The parent plants were selected seedlings from a group grown under the name 'Victor Reiter'. All from this group were chosen for their burgundy leaf tones as they emerged from Winter hibernation. As it turned out, only one from this group actually maintains the form of the parent plant that may or may not have been an actual clone of the original. That is both the fun and the trouble with growing named plants from seed-you never really know what you are going to wind up with. For some of us, that isn't a problem.





The plant in the border that has strayed the least from the description of the original maintains its burgundy and moderately dissected foliage throughout the season, and the flowers tend more toward the violet than the blue-violet of the others. This plant also stays neat and low as a six to eight inch mound, where its siblings are now striving to be more like the rest of their supposed pratense parentage and speciedom, and are rising up in columns of burgundygreen stems and foliage to heights approaching two and a half feet. This always ends somewhat badly when the inevitable collapse comes, with plants spilling over on neighbors and causing inhibited growth and foliar melee with some silent ruckus thrown in as well among the tidier members of the border melange. When this happens, though, my favorite part is not long to follow- that being the throwing of the seeds. While the gentle bombardment of pop weed or the random snap of an exploding scotch broom seed casing on a hot mid-summer afternoon can cause varying degrees of consternation in the garden, I find that the mini catapaults built into each geranium are fascinating in their organic mechanics, and the randomness of their distribution offers garden surprises down the proverbial timeline and garden path.

One of the above-mentioned two places that geraniums take me is back to England and to some of the gardens where random seedlings are left in and about the paths, creating both garden interest and the need to be more focused and alert while exploring. While plants as

pathway interlopers are fun, they do not fare well in the freeway mentality found in larger gardens, or on garden tours where the viewing experience is dictated by the volume of viewers and the number of gardens and the time allotted to see them all. It is that accelerated motion demanded by a perceived lack of time which is associated with the other place that geraniums take me, and that is to my parents' house. Generally it was the shortness of the visit that necessitated a certain urgency. And it usually was to the local garden centers that my mother and I would go when I was back there in early Summer, and it was what I first learned of as geraniums, and now known to me as pelargoniums, that were the sought after plants that we scurried for in order to fill her color spot containers. When I went back last year, I went by myself to the local plant provider because, as my Dad said-"It's what your Mother would have wanted." As my sister reported back later in the Summer, my Mother would have also wanted my Dad, or someone, to water those plants, and that just didn't happen.

So here and now I choose to admire and cultivate my hardy geraniums, among other things. There are a few rogues making a brave stand in the gravel pathways, in spite of the dangerous dragging of the hose and the thundering rampage of the three black dogs. Even the recent incursions by the wily deer have found the geraniums, usually a deer delight, thankfully intact afterward, while the dwarf apples and the raspberry tips have fared a bit less well. And it was the other day, following

Vashon Chamber of Commerce names new Executive Director

Please join us in welcoming James Marsh, the new Executive Director of the Vashon Island Chamber of Commerce.

Jim brings a wealth of experience to Vashon businesses and the community. He has been a private business owner, the President of the Board of the Evanston Illinois Chamber of Commerce and was co-founder and organizer of the Evanston Grand Prix.

His experience as an entrepreneur, marketing/public relations professional, event coordinator and a community leader makes him uniquely qualified to take on the role of Executive Director. Practical hands on experience in the development of budgets, cultivating relationships and sponsorships, coordination with local government officials, recruiting local volunteers and

vendor management are just a sampling of his many talents.

Jim and his partner Heather and their two dogs (Trouble and Moo) have lived on the island for two years. While Jim is a relatively new islander he is passionate about Vashon Island, the well being of the community as a whole and the success of the Chamber of Commerce. Jim's official first day on the job will be July 18th.

Please join us in welcoming Jim at next week's General Membership Mixer Meeting.

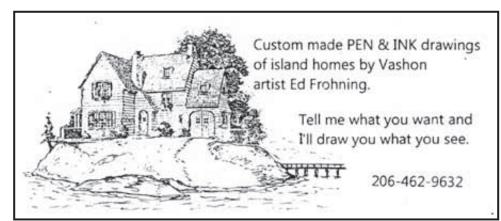
Thursday, June 21 6:30 PM to 8:00 PM Hosted by Bill and LeAnn Brown The Brown Agency 17205 Vashon Hwy SW



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a report from elsewhere on the Island that more bee colonies were continuing to collapse and disappear, that I noted the welcome presence of bees on the geranium flowers as I weeded around them. I do not believe it is just pesticides killing the bees, although I do believe we would be better off if pesticides and herbicides were made to go away in a unanimous, Island-wide boycott. It would be a start.

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Don't Be Afraid

by Mary Tuel

Here follows part of an email written by my friend Susan Bardwell some years ago. Susan passed away last November after a brief fight with lung cancer. We miss her terribly. I must have written to her complaining that some religious proselytizers had come by the house and she responded:

"I have a shocking confession. My mother joined a Kingdom Hall when I was young, and I was a Jehovah's Witness until I was about 10. When they come to our door I always tell them right away that I was once a Witness, and disagree entirely and will never join theirs or any other church. Then I invite them in for a cool drink."

(Susan lived south of Houston, Texas. Around here we would invite them in for a warm drink.)

She continued: "I feel sorry for them. Not because they believe and I don't. I may be wrong, the rest of you may be right. I've wished sometimes that I could believe, and be comforted in the belief. But I can't, any more than you could stop.

"I feel badly for them because they believe their truth is god's truth and that every person who is lost because they are not told of the truth is on their heads. They really believe that. That's what sends them out on the streets to be hated and berated.

"My grandma was a Seventh Day Adventist, and raised all her children that way. My mom left home young and set about finding a new religion. About the time I was born she discovered the Witnesses and stuck with them until I was 10 or so. That's when I threw what is commonly called a "wall-eyed shit fit" and said I wasn't going anymore.

"This all had to do with a young woman in the congregation that I liked particularly well. Her name was Nancy. Nancy was 19, and she got pregnant and she wasn't married. This would have been 1964, and it was a big deal.

The Witnesses have (or had, anyway) a particularly nasty way of dealing with unmarried pregnancy. The unfortunate young woman is ostracized from the congregation for a period of

years, continues to attend services, and undergoes some form of counseling. The rest of the congregation is not to speak to her or notice her, including her parents. I knew in my 10-year-old heart that any god who would want people including her own parents to treat someone as nice as Nancy that way was a jackhole, and I told Mama so.

"Mama never made me go to the Hall again. One day about a year after I quit, Mama came home with Nancy and baby in tow, and we all sat in the living room and laughed and played with the baby and drank tea. And Mama never went back again after that.

"She never stopped looking for religions, but she never took one up again. I don't think it ever occurred to her that you could be a good person without a religion. I wish she had lived now, when some people can learn that you're a non-believer without immediately thinking you must be an uncaring, evil person.

"I was with Mama when she died. She was unconscious, but she squeezed my hand when I said, "Mama, I'm here," and then she opened her eyes for just a second. I thought she looked terrified, and immediately thought of religion, or the lack of it, as the culprit, and tried to find anything comforting to say. All I could think of was to touch her face the way she had when I was little - her hands were always cool and felt so good - and I said, "Don't be afraid."

"Years and years later, I got to meet the Dalai Lama. I used my status as a reporter to cadge a spot in the reception committee. He came down the line so politely, beaming and bowing to everyone. He made eye contact with everyone, but he didn't speak except to thank some of the people or greet the ones he knew. I was way far down the line, watching every move he made like a hawk, and I got scared as he made his way toward me, because he looked like he might know things about all of us. I can't explain this. By the time he was nearly to me I had the damnedest urge to bolt away before he could look at me. I didn't, of course, and when he got to me he bowed and beamed and looked into my face and I thought first he was standing there longer than he had with anyone else, then I thought, it just seems that way because I'm anxious, and then he reached out and touched my cheek and said, "Don't be afraid."

"Probably not a mystical experience. 'Don't be afraid' is such a common thing to say to someone, and touching someone's face isn't that odd, especially since I probably looked as if I was about to pee my pants. Not even that odd that him doing it should have reminded me of doing it for Mama. But at that moment, and possibly still, I would have followed him through fire.

"Sending you peace from unwanted visitors (have you thought of a "bad dog" sign? have you thought of a bad dog?) and love, Susan"

Please address comments regarding this article to me at shipoftuels@hotmail.com. Thanks.



June 18 VMICC Meeting notes

Snarled traffic at the Fauntleroy ferry dock, higher property taxes, arsenic-contaminated soil removal and rumble strips on the Vashon highway were addressed at the Monday night Vashon-Maury Island Community Council meeting.

The impact of the Barton Pump Station Upgrade at the ferry dock was presented by Kristine Cramer of the King County Waste Water Treatment Division. She said that work will be between 7 a.m. and 6 p.m. Monday through Thursday, during which time state police will be directing traffic. Preparations will begin in July and is already impacting traffic. The actual construction will begin in January. The Southworth lane will be closed, which will effect all the traffic waiting for the ferry. For more information call Kristine at 206-263-3184 or email at kristine. cramer@kingcounty.gov.

Tax assessor Lloyd Hara discussed the property tax assessment process and provided information on the relationship of tax levies and property values to individuals' taxes and the changes from year to year. He explained how the value of a person's home can go down, but the taxes can go up. He also explained how to challenge taxes that appear to be incorrect. His website is www. kingcounty.gov/assessor. His telephone number is 206-296-7300.

Three representatives of the Washington Department of Ecology presented information on the progress of the Asarco Remendiation. Testing on Vashon may start on the island this summer for improving the mapping of contaminated areas for setting priorities in remediation scheduling. Volunteers are needed for various tasks during the process including focus groups to get residents' feedback on the process. For more information, contact Amy Hargrove at ahar461@ECY.WA.Gov or call 360-407-6262.

The motion to ask King County to stop putting rumble strips on the highway and to remove those already put down was presented by Steve Able and the Vashon Bicyclists will be voted on at the next VMICC meeting, July 16.

Bob Dixon presented a motio to make Vashon Island a pesticide free zone. A quorum of 25 is needed to vote on these motions. If you care about these issues, please attend.

The motion to ask King County to fund septic inspections and repair was passed unanimously.

The July 16 meeting will be informative and entertaining as a panel of businesses on the island will talk about starting a business and the ins-and-outs of being an entrepreneur and running your own company. All islanders are invited to attend the 7 p.m. meeting.

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Harbor School Recognizes Cornerstone Value Recipients for 2012



Each year, Harbor School students award commendations to six of their peers, each of whom represent a particular Cornerstone Value so strongly as to be an example for all of us. The Cornerstone Values are a set of principles that provide guidance and lessons to all Harbor School students through their academic achievements and peer relationships. This year's recipients are (as pictured left to right above):

Björn Lynge (6th grade) – Respect David Nguyen (7th grade) – Responsibility Lhamu Konrad (8th grade) – Personal Best Julian Davis-White (6th grade) –

Compassion
Mira Jewell-Peterson (7th grade) –
Integrity
Oakley Reid (7th grade) –

Oakley Reid (7th grade) – Accountability

For further details on the individual Cornerstone Values, please visit: www.harborschool.org/program/cornerstone-values

June 21, '12 The Vashon Loop, p. 7



Planef Waxes

by Eric Francis http://www.PlanetWaves.net



Aries (March 20-April 19)

When you have something to say, get to the point. I suggest you edit yourself, rather than censor yourself. Editing means refinement to increase the impact of your ideas. If you're going to run free at the mouth or the pen, do it privately, till you figure out what you're trying to say, and then say only that. Speaking of writing, a magnificent and somewhat mysterious New Moon early next week is an invitation to embark on a new project, perhaps even a challenging one. The message coming in from every quadrant is saying: ground and focus. When you write, that's what you do with your mind, which comes out in the form of ideas. These days, you have lots of them, and they are likely to be a lot more useful than you think. Note, sending text messages doesn't count. You don't need to sit at a manual typewriter by lamplight, though I suggest at least you work in an actual document or series of blog posts.

Taurus (April 19-May 20)

An unstoppable, primal force deep in your psyche is having its way with a concept of relationship that you think of as an immovable object. For example, perhaps your concept of being married or in a committed partnership is getting a taste of the rest of your sex drive. This in turn is 'threatening' to crack open the relationship concept, which in turn is shaking up your whole identity structure. Though this seems to involve a kind of battle between sex and repression, in fact the energy source is deeper than sex and the structure is deeper than your concept of relationship. But these make viable metaphors and you will learn a lot working on that level. Remember that both of these forces are in your mind and/or emotions, and the whole matter is coming up for healing first and recreation second. This is about something you're working out -- so keep your focus of change directed inward.

Gemini (May 20-June 21)

Some of the year □s most significant astrological events take place in your birth sign, the latest of which is Jupiter arriving earlier in the week. The Roman incarnation of the chief Olympian god, Jupiter is a complex influence, but I can say a few things. One is that this will provoke you to be more creative, to go deeper and to reach further with your mind than you have in a long time. You need to expand your sense of who you are, and Jupiter is here to help you with that. By that I mean this is the year you realize you are more encompassing, with more influence, and in some ways the center of your community. At the same time Jupiter will seem to magnify some of your issues, which you can count as a helpful influence because you need to see them in order to set yourself free from them. Remember that, because every other force in the cosmos seems to be offering you something similar.

Cancer (June 21-July 22)

You may be familiar with that edgy region of consciousness right between the dream state and ordinary awareness. You're working that edge these days, as the Sun makes its way toward your sign, preceded early next week by a truly interesting New Moon in late Gemini. You are in fact between phases of your life, though the more exciting thing is how a crack between the worlds is opening up and inviting you to peer inside yourself. The message that's coming through right now is that you're

connected to everything, and at the same time, you have your own unique role to play in the world. You're likely to get some specific information about this over the next few days. Don't worry if it doesn't seem to be a 'large' role -- you are in possession of specific information that will be useful to others. Bide your time and take careful notes: you are approaching a real discovery.

Leo (July 22-Aug. 23)

A combination of factors is suggesting it's possible to increase your income while cutting your expenses. Part of doing this well is about seeing opportunities for what they are, and over the next few weeks some new ones will be coming into your life. Rather than assume that something is or isn't a real offer, give it time and see what develops. Second, you are learning to be shrewd about your cash flow, and to do this I suggest you spend money on what actually gets results. That's to say, if you focus on what actually benefits you, providing you with something vital, you will notice how much you spend on what does not benefit you. That's the place to trim back. To do this may require more thought than you've given to ideas like 'benefit' and 'provides something vital', which generally does not include anything fashionable or for that matter, anything anyone else can even see. Note, dependable information is crucial now.

Virgo (Aug. 23-Sep. 22)

You may have a tendency over the next week or so to say some unusually revealing things in public. My read on this is to go with the flow, even to the point of what you would clearly define as being excessively emotional, sentimental or even getting into topics that you would consider embarrassing. Your primary goal is authenticity, and with that in mind, it's better to err on the side of being real and then address any consequences later. This is really about stretching the boundary between who you are and who you present to the world -- and to do that, you have to figure out where the edge is. If you start to have those experiences where you regret what you said because you think it was too honest or weird, you're heading in the right direction. Your own reaction will be many times stronger than that of anyone else. The boundary, by the way, is the result of your fear of what your mother would think. Clearly it's time to stop worrying about that, though it's often necessary to break the rules first.

Libra (*Sep.* 22-Oct. 23)

Putting up resistance to what seems like a chaotic relationship influence is not going to work. What will work is doing your best to stay in balance, which calls for flexibility and seeing your options. Resistance, that is, fighting something or tightening your grip, will have the opposite effect -- that of knocking you off kilter. I am not suggesting that you condone anyone's inconsiderate conduct, rather that you do something other than fight it, and you have options. With Venus, your primary planet, still moving in retrograde motion, it may take you a few more weeks to see what those choices are. One of them is to notice what it is about someone that you find challenging and then work out those same attributes in yourself. The thing that may be most irritating is when someone insists they don't know who they are. Beneath any certainty you may feel about who you are, there are some questions that if asked sincerely will have rich rewards.

Scorpio (Oct. 23-Nov. 22)

We're now just weeks away from the Uranus-Pluto square -- the 2012 aspect. As I've written, this is part of the cycle that set the theme of the 1960s (from approximately '62 to '74), and if you were born then, this is a special time in your life. One difference between then and now is that astrologically speaking, a lot more people know what's happening. Another difference is that what to do is a heck of a lot less obvious today. We can no longer depend on a simplistic analysis of global problems or think that sticking daisies in the barrels of rifles is going to end the wars. You have a cosmic assignment: changing your mind about many things you've taken for granted nearly all of your life. Your old modes of thought no longer serve you, and the pressure has been mounting to make some long-overdue decisions about the course of your life. You may have a grandparent who was a better example than your parents or other authority figures. You, however, have more (and better) options than he or she did.

Sagittarius (Nov. 22-Dec. 22)

It may seem like the emphasis of your life is shifting to your relationships, though the fact that's overlooked is that your relationships begin with you. You bring how you feel about yourself into every encounter with someone else. We tend to make these experiences about how we feel about the other, yet your feelings about who you are, and how you relate to yourself and your presence in the world, is the one thing that moderates every encounter you have. No matter what may be happening within your partnerships, I suggest you keep the focus on your own growth and happiness, recognizing that without that factor, you have nothing. It's also time to cease the habit of building your identity on another person. This is unfamiliar and indeed terrifying for many people -- the prospect of being who you actually are, with everyone.

Capricorn (Dec. 22-Jan. 20)

It's time to integrate your approach to health and wellness. There are basically two ways into the matrix -- conventional and holistic. For example, a conventional approach to weight loss would be cutting calories; holistic would be looking at everything you eat and developing a nutritional plan. You may be someone who tends to go from one end of the spectrum to the other without much time spent along the spectrum. Integrating the best of conventional and holistic approaches is especially important where treatment of any chronic illness is concerned, even if the conventional side of the equation is input from a doctor that you trust. There is a time and place for painkillers or antihistamines, but that place is limited; plus, there's a 'natural' alternative to every drug, and I suggest you find the ones you need. Yet an approach that fosters prevention and bringing your system into balance is helpful because you're more involved in the process, and you have to learn the issue from many sides in order to get results.

Aquarius (Jan. 20-Feb. 19)

You may feel like your mind is in a state of chaos, and like you have to impose some authority over yourself

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to bring your thoughts under control. I suggest you consider whether it's the imposition of control that's creating the chaos, especially if it's coming in the guise of a spiritual path. What you may need to do is purge your mind of old beliefs and teachings, whether you consider them religious, spiritual, mystical or the product of past selfimprovement campaigns. No matter how much you want to be a better person, you're still a person, and that's always going to be a bit chaotic -- unless of course you snuff out your creativity, your sex drive and your curiosity. Now, it may be that someone outside you is on an authority trip of some kind -- all the better reason to focus your energy on your passion and vitality rather than using a tourniquet on yourself.

Pisces (Feb. 19-March 20)

Jupiter, the planet associated with your sign since long before Jesus gave the Sermon on the Mount, is now in Gemini. Two of its first agenda items are: make a square to Neptune in your sign, and another square to Chiron in your sign. The first aspect is about your relationship to your ideals and your idealism. I suggest that you keep your plans modest and practical, for now, but no less visionary. The second aspect will stir up the social crusader in you. Jupiter-Chiron aspects tend to evoke passion, though the specific theme is about applying focused, concentrated wisdom to the affairs of the world. 'The' world includes your home and your personal world. I suggest you use focus and discernment, set your agenda carefully, and remember the wisdom piece, which you could say is using what you know. Your job is not to inform everyone or change everything. Rather, focus on your most meaningful (and relatively few) agenda items very well, over time. Pace yourself -- you're in for the long haul.

Read Eric Francis daily at www.PlanetWaves.net.

Next Edition of The Loop **Comes out** Thursday, July 5

Deadline for the next edition of *The Loop* is

Friday, June 29

Find us on Skype Vashon Loop 206-925-3837

The Vashon Loop, p. 8

Island Epicure

By Marj Watkins One Hot Dish

A quick curry supplies fuel for summer activities without heating up the kitchen and the cook while preparing it. The theory in Thailand and in the warmest provinces in China is that a spicy dish that makes you sweat has the net effect of helping you stay reasonably

cool. If that doesn't work, follow

it with chilled watermelon.

for a Hot Day

Here's one from my little cookbook, Shereluck Ohlmes & the Case of the Curried Cookbook. It is a humorous book you'll enjoy for the reading of it, and the recipes are great. You can get it at Vashon Bookshop, or from me, or online from Twice Sold Tales,

Hurried Curry

4 Servings

½ cup milk

1 can (10 ½ ounce) Campbell's Cream of Mushroom Soup

2 Tablespoons curry powder 2 cups diced cooked meat: chicken, ham, or lamb and/or quartered hard-boiled eggs or

butter-fried mushrooms
½ cup thinly sliced green

 $\frac{1}{2}$ cup minced parsley, optional

If you put all these except the green onions and prsley together and warm them and they still don't look like enough for your particular four appetites, serve it over steamed brown rice, croutons, or diced toast. Garnish with the green stuff

We like a homemade chutney with any curry. Whipped up in a few minutes, it will keep in your refrigerator or freezer almost indefinitely, preserved by the cloves and cinnamon in it, so make enough for more than one curry meal.

Apple-Cranberry Chutney

Makes about 3 cups

4 large apples, peeled and diced

1 lemon, seeded and sliced ½ cup dried cranberries

½ cup dried cranberries
1 inch ginger root, minced

6 to 10 whole cloves or 1/3 teaspoon ground cloves

1 Tablespoon broken up cinnamon bark

½ teaspoon salt ¼ cup cider vinegar

Cook covered on low heat 15 to 20 minutes. Apples should be tender but still retain some shape. Stir in: Up to ½ cup raw honey (to taste)

Ladle into sterilized container/s. To store, leave 1 inch at top. Store in refrigerator one up to one month or freeze.

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Plum or Nectarine Chutney

Makes 1 ½ cups Stir-fry 10 minutes:

1 ½ Tablespoons Ghee* or

½ medium onion, chopped or sliced

1 green chili peppers, seeded and minced

Add:

8 plums or nectarines cut from seeds

2 Tablespoons dark brown

2 Tablespoons white sugar or Splenda®

Stir-cook until plum are tender and paler, about 10 minutes. Cover. Simmer very slowly stirring occasionally until the chutney thickens. Ladle into a sterilized container. Cover and refrigerate.

Yogurt on the side cools the mouth after bites of spicy curry.

*Ghee: Clarified butter. Cook butter gently until the milk in it separates from the oily part. Pour the oily part into a small jar, leaving the white solids in the pan. Cover the jar. Ghee need not be refrigerated.

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Fireworks Safety on Vashon

by Gabriel Felix of Vashon Fireworks Co and Assistant Chief George Brown of VIFR.

Fireworks season is upon us once again. The community of Vashon did a great job in the last two years keeping safe during fireworks season with no fireworks related incidents. For the last seven years Vashon's fireworks related incident rate has been very low which is common where fireworks are thoughtfully regulated. Communities which have banned fireworks often have much higher catastrophic fire and injury rates due to the use of dangerous, illegal products

To help people be safe this year, Vashon Island Fire and Rescue and Vashon Fireworks Company will be holding fireworks safety classes at Sound Food. The classes are short, and are open to all audiences. Classes will be held on Saturday June 30th at 3:00pm, Tuesday July 3rd at 1:00pm and Wednesday July 4th, at 10:30am.

Please be thoughtful about where you discharge fireworks, and try to keep them away from animals. As an alternative, quiet fireworks that have all the beauty, but very little noise are available on Vashon. If you are lighting fireworks in a grassy area, it is a good idea to water the grass a couple of hours before lighting things.

This last year, one of the main causes of fireworks related injuries in Washington state was from people holding devices when lighting them. Consult the directions of each device you use, and unless it says specifically that it is a handheld item, don't hold it when lighting.

Watch out for illegal fireworks that are commonly sold by unlicensed stands. Most serious fireworks injuries are caused by illegal fireworks which include: firecrackers, rockets and 1.3g (professional display) fireworks. If the stand you buy from is licensed by WSDOT you can be sure that you are getting legal products.

Be safe, and have a happy, beautiful 4th of July!

The Road To Resilience

Continued from Page 1

gasoline? Is your home as efficient as it can be? You can get a free energy audit to find out what can be improved. Call Michael Laurie at 567 5492. Would you accept rationing of your power if it meant that we could shut down a major coal power plant? How far does your food travel? Would you be willing to adjust your diet to feature local foods in season? Would you be willing to amplify that local food supply by growing some of it yourself? These challenges are not really that difficult if you consider that the lives of your grandchildren are at stake. It's just so far away and hard to take seriously.

What we have now is a failure to act because we can't imagine that things could ever be different. And why should we? The story we live by is the one of eternal progress: better gadgets, more stuff, more conveniences. You may feel that, if you bet against that story, you could end up looking as foolish as those people who gave away all their belongings in expectation of the end of

You can frame it differently if that would help. Being more efficient is good in itself; it saves you money and stretches the resource. You may or may not believe that we are running low on fossil fuels, but you are likely to see them as finite. Maybe we have had our share and we should leave the rest for posterity. Perhaps, like me, you may think that a simpler, low energy lifestyle is just a better way to live.

Rather than upset the precious economic apple cart, our society would rather run it off the cliff with the hope that it would somehow sprout wings

> Find the Loop on-line at www.vashonloop.com

before it got there. We can do much better than that.

There couldn't be a better time for an Energy Fair. Vashon Wisenergy is bringing it to you this June 30, Saturday, 10-3pm at The Island Lumber parking lot. Come see the state of the art in energy conservation and efficiency. Find out what you can do to lower your carbon footprint and save money at the same time. Stop by the Transition Vashon booth, chat with us, and peruse our library. Looking forward to it.

Correction: In my GMO article last week, among the things I suggest you do, I failed to mention the most important, which is to eat Vashon produce! You can't get any safer than that.

Comments: terry@vashonloop.com



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Helping Our Community Theater

Our Island Theater has been a community mainstay since 1947. The unique Art Deco structure with the signature murals by long gone islander, Jack Tabor, is in danger of closing. The movie industry is switching to a digital only format by the end of the year, and owner Eileen Wolcott is faced with the need to purchase a digital screening system. The system costs around \$60,000. She will not be able to afford to make that investment on her own, and, if it is not made, she may have to close the theater.

Despite its private ownership, the theater is truly a community resource. You may remember some 20-30 years ago the theater faced a similar fate. Then, as now, the theater was a marginal business, more of a labor of love. The owner at that time was throwing in the towel and there were no takers. In contemplating the possiblility that the theater might be torn down, I realized that it was a relic from another era and we would never again have such a facility. New owners came in and saved the day. The Wolcotts, who bought the theater in 2003, have been very generous in providing the theater as a venue for numerous fundraisers and community events. Perhaps it is now time for us to give back.

Tag Gornall, of Island GreenTech, has asked me to put out an appeal to all our Island organizations to help the theater get the equipment it needs

to continue serving our community. Island GreenTech has offered to work with Eileen to raise \$100,000 to buy and install the needed equipment and put the theater on a solid footing for the future. The equipment would be owned by the Vashon community through the non profit, Island GreenTech, and leased to the current owners. The suppliers of the equipment need half the cost, \$30,000, up front in order to be placed on the waiting list. Since there is a high demand for this equipment due to the coming deadline, we will need to get that \$30,000 in four weeks time in order to get the equipment before the end of the year. Time is short, so please make an appeal to your members to give generously and soon. It really isn't that much money if we all do our part!

Donations can be dropped off at the Theater, the Credit Union, or mailed to Island GreenTech, PO box 1847, Vashon, 98070. Please include your name and address so they can send you a tax exemption certificate, and they need to know if you wish to remain anonymous. Inquiries about the proposal can be made to Tag Gornall at tag3dvm@me.com.

Thanks so much for your help on this!

Regards, Terry Sullivan

Low Tide Celebration

Continued from Page 4

is lots of seaweed. This is a very different habitat than the sandy tide pools to the east and here you will see some very different kinds of animals and plants. Again, look for the little signs and tread very gently! You may not see much at first but if you go to where there is a little water still under the rocks and start turning them over you will see that there are hundreds of tiny snails, crabs, worms and other animals living under all those rocks! Please help children put each rock back face down where they find it so all those critters living under and on it are still protected.

Here are a few more tips: Never turn over a rock bigger than your own head. Heavy rocks can crush little animals living under them and children's hands.

Never take animals, plants, shells or wood from their places on the beach. Every little bit of habitat is important to the animals that live within that web.

Keep your eyes open and have fun! Who knows? You might just find something no one has ever seen before!

The festivities will be centered on historic Point Robinson lighthouse with tours of the light, yummy food, booths with information of interest and the landing of the Blue Heron Canoe on the point right around noon.

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June 21, '12

Positively Speaking

Father's Day

By Deborah H. Anderson

Father's Day. Whew! As I think I've shared before, in our family my youngest dubbed it Moofa Day about ten years ago . It stands for Mothers Who Are Fathers Day. True to form, my beloved daughter sends me Moofa greetings every year.

It's not easy being a single Mom raising a son with an absent Dad. Me and Denzel did a pretty good job. I found that any Denzel Washington movie could spark the conversation I need to prompt about his feelings and insecurities and dreams and passions in a heartbeat. My son Isaac is an amazing person with a heart of gold who has endured much and risen victoriously above it all. He's a Father now and that crowns his passions in life. Before he was even married he would tell me about his rapport with children and before we moved to the Island, he was a much revered babysitter of boys. A rare commodity in an untrusting world.

My own dad was a sweetheart of a guy. I was the apple of his eye. It's the reason I have resiliency and cheer and faith and courage. But I actually didn't know how much my dad loved me until I was leaving for a year in Europe a month after I turned seventeen. Standing next to the purser's office on the SS France, I could see his shadow in the archway of the gangplank staging area. Suddenly he switched from leaving me there to rushing to my side and giving me the biggest hug he ever gave me. There is nothing that can change your life's direction and information as much as finding out how much you are loved by

Seeing Isaac with his son that first year was an amazing miracle. I rested in the comfort and joy of every moment. You never know how your kids are going to do after a crisis until you see their choices and behavior. He was a natural parent.

He told me once I raised him to be 'a sissy' = his words not mine= because I made him talk about his feelings all the time. Perhaps an overstatement. I made him talk about his feelings when his y chromosome and testosterone gave him that 30,000 watt jolt every parent of a boy between the ages of 11 and 19 knows about. In the middle of his teen years when he became the go to guy for his gal pals who needed to talk over their boy troubles, he didn't mind so much.

Ah... y chromosomes



and testosterone. It's a false patriarchy we have in the world. DNA and chemistry have bullied over a fact that doesn't get a lot of press. Men don't rule the world because they think they're hot stuff. Men rule the world because inside they are most of the time feeling pretty insecure and threatened everyone is going to find out.

That's the truth we don't tell. Pick a despot, or maybe a tyrant, gigolo, corporate hound,whatever, and inside is a guy who feels like crap. It's all bluster. It's all fear; fear of life, fear of being found out, fear of death. They're in charge because they're overcompensating. Build yourself up by tearing someone else down. Tried and true practice in over half the world's population = and some alpha females.

So how, 'suddenly', did we end up with a generation of thirty something guys who kinda like modifying their work schedule to be with the kids more, can cry when they need to, and a greater intolerance to the world of greed and corruption? Well, now, how old are those guys' mothers and what was happening thirty something years ago? Remember that women's lib movement everybody thought was going to ruin the world that sent women out with floppy bows and power suits and sent the kids to daycare?

Those women apparently raised boys and girls who have softer hearts and at least a modicum of vision for a softer gentler world. I meet Dads everyday who really like being Dads as a full contact sport.

Hmmm... so that's one thought.

Here's another. If we want more peace in the world we have to tell boys 'you ARE special'. The people who started those soccer trophies for all the kids on the team were women who were married to men who were frozen inside. They wanted every kid to know they ARE special. The knew th ekey to freedom and peace was men who were present and mindful = to use the current term= and liked themselves. Contrary to what that very popular Youtube commencement speaker said, we can change the world by getting the message through that each person has value and is a unique unrepeatable miracle, as one of my mentors use to frequently say. The only

How a Humpback Whale's Experience Can Help Us Seniors A female hump back whale he is capable of being. When the can verbally express

had become entangled in a spider web of crab traps and lines. She was weighted down by hundreds of pounds of traps that caused her to struggle to stay afloat. She also had hundreds of yards of line rope wrapped around her body, her tail, her torso and a line tugging in her mouth. A fisherman spotted her just east of the Faralon Islands (outside the Golden Gate) and radioed for help. Within a few hours, the rescue team arrived and determined that she was so bad off, the only way to save her was to dive in and untangle her - a very dangerous proposition. One slap of the tail could kill a rescuer. They worked for hours with curved knives and eventually freed her. When she was free, the divers say she swam in what seemed like joyous circles. She then came back to each and every diver, one at a time, nudged them, and pushed gently, thanking them. Some said it was the most incredibly beautiful experience of their lives. The guy who cut the rope out of her mouth, says her eye was following him the whole time, and he will never be the same.

We seniors can be very limited on what we can do, just like the female humpback whale in this story. How can this story help us seniors to contribute to our community, our country and this world from applying the lessons provided us by this humpback whale?

The whale respectfully watched all of the movements of the diver that cut the rope out of her mouth and the diver said that the experience was so positive that he will never be the same. What does that mean? It means that the diver was more encouraged to help others and to be the person that

problem with telling kids they are special is that we don't, as adults, tell each other that enough. It doesn't matter what any of my four kids have done, I will till my last breath, tell them they are fantastically talented and a gift to the world.

Most blustery people are enormously insecure and have no idea they are anything other than a blight on society. True

There are two big tasks adults must learn in life. One is to give a sincere compliment based on accurate observation. The other is to learn to receive a compliment. Inh order to do that you have to know you are special and so is everyone else. Special leads to the aspiration to be excellent

Peace is special. So are you. Work for peace today. Tell someone they are special and work with them towards excellence.

Love, Deborah



he is capable of being. When the whale was free of all the lines, she swam in joyous circles and then returned and nudged each of them, gently, to show her gratitude. Some of the divers said that it was the most incredibly beautiful experience of their lives. We seniors can provide our helpers a wonderful experience and have the joy of giving to others. The whale could only watch and nudge them to show her gratitude. We seniors

can verbally express our gratitude, shake their hand or hug them, show our gratitude with a song or a gift and smile from ear to ear to show our happiness.

May you, and all those you love, be so fortunate... To be surrounded by people who will help you get untangled from the things that are binding you and may you always know the joy of giving and receiving gratitude.

Olde John Croan





Nudibranchs on Vashon

Continued from Page 4

the fact that each species can have their own variations of radula and jaws depending on who they are and where they live: diversity, diversity, DIVERSITY!

Nudibranchs are equipped with sensory organs that are located around their gills which enable them to sense chemical changes in their environment. There are rhinophores at their head ends, which are believed to work like a nose/tongue... sometimes looking like rabbit's ears. It is thought that a nudibranch's rhinophores help them sense food and possibly a mate. These can be retracted into the body when necessary to protect them from being eaten. Nudibranchs have primitive eyes embedded deep in their bodies. They can't see images per se, but can see light and dark.

Then there is sex. Nudibranchs defy our logic of separate sexes. Although most prosobranch snails have separate sexes, virtually all opisthobranchs (nudibranchs) are hermaphroditic. Each individual possesses both male and female sex organs. Eggs and sperm often develop in an individual's body at the same time. In-going and outgoing sperm and eggs even use a common aperture. Some start out life with male

organs and as they age gradually become female. However they are incapable of self-fertilization.

There is great variety in the development, shape, coloration and size of the eggs of the different species. Dorid egg masses are shaped like a ribbon while aeolids and dendronotids lay egg strings. As with humans, the younger the nudibranch, the more eggs get laid and as they age fewer and fewer eggs are laid. Eggs are usually laid on or underneath rocks or algae.

To find nudibranchs in the wild, go out on a low tide and chances are that with a careful eye to the ground, you will see one. I usually find them under rocks in the pools of water underneath. I have seen Armina Californicas out on sandy beaches of the west side of the island. Nudibranchs range in size between ½ inch and 3 inches depending on the species.

I hope this inspires you to go to our beaches. Remember – low tides! Come to the Pt. Robinson Low Tide Celebration on July 4 from 10am to 3pm to ask a beach naturalist for help finding a nudibranch. For pictures and more information, search online for "pacific northwest nudibranchs" and you'll see lots of amazing pictures!

Deborah is blogging again.

www.onewiththerootbeer.blogspot.com for parents
www.socialcontemplative.blogspot.com for pastors
www.mealsandmoments.blogspot.com for personal growth
Have a comment to write to Deborah?
Contact her at dha@lgcmin.com"

Get In The Loop Send in your Art, Event, Meeting, Music, Show information or Article and get included in The Vashon Loop. Send to: Editor@vashonloop.com June 21, '12 The Vashon Loop, p. 11

Granny's Attic Teams Up With Second Use Building Materials to divert reusable materials from the landfill

Building materials salvage company Second Use will come to Vashon Island July 14 and 15 to collect home goods in a joint effort with Granny's Attic.

Second Use will set up its truck at Granny's Attic on Sunset Ridge from 10 a.m. to 2 p.m. both days, for Vashon Island residents to drop off their unwanted materials. The materials will go to Second Use's retail store in South Seattle. When the items sell, Second Use and Granny's will split the profits.

"I've wanted to do a collection event on the island for quite a while," says Second Use manager Calyn Hostetler. Hostetler has family on Vashon Island. "Second Use has a lot of retail customers from Vashon, but island people only rarely drop off items at Second Use. I know there are a lot of reusable building materials on the island just waiting for a new home."

Acceptable materials include doors, windows, cabinets, plumbing, flooring, unique hardware, light fixtures, modern appliances and lumber.

Materials that Second Use cannot accept include single-pane windows, windows with broken seals, aluminum

windows, hollow-core doors, nonlow-flow toilets, blind-corner cabinets, hazardous materials, paint, carpet, appliances more than seven years old, and anything that is broken or incomplete.

People interested in donating materials should call Second Use at 206-763-6929 x0 and ask to speak to "receiving" to figure out whether their materials match Second Use's acceptance guidelines. More acceptance information is posted at www.seconduse.com/policies.

"I'm excited to be partnering with Granny's Attic," Hostetler says. "This event will not only keep reusable materials out of the landfill, but it will also bring in money for Granny's to support services on Vashon."

Second Use will move locations within Seattle later this year from 7953 2nd Ave. S. in South Park to 3223 6th Ave. S. in SoDo, in order to grow the business. The reason for the move is to increase accessibility and space. The public can get more information about the move online at www.seconduse.com/newstore.

Caulk the Rock Returns!

Continued from Page 1

and financing; solar, geothermal and heat pump installations; drip irrigation; electric cars; bees; and a dizzying array of green building methods and materials (roofs, windows, decks, tiles, countertops, you name it). For a complete list of vendors, visit www. wisenergyvashon.com.

If you're not sure how you can afford to insulate the attic, talk to the folks at the Puget Sound Community Credit Union booth about their low-interest loans. If you're tired of paying through the nose for propane heat, chat up the solar, geothermal or heat pump experts at the Fair. If you're dreaming of a green remodel, well, let's just say there's be lots of exhibitors to visit. And when you grow tired of the Fair (as if), you can pick up a map at the Artisan Electric booth and head off on the Solar Home Tour. (Same day, 10am-5pm).

"There really is something for everybody," says Reilly, including grilled food, live music, workshops and raffles.

Caulk the Rock is the premier annual event for WISEnergy, the Vashon nonprofit bent on making Vashon homes, and eventually its businesses, energy efficient in preparation for an Island-wide shift from the fossil fuel present to a clean, alternative energy

WISEnergy broke onto the Island scene four years ago with the small wooden resource center on Vashon Highway just north of the Farmer's Market. The group sold its "energy hut" last year. With the proceeds, WISEnergy plans to take its weatherization message on the road, evangelizing local church, civic and neighborhood groups, and partnering with larger off-island organizations that share its passion for an energy efficient housing stock.

"People get all jazzed about putting solar panels on their roof or buying an electric car—and that's all great," says Deborah Reilly. "But when it comes to saving energy and reducing greenhouse gases, you can make a much bigger impact by just weatherizing your house."

On Vashon, Reilly and WISEnergy are preaching to a receptive crowd. Vashonites want to conserve energy. They just aren't always sure where and how to begin. With events like Caulk the Rock, WISEnergy hopes to turn all those good intentions into action, weatherizing the way to a snug, clean, energy efficient future — and making Deborah Reilly like buildings again.

Mary Bruno is a founding board member of WISEnergy.

Septic Deadline July 1

Continued from Page 1

these property owners have complied with King County directives that they have their septic systems inspected and repaired if necessary. Many of the remaining properties are located in areas where normal septic systems are not feasible and any solution will be very difficult and expensive. Many of these homes were built in the early 1900s on narrow lots near the beach with steep banks or roads directly behind the house. Even the recommended system may be too large for the available space and costs \$30,000.

The Vashon-Maury Community Council (VMICC) passed a motion in March 2012 requesting that King County take the necessary steps to get financial aid for property owners in need and provide a waiver until those funds are available.

Even though King County's On-Site Septic Management Plan, approved by the Washington State Dept. of Health, calls for a system for providing financial aid prior to the end of 2009, the county has not provided any aid at all. When the financial aid described in the plan was pointed out to Health Department directors, they denied they were leally obligated to provide it.

King County continues its threat to levy fines, at the rate of \$25 per day, beginning on July 1, 2012 while other counties assist their property owners by providing the financial aid to actually clean up Puget Sound. On June 18, 2012,

VMICC passed a motion that requested that King County provide Gap Financial Aid for helping property owners.

Washington State RCW 70.118A.080 states that King County Department of Health has a contract with the Washington State Department of Health. The requirements specified in that contract include:

- (a) The contract must require, at a minimum, that within a marine recovery area, the local health jurisdiction:
- (b) Show progressive improvement in finding failing systems;
- (c) Show progressive improvement in working with on-site sewage disposal system owners to make needed system repairs;

How does a \$25 per day fine qualify as "progressive improvement"?

Without providing the financial aid that is available, and that only King County can apply for, King County appears to be in violation of this contract. The community has asked that King County provide financial aid. Property owners that know their onsite septic system is not in compliance and know that they can not afford to make necessary repairs or replacements can not be expected to jeopardize their property by submitting to tests that they know will fail. If financial aid is available, that roadblock is removed. King County needs to step up and provide that financial aid and provide a delay of fines while they get it.

Great news From Unforgettable Fire LLC

The certification testing has come to a successful close for our Kimberly Stove. I am happy to report that Kimberly excelled in every aspect, finishing the battery of tests in half the time, and proving herself an extremely safe stove in very small spaces. With no protection on the walls we can place Kimberly within 6 inches of a combustible wall. This allows it to be installed on a 22×26 inch floor pad, with 3" vent parts. Our E.P.A. Emissions of 3.2 grams per hour and a top output of 40,000 btu (cord wood) makes this the most powerful and clean burning small stove that Omni Labs has ever seen, and allows for heating of homes up to 1500 square feet.

Brochures will soon be available along with a detailed owners/installers manual. We are also going to be updating the website, and more You Tube presentations will be showcasing our trip to Omni Labs, and some of our manufacturing processes. This is something I have never seen on any other manufacturer do.

I would also like to address the issue of add on equipment, which before the next stove (the Katydid, a smaller version of Kimberly) gets too far under way, needs to be focused on.

Our stove top oven has been delivered and will start testing this week. We will be baking everything we can think of in order to make this really functional, more details soon. The thermo electric generator (a big hit for most everyone) will have several options, or levels of power output. Depending on expectations and price range we should be able to cover a myriad of scenarios with offerings from the basic plug and play version \$400-\$500, to powering quite a bit of needs from the stove by adding a water cooling loop attached to the domestic or hydronic system for the true off gridder. The simple systems could be available in about 6 weeks, the more advanced systems hopefully by years end. We have agreed to move forward with a Toronto based firm with 25 years experience. This company does jobs of this nature for Exxon and Mobil in remote locations, I feel very good about working with them. We are also going to release a device which allows the stove to be set in place and slid backward into a receiver which will be bolted to the floor. This will ensure safe conditions in boat and motor home installations while making portability easy as well. There will also be a blower system, hot water coils, and the wall cabinet system which will allow drying of wood, food stuffs, and wet laundry.

Very soon we will embark on a joint venture with a Denver based non profit called Trees Water People. This organization has given over 50,000 small efficient cook stoves to families in 3rd world countries \ such as Guatemala, Haiti, and Guam since 1995. This is an effort to stop the deforestation in these areas and the resulting air pollution causing death in young children from lung cancer and emphysema. Kimberly sales from this promotion will donate \$100.00 per sale to this effort.

As you can see, we are looking to make some very aggressive moves, hoping to see 5 more models of stove in the next 4 years, all with accessories to make your off grid and or reduced energy needs not just possible, but comfortable.

Please attend the Wis Energy fair at the Island Lumber Parking lot on June 30th and meet over 40 vendors who will be educating everyone about living more in harmony with our Mother Earth.

> Roger & Bridget Lehet 206 850 2322 www.unforgettablefirellc.com

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The Vashon Loop, p. 12

June 21, '12

Drama Dock Presents: The Pirates of Penzance

By Shannon Flora



Mabel

Pirates will land on Vashon this month with Drama Dock's presentation of the treasured classic, "The Pirates of Penzance". Drama's Dock's jolly band of thespians brings Gilbert & Sullivan's popular comic opera to the Bethel Church stage with performances July 13-22 including Strawberry Festival weekend.

The original "Pirates of Penzance"... also known as "the Slave of Duty" opened in New York City on New Year's eve 1879. It was an immediate hit and shortly thereafter 4 touring productions were launched. The show opened in London the following year and has gone on to become arguably the most popular of Arthur Gilbert and G.S. Sullivan's works.

Director, Libbie Anthony returns to her roots and love of Gilbert and Sullivan with this show. Marita Ericksen is providing Music Direction with both ably supported by Assistant Director, Elizabeth Nye. Anthony relates how she grew up on G &S, attending wonderful performances every year during her youth and joining the G&S Company when she turned 18. She was a member of the Oberlin College G&S players, the oldest standing G&S troupe in the U.S. and was featured in summer productions on Cape Cod.

Critics loved the original show with the New York Tribune reporting, "...the music is fresh, bright, elegant and merry." Many felt it was G & S best work to date with one critic writing, "...a distinct advance on Gilbert & Sullivan's earlier works...more variety, marked character, careful workmanship and is in fact a more finished artistic achievement...a brilliant success."

Since its inception, New York alone has seen over 40 major revivals of the show with legendary producer Joseph Papp launching an award winning revival on Broadway in 1980 starring Kevin Kline, Linda Ronstadt, Rex Smith and Estelle Parsons. The production went on to win Tony and Drama Desk awards and in 1983, was made into a movie starring the original cast.

If imitation is the sincerest form of flattery, "Pirates" is tops when it comes to being parodied throughout the years. In particular The Major Generals patter song, has long been a favorite of comedians and those auditioning for musicals, with references to Pirates appropriated in as disparate films and TV shows as Saturday Night Live, The Simpsons, Frasier, Pretty Woman, Disney cartoons, advertising, political commentary and much more.

Drama Docks' robust cast of over 30 pirates, maidens and urchins has been in rehearsals since March. The strong chorus includes members of the Vashon Chorale, Vashon Opera, Drama Dock Youth Initiative and Vashon Youth Chorus with many local favorites in featured roles. Audiences members attending Drama Dock's spring Sondheim fundraiser were treated to a tantalizing preview of "Pirates" with a surprise appearance from Julea Gardener (Mabel) and Joe Farmer (Frederic) performing their soaring duet



Major General and Mabel

"Stay Fred'ric Stay". Both singers have the chops required for their demanding roles and will be ably joined by their accomplished comedic co-stars, Rich Wiley as Major General Stanley, Gordon Millar as the Pirate King and Lissy Nichols as Ruth.

The dynamic cast is rounded out by: Salena Brio, Annelise Bogue, Carol Butler, George Butler, Alexis Carlton, Doug Clarke, Victoria Davies, Evan Erickson, Gregg Erickson, Laura Erickson, Nick Etchoe, Hannah Fellbaum, Laurie Hennessey, Eliza Marie Holmes, Charles Irish, Maya Krah, Jolene Lamb, Tim McTighe, Ann Moses, Mabel Moses, Meghan Murphy, Jack Nelson, Toby Nichols, Keanu Rousch, Victoria Trujillo, and Sue Weston.

Make the rollicking 'Pirates of Penzance' part of your summertime and Strawberry Festival plans.

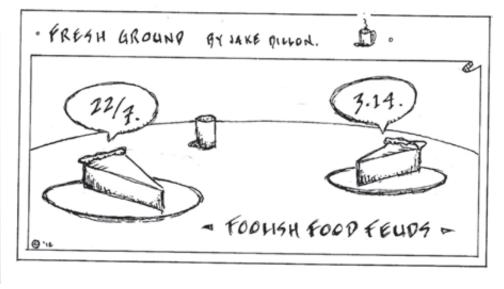
Drama Dock presents: Gilbert & Sullivan's "The Pirates of Penzance"

July 13-22 at Bethel Church Fridays, Saturdays at 7:30 Thursday 7/19 at 7:30 pm Sundays at 4pm Tickets available at Vashon Bookshop www.brownpapertickets.com General Admission \$20 (Drama Dock members \$16) Seniors/Students \$10

(Drama Dock members \$7.50)



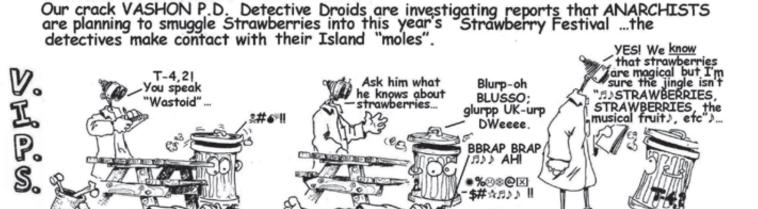
Pirate King



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Lopy Laffs











The Vashon Loop, p. 13 June 21, '12

Attune to Listening and Join to Create Mandala

a concert and workshop at Hanna Barn

by Mary G.L. Shackelford

On June 30, Islanders are invited to a concert of improvised music by international performing artist, pianist Lee Pui Ming at Hanna Barn. And following up the next day, you get your own chance to explore creative play when Pui Ming partners with Mary Ganzon, movement artist, to offer an afternoon workshop, also at the Barn.

The concert, Attuning: An Evening of Listening and Music, begins at 7 PM with a reception to follow. "Improvisation," says Pui Ming, "is about listening and responding, being keenly present in and to the moment, responding/relating to what is rising within and all around and weaving the web of interrelationship." Be prepared for a different concert experience, an invitation to join Lee Pui Ming in the moment of creativity.

The workshop, Mandala, 2-4 PM on Sunday, will use the form of Contemplative Dance Practice to explore personal journeys through wisdom cards, movement and sound. Prior experience with dance, movement, music or improvisation is not required. All are welcome.

Contemplative Dance Practice is a participatory form created by Barbara Dilley, chancellor of Naropa Institute. Listening inside, listening to what's around you and a willingness to allow what arises are invited. The interactive form involves open space, free movement, witnessing without judgment and expressing the experience through art, sound, writing and sharing.

A masterful practitioner of improvisation, Lee Pui Ming plays from listening with her body. Sourcing her skill, experience and training as a classically trained pianist and biodynamic craniosacral therapist, she listens inside and all around her to "meet the moment."

Through extensive practice and exploration of improvisation, Pui Ming has evolved a language that is uniquely communicative and evocative. As a composer, she has written for small ensembles and symphony orchestras. Her sixth and most recent CD, she comes to shore (2011), features solo improvisations and a concerto for improvised piano and symphony orchestra. http://leepuiming.ca

Lee Pui Ming has been honored with several arts awards in Canada. She is the recipient of the Freddie Stone Award (2000) recognizing her work in improvisation, and the K. M. Hunter Artist Award (2006) recognizing her achievement in music in Ontario.

Mary Ganzon, dancer, performer, craniosacral therapist, teacher, and a recent



global relationship with her geographical homes as well as her body and art. Born in most of her adult life in the United States, Mary began her movement explorations while living in Texas.

Steeped in academics, she found ground and inspiration in the anatomy of the body and sensations. The study of improvisation became the forefront of her focus, supported by technique and inquiry of the body. And then she launched into her own solo work. Deeper journeys into the body included more study in the practice of listening and presence.

Presently, Mary informs her work through the balance of harmony sourced in stillness and movement. She actively includes teaching and her work with people and their bodies as inspirations for her dance investigations. In the last few years, Mary Ganzon has performed in duo improvisation with Lee Pui Ming at The Breitenbush Contact Dance Jam, The Breath of Life Conference in Santa Cruz and Hanna Barn.

Joan Hanna, who has created a unique community resource in the Barn at her family home on Maury Island, is delighted to offer this concert and workshop. Through 20 years at the Breitenbush Contact Improvisation Jam, she and Mary have become close, not just

transplant to Canada, has a through personal connection, but through body/movement research and exploration.

"When Mary met Pui Ming the Philippines and spending in biodynamic craniosacral therapy training, she brought Pui Ming up here, and of course, there was music, sound, movement and dancing!" Joan

> "I've always wanted Pui Ming to play on Vashon. Having her and Mary at the Barn makes it even more personal: music on the land. I am a land steward here - my land and garden are part of my practice. I'd love to have people experience the sound from under the tree or sitting on a bench outside the

> Experience what goes on at the Barn. Join Pui Ming and Mary Ganzon June 30 and July 1. At Hanna Barn, join is the operative word. Give yourself permission to engage in different ways with what's offered. Attune and listen into the moment with Lee Pui Ming, in concert Saturday evening. Listen inside and allow free expression in whatever form arises by joining in Mandala Sunday afternoon.

> Where: 7712 SW Pt. Robinson Rd., Vashon

> Tickets: \$20 for Attuning; \$20 for Mandala

> For contact information and reservations: e-mail pui ming lpm@leepuiming.com

> phone joan hanna 206-463-3530

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Dance! Vashon's The Wizard of Oz



Don't be alarmed if you hear talk of Flying Monkeys and Tornadoes; there hasn't been a change in our weather patterns. It is only the buzz around Dance! Vashon's production of Wizard of Oz. Featuring over 120 performers from the Vashon Dance Academy, this show incorporates ballet, modern, and world funk in the telling of this familiar story. Audiences will recognize the iconic ruby slippers, Wicked Witch, and other traditional cast members. But there are some unexpected elements, explaining why the Wizard wants the Witch's broom, and of course, scenes featuring the hilarious Dancing Dads as the Witch's guards and Apple Trees.

Hundreds of volunteer hours go into this annual production which historically sells out every show. The public is encouraged to purchase their tickets in advance at the Vashon Bookshop or Pampered Paws. Performances are at the Vashon High School Theater on Friday, June 22nd at 7:30 p.m.; Saturday, June 23rd at both 1:30 p.m. and 7:30 p.m.; and Sunday, June 24th at 1:30 p.m. Tickets are \$13.00 for adults and \$11.00 for youth (18 and under).

Island Jazz Quintet

Vashon Winery Summer Concert Series

Island Jazz Quintet makes a rare island appearance in a concert on the green, Saturday, July 7, at the Vashon Winery. Celebrate the summer evening in this idyllic pastoral setting, listen to some great music, and enjoy the wind down from the

Island Jazz Quintet(IJQ) was formed in 1999 and rehearsed in a cabin in the woods on Vashon Island. Since then their 3 albums have hit the charts with critical acclaim, international airplay, and their live show continues to tantalize. This concert is the first of three summer shows at Vashon Winery, followed by Danny O'Keefe (Aug. 4) and "Uncorked and Unplugged": Vashon Winery Music Festival

The \$12 admission also includes one Island Jazz Quintet CD and reduced wine prices. Student admission is free.

> Maggie Laird, vocals Richard Person, trumpet Todd Zimberg, drums Michael Gotz, guitar Todd Gowers, bass

When: July 7th 7:00PM Where: Vashon Winery 10317 SW 156th Street Vashon, WA 98070 For reservations, Ron Irvine 206-567-0055 vashonwinery@vahoo.com www.Vashon Winery.com

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The Loop! ads@vashonloop.com Phone 206-925-3837 Next Loop comes out July 5 The Vashon Loop, p. 14

June 21, '12

Harpsichordist Jillon Stoppels Dupree in Concert

Church of the Holy Spirit is honored to present internationally acclaimed harpsichordist Jillon Stoppels Dupree, in a benefit concert on Friday, June 22nd, at 7:30 p.m. She will be performing a full solo recital, including a harpsichord/organ duet with CHS Director of Music Paul Swenson. We are very fortunate to be able to host a musician of Ms. Dupree's stature. DON'T MISS this RARE concert! Ms. Dupree's performances are among the best in the world, and are not soon forgotten! And please stay for the (delicious) reception afterward.

ADMISSION is by suggested donation of \$20. We welcome those who can only afford to donate less than \$20, and we encourage those who can pay more to make a generous donation to benefit the Church of the Holy



Spirit Music Ministry. There will be no tickets sold, and admittance will be at the door beginning at 7:00 p.m. Church of the Holy Spirit,15420 Vashon Hwy SW, Vashon

Clinton Feron & the Boogie Brown Band

Always a crowd pleaser on Vashon Island, Clinton Fearon & The Boogie Brown Band is coming back to the Red Bicycle for a summer performance of his roots reggae music this Saturday night. If you like roots reggae, this is a show you won't want to miss. Clinton Fearon has quickly won the hearts of many an Islander and will pack the dance floor with happy feet.

Much like quite a few other reggae musicians who came of age in the late 1960s and early 1970s, Clinton Fearon was a country boy who migrated to Kingston as a teenager in order to seek his musical fortune amongst the proliferating studios and sound systems of the big city. He was born in St. Andrew in 1951 and moved around the countryside with his father and stepmother before relocating to Kingston in 1967; he immediately organized a singing group with some friends, but it never amounted to anything and broke up before it could record. It was around 1970, when he joined Albert Griffiths and Errol Grandison to form the Gladiators, that he hit his stride as a musician, and began what would be the most significant and commercially successful association of his career.

The show begins at 9:30pm, the



cover is \$10.00 and it is an all-ages event 'til 11pm, 21+ after that. The Red Bike has experienced sold-out shows with Clinton in the past and anticipates the same for this one, so it's highly advised that people buy tickets in advance by calling 463-5959 or by purchasing them in person at the Bike. This is an all-ages 'til 11pm and 21+ after that.

Saturday, June 23, 9:30p.m. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

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Go To www.vipp.org Click on Adopt

Free music launches summer in the Park

Vashon Park District, in collaboration with Vashon Allied Arts, opens the free Summer Concerts in the Park Series 6:30 p.m., Saturday, June 23, at Ober Park with a double bill of world music from Avaaza and Manooghi Hi.

Avaaza opens the series. The eightmember band includes: Azula Phillips, vocals; Islanders Jason Everett, bass and Charles Reed, guitar; Terri Garrett, clarinet; Michael Nageub, flute and keyboard; Tracy Helming, violin; George Sadak, drums and S. Chandra Naraine, percussion. Together they capture flavors of both traditional and current world music with innovative arrangements. Listen to Avaaza on Facebook.





Manooghi Hi began when singer and Bombay native Mehnaz and her Northwest accomplices constructed a new breed of rock music. Reviewer Jonathan Zwickel (Austin's South by Southwest) said of them, "To oversimplify, it's like this: panoramic rock 'n' roll fronted by a petite, beautiful Indian woman scat singing in Hindi. The cross-pollination is dizzying — East and West, ancient and modern, pop and classical, ecstatic spiritualism and headbanging rock." They made their first Vashon appearance when they headlined VAA's World Music Festival in 2009. Listen at www.manooghihi.com.

200 West



This Southern Californa based group began as a purely acoustic, song-writing band. With very limited expectations and even less money, 200 West released their debut EP "Let's See Where This Takes Us" to a very warm welcome from fans and listeners alike. The simple 5 track EP accumulated over 25,000 downloads and would lead to countless numbers of shows for the band over a span of several years.

Wanting more musically, the group decided to branch out and develop an even bigger sound. Adding more members to the band, and using the various local music scenes they grew up in and around as reference points, 200 West regrouped and began recording new music. Living amongst cables, amps, and many musical instruments for months on end, 200 West emerged from the studio in the summer of 2011 with their first full-length album, "The Season". The album is a glimpse into the lives of the members of 200 West and has helped pave the way for their newly defined sound; while still remaining true to their original song writing roots.

We hope to see you at this show to welcome our touring friends from California - it's a free cover show and all-ages 'til 11pm, 21+ after that

Friday, June 29, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

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Island Art Collector to part with Treasured Works

Vashon Island resident, Jean Navarre has entrusted Janett Harrington and Andrea Aldrich, co-owners of UpCycled, with the privilege of presenting for sale twenty-two carefully selected pieces of art, representing eight contemporary artists.

Jean has been collecting artwork for over 30 years and now feels it is time to offer part of her collection for sale. Although Ms Navarre's artwork has proven to be a good investment, her motivation for each acquisition has always been primarily her love of the artwork.

Some of the artists represented are French-American painter Mireille B.

Never before publicly displayed, Ripley, American painter Bev Walker and Mexican painter and sculptor, Fernando Ramos Prida.

> Both Janett and Andrea are artists, as well as designers, and they are delighted to have been given the opportunity to display these extraordinary pieces of art in their shop. The goal of their business is to be a source for the sustainable home, offering previously owned, quality furniture, housewares, art and antiques and these pieces from Jean's collection is like icing on the cake.

> You can see this artwork any day, except Wednesday, at UpCycled, the green house across from Ober Park at 17123 Vashon hwy SW.

Cordaviva

 $Cordaviva\ is\ a\ 9-piece\ powerhouse\ of$ dance music influenced by the disparate rhythms and styles of the African diaspora. Their upbeat original music is a unique blend of soukous, rumba, Afro beat, funk, and various Latin styles. Bright horns compliment sublime vocal harmonies (sung in various languages), soulful guitars, and relentlessly driving percussion.

Cordaviva has performed at such notable Seattle venues as The Triple Door (lounge and main stage), Nectar Lounge, The Tractor Tavern, and ACT Theatre. Cordaviva's influences stem from musical legends such as Nigeria's Fela Kuti, Guinea's Bembeya Jazz, and Congo's Franco & TP OK Jazz, as well as the Brazilian and Afro-Cuban sounds of Caetano Veloso and Mongo Santamaria.

"You'll be in for a real treat when you see Cordaviva... blending Soukous,



Afrobeat, and Reggae gives [them] an unexpected edge in the local World music scene and completely sets them apart... [they do] a fantastic job of combining sax, trumpet, percussion, guitars, keys and vocals all while giving each instrument their own spotlight." -Lindsey Scully, SSG Music

If you missed this band last time, now is your chance to see the band everyone was talking about. This is a free all-ages show until 11pm, then 21+ after that.

Friday, July 6, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

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Garden Tour

Continued from Page 1

of experience and knowledge and will inspire you to try something new in your own garden. Complete seminar schedule available at vashonalliedarts.org.

Remember to stop by Garden Market on the K2 lawn, an arts event in itself, and open to the public featuring goods by more than 20 artists, 10 a.m. to 5 p.m., all weekend. Raffle tickets are available for a chance to win up to \$500 of useful gardening supplies and/or services generously donated by Island businesses.

This year, nine artists will be featured in the gardens and more than 20 will participate in Garden Market. In addition, 13 artists embellished ewers (watering cans) available by silent auction at Garden Market on Tour weekend.

Here's what to expect in the gardens: Gregory Burnham's bamboo screens and Steve Zartman's metal sculpture in the Soholt garden; Clare Dohna's tiled creatures and David Erue's large metal sculpture in the Carhart garden; Brian Brenno's cut can metal sculpture and Jim Chobot's furniture in the Fillinger/Foster garden; Dean Hanmer's large cement humanoids and Barbara Wells' bronze and glass in the Pearson garden; and Charlotte Masi's painted gourds in the Pfieffer/Klein garden.

"The goal with art in the garden is to fit art with the landscape that both enhances the garden and showcases the artists," according to Mike Urban and Catherine Maclean Urban, volunteer art coordinators.

Ewer artists used the classic metal vessel as their canvas. The one-of-a-kind silent auction pieces showcase the originality and creativity of these Island artists: Mary Rothermel, Hita von Mende, Joy Mann, Haley Mosteller, Mary M. Briggs, Kristen Reitz Green, Hartmut Reimnitz, Ilse Reimnitz, Alison Trundle, Margi Amstrup, Nancy Foster Moss, Amy Mercer and Britt Freda. Enter your bids!

All proceeds benefit Vashon Allied Arts' programs. Special thanks to lead sponsors Puget Sound Energy, Vashon Thriftway, John L. Scott, Island Home Center and & Lumber, JR Crawford and Palouse Winery. Additional planting seeds sponsors include Giraffe, The Hardware Store Restaurant, Kathy's Corner, DIG Floral & Garden, Vashon Island Coffee Roasterie and Minglement and The Country Store & Gardens and Colvos Creek Nursery.

VAA 22nd Annual Garden Tour: Saturday and Sunday, June 23 & 24, 10 a.m. - 5 p.m., Tickets: \$25 per person. For more information and tickets, go to

www.VashonAlliedArts.org.



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June 21, '12

Opening June 22 Brave!



Vashon Theatre 17723 Vashon Hwy 206-463-3232 Call for Times

For show times and info check www.vashontheater.com

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Visit our website www.vipp.org

Click on Adopt for Directions and Information.

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Need to adjust your text for the next issue (#2), not a problem just let us know via email.

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Free Classes are still welcome under our General Announcement page. Get your Class in the Loop now, Email ads@vashonloop.com



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Granny's is located at Sunrise Ridge 10030 SW 210th st, Vashon Island 206-463-3161 www.grannysattic.org

~Granny's Attic~

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