



THE LOOP

Vol. 9, #18

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August 30, 2012

VAA honors Art Auction Commissioned Artists



*VAA Art Auction Commissioned Artists for Friday, September 21, Jayne Quig
(photo by Janice Randall)*

By Janice Randall

VAA honors six exemplary Island artists for this year's Art Auction. Each artist created a special commissioned piece in their medium to be auctioned during Art Auction weekend, Sept. 21 and 22. Join us at the Auction Preview Party and Artist Reception: Friday, August 31, 6 p.m. The Gallery will also

be open First Friday, Sept. 7, 6 pm.

Commissioned artists for Friday night Auction are: Jayne Quig, Larry Muir and Brad Davis. Their pieces will be auctioned on Friday, Sept. 21.

Painter Jayne Quig considers her work representational, although her pieces also have an abstract quality, with bold strokes of vivid color, synonymous

Continued on Page 11

Camp Sealth Seeks Community Help to Continue Horse Program



By Lauren Fries

Camp Sealth on Vashon Island, run by Camp Fire USA, is looking for community partners to sponsor the continuation of its horse program. Miller-Blue, Camp Sealth's horse outfitter for the last 25 years, is going out of business at the end of this summer. The proprietor will be selling his entire herd. As his valuable longtime customers, Camp Fire has the option to purchase horses and all their tack at an extremely favorable price if we can secure donations and pledges now. Camp Fire shares the outfitter's hope that these horses will be able to continue in high quality youth programs that serve kids who truly care

about them.

The horse program at Camp Sealth aligns perfectly with Camp Fire's mission to develop leadership skills and connect youth with the natural world. Through their experience with horses, young people develop forethought, discipline, and empathy. Horse riding teaches kids the art of leadership – they learn how to respect the horse, how to be responsible for the horse, and how to be confident and persuasive with the horse. In addition, children have fun and love riding horses like the beloved Oreo and Howdy.

Camp Sealth provides trained riding
Continued on Page 6

Road to Resilience Stepping Into Our Energy Future

In 2006, we on Vashon had the opportunity to vote on establishing a local Public Utility District (PUD) to finance and manage energy conservation improvements along with local renewable energy production. The lofty goal was to lower our energy needs by two thirds, and to eventually provide all of our power from locally produced renewable energy. As it turned out, most of us were not ready for such a bold idea. The stated reason for voting down the proposal was that the business plan was sketchy, i.e. the promise of no property tax additions might not have been kept. In retrospect, I think that it would have had difficulty: most of us simply didn't have the vision to motivate us to take such a large step into our future.

Let's continue to talk about business plans. For the past two hundred years we have been living off of a trust fund that we can't pay into and we have not seriously pursued any alternatives. The trust fund is our finite fossil fuel supply which represents the savings of millions of years of solar energy. All other life on this planet lives sustainably on our

By Terry Sullivan, Transition Vashon

annual solar budget. With the exception of geothermal energy, all of our energy comes from the sun. Any sustainable energy system needs to stay within the solar and geothermal budget. Do you know of any successful business that continually withdraws capital for operating expenses and never produces anything? Well, Wall Street actually seems to be successful doing that, but, in the long run, I think it will be shown that they have merely been parasitizing the rest of us.

As our awareness of global warming and resource depletion has increased, one could speculate that a PUD proposal might be more successful today, but, for now, we have opted for a more modest piecemeal approach. Government at all levels is encouraging us to pursue energy conservation by providing incentives to insulate our homes and install energy efficient appliances. The speed with which these programs decrease our energy use depends on how seriously each of us takes the aforementioned threats.

What about energy production? Government is also providing incentives to install renewable systems, although
Continued on Page 6

Get in The Loop

Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at editor@vashonloop.com. Photos are welcome as jpeg or pdf attachments.

W.A.T.E.R. Meeting

Are you looking for ways to serve your community? Are you interested in meeting new friends and having some fun? If so, consider coming to the Women’s Alliance To Enhance the Rock (W.A.T.E.R.) meeting. This month, we’ll continue working on the two projects we’ve chosen to support this year: DoVE’s Free As a DoVE Freedom Dance and DoVE’s Domestic Violence Awareness Month campaign. The meeting is open to all women ages 16 and over. For more information, please visit our website, www.vmiwater.org, or email info@vmiwater.org.
Monday, September 10, 2012, 7:00-8:30PM. Vashon Fire Station, 10020 SW Bank Rd, Vashon, WA 98070

Caregivers support group

The Caregivers Support Group at Vashon Community Care is experimenting with a change of time.
For the next few months, the group will meet at 1:30 in the afternoon, on its usual second Thursday of the month.
This group is geared toward family and friend caregivers, as opposed to professionals. Interested in attending? We’d love to meet you and hear your story. Please leave a message for Julea at 567-4421.

Find us on Skype
Vashon Loop
206-925-3837

Find the Loop on-line at www.vashonloop.com

Vashon Library Programs September 2012

When the Vashon Library has moved to the temporary location for the upcoming expansion project (date still to be determined), please call the library at 206.463.2069 for program location.

Children & Families
Family Story Times
Tuesday, September 18 and 25, 11:30am
Newborn to age 6 with caregiver.
Come for a fun-filled, half-hour of stories, finger plays, movement and music!
Registration not required.

Baby Story Times
Wednesday, September 19 and 26, 10am
Ages 3 to 21 months with caregiver.
Enjoy stories, songs, bounces and tickles just right for your baby.
Registration not required.

Adults
Friends of Vashon Library Meeting
Saturday, September 8, 10am
Share your ideas for raising funds to support library programs, expand community services and recruit new members. Be an informed and

involved neighbor at the Friends of the Vashon Library meetings.

Free ESL Classes
Tuesday, September 25, 6pm
Learn how to speak, read and write in English. Free weekly lessons, beginning to intermediate level, taught by an ESL Instructor. During the class, homework tutoring is available in the library for elementary and middle school students of ESL families.

Opera Preview: Fidelio
Sunday, September 30, 2pm
Presented by Norm Hollingshead
Ludwig van Beethoven (1770-1827) composed 9 symphonies, 5 piano concerti and over 2 dozen piano sonatas in his 57 years-but only one opera. And that opera had a painful birth, requiring 3 separate versions before it finally emerged in 1814 as Fidelio. The tale of a devoted wife rescuing her husband from political persecution has emerged as the ultimate operatic depiction of freedom triumphing over political oppression.
Sponsored by the Friends of Vashon Library.

VIPPS’ Annual Dog Walk

Come join us at VIPPS’ annual Dog Walk. You don’t have to find sponsors and can start the walk at your convenience between the hours of 9a.m. and noon. The top 3 contributors will be awarded gift certificates donated by Joanna Gardiner: Loving Care for Animals, Plants and Homes. Back by popular demand is the opportunity to “Rent” a Vipp dog available for adoption to join you on the Vipp Dog Walk. Have your official “Vipp Dog Walk 2012” photo taken of you and your canine by photographer Cindy Koch for a donation of your choosing. This 5x7 print is suitable for framing and creates a memory for a life time.
If you can’t make the walk please consider donating on line at vipp.org. Just write in Vipp Dog Walk in the message box. Any and all donations are truly appreciated.

Simply Raw

Jessica Bolding made a change in her health last year when she went to a detox and education center with hopes of curing a neurological auto-immune disease that had at one point promised to slow and debilitate her life. Now 4.5 years after her first symptoms began she feels free in life and her body. “I am medication free and healthy” - Jessica Bolding
After the great feedback and excitement over the Hungry for Change Movie in July. PRAHM is sponsoring another movie and Class. “Simply Raw” is to be aired on September 12th at 7pm with a discussion afterwards at Vashon Theatre.
For those who have seen movies like “Fat, Sick and Nearly Dead” , “Forks Over Knives” or our last sponsored movie “Hungry for Change” and are ready to make a change, PRAHM has organized a 30-day green juice and raw food program with classes each Wednesday evening 9/12, 9/19. 9/26, 10/3 and a potluck on 10/10 all from 7-9pm.
For more information about the class, just call PRAHM @ 206-463-9066.
The movie on September 12th is free so bring your friends and family!

Dear Vashonites

If you have livestock killed by a predator PLEASE take photos of it asap. It is very easy to identify what kind of predator killed your animal on a freshly killed carcass.
The differences between a dog attack, coyote, bobcat, cougar, bear, eagle, raven, are in the style of the attack, bite marks on carcass and how the carcass was opened and what was eaten.
Contact us at Wolftown and we will help you.

The recent attacks on our sheep here at Wolftown, were not coyote, but one large dog, and one medium sized dog with a powerful grip.
More information is on Wa State dept of Wildlife web page.
Thanks

Wolftown
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follow us on Facebook and read about our eagle rescue with the help of the US coast guard cutter, Blue Shark.

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Chorale’s fall rehearsals begins

Vashon Island Chorale’s fall session of rehearsals begins on Tuesday, Sept. 4, 7-9:15pm at the VHS band room and culminates in concerts on Dec. 1 & 2.
No audition is required for singers. Dues are \$50; music costs are \$20; scholarships are available. www.vashonislandchorale.org

Sci-Fi Saturday

The month of September will feature the wonderful hit “The Time Machine” (original) This film was once note in the top 100 greatest science fiction films.
Show time is 1:30 at the Island Theatre on the first Saturday of the month. That will be on September 1st. A donation of cash and food will be taken at the box office.

Poems On Motherhood

Poetry Reading: Cradle Songs - Poems On Motherhood
The Vashon Bookshop, 17612 Vashon Highway Southwest, Vashon, WA
A reading by several poets from Cradle Songs: An Anthology of Poems On Motherhood. Island harpist Jane Valencia will offer musical “Cradle Song” interludes.
Saturday, September 8, 5PM
Cost: Free!

<u>Bible</u>	<u>Christian Oral Tradition</u>
7th Day is Holy (Saturday)	1st Day is Holy (Sunday)
Feasts of Unleavened Bread, Shavuot, Tabernacles, Purim	Feasts of Easter, Halloween, Christmas
Torah in Heart = New Covenant (Jeremiah 31.31-34 and Hebrews 8.8-12)	Torah = Not for Today (Various theologies and doctrines of men)
<u>Which do you believe: the Bible or Oral Tradition?</u> torahinmyheart.com	

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of *The Loop*
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Deadline for the next
edition of *The Loop* is
Friday, September 7

The Vashon Loop

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Publisher: Steven Allen
PO Box 1538, Vashon, WA 98070
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Published every other week by Sallen Group
© August 30, 2012 Vol. IX, #18

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What does it mean? Real Estate Terminology

CMA OR COMPARATIVE MARKET ANALYSIS:

A survey of the attributes of comparable homes recently sold or currently on the market; used by agents to help determine a correct pricing strategy for a seller's property.

ASSESSED VALUE:

The value placed on a property by a municipality for the purpose of levying taxes. It may differ widely from appraised or market value.

MARKET VALUE:

The price established by economic conditions, location & general trends.

MARKET PRICE:

The actual price at which a property sold.

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Prequalification for a mortgage helps you determine your ability to obtain a loan. This will help you determine how much home you can afford.

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Honor Bound: My Journey to Hell and Back with Amanda Knox

By Karen Pruett

Amanda Knox’s friend, Raffaele Sollecito, is writing about his experience in Perugia, Italy, when he and Amanda were falsely accused of murdering her roommate, Meredith Kercher, in 2007. The two spent nearly four years in prison until they were exonerated at the appeal level in 2010. The next level, the Italian Supreme Court in Rome, will rule on the case in late March 2013 and their duty is to assure that the appeal judges, Hellmann and Zanetti, followed the letter of the law and to listen to rebuttal arguments from the prosecution. Naturally the prosecution thinks that the appeal court was corrupt but when one considers that the trial was under a microscope by Italy, Britain and the United States it’s easy to see that that there was no possible way they could have cheated without someone raising a ruckus.

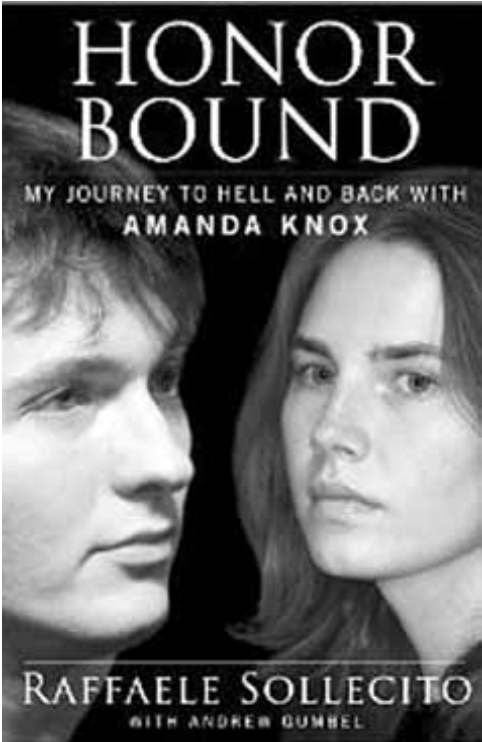
For the Perugian prosecution to claim some one was corrupt, all I can say is, “Talk about the pot calling the kettle black.”

The release date for “Honor Bound: My Journey to Hell and Back with Amanda Knox” is September 18th and Raffaele will be at the University of Washington’s Kane Hall at 7pm on September 25, 2012 for a book signing; admission is \$5. “Honor Bound” is available for preorder on Amazon and at the UW Bookstore, if you buy from the UW then admission is free to the book signing. Dennis Bounds, from KING 5 News, will be on hand to moderate the discussion.

You can also purchase an autographed copy though the UW at http://www4.bookstore.washington.edu/_Reserve/ReserveAutographedSummary.taf?ISBN=+++++1451695985&Directarg=insert&insert=list&NewUsed2=NEW&ActionArg=IntoBasket.

“Honor Bound,” an apt title, refers to Raffaele’s personal conviction to stay in Perugia helping Amanda when other European students left as fast as they could. We are all very familiar with what Amanda’s family endured, but they were somewhat insulated by the distance from Perugia and did not suffer at the hands of American’s the way that Raffaele’s family suffered at the hands of the Italians. It will be very interesting to hear more of what happened to Raffaele and his family; much of this information was not forthcoming because of the danger that they faced.

Andrew Gumble assisted Raffaele in writing his memoir. Gumble, formerly a foreign correspondent for British newspapers, has written extensively about politics, the criminal justice system



and is the author of “Steal This Vote: Dirty Elections and the Rotten History of Democracy in America” (2005) and “Oklahoma City: What the Investigation Missed and Why It Still Matters” (2012). Raffaele’s literary agent is Sharlene Martin of Martin Literary Management in Seattle who also managed “The Pregnancy Project” by Gaby Rodriguez and “Special Agent Man” by Steve Moore. Moore, incidentally, was instrumental in bringing light the injustices of Amanda and Raffaele’s case to mainstream American media. I just finished his book and found it to be informative, humorous and poignant. I was shocked to find out that America nearly suffering two disasters in 2001, but the first was averted by a FBI task force where Steve played a significant role. The second we came to know as 9/11.

I was pleased to meet Raffaele last spring and found him to be exactly the person that his family and friends described. Intelligent, kind, funny and was very glad that his parents raised a true Italian gentleman who exemplifies chivalry, courtesy and honor. This family reached out to the Kerchers the week that the kids were released from prison, offering to sit down and personally discuss the case with them, and one of the first things Raffaele did was light a candle in Meredith’s memory. He and Amanda have remained staunch friends though out this ordeal. He really is the proverbial Nice Guy.

So show your support to Raffaele, the one person who showed his support to Amanda during a dark time in her life, and come meet this remarkable young man.

The Farrier of Vashon Island



By Biffle French

Tom Wallace gently taps the back of Bella’s leg, asking permission to lift her hoof so that he can remove her worn shoe and replace it with a new one. Rebecca, Tom’s wife, cradles Bella’s head and speaks reassuringly to her, keeping her calm and making her feel safe in an uncomfortable moment. Bella is one of four horses in the Wallace stable, now her herd, and she calls out to two who romp in the pasture without her.

Bella is a bit spooky, having had a difficult early life. Possibly a mustang, she was bound for slaughter when Tom and Rebecca bought her instead. She was slow to gentle, refusing human contact for many weeks until she decided that Rebecca was a friend, and on that day she approached Rebecca in the pasture, laid her big brown head on Rebecca’s shoulder and surrendered. They were instantly created friends for life.

Tom shows a master’s grasp of the technical, anatomical and psychological minutia of horses and their metal footwear that comes with his 25 years of experience. Formerly an engineer, he speaks with an articulate intensity in a soft, confident voice, passionately describing the vast detail of his craft and his four-footed clientele. He constantly reassures Bella that she is safe, and when she twitches, he seems to see it coming in advance.

The horse evolved from a three-toed ancestor. Only vestigial anatomical elements remain of the two outer toes, while the center toe became today’s horse’s hoof. The hard outer part is a type of thick toenail and it is that part that holds the shoe. Since the nails don’t penetrate flesh, the horse doesn’t feel any pain when the shoe is nailed on. The horseshoe protects the horse’s foot just like our shoes protect our feet. It provides a tough surface on the bottom of the hoof to improve traction and to take the extra force of a rider.

Caesar’s Romans shod their horses with leather and metal shoes and by the 6th century European equestrians nailed bronze shoes to their horses feet. The term “farrier” comes from the Latin word for iron, and in the middle ages most blacksmiths were also farriers. That’s no longer true, though, and today the two trades are separate.

Tom says that horseshoes normally last about 6 weeks, so the one or two hour pedicure that 18-year-old Bella got today is something she’s experienced many times before. Tom starts with Bella’s left front hoof. He removes the worn shoe with a specialized tool and drops it in a handy bucket. The wall of the hoof has continued to grow since the last time Bella was shod, so he uses a special knife and a large clipper to remove some of the

extra tissue. He inspects the hoof bottom to make sure everything is still healthy, then levels the hoof with a rasp.

Next, he fits a new shoe, shaping it on his anvil with a hammer to make it fit the exact shape of Bella’s hoof. Farriers can make their own shoes out of bar stock, but it’s cheaper and quicker to use manufactured shoes. When the shoe fits, Tom heats it red hot in his forge and does some extra shaping with hammer and firmer, then while it is still glowing he uses a shoe holder and presses it to the bottom of Bella’s hoof sealing the tissue against moisture. Char marks indicate exactly where hoof and shoe still don’t meet, and Tom fine tunes the fit with his rasp.

Purpose-shaped horseshoe nails affix shoe to hoof, and those are clinched to hold the shoe in place until it is worn and needs replacing. Tom files down any protruding nail bits and a final coat of a urethane sealer helps prevent moisture intrusion.

Horses have been shod for twenty centuries or so and most equestrians and horse owners keep their horses shod. The Mongols followed Genghis Khan in the 13th century, fighting on the backs of shod horses, and conquered most of Asia including China and India. The Comanche Indians who were the hegemonic power until 1871 in what is now Nebraska, Colorado, Oklahoma and Texas did not shoe theirs. Comanches also fought on horseback, raiding as far as 300 miles from their camps and they often loaded captives – always women or children – on the backs of their own horses for the lightening trip home.

Any human activity breeds controversy, and thus it is with the shoeing of horses. The “Barefoot Horse” movement is a group of horse aficionados who believe that it is better to keep horses unshod. Tom thinks that probably works better for horses that live on drier ground than we have here in the Pacific Northwest. He and Rebecca tried to keep their horses unshod for a time but found it difficult for their horses to work comfortably that way, so except for the older horse who is retired, they keep them shod now.

Bella never complained while getting her new shoes, but when it was over she did seem relieved. Rebecca led her out of the barn and into the corral where they demonstrated her one trick, stepping onto a large stump with her front legs, placing her head high into the air. Big smiles all around.

Biffle French is a Vashon artist, writer and the National Rodeo Correspondent for The Vashon Loop. Look for his new book “American Rodeo.”



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Island Life

A Correction- of Sorts

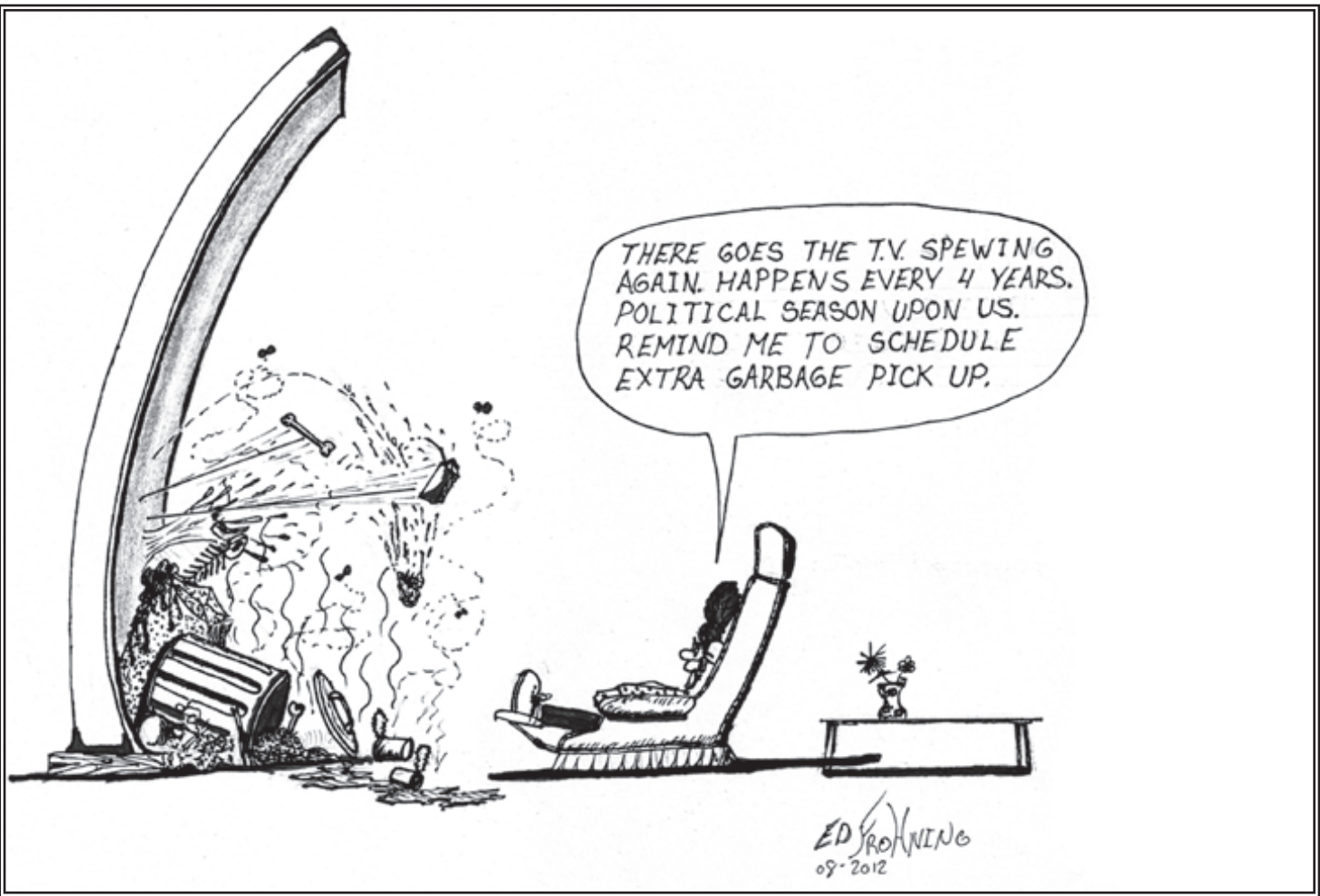
by Peter Ray

“... While it was unclear whether it had come from within the confines of the tumbling vehicle, a red, white and blue malted beverage container of recent vintage was spotted amongst the debris. If it had indeed come from this car, I doubt that opting for Heineken would have led to a more favorable outcome to this situation...”

Often times, when I’ve found myself merrily reading along in some periodical, I have stumbled upon a paragraph or paragraphs of corrections to articles from said periodical that were printed in the recent past. More often than not, these corrections have forced me to rummage about to find the articles to see what the various amended bits and pieces were all about in the context of the larger and entire article. Some times it is a journey worth taking- other times I am reminded of why I did not read the article in the first place. I do not make a habit of searching out errata amendments, and generally speaking my life goes on as usual in its bumbling way if I happen to miss a revision here or an adjustment there. It seems though that if something is important enough to warrant a correction, that it be put in a place and form that all can see and read.

The reason for my current wanderings through this verbal wilderness has to do with something called slander and how it may or may not relate to something I wrote in this column the last time around. Most specifically, it has to do with how one might interpret the information to be gleaned from the two sentences extracted and pasted above that were from my last article, and how they might affect the reputation of the unnamed person involved in the car crash that was referenced in that article. I knew when I wrote it that cans (and bottles) of all sorts are a common find along our highway and byways and that connecting this particular can to the crash was an assumption and a stretch, which is why both sentences call into question any relation that this potential cause might have to the witnessed effect. As it is though, it was brought to my attention by a caller to this paper, who is also related to the person involved in the crash, that at least three people had asked the caller about the crash person’s drunk driving incident. Being somewhat taken aback by the slander accusation, I was trying to remember, while talking to the caller, exactly what it was I had written that would lead people to this definitive conclusion. As it was, I was a bit distracted and apologetic. I did hear that the caller had also seen the beer can in the grass and had asked the police on the scene if there had been any suspicion of drinking being involved. The officer said there wasn’t any indication that that might have been the cause. The driver indicated that swerving to miss a deer was what led to this unfortunate series of off the road acrobatics. As no deer remains were in evidence, it appears that at least this evasive maneuver was successful- at least from the deer’s perspective..

What seems to have gotten partially lost in all of this- which was indeed the main point of the article- was the fairly obvious fact that the rumble strips did not do what they were supposed to do - keep people in cars on the road. And not only did they not work in this and two other run off the road cases, but they have also caused accidents and injury to cyclists. My purpose for including only the directly observed details of this crash was to point out the fallacy of the “safety” of



rumble strips, not to besmirch someone’s reputation in the process- well, maybe KCDOT’s reputation and credibility. According to various sources referencing the purpose of rumble strips, their reason for being is to help keep the distracted driver on the road. If I had found a cell phone in the grass I would have mentioned that, although it would not have been an indication that the driver had been texting. And my description of the path of the vehicle through mailboxes, ditch and brambles would suggest a high rate of speed, but I did not point any accusative, figurative fingers in this regard either. I am sorry that writing what I saw, while at the same time casting doubt over its connection to the incident, has led to a mistaken interpretation of the facts. It was not my intention to allow assumption to sully someone’s public character- I hope this serves to repair the damage done. It might also be suggested that if there is any suing to be done that the driver sue the county for the defect in the rumble strips that did not keep him on the road. As the county is using “fear of lawsuits” as their reason for wanting to complete the rumble etching, there would be a pleasant irony in seeing the county twist their way through an explanation in court regarding the obvious fallibility of the panacea of rumble strips and their illusion of safety.

SCORE coming back to Vashon

Harvey from SCORE will be back on Vashon Island on Tuesday September 11. He is willing to meet with new people as well as follow up with those he met with his last visit.

His first round of meetings have been awesome, we have gotten great feedback from the businesses that met with him and requests from others to meet with him for the first time. So we are bringing him back. He is excited to come back and continue his support as well as work with new people.

Meetings are free and open to everyone, if you haven’t met him and want you to, please sign up and get started.

If you did meet with him you should schedule time to meet with him and get his support to stay on target.


Contact Allie Thompson to set up a time to meet. Her contact information



VASHON ISLAND
Chamber of Commerce
17141 Vashon Hwy SW
Across from Ober Park
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is below:
Allie Thompson
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Aries (March 20-April 19)

After many months of delay, discomfort and frustration, you’re at a point where you can open up your energy, feel who you are and allow others to do so as well. Yet while Mars in Scorpio is offering you the opportunity to merge with others, I suggest you stay connected to your sense of who you are. One thing you’ve gained during the past year is a new sense of your own presence on the planet, and some clarity about how good it feels to remain centered. This is difficult to gain and easy to lose, so I suggest you be clear that, as good as it may feel to merge with someone else, keeping a focus on your inner awareness is a higher priority. Said another way, no matter what you may have with anyone else, spend some time alone, spend some nights sleeping alone, and invest energy into taking care of yourself. And if you happen to not have that kind of company and you want it, focus on being open to your desires, and on taking that sometimes scary step from fantasy to reality. What is reality? It’s something you experience, that you can describe.

Taurus (April 19-May 20)

If you want more fulfilling relationship experiences, you need to be less rigid. That’s to say, loosen up and dare to experiment with what you don’t know. Opportunities to do this look like they’re arriving in abundance. You may be noticing how different other people are, and the diversity of possibilities. Yet what you may be feeling is precisely your way of adhering to what’s familiar. Think of this as being confronted by your own boundaries. It may make you nervous to even think of going past those self-imposed limits, though the first step in doing so is finding out what they are. While you’re doing that, I suggest you observe any self-critical or self-judgmental thoughts, particularly if they come in the form of concern over anything within you that you think is dark. Now for the expert-level spiritual maneuver: If you have a negative reaction to anyone or anything, can you see how it’s an extension of your fear of being that same thing? If you can acknowledge that much, you might notice that your fear is really desire.

Gemini (May 20-June 21)

You’re on the verge of a professional breakthrough, though you may not feel that way. You also may not recognize it when it happens. Indeed, you may have the sensation that you’re making far too little progress rather than taking a step forward, so I suggest you be extra vigilant about what you experience. I’ll give you three examples of how this might manifest; if none of them are specifically accurate, consider them metaphors. One is that your sense of weakness or lack of confidence manifests in an unexpected way. This might involve making emotional contact with someone you thought you had to impress. Another expression could be how revealing a vulnerability resonates with people you work with and deepens your relationship, opening up a sense of mutual respect. One other possibility is how being present for your own feelings, and unusually honest with yourself, stokes your confidence and allows you to do something you thought was unlikely or even impossible. To sum up, make friends with what you think of as your weaknesses, because they contain some of your greatest potentials.

Cancer (June 21-July 22)

If there’s any tension between you and someone in a position of authority, check whether the playing field is level. Or rather, get an understanding of the ways in which it’s not level -- in particular, noticing whether you slant things in a way that doesn’t work for you. You may not want to ‘play the game’, though does it really work to sacrifice your standing with people you perceive as being in a position of authority? How does that reflect on those who look up to you in any

way? I suggest you consider carefully how your actions set you up for how you’re treated by others. Being rebellious is pointless at this time in your life; being inventive, innovative and most of all collaborative will work beautifully for you. One way to see how pointless top-down models of authority are is to see what it feels like when people rebel against you, then you recognize that you set that example. The way to be authentically powerful is to begin with respect: for people, for their feelings, for commitments, and most of all, for yourself.

Leo (July 22-Aug. 23)

Focus on keeping an open mind, especially about what you tend to resist the most. When speaking, imagine that everything you say on any topic or any person is actually a statement about yourself. This will keep you tuned into your thought patterns and how they reflect your ideas about your own existence -- and your potential. If you do this, you’re likely to make a discovery about yourself, which I could describe generally as something that’s extremely obvious that you hadn’t put together yet, even though you had all the information you needed. When you tell other people about this discovery, they’re likely to say that they knew this all the time and figured that you did, too. Note, this is not the revelation of ‘something bad’ about you. To the contrary, no matter what the topic, you’re likely to discover a reason to appreciate who you are, which anyway is always the theme of this time of year, though right now, at this time in your life, you’re in a special moment of transition.

Virgo (Aug. 23-Sep. 22)

You’re at a turning point, and it involves understanding how you think. The time of ‘keeping secrets from yourself’ has long passed any usefulness you thought it had. You might well ask whether it’s even possible to conceal something from yourself; there’s a word for that, and that is ‘denial’. But let’s use the first, perhaps kinder, phrase. Right now everything hinges on how you handle this secret you’re keeping from yourself. By everything, I mean a lot more than you think is possible from a relationship to a single idea, fact or thought form. It’s functioning kind of like an energy dam, and once you clear up this misunderstanding with yourself, your energy is going to flow like floodgates have been opened up. If you can be honest with yourself about who you are and what you want, you may find yourself noticing that it’s distinctly possible to embody that much more easily than you thought. Self-awareness is self-becoming.

Libra (Sep. 22-Oct. 23)

I suggest you make a list of all your unfinished business with everyone in your life who truly matters to you. You’re drawing to the close of a major phase of your life, as Saturn gets ready to leave your sign and enter Scorpio. This phase dates back to 2009, when Saturn first entered your sign. I’ve described it in the past as a time of coming to terms with yourself. If you were born in the early 1980s or the mid-1950s, it also coincides with a life passage called your Saturn return (no matter what Sun sign you were born under). The themes of these Saturn events include embracing maturity, grounding your life in a purpose, setting boundaries and dealing with what are sometimes called ‘authority issues’. Yet as a Libran, part of coming to terms with yourself means coming to terms with your intimate partners, and your philosophy of relationship. Notice whether you’ve outgrown anything lately; that’s the feeling of not being able to fit the person you are into the idea of what a relationship is that, for a while anyway, served you well.

Scorpio (Oct. 23-Nov. 22)

Make sure your emotional approach to others is gentle, and not an ambush. Be aware of the intensity that others may

perceive in you, but which you may not have noticed in yourself. Yet you might also question why you are carrying this energy. Your astrology suggests that you might be feeling fragmented, or lacking focus -- though not lacking at all for drive. That sense of fragmentation, if you’re feeling it, could lead you to overcompensate with push energy or raw desire. You don’t need to do this. Your supercharged state is noticeable and attractive to others; I suggest you work on focus. Get clear what you want to do, and refine your agenda as you become aware of it. This will help you groom subtle inner conflicts out of your psyche, which in turn will help others feel you as a unified being working with a clear purpose. As a result, you will know intuitively to be less aggressive. Assertive is all you need, such as saying hello and cordially introducing yourself to someone you want to meet.

Sagittarius (Nov. 22-Dec. 22)

If you’re feeling rebellious, I suggest you pause and ask yourself why. It seems like you’re in an agitated emotional state, something verging on panic, though it looks more like subtle panic, if such a thing is possible. An outer manifestation of this might be feeling cramped in a relationship situation, as if you’re overcommitted or feel like too much is expected of you. In truth, you’re the one placing the expectations on yourself. You may also have the feeling that you’ve revealed more about yourself than someone close to you has, though I suggest you consider carefully whether this is really true. While you have the image of ‘what you see is what you get’, your astrology suggests that you’re a lot more secretive than you want anyone to believe. Therefore if you think that someone you care about is not being forthcoming, make a list of all the things about yourself, your experiences and your desires you haven’t mentioned. It’s true that you’re entitled to your privacy, though that’s not really a valid path to intimacy -- if that’s what you want.

Capricorn (Dec. 22-Jan. 20)

If you’ve learned nothing else the past three years that Saturn has been in Libra, your house of career and reputation, it’s that you need to expand your horizons. Have you done that? Have you looked over the teacup walls of the thing that you used to call your career? What for you might seem like a wild experiment would feel to those around you like a basic wholesome idea. Therefore, you can afford to push a certain limit, which may be associated with how you identify yourself as a ‘responsible person’. You usually take this too far, and much of it is an image, anyway. If you set the image aside, you’ll see that you need a lot more room to maneuver. You might also notice that in truth, your responsibilities are a shared burden, though when you’re in a position of leadership, your most significant role is to provide some ethical guidance. Open up this discussion with the people around you, including (when appropriate) those you consider to be in a position of authority over you. You don’t simply do what you’re told; you do what everyone agrees is the right thing.

Aquarius (Jan. 20-Feb. 19)

Everything comes down to self-esteem. I do mean everything. While it’s possible to paper over your self-doubts or a spiritual hole, that comes at a significant cost, and it doesn’t work forever. You are, however, in a rare opening where you can see how your respect for yourself will lead to actual confidence. It’s clear that there is plenty that you want to accomplish; you have some real goals, and you must know by now that you’re at the get-serious point where professional matters are concerned. The key to acting on those aspirations begins with monitoring closely how you feel about yourself, and understanding why you tend to count yourself out. A viable measure of this is how often you say the words ‘I can’t’ as opposed to ‘I can’. That’s a belief, and I suggest you investigate the roots of that idea. Your chart at the moment suggests strongly that you can accomplish anything you want, and there’s plenty that you want. Why make excuses, or argue for your weaknesses, when you can



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Pisces (Feb. 19-March 20)
The Full Moon in your birth sign peaks on Friday. The Moon is conjunct Neptune and Chiron, the longterm visitors to Pisces, and resonating with Mars in Scorpio. This translates to a moment of deep transition and self-creation, which I am sure you’re feeling. I suggest you go through some of the doors to the future that you’ve left open for yourself; take a bold step into what you’ve already been creating for a while, and which you’re now ready to embody -- even if you don’t feel ready. You’re at the stage where the thing you want, need and are indeed craving, is direct experience. If you need to, think of whatever you’re about to do as an experiment. That will at least relieve you of the idea that you have to already be good at something in order to do it. You’re at the point where you can be guided by your intuition and your imagination. Chiron is providing you with a constant beacon of awareness, though depending on who you are, you may have to resolve to go beyond a sense of failure or delay that may have affected you in the past. That story is over -- and now you’re in a very different place.

Read Eric Francis daily at
www. PlanetWaves.net.

Island Epicure



By Marj Watkins

Thai for Friday

Nutrition buffs tell us we should eat fatty fish at least twice a week for the Omega 3 fats. You get them in salmon, mackerel, sardines, tuna and walnuts. We used to be told to eat fish on Fridays. But why wait? It’s good any day. This quick easy dish is similar to the Pad Thai you know and love, but juicy with coconut milk and whipped together with albacore tuna. It’s pretty enough to serve to company, and delicious.

- THAI FISH & NOODLES
- 4 servings
- 1 jalapeno or other small green or red hot pepper
- 3 Tablespoons light olive or peanut oil
- 2 eggs, beaten
- ½ package Thai thin rice noodles
- 1 cup coconut milk
- 2 cloves garlic, slivered
- 2 Tablespoons ketchup, optional
- ½ cup sliced green onions
- ½ cup chopped cilantro, divided
- 2 (5-ounce) cans albacore tuna packed in water
- 1 lime cut in wedges
- 1 Tablespoon nam pla (Thai fish sauce)
- 1 cup bean sprouts, rinsed and drained
- Cayenne to taste

Slice the hot pepper lengthwise from tip almost to butt end. Do not cut all the way. Place in ice water and see it turn into a flower. Reserve for garnish.

Put the noodles to soak in warm water until they’ve softened, about 15 minutes.

Make eggs into a very thin omelet. Cut in ¼-inch wide strips. Reserve.

In a deep heavy skillet, bring the coconut milk to a boil. Add the remaining ingredients, except for the tuna, the noodles, bean sprouts. Bring the contents back to the boil.

Drain noodles. Add to the skillet. Cook 5 minutes, until noodles are done. Add bean sprouts and tuna. Sprinkle with fish sauce and cayenne. Toss. Turn out onto a platter. Garnish with the remaining cilantro. Arrange the omelet shreds in a row down the center. Arrange lime wedges around the edge of the noodles. Each diner squeezes a slice over his or her serving. Decorate the platter with the pepper “flower.”

Anyong kyeseio!

I’m not sure whether that means “Bon appetite” or “Good-night.” It’s what the bean jam-stuffed bun sellers always said to us when we bought the buns in the evening. Son Steve and I enjoyed them with Korean pears and roasted oat grain tea for our breakfast at the yoguan (mat house) where we stayed in Kyongjiu in October,1980. He was a student at Vashon High then. Now he’s a teacher, honored this year as the best teacher at the Science and Technology University in Zhenzhou, Henan Province, China



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Church of Great Rain
Is On Retreat



by Richard Rogers

After several visioning meetings this summer, Church of Great Rain is now on retreat to consider the future of the show. Unlike the past 4 years, there will not be a season premiere this September. This will provide our cast and crew the space needed for personal renewal and to work out logistical issues.

Each performance of Church of Great Rain represents thousands of mostly volunteer hours by more than 60 incredibly talented Islanders. This monumental effort has taken a toll on our ability to remain a sustainable production so we are taking a hiatus to relax and explore possible directions for Church of Great Rain to reappear.

Many audience members at our May Revival show took the time to fill out a brief survey and offer skit ideas along with creative suggestions and encouragement. Most importantly, there was an overwhelming consensus that Church of Great Rain’s greatest contribution is a shared spirit of community enjoyed by cast, crew and congregation alike. It is this spirit of community that inspires the ensemble to continue creating one of the most popular performing arts

events in Vashon Island history.

Church of Great Rain evolved over time, from spirited jam sessions with Greg Parrott and Frank Hein’s folk-rock band Great Rain, to polished two-hour productions attended by as many as 600 people at a single performance. Since September 2008 when the first show was staged before a handful of friends at the Red Bicycle Bistro & Sushi, at least 230 individuals and organizations have helped produce 28 Church of Great Rain performances at the Red Bike and Open Space for Arts & Community. Vashon’s own music, comedy, variety show has truly achieved show creator Greg Parrott’s original goal to become the Northwest answer to A Prairie Home Companion with a Monty Python twist.

It’s been a great run but, in order to again deliver the level of quality performances our Vashon neighbors have grown to expect from us, Church of Great Rain must step back to be able to leap forward. After numerous meetings and heartfelt discussions, we have decided to go on retreat with a profound appreciation and gratitude to our lovely and generous community for the support you have given us. Thank you and remember toPray for Rain!

Church of Great Rain Cherubs

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Please email news@churchofgreatrain.com with any additional cherubs that should be included.

Positively Speaking

Temporal Happiness: Claiming Your Blessings Or...the Ballad of the Green Rug and KVI Beach Toys

By Deborah H. Anderson



The miles could not click off fast enough for me to get home. Hours before I had stopped in West Seattle to pick up my second Craigslist treasure of the week.

Everyone once in a while I have to rail against the constrictions of my life, mostly financial and just celebrate hope and promise.

Such was my search for area rugs to make my rental abode reflect my values, style and tastes. My budget was \$10.

BINGO...just days before I had scored the exact rug color and size I wanted for under the dining table. As I arrived to pick it up, the car of the rug owners was idling to take them to the airport as they began their move across the country.

The husband attested to the condition of the dining rug AND....bonus babe...the runner rug that would cover a previous tenants' puppy stains in the hall. Oh JOY! Oh Spirit lifter...Such visual improvements would boost my sticktoitiveness and increased commitment to turning dreams into goals.

But wait... the husband says to me , "Would you be interested in a vacuum cleaner? I just put a one year old Bissel by the dumpster and that just kills me." I shrug and say, "Why not?" Then the wife exits from the apartment heading to me with a white plastic box. "Could you use a Britta countertop filter unit?"

"I live on Vashon . We can ALWAYS use water filters!", I laughed.

So...\$10 later, I'm headed home with two new rugs, an almost new vacuum cleaner, and a water filter. I thought back fifteen years ago when I was living in the apartments uptown and had told someone who wanted to help that what I really needed was a vacuum cleaner. They told me I shouldn't ask for such silly things when they wanted to really help.

I've always told everyone God would return two and half times what was stolen from me. Yah sure, youbetcha true.

After the rugs were in place, I thought I would cruise through Craigslist to continue the search for a living room area rug. With Craigslist one has to be very very careful and patient. It takes time so you have to search frequently so you're not just getting a bargain, you are getting a bargain you actually want.

Double BINGO!! Just a day later there was the very rug I had hoped and longed for. For...\$10.

Arriving at the door in West Seattle, the owner asks if I will do a favour for her. She brings two toy horses and explains they will not have time to return them to KVI before they move to Hawaii.

Soon, I was hurrying back to the Island with my precious rug, some free houseplants they threw in, and a toy Orca and Hooked Nosed Salmon her kids had swapped out so they could keep the horses they had grown to love.

Rug in place, there was peace in my heart for the future.

See...just a week ago I had been playing Bridge during the annual Bridgefest I participate in at Family Camp and received an email telling me my client load was going to be exactly the way I wanted it with the families I most desired and I would have

three full days to write and get my freelance teaching career up and running at long last.

"My life just got perfect!" I kept explaining to them. I was so relieved.

Now I have to exegete 'perfect' for you. The word 'perfect' that I use is the Greek 'telios'. It doesn't mean 'without flaw' , it means 'complete'. It is my favorite word in the Bible. It's my favorite word in the whole of language.

When life is complete, there is peace, patience, kindness, goodness, Love, and self control in your life. All those are within the spectrum of your behavior and it is a very good way to live. I have never wanted anything more than to be completed by God's love.

"Stop saying that or something will happen!" my good friend who loves me said.

"If it does, I'm just going to say 'Praise Jesus!!'" I smiled back.

But sure enough, the following week, somebody threatened me with legal action because of their own behavior, my daughter discovered two lumps where lumps are not supposed to be, and a neighbor died and one of my cats was missing.

Thinking back I decided to make it more than a jovial response and kept saying, "Praise , praise, praise."

A new understanding came into my heart. I decided something good does not have to be followed by something bad. You can have good after good after good.

I stood my ground and the person backed down from the threat of legal action, the lumps turned out to be cysts, and the cat was mistakenly taken to the VIPP shelter and so ended up being treated for the horrible fleas the neighboring cats continually passed on to him.

I looked at my pretty rug and decided I would see how it felt to me spiritually to take a new direction in my life. I decided to explore the possibility that God wanted to bless me with earthly blessings time after time after time.

Now if you are a member of the mainline denominations you know this is a 'no no'. It's called health and wealth theology. But I think the people who speak against it have jobs, spouses and houses they own.

For me, I can tell you about God's mercies and Grace, and unconditional love no matter what the circumstances. But I punted on temporal blessings.

I could not ignore, however, the triple blessing from my \$10 and the carefully woven tale of carrying back to the Island the exact rug, and new healthy houseplants that I also had wanted to have but couldn't justify buying AND completing the story of another family's happy adventure day to visit KVI.

I'm going to give it a year. From now until next August, I'm going to focus on temporal happiness as much as I do transcendent Joy. Each time, no matter what I will say , "Praise You!" and believe that it's OK to find a \$10 rug and be blessed thrice over.

I'll keep you posted. For now, I'm going to enjoy vacuuming....a lot!

Love
Deborah



Mark Dufresne Vashon Community Care Benefit



Mark DuFresne and his band return to Vashon and the Red Bike 8 pm Saturday, September 8 for more of the hottest blues happening in the Northwest today. Blues legend, Mark DuFresne and his band had such a fantastic time performing on Vashon last year, in a benefit concert for Vashon Community Care that he's agreed to return and do it again. It promises to be a night of blues you won't want to miss!

Mark DuFresne is one of the most sought after Blues talents in the Northwest. The Washington Blues Society has awarded him for best vocalist, songwriter and harmonica more than any other artist.

He has recorded three CD's of all original music. "Out of That Bed", "Have Another Round" and "There's A Song In There", which featured the lineup of the former Hollywood Fats Band.

Recently he has had the pleasure to tour in Europe with Italy's finest... Maurizio Pugno, guitar, Alberto Marsico,

organ and bass, and Gio Rossi.. excellent musicians.. excellent pasta.....

His work on the chromatic harmonica is considered as some of the most innovative in Blues music. His ability to circular breathe has left audiences amazed.

"DuFresne is as distinctive as a vocalist as he is a fiery player; rather than recycling old riffs, his original compositions are tuneful, melodic and grooveworthy.." - Blues Review Magazine....

Tickets are \$10 and all proceeds benefit Vashon Community Care. Advance tickets are available at Vashon Book Shop and Vashon Community Care. Purchase your tickets early as it is expected to sell out. VCC enriches the individual's experience of aging on Vashon through creative collaborative, caring, community-wide services. Come experience some of the most innovative Blues music while supporting a great cause

Drama Dock Announcements

Drama Dock Youth Theatre Initiative is excited to announce Auditions for GREASE, the musical! on Sept 5th & on the 6th at Ober Park's Performance Space 6 to 8:30 pm. Please prepare part of a song from GREASE & dress comfortably, as you will be dancing! You must be between 11 and 19 years of age (If you 10 right now--but are turning 11 in 2012, you are welcome to be in this show!! Absolutely. Yes!) There is a \$75 participation fee and Membership in Drama Dock is required. (Some scholarships are available.) For more information talk to Elizabeth: call: 206 463-6388 email: eripley13000@hotmail.com

Drama Dock will be holding its Annual Membership Meeting on Sunday, September 23, at the VHS

Theatre. There will be a potluck dinner at 4:00 and a business meeting at 5:00. A slate of candidates for the Board will be presented and nominations will be taken from the floor. The new season will be previewed. Afterwards, there will be a look back at our 2011-2012 season. Everyone is welcome.

Drama Dock also announces that anyone who wishes to apply as Director of next season's musical, "Joseph and the Amazing Technicolor Dreamcoat," should contact Gaye Detzer detzerubicz@comcast.net for more information.

Drama Dock Youth Theatre Initiative is looking for a Director/Mentor for their January show. For more information, please contact Gaye Detzer or Elizabeth Ripley eripley13000@hotmail.com

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Deborah is blogging again.
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www.socialcontemplative.blogspot.com for pastors
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Have a comment to write to Deborah?
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Island Jazz Quintet

The Red Bicycle Bistro & Sushi will be shining its spotlight on one of the most innovative jazz bands in the Northwest, the Island Jazz Quintet. Meeting and growing in a place that is the antithesis of bright lights and glamour gave the band a chance to develop its style in peace. That style combines improvisational jazz, bossa nova, and a smoky hint of cabaret in distinctive arrangements that lead Victory Review to note, "Vashon Island boasts a group worthy of national attention. This group would be right at home in a New York cabaret."

Friday, August 31, night's show begins at 8:30pm and is an all-ages, no cover event.



Diamond Dust

At first glance, Diamond Dust might appear and feel a little retro. Their absolute love for the 60's and 70's music is blatantly apparent, and in their opinion, they don't make music like that anymore and it's a crying shame. So in the spirit of "real music", all throughout the process of recording their debut album, they used only actual physical instruments with vintage gear to record them. They also categorically refused to have any sort of loops or modern trickery done to their songs. They even went as far as renting a vintage tape machine and buying the required tape rolls to run the entire record through tape to give it an added warmth and vintage feel.

Opening for Diamond Dust is Melanie Dekker. Canadian born (June 1st, Calgary) Melanie Dekker loves to share her music. She'll tease you, unease you and sometimes play ten more just to please you. You'll never see



the same show twice, as they are spontaneous and musically diverse. A variety of very pro accompanists tour with her (from Violinists to Electric guitarists).

Saturday, September 1, 9pm. At the Red Bicycle, 17618 Vashon Hwy Phone 206-463-5959

Find the Loop on-line at www.vashonloop.com

Vashon Opera Performs Mozart!

Choose Your Own Adventure!

Brendan and Sarah Return while Singers New to Vashon Make their Debut

Vashon Opera will perform the opera *Così fan tutte* by W.A. Mozart on September 14 and 16 at the Vashon High School Theatre. Several past Vashon Opera stars will return and also several new artists will debut. Brendan Tuohy who made a stunning splash with his portrayal of Martin in Vashon Opera's *The Tender Land* in 2010 will return to sing the role of Ferrando and Sarah Mattox who shined with sparkling coloratura as Rosina in Vashon Opera's production of *The Barber of Seville* will return to sing the role of Dorabella. New comers to Vashon Opera are Erica Row, soprano, who will portray the role of Despina and Charles Robert Austin, bass-baritone, will debut as Don Alfonso. Andrew and Jennifer Krikawa will fill out the sextet playing the roles of Guglielmo and Fiordiligi. Maestro Jim Brown will return to stage direct and conduct the chamber ensemble while Vashon's own Joe Farmer will take on the role of chorus master.

Vashon Opera will be trying something new with this opera and it will involve audience input in the final outcome. They will provide an "Audience Choose Your Own Adventure" aspect. Mozart's comedy begins with a bet between Don Alfonso and the two fiancées, Ferrando and Guglielmo, that they will be able to switch girlfriends as "All Women Do That" is the translation of the title of the opera. Throughout the opera they try to pursue the other young lady in hopes of proving Don Alfonso wrong. In the story and music at the finale there is a wedding but Mozart and the librettist, Lorenzo da Ponte, leave the plot ambiguous as to who is marrying whom. The ladies could have gone back to their original fiancées or be marrying their newly seduced boyfriend or it could remain ambiguous. In many cases the stage director decides the outcome but in Vashon Opera's case they will have the audience choose. The performers will be prepared with 3 separate staged finales and will perform the audience's choice of endings.

Vashon Opera is looking forward to your participation and enjoyment of this opera. "Mozart wrote his most stunning and ingenious vocal ensembles for *Così*. His voice part writing



Sarah Mattox sings Rosina in Vashon Opera's *The Barber of Seville*. Photo credit Ric Peterson

is really something to be admired and hearing this opera intimately will be incredibly exciting," says Jennifer Krikawa, Artistic Director of Vashon Opera, "We can't wait to find out what adventure you will choose!"

Season tickets for Vashon Opera's 2012-2013 season of *Così fan tutte* and *Il tabarro*/Gianni Schicchi are currently available online at vashonopera.org.

Individual tickets are available online and at Vashon Bookshop.

Performances: September 14th at 8pm and September 16th at 2:30pm at Vashon High School Theatre.



Brendan Tuohy sings Martin in Vashon Opera's *The Tender Land*. Photo credit Rebecca Douglas

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Frederick Woodruff's New Abstract Art & Fundraiser for Vashon's Interfaith Council



After a five-break from his studio, Vashon astrologer and artist Frederick Woodruff will unveil 16 new paintings and collages at his upcoming show at the Puget Sound Cooperative Credit Union on Friday September 7.

Woodruff notes that his approach to these new paintings was influenced by The New York School: A raucous phase in art history when the abstract expressionists remade the process of painting in an outrageous way. "Think 'action painting', like the work of Jackson Pollock," Woodruff said, "or 'still painting' like the quiet mood of emersion Mark Rothko created in his work."

"I was born in 1956, right when Pollack, Adolph Gottlieb and Joan Mitchell hit their stride. By then their style had moved beyond the shock and doubt that shrouded the abstract expressionists in the 40s. By the mid-50s the culture knew something really revolutionary had happened within the art world. There was a place for them at the table."

Woodruff reflects on how that mid-50s phase in art history has influenced him more than any other 'ism'. "From the very start, back in the 80s and 90s, studying art history and then painting and showing my work in Honolulu, that last phase of abstract expressionism, right before Pop Art popped, kept me spellbound. I'd return to revel in it over and over again."

"So I've preserved that 50s Zeitgeist, it's in my blood. And of course, as an astrologer this makes sense to me. As Carl Jung taught, anything born at a particular moment in time is imbued with the qualities of that

moment. So whenever I see a painting by Gottlieb or Mitchell there's a part of me that responds instinctively. It's like their paintings transmit a language that I know the secret code for. And I enjoy composing a painting from that same lexicon."

Woodruff's opening on September 7 coincides with Vashon's regular First Friday art showings and festivities. Scheduled to set the musical tone for Woodruff's opening is Kelly Wyse, a popular Vashon piano instructor and keyboardist for the Seattle-based band Pollens.

"What a lot of folks don't know about Kelly," Woodruff noted, "is that he's a crazy-great DJ. His ability to blend ambient, electronic and classical music in a seamless way is mesmerizing. Because I played that kind of music in the background while painting this new work, it's fitting to have a similar sonic atmosphere in place during the opening. Patte Wagner, the credit union's branch manager, agreed."

In tandem with showing his new paintings, Woodruff has teamed up with the Vashon Interfaith Council to Prevent Homelessness to create a fundraising opportunity.

"These folks do awesome work for the community," Woodruff said. "After talking with Hilary Emmer and Emma Amiad about the Council's aims and projects -- like bringing a dental van monthly to the island to help the kids here -- I decided to donate a portion of my art sales to the Council's efforts. So I'm hoping the show will be a success for everyone involved: art lovers, art collectors and Islander's that need some extra assistance."

Cami Lundeen & Gregg Curry



We've got a double-bill that you won't want to miss at the Roasterie coming up on August 31st at 7pm. Joined together for one night - Cami Lundeen & Gregg Curry!

Singer-songwriter Gregg Curry brings the energy of a trio to his solo performances as he performs his powerful original songs and a selection of covers that says so much about his musical roots. His music can best be described as Americana, as he mixes rock, country, blues, folk, bluegrass, and gospel ingredients into a delectable musical stew.

A California girl at heart, but raised across the U.S., Cami has a vast array of life experience that permeates her music. She is a singer-songwriter from Vashon Island, with a unique and inviting voice. Her style, best described as Indie Folk-Pop, ranges from soft and intimate to boisterous and fun. Both passionate and authentic, Cami's songs about life, relationships, hardship, and hope are easy to relate to. Her abundant passion for music and life is evident as she pours her heart and soul into her songwriting.

This show is a all-ages free cover show that begins at 7pm.

In addition to the music, Ron Irvine and the Vashon Wine Club will also host an open wine tasting at the Vashon Island Roasterie, starting at 6:30pm. Irvine selects four interesting and excellent wines, usually one white or rose, and three red wines. It's

free to join, and there are no dues. Once you receive your Wine Club card you get \$1. off the tasting fee, and a \$1. off if you want to purchase one of the wines to go. Also available is wine by the glass. Irvine suggests that people taste the four wines, decide which they would like as a glass, then sit and enjoy the music. It is a very open and casual affair and Irvine says you can sit where you like and he will come find you and pour the next wine into your glass. People can find out more about the wine tasting at this site: vashonwineclub.org

VAA honors Art Auction Artists

Continued from Page 1

with her work. "Pastels are so forgiving and I love all the textures; it's fun."

Her piece, "December Afterglow," shares her love of water lapping Island shores below sentient clouds and sunset skies. Quig explains her process, "I always paint on colored (either burnt sienna or purple) paper or board. I create the background with acrylic matte medium, add marble dust for grit and then begin applying pastels."

In 1972, Larry Muir switched from his career as a biochemical researcher to making jewelry, in large part due to his wife Penny Grist's influence. He likes working in silver and semi-precious stones. His commissioned set, "Blue Mountain," includes a necklace and wristlet, each made of silver chain highlighted with blue lace agate, one of his favorite stones. He attributes his surroundings and the communal atmosphere created by an artistic place.



VAA Art Auction Commissioned Artists for Friday, September 21, Brad Davis (photos by Eric Horsting)

Long-time Islander, Brad Davis grew up in Sharon, Connecticut. He moved to the West Coast to study woodworking at Seattle's Gompers School. For more than 30 years he's created art from wood and functional wood pieces such as tables, cabinets and homes. Davis also restores wood elements on vintage automobiles.

His commissioned piece, "Round Peg in a Square Hole," is an elegant small-scale table that features a rainforest green marble circular center on a polished black walnut surface.

Davis says, "I do what the medium wants; I get my ego out of the picture." He's

committed to functional art that pleases the eye in daily life.

Read more about commissioned artists and the VAA Art Auction in upcoming issues, Island Arts and at VashonAlliedArts.org. Tickets for Art Auction are available now; \$45 Friday general/\$25 for contributing artists and Saturday night guests, \$120. Reserve your table now! Tickets may be purchased at VAA, or call 206.463.5131.

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